



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Birmingham, AL

Sutra 6

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Tula Rasi: 23.34 Tihi 17

271621369

Gulika 5:06AM - 6:45AM  
Yama 1:24PM - 3:04PM  
Rahu 8:25AM - 10:05AM

Vishakha Until 1:35AM Sun  
Siddhi Until 6:08AM  
Taitila Until 3:02PM  
Dvitiya Until 4:06AM Sun

Ganesha: Purple Sunrise: 5:06AM  
Muruga: White Sunset: 6:23PM  
Nataraja: Clear  
Moon - Orange  
Chaitra\*Chaitra

Bhuloka Day  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga  
Until 1:35AM Sun  
Then Routine Work - Marana Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birmingham, AL

Sun 1 Sutra 7

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 5.32 Tihi 18

271621369

Gulika 3:04PM - 4:44PM  
Yama 11:44AM - 1:24PM  
Rahu 4:44PM - 6:24PM

Anuradha Until 4:08AM Mon  
Vyatipata\* Until 6:53AM  
Vanija Until 5:08PM  
Tritiya Until 6:04AM Mon

Ganesha: Purple Sunrise: 5:04AM  
Muruga: White Sunset: 6:24PM  
Nataraja: Purple  
Moon - Orange  
Chaitra\*Chaitra

Bhuloka Day

Routine Work Marana Yoga  
Until 4:08AM Mon  
Then Creative Work - Siddha Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Birmingham, AL

Sun 2 Sutra 8

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 17.36 Tihi 18 - 19

271621369

Gulika 1:24PM - 3:04PM  
Yama 10:04AM - 11:44AM  
Rahu 6:43AM - 8:24AM

Jyeshtha\* Until 6:12AM Tue  
Variyan Until 7:23AM  
Bava Until 6:57PM  
Tritiya Until 6:04AM

Ganesha: Purple Sunrise: 5:03AM  
Muruga: White Sunset: 6:25PM  
Nataraja: Purple  
Moon - Orange  
Chaitra\*Chaitra

Bhuloka Day

Creative Work Siddha Yoga  
Until 6:12AM Tue  
Then Creative Work - Amrita Yoga

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birmingham, AL

Sun 3 Sutra 9

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 29.48 Tihi 19 - 20

271621369

Gulika 11:44AM - 1:24PM  
Yama 8:23AM - 10:03AM  
Rahu 3:05PM - 4:45PM

Jyeshtha\* Until 6:12AM  
Parigha\* Until 7:39AM  
Kaulava Until 8:23PM  
Chaturthi\* Until 7:42AM

Ganesha: Purple Sunrise: 5:02AM  
Muruga: White Sunset: 6:25PM  
Nataraja: Purple  
Moon - Orange  
Chaitra\*Chaitra

Bhuloka Day

Routine Work Marana Yoga  
Until 6:12AM  
Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birmingham, AL

Sun 4 Sutra 10

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Dhanus Rasi: 12.1 Tihi 20 - 21

281621369

Gulika 10:03AM - 11:44AM  
Yama 6:42AM - 8:22AM  
Rahu 11:44AM - 1:24PM

Mula\* Until 8:13AM  
Shiva Until 7:38AM  
Gara Until 9:22PM  
Panchami Until 8:55AM

Ganesha: Clear Sunrise: 5:01AM  
Muruga: White Sunset: 6:26PM  
Nataraja: Purple  
Moon - Light Blue  
Chaitra\*Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga  
Until 8:13AM  
Then Creative Work - Amrita Yoga

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Birmingham, AL

Sun 5 Sutra 11

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Dhanus Rasi: 24.46 Tihi 21 - 22

281621369

Gulika 8:22AM - 10:03AM  
Yama 5:00AM - 6:41AM  
Rahu 1:24PM - 3:05PM

Purvashadha\* Until 9:34AM  
Siddha Until 7:11AM  
Visti Until 9:48PM  
Shashthi\* Until 9:39AM

Ganesha: Clear Sunrise: 5:00AM  
Muruga: White Sunset: 6:27PM  
Nataraja: Purple  
Moon - Light Blue  
Chaitra\*Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 9:34AM  
Then Routine Work - Marana Yoga

Friday, April 29, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birmingham, AL

Sun 6 Sutra 12

Durmukha 5118

Moon 4 - Phase 2

Ashtami

Makara Rasi: 7.37 Tihi 22 - 23

281621369

Gulika 6:40AM - 8:21AM  
Yama 3:06PM - 4:47PM  
Rahu 10:02AM - 11:43AM

Uttarashadha Until 10:12AM  
Sadhya Until 6:18AM  
Balava Until 9:36PM  
Saptami Until 9:46AM

Ganesha: Clear Sunrise: 4:59AM  
Muruga: White Sunset: 6:28PM  
Nataraja: Purple  
Moon - Light Blue  
Chaitra\*Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birmingham, AL

Sun 7 Sutra 13

Durmukha 5118

Moon 4 - Phase 2

Navami

Makara Rasi: 20.49 Tihi 23 - 24

291621369

Gulika 4:58AM - 6:39AM  
Yama 1:25PM - 3:06PM  
Rahu 8:21AM - 10:02AM

Shravana Until 10:29AM  
Sukla Until 2:56AM Sun  
Taitila Until 8:42PM  
Ashtami\* Until 9:13AM

Ganesha: White Sunrise: 4:58AM  
Muruga: White Sunset: 6:28PM  
Nataraja: Purple  
Moon - Purple  
Chaitra\*Chaitra

Bhuloka Day

Creative Work Siddha Yoga

# 1

## Sunday, May 1, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Birmingham, AL  
Sun 8 Sutra 14

Kumbha Rasi: 4.25    Tihi 24 – 25

**Gulika** 3:06PM – 4:48PM  
Yama 11:43AM – 1:25PM  
292621369 **Rahu** 4:48PM – 6:29PM

**Dhanishtha** Until 9:54AM  
Brahma Until 12:24AM Mon  
Vanija Until 7:05PM  
Navami\* Until 7:58AM

**Ganesha:** Yellow    *Sunrise:* 4:57AM  
**Muruga:** White    *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 3  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work    Marana Yoga  
Until 9:54AM  
Then Creative Work - Siddha Yoga

# 2

## Monday, May 2, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Indra Yoga Visti\*/Balava Karana Dashami/Ekadashyam Titau

Birmingham, AL  
Sun 9 Sutra 15

Kumbha Rasi: 18.25    Tihi 25 – 26

**Family Home Evening**

292621369 **Rahu** 6:38AM – 8:20AM

**Shatabhishak** Until 8:30AM  
Indra Until 9:22PM  
Balava Until 3:27AM Tue  
Dashami Until 6:01AM

**Ganesha:** Yellow    *Sunrise:* 4:56AM  
**Muruga:** White    *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 3  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga  
Until 8:30AM  
Then Routine Work - Marana Yoga

# 3

## Tuesday, May 3, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Tailila Karana Dvadashyam Titau

Birmingham, AL  
Sun 10 Sutra 16

Meena Rasi: 2.5    Tihi 27

**Gulika** 11:43AM – 1:25PM  
Yama 8:19AM – 10:01AM  
212621369 **Rahu** 3:07PM – 4:49PM

**Purvaprosarthapada\*** Until 6:47AM  
Vaidhriti\* Until 5:50PM  
Kaulava Until 1:59PM  
Dvadashi\* Until 12:22AM Wed

**Ganesha:** Yellow    *Sunrise:* 4:55AM  
**Muruga:** White    *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon – Clear  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 3  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work    Marana Yoga  
Until 6:47AM  
Then Creative Work - Amrita Yoga

# 4

## Wednesday, May 4, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau

Birmingham, AL  
Sun 11 Sutra 17

Meena Rasi: 17.38    Tihi 28

**Gulika** 10:01AM – 11:43AM  
Yama 6:36AM – 8:19AM  
212621369 **Rahu** 11:43AM – 1:25PM

**Revati** Until 1:34AM Thu  
Vishkambha\* Until 1:59PM  
Gara Until 10:41AM  
Trayodashi\* Until 8:54PM  
*Pradosha Vrata (Fasting)*

**Ganesha:** Yellow    *Sunrise:* 4:54AM  
**Muruga:** White    *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon – Clear  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 3  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work    Marana Yoga  
Until 1:34AM Thu  
Then Creative Work - Amrita Yoga

# 5

## Thursday, May 5, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Priti/Ayushman Yoga Visti\*/Catuspada\* Karana Chaturdashi/Amavasyayam Titau

Birmingham, AL  
Sun 12 Sutra 18

Mesha Rasi: 2.42    Tihi 29 – 30

**Gulika** 8:18AM – 10:00AM  
Yama 4:53AM – 6:36AM  
222621369 **Rahu** 1:25PM – 3:07PM

**Ashvini** Until 10:48PM  
Priti Until 9:54AM  
Visti Until 7:06AM  
Chaturdashi\* Until 5:13PM

**Ganesha:** Red    *Sunrise:* 4:53AM  
**Muruga:** White    *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon – White  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 3  
2nd Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Amrita Yoga  
Until 10:48PM  
Then Creative Work - Siddha Yoga

# ●

## Friday, May 6, 2016

**Retreat Star**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Saubhagya Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam Titau

Birmingham, AL  
Sun 13 Sutra 19

Mesha Rasi: 17.53    Tihi 30 – 1

**Gulika** 6:35AM – 8:18AM  
Yama 3:08PM – 4:50PM  
222621369 **Rahu** 10:00AM – 11:43AM

**Bharani** Until 7:52PM  
Saubhagya Until 1:31AM Sat  
Kintughna Until 11:37PM  
Amavasya\* Until 1:27PM

**Ganesha:** Red    *Sunrise:* 4:52AM  
**Muruga:** White    *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon – White  
**Chaitra•Chaitra**

Durmukha 5118  
Moon 4 - Phase 3  
Amavasya

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Siddha Yoga

## Saturday, May 7, 2016

**Retreat Star**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau

Birmingham, AL  
Sun 14 Sutra 20

Vrishabha Rasi: 3.02    Tihi 1 – 2

**Gulika** 4:52AM – 6:34AM  
Yama 1:25PM – 3:08PM  
222621369 **Rahu** 8:17AM – 10:00AM

**Krittika** Until 4:57PM  
Sobhana Until 9:32PM  
Balava Until 8:04PM  
Prathama\* Until 9:47AM

**Ganesha:** Red    *Sunrise:* 4:52AM  
**Muruga:** White    *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon – White  
**Vaisaka•Chaitra**

Durmukha 5118  
Moon 4 - Phase 3  
Prathama

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Amrita Yoga

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

# 1 Sunday, May 8, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau

Birmingham, AL  
Sun 15 Sutra 21

Wrishabha Rasi: 18.01 Tithi 2 - 3

**Gulika** 3:08PM - 4:51PM  
**Yama** 11:43AM - 1:26PM  
**Rahu** 4:51PM - 6:34PM

**Rohini** Until 2:38PM  
**Athiganda\*** Until 5:49PM  
**Gara** Until 3:26AM Mon  
**Dvitiya** Until 6:24AM

**Ganesha:** Yellow *Sunrise:* 4:51AM  
**Muruga:** White *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon - Yellow  
**Vaisaka-Chaitra**

Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Creative Work Siddha Yoga

Mother's Day

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

# 2 Monday, May 9, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Chaturthiyam Titau

Birmingham, AL  
Sun 16 Sutra 22

Mithuna Rasi: 2.39 Tithi 4  
**Family Home Evening**

**Gulika** 1:26PM - 3:09PM  
**Yama** 9:59AM - 11:43AM  
**Rahu** 6:33AM - 8:16AM

**Mrigashira** Until 12:41PM  
**Sukarma** Until 2:33PM  
**Vanija** Until 2:11PM  
**Chaturthi\*** Until 1:04AM Tue

**Ganesha:** Yellow *Sunrise:* 4:50AM  
**Muruga:** White *Sunset:* 6:35PM  
**Nataraja:** Purple  
Moon - Yellow  
**Vaisaka-Chaitra**

Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Creative Work Amrita Yoga

Until 12:41PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

# 3 Tuesday, May 10, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Panchamyam Titau

Birmingham, AL  
Sun 17 Sutra 23

Mithuna Rasi: 16.51 Tithi 5

**Gulika** 11:42AM - 1:26PM  
**Yama** 8:16AM - 9:59AM  
**Rahu** 3:09PM - 4:53PM

**Ardra** Until 11:15AM  
**Dhriti** Until 11:51AM  
**Bava** Until 12:10PM  
**Panchami** Until 11:26PM

**Ganesha:** Yellow *Sunrise:* 4:49AM  
**Muruga:** White *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon - Yellow  
**Vaisaka-Chaitra**

Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Routine Work Marana Yoga

Until 11:15AM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

# 4 Wednesday, May 11, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Shashthyam Titau

Birmingham, AL  
Sun 18 Sutra 24

Kataka Rasi: 0.35 Tithi 6

**Gulika** 9:59AM - 11:42AM  
**Yama** 6:32AM - 8:15AM  
**Rahu** 11:42AM - 1:26PM

**Punarvasu** Until 10:54AM  
**Shula\*** Until 9:46AM  
**Kaulava** Until 10:56AM  
**Shashthi\*** Until 10:37PM

**Ganesha:** White *Sunrise:* 4:48AM  
**Muruga:** White *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon - Blue  
**Vaisaka-Chaitra**

Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Creative Work Siddha Yoga

**Devaloka Day**

# 5 Thursday, May 12, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau

Birmingham, AL  
Sun 19 Sutra 25

Kataka Rasi: 13.5 Tithi 7

**Gulika** 8:15AM - 9:59AM  
**Yama** 4:48AM - 6:31AM  
**Rahu** 1:26PM - 3:10PM

**Pushya** Until 11:14AM  
**Ganda\*** Until 8:23AM  
**Gara** Until 10:34AM  
**Saptami** Until 10:41PM

**Ganesha:** White *Sunrise:* 4:48AM  
**Muruga:** White *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon - Blue  
**Vaisaka-Chaitra**

Durmukha 5118  
Moon 4 - Phase 4  
3rd Phase

Creative Work Amrita Yoga

Until 11:14AM

Then Creative Work - Siddha Yoga

**Devaloka Day**

# Friday, May 13, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Ashtamyam Titau

Birmingham, AL  
Sun 20 Sutra 26

Kataka Rasi: 26.38 Tithi 8  
**Retreat Star**

**Gulika** 6:31AM - 8:15AM  
**Yama** 3:10PM - 4:54PM  
**Rahu** 9:59AM - 11:42AM

**Ashlesha\*** Until 12:15PM  
**Vridhhi** Until 7:41AM  
**Visti** Until 11:04AM  
**Ashtami\*** Until 11:36PM

**Ganesha:** White *Sunrise:* 4:47AM  
**Muruga:** White *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon - Blue  
**Vaisaka-Chaitra**

Durmukha 5118  
Moon 4 - Phase 4  
Ashtami

Routine Work Marana Yoga

**Devaloka Day**

# Saturday, May 14, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Navamyam Titau

Birmingham, AL  
Sun 21 Sutra 27

Simha Rasi: 9.04 Tithi 9  
**Retreat Star**

**Gulika** 4:46AM - 6:30AM  
**Yama** 1:27PM - 3:11PM  
**Rahu** 8:14AM - 9:58AM

**Magha\*** Until 2:22PM  
**Dhruva** Until 7:36AM  
**Balava** Until 12:21PM  
**Navami\*** Until 1:13AM Sun

**Ganesha:** Clear *Sunrise:* 4:46AM  
**Muruga:** White *Sunset:* 6:39PM  
**Nataraja:** Purple  
Moon - Red  
**Vaisaka-Vaikasi**

Durmukha 5118  
Moon 4 - Phase 4  
Navami

Creative Work Amrita Yoga

Until 2:22PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

1

Sunday, May 15, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam

Birmingham, AL

Simha Rasi: 21.13      Tihti 10

**Gulika** 3:11PM – 4:55PM  
**Yama** 11:42AM – 1:27PM  
**Rahu** 4:55PM – 6:40PM

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**Purvaphalguni** Until 4:54PM  
**Vyaghata\*** Until 8:03AM  
 Tailila Until 2:16PM  
**Dashami** Until 3:22AM Mon

**Ganesha:** Purple      *Sunrise:* 4:45AM  
**Muruga:** White      *Sunset:* 6:40PM  
**Nataraja:** Purple  
 Moon – Red  
**Vaisaka-Vaikasi**

Sun 22      Sutra 28  
 Durmukha 5118  
 Moon 4 - Phase 5  
 4th Phase

**Bhuloka Day**

Creative Work      Siddha Yoga  
 Until 4:54PM

Then Creative Work - Amrita Yoga

2

Monday, May 16, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Harshana/Vajra\* Yoga Vanija/Visli\* Karana Ekadashyam Titau

Birmingham, AL

Kanya Rasi: 3.1      Tihti 11

**Gulika** 1:27PM – 3:11PM  
**Yama** 9:58AM – 11:42AM  
**Rahu** 6:29AM – 8:14AM

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**Uttaraphalguni** Until 7:40PM  
**Harshana** Until 8:52AM  
 Vanija Until 4:36PM  
**Ekadashi** Until 5:51AM Tue

**Ganesha:** Purple      *Sunrise:* 4:45AM  
**Muruga:** White      *Sunset:* 6:40PM  
**Nataraja:** Purple  
 Moon – Red  
**Vaisaka-Vaikasi**

Sun 23      Sutra 29  
 Durmukha 5118  
 Moon 4 - Phase 5  
 4th Phase

**Bhuloka Day**

Creative Work      Siddha Yoga

3

Tuesday, May 17, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Vajra\*/Siddhi Yoga Bava Karana Dvadashyam Titau

Birmingham, AL

Kanya Rasi: 14.59      Tihti 12

**Gulika** 11:42AM – 1:27PM  
**Yama** 8:13AM – 9:58AM  
**Rahu** 3:12PM – 4:56PM

263621369

**Hasta** Until 10:56PM  
**Vajra\*** Until 9:52AM  
 Bava Until 7:10PM  
**Dvadashi** Until 8:26AM Wed

**Ganesha:** Clear      *Sunrise:* 4:44AM  
**Muruga:** White      *Sunset:* 6:41PM  
**Nataraja:** Purple  
 Moon – Green  
**Vaisaka-Vaikasi**

Sun 24      Sutra 30  
 Durmukha 5118  
 Moon 4 - Phase 5  
 4th Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

4

Wednesday, May 18, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Birmingham, AL

Kanya Rasi: 26.47      Tihti 12 – 13

**Gulika** 9:58AM – 11:43AM  
**Yama** 6:28AM – 8:13AM  
**Rahu** 11:43AM – 1:27PM

263721369

**Chitra** Until 2:02AM Thu  
 Siddhi Until 10:57AM  
 Kaulava Until 9:44PM  
**Dvadashi** Until 8:26AM  
*Pradosha Vrata*

**Ganesha:** Purple      *Sunrise:* 4:43AM  
**Muruga:** White      *Sunset:* 6:42PM  
**Nataraja:** Purple  
 Moon – Green  
**Vaisaka-Vaikasi**

Sun 25      Sutra 31  
 Durmukha 5118  
 Moon 4 - Phase 5  
 4th Phase

**Devaloka Day**

Creative Work      Siddha Yoga

Until 2:02AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, May 19, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vyatipata\*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau

Birmingham, AL

Tula Rasi: 8.37      Tihti 13 – 14

**Gulika** 8:13AM – 9:58AM  
**Yama** 4:43AM – 6:28AM  
**Rahu** 1:28PM – 3:12PM

263721369

**Svati** Until 4:49AM Fri  
 Vyatipata\* Until 11:59AM  
 Gara Until 12:09AM Fri  
**Trayodashi** Until 10:57AM

**Ganesha:** Purple      *Sunrise:* 4:43AM  
**Muruga:** White      *Sunset:* 6:42PM  
**Nataraja:** Purple  
 Moon – Green  
**Vaisaka-Vaikasi**

Sun 26      Sutra 32  
 Durmukha 5118  
 Moon 4 - Phase 5  
 4th Phase

**Devaloka Day**

Creative Work      Amrita Yoga

Until 4:49AM Fri

Then Creative Work - Siddha Yoga

O

Friday, May 20, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Variyan/Parigha\* Yoga Vanija/Visli\* Karana Chaturdashi/Purnimayam Titau

Birmingham, AL

Tula Rasi: 20.29      Tihti 14 – 15

**Gulika** 6:27AM – 8:12AM  
**Yama** 3:13PM – 4:58PM  
**Rahu** 9:58AM – 11:43AM

273721369

**Vishakha** Until 7:40AM Sat  
 Variyan Until 12:50PM  
 Visti Until 2:20AM Sat  
**Chaturdashi\*** Until 1:15PM

**Ganesha:** Clear      *Sunrise:* 4:42AM  
**Muruga:** White      *Sunset:* 6:43PM  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka-Vaikasi**

Sun 27      Sutra 33  
 Durmukha 5118  
 Moon 4 - Phase 5  
 Purnima

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work      Siddha Yoga

Saturday, May 21, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Birmingham, AL

Vrischika Rasi: 2.29      Tihti 15 – 16

**Gulika** 4:42AM – 6:27AM  
**Yama** 1:28PM – 3:13PM  
**Rahu** 8:12AM – 9:57AM

273721369

**Vishakha** Until 7:40AM  
 Parigha\* Until 1:28PM  
 Balava Until 4:11AM Sun  
**Purnima\*** Until 3:17PM

**Ganesha:** Clear      *Sunrise:* 4:42AM  
**Muruga:** White      *Sunset:* 6:44PM  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka-Vaikasi**

Durmukha 5118  
 Moon 4 - Phase 5  
 Prathama

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work      Siddha Yoga

**Vaikasi Visakam**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Sunday, May 22, 2016**  
**Gold Retreat Star**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
 Anuradha/Jyeshtha\* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Birmingham, AL

Sutra 35

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Vrischika Rasi: 14.35    Tihti 16 – 17

273721369

**Gulika** 3:14PM – 4:59PM  
**Yama** 11:43AM – 1:28PM  
**Rahu** 4:59PM – 6:44PM

**Anuradha Until 10:03AM**  
 Shiva Until 1:53PM  
 Taitila Until 5:42AM Mon  
**Prathama\* Until 4:58PM**

**Ganesha:** Clear    *Sunrise: 4:41AM*  
**Muruga:** White    *Sunset: 6:44PM*  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
 Devaloka Time: 9:AM to 12:PM

Routine Work    Marana Yoga

**1**

**Monday, May 23, 2016**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yukhtayam  
 Jyeshtha\*/Mula\* Nakshatra Siddha/Sadhya Yoga Gara Karana Dvitiyayam Titau

Birmingham, AL

Sun 1    Sutra 36

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Vrischika Rasi: 26.51    Tihti 17

273721369

**Gulika** 1:28PM – 3:14PM  
**Yama** 9:57AM – 11:43AM  
**Rahu** 6:26AM – 8:12AM

**Jyeshtha\* Until 11:56AM**  
 Siddha Until 1:59PM  
 Gara Until 6:19PM  
**Dvitiya Until 6:19PM**

**Ganesha:** Clear    *Sunrise: 4:41AM*  
**Muruga:** White    *Sunset: 6:45PM*  
**Nataraja:** Purple  
 Moon – Orange  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
 Devaloka Time: 9:AM to 12:PM

Family Home Evening  
 Creative Work    Siddha Yoga

**2**

**Tuesday, May 24, 2016**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
 Mula\*/Purvashadha\* Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birmingham, AL

Sun 2    Sutra 37

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Dhanus Rasi: 9.15    Tihti 18

283721369

**Gulika** 11:43AM – 1:29PM  
**Yama** 8:12AM – 9:57AM  
**Rahu** 3:14PM – 5:00PM

**Mula\* Until 1:48PM**  
 Sadhya Until 1:50PM  
 Vanija Until 6:52AM  
**Tritiya Until 7:17PM**

**Ganesha:** White    *Sunrise: 4:40AM*  
**Muruga:** White    *Sunset: 6:46PM*  
**Nataraja:** Purple  
 Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Creative Work    Amrita Yoga

Until 1:48PM

Then Creative Work - Siddha Yoga

**3**

**Wednesday, May 25, 2016**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yukhtayam  
 Purvashadha\*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Birmingham, AL

Sun 3    Sutra 38

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Dhanus Rasi: 21.5    Tihti 19

383721369

**Gulika** 9:57AM – 11:43AM  
**Yama** 6:26AM – 8:11AM  
**Rahu** 11:43AM – 1:29PM

**Purvashadha\* Until 3:08PM**  
 Subha Until 1:24PM  
 Bava Until 7:39AM  
**Chaturthi\* Until 7:52PM**

**Ganesha:** Clear    *Sunrise: 4:40AM*  
**Muruga:** White    *Sunset: 6:46PM*  
**Nataraja:** Purple  
 Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
 Devaloka Time: 9:AM to 12:PM

Creative Work    Amrita Yoga

**4**

**Thursday, May 26, 2016**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yukhtayam  
 Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Birmingham, AL

Sun 4    Sutra 39

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Makara Rasi: 4.35    Tihti 20

383721369

**Gulika** 8:11AM – 9:57AM  
**Yama** 4:39AM – 6:25AM  
**Rahu** 1:29PM – 3:15PM

**Uttarashadha Until 3:54PM**  
 Sukla Until 12:37PM  
 Kaulava Until 8:02AM  
**Panchami Until 8:02PM**

**Ganesha:** Clear    *Sunrise: 4:39AM*  
**Muruga:** White    *Sunset: 6:47PM*  
**Nataraja:** Purple  
 Moon – Light Blue  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
 Devaloka Time: 9:AM to 12:PM

Routine Work    Marana Yoga

Until 3:54PM

Then Creative Work - Siddha Yoga

**5**

**Friday, May 27, 2016**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
 Shravana/Dhanishta Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Birmingham, AL

Sun 5    Sutra 40

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Makara Rasi: 17.34    Tihti 21

393731369

**Gulika** 6:25AM – 8:11AM  
**Yama** 3:16PM – 5:02PM  
**Rahu** 9:57AM – 11:43AM

**Shravana Until 4:31PM**  
 Brahma Until 11:29AM  
 Gara Until 7:57AM  
**Shashthi\* Until 7:43PM**

**Ganesha:** White    *Sunrise: 4:39AM*  
**Muruga:** Clear    *Sunset: 6:48PM*  
**Nataraja:** Purple  
 Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Routine Work    Marana Yoga

Until 4:31PM

Then Creative Work - Siddha Yoga

**6**

**Saturday, May 28, 2016**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yukhtayam  
 Dhanishta/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Saplamyam Titau

Birmingham, AL

Sun 6    Sutra 41

Durmukha 5118

Moon 5 - Phase 6

1st Phase

Kumbha Rasi: 0.47    Tihti 22

393731369

**Gulika** 4:38AM – 6:25AM  
**Yama** 1:30PM – 3:16PM  
**Rahu** 8:11AM – 9:57AM

**Dhanishta Until 4:29PM**  
 Indra Until 9:57AM  
 Visti Until 7:24AM  
**Saptami Until 6:54PM**

**Ganesha:** White    *Sunrise: 4:38AM*  
**Muruga:** Clear    *Sunset: 6:48PM*  
**Nataraja:** Purple  
 Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 4:29PM

Then Creative Work - Amrita Yoga

**Retreat Star**

**Sunday, May 29, 2016**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
 Shatabhishak/Purvaproshtapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Birmingham, AL

Sun 7    Sutra 42

Durmukha 5118

Moon 5 - Phase 6

Ashtami

Kumbha Rasi: 14.19    Tihti 23 – 24

394731369

**Gulika** 3:16PM – 5:03PM  
**Yama** 11:44AM – 1:30PM  
**Rahu** 5:03PM – 6:49PM

**Shatabhishak Until 3:45PM**  
 Vaidhriti\* Until 7:59AM  
 Balava Until 6:18AM  
**Ashtami\* Until 5:31PM**

**Ganesha:** Yellow    *Sunrise: 4:38AM*  
**Muruga:** Clear    *Sunset: 6:49PM*  
**Nataraja:** Purple  
 Moon – Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

Creative Work    Siddha Yoga

**Monday, May 30, 2016**

**Retreat Star**

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yukhtayam  
 Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Birmingham, AL

Sun 8    Sutra 43

Durmukha 5118

Moon 5 - Phase 6

Navami

Kumbha Rasi: 28.1    Tihti 24 – 25

314731369

**Gulika** 1:30PM – 3:17PM  
**Yama** 9:57AM – 11:44AM  
**Rahu** 6:24AM – 8:11AM

**Purvaproshtapada\* Until 2:47PM**  
 Priti Until 2:44AM Tue  
 Vanija Until 2:27AM Tue  
**Navami\* Until 3:36PM**

**Ganesha:** Clear    *Sunrise: 4:38AM*  
**Muruga:** Clear    *Sunset: 6:50PM*  
**Nataraja:** Purple  
 Moon – Clear  
**Vaisaka-Vaikasi**

**Devaloka Day**

Routine Work    Marana Yoga

Until 2:47PM

Then Creative Work - Siddha Yoga

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time


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|                                  |               |                       |                  |                                       |                         |  |                     |                                  |  |
|----------------------------------|---------------|-----------------------|------------------|---------------------------------------|-------------------------|--|---------------------|----------------------------------|--|
| <b>1</b>                         |               | Tuesday, May 31, 2016 |                  |                                       |                         | Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                     | Birmingham, AL<br>Sun 9 Sutra 44 |  |
| Meena Rasi: 12.22                | Tithi 25 – 26 | <b>Gulika</b>         | 11:44AM – 1:30PM | <b>Uttaraproshtapada</b> Until 1:09PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:37AM   | Dur mukha 5118      |                                  |  |
|                                  |               | Yama                  | 8:11AM – 9:57AM  | Ayushman Until 11:29PM                | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:50PM  | Moon 5 - Phase 7    |                                  |  |
|                                  |               | 314731369 <b>Rahu</b> | 3:17PM – 5:04PM  | Bava Until 11:48PM                    | <b>Nataraja:</b> Purple |  | 2nd Phase           |                                  |  |
| Creative Work                    | Amrita Yoga   |                       |                  | <b>Dashami</b> Until 1:10PM           | Moon – Clear            |  | <b>Devaloka Day</b> |                                  |  |
| Until 1:09PM                     |               |                       |                  |                                       | <b>Vaisaka-Vaikasi</b>  |  |                     |                                  |  |
| Then Creative Work - Siddha Yoga |               |                       |                  |                                       |                         |  |                     |                                  |  |

|                   |               |                         |                  |                                |                         |   |                     |                                   |  |
|-------------------|---------------|-------------------------|------------------|--------------------------------|-------------------------|---|---------------------|-----------------------------------|--|
| <b>2</b>          |               | Wednesday, June 1, 2016 |                  |                                |                         | Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                     | Birmingham, AL<br>Sun 10 Sutra 45 |  |
| Meena Rasi: 26.53 | Tithi 26 – 27 | <b>Gulika</b>           | 9:57AM – 11:44AM | <b>Revati</b> Until 10:57AM    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:37AM  | Dur mukha 5118      |                                   |  |
|                   |               | Yama                    | 6:24AM – 8:11AM  | Saubhagya Until 7:55PM         | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:51PM   | Moon 5 - Phase 7    |                                   |  |
|                   |               | 314731369 <b>Rahu</b>   | 11:44AM – 1:31PM | Kaulava Until 8:45PM           | <b>Nataraja:</b> Purple |   | 2nd Phase           |                                   |  |
| Routine Work      | Marana Yoga   |                         |                  | <b>Ekadashi*</b> Until 10:18AM | Moon – Clear            |   | <b>Devaloka Day</b> |                                   |  |
|                   |               |                         |                  |                                | <b>Vaisaka-Vaikasi</b>  |   |                     |                                   |  |

|                                  |               |                        |                 |                                 |                         |  |                              |                                   |  |
|----------------------------------|---------------|------------------------|-----------------|---------------------------------|-------------------------|--|------------------------------|-----------------------------------|--|
| <b>3</b>                         |               | Thursday, June 2, 2016 |                 |                                 |                         | Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Tautila/Vanija Karana Dvadashi/Trayodashyam Titau |                              | Birmingham, AL<br>Sun 11 Sutra 46 |  |
| Mesha Rasi: 11.39                | Tithi 27 – 28 | <b>Gulika</b>          | 8:11AM – 9:57AM | <b>Ashvini</b> Until 8:42AM     | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:37AM   | Dur mukha 5118               |                                   |  |
|                                  |               | Yama                   | 4:37AM – 6:24AM | Sobhana Until 4:10PM            | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:51PM  | Moon 5 - Phase 7             |                                   |  |
|                                  |               | 324731369 <b>Rahu</b>  | 1:31PM – 3:18PM | Vanija Until 3:44AM Fri         | <b>Nataraja:</b> Purple |  | 2nd Phase                    |                                   |  |
| Creative Work                    | Amrita Yoga   |                        |                 | <b>Dvadashi*</b> Until 7:07AM   | Moon – White            |  | <b>Bhuloka Day</b>           |                                   |  |
| Until 8:42AM                     |               |                        |                 | <i>Pradosha Vrata (Fasting)</i> | <b>Vaisaka-Vaikasi</b>  |  | Devaloka Time: 12:PM to 3:PM |                                   |  |
| Then Creative Work - Siddha Yoga |               |                        |                 |                                 |                         |  |                              |                                   |  |

|                   |             |                       |                  |                                       |                         |  |                              |                                   |  |
|-------------------|-------------|-----------------------|------------------|---------------------------------------|-------------------------|--|------------------------------|-----------------------------------|--|
| <b>4</b>          |             | Friday, June 3, 2016  |                  |                                       |                         | Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                              | Birmingham, AL<br>Sun 12 Sutra 47 |  |
| Mesha Rasi: 26.34 | Tithi 29    | <b>Gulika</b>         | 6:24AM – 8:11AM  | <b>Bharani</b> Until 6:08AM           | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:37AM   | Dur mukha 5118               |                                   |  |
|                   |             | Yama                  | 3:18PM – 5:05PM  | Athiganda* Until 12:16PM              | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:52PM  | Moon 5 - Phase 7             |                                   |  |
|                   |             | 324731369 <b>Rahu</b> | 9:57AM – 11:44AM | Visti Until 2:02PM                    | <b>Nataraja:</b> Purple |  | 2nd Phase                    |                                   |  |
| Creative Work     | Siddha Yoga |                       |                  | <b>Chaturdashi*</b> Until 12:18AM Sat | Moon – White            |  | <b>Bhuloka Day</b>           |                                   |  |
|                   |             |                       |                  |                                       | <b>Vaisaka-Vaikasi</b>  |  | Devaloka Time: 12:PM to 3:PM |                                   |  |

|   |             |                        |                 |                                |                        |  |                              |                                   |  |
|---|-------------|------------------------|-----------------|--------------------------------|------------------------|--|------------------------------|-----------------------------------|--|
|  |             | Saturday, June 4, 2016 |                 |                                |                        | Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Rohini Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                              | Birmingham, AL<br>Sun 13 Sutra 48 |  |
| <b>Retreat Star</b>   |             | <b>Gulika</b>          | 4:37AM – 6:24AM | <b>Rohini</b> Until 1:04AM Sun | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:37AM   | Dur mukha 5118               |                                   |  |
| Vrishabha Rasi: 11.31   | Tithi 30    | Yama                   | 1:31PM – 3:18PM | Sukarma Until 8:24AM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:52PM  | Moon 5 - Phase 7             |                                   |  |
|   |             | 334731361 <b>Rahu</b>  | 8:10AM – 9:57AM | Catuspada Until 10:38AM        | <b>Nataraja:</b> White |  | Amavasya                     |                                   |  |
| Creative Work   | Amrita Yoga |                        |                 | <b>Amavasya*</b> Until 9:00PM  | Moon – Yellow          |  | <b>Bhuloka Day</b>           |                                   |  |
| Until 1:04AM Sun  |             |                        |                 |                                | <b>Vaisaka-Vaikasi</b> |  | Devaloka Time: 12:PM to 3:PM |                                   |  |
| Then Creative Work - Siddha Yoga  |             |                        |                 |                                |                        |  |                              |                                   |  |

|                       |             |                       |                  |                                 |                         |   |                              |                                   |  |
|-----------------------|-------------|-----------------------|------------------|---------------------------------|-------------------------|---|------------------------------|-----------------------------------|--|
| <b>Retreat Star</b>   |             | Sunday, June 5, 2016  |                  |                                 |                         | Dur mukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Shula* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau |                              | Birmingham, AL<br>Sun 14 Sutra 49 |  |
| Vrishabha Rasi: 26.21 | Tithi 1 – 2 | <b>Gulika</b>         | 3:19PM – 5:06PM  | <b>Mrigashira</b> Until 10:56PM | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 4:36AM  | Dur mukha 5118               |                                   |  |
|                       |             | Yama                  | 11:45AM – 1:32PM | Shula* Until 1:14AM Mon         | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:53PM   | Moon 5 - Phase 7             |                                   |  |
|                       |             | 334731361 <b>Rahu</b> | 5:06PM – 6:53PM  | Kintughna Until 7:27AM          | <b>Nataraja:</b> White  |   | Prathama                     |                                   |  |
| Creative Work         | Siddha Yoga |                       |                  | <b>Prathama*</b> Until 5:58PM   | Moon – Yellow           |   | <b>Bhuloka Day</b>           |                                   |  |
|                       |             |                       |                  |                                 | <b>Jyeshtha-Vaikasi</b> |   | Devaloka Time: 12:PM to 3:PM |                                   |  |

|                                  |  |                             |  |   |                        |  |                        |                              |                  |
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| <b>1</b>                         |  | <b>Monday, June 6, 2016</b> |  |   |                        | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Birmingham, AL               |                  |
| Mithuna Rasi: 10.55              |  | Tiithi 2 – 3                |  | Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Sun 15   |                        | Sutra 50                     |                  |
| <b>Family Home Evening</b>       |  | 334731361                   |  | <b>Gulika</b>   | <b>1:32PM – 3:19PM</b> | <b>Ardra Until 9:08PM</b>  | <b>Ganesh:</b> Green   | <i>Sunrise:</i> 4:36AM       | Durmukha 5118    |
| Creative Work                    |  | Siddha Yoga                 |  | Yama  | 9:58AM – 11:45AM       | Ganda* Until 10:13PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:53PM        | Moon 5 - Phase 8 |
| Until 9:08PM                     |  |                             |  | <b>Rahu</b>   | <b>6:23AM – 8:11AM</b> | Taitila Until 2:19AM Tue   | <b>Nataraja:</b> White | 3rd Phase                    |                  |
| Then Creative Work - Amrita Yoga |  |                             |  |   |                        | Dvitiya Until 3:22PM   | Moon – Yellow          | <b>Bhuloka Day</b>           |                  |
|                                  |  |                             |  |   |                        |  | Jyeshtha-Vaikasi       | Devaloka Time: 12:PM to 3:PM |                  |

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| <b>2</b>                         |  | <b>Tuesday, June 7, 2016</b> |                         |  |                        | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam |                  | Birmingham, AL |  |
| Mithuna Rasi: 25.05              |  | Tiithi 3 – 4                 |                         | Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                        | Sun 16  |                  | Sutra 51       |  |
| 344731361                        |  | <b>Gulika</b>                | <b>11:45AM – 1:32PM</b> | <b>Punarvasu Until 8:16PM</b>  | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:36AM  | Durmukha 5118    |                |  |
| Creative Work                    |  | Siddha Yoga                  |                         | Vridhi Until 7:45PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:54PM   | Moon 5 - Phase 8 |                |  |
| Until 9:08PM                     |  |                              |                         | Vanija Until 12:41AM Wed   | <b>Nataraja:</b> White | 3rd Phase   |                  |                |  |
| Then Creative Work - Amrita Yoga |  |                              |                         | Tritiya Until 1:23PM   | Moon – Blue            | <b>Bhuloka Day</b>  |                  |                |  |
|                                  |  |                              |                         |  | Jyeshtha-Vaikasi       | Devaloka Time: 12:PM to 3:PM  |                  |                |  |

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| <b>3</b>                         |  | <b>Wednesday, June 8, 2016</b> |                         |  |                        | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam |                  | Birmingham, AL |  |
| Kataka Rasi: 8.5                 |  | Tiithi 4 – 5                   |                         | Pushya Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Sun 17  |                  | Sutra 52       |  |
| 344731361                        |  | <b>Gulika</b>                  | <b>9:58AM – 11:45AM</b> | <b>Pushya Until 8:01PM</b>   | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:36AM  | Durmukha 5118    |                |  |
| Creative Work                    |  | Siddha Yoga                    |                         | Dhruva Until 5:52PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:54PM   | Moon 5 - Phase 8 |                |  |
| Until 9:08PM                     |  |                                |                         | Bava Until 11:50PM   | <b>Nataraja:</b> White | 3rd Phase   |                  |                |  |
| Then Creative Work - Amrita Yoga |  |                                |                         | Chaturthi* Until 12:08PM   | Moon – Blue            | <b>Bhuloka Day</b>  |                  |                |  |
|                                  |  |                                |                         |  | Jyeshtha-Vaikasi       | Devaloka Time: 12:PM to 3:PM  |                  |                |  |

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| <b>4</b>                         |  | <b>Thursday, June 9, 2016</b> |                        |   |                        | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam |                  | Birmingham, AL |  |
| Kataka Rasi: 22.07               |  | Tiithi 5 – 6                  |                        | Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        | Sun 18   |                  | Sutra 53       |  |
| 344731361                        |  | <b>Gulika</b>                 | <b>8:11AM – 9:58AM</b> | <b>Ashlesha* Until 8:27PM</b>   | <b>Ganesh:</b> White   | <i>Sunrise:</i> 4:36AM   | Durmukha 5118    |                |  |
| Creative Work                    |  | Siddha Yoga                   |                        | Vyaghata* Until 4:41PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:55PM  | Moon 5 - Phase 8 |                |  |
| Until 8:27PM                     |  |                               |                        | Kaulava Until 11:51PM   | <b>Nataraja:</b> White | 3rd Phase  |                  |                |  |
| Then Creative Work - Amrita Yoga |  |                               |                        | Panchami Until 11:43AM  | Moon – Blue            | <b>Bhuloka Day</b>   |                  |                |  |
|                                  |  |                               |                        |   | Jyeshtha-Vaikasi       | Devaloka Time: 12:PM to 3:PM   |                  |                |  |

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| <b>5</b>                         |  | <b>Friday, June 10, 2016</b> |                        |  |                        | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam |                  | Birmingham, AL |  |
| Simha Rasi: 4.58                 |  | Tiithi 6 – 7                 |                        | Magha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        | Sun 19  |                  | Sutra 54       |  |
| 355731361                        |  | <b>Gulika</b>                | <b>6:23AM – 8:11AM</b> | <b>Magha* Until 10:01PM</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:36AM  | Durmukha 5118    |                |  |
| Routine Work                     |  | Marana Yoga                  |                        | Harshana Until 4:11PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:55PM   | Moon 5 - Phase 8 |                |  |
| Until 10:01PM                    |  |                              |                        | Gara Until 12:41AM Sat   | <b>Nataraja:</b> White | 3rd Phase   |                  |                |  |
| Then Creative Work - Siddha Yoga |  |                              |                        | Shashthi* Until 12:09PM  | Moon – Red             | <b>Sivaloka Day</b>   |                  |                |  |
|                                  |  |                              |                        |  | Jyeshtha-Vaikasi       |   |                  |                |  |

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| <b>Retreat Star</b>              |  | <b>Saturday, June 11, 2016</b> |                        |   |                        | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam |                  | Birmingham, AL |  |
| Simha Rasi: 17.26                |  | Tiithi 7 – 8                   |                        | Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Sun 20  |                  | Sutra 55       |  |
| 355731361                        |  | <b>Gulika</b>                  | <b>4:36AM – 6:23AM</b> | <b>Purvaphalguni Until 12:09AM Sun</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:36AM  | Durmukha 5118    |                |  |
| Creative Work                    |  | Siddha Yoga                    |                        | Vajra* Until 4:16PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:56PM   | Moon 5 - Phase 8 |                |  |
| Until 12:09AM Sun                |  |                                |                        | Visti Until 2:16AM Sun  | <b>Nataraja:</b> White | Ashtami   |                  |                |  |
| Then Creative Work - Amrita Yoga |  |                                |                        | Saptami Until 1:22PM  | Moon – Red             | <b>Sivaloka Day</b>   |                  |                |  |
|                                  |  |                                |                        |   | Jyeshtha-Vaikasi       |   |                  |                |  |

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| <b>Retreat Star</b>              |  | <b>Sunday, June 12, 2016</b> |                        |   |                        | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                  | Birmingham, AL |  |
| Simha Rasi: 29.36                |  | Tiithi 8 – 9                 |                        | Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Sun 21  |                  | Sutra 56       |  |
| 355831361                        |  | <b>Gulika</b>                | <b>3:21PM – 5:09PM</b> | <b>Uttaraphalguni Until 2:39AM Mon</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:36AM  | Durmukha 5118    |                |  |
| Creative Work                    |  | Amrita Yoga                  |                        | Siddhi Until 4:50PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:56PM   | Moon 5 - Phase 8 |                |  |
| Until 2:39AM Mon                 |  |                              |                        | Balava Until 4:22AM Mon   | <b>Nataraja:</b> White | Navami  |                  |                |  |
| Then Creative Work - Siddha Yoga |  |                              |                        | Ashtami* Until 3:14PM   | Moon – Red             | <b>Devaloka Day</b>   |                  |                |  |
|                                  |  |                              |                        |   | Jyeshtha-Vaikasi       |   |                  |                |  |

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| <b>1</b>                   |  | <b>Monday, June 13, 2016</b> |  |  |                  | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam |                         | Birmingham, AL                      |                  |
| Kanya Rasi: 11.34          |  | Tithi 9 – 10                 |  | Hasta Nakshatra Vyatipata* Varyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                  | Sun 22   |                         | Sutra 57                            |                  |
| <b>Family Home Evening</b> |  | 365831361                    |  | <b>Gulika</b>  | 1:34PM – 3:21PM  | <b>Hasta Until 5:48AM Tue</b>  | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 4:36AM              | Durmukha 5118    |
| Creative Work              |  | Siddha Yoga                  |  | <b>Yama</b>  | 9:59AM – 11:46AM | <b>Vyatipata* Until 5:44PM</b>   | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:56PM               | Moon 5 - Phase 9 |
|                            |  |                              |  | <b>Rahu</b>  | 6:23AM – 8:11AM  | <b>Taitila Until 6:48AM Tue</b>  | <b>Nataraja:</b> White  |                                     | 4th Phase        |
|                            |  |                              |  |  |                  | <b>Navami* Until 5:32PM</b>  | Moon – Green            | <b>Bhuloka Day</b>                  |                  |
|                            |  |                              |  |  |                  |  | <b>Jyeshtha-Vaikasi</b> | <b>Devaloka Time: 12:PM to 3:PM</b> |                  |

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| <b>2</b>                   |  | <b>Tuesday, June 14, 2016</b> |  |  |                  | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam |                        | Birmingham, AL                      |                  |
| Kanya Rasi: 23.25          |  | Tithi 10                      |  | Chitra Nakshatra Varyan Yoga Taitila/Gara Karana Dashamyam Titau |                  | Sun 23  |                        | Sutra 58                            |                  |
| <b>Family Home Evening</b> |  | 365831361                     |  | <b>Gulika</b>  | 11:46AM – 1:34PM | <b>Chitra Until 8:52AM Wed</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:36AM              | Durmukha 5118    |
| Creative Work              |  | Siddha Yoga                   |  | <b>Yama</b>  | 8:11AM – 9:59AM  | <b>Variyan Until 6:45PM</b>   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:57PM               | Moon 5 - Phase 9 |
|                            |  |                               |  | <b>Rahu</b>  | 3:22PM – 5:09PM  | <b>Taitila Until 6:48AM</b>   | <b>Nataraja:</b> White |                                     | 4th Phase        |
|                            |  |                               |  |  |                  | <b>Dashami Until 8:02PM</b>   | Moon – Green           | <b>Bhuloka Day</b>                  |                  |
|                            |  |                               |  |  |                  |   | <b>Jyeshtha-Ani</b>    | <b>Devaloka Time: 12:PM to 3:PM</b> |                  |

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| <b>3</b>                   |  | <b>Wednesday, June 15, 2016</b> |  |  |                  | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Birmingham, AL                      |                  |
| Tula Rasi: 5.14            |  | Tithi 11                        |  | Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau |                  | Sun 24  |                        | Sutra 59                            |                  |
| <b>Family Home Evening</b> |  | 365831361                       |  | <b>Gulika</b>  | 9:59AM – 11:47AM | <b>Chitra Until 8:52AM</b>  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:36AM              | Durmukha 5118    |
| Creative Work              |  | Siddha Yoga                     |  | <b>Yama</b>  | 6:24AM – 8:11AM  | <b>Parigha* Until 7:46PM</b>  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:57PM               | Moon 5 - Phase 9 |
|                            |  |                                 |  | <b>Rahu</b>  | 11:47AM – 1:34PM | <b>Vanija Until 9:18AM</b>  | <b>Nataraja:</b> White |                                     | 4th Phase        |
|                            |  |                                 |  |  |                  | <b>Ekadashi Until 10:29PM</b>   | Moon – Green           | <b>Bhuloka Day</b>                  |                  |
|                            |  |                                 |  |  |                  |   | <b>Jyeshtha-Ani</b>    | <b>Devaloka Time: 12:PM to 3:PM</b> |                  |

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| <b>4</b>                         |  | <b>Thursday, June 16, 2016</b> |  |   |                 | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam |                        | Birmingham, AL                      |                  |
| Tula Rasi: 17.07                 |  | Tithi 12                       |  | Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau |                 | Sun 25   |                        | Sutra 60                            |                  |
| <b>Family Home Evening</b>       |  | 365831361                      |  | <b>Gulika</b>   | 8:11AM – 9:59AM | <b>Svati Until 11:38AM</b>   | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:36AM              | Durmukha 5118    |
| Creative Work                    |  | Amrita Yoga                    |  | <b>Yama</b>   | 4:36AM – 6:24AM | <b>Shiva Until 8:38PM</b>  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:57PM               | Moon 5 - Phase 9 |
| Until 11:38AM                    |  |                                |  | <b>Rahu</b>   | 1:34PM – 3:22PM | <b>Bava Until 11:39AM</b>  | <b>Nataraja:</b> White |                                     | 4th Phase        |
| Then Creative Work - Siddha Yoga |  |                                |  |   |                 | <b>Dvadashi Until 12:42AM Fri</b>  | Moon – Green           | <b>Bhuloka Day</b>                  |                  |
|                                  |  |                                |  |   |                 |  | <b>Jyeshtha-Ani</b>    | <b>Devaloka Time: 12:PM to 3:PM</b> |                  |

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| <b>5</b>                   |  | <b>Friday, June 17, 2016</b> |  |   |                  | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |                        | Birmingham, AL         |                  |
| Tula Rasi: 29.04           |  | Tithi 13                     |  | Vishakha/Anuradha Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau |                  | Sun 26  |                        | Sutra 61               |                  |
| <b>Family Home Evening</b> |  | 375831361                    |  | <b>Gulika</b>   | 6:24AM – 8:12AM  | <b>Vishakha Until 2:27PM</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:36AM | Durmukha 5118    |
| Creative Work              |  | Siddha Yoga                  |  | <b>Yama</b>   | 3:22PM – 5:10PM  | <b>Siddha Until 9:14PM</b>  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:58PM  | Moon 5 - Phase 9 |
|                            |  |                              |  | <b>Rahu</b>   | 9:59AM – 11:47AM | <b>Kaulava Until 1:43PM</b>   | <b>Nataraja:</b> White |                        | 4th Phase        |
|                            |  |                              |  |   |                  | <b>Trayodashi Until 2:36AM Sat</b>  | Moon – Orange          | <b>Devaloka Day</b>    |                  |
|                            |  |                              |  |   |                  |   | <b>Jyeshtha-Ani</b>    |                        |                  |
|                            |  |                              |  |   |                  |   | <i>Pradosha Vrata</i>  |                        |                  |

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| <b>6</b>                   |  | <b>Saturday, June 18, 2016</b> |  |   |                  | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Birmingham, AL         |                  |
| Vrischika Rasi: 11.11      |  | Tithi 14                       |  | Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau |                  | Sun 27  |                        | Sutra 62               |                  |
| <b>Family Home Evening</b> |  | 375831361                      |  | <b>Gulika</b>   | 4:36AM – 6:24AM  | <b>Anuradha Until 4:44PM</b>  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:36AM | Durmukha 5118    |
| Creative Work              |  | Siddha Yoga                    |  | <b>Yama</b>   | 1:35PM – 3:23PM  | <b>Sadhya Until 9:31PM</b>  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:58PM  | Moon 5 - Phase 9 |
|                            |  |                                |  | <b>Rahu</b>   | 8:12AM – 10:00AM | <b>Gara Until 3:24PM</b>  | <b>Nataraja:</b> White |                        | 4th Phase        |
|                            |  |                                |  |   |                  | <b>Chaturdashi* Until 4:04AM Sun</b>  | Moon – Orange          | <b>Devaloka Day</b>    |                  |
|                            |  |                                |  |   |                  |   | <b>Jyeshtha-Ani</b>    |                        |                  |

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| <b>○</b>                         |  | <b>Sunday, June 19, 2016</b> |  |  |                  | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        | Birmingham, AL         |                  |
| <b>Copper Retreat Star</b>       |  | Tithi 15                     |  | Jyeshtha* Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau |                  | Sun 28  |                        | Sutra 63               |                  |
| Vrischika Rasi: 23.28            |  | 375831361                    |  | <b>Gulika</b>  | 3:23PM – 5:11PM  | <b>Jyeshtha* Until 6:26PM</b>   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 4:37AM | Durmukha 5118    |
| Routine Work                     |  | Marana Yoga                  |  | <b>Yama</b>  | 11:47AM – 1:35PM | <b>Subha Until 9:29PM</b>   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:58PM  | Moon 5 - Phase 9 |
| Until 6:26PM                     |  |                              |  | <b>Rahu</b>  | 5:11PM – 6:58PM  | <b>Visti Until 4:39PM</b>   | <b>Nataraja:</b> White |                        | Purnima          |
| Then Creative Work - Amrita Yoga |  |                              |  |  |                  | <b>Purnima* Until 5:05AM Mon</b>  | Moon – Orange          | <b>Devaloka Day</b>    |                  |
|                                  |  |                              |  |  |                  |   | <b>Jyeshtha-Ani</b>    |                        |                  |

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| <b>○</b>                        |  | <b>Monday, June 20, 2016</b> |  |  |                   | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam |                        | Birmingham, AL         |                  |
| <b>Silver Retreat Star</b>      |  | Tithi 16                     |  | Mula* Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau |                   | Sun 29   |                        | Sutra 64               |                  |
| Dhanus Rasi: 5.56               |  | 386831361                    |  | <b>Gulika</b>  | 1:35PM – 3:23PM   | <b>Mula* Until 8:01PM</b>  | <b>Ganesh:</b> Yellow  | <i>Sunrise:</i> 4:37AM | Durmukha 5118    |
| <b>Family Home Evening</b>      |  |                              |  | <b>Yama</b>  | 10:00AM – 11:48AM | <b>Sukla Until 9:05PM</b>  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:58PM  | Moon 5 - Phase 9 |
| Creative Work                   |  | Siddha Yoga                  |  | <b>Rahu</b>  | 6:25AM – 8:12AM   | <b>Balava Until 5:27PM</b>   | <b>Nataraja:</b> White |                        | Prathama         |
| Until 8:01PM                    |  |                              |  |  |                   | <b>Prathama* Until 5:40AM Tue</b>  | Moon – Light Blue      | <b>Devaloka Day</b>    |                  |
| Then Routine Work - Marana Yoga |  |                              |  |  |                   |  | <b>Jyeshtha-Ani</b>    |                        |                  |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang





Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Birmingham, AL

Sutra 65

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 18.37 Tihti 17

386831361 Rahu

Gulika 11:48AM - 1:36PM  
Yama 8:12AM - 10:00AM  
Rahu 3:23PM - 5:11PM

Purvashadha\* Until 9:02PM  
Brahma Until 8:21PM  
Tailila Until 5:49PM

Ganesha: Yellow Sunrise: 4:37AM  
Muruga: Clear Sunset: 6:59PM  
Nataraja: White  
Moon - Light Blue

Devaloka Day

Creative Work Siddha Yoga

Until 9:02PM

Then Routine Work - Prabalarishta Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birmingham, AL

Sun 1 Sutra 66

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 1.29 Tihti 18

386831361 Rahu

Gulika 10:00AM - 11:48AM  
Yama 6:25AM - 8:13AM  
Rahu 11:48AM - 1:36PM

Uttarashadha Until 9:30PM  
Indra Until 7:19PM  
Vanija Until 5:48PM

Ganesha: Yellow Sunrise: 4:37AM  
Muruga: Clear Sunset: 6:59PM  
Nataraja: White  
Moon - Light Blue

Devaloka Day

Creative Work Amrita Yoga

Until 9:30PM

Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Birmingham, AL

Sun 2 Sutra 67

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 14.33 Tihti 19

396831361 Rahu

Gulika 8:13AM - 10:01AM  
Yama 4:38AM - 6:25AM  
Rahu 1:36PM - 3:24PM

Shravana Until 9:55PM  
Vaidhriti\* Until 5:59PM  
Bava Until 5:24PM

Ganesha: Blue Sunrise: 4:38AM  
Muruga: Clear Sunset: 6:59PM  
Nataraja: White  
Moon - Purple

Sivaloka Day

Creative Work Siddha Yoga

Chaturthi\* Until 5:03AM Fri

Jyeshtha-Ani

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Kaulava/Tailila Karana Panchamyam Titau

Birmingham, AL

Sun 3 Sutra 68

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 27.48 Tihti 20

396831361 Rahu

Gulika 6:26AM - 8:13AM  
Yama 3:24PM - 5:11PM  
Rahu 10:01AM - 11:48AM

Dhanishtha Until 9:51PM  
Vishkambha\* Until 4:22PM  
Kaulava Until 4:40PM

Ganesha: Blue Sunrise: 4:38AM  
Muruga: Clear Sunset: 6:59PM  
Nataraja: White  
Moon - Purple

Sivaloka Day

Creative Work Siddha Yoga

Panchami Until 4:08AM Sat

Jyeshtha-Ani

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Birmingham, AL

Sun 4 Sutra 69

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 11.14 Tihti 21

396831361 Rahu

Gulika 4:38AM - 6:26AM  
Yama 1:36PM - 3:24PM  
Rahu 8:13AM - 10:01AM

Shatabhishak Until 9:17PM  
Priti Until 2:29PM  
Gara Until 3:34PM

Ganesha: Blue Sunrise: 4:38AM  
Muruga: Clear Sunset: 6:59PM  
Nataraja: White  
Moon - Purple

Sivaloka Day

Creative Work Amrita Yoga

Until 9:17PM

Then Routine Work - Marana Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Birmingham, AL

Sun 5 Sutra 70

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 24.53 Tihti 22

316831361 Rahu

Gulika 3:24PM - 5:12PM  
Yama 11:49AM - 1:36PM  
Rahu 5:12PM - 6:59PM

Purvaproshtapada\* Until 8:40PM  
Ayushman Until 12:18PM  
Visti Until 2:08PM

Ganesha: Purple Sunrise: 4:38AM  
Muruga: Clear Sunset: 6:59PM  
Nataraja: White  
Moon - Clear

Sivaloka Day

Creative Work Siddha Yoga

Until 8:40PM

Then Creative Work - Amrita Yoga

Monday, June 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Birmingham, AL

Sun 6 Sutra 71

Durmukha 5118

Moon 6 - Phase 10

Ashtami

Meena Rasi: 8.44 Tihti 23

317831361 Rahu

Gulika 1:37PM - 3:24PM  
Yama 10:02AM - 11:49AM  
Rahu 6:26AM - 8:14AM

Uttaraproshtapada Until 7:33PM  
Saubhagya Until 9:51AM  
Balava Until 12:21PM

Ganesha: Clear Sunrise: 4:39AM  
Muruga: Clear Sunset: 6:59PM  
Nataraja: White  
Moon - Clear

Devaloka Day

Creative Work Siddha Yoga

Ashtami\* Until 11:19PM

Jyeshtha-Ani

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Sobhana/Alhiganda\* Yoga Tailila/Gara Karana Navamyam Titau

Birmingham, AL

Sun 7 Sutra 72

Durmukha 5118

Moon 6 - Phase 10

Navami

Meena Rasi: 22.48 Tihti 24

317831361 Rahu

Gulika 11:49AM - 1:37PM  
Yama 8:14AM - 10:02AM  
Rahu 3:24PM - 5:12PM

Revati Until 5:59PM  
Sobhana Until 7:08AM  
Tailila Until 10:14AM

Ganesha: Clear Sunrise: 4:39AM  
Muruga: Clear Sunset: 6:59PM  
Nataraja: White  
Moon - Clear

Devaloka Day

Creative Work Siddha Yoga

Navami\* Until 9:02PM


Jyeshtha-Ani

|   |             |  |                             |   |                        |                              |  |
|---|-------------|--|-----------------------------|---|------------------------|------------------------------|--|
| <b>1</b>  |             | <b>Wednesday, June 29, 2016</b>        |                             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam |                        | Birmingham, AL               |  |
| Ashvini/Bharani Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau |             | Sun 8                                  |                             | Sutra 73  |                        | Durmukha 5118                |  |
| Mesha Rasi: 7.05  | Tithi 25    | <b>Gulika</b> 10:02AM – 11:49AM        | <b>Ashvini</b> Until 4:24PM | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 4:40AM | Moon 6 - Phase 11            |  |
|   |             | Yama 6:27AM – 8:15AM                   | Sukarma Until 12:57AM Thu   | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:59PM  | 2nd Phase                    |  |
|   |             | 327831361 <b>Rahu</b> 11:49AM – 1:37PM | Vanija Until 7:49AM         | <b>Nataraja:</b> White  |                        |                              |  |
| Routine Work  | Marana Yoga |  | <b>Dashami</b> Until 6:30PM | Moon – White  |                        | <b>Bhuloka Day</b>           |  |
| Until 4:24PM  |             |  |                             | <b>Jyeshtha-Ani</b>   |                        | Devaloka Time: 12:PM to 3:PM |  |
| Then Creative Work - Siddha Yoga  |             |  |                             |   |                        |                              |  |

|  |               |                                       |                               |  |                        |                              |  |
|--|---------------|---------------------------------------|-------------------------------|--|------------------------|------------------------------|--|
| <b>2</b>   |               | <b>Thursday, June 30, 2016</b>        |                               | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam |                        | Birmingham, AL               |  |
| Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |               | Sun 9                                 |                               | Sutra 74   |                        | Durmukha 5118                |  |
| Mesha Rasi: 21.31  | Tithi 26 – 27 | <b>Gulika</b> 8:15AM – 10:02AM        | <b>Bharani</b> Until 2:29PM   | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:40AM | Moon 6 - Phase 11            |  |
|  |               | Yama 4:40AM – 6:27AM                  | Dhriti Until 9:38PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:59PM  | 2nd Phase                    |  |
|  |               | 327831361 <b>Rahu</b> 1:37PM – 3:25PM | Kaulava Until 2:21AM Fri      | <b>Nataraja:</b> White   |                        |                              |  |
| Creative Work  | Siddha Yoga   |                                       | <b>Ekadashi*</b> Until 3:45PM | Moon – White   |                        | <b>Bhuloka Day</b>           |  |
| Until 2:29PM   |               |                                       |                               | <b>Jyeshtha-Ani</b>  |                        | Devaloka Time: 12:PM to 3:PM |  |
| Then Routine Work - Marana Yoga  |               |                                       |                               |  |                        |                              |  |

|   |               |   |                                 |   |                        |                              |  |
|---|---------------|---|---------------------------------|---|------------------------|------------------------------|--|
| <b>3</b>  |               | <b>Friday, July 1, 2016</b>             |                                 | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam |                        | Birmingham, AL               |  |
| Krittika/Rohini Nakshatra Shula* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |               | Sun 10                                  |                                 | Sutra 75  |                        | Durmukha 5118                |  |
| Vrishabha Rasi: 6.04  | Tithi 27 – 28 | <b>Gulika</b> 6:28AM – 8:15AM           | <b>Krittika</b> Until 12:18PM   | <b>Ganesh:</b> Purple   | <i>Sunrise:</i> 4:40AM | Moon 6 - Phase 11            |  |
|   |               | Yama 3:25PM – 5:12PM                    | Shula* Until 6:14PM             | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:59PM  | 2nd Phase                    |  |
|   |               | 327831361 <b>Rahu</b> 10:02AM – 11:50AM | Gara Until 11:29PM              | <b>Nataraja:</b> White  |                        |                              |  |
| Creative Work   | Siddha Yoga   |   | <b>Dvadashi*</b> Until 12:54PM  | Moon – White  |                        | <b>Bhuloka Day</b>           |  |
| Until 12:18PM   |               |   | <i>Pradosha Vrata (Fasting)</i> | <b>Jyeshtha-Ani</b>   |                        | Devaloka Time: 12:PM to 3:PM |  |
| Then Routine Work - Marana Yoga   |               |   |                                 |   |                        |                              |  |

|   |               |  |                                  |   |                        |                              |  |
|---|---------------|--|----------------------------------|---|------------------------|------------------------------|--|
| <b>4</b>  |               | <b>Saturday, July 2, 2016</b>          |                                  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam |                        | Birmingham, AL               |  |
| Rohini/Mrigashira Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |               | Sun 11                                 |                                  | Sutra 76  |                        | Durmukha 5118                |  |
| Vrishabha Rasi: 20.38   | Tithi 28 – 29 | <b>Gulika</b> 4:41AM – 6:28AM          | <b>Rohini</b> Until 10:26AM      | <b>Ganesh:</b> Light Blue   | <i>Sunrise:</i> 4:41AM | Moon 6 - Phase 11            |  |
|   |               | Yama 1:37PM – 3:25PM                   | Ganda* Until 2:53PM              | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:59PM  | 2nd Phase                    |  |
|   |               | 327831361 <b>Rahu</b> 8:15AM – 10:03AM | Visti Until 8:43PM               | <b>Nataraja:</b> White  |                        |                              |  |
| Creative Work   | Amrita Yoga   |  | <b>Trayodashi*</b> Until 10:04AM | Moon – Yellow   |                        | <b>Bhuloka Day</b>           |  |
| Until 10:26AM   |               |  |                                  | <b>Jyeshtha-Ani</b>   |                        | Devaloka Time: 12:PM to 3:PM |  |
| Then Creative Work - Siddha Yoga  |               |  |                                  |   |                        |                              |  |

|   |               |                                       |                                  |   |                        |                              |  |
|---|---------------|---------------------------------------|----------------------------------|---|------------------------|------------------------------|--|
|                      |               | <b>Sunday, July 3, 2016</b>           |                                  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam |                        | Birmingham, AL               |  |
| Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |               | Sun 12                                |                                  | Sutra 77  |                        | Durmukha 5118                |  |
| Mithuna Rasi: 5.07  | Tithi 29 – 30 | <b>Gulika</b> 3:25PM – 5:12PM         | <b>Mrigashira</b> Until 8:34AM   | <b>Ganesh:</b> Light Blue   | <i>Sunrise:</i> 4:41AM | Moon 6 - Phase 11            |  |
|   |               | Yama 11:50AM – 1:37PM                 | Vridhi Until 11:42AM             | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:59PM  | Amavasya                     |  |
|   |               | 327831361 <b>Rahu</b> 5:12PM – 6:59PM | Catuspada Until 6:11PM           | <b>Nataraja:</b> White  |                        |                              |  |
| Creative Work   | Siddha Yoga   |                                       | <b>Chaturdashi*</b> Until 7:24AM | Moon – Yellow   |                        | <b>Bhuloka Day</b>           |  |
|   |               |                                       |                                  | <b>Jyeshtha-Ani</b>   |                        | Devaloka Time: 12:PM to 3:PM |  |

|  |             |                                       |                                   |  |                        |                              |  |
|--|-------------|---------------------------------------|-----------------------------------|--|------------------------|------------------------------|--|
| <b>Monday, July 4, 2016</b>  |             | <b>Retreat Star</b>                   |                                   | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Birmingham, AL               |  |
| Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau |             | Sun 13                                |                                   | Sutra 78   |                        | Durmukha 5118                |  |
| Mithuna Rasi: 19.23  | Tithi 1     | <b>Gulika</b> 1:38PM – 3:25PM         | <b>Ardra</b> Until 6:52AM         | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 4:42AM | Moon 6 - Phase 11            |  |
| <b>Family Home Evening</b>   |             | Yama 10:03AM – 11:50AM                | Dhruva Until 8:46AM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:59PM  | Prathama                     |  |
|  |             | 327831361 <b>Rahu</b> 6:29AM – 8:16AM | Kintughna Until 4:01PM            | <b>Nataraja:</b> White   |                        |                              |  |
| Creative Work  | Siddha Yoga |                                       | <b>Prathama*</b> Until 3:06AM Tue | Moon – Yellow  |                        | <b>Bhuloka Day</b>           |  |
| Until 6:52AM   |             |                                       |                                   | <b>Ashada-Ani</b>  |                        | Devaloka Time: 12:PM to 3:PM |  |
| Then Creative Work - Amrita Yoga   |             |                                       |                                   |  |                        |                              |  |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

|                                |             |  |                                 |  |                              |                                   |
|--------------------------------|-------------|--|---------------------------------|--|------------------------------|-----------------------------------|
| <b>1</b> Tuesday, July 5, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                 |  |                              | Birmingham, AL<br>Sun 14 Sutra 79 |
| Kataka Rasi: 3.22              | Tithi 2     | <b>Gulika</b> 11:51AM – 1:38PM   | <b>Pushya</b> Until 5:27AM Wed  | <b>Ganesh:</b> Light Blue <i>Sunrise:</i> 4:42AM | Durmukha 5118                |                                   |
|                                |             | Yama 8:16AM – 10:03AM  | Vyaghata* Until 6:14AM          | <b>Muruga:</b> Clear <i>Sunset:</i> 6:59PM       | Moon 6 - Phase 12            |                                   |
| Creative Work                  | Siddha Yoga | 348831361 <b>Rahu</b> 3:25PM – 5:12PM  | Balava Until 2:22PM             | <b>Nataraja:</b> White                           | 3rd Phase                    |                                   |
|                                |             |  | <b>Dvitiya</b> Until 1:46AM Wed | Moon – Blue                                      | <b>Bhuloka Day</b>           |                                   |
|                                |             |  |                                 | <b>Ashada*Ani</b>                                | Devaloka Time: 12:PM to 3:PM |                                   |

|                                  |             |   |                                   |  |                              |                                   |
|----------------------------------|-------------|---|-----------------------------------|--|------------------------------|-----------------------------------|
| <b>2</b> Wednesday, July 6, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau |                                   |  |                              | Birmingham, AL<br>Sun 15 Sutra 80 |
| Kataka Rasi: 16.58               | Tithi 3     | <b>Gulika</b> 10:04AM – 11:51AM   | <b>Ashlesha*</b> Until 5:31AM Thu | <b>Ganesh:</b> Light Blue <i>Sunrise:</i> 4:43AM | Durmukha 5118                |                                   |
|                                  |             | Yama 6:30AM – 8:17AM  | Vajra* Until 2:45AM Thu           | <b>Muruga:</b> Clear <i>Sunset:</i> 6:59PM       | Moon 6 - Phase 12            |                                   |
| Creative Work                    | Siddha Yoga | 448931361 <b>Rahu</b> 11:51AM – 1:38PM  | Taitila Until 1:22PM              | <b>Nataraja:</b> White                           | 3rd Phase                    |                                   |
| Until 5:31AM Thu                 |             |   | <b>Tritiya</b> Until 1:08AM Thu   | Moon – Blue                                      | <b>Bhuloka Day</b>           |                                   |
| Then Creative Work - Amrita Yoga |             |   |                                   | <b>Ashada*Ani</b>                                | Devaloka Time: 12:PM to 3:PM |                                   |

|                                  |             |   |                                    |  |                              |                                   |
|----------------------------------|-------------|---|------------------------------------|--|------------------------------|-----------------------------------|
| <b>3</b> Thursday, July 7, 2016  |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau |                                    |  |                              | Birmingham, AL<br>Sun 16 Sutra 81 |
| Simha Rasi: 0.1                  | Tithi 4     | <b>Gulika</b> 8:17AM – 10:04AM  | <b>Magha*</b> Until 6:40AM Fri     | <b>Ganesh:</b> Purple <i>Sunrise:</i> 4:43AM | Durmukha 5118                |                                   |
|                                  |             | Yama 4:43AM – 6:30AM  | Siddhi Until 1:54AM Fri            | <b>Muruga:</b> Clear <i>Sunset:</i> 6:58PM   | Moon 6 - Phase 12            |                                   |
| Creative Work                    | Amrita Yoga | 458931361 <b>Rahu</b> 1:38PM – 3:25PM   | Vanija Until 1:07PM                | <b>Nataraja:</b> White                       | 3rd Phase                    |                                   |
| Until 6:40AM Fri                 |             |   | <b>Chaturthi*</b> Until 1:16AM Fri | Moon – Red                                   | <b>Bhuloka Day</b>           |                                   |
| Then Creative Work - Siddha Yoga |             |   |                                    | <b>Ashada*Ani</b>                            | Devaloka Time: 12:PM to 3:PM |                                   |

|                                  |             |   |                                  |  |                              |                                   |
|----------------------------------|-------------|---|----------------------------------|--|------------------------------|-----------------------------------|
| <b>4</b> Friday, July 8, 2016    |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau |                                  |  |                              | Birmingham, AL<br>Sun 17 Sutra 82 |
| Simha Rasi: 12.58                | Tithi 5     | <b>Gulika</b> 6:31AM – 8:17AM   | <b>Magha*</b> Until 6:40AM       | <b>Ganesh:</b> Purple <i>Sunrise:</i> 4:44AM | Durmukha 5118                |                                   |
|                                  |             | Yama 3:25PM – 5:11PM  | Vyatipata* Until 1:40AM Sat      | <b>Muruga:</b> Clear <i>Sunset:</i> 6:58PM   | Moon 6 - Phase 12            |                                   |
| Routine Work                     | Marana Yoga | 458931361 <b>Rahu</b> 10:04AM – 11:51AM   | Bava Until 1:39PM                | <b>Nataraja:</b> White                       | 3rd Phase                    |                                   |
| Until 6:40AM                     |             |   | <b>Panchami</b> Until 2:10AM Sat | Moon – Red                                   | <b>Bhuloka Day</b>           |                                   |
| Then Creative Work - Siddha Yoga |             |   |                                  | <b>Ashada*Ani</b>                            | Devaloka Time: 12:PM to 3:PM |                                   |

|                                 |             |   |                                   |  |                              |                                   |
|---------------------------------|-------------|---|-----------------------------------|--|------------------------------|-----------------------------------|
| <b>5</b> Saturday, July 9, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau |                                   |  |                              | Birmingham, AL<br>Sun 18 Sutra 83 |
| Simha Rasi: 25.26               | Tithi 6     | <b>Gulika</b> 4:44AM – 6:31AM   | <b>Purvaphalguni</b> Until 8:23AM | <b>Ganesh:</b> Purple <i>Sunrise:</i> 4:44AM | Durmukha 5118                |                                   |
|                                 |             | Yama 1:38PM – 3:25PM  | Varyan Until 1:56AM Sun           | <b>Muruga:</b> Clear <i>Sunset:</i> 6:58PM   | Moon 6 - Phase 12            |                                   |
| Creative Work                   | Siddha Yoga | 458931361 <b>Rahu</b> 8:18AM – 10:04AM  | Kaulava Until 2:54PM              | <b>Nataraja:</b> White                       | 3rd Phase                    |                                   |
| Until 8:23AM                    |             |   | <b>Shashthi*</b> Until 3:45AM Sun | Moon – Red                                   | <b>Bhuloka Day</b>           |                                   |
| Then Routine Work - Marana Yoga |             | <b>Chidambaram Abhishekam</b>   |                                   | <b>Ashada*Ani</b>                            | Devaloka Time: 12:PM to 3:PM |                                   |

|                                |             |  |                                     |  |                              |                                   |
|--------------------------------|-------------|--|-------------------------------------|--|------------------------------|-----------------------------------|
| <b>6</b> Sunday, July 10, 2016 |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau |                                     |  |                              | Birmingham, AL<br>Sun 19 Sutra 84 |
| Kanya Rasi: 7.37               | Tithi 7     | <b>Gulika</b> 3:24PM – 5:11PM  | <b>Uttaraphalguni</b> Until 10:33AM | <b>Ganesh:</b> Light Blue <i>Sunrise:</i> 4:45AM | Durmukha 5118                |                                   |
|                                |             | Yama 11:51AM – 1:38PM  | Parigha* Until 2:37AM Mon           | <b>Muruga:</b> Clear <i>Sunset:</i> 6:58PM       | Moon 6 - Phase 12            |                                   |
| Creative Work                  | Amrita Yoga | 459931361 <b>Rahu</b> 5:11PM – 6:58PM  | Gara Until 4:45PM                   | <b>Nataraja:</b> White                           | 3rd Phase                    |                                   |
| Until 1:29PM                   |             |  | <b>Saptami</b> Until 5:49AM Mon     | Moon – Red                                       | <b>Bhuloka Day</b>           |                                   |
|                                |             |  |                                     | <b>Ashada*Ani</b>                                | Devaloka Time: 12:PM to 3:PM |                                   |

|  |             |   |                                  |  |                     |                                   |
|--|-------------|---|----------------------------------|--|---------------------|-----------------------------------|
| <b>Monday, July 11, 2016</b>           |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Shiva Yoga Visti* Karana Ashtamyam Titau |                                  |  |                     | Birmingham, AL<br>Sun 20 Sutra 85 |
| <b>Retreat Star</b>                    |             | <b>Gulika</b> 1:38PM – 3:24PM   | <b>Hasta</b> Until 1:29PM        | <b>Ganesh:</b> Orange <i>Sunrise:</i> 4:45AM | Durmukha 5118       |                                   |
| Kanya Rasi: 19.37                      | Tithi 8     | Yama 10:05AM – 11:51AM  | Shiva Until 3:32AM Tue           | <b>Muruga:</b> Clear <i>Sunset:</i> 6:57PM   | Moon 6 - Phase 12   |                                   |
| <b>Family Home Evening</b>             |             | 469931361 <b>Rahu</b> 6:32AM – 8:18AM   | Visti Until 7:00PM               | <b>Nataraja:</b> White                       | Ashtami             |                                   |
| Creative Work                          | Siddha Yoga |   | <b>Ashtami*</b> Until 8:10AM Tue | Moon – Green                                 | <b>Devaloka Day</b> |                                   |
| Until 1:29PM                           |             |   |                                  | <b>Ashada*Ani</b>                            |                     |                                   |
| Then Routine Work - Prabalarishta Yoga |             |   |                                  |  |                     |                                   |

|                               |             |   |                              |  |                     |                                   |
|-------------------------------|-------------|---|------------------------------|--|---------------------|-----------------------------------|
| <b>Tuesday, July 12, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                              |  |                     | Birmingham, AL<br>Sun 21 Sutra 86 |
| <b>Retreat Star</b>           |             | <b>Gulika</b> 11:52AM – 1:38PM  | <b>Chitra</b> Until 4:27PM   | <b>Ganesh:</b> Orange <i>Sunrise:</i> 4:46AM | Durmukha 5118       |                                   |
| Tula Rasi: 1.29               | Tithi 8 – 9 | Yama 8:19AM – 10:05AM   | Siddha Until 4:29AM Wed      | <b>Muruga:</b> Clear <i>Sunset:</i> 6:57PM   | Moon 6 - Phase 12   |                                   |
|                               |             | 469931361 <b>Rahu</b> 3:24PM – 5:11PM   | Balava Until 9:24PM          | <b>Nataraja:</b> White                       | Navami              |                                   |
| Creative Work                 | Siddha Yoga |   | <b>Ashtami*</b> Until 8:10AM | Moon – Green                                 | <b>Devaloka Day</b> |                                   |
|                               |             |   |                              | <b>Ashada*Ani</b>                            |                     |                                   |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

|                  |  |                                 |  |                         |  |   |  |                     |  |
|------------------|--|---------------------------------|--|-------------------------|--|---|--|---------------------|--|
| <b>1</b>         |  | <b>Wednesday, July 13, 2016</b> |  |                         |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam |  | Birmingham, AL      |  |
| Tula Rasi: 13.21 |  | Tithi 9 – 10                    |  | Svati Until 7:13PM      |  | Ganesh: Orange  |  | Sun 22 Sutra 87     |  |
| Creative Work    |  | Siddha Yoga                     |  | Sadhya Until 5:22AM Thu |  | Sunrise: 4:47AM   |  | Durumukha 5118      |  |
| 469931361        |  | Rahu 11:52AM – 1:38PM           |  | Taitila Until 11:43PM   |  | Sunset: 6:57PM  |  | Moon 6 - Phase 13   |  |
|                  |  |                                 |  | Navami* Until 10:34AM   |  | Nataraja: White   |  | 4th Phase           |  |
|                  |  |                                 |  |                         |  | Moon – Green  |  | <b>Devaloka Day</b> |  |
|                  |  |                                 |  |                         |  | Ashada*Ani  |  |                     |  |


|                  |  |                                |  |                         |  |  |  |                              |  |
|------------------|--|--------------------------------|--|-------------------------|--|--|--|------------------------------|--|
| <b>2</b>         |  | <b>Thursday, July 14, 2016</b> |  |                         |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam |  | Birmingham, AL               |  |
| Tula Rasi: 25.16 |  | Tithi 10 – 11                  |  | Vishakha Until 10:05PM  |  | Ganesh: Green  |  | Sun 23 Sutra 88              |  |
| Creative Work    |  | Siddha Yoga                    |  | Subha Until 6:01AM Fri  |  | Sunrise: 4:47AM  |  | Durumukha 5118               |  |
| 479931361        |  | Rahu 1:38PM – 3:24PM           |  | Vanija Until 1:47AM Fri |  | Sunset: 6:56PM   |  | Moon 6 - Phase 13            |  |
|                  |  |                                |  | Dashami Until 12:47PM   |  | Nataraja: White  |  | 4th Phase                    |  |
|                  |  |                                |  |                         |  | Moon – Orange  |  | <b>Bhuloka Day</b>           |  |
|                  |  |                                |  |                         |  | Ashada*Ani   |  | Devaloka Time: 12:PM to 3:PM |  |


|                      |  |                              |  |                            |  |  |  |                              |  |
|----------------------|--|------------------------------|--|----------------------------|--|--|--|------------------------------|--|
| <b>3</b>             |  | <b>Friday, July 15, 2016</b> |  |                            |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam |  | Birmingham, AL               |  |
| Vrischika Rasi: 7.18 |  | Tithi 11 – 12                |  | Anuradha Until 12:25AM Sat |  | Ganesh: Green  |  | Sun 24 Sutra 89              |  |
| Creative Work        |  | Siddha Yoga                  |  | Subha Until 6:01AM         |  | Sunrise: 4:48AM  |  | Durumukha 5118               |  |
| 479931361            |  | Rahu 10:06AM – 11:52AM       |  | Bava Until 3:26AM Sat      |  | Sunset: 6:56PM   |  | Moon 6 - Phase 13            |  |
|                      |  |                              |  | Ekadashi Until 2:39PM      |  | Nataraja: White  |  | 4th Phase                    |  |
|                      |  |                              |  |                            |  | Moon – Orange  |  | <b>Bhuloka Day</b>           |  |
|                      |  |                              |  |                            |  | Ashada*Adi   |  | Devaloka Time: 12:PM to 3:PM |  |

|                                  |  |                                |  |                            |  |  |  |                     |  |
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| <b>4</b>                         |  | <b>Saturday, July 16, 2016</b> |  |                            |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam |  | Birmingham, AL      |  |
| Vrischika Rasi: 19.31            |  | Tithi 12 – 13                  |  | Jyeshtha* Until 2:05AM Sun |  | Ganesh: Green  |  | Sun 25 Sutra 90     |  |
| Creative Work                    |  | Siddha Yoga                    |  | Sukla Until 6:19AM         |  | Sunrise: 4:48AM  |  | Durumukha 5118      |  |
| 479931362                        |  | Rahu 8:20AM – 10:06AM          |  | Kaulava Until 4:34AM Sun   |  | Sunset: 6:55PM   |  | Moon 6 - Phase 13   |  |
| Until 2:05AM Sun                 |  |                                |  | Dvadashi Until 4:03PM      |  | Nataraja: Clear  |  | 4th Phase           |  |
| Then Creative Work - Amrita Yoga |  |                                |  |                            |  | Moon – Orange  |  | <b>Devaloka Day</b> |  |
|                                  |  |                                |  |                            |  | Ashada*Adi   |  |                     |  |
|                                  |  |                                |  |                            |  | Pradosha Vrata   |  |                     |  |

|                                 |  |                              |  |                         |  |  |  |                     |  |
|---------------------------------|--|------------------------------|--|-------------------------|--|--|--|---------------------|--|
| <b>5</b>                        |  | <b>Sunday, July 17, 2016</b> |  |                         |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam |  | Birmingham, AL      |  |
| Dhanus Rasi: 1.56               |  | Tithi 13 – 14                |  | Mula* Until 3:33AM Mon  |  | Ganesh: Red  |  | Sun 26 Sutra 91     |  |
| Creative Work                   |  | Amrita Yoga                  |  | Brahma Until 6:13AM     |  | Sunrise: 4:49AM  |  | Durumukha 5118      |  |
| 489931362                       |  | Rahu 5:09PM – 6:55PM         |  | Gara Until 5:10AM Mon   |  | Sunset: 6:55PM   |  | Moon 6 - Phase 13   |  |
| Until 3:33AM Mon                |  |                              |  | Trayodashi Until 4:55PM |  | Nataraja: Clear  |  | 4th Phase           |  |
| Then Routine Work - Marana Yoga |  |                              |  |                         |  | Moon – Light Blue  |  | <b>Sivaloka Day</b> |  |
|                                 |  |                              |  |                         |  | Ashada*Adi   |  |                     |  |

|  |  |                              |  |                               |  |   |  |                           |  |
|--|--|------------------------------|--|-------------------------------|--|---|--|---------------------------|--|
| <b>6</b>                               |  | <b>Monday, July 18, 2016</b> |  |                               |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam |  | Birmingham, AL            |  |
| Dhanus Rasi: 14.37                     |  | Tithi 14 – 15                |  | Purvashadha* Until 4:20AM Tue |  | Ganesh: Blue  |  | Sun 27 Sutra 92           |  |
| Family Home Evening                    |  | Marana Yoga                  |  | Vaidhriti* Until 4:44AM Tue   |  | Sunrise: 4:50AM   |  | Durumukha 5118            |  |
| 481931362                              |  | Rahu 6:35AM – 8:21AM         |  | Visti Until 5:12AM Tue        |  | Sunset: 6:54PM  |  | Moon 6 - Phase 13         |  |
| Until 4:20AM Tue                       |  |                              |  | Chaturdashi* Until 5:14PM     |  | Nataraja: Clear   |  | 4th Phase                 |  |
| Then Routine Work - Prabalarishta Yoga |  |                              |  |                               |  | Moon – Light Blue   |  | <b>Subha Sivaloka Day</b> |  |
|  |  |                              |  |                               |  | Ashada*Adi  |  |                           |  |

|   |  |                               |  |                               |  |  |  |                           |  |
|---|--|-------------------------------|--|-------------------------------|--|--|--|---------------------------|--|
|  |  | <b>Tuesday, July 19, 2016</b> |  |                               |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam |  | Birmingham, AL            |  |
| Dhanus Rasi: 27.34  |  | Tithi 15 – 16                 |  | Uttarashadha Until 4:27AM Wed |  | Ganesh: Blue   |  | Sun 28 Sutra 93           |  |
| Routine Work  |  | Prabalarishta Yoga            |  | Vishkambha* Until 3:22AM Wed  |  | Sunrise: 4:50AM  |  | Durumukha 5118            |  |
| 481931362   |  | Rahu 3:23PM – 5:08PM          |  | Balava Until 4:45AM Wed       |  | Sunset: 6:54PM   |  | Moon 6 - Phase 13         |  |
| Until 4:27AM Wed  |  |                               |  | Purnima* Until 5:01PM         |  | Nataraja: Clear  |  | Purnima                   |  |
| Then Creative Work - Siddha Yoga  |  |                               |  |                               |  | Moon – Light Blue  |  | <b>Subha Sivaloka Day</b> |  |
|   |  |                               |  |                               |  | Ashada*Adi   |  |                           |  |

|   |  |                                 |  |                           |  |  |  |                     |  |
|---|--|---------------------------------|--|---------------------------|--|--|--|---------------------|--|
|  |  | <b>Wednesday, July 20, 2016</b> |  |                           |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam |  | Birmingham, AL      |  |
| Makara Rasi: 10.46  |  | Tithi 16 – 17                   |  | Shravana Until 4:26AM Thu |  | Ganesh: Yellow   |  | Sun 29 Sutra 94     |  |
| Creative Work   |  | Siddha Yoga                     |  | Priti Until 1:40AM Thu    |  | Sunrise: 4:51AM  |  | Durumukha 5118      |  |
| 491931362   |  | Rahu 11:52AM – 1:37PM           |  | Taitila Until 3:51AM Thu  |  | Sunset: 6:53PM   |  | Moon 6 - Phase 13   |  |
|   |  |                                 |  | Prathama* Until 4:20PM    |  | Nataraja: Clear  |  | Prathama            |  |
|   |  |                                 |  |                           |  | Moon – Purple  |  | <b>Sivaloka Day</b> |  |
|   |  |                                 |  |                           |  | Ashada*Adi   |  |                     |  |



Thursday, July 21, 2016

Gold Retreat Star

Makara Rasi: 24.12    Tihi 17 – 18

Creative Work    Siddha Yoga

491931362

**Gulika** 8:22AM – 10:07AM  
Yama 4:52AM – 6:37AM  
Rahu 1:37PM – 3:22PM

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Dhanishtha Until 3:55AM Fri**  
Ayushman Until 11:38PM  
Vanija Until 2:35AM Fri  
Dvitiya Until 3:14PM

**Ganesha:** Yellow    *Sunrise:* 4:52AM  
**Muruga:** Clear    *Sunset:* 6:53PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

Birmingham, AL  
Sun 1    Sutra 95  
Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

**Sivaloka Day**

Friday, July 22, 2016

1

Kumbha Rasi: 7.51    Tihi 18 – 19

Creative Work    Siddha Yoga

Until 2:57AM Sat

Then Routine Work - Marana Yoga

491931362

**Gulika** 6:37AM – 8:22AM  
Yama 3:22PM – 5:07PM  
Rahu 10:07AM – 11:52AM

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Shatabhishak Nakshatra Saubhagya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Shatabhishak Until 2:57AM Sat**  
Saubhagya Until 9:22PM  
Bava Until 1:01AM Sat  
Tritiya Until 1:49PM

**Ganesha:** Yellow    *Sunrise:* 4:52AM  
**Muruga:** Clear    *Sunset:* 6:52PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada•Adi**

Birmingham, AL  
Sun 2    Sutra 96  
Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

**Sivaloka Day**

Saturday, July 23, 2016

2

Kumbha Rasi: 21.4    Tihi 19 – 20

Routine Work    Marana Yoga

Until 2:04AM Sun

Then Creative Work - Amrita Yoga

491931362

**Gulika** 4:53AM – 6:38AM  
Yama 1:37PM – 3:22PM  
Rahu 8:23AM – 10:07AM

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Purvaproshtapada\* Until 2:04AM Sun**  
Sobhana Until 6:56PM  
Kaulava Until 11:14PM  
Chaturthi\* Until 12:08PM

**Ganesha:** Red    *Sunrise:* 4:53AM  
**Muruga:** Clear    *Sunset:* 6:51PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Birmingham, AL  
Sun 3    Sutra 97  
Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

**Sivaloka Day**

Sunday, July 24, 2016

3

Meena Rasi: 5.37    Tihi 20 – 21

Creative Work    Amrita Yoga

Until 12:52AM Mon

Then Creative Work - Siddha Yoga

491931362

**Gulika** 3:22PM – 5:06PM  
Yama 11:52AM – 1:37PM  
Rahu 5:06PM – 6:51PM

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Uttaraproshtapada Until 12:52AM Mon**  
Athiganda\* Until 4:19PM  
Gara Until 9:17PM  
Panchami Until 10:15AM

**Ganesha:** Red    *Sunrise:* 4:54AM  
**Muruga:** Clear    *Sunset:* 6:51PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Birmingham, AL  
Sun 4    Sutra 98  
Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

**Sivaloka Day**

Monday, July 25, 2016

4

Meena Rasi: 19.4    Tihi 21 – 22

Family Home Evening

Creative Work    Siddha Yoga

491931362

**Gulika** 1:37PM – 3:21PM  
Yama 10:08AM – 11:52AM  
Rahu 6:39AM – 8:23AM

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Revati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Revati Until 11:25PM**  
Sukarma Until 1:36PM  
Visti Until 7:11PM  
Shashthi\* Until 8:14AM

**Ganesha:** Red    *Sunrise:* 4:54AM  
**Muruga:** Clear    *Sunset:* 6:50PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada•Adi**

Birmingham, AL  
Sun 5    Sutra 99  
Durmukha 5118  
Moon 7 - Phase 14  
1st Phase

**Sivaloka Day**

Tuesday, July 26, 2016

5

Retreat Star

Mesha Rasi: 3.47    Tihi 22 – 23

Creative Work    Siddha Yoga

421931362

**Gulika** 11:52AM – 1:37PM  
Yama 8:24AM – 10:08AM  
Rahu 3:21PM – 5:05PM

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Ashvini Nakshatra Dhriti/Shula\* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

**Ashvini Until 10:08PM**  
Dhriti Until 10:48AM  
Kaulava Until 3:52AM Wed  
Saptami Until 6:06AM

**Ganesha:** Green    *Sunrise:* 4:55AM  
**Muruga:** Clear    *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

Birmingham, AL  
Sun 6    Sutra 100  
Durmukha 5118  
Moon 7 - Phase 14  
Ashtami

**Subha Sivaloka Day**

Wednesday, July 27, 2016

Retreat Star

Mesha Rasi: 17.58    Tihi 24

Creative Work    Siddha Yoga

Until 8:40PM

Then Creative Work - Amrita Yoga

421931362

**Gulika** 10:08AM – 11:52AM  
Yama 6:40AM – 8:24AM  
Rahu 11:52AM – 1:36PM

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Bharani Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Bharani Until 8:40PM**  
Shula\* Until 7:55AM  
Taitila Until 2:46PM  
Navami\* Until 1:36AM Thu

**Ganesha:** Green    *Sunrise:* 4:56AM  
**Muruga:** Clear    *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – White  
**Ashada•Adi**

Birmingham, AL  
Sun 7    Sutra 101  
Durmukha 5118  
Moon 7 - Phase 14  
Navami

**Subha Sivaloka Day**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang


|                      |  |                                |  |   |                              |   |                        |                     |  |
|----------------------|--|--------------------------------|--|---|------------------------------|---|------------------------|---------------------|--|
| <b>1</b>             |  | <b>Thursday, July 28, 2016</b> |  |   |                              | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam |                        | Birmingham, AL      |  |
| Vrishabha Rasi: 2.11 |  | Tithi 25                       |  | Krittika Nakshatra Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau |                              | Sun 8   |                        | Sutra 102           |  |
| Routine Work         |  | Marana Yoga                    |  | <b>Gulika</b> 8:24AM – 10:08AM                                      | <b>Krittika</b> Until 7:03PM | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 4:56AM | Durmukha 5118       |  |
|                      |  |                                |  | Yama 4:56AM – 6:40AM  | Vridhi Until 2:09AM Fri      | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:48PM  | Moon 7 - Phase 15   |  |
|                      |  | 422931362                      |  | <b>Rahu</b> 1:36PM – 3:20PM   | Vanija Until 12:29PM         | <b>Nataraja:</b> Clear  |                        | 2nd Phase           |  |
|                      |  |                                |  |   | <b>Dashami</b> Until 11:20PM | Moon – White  |                        | <b>Sivaloka Day</b> |  |
|                      |  |                                |  |   |                              | <b>Ashada*Adi</b>   |                        |                     |  |

|                                  |  |                              |  |   |                               |  |                        |                     |  |
|----------------------------------|--|------------------------------|--|---|-------------------------------|--|------------------------|---------------------|--|
| <b>2</b>                         |  | <b>Friday, July 29, 2016</b> |  |   |                               | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam |                        | Birmingham, AL      |  |
| Vrishabha Rasi: 16.23            |  | Tithi 26                     |  | Rohini/Mrigashira Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau |                               | Sun 9  |                        | Sutra 103           |  |
| Routine Work                     |  | Marana Yoga                  |  | <b>Gulika</b> 6:41AM – 8:25AM   | <b>Rohini</b> Until 5:45PM    | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:57AM | Durmukha 5118       |  |
| Until 5:45PM                     |  |                              |  | Yama 3:20PM – 5:03PM  | Dhruva Until 11:18PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:47PM  | Moon 7 - Phase 15   |  |
| Then Creative Work - Siddha Yoga |  | 422931362                    |  | <b>Rahu</b> 10:08AM – 11:52AM   | Bava Until 10:14AM            | <b>Nataraja:</b> Clear   |                        | 2nd Phase           |  |
|                                  |  |                              |  |   | <b>Ekadashi*</b> Until 9:08PM | Moon – Yellow  |                        | <b>Devaloka Day</b> |  |
|                                  |  |                              |  |   |                               | <b>Ashada*Adi</b>  |                        |                     |  |

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| <b>3</b>           |  | <b>Saturday, July 30, 2016</b> |  |   |                                | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam |                        | Birmingham, AL      |  |
| Mithuna Rasi: 0.32 |  | Tithi 27                       |  | Mrigashira/Ardra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvodashyam Titau |                                | Sun 10   |                        | Sutra 104           |  |
| Creative Work      |  | Siddha Yoga                    |  | <b>Gulika</b> 4:58AM – 6:41AM   | <b>Mrigashira</b> Until 4:27PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 4:58AM | Durmukha 5118       |  |
|                    |  |                                |  | Yama 1:36PM – 3:19PM  | Vyaghata* Until 8:35PM         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:46PM  | Moon 7 - Phase 15   |  |
|                    |  | 422931362                      |  | <b>Rahu</b> 8:25AM – 10:09AM  | Kaulava Until 8:05AM           | <b>Nataraja:</b> Clear   |                        | 2nd Phase           |  |
|                    |  |                                |  |   | <b>Dvadashi*</b> Until 7:04PM  | Moon – Yellow  |                        | <b>Devaloka Day</b> |  |
|                    |  |                                |  |   |                                | <b>Ashada*Adi</b>  |                        |                     |  |

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| <b>4</b>            |  | <b>Sunday, July 31, 2016</b> |  |   |                                 | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam |                        | Birmingham, AL      |  |
| Mithuna Rasi: 14.34 |  | Tithi 28 – 29                |  | Ardra/Punarvasu Nakshatra Harshana Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau |                                 | Sun 11   |                        | Sutra 105           |  |
| Creative Work       |  | Siddha Yoga                  |  | <b>Gulika</b> 3:19PM – 5:02PM   | <b>Ardra</b> Until 3:13PM       | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 4:59AM | Durmukha 5118       |  |
|                     |  |                              |  | Yama 11:52AM – 1:35PM   | Harshana Until 6:04PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:46PM  | Moon 7 - Phase 15   |  |
|                     |  | 422931362                    |  | <b>Rahu</b> 5:02PM – 6:46PM   | Gara Until 6:08AM               | <b>Nataraja:</b> Clear   |                        | 2nd Phase           |  |
|                     |  |                              |  |   | <b>Trayodashi*</b> Until 5:14PM | Moon – Yellow  |                        | <b>Devaloka Day</b> |  |
|                     |  |                              |  |   | <i>Pradosha Vrata (Fasting)</i> | <b>Ashada*Adi</b>  |                        |                     |  |

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| <b>5</b>                         |  | <b>Monday, August 1, 2016</b> |  |   |                                  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam |                        | Birmingham, AL      |  |
| Mithuna Rasi: 28.25              |  | Tithi 29 – 30                 |  | Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                  | Sun 12  |                        | Sutra 106           |  |
| <b>Family Home Evening</b>       |  | 422931362                     |  | <b>Gulika</b> 1:35PM – 3:18PM   | <b>Punarvasu</b> Until 2:37PM    | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 4:59AM | Durmukha 5118       |  |
| Creative Work                    |  | Amrita Yoga                   |  | Yama 10:09AM – 11:52AM  | Vajra* Until 3:50PM              | <b>Muruga:</b> Clear  | <i>Sunset:</i> 6:45PM  | Moon 7 - Phase 15   |  |
| Until 2:37PM                     |  |                               |  | <b>Rahu</b> 6:42AM – 8:26AM   | Catuspada Until 3:11AM Tue       | <b>Nataraja:</b> Clear  |                        | 2nd Phase           |  |
| Then Creative Work - Siddha Yoga |  |                               |  |   | <b>Chaturdashi*</b> Until 3:45PM | Moon – Blue   |                        | <b>Devaloka Day</b> |  |
|                                  |  |                               |  |   |                                  | <b>Ashada*Adi</b>   |                        |                     |  |

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|  |  | <b>Tuesday, August 2, 2016</b> |  |                                |                               | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam   |                        | Birmingham, AL      |  |
| <b>Retreat Star</b>   |  | Kataka Rasi: 12.01             |  | Tithi 30 – 1                   |                               | Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Sun 13              |  |
| Creative Work   |  | Siddha Yoga                    |  | <b>Gulika</b> 11:52AM – 1:35PM | <b>Pushya</b> Until 2:18PM    | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 5:00AM | Durmukha 5118       |  |
|   |  |                                |  | Yama 8:26AM – 10:09AM          | Siddhi Until 1:58PM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:44PM  | Moon 7 - Phase 15   |  |
|   |  | 422931362                      |  | <b>Rahu</b> 3:18PM – 5:01PM    | Kintughna Until 2:25AM Wed    | <b>Nataraja:</b> Clear   |                        | Amavasya            |  |
|   |  |                                |  |                                | <b>Amavasya*</b> Until 2:43PM | Moon – Blue  |                        | <b>Devaloka Day</b> |  |
|   |  |                                |  |                                |                               | <b>Ashada*Adi</b>  |                        |                     |  |

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| <b>Retreat Star</b> |  | <b>Wednesday, August 3, 2016</b> |  |   |                               | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Birmingham, AL      |  |
| Kataka Rasi: 25.19  |  | Tithi 1 – 2                      |  | Ashlesha*/Magha* Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Prathama/Dvityayam Titau |                               | Sun 14   |                        | Sutra 108           |  |
| Creative Work       |  | Siddha Yoga                      |  | <b>Gulika</b> 10:09AM – 11:52AM   | <b>Ashlesha*</b> Until 2:24PM | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 5:01AM | Durmukha 5118       |  |
|                     |  |                                  |  | Yama 6:43AM – 8:26AM  | Vyatipata* Until 12:33PM      | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:43PM  | Moon 7 - Phase 15   |  |
|                     |  | 422931362                        |  | <b>Rahu</b> 11:52AM – 1:35PM  | Balava Until 2:15AM Thu       | <b>Nataraja:</b> Clear   |                        | Prathama            |  |
|                     |  |                                  |  |   | <b>Prathama*</b> Until 2:14PM | Moon – Blue  |                        | <b>Devaloka Day</b> |  |
|                     |  |                                  |  |   |                               | <b>Sravana*Adi</b>   |                        |                     |  |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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| <b>Thursday, August 4, 2016</b>   |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  |  |   | Birmingham, AL<br>Sun 15 Sutra 109<br>Durmukha 5118   |
| 1   |  | <b>Gulika</b> 8:27AM – 10:09AM<br>Yama 5:01AM – 6:44AM<br>452131362 <b>Rahu</b> 1:34PM – 3:17PM   | <b>Magha* Until 3:25PM</b><br>Variyan Until 11:37AM<br>Taitila Until 2:45AM Fri<br><b>Dvitiya Until 2:24PM</b> | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:01AM<br><i>Sunset:</i> 6:42PM | Moon 7 - Phase 16<br>3rd Phase<br><b>Devaloka Day</b> |
| Creative Work Amrita Yoga<br>Until 3:25PM<br>Then Creative Work - Siddha Yoga |  |   |  |  |   |   |

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| <b>Friday, August 5, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |   |  |   | Birmingham, AL<br>Sun 16 Sutra 110<br>Durmukha 5118   |
| 2                             |  | <b>Gulika</b> 6:44AM – 8:27AM<br>Yama 3:16PM – 4:59PM<br>452131362 <b>Rahu</b> 10:09AM – 11:52AM   | <b>Purvaphalguni Until 4:55PM</b><br>Parigha* Until 11:13AM<br>Vanija Until 3:53AM Sat<br><b>Tritiya Until 3:13PM</b> | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:02AM<br><i>Sunset:</i> 6:41PM | Moon 7 - Phase 16<br>3rd Phase<br><b>Devaloka Day</b> |
| Creative Work Siddha Yoga     |  |  |   |  |   |   |

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| <b>Saturday, August 6, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  |   |   | Birmingham, AL<br>Sun 17 Sutra 111<br>Durmukha 5118                                 |
| 3                               |  | <b>Gulika</b> 5:03AM – 6:45AM<br>Yama 1:34PM – 3:16PM<br>452141362 <b>Rahu</b> 8:27AM – 10:09AM  | <b>Uttaraphalguni Until 6:51PM</b><br>Shiva Until 11:19AM<br>Bava Until 5:35AM Sun<br><b>Chaturthi* Until 4:39PM</b> | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:03AM<br><i>Sunset:</i> 6:40PM | Moon 7 - Phase 16<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |
| Routine Work Marana Yoga        |  |  |  |   |   |   |

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| <b>Sunday, August 7, 2016</b>   |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Siddha/Sadhya Yoga Balava Karana Panchamyam Titau |  |  |   | Birmingham, AL<br>Sun 18 Sutra 112<br>Durmukha 5118   |
| 4   |  | <b>Gulika</b> 3:15PM – 4:57PM<br>Yama 11:51AM – 1:33PM<br>462141362 <b>Rahu</b> 4:57PM – 6:39PM   | <b>Hasta Until 9:35PM</b><br>Siddha Until 11:47AM<br>Balava Until 6:34PM<br><b>Panchami Until 6:34PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:03AM<br><i>Sunset:</i> 6:39PM | Moon 7 - Phase 16<br>3rd Phase<br><b>Devaloka Day</b> |
| Creative Work Amrita Yoga<br>Until 9:35PM<br>Then Creative Work - Siddha Yoga |  | <b>Nag Panchami</b>   |  |  |   |   |

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| <b>Monday, August 8, 2016</b>   |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau |  |  |   | Birmingham, AL<br>Sun 19 Sutra 113<br>Durmukha 5118   |
| 5   |  | <b>Gulika</b> 1:33PM – 3:15PM<br>Yama 10:09AM – 11:51AM<br>462141362 <b>Rahu</b> 6:46AM – 8:28AM  | <b>Chitra Until 12:26AM Tue</b><br>Sadhya Until 12:34PM<br>Kaulava Until 7:42AM<br><b>Shashthi* Until 8:50PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:04AM<br><i>Sunset:</i> 6:38PM | Moon 7 - Phase 16<br>3rd Phase<br><b>Devaloka Day</b> |
| Family Home Evening<br>Routine Work Prabalarishta Yoga<br>Until 12:26AM Tue<br>Then Creative Work - Siddha Yoga |  |   |  |  |   |   |

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| <b>Tuesday, August 9, 2016</b> |  | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau |   |  |   | Birmingham, AL<br>Sun 20 Sutra 114<br>Durmukha 5118                   |
| 6                              |  | <b>Gulika</b> 11:51AM – 1:33PM<br>Yama 8:28AM – 10:09AM<br>462141362 <b>Rahu</b> 3:14PM – 4:56PM  | <b>Svati Until 3:13AM Wed</b><br>Subha Until 1:30PM<br>Gara Until 10:03AM<br><b>Saptami Until 11:13PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:05AM<br><i>Sunset:</i> 6:37PM | Moon 7 - Phase 16<br>3rd Phase<br><b>Devaloka Day</b> <b>Tour Day</b> |
| Creative Work Siddha Yoga      |  |   |   |  |   |   |

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| <b>Wednesday, August 10, 2016</b> |                     | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau |   |   |   | Birmingham, AL<br>Sun 21 Sutra 115<br>Durmukha 5118                               |
| D                                 | <b>Retreat Star</b> | <b>Gulika</b> 10:10AM – 11:51AM<br>Yama 6:47AM – 8:28AM<br>472141362 <b>Rahu</b> 11:51AM – 1:32PM   | <b>Vishakha Until 6:13AM Thu</b><br>Sukla Until 2:23PM<br>Visti Until 12:25PM<br><b>Ashtami* Until 1:31AM Thu</b> | <b>Ganesha:</b> White<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:06AM<br><i>Sunset:</i> 6:36PM | Moon 7 - Phase 16<br>Ashtami<br><b>Bhuloka Day</b><br>Devaloka Time: 6:PM to 9:PM |
| Creative Work Siddha Yoga         |                     |   |   |   |   |   |

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| <b>Thursday, August 11, 2016</b> |                     | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau |   |   |   | Birmingham, AL<br>Sun 22 Sutra 116<br>Durmukha 5118 |
| D                                | <b>Retreat Star</b> | <b>Gulika</b> 8:28AM – 10:10AM<br>Yama 5:06AM – 6:47AM<br>473141362 <b>Rahu</b> 1:32PM – 3:13PM   | <b>Vishakha Until 6:13AM</b><br>Brahma Until 3:08PM<br>Balava Until 2:35PM<br><b>Navami* Until 3:31AM Fri</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Sravana-Adi</b> | <i>Sunrise:</i> 5:06AM<br><i>Sunset:</i> 6:35PM | Moon 7 - Phase 16<br>Navami<br><b>Devaloka Day</b>  |
| Creative Work Siddha Yoga        |                     |   |   |   |   |   |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

|                                 |  |                               |   |                        |                        |                     |                   |
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| <b>1</b>                        | <b>Friday, August 12, 2016</b>   |                               | Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam |                        |                        |                     | Birmingham, AL    |
|                                 | Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau |                               | Sun 23 Sutra 117  |                        | Dur mukha 5118         |                     |                   |
| Vrischika Rasi: 15.16           | Tithi 10   | <b>Gulika</b> 6:48AM – 8:29AM | <b>Anuradha</b> Until 8:44AM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:07AM |                     |                   |
|                                 |  | Yama 3:12PM – 4:53PM          | Indra Until 3:37PM  | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:34PM  |                     | Moon 7 - Phase 17 |
|                                 | 473141362  | <b>Rahu</b> 10:10AM – 11:51AM | Tailila Until 4:22PM  | <b>Nataraja:</b> Clear |                        |                     | 4th Phase         |
| Creative Work                   | Siddha Yoga  |                               | <b>Dashami</b> Until 5:04AM Sat   | Moon – Orange          |                        | <b>Devaloka Day</b> |                   |
| Until 8:44AM                    |  | <b>Varalakshmi Vratam</b>     |   | <b>Sravana-Adi</b>     |                        |                     |                   |
| Then Routine Work - Marana Yoga |  |                               |   |                        |                        |                     |                   |

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| <b>2</b>              | <b>Saturday, August 13, 2016</b>  |                               | Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam |                        |                        |                     | Birmingham, AL    |
|                       | Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau |                               | Sun 24 Sutra 118  |                        | Dur mukha 5118         |                     |                   |
| Vrischika Rasi: 27.31 | Tithi 11  | <b>Gulika</b> 5:08AM – 6:48AM | <b>Jyeshtha*</b> Until 10:37AM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:08AM |                     |                   |
|                       |   | Yama 1:31PM – 3:12PM          | Vaidhriti* Until 3:39PM   | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:33PM  |                     | Moon 7 - Phase 17 |
|                       | 473141362   | <b>Rahu</b> 8:29AM – 10:10AM  | Vanija Until 5:38PM   | <b>Nataraja:</b> Clear |                        |                     | 4th Phase         |
| Creative Work         | Siddha Yoga   |                               | <b>Ekadashi</b> Until 6:02AM Sun  | Moon – Orange          |                        | <b>Devaloka Day</b> |                   |
|                       |   |                               |   | <b>Sravana-Adi</b>     |                        |                     |                   |

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| <b>3</b>                         | <b>Sunday, August 14, 2016</b>   |                               | Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        |                        |                     | Birmingham, AL    |
|                                  | Mula*/Purvashadha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                               | Sun 25 Sutra 119  |                        | Dur mukha 5118         |                     |                   |
| Dhanus Rasi: 10.01               | Tithi 11 – 12  | <b>Gulika</b> 3:11PM – 4:52PM | <b>Mula*</b> Until 12:14PM  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:08AM |                     |                   |
|                                  |  | Yama 11:50AM – 1:31PM         | Vishkambha* Until 3:13PM  | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:32PM  |                     | Moon 7 - Phase 17 |
|                                  | 483141362  | <b>Rahu</b> 4:52PM – 6:32PM   | Bava Until 6:17PM   | <b>Nataraja:</b> Clear |                        |                     | 4th Phase         |
| Creative Work                    | Amrita Yoga  |                               | <b>Ekadashi</b> Until 6:02AM  | Moon – Light Blue      |                        | <b>Sivaloka Day</b> |                   |
| Until 12:14PM                    |  |                               |   | <b>Sravana-Adi</b>     |                        |                     |                   |
| Then Creative Work - Siddha Yoga |  |                               |   |                        |                        |                     |                   |

|                            |   |                               |  |                        |                        |                     |                   |
|----------------------------|---|-------------------------------|--|------------------------|------------------------|---------------------|-------------------|
| <b>4</b>                   | <b>Monday, August 15, 2016</b>  |                               | Dur mukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam |                        |                        |                     | Birmingham, AL    |
|                            | Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                               | Sun 26 Sutra 120   |                        | Dur mukha 5118         |                     |                   |
| Dhanus Rasi: 22.49         | Tithi 12 – 13   | <b>Gulika</b> 1:30PM – 3:10PM | <b>Purvashadha*</b> Until 1:04PM   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:09AM |                     |                   |
| <b>Family Home Evening</b> |   | Yama 10:10AM – 11:50AM        | Priti Until 2:18PM   | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:31PM  |                     | Moon 7 - Phase 17 |
|                            | 483141362   | <b>Rahu</b> 6:49AM – 8:29AM   | Kaulava Until 6:16PM   | <b>Nataraja:</b> Clear |                        |                     | 4th Phase         |
| Routine Work               | Marana Yoga   |                               | <b>Dvadashi</b> Until 6:21AM   | Moon – Light Blue      |                        | <b>Sivaloka Day</b> |                   |
|                            |   |                               |  | <b>Sravana-Adi</b>     |                        |                     |                   |
|                            |   |                               | <i>Pradosha Vrata</i>  |                        |                        |                     |                   |

|                                  |   |                                |   |                        |                        |                     |                   |
|----------------------------------|---|--------------------------------|---|------------------------|------------------------|---------------------|-------------------|
| <b>5</b>                         | <b>Tuesday, August 16, 2016</b>   |                                | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam |                        |                        |                     | Birmingham, AL    |
|                                  | Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau |                                | Sun 27 Sutra 121  |                        | Dur mukha 5118         |                     |                   |
| Makara Rasi: 5.58                | Tithi 13 – 14   | <b>Gulika</b> 11:50AM – 1:30PM | <b>Uttarashadha</b> Until 1:06PM  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:10AM |                     |                   |
|                                  |   | Yama 8:30AM – 10:10AM          | Ayushman Until 12:49PM  | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:30PM  |                     | Moon 7 - Phase 17 |
|                                  | 483141362   | <b>Rahu</b> 3:10PM – 4:50PM    | Vanija Until 5:02AM Wed   | <b>Nataraja:</b> Clear |                        |                     | 4th Phase         |
| Routine Work                     | Prabalarishta Yoga  |                                | <b>Trayodashi</b> Until 6:00AM  | Moon – Light Blue      |                        | <b>Sivaloka Day</b> | <b>Tour Day</b>   |
| Until 1:06PM                     |   |                                |   | <b>Sravana-Avani</b>   |                        |                     |                   |
| Then Creative Work - Siddha Yoga |   |                                |   |                        |                        |                     |                   |

|  |                                   |                                 |   |                        |                        |                     |                   |
|--|-----------------------------------|---------------------------------|---|------------------------|------------------------|---------------------|-------------------|
| <b>○</b>                               | <b>Wednesday, August 17, 2016</b> |                                 | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam |                        |                        |                     | Birmingham, AL    |
|  | <b>Copper Retreat Star</b>        |                                 | Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau        |                        | Sun 27 Sutra 122       |                     |                   |
| Makara Rasi: 19.26                     | Tithi 15                          | <b>Gulika</b> 10:10AM – 11:50AM | <b>Shravana</b> Until 12:50PM   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:10AM |                     |                   |
|  |                                   | Yama 6:50AM – 8:30AM            | Saubhagya Until 10:52AM   | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:29PM  |                     | Moon 7 - Phase 17 |
|  | 593141362                         | <b>Rahu</b> 11:50AM – 1:29PM    | Visti Until 4:22PM  | <b>Nataraja:</b> Clear |                        |                     | Purnima           |
| Creative Work                          | Siddha Yoga                       |                                 | <b>Purnima*</b> Until 3:31AM Thu  | Moon – Purple          |                        | <b>Sivaloka Day</b> |                   |
| Until 12:50PM                          |                                   | <b>Raksha Bandhan</b>           |   | <b>Sravana-Avani</b>   |                        |                     |                   |
| Then Routine Work - Prabalarishta Yoga |                                   |                                 |   |                        |                        |                     |                   |

|                   |                                  |                                |   |                        |                        |                     |                   |
|-------------------|----------------------------------|--------------------------------|---|------------------------|------------------------|---------------------|-------------------|
| <b>○</b>          | <b>Thursday, August 18, 2016</b> |                                | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  |                        |                        |                     | Birmingham, AL    |
|                   | <b>Silver Retreat Star</b>       |                                | Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau |                        | Sun 27 Sutra 123       |                     |                   |
| Kumbha Rasi: 3.13 | Tithi 16                         | <b>Gulika</b> 8:30AM – 10:10AM | <b>Dhanishtha</b> Until 11:54AM   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:11AM |                     |                   |
|                   |                                  | Yama 5:11AM – 6:51AM           | Sobhana Until 8:30AM  | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:27PM  |                     | Moon 7 - Phase 17 |
|                   | 593141362                        | <b>Rahu</b> 1:29PM – 3:08PM    | Balava Until 2:37PM   | <b>Nataraja:</b> Clear |                        |                     | Prathama          |
| Creative Work     | Siddha Yoga                      |                                | <b>Prathama*</b> Until 1:34AM Fri   | Moon – Purple          |                        | <b>Sivaloka Day</b> |                   |
|                   |                                  |                                |   | <b>Sravana-Avani</b>   |                        |                     |                   |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda





Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Birmingham, AL

Sutra 124

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 17.17    Tihti 17

593141362    Rahu    10:10AM - 11:49AM

Gulika    6:51AM - 8:30AM

Yama    3:08PM - 4:47PM

Shatabhishak Until 10:26AM

Sukarma Until 2:48AM Sat

Tailila Until 12:29PM

Dvitiya Until 11:17PM

Ganesha: White    Sunrise: 5:12AM

Muruga: Purple    Sunset: 6:26PM

Nataraja: Clear

Moon - Purple

Srivana-Avani

Sivaloka Day

Creative Work    Siddha Yoga

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam  
Uttaraprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Vanija/Visti\* Karana Trityayam Titau

Birmingham, AL

Sun 1    Sutra 125

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Meena Rasi: 1.32    Tihti 18

513141362    Rahu    8:31AM - 10:10AM

Gulika    5:12AM - 6:52AM

Yama    1:28PM - 3:07PM

Purvaprosarthapada\* Until 8:59AM

Dhriti Until 11:42PM

Vanija Until 10:05AM

Tritiya Until 8:48PM

Ganesha: White    Sunrise: 5:12AM

Muruga: Purple    Sunset: 6:25PM

Nataraja: Clear

Moon - Clear

Srivana-Avani

Sivaloka Day

Routine Work    Marana Yoga

Until 8:59AM

Then Creative Work - Siddha Yoga

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

Birmingham, AL

Sun 2    Sutra 126

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Meena Rasi: 15.55    Tihti 19

513141362    Rahu    4:45PM - 6:24PM

Gulika    3:06PM - 4:45PM

Yama    11:49AM - 1:27PM

Uttaraprosarthapada Until 7:13AM

Shula\* Until 8:29PM

Bava Until 7:32AM

Chaturthi\* Until 6:13PM

Ganesha: White    Sunrise: 5:13AM

Muruga: Purple    Sunset: 6:24PM

Nataraja: Clear

Moon - Clear

Srivana-Avani

Sivaloka Day

Creative Work    Amrita Yoga

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Birmingham, AL

Sun 3    Sutra 127

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 0.2    Tihti 20 - 21

Family Home Evening

523141362    Rahu    6:52AM - 8:31AM

Gulika    1:27PM - 3:06PM

Yama    10:10AM - 11:48AM

Ashvini Until 3:39AM Tue

Ganda\* Until 5:18PM

Gara Until 2:23AM Tue

Panchami Until 3:37PM

Ganesha: Clear    Sunrise: 5:14AM

Muruga: Purple    Sunset: 6:23PM

Nataraja: Clear

Moon - White

Srivana-Avani

Devaloka Day

Creative Work    Siddha Yoga

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vridhi/Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Birmingham, AL

Sun 4    Sutra 128

Durmukha 5118

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 14.44    Tihti 21 - 22

523141362    Rahu    3:05PM - 4:43PM

Gulika    11:48AM - 1:26PM

Yama    8:31AM - 10:10AM

Bharani Until 2:01AM Wed

Vridhi Until 2:12PM

Visti Until 11:57PM

Shashthi\* Until 1:07PM

Ganesha: Clear    Sunrise: 5:15AM

Muruga: Purple    Sunset: 6:22PM

Nataraja: Clear

Moon - White

Srivana-Avani

Devaloka Day

Tour Day

Creative Work    Siddha Yoga

Until 2:01AM Wed

Then Creative Work - Amrita Yoga

D

Wednesday, August 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birmingham, AL

Sun 5    Sutra 129

Durmukha 5118

Moon 8 - Phase 18

Ashtami

Mesha Rasi: 29.01    Tihti 22 - 23

523141362    Rahu    11:48AM - 1:26PM

Gulika    10:10AM - 11:48AM

Yama    6:53AM - 8:31AM

Krittika Until 12:26AM Thu

Dhruva Until 11:13AM

Balava Until 9:42PM

Saptami Until 10:47AM

Ganesha: Clear    Sunrise: 5:15AM

Muruga: Purple    Sunset: 6:20PM

Nataraja: Clear

Moon - White

Srivana-Avani

Devaloka Day

Creative Work    Amrita Yoga

Until 12:26AM Thu

Then Routine Work - Marana Yoga

Krishna Janmashtami

Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Birmingham, AL

Sun 6    Sutra 130

Durmukha 5118

Moon 8 - Phase 18

Navami

Vrisabha Rasi: 13.11    Tihti 23 - 24

534241362    Rahu    1:25PM - 3:03PM

Gulika    8:32AM - 10:10AM

Yama    5:16AM - 6:54AM

Rohini Until 11:22PM

Vyaghata\* Until 8:25AM

Tailila Until 7:42PM

Ashtami\* Until 8:39AM

Ganesha: Purple    Sunrise: 5:16AM

Muruga: Purple    Sunset: 6:19PM

Nataraja: Clear

Moon - Yellow

Srivana-Avani

Sivaloka Day

Routine Work    Marana Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudev.org/panchang

|  |               |  |                                 |                        |                        |                     |
|--|---------------|--|---------------------------------|------------------------|------------------------|---------------------|
| <b>1 Friday, August 26, 2016</b>   |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam |                                 |                        |                        | Birmingham, AL      |
| Mrigashira Nakshatra Vajra* Yoga Gara/Visti* Karana Navami/Dashamyam Titau |               | Sun 7 Sutra 131  |                                 |                        |                        | Durmukha 5118       |
| Wishabha Rasi: 27.1  | Tithi 24 - 25 | <b>Gulika</b> 6:54AM - 8:32AM  | <b>Mrigashira</b> Until 10:26PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:17AM |                     |
|  |               | Yama 3:03PM - 4:40PM   | Vajra* Until 3:27AM Sat         | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:18PM  | Moon 8 - Phase 19   |
|  |               | 534241363 <b>Rahu</b> 10:10AM - 11:47AM  | Visti Until 5:11AM Sat          | <b>Nataraja:</b> Clear |                        | 2nd Phase           |
| Creative Work  | Siddha Yoga   |  | <b>Navami*</b> Until 6:46AM     | Moon - Yellow          |                        | <b>Sivaloka Day</b> |
|  |               |  |                                 | <b>Sravana-Avani</b>   |                        |                     |

|   |             |  |                                   |                         |                        |                     |
|---|-------------|--|-----------------------------------|-------------------------|------------------------|---------------------|
| <b>2 Saturday, August 27, 2016</b>                              |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam |                                   |                         |                        | Birmingham, AL      |
| Ardra Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau |             | Sun 8 Sutra 132  |                                   |                         |                        | Durmukha 5118       |
| Mithuna Rasi: 10.59   | Tithi 26    | <b>Gulika</b> 5:17AM - 6:55AM  | <b>Ardra</b> Until 9:40PM         | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:17AM |                     |
|   |             | Yama 1:24PM - 3:02PM   | Siddhi Until 1:20AM Sun           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:17PM  | Moon 8 - Phase 19   |
|   |             | 534241363 <b>Rahu</b> 8:32AM - 10:09AM   | Bava Until 4:32PM                 | <b>Nataraja:</b> Purple |                        | 2nd Phase           |
| Creative Work   | Siddha Yoga |  | <b>Ekadashi*</b> Until 3:55AM Sun | Moon - Yellow           |                        | <b>Devaloka Day</b> |
|   |             |  |                                   | <b>Sravana-Avani</b>    |                        |                     |

|   |             |  |                                   |                         |                        |                             |
|---|-------------|--|-----------------------------------|-------------------------|------------------------|-----------------------------|
| <b>3 Sunday, August 28, 2016</b>  |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                                   |                         |                        | Birmingham, AL              |
| Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Tailita Karana Dvadashyam Titau |             | Sun 9 Sutra 133  |                                   |                         |                        | Durmukha 5118               |
| Mithuna Rasi: 24.37   | Tithi 27    | <b>Gulika</b> 3:01PM - 4:38PM  | <b>Punarvasu</b> Until 9:33PM     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:18AM |                             |
|   |             | Yama 11:47AM - 1:24PM  | Vyatipata* Until 11:32PM          | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:15PM  | Moon 8 - Phase 19           |
|   |             | 544241363 <b>Rahu</b> 4:38PM - 6:15PM  | Kaulava Until 3:27PM              | <b>Nataraja:</b> Purple |                        | 2nd Phase                   |
| Creative Work   | Siddha Yoga |  | <b>Dvadashi*</b> Until 3:02AM Mon | Moon - Blue             |                        | <b>Bhuloka Day</b>          |
|   |             |  |                                   | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM |

|   |             |   |                                     |                         |                        |                             |
|---|-------------|---|-------------------------------------|-------------------------|------------------------|-----------------------------|
| <b>4 Monday, August 29, 2016</b>                                    |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam |                                     |                         |                        | Birmingham, AL              |
| Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau |             | Sun 10 Sutra 134  |                                     |                         |                        | Durmukha 5118               |
| Kataka Rasi: 8.01   | Tithi 28    | <b>Gulika</b> 1:23PM - 3:00PM   | <b>Pushya</b> Until 9:41PM          | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:19AM |                             |
| <b>Family Home Evening</b>  |             | Yama 10:09AM - 11:46AM  | Variyan Until 10:02PM               | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:14PM  | Moon 8 - Phase 19           |
|   |             | 544241363 <b>Rahu</b> 6:56AM - 8:32AM   | Gara Until 2:45PM                   | <b>Nataraja:</b> Purple |                        | 2nd Phase                   |
| Creative Work   | Siddha Yoga |   | <b>Trayodashi*</b> Until 2:33AM Tue | Moon - Blue             |                        | <b>Bhuloka Day</b>          |
|   |             |   | <i>Pradosha Vrata (Fasting)</i>     | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM |

|   |             |  |                                      |                         |                        |                             |
|---|-------------|--|--------------------------------------|-------------------------|------------------------|-----------------------------|
| <b>5 Tuesday, August 30, 2016</b>   |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam |                                      |                         |                        | Birmingham, AL              |
| Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |             | Sun 11 Sutra 135   |                                      |                         |                        | Durmukha 5118               |
| Kataka Rasi: 21.11  | Tithi 29    | <b>Gulika</b> 11:46AM - 1:23PM   | <b>Ashlesha*</b> Until 10:06PM       | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:19AM |                             |
|   |             | Yama 8:33AM - 10:09AM  | Parigha* Until 8:54PM                | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:13PM  | Moon 8 - Phase 19           |
|   |             | 544241363 <b>Rahu</b> 2:59PM - 4:36PM  | Visti Until 2:30PM                   | <b>Nataraja:</b> Purple |                        | 2nd Phase                   |
| Creative Work   | Siddha Yoga |  | <b>Chaturdashi*</b> Until 2:32AM Wed | Moon - Blue             |                        | <b>Bhuloka Day</b>          |
|   |             |  |                                      | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM |

|                                   |             |  |                                   |                         |                        |                             |
|-----------------------------------|-------------|--|-----------------------------------|-------------------------|------------------------|-----------------------------|
| <b>Wednesday, August 31, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam |                                   |                         |                        | Birmingham, AL              |
| <b>Retreat Star</b>               |             | Magha* Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau                            |                                   | Sun 12 Sutra 136        |                        | Durmukha 5118               |
| Simha Rasi: 4.08                  | Tithi 30    | <b>Gulika</b> 10:09AM - 11:46AM  | <b>Magha*</b> Until 11:19PM       | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 5:20AM |                             |
|                                   |             | Yama 6:56AM - 8:33AM   | Shiva Until 8:11PM                | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:11PM  | Moon 8 - Phase 19           |
|                                   |             | 554241363 <b>Rahu</b> 11:46AM - 1:22PM   | Catuspada Until 2:44PM            | <b>Nataraja:</b> Purple |                        | Amavasya                    |
| Creative Work                     | Siddha Yoga |  | <b>Amavasya*</b> Until 3:02AM Thu | Moon - Red              |                        | <b>Bhuloka Day</b>          |
| Until 11:19PM                     |             |  |                                   | <b>Sravana-Avani</b>    |                        | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Amrita Yoga  |             |  |                                   |                         |                        |                             |

|                                    |             |   |  |                         |                        |                             |
|------------------------------------|-------------|---|--|-------------------------|------------------------|-----------------------------|
| <b>Thursday, September 1, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam |  |                         |                        | Birmingham, AL              |
| <b>Retreat Star</b>                |             | Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau                  |  | Sun 13 Sutra 137        |                        | Durmukha 5118               |
| Simha Rasi: 16.5                   | Tithi 1     | <b>Gulika</b> 8:33AM - 10:09AM  | <b>Purvaphalguni</b> Until 12:54AM Fri | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 5:21AM |                             |
|                                    |             | Yama 5:21AM - 6:57AM  | Siddha Until 7:49PM                    | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:10PM  | Moon 8 - Phase 19           |
|                                    |             | 554241363 <b>Rahu</b> 1:22PM - 2:58PM   | Kintughna Until 3:29PM                 | <b>Nataraja:</b> Purple |                        | Prathama                    |
| Creative Work                      | Siddha Yoga |   | <b>Prathama*</b> Until 4:02AM Fri      | Moon - Red              |                        | <b>Bhuloka Day</b>          |
|                                    |             | <b>Annular Solar Eclipse</b>  |  | <b>Bhadrapada-Avani</b> |                        | Devaloka Time: 9:AM to12:PM |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

|                                 |             |   |  |   |                        |                                    |                   |
|---------------------------------|-------------|---|--|---|------------------------|------------------------------------|-------------------|
| <b>1</b>                        |             | <b>Friday, September 2, 2016</b>        |  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        | Birmingham, AL<br>Sun 14 Sutra 138 |                   |
| Simha Rasi: 29.17               | Tithi 2     | <b>Gulika</b> 6:57AM – 8:33AM           | <b>Uttaraphalguni</b> Until 2:47AM Sat | <b>Ganesh:</b> Orange   | <i>Sunrise:</i> 5:21AM |                                    | Durmukha 5118     |
|                                 |             | Yama 2:57PM – 4:33PM                    | Sadhya Until 7:53PM                    | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:09PM  |                                    | Moon 8 - Phase 20 |
|                                 |             | 564241363 <b>Rahu</b> 10:09AM – 11:45AM | Balava Until 4:45PM                    | <b>Nataraja:</b> Purple   |                        |                                    | 3rd Phase         |
| Creative Work                   | Siddha Yoga |   | <b>Dvitiya</b> Until 5:33AM Sat        | Moon – Red  |                        | <b>Bhuloka Day</b>                 |                   |
| Until 2:47AM Sat                |             |   |  | <b>Bhadrapada-Avani</b>   |                        | Devaloka Time: 9:AM to 12:PM       |                   |
| Then Routine Work - Marana Yoga |             |   |  |   |                        |                                    |                   |

|                                  |             |  |                                 |  |                        |                                    |                   |
|----------------------------------|-------------|--|---------------------------------|--|------------------------|------------------------------------|-------------------|
| <b>2</b>                         |             | <b>Saturday, September 3, 2016</b>     |                                 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Hasta Nakshatra Subha Yoga Taitila Karana Tritiyayam Titau |                        | Birmingham, AL<br>Sun 15 Sutra 139 |                   |
| Kanya Rasi: 11.32                | Tithi 3     | <b>Gulika</b> 5:22AM – 6:58AM          | <b>Hasta</b> Until 5:25AM Sun   | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:22AM |                                    | Durmukha 5118     |
|                                  |             | Yama 1:20PM – 2:56PM                   | Subha Until 8:18PM              | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:07PM  |                                    | Moon 8 - Phase 20 |
|                                  |             | 564241363 <b>Rahu</b> 8:33AM – 10:09AM | Taitila Until 6:29PM            | <b>Nataraja:</b> Purple  |                        |                                    | 3rd Phase         |
| Routine Work                     | Marana Yoga |  | <b>Tritiya</b> Until 7:29AM Sun | Moon – Green   |                        | <b>Bhuloka Day</b>                 |                   |
| Until 5:25AM Sun                 |             |  |                                 | <b>Bhadrapada-Avani</b>  |                        | Devaloka Time: 9:AM to 12:PM       |                   |
| Then Creative Work - Siddha Yoga |             |  |                                 |  |                        |                                    |                   |

|                                  |             |                                       |                                |   |                        |                                    |                   |
|----------------------------------|-------------|---------------------------------------|--------------------------------|---|------------------------|------------------------------------|-------------------|
| <b>3</b>                         |             | <b>Sunday, September 4, 2016</b>      |                                | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturchayam Titau |                        | Birmingham, AL<br>Sun 16 Sutra 140 |                   |
| Kanya Rasi: 23.37                | Tithi 3 – 4 | <b>Gulika</b> 2:55PM – 4:31PM         | <b>Chitra</b> Until 8:12AM Mon | <b>Ganesh:</b> Clear  | <i>Sunrise:</i> 5:23AM |                                    | Durmukha 5118     |
|                                  |             | Yama 11:44AM – 1:20PM                 | Sukla Until 8:59PM             | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:06PM  |                                    | Moon 8 - Phase 20 |
|                                  |             | 564241363 <b>Rahu</b> 4:31PM – 6:06PM | Vanija Until 8:36PM            | <b>Nataraja:</b> Purple   |                        |                                    | 3rd Phase         |
| Creative Work                    | Siddha Yoga |                                       | <b>Tritiya</b> Until 7:29AM    | Moon – Green  |                        | <b>Bhuloka Day</b>                 |                   |
| Until 8:12AM Mon                 |             |                                       |                                | <b>Bhadrapada-Avani</b>   |                        | Devaloka Time: 9:AM to 12:PM       |                   |
| Then Creative Work - Amrita Yoga |             |                                       |                                |   |                        |                                    |                   |

|                                  |                    |                                       |                                |   |                        |                                    |                   |
|----------------------------------|--------------------|---------------------------------------|--------------------------------|---|------------------------|------------------------------------|-------------------|
| <b>4</b>                         |                    | <b>Monday, September 5, 2016</b>      |                                | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Brahma Yoga Vistit/Bava Karana Chaturchayam Titau |                        | Birmingham, AL<br>Sun 17 Sutra 141 |                   |
| Tula Rasi: 5.34                  | Tithi 4 – 5        | <b>Gulika</b> 1:19PM – 2:54PM         | <b>Chitra</b> Until 8:12AM     | <b>Ganesh:</b> Clear  | <i>Sunrise:</i> 5:23AM |                                    | Durmukha 5118     |
| <b>Family Home Evening</b>       |                    | Yama 10:09AM – 11:44AM                | Brahma Until 9:51PM            | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:05PM  |                                    | Moon 8 - Phase 20 |
|                                  |                    | 564241363 <b>Rahu</b> 6:58AM – 8:34AM | Bava Until 10:58PM             | <b>Nataraja:</b> Purple   |                        |                                    | 3rd Phase         |
| Routine Work                     | Prabalarishta Yoga |                                       | <b>Chaturchi*</b> Until 9:44AM | Moon – Green  |                        | <b>Bhuloka Day</b>                 |                   |
| Until 8:12AM                     |                    |                                       |                                | <b>Bhadrapada-Avani</b>   |                        | Devaloka Time: 9:AM to 12:PM       |                   |
| Then Creative Work - Amrita Yoga |                    |                                       |                                |   |                        |                                    |                   |

|                                 |             |                                       |                               |   |                        |                                    |                   |
|---------------------------------|-------------|---------------------------------------|-------------------------------|---|------------------------|------------------------------------|-------------------|
| <b>5</b>                        |             | <b>Tuesday, September 6, 2016</b>     |                               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        | Birmingham, AL<br>Sun 18 Sutra 142 |                   |
| Tula Rasi: 17.26                | Tithi 5 – 6 | <b>Gulika</b> 11:44AM – 1:19PM        | <b>Svati</b> Until 10:59AM    | <b>Ganesh:</b> White  | <i>Sunrise:</i> 5:24AM |                                    | Durmukha 5118     |
|                                 |             | Yama 8:34AM – 10:09AM                 | Indra Until 10:48PM           | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:03PM  |                                    | Moon 8 - Phase 20 |
|                                 |             | 565241363 <b>Rahu</b> 2:54PM – 4:29PM | Kaulava Until 1:24AM Wed      | <b>Nataraja:</b> Purple   |                        |                                    | 3rd Phase         |
| Creative Work                   | Siddha Yoga |                                       | <b>Panchami</b> Until 12:10PM | Moon – Green  |                        | <b>Bhuloka Day</b>                 |                   |
| Until 10:59AM                   |             |                                       |                               | <b>Bhadrapada-Avani</b>   |                        | Devaloka Time: 6:AM to 9:AM        |                   |
| Then Routine Work - Marana Yoga |             |                                       |                               |   |                        |                                    |                   |

|                  |             |  |                               |  |                        |                                    |                   |
|------------------|-------------|--|-------------------------------|--|------------------------|------------------------------------|-------------------|
| <b>6</b>         |             | <b>Wednesday, September 7, 2016</b>    |                               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        | Birmingham, AL<br>Sun 19 Sutra 143 |                   |
| Tula Rasi: 29.18 | Tithi 6 – 7 | <b>Gulika</b> 10:09AM – 11:43AM        | <b>Vishakha</b> Until 2:07PM  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:25AM |                                    | Durmukha 5118     |
|                  |             | Yama 6:59AM – 8:34AM                   | Vaidhriti* Until 11:40PM      | <b>Muruga:</b> Purple  | <i>Sunset:</i> 6:02PM  |                                    | Moon 8 - Phase 20 |
|                  |             | 575241363 <b>Rahu</b> 11:43AM – 1:18PM | Gara Until 3:45AM Thu         | <b>Nataraja:</b> Purple  |                        |                                    | 3rd Phase         |
| Creative Work    | Siddha Yoga |  | <b>Shashthi*</b> Until 2:35PM | Moon – Orange  |                        | <b>Bhuloka Day</b>                 |                   |
|                  |             |  |                               | <b>Bhadrapada-Avani</b>  |                        | Devaloka Time: 6:AM to 9:AM        |                   |

|  |             |                                       |                              |   |                        |                                    |                   |
|--|-------------|---------------------------------------|------------------------------|---|------------------------|------------------------------------|-------------------|
| <b>Retreat Star</b>                    |             | <b>Thursday, September 8, 2016</b>    |                              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vishkamba* Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau |                        | Birmingham, AL<br>Sun 20 Sutra 144 |                   |
| Vrischika Rasi: 11.13                  | Tithi 7 – 8 | <b>Gulika</b> 8:34AM – 10:09AM        | <b>Anuradha</b> Until 4:53PM | <b>Ganesh:</b> Clear  | <i>Sunrise:</i> 5:25AM |                                    | Durmukha 5118     |
|  |             | Yama 5:25AM – 7:00AM                  | Vishkamba* Until 12:20AM Fri | <b>Muruga:</b> Purple   | <i>Sunset:</i> 6:01PM  |                                    | Moon 8 - Phase 20 |
|  |             | 575241363 <b>Rahu</b> 1:17PM – 2:52PM | Vistit Until 5:48AM Fri      | <b>Nataraja:</b> Purple   |                        |                                    | 3rd Phase         |
| Creative Work                          | Siddha Yoga |                                       | <b>Saptami</b> Until 4:48PM  | Moon – Orange   |                        | <b>Bhuloka Day</b>                 |                   |
| Until 4:53PM                           |             |                                       |                              | <b>Bhadrapada-Avani</b>   |                        | Devaloka Time: 6:AM to 9:AM        |                   |
| Then Routine Work - Prabalarishta Yoga |             |                                       |                              |   |                        |                                    |                   |

|                                  |             |   |                               |  |                        |                                    |                   |
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| <b>Retreat Star</b>              |             | <b>Friday, September 9, 2016</b>        |                               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha* Nakshatra Priti Yoga Bava Karana Ashtamyam Titau |                        | Birmingham, AL<br>Sun 21 Sutra 145 |                   |
| Vrischika Rasi: 23.15            | Tithi 8     | <b>Gulika</b> 7:00AM – 8:34AM           | <b>Jyeshtha*</b> Until 7:08PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 5:26AM |                                    | Durmukha 5118     |
|                                  |             | Yama 2:51PM – 4:25PM                    | Priti Until 12:42AM Sat       | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:59PM  |                                    | Moon 8 - Phase 20 |
|                                  |             | 575241363 <b>Rahu</b> 10:08AM – 11:43AM | Bava Until 6:39PM             | <b>Nataraja:</b> Purple  |                        |                                    | Ashtami           |
| Routine Work                     | Marana Yoga |   | <b>Ashtami*</b> Until 6:39PM  | Moon – Orange  |                        | <b>Bhuloka Day</b>                 |                   |
| Until 7:08PM                     |             |   |                               | <b>Bhadrapada-Avani</b>  |                        | Devaloka Time: 6:AM to 9:AM        |                   |
| Then Creative Work - Amrita Yoga |             |   |                               |  |                        |                                    |                   |

|                     |             |  |                             |  |                        |                                    |                   |
|---------------------|-------------|--|-----------------------------|--|------------------------|------------------------------------|-------------------|
| <b>Retreat Star</b> |             | <b>Saturday, September 10, 2016</b>    |                             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau |                        | Birmingham, AL<br>Sun 22 Sutra 146 |                   |
| Dhanus Rasi: 5.28   | Tithi 9     | <b>Gulika</b> 5:27AM – 7:00AM          | <b>Mula*</b> Until 9:11PM   | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 5:27AM |                                    | Durmukha 5118     |
|                     |             | Yama 1:16PM – 2:50PM                   | Ayushman Until 12:36AM Sun  | <b>Muruga:</b> Purple  | <i>Sunset:</i> 5:58PM  |                                    | Moon 8 - Phase 20 |
|                     |             | 585241363 <b>Rahu</b> 8:34AM – 10:08AM | Balava Until 7:24AM         | <b>Nataraja:</b> Purple  |                        |                                    | Navami            |
| Creative Work       | Siddha Yoga |  | <b>Navami*</b> Until 7:57PM | Moon – Light Blue  |                        | <b>Bhuloka Day</b>                 |                   |
|                     |             |  |                             | <b>Bhadrapada-Avani</b>  |                        |                                    |                   |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

|   |             |  |                                   |  |  |                    |
|---|-------------|--|-----------------------------------|--|--|--------------------|
| <b>1 Sunday, September 11, 2016</b>                                       |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                   |  |  | Birmingham, AL     |
| Purvashadha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau |             | Sun 23 Sutra 147   |                                   | Durumukha 5118                               |  |                    |
| Dhanus Rasi: 17.56  | Tithi 10    | <b>Gulika</b> 2:49PM – 4:23PM  | <b>Purvashadha* Until 10:24PM</b> | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:27AM |  |                    |
|   |             | Yama 11:42AM – 1:16PM  | Saubhagya Until 11:58PM           | <b>Muruga:</b> Purple <i>Sunset:</i> 5:57PM  |  | Moon 8 - Phase 21  |
|   | 585241363   | <b>Rahu</b> 4:23PM – 5:57PM  | Taitila Until 8:23AM              | <b>Nataraja:</b> Purple                      |  | 4th Phase          |
| Creative Work   | Siddha Yoga |  | <b>Dashami Until 8:35PM</b>       | Moon – Light Blue                            |  | <b>Bhuloka Day</b> |
| Until 10:24PM   |             | <b>Grandparent's Day</b>   |                                   | <b>Bhadrapada-Avani</b>                      |  |                    |
| Then Creative Work - Amrita Yoga  |             |  |                                   |  |  |                    |

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| <b>2 Monday, September 12, 2016</b>                                       |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam |                                   |  |  | Birmingham, AL     |
| Uttarashadha Nakshatra Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau |             | Sun 24 Sutra 148  |                                   | Durumukha 5118                               |  |                    |
| Makara Rasi: 0.44   | Tithi 11    | <b>Gulika</b> 1:15PM – 2:48PM   | <b>Uttarashadha Until 10:45PM</b> | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:28AM |  |                    |
| <b>Family Home Evening</b>  |             | Yama 10:08AM – 11:42AM  | Sobhana Until 10:45PM             | <b>Muruga:</b> Purple <i>Sunset:</i> 5:55PM  |  | Moon 8 - Phase 21  |
|   | 585241363   | <b>Rahu</b> 7:01AM – 8:35AM   | Vanija Until 8:39AM               | <b>Nataraja:</b> Purple                      |  | 4th Phase          |
| Routine Work  | Marana Yoga |   | <b>Ekadashi Until 8:29PM</b>      | Moon – Light Blue                            |  | <b>Bhuloka Day</b> |
| Until 10:45PM   |             |   |                                   | <b>Bhadrapada-Avani</b>                      |  |                    |
| Then Creative Work - Amrita Yoga  |             |   |                                   |  |  |                    |

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| <b>3 Tuesday, September 13, 2016</b>                                   |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam |                               |   |  | Birmingham, AL              |
| Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau |             | Sun 25 Sutra 149   |                               | Durumukha 5118                              |  |                             |
| Makara Rasi: 13.56   | Tithi 12    | <b>Gulika</b> 11:41AM – 1:14PM   | <b>Shravana Until 10:39PM</b> | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:29AM |  |                             |
|  |             | Yama 8:35AM – 10:08AM  | Athiganda* Until 8:55PM       | <b>Muruga:</b> Purple <i>Sunset:</i> 5:54PM |  | Moon 8 - Phase 21           |
|  | 595241363   | <b>Rahu</b> 2:48PM – 4:21PM  | Bava Until 8:09AM             | <b>Nataraja:</b> Purple                     |  | 4th Phase                   |
| Creative Work  | Siddha Yoga |  | <b>Dvadashi Until 7:36PM</b>  | Moon – Purple                               |  | <b>Bhuloka Day</b>          |
|  |             |  |                               | <b>Bhadrapada-Avani</b>                     |  | Devaloka Time: 6:AM to 9:AM |
|  |             |  |                               |   |  |                             |

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| <b>4 Wednesday, September 14, 2016</b>                                      |                    | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam |                                |   |  | Birmingham, AL              |
| Dhanishtha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau |                    | Sun 26 Sutra 150   |                                | Durumukha 5118                              |  |                             |
| Makara Rasi: 27.32  | Tithi 13           | <b>Gulika</b> 10:08AM – 11:41AM  | <b>Dhanishtha Until 9:42PM</b> | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:29AM |  |                             |
|   |                    | Yama 7:02AM – 8:35AM   | Sukarma Until 6:31PM           | <b>Muruga:</b> Purple <i>Sunset:</i> 5:53PM |  | Moon 8 - Phase 21           |
|   | 595241363          | <b>Rahu</b> 11:41AM – 1:14PM   | Kaulava Until 6:55AM           | <b>Nataraja:</b> Purple                     |  | 4th Phase                   |
| Routine Work  | Prabalarishta Yoga |  | <b>Trayodashi Until 6:01PM</b> | Moon – Purple                               |  | <b>Bhuloka Day</b>          |
| Until 9:42PM  |                    | <b>Chidambaram Abhishekam</b>  |                                | <b>Bhadrapada-Avani</b>                     |  | Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Siddha Yoga  |                    |  | <i>Pradosha Vrata</i>          |   |  |                             |

|   |               |   |                                  |   |  |                             |
|---|---------------|---|----------------------------------|---|--|-----------------------------|
| <b>5 Thursday, September 15, 2016</b>   |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam |                                  |   |  | Birmingham, AL              |
| Shatabhishak Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |               | Sun 27 Sutra 151  |                                  | Durumukha 5118                              |  |                             |
| Kumbha Rasi: 11.32  | Tithi 14 – 15 | <b>Gulika</b> 8:35AM – 10:08AM  | <b>Shatabhishak Until 8:02PM</b> | <b>Ganesh:</b> Clear <i>Sunrise:</i> 5:30AM |  |                             |
|   |               | Yama 5:30AM – 7:03AM  | Dhriti Until 3:38PM              | <b>Muruga:</b> Purple <i>Sunset:</i> 5:51PM |  | Moon 8 - Phase 21           |
|   | 595241363     | <b>Rahu</b> 1:13PM – 2:46PM   | Visti Until 2:33AM Fri           | <b>Nataraja:</b> Purple                     |  | 4th Phase                   |
| Creative Work   | Siddha Yoga   |   | <b>Chaturdashi* Until 3:49PM</b> | Moon – Purple                               |  | <b>Bhuloka Day</b>          |
|   |               |   |                                  | <b>Bhadrapada-Avani</b>                     |  | Devaloka Time: 6:AM to 9:AM |
|   |               |   |                                  |   |  |                             |

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|-----------------------------------|---------------|--|---|--|--|---------------------|
| <b>Friday, September 16, 2016</b> |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam |   |  |  | Birmingham, AL      |
| <b>Copper Retreat Star</b>        |               | Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau    |   | Sun 27 Sutra 152                             |  |                     |
| Kumbha Rasi: 25.55                | Tithi 15 – 16 | <b>Gulika</b> 7:03AM – 8:35AM  | <b>Purvaprosarthapada* Until 6:11PM</b> | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:31AM |  | Durmukha 5118       |
|                                   |               | Yama 2:45PM – 4:17PM   | Shula* Until 12:20PM                    | <b>Muruga:</b> Purple <i>Sunset:</i> 5:50PM  |  | Moon 8 - Phase 21   |
|                                   | 516241363     | <b>Rahu</b> 10:08AM – 11:40AM  | Balava Until 11:41PM                    | <b>Nataraja:</b> Purple                      |  | Purnima             |
| Creative Work                     | Siddha Yoga   |  | <b>Purnima* Until 1:08PM</b>            | Moon – Clear                                 |  | <b>Devaloka Day</b> |
|                                   |               | <b>Penumbra Lunar Eclipse</b>  |   | <b>Bhadrapada-Puratasi</b>                   |  |                     |
|                                   |               |  |   |  |  |                     |

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| <b>Saturday, September 17, 2016</b>    |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam       |   |  |  | Birmingham, AL      |
| <b>Silver Retreat Star</b>             |               | Uttaraprosarthapada/Revali Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Prathama/Dvilayam Titau |   | Sun 28 Sutra 153                             |  |                     |
| Meena Rasi: 10.34                      | Tithi 16 – 17 | <b>Gulika</b> 5:31AM – 7:03AM  | <b>Uttaraprosarthapada Until 3:53PM</b> | <b>Ganesh:</b> Purple <i>Sunrise:</i> 5:31AM |  | Durmukha 5118       |
|  |               | Yama 1:12PM – 2:44PM   | Ganda* Until 8:45AM                     | <b>Muruga:</b> Purple <i>Sunset:</i> 5:48PM  |  | Moon 8 - Phase 21   |
|  | 516241363     | <b>Rahu</b> 8:35AM – 10:08AM   | Taitila Until 8:33PM                    | <b>Nataraja:</b> Purple                      |  | Prathama            |
| Creative Work                          | Siddha Yoga   |  | <b>Prathama* Until 10:07AM</b>          | Moon – Clear                                 |  | <b>Devaloka Day</b> |
| Until 3:53PM                           |               |  |   | <b>Bhadrapada-Puratasi</b>                   |  |                     |
| Then Routine Work - Prabalarishta Yoga |               |  |   |  |  |                     |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Birmingham, AL

Sun 1 Sutra 154

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 25.23 Tihi 17 - 18

516241363

**Gulika** 2:43PM - 4:15PM  
Yama 11:39AM - 1:11PM  
**Rahu** 4:15PM - 5:47PM

**Revati Until 1:17PM**  
Dhruva Until 1:13AM Mon  
Visti Until 3:39AM Mon  
**Dvitiya Until 6:54AM**

**Ganesha:** Purple *Sunrise:* 5:32AM  
**Muruga:** Purple *Sunset:* 5:47PM  
**Nataraja:** Purple  
Moon - Clear  
**Bhadrapada-Puratasi**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 1:17PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Birmingham, AL

Sun 2 Sutra 155

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 10.15 Tihi 19

526341363

**Gulika** 1:11PM - 2:42PM  
Yama 10:07AM - 11:39AM  
**Rahu** 7:04AM - 8:36AM

**Ashvini Until 10:58AM**  
Vyaghata\* Until 9:29PM  
Bava Until 2:04PM  
**Chaturthi\* Until 12:29AM Tue**

**Ganesha:** Purple *Sunrise:* 5:33AM  
**Muruga:** Purple *Sunset:* 5:46PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

**Family Home Evening**  
Creative Work Siddha Yoga

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Birmingham, AL

Sun 3 Sutra 156

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 25.01 Tihi 20

526341363

**Gulika** 11:39AM - 1:10PM  
Yama 8:36AM - 10:07AM  
**Rahu** 2:42PM - 4:13PM

**Bharani Until 8:40AM**  
Harshana Until 5:56PM  
Kaulava Until 11:00AM  
**Panchami Until 9:33PM**

**Ganesha:** Purple *Sunrise:* 5:33AM  
**Muruga:** Purple *Sunset:* 5:44PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Creative Work Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Shashthiyam Titau

Birmingham, AL

Sun 4 Sutra 157

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 10 Tihi 21

526341363

**Gulika** 10:07AM - 11:38AM  
Yama 7:05AM - 8:36AM  
**Rahu** 11:38AM - 1:10PM

**Krittika Until 6:30AM**  
Vajra\* Until 2:38PM  
Gara Until 8:14AM  
**Shashthi\* Until 6:58PM**

**Ganesha:** Purple *Sunrise:* 5:34AM  
**Muruga:** Purple *Sunset:* 5:43PM  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Creative Work Amrita Yoga  
Until 6:30AM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birmingham, AL

Sun 5 Sutra 158

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 23.55 Tihi 22 - 23

536341363

**Gulika** 8:36AM - 10:07AM  
Yama 5:35AM - 7:05AM  
**Rahu** 1:09PM - 2:40PM

**Mrigashira Until 3:50AM Fri**  
Siddhi Until 11:42AM  
Balava Until 3:57AM Fri  
**Saptami Until 4:49PM**

**Ganesha:** Clear *Sunrise:* 5:35AM  
**Muruga:** Purple *Sunset:* 5:42PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga  
Until 3:50AM Fri

Then Creative Work - Siddha Yoga

5

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birmingham, AL

Sun 6 Sutra 159

Durmukha 5118

Moon 9 - Phase 22

Ashtami

Mithuna Rasi: 7.54 Tihi 23 - 24

537341363

**Gulika** 7:06AM - 8:36AM  
Yama 2:39PM - 4:10PM  
**Rahu** 10:07AM - 11:38AM

**Ardra Until 3:02AM Sat**  
Vyatipata\* Until 9:10AM  
Taitila Until 2:35AM Sat  
**Ashtami\* Until 3:11PM**

**Ganesha:** White *Sunrise:* 5:35AM  
**Muruga:** Purple *Sunset:* 5:40PM  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

**Devaloka Day**

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Variyan/Parigaha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Birmingham, AL

Sun 7 Sutra 160

Durmukha 5118

Moon 9 - Phase 22

Navami

Mithuna Rasi: 21.34 Tihi 24 - 25

547341363

**Gulika** 5:36AM - 7:06AM  
Yama 1:08PM - 2:38PM  
**Rahu** 8:37AM - 10:07AM

**Punarvasu Until 3:05AM Sun**  
Variyan Until 7:02AM  
Vanija Until 1:46AM Sun  
**Navami\* Until 2:05PM**

**Ganesha:** Yellow *Sunrise:* 5:36AM  
**Muruga:** Purple *Sunset:* 5:39PM  
**Nataraja:** Purple  
Moon - Blue  
**Bhadrapada-Puratasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

|                                     |           |  |                                       |   |                             |                    |
|-------------------------------------|-----------|--|---------------------------------------|---|-----------------------------|--------------------|
| <b>1 Sunday, September 25, 2016</b> |           | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam |                                       |   |                             | Birmingham, AL     |
| Kataka Rasi: 4.56    Tithi 25 – 26  |           | Pushya Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau                          |                                       |   |                             | Sun 8    Sutra 161 |
| Creative Work    Siddha Yoga        | 547341363 | <b>Gulika</b> 2:37PM – 4:07PM  | <b>Pushya</b> <b>Until 3:31AM Mon</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:37AM | Durmukha 5118               |                    |
|                                     |           | Yama 11:37AM – 1:07PM  | Shiva <b>Until 4:08AM Mon</b>         | <b>Muruga:</b> Purple <i>Sunset:</i> 5:37PM   | Moon 9 - Phase 23           |                    |
|                                     |           | <b>Rahu</b> 4:07PM – 5:37PM  | Bava <b>Until 1:30AM Mon</b>          | <b>Nataraja:</b> Purple                       | 2nd Phase                   |                    |
|                                     |           |  | <b>Dashami</b> <b>Until 1:33PM</b>    | Moon – Blue                                   | <b>Bhuloka Day</b>          |                    |
|                                     |           |  |                                       | <b>Bhadrapada-Puratasi</b>                    | Devaloka Time: 9:AM to12:PM |                    |

|                                     |           |   |  |   |                             |                    |
|-------------------------------------|-----------|---|--|---|-----------------------------|--------------------|
| <b>2 Monday, September 26, 2016</b> |           | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam |  |   |                             | Birmingham, AL     |
| Kataka Rasi: 18    Tithi 26 – 27    |           | Ashlesha* Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau                 |  |   |                             | Sun 9    Sutra 162 |
| Family Home Evening                 | 547341363 | <b>Gulika</b> 1:07PM – 2:36PM   | <b>Ashlesha*</b> <b>Until 4:18AM Tue</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:37AM | Durmukha 5118               |                    |
|                                     |           | Yama 10:07AM – 11:37AM  | Siddha <b>Until 3:17AM Tue</b>           | <b>Muruga:</b> Purple <i>Sunset:</i> 5:36PM   | Moon 9 - Phase 23           |                    |
| Creative Work    Siddha Yoga        |           | <b>Rahu</b> 7:07AM – 8:37AM   | Kaulava <b>Until 1:45AM Tue</b>          | <b>Nataraja:</b> Purple                       | 2nd Phase                   |                    |
|                                     |           |   | <b>Ekadashi*</b> <b>Until 1:33PM</b>     | Moon – Blue                                   | <b>Bhuloka Day</b>          |                    |
|                                     |           |   |  | <b>Bhadrapada-Puratasi</b>                    | Devaloka Time: 9:AM to12:PM |                    |

|                                      |                                  |  |                                       |   |                             |                     |
|--------------------------------------|----------------------------------|--|---------------------------------------|---|-----------------------------|---------------------|
| <b>3 Tuesday, September 27, 2016</b> |                                  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam |                                       |   |                             | Birmingham, AL      |
| Simha Rasi: 0.48    Tithi 27 – 28    |                                  | Magha* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau                       |                                       |   |                             | Sun 10    Sutra 163 |
| Creative Work    Siddha Yoga         | 657341363                        | <b>Gulika</b> 11:36AM – 1:06PM   | <b>Magha*</b> <b>Until 5:52AM Wed</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:38AM | Durmukha 5118               |                     |
|                                      |                                  | Yama 8:37AM – 10:07AM  | Sadhya <b>Until 2:50AM Wed</b>        | <b>Muruga:</b> Purple <i>Sunset:</i> 5:35PM   | Moon 9 - Phase 23           |                     |
| Until 5:52AM Wed                     |                                  | <b>Rahu</b> 2:36PM – 4:05PM  | Gara <b>Until 2:31AM Wed</b>          | <b>Nataraja:</b> Purple                       | 2nd Phase                   |                     |
|                                      | Then Creative Work - Amrita Yoga |  | <b>Dvadashi*</b> <b>Until 2:03PM</b>  | Moon – Red                                    | <b>Bhuloka Day</b>          |                     |
|                                      |                                  |  | <i>Pradosha Vrata (Fasting)</i>       | <b>Bhadrapada-Puratasi</b>                    | Devaloka Time: 9:AM to12:PM |                     |

|  |           |  |  |   |                             |                     |
|--|-----------|--|--|---|-----------------------------|---------------------|
| <b>4 Wednesday, September 28, 2016</b> |           | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam |  |   |                             | Birmingham, AL      |
| Simha Rasi: 13.23    Tithi 28 – 29     |           | Purvaphalguni Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau           |  |   |                             | Sun 11    Sutra 164 |
| Creative Work    Amrita Yoga           | 657341363 | <b>Gulika</b> 10:07AM – 11:36AM  | <b>Purvaphalguni</b> <b>Until 7:43AM Thu</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:39AM | Durmukha 5118               |                     |
|  |           | Yama 7:08AM – 8:37AM   | Subha <b>Until 2:45AM Thu</b>                | <b>Muruga:</b> Purple <i>Sunset:</i> 5:33PM   | Moon 9 - Phase 23           |                     |
|  |           | <b>Rahu</b> 11:36AM – 1:05PM   | Visti <b>Until 3:43AM Thu</b>                | <b>Nataraja:</b> Purple                       | 2nd Phase                   |                     |
|  |           |  | <b>Trayodashi*</b> <b>Until 3:02PM</b>       | Moon – Red                                    | <b>Bhuloka Day</b>          |                     |
|  |           |  |  | <b>Bhadrapada-Puratasi</b>                    | Devaloka Time: 9:AM to12:PM |                     |

|                                       |           |   |  |   |                             |                     |
|---------------------------------------|-----------|---|--|---|-----------------------------|---------------------|
| <b>5 Thursday, September 29, 2016</b> |           | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam           |  |   |                             | Birmingham, AL      |
| Simha Rasi: 25.46    Tithi 29 – 30    |           | Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  |   |                             | Sun 12    Sutra 165 |
| Creative Work    Siddha Yoga          | 657341363 | <b>Gulika</b> 8:37AM – 10:07AM  | <b>Purvaphalguni</b> <b>Until 7:43AM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:39AM | Durmukha 5118               |                     |
|                                       |           | Yama 5:39AM – 7:08AM  | Sukla <b>Until 2:56AM Fri</b>            | <b>Muruga:</b> Purple <i>Sunset:</i> 5:32PM   | Moon 9 - Phase 23           |                     |
|                                       |           | <b>Rahu</b> 1:05PM – 2:34PM   | Catuspada <b>Until 5:19AM Fri</b>        | <b>Nataraja:</b> Purple                       | 2nd Phase                   |                     |
|                                       |           |   | <b>Chaturdashi*</b> <b>Until 4:27PM</b>  | Moon – Red                                    | <b>Bhuloka Day</b>          |                     |
|                                       |           |   |  | <b>Bhadrapada-Puratasi</b>                    | Devaloka Time: 9:AM to12:PM |                     |

|                                   |              |  |   |   |                    |                     |
|-----------------------------------|--------------|--|---|---|--------------------|---------------------|
| <b>Friday, September 30, 2016</b> |              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam |   |   |                    | Birmingham, AL      |
| <b>Retreat Star</b>               |              | Uttaraphalguni/Hasta Nakshatra Brahma Yoga Naga* Karana Amavasyayam Titau                        |   |   |                    | Sun 13    Sutra 166 |
| Kanya Rasi: 7.59    Tithi 30      | 658341363    | <b>Gulika</b> 7:09AM – 8:38AM  | <b>Uttaraphalguni</b> <b>Until 9:47AM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:40AM | Durmukha 5118      |                     |
|                                   |              | Yama 2:33PM – 4:02PM   | Brahma <b>Until 3:23AM Sat</b>            | <b>Muruga:</b> Purple <i>Sunset:</i> 5:31PM | Moon 9 - Phase 23  |                     |
| Creative Work    Siddha Yoga      |              | <b>Rahu</b> 10:07AM – 11:35AM  | Naga <b>Until 6:14PM</b>                  | <b>Nataraja:</b> Purple                     | Amavasya           |                     |
|                                   | Until 9:47AM |  | <b>Amavasya*</b> <b>Until 6:14PM</b>      | Moon – Red                                  | <b>Bhuloka Day</b> |                     |
| Then Creative Work - Amrita Yoga  |              | <b>Mahalaya Amavasai (Tamil Nadu)</b>  |   | <b>Bhadrapada-Puratasi</b>                  |                    |                     |

|                                  |           |  |                                      |   |                    |                     |
|----------------------------------|-----------|--|--------------------------------------|---|--------------------|---------------------|
| <b>Saturday, October 1, 2016</b> |           | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam |                                      |   |                    | Birmingham, AL      |
| <b>Retreat Star</b>              |           | Hasta/Chitra Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau                     |                                      |   |                    | Sun 14    Sutra 167 |
| Kanya Rasi: 20.05    Tithi 1     | 668341363 | <b>Gulika</b> 5:41AM – 7:09AM  | <b>Hasta</b> <b>Until 12:29PM</b>    | <b>Ganesha:</b> Blue <i>Sunrise:</i> 5:41AM | Durmukha 5118      |                     |
|                                  |           | Yama 1:04PM – 2:32PM   | Indra <b>Until 4:05AM Sun</b>        | <b>Muruga:</b> Purple <i>Sunset:</i> 5:29PM | Moon 9 - Phase 23  |                     |
| Routine Work    Marana Yoga      |           | <b>Rahu</b> 8:38AM – 10:06AM   | Kintughna <b>Until 7:16AM</b>        | <b>Nataraja:</b> Purple                     | Prathama           |                     |
|                                  |           |  | <b>Prathama*</b> <b>Until 8:20PM</b> | Moon – Green                                | <b>Bhuloka Day</b> |                     |
|                                  |           | <b>Navaratri Begins</b>  |                                      | <b>Ashvina-Puratasi</b>                     |                    |                     |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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|  |                    |                                   |                   |   |                         |                        |                              |                                    |  |
|--|--------------------|-----------------------------------|-------------------|---|-------------------------|------------------------|------------------------------|------------------------------------|--|
| <b>1</b>                               |                    | <b>Sunday, October 2, 2016</b>    |                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra/Svati Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau                         |                         |                        |                              | Birmingham, AL<br>Sun 15 Sutra 168 |  |
| Tula Rasi: 2.03                        | Tithi 2            | <b>Gulika</b>                     | 2:31PM – 4:00PM   | <b>Chitra Until 3:16PM</b>  | <b>Ganesh:</b> Blue     | <i>Sunrise:</i> 5:41AM |                              | Durmukha 5118                      |  |
|  |                    | Yama                              | 11:35AM – 1:03PM  | Vaidhriti* Until 4:54AM Mon   | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:28PM  |                              | Moon 9 - Phase 24                  |  |
| Creative Work                          | Siddha Yoga        | 668341363 <b>Rahu</b>             | 4:00PM – 5:28PM   | Balava Until 9:29AM   | <b>Nataraja:</b> Purple |                        |                              | 3rd Phase                          |  |
|  |                    |                                   |                   | <b>Dvitiya Until 10:39PM</b>  | Moon – Green            |                        | <b>Bhuloka Day</b>           |                                    |  |
|  |                    |                                   |                   |   | <b>Ashvina•Puratasi</b> |                        |                              |                                    |  |
| <b>2</b>                               |                    | <b>Monday, October 3, 2016</b>    |                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau                                  |                         |                        |                              | Birmingham, AL<br>Sun 16 Sutra 169 |  |
| Tula Rasi: 13.57                       | Tithi 3            | <b>Gulika</b>                     | 1:02PM – 2:31PM   | <b>Svati Until 6:02PM</b>   | <b>Ganesh:</b> Blue     | <i>Sunrise:</i> 5:42AM |                              | Durmukha 5118                      |  |
| <b>Family Home Evening</b>             |                    | Yama                              | 10:06AM – 11:34AM | Vishkambha* Until 5:49AM Tue  | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:27PM  |                              | Moon 9 - Phase 24                  |  |
| Creative Work                          | Amrita Yoga        | 668341363 <b>Rahu</b>             | 7:10AM – 8:38AM   | Tailila Until 11:54AM   | <b>Nataraja:</b> Purple |                        |                              | 3rd Phase                          |  |
| Until 6:02PM                           |                    |                                   |                   | <b>Tritiya Until 1:07AM Tue</b>   | Moon – Green            |                        | <b>Bhuloka Day</b>           |                                    |  |
| Then Routine Work - Marana Yoga        |                    |                                   |                   |   | <b>Ashvina•Puratasi</b> |                        |                              |                                    |  |
| <b>3</b>                               |                    | <b>Tuesday, October 4, 2016</b>   |                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthyam Titau                                |                         |                        |                              | Birmingham, AL<br>Sun 17 Sutra 170 |  |
| Tula Rasi: 25.49                       | Tithi 4            | <b>Gulika</b>                     | 11:34AM – 1:02PM  | <b>Vishakha Until 9:13PM</b>  | <b>Ganesh:</b> Blue     | <i>Sunrise:</i> 5:43AM |                              | Durmukha 5118                      |  |
|  |                    | Yama                              | 8:38AM – 10:06AM  | Priti Until 6:45AM Wed  | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:25PM  |                              | Moon 9 - Phase 24                  |  |
| Routine Work                           | Marana Yoga        | 678341363 <b>Rahu</b>             | 2:30PM – 3:58PM   | Vanija Until 2:24PM   | <b>Nataraja:</b> Purple |                        |                              | 3rd Phase                          |  |
| Until 9:13PM                           |                    |                                   |                   | <b>Chaturthi* Until 3:37AM Wed</b>  | Moon – Orange           |                        | <b>Bhuloka Day</b>           |                                    |  |
| Then Creative Work - Siddha Yoga       |                    |                                   |                   |   | <b>Ashvina•Puratasi</b> |                        |                              |                                    |  |
| <b>4</b>                               |                    | <b>Wednesday, October 5, 2016</b> |                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau                            |                         |                        |                              | Birmingham, AL<br>Sun 18 Sutra 171 |  |
| Vrischika Rasi: 7.4                    | Tithi 5            | <b>Gulika</b>                     | 10:06AM – 11:34AM | <b>Anuradha Until 12:09AM Thu</b>   | <b>Ganesh:</b> Blue     | <i>Sunrise:</i> 5:44AM |                              | Durmukha 5118                      |  |
|  |                    | Yama                              | 7:11AM – 8:39AM   | Priti Until 6:45AM  | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:24PM  |                              | Moon 9 - Phase 24                  |  |
| Creative Work                          | Siddha Yoga        | 678341363 <b>Rahu</b>             | 11:34AM – 1:01PM  | Bava Until 4:52PM   | <b>Nataraja:</b> Purple |                        |                              | 3rd Phase                          |  |
| Until 12:09AM Thu                      |                    |                                   |                   | <b>Panchami Until 6:01AM Thu</b>  | Moon – Orange           |                        | <b>Bhuloka Day</b>           |                                    |  |
| Then Routine Work - Prabalarishta Yoga |                    |                                   |                   |   | <b>Ashvina•Puratasi</b> |                        |                              |                                    |  |
| <b>5</b>                               |                    | <b>Thursday, October 6, 2016</b>  |                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau            |                         |                        |                              | Birmingham, AL<br>Sun 19 Sutra 172 |  |
| Vrischika Rasi: 19.34                  | Tithi 5 – 6        | <b>Gulika</b>                     | 8:39AM – 10:06AM  | <b>Jyeshtha* Until 2:43AM Fri</b>   | <b>Ganesh:</b> Red      | <i>Sunrise:</i> 5:44AM |                              | Durmukha 5118                      |  |
|  |                    | Yama                              | 5:44AM – 7:12AM   | Ayushman Until 7:34AM   | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:23PM  |                              | Moon 9 - Phase 24                  |  |
| Routine Work                           | Prabalarishta Yoga | 679341363 <b>Rahu</b>             | 1:01PM – 2:28PM   | Kaulava Until 7:10PM  | <b>Nataraja:</b> Purple |                        |                              | 3rd Phase                          |  |
| Until 2:43AM Fri                       |                    |                                   |                   | <b>Panchami Until 6:01AM</b>  | Moon – Orange           |                        | <b>Bhuloka Day</b>           |                                    |  |
| Then Creative Work - Amrita Yoga       |                    |                                   |                   |   | <b>Ashvina•Puratasi</b> |                        | Devaloka Time: 9:AM to 12:PM |                                    |  |
| <b>6</b>                               |                    | <b>Friday, October 7, 2016</b>    |                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau                   |                         |                        |                              | Birmingham, AL<br>Sun 20 Sutra 173 |  |
| Dhanus Rasi: 1.34                      | Tithi 6 – 7        | <b>Gulika</b>                     | 7:12AM – 8:39AM   | <b>Mula* Until 5:14AM Sat</b>   | <b>Ganesh:</b> Blue     | <i>Sunrise:</i> 5:45AM |                              | Durmukha 5118                      |  |
|  |                    | Yama                              | 2:27PM – 3:54PM   | Saubhagya Until 8:12AM  | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:21PM  |                              | Moon 9 - Phase 24                  |  |
| Creative Work                          | Amrita Yoga        | 689341364 <b>Rahu</b>             | 10:06AM – 11:33AM | Gara Until 9:07PM   | <b>Nataraja:</b> Clear  |                        |                              | 3rd Phase                          |  |
| Until 5:14AM Sat                       |                    |                                   |                   | <b>Shashthi* Until 8:10AM</b>   | Moon – Light Blue       |                        | <b>Sivaloka Day</b>          |                                    |  |
| Then Creative Work - Siddha Yoga       |                    |                                   |                   |   | <b>Ashvina•Puratasi</b> |                        |                              |                                    |  |
| <b>Retreat Star</b>                    |                    | <b>Saturday, October 8, 2016</b>  |                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau          |                         |                        |                              | Birmingham, AL<br>Sun 21 Sutra 174 |  |
| Dhanus Rasi: 13.43                     | Tithi 7 – 8        | <b>Gulika</b>                     | 5:46AM – 7:13AM   | <b>Purvashadha* Until 7:03AM Sun</b>  | <b>Ganesh:</b> Blue     | <i>Sunrise:</i> 5:46AM |                              | Durmukha 5118                      |  |
|  |                    | Yama                              | 1:00PM – 2:27PM   | Sobhana Until 8:31AM  | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:20PM  |                              | Moon 9 - Phase 24                  |  |
| Creative Work                          | Siddha Yoga        | 689341364 <b>Rahu</b>             | 8:39AM – 10:06AM  | Visti Until 10:34PM   | <b>Nataraja:</b> Clear  |                        |                              | Ashtami                            |  |
| Until 7:03AM Sun                       |                    |                                   |                   | <b>Saptami Until 9:54AM</b>   | Moon – Light Blue       |                        | <b>Sivaloka Day</b>          |                                    |  |
| Then Creative Work - Amrita Yoga       |                    |                                   |                   |   | <b>Ashvina•Puratasi</b> |                        |                              |                                    |  |
| <b>Retreat Star</b>                    |                    | <b>Sunday, October 9, 2016</b>    |                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                         |                        |                              | Birmingham, AL<br>Sun 22 Sutra 175 |  |
| Dhanus Rasi: 26.07                     | Tithi 8 – 9        | <b>Gulika</b>                     | 2:26PM – 3:52PM   | <b>Purvashadha* Until 7:03AM</b>  | <b>Ganesh:</b> Blue     | <i>Sunrise:</i> 5:46AM |                              | Durmukha 5118                      |  |
|  |                    | Yama                              | 11:33AM – 12:59PM | Athiganda* Until 8:22AM   | <b>Muruga:</b> Purple   | <i>Sunset:</i> 5:19PM  |                              | Moon 9 - Phase 24                  |  |
| Creative Work                          | Siddha Yoga        | 689341364 <b>Rahu</b>             | 3:52PM – 5:19PM   | Balava Until 11:21PM  | <b>Nataraja:</b> Clear  |                        |                              | Navami                             |  |
| Until 7:03AM                           |                    |                                   |                   | <b>Ashtami* Until 11:02AM</b>   | Moon – Light Blue       |                        | <b>Sivaloka Day</b>          |                                    |  |
| Then Creative Work - Amrita Yoga       |                    |                                   |                   |   | <b>Ashvina•Puratasi</b> |                        |                              |                                    |  |
|  |                    |                                   |                   |   |                         |                        |                              |                                    |  |

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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|                                  |              |   |                                  |                         |                        |  |
|----------------------------------|--------------|---|----------------------------------|-------------------------|------------------------|--|
| <b>Monday, October 10, 2016</b>  |              | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                  |                         |                        | Birmingham, AL<br>Sun 23 Sutra 176<br>Dur mukha 5118 |
| <b>1</b>                         |              | <b>Gulika</b> 12:59PM – 2:25PM  | <b>Uttarashadha</b> Until 8:01AM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:47AM |  |
| Makara Rasi: 8.49                | Tithi 9 – 10 | Yama 10:06AM – 11:32AM  | Sukarma Until 7:40AM             | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:18PM  | Moon 9 - Phase 25                                    |
| <b>Family Home Evening</b>       | 689351364    | <b>Rahu</b> 7:14AM – 8:40AM   | Taitila Until 11:21PM            | <b>Nataraja:</b> Clear  |                        | 4th Phase  |
| Routine Work                     | Marana Yoga  |   | <b>Navami*</b> Until 11:26AM     | Moon – Light Blue       |                        | <b>Subha Sivaloka Day</b>                            |
| Until 8:01AM                     |              | <b>Vijaya Dasami</b>  |                                  | <b>Ashvina•Puratasi</b> |                        |  |
| Then Creative Work - Amrita Yoga |              |   |                                  |                         |                        |  |

|                                  |               |   |                              |                         |                        |  |
|----------------------------------|---------------|---|------------------------------|-------------------------|------------------------|--|
| <b>Tuesday, October 11, 2016</b> |               | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                              |                         |                        | Birmingham, AL<br>Sun 24 Sutra 177<br>Dur mukha 5118 |
| <b>2</b>                         |               | <b>Gulika</b> 11:32AM – 12:58PM   | <b>Shravana</b> Until 8:30AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:48AM |  |
| Makara Rasi: 21.56               | Tithi 10 – 11 | Yama 8:40AM – 10:06AM   | Dhriti Until 6:22AM          | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:16PM  | Moon 9 - Phase 25                                    |
|                                  | 699351364     | <b>Rahu</b> 2:24PM – 3:50PM   | Vanija Until 10:31PM         | <b>Nataraja:</b> Clear  |                        | 4th Phase  |
| Creative Work                    | Siddha Yoga   |   | <b>Dashami</b> Until 11:01AM | Moon – Purple           |                        | <b>Sivaloka Day</b>                                  |
|                                  |               |   |                              | <b>Ashvina•Puratasi</b> |                        |  |

|                                    |                    |   |                                |                         |                        |  |
|------------------------------------|--------------------|---|--------------------------------|-------------------------|------------------------|--|
| <b>Wednesday, October 12, 2016</b> |                    | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                |                         |                        | Birmingham, AL<br>Sun 25 Sutra 178<br>Dur mukha 5118 |
| <b>3</b>                           |                    | <b>Gulika</b> 10:06AM – 11:32AM   | <b>Dhanishtha</b> Until 8:02AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:49AM |  |
| Kumbha Rasi: 5.29                  | Tithi 11 – 12      | Yama 7:15AM – 8:40AM  | Ganda* Until 1:45AM Thu        | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:15PM  | Moon 9 - Phase 25                                    |
|                                    | 699351364          | <b>Rahu</b> 11:32AM – 12:58PM   | Bava Until 8:53PM              | <b>Nataraja:</b> Clear  |                        | 4th Phase  |
| Routine Work                       | Prabalarishta Yoga |   | <b>Ekadashi</b> Until 9:46AM   | Moon – Purple           |                        | <b>Sivaloka Day</b>                                  |
| Until 8:02AM                       |                    | <b>Kadaitswami Mahasamadhi</b>  |                                | <b>Ashvina•Puratasi</b> |                        |  |
| Then Creative Work - Siddha Yoga   |                    |   |                                |                         |                        |  |

|                                   |               |   |                                  |                         |                        |  |
|-----------------------------------|---------------|---|----------------------------------|-------------------------|------------------------|--|
| <b>Thursday, October 13, 2016</b> |               | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                  |                         |                        | Birmingham, AL<br>Sun 26 Sutra 179<br>Dur mukha 5118 |
| <b>4</b>                          |               | <b>Gulika</b> 8:41AM – 10:06AM  | <b>Shatabhishak</b> Until 6:40AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:49AM |  |
| Kumbha Rasi: 19.31                | Tithi 12 – 13 | Yama 5:49AM – 7:15AM  | Vriddhi Until 10:36PM            | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:14PM  | Moon 9 - Phase 25                                    |
|                                   | 699351364     | <b>Rahu</b> 12:57PM – 2:23PM  | Kaulava Until 6:32PM             | <b>Nataraja:</b> Clear  |                        | 4th Phase  |
| Creative Work                     | Siddha Yoga   |   | <b>Dvadashi</b> Until 7:46AM     | Moon – Purple           |                        | <b>Sivaloka Day</b>                                  |
|                                   |               |   |                                  | <b>Ashvina•Puratasi</b> |                        |  |
| <i>Pradosha Vrata</i>             |               |   |                                  |                         |                        |  |

|  |             |   |   |                         |                        |  |
|--|-------------|---|---|-------------------------|------------------------|--|
| <b>Friday, October 14, 2016</b>        |             | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau |   |                         |                        | Birmingham, AL<br>Sun 27 Sutra 180<br>Dur mukha 5118 |
| <b>5</b>                               |             | <b>Gulika</b> 7:16AM – 8:41AM   | <b>Uttaraproshtapada</b> Until 2:30AM Sat | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:50AM |  |
| Meena Rasi: 3.59                       | Tithi 14    | Yama 2:22PM – 3:47PM  | Dhruva Until 6:57PM                       | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:13PM  | Moon 9 - Phase 25                                    |
|  | 611451364   | <b>Rahu</b> 10:06AM – 11:31AM   | Gara Until 3:36PM                         | <b>Nataraja:</b> Clear  |                        | 4th Phase  |
| Creative Work                          | Siddha Yoga |   | <b>Chaturdashi*</b> Until 1:56AM Sat      | Moon – Clear            |                        | <b>Devaloka Day</b>                                  |
| Until 2:30AM Sat                       |             | <b>Chidambaram Abhishekam</b>   |   | <b>Ashvina•Puratasi</b> |                        |  |
| Then Routine Work - Prabalarishta Yoga |             |   |   |                         |                        |  |

|                                   |                    |   |                               |                         |                        |   |
|-----------------------------------|--------------------|---|-------------------------------|-------------------------|------------------------|---|
| <b>Saturday, October 15, 2016</b> |                    | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau |                               |                         |                        | Birmingham, AL<br>Sutra 181<br>Dur mukha 5118 |
| <b>0</b>                          |                    | <b>Gulika</b> 5:51AM – 7:16AM   | <b>Revati</b> Until 11:37PM   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:51AM |   |
| Meena Rasi: 18.5                  | Tithi 15           | Yama 12:56PM – 2:21PM   | Vyaghata* Until 2:59PM        | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:11PM  | Moon 9 - Phase 25                             |
|                                   | 611451364          | <b>Rahu</b> 8:41AM – 10:06AM  | Visti Until 12:14PM           | <b>Nataraja:</b> Clear  |                        | Purnima                                       |
| Routine Work                      | Prabalarishta Yoga |   | <b>Purnima*</b> Until 10:25PM | Moon – Clear            |                        | <b>Devaloka Day</b>                           |
| Until 11:37PM                     |                    |   |                               | <b>Ashvina•Puratasi</b> |                        |   |
| Then Creative Work - Siddha Yoga  |                    |   |                               |                         |                        |   |

|  |             |  |                               |                        |                        |   |
|--|-------------|--|-------------------------------|------------------------|------------------------|---|
| <b>Sunday, October 16, 2016</b>        |             | Dur mukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau |                               |                        |                        | Birmingham, AL<br>Sutra 182<br>Dur mukha 5118 |
| <b>0</b>                               |             | <b>Gulika</b> 2:21PM – 3:45PM  | <b>Ashvini</b> Until 8:48PM   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:52AM |   |
| Mesha Rasi: 3.56                       | Tithi 16    | Yama 11:31AM – 12:56PM   | Harshana Until 10:49AM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:10PM  | Moon 9 - Phase 25                             |
|  | 621451364   | <b>Rahu</b> 3:45PM – 5:10PM  | Balava Until 8:35AM           | <b>Nataraja:</b> Clear |                        | Prathama                                      |
| Creative Work                          | Siddha Yoga |  | <b>Prathama*</b> Until 6:42PM | Moon – White           |                        | <b>Sivaloka Day</b>                           |
| Until 8:48PM                           |             |  |                               | <b>Ashvina•Aipasi</b>  |                        |   |
| Then Routine Work - Prabalarishta Yoga |             |  |                               |                        |                        |   |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam

Birmingham, AL

Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 183

Gulika 12:55PM - 2:20PM

Bharani Until 5:52PM

Ganesha: Clear Sunrise: 5:53AM

Durmukha 5118

Mesha Rasi: 19.09 Tihi 17 - 18

Yama 10:06AM - 11:31AM

Vajra\* Until 6:33AM

Muruga: Clear Sunset: 5:09PM

Moon 10 - Phase 26

Family Home Evening

621451364

Rahu 7:17AM - 8:42AM

Vanija Until 1:11AM Tue

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 2:59PM

Moon - White  
Ashvina-Aipasi

Sivaloka Day

Until 5:52PM

Then Routine Work - Marana Yoga

Tuesday, October 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam

Birmingham, AL

Krittika/Rohini Nakshatra Vyalipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 184

1

Gulika 11:31AM - 12:55PM

Krittika Until 2:58PM

Ganesha: Clear Sunrise: 5:53AM

Durmukha 5118

Vrishabha Rasi: 4.17 Tihi 18 - 19

Yama 8:42AM - 10:06AM

Vyalipata\* Until 10:24PM

Muruga: Clear Sunset: 5:08PM

Moon 10 - Phase 26

621451364

Rahu 2:19PM - 3:44PM

Bava Until 9:44PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 11:24AM

Moon - White  
Ashvina-Aipasi

Sivaloka Day

Until 2:58PM

Then Creative Work - Amrita Yoga

Wednesday, October 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam

Birmingham, AL

Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 185

2

Gulika 10:06AM - 11:30AM

Rohini Until 12:41PM

Ganesha: Purple Sunrise: 5:54AM

Durmukha 5118

Vrishabha Rasi: 19.13 Tihi 19 - 20

Yama 7:18AM - 8:42AM

Variyan Until 6:44PM

Muruga: Clear Sunset: 5:07PM

Moon 10 - Phase 26

631451364

Rahu 11:30AM - 12:55PM

Kaulava Until 6:41PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 8:08AM

Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

Thursday, October 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam

Birmingham, AL

Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 186

3

Gulika 8:43AM - 10:06AM

Mrigashira Until 10:46AM

Ganesha: Purple Sunrise: 5:55AM

Durmukha 5118

Mithuna Rasi: 3.48 Tihi 21

Yama 5:55AM - 7:19AM

Parigha\* Until 3:31PM

Muruga: Clear Sunset: 5:06PM

Moon 10 - Phase 26

631451364

Rahu 12:54PM - 2:18PM

Gara Until 4:11PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi\* Until 3:09AM Fri

Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

Friday, October 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam

Birmingham, AL

Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 5 Sutra 187

4

Gulika 7:19AM - 8:43AM

Ardra Until 9:19AM

Ganesha: Purple Sunrise: 5:56AM

Durmukha 5118

Mithuna Rasi: 17.59 Tihi 22

Yama 2:17PM - 3:41PM

Shiva Until 12:51PM

Muruga: Clear Sunset: 5:05PM

Moon 10 - Phase 26

631451364

Rahu 10:07AM - 11:30AM

Visti Until 2:19PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Saptami Until 1:39AM Sat

Moon - Yellow  
Ashvina-Aipasi

Devaloka Day

Saturday, October 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam

Birmingham, AL

Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 188

5

Gulika 5:57AM - 7:20AM

Punarvasu Until 8:53AM

Ganesha: Clear Sunrise: 5:57AM

Durmukha 5118

Kataka Rasi: 1.42 Tihi 23

Yama 12:53PM - 2:17PM

Siddha Until 10:44AM

Muruga: Clear Sunset: 5:03PM

Moon 10 - Phase 26

641451364

Rahu 8:43AM - 10:07AM

Balava Until 1:12PM

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Ashtami\* Until 12:55AM Sun

Moon - Blue  
Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam

Birmingham, AL

Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Sun 7 Sutra 189

6

Gulika 2:16PM - 3:39PM

Pushya Until 9:03AM

Ganesha: Clear Sunrise: 5:57AM

Durmukha 5118

Kataka Rasi: 15 Tihi 24

Yama 11:30AM - 12:53PM

Sadhya Until 9:14AM

Muruga: Clear Sunset: 5:02PM

Moon 10 - Phase 26

641451364

Rahu 3:39PM - 5:02PM

Taitila Until 12:51PM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Navami\* Until 12:56AM Mon

Moon - Blue  
Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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|   |                                 |  |                        |                           |                    |                |
|---|---------------------------------|--|------------------------|---------------------------|--------------------|----------------|
| <b>Monday, October 24, 2016</b>   |                                 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam |                        |                           |                    | Birmingham, AL |
| Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Vistli* Karana Dashamyam Titau |                                 | Sun 8 Sutra 190  |                        | Durumukha 5118            |                    |                |
| <b>1</b>  | <b>Gulika</b> 12:53PM – 2:16PM  | <b>Ashlesha* Until 9:47AM</b>  | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:58AM    |                    |                |
| Kataka Rasi: 27.54  | Tithi 25                        | Yama 10:07AM – 11:30AM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:01PM     | Moon 10 - Phase 27 |                |
| <b>Family Home Evening</b>  | 642451364                       | <b>Rahu</b> 7:21AM – 8:44AM  | <b>Nataraja:</b> Clear | Moon 10 - Phase 27        |                    |                |
| Creative Work Siddha Yoga   | Vanija Until 1:14PM             |  | Moon – Blue            | <b>Subha Sivaloka Day</b> |                    |                |
| Until 9:47AM  | <b>Dashami Until 1:40AM Tue</b> |  | <b>Ashvina-Aipasi</b>  |                           |                    |                |
| Then Routine Work - Marana Yoga   |                                 |  |                        |                           |                    |                |

|  |                                   |   |                        |                        |                    |                |
|--|-----------------------------------|---|------------------------|------------------------|--------------------|----------------|
| <b>Tuesday, October 25, 2016</b>   |                                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam |                        |                        |                    | Birmingham, AL |
| Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau |                                   | Sun 9 Sutra 191   |                        | Durumukha 5118         |                    |                |
| <b>2</b>   | <b>Gulika</b> 11:30AM – 12:52PM   | <b>Magha* Until 11:28AM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:59AM |                    |                |
| Simha Rasi: 10.29  | Tithi 26                          | Yama 8:44AM – 10:07AM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 5:00PM  | Moon 10 - Phase 27 |                |
| <b>Family Home Evening</b>   | 652451364                         | <b>Rahu</b> 2:15PM – 3:38PM   | <b>Nataraja:</b> Clear | Moon 10 - Phase 27     |                    |                |
| Creative Work Siddha Yoga  | Bava Until 2:17PM                 |   | Moon – Red             | <b>Sivaloka Day</b>    |                    |                |
| Until 9:47AM   | <b>Ekadashi* Until 2:59AM Wed</b> |   | <b>Ashvina-Aipasi</b>  |                        |                    |                |
| Then Routine Work - Marana Yoga  |                                   |   |                        |                        |                    |                |

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| <b>Wednesday, October 26, 2016</b>   |                                   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam |                        |                        |                    | Birmingham, AL |
| Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                   | Sun 10 Sutra 192  |                        | Durumukha 5118         |                    |                |
| <b>3</b>   | <b>Gulika</b> 10:07AM – 11:30AM   | <b>Purvaphalguni Until 1:32PM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:00AM |                    |                |
| Simha Rasi: 22.49  | Tithi 27                          | Yama 7:22AM – 8:45AM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:59PM  | Moon 10 - Phase 27 |                |
| <b>Family Home Evening</b>   | 652451364                         | <b>Rahu</b> 11:30AM – 12:52PM   | <b>Nataraja:</b> Clear | Moon 10 - Phase 27     |                    |                |
| Creative Work Amrita Yoga  | Kaulava Until 3:51PM              |   | Moon – Red             | <b>Sivaloka Day</b>    |                    |                |
| Until 9:47AM   | <b>Dvadashi* Until 4:47AM Thu</b> |   | <b>Ashvina-Aipasi</b>  |                        |                    |                |
| Then Routine Work - Marana Yoga  |                                   |   |                        |                        |                    |                |

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| <b>Thursday, October 27, 2016</b>  |                                     | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam |                        |                        |                    | Birmingham, AL |
| Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau |                                     | Sun 11 Sutra 193   |                        | Durumukha 5118         |                    |                |
| <b>4</b>   | <b>Gulika</b> 8:45AM – 10:07AM      | <b>Uttaraphalguni Until 3:49PM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:01AM |                    |                |
| Kanya Rasi: 4.59   | Tithi 28                            | Yama 6:01AM – 7:23AM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:58PM  | Moon 10 - Phase 27 |                |
| <b>Family Home Evening</b>   | 652451364                           | <b>Rahu</b> 12:52PM – 2:14PM   | <b>Nataraja:</b> Clear | Moon 10 - Phase 27     |                    |                |
| Creative Work Amrita Yoga  | Gara Until 5:49PM                   |  | Moon – Red             | <b>Sivaloka Day</b>    |                    |                |
| Until 3:49PM   | <b>Trayodashi* Until 6:54AM Fri</b> |  | <b>Ashvina-Aipasi</b>  |                        |                    |                |
| Then Routine Work - Marana Yoga  | <i>Pradosha Vrata (Fasting)</i>     |  |                        |                        |                    |                |

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| <b>Friday, October 28, 2016</b>  |                                       | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam |                        |                        |                    | Birmingham, AL |
| Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Vistli* Karana Trayodashi/Chaturdashyam Titau |                                       | Sun 12 Sutra 194  |                        | Durumukha 5118         |                    |                |
| <b>5</b>   | <b>Gulika</b> 7:24AM – 8:46AM         | <b>Hasta Until 6:42PM</b>   | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:02AM |                    |                |
| Kanya Rasi: 17   | Tithi 28 – 29                         | Yama 2:13PM – 3:35PM  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:57PM  | Moon 10 - Phase 27 |                |
| <b>Family Home Evening</b>   | 662451364                             | <b>Rahu</b> 10:07AM – 11:29AM   | <b>Nataraja:</b> Clear | Moon 10 - Phase 27     |                    |                |
| Creative Work Amrita Yoga  | Vistli Until 8:04PM                   |   | Moon – Green           | <b>Sivaloka Day</b>    |                    |                |
| Until 6:42PM   | <b>Trayodashi* Until 6:54AM</b>       |   | <b>Ashvina-Aipasi</b>  |                        |                    |                |
| Then Creative Work - Siddha Yoga   | <b>Deepavali Hindu Solidarity Day</b> |   |                        |                        |                    |                |

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| <b>Saturday, October 29, 2016</b>   |                                     | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam |                        |                        |                    | Birmingham, AL |
| Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                     | Sun 13 Sutra 195  |                        | Durumukha 5118         |                    |                |
| <b>Retreat Star</b>   | <b>Gulika</b> 6:03AM – 7:24AM       | <b>Chitra Until 9:34PM</b>  | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:03AM |                    |                |
| Kanya Rasi: 28.56   | Tithi 29 – 30                       | Yama 12:51PM – 2:13PM   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:56PM  | Moon 10 - Phase 27 |                |
| <b>Family Home Evening</b>  | 662451364                           | <b>Rahu</b> 8:46AM – 10:08AM  | <b>Nataraja:</b> Clear | Moon 10 - Phase 27     |                    |                |
| Routine Work Marana Yoga  | Catuspada Until 10:28PM             |   | Moon – Green           | <b>Sivaloka Day</b>    |                    |                |
| Until 9:34PM  | <b>Subramuniyaswami Mahasamadhi</b> |   | <b>Ashvina-Aipasi</b>  |                        |                    |                |
| Then Creative Work - Siddha Yoga  | <b>Chaturdashi* Until 9:14AM</b>    |   |                        |                        |                    |                |

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| <b>Sunday, October 30, 2016</b>  |                               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                |                        |                    | Birmingham, AL |
| Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                               | Sun 14 Sutra 196  |                                | Durumukha 5118         |                    |                |
| <b>Retreat Star</b>  | <b>Gulika</b> 2:12PM – 3:34PM | <b>Svati Until 12:21AM Mon</b>  | <b>Ganesha:</b> Orange         | <i>Sunrise:</i> 6:03AM |                    |                |
| Tula Rasi: 10.5  | Tithi 30 – 1                  | Yama 11:29AM – 12:51PM  | <b>Muruga:</b> Clear           | <i>Sunset:</i> 4:55PM  | Moon 10 - Phase 27 |                |
| <b>Family Home Evening</b>   | 662451364                     | <b>Rahu</b> 3:34PM – 4:55PM   | <b>Nataraja:</b> Clear         | Moon 10 - Phase 27     |                    |                |
| Creative Work Siddha Yoga  | Kintughna Until 12:58AM Mon   |   | Moon – Green                   | <b>Sivaloka Day</b>    |                    |                |
| Until 12:21AM Mon  | <b>Skanda Shasthi Begins</b>  |   | <b>Amavasya* Until 11:41AM</b> |                        |                    |                |
| Then Routine Work - Marana Yoga  | <b>Karttika-Aipasi</b>        |   |                                |                        |                    |                |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

|                                  |              |   |                                  |                        |                        |   |
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| <b>Monday, October 31, 2016</b>  |              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                  |                        |                        | Birmingham, AL<br>Sun 15 Sutra 197<br>Durmukha 5118 |
| <b>1</b>                         |              | <b>Gulika</b> 12:51PM – 2:12PM  | <b>Vishakha</b> Until 3:29AM Tue | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:04AM |   |
| Tula Rasi: 22.42                 | Titthi 1 – 2 | Yama 10:08AM – 11:29AM  | Ayushman Until 11:22AM           | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:54PM  | Moon 10 - Phase 28                                  |
| <b>Family Home Evening</b>       | 672451364    | <b>Rahu</b> 7:26AM – 8:47AM   | Balava Until 3:28AM Tue          | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Routine Work                     | Marana Yoga  |   | <b>Prathama* Until 2:12PM</b>    | Moon – Orange          |                        | <b>Sivaloka Day</b>                                 |
| Until 3:29AM Tue                 |              |   |                                  | <b>Karttika-Aipasi</b> |                        |   |
| Then Creative Work - Siddha Yoga |              |   |                                  |                        |                        |   |

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| <b>Tuesday, November 1, 2016</b> |              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                  |                        |                        | Birmingham, AL<br>Sun 16 Sutra 198<br>Durmukha 5118 |
| <b>2</b>                         |              | <b>Gulika</b> 11:29AM – 12:50PM  | <b>Anuradha</b> Until 6:25AM Wed | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:05AM |   |
| Vrischika Rasi: 4.34             | Titthi 2 – 3 | Yama 8:47AM – 10:08AM  | Saubhagya Until 12:14PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:53PM  | Moon 10 - Phase 28                                  |
| 672451364                        |              | <b>Rahu</b> 2:11PM – 3:32PM  | Taitila Until 5:56AM Wed         | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                    | Siddha Yoga  |  | <b>Dvitiya Until 4:41PM</b>      | Moon – Orange          |                        | <b>Sivaloka Day</b>                                 |
|                                  |              |  |                                  | <b>Karttika-Aipasi</b> |                        |   |

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| <b>Wednesday, November 2, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Gara Karana Tritiyayam Titau |                              |                        |                        | Birmingham, AL<br>Sun 17 Sutra 199<br>Durmukha 5118 |
| <b>3</b>                           |             | <b>Gulika</b> 10:08AM – 11:29AM  | <b>Anuradha</b> Until 6:25AM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:06AM |   |
| Vrischika Rasi: 16.27              | Titthi 3    | Yama 7:27AM – 8:48AM   | Sobhana Until 1:03PM         | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:53PM  | Moon 10 - Phase 28                                  |
| 672451364                          |             | <b>Rahu</b> 11:29AM – 12:50PM  | Gara Until 7:06PM            | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                      | Siddha Yoga |  | <b>Tritiya Until 7:06PM</b>  | Moon – Orange          |                        | <b>Sivaloka Day</b>                                 |
|                                    |             |  |                              | <b>Karttika-Aipasi</b> |                        |   |

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| <b>Thursday, November 3, 2016</b> |                    | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthiyam Titau |                                |                        |                        | Birmingham, AL<br>Sun 18 Sutra 200<br>Durmukha 5118 |
| <b>4</b>                          |                    | <b>Gulika</b> 8:48AM – 10:09AM  | <b>Jyeshtha*</b> Until 9:03AM  | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:07AM |   |
| Vrischika Rasi: 28.23             | Titthi 4           | Yama 6:07AM – 7:27AM  | Athiganda* Until 1:44PM        | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:52PM  | Moon 10 - Phase 28                                  |
| 672451364                         |                    | <b>Rahu</b> 12:50PM – 2:11PM  | Vanija Until 8:16AM            | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Routine Work                      | Prabalarishta Yoga |   | <b>Chaturthi* Until 9:20PM</b> | Moon – Orange          |                        | <b>Sivaloka Day</b>                                 |
| Until 9:03AM                      |                    |   |                                | <b>Karttika-Aipasi</b> |                        |   |
| Then Creative Work - Siddha Yoga  |                    |   |                                |                        |                        |   |

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| <b>Friday, November 4, 2016</b>        |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau |                               |                        |                        | Birmingham, AL<br>Sun 19 Sutra 201<br>Durmukha 5118 |
| <b>5</b>                               |             | <b>Gulika</b> 7:28AM – 8:49AM   | <b>Mula*</b> Until 11:48AM    | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:08AM |   |
| Dhanus Rasi: 10.24                     | Titthi 5    | Yama 2:10PM – 3:30PM  | Sukarma Until 2:15PM          | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:51PM  | Moon 10 - Phase 28                                  |
| 682451364                              |             | <b>Rahu</b> 10:09AM – 11:29AM   | Bava Until 10:22AM            | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                          | Amrita Yoga |   | <b>Panchami Until 11:17PM</b> | Moon – Light Blue      |                        | <b>Subha Sivaloka Day</b>                           |
| Until 11:48AM                          |             |   |                               | <b>Karttika-Aipasi</b> |                        |   |
| Then Routine Work - Prabalarishta Yoga |             |   |                               |                        |                        |   |

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| <b>Saturday, November 5, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau |                                    |                        |                        | Birmingham, AL<br>Sun 20 Sutra 202<br>Durmukha 5118 |
| <b>6</b>                          |             | <b>Gulika</b> 6:09AM – 7:29AM   | <b>Purvashadha*</b> Until 2:02PM   | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:09AM |   |
| Dhanus Rasi: 22.33                | Titthi 6    | Yama 12:50PM – 2:10PM   | Dhriti Until 2:29PM                | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:50PM  | Moon 10 - Phase 28                                  |
| 682451364                         |             | <b>Rahu</b> 8:49AM – 10:09AM  | Kaulava Until 12:07PM              | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                     | Siddha Yoga |   | <b>Shashthi* Until 12:48AM Sun</b> | Moon – Light Blue      |                        | <b>Subha Sivaloka Day</b>                           |
| Until 2:02PM                      |             | <b>Skanda Shasthi</b>   |                                    | <b>Karttika-Aipasi</b> |                        |   |
| Then Routine Work - Marana Yoga   |             |   |                                    |                        |                        |   |

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| <b>Sunday, November 6, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau |                                  |                        |                        | Birmingham, AL<br>Sun 21 Sutra 203<br>Durmukha 5118 |
| <b>Retreat Star</b>             |             | <b>Gulika</b> 2:09PM – 3:29PM  | <b>Uttarashadha</b> Until 3:36PM | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:10AM |   |
| Makara Rasi: 4.54               | Titthi 7    | Yama 11:29AM – 12:49PM   | Shula* Until 2:17PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:49PM  | Moon 10 - Phase 28                                  |
| 782451364                       |             | <b>Rahu</b> 3:29PM – 4:49PM  | Gara Until 1:22PM                | <b>Nataraja:</b> Clear |                        | 3rd Phase   |
| Creative Work                   | Amrita Yoga |  | <b>Saptami Until 1:43AM Mon</b>  | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                                 |
|                                 |             |  |                                  | <b>Karttika-Aipasi</b> |                        |   |

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| <b>Monday, November 7, 2016</b>  |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ashtamyam Titau |                                  |                        |                        | Birmingham, AL<br>Sun 22 Sutra 204<br>Durmukha 5118 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 12:49PM – 2:09PM  | <b>Shravana</b> Until 4:50PM     | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:10AM |   |
| Makara Rasi: 17.31               | Titthi 8    | Yama 10:10AM – 11:29AM  | Ganda* Until 1:35PM              | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:48PM  | Moon 10 - Phase 28                                  |
| <b>Family Home Evening</b>       | 793451364   | <b>Rahu</b> 7:30AM – 8:50AM   | Visti Until 1:56PM               | <b>Nataraja:</b> Clear |                        | Ashtami   |
| Creative Work                    | Amrita Yoga |   | <b>Ashtami* Until 1:55AM Tue</b> | Moon – Purple          |                        | <b>Sivaloka Day</b>                                 |
| Until 4:50PM                     |             |   |                                  | <b>Karttika-Aipasi</b> |                        |   |
| Then Creative Work - Siddha Yoga |             |   |                                  |                        |                        |   |

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| <b>Tuesday, November 8, 2016</b> |             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau |                                 |                        |                        | Birmingham, AL<br>Sun 23 Sutra 205<br>Durmukha 5118 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 11:30AM – 12:49PM  | <b>Dhanishtha</b> Until 5:08PM  | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:11AM |   |
| Kumbha Rasi: 0.29                | Titthi 9    | Yama 8:50AM – 10:10AM  | Vridhi Until 12:18PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:48PM  | Moon 10 - Phase 28                                  |
| 793551364                        |             | <b>Rahu</b> 2:09PM – 3:28PM  | Balava Until 1:44PM             | <b>Nataraja:</b> Clear |                        | Navami  |
| Creative Work                    | Siddha Yoga |  | <b>Navami* Until 1:18AM Wed</b> | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                           |
| Until 5:08PM                     |             |  |                                 | <b>Karttika-Aipasi</b> |                        |   |
| Then Routine Work - Marana Yoga  |             |  |                                 |                        |                        |   |


According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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| <b>1</b>                         | <b>Wednesday, November 9, 2016</b> |                               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam       |                                  |                        |                           | Birmingham, AL     |
|                                  |                                    |                               | Shatabhishak/Purvaprossthapada* Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dashamyam Titau |                                  |                        |                           | Sun 24 Sutra 206   |
|                                  | Kumbha Rasi: 13.53                 | Tithi 10                      | <b>Gulika</b> 10:10AM – 11:30AM   | <b>Shatabhishak</b> Until 4:30PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:12AM    | Durmukha 5118      |
|                                  | 793551364                          |                               | Yama 7:32AM – 8:51AM  | Dhruva Until 10:21AM             | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:47PM     | Moon 10 - Phase 29 |
|                                  |                                    | <b>Rahu</b> 11:30AM – 12:49PM | Tailila Until 12:42PM   | <b>Nataraja:</b> Clear           |                        | 4th Phase                 |                    |
| Creative Work                    | Siddha Yoga                        |                               | <b>Dashami</b> Until 11:52PM  | Moon – Purple                    |                        | <b>Subha Sivaloka Day</b> |                    |
| Until 4:30PM                     |                                    |                               |   | <b>Karttika•Aipasi</b>           |                        |                           |                    |
| Then Creative Work - Amrita Yoga |                                    |                               |   |                                  |                        |                           |                    |

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| <b>2</b>      | <b>Thursday, November 10, 2016</b> |                              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam                  |  |                      |                           | Birmingham, AL     |
|               |                                    |                              | Purvaprossthapada*/Uttaraprossthapada Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau |  |                      |                           | Sun 25 Sutra 207   |
|               | Kumbha Rasi: 27.46                 | Tithi 11                     | <b>Gulika</b> 8:51AM – 10:11AM  | <b>Purvaprossthapada*</b> Until 3:23PM | <b>Ganesha:</b> Blue | <i>Sunrise:</i> 6:13AM    | Durmukha 5118      |
|               | 713551364                          |                              | Yama 6:13AM – 7:32AM  | Vyaghata* Until 7:46AM                 | <b>Muruga:</b> Clear | <i>Sunset:</i> 4:46PM     | Moon 10 - Phase 29 |
|               |                                    | <b>Rahu</b> 12:49PM – 2:08PM | Vanija Until 10:53AM  | <b>Nataraja:</b> Clear                 |                      | 4th Phase                 |                    |
| Creative Work | Siddha Yoga                        |                              | <b>Ekadashi</b> Until 9:41PM  | Moon – Clear                           |                      | <b>Subha Sivaloka Day</b> |                    |
|               |                                    |                              |   | <b>Karttika•Aipasi</b>                 |                      |                           |                    |

|               |                                  |                               |   |  |                      |                           |                    |
|---------------|----------------------------------|-------------------------------|---|--|----------------------|---------------------------|--------------------|
| <b>3</b>      | <b>Friday, November 11, 2016</b> |                               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam |  |                      |                           | Birmingham, AL     |
|               |                                  |                               | Uttaraprossthapada*/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau          |  |                      |                           | Sun 26 Sutra 208   |
|               | Meena Rasi: 12.07                | Tithi 12                      | <b>Gulika</b> 7:33AM – 8:52AM   | <b>Uttaraprossthapada</b> Until 1:26PM | <b>Ganesha:</b> Blue | <i>Sunrise:</i> 6:14AM    | Durmukha 5118      |
|               | 713551364                        |                               | Yama 2:08PM – 3:27PM  | Vajra* Until 12:56AM Sat               | <b>Muruga:</b> Clear | <i>Sunset:</i> 4:46PM     | Moon 10 - Phase 29 |
|               |                                  | <b>Rahu</b> 10:11AM – 11:30AM | Bava Until 8:21AM   | <b>Nataraja:</b> Clear                 |                      | 4th Phase                 |                    |
| Creative Work | Siddha Yoga                      |                               | <b>Dvadashi</b> Until 6:50PM  | Moon – Clear                           |                      | <b>Subha Sivaloka Day</b> |                    |
|               |                                  |                               |   | <b>Karttika•Aipasi</b>                 |                      |                           |                    |

|                                  |                                    |                              |   |                             |                      |                           |                    |
|----------------------------------|------------------------------------|------------------------------|---|-----------------------------|----------------------|---------------------------|--------------------|
| <b>4</b>                         | <b>Saturday, November 12, 2016</b> |                              | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam |                             |                      |                           | Birmingham, AL     |
|                                  |                                    |                              | Revati/Ashvini Nakshatra Siddhi Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau       |                             |                      |                           | Sun 27 Sutra 209   |
|                                  | Meena Rasi: 26.54                  | Tithi 13 – 14                | <b>Gulika</b> 6:15AM – 7:34AM   | <b>Revati</b> Until 10:48AM | <b>Ganesha:</b> Blue | <i>Sunrise:</i> 6:15AM    | Durmukha 5118      |
|                                  | 713551364                          |                              | Yama 12:49PM – 2:08PM   | Siddhi Until 8:53PM         | <b>Muruga:</b> Clear | <i>Sunset:</i> 4:45PM     | Moon 10 - Phase 29 |
|                                  |                                    | <b>Rahu</b> 8:53AM – 10:11AM | Gara Until 1:41AM Sun   | <b>Nataraja:</b> Clear      |                      | 4th Phase                 |                    |
| Routine Work                     | Prabalarishta Yoga                 |                              | <b>Trayodashi</b> Until 3:29PM  | Moon – Clear                |                      | <b>Subha Sivaloka Day</b> |                    |
| Until 10:48AM                    |                                    |                              | <i>Pradosha Vrata</i>   | <b>Karttika•Aipasi</b>      |                      |                           |                    |
| Then Creative Work - Siddha Yoga |                                    |                              |   |                             |                      |                           |                    |

|   |                                  |                             |   |                             |                        |                        |                    |
|---|----------------------------------|-----------------------------|---|-----------------------------|------------------------|------------------------|--------------------|
|  | <b>Sunday, November 13, 2016</b> |                             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam       |                             |                        |                        | Birmingham, AL     |
|   |                                  |                             | Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                             |                        |                        | Sutra 210          |
|   | Mesha Rasi: 12.01                | Tithi 14 – 15               | <b>Gulika</b> 2:07PM – 3:26PM   | <b>Ashvini</b> Until 8:03AM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:16AM | Durmukha 5118      |
|   | 723551364                        |                             | Yama 11:30AM – 12:49PM  | Vyatipata* Until 4:36PM     | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:44PM  | Moon 10 - Phase 29 |
|   |                                  | <b>Rahu</b> 3:26PM – 4:44PM | Visti Until 9:52PM  | <b>Nataraja:</b> Clear      |                        | Purnima                |                    |
| Creative Work   | Siddha Yoga                      |                             | <b>Chaturdashi*</b> Until 11:47AM   | Moon – White                |                        | <b>Sivaloka Day</b>    |                    |
| Until 8:03AM  |                                  |                             |   | <b>Karttika•Aipasi</b>      |                        |                        |                    |
| Then Routine Work - Prabalarishta Yoga  |                                  |                             |   |                             |                        |                        |                    |

|                                  |                            |                             |  |                                  |                        |                        |                    |
|----------------------------------|----------------------------|-----------------------------|--|----------------------------------|------------------------|------------------------|--------------------|
| <b>Monday, November 14, 2016</b> | <b>Silver Retreat Star</b> |                             | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam |                                  |                        |                        | Birmingham, AL     |
|                                  |                            |                             | Krittika Nakshatra Variyan/Parigha* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau         |                                  |                        |                        | Sutra 211          |
|                                  | Mesha Rasi: 27.19          | Tithi 15 – 16               | <b>Gulika</b> 12:49PM – 2:07PM   | <b>Krittika</b> Until 1:42AM Tue | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:17AM | Durmukha 5118      |
|                                  | 723551364                  |                             | Yama 10:12AM – 11:30AM   | Variyan Until 12:10PM            | <b>Muruga:</b> Clear   | <i>Sunset:</i> 4:44PM  | Moon 10 - Phase 29 |
|                                  |                            | <b>Rahu</b> 7:35AM – 8:54AM | Kaulava Until 4:02AM Tue   | <b>Nataraja:</b> Clear           |                        | Prathama               |                    |
| Family Home Evening              | Marana Yoga                |                             | <b>Purnima*</b> Until 7:54AM   | Moon – White                     |                        | <b>Sivaloka Day</b>    |                    |
| Routine Work                     |                            |                             |  | <b>Karttika•Aipasi</b>           |                        |                        |                    |
| Until 1:42AM Tue                 |                            |                             |  |                                  |                        |                        |                    |
| Then Creative Work - Amrita Yoga |                            |                             |  |                                  |                        |                        |                    |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Tuesday, November 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Birmingham, AL

Sutra 212

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 12.38 Tihi 17

733551364

**Gulika** 11:31AM - 12:49PM  
**Yama** 8:54AM - 10:12AM  
**Rahu** 2:07PM - 3:25PM

**Rohini Until 10:53PM**  
**Parigha\* Until 7:47AM**  
**Taitila Until 2:10PM**  
**Dvitiya Until 12:20AM Wed**

**Ganesha:** White *Sunrise: 6:18AM*  
**Muruga:** Clear *Sunset: 4:43PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Karttika-Karttikai**

**Subha Sivaloka Day**

Creative Work Amrita Yoga  
Until 10:53PM

Then Creative Work - Siddha Yoga

Wednesday, November 16, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birmingham, AL

Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

1

Vrishabha Rasi: 27.47 Tihi 18

733551365

**Gulika** 10:13AM - 11:31AM  
**Yama** 7:37AM - 8:55AM  
**Rahu** 11:31AM - 12:49PM

**Mrigashira Until 8:16PM**  
**Siddha Until 11:42PM**  
**Vanija Until 10:38AM**  
**Tritiya Until 9:00PM**

**Ganesha:** White *Sunrise: 6:19AM*  
**Muruga:** Clear *Sunset: 4:43PM*  
**Nataraja:** White  
Moon - Yellow  
**Karttika-Karttikai**

**Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Birmingham, AL

Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

2

Mithuna Rasi: 12.37 Tihi 19

733551365

**Gulika** 8:55AM - 10:13AM  
**Yama** 6:20AM - 7:37AM  
**Rahu** 12:49PM - 2:07PM

**Ardra Until 6:03PM**  
**Sadhya Until 8:16PM**  
**Bava Until 7:32AM**  
**Chaturthi\* Until 6:12PM**

**Ganesha:** White *Sunrise: 6:20AM*  
**Muruga:** Clear *Sunset: 4:42PM*  
**Nataraja:** White  
Moon - Yellow  
**Karttika-Karttikai**

**Sivaloka Day**

Routine Work Marana Yoga  
Until 6:03PM

Then Creative Work - Amrita Yoga

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birmingham, AL

Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

3

Mithuna Rasi: 27.01 Tihi 20 - 21

743551365

**Gulika** 7:38AM - 8:56AM  
**Yama** 2:06PM - 3:24PM  
**Rahu** 10:14AM - 11:31AM

**Punarvasu Until 4:47PM**  
**Subha Until 5:25PM**  
**Gara Until 3:20AM Sat**  
**Panchami Until 4:05PM**

**Ganesha:** Clear *Sunrise: 6:21AM*  
**Muruga:** Clear *Sunset: 4:42PM*  
**Nataraja:** White  
Moon - Blue  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 4:47PM

Then Routine Work - Marana Yoga

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Birmingham, AL

Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

4

Kataka Rasi: 10.55 Tihi 21 - 22

743551365

**Gulika** 6:22AM - 7:39AM  
**Yama** 12:49PM - 2:06PM  
**Rahu** 8:56AM - 10:14AM

**Pushya Until 4:11PM**  
**Sukla Until 3:11PM**  
**Visti Until 2:28AM Sun**  
**Shashthi\* Until 2:47PM**

**Ganesha:** Clear *Sunrise: 6:22AM*  
**Muruga:** Clear *Sunset: 4:41PM*  
**Nataraja:** White  
Moon - Blue  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 4:11PM

Then Routine Work - Marana Yoga

Sunday, November 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birmingham, AL

Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Retreat Star

Kataka Rasi: 24.19 Tihi 22 - 23

743551365

**Gulika** 2:06PM - 3:24PM  
**Yama** 11:32AM - 12:49PM  
**Rahu** 3:24PM - 4:41PM

**Ashlesha\* Until 4:17PM**  
**Brahma Until 1:40PM**  
**Balava Until 2:30AM Mon**  
**Saptami Until 2:21PM**

**Ganesha:** Clear *Sunrise: 6:22AM*  
**Muruga:** Clear *Sunset: 4:41PM*  
**Nataraja:** White  
Moon - Blue  
**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 4:17PM

Then Routine Work - Marana Yoga

Monday, November 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birmingham, AL

Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Navami

Retreat Star

Simha Rasi: 7.14 Tihi 23 - 24

754551365

**Gulika** 12:49PM - 2:06PM  
**Yama** 10:15AM - 11:32AM  
**Rahu** 7:40AM - 8:58AM

**Magha\* Until 5:33PM**  
**Indra Until 12:50PM**  
**Taitila Until 3:22AM Tue**  
**Ashtami\* Until 2:49PM**

**Ganesha:** Clear *Sunrise: 6:23AM*  
**Muruga:** Clear *Sunset: 4:40PM*  
**Nataraja:** White  
Moon - Red  
**Karttika-Karttikai**

**Devaloka Day**

Routine Work Marana Yoga  
Until 5:33PM

Then Creative Work - Siddha Yoga

1

Tuesday, November 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Navami/Dashmyam Titau

Birmingham, AL

Simha Rasi: 19.47      Tihi 24 – 25

Gulika 11:32AM – 12:49PM  
Yama 8:58AM – 10:15AM  
Rahu 2:06PM – 3:23PMPurvaphalguni Until 7:24PM  
Vaidhriti\* Until 12:35PM  
Vanija Until 4:57AM Wed  
Navami\* Until 4:04PMGanesha: Clear      Sunrise: 6:24AM  
Muruga: Clear      Sunset: 4:40PM  
Nataraja: White  
Moon – Red  
Karttika-KarttikaiSun 7      Sutra 219  
Durmukha 5118  
Moon 11 - Phase 31  
2nd Phase

Devaloka Day

Creative Work      Siddha Yoga  
Until 7:24PM

Then Creative Work - Amrita Yoga

2

Wednesday, November 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Dashami/Ekadashyam Titau

Birmingham, AL

Kanya Rasi: 2.02      Tihi 25 – 26

Gulika 10:16AM – 11:32AM  
Yama 7:42AM – 8:59AM  
Rahu 11:32AM – 12:49PMUttaraphalguni Until 9:39PM  
Vishkambha\* Until 12:51PM  
Bava Until 7:04AM Thu  
Dashami Until 5:56PMGanesha: Clear      Sunrise: 6:25AM  
Muruga: Clear      Sunset: 4:40PM  
Nataraja: White  
Moon – Red  
Karttika-KarttikaiSun 8      Sutra 220  
Durmukha 5118  
Moon 11 - Phase 31  
2nd Phase

Devaloka Day

Creative Work      Amrita Yoga  
Until 9:39PM

Then Routine Work - Marana Yoga

3

Thursday, November 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau

Birmingham, AL

Kanya Rasi: 14.04      Tihi 26

Gulika 8:59AM – 10:16AM  
Yama 6:26AM – 7:43AM  
Rahu 12:49PM – 2:06PMHasta Until 12:36AM Fri  
Priti Until 1:28PM  
Bava Until 7:04AM  
Ekadashi\* Until 8:14PMGanesha: Purple      Sunrise: 6:26AM  
Muruga: Clear      Sunset: 4:39PM  
Nataraja: White  
Moon – Green  
Karttika-KarttikaiSun 9      Sutra 221  
Durmukha 5118  
Moon 11 - Phase 31  
2nd Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work      Marana Yoga  
Until 12:36AM Fri

Then Creative Work - Siddha Yoga

4

Friday, November 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Dvadashyam Titau

Birmingham, AL

Kanya Rasi: 25.59      Tihi 27

Gulika 7:44AM – 9:00AM  
Yama 2:06PM – 3:23PM  
Rahu 10:17AM – 11:33AMChitra Until 3:35AM Sat  
Ayushman Until 2:15PM  
Kaulava Until 9:29AM  
Dvadashi\* Until 10:45PMGanesha: Purple      Sunrise: 6:27AM  
Muruga: Clear      Sunset: 4:39PM  
Nataraja: White  
Moon – Green  
Karttika-KarttikaiSun 10      Sutra 222  
Durmukha 5118  
Moon 11 - Phase 31  
2nd Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work      Siddha Yoga

5

Saturday, November 26, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau

Birmingham, AL

Tula Rasi: 7.51      Tihi 28

Gulika 6:28AM – 7:44AM  
Yama 12:50PM – 2:06PM  
Rahu 9:01AM – 10:17AMSvati Until 6:25AM Sun  
Saubhagya Until 3:08PM  
Gara Until 12:03PM  
Trayodashi\* Until 1:20AM Sun  
Pradosha Vrata (Fasting)Ganesha: Purple      Sunrise: 6:28AM  
Muruga: Clear      Sunset: 4:39PM  
Nataraja: White  
Moon – Green  
Karttika-KarttikaiSun 11      Sutra 223  
Durmukha 5118  
Moon 11 - Phase 31  
2nd Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work      Siddha Yoga  
Until 6:25AM Sun

Then Routine Work - Marana Yoga

6

Sunday, November 27, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau

Birmingham, AL

Tula Rasi: 19.41      Tihi 29

Gulika 2:06PM – 3:23PM  
Yama 11:34AM – 12:50PM  
Rahu 3:23PM – 4:39PMSvati Until 6:25AM  
Sobhana Until 4:01PM  
Visti Until 2:38PM  
Chaturdashi\* Until 3:52AM MonGanesha: Purple      Sunrise: 6:29AM  
Muruga: Clear      Sunset: 4:39PM  
Nataraja: White  
Moon – Green  
Karttika-KarttikaiSun 12      Sutra 224  
Durmukha 5118  
Moon 11 - Phase 31  
2nd Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work      Siddha Yoga  
Until 6:25AM

Then Routine Work - Marana Yoga

●

Monday, November 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Athiganda\*/Sukarma Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau

Birmingham, AL

Vriscika Rasi: 1.34      Tihi 30

Gulika 12:50PM – 2:06PM  
Yama 10:18AM – 11:34AM  
Rahu 7:46AM – 9:02AMVishakha Until 9:33AM  
Athiganda\* Until 4:49PM  
Catuspada Until 5:07PM  
Amavasya\* Until 6:17AM TueGanesha: Light Blue      Sunrise: 6:30AM  
Muruga: Clear      Sunset: 4:39PM  
Nataraja: White  
Moon – Orange  
Karttika-KarttikaiSun 13      Sutra 225  
Durmukha 5118  
Moon 11 - Phase 31  
Amavasya

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Family Home Evening      Marana Yoga  
Routine Work      Marana Yoga  
Until 9:33AM

Then Creative Work - Siddha Yoga

Tuesday, November 29, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Sukarma/Dhrili Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam Titau

Birmingham, AL

Vriscika Rasi: 13.29      Tihi 30 – 1

Gulika 11:34AM – 12:50PM  
Yama 9:02AM – 10:18AM  
Rahu 2:06PM – 3:22PMAnuradha Until 12:22PM  
Sukarma Until 5:31PM  
Kintughna Until 7:27PM  
Amavasya\* Until 6:17AMGanesha: Light Blue      Sunrise: 6:31AM  
Muruga: Clear      Sunset: 4:38PM  
Nataraja: White  
Moon – Orange  
Margasira-KarttikaiSun 14      Sutra 226  
Durmukha 5118  
Moon 11 - Phase 31  
Prathama

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work      Siddha Yoga  
Until 12:22PM

Then Routine Work - Marana Yoga

|  |  |  |  |
|--|--|--|--|
| <b>1</b>   | <b>Wednesday, November 30, 2016</b>  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam  | Birmingham, AL   |
|  | Jyeshtha*/Mula* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  | Sun 15 Sutra 227   |
| Vrischika Rasi: 25.28  | Tithi 1 – 2  | <b>Gulika</b> 10:19AM – 11:35AM<br>Yama 7:47AM – 9:03AM<br>784551365 <b>Rahu</b> 11:35AM – 12:51PM   | <b>Jyeshtha* Until 2:52PM</b><br>Dhriti Until 6:06PM<br>Balava Until 9:37PM<br><b>Prathama* Until 8:33AM</b>                             |
| Creative Work Siddha Yoga<br>Until 2:52PM<br>Then Routine Work - Marana Yoga |  | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:31AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:38PM<br><b>Nataraja:</b> White<br>Moon – Orange | <i>Sunrise:</i> 6:31AM<br><i>Sunset:</i> 4:38PM<br>Moon 11 - Phase 32<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |

|                           |  |  |  |
|---------------------------|--|--|--|
| <b>2</b>                  | <b>Thursday, December 1, 2016</b>  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam   | Birmingham, AL   |
|                           | Mula*/Purvashadha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  | Sun 16 Sutra 228   |
| Dhanus Rasi: 7.31         | Tithi 2 – 3  | <b>Gulika</b> 9:04AM – 10:19AM<br>Yama 6:32AM – 7:48AM<br>784551365 <b>Rahu</b> 12:51PM – 2:07PM   | <b>Mula* Until 5:30PM</b><br>Shula* Until 6:29PM<br>Taitila Until 11:34PM<br><b>Dvitiya Until 10:36AM</b>                                |
| Creative Work Siddha Yoga |  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:32AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:38PM<br><b>Nataraja:</b> White<br>Moon – Light Blue | <i>Sunrise:</i> 6:32AM<br><i>Sunset:</i> 4:38PM<br>Moon 11 - Phase 32<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |

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| <b>3</b>   | <b>Friday, December 2, 2016</b>  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam  | Birmingham, AL   |
|  | Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |  | Sun 17 Sutra 229   |
| Dhanus Rasi: 19.4  | Tithi 3 – 4  | <b>Gulika</b> 7:49AM – 9:04AM<br>Yama 2:07PM – 3:23PM<br>784551365 <b>Rahu</b> 10:20AM – 11:36AM   | <b>Purvashadha* Until 7:43PM</b><br>Ganda* Until 6:41PM<br>Vanija Until 1:13AM Sat<br><b>Tritiya Until 12:24PM</b>                       |
| Routine Work Prabalarishta Yoga<br>Until 7:43PM<br>Then Routine Work - Marana Yoga |  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:33AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:38PM<br><b>Nataraja:</b> White<br>Moon – Light Blue | <i>Sunrise:</i> 6:33AM<br><i>Sunset:</i> 4:38PM<br>Moon 11 - Phase 32<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |

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| <b>4</b>   | <b>Saturday, December 3, 2016</b>   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam  | Birmingham, AL   |
|  | Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  | Sun 18 Sutra 230   |
| Makara Rasi: 1.56  | Tithi 4 – 5   | <b>Gulika</b> 6:34AM – 7:49AM<br>Yama 12:52PM – 2:07PM<br>785651365 <b>Rahu</b> 9:05AM – 10:21AM   | <b>Uttarashadha Until 9:26PM</b><br>Vriddhi Until 6:38PM<br>Bava Until 2:30AM Sun<br><b>Chaturthi* Until 1:54PM</b>                      |
| Routine Work Marana Yoga<br>Until 9:26PM<br>Then Creative Work - Siddha Yoga |   | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:34AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:38PM<br><b>Nataraja:</b> White<br>Moon – Light Blue | <i>Sunrise:</i> 6:34AM<br><i>Sunset:</i> 4:38PM<br>Moon 11 - Phase 32<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |

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| <b>5</b>  | <b>Sunday, December 4, 2016</b>   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam                                     | Birmingham, AL   |
|   | Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |   | Sun 19 Sutra 231   |
| Makara Rasi: 14.22  | Tithi 5 – 6   | <b>Gulika</b> 2:07PM – 3:23PM<br>Yama 11:36AM – 12:52PM<br>795651365 <b>Rahu</b> 3:23PM – 4:38PM                                      | <b>Shravana Until 11:02PM</b><br>Dhruva Until 6:14PM<br>Kaulava Until 3:19AM Mon<br><b>Panchami Until 2:58PM</b>                 |
| Creative Work Amrita Yoga<br>Until 11:02PM<br>Then Routine Work - Marana Yoga |   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:35AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:38PM<br><b>Nataraja:</b> White<br>Moon – Purple | <i>Sunrise:</i> 6:35AM<br><i>Sunset:</i> 4:38PM<br>Moon 11 - Phase 32<br>3rd Phase<br><b>Devaloka Day</b><br>Margasira-Karttikai |

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| <b>6</b>   | <b>Monday, December 5, 2016</b>   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam                                      | Birmingham, AL   |
|  | Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |   | Sun 20 Sutra 232   |
| Makara Rasi: 27.01                               | Tithi 6 – 7   | <b>Gulika</b> 12:52PM – 2:08PM<br>Yama 10:22AM – 11:37AM<br>795651365 <b>Rahu</b> 7:51AM – 9:06AM                                     | <b>Dhanishtha Until 11:57PM</b><br>Vyaghata* Until 5:26PM<br>Gara Until 3:33AM Tue<br><b>Shashthi* Until 3:30PM</b>              |
| Family Home Evening<br>Creative Work Siddha Yoga |   | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:36AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:38PM<br><b>Nataraja:</b> White<br>Moon – Purple | <i>Sunrise:</i> 6:36AM<br><i>Sunset:</i> 4:38PM<br>Moon 11 - Phase 32<br>3rd Phase<br><b>Devaloka Day</b><br>Margasira-Karttikai |

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| <b>Retreat Star</b>   | <b>Tuesday, December 6, 2016</b>   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam                                   | Birmingham, AL   |
|   | Shatabhishak Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |   | Sun 21 Sutra 233   |
| Kumbha Rasi: 9.57   | Tithi 7 – 8  | <b>Gulika</b> 11:37AM – 12:53PM<br>Yama 9:07AM – 10:22AM<br>795651365 <b>Rahu</b> 2:08PM – 3:23PM                                     | <b>Shatabhishak Until 12:03AM Wed</b><br>Harshana Until 4:09PM<br>Visti Until 3:07AM Wed<br><b>Saptami Until 3:24PM</b>          |
| Routine Work Marana Yoga<br>Until 12:03AM Wed<br>Then Creative Work - Amrita Yoga |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:36AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:38PM<br><b>Nataraja:</b> White<br>Moon – Purple | <i>Sunrise:</i> 6:36AM<br><i>Sunset:</i> 4:38PM<br>Moon 11 - Phase 32<br>3rd Phase<br><b>Devaloka Day</b><br>Margasira-Karttikai |

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| <b>Retreat Star</b>  | <b>Wednesday, December 7, 2016</b>   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam                                  | Birmingham, AL   |
|  | Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau |  | Sun 22 Sutra 234   |
| Kumbha Rasi: 23.14   | Tithi 8 – 9  | <b>Gulika</b> 10:23AM – 11:38AM<br>Yama 7:52AM – 9:07AM<br>715651365 <b>Rahu</b> 11:38AM – 12:53PM                                 | <b>Purvaproshtapada* Until 11:47PM</b><br>Vajra* Until 2:17PM<br>Balava Until 1:58AM Thu<br><b>Ashtami* Until 2:37PM</b>       |
| Creative Work Amrita Yoga<br>Until 11:47PM<br>Then Creative Work - Siddha Yoga |  | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:37AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:38PM<br><b>Nataraja:</b> White<br>Moon – Clear | <i>Sunrise:</i> 6:37AM<br><i>Sunset:</i> 4:38PM<br>Moon 11 - Phase 32<br>Ashtami<br><b>Devaloka Day</b><br>Margasira-Karttikai |

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|---------------------------|---|--|---|
| <b>Retreat Star</b>       | <b>Thursday, December 8, 2016</b>   | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam                                   | Birmingham, AL  |
|                           | Uttaraproshtapada Nakshatra Siddhi/Vyatlipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |  | Sun 23 Sutra 235  |
| Meena Rasi: 6.55          | Tithi 9 – 10  | <b>Gulika</b> 9:08AM – 10:23AM<br>Yama 6:38AM – 7:53AM<br>715651365 <b>Rahu</b> 12:53PM – 2:08PM                                   | <b>Uttaraproshtapada Until 10:40PM</b><br>Siddhi Until 11:53AM<br>Taitila Until 12:07AM Fri<br><b>Navami* Until 1:07PM</b>    |
| Creative Work Siddha Yoga |   | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:38AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 4:39PM<br><b>Nataraja:</b> White<br>Moon – Clear | <i>Sunrise:</i> 6:38AM<br><i>Sunset:</i> 4:39PM<br>Moon 11 - Phase 32<br>Navami<br><b>Devaloka Day</b><br>Margasira-Karttikai |


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

|                                  |  |                                 |                   |  |               |   |                        |                    |           |
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| <b>1</b>                         |  | <b>Friday, December 9, 2016</b> |                   |  |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam |                        | Birmingham, AL     |           |
| Meena Rasi: 21.01                |  | Titithi 10 - 11                 |                   | Revati Nakshatra Vyatipata* / Vairyan Yoga Gara / Vanija Karana Dashami / Ekadashyam Titau |               | Sun 24  |                        | Sutra 236          |           |
| 715651365                        |  | <b>Gulika</b>                   | 7:54AM - 9:09AM   | <b>Revati</b>  | Until 8:47PM  | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:39AM | Durmukha 5118      |           |
| Creative Work                    |  | <b>Yama</b>                     | 2:09PM - 3:24PM   | <b>Vyatipata*</b>  | Until 8:57AM  | <b>Muruga:</b> Clear  | <i>Sunset:</i> 4:39PM  | Moon 11 - Phase 33 |           |
| Until 8:47PM                     |  | <b>Rahu</b>                     | 10:24AM - 11:39AM | <b>Vanija</b>  | Until 9:38PM  | <b>Nataraja:</b> White  | Moon - Clear           |                    | 4th Phase |
| Then Creative Work - Amrita Yoga |  | <b>Gita Jayanthi</b>            |                   | <b>Dashami</b>   | Until 10:56AM | <b>Margasira-Karttikai</b>  | <b>Devaloka Day</b>    |                    |           |

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| <b>2</b>                         |  | <b>Saturday, December 10, 2016</b> |                  |  |                  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Birmingham, AL     |           |
| Mesha Rasi: 5.32                 |  | Titithi 11 - 12                    |                  | Ashvini Nakshatra Parigha* Yoga Visti* / Bava Karana Ekadashi / Dvadashyam Titau |                  | Sun 25  |                        | Sutra 237          |           |
| 725651365                        |  | <b>Gulika</b>                      | 6:39AM - 7:54AM  | <b>Ashvini</b>   | Until 6:39PM     | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:39AM | Durmukha 5118      |           |
| Creative Work                    |  | <b>Yama</b>                        | 12:54PM - 2:09PM | <b>Parigha*</b>  | Until 1:42AM Sun | <b>Muruga:</b> Clear  | <i>Sunset:</i> 4:39PM  | Moon 11 - Phase 33 |           |
| Until 8:47PM                     |  | <b>Rahu</b>                        | 9:09AM - 10:24AM | <b>Bava</b>  | Until 6:38PM     | <b>Nataraja:</b> White  | Moon - White           |                    | 4th Phase |
| Then Creative Work - Amrita Yoga |  |                                    |                  | <b>Ekadashi</b>  | Until 8:11AM     | <b>Margasira-Karttikai</b>  | <b>Bhuloka Day</b>     |                    |           |
|                                  |  |                                    |                  |  |                  | Devaloka Time: 12:PM to 3:PM  |                        |                    |           |

|                                  |  |                                  |                   |   |                  |   |                        |                    |           |
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| <b>3</b>                         |  | <b>Sunday, December 11, 2016</b> |                   |   |                  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        | Birmingham, AL     |           |
| Mesha Rasi: 20.23                |  | Titithi 13                       |                   | Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Tailita Karana Trayodashyam Titau |                  | Sun 26  |                        | Sutra 238          |           |
| 725651365                        |  | <b>Gulika</b>                    | 2:09PM - 3:24PM   | <b>Bharani</b>  | Until 3:59PM     | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:40AM | Durmukha 5118      |           |
| Routine Work                     |  | <b>Yama</b>                      | 11:40AM - 12:54PM | <b>Shiva</b>  | Until 9:38PM     | <b>Muruga:</b> Clear  | <i>Sunset:</i> 4:39PM  | Moon 11 - Phase 33 |           |
| Until 3:59PM                     |  | <b>Rahu</b>                      | 3:24PM - 4:39PM   | <b>Kaulava</b>  | Until 3:15PM     | <b>Nataraja:</b> White  | Moon - White           |                    | 4th Phase |
| Then Creative Work - Siddha Yoga |  |                                  |                   | <b>Trayodashi</b>   | Until 1:27AM Mon | <b>Margasira-Karttikai</b>  | <b>Bhuloka Day</b>     |                    |           |
|                                  |  |                                  |                   | Pradosha Vrata  |                  | Devaloka Time: 12:PM to 3:PM  |                        |                    |           |

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| <b>4</b>                         |  | <b>Monday, December 12, 2016</b> |                   |   |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Birmingham, AL     |           |
| Vrishabha Rasi: 5.29             |  | Titithi 14                       |                   | Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau |               | Sun 27   |                        | Sutra 239          |           |
| 725661365                        |  | <b>Gulika</b>                    | 12:55PM - 2:10PM  | <b>Krittika</b>   | Until 12:59PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:41AM | Durmukha 5118      |           |
| Family Home Evening              |  | <b>Yama</b>                      | 10:25AM - 11:40AM | <b>Siddha</b>   | Until 5:23PM  | <b>Muruga:</b> White   | <i>Sunset:</i> 4:39PM  | Moon 11 - Phase 33 |           |
| Routine Work                     |  | <b>Rahu</b>                      | 7:56AM - 9:10AM   | <b>Gara</b>   | Until 11:38AM | <b>Nataraja:</b> White   | Moon - White           |                    | 4th Phase |
| Until 12:59PM                    |  | <b>Krittika Deepam</b>           |                   | <b>Chaturdashi*</b>   | Until 9:46PM  | <b>Margasira-Karttikai</b>   | <b>Bhuloka Day</b>     |                    |           |
| Then Creative Work - Amrita Yoga |  |                                  |                   |   |               | Devaloka Time: 6:AM to 9:AM  |                        | <b>Tour Day</b>    |           |

|   |  |                                   |                   |   |               |   |                        |                    |         |
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|  |  | <b>Tuesday, December 13, 2016</b> |                   |   |               | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam |                        | Birmingham, AL     |         |
| Vrishabha Rasi: 20.41   |  | Titithi 15                        |                   | Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Visti* / Bava Karana Purnimayam Titau |               | Sun 28  |                        | Sutra 240          |         |
| 736661365   |  | <b>Gulika</b>                     | 11:41AM - 12:55PM | <b>Rohini</b>   | Until 10:11AM | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:41AM | Durmukha 5118      |         |
| Creative Work   |  | <b>Yama</b>                       | 9:11AM - 10:26AM  | <b>Sadhya</b>   | Until 1:08PM  | <b>Muruga:</b> White  | <i>Sunset:</i> 4:40PM  | Moon 11 - Phase 33 |         |
| Until 10:11AM   |  | <b>Rahu</b>                       | 2:10PM - 3:25PM   | <b>Visti</b>  | Until 7:57AM  | <b>Nataraja:</b> White  | Moon - Yellow          |                    | Purnima |
| Then Creative Work - Siddha Yoga  |  |                                   |                   | <b>Purnima*</b>   | Until 6:08PM  | <b>Margasira-Karttikai</b>  | <b>Bhuloka Day</b>     |                    |         |
|   |  |                                   |                   |   |               | Devaloka Time: 6:AM to 9:AM   |                        |                    |         |

|                                  |  |                                     |                   |  |                  |   |                        |                    |          |
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| <b>○</b>                         |  | <b>Wednesday, December 14, 2016</b> |                   |  |                  | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam |                        | Birmingham, AL     |          |
| Mithuna Rasi: 5.47               |  | Titithi 16 - 17                     |                   | Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau |                  | Sun 29  |                        | Sutra 241          |          |
| 736661365                        |  | <b>Gulika</b>                       | 10:26AM - 11:41AM | <b>Mrigashira</b>  | Until 7:24AM     | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:42AM | Durmukha 5118      |          |
| Creative Work                    |  | <b>Yama</b>                         | 7:57AM - 9:12AM   | <b>Subha</b>   | Until 9:03AM     | <b>Muruga:</b> White  | <i>Sunset:</i> 4:40PM  | Moon 11 - Phase 33 |          |
| Until 10:11AM                    |  | <b>Rahu</b>                         | 11:41AM - 12:56PM | <b>Tailita</b>   | Until 1:08AM Thu | <b>Nataraja:</b> White  | Moon - Yellow          |                    | Prathama |
| Then Creative Work - Siddha Yoga |  |                                     |                   | <b>Prathama*</b>   | Until 2:42PM     | <b>Margasira-Karttikai</b>  | <b>Bhuloka Day</b>     |                    |          |
|                                  |  |                                     |                   |  |                  | Devaloka Time: 6:AM to 9:AM   |                        |                    |          |

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birmingham, AL  
Sun 1 Sutra 242

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 20.39 Tihi 17 - 18

746661365

**Gulika** 9:12AM - 10:27AM  
Yama 6:43AM - 7:57AM  
**Rahu** 12:56PM - 2:11PM

**Punarvasu** Until 2:57AM Fri  
Brahma Until 1:46AM Fri  
Vanija Until 10:20PM

**Ganesha:** Green *Sunrise:* 6:43AM  
**Muruga:** White *Sunset:* 4:40PM  
**Nataraja:** White  
Moon - Blue

Margasira-Markali

**Bhuloka Day**

Creative Work Amrita Yoga  
Until 2:57AM Fri

Markali Pillaiyar

**Dvitiya** Until 11:39AM

Then Routine Work - Marana Yoga

1

Friday, December 16, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Birmingham, AL  
Sun 2 Sutra 243

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 5.08 Tihi 18 - 19

846661365

**Gulika** 7:58AM - 9:13AM  
Yama 2:11PM - 3:26PM  
**Rahu** 10:27AM - 11:42AM

**Pushya** Until 1:39AM Sat  
Indra Until 10:54PM  
Bava Until 8:11PM

**Ganesha:** Red *Sunrise:* 6:43AM  
**Muruga:** White *Sunset:* 4:41PM  
**Nataraja:** White  
Moon - Blue

Margasira-Markali

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Then Routine Work - Marana Yoga

2

Saturday, December 17, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birmingham, AL  
Sun 3 Sutra 244

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 19.1 Tihi 19 - 20

846661365

**Gulika** 6:44AM - 7:59AM  
Yama 12:57PM - 2:12PM  
**Rahu** 9:13AM - 10:28AM

**Ashlesha\*** Until 12:59AM Sun  
Vaidhriti\* Until 8:38PM  
Kaulava Until 6:48PM

**Ganesha:** Red *Sunrise:* 6:44AM  
**Muruga:** White *Sunset:* 4:41PM  
**Nataraja:** White  
Moon - Blue

Margasira-Markali

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Then Routine Work - Marana Yoga

3

Sunday, December 18, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birmingham, AL  
Sun 4 Sutra 245

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Simha Rasi: 2.41 Tihi 20 - 21

856661365

**Gulika** 2:12PM - 3:27PM  
Yama 11:43AM - 12:58PM  
**Rahu** 3:27PM - 4:42PM

**Magha\*** Until 1:29AM Mon  
Vishkambha\* Until 7:04PM  
Gara Until 6:18PM

**Ganesha:** Green *Sunrise:* 6:45AM  
**Muruga:** White *Sunset:* 4:42PM  
**Nataraja:** White  
Moon - Red

Margasira-Markali

**Bhuloka Day**

Routine Work Marana Yoga

Until 1:29AM Mon

Then Creative Work - Siddha Yoga

4

Monday, December 19, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Birmingham, AL  
Sun 5 Sutra 246

Durmukha 5118

Moon 12 - Phase 34

1st Phase

Simha Rasi: 15.44 Tihi 21 - 22

856661365

**Gulika** 12:58PM - 2:13PM  
Yama 10:29AM - 11:44AM  
**Rahu** 8:00AM - 9:14AM

**Purvaphalguni** Until 2:42AM Tue  
Priti Until 6:12PM  
Visti Until 6:43PM

**Ganesha:** Green *Sunrise:* 6:45AM  
**Muruga:** White *Sunset:* 4:42PM  
**Nataraja:** White  
Moon - Red

Margasira-Markali

**Bhuloka Day**

Creative Work Siddha Yoga

Until 2:42AM Tue

Then Creative Work - Amrita Yoga

5

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birmingham, AL  
Sun 6 Sutra 247

Durmukha 5118

Moon 12 - Phase 34

Ashtami

Simha Rasi: 28.22 Tihi 22 - 23

857661365

**Gulika** 11:44AM - 12:59PM  
Yama 9:15AM - 10:29AM  
**Rahu** 2:13PM - 3:28PM

**Uttaraphalguni** Until 4:30AM Wed  
Ayushman Until 5:57PM  
Balava Until 7:57PM

**Ganesha:** White *Sunrise:* 6:46AM  
**Muruga:** White *Sunset:* 4:42PM  
**Nataraja:** White  
Moon - Red

Margasira-Markali

**Bhuloka Day**

Creative Work Amrita Yoga

Until 4:30AM Wed

Then Routine Work - Marana Yoga

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birmingham, AL  
Sun 7 Sutra 248

Durmukha 5118

Moon 12 - Phase 34

Navami

Kanya Rasi: 10.4 Tihi 23 - 24

867661365

**Gulika** 10:30AM - 11:45AM  
Yama 8:01AM - 9:15AM  
**Rahu** 11:45AM - 12:59PM

**Hasta** Until 7:12AM Thu  
Saubhagya Until 6:14PM  
Taitila Until 9:51PM

**Ganesha:** Clear *Sunrise:* 6:46AM  
**Muruga:** White *Sunset:* 4:43PM  
**Nataraja:** White  
Moon - Green

Margasira-Markali

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 7:12AM Thu

Then Creative Work - Siddha Yoga

Day 1 of Pancha Ganapati

**Ashtami\*** Until 8:48AM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                                  |               |                                    |  |   |  |   |  |
|----------------------------------|---------------|------------------------------------|--|---|--|---|--|
| <b>1</b>                         |               | <b>Thursday, December 22, 2016</b> |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau |  | Birmingham, AL<br>Sun 8 Sutra 249               |  |
| Kanya Rasi: 22.43                | Tithi 24 – 25 | 867661365                          | <b>Gulika</b> 9:16AM – 10:30AM<br><b>Yama</b> 6:47AM – 8:01AM<br><b>Rahu</b> 1:00PM – 2:14PM | <b>Hasta</b> Until 7:12AM<br>Sobhana Until 6:53PM<br>Vanija Until 12:12AM Fri<br><b>Navami*</b> Until 10:58AM   | <b>Ganesh:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Green | <i>Sunrise:</i> 6:47AM<br><i>Sunset:</i> 4:43PM | Durmukha 5118<br>Moon 12 - Phase 35<br>2nd Phase |
| Routine Work                     | Marana Yoga   |                                    | <b>Day 2 of Pancha Ganapati</b>  |   | <b>Bhuloka Day</b>   |   | Devaloka Time: 6:AM to 9:AM                      |
| Until 7:12AM                     |               |                                    |  |   |  |   |  |
| Then Creative Work - Siddha Yoga |               |                                    |  |   |  |   |  |


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| <b>2</b>        |               | <b>Friday, December 23, 2016</b> |   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  | Birmingham, AL<br>Sun 9 Sutra 250               |  |
| Tula Rasi: 4.38 | Tithi 25 – 26 | 867661365                        | <b>Gulika</b> 8:02AM – 9:16AM<br><b>Yama</b> 2:15PM – 3:29PM<br><b>Rahu</b> 10:31AM – 11:46AM | <b>Chitra</b> Until 10:06AM<br>Athiganda* Until 7:42PM<br>Bava Until 2:47AM Sat<br><b>Dashami</b> Until 1:28PM  | <b>Ganesh:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Green | <i>Sunrise:</i> 6:47AM<br><i>Sunset:</i> 4:44PM | Durmukha 5118<br>Moon 12 - Phase 35<br>2nd Phase |
| Creative Work   | Siddha Yoga   |                                  | <b>Day 3 of Pancha Ganapati</b>   |   | <b>Bhuloka Day</b>   |   | Devaloka Time: 6:AM to 9:AM                      |

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| <b>3</b>         |               | <b>Saturday, December 24, 2016</b> |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  | Birmingham, AL<br>Sun 10 Sutra 251              |  |
| Tula Rasi: 16.29 | Tithi 26 – 27 | 867661365                          | <b>Gulika</b> 6:47AM – 8:02AM<br><b>Yama</b> 1:01PM – 2:15PM<br><b>Rahu</b> 9:17AM – 10:31AM | <b>Svati</b> Until 12:57PM<br>Sukarma Until 8:35PM<br>Kaulava Until 5:23AM Sun<br><b>Ekadashi*</b> Until 4:04PM  | <b>Ganesh:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Green | <i>Sunrise:</i> 6:47AM<br><i>Sunset:</i> 4:45PM | Durmukha 5118<br>Moon 12 - Phase 35<br>2nd Phase |
| Creative Work    | Siddha Yoga   |                                    | <b>Day 4 of Pancha Ganapati</b>  |  | <b>Bhuloka Day</b>   |   | Devaloka Time: 6:AM to 9:AM                      |

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| <b>4</b>        |             | <b>Sunday, December 25, 2016</b> |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Dhriti Yoga Tailila Karana Dvadashyam Titau |  | Birmingham, AL<br>Sun 11 Sutra 252              |  |
| Tula Rasi: 28.2 | Tithi 27    | 877661366                        | <b>Gulika</b> 2:16PM – 3:31PM<br><b>Yama</b> 11:47AM – 1:01PM<br><b>Rahu</b> 3:31PM – 4:45PM | <b>Vishakha</b> Until 4:06PM<br>Dhriti Until 9:25PM<br>Tailila Until 6:37PM<br><b>Dvadashi*</b> Until 6:37PM   | <b>Ganesh:</b> Purple<br><b>Muruga:</b> White<br><b>Nataraja:</b> Green<br>Moon – Orange | <i>Sunrise:</i> 6:48AM<br><i>Sunset:</i> 4:45PM | Durmukha 5118<br>Moon 12 - Phase 35<br>2nd Phase |
| Routine Work    | Marana Yoga |                                  | <b>Day 5 of Pancha Ganapati</b>  |  | <b>Bhuloka Day</b>   |   |  |

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| <b>5</b>              |             | <b>Monday, December 26, 2016</b> |   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau |  | Birmingham, AL<br>Sun 12 Sutra 253              |  |
| Vrischika Rasi: 10.13 | Tithi 28    | 877661366                        | <b>Gulika</b> 1:02PM – 2:16PM<br><b>Yama</b> 10:32AM – 11:47AM<br><b>Rahu</b> 8:03AM – 9:18AM | <b>Anuradha</b> Until 6:54PM<br>Shula* Until 10:04PM<br>Gara Until 7:51AM<br><b>Trayodashi*</b> Until 8:59PM<br><i>Pradosha Vrata (Fasting)</i>                        | <b>Ganesh:</b> Purple<br><b>Muruga:</b> White<br><b>Nataraja:</b> Green<br>Moon – Orange | <i>Sunrise:</i> 6:48AM<br><i>Sunset:</i> 4:46PM | Durmukha 5118<br>Moon 12 - Phase 35<br>2nd Phase |
| Family Home Evening   |             |                                  |   |  | <b>Bhuloka Day</b>   |   |  |
| Creative Work         | Siddha Yoga |                                  |   |  |  |   |  |

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| <b>6</b>                         |             | <b>Tuesday, December 27, 2016</b> |   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |   | Birmingham, AL<br>Sun 13 Sutra 254              |  |
| Vrischika Rasi: 22.13            | Tithi 29    | 878661366                         | <b>Gulika</b> 11:48AM – 1:02PM<br><b>Yama</b> 9:18AM – 10:33AM<br><b>Rahu</b> 2:17PM – 3:32PM | <b>Jyeshtha*</b> Until 9:17PM<br>Ganda* Until 10:32PM<br>Visti Until 10:05AM<br><b>Chaturdashi*</b> Until 11:04PM  | <b>Ganesh:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Green<br>Moon – Orange | <i>Sunrise:</i> 6:49AM<br><i>Sunset:</i> 4:46PM | Durmukha 5118<br>Moon 12 - Phase 35<br>2nd Phase |
| Routine Work                     | Marana Yoga |                                   |   |  | <b>Bhuloka Day</b>  |   | Devaloka Time: 9:AM to 12:PM                     |
| Until 9:17PM                     |             |                                   |   |  |   |   |  |
| Then Creative Work - Amrita Yoga |             |                                   |   |  |   |   |  |

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|  |             | <b>Wednesday, December 28, 2016</b> |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau |  | Birmingham, AL<br>Sun 14 Sutra 255              |   |
| <b>Retreat Star</b>   |             |                                     | <b>Gulika</b> 10:33AM – 11:48AM<br><b>Yama</b> 8:04AM – 9:18AM<br><b>Rahu</b> 11:48AM – 1:03PM | <b>Mula*</b> Until 11:43PM<br>Vriddhi Until 10:47PM<br>Catuspada Until 12:01PM<br><b>Amavasya*</b> Until 12:50AM Thu  | <b>Ganesh:</b> Light Blue<br><b>Muruga:</b> White<br><b>Nataraja:</b> Green<br>Moon – Light Blue | <i>Sunrise:</i> 6:49AM<br><i>Sunset:</i> 4:47PM | Durmukha 5118<br>Moon 12 - Phase 35<br>Amavasya |
| Dhanus Rasi: 4.19   | Tithi 30    | 888761366                           |  |   | <b>Bhuloka Day</b>   |   |   |
| Routine Work  | Marana Yoga |                                     | <b>Hanumath Jayanthi (Tamil Nadu)</b>  |   |  |   |   |
| Until 11:43PM   |             |                                     |  |   |  |   |   |
| Then Creative Work - Amrita Yoga  |             |                                     |  |   |  |   |   |

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| <b>Thursday, December 29, 2016</b> |             | <b>Retreat Star</b> |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau |  | Birmingham, AL<br>Sun 15 Sutra 256              |   |
| Dhanus Rasi: 16.32                 | Tithi 1     | 888761366           | <b>Gulika</b> 9:19AM – 10:34AM<br><b>Yama</b> 6:49AM – 8:04AM<br><b>Rahu</b> 1:03PM – 2:18PM | <b>Purvashadha*</b> Until 1:39AM Fri<br>Dhruva Until 10:45PM<br>Kintughna Until 1:37PM<br><b>Prathama*</b> Until 2:16AM Fri   | <b>Ganesh:</b> Light Blue<br><b>Muruga:</b> White<br><b>Nataraja:</b> Green<br>Moon – Light Blue | <i>Sunrise:</i> 6:49AM<br><i>Sunset:</i> 4:48PM | Durmukha 5118<br>Moon 12 - Phase 35<br>Prathama |
| Creative Work                      | Siddha Yoga |                     |  |   | <b>Bhuloka Day</b>   |   |   |
| Until 1:39AM Fri                   |             |                     |  |   |  |   |   |
| Then Routine Work - Marana Yoga    |             |                     |  |   |  |   |   |

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| <b>1</b>                         |  | <b>Friday, December 30, 2016</b> |                          | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam |  | Birmingham, AL     |  |
| Dhanus Rasi: 28.55               |  | Tithi 2                          |                          | Uttarashadha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau                  |  | Sun 16 Sutra 257   |  |
|                                  |  | <b>Gulika</b>                    | <b>8:04AM – 9:19AM</b>   | <b>Uttarashadha Until 3:05AM Sat</b>  | <b>Ganesh:</b> Light Blue <i>Sunrise:</i> 6:49AM | Durmukha 5118      |  |
|                                  |  | Yama                             | 2:19PM – 3:34PM          | Vyaghata* Until 10:27PM   | <b>Muruga:</b> White <i>Sunset:</i> 4:49PM       | Moon 12 - Phase 36 |  |
|                                  |  | 888761366 <b>Rahu</b>            | <b>10:34AM – 11:49AM</b> | Balava Until 2:52PM   | <b>Nataraja:</b> Green                           | 3rd Phase          |  |
| Routine Work Marana Yoga         |  |                                  |                          | <b>Dvitiya Until 3:20AM Sat</b>   | Moon – Light Blue                                | <b>Bhuloka Day</b> |  |
| Until 3:05AM Sat                 |  |                                  |                          |   | <b>Pausha-Markali</b>                            |                    |  |
| Then Creative Work - Siddha Yoga |  |                                  |                          |   |  |                    |  |

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| <b>2</b>                        |  | <b>Saturday, December 31, 2016</b> |                         | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam |  | Birmingham, AL     |  |
| Makara Rasi: 11.26              |  | Tithi 3                            |                         | Shravana Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau                         |  | Sun 17 Sutra 258   |  |
|                                 |  | <b>Gulika</b>                      | <b>6:50AM – 8:05AM</b>  | <b>Shravana Until 4:28AM Sun</b>  | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:50AM | Durmukha 5118      |  |
|                                 |  | Yama                               | 1:04PM – 2:19PM         | Harshana Until 9:54PM   | <b>Muruga:</b> White <i>Sunset:</i> 4:49PM   | Moon 12 - Phase 36 |  |
|                                 |  | 898761366 <b>Rahu</b>              | <b>9:20AM – 10:35AM</b> | Taitila Until 3:45PM  | <b>Nataraja:</b> Green                       | 3rd Phase          |  |
| Creative Work Siddha Yoga       |  |                                    |                         | <b>Tritiya Until 4:02AM Sun</b>   | Moon – Purple                                | <b>Bhuloka Day</b> |  |
| Until 4:28AM Sun                |  |                                    |                         |   | <b>Pausha-Markali</b>                        |                    |  |
| Then Routine Work - Marana Yoga |  |                                    |                         |   |  |                    |  |

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| <b>3</b>                         |  | <b>Sunday, January 1, 2017</b> |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam |  | Birmingham, AL     |  |
| Makara Rasi: 24.08               |  | Tithi 4                        |                        | Dhanishtha Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau                       |  | Sun 18 Sutra 259   |  |
|                                  |  | <b>Gulika</b>                  | <b>2:19PM – 3:34PM</b> | <b>Dhanishtha Until 5:19AM Mon</b>  | <b>Ganesh:</b> Purple <i>Sunrise:</i> 6:50AM | Durmukha 5118      |  |
|                                  |  | Yama                           | 11:49AM – 1:04PM       | Vajra* Until 9:01PM   | <b>Muruga:</b> White <i>Sunset:</i> 4:49PM   | Moon 12 - Phase 36 |  |
|                                  |  | 898761366 <b>Rahu</b>          | <b>3:34PM – 4:49PM</b> | Vanija Until 4:15PM   | <b>Nataraja:</b> Green                       | 3rd Phase          |  |
| Routine Work Marana Yoga         |  |                                |                        | <b>Chaturthi* Until 4:20AM Mon</b>  | Moon – Purple                                | <b>Bhuloka Day</b> |  |
| Until 5:19AM Mon                 |  |                                |                        |   | <b>Pausha-Markali</b>                        |                    |  |
| Then Creative Work - Siddha Yoga |  |                                |                        |   |  |                    |  |

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| <b>4</b>                        |  | <b>Monday, January 2, 2017</b> |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam |   | Birmingham, AL               |  |
| Kumbha Rasi: 7.01               |  | Tithi 5                        |                        | Shatabhishak Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau                       |   | Sun 19 Sutra 260             |  |
| <b>Family Home Evening</b>      |  | <b>Gulika</b>                  | <b>1:05PM – 2:20PM</b> | <b>Shatabhishak Until 5:36AM Tue</b>   | <b>Ganesh:</b> Clear <i>Sunrise:</i> 6:50AM | Durmukha 5118                |  |
| Creative Work Siddha Yoga       |  | Yama                           | 10:35AM – 11:50AM      | Siddhi Until 7:49PM  | <b>Muruga:</b> White <i>Sunset:</i> 4:50PM  | Moon 12 - Phase 36           |  |
| Until 5:36AM Tue                |  | 899761366 <b>Rahu</b>          | <b>8:05AM – 9:20AM</b> | Bava Until 4:21PM  | <b>Nataraja:</b> Green                      | 3rd Phase                    |  |
| Then Routine Work - Marana Yoga |  |                                |                        | <b>Panchami Until 4:12AM Tue</b>   | Moon – Purple                               | <b>Bhuloka Day</b>           |  |
|                                 |  |                                |                        |  | <b>Pausha-Markali</b>                       | Devaloka Time: 9:AM to 12:PM |  |

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| <b>5</b>                         |  | <b>Tuesday, January 3, 2017</b> |                         | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam |  | Birmingham, AL               |  |
| Kumbha Rasi: 20.07               |  | Tithi 6                         |                         | Purvaproshtapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau             |  | Sun 20 Sutra 261             |  |
|                                  |  | <b>Gulika</b>                   | <b>11:50AM – 1:06PM</b> | <b>Purvaproshtapada* Until 5:44AM Wed</b>   | <b>Ganesh:</b> Red <i>Sunrise:</i> 6:50AM  | Durmukha 5118                |  |
|                                  |  | Yama                            | 9:20AM – 10:35AM        | Vyatipata* Until 6:17PM   | <b>Muruga:</b> White <i>Sunset:</i> 4:51PM | Moon 12 - Phase 36           |  |
|                                  |  | 819761366 <b>Rahu</b>           | <b>2:21PM – 3:36PM</b>  | Kaulava Until 3:59PM  | <b>Nataraja:</b> Green                     | 3rd Phase                    |  |
| Routine Work Marana Yoga         |  |                                 |                         | <b>Shashthi* Until 3:36AM Wed</b>   | Moon – Clear                               | <b>Bhuloka Day</b>           |  |
| Until 5:44AM Wed                 |  |                                 |                         |   | <b>Pausha-Markali</b>                      | Devaloka Time: 9:AM to 12:PM |  |
| Then Creative Work - Siddha Yoga |  | <b>Vinayaga Viratam Ends</b>    |                         |   |  |                              |  |

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| <b>6</b>                  |  | <b>Wednesday, January 4, 2017</b> |                          | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam |  | Birmingham, AL               |  |
| Meena Rasi: 3.28          |  | Tithi 7                           |                          | Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau          |  | Sun 21 Sutra 262             |  |
|                           |  | <b>Gulika</b>                     | <b>10:36AM – 11:51AM</b> | <b>Uttaraproshtapada Until 5:14AM Thu</b>   | <b>Ganesh:</b> Red <i>Sunrise:</i> 6:50AM  | Durmukha 5118                |  |
|                           |  | Yama                              | 8:05AM – 9:21AM          | Variyan Until 4:21PM  | <b>Muruga:</b> White <i>Sunset:</i> 4:52PM | Moon 12 - Phase 36           |  |
|                           |  | 819761366 <b>Rahu</b>             | <b>11:51AM – 1:06PM</b>  | Gara Until 3:09PM   | <b>Nataraja:</b> Green                     | 3rd Phase                    |  |
| Creative Work Siddha Yoga |  |                                   |                          | <b>Saptami Until 2:31AM Thu</b>   | Moon – Clear                               | <b>Bhuloka Day</b>           |  |
|                           |  |                                   |                          |   | <b>Pausha-Markali</b>                      | Devaloka Time: 9:AM to 12:PM |  |

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| <b>Retreat Star</b>              |  | <b>Thursday, January 5, 2017</b> |                         | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam |  | Birmingham, AL               |  |
| Meena Rasi: 17.06                |  | Tithi 8                          |                         | Revati Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau                      |  | Sun 22 Sutra 263             |  |
|                                  |  | <b>Gulika</b>                    | <b>9:21AM – 10:36AM</b> | <b>Revati Until 4:05AM Fri</b>   | <b>Ganesh:</b> Red <i>Sunrise:</i> 6:50AM  | Durmukha 5118                |  |
|                                  |  | Yama                             | 6:50AM – 8:06AM         | Parigha* Until 2:02PM  | <b>Muruga:</b> White <i>Sunset:</i> 4:52PM | Moon 12 - Phase 36           |  |
|                                  |  | 819761366 <b>Rahu</b>            | <b>1:07PM – 2:22PM</b>  | Visti Until 1:48PM   | <b>Nataraja:</b> Green                     | Ashtami                      |  |
| Creative Work Siddha Yoga        |  |                                  |                         | <b>Ashtami* Until 12:55AM Fri</b>  | Moon – Clear                               | <b>Bhuloka Day</b>           |  |
| Until 4:05AM Fri                 |  |                                  |                         |  | <b>Pausha-Markali</b>                      | Devaloka Time: 9:AM to 12:PM |  |
| Then Creative Work - Amrita Yoga |  | <b>Subramuniyaswami Jayanti</b>  |                         |  |  |                              |  |

|                                  |  |                                |                          |   |  |                     |  |
|----------------------------------|--|--------------------------------|--------------------------|---|--|---------------------|--|
| <b>Retreat Star</b>              |  | <b>Friday, January 6, 2017</b> |                          | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam |  | Birmingham, AL      |  |
| Mesha Rasi: 1.01                 |  | Tithi 9                        |                          | Ashvini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau                      |  | Sun 23 Sutra 264    |  |
|                                  |  | <b>Gulika</b>                  | <b>8:06AM – 9:21AM</b>   | <b>Ashvini Until 2:47AM Sat</b>   | <b>Ganesh:</b> Blue <i>Sunrise:</i> 6:50AM | Durmukha 5118       |  |
|                                  |  | Yama                           | 2:22PM – 3:38PM          | Shiva Until 11:20AM   | <b>Muruga:</b> White <i>Sunset:</i> 4:53PM | Moon 12 - Phase 36  |  |
|                                  |  | 829761366 <b>Rahu</b>          | <b>10:36AM – 11:52AM</b> | Balava Until 11:58AM  | <b>Nataraja:</b> Green                     | Navami              |  |
| Creative Work Amrita Yoga        |  |                                |                          | <b>Navami* Until 10:51PM</b>  | Moon – White                               | <b>Devaloka Day</b> |  |
| Until 2:47AM Sat                 |  |                                |                          |   | <b>Pausha-Markali</b>                      |                     |  |
| Then Creative Work - Siddha Yoga |  |                                |                          |   |  |                     |  |


To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                   |  |                                  |  |  |                                  |   |                        |                     |  |
|-------------------|--|----------------------------------|--|--|----------------------------------|---|------------------------|---------------------|--|
| <b>1</b>          |  | <b>Saturday, January 7, 2017</b> |  |  |                                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Birmingham, AL      |  |
| Mesha Rasi: 15.15 |  | Tihti 10                         |  | Bharani Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dashamyam Titau |                                  | Sun 24  |                        | Sutra 265           |  |
| Creative Work     |  | Siddha Yoga                      |  | <b>Gulika</b> 6:50AM – 8:06AM  | <b>Bharani Until 12:55AM Sun</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:50AM | Durmukha 5118       |  |
|                   |  |                                  |  | Yama 1:08PM – 2:23PM   | Siddha Until 8:15AM              | <b>Muruga:</b> White  | <i>Sunset:</i> 4:54PM  | Moon 12 - Phase 37  |  |
|                   |  | 829761366                        |  | <b>Rahu</b> 9:21AM – 10:37AM   | Taitila Until 9:41AM             | <b>Nataraja:</b> Green  |                        | 4th Phase           |  |
|                   |  |                                  |  |  | <b>Dashami Until 8:22PM</b>      | Moon – White  |                        | <b>Devaloka Day</b> |  |
|                   |  |                                  |  |  |                                  | <b>Pausha-Markali</b>   |                        |                     |  |

|                   |  |                                |  |  |                               |   |                        |                     |  |
|-------------------|--|--------------------------------|--|--|-------------------------------|---|------------------------|---------------------|--|
| <b>2</b>          |  | <b>Sunday, January 8, 2017</b> |  |  |                               | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        | Birmingham, AL      |  |
| Mesha Rasi: 29.44 |  | Tihti 11 – 12                  |  | Krittika Nakshatra Subha Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau |                               | Sun 25  |                        | Sutra 266           |  |
| Creative Work     |  | Siddha Yoga                    |  | <b>Gulika</b> 2:24PM – 3:39PM  | <b>Krittika Until 10:37PM</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:50AM | Durmukha 5118       |  |
|                   |  |                                |  | Yama 11:53AM – 1:08PM  | Subha Until 1:16AM Mon        | <b>Muruga:</b> White  | <i>Sunset:</i> 4:55PM  | Moon 12 - Phase 37  |  |
|                   |  | 829761366                      |  | <b>Rahu</b> 3:39PM – 4:55PM  | Vanija Until 7:01AM           | <b>Nataraja:</b> Green  |                        | 4th Phase           |  |
|                   |  |                                |  |  | <b>Ekadashi Until 5:33PM</b>  | Moon – White  |                        | <b>Devaloka Day</b> |  |
|                   |  |                                |  | <b>Vaikuntha Ekadasi</b>   |                               | <b>Pausha-Markali</b>   |                        |                     |  |

|                            |  |                                |  |   |                              |  |                        |                             |  |
|----------------------------|--|--------------------------------|--|---|------------------------------|--|------------------------|-----------------------------|--|
| <b>3</b>                   |  | <b>Monday, January 9, 2017</b> |  |   |                              | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Birmingham, AL              |  |
| Vrishabha Rasi: 14.26      |  | Tihti 12 – 13                  |  | Rohini Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                              | Sun 26   |                        | Sutra 267                   |  |
| <b>Family Home Evening</b> |  | 839761366                      |  | <b>Gulika</b> 1:09PM – 2:24PM   | <b>Rohini Until 8:25PM</b>   | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:50AM | Durmukha 5118               |  |
| Creative Work              |  | Amrita Yoga                    |  | Yama 10:37AM – 11:53AM  | Sukla Until 9:31PM           | <b>Muruga:</b> White   | <i>Sunset:</i> 4:56PM  | Moon 12 - Phase 37          |  |
|                            |  |                                |  | <b>Rahu</b> 8:06AM – 9:22AM   | Kaulava Until 12:59AM Tue    | <b>Nataraja:</b> Green   |                        | 4th Phase                   |  |
|                            |  |                                |  |   | <b>Dvadashi Until 2:31PM</b> | Moon – Yellow  |                        | <b>Bhuloka Day</b>          |  |
|                            |  |                                |  |   | <i>Pradosha Vrata</i>        | <b>Pausha-Markali</b>  |                        | Devaloka Time: 9:AM to12:PM |  |

|                                 |  |                                  |  |   |                                 |   |                        |                             |  |
|---------------------------------|--|----------------------------------|--|---|---------------------------------|---|------------------------|-----------------------------|--|
| <b>4</b>                        |  | <b>Tuesday, January 10, 2017</b> |  |   |                                 | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam |                        | Birmingham, AL              |  |
| Vrishabha Rasi: 29.14           |  | Tihti 13 – 14                    |  | Mrigashira Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                 | Sun 27  |                        | Sutra 268                   |  |
| Creative Work                   |  | Siddha Yoga                      |  | <b>Gulika</b> 11:54AM – 1:09PM  | <b>Mrigashira Until 6:02PM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:50AM | Durmukha 5118               |  |
| Until 6:02PM                    |  |                                  |  | Yama 9:22AM – 10:38AM   | Brahma Until 5:44PM             | <b>Muruga:</b> White  | <i>Sunset:</i> 4:57PM  | Moon 12 - Phase 37          |  |
| Then Routine Work - Marana Yoga |  | 831761366                        |  | <b>Rahu</b> 2:25PM – 3:41PM   | Gara Until 9:54PM               | <b>Nataraja:</b> Green  |                        | 4th Phase                   |  |
|                                 |  |                                  |  |   | <b>Trayodashi Until 11:25AM</b> | Moon – Yellow   |                        | <b>Bhuloka Day</b>          |  |
|                                 |  |                                  |  |   |                                 | <b>Pausha-Markali</b>   |                        | <b>Tour Day</b>             |  |
|                                 |  |                                  |  |   |                                 |   |                        | Devaloka Time: 9:AM to12:PM |  |

|   |  |                                    |  |   |                                  |   |                        |                             |  |
|---|--|------------------------------------|--|---|----------------------------------|---|------------------------|-----------------------------|--|
|  |  | <b>Wednesday, January 11, 2017</b> |  |   |                                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Birmingham, AL              |  |
| <b>Copper Retreat Star</b>  |  |                                    |  | Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                  | Sun 28  |                        | Sutra 269                   |  |
| Mithuna Rasi: 14  |  | Tihti 14 – 15                      |  | <b>Gulika</b> 10:38AM – 11:54AM   | <b>Ardra Until 3:39PM</b>        | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:50AM | Durmukha 5118               |  |
| Creative Work   |  | Siddha Yoga                        |  | Yama 8:06AM – 9:22AM  | Indra Until 2:05PM               | <b>Muruga:</b> White  | <i>Sunset:</i> 4:57PM  | Moon 12 - Phase 37          |  |
|   |  | 831761366                          |  | <b>Rahu</b> 11:54AM – 1:10PM  | Visti Until 6:58PM               | <b>Nataraja:</b> Green  |                        | Purnima                     |  |
|   |  |                                    |  |   | <b>Chaturdashi* Until 8:23AM</b> | Moon – Yellow   |                        | <b>Bhuloka Day</b>          |  |
|   |  |                                    |  | <b>Ardra Darshanam</b>  |                                  | <b>Pausha-Markali</b>   |                        | Devaloka Time: 9:AM to12:PM |  |

|                                   |  |                            |  |  |                                   |  |                        |                     |  |
|-----------------------------------|--|----------------------------|--|--|-----------------------------------|--|------------------------|---------------------|--|
| <b>Thursday, January 12, 2017</b> |  | <b>Silver Retreat Star</b> |  |  |                                   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam |                        | Birmingham, AL      |  |
| Mithuna Rasi: 28.37               |  | Tihti 16                   |  | Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau |                                   | Sun 29   |                        | Sutra 270           |  |
| Creative Work                     |  | Amrita Yoga                |  | <b>Gulika</b> 9:22AM – 10:38AM   | <b>Punarvasu Until 1:49PM</b>     | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:50AM | Durmukha 5118       |  |
|                                   |  | 841761366                  |  | Yama 6:50AM – 8:06AM   | Vaidhriti* Until 10:37AM          | <b>Muruga:</b> White   | <i>Sunset:</i> 4:58PM  | Moon 12 - Phase 37  |  |
|                                   |  |                            |  | <b>Rahu</b> 1:10PM – 2:26PM  | Balava Until 4:20PM               | <b>Nataraja:</b> Green   |                        | Prathama            |  |
|                                   |  |                            |  |  | <b>Prathama* Until 3:10AM Fri</b> | Moon – Blue  |                        | <b>Devaloka Day</b> |  |
|                                   |  |                            |  |  |                                   | <b>Pausha-Markali</b>  |                        |                     |  |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada



Friday, January 13, 2017

Gold Retreat Star

Kataka Rasi: 12.57    Tiithi 17

841761366

**Gulika** 8:06AM – 9:22AM  
**Yama** 2:27PM – 3:43PM  
**Rahu** 10:39AM – 11:55AM

Routine Work    Marana Yoga

Thai Pongal

**Pushya** Until 12:18PM  
**Vishkambha\*** Until 7:31AM  
 Tailila Until 2:11PM  
**Dvitiya** Until 1:18AM Sat

**Ganesha:** White    *Sunrise:* 6:50AM  
**Muruga:** White    *Sunset:* 4:59PM  
**Nataraja:** Green  
 Moon – Blue  
**Pausha\*Thai**

Birmingham, AL  
 Sutra 271  
 Durmukha 5118  
 Moon 1 - Phase 38  
 1st Phase

Devaloka Day

1

Saturday, January 14, 2017

Kataka Rasi: 26.55    Tiithi 18

841761366

**Gulika** 6:50AM – 8:06AM  
**Yama** 1:11PM – 2:28PM  
**Rahu** 9:23AM – 10:39AM

Routine Work    Marana Yoga

Until 11:14AM

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
 Ashlesha\*/Magha\* Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birmingham, AL  
 Sun 1    Sutra 272  
 Durmukha 5118

**Ashlesha\*** Until 11:14AM  
 Ayushman Until 2:48AM Sun  
 Vanija Until 12:39PM  
**Tritiya** Until 12:08AM Sun

**Ganesha:** White    *Sunrise:* 6:50AM  
**Muruga:** White    *Sunset:* 5:00PM  
**Nataraja:** Green  
 Moon – Blue  
**Pausha\*Thai**

Moon 1 - Phase 38  
 1st Phase

Devaloka Day

2

Sunday, January 15, 2017

Simha Rasi: 10.28    Tiithi 19

851761366

**Gulika** 2:28PM – 3:45PM  
**Yama** 11:55AM – 1:12PM  
**Rahu** 3:45PM – 5:01PM

Routine Work    Marana Yoga  
Until 11:10AM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Magha\*/Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Birmingham, AL  
 Sun 2    Sutra 273  
 Durmukha 5118

**Magha\*** Until 11:10AM  
 Saubhagya Until 1:20AM Mon  
 Bava Until 11:51AM  
**Chaturthi\*** Until 11:44PM

**Ganesha:** Yellow    *Sunrise:* 6:50AM  
**Muruga:** White    *Sunset:* 5:01PM  
**Nataraja:** Green  
 Moon – Red  
**Pausha\*Thai**

Moon 1 - Phase 38  
 1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Monday, January 16, 2017

Simha Rasi: 23.34    Tiithi 20

851761366

**Gulika** 1:12PM – 2:29PM  
**Yama** 10:39AM – 11:56AM  
**Rahu** 8:06AM – 9:23AM

Family Home Evening

Creative Work    Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Kaulava/Tailila Karana Panchamyam Titau

Birmingham, AL  
 Sun 3    Sutra 274  
 Durmukha 5118

**Purvaphalguni** Until 11:45AM  
 Sobhana Until 12:30AM Tue  
 Kaulava Until 11:52AM  
**Panchami** Until 12:09AM Tue

**Ganesha:** Yellow    *Sunrise:* 6:50AM  
**Muruga:** White    *Sunset:* 5:02PM  
**Nataraja:** Green  
 Moon – Red  
**Pausha\*Thai**

Moon 1 - Phase 38  
 1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4

Tuesday, January 17, 2017

Kanya Rasi: 6.17    Tiithi 21

851761366

**Gulika** 11:56AM – 1:13PM  
**Yama** 9:23AM – 10:39AM  
**Rahu** 2:30PM – 3:46PM

Creative Work    Amrita Yoga

Until 12:57PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Uttaraphalguni/Hasta Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Birmingham, AL  
 Sun 4    Sutra 275  
 Durmukha 5118

**Uttaraphalguni** Until 12:57PM  
 Athiganda\* Until 12:15AM Wed  
 Gara Until 12:41PM  
**Shashthi\*** Until 1:21AM Wed

**Ganesha:** Yellow    *Sunrise:* 6:49AM  
**Muruga:** White    *Sunset:* 5:03PM  
**Nataraja:** Green  
 Moon – Red  
**Pausha\*Thai**

Moon 1 - Phase 38  
 1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

5

Wednesday, January 18, 2017

Kanya Rasi: 18.4    Tiithi 22

861761366

**Gulika** 10:40AM – 11:56AM  
**Yama** 8:06AM – 9:23AM  
**Rahu** 11:56AM – 1:13PM

Routine Work    Marana Yoga

Until 3:08PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
 Hasta/Chitra Nakshatra Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Birmingham, AL  
 Sun 5    Sutra 276  
 Durmukha 5118

**Hasta** Until 3:08PM  
 Sukarma Until 12:29AM Thu  
 Visti Until 2:13PM  
**Saptami** Until 3:11AM Thu

**Ganesha:** Blue    *Sunrise:* 6:49AM  
**Muruga:** White    *Sunset:* 5:04PM  
**Nataraja:** Green  
 Moon – Green  
**Pausha\*Thai**

Moon 1 - Phase 38  
 1st Phase

Devaloka Day

D

Thursday, January 19, 2017

Retreat Star

Tula Rasi: 0.49    Tiithi 23

861761366

**Gulika** 9:23AM – 10:40AM  
**Yama** 6:49AM – 8:06AM  
**Rahu** 1:14PM – 2:31PM

Creative Work    Siddha Yoga

Until 5:42PM

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
 Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Birmingham, AL  
 Sun 6    Sutra 277  
 Durmukha 5118

**Chitra** Until 5:42PM  
 Dhriti Until 1:05AM Fri  
 Balava Until 4:18PM  
**Ashtami\*** Until 5:28AM Fri

**Ganesha:** Blue    *Sunrise:* 6:49AM  
**Muruga:** White    *Sunset:* 5:05PM  
**Nataraja:** Green  
 Moon – Green  
**Pausha\*Thai**

Moon 1 - Phase 38  
 Ashtami

Devaloka Day

Friday, January 20, 2017

Retreat Star

Tula Rasi: 12.46    Tiithi 24

862761366

**Gulika** 8:06AM – 9:23AM  
**Yama** 2:31PM – 3:49PM  
**Rahu** 10:40AM – 11:57AM

Creative Work    Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Svati Nakshatra Shula\* Yoga Tailila Karana Navamyam Titau

Birmingham, AL  
 Sun 7    Sutra 278  
 Durmukha 5118

**Svati** Until 8:24PM  
 Shula\* Until 1:52AM Sat  
 Tailila Until 6:43PM  
**Navami\*** Until 7:58AM Sat

**Ganesha:** Yellow    *Sunrise:* 6:48AM  
**Muruga:** White    *Sunset:* 5:06PM  
**Nataraja:** Green  
 Moon – Green  
**Pausha\*Thai**

Moon 1 - Phase 38  
 Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang

|                  |  |                                   |  |  |                  |   |                        |                        |                    |
|------------------|--|-----------------------------------|--|--|------------------|---|------------------------|------------------------|--------------------|
| <b>1</b>         |  | <b>Saturday, January 21, 2017</b> |  |  |                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam |                        | Birmingham, AL         |                    |
| Tula Rasi: 24.39 |  | Tihti 24 – 25                     |  | Vishakha Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                  | Sun 8   |                        | Sutra 279              |                    |
| Creative Work    |  | Siddha Yoga                       |  | <b>Gulika</b>  | 6:48AM – 8:05AM  | <b>Vishakha</b> Until 11:31PM   | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:48AM | Durmukha 5118      |
|                  |  |                                   |  | Yama   | 1:15PM – 2:32PM  | Ganda* Until 2:41AM Sun   | <b>Muruga:</b> White   | <i>Sunset:</i> 5:07PM  | Moon 1 - Phase 39  |
|                  |  |                                   |  | 872861366 <b>Rahu</b>  | 9:23AM – 10:40AM | Vanija Until 9:16PM   | <b>Nataraja:</b> Green |                        | 2nd Phase          |
|                  |  |                                   |  |  |                  | <b>Navami*</b> Until 7:58AM   | Moon – Orange          |                        | <b>Bhuloka Day</b> |
|                  |  |                                   |  |  |                  |   | <b>Pausha*Thai</b>     |                        |                    |


|                                  |  |                                 |  |   |                  |   |                        |                        |                              |
|----------------------------------|--|---------------------------------|--|---|------------------|---|------------------------|------------------------|------------------------------|
| <b>2</b>                         |  | <b>Sunday, January 22, 2017</b> |  |   |                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam |                        | Birmingham, AL         |                              |
| Vrischika Rasi: 6.32             |  | Tihti 25 – 26                   |  | Anuradha Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                  | Sun 9   |                        | Sutra 280              |                              |
| Routine Work                     |  | Marana Yoga                     |  | <b>Gulika</b>   | 2:33PM – 3:50PM  | <b>Anuradha</b> Until 2:23AM Mon  | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:48AM | Durmukha 5118                |
| Until 2:23AM Mon                 |  |                                 |  | Yama  | 11:58AM – 1:15PM | Vriddhi Until 3:26AM Mon  | <b>Muruga:</b> White   | <i>Sunset:</i> 5:08PM  | Moon 1 - Phase 39            |
| Then Creative Work - Siddha Yoga |  |                                 |  | 872861366 <b>Rahu</b>   | 3:50PM – 5:08PM  | Bava Until 11:42PM  | <b>Nataraja:</b> Green |                        | 2nd Phase                    |
|                                  |  |                                 |  |   |                  | <b>Dashami</b> Until 10:29AM  | Moon – Orange          |                        | <b>Bhuloka Day</b>           |
|                                  |  |                                 |  |   |                  |   | <b>Pausha*Thai</b>     |                        | Devaloka Time: 9:AM to 12:PM |

|                                  |  |                                 |  |   |                   |  |                        |                        |                              |
|----------------------------------|--|---------------------------------|--|---|-------------------|--|------------------------|------------------------|------------------------------|
| <b>3</b>                         |  | <b>Monday, January 23, 2017</b> |  |   |                   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam |                        | Birmingham, AL         |                              |
| Vrischika Rasi: 18.28            |  | Tihti 26 – 27                   |  | Jyeshtha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                   | Sun 10   |                        | Sutra 281              |                              |
| Family Home Evening              |  |                                 |  | <b>Gulika</b>   | 1:16PM – 2:33PM   | <b>Jyeshtha*</b> Until 4:49AM Tue  | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:47AM | Durmukha 5118                |
| Creative Work                    |  | Siddha Yoga                     |  | Yama  | 10:40AM – 11:58AM | Dhruva Until 3:57AM Tue  | <b>Muruga:</b> White   | <i>Sunset:</i> 5:09PM  | Moon 1 - Phase 39            |
| Until 4:49AM Tue                 |  |                                 |  | 872861366 <b>Rahu</b>   | 8:05AM – 9:23AM   | Kaulava Until 1:54AM Tue   | <b>Nataraja:</b> Green |                        | 2nd Phase                    |
| Then Creative Work - Amrita Yoga |  |                                 |  |   |                   | <b>Ekadashi*</b> Until 12:49PM   | Moon – Orange          |                        | <b>Bhuloka Day</b>           |
|                                  |  |                                 |  |   |                   |  | <b>Pausha*Thai</b>     |                        | Devaloka Time: 9:AM to 12:PM |

|                  |  |                                  |  |  |                  |   |                                 |                        |                              |
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| <b>4</b>         |  | <b>Tuesday, January 24, 2017</b> |  |  |                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam |                                 | Birmingham, AL         |                              |
| Dhanus Rasi: 0.3 |  | Tihti 27 – 28                    |  | Mula* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                  | Sun 11  |                                 | Sutra 282              |                              |
| Creative Work    |  | Amrita Yoga                      |  | <b>Gulika</b>  | 11:58AM – 1:16PM | <b>Mula*</b> Until 7:12AM Wed   | <b>Ganesha:</b> Red             | <i>Sunrise:</i> 6:47AM | Durmukha 5118                |
|                  |  |                                  |  | Yama   | 9:22AM – 10:40AM | Vyaghata* Until 4:11AM Wed  | <b>Muruga:</b> White            | <i>Sunset:</i> 5:10PM  | Moon 1 - Phase 39            |
|                  |  |                                  |  | 982861366 <b>Rahu</b>  | 2:34PM – 3:52PM  | Gara Until 3:42AM Wed   | <b>Nataraja:</b> Green          |                        | 2nd Phase                    |
|                  |  |                                  |  |  |                  | <b>Dvadashi*</b> Until 2:50PM   | Moon – Light Blue               |                        | <b>Bhuloka Day</b>           |
|                  |  |                                  |  |  |                  |   | <b>Pausha*Thai</b>              |                        | Devaloka Time: 9:AM to 12:PM |
|                  |  |                                  |  |  |                  |   | <i>Pradosha Vrata (Fasting)</i> |                        |                              |

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| <b>5</b>                         |  | <b>Wednesday, January 25, 2017</b> |  |  |                   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam |                        | Birmingham, AL         |                              |
| Dhanus Rasi: 12.42               |  | Tihti 28 – 29                      |  | Mula*/Purvashadha* Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                   | Sun 12  |                        | Sutra 283              |                              |
| Routine Work                     |  | Marana Yoga                        |  | <b>Gulika</b>  | 10:40AM – 11:58AM | <b>Mula*</b> Until 7:12AM   | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:46AM | Durmukha 5118                |
| Until 7:12AM                     |  |                                    |  | Yama   | 8:04AM – 9:22AM   | Harshana Until 4:06AM Thu   | <b>Muruga:</b> White   | <i>Sunset:</i> 5:11PM  | Moon 1 - Phase 39            |
| Then Creative Work - Amrita Yoga |  |                                    |  | 982861366 <b>Rahu</b>  | 11:58AM – 1:16PM  | Visti Until 5:03AM Thu  | <b>Nataraja:</b> Green |                        | 2nd Phase                    |
|                                  |  |                                    |  |  |                   | <b>Trayodashi*</b> Until 4:25PM   | Moon – Light Blue      |                        | <b>Bhuloka Day</b>           |
|                                  |  |                                    |  |  |                   |   | <b>Pausha*Thai</b>     |                        | Devaloka Time: 9:AM to 12:PM |

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| <b>6</b>                        |  | <b>Thursday, January 26, 2017</b> |  |   |                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam |                        | Birmingham, AL         |                              |
| Dhanus Rasi: 25.06              |  | Tihti 29 – 30                     |  | Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                  | Sun 13   |                        | Sutra 284              |                              |
| Creative Work                   |  | Siddha Yoga                       |  | <b>Gulika</b>   | 9:22AM – 10:40AM | <b>Purvashadha*</b> Until 8:59AM   | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:46AM | Durmukha 5118                |
| Until 8:59AM                    |  |                                   |  | Yama  | 6:46AM – 8:04AM  | Vajra* Until 3:36AM Fri  | <b>Muruga:</b> White   | <i>Sunset:</i> 5:12PM  | Moon 1 - Phase 39            |
| Then Routine Work - Marana Yoga |  |                                   |  | 982861366 <b>Rahu</b>   | 1:17PM – 2:35PM  | Catuspada Until 5:54AM Fri   | <b>Nataraja:</b> Green |                        | 2nd Phase                    |
|                                 |  |                                   |  |   |                  | <b>Chaturdashi*</b> Until 5:31PM   | Moon – Light Blue      |                        | <b>Bhuloka Day</b>           |
|                                 |  |                                   |  |   |                  |  | <b>Pausha*Thai</b>     |                        | Devaloka Time: 9:AM to 12:PM |

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|  |  | <b>Friday, January 27, 2017</b> |  |  |                   | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam |                        | Birmingham, AL         |                              |
| <b>Retreat Star</b>   |  |                                 |  | Uttarashadha/Shravana Nakshatra Siddhi Yoga Naga* Karana Amavasyayam Titau |                   | Sun 14  |                        | Sutra 285              |                              |
| Makara Rasi: 7.43   |  | Tihti 30                        |  | <b>Gulika</b>  | 8:04AM – 9:22AM   | <b>Uttarashadha</b> Until 10:08AM   | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:45AM | Durmukha 5118                |
| Routine Work  |  | Marana Yoga                     |  | Yama   | 2:36PM – 3:54PM   | Siddhi Until 2:44AM Sat   | <b>Muruga:</b> White   | <i>Sunset:</i> 5:12PM  | Moon 1 - Phase 39            |
|   |  |                                 |  | 982861366 <b>Rahu</b>  | 10:40AM – 11:59AM | Naga Until 6:07PM   | <b>Nataraja:</b> Green |                        | Amavasya                     |
|   |  |                                 |  |  |                   | <b>Amavasya*</b> Until 6:07PM   | Moon – Light Blue      |                        | <b>Bhuloka Day</b>           |
|   |  |                                 |  |  |                   |   | <b>Pausha*Thai</b>     |                        | Devaloka Time: 9:AM to 12:PM |

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| <b>7</b>            |  | <b>Saturday, January 28, 2017</b> |  |  |                  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Birmingham, AL         |                              |
| <b>Retreat Star</b> |  |                                   |  | Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau |                  | Sun 15  |                        | Sutra 286              |                              |
| Makara Rasi: 20.33  |  | Tihti 1                           |  | <b>Gulika</b>  | 6:45AM – 8:03AM  | <b>Shravana</b> Until 11:07AM   | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:45AM | Durmukha 5118                |
| Creative Work       |  | Siddha Yoga                       |  | Yama   | 1:18PM – 2:36PM  | Vyatipata* Until 1:31AM Sun   | <b>Muruga:</b> White   | <i>Sunset:</i> 5:13PM  | Moon 1 - Phase 39            |
|                     |  |                                   |  | 992861366 <b>Rahu</b>  | 9:22AM – 10:40AM | Kintughna Until 6:15AM  | <b>Nataraja:</b> Green |                        | Prathama                     |
|                     |  |                                   |  |  |                  | <b>Prathama*</b> Until 6:14PM   | Moon – Purple          |                        | <b>Bhuloka Day</b>           |
|                     |  |                                   |  |  |                  |   | <b>Magha*Thai</b>      |                        | Devaloka Time: 9:AM to 12:PM |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austeriy, faith, truth, chastity and the law. Atharva Veda

|                                  |             |                          |                  |                                 |                        |   |  |                                    |                              |
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| <b>1</b>                         |             | Sunday, January 29, 2017 |                  |                                 |                        | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau |  | Birmingham, AL<br>Sun 16 Sutra 287 |                              |
| Kumbha Rasi: 3.37                | Tithi 2 - 3 | <b>Gulika</b>            | 2:37PM - 3:56PM  | <b>Dhanishtha</b> Until 11:31AM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:44AM  |  | Durmukha 5118                      |                              |
|                                  |             | Yama                     | 11:59AM - 1:18PM | Variyan Until 11:57PM           | <b>Muruga:</b> White   | <i>Sunset:</i> 5:14PM   |  | Moon 1 - Phase 40                  |                              |
|                                  |             | 992861366 <b>Rahu</b>    | 3:56PM - 5:14PM  | Balava Until 6:08AM             | <b>Nataraja:</b> Green |   |  | 3rd Phase                          |                              |
| Routine Work                     | Marana Yoga |                          |                  | Dvitiya Until 5:54PM            | Moon - Purple          |   |  |                                    | <b>Bhuloka Day</b>           |
| Until 11:31AM                    |             |                          |                  |                                 | <b>Magha-Thai</b>      |   |  |                                    | Devaloka Time: 9:AM to 12:PM |
| Then Creative Work - Siddha Yoga |             |                          |                  |                                 |                        |   |  |                                    |                              |

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| <b>2</b>                        |             | Monday, January 30, 2017 |                   |                                   |                        | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |  | Birmingham, AL<br>Sun 17 Sutra 288 |                              |
| Kumbha Rasi: 16.55              | Tithi 3 - 4 | <b>Gulika</b>            | 1:18PM - 2:37PM   | <b>Shatabhishak</b> Until 11:22AM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:43AM   |  | Durmukha 5118                      |                              |
| <b>Family Home Evening</b>      |             | Yama                     | 10:40AM - 11:59AM | Parigha* Until 10:06PM            | <b>Muruga:</b> White   | <i>Sunset:</i> 5:15PM  |  | Moon 1 - Phase 40                  |                              |
| Creative Work                   | Siddha Yoga | 992861366 <b>Rahu</b>    | 8:02AM - 9:21AM   | Vanija Until 4:43AM Tue           | <b>Nataraja:</b> Green |  |  | 3rd Phase                          |                              |
| Until 11:22AM                   |             |                          |                   | Tritiya Until 5:11PM              | Moon - Purple          |  |  |                                    | <b>Bhuloka Day</b>           |
| Then Routine Work - Marana Yoga |             |                          |                   |                                   | <b>Magha-Thai</b>      |  |  |                                    | Devaloka Time: 9:AM to 12:PM |

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| <b>3</b>                         |             | Tuesday, January 31, 2017 |                  |  |                        | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  | Birmingham, AL<br>Sun 18 Sutra 289 |                     |
| Meena Rasi: 0.23                 | Tithi 4 - 5 | <b>Gulika</b>             | 12:00PM - 1:19PM | <b>Purvaproshtapada*</b> Until 11:10AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:43AM   |  | Durmukha 5118                      |                     |
|                                  |             | Yama                      | 9:21AM - 10:40AM | Shiva Until 8:01PM                     | <b>Muruga:</b> White   | <i>Sunset:</i> 5:16PM  |  | Moon 1 - Phase 40                  |                     |
|                                  |             | 912861366 <b>Rahu</b>     | 2:38PM - 3:57PM  | Bava Until 3:30AM Wed                  | <b>Nataraja:</b> Green |  |  | 3rd Phase                          |                     |
| Routine Work                     | Marana Yoga |                           |                  | Chaturthi* Until 4:08PM                | Moon - Clear           |  |  |                                    | <b>Devaloka Day</b> |
| Until 11:10AM                    |             |                           |                  |  | <b>Magha-Thai</b>      |  |  |                                    |                     |
| Then Creative Work - Amrita Yoga |             |                           |                  |  |                        |  |  |                                    |                     |

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| <b>4</b>                        |             | Wednesday, February 1, 2017 |                   |  |                        | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  | Birmingham, AL<br>Sun 19 Sutra 290 |                     |
| Meena Rasi: 14.04               | Tithi 5 - 6 | <b>Gulika</b>               | 10:40AM - 12:00PM | <b>Uttaraproshtapada</b> Until 10:32AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:43AM   |  | Durmukha 5118                      |                     |
|                                 |             | Yama                        | 8:02AM - 9:21AM   | Siddha Until 5:40PM                    | <b>Muruga:</b> White   | <i>Sunset:</i> 5:16PM  |  | Moon 1 - Phase 40                  |                     |
|                                 |             | 912861366 <b>Rahu</b>       | 12:00PM - 1:19PM  | Kaulava Until 2:01AM Thu               | <b>Nataraja:</b> Green |  |  | 3rd Phase                          |                     |
| Creative Work                   | Siddha Yoga |                             |                   | Panchami Until 2:46PM                  | Moon - Clear           |  |  |                                    | <b>Devaloka Day</b> |
| Until 10:32AM                   |             |                             |                   |  | <b>Magha-Thai</b>      |  |  |                                    |                     |
| Then Routine Work - Marana Yoga |             |                             |                   |  |                        |  |  |                                    |                     |

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| <b>5</b>                         |             | Thursday, February 2, 2017 |                  |                            |                        | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |  | Birmingham, AL<br>Sun 20 Sutra 291 |                     |
| Meena Rasi: 27.53                | Tithi 6 - 7 | <b>Gulika</b>              | 9:21AM - 10:40AM | <b>Revati</b> Until 9:29AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:42AM   |  | Durmukha 5118                      |                     |
|                                  |             | Yama                       | 6:42AM - 8:02AM  | Sadhya Until 3:08PM        | <b>Muruga:</b> White   | <i>Sunset:</i> 5:17PM  |  | Moon 1 - Phase 40                  |                     |
|                                  |             | 912861366 <b>Rahu</b>      | 1:19PM - 2:39PM  | Gara Until 12:17AM Fri     | <b>Nataraja:</b> Green |  |  | 3rd Phase                          |                     |
| Creative Work                    | Siddha Yoga |                            |                  | Shashthi* Until 1:10PM     | Moon - Clear           |  |  |                                    | <b>Devaloka Day</b> |
| Until 9:29AM                     |             |                            |                  |                            | <b>Magha-Thai</b>      |  |  |                                    |                     |
| Then Creative Work - Amrita Yoga |             |                            |                  |                            |                        |  |  |                                    |                     |

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| <b>Retreat Star</b>              |             | Friday, February 3, 2017 |                   |                             |                        | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |  | Birmingham, AL<br>Sun 21 Sutra 292 |                    |
| Mesha Rasi: 11.52                | Tithi 7 - 8 | <b>Gulika</b>            | 8:01AM - 9:21AM   | <b>Ashvini</b> Until 8:29AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:41AM  |  | Durmukha 5118                      |                    |
|                                  |             | Yama                     | 2:39PM - 3:59PM   | Subha Until 12:25PM         | <b>Muruga:</b> White   | <i>Sunset:</i> 5:18PM   |  | Moon 1 - Phase 40                  |                    |
|                                  |             | 923861367 <b>Rahu</b>    | 10:40AM - 12:00PM | Visti Until 10:20PM         | <b>Nataraja:</b> White |   |  | Ashtami                            |                    |
| Creative Work                    | Amrita Yoga |                          |                   | Saptami Until 11:19AM       | Moon - White           |   |  |                                    | <b>Bhuloka Day</b> |
| Until 8:29AM                     |             |                          |                   |                             | <b>Magha-Thai</b>      |   |  |                                    |                    |
| Then Creative Work - Siddha Yoga |             |                          |                   |                             |                        |   |  |                                    |                    |

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| <b>Retreat Star</b>              |             | Saturday, February 4, 2017 |                  |                             |                        | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau |  | Birmingham, AL<br>Sun 22 Sutra 293 |                    |
| Mesha Rasi: 25.58                | Tithi 8 - 9 | <b>Gulika</b>              | 6:41AM - 8:01AM  | <b>Bharani</b> Until 7:09AM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:41AM   |  | Durmukha 5118                      |                    |
|                                  |             | Yama                       | 1:20PM - 2:40PM  | Sukla Until 9:32AM          | <b>Muruga:</b> White   | <i>Sunset:</i> 5:19PM  |  | Moon 1 - Phase 40                  |                    |
|                                  |             | 923861367 <b>Rahu</b>      | 9:20AM - 10:40AM | Balava Until 8:12PM         | <b>Nataraja:</b> White |  |  | Navami                             |                    |
| Creative Work                    | Siddha Yoga |                            |                  | Ashtami* Until 9:16AM       | Moon - White           |  |  |                                    | <b>Bhuloka Day</b> |
| Until 7:09AM                     |             |                            |                  |                             | <b>Magha-Thai</b>      |  |  |                                    |                    |
| Then Creative Work - Amrita Yoga |             |                            |                  |                             |                        |  |  |                                    |                    |

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| <b>1 Sunday, February 5, 2017</b>  |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                |                        | Birmingham, AL         |                             |
| Rohini Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Navami/Dashmyam Titau |  | Sun 23 Sutra 294  |                                | Durumukha 5118         |                        |                             |
| 933861367  |  | <b>Gulika</b> 2:40PM – 4:00PM   | <b>Rohini</b> Until 4:02AM Mon | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:40AM |                             |
| Vrishabha Rasi: 10.12 Tithi 9 – 10   |  | Yama 12:00PM – 1:20PM   | Brahma Until 6:32AM            | <b>Muruga:</b> White   | <i>Sunset:</i> 5:20PM  | Moon 1 - Phase 41           |
| Creative Work Siddha Yoga  |  | <b>Rahu</b> 4:00PM – 5:20PM   | Gara Until 4:44AM Mon          | <b>Nataraja:</b> White |                        | 4th Phase                   |
| Until 4:02AM Mon   |  |   | <b>Navami*</b> Until 7:04AM    | Moon – Yellow          |                        |                             |
| Then Creative Work - Amrita Yoga   |  |   |                                | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b>          |
|  |  |   |                                |                        |                        | Devaloka Time: 6:AM to 9:AM |

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| <b>2 Monday, February 6, 2017</b>  |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam |                                    |                        | Birmingham, AL         |                             |
| Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau |  | Sun 24 Sutra 295   |                                    | Durumukha 5118         |                        |                             |
| 933861367  |  | <b>Gulika</b> 1:20PM – 2:41PM  | <b>Mrigashira</b> Until 2:23AM Tue | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:39AM |                             |
| Vrishabha Rasi: 24.29 Tithi 11   |  | Yama 10:40AM – 12:00PM   | Vaidhriti* Until 12:18AM Tue       | <b>Muruga:</b> White   | <i>Sunset:</i> 5:21PM  | Moon 1 - Phase 41           |
| Family Home Evening  |  | <b>Rahu</b> 7:59AM – 9:20AM  | Vanija Until 3:35PM                | <b>Nataraja:</b> White |                        | 4th Phase                   |
| Creative Work Amrita Yoga  |  |  | <b>Ekadashi</b> Until 2:23AM Tue   | Moon – Yellow          |                        |                             |
| Until 2:23AM Tue   |  |  |                                    | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b>          |
| Then Routine Work - Marana Yoga  |  |  |                                    |                        |                        | Devaloka Time: 6:AM to 9:AM |

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|--|--|---|-----------------------------------|------------------------|------------------------|-----------------------------|
| <b>3 Tuesday, February 7, 2017</b>                                   |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam |                                   |                        | Birmingham, AL         |                             |
| Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau |  | Sun 25 Sutra 296  |                                   | Durumukha 5118         |                        |                             |
| 933861367  |  | <b>Gulika</b> 12:00PM – 1:21PM  | <b>Ardra</b> Until 12:38AM Wed    | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:38AM |                             |
| Mithuna Rasi: 8.49 Tithi 12  |  | Yama 9:19AM – 10:40AM   | Vishkambha* Until 9:11PM          | <b>Muruga:</b> White   | <i>Sunset:</i> 5:22PM  | Moon 1 - Phase 41           |
| Routine Work Marana Yoga   |  | <b>Rahu</b> 2:41PM – 4:02PM   | Bava Until 1:14PM                 | <b>Nataraja:</b> White |                        | 4th Phase                   |
| Until 12:38AM Wed  |  |   | <b>Dvadashi</b> Until 12:04AM Wed | Moon – Yellow          |                        |                             |
| Then Creative Work - Siddha Yoga                                     |  |   |                                   | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b>          |
|  |  |   |                                   |                        |                        | Devaloka Time: 6:AM to 9:AM |

|  |  |   |                                |                        |                        |                    |
|--|--|---|--------------------------------|------------------------|------------------------|--------------------|
| <b>4 Wednesday, February 8, 2017</b>                                     |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam |                                |                        | Birmingham, AL         |                    |
| Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau |  | Sun 26 Sutra 297  |                                | Durumukha 5118         |                        |                    |
| 933861367  |  | <b>Gulika</b> 10:40AM – 12:00PM   | <b>Punarvasu</b> Until 11:19PM | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:38AM |                    |
| Mithuna Rasi: 23.05 Tithi 13   |  | Yama 7:58AM – 9:19AM  | Priti Until 6:13PM             | <b>Muruga:</b> White   | <i>Sunset:</i> 5:23PM  | Moon 1 - Phase 41  |
| Creative Work Siddha Yoga  |  | <b>Rahu</b> 12:00PM – 1:21PM  | Kaulava Until 10:59AM          | <b>Nataraja:</b> White |                        | 4th Phase          |
|  |  |   | <b>Trayodashi</b> Until 9:54PM | Moon – Blue            |                        |                    |
|  |  |   | <i>Pradosha Vrata</i>          | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b> |
|  |  |   |                                |                        |                        |                    |

|  |  |  |                                  |                        |                        |                    |
|--|--|--|----------------------------------|------------------------|------------------------|--------------------|
| <b>5 Thursday, February 9, 2017</b>  |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam |                                  |                        | Birmingham, AL         |                    |
| Pushya Nakshatra Ayushmani/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau |  | Sun 27 Sutra 298   |                                  | Durumukha 5118         |                        |                    |
| 933861367  |  | <b>Gulika</b> 9:19AM – 10:39AM   | <b>Pushya</b> Until 10:08PM      | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:37AM |                    |
| Kataka Rasi: 7.15 Tithi 14   |  | Yama 6:37AM – 7:58AM   | Ayushmani Until 3:25PM           | <b>Muruga:</b> White   | <i>Sunset:</i> 5:24PM  | Moon 1 - Phase 41  |
| Creative Work Amrita Yoga  |  | <b>Rahu</b> 1:21PM – 2:42PM  | Gara Until 8:56AM                | <b>Nataraja:</b> White |                        | 4th Phase          |
| Until 10:08PM  |  |  | <b>Chaturdashi*</b> Until 8:01PM | Moon – Blue            |                        |                    |
| Then Creative Work - Siddha Yoga   |  | <b>Thai Pusam</b>  |                                  | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b> |
|  |  |  |                                  |                        |                        |                    |

|  |  |   |                               |                        |                        |                    |
|--|--|---|-------------------------------|------------------------|------------------------|--------------------|
| <b>Friday, February 10, 2017</b>   |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam |                               |                        | Birmingham, AL         |                    |
| Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau |  | Sutra 299   |                               | Durumukha 5118         |                        |                    |
| 933861367  |  | <b>Gulika</b> 7:57AM – 9:18AM   | <b>Ashlesha*</b> Until 9:13PM | <b>Ganesh:</b> Purple  | <i>Sunrise:</i> 6:36AM |                    |
| Kataka Rasi: 21.12 Tithi 15  |  | Yama 2:43PM – 4:04PM  | Saubhagya Until 12:55PM       | <b>Muruga:</b> White   | <i>Sunset:</i> 5:25PM  | Moon 1 - Phase 41  |
| Routine Work Marana Yoga   |  | <b>Rahu</b> 10:39AM – 12:00PM   | Visti Until 7:14AM            | <b>Nataraja:</b> White |                        | Purnima            |
|  |  |   | <b>Purnima*</b> Until 6:31PM  | Moon – Blue            |                        |                    |
|  |  |   |                               | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b> |
|  |  |   |                               |                        |                        |                    |

|   |  |   |                               |                        |                        |                             |
|---|--|---|-------------------------------|------------------------|------------------------|-----------------------------|
| <b>Saturday, February 11, 2017</b>  |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam |                               |                        | Birmingham, AL         |                             |
| Magha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |  | Sutra 300   |                               | Durumukha 5118         |                        |                             |
| 953861367   |  | <b>Gulika</b> 6:35AM – 7:56AM   | <b>Magha*</b> Until 9:06PM    | <b>Ganesh:</b> Clear   | <i>Sunrise:</i> 6:35AM |                             |
| Simha Rasi: 4.53 Tithi 16 – 17  |  | Yama 1:22PM – 2:43PM  | Sobhana Until 10:50AM         | <b>Muruga:</b> White   | <i>Sunset:</i> 5:26PM  | Moon 1 - Phase 41           |
| Creative Work Amrita Yoga   |  | <b>Rahu</b> 9:18AM – 10:39AM  | Taitila Until 5:17AM Sun      | <b>Nataraja:</b> White |                        | Prathama                    |
| Until 9:06PM  |  |   | <b>Prathama*</b> Until 5:32PM | Moon – Red             |                        |                             |
| Then Creative Work - Siddha Yoga  |  | <b>Penumbral Lunar Eclipse</b>  |                               | <b>Magha-Thai</b>      |                        | <b>Bhuloka Day</b>          |
|   |  |   |                               |                        |                        | Devaloka Time: 6:AM to 9:AM |





Sunday, February 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birmingham, AL

Sun 1 Sutra 301

Durmukha 5118

Simha Rasi: 18.14 Tihi 17 - 18

953861367 **Rahu** 4:05PM - 5:27PM

**Gulika** 2:44PM - 4:05PM

**Yama** 12:00PM - 1:22PM

**Purvaphalguni Until 9:26PM**

**Athiganda\* Until 9:10AM**

**Vanija Until 5:14AM Mon**

**Dvitiya Until 5:09PM**

**Ganesha:** Clear

*Sunrise:* 6:34AM

**Muruga:** White

*Sunset:* 5:27PM

**Nataraja:** White

Moon - Red

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 9:26PM

Then Creative Work - Amrita Yoga

1

Monday, February 13, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Birmingham, AL

Sun 2 Sutra 302

Durmukha 5118

Kanya Rasi: 1.16 Tihi 18 - 19

953861367 **Rahu** 7:55AM - 9:17AM

**Gulika** 1:22PM - 2:44PM

**Yama** 10:39AM - 12:00PM

**Uttaraphalguni Until 10:15PM**

**Sukarma Until 8:01AM**

**Bava Until 5:51AM Tue**

**Tritiya Until 5:26PM**

**Ganesha:** Clear

*Sunrise:* 6:33AM

**Muruga:** White

*Sunset:* 5:28PM

**Nataraja:** White

Moon - Red

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 9:26PM

Then Creative Work - Amrita Yoga

2

Tuesday, February 14, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava Karana Chaturthiyam Titau

Birmingham, AL

Sun 3 Sutra 303

Durmukha 5118

Kanya Rasi: 13.58 Tihi 19

963861367 **Rahu** 2:44PM - 4:07PM

**Gulika** 12:00PM - 1:22PM

**Yama** 9:16AM - 10:38AM

**Hasta Until 12:01AM Wed**

**Dhriti Until 7:24AM**

**Balava Until 6:23PM**

**Chaturthi\* Until 6:23PM**

**Ganesha:** White

*Sunrise:* 6:32AM

**Muruga:** White

*Sunset:* 5:29PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

**Maha Sankatahara Chaturthi**

Until 9:26PM

Then Creative Work - Amrita Yoga

3

Wednesday, February 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Birmingham, AL

Sun 4 Sutra 304

Durmukha 5118

Kanya Rasi: 26.23 Tihi 20

963861367 **Rahu** 12:00PM - 1:23PM

**Gulika** 10:38AM - 12:00PM

**Yama** 7:54AM - 9:16AM

**Chitra Until 2:12AM Thu**

**Shula\* Until 7:15AM**

**Kaulava Until 7:06AM**

**Panchami Until 7:56PM**

**Ganesha:** White

*Sunrise:* 6:31AM

**Muruga:** White

*Sunset:* 5:29PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 2:12AM Thu

Then Creative Work - Amrita Yoga

4

Thursday, February 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Birmingham, AL

Sun 5 Sutra 305

Durmukha 5118

Tula Rasi: 8.34 Tihi 21

963961367 **Rahu** 1:23PM - 2:45PM

**Gulika** 9:15AM - 10:38AM

**Yama** 6:30AM - 7:53AM

**Svati Until 4:37AM Fri**

**Ganda\* Until 7:31AM**

**Gara Until 8:55AM**

**Shashthi\* Until 9:58PM**

**Ganesha:** Yellow

*Sunrise:* 6:30AM

**Muruga:** White

*Sunset:* 5:30PM

**Nataraja:** White

Moon - Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 4:37AM Fri

Then Creative Work - Siddha Yoga

5

Friday, February 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Birmingham, AL

Sun 6 Sutra 306

Durmukha 5118

Tula Rasi: 20.35 Tihi 22

974971367 **Rahu** 10:38AM - 12:00PM

**Gulika** 7:52AM - 9:15AM

**Yama** 2:46PM - 4:09PM

**Vishakha Until 7:38AM Sat**

**Vridhhi Until 8:07AM**

**Visti Until 11:08AM**

**Saptami Until 12:18AM Sat**

**Ganesha:** Yellow

*Sunrise:* 6:29AM

**Muruga:** Yellow

*Sunset:* 5:31PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

6

Saturday, February 18, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Birmingham, AL

Sun 7 Sutra 307

Durmukha 5118

Vrischika Rasi: 2.31 Tihi 23

974971367 **Rahu** 9:14AM - 10:37AM

**Gulika** 6:28AM - 7:51AM

**Yama** 1:23PM - 2:46PM

**Vishakha Until 7:38AM**

**Dhruva Until 8:52AM**

**Balava Until 1:33PM**

**Ashtami\* Until 2:46AM Sun**

**Ganesha:** Yellow

*Sunrise:* 6:28AM

**Muruga:** Yellow

*Sunset:* 5:32PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Sunday, February 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Birmingham, AL

Sun 8 Sutra 308

Durmukha 5118

Vrischika Rasi: 14.25 Tihi 24

974971367 **Rahu** 4:10PM - 5:33PM

**Gulika** 2:47PM - 4:10PM

**Yama** 12:00PM - 1:23PM

**Anuradha Until 10:32AM**

**Vyaghata\* Until 9:40AM**

**Taitila Until 3:59PM**

**Navami\* Until 5:07AM Mon**

**Ganesha:** Yellow

*Sunrise:* 6:27AM

**Muruga:** Yellow

*Sunset:* 5:33PM

**Nataraja:** White

Moon - Orange

**Magha-Masi**

**Devaloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|          |  |                       |  |   |   |   |   |
|----------|--|-----------------------|--|---|---|---|---|
| <b>1</b> | <b>Monday, February 20, 2017</b>   |                       | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Vanija Karana Dashamyam Titau |   |   |   | Birmingham, AL<br>Sun 9 Sutra 309   |
|          | Vrischika Rasi: 26.2<br>Family Home Evening<br>Creative Work Siddha Yoga | Tihti 25<br>984971367 | Gulika<br>Yama<br>Rahu   | 1:24PM – 2:47PM<br>10:37AM – 12:00PM<br>7:50AM – 9:13AM | Jyeshtha* Until 1:07PM<br>Harshana Until 10:22AM<br>Vanija Until 6:14PM<br>Dashami Until 7:12AM Tue | Ganesha: Yellow<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Orange<br>Magha-Masi | Sunrise: 6:26AM<br>Sunset: 5:34PM<br>Moon 2 - Phase 43<br>2nd Phase<br>Devaloka Day |

|          |  |                            |  |   |   |   |  |
|----------|--|----------------------------|--|---|---|---|--|
| <b>2</b> | <b>Tuesday, February 21, 2017</b>  |                            | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |   |   |   | Birmingham, AL<br>Sun 10 Sutra 310   |
|          | Dhanus Rasi: 8.24<br>Creative Work Amrita Yoga<br>Until 3:42PM<br>Then Creative Work - Siddha Yoga | Tihti 25 – 26<br>984971367 | Gulika<br>Yama<br>Rahu   | 12:00PM – 1:24PM<br>9:13AM – 10:36AM<br>2:47PM – 4:11PM | Mula* Until 3:42PM<br>Vajra* Until 10:48AM<br>Bava Until 8:05PM<br>Dashami Until 7:12AM | Ganesha: Blue<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Light Blue<br>Magha-Masi | Sunrise: 6:25AM<br>Sunset: 5:35PM<br>Moon 2 - Phase 43<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |

|          |   |                            |   |  |   |   |  |
|----------|---|----------------------------|---|--|---|---|--|
| <b>3</b> | <b>Wednesday, February 22, 2017</b>             |                            | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |  |   |   | Birmingham, AL<br>Sun 11 Sutra 311   |
|          | Dhanus Rasi: 20.38<br>Creative Work Amrita Yoga | Tihti 26 – 27<br>984971367 | Gulika<br>Yama<br>Rahu  | 10:36AM – 12:00PM<br>7:48AM – 9:12AM<br>12:00PM – 1:24PM | Purvashadha* Until 5:38PM<br>Siddhi Until 10:52AM<br>Kaulava Until 9:24PM<br>Ekadashi* Until 8:48AM | Ganesha: Blue<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Light Blue<br>Magha-Masi | Sunrise: 6:24AM<br>Sunset: 5:36PM<br>Moon 2 - Phase 43<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |

|          |   |                            |  |  |  |   |  |
|----------|---|----------------------------|--|--|--|---|--|
| <b>4</b> | <b>Thursday, February 23, 2017</b>  |                            | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Tailala/Gara Karana Dvodashi/Trayodashyam Titau |  |  |   | Birmingham, AL<br>Sun 12 Sutra 312   |
|          | Makara Rasi: 3.07<br>Routine Work Marana Yoga<br>Until 6:49PM<br>Then Creative Work - Siddha Yoga | Tihti 27 – 28<br>984971367 | Gulika<br>Yama<br>Rahu   | 9:11AM – 10:36AM<br>6:23AM – 7:47AM<br>1:24PM – 2:48PM | Uttarashadha Until 6:49PM<br>Vyatipata* Until 10:31AM<br>Gara Until 10:05PM<br>Dvodashi* Until 9:48AM<br><i>Pradosha Vrata (Fasting)</i> | Ganesha: Blue<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Light Blue<br>Magha-Masi | Sunrise: 6:23AM<br>Sunset: 5:37PM<br>Moon 2 - Phase 43<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |

|          |  |                            |   |   |   |   |  |
|----------|--|----------------------------|---|---|---|---|--|
| <b>5</b> | <b>Friday, February 24, 2017</b>   |                            | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |   |   |   | Birmingham, AL<br>Sun 13 Sutra 313   |
|          | Makara Rasi: 15.54<br>Routine Work Marana Yoga<br>Until 7:41PM<br>Then Creative Work - Siddha Yoga | Tihti 28 – 29<br>994971367 | Gulika<br>Yama<br>Rahu  | 7:46AM – 9:11AM<br>2:49PM – 4:13PM<br>10:35AM – 12:00PM | Shravana Until 7:41PM<br>Variyan Until 9:38AM<br>Visti Until 10:07PM<br>Trayodashi* Until 10:10AM | Ganesha: Blue<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Purple<br>Magha-Masi | Sunrise: 6:22AM<br>Sunset: 5:37PM<br>Moon 2 - Phase 43<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |

|          |                                    |  |   |                            |                        |  |   |   |   |
|----------|------------------------------------|--|---|----------------------------|------------------------|--|---|---|---|
| <b>●</b> | <b>Saturday, February 25, 2017</b> |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Dhanishtha Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                            |                        |  | Birmingham, AL<br>Sun 14 Sutra 314  |   |   |
|          | <b>Retreat Star</b>                |  | Makara Rasi: 28.59<br>Creative Work Siddha Yoga<br>Until 7:46PM<br>Then Creative Work - Amrita Yoga   | Tihti 29 – 30<br>994971367 | Gulika<br>Yama<br>Rahu | 6:21AM – 7:45AM<br>1:24PM – 2:49PM<br>9:10AM – 10:35AM | Dhanishtha Until 7:46PM<br>Parigha* Until 8:15AM<br>Catuspada Until 9:31PM<br>Chaturdashi* Until 9:53AM | Ganesha: Blue<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Purple<br>Magha-Masi | Sunrise: 6:21AM<br>Sunset: 5:38PM<br>Moon 2 - Phase 43<br>Amavasya<br>Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |

|          |                                  |  |  |                           |                        |  |   |  |   |
|----------|----------------------------------|--|--|---------------------------|------------------------|--|---|--|---|
| <b>●</b> | <b>Sunday, February 26, 2017</b> |  | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                           |                        |  | Birmingham, AL<br>Sun 15 Sutra 315  |  |   |
|          | <b>Retreat Star</b>              |  | Kumbha Rasi: 12.25<br>Creative Work Siddha Yoga  | Tihti 30 – 1<br>994971367 | Gulika<br>Yama<br>Rahu | 2:49PM – 4:14PM<br>11:59AM – 1:24PM<br>4:14PM – 5:39PM | Shatabhishak Until 7:09PM<br>Shiva Until 6:25AM<br>Kintughna Until 8:22PM<br>Amavasya* Until 8:59AM | Ganesha: Blue<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Purple<br>Phalguna-Masi | Sunrise: 6:19AM<br>Sunset: 5:39PM<br>Moon 2 - Phase 43<br>Prathama<br>Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |

|                                  |             |                                  |                   |                                       |                        |   |   |
|----------------------------------|-------------|----------------------------------|-------------------|---------------------------------------|------------------------|---|---|
| <b>1</b>                         |             | <b>Monday, February 27, 2017</b> |                   |                                       |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Sadya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Birmingham, AL<br>Sun 16 Sutra 316<br>Durmukha 5118 |
| Kumbha Rasi: 26.08               | Tithi 1 – 2 | <b>Gulika</b>                    | 1:24PM – 2:50PM   | <b>Purvaproshtapada* Until 6:23PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:18AM  |   |
| <b>Family Home Evening</b>       | 914971367   | Yama                             | 10:34AM – 11:59AM | Sadhya Until 1:34AM Tue               | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 5:40PM   |   |
| Routine Work                     | Marana Yoga | <b>Rahu</b>                      | 7:44AM – 9:09AM   | Balava Until 6:45PM                   | <b>Nataraja:</b> White | Moon 2 - Phase 44   |   |
| Until 6:23PM                     |             |                                  |                   | <b>Prathama* Until 7:35AM</b>         | Moon – Clear           | 3rd Phase   |   |
| Then Creative Work - Siddha Yoga |             |                                  |                   |                                       | <b>Phalguna-Masi</b>   | <b>Devaloka Day</b>   |   |

|                                  |             |                                   |                  |                                       |                        |   |   |
|----------------------------------|-------------|-----------------------------------|------------------|---------------------------------------|------------------------|---|---|
| <b>2</b>                         |             | <b>Tuesday, February 28, 2017</b> |                  |                                       |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau | Birmingham, AL<br>Sun 17 Sutra 317<br>Durmukha 5118 |
| Meena Rasi: 10.06                | Tithi 3     | <b>Gulika</b>                     | 11:59AM – 1:24PM | <b>Uttaraproshtapada Until 5:09PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:17AM  |   |
|                                  | 914971367   | Yama                              | 9:08AM – 10:33AM | Subha Until 10:45PM                   | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 5:41PM   |   |
| Creative Work                    | Amrita Yoga | <b>Rahu</b>                       | 2:50PM – 4:15PM  | Tailila Until 4:48PM                  | <b>Nataraja:</b> White | Moon 2 - Phase 44   |   |
| Until 5:09PM                     |             |                                   |                  | <b>Tritiya Until 3:43AM Wed</b>       | Moon – Clear           | 3rd Phase   |   |
| Then Creative Work - Siddha Yoga |             |                                   |                  |                                       | <b>Phalguna-Masi</b>   | <b>Devaloka Day</b>   |   |

|                   |             |                                 |                   |                                    |                        |  |   |
|-------------------|-------------|---------------------------------|-------------------|------------------------------------|------------------------|--|---|
| <b>3</b>          |             | <b>Wednesday, March 1, 2017</b> |                   |                                    |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau | Birmingham, AL<br>Sun 18 Sutra 318<br>Durmukha 5118 |
| Meena Rasi: 24.15 | Tithi 4     | <b>Gulika</b>                   | 10:33AM – 11:59AM | <b>Revati Until 3:32PM</b>         | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:15AM   |   |
|                   | 915971367   | Yama                            | 7:41AM – 9:07AM   | Sukla Until 7:45PM                 | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 5:42PM  |   |
| Routine Work      | Marana Yoga | <b>Rahu</b>                     | 11:59AM – 1:25PM  | Vanija Until 2:38PM                | <b>Nataraja:</b> White | Moon 2 - Phase 44  |   |
|                   |             |                                 |                   | <b>Chaturthi* Until 1:29AM Thu</b> | Moon – Clear           | 3rd Phase  |   |
|                   |             |                                 |                   |                                    | <b>Phalguna-Masi</b>   | <b>Sivaloka Day</b>  |   |
|                   |             |                                 |                   |                                    |                        | <b>Subramuniyaswami Siva Vision Day</b>  |   |

|                                  |             |                                |                  |                               |                        |   |   |
|----------------------------------|-------------|--------------------------------|------------------|-------------------------------|------------------------|---|---|
| <b>4</b>                         |             | <b>Thursday, March 2, 2017</b> |                  |                               |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau | Birmingham, AL<br>Sun 19 Sutra 319<br>Durmukha 5118 |
| Mesha Rasi: 8.3                  | Tithi 5     | <b>Gulika</b>                  | 9:06AM – 10:32AM | <b>Ashvini Until 2:06PM</b>   | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:14AM  |   |
|                                  | 925971367   | Yama                           | 6:14AM – 7:40AM  | Brahma Until 4:42PM           | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 5:43PM   |   |
| Creative Work                    | Amrita Yoga | <b>Rahu</b>                    | 1:25PM – 2:51PM  | Bava Until 12:21PM            | <b>Nataraja:</b> White | Moon 2 - Phase 44   |   |
| Until 2:06PM                     |             |                                |                  | <b>Panchami Until 11:10PM</b> | Moon – White           | 3rd Phase   |   |
| Then Creative Work - Siddha Yoga |             |                                |                  |                               | <b>Phalguna-Masi</b>   | <b>Devaloka Day</b>   |   |

|                   |             |                              |                   |                               |                        |   |   |
|-------------------|-------------|------------------------------|-------------------|-------------------------------|------------------------|---|---|
| <b>5</b>          |             | <b>Friday, March 3, 2017</b> |                   |                               |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Shashthyam Titau | Birmingham, AL<br>Sun 20 Sutra 320<br>Durmukha 5118 |
| Mesha Rasi: 22.47 | Tithi 6     | <b>Gulika</b>                | 7:39AM – 9:05AM   | <b>Bharani Until 12:30PM</b>  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:12AM  |   |
|                   | 925971367   | Yama                         | 2:51PM – 4:18PM   | Indra Until 1:39PM            | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 5:44PM   |   |
| Creative Work     | Siddha Yoga | <b>Rahu</b>                  | 10:32AM – 11:58AM | Kaulava Until 10:02AM         | <b>Nataraja:</b> White | Moon 2 - Phase 44   |   |
|                   |             |                              |                   | <b>Shashthi* Until 8:52PM</b> | Moon – White           | 3rd Phase   |   |
|                   |             |                              |                   |                               | <b>Phalguna-Masi</b>   | <b>Devaloka Day</b>   |   |

|                     |             |                                |                  |                               |                        |   |   |
|---------------------|-------------|--------------------------------|------------------|-------------------------------|------------------------|---|---|
| <b>6</b>            |             | <b>Saturday, March 4, 2017</b> |                  |                               |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau | Birmingham, AL<br>Sun 21 Sutra 321<br>Durmukha 5118 |
| Vrisabha Rasi: 7.02 | Tithi 7     | <b>Gulika</b>                  | 6:11AM – 7:38AM  | <b>Krittika Until 10:50AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:11AM  |   |
|                     | 125971367   | Yama                           | 1:25PM – 2:51PM  | Vaidhriti* Until 10:37AM      | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 5:45PM   |   |
| Creative Work       | Amrita Yoga | <b>Rahu</b>                    | 9:05AM – 10:31AM | Gara Until 7:46AM             | <b>Nataraja:</b> White | Moon 2 - Phase 44   |   |
|                     |             |                                |                  | <b>Saptami Until 6:39PM</b>   | Moon – White           | 3rd Phase   |   |
|                     |             |                                |                  |                               | <b>Phalguna-Masi</b>   | <b>Devaloka Day</b>   |   |

|                      |             |                              |                  |                              |                        |   |   |
|----------------------|-------------|------------------------------|------------------|------------------------------|------------------------|---|---|
| <b>Retreat Star</b>  |             | <b>Sunday, March 5, 2017</b> |                  |                              |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Birmingham, AL<br>Sun 22 Sutra 322<br>Durmukha 5118 |
| Vrisabha Rasi: 21.14 | Tithi 8 – 9 | <b>Gulika</b>                | 2:52PM – 4:19PM  | <b>Rohini Until 9:32AM</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:10AM  |   |
|                      | 135971367   | Yama                         | 11:58AM – 1:25PM | Vishkambha* Until 7:42AM     | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 5:46PM   |   |
| Creative Work        | Siddha Yoga | <b>Rahu</b>                  | 4:19PM – 5:46PM  | Balava Until 3:35AM Mon      | <b>Nataraja:</b> White | Moon 2 - Phase 44   |   |
|                      |             |                              |                  | <b>Ashtami* Until 4:33PM</b> | Moon – Yellow          | Ashtami   |   |
|                      |             |                              |                  |                              | <b>Phalguna-Masi</b>   | <b>Sivaloka Day</b>   |   |

|                                  |              |                              |                   |                                |                        |  |   |
|----------------------------------|--------------|------------------------------|-------------------|--------------------------------|------------------------|--|---|
| <b>Retreat Star</b>              |              | <b>Monday, March 6, 2017</b> |                   |                                |                        | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ayushman Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau | Birmingham, AL<br>Sun 23 Sutra 323<br>Durmukha 5118 |
| Mithuna Rasi: 5.2                | Tithi 9 – 10 | <b>Gulika</b>                | 1:25PM – 2:52PM   | <b>Mrigashira Until 8:16AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:09AM   |   |
| <b>Family Home Evening</b>       | 135971367    | Yama                         | 10:30AM – 11:58AM | Ayushman Until 2:15AM Tue      | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 5:46PM  |   |
| Creative Work                    | Amrita Yoga  | <b>Rahu</b>                  | 7:36AM – 9:03AM   | Tailila Until 1:45AM Tue       | <b>Nataraja:</b> White | Moon 2 - Phase 44  |   |
| Until 8:16AM                     |              |                              |                   | <b>Navami* Until 2:38PM</b>    | Moon – Yellow          | Navami   |   |
| Then Creative Work - Siddha Yoga |              |                              |                   |                                | <b>Phalguna-Masi</b>   | <b>Sivaloka Day</b>  |   |


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

|                                  |  |  |                          |                              |                        |  |                   |                |  |
|----------------------------------|--|--|--------------------------|------------------------------|------------------------|--|-------------------|----------------|--|
| <b>1</b>                         |  | <b>Tuesday, March 7, 2017</b>  |                          |                              |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam |                   | Birmingham, AL |  |
| Mithuna Rasi: 19.18              |  | Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                          | Sun 24                       |                        | Sutra 324  |                   | Durumukha 5118 |  |
| Tithi 10 – 11                    |  | <b>Gulika</b>  | <b>11:57AM – 1:25PM</b>  | <b>Ardra Until 7:02AM</b>    | <b>Ganesha: White</b>  | <i>Sunrise: 6:07AM</i>   |                   |                |  |
| 135971367                        |  | Yama   | 9:02AM – 10:30AM         | Saubhagya Until 11:47PM      | <b>Muruga: Yellow</b>  | <i>Sunset: 5:47PM</i>  | Moon 2 - Phase 45 |                |  |
| Rahu                             |  | 2:52PM – 4:20PM  | Vanija Until 12:09AM Wed |                              | <b>Nataraja: White</b> | 4th Phase  |                   |                |  |
| Routine Work                     |  | Marana Yoga  |                          | <b>Dashami Until 12:54PM</b> | Moon – Yellow          | <b>Sivaloka Day</b>  |                   |                |  |
| Until 7:02AM                     |  |  |                          |                              |                        |  |                   |                |  |
| Then Creative Work - Siddha Yoga |  |  |                          |                              |                        |  |                   |                |  |

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| <b>2</b>                         |  | <b>Wednesday, March 8, 2017</b>  |                          |                               |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam |                   | Birmingham, AL |  |
| Kataka Rasi: 3.08                |  | Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                          | Sun 25                        |                        | Sutra 325  |                   | Durumukha 5118 |  |
| Tithi 11 – 12                    |  | <b>Gulika</b>  | <b>10:29AM – 11:57AM</b> | <b>Punarvasu Until 6:20AM</b> | <b>Ganesha: Clear</b>  | <i>Sunrise: 6:06AM</i>   |                   |                |  |
| 145971367                        |  | Yama   | 7:34AM – 9:02AM          | Sobhana Until 9:32PM          | <b>Muruga: Yellow</b>  | <i>Sunset: 5:48PM</i>  | Moon 2 - Phase 45 |                |  |
| Rahu                             |  | 11:57AM – 1:25PM   | Bava Until 10:48PM       |                               | <b>Nataraja: White</b> | 4th Phase  |                   |                |  |
| Creative Work                    |  | Siddha Yoga  |                          | <b>Ekadashi Until 11:25AM</b> | Moon – Blue            | <b>Devaloka Day</b>  |                   |                |  |
| Until 7:02AM                     |  |  |                          |                               |                        |  |                   |                |  |
| Then Creative Work - Siddha Yoga |  |  |                          |                               |                        |  |                   |                |  |

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|---------------------------------|--|---|-------------------------|-----------------------------------|------------------------|---|-------------------|----------------|--|
| <b>3</b>                        |  | <b>Thursday, March 9, 2017</b>  |                         |                                   |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam |                   | Birmingham, AL |  |
| Kataka Rasi: 16.48              |  | Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                         | Sun 26                            |                        | Sutra 326   |                   | Durumukha 5118 |  |
| Tithi 12 – 13                   |  | <b>Gulika</b>   | <b>9:01AM – 10:29AM</b> | <b>Ashlesha* Until 5:20AM Fri</b> | <b>Ganesha: Clear</b>  | <i>Sunrise: 6:05AM</i>  |                   |                |  |
| 145971367                       |  | Yama  | 6:05AM – 7:33AM         | Athiganda* Until 7:30PM           | <b>Muruga: Yellow</b>  | <i>Sunset: 5:49PM</i>   | Moon 2 - Phase 45 |                |  |
| Rahu                            |  | 1:25PM – 2:53PM   | Kaulava Until 9:46PM    |                                   | <b>Nataraja: White</b> | 4th Phase   |                   |                |  |
| Creative Work                   |  | Siddha Yoga   |                         | <b>Dvadashi Until 10:13AM</b>     | Moon – Blue            | <b>Devaloka Day</b>   |                   |                |  |
| Until 5:20AM Fri                |  |   |                         |                                   |                        |   |                   |                |  |
| Then Routine Work - Marana Yoga |  |   |                         |                                   |                        |   |                   |                |  |

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| <b>4</b>                         |  | <b>Friday, March 10, 2017</b>   |                        |                                |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam |                   | Birmingham, AL |  |
| Simha Rasi: 0.17                 |  | Magha* Nakshatra Sukarma/Dhriti Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau |                        | Sun 27                         |                        | Sutra 327  |                   | Durumukha 5118 |  |
| Tithi 13 – 14                    |  | <b>Gulika</b>   | <b>7:32AM – 9:00AM</b> | <b>Magha* Until 5:36AM Sat</b> | <b>Ganesha: Purple</b> | <i>Sunrise: 6:03AM</i>   |                   |                |  |
| 155971367                        |  | Yama  | 2:53PM – 4:21PM        | Sukarma Until 5:47PM           | <b>Muruga: Yellow</b>  | <i>Sunset: 5:50PM</i>  | Moon 2 - Phase 45 |                |  |
| Rahu                             |  | 10:28AM – 11:57AM   | Gara Until 9:06PM      |                                | <b>Nataraja: White</b> | 4th Phase  |                   |                |  |
| Routine Work                     |  | Marana Yoga   |                        | <b>Trayodashi Until 9:22AM</b> | Moon – Red             | <b>Sivaloka Day</b>  |                   |                |  |
| Until 5:36AM Sat                 |  | <b>Chidambaram Abhishekam</b>   |                        |                                |                        |  |                   |                |  |
| Then Creative Work - Siddha Yoga |  |   |                        |                                |                        |  |                   |                |  |

|   |  |  |                        |                                       |                        |  |                   |                |  |
|---|--|--|------------------------|---------------------------------------|------------------------|--|-------------------|----------------|--|
|  |  | <b>Saturday, March 11, 2017</b>  |                        |                                       |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam |                   | Birmingham, AL |  |
| Simha Rasi: 13.32   |  | Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                        | Sun 28                                |                        | Sutra 328  |                   | Durumukha 5118 |  |
| Tithi 14 – 15   |  | <b>Gulika</b>  | <b>6:02AM – 7:31AM</b> | <b>Purvaphalguni Until 6:09AM Sun</b> | <b>Ganesha: Clear</b>  | <i>Sunrise: 6:02AM</i>   |                   |                |  |
| 156971367   |  | Yama   | 1:25PM – 2:53PM        | Dhriti Until 4:24PM                   | <b>Muruga: Yellow</b>  | <i>Sunset: 5:50PM</i>  | Moon 2 - Phase 45 |                |  |
| Rahu  |  | 8:59AM – 10:28AM   | Visti Until 8:51PM     |                                       | <b>Nataraja: White</b> | Purnima  |                   |                |  |
| Creative Work   |  | Siddha Yoga  |                        | <b>Chaturdashi* Until 8:54AM</b>      | Moon – Red             | <b>Devaloka Day</b>  |                   |                |  |
| Until 6:09AM Sun  |  | <b>Holi</b>  |                        |                                       |                        |  |                   |                |  |
| Then Creative Work - Amrita Yoga  |  |  |                        |                                       |                        |  |                   |                |  |

|                                  |  |  |                        |                                   |                        |  |                   |                |  |
|----------------------------------|--|--|------------------------|-----------------------------------|------------------------|--|-------------------|----------------|--|
| <b>5</b>                         |  | <b>Sunday, March 12, 2017</b>  |                        |                                   |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                   | Birmingham, AL |  |
| Simha Rasi: 26.34                |  | Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                        | Sun 29                            |                        | Sutra 329  |                   | Durumukha 5118 |  |
| Tithi 15 – 16                    |  | <b>Gulika</b>  | <b>2:54PM – 4:22PM</b> | <b>Purvaphalguni Until 6:09AM</b> | <b>Ganesha: Clear</b>  | <i>Sunrise: 6:01AM</i>   |                   |                |  |
| 156971367                        |  | Yama   | 11:56AM – 1:25PM       | Shula* Until 3:21PM               | <b>Muruga: Yellow</b>  | <i>Sunset: 5:51PM</i>  | Moon 2 - Phase 45 |                |  |
| Rahu                             |  | 4:22PM – 5:51PM  | Balava Until 9:05PM    |                                   | <b>Nataraja: White</b> | Prathama   |                   |                |  |
| Creative Work                    |  | Siddha Yoga  |                        | <b>Purnima* Until 8:53AM</b>      | Moon – Red             | <b>Devaloka Day</b>  |                   |                |  |
| Until 6:09AM                     |  |  |                        |                                   |                        |  |                   |                |  |
| Then Creative Work - Amrita Yoga |  |  |                        |                                   |                        |  |                   |                |  |



Monday, March 13, 2017

Gold Retreat Star

Kanya Rasi: 9.22 Tihi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

156171367

Gulika 1:25PM - 2:54PM  
Yama 10:27AM - 11:56AM  
Rahu 7:29AM - 8:58AM

Uttaraphalguni Until 7:01AM  
Ganda\* Until 2:42PM  
Taitila Until 9:49PM  
Prathama\* Until 9:22AM

Ganesha: Clear Sunrise: 6:00AM  
Muruga: Yellow Sunset: 5:52PM  
Nataraja: White  
Moon - Red  
Phalguna-Masi

Birmingham, AL  
Sutra 330  
Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Devaloka Day

Tuesday, March 14, 2017

1

Kanya Rasi: 21.56 Tihi 17 - 18

Creative Work Siddha Yoga

166171368

Gulika 11:55AM - 1:25PM  
Yama 8:57AM - 10:26AM  
Rahu 2:54PM - 4:23PM

Hasta Until 8:41AM  
Vridhhi Until 2:27PM  
Vanija Until 11:03PM  
Dvitiya Until 10:21AM

Ganesha: Purple Sunrise: 5:58AM  
Muruga: Yellow Sunset: 5:53PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Birmingham, AL  
Sun 1 Sutra 331  
Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Devaloka Day

Karadayam Nombu (Tamil Nadu)

Wednesday, March 15, 2017

2

Tula Rasi: 4.16 Tihi 18 - 19

Creative Work Siddha Yoga

166171368

Gulika 10:26AM - 11:55AM  
Yama 7:27AM - 8:56AM  
Rahu 11:55AM - 1:25PM

Chitra Until 10:40AM  
Dhruva Until 2:33PM  
Bava Until 12:44AM Thu  
Tritiya Until 11:49AM

Ganesha: Purple Sunrise: 5:57AM  
Muruga: Yellow Sunset: 5:53PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Birmingham, AL  
Sun 2 Sutra 332  
Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Devaloka Day

Thursday, March 16, 2017

3

Tula Rasi: 16.26 Tihi 19 - 20

Creative Work Amrita Yoga

Until 12:54PM

Then Creative Work - Siddha Yoga

166171368

Gulika 8:55AM - 10:25AM  
Yama 5:56AM - 7:25AM  
Rahu 1:25PM - 2:55PM

Svati Until 12:54PM  
Vyaghata\* Until 2:58PM  
Kaulava Until 2:48AM Fri  
Chaturthi\* Until 1:42PM

Ganesha: Purple Sunrise: 5:56AM  
Muruga: Yellow Sunset: 5:54PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Birmingham, AL  
Sun 3 Sutra 333  
Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Devaloka Day

Friday, March 17, 2017

4

Tula Rasi: 28.28 Tihi 20 - 21

Creative Work Siddha Yoga

176171368

Gulika 7:24AM - 8:54AM  
Yama 2:55PM - 4:25PM  
Rahu 10:25AM - 11:55AM

Vishakha Until 3:46PM  
Harshana Until 3:39PM  
Gara Until 5:08AM Sat  
Panchami Until 3:56PM

Ganesha: Clear Sunrise: 5:54AM  
Muruga: Yellow Sunset: 5:55PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Birmingham, AL  
Sun 4 Sutra 334  
Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Sivaloka Day

Saturday, March 18, 2017

5

Vrischika Rasi: 10.23 Tihi 21

Creative Work Siddha Yoga

177171368

Gulika 5:53AM - 7:23AM  
Yama 1:25PM - 2:55PM  
Rahu 8:54AM - 10:24AM

Anuradha Until 6:39PM  
Vajra\* Until 4:27PM  
Vanija Until 6:20PM  
Shashthi\* Until 6:20PM

Ganesha: Purple Sunrise: 5:53AM  
Muruga: Yellow Sunset: 5:56PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Birmingham, AL  
Sun 5 Sutra 335  
Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Subha Sivaloka Day

Sunday, March 19, 2017

6

Vrischika Rasi: 22.17 Tihi 22

Routine Work Marana Yoga

Until 9:22PM

Then Creative Work - Amrita Yoga

177171368

Gulika 2:55PM - 4:26PM  
Yama 11:54AM - 1:25PM  
Rahu 4:26PM - 5:56PM

Jyeshtha\* Until 9:22PM  
Siddhi Until 5:16PM  
Visti Until 7:34AM  
Saptami Until 8:44PM

Ganesha: Purple Sunrise: 5:52AM  
Muruga: Yellow Sunset: 5:56PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Birmingham, AL  
Sun 6 Sutra 336  
Durmukha 5118  
Moon 3 - Phase 46  
1st Phase

Subha Sivaloka Day

Monday, March 20, 2017

Retreat Star

Dhanus Rasi: 4.12 Tihi 23

Family Home Evening

Creative Work Siddha Yoga

187171368

Gulika 1:25PM - 2:55PM  
Yama 10:23AM - 11:54AM  
Rahu 7:21AM - 8:52AM

Mula\* Until 12:14AM Tue  
Vyatipata\* Until 6:00PM  
Balava Until 9:54AM  
Ashtami\* Until 10:57PM

Ganesha: Clear Sunrise: 5:50AM  
Muruga: Yellow Sunset: 5:57PM  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-Panguni

Birmingham, AL  
Sun 7 Sutra 337  
Durmukha 5118  
Moon 3 - Phase 46  
Ashtami

Sivaloka Day

Tuesday, March 21, 2017

Retreat Star

Dhanus Rasi: 16.13 Tihi 24

Creative Work Siddha Yoga

Until 2:32AM Wed

Then Creative Work - Amrita Yoga

187171368

Gulika 11:53AM - 1:25PM  
Yama 8:51AM - 10:22AM  
Rahu 2:56PM - 4:27PM

Purvashadha\* Until 2:32AM Wed  
Varyan Until 6:24PM  
Taitila Until 11:56AM  
Navami\* Until 12:45AM Wed

Ganesha: Clear Sunrise: 5:49AM  
Muruga: Yellow Sunset: 5:58PM  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-Panguni

Birmingham, AL  
Sun 8 Sutra 338  
Durmukha 5118  
Moon 3 - Phase 46  
Navami

Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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|                                  |  |                                  |  |                               |  |   |  |                   |  |
|----------------------------------|--|----------------------------------|--|-------------------------------|--|---|--|-------------------|--|
| <b>1</b>                         |  | <b>Wednesday, March 22, 2017</b> |  |                               |  | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam |  | Birmingham, AL    |  |
| Dhanus Rasi: 28.26               |  | Gulika 10:22AM – 11:53AM         |  | Uttarashadha Until 4:06AM Thu |  | Ganesh: Clear   |  | Sun 9 Sutra 339   |  |
| Tihti 25                         |  | Yama 7:19AM – 8:50AM             |  | Parigha* Until 6:25PM         |  | Sunrise: 5:48AM   |  | Durumukha 5118    |  |
| 187171368                        |  | Rahu 11:53AM – 1:25PM            |  | Vanija Until 1:28PM           |  | Sunset: 5:59PM  |  | Moon 3 - Phase 47 |  |
| Creative Work Amrita Yoga        |  |                                  |  | Dashami Until 1:57AM Thu      |  | Nataraja: Clear   |  | 2nd Phase         |  |
| Until 4:06AM Thu                 |  |                                  |  |                               |  | Moon – Light Blue   |  | Sivaloka Day      |  |
| Then Creative Work - Siddha Yoga |  |                                  |  |                               |  | Phalguna•Panguni  |  |                   |  |

|                           |  |                                 |  |                            |  |  |  |                    |  |
|---------------------------|--|---------------------------------|--|----------------------------|--|--|--|--------------------|--|
| <b>2</b>                  |  | <b>Thursday, March 23, 2017</b> |  |                            |  | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam |  | Birmingham, AL     |  |
| Makara Rasi: 10.55        |  | Gulika 8:50AM – 10:21AM         |  | Shravana Until 5:15AM Fri  |  | Ganesh: White  |  | Sun 10 Sutra 340   |  |
| Tihti 26                  |  | Yama 5:46AM – 7:18AM            |  | Shiva Until 5:54PM         |  | Sunrise: 5:46AM  |  | Durumukha 5118     |  |
| 197171368                 |  | Rahu 1:24PM – 2:56PM            |  | Bava Until 2:19PM          |  | Sunset: 5:59PM   |  | Moon 3 - Phase 47  |  |
| Creative Work Siddha Yoga |  |                                 |  | Ekadashi* Until 2:26AM Fri |  | Nataraja: Clear  |  | 2nd Phase          |  |
|                           |  |                                 |  |                            |  | Moon – Purple  |  | Subha Sivaloka Day |  |
|                           |  |                                 |  |                            |  | Phalguna•Panguni   |  |                    |  |

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|----------------------------------|--|-------------------------------|--|-----------------------------|--|---|--|--------------------|--|
| <b>3</b>                         |  | <b>Friday, March 24, 2017</b> |  |                             |  | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam |  | Birmingham, AL     |  |
| Makara Rasi: 23.44               |  | Gulika 7:17AM – 8:49AM        |  | Dhanishtha Until 5:29AM Sat |  | Ganesh: White   |  | Sun 11 Sutra 341   |  |
| Tihti 27                         |  | Yama 2:56PM – 4:28PM          |  | Siddha Until 4:45PM         |  | Sunrise: 5:45AM   |  | Durumukha 5118     |  |
| 197171368                        |  | Rahu 10:21AM – 11:53AM        |  | Kaulava Until 2:23PM        |  | Sunset: 6:00PM  |  | Moon 3 - Phase 47  |  |
| Creative Work Siddha Yoga        |  |                               |  | Dvadashi* Until 2:06AM Sat  |  | Nataraja: Clear   |  | 2nd Phase          |  |
| Until 5:29AM Sat                 |  |                               |  |                             |  | Moon – Purple   |  | Subha Sivaloka Day |  |
| Then Creative Work - Amrita Yoga |  |                               |  |                             |  | Phalguna•Panguni  |  |                    |  |

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| <b>4</b>                         |  | <b>Saturday, March 25, 2017</b> |  |                               |  | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam |  | Birmingham, AL    |  |
| Kumbha Rasi: 6.56                |  | Gulika 5:44AM – 7:16AM          |  | Shatabhishak Until 4:49AM Sun |  | Ganesh: Clear   |  | Sun 12 Sutra 342  |  |
| Tihti 28                         |  | Yama 1:24PM – 2:57PM            |  | Sadhya Until 3:00PM           |  | Sunrise: 5:44AM   |  | Durumukha 5118    |  |
| 198171368                        |  | Rahu 8:48AM – 10:20AM           |  | Gara Until 1:40PM             |  | Sunset: 6:01PM  |  | Moon 3 - Phase 47 |  |
| Creative Work Amrita Yoga        |  |                                 |  | Trayodashi* Until 1:01AM Sun  |  | Nataraja: Clear   |  | 2nd Phase         |  |
| Until 4:49AM Sun                 |  |                                 |  | Pradosha Vrata (Fasting)      |  | Moon – Purple   |  | Sivaloka Day      |  |
| Then Creative Work - Siddha Yoga |  |                                 |  |                               |  | Phalguna•Panguni  |  |                   |  |

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|---------------------------|--|-------------------------------|--|------------------------------------|--|---|--|-------------------|--|
| <b>5</b>                  |  | <b>Sunday, March 26, 2017</b> |  |                                    |  | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam |  | Birmingham, AL    |  |
| Kumbha Rasi: 20.35        |  | Gulika 2:57PM – 4:29PM        |  | Purvaproshtapada* Until 3:48AM Mon |  | Ganesh: White   |  | Sun 13 Sutra 343  |  |
| Tihti 29                  |  | Yama 11:52AM – 1:24PM         |  | Subha Until 12:41PM                |  | Sunrise: 5:42AM   |  | Durumukha 5118    |  |
| 118171368                 |  | Rahu 4:29PM – 6:02PM          |  | Visti Until 12:14PM                |  | Sunset: 6:02PM  |  | Moon 3 - Phase 47 |  |
| Creative Work Siddha Yoga |  |                               |  | Chaturdashi* Until 11:15PM         |  | Nataraja: Clear   |  | 2nd Phase         |  |
|                           |  |                               |  |                                    |  | Moon – Clear  |  | Devaloka Day      |  |
|                           |  |                               |  |                                    |  | Phalguna•Panguni  |  |                   |  |

|                               |  |                        |  |                                    |  |  |  |                   |  |
|-------------------------------|--|------------------------|--|------------------------------------|--|--|--|-------------------|--|
| <b>Monday, March 27, 2017</b> |  | <b>Retreat Star</b>    |  |                                    |  | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam |  | Birmingham, AL    |  |
| Meena Rasi: 4.37              |  | Gulika 1:24PM – 2:57PM |  | Uttaraproshtapada Until 2:08AM Tue |  | Ganesh: White  |  | Sun 14 Sutra 344  |  |
| Tihti 30                      |  | Yama 10:19AM – 11:52AM |  | Sukla Until 9:51AM                 |  | Sunrise: 5:41AM  |  | Durumukha 5118    |  |
| Family Home Evening           |  | Rahu 7:14AM – 8:46AM   |  | Catuspada Until 10:10AM            |  | Sunset: 6:02PM   |  | Moon 3 - Phase 47 |  |
| Creative Work Siddha Yoga     |  |                        |  | Amavasya* Until 8:56PM             |  | Nataraja: Clear  |  | Amavasya          |  |
|                               |  |                        |  |                                    |  | Moon – Clear   |  | Devaloka Day      |  |
|                               |  |                        |  |                                    |  | Phalguna•Panguni   |  |                   |  |

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|--------------------------------|--|-------------------------|--|------------------------|--|---|--|-------------------|--|
| <b>Tuesday, March 28, 2017</b> |  | <b>Retreat Star</b>     |  |                        |  | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam |  | Birmingham, AL    |  |
| Meena Rasi: 18.59              |  | Gulika 11:51AM – 1:24PM |  | Revati Until 11:57PM   |  | Ganesh: White   |  | Sun 15 Sutra 345  |  |
| Tihti 1                        |  | Yama 8:45AM – 10:18AM   |  | Brahma Until 6:39AM    |  | Sunrise: 5:40AM   |  | Durumukha 5118    |  |
| 118171368                      |  | Rahu 2:57PM – 4:30PM    |  | Kintughna Until 7:38AM |  | Sunset: 6:03PM  |  | Moon 3 - Phase 47 |  |
| Creative Work Siddha Yoga      |  |                         |  | Prathama* Until 6:13PM |  | Nataraja: Clear   |  | Prathama          |  |
|                                |  | Yugadhi                 |  |                        |  | Moon – Clear  |  | Devaloka Day      |  |
|                                |  |                         |  |                        |  | Chaitra•Panguni   |  |                   |  |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|                                  |  |                                  |                              |   |                       |  |                     |                |  |
|----------------------------------|--|----------------------------------|------------------------------|---|-----------------------|--|---------------------|----------------|--|
| <b>1</b>                         |  | <b>Wednesday, March 29, 2017</b> |                              |   |                       | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam |                     | Birmingham, AL |  |
| Mesha Rasi: 4                    |  | Tithi 2 - 3                      |                              | Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                       | Sun 16   |                     | Sutra 346      |  |
|                                  |  | <b>Gulika</b>                    | <b>10:18AM - 11:51AM</b>     | <b>Ashvini Until 9:51PM</b>   | <b>Ganesh:</b> Green  | <i>Sunrise:</i> 5:38AM   | Durmukha 5118       |                |  |
|                                  |  | Yama                             | 7:11AM - 8:45AM              | Vaidhriti* Until 11:33PM  | <b>Muruga:</b> Yellow | <i>Sunset:</i> 6:04PM  | Moon 3 - Phase 48   |                |  |
| Routine Work                     |  | 128171368                        | <b>Rahu</b> 11:51AM - 1:24PM | Taitila Until 1:44AM Thu  | Nataraja: Clear       | Moon - White   |                     |                |  |
| Until 9:51PM                     |  | Chellappaswami Mahasamadhi       |                              | <b>Dvitiya Until 3:15PM</b>   | Chaitra-Panguni       |  | <b>Devaloka Day</b> |                |  |
| Then Creative Work - Siddha Yoga |  |                                  |                              |   |                       |  |                     |                |  |

|                                 |  |                                 |                             |   |                       |   |                     |                |  |
|---------------------------------|--|---------------------------------|-----------------------------|---|-----------------------|---|---------------------|----------------|--|
| <b>2</b>                        |  | <b>Thursday, March 30, 2017</b> |                             |   |                       | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam |                     | Birmingham, AL |  |
| Mesha Rasi: 18.2                |  | Tithi 3 - 4                     |                             | Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                       | Sun 17  |                     | Sutra 347      |  |
|                                 |  | <b>Gulika</b>                   | <b>8:44AM - 10:17AM</b>     | <b>Bharani Until 7:33PM</b>   | <b>Ganesh:</b> Green  | <i>Sunrise:</i> 5:37AM  | Durmukha 5118       |                |  |
|                                 |  | Yama                            | 5:37AM - 7:10AM             | Vishkambha* Until 7:54PM  | <b>Muruga:</b> Yellow | <i>Sunset:</i> 6:05PM   | Moon 3 - Phase 48   |                |  |
| Creative Work                   |  | 128171368                       | <b>Rahu</b> 1:24PM - 2:58PM | Vanija Until 10:41PM  | Nataraja: Clear       | Moon - White  |                     |                |  |
| Until 7:33PM                    |  |                                 |                             | <b>Tritiya Until 12:11PM</b>  | Chaitra-Panguni       |   | <b>Devaloka Day</b> |                |  |
| Then Routine Work - Marana Yoga |  |                                 |                             |   |                       |   |                     |                |  |

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|---------------------------------|--|-------------------------------|-------------------------------|---|-----------------------|--|---------------------|----------------|--|
| <b>3</b>                        |  | <b>Friday, March 31, 2017</b> |                               |   |                       | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam |                     | Birmingham, AL |  |
| Vrishabha Rasi: 3.03            |  | Tithi 4 - 5                   |                               | Krittika/Rohini Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                       | Sun 18   |                     | Sutra 348      |  |
|                                 |  | <b>Gulika</b>                 | <b>7:09AM - 8:43AM</b>        | <b>Krittika Until 5:13PM</b>  | <b>Ganesh:</b> Orange | <i>Sunrise:</i> 5:36AM   | Durmukha 5118       |                |  |
|                                 |  | Yama                          | 2:58PM - 4:32PM               | Priti Until 4:20PM  | <b>Muruga:</b> Yellow | <i>Sunset:</i> 6:05PM  | Moon 3 - Phase 48   |                |  |
| Creative Work                   |  | 129171368                     | <b>Rahu</b> 10:17AM - 11:50AM | Bava Until 7:45PM   | Nataraja: Clear       | Moon - White   |                     |                |  |
| Until 5:13PM                    |  |                               |                               | <b>Chaturthi* Until 9:11AM</b>  | Chaitra-Panguni       |  | <b>Sivaloka Day</b> |                |  |
| Then Routine Work - Marana Yoga |  |                               |                               |   |                       |  |                     |                |  |

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|----------------------------------|--|--------------------------------|------------------------------|--|-----------------------|--|---------------------------|----------------|--|
| <b>4</b>                         |  | <b>Saturday, April 1, 2017</b> |                              |  |                       | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam |                           | Birmingham, AL |  |
| Vrishabha Rasi: 17.4             |  | Tithi 5 - 6                    |                              | Rohini Nakshatra Ayushman/Saubhagya Yoga Balava/Taitila Karana Panchami/Shashthyam Titau |                       | Sun 19   |                           | Sutra 349      |  |
|                                  |  | <b>Gulika</b>                  | <b>5:36AM - 7:09AM</b>       | <b>Rohini Until 3:23PM</b>   | <b>Ganesh:</b> Green  | <i>Sunrise:</i> 5:36AM   | Durmukha 5118             |                |  |
|                                  |  | Yama                           | 1:24PM - 2:58PM              | Ayushman Until 12:56PM   | <b>Muruga:</b> Yellow | <i>Sunset:</i> 6:05PM  | Moon 3 - Phase 48         |                |  |
| Creative Work                    |  | 139171368                      | <b>Rahu</b> 8:43AM - 10:17AM | Taitila Until 3:48AM Sun   | Nataraja: Clear       | Moon - Yellow  |                           |                |  |
| Until 3:23PM                     |  |                                |                              | <b>Panchami Until 6:21AM</b>   | Chaitra-Panguni       |  | <b>Subha Sivaloka Day</b> |                |  |
| Then Creative Work - Siddha Yoga |  |                                |                              |  |                       |  |                           |                |  |

|                                  |  |                              |                             |  |                       |  |                           |                |  |
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| <b>5</b>                         |  | <b>Sunday, April 2, 2017</b> |                             |  |                       | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam |                           | Birmingham, AL |  |
| Mithuna Rasi: 2.04               |  | Tithi 7                      |                             | Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau |                       | Sun 20   |                           | Sutra 350      |  |
|                                  |  | <b>Gulika</b>                | <b>2:58PM - 4:32PM</b>      | <b>Mrigashira Until 1:45PM</b>   | <b>Ganesh:</b> Green  | <i>Sunrise:</i> 5:34AM   | Durmukha 5118             |                |  |
|                                  |  | Yama                         | 11:50AM - 1:24PM            | Saubhagya Until 9:48AM   | <b>Muruga:</b> Yellow | <i>Sunset:</i> 6:06PM  | Moon 3 - Phase 48         |                |  |
| Creative Work                    |  | 139171368                    | <b>Rahu</b> 4:32PM - 6:06PM | Gara Until 2:41PM  | Nataraja: Clear       | Moon - Yellow  |                           |                |  |
| Until 5:13PM                     |  |                              |                             | <b>Saptami Until 1:38AM Mon</b>  | Chaitra-Panguni       |  | <b>Subha Sivaloka Day</b> |                |  |
| Then Creative Work - Siddha Yoga |  |                              |                             |  |                       |  |                           |                |  |

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| <b>Monday, April 3, 2017</b>     |  | <b>Retreat Star</b>         |                        |  |                       | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam |                           | Birmingham, AL |  |
| Mithuna Rasi: 16.12              |  | Tithi 8                     |                        | Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau |                       | Sun 21  |                           | Sutra 351      |  |
| <b>Family Home Evening</b>       |  | <b>Gulika</b>               | <b>1:24PM - 2:58PM</b> | <b>Ardra Until 12:22PM</b>   | <b>Ganesh:</b> Green  | <i>Sunrise:</i> 5:33AM  | Durmukha 5118             |                |  |
| Creative Work                    |  | 139171368                   | Yama 10:16AM - 11:50AM | Sobhana Until 7:00AM   | <b>Muruga:</b> Yellow | <i>Sunset:</i> 6:07PM   | Moon 3 - Phase 48         |                |  |
| Until 12:22PM                    |  | <b>Rahu</b> 7:07AM - 8:41AM |                        | Visti Until 12:43PM  | Nataraja: Clear       | Moon - Yellow   |                           |                |  |
| Then Creative Work - Amrita Yoga |  |                             |                        | <b>Ashtami* Until 11:53PM</b>  | Chaitra-Panguni       |   | <b>Subha Sivaloka Day</b> |                |  |
|                                  |  |                             |                        |  |                       |   |                           |                |  |

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| <b>Tuesday, April 4, 2017</b>    |  | <b>Retreat Star</b> |                             |  |                       | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam |                     | Birmingham, AL |  |
| Kataka Rasi: 0.04                |  | Tithi 9             |                             | Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau |                       | Sun 22   |                     | Sutra 352      |  |
|                                  |  | <b>Gulika</b>       | <b>11:50AM - 1:24PM</b>     | <b>Punarvasu Until 11:43AM</b>   | <b>Ganesh:</b> Red    | <i>Sunrise:</i> 5:32AM   | Durmukha 5118       |                |  |
|                                  |  | Yama                | 8:41AM - 10:15AM            | Sukarma Until 2:28AM Wed   | <b>Muruga:</b> Yellow | <i>Sunset:</i> 6:07PM  | Moon 3 - Phase 48   |                |  |
| Creative Work                    |  | 149171368           | <b>Rahu</b> 2:58PM - 4:33PM | Balava Until 11:13AM   | Nataraja: Clear       | Moon - Blue  |                     |                |  |
| Until 12:22PM                    |  |                     |                             | <b>Navami* Until 10:37PM</b>   | Chaitra-Panguni       |  | <b>Sivaloka Day</b> |                |  |
| Then Creative Work - Siddha Yoga |  | Sri Rama Navami     |                             |  |                       |  |                     |                |  |

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| <b>1</b>                  |  | <b>Wednesday, April 5, 2017</b>  |                             |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam |                        | Birmingham, AL    |  |
| Kataka Rasi: 13.38        |  | Pushya/Ashlesha* Nakshatra Dhriti Yoga Taitila/Gara Karana Dashamyam Titau |                             | Sun 23                 |                        | Sutra 353   |                        | Durmukha 5118     |  |
| Tihti 10                  |  | <b>Gulika</b> 10:15AM – 11:49AM  | <b>Pushya</b> Until 11:23AM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:30AM |   |                        | Moon 3 - Phase 49 |  |
| 149171368                 |  | Yama 7:05AM – 8:40AM   | Dhriti Until 12:47AM Thu    | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:08PM  |   |                        | 4th Phase         |  |
| Creative Work Siddha Yoga |  | <b>Rahu</b> 11:49AM – 1:24PM   | Taitila Until 10:10AM       | <b>Nataraja:</b> Clear |                        |   | <b>Sivaloka Day</b>    |                   |  |
|                           |  | Yogaswami Mahasamadhi  | <b>Dashami</b> Until 9:48PM | Moon – Blue            |                        |   | <b>Chaitra•Panguni</b> |                   |  |

|                                  |  |  |                                |                        |                        |  |                        |                   |  |
|----------------------------------|--|--|--------------------------------|------------------------|------------------------|--|------------------------|-------------------|--|
| <b>2</b>                         |  | <b>Thursday, April 6, 2017</b>   |                                |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam |                        | Birmingham, AL    |  |
| Kataka Rasi: 26.58               |  | Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau |                                | Sun 24                 |                        | Sutra 354  |                        | Durmukha 5118     |  |
| Tihti 11                         |  | <b>Gulika</b> 8:39AM – 10:14AM   | <b>Ashlesha*</b> Until 11:21AM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:29AM |  |                        | Moon 3 - Phase 49 |  |
| 149271368                        |  | Yama 5:29AM – 7:04AM   | Shula* Until 11:25PM           | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:09PM  |  |                        | 4th Phase         |  |
| Creative Work Siddha Yoga        |  | <b>Rahu</b> 1:24PM – 2:59PM  | Vanija Until 9:36AM            | <b>Nataraja:</b> Clear |                        |  | <b>Devaloka Day</b>    |                   |  |
| Until 11:21AM                    |  |  | <b>Ekadashi</b> Until 9:27PM   | Moon – Blue            |                        |  | <b>Chaitra•Panguni</b> |                   |  |
| Then Creative Work - Amrita Yoga |  |  |                                |                        |                        |  |                        |                   |  |

|                                  |  |  |                              |                        |                        |   |                        |                   |  |
|----------------------------------|--|--|------------------------------|------------------------|------------------------|---|------------------------|-------------------|--|
| <b>3</b>                         |  | <b>Friday, April 7, 2017</b>   |                              |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam |                        | Birmingham, AL    |  |
| Simha Rasi: 10.03                |  | Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau |                              | Sun 25                 |                        | Sutra 355   |                        | Durmukha 5118     |  |
| Tihti 12                         |  | <b>Gulika</b> 7:03AM – 8:38AM  | <b>Magha*</b> Until 12:04PM  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:28AM |   |                        | Moon 3 - Phase 49 |  |
| 159271368                        |  | Yama 2:59PM – 4:34PM   | Ganda* Until 10:25PM         | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:10PM  |   |                        | 4th Phase         |  |
| Routine Work Marana Yoga         |  | <b>Rahu</b> 10:13AM – 11:49AM  | Bava Until 9:28AM            | <b>Nataraja:</b> Clear |                        |   | <b>Sivaloka Day</b>    |                   |  |
| Until 12:04PM                    |  |  | <b>Dvadashi</b> Until 9:32PM | Moon – Red             |                        |   | <b>Chaitra•Panguni</b> |                   |  |
| Then Creative Work - Siddha Yoga |  |  |                              |                        |                        |   |                        |                   |  |

|                                 |  |   |                                   |                        |                        |   |                        |                   |  |
|---------------------------------|--|---|-----------------------------------|------------------------|------------------------|---|------------------------|-------------------|--|
| <b>4</b>                        |  | <b>Saturday, April 8, 2017</b>  |                                   |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam |                        | Birmingham, AL    |  |
| Simha Rasi: 22.55               |  | Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                   | Sun 26                 |                        | Sutra 356   |                        | Durmukha 5118     |  |
| Tihti 13                        |  | <b>Gulika</b> 5:26AM – 7:02AM   | <b>Purvaphalguni</b> Until 1:02PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:26AM |   |                        | Moon 3 - Phase 49 |  |
| 151271368                       |  | Yama 1:24PM – 2:59PM  | Vriddhi Until 9:46PM              | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:10PM  |   |                        | 4th Phase         |  |
| Creative Work Siddha Yoga       |  | <b>Rahu</b> 8:37AM – 10:13AM  | Kaulava Until 9:45AM              | <b>Nataraja:</b> Clear |                        |   | <b>Sivaloka Day</b>    |                   |  |
| Until 1:02PM                    |  |   | <b>Trayodashi</b> Until 10:02PM   | Moon – Red             |                        |   | <b>Chaitra•Panguni</b> |                   |  |
| Then Routine Work - Marana Yoga |  |   | <i>Pradosha Vrata</i>             |                        |                        |   |                        |                   |  |

|                           |  |   |                                    |                        |                        |   |                        |                   |  |
|---------------------------|--|---|------------------------------------|------------------------|------------------------|---|------------------------|-------------------|--|
| <b>5</b>                  |  | <b>Sunday, April 9, 2017</b>  |                                    |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam |                        | Birmingham, AL    |  |
| Kanya Rasi: 5.35          |  | Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau |                                    | Sun 27                 |                        | Sutra 357   |                        | Durmukha 5118     |  |
| Tihti 14                  |  | <b>Gulika</b> 3:00PM – 4:35PM   | <b>Uttaraphalguni</b> Until 2:14PM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:25AM |   |                        | Moon 3 - Phase 49 |  |
| 151271368                 |  | Yama 11:48AM – 1:24PM   | Dhruva Until 9:22PM                | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:11PM  |   |                        | 4th Phase         |  |
| Creative Work Amrita Yoga |  | <b>Rahu</b> 4:35PM – 6:11PM   | Gara Until 10:27AM                 | <b>Nataraja:</b> Clear |                        |   | <b>Sivaloka Day</b>    |                   |  |
|                           |  |   | <b>Chaturdashi*</b> Until 10:55PM  | Moon – Red             |                        |   | <b>Chaitra•Panguni</b> |                   |  |

|  |  |   |                                   |                        |                        |  |                        |                   |  |
|--|--|---|-----------------------------------|------------------------|------------------------|--|------------------------|-------------------|--|
| <b>Monday, April 10, 2017</b>          |  | <b>Copper Retreat Star</b>  |                                   |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam |                        | Birmingham, AL    |  |
| Kanya Rasi: 18.05                      |  | Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau |                                   | Sun 28                 |                        | Sutra 358  |                        | Durmukha 5118     |  |
| Tihti 15                               |  | <b>Gulika</b> 1:24PM – 3:00PM   | <b>Hasta</b> Until 4:08PM         | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:24AM |  |                        | Moon 3 - Phase 49 |  |
| 161271368                              |  | Yama 10:12AM – 11:48AM  | Vyaghata* Until 9:17PM            | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:12PM  |  |                        | Purnima           |  |
| Creative Work Siddha Yoga              |  | <b>Rahu</b> 7:00AM – 8:36AM   | Visti Until 11:31AM               | <b>Nataraja:</b> Clear |                        |  | <b>Devaloka Day</b>    |                   |  |
| Until 4:08PM                           |  |   | <b>Purnima*</b> Until 12:10AM Tue | Moon – Green           |                        |  | <b>Chaitra•Panguni</b> |                   |  |
| Then Routine Work - Prabalarishta Yoga |  | <b>Panguni Uttiram</b>  |                                   |                        |                        |  |                        |                   |  |
|  |  | <b>Hanuman Jayanti</b>  |                                   |                        |                        |  |                        |                   |  |

|                                |  |  |                                   |                        |                        |   |                        |                   |  |
|--------------------------------|--|--|-----------------------------------|------------------------|------------------------|---|------------------------|-------------------|--|
| <b>Tuesday, April 11, 2017</b> |  | <b>Silver Retreat Star</b>   |                                   |                        |                        | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam |                        | Birmingham, AL    |  |
| Tula Rasi: 0.26                |  | Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau |                                   | Sun 29                 |                        | Sutra 359   |                        | Durmukha 5118     |  |
| Tihti 16                       |  | <b>Gulika</b> 11:48AM – 1:24PM   | <b>Chitra</b> Until 6:12PM        | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:23AM |   |                        | Moon 3 - Phase 49 |  |
| 161271368                      |  | Yama 8:35AM – 10:11AM  | Harshana Until 9:30PM             | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 6:13PM  |   |                        | Prathama          |  |
| Creative Work Siddha Yoga      |  | <b>Rahu</b> 3:00PM – 4:36PM  | Balava Until 12:57PM              | <b>Nataraja:</b> Clear |                        |   | <b>Devaloka Day</b>    |                   |  |
|                                |  |  | <b>Prathama*</b> Until 1:47AM Wed | Moon – Green           |                        |   | <b>Chaitra•Panguni</b> |                   |  |





Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Birmingham, AL  
Sun 1 Sutra 360

Tula Rasi: 12.38 Tithi 17

Gulika 10:11AM - 11:47AM  
Yama 6:58AM - 8:34AM  
Rahu 11:47AM - 1:24PM

Svati Until 8:25PM  
Vajra\* Until 9:55PM  
Tailila Until 2:44PM

Ganesh: Blue Sunrise: 5:21AM  
Muruga: Yellow Sunset: 6:13PM  
Nataraja: Clear

Durmukha 5118  
Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Moon - Green  
Chaitra-Panguni

Devaloka Day

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birmingham, AL  
Sun 2 Sutra 361

Tula Rasi: 24.43 Tithi 18

Gulika 8:34AM - 10:10AM  
Yama 5:20AM - 6:57AM  
Rahu 1:24PM - 3:00PM

Vishakha Until 11:14PM  
Siddhi Until 10:34PM  
Vanija Until 4:47PM

Ganesh: Red Sunrise: 5:20AM  
Muruga: Yellow Sunset: 6:14PM  
Nataraja: Clear

Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Tamil New Year

Tritiya Until 5:53AM Fri

Moon - Orange  
Chaitra-Chaitra

Sivaloka Day

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha Nakshatra Vyalipata\* Yoga Bava Karana Chaturthyam Titau

Birmingham, AL  
Sun 3 Sutra 362

Vrischika Rasi: 6.41 Tithi 19

Gulika 6:56AM - 8:33AM  
Yama 3:01PM - 4:38PM  
Rahu 10:10AM - 11:47AM

Anuradha Until 2:06AM Sat  
Vyalipata\* Until 11:23PM  
Bava Until 7:04PM

Ganesh: Blue Sunrise: 5:19AM  
Muruga: Yellow Sunset: 6:15PM  
Nataraja: Clear

Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 8:15AM Sat

Moon - Orange  
Chaitra-Chaitra

Devaloka Day

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\* Nakshatra Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birmingham, AL  
Sun 4 Sutra 363

Vrischika Rasi: 18.35 Tithi 19 - 20

Gulika 5:18AM - 6:55AM  
Yama 1:24PM - 3:01PM  
Rahu 8:32AM - 10:09AM

Jyeshtha\* Until 4:52AM Sun  
Varyan Until 12:15AM Sun  
Kaulava Until 9:30PM

Ganesh: Blue Sunrise: 5:18AM  
Muruga: Yellow Sunset: 6:15PM  
Nataraja: Clear

Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 8:15AM

Moon - Orange  
Chaitra-Chaitra

Devaloka Day

Until 4:52AM Sun

Then Creative Work - Amrita Yoga

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Birmingham, AL  
Sun 5 Sutra 364

Dhanus Rasi: 0.28 Tithi 20 - 21

Gulika 3:01PM - 4:39PM  
Yama 11:46AM - 1:24PM  
Rahu 4:39PM - 6:16PM

Mula\* Until 7:56AM Mon  
Parigha\* Until 1:08AM Mon  
Gara Until 11:54PM

Ganesh: Red Sunrise: 5:16AM  
Muruga: Yellow Sunset: 6:16PM  
Nataraja: Clear

Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work Amrita Yoga

Panchami Until 10:41AM

Moon - Light Blue  
Chaitra-Chaitra

Sivaloka Day

Until 7:56AM Mon

Then Routine Work - Marana Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Birmingham, AL  
Sun 6 Sutra 1

Dhanus Rasi: 12.22 Tithi 21 - 22

Gulika 1:24PM - 3:01PM  
Yama 10:08AM - 11:46AM  
Rahu 6:53AM - 8:31AM

Mula\* Until 7:56AM  
Shiva Until 1:53AM Tue  
Visti Until 2:07AM Tue  
Shashthi\* Until 1:02PM

Ganesh: Red Sunrise: 5:15AM  
Muruga: Yellow Sunset: 6:17PM  
Nataraja: Clear

Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 1:02PM

Moon - Light Blue  
Chaitra-Chaitra

Sivaloka Day

Until 7:56AM

Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birmingham, AL  
Sun 7 Sutra 2

Dhanus Rasi: 24.2 Tithi 22 - 23

Gulika 11:46AM - 1:24PM  
Yama 8:30AM - 10:08AM  
Rahu 3:02PM - 4:40PM

Purvashadha\* Until 10:36AM  
Siddha Until 2:17AM Wed  
Balava Until 3:57AM Wed  
Saptami Until 3:05PM

Ganesh: Yellow Sunrise: 5:14AM  
Muruga: Yellow Sunset: 6:18PM  
Nataraja: Clear

Hemalamba 5119  
Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Saptami Until 3:05PM

Moon - Light Blue  
Chaitra-Chaitra

Sivaloka Day

Until 10:36AM

Then Routine Work - Prabarishtha Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Birmingham, AL  
Sun 8 Sutra 3

Makara Rasi: 6.3 Tithi 23 - 24

Gulika 10:07AM - 11:46AM  
Yama 6:51AM - 8:29AM  
Rahu 11:46AM - 1:24PM

Uttarashadha Until 12:38PM  
Sadhya Until 2:15AM Thu  
Tailila Until 5:09AM Thu  
Ashtami\* Until 4:37PM

Ganesh: Yellow Sunrise: 5:13AM  
Muruga: Yellow Sunset: 6:18PM  
Nataraja: Clear

Hemalamba 5119  
Moon 4 - Phase 50  
Ashtami

Creative Work Amrita Yoga

Ashtami\* Until 4:37PM

Moon - Light Blue  
Chaitra-Chaitra

Sivaloka Day

Until 12:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Birmingham, AL  
Sun 9 Sutra 4

Makara Rasi: 18.55 Tithi 24 - 25

Gulika 8:28AM - 10:07AM  
Yama 5:11AM - 6:50AM  
Rahu 1:24PM - 3:02PM

Shravana Until 2:21PM  
Subha Until 1:39AM Fri  
Vanija Until 5:35AM Fri  
Navami\* Until 5:27PM

Ganesh: White Sunrise: 5:11AM  
Muruga: Yellow Sunset: 6:19PM  
Nataraja: Clear

Hemalamba 5119  
Moon 4 - Phase 50  
Navami

Creative Work Siddha Yoga

Chidambaram Abhishekam

Navami\* Until 5:27PM

Moon - Purple  
Chaitra-Chaitra

Devaloka Day

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time


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|               |                               |  |                                |  |                  |
|---------------|-------------------------------|--|--------------------------------|--|------------------|
| <b>1</b>      | <b>Friday, April 21, 2017</b> | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam |                                |  | Birmingham, AL   |
|               |                               | Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau         |                                |  | Sun 10 Sutra 5   |
|               | Kumbha Rasi: 1.41             | <b>Gulika</b> 6:49AM – 8:28AM  | <b>Dhanishtha</b> Until 3:07PM | <b>Ganesha:</b> White <i>Sunrise:</i> 5:10AM | Hemalamba 5119   |
|               | Tithi 25 – 26                 | Yama 3:02PM – 4:41PM   | Sukla Until 12:22AM Sat        | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:20PM  | Moon 4 - Phase 1 |
| 292271368     | <b>Rahu</b> 10:06AM – 11:45AM | Bava Until 5:09AM Sat  | <b>Nataraja:</b> Clear         | 2nd Phase                                    |                  |
| Creative Work | Siddha Yoga                   | <b>Dashami</b> Until 5:28PM  | Moon – Purple                  | <b>Devaloka Day</b>                          |                  |
|               |                               |  | <b>Chaitra•Chaitra</b>         |  |                  |

|                                 |                                 |  |                                  |  |                  |
|---------------------------------|---------------------------------|--|----------------------------------|--|------------------|
| <b>2</b>                        | <b>Saturday, April 22, 2017</b> | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manla Vasara Yuktayam     |                                  |  | Birmingham, AL   |
|                                 |                                 | Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                  |  | Sun 11 Sutra 6   |
|                                 | Kumbha Rasi: 14.54              | <b>Gulika</b> 5:09AM – 6:48AM  | <b>Shatabhishak</b> Until 2:53PM | <b>Ganesha:</b> White <i>Sunrise:</i> 5:09AM | Hemalamba 5119   |
|                                 | Tithi 26 – 27                   | Yama 1:24PM – 3:03PM   | Brahma Until 10:24PM             | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:21PM  | Moon 4 - Phase 1 |
| 292271368                       | <b>Rahu</b> 8:27AM – 10:06AM    | Kaulava Until 3:53AM Sun   | <b>Nataraja:</b> Clear           | 2nd Phase                                    |                  |
| Creative Work                   | Amrita Yoga                     | <b>Ekadashi*</b> Until 4:36PM  | Moon – Purple                    | <b>Devaloka Day</b>                          |                  |
| Until 2:53PM                    |                                 |  | <b>Chaitra•Chaitra</b>           |  |                  |
| Then Routine Work - Marana Yoga |                                 |  |                                  |  |                  |

|                                  |                               |   |                                       |   |                  |
|----------------------------------|-------------------------------|---|---------------------------------------|---|------------------|
| <b>3</b>                         | <b>Sunday, April 23, 2017</b> | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam        |                                       |   | Birmingham, AL   |
|                                  |                               | Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau |                                       |   | Sun 12 Sutra 7   |
|                                  | Kumbha Rasi: 28.35            | <b>Gulika</b> 3:03PM – 4:42PM   | <b>Purvaproshtapada*</b> Until 2:08PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:08AM | Hemalamba 5119   |
|                                  | Tithi 27 – 28                 | Yama 11:45AM – 1:24PM   | Indra Until 7:49PM                    | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:21PM       | Moon 4 - Phase 1 |
| 212271368                        | <b>Rahu</b> 4:42PM – 6:21PM   | Gara Until 1:50AM Mon   | <b>Nataraja:</b> Clear                | 2nd Phase   |                  |
| Creative Work                    | Siddha Yoga                   | <b>Dvadashi*</b> Until 2:56PM   | Moon – Clear                          | <b>Devaloka Day</b>                               |                  |
| Until 2:08PM                     |                               | <i>Pradosha Vrata (Fasting)</i>   | <b>Chaitra•Chaitra</b>                |   |                  |
| Then Creative Work - Amrita Yoga |                               |   |                                       |   |                  |

|                            |                               |   |  |   |                  |
|----------------------------|-------------------------------|---|--|---|------------------|
| <b>4</b>                   | <b>Monday, April 24, 2017</b> | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam                     |  |   | Birmingham, AL   |
|                            |                               | Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |  |   | Sun 13 Sutra 8   |
|                            | Meena Rasi: 12.44             | <b>Gulika</b> 1:24PM – 3:03PM   | <b>Uttaraproshtapada</b> Until 12:32PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:07AM | Hemalamba 5119   |
|                            | Tithi 28 – 29                 | Yama 10:05AM – 11:44AM  | Vaidhriti* Until 4:39PM                | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:22PM       | Moon 4 - Phase 1 |
| 212271369                  | <b>Rahu</b> 6:46AM – 8:26AM   | Visti Until 11:09PM   | <b>Nataraja:</b> Purple                | 2nd Phase   |                  |
| <b>Family Home Evening</b> |                               | <b>Trayodashi*</b> Until 12:33PM  | Moon – Clear                           | <b>Bhuloka Day</b>                                |                  |
| Creative Work              | Siddha Yoga                   |   | <b>Chaitra•Chaitra</b>                 | <b>Devaloka Time:</b> 12:PM to 3:PM               |                  |

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|  | <b>Tuesday, April 25, 2017</b> | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam      |                             |   | Birmingham, AL   |
|   | <b>Retreat Star</b>            | Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                             |   | Sun 14 Sutra 9   |
|   | Meena Rasi: 27.18              | <b>Gulika</b> 11:44AM – 1:24PM  | <b>Revati</b> Until 10:13AM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:06AM | Hemalamba 5119   |
|   | Tithi 29 – 30                  | Yama 8:25AM – 10:05AM   | Vishkambha* Until 1:03PM    | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:23PM       | Moon 4 - Phase 1 |
| 212271369   | <b>Rahu</b> 3:04PM – 4:43PM    | Catuspada Until 7:59PM  | <b>Nataraja:</b> Purple     | Amavasya  |                  |
| Creative Work   | Siddha Yoga                    | <b>Chaturdashi*</b> Until 9:36AM  | Moon – Clear                | <b>Bhuloka Day</b>                                |                  |
|   |                                |   | <b>Chaitra•Chaitra</b>      | <b>Devaloka Time:</b> 12:PM to 3:PM               |                  |

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| <b>Retreat Star</b>              | <b>Wednesday, April 26, 2017</b> | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam |                             |   | Birmingham, AL   |
|                                  |                                  | Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau     |                             |   | Sun 15 Sutra 10  |
|                                  | Mesha Rasi: 12.12                | <b>Gulika</b> 10:04AM – 11:44AM  | <b>Ashvini</b> Until 7:47AM | <b>Ganesha:</b> Purple <i>Sunrise:</i> 5:05AM | Hemalamba 5119   |
|                                  | Tithi 30 – 1                     | Yama 6:44AM – 8:24AM   | Priti Until 9:09AM          | <b>Muruga:</b> Yellow <i>Sunset:</i> 6:24PM   | Moon 4 - Phase 1 |
| 222271369                        | <b>Rahu</b> 11:44AM – 1:24PM     | Bava Until 2:40AM Thu  | <b>Nataraja:</b> Purple     | Prathama                                      |                  |
| Routine Work                     | Marana Yoga                      | <b>Amavasya*</b> Until 6:15AM  | Moon – White                | <b>Bhuloka Day</b>                            |                  |
| Until 7:47AM                     |                                  |  | <b>Vaisaka•Chaitra</b>      | <b>Devaloka Time:</b> 12:PM to 3:PM           |                  |
| Then Creative Work - Siddha Yoga |                                  |  |                             |   |                  |

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| <b>1</b>                 |  | <b>Thursday, April 27, 2017</b> |                  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam |                         | Birmingham, AL         |                              |
| Mesha Rasi: 27.17        |  | Tithi 2                         |                  | Krittika Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau                      |                         | Sun 16 Sutra 11        |                              |
| 222271369                |  | <b>Gulika</b>                   | 8:24AM – 10:04AM | <b>Krittika Until 2:03AM Fri</b>  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:04AM | Hemalamba 5119               |
| Routine Work Marana Yoga |  | Yama                            | 5:04AM – 6:44AM  | Saubhagya Until 12:58AM Fri   | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:24PM  | Moon 4 - Phase 2             |
|                          |  | <b>Rahu</b>                     | 1:24PM – 3:04PM  | Balava Until 12:52PM  | <b>Nataraja:</b> Purple |                        | 3rd Phase                    |
|                          |  |                                 |                  | <b>Dvitiya Until 11:02PM</b>  | Moon – White            |                        |                              |
|                          |  |                                 |                  |   | <b>Vaisaka-Chaitra</b>  | <b>Bhuloka Day</b>     | Devaloka Time: 12:PM to 3:PM |

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| <b>2</b>                         |  | <b>Friday, April 28, 2017</b> |                   | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam |                            | Birmingham, AL         |                              |
| Vrishabha Rasi: 12.23            |  | Tithi 3                       |                   | Rohini Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau                             |                            | Sun 17 Sutra 12        |                              |
| 232271369                        |  | <b>Gulika</b>                 | 6:43AM – 8:23AM   | <b>Rohini Until 11:29PM</b>  | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 5:02AM | Hemalamba 5119               |
| Routine Work Marana Yoga         |  | Yama                          | 3:04PM – 4:45PM   | Sobhana Until 8:58PM   | <b>Muruga:</b> Yellow      | <i>Sunset:</i> 6:25PM  | Moon 4 - Phase 2             |
| Until 11:29PM                    |  | <b>Rahu</b>                   | 10:03AM – 11:44AM | Tailila Until 9:16AM   | <b>Nataraja:</b> Purple    |                        | 3rd Phase                    |
| Then Creative Work - Siddha Yoga |  |                               |                   | <b>Tritiya Until 7:30PM</b>  | Moon – Yellow              |                        |                              |
|                                  |  | <b>Akshaya Tritiya</b>        |                   |  | <b>Vaisaka-Chaitra</b>     | <b>Bhuloka Day</b>     | Devaloka Time: 12:PM to 3:PM |

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| <b>3</b>                  |  | <b>Saturday, April 29, 2017</b> |                  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam |                            | Birmingham, AL         |                              |
| Vrishabha Rasi: 27.22     |  | Tithi 4 – 5                     |                  | Mrigashira Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau      |                            | Sun 18 Sutra 13        |                              |
| 232271369                 |  | <b>Gulika</b>                   | 5:01AM – 6:42AM  | <b>Mrigashira Until 9:06PM</b>  | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 5:01AM | Hemalamba 5119               |
| Creative Work Siddha Yoga |  | Yama                            | 1:24PM – 3:05PM  | Athiganda* Until 5:12PM   | <b>Muruga:</b> Yellow      | <i>Sunset:</i> 6:26PM  | Moon 4 - Phase 2             |
|                           |  | <b>Rahu</b>                     | 8:23AM – 10:03AM | Bava Until 2:47AM Sun   | <b>Nataraja:</b> Purple    |                        | 3rd Phase                    |
|                           |  |                                 |                  | <b>Chaturthi* Until 4:15PM</b>  | Moon – Yellow              |                        |                              |
|                           |  |                                 |                  |   | <b>Vaisaka-Chaitra</b>     | <b>Bhuloka Day</b>     | Devaloka Time: 12:PM to 3:PM |

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| <b>4</b>                  |  | <b>Sunday, April 30, 2017</b> |                  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                            | Birmingham, AL         |                              |
| Mithuna Rasi: 12.04       |  | Tithi 5 – 6                   |                  | Ardra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau            |                            | Sun 19 Sutra 14        |                              |
| 232271369                 |  | <b>Gulika</b>                 | 3:05PM – 4:46PM  | <b>Ardra Until 7:01PM</b>  | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 5:00AM | Hemalamba 5119               |
| Creative Work Siddha Yoga |  | Yama                          | 11:43AM – 1:24PM | Sukarma Until 1:46PM   | <b>Muruga:</b> Yellow      | <i>Sunset:</i> 6:27PM  | Moon 4 - Phase 2             |
|                           |  | <b>Rahu</b>                   | 4:46PM – 6:27PM  | Kaulava Until 12:11AM Mon  | <b>Nataraja:</b> Purple    |                        | 3rd Phase                    |
|                           |  |                               |                  | <b>Panchami Until 1:24PM</b>   | Moon – Yellow              |                        |                              |
|                           |  | <b>Adi Sankara Jayanthi</b>   |                  |  | <b>Vaisaka-Chaitra</b>     | <b>Bhuloka Day</b>     | Devaloka Time: 12:PM to 3:PM |

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| <b>5</b>                         |  | <b>Monday, May 1, 2017</b> |                   | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam |                         | Birmingham, AL         |                  |
| Mithuna Rasi: 26.25              |  | Tithi 6 – 7                |                   | Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau    |                         | Sun 20 Sutra 15        |                  |
| 242371369                        |  | <b>Gulika</b>              | 1:24PM – 3:06PM   | <b>Punarvasu Until 5:46PM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:58AM | Hemalamba 5119   |
| <b>Family Home Evening</b>       |  | Yama                       | 10:02AM – 11:43AM | Dhriti Until 10:48AM  | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:28PM  | Moon 4 - Phase 2 |
| Creative Work Amrita Yoga        |  | <b>Rahu</b>                | 6:40AM – 8:21AM   | Gara Until 10:10PM  | <b>Nataraja:</b> Purple |                        | 3rd Phase        |
| Until 5:46PM                     |  |                            |                   | <b>Shashthi* Until 11:05AM</b>  | Moon – Blue             |                        |                  |
| Then Creative Work - Siddha Yoga |  |                            |                   |   | <b>Vaisaka-Chaitra</b>  | <b>Devaloka Day</b>    |                  |

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| <b>Retreat Star</b>       |  | <b>Tuesday, May 2, 2017</b> |                  | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam |                         | Birmingham, AL         |                  |
| Kataka Rasi: 10.23        |  | Tithi 7 – 8                 |                  | Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau       |                         | Sun 21 Sutra 16        |                  |
| 243371369                 |  | <b>Gulika</b>               | 11:43AM – 1:25PM | <b>Pushya Until 5:01PM</b>   | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 4:57AM | Hemalamba 5119   |
| Creative Work Siddha Yoga |  | Yama                        | 8:20AM – 10:02AM | Shula* Until 8:19AM  | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:29PM  | Moon 4 - Phase 2 |
|                           |  | <b>Rahu</b>                 | 3:06PM – 4:47PM  | Visti Until 8:48PM   | <b>Nataraja:</b> Purple |                        | Ashtami          |
|                           |  |                             |                  | <b>Saptami Until 9:23AM</b>  | Moon – Blue             |                        |                  |
|                           |  |                             |                  |  | <b>Vaisaka-Chaitra</b>  | <b>Devaloka Day</b>    |                  |

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| <b>Retreat Star</b>       |  | <b>Wednesday, May 3, 2017</b> |                   | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam |                         | Birmingham, AL         |                             |
| Kataka Rasi: 23.56        |  | Tithi 8 – 9                   |                   | Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau       |                         | Sun 22 Sutra 17        |                             |
| 243381369                 |  | <b>Gulika</b>                 | 10:01AM – 11:43AM | <b>Ashlesha* Until 4:47PM</b>  | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 4:56AM | Hemalamba 5119              |
| Creative Work Siddha Yoga |  | Yama                          | 6:38AM – 8:20AM   | Ganda* Until 6:23AM  | <b>Muruga:</b> Blue     | <i>Sunset:</i> 6:30PM  | Moon 4 - Phase 2            |
|                           |  | <b>Rahu</b>                   | 11:43AM – 1:25PM  | Balava Until 8:06PM  | <b>Nataraja:</b> Purple |                        | Navami                      |
|                           |  |                               |                   | <b>Ashtami* Until 8:21AM</b>   | Moon – Blue             |                        |                             |
|                           |  |                               |                   |  | <b>Vaisaka-Chaitra</b>  | <b>Bhuloka Day</b>     | Devaloka Time: 6:AM to 9:AM |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

|   |              |  |                            |  |                    |                |
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| <b>1 Thursday, May 4, 2017</b>  |              | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam |                            |  |                    | Birmingham, AL |
| Magha*/Purvaphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau |              | Sun 23 Sutra 18  |                            |  |                    |                |
| Simha Rasi: 7.07  | Tithi 9 – 10 | <b>Gulika</b> 8:19AM – 10:01AM   | <b>Magha* Until 5:30PM</b> | <b>Ganesha:</b> Green <i>Sunrise:</i> 4:55AM | Hemalamba 5119     |                |
|   |              | Yama 4:55AM – 6:37AM   | Dhruva Until 4:05AM Fri    | <b>Muruga:</b> Blue <i>Sunset:</i> 6:30PM    | Moon 4 - Phase 3   |                |
|   |              | 253381369 <b>Rahu</b> 1:25PM – 3:07PM  | Taitila Until 8:03PM       | <b>Nataraja:</b> Purple                      | 4th Phase          |                |
| Creative Work   | Amrita Yoga  | <b>Navami* Until 7:59AM</b>  |                            | Moon – Red                                   | <b>Bhuloka Day</b> |                |
| Until 5:30PM  |              |  |                            | <b>Vaisaka•Chaitra</b>                       |                    |                |
| Then Creative Work - Siddha Yoga  |              |  |                            |  |                    |                |

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| <b>2 Friday, May 5, 2017</b>   |               | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam |                                   |  |                    | Birmingham, AL |
| Purvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |               | Sun 24 Sutra 19   |                                   |  |                    |                |
| Simha Rasi: 19.59  | Tithi 10 – 11 | <b>Gulika</b> 6:37AM – 8:19AM   | <b>Purvaphalguni Until 6:37PM</b> | <b>Ganesha:</b> Green <i>Sunrise:</i> 4:54AM | Hemalamba 5119     |                |
|  |               | Yama 3:07PM – 4:49PM  | Vyaghata* Until 3:36AM Sat        | <b>Muruga:</b> Blue <i>Sunset:</i> 6:31PM    | Moon 4 - Phase 3   |                |
|  |               | 253381369 <b>Rahu</b> 10:01AM – 11:43AM   | Vanija Until 8:35PM               | <b>Nataraja:</b> Purple                      | 4th Phase          |                |
| Creative Work  | Siddha Yoga   | <b>Dashami Until 8:14AM</b>   |                                   | Moon – Red                                   | <b>Bhuloka Day</b> |                |
|  |               |   |                                   | <b>Vaisaka•Chaitra</b>                       |                    |                |

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| <b>3 Saturday, May 6, 2017</b>  |               | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam |                                    |  |                    | Birmingham, AL |
| Uttaraphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |               | Sun 25 Sutra 20  |                                    |  |                    |                |
| Kanya Rasi: 3   | Tithi 11 – 12 | <b>Gulika</b> 4:54AM – 6:36AM  | <b>Uttaraphalguni Until 8:05PM</b> | <b>Ganesha:</b> Green <i>Sunrise:</i> 4:54AM | Hemalamba 5119     |                |
|   |               | Yama 1:25PM – 3:07PM   | Harshana Until 3:30AM Sun          | <b>Muruga:</b> Blue <i>Sunset:</i> 6:32PM    | Moon 4 - Phase 3   |                |
|   |               | 253381369 <b>Rahu</b> 8:18AM – 10:00AM   | Bava Until 9:36PM                  | <b>Nataraja:</b> Purple                      | 4th Phase          |                |
| Routine Work  | Marana Yoga   | <b>Ekadashi Until 9:01AM</b>   |                                    | Moon – Red                                   | <b>Bhuloka Day</b> |                |
|   |               |  |                                    | <b>Vaisaka•Chaitra</b>                       |                    |                |

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| <b>4 Sunday, May 7, 2017</b>  |               | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                            |  |                             | Birmingham, AL |
| Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |               | Sun 26 Sutra 21   |                            |  |                             |                |
| Kanya Rasi: 15.01   | Tithi 12 – 13 | <b>Gulika</b> 3:08PM – 4:50PM   | <b>Hasta Until 10:14PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 4:53AM | Hemalamba 5119              |                |
|   |               | Yama 11:43AM – 1:25PM   | Vajra* Until 3:40AM Mon    | <b>Muruga:</b> Blue <i>Sunset:</i> 6:33PM  | Moon 4 - Phase 3            |                |
|   |               | 263381369 <b>Rahu</b> 4:50PM – 6:33PM   | Kaulava Until 11:01PM      | <b>Nataraja:</b> Purple                    | 4th Phase                   |                |
| Creative Work   | Amrita Yoga   | <b>Dvadashi Until 10:15AM</b>   |                            | Moon – Green                               | <b>Bhuloka Day</b>          |                |
| Until 10:14PM   |               |   |                            | <b>Vaisaka•Chaitra</b>                     | Devaloka Time: 6:AM to 9:AM |                |
| Then Creative Work - Siddha Yoga  |               |   |                            |  |                             |                |

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| <b>5 Monday, May 8, 2017</b>  |                    | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam |                                 |  |                             | Birmingham, AL |
| Chitra Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                    | Sun 27 Sutra 22  |                                 |  |                             |                |
| Kanya Rasi: 27.16   | Tithi 13 – 14      | <b>Gulika</b> 1:25PM – 3:08PM  | <b>Chitra Until 12:32AM Tue</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 4:52AM | Hemalamba 5119              |                |
| <b>Family Home Evening</b>  |                    | Yama 10:00AM – 11:43AM   | Siddhi Until 4:04AM Tue         | <b>Muruga:</b> Blue <i>Sunset:</i> 6:33PM  | Moon 4 - Phase 3            |                |
|   |                    | 263381369 <b>Rahu</b> 6:34AM – 8:17AM  | Gara Until 12:44AM Tue          | <b>Nataraja:</b> Purple                    | 4th Phase                   |                |
| Routine Work  | Prabalarishta Yoga | <b>Trayodashi Until 11:49AM</b>  |                                 | Moon – Green                               | <b>Bhuloka Day</b>          |                |
| Until 12:32AM Tue   |                    |  |                                 | <b>Vaisaka•Chaitra</b>                     | Devaloka Time: 6:AM to 9:AM |                |
| Then Creative Work - Siddha Yoga  |                    |  |                                 |  |                             |                |

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| <b>○ Tuesday, May 9, 2017</b> |               | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam |                               |  |                             | Birmingham, AL |
| <b>Copper Retreat Star</b>    |               | Svati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau                 |                               | Sun 27 Sutra 22                            |                             |                |
| Tula Rasi: 9.25               | Tithi 14 – 15 | <b>Gulika</b> 11:42AM – 1:25PM  | <b>Svati Until 2:54AM Wed</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 4:51AM | Hemalamba 5119              |                |
|                               |               | Yama 8:17AM – 10:00AM   | Vyatipata* Until 4:40AM Wed   | <b>Muruga:</b> Blue <i>Sunset:</i> 6:34PM  | Moon 4 - Phase 3            |                |
|                               |               | 263381369 <b>Rahu</b> 3:08PM – 4:51PM   | Visti Until 2:42AM Wed        | <b>Nataraja:</b> Purple                    | Purnima                     |                |
| Creative Work                 | Siddha Yoga   | <b>Chaturdashi* Until 1:40PM</b>  |                               | Moon – Green                               | <b>Bhuloka Day</b>          |                |
|                               |               | <b>Budha Purnima (Tamil Nadu)</b>   |                               | <b>Vaisaka•Chaitra</b>                     | Devaloka Time: 6:AM to 9:AM |                |

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| <b>Wednesday, May 10, 2017</b> |               | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam |                                  |   |                    | Birmingham, AL |
| <b>Silver Retreat Star</b>     |               | Vishakha Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau                      |                                  | Sun 24 Sutra 24                             |                    |                |
| Tula Rasi: 21.27               | Tithi 15 – 16 | <b>Gulika</b> 9:59AM – 11:42AM  | <b>Vishakha Until 5:48AM Thu</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 4:50AM | Hemalamba 5119     |                |
|                                |               | Yama 6:33AM – 8:16AM  | Variyan Until 5:23AM Thu         | <b>Muruga:</b> Blue <i>Sunset:</i> 6:35PM   | Moon 4 - Phase 3   |                |
|                                |               | 273381369 <b>Rahu</b> 11:42AM – 1:26PM  | Balava Until 4:51AM Thu          | <b>Nataraja:</b> Purple                     | Prathama           |                |
| Creative Work                  | Siddha Yoga   | <b>Purnima* Until 3:44PM</b>  |                                  | Moon – Orange                               | <b>Bhuloka Day</b> |                |
|                                |               |   |                                  | <b>Vaisaka•Chaitra</b>                      |                    |                |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda