



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Sutra 6

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Tula Rasi: 18.36 Tihi 16 - 17

261621369 **Rahu** 8:52AM - 10:28AM

Gulika 5:39AM - 7:15AM

Yama 1:42PM - 3:18PM

Svati Until 8:38AM

Siddhi Until 4:08PM

Taitila Until 1:02AM Sun

Prathama* Until 11:52AM

Ganesha: Clear

Muruga: White

Nataraja: Clear

Moon - Green

Chaitra*Chaitra

Sunrise: 5:39AM

Sunset: 6:31PM

Devaloka Day

Creative Work Siddha Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 7

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 0.32 Tihi 17 - 18

271621369 **Rahu** 4:55PM - 6:32PM

Gulika 3:18PM - 4:55PM

Yama 12:05PM - 1:42PM

Vishakha Until 11:35AM

Vyatipata* Until 4:53PM

Vanija Until 3:08AM Mon

Dvitiya Until 2:06PM

Ganesha: Purple

Muruga: White

Nataraja: Purple

Moon - Orange

Chaitra*Chaitra

Sunrise: 5:38AM

Sunset: 6:32PM

Bhuloka Day

Routine Work Marana Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Muscat, Oman

Sun 2 Sutra 8

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 12.33 Tihi 18 - 19

271621369 **Rahu** 7:14AM - 8:51AM

Gulika 1:42PM - 3:18PM

Yama 10:28AM - 12:05PM

Anuradha Until 2:08PM

Variyan Until 5:23PM

Bava Until 4:57AM Tue

Tritiya Until 4:04PM

Ganesha: Purple

Muruga: White

Nataraja: Purple

Moon - Orange

Chaitra*Chaitra

Sunrise: 5:37AM

Sunset: 6:32PM

Bhuloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 9

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Vrischika Rasi: 24.42 Tihi 19 - 20

271621369 **Rahu** 3:18PM - 4:56PM

Gulika 12:04PM - 1:41PM

Yama 8:50AM - 10:27AM

Jyeshtha* Until 4:12PM

Parigha* Until 5:39PM

Kaulava Until 6:23AM Wed

Chaturthi* Until 5:42PM

Ganesha: Purple

Muruga: White

Nataraja: Purple

Moon - Orange

Chaitra*Chaitra

Sunrise: 5:36AM

Sunset: 6:33PM

Bhuloka Day

Routine Work Marana Yoga

Until 4:12PM

Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 4 Sutra 10

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Dhanus Rasi: 6.59 Tihi 20

281621369 **Rahu** 12:04PM - 1:41PM

Gulika 10:27AM - 12:04PM

Yama 7:13AM - 8:50AM

Mula* Until 6:13PM

Shiva Until 5:38PM

Kaulava Until 6:23AM

Panchami Until 6:55PM

Ganesha: Clear

Muruga: White

Nataraja: Purple

Moon - Light Blue

Chaitra*Chaitra

Sunrise: 5:36AM

Sunset: 6:33PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 6:13PM

Then Creative Work - Amrita Yoga

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 5 Sutra 11

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Dhanus Rasi: 19.29 Tihi 21

281621369 **Rahu** 1:41PM - 3:19PM

Gulika 8:50AM - 10:27AM

Yama 5:35AM - 7:12AM

Purvashadha* Until 7:34PM

Siddha Until 5:11PM

Gara Until 7:22AM

Shashthi* Until 7:39PM

Ganesha: Clear

Muruga: White

Nataraja: Purple

Moon - Light Blue

Chaitra*Chaitra

Sunrise: 5:35AM

Sunset: 6:33PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:34PM

Then Routine Work - Marana Yoga

Friday, April 29, 2016

6

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman

Sun 6 Sutra 12

Durmukha 5118

Moon 4 - Phase 2

1st Phase

Makara Rasi: 2.13 Tihi 22

281621369 **Rahu** 10:27AM - 12:04PM

Gulika 7:12AM - 8:49AM

Yama 3:19PM - 4:56PM

Uttarashadha Until 8:12PM

Sadhya Until 4:18PM

Visti Until 7:48AM

Saptami Until 7:46PM

Ganesha: Clear

Muruga: White

Nataraja: Purple

Moon - Light Blue

Chaitra*Chaitra

Sunrise: 5:34AM

Sunset: 6:34PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 7 Sutra 13

Durmukha 5118

Moon 4 - Phase 2

Ashtami

Makara Rasi: 15.16 Tihi 23

291621369 **Rahu** 8:49AM - 10:26AM

Gulika 5:34AM - 7:11AM

Yama 1:41PM - 3:19PM

Shravana Until 8:29PM

Subha Until 2:55PM

Balava Until 7:36AM

Ashtami* Until 7:13PM

Ganesha: White

Muruga: White

Nataraja: Purple

Moon - Purple

Chaitra*Chaitra

Sunrise: 5:34AM

Sunset: 6:34PM

Bhuloka Day

Creative Work Siddha Yoga

Sunday, May 1, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Muscat, Oman

Sun 8 Sutra 14

Durmukha 5118

Moon 4 - Phase 2

Navami

Makara Rasi: 28.41 Tihi 24 - 25

291621369 **Rahu** 4:57PM - 6:35PM

Gulika 3:19PM - 4:57PM

Yama 12:04PM - 1:42PM

Dhanishtha Until 7:54PM

Sukla Until 12:56PM

Taitila Until 6:42AM

Navami* Until 5:58PM

Ganesha: White

Muruga: White

Nataraja: Purple

Moon - Purple

Chaitra*Chaitra

Sunrise: 5:33AM

Sunset: 6:35PM

Bhuloka Day

Routine Work Marana Yoga

Until 7:54PM

Then Creative Work - Siddha Yoga

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

Monday, May 2, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam				Muscat, Oman
1		Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 15
Kumbha Rasi: 12.32	Tithi 25 – 26	Gulika	1:42PM – 3:19PM	Shatabhishak Until 6:30PM	Ganesha: Yellow <i>Sunrise:</i> 5:32AM	Durmukha 5118
Family Home Evening	292621369	Yama	10:26AM – 12:04PM	Brahma Until 10:24AM	Muruga: White <i>Sunset:</i> 6:35PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu	7:10AM – 8:48AM	Bava Until 2:49AM Tue	Nataraja: Purple	2nd Phase
Until 6:30PM				Dashami Until 4:01PM	Moon – Purple	
Then Routine Work - Marana Yoga					Chaitra*Chaitra	Bhuloka Day Devaloka Time: 9:AM to12:PM

Tuesday, May 3, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam				Muscat, Oman
2		Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 16
Kumbha Rasi: 26.47	Tithi 26 – 27	Gulika	12:04PM – 1:42PM	Purvaprosarthapada* Until 4:47PM	Ganesha: Yellow <i>Sunrise:</i> 5:31AM	Durmukha 5118
	212621369	Yama	8:48AM – 10:26AM	Indra Until 7:22AM	Muruga: White <i>Sunset:</i> 6:36PM	Moon 4 - Phase 3
Routine Work	Marana Yoga	Rahu	3:20PM – 4:58PM	Kaulava Until 11:59PM	Nataraja: Purple	2nd Phase
Until 4:47PM				Ekadashi* Until 1:27PM	Moon – Clear	
Then Creative Work - Amrita Yoga					Chaitra*Chaitra	Bhuloka Day Devaloka Time: 9:AM to12:PM

Wednesday, May 4, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam				Muscat, Oman
3		Uttaraprosarthapada/Revati Nakshatra Vishkambha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 17
Meena Rasi: 11.26	Tithi 27 – 28	Gulika	10:25AM – 12:03PM	Uttaraprosarthapada Until 2:25PM	Ganesha: Yellow <i>Sunrise:</i> 5:31AM	Durmukha 5118
	212621369	Yama	7:09AM – 8:47AM	Vishkambha* Until 11:59PM	Muruga: White <i>Sunset:</i> 6:36PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu	12:03PM – 1:42PM	Gara Until 8:41PM	Nataraja: Purple	2nd Phase
Until 2:25PM				Dvadashi* Until 10:22AM	Moon – Clear	
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>	Chaitra*Chaitra	Bhuloka Day Devaloka Time: 9:AM to12:PM

Thursday, May 5, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam				Muscat, Oman
4		Revati/Ashvini Nakshatra Priti Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 18
Meena Rasi: 26.24	Tithi 28 – 29	Gulika	8:47AM – 10:25AM	Revati Until 11:34AM	Ganesha: Yellow <i>Sunrise:</i> 5:30AM	Durmukha 5118
	212621369	Yama	5:30AM – 7:09AM	Priti Until 7:54PM	Muruga: White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	Rahu	1:42PM – 3:20PM	Sakuni Until 3:13AM Fri	Nataraja: Purple	2nd Phase
Until 11:34AM				Trayodashi* Until 6:54AM	Moon – Clear	
Then Creative Work - Amrita Yoga					Chaitra*Chaitra	Bhuloka Day Devaloka Time: 9:AM to12:PM

Friday, May 6, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Sukra Vasara Yuktayam				Muscat, Oman
Retreat Star		Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Caluspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 19
Mesha Rasi: 11.33	Tithi 30	Gulika	7:08AM – 8:46AM	Ashvini Until 8:48AM	Ganesha: Red <i>Sunrise:</i> 5:30AM	Durmukha 5118
	222621369	Yama	3:20PM – 4:59PM	Ayushman Until 3:41PM	Muruga: White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
Creative Work	Amrita Yoga	Rahu	10:25AM – 12:03PM	Catuspada Until 1:21PM	Nataraja: Purple	Amavasya
Until 8:48AM				Amavasya* Until 11:27PM	Moon – White	
Then Creative Work - Siddha Yoga					Chaitra*Chaitra	Bhuloka Day Devaloka Time: 9:AM to12:PM

Saturday, May 7, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam				Muscat, Oman
Retreat Star		Krittika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 20
Mesha Rasi: 26.44	Tithi 1	Gulika	5:29AM – 7:08AM	Krittika Until 2:57AM Sun	Ganesha: Red <i>Sunrise:</i> 5:29AM	Durmukha 5118
	222621369	Yama	1:42PM – 3:20PM	Saubhagya Until 11:31AM	Muruga: White <i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
Creative Work	Amrita Yoga	Rahu	8:46AM – 10:25AM	Kintughna Until 9:37AM	Nataraja: Purple	Prathama
Until 2:57AM Sun				Prathama* Until 7:47PM	Moon – White	
Then Creative Work - Siddha Yoga					Vaisaka*Chaitra	Bhuloka Day Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 8, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
Rohini Nakshatra Sobhana/Athiganda* Yoga Balava/Tailila Karana Dvitiya/Tritiyayam Titau				Sun 15 Sutra 21		
Vrishabha Rasi: 11.49 Tithi 2 – 3		Gulika 3:21PM – 4:59PM	Rohini Until 12:38AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:28AM	Durmukha 5118	
232621369		Yama 12:03PM – 1:42PM	Sobhana Until 7:32AM	Muruga: White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 4	
Creative Work Siddha Yoga		Rahu 4:59PM – 6:38PM	Balava Until 6:04AM	Nataraja: Purple	3rd Phase	
Until 12:38AM Mon		Mother's Day		Moon – Yellow	Bhuloka Day	
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

2 Monday, May 9, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Muscat, Oman
Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Sun 16 Sutra 22		
Vrishabha Rasi: 26.36 Tithi 3 – 4		Gulika 1:42PM – 3:21PM	Mrigashira Until 10:41PM	Ganesha: Yellow <i>Sunrise:</i> 5:28AM	Durmukha 5118	
232621369		Yama 10:24AM – 12:03PM	Sukarma Until 12:33AM Tue	Muruga: White <i>Sunset:</i> 6:38PM	Moon 4 - Phase 4	
Family Home Evening		Rahu 7:07AM – 8:45AM	Vanija Until 12:11AM Tue	Nataraja: Purple	3rd Phase	
Creative Work Amrita Yoga		Akshaya Tritiya		Moon – Yellow	Bhuloka Day	
Until 10:41PM				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga						

3 Tuesday, May 10, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Muscat, Oman
Ardra Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 17 Sutra 23		
Mithuna Rasi: 10.59 Tithi 4 – 5		Gulika 12:03PM – 1:42PM	Ardra Until 9:15PM	Ganesha: Yellow <i>Sunrise:</i> 5:27AM	Durmukha 5118	
232621369		Yama 8:45AM – 10:24AM	Dhriti Until 9:51PM	Muruga: White <i>Sunset:</i> 6:39PM	Moon 4 - Phase 4	
Routine Work Marana Yoga		Rahu 3:21PM – 5:00PM	Bava Until 10:10PM	Nataraja: Purple	3rd Phase	
Until 9:15PM		Chaturthi* Until 11:04AM		Moon – Yellow	Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 9:AM to12:PM	

4 Wednesday, May 11, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Muscat, Oman
Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 18 Sutra 24		
Mithuna Rasi: 24.55 Tithi 5 – 6		Gulika 10:24AM – 12:03PM	Punarvasu Until 8:54PM	Ganesha: White <i>Sunrise:</i> 5:27AM	Durmukha 5118	
242621369		Yama 7:06AM – 8:45AM	Shula* Until 7:46PM	Muruga: White <i>Sunset:</i> 6:39PM	Moon 4 - Phase 4	
Creative Work Siddha Yoga		Rahu 12:03PM – 1:42PM	Kaulava Until 8:56PM	Nataraja: Purple	3rd Phase	
		Panchami Until 9:26AM		Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

5 Thursday, May 12, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Muscat, Oman
Pushya Nakshatra Ganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 25		
Kataka Rasi: 8.22 Tithi 6 – 7		Gulika 8:45AM – 10:24AM	Pushya Until 9:14PM	Ganesha: White <i>Sunrise:</i> 5:26AM	Durmukha 5118	
242621369		Yama 5:26AM – 7:05AM	Ganda* Until 6:23PM	Muruga: White <i>Sunset:</i> 6:40PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 1:42PM – 3:21PM	Gara Until 8:34PM	Nataraja: Purple	3rd Phase	
Until 9:14PM		Shashthi* Until 8:37AM		Moon – Blue	Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		

Friday, May 13, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Muscat, Oman
Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 26		
Kataka Rasi: 21.21 Tithi 7 – 8		Gulika 7:05AM – 8:44AM	Ashlesha* Until 10:15PM	Ganesha: White <i>Sunrise:</i> 5:26AM	Durmukha 5118	
242621369		Yama 3:22PM – 5:01PM	Vriddhi Until 5:41PM	Muruga: White <i>Sunset:</i> 6:40PM	Moon 4 - Phase 4	
Routine Work Marana Yoga		Rahu 10:24AM – 12:03PM	Visti Until 9:04PM	Nataraja: Purple	Ashtami	
		Saptami Until 8:41AM		Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

Saturday, May 14, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Muscat, Oman
Magha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 27		
Simha Rasi: 3.55 Tithi 8 – 9		Gulika 5:25AM – 7:05AM	Magha* Until 12:22AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:25AM	Durmukha 5118	
252621369		Yama 1:42PM – 3:22PM	Dhruva Until 5:36PM	Muruga: White <i>Sunset:</i> 6:41PM	Moon 4 - Phase 4	
Creative Work Amrita Yoga		Rahu 8:44AM – 10:24AM	Balava Until 10:21PM	Nataraja: Purple	Navami	
Until 12:22AM Sun		Ashtami* Until 9:36AM		Moon – Red	Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi	Devaloka Time: 9:AM to12:PM	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1

Sunday, May 15, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam

Muscat, Oman

Simha Rasi: 16.11 Tithi 9 - 10

Gulika 3:22PM - 5:02PM
Yama 12:03PM - 1:43PM
Rahu 5:02PM - 6:41PM

Purvaphalguni Until 2:54AM Mon
Vyaghata* Until 6:03PM
Taitila Until 12:16AM Mon
Navami* Until 11:13AM

Ganesh: Purple Sunrise: 5:25AM
Muruga: White Sunset: 6:41PM
Nataraja: Purple
Moon - Red
Vaisaka-Vaikasi

Sun 22 Sutra 28
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Creative Work Siddha Yoga

2

Monday, May 16, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Muscat, Oman

Simha Rasi: 28.12 Tithi 10 - 11

Gulika 1:43PM - 3:22PM
Yama 10:23AM - 12:03PM
Rahu 7:04AM - 8:44AM

Uttaraphalguni Until 5:40AM Tue
Harshana Until 6:52PM
Vanija Until 2:36AM Tue
Dashami Until 1:22PM

Ganesh: Purple Sunrise: 5:24AM
Muruga: White Sunset: 6:42PM
Nataraja: Purple
Moon - Red
Vaisaka-Vaikasi

Sun 23 Sutra 29
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Creative Work Siddha Yoga

3

Tuesday, May 17, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau

Muscat, Oman

Kanya Rasi: 10.04 Tithi 11 - 12

Gulika 12:03PM - 1:43PM
Yama 8:44AM - 10:23AM
Rahu 3:23PM - 5:02PM

Hasta Until 8:56AM Wed
Vajra* Until 7:52PM
Bava Until 5:10AM Wed
Ekadashi Until 3:51PM

Ganesh: Clear Sunrise: 5:24AM
Muruga: White Sunset: 6:42PM
Nataraja: Purple
Moon - Green
Vaisaka-Vaikasi

Sun 24 Sutra 30
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

4

Wednesday, May 18, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Siddhi Yoga Balava Karana Dvadashyam Titau

Muscat, Oman

Kanya Rasi: 21.53 Tithi 12

Gulika 10:23AM - 12:03PM
Yama 7:03AM - 8:43AM
Rahu 12:03PM - 1:43PM

Hasta Until 8:56AM
Siddhi Until 8:57PM
Balava Until 6:26PM
Dvadashi Until 6:26PM

Ganesh: Purple Sunrise: 5:24AM
Muruga: White Sunset: 6:43PM
Nataraja: Purple
Moon - Green
Vaisaka-Vaikasi

Sun 25 Sutra 31
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Routine Work Marana Yoga

Until 8:56AM

Then Creative Work - Siddha Yoga

5

Thursday, May 19, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau

Muscat, Oman

Tula Rasi: 3.41 Tithi 13

Gulika 8:43AM - 10:23AM
Yama 5:23AM - 7:03AM
Rahu 1:43PM - 3:23PM

Chitra Until 12:02PM
Vyatipata* Until 9:59PM
Kaulava Until 7:44AM
Trayodashi Until 8:57PM
Pradosha Vrata

Ganesh: Purple Sunrise: 5:23AM
Muruga: White Sunset: 6:43PM
Nataraja: Purple
Moon - Green
Vaisaka-Vaikasi

Sun 26 Sutra 32
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Until 12:02PM

Then Creative Work - Amrita Yoga

6

Friday, May 20, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Varyan Yoga Gara/Vanija Karana Chaturdashyam Titau

Muscat, Oman

Tula Rasi: 15.32 Tithi 14

Gulika 7:03AM - 8:43AM
Yama 3:23PM - 5:04PM
Rahu 10:23AM - 12:03PM

Svati Until 2:49PM
Varyan Until 10:50PM
Gara Until 10:09AM
Chaturdashi* Until 11:15PM

Ganesh: Purple Sunrise: 5:23AM
Muruga: White Sunset: 6:44PM
Nataraja: Purple
Moon - Green
Vaisaka-Vaikasi

Sun 27 Sutra 33
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Devaloka Day

Creative Work Siddha Yoga

Vaikasi Visakam

O

Saturday, May 21, 2016

Copper Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau

Muscat, Oman

Tula Rasi: 27.28 Tithi 15

Gulika 5:22AM - 7:03AM
Yama 1:44PM - 3:24PM
Rahu 8:43AM - 10:23AM

Vishakha Until 5:40PM
Parigha* Until 11:28PM
Visti Until 12:20PM
Purnima* Until 1:17AM Sun

Ganesh: Clear Sunrise: 5:22AM
Muruga: White Sunset: 6:44PM
Nataraja: Purple
Moon - Orange
Vaisaka-Vaikasi

Sutra 34
Durmukha 5118
Moon 4 - Phase 5
Purnima

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Sunday, May 22, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau

Muscat, Oman

Vrischika Rasi: 9.32 Tithi 16

Gulika 3:24PM - 5:04PM
Yama 12:03PM - 1:44PM
Rahu 5:04PM - 6:45PM

Anuradha Until 8:03PM
Shiva Until 11:53PM
Balava Until 2:11PM
Prathama* Until 2:58AM Mon

Ganesh: Clear Sunrise: 5:22AM
Muruga: White Sunset: 6:45PM
Nataraja: Purple
Moon - Orange
Vaisaka-Vaikasi

Sutra 35
Durmukha 5118
Moon 4 - Phase 5
Prathama

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 23, 2016
Gold Retreat Star

Vrischika Rasi: 21.43 Tiithi 17
Family Home Evening
Creative Work Siddha Yoga

283721369

Gulika 1:44PM – 3:24PM
Yama 10:23AM – 12:03PM
Rahu 7:02AM – 8:43AM

Jyeshtha* Until 9:56PM
Siddha Until 11:59PM
Taitila Until 3:42PM
Dvitiya Until 4:19AM Tue

Ganesh: Clear *Sunrise:* 5:22AM
Muruga: White *Sunset:* 6:45PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Muscat, Oman
Sun 1 Sutra 36
Durmukha 5118
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

1

Tuesday, May 24, 2016

Dhanus Rasi: 4.04 Tiithi 18
Creative Work Amrita Yoga
Until 11:48PM
Then Creative Work - Siddha Yoga

283721369

Gulika 12:04PM – 1:44PM
Yama 8:43AM – 10:23AM
Rahu 3:25PM – 5:05PM

Mula* Until 11:48PM
Sadhya Until 11:50PM
Vanija Until 4:52PM
Tritiya Until 5:17AM Wed

Ganesh: White *Sunrise:* 5:22AM
Muruga: White *Sunset:* 6:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Muscat, Oman
Sun 2 Sutra 37
Durmukha 5118
Moon 5 - Phase 6
1st Phase
Devaloka Day
Devaloka Time: 9:AM to12:PM

2

Wednesday, May 25, 2016

Dhanus Rasi: 16.34 Tiithi 19
Creative Work Amrita Yoga
Until 1:08AM Thu
Then Routine Work - Marana Yoga

383721369

Gulika 10:23AM – 12:04PM
Yama 7:02AM – 8:42AM
Rahu 12:04PM – 1:44PM

Purvashadha* Until 1:08AM Thu
Subha Until 11:24PM
Bava Until 5:39PM
Chaturthi* Until 5:52AM Thu

Ganesh: Clear *Sunrise:* 5:21AM
Muruga: White *Sunset:* 6:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Muscat, Oman
Sun 3 Sutra 38
Durmukha 5118
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Thursday, May 26, 2016

Dhanus Rasi: 29.14 Tiithi 20
Routine Work Marana Yoga

383721369

Gulika 8:42AM – 10:23AM
Yama 5:21AM – 7:02AM
Rahu 1:44PM – 3:25PM

Uttarashadha Until 1:54AM Fri
Sukla Until 10:37PM
Kaulava Until 6:02PM
Panchami Until 6:02AM Fri

Ganesh: Clear *Sunrise:* 5:21AM
Muruga: White *Sunset:* 6:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Muscat, Oman
Sun 4 Sutra 39
Durmukha 5118
Moon 5 - Phase 6
1st Phase
Bhuloka Day
Devaloka Time: 9:AM to12:PM

4

Friday, May 27, 2016

Makara Rasi: 12.07 Tiithi 20 – 21
Routine Work Marana Yoga
Until 2:31AM Sat
Then Creative Work - Siddha Yoga

393731369

Gulika 7:02AM – 8:42AM
Yama 3:25PM – 5:06PM
Rahu 10:23AM – 12:04PM

Shravana Until 2:31AM Sat
Brahma Until 9:29PM
Vanija Until 5:43AM Sat
Panchami Until 6:02AM

Ganesh: White *Sunrise:* 5:21AM
Muruga: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Muscat, Oman
Sun 5 Sutra 40
Durmukha 5118
Moon 5 - Phase 6
1st Phase
Sivaloka Day

5

Saturday, May 28, 2016

Makara Rasi: 25.14 Tiithi 22
Creative Work Siddha Yoga

393731369

Gulika 5:21AM – 7:01AM
Yama 1:45PM – 3:26PM
Rahu 8:42AM – 10:23AM

Dhanishtha Until 2:29AM Sun
Indra Until 7:57PM
Visti Until 5:24PM
Saptami Until 4:54AM Sun

Ganesh: White *Sunrise:* 5:21AM
Muruga: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Muscat, Oman
Sun 6 Sutra 41
Durmukha 5118
Moon 5 - Phase 6
1st Phase
Sivaloka Day

D

Sunday, May 29, 2016
Retreat Star

Kumbha Rasi: 8.38 Tiithi 23
Creative Work Siddha Yoga
Until 1:45AM Mon
Then Routine Work - Marana Yoga

393731369

Gulika 3:26PM – 5:07PM
Yama 12:04PM – 1:45PM
Rahu 5:07PM – 6:48PM

Shatabhishak Until 1:45AM Mon
Vaidhriti* Until 5:59PM
Balava Until 4:18PM
Ashtami* Until 3:31AM Mon

Ganesh: White *Sunrise:* 5:20AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Muscat, Oman
Sun 7 Sutra 42
Durmukha 5118
Moon 5 - Phase 6
Ashtami
Sivaloka Day

Monday, May 30, 2016
Retreat Star

Kumbha Rasi: 22.21 Tiithi 24
Family Home Evening
Routine Work Marana Yoga
Until 12:47AM Tue
Then Creative Work - Amrita Yoga

314731369

Gulika 1:45PM – 3:26PM
Yama 10:23AM – 12:04PM
Rahu 7:01AM – 8:42AM

Purvaproshtapada* Until 12:47AM Tue
Vishkambha* Until 3:34PM
Taitila Until 2:38PM
Navami* Until 1:36AM Tue

Ganesh: Clear *Sunrise:* 5:20AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Purple
Moon – Clear
Vaisaka-Vaikasi


Muscat, Oman
Sun 8 Sutra 43
Durmukha 5118
Moon 5 - Phase 6
Navami
Devaloka Day

1		Tuesday, May 31, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau		Muscat, Oman Sun 9 Sutra 44
Meena Rasi: 6.25	Tithi 25	Gulika	12:04PM – 1:45PM	Uttaraproshtapada Until 11:09PM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
		Yama	8:42AM – 10:23AM	Priti Until 12:44PM	Muruga: Clear	<i>Sunset:</i> 6:49PM	Moon 5 - Phase 7	
		314731369 Rahu	3:27PM – 5:08PM	Vanija Until 12:27PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 11:10PM	Moon – Clear		Devaloka Day	
Until 11:09PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

2		Wednesday, June 1, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Muscat, Oman Sun 10 Sutra 45
Meena Rasi: 20.47	Tithi 26	Gulika	10:23AM – 12:05PM	Revati Until 8:57PM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
		Yama	7:01AM – 8:42AM	Ayushman Until 9:29AM	Muruga: Clear	<i>Sunset:</i> 6:49PM	Moon 5 - Phase 7	
		314731369 Rahu	12:05PM – 1:46PM	Bava Until 9:48AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 8:18PM	Moon – Clear		Devaloka Day	
					Vaisaka-Vaikasi			

3		Thursday, June 2, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 11 Sutra 46
Mesha Rasi: 5.28	Tithi 27 – 28	Gulika	8:42AM – 10:23AM	Ashvini Until 6:42PM	Ganesha: White	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
		Yama	5:20AM – 7:01AM	Sobhana Until 2:10AM Fri	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 5 - Phase 7	
		324731369 Rahu	1:46PM – 3:27PM	Kaulava Until 6:45AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 5:07PM	Moon – White		Bhuloka Day	
Until 6:42PM				<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga								

4		Friday, June 3, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 12 Sutra 47
Mesha Rasi: 20.2	Tithi 28 – 29	Gulika	7:01AM – 8:42AM	Bharani Until 4:08PM	Ganesha: White	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
		Yama	3:27PM – 5:09PM	Athiganda* Until 10:16PM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 5 - Phase 7	
		324731369 Rahu	10:24AM – 12:05PM	Visti Until 12:02AM Sat	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 1:44PM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM	

		Saturday, June 4, 2016				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Muscat, Oman Sun 13 Sutra 48
Retreat Star		Gulika	5:20AM – 7:01AM	Krittika Until 1:24PM	Ganesha: White	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
Vrishabha Rasi: 5.18	Tithi 29 – 30	Yama	1:46PM – 3:28PM	Sukarma Until 6:24PM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 5 - Phase 7	
		324731369 Rahu	8:42AM – 10:24AM	Catuspada Until 8:38PM	Nataraja: Purple		Amavasya	
Creative Work	Amrita Yoga			Chaturdashi* Until 10:18AM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 12:PM to 3:PM	

Sunday, June 5, 2016		Retreat Star				Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Muscat, Oman Sun 14 Sutra 49
Vrishabha Rasi: 20.11	Tithi 30 – 1	Gulika	3:28PM – 5:09PM	Rohini Until 11:04AM	Ganesha: Green	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
		Yama	12:05PM – 1:47PM	Dhriti Until 2:41PM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7	
		334731361 Rahu	5:09PM – 6:51PM	Bava Until 3:58AM Mon	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 7:00AM	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM	

1		Monday, June 6, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Muscat, Oman
Mithuna Rasi: 4.53	Tithi 2	Gulika	1:47PM – 3:28PM	Mrigashira Until 8:56AM	Ganesh: Green	<i>Sunrise:</i> 5:20AM	Sun 15	Sutra 50
Family Home Evening	334731361	Yama	10:24AM – 12:05PM	Shula* Until 11:14AM	Muruga: Clear	<i>Sunset:</i> 6:51PM		Durmukha 5118
Creative Work	Amrita Yoga	Rahu	7:01AM – 8:43AM	Balava Until 2:37PM	Nataraja: White			Moon 5 - Phase 8
Until 8:56AM				Dvitiya Until 1:22AM Tue	Moon – Yellow			3rd Phase
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi	Bhuloka Day		
						Devaloka Time: 12:PM to 3:PM		

2		Tuesday, June 7, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhi Yoga Tailata/Gara Karana Tritiyayam Titau				Muscat, Oman
Mithuna Rasi: 19.14	Tithi 3	Gulika	12:06PM – 1:47PM	Ardra Until 7:08AM	Ganesh: Green	<i>Sunrise:</i> 5:20AM	Sun 16	Sutra 51
	334731361	Yama	8:43AM – 10:24AM	Ganda* Until 8:13AM	Muruga: Clear	<i>Sunset:</i> 6:52PM		Durmukha 5118
Routine Work	Marana Yoga	Rahu	3:29PM – 5:10PM	Taitila Until 12:19PM	Nataraja: White			Moon 5 - Phase 8
Until 7:08AM				Tritiya Until 11:23PM	Moon – Yellow			3rd Phase
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi	Bhuloka Day		
						Devaloka Time: 12:PM to 3:PM		

3		Wednesday, June 8, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Muscat, Oman
Kataka Rasi: 3.1	Tithi 4	Gulika	10:24AM – 12:06PM	Punarvasu Until 6:16AM	Ganesh: White	<i>Sunrise:</i> 5:20AM	Sun 17	Sutra 52
	344731361	Yama	7:01AM – 8:43AM	Dhruva Until 3:52AM Thu	Muruga: Clear	<i>Sunset:</i> 6:52PM		Durmukha 5118
Creative Work	Siddha Yoga	Rahu	12:06PM – 1:47PM	Vanija Until 10:41AM	Nataraja: White			Moon 5 - Phase 8
				Chaturthi* Until 10:08PM	Moon – Blue			3rd Phase
					Jyeshtha-Vaikasi	Bhuloka Day		
						Devaloka Time: 12:PM to 3:PM		

4		Thursday, June 9, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman
Kataka Rasi: 16.38	Tithi 5	Gulika	8:43AM – 10:24AM	Pushya Until 6:01AM	Ganesh: White	<i>Sunrise:</i> 5:20AM	Sun 18	Sutra 53
	344731361	Yama	5:20AM – 7:01AM	Vyaghata* Until 2:41AM Fri	Muruga: Clear	<i>Sunset:</i> 6:52PM		Durmukha 5118
Creative Work	Amrita Yoga	Rahu	1:48PM – 3:29PM	Bava Until 9:50AM	Nataraja: White			Moon 5 - Phase 8
Until 6:01AM				Panchami Until 9:43PM	Moon – Blue			3rd Phase
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi	Bhuloka Day		
						Devaloka Time: 12:PM to 3:PM		

5		Friday, June 10, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Muscat, Oman
Kataka Rasi: 29.4	Tithi 6	Gulika	7:01AM – 8:43AM	Ashlesha* Until 6:27AM	Ganesh: White	<i>Sunrise:</i> 5:20AM	Sun 19	Sutra 54
	344731361	Yama	3:29PM – 5:11PM	Harshana Until 2:11AM Sat	Muruga: Clear	<i>Sunset:</i> 6:53PM		Durmukha 5118
Routine Work	Marana Yoga	Rahu	10:25AM – 12:06PM	Kaulava Until 9:51AM	Nataraja: White			Moon 5 - Phase 8
				Shashthi* Until 10:09PM	Moon – Blue			3rd Phase
					Jyeshtha-Vaikasi	Bhuloka Day		
						Devaloka Time: 12:PM to 3:PM		

6		Saturday, June 11, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman
Simha Rasi: 12.17	Tithi 7	Gulika	5:20AM – 7:01AM	Magha* Until 8:01AM	Ganesh: Purple	<i>Sunrise:</i> 5:20AM	Sun 20	Sutra 55
	355731361	Yama	1:48PM – 3:30PM	Vajra* Until 2:16AM Sun	Muruga: Clear	<i>Sunset:</i> 6:53PM		Durmukha 5118
Creative Work	Amrita Yoga	Rahu	8:43AM – 10:25AM	Gara Until 10:41AM	Nataraja: White			Moon 5 - Phase 8
Until 8:01AM				Saptami Until 11:22PM	Moon – Red			3rd Phase
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi	Sivaloka Day		

☾		Sunday, June 12, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman
Retreat Star		Gulika	3:30PM – 5:12PM	Purvaphalguni Until 10:09AM	Ganesh: Clear	<i>Sunrise:</i> 5:20AM	Sun 21	Sutra 56
Simha Rasi: 24.34	Tithi 8	Yama	12:07PM – 1:48PM	Siddhi Until 2:50AM Mon	Muruga: Clear	<i>Sunset:</i> 6:53PM		Durmukha 5118
	355831361	Rahu	5:12PM – 6:53PM	Visti Until 12:16PM	Nataraja: White			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Ashtami* Until 1:14AM Mon	Moon – Red			Ashtami
Until 10:09AM					Jyeshtha-Vaikasi	Devaloka Day		
Then Creative Work - Amrita Yoga								

☾		Monday, June 13, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Muscat, Oman
Retreat Star		Gulika	1:48PM – 3:30PM	Uttaraphalguni Until 12:39PM	Ganesh: Clear	<i>Sunrise:</i> 5:20AM	Sun 22	Sutra 57
Kanya Rasi: 7	Tithi 9	Yama	10:25AM – 12:07PM	Vyatipata* Until 3:44AM Tue	Muruga: Clear	<i>Sunset:</i> 6:54PM		Durmukha 5118
Family Home Evening	355831361	Rahu	7:02AM – 8:43AM	Balava Until 2:22PM	Nataraja: White			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Navami* Until 3:32AM Tue	Moon – Red			Navami
					Jyeshtha-Vaikasi	Devaloka Day		

1		Tuesday, June 14, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam			Muscat, Oman
Kanya Rasi: 18.29		Tithi 10		Hasta/Citra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau		Sun 23		Sutra 58	
Creative Work		Siddha Yoga		Gulika 12:07PM – 1:49PM	Hasta Until 3:48PM	Ganesha: Purple	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
				Yama 8:43AM – 10:25AM	Variyan Until 4:45AM Wed	Muruga: Clear	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 9	
		375831361		Rahu 3:30PM – 5:12PM	Tailila Until 4:48PM	Nataraja: White		4th Phase	
					Dashami Until 6:02AM Wed	Moon – Green			
						Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

2		Wednesday, June 15, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam			Muscat, Oman
Tula Rasi: 0.19		Tithi 10 – 11		Chitra Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 59	
Creative Work		Siddha Yoga		Gulika 10:25AM – 12:07PM	Chitra Until 6:52PM	Ganesha: Purple	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
				Yama 7:02AM – 8:44AM	Parigha* Until 5:46AM Thu	Muruga: Clear	<i>Sunset:</i> 6:54PM	Moon 5 - Phase 9	
		375831361		Rahu 12:07PM – 1:49PM	Vanija Until 7:18PM	Nataraja: White		4th Phase	
					Dashami Until 6:02AM	Moon – Green			
						Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

3		Thursday, June 16, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam			Muscat, Oman
Tula Rasi: 12.1		Tithi 11 – 12		Svati Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25		Sutra 60	
Creative Work		Amrita Yoga		Gulika 8:44AM – 10:26AM	Svati Until 9:38PM	Ganesha: Purple	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
Until 9:38PM				Yama 5:20AM – 7:02AM	Shiva Until 6:38AM Fri	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 9	
Then Creative Work - Siddha Yoga		375831361		Rahu 1:49PM – 3:31PM	Bava Until 9:39PM	Nataraja: White		4th Phase	
					Ekadashi Until 8:29AM	Moon – Green			
						Jyeshtha•Ani	Bhuloka Day	Devaloka Time: 12:PM to 3:PM	

4		Friday, June 17, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam			Muscat, Oman
Tula Rasi: 24.04		Tithi 12 – 13		Vishakha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 61	
Creative Work		Siddha Yoga		Gulika 7:02AM – 8:44AM	Vishakha Until 12:27AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Durmukha 5118	
				Yama 3:31PM – 5:13PM	Shiva Until 6:38AM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 9	
		375831361		Rahu 10:26AM – 12:08PM	Kaulava Until 11:43PM	Nataraja: White		4th Phase	
					Dvadashi Until 10:42AM	Moon – Orange			
					<i>Pradosha Vrata</i>	Jyeshtha•Ani	Devaloka Day		

5		Saturday, June 18, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam			Muscat, Oman
Vrischika Rasi: 6.07		Tithi 13 – 14		Anuradha Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 62	
Creative Work		Siddha Yoga		Gulika 5:21AM – 7:02AM	Anuradha Until 2:44AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Durmukha 5118	
Until 2:44AM Sun				Yama 1:50PM – 3:31PM	Sadhya Until 7:14AM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 9	
Then Routine Work - Marana Yoga		375831361		Rahu 8:44AM – 10:26AM	Gara Until 1:24AM Sun	Nataraja: White		4th Phase	
					Trayodashi Until 12:36PM	Moon – Orange			
						Jyeshtha•Ani	Devaloka Day		

○		Sunday, June 19, 2016				Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam			Muscat, Oman
Copper Retreat Star		Tithi 14 – 15		Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 63	
Vrischika Rasi: 18.2				Gulika 3:32PM – 5:13PM	Jyeshtha* Until 4:26AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Durmukha 5118	
Routine Work		Marana Yoga		Yama 12:08PM – 1:50PM	Sadhya Until 7:31AM	Muruga: Clear	<i>Sunset:</i> 6:55PM	Moon 5 - Phase 9	
Until 4:26AM Mon				Rahu 5:13PM – 6:55PM	Visti Until 2:39AM Mon	Nataraja: White		Purnima	
Then Creative Work - Siddha Yoga					Chaturdashi* Until 2:04PM	Moon – Orange			
				Father's Day		Jyeshtha•Ani	Devaloka Day		

Monday, June 20, 2016		Silver Retreat Star				Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam			Muscat, Oman
Dhanus Rasi: 0.43		Tithi 15 – 16		Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 27		Sutra 64	
Family Home Evening				Gulika 1:50PM – 3:32PM	Mula* Until 6:01AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:21AM	Durmukha 5118	
Creative Work		Siddha Yoga		Yama 10:26AM – 12:08PM	Subha Until 7:29AM	Muruga: Clear	<i>Sunset:</i> 6:56PM	Moon 5 - Phase 9	
		375831361		Rahu 7:03AM – 8:45AM	Balava Until 3:27AM Tue	Nataraja: White		Prathama	
					Purnima* Until 3:05PM	Moon – Light Blue			
						Jyeshtha•Ani	Devaloka Day		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Utlarayne Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Mula*/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Sutra 65

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 13.19 Tihi 16 - 17

Gulika 12:08PM - 1:50PM

Mula* Until 6:01AM

Ganesha: Yellow

Sunrise: 5:21AM

Yama 8:45AM - 10:27AM

Sukla Until 7:05AM

Muruga: Clear

Sunset: 6:56PM

386831361 Rahu 3:32PM - 5:14PM

Taitila Until 3:49AM Wed

Nataraja: White

Devaloka Day

Creative Work Amrita Yoga

Until 6:01AM

Then Creative Work - Siddha Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam

Purvashadha*/Utlarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau

Muscat, Oman

Sun 1 Sutra 66

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 26.06 Tihi 17 - 18

Gulika 10:27AM - 12:09PM

Purvashadha* Until 7:02AM

Ganesha: Yellow

Sunrise: 5:21AM

Yama 7:03AM - 8:45AM

Brahma Until 6:21AM

Muruga: Clear

Sunset: 6:56PM

386831361 Rahu 12:09PM - 1:50PM

Vanija Until 3:48AM Thu

Nataraja: White

Devaloka Day

Creative Work Amrita Yoga

Until 7:30AM

Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam

Utlarashadha*/Shravana Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Muscat, Oman

Sun 2 Sutra 67

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 9.05 Tihi 18 - 19

Gulika 8:45AM - 10:27AM

Utlarashadha Until 7:30AM

Ganesha: Yellow

Sunrise: 5:22AM

Yama 5:22AM - 7:03AM

Vaidhriti* Until 3:59AM Fri

Muruga: Clear

Sunset: 6:56PM

386831361 Rahu 1:51PM - 3:32PM

Bava Until 3:24AM Fri

Nataraja: White

Devaloka Day

Routine Work Marana Yoga

Until 7:30AM

Then Creative Work - Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam

Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 68

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 22.16 Tihi 19 - 20

Gulika 7:04AM - 8:45AM

Shravana Until 7:55AM

Ganesha: Blue

Sunrise: 5:22AM

Yama 3:33PM - 5:14PM

Vishkambha* Until 2:22AM Sat

Muruga: Clear

Sunset: 6:56PM

396831361 Rahu 10:27AM - 12:09PM

Kaulava Until 2:40AM Sat

Nataraja: White

Sivaloka Day

Routine Work Marana Yoga

Until 7:55AM

Then Creative Work - Siddha Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam

Dhanishtha/Shatabhishak Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 69

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 5.37 Tihi 20 - 21

Gulika 5:22AM - 7:04AM

Dhanishtha Until 7:51AM

Ganesha: Blue

Sunrise: 5:22AM

Yama 1:51PM - 3:33PM

Priti Until 12:29AM Sun

Muruga: Clear

Sunset: 6:56PM

396831361 Rahu 8:46AM - 10:28AM

Gara Until 1:34AM Sun

Nataraja: White

Sivaloka Day

Creative Work Siddha Yoga

Until 7:51AM

Then Creative Work - Amrita Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam

Shatabhishak/Purvaprosnthapada* Nakshatra Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 70

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 19.11 Tihi 21 - 22

Gulika 3:33PM - 5:15PM

Shatabhishak Until 7:17AM

Ganesha: Blue

Sunrise: 5:22AM

Yama 12:10PM - 1:51PM

Ayushman Until 10:18PM

Muruga: Clear

Sunset: 6:57PM

396831361 Rahu 5:15PM - 6:57PM

Visti Until 12:08AM Mon

Nataraja: White

Sivaloka Day

Creative Work Siddha Yoga

Until 7:51AM

Then Creative Work - Siddha Yoga

Monday, June 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam

Purvaprosnthapada*/Utlaraprosnthapada Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 71

Durmukha 5118

Moon 6 - Phase 10

Ashtami

Meena Rasi: 2.56 Tihi 22 - 23

Gulika 1:51PM - 3:33PM

Purvaprosnthapada* Until 6:40AM

Ganesha: Purple

Sunrise: 5:23AM

Yama 10:28AM - 12:10PM

Saubhagya Until 7:51PM

Muruga: Clear

Sunset: 6:57PM

316831361 Rahu 7:04AM - 8:46AM

Balava Until 10:21PM

Nataraja: White

Sivaloka Day

Routine Work Marana Yoga

Until 6:40AM

Then Creative Work - Siddha Yoga

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam

Revati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 7 Sutra 72

Durmukha 5118

Moon 6 - Phase 10

Navami

Meena Rasi: 16.55 Tihi 23 - 24

Gulika 12:10PM - 1:52PM

Revati Until 3:59AM Wed

Ganesha: Clear

Sunrise: 5:23AM

Yama 8:46AM - 10:28AM

Sobhana Until 5:08PM

Muruga: Clear

Sunset: 6:57PM

317831361 Rahu 3:33PM - 5:15PM

Taitila Until 8:14PM

Nataraja: White

Devaloka Day

Creative Work Siddha Yoga

Until 3:59AM Wed

Then Routine Work - Marana Yoga

1		Wednesday, June 29, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam		Muscat, Oman	
Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Visti* Karana Navami/Dashamyam Titau		Sun 8		Sutra 73		Durumukha 5118			
Mesha Rasi: 1.07	Tithi 24 – 25	Gulika	10:28AM – 12:10PM	Ashvini Until 2:24AM Thu	Ganesh: Purple	<i>Sunrise:</i> 5:23AM			
		Yama	7:05AM – 8:47AM	Athiganda* Until 2:09PM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Moon 6 - Phase 11	
		327831361 Rahu	12:10PM – 1:52PM	Visti Until 4:30AM Thu	Nataraja: White			2nd Phase	
Routine Work	Marana Yoga			Navami* Until 7:02AM	Moon – White		Bhuloka Day		
Until 2:24AM Thu					Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

2		Thursday, June 30, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam		Muscat, Oman	
Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 74		Durumukha 5118			
Mesha Rasi: 15.29	Tithi 26	Gulika	8:47AM – 10:29AM	Bharani Until 12:29AM Fri	Ganesh: Purple	<i>Sunrise:</i> 5:24AM			
		Yama	5:24AM – 7:05AM	Sukarma Until 10:57AM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Moon 6 - Phase 11	
		327831361 Rahu	1:52PM – 3:34PM	Bava Until 3:09PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 1:45AM Fri	Moon – White		Bhuloka Day		
					Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM		

3		Friday, July 1, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam		Muscat, Oman	
Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taila Karana Dvadashyam Titau		Sun 10		Sutra 75		Durumukha 5118			
Vrishabha Rasi: 0	Tithi 27	Gulika	7:06AM – 8:47AM	Krittika Until 10:18PM	Ganesh: Purple	<i>Sunrise:</i> 5:24AM			
		Yama	3:34PM – 5:15PM	Dhriti Until 7:38AM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Moon 6 - Phase 11	
		327831361 Rahu	10:29AM – 12:10PM	Kaulava Until 12:21PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 10:54PM	Moon – White		Bhuloka Day		
Until 10:18PM					Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga									

4		Saturday, July 2, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam		Muscat, Oman	
Rohini Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 76		Durumukha 5118			
Vrishabha Rasi: 14.34	Tithi 28	Gulika	5:24AM – 7:06AM	Rohini Until 8:26PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:24AM			
		Yama	1:52PM – 3:34PM	Ganda* Until 12:53AM Sun	Muruga: Clear	<i>Sunset:</i> 6:57PM		Moon 6 - Phase 11	
		327831361 Rahu	8:48AM – 10:29AM	Gara Until 9:29AM	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 8:04PM	Moon – Yellow		Bhuloka Day		
Until 8:26PM				<i>Pradosha Vrata (Fasting)</i>	Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

5		Sunday, July 3, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam		Muscat, Oman	
Mrigashira Nakshatra Vriddhi Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12		Sutra 77		Durumukha 5118			
Vrishabha Rasi: 29.06	Tithi 29 – 30	Gulika	3:34PM – 5:15PM	Mrigashira Until 6:34PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:25AM			
		Yama	12:11PM – 1:52PM	Vriddhi Until 9:42PM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Moon 6 - Phase 11	
		327831361 Rahu	5:15PM – 6:57PM	Visti Until 6:43AM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 5:24PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM		

Monday, July 4, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam		Muscat, Oman	
Ardra/Punarvasu Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Sutra 78		Durumukha 5118			
Mithuna Rasi: 13.28	Tithi 30 – 1	Gulika	1:53PM – 3:34PM	Ardra Until 4:52PM	Ganesh: Purple	<i>Sunrise:</i> 5:25AM			
Family Home Evening		Yama	10:30AM – 12:11PM	Dhruva Until 6:46PM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Moon 6 - Phase 11	
		327831361 Rahu	7:07AM – 8:48AM	Kintughna Until 2:01AM Tue	Nataraja: White			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 3:01PM	Moon – Yellow		Bhuloka Day		
Until 4:52PM					Jyeshtha*Ani		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Amrita Yoga									

Tuesday, July 5, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam		Muscat, Oman	
Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 14		Sutra 79		Durumukha 5118			
Mithuna Rasi: 27.35	Tithi 1 – 2	Gulika	12:11PM – 1:53PM	Punarvasu Until 3:56PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:25AM			
		Yama	8:48AM – 10:30AM	Vyaghata* Until 4:14PM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Moon 6 - Phase 11	
		348831361 Rahu	3:34PM – 5:15PM	Balava Until 12:22AM Wed	Nataraja: White			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 1:06PM	Moon – Blue		Bhuloka Day		
					Ashada*Ani		Devaloka Time: 12:PM to 3:PM		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Wednesday, July 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Muscat, Oman
Kataka Rasi: 11.2	Tithi 2 – 3	Gulika	10:30AM – 12:11PM	Pushya Until 3:27PM	Ganesh: Purple	<i>Sunrise:</i> 5:26AM	Sun 15	Sutra 80
		Yama	7:07AM – 8:49AM	Harshana Until 2:13PM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Durmukha 5118
Creative Work	Siddha Yoga	448831361 Rahu	12:11PM – 1:53PM	Taitila Until 11:22PM	Nataraja: White			Moon 6 - Phase 12
				Dvitiya Until 11:46AM	Moon – Blue			3rd Phase
					Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM

2		Thursday, July 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Muscat, Oman
Kataka Rasi: 24.43	Tithi 3 – 4	Gulika	8:49AM – 10:30AM	Ashlesha* Until 3:31PM	Ganesh: Light Blue	<i>Sunrise:</i> 5:26AM	Sun 16	Sutra 81
		Yama	5:26AM – 7:08AM	Vajra* Until 12:45PM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Durmukha 5118
Creative Work	Siddha Yoga	448931361 Rahu	1:53PM – 3:34PM	Vanija Until 11:07PM	Nataraja: White			Moon 6 - Phase 12
Until 3:31PM				Tritiya Until 11:08AM	Moon – Blue			3rd Phase
Then Creative Work - Amrita Yoga					Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM

3		Friday, July 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Muscat, Oman
Simha Rasi: 7.41	Tithi 4 – 5	Gulika	7:08AM – 8:49AM	Magha* Until 4:40PM	Ganesh: Purple	<i>Sunrise:</i> 5:27AM	Sun 17	Sutra 82
		Yama	3:34PM – 5:15PM	Siddhi Until 11:54AM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Durmukha 5118
Routine Work	Marana Yoga	458931361 Rahu	10:30AM – 12:12PM	Bava Until 11:39PM	Nataraja: White			Moon 6 - Phase 12
Until 4:40PM				Chaturthi* Until 11:16AM	Moon – Red			3rd Phase
Then Creative Work - Siddha Yoga					Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM

4		Saturday, July 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Muscat, Oman
Simha Rasi: 20.17	Tithi 5 – 6	Gulika	5:27AM – 7:08AM	Purvaphalguni Until 6:23PM	Ganesh: Purple	<i>Sunrise:</i> 5:27AM	Sun 18	Sutra 83
		Yama	1:53PM – 3:34PM	Vyatipata* Until 11:40AM	Muruga: Clear	<i>Sunset:</i> 6:57PM		Durmukha 5118
Creative Work	Siddha Yoga	458931361 Rahu	8:49AM – 10:31AM	Kaulava Until 12:54AM Sun	Nataraja: White			Moon 6 - Phase 12
Until 6:23PM				Panchami Until 12:10PM	Moon – Red			3rd Phase
Then Routine Work - Marana Yoga					Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM

5		Sunday, July 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Muscat, Oman
Kanya Rasi: 2.34	Tithi 6 – 7	Gulika	3:34PM – 5:15PM	Uttaraphalguni Until 8:33PM	Ganesh: Purple	<i>Sunrise:</i> 5:27AM	Sun 19	Sutra 84
		Yama	12:12PM – 1:53PM	Variyan Until 11:56AM	Muruga: Clear	<i>Sunset:</i> 6:56PM		Durmukha 5118
Creative Work	Amrita Yoga	458931361 Rahu	5:15PM – 6:56PM	Gara Until 2:45AM Mon	Nataraja: White			Moon 6 - Phase 12
				Shashthi* Until 1:45PM	Moon – Red			3rd Phase
		Chidambaram Abhishekam			Ashada*Ani		Bhuloka Day	Devaloka Time: 12:PM to 3:PM

6		Monday, July 11, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Muscat, Oman
Kanya Rasi: 14.38	Tithi 7 – 8	Gulika	1:53PM – 3:34PM	Hasta Until 11:29PM	Ganesh: Orange	<i>Sunrise:</i> 5:28AM	Sun 20	Sutra 85
Family Home Evening		Yama	10:31AM – 12:12PM	Parigha* Until 12:37PM	Muruga: Clear	<i>Sunset:</i> 6:56PM		Durmukha 5118
Creative Work	Siddha Yoga	469931361 Rahu	7:09AM – 8:50AM	Visti Until 5:00AM Tue	Nataraja: White			Moon 6 - Phase 12
Until 11:29PM				Saptami Until 3:49PM	Moon – Green			3rd Phase
Then Routine Work - Prabalarishta Yoga					Ashada*Ani		Devaloka Day	

Retreat Star		Tuesday, July 12, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava Karana Ashtamyam Titau		Muscat, Oman
Kanya Rasi: 26.33	Tithi 8	Gulika	12:12PM – 1:53PM	Chitra Until 2:27AM Wed	Ganesh: Orange	<i>Sunrise:</i> 5:28AM	Sun 21	Sutra 86
		Yama	8:50AM – 10:31AM	Shiva Until 1:32PM	Muruga: Clear	<i>Sunset:</i> 6:56PM		Durmukha 5118
Creative Work	Siddha Yoga	469931361 Rahu	3:34PM – 5:15PM	Bava Until 6:10PM	Nataraja: White			Moon 6 - Phase 12
				Ashtami* Until 6:10PM	Moon – Green			Ashtami
					Ashada*Ani		Devaloka Day	

Retreat Star		Wednesday, July 13, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Muscat, Oman
Tula Rasi: 8.25	Tithi 9	Gulika	10:31AM – 12:12PM	Svati Until 5:13AM Thu	Ganesh: Orange	<i>Sunrise:</i> 5:29AM	Sun 22	Sutra 87
		Yama	7:10AM – 8:50AM	Siddha Until 2:29PM	Muruga: Clear	<i>Sunset:</i> 6:56PM		Durmukha 5118
Creative Work	Siddha Yoga	469931361 Rahu	12:12PM – 1:53PM	Balava Until 7:24AM	Nataraja: White			Moon 6 - Phase 12
				Navami* Until 8:34PM	Moon – Green			Navami
					Ashada*Ani		Devaloka Day	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1 Thursday, July 14, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Muscat, Oman
Tula Rasi: 20.17		Vishakha Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 88
Creative Work	Siddha Yoga	Gulika	8:51AM – 10:32AM	Vishakha Until 8:05AM Fri	Ganesha: Green	<i>Sunrise:</i> 5:29AM
		Yama	5:29AM – 7:10AM	Sadhya Until 3:22PM	Muruga: Clear	<i>Sunset:</i> 6:56PM
479931361		Rahu	1:53PM – 3:34PM	Tailila Until 9:43AM	Nataraja: White	Moon 6 - Phase 13
		Moon – Orange				4th Phase
		Dashami Until 10:47PM				Bhuloka Day
		Ashada*Ani				Devaloka Time: 12:PM to 3:PM

2 Friday, July 15, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Muscat, Oman
Vrischika Rasi: 2.16		Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 89
Creative Work	Siddha Yoga	Gulika	7:10AM – 8:51AM	Vishakha Until 8:05AM	Ganesha: Green	<i>Sunrise:</i> 5:30AM
		Yama	3:34PM – 5:15PM	Subha Until 4:01PM	Muruga: Clear	<i>Sunset:</i> 6:55PM
479931361		Rahu	10:32AM – 12:13PM	Vanija Until 11:47AM	Nataraja: White	Moon 6 - Phase 13
		Moon – Orange				4th Phase
		Ekadashi Until 12:39AM Sat				Bhuloka Day
		Ashada*Ani				Devaloka Time: 12:PM to 3:PM

3 Saturday, July 16, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam				Muscat, Oman
Vrischika Rasi: 14.24		Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 90
Creative Work	Siddha Yoga	Gulika	5:30AM – 7:11AM	Anuradha Until 10:25AM	Ganesha: Green	<i>Sunrise:</i> 5:30AM
		Yama	1:53PM – 3:34PM	Sukla Until 4:19PM	Muruga: Clear	<i>Sunset:</i> 6:55PM
479931361		Rahu	8:51AM – 10:32AM	Bava Until 1:26PM	Nataraja: White	Moon 6 - Phase 13
		Moon – Orange				4th Phase
		Dvadashi Until 2:03AM Sun				Bhuloka Day
		Ashada*Adi				Devaloka Time: 12:PM to 3:PM

4 Sunday, July 17, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
Vrischika Rasi: 26.44		Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau				Sun 26 Sutra 91
Routine Work	Marana Yoga	Gulika	3:34PM – 5:14PM	Jyeshtha* Until 12:05PM	Ganesha: Green	<i>Sunrise:</i> 5:30AM
		Yama	12:13PM – 1:53PM	Brahma Until 4:13PM	Muruga: Clear	<i>Sunset:</i> 6:55PM
479931362		Rahu	5:14PM – 6:55PM	Kaulava Until 2:34PM	Nataraja: Clear	Moon 6 - Phase 13
Until 12:05PM		Moon – Orange				4th Phase
Then Creative Work - Amrita Yoga		Trayodashi Until 2:55AM Mon				Devaloka Day
		<i>Pradosha Vrata</i>				Ashada*Adi

5 Monday, July 18, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Muscat, Oman
Dhanus Rasi: 9.19		Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 92
Family Home Evening	Siddha Yoga	Gulika	1:53PM – 3:34PM	Mula* Until 1:33PM	Ganesha: Red	<i>Sunrise:</i> 5:31AM
		Yama	10:32AM – 12:13PM	Indra Until 3:42PM	Muruga: Clear	<i>Sunset:</i> 6:55PM
489931362		Rahu	7:11AM – 8:52AM	Gara Until 3:10PM	Nataraja: Clear	Moon 6 - Phase 13
Until 1:33PM		Moon – Light Blue				4th Phase
Then Routine Work - Marana Yoga		Chaturdashi* Until 3:14AM Tue				Sivaloka Day
		Ashada*Adi				

○ Tuesday, July 19, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Muscat, Oman
Copper Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 93
Dhanus Rasi: 22.08	Tihti 15	Gulika	12:13PM – 1:53PM	Purvashadha* Until 2:20PM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM
		Yama	8:52AM – 10:32AM	Vaidhriti* Until 2:44PM	Muruga: Clear	<i>Sunset:</i> 6:54PM
481931362		Rahu	3:34PM – 5:14PM	Visti Until 3:12PM	Nataraja: Clear	Moon 6 - Phase 13
Creative Work		Moon – Light Blue				Purnima
Until 2:20PM		Satguru Purnima	Purnima* Until 3:01AM Wed			
Then Routine Work - Prabalarishta Yoga		Ashada*Adi				Subha Sivaloka Day

Wednesday, July 20, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Muscat, Oman
Silver Retreat Star		Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 94
Makara Rasi: 5.14	Tihti 16	Gulika	10:33AM – 12:13PM	Uttarashadha Until 2:27PM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM
		Yama	7:12AM – 8:52AM	Vishkambha* Until 1:22PM	Muruga: Clear	<i>Sunset:</i> 6:54PM
481931362		Rahu	12:13PM – 1:53PM	Balava Until 2:45PM	Nataraja: Clear	Moon 6 - Phase 13
Creative Work		Moon – Light Blue				Prathama
Until 2:27PM		Prathama* Until 2:20AM Thu				Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Ashada*Adi				



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Sun 1 Sutra 95

Makara Rasi: 18.35 Tiithi 17

Gulika 8:53AM - 10:33AM

Yama 5:32AM - 7:12AM

491931362 Rahu 1:53PM - 3:33PM

Shravana Until 2:26PM

Priti Until 11:40AM

Taitila Until 1:51PM

Dvitiya Until 1:14AM Fri

Ganesha: Yellow Sunrise: 5:32AM

Muruga: Clear Sunset: 6:54PM

Nataraja: Clear

Moon - Purple

Ashada•Adi

Moon 7 - Phase 14

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman

Sun 2 Sutra 96

Kumbha Rasi: 2.08 Tiithi 18

Gulika 7:13AM - 8:53AM

Yama 3:33PM - 5:13PM

491931362 Rahu 10:33AM - 12:13PM

Dhanishtha Until 1:55PM

Ayushman Until 9:38AM

Vanija Until 12:35PM

Tritiya Until 11:49PM

Ganesha: Yellow Sunrise: 5:33AM

Muruga: Clear Sunset: 6:53PM

Nataraja: Clear

Moon - Purple

Ashada•Adi

Moon 7 - Phase 14

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman

Sun 3 Sutra 97

Kumbha Rasi: 15.53 Tiithi 19

Gulika 5:33AM - 7:13AM

Yama 1:53PM - 3:33PM

491931362 Rahu 8:53AM - 10:33AM

Shatabhishak Until 12:57PM

Saubhagya Until 7:22AM

Bava Until 11:01AM

Chaturthi* Until 10:08PM

Ganesha: Yellow Sunrise: 5:33AM

Muruga: Clear Sunset: 6:53PM

Nataraja: Clear

Moon - Purple

Ashada•Adi

Moon 7 - Phase 14

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 12:57PM

Then Routine Work - Marana Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Purvaproshtapada*Uttarproshthapada Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 4 Sutra 98

Kumbha Rasi: 29.47 Tiithi 20

Gulika 3:33PM - 5:13PM

Yama 12:13PM - 1:53PM

411931362 Rahu 5:13PM - 6:52PM

Purvaproshtapada* Until 12:04PM

Athiganda* Until 2:19AM Mon

Kaulava Until 9:14AM

Panchami Until 8:15PM

Ganesha: Red Sunrise: 5:33AM

Muruga: Clear Sunset: 6:52PM

Nataraja: Clear

Moon - Clear

Ashada•Adi

Moon 7 - Phase 14

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 12:04PM

Then Creative Work - Amrita Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Uttarproshthapada/Revati Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 5 Sutra 99

Meena Rasi: 13.48 Tiithi 21

Gulika 1:53PM - 3:33PM

Yama 10:33AM - 12:13PM

411931362 Rahu 7:14AM - 8:53AM

Uttarproshthapada Until 10:52AM

Sukarma Until 11:36PM

Gara Until 7:17AM

Shashthi* Until 6:14PM

Ganesha: Red Sunrise: 5:34AM

Muruga: Clear Sunset: 6:52PM

Nataraja: Clear

Moon - Clear

Ashada•Adi

Moon 7 - Phase 14

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, July 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 100

Meena Rasi: 27.53 Tiithi 22 - 23

Gulika 12:13PM - 1:53PM

Yama 8:54AM - 10:33AM

411931362 Rahu 3:32PM - 5:12PM

Revati Until 9:25AM

Dhriti Until 8:48PM

Balava Until 3:00AM Wed

Saptami Until 4:06PM

Ganesha: Red Sunrise: 5:34AM

Muruga: Clear Sunset: 6:52PM

Nataraja: Clear

Moon - Clear

Ashada•Adi

Moon 7 - Phase 14

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, July 27, 2016

D

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 7 Sutra 101

Mesha Rasi: 12.03 Tiithi 23 - 24

Gulika 10:33AM - 12:13PM

Yama 7:14AM - 8:54AM

421931362 Rahu 12:13PM - 1:53PM

Ashvini Until 8:08AM

Shula* Until 5:55PM

Taitila Until 12:46AM Thu

Ashtami* Until 1:52PM

Ganesha: Green Sunrise: 5:35AM

Muruga: Clear Sunset: 6:51PM

Nataraja: Clear

Moon - White

Ashada•Adi

Moon 7 - Phase 14

Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga

Until 8:08AM

Then Creative Work - Siddha Yoga

Thursday, July 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Muscat, Oman

Sun 8 Sutra 102

Mesha Rasi: 26.16 Tiithi 24 - 25

Gulika 8:54AM - 10:34AM

Yama 5:35AM - 7:15AM

421931362 Rahu 1:52PM - 3:32PM

Bharani Until 6:40AM

Ganda* Until 3:02PM

Vanija Until 10:29PM

Navami* Until 11:36AM

Ganesha: Green Sunrise: 5:35AM

Muruga: Clear Sunset: 6:51PM

Nataraja: Clear

Moon - White

Ashada•Adi

Moon 7 - Phase 14

Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:40AM

Then Routine Work - Marana Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1	Friday, July 29, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Muscat, Oman Sun 9 Sutra 103 Durmukha 5118
	Gulika	7:15AM – 8:54AM	Rohini Until 3:45AM Sat	Ganesh:	Green	Sunrise: 5:36AM	
	Yama	3:32PM – 5:11PM	Vriddhi Until 12:09PM	Muruga:	Clear	Sunset: 6:50PM	Moon 7 - Phase 15
	432931362 Rahu	10:34AM – 12:13PM	Bava Until 8:14PM	Nataraja:	Clear		2nd Phase
Routine Work Marana Yoga Until 3:45AM Sat Then Creative Work - Siddha Yoga		Dashami Until 9:20AM	Moon – Yellow	Ashada•Adi	Devaloka Day		

2	Saturday, July 30, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Muscat, Oman Sun 10 Sutra 104 Durmukha 5118
	Gulika	5:36AM – 7:15AM	Mrigashira Until 2:27AM Sun	Ganesh:	Green	Sunrise: 5:36AM	
	Yama	1:52PM – 3:31PM	Dhruva Until 9:18AM	Muruga:	Clear	Sunset: 6:50PM	Moon 7 - Phase 15
	432931362 Rahu	8:54AM – 10:34AM	Kaulava Until 6:05PM	Nataraja:	Clear		2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 7:08AM	Moon – Yellow	Ashada•Adi	Devaloka Day		

3	Sunday, July 31, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau				Muscat, Oman Sun 11 Sutra 105 Durmukha 5118
	Gulika	3:31PM – 5:10PM	Ardra Until 1:13AM Mon	Ganesh:	Purple	Sunrise: 5:37AM	
	Yama	12:13PM – 1:52PM	Vyaghata* Until 6:35AM	Muruga:	Clear	Sunset: 6:49PM	Moon 7 - Phase 15
	432131362 Rahu	5:10PM – 6:49PM	Gara Until 4:08PM	Nataraja:	Clear		2nd Phase
Creative Work Siddha Yoga Until 1:13AM Mon Then Creative Work - Amrita Yoga		Trayodashi* Until 3:14AM Mon	Moon – Yellow	Ashada•Adi	Devaloka Day		
							<i>Pradosha Vrata (Fasting)</i>

4	Monday, August 1, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman Sun 12 Sutra 106 Durmukha 5118
	Gulika	1:52PM – 3:31PM	Punarvasu Until 12:37AM Tue	Ganesh:	Light Blue	Sunrise: 5:37AM	
	Yama	10:34AM – 12:13PM	Vajra* Until 1:50AM Tue	Muruga:	Clear	Sunset: 6:49PM	Moon 7 - Phase 15
	442131362 Rahu	7:16AM – 8:55AM	Visti Until 2:27PM	Nataraja:	Clear		2nd Phase
Mithuna Rasi: 8.44 Tithi 28 Family Home Evening Creative Work Amrita Yoga Until 12:37AM Tue Then Creative Work - Siddha Yoga		Chaturdashi* Until 1:45AM Tue	Moon – Blue	Ashada•Adi	Devaloka Day		

	Tuesday, August 2, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Muscat, Oman Sun 13 Sutra 107 Durmukha 5118	
	Retreat Star		Gulika	12:13PM – 1:51PM	Pushya Until 12:18AM Wed	Ganesh:	Light Blue	Sunrise: 5:37AM
	Kataka Rasi: 6.23 Tithi 30	Yama	8:55AM – 10:34AM	Siddhi Until 11:58PM	Muruga:	Clear	Sunset: 6:48PM	Moon 7 - Phase 15
	442131362 Rahu	3:30PM – 5:09PM	Catuspada Until 1:11PM	Nataraja:	Clear		Amavasya	
Creative Work Siddha Yoga		Amavasya* Until 12:43AM Wed	Moon – Blue	Ashada•Adi	Devaloka Day			

Retreat Star	Wednesday, August 3, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Muscat, Oman Sun 14 Sutra 108 Durmukha 5118	
	Gulika	10:34AM – 12:13PM	Ashlesha* Until 12:24AM Thu	Ganesh:	Light Blue	Sunrise: 5:38AM		
	Kataka Rasi: 19.49 Tithi 1	Yama	7:17AM – 8:55AM	Vyatipata* Until 10:33PM	Muruga:	Clear	Sunset: 6:47PM	Moon 7 - Phase 15
	442131362 Rahu	12:13PM – 1:51PM	Kintughna Until 12:25PM	Nataraja:	Clear		Prathama	
Creative Work Siddha Yoga Until 12:24AM Thu Then Creative Work - Amrita Yoga		Prathama* Until 12:14AM Thu	Moon – Blue	Sravana•Adi	Devaloka Day			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Thursday, August 4, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Muscat, Oman Sun 15 Sutra 109 Durmukha 5118
Simha Rasi: 2.56	Tithi 2	Gulika Yama 452131362	8:55AM – 10:34AM 5:38AM – 7:17AM Rahu 1:51PM – 3:30PM	Magha* Until 1:25AM Fri Variyan Until 9:37PM Balava Until 12:15PM Dvitiya Until 12:24AM Fri	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red Sravana-Adi	Sunrise: 5:38AM Sunset: 6:47PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day
Creative Work Amrita Yoga Until 1:25AM Fri Then Creative Work - Siddha Yoga								

2		Friday, August 5, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Muscat, Oman Sun 16 Sutra 110 Durmukha 5118
Simha Rasi: 15.44	Tithi 3	Gulika Yama 452131362	7:17AM – 8:56AM 3:29PM – 5:08PM Rahu 10:34AM – 12:12PM	Purvaphalguni Until 2:55AM Sat Parigha* Until 9:13PM Tailila Until 12:45PM Tritiya Until 1:13AM Sat	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red Sravana-Adi	Sunrise: 5:39AM Sunset: 6:46PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day
Creative Work Siddha Yoga Until 2:55AM Sat Then Routine Work - Marana Yoga								

3		Saturday, August 6, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau		Muscat, Oman Sun 17 Sutra 111 Durmukha 5118
Simha Rasi: 28.14	Tithi 4	Gulika Yama 452131362	5:39AM – 7:17AM 1:51PM – 3:29PM Rahu 8:56AM – 10:34AM	Uttaraphalguni Until 4:51AM Sun Shiva Until 9:19PM Vanija Until 1:53PM Chaturthi* Until 2:39AM Sun	Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red Sravana-Adi	Sunrise: 5:39AM Sunset: 6:45PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day
Routine Work Marana Yoga Until 4:51AM Sun Then Creative Work - Amrita Yoga								

4		Sunday, August 7, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau		Muscat, Oman Sun 18 Sutra 112 Durmukha 5118
Kanya Rasi: 10.29	Tithi 5	Gulika Yama 462141362	3:28PM – 5:07PM 12:12PM – 1:50PM Rahu 5:07PM – 6:45PM	Hasta Until 7:35AM Mon Siddha Until 9:47PM Bava Until 3:35PM Panchami Until 4:34AM Mon	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green Sravana-Adi	Sunrise: 5:39AM Sunset: 6:45PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day
Creative Work Amrita Yoga Until 7:35AM Mon Then Routine Work - Prabalarishta Yoga								

5		Monday, August 8, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau		Muscat, Oman Sun 19 Sutra 113 Durmukha 5118
Kanya Rasi: 22.32	Tithi 6	Gulika Yama 462141362	1:50PM – 3:28PM 10:34AM – 12:12PM Rahu 7:18AM – 8:56AM	Hasta Until 7:35AM Sadhya Until 10:34PM Kaulava Until 5:42PM Shashthi* Until 6:50AM Tue	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green Sravana-Adi	Sunrise: 5:40AM Sunset: 6:44PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 7:35AM Then Routine Work - Prabalarishta Yoga								

6		Tuesday, August 9, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Muscat, Oman Sun 20 Sutra 114 Durmukha 5118
Tula Rasi: 4.28	Tithi 6 – 7	Gulika Yama 462141362	12:12PM – 1:50PM 8:56AM – 10:34AM Rahu 3:28PM – 5:06PM	Chitra Until 10:26AM Subha Until 11:30PM Gara Until 8:03PM Shashthi* Until 6:50AM	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green Sravana-Adi	Sunrise: 5:40AM Sunset: 6:43PM	Moon 7 - Phase 16 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								

Retreat Star		Wednesday, August 10, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 115 Durmukha 5118
Tula Rasi: 16.2	Tithi 7 – 8	Gulika Yama 462141362	10:34AM – 12:12PM 7:18AM – 8:56AM Rahu 12:12PM – 1:49PM	Svati Until 1:13PM Sukla Until 12:23AM Thu Visti Until 10:25PM Saptami Until 9:13AM	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green Sravana-Adi	Sunrise: 5:41AM Sunset: 6:43PM	Moon 7 - Phase 16 Ashtami	Devaloka Day
Creative Work Siddha Yoga								

Retreat Star		Thursday, August 11, 2016				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Muscat, Oman Sun 22 Sutra 116 Durmukha 5118
Tula Rasi: 28.14	Tithi 8 – 9	Gulika Yama 473141362	8:56AM – 10:34AM 5:41AM – 7:19AM Rahu 1:49PM – 3:27PM	Vishakha Until 4:13PM Brahma Until 1:08AM Fri Balava Until 12:35AM Fri Ashtami* Until 11:31AM	Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Orange Sravana-Adi	Sunrise: 5:41AM Sunset: 6:42PM	Moon 7 - Phase 16 Navami	Devaloka Day
Creative Work Siddha Yoga								

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Friday, August 12, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Muscat, Oman Sun 23 Sutra 117 Durmukha 5118
	Vrischika Rasi: 10.14 Tithi 9 - 10 Creative Work Siddha Yoga Until 6:44PM Then Routine Work - Marana Yoga	Gulika 7:19AM - 8:56AM Yama 3:26PM - 5:04PM 473141362 Rahu 10:34AM - 12:11PM Varalakshmi Vratam	Anuradha Until 6:44PM Indra Until 1:37AM Sat Taitila Until 2:22AM Sat Navami* Until 1:31PM

Ganesha: Clear Muruga: Purple Nataraja: Clear Moon - Orange	Sunrise: 5:42AM Sunset: 6:41PM	Moon 7 - Phase 17 4th Phase
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Devaloka Day

2	Saturday, August 13, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Muscat, Oman Sun 24 Sutra 118 Durmukha 5118
	Vrischika Rasi: 22.23 Tithi 10 - 11 Creative Work Siddha Yoga	Gulika 5:42AM - 7:19AM Yama 1:49PM - 3:26PM 473141362 Rahu 8:57AM - 10:34AM	Jyeshtha* Until 8:37PM Vaidhriti* Until 1:39AM Sun Vanija Until 3:38AM Sun Dashami Until 3:04PM

Ganesha: Clear Muruga: Purple Nataraja: Clear Moon - Orange	Sunrise: 5:42AM Sunset: 6:40PM	Moon 7 - Phase 17 4th Phase
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Devaloka Day

3	Sunday, August 14, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau	Muscat, Oman Sun 25 Sutra 119 Durmukha 5118
	Dhanus Rasi: 4.47 Tithi 11 - 12 Creative Work Amrita Yoga Until 10:14PM Then Creative Work - Siddha Yoga	Gulika 3:25PM - 5:03PM Yama 12:11PM - 1:48PM 483141362 Rahu 5:03PM - 6:40PM	Mula* Until 10:14PM Vishkambha* Until 1:13AM Mon Bava Until 4:17AM Mon Ekadashi Until 4:02PM

Ganesha: White Muruga: Purple Nataraja: Clear Moon - Light Blue	Sunrise: 5:42AM Sunset: 6:40PM	Moon 7 - Phase 17 4th Phase
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Sivaloka Day

4	Monday, August 15, 2016	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Muscat, Oman Sun 26 Sutra 120 Durmukha 5118
	Dhanus Rasi: 17.27 Tithi 12 - 13 Family Home Evening Routine Work Marana Yoga	Gulika 1:48PM - 3:25PM Yama 10:34AM - 12:11PM 483141362 Rahu 7:20AM - 8:57AM	Purvashadha* Until 11:04PM Priti Until 12:18AM Tue Kaulava Until 4:16AM Tue Dvadashi Until 4:21PM

Ganesha: White Muruga: Purple Nataraja: Clear Moon - Light Blue	Sunrise: 5:43AM Sunset: 6:39PM	Moon 7 - Phase 17 4th Phase
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Sivaloka Day

Pradosha Vrata

5	Tuesday, August 16, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Muscat, Oman Sun 27 Sutra 121 Durmukha 5118
	Makara Rasi: 0.26 Tithi 13 - 14 Routine Work Prabalarishta Yoga Until 11:06PM Then Creative Work - Siddha Yoga	Gulika 12:11PM - 1:47PM Yama 8:57AM - 10:34AM 483141362 Rahu 3:24PM - 5:01PM	Uttarashadha Until 11:06PM Ayushman Until 10:49PM Gara Until 3:37AM Wed Trayodashi Until 4:00PM

Ganesha: White Muruga: Purple Nataraja: Clear Moon - Light Blue	Sunrise: 5:43AM Sunset: 6:38PM	Moon 7 - Phase 17 4th Phase
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Sivaloka Day

	Wednesday, August 17, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Muscat, Oman Sutra 122 Durmukha 5118
	Makara Rasi: 13.46 Tithi 14 - 15 Creative Work Siddha Yoga Until 10:50PM Then Routine Work - Prabalarishta Yoga	Gulika 10:34AM - 12:10PM Yama 7:20AM - 8:57AM 593141362 Rahu 12:10PM - 1:47PM	Shravana Until 10:50PM Saubhagya Until 8:52PM Visti Until 2:22AM Thu Chaturdashi* Until 3:02PM

Ganesha: White Muruga: Purple Nataraja: Clear Moon - Purple	Sunrise: 5:43AM Sunset: 6:37PM	Moon 7 - Phase 17 Purnima
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Sivaloka Day

0	Thursday, August 18, 2016	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Muscat, Oman Sutra 123 Durmukha 5118
	Makara Rasi: 27.26 Tithi 15 - 16 Creative Work Siddha Yoga	Gulika 8:57AM - 10:34AM Yama 5:44AM - 7:20AM 593141362 Rahu 1:47PM - 3:23PM	Dhanishtha Until 9:54PM Sobhana Until 6:30PM Balava Until 12:37AM Fri Purnima* Until 1:31PM

Ganesha: White Muruga: Purple Nataraja: Clear Moon - Purple	Sunrise: 5:44AM Sunset: 6:36PM	Moon 7 - Phase 17 Prathama
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Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 19, 2016

Gold Retreat Star

Kumbha Rasi: 11.23 Tihti 16 – 17

Creative Work Siddha Yoga

593141362

Gulika 7:21AM – 8:57AM
Yama 3:23PM – 4:59PM
Rahu 10:33AM – 12:10PM

Shatabhishak Until 8:26PM
Athiganda* Until 3:46PM
Taitila Until 10:29PM
Prathama* Until 11:34AM

Ganesha: White
Muruga: Purple
Nataraja: Clear
 Moon – Purple
Sravana-Avani

Sunrise: 5:44AM
Sunset: 6:36PM

Muscat, Oman
 Sutra 124
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Sivaloka Day

1

Saturday, August 20, 2016

Kumbha Rasi: 25.35 Tihti 17 – 18

Routine Work Marana Yoga
Until 6:59PM

Then Creative Work - Siddha Yoga

513141362

Gulika 5:45AM – 7:21AM
Yama 1:46PM – 3:22PM
Rahu 8:57AM – 10:33AM

Purvaproshtapada* Until 6:59PM
Sukarma Until 12:48PM
Vanija Until 8:05PM
Dvitiya Until 9:17AM

Ganesha: White
Muruga: Purple
Nataraja: Clear
 Moon – Clear
Sravana-Avani

Sunrise: 5:45AM
Sunset: 6:35PM

Muscat, Oman
 Sun 1 Sutra 125
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Sivaloka Day

2

Sunday, August 21, 2016

Meena Rasi: 9.55 Tihti 18 – 19

Creative Work Amrita Yoga

513141362

Gulika 3:22PM – 4:58PM
Yama 12:09PM – 1:46PM
Rahu 4:58PM – 6:34PM

Uttaraproshtapada Until 5:13PM
Dhriti Until 9:42AM
Balava Until 4:13AM Mon
Tritiya Until 6:48AM

Ganesha: White
Muruga: Purple
Nataraja: Clear
 Moon – Clear
Sravana-Avani

Sunrise: 5:45AM
Sunset: 6:34PM

Muscat, Oman
 Sun 2 Sutra 126
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Sivaloka Day

3

Monday, August 22, 2016

Meena Rasi: 24.2 Tihti 20

Family Home Evening

Creative Work Siddha Yoga

513141362

Gulika 1:45PM – 3:21PM
Yama 10:33AM – 12:09PM
Rahu 7:21AM – 8:57AM

Revati Until 3:16PM
Shula* Until 6:29AM
Kaulava Until 2:56PM
Panchami Until 1:37AM Tue

Ganesha: White
Muruga: Purple
Nataraja: Clear
 Moon – Clear
Sravana-Avani

Sunrise: 5:45AM
Sunset: 6:33PM

Muscat, Oman
 Sun 3 Sutra 127
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Sivaloka Day

4

Tuesday, August 23, 2016

Mesha Rasi: 8.44 Tihti 21

Creative Work Siddha Yoga

523141362

Gulika 12:09PM – 1:45PM
Yama 8:57AM – 10:33AM
Rahu 3:21PM – 4:56PM

Ashvini Until 1:39PM
Vridhdhi Until 12:12AM Wed
Gara Until 12:23PM
Shashthi* Until 11:07PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
 Moon – White
Sravana-Avani

Sunrise: 5:46AM
Sunset: 6:32PM

Muscat, Oman
 Sun 4 Sutra 128
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Devaloka Day

5

Wednesday, August 24, 2016

Mesha Rasi: 23.05 Tihti 22

Creative Work Siddha Yoga

Until 12:01PM

Then Creative Work - Amrita Yoga

523141362

Gulika 10:33AM – 12:09PM
Yama 7:22AM – 8:57AM
Rahu 12:09PM – 1:44PM

Bharani Until 12:01PM
Dhruva Until 9:13PM
Visti Until 9:57AM
Saptami Until 8:47PM

Ganesha: Clear
Muruga: Purple
Nataraja: Clear
 Moon – White
Sravana-Avani

Sunrise: 5:46AM
Sunset: 6:31PM

Muscat, Oman
 Sun 5 Sutra 129
 Durmukha 5118
 Moon 8 - Phase 18
 1st Phase

Devaloka Day

D

Thursday, August 25, 2016

Retreat Star

Vrishabha Rasi: 7.18 Tihti 23

Routine Work Marana Yoga

523241362

Gulika 8:57AM – 10:33AM
Yama 5:46AM – 7:22AM
Rahu 1:44PM – 3:19PM

Krittika Until 10:26AM
Vyaghata* Until 6:25PM
Balava Until 7:42AM
Ashtami* Until 6:39PM

Ganesha: White
Muruga: Purple
Nataraja: Clear
 Moon – White
Sravana-Avani

Sunrise: 5:46AM
Sunset: 6:30PM

Muscat, Oman
 Sun 6 Sutra 130
 Durmukha 5118
 Moon 8 - Phase 18
 Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Friday, August 26, 2016

Retreat Star

Vrishabha Rasi: 21.22 Tihti 24 – 25

Routine Work Marana Yoga

Until 9:22AM

Then Creative Work - Siddha Yoga

534241362

Gulika 7:22AM – 8:57AM
Yama 3:19PM – 4:54PM
Rahu 10:33AM – 12:08PM

Rohini Until 9:22AM
Harshana Until 3:49PM
Vanija Until 3:57AM Sat
Navami* Until 4:46PM

Ganesha: Purple
Muruga: Purple
Nataraja: Clear
 Moon – Yellow
Sravana-Avani

Sunrise: 5:47AM
Sunset: 6:29PM

Muscat, Oman
 Sun 7 Sutra 131
 Durmukha 5118
 Moon 8 - Phase 18
 Navami

Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


www.gurudev.org/panchang


1	Saturday, August 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Muscat, Oman
	Mithuna Rasi: 5.15	Tithi 25 – 26	Gulika 5:47AM – 7:22AM	Mrigashira Until 8:26AM	Ganesh: Purple	<i>Sunrise:</i> 5:47AM	Sun 8 Sutra 132
			Yama 1:43PM – 3:18PM	Vajra* Until 1:27PM	Muruga: Purple	<i>Sunset:</i> 6:29PM	Durmukha 5118
	Creative Work	Siddha Yoga	534241363 Rahu 8:57AM – 10:33AM	Bava Until 2:32AM Sun	Nataraja: Purple		Moon 8 - Phase 19
			Dashami Until 3:11PM	Moon – Yellow		2nd Phase	
				Sravana-Avani		Devaloka Day	

2	Sunday, August 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman
	Mithuna Rasi: 18.58	Tithi 26 – 27	Gulika 3:18PM – 4:53PM	Ardra Until 7:40AM	Ganesh: Purple	<i>Sunrise:</i> 5:47AM	Sun 9 Sutra 133
			Yama 12:07PM – 1:43PM	Siddhi Until 11:20AM	Muruga: Purple	<i>Sunset:</i> 6:28PM	Durmukha 5118
	Creative Work	Siddha Yoga	534241363 Rahu 4:53PM – 6:28PM	Kaulava Until 1:27AM Mon	Nataraja: Purple		Moon 8 - Phase 19
			Ekadashi* Until 1:55PM	Moon – Yellow		2nd Phase	
				Sravana-Avani		Devaloka Day	

3	Monday, August 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
	Kataka Rasi: 2.28	Tithi 27 – 28	Gulika 1:42PM – 3:17PM	Punarvasu Until 7:33AM	Ganesh: Clear	<i>Sunrise:</i> 5:48AM	Sun 10 Sutra 134
	Family Home Evening		Yama 10:32AM – 12:07PM	Vyatipata* Until 9:32AM	Muruga: Purple	<i>Sunset:</i> 6:27PM	Durmukha 5118
	Creative Work	Amrita Yoga	544241363 Rahu 7:23AM – 8:57AM	Gara Until 12:45AM Tue	Nataraja: Purple		Moon 8 - Phase 19
			Dvadashi* Until 1:02PM	Moon – Blue		2nd Phase	
			<i>Pradosha Vrata (Fasting)</i>	Sravana-Avani		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

4	Tuesday, August 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman
	Kataka Rasi: 15.44	Tithi 28 – 29	Gulika 12:07PM – 1:42PM	Pushya Until 7:41AM	Ganesh: Clear	<i>Sunrise:</i> 5:48AM	Sun 11 Sutra 135
			Yama 8:57AM – 10:32AM	Variyan Until 8:02AM	Muruga: Purple	<i>Sunset:</i> 6:26PM	Durmukha 5118
	Creative Work	Siddha Yoga	544241363 Rahu 3:16PM – 4:51PM	Visti Until 12:30AM Wed	Nataraja: Purple		Moon 8 - Phase 19
			Trayodashi* Until 12:33PM	Moon – Blue		2nd Phase	
				Sravana-Avani		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

	Wednesday, August 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman
	Retreat Star		Gulika 10:32AM – 12:07PM	Ashlesha* Until 8:06AM	Ganesh: Clear	<i>Sunrise:</i> 5:48AM	Sun 12 Sutra 136
	Kataka Rasi: 28.46	Tithi 29 – 30	Yama 7:23AM – 8:57AM	Parigha* Until 6:54AM	Muruga: Purple	<i>Sunset:</i> 6:25PM	Durmukha 5118
	Creative Work	Siddha Yoga	544241363 Rahu 12:07PM – 1:41PM	Catuspada Until 12:44AM Thu	Nataraja: Purple		Moon 8 - Phase 19
			Chaturdashi* Until 12:32PM	Moon – Blue		Amavasya	
				Sravana-Avani		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

	Thursday, September 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman
	Retreat Star		Gulika 8:57AM – 10:32AM	Magha* Until 9:19AM	Ganesh: Orange	<i>Sunrise:</i> 5:49AM	Sun 13 Sutra 137
	Simha Rasi: 11.34	Tithi 30 – 1	Yama 5:49AM – 7:23AM	Shiva Until 6:11AM	Muruga: Purple	<i>Sunset:</i> 6:24PM	Durmukha 5118
	Creative Work	Amrita Yoga	544241363 Rahu 1:41PM – 3:15PM	Kintughna Until 1:29AM Fri	Nataraja: Purple		Moon 8 - Phase 19
			Amavasya* Until 1:02PM	Moon – Red		Prathama	
			Annular Solar Eclipse	Bhadrapada-Avani		Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Friday, September 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Muscat, Oman Sun 14 Sutra 138	
Simha Rasi: 24.07	Tithi 1 – 2	Gulika 7:23AM – 8:57AM	Purvaphalguni Until 10:54AM	Ganesh: Orange	<i>Sunrise:</i> 5:49AM	Muruga: Purple	<i>Sunset:</i> 6:23PM
		Yama 3:14PM – 4:49PM	Sadhya Until 5:53AM Sat	Nataraja: Purple			
		554241363 Rahu 10:32AM – 12:06PM	Balava Until 2:45AM Sat	Moon – Red			
Creative Work	Siddha Yoga		Prathama* Until 2:02PM	Bhadrapada*Avani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	
2		Saturday, September 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Muscat, Oman Sun 15 Sutra 139	
Kanya Rasi: 6.28	Tithi 2 – 3	Gulika 5:49AM – 7:23AM	Uttaraphalguni Until 12:47PM	Ganesh: Orange	<i>Sunrise:</i> 5:49AM	Muruga: Purple	<i>Sunset:</i> 6:23PM
		Yama 1:40PM – 3:14PM	Subha Until 6:18AM Sun	Nataraja: Purple			
		554241363 Rahu 8:57AM – 10:32AM	Taitila Until 4:29AM Sun	Moon – Red			
Routine Work	Marana Yoga		Dvitiya Until 3:33PM	Bhadrapada*Avani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	
3		Sunday, September 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Muscat, Oman Sun 16 Sutra 140	
Kanya Rasi: 18.36	Tithi 3 – 4	Gulika 3:13PM – 4:47PM	Hasta Until 3:25PM	Ganesh: Clear	<i>Sunrise:</i> 5:50AM	Muruga: Purple	<i>Sunset:</i> 6:21PM
		Yama 12:05PM – 1:39PM	Subha Until 6:18AM	Nataraja: Purple			
		564241363 Rahu 4:47PM – 6:21PM	Vanija Until 6:36AM Mon	Moon – Green			
Creative Work	Amrita Yoga		Tritiya Until 5:29PM	Bhadrapada*Avani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	
Until 3:25PM							
Then Creative Work - Siddha Yoga							
4		Monday, September 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau		Muscat, Oman Sun 17 Sutra 141	
Tula Rasi: 0.35	Tithi 4	Gulika 1:39PM – 3:12PM	Chitra Until 6:12PM	Ganesh: Clear	<i>Sunrise:</i> 5:50AM	Muruga: Purple	<i>Sunset:</i> 6:20PM
Family Home Evening		Yama 10:31AM – 12:05PM	Sukla Until 6:59AM	Nataraja: Purple			
		564241363 Rahu 7:24AM – 8:57AM	Vanija Until 6:36AM	Moon – Green			
Routine Work	Prabalarishta Yoga		Chaturthi* Until 7:44PM	Bhadrapada*Avani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	
Until 6:12PM		Ganesh Chaturthi					
Then Creative Work - Amrita Yoga							
5		Tuesday, September 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau		Muscat, Oman Sun 18 Sutra 142	
Tula Rasi: 12.29	Tithi 5	Gulika 12:05PM – 1:38PM	Svati Until 8:59PM	Ganesh: Clear	<i>Sunrise:</i> 5:50AM	Muruga: Purple	<i>Sunset:</i> 6:19PM
		Yama 8:57AM – 10:31AM	Brahma Until 7:51AM	Nataraja: Purple			
		564241363 Rahu 3:12PM – 4:45PM	Bava Until 8:58AM	Moon – Green			
Creative Work	Siddha Yoga		Panchami Until 10:10PM	Bhadrapada*Avani	Bhuloka Day	Devaloka Time: 9:AM to 12:PM	
Until 8:59PM							
Then Routine Work - Marana Yoga							
6		Wednesday, September 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shasthyam Titau		Muscat, Oman Sun 19 Sutra 143	
Tula Rasi: 24.22	Tithi 6	Gulika 10:31AM – 12:04PM	Vishakha Until 12:07AM Thu	Ganesh: Clear	<i>Sunrise:</i> 5:51AM	Muruga: Purple	<i>Sunset:</i> 6:18PM
		Yama 7:24AM – 8:57AM	Indra Until 8:48AM	Nataraja: Purple			
		575241363 Rahu 12:04PM – 1:38PM	Kaulava Until 11:24AM	Moon – Orange			
Creative Work	Siddha Yoga		Shashthi* Until 12:35AM Thu	Bhadrapada*Avani	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	
Retreat Star		Thursday, September 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Muscat, Oman Sun 20 Sutra 144	
Vrischika Rasi: 6.14	Tithi 7	Gulika 8:57AM – 10:31AM	Anuradha Until 2:53AM Fri	Ganesh: Clear	<i>Sunrise:</i> 5:51AM	Muruga: Purple	<i>Sunset:</i> 6:17PM
		Yama 5:51AM – 7:24AM	Vaidhriti* Until 9:40AM	Nataraja: Purple			
		575241363 Rahu 1:37PM – 3:10PM	Gara Until 1:45PM	Moon – Orange			
Creative Work	Siddha Yoga		Saptami Until 2:48AM Fri	Bhadrapada*Avani	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	
Until 2:53AM Fri							
Then Routine Work - Marana Yoga							
Retreat Star		Friday, September 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 145	
Vrischika Rasi: 18.13	Tithi 8	Gulika 7:24AM – 8:57AM	Jyeshtha* Until 5:08AM Sat	Ganesh: Clear	<i>Sunrise:</i> 5:51AM	Muruga: Purple	<i>Sunset:</i> 6:16PM
		Yama 3:10PM – 4:43PM	Vishkambha* Until 10:20AM	Nataraja: Purple			
		575241363 Rahu 10:30AM – 12:04PM	Visti Until 3:48PM	Moon – Orange			
Routine Work	Marana Yoga		Ashtami* Until 4:39AM Sat	Bhadrapada*Avani	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	
Until 5:08AM Sat							
Then Creative Work - Siddha Yoga							
Retreat Star		Saturday, September 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Muscat, Oman Sun 22 Sutra 146	
Dhanus Rasi: 0.21	Tithi 9	Gulika 5:52AM – 7:25AM	Mula* Until 7:11AM Sun	Ganesh: Purple	<i>Sunrise:</i> 5:52AM	Muruga: Purple	<i>Sunset:</i> 6:15PM
		Yama 1:36PM – 3:09PM	Priti Until 10:42AM	Nataraja: Purple			
		585241363 Rahu 8:57AM – 10:30AM	Balava Until 5:24PM	Moon – Light Blue			
Creative Work	Siddha Yoga		Navami* Until 5:57AM Sun	Bhadrapada*Avani	Bhuloka Day	Devaloka Time: 6:AM to 9:AM	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 11, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Tailila Karana Dashamyam Titau				Muscat, Oman Sun 23 Sutra 147
Dhanus Rasi: 12.43	Tithi 10	Gulika 3:08PM – 4:41PM	Mula* Until 7:11AM	Ganesha: Purple <i>Sunrise:</i> 5:52AM		Durmukha 5118
		Yama 12:03PM – 1:36PM	Ayushman Until 10:36AM	Muruga: Purple <i>Sunset:</i> 6:14PM		Moon 8 - Phase 21
		585241363 Rahu 4:41PM – 6:14PM	Tailila Until 6:23PM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Dashami Until 6:35AM Mon	Moon – Light Blue	Bhuloka Day	
Until 7:11AM		Grandparent's Day		Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

2 Monday, September 12, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Ekadashi/Ekadashyam Titau				Muscat, Oman Sun 24 Sutra 148
Dhanus Rasi: 25.22	Tithi 10 – 11	Gulika 1:35PM – 3:08PM	Purvashadha* Until 8:24AM	Ganesha: Purple <i>Sunrise:</i> 5:52AM		Durmukha 5118
Family Home Evening		Yama 10:30AM – 12:02PM	Saubhagya Until 9:58AM	Muruga: Purple <i>Sunset:</i> 6:13PM		Moon 8 - Phase 21
		585241363 Rahu 7:25AM – 8:57AM	Vanija Until 6:39PM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Dashami Until 6:35AM	Moon – Light Blue	Bhuloka Day	
				Bhadrapada-Avani		

3 Tuesday, September 13, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Sobhana/Atihiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 149
Makara Rasi: 8.23	Tithi 11 – 12	Gulika 12:02PM – 1:35PM	Uttarashadha Until 8:45AM	Ganesha: Purple <i>Sunrise:</i> 5:53AM		Durmukha 5118
		Yama 8:57AM – 10:30AM	Sobhana Until 8:45AM	Muruga: Purple <i>Sunset:</i> 6:12PM		Moon 8 - Phase 21
		585241363 Rahu 3:07PM – 4:39PM	Bava Until 6:09PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 6:29AM	Moon – Light Blue	Bhuloka Day	
Until 8:45AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 14, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Tailila Karana Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 150
Makara Rasi: 21.49	Tithi 13	Gulika 10:30AM – 12:02PM	Shravana Until 8:39AM	Ganesha: Clear <i>Sunrise:</i> 5:53AM		Durmukha 5118
		Yama 7:25AM – 8:57AM	Athiganda* Until 6:55AM	Muruga: Purple <i>Sunset:</i> 6:11PM		Moon 8 - Phase 21
		595241363 Rahu 12:02PM – 1:34PM	Kaulava Until 4:55PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 4:01AM Thu	Moon – Purple	Bhuloka Day	
Until 8:39AM		Avani Avittam	<i>Pradosha Vrata</i>	Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga						

5 Thursday, September 15, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 151
Kumbha Rasi: 5.4	Tithi 14	Gulika 8:57AM – 10:29AM	Dhanishtha Until 7:42AM	Ganesha: Clear <i>Sunrise:</i> 5:53AM		Durmukha 5118
		Yama 5:53AM – 7:25AM	Dhriti Until 1:38AM Fri	Muruga: Purple <i>Sunset:</i> 6:10PM		Moon 8 - Phase 21
		595241363 Rahu 1:33PM – 3:06PM	Gara Until 3:00PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 1:49AM Fri	Moon – Purple	Bhuloka Day	
		Chidambaram Abhishekam		Bhadrapada-Avani	Devaloka Time: 6:AM to 9:AM	

Friday, September 16, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman Sutra 152
Copper Retreat Star		Gulika 7:25AM – 8:57AM	Shatabhishak Until 6:02AM	Ganesha: Purple <i>Sunrise:</i> 5:53AM		Durmukha 5118
Kumbha Rasi: 19.53	Tithi 15	Yama 3:05PM – 4:37PM	Shula* Until 10:20PM	Muruga: Purple <i>Sunset:</i> 6:09PM		Moon 8 - Phase 21
		596241363 Rahu 10:29AM – 12:01PM	Visti Until 12:33PM	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Purnima* Until 11:08PM	Moon – Purple	Devaloka Day	
		Penumbra Lunar Eclipse		Bhadrapada-Puratasi		

Saturday, September 17, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman Sutra 153
Silver Retreat Star		Gulika 5:54AM – 7:26AM	Uttaraproshtapada Until 1:53AM Sun	Ganesha: Purple <i>Sunrise:</i> 5:54AM		Durmukha 5118
Meena Rasi: 4.26	Tithi 16	Yama 1:32PM – 3:04PM	Ganda* Until 6:45PM	Muruga: Purple <i>Sunset:</i> 6:08PM		Moon 8 - Phase 21
		516241363 Rahu 8:57AM – 10:29AM	Balava Until 9:41AM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Prathama* Until 8:07PM	Moon – Clear	Devaloka Day	
Until 1:53AM Sun				Bhadrapada-Puratasi		
Then Creative Work - Amrita Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 154

Durmukha 5118

Meena Rasi: 19.12 Tihi 17 – 18

516241363

Gulika 3:03PM – 4:35PM
Yama 12:00PM – 1:32PM
Rahu 4:35PM – 6:07PM

Revati Until 11:17PM
Vriddhi Until 3:01PM
Taitila Until 6:33AM
Dvitiya Until 4:54PM

Ganesha: Purple *Sunrise:* 5:54AM
Muruga: Purple *Sunset:* 6:07PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga
Until 11:17PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Muscat, Oman

Sun 2 Sutra 155

Durmukha 5118

Mesha Rasi: 4.04 Tihi 18 – 19

526341363

Gulika 1:31PM – 3:03PM
Yama 10:29AM – 12:00PM
Rahu 7:26AM – 8:57AM

Ashvini Until 8:58PM
Dhruva Until 11:13AM
Bava Until 12:04AM Tue
Tritiya Until 1:39PM

Ganesha: Purple *Sunrise:* 5:54AM
Muruga: Purple *Sunset:* 6:06PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Family Home Evening
Creative Work Siddha Yoga

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 156

Durmukha 5118

Mesha Rasi: 18.53 Tihi 19 – 20

526341363

Gulika 12:00PM – 1:31PM
Yama 8:57AM – 10:28AM
Rahu 3:02PM – 4:33PM

Bharani Until 6:40PM
Vyaghata* Until 7:29AM
Kaulava Until 9:00PM
Chaturthi* Until 10:29AM

Ganesha: Purple *Sunrise:* 5:55AM
Muruga: Purple *Sunset:* 6:05PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 157

Durmukha 5118

Vrishabha Rasi: 3.33 Tihi 20 – 21

526341363

Gulika 10:28AM – 11:59AM
Yama 7:26AM – 8:57AM
Rahu 11:59AM – 1:30PM

Krittika Until 4:30PM
Vajra* Until 12:38AM Thu
Gara Until 6:14PM
Panchami Until 7:33AM

Ganesha: Purple *Sunrise:* 5:55AM
Muruga: Purple *Sunset:* 6:04PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga
Until 4:30PM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 158

Durmukha 5118

Vrishabha Rasi: 17.59 Tihi 22

536341363

Gulika 8:57AM – 10:28AM
Yama 5:55AM – 7:26AM
Rahu 1:30PM – 3:01PM

Rohini Until 3:00PM
Siddhi Until 9:42PM
Visti Until 3:51PM
Saptami Until 2:49AM Fri

Ganesha: Clear *Sunrise:* 5:55AM
Muruga: Purple *Sunset:* 6:03PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

5

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 159

Durmukha 5118

Mithuna Rasi: 2.07 Tihi 23

536341363

Gulika 7:26AM – 8:57AM
Yama 3:00PM – 4:31PM
Rahu 10:28AM – 11:59AM

Mrigashira Until 1:50PM
Vyatipata* Until 7:10PM
Balava Until 1:57PM
Ashtami* Until 1:11AM Sat

Ganesha: Clear *Sunrise:* 5:56AM
Muruga: Purple *Sunset:* 6:01PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 7 Sutra 160

Durmukha 5118

Mithuna Rasi: 15.55 Tihi 24

537341363

Gulika 5:56AM – 7:27AM
Yama 1:29PM – 2:59PM
Rahu 8:57AM – 10:28AM

Ardra Until 1:02PM
Variyan Until 5:02PM
Taitila Until 12:35PM
Navami* Until 12:05AM Sun

Ganesha: White *Sunrise:* 5:56AM
Muruga: Purple *Sunset:* 6:00PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

1 Sunday, September 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
Mithuna Rasi: 29.24 Tihti 25		Punarvasu/Pushya Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 161
Creative Work Siddha Yoga		Gulika 2:59PM – 4:29PM	Punarvasu Until 1:05PM	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	Durmukha 5118	
	547341363	Yama 11:58AM – 1:28PM	Parigha* Until 3:22PM	Muruga: Purple <i>Sunset:</i> 5:59PM	Moon 9 - Phase 23	
		Rahu 4:29PM – 5:59PM	Vanija Until 11:46AM	Nataraja: Purple	2nd Phase	
			Dashami Until 11:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

2 Monday, September 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Muscat, Oman
Kataka Rasi: 12.35 Tihti 26		Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 162
Family Home Evening	547341363	Gulika 1:28PM – 2:58PM	Pushya Until 1:31PM	Ganesha: Yellow <i>Sunrise:</i> 5:57AM	Durmukha 5118	
		Yama 10:27AM – 11:58AM	Shiva Until 2:08PM	Muruga: Purple <i>Sunset:</i> 5:59PM	Moon 9 - Phase 23	
Creative Work Siddha Yoga		Rahu 7:27AM – 8:57AM	Bava Until 11:30AM	Nataraja: Purple	2nd Phase	
			Ekadashi* Until 11:33PM	Moon – Blue	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

3 Tuesday, September 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Muscat, Oman
Kataka Rasi: 25.3 Tihti 27		Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 163
Creative Work Siddha Yoga	647341363	Gulika 11:57AM – 1:27PM	Ashlesha* Until 2:18PM	Ganesha: White <i>Sunrise:</i> 5:57AM	Durmukha 5118	
		Yama 8:57AM – 10:27AM	Siddha Until 1:17PM	Muruga: Purple <i>Sunset:</i> 5:57PM	Moon 9 - Phase 23	
		Rahu 2:57PM – 4:27PM	Kaulava Until 11:45AM	Nataraja: Purple	2nd Phase	
			Dvadashi* Until 12:03AM Wed	Moon – Blue	Devaloka Day	
				Bhadrapada-Puratasi		

4 Wednesday, September 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam				Muscat, Oman
Simha Rasi: 8.1 Tihti 28		Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 164
Creative Work Siddha Yoga	657341363	Gulika 10:27AM – 11:57AM	Magha* Until 3:52PM	Ganesha: Yellow <i>Sunrise:</i> 5:57AM	Durmukha 5118	
		Yama 7:27AM – 8:57AM	Sadhya Until 12:50PM	Muruga: Purple <i>Sunset:</i> 5:56PM	Moon 9 - Phase 23	
Until 3:52PM		Rahu 11:57AM – 1:27PM	Gara Until 12:31PM	Nataraja: Purple	2nd Phase	
	Then Creative Work - Amrita Yoga		Trayodashi* Until 1:02AM Thu	Moon – Red	Bhuloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

5 Thursday, September 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Muscat, Oman
Simha Rasi: 20.38 Tihti 29		Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 165
Creative Work Siddha Yoga	657341363	Gulika 8:57AM – 10:27AM	Purvaphalguni Until 5:43PM	Ganesha: Yellow <i>Sunrise:</i> 5:58AM	Durmukha 5118	
		Yama 5:58AM – 7:27AM	Subha Until 12:45PM	Muruga: Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 23	
		Rahu 1:26PM – 2:56PM	Visti Until 1:43PM	Nataraja: Purple	2nd Phase	
			Chaturdashi* Until 2:27AM Fri	Moon – Red	Bhuloka Day	
				Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM	

Friday, September 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Muscat, Oman
Retreat Star		Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 166
Kanya Rasi: 2.55 Tihti 30	658341363	Gulika 7:28AM – 8:57AM	Uttaraphalguni Until 7:47PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	Durmukha 5118	
		Yama 2:55PM – 4:25PM	Sukla Until 12:56PM	Muruga: Purple <i>Sunset:</i> 5:54PM	Moon 9 - Phase 23	
Creative Work Siddha Yoga		Rahu 10:27AM – 11:56AM	Catuspada Until 3:19PM	Nataraja: Purple	Amavasya	
	Until 7:47PM	Mahalaya Amavasai (Tamil Nadu)	Amavasya* Until 4:14AM Sat	Moon – Red	Bhuloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi		

Saturday, October 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Muscat, Oman
Retreat Star		Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 167
Kanya Rasi: 15.04 Tihti 1	668341363	Gulika 5:58AM – 7:28AM	Hasta Until 10:29PM	Ganesha: Blue <i>Sunrise:</i> 5:58AM	Durmukha 5118	
		Yama 1:25PM – 2:55PM	Brahma Until 1:23PM	Muruga: Purple <i>Sunset:</i> 5:53PM	Moon 9 - Phase 23	
Routine Work Marana Yoga		Rahu 8:57AM – 10:27AM	Kintughna Until 5:16PM	Nataraja: Purple	Prathama	
		Navaratri Begins	Prathama* Until 6:20AM Sun	Moon – Green	Bhuloka Day	
				Ashvina-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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1 Sunday, October 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Muscat, Oman Sun 15 Sutra 168 Durmukha 5118
Kanya Rasi: 27.04	Tithi 1 – 2	Gulika 2:54PM – 4:23PM	Chitra Until 1:16AM Mon	Ganesh: Blue <i>Sunrise:</i> 5:59AM		
		Yama 11:56AM – 1:25PM	Indra Until 2:05PM	Muruga: Purple <i>Sunset:</i> 5:52PM		Moon 9 - Phase 24 3rd Phase
		668341363 Rahu 4:23PM – 5:52PM	Balava Until 7:29PM	Nataraja: Purple		
Creative Work Siddha Yoga			Prathama* Until 6:20AM	Moon – Green	Bhuloka Day	
Until 1:16AM Mon				Ashvina•Puratasi		
Then Creative Work - Amrita Yoga						

2 Monday, October 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Muscat, Oman Sun 16 Sutra 169 Durmukha 5118
Tula Rasi: 9	Tithi 2 – 3	Gulika 1:24PM – 2:53PM	Svati Until 4:02AM Tue	Ganesh: Blue <i>Sunrise:</i> 5:59AM		
Family Home Evening		Yama 10:26AM – 11:55AM	Vaidhriti* Until 2:54PM	Muruga: Purple <i>Sunset:</i> 5:51PM		Moon 9 - Phase 24 3rd Phase
		668341363 Rahu 7:28AM – 8:57AM	Taitila Until 9:54PM	Nataraja: Purple		
Creative Work Amrita Yoga			Dvitiya Until 8:39AM	Moon – Green	Bhuloka Day	
Until 4:02AM Tue				Ashvina•Puratasi		
Then Routine Work - Marana Yoga						

3 Tuesday, October 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Muscat, Oman Sun 17 Sutra 170 Durmukha 5118
Tula Rasi: 20.52	Tithi 3 – 4	Gulika 11:55AM – 1:24PM	Vishakha Until 7:13AM Wed	Ganesh: Blue <i>Sunrise:</i> 5:59AM		
		Yama 8:57AM – 10:26AM	Vishkambha* Until 3:49PM	Muruga: Purple <i>Sunset:</i> 5:50PM		Moon 9 - Phase 24 3rd Phase
		678341363 Rahu 2:53PM – 4:22PM	Vanija Until 12:24AM Wed	Nataraja: Purple		
Routine Work Marana Yoga			Tritiya Until 11:07AM	Moon – Orange	Bhuloka Day	
Until 7:13AM Wed				Ashvina•Puratasi		
Then Creative Work - Siddha Yoga						

4 Wednesday, October 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Muscat, Oman Sun 18 Sutra 171 Durmukha 5118
Vrischika Rasi: 2.43	Tithi 4 – 5	Gulika 10:26AM – 11:55AM	Vishakha Until 7:13AM	Ganesh: Blue <i>Sunrise:</i> 6:00AM		
		Yama 7:29AM – 8:57AM	Priti Until 4:45PM	Muruga: Purple <i>Sunset:</i> 5:50PM		Moon 9 - Phase 24 3rd Phase
		678341363 Rahu 11:55AM – 1:23PM	Bava Until 2:52AM Thu	Nataraja: Purple		
Creative Work Siddha Yoga			Chaturthi* Until 1:37PM	Moon – Orange	Bhuloka Day	
				Ashvina•Puratasi		

5 Thursday, October 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Muscat, Oman Sun 19 Sutra 172 Durmukha 5118
Vrischika Rasi: 15	Tithi 5 – 6	Gulika 8:57AM – 10:26AM	Anuradha Until 10:09AM	Ganesh: Blue <i>Sunrise:</i> 6:00AM		
		Yama 6:00AM – 7:29AM	Ayushman Until 5:34PM	Muruga: Purple <i>Sunset:</i> 5:49PM		Moon 9 - Phase 24 3rd Phase
		678341363 Rahu 1:23PM – 2:51PM	Kaulava Until 5:10AM Fri	Nataraja: Purple		
Creative Work Siddha Yoga			Panchami Until 4:01PM	Moon – Orange	Bhuloka Day	
Until 10:09AM				Ashvina•Puratasi		
Then Routine Work - Prabalarishta Yoga						

6 Friday, October 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila Karana Shashthyam Titau				Muscat, Oman Sun 20 Sutra 173 Durmukha 5118
Vrischika Rasi: 26.32	Tithi 6	Gulika 7:29AM – 8:57AM	Jyeshtha* Until 12:43PM	Ganesh: Red <i>Sunrise:</i> 6:01AM		
		Yama 2:51PM – 4:19PM	Saubhagya Until 6:12PM	Muruga: Purple <i>Sunset:</i> 5:48PM		Moon 9 - Phase 24 3rd Phase
		679341364 Rahu 10:26AM – 11:54AM	Taitila Until 6:10PM	Nataraja: Clear		
Routine Work Marana Yoga			Shashthi* Until 6:10PM	Moon – Orange	Devaloka Day	
Until 12:43PM				Ashvina•Puratasi		
Then Creative Work - Amrita Yoga						

Saturday, October 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman Sun 21 Sutra 174 Durmukha 5118
Retreat Star		Gulika 6:01AM – 7:29AM	Mula* Until 3:14PM	Ganesh: Blue <i>Sunrise:</i> 6:01AM		
Dhanu Rasi: 8.37	Tithi 7	Yama 1:22PM – 2:50PM	Sobhana Until 6:31PM	Muruga: Purple <i>Sunset:</i> 5:47PM		Moon 9 - Phase 24 3rd Phase
		689341364 Rahu 8:57AM – 10:26AM	Gara Until 7:07AM	Nataraja: Clear		
Creative Work Siddha Yoga			Saptami Until 7:54PM	Moon – Light Blue	Sivaloka Day	
				Ashvina•Puratasi		

Sunday, October 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman Sun 22 Sutra 175 Durmukha 5118
Retreat Star		Gulika 2:50PM – 4:18PM	Purvashadha* Until 5:03PM	Ganesh: Blue <i>Sunrise:</i> 6:01AM		
Dhanu Rasi: 20.55	Tithi 8	Yama 11:54AM – 1:22PM	Athiganda* Until 6:22PM	Muruga: Purple <i>Sunset:</i> 5:46PM		Moon 9 - Phase 24 Ashtami
		689341364 Rahu 4:18PM – 5:46PM	Visti Until 8:34AM	Nataraja: Clear		
Creative Work Siddha Yoga			Ashtami* Until 9:02PM	Moon – Light Blue	Sivaloka Day	
Until 5:03PM				Ashvina•Puratasi		
Then Creative Work - Amrita Yoga						


Monday, October 10, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Muscat, Oman Sun 23 Sutra 176 Durmukha 5118
Retreat Star		Gulika 1:21PM – 2:49PM	Uttarashadha Until 6:01PM	Ganesh: Blue <i>Sunrise:</i> 6:02AM		
Makara Rasi: 3.29	Tithi 9	Yama 10:25AM – 11:53AM	Sukarma Until 5:40PM	Muruga: Purple <i>Sunset:</i> 5:45PM		Moon 9 - Phase 24 Navami
Family Home Evening		689341364 Rahu 7:30AM – 8:58AM	Balava Until 9:21AM	Nataraja: Clear		
Routine Work Marana Yoga			Navami* Until 9:26PM	Moon – Light Blue	Sivaloka Day	
Until 6:01PM				Ashvina•Puratasi		
Then Creative Work - Amrita Yoga						

1		Tuesday, October 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dashamyam Titau		Muscat, Oman Sun 24 Sutra 177
Makara Rasi: 16.25	Tithi 10	Gulika	11:53AM – 1:21PM	Shravana Until 6:30PM	Ganesh: Yellow	<i>Sunrise: 6:02AM</i>	Durmukha 5118	
		Yama	8:58AM – 10:25AM	Dhriti Until 4:22PM	Muruga: Clear	<i>Sunset: 5:44PM</i>	Moon 9 - Phase 25	
		699351364 Rahu	2:48PM – 4:16PM	Tailila Until 9:21AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 9:01PM	Moon – Purple		Sivaloka Day	
					Ashvina•Puratasi			

2		Wednesday, October 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Muscat, Oman Sun 25 Sutra 178
Makara Rasi: 29.47	Tithi 11	Gulika	10:25AM – 11:53AM	Dhanishtha Until 6:02PM	Ganesh: Yellow	<i>Sunrise: 6:03AM</i>	Durmukha 5118	
		Yama	7:30AM – 8:58AM	Shula* Until 2:22PM	Muruga: Clear	<i>Sunset: 5:43PM</i>	Moon 9 - Phase 25	
		699351364 Rahu	11:53AM – 1:20PM	Vanija Until 8:31AM	Nataraja: Clear		4th Phase	
Routine Work	Prabalarishta Yoga			Ekadashi Until 7:46PM	Moon – Purple		Sivaloka Day	
Until 6:02PM					Ashvina•Puratasi			
Then Creative Work - Siddha Yoga								

3		Thursday, October 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Ganda*/Mridhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 179
Kumbha Rasi: 13.37	Tithi 12 – 13	Gulika	8:58AM – 10:25AM	Shatabhishak Until 4:40PM	Ganesh: Yellow	<i>Sunrise: 6:03AM</i>	Durmukha 5118	
		Yama	6:03AM – 7:30AM	Ganda* Until 11:45AM	Muruga: Clear	<i>Sunset: 5:42PM</i>	Moon 9 - Phase 25	
		699351364 Rahu	1:20PM – 2:47PM	Bava Until 6:53AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 5:46PM	Moon – Purple		Sivaloka Day	
		Kadaitswami Mahasamadhi		<i>Pradosha Vrata</i>	Ashvina•Puratasi			

4		Friday, October 14, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprossthapada*/Uttarprosthapada Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 180
Kumbha Rasi: 27.55	Tithi 13 – 14	Gulika	7:31AM – 8:58AM	Purvaprossthapada* Until 2:54PM	Ganesh: White	<i>Sunrise: 6:03AM</i>	Durmukha 5118	
		Yama	2:47PM – 4:14PM	Vriddhi Until 8:36AM	Muruga: Clear	<i>Sunset: 5:41PM</i>	Moon 9 - Phase 25	
		611451364 Rahu	10:25AM – 11:52AM	Gara Until 1:36AM Sat	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 3:07PM	Moon – Clear		Devaloka Day	
		Chidambaram Abhishekam			Ashvina•Puratasi			

		Saturday, October 15, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttarprosthapada/Revati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Muscat, Oman Sun 28 Sutra 181
Copper Retreat Star		Gulika	6:04AM – 7:31AM	Uttarprosthapada Until 12:30PM	Ganesh: White	<i>Sunrise: 6:04AM</i>	Durmukha 5118	
Meena Rasi: 12.37	Tithi 14 – 15	Yama	1:19PM – 2:46PM	Vyaghata* Until 12:59AM Sun	Muruga: Clear	<i>Sunset: 5:40PM</i>	Moon 9 - Phase 25	
		611451364 Rahu	8:58AM – 10:25AM	Visti Until 10:14PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Chaturdashi* Until 11:56AM	Moon – Clear		Devaloka Day	
Until 12:30PM					Ashvina•Puratasi			
Then Routine Work - Prabalarishta Yoga								

Sunday, October 16, 2016		Silver Retreat Star				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Muscat, Oman Sun 29 Sutra 182
Meena Rasi: 27.38	Tithi 15 – 16	Gulika	2:46PM – 4:13PM	Revati Until 9:37AM	Ganesh: White	<i>Sunrise: 6:04AM</i>	Durmukha 5118	
		Yama	11:52AM – 1:19PM	Harshana Until 8:49PM	Muruga: Clear	<i>Sunset: 5:40PM</i>	Moon 9 - Phase 25	
		611451364 Rahu	4:13PM – 5:40PM	Balava Until 6:35PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Purnima* Until 8:25AM	Moon – Clear		Devaloka Day	
Until 9:37AM					Ashvina•Puratasi			
Then Creative Work - Siddha Yoga								

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Mesha Rasi: 12.49 Tihi 17
Family Home Evening
Creative Work Siddha Yoga

621451364

Gulika 1:18PM – 2:45PM
Yama 10:25AM – 11:52AM
Rahu 7:31AM – 8:58AM

Ashvini Until 6:48AM
Vajra* Until 4:33PM
Taitila Until 2:51PM
Dvitiya Until 12:59AM Tue

Ganesha: Clear *Sunrise:* 6:05AM
Muruga: Clear *Sunset:* 5:39PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Muscat, Oman
Sutra 183
Dur mukha 5118
Moon 10 - Phase 26
1st Phase

Sivaloka Day

Tuesday, October 18, 2016

1

Mesha Rasi: 28 Tihi 18
Creative Work Siddha Yoga

621451364

Gulika 11:52AM – 1:18PM
Yama 8:58AM – 10:25AM
Rahu 2:45PM – 4:11PM

Krittika Until 12:58AM Wed
Siddhi Until 12:22PM
Vanija Until 11:11AM
Tritiya Until 9:24PM

Ganesha: Clear *Sunrise:* 6:05AM
Muruga: Clear *Sunset:* 5:38PM
Nataraja: Clear
Moon – White
Ashvina-Aipasi

Muscat, Oman
Sun 1 Sutra 184
Dur mukha 5118
Moon 10 - Phase 26
1st Phase

Sivaloka Day

Wednesday, October 19, 2016

2

Vrishabha Rasi: 13.02 Tihi 19
Creative Work Siddha Yoga

631451364

Gulika 10:25AM – 11:51AM
Yama 7:32AM – 8:58AM
Rahu 11:51AM – 1:18PM

Rohini Until 10:41PM
Vyatipata* Until 8:24AM
Bava Until 7:44AM
Chaturthi* Until 6:08PM

Ganesha: Purple *Sunrise:* 6:06AM
Muruga: Clear *Sunset:* 5:37PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Muscat, Oman
Sun 2 Sutra 185
Dur mukha 5118
Moon 10 - Phase 26
1st Phase

Devaloka Day

Thursday, October 20, 2016

3

Vrishabha Rasi: 27.46 Tihi 20 – 21
Routine Work Marana Yoga

631451364

Gulika 8:59AM – 10:25AM
Yama 6:06AM – 7:32AM
Rahu 1:17PM – 2:44PM

Mrigashira Until 8:46PM
Parigha* Until 1:31AM Fri
Gara Until 2:11AM Fri
Panchami Until 3:21PM

Ganesha: Purple *Sunrise:* 6:06AM
Muruga: Clear *Sunset:* 5:36PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Muscat, Oman
Sun 3 Sutra 186
Dur mukha 5118
Moon 10 - Phase 26
1st Phase

Devaloka Day

Friday, October 21, 2016

4

Mithuna Rasi: 12.07 Tihi 21 – 22
Creative Work Siddha Yoga

631451364

Gulika 7:33AM – 8:59AM
Yama 2:43PM – 4:09PM
Rahu 10:25AM – 11:51AM

Ardra Until 7:19PM
Shiva Until 10:51PM
Visti Until 12:19AM Sat
Shashthi* Until 1:09PM

Ganesha: Purple *Sunrise:* 6:07AM
Muruga: Clear *Sunset:* 5:35PM
Nataraja: Clear
Moon – Yellow
Ashvina-Aipasi

Muscat, Oman
Sun 4 Sutra 187
Dur mukha 5118
Moon 10 - Phase 26
1st Phase

Devaloka Day

Saturday, October 22, 2016

D

Retreat Star

Mithuna Rasi: 26.02 Tihi 22 – 23
Creative Work Siddha Yoga

641451364

Gulika 6:07AM – 7:33AM
Yama 1:17PM – 2:43PM
Rahu 8:59AM – 10:25AM

Punarvasu Until 6:53PM
Siddha Until 8:44PM
Balava Until 11:12PM
Saptami Until 11:39AM

Ganesha: Clear *Sunrise:* 6:07AM
Muruga: Clear *Sunset:* 5:35PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Muscat, Oman
Sun 5 Sutra 188
Dur mukha 5118
Moon 10 - Phase 26
Ashtami

Sivaloka Day

Sunday, October 23, 2016

Retreat Star

Kataka Rasi: 9.31 Tihi 23 – 24
Creative Work Siddha Yoga

641451364

Gulika 2:42PM – 4:08PM
Yama 11:51AM – 1:17PM
Rahu 4:08PM – 5:34PM

Pushya Until 7:03PM
Sadhya Until 7:14PM
Taitila Until 10:51PM
Ashtami* Until 10:55AM

Ganesha: Clear *Sunrise:* 6:08AM
Muruga: Clear *Sunset:* 5:34PM
Nataraja: Clear
Moon – Blue
Ashvina-Aipasi

Muscat, Oman
Sun 6 Sutra 189
Dur mukha 5118
Moon 10 - Phase 26
Navami

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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Monday, October 24, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam				Muscat, Oman	
1	Kataka Rasi: 22.34 Tihti 24 – 25 Family Home Evening Creative Work Siddha Yoga Until 7:47PM Then Routine Work - Marana Yoga	662451364	Gulika	1:16PM – 2:42PM	Ashlesha* Until 7:47PM	Ganesh: Clear	Sunrise: 6:08AM
			Yama	10:25AM – 11:51AM	Subha Until 6:20PM	Muruga: Clear	Sunset: 5:33PM
			Rahu	7:34AM – 8:59AM	Vanija Until 11:14PM	Nataraja: Clear	Moon 10 - Phase 27
			Navami* Until 10:56AM		Moon – Blue	Sivaloka Day	
					Ashvina-Aipasi		

Tuesday, October 25, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Muscat, Oman	
2	Simha Rasi: 5.17 Tihti 25 – 26 Creative Work Siddha Yoga	652451364	Gulika	11:50AM – 1:16PM	Magha* Until 9:28PM	Ganesh: Clear	Sunrise: 6:09AM
			Yama	9:00AM – 10:25AM	Sukla Until 5:55PM	Muruga: Clear	Sunset: 5:32PM
			Rahu	2:41PM – 4:07PM	Bava Until 12:17AM Wed	Nataraja: Clear	Moon 10 - Phase 27
			Dashami Until 11:40AM		Moon – Red	Sivaloka Day	
					Ashvina-Aipasi		

Wednesday, October 26, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam				Muscat, Oman	
3	Simha Rasi: 17.43 Tihti 26 – 27 Creative Work Amrita Yoga	652451364	Gulika	10:25AM – 11:50AM	Purvaphalguni Until 11:32PM	Ganesh: Clear	Sunrise: 6:09AM
			Yama	7:34AM – 9:00AM	Brahma Until 5:57PM	Muruga: Clear	Sunset: 5:32PM
			Rahu	11:50AM – 1:16PM	Kaulava Until 1:51AM Thu	Nataraja: Clear	Moon 10 - Phase 27
			Ekadashi* Until 12:59PM		Moon – Red	Sivaloka Day	
					Ashvina-Aipasi		

Thursday, October 27, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam				Muscat, Oman	
4	Simha Rasi: 29.56 Tihti 27 – 28 Amrita Yoga	652451364	Gulika	9:00AM – 10:25AM	Uttaraphalguni Until 1:49AM Fri	Ganesh: Clear	Sunrise: 6:10AM
			Yama	6:10AM – 7:35AM	Indra Until 6:20PM	Muruga: Clear	Sunset: 5:31PM
			Rahu	1:15PM – 2:41PM	Gara Until 3:49AM Fri	Nataraja: Clear	Moon 10 - Phase 27
			Dvadashi* Until 2:47PM		Moon – Red	Sivaloka Day	
					Ashvina-Aipasi		
					Pradosha Vrata (Fasting)		

Friday, October 28, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam				Muscat, Oman	
5	Kanya Rasi: 12 Tihti 28 – 29 Creative Work Amrita Yoga Until 4:42AM Sat Then Routine Work - Marana Yoga	662451364	Gulika	7:35AM – 10:00AM	Hasta Until 4:42AM Sat	Ganesh: Orange	Sunrise: 6:10AM
			Yama	2:40PM – 4:05PM	Vaidhriti* Until 6:55PM	Muruga: Clear	Sunset: 5:30PM
			Rahu	10:25AM – 11:50AM	Visti Until 6:04AM Sat	Nataraja: Clear	Moon 10 - Phase 27
			Trayodashi* Until 4:54PM		Moon – Green	Sivaloka Day	
					Ashvina-Aipasi		
					Deepavali Hindu Solidarity Day		

Saturday, October 29, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam				Muscat, Oman	
6	Kanya Rasi: 23.58 Tihti 29 Routine Work Marana Yoga Until 7:34AM Sun Then Creative Work - Siddha Yoga	662451364	Gulika	6:11AM – 7:36AM	Chitra Until 7:34AM Sun	Ganesh: Orange	Sunrise: 6:11AM
			Yama	1:15PM – 2:40PM	Vishkambha* Until 7:40PM	Muruga: Clear	Sunset: 5:30PM
			Rahu	9:00AM – 10:25AM	Visti Until 6:04AM	Nataraja: Clear	Moon 10 - Phase 27
			Chaturdashi* Until 7:14PM		Moon – Green	Sivaloka Day	
					Ashvina-Aipasi		
					Subramuniyaswami Mahasamadhi		

Sunday, October 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam				Muscat, Oman	
●	Tula Rasi: 5.53 Tihti 30 Creative Work Siddha Yoga	662451364	Gulika	2:40PM – 4:04PM	Chitra Until 7:34AM	Ganesh: Orange	Sunrise: 6:11AM
			Yama	11:50AM – 1:15PM	Priti Until 8:31PM	Muruga: Clear	Sunset: 5:29PM
			Rahu	4:04PM – 5:29PM	Catuspada Until 8:28AM	Nataraja: Clear	Moon 10 - Phase 27
			Amavasya* Until 9:41PM		Moon – Green	Sivaloka Day	
					Ashvina-Aipasi		
					Chitra/Svati Nakshatra Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		

Monday, October 31, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Muscat, Oman	
●	Tula Rasi: 17.45 Tihti 1 Family Home Evening Creative Work Amrita Yoga Until 10:21AM Then Routine Work - Marana Yoga	662451364	Gulika	1:15PM – 2:39PM	Svati Until 10:21AM	Ganesh: Orange	Sunrise: 6:12AM
			Yama	10:25AM – 11:50AM	Ayushman Until 9:22PM	Muruga: Clear	Sunset: 5:28PM
			Rahu	7:36AM – 9:01AM	Kintughna Until 10:58AM	Nataraja: Clear	Moon 10 - Phase 27
			Prathama* Until 12:12AM Tue		Moon – Green	Sivaloka Day	
					Kartika-Aipasi		
					Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, November 1, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Muscat, Oman Sun 15 Sutra 198 Durmukha 5118
Tula Rasi: 29.37	Tithi 2	Gulika	11:50AM – 1:14PM	Vishakha Until 1:29PM	Ganesh: Clear	<i>Sunrise:</i> 6:12AM		
		Yama	9:01AM – 10:26AM	Saubhagya Until 10:14PM	Muruga: Clear	<i>Sunset:</i> 5:28PM	Moon 10 - Phase 28	
Routine Work	Marana Yoga	672451364 Rahu	2:39PM – 4:03PM	Balava Until 1:28PM	Nataraja: Clear		3rd Phase	
Until 1:29PM				Dvitiya Until 2:41AM Wed	Moon – Orange		Sivaloka Day	
Then Creative Work - Siddha Yoga					Karttika•Aipasi			

2		Wednesday, November 2, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau		Muscat, Oman Sun 16 Sutra 199 Durmukha 5118
Vrischika Rasi: 11.29	Tithi 3	Gulika	10:26AM – 11:50AM	Anuradha Until 4:25PM	Ganesh: Clear	<i>Sunrise:</i> 6:13AM		
		Yama	7:37AM – 9:01AM	Sobhana Until 11:03PM	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 28	
Creative Work	Siddha Yoga	672451364 Rahu	11:50AM – 1:14PM	Tailila Until 3:56PM	Nataraja: Clear		3rd Phase	
				Tritiya Until 5:06AM Thu	Moon – Orange		Sivaloka Day	
					Karttika•Aipasi			

3		Thursday, November 3, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Athiganda* Yoga Vanija Karana Chaturthyam Titau		Muscat, Oman Sun 17 Sutra 200 Durmukha 5118
Vrischika Rasi: 23.24	Tithi 4	Gulika	9:02AM – 10:26AM	Jyeshtha* Until 7:03PM	Ganesh: Clear	<i>Sunrise:</i> 6:13AM		
		Yama	6:13AM – 7:38AM	Athiganda* Until 11:44PM	Muruga: Clear	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 28	
Routine Work	Prabalarishta Yoga	672451364 Rahu	1:14PM – 2:38PM	Vanija Until 6:16PM	Nataraja: Clear		3rd Phase	
Until 7:03PM				Chaturthi* Until 7:20AM Fri	Moon – Orange		Sivaloka Day	
Then Creative Work - Siddha Yoga					Karttika•Aipasi			

4		Friday, November 4, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Muscat, Oman Sun 18 Sutra 201 Durmukha 5118
Dhanus Rasi: 5.23	Tithi 4 – 5	Gulika	7:38AM – 9:02AM	Mula* Until 9:48PM	Ganesh: Purple	<i>Sunrise:</i> 6:14AM		
		Yama	2:38PM – 4:02PM	Sukarma Until 12:15AM Sat	Muruga: Clear	<i>Sunset:</i> 5:26PM	Moon 10 - Phase 28	
Creative Work	Amrita Yoga	682451364 Rahu	10:26AM – 11:50AM	Bava Until 8:22PM	Nataraja: Clear		3rd Phase	
Until 9:48PM				Chaturthi* Until 7:20AM	Moon – Light Blue		Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga					Karttika•Aipasi			

5		Saturday, November 5, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Muscat, Oman Sun 19 Sutra 202 Durmukha 5118
Dhanus Rasi: 17.28	Tithi 5 – 6	Gulika	6:15AM – 7:38AM	Purvashadha* Until 12:02AM Sun	Ganesh: Purple	<i>Sunrise:</i> 6:15AM		
		Yama	1:14PM – 2:38PM	Dhriti Until 12:29AM Sun	Muruga: Clear	<i>Sunset:</i> 5:26PM	Moon 10 - Phase 28	
Creative Work	Siddha Yoga	682451364 Rahu	9:02AM – 10:26AM	Kaulava Until 10:07PM	Nataraja: Clear		3rd Phase	
Until 12:02AM Sun				Panchami Until 9:17AM	Moon – Light Blue		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga		Skanda Shasthi			Karttika•Aipasi			

6		Sunday, November 6, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Muscat, Oman Sun 20 Sutra 203 Durmukha 5118
Dhanus Rasi: 29.43	Tithi 6 – 7	Gulika	2:38PM – 4:01PM	Uttarashadha Until 1:36AM Mon	Ganesh: Clear	<i>Sunrise:</i> 6:15AM		
		Yama	11:50AM – 1:14PM	Shula* Until 12:17AM Mon	Muruga: Clear	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 28	
Creative Work	Amrita Yoga	782451364 Rahu	4:01PM – 5:25PM	Gara Until 11:22PM	Nataraja: Clear		3rd Phase	
				Shashthi* Until 10:48AM	Moon – Light Blue		Sivaloka Day	
					Karttika•Aipasi			

Retreat Star		Monday, November 7, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 204 Durmukha 5118
Makara Rasi: 12.13	Tithi 7 – 8	Gulika	1:14PM – 2:37PM	Shravana Until 2:50AM Tue	Ganesh: Clear	<i>Sunrise:</i> 6:16AM		
Family Home Evening		Yama	10:27AM – 11:50AM	Ganda* Until 11:35PM	Muruga: Clear	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 28	
Creative Work	Amrita Yoga	793451364 Rahu	7:39AM – 9:03AM	Visti Until 11:56PM	Nataraja: Clear		Ashtami	
Until 2:50AM Tue				Saptami Until 11:43AM	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga					Karttika•Aipasi			

Retreat Star		Tuesday, November 8, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Muscat, Oman Sun 22 Sutra 205 Durmukha 5118
Makara Rasi: 25.02	Tithi 8 – 9	Gulika	11:50AM – 1:14PM	Dhanishtha Until 3:08AM Wed	Ganesh: Clear	<i>Sunrise:</i> 6:16AM		
		Yama	9:03AM – 10:27AM	Vriddhi Until 10:18PM	Muruga: Clear	<i>Sunset:</i> 5:24PM	Moon 10 - Phase 28	
Creative Work	Siddha Yoga	793451364 Rahu	2:37PM – 4:01PM	Balava Until 11:44PM	Nataraja: Clear		Navami	
				Ashtami* Until 11:55AM	Moon – Purple		Sivaloka Day	
					Karttika•Aipasi			

1		Wednesday, November 9, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Muscat, Oman Sun 23 Sutra 206	
Kumbha Rasi: 8.15	Tithi 9 – 10	Gulika	10:27AM – 11:50AM	Shatabhishak Until 2:30AM Thu	Ganesha: Purple	<i>Sunrise: 6:17AM</i>	Durmukha 5118		
		Yama	7:40AM – 9:04AM	Dhruva Until 8:21PM	Muruga: Clear	<i>Sunset: 5:24PM</i>	Moon 10 - Phase 29		
		793551364 Rahu	11:50AM – 1:14PM	Taitila Until 10:42PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Navami* Until 11:18AM	Moon – Purple		Subha Sivaloka Day		
					Karttika•Aipasi				

2		Thursday, November 10, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 24 Sutra 207	
Kumbha Rasi: 21.55	Tithi 10 – 11	Gulika	9:04AM – 10:27AM	Purvaproshtapada* Until 1:23AM Fri	Ganesha: Blue	<i>Sunrise: 6:18AM</i>	Durmukha 5118		
		Yama	6:18AM – 7:41AM	Vyaghata* Until 5:46PM	Muruga: Clear	<i>Sunset: 5:23PM</i>	Moon 10 - Phase 29		
		713551364 Rahu	1:14PM – 2:37PM	Vanija Until 8:53PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Dashami Until 9:52AM	Moon – Clear		Subha Sivaloka Day		
					Karttika•Aipasi				

3		Friday, November 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 25 Sutra 208	
Meena Rasi: 6.05	Tithi 11 – 12	Gulika	7:41AM – 9:04AM	Uttaraproshtapada Until 11:26PM	Ganesha: Blue	<i>Sunrise: 6:18AM</i>	Durmukha 5118		
		Yama	2:37PM – 4:00PM	Harshana Until 2:37PM	Muruga: Clear	<i>Sunset: 5:23PM</i>	Moon 10 - Phase 29		
		713551364 Rahu	10:28AM – 11:51AM	Bava Until 6:21PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Ekadashi Until 7:41AM	Moon – Clear		Subha Sivaloka Day		
					Karttika•Aipasi				

4		Saturday, November 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 209	
Meena Rasi: 20.41	Tithi 13	Gulika	6:19AM – 7:42AM	Revati Until 8:48PM	Ganesha: Blue	<i>Sunrise: 6:19AM</i>	Durmukha 5118		
		Yama	1:14PM – 2:37PM	Vajra* Until 10:56AM	Muruga: Clear	<i>Sunset: 5:23PM</i>	Moon 10 - Phase 29		
		713551364 Rahu	9:05AM – 10:28AM	Kaulava Until 3:14PM	Nataraja: Clear		4th Phase		
Routine Work	Prabalarishta Yoga			Trayodashi Until 1:29AM Sun	Moon – Clear		Subha Sivaloka Day		
Until 8:48PM				<i>Pradosha Vrata</i>	Karttika•Aipasi				
Then Creative Work - Siddha Yoga									

5		Sunday, November 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 210	
Mesha Rasi: 5.41	Tithi 14	Gulika	2:37PM – 3:59PM	Ashvini Until 6:03PM	Ganesha: Yellow	<i>Sunrise: 6:20AM</i>	Durmukha 5118		
		Yama	11:51AM – 1:14PM	Siddhi Until 6:53AM	Muruga: Clear	<i>Sunset: 5:22PM</i>	Moon 10 - Phase 29		
		723551364 Rahu	3:59PM – 5:22PM	Gara Until 11:41AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 9:47PM	Moon – White		Sivaloka Day		
Until 6:03PM					Karttika•Aipasi				
Then Routine Work - Prabalarishta Yoga									

○		Monday, November 14, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Muscat, Oman Sutra 211	
Copper Retreat Star		Gulika	1:14PM – 2:36PM	Bharani Until 2:57PM	Ganesha: Yellow	<i>Sunrise: 6:20AM</i>	Durmukha 5118		
Mesha Rasi: 20.56	Tithi 15 – 16	Yama	10:28AM – 11:51AM	Variyan Until 10:10PM	Muruga: Clear	<i>Sunset: 5:22PM</i>	Moon 10 - Phase 29		
Family Home Evening		723551364 Rahu	7:43AM – 9:06AM	Visti Until 7:52AM	Nataraja: Clear		Purnima		
Creative Work	Siddha Yoga			Purnima* Until 5:54PM	Moon – White		Sivaloka Day		
Until 2:57PM					Karttika•Aipasi				
Then Routine Work - Marana Yoga									

○		Tuesday, November 15, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Muscat, Oman Sutra 212	
Silver Retreat Star		Gulika	11:51AM – 1:14PM	Krittika Until 11:42AM	Ganesha: Yellow	<i>Sunrise: 6:21AM</i>	Durmukha 5118		
Vrishabha Rasi: 6.16	Tithi 16 – 17	Yama	9:06AM – 10:29AM	Parigha* Until 5:47PM	Muruga: Clear	<i>Sunset: 5:22PM</i>	Moon 10 - Phase 29		
		723551364 Rahu	2:36PM – 3:59PM	Taitila Until 12:10AM Wed	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 2:02PM	Moon – White		Sivaloka Day		
Until 11:42AM					Karttika•Aipasi				
Then Creative Work - Amrita Yoga									

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 16, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 213

Durmukha 5118

Vrshabha Rasi: 21.3 Tihi 17 - 18

Gulika 10:29AM - 11:51AM

Rohini Until 8:53AM

Ganesh: White Sunrise: 6:22AM

Yama 7:44AM - 9:06AM

Shiva Until 1:36PM

Muruga: Clear Sunset: 5:21PM

Moon 11 - Phase 30

733551365 Rahu 11:51AM - 1:14PM

Vanija Until 8:38PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 10:20AM

Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Thursday, November 17, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Visti/Balava Karana Tritiya/Chaturthayam Titau

Muscat, Oman

Sun 2 Sutra 214

Durmukha 5118

Mithuna Rasi: 6.29 Tihi 18 - 19

Gulika 9:07AM - 10:29AM

Mrigashira Until 6:16AM

Ganesh: White Sunrise: 6:22AM

Yama 6:22AM - 7:45AM

Siddha Until 9:42AM

Muruga: Clear Sunset: 5:21PM

Moon 11 - Phase 30

733551365 Rahu 1:14PM - 2:36PM

Balava Until 4:12AM Fri

Nataraja: White

1st Phase

Routine Work Marana Yoga

Tritiya Until 7:00AM

Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Friday, November 18, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 215

Durmukha 5118

Mithuna Rasi: 21.04 Tihi 20

Gulika 7:45AM - 9:07AM

Punarvasu Until 2:47AM Sat

Ganesh: Clear Sunrise: 6:23AM

Yama 2:36PM - 3:58PM

Sadhya Until 6:16AM

Muruga: Clear Sunset: 5:21PM

Moon 11 - Phase 30

733551365 Rahu 10:30AM - 11:52AM

Kaulava Until 3:04PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Panchami Until 2:05AM Sat

Moon - Blue
Karttika-Karttikai

Devaloka Day

Saturday, November 19, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 216

Durmukha 5118

Kataka Rasi: 5.11 Tihi 21

Gulika 6:24AM - 7:46AM

Pushya Until 2:11AM Sun

Ganesh: Clear Sunrise: 6:24AM

Yama 1:14PM - 2:36PM

Sukla Until 1:11AM Sun

Muruga: Clear Sunset: 5:21PM

Moon 11 - Phase 30

733551365 Rahu 9:08AM - 10:30AM

Gara Until 1:20PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 12:47AM Sun

Moon - Blue
Karttika-Karttikai

Devaloka Day

Sunday, November 20, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Brahma Yoga Visti/Bava Karana Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 217

Durmukha 5118

Kataka Rasi: 18.47 Tihi 22

Gulika 2:36PM - 3:58PM

Ashlesha* Until 2:17AM Mon

Ganesh: Clear Sunrise: 6:24AM

Yama 11:52AM - 1:14PM

Brahma Until 11:40PM

Muruga: Clear Sunset: 5:20PM

Moon 11 - Phase 30

733551365 Rahu 3:58PM - 5:20PM

Visti Until 12:28PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Saptami Until 12:21AM Mon

Moon - Blue
Karttika-Karttikai

Devaloka Day

Then Routine Work - Marana Yoga

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 218

Durmukha 5118

Simha Rasi: 1.54 Tihi 23

Gulika 1:14PM - 2:36PM

Magha* Until 3:33AM Tue

Ganesh: Purple Sunrise: 6:25AM

Yama 10:31AM - 11:53AM

Indra Until 10:50PM

Muruga: Clear Sunset: 5:20PM

Moon 11 - Phase 30

733551365 Rahu 7:47AM - 9:09AM

Balava Until 12:30PM

Nataraja: White

Ashtami

Routine Work Marana Yoga

Ashtami* Until 12:49AM Tue

Moon - Red
Karttika-Karttikai

Sivaloka Day

Until 3:33AM Tue

Then Creative Work - Siddha Yoga

Tuesday, November 22, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 7 Sutra 219

Durmukha 5118

Simha Rasi: 15 Tihi 24

Gulika 11:53AM - 1:15PM

Purvaphalguni Until 5:24AM Wed

Ganesh: Clear Sunrise: 6:26AM

Yama 9:09AM - 10:31AM

Vaidhriti* Until 10:35PM

Muruga: Clear Sunset: 5:20PM

Moon 11 - Phase 30

733551365 Rahu 2:36PM - 3:58PM

Taitila Until 1:22PM

Nataraja: White

Navami

Creative Work Siddha Yoga

Navami* Until 2:04AM Wed

Moon - Red
Karttika-Karttikai

Devaloka Day

Until 5:24AM Wed

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, November 23, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yukhtayam		Muscat, Oman	
Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 220		Durumukha 5118		Moon 11 - Phase 31	
Simha Rasi: 26.58	Tithi 25	Gulika	10:31AM - 11:53AM	Uttaraphalguni Until 7:39AM Thu	Ganesh: Clear	<i>Sunrise: 6:26AM</i>			
		Yama	7:48AM - 9:10AM	Vishkambha* Until 10:51PM	Muruga: Clear	<i>Sunset: 5:20PM</i>			2nd Phase
		754551365 Rahu	11:53AM - 1:15PM	Vanija Until 2:57PM	Nataraja: White				
Creative Work	Amrita Yoga			Dashami Until 3:56AM Thu	Moon - Red			Devaloka Day	
Until 7:39AM Thu					Karttika-Karttikai				
Then Routine Work - Marana Yoga									

2		Thursday, November 24, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yukhtayam		Muscat, Oman	
Hasta/Chitra Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 221		Durumukha 5118		Moon 11 - Phase 31	
Kanya Rasi: 9.05	Tithi 26	Gulika	9:10AM - 10:32AM	Uttaraphalguni Until 7:39AM	Ganesh: Clear	<i>Sunrise: 6:27AM</i>			
		Yama	6:27AM - 7:49AM	Priti Until 11:28PM	Muruga: Clear	<i>Sunset: 5:20PM</i>			2nd Phase
		754551365 Rahu	1:15PM - 2:37PM	Bava Until 5:04PM	Nataraja: White				
Routine Work	Marana Yoga			Ekadashi* Until 6:14AM Fri	Moon - Red			Devaloka Day	
					Karttika-Karttikai				

3		Friday, November 25, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yukhtayam		Muscat, Oman	
Hasta/Chitra Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10		Sutra 222		Durumukha 5118		Moon 11 - Phase 31	
Kanya Rasi: 21.02	Tithi 26 - 27	Gulika	7:49AM - 9:11AM	Hasta Until 10:36AM	Ganesh: Purple	<i>Sunrise: 6:28AM</i>			
		Yama	2:37PM - 3:58PM	Ayushman Until 12:15AM Sat	Muruga: Clear	<i>Sunset: 5:20PM</i>			2nd Phase
		754551365 Rahu	10:32AM - 11:54AM	Kaulava Until 7:29PM	Nataraja: White				
Creative Work	Amrita Yoga			Ekadashi* Until 6:14AM	Moon - Green			Bhuloka Day	
Until 10:36AM					Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

4		Saturday, November 26, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mantra Vasara Yukhtayam		Muscat, Oman	
Chitra/Svati Nakshatra Saubhagya Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 223		Durumukha 5118		Moon 11 - Phase 31	
Tula Rasi: 2.55	Tithi 27 - 28	Gulika	6:28AM - 7:50AM	Chitra Until 1:35PM	Ganesh: Purple	<i>Sunrise: 6:28AM</i>			
		Yama	1:15PM - 2:37PM	Saubhagya Until 1:08AM Sun	Muruga: Clear	<i>Sunset: 5:20PM</i>			2nd Phase
		754551365 Rahu	9:11AM - 10:33AM	Gara Until 10:03PM	Nataraja: White				
Routine Work	Marana Yoga			Dvadashi* Until 8:45AM	Moon - Green			Bhuloka Day	
Until 1:35PM				<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

5		Sunday, November 27, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yukhtayam		Muscat, Oman	
Svati/Vishakha Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 224		Durumukha 5118		Moon 11 - Phase 31	
Tula Rasi: 14.46	Tithi 28 - 29	Gulika	2:37PM - 3:58PM	Svati Until 4:25PM	Ganesh: Purple	<i>Sunrise: 6:29AM</i>			
		Yama	11:54AM - 1:16PM	Sobhana Until 2:01AM Mon	Muruga: Clear	<i>Sunset: 5:20PM</i>			2nd Phase
		754551365 Rahu	3:58PM - 5:20PM	Visti Until 12:38AM Mon	Nataraja: White				
Creative Work	Siddha Yoga			Trayodashi* Until 11:20AM	Moon - Green			Bhuloka Day	
Until 4:25PM					Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

Monday, November 28, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yukhtayam		Muscat, Oman	
Vishakha Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 225		Durumukha 5118		Moon 11 - Phase 31	
Tula Rasi: 26.37	Tithi 29 - 30	Gulika	1:16PM - 2:37PM	Vishakha Until 7:33PM	Ganesh: Light Blue	<i>Sunrise: 6:30AM</i>			
Family Home Evening		Yama	10:33AM - 11:55AM	Athiganda* Until 2:49AM Tue	Muruga: Clear	<i>Sunset: 5:20PM</i>			Amavasya
		774551365 Rahu	7:51AM - 9:12AM	Catuspada Until 3:07AM Tue	Nataraja: White				
Routine Work	Marana Yoga			Chaturdashi* Until 1:52PM	Moon - Orange			Bhuloka Day	
Until 7:33PM					Karttika-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

Tuesday, November 29, 2016		Retreat Star				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yukhtayam		Muscat, Oman	
Anuradha Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 226		Durumukha 5118		Moon 11 - Phase 31	
Vriscika Rasi: 8.31	Tithi 30 - 1	Gulika	11:55AM - 1:16PM	Anuradha Until 10:22PM	Ganesh: Light Blue	<i>Sunrise: 6:30AM</i>			
		Yama	9:13AM - 10:34AM	Sukarma Until 3:31AM Wed	Muruga: Clear	<i>Sunset: 5:20PM</i>			Prathama
		774551365 Rahu	2:37PM - 3:59PM	Kintughna Until 5:27AM Wed	Nataraja: White				
Creative Work	Siddha Yoga			Amavasya* Until 4:17PM	Moon - Orange			Bhuloka Day	
Until 10:22PM					Margasira-Karttikai			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Wednesday, November 30, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Muscat, Oman
	Vrischika Rasi: 20.28 Tithi 1		Jyeshtha* Nakshatra Dhriti Yoga Bava Karana Prathamayam Titau				Sun 15 Sutra 227
	784551365		Gulika 10:34AM – 11:55AM	Jyeshtha* Until 12:52AM Thu	Ganesh: Light Blue <i>Sunrise:</i> 6:31AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 7:52AM – 9:13AM	Dhriti Until 4:06AM Thu	Muruga: Clear <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32	
		Rahu 11:55AM – 1:16PM	Bava Until 6:33PM	Nataraja: White	3rd Phase		
			Prathama* Until 6:33PM	Moon – Orange	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

2	Thursday, December 1, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				Muscat, Oman
	Dhanus Rasi: 2.29 Tithi 2		Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 228
	784551365		Gulika 9:14AM – 10:35AM	Mula* Until 3:30AM Fri	Ganesh: Purple <i>Sunrise:</i> 6:32AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 6:32AM – 7:53AM	Shula* Until 4:29AM Fri	Muruga: Clear <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32	
Until 3:30AM Fri		Rahu 1:17PM – 2:38PM	Balava Until 7:37AM	Nataraja: White	3rd Phase		
Then Routine Work - Prabalarishta Yoga			Dvitiya Until 8:36PM	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

3	Friday, December 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Muscat, Oman
	Dhanus Rasi: 14.35 Tithi 3		Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 229
	784551365		Gulika 7:53AM – 9:14AM	Purvashadha* Until 5:43AM Sat	Ganesh: Purple <i>Sunrise:</i> 6:32AM	Durmukha 5118	
	Routine Work Prabalarishta Yoga		Yama 2:38PM – 3:59PM	Ganda* Until 4:41AM Sat	Muruga: Clear <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32	
Until 5:43AM Sat		Rahu 10:35AM – 11:56AM	Taitila Until 9:34AM	Nataraja: White	3rd Phase		
Then Routine Work - Marana Yoga			Tritiya Until 10:24PM	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

4	Saturday, December 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Muscat, Oman
	Dhanus Rasi: 26.48 Tithi 4		Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturtham Titau				Sun 18 Sutra 230
	784551365		Gulika 6:33AM – 7:54AM	Uttarashadha Until 7:26AM Sun	Ganesh: Purple <i>Sunrise:</i> 6:33AM	Durmukha 5118	
	Routine Work Marana Yoga		Yama 1:17PM – 2:38PM	Vriddhi Until 4:38AM Sun	Muruga: Clear <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32	
Until 7:26AM Sun		Rahu 9:15AM – 10:36AM	Vanija Until 11:13AM	Nataraja: White	3rd Phase		
Then Creative Work - Amrita Yoga			Chaturthi* Until 11:54PM	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

5	Sunday, December 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
	Makara Rasi: 9.1 Tithi 5		Uttarashadha/Shravana Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 231
	785651365		Gulika 2:39PM – 3:59PM	Uttarashadha Until 7:26AM	Ganesh: Purple <i>Sunrise:</i> 6:34AM	Durmukha 5118	
	Creative Work Amrita Yoga		Yama 11:57AM – 1:18PM	Dhruva Until 4:14AM Mon	Muruga: Clear <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32	
		Rahu 3:59PM – 5:20PM	Bava Until 12:30PM	Nataraja: White	3rd Phase		
			Panchami Until 12:58AM Mon	Moon – Light Blue	Bhuloka Day		
				Margasira-Karttikai	Devaloka Time: 12:PM to 3:PM		

6	Monday, December 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Muscat, Oman
	Makara Rasi: 21.43 Tithi 6		Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashtham Titau				Sun 20 Sutra 232
	795651365		Gulika 1:18PM – 2:39PM	Shravana Until 9:02AM	Ganesh: Clear <i>Sunrise:</i> 6:35AM	Durmukha 5118	
	Family Home Evening		Yama 10:37AM – 11:57AM	Vyaghata* Until 3:26AM Tue	Muruga: Clear <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32	
Creative Work Amrita Yoga		Rahu 7:55AM – 9:16AM	Kaulava Until 1:19PM	Nataraja: White	3rd Phase		
Until 9:02AM			Shashthi* Until 1:30AM Tue	Moon – Purple	Devaloka Day		
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

Retreat Star	Tuesday, December 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Muscat, Oman
	Kumbha Rasi: 4.31 Tithi 7		Dhanishtha/Shatabhishak Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 233
	795651365		Gulika 11:58AM – 1:19PM	Dhanishtha Until 9:57AM	Ganesh: Clear <i>Sunrise:</i> 6:35AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 9:17AM – 10:37AM	Harshana Until 2:09AM Wed	Muruga: Clear <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32	
Until 9:57AM		Rahu 2:39PM – 4:00PM	Gara Until 1:33PM	Nataraja: White	3rd Phase		
Then Routine Work - Marana Yoga			Saptami Until 1:24AM Wed	Moon – Purple	Devaloka Day		
				Margasira-Karttikai			

Retreat Star	Wednesday, December 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Muscat, Oman
	Kumbha Rasi: 17.39 Tithi 8		Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 234
	795651365		Gulika 10:38AM – 11:58AM	Shatabhishak Until 10:03AM	Ganesh: Clear <i>Sunrise:</i> 6:36AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 7:56AM – 9:17AM	Vajra* Until 12:17AM Thu	Muruga: Clear <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32	
Until 10:03AM		Rahu 11:58AM – 1:19PM	Visti Until 1:07PM	Nataraja: White	Ashtami		
Then Creative Work - Amrita Yoga			Ashtami* Until 12:37AM Thu	Moon – Purple	Devaloka Day		
				Margasira-Karttikai			

Retreat Star	Thursday, December 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam				Muscat, Oman
	Meena Rasi: 1.1 Tithi 9		Purvaproshtapada*/Uttaraproshtapada* Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau				Sun 23 Sutra 235
	715651365		Gulika 9:18AM – 10:38AM	Purvaproshtapada* Until 9:47AM	Ganesh: Red <i>Sunrise:</i> 6:36AM	Durmukha 5118	
	Creative Work Siddha Yoga		Yama 6:36AM – 7:57AM	Siddhi Until 9:53PM	Muruga: Clear <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32	
		Rahu 1:19PM – 2:40PM	Balava Until 11:58AM	Nataraja: White	Navami		
			Navami* Until 11:07PM	Moon – Clear	Devaloka Day		
				Margasira-Karttikai			


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 9, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam		Muscat, Oman
Meena Rasi: 15.05		Tithi 10		Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24		Sutra 236
715651365		Gulika	7:58AM – 9:18AM	Uttaraproshtapada Until 8:40AM	Ganesha: Red	<i>Sunrise: 6:37AM</i>	Durmukha 5118	
Creative Work		Yama	2:40PM – 4:01PM	Vyatipata* Until 6:57PM	Muruga: Clear	<i>Sunset: 5:21PM</i>	Moon 11 - Phase 33	
Siddha Yoga		Rahu	10:39AM – 11:59AM	Taitila Until 10:07AM	Nataraja: White	Moon – Clear		
				Dashami Until 8:56PM	Margasira•Karttikai	Devaloka Day		

2		Saturday, December 10, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam		Muscat, Oman
Meena Rasi: 29.26		Tithi 11		Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 237
715651365		Gulika	6:38AM – 7:58AM	Revati Until 6:47AM	Ganesha: Red	<i>Sunrise: 6:38AM</i>	Durmukha 5118	
Routine Work		Yama	1:20PM – 2:41PM	Variyan Until 3:31PM	Muruga: Clear	<i>Sunset: 5:22PM</i>	Moon 11 - Phase 33	
Prabalarishta Yoga		Rahu	9:19AM – 10:39AM	Vanija Until 7:38AM	Nataraja: White	Moon – Clear		
Until 6:47AM		Ekadashi Until 6:11PM				Margasira•Karttikai	Devaloka Day	
Then Creative Work - Siddha Yoga								

3		Sunday, December 11, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Muscat, Oman
Mesha Rasi: 14.1		Tithi 12 – 13		Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 238
725651365		Gulika	2:41PM – 4:01PM	Bharani Until 1:59AM Mon	Ganesha: Blue	<i>Sunrise: 6:38AM</i>	Durmukha 5118	
Routine Work		Yama	12:00PM – 1:21PM	Parigha* Until 11:42AM	Muruga: Clear	<i>Sunset: 5:22PM</i>	Moon 11 - Phase 33	
Prabalarishta Yoga		Rahu	4:01PM – 5:22PM	Kaulava Until 1:15AM Mon	Nataraja: White	Moon – White		
Until 1:59AM Mon		Dvadashi Until 2:58PM				Margasira•Karttikai	Bhuloka Day	
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>				
				Devaloka Time: 12:PM to 3:PM				

4		Monday, December 12, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam		Muscat, Oman
Mesha Rasi: 29.11		Tithi 13 – 14		Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 239
725651365		Gulika	1:21PM – 2:41PM	Krittika Until 10:59PM	Ganesha: Blue	<i>Sunrise: 6:39AM</i>	Durmukha 5118	
Family Home Evening		Yama	10:40AM – 12:01PM	Shiva Until 7:38AM	Muruga: Clear	<i>Sunset: 5:22PM</i>	Moon 11 - Phase 33	
Routine Work		Rahu	7:59AM – 9:20AM	Gara Until 9:38PM	Nataraja: White	Moon – White		
Marana Yoga		Trayodashi Until 11:27AM				Margasira•Karttikai	Bhuloka Day	
Until 10:59PM		Krittika Deepam		Devaloka Time: 12:PM to 3:PM				
Then Creative Work - Amrita Yoga								

		Tuesday, December 13, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam		Muscat, Oman
Copper Retreat Star		Rohini Nakshatra Sadhya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Sun 28		Sutra 240
Vrishabha Rasi: 14.21		Tithi 14 – 15		Rohini Until 8:11PM		Ganesha: Red	<i>Sunrise: 6:40AM</i>	Durmukha 5118
736661365		Gulika	12:01PM – 1:21PM	Sadhya Until 11:08PM	Muruga: White	<i>Sunset: 5:22PM</i>	Moon 11 - Phase 33	
Creative Work		Yama	9:20AM – 10:41AM	Bava Until 4:08AM Wed	Nataraja: White	Purnima		
Amrita Yoga		Rahu	2:42PM – 4:02PM	Chaturdashi* Until 7:46AM	Margasira•Karttikai	Bhuloka Day		
Until 8:11PM						Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Siddha Yoga								

5		Wednesday, December 14, 2016				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam		Muscat, Oman
Silver Retreat Star		Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Sun 29		Sutra 241
Vrishabha Rasi: 29.31		Tithi 16		Mrigashira Until 5:24PM		Ganesha: Red	<i>Sunrise: 6:40AM</i>	Durmukha 5118
736661365		Gulika	10:41AM – 12:02PM	Subha Until 7:03PM	Muruga: White	<i>Sunset: 5:23PM</i>	Moon 11 - Phase 33	
Creative Work		Yama	8:01AM – 9:21AM	Balava Until 2:24PM	Nataraja: White	Prathama		
Siddha Yoga		Rahu	12:02PM – 1:22PM	Prathama* Until 12:42AM Thu	Margasira•Karttikai	Bhuloka Day		
				Devaloka Time: 6:AM to 9:AM				
Vinayaga Viratam Begins								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Sutra 242

Mithuna Rasi: 14.29 Tiithi 17

736661365

Gulika 9:21AM – 10:42AM
Yama 6:41AM – 8:01AM
Rahu 1:22PM – 2:43PM

Ardra Until 2:47PM
Sukla Until 3:12PM
Taitila Until 11:08AM

Ganesha: Red *Sunrise:* 6:41AM
Muruga: White *Sunset:* 5:23PM

Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga
Until 2:47PM

Markali Pillaiyar

Dvitiya Until 9:39PM

Moon – Yellow
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Friday, December 16, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 243

Mithuna Rasi: 29.09 Tiithi 18

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Gulika 8:02AM – 9:22AM
Yama 2:43PM – 4:03PM
Rahu 10:42AM – 12:03PM

Punarvasu Until 12:57PM
Brahma Until 11:46AM
Vanija Until 8:20AM

Ganesha: Red *Sunrise:* 6:41AM
Muruga: White *Sunset:* 5:24PM

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 12:57PM

Tritiya Until 7:09PM

Moon – Blue
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

2

Saturday, December 17, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Sun 2 Sutra 244

Kataka Rasi: 13.23 Tiithi 19 – 20

846661365

Gulika 6:42AM – 8:02AM
Yama 1:23PM – 2:44PM
Rahu 9:22AM – 10:43AM

Pushya Until 11:39AM
Indra Until 8:54AM
Bava Until 6:11AM

Ganesha: Red *Sunrise:* 6:42AM
Muruga: White *Sunset:* 5:24PM

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 11:39AM

Chaturthi* Until 5:22PM

Moon – Blue
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

3

Sunday, December 18, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman

Sun 3 Sutra 245

Kataka Rasi: 27.07 Tiithi 20 – 21

846661365

Gulika 2:44PM – 4:04PM
Yama 12:04PM – 1:24PM
Rahu 4:04PM – 5:25PM

Ashlesha* Until 10:59AM
Vaidhriti* Until 6:38AM
Gara Until 4:18AM Mon

Ganesha: Red *Sunrise:* 6:42AM
Muruga: White *Sunset:* 5:25PM

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 10:59AM

Panchami Until 4:25PM

Moon – Blue
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Then Routine Work - Marana Yoga

4

Monday, December 19, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Sun 4 Sutra 246

Simha Rasi: 10.22 Tiithi 21 – 22

856661365

Gulika 1:24PM – 2:44PM
Yama 10:44AM – 12:04PM
Rahu 8:03AM – 9:24AM

Magha* Until 11:29AM
Priti Until 4:12AM Tue
Visti Until 4:43AM Tue

Ganesha: Green *Sunrise:* 6:43AM
Muruga: White *Sunset:* 5:25PM

Moon 12 - Phase 34
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 11:29AM

Shashthi* Until 4:23PM

Moon – Red
Margasira-Markali

Bhuloka Day

Then Creative Work - Siddha Yoga

5

Tuesday, December 20, 2016

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 5 Sutra 247

Simha Rasi: 23.09 Tiithi 22 – 23

856661365

Gulika 12:05PM – 1:25PM
Yama 9:24AM – 10:44AM
Rahu 2:45PM – 4:05PM

Purvaphalguni Until 12:42PM
Ayushman Until 3:57AM Wed
Balava Until 5:57AM Wed

Ganesha: Green *Sunrise:* 6:44AM
Muruga: White *Sunset:* 5:25PM

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga
Until 12:42PM

Saptami Until 5:13PM

Moon – Red
Margasira-Markali

Bhuloka Day

Then Creative Work - Amrita Yoga

D

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 248

Kanya Rasi: 5.35 Tiithi 23

857661365

Gulika 10:45AM – 12:05PM
Yama 8:04AM – 9:25AM
Rahu 12:05PM – 1:25PM

Uttaraphalguni Until 2:30PM
Saubhagya Until 4:14AM Thu
Kaulava Until 6:48PM

Ganesha: White *Sunrise:* 6:44AM
Muruga: White *Sunset:* 5:26PM

Moon 12 - Phase 34
Ashtami

Creative Work Amrita Yoga
Until 2:30PM

Day 1 of Pancha Ganapati

Ashtami* Until 6:48PM

Moon – Red
Margasira-Markali

Bhuloka Day

Then Routine Work - Marana Yoga

Thursday, December 22, 2016

Retreat Star

Durmukha Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 7 Sutra 249

Kanya Rasi: 17.43 Tiithi 24

867661365

Gulika 9:25AM – 10:45AM
Yama 6:45AM – 8:05AM
Rahu 1:26PM – 2:46PM

Hasta Until 5:12PM
Sobhana Until 4:53AM Fri
Taitila Until 7:51AM

Ganesha: Clear *Sunrise:* 6:45AM
Muruga: White *Sunset:* 5:26PM

Moon 12 - Phase 34
Navami

Routine Work Marana Yoga
Until 5:12PM

Day 2 of Pancha Ganapati

Navami* Until 8:58PM

Moon – Green
Margasira-Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Friday, December 23, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Muscat, Oman Sun 8 Sutra 250
	Kanya Rasi: 29.41	Tithi 25	867661365	Gulika 8:05AM – 9:26AM Yama 2:47PM – 4:07PM Rahu 10:46AM – 12:06PM	Chitra Until 8:06PM Athiganda* Until 5:42AM Sat Vanija Until 10:12AM Dashami Until 11:28PM	Ganesh: Clear Sunrise: 6:45AM Muruga: White Sunset: 5:27PM Nataraja: White Moon – Green	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Creative Work Siddha Yoga		Day 3 of Pancha Ganapati		Bhuloka Day		Devaloka Time: 6:AM to 9:AM

2	Saturday, December 24, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau				Muscat, Oman Sun 9 Sutra 251
	Tula Rasi: 11.32	Tithi 26	867661365	Gulika 6:45AM – 8:06AM Yama 1:27PM – 2:47PM Rahu 9:26AM – 10:46AM	Svati Until 10:57PM Sukarma Until 6:35AM Sun Bava Until 12:47PM Ekadashi* Until 2:04AM Sun	Ganesh: Clear Sunrise: 6:45AM Muruga: White Sunset: 5:28PM Nataraja: White Moon – Green	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Creative Work Siddha Yoga		Day 4 of Pancha Ganapati		Bhuloka Day		Devaloka Time: 6:AM to 9:AM

3	Sunday, December 25, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Muscat, Oman Sun 10 Sutra 252
	Tula Rasi: 23.23	Tithi 27	877661365	Gulika 2:48PM – 4:08PM Yama 12:07PM – 1:27PM Rahu 4:08PM – 5:28PM	Vishakha Until 2:06AM Mon Sukarma Until 6:35AM Kaulava Until 3:23PM Dvadashi* Until 4:37AM Mon	Ganesh: Purple Sunrise: 6:46AM Muruga: White Sunset: 5:28PM Nataraja: White Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Routine Work Marana Yoga Until 2:06AM Mon Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati		Bhuloka Day		Devaloka Time: 6:AM to 9:AM

4	Monday, December 26, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Muscat, Oman Sun 11 Sutra 253
	Vrischika Rasi: 5.16	Tithi 28	877661366	Gulika 1:28PM – 2:48PM Yama 10:47AM – 12:08PM Rahu 8:07AM – 9:27AM	Anuradha Until 4:54AM Tue Dhriti Until 7:25AM Gara Until 5:51PM Trayodashi* Until 6:59AM Tue <i>Pradosha Vrata (Fasting)</i>	Ganesh: Purple Sunrise: 6:46AM Muruga: White Sunset: 5:29PM Nataraja: Green Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Family Home Evening Creative Work Siddha Yoga Until 4:54AM Tue Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati		Bhuloka Day		Devaloka Time: 6:AM to 9:AM

5	Tuesday, December 27, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 12 Sutra 254
	Vrischika Rasi: 17.12	Tithi 28 – 29	878661366	Gulika 12:08PM – 1:28PM Yama 9:27AM – 10:48AM Rahu 2:49PM – 4:09PM	Jyeshtha* Until 7:17AM Wed Shula* Until 8:04AM Visti Until 8:05PM Trayodashi* Until 6:59AM	Ganesh: Clear Sunrise: 6:47AM Muruga: White Sunset: 5:29PM Nataraja: Green Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 2nd Phase
	Routine Work Marana Yoga		Day 5 of Pancha Ganapati		Bhuloka Day		Devaloka Time: 9:AM to 12:PM

●	Wednesday, December 28, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman Sun 13 Sutra 255		
	Retreat Star		Vrischika Rasi: 29.15	Tithi 29 – 30	878661366	Gulika 10:48AM – 12:08PM Yama 8:07AM – 9:28AM Rahu 12:08PM – 1:29PM	Jyeshtha* Until 7:17AM Ganda* Until 8:32AM Catuspada Until 10:01PM Chaturdashi* Until 9:04AM	Ganesh: Clear Sunrise: 6:47AM Muruga: White Sunset: 5:30PM Nataraja: Green Moon – Orange	Durmukha 5118 Moon 12 - Phase 35 Amavasya
	Creative Work Siddha Yoga Until 7:17AM Then Routine Work - Marana Yoga		Hanumath Jayanthi (Tamil Nadu)		Bhuloka Day		Devaloka Time: 9:AM to 12:PM		

●	Thursday, December 29, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman Sun 14 Sutra 256		
	Retreat Star		Dhanus Rasi: 11.26	Tithi 30 – 1	888761366	Gulika 9:28AM – 10:49AM Yama 6:48AM – 8:08AM Rahu 1:29PM – 2:50PM	Mula* Until 9:43AM Vridhi Until 8:47AM Kintughna Until 11:37PM Amavasya* Until 10:50AM	Ganesh: Light Blue Sunrise: 6:48AM Muruga: White Sunset: 5:30PM Nataraja: Green Moon – Light Blue	Durmukha 5118 Moon 12 - Phase 35 Prathama
	Creative Work Siddha Yoga		Day 5 of Pancha Ganapati		Bhuloka Day		Devaloka Time: 9:AM to 12:PM		

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

1 Friday, December 30, 2016		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Muscat, Oman Sun 15 Sutra 257 Durmukha 5118
Dhanus Rasi: 23.44	Tithi 1 – 2	Gulika 8:08AM – 9:29AM Yama 2:50PM – 4:11PM 888761366 Rahu 10:49AM – 12:09PM	Purvashadha* Until 11:39AM Dhruva Until 8:45AM Balava Until 12:52AM Sat Prathama* Until 12:16PM	Ganesha: Light Blue <i>Sunrise:</i> 6:48AM Muruga: White <i>Sunset:</i> 5:31PM Nataraja: Green Moon – Light Blue Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Routine Work Prabalarishta Yoga Until 11:39AM Then Routine Work - Marana Yoga					

2 Saturday, December 31, 2016		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau			Muscat, Oman Sun 16 Sutra 258 Durmukha 5118
Makara Rasi: 6.12	Tithi 2 – 3	Gulika 6:48AM – 8:09AM Yama 1:30PM – 2:51PM 888761366 Rahu 9:29AM – 10:50AM	Uttarashadha Until 1:05PM Vyaghata* Until 8:27AM Tailila Until 1:45AM Sun Dvitiya Until 1:20PM	Ganesha: Light Blue <i>Sunrise:</i> 6:48AM Muruga: White <i>Sunset:</i> 5:32PM Nataraja: Green Moon – Light Blue Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Routine Work Marana Yoga Until 1:05PM Then Creative Work - Siddha Yoga					

3 Sunday, January 1, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Muscat, Oman Sun 17 Sutra 259 Durmukha 5118
Makara Rasi: 18.49	Tithi 3 – 4	Gulika 2:51PM – 4:11PM Yama 12:10PM – 1:30PM 898761366 Rahu 4:11PM – 5:32PM	Shravana Until 2:28PM Harshana Until 7:54AM Vanija Until 2:15AM Mon Tritiya Until 2:02PM	Ganesha: Purple <i>Sunrise:</i> 6:48AM Muruga: White <i>Sunset:</i> 5:32PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Creative Work Amrita Yoga Until 2:28PM Then Routine Work - Marana Yoga					

4 Monday, January 2, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Muscat, Oman Sun 18 Sutra 260 Durmukha 5118
Kumbha Rasi: 1.38	Tithi 4 – 5	Gulika 1:31PM – 2:51PM Yama 10:50AM – 12:10PM 898761366 Rahu 8:09AM – 9:29AM	Dhanishtha Until 3:19PM Vajra* Until 7:01AM Bava Until 2:21AM Tue Chaturthi* Until 2:20PM	Ganesha: Purple <i>Sunrise:</i> 6:48AM Muruga: White <i>Sunset:</i> 5:32PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day
Family Home Evening Creative Work Siddha Yoga					

5 Tuesday, January 3, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Muscat, Oman Sun 19 Sutra 261 Durmukha 5118
Kumbha Rasi: 14.38	Tithi 5 – 6	Gulika 12:11PM – 1:31PM Yama 9:30AM – 10:50AM 899761366 Rahu 2:52PM – 4:12PM	Shatabhishak Until 3:36PM Vyatipata* Until 4:17AM Wed Kaulava Until 1:59AM Wed Panchami Until 2:12PM	Ganesha: Clear <i>Sunrise:</i> 6:49AM Muruga: White <i>Sunset:</i> 5:33PM Nataraja: Green Moon – Purple Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Vinayaga Viratam Ends					

6 Wednesday, January 4, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Muscat, Oman Sun 20 Sutra 262 Durmukha 5118
Kumbha Rasi: 27.53	Tithi 6 – 7	Gulika 10:51AM – 12:11PM Yama 8:10AM – 9:30AM 819761366 Rahu 12:11PM – 1:32PM	Purvaproshtapada* Until 3:44PM Variyan Until 2:21AM Thu Gara Until 1:09AM Thu Shashthi* Until 1:36PM	Ganesha: Red <i>Sunrise:</i> 6:49AM Muruga: White <i>Sunset:</i> 5:34PM Nataraja: Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga Until 3:44PM Then Creative Work - Siddha Yoga					

Retreat Star Thursday, January 5, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Muscat, Oman Sun 21 Sutra 263 Durmukha 5118
Meena Rasi: 11.23	Tithi 7 – 8	Gulika 9:31AM – 10:51AM Yama 6:49AM – 8:10AM 819761366 Rahu 1:32PM – 2:53PM	Uttaraproshtapada Until 3:14PM Parigha* Until 12:02AM Fri Visti Until 11:48PM Saptami Until 12:31PM	Ganesha: Red <i>Sunrise:</i> 6:49AM Muruga: White <i>Sunset:</i> 5:34PM Nataraja: Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 Ashtami Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Subramuniyaswami Jayanti					

Retreat Star Friday, January 6, 2017		Durmukha Nama Samvatsare Ularayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Muscat, Oman Sun 22 Sutra 264 Durmukha 5118
Meena Rasi: 25.11	Tithi 8 – 9	Gulika 8:10AM – 9:31AM Yama 2:54PM – 4:14PM 819761366 Rahu 10:52AM – 12:12PM	Revati Until 2:05PM Shiva Until 9:20PM Balava Until 9:58PM Ashtami* Until 10:55AM	Ganesha: Red <i>Sunrise:</i> 6:50AM Muruga: White <i>Sunset:</i> 5:35PM Nataraja: Green Moon – Clear Pausha-Markali	Moon 12 - Phase 36 Navami Bhuloka Day Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Until 2:05PM Then Creative Work - Amrita Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Muscat, Oman	
Ashvini/Bharani Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23		Sutra 265		Durmukha 5118			
Mesha Rasi: 9.17	Tithi 9 – 10	Gulika	6:50AM – 8:10AM	Ashvini Until 12:47PM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM			
		Yama	1:33PM – 2:54PM	Siddha Until 6:15PM	Muruga: White	<i>Sunset:</i> 5:36PM		Moon 12 - Phase 37	
		829761366 Rahu	9:31AM – 10:52AM	Taitila Until 7:41PM	Nataraja: Green			4th Phase	
Creative Work	Siddha Yoga			Navami* Until 8:51AM	Moon – White			Devaloka Day	
					Pausha-Markali				

2		Sunday, January 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Muscat, Oman	
Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Visiti* Karana Dashami/Ekadashyam Titau		Sun 24		Sutra 266		Durmukha 5118			
Mesha Rasi: 23.4	Tithi 10 – 11	Gulika	2:55PM – 4:16PM	Bharani Until 10:55AM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM			
		Yama	12:13PM – 1:34PM	Sadhya Until 2:52PM	Muruga: White	<i>Sunset:</i> 5:36PM		Moon 12 - Phase 37	
		829761366 Rahu	4:16PM – 5:36PM	Visti Until 3:33AM Mon	Nataraja: Green			4th Phase	
Routine Work	Prabalarishta Yoga			Dashami Until 6:22AM	Moon – White			Devaloka Day	
Until 10:55AM		Vaikuntha Ekadasi			Pausha-Markali				
Then Creative Work - Siddha Yoga									

3		Monday, January 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Muscat, Oman	
Krittika/Rohini Nakshatra Subha/Balava Karana Dvodashyam Titau		Sun 25		Sutra 267		Durmukha 5118			
Vrishabha Rasi: 8.17	Tithi 12	Gulika	1:34PM – 2:55PM	Krittika Until 8:37AM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM			
Family Home Evening		Yama	10:53AM – 12:14PM	Subha Until 11:16AM	Muruga: White	<i>Sunset:</i> 5:37PM		Moon 12 - Phase 37	
		829761366 Rahu	8:11AM – 9:32AM	Bava Until 2:04PM	Nataraja: Green			4th Phase	
Routine Work	Marana Yoga			Dvodashi Until 12:31AM Tue	Moon – White			Devaloka Day	
Until 8:37AM					Pausha-Markali				
Then Creative Work - Amrita Yoga									

4		Tuesday, January 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Muscat, Oman	
Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 268		Durmukha 5118			
Vrishabha Rasi: 23.04	Tithi 13	Gulika	12:14PM – 1:35PM	Rohini Until 6:25AM	Ganesha: Clear	<i>Sunrise:</i> 6:50AM			
		Yama	9:32AM – 10:53AM	Sukla Until 7:31AM	Muruga: White	<i>Sunset:</i> 5:38PM		Moon 12 - Phase 37	
		831761366 Rahu	2:56PM – 4:17PM	Kaulava Until 10:59AM	Nataraja: Green			4th Phase	
Creative Work	Amrita Yoga			Trayodashi Until 9:25PM	Moon – Yellow			Bhuloka Day	
Until 6:25AM					Pausha-Markali			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>					

5		Wednesday, January 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Muscat, Oman	
Ardra Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 269		Durmukha 5118			
Mithuna Rasi: 7.52	Tithi 14	Gulika	10:53AM – 12:14PM	Ardra Until 1:39AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:50AM			
		Yama	8:11AM – 9:32AM	Indra Until 12:05AM Thu	Muruga: White	<i>Sunset:</i> 5:38PM		Moon 12 - Phase 37	
		831761366 Rahu	12:14PM – 1:35PM	Gara Until 7:54AM	Nataraja: Green			4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 6:23PM	Moon – Yellow			Bhuloka Day	
Until 1:39AM Thu					Pausha-Markali			Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga		Ardra Darshanam							

0		Thursday, January 12, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Muscat, Oman	
Copper Retreat Star		Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 270		Durmukha 5118	
Mithuna Rasi: 22.33	Tithi 15 – 16	Gulika	9:33AM – 10:54AM	Punarvasu Until 11:49PM	Ganesha: White	<i>Sunrise:</i> 6:50AM			
		Yama	6:50AM – 8:11AM	Vaidhriti* Until 8:37PM	Muruga: White	<i>Sunset:</i> 5:39PM		Moon 12 - Phase 37	
		841761366 Rahu	1:36PM – 2:57PM	Balava Until 2:20AM Fri	Nataraja: Green			Purnima	
Creative Work	Amrita Yoga			Purnima* Until 3:35PM	Moon – Blue			Devaloka Day	
					Pausha-Markali				

Friday, January 13, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Muscat, Oman	
Pushya Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29		Sutra 271		Durmukha 5118			
Kataka Rasi: 7.01	Tithi 16 – 17	Gulika	8:12AM – 9:33AM	Pushya Until 10:18PM	Ganesha: White	<i>Sunrise:</i> 6:50AM			
		Yama	2:58PM – 4:19PM	Vishkambha* Until 5:31PM	Muruga: White	<i>Sunset:</i> 5:40PM		Moon 12 - Phase 37	
		841761366 Rahu	10:54AM – 12:15PM	Taitila Until 12:11AM Sat	Nataraja: Green			Prathama	
Routine Work	Marana Yoga			Prathama* Until 1:10PM	Moon – Blue			Devaloka Day	
					Pausha-Markali				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Saturday, January 14, 2017

Gold Retreat Star

Kataka Rasi: 21.09 Tihi 17 - 18

841761366

Gulika

6:50AM - 8:12AM

Yama

1:37PM - 2:58PM

Rahu

9:33AM - 10:54AM

Routine Work Marana Yoga

Until 9:14PM

Then Creative Work - Amrita Yoga

Thai Pongal

Ashlesha* Until 9:14PM

Priti Until 2:53PM

Vanija Until 10:39PM

Dvitiya Until 11:18AM

Ganesha: White

Sunrise: 6:50AM

Muruga: White

Sunset: 5:41PM

Nataraja: Green

Moon - Blue

Pausha*Thai

Devaloka Day

Muscat, Oman

Sun 1 Sutra 272

Durmukha 5118

Moon 1 - Phase 38

1st Phase

1

Sunday, January 15, 2017

Simha Rasi: 4.52 Tihi 18 - 19

851761366

Gulika

2:59PM - 4:20PM

Yama

12:16PM - 1:37PM

Rahu

4:20PM - 5:41PM

Routine Work Marana Yoga

Until 9:10PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Muscat, Oman

Sun 2 Sutra 273

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Magha* Until 9:10PM

Ayushman Until 12:48PM

Bava Until 9:51PM

Tritiya Until 10:08AM

Ganesha: Yellow

Sunrise: 6:50AM

Muruga: White

Sunset: 5:41PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to12:PM

2

Monday, January 16, 2017

Simha Rasi: 18.1 Tihi 19 - 20

851761366

Gulika

1:38PM - 2:59PM

Yama

10:55AM - 12:16PM

Rahu

8:12AM - 9:33AM

Family Home Evening

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 274

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Purvaphalguni Until 9:45PM

Saubhagya Until 11:20AM

Kaulava Until 9:52PM

Chaturthi* Until 9:44AM

Ganesha: Yellow

Sunrise: 6:50AM

Muruga: White

Sunset: 5:42PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Tuesday, January 17, 2017

Kanya Rasi: 1.02 Tihi 20 - 21

851761366

Gulika

12:17PM - 1:38PM

Yama

9:34AM - 10:55AM

Rahu

3:00PM - 4:21PM

Creative Work Amrita Yoga

Until 10:57PM

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Muscat, Oman

Sun 4 Sutra 275

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Uttaraphalguni Until 10:57PM

Sobhana Until 10:30AM

Gara Until 10:41PM

Panchami Until 10:09AM

Ganesha: Yellow

Sunrise: 6:50AM

Muruga: White

Sunset: 5:43PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to12:PM

4

Wednesday, January 18, 2017

Kanya Rasi: 13.33 Tihi 21 - 22

861761366

Gulika

10:55AM - 12:17PM

Yama

8:12AM - 9:34AM

Rahu

12:17PM - 1:39PM

Routine Work Marana Yoga

Until 1:08AM Thu

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 276

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Hasta Until 1:08AM Thu

Athiganda* Until 10:15AM

Visti Until 12:13AM Thu

Shashthi* Until 11:21AM

Ganesha: Blue

Sunrise: 6:50AM

Muruga: White

Sunset: 5:44PM

Nataraja: Green

Moon - Green

Pausha*Thai

Devaloka Day

5

Thursday, January 19, 2017

Retreat Star

Kanya Rasi: 25.47 Tihi 22 - 23

861761366

Gulika

9:34AM - 10:56AM

Yama

6:50AM - 8:12AM

Rahu

1:39PM - 3:01PM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 277

Durmukha 5118

Moon 1 - Phase 38

Ashtami

Chitra Until 3:42AM Fri

Sukarma Until 10:29AM

Balava Until 2:18AM Fri

Saptami Until 1:11PM

Ganesha: Blue

Sunrise: 6:50AM

Muruga: White

Sunset: 5:44PM

Nataraja: Green

Moon - Green

Pausha*Thai

Devaloka Day

Friday, January 20, 2017

Retreat Star

Tula Rasi: 7.48 Tihi 23 - 24

861761366

Gulika

8:12AM - 9:34AM

Yama

3:01PM - 4:23PM

Rahu

10:56AM - 12:18PM

Creative Work Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Svati Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 7 Sutra 278

Durmukha 5118

Moon 1 - Phase 38

Navami

Svati Until 6:24AM Sat

Dhriti Until 11:05AM

Taitila Until 4:43AM Sat

Ashtami* Until 3:28PM

Ganesha: Blue

Sunrise: 6:50AM

Muruga: White

Sunset: 5:45PM

Nataraja: Green

Moon - Green

Pausha*Thai

Devaloka Day

1		Saturday, January 21, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Muscat, Oman	
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau Sun 8 Sutra 279		Gulika	6:50AM – 8:12AM	Svati Until 6:24AM	Ganesha: Yellow	Sunrise: 6:50AM	Durmukha 5118
Tula Rasi: 19.43	Tithi 24 – 25	Yama	1:40PM – 3:02PM	Shula* Until 11:52AM	Muruga: White	Sunset: 5:46PM	Moon 1 - Phase 39
862761366		Rahu	9:34AM – 10:56AM	Vanija Until 7:16AM Sun	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Navami* Until 5:58PM	Moon – Green		
					Pausha*Thai	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

2		Sunday, January 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Muscat, Oman	
Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau Sun 9 Sutra 280		Gulika	3:02PM – 4:24PM	Vishakha Until 9:31AM	Ganesha: Blue	Sunrise: 6:50AM	Durmukha 5118
Vrischika Rasi: 1.35	Tithi 25	Yama	12:18PM – 1:40PM	Ganda* Until 12:41PM	Muruga: White	Sunset: 5:46PM	Moon 1 - Phase 39
872761366		Rahu	4:24PM – 5:46PM	Vanija Until 7:16AM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Dashami Until 8:29PM	Moon – Orange		
					Pausha*Thai	Bhuloka Day	

3		Monday, January 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Muscat, Oman	
Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 281		Gulika	1:41PM – 3:03PM	Anuradha Until 12:23PM	Ganesha: Red	Sunrise: 6:50AM	Durmukha 5118
Vrischika Rasi: 13.29	Tithi 26	Yama	10:56AM – 12:18PM	Vriddhi Until 1:26PM	Muruga: White	Sunset: 5:47PM	Moon 1 - Phase 39
872861366		Rahu	8:12AM – 9:34AM	Bava Until 9:42AM	Nataraja: Green		2nd Phase
Family Home Evening				Ekadashi* Until 10:49PM	Moon – Orange		
Creative Work	Siddha Yoga				Pausha*Thai	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

4		Tuesday, January 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Muscat, Oman	
Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 11 Sutra 282		Gulika	12:19PM – 1:41PM	Jyeshtha* Until 2:49PM	Ganesha: Blue	Sunrise: 6:50AM	Durmukha 5118
Vrischika Rasi: 25.28	Tithi 27	Yama	9:34AM – 10:56AM	Dhruva Until 1:57PM	Muruga: White	Sunset: 5:48PM	Moon 1 - Phase 39
972861366		Rahu	3:03PM – 4:26PM	Kaulava Until 11:54AM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Dvadashi* Until 12:50AM Wed	Moon – Orange		
Until 2:49PM					Pausha*Thai	Devaloka Day	
Then Creative Work - Amrita Yoga							

5		Wednesday, January 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Muscat, Oman	
Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 283		Gulika	10:57AM – 12:19PM	Mula* Until 5:12PM	Ganesha: Red	Sunrise: 6:49AM	Durmukha 5118
Dhanus Rasi: 8	Tithi 28	Yama	8:12AM – 9:34AM	Vyaghata* Until 2:11PM	Muruga: White	Sunset: 5:49PM	Moon 1 - Phase 39
982861366		Rahu	12:19PM – 1:41PM	Gara Until 1:42PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 2:25AM Thu	Moon – Light Blue		
Until 5:12PM					Pausha*Thai	Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

6		Thursday, January 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Muscat, Oman	
Purvashadha* Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 284		Gulika	9:34AM – 10:57AM	Purvashadha* Until 6:59PM	Ganesha: Red	Sunrise: 6:49AM	Durmukha 5118
Dhanus Rasi: 19.55	Tithi 29	Yama	6:49AM – 8:12AM	Harshana Until 2:06PM	Muruga: White	Sunset: 5:49PM	Moon 1 - Phase 39
982861366		Rahu	1:42PM – 3:04PM	Visti Until 3:03PM	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 3:31AM Fri	Moon – Light Blue		
Until 6:59PM					Pausha*Thai	Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Then Routine Work - Marana Yoga							

Retreat Star		Friday, January 27, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Muscat, Oman	
Uttarashadha Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 14 Sutra 285		Gulika	8:11AM – 9:34AM	Uttarashadha Until 8:08PM	Ganesha: Red	Sunrise: 6:49AM	Durmukha 5118
Makara Rasi: 2.26	Tithi 30	Yama	3:05PM – 4:27PM	Vajra* Until 1:36PM	Muruga: White	Sunset: 5:50PM	Moon 1 - Phase 39
982861366		Rahu	10:57AM – 12:19PM	Catuspada Until 3:54PM	Nataraja: Green		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 4:07AM Sat	Moon – Light Blue		
					Pausha*Thai	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

Retreat Star		Saturday, January 28, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Muscat, Oman	
Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 286		Gulika	6:49AM – 8:11AM	Shravana Until 9:07PM	Ganesha: Yellow	Sunrise: 6:49AM	Durmukha 5118
Makara Rasi: 15.1	Tithi 1	Yama	1:42PM – 3:05PM	Siddhi Until 12:44PM	Muruga: White	Sunset: 5:51PM	Moon 1 - Phase 39
992861366		Rahu	9:34AM – 10:57AM	Kintughna Until 4:15PM	Nataraja: Green		Prathama
Creative Work	Siddha Yoga			Prathama* Until 4:14AM Sun	Moon – Purple		
					Magha*Thai	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1 Sunday, January 29, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
Makara Rasi: 28.09		Dhanishtha Nakshatra Vyatipata* / Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 287
Tithi 2		Gulika 3:06PM – 4:28PM	Dhanishtha Until 9:31PM	Ganesh: Yellow	<i>Sunrise:</i> 6:48AM	Durmukha 5118
992861366		Yama 12:20PM – 1:43PM	Vyatipata* Until 11:31AM	Muruga: White	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 40
Rahu 4:28PM – 5:51PM		Balava Until 4:08PM		Nataraja: Green	3rd Phase	
Routine Work Marana Yoga		Dvitiya Until 3:54AM Mon		Moon – Purple	Bhuloka Day	
Until 9:31PM				Magha-Thai	Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga						

2 Monday, January 30, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Muscat, Oman
Kumbha Rasi: 11.2		Shatabhishak Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 288
Tithi 3		Gulika 1:43PM – 3:06PM	Shatabhishak Until 9:22PM	Ganesh: Yellow	<i>Sunrise:</i> 6:48AM	Durmukha 5118
Family Home Evening		Yama 10:57AM – 12:20PM	Variyan Until 9:57AM	Muruga: White	<i>Sunset:</i> 5:52PM	Moon 1 - Phase 40
992861366		Rahu 8:11AM – 9:34AM	Tailila Until 3:36PM	Nataraja: Green	3rd Phase	
Creative Work Siddha Yoga		Tritiya Until 3:11AM Tue		Moon – Purple	Bhuloka Day	
Until 9:22PM				Magha-Thai	Devaloka Time: 9:AM to 12:PM	
Then Routine Work - Marana Yoga						

3 Tuesday, January 31, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Muscat, Oman
Kumbha Rasi: 24.45		Purvaproshtapada* Nakshatra Parigha* / Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18 Sutra 289
Tithi 4		Gulika 12:20PM – 1:43PM	Purvaproshtapada* Until 9:10PM	Ganesh: White	<i>Sunrise:</i> 6:48AM	Durmukha 5118
912861366		Yama 9:34AM – 10:57AM	Parigha* Until 8:06AM	Muruga: White	<i>Sunset:</i> 5:53PM	Moon 1 - Phase 40
Rahu 3:06PM – 4:30PM		Vanija Until 2:43PM		Nataraja: Green	3rd Phase	
Routine Work Marana Yoga		Chaturthi* Until 2:08AM Wed		Moon – Clear	Devaloka Day	
Until 9:10PM				Magha-Thai		
Then Creative Work - Amrita Yoga						

4 Wednesday, February 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Muscat, Oman
Meena Rasi: 8.2		Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Sun 19 Sutra 290
Tithi 5		Gulika 10:57AM – 12:20PM	Uttaraproshtapada Until 8:32PM	Ganesh: White	<i>Sunrise:</i> 6:48AM	Durmukha 5118
912861366		Yama 8:11AM – 9:34AM	Shiva Until 6:01AM	Muruga: White	<i>Sunset:</i> 5:53PM	Moon 1 - Phase 40
Rahu 12:20PM – 1:43PM		Bava Until 1:30PM		Nataraja: Green	3rd Phase	
Creative Work Siddha Yoga		Panchami Until 12:46AM Thu		Moon – Clear	Devaloka Day	
Until 8:32PM				Magha-Thai		
Then Routine Work - Marana Yoga						

5 Thursday, February 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Muscat, Oman
Meena Rasi: 22.06		Revati Nakshatra Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau				Sun 20 Sutra 291
Tithi 6		Gulika 9:34AM – 10:57AM	Revati Until 7:29PM	Ganesh: White	<i>Sunrise:</i> 6:47AM	Durmukha 5118
912861366		Yama 6:47AM – 8:10AM	Sadhya Until 1:08AM Fri	Muruga: White	<i>Sunset:</i> 5:53PM	Moon 1 - Phase 40
Rahu 1:44PM – 3:07PM		Kaulava Until 12:01PM		Nataraja: Green	3rd Phase	
Creative Work Siddha Yoga		Shashthi* Until 11:10PM		Moon – Clear	Devaloka Day	
Until 7:29PM				Magha-Thai		
Then Creative Work - Amrita Yoga						

6 Friday, February 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Muscat, Oman
Mesha Rasi: 6.01		Ashvini Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau				Sun 21 Sutra 292
Tithi 7		Gulika 8:10AM – 9:34AM	Ashvini Until 6:29PM	Ganesh: White	<i>Sunrise:</i> 6:47AM	Durmukha 5118
923861367		Yama 3:07PM – 4:31PM	Subha Until 10:25PM	Muruga: White	<i>Sunset:</i> 5:54PM	Moon 1 - Phase 40
Rahu 10:57AM – 12:20PM		Gara Until 10:17AM		Nataraja: White	3rd Phase	
Creative Work Amrita Yoga		Saptami Until 9:19PM		Moon – White	Bhuloka Day	
Until 6:29PM				Magha-Thai		
Then Creative Work - Siddha Yoga						

Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Muscat, Oman
Mesha Rasi: 20.05		Bharani/Krittika Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 22 Sutra 293
Tithi 8		Gulika 6:46AM – 8:10AM	Bharani Until 5:09PM	Ganesh: White	<i>Sunrise:</i> 6:46AM	Durmukha 5118
923861367		Yama 1:44PM – 3:08PM	Sukla Until 7:32PM	Muruga: White	<i>Sunset:</i> 5:55PM	Moon 1 - Phase 40
Rahu 9:33AM – 10:57AM		Visti Until 8:20AM		Nataraja: White	Ashtami	
Creative Work Siddha Yoga		Ashtami* Until 7:16PM		Moon – White	Bhuloka Day	
Until 5:09PM				Magha-Thai		
Then Creative Work - Amrita Yoga						


Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
Vrisabha Rasi: 4.16		Krittika/Rohini Nakshatra Brahma/Indra Yoga Balava/Tailila Karana Navami/Dashamyam Titau				Sun 23 Sutra 294
Tithi 9 – 10		Gulika 3:08PM – 4:32PM	Krittika Until 3:31PM	Ganesh: White	<i>Sunrise:</i> 6:46AM	Durmukha 5118
923861367		Yama 12:21PM – 1:44PM	Brahma Until 4:32PM	Muruga: White	<i>Sunset:</i> 5:55PM	Moon 1 - Phase 40
Rahu 4:32PM – 5:55PM		Balava Until 6:12AM		Nataraja: White	Navami	
Creative Work Siddha Yoga		Navami* Until 5:04PM		Moon – White	Bhuloka Day	
				Magha-Thai		

1		Monday, February 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Muscat, Oman Sun 24 Sutra 295
Vrishabha Rasi: 18.32	Tithi 10 – 11	Gulika	1:45PM – 3:08PM	Rohini Until 2:02PM	Ganesha: Clear <i>Sunrise:</i> 6:45AM	Durmukha 5118
Family Home Evening	933861367	Yama	10:57AM – 12:21PM	Indra Until 1:26PM	Muruga: White <i>Sunset:</i> 5:56PM	Moon 1 - Phase 41
Creative Work	Amrita Yoga	Rahu	8:09AM – 9:33AM	Vanija Until 1:35AM Tue	Nataraja: White	4th Phase
				Dashami Until 2:44PM	Moon – Yellow	
					Magha-Thai	Bhuloka Day Devaloka Time: 6:AM to 9:AM

2		Tuesday, February 7, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 25 Sutra 296
Mithuna Rasi: 2.51	Tithi 11 – 12	Gulika	12:21PM – 1:45PM	Mrigashira Until 12:23PM	Ganesha: Clear <i>Sunrise:</i> 6:45AM	Durmukha 5118
	933861367	Yama	9:33AM – 10:57AM	Vaidhriti* Until 10:18AM	Muruga: White <i>Sunset:</i> 5:57PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	Rahu	3:09PM – 4:33PM	Bava Until 11:14PM	Nataraja: White	4th Phase
Until 12:23PM				Ekadashi Until 12:23PM	Moon – Yellow	
Then Routine Work - Marana Yoga					Magha-Thai	Bhuloka Day Devaloka Time: 6:AM to 9:AM

3		Wednesday, February 8, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 297
Mithuna Rasi: 17.09	Tithi 12 – 13	Gulika	10:57AM – 12:21PM	Ardra Until 10:38AM	Ganesha: Clear <i>Sunrise:</i> 6:44AM	Durmukha 5118
	933861367	Yama	8:09AM – 9:33AM	Vishkambha* Until 7:11AM	Muruga: White <i>Sunset:</i> 5:57PM	Moon 1 - Phase 41
Creative Work	Siddha Yoga	Rahu	12:21PM – 1:45PM	Kaulava Until 8:59PM	Nataraja: White	4th Phase
				Dvadashi Until 10:04AM	Moon – Yellow	
				<i>Pradosha Vrata</i>	Magha-Thai	Bhuloka Day Devaloka Time: 6:AM to 9:AM

4		Thursday, February 9, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 298
Kataka Rasi: 1.22	Tithi 13 – 14	Gulika	9:32AM – 10:57AM	Punarvasu Until 9:19AM	Ganesha: Purple <i>Sunrise:</i> 6:44AM	Durmukha 5118
	943861367	Yama	6:44AM – 8:08AM	Ayushman Until 1:25AM Fri	Muruga: White <i>Sunset:</i> 5:58PM	Moon 1 - Phase 41
Creative Work	Amrita Yoga	Rahu	1:45PM – 3:09PM	Gara Until 6:56PM	Nataraja: White	4th Phase
				Trayodashi Until 7:54AM	Moon – Blue	
		Thai Pusam			Magha-Thai	Bhuloka Day

		Friday, February 10, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Muscat, Oman Sutra 299
Kataka Rasi: 15.25	Tithi 14 – 15	Gulika	8:08AM – 9:32AM	Pushya Until 8:08AM	Ganesha: Purple <i>Sunrise:</i> 6:43AM	Durmukha 5118
	943861367	Yama	3:10PM – 4:34PM	Saubhagya Until 10:55PM	Muruga: White <i>Sunset:</i> 5:58PM	Moon 1 - Phase 41
Routine Work	Marana Yoga	Rahu	10:57AM – 12:21PM	Bava Until 4:31AM Sat	Nataraja: White	Purnima
				Chaturdashi* Until 6:01AM	Moon – Blue	
					Magha-Thai	Bhuloka Day

Saturday, February 11, 2017		Silver Retreat Star		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Muscat, Oman Sutra 300
Kataka Rasi: 29.13	Tithi 16	Gulika	6:43AM – 8:07AM	Ashlesha* Until 7:13AM	Ganesha: Purple <i>Sunrise:</i> 6:43AM	Durmukha 5118
	943861367	Yama	1:46PM – 3:10PM	Sobhana Until 8:50PM	Muruga: White <i>Sunset:</i> 5:59PM	Moon 1 - Phase 41
Routine Work	Marana Yoga	Rahu	9:32AM – 10:56AM	Balava Until 3:59PM	Nataraja: White	Prathama
Until 7:13AM				Prathama* Until 3:32AM Sun	Moon – Blue	
Then Creative Work - Amrita Yoga		Penumbral Lunar Eclipse			Magha-Thai	Bhuloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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Sunday, February 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Sutra 301

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Simha Rasi: 12.43 Tihti 17

Gulika 3:10PM – 4:35PM
Yama 12:21PM – 1:46PM
Rahu 4:35PM – 6:00PM

Magha* Until 7:06AM
Athiganda* Until 7:10PM
Taitila Until 3:17PM

Ganesha: Clear *Sunrise:* 6:42AM
Muruga: White *Sunset:* 6:00PM

Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga
Until 7:06AM

Then Creative Work - Siddha Yoga

Monday, February 13, 2017

1

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visi* Karana Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 302

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Simha Rasi: 25.53 Tihti 18

Family Home Evening
Creative Work Siddha Yoga

Gulika 1:46PM – 3:11PM
Yama 10:56AM – 12:21PM
Rahu 8:07AM – 9:31AM

Purvaphalguni Until 7:26AM
Sukarma Until 6:01PM
Vanija Until 3:14PM
Tritiya Until 3:26AM Tue

Ganesha: Clear *Sunrise:* 6:42AM
Muruga: White *Sunset:* 6:00PM

Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Tuesday, February 14, 2017

2

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman

Sun 2 Sutra 303

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 8.43 Tihti 19

Creative Work Amrita Yoga
Until 8:15AM

Gulika 12:21PM – 1:46PM
Yama 9:31AM – 10:56AM
Rahu 3:11PM – 4:36PM

Uttaraphalguni Until 8:15AM
Dhriti Until 5:24PM
Bava Until 3:51PM
Chaturthi* Until 4:23AM Wed

Ganesha: Clear *Sunrise:* 6:41AM
Muruga: White *Sunset:* 6:01PM

Nataraja: White
Moon – Red
Magha-Masi

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Then Creative Work - Siddha Yoga

Wednesday, February 15, 2017

3

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 304

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 21.15 Tihti 20

Routine Work Marana Yoga
Until 10:01AM

Gulika 10:56AM – 12:21PM
Yama 8:06AM – 9:31AM
Rahu 12:21PM – 1:46PM

Hasta Until 10:01AM
Shula* Until 5:15PM
Kaulava Until 5:06PM
Panchami Until 5:56AM Thu

Ganesha: White *Sunrise:* 6:40AM
Muruga: White *Sunset:* 6:01PM

Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Then Creative Work - Siddha Yoga

Thursday, February 16, 2017

4

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Gara Karana Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 305

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Tula Rasi: 3.31 Tihti 21

Creative Work Siddha Yoga
Until 12:12PM

Gulika 9:30AM – 10:56AM
Yama 6:40AM – 8:05AM
Rahu 1:46PM – 3:12PM

Chitra Until 12:12PM
Ganda* Until 5:31PM
Gara Until 6:55PM
Shashthi* Until 7:58AM Fri

Ganesha: Yellow *Sunrise:* 6:40AM
Muruga: White *Sunset:* 6:02PM

Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Then Creative Work - Amrita Yoga

Friday, February 17, 2017

5

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 306

Durmukha 5118

Moon 2 - Phase 42

1st Phase

Tula Rasi: 16 Tihti 21 – 22

Creative Work Siddha Yoga

Gulika 8:05AM – 9:30AM
Yama 3:12PM – 4:37PM
Rahu 10:55AM – 12:21PM

Svati Until 2:37PM
Vridhi Until 6:07PM
Visi Until 9:08PM
Shashthi* Until 7:58AM

Ganesha: White *Sunrise:* 6:39AM
Muruga: White *Sunset:* 6:03PM

Nataraja: White
Moon – Green
Magha-Masi

Bhuloka Day

Saturday, February 18, 2017

D

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 307

Durmukha 5118

Moon 2 - Phase 42

Ashtami

Tula Rasi: 27.33 Tihti 22 – 23

Creative Work Siddha Yoga

Gulika 6:38AM – 8:04AM
Yama 1:46PM – 3:12PM
Rahu 9:30AM – 10:55AM

Vishakha Until 5:38PM
Dhruva Until 6:52PM
Balava Until 11:33PM
Saptami Until 10:18AM

Ganesha: Yellow *Sunrise:* 6:38AM
Muruga: Yellow *Sunset:* 6:03PM

Nataraja: White
Moon – Orange
Magha-Masi

Devaloka Day

Sunday, February 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 7 Sutra 308

Durmukha 5118

Moon 2 - Phase 42

Navami

Vrischika Rasi: 9.27 Tihti 23 – 24

Routine Work Marana Yoga

Gulika 3:12PM – 4:38PM
Yama 12:21PM – 1:47PM
Rahu 4:38PM – 6:04PM

Anuradha Until 8:32PM
Vyaghata* Until 7:40PM
Taitila Until 1:59AM Mon
Ashtami* Until 12:46PM

Ganesha: Yellow *Sunrise:* 6:38AM
Muruga: Yellow *Sunset:* 6:04PM

Nataraja: White
Moon – Orange
Magha-Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Monday, February 20, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				Muscat, Oman
1		Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 309
Vrischika Rasi: 21.22	Tithi 24 – 25	Gulika	1:47PM – 3:12PM	Jyeshtha* Until 11:07PM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM
Family Home Evening	984971367	Yama	10:55AM – 12:21PM	Harshana Until 8:22PM	Muruga: Yellow	<i>Sunset:</i> 6:04PM
Creative Work	Siddha Yoga	Rahu	8:03AM – 9:29AM	Vanija Until 4:14AM Tue	Nataraja: White	Moon 2 - Phase 43
				Navami* Until 3:07PM	Moon – Orange	2nd Phase
					Magha-Masi	Devaloka Day

Tuesday, February 21, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Muscat, Oman
2		Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 310
Dhanus Rasi: 3.22	Tithi 25 – 26	Gulika	12:21PM – 1:47PM	Mula* Until 1:42AM Wed	Ganesha: Blue	<i>Sunrise:</i> 6:36AM
	984971367	Yama	9:28AM – 10:55AM	Vajra* Until 8:48PM	Muruga: Yellow	<i>Sunset:</i> 6:05PM
Creative Work	Amrita Yoga	Rahu	3:13PM – 4:39PM	Bava Until 6:05AM Wed	Nataraja: White	Moon 2 - Phase 43
				Dashami Until 5:12PM	Moon – Light Blue	2nd Phase
					Magha-Masi	Bhuloka Day
						Devaloka Time: 12:PM to 3:PM

Wednesday, February 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Muscat, Oman
3		Purvashadha* Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 311
Dhanus Rasi: 15.31	Tithi 26	Gulika	10:54AM – 12:20PM	Purvashadha* Until 3:38AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:36AM
	984971367	Yama	8:02AM – 9:28AM	Siddhi Until 8:52PM	Muruga: Yellow	<i>Sunset:</i> 6:05PM
Creative Work	Amrita Yoga	Rahu	12:20PM – 1:47PM	Bava Until 6:05AM	Nataraja: White	Moon 2 - Phase 43
Until 3:38AM Thu				Ekadashi* Until 6:48PM	Moon – Light Blue	2nd Phase
Then Routine Work - Marana Yoga					Magha-Masi	Bhuloka Day
						Devaloka Time: 12:PM to 3:PM

Thursday, February 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				Muscat, Oman
4		Uttarashadha Nakshatra Vyatipata* Yoga Kaulava/Tailila Karana Dvadashyam Titau				Sun 11 Sutra 312
Dhanus Rasi: 27.53	Tithi 27	Gulika	9:28AM – 10:54AM	Uttarashadha Until 4:49AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:35AM
	984971367	Yama	6:35AM – 8:01AM	Vyatipata* Until 8:31PM	Muruga: Yellow	<i>Sunset:</i> 6:06PM
Routine Work	Marana Yoga	Rahu	1:47PM – 3:13PM	Kaulava Until 7:24AM	Nataraja: White	Moon 2 - Phase 43
				Dvadashi* Until 7:48PM	Moon – Light Blue	2nd Phase
					Magha-Masi	Bhuloka Day
						Devaloka Time: 12:PM to 3:PM

Friday, February 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Muscat, Oman
5		Shravana Nakshatra Vriyan Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 313
Makara Rasi: 10.32	Tithi 28	Gulika	8:01AM – 9:27AM	Shravana Until 5:41AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:34AM
	994971367	Yama	3:13PM – 4:40PM	Vriyan Until 7:38PM	Muruga: Yellow	<i>Sunset:</i> 6:06PM
Routine Work	Marana Yoga	Rahu	10:54AM – 12:20PM	Gara Until 8:05AM	Nataraja: White	Moon 2 - Phase 43
Until 5:41AM Sat				Trayodashi* Until 8:10PM	Moon – Purple	2nd Phase
Then Creative Work - Siddha Yoga		Mahasarvatri (Lunar)		Pradosha Vrata (Fasting)	Magha-Masi	Bhuloka Day
		Mahasarvatri (Solar)				Devaloka Time: 12:PM to 3:PM

Saturday, February 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Muscat, Oman
6		Dhanishtha Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 314
Makara Rasi: 23.3	Tithi 29	Gulika	6:33AM – 8:00AM	Dhanishtha Until 5:46AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:33AM
	994971367	Yama	1:47PM – 3:14PM	Parigha* Until 6:15PM	Muruga: Yellow	<i>Sunset:</i> 6:07PM
Creative Work	Siddha Yoga	Rahu	9:27AM – 10:53AM	Visti Until 8:07AM	Nataraja: White	Moon 2 - Phase 43
				Chaturdashi* Until 7:53PM	Moon – Purple	2nd Phase
					Magha-Masi	Bhuloka Day
						Devaloka Time: 12:PM to 3:PM

Sunday, February 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
Retreat Star		Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 315
Kumbha Rasi: 6.47	Tithi 30	Gulika	3:14PM – 4:41PM	Shatabhishak Until 5:09AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:32AM
	994971367	Yama	12:20PM – 1:47PM	Shiva Until 4:25PM	Muruga: Yellow	<i>Sunset:</i> 6:07PM
Creative Work	Siddha Yoga	Rahu	4:41PM – 6:07PM	Catuspada Until 7:31AM	Nataraja: White	Moon 2 - Phase 43
Until 5:09AM Mon				Amavasya* Until 6:59PM	Moon – Purple	Amavasya
Then Routine Work - Marana Yoga		Annular Solar Eclipse			Magha-Masi	Bhuloka Day
						Devaloka Time: 12:PM to 3:PM

Monday, February 27, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Muscat, Oman
Retreat Star		Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau				Sun 15 Sutra 316
Kumbha Rasi: 20.23	Tithi 1 – 2	Gulika	1:47PM – 3:14PM	Purvaproshtapada* Until 4:23AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM
Family Home Evening	914971367	Yama	10:53AM – 12:20PM	Siddha Until 2:09PM	Muruga: Yellow	<i>Sunset:</i> 6:08PM
Routine Work	Marana Yoga	Rahu	7:59AM – 9:26AM	Kintughna Until 6:22AM	Nataraja: White	Moon 2 - Phase 43
Until 4:23AM Tue				Prathama* Until 5:35PM	Moon – Clear	Prathama
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day

1	Tuesday, February 28, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Muscat, Oman
	Meena Rasi: 4.16	Tithi 2 – 3	Gulika 10:20PM – 1:47PM	Uttaraproshtapada Until 3:09AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM	Sun 16 Sutra 317
			Yama 9:25AM – 10:52AM	Sadhya Until 11:34AM	Muruga: Yellow	<i>Sunset:</i> 6:08PM	Durmukha 5118
		914971367 Rahu 3:14PM – 4:41PM	Taitila Until 2:48AM Wed	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Amrita Yoga		Dvitiya Until 3:48PM	Moon – Clear		3rd Phase	
Until 3:09AM Wed				Phalguna-Masi		Devaloka Day	
Then Routine Work - Marana Yoga							

2	Wednesday, March 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Muscat, Oman
	Meena Rasi: 18.2	Tithi 3 – 4	Gulika 10:52AM – 12:19PM	Revati Until 1:32AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM	Sun 17 Sutra 318
			Yama 7:57AM – 9:24AM	Subha Until 8:45AM	Muruga: Yellow	<i>Sunset:</i> 6:09PM	Durmukha 5118
		914971367 Rahu 12:19PM – 1:47PM	Vanija Until 12:38AM Thu	Nataraja: White		Moon 2 - Phase 44	
Routine Work	Marana Yoga		Tritiya Until 1:43PM	Moon – Clear		3rd Phase	
Until 1:32AM Thu				Phalguna-Masi		Devaloka Day	
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day						

3	Thursday, March 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Muscat, Oman
	Mesha Rasi: 2.33	Tithi 4 – 5	Gulika 9:24AM – 10:51AM	Ashvini Until 12:06AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:28AM	Sun 18 Sutra 319
			Yama 6:28AM – 7:56AM	Brahma Until 2:42AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:10PM	Durmukha 5118
		925971367 Rahu 1:47PM – 3:14PM	Bava Until 10:21PM	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Amrita Yoga		Chaturthi* Until 11:29AM	Moon – White		3rd Phase	
Until 12:06AM Fri				Phalguna-Masi		Devaloka Day	
Then Creative Work - Siddha Yoga							

4	Friday, March 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Muscat, Oman
	Mesha Rasi: 16.5	Tithi 5 – 6	Gulika 7:55AM – 9:23AM	Bharani Until 10:30PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Sun 19 Sutra 320
			Yama 3:15PM – 4:42PM	Indra Until 11:39PM	Muruga: Yellow	<i>Sunset:</i> 6:10PM	Durmukha 5118
		925971367 Rahu 10:51AM – 12:19PM	Kaulava Until 8:02PM	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Siddha Yoga		Panchami Until 9:10AM	Moon – White		3rd Phase	
Until 12:19PM				Phalguna-Masi		Devaloka Day	
Then Creative Work - Siddha Yoga							

5	Saturday, March 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Muscat, Oman
	Vrishabha Rasi: 1.07	Tithi 6 – 7	Gulika 6:27AM – 7:55AM	Krittika Until 8:50PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Sun 20 Sutra 321
			Yama 1:47PM – 3:15PM	Vaidhriti* Until 8:37PM	Muruga: Yellow	<i>Sunset:</i> 6:11PM	Durmukha 5118
		925971367 Rahu 9:23AM – 10:51AM	Vanija Until 4:39AM Sun	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Amrita Yoga		Shashthi* Until 6:52AM	Moon – White		3rd Phase	
Until 10:51AM				Phalguna-Masi		Devaloka Day	
Then Creative Work - Siddha Yoga							

D	Sunday, March 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman
	Retreat Star		Gulika 3:15PM – 4:43PM	Rohini Until 7:32PM	Ganesha: White	<i>Sunrise:</i> 6:26AM	Sun 21 Sutra 322
	Vrishabha Rasi: 15.2	Tithi 8	Yama 12:18PM – 1:47PM	Vishkambha* Until 5:42PM	Muruga: Yellow	<i>Sunset:</i> 6:11PM	Durmukha 5118
		135971367 Rahu 4:43PM – 6:11PM	Visti Until 3:36PM	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Siddha Yoga		Ashtami* Until 2:33AM Mon	Moon – Yellow		Ashtami	
Until 6:11PM				Phalguna-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

D	Monday, March 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Muscat, Oman
	Retreat Star		Gulika 1:47PM – 3:15PM	Mrigashira Until 6:16PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Sun 22 Sutra 323
	Vrishabha Rasi: 29.28	Tithi 9	Yama 10:50AM – 12:18PM	Priti Until 2:54PM	Muruga: Yellow	<i>Sunset:</i> 6:12PM	Durmukha 5118
Family Home Evening		135971367 Rahu 7:53AM – 9:21AM	Balava Until 1:35PM	Nataraja: White		Moon 2 - Phase 44	
Creative Work	Amrita Yoga		Navami* Until 12:38AM Tue	Moon – Yellow		Navami	
Until 6:16PM				Phalguna-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Tuesday, March 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dashamyam Titau		Muscat, Oman Sun 23 Sutra 324
Mithuna Rasi: 13.3	Tithi 10	Gulika	12:18PM – 1:47PM	Ardra Until 5:02PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	Durmukha 5118	
		Yama	9:21AM – 10:49AM	Ayushman Until 12:15PM	Muruga: Yellow	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45	
		135971367 Rahu	3:15PM – 4:44PM	Tailila Until 11:45AM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga			Dashami Until 10:54PM	Moon – Yellow		Sivaloka Day	
Until 5:02PM					Phalguna-Masi			
Then Creative Work - Siddha Yoga								

2		Wednesday, March 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau		Muscat, Oman Sun 24 Sutra 325
Mithuna Rasi: 27.23	Tithi 11	Gulika	10:49AM – 12:18PM	Punarvasu Until 4:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Durmukha 5118	
		Yama	7:52AM – 9:20AM	Saubhagya Until 9:47AM	Muruga: Yellow	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 45	
		145971367 Rahu	12:18PM – 1:46PM	Vanija Until 10:09AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 9:25PM	Moon – Blue		Devaloka Day	
					Phalguna-Masi			

3		Thursday, March 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvodashyam Titau		Muscat, Oman Sun 25 Sutra 326
Kataka Rasi: 11.08	Tithi 12	Gulika	9:20AM – 10:49AM	Pushya Until 3:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Durmukha 5118	
		Yama	6:22AM – 7:51AM	Sobhana Until 7:32AM	Muruga: Yellow	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 45	
		145971367 Rahu	1:46PM – 3:15PM	Bava Until 8:48AM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga			Dvadashi Until 8:13PM	Moon – Blue		Devaloka Day	
Until 3:45PM					Phalguna-Masi			
Then Creative Work - Siddha Yoga								

4		Friday, March 10, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Kaulava/Tailila Karana Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 327
Kataka Rasi: 24.41	Tithi 13	Gulika	7:50AM – 9:19AM	Ashlesha* Until 3:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Durmukha 5118	
		Yama	3:15PM – 4:44PM	Sukarma Until 3:47AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 45	
		145971367 Rahu	10:48AM – 12:17PM	Kaulava Until 7:46AM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga			Trayodashi Until 7:22PM	Moon – Blue		Devaloka Day	
					Phalguna-Masi			
					<i>Pradosha Vrata</i>			

5		Saturday, March 11, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 328
Simha Rasi: 8.02	Tithi 14	Gulika	6:20AM – 7:49AM	Magha* Until 3:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Durmukha 5118	
		Yama	1:46PM – 3:15PM	Dhriti Until 2:24AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45	
		156971367 Rahu	9:19AM – 10:48AM	Gara Until 7:06AM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga			Chaturdashi* Until 6:54PM	Moon – Red		Devaloka Day	
Until 3:36PM					Phalguna-Masi			
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam						

○		Sunday, March 12, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Muscat, Oman Sutra 329
Simha Rasi: 21.1	Tithi 15	Gulika	3:15PM – 4:45PM	Purvaphalguni Until 4:09PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Durmukha 5118	
		Yama	12:17PM – 1:46PM	Shula* Until 1:21AM Mon	Muruga: Yellow	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45	
		156971367 Rahu	4:45PM – 6:14PM	Visti Until 6:51AM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 6:53PM	Moon – Red		Devaloka Day	
Until 4:09PM					Phalguna-Masi			
Then Creative Work - Amrita Yoga		Holi						

○		Monday, March 13, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Muscat, Oman Sutra 330
Kanya Rasi: 4.04	Tithi 16	Gulika	1:46PM – 3:16PM	Uttaraphalguni Until 5:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Durmukha 5118	
Family Home Evening		Yama	10:47AM – 12:16PM	Ganda* Until 12:42AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45	
		156171367 Rahu	7:48AM – 9:17AM	Balava Until 7:05AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 7:22PM	Moon – Red		Devaloka Day	
					Phalguna-Masi			



Tuesday, March 14, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vriddhi Yoga Tailila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Sun 1 Sutra 331

Kanya Rasi: 16.43 Tithi 17

Gulika 12:16PM – 1:46PM
Yama 9:17AM – 10:46AM
166171368 **Rahu** 3:16PM – 4:45PM

Hasta **Until 6:41PM**
Vriddhi **Until 12:27AM Wed**
Tailila **Until 7:49AM**

Ganesha: Purple *Sunrise: 6:17AM*
Muruga: Yellow *Sunset: 6:15PM*
Nataraja: White
Moon – Green

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Dvitiya **Until 8:21PM**

Phalguna•**Panguni** **Bhuloka Day**
Devaloka Time: 12:PM to 3:PM

1

Wednesday, March 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman

Sun 2 Sutra 332

Kanya Rasi: 29.09 Tithi 18

Gulika 10:46AM – 12:16PM
Yama 7:46AM – 9:16AM
166171368 **Rahu** 12:16PM – 1:46PM

Chitra **Until 8:40PM**
Dhruva **Until 12:33AM Thu**
Vanija **Until 9:03AM**
Tritiya **Until 9:49PM**

Ganesha: Purple *Sunrise: 6:16AM*
Muruga: Yellow *Sunset: 6:15PM*
Nataraja: Clear
Moon – Green

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Phalguna•**Panguni**

2

Thursday, March 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman

Sun 3 Sutra 333

Tula Rasi: 11.23 Tithi 19

Gulika 9:15AM – 10:46AM
Yama 6:15AM – 7:45AM
166171368 **Rahu** 1:46PM – 3:16PM

Svati **Until 10:54PM**
Vyaghata* **Until 12:58AM Fri**
Bava **Until 10:44AM**
Chaturthi* **Until 11:42PM**

Ganesha: Purple *Sunrise: 6:15AM*
Muruga: Yellow *Sunset: 6:16PM*
Nataraja: Clear
Moon – Green

Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga

Devaloka Day

Phalguna•**Panguni**

Until 10:54PM

Then Creative Work - Siddha Yoga

3

Friday, March 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Kaulava/Tailila Karana Panchamyam Titau

Muscat, Oman

Sun 4 Sutra 334

Tula Rasi: 23.28 Tithi 20

Gulika 7:45AM – 9:15AM
Yama 3:16PM – 4:46PM
176171368 **Rahu** 10:45AM – 12:15PM

Vishakha **Until 1:46AM Sat**
Harshana **Until 1:39AM Sat**
Kaulava **Until 12:48PM**
Panchami **Until 1:56AM Sat**

Ganesha: Clear *Sunrise: 6:14AM*
Muruga: Yellow *Sunset: 6:16PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Phalguna•**Panguni**

4

Saturday, March 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 5 Sutra 335

Vrischika Rasi: 5.25 Tithi 21

Gulika 6:13AM – 7:44AM
Yama 1:45PM – 3:16PM
176171368 **Rahu** 9:14AM – 10:45AM

Anuradha **Until 4:39AM Sun**
Vajra* **Until 2:27AM Sun**
Gara **Until 3:08PM**
Shashthi* **Until 4:20AM Sun**

Ganesha: Clear *Sunrise: 6:13AM*
Muruga: Yellow *Sunset: 6:17PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Phalguna•**Panguni**

Until 4:39AM Sun

Then Routine Work - Marana Yoga

5

Sunday, March 19, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman

Sun 6 Sutra 336

Vrischika Rasi: 17.19 Tithi 22

Gulika 3:16PM – 4:46PM
Yama 12:15PM – 1:45PM
177171368 **Rahu** 4:46PM – 6:17PM

Jyeshtha* **Until 7:22AM Mon**
Siddhi **Until 3:16AM Mon**
Visti **Until 5:34PM**
Saptami **Until 6:44AM Mon**

Ganesha: Purple *Sunrise: 6:12AM*
Muruga: Yellow *Sunset: 6:17PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 46
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Phalguna•**Panguni**

Until 7:22AM Mon

Then Creative Work - Siddha Yoga

☾

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 7 Sutra 337

Vrischika Rasi: 29.13 Tithi 22 – 23

Gulika 1:45PM – 3:16PM
Yama 10:44AM – 12:14PM
177171368 **Rahu** 7:42AM – 9:13AM

Jyeshtha* **Until 7:22AM**
Vyatipata* **Until 4:00AM Tue**
Balava **Until 7:54PM**
Saptami **Until 6:44AM**

Ganesha: Purple *Sunrise: 6:11AM*
Muruga: Yellow *Sunset: 6:17PM*
Nataraja: Clear
Moon – Orange

Moon 3 - Phase 46
Ashtami

Creative Work Siddha Yoga

Subha Sivaloka Day

Phalguna•**Panguni**

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 8 Sutra 338

Dhanus Rasi: 11.11 Tithi 23 – 24

Gulika 12:14PM – 1:45PM
Yama 9:12AM – 10:43AM
187171368 **Rahu** 3:16PM – 4:47PM

Mula* **Until 10:14AM**
Variyan **Until 4:24AM Wed**
Tailila **Until 9:56PM**
Ashtami* **Until 8:57AM**

Ganesha: Clear *Sunrise: 6:11AM*
Muruga: Yellow *Sunset: 6:18PM*
Nataraja: Clear
Moon – Light Blue

Moon 3 - Phase 46
Navami

Creative Work Amrita Yoga

Sivaloka Day

Phalguna•**Panguni**

Until 10:14AM

Then Creative Work - Siddha Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 22, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Muscat, Oman	
Dhanus Rasi: 23.19		Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9		Sutra 339	
Tihi 24 – 25		Gulika 10:43AM – 12:14PM	Purvashadha* Until 12:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Durmukha 5118	
187171368		Yama 7:41AM – 9:12AM	Parigha* Until 4:25AM Thu	Muruga: Yellow	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47	
Creative Work Amrita Yoga		Rahu 12:14PM – 1:45PM	Vanija Until 11:28PM	Nataraja: Clear		2nd Phase	
			Navami* Until 10:45AM	Moon – Light Blue		Sivaloka Day	
				Phalguna*Panguni			

2		Thursday, March 23, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Muscat, Oman	
Makara Rasi: 5.4		Uttarashadha*/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau		Sun 10		Sutra 340	
Tihi 25 – 26		Gulika 9:11AM – 10:42AM	Uttarashadha Until 2:06PM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	Durmukha 5118	
187171368		Yama 6:09AM – 7:40AM	Shiva Until 3:54AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 47	
Routine Work Marana Yoga		Rahu 1:45PM – 3:16PM	Bava Until 12:19AM Fri	Nataraja: Clear		2nd Phase	
Until 2:06PM			Dashami Until 11:57AM	Moon – Light Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna*Panguni			

3		Friday, March 24, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Muscat, Oman	
Makara Rasi: 18.2		Shravana*/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Sun 11		Sutra 341	
Tihi 26 – 27		Gulika 7:39AM – 9:10AM	Shravana Until 3:15PM	Ganesha: White	<i>Sunrise:</i> 6:08AM	Durmukha 5118	
187171368		Yama 3:16PM – 4:48PM	Siddha Until 2:45AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 47	
Routine Work Marana Yoga		Rahu 10:42AM – 12:13PM	Kaulava Until 12:23AM Sat	Nataraja: Clear		2nd Phase	
Until 3:15PM			Ekadashi* Until 12:26PM	Moon – Purple		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna*Panguni			

4		Saturday, March 25, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Muscat, Oman	
Kumbha Rasi: 1.23		Dhanishtha*/Shatabhishak Nakshatra Sadhya Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 342	
Tihi 27 – 28		Gulika 6:07AM – 7:38AM	Dhanishtha Until 3:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Durmukha 5118	
187171368		Yama 1:45PM – 3:16PM	Sadhya Until 1:00AM Sun	Muruga: Yellow	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 47	
Creative Work Siddha Yoga		Rahu 9:10AM – 10:41AM	Gara Until 11:40PM	Nataraja: Clear		2nd Phase	
Until 3:29PM			Dvadashi* Until 12:06PM	Moon – Purple		Sivaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	Phalguna*Panguni			

5		Sunday, March 26, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Muscat, Oman	
Kumbha Rasi: 14.51		Shatabhishak*/Purvaproshtapada* Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 343	
Tihi 28 – 29		Gulika 3:16PM – 4:48PM	Shatabhishak Until 2:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM	Durmukha 5118	
187171368		Yama 12:13PM – 1:44PM	Subha Until 10:41PM	Muruga: Yellow	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47	
Creative Work Siddha Yoga		Rahu 4:48PM – 6:20PM	Visti Until 10:14PM	Nataraja: Clear		2nd Phase	
			Trayodashi* Until 11:01AM	Moon – Purple		Sivaloka Day	
				Phalguna*Panguni			

Monday, March 27, 2017		Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Muscat, Oman	
Kumbha Rasi: 28.43		Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14		Sutra 344	
Tihi 29 – 30		Gulika 1:44PM – 3:16PM	Purvaproshtapada* Until 1:48PM	Ganesha: White	<i>Sunrise:</i> 6:05AM	Durmukha 5118	
118171368		Yama 10:40AM – 12:12PM	Sukla Until 7:51PM	Muruga: Yellow	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47	
Family Home Evening		Rahu 7:37AM – 9:08AM	Catuspada Until 8:10PM	Nataraja: Clear		Amavasya	
Routine Work Marana Yoga			Chaturdashi* Until 9:15AM	Moon – Clear		Devaloka Day	
Until 1:48PM				Phalguna*Panguni			
Then Creative Work - Siddha Yoga							

Tuesday, March 28, 2017		Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Muscat, Oman	
Meena Rasi: 12.58		Uttaraproshtapada*/Revali Nakshatra Brahma/Indra Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 15		Sutra 345	
Tihi 30 – 1		Gulika 12:12PM – 1:44PM	Uttaraproshtapada Until 12:08PM	Ganesha: White	<i>Sunrise:</i> 6:04AM	Durmukha 5118	
118171368		Yama 9:08AM – 10:40AM	Brahma Until 4:39PM	Muruga: Yellow	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47	
Creative Work Amrita Yoga		Rahu 3:16PM – 4:48PM	Bava Until 4:13AM Wed	Nataraja: Clear		Prathama	
Until 12:08PM			Amavasya* Until 6:56AM	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga		Yugadhi		Chaitra*Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 29, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Muscat, Oman
Meena Rasi: 27.29		Tithi 2		Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 16		Sutra 346
Routine Work		Marana Yoga		Gulika 10:39AM – 12:12PM	Revati Until 9:57AM	Ganesha: White	<i>Sunrise:</i> 6:03AM	Durmukha 5118
		118171368		Yama 7:35AM – 9:07AM	Indra Until 1:11PM	Muruga: Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48
				Rahu 12:12PM – 1:44PM	Balava Until 2:46PM	Nataraja: Clear	Moon – Clear	
				Chellappaswami Mahasamadhi	Dvitiya Until 1:15AM Thu	Moon – Clear	Devaloka Day	
						Chaitra-Panguni		

2		Thursday, March 30, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Muscat, Oman
Mesha Rasi: 12.11		Tithi 3		Ashvini/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Tailita/Gara Karana Tritiyayam Titau		Sun 17		Sutra 347
Creative Work		Amrita Yoga		Gulika 9:07AM – 10:39AM	Ashvini Until 7:51AM	Ganesha: Green	<i>Sunrise:</i> 6:02AM	Durmukha 5118
Until 7:51AM		128171368		Yama 6:02AM – 7:34AM	Vaidhriti* Until 9:33AM	Muruga: Yellow	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 48
Then Creative Work - Siddha Yoga				Rahu 1:44PM – 3:16PM	Taitila Until 11:44AM	Nataraja: Clear	Moon – White	
					Tritiya Until 10:11PM	Moon – White	Devaloka Day	
						Chaitra-Panguni		

3		Friday, March 31, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Muscat, Oman
Mesha Rasi: 26.56		Tithi 4		Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthiyam Titau		Sun 18		Sutra 348
Creative Work		Siddha Yoga		Gulika 7:33AM – 9:06AM	Krittika Until 3:13AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:01AM	Durmukha 5118
Until 3:13AM Sat		128171368		Yama 3:16PM – 4:49PM	Priti Until 2:20AM Sat	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 48
Then Creative Work - Amrita Yoga				Rahu 10:39AM – 12:11PM	Vanija Until 8:41AM	Nataraja: Clear	Moon – White	
					Chaturthi* Until 7:11PM	Moon – White	Devaloka Day	
						Chaitra-Panguni		

4		Saturday, April 1, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Muscat, Oman
Vrishabha Rasi: 11.35		Tithi 5 – 6		Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 19		Sutra 349
Creative Work		Amrita Yoga		Gulika 6:01AM – 7:33AM	Rohini Until 1:23AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:01AM	Durmukha 5118
Until 1:23AM Sun		139171368		Yama 1:44PM – 3:16PM	Ayushman Until 10:56PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 48
Then Creative Work - Siddha Yoga				Rahu 9:06AM – 10:39AM	Kaulava Until 3:03AM Sun	Nataraja: Clear	Moon – Yellow	
					Panchami Until 4:21PM	Moon – Yellow	Subha Sivaloka Day	
						Chaitra-Panguni		

5		Sunday, April 2, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Muscat, Oman
Vrishabha Rasi: 26.05		Tithi 6 – 7		Mrigashira Nakshatra Saubhagya Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Sun 20		Sutra 350
Creative Work		Siddha Yoga		Gulika 3:16PM – 4:49PM	Mrigashira Until 11:45PM	Ganesha: Green	<i>Sunrise:</i> 6:00AM	Durmukha 5118
Until 10:22PM		139171368		Yama 12:11PM – 1:44PM	Saubhagya Until 7:48PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 48
Then Creative Work - Amrita Yoga				Rahu 4:49PM – 6:22PM	Gara Until 12:41AM Mon	Nataraja: Clear	Moon – Yellow	
					Shashthi* Until 1:48PM	Moon – Yellow	Subha Sivaloka Day	
						Chaitra-Panguni		

Monday, April 3, 2017		Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Muscat, Oman
Mithuna Rasi: 10.2		Tithi 7 – 8		Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 21		Sutra 351
Family Home Evening		139171368		Gulika 1:43PM – 3:16PM	Ardra Until 10:22PM	Ganesha: Green	<i>Sunrise:</i> 5:59AM	Durmukha 5118
Creative Work				Yama 10:38AM – 12:11PM	Sobhana Until 5:00PM	Muruga: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 48
Until 10:22PM				Rahu 7:32AM – 9:05AM	Visti Until 10:43PM	Nataraja: Clear	Moon – Yellow	
Then Creative Work - Amrita Yoga					Saptami Until 11:38AM	Moon – Yellow	Subha Sivaloka Day	
						Chaitra-Panguni		

Tuesday, April 4, 2017		Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Muscat, Oman
Mithuna Rasi: 24.19		Tithi 8 – 9		Punarvasu Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 22		Sutra 352
Creative Work		Siddha Yoga		Gulika 12:10PM – 1:43PM	Punarvasu Until 9:43PM	Ganesha: Red	<i>Sunrise:</i> 5:58AM	Durmukha 5118
Until 10:22PM		149171368		Yama 9:04AM – 10:37AM	Athiganda* Until 2:32PM	Muruga: Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 48
Then Creative Work - Amrita Yoga				Rahu 3:16PM – 4:50PM	Balava Until 9:13PM	Nataraja: Clear	Moon – Blue	
				Sri Rama Navami	Ashtami* Until 9:53AM	Moon – Blue	Sivaloka Day	
						Chaitra-Panguni		

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Wednesday, April 5, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Muscat, Oman Sun 23 Sutra 353 Durmukha 5118
Kataka Rasi: 8.01	Tithi 9 – 10	Gulika	10:37AM – 12:10PM	Pushya Until 9:23PM	Ganesha: Red	<i>Sunrise: 5:57AM</i>		
		Yama	7:30AM – 9:03AM	Sukarma Until 12:28PM	Muruga: Yellow	<i>Sunset: 6:23PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	149171368 Rahu	12:10PM – 1:43PM	Taitila Until 8:10PM	Nataraja: Clear		4th Phase	
				Navami* Until 8:37AM	Moon – Blue			Sivaloka Day
					Chaitra•Panguni			

2		Thursday, April 6, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 24 Sutra 354 Durmukha 5118
Kataka Rasi: 21.26	Tithi 10 – 11	Gulika	9:03AM – 10:36AM	Ashlesha* Until 9:21PM	Ganesha: Red	<i>Sunrise: 5:56AM</i>		
		Yama	5:56AM – 7:29AM	Dhriti Until 10:47AM	Muruga: Yellow	<i>Sunset: 6:23PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	149171368 Rahu	1:43PM – 3:17PM	Vanija Until 7:36PM	Nataraja: Clear		4th Phase	
Until 9:21PM				Vanija Until 7:36PM	Moon – Blue			Sivaloka Day
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Dashami Until 7:48AM	Chaitra•Panguni			

3		Friday, April 7, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 25 Sutra 355 Durmukha 5118
Simha Rasi: 4.37	Tithi 11 – 12	Gulika	7:28AM – 9:02AM	Magha* Until 10:04PM	Ganesha: Yellow	<i>Sunrise: 5:55AM</i>		
		Yama	3:17PM – 4:50PM	Shula* Until 9:25AM	Muruga: Yellow	<i>Sunset: 6:24PM</i>	Moon 3 - Phase 49	
Routine Work	Marana Yoga	159271368 Rahu	10:36AM – 12:09PM	Bava Until 7:28PM	Nataraja: Clear		4th Phase	
Until 10:04PM				Ekadashi Until 7:27AM	Moon – Red			Sivaloka Day
Then Creative Work - Siddha Yoga					Chaitra•Panguni			

4		Saturday, April 8, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhidi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 356 Durmukha 5118
Simha Rasi: 17.35	Tithi 12 – 13	Gulika	5:54AM – 7:28AM	Purvaphalguni Until 11:02PM	Ganesha: Yellow	<i>Sunrise: 5:54AM</i>		
		Yama	1:43PM – 3:17PM	Ganda* Until 8:25AM	Muruga: Yellow	<i>Sunset: 6:24PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	151271368 Rahu	9:02AM – 10:35AM	Kaulava Until 7:45PM	Nataraja: Clear		4th Phase	
Until 11:02PM				Dvadashi Until 7:32AM	Moon – Red			Sivaloka Day
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>	Chaitra•Panguni			

5		Sunday, April 9, 2017				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhidi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 357 Durmukha 5118
Kanya Rasi: 0.2	Tithi 13 – 14	Gulika	3:17PM – 4:51PM	Uttaraphalguni Until 12:14AM Mon	Ganesha: Yellow	<i>Sunrise: 5:53AM</i>		
		Yama	12:09PM – 1:43PM	Vridhidi Until 7:46AM	Muruga: Yellow	<i>Sunset: 6:25PM</i>	Moon 3 - Phase 49	
Creative Work	Amrita Yoga	151271368 Rahu	4:51PM – 6:25PM	Gara Until 8:27PM	Nataraja: Clear		4th Phase	
Until 12:14AM Mon				Trayodashi Until 8:02AM	Moon – Red			Sivaloka Day
Then Creative Work - Siddha Yoga					Chaitra•Panguni			

Monday, April 10, 2017		Copper Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Muscat, Oman Sutra 358 Durmukha 5118
Kanya Rasi: 12.55	Tithi 14 – 15	Gulika	1:43PM – 3:17PM	Hasta Until 2:08AM Tue	Ganesha: Blue	<i>Sunrise: 5:52AM</i>		
Family Home Evening		Yama	10:34AM – 12:09PM	Dhruva Until 7:22AM	Muruga: Yellow	<i>Sunset: 6:25PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	161271368 Rahu	7:26AM – 9:00AM	Visti Until 9:31PM	Nataraja: Clear		Purnima	
				Chaturdashi* Until 8:55AM	Moon – Green			Devaloka Day
		Panguni Uttiram			Chaitra•Panguni			
		Hanuman Jayanti						

Tuesday, April 11, 2017		Silver Retreat Star				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Muscat, Oman Sutra 359 Durmukha 5118
Kanya Rasi: 25.19	Tithi 15 – 16	Gulika	12:08PM – 1:43PM	Chitra Until 4:12AM Wed	Ganesha: Blue	<i>Sunrise: 5:51AM</i>		
		Yama	9:00AM – 10:34AM	Vyaghata* Until 7:17AM	Muruga: Yellow	<i>Sunset: 6:25PM</i>	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	161271368 Rahu	3:17PM – 4:51PM	Balava Until 10:57PM	Nataraja: Clear		Prathama	
				Purnima* Until 10:10AM	Moon – Green			Devaloka Day
					Chaitra•Panguni			



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam

Muscat, Oman

Tula Rasi: 7.34 Tihi 16 – 17

Gulika 10:34AM – 12:08PM
Yama 7:25AM – 8:59AM
Rahu 12:08PM – 1:42PM

Svati Until 6:25AM Thu
Harshana Until 7:30AM
Taitila Until 12:44AM Thu
Prathama* Until 11:47AM

Ganesha: Blue *Sunrise:* 5:50AM
Muruga: Yellow *Sunset:* 6:26PM
Nataraja: Clear
Moon – Green
Chaitra-Panguni

Sutra 360
Durmukha 5118
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Muscat, Oman

Tula Rasi: 19.41 Tihi 17 – 18

Gulika 8:58AM – 10:33AM
Yama 5:49AM – 7:24AM
Rahu 1:42PM – 3:17PM

Svati Until 6:25AM
Vajra* Until 7:55AM
Vanija Until 2:47AM Fri
Dvitiya Until 1:42PM

Ganesha: Blue *Sunrise:* 5:49AM
Muruga: Yellow *Sunset:* 6:26PM
Nataraja: Clear
Moon – Green
Chaitra-Chaitra

Sun 1 Sutra 361
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga

Devaloka Day

Until 6:25AM
Then Creative Work - Siddha Yoga

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam

Muscat, Oman

Vrischika Rasi: 1.43 Tihi 18 – 19

Gulika 7:23AM – 8:58AM
Yama 3:17PM – 4:52PM
Rahu 10:33AM – 12:07PM

Vishakha Until 9:14AM
Siddhi Until 8:34AM
Bava Until 5:04AM Sat
Tritiya Until 3:53PM

Ganesha: Blue *Sunrise:* 5:48AM
Muruga: Yellow *Sunset:* 6:27PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Sun 2 Sutra 362
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam

Muscat, Oman

Vrischika Rasi: 13.38 Tihi 19

Gulika 5:47AM – 7:22AM
Yama 1:42PM – 3:17PM
Rahu 8:57AM – 10:32AM

Anuradha Until 12:06PM
Vyatipata* Until 9:23AM
Balava Until 6:15PM
Chaturthi* Until 6:15PM

Ganesha: Blue *Sunrise:* 5:47AM
Muruga: Yellow *Sunset:* 6:27PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Sun 3 Sutra 363
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam

Muscat, Oman

Vrischika Rasi: 25.31 Tihi 20

Gulika 3:17PM – 4:52PM
Yama 12:07PM – 1:42PM
Rahu 4:52PM – 6:27PM

Jyeshtha* Until 2:52PM
Variyan Until 10:15AM
Kaulava Until 7:30AM
Panchami Until 8:41PM

Ganesha: Blue *Sunrise:* 5:47AM
Muruga: Yellow *Sunset:* 6:27PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Sun 4 Sutra 364
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga

Devaloka Day

Until 2:52PM
Then Creative Work - Amrita Yoga

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam

Muscat, Oman

Dhanus Rasi: 7.24 Tihi 21

Gulika 1:42PM – 3:17PM
Yama 10:31AM – 12:07PM
Rahu 7:21AM – 8:56AM

Mula* Until 5:56PM
Parigha* Until 11:08AM
Gara Until 9:54AM
Shashthi* Until 11:02PM

Ganesha: Red *Sunrise:* 5:46AM
Muruga: Yellow *Sunset:* 6:28PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Sun 5 Sutra 1
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 5:56PM
Then Routine Work - Marana Yoga

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam

Muscat, Oman

Dhanus Rasi: 19.2 Tihi 22

Gulika 12:06PM – 1:42PM
Yama 8:56AM – 10:31AM
Rahu 3:17PM – 4:53PM

Purvashadha* Until 8:36PM
Shiva Until 11:53AM
Visti Until 12:07PM
Saptami Until 1:05AM Wed

Ganesha: Red *Sunrise:* 5:45AM
Muruga: Yellow *Sunset:* 6:28PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Sun 6 Sutra 2
Hemalamba 5119
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 8:36PM
Then Routine Work - Prabalarishta Yoga

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam

Muscat, Oman

Makara Rasi: 1.25 Tihi 23

Gulika 10:31AM – 12:06PM
Yama 7:19AM – 8:55AM
Rahu 12:06PM – 1:42PM

Uttarashadha Until 10:38PM
Siddha Until 12:17PM
Balava Until 1:57PM
Ashtami* Until 2:37AM Thu

Ganesha: Yellow *Sunrise:* 5:44AM
Muruga: Yellow *Sunset:* 6:29PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Sun 7 Sutra 3
Hemalamba 5119
Moon 4 - Phase 50
Ashtami

Creative Work Amrita Yoga

Sivaloka Day

Until 10:38PM

Then Creative Work - Siddha Yoga

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam

Muscat, Oman

Makara Rasi: 13.43 Tihi 24

Gulika 8:55AM – 10:30AM
Yama 5:43AM – 7:19AM
Rahu 1:42PM – 3:17PM

Shravana Until 12:21AM Fri
Sadhya Until 12:15PM
Taitila Until 3:09PM
Navami* Until 3:27AM Fri

Ganesha: White *Sunrise:* 5:43AM
Muruga: Yellow *Sunset:* 6:29PM
Nataraja: Clear
Moon – Purple
Chaitra-Chaitra

Sun 8 Sutra 4
Hemalamba 5119
Moon 4 - Phase 50
Navami

Creative Work Siddha Yoga

Devaloka Day

Chidambaram Abhishekam

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

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1 Friday, April 21, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Muscat, Oman			
		Dhanishtha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau Sun 9 Sutra 5			
Makara Rasi: 26.19	Tithi 25	Gulika 7:18AM – 8:54AM	Dhanishtha Until 1:07AM Sat	Ganesh: White <i>Sunrise: 5:42AM</i>	Hemalamba 5119
		Yama 3:18PM – 4:53PM	Subha Until 11:39AM	Muruga: Yellow <i>Sunset: 6:29PM</i>	Moon 4 - Phase 1
		292271368 Rahu 10:30AM – 12:06PM	Vanija Until 3:35PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 3:28AM Sat	Moon – Purple	Devaloka Day
Until 1:07AM Sat				Chaitra•Chaitra	
Then Creative Work - Amrita Yoga					

2 Saturday, April 22, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Muscat, Oman			
		Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 6			
Kumbha Rasi: 9.2	Tithi 26	Gulika 5:41AM – 7:17AM	Shatabhishak Until 12:53AM Sun	Ganesh: White <i>Sunrise: 5:41AM</i>	Hemalamba 5119
		Yama 1:42PM – 3:18PM	Sukla Until 10:22AM	Muruga: Yellow <i>Sunset: 6:30PM</i>	Moon 4 - Phase 1
		292271368 Rahu 8:53AM – 10:30AM	Bava Until 3:09PM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 2:36AM Sun	Moon – Purple	Devaloka Day
Until 12:53AM Sun				Chaitra•Chaitra	
Then Creative Work - Siddha Yoga					

3 Sunday, April 23, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Muscat, Oman			
		Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 11 Sutra 7			
Kumbha Rasi: 22.49	Tithi 27	Gulika 3:18PM – 4:54PM	Purvaproshtapada* Until 12:08AM Mo	Ganesh: Light Blue <i>Sunrise: 5:41AM</i>	Hemalamba 5119
		Yama 12:05PM – 1:42PM	Brahma Until 8:24AM	Muruga: Yellow <i>Sunset: 6:30PM</i>	Moon 4 - Phase 1
		212271368 Rahu 4:54PM – 6:30PM	Kaulava Until 1:53PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 12:56AM Mon	Moon – Clear	Devaloka Day
				Chaitra•Chaitra	

4 Monday, April 24, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Muscat, Oman			
		Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 8			
Meena Rasi: 6.47	Tithi 28	Gulika 1:42PM – 3:18PM	Uttaraproshtapada Until 10:32PM	Ganesh: Light Blue <i>Sunrise: 5:40AM</i>	Hemalamba 5119
Family Home Evening		Yama 10:29AM – 12:05PM	Vaidhriti* Until 2:39AM Tue	Muruga: Yellow <i>Sunset: 6:31PM</i>	Moon 4 - Phase 1
		212271369 Rahu 7:16AM – 8:52AM	Gara Until 11:50AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:33PM	Moon – Clear	Bhuloka Day
				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM
			<i>Pradosha Vrata (Fasting)</i>		

5 Tuesday, April 25, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Muscat, Oman			
		Revati Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 9			
Meena Rasi: 21.11	Tithi 29	Gulika 12:05PM – 1:41PM	Revati Until 8:13PM	Ganesh: Light Blue <i>Sunrise: 5:39AM</i>	Hemalamba 5119
		Yama 8:52AM – 10:28AM	Vishkambha* Until 11:03PM	Muruga: Yellow <i>Sunset: 6:31PM</i>	Moon 4 - Phase 1
		212271369 Rahu 3:18PM – 4:55PM	Visti Until 9:09AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:36PM	Moon – Clear	Bhuloka Day
				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM

Wednesday, April 26, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Muscat, Oman			
Retreat Star		Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 10			
Mesha Rasi: 5.58	Tithi 30 – 1	Gulika 10:28AM – 12:05PM	Ashvini Until 5:47PM	Ganesh: Purple <i>Sunrise: 5:38AM</i>	Hemalamba 5119
		Yama 7:15AM – 8:51AM	Priti Until 7:09PM	Muruga: Yellow <i>Sunset: 6:31PM</i>	Moon 4 - Phase 1
		222271369 Rahu 12:05PM – 1:41PM	Kintughna Until 2:30AM Thu	Nataraja: Purple	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:15PM	Moon – White	Bhuloka Day
Until 5:47PM				Chaitra•Chaitra	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga					

Thursday, April 27, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Muscat, Oman			
Retreat Star		Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 15 Sutra 11			
Mesha Rasi: 20.59	Tithi 1 – 2	Gulika 8:51AM – 10:28AM	Bharani Until 3:00PM	Ganesh: Purple <i>Sunrise: 5:37AM</i>	Hemalamba 5119
		Yama 5:37AM – 7:14AM	Ayushman Until 3:04PM	Muruga: Yellow <i>Sunset: 6:32PM</i>	Moon 4 - Phase 1
		222271369 Rahu 1:41PM – 3:18PM	Balava Until 10:52PM	Nataraja: Purple	Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:40PM	Moon – White	Bhuloka Day
Until 3:00PM				Vaisaka•Chaitra	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

1 Friday, April 28, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau				Muscat, Oman Sun 16 Sutra 12 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Wrishabha Rasi: 6.06	Tithi 2 - 3	Gulika 7:14AM - 8:51AM	Krittika Until 12:03PM	Ganesh: Purple	<i>Sunrise:</i> 5:37AM	
		Yama 3:18PM - 4:55PM	Saubhagya Until 10:58AM	Muruga: Yellow	<i>Sunset:</i> 6:32PM	
		222271369 Rahu 10:27AM - 12:04PM	Tailila Until 7:16PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Dvitiya Until 9:02AM	Moon - White		Bhuloka Day
Until 12:03PM				Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

2 Saturday, April 29, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturtham Titau				Muscat, Oman Sun 17 Sutra 13 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Wrishabha Rasi: 21.09	Tithi 4	Gulika 5:36AM - 7:13AM	Rohini Until 9:29AM	Ganesh: Light Blue	<i>Sunrise:</i> 5:36AM	
		Yama 1:41PM - 3:19PM	Sobhana Until 6:58AM	Muruga: Yellow	<i>Sunset:</i> 6:33PM	
		232271369 Rahu 8:50AM - 10:27AM	Vanija Until 3:51PM	Nataraja: Purple		
Creative Work	Amrita Yoga		Chaturthi* Until 2:15AM Sun	Moon - Yellow		Bhuloka Day
Until 9:29AM				Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

3 Sunday, April 30, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman Sun 18 Sutra 14 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Mithuna Rasi: 5.59	Tithi 5	Gulika 3:19PM - 4:56PM	Mrigashira Until 7:06AM	Ganesh: Light Blue	<i>Sunrise:</i> 5:35AM	
		Yama 12:04PM - 1:41PM	Sukarma Until 11:46PM	Muruga: Yellow	<i>Sunset:</i> 6:33PM	
		232271369 Rahu 4:56PM - 6:33PM	Bava Until 12:47PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Panchami Until 11:24PM	Moon - Yellow		Bhuloka Day
Until 9:29AM				Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi				

4 Monday, May 1, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Kaulava/Tailila Karana Shashthyam Titau				Muscat, Oman Sun 19 Sutra 15 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Mithuna Rasi: 20.29	Tithi 6	Gulika 1:41PM - 3:19PM	Punarvasu Until 3:46AM Tue	Ganesh: Orange	<i>Sunrise:</i> 5:34AM	
Family Home Evening		Yama 10:26AM - 12:04PM	Dhriti Until 8:48PM	Muruga: Yellow	<i>Sunset:</i> 6:34PM	
		242271369 Rahu 7:11AM - 8:49AM	Kaulava Until 10:11AM	Nataraja: Purple		
Creative Work	Amrita Yoga		Shashthi* Until 9:05PM	Moon - Blue		Devaloka Day
Until 3:46AM Tue				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

5 Tuesday, May 2, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman Sun 20 Sutra 16 Hemalamba 5119 Moon 4 - Phase 2 3rd Phase
Kataka Rasi: 4.37	Tithi 7	Gulika 12:04PM - 1:41PM	Pushya Until 3:01AM Wed	Ganesh: Orange	<i>Sunrise:</i> 5:33AM	
		Yama 8:48AM - 10:26AM	Shula* Until 6:19PM	Muruga: Yellow	<i>Sunset:</i> 6:35PM	
		243371369 Rahu 3:19PM - 4:57PM	Gara Until 8:10AM	Nataraja: Purple		
Creative Work	Siddha Yoga		Saptami Until 7:23PM	Moon - Blue		Devaloka Day
Until 3:46AM Tue				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

Wednesday, May 3, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhdi Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman Sun 21 Sutra 17 Hemalamba 5119 Moon 4 - Phase 2 Ashtami
Retreat Star		Gulika 10:26AM - 12:04PM	Ashlesha* Until 2:47AM Thu	Ganesh: Orange	<i>Sunrise:</i> 5:32AM	
Kataka Rasi: 18.2	Tithi 8	Yama 7:10AM - 8:48AM	Ganda* Until 4:23PM	Muruga: Yellow	<i>Sunset:</i> 6:35PM	
		243371369 Rahu 12:04PM - 1:41PM	Visti Until 6:48AM	Nataraja: Purple		
Creative Work	Siddha Yoga		Ashtami* Until 6:21PM	Moon - Blue		Devaloka Day
Until 2:47AM Thu				Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

Thursday, May 4, 2017		Hemalamba Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vridhdi/Dhruva Yoga Balava/Tailila Karana Navami/Dashamyam Titau				Muscat, Oman Sun 22 Sutra 18 Hemalamba 5119 Moon 4 - Phase 2 Navami
Retreat Star		Gulika 8:48AM - 10:26AM	Magha* Until 3:30AM Fri	Ganesh: Green	<i>Sunrise:</i> 5:32AM	
Simha Rasi: 1.4	Tithi 9 - 10	Yama 5:32AM - 7:10AM	Vridhdi Until 3:00PM	Muruga: Blue	<i>Sunset:</i> 6:35PM	
		253381369 Rahu 1:42PM - 3:19PM	Balava Until 6:06AM	Nataraja: Purple		
Creative Work	Amrita Yoga		Navami* Until 5:59PM	Moon - Red		Bhuloka Day
Until 3:30AM Fri				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Friday, May 5, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Muscat, Oman
Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dashamyam Titau		Sun 23 Sutra 19				
Simha Rasi: 14.4	Tithi 10	Gulika 7:09AM – 8:47AM	Purvaphalguni Until 4:37AM Sat	Ganesha: Green <i>Sunrise:</i> 5:31AM		Hemalamba 5119
		Yama 3:20PM – 4:58PM	Dhruva Until 2:05PM	Muruga: Blue <i>Sunset:</i> 6:36PM		Moon 4 - Phase 3
		253381369 Rahu 10:25AM – 12:03PM	Tailila Until 6:03AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:14PM	Moon – Red	Bhuloka Day	
Until 4:37AM Sat				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

2 Saturday, May 6, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Muscat, Oman
Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 20				
Simha Rasi: 27.23	Tithi 11	Gulika 5:30AM – 7:09AM	Uttaraphalguni Until 6:05AM Sun	Ganesha: Green <i>Sunrise:</i> 5:30AM		Hemalamba 5119
		Yama 1:42PM – 3:20PM	Vyaghata* Until 1:36PM	Muruga: Blue <i>Sunset:</i> 6:36PM		Moon 4 - Phase 3
		253381369 Rahu 8:47AM – 10:25AM	Vanija Until 6:35AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 7:01PM	Moon – Red	Bhuloka Day	
Until 6:05AM Sun				Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

3 Sunday, May 7, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Muscat, Oman
Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 21				
Kanya Rasi: 9.52	Tithi 12	Gulika 3:20PM – 4:58PM	Uttaraphalguni Until 6:05AM	Ganesha: Green <i>Sunrise:</i> 5:30AM		Hemalamba 5119
		Yama 12:03PM – 1:42PM	Harshana Until 1:30PM	Muruga: Blue <i>Sunset:</i> 6:37PM		Moon 4 - Phase 3
		253381369 Rahu 4:58PM – 6:37PM	Bava Until 7:36AM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 8:15PM	Moon – Red	Bhuloka Day	
				Vaisaka-Chaitra		

4 Monday, May 8, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Muscat, Oman
Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau		Sun 26 Sutra 22				
Kanya Rasi: 22.11	Tithi 13	Gulika 1:42PM – 3:20PM	Hasta Until 8:14AM	Ganesha: Red <i>Sunrise:</i> 5:29AM		Hemalamba 5119
Family Home Evening		Yama 10:25AM – 12:03PM	Vajra* Until 1:40PM	Muruga: Blue <i>Sunset:</i> 6:37PM		Moon 4 - Phase 3
		263381369 Rahu 7:08AM – 8:46AM	Kaulava Until 9:01AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 9:49PM	Moon – Green	Bhuloka Day	
Until 8:14AM				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

5 Tuesday, May 9, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Muscat, Oman
Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 23				
Tula Rasi: 4.22	Tithi 14	Gulika 12:03PM – 1:42PM	Chitra Until 10:32AM	Ganesha: Red <i>Sunrise:</i> 5:28AM		Hemalamba 5119
		Yama 8:46AM – 10:24AM	Siddhi Until 2:04PM	Muruga: Blue <i>Sunset:</i> 6:38PM		Moon 4 - Phase 3
		263381369 Rahu 3:20PM – 4:59PM	Gara Until 10:44AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:40PM	Moon – Green	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	

Wednesday, May 10, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Muscat, Oman
Copper Retreat Star		Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 24		
Tula Rasi: 16.27	Tithi 15	Gulika 10:24AM – 12:03PM	Svati Until 12:54PM	Ganesha: Red <i>Sunrise:</i> 5:28AM		Hemalamba 5119
		Yama 7:07AM – 8:46AM	Vyatipata* Until 2:40PM	Muruga: Blue <i>Sunset:</i> 6:38PM		Moon 4 - Phase 3
		263381369 Rahu 12:03PM – 1:42PM	Visti Until 12:42PM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:44AM Thu	Moon – Green	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 6:AM to 9:AM	
		Budha Purnima (Tamil Nadu)				

Thursday, May 11, 2017		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Muscat, Oman
Silver Retreat Star		Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 25		
Tula Rasi: 28.26	Tithi 16	Gulika 8:45AM – 10:24AM	Vishakha Until 3:48PM	Ganesha: Blue <i>Sunrise:</i> 5:27AM		Hemalamba 5119
		Yama 5:27AM – 7:06AM	Variyan Until 3:23PM	Muruga: Blue <i>Sunset:</i> 6:39PM		Moon 4 - Phase 3
		273381369 Rahu 1:42PM – 3:21PM	Balava Until 2:51PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:58AM Fri	Moon – Orange	Bhuloka Day	
				Vaisaka-Chaitra		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda