



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY

Sutra 6

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Tula Rasi: 23.04 Tithi 17

271621368

Gulika 4:59AM - 6:43AM
Yama 1:36PM - 3:19PM
Rahu 8:26AM - 10:09AM

Vishakha Until 2:35AM Sun
Siddhi Until 7:08AM
Taitila Until 4:02PM
Dvitiya Until 5:06AM Sun

Ganesha: Purple Sunrise: 4:59AM
Muruga: White Sunset: 6:45PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 2:35AM Sun
Then Routine Work - Marana Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vyatipata*/Variyan Yoga Vanija Karana Tritiyayam Titau

Albany, NY

Sun 1

Sutra 7

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 5.02 Tithi 18

271621369

Gulika 3:19PM - 5:03PM
Yama 11:52AM - 1:36PM
Rahu 5:03PM - 6:46PM

Anuradha Until 5:08AM Mon
Vyatipata* Until 7:53AM
Vanija Until 6:08PM
Tritiya Until 7:04AM Mon

Ganesha: Purple Sunrise: 4:58AM
Muruga: White Sunset: 6:46PM
Nataraja: Purple
Moon - Orange
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 5:08AM Mon
Then Creative Work - Siddha Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sun 2

Sutra 8

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 17.05 Tithi 18 - 19

271621369

Gulika 1:36PM - 3:20PM
Yama 10:08AM - 11:52AM
Rahu 6:40AM - 8:24AM

Jyeshtha* Until 7:12AM Tue
Variyan Until 8:23AM
Bava Until 7:57PM
Tritiya Until 7:04AM

Ganesha: Purple Sunrise: 4:56AM
Muruga: White Sunset: 6:48PM
Nataraja: Purple
Moon - Orange
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Family Home Evening
Creative Work Siddha Yoga
Until 7:12AM Tue
Then Creative Work - Amrita Yoga

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY

Sun 3

Sutra 9

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 29.17 Tithi 19 - 20

271621369

Gulika 11:52AM - 1:36PM
Yama 8:23AM - 10:08AM
Rahu 3:20PM - 5:04PM

Jyeshtha* Until 7:12AM
Parigha* Until 8:39AM
Kaulava Until 9:23PM
Chaturthi* Until 8:42AM

Ganesha: Purple Sunrise: 4:55AM
Muruga: White Sunset: 6:49PM
Nataraja: Purple
Moon - Orange
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 7:12AM
Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sun 4

Sutra 10

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Dhanus Rasi: 11.39 Tithi 20 - 21

281621369

Gulika 10:07AM - 11:52AM
Yama 6:38AM - 8:23AM
Rahu 11:52AM - 1:36PM

Mula* Until 9:13AM
Shiva Until 8:38AM
Gara Until 10:22PM
Panchami Until 9:55AM

Ganesha: Clear Sunrise: 4:53AM
Muruga: White Sunset: 6:50PM
Nataraja: Purple
Moon - Light Blue
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 9:13AM
Then Creative Work - Amrita Yoga

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY

Sun 5

Sutra 11

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Dhanus Rasi: 24.14 Tithi 21 - 22

281621369

Gulika 8:22AM - 10:07AM
Yama 4:52AM - 6:37AM
Rahu 1:36PM - 3:21PM

Purvashadha* Until 10:34AM
Siddha Until 8:11AM
Visti Until 10:48PM
Shashthi* Until 10:39AM

Ganesha: Clear Sunrise: 4:52AM
Muruga: White Sunset: 6:51PM
Nataraja: Purple
Moon - Light Blue
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 10:34AM
Then Routine Work - Marana Yoga

Friday, April 29, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sun 6

Sutra 12

Durmukha 5118

Moon 4 - Phase 2

Ashtami

Makara Rasi: 7.05 Tithi 22 - 23

281621369

Gulika 6:36AM - 8:21AM
Yama 3:22PM - 5:07PM
Rahu 10:06AM - 11:51AM

Uttarashadha Until 11:12AM
Sadhya Until 7:18AM
Balava Until 10:36PM
Saptami Until 10:46AM

Ganesha: Clear Sunrise: 4:51AM
Muruga: White Sunset: 6:52PM
Nataraja: Purple
Moon - Light Blue
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sun 7

Sutra 13

Durmukha 5118

Moon 4 - Phase 2

Navami

Makara Rasi: 20.16 Tithi 23 - 24

291621369

Gulika 4:49AM - 6:35AM
Yama 1:37PM - 3:22PM
Rahu 8:20AM - 10:06AM

Shravana Until 11:29AM
Sukla Until 3:56AM Sun
Taitila Until 9:42PM
Ashtami* Until 10:13AM

Ganesha: White Sunrise: 4:49AM
Muruga: White Sunset: 6:53PM
Nataraja: Purple
Moon - Purple
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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1 Sunday, May 1, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Albany, NY Sun 8 Sutra 14
Kumbha Rasi: 3.5	Tithi 24 – 25	Gulika 3:23PM – 5:08PM	Dhanishtha Until 10:54AM	Ganesha: White	<i>Sunrise:</i> 4:48AM	Durmukha 5118
		Yama 11:51AM – 1:37PM	Brahma Until 1:24AM Mon	Muruga: White	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
		291621369 Rahu 5:08PM – 6:54PM	Vanija Until 8:05PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Navami* Until 8:58AM	Moon – Purple		Bhuloka Day
Until 10:54AM				Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

2 Monday, May 2, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Albany, NY Sun 9 Sutra 15
Kumbha Rasi: 17.49	Tithi 25 – 26	Gulika 1:37PM – 3:23PM	Shatabhishak Until 9:30AM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Durmukha 5118
Family Home Evening		Yama 10:05AM – 11:51AM	Indra Until 10:22PM	Muruga: White	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
		292621369 Rahu 6:33AM – 8:19AM	Balava Until 4:27AM Tue	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 7:01AM	Moon – Purple		Bhuloka Day
Until 9:30AM				Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM
Then Routine Work - Marana Yoga						

3 Tuesday, May 3, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada* Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Dvadashyam Titau				Albany, NY Sun 10 Sutra 16
Meena Rasi: 2.14	Tithi 27	Gulika 11:51AM – 1:37PM	Purvaproshtapada* Until 7:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Durmukha 5118
		Yama 8:18AM – 10:04AM	Vaidhriti* Until 6:50PM	Muruga: White	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
		212621369 Rahu 3:24PM – 5:10PM	Kaulava Until 2:59PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 1:22AM Wed	Moon – Clear		Bhuloka Day
Until 7:47AM				Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

4 Wednesday, May 4, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Albany, NY Sun 11 Sutra 17
Meena Rasi: 17.01	Tithi 28	Gulika 10:04AM – 11:51AM	Revati Until 2:34AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM	Durmukha 5118
		Yama 6:31AM – 8:17AM	Vishkambha* Until 2:59PM	Muruga: White	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3
		212621369 Rahu 11:51AM – 1:37PM	Gara Until 11:41AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 9:54PM	Moon – Clear		Bhuloka Day
Until 2:34AM Thu			<i>Pradosha Vrata (Fasting)</i>	Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

5 Thursday, May 5, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Albany, NY Sun 12 Sutra 18
Mesha Rasi: 2.04	Tithi 29	Gulika 8:17AM – 10:04AM	Ashvini Until 11:48PM	Ganesha: Red	<i>Sunrise:</i> 4:43AM	Durmukha 5118
		Yama 4:43AM – 6:30AM	Priti Until 10:54AM	Muruga: White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 3
		222621369 Rahu 1:38PM – 3:25PM	Visti Until 8:06AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 6:13PM	Moon – White		Bhuloka Day
Until 11:48PM				Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

Friday, May 6, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Albany, NY Sun 13 Sutra 19
Retreat Star		Gulika 6:29AM – 8:16AM	Bharani Until 8:52PM	Ganesha: Red	<i>Sunrise:</i> 4:42AM	Durmukha 5118
Mesha Rasi: 17.15	Tithi 30 – 1	Yama 3:25PM – 5:13PM	Ayushman Until 6:41AM	Muruga: White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3
		222621369 Rahu 10:03AM – 11:51AM	Kintughna Until 12:37AM Sat	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 2:27PM	Moon – White		Bhuloka Day
				Chaitra•Chaitra		Devaloka Time: 9:AM to12:PM

Saturday, May 7, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Albany, NY Sun 14 Sutra 20
Retreat Star		Gulika 4:40AM – 6:28AM	Krittika Until 5:57PM	Ganesha: Red	<i>Sunrise:</i> 4:40AM	Durmukha 5118
Vrishabha Rasi: 2.25	Tithi 1 – 2	Yama 1:38PM – 3:26PM	Sobhana Until 10:32PM	Muruga: White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3
		222621369 Rahu 8:15AM – 10:03AM	Balava Until 9:04PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 10:47AM	Moon – White		Bhuloka Day
				Vaisaka•Chaitra		Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 8, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Albany, NY
Rohini/Mrigashira Nakshatra Athiganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau		Sun 15		Sutra 21		Durmukha 5118
Gulika 3:26PM – 5:14PM		Rohini Until 3:38PM		Ganesh: Yellow		Sunrise: 4:39AM
Yama 11:51AM – 1:38PM		Athiganda* Until 6:49PM		Muruga: White		Sunset: 7:02PM
232621369 Rahu 5:14PM – 7:02PM		Gara Until 4:26AM Mon		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Siddha Yoga		Dvitiya Until 7:24AM		Moon – Yellow		3rd Phase
Mother's Day				Vaisaka-Chaitra		Bhuloka Day
						Devaloka Time: 9:AM to12:PM

2 Monday, May 9, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Albany, NY
Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 16		Sutra 22		Durmukha 5118
Gulika 1:39PM – 3:27PM		Mrigashira Until 1:41PM		Ganesh: Yellow		Sunrise: 4:38AM
Yama 10:02AM – 11:50AM		Sukarma Until 3:33PM		Muruga: White		Sunset: 7:03PM
232621369 Rahu 6:26AM – 8:14AM		Vanija Until 3:11PM		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Amrita Yoga		Chaturthi* Until 2:04AM Tue		Moon – Yellow		3rd Phase
Until 1:41PM				Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM

3 Tuesday, May 10, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Sun 17		Sutra 23		Durmukha 5118
Gulika 11:50AM – 1:39PM		Ardra Until 12:15PM		Ganesh: Yellow		Sunrise: 4:37AM
Yama 8:14AM – 10:02AM		Dhriti Until 12:51PM		Muruga: White		Sunset: 7:04PM
232621369 Rahu 3:27PM – 5:16PM		Bava Until 1:10PM		Nataraja: Purple		Moon 4 - Phase 4
Routine Work Marana Yoga		Panchami Until 12:26AM Wed		Moon – Yellow		3rd Phase
Until 12:15PM				Vaisaka-Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM

4 Wednesday, May 11, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Albany, NY
Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 18		Sutra 24		Durmukha 5118
Gulika 10:02AM – 11:50AM		Punarvasu Until 11:54AM		Ganesh: White		Sunrise: 4:36AM
Yama 6:24AM – 8:13AM		Shula* Until 10:46AM		Muruga: White		Sunset: 7:05PM
242621369 Rahu 11:50AM – 1:39PM		Kaulava Until 11:56AM		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Siddha Yoga		Shashthi* Until 11:37PM		Moon – Blue		3rd Phase
				Vaisaka-Chaitra		Devaloka Day

5 Thursday, May 12, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Albany, NY
Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Sun 19		Sutra 25		Durmukha 5118
Gulika 8:12AM – 10:01AM		Pushya Until 12:14PM		Ganesh: White		Sunrise: 4:35AM
Yama 4:35AM – 6:24AM		Ganda* Until 9:23AM		Muruga: White		Sunset: 7:06PM
242621369 Rahu 1:39PM – 3:28PM		Gara Until 11:34AM		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Amrita Yoga		Saptami Until 11:41PM		Moon – Blue		3rd Phase
Until 12:14PM				Vaisaka-Chaitra		Devaloka Day
Then Creative Work - Siddha Yoga						

Friday, May 13, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Albany, NY
Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 20		Sutra 26		Durmukha 5118
Gulika 6:23AM – 8:12AM		Ashlesha* Until 1:15PM		Ganesh: White		Sunrise: 4:34AM
Yama 3:29PM – 5:18PM		Vridhhi Until 8:41AM		Muruga: White		Sunset: 7:07PM
242621369 Rahu 10:01AM – 11:50AM		Visti Until 12:04PM		Nataraja: Purple		Moon 4 - Phase 4
Routine Work Marana Yoga		Ashtami* Until 12:36AM Sat		Moon – Blue		Ashtami
				Vaisaka-Chaitra		Devaloka Day

Saturday, May 14, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Albany, NY
Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 21		Sutra 27		Durmukha 5118
Gulika 4:32AM – 6:22AM		Magha* Until 3:22PM		Ganesh: Clear		Sunrise: 4:32AM
Yama 1:40PM – 3:29PM		Dhruva Until 8:36AM		Muruga: White		Sunset: 7:08PM
252621369 Rahu 8:11AM – 10:01AM		Balava Until 1:21PM		Nataraja: Purple		Moon 4 - Phase 4
Creative Work Amrita Yoga		Navami* Until 2:13AM Sun		Moon – Red		Navami
Until 3:22PM				Vaisaka-Vaikasi		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1

Sunday, May 15, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam TitauAlbany, NY
Sun 22 Sutra 28

Simha Rasi: 20.43 Tihti 10

Gulika 3:30PM – 5:20PM
Yama 11:50AM – 1:40PM
Rahu 5:20PM – 7:09PMPurvaphalguni Until 5:54PM
Vyaghata* Until 9:03AM
Tailila Until 3:16PM
Dashami Until 4:22AM MonGanesha: Purple Sunrise: 4:31AM
Muruga: White Sunset: 7:09PM
Nataraja: Purple
Moon – Red
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th PhaseCreative Work Siddha Yoga
Until 5:54PM

Then Creative Work - Amrita Yoga

Bhuloka Day

2

Monday, May 16, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Vishti* Karana Ekadashyam TitauAlbany, NY
Sun 23 Sutra 29

Kanya Rasi: 2.4 Tihti 11

Gulika 1:40PM – 3:30PM
Yama 10:00AM – 11:50AM
Rahu 6:20AM – 8:10AMUttaraphalguni Until 8:40PM
Harshana Until 9:52AM
Vanija Until 5:36PM
Ekadashi Until 6:51AM TueGanesha: Purple Sunrise: 4:30AM
Muruga: White Sunset: 7:10PM
Nataraja: Purple
Moon – Red
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Siddha Yoga

Family Home Evening

Bhuloka Day

3

Tuesday, May 17, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam TitauAlbany, NY
Sun 24 Sutra 30

Kanya Rasi: 14.3 Tihti 11 – 12

Gulika 11:50AM – 1:41PM
Yama 8:10AM – 10:00AM
Rahu 3:31PM – 5:21PMHasta Until 11:56PM
Vajra* Until 10:52AM
Bava Until 8:10PM
Ekadashi Until 6:51AMGanesha: Clear Sunrise: 4:30AM
Muruga: White Sunset: 7:11PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Wednesday, May 18, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam TitauAlbany, NY
Sun 25 Sutra 31

Kanya Rasi: 26.18 Tihti 12 – 13

Gulika 10:00AM – 11:50AM
Yama 6:19AM – 8:10AM
Rahu 11:50AM – 1:41PMChitra Until 3:02AM Thu
Siddhi Until 11:57AM
Kaulava Until 10:44PM
Dvadashi Until 9:26AM
*Pradosha Vrata*Ganesha: Purple Sunrise: 4:29AM
Muruga: White Sunset: 7:12PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Siddha Yoga

Until 3:02AM Thu

Then Creative Work - Amrita Yoga

Devaloka Day

5

Thursday, May 19, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam TitauAlbany, NY
Sun 26 Sutra 32

Tula Rasi: 8.07 Tihti 13 – 14

Gulika 8:09AM – 10:00AM
Yama 4:28AM – 6:18AM
Rahu 1:41PM – 3:32PMSvati Until 5:49AM Fri
Vyatipata* Until 12:59PM
Gara Until 1:09AM Fri
Trayodashi Until 11:57AMGanesha: Purple Sunrise: 4:28AM
Muruga: White Sunset: 7:13PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Amrita Yoga

Until 5:49AM Fri

Then Creative Work - Siddha Yoga

Devaloka Day

O

Friday, May 20, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam TitauAlbany, NY
Sun 27 Sutra 33

Tula Rasi: 20 Tihti 14 – 15

Gulika 6:18AM – 8:09AM
Yama 3:32PM – 5:23PM
Rahu 10:00AM – 11:51AMVishakha Until 8:40AM Sat
Variyan Until 1:50PM
Visti Until 3:20AM Sat
Chaturdashi* Until 2:15PMGanesha: Purple Sunrise: 4:27AM
Muruga: White Sunset: 7:14PM
Nataraja: Purple
Moon – Green
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
Purnima

Creative Work Siddha Yoga

Devaloka Day

Saturday, May 21, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam TitauAlbany, NY
Sun 28 Sutra 34

Vrischika Rasi: 1.59 Tihti 15 – 16

Gulika 4:26AM – 6:17AM
Yama 1:42PM – 3:33PM
Rahu 8:08AM – 10:00AMVishakha Until 8:40AM
Parigha* Until 2:28PM
Balava Until 5:11AM Sun
Purnima* Until 4:17PMGanesha: Clear Sunrise: 4:26AM
Muruga: White Sunset: 7:15PM
Nataraja: Purple
Moon – Orange
Vaisaka-VaikasiDurmukha 5118
Moon 4 - Phase 5
Prathama

Creative Work Siddha Yoga

Vaikasi Visakam

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang



Sunday, May 22, 2016
Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY
Sutra 35

Vrischika Rasi: 14.05 Tihti 16 – 17

273721369

Gulika 3:33PM – 5:25PM
Yama 11:51AM – 1:42PM
Rahu 5:25PM – 7:16PM

Anuradha Until 11:03AM
Shiva Until 2:53PM
Taitila Until 6:42AM Mon
Prathama* Until 5:58PM

Ganesha: Clear *Sunrise:* 4:25AM
Muruga: White *Sunset:* 7:16PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

1

Monday, May 23, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY
Sun 1 Sutra 36

Vrischika Rasi: 26.2 Tihti 17

273721369

Gulika 1:42PM – 3:34PM
Yama 9:59AM – 11:51AM
Rahu 6:16AM – 8:08AM

Jyeshtha* Until 12:56PM
Siddha Until 2:59PM
Taitila Until 6:42AM
Dvitiya Until 7:19PM

Ganesha: Clear *Sunrise:* 4:24AM
Muruga: White *Sunset:* 7:17PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Family Home Evening
Creative Work Siddha Yoga

2

Tuesday, May 24, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Albany, NY
Sun 2 Sutra 37

Dhanus Rasi: 8.44 Tihti 18

283721369

Gulika 11:51AM – 1:43PM
Yama 8:07AM – 9:59AM
Rahu 3:34PM – 5:26PM

Mula* Until 2:48PM
Sadhya Until 2:50PM
Vanija Until 7:52AM
Tritiya Until 8:17PM

Ganesha: White *Sunrise:* 4:24AM
Muruga: White *Sunset:* 7:18PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 2:48PM

Then Creative Work - Siddha Yoga

3

Wednesday, May 25, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY
Sun 3 Sutra 38

Dhanus Rasi: 21.18 Tihti 19

383721369

Gulika 9:59AM – 11:51AM
Yama 6:15AM – 8:07AM
Rahu 11:51AM – 1:43PM

Purvashadha* Until 4:08PM
Subha Until 2:24PM
Bava Until 8:39AM
Chaturthi* Until 8:52PM

Ganesha: Clear *Sunrise:* 4:23AM
Muruga: White *Sunset:* 7:19PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

4

Thursday, May 26, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY
Sun 4 Sutra 39

Makara Rasi: 4.03 Tihti 20

383721369

Gulika 8:07AM – 9:59AM
Yama 4:22AM – 6:15AM
Rahu 1:43PM – 3:35PM

Uttarashadha Until 4:54PM
Sukla Until 1:37PM
Kaulava Until 9:02AM
Panchami Until 9:02PM

Ganesha: Clear *Sunrise:* 4:22AM
Muruga: White *Sunset:* 7:20PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 4:54PM

Then Creative Work - Siddha Yoga

5

Friday, May 27, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY
Sun 5 Sutra 40

Makara Rasi: 17.01 Tihti 21

393731369

Gulika 6:14AM – 8:06AM
Yama 3:36PM – 5:28PM
Rahu 9:59AM – 11:51AM

Shravana Until 5:31PM
Brahma Until 12:29PM
Gara Until 8:57AM
Shashthi* Until 8:43PM

Ganesha: White *Sunrise:* 4:22AM
Muruga: Clear *Sunset:* 7:21PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

6

Saturday, May 28, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Saphtamyam Titau

Albany, NY
Sun 6 Sutra 41

Kumbha Rasi: 0.14 Tihti 22

393731369

Gulika 4:21AM – 6:14AM
Yama 1:44PM – 3:36PM
Rahu 8:06AM – 9:59AM

Dhanishtha Until 5:29PM
Indra Until 10:57AM
Visti Until 8:24AM
Saphtami Until 7:54PM

Ganesha: White *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 7:22PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 5:29PM

Then Creative Work - Amrita Yoga

Retreat Star

Sunday, May 29, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY
Sun 7 Sutra 42

Kumbha Rasi: 13.44 Tihti 23

394731369

Gulika 3:37PM – 5:30PM
Yama 11:51AM – 1:44PM
Rahu 5:30PM – 7:22PM

Shatabhishak Until 4:45PM
Vaidhriti* Until 8:59AM
Balava Until 7:18AM
Ashtami* Until 6:31PM

Ganesha: Yellow *Sunrise:* 4:21AM
Muruga: Clear *Sunset:* 7:22PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Monday, May 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Albany, NY
Sun 8 Sutra 43

Kumbha Rasi: 27.35 Tihti 24 – 25

314731369

Gulika 1:44PM – 3:37PM
Yama 9:59AM – 11:52AM
Rahu 6:13AM – 8:06AM

Purvaproshtapada* Until 3:47PM
Vishkambha* Until 6:34AM
Vanija Until 3:27AM Tue
Navami* Until 4:36PM

Ganesha: Clear *Sunrise:* 4:20AM
Muruga: Clear *Sunset:* 7:23PM
Nataraja: Purple
Moon – Clear
Vaisaka-Vaikasi

Durmukha 5118
Moon 5 - Phase 6
Navami

Devaloka Day

Routine Work Marana Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga


The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Tuesday, May 31, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 9 Sutra 44	
Meena Rasi: 11.46	Tithi 25 – 26	Gulika	11:52AM – 1:45PM	Uttaraproshtapada Until 2:09PM	Ganesha: Clear	<i>Sunrise:</i> 4:20AM	Dur mukha 5118		
		Yama	8:06AM – 9:59AM	Ayushman Until 12:29AM Wed	Muruga: Clear	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 7		
		314731369 Rahu	3:38PM – 5:31PM	Bava Until 12:48AM Wed	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dashami Until 2:10PM	Moon – Clear		Devaloka Day		
Until 2:09PM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga									

2		Wednesday, June 1, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 10 Sutra 45	
Meena Rasi: 26.16	Tithi 26 – 27	Gulika	9:59AM – 11:52AM	Revati Until 11:57AM	Ganesha: Clear	<i>Sunrise:</i> 4:19AM	Dur mukha 5118		
		Yama	6:12AM – 8:05AM	Saubhagya Until 8:55PM	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 7		
		314731369 Rahu	11:52AM – 1:45PM	Kaulava Until 9:45PM	Nataraja: Purple		2nd Phase		
Routine Work	Marana Yoga			Ekadashi* Until 11:18AM	Moon – Clear		Devaloka Day		
					Vaisaka-Vaikasi				

3		Thursday, June 2, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 11 Sutra 46	
Mesha Rasi: 11.02	Tithi 27 – 28	Gulika	8:05AM – 9:59AM	Ashvini Until 9:42AM	Ganesha: White	<i>Sunrise:</i> 4:19AM	Dur mukha 5118		
		Yama	4:19AM – 6:12AM	Sobhana Until 5:10PM	Muruga: Clear	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 7		
		324731369 Rahu	1:45PM – 3:39PM	Gara Until 6:27PM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Dvadashi* Until 8:07AM	Moon – White		Bhuloka Day		
Until 9:42AM				<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

4		Friday, June 3, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 12 Sutra 47	
Mesha Rasi: 25.57	Tithi 29	Gulika	6:12AM – 8:05AM	Bharani Until 7:08AM	Ganesha: White	<i>Sunrise:</i> 4:18AM	Dur mukha 5118		
		Yama	3:39PM – 5:33PM	Athiganda* Until 1:16PM	Muruga: Clear	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 7		
		324731369 Rahu	9:59AM – 11:52AM	Visti Until 3:02PM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 1:18AM Sat	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		

		Saturday, June 4, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 13 Sutra 48	
Retreat Star		Gulika	4:18AM – 6:11AM	Rohini Until 2:04AM Sun	Ganesha: Green	<i>Sunrise:</i> 4:18AM	Dur mukha 5118		
Vrishabha Rasi: 10.54	Tithi 30	Yama	1:46PM – 3:40PM	Sukarma Until 9:24AM	Muruga: Clear	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 7		
		334731361 Rahu	8:05AM – 9:59AM	Catuspada Until 11:38AM	Nataraja: White		Amavasya		
Creative Work	Amrita Yoga			Amavasya* Until 10:00PM	Moon – Yellow		Bhuloka Day		
Until 2:04AM Sun					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

Retreat Star		Sunday, June 5, 2016				Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 14 Sutra 49	
Vrishabha Rasi: 25.44	Tithi 1	Gulika	3:40PM – 5:34PM	Mrigashira Until 11:56PM	Ganesha: Green	<i>Sunrise:</i> 4:18AM	Dur mukha 5118		
		Yama	11:53AM – 1:46PM	Shula* Until 2:14AM Mon	Muruga: Clear	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 7		
		334731361 Rahu	5:34PM – 7:28PM	Kintughna Until 8:27AM	Nataraja: White		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 6:58PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Monday, June 6, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY	
Mithuna Rasi: 10.19		Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 15		Sutra 50	
Family Home Evening		Gulika	1:47PM – 3:40PM	Ardra Until 10:08PM	Ganesh: Green	<i>Sunrise:</i> 4:17AM	Durmukha 5118
Creative Work Siddha Yoga		Yama	9:59AM – 11:53AM	Ganda* Until 11:13PM	Muruga: Clear	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 8
Until 10:08PM		344731361 Rahu	6:11AM – 8:05AM	Taitila Until 3:19AM Tue	Nataraja: White		3rd Phase
Then Creative Work - Amrita Yoga				Dvitiya Until 4:22PM	Moon – Yellow	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

2		Tuesday, June 7, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY	
Mithuna Rasi: 24.31		Pushya Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Sun 16		Sutra 51	
Creative Work Siddha Yoga		Gulika	11:53AM – 1:47PM	Punarvasu Until 9:16PM	Ganesh: White	<i>Sunrise:</i> 4:17AM	Durmukha 5118
		Yama	8:05AM – 9:59AM	Vriddhi Until 8:45PM	Muruga: Clear	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 8
		344731361 Rahu	3:41PM – 5:35PM	Vanija Until 1:41AM Wed	Nataraja: White		3rd Phase
				Tritiya Until 2:23PM	Moon – Blue	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

3		Wednesday, June 8, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY	
Kataka Rasi: 8.17		Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 52	
Creative Work Siddha Yoga		Gulika	9:59AM – 11:53AM	Pushya Until 9:01PM	Ganesh: White	<i>Sunrise:</i> 4:17AM	Durmukha 5118
		Yama	6:11AM – 8:05AM	Dhruva Until 6:52PM	Muruga: Clear	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 8
		344731361 Rahu	11:53AM – 1:47PM	Bava Until 12:50AM Thu	Nataraja: White		3rd Phase
				Chaturthi* Until 1:08PM	Moon – Blue	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

4		Thursday, June 9, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY	
Kataka Rasi: 21.35		Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18		Sutra 53	
Creative Work Siddha Yoga		Gulika	8:05AM – 9:59AM	Ashlesha* Until 9:27PM	Ganesh: White	<i>Sunrise:</i> 4:17AM	Durmukha 5118
Until 9:27PM		Yama	4:17AM – 6:11AM	Vyaghata* Until 5:41PM	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 8
Then Creative Work - Amrita Yoga		344731361 Rahu	1:47PM – 3:42PM	Kaulava Until 12:51AM Fri	Nataraja: White		3rd Phase
				Panchami Until 12:43PM	Moon – Blue	Bhuloka Day	
					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

5		Friday, June 10, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY	
Simha Rasi: 4.26		Magha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 54	
Routine Work Marana Yoga		Gulika	6:11AM – 8:05AM	Magha* Until 11:01PM	Ganesh: Clear	<i>Sunrise:</i> 4:16AM	Durmukha 5118
Until 11:01PM		Yama	3:42PM – 5:36PM	Harshana Until 5:11PM	Muruga: Clear	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 8
Then Creative Work - Siddha Yoga		354731361 Rahu	9:59AM – 11:53AM	Gara Until 1:41AM Sat	Nataraja: White		3rd Phase
				Shashthi* Until 1:09PM	Moon – Red	Devaloka Day	
					Jyeshtha-Vaikasi		

☾		Saturday, June 11, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Albany, NY	
Retreat Star		Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 55	
Simha Rasi: 16.55		Gulika	4:16AM – 6:11AM	Purvaphalguni Until 1:09AM Sun	Ganesh: Purple	<i>Sunrise:</i> 4:16AM	Durmukha 5118
Creative Work Siddha Yoga		Yama	1:48PM – 3:42PM	Vajra* Until 5:16PM	Muruga: Clear	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 8
Until 1:09AM Sun		355731361 Rahu	8:05AM – 9:59AM	Visti Until 3:16AM Sun	Nataraja: White		Ashtami
Then Creative Work - Amrita Yoga				Saptami Until 2:22PM	Moon – Red	Sivaloka Day	
					Jyeshtha-Vaikasi		

☽		Sunday, June 12, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Albany, NY	
Retreat Star		Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 56	
Simha Rasi: 29.06		Gulika	3:43PM – 5:37PM	Uttaraphalguni Until 3:39AM Mon	Ganesh: Clear	<i>Sunrise:</i> 4:16AM	Durmukha 5118
Creative Work Amrita Yoga		Yama	11:54AM – 1:48PM	Siddhi Until 5:50PM	Muruga: Clear	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 8
Until 3:39AM Mon		355831361 Rahu	5:37PM – 7:32PM	Balava Until 5:22AM Mon	Nataraja: White		Navami
Then Creative Work - Siddha Yoga				Ashtami* Until 4:14PM	Moon – Red	Devaloka Day	
					Jyeshtha-Vaikasi		

1		Monday, June 13, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Kaulava Karana Navamyam Titau				Albany, NY Sun 22
Kanya Rasi: 11.04	Tithi 9	Gulika	1:49PM – 3:43PM	Hasta Until 6:48AM Tue	Ganesh: Purple	<i>Sunrise:</i> 4:16AM	Durmukha 5118	
Family Home Evening	365831361	Yama	10:00AM – 11:54AM	Vyatipata* Until 6:44PM	Muruga: Clear	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	Rahu	6:11AM – 8:05AM	Kaulava Until 6:32PM	Nataraja: White		4th Phase	
				Navami* Until 6:32PM	Moon – Green	Bhuloka Day		
					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM		

2		Tuesday, June 14, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Albany, NY Sun 23
Kanya Rasi: 22.56	Tithi 10	Gulika	11:54AM – 1:49PM	Hasta Until 6:48AM	Ganesh: Purple	<i>Sunrise:</i> 4:16AM	Durmukha 5118	
	365831361	Yama	8:05AM – 10:00AM	Variyan Until 7:45PM	Muruga: Clear	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	Rahu	3:43PM – 5:38PM	Tailila Until 7:48AM	Nataraja: White		4th Phase	
				Dashami Until 9:02PM	Moon – Green	Bhuloka Day		
					Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM		

3		Wednesday, June 15, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24
Tula Rasi: 4.45	Tithi 11	Gulika	10:00AM – 11:54AM	Chitra Until 9:52AM	Ganesh: Purple	<i>Sunrise:</i> 4:16AM	Durmukha 5118	
	365831361	Yama	6:11AM – 8:05AM	Parigha* Until 8:46PM	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	Rahu	11:54AM – 1:49PM	Vanija Until 10:18AM	Nataraja: White		4th Phase	
				Ekadashi Until 11:29PM	Moon – Green	Bhuloka Day		
					Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM		

4		Thursday, June 16, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Albany, NY Sun 25
Tula Rasi: 16.37	Tithi 12	Gulika	8:05AM – 10:00AM	Svati Until 12:38PM	Ganesh: Purple	<i>Sunrise:</i> 4:16AM	Durmukha 5118	
	365831361	Yama	4:16AM – 6:11AM	Shiva Until 9:38PM	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	Rahu	1:49PM – 3:44PM	Bava Until 12:39PM	Nataraja: White		4th Phase	
Until 12:38PM				Dvadashi Until 1:42AM Fri	Moon – Green	Bhuloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM		

5		Friday, June 17, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Kaulava/Tailila Karana Trayodashyam Titau				Albany, NY Sun 26
Tula Rasi: 28.34	Tithi 13	Gulika	6:11AM – 8:06AM	Vishakha Until 3:27PM	Ganesh: Clear	<i>Sunrise:</i> 4:16AM	Durmukha 5118	
	375831361	Yama	3:44PM – 5:39PM	Siddha Until 10:14PM	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	Rahu	10:00AM – 11:55AM	Kaulava Until 2:43PM	Nataraja: White		4th Phase	
				Trayodashi Until 3:36AM Sat	Moon – Orange	Devaloka Day		
				<i>Pradosha Vrata</i>	Jyeshtha-Ani			

6		Saturday, June 18, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27
Vrischika Rasi: 10.41	Tithi 14	Gulika	4:16AM – 6:11AM	Anuradha Until 5:44PM	Ganesh: Clear	<i>Sunrise:</i> 4:16AM	Durmukha 5118	
	375831361	Yama	1:50PM – 3:44PM	Sadhya Until 10:31PM	Muruga: Clear	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	Rahu	8:06AM – 10:00AM	Gara Until 4:24PM	Nataraja: White		4th Phase	
				Chaturdashi* Until 5:04AM Sun	Moon – Orange	Devaloka Day		
					Jyeshtha-Ani			

○		Sunday, June 19, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sun 28
Copper Retreat Star		Gulika	3:45PM – 5:39PM	Jyeshtha* Until 7:26PM	Ganesh: Clear	<i>Sunrise:</i> 4:17AM	Durmukha 5118	
Vrischika Rasi: 22.57	Tithi 15	Yama	11:55AM – 1:50PM	Subha Until 10:29PM	Muruga: Clear	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 9	
	375831361	Rahu	5:39PM – 7:34PM	Visti Until 5:39PM	Nataraja: White		Purnima	
Routine Work	Marana Yoga			Purnima* Until 6:05AM Mon	Moon – Orange	Devaloka Day		
Until 7:26PM		Father's Day			Jyeshtha-Ani			
Then Creative Work - Amrita Yoga								

○		Monday, June 20, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 29
Silver Retreat Star		Gulika	1:50PM – 3:45PM	Mula* Until 9:01PM	Ganesh: Yellow	<i>Sunrise:</i> 4:17AM	Durmukha 5118	
Dhanus Rasi: 5.25	Tithi 15 – 16	Yama	10:01AM – 11:56AM	Sukla Until 10:05PM	Muruga: Clear	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 9	
Family Home Evening	386831361	Rahu	6:11AM – 8:06AM	Balava Until 6:27PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Purnima* Until 6:05AM	Moon – Light Blue	Devaloka Day		
Until 9:01PM					Jyeshtha-Ani			
Then Routine Work - Marana Yoga								

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Albany, NY

Dhanus Rasi: 18.05 Tihti 16 – 17

386831361

Gulika 11:56AM – 1:50PM
Yama 8:06AM – 10:01AM
Rahu 3:45PM – 5:40PM

Purvashadha* Until 10:02PM
Brahma Until 9:21PM
Taitila Until 6:49PM
Prathama* Until 6:40AM

Ganesha: Yellow *Sunrise:* 4:17AM
Muruga: Clear *Sunset:* 7:34PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:17AM
Sunset: 7:34PM

Sutra 65
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 10:02PM

Then Routine Work - Prabalarishta Yoga

Devaloka Day

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Makara Rasi: 0.57 Tihti 17 – 18

386831361

Gulika 10:01AM – 11:56AM
Yama 6:12AM – 8:07AM
Rahu 11:56AM – 1:51PM

Uttarashadha Until 10:30PM
Indra Until 8:19PM
Vanija Until 6:48PM
Dvitiya Until 6:50AM

Ganesha: Yellow *Sunrise:* 4:17AM
Muruga: Clear *Sunset:* 7:35PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:17AM
Sunset: 7:35PM

Sun 1 Sutra 66
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 10:30PM

Then Creative Work - Siddha Yoga

Devaloka Day

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Makara Rasi: 14 Tihti 18 – 19

396831361

Gulika 8:07AM – 10:02AM
Yama 4:18AM – 6:12AM
Rahu 1:51PM – 3:45PM

Shravana Until 10:55PM
Vaidhriti* Until 6:59PM
Bava Until 6:24PM
Tritiya Until 6:38AM

Ganesha: Blue *Sunrise:* 4:18AM
Muruga: Clear *Sunset:* 7:35PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:18AM
Sunset: 7:35PM

Sun 2 Sutra 67
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Albany, NY

Makara Rasi: 27.15 Tihti 19 – 20

396831361

Gulika 6:13AM – 8:07AM
Yama 3:46PM – 5:40PM
Rahu 10:02AM – 11:56AM

Dhanishtha Until 10:51PM
Vishkambha* Until 5:22PM
Taitila Until 5:08AM Sat
Chaturthi* Until 6:03AM

Ganesha: Blue *Sunrise:* 4:18AM
Muruga: Clear *Sunset:* 7:35PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:18AM
Sunset: 7:35PM

Sun 3 Sutra 68
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Kumbha Rasi: 10.41 Tihti 21

396831361

Gulika 4:18AM – 6:13AM
Yama 1:51PM – 3:46PM
Rahu 8:07AM – 10:02AM

Shatabhishak Until 10:17PM
Priti Until 3:29PM
Gara Until 4:34PM
Shashthi* Until 3:52AM Sun

Ganesha: Blue *Sunrise:* 4:18AM
Muruga: Clear *Sunset:* 7:35PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:18AM
Sunset: 7:35PM

Sun 4 Sutra 69
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 10:17PM

Then Routine Work - Marana Yoga

Sivaloka Day

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY

Kumbha Rasi: 24.19 Tihti 22

316831361

Gulika 3:46PM – 5:40PM
Yama 11:57AM – 1:51PM
Rahu 5:40PM – 7:35PM

Purvaproshtapada* Until 9:40PM
Ayushman Until 1:18PM
Visti Until 3:08PM
Saptami Until 2:16AM Mon

Ganesha: Purple *Sunrise:* 4:19AM
Muruga: Clear *Sunset:* 7:35PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:19AM
Sunset: 7:35PM

Sun 5 Sutra 70
Durmukha 5118
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 9:40PM

Then Creative Work - Amrita Yoga

Sivaloka Day

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Meena Rasi: 8.1 Tihti 23

317831361

Gulika 1:51PM – 3:46PM
Yama 10:02AM – 11:57AM
Rahu 6:14AM – 8:08AM

Uttaraproshtapada Until 8:33PM
Saubhagya Until 10:51AM
Balava Until 1:21PM
Ashtami* Until 12:19AM Tue

Ganesha: Clear *Sunrise:* 4:19AM
Muruga: Clear *Sunset:* 7:35PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:19AM
Sunset: 7:35PM

Sun 6 Sutra 71
Durmukha 5118
Moon 6 - Phase 10
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sobhana/Atihiganda* Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Meena Rasi: 22.13 Tihti 24

317831361

Gulika 11:57AM – 1:52PM
Yama 8:08AM – 10:03AM
Rahu 3:46PM – 5:40PM

Revati Until 6:59PM
Sobhana Until 8:08AM
Taitila Until 11:14AM
Navami* Until 10:02PM

Ganesha: Clear *Sunrise:* 4:19AM
Muruga: Clear *Sunset:* 7:35PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:19AM
Sunset: 7:35PM

Sun 7 Sutra 72
Durmukha 5118
Moon 6 - Phase 10
Navami

Creative Work Siddha Yoga

Devaloka Day

1		Wednesday, June 29, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY	
Mesha Rasi: 6.29		Tithi 25		327831361		Ashvini/Bharani Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 73	
Routine Work		Marana Yoga		Until 5:24PM		Then Creative Work - Siddha Yoga			
Gulika	10:03AM - 11:57AM	Ashvini	Until 5:24PM	Ganesh:	Purple	Sunrise:	4:20AM	Durmukha 5118	
Yama	6:14AM - 8:09AM	Sukarma Until 1:57AM Thu		Muruga:	Clear	Sunset:	7:35PM	Moon 6 - Phase 11	
Rahu	11:57AM - 1:52PM	Vanija Until 8:49AM		Nataraja:	White			2nd Phase	
		Dashami Until 7:30PM		Moon - White				Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM			

2		Thursday, June 30, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY	
Mesha Rasi: 20.55		Tithi 26 - 27		327831361		Bharani/Krittika Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 74	
Creative Work		Siddha Yoga		Until 3:29PM		Then Routine Work - Marana Yoga			
Gulika	8:09AM - 10:03AM	Bharani	Until 3:29PM	Ganesh:	Purple	Sunrise:	4:20AM	Durmukha 5118	
Yama	4:20AM - 6:15AM	Dhriti Until 10:38PM		Muruga:	Clear	Sunset:	7:35PM	Moon 6 - Phase 11	
Rahu	1:52PM - 3:46PM	Bava Until 6:09AM		Nataraja:	White			2nd Phase	
		Ekadashi* Until 4:45PM		Moon - White				Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM			

3		Friday, July 1, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY	
Vrisabha Rasi: 5.28		Tithi 27 - 28		327831361		Krittika/Rohini Nakshatra Shula* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 75	
Creative Work		Siddha Yoga		Until 1:18PM		Then Routine Work - Marana Yoga			
Gulika	6:15AM - 8:09AM	Krittika	Until 1:18PM	Ganesh:	Purple	Sunrise:	4:21AM	Durmukha 5118	
Yama	3:46PM - 5:40PM	Shula* Until 7:14PM		Muruga:	Clear	Sunset:	7:34PM	Moon 6 - Phase 11	
Rahu	10:04AM - 11:58AM	Gara Until 12:29AM Sat		Nataraja:	White			2nd Phase	
		Dvadashi* Until 1:54PM		Moon - White				Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM			
				<i>Pradosha Vrata (Fasting)</i>					

4		Saturday, July 2, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Vrisabha Rasi: 20.02		Tithi 28 - 29		327831361		Rohini/Mrigashira Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 76	
Creative Work		Amrita Yoga		Until 11:26AM		Then Creative Work - Siddha Yoga			
Gulika	4:22AM - 6:16AM	Rohini	Until 11:26AM	Ganesh:	Light Blue	Sunrise:	4:22AM	Durmukha 5118	
Yama	1:52PM - 3:46PM	Ganda* Until 3:53PM		Muruga:	Clear	Sunset:	7:34PM	Moon 6 - Phase 11	
Rahu	8:10AM - 10:04AM	Visti Until 9:43PM		Nataraja:	White			2nd Phase	
		Trayodashi* Until 11:04AM		Moon - Yellow				Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM			

Retreat Star		Sunday, July 3, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Mithuna Rasi: 4.31		Tithi 29 - 30		327831361		Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 77	
Creative Work		Siddha Yoga		Until 7:52AM		Then Creative Work - Amrita Yoga			
Gulika	3:46PM - 5:40PM	Mrigashira	Until 9:34AM	Ganesh:	Light Blue	Sunrise:	4:22AM	Durmukha 5118	
Yama	11:58AM - 1:52PM	Vridhi Until 12:42PM		Muruga:	Clear	Sunset:	7:34PM	Moon 6 - Phase 11	
Rahu	5:40PM - 7:34PM	Catuspada Until 7:11PM		Nataraja:	White			Amavasya	
		Chaturdashi* Until 8:24AM		Moon - Yellow				Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM			

Retreat Star		Monday, July 4, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Albany, NY	
Mithuna Rasi: 18.48		Tithi 30 - 1		338831361		Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 78	
Family Home Evening		Creative Work		Siddha Yoga		Until 7:52AM		Then Creative Work - Amrita Yoga	
Gulika	1:52PM - 3:46PM	Ardra	Until 7:52AM	Ganesh:	Purple	Sunrise:	4:23AM	Durmukha 5118	
Yama	10:04AM - 11:58AM	Dhruva Until 9:46AM		Muruga:	Clear	Sunset:	7:34PM	Moon 6 - Phase 11	
Rahu	6:17AM - 8:10AM	Bava Until 4:06AM Tue		Nataraja:	White			Prathama	
		Amavasya* Until 6:01AM		Moon - Yellow				Bhuloka Day	
				Ashada-Ani		Devaloka Time: 12:PM to 3:PM			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Tuesday, July 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 14 Sutra 79
Kataka Rasi: 2.47	Tithi 2	Gulika	11:58AM – 1:52PM	Punarvasu Until 6:56AM	Ganesh: Light Blue	<i>Sunrise:</i> 4:23AM	Durmukha 5118	
		Yama	8:11AM – 10:05AM	Vyaghata* Until 7:14AM	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	348831361 Rahu	3:46PM – 5:40PM	Balava Until 3:22PM	Nataraja: White		3rd Phase	
				Dvitiya Until 2:46AM Wed	Moon – Blue			
					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

2		Wednesday, July 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau		Albany, NY Sun 15 Sutra 80
Kataka Rasi: 16.24	Tithi 3	Gulika	10:05AM – 11:59AM	Pushya Until 6:27AM	Ganesh: Light Blue	<i>Sunrise:</i> 4:24AM	Durmukha 5118	
		Yama	6:18AM – 8:11AM	Vajra* Until 3:45AM Thu	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 Rahu	11:59AM – 1:52PM	Taitila Until 2:22PM	Nataraja: White		3rd Phase	
				Tritiya Until 2:08AM Thu	Moon – Blue			
					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

3		Thursday, July 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthiyam Titau		Albany, NY Sun 16 Sutra 81
Kataka Rasi: 29.37	Tithi 4	Gulika	8:12AM – 10:05AM	Ashlesha* Until 6:31AM	Ganesh: Light Blue	<i>Sunrise:</i> 4:25AM	Durmukha 5118	
		Yama	4:25AM – 6:18AM	Siddhi Until 2:54AM Fri	Muruga: Clear	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 Rahu	1:52PM – 3:46PM	Vanija Until 2:07PM	Nataraja: White		3rd Phase	
Until 6:31AM				Chaturthi* Until 2:16AM Fri	Moon – Blue			
Then Creative Work - Amrita Yoga					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

4		Friday, July 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 17 Sutra 82
Simha Rasi: 12.26	Tithi 5	Gulika	6:19AM – 8:12AM	Magha* Until 7:40AM	Ganesh: Purple	<i>Sunrise:</i> 4:25AM	Durmukha 5118	
		Yama	3:46PM – 5:39PM	Vyatipata* Until 2:40AM Sat	Muruga: Clear	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 12	
Routine Work	Marana Yoga	458931361 Rahu	10:05AM – 11:59AM	Bava Until 2:39PM	Nataraja: White		3rd Phase	
Until 7:40AM				Panchami Until 3:10AM Sat	Moon – Red			
Then Creative Work - Siddha Yoga					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

5		Saturday, July 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau		Albany, NY Sun 18 Sutra 83
Simha Rasi: 24.55	Tithi 6	Gulika	4:26AM – 6:19AM	Purvaphalguni Until 9:23AM	Ganesh: Purple	<i>Sunrise:</i> 4:26AM	Durmukha 5118	
		Yama	1:52PM – 3:45PM	Varyan Until 2:56AM Sun	Muruga: Clear	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	458931361 Rahu	8:13AM – 10:06AM	Kaulava Until 3:54PM	Nataraja: White		3rd Phase	
Until 9:23AM				Shashthi* Until 4:45AM Sun	Moon – Red			
Then Routine Work - Marana Yoga		Chidambaram Abhishekam			Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

6		Sunday, July 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 19 Sutra 84
Kanya Rasi: 7.07	Tithi 7	Gulika	3:45PM – 5:38PM	Uttaraphalguni Until 11:33AM	Ganesh: Light Blue	<i>Sunrise:</i> 4:27AM	Durmukha 5118	
		Yama	11:59AM – 1:52PM	Parigha* Until 3:37AM Mon	Muruga: Clear	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	459931361 Rahu	5:38PM – 7:31PM	Gara Until 5:45PM	Nataraja: White		3rd Phase	
Until 9:23AM				Saptami Until 6:49AM Mon	Moon – Red			
					Ashada*Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

Monday, July 11, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sun 20 Sutra 85
Kanya Rasi: 19.07	Tithi 7 – 8	Gulika	1:52PM – 3:45PM	Hasta Until 2:29PM	Ganesh: Orange	<i>Sunrise:</i> 4:28AM	Durmukha 5118	
Family Home Evening		Yama	10:06AM – 11:59AM	Shiva Until 4:32AM Tue	Muruga: Clear	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	469931361 Rahu	6:21AM – 8:13AM	Visti Until 8:00PM	Nataraja: White		Ashtami	
Until 2:29PM				Saptami Until 6:49AM	Moon – Green			
Then Routine Work - Prabalarishta Yoga					Ashada*Ani	Devaloka Day		

Tuesday, July 12, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sun 21 Sutra 86
Tula Rasi: 1	Tithi 8 – 9	Gulika	11:59AM – 1:52PM	Chitra Until 5:27PM	Ganesh: Orange	<i>Sunrise:</i> 4:28AM	Durmukha 5118	
		Yama	8:14AM – 10:07AM	Siddha Until 5:29AM Wed	Muruga: Clear	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	469931361 Rahu	3:45PM – 5:38PM	Balava Until 10:24PM	Nataraja: White		Navami	
				Ashtami* Until 9:10AM	Moon – Green			
					Ashada*Ani	Devaloka Day		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Wednesday, July 13, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam	Albany, NY
Tula Rasi: 12.52		Tithi 9 – 10		Svati Until 8:13PM		Ganesh: Orange	Sun 22
Creative Work		Siddha Yoga		Sadhya Until 6:22AM Thu		Muruga: Clear	Sutra 87
		469931361		Taitila Until 12:43AM Thu		Nataraja: White	Durmukha 5118
		Rahu		Navami* Until 11:34AM		Moon – Green	Moon 6 - Phase 13
		Gulika 10:07AM – 11:59AM				Ashada*Ani	4th Phase
		Yama 6:22AM – 8:14AM					Devaloka Day
		Rahu 11:59AM – 1:52PM					


2		Thursday, July 14, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam	Albany, NY
Tula Rasi: 24.46		Tithi 10 – 11		Vishakha Until 11:05PM		Ganesh: Green	Sun 23
Creative Work		Siddha Yoga		Sadhya Until 6:22AM		Muruga: Clear	Sutra 88
		479931361		Vanija Until 2:47AM Fri		Nataraja: White	Durmukha 5118
		Rahu		Dashami Until 1:47PM		Moon – Orange	Moon 6 - Phase 13
		Gulika 8:15AM – 10:07AM				Ashada*Ani	4th Phase
		Yama 4:30AM – 6:22AM					Bhuloka Day
		Rahu 1:52PM – 3:44PM					Devaloka Time: 12:PM to 3:PM


3		Friday, July 15, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam	Albany, NY
Vrischika Rasi: 6.48		Tithi 11 – 12		Anuradha Until 1:25AM Sat		Ganesh: Green	Sun 24
Creative Work		Siddha Yoga		Subha Until 7:01AM		Muruga: Clear	Sutra 89
		479931361		Bava Until 4:26AM Sat		Nataraja: White	Durmukha 5118
		Rahu		Ekadashi Until 3:39PM		Moon – Orange	Moon 6 - Phase 13
		Gulika 6:23AM – 8:15AM				Ashada*Adi	4th Phase
		Yama 3:44PM – 5:36PM					Bhuloka Day
		Rahu 10:07AM – 12:00PM					Devaloka Time: 12:PM to 3:PM

4		Saturday, July 16, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam	Albany, NY
Vrischika Rasi: 19		Tithi 12 – 13		Jyeshtha* Until 3:05AM Sun		Ganesh: Green	Sun 25
Creative Work		Siddha Yoga		Sukla Until 7:19AM		Muruga: Clear	Sutra 90
Until 3:05AM Sun		479931362		Kaulava Until 5:34AM Sun		Nataraja: Clear	Durmukha 5118
Then Creative Work - Amrita Yoga		Rahu		Dvadashi Until 5:03PM		Moon – Orange	Moon 6 - Phase 13
		Gulika 4:32AM – 6:24AM				Ashada*Adi	4th Phase
		Yama 1:52PM – 3:44PM					Devaloka Day
		Rahu 8:16AM – 10:08AM					
				<i>Pradosha Vrata</i>			

5		Sunday, July 17, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam	Albany, NY
Dhanus Rasi: 1.25		Tithi 13 – 14		Mula* Until 4:33AM Mon		Ganesh: Red	Sun 26
Creative Work		Amrita Yoga		Brahma Until 7:13AM		Muruga: Clear	Sutra 91
Until 4:33AM Mon		489931362		Gara Until 6:10AM Mon		Nataraja: Clear	Durmukha 5118
Then Routine Work - Marana Yoga		Rahu		Trayodashi Until 5:55PM		Moon – Light Blue	Moon 6 - Phase 13
		Gulika 3:43PM – 5:35PM				Ashada*Adi	4th Phase
		Yama 12:00PM – 1:52PM					Sivaloka Day
		Rahu 5:35PM – 7:27PM					

6		Monday, July 18, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam	Albany, NY
Dhanus Rasi: 14.05		Tithi 14		Purvashadha* Until 5:20AM Tue		Ganesh: Blue	Sun 27
Family Home Evening		481931362		Indra Until 6:42AM		Muruga: Clear	Sutra 92
Routine Work		Marana Yoga		Gara Until 6:10AM		Nataraja: Clear	Durmukha 5118
Until 5:20AM Tue		Rahu		Chaturdashi* Until 6:14PM		Moon – Light Blue	Moon 6 - Phase 13
Then Routine Work - Prabalarishta Yoga		Gulika 1:51PM – 3:43PM				Ashada*Adi	4th Phase
		Yama 10:08AM – 12:00PM					Subha Sivaloka Day
		Rahu 6:25AM – 8:17AM					

		Tuesday, July 19, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam	Albany, NY
Dhanus Rasi: 27.01		Tithi 15		Uttarashadha Until 5:27AM Wed		Ganesh: Blue	Sun 28
Routine Work		Prabalarishta Yoga		Vishkambha* Until 4:22AM Wed		Muruga: Clear	Sutra 93
Until 5:27AM Wed		481931362		Visti Until 6:12AM		Nataraja: Clear	Durmukha 5118
Then Creative Work - Siddha Yoga		Rahu		Purnima* Until 6:01PM		Moon – Light Blue	Moon 6 - Phase 13
		Satguru Purnima				Ashada*Adi	Purnima
		Gulika 12:00PM – 1:51PM					Subha Sivaloka Day
		Yama 8:17AM – 10:09AM					
		Rahu 3:43PM – 5:34PM					

		Wednesday, July 20, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam	Albany, NY
Makara Rasi: 10.13		Tithi 16 – 17		Shravana Until 5:26AM Thu		Ganesh: Yellow	Sun 29
Creative Work		Siddha Yoga		Priti Until 2:40AM Thu		Muruga: Clear	Sutra 94
		491931362		Taitila Until 4:51AM Thu		Nataraja: Clear	Durmukha 5118
		Rahu		Prathama* Until 5:20PM		Moon – Purple	Moon 6 - Phase 13
		Gulika 10:09AM – 12:00PM				Ashada*Adi	Prathama
		Yama 6:26AM – 8:18AM					Sivaloka Day
		Rahu 12:00PM – 1:51PM					



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY
Sun 1 Sutra 95

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Makara Rasi: 23.38 Tithi 17 - 18

Gulika 8:18AM - 10:09AM
Yama 4:36AM - 6:27AM
Rahu 1:51PM - 3:42PM

Dhanishtha Until 4:55AM Fri
Ayushman Until 12:38AM Fri
Vanija Until 3:35AM Fri
Dvitiya Until 4:14PM

Ganesha: Yellow Sunrise: 4:36AM
Muruga: Clear Sunset: 7:24PM
Nataraja: Clear
Moon - Purple
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Albany, NY
Sun 2 Sutra 96

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Kumbha Rasi: 7.17 Tithi 18 - 19

Gulika 6:28AM - 8:19AM
Yama 3:41PM - 5:32PM
Rahu 10:09AM - 12:00PM

Shatabhishak Until 3:57AM Sat
Saubhagya Until 10:22PM
Bava Until 2:01AM Sat
Tritiya Until 2:49PM

Ganesha: Yellow Sunrise: 4:37AM
Muruga: Clear Sunset: 7:23PM
Nataraja: Clear
Moon - Purple
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Until 3:57AM Sat

Then Routine Work - Marana Yoga

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaprossthapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY
Sun 3 Sutra 97

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Kumbha Rasi: 21.05 Tithi 19 - 20

Gulika 4:38AM - 6:29AM
Yama 1:51PM - 3:41PM
Rahu 8:19AM - 10:10AM

Purvaprossthapada* Until 3:04AM Sun
Sobhana Until 7:56PM
Kaulava Until 12:14AM Sun
Chaturthi* Until 1:08PM

Ganesha: Red Sunrise: 4:38AM
Muruga: Clear Sunset: 7:22PM
Nataraja: Clear
Moon - Clear
Ashada•Adi

Sivaloka Day

Routine Work Marana Yoga

Until 3:04AM Sun

Then Creative Work - Amrita Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprossthapada Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Albany, NY
Sun 4 Sutra 98

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Meena Rasi: 5.02 Tithi 20 - 21

Gulika 3:41PM - 5:31PM
Yama 12:00PM - 1:50PM
Rahu 5:31PM - 7:21PM

Uttaraprossthapada Until 1:52AM Mon
Athiganda* Until 5:19PM
Gara Until 10:17PM
Panchami Until 11:15AM

Ganesha: Red Sunrise: 4:39AM
Muruga: Clear Sunset: 7:21PM
Nataraja: Clear
Moon - Clear
Ashada•Adi

Sivaloka Day

Creative Work Amrita Yoga

Until 1:52AM Mon

Then Creative Work - Siddha Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY
Sun 5 Sutra 99

Durmukha 5118

Moon 7 - Phase 14

1st Phase

Meena Rasi: 19.04 Tithi 21 - 22

Gulika 1:50PM - 3:40PM
Yama 10:10AM - 12:00PM
Rahu 6:30AM - 8:20AM

Revati Until 12:25AM Tue
Sukarma Until 2:36PM
Visti Until 8:11PM
Shashthi* Until 9:14AM

Ganesha: Red Sunrise: 4:40AM
Muruga: Clear Sunset: 7:20PM
Nataraja: Clear
Moon - Clear
Ashada•Adi

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

Tuesday, July 26, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY
Sun 6 Sutra 100

Durmukha 5118

Moon 7 - Phase 14

Ashtami

Mesha Rasi: 3.12 Tithi 22 - 23

Gulika 12:00PM - 1:50PM
Yama 8:20AM - 10:10AM
Rahu 3:40PM - 5:29PM

Ashvini Until 11:08PM
Dhriti Until 11:48AM
Balava Until 6:00PM
Saptami Until 7:06AM

Ganesha: Green Sunrise: 4:41AM
Muruga: Clear Sunset: 7:19PM
Nataraja: Clear
Moon - White
Ashada•Adi

Subha Sivaloka Day

Creative Work Siddha Yoga

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY
Sun 7 Sutra 101

Durmukha 5118

Moon 7 - Phase 14

Navami

Mesha Rasi: 17.23 Tithi 24

Gulika 10:10AM - 12:00PM
Yama 6:31AM - 8:21AM
Rahu 12:00PM - 1:50PM

Bharani Until 9:40PM
Shula* Until 8:55AM
Taitila Until 3:46PM
Navami* Until 2:36AM Thu

Ganesha: Green Sunrise: 4:42AM
Muruga: Clear Sunset: 7:18PM
Nataraja: Clear
Moon - White
Ashada•Adi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:40PM

Then Creative Work - Amrita Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

1		Thursday, July 28, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau		Albany, NY Sun 8 Sutra 102
Wrishabha Rasi: 1.35	Tithi 25	Gulika	8:21AM – 10:11AM	Krittika Until 8:03PM	Ganesha: Red	<i>Sunrise:</i> 4:43AM	Durmukha 5118	
		Yama	4:43AM – 6:32AM	Ganda* Until 6:02AM	Muruga: Clear	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 15	
Routine Work	Marana Yoga	422931362 Rahu	1:49PM – 3:39PM	Vanija Until 1:29PM	Nataraja: Clear		2nd Phase	
				Dashami Until 12:20AM Fri	Moon – White			Sivaloka Day
					Ashada*Adi			

2		Friday, July 29, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Albany, NY Sun 9 Sutra 103
Wrishabha Rasi: 15.47	Tithi 26	Gulika	6:33AM – 8:22AM	Rohini Until 6:45PM	Ganesha: Green	<i>Sunrise:</i> 4:44AM	Durmukha 5118	
		Yama	3:38PM – 5:27PM	Dhruva Until 12:18AM Sat	Muruga: Clear	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 15	
Routine Work	Marana Yoga	432931362 Rahu	10:11AM – 12:00PM	Bava Until 11:14AM	Nataraja: Clear		2nd Phase	
Until 6:45PM				Ekadashi* Until 10:08PM	Moon – Yellow			Devaloka Day
Then Creative Work - Siddha Yoga					Ashada*Adi			

3		Saturday, July 30, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Albany, NY Sun 10 Sutra 104
Wrishabha Rasi: 29.56	Tithi 27	Gulika	4:45AM – 6:34AM	Mrigashira Until 5:27PM	Ganesha: Green	<i>Sunrise:</i> 4:45AM	Durmukha 5118	
		Yama	1:49PM – 3:37PM	Vyaghata* Until 9:35PM	Muruga: Clear	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	432931362 Rahu	8:22AM – 10:11AM	Kaulava Until 9:05AM	Nataraja: Clear		2nd Phase	
				Dvadashi* Until 8:04PM	Moon – Yellow			Devaloka Day
					Ashada*Adi			

4		Sunday, July 31, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 11 Sutra 105
Mithuna Rasi: 13.59	Tithi 28	Gulika	3:37PM – 5:25PM	Ardra Until 4:13PM	Ganesha: Purple	<i>Sunrise:</i> 4:46AM	Durmukha 5118	
		Yama	12:00PM – 1:48PM	Harshana Until 7:04PM	Muruga: Clear	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	432131362 Rahu	5:25PM – 7:14PM	Gara Until 7:08AM	Nataraja: Clear		2nd Phase	
				Trayodashi* Until 6:14PM	Moon – Yellow			Devaloka Day
				<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi			

5		Monday, August 1, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Albany, NY Sun 12 Sutra 106
Mithuna Rasi: 27.5	Tithi 29 – 30	Gulika	1:48PM – 3:36PM	Punarvasu Until 3:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:47AM	Durmukha 5118	
Family Home Evening		Yama	10:12AM – 12:00PM	Vajra* Until 4:50PM	Muruga: Clear	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 15	
Creative Work	Amrita Yoga	442131362 Rahu	6:35AM – 8:23AM	Catuspada Until 4:11AM Tue	Nataraja: Clear		2nd Phase	
Until 3:37PM				Chaturdashi* Until 4:45PM	Moon – Blue			Devaloka Day
Then Creative Work - Siddha Yoga					Ashada*Adi			

●		Tuesday, August 2, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Albany, NY Sun 13 Sutra 107
Retreat Star		Gulika	12:00PM – 1:48PM	Pushya Until 3:18PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:48AM	Durmukha 5118	
Kataka Rasi: 11.27	Tithi 30 – 1	Yama	8:24AM – 10:12AM	Siddhi Until 2:58PM	Muruga: Clear	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	442131362 Rahu	3:36PM – 5:23PM	Kintughna Until 3:25AM Wed	Nataraja: Clear		Amavasya	
				Amavasya* Until 3:43PM	Moon – Blue			Devaloka Day
					Ashada*Adi			

●		Wednesday, August 3, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Albany, NY Sun 14 Sutra 108
Retreat Star		Gulika	10:12AM – 12:00PM	Ashlesha* Until 3:24PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:49AM	Durmukha 5118	
Kataka Rasi: 24.46	Tithi 1 – 2	Yama	6:37AM – 8:24AM	Vyatipata* Until 1:33PM	Muruga: Clear	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	442131362 Rahu	12:00PM – 1:47PM	Balava Until 3:15AM Thu	Nataraja: Clear		Prathama	
				Prathama* Until 3:14PM	Moon – Blue			Devaloka Day
					Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Thursday, August 4, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sutra 109
Simha Rasi: 7.47	Tithi 2 - 3	Gulika	8:25AM - 10:12AM	Magha* Until 4:25PM	Ganesha: Purple	<i>Sunrise:</i> 4:50AM	Sun 15	Durmukha 5118
		Yama	4:50AM - 6:37AM	Variyan Until 12:37PM	Muruga: Clear	<i>Sunset:</i> 7:09PM		Moon 7 - Phase 16
		452131362 Rahu	1:47PM - 3:34PM	Taitila Until 3:45AM Fri	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga			Dvitiya Until 3:24PM	Moon - Red		Devaloka Day	
Until 4:25PM					Sravana-Adi			
Then Creative Work - Siddha Yoga								

2		Friday, August 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Albany, NY Sutra 110
Simha Rasi: 20.28	Tithi 3 - 4	Gulika	6:38AM - 8:25AM	Purvaphalguni Until 5:55PM	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Sun 16	Durmukha 5118
		Yama	3:34PM - 5:21PM	Parigha* Until 12:13PM	Muruga: Clear	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 16
		452131362 Rahu	10:12AM - 11:59AM	Vanija Until 4:53AM Sat	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 4:13PM	Moon - Red		Devaloka Day	
					Sravana-Adi			

3		Saturday, August 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sutra 111
Kanya Rasi: 2.52	Tithi 4 - 5	Gulika	4:52AM - 6:39AM	Uttaraphalguni Until 7:51PM	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Sun 17	Durmukha 5118
		Yama	1:46PM - 3:33PM	Shiva Until 12:19PM	Muruga: Purple	<i>Sunset:</i> 7:06PM		Moon 7 - Phase 16
		452141362 Rahu	8:26AM - 10:12AM	Bava Until 6:35AM Sun	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga			Chaturthi* Until 5:39PM	Moon - Red		Bhuloka Day	
					Sravana-Adi		Devaloka Time: 6:PM to 9:PM	

4		Sunday, August 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sutra 112
Kanya Rasi: 15.01	Tithi 5	Gulika	3:32PM - 5:19PM	Hasta Until 10:35PM	Ganesha: Clear	<i>Sunrise:</i> 4:53AM	Sun 18	Durmukha 5118
		Yama	11:59AM - 1:46PM	Siddha Until 12:47PM	Muruga: Purple	<i>Sunset:</i> 7:05PM		Moon 7 - Phase 16
		462141362 Rahu	5:19PM - 7:05PM	Bava Until 6:35AM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga			Panchami Until 7:34PM	Moon - Green		Devaloka Day	
Until 10:35PM		Nag Panchami			Sravana-Adi			
Then Creative Work - Siddha Yoga								

5		Monday, August 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthiyam Titau		Albany, NY Sutra 113
Kanya Rasi: 27.01	Tithi 6	Gulika	1:45PM - 3:31PM	Chitra Until 1:26AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Sun 19	Durmukha 5118
Family Home Evening		Yama	10:13AM - 11:59AM	Sadhya Until 1:34PM	Muruga: Purple	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 16
Routine Work	Prabalarishta Yoga	462141362 Rahu	6:40AM - 8:27AM	Kaulava Until 8:42AM	Nataraja: Clear			3rd Phase
Until 1:26AM Tue				Shashthi* Until 9:50PM	Moon - Green		Devaloka Day	
Then Creative Work - Siddha Yoga					Sravana-Adi			

6		Tuesday, August 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sutra 114
Tula Rasi: 8.55	Tithi 7	Gulika	11:59AM - 1:45PM	Svati Until 4:13AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Sun 20	Durmukha 5118
		Yama	8:27AM - 10:13AM	Subha Until 2:30PM	Muruga: Purple	<i>Sunset:</i> 7:02PM		Moon 7 - Phase 16
		462141362 Rahu	3:31PM - 5:17PM	Gara Until 11:03AM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga			Saptami Until 12:13AM Wed	Moon - Green		Devaloka Day	Tour Day
					Sravana-Adi			

Retreat Star		Wednesday, August 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sutra 115
Tula Rasi: 20.47	Tithi 8	Gulika	10:13AM - 11:59AM	Vishakha Until 7:13AM Thu	Ganesha: White	<i>Sunrise:</i> 4:56AM	Sun 21	Durmukha 5118
		Yama	6:42AM - 8:28AM	Sukla Until 3:23PM	Muruga: Purple	<i>Sunset:</i> 7:01PM		Moon 7 - Phase 16
		472141362 Rahu	11:59AM - 1:44PM	Visti Until 1:25PM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 2:31AM Thu	Moon - Orange		Bhuloka Day	
					Sravana-Adi		Devaloka Time: 6:PM to 9:PM	

Retreat Star		Thursday, August 11, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sutra 116
Vrischika Rasi: 2.43	Tithi 9	Gulika	8:28AM - 10:13AM	Vishakha Until 7:13AM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sun 22	Durmukha 5118
		Yama	4:57AM - 6:43AM	Brahma Until 4:08PM	Muruga: Purple	<i>Sunset:</i> 7:00PM		Moon 7 - Phase 16
		473141362 Rahu	1:44PM - 3:29PM	Balava Until 3:35PM	Nataraja: Clear			Navami
Creative Work	Siddha Yoga			Navami* Until 4:31AM Fri	Moon - Orange		Devaloka Day	
					Sravana-Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Friday, August 12, 2016		Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau				Albany, NY Sun 23
	Vrischika Rasi: 14.46	Tithi 10	Gulika 6:43AM – 8:28AM Yama 3:28PM – 5:13PM 473141362 Rahu 10:13AM – 11:58AM	Anuradha* Until 9:44AM Indra Until 4:37PM Tailila Until 5:22PM Dashami Until 6:04AM Sat	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Orange	<i>Sunrise:</i> 4:58AM <i>Sunset:</i> 6:58PM	Sutra 117 Dur mukha 5118 Moon 7 - Phase 17 4th Phase
Creative Work Siddha Yoga Until 9:44AM Then Routine Work - Marana Yoga		Varalakshmi Vratam		Sravana-Adi		Devaloka Day	

2	Saturday, August 13, 2016		Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sun 24
	Vrischika Rasi: 27.01	Tithi 10 – 11	Gulika 5:00AM – 6:44AM Yama 1:43PM – 3:27PM 473141362 Rahu 8:29AM – 10:13AM	Jyeshtha* Until 11:37AM Vaidhriti* Until 4:39PM Vanija Until 6:38PM Dashami Until 6:04AM	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Orange	<i>Sunrise:</i> 5:00AM <i>Sunset:</i> 6:57PM	Sutra 118 Dur mukha 5118 Moon 7 - Phase 17 4th Phase
Creative Work Siddha Yoga				Sravana-Adi		Devaloka Day	

3	Sunday, August 14, 2016		Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha*/Priti Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 25
	Dhanus Rasi: 9.3	Tithi 11 – 12	Gulika 3:27PM – 5:11PM Yama 11:58AM – 1:42PM 483141362 Rahu 5:11PM – 6:55PM	Mula* Until 1:14PM Vishkambha* Until 4:13PM Bava Until 7:17PM Ekadashi Until 7:02AM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Light Blue	<i>Sunrise:</i> 5:01AM <i>Sunset:</i> 6:55PM	Sutra 119 Dur mukha 5118 Moon 7 - Phase 17 4th Phase
Creative Work Amrita Yoga Until 1:14PM Then Creative Work - Siddha Yoga				Sravana-Adi		Sivaloka Day	

4	Monday, August 15, 2016		Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 26
	Dhanus Rasi: 22.17	Tithi 12 – 13	Gulika 1:42PM – 3:26PM Yama 10:14AM – 11:58AM 483141362 Rahu 6:46AM – 8:30AM	Purvashadha* Until 2:04PM Priti Until 3:18PM Kaulava Until 7:16PM Dvadashi Until 7:21AM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Light Blue	<i>Sunrise:</i> 5:02AM <i>Sunset:</i> 6:54PM	Sutra 120 Dur mukha 5118 Moon 7 - Phase 17 4th Phase
Family Home Evening Routine Work Marana Yoga				Sravana-Adi		Sivaloka Day	
<i>Pradosha Vrata</i>							

5	Tuesday, August 16, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27
	Makara Rasi: 5.24	Tithi 13 – 14	Gulika 11:58AM – 1:41PM Yama 8:30AM – 10:14AM 483141362 Rahu 3:25PM – 5:09PM	Uttarashadha Until 2:06PM Ayushman Until 1:49PM Gara Until 6:37PM Trayodashi Until 7:00AM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Light Blue	<i>Sunrise:</i> 5:03AM <i>Sunset:</i> 6:52PM	Sutra 121 Dur mukha 5118 Moon 7 - Phase 17 4th Phase
Routine Work Prabalarishta Yoga Until 2:06PM Then Creative Work - Siddha Yoga				Sravana-Avani		Sivaloka Day Tour Day	

○	Wednesday, August 17, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Albany, NY Sun 28
	Copper Retreat Star		Gulika 10:14AM – 11:57AM Yama 6:47AM – 8:31AM 593141362 Rahu 11:57AM – 1:41PM	Shravana Until 1:50PM Saubhagya Until 11:52AM Bava Until 4:31AM Thu Chaturdashi* Until 6:02AM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Purple	<i>Sunrise:</i> 5:04AM <i>Sunset:</i> 6:51PM	Sutra 122 Dur mukha 5118 Moon 7 - Phase 17 Purnima
Creative Work Siddha Yoga Until 1:50PM Then Routine Work - Prabalarishta Yoga		Raksha Bandhan		Sravana-Avani		Sivaloka Day	

○	Thursday, August 18, 2016		Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sun 29
	Silver Retreat Star		Gulika 8:31AM – 10:14AM Yama 5:05AM – 6:48AM 593141362 Rahu 1:40PM – 3:23PM	Dhanishtha Until 12:54PM Sobhana Until 9:30AM Balava Until 3:37PM Prathama* Until 2:34AM Fri	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Purple	<i>Sunrise:</i> 5:05AM <i>Sunset:</i> 6:49PM	Sutra 123 Dur mukha 5118 Moon 7 - Phase 17 Prathama
Creative Work Siddha Yoga				Sravana-Avani		Sivaloka Day	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 19, 2016

Gold Retreat Star

Kumbha Rasi: 16.41 Tihti 17

593141362

Gulika 6:49AM – 8:31AM
Yama 3:22PM – 5:05PM
Rahu 10:14AM – 11:57AM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Athiganda/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Shatabhishak Until 11:26AM
Athiganda* Until 6:46AM
Taitila Until 1:29PM
Dvitiya Until 12:17AM Sat

Ganesha: White *Sunrise: 5:06AM*
Muruga: Purple *Sunset: 6:48PM*
Nataraja: Clear
 Moon – Purple
Sravana-Avani

Albany, NY
Sutra 124
Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

1

Saturday, August 20, 2016

Meena Rasi: 0.56 Tihti 18

513141362

Gulika 5:07AM – 6:49AM
Yama 1:39PM – 3:21PM
Rahu 8:32AM – 10:14AM

Routine Work Marana Yoga
Until 9:59AM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam
Purvaprossthapada/Uttaraprossthapada Nakshatra Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Purvaprossthapada* Until 9:59AM
Dhriti Until 12:42AM Sun
Vanija Until 11:05AM
Tritya Until 9:48PM

Ganesha: White *Sunrise: 5:07AM*
Muruga: Purple *Sunset: 6:46PM*
Nataraja: Clear
 Moon – Clear
Sravana-Avani

Sun 1
Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

2

Sunday, August 21, 2016

Meena Rasi: 15.19 Tihti 19

513141362

Gulika 3:21PM – 5:03PM
Yama 11:56AM – 1:38PM
Rahu 5:03PM – 6:45PM

Creative Work Amrita Yoga

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprossthapada/Revati Nakshatra Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Uttaraprossthapada Until 8:13AM
Shula* Until 9:29PM
Bava Until 8:32AM
Chaturthi* Until 7:13PM

Ganesha: White *Sunrise: 5:08AM*
Muruga: Purple *Sunset: 6:45PM*
Nataraja: Clear
 Moon – Clear
Sravana-Avani

Sun 2
Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

3

Monday, August 22, 2016

Meena Rasi: 29.44 Tihti 20 – 21

Family Home Evening

513141362

Gulika 1:38PM – 3:20PM
Yama 10:14AM – 11:56AM
Rahu 6:51AM – 8:33AM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Revati Until 6:16AM
Ganda* Until 6:18PM
Gara Until 3:23AM Tue
Panchami Until 4:37PM

Ganesha: White *Sunrise: 5:09AM*
Muruga: Purple *Sunset: 6:43PM*
Nataraja: Clear
 Moon – Clear
Sravana-Avani

Sun 3
Durmukha 5118
Moon 8 - Phase 18
1st Phase

Sivaloka Day

4

Tuesday, August 23, 2016

Mesha Rasi: 14.08 Tihti 21 – 22

523141362

Gulika 11:56AM – 1:37PM
Yama 8:33AM – 10:14AM
Rahu 3:19PM – 5:00PM

Creative Work Siddha Yoga

Until 3:01AM Wed

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Bharati Until 3:01AM Wed
Vriddhi Until 3:12PM
Visti Until 12:57AM Wed
Shashthi* Until 2:07PM

Ganesha: Clear *Sunrise: 5:10AM*
Muruga: Purple *Sunset: 6:42PM*
Nataraja: Clear
 Moon – White
Sravana-Avani

Sun 4
Durmukha 5118
Moon 8 - Phase 18
1st Phase

Devaloka Day

Tour Day

D

Wednesday, August 24, 2016

Retreat Star

Mesha Rasi: 28.26 Tihti 22 – 23

523141362

Gulika 10:14AM – 11:56AM
Yama 6:52AM – 8:33AM
Rahu 11:56AM – 1:37PM

Creative Work Amrita Yoga

Until 1:26AM Thu

Then Routine Work - Marana Yoga

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Krittika Until 1:26AM Thu
Dhruva Until 12:13PM
Balava Until 10:42PM
Saptami Until 11:47AM

Ganesha: Clear *Sunrise: 5:11AM*
Muruga: Purple *Sunset: 6:40PM*
Nataraja: Clear
 Moon – White
Sravana-Avani

Sun 5
Durmukha 5118
Moon 8 - Phase 18
Ashtami

Devaloka Day

Thursday, August 25, 2016

Retreat Star

Vrishabha Rasi: 12.35 Tihti 23 – 24

534241362

Gulika 8:34AM – 10:15AM
Yama 5:12AM – 6:53AM
Rahu 1:36PM – 3:17PM

Routine Work Marana Yoga

Until 12:22AM Fri

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rohini Until 12:22AM Fri
Vyaghata* Until 9:25AM
Taitila Until 8:42PM
Ashtami* Until 9:39AM

Ganesha: Purple *Sunrise: 5:12AM*
Muruga: Purple *Sunset: 6:38PM*
Nataraja: Clear
 Moon – Yellow
Sravana-Avani

Sun 6
Durmukha 5118
Moon 8 - Phase 18
Navami

Sivaloka Day

1		Friday, August 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY	
Mithuna Rasi: 26.35		Tihti 24 – 25		Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7 Sutra 131	
Creative Work		Siddha Yoga		Gulika 6:54AM – 8:34AM	Mrigashira Until 11:26PM	Ganesha: Purple <i>Sunrise:</i> 5:13AM	Durmukha 5118
				Yama 3:16PM – 4:56PM	Harshana Until 6:49AM	Muruga: Purple <i>Sunset:</i> 6:37PM	Moon 8 - Phase 19
		534241363		Rahu 10:15AM – 11:55AM	Vanija Until 6:57PM	Nataraja: Clear	2nd Phase
					Navami* Until 7:46AM	Moon – Yellow	Sivaloka Day
						Sravana-Avani	

2		Saturday, August 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Mithuna Rasi: 10.25		Tihti 25 – 26		Ardra Nakshatra Siddhi Visti*/Balava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 132	
Creative Work		Siddha Yoga		Gulika 5:14AM – 6:54AM	Ardra Until 10:40PM	Ganesha: Purple <i>Sunrise:</i> 5:14AM	Durmukha 5118
				Yama 1:35PM – 3:15PM	Siddhi Until 2:20AM Sun	Muruga: Purple <i>Sunset:</i> 6:35PM	Moon 8 - Phase 19
		534241363		Rahu 8:35AM – 10:15AM	Balava Until 4:55AM Sun	Nataraja: Purple	2nd Phase
					Dashami Until 6:11AM	Moon – Yellow	Devaloka Day
						Sravana-Avani	

3		Sunday, August 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Mithuna Rasi: 24.03		Tihti 27		Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 9 Sutra 133	
Creative Work		Siddha Yoga		Gulika 3:14PM – 4:54PM	Punarvasu Until 10:33PM	Ganesha: Clear <i>Sunrise:</i> 5:15AM	Durmukha 5118
				Yama 11:54AM – 1:34PM	Vyatipata* Until 12:32AM Mon	Muruga: Purple <i>Sunset:</i> 6:33PM	Moon 8 - Phase 19
		544241363		Rahu 4:54PM – 6:33PM	Kaulava Until 4:27PM	Nataraja: Purple	2nd Phase
					Dvadashi* Until 4:02AM Mon	Moon – Blue	Bhuloka Day
						Sravana-Avani	Devaloka Time: 9:AM to12:PM

4		Monday, August 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
Kataka Rasi: 7.28		Tihti 28		Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 10 Sutra 134	
Family Home Evening		Creative Work		Gulika 1:33PM – 3:13PM	Pushya Until 10:41PM	Ganesha: Clear <i>Sunrise:</i> 5:16AM	Durmukha 5118
				Yama 10:15AM – 11:54AM	Variyan Until 11:02PM	Muruga: Purple <i>Sunset:</i> 6:32PM	Moon 8 - Phase 19
		544241363		Rahu 6:56AM – 8:35AM	Gara Until 3:45PM	Nataraja: Purple	2nd Phase
					Trayodashi* Until 3:33AM Tue	Moon – Blue	Bhuloka Day
					<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani	Devaloka Time: 9:AM to12:PM

5		Tuesday, August 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY	
Kataka Rasi: 20.39		Tihti 29		Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 11 Sutra 135	
Creative Work		Siddha Yoga		Gulika 11:54AM – 1:33PM	Ashlesha* Until 11:06PM	Ganesha: Clear <i>Sunrise:</i> 5:18AM	Durmukha 5118
				Yama 8:36AM – 10:15AM	Parigha* Until 9:54PM	Muruga: Purple <i>Sunset:</i> 6:30PM	Moon 8 - Phase 19
		544241363		Rahu 3:12PM – 4:51PM	Visti Until 3:30PM	Nataraja: Purple	2nd Phase
					Chaturdashi* Until 3:32AM Wed	Moon – Blue	Bhuloka Day
						Sravana-Avani	Devaloka Time: 9:AM to12:PM

●		Wednesday, August 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY	
Simha Rasi: 4		Tihti 30		Magha* Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 12 Sutra 136	
Creative Work		Siddha Yoga		Gulika 10:15AM – 11:53AM	Magha* Until 12:19AM Thu	Ganesha: Orange <i>Sunrise:</i> 5:19AM	Durmukha 5118
				Yama 6:57AM – 8:36AM	Shiva Until 9:11PM	Muruga: Purple <i>Sunset:</i> 6:28PM	Moon 8 - Phase 19
		554241363		Rahu 11:53AM – 1:32PM	Catuspada Until 3:44PM	Nataraja: Purple	Amavasya
					Amavasya* Until 4:02AM Thu	Moon – Red	Bhuloka Day
						Sravana-Avani	Devaloka Time: 9:AM to12:PM

●		Thursday, September 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Albany, NY	
Simha Rasi: 16.18		Tihti 1		Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 13 Sutra 137	
Creative Work		Siddha Yoga		Gulika 8:36AM – 10:15AM	Purvaphalguni Until 1:54AM Fri	Ganesha: Orange <i>Sunrise:</i> 5:20AM	Durmukha 5118
				Yama 5:20AM – 6:58AM	Siddha Until 8:49PM	Muruga: Purple <i>Sunset:</i> 6:27PM	Moon 8 - Phase 19
		554241363		Rahu 1:32PM – 3:10PM	Kintughna Until 4:29PM	Nataraja: Purple	Prathama
					Prathama* Until 5:02AM Fri	Moon – Red	Bhuloka Day
				Annular Solar Eclipse		Bhadrapada-Avani	Devaloka Time: 9:AM to12:PM

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

1		Friday, September 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Albany, NY Sun 14 Sutra 138 Durmukha 5118
Simha Rasi: 28.46	Tithi 2	Gulika 6:59AM – 8:37AM	Uttaraphalguni Until 3:47AM Sat	Ganesh: Orange <i>Sunrise:</i> 5:21AM	
		Yama 3:09PM – 4:47PM	Sadhya Until 8:53PM	Muruga: Purple <i>Sunset:</i> 6:25PM	Moon 8 - Phase 20
		564241363 Rahu 10:15AM – 11:53AM	Balava Until 5:45PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:33AM Sat	Moon – Red	Bhuloka Day
Until 3:47AM Sat				Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga					

2		Saturday, September 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Albany, NY Sun 15 Sutra 139 Durmukha 5118
Kanya Rasi: 11.02	Tithi 2 – 3	Gulika 5:22AM – 6:59AM	Hasta Until 6:25AM Sun	Ganesh: Clear <i>Sunrise:</i> 5:22AM	
		Yama 1:30PM – 3:08PM	Subha Until 9:18PM	Muruga: Purple <i>Sunset:</i> 6:23PM	Moon 8 - Phase 20
		564241363 Rahu 8:37AM – 10:15AM	Taitila Until 7:29PM	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:33AM	Moon – Green	Bhuloka Day
Until 6:25AM Sun				Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga					

3		Sunday, September 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Albany, NY Sun 16 Sutra 140 Durmukha 5118
Kanya Rasi: 23.07	Tithi 3 – 4	Gulika 3:07PM – 4:44PM	Hasta Until 6:25AM	Ganesh: Clear <i>Sunrise:</i> 5:23AM	
		Yama 11:52AM – 1:29PM	Sukla Until 9:59PM	Muruga: Purple <i>Sunset:</i> 6:21PM	Moon 8 - Phase 20
		564241363 Rahu 4:44PM – 6:21PM	Vanija Until 9:36PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 8:29AM	Moon – Green	Bhuloka Day
Until 6:25AM		Ganesha Chaturthi		Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga					

4		Monday, September 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau	Albany, NY Sun 17 Sutra 141 Durmukha 5118
Tula Rasi: 5.04	Tithi 4 – 5	Gulika 1:29PM – 3:06PM	Chitra Until 9:12AM	Ganesh: Clear <i>Sunrise:</i> 5:24AM	
Family Home Evening		Yama 10:15AM – 11:52AM	Brahma Until 10:51PM	Muruga: Purple <i>Sunset:</i> 6:20PM	Moon 8 - Phase 20
		564241363 Rahu 7:01AM – 8:38AM	Bava Until 11:58PM	Nataraja: Purple	3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 10:44AM	Moon – Green	Bhuloka Day
Until 9:12AM				Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga					

5		Tuesday, September 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Albany, NY Sun 18 Sutra 142 Durmukha 5118
Tula Rasi: 16.56	Tithi 5 – 6	Gulika 11:51AM – 1:28PM	Svati Until 11:59AM	Ganesh: White <i>Sunrise:</i> 5:25AM	
		Yama 8:38AM – 10:15AM	Indra Until 11:48PM	Muruga: Purple <i>Sunset:</i> 6:18PM	Moon 8 - Phase 20
		565241363 Rahu 3:05PM – 4:41PM	Kaulava Until 2:24AM Wed	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:10PM	Moon – Green	Bhuloka Day
Until 11:59AM				Bhadrapada-Avani	Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga					

6		Wednesday, September 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Albany, NY Sun 19 Sutra 143 Durmukha 5118
Tula Rasi: 28.49	Tithi 6 – 7	Gulika 10:15AM – 11:51AM	Vishakha Until 3:07PM	Ganesh: Clear <i>Sunrise:</i> 5:26AM	
		Yama 7:02AM – 8:39AM	Vaidhriti* Until 12:40AM Thu	Muruga: Purple <i>Sunset:</i> 6:16PM	Moon 8 - Phase 20
		575241363 Rahu 11:51AM – 1:27PM	Gara Until 4:45AM Thu	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:35PM	Moon – Orange	Bhuloka Day
				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM

Retreat Star		Thursday, September 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkamba* Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau	Albany, NY Sun 20 Sutra 144 Durmukha 5118
Vrischika Rasi: 10.43	Tithi 7 – 8	Gulika 8:39AM – 10:15AM	Anuradha Until 5:53PM	Ganesh: Clear <i>Sunrise:</i> 5:27AM	
		Yama 5:27AM – 7:03AM	Vishkamba* Until 1:20AM Fri	Muruga: Purple <i>Sunset:</i> 6:15PM	Moon 8 - Phase 20
		575241363 Rahu 1:27PM – 3:03PM	Vistit Until 6:48AM Fri	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:48PM	Moon – Orange	Bhuloka Day
Until 5:53PM				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga					

Retreat Star		Friday, September 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vistit/Bava Karana Ashtamyam Titau	Albany, NY Sun 21 Sutra 145 Durmukha 5118
Vrischika Rasi: 22.44	Tithi 8	Gulika 7:04AM – 8:39AM	Jyeshtha* Until 8:08PM	Ganesh: Clear <i>Sunrise:</i> 5:28AM	
		Yama 3:02PM – 4:37PM	Priti Until 1:42AM Sat	Muruga: Purple <i>Sunset:</i> 6:13PM	Moon 8 - Phase 20
		575241363 Rahu 10:15AM – 11:50AM	Vistit Until 6:48AM	Nataraja: Purple	Ashtami
Routine Work	Marana Yoga		Ashtami* Until 7:39PM	Moon – Orange	Bhuloka Day
Until 8:08PM				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga					

Retreat Star		Saturday, September 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau	Albany, NY Sun 22 Sutra 146 Durmukha 5118
Dhanus Rasi: 4.57	Tithi 9	Gulika 5:29AM – 7:04AM	Mula* Until 10:11PM	Ganesh: Purple <i>Sunrise:</i> 5:29AM	
		Yama 1:25PM – 3:01PM	Ayushman Until 1:36AM Sun	Muruga: Purple <i>Sunset:</i> 6:11PM	Moon 8 - Phase 20
		585241363 Rahu 8:40AM – 10:15AM	Balava Until 8:24AM	Nataraja: Purple	Navami
Creative Work	Siddha Yoga		Navami* Until 8:57PM	Moon – Light Blue	Bhuloka Day
				Bhadrapada-Avani	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau			Albany, NY Sun 23 Sutra 147
Dhanus Rasi: 17.25	Tithi 10	Gulika 3:00PM – 4:34PM	Purvashadha* Until 11:24PM	Ganesha: Purple <i>Sunrise:</i> 5:30AM	Durmukha 5118
		Yama 11:50AM – 1:25PM	Saubhagya Until 12:58AM Mon	Muruga: Purple <i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
	585241363	Rahu 4:34PM – 6:09PM	Taitila Until 9:23AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:35PM	Moon – Light Blue	Bhuloka Day
Until 11:24PM		Grandparent's Day		Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

2 Monday, September 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Albany, NY Sun 24 Sutra 148
Makara Rasi: 0.12	Tithi 11	Gulika 1:24PM – 2:58PM	Uttarashadha Until 11:45PM	Ganesha: Purple <i>Sunrise:</i> 5:31AM	Durmukha 5118
Family Home Evening		Yama 10:15AM – 11:49AM	Sobhana Until 11:45PM	Muruga: Purple <i>Sunset:</i> 6:08PM	Moon 8 - Phase 21
	585241363	Rahu 7:06AM – 8:40AM	Vanija Until 9:39AM	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 9:29PM	Moon – Light Blue	Bhuloka Day
Until 11:45PM				Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

3 Tuesday, September 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Albany, NY Sun 25 Sutra 149
Makara Rasi: 13.22	Tithi 12	Gulika 11:49AM – 1:23PM	Shravana Until 11:39PM	Ganesha: Clear <i>Sunrise:</i> 5:32AM	Durmukha 5118
		Yama 8:41AM – 10:15AM	Athiganda* Until 9:55PM	Muruga: Purple <i>Sunset:</i> 6:06PM	Moon 8 - Phase 21
	595241363	Rahu 2:57PM – 4:32PM	Bava Until 9:09AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 8:36PM	Moon – Purple	Bhuloka Day
				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM

4 Wednesday, September 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Albany, NY Sun 26 Sutra 150
Makara Rasi: 26.58	Tithi 13	Gulika 10:15AM – 11:49AM	Dhanishtha Until 10:42PM	Ganesha: Clear <i>Sunrise:</i> 5:33AM	Durmukha 5118
		Yama 7:07AM – 8:41AM	Sukarma Until 7:31PM	Muruga: Purple <i>Sunset:</i> 6:04PM	Moon 8 - Phase 21
	595241363	Rahu 11:49AM – 1:22PM	Kaulava Until 7:55AM	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 7:01PM	Moon – Purple	Bhuloka Day
Until 10:42PM		Chidambaram Abhishekam		Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

5 Thursday, September 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau			Albany, NY Sun 27 Sutra 151
Kumbha Rasi: 10.57	Tithi 14 – 15	Gulika 8:41AM – 10:15AM	Shatabhishak Until 9:02PM	Ganesha: Clear <i>Sunrise:</i> 5:34AM	Durmukha 5118
		Yama 5:34AM – 7:08AM	Dhriti Until 4:38PM	Muruga: Purple <i>Sunset:</i> 6:02PM	Moon 8 - Phase 21
	595241363	Rahu 1:22PM – 2:55PM	Gara Until 6:00AM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:49PM	Moon – Purple	Bhuloka Day
				Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM

Friday, September 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprosnthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Albany, NY Sutra 152
Copper Retreat Star		Gulika 7:09AM – 8:42AM	Purvaprosnthapada* Until 7:11PM	Ganesha: Purple <i>Sunrise:</i> 5:35AM	Durmukha 5118
Kumbha Rasi: 25.19	Tithi 15 – 16	Yama 2:54PM – 4:27PM	Shula* Until 1:20PM	Muruga: Purple <i>Sunset:</i> 6:00PM	Moon 8 - Phase 21
	516241363	Rahu 10:15AM – 11:48AM	Balava Until 12:41AM Sat	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:08PM	Moon – Clear	Devaloka Day
		Penumbra Lunar Eclipse		Bhadrapada-Puratasi	

Saturday, September 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprosnthapada*/Revali Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Prathama/Dvililyayam Titau			Albany, NY Sutra 153
Silver Retreat Star		Gulika 5:37AM – 7:09AM	Uttaraprosnthapada Until 4:53PM	Ganesha: Purple <i>Sunrise:</i> 5:37AM	Durmukha 5118
Meena Rasi: 9.57	Tithi 16 – 17	Yama 1:20PM – 2:53PM	Ganda* Until 9:45AM	Muruga: Purple <i>Sunset:</i> 5:59PM	Moon 8 - Phase 21
	516241363	Rahu 8:42AM – 10:15AM	Taitila Until 9:33PM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:07AM	Moon – Clear	Devaloka Day
Until 4:53PM				Bhadrapada-Puratasi	
Then Routine Work - Prabalarishta Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam

Revati/Ashvini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sun 1 Sutra 154

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 24.46 Tihi 17 - 18

516241363

Gulika 2:52PM - 4:24PM
Yama 11:47AM - 1:20PM
Rahu 4:24PM - 5:57PM

Revati Until 2:17PM
Vriddhi Until 6:01AM
Vanija Until 6:17PM
Dvitiya Until 7:54AM

Ganesha: Purple Sunrise: 5:38AM
Muruga: Purple Sunset: 5:57PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga
Until 2:17PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam

Ashvini/Bharani Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY

Sun 2 Sutra 155

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 9.38 Tihi 19

526341363

Gulika 1:19PM - 2:51PM
Yama 10:15AM - 11:47AM
Rahu 7:11AM - 8:43AM

Ashvini Until 11:58AM
Vyaghata* Until 10:29PM
Bava Until 3:04PM
Chaturthi* Until 1:29AM Tue

Ganesha: Purple Sunrise: 5:39AM
Muruga: Purple Sunset: 5:55PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam

Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY

Sun 3 Sutra 156

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 24.25 Tihi 20

526341363

Gulika 11:47AM - 1:18PM
Yama 8:43AM - 10:15AM
Rahu 2:50PM - 4:22PM

Bharani Until 9:40AM
Harshana Until 6:56PM
Kaulava Until 12:00PM
Panchami Until 10:33PM

Ganesha: Purple Sunrise: 5:40AM
Muruga: Purple Sunset: 5:53PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam

Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sun 4 Sutra 157

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrisabha Rasi: 9 Tihi 21

526341363

Gulika 10:15AM - 11:46AM
Yama 7:12AM - 8:44AM
Rahu 11:46AM - 1:18PM

Krittika Until 7:30AM
Vajra* Until 3:38PM
Gara Until 9:14AM
Shashthi* Until 7:58PM

Ganesha: Purple Sunrise: 5:41AM
Muruga: Purple Sunset: 5:52PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 7:30AM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam

Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Visli*/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sun 5 Sutra 158

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrisabha Rasi: 23.19 Tihi 22 - 23

536341363

Gulika 8:44AM - 10:15AM
Yama 5:42AM - 7:13AM
Rahu 1:17PM - 2:48PM

Rohini Until 6:00AM
Siddhi Until 12:42PM
Visti Until 6:51AM
Saptami Until 5:49PM

Ganesha: Clear Sunrise: 5:42AM
Muruga: Purple Sunset: 5:50PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

D

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam

Ardra Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sun 6 Sutra 159

Durmukha 5118

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 7.2 Tihi 23 - 24

537341363

Gulika 7:14AM - 8:44AM
Yama 2:47PM - 4:17PM
Rahu 10:15AM - 11:45AM

Ardra Until 4:02AM Sat
Vyatipata* Until 10:10AM
Taitila Until 3:35AM Sat
Ashtami* Until 4:11PM

Ganesha: White Sunrise: 5:43AM
Muruga: Purple Sunset: 5:48PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam

Punarvasu Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Albany, NY

Sun 7 Sutra 160

Durmukha 5118

Moon 9 - Phase 22

Navami

Mithuna Rasi: 21.01 Tihi 24 - 25

547341363

Gulika 5:44AM - 7:14AM
Yama 1:15PM - 2:46PM
Rahu 8:45AM - 10:15AM

Punarvasu Until 4:05AM Sun
Varyan Until 8:02AM
Vanija Until 2:46AM Sun
Navami* Until 3:05PM

Ganesha: Yellow Sunrise: 5:44AM
Muruga: Purple Sunset: 5:46PM
Nataraja: Purple
Moon - Blue
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

1		Sunday, September 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 8 Sutra 161	
Kataka Rasi: 4.23	Tithi 25 – 26	Gulika	2:45PM – 4:15PM	Pushya Until 4:31AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:45AM	Durmukha 5118	
		Yama	11:45AM – 1:15PM	Parigha* Until 6:22AM	Muruga: Purple <i>Sunset:</i> 5:44PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	547341363 Rahu	4:15PM – 5:44PM	Bava Until 2:30AM Mon	Nataraja: Purple	2nd Phase	
				Dashami Until 2:33PM	Moon – Blue	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2		Monday, September 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Trayodashyam Titau		Albany, NY Sun 9 Sutra 162	
Kataka Rasi: 17.28	Tithi 26 – 27	Gulika	1:14PM – 2:44PM	Ashlesha* Until 5:18AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:46AM	Durmukha 5118	
Family Home Evening		Yama	10:15AM – 11:44AM	Siddha Until 4:17AM Tue	Muruga: Purple <i>Sunset:</i> 5:43PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	547341363 Rahu	7:16AM – 8:45AM	Kaulava Until 2:45AM Tue	Nataraja: Purple	2nd Phase	
				Ekadashi* Until 2:33PM	Moon – Blue	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3		Tuesday, September 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 10 Sutra 163	
Simha Rasi: 0.16	Tithi 27 – 28	Gulika	11:44AM – 1:13PM	Magha* Until 6:52AM Wed	Ganesha: Yellow <i>Sunrise:</i> 5:47AM	Durmukha 5118	
		Yama	8:46AM – 10:15AM	Sadhya Until 3:50AM Wed	Muruga: Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	657341363 Rahu	2:43PM – 4:12PM	Gara Until 3:31AM Wed	Nataraja: Purple	2nd Phase	
Until 6:52AM Wed				Dvadashi* Until 3:03PM	Moon – Red	Bhuloka Day	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

4		Wednesday, September 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 11 Sutra 164	
Simha Rasi: 12.52	Tithi 28 – 29	Gulika	10:15AM – 11:44AM	Magha* Until 6:52AM	Ganesha: Yellow <i>Sunrise:</i> 5:48AM	Durmukha 5118	
		Yama	7:17AM – 8:46AM	Subha Until 3:45AM Thu	Muruga: Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	657341363 Rahu	11:44AM – 1:13PM	Visti Until 4:43AM Thu	Nataraja: Purple	2nd Phase	
Until 6:52AM				Trayodashi* Until 4:02PM	Moon – Red	Bhuloka Day	
Then Creative Work - Amrita Yoga					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

5		Thursday, September 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Albany, NY Sun 12 Sutra 165	
Simha Rasi: 25.16	Tithi 29 – 30	Gulika	8:46AM – 10:15AM	Purvaphalguni Until 8:43AM	Ganesha: Yellow <i>Sunrise:</i> 5:49AM	Durmukha 5118	
		Yama	5:49AM – 7:18AM	Sukla Until 3:56AM Fri	Muruga: Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	657341363 Rahu	1:12PM – 2:40PM	Catuspada Until 6:19AM Fri	Nataraja: Purple	2nd Phase	
				Chaturdashi* Until 5:27PM	Moon – Red	Bhuloka Day	
					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

●		Friday, September 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 13 Sutra 166	
Retreat Star		Gulika	7:19AM – 8:47AM	Uttaraphalguni Until 10:47AM	Ganesha: Blue <i>Sunrise:</i> 5:51AM	Durmukha 5118	
Kanya Rasi: 7.29	Tithi 30	Yama	2:39PM – 4:08PM	Brahma Until 4:23AM Sat	Muruga: Purple <i>Sunset:</i> 5:36PM	Moon 9 - Phase 23	
Creative Work	Siddha Yoga	658341363 Rahu	10:15AM – 11:43AM	Catuspada Until 6:19AM	Nataraja: Purple	Amavasya	
Until 10:47AM				Amavasya* Until 7:14PM	Moon – Red	Bhuloka Day	
Then Creative Work - Amrita Yoga		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada-Puratasi		

●		Saturday, October 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 14 Sutra 167	
Retreat Star		Gulika	5:52AM – 7:19AM	Hasta Until 1:29PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM	Durmukha 5118	
Kanya Rasi: 19.35	Tithi 1	Yama	1:11PM – 2:38PM	Indra Until 5:05AM Sun	Muruga: Purple <i>Sunset:</i> 5:34PM	Moon 9 - Phase 23	
Routine Work	Marana Yoga	668341363 Rahu	8:47AM – 10:15AM	Kintughna Until 8:16AM	Nataraja: Purple	Prathama	
				Prathama* Until 9:20PM	Moon – Green	Bhuloka Day	
		Navaratri Begins			Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1 Sunday, October 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sun 15 Sutra 168
Tula Rasi: 1.34	Tithi 2	Gulika 2:37PM – 4:05PM	Chitra Until 4:16PM	Ganesha: Blue <i>Sunrise:</i> 5:53AM		Durmukha 5118
		Yama 11:42AM – 1:10PM	Vaidhriti* Until 5:54AM Mon	Muruga: Purple <i>Sunset:</i> 5:32PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	668341363 Rahu 4:05PM – 5:32PM	Balava Until 10:29AM	Nataraja: Purple		3rd Phase
			Dvitiya Until 11:39PM	Moon – Green		
				Ashvina•Puratasi		Bhuloka Day

2 Monday, October 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau				Albany, NY Sun 16 Sutra 169
Tula Rasi: 13.28	Tithi 3	Gulika 1:09PM – 2:36PM	Svati Until 7:02PM	Ganesha: Blue <i>Sunrise:</i> 5:54AM		Durmukha 5118
Family Home Evening		Yama 10:15AM – 11:42AM	Vishkambha* Until 6:49AM Tue	Muruga: Purple <i>Sunset:</i> 5:31PM		Moon 9 - Phase 24
Creative Work	Amrita Yoga	668341363 Rahu 7:21AM – 8:48AM	Tailila Until 12:54PM	Nataraja: Purple		3rd Phase
Until 7:02PM			Tritiya Until 2:07AM Tue	Moon – Green		
Then Routine Work - Marana Yoga				Ashvina•Puratasi		Bhuloka Day

3 Tuesday, October 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Priti Yoga Vanija/Visti* Karana Chaturthyam Titau				Albany, NY Sun 17 Sutra 170
Tula Rasi: 25.19	Tithi 4	Gulika 11:42AM – 1:09PM	Vishakha Until 10:13PM	Ganesha: Blue <i>Sunrise:</i> 5:55AM		Durmukha 5118
		Yama 8:48AM – 10:15AM	Vishkambha* Until 6:49AM	Muruga: Purple <i>Sunset:</i> 5:29PM		Moon 9 - Phase 24
Routine Work	Marana Yoga	678341363 Rahu 2:35PM – 4:02PM	Vanija Until 3:24PM	Nataraja: Purple		3rd Phase
Until 10:13PM			Chaturthi* Until 4:37AM Wed	Moon – Orange		
Then Creative Work - Siddha Yoga				Ashvina•Puratasi		Bhuloka Day

4 Wednesday, October 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY Sun 18 Sutra 171
Vrischika Rasi: 7.1	Tithi 5	Gulika 10:15AM – 11:42AM	Anuradha Until 1:09AM Thu	Ganesha: Blue <i>Sunrise:</i> 5:56AM		Durmukha 5118
		Yama 7:22AM – 8:49AM	Priti Until 7:45AM	Muruga: Purple <i>Sunset:</i> 5:27PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	678341363 Rahu 11:42AM – 1:08PM	Bava Until 5:52PM	Nataraja: Purple		3rd Phase
Until 1:09AM Thu			Panchami Until 7:01AM Thu	Moon – Orange		
Then Routine Work - Prabalarishta Yoga				Ashvina•Puratasi		Bhuloka Day

5 Thursday, October 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY Sun 19 Sutra 172
Vrischika Rasi: 19.04	Tithi 5 – 6	Gulika 8:49AM – 10:15AM	Jyeshtha* Until 3:43AM Fri	Ganesha: Red <i>Sunrise:</i> 5:57AM		Durmukha 5118
		Yama 5:57AM – 7:23AM	Ayushman Until 8:34AM	Muruga: Purple <i>Sunset:</i> 5:25PM		Moon 9 - Phase 24
Routine Work	Prabalarishta Yoga	679341363 Rahu 1:07PM – 2:33PM	Kaulava Until 8:10PM	Nataraja: Purple		3rd Phase
Until 3:43AM Fri			Panchami Until 7:01AM	Moon – Orange		
Then Creative Work - Amrita Yoga				Ashvina•Puratasi		Bhuloka Day
						Devaloka Time: 9:AM to 12:PM

6 Friday, October 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 20 Sutra 173
Dhanus Rasi: 1.03	Tithi 6 – 7	Gulika 7:24AM – 8:50AM	Mula* Until 6:14AM Sat	Ganesha: Blue <i>Sunrise:</i> 5:58AM		Durmukha 5118
		Yama 2:32PM – 3:58PM	Saubhagya Until 9:12AM	Muruga: Purple <i>Sunset:</i> 5:24PM		Moon 9 - Phase 24
Creative Work	Amrita Yoga	689341364 Rahu 10:15AM – 11:41AM	Gara Until 10:07PM	Nataraja: Clear		3rd Phase
Until 6:14AM Sat			Shashthi* Until 9:10AM	Moon – Light Blue		
Then Creative Work - Siddha Yoga				Ashvina•Puratasi		Sivaloka Day

Retreat Star Saturday, October 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Albany, NY Sun 21 Sutra 174
Dhanus Rasi: 13.12	Tithi 7 – 8	Gulika 5:59AM – 7:25AM	Mula* Until 6:14AM	Ganesha: Blue <i>Sunrise:</i> 5:59AM		Durmukha 5118
		Yama 1:06PM – 2:31PM	Sobhana Until 9:31AM	Muruga: Purple <i>Sunset:</i> 5:22PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	689341364 Rahu 8:50AM – 10:15AM	Visti Until 11:34PM	Nataraja: Clear		Ashtami
			Saptami Until 10:54AM	Moon – Light Blue		
		Durga Ashtami		Ashvina•Puratasi		Sivaloka Day

Retreat Star Sunday, October 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 22 Sutra 175
Dhanus Rasi: 25.35	Tithi 8 – 9	Gulika 2:30PM – 3:55PM	Purvashadha* Until 8:03AM	Ganesha: Blue <i>Sunrise:</i> 6:01AM		Durmukha 5118
		Yama 11:40AM – 1:05PM	Athiganda* Until 9:22AM	Muruga: Purple <i>Sunset:</i> 5:20PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	689341364 Rahu 3:55PM – 5:20PM	Balava Until 12:21AM Mon	Nataraja: Clear		Navami
Until 8:03AM			Ashtami* Until 12:02PM	Moon – Light Blue		
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina•Puratasi		Sivaloka Day

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

1		Monday, October 10, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Albany, NY Sun 23 Sutra 176 Durmukha 5118
Makara Rasi: 8.17	Tithi 9 – 10	Gulika	1:05PM – 2:29PM	Uttarashadha Until 9:01AM	Ganesh: Blue	<i>Sunrise:</i> 6:02AM	
Family Home Evening	689351364	Yama	10:16AM – 11:40AM	Sukarma Until 8:40AM	Muruga: Clear	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
Routine Work	Marana Yoga	Rahu	7:26AM – 8:51AM	Taitila Until 12:21AM Tue	Nataraja: Clear		4th Phase
Until 9:01AM		Vijaya Dasami		Navami* Until 12:26PM	Moon – Light Blue	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							

2		Tuesday, October 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Albany, NY Sun 24 Sutra 177 Durmukha 5118
Makara Rasi: 21.22	Tithi 10 – 11	Gulika	11:40AM – 1:04PM	Shravana Until 9:30AM	Ganesh: Yellow	<i>Sunrise:</i> 6:03AM	
	699351364	Yama	8:51AM – 10:16AM	Dhriti Until 7:22AM	Muruga: Clear	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu	2:29PM – 3:53PM	Vanija Until 11:31PM	Nataraja: Clear		4th Phase
				Dashami Until 12:01PM	Moon – Purple	Sivaloka Day	
		Ashvina•Puratasi					

3		Wednesday, October 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Albany, NY Sun 25 Sutra 178 Durmukha 5118
Kumbha Rasi: 4.55	Tithi 11 – 12	Gulika	10:16AM – 11:40AM	Dhanishtha Until 9:02AM	Ganesh: Yellow	<i>Sunrise:</i> 6:04AM	
	699351364	Yama	7:28AM – 8:52AM	Ganda* Until 2:45AM Thu	Muruga: Clear	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 25
Routine Work	Prabalarishta Yoga	Rahu	11:40AM – 1:04PM	Bava Until 9:53PM	Nataraja: Clear		4th Phase
Until 9:02AM		Kadaitswami Mahasamadhi		Ekadashi Until 10:46AM	Moon – Purple	Sivaloka Day	
Then Creative Work - Siddha Yoga		Ashvina•Puratasi					

4		Thursday, October 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Albany, NY Sun 26 Sutra 179 Durmukha 5118
Kumbha Rasi: 18.55	Tithi 12 – 13	Gulika	8:52AM – 10:16AM	Shatabhishak Until 7:40AM	Ganesh: Yellow	<i>Sunrise:</i> 6:05AM	
	699351364	Yama	6:05AM – 7:29AM	Vriddhi Until 11:36PM	Muruga: Clear	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu	1:03PM – 2:27PM	Kaulava Until 7:32PM	Nataraja: Clear		4th Phase
				Dvadashi Until 8:46AM	Moon – Purple	Sivaloka Day	
		Ashvina•Puratasi					
		<i>Pradosha Vrata</i>					

5		Friday, October 14, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	Albany, NY Sun 27 Sutra 180 Durmukha 5118
Meena Rasi: 3.23	Tithi 13 – 14	Gulika	7:30AM – 8:53AM	Uttaraproshtapada Until 3:30AM Sat	Ganesh: White	<i>Sunrise:</i> 6:06AM	
	611451364	Yama	2:26PM – 3:49PM	Dhruva Until 7:57PM	Muruga: Clear	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu	10:16AM – 11:39AM	Vanija Until 2:56AM Sat	Nataraja: Clear		4th Phase
Until 3:30AM Sat		Chidambaram Abhishekam		Trayodashi Until 6:07AM	Moon – Clear	Devaloka Day	
Then Routine Work - Prabalarishta Yoga		Ashvina•Puratasi					

○		Saturday, October 15, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau	Albany, NY Sun 28 Sutra 181 Durmukha 5118
Copper Retreat Star		Gulika	6:08AM – 7:30AM	Revati Until 12:37AM Sun	Ganesh: White	<i>Sunrise:</i> 6:08AM	
Meena Rasi: 18.13	Tithi 15	Yama	1:02PM – 2:25PM	Vyaghata* Until 3:59PM	Muruga: Clear	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 25
	611451364	Rahu	8:53AM – 10:16AM	Visti Until 1:14PM	Nataraja: Clear		Purnima
Routine Work	Prabalarishta Yoga			Purnima* Until 11:25PM	Moon – Clear	Devaloka Day	
Until 12:37AM Sun		Ashvina•Puratasi					
Then Creative Work - Siddha Yoga							

○		Sunday, October 16, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau	Albany, NY Sun 29 Sutra 182 Durmukha 5118
Silver Retreat Star		Gulika	2:24PM – 3:46PM	Ashvini Until 9:48PM	Ganesh: Clear	<i>Sunrise:</i> 6:09AM	
Mesha Rasi: 3.19	Tithi 16	Yama	11:39AM – 1:01PM	Harshana Until 11:49AM	Muruga: Clear	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 25
	621451364	Rahu	3:46PM – 5:09PM	Balava Until 9:35AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 7:42PM	Moon – White	Sivaloka Day	
Until 9:48PM		Ashvina•Aipasi					
Then Routine Work - Prabalarishta Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY
Sun 1 Sutra 183

Mesha Rasi: 18.31 Tihi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

Until 6:52PM

Then Routine Work - Marana Yoga

Gulika 1:01PM - 2:23PM
Yama 10:16AM - 11:39AM
Rahu 7:32AM - 8:54AM

Bharani Until 6:52PM
Vajra* Until 7:33AM
Vanija Until 2:11AM Tue
Dvitiya Until 3:59PM

Ganesha: Clear Sunrise: 6:10AM
Muruga: Clear Sunset: 5:07PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

1

Tuesday, October 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY
Sun 2 Sutra 184

Vrishabha Rasi: 3.4 Tihi 18 - 19

Creative Work Siddha Yoga

Until 3:58PM

Then Creative Work - Amrita Yoga

Gulika 11:38AM - 1:00PM
Yama 8:55AM - 10:17AM
Rahu 2:22PM - 3:44PM

Krittika Until 3:58PM
Vyatipata* Until 11:24PM
Bava Until 10:44PM
Tritiya Until 12:24PM

Ganesha: Clear Sunrise: 6:11AM
Muruga: Clear Sunset: 5:06PM
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

2

Wednesday, October 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY
Sun 3 Sutra 185

Vrishabha Rasi: 18.36 Tihi 19 - 20

Creative Work Siddha Yoga

Gulika 10:17AM - 11:38AM
Yama 7:34AM - 8:55AM
Rahu 11:38AM - 1:00PM

Rohini Until 1:41PM
Variyan Until 7:44PM
Kaulava Until 7:41PM
Chaturthi* Until 9:08AM

Ganesha: Purple Sunrise: 6:12AM
Muruga: Clear Sunset: 5:04PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

3

Thursday, October 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Albany, NY
Sun 4 Sutra 186

Mithuna Rasi: 3.12 Tihi 20 - 21

Routine Work Marana Yoga

Gulika 8:56AM - 10:17AM
Yama 6:13AM - 7:35AM
Rahu 12:59PM - 2:20PM

Mrigashira Until 11:46AM
Parigha* Until 4:31PM
Vanija Until 4:09AM Fri
Panchami Until 6:21AM

Ganesha: Purple Sunrise: 6:13AM
Muruga: Clear Sunset: 5:03PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

4

Friday, October 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY
Sun 5 Sutra 187

Mithuna Rasi: 17.23 Tihi 22

Creative Work Siddha Yoga

Gulika 7:35AM - 8:56AM
Yama 2:20PM - 3:40PM
Rahu 10:17AM - 11:38AM

Ardra Until 10:19AM
Shiva Until 1:51PM
Visti Until 3:19PM
Saptami Until 2:39AM Sat

Ganesha: Purple Sunrise: 6:15AM
Muruga: Clear Sunset: 5:01PM
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

D

Saturday, October 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY
Sun 6 Sutra 188

Kataka Rasi: 1.08 Tihi 23

Creative Work Siddha Yoga

Gulika 6:16AM - 7:36AM
Yama 12:58PM - 2:19PM
Rahu 8:57AM - 10:17AM

Punarvasu Until 9:53AM
Siddha Until 11:44AM
Balava Until 2:12PM
Ashtami* Until 1:55AM Sun

Ganesha: Clear Sunrise: 6:16AM
Muruga: Clear Sunset: 5:00PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY
Sun 7 Sutra 189

Kataka Rasi: 14.27 Tihi 24

Creative Work Siddha Yoga

Gulika 2:18PM - 3:38PM
Yama 11:38AM - 12:58PM
Rahu 3:38PM - 4:58PM

Pushya Until 10:03AM
Sadhya Until 10:14AM
Taitila Until 1:51PM
Navami* Until 1:56AM Mon

Ganesha: Clear Sunrise: 6:17AM
Muruga: Clear Sunset: 4:58PM
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudev.org/panchang

1		Monday, October 24, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
Kataka Rasi: 27.22		Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8		Sutra 190		Durumukha 5118	
Family Home Evening		Gulika	12:57PM – 2:17PM	Ashlesha* Until 10:47AM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM			
Creative Work Siddha Yoga		Yama	10:18AM – 11:38AM	Subha Until 9:20AM	Muruga: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 27		
Until 10:47AM		Rahu	7:38AM – 8:58AM	Vanija Until 2:14PM	Nataraja: Clear			2nd Phase	
Then Routine Work - Marana Yoga						Moon – Blue	Subha Sivaloka Day		
						Ashvina-Aipasi			

2		Tuesday, October 25, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY	
Simha Rasi: 9.58		Magha* Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 191		Durumukha 5118	
Creative Work Siddha Yoga		Gulika	11:37AM – 12:57PM	Magha* Until 12:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM			
		Yama	8:58AM – 10:18AM	Sukla Until 8:55AM	Muruga: Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 27		
		Rahu	2:16PM – 3:36PM	Bava Until 3:17PM	Nataraja: Clear			2nd Phase	
						Moon – Red	Sivaloka Day		
						Ashvina-Aipasi		Tour Day	
								Ekadashi* Until 3:59AM Wed	

3		Wednesday, October 26, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY	
Simha Rasi: 22.19		Purvaphalguni Nakshatra Brahma/Indra Yoga Kaulava/Tailita Karana Dvadashyam Titau		Sun 10		Sutra 191		Durumukha 5118	
Creative Work Amrita Yoga		Gulika	10:18AM – 11:37AM	Purvaphalguni Until 2:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM			
		Yama	7:40AM – 8:59AM	Brahma Until 8:57AM	Muruga: Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 27		
		Rahu	11:37AM – 12:57PM	Kaulava Until 4:51PM	Nataraja: Clear			2nd Phase	
						Moon – Red	Sivaloka Day		
						Ashvina-Aipasi			
								Dvadashi* Until 5:47AM Thu	

4		Thursday, October 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY	
Kanya Rasi: 4.28		Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara Karana Trayodashyam Titau		Sun 11		Sutra 193		Durumukha 5118	
Amrita Yoga		Gulika	9:00AM – 10:18AM	Uttaraphalguni Until 4:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM			
Until 4:49PM		Yama	6:22AM – 7:41AM	Indra Until 9:20AM	Muruga: Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 27		
Then Routine Work - Marana Yoga		Rahu	12:56PM – 2:15PM	Gara Until 6:49PM	Nataraja: Clear			2nd Phase	
						Moon – Red	Sivaloka Day		
						Ashvina-Aipasi			
								Trayodashi* Until 7:54AM Fri	
						<i>Pradosha Vrata (Fasting)</i>			

5		Friday, October 28, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY	
Kanya Rasi: 16.3		Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 194		Durumukha 5118	
Creative Work Amrita Yoga		Gulika	7:42AM – 9:00AM	Hasta Until 7:42PM	Ganesha: Orange	<i>Sunrise:</i> 6:23AM			
Until 7:42PM		Yama	2:14PM – 3:33PM	Vaidhriti* Until 9:55AM	Muruga: Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 27		
Then Creative Work - Siddha Yoga		Rahu	10:19AM – 11:37AM	Visti Until 9:04PM	Nataraja: Clear			2nd Phase	
		Deepavali Hindu Solidarity Day				Moon – Green	Sivaloka Day		
						Ashvina-Aipasi			
								Trayodashi* Until 7:54AM	

●		Saturday, October 29, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Retreat Star		Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 195		Durumukha 5118	
Kanya Rasi: 28.26		Gulika	6:24AM – 7:43AM	Chitra Until 10:34PM	Ganesha: Orange	<i>Sunrise:</i> 6:24AM			
Routine Work Marana Yoga		Yama	12:55PM – 2:14PM	Vishkambha* Until 10:40AM	Muruga: Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 27		
Until 10:34PM		Rahu	9:01AM – 10:19AM	Catuspada Until 11:28PM	Nataraja: Clear			Amavasya	
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi				Moon – Green	Sivaloka Day		
						Ashvina-Aipasi			
								Chaturdashi* Until 10:14AM	

●		Sunday, October 30, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Retreat Star		Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 196		Durumukha 5118	
Tula Rasi: 10.2		Gulika	2:13PM – 3:31PM	Svati Until 1:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:26AM			
Creative Work Siddha Yoga		Yama	11:37AM – 12:55PM	Priti Until 11:31AM	Muruga: Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 27		
Until 1:21AM Mon		Rahu	3:31PM – 4:49PM	Kintughna Until 1:58AM Mon	Nataraja: Clear			Prathama	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins				Moon – Green	Sivaloka Day		
						Kartika-Aipasi			
								Amavasya* Until 12:41PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Monday, October 31, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Albany, NY Sun 15 Sutra 197 Durmukha 5118
Tula Rasi: 22.12	Titthi 1 – 2	Gulika	12:55PM – 2:12PM	Vishakha Until 4:29AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:27AM	
Family Home Evening	672451364	Rahu	7:44AM – 9:02AM	Ayushman Until 12:22PM	Muruga: Clear	<i>Sunset:</i> 4:47PM	
Routine Work	Marana Yoga			Balava Until 4:28AM Tue	Nataraja: Clear	Moon 10 - Phase 28	
Until 4:29AM Tue				Prathama* Until 3:12PM	Moon – Orange	3rd Phase	
Then Creative Work - Siddha Yoga					Karttika-Aipasi	Sivaloka Day	

2		Tuesday, November 1, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Albany, NY Sun 16 Sutra 198 Durmukha 5118
Vrischika Rasi: 4.04	Titthi 2 – 3	Gulika	11:37AM – 12:54PM	Anuradha Until 7:25AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:28AM	
	672451364	Rahu	2:12PM – 3:29PM	Saubhagya Until 1:14PM	Muruga: Clear	<i>Sunset:</i> 4:46PM	
Creative Work	Siddha Yoga			Taitila Until 6:56AM Wed	Nataraja: Clear	Moon 10 - Phase 28	
				Dvitiya Until 5:41PM	Moon – Orange	3rd Phase	
					Karttika-Aipasi	Sivaloka Day	

3		Wednesday, November 2, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau	Albany, NY Sun 17 Sutra 199 Durmukha 5118
Vrischika Rasi: 15.57	Titthi 3	Gulika	10:20AM – 11:37AM	Anuradha Until 7:25AM	Ganesh: Clear	<i>Sunrise:</i> 6:29AM	
	672451364	Rahu	11:37AM – 12:54PM	Sobhana Until 2:03PM	Muruga: Clear	<i>Sunset:</i> 4:45PM	
Creative Work	Siddha Yoga			Taitila Until 6:56AM	Nataraja: Clear	Moon 10 - Phase 28	
				Tritiya Until 8:06PM	Moon – Orange	3rd Phase	
					Karttika-Aipasi	Sivaloka Day	

4		Thursday, November 3, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthiyam Titau	Albany, NY Sun 18 Sutra 200 Durmukha 5118
Vrischika Rasi: 27.53	Titthi 4	Gulika	9:04AM – 10:20AM	Jyeshtha* Until 10:03AM	Ganesh: Clear	<i>Sunrise:</i> 6:31AM	
	672451364	Rahu	12:54PM – 2:10PM	Athiganda* Until 2:44PM	Muruga: Clear	<i>Sunset:</i> 4:44PM	
Routine Work	Prabalarishta Yoga			Vanija Until 9:16AM	Nataraja: Clear	Moon 10 - Phase 28	
Until 10:03AM				Chaturthi* Until 10:20PM	Moon – Orange	3rd Phase	
Then Creative Work - Siddha Yoga					Karttika-Aipasi	Sivaloka Day	

5		Friday, November 4, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau	Albany, NY Sun 19 Sutra 201 Durmukha 5118
Dhanus Rasi: 9.54	Titthi 5	Gulika	7:48AM – 9:04AM	Mula* Until 12:48PM	Ganesh: Purple	<i>Sunrise:</i> 6:32AM	
	682451364	Rahu	10:21AM – 11:37AM	Sukarma Until 3:15PM	Muruga: Clear	<i>Sunset:</i> 4:42PM	
Creative Work	Amrita Yoga			Bava Until 11:22AM	Nataraja: Clear	Moon 10 - Phase 28	
Until 12:48PM				Panchami Until 12:17AM Sat	Moon – Light Blue	3rd Phase	
Then Routine Work - Prabalarishta Yoga					Karttika-Aipasi	Subha Sivaloka Day	

6		Saturday, November 5, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau	Albany, NY Sun 20 Sutra 202 Durmukha 5118
Dhanus Rasi: 22.02	Titthi 6	Gulika	6:33AM – 7:49AM	Purvashadha* Until 3:02PM	Ganesh: Purple	<i>Sunrise:</i> 6:33AM	
	682451364	Rahu	9:05AM – 10:21AM	Dhriti Until 3:29PM	Muruga: Clear	<i>Sunset:</i> 4:41PM	
Creative Work	Siddha Yoga			Kaulava Until 1:07PM	Nataraja: Clear	Moon 10 - Phase 28	
Until 3:02PM				Shashthi* Until 1:48AM Sun	Moon – Light Blue	3rd Phase	
Then Routine Work - Marana Yoga		Skanda Shasthi			Karttika-Aipasi	Subha Sivaloka Day	

Retreat Star		Sunday, November 6, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau	Albany, NY Sun 21 Sutra 203 Durmukha 5118
Makara Rasi: 4.23	Titthi 7	Gulika	2:09PM – 3:24PM	Uttarashadha Until 4:36PM	Ganesh: Clear	<i>Sunrise:</i> 6:34AM	
	782451364	Rahu	3:24PM – 4:40PM	Shula* Until 3:17PM	Muruga: Clear	<i>Sunset:</i> 4:40PM	
Creative Work	Amrita Yoga			Gara Until 2:22PM	Nataraja: Clear	Moon 10 - Phase 28	
				Saptami Until 2:43AM Mon	Moon – Light Blue	3rd Phase	
					Karttika-Aipasi	Sivaloka Day	

Retreat Star		Monday, November 7, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ashtamyam Titau	Albany, NY Sun 22 Sutra 204 Durmukha 5118
Makara Rasi: 16.59	Titthi 8	Gulika	12:53PM – 2:08PM	Shravana Until 5:50PM	Ganesh: Clear	<i>Sunrise:</i> 6:36AM	
Family Home Evening	793451364	Rahu	7:51AM – 9:06AM	Ganda* Until 2:35PM	Muruga: Clear	<i>Sunset:</i> 4:39PM	
Creative Work	Amrita Yoga			Visti Until 2:56PM	Nataraja: Clear	Moon 10 - Phase 28	
Until 5:50PM				Ashtami* Until 2:55AM Tue	Moon – Purple	Ashtami	
Then Creative Work - Siddha Yoga					Karttika-Aipasi	Sivaloka Day	

Retreat Star		Tuesday, November 8, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau	Albany, NY Sun 23 Sutra 205 Durmukha 5118
Makara Rasi: 29.56	Titthi 9	Gulika	11:37AM – 12:52PM	Dhanishtha Until 6:08PM	Ganesh: Purple	<i>Sunrise:</i> 6:37AM	
	793551364	Rahu	2:08PM – 3:23PM	Vridhi Until 1:18PM	Muruga: Clear	<i>Sunset:</i> 4:38PM	
Creative Work	Siddha Yoga			Balava Until 2:44PM	Nataraja: Clear	Moon 10 - Phase 28	
Until 6:08PM				Navami* Until 2:18AM Wed	Moon – Purple	Navami	
Then Routine Work - Marana Yoga					Karttika-Aipasi	Subha Sivaloka Day	


According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Wednesday, November 9, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Tailita/Gara Karana Dashamyam Titau		Albany, NY Sun 24 Sutra 206 Durmukha 5118
Kumbha Rasi: 13.19	Tithi 10	Gulika	10:23AM – 11:37AM	Shatabhishak Until 5:30PM	Ganesha: Purple	<i>Sunrise: 6:38AM</i>		
		Yama	7:53AM – 9:08AM	Dhruva Until 11:21AM	Muruga: Clear	<i>Sunset: 4:37PM</i>	Moon 10 - Phase 29	
		793551364 Rahu	11:37AM – 12:52PM	Tailita Until 1:42PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 12:52AM Thu	Moon – Purple			Subha Sivaloka Day
Until 5:30PM					Kartika•Aipasi			
Then Creative Work - Amrita Yoga								

2		Thursday, November 10, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau		Albany, NY Sun 25 Sutra 207 Durmukha 5118
Kumbha Rasi: 27.11	Tithi 11	Gulika	9:08AM – 10:23AM	Purvaproshtapada* Until 4:23PM	Ganesha: Blue	<i>Sunrise: 6:39AM</i>		
		Yama	6:39AM – 7:54AM	Vyaghata* Until 8:46AM	Muruga: Clear	<i>Sunset: 4:36PM</i>	Moon 10 - Phase 29	
		713551364 Rahu	12:52PM – 2:07PM	Vanija Until 11:53AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 10:41PM	Moon – Clear			Subha Sivaloka Day
					Kartika•Aipasi			

3		Friday, November 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Albany, NY Sun 26 Sutra 208 Durmukha 5118
Meena Rasi: 11.31	Tithi 12	Gulika	7:55AM – 9:09AM	Uttaraproshtapada Until 2:26PM	Ganesha: Blue	<i>Sunrise: 6:41AM</i>		
		Yama	2:06PM – 3:20PM	Vajra* Until 1:56AM Sat	Muruga: Clear	<i>Sunset: 4:35PM</i>	Moon 10 - Phase 29	
		713551364 Rahu	10:23AM – 11:38AM	Bava Until 9:21AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 7:50PM	Moon – Clear			Subha Sivaloka Day
					Kartika•Aipasi			

4		Saturday, November 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 27 Sutra 209 Durmukha 5118
Meena Rasi: 26.17	Tithi 13 – 14	Gulika	6:42AM – 7:56AM	Revati Until 11:48AM	Ganesha: Blue	<i>Sunrise: 6:42AM</i>		
		Yama	12:52PM – 2:06PM	Siddhi Until 9:53PM	Muruga: Clear	<i>Sunset: 4:34PM</i>	Moon 10 - Phase 29	
		713551364 Rahu	9:10AM – 10:24AM	Kaulava Until 6:14AM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga			Trayodashi Until 4:29PM	Moon – Clear			Subha Sivaloka Day
Until 11:48AM				<i>Pradosha Vrata</i>	Kartika•Aipasi			
Then Creative Work - Siddha Yoga								

		Sunday, November 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Albany, NY Sun 28 Sutra 210 Durmukha 5118
Copper Retreat Star		Gulika	2:05PM – 3:19PM	Ashvini Until 9:03AM	Ganesha: Yellow	<i>Sunrise: 6:43AM</i>		
Mesha Rasi: 11.23	Tithi 14 – 15	Yama	11:38AM – 12:52PM	Vyatipata* Until 5:36PM	Muruga: Clear	<i>Sunset: 4:33PM</i>	Moon 10 - Phase 29	
		723551364 Rahu	3:19PM – 4:33PM	Visti Until 10:52PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:47PM	Moon – White			Sivaloka Day
Until 9:03AM					Kartika•Aipasi			
Then Routine Work - Prabalarishta Yoga								

Monday, November 14, 2016		Silver Retreat Star				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Albany, NY Sun 29 Sutra 211 Durmukha 5118
Mesha Rasi: 26.41	Tithi 15 – 16	Gulika	12:52PM – 2:05PM	Krittika Until 2:42AM Tue	Ganesha: Yellow	<i>Sunrise: 6:44AM</i>		
Family Home Evening		Yama	10:25AM – 11:38AM	Variyan Until 1:10PM	Muruga: Clear	<i>Sunset: 4:32PM</i>	Moon 10 - Phase 29	
		723551364 Rahu	7:58AM – 9:11AM	Balava Until 6:58PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga			Purnima* Until 8:54AM	Moon – White			Sivaloka Day
Until 2:42AM Tue					Kartika•Aipasi			
Then Creative Work - Amrita Yoga								

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Tuesday, November 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY

Sutra 212

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 12 Tiithi 17

733551364

Gulika 11:38AM – 12:52PM
Yama 9:12AM – 10:25AM
Rahu 2:05PM – 3:18PM

Rohini Until 11:53PM
Parigha* Until 8:47AM
Taitila Until 3:10PM
Dvitiya Until 1:20AM Wed

Ganesha: White *Sunrise:* 6:46AM
Muruga: Clear *Sunset:* 4:31PM
Nataraja: Clear
Moon – Yellow

Karttika-Karttikai

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 11:53PM

Then Creative Work - Siddha Yoga

1

Wednesday, November 16, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Albany, NY

Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 27.1 Tiithi 18

733551365

Gulika 10:26AM – 11:39AM
Yama 8:00AM – 9:13AM
Rahu 11:39AM – 12:51PM

Mrigashira Until 9:16PM
Siddha Until 12:42AM Thu
Vanija Until 11:38AM
Tritiya Until 10:00PM

Ganesha: White *Sunrise:* 6:47AM
Muruga: Clear *Sunset:* 4:30PM
Nataraja: White
Moon – Yellow

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

2

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY

Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 12.01 Tiithi 19

733551365

Gulika 9:13AM – 10:26AM
Yama 6:48AM – 8:01AM
Rahu 12:51PM – 2:04PM

Ardra Until 7:03PM
Sadhya Until 9:16PM
Bava Until 8:32AM
Chaturthi* Until 7:12PM

Ganesha: White *Sunrise:* 6:48AM
Muruga: Clear *Sunset:* 4:29PM
Nataraja: White
Moon – Yellow

Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga
Until 7:03PM

Then Creative Work - Amrita Yoga

3

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 26.25 Tiithi 20 – 21

743551365

Gulika 8:02AM – 9:14AM
Yama 2:04PM – 3:16PM
Rahu 10:27AM – 11:39AM

Punarvasu Until 5:47PM
Subha Until 6:25PM
Kaulava Until 6:04AM
Panchami Until 5:05PM

Ganesha: Clear *Sunrise:* 6:49AM
Muruga: Clear *Sunset:* 4:29PM
Nataraja: White
Moon – Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 5:47PM

Then Routine Work - Marana Yoga

4

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY

Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 10.2 Tiithi 21 – 22

743551365

Gulika 6:50AM – 8:03AM
Yama 12:51PM – 2:04PM
Rahu 9:15AM – 10:27AM

Pushya Until 5:11PM
Sukla Until 4:11PM
Visti Until 3:28AM Sun
Shashthi* Until 3:47PM

Ganesha: Clear *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 4:28PM
Nataraja: White
Moon – Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 5:11PM

Then Routine Work - Marana Yoga

5

Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 23.46 Tiithi 22 – 23

743551365

Gulika 2:03PM – 3:15PM
Yama 11:39AM – 12:51PM
Rahu 3:15PM – 4:27PM

Ashlesha* Until 5:17PM
Brahma Until 2:40PM
Balava Until 3:30AM Mon
Saptami Until 3:21PM

Ganesha: Clear *Sunrise:* 6:52AM
Muruga: Clear *Sunset:* 4:27PM
Nataraja: White
Moon – Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 5:17PM

Then Routine Work - Marana Yoga

D

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Simha Rasi: 6.43 Tiithi 23 – 24

754551365

Gulika 12:51PM – 2:03PM
Yama 10:28AM – 11:40AM
Rahu 8:05AM – 9:16AM

Magha* Until 6:33PM
Indra Until 1:50PM
Taitila Until 4:22AM Tue
Ashtami* Until 3:49PM

Ganesha: Clear *Sunrise:* 6:53AM
Muruga: Clear *Sunset:* 4:27PM
Nataraja: White
Moon – Red

Karttika-Karttikai

Devaloka Day

Routine Work Marana Yoga

Until 6:33PM

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Albany, NY

Sun 7 Sutra 219

Durmukha 5118

Moon 11 - Phase 30

Navami

Simha Rasi: 19.16 Tiithi 24 – 25

754551365

Gulika 11:40AM – 12:51PM
Yama 9:17AM – 10:29AM
Rahu 2:03PM – 3:14PM

Purvaphalguni Until 8:24PM
Vaidhriti* Until 1:35PM
Vanija Until 5:57AM Wed
Navami* Until 5:04PM

Ganesha: Clear *Sunrise:* 6:54AM
Muruga: Clear *Sunset:* 4:26PM
Nataraja: White
Moon – Red

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 8:24PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

1		Wednesday, November 23, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY	
Kanya Rasi: 1.32		Tihti 25		Uttaraphalguni Nakshatra Vishkambha* Priti Yoga Visti* Karana Dashamyam Titau		Sun 8		Sutra 220	
		Gulika	10:29AM - 11:40AM	Uttaraphalguni Until 10:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:55AM	Durmukha 5118		
		Yama	8:07AM - 9:18AM	Vishkambha* Until 1:51PM	Muruga: Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 31		
Creative Work Amrita Yoga		754551365	Rahu	11:40AM - 12:52PM	Nataraja: White	Moon - Red			
Until 10:39PM					Moon - Red		Devaloka Day		
Then Routine Work - Marana Yoga					Karttika-Karttikai				

2		Thursday, November 24, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY	
Kanya Rasi: 13.35		Tihti 26		Hasta Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 221	
		Gulika	9:19AM - 10:30AM	Hasta Until 1:36AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:58AM	Durmukha 5118		
		Yama	6:56AM - 8:07AM	Priti Until 2:28PM	Muruga: Clear	<i>Sunset:</i> 4:25PM	Moon 11 - Phase 31		
Routine Work Marana Yoga		764551365	Rahu	12:52PM - 2:03PM	Nataraja: White	Moon - Green			
Until 1:36AM Fri					Moon - Green		Bhuloka Day		
Then Creative Work - Siddha Yoga					Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM		

3		Friday, November 25, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY	
Kanya Rasi: 25.3		Tihti 27		Chitra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 10		Sutra 222	
		Gulika	8:08AM - 9:19AM	Chitra Until 4:35AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:58AM	Durmukha 5118		
		Yama	2:03PM - 3:13PM	Ayushman Until 3:15PM	Muruga: Clear	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 31		
Creative Work Siddha Yoga		764551365	Rahu	10:30AM - 11:41AM	Nataraja: White	Moon - Green			
Until 7:25AM					Moon - Green		Bhuloka Day		
Then Routine Work - Marana Yoga					Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM		

4		Saturday, November 26, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Tula Rasi: 7.21		Tihti 28		Svati Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 223	
		Gulika	6:59AM - 8:09AM	Svati Until 7:25AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:59AM	Durmukha 5118		
		Yama	12:52PM - 2:02PM	Saubhagya Until 4:08PM	Muruga: Clear	<i>Sunset:</i> 4:24PM	Moon 11 - Phase 31		
Creative Work Siddha Yoga		764551365	Rahu	9:20AM - 10:31AM	Nataraja: White	Moon - Green			
Until 7:25AM Sun					Moon - Green		Bhuloka Day		
Then Routine Work - Marana Yoga					Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM		

5		Sunday, November 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Tula Rasi: 19.12		Tihti 29		Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 224	
		Gulika	2:02PM - 3:13PM	Svati Until 7:25AM	Ganesha: Purple	<i>Sunrise:</i> 7:00AM	Durmukha 5118		
		Yama	11:42AM - 12:52PM	Sobhana Until 5:01PM	Muruga: Clear	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 31		
Creative Work Siddha Yoga		764551365	Rahu	3:13PM - 4:23PM	Nataraja: White	Moon - Green			
Until 7:25AM					Moon - Green		Bhuloka Day		
Then Routine Work - Marana Yoga					Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM		

Monday, November 28, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
Vriscika Rasi: 1.04		Tihti 30		Vishakha Nakshatra Athiganda*/Sukarma Yoga Catuspada* Karana Amavasyayam Titau		Sun 13		Sutra 225	
Family Home Evening		Gulika	12:52PM - 2:02PM	Vishakha Until 10:33AM	Ganesha: Light Blue	<i>Sunrise:</i> 7:01AM	Durmukha 5118		
Routine Work Marana Yoga		Yama	10:32AM - 11:42AM	Athiganda* Until 5:49PM	Muruga: Clear	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 31		
Until 10:33AM		774551365	Rahu	8:11AM - 9:21AM	Nataraja: White	Moon - Orange			
Then Creative Work - Siddha Yoga					Moon - Orange		Bhuloka Day		
					Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM		

Tuesday, November 29, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Albany, NY	
Vriscika Rasi: 12.59		Tihti 30 - 1		Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 226	
		Gulika	11:42AM - 12:52PM	Anuradha Until 1:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:02AM	Durmukha 5118		
		Yama	9:22AM - 10:32AM	Sukarma Until 6:31PM	Muruga: Clear	<i>Sunset:</i> 4:23PM	Moon 11 - Phase 31		
Creative Work Siddha Yoga		774551365	Rahu	2:02PM - 3:12PM	Nataraja: White	Moon - Orange			
Until 1:22PM					Moon - Orange		Bhuloka Day		
Then Routine Work - Marana Yoga					Margasira-Karttikai		Devaloka Time: 12:PM to 3:PM		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Wednesday, November 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam				Albany, NY
	Vriscika Rasi: 24.58 Tiithi 1 – 2		Jyeshtha* Mula* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 227
	774551365		Gulika 10:33AM – 11:43AM	Jyeshtha* Until 3:52PM	Ganesh: Light Blue <i>Sunrise:</i> 7:03AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 8:13AM – 9:23AM	Dhriti Until 7:06PM	Muruga: Clear <i>Sunset:</i> 4:22PM	Moon 11 - Phase 32		
Until 3:52PM		Rahu 11:43AM – 12:53PM	Balava Until 10:37PM	Nataraja: White	3rd Phase		
Then Routine Work - Marana Yoga		Prathama* Until 9:33AM			Moon – Orange	Bhuloka Day	
					Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM	

2	Thursday, December 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam				Albany, NY
	Dhanus Rasi: 7.01 Tiithi 2 – 3		Mula* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 16 Sutra 228
	784551365		Gulika 9:24AM – 10:33AM	Mula* Until 6:30PM	Ganesh: Purple <i>Sunrise:</i> 7:04AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 7:04AM – 8:14AM	Shula* Until 7:29PM	Muruga: Clear <i>Sunset:</i> 4:22PM	Moon 11 - Phase 32		
Until 8:52PM		Rahu 12:53PM – 2:02PM	Taitila Until 12:34AM Fri	Nataraja: White	3rd Phase		
Then Routine Work - Marana Yoga		Dvitiya Until 11:36AM			Moon – Light Blue	Bhuloka Day	
					Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM	

3	Friday, December 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam				Albany, NY
	Dhanus Rasi: 19.09 Tiithi 3 – 4		Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Sun 17 Sutra 229
	784551365		Gulika 8:15AM – 9:24AM	Purvashadha* Until 8:43PM	Ganesh: Purple <i>Sunrise:</i> 7:05AM	Durmukha 5118	
Routine Work Prabalarishta Yoga		Yama 2:03PM – 3:12PM	Ganda* Until 7:41PM	Muruga: Clear <i>Sunset:</i> 4:22PM	Moon 11 - Phase 32		
Until 8:43PM		Rahu 10:34AM – 11:43AM	Vanija Until 2:13AM Sat	Nataraja: White	3rd Phase		
Then Routine Work - Marana Yoga		Tritiya Until 1:24PM			Moon – Light Blue	Bhuloka Day	
					Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM	

4	Saturday, December 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam				Albany, NY
	Makara Rasi: 1.25 Tiithi 4 – 5		Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 230
	785651365		Gulika 7:06AM – 8:16AM	Uttarashadha Until 10:26PM	Ganesh: Purple <i>Sunrise:</i> 7:06AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 12:53PM – 2:03PM	Vriddhi Until 7:38PM	Muruga: Clear <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32		
Until 10:26PM		Rahu 9:25AM – 10:34AM	Bava Until 3:30AM Sun	Nataraja: White	3rd Phase		
Then Creative Work - Siddha Yoga		Chaturthi* Until 2:54PM			Moon – Light Blue	Bhuloka Day	
					Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM	

5	Sunday, December 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Albany, NY
	Makara Rasi: 13.5 Tiithi 5 – 6		Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 19 Sutra 231
	795651365		Gulika 2:03PM – 3:12PM	Shravana Until 12:02AM Mon	Ganesh: Clear <i>Sunrise:</i> 7:07AM	Durmukha 5118	
Creative Work Amrita Yoga		Yama 11:44AM – 12:54PM	Dhruva Until 7:14PM	Muruga: Clear <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32		
Until 12:02AM Mon		Rahu 3:12PM – 4:21PM	Kaulava Until 4:19AM Mon	Nataraja: White	3rd Phase		
Then Creative Work - Siddha Yoga		Panchami Until 3:58PM			Moon – Purple	Devaloka Day	
					Margasira•Karttikai		

6	Monday, December 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam				Albany, NY
	Makara Rasi: 26.29 Tiithi 6 – 7		Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 232
	795651365		Gulika 12:54PM – 2:03PM	Dhanishtha Until 12:57AM Tue	Ganesh: Clear <i>Sunrise:</i> 7:08AM	Durmukha 5118	
Family Home Evening		Yama 10:36AM – 11:45AM	Vyaghata* Until 6:26PM	Muruga: Clear <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32		
Creative Work Siddha Yoga		Rahu 8:17AM – 9:26AM	Gara Until 4:33AM Tue	Nataraja: White	3rd Phase		
Until 12:57AM Tue		Shashthi* Until 4:30PM			Moon – Purple	Devaloka Day	
Then Routine Work - Marana Yoga					Margasira•Karttikai		

Retreat Star	Tuesday, December 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
	Kumbha Rasi: 9.24 Tiithi 7 – 8		Shatabhishak Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 233
	795651365		Gulika 11:45AM – 12:54PM	Shatabhishak Until 1:03AM Wed	Ganesh: Clear <i>Sunrise:</i> 7:09AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 9:27AM – 10:36AM	Harshana Until 5:09PM	Muruga: Clear <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32		
Until 1:03AM Wed		Rahu 2:03PM – 3:12PM	Visti Until 4:07AM Wed	Nataraja: White	3rd Phase		
Then Creative Work - Amrita Yoga		Saptami Until 4:24PM			Moon – Purple	Devaloka Day	
					Margasira•Karttikai		

Retreat Star	Wednesday, December 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam				Albany, NY
	Kumbha Rasi: 22.4 Tiithi 8 – 9		Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 234
	715651365		Gulika 10:37AM – 11:46AM	Purvaproshtapada* Until 12:47AM Thu	Ganesh: Red <i>Sunrise:</i> 7:10AM	Durmukha 5118	
Creative Work Amrita Yoga		Yama 8:19AM – 9:28AM	Vajra* Until 3:17PM	Muruga: Clear <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32		
Until 12:47AM Thu		Rahu 11:46AM – 12:54PM	Balava Until 2:58AM Thu	Nataraja: White	Ashtami		
Then Creative Work - Siddha Yoga		Ashtami* Until 3:37PM			Moon – Clear	Devaloka Day	
					Margasira•Karttikai		

Retreat Star	Thursday, December 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam				Albany, NY
	Meena Rasi: 6.2 Tiithi 9 – 10		Uttaraproshtapada Nakshatra Siddhi/Vyailpata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 235
	715651365		Gulika 9:29AM – 10:37AM	Uttaraproshtapada Until 11:40PM	Ganesh: Red <i>Sunrise:</i> 7:11AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 7:11AM – 8:20AM	Siddhi Until 12:53PM	Muruga: Clear <i>Sunset:</i> 4:21PM	Moon 11 - Phase 32		
Until 12:53PM		Rahu 12:55PM – 2:04PM	Taitila Until 1:07AM Fri	Nataraja: White	Navami		
		Navami* Until 2:07PM			Moon – Clear	Devaloka Day	
					Margasira•Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1 Friday, December 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Albany, NY Sun 24 Sutra 236
Meena Rasi: 20.25	Tithi 10 – 11	Gulika 8:21AM – 9:29AM	Revati Until 9:47PM	Ganesh: Red <i>Sunrise:</i> 7:12AM	Durmukha 5118
		Yama 2:04PM – 3:12PM	Vyatipata* Until 9:57AM	Muruga: Clear <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33
		715651365 Rahu 10:38AM – 11:46AM	Vanija Until 10:38PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:56AM	Moon – Clear	Devaloka Day
Until 9:47PM		Gita Jayanthi		Margasira•Karttikai	
Then Creative Work - Amrita Yoga					

2 Saturday, December 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Albany, NY Sun 25 Sutra 237
Mesha Rasi: 4.55	Tithi 11 – 12	Gulika 7:13AM – 8:21AM	Ashvini Until 7:39PM	Ganesh: Blue <i>Sunrise:</i> 7:13AM	Durmukha 5118
		Yama 12:55PM – 2:04PM	Variyan Until 6:31AM	Muruga: Clear <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33
		725651365 Rahu 9:30AM – 10:38AM	Bava Until 7:38PM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:11AM	Moon – White	Bhuloka Day
				Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM

3 Sunday, December 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Albany, NY Sun 26 Sutra 238
Mesha Rasi: 19.46	Tithi 13	Gulika 2:04PM – 3:13PM	Bharani Until 4:59PM	Ganesh: Blue <i>Sunrise:</i> 7:14AM	Durmukha 5118
		Yama 11:47AM – 12:56PM	Shiva Until 10:38PM	Muruga: Clear <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33
		725651365 Rahu 3:13PM – 4:21PM	Kaulava Until 4:15PM	Nataraja: White	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 2:27AM Mon	Moon – White	Bhuloka Day
Until 4:59PM			<i>Pradosha Vrata</i>	Margasira•Karttikai	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga					

4 Monday, December 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau			Albany, NY Sun 27 Sutra 239
Vrishabha Rasi: 4.52	Tithi 14	Gulika 12:56PM – 2:05PM	Krittika Until 1:59PM	Ganesh: Blue <i>Sunrise:</i> 7:14AM	Durmukha 5118
Family Home Evening		Yama 10:40AM – 11:48AM	Siddha Until 6:23PM	Muruga: White <i>Sunset:</i> 4:21PM	Moon 11 - Phase 33
		725661365 Rahu 8:23AM – 9:31AM	Gara Until 12:38PM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 10:46PM	Moon – White	Bhuloka Day
Until 1:59PM		Krittika Deepam		Margasira•Karttikai	Tour Day
Then Creative Work - Amrita Yoga					

○ Tuesday, December 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau			Albany, NY Sun 28 Sutra 240
Copper Retreat Star		Gulika 11:48AM – 12:57PM	Rohini Until 11:11AM	Ganesh: Red <i>Sunrise:</i> 7:15AM	Durmukha 5118
Vrishabha Rasi: 20.02	Tithi 15	Yama 9:32AM – 10:40AM	Sadhya Until 2:08PM	Muruga: White <i>Sunset:</i> 4:22PM	Moon 11 - Phase 33
		736661365 Rahu 2:05PM – 3:13PM	Visti Until 8:57AM	Nataraja: White	Purnima
Creative Work	Amrita Yoga		Purnima* Until 7:08PM	Moon – Yellow	Bhuloka Day
Until 11:11AM				Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

Wednesday, December 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Albany, NY Sun 29 Sutra 241
Silver Retreat Star		Gulika 10:41AM – 11:49AM	Mrigashira Until 8:24AM	Ganesh: Red <i>Sunrise:</i> 7:16AM	Durmukha 5118
Mithuna Rasi: 5.1	Tithi 16 – 17	Yama 8:24AM – 9:32AM	Subha Until 10:03AM	Muruga: White <i>Sunset:</i> 4:22PM	Moon 11 - Phase 33
		736661365 Rahu 11:49AM – 12:57PM	Taitila Until 2:08AM Thu	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:42PM	Moon – Yellow	Bhuloka Day
				Margasira•Karttikai	Devaloka Time: 6:AM to 9:AM

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY
Sun 1 Sutra 242
Durmukha 5118

Mithuna Rasi: 20.02 Tihi 17 - 18

746661365

Gulika 9:33AM - 10:41AM
Yama 7:17AM - 8:25AM
Rahu 12:58PM - 2:06PM

Punarvasu Until 3:57AM Fri
Sukla Until 6:12AM
Vanija Until 11:20PM

Ganesha: Green *Sunrise:* 7:17AM
Muruga: White *Sunset:* 4:22PM
Nataraja: White
Moon - Blue

Moon 12 - Phase 34
1st Phase

Creative Work Amrita Yoga
Until 3:57AM Fri

Markali Pillaiyar

Dvitiya Until 12:39PM

Margasira-Markali

Bhuloka Day

Then Routine Work - Marana Yoga

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Albany, NY
Sun 2 Sutra 243
Durmukha 5118

Kataka Rasi: 4.32 Tihi 18 - 19

846661365

Gulika 8:25AM - 9:34AM
Yama 2:06PM - 3:14PM
Rahu 10:42AM - 11:50AM

Pushya Until 2:39AM Sat
Indra Until 11:54PM
Bava Until 9:11PM
Tritiya Until 10:09AM

Ganesha: Red *Sunrise:* 7:17AM
Muruga: White *Sunset:* 4:22PM
Nataraja: White
Moon - Blue

Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY
Sun 3 Sutra 244
Durmukha 5118

Kataka Rasi: 18.35 Tihi 19 - 20

846661365

Gulika 7:18AM - 8:26AM
Yama 12:58PM - 2:07PM
Rahu 9:34AM - 10:42AM

Ashlesha* Until 1:59AM Sun
Vaidhriti* Until 9:38PM
Kaulava Until 7:48PM
Chaturthi* Until 8:22AM

Ganesha: Red *Sunrise:* 7:19AM
Muruga: White *Sunset:* 4:23PM
Nataraja: White
Moon - Blue

Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY
Sun 4 Sutra 245
Durmukha 5118

Simha Rasi: 2.08 Tihi 20 - 21

856661365

Gulika 2:07PM - 3:15PM
Yama 11:51AM - 12:59PM
Rahu 3:15PM - 4:23PM

Magha* Until 2:29AM Mon
Vishkambha* Until 8:04PM
Gara Until 7:18PM
Panchami Until 7:25AM

Ganesha: Green *Sunrise:* 7:19AM
Muruga: White *Sunset:* 4:23PM
Nataraja: White
Moon - Red

Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga
Until 2:29AM Mon

Margasira-Markali

Bhuloka Day

Then Creative Work - Siddha Yoga

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY
Sun 5 Sutra 246
Durmukha 5118

Simha Rasi: 15.13 Tihi 21 - 22

856661365

Gulika 12:59PM - 2:07PM
Yama 10:43AM - 11:51AM
Rahu 8:27AM - 9:35AM

Purvaphalguni Until 3:42AM Tue
Priti Until 7:12PM
Visti Until 7:43PM
Shashthi* Until 7:23AM

Ganesha: Green *Sunrise:* 7:19AM
Muruga: White *Sunset:* 4:24PM
Nataraja: White
Moon - Red

Moon 12 - Phase 34
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 3:42AM Tue

Margasira-Markali

Bhuloka Day

Then Creative Work - Amrita Yoga

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY
Sun 6 Sutra 247
Durmukha 5118

Simha Rasi: 27.51 Tihi 22 - 23

857661365

Gulika 11:52AM - 1:00PM
Yama 9:36AM - 10:44AM
Rahu 2:08PM - 3:16PM

Uttaraphalguni Until 5:30AM Wed
Ayushman Until 6:57PM
Balava Until 8:57PM
Saptami Until 8:13AM

Ganesha: White *Sunrise:* 7:20AM
Muruga: White *Sunset:* 4:24PM
Nataraja: White
Moon - Red

Moon 12 - Phase 34
Ashtami

Creative Work Amrita Yoga
Until 5:30AM Wed

Margasira-Markali

Bhuloka Day

Then Routine Work - Marana Yoga

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY
Sun 7 Sutra 248
Durmukha 5118

Kanya Rasi: 10.1 Tihi 23 - 24

867661365

Gulika 10:44AM - 11:52AM
Yama 8:28AM - 9:36AM
Rahu 11:52AM - 1:00PM

Hasta Until 8:12AM Thu
Saubhagya Until 7:14PM
Taitila Until 10:51PM
Ashtami* Until 9:48AM

Ganesha: Clear *Sunrise:* 7:20AM
Muruga: White *Sunset:* 4:25PM
Nataraja: White
Moon - Green

Moon 12 - Phase 34
Navami

Routine Work Marana Yoga
Until 8:12AM Thu

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Thursday, December 22, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Albany, NY Sun 8 Sutra 249	
Kanya Rasi: 22.13	Tithi 24 – 25	Gulika 9:37AM – 10:45AM	Hasta Until 8:12AM	Ganesha: Clear <i>Sunrise: 7:21AM</i>	Durmukha 5118		
		Yama 7:21AM – 8:29AM	Sobhana Until 7:53PM	Muruga: White <i>Sunset: 4:25PM</i>	Moon 12 - Phase 35		
		867661365 Rahu 1:01PM – 2:09PM	Vanija Until 1:12AM Fri	Nataraja: White	2nd Phase		
Routine Work	Marana Yoga	Day 2 of Pancha Ganapati		Moon – Green	Bhuloka Day		
Until 8:12AM				Margasira*Markali	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

2		Friday, December 23, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 9 Sutra 250	
Tula Rasi: 4.08	Tithi 25 – 26	Gulika 8:29AM – 9:37AM	Chitra Until 11:06AM	Ganesha: Clear <i>Sunrise: 7:21AM</i>	Durmukha 5118		
		Yama 2:10PM – 3:18PM	Athiganda* Until 8:42PM	Muruga: White <i>Sunset: 4:26PM</i>	Moon 12 - Phase 35		
		867661365 Rahu 10:45AM – 11:53AM	Bava Until 3:47AM Sat	Nataraja: White	2nd Phase		
Creative Work	Siddha Yoga	Day 3 of Pancha Ganapati		Moon – Green	Bhuloka Day		
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

3		Saturday, December 24, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Albany, NY Sun 10 Sutra 251	
Tula Rasi: 15.59	Tithi 26 – 27	Gulika 7:21AM – 8:30AM	Svati Until 1:57PM	Ganesha: Clear <i>Sunrise: 7:21AM</i>	Durmukha 5118		
		Yama 1:02PM – 2:10PM	Sukarma Until 9:35PM	Muruga: White <i>Sunset: 4:26PM</i>	Moon 12 - Phase 35		
		867661365 Rahu 9:38AM – 10:46AM	Kaulava Until 6:23AM Sun	Nataraja: White	2nd Phase		
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Moon – Green	Bhuloka Day		
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga							

4		Sunday, December 25, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau		Albany, NY Sun 11 Sutra 252	
Tula Rasi: 27.5	Tithi 27	Gulika 2:11PM – 3:19PM	Vishakha Until 5:06PM	Ganesha: Purple <i>Sunrise: 7:22AM</i>	Durmukha 5118		
		Yama 11:54AM – 1:03PM	Dhriti Until 10:25PM	Muruga: White <i>Sunset: 4:27PM</i>	Moon 12 - Phase 35		
		877661366 Rahu 3:19PM – 4:27PM	Kaulava Until 6:23AM	Nataraja: Green	2nd Phase		
Routine Work	Marana Yoga	Day 5 of Pancha Ganapati		Moon – Orange	Bhuloka Day		
				Margasira*Markali			
Then Creative Work - Siddha Yoga							

5		Monday, December 26, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 12 Sutra 253	
Vrischika Rasi: 9.44	Tithi 28	Gulika 1:03PM – 2:11PM	Anuradha Until 7:54PM	Ganesha: Purple <i>Sunrise: 7:22AM</i>	Durmukha 5118		
Family Home Evening		Yama 10:47AM – 11:55AM	Shula* Until 11:04PM	Muruga: White <i>Sunset: 4:28PM</i>	Moon 12 - Phase 35		
		877661366 Rahu 8:30AM – 9:39AM	Gara Until 8:51AM	Nataraja: Green	2nd Phase		
Creative Work	Siddha Yoga	Trayodashi* Until 9:59PM		Moon – Orange	Bhuloka Day		
				Margasira*Markali			
<i>Pradosha Vrata (Fasting)</i>							

6		Tuesday, December 27, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 13 Sutra 254	
Vrischika Rasi: 21.43	Tithi 29	Gulika 11:55AM – 1:04PM	Jyeshtha* Until 10:17PM	Ganesha: Clear <i>Sunrise: 7:22AM</i>	Durmukha 5118		
		Yama 9:39AM – 10:47AM	Ganda* Until 11:32PM	Muruga: White <i>Sunset: 4:28PM</i>	Moon 12 - Phase 35		
		878661366 Rahu 2:12PM – 3:20PM	Visti Until 11:05AM	Nataraja: Green	2nd Phase		
Routine Work	Marana Yoga	Chaturdashi* Until 12:04AM Wed		Moon – Orange	Bhuloka Day		
Until 10:17PM				Margasira*Markali	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga							

Retreat Star		Wednesday, December 28, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 14 Sutra 255	
Dhanus Rasi: 3.48	Tithi 30	Gulika 10:48AM – 11:56AM	Mula* Until 12:43AM Thu	Ganesha: Light Blue <i>Sunrise: 7:23AM</i>	Durmukha 5118		
		Yama 8:31AM – 9:39AM	Vriddhi Until 11:47PM	Muruga: White <i>Sunset: 4:29PM</i>	Moon 12 - Phase 35		
		888761366 Rahu 11:56AM – 1:04PM	Catuspada Until 1:01PM	Nataraja: Green	Amavasya		
Routine Work	Marana Yoga	Amavasya* Until 1:50AM Thu		Moon – Light Blue	Bhuloka Day		
Until 12:43AM Thu				Margasira*Markali			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, December 29, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 15 Sutra 256	
Dhanus Rasi: 16.02	Tithi 1	Gulika 9:40AM – 10:48AM	Purvashadha* Until 2:39AM Fri	Ganesha: Light Blue <i>Sunrise: 7:23AM</i>	Durmukha 5118		
		Yama 7:23AM – 8:31AM	Dhruva Until 11:45PM	Muruga: White <i>Sunset: 4:30PM</i>	Moon 12 - Phase 35		
		888761366 Rahu 1:05PM – 2:13PM	Kintughna Until 2:37PM	Nataraja: Green	Prathama		
Creative Work	Siddha Yoga	Prathama* Until 3:16AM Fri		Moon – Light Blue	Bhuloka Day		
Until 2:39AM Fri				Pausha*Markali			
Then Routine Work - Marana Yoga							

1		Friday, December 30, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 16 Sutra 257 Durmukha 5118
Dhanus Rasi: 28.23	Tithi 2	Gulika 8:32AM – 9:40AM	Uttarashadha Until 4:05AM Sat	Ganesha: Light Blue Sunrise: 7:23AM		
		Yama 2:14PM – 3:22PM	Vyaghata* Until 11:27PM	Muruga: White Sunset: 4:31PM		Moon 12 - Phase 36 3rd Phase
		888761366 Rahu 10:48AM – 11:57AM	Balava Until 3:52PM	Nataraja: Green Moon – Light Blue		
Routine Work	Marana Yoga		Dvitiya Until 4:20AM Sat	Pausha-Markali		Bhuloka Day
Until 4:05AM Sat						
Then Creative Work - Siddha Yoga						

2		Saturday, December 31, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau		Albany, NY Sun 17 Sutra 258 Durmukha 5118
Makara Rasi: 10.55	Tithi 3	Gulika 7:23AM – 8:32AM	Shravana Until 5:28AM Sun	Ganesha: Purple Sunrise: 7:23AM		
		Yama 1:06PM – 2:14PM	Harshana Until 10:54PM	Muruga: White Sunset: 4:32PM		Moon 12 - Phase 36 3rd Phase
		898761366 Rahu 9:40AM – 10:49AM	Taitila Until 4:45PM	Nataraja: Green Moon – Purple		
Creative Work	Siddha Yoga		Tritiya Until 5:02AM Sun	Pausha-Markali		Bhuloka Day
Until 5:28AM Sun						
Then Routine Work - Marana Yoga						

3		Sunday, January 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Albany, NY Sun 18 Sutra 259 Durmukha 5118
Makara Rasi: 23.36	Tithi 4	Gulika 2:14PM – 3:23PM	Dhanishtha Until 6:19AM Mon	Ganesha: Purple Sunrise: 7:23AM		
		Yama 11:57AM – 1:06PM	Vajra* Until 10:01PM	Muruga: White Sunset: 4:32PM		Moon 12 - Phase 36 3rd Phase
		898761366 Rahu 3:23PM – 4:32PM	Vanija Until 5:15PM	Nataraja: Green Moon – Purple		
Routine Work	Marana Yoga		Chaturthi* Until 5:20AM Mon	Pausha-Markali		Bhuloka Day
Until 6:19AM Mon						
Then Creative Work - Siddha Yoga						

4		Monday, January 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 19 Sutra 260 Durmukha 5118
Kumbha Rasi: 6.29	Tithi 5	Gulika 1:06PM – 2:15PM	Dhanishtha Until 6:19AM	Ganesha: Clear Sunrise: 7:23AM		
Family Home Evening		Yama 10:49AM – 11:58AM	Siddhi Until 8:49PM	Muruga: White Sunset: 4:32PM		Moon 12 - Phase 36 3rd Phase
		899761366 Rahu 8:32AM – 9:41AM	Bava Until 5:21PM	Nataraja: Green Moon – Purple		
Creative Work	Siddha Yoga		Panchami Until 5:12AM Tue	Pausha-Markali		Bhuloka Day Devaloka Time: 9:AM to 12:PM

5		Tuesday, January 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sun 20 Sutra 261 Durmukha 5118
Kumbha Rasi: 19.34	Tithi 6	Gulika 11:58AM – 1:07PM	Shatabhishak Until 6:36AM	Ganesha: Clear Sunrise: 7:23AM		
		Yama 9:41AM – 10:50AM	Vyatipata* Until 7:17PM	Muruga: White Sunset: 4:33PM		Moon 12 - Phase 36 3rd Phase
		899761366 Rahu 2:16PM – 3:25PM	Kaulava Until 4:59PM	Nataraja: Green Moon – Purple		
Routine Work	Marana Yoga		Shashthi* Until 4:36AM Wed	Pausha-Markali		Bhuloka Day Devaloka Time: 9:AM to 12:PM
			Vinayaga Viratam Ends			

6		Wednesday, January 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 21 Sutra 262 Durmukha 5118
Meena Rasi: 2.55	Tithi 7	Gulika 10:50AM – 11:59AM	Purvaproshtapada* Until 6:44AM	Ganesha: Red Sunrise: 7:23AM		
		Yama 8:32AM – 9:41AM	Variyan Until 5:21PM	Muruga: White Sunset: 4:34PM		Moon 12 - Phase 36 3rd Phase
		819761366 Rahu 11:59AM – 1:08PM	Gara Until 4:09PM	Nataraja: Green Moon – Clear		
Creative Work	Amrita Yoga		Saptami Until 3:31AM Thu	Pausha-Markali		Bhuloka Day Devaloka Time: 9:AM to 12:PM
Until 6:44AM						
Then Creative Work - Siddha Yoga						

☾		Thursday, January 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revali Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 22 Sutra 263 Durmukha 5118
Retreat Star		Gulika 9:41AM – 10:50AM	Uttaraproshtapada Until 6:14AM	Ganesha: Red Sunrise: 7:23AM		
Meena Rasi: 16.31	Tithi 8	Yama 7:23AM – 8:32AM	Parigha* Until 3:02PM	Muruga: White Sunset: 4:35PM		Moon 12 - Phase 36 Ashtami
		819761366 Rahu 1:08PM – 2:17PM	Visti Until 2:48PM	Nataraja: Green Moon – Clear		
Creative Work	Siddha Yoga		Ashtami* Until 1:55AM Fri	Pausha-Markali		Bhuloka Day Devaloka Time: 9:AM to 12:PM
			Subramuniyaswami Jayanti			

☽		Friday, January 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 23 Sutra 264 Durmukha 5118
Retreat Star		Gulika 8:32AM – 9:41AM	Ashvini Until 3:47AM Sat	Ganesha: Blue Sunrise: 7:23AM		
Mesha Rasi: 0.26	Tithi 9	Yama 2:18PM – 3:27PM	Shiva Until 12:20PM	Muruga: White Sunset: 4:36PM		Moon 12 - Phase 36 Navami
		829761366 Rahu 10:51AM – 12:00PM	Balava Until 12:58PM	Nataraja: Green Moon – White		
Creative Work	Amrita Yoga		Navami* Until 11:51PM	Pausha-Markali		Devaloka Day
Until 3:47AM Sat						
Then Creative Work - Siddha Yoga						


To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Albany, NY	
Mesha Rasi: 14.39		Gulika 7:23AM – 8:32AM		Bharani Until 1:55AM Sun		Ganesh: Blue Sunrise: 7:23AM		Sun 24 Sutra 265	
Tihti 10		Yama 1:09PM – 2:19PM		Siddha Until 9:15AM		Muruga: White Sunset: 4:37PM		Durmukha 5118	
829761366		Rahu 9:42AM – 10:51AM		Taitila Until 10:41AM		Nataraja: Green		Moon 12 - Phase 37	
Creative Work Siddha Yoga				Dashami Until 9:22PM		Moon – White		4th Phase	
						Pausha-Markali		Devaloka Day	

2		Sunday, January 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Mesha Rasi: 29.08		Gulika 2:19PM – 3:29PM		Krittika Until 11:37PM		Ganesh: Blue Sunrise: 7:23AM		Sun 25 Sutra 266	
Tihti 11		Yama 12:01PM – 1:10PM		Subha Until 2:16AM Mon		Muruga: White Sunset: 4:38PM		Durmukha 5118	
829761366		Rahu 3:29PM – 4:38PM		Vanija Until 8:01AM		Nataraja: Green		Moon 12 - Phase 37	
Creative Work Siddha Yoga				Ekadashi Until 6:33PM		Moon – White		4th Phase	
		Vaikuntha Ekadasi				Pausha-Markali		Devaloka Day	

3		Monday, January 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Albany, NY	
Vrishabha Rasi: 13.49		Gulika 1:11PM – 2:20PM		Rohini Until 9:25PM		Ganesh: Yellow Sunrise: 7:23AM		Sun 26 Sutra 267	
Tihti 12 – 13		Yama 10:51AM – 12:01PM		Sukla Until 10:31PM		Muruga: White Sunset: 4:39PM		Durmukha 5118	
Family Home Evening		Rahu 8:32AM – 9:42AM		Kaulava Until 1:59AM Tue		Nataraja: Green		Moon 12 - Phase 37	
839761366				Dvadashi Until 3:31PM		Moon – Yellow		4th Phase	
Creative Work Amrita Yoga				Pradosha Vrata		Pausha-Markali		Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

4		Tuesday, January 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Albany, NY	
Vrishabha Rasi: 28.37		Gulika 12:01PM – 1:11PM		Mrigashira Until 7:02PM		Ganesh: Clear Sunrise: 7:23AM		Sun 27 Sutra 268	
Tihti 13 – 14		Yama 9:42AM – 10:52AM		Brahma Until 6:44PM		Muruga: White Sunset: 4:40PM		Durmukha 5118	
831761366		Rahu 2:21PM – 3:31PM		Gara Until 10:54PM		Nataraja: Green		Moon 12 - Phase 37	
Creative Work Siddha Yoga				Trayodashi Until 12:25PM		Moon – Yellow		4th Phase	
Until 7:02PM						Pausha-Markali		Bhuloka Day	
Then Routine Work - Marana Yoga								Devaloka Time: 9:AM to12:PM	

		Wednesday, January 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Albany, NY	
Copper Retreat Star		Gulika 10:52AM – 12:02PM		Ardra Until 4:39PM		Ganesh: Clear Sunrise: 7:22AM		Sun 269 Sutra 269	
Mithuna Rasi: 13.23		Yama 8:32AM – 9:42AM		Indra Until 3:05PM		Muruga: White Sunset: 4:41PM		Durmukha 5118	
Tihti 14 – 15		Rahu 12:02PM – 1:12PM		Vistil Until 7:58PM		Nataraja: Green		Moon 12 - Phase 37	
831761366				Chaturdashi* Until 9:23AM		Moon – Yellow		Purnima	
Creative Work Siddha Yoga				Ardra Darshanam		Pausha-Markali		Bhuloka Day	
								Devaloka Time: 9:AM to12:PM	

Thursday, January 12, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY	
Mithuna Rasi: 28.01		Gulika 9:42AM – 10:52AM		Punarvasu Until 2:49PM		Ganesh: White Sunrise: 7:22AM		Sun 270 Sutra 270	
Tihti 15 – 16		Yama 7:22AM – 8:32AM		Vaidhriti* Until 11:37AM		Muruga: White Sunset: 4:43PM		Durmukha 5118	
841761366		Rahu 1:12PM – 2:22PM		Kaulava Until 4:10AM Fri		Nataraja: Green		Moon 12 - Phase 37	
Creative Work Amrita Yoga				Purnima* Until 6:35AM		Moon – Blue		Prathama	
						Pausha-Markali		Devaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Friday, January 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Albany, NY

Pushya/Ashlesha* Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Sutra 271

Kataka Rasi: 12.22 Tihti 17

Gulika 8:32AM - 9:42AM

Pushya Until 1:18PM

Ganesha: White

Sunrise: 7:22AM

Durmukha 5118

Yama 2:23PM - 3:33PM

Vishkambha* Until 8:31AM

Muruga: White

Sunset: 4:44PM

Moon 1 - Phase 38

841761366 Rahu 10:52AM - 12:03PM

Tailila Until 3:11PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Thai Pongal

Dvitiya Until 2:18AM Sat

Moon - Blue

Devaloka Day

Pausha*Thai

1

Saturday, January 14, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Albany, NY

Ashlesha*/Magha* Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Sun 1 Sutra 272

Kataka Rasi: 26.2 Tihti 18

Gulika 7:21AM - 8:32AM

Ashlesha* Until 12:14PM

Ganesha: White

Sunrise: 7:21AM

Durmukha 5118

Yama 1:13PM - 2:24PM

Ayushman Until 3:48AM Sun

Muruga: White

Sunset: 4:45PM

Moon 1 - Phase 38

841761366 Rahu 9:42AM - 10:53AM

Vanija Until 1:39PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Tritiya Until 1:08AM Sun

Moon - Blue

Devaloka Day

Pausha*Thai

Until 12:14PM

Then Creative Work - Amrita Yoga

2

Sunday, January 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Albany, NY

Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Sun 2 Sutra 273

Simha Rasi: 9.55 Tihti 19

Gulika 2:25PM - 3:35PM

Magha* Until 12:10PM

Ganesha: Yellow

Sunrise: 7:21AM

Durmukha 5118

Yama 12:03PM - 1:14PM

Saubhagya Until 2:20AM Mon

Muruga: White

Sunset: 4:46PM

Moon 1 - Phase 38

851761366 Rahu 3:35PM - 4:46PM

Bava Until 12:51PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Chaturthi* Until 12:44AM Mon

Moon - Red

Bhuloka Day

Pausha*Thai

Until 12:10PM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to 12:PM

3

Monday, January 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Albany, NY

Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Kaulava/Tailila Karana Panchamyam Titau

Sun 3 Sutra 274

Simha Rasi: 23.02 Tihti 20

Gulika 1:15PM - 2:25PM

Purvaphalguni Until 12:45PM

Ganesha: Yellow

Sunrise: 7:20AM

Durmukha 5118

Yama 10:53AM - 12:04PM

Sobhana Until 1:30AM Tue

Muruga: White

Sunset: 4:47PM

Moon 1 - Phase 38

Family Home Evening

851761366 Rahu 8:31AM - 9:42AM

Kaulava Until 12:52PM

Nataraja: Green

1st Phase

Creative Work Siddha Yoga

Panchami Until 1:09AM Tue

Moon - Red

Bhuloka Day

Pausha*Thai

Devaloka Time: 9:AM to 12:PM

4

Tuesday, January 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Albany, NY

Uttaraphalguni/Hasta Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 275

Kanya Rasi: 5.46 Tihti 21

Gulika 12:04PM - 1:15PM

Uttaraphalguni Until 1:57PM

Ganesha: Yellow

Sunrise: 7:20AM

Durmukha 5118

Yama 9:42AM - 10:53AM

Athiganda* Until 1:15AM Wed

Muruga: White

Sunset: 4:48PM

Moon 1 - Phase 38

851761366 Rahu 2:26PM - 3:37PM

Gara Until 1:41PM

Nataraja: Green

1st Phase

Creative Work Amrita Yoga

Shashthi* Until 2:21AM Wed

Moon - Red

Bhuloka Day

Pausha*Thai

Until 1:57PM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to 12:PM

5

Wednesday, January 18, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Albany, NY

Hasta/Chitra Nakshatra Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Sun 5 Sutra 276

Kanya Rasi: 18.1 Tihti 22

Gulika 10:53AM - 12:04PM

Hasta Until 4:08PM

Ganesha: Blue

Sunrise: 7:19AM

Durmukha 5118

Yama 8:31AM - 9:42AM

Sukarma Until 1:29AM Thu

Muruga: White

Sunset: 4:50PM

Moon 1 - Phase 38

861761366 Rahu 12:04PM - 1:16PM

Visti Until 3:13PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Saptami Until 4:11AM Thu

Moon - Green

Devaloka Day

Pausha*Thai

Until 4:08PM

Then Creative Work - Siddha Yoga

D

Thursday, January 19, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Albany, NY

Chitra Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 277

Tula Rasi: 0.18 Tihti 23

Gulika 9:42AM - 10:53AM

Chitra Until 6:42PM

Ganesha: Blue

Sunrise: 7:19AM

Durmukha 5118

Yama 7:19AM - 8:30AM

Dhriti Until 2:05AM Fri

Muruga: White

Sunset: 4:51PM

Moon 1 - Phase 38

Creative Work Siddha Yoga

861761366 Rahu 1:16PM - 2:28PM

Balava Until 5:18PM

Nataraja: Green

Ashtami

Until 6:42PM

Ashtami* Until 6:28AM Fri

Moon - Green

Devaloka Day

Pausha*Thai

Then Creative Work - Amrita Yoga

Friday, January 20, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Albany, NY

Svati Nakshatra Shula* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 278

Tula Rasi: 12.17 Tihti 23 - 24

Gulika 8:30AM - 9:42AM

Svati Until 9:24PM

Ganesha: Yellow

Sunrise: 7:18AM

Durmukha 5118

Yama 2:28PM - 3:40PM

Shula* Until 2:52AM Sat

Muruga: White

Sunset: 4:52PM

Moon 1 - Phase 38

Creative Work Siddha Yoga

862761366 Rahu 10:53AM - 12:05PM

Tailila Until 7:43PM

Nataraja: Green

Navami

Ashtami* Until 6:28AM

Moon - Green

Bhuloka Day

Pausha*Thai

Devaloka Time: 6:AM to 9:AM

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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1		Saturday, January 21, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY
Tula Rasi: 24.1		Tihti 24 – 25		Vishakha Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8		Sutra 279
		Gulika	7:17AM – 8:29AM	Vishakha Until 12:31AM Sun	Ganesh: Blue	<i>Sunrise:</i> 7:17AM	Durmukha 5118	
		Yama	1:17PM – 2:29PM	Ganda* Until 3:41AM Sun	Muruga: White	<i>Sunset:</i> 4:53PM	Moon 1 - Phase 39	
Creative Work Siddha Yoga		872861366	Rahu 9:41AM – 10:53AM	Vanija Until 10:16PM	Nataraja: Green	Moon – Orange		
Until 12:31AM Sun					Pausha*Thai		Bhuloka Day	
Then Routine Work - Marana Yoga								

2		Sunday, January 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Albany, NY
Vrischika Rasi: 6.02		Tihti 25 – 26		Anuradha Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9		Sutra 280
		Gulika	2:30PM – 3:42PM	Anuradha Until 3:23AM Mon	Ganesh: Red	<i>Sunrise:</i> 7:17AM	Durmukha 5118	
		Yama	12:06PM – 1:18PM	Vriddhi Until 4:26AM Mon	Muruga: White	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 39	
Routine Work Marana Yoga		872861366	Rahu 3:42PM – 4:54PM	Bava Until 12:42AM Mon	Nataraja: Green	Moon – Orange		
Until 3:23AM Mon					Pausha*Thai		Bhuloka Day	
Then Creative Work - Siddha Yoga							Devaloka Time: 9:AM to12:PM	

3		Monday, January 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY
Vrischika Rasi: 17.58		Tihti 26 – 27		Jyeshtha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 281
Family Home Evening		Gulika	1:18PM – 2:31PM	Jyeshtha* Until 5:49AM Tue	Ganesh: Red	<i>Sunrise:</i> 7:16AM	Durmukha 5118	
		Yama	10:53AM – 12:06PM	Dhruva Until 4:57AM Tue	Muruga: White	<i>Sunset:</i> 4:56PM	Moon 1 - Phase 39	
Creative Work Siddha Yoga		872861366	Rahu 8:28AM – 9:41AM	Kaulava Until 2:54AM Tue	Nataraja: Green	Moon – Orange		
Until 5:49AM Tue					Pausha*Thai		Bhuloka Day	
Then Creative Work - Amrita Yoga							Devaloka Time: 9:AM to12:PM	

4		Tuesday, January 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY
Vrischika Rasi: 30		Tihti 27 – 28		Mula* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 282
		Gulika	12:06PM – 1:19PM	Mula* Until 8:12AM Wed	Ganesh: Blue	<i>Sunrise:</i> 7:15AM	Durmukha 5118	
		Yama	9:41AM – 10:53AM	Vyaghata* Until 5:11AM Wed	Muruga: White	<i>Sunset:</i> 4:57PM	Moon 1 - Phase 39	
Creative Work Amrita Yoga		972861366	Rahu 2:32PM – 3:44PM	Gara Until 4:42AM Wed	Nataraja: Green	Moon – Orange		
					Pausha*Thai		Devaloka Day	
							Pradosha Vrata (Fasting)	

5		Wednesday, January 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY
Dhanus Rasi: 12.11		Tihti 28 – 29		Mula*/Purvashadha* Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 283
		Gulika	10:53AM – 12:06PM	Mula* Until 8:12AM	Ganesh: Red	<i>Sunrise:</i> 7:14AM	Durmukha 5118	
		Yama	8:27AM – 9:40AM	Harshana Until 5:06AM Thu	Muruga: White	<i>Sunset:</i> 4:58PM	Moon 1 - Phase 39	
Routine Work Marana Yoga		982861366	Rahu 12:06PM – 1:19PM	Visti Until 6:03AM Thu	Nataraja: Green	Moon – Light Blue		
Until 8:12AM					Pausha*Thai		Bhuloka Day	
Then Creative Work - Amrita Yoga							Devaloka Time: 9:AM to12:PM	

6		Thursday, January 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY
Dhanus Rasi: 24.35		Tihti 29		Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Sutra 284
		Gulika	9:40AM – 10:53AM	Purvashadha* Until 9:59AM	Ganesh: Red	<i>Sunrise:</i> 7:14AM	Durmukha 5118	
		Yama	7:14AM – 8:27AM	Vajra* Until 4:36AM Fri	Muruga: White	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 39	
Creative Work Siddha Yoga		982861366	Rahu 1:20PM – 2:33PM	Visti Until 6:03AM	Nataraja: Green	Moon – Light Blue		
Until 9:59AM					Pausha*Thai		Bhuloka Day	
Then Routine Work - Marana Yoga							Devaloka Time: 9:AM to12:PM	

Retreat Star		Friday, January 27, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY
Makara Rasi: 7.11		Tihti 30		Uttarashadha/Shravana Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Sutra 285
		Gulika	8:26AM – 9:40AM	Uttarashadha Until 11:08AM	Ganesh: Red	<i>Sunrise:</i> 7:13AM	Durmukha 5118	
		Yama	2:34PM – 3:47PM	Siddhi Until 3:44AM Sat	Muruga: White	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 39	
Routine Work Marana Yoga		982861366	Rahu 10:53AM – 12:07PM	Catuspada Until 6:54AM	Nataraja: Green	Moon – Light Blue		
					Pausha*Thai		Bhuloka Day	
							Devaloka Time: 9:AM to12:PM	

Retreat Star		Saturday, January 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Albany, NY
Makara Rasi: 20.01		Tihti 1		Shravana Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15		Sutra 286
		Gulika	7:12AM – 8:26AM	Shravana Until 12:07PM	Ganesh: Yellow	<i>Sunrise:</i> 7:12AM	Durmukha 5118	
		Yama	1:21PM – 2:35PM	Vyatipata* Until 2:31AM Sun	Muruga: White	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 39	
Creative Work Siddha Yoga		992861366	Rahu 9:39AM – 10:53AM	Kintughna Until 7:15AM	Nataraja: Green	Moon – Purple		
					Magha*Thai		Bhuloka Day	
							Devaloka Time: 9:AM to12:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1 Sunday, January 29, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Albany, NY
		Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 287
Kumbha Rasi: 3.04	Tithi 2	Gulika 2:35PM – 3:49PM	Dhanishtha Until 12:31PM	Ganesha: Yellow	<i>Sunrise:</i> 7:11AM	Durmukha 5118
		Yama 12:07PM – 1:21PM	Variyan Until 12:57AM Mon	Muruga: White	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 40
		992861366 Rahu 3:49PM – 5:03PM	Balava Until 7:08AM	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:54PM	Moon – Purple		
Until 12:31PM				Magha-Thai		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM

2 Monday, January 30, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Albany, NY
		Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 288
Kumbha Rasi: 16.21	Tithi 3	Gulika 1:22PM – 2:36PM	Shatabhishak Until 12:22PM	Ganesha: Yellow	<i>Sunrise:</i> 7:10AM	Durmukha 5118
Family Home Evening		Yama 10:53AM – 12:07PM	Parigha* Until 11:06PM	Muruga: White	<i>Sunset:</i> 5:05PM	Moon 1 - Phase 40
		992861366 Rahu 8:24AM – 9:39AM	Taitila Until 6:36AM	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:11PM	Moon – Purple		
Until 12:22PM				Magha-Thai		Bhuloka Day
Then Routine Work - Marana Yoga						Devaloka Time: 9:AM to12:PM

3 Tuesday, January 31, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
		Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 289
Kumbha Rasi: 29.5	Tithi 4 – 5	Gulika 12:08PM – 1:22PM	Purvaproshtapada* Until 12:10PM	Ganesha: White	<i>Sunrise:</i> 7:09AM	Durmukha 5118
		Yama 9:38AM – 10:53AM	Shiva Until 9:01PM	Muruga: White	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 40
		912861366 Rahu 2:37PM – 3:51PM	Bava Until 4:30AM Wed	Nataraja: Green		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 5:08PM	Moon – Clear		
Until 12:10PM				Magha-Thai		Devaloka Day
Then Creative Work - Amrita Yoga						

4 Wednesday, February 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Albany, NY
		Uttaraproshtapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 19 Sutra 290
Meena Rasi: 13.29	Tithi 5 – 6	Gulika 10:53AM – 12:08PM	Uttaraproshtapada Until 11:32AM	Ganesha: White	<i>Sunrise:</i> 7:09AM	Durmukha 5118
		Yama 8:24AM – 9:38AM	Siddha Until 6:40PM	Muruga: White	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 40
		912861366 Rahu 12:08PM – 1:22PM	Kaulava Until 3:01AM Thu	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:46PM	Moon – Clear		
Until 11:32AM				Magha-Thai		Devaloka Day
Then Routine Work - Marana Yoga						

5 Thursday, February 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Albany, NY
		Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 291
Meena Rasi: 27.19	Tithi 6 – 7	Gulika 9:38AM – 10:53AM	Revati Until 10:29AM	Ganesha: White	<i>Sunrise:</i> 7:08AM	Durmukha 5118
		Yama 7:08AM – 8:23AM	Sadhya Until 4:08PM	Muruga: White	<i>Sunset:</i> 5:07PM	Moon 1 - Phase 40
		912861366 Rahu 1:23PM – 2:37PM	Gara Until 1:17AM Fri	Nataraja: Green		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:10PM	Moon – Clear		
Until 10:29AM				Magha-Thai		Devaloka Day
Then Creative Work - Amrita Yoga						

Friday, February 3, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Albany, NY
		Ashvini/Bharani Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 292
Mesha Rasi: 11.17	Tithi 7 – 8	Gulika 8:22AM – 9:37AM	Ashvini Until 9:29AM	Ganesha: White	<i>Sunrise:</i> 7:07AM	Durmukha 5118
		Yama 2:38PM – 3:53PM	Subha Until 1:25PM	Muruga: White	<i>Sunset:</i> 5:09PM	Moon 1 - Phase 40
		923861367 Rahu 10:53AM – 12:08PM	Visti Until 11:20PM	Nataraja: White		Ashtami
Creative Work	Amrita Yoga		Saptami Until 12:19PM	Moon – White		
Until 9:29AM				Magha-Thai		Bhuloka Day
Then Creative Work - Siddha Yoga						

Saturday, February 4, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Albany, NY
		Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 293
Mesha Rasi: 25.23	Tithi 8 – 9	Gulika 7:06AM – 8:21AM	Bharani Until 8:09AM	Ganesha: White	<i>Sunrise:</i> 7:06AM	Durmukha 5118
		Yama 1:23PM – 2:39PM	Sukla Until 10:32AM	Muruga: White	<i>Sunset:</i> 5:10PM	Moon 1 - Phase 40
		923861367 Rahu 9:37AM – 10:52AM	Balava Until 9:12PM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Ashtami* Until 10:16AM	Moon – White		
Until 8:09AM				Magha-Thai		Bhuloka Day
Then Creative Work - Amrita Yoga						

1 Sunday, February 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Albany, NY
Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Sun 23		Sutra 294		Durmukha 5118
Vrishabha Rasi: 10 Tithi 9 - 10		Gulika 2:40PM - 3:55PM	Krittika Until 6:31AM	Ganesh: White	<i>Sunrise:</i> 7:05AM	
933861367		Yama 12:08PM - 1:24PM	Brahma Until 7:32AM	Muruga: White	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 41
Creative Work Siddha Yoga		Rahu 3:55PM - 5:11PM	Taitila Until 6:56PM	Nataraja: White		4th Phase
			Navami* Until 8:04AM	Moon - White		Bhuloka Day
				Magha-Thai		

2 Monday, February 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Albany, NY
Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 295		Durmukha 5118
Vrishabha Rasi: 23.54 Tithi 11		Gulika 1:24PM - 2:40PM	Mrigashira Until 3:23AM Tue	Ganesh: Clear	<i>Sunrise:</i> 7:04AM	
933861367		Yama 10:52AM - 12:08PM	Vaidhriti* Until 1:18AM Tue	Muruga: White	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 41
Creative Work Amrita Yoga		Rahu 8:20AM - 9:36AM	Vanija Until 4:35PM	Nataraja: White		4th Phase
Creative Work Amrita Yoga			Ekadashi Until 3:23AM Tue	Moon - Yellow		Bhuloka Day
Until 3:23AM Tue				Magha-Thai		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

3 Tuesday, February 7, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 296		Durmukha 5118
Mithuna Rasi: 8.13 Tithi 12		Gulika 12:08PM - 1:25PM	Ardra Until 1:38AM Wed	Ganesh: Clear	<i>Sunrise:</i> 7:03AM	
933861367		Yama 9:35AM - 10:52AM	Vishkambha* Until 10:11PM	Muruga: White	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 41
Routine Work Marana Yoga		Rahu 2:41PM - 3:57PM	Bava Until 2:14PM	Nataraja: White		4th Phase
Until 1:38AM Wed			Dvadashi Until 1:04AM Wed	Moon - Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Thai		Devaloka Time: 6:AM to 9:AM

4 Wednesday, February 8, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Albany, NY
Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 297		Durmukha 5118
Mithuna Rasi: 22.3 Tithi 13		Gulika 10:52AM - 12:08PM	Punarvasu Until 12:19AM Thu	Ganesh: Purple	<i>Sunrise:</i> 7:01AM	
933861367		Yama 8:18AM - 9:35AM	Priti Until 7:13PM	Muruga: White	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 41
Creative Work Siddha Yoga		Rahu 12:08PM - 1:25PM	Kaulava Until 11:59AM	Nataraja: White		4th Phase
Until 12:19AM Thu			Trayodashi Until 10:54PM	Moon - Blue		Bhuloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>	Magha-Thai		

5 Thursday, February 9, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Albany, NY
Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 298		Durmukha 5118
Kataka Rasi: 6.4 Tithi 14		Gulika 9:34AM - 10:51AM	Pushya Until 11:08PM	Ganesh: Purple	<i>Sunrise:</i> 7:00AM	
933861367		Yama 7:00AM - 8:17AM	Ayushman Until 4:25PM	Muruga: White	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 41
Creative Work Amrita Yoga		Rahu 1:25PM - 2:42PM	Gara Until 9:56AM	Nataraja: White		4th Phase
Until 11:08PM			Chaturdashi* Until 9:01PM	Moon - Blue		Bhuloka Day
Then Creative Work - Siddha Yoga		Thai Pusam		Magha-Thai		

Friday, February 10, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Albany, NY
Copper Retreat Star		Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 299		Durmukha 5118
Kataka Rasi: 20.37 Tithi 15		Gulika 8:16AM - 9:34AM	Ashlesha* Until 10:13PM	Ganesh: Purple	<i>Sunrise:</i> 6:59AM	
933861367		Yama 2:43PM - 4:00PM	Saubhagya Until 1:55PM	Muruga: White	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 41
Routine Work Marana Yoga		Rahu 10:51AM - 12:08PM	Visti Until 8:14AM	Nataraja: White		Purnima
Until 10:06PM			Purnima* Until 7:31PM	Moon - Blue		Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Thai		

Saturday, February 11, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Albany, NY
Silver Retreat Star		Magha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 300		Durmukha 5118
Simha Rasi: 4.19 Tithi 16		Gulika 6:58AM - 8:15AM	Magha* Until 10:06PM	Ganesh: Clear	<i>Sunrise:</i> 6:58AM	
933861367		Yama 1:26PM - 2:44PM	Sobhana Until 11:50AM	Muruga: White	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 41
Creative Work Amrita Yoga		Rahu 9:33AM - 10:51AM	Balava Until 6:59AM	Nataraja: White		Prathama
Until 10:06PM			Prathama* Until 6:32PM	Moon - Red		Bhuloka Day
Then Creative Work - Siddha Yoga		Penumbra Lunar Eclipse		Magha-Thai		Devaloka Time: 6:AM to 9:AM

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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Sunday, February 12, 2017

Gold Retreat Star

Simha Rasi: 17.41 Tiithi 17

953861367

Gulika 2:44PM – 4:02PM
Yama 12:08PM – 1:26PM
Rahu 4:02PM – 5:20PM

Creative Work Siddha Yoga
Until 10:26PM

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Albany, NY
Sun 1 Sutra 301
Durmukha 5118

Purvaphalguni Until 10:26PM

Athiganda* Until 10:10AM

Tailila Until 6:17AM

Dvitiya Until 6:09PM

Ganesh: Clear *Sunrise:* 6:56AM

Muruga: White *Sunset:* 5:20PM

Nataraja: White

Moon – Red

Magha-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1

Monday, February 13, 2017

Kanya Rasi: 0.44 Tiithi 18

953861367

Gulika 1:27PM – 2:45PM
Yama 10:50AM – 12:08PM
Rahu 8:13AM – 9:32AM

Creative Work Siddha Yoga

Family Home Evening

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Tritiyayam Titau

Albany, NY
Sun 2 Sutra 302
Durmukha 5118

Uttaraphalguni Until 11:15PM

Sukarma Until 9:01AM

Vanija Until 6:14AM

Tritiya Until 6:26PM

Ganesh: Clear *Sunrise:* 6:55AM

Muruga: White *Sunset:* 5:22PM

Nataraja: White

Moon – Red

Magha-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Tuesday, February 14, 2017

Kanya Rasi: 13.27 Tiithi 19

963861367

Gulika 12:08PM – 1:27PM
Yama 9:31AM – 10:50AM
Rahu 2:46PM – 4:04PM

Creative Work Siddha Yoga

Maha Sankatahara Chaturthi

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY
Sun 3 Sutra 303
Durmukha 5118

Hasta Until 1:01AM Wed

Dhriti Until 8:24AM

Bava Until 6:51AM

Chaturthi* Until 7:23PM

Ganesh: White *Sunrise:* 6:54AM

Muruga: White *Sunset:* 5:23PM

Nataraja: White

Moon – Green

Magha-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Wednesday, February 15, 2017

Kanya Rasi: 25.53 Tiithi 20

963861367

Gulika 10:49AM – 12:08PM
Yama 8:11AM – 9:30AM
Rahu 12:08PM – 1:27PM

Creative Work Siddha Yoga

Until 3:12AM Thu

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Panchamyam Titau

Albany, NY
Sun 4 Sutra 304
Durmukha 5118

Chitra Until 3:12AM Thu

Shula* Until 8:15AM

Kaulava Until 8:06AM

Panchami Until 8:56PM

Ganesh: White *Sunrise:* 6:52AM

Muruga: White *Sunset:* 5:24PM

Nataraja: White

Moon – Green

Magha-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Thursday, February 16, 2017

Tula Rasi: 8.04 Tiithi 21

963961367

Gulika 9:30AM – 10:49AM
Yama 6:51AM – 8:10AM
Rahu 1:28PM – 2:47PM

Creative Work Amrita Yoga

Until 5:37AM Fri

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY
Sun 5 Sutra 305
Durmukha 5118

Svati Until 5:37AM Fri

Ganda* Until 8:31AM

Gara Until 9:55AM

Shashthi* Until 10:58PM

Ganesh: Yellow *Sunrise:* 6:51AM

Muruga: White *Sunset:* 5:26PM

Nataraja: White

Moon – Green

Magha-Masi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

5

Friday, February 17, 2017

Tula Rasi: 20.05 Tiithi 22

974971367

Gulika 8:09AM – 9:29AM
Yama 2:48PM – 4:07PM
Rahu 10:49AM – 12:08PM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vriddhi/Dhruva Yoga Visiti*/Bava Karana Saptamyam Titau

Albany, NY
Sun 6 Sutra 306
Durmukha 5118

Vishakha Until 8:38AM Sat

Vriddhi Until 9:07AM

Visiti Until 12:08PM

Saptami Until 1:18AM Sat

Ganesh: Yellow *Sunrise:* 6:50AM

Muruga: Yellow *Sunset:* 5:27PM

Nataraja: White

Moon – Orange

Magha-Masi

Devaloka Day

Devaloka Time: 6:AM to 9:AM

D

Saturday, February 18, 2017

Retreat Star

Vrischika Rasi: 2.01 Tiithi 23

974971367

Gulika 6:48AM – 8:08AM
Yama 1:28PM – 2:48PM
Rahu 9:28AM – 10:48AM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY
Sun 7 Sutra 307
Durmukha 5118

Vishakha Until 8:38AM

Dhruva Until 9:52AM

Balava Until 2:33PM

Ashtami* Until 3:46AM Sun

Ganesh: Yellow *Sunrise:* 6:48AM

Muruga: Yellow *Sunset:* 5:28PM

Nataraja: White

Moon – Orange

Magha-Masi

Devaloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, February 19, 2017

Retreat Star

Vrischika Rasi: 13.55 Tiithi 24

974971367

Gulika 2:49PM – 4:09PM
Yama 12:08PM – 1:28PM
Rahu 4:09PM – 5:29PM

Routine Work Marana Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Navamyam Titau

Albany, NY
Sun 8 Sutra 308
Durmukha 5118

Anuradha Until 11:32AM

Vyaghata* Until 10:40AM

Tailila Until 4:59PM

Navami* Until 6:07AM Mon

Ganesh: Yellow *Sunrise:* 6:47AM

Muruga: Yellow *Sunset:* 5:29PM

Nataraja: White

Moon – Orange

Magha-Masi

Devaloka Day

Devaloka Time: 6:AM to 9:AM

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1		Monday, February 20, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Albany, NY	
Vrischika Rasi: 25.51		Tihi 24 – 25		Jyeshtha* Mula* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9		Sutra 309	
Family Home Evening		984971367		Gulika	1:29PM – 2:49PM	Jyeshtha* Until 2:07PM	Ganesh: Yellow	<i>Sunrise:</i> 6:45AM	Durmukha 5118
Creative Work Siddha Yoga				Yama	10:47AM – 12:08PM	Harshana Until 11:22AM	Muruga: Yellow	<i>Sunset:</i> 5:31PM	Moon 2 - Phase 43
				Rahu	8:06AM – 9:27AM	Vanija Until 7:14PM	Nataraja: White		2nd Phase
						Navami* Until 6:07AM	Moon – Orange		Devaloka Day
							Magha-Masi		

2		Tuesday, February 21, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Albany, NY	
Dhanus Rasi: 7.53		Tihi 25 – 26		Mula* Purvashadha* Nakshatra Siddhi/Vajra* Siddhi Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Sutra 310	
Creative Work Amrita Yoga		984971367		Gulika	12:08PM – 1:29PM	Mula* Until 4:42PM	Ganesh: Blue	<i>Sunrise:</i> 6:44AM	Durmukha 5118
Until 4:42PM				Yama	9:26AM – 10:47AM	Vajra* Until 11:48AM	Muruga: Yellow	<i>Sunset:</i> 5:32PM	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				Rahu	2:50PM – 4:11PM	Bava Until 9:05PM	Nataraja: White		2nd Phase
						Dashami Until 8:12AM	Moon – Light Blue		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM

3		Wednesday, February 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Albany, NY	
Dhanus Rasi: 20.07		Tihi 26 – 27		Purvashadha* Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11		Sutra 311	
Creative Work Amrita Yoga		984971367		Gulika	10:46AM – 12:08PM	Purvashadha* Until 6:38PM	Ganesh: Blue	<i>Sunrise:</i> 6:42AM	Durmukha 5118
				Yama	8:04AM – 9:25AM	Siddhi Until 11:52AM	Muruga: Yellow	<i>Sunset:</i> 5:32PM	Moon 2 - Phase 43
				Rahu	12:08PM – 1:29PM	Kaulava Until 10:24PM	Nataraja: White		2nd Phase
						Ekadashi* Until 9:48AM	Moon – Light Blue		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM

4		Thursday, February 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Albany, NY	
Makara Rasi: 2.35		Tihi 27 – 28		Uttarashadha Nakshatra Vyatiyata*/Variyan Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 312	
Routine Work Marana Yoga		984971367		Gulika	9:24AM – 10:46AM	Uttarashadha Until 7:49PM	Ganesh: Blue	<i>Sunrise:</i> 6:41AM	Durmukha 5118
Until 7:49PM				Yama	6:41AM – 8:03AM	Vyatiyata* Until 11:31AM	Muruga: Yellow	<i>Sunset:</i> 5:34PM	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				Rahu	1:29PM – 2:51PM	Gara Until 11:05PM	Nataraja: White		2nd Phase
						Dvadashi* Until 10:48AM	Moon – Light Blue		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM
							<i>Pradosha Vrata (Fasting)</i>		

5		Friday, February 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Albany, NY	
Makara Rasi: 15.22		Tihi 28 – 29		Shravana Nakshatra Variyan/Parigha* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 313	
Routine Work Marana Yoga		994971367		Gulika	8:02AM – 9:24AM	Shravana Until 8:41PM	Ganesh: Blue	<i>Sunrise:</i> 6:39AM	Durmukha 5118
Until 8:41PM				Yama	2:52PM – 4:14PM	Variyan Until 10:38AM	Muruga: Yellow	<i>Sunset:</i> 5:36PM	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				Rahu	10:46AM – 12:08PM	Vistil Until 11:07PM	Nataraja: White		2nd Phase
						Trayodashi* Until 11:10AM	Moon – Purple		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM
							Mahasivaratri (Lunar)		
							Mahasivaratri (Solar)		

●		Saturday, February 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Albany, NY	
Retreat Star		Makara Rasi: 28.26		Dhanishtha Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14		Sutra 314	
Creative Work Siddha Yoga		994971367		Gulika	6:38AM – 8:00AM	Dhanishtha Until 8:46PM	Ganesh: Blue	<i>Sunrise:</i> 6:38AM	Durmukha 5118
Until 8:46PM				Yama	1:30PM – 2:52PM	Parigha* Until 9:15AM	Muruga: Yellow	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 43
Then Creative Work - Amrita Yoga				Rahu	9:23AM – 10:45AM	Catuspada Until 10:31PM	Nataraja: White		Amavasya
						Chaturdashi* Until 10:53AM	Moon – Purple		Bhuloka Day
							Magha-Masi		Devaloka Time: 12:PM to 3:PM

●		Sunday, February 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Retreat Star		Kumbha Rasi: 11.51		Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 15		Sutra 315	
Creative Work Siddha Yoga		994971367		Gulika	2:53PM – 4:15PM	Shatabhishak Until 8:09PM	Ganesh: Blue	<i>Sunrise:</i> 6:36AM	Durmukha 5118
				Yama	12:07PM – 1:30PM	Shiva Until 7:25AM	Muruga: Yellow	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 43
				Rahu	4:15PM – 5:38PM	Kintughna Until 9:22PM	Nataraja: White		Prathama
						Amavasya* Until 9:59AM	Moon – Purple		Bhuloka Day
							Phalguna-Masi		Devaloka Time: 12:PM to 3:PM
							Annular Solar Eclipse		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Monday, February 27, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Albany, NY	
Kumbha Rasi: 25.34		Tithi 1 – 2		Purvaprosarthapada* Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 16 Sutra 316	
Family Home Evening		914971367		Gulika 1:30PM – 2:53PM	Purvaprosarthapada* Until 7:23PM	Ganesha: Yellow <i>Sunrise:</i> 6:35AM	Durmukha 5118
Routine Work		Marana Yoga		Yama 10:44AM – 12:07PM	Sadhya Until 2:34AM Tue	Muruga: Yellow <i>Sunset:</i> 5:39PM	Moon 2 - Phase 44
Until 7:23PM				Rahu 7:58AM – 9:21AM	Balava Until 7:45PM	Nataraja: White	3rd Phase
Then Creative Work - Siddha Yoga				Prathama* Until 8:35AM		Moon – Clear	Devaloka Day
						Phalguna-Masi	

2		Tuesday, February 28, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Albany, NY	
Meena Rasi: 9.31		Tithi 2 – 3		Uttaraprosarthapada Nakshatra Subha Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Sun 17 Sutra 317	
Creative Work		Amrita Yoga		Gulika 12:07PM – 1:30PM	Uttaraprosarthapada Until 6:09PM	Ganesha: Yellow <i>Sunrise:</i> 6:33AM	Durmukha 5118
Until 6:09PM		914971367		Yama 9:20AM – 10:44AM	Subha Until 11:45PM	Muruga: Yellow <i>Sunset:</i> 5:41PM	Moon 2 - Phase 44
Then Creative Work - Siddha Yoga				Rahu 2:54PM – 4:17PM	Gara Until 4:43AM Wed	Nataraja: White	3rd Phase
				Dvitiya Until 6:48AM		Moon – Clear	Devaloka Day
						Phalguna-Masi	

3		Wednesday, March 1, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Albany, NY	
Meena Rasi: 23.4		Tithi 4		Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau		Sun 18 Sutra 318	
Routine Work		Marana Yoga		Gulika 10:42AM – 12:07PM	Revati Until 4:32PM	Ganesha: Blue <i>Sunrise:</i> 6:30AM	Durmukha 5118
915971367				Yama 7:54AM – 9:18AM	Sukla Until 8:45PM	Muruga: Yellow <i>Sunset:</i> 5:43PM	Moon 2 - Phase 44
				Rahu 12:07PM – 1:31PM	Vanija Until 3:38PM	Nataraja: White	3rd Phase
				Chaturthi* Until 2:29AM Thu		Moon – Clear	Sivaloka Day
						Phalguna-Masi	
				Subramuniyaswami Siva Vision Day			

4		Thursday, March 2, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Albany, NY	
Mesha Rasi: 7.54		Tithi 5		Ashvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau		Sun 19 Sutra 319	
Creative Work		Amrita Yoga		Gulika 9:17AM – 10:42AM	Ashvini Until 3:06PM	Ganesha: Yellow <i>Sunrise:</i> 6:28AM	Durmukha 5118
Until 3:06PM		925971367		Yama 6:28AM – 7:53AM	Brahma Until 5:42PM	Muruga: Yellow <i>Sunset:</i> 5:44PM	Moon 2 - Phase 44
Then Creative Work - Siddha Yoga				Rahu 1:31PM – 2:55PM	Bava Until 1:21PM	Nataraja: White	3rd Phase
				Panchami Until 12:10AM Fri		Moon – White	Devaloka Day
						Phalguna-Masi	

5		Friday, March 3, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam		Albany, NY	
Mesha Rasi: 22.11		Tithi 6		Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 20 Sutra 320	
Creative Work		Siddha Yoga		Gulika 7:52AM – 9:17AM	Bharani Until 1:30PM	Ganesha: Yellow <i>Sunrise:</i> 6:27AM	Durmukha 5118
925971367				Yama 2:56PM – 4:21PM	Indra Until 2:39PM	Muruga: Yellow <i>Sunset:</i> 5:45PM	Moon 2 - Phase 44
				Rahu 10:41AM – 12:06PM	Kaulava Until 11:02AM	Nataraja: White	3rd Phase
				Shashthi* Until 9:52PM		Moon – White	Devaloka Day
						Phalguna-Masi	

6		Saturday, March 4, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam		Albany, NY	
Vrisabha Rasi: 6.27		Tithi 7		Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21 Sutra 321	
Creative Work		Amrita Yoga		Gulika 6:25AM – 7:50AM	Krittika Until 11:50AM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM	Durmukha 5118
925971367				Yama 1:31PM – 2:56PM	Vaidhriti* Until 11:37AM	Muruga: Yellow <i>Sunset:</i> 5:47PM	Moon 2 - Phase 44
				Rahu 9:16AM – 10:41AM	Gara Until 8:46AM	Nataraja: White	3rd Phase
				Saptami Until 7:39PM		Moon – White	Devaloka Day
						Phalguna-Masi	

7		Sunday, March 5, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Albany, NY	
Vrisabha Rasi: 20.39		Tithi 8 – 9		Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Visiti*/Balava Karana Ashtami/Navamyam Titau		Sun 22 Sutra 322	
Creative Work		Siddha Yoga		Gulika 2:57PM – 4:22PM	Rohini Until 10:32AM	Ganesha: White <i>Sunrise:</i> 6:24AM	Durmukha 5118
135971367				Yama 12:06PM – 1:31PM	Vishkambha* Until 8:42AM	Muruga: Yellow <i>Sunset:</i> 5:48PM	Moon 2 - Phase 44
				Rahu 4:22PM – 5:48PM	Visiti Until 6:36AM	Nataraja: White	Ashtami
				Ashtami* Until 5:33PM		Moon – Yellow	Sivaloka Day
						Phalguna-Masi	

8		Monday, March 6, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Albany, NY	
Mithuna Rasi: 4.45		Tithi 9 – 10		Mrigashira/Ardra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 323	
Family Home Evening		9135971367		Gulika 1:31PM – 2:57PM	Mrigashira Until 9:16AM	Ganesha: White <i>Sunrise:</i> 6:22AM	Durmukha 5118
Creative Work		Amrita Yoga		Yama 10:40AM – 12:06PM	Ayushman Until 3:15AM Tue	Muruga: Yellow <i>Sunset:</i> 5:49PM	Moon 2 - Phase 44
Until 9:16AM				Rahu 7:48AM – 9:14AM	Taitila Until 2:45AM Tue	Nataraja: White	Navami
Then Creative Work - Siddha Yoga				Navami* Until 3:38PM		Moon – Yellow	Sivaloka Day
						Phalguna-Masi	


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Tuesday, March 7, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sun 24 Sutra 324
	Mithuna Rasi: 18.43	Tithi 10 – 11	Gulika 12:05PM – 1:32PM	Ardra Until 8:02AM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Durmukha 5118
			Yama 9:13AM – 10:39AM	Saubhagya Until 12:47AM Wed	Muruga: Yellow	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 45
	Routine Work Until 8:02AM Then Creative Work - Siddha Yoga	135971367	Rahu 2:58PM – 4:24PM	Vanija Until 1:09AM Wed Dashami Until 1:54PM	Nataraja: White Moon – Yellow		4th Phase Sivaloka Day

2	Wednesday, March 8, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 25 Sutra 325
	Kataka Rasi: 2.34	Tithi 11 – 12	Gulika 10:38AM – 12:05PM	Punarvasu Until 7:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Durmukha 5118
			Yama 7:45AM – 9:12AM	Sobhana Until 10:32PM	Muruga: Yellow	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 45
	Creative Work Siddha Yoga	145971367	Rahu 12:05PM – 1:32PM	Bava Until 11:48PM Ekadashi Until 12:25PM	Nataraja: White Moon – Blue		4th Phase Devaloka Day

3	Thursday, March 9, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 26 Sutra 326
	Kataka Rasi: 16.14	Tithi 12 – 13	Gulika 9:11AM – 10:38AM	Pushya Until 6:45AM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Durmukha 5118
			Yama 6:17AM – 7:44AM	Athiganda* Until 8:30PM	Muruga: Yellow	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 45
	Creative Work Until 6:45AM Then Creative Work - Siddha Yoga	145971367	Rahu 1:32PM – 2:59PM	Kaulava Until 10:46PM Dvadashi Until 11:13AM <i>Pradosha Vrata</i>	Nataraja: White Moon – Blue		4th Phase Devaloka Day

4	Friday, March 10, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27 Sutra 327
	Kataka Rasi: 29.43	Tithi 13 – 14	Gulika 7:43AM – 9:10AM	Ashlesha* Until 6:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Durmukha 5118
			Yama 2:59PM – 4:27PM	Sukarma Until 6:47PM	Muruga: Yellow	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 45
	Routine Work Marana Yoga	145971367	Rahu 10:37AM – 12:05PM	Gara Until 10:06PM Trayodashi Until 10:22AM	Nataraja: White Moon – Blue		4th Phase Devaloka Day

	Saturday, March 11, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sun 28 Sutra 328
	Copper Retreat Star		Gulika 6:14AM – 7:41AM	Magha* Until 6:36AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Durmukha 5118
	Simha Rasi: 12.59	Tithi 14 – 15	Yama 1:32PM – 3:00PM	Dhriti Until 5:24PM	Muruga: Yellow	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 45
	Creative Work Until 6:36AM Then Creative Work - Siddha Yoga	156971367	Rahu 9:09AM – 10:37AM	Visti Until 9:51PM Chaturdashi* Until 9:54AM	Nataraja: White Moon – Red		Purnima Devaloka Day

	Sunday, March 12, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 29 Sutra 329
	Silver Retreat Star		Gulika 3:00PM – 4:28PM	Purvaphalguni Until 7:09AM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Durmukha 5118
	Simha Rasi: 26.02	Tithi 15 – 16	Yama 12:04PM – 1:32PM	Shula* Until 4:21PM	Muruga: Yellow	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 45
	Creative Work Until 7:09AM Then Creative Work - Amrita Yoga	156971367	Rahu 4:28PM – 5:56PM	Balava Until 10:05PM Purnima* Until 9:53AM	Nataraja: White Moon – Red		Prathama Devaloka Day



Monday, March 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda* Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 330

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 8.5 Tihi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:32PM - 3:01PM
Yama 10:35AM - 12:04PM
Rahu 7:39AM - 9:07AM

Uttaraphalguni Until 8:01AM
Ganda* Until 3:42PM
Taitila Until 10:49PM
Prathama* Until 10:22AM

Ganesha: Clear Sunrise: 6:10AM
Muruga: Yellow Sunset: 5:57PM
Nataraja: White
Moon - Red
Phalguna-Masi

Devaloka Day

Tuesday, March 14, 2017

1

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sun 1 Sutra 331

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.25 Tihi 17 - 18

Creative Work Siddha Yoga

Gulika 12:03PM - 1:32PM
Yama 9:06AM - 10:35AM
Rahu 3:01PM - 4:30PM

Karadayam Nombu (Tamil Nadu)

Hasta Until 9:41AM
Vriddhi Until 3:27PM
Vanija Until 12:03AM Wed
Dvitiya Until 11:21AM

Ganesha: Purple Sunrise: 6:08AM
Muruga: Yellow Sunset: 5:59PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Wednesday, March 15, 2017

2

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturchyam Titau

Albany, NY

Sun 2 Sutra 332

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.46 Tihi 18 - 19

Creative Work Siddha Yoga

Gulika 10:34AM - 12:03PM
Yama 7:36AM - 9:05AM
Rahu 12:03PM - 1:32PM

Chitra Until 11:40AM
Dhruva Until 3:33PM
Bava Until 1:44AM Thu
Tritiya Until 12:49PM

Ganesha: Purple Sunrise: 6:07AM
Muruga: Yellow Sunset: 6:00PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Devaloka Day

Thursday, March 16, 2017

3

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturchi/Panchamyam Titau

Albany, NY

Sun 3 Sutra 333

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 15.56 Tihi 19 - 20

Creative Work Amrita Yoga

Until 1:54PM

Then Creative Work - Siddha Yoga

Gulika 9:04AM - 10:33AM
Yama 6:05AM - 7:34AM
Rahu 1:32PM - 3:02PM

Svati Until 1:54PM
Vyaghata* Until 3:58PM
Kaulava Until 3:48AM Fri
Chaturchi* Until 2:42PM

Ganesha: Purple Sunrise: 6:05AM
Muruga: Yellow Sunset: 6:01PM
Nataraja: Clear
Moon - Green
Phalguna-Panguni

Devaloka Day

Friday, March 17, 2017

4

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sun 4 Sutra 334

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 27.58 Tihi 20 - 21

Creative Work Siddha Yoga

Gulika 7:33AM - 9:03AM
Yama 3:02PM - 4:32PM
Rahu 10:33AM - 12:03PM

Vishakha Until 4:46PM
Harshana Until 4:39PM
Gara Until 6:08AM Sat
Panchami Until 4:56PM

Ganesha: Clear Sunrise: 6:03AM
Muruga: Yellow Sunset: 6:02PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Saturday, March 18, 2017

5

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sun 5 Sutra 335

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 9.53 Tihi 21

Creative Work Siddha Yoga

Gulika 6:01AM - 7:32AM
Yama 1:33PM - 3:03PM
Rahu 9:02AM - 10:32AM

Anuradha Until 7:39PM
Vajra* Until 5:27PM
Gara Until 6:08AM
Shashthi* Until 7:20PM

Ganesha: Purple Sunrise: 6:01AM
Muruga: Yellow Sunset: 6:03PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Sunday, March 19, 2017

6

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY

Sun 6 Sutra 336

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 21.47 Tihi 22

Routine Work Marana Yoga

Until 10:22PM

Then Creative Work - Amrita Yoga

Gulika 3:03PM - 4:34PM
Yama 12:02PM - 1:33PM
Rahu 4:34PM - 6:04PM

Jyeshtha* Until 10:22PM
Siddhi Until 6:16PM
Visti Until 8:34AM
Saptami Until 9:44PM

Ganesha: Purple Sunrise: 6:00AM
Muruga: Yellow Sunset: 6:04PM
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sun 7 Sutra 337

Durmukha 5118

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 3.42 Tihi 23

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:33PM - 3:04PM
Yama 10:31AM - 12:02PM
Rahu 7:29AM - 9:00AM

Mula* Until 1:14AM Tue
Vyatipata* Until 7:00PM
Balava Until 10:54AM
Ashtami* Until 11:57PM

Ganesha: Clear Sunrise: 5:58AM
Muruga: Yellow Sunset: 6:05PM
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Sivaloka Day

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Varyan Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sun 8 Sutra 338

Durmukha 5118

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.43 Tihi 24

Creative Work Siddha Yoga

Until 3:32AM Wed

Then Creative Work - Amrita Yoga

Gulika 12:01PM - 1:32PM
Yama 8:59AM - 10:30AM
Rahu 3:04PM - 4:35PM

Purvashadha* Until 3:32AM Wed
Varyan Until 7:24PM
Taitila Until 12:56PM
Navami* Until 1:45AM Wed

Ganesha: Clear Sunrise: 5:56AM
Muruga: Yellow Sunset: 6:07PM
Nataraja: Clear
Moon - Light Blue
Phalguna-Panguni

Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudev.org/panchang

1		Wednesday, March 22, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Albany, NY Sun 9 Sutra 339	
Dhanus Rasi: 27.55	Tithi 25	Gulika	10:29AM – 12:01PM	Uttarashadha Until 5:06AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Durmukha 5118
		Yama	7:26AM – 8:58AM	Parigha* Until 7:25PM	Muruga: Yellow	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 47
		187171368 Rahu	12:01PM – 1:33PM	Vanija Until 2:28PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 2:57AM Thu	Moon – Light Blue		Sivaloka Day
Until 5:06AM Thu					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

2		Thursday, March 23, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Albany, NY Sun 10 Sutra 340	
Makara Rasi: 10.23	Tithi 26	Gulika	8:57AM – 10:29AM	Shravana Until 6:15AM Fri	Ganesha: White	<i>Sunrise:</i> 5:53AM	Durmukha 5118
		Yama	5:53AM – 7:25AM	Shiva Until 6:54PM	Muruga: Yellow	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 47
		197171368 Rahu	1:33PM – 3:05PM	Bava Until 3:19PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 3:26AM Fri	Moon – Purple		Subha Sivaloka Day
					Phalguna•Panguni		

3		Friday, March 24, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvodashyam Titau		Albany, NY Sun 11 Sutra 341	
Makara Rasi: 23.11	Tithi 27	Gulika	7:23AM – 8:56AM	Shravana Until 6:15AM	Ganesha: White	<i>Sunrise:</i> 5:51AM	Durmukha 5118
		Yama	3:05PM – 4:38PM	Siddha Until 5:45PM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 47
		197171368 Rahu	10:28AM – 12:01PM	Kaulava Until 3:23PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Dvadashi* Until 3:06AM Sat	Moon – Purple		Subha Sivaloka Day
Until 6:15AM					Phalguna•Panguni		
Then Creative Work - Siddha Yoga							

4		Saturday, March 25, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 12 Sutra 342	
Kumbha Rasi: 6.23	Tithi 28	Gulika	5:49AM – 7:22AM	Dhanishtha Until 6:29AM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Durmukha 5118
		Yama	1:33PM – 3:06PM	Sadhya Until 4:00PM	Muruga: Yellow	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47
		198171368 Rahu	8:55AM – 10:28AM	Gara Until 2:40PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 2:01AM Sun	Moon – Purple		Sivaloka Day
Until 6:29AM				<i>Pradosha Vrata (Fasting)</i>	Phalguna•Panguni		
Then Creative Work - Amrita Yoga							

5		Sunday, March 26, 2017		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 13 Sutra 343	
Kumbha Rasi: 20.01	Tithi 29	Gulika	3:06PM – 4:39PM	Purvaproshtapada* Until 4:48AM Mon	Ganesha: White	<i>Sunrise:</i> 5:48AM	Durmukha 5118
		Yama	12:00PM – 1:33PM	Subha Until 1:41PM	Muruga: Yellow	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47
		118171368 Rahu	4:39PM – 6:12PM	Visti Until 1:14PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 12:15AM Mon	Moon – Clear		Devaloka Day
					Phalguna•Panguni		

Monday, March 27, 2017		Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 14 Sutra 344	
Meena Rasi: 4.02	Tithi 30	Gulika	1:33PM – 3:07PM	Uttaraproshtapada Until 3:08AM Tue	Ganesha: White	<i>Sunrise:</i> 5:46AM	Durmukha 5118
Family Home Evening		Yama	10:26AM – 12:00PM	Sukla Until 10:51AM	Muruga: Yellow	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 47
		118171368 Rahu	7:19AM – 8:53AM	Catuspada Until 11:10AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 9:56PM	Moon – Clear		Devaloka Day
					Phalguna•Panguni		

Tuesday, March 28, 2017		Retreat Star		Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 15 Sutra 345	
Meena Rasi: 18.23	Tithi 1	Gulika	11:59AM – 1:33PM	Revati Until 12:57AM Wed	Ganesha: White	<i>Sunrise:</i> 5:44AM	Durmukha 5118
		Yama	8:52AM – 10:26AM	Brahma Until 7:39AM	Muruga: Yellow	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 47
		118171368 Rahu	3:07PM – 4:41PM	Kintughna Until 8:38AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 7:13PM	Moon – Clear		Devaloka Day
Until 12:57AM Wed		Yugadhi			Chaitra•Panguni		
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1	Wednesday, March 29, 2017	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam	Albany, NY
	Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Sun 16	Sutra 346
Mesha Rasi: 2.59	Tithi 2 – 3	Gulika 10:25AM – 11:59AM	Ashvini Until 10:51PM
		Yama 7:17AM – 8:51AM	Vaidhriti* Until 12:33AM Thu
	128171368	Rahu 11:59AM – 1:33PM	Taitila Until 2:44AM Thu
Routine Work	Marana Yoga		Ganesh: Green <i>Sunrise:</i> 5:42AM
Until 10:51PM			Muruga: Yellow <i>Sunset:</i> 6:16PM
Then Creative Work - Siddha Yoga	Chellappaswami Mahasamadhi		Nataraja: Clear
			Moon – White
			Devaloka Day
			Chaitra-Panguni

2	Thursday, March 30, 2017	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam	Albany, NY
	Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Sun 17	Sutra 347
Mesha Rasi: 17.43	Tithi 3 – 4	Gulika 8:50AM – 10:24AM	Bharani Until 8:33PM
		Yama 5:41AM – 7:15AM	Vishkambha* Until 8:54PM
	128171368	Rahu 1:33PM – 3:08PM	Vanija Until 11:41PM
Creative Work	Siddha Yoga		Ganesh: Green <i>Sunrise:</i> 5:41AM
Until 8:33PM			Muruga: Yellow <i>Sunset:</i> 6:17PM
Then Routine Work - Marana Yoga			Nataraja: Clear
			Moon – White
			Devaloka Day
			Chaitra-Panguni

3	Friday, March 31, 2017	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam	Albany, NY
	Krittika Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Sun 18	Sutra 348
Vrishabha Rasi: 2.26	Tithi 4 – 5	Gulika 7:14AM – 8:49AM	Krittika Until 6:13PM
		Yama 3:08PM – 4:43PM	Priti Until 5:20PM
	129171368	Rahu 10:24AM – 11:58AM	Bava Until 8:45PM
Creative Work	Siddha Yoga		Ganesh: Orange <i>Sunrise:</i> 5:39AM
Until 6:13PM			Muruga: Yellow <i>Sunset:</i> 6:18PM
Then Routine Work - Marana Yoga			Nataraja: Clear
			Moon – White
			Sivaloka Day
			Chaitra-Panguni

4	Saturday, April 1, 2017	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam	Albany, NY
	Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Sun 19	Sutra 349
Vrishabha Rasi: 17.03	Tithi 5 – 6	Gulika 5:39AM – 7:14AM	Rohini Until 4:23PM
		Yama 1:33PM – 3:08PM	Ayushman Until 1:56PM
	139171368	Rahu 8:49AM – 10:24AM	Kaulava Until 6:03PM
Creative Work	Amrita Yoga		Ganesh: Green <i>Sunrise:</i> 5:39AM
Until 4:23PM			Muruga: Yellow <i>Sunset:</i> 6:18PM
Then Creative Work - Siddha Yoga			Nataraja: Clear
			Moon – Yellow
			Subha Sivaloka Day
			Chaitra-Panguni

5	Sunday, April 2, 2017	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam	Albany, NY
	Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Sun 20	Sutra 350
Mithuna Rasi: 1.28	Tithi 7	Gulika 3:09PM – 4:44PM	Mrigashira Until 2:45PM
		Yama 11:58AM – 1:33PM	Saubhagya Until 10:48AM
	139171368	Rahu 4:44PM – 6:19PM	Gara Until 3:41PM
Creative Work	Siddha Yoga		Ganesh: Green <i>Sunrise:</i> 5:37AM
Until 1:22PM			Muruga: Yellow <i>Sunset:</i> 6:19PM
Then Creative Work - Amrita Yoga			Nataraja: Clear
			Moon – Yellow
			Subha Sivaloka Day
			Chaitra-Panguni

D	Monday, April 3, 2017	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam	Albany, NY
	Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Sun 21	Sutra 351
Mithuna Rasi: 15.37	Tithi 8	Gulika 1:33PM – 3:09PM	Ardra Until 1:22PM
Family Home Evening		Yama 10:22AM – 11:58AM	Sobhana Until 8:00AM
	139171368	Rahu 7:11AM – 8:47AM	Visti Until 1:43PM
Creative Work	Siddha Yoga		Ganesh: Green <i>Sunrise:</i> 5:35AM
Until 1:22PM			Muruga: Yellow <i>Sunset:</i> 6:20PM
Then Creative Work - Amrita Yoga			Nataraja: Clear
			Moon – Yellow
			Subha Sivaloka Day
			Chaitra-Panguni

D	Tuesday, April 4, 2017	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam	Albany, NY
	Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Sun 22	Sutra 352
Mithuna Rasi: 29.29	Tithi 9	Gulika 11:58AM – 1:33PM	Punarvasu Until 12:43PM
		Yama 8:46AM – 10:22AM	Sukarma Until 3:28AM Wed
	149171368	Rahu 3:09PM – 4:45PM	Balava Until 12:13PM
Creative Work	Siddha Yoga		Ganesh: Red <i>Sunrise:</i> 5:34AM
Until 1:22PM			Muruga: Yellow <i>Sunset:</i> 6:21PM
Then Creative Work - Amrita Yoga			Nataraja: Clear
			Moon – Blue
			Sivaloka Day
		Sri Rama Navami	Chaitra-Panguni

1		Wednesday, April 5, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Tailila/Gara Karana Dashamyam Titau		Albany, NY Sun 23 Sutra 353 Durmukha 5118
Kataka Rasi: 13.05	Tithi 10	Gulika	10:21AM – 11:57AM	Pushya Until 12:23PM	Ganesha: Red	<i>Sunrise: 5:32AM</i>		
		Yama	7:08AM – 8:45AM	Dhriti Until 1:47AM Thu	Muruga: Yellow	<i>Sunset: 6:22PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	149171368 Rahu	11:57AM – 1:34PM	Tailila Until 11:10AM	Nataraja: Clear		4th Phase	
			Yogaswami Mahasamadhi	Dashami Until 10:48PM	Moon – Blue			Sivaloka Day
					Chaitra•Panguni			

2		Thursday, April 6, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Albany, NY Sun 24 Sutra 354 Durmukha 5118
Kataka Rasi: 26.25	Tithi 11	Gulika	8:44AM – 10:20AM	Ashlesha* Until 12:21PM	Ganesha: Blue	<i>Sunrise: 5:30AM</i>		
		Yama	5:30AM – 7:07AM	Shula* Until 12:25AM Fri	Muruga: Yellow	<i>Sunset: 6:24PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	149271368 Rahu	1:34PM – 3:10PM	Vanija Until 10:36AM	Nataraja: Clear		4th Phase	
Until 12:21PM				Ekadashi Until 10:27PM	Moon – Blue			Devaloka Day
Then Creative Work - Amrita Yoga					Chaitra•Panguni			

3		Friday, April 7, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Albany, NY Sun 25 Sutra 355 Durmukha 5118
Simha Rasi: 9.31	Tithi 12	Gulika	7:06AM – 8:43AM	Magha* Until 1:04PM	Ganesha: Yellow	<i>Sunrise: 5:29AM</i>		
		Yama	3:11PM – 4:48PM	Ganda* Until 11:25PM	Muruga: Yellow	<i>Sunset: 6:25PM</i>	Moon 3 - Phase 49	
Routine Work	Marana Yoga	159271368 Rahu	10:20AM – 11:57AM	Bava Until 10:28AM	Nataraja: Clear		4th Phase	
Until 1:04PM				Dvadashi Until 10:32PM	Moon – Red			Sivaloka Day
Then Creative Work - Siddha Yoga					Chaitra•Panguni			

4		Saturday, April 8, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau		Albany, NY Sun 26 Sutra 356 Durmukha 5118
Simha Rasi: 22.23	Tithi 13	Gulika	5:27AM – 7:04AM	Purvaphalguni Until 2:02PM	Ganesha: Yellow	<i>Sunrise: 5:27AM</i>		
		Yama	1:34PM – 3:11PM	Vriddhi Until 10:46PM	Muruga: Yellow	<i>Sunset: 6:26PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	151271368 Rahu	8:42AM – 10:19AM	Kaulava Until 10:45AM	Nataraja: Clear		4th Phase	
Until 2:02PM				Trayodashi Until 11:02PM	Moon – Red			Sivaloka Day
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>	Chaitra•Panguni			

5		Sunday, April 9, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Albany, NY Sun 27 Sutra 357 Durmukha 5118
Kanya Rasi: 5.04	Tithi 14	Gulika	3:12PM – 4:49PM	Uttaraphalguni Until 3:14PM	Ganesha: Yellow	<i>Sunrise: 5:25AM</i>		
		Yama	11:56AM – 1:34PM	Dhruva Until 10:22PM	Muruga: Yellow	<i>Sunset: 6:27PM</i>	Moon 3 - Phase 49	
Creative Work	Amrita Yoga	151271368 Rahu	4:49PM – 6:27PM	Gara Until 11:27AM	Nataraja: Clear		4th Phase	
				Chaturdashi* Until 11:55PM	Moon – Red			Sivaloka Day
					Chaitra•Panguni			

○		Monday, April 10, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Albany, NY Sutra 358 Durmukha 5118
Copper Retreat Star		Gulika	1:34PM – 3:12PM	Hasta Until 5:08PM	Ganesha: Blue	<i>Sunrise: 5:24AM</i>		
Kanya Rasi: 17.35	Tithi 15	Yama	10:18AM – 11:56AM	Vyaghata* Until 10:17PM	Muruga: Yellow	<i>Sunset: 6:28PM</i>	Moon 3 - Phase 49	
Family Home Evening		161271368 Rahu	7:02AM – 8:40AM	Visti Until 12:31PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 1:10AM Tue	Moon – Green			Devaloka Day
Until 5:08PM					Chaitra•Panguni			
Then Routine Work - Prabalarishta Yoga		Panguni Uttiram						
		Hanuman Jayanti						

○		Tuesday, April 11, 2017				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Albany, NY Sutra 359 Durmukha 5118
Silver Retreat Star		Gulika	11:56AM – 1:34PM	Chitra Until 7:12PM	Ganesha: Blue	<i>Sunrise: 5:22AM</i>		
Kanya Rasi: 29.56	Tithi 16	Yama	8:39AM – 10:17AM	Harshana Until 10:30PM	Muruga: Yellow	<i>Sunset: 6:29PM</i>	Moon 3 - Phase 49	
		161271368 Rahu	3:12PM – 4:51PM	Balava Until 1:57PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 2:47AM Wed	Moon – Green			Devaloka Day
					Chaitra•Panguni			



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Tailila/Gara Karana Dvitiyayam Titau

Albany, NY
Sun 1
Sutra 360
Durmukha 5118

Tula Rasi: 12.08 Tihi 17

Gulika 10:16AM - 11:55AM
Yama 6:59AM - 8:38AM
Rahu 11:55AM - 1:34PM

Svati Until 9:25PM
Vajra* Until 10:55PM
Tailila Until 3:44PM

Ganesha: Blue Sunrise: 5:20AM
Muruga: Yellow Sunset: 6:30PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Moon - Green
Chaitra-Panguni
Devaloka Day

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Albany, NY
Sun 2
Sutra 361
Hemalamba 5119

Tula Rasi: 24.13 Tihi 18

Gulika 8:37AM - 10:16AM
Yama 5:19AM - 6:58AM
Rahu 1:34PM - 3:13PM

Vishakha Until 12:14AM Fri
Siddhi Until 11:34PM
Vanija Until 5:47PM

Ganesha: Red Sunrise: 5:19AM
Muruga: Yellow Sunset: 6:31PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Tamil New Year

Tritiya Until 6:53AM Fri

Moon - Orange
Chaitra-Chaitra
Sivaloka Day

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY
Sun 3
Sutra 362
Hemalamba 5119

Vrischika Rasi: 6.11 Tihi 18 - 19

Gulika 6:56AM - 8:36AM
Yama 3:14PM - 4:53PM
Rahu 10:15AM - 11:55AM

Anuradha Until 3:06AM Sat
Vyatipata* Until 12:23AM Sat
Bava Until 8:04PM

Ganesha: Blue Sunrise: 5:17AM
Muruga: Yellow Sunset: 6:33PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Tritiya Until 6:53AM

Moon - Orange
Chaitra-Chaitra
Devaloka Day

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY
Sun 4
Sutra 363
Hemalamba 5119

Vrischika Rasi: 18.05 Tihi 19 - 20

Gulika 5:15AM - 6:55AM
Yama 1:34PM - 3:14PM
Rahu 8:35AM - 10:15AM

Jyeshtha* Until 5:52AM Sun
Varyan Until 1:15AM Sun
Kaulava Until 10:30PM

Ganesha: Blue Sunrise: 5:15AM
Muruga: Yellow Sunset: 6:34PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 9:15AM

Moon - Orange
Chaitra-Chaitra
Devaloka Day

Until 5:52AM Sun
Then Creative Work - Amrita Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Albany, NY
Sun 5
Sutra 364
Hemalamba 5119

Vrischika Rasi: 29.58 Tihi 20 - 21

Gulika 3:15PM - 4:55PM
Yama 11:54AM - 1:34PM
Rahu 4:55PM - 6:35PM

Mula* Until 8:56AM Mon
Parigha* Until 2:08AM Mon
Gara Until 12:54AM Mon

Ganesha: Blue Sunrise: 5:14AM
Muruga: Yellow Sunset: 6:35PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga

Panchami Until 11:41AM

Moon - Orange
Chaitra-Chaitra
Devaloka Day

Until 8:56AM Mon
Then Routine Work - Marana Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY
Sun 6
Sutra 1
Hemalamba 5119

Dhanus Rasi: 11.52 Tihi 21 - 22

Gulika 1:34PM - 3:15PM
Yama 10:13AM - 11:54AM
Rahu 6:52AM - 8:33AM

Mula* Until 8:56AM
Shiva Until 2:53AM Tue
Visti Until 3:07AM Tue

Ganesha: Red Sunrise: 5:12AM
Muruga: Yellow Sunset: 6:36PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Shashthi* Until 2:02PM

Moon - Light Blue
Chaitra-Chaitra
Sivaloka Day

Until 8:56AM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY
Sun 7
Sutra 2
Hemalamba 5119

Dhanus Rasi: 23.5 Tihi 22 - 23

Gulika 11:54AM - 1:35PM
Yama 8:32AM - 10:13AM
Rahu 3:15PM - 4:56PM

Purvashadha* Until 11:36AM
Siddha Until 3:17AM Wed
Balava Until 4:57AM Wed

Ganesha: Yellow Sunrise: 5:10AM
Muruga: Yellow Sunset: 6:37PM
Nataraja: Clear

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Saptami Until 4:05PM

Moon - Light Blue
Chaitra-Chaitra
Sivaloka Day

Until 11:36AM

Then Routine Work - Prabarishtha Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Albany, NY
Sun 8
Sutra 3
Hemalamba 5119

Makara Rasi: 5.59 Tihi 23 - 24

Gulika 10:12AM - 11:54AM
Yama 6:50AM - 8:31AM
Rahu 11:54AM - 1:35PM

Uttarashadha Until 1:38PM
Sadhya Until 3:15AM Thu
Tailila Until 6:09AM Thu

Ganesha: Yellow Sunrise: 5:09AM
Muruga: Yellow Sunset: 6:38PM
Nataraja: Clear

Moon 4 - Phase 50
Ashtami

Creative Work Amrita Yoga

Ashtami* Until 5:37PM

Moon - Light Blue
Chaitra-Chaitra
Sivaloka Day

Until 1:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Tailila/Gara Karana Navamyam Titau

Albany, NY
Sun 9
Sutra 4
Hemalamba 5119

Makara Rasi: 18.24 Tihi 24

Gulika 8:30AM - 10:12AM
Yama 5:07AM - 6:49AM
Rahu 1:35PM - 3:16PM

Shravana Until 3:21PM
Subha Until 2:39AM Fri
Tailila Until 6:09AM

Ganesha: White Sunrise: 5:07AM
Muruga: Yellow Sunset: 6:39PM
Nataraja: Clear

Moon 4 - Phase 50
Navami

Creative Work Siddha Yoga

Chidambaram Abhishekam

Navami* Until 6:27PM

Moon - Purple
Chaitra-Chaitra
Devaloka Day

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

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<h1>1</h1>	Friday, April 21, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Vanija/Visli* Karana Dashamyam Titau				Albany, NY Sun 10 Sutra 5
	Kumbha Rasi: 1.09	Tithi 25	Gulika 6:48AM – 8:29AM	Dhanishtha Until 4:07PM	Ganesha: White	<i>Sunrise:</i> 5:06AM	Hemalamba 5119
			Yama 3:17PM – 4:59PM	Sukla Until 1:22AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	292271368 Rahu 10:11AM – 11:53AM	Vanija Until 6:35AM	Nataraja: Clear		2nd Phase
			Dashami Until 6:28PM	Moon – Purple		Devaloka Day	
				Chaitra•Chaitra			

<h1>2</h1>	Saturday, April 22, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 11 Sutra 6
	Kumbha Rasi: 14.2	Tithi 26 – 27	Gulika 5:04AM – 6:46AM	Shatabhishak Until 3:53PM	Ganesha: White	<i>Sunrise:</i> 5:04AM	Hemalamba 5119
			Yama 1:35PM – 3:17PM	Brahma Until 11:24PM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 1
	Creative Work	Amrita Yoga	292271368 Rahu 8:28AM – 10:11AM	Bava Until 6:09AM	Nataraja: Clear		2nd Phase
Until 3:53PM			Ekadashi* Until 5:36PM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Chaitra•Chaitra			

<h1>3</h1>	Sunday, April 23, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 12 Sutra 7
	Kumbha Rasi: 28	Tithi 27 – 28	Gulika 3:18PM – 5:00PM	Purvaproshtapada* Until 3:08PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:03AM	Hemalamba 5119
			Yama 11:53AM – 1:35PM	Indra Until 8:49PM	Muruga: Yellow	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	212271368 Rahu 5:00PM – 6:43PM	Gara Until 2:50AM Mon	Nataraja: Clear		2nd Phase
Until 3:08PM			Dvadashi* Until 3:56PM	Moon – Clear		Devaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	Chaitra•Chaitra			

<h1>4</h1>	Monday, April 24, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 13 Sutra 8
	Meena Rasi: 12.08	Tithi 28 – 29	Gulika 1:35PM – 3:18PM	Uttaraproshtapada Until 1:32PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:01AM	Hemalamba 5119
	Family Home Evening		Yama 10:10AM – 11:52AM	Vaidhriti* Until 5:39PM	Muruga: Yellow	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	212271369 Rahu 6:44AM – 8:27AM	Visli Until 12:09AM Tue	Nataraja: Purple		2nd Phase
			Trayodashi* Until 1:33PM	Moon – Clear		Bhuloka Day	
				Chaitra•Chaitra		Devaloka Time: 12:PM to 3:PM	

	Tuesday, April 25, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Albany, NY Sun 14 Sutra 9
	Retreat Star		Gulika 11:52AM – 1:35PM	Revati Until 11:13AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:00AM	Hemalamba 5119
	Meena Rasi: 26.41	Tithi 29 – 30	Yama 8:26AM – 10:09AM	Vishkambha* Until 2:03PM	Muruga: Yellow	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	212271369 Rahu 3:19PM – 5:02PM	Catuspada Until 8:59PM	Nataraja: Purple		Amavasya
			Chaturdashi* Until 10:36AM	Moon – Clear		Bhuloka Day	
				Chaitra•Chaitra		Devaloka Time: 12:PM to 3:PM	

<h1>5</h1>	Wednesday, April 26, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Albany, NY Sun 15 Sutra 10
	Retreat Star		Gulika 10:09AM – 11:52AM	Ashvini Until 8:47AM	Ganesha: Purple	<i>Sunrise:</i> 4:58AM	Hemalamba 5119
	Mesha Rasi: 11.35	Tithi 30 – 1	Yama 6:42AM – 8:25AM	Priti Until 10:09AM	Muruga: Yellow	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 1
	Routine Work	Marana Yoga	222271369 Rahu 11:52AM – 1:36PM	Bava Until 3:40AM Thu	Nataraja: Purple		Prathama
Until 8:47AM			Amavasya* Until 7:15AM	Moon – White		Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka•Chaitra		Devaloka Time: 12:PM to 3:PM	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1		Thursday, April 27, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 16 Sutra 11 Hemalamba 5119	
Mesha Rasi: 26.39	Tithi 2	Gulika 8:24AM – 10:08AM	Bharani Until 6:00AM	Ganesh: Purple <i>Sunrise:</i> 4:57AM			Moon 4 - Phase 2		
		Yama 4:57AM – 6:40AM	Ayushman Until 6:04AM	Muruga: Yellow <i>Sunset:</i> 6:47PM			3rd Phase		
		222271369 Rahu 1:36PM – 3:20PM	Balava Until 1:52PM	Nataraja: Purple					
Creative Work	Siddha Yoga	Dvitiya Until 12:02AM Fri		Moon – White			Bhuloka Day		
Until 6:00AM				Vaisaka-Chaitra			Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

2		Friday, April 28, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau		Albany, NY Sun 17 Sutra 12 Hemalamba 5119	
Vrishabha Rasi: 11.46	Tithi 3	Gulika 6:39AM – 8:23AM	Rohini Until 12:29AM Sat	Ganesh: Light Blue <i>Sunrise:</i> 4:55AM			Moon 4 - Phase 2		
		Yama 3:20PM – 5:04PM	Sobhana Until 9:58PM	Muruga: Yellow <i>Sunset:</i> 6:48PM			3rd Phase		
		232271369 Rahu 10:08AM – 11:52AM	Tailila Until 10:16AM	Nataraja: Purple					
Routine Work	Marana Yoga	Tritiya Until 8:30PM		Moon – Yellow			Bhuloka Day		
Until 12:29AM Sat		Akshaya Tritiya		Vaisaka-Chaitra			Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

3		Saturday, April 29, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 18 Sutra 13 Hemalamba 5119	
Vrishabha Rasi: 26.44	Tithi 4 – 5	Gulika 4:54AM – 6:38AM	Mrigashira Until 10:06PM	Ganesh: Light Blue <i>Sunrise:</i> 4:54AM			Moon 4 - Phase 2		
		Yama 1:36PM – 3:21PM	Athiganda* Until 6:12PM	Muruga: Yellow <i>Sunset:</i> 6:49PM			3rd Phase		
		232271369 Rahu 8:23AM – 10:07AM	Vanija Until 6:51AM	Nataraja: Purple					
Creative Work	Siddha Yoga	Chaturthi* Until 5:15PM		Moon – Yellow			Bhuloka Day		
				Vaisaka-Chaitra			Devaloka Time: 12:PM to 3:PM		

4		Sunday, April 30, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Albany, NY Sun 19 Sutra 14 Hemalamba 5119	
Mithuna Rasi: 11.28	Tithi 5 – 6	Gulika 3:21PM – 5:06PM	Ardra Until 8:01PM	Ganesh: Light Blue <i>Sunrise:</i> 4:52AM			Moon 4 - Phase 2		
		Yama 11:51AM – 1:36PM	Sukarma Until 2:46PM	Muruga: Yellow <i>Sunset:</i> 6:51PM			3rd Phase		
		232271369 Rahu 5:06PM – 6:51PM	Kaulava Until 1:11AM Mon	Nataraja: Purple					
Creative Work	Siddha Yoga	Panchami Until 2:24PM		Moon – Yellow			Bhuloka Day		
		Adi Sankara Jayanthi		Vaisaka-Chaitra			Devaloka Time: 12:PM to 3:PM		

5		Monday, May 1, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sun 20 Sutra 15 Hemalamba 5119	
Mithuna Rasi: 25.5	Tithi 6 – 7	Gulika 1:37PM – 3:22PM	Punarvasu Until 6:46PM	Ganesh: Clear <i>Sunrise:</i> 4:50AM			Moon 4 - Phase 2		
Family Home Evening		Yama 10:06AM – 11:51AM	Dhriti Until 11:48AM	Muruga: Yellow <i>Sunset:</i> 6:53PM			3rd Phase		
		242371369 Rahu 6:35AM – 8:20AM	Gara Until 11:10PM	Nataraja: Purple					
Creative Work	Amrita Yoga	Shashthi* Until 12:05PM		Moon – Blue			Devaloka Day		
Until 6:46PM				Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga									

Retreat Star		Tuesday, May 2, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sun 21 Sutra 16 Hemalamba 5119	
Kataka Rasi: 9.49	Tithi 7 – 8	Gulika 11:51AM – 1:37PM	Pushya Until 6:01PM	Ganesh: Orange <i>Sunrise:</i> 4:48AM			Moon 4 - Phase 2		
		Yama 8:20AM – 10:05AM	Shula* Until 9:19AM	Muruga: Yellow <i>Sunset:</i> 6:54PM			Ashtami		
		243371369 Rahu 3:22PM – 5:08PM	Visti Until 9:48PM	Nataraja: Purple					
Creative Work	Siddha Yoga	Saptami Until 10:23AM		Moon – Blue			Devaloka Day		
				Vaisaka-Chaitra					

Retreat Star		Wednesday, May 3, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sun 22 Sutra 17 Hemalamba 5119	
Kataka Rasi: 23.23	Tithi 8 – 9	Gulika 10:05AM – 11:51AM	Ashlesha* Until 5:47PM	Ganesh: Orange <i>Sunrise:</i> 4:47AM			Moon 4 - Phase 2		
		Yama 6:33AM – 8:19AM	Ganda* Until 7:23AM	Muruga: Blue <i>Sunset:</i> 6:55PM			Navami		
		243381369 Rahu 11:51AM – 1:37PM	Balava Until 9:06PM	Nataraja: Purple					
Creative Work	Siddha Yoga	Ashtami* Until 9:21AM		Moon – Blue			Bhuloka Day		
				Vaisaka-Chaitra			Devaloka Time: 6:AM to 9:AM		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Thursday, May 4, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY			
Magha* Nakshatra Ayushman/Dhruva Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau Sun 23 Sutra 18					
Simha Rasi: 6.35	Tithi 9 – 10	Gulika 8:18AM – 10:05AM	Magha* Until 6:30PM	Ganesha: Green <i>Sunrise:</i> 4:46AM	Hemalamba 5119
		Yama 4:46AM – 6:32AM	Ayushman Until 6:00AM	Muruga: Blue <i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
		253381369 Rahu 1:37PM – 3:23PM	Tailila Until 9:03PM	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Navami* Until 8:59AM	Moon – Red	Bhuloka Day
Until 6:30PM				Vaisaka•Chaitra	
Then Creative Work - Siddha Yoga					

2 Friday, May 5, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY			
Purvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 19					
Simha Rasi: 19.28	Tithi 10 – 11	Gulika 6:31AM – 8:18AM	Purvaphalguni Until 7:37PM	Ganesha: Green <i>Sunrise:</i> 4:44AM	Hemalamba 5119
		Yama 3:24PM – 5:11PM	Vyaghata* Until 4:36AM Sat	Muruga: Blue <i>Sunset:</i> 6:57PM	Moon 4 - Phase 3
		253381369 Rahu 10:04AM – 11:51AM	Vanija Until 9:35PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 9:14AM	Moon – Red	Bhuloka Day
				Vaisaka•Chaitra	

3 Saturday, May 6, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam Albany, NY			
Uttaraphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 20					
Kanya Rasi: 2.05	Tithi 11 – 12	Gulika 4:43AM – 6:30AM	Uttaraphalguni Until 9:05PM	Ganesha: Green <i>Sunrise:</i> 4:43AM	Hemalamba 5119
		Yama 1:38PM – 3:25PM	Harshana Until 4:30AM Sun	Muruga: Blue <i>Sunset:</i> 6:58PM	Moon 4 - Phase 3
		253381369 Rahu 8:17AM – 10:04AM	Bava Until 10:36PM	Nataraja: Purple	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 10:01AM	Moon – Red	Bhuloka Day
				Vaisaka•Chaitra	

4 Sunday, May 7, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Albany, NY			
Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 21					
Kanya Rasi: 14.3	Tithi 12 – 13	Gulika 3:25PM – 5:12PM	Hasta Until 11:14PM	Ganesha: Red <i>Sunrise:</i> 4:42AM	Hemalamba 5119
		Yama 11:51AM – 1:38PM	Vajra* Until 4:40AM Mon	Muruga: Blue <i>Sunset:</i> 6:59PM	Moon 4 - Phase 3
		263381369 Rahu 5:12PM – 6:59PM	Kaulava Until 12:01AM Mon	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 11:15AM	Moon – Green	Bhuloka Day
Until 11:14PM				Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

5 Monday, May 8, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY			
Chitra Nakshatra Siddhi Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 22					
Kanya Rasi: 26.46	Tithi 13 – 14	Gulika 1:38PM – 3:26PM	Chitra Until 1:32AM Tue	Ganesha: Red <i>Sunrise:</i> 4:41AM	Hemalamba 5119
Family Home Evening		Yama 10:03AM – 11:51AM	Siddhi Until 5:04AM Tue	Muruga: Blue <i>Sunset:</i> 7:01PM	Moon 4 - Phase 3
		263381369 Rahu 6:28AM – 8:16AM	Gara Until 1:44AM Tue	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 12:49PM	Moon – Green	Bhuloka Day
Until 1:32AM Tue				Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

○ Tuesday, May 9, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY			
Copper Retreat Star		Svati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sutra 23			
Tula Rasi: 8.55	Tithi 14 – 15	Gulika 11:50AM – 1:38PM	Svati Until 3:54AM Wed	Ganesha: Red <i>Sunrise:</i> 4:39AM	Hemalamba 5119
		Yama 8:15AM – 10:03AM	Vyatipata* Until 5:40AM Wed	Muruga: Blue <i>Sunset:</i> 7:02PM	Moon 4 - Phase 3
		263381369 Rahu 3:26PM – 5:14PM	Visti Until 3:42AM Wed	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 2:40PM	Moon – Green	Bhuloka Day
		Budha Purnima (Tamil Nadu)		Vaisaka•Chaitra	Devaloka Time: 6:AM to 9:AM

Wednesday, May 10, 2017		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Albany, NY			
Silver Retreat Star		Vishakha Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sutra 24			
Tula Rasi: 20.57	Tithi 15 – 16	Gulika 10:02AM – 11:50AM	Vishakha Until 6:48AM Thu	Ganesha: Blue <i>Sunrise:</i> 4:38AM	Hemalamba 5119
		Yama 6:26AM – 8:14AM	Variyan Until 6:23AM Thu	Muruga: Blue <i>Sunset:</i> 7:03PM	Moon 4 - Phase 3
		273381369 Rahu 11:50AM – 1:38PM	Balava Until 5:51AM Thu	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Purnima* Until 4:44PM	Moon – Orange	Bhuloka Day
				Vaisaka•Chaitra	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda