



Friday, May 12, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain  
Sutra 25

Vrischika Rasi: 10.52    Tiithi 17

**Gulika** 6:34AM – 8:15AM  
Yama 2:56PM – 4:36PM  
273381369 **Rahu** 9:55AM – 11:35AM

**Anuradha** Until 5:40PM  
Parigha\* Until 3:13PM  
Taitila Until 4:10PM  
Dvitiya Until 5:20AM Sat

**Ganesha:** Blue    *Sunrise:* 4:54AM  
**Muruga:** Blue    *Sunset:* 6:16PM  
**Nataraja:** Purple  
Moon – Orange  
Vaisaka-Chaitra

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work    Siddha Yoga  
Until 5:40PM

Then Routine Work - Marana Yoga

**Bhuloka Day**

1

Saturday, May 13, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Vanija Karana Tritiyayam Titau

Manama, Bahrain  
Sun 1    Sutra 26

Vrischika Rasi: 22.46    Tiithi 18

**Gulika** 4:54AM – 6:34AM  
Yama 1:15PM – 2:56PM  
273381369 **Rahu** 8:14AM – 9:55AM

**Jyeshtha\*** Until 8:26PM  
Shiva Until 4:09PM  
Vanija Until 6:33PM  
Tritiya Until 7:44AM Sun

**Ganesha:** Blue    *Sunrise:* 4:54AM  
**Muruga:** Blue    *Sunset:* 6:16PM  
**Nataraja:** Purple  
Moon – Orange  
Vaisaka-Chaitra

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

2

Sunday, May 14, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain  
Sun 2    Sutra 27

Dhanus Rasi: 4.38    Tiithi 18 – 19

**Gulika** 2:56PM – 4:37PM  
Yama 11:35AM – 1:16PM  
283381369 **Rahu** 4:37PM – 6:17PM

**Mula\*** Until 11:33PM  
Siddha Until 5:04PM  
Bava Until 8:57PM  
Tritiya Until 7:44AM

**Ganesha:** Yellow    *Sunrise:* 4:53AM  
**Muruga:** Blue    *Sunset:* 6:17PM  
**Nataraja:** Purple  
Moon – Light Blue  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work    Amrita Yoga  
Until 11:33PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

3

Monday, May 15, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain  
Sun 3    Sutra 28

Dhanus Rasi: 16.31    Tiithi 19 – 20

Family Home Evening

Routine Work    Marana Yoga

Until 2:22AM Tue

Then Routine Work - Prabalarishta Yoga

**Gulika** 1:16PM – 2:56PM  
Yama 9:54AM – 11:35AM  
283381369 **Rahu** 6:33AM – 8:14AM

**Purvashadha\*** Until 2:22AM Tue  
Sadhya Until 5:55PM  
Kaulava Until 11:14PM  
Chaturthi\* Until 10:05AM

**Ganesha:** Yellow    *Sunrise:* 4:53AM  
**Muruga:** Blue    *Sunset:* 6:18PM  
**Nataraja:** Purple  
Moon – Light Blue  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

4

Tuesday, May 16, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain  
Sun 4    Sutra 29

Dhanus Rasi: 28.28    Tiithi 20 – 21

**Gulika** 11:35AM – 1:16PM  
Yama 8:14AM – 9:54AM  
284381369 **Rahu** 2:57PM – 4:37PM

**Uttarashadha** Until 4:43AM Wed  
Subha Until 6:36PM  
Gara Until 1:13AM Wed  
Panchami Until 12:15PM

**Ganesha:** Red    *Sunrise:* 4:52AM  
**Muruga:** Blue    *Sunset:* 6:18PM  
**Nataraja:** Purple  
Moon – Light Blue  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Routine Work    Prabalarishta Yoga  
Until 4:43AM Wed

Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

5

Wednesday, May 17, 2017

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Manama, Bahrain  
Sun 5    Sutra 30

Makara Rasi: 10.33    Tiithi 21 – 22

**Gulika** 9:54AM – 11:35AM  
Yama 6:32AM – 8:13AM  
294381369 **Rahu** 11:35AM – 1:16PM

**Shravana** Until 6:56AM Thu  
Sukla Until 6:56PM  
Visti Until 2:45AM Thu  
Shashthi\* Until 2:02PM

**Ganesha:** Green    *Sunrise:* 4:52AM  
**Muruga:** Blue    *Sunset:* 6:19PM  
**Nataraja:** Purple  
Moon – Purple  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
1st Phase

Creative Work    Siddha Yoga

**Bhuloka Day**

D

Thursday, May 18, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain  
Sun 6    Sutra 31

Makara Rasi: 22.5    Tiithi 22 – 23

**Gulika** 8:13AM – 9:54AM  
Yama 4:51AM – 6:32AM  
294381369 **Rahu** 1:16PM – 2:57PM

**Shravana** Until 6:56AM  
Brahma Until 6:49PM  
Balava Until 3:37AM Fri  
Saptami Until 3:15PM

**Ganesha:** Green    *Sunrise:* 4:51AM  
**Muruga:** Blue    *Sunset:* 6:19PM  
**Nataraja:** Purple  
Moon – Purple  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
Ashtami

Creative Work    Siddha Yoga

**Bhuloka Day**

Friday, May 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain  
Sun 7    Sutra 32

Kumbha Rasi: 5.25    Tiithi 23 – 24

**Gulika** 6:32AM – 8:13AM  
Yama 2:57PM – 4:39PM  
294381369 **Rahu** 9:54AM – 11:35AM

**Dhanishtha** Until 8:19AM  
Indra Until 6:08PM  
Taitila Until 3:42AM Sat  
Ashtami\* Until 3:45PM

**Ganesha:** Green    *Sunrise:* 4:51AM  
**Muruga:** Blue    *Sunset:* 6:20PM  
**Nataraja:** Purple  
Moon – Purple  
Vaisaka-Vaikasi

Hemalamba 5119  
Moon 5 - Phase 4  
Navami

Creative Work    Siddha Yoga

**Bhuloka Day**

1

Saturday, May 20, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Manama, Bahrain

Kumbha Rasi: 18.23    Tihi 24 – 25

Gulika 4:50AM – 6:31AM

Shatabhishak Until 8:46AM

Ganesha: Green    Sunrise: 4:50AM

Sun 8    Sutra 33

Yama 1:16PM – 2:58PM

Vaidhriti\* Until 4:46PM

Muruga: Blue    Sunset: 6:20PM

Hemalamba 5119

294381369 Rahu 8:13AM – 9:54AM

Vanija Until 2:55AM Sun

Nataraja: Purple

Moon 5 - Phase 5

2nd Phase

Creative Work    Amrita Yoga

Navami\* Until 3:24PM

Moon – Purple  
Vaisaka-Vaikasi

Bhuloka Day

Until 8:46AM

Then Routine Work - Marana Yoga

2

Sunday, May 21, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Dashami/Ekadashyam Titau

Manama, Bahrain

Meena Rasi: 1.48    Tihi 25 – 26

Gulika 2:58PM – 4:39PM

Purvaproshtapada\* Until 8:40AM

Ganesha: Purple    Sunrise: 4:50AM

Sun 9    Sutra 34

Yama 11:35AM – 1:17PM

Vishkambha\* Until 2:43PM

Muruga: Blue    Sunset: 6:21PM

Hemalamba 5119

214381369 Rahu 4:39PM – 6:21PM

Bava Until 1:18AM Mon

Nataraja: Purple

Moon 5 - Phase 5

2nd Phase

Creative Work    Siddha Yoga

Dashami Until 2:12PM

Moon – Clear  
Vaisaka-Vaikasi

Bhuloka Day

Until 8:40AM

Then Creative Work - Amrita Yoga

3

Monday, May 22, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau

Manama, Bahrain

Meena Rasi: 15.43    Tihi 26 – 27

Gulika 1:17PM – 2:58PM

Uttaraproshtapada Until 7:36AM

Ganesha: Purple    Sunrise: 4:49AM

Sun 10    Sutra 35

Yama 9:54AM – 11:35AM

Priti Until 12:02PM

Muruga: Blue    Sunset: 6:21PM

Hemalamba 5119

Family Home Evening    214381369 Rahu 6:31AM – 8:12AM

Kaulava Until 10:56PM

Nataraja: Purple

Moon 5 - Phase 5

2nd Phase

Creative Work    Siddha Yoga

Ekadashi\* Until 12:11PM

Moon – Clear  
Vaisaka-Vaikasi

Bhuloka Day

4

Tuesday, May 23, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau

Manama, Bahrain

Mesha Rasi: 0.06    Tihi 27 – 28

Gulika 11:35AM – 1:17PM

Ashvini Until 3:27AM Wed

Ganesha: Light Blue    Sunrise: 4:49AM

Sun 11    Sutra 36

Yama 8:12AM – 9:54AM

Ayushman Until 8:45AM

Muruga: Blue    Sunset: 6:22PM

Hemalamba 5119

224381369 Rahu 2:59PM – 4:40PM

Gara Until 7:56PM

Nataraja: Purple

Moon 5 - Phase 5

2nd Phase

Creative Work    Siddha Yoga

Dvadashi\* Until 9:29AM

Moon – White  
Vaisaka-Vaikasi

Bhuloka Day

*Pradosha Vrata (Fasting)*

5

Wednesday, May 24, 2017

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Sobhana Yoga Vanija/Sakuni\* Karana Trayodashi/Chaturdashyam Titau

Manama, Bahrain

Mesha Rasi: 14.55    Tihi 28 – 29

Gulika 9:54AM – 11:35AM

Bharani Until 12:40AM Thu

Ganesha: Light Blue    Sunrise: 4:49AM

Sun 12    Sutra 37

Yama 6:30AM – 8:12AM

Sobhana Until 12:58AM Thu

Muruga: Blue    Sunset: 6:22PM

Hemalamba 5119

224381369 Rahu 11:35AM – 1:17PM

Sakuni Until 2:36AM Thu

Nataraja: Purple

Moon 5 - Phase 5

2nd Phase

Creative Work    Siddha Yoga

Trayodashi\* Until 6:14AM

Moon – White  
Vaisaka-Vaikasi

Bhuloka Day

Until 12:40AM Thu

Then Routine Work - Marana Yoga

●

Thursday, May 25, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Athiganda\* Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau

Manama, Bahrain

Vrishabha Rasi: 0.02    Tihi 30

Gulika 8:12AM – 9:54AM

Krittika Until 9:32PM

Ganesha: Purple    Sunrise: 4:48AM

Sun 13    Sutra 38

Yama 4:48AM – 6:30AM

Athiganda\* Until 8:43PM

Muruga: Blue    Sunset: 6:23PM

Hemalamba 5119

324381369 Rahu 1:17PM – 2:59PM

Catuspada Until 12:43PM

Nataraja: Purple

Moon 5 - Phase 5

Amavasya

Routine Work    Marana Yoga

Amavasya\* Until 10:46PM

Moon – White  
Vaisaka-Vaikasi

Bhuloka Day

Friday, May 26, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna\*/Bava Karana Prathamayam Titau

Manama, Bahrain

Vrishabha Rasi: 15.17    Tihi 1

Gulika 6:30AM – 8:12AM

Rohini Until 6:37PM

Ganesha: Light Blue    Sunrise: 4:48AM

Sun 14    Sutra 39

Yama 3:00PM – 4:41PM

Sukarma Until 4:25PM

Muruga: Blue    Sunset: 6:23PM

Hemalamba 5119

334381369 Rahu 9:54AM – 11:36AM

Kintughna Until 8:50AM

Nataraja: Purple

Moon 5 - Phase 5

Prathama

Routine Work    Marana Yoga

Prathama\* Until 6:53PM

Moon – Yellow  
Jyeshtha-Vaikasi

Bhuloka Day

Until 6:37PM

Then Creative Work - Siddha Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudev.org/panchang

<b>1</b>		<b>Saturday, May 27, 2017</b>				Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Manama, Bahrain Sun 15 Sutra 40 Hemalamba 5119	
Mithuna Rasi: 0.32	Tithi 2 – 3	<b>Gulika</b>	4:48AM – 6:30AM	<b>Mrigashira</b> Until 3:42PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:48AM			
		<b>Yama</b>	1:18PM – 3:00PM	Dhriti Until 12:14PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	334481369 <b>Rahu</b>	8:12AM – 9:54AM	Taitila Until 1:23AM Sun	<b>Nataraja:</b> Purple		3rd Phase		
				<b>Dvitiya</b> Until 3:08PM	Moon – Yellow		<b>Bhuloka Day</b>		
					<b>Jyeshtha-Vaikasi</b>				

<b>2</b>		<b>Sunday, May 28, 2017</b>				Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Manama, Bahrain Sun 16 Sutra 41 Hemalamba 5119	
Mithuna Rasi: 15.35	Tithi 3 – 4	<b>Gulika</b>	3:00PM – 4:42PM	<b>Ardra</b> Until 12:58PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:47AM			
		<b>Yama</b>	11:36AM – 1:18PM	Shula* Until 8:16AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	334481369 <b>Rahu</b>	4:42PM – 6:24PM	Vanija Until 10:09PM	<b>Nataraja:</b> Purple		3rd Phase		
				<b>Tritiya</b> Until 11:42AM	Moon – Yellow		<b>Bhuloka Day</b>		
					<b>Jyeshtha-Vaikasi</b>				

<b>3</b>		<b>Monday, May 29, 2017</b>				Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Manama, Bahrain Sun 17 Sutra 42 Hemalamba 5119	
Kataka Rasi: 0.19	Tithi 4 – 5	<b>Gulika</b>	1:18PM – 3:00PM	<b>Punarvasu</b> Until 10:59AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:47AM			
<b>Family Home Evening</b>		<b>Yama</b>	9:54AM – 11:36AM	Vriddhi Until 1:35AM Tue	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:25PM	Moon 5 - Phase 6		
Creative Work	Amrita Yoga	345481369 <b>Rahu</b>	6:29AM – 8:12AM	Bava Until 7:28PM	<b>Nataraja:</b> Purple		3rd Phase		
Until 10:59AM				<b>Chaturthi*</b> Until 8:43AM	Moon – Blue		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Vaikasi</b>				

<b>4</b>		<b>Tuesday, May 30, 2017</b>				Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Manama, Bahrain Sun 18 Sutra 43 Hemalamba 5119	
Kataka Rasi: 14.37	Tithi 5 – 6	<b>Gulika</b>	11:36AM – 1:18PM	<b>Pushya</b> Until 9:29AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:47AM			
		<b>Yama</b>	8:12AM – 9:54AM	Dhruva Until 11:02PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:25PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	345481369 <b>Rahu</b>	3:01PM – 4:43PM	Taitila Until 4:42AM Wed	<b>Nataraja:</b> Purple		3rd Phase		
				<b>Panchami</b> Until 6:21AM	Moon – Blue		<b>Bhuloka Day</b>		
					<b>Jyeshtha-Vaikasi</b>				

<b>5</b>		<b>Wednesday, May 31, 2017</b>				Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Manama, Bahrain Sun 19 Sutra 44 Hemalamba 5119	
Kataka Rasi: 28.28	Tithi 7	<b>Gulika</b>	9:54AM – 11:36AM	<b>Ashlesha*</b> Until 8:34AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:47AM			
		<b>Yama</b>	6:29AM – 8:11AM	Vyaghata* Until 9:07PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:26PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	345481369 <b>Rahu</b>	11:36AM – 1:19PM	Gara Until 4:11PM	<b>Nataraja:</b> Purple		3rd Phase		
				<b>Saptami</b> Until 3:50AM Thu	Moon – Blue		<b>Bhuloka Day</b>		
					<b>Jyeshtha-Vaikasi</b>				

<b>Retreat Star</b>		<b>Thursday, June 1, 2017</b>				Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Manama, Bahrain Sun 20 Sutra 45 Hemalamba 5119	
Simha Rasi: 11.5	Tithi 8	<b>Gulika</b>	8:11AM – 9:54AM	<b>Magha*</b> Until 8:43AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:46AM			
		<b>Yama</b>	4:46AM – 6:29AM	Harshana Until 7:51PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:26PM	Moon 5 - Phase 6		
Creative Work	Amrita Yoga	355481369 <b>Rahu</b>	1:19PM – 3:01PM	Visti Until 3:42PM	<b>Nataraja:</b> Purple		Ashtami		
Until 8:43AM				<b>Ashtami*</b> Until 3:44AM Fri	Moon – Red		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Time: 6:AM to 9:AM</b>			

<b>Retreat Star</b>		<b>Friday, June 2, 2017</b>				Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 21 Sutra 46 Hemalamba 5119	
Simha Rasi: 24.49	Tithi 9	<b>Gulika</b>	6:29AM – 8:11AM	<b>Purvaphalguni</b> Until 9:29AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:46AM			
		<b>Yama</b>	3:02PM – 4:44PM	Vajra* Until 7:09PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 6		
Creative Work	Siddha Yoga	355481369 <b>Rahu</b>	9:54AM – 11:37AM	Balava Until 3:59PM	<b>Nataraja:</b> Purple		Navami		
				<b>Navami*</b> Until 4:22AM Sat	Moon – Red		<b>Bhuloka Day</b>		
					<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Time: 6:AM to 9:AM</b>			

<b>1 Saturday, June 3, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
Kanya Rasi: 7.26		Uttaraphalguni/Hasta Nakshatra		Siddhi Yoga	Tailita/Gara Karana Dashamyam Titau	Sun 22 Sutra 47
Tithi 10		<b>Gulika</b> 4:46AM – 6:29AM	<b>Uttaraphalguni Until 10:46AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:46AM	Hemalamba 5119
355481369		Yama 1:19PM – 3:02PM	Siddhi Until 6:59PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:27PM	Moon 5 - Phase 7
Routine Work	Marana Yoga	<b>Rahu</b> 8:11AM – 9:54AM	Tailita Until 4:56PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami Until 5:35AM Sun</b>	Moon – Red	<b>Bhuloka Day</b>	
				Jyeshtha-Vaikasi	Devaloka Time: 6:AM to 9:AM	

<b>2 Sunday, June 4, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
Kanya Rasi: 19.48		Hasta/Chitra Nakshatra Vyatipata* Yoga Vanija Karana Ekadashyam Titau				Sun 23 Sutra 48
Tithi 11		<b>Gulika</b> 3:02PM – 4:45PM	<b>Hasta Until 12:55PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:46AM	Hemalamba 5119
365481369		Yama 11:37AM – 1:20PM	Vyatipata* Until 7:13PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 7
Creative Work	Amrita Yoga	<b>Rahu</b> 4:45PM – 6:28PM	Vanija Until 6:24PM	<b>Nataraja:</b> Purple		4th Phase
Until 12:55PM			<b>Ekadashi Until 7:16AM Mon</b>	Moon – Green	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi		

<b>3 Monday, June 5, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
Tula Rasi: 1.58		Chitra/Svati Nakshatra Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 49
Tithi 11 – 12		<b>Gulika</b> 1:20PM – 3:03PM	<b>Chitra Until 3:18PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:46AM	Hemalamba 5119
365481361		Yama 9:54AM – 11:37AM	Variyan Until 7:43PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 7
<b>Family Home Evening</b>		<b>Rahu</b> 6:29AM – 8:11AM	Bava Until 8:15PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi Until 7:16AM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 3:18PM				Jyeshtha-Vaikasi		
Then Creative Work - Amrita Yoga						

<b>4 Tuesday, June 6, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
Tula Rasi: 14.01		Svati/Vishakha Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 50
Tithi 12 – 13		<b>Gulika</b> 11:37AM – 1:20PM	<b>Svati Until 5:48PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:46AM	Hemalamba 5119
365481361		Yama 8:12AM – 9:54AM	Parigha* Until 8:26PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 7
Creative Work	Siddha Yoga	<b>Rahu</b> 3:03PM – 4:46PM	Kaulava Until 10:22PM	<b>Nataraja:</b> White		4th Phase
Until 5:48PM			<b>Dvadashi Until 9:16AM</b>	Moon – Green	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	Jyeshtha-Vaikasi		

<b>5 Wednesday, June 7, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
Tula Rasi: 25.59		Vishakha Nakshatra Shiva Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 26 Sutra 51
Tithi 13 – 14		<b>Gulika</b> 9:54AM – 11:37AM	<b>Vishakha Until 8:47PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:46AM	Hemalamba 5119
376481361		Yama 6:29AM – 8:12AM	Shiva Until 9:17PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 7
Creative Work	Siddha Yoga	<b>Rahu</b> 11:37AM – 1:20PM	Gara Until 12:38AM Thu	<b>Nataraja:</b> White		4th Phase
		<b>Vaikasi Visakam</b>	<b>Trayodashi Until 11:28AM</b>	Moon – Orange	<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi		

<b>Thursday, June 8, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
<b>Copper Retreat Star</b>		Anuradha Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 27 Sutra 52
Vrischika Rasi: 7.53		<b>Gulika</b> 8:12AM – 9:55AM	<b>Anuradha Until 11:42PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:46AM	Hemalamba 5119
Tithi 14 – 15		Yama 4:46AM – 6:29AM	Siddha Until 10:11PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 7
376481361		<b>Rahu</b> 1:21PM – 3:04PM	Visti Until 2:59AM Fri	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:47PM</b>	Moon – Orange	<b>Devaloka Day</b>	
Until 11:42PM				Jyeshtha-Vaikasi		
Then Routine Work - Prabalarishta Yoga						

<b>Friday, June 9, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
<b>Silver Retreat Star</b>		Jyeshtha* Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 28 Sutra 53
Vrischika Rasi: 19.46		<b>Gulika</b> 6:29AM – 8:12AM	<b>Jyeshtha* Until 2:28AM Sat</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:46AM	Hemalamba 5119
Tithi 15 – 16		Yama 3:04PM – 4:47PM	Sadhya Until 11:06PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 5 - Phase 7
376481361		<b>Rahu</b> 9:55AM – 11:38AM	Balava Until 5:20AM Sat	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Purnima* Until 4:08PM</b>	Moon – Orange	<b>Devaloka Day</b>	
Until 2:28AM Sat				Jyeshtha-Vaikasi		
Then Creative Work - Siddha Yoga						

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda



**Saturday, June 10, 2017**

**Gold Retreat Star**

Dhanus Rasi: 1.4      Tihti 16

386481361

Creative Work    Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Subha Yoga Kaulava Karana Prathamayam Titau

**Gulika**    4:46AM – 6:29AM  
Yama        1:21PM – 3:04PM  
**Rahu**       8:12AM – 9:55AM

**Mula\* Until 5:31AM Sun**  
Subha Until 12:01AM Sun  
Kaulava Until 6:29PM  
**Prathama\* Until 6:29PM**

**Ganesh:** Yellow    *Sunrise: 4:46AM*  
**Muruga:** Blue      *Sunset: 6:30PM*  
**Nataraja:** White  
Moon – Light Blue  
Jyeshtha-Vaikasi

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Manama, Bahrain  
Sutra 54  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**1**

**Sunday, June 11, 2017**

Dhanus Rasi: 13.34      Tihti 17

386481361

Creative Work    Siddha Yoga

Until 8:17AM Mon

Then Routine Work - Marana Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

**Gulika**    3:04PM – 4:47PM  
Yama        11:38AM – 1:21PM  
**Rahu**       4:47PM – 6:31PM

**Purvashadha\* Until 8:17AM Mon**  
Sukla Until 12:49AM Mon  
Tailila Until 7:38AM  
**Dvitiya Until 8:44PM**

**Ganesh:** Yellow    *Sunrise: 4:46AM*  
**Muruga:** Blue      *Sunset: 6:31PM*  
**Nataraja:** White  
Moon – Light Blue  
Jyeshtha-Vaikasi

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Manama, Bahrain  
Sun 1      Sutra 55  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**2**

**Monday, June 12, 2017**

Dhanus Rasi: 25.31      Tihti 18

386481361

Routine Work    Marana Yoga

Family Home Evening

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**    1:22PM – 3:05PM  
Yama        9:55AM – 11:38AM  
**Rahu**       6:29AM – 8:12AM

**Purvashadha\* Until 8:17AM**  
Brahma Until 1:30AM Tue  
Vanija Until 9:49AM  
**Tritiya Until 10:48PM**

**Ganesh:** Yellow    *Sunrise: 4:46AM*  
**Muruga:** Blue      *Sunset: 6:31PM*  
**Nataraja:** White  
Moon – Light Blue  
Jyeshtha-Vaikasi

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Manama, Bahrain  
Sun 2      Sutra 56  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**3**

**Tuesday, June 13, 2017**

Makara Rasi: 7.33      Tihti 19

386481361

Routine Work    Prabalarishta Yoga

Until 10:40AM

Then Creative Work - Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    11:39AM – 1:22PM  
Yama        8:12AM – 9:55AM  
**Rahu**       3:05PM – 4:48PM

**Uttarashadha Until 10:40AM**  
Indra Until 1:57AM Wed  
Bava Until 11:45AM  
**Chaturthi\* Until 12:34AM Wed**

**Ganesh:** Yellow    *Sunrise: 4:46AM*  
**Muruga:** Blue      *Sunset: 6:31PM*  
**Nataraja:** White  
Moon – Light Blue  
Jyeshtha-Vaikasi

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Manama, Bahrain  
Sun 3      Sutra 57  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**4**

**Wednesday, June 14, 2017**

Makara Rasi: 19.43      Tihti 20

396481361

Creative Work    Siddha Yoga

Until 1:03PM

Then Routine Work - Prabalarishta Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Yoga Kaulava/Tailila Karana Panchamyam Titau

**Gulika**    9:56AM – 11:39AM  
Yama        6:29AM – 8:12AM  
**Rahu**       11:39AM – 1:22PM

**Shravana Until 1:03PM**  
Vaidhriti\* Until 2:02AM Thu  
Kaulava Until 1:20PM  
**Panchami Until 1:55AM Thu**

**Ganesh:** Blue        *Sunrise: 4:46AM*  
**Muruga:** Blue      *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Purple  
Jyeshtha-Vaikasi

**Devaloka Day**

Manama, Bahrain  
Sun 4      Sutra 58  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**5**

**Thursday, June 15, 2017**

Kumbha Rasi: 2.05      Tihti 21

397481361

Creative Work    Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkamba\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    8:12AM – 9:56AM  
Yama        4:46AM – 6:29AM  
**Rahu**       1:22PM – 3:05PM

**Dhanishtha Until 2:46PM**  
Vishkamba\* Until 1:41AM Fri  
Gara Until 2:25PM  
**Shashthi\* Until 2:43AM Fri**

**Ganesh:** Yellow    *Sunrise: 4:46AM*  
**Muruga:** Blue      *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Purple  
Jyeshtha-Ani

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Manama, Bahrain  
Sun 5      Sutra 59  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**6**

**Friday, June 16, 2017**

Kumbha Rasi: 14.41      Tihti 22

397481361

Creative Work    Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    6:29AM – 8:13AM  
Yama        3:06PM – 4:49PM  
**Rahu**       9:56AM – 11:39AM

**Shatabhishak Until 3:44PM**  
Priti Until 12:50AM Sat  
Visti Until 2:52PM  
**Saptami Until 2:49AM Sat**

**Ganesh:** Yellow    *Sunrise: 4:46AM*  
**Muruga:** Blue      *Sunset: 6:32PM*  
**Nataraja:** White  
Moon – Purple  
Jyeshtha-Ani

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Manama, Bahrain  
Sun 6      Sutra 60  
Hemalamba 5119  
Moon 6 - Phase 8  
1st Phase

**D**

**Saturday, June 17, 2017**

**Retreat Star**

Kumbha Rasi: 27.38      Tihti 23

317481361

Routine Work    Marana Yoga

Until 4:18PM

Then Creative Work - Siddha Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    4:46AM – 6:30AM  
Yama        1:23PM – 3:06PM  
**Rahu**       8:13AM – 9:56AM

**Purvaproshtapada\* Until 4:18PM**  
Ayushman Until 11:22PM  
Balava Until 2:37PM  
**Ashtami\* Until 2:11AM Sun**

**Ganesh:** Clear        *Sunrise: 4:46AM*  
**Muruga:** Blue      *Sunset: 6:33PM*  
**Nataraja:** White  
Moon – Clear  
Jyeshtha-Ani

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Manama, Bahrain  
Sun 7      Sutra 61  
Hemalamba 5119  
Moon 6 - Phase 8  
Ashtami

**Sunday, June 18, 2017**

**Retreat Star**

Meena Rasi: 10.59      Tihti 24

317481361

Creative Work    Amrita Yoga

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Saubhagya Yoga Tailila/Gara Karana Navamyam Titau

**Gulika**    3:06PM – 4:50PM  
Yama        11:40AM – 1:23PM  
**Rahu**       4:50PM – 6:33PM

**Uttaraproshtapada Until 3:58PM**  
Saubhagya Until 9:17PM  
Tailila Until 1:35PM  
**Navami\* Until 12:47AM Mon**

**Ganesh:** Clear        *Sunrise: 4:46AM*  
**Muruga:** Blue      *Sunset: 6:33PM*  
**Nataraja:** White  
Moon – Clear  
Jyeshtha-Ani

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Manama, Bahrain  
Sun 8      Sutra 62  
Hemalamba 5119  
Moon 6 - Phase 8  
Navami


Father's Day

<b>1</b>		<b>Monday, June 19, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Vanija/Visli* Karana Dashamyam Titau			Manama, Bahrain Sun 9 Sutra 63	
Meena Rasi: 24.46	Tithi 25	<b>Gulika</b>	1:23PM – 3:06PM	<b>Revati Until 2:44PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:47AM	Hemalamba 5119	
<b>Family Home Evening</b>	317481361	Yama	9:56AM – 11:40AM	Sobhana Until 6:38PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 9	
Creative Work	Siddha Yoga	<b>Rahu</b>	6:30AM – 8:13AM	Vanija Until 11:49AM	<b>Nataraja:</b> White		2nd Phase	
				<b>Dashami Until 10:40PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
					<b>Jyeshtha•Ani</b>		Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Tuesday, June 20, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau			Manama, Bahrain Sun 10 Sutra 64	
Mesha Rasi: 9	Tithi 26	<b>Gulika</b>	11:40AM – 1:23PM	<b>Ashvini Until 1:09PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:47AM	Hemalamba 5119	
	327481361	Yama	8:13AM – 9:57AM	Athiganda* Until 3:26PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 9	
Creative Work	Siddha Yoga	<b>Rahu</b>	3:07PM – 4:50PM	Bava Until 9:23AM	<b>Nataraja:</b> White		2nd Phase	
				<b>Ekadashi* Until 7:55PM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Jyeshtha•Ani</b>			

<b>3</b>		<b>Wednesday, June 21, 2017</b>		Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau			Manama, Bahrain Sun 11 Sutra 65	
Mesha Rasi: 23.38	Tithi 27 – 28	<b>Gulika</b>	9:57AM – 11:40AM	<b>Bharani Until 10:52AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:47AM	Hemalamba 5119	
	328581361	Yama	6:30AM – 8:14AM	Sukarma Until 11:48AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 9	
Creative Work	Siddha Yoga	<b>Rahu</b>	11:40AM – 1:24PM	Kaulava Until 6:22AM	<b>Nataraja:</b> White		2nd Phase	
Until 10:52AM				<b>Dvadashi* Until 4:41PM</b>	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>	<b>Jyeshtha•Ani</b>			

<b>4</b>		<b>Thursday, June 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau			Manama, Bahrain Sun 12 Sutra 66	
Vrisabha Rasi: 8.37	Tithi 28 – 29	<b>Gulika</b>	8:14AM – 9:57AM	<b>Krittika Until 8:04AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:47AM	Hemalamba 5119	
	328581361	Yama	4:47AM – 6:30AM	Dhriti Until 7:51AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 9	
Routine Work	Marana Yoga	<b>Rahu</b>	1:24PM – 3:07PM	Visti Until 11:15PM	<b>Nataraja:</b> White		2nd Phase	
				<b>Trayodashi* Until 1:07PM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Jyeshtha•Ani</b>			

		<b>Friday, June 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Manama, Bahrain Sun 13 Sutra 67	
<b>Retreat Star</b>		<b>Gulika</b>	6:31AM – 8:14AM	<b>Mrigashira Until 2:20AM Sat</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:47AM	Hemalamba 5119	
Vrisabha Rasi: 23.46	Tithi 29 – 30	Yama	3:07PM – 4:51PM	Ganda* Until 11:30PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 9	
	338581361	<b>Rahu</b>	9:57AM – 11:41AM	Catuspada Until 7:28PM	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 9:21AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Jyeshtha•Ani</b>			

<b>Saturday, June 24, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau			Manama, Bahrain Sun 14 Sutra 68	
Mithuna Rasi: 8.58	Tithi 1	<b>Gulika</b>	4:48AM – 6:31AM	<b>Ardra Until 11:22PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:48AM	Hemalamba 5119	
	338581361	Yama	1:24PM – 3:08PM	Vriddhi Until 7:23PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 9	
Creative Work	Siddha Yoga	<b>Rahu</b>	8:14AM – 9:58AM	Kintughna Until 3:44PM	<b>Nataraja:</b> White		Prathama	
				<b>Prathama* Until 1:56AM Sun</b>	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Ashada•Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>		Sunday, June 25, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam			Manama, Bahrain	
Mithuna Rasi: 24.03		Tithi 2		Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15		Sutra 69		
Creative Work		Siddha Yoga		<b>Gulika</b>	3:08PM – 4:51PM	<b>Punarvasu Until 8:58PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Hemalamba 5119	
				<b>Yama</b>	11:41AM – 1:24PM	Dhruva Until 3:29PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 10	
				348582361 <b>Rahu</b>	4:51PM – 6:34PM	Balava Until 12:14PM	<b>Nataraja:</b> White		3rd Phase	
						<b>Dvitiya Until 10:37PM</b>	Moon – Blue	<b>Bhuloka Day</b>		
							<b>Ashada*Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>		

<b>2</b>		Monday, June 26, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam			Manama, Bahrain	
Kataka Rasi: 8.51		Tithi 3		Pushya Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Tritiyayam Titau		Sun 16		Sutra 70		
Family Home Evening		Creative Work		<b>Gulika</b>	1:25PM – 3:08PM	<b>Pushya Until 6:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Hemalamba 5119	
Siddha Yoga				<b>Yama</b>	9:58AM – 11:41AM	Vyaghata* Until 11:57AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 10	
				348582361 <b>Rahu</b>	6:31AM – 8:15AM	Tailila Until 9:08AM	<b>Nataraja:</b> White		3rd Phase	
						<b>Tritiya Until 7:46PM</b>	Moon – Blue	<b>Bhuloka Day</b>		
							<b>Ashada*Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>		

<b>3</b>		Tuesday, June 27, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam			Manama, Bahrain	
Kataka Rasi: 23.16		Tithi 4 – 5		Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 71		
Creative Work		Siddha Yoga		<b>Gulika</b>	11:42AM – 1:25PM	<b>Ashlesha* Until 5:20PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:48AM	Hemalamba 5119	
				<b>Yama</b>	8:15AM – 9:58AM	Harshana Until 8:54AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 10	
				348582361 <b>Rahu</b>	3:08PM – 4:51PM	Vanija Until 6:36AM	<b>Nataraja:</b> White		3rd Phase	
						<b>Chaturthi* Until 5:33PM</b>	Moon – Blue	<b>Bhuloka Day</b>		
							<b>Ashada*Ani</b>	<b>Devaloka Time: 12:PM to 3:PM</b>		

<b>4</b>		Wednesday, June 28, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam			Manama, Bahrain	
Simha Rasi: 7.13		Tithi 5 – 6		Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Sun 18		Sutra 72		
Creative Work		Siddha Yoga		<b>Gulika</b>	9:58AM – 11:42AM	<b>Magha* Until 4:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:49AM	Hemalamba 5119	
Until 4:46PM				<b>Yama</b>	6:32AM – 8:15AM	Vajra* Until 6:24AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 10	
Then Creative Work - Amrita Yoga				359582361 <b>Rahu</b>	11:42AM – 1:25PM	Kaulava Until 3:39AM Thu	<b>Nataraja:</b> White		3rd Phase	
						<b>Panchami Until 4:05PM</b>	Moon – Red	<b>Sivaloka Day</b>		
							<b>Ashada*Ani</b>			

<b>5</b>		Thursday, June 29, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam			Manama, Bahrain	
Simha Rasi: 20.41		Tithi 6 – 7		Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 73		
Creative Work		Siddha Yoga		<b>Gulika</b>	8:15AM – 9:59AM	<b>Purvaphalguni Until 4:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:49AM	Hemalamba 5119	
				<b>Yama</b>	4:49AM – 6:32AM	Vyatipata* Until 3:22AM Fri	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 10	
				359582361 <b>Rahu</b>	1:25PM – 3:08PM	Gara Until 3:24AM Fri	<b>Nataraja:</b> White		3rd Phase	
						<b>Shashthi* Until 3:24PM</b>	Moon – Red	<b>Sivaloka Day</b>		
							<b>Ashada*Ani</b>			

<b>6</b>		Friday, June 30, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam			Manama, Bahrain	
Kanya Rasi: 3.44		Tithi 7 – 8		Uttaraphalguni/Hasta Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 74		
Creative Work		Siddha Yoga		<b>Gulika</b>	6:33AM – 8:16AM	<b>Uttaraphalguni Until 5:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:49AM	Hemalamba 5119	
Until 5:36PM				<b>Yama</b>	3:08PM – 4:52PM	Variyan Until 2:46AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 10	
Then Creative Work - Amrita Yoga				359582361 <b>Rahu</b>	9:59AM – 11:42AM	Visti Until 3:55AM Sat	<b>Nataraja:</b> White		3rd Phase	
				<b>Chidambaram Abhishekam</b>		<b>Saptami Until 3:32PM</b>	Moon – Red	<b>Sivaloka Day</b>		
							<b>Ashada*Ani</b>			

<b>Retreat Star</b>		Saturday, July 1, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam			Manama, Bahrain	
Kanya Rasi: 16.24		Tithi 8 – 9		Hasta Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Sun 21		Sutra 75		
Routine Work		Marana Yoga		<b>Gulika</b>	4:50AM – 6:33AM	<b>Hasta Until 7:22PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Hemalamba 5119	
				<b>Yama</b>	1:25PM – 3:09PM	Parigha* Until 2:44AM Sun	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 10	
				369582361 <b>Rahu</b>	8:16AM – 9:59AM	Balava Until 5:07AM Sun	<b>Nataraja:</b> White		Ashtami	
						<b>Ashtami* Until 4:25PM</b>	Moon – Green	<b>Devaloka Day</b>		
							<b>Ashada*Ani</b>			

<b>Retreat Star</b>		Sunday, July 2, 2017				Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam			Manama, Bahrain	
Kanya Rasi: 28.46		Tithi 9 – 10		Chitra Nakshatra Shiva Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Sun 22		Sutra 76		
Creative Work		Siddha Yoga		<b>Gulika</b>	3:09PM – 4:52PM	<b>Chitra Until 9:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Hemalamba 5119	
				<b>Yama</b>	11:42AM – 1:26PM	Shiva Until 3:08AM Mon	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 10	
				369582361 <b>Rahu</b>	4:52PM – 6:35PM	Tailila Until 6:50AM Mon	<b>Nataraja:</b> White		Navami	
						<b>Navami* Until 5:54PM</b>	Moon – Green	<b>Devaloka Day</b>		
							<b>Ashada*Ani</b>			

<b>Monday, July 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
1		Svati Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 77
Tula Rasi: 10.55	Tithi 10	<b>Gulika</b>	1:26PM – 3:09PM	<b>Svati Until 11:57PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:50AM
<b>Family Home Evening</b>	379582361	Yama	10:00AM – 11:43AM	Siddha Until 3:48AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM
Creative Work Amrita Yoga		<b>Rahu</b>	6:34AM – 8:17AM	Taitila Until 6:50AM	<b>Nataraja:</b> White	Moon 6 - Phase 11
Until 11:57PM				<b>Dashami Until 7:50PM</b>	Moon – Green	4th Phase
Then Routine Work - Marana Yoga					<b>Ashada•Ani</b>	<b>Devaloka Day</b>

<b>Tuesday, July 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
2		Vishakha Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 78
Tula Rasi: 22.55	Tithi 11	<b>Gulika</b>	11:43AM – 1:26PM	<b>Vishakha Until 2:57AM Wed</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:51AM
	379582361	Yama	8:17AM – 10:00AM	Sadhya Until 4:39AM Wed	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM
Routine Work Marana Yoga		<b>Rahu</b>	3:09PM – 4:52PM	Vanija Until 8:56AM	<b>Nataraja:</b> White	Moon 6 - Phase 11
Until 2:57AM Wed				<b>Ekadashi Until 10:02PM</b>	Moon – Orange	4th Phase
Then Creative Work - Siddha Yoga					<b>Ashada•Ani</b>	<b>Sivaloka Day</b>

<b>Wednesday, July 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
3		Anuradha Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 79
Vrischika Rasi: 4.5	Tithi 12	<b>Gulika</b>	10:00AM – 11:43AM	<b>Anuradha Until 5:53AM Thu</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:51AM
	371582361	Yama	6:34AM – 8:17AM	Subha Until 5:36AM Thu	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM
Creative Work Siddha Yoga		<b>Rahu</b>	11:43AM – 1:26PM	Bava Until 11:13AM	<b>Nataraja:</b> White	Moon 6 - Phase 11
Until 5:53AM Thu				<b>Dvadashi Until 12:22AM Thu</b>	Moon – Orange	4th Phase
Then Routine Work - Prabalarishta Yoga					<b>Ashada•Ani</b>	<b>Sivaloka Day</b>

<b>Thursday, July 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
4		Jyeshtha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 80
Vrischika Rasi: 16.43	Tithi 13	<b>Gulika</b>	8:17AM – 10:00AM	<b>Jyeshtha* Until 8:38AM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:52AM
	471582361	Yama	4:52AM – 6:35AM	Sukla Until 6:30AM Fri	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM
Routine Work Prabalarishta Yoga		<b>Rahu</b>	1:26PM – 3:09PM	Kaulava Until 1:35PM	<b>Nataraja:</b> White	Moon 6 - Phase 11
Until 8:38AM Fri				<b>Trayodashi Until 2:44AM Fri</b>	Moon – Orange	4th Phase
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>	<b>Ashada•Ani</b>	<b>Devaloka Day</b>

<b>Friday, July 7, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
5		Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 81
Vrischika Rasi: 28.36	Tithi 14	<b>Gulika</b>	6:35AM – 8:18AM	<b>Jyeshtha* Until 8:38AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:52AM
	471582361	Yama	3:09PM – 4:52PM	Sukla Until 6:30AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM
Routine Work Marana Yoga		<b>Rahu</b>	10:01AM – 11:43AM	Gara Until 3:54PM	<b>Nataraja:</b> White	Moon 6 - Phase 11
Until 8:38AM				<b>Chaturdashi* Until 5:00AM Sat</b>	Moon – Orange	4th Phase
Then Creative Work - Amrita Yoga					<b>Ashada•Ani</b>	<b>Devaloka Day</b>

<b>Saturday, July 8, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
O <b>Copper Retreat Star</b>		Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti* Karana Purnimayam Titau				Sutra 82
Dhanus Rasi: 10.31	Tithi 15	<b>Gulika</b>	4:52AM – 6:35AM	<b>Mula* Until 11:37AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:52AM
	481582361	Yama	1:26PM – 3:09PM	Brahma Until 7:21AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:35PM
Creative Work Siddha Yoga		<b>Rahu</b>	8:18AM – 10:01AM	Visti Until 6:06PM	<b>Nataraja:</b> White	Moon 6 - Phase 11
				<b>Purnima* Until 7:06AM Sun</b>	Moon – Light Blue	Purnima
		<b>Satguru Purnima</b>			<b>Ashada•Ani</b>	<b>Sivaloka Day</b>

<b>Sunday, July 9, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
O <b>Silver Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 83
Dhanus Rasi: 22.31	Tithi 15 – 16	<b>Gulika</b>	3:09PM – 4:52PM	<b>Purvashadha* Until 2:15PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:53AM
	481582361	Yama	11:44AM – 1:26PM	Indra Until 8:05AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:34PM
Creative Work Siddha Yoga		<b>Rahu</b>	4:52PM – 6:34PM	Balava Until 8:05PM	<b>Nataraja:</b> White	Moon 6 - Phase 11
Until 2:15PM				<b>Purnima* Until 7:06AM</b>	Moon – Light Blue	Prathama
Then Creative Work - Amrita Yoga					<b>Ashada•Ani</b>	<b>Sivaloka Day</b>

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





**Monday, July 10, 2017**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain  
Sutra 84

Makara Rasi: 4.35 Tihi 16 – 17

**Gulika** 1:26PM – 3:09PM  
Yama 10:01AM – 11:44AM  
**Rahu** 6:36AM – 8:19AM

**Uttarashadha** Until 4:28PM  
Vaidhriti\* Until 8:36AM  
Taitila Until 9:47PM  
**Prathama\*** Until 8:57AM

**Ganesha:** Purple *Sunrise:* 4:53AM  
**Muruga:** Yellow *Sunset:* 6:34PM  
**Nataraja:** White  
Moon – Light Blue  
**Ashada\*Ani**

Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

**Family Home Evening** 481582361  
Routine Work Marana Yoga  
Until 4:28PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**1**

**Tuesday, July 11, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain  
Sun 1 Sutra 85

Makara Rasi: 16.49 Tihi 17 – 18

**Gulika** 11:44AM – 1:26PM  
Yama 8:19AM – 10:01AM  
**Rahu** 3:09PM – 4:52PM

**Shravana** Until 6:41PM  
Vishkambha\* Until 8:52AM  
Vanija Until 11:07PM  
**Dvitiya** Until 10:29AM

**Ganesha:** Clear *Sunrise:* 4:54AM  
**Muruga:** Yellow *Sunset:* 6:34PM  
**Nataraja:** White  
Moon – Purple  
**Ashada\*Ani**

Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**2**

**Wednesday, July 12, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Manama, Bahrain  
Sun 2 Sutra 86

Makara Rasi: 29.11 Tihi 18 – 19

**Gulika** 10:02AM – 11:44AM  
Yama 6:37AM – 8:19AM  
**Rahu** 11:44AM – 1:27PM

**Dhanishtha** Until 8:20PM  
Priti Until 8:52AM  
Bava Until 12:02AM Thu  
**Tritiya** Until 11:37AM

**Ganesha:** Clear *Sunrise:* 4:54AM  
**Muruga:** Yellow *Sunset:* 6:34PM  
**Nataraja:** White  
Moon – Purple  
**Ashada\*Ani**

Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

Routine Work Prabalarishta Yoga  
Until 8:20PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Thursday, July 13, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain  
Sun 3 Sutra 87

Kumbha Rasi: 11.44 Tihi 19 – 20

**Gulika** 8:19AM – 10:02AM  
Yama 4:55AM – 6:37AM  
**Rahu** 1:27PM – 3:09PM

**Shatabhishak** Until 9:22PM  
Ayushman Until 8:29AM  
Kaulava Until 12:29AM Fri  
**Chaturthi\*** Until 12:18PM

**Ganesha:** Clear *Sunrise:* 4:55AM  
**Muruga:** Yellow *Sunset:* 6:34PM  
**Nataraja:** White  
Moon – Purple  
**Ashada\*Ani**

Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Friday, July 14, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain  
Sun 4 Sutra 88

Kumbha Rasi: 24.32 Tihi 20 – 21

**Gulika** 6:37AM – 8:20AM  
Yama 3:09PM – 4:51PM  
**Rahu** 10:02AM – 11:44AM

**Purvaprossthapada\*** Until 10:11PM  
Saubhagya Until 7:43AM  
Gara Until 12:23AM Sat  
**Panchami** Until 12:29PM

**Ganesha:** Clear *Sunrise:* 4:55AM  
**Muruga:** Yellow *Sunset:* 6:33PM  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Ani**

Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**5**

**Saturday, July 15, 2017**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraprossthapada Nakshatra Sobhana/Alhiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Manama, Bahrain  
Sun 5 Sutra 89

Meena Rasi: 7.37 Tihi 21 – 22

**Gulika** 4:56AM – 6:38AM  
Yama 1:27PM – 3:09PM  
**Rahu** 8:20AM – 10:02AM

**Uttaraprossthapada** Until 10:18PM  
Sobhana Until 6:31AM  
Visti Until 11:43PM  
**Shashthi\*** Until 12:06PM

**Ganesha:** Clear *Sunrise:* 4:56AM  
**Muruga:** Yellow *Sunset:* 6:33PM  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Ani**

Hemalamba 5119  
Moon 7 - Phase 12  
1st Phase

Creative Work Siddha Yoga  
Until 10:18PM

**Devaloka Day**

Then Routine Work - Prabalarishta Yoga

**D**

**Sunday, July 16, 2017**  
**Retreat Star**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain  
Sun 6 Sutra 90

Meena Rasi: 20.59 Tihi 22 – 23

**Gulika** 3:09PM – 4:51PM  
Yama 11:44AM – 1:27PM  
**Rahu** 4:51PM – 6:33PM

**Revati** Until 9:40PM  
Sukarma Until 2:42AM Mon  
Balava Until 10:27PM  
**Saptami** Until 11:08AM

**Ganesha:** Clear *Sunrise:* 4:56AM  
**Muruga:** Yellow *Sunset:* 6:33PM  
**Nataraja:** White  
Moon – Clear  
**Ashada\*Adi**

Hemalamba 5119  
Moon 7 - Phase 12  
Ashtami

Creative Work Amrita Yoga  
Until 9:40PM

**Devaloka Day**

Then Creative Work - Siddha Yoga

**Monday, July 17, 2017**  
**Retreat Star**

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain  
Sun 7 Sutra 91

Mesha Rasi: 4.42 Tihi 23 – 24

**Gulika** 1:27PM – 3:09PM  
Yama 10:03AM – 11:45AM  
**Rahu** 6:39AM – 8:21AM

**Ashvini** Until 8:47PM  
Dhriti Until 12:07AM Tue  
Taitila Until 8:38PM  
**Ashtami\*** Until 9:36AM

**Ganesha:** White *Sunrise:* 4:57AM  
**Muruga:** Yellow *Sunset:* 6:33PM  
**Nataraja:** Clear  
Moon – White  
**Ashada\*Adi**

Hemalamba 5119  
Moon 7 - Phase 12  
Navami

Creative Work Siddha Yoga

**Subha Sivaloka Day**

<b>1</b>		<b>Tuesday, July 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashmyam Titau			Manama, Bahrain Sun 8 Sutra 92
Mesha Rasi: 18.46	Tithi 24 - 25	<b>Gulika</b> 11:45AM - 1:27PM	<b>Bharani</b> Until 7:13PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:57AM	Hemalamba 5119	
		Yama 8:21AM - 10:03AM	Shula* Until 9:05PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 13	
Creative Work	Siddha Yoga	422682362 <b>Rahu</b> 3:08PM - 4:50PM	Vanija Until 6:17PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Navami*</b> Until 7:30AM	Moon - White			<b>Subha Sivaloka Day</b>
				<b>Ashada*Adi</b>			

<b>2</b>		<b>Wednesday, July 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Ganda*Vridhi Yoga Bava/Balava Karana Ekadashyam Titau			Manama, Bahrain Sun 9 Sutra 93
Vrishabha Rasi: 3.1	Tithi 26	<b>Gulika</b> 10:03AM - 11:45AM	<b>Krittika</b> Until 5:05PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM	Hemalamba 5119	
		Yama 6:39AM - 8:21AM	Ganda* Until 5:43PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 13	
Creative Work	Amrita Yoga	422682362 <b>Rahu</b> 11:45AM - 1:27PM	Bava Until 3:30PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 5:05PM			<b>Ekadashi*</b> Until 1:58AM Thu	Moon - White			<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>			

<b>3</b>		<b>Thursday, July 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvodashyam Titau			Manama, Bahrain Sun 10 Sutra 94
Vrishabha Rasi: 17.5	Tithi 27	<b>Gulika</b> 8:21AM - 10:03AM	<b>Rohini</b> Until 2:54PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM	Hemalamba 5119	
		Yama 4:58AM - 6:40AM	Vridhi Until 2:06PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 13	
Routine Work	Marana Yoga	422682362 <b>Rahu</b> 1:26PM - 3:08PM	Kaulava Until 12:23PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dvadashi*</b> Until 10:44PM	Moon - Yellow			<b>Sivaloka Day</b>
				<b>Ashada*Adi</b>			

<b>4</b>		<b>Friday, July 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau			Manama, Bahrain Sun 11 Sutra 95
Mithuna Rasi: 2.41	Tithi 28	<b>Gulika</b> 6:40AM - 8:22AM	<b>Mrigashira</b> Until 12:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM	Hemalamba 5119	
		Yama 3:08PM - 4:50PM	Dhruva Until 10:17AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 13	
Creative Work	Siddha Yoga	422682362 <b>Rahu</b> 10:03AM - 11:45AM	Gara Until 9:04AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Trayodashi*</b> Until 7:21PM	Moon - Yellow			<b>Sivaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>	<b>Ashada*Adi</b>			

<b>5</b>		<b>Saturday, July 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Manama, Bahrain Sun 12 Sutra 96
Mithuna Rasi: 17.37	Tithi 29 - 30	<b>Gulika</b> 4:59AM - 6:40AM	<b>Ardra</b> Until 9:41AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Hemalamba 5119	
		Yama 1:26PM - 3:08PM	Vyaghata* Until 6:26AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 13	
Creative Work	Siddha Yoga	422682362 <b>Rahu</b> 8:22AM - 10:03AM	Catuspada Until 2:22AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Chaturdashi*</b> Until 3:59PM	Moon - Yellow			<b>Sivaloka Day</b>
				<b>Ashada*Adi</b>			

<b>●</b>		<b>Sunday, July 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Manama, Bahrain Sun 13 Sutra 97
<b>Retreat Star</b>		<b>Gulika</b> 3:08PM - 4:49PM	<b>Punarvasu</b> Until 7:23AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:59AM	Hemalamba 5119	
Kataka Rasi: 2.28	Tithi 30 - 1	Yama 11:45AM - 1:26PM	Vajra* Until 11:05PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 13	
Creative Work	Siddha Yoga	422682362 <b>Rahu</b> 4:49PM - 6:30PM	Kintughna Until 11:18PM	<b>Nataraja:</b> Clear		Amavasya	
			<b>Amavasya*</b> Until 12:47PM	Moon - Blue			<b>Sivaloka Day</b>
				<b>Ashada*Adi</b>			

<b>Monday, July 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Manama, Bahrain Sun 14 Sutra 98	
<b>Retreat Star</b>		<b>Gulika</b> 1:26PM - 3:07PM	<b>Ashlesha*</b> Until 3:20AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:00AM	Hemalamba 5119
Kataka Rasi: 17.08	Tithi 1 - 2	Yama 10:04AM - 11:45AM	Siddhi Until 7:49PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 13
<b>Family Home Evening</b>		422682362 <b>Rahu</b> 6:41AM - 8:22AM	Balava Until 8:38PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 9:53AM	Moon - Blue		
				<b>Sravana*Adi</b>		<b>Sivaloka Day</b>

<b>1 Tuesday, July 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyatipata*Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 15 Sutra 99 Hemalamba 5119
Simha Rasi: 1.29	Tithi 2 - 3	<b>Gulika</b> Yama 452682362	<b>11:45AM - 1:26PM</b> 8:23AM - 10:04AM <b>Rahu</b> 3:07PM - 4:48PM	<b>Magha* Until 2:20AM Wed</b> Vyatipata* Until 5:01PM Taitila Until 6:29PM <b>Dvitiya Until 7:28AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Red <b>Sravana-Adi</b>	<b>Sivaloka Day</b> Moon 7 - Phase 14 3rd Phase
Creative Work Siddha Yoga Until 2:20AM Wed Then Creative Work - Amrita Yoga						

<b>2 Wednesday, July 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Vanija/Visli* Karana Chaturthiyam Titau				Manama, Bahrain Sun 16 Sutra 100 Hemalamba 5119
Simha Rasi: 15.26	Tithi 4	<b>Gulika</b> Yama 452682362	<b>10:04AM - 11:45AM</b> 6:42AM - 8:23AM <b>Rahu</b> 11:45AM - 1:26PM	<b>Purvaphalguni Until 1:52AM Thu</b> Variyan Until 2:43PM Vanija Until 5:00PM <b>Chaturthi* Until 4:31AM Thu</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Yellow <b>Nataraja:</b> Clear Moon - Red <b>Sravana-Adi</b>	<b>Sivaloka Day</b> Moon 7 - Phase 14 3rd Phase
Creative Work Amrita Yoga						

<b>3 Thursday, July 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 17 Sutra 101 Hemalamba 5119
Simha Rasi: 28.58	Tithi 5	<b>Gulika</b> Yama 452692362	<b>8:23AM - 10:04AM</b> 5:01AM - 6:42AM <b>Rahu</b> 1:26PM - 3:07PM	<b>Uttaraphalguni Until 2:00AM Fri</b> Parigha* Until 1:02PM Bava Until 4:16PM <b>Panchami Until 4:10AM Fri</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red <b>Sravana-Adi</b>	<b>Devaloka Day</b> Moon 7 - Phase 14 3rd Phase
Amrita Yoga						

<b>4 Friday, July 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Shashthiyam Titau				Manama, Bahrain Sun 18 Sutra 102 Hemalamba 5119
Kanya Rasi: 12.04	Tithi 6	<b>Gulika</b> Yama 462692362	<b>6:43AM - 8:23AM</b> 3:06PM - 4:47PM <b>Rahu</b> 10:04AM - 11:45AM	<b>Hasta Until 3:12AM Sat</b> Shiva Until 11:59AM Kaulava Until 4:18PM <b>Shashthi* Until 4:35AM Sat</b>	<b>Ganesh:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green <b>Sravana-Adi</b>	<b>Sivaloka Day</b> Moon 7 - Phase 14 3rd Phase
Creative Work Amrita Yoga Until 3:12AM Sat Then Routine Work - Marana Yoga						

<b>5 Saturday, July 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 19 Sutra 103 Hemalamba 5119
Kanya Rasi: 24.47	Tithi 7	<b>Gulika</b> Yama 463692362	<b>5:02AM - 6:43AM</b> 1:26PM - 3:06PM <b>Rahu</b> 8:24AM - 10:04AM	<b>Chitra Until 4:56AM Sun</b> Siddha Until 11:30AM Gara Until 5:05PM <b>Saptami Until 5:42AM Sun</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green <b>Sravana-Adi</b>	<b>Devaloka Day</b> Moon 7 - Phase 14 3rd Phase
Routine Work Marana Yoga Until 4:56AM Sun Then Creative Work - Siddha Yoga						

<b>Sunday, July 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Visti* Karana Ashtamyam Titau				Manama, Bahrain Sun 20 Sutra 104 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> Yama 463692362	<b>3:06PM - 4:46PM</b> 11:45AM - 1:25PM <b>Rahu</b> 4:46PM - 6:27PM	<b>Svati Until 7:03AM Mon</b> Sadhya Until 11:33AM Visti Until 6:30PM <b>Ashtami* Until 7:23AM Mon</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green <b>Sravana-Adi</b>	<b>Devaloka Day</b> Moon 7 - Phase 14 Ashtami
Tula Rasi: 7.12 Tithi 8 Creative Work Siddha Yoga Until 7:03AM Mon Then Routine Work - Marana Yoga						

<b>Monday, July 31, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 21 Sutra 105 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> Yama 463692362	<b>1:25PM - 3:06PM</b> 10:05AM - 11:45AM <b>Rahu</b> 6:44AM - 8:24AM	<b>Svati Until 7:03AM</b> Subha Until 12:01PM Balava Until 8:24PM <b>Ashtami* Until 7:23AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green <b>Sravana-Adi</b>	<b>Devaloka Day</b> Moon 7 - Phase 14 Navami
Tula Rasi: 19.23 Tithi 8 - 9 Family Home Evening Creative Work Amrita Yoga Until 7:03AM Then Routine Work - Marana Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain	
		Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 106	
Vrischika Rasi: 1.23		<b>Gulika</b>	11:45AM – 1:25PM	<b>Vishakha Until 9:53AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:04AM	Hemalamba 5119
Tithi 9 – 10		Yama	8:24AM – 10:05AM	Sukla Until 12:44PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 15
		473692362	<b>Rahu</b>	3:05PM – 4:45PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga						<b>Bhuloka Day</b>	
Until 9:53AM						Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain	
		Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 107	
Vrischika Rasi: 13.19		<b>Gulika</b>	10:05AM – 11:45AM	<b>Anuradha Until 12:46PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:05AM	Hemalamba 5119
Tithi 10 – 11		Yama	6:45AM – 8:25AM	Brahma Until 1:37PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 15
		473692362	<b>Rahu</b>	11:45AM – 1:25PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga						<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

<b>3</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain	
		Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 24 Sutra 108	
Vrischika Rasi: 25.11		<b>Gulika</b>	8:25AM – 10:05AM	<b>Jyeshtha* Until 3:30PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:05AM	Hemalamba 5119
Tithi 11 – 12		Yama	5:05AM – 6:45AM	Indra Until 2:33PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 15
		473692362	<b>Rahu</b>	1:25PM – 3:04PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Prabalarishta Yoga						<b>Bhuloka Day</b>	
Until 3:30PM						Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain	
		Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 25 Sutra 109	
Dhanus Rasi: 7.06		<b>Gulika</b>	6:45AM – 8:25AM	<b>Mula* Until 6:29PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:05AM	Hemalamba 5119
Tithi 12 – 13		Yama	3:04PM – 4:44PM	Vaidhriti* Until 3:21PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 15
		483692362	<b>Rahu</b>	10:05AM – 11:45AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga						<b>Devaloka Day</b>	
Until 6:29PM		<b>Varalakshmi Vratam</b>					
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam				Manama, Bahrain	
		Purvashadha* Nakshatra Vishkambha*/Priti Yoga Taitila Karana Trayodashyam Titau				Sun 26 Sutra 110	
Dhanus Rasi: 19.05		<b>Gulika</b>	5:06AM – 6:46AM	<b>Purvashadha* Until 9:02PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:06AM	Hemalamba 5119
Tithi 13		Yama	1:24PM – 3:04PM	Vishkambha* Until 4:00PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 15
		483692362	<b>Rahu</b>	8:25AM – 10:05AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
Until 9:02PM							
Then Routine Work - Marana Yoga							

<b>6</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain	
		Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 111	
Makara Rasi: 1.11		<b>Gulika</b>	3:03PM – 4:43PM	<b>Uttarashadha Until 11:06PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:06AM	Hemalamba 5119
Tithi 14		Yama	11:44AM – 1:24PM	Priti Until 4:24PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 15
		483692362	<b>Rahu</b>	4:43PM – 6:22PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga						<b>Devaloka Day</b>	

<b>○</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain	
		Shravana Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 112	
<b>Copper Retreat Star</b>		<b>Gulika</b>	1:24PM – 3:03PM	<b>Shravana Until 1:03AM Tue</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:07AM	Hemalamba 5119
Makara Rasi: 13.27		Yama	10:05AM – 11:44AM	Ayushman Until 4:27PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:21PM	Moon 7 - Phase 15
Tithi 15		493692362	<b>Rahu</b>	6:46AM – 8:26AM	<b>Nataraja:</b> Clear		Purnima
<b>Family Home Evening</b>						<b>Bhuloka Day</b>	
Creative Work Amrita Yoga						Devaloka Time: 6:PM to 9:PM	
Until 1:03AM Tue		<b>Partial Lunar Eclipse</b>					
Then Creative Work - Siddha Yoga							

<b>○</b>		Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain	
		Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 113	
<b>Silver Retreat Star</b>		<b>Gulika</b>	11:44AM – 1:23PM	<b>Dhanishtha Until 2:24AM Wed</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:07AM	Hemalamba 5119
Makara Rasi: 25.54		Yama	8:26AM – 10:05AM	Saubhagya Until 4:09PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:21PM	Moon 7 - Phase 15
Tithi 16		493692362	<b>Rahu</b>	3:02PM – 4:42PM	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga						<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 9, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam

Manama, Bahrain

Kumbha Rasi: 8.34 Tiithi 17

Gulika 10:05AM - 11:44AM  
Yama 6:47AM - 8:26AM  
Rahu 11:44AM - 1:23PM

Shatabhishak Until 3:07AM Thu  
Sobhana Until 3:29PM  
Taitila Until 10:12AM  
Dvitiya Until 10:16PM

Ganesh: White Sunrise: 5:08AM  
Muruga: Blue Sunset: 6:20PM  
Nataraja: Clear  
Moon - Purple  
Srivana-Adi

Sun 1 Sutra 114  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Thursday, August 10, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam

Manama, Bahrain

Kumbha Rasi: 21.28 Tiithi 18

Gulika 8:26AM - 10:05AM  
Yama 5:08AM - 6:47AM  
Rahu 1:23PM - 3:02PM

Purvaproshtapada\* Until 3:42AM Fri  
Athiganda\* Until 2:26PM  
Vanija Until 10:15AM  
Tritiya Until 10:05PM

Ganesh: Clear Sunrise: 5:08AM  
Muruga: Blue Sunset: 6:19PM  
Nataraja: Clear  
Moon - Clear  
Srivana-Adi

Sun 2 Sutra 115  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Friday, August 11, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam

Manama, Bahrain

Meena Rasi: 4.35 Tiithi 19

Gulika 6:48AM - 8:26AM  
Yama 3:01PM - 4:40PM  
Rahu 10:05AM - 11:44AM

Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau  
Uttaraproshtapada Until 3:42AM Sat  
Sukarma Until 1:02PM  
Bava Until 9:51AM  
Chaturthi\* Until 9:28PM

Ganesh: Clear Sunrise: 5:09AM  
Muruga: Blue Sunset: 6:18PM  
Nataraja: Clear  
Moon - Clear  
Srivana-Adi

Sun 3 Sutra 116  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:42AM Sat

Then Routine Work - Prabalarishta Yoga

Saturday, August 12, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam

Manama, Bahrain

Meena Rasi: 17.57 Tiithi 20

Gulika 5:09AM - 6:48AM  
Yama 1:22PM - 3:01PM  
Rahu 8:26AM - 10:05AM

Revati Until 3:09AM Sun  
Dhriti Until 11:18AM  
Kaulava Until 9:01AM  
Panchami Until 8:26PM

Ganesh: Purple Sunrise: 5:09AM  
Muruga: Blue Sunset: 6:18PM  
Nataraja: Clear  
Moon - Clear  
Srivana-Adi

Sun 4 Sutra 117  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Prabalarishta Yoga

Until 3:09AM Sun

Then Creative Work - Siddha Yoga

Sunday, August 13, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam

Manama, Bahrain

Mesha Rasi: 1.32 Tiithi 21

Gulika 3:00PM - 4:38PM  
Yama 11:43AM - 1:22PM  
Rahu 4:38PM - 6:17PM

Ashvini Until 2:32AM Mon  
Shula\* Until 9:14AM  
Gara Until 7:47AM  
Shashthi\* Until 7:01PM

Ganesh: Clear Sunrise: 5:10AM  
Muruga: Blue Sunset: 6:17PM  
Nataraja: Clear  
Moon - White  
Srivana-Adi

Sun 5 Sutra 118  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Monday, August 14, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam

Manama, Bahrain

Mesha Rasi: 15.2 Tiithi 22 - 23

Gulika 1:21PM - 3:00PM  
Yama 10:05AM - 11:43AM  
Rahu 6:49AM - 8:27AM

Bharani Until 1:26AM Tue  
Ganda\* Until 6:53AM  
Visti Until 6:12AM  
Saptami Until 5:16PM

Ganesh: Clear Sunrise: 5:10AM  
Muruga: Blue Sunset: 6:16PM  
Nataraja: Clear  
Moon - White  
Srivana-Adi

Sun 6 Sutra 119  
Hemalamba 5119  
Moon 8 - Phase 16  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Until 11:53PM

Then Creative Work - Amrita Yoga

Tuesday, August 15, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam

Manama, Bahrain

Mesha Rasi: 29.2 Tiithi 23 - 24

Gulika 11:43AM - 1:21PM  
Yama 8:27AM - 10:05AM  
Rahu 2:59PM - 4:37PM

Krittika Until 11:53PM  
Dhruva Until 1:25AM Wed  
Taitila Until 2:04AM Wed  
Ashtami\* Until 3:12PM

Ganesh: Clear Sunrise: 5:11AM  
Muruga: Blue Sunset: 6:15PM  
Nataraja: Clear  
Moon - White  
Srivana-Adi

Sun 7 Sutra 120  
Hemalamba 5119  
Moon 8 - Phase 16  
Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:53PM

Then Creative Work - Amrita Yoga

Krishna Janmashtami

Wednesday, August 16, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam

Manama, Bahrain

Vrishabha Rasi: 13.32 Tiithi 24 - 25

Gulika 10:05AM - 11:43AM  
Yama 6:49AM - 8:27AM  
Rahu 11:43AM - 1:21PM

Rohini Until 10:22PM  
Vyaghata\* Until 10:21PM  
Vanija Until 11:37PM  
Navami\* Until 12:51PM

Ganesh: White Sunrise: 5:11AM  
Muruga: Blue Sunset: 6:14PM  
Nataraja: Clear  
Moon - Yellow  
Srivana-Avani

Sun 8 Sutra 121  
Hemalamba 5119  
Moon 8 - Phase 16  
Navami

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time


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<b>1</b>		<b>Thursday, August 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Manama, Bahrain	
Vrishabha Rasi: 27.54		Tihti 25 – 26		Mrigashira Nakshatra Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 122	
534792362		<b>Gulika</b>	8:27AM – 10:05AM	<b>Mrigashira</b> Until 8:32PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:12AM	Hemalamba 5119		
Routine Work		Yama	5:12AM – 6:49AM	Harshana Until 7:08PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 17		
Marana Yoga		<b>Rahu</b>	1:20PM – 2:58PM	Bava Until 8:59PM	<b>Nataraja:</b> Clear	2nd Phase			
				<b>Dashami</b> Until 10:18AM	Moon – Yellow	<b>Devaloka Day</b>			
					<b>Sravana-Avani</b>				

<b>2</b>		<b>Friday, August 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Manama, Bahrain	
Mithuna Rasi: 12.22		Tihti 26 – 27		Ardra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 123	
534792362		<b>Gulika</b>	6:50AM – 8:27AM	<b>Ardra</b> Until 6:28PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:12AM	Hemalamba 5119		
Creative Work		Yama	2:57PM – 4:35PM	Vajra* Until 3:49PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 17		
Siddha Yoga		<b>Rahu</b>	10:05AM – 11:42AM	Kaulava Until 6:15PM	<b>Nataraja:</b> Clear	2nd Phase			
				<b>Ekadashi*</b> Until 7:36AM	Moon – Yellow	<b>Devaloka Day</b>			
					<b>Sravana-Avani</b>				

<b>3</b>		<b>Saturday, August 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam				Manama, Bahrain	
Mithuna Rasi: 26.53		Tihti 28		Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 124	
544792362		<b>Gulika</b>	5:13AM – 6:50AM	<b>Punarvasu</b> Until 4:40PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:13AM	Hemalamba 5119		
Creative Work		Yama	1:19PM – 2:57PM	Siddhi Until 12:31PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 17		
Siddha Yoga		<b>Rahu</b>	8:27AM – 10:05AM	Gara Until 3:31PM	<b>Nataraja:</b> Clear	2nd Phase			
				<b>Trayodashi*</b> Until 2:10AM Sun	Moon – Blue	<b>Bhuloka Day</b>			
				<i>Pradosha Vrata (Fasting)</i>	<b>Sravana-Avani</b>	Devaloka Time: 6:PM to 9:PM			

<b>4</b>		<b>Sunday, August 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain	
Kataka Rasi: 11.2		Tihti 29		Pushya/Ashlesha* Nakshatra Vyalipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 125	
544792362		<b>Gulika</b>	2:56PM – 4:33PM	<b>Pushya</b> Until 2:52PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:13AM	Hemalamba 5119		
Creative Work		Yama	11:42AM – 1:19PM	Vyatipata* Until 9:18AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 17		
Siddha Yoga		<b>Rahu</b>	4:33PM – 6:11PM	Visti Until 12:55PM	<b>Nataraja:</b> Clear	2nd Phase			
				<b>Chaturdashi*</b> Until 11:40PM	Moon – Blue	<b>Bhuloka Day</b>			
					<b>Sravana-Avani</b>	Devaloka Time: 6:PM to 9:PM			

		<b>Monday, August 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Manama, Bahrain	
<b>Retreat Star</b>				Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 126	
Kataka Rasi: 25.4		Tihti 30						Hemalamba 5119	
<b>Family Home Evening</b>		<b>Gulika</b>	1:19PM – 2:56PM	<b>Ashlesha*</b> Until 1:10PM	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:14AM	Moon 8 - Phase 17		
Creative Work		Yama	10:05AM – 11:42AM	Variyan Until 6:15AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:10PM	Amavasya		
Siddha Yoga		<b>Rahu</b>	6:51AM – 8:28AM	Catuspada Until 10:33AM	<b>Nataraja:</b> Clear	2nd Phase			
Until 1:10PM		<b>Total Solar Eclipse</b>		<b>Amavasya*</b> Until 9:29PM	Moon – Blue	<b>Bhuloka Day</b>			
Then Routine Work - Marana Yoga					<b>Sravana-Avani</b>	Devaloka Time: 6:PM to 9:PM			

<b>Tuesday, August 22, 2017</b>		<b>Retreat Star</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain	
				Magha*/Purvaphalguni Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 127	
Simha Rasi: 9.45		Tihti 1						Hemalamba 5119	
534792362		<b>Gulika</b>	11:41AM – 1:18PM	<b>Magha*</b> Until 12:09PM	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:14AM	Moon 8 - Phase 17		
Creative Work		Yama	8:28AM – 10:05AM	Shiva Until 1:07AM Wed	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:09PM	Prathama		
Siddha Yoga		<b>Rahu</b>	2:55PM – 4:32PM	Kintughna Until 8:33AM	<b>Nataraja:</b> Clear	2nd Phase			
				<b>Prathama*</b> Until 7:43PM	Moon – Red	<b>Bhuloka Day</b>			
					<b>Bhadrapada-Avani</b>	Devaloka Time: 6:PM to 9:PM			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, August 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15 Sutra 128		Hemalamba 5119			
Simha Rasi: 23.32	Tithi 2	<b>Gulika</b> 10:04AM – 11:41AM	<b>Purvaphalguni Until 11:30AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:15AM		
		Yama 6:51AM – 8:28AM	Siddha Until 11:11PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 18	
		554792362 <b>Rahu</b> 11:41AM – 1:18PM	Balava Until 7:03AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya Until 6:30PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>2</b>		<b>Thursday, August 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Sun 16 Sutra 129		Hemalamba 5119			
Kanya Rasi: 6.59	Tithi 3 – 4	<b>Gulika</b> 8:28AM – 10:04AM	<b>Uttaraphalguni Until 11:18AM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 5:15AM		
		Yama 5:15AM – 6:51AM	Sadhya Until 9:47PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 18	
		554792362 <b>Rahu</b> 1:17PM – 2:54PM	Tailila Until 6:09AM	<b>Nataraja:</b> Clear		3rd Phase	
	Amrita Yoga		<b>Tritiya Until 5:56PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 11:18AM				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Friday, August 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Hasta/Chitra Nakshatra Subha Yoga Visti* Karana Chaturthyam Titau		Sun 17 Sutra 130		Hemalamba 5119			
Kanya Rasi: 20.04	Tithi 4	<b>Gulika</b> 6:52AM – 8:28AM	<b>Hasta Until 12:04PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:15AM		
		Yama 2:53PM – 4:30PM	Subha Until 8:57PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 18	
		554792362 <b>Rahu</b> 10:04AM – 11:41AM	Visti Until 6:03PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 6:03PM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 12:04PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, August 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Chitra/Svati Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau		Sun 18 Sutra 131		Hemalamba 5119			
Tula Rasi: 2.48	Tithi 5	<b>Gulika</b> 5:16AM – 6:52AM	<b>Chitra Until 1:22PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:16AM		
		Yama 1:16PM – 2:53PM	Sukla Until 8:37PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 18	
		554792362 <b>Rahu</b> 8:28AM – 10:04AM	Bava Until 6:23AM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Panchami Until 6:51PM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 1:22PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Sunday, August 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Svati/Vishakha Nakshatra Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau		Sun 19 Sutra 132		Hemalamba 5119			
Tula Rasi: 15.14	Tithi 6	<b>Gulika</b> 2:52PM – 4:28PM	<b>Svati Until 3:07PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:16AM		
		Yama 11:40AM – 1:16PM	Brahma Until 8:46PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 18	
		554792362 <b>Rahu</b> 4:28PM – 6:04PM	Kaulava Until 7:30AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:16PM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 3:07PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Monday, August 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Vishakha/Anuradha Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20 Sutra 133		Hemalamba 5119			
Tula Rasi: 27.26	Tithi 7	<b>Gulika</b> 1:16PM – 2:51PM	<b>Vishakha Until 5:42PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:17AM		
<b>Family Home Evening</b>		Yama 10:04AM – 11:40AM	Indra Until 9:18PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 18	
		575792363 <b>Rahu</b> 6:52AM – 8:28AM	Gara Until 9:11AM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Saptami Until 10:10PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 5:42PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Tuesday, August 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Anuradha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Sun 21 Sutra 134		Hemalamba 5119			
Vrischika Rasi: 9.28	Tithi 8	<b>Gulika</b> 11:39AM – 1:15PM	<b>Anuradha Until 8:27PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:17AM		
		Yama 8:28AM – 10:04AM	Vaidhriti* Until 10:04PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 18	
		575792363 <b>Rahu</b> 2:51PM – 4:26PM	Visti Until 11:17AM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 12:24AM Wed</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 8:27PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, August 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Jyeshtha* Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22 Sutra 135		Hemalamba 5119			
Vrischika Rasi: 21.23	Tithi 9	<b>Gulika</b> 10:04AM – 11:39AM	<b>Jyeshtha* Until 11:11PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:17AM		
		Yama 6:53AM – 8:28AM	Vishkamba* Until 10:57PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:01PM	Moon 8 - Phase 18	
		575792363 <b>Rahu</b> 11:39AM – 1:15PM	Balava Until 1:36PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 2:46AM Thu</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 11:11PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1 Thursday, August 31, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
		Mula* Nakshatra Priti Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 136
Dhanus Rasi: 3.17	Tithi 10	<b>Gulika</b> 8:28AM – 10:04AM	<b>Mula* Until 2:13AM Fri</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:18AM	Hemalamba 5119
		Yama 5:18AM – 6:53AM	Priti Until 11:49PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 19
	585792363	<b>Rahu</b> 1:14PM – 2:49PM	Tailila Until 3:57PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 5:04AM Fri</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 2:13AM Fri				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Prabalarishta Yoga						

<b>2 Friday, September 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
		Purvashadha* Nakshatra Ayushman Yoga Vanija Karana Ekadashyam Titau				Sun 24 Sutra 137
Dhanus Rasi: 15.13	Tithi 11	<b>Gulika</b> 6:53AM – 8:28AM	<b>Purvashadha* Until 4:51AM Sat</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:18AM	Hemalamba 5119
		Yama 2:49PM – 4:24PM	Ayushman Until 12:29AM Sat	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 19
	585792363	<b>Rahu</b> 10:03AM – 11:39AM	Vanija Until 6:09PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi Until 7:06AM Sat</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 4:51AM Sat				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga						

<b>3 Saturday, September 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
		Uttarashadha Nakshatra Saubhagya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 138
Dhanus Rasi: 27.14	Tithi 11 – 12	<b>Gulika</b> 5:19AM – 6:54AM	<b>Uttarashadha Until 6:55AM Sun</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:19AM	Hemalamba 5119
		Yama 1:13PM – 2:48PM	Saubhagya Until 12:52AM Sun	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:58PM	Moon 8 - Phase 19
	585792363	<b>Rahu</b> 8:28AM – 10:03AM	Bava Until 7:59PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 7:06AM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 6:55AM Sun				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						

<b>4 Sunday, September 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
		Uttarashadha/Shravana Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 139
Makara Rasi: 9.26	Tithi 12 – 13	<b>Gulika</b> 2:47PM – 4:22PM	<b>Uttarashadha Until 6:55AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:19AM	Hemalamba 5119
		Yama 11:38AM – 1:13PM	Sobhana Until 12:52AM Mon	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 19
	586792363	<b>Rahu</b> 4:22PM – 5:57PM	Kaulava Until 9:20PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi Until 8:43AM</b>	Moon – Light Blue	<b>Bhuloka Day</b>	
Until 6:55AM Sun				<b>Bhadrapada-Avani</b>		
Then Routine Work - Marana Yoga						

*Pradosha Vrata*

<b>5 Monday, September 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
		Shravana/Dhanishtha Nakshatra Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 140
Makara Rasi: 21.52	Tithi 13 – 14	<b>Gulika</b> 1:12PM – 2:47PM	<b>Shravana Until 8:48AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:20AM	Hemalamba 5119
<b>Family Home Evening</b>		Yama 10:03AM – 11:38AM	Athiganda* Until 12:23AM Tue	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:56PM	Moon 8 - Phase 19
	596892363	<b>Rahu</b> 6:54AM – 8:29AM	Gara Until 10:06PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 9:47AM</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 8:48AM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>○ Tuesday, September 5, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
		Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Sutra 141
Kumbha Rasi: 4.33	Tithi 14 – 15	<b>Gulika</b> 11:37AM – 1:12PM	<b>Dhanishtha Until 9:56AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:20AM	Hemalamba 5119
		Yama 8:29AM – 10:03AM	Sukarma Until 11:26PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 19
	596892363	<b>Rahu</b> 2:46PM – 4:20PM	Visti Until 10:16PM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:14AM</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 9:56AM				<b>Bhadrapada-Avani</b>		
Then Routine Work - Marana Yoga						

<b>Wednesday, September 6, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Manama, Bahrain
		Shatabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 142
Kumbha Rasi: 17.32	Tithi 15 – 16	<b>Gulika</b> 10:03AM – 11:37AM	<b>Shatabhishak Until 10:19AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:20AM	Hemalamba 5119
		Yama 6:55AM – 8:29AM	Dhriti Until 10:03PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:53PM	Moon 8 - Phase 19
	596892363	<b>Rahu</b> 11:37AM – 1:11PM	Balava Until 9:50PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 10:06AM</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 10:19AM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

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Thursday, September 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Shula\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain

Sutra 143

Meena Rasi: 0.49    Tihi 16 – 17

**Gulika** 8:29AM – 10:03AM  
**Yama** 5:21AM – 6:55AM  
**Rahu** 1:10PM – 2:44PM

**Purvaproshtapada\* Until 10:28AM**  
**Shula\* Until 8:12PM**  
**Taitila Until 8:54PM**  
**Prathama\* Until 9:24AM**

**Ganesha:** White    *Sunrise:* 5:21AM  
**Muruga:** Blue    *Sunset:* 5:52PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Friday, September 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain

Sun 1    Sutra 144

Meena Rasi: 14.22    Tihi 17 – 18

**Gulika** 6:55AM – 8:29AM  
**Yama** 2:44PM – 4:17PM  
**Rahu** 10:02AM – 11:36AM

**Uttaraproshtapada Until 10:00AM**  
**Ganda\* Until 6:02PM**  
**Vanija Until 7:32PM**  
**Dvitiya Until 8:14AM**

**Ganesha:** White    *Sunrise:* 5:21AM  
**Muruga:** Blue    *Sunset:* 5:51PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga

Saturday, September 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Vriddhi/Dhruva Yoga Visti\*/Balava Karana Tritiya/Chaturthiyam Titau

Manama, Bahrain

Sun 2    Sutra 145

Meena Rasi: 28.1    Tihi 18 – 19

**Gulika** 5:22AM – 6:55AM  
**Yama** 1:09PM – 2:43PM  
**Rahu** 8:29AM – 10:02AM

**Revati Until 9:01AM**  
**Vriddhi Until 3:37PM**  
**Balava Until 4:52AM Sun**  
**Tritiya Until 6:42AM**

**Ganesha:** White    *Sunrise:* 5:22AM  
**Muruga:** Blue    *Sunset:* 5:50PM  
**Nataraja:** Purple  
Moon – Clear  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Devaloka Day**

Routine Work    Prabalarishta Yoga

Until 9:01AM

Then Creative Work - Siddha Yoga

Sunday, September 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain

Sun 3    Sutra 146

Mesha Rasi: 12.07    Tihi 20

**Gulika** 2:42PM – 4:16PM  
**Yama** 11:36AM – 1:09PM  
**Rahu** 4:16PM – 5:49PM

**Ashvini Until 8:04AM**  
**Dhruva Until 12:58PM**  
**Kaulava Until 3:54PM**  
**Panchami Until 2:52AM Mon**

**Ganesha:** White    *Sunrise:* 5:22AM  
**Muruga:** Blue    *Sunset:* 5:49PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Bhuloka Day**

Creative Work    Siddha Yoga

Until 8:04AM

Then Routine Work - Prabalarishta Yoga

**Grandparent's Day**

Monday, September 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthiyam Titau

Manama, Bahrain

Sun 4    Sutra 147

Mesha Rasi: 26.11    Tihi 21

**Gulika** 1:08PM – 2:42PM  
**Yama** 10:02AM – 11:35AM  
**Rahu** 6:56AM – 8:29AM

**Bharani Until 6:47AM**  
**Vyaghata\* Until 10:12AM**  
**Gara Until 1:50PM**  
**Shashthi\* Until 12:44AM Tue**

**Ganesha:** White    *Sunrise:* 5:22AM  
**Muruga:** Blue    *Sunset:* 5:48PM  
**Nataraja:** Purple  
Moon – White  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Bhuloka Day**

Creative Work    Siddha Yoga

Until 6:47AM

Then Routine Work - Marana Yoga

Tuesday, September 12, 2017

5

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 5    Sutra 148

Vrishabha Rasi: 10.2    Tihi 22

**Gulika** 11:35AM – 1:08PM  
**Yama** 8:29AM – 10:02AM  
**Rahu** 2:41PM – 4:14PM

**Rohini Until 3:58AM Wed**  
**Harshana Until 7:22AM**  
**Visti Until 11:40AM**  
**Saptami Until 10:33PM**

**Ganesha:** Clear    *Sunrise:* 5:23AM  
**Muruga:** Blue    *Sunset:* 5:47PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Amrita Yoga

Until 3:58AM Wed

Then Creative Work - Siddha Yoga

Wednesday, September 13, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 6    Sutra 149

Vrishabha Rasi: 24.31    Tihi 23

**Gulika** 10:02AM – 11:34AM  
**Yama** 6:56AM – 8:29AM  
**Rahu** 11:34AM – 1:07PM

**Mrigashira Until 2:32AM Thu**  
**Siddhi Until 1:35AM Thu**  
**Balava Until 9:28AM**  
**Ashtami\* Until 8:21PM**

**Ganesha:** Clear    *Sunrise:* 5:23AM  
**Muruga:** Blue    *Sunset:* 5:46PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work    Siddha Yoga

Until 2:32AM Thu

Then Routine Work - Marana Yoga

Thursday, September 14, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 7    Sutra 150

Mithuna Rasi: 8.42    Tihi 24

**Gulika** 8:29AM – 10:01AM  
**Yama** 5:24AM – 6:56AM  
**Rahu** 1:07PM – 2:39PM

**Ardra Until 1:00AM Fri**  
**Vyatipata\* Until 10:45PM**  
**Taitila Until 7:17AM**  
**Navami\* Until 6:11PM**

**Ganesha:** Clear    *Sunrise:* 5:24AM  
**Muruga:** Blue    *Sunset:* 5:45PM  
**Nataraja:** Purple  
Moon – Yellow  
**Bhadrapada-Avani**

Hemalamba 5119  
Moon 9 - Phase 20  
Navami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work    Marana Yoga

Until 1:00AM Fri

Then Creative Work - Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time


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<b>1</b>	<b>Friday, September 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
	Punarvasu Nakshatra Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8 Sutra 151		Hemalamba 5119		
Mithuna Rasi: 22.51	Tithi 25 – 26	<b>Gulika</b> 6:56AM – 8:29AM	<b>Punarvasu</b> Until 11:49PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:24AM			
		Yama 2:39PM – 4:11PM	Variyan Until 7:56PM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:43PM			Moon 9 - Phase 21
	547892363	<b>Rahu</b> 10:01AM – 11:34AM	Bava Until 3:05AM Sat	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:05PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:49PM				<b>Bhadrapada•Avani</b>			
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Saturday, September 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Manama, Bahrain
	Pushya Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9 Sutra 152		Hemalamba 5119		
Kataka Rasi: 6.56	Tithi 26 – 27	<b>Gulika</b> 5:24AM – 6:57AM	<b>Pushya</b> Until 10:38PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:24AM			
		Yama 1:06PM – 2:38PM	Parigha* Until 5:14PM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:42PM			Moon 9 - Phase 21
	547892363	<b>Rahu</b> 8:29AM – 10:01AM	Kaulava Until 1:10AM Sun	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		Kaulava Until 1:10AM Sun	Moon – Blue		<b>Bhuloka Day</b>	
Until 10:38PM			<b>Ekadashi*</b> Until 2:05PM	<b>Bhadrapada•Puratasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Sunday, September 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam				Manama, Bahrain
	Ashlesha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10 Sutra 153		Hemalamba 5119		
Kataka Rasi: 20.56	Tithi 27 – 28	<b>Gulika</b> 2:37PM – 4:09PM	<b>Ashlesha*</b> Until 9:28PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:25AM			
		Yama 11:33AM – 1:05PM	Shiva Until 2:41PM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:41PM			Moon 9 - Phase 21
	548892363	<b>Rahu</b> 4:09PM – 5:41PM	Gara Until 11:26PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		Gara Until 11:26PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 9:28PM			<b>Dvadashi*</b> Until 12:15PM	<b>Bhadrapada•Puratasi</b>			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Monday, September 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Manama, Bahrain
	Magha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 154		Hemalamba 5119		
Simha Rasi: 4.49	Tithi 28 – 29	<b>Gulika</b> 1:05PM – 2:36PM	<b>Magha*</b> Until 8:52PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:25AM			
<b>Family Home Evening</b>		Yama 10:01AM – 11:33AM	Siddha Until 12:18PM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:40PM			Moon 9 - Phase 21
	558892363	<b>Rahu</b> 6:57AM – 8:29AM	Visti Until 9:59PM	<b>Nataraja:</b> Purple			2nd Phase
Routine Work	Marana Yoga		Visti Until 9:59PM	Moon – Red		<b>Bhuloka Day</b>	
Until 8:52PM			<b>Trayodashi*</b> Until 10:39AM	<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Siddha Yoga							

	<b>Tuesday, September 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
	<b>Retreat Star</b>		Purvaphalguni Nakshatra Sadhya/Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 12 Sutra 155		
Simha Rasi: 18.31	Tithi 29 – 30	<b>Gulika</b> 11:32AM – 1:04PM	<b>Purvaphalguni</b> Until 8:28PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:26AM			
		Yama 8:29AM – 10:01AM	Sadhya Until 10:11AM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:39PM			Moon 9 - Phase 21
	558892363	<b>Rahu</b> 2:36PM – 4:07PM	Catuspada Until 8:53PM	<b>Nataraja:</b> Purple			Amavasya
Creative Work	Siddha Yoga		Catuspada Until 8:53PM	Moon – Red		<b>Bhuloka Day</b>	
Until 8:28PM		<b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Chaturdashi*</b> Until 9:22AM	<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>	<b>Wednesday, September 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Rituau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
	Uttaraphalguni Nakshatra Subha/Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 156		Hemalamba 5119		
Kanya Rasi: 1.59	Tithi 30 – 1	<b>Gulika</b> 10:00AM – 11:32AM	<b>Uttaraphalguni</b> Until 8:20PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:26AM			
		Yama 6:58AM – 8:29AM	Subha Until 8:24AM	<b>Muruga:</b> Blue <i>Sunset:</i> 5:38PM			Moon 9 - Phase 21
	558892363	<b>Rahu</b> 11:32AM – 1:03PM	Kintughna Until 8:13PM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Amrita Yoga		Kintughna Until 8:13PM	Moon – Red		<b>Bhuloka Day</b>	
Until 8:20PM		<b>Navaratri Begins</b>	<b>Amavasya*</b> Until 8:28AM	<b>Ashvina•Puratasi</b>			
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Thursday, September 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 14 Sutra 157 Hemalamba 5119
	Kanya Rasi: 15.11	Tithi 1 – 2	<b>Gulika</b> 8:29AM – 10:00AM Yama 5:26AM – 6:58AM Rahu 1:03PM – 2:34PM	<b>Hasta</b> Until 9:01PM Sukla Until 6:57AM Balava Until 8:04PM Prathama* Until 8:03AM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:26AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Purple Moon – Green Ashvina•Puratasi	<b>Bhuloka Day</b>	Moon 9 - Phase 22 3rd Phase
Routine Work Marana Yoga Until 9:01PM Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Friday, September 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 15 Sutra 158 Hemalamba 5119
	Kanya Rasi: 28.08	Tithi 2 – 3	<b>Gulika</b> 6:58AM – 8:29AM Yama 2:33PM – 4:05PM Rahu 10:00AM – 11:31AM	<b>Chitra</b> Until 10:06PM Indra Until 5:26AM Sat Taitila Until 8:29PM Dvitiya Until 8:11AM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:27AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Purple Moon – Green Ashvina•Puratasi	<b>Bhuloka Day</b>	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga							

<b>3</b>	<b>Saturday, September 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Manama, Bahrain Sun 16 Sutra 159 Hemalamba 5119
	Tula Rasi: 10.47	Tithi 3 – 4	<b>Gulika</b> 5:27AM – 6:58AM Yama 1:02PM – 2:33PM Rahu 8:29AM – 10:00AM	<b>Svati</b> Until 11:35PM Vaidhriti* Until 5:19AM Sun Vanija Until 9:29PM Tritiya Until 8:54AM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:27AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Purple Moon – Green Ashvina•Puratasi	<b>Bhuloka Day</b>	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga							

<b>4</b>	<b>Sunday, September 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Manama, Bahrain Sun 17 Sutra 160 Hemalamba 5119
	Tula Rasi: 23.11	Tithi 4 – 5	<b>Gulika</b> 2:32PM – 4:03PM Yama 11:31AM – 1:01PM Rahu 4:03PM – 5:33PM	<b>Vishakha</b> Until 1:56AM Mon Vishkambha* Until 5:38AM Mon Bava Until 11:03PM Chaturthi* Until 10:11AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:28AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:33PM <b>Nataraja:</b> Purple Moon – Orange Ashvina•Puratasi	<b>Bhuloka Day</b>	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga Until 1:56AM Mon Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Monday, September 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Manama, Bahrain Sun 18 Sutra 161 Hemalamba 5119
	Vrischika Rasi: 5.22	Tithi 5 – 6	<b>Gulika</b> 1:01PM – 2:31PM Yama 10:00AM – 11:30AM Rahu 6:59AM – 8:29AM	<b>Anuradha</b> Until 4:32AM Tue Priti Until 6:17AM Tue Kaulava Until 1:04AM Tue Panchami Until 11:59AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:28AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Purple Moon – Orange Ashvina•Puratasi	<b>Bhuloka Day</b>	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Family Home Evening Creative Work Siddha Yoga Until 4:32AM Tue Then Routine Work - Marana Yoga							

<b>6</b>	<b>Tuesday, September 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Pritii/Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 19 Sutra 162 Hemalamba 5119
	Vrischika Rasi: 17.23	Tithi 6 – 7	<b>Gulika</b> 11:30AM – 1:00PM Yama 8:29AM – 10:00AM Rahu 2:31PM – 4:01PM	<b>Jyeshtha*</b> Until 7:15AM Wed Priti Until 6:17AM Gara Until 3:24AM Wed Shashthi* Until 2:11PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:29AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Purple Moon – Orange Ashvina•Puratasi	<b>Bhuloka Day</b>	Moon 9 - Phase 22 3rd Phase Devaloka Time: 6:AM to 9:AM
Routine Work Marana Yoga							

<b>Retreat Star</b>	<b>Wednesday, September 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 20 Sutra 163 Hemalamba 5119
	Vrischika Rasi: 29.17	Tithi 7 – 8	<b>Gulika</b> 9:59AM – 11:30AM Yama 6:59AM – 8:29AM Rahu 11:30AM – 1:00PM	<b>Jyeshtha*</b> Until 7:15AM Ayushman Until 7:06AM Visti Until 5:52AM Thu Saptami Until 4:37PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:29AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:30PM <b>Nataraja:</b> Purple Moon – Orange Ashvina•Puratasi	<b>Bhuloka Day</b>	Moon 9 - Phase 22 3rd Phase
Creative Work Siddha Yoga Until 7:15AM Then Routine Work - Marana Yoga							

<b>Retreat Star</b>	<b>Thursday, September 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava Karana Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 164 Hemalamba 5119
	Dhanus Rasi: 11.09	Tithi 8	<b>Gulika</b> 8:29AM – 9:59AM Yama 5:29AM – 6:59AM Rahu 12:59PM – 2:29PM	<b>Mula*</b> Until 10:23AM Saubhagya Until 8:01AM Bava Until 7:03PM Ashtami* Until 7:03PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:29AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Purple Moon – Light Blue Ashvina•Puratasi	<b>Bhuloka Day</b>	Moon 9 - Phase 22 Ashtami Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga Durga Ashtami							

<b>Retreat Star</b>	<b>Friday, September 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 22 Sutra 165 Hemalamba 5119
	Dhanus Rasi: 23.03	Tithi 9	<b>Gulika</b> 7:00AM – 8:29AM Yama 2:28PM – 3:58PM Rahu 9:59AM – 11:29AM	<b>Purvashadha*</b> Until 1:14PM Sobhana Until 8:51AM Balava Until 8:14AM Navami* Until 9:17PM	<b>Ganesh:</b> Orange <i>Sunrise:</i> 5:30AM <b>Muruga:</b> Blue <i>Sunset:</i> 5:28PM <b>Nataraja:</b> Purple Moon – Light Blue Ashvina•Puratasi	<b>Bhuloka Day</b>	Moon 9 - Phase 22 Navami Devaloka Time: 6:AM to 9:AM
Routine Work Prabalarishta Yoga Until 1:14PM Then Routine Work - Marana Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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<b>1</b>		<b>Saturday, September 30, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Makara Rasi: 5.04		Tithi 10		Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 166	
		<b>Gulika</b>	5:30AM – 7:00AM	<b>Uttarashadha</b> Until 3:33PM	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:30AM	Hemalamba 5119		
		Yama	12:58PM – 2:28PM	Athiganda* Until 9:24AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 23		
Routine Work		689992363	<b>Rahu</b>	8:29AM – 9:59AM	Nataraja: Purple	Moon – Light Blue			
Until 3:33PM				Taitila Until 10:16AM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga				Dashami Until 11:05PM	Devaloka Time: 6:AM to 9:AM				

<b>2</b>		<b>Sunday, October 1, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Makara Rasi: 17.18		Tithi 11		Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 167	
		<b>Gulika</b>	2:27PM – 3:56PM	<b>Shravana</b> Until 5:38PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:31AM	Hemalamba 5119		
		Yama	11:28AM – 12:58PM	Sukarma Until 9:34AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 23		
Creative Work		691992363	<b>Rahu</b>	3:56PM – 5:26PM	Nataraja: Purple	Moon – Purple			
Until 5:38PM				Vanija Until 11:46AM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga				Ekadashi Until 12:15AM Mon	Devaloka Time: 9:AM to 12:PM				

<b>3</b>		<b>Monday, October 2, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Makara Rasi: 29.48		Tithi 12		Dhanishtha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 168	
<b>Family Home Evening</b>		<b>Gulika</b>	12:57PM – 2:26PM	<b>Dhanishtha</b> Until 6:53PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:31AM	Hemalamba 5119		
		Yama	9:59AM – 11:28AM	Dhriti Until 9:14AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 23		
Creative Work		691992363	<b>Rahu</b>	7:00AM – 8:30AM	Nataraja: Purple	Moon – Purple			
Until 7:11PM				Bava Until 12:35PM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga				Dvadashi Until 12:41AM Tue	Devaloka Time: 9:AM to 12:PM				

<b>4</b>		<b>Tuesday, October 3, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Kumbha Rasi: 12.39		Tithi 13		Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 169	
		<b>Gulika</b>	11:28AM – 12:57PM	<b>Shatabhishak</b> Until 7:14PM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
		Yama	8:30AM – 9:59AM	Shula* Until 8:16AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 23		
Routine Work		691992363	<b>Rahu</b>	2:26PM – 3:55PM	Nataraja: Purple	Moon – Purple			
Until 7:11PM				Kaulava Until 12:39PM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>		
Then Creative Work - Marana Yoga				Trayodashi Until 12:22AM Wed	Devaloka Time: 9:AM to 12:PM				
		<b>Kadaitswami Mahasamadhi</b>		<i>Pradosha Vrata</i>					

<b>5</b>		<b>Wednesday, October 4, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Kumbha Rasi: 25.53		Tithi 14		Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 170	
		<b>Gulika</b>	9:58AM – 11:27AM	<b>Purvaproshtapada*</b> Until 7:11PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
		Yama	7:01AM – 8:30AM	Ganda* Until 6:44AM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 23		
Creative Work		611992363	<b>Rahu</b>	11:27AM – 12:56PM	Nataraja: Purple	Moon – Clear			
Until 7:11PM				Gara Until 11:58AM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga				Chaturdashi* Until 11:21PM	Devaloka Time: 9:AM to 12:PM				
		<b>Chidambaram Abhishekam</b>							

<b>○</b>		<b>Thursday, October 5, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
<b>Copper Retreat Star</b>		Tithi 15		Uttaraproshtapada Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 171	
Meena Rasi: 9.3		<b>Gulika</b>	8:30AM – 9:58AM	<b>Uttaraproshtapada</b> Until 6:21PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:32AM	Hemalamba 5119		
		Yama	5:32AM – 7:01AM	Dhruva Until 2:07AM Fri	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 23		
Creative Work		611992363	<b>Rahu</b>	12:56PM – 2:24PM	Nataraja: Purple	Moon – Clear			
Until 7:11PM				Visti Until 10:37AM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga				Purnima* Until 9:42PM	Devaloka Time: 9:AM to 12:PM				

<b>○</b>		<b>Friday, October 6, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
<b>Silver Retreat Star</b>		Tithi 16		Revati/Ashvini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 172	
Meena Rasi: 23.28		<b>Gulika</b>	7:01AM – 8:30AM	<b>Revati</b> Until 4:53PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 5:33AM	Hemalamba 5119		
		Yama	2:24PM – 3:52PM	Vyaghata* Until 11:11PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 23		
Creative Work		611992363	<b>Rahu</b>	9:58AM – 11:27AM	Nataraja: Purple	Moon – Clear			
Until 4:53PM				Balava Until 8:43AM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga				Prathama* Until 7:35PM	Devaloka Time: 9:AM to 12:PM				

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

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Saturday, October 7, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 173

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 7.43 Tihi 17 - 18

621992363

Gulika 5:33AM - 7:02AM

Yama 12:55PM - 2:23PM

Rahu 8:30AM - 9:58AM

Ashvini Until 3:21PM

Harshana Until 8:02PM

Taitila Until 6:24AM

Dvitiya Until 5:08PM

Ganesh: Blue Sunrise: 5:33AM

Muruga: Blue Sunset: 5:19PM

Nataraja: Purple

Moon - White

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

Sunday, October 8, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra/Siddhi Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Manama, Bahrain

Sun 2 Sutra 174

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 22.09 Tihi 18 - 19

621992364

Gulika 2:22PM - 3:50PM

Yama 11:26AM - 12:54PM

Rahu 3:50PM - 5:18PM

Bharani Until 1:27PM

Vajra\* Until 4:42PM

Bava Until 1:09AM Mon

Tritiya Until 2:29PM

Ganesh: Blue Sunrise: 5:34AM

Muruga: Blue Sunset: 5:18PM

Nataraja: Clear

Moon - White

Ashvina+Puratasi

Sivaloka Day

Routine Work Prabalarishta Yoga

Until 1:27PM

Then Creative Work - Siddha Yoga

Monday, October 9, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 175

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 6.4 Tihi 19 - 20

621992364

Gulika 12:54PM - 2:22PM

Yama 9:58AM - 11:26AM

Rahu 7:02AM - 8:30AM

Krittika Until 11:22AM

Siddhi Until 1:21PM

Kaulava Until 10:28PM

Chaturthi\* Until 11:47AM

Ganesh: Blue Sunrise: 5:34AM

Muruga: Blue Sunset: 5:17PM

Nataraja: Clear

Moon - White

Ashvina+Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 11:22AM

Then Creative Work - Amrita Yoga

Tuesday, October 10, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\* Varyan Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Manama, Bahrain

Sun 4 Sutra 176

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 21.08 Tihi 20 - 21

631992364

Gulika 11:26AM - 12:53PM

Yama 8:30AM - 9:58AM

Rahu 2:21PM - 3:49PM

Rohini Until 9:38AM

Vyatipata\* Until 10:04AM

Gara Until 7:54PM

Panchami Until 9:08AM

Ganesh: Red Sunrise: 5:35AM

Muruga: Blue Sunset: 5:16PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 9:38AM

Then Creative Work - Siddha Yoga

Wednesday, October 11, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Varyan/Parigha\* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 177

Hemalamba 5119

Moon 10 - Phase 24

1st Phase

Mithuna Rasi: 5.31 Tihi 21 - 22

631992364

Gulika 9:58AM - 11:25AM

Yama 7:03AM - 8:30AM

Rahu 11:25AM - 12:53PM

Mrigashira Until 7:55AM

Varyan Until 6:54AM

Bava Until 4:27AM Thu

Shashthi\* Until 6:40AM

Ganesh: Red Sunrise: 5:35AM

Muruga: Blue Sunset: 5:15PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Devaloka Day

Creative Work Siddha Yoga

Thursday, October 12, 2017

D

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 178

Hemalamba 5119

Moon 10 - Phase 24

Ashtami

Mithuna Rasi: 19.44 Tihi 23

632992364

Gulika 8:30AM - 9:58AM

Yama 5:36AM - 7:03AM

Rahu 12:52PM - 2:20PM

Ardra Until 6:18AM

Shiva Until 1:14AM Fri

Balava Until 3:27PM

Ashtami\* Until 2:30AM Fri

Ganesh: Blue Sunrise: 5:36AM

Muruga: Blue Sunset: 5:14PM

Nataraja: Clear

Moon - Yellow

Ashvina+Puratasi

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 6:18AM

Then Creative Work - Amrita Yoga

Friday, October 13, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 179

Hemalamba 5119

Moon 10 - Phase 24

Navami

Kataka Rasi: 3.45 Tihi 24

642992364

Gulika 7:03AM - 8:31AM

Yama 2:19PM - 3:46PM

Rahu 9:58AM - 11:25AM

Pushya Until 4:23AM Sat

Siddha Until 10:45PM

Taitila Until 1:40PM

Navami\* Until 12:53AM Sat

Ganesh: Red Sunrise: 5:36AM

Muruga: Blue Sunset: 5:13PM

Nataraja: Clear

Moon - Blue

Ashvina+Puratasi

Devaloka Day

Routine Work Marana Yoga


<b>1</b>	<b>Saturday, October 14, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam				Manama, Bahrain	
	Kataka Rasi: 17.35		Ashlesha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 180	
	Tihti 25		<b>Gulika</b> 5:37AM – 7:04AM	<b>Ashlesha* Until 3:41AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:37AM	Hemalamba 5119	
	642992364		Yama 12:51PM – 2:18PM	Sadhya Until 8:32PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 25	
Routine Work Marana Yoga		<b>Rahu</b> 8:31AM – 9:58AM	Vanija Until 12:13PM	<b>Nataraja:</b> Clear	Moon – Blue		2nd Phase	
		<b>Dashami Until 11:35PM</b>		<b>Ashvina•Puratasi</b>		<b>Devaloka Day</b>		

<b>2</b>	<b>Sunday, October 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain	
	Simha Rasi: 1.13		Magha* Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 181	
	Tihti 26		<b>Gulika</b> 2:18PM – 3:45PM	<b>Magha* Until 3:36AM Mon</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:37AM	Hemalamba 5119	
	652992364		Yama 11:24AM – 12:51PM	Subha Until 6:36PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 25	
Routine Work Marana Yoga		<b>Rahu</b> 3:45PM – 5:11PM	Bava Until 11:05AM	<b>Nataraja:</b> Clear	Moon – Red		2nd Phase	
Until 3:36AM Mon		<b>Ekadashi* Until 10:37PM</b>		<b>Ashvina•Puratasi</b>		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga						Devaloka Time: 6:PM to 9:PM		

<b>3</b>	<b>Monday, October 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Manama, Bahrain	
	Simha Rasi: 14.39		Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 10		Sutra 182	
	Tihti 27		<b>Gulika</b> 12:51PM – 2:17PM	<b>Purvaphalguni Until 3:42AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:38AM	Hemalamba 5119	
	652992364		Yama 9:58AM – 11:24AM	Sukla Until 4:53PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 25	
Family Home Evening		<b>Rahu</b> 7:04AM – 8:31AM	Kaulava Until 10:16AM	<b>Nataraja:</b> Clear	Moon – Red		2nd Phase	
Creative Work Siddha Yoga		<b>Dvadashi* Until 9:58PM</b>		<b>Ashvina•Puratasi</b>		<b>Bhuloka Day</b>		
Until 3:42AM Tue						Devaloka Time: 6:PM to 9:PM		
Then Creative Work - Amrita Yoga								

<b>4</b>	<b>Tuesday, October 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain	
	Simha Rasi: 27.55		Uttaraphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 183	
	Tihti 28		<b>Gulika</b> 11:24AM – 12:50PM	<b>Uttaraphalguni Until 3:58AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:38AM	Hemalamba 5119	
	652992364		Yama 8:31AM – 9:57AM	Brahma Until 3:27PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 25	
Creative Work Amrita Yoga		<b>Rahu</b> 2:17PM – 3:43PM	Gara Until 9:47AM	<b>Nataraja:</b> Clear	Moon – Red		2nd Phase	
Until 3:58AM Wed		<b>Trayodashi* Until 9:40PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b>		
Then Routine Work - Marana Yoga						Devaloka Time: 6:PM to 9:PM		
						<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Wednesday, October 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam				Manama, Bahrain	
	Kanya Rasi: 11		Hasta Nakshatra Indra/Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 184	
	Tihti 29		<b>Gulika</b> 9:57AM – 11:24AM	<b>Hasta Until 4:55AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM	Hemalamba 5119	
	662992364		Yama 7:05AM – 8:31AM	Indra Until 2:18PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 25	
Routine Work Marana Yoga		<b>Rahu</b> 11:24AM – 12:50PM	Visti Until 9:40AM	<b>Nataraja:</b> Clear	Moon – Green		2nd Phase	
Until 4:55AM Thu		<b>Chaturdashi* Until 9:44PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga						Devaloka Time: 6:PM to 9:PM		
						Deepavali Hindu Solidarity Day		

	<b>Thursday, October 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam				Manama, Bahrain	
	<b>Retreat Star</b>		Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Sutra 185	
	Kanya Rasi: 23.53		<b>Gulika</b> 8:31AM – 9:57AM	<b>Chitra Until 6:08AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM	Hemalamba 5119	
	Tihti 30		Yama 5:39AM – 7:05AM	Vaidhriti* Until 1:27PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 25	
662992364		<b>Rahu</b> 12:49PM – 2:16PM	Catuspada Until 9:56AM	<b>Nataraja:</b> Clear	Moon – Green		Amavasya	
Creative Work Siddha Yoga		<b>Amavasya* Until 10:12PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b>		
						Devaloka Time: 6:PM to 9:PM		

	<b>Friday, October 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain	
	<b>Retreat Star</b>		Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Sutra 186	
	Tula Rasi: 6.35		<b>Gulika</b> 7:06AM – 8:32AM	<b>Chitra Until 6:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:40AM	Hemalamba 5119	
	Tihti 1		Yama 2:15PM – 3:41PM	Vishkambha* Until 12:56PM	<b>Muruga:</b> Blue	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 25	
662992364		<b>Rahu</b> 9:57AM – 11:23AM	Kintughna Until 10:38AM	<b>Nataraja:</b> Clear	Moon – Green		Prathama	
Creative Work Siddha Yoga		<b>Prathama* Until 11:08PM</b>		<b>Kartika•Aipasi</b>		<b>Bhuloka Day</b>		
						Devaloka Time: 6:PM to 9:PM		
						Skanda Shasthi Begins		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Saturday, October 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Manama, Bahrain Sun 15 Sutra 187 Hemalamba 5119
	Tula Rasi: 19.04	Tithi 2	<b>Gulika</b> 5:41AM – 7:06AM	<b>Svati</b> <b>Until 7:37AM</b>	<b>Ganesh:</b> White <i>Sunrise: 5:41AM</i>		
			Yama 12:49PM – 2:14PM	Priti <b>Until 12:47PM</b>	<b>Muruga:</b> Blue <i>Sunset: 5:06PM</i>		Moon 10 - Phase 26
	Creative Work	Siddha Yoga	662992364 <b>Rahu</b> 8:32AM – 9:57AM	Balava <b>Until 11:47AM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> <b>Until 12:31AM Sun</b>	Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Sunday, October 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 188 Hemalamba 5119
	Vrischika Rasi: 1.22	Tithi 3	<b>Gulika</b> 2:14PM – 3:39PM	<b>Vishakha</b> <b>Until 9:52AM</b>	<b>Ganesh:</b> Green <i>Sunrise: 5:41AM</i>		
			Yama 11:23AM – 12:48PM	Ayushman <b>Until 12:58PM</b>	<b>Muruga:</b> Blue <i>Sunset: 5:05PM</i>		Moon 10 - Phase 26
	Routine Work	Marana Yoga	672992364 <b>Rahu</b> 3:39PM – 5:05PM	Tailila <b>Until 1:24PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> <b>Until 2:21AM Mon</b>	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Monday, October 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau				Manama, Bahrain Sun 17 Sutra 189 Hemalamba 5119
	Vrischika Rasi: 13.28	Tithi 4	<b>Gulika</b> 12:48PM – 2:13PM	<b>Anuradha</b> <b>Until 12:22PM</b>	<b>Ganesh:</b> Green <i>Sunrise: 5:42AM</i>		
	<b>Family Home Evening</b>		Yama 9:58AM – 11:23AM	Saubhagya <b>Until 1:28PM</b>	<b>Muruga:</b> Blue <i>Sunset: 5:04PM</i>		Moon 10 - Phase 26
	Creative Work	Siddha Yoga	672992364 <b>Rahu</b> 7:07AM – 8:32AM	Vanija <b>Until 3:27PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi*</b> <b>Until 4:35AM Tue</b>	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Tuesday, October 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 190 Hemalamba 5119
	Vrischika Rasi: 25.26	Tithi 5	<b>Gulika</b> 11:23AM – 12:48PM	<b>Jyeshtha*</b> <b>Until 3:02PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:42AM</i>		
			Yama 8:32AM – 9:58AM	Sobhana <b>Until 2:16PM</b>	<b>Muruga:</b> Blue <i>Sunset: 5:03PM</i>		Moon 10 - Phase 26
	Routine Work	Marana Yoga	672192364 <b>Rahu</b> 2:13PM – 3:38PM	Bava <b>Until 5:50PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> <b>Until 7:06AM Wed</b>	Moon – Orange		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Wednesday, October 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Manama, Bahrain Sun 19 Sutra 191 Hemalamba 5119
	Dhanus Rasi: 7.17	Tithi 5 – 6	<b>Gulika</b> 9:58AM – 11:23AM	<b>Mula*</b> <b>Until 6:15PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:43AM</i>		
			Yama 7:08AM – 8:33AM	Athiganda* <b>Until 3:11PM</b>	<b>Muruga:</b> Blue <i>Sunset: 5:02PM</i>		Moon 10 - Phase 26
	Routine Work	Marana Yoga	683192364 <b>Rahu</b> 11:23AM – 12:48PM	Kaulava <b>Until 8:26PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> <b>Until 7:06AM</b>	Moon – Light Blue		<b>Sivaloka Day</b> Karttika-Aipasi	

<b>6</b>	<b>Thursday, October 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 192 Hemalamba 5119
	Dhanus Rasi: 19.07	Tithi 6 – 7	<b>Gulika</b> 8:33AM – 9:58AM	<b>Purvashadha*</b> <b>Until 9:18PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:43AM</i>		
			Yama 5:43AM – 7:08AM	Sukarma <b>Until 4:09PM</b>	<b>Muruga:</b> White <i>Sunset: 5:02PM</i>		Moon 10 - Phase 26
	Creative Work	Siddha Yoga	683112364 <b>Rahu</b> 12:47PM – 2:12PM	Gara <b>Until 11:01PM</b>	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> <b>Until 9:43AM</b>	Moon – Light Blue		<b>Sivaloka Day</b> Karttika-Aipasi	

<b>Retreat Star</b>	<b>Friday, October 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 193 Hemalamba 5119
	Makara Rasi: 0.57	Tithi 7 – 8	<b>Gulika</b> 7:09AM – 8:33AM	<b>Uttarashadha</b> <b>Until 11:59PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 5:44AM</i>		
			Yama 2:12PM – 3:36PM	Dhriti <b>Until 5:00PM</b>	<b>Muruga:</b> White <i>Sunset: 5:01PM</i>		Moon 10 - Phase 26
	Routine Work	Marana Yoga	683112364 <b>Rahu</b> 9:58AM – 11:22AM	Visti <b>Until 1:22AM Sat</b>	<b>Nataraja:</b> Clear		Ashtami
			<b>Saptami</b> <b>Until 12:13PM</b>	Moon – Light Blue		<b>Sivaloka Day</b> Karttika-Aipasi	

<b>Retreat Star</b>	<b>Saturday, October 28, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 22 Sutra 194 Hemalamba 5119
	Makara Rasi: 12.55	Tithi 8 – 9	<b>Gulika</b> 5:45AM – 7:09AM	<b>Shravana</b> <b>Until 2:32AM Sun</b>	<b>Ganesh:</b> Clear <i>Sunrise: 5:45AM</i>		
			Yama 12:47PM – 2:11PM	Shula* <b>Until 5:30PM</b>	<b>Muruga:</b> White <i>Sunset: 5:00PM</i>		Moon 10 - Phase 26
	Creative Work	Siddha Yoga	693112364 <b>Rahu</b> 8:33AM – 9:58AM	Balava <b>Until 3:13AM Sun</b>	<b>Nataraja:</b> Clear		Navami
			<b>Ashtami*</b> <b>Until 2:20PM</b>	Moon – Purple		<b>Devaloka Day</b> Karttika-Aipasi	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1 Sunday, October 29, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
		Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23 Sutra 195
		<b>Gulika</b>	<b>2:11PM – 3:35PM</b>	<b>Dhanishtha Until 4:14AM Mon</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:45AM</i>
Makara Rasi: 25.06		Yama	11:22AM – 12:46PM	Ganda* Until 5:32PM	<b>Muruga: White</b>	<i>Sunset: 4:59PM</i>
Tithi 9 – 10		693112364	<b>Rahu</b>	3:35PM – 4:59PM	Nataraja: Clear	Moon 10 - Phase 27
Routine Work Marana Yoga						4th Phase
Until 4:14AM Mon						<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>2 Monday, October 30, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
		Shatabhishak Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 196
		<b>Gulika</b>	<b>12:46PM – 2:10PM</b>	<b>Shatabhishak Until 4:59AM Tue</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:46AM</i>
Kumbha Rasi: 7.35		Yama	9:58AM – 11:22AM	Vridhhi Until 4:59PM	<b>Muruga: White</b>	<i>Sunset: 4:58PM</i>
Tithi 10 – 11		693112364	<b>Rahu</b>	7:10AM – 8:34AM	Nataraja: Clear	Moon 10 - Phase 27
<b>Family Home Evening</b>						4th Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>
Until 4:59AM Tue						
Then Routine Work - Marana Yoga						

<b>3 Tuesday, October 31, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
		Purvaprosarthapada* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau				Sun 25 Sutra 197
		<b>Gulika</b>	<b>11:22AM – 12:46PM</b>	<b>Purvaprosarthapada* Until 5:11AM Wed</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:46AM</i>
Kumbha Rasi: 20.28		Yama	8:34AM – 9:58AM	Dhruva Until 3:43PM	<b>Muruga: White</b>	<i>Sunset: 4:58PM</i>
Tithi 11 – 12		613112364	<b>Rahu</b>	2:10PM – 3:34PM	Nataraja: Clear	Moon 10 - Phase 27
Routine Work Marana Yoga						4th Phase
Until 5:11AM Wed						<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, November 1, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
		Uttaraprosarthapada Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau				Sun 26 Sutra 198
		<b>Gulika</b>	<b>9:58AM – 11:22AM</b>	<b>Uttaraprosarthapada Until 4:26AM Thu</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:47AM</i>
Meena Rasi: 3.47		Yama	7:11AM – 8:35AM	Vyaghata* Until 1:48PM	<b>Muruga: White</b>	<i>Sunset: 4:57PM</i>
Tithi 12 – 13		613112364	<b>Rahu</b>	11:22AM – 12:46PM	Nataraja: Clear	Moon 10 - Phase 27
Creative Work Siddha Yoga						4th Phase
Until 5:11AM Wed						<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>5 Thursday, November 2, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
		Revati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 199
		<b>Gulika</b>	<b>8:35AM – 9:58AM</b>	<b>Revati Until 2:51AM Fri</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:48AM</i>
Meena Rasi: 17.34		Yama	5:48AM – 7:11AM	Harshana Until 11:16AM	<b>Muruga: White</b>	<i>Sunset: 4:56PM</i>
Tithi 13 – 14		613112364	<b>Rahu</b>	12:46PM – 2:09PM	Nataraja: Clear	Moon 10 - Phase 27
Creative Work Siddha Yoga						4th Phase
Until 2:51AM Fri						<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>Friday, November 3, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
		Ashvini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 200
		<b>Gulika</b>	<b>7:12AM – 8:35AM</b>	<b>Ashvini Until 1:00AM Sat</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:48AM</i>
Mesha Rasi: 1.47		Yama	2:09PM – 3:32PM	Vajra* Until 8:11AM	<b>Muruga: White</b>	<i>Sunset: 4:56PM</i>
Tithi 14 – 15		623112364	<b>Rahu</b>	9:59AM – 11:22AM	Nataraja: Clear	Moon 10 - Phase 27
Creative Work Amrita Yoga						Purnima
Until 1:00AM Sat						<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>Saturday, November 4, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam				Manama, Bahrain
		Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 201
		<b>Gulika</b>	<b>5:49AM – 7:12AM</b>	<b>Bharani Until 10:38PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:49AM</i>
Mesha Rasi: 16.23		Yama	12:45PM – 2:09PM	Vyatipata* Until 12:57AM Sun	<b>Muruga: White</b>	<i>Sunset: 4:55PM</i>
Tithi 15 – 16		623112364	<b>Rahu</b>	8:36AM – 9:59AM	Nataraja: Clear	Moon 10 - Phase 27
Creative Work Siddha Yoga						Prathama
Until 10:38PM						<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda





Sunday, November 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain

Sutra 202

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 1.13 Tihti 17

623112364

**Gulika** 2:08PM – 3:31PM  
**Yama** 11:22AM – 12:45PM  
**Rahu** 3:31PM – 4:54PM

**Krittika** **Until 7:57PM**  
Variyan **Until 9:01PM**  
Taitila **Until 3:35PM**

**Ganesha:** White *Sunrise: 5:50AM*  
**Muruga:** White *Sunset: 4:54PM*  
**Nataraja:** Clear

Moon – White  
**Karttika•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Monday, November 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha/Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 203

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 16.1 Tihti 18

633112364

**Gulika** 12:45PM – 2:08PM  
**Yama** 9:59AM – 11:22AM  
**Rahu** 7:13AM – 8:36AM

**Rohini** **Until 5:30PM**  
Parigha\* **Until 5:05PM**  
Vanija **Until 12:15PM**  
Tritiya **Until 10:35PM**

**Ganesha:** Clear *Sunrise: 5:50AM*  
**Muruga:** White *Sunset: 4:54PM*  
**Nataraja:** Clear

Moon – Yellow  
**Karttika•Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

Tuesday, November 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 204

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 1.04 Tihti 19

733112364

**Gulika** 11:22AM – 12:45PM  
**Yama** 8:37AM – 9:59AM  
**Rahu** 2:08PM – 3:30PM

**Mrigashira** **Until 3:03PM**  
Shiva **Until 1:17PM**  
Bava **Until 9:00AM**  
Chaturthi\* **Until 7:26PM**

**Ganesha:** White *Sunrise: 5:51AM*  
**Muruga:** White *Sunset: 4:53PM*  
**Nataraja:** Clear

Moon – Yellow  
**Karttika•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 3:03PM

Then Routine Work - Marana Yoga

Wednesday, November 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 3 Sutra 205

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 15.48 Tihti 20 – 21

734112364

**Gulika** 10:00AM – 11:22AM  
**Yama** 7:14AM – 8:37AM  
**Rahu** 11:22AM – 12:45PM

**Ardra** **Until 12:45PM**  
Siddha **Until 9:40AM**  
Gara **Until 3:21AM** Thu  
Panchami **Until 4:36PM**

**Ganesha:** Clear *Sunrise: 5:52AM*  
**Muruga:** White *Sunset: 4:53PM*  
**Nataraja:** Clear

Moon – Yellow  
**Karttika•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

Thursday, November 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 4 Sutra 206

Hemalamba 5119

Moon 11 - Phase 28

1st Phase

Kataka Rasi: 0.16 Tihti 21 – 22

744112364

**Gulika** 8:37AM – 10:00AM  
**Yama** 5:52AM – 7:15AM  
**Rahu** 12:45PM – 2:07PM

**Punarvasu** **Until 11:08AM**  
Sadhya **Until 6:23AM**  
Visti **Until 1:12AM** Fri  
Shashthi\* **Until 2:12PM**

**Ganesha:** Purple *Sunrise: 5:52AM*  
**Muruga:** White *Sunset: 4:52PM*  
**Nataraja:** Clear

Moon – Blue  
**Karttika•Aipasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Friday, November 10, 2017

5

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 5 Sutra 207

Hemalamba 5119

Moon 11 - Phase 28

Ashtami

Kataka Rasi: 14.25 Tihti 22 – 23

744112364

**Gulika** 7:15AM – 8:38AM  
**Yama** 2:07PM – 3:29PM  
**Rahu** 10:00AM – 11:22AM

**Pushya** **Until 9:52AM**  
Sukla **Until 1:02AM** Sat  
Balava **Until 11:34PM**  
Saptami **Until 12:18PM**

**Ganesha:** Purple *Sunrise: 5:53AM*  
**Muruga:** White *Sunset: 4:52PM*  
**Nataraja:** Clear

Moon – Blue  
**Karttika•Aipasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Saturday, November 11, 2017

6

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 6 Sutra 208

Hemalamba 5119

Moon 11 - Phase 28

Navami

Kataka Rasi: 28.13 Tihti 23 – 24

744112364

**Gulika** 5:54AM – 7:16AM  
**Yama** 12:45PM – 2:07PM  
**Rahu** 8:38AM – 10:00AM

**Ashlesha\*** **Until 9:00AM**  
Brahma **Until 11:01PM**  
Taitila **Until 10:30PM**  
Ashtami\* **Until 10:57AM**

**Ganesha:** Purple *Sunrise: 5:54AM*  
**Muruga:** White *Sunset: 4:51PM*  
**Nataraja:** Clear

Moon – Blue  
**Karttika•Aipasi**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 9:00AM

Then Creative Work - Amrita Yoga

<b>1 Sunday, November 12, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Tilau				Manama, Bahrain Sun 7 Sutra 209 Hemalamba 5119
Simha Rasi: 11.41	Tithi 24 – 25	<b>Gulika</b> 2:07PM – 3:29PM	<b>Magha* Until 8:58AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	
		Yama 11:23AM – 12:45PM	Indra Until 9:27PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:51PM	Moon 11 - Phase 29
		754112364 <b>Rahu</b> 3:29PM – 4:51PM	Vanija Until 9:59PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 10:09AM</b>	Moon – Red		<b>Devaloka Day</b>
Until 8:58AM				<b>Karttika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, November 13, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Hastha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Tilau				Manama, Bahrain Sun 8 Sutra 210 Hemalamba 5119
Simha Rasi: 24.52	Tithi 25 – 26	<b>Gulika</b> 12:45PM – 2:06PM	<b>Purvaphalguni Until 9:17AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	
<b>Family Home Evening</b>		Yama 10:01AM – 11:23AM	Vaidhriti* Until 8:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 29
		754112364 <b>Rahu</b> 7:17AM – 8:39AM	Bava Until 9:57PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:53AM</b>	Moon – Red		<b>Devaloka Day</b>
				<b>Karttika•Aipasi</b>		

<b>3 Tuesday, November 14, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hastha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau				Manama, Bahrain Sun 9 Sutra 211 Hemalamba 5119
Kanya Rasi: 7.49	Tithi 26 – 27	<b>Gulika</b> 11:23AM – 12:45PM	<b>Uttaraphalguni Until 9:55AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	
		Yama 8:39AM – 10:01AM	Vishkambha* Until 7:22PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:50PM	Moon 11 - Phase 29
		754112364 <b>Rahu</b> 2:06PM – 3:28PM	Kaulava Until 10:21PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 10:05AM</b>	Moon – Red		<b>Devaloka Day</b>
Until 9:55AM				<b>Karttika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, November 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hastha/Chitra Nakshatra Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Tilau				Manama, Bahrain Sun 10 Sutra 212 Hemalamba 5119
Kanya Rasi: 20.34	Tithi 27 – 28	<b>Gulika</b> 10:01AM – 11:23AM	<b>Hastha Until 11:15AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:57AM	
		Yama 7:18AM – 8:40AM	Priti Until 6:49PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 29
		764112364 <b>Rahu</b> 11:23AM – 12:45PM	Gara Until 11:10PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 10:41AM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 11:15AM		<b>Subramuniyaswami Mahasamadhi</b>	<i>Pradosha Vrata (Fasting)</i>	<b>Karttika•Aipasi</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>5 Thursday, November 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Tilau				Manama, Bahrain Sun 11 Sutra 213 Hemalamba 5119
Tula Rasi: 3.07	Tithi 28 – 29	<b>Gulika</b> 8:40AM – 10:02AM	<b>Chitra Until 12:48PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:57AM	
		Yama 5:57AM – 7:19AM	Ayushman Until 6:31PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 29
		764112364 <b>Rahu</b> 12:45PM – 2:06PM	Visti Until 12:20AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 11:41AM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 12:48PM				<b>Karttika•Karttikai</b>		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>Friday, November 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau				Manama, Bahrain Sun 12 Sutra 214 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> 7:19AM – 8:41AM	<b>Svati Until 2:31PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	
Tula Rasi: 15.32	Tithi 29 – 30	Yama 2:06PM – 3:27PM	Saubhagya Until 6:30PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 29
		764212365 <b>Rahu</b> 10:02AM – 11:23AM	Catuspada Until 1:51AM Sat	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:01PM</b>	Moon – Green		<b>Bhuloka Day</b>
				<b>Karttika•Karttikai</b>		Devaloka Time: 9:AM to 12:PM

<b>Saturday, November 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritu Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau				Manama, Bahrain Sun 13 Sutra 215 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b> 5:59AM – 7:20AM	<b>Vishakha Until 4:53PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:59AM	
Tula Rasi: 27.48	Tithi 30 – 1	Yama 12:45PM – 2:06PM	Sobhana Until 6:46PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 29
		774212365 <b>Rahu</b> 8:41AM – 10:02AM	Kintughna Until 3:42AM Sun	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 2:43PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Margasira•Karttikai</b>		Devaloka Time: 9:AM to 12:PM

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Sunday, November 19, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 14 Sutra 216 Hemalamba 5119
Vrischika Rasi: 9.56	Tithi 1 - 2	<b>Gulika</b>	2:06PM - 3:27PM	<b>Anuradha* Until 7:25PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:00AM		
		Yama	11:24AM - 12:45PM	Athiganda* Until 7:14PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:48PM		Moon 11 - Phase 30
Routine Work	Marana Yoga	774212365	<b>Rahu</b>	Balava Until 5:53AM Mon	<b>Nataraja:</b> White			3rd Phase
			3:27PM - 4:48PM	<b>Prathama* Until 4:44PM</b>	Moon - Orange		<b>Bhuloka Day</b>	
					<b>Margasira-Karttikai</b>		Devaloka Time: 9:AM to 12:PM	

<b>2</b>		<b>Monday, November 20, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Kaulava Karana Dvitiyayam Titau				Manama, Bahrain Sun 15 Sutra 217 Hemalamba 5119
Vrischika Rasi: 21.56	Tithi 2	<b>Gulika</b>	12:45PM - 2:06PM	<b>Jyeshtha* Until 10:04PM</b>	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 6:00AM		
<b>Family Home Evening</b>		Yama	10:03AM - 11:24AM	Sukarma Until 7:57PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:48PM		Moon 11 - Phase 30
Creative Work	Siddha Yoga	774212365	<b>Rahu</b>	Kaulava Until 7:04PM	<b>Nataraja:</b> White			3rd Phase
			7:21AM - 8:42AM	<b>Dvitiya Until 7:04PM</b>	Moon - Orange		<b>Bhuloka Day</b>	
					<b>Margasira-Karttikai</b>		Devaloka Time: 9:AM to 12:PM	

<b>3</b>		<b>Tuesday, November 21, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 218 Hemalamba 5119
Dhanus Rasi: 3.49	Tithi 3	<b>Gulika</b>	11:24AM - 12:45PM	<b>Mula* Until 1:17AM Wed</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:01AM		
		Yama	8:43AM - 10:03AM	Dhriti Until 8:52PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 30
Creative Work	Amrita Yoga	785212365	<b>Rahu</b>	Taitila Until 8:22AM	<b>Nataraja:</b> White			3rd Phase
			2:06PM - 3:27PM	<b>Tritiya Until 9:40PM</b>	Moon - Light Blue		<b>Bhuloka Day</b>	
					<b>Margasira-Karttikai</b>			

<b>4</b>		<b>Wednesday, November 22, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Manama, Bahrain Sun 17 Sutra 219 Hemalamba 5119
Dhanus Rasi: 15.38	Tithi 4	<b>Gulika</b>	10:04AM - 11:25AM	<b>Purvashadha* Until 4:26AM Thu</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:02AM		
		Yama	7:22AM - 8:43AM	Shula* Until 9:51PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 30
Creative Work	Amrita Yoga	785212365	<b>Rahu</b>	Vanija Until 11:02AM	<b>Nataraja:</b> White			3rd Phase
Until 4:26AM Thu			11:25AM - 12:45PM	<b>Chaturthi* Until 12:23AM Thu</b>	Moon - Light Blue		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Margasira-Karttikai</b>			

<b>5</b>		<b>Thursday, November 23, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 220 Hemalamba 5119
Dhanus Rasi: 27.25	Tithi 5	<b>Gulika</b>	8:44AM - 10:04AM	<b>Uttarashadha Until 7:21AM Fri</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:03AM		
		Yama	6:03AM - 7:23AM	Ganda* Until 10:50PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 30
Routine Work	Marana Yoga	785212365	<b>Rahu</b>	Bava Until 1:45PM	<b>Nataraja:</b> White			3rd Phase
			12:45PM - 2:06PM	<b>Panchami Until 3:03AM Fri</b>	Moon - Light Blue		<b>Bhuloka Day</b>	
					<b>Margasira-Karttikai</b>			

<b>6</b>		<b>Friday, November 24, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau				Manama, Bahrain Sun 19 Sutra 221 Hemalamba 5119
Makara Rasi: 9.14	Tithi 6	<b>Gulika</b>	7:24AM - 8:44AM	<b>Uttarashadha Until 7:21AM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:03AM		
		Yama	2:06PM - 3:26PM	Vriddhi Until 11:40PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 30
Routine Work	Marana Yoga	785212365	<b>Rahu</b>	Kaulava Until 4:20PM	<b>Nataraja:</b> White			3rd Phase
			10:05AM - 11:25AM	<b>Shashthi* Until 5:28AM Sat</b>	Moon - Light Blue		<b>Bhuloka Day</b>	
					<b>Margasira-Karttikai</b>			

		<b>Saturday, November 25, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Gara Karana Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 222 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b>	6:04AM - 7:24AM	<b>Shravana Until 10:19AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:04AM		
Makara Rasi: 21.1	Tithi 7	Yama	12:46PM - 2:06PM	Dhruva Until 12:08AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 30
Creative Work	Siddha Yoga	795212365	<b>Rahu</b>	Gara Until 6:32PM	<b>Nataraja:</b> White			3rd Phase
			8:45AM - 10:05AM	<b>Saptami Until 7:24AM Sun</b>	Moon - Purple		<b>Bhuloka Day</b>	
					<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b>		<b>Sunday, November 26, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 223 Hemalamba 5119
Kumbha Rasi: 3.17	Tithi 7 - 8	<b>Gulika</b>	2:06PM - 3:26PM	<b>Dhanishtha Until 12:35PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:05AM		
		Yama	11:26AM - 12:46PM	Vyaghata* Until 12:07AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 30
Routine Work	Marana Yoga	795212365	<b>Rahu</b>	Visti Until 8:07PM	<b>Nataraja:</b> White			Ashtami
Until 12:35PM			3:26PM - 4:47PM	<b>Saptami Until 7:24AM</b>	Moon - Purple		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b>		<b>Monday, November 27, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 22 Sutra 224 Hemalamba 5119
Kumbha Rasi: 15.41	Tithi 8 - 9	<b>Gulika</b>	12:46PM - 2:06PM	<b>Shatabhishak Until 2:00PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:06AM		
<b>Family Home Evening</b>		Yama	10:06AM - 11:26AM	Harshana Until 11:30PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 30
Creative Work	Siddha Yoga	795212365	<b>Rahu</b>	Balava Until 8:54PM	<b>Nataraja:</b> White			Navami
Until 2:00PM			7:26AM - 8:46AM	<b>Ashtami* Until 8:36AM</b>	Moon - Purple		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, November 28, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Manama, Bahrain Sun 23 Sutra 225 Hemalamba 5119	
Kumbha Rasi: 28.29	Tithi 9 – 10	<b>Gulika</b>	11:26AM – 12:46PM	<b>Purvaproshtapada* Until 2:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:06AM			
		Yama	8:46AM – 10:06AM	Vajra* Until 10:09PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:46PM			Moon 11 - Phase 31
		715212365 <b>Rahu</b>	2:06PM – 3:26PM	Taitila Until 8:48PM	<b>Nataraja:</b> White				4th Phase
Routine Work	Marana Yoga			<b>Navami* Until 8:57AM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 2:52PM					<b>Margasira-Karttikai</b>			Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Wednesday, November 29, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 226 Hemalamba 5119	
Meena Rasi: 11.44	Tithi 10 – 11	<b>Gulika</b>	10:07AM – 11:27AM	<b>Uttaraproshtapada Until 2:42PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:07AM			
		Yama	7:27AM – 8:47AM	Siddhi Until 8:06PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:46PM			Moon 11 - Phase 31
		715212365 <b>Rahu</b>	11:27AM – 12:47PM	Vanija Until 7:46PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga			<b>Dashami Until 8:22AM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 2:42PM		<b>Gita Jayanthi</b>			<b>Margasira-Karttikai</b>			Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Thursday, November 30, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Varyan Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 227 Hemalamba 5119	
Meena Rasi: 25.29	Tithi 11 – 12	<b>Gulika</b>	8:47AM – 10:07AM	<b>Revati Until 1:32PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:08AM			
		Yama	6:08AM – 7:28AM	Vyatipata* Until 5:24PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:46PM			Moon 11 - Phase 31
		716212365 <b>Rahu</b>	12:47PM – 2:07PM	Balava Until 4:42AM Fri	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi Until 6:55AM</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 1:32PM					<b>Margasira-Karttikai</b>				
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Friday, December 1, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 228 Hemalamba 5119	
Mesha Rasi: 9.44	Tithi 13	<b>Gulika</b>	7:28AM – 8:48AM	<b>Ashvini Until 11:56AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM			
		Yama	2:07PM – 3:27PM	Varyan Until 2:06PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:46PM			Moon 11 - Phase 31
		726212365 <b>Rahu</b>	10:08AM – 11:27AM	Kaulava Until 3:21PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Amrita Yoga			<b>Trayodashi Until 1:50AM Sat</b>	Moon – White			<b>Bhuloka Day</b>	
Until 11:56AM				<i>Pradosha Vrata</i>	<b>Margasira-Karttikai</b>			Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Saturday, December 2, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 229 Hemalamba 5119	
Mesha Rasi: 24.25	Tithi 14	<b>Gulika</b>	6:09AM – 7:29AM	<b>Bharani Until 9:37AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM			
		Yama	12:47PM – 2:07PM	Parigha* Until 10:21AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:46PM			Moon 11 - Phase 31
		726212365 <b>Rahu</b>	8:48AM – 10:08AM	Gara Until 12:14PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 10:30PM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 9:37AM		<b>Krittika Deepam</b>			<b>Margasira-Karttikai</b>			Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga									

<b>○</b>		<b>Sunday, December 3, 2017</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Manama, Bahrain Sutra 230 Hemalamba 5119	
<b>Copper Retreat Star</b>		<b>Gulika</b>	2:07PM – 3:27PM	<b>Krittika Until 6:45AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:10AM			
Vrishabha Rasi: 9.26	Tithi 15	Yama	11:28AM – 12:48PM	Shiva Until 6:18AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:46PM			Moon 11 - Phase 31
		726212365 <b>Rahu</b>	3:27PM – 4:46PM	Visti Until 8:43AM	<b>Nataraja:</b> White				Purnima
Creative Work	Siddha Yoga			<b>Purnima* Until 6:52PM</b>	Moon – White			<b>Bhuloka Day</b>	
					<b>Margasira-Karttikai</b>			Devaloka Time: 9:AM to 12:PM	

<b>Monday, December 4, 2017</b>		<b>Silver Retreat Star</b>				Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Manama, Bahrain Sutra 231 Hemalamba 5119	
Vrishabha Rasi: 24.38	Tithi 16 – 17	<b>Gulika</b>	12:48PM – 2:08PM	<b>Mrigashira Until 12:56AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:11AM			
<b>Family Home Evening</b>		Yama	10:09AM – 11:29AM	Sadhya Until 9:42PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:47PM			Moon 11 - Phase 31
		736212365 <b>Rahu</b>	7:30AM – 8:50AM	Taitila Until 1:15AM Tue	<b>Nataraja:</b> White				Prathama
Creative Work	Amrita Yoga			<b>Prathama* Until 3:06PM</b>	Moon – Yellow			<b>Devaloka Day</b>	
Until 12:56AM Tue					<b>Margasira-Karttikai</b>				
Then Routine Work - Marana Yoga		<b>Vinayaga Viratam Begins</b>							



Tuesday, December 5, 2017

Gold Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain  
Sun 1 Sutra 232

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 9.52 Tihi 17 - 18

736212365

**Gulika** 11:29AM - 12:48PM  
Yama 8:50AM - 10:10AM  
**Rahu** 2:08PM - 3:27PM

**Ardra** Until 9:56PM  
Subha Until 5:30PM  
Vanija Until 9:39PM  
Dvitiya Until 11:25AM

**Ganesha:** Purple *Sunrise:* 6:11AM  
**Muruga:** White *Sunset:* 4:47PM  
**Nataraja:** White  
Moon - Yellow  
**Margasira-Karttikai**

**Devaloka Day**

Routine Work Marana Yoga  
Until 9:56PM

Then Creative Work - Siddha Yoga

Wednesday, December 6, 2017

1

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain  
Sun 2 Sutra 233

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 24.56 Tihi 18 - 19

746212365

**Gulika** 10:10AM - 11:29AM  
Yama 7:31AM - 8:51AM  
**Rahu** 11:29AM - 12:49PM

**Punarvasu** Until 7:31PM  
Sukla Until 1:29PM  
Bava Until 6:21PM  
Tritiya Until 7:56AM

**Ganesha:** Clear *Sunrise:* 6:12AM  
**Muruga:** White *Sunset:* 4:47PM  
**Nataraja:** White  
Moon - Blue  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Thursday, December 7, 2017

2

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain  
Sun 3 Sutra 234

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 9.44 Tihi 20

747212365

**Gulika** 8:51AM - 10:11AM  
Yama 6:13AM - 7:32AM  
**Rahu** 12:49PM - 2:08PM

**Pushya** Until 5:26PM  
Brahma Until 9:50AM  
Kaulava Until 3:30PM  
Panchami Until 2:16AM Fri

**Ganesha:** White *Sunrise:* 6:13AM  
**Muruga:** White *Sunset:* 4:47PM  
**Nataraja:** White  
Moon - Blue  
**Margasira-Karttikai**

**Bhuloka Day**

Creative Work Amrita Yoga  
Until 5:26PM

Then Creative Work - Siddha Yoga

Friday, December 8, 2017

3

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain  
Sun 4 Sutra 235

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 24.09 Tihi 21

747212365

**Gulika** 7:33AM - 8:52AM  
Yama 2:09PM - 3:28PM  
**Rahu** 10:11AM - 11:30AM

**Ashlesha\*** Until 3:47PM  
Indra Until 6:38AM  
Gara Until 1:14PM  
Shashthi\* Until 12:20AM Sat

**Ganesha:** White *Sunrise:* 6:13AM  
**Muruga:** White *Sunset:* 4:47PM  
**Nataraja:** White  
Moon - Blue  
**Margasira-Karttikai**

**Bhuloka Day**

Routine Work Marana Yoga

Saturday, December 9, 2017

4

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Manama, Bahrain  
Sun 5 Sutra 236

Hemalamba 5119

Moon 12 - Phase 32

1st Phase

Simha Rasi: 8.08 Tihi 22

757212365

**Gulika** 6:14AM - 7:33AM  
Yama 12:50PM - 2:09PM  
**Rahu** 8:52AM - 10:12AM

**Magha\*** Until 3:06PM  
Vishkambha\* Until 1:49AM Sun  
Visti Until 11:39AM  
Saptami Until 11:06PM

**Ganesha:** Yellow *Sunrise:* 6:14AM  
**Muruga:** White *Sunset:* 4:47PM  
**Nataraja:** White  
Moon - Red  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga  
Until 3:06PM

Then Creative Work - Siddha Yoga

Sunday, December 10, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain  
Sun 6 Sutra 237

Hemalamba 5119

Moon 12 - Phase 32

Ashtami

Simha Rasi: 21.41 Tihi 23

757212365

**Gulika** 2:09PM - 3:28PM  
Yama 11:31AM - 12:50PM  
**Rahu** 3:28PM - 4:48PM

**Purvaphalguni** Until 2:59PM  
Priti Until 12:17AM Mon  
Balava Until 10:47AM  
Ashtami\* Until 10:36PM

**Ganesha:** Yellow *Sunrise:* 6:15AM  
**Muruga:** White *Sunset:* 4:48PM  
**Nataraja:** White  
Moon - Red  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 2:59PM

Then Creative Work - Amrita Yoga

Monday, December 11, 2017

Retreat Star

Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain  
Sun 7 Sutra 238

Hemalamba 5119

Moon 12 - Phase 32

Navami

Kanya Rasi: 4.51 Tihi 24

757212365

**Gulika** 12:51PM - 2:10PM  
Yama 10:13AM - 11:32AM  
**Rahu** 7:34AM - 8:54AM

**Uttaraphalguni** Until 3:24PM  
Ayushman Until 11:16PM  
Taitila Until 10:38AM  
Navami\* Until 10:48PM

**Ganesha:** Yellow *Sunrise:* 6:15AM  
**Muruga:** White *Sunset:* 4:48PM  
**Nataraja:** White  
Moon - Red  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Family Home Evening  
Creative Work Siddha Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, December 12, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Kanya Rasi: 17.4		Tithi 25		Hasta/Chitra Nakshatra Saubhagya Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 8 Sutra 239	
767312365		<b>Gulika</b>	<b>11:32AM – 12:51PM</b>	<b>Hasta Until 4:44PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:16AM	Hemalamba 5119
Creative Work Siddha Yoga		Yama	8:54AM – 10:13AM	Saubhagya Until 10:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 33
		<b>Rahu</b>	<b>2:10PM – 3:29PM</b>	Vanija Until 11:09AM	<b>Nataraja:</b> White		2nd Phase
				<b>Dashami Until 11:37PM</b>	Moon – Green	<b>Bhuloka Day</b>	
					<b>Margasira•Karttikai</b>	Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Wednesday, December 13, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Tula Rasi: 0.14		Tithi 26		Chitra Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 240	
767312365		<b>Gulika</b>	<b>10:14AM – 11:33AM</b>	<b>Chitra Until 6:27PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:17AM	Hemalamba 5119
Creative Work Siddha Yoga		Yama	7:36AM – 8:55AM	Sobhana Until 10:34PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 33
		<b>Rahu</b>	<b>11:33AM – 12:52PM</b>	Bava Until 12:14PM	<b>Nataraja:</b> White		2nd Phase
				<b>Ekadashi* Until 12:55AM Thu</b>	Moon – Green	<b>Bhuloka Day</b>	
					<b>Margasira•Karttikai</b>	Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Thursday, December 14, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
Tula Rasi: 12.35		Tithi 27		Svati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 241	
768312365		<b>Gulika</b>	<b>8:55AM – 10:14AM</b>	<b>Svati Until 8:24PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:17AM	Hemalamba 5119
Creative Work Amrita Yoga		Yama	6:17AM – 7:36AM	Athiganda* Until 10:42PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 33
Until 8:24PM		<b>Rahu</b>	<b>12:52PM – 2:11PM</b>	Kaulava Until 1:46PM	<b>Nataraja:</b> White		2nd Phase
Then Creative Work - Siddha Yoga				<b>Dvadashi* Until 2:39AM Fri</b>	Moon – Green	<b>Bhuloka Day</b>	
					<b>Margasira•Karttikai</b>		

<b>4</b>		<b>Friday, December 15, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
Tula Rasi: 24.46		Tithi 28		Vishakha Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 242	
778312365		<b>Gulika</b>	<b>7:37AM – 8:56AM</b>	<b>Vishakha Until 10:59PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:18AM	Hemalamba 5119
Creative Work Siddha Yoga		Yama	2:11PM – 3:30PM	Sukarma Until 11:06PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 33
		<b>Rahu</b>	<b>10:15AM – 11:34AM</b>	Gara Until 3:39PM	<b>Nataraja:</b> White		2nd Phase
				<b>Trayodashi* Until 4:41AM Sat</b>	Moon – Orange	<b>Bhuloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>	<b>Margasira•Karttikai</b>		

<b>5</b>		<b>Saturday, December 16, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
Vrishchika Rasi: 6.5		Tithi 29		Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 243	
878312365		<b>Gulika</b>	<b>6:19AM – 7:37AM</b>	<b>Anuradha Until 1:40AM Sun</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:19AM	Hemalamba 5119
Creative Work Siddha Yoga		Yama	12:53PM – 2:12PM	Dhriti Until 11:42PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 33
Until 1:40AM Sun		<b>Rahu</b>	<b>8:56AM – 10:15AM</b>	Visti Until 5:49PM	<b>Nataraja:</b> White		2nd Phase
Then Routine Work - Marana Yoga		<b>Markali Pillaiyar</b>		<b>Chaturdashi* Until 6:58AM Sun</b>	Moon – Orange	<b>Bhuloka Day</b>	
					<b>Margasira•Markali</b>		

<b>●</b>		<b>Sunday, December 17, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
<b>Retreat Star</b>		<b>Retreat Star</b>		Jyeshtha* Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 244	
Vrishchika Rasi: 18.49		Tithi 29 – 30		Jyeshtha* Until 4:23AM Mon		Hemalamba 5119	
878312365		<b>Gulika</b>	<b>2:12PM – 3:31PM</b>	Shula* Until 12:26AM Mon	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:19AM	
Routine Work Marana Yoga		Yama	11:35AM – 12:53PM	Catuspada Until 8:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 33
Until 4:23AM Mon		<b>Rahu</b>	<b>3:31PM – 4:50PM</b>	<b>Chaturdashi* Until 6:58AM</b>	<b>Nataraja:</b> White		Amavasya
Then Creative Work - Siddha Yoga		<b>Hanumath Jayanthi (Tamil Nadu)</b>			Moon – Orange	<b>Bhuloka Day</b>	
					<b>Margasira•Markali</b>		

<b>Monday, December 18, 2017</b>		<b>Monday, December 18, 2017</b>		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
<b>Retreat Star</b>		<b>Retreat Star</b>		Mula* Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 245	
Dhanus Rasi: 0.42		Tithi 30 – 1		Mula* Until 7:35AM Tue		Hemalamba 5119	
888312365		<b>Gulika</b>	<b>12:54PM – 2:13PM</b>	Ganda* Until 1:18AM Tue	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:20AM	
Family Home Evening		Yama	10:16AM – 11:35AM	Kintughna Until 10:47PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 33
Creative Work Siddha Yoga		<b>Rahu</b>	<b>7:39AM – 8:57AM</b>	<b>Amavasya* Until 9:28AM</b>	<b>Nataraja:</b> White		Prathama
					Moon – Light Blue	<b>Bhuloka Day</b>	
					<b>Pausha•Markali</b>		

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1 Tuesday, December 19, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain	
Dhanus Rasi: 12.32	Tithi 1 – 2	<b>Gulika</b> 11:36AM – 12:54PM	<b>Mula* Until 7:35AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:20AM	Sun 15	Sutra 246
		Yama 8:58AM – 10:17AM	Vridhhi Until 2:16AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 4:51PM	Hemalamba 5119	
		888312365 <b>Rahu</b> 2:13PM – 3:32PM	Balava Until 1:28AM Wed	<b>Nataraja:</b> White		Moon 12 - Phase 34	
Creative Work	Amrita Yoga		<b>Prathama* Until 12:06PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 7:35AM				<b>Pausha-Markali</b>			
Then Creative Work - Siddha Yoga							

2 Wednesday, December 20, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain	
Dhanus Rasi: 24.21	Tithi 2 – 3	<b>Gulika</b> 10:17AM – 11:36AM	<b>Purvashadha* Until 10:42AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:21AM	Sun 16	Sutra 247
		Yama 7:40AM – 8:58AM	Dhruva Until 3:12AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 4:51PM	Hemalamba 5119	
		889312365 <b>Rahu</b> 11:36AM – 12:55PM	Taitila Until 4:10AM Thu	<b>Nataraja:</b> White		Moon 12 - Phase 34	
Creative Work	Amrita Yoga		<b>Dvitiya Until 2:48PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to 12:PM	

3 Thursday, December 21, 2017		Hemalamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain	
Makara Rasi: 6.1	Tithi 3 – 4	<b>Gulika</b> 8:59AM – 10:18AM	<b>Uttarashadha Until 1:36PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:21AM	Sun 17	Sutra 248
		Yama 6:21AM – 7:40AM	Vyaghata* Until 4:04AM Fri	<b>Muruga:</b> White	<i>Sunset:</i> 4:52PM	Hemalamba 5119	
		889312365 <b>Rahu</b> 12:55PM – 2:14PM	Vanija Until 6:44AM Fri	<b>Nataraja:</b> White		Moon 12 - Phase 34	
Routine Work	Marana Yoga		<b>Tritiya Until 5:27PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 1:36PM				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga		<b>Day 1 of Pancha Ganapati</b>					

4 Friday, December 22, 2017		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain	
Makara Rasi: 18.01	Tithi 4	<b>Gulika</b> 7:41AM – 8:59AM	<b>Shravana Until 4:40PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:22AM	Sun 18	Sutra 249
		Yama 2:15PM – 3:33PM	Harshana Until 4:45AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 4:52PM	Hemalamba 5119	
		899312365 <b>Rahu</b> 10:18AM – 11:37AM	Vanija Until 6:44AM	<b>Nataraja:</b> White		Moon 12 - Phase 34	
Routine Work	Marana Yoga		<b>Chaturthi* Until 7:54PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 4:40PM				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>					

5 Saturday, December 23, 2017		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain	
Makara Rasi: 29.59	Tithi 5	<b>Gulika</b> 6:22AM – 7:41AM	<b>Dhanishtha Until 7:15PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:22AM	Sun 19	Sutra 250
		Yama 12:56PM – 2:15PM	Vajra* Until 5:04AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 4:53PM	Hemalamba 5119	
		899312365 <b>Rahu</b> 9:00AM – 10:19AM	Bava Until 9:01AM	<b>Nataraja:</b> White		Moon 12 - Phase 34	
Creative Work	Siddha Yoga		<b>Panchami Until 9:58PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 7:15PM				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga		<b>Day 3 of Pancha Ganapati</b>					

6 Sunday, December 24, 2017		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain	
Kumbha Rasi: 12.07	Tithi 6	<b>Gulika</b> 2:16PM – 3:34PM	<b>Shatabhishak Until 9:09PM</b>	<b>Ganesh:</b> Red	<i>Sunrise:</i> 6:23AM	Sun 20	Sutra 251
		Yama 11:38AM – 12:57PM	Siddhi Until 4:58AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 4:53PM	Hemalamba 5119	
		899312365 <b>Rahu</b> 3:34PM – 4:53PM	Kaulava Until 10:50AM	<b>Nataraja:</b> White		Moon 12 - Phase 34	
Creative Work	Siddha Yoga		<b>Shashthi* Until 11:29PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 10:42PM				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>					
		<b>Vinayaga Viratam Ends</b>					

Monday, December 25, 2017		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain	
<b>Retreat Star</b>		<b>Gulika</b> 12:57PM – 2:16PM	<b>Purvaproshtapada* Until 10:42PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:23AM	Sun 21	Sutra 252
Kumbha Rasi: 24.31	Tithi 7	Yama 10:20AM – 11:39AM	Vyatipata* Until 4:18AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 4:54PM	Hemalamba 5119	
<b>Family Home Evening</b>		819312365 <b>Rahu</b> 7:42AM – 9:01AM	Gara Until 12:01PM	<b>Nataraja:</b> White		Moon 12 - Phase 34	
Routine Work	Marana Yoga		<b>Saptami Until 12:18AM Tue</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 10:42PM				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga		<b>Day 5 of Pancha Ganapati</b>					

Tuesday, December 26, 2017		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain	
<b>Retreat Star</b>		<b>Gulika</b> 11:39AM – 12:58PM	<b>Uttaraproshtapada Until 11:19PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:24AM	Sun 22	Sutra 253
Meena Rasi: 7.14	Tithi 8	Yama 9:01AM – 10:20AM	Variyan Until 2:59AM Wed	<b>Muruga:</b> White	<i>Sunset:</i> 4:54PM	Hemalamba 5119	
		819312366 <b>Rahu</b> 2:17PM – 3:35PM	Visti Until 12:25PM	<b>Nataraja:</b> Green		Moon 12 - Phase 34	
Creative Work	Amrita Yoga		<b>Ashtami* Until 12:18AM Wed</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 11:19PM				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

Wednesday, December 27, 2017		Hemalamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain	
<b>Retreat Star</b>		<b>Gulika</b> 10:21AM – 11:40AM	<b>Revati Until 10:58PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:24AM	Sun 23	Sutra 254
Meena Rasi: 20.21	Tithi 9	Yama 7:43AM – 9:02AM	Parigha* Until 1:01AM Thu	<b>Muruga:</b> White	<i>Sunset:</i> 4:55PM	Hemalamba 5119	
		819312366 <b>Rahu</b> 11:40AM – 12:58PM	Balava Until 11:59AM	<b>Nataraja:</b> Green		Moon 12 - Phase 34	
Routine Work	Marana Yoga		<b>Navami* Until 11:26PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>		Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Thursday, December 28, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau		Manama, Bahrain Sun 24 Sutra 255 Hemalamba 5119	
Mesha Rasi: 3.56	Tithi 10	<b>Gulika</b>	9:02AM – 10:21AM	<b>Ashvini Until 10:06PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:25AM	
		Yama	6:25AM – 7:43AM	Shiva Until 10:25PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 35
		821312366 <b>Rahu</b>	12:59PM – 2:18PM	Taitila Until 10:43AM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Amrita Yoga			<b>Dashami Until 9:46PM</b>	Moon – White		<b>Devaloka Day</b>
Until 10:06PM					<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, December 29, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau		Manama, Bahrain Sun 25 Sutra 256 Hemalamba 5119	
Mesha Rasi: 18	Tithi 11	<b>Gulika</b>	7:44AM – 9:03AM	<b>Bharani Until 8:23PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:25AM	
		Yama	2:18PM – 3:37PM	Siddha Until 7:14PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 35
		821312366 <b>Rahu</b>	10:22AM – 11:41AM	Vanija Until 8:40AM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi Until 7:22PM</b>	Moon – White		<b>Devaloka Day</b>
		<b>Vaikuntha Ekadasi</b>			<b>Pausha-Markali</b>		

<b>3</b>		<b>Saturday, December 30, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 257 Hemalamba 5119	
Vrishabha Rasi: 2.31	Tithi 12 – 13	<b>Gulika</b>	6:25AM – 7:44AM	<b>Krittika Until 5:57PM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:25AM	
		Yama	1:00PM – 2:19PM	Sadhya Until 3:34PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 35
		821312366 <b>Rahu</b>	9:03AM – 10:22AM	Kaulava Until 2:44AM Sun	<b>Nataraja:</b> Green		4th Phase
Creative Work	Amrita Yoga			<b>Dvadashi Until 4:23PM</b>	Moon – White		<b>Devaloka Day</b>
				<i>Pradosha Vrata</i>	<b>Pausha-Markali</b>		

<b>4</b>		<b>Sunday, December 31, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 258 Hemalamba 5119	
Vrishabha Rasi: 17.25	Tithi 13 – 14	<b>Gulika</b>	2:19PM – 3:38PM	<b>Rohini Until 3:22PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:26AM	
		Yama	11:41AM – 1:00PM	Subha Until 11:33AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 35
		831312366 <b>Rahu</b>	3:38PM – 4:57PM	Gara Until 11:09PM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi Until 12:58PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM

<b>Monday, January 1, 2018</b>		<b>Copper Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Manama, Bahrain Sutra 259 Hemalamba 5119	
Mithuna Rasi: 2.35	Tithi 14 – 15	<b>Gulika</b>	1:01PM – 2:20PM	<b>Mrigashira Until 12:23PM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:26AM	
<b>Family Home Evening</b>		Yama	10:23AM – 11:42AM	Sukla Until 7:16AM	<b>Muruga:</b> White	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 35
		831312366 <b>Rahu</b>	7:45AM – 9:04AM	Visti Until 7:22PM	<b>Nataraja:</b> Green		Purnima
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 9:15AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 12:23PM					<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>Tuesday, January 2, 2018</b>		<b>Silver Retreat Star</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Manama, Bahrain Sutra 260 Hemalamba 5119	
Mithuna Rasi: 17.52	Tithi 16	<b>Gulika</b>	11:42AM – 1:02PM	<b>Ardra Until 9:11AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:26AM	
		Yama	9:04AM – 10:23AM	Indra Until 10:35PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 35
		831312366 <b>Rahu</b>	2:21PM – 3:40PM	Balava Until 3:34PM	<b>Nataraja:</b> Green		Prathama
Routine Work	Marana Yoga			<b>Prathama* Until 1:42AM Wed</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 9:11AM					<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga		<b>Ardra Darshanam</b>					





Wednesday, January 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain  
Sutra 261

Kataka Rasi: 3.06 Tihi 17

Gulika 10:24AM - 11:43AM  
Yama 7:46AM - 9:05AM  
Rahu 11:43AM - 1:02PM

Punarvasu Until 6:21AM  
Vaidhriti\* Until 6:24PM  
Taitila Until 11:55AM  
Dvitiya Until 10:11PM

Ganesha: White Sunrise: 6:26AM  
Muruga: White Sunset: 4:59PM  
Nataraja: Green  
Moon - Blue  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Thursday, January 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

Manama, Bahrain  
Sun 1 Sutra 262

Kataka Rasi: 18.06 Tihi 18

Gulika 9:05AM - 10:24AM  
Yama 6:27AM - 7:46AM  
Rahu 1:03PM - 2:22PM

Ashlesha\* Until 1:16AM Fri  
Vishkambha\* Until 2:32PM  
Vanija Until 8:35AM  
Tritiya Until 7:04PM

Ganesha: White Sunrise: 6:27AM  
Muruga: White Sunset: 5:00PM  
Nataraja: Green  
Moon - Blue  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 1:16AM Fri

Then Routine Work - Marana Yoga

Friday, January 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain  
Sun 2 Sutra 263

Simha Rasi: 2.46 Tihi 19 - 20

Gulika 7:46AM - 9:05AM  
Yama 2:22PM - 3:42PM  
Rahu 10:25AM - 11:44AM

Magha\* Until 11:44PM  
Priti Until 11:07AM  
Kaulava Until 3:30AM Sat  
Chaturthi\* Until 4:31PM

Ganesha: Clear Sunrise: 6:27AM  
Muruga: White Sunset: 5:01PM  
Nataraja: Green  
Moon - Red  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 11:44PM

Then Creative Work - Siddha Yoga

Saturday, January 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain  
Sun 3 Sutra 264

Simha Rasi: 16.59 Tihi 20 - 21

Gulika 6:27AM - 7:46AM  
Yama 1:04PM - 2:23PM  
Rahu 9:06AM - 10:25AM

Purvaphalguni Until 10:46PM  
Ayushman Until 8:11AM  
Gara Until 1:59AM Sun  
Panchami Until 2:37PM

Ganesha: Clear Sunrise: 6:27AM  
Muruga: White Sunset: 5:01PM  
Nataraja: Green  
Moon - Red  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

Until 10:46PM

Then Routine Work - Marana Yoga

Sunday, January 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Manama, Bahrain  
Sun 4 Sutra 265

Kanya Rasi: 0.45 Tihi 21 - 22

Gulika 2:23PM - 3:43PM  
Yama 11:45AM - 1:04PM  
Rahu 3:43PM - 5:02PM

Uttaraphalguni Until 10:26PM  
Sobhana Until 4:12AM Mon  
Visti Until 1:17AM Mon  
Shashthi\* Until 1:31PM

Ganesha: Purple Sunrise: 6:27AM  
Muruga: White Sunset: 5:02PM  
Nataraja: Green  
Moon - Red  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Monday, January 8, 2018

5

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain  
Sun 5 Sutra 266

Kanya Rasi: 14.03 Tihi 22 - 23

Gulika 1:05PM - 2:24PM  
Yama 10:26AM - 11:45AM  
Rahu 7:47AM - 9:06AM

Hasta Until 11:11PM  
Athiganda\* Until 3:07AM Tue  
Balava Until 1:23AM Tue  
Saptami Until 1:13PM

Ganesha: Purple Sunrise: 6:27AM  
Muruga: White Sunset: 5:03PM  
Nataraja: Green  
Moon - Green  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
Ashtami

Devaloka Day

Family Home Evening

Until 11:11PM

Then Routine Work - Prabalarishta Yoga

Tuesday, January 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain  
Sun 6 Sutra 267

Kanya Rasi: 26.57 Tihi 23 - 24

Gulika 11:46AM - 1:05PM  
Yama 9:07AM - 10:26AM  
Rahu 2:25PM - 3:44PM

Chitra Until 12:31AM Wed  
Sukarma Until 2:38AM Wed  
Taitila Until 2:14AM Wed  
Ashtami\* Until 1:42PM

Ganesha: Purple Sunrise: 6:28AM  
Muruga: White Sunset: 5:04PM  
Nataraja: Green  
Moon - Green  
Pausha-Markali

Hemalamba 5119  
Moon 13 - Phase 36  
Navami

Devaloka Day

Creative Work Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time

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<b>1</b>		<b>Wednesday, January 10, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Manama, Bahrain Sun 7 Sutra 268 Hemalamba 5119	
Tula Rasi: 9.3	Tithi 24 – 25	<b>Gulika</b>	<b>10:26AM – 11:46AM</b>	<b>Svati Until 2:18AM Thu</b>	<b>Ganesha: Purple</b> Sunrise: 6:28AM	<b>Muruga: White</b> Sunset: 5:04PM	Moon 13 - Phase 37 2nd Phase
Creative Work	Siddha Yoga	Yama	7:47AM – 9:07AM	Dhriti Until 2:39AM Thu	<b>Nataraja: Green</b>	<b>Devaloka Day</b>	
		862412366	<b>Rahu</b> 11:46AM – 1:06PM	Vanija Until 3:44AM Thu	Moon – Green	<b>Pausha-Markali</b>	
				<b>Navami* Until 2:54PM</b>			

<b>2</b>		<b>Thursday, January 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sun 8 Sutra 269 Hemalamba 5119	
Tula Rasi: 21.47	Tithi 25 – 26	<b>Gulika</b>	<b>9:07AM – 10:27AM</b>	<b>Vishakha Until 4:55AM Fri</b>	<b>Ganesha: Clear</b> Sunrise: 6:28AM	<b>Muruga: White</b> Sunset: 5:05PM	Moon 13 - Phase 37 2nd Phase
Creative Work	Siddha Yoga	Yama	6:28AM – 7:47AM	Shula* Until 3:01AM Fri	<b>Nataraja: Green</b>	<b>Bhuloka Day</b>	
		872412366	<b>Rahu</b> 1:06PM – 2:26PM	Bava Until 5:44AM Fri	Moon – Orange	<b>Devaloka Time: 9:AM to12:PM</b>	
				<b>Dashami Until 4:40PM</b>	<b>Pausha-Markali</b>		

<b>3</b>		<b>Friday, January 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ganda* Yoga Balava Karana Ekadashyam Titau		Manama, Bahrain Sun 9 Sutra 270 Hemalamba 5119	
Vrischika Rasi: 3.52	Tithi 26	<b>Gulika</b>	<b>7:47AM – 9:07AM</b>	<b>Anuradha Until 7:41AM Sat</b>	<b>Ganesha: Clear</b> Sunrise: 6:28AM	<b>Muruga: White</b> Sunset: 5:06PM	Moon 13 - Phase 37 2nd Phase
Creative Work	Siddha Yoga	Yama	2:26PM – 3:46PM	Ganda* Until 3:39AM Sat	<b>Nataraja: Green</b>	<b>Bhuloka Day</b>	
		872412366	<b>Rahu</b> 10:27AM – 11:47AM	Balava Until 6:51PM	Moon – Orange	<b>Devaloka Time: 9:AM to12:PM</b>	
				<b>Ekadashi* Until 6:51PM</b>	<b>Pausha-Markali</b>		

<b>4</b>		<b>Saturday, January 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvodashyam Titau		Manama, Bahrain Sun 10 Sutra 271 Hemalamba 5119	
Vrischika Rasi: 15.49	Tithi 27	<b>Gulika</b>	<b>6:28AM – 7:48AM</b>	<b>Anuradha Until 7:41AM</b>	<b>Ganesha: Clear</b> Sunrise: 6:28AM	<b>Muruga: White</b> Sunset: 5:07PM	Moon 13 - Phase 37 2nd Phase
Creative Work	Siddha Yoga	Yama	1:07PM – 2:27PM	Vriddhi Until 4:30AM Sun	<b>Nataraja: Green</b>	<b>Bhuloka Day</b>	
		872412366	<b>Rahu</b> 9:07AM – 10:27AM	Kaulava Until 8:05AM	Moon – Orange	<b>Devaloka Time: 9:AM to12:PM</b>	
				<b>Dvadashi* Until 9:20PM</b>	<b>Pausha-Markali</b>		

<b>5</b>		<b>Sunday, January 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau		Manama, Bahrain Sun 11 Sutra 272 Hemalamba 5119	
Vrischika Rasi: 27.41	Tithi 28	<b>Gulika</b>	<b>2:28PM – 3:47PM</b>	<b>Jyeshtha* Until 10:30AM</b>	<b>Ganesha: Clear</b> Sunrise: 6:28AM	<b>Muruga: White</b> Sunset: 5:07PM	Moon 13 - Phase 37 2nd Phase
Routine Work	Marana Yoga	Yama	11:48AM – 1:08PM	Dhruva Until 5:24AM Mon	<b>Nataraja: Green</b>	<b>Bhuloka Day</b>	
Until 10:30AM		872412366	<b>Rahu</b> 3:47PM – 5:07PM	Gara Until 10:39AM	Moon – Orange	<b>Devaloka Time: 9:AM to12:PM</b>	
Then Creative Work - Amrita Yoga				<b>Trayodashi* Until 11:58PM</b>	<b>Pausha-Thai</b>		
				<i>Pradosha Vrata (Fasting)</i>			

<b>6</b>		<b>Monday, January 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Manama, Bahrain Sun 12 Sutra 273 Hemalamba 5119	
Dhanus Rasi: 9.31	Tithi 29	<b>Gulika</b>	<b>1:08PM – 2:28PM</b>	<b>Mula* Until 1:44PM</b>	<b>Ganesha: Orange</b> Sunrise: 6:28AM	<b>Muruga: White</b> Sunset: 5:08PM	Moon 13 - Phase 37 2nd Phase
Family Home Evening		Yama	10:28AM – 11:48AM	Vyaghata* Until 6:19AM Tue	<b>Nataraja: Green</b>	<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	882412366	<b>Rahu</b> 7:48AM – 9:08AM	Visti Until 1:19PM	Moon – Light Blue	<b>Devaloka Time: 9:AM to12:PM</b>	
Until 1:44PM				<b>Chaturdashi* Until 2:38AM Tue</b>	<b>Pausha-Thai</b>		
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, January 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Manama, Bahrain Sun 13 Sutra 274 Hemalamba 5119	
Dhanus Rasi: 21.2	Tithi 30	<b>Gulika</b>	<b>11:48AM – 1:08PM</b>	<b>Purvashadha* Until 4:48PM</b>	<b>Ganesha: Orange</b> Sunrise: 6:28AM	<b>Muruga: White</b> Sunset: 5:09PM	Moon 13 - Phase 37 Amavasya
Creative Work	Siddha Yoga	Yama	9:08AM – 10:28AM	Vyaghata* Until 6:19AM	<b>Nataraja: Green</b>	<b>Bhuloka Day</b>	
Until 4:48PM		882412366	<b>Rahu</b> 2:29PM – 3:49PM	Catuspada Until 3:58PM	Moon – Light Blue	<b>Devaloka Time: 9:AM to12:PM</b>	
Then Routine Work - Prabalarishta Yoga				<b>Amavasya* Until 5:14AM Wed</b>	<b>Pausha-Thai</b>		

<b>Retreat Star</b>		<b>Wednesday, January 17, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Kintughna* Karana Prathamayam Titau		Manama, Bahrain Sun 14 Sutra 275 Hemalamba 5119	
Makara Rasi: 3.1	Tithi 1	<b>Gulika</b>	<b>10:28AM – 11:49AM</b>	<b>Uttarashadha Until 7:35PM</b>	<b>Ganesha: Orange</b> Sunrise: 6:28AM	<b>Muruga: White</b> Sunset: 5:10PM	Moon 13 - Phase 37 Prathama
Creative Work	Amrita Yoga	Yama	7:48AM – 9:08AM	Harshana Until 7:13AM	<b>Nataraja: Green</b>	<b>Bhuloka Day</b>	
Until 7:35PM		882412366	<b>Rahu</b> 11:49AM – 1:09PM	Kintughna Until 6:31PM	Moon – Light Blue	<b>Devaloka Time: 9:AM to12:PM</b>	
Then Creative Work - Siddha Yoga				<b>Prathama* Until 7:41AM Thu</b>	<b>Magha-Thai</b>		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Thursday, January 18, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Manama, Bahrain Sun 15 Sutra 276 Hemalamba 5119	
Makara Rasi: 15.05	Tithi 1 – 2	<b>Gulika</b>	<b>9:08AM – 10:29AM</b>	<b>Shravana Until 10:30PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:27AM			
		Yama	6:27AM – 7:48AM	Vajra* Until 7:57AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:11PM			Moon 13 - Phase 38
		892412366 <b>Rahu</b>	1:09PM – 2:30PM	Balava Until 8:50PM	<b>Nataraja:</b> Green				3rd Phase
Creative Work	Siddha Yoga			<b>Prathama* Until 7:41AM</b>	Moon – Purple			<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM
					<b>Magha-Thai</b>				

<b>2</b>		<b>Friday, January 19, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau		Manama, Bahrain Sun 16 Sutra 277 Hemalamba 5119	
Makara Rasi: 27.05	Tithi 2 – 3	<b>Gulika</b>	<b>7:48AM – 9:08AM</b>	<b>Dhanishtha Until 12:58AM Sat</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:27AM			
		Yama	2:30PM – 3:51PM	Siddhi Until 8:30AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:11PM			Moon 13 - Phase 38
		892412366 <b>Rahu</b>	10:29AM – 11:49AM	Taitila Until 10:52PM	<b>Nataraja:</b> Green				3rd Phase
Creative Work	Siddha Yoga			<b>Dvitiya Until 9:52AM</b>	Moon – Purple			<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM
Until 12:58AM Sat					<b>Magha-Thai</b>				
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Saturday, January 20, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Manama, Bahrain Sun 17 Sutra 278 Hemalamba 5119	
Kumbha Rasi: 9.13	Tithi 3 – 4	<b>Gulika</b>	<b>6:27AM – 7:48AM</b>	<b>Shatabhishak Until 2:52AM Sun</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:27AM			
		Yama	1:10PM – 2:31PM	Vyatipata* Until 8:49AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:12PM			Moon 13 - Phase 38
		892412366 <b>Rahu</b>	9:08AM – 10:29AM	Vanija Until 12:29AM Sun	<b>Nataraja:</b> Green				3rd Phase
Creative Work	Amrita Yoga			<b>Tritiya Until 11:43AM</b>	Moon – Purple			<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM
Until 2:52AM Sun					<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Sunday, January 21, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada* Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 279 Hemalamba 5119	
Kumbha Rasi: 21.31	Tithi 4 – 5	<b>Gulika</b>	<b>2:31PM – 3:52PM</b>	<b>Purvaprossthapada* Until 4:38AM Mon</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:27AM			
		Yama	11:50AM – 1:11PM	Variyan Until 8:47AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:13PM			Moon 13 - Phase 38
		813412366 <b>Rahu</b>	3:52PM – 5:13PM	Bava Until 1:38AM Mon	<b>Nataraja:</b> Green				3rd Phase
Creative Work	Siddha Yoga			<b>Chaturthi* Until 1:06PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
					<b>Magha-Thai</b>				

<b>5</b>		<b>Monday, January 22, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Manama, Bahrain Sun 19 Sutra 280 Hemalamba 5119	
Meena Rasi: 4.02	Tithi 5 – 6	<b>Gulika</b>	<b>1:11PM – 2:32PM</b>	<b>Uttaraprossthapada Until 5:40AM Tue</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:27AM			
<b>Family Home Evening</b>		Yama	10:29AM – 11:50AM	Parigha* Until 8:22AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:14PM			Moon 13 - Phase 38
		813412366 <b>Rahu</b>	7:48AM – 9:08AM	Kaulava Until 2:12AM Tue	<b>Nataraja:</b> Green				3rd Phase
Creative Work	Siddha Yoga			<b>Panchami Until 1:58PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
					<b>Magha-Thai</b>				

<b>6</b>		<b>Tuesday, January 23, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Manama, Bahrain Sun 20 Sutra 281 Hemalamba 5119	
Meena Rasi: 16.5	Tithi 6 – 7	<b>Gulika</b>	<b>11:50AM – 1:11PM</b>	<b>Revati Until 5:57AM Wed</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:27AM			
		Yama	9:08AM – 10:29AM	Shiva Until 7:32AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:14PM			Moon 13 - Phase 38
		813422366 <b>Rahu</b>	2:32PM – 3:53PM	Gara Until 2:08AM Wed	<b>Nataraja:</b> Green				3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi* Until 2:14PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 5:57AM Wed					<b>Magha-Thai</b>				
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Wednesday, January 24, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Manama, Bahrain Sun 21 Sutra 282 Hemalamba 5119	
Meena Rasi: 29.56	Tithi 7 – 8	<b>Gulika</b>	<b>10:30AM – 11:51AM</b>	<b>Ashvini Until 5:53AM Thu</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:26AM			
		Yama	7:47AM – 9:08AM	Siddha Until 6:10AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:15PM			Moon 13 - Phase 38
		813422366 <b>Rahu</b>	11:51AM – 1:12PM	Visti Until 1:25AM Thu	<b>Nataraja:</b> Green				Ashtami
Routine Work	Marana Yoga			<b>Saptami Until 1:51PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 5:53AM Thu					<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Thursday, January 25, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Manama, Bahrain Sun 22 Sutra 283 Hemalamba 5119	
Mesha Rasi: 13.23	Tithi 8 – 9	<b>Gulika</b>	<b>9:08AM – 10:30AM</b>	<b>Bharani Until 5:01AM Fri</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 6:26AM			
		Yama	6:26AM – 7:47AM	Subha Until 1:54AM Fri	<b>Muruga:</b> Green	<i>Sunset:</i> 5:16PM			Moon 13 - Phase 38
		923422366 <b>Rahu</b>	1:12PM – 2:33PM	Balava Until 12:01AM Fri	<b>Nataraja:</b> Green				Navami
Creative Work	Siddha Yoga			<b>Ashtami* Until 12:47PM</b>	Moon – White			<b>Bhuloka Day</b>	
					<b>Magha-Thai</b>				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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<b>1 Friday, January 26, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
Krittika Nakshatra Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 284		Hemalamba 5119		
Mesha Rasi: 27.14	Tithi 9 – 10	<b>Gulika</b> 7:47AM – 9:08AM	<b>Krittika</b> Until 3:24AM Sat	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:26AM	
		Yama 2:34PM – 3:55PM	Sukla Until 11:00PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:17PM	Moon 13 - Phase 39
	923422366	<b>Rahu</b> 10:30AM – 11:51AM	Taitila Until 10:00PM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 11:04AM	Moon – White		<b>Bhuloka Day</b>
Until 3:24AM Sat				<b>Magha-Thai</b>		
Then Creative Work - Amrita Yoga						

<b>2 Saturday, January 27, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Sun 24 Sutra 285		Hemalamba 5119		
Vrishabha Rasi: 11.28	Tithi 10 – 11	<b>Gulika</b> 6:25AM – 7:47AM	<b>Rohini</b> Until 1:33AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	
		Yama 1:13PM – 2:34PM	Brahma Until 7:40PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:17PM	Moon 13 - Phase 39
	933422366	<b>Rahu</b> 9:08AM – 10:30AM	Vanija Until 7:26PM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:46AM	Moon – Yellow		<b>Bhuloka Day</b>
Until 1:33AM Sun				<b>Magha-Thai</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Sunday, January 28, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
Mrigashira Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 286		Hemalamba 5119		
Vrishabha Rasi: 26.02	Tithi 12	<b>Gulika</b> 2:35PM – 3:57PM	<b>Mrigashira</b> Until 11:10PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	
		Yama 11:52AM – 1:13PM	Indra Until 4:00PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:18PM	Moon 13 - Phase 39
	933422366	<b>Rahu</b> 3:57PM – 5:18PM	Bava Until 4:26PM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 2:47AM Mon	Moon – Yellow		<b>Bhuloka Day</b>
Until 8:23PM				<b>Magha-Thai</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

<b>4 Monday, January 29, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 287		Hemalamba 5119		
Mithuna Rasi: 10.55	Tithi 13	<b>Gulika</b> 1:14PM – 2:35PM	<b>Ardra</b> Until 8:23PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	
<b>Family Home Evening</b>		Yama 10:30AM – 11:52AM	Vaidhriti* Until 12:03PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:19PM	Moon 13 - Phase 39
	933422366	<b>Rahu</b> 7:46AM – 9:08AM	Kaulava Until 1:07PM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 11:22PM	Moon – Yellow		<b>Bhuloka Day</b>
Until 8:23PM			<i>Pradosha Vrata</i>	<b>Magha-Thai</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

<b>5 Tuesday, January 30, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 288		Hemalamba 5119		
Mithuna Rasi: 25.56	Tithi 14	<b>Gulika</b> 11:52AM – 1:14PM	<b>Punarvasu</b> Until 5:45PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:24AM	
		Yama 9:08AM – 10:30AM	Vishkambha* Until 7:58AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:20PM	Moon 13 - Phase 39
	943422366	<b>Rahu</b> 2:36PM – 3:58PM	Gara Until 9:38AM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:51PM	Moon – Blue		<b>Bhuloka Day</b>
Until 8:23PM				<b>Magha-Thai</b>		
Then Creative Work - Amrita Yoga						

<b>Wednesday, January 31, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Manama, Bahrain
<b>Copper Retreat Star</b>		Pushya/Ashlesha* Nakshatra Ayushman Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Sun 27 Sutra 289		Hemalamba 5119
Kataka Rasi: 11	Tithi 15 – 16	<b>Gulika</b> 10:30AM – 11:52AM	<b>Pushya</b> Until 3:03PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:24AM	
		Yama 7:46AM – 9:08AM	Ayushman Until 11:53PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:21PM	Moon 13 - Phase 39
	943422366	<b>Rahu</b> 11:52AM – 1:14PM	Visti Until 6:08AM	<b>Nataraja:</b> Green		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 4:25PM	Moon – Blue		<b>Bhuloka Day</b>
Until 8:23PM				<b>Magha-Thai</b>		
Then Creative Work - Amrita Yoga						

<b>Thursday, February 1, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Manama, Bahrain
<b>Silver Retreat Star</b>		Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 27 Sutra 290		Hemalamba 5119
Kataka Rasi: 25.57	Tithi 16 – 17	<b>Gulika</b> 9:08AM – 10:30AM	<b>Ashlesha*</b> Until 12:25PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM	
		Yama 6:24AM – 7:46AM	Saubhagya Until 8:07PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:21PM	Moon 13 - Phase 39
	943522366	<b>Rahu</b> 1:14PM – 2:36PM	Taitila Until 11:44PM	<b>Nataraja:</b> Green		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:12PM	Moon – Blue		<b>Bhuloka Day</b>
Until 12:25PM				<b>Magha-Thai</b>		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Friday, February 2, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Alhiganda\* Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Manama, Bahrain

Sun 1 Sutra 291

Hemalamba 5119

Moon 1 - Phase 40  
1st Phase

Simha Rasi: 10.38 Tihi 17 - 18

Gulika 7:46AM - 9:08AM  
Yama 2:37PM - 3:59PM  
Rahu 10:30AM - 11:52AM

Magha\* Until 10:26AM  
Sobhana Until 4:43PM  
Vanija Until 9:09PM  
Dvitiya Until 10:22AM

Ganesha: White Sunrise: 6:23AM  
Muruga: Green Sunset: 5:21PM  
Nataraja: Green  
Moon - Red  
Magha-Thai

Devaloka Day

Routine Work Marana Yoga  
Until 10:26AM

Then Creative Work - Siddha Yoga

1

Saturday, February 3, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Alhiganda\*/Sukarma Yoga Visti\*/Bava Karana Tritya/Chaturthayam Titau

Manama, Bahrain

Sun 2 Sutra 292

Hemalamba 5119

Moon 1 - Phase 40  
1st Phase

Simha Rasi: 24.59 Tihi 18 - 19

Gulika 6:23AM - 7:45AM  
Yama 1:15PM - 2:37PM  
Rahu 9:08AM - 10:30AM

Purvaphalguni Until 8:50AM  
Athiganda\* Until 1:46PM  
Bava Until 7:10PM  
Tritya Until 8:04AM

Ganesha: White Sunrise: 6:23AM  
Muruga: Green Sunset: 5:22PM  
Nataraja: White  
Moon - Red  
Magha-Thai

Devaloka Day

Creative Work Siddha Yoga  
Until 8:50AM

Then Routine Work - Marana Yoga

2

Sunday, February 4, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 293

Hemalamba 5119

Moon 1 - Phase 40  
1st Phase

Kanya Rasi: 8.54 Tihi 19 - 20

Gulika 2:38PM - 4:00PM  
Yama 11:53AM - 1:15PM  
Rahu 4:00PM - 5:23PM

Uttaraphalguni Until 7:46AM  
Sukarma Until 11:23AM  
Taitila Until 5:33AM Mon  
Chaturthi\* Until 6:26AM

Ganesha: Yellow Sunrise: 6:22AM  
Muruga: Green Sunset: 5:23PM  
Nataraja: White  
Moon - Red  
Magha-Thai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

3

Monday, February 5, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Shashthayam Titau

Manama, Bahrain

Sun 4 Sutra 294

Hemalamba 5119

Moon 1 - Phase 40  
1st Phase

Kanya Rasi: 22.22 Tihi 21

Family Home Evening

Gulika 1:15PM - 2:38PM  
Yama 10:30AM - 11:53AM  
Rahu 7:45AM - 9:07AM

Hasta Until 7:44AM  
Dhriti Until 9:37AM  
Gara Until 5:26PM  
Shashthi\* Until 5:30AM Tue

Ganesha: White Sunrise: 6:22AM  
Muruga: Green Sunset: 5:23PM  
Nataraja: White  
Moon - Green  
Magha-Thai

Bhuloka Day

Until 7:44AM

Then Routine Work - Prabalarishta Yoga

4

Tuesday, February 6, 2018

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 295

Hemalamba 5119

Moon 1 - Phase 40  
1st Phase

Tula Rasi: 5.24 Tihi 22

Gulika 11:53AM - 1:16PM  
Yama 9:07AM - 10:30AM  
Rahu 2:38PM - 4:01PM

Chitra Until 8:21AM  
Shula\* Until 8:28AM  
Visti Until 5:47PM  
Saptami Until 6:14AM Wed

Ganesha: White Sunrise: 6:21AM  
Muruga: Green Sunset: 5:24PM  
Nataraja: White  
Moon - Green  
Magha-Thai

Bhuloka Day

Creative Work Siddha Yoga

D

Wednesday, February 7, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\*/Vridhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 296

Hemalamba 5119

Moon 1 - Phase 40  
Ashtami

Tula Rasi: 18.03 Tihi 22 - 23

Gulika 10:30AM - 11:53AM  
Yama 7:44AM - 9:07AM  
Rahu 11:53AM - 1:16PM

Svati Until 9:34AM  
Ganda\* Until 7:56AM  
Balava Until 6:54PM  
Saptami Until 6:14AM

Ganesha: White Sunrise: 6:21AM  
Muruga: Green Sunset: 5:25PM  
Nataraja: White  
Moon - Green  
Magha-Thai

Bhuloka Day

Creative Work Siddha Yoga

Thursday, February 8, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 297

Hemalamba 5119

Moon 1 - Phase 40  
Navami

Vrischika Rasi: 0.23 Tihi 23 - 24

Gulika 9:07AM - 10:30AM  
Yama 6:20AM - 7:43AM  
Rahu 1:16PM - 2:39PM

Vishakha Until 11:47AM  
Vridhi Until 7:58AM  
Taitila Until 8:41PM  
Ashtami\* Until 7:42AM

Ganesha: Clear Sunrise: 6:20AM  
Muruga: Green Sunset: 5:26PM  
Nataraja: White  
Moon - Orange  
Magha-Thai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

<b>1</b>	<b>Friday, February 9, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Dashamyam Titau				Manama, Bahrain Sun 8 Sutra 298 Hemalamba 5119
	Vrischika Rasi: 12.29	Tithi 24 – 25	<b>Gulika</b> 7:43AM – 9:06AM Yama 2:40PM – 4:03PM Rahu 10:30AM – 11:53AM	<b>Anuradha</b> Until 2:22PM Dhruva Until 8:24AM Vanija Until 10:57PM Navami* Until 9:45AM	<b>Ganesha:</b> Clear <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Orange <b>Magha-Thai</b>	<i>Sunrise:</i> 6:20AM <i>Sunset:</i> 5:26PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga							


<b>2</b>	<b>Saturday, February 10, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 9 Sutra 299 Hemalamba 5119
	Vrischika Rasi: 24.25	Tithi 25 – 26	<b>Gulika</b> 6:19AM – 7:42AM Yama 1:17PM – 2:40PM Rahu 9:06AM – 10:29AM	<b>Jyeshtha*</b> Until 5:08PM Vyaghata* Until 9:10AM Bava Until 1:32AM Sun Dashami Until 12:11PM	<b>Ganesha:</b> Clear <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Orange <b>Magha-Thai</b>	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 5:27PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	974522367				<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Sunday, February 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 10 Sutra 300 Hemalamba 5119
	Dhanus Rasi: 6.14	Tithi 26 – 27	<b>Gulika</b> 2:40PM – 4:04PM Yama 11:53AM – 1:17PM Rahu 4:04PM – 5:28PM	<b>Mula*</b> Until 8:24PM Harshana Until 10:07AM Kaulava Until 4:13AM Mon Ekadashi* Until 2:51PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Thai</b>	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 5:28PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Amrita Yoga	984522367				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, February 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 11 Sutra 301 Hemalamba 5119
	Dhanus Rasi: 18.02	Tithi 27 – 28	<b>Gulika</b> 1:17PM – 2:41PM Yama 10:29AM – 11:53AM Rahu 7:41AM – 9:05AM	<b>Purvashadha*</b> Until 11:29PM Vajra* Until 11:04AM Gara Until 6:50AM Tue Dvadashi* Until 5:31PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Thai</b>	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 5:28PM	Moon 1 - Phase 41 2nd Phase
	Family Home Evening		984522367				<b>Bhuloka Day</b>
Routine Work Marana Yoga							

<b>5</b>	<b>Tuesday, February 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 12 Sutra 302 Hemalamba 5119
	Dhanus Rasi: 29.53	Tithi 28	<b>Gulika</b> 11:53AM – 1:17PM Yama 9:05AM – 10:29AM Rahu 2:41PM – 4:05PM	<b>Uttarashadha</b> Until 2:13AM Wed Siddhi Until 11:57AM Gara Until 6:50AM Trayodashi* Until 8:02PM	<b>Ganesha:</b> Purple <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Light Blue <b>Magha-Masi</b>	<i>Sunrise:</i> 6:17AM <i>Sunset:</i> 5:29PM	Moon 1 - Phase 41 2nd Phase
	Routine Work	Prabalarishta Yoga	984522367				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Wednesday, February 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Manama, Bahrain Sun 13 Sutra 303 Hemalamba 5119
	Makara Rasi: 11.47	Tithi 29	<b>Gulika</b> 10:29AM – 11:53AM Yama 7:40AM – 9:05AM Rahu 11:53AM – 1:17PM	<b>Shravana</b> Until 4:59AM Thu Vyatipata* Until 12:40PM Visti Until 9:13AM Chaturdashi* Until 10:16PM	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 5:30PM	Moon 1 - Phase 41 2nd Phase
	Creative Work	Siddha Yoga	994522367				<b>Bhuloka Day</b>

	<b>Thursday, February 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain Sun 14 Sutra 304 Hemalamba 5119
	<b>Retreat Star</b>		<b>Gulika</b> 9:04AM – 10:29AM Yama 6:16AM – 7:40AM Rahu 1:17PM – 2:42PM	<b>Dhanishtha</b> Until 7:11AM Fri Variyan Until 1:05PM Catuspada Until 11:15AM Amavasya* Until 12:06AM Fri	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Purple <b>Magha-Masi</b>	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 5:30PM	Moon 1 - Phase 41 Amavasya
	Makara Rasi: 23.5	Tithi 30	994522367				<b>Bhuloka Day</b>
Creative Work Siddha Yoga							
Partial Solar Eclipse							

<b>7</b>	<b>Friday, February 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain Sun 15 Sutra 305 Hemalamba 5119
	<b>Retreat Star</b>		<b>Gulika</b> 7:39AM – 9:04AM Yama 2:42PM – 4:07PM Rahu 10:28AM – 11:53AM	<b>Dhanishtha</b> Until 7:11AM Parigha* Until 1:11PM Kintughna Until 12:52PM Prathama* Until 1:28AM Sat	<b>Ganesha:</b> Light Blue <b>Muruga:</b> Green <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Masi</b>	<i>Sunrise:</i> 6:15AM <i>Sunset:</i> 5:31PM	Moon 1 - Phase 41 Prathama
	Kumbha Rasi: 6.03	Tithi 1	994522367				<b>Bhuloka Day</b>
Creative Work Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>		<b>Saturday, February 17, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Manama, Bahrain Sun 16 Sutra 306 Hemalamba 5119	
Kumbha Rasi: 18.27	Tithi 2	<b>Gulika</b> 6:14AM – 7:39AM	<b>Shatabhishak</b> Until 8:47AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:14AM				
		Yama 1:18PM – 2:42PM	Shiva Until 12:57PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:32PM				
		995522367 <b>Rahu</b> 9:03AM – 10:28AM	Balava Until 2:00PM	<b>Nataraja:</b> White					Moon 1 - Phase 42 3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 2:22AM Sun	Moon – Purple				<b>Bhuloka Day</b>	
Until 8:47AM				<b>Phalguna-Masi</b>					
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, February 18, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Triliyayam Titau		Manama, Bahrain Sun 17 Sutra 307 Hemalamba 5119	
Meena Rasi: 1.04	Tithi 3	<b>Gulika</b> 2:43PM – 4:08PM	<b>Purvaproshtapada*</b> Until 10:15AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:13AM				
		Yama 11:53AM – 1:18PM	Siddha Until 12:20PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:32PM				
		915522367 <b>Rahu</b> 4:08PM – 5:32PM	Tailila Until 2:39PM	<b>Nataraja:</b> White					Moon 1 - Phase 42 3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 2:48AM Mon	Moon – Clear				<b>Bhuloka Day</b>	
Until 10:15AM				<b>Phalguna-Masi</b>				<b>Devaloka Time: 6:AM to 9:AM</b>	
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Monday, February 19, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau		Manama, Bahrain Sun 18 Sutra 308 Hemalamba 5119	
Meena Rasi: 13.53	Tithi 4	<b>Gulika</b> 1:18PM – 2:43PM	<b>Uttaraproshtapada</b> Until 11:07AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:12AM				
		Yama 10:28AM – 11:53AM	Sadhya Until 11:22AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:33PM				
<b>Family Home Evening</b>		915522367 <b>Rahu</b> 7:38AM – 9:03AM	Vanija Until 2:51PM	<b>Nataraja:</b> White					Moon 1 - Phase 42 3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 2:46AM Tue	Moon – Clear				<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>				<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>4</b>		<b>Tuesday, February 20, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau		Manama, Bahrain Sun 19 Sutra 309 Hemalamba 5119	
Meena Rasi: 26.57	Tithi 5	<b>Gulika</b> 11:53AM – 1:18PM	<b>Revati</b> Until 11:23AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:12AM				
		Yama 9:02AM – 10:27AM	Subha Until 10:03AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:34PM				
		915522367 <b>Rahu</b> 2:43PM – 4:08PM	Bava Until 2:36PM	<b>Nataraja:</b> White					Moon 1 - Phase 42 3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 2:17AM Wed	Moon – Clear				<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>				<b>Devaloka Time: 6:AM to 9:AM</b>	

Subramuniyaswami Siva Vision Day

<b>5</b>		<b>Wednesday, February 21, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Shashthyam Titau		Manama, Bahrain Sun 20 Sutra 310 Hemalamba 5119	
Mesha Rasi: 10.14	Tithi 6	<b>Gulika</b> 10:27AM – 11:53AM	<b>Ashvini</b> Until 11:31AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:11AM				
		Yama 7:36AM – 9:02AM	Sukla Until 8:23AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:34PM				
		925522367 <b>Rahu</b> 11:53AM – 1:18PM	Kaulava Until 1:54PM	<b>Nataraja:</b> White					Moon 1 - Phase 42 3rd Phase
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 1:22AM Thu	Moon – White				<b>Bhuloka Day</b>	
Until 11:31AM				<b>Phalguna-Masi</b>					
Then Creative Work - Siddha Yoga									

<b>6</b>		<b>Thursday, February 22, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau		Manama, Bahrain Sun 21 Sutra 311 Hemalamba 5119	
Mesha Rasi: 23.45	Tithi 7	<b>Gulika</b> 9:01AM – 10:27AM	<b>Bharani</b> Until 11:05AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM				
		Yama 6:10AM – 7:36AM	Brahma Until 6:23AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:35PM				
		925522367 <b>Rahu</b> 1:18PM – 2:44PM	Gara Until 12:47PM	<b>Nataraja:</b> White					Moon 1 - Phase 42 3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 12:02AM Fri	Moon – White				<b>Bhuloka Day</b>	
Until 11:05AM				<b>Phalguna-Masi</b>					
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Friday, February 23, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Manama, Bahrain Sun 22 Sutra 312 Hemalamba 5119	
Vrishabha Rasi: 7.31	Tithi 8	<b>Gulika</b> 7:35AM – 9:01AM	<b>Krittika</b> Until 10:07AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:09AM				
		Yama 2:44PM – 4:10PM	Vaidhriti* Until 1:24AM Sat	<b>Muruga:</b> Green	<i>Sunset:</i> 5:36PM				
		925522367 <b>Rahu</b> 10:27AM – 11:52AM	Visti Until 11:14AM	<b>Nataraja:</b> White					Moon 1 - Phase 42 Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 10:18PM	Moon – White				<b>Bhuloka Day</b>	
Until 10:07AM				<b>Phalguna-Masi</b>					
Then Routine Work - Marana Yoga									

<b>Retreat Star</b>		<b>Saturday, February 24, 2018</b>				Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 23 Sutra 313 Hemalamba 5119	
Vrishabha Rasi: 21.32	Tithi 9	<b>Gulika</b> 6:08AM – 7:34AM	<b>Rohini</b> Until 9:01AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:08AM				
		Yama 1:18PM – 2:44PM	Vishkamba* Until 10:27PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:36PM				
		935522367 <b>Rahu</b> 9:00AM – 10:26AM	Balava Until 9:18AM	<b>Nataraja:</b> White					Moon 1 - Phase 42 Navami
Creative Work	Amrita Yoga		<b>Navami*</b> Until 8:11PM	Moon – Yellow				<b>Bhuloka Day</b>	
Until 9:01AM				<b>Phalguna-Masi</b>				<b>Devaloka Time: 6:AM to 9:AM</b>	
Then Creative Work - Siddha Yoga									

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

<b>1 Sunday, February 25, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
Mithuna Rasi: 5.47    Tilthi 10 – 11		Mrigashira/Ardra Nakshatra Priti Yoga Tailila/Vanija Karana Dashami/Ekadashyam Titau		Sun 24    Sutra 314	
935522367		<b>Gulika</b> 2:44PM – 4:11PM	<b>Mrigashira Until 7:27AM</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 6:07AM	Hemalamba 5119
Creative Work    Siddha Yoga		Yama    11:52AM – 1:18PM	Priti Until 7:16PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:37PM	Moon 1 - Phase 43
		<b>Rahu</b> 4:11PM – 5:37PM	Tailila Until 7:01AM	<b>Nataraja:</b> White	4th Phase
			<b>Dashami Until 5:44PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM

<b>2 Monday, February 26, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
Mithuna Rasi: 20.15    Tilthi 11 – 12		Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vistli*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25    Sutra 315	
946622367		<b>Gulika</b> 1:18PM – 2:45PM	<b>Punarvasu Until 3:30AM Tue</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:07AM	Hemalamba 5119
Family Home Evening		Yama    10:26AM – 11:52AM	Ayushman Until 3:50PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:37PM	Moon 1 - Phase 43
Creative Work    Amrita Yoga		<b>Rahu</b> 7:33AM – 8:59AM	Bava Until 1:38AM Tue	<b>Nataraja:</b> White	4th Phase
Until 3:30AM Tue			<b>Ekadashi Until 3:02PM</b>	Moon – Blue	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna-Masi</b>	

<b>3 Tuesday, February 27, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 4.51    Tilthi 12 – 13		Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26    Sutra 316	
946622367		<b>Gulika</b> 11:52AM – 1:18PM	<b>Pushya Until 1:19AM Wed</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:06AM	Hemalamba 5119
Creative Work    Siddha Yoga		Yama    8:59AM – 10:25AM	Saubhagya Until 12:18PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:38PM	Moon 1 - Phase 43
		<b>Rahu</b> 2:45PM – 4:11PM	Kaulava Until 10:43PM	<b>Nataraja:</b> White	4th Phase
			<b>Dvadashi Until 12:10PM</b>	Moon – Blue	<b>Bhuloka Day</b>
			<i>Pradosha Vrata</i>	<b>Phalguna-Masi</b>	

<b>4 Wednesday, February 28, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
Kataka Rasi: 19.31    Tilthi 13 – 14		Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27    Sutra 317	
946622367		<b>Gulika</b> 10:25AM – 11:52AM	<b>Ashlesha* Until 11:03PM</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 6:05AM	Hemalamba 5119
Creative Work    Siddha Yoga		Yama    7:31AM – 8:58AM	Sobhana Until 8:44AM	<b>Muruga:</b> Green <i>Sunset:</i> 5:39PM	Moon 1 - Phase 43
		<b>Rahu</b> 11:52AM – 1:18PM	Gara Until 7:50PM	<b>Nataraja:</b> White	4th Phase
			<b>Trayodashi Until 9:15AM</b>	Moon – Blue	<b>Bhuloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>	

<b>Thursday, March 1, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
<b>○ Copper Retreat Star</b>		Magha* Nakshatra Sukarma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Sutra 318	
Simha Rasi: 4.08    Tilthi 14 – 15				Hemalamba 5119	
956622367		<b>Gulika</b> 8:57AM – 10:24AM	<b>Magha* Until 9:12PM</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:03AM	
Creative Work    Amrita Yoga		Yama    6:03AM – 7:30AM	Sukarma Until 1:52AM Fri	<b>Muruga:</b> Green <i>Sunset:</i> 5:40PM	Moon 1 - Phase 43
Until 9:12PM		<b>Rahu</b> 1:18PM – 2:45PM	Bava Until 3:47AM Fri	<b>Nataraja:</b> White	Purnima
Then Creative Work - Siddha Yoga			<b>Chaturdashi* Until 6:24AM</b>	Moon – Red	<b>Bhuloka Day</b>
		<b>Holi</b>		<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM

<b>Friday, March 2, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
<b>○ Silver Retreat Star</b>		Purvaphalguni Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 319	
Simha Rasi: 18.36    Tilthi 16				Hemalamba 5119	
956622367		<b>Gulika</b> 7:29AM – 8:57AM	<b>Purvaphalguni Until 7:32PM</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 6:02AM	
Creative Work    Siddha Yoga		Yama    2:46PM – 4:13PM	Dhriti Until 10:49PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:40PM	Moon 1 - Phase 43
		<b>Rahu</b> 10:24AM – 11:51AM	Balava Until 2:37PM	<b>Nataraja:</b> White	Prathama
			<b>Prathama* Until 1:31AM Sat</b>	Moon – Red	<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>	Devaloka Time: 6:AM to 9:AM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda





Saturday, March 3, 2018

Gold Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Shula\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Manama, Bahrain

Sutra 320

Kanya Rasi: 2.49 Tihti 17

Gulika 6:01AM - 7:28AM

Uttaraphalguni Until 6:11PM

Ganesha: Red Sunrise: 6:01AM

Hemalamba 5119

Yama 1:18PM - 2:46PM

Shula\* Until 8:07PM

Muruga: Green Sunset: 5:41PM

Moon 2 - Phase 44

966622367 Rahu 8:56AM - 10:23AM

Taitila Until 12:35PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Dvitiya Until 11:45PM

Moon - Red  
Phalguna-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, March 4, 2018

1

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\* Vridhhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 321

Kanya Rasi: 16.41 Tihti 18

Gulika 2:46PM - 4:14PM

Hasta Until 5:42PM

Ganesha: Green Sunrise: 6:00AM

Hemalamba 5119

Yama 11:51AM - 1:18PM

Ganda\* Until 5:55PM

Muruga: Green Sunset: 5:41PM

Moon 2 - Phase 44

966622367 Rahu 4:14PM - 5:41PM

Vanija Until 11:06AM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Tritiya Until 10:35PM

Moon - Green  
Phalguna-Masi

Bhuloka Day

Until 5:42PM

Then Creative Work - Siddha Yoga

Monday, March 5, 2018

2

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 322

Tula Rasi: 0.11 Tihti 19

Gulika 1:18PM - 2:46PM

Chitra Until 5:45PM

Ganesha: Blue Sunrise: 5:59AM

Hemalamba 5119

Yama 10:23AM - 11:50AM

Vridhhi Until 4:17PM

Muruga: Green Sunset: 5:42PM

Moon 2 - Phase 44

Family Home Evening 167622367 Rahu 7:27AM - 8:55AM

Bava Until 10:17AM

Nataraja: White

1st Phase

Routine Work Prabalarishta Yoga

Chaturthi\* Until 10:08PM

Moon - Green  
Phalguna-Masi

Bhuloka Day

Until 5:45PM

Then Creative Work - Amrita Yoga

Tuesday, March 6, 2018

3

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 323

Tula Rasi: 13.18 Tihti 20

Gulika 11:50AM - 1:18PM

Svati Until 6:22PM

Ganesha: Blue Sunrise: 5:58AM

Hemalamba 5119

Yama 8:54AM - 10:22AM

Dhruva Until 3:12PM

Muruga: Green Sunset: 5:42PM

Moon 2 - Phase 44

167622367 Rahu 2:46PM - 4:14PM

Kaulava Until 10:13AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Panchami Until 10:27PM

Moon - Green  
Phalguna-Masi

Bhuloka Day

Until 6:22PM

Then Routine Work - Marana Yoga

Wednesday, March 7, 2018

4

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 324

Tula Rasi: 26.02 Tihti 21

Gulika 10:22AM - 11:50AM

Vishakha Until 8:02PM

Ganesha: Red Sunrise: 5:57AM

Hemalamba 5119

Yama 7:25AM - 8:54AM

Vyaghata\* Until 2:43PM

Muruga: Green Sunset: 5:43PM

Moon 2 - Phase 44

177622367 Rahu 11:50AM - 1:18PM

Gara Until 10:55AM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 11:30PM

Moon - Orange  
Phalguna-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, March 8, 2018

5

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 325

Vrischika Rasi: 8.26 Tihti 22

Gulika 8:53AM - 10:21AM

Anuradha Until 10:12PM

Ganesha: Red Sunrise: 5:56AM

Hemalamba 5119

Yama 5:56AM - 7:24AM

Harshana Until 2:48PM

Muruga: Green Sunset: 5:43PM

Moon 2 - Phase 44

177622367 Rahu 1:18PM - 2:47PM

Visti Until 12:19PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Saptami Until 1:14AM Fri

Moon - Orange  
Phalguna-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Routine Work - Prabalarishta Yoga

Friday, March 9, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 326

Vrischika Rasi: 20.34 Tihti 23

Gulika 7:24AM - 8:52AM

Jyeshtha\* Until 12:43AM Sat

Ganesha: Red Sunrise: 5:55AM

Hemalamba 5119

Yama 2:47PM - 4:15PM

Vajra\* Until 3:17PM

Muruga: Green Sunset: 5:44PM

Moon 2 - Phase 44

177622367 Rahu 10:21AM - 11:50AM

Balava Until 2:19PM

Nataraja: White

Ashtami

Routine Work Marana Yoga

Ashtami\* Until 3:28AM Sat

Moon - Orange  
Phalguna-Masi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 12:43AM Sat

Then Creative Work - Siddha Yoga

Saturday, March 10, 2018

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 327

Dhanus Rasi: 2.31 Tihti 24

Gulika 5:54AM - 7:23AM

Mula\* Until 3:53AM Sun

Ganesha: Green Sunrise: 5:54AM

Hemalamba 5119

Yama 1:18PM - 2:47PM

Siddhi Until 4:06PM

Muruga: Green Sunset: 5:45PM

Moon 2 - Phase 44

187622367 Rahu 8:52AM - 10:20AM

Taitila Until 4:45PM

Nataraja: White

Navami

Creative Work Siddha Yoga

Navami\* Until 6:02AM Sun

Moon - Light Blue  
Phalguna-Masi

Bhuloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1 Sunday, March 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
Dhanus Rasi: 14.22    Tihi 24 – 25		Purvashadha* Nakshatra Vyatipata* Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8	Sutra 328	
		<b>Gulika</b>	<b>2:47PM – 4:16PM</b>	<b>Purvashadha* Until 6:59AM Mon</b>	<b>Ganesha: Green</b> <i>Sunrise: 5:53AM</i>	Hemalamba 5119
		Yama	11:49AM – 1:18PM	Vyatipata* Until 5:05PM	<b>Muruga: Green</b> <i>Sunset: 5:45PM</i>	Moon 2 - Phase 45
Creative Work    Siddha Yoga	187622367	<b>Rahu</b>	<b>4:16PM – 5:45PM</b>	Vanija Until 7:23PM	<b>Nataraja: White</b>	2nd Phase
Until 6:59AM Mon				Navami* Until 6:02AM	Moon – Light Blue	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Phalguna-Masi</b>	

<b>2 Monday, March 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				Manama, Bahrain
Dhanus Rasi: 26.1    Tihi 25 – 26		Purvashadha* Uтарыashadha Nakshatra Varyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9	Sutra 329	
		<b>Gulika</b>	<b>1:18PM – 2:47PM</b>	<b>Purvashadha* Until 6:59AM</b>	<b>Ganesha: Red</b> <i>Sunrise: 5:52AM</i>	Hemalamba 5119
<b>Family Home Evening</b>	188622367	Yama	10:20AM – 11:49AM	Variyan Until 6:02PM	<b>Muruga: Green</b> <i>Sunset: 5:46PM</i>	Moon 2 - Phase 45
Routine Work    Marana Yoga		<b>Rahu</b>	<b>7:21AM – 8:50AM</b>	Bava Until 9:58PM	<b>Nataraja: White</b>	2nd Phase
				Dashami Until 8:40AM	Moon – Light Blue	<b>Bhuloka Day</b>
					<b>Phalguna-Masi</b>	Devaloka Time: 9:AM to 12:PM

<b>3 Tuesday, March 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
Makara Rasi: 8.02    Tihi 26 – 27		Uтарыashadha/Shravana Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10	Sutra 330	
		<b>Gulika</b>	<b>11:48AM – 1:18PM</b>	<b>Uтарыashadha Until 9:47AM</b>	<b>Ganesha: Red</b> <i>Sunrise: 5:51AM</i>	Hemalamba 5119
		Yama	8:50AM – 10:19AM	Parigha* Until 6:49PM	<b>Muruga: Green</b> <i>Sunset: 5:46PM</i>	Moon 2 - Phase 45
Routine Work    Prabalarishta Yoga	188622367	<b>Rahu</b>	<b>2:47PM – 4:17PM</b>	Kaulava Until 12:17AM Wed	<b>Nataraja: White</b>	2nd Phase
Until 9:47AM				Ekadashi* Until 11:09AM	Moon – Light Blue	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>	Devaloka Time: 9:AM to 12:PM

<b>4 Wednesday, March 14, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam				Manama, Bahrain
Makara Rasi: 20.01    Tihi 27 – 28		Shravana/Dhanishtha Nakshatra Shiva Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11	Sutra 331	
		<b>Gulika</b>	<b>10:19AM – 11:48AM</b>	<b>Shravana Until 12:34PM</b>	<b>Ganesha: Green</b> <i>Sunrise: 5:50AM</i>	Hemalamba 5119
		Yama	7:19AM – 8:49AM	Shiva Until 7:18PM	<b>Muruga: Green</b> <i>Sunset: 5:47PM</i>	Moon 2 - Phase 45
Creative Work    Siddha Yoga	198622367	<b>Rahu</b>	<b>11:48AM – 1:18PM</b>	Gara Until 2:09AM Thu	<b>Nataraja: White</b>	2nd Phase
Until 12:34PM				Dvadashi* Until 1:16PM	Moon – Purple	<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga		<b>Karadaiyan Nombu (Tamil Nadu)</b>		<i>Pradosha Vrata (Fasting)</i>	<b>Phalguna-Panguni</b>	

<b>5 Thursday, March 15, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Manama, Bahrain
Kumbha Rasi: 2.11    Tihi 28 – 29		Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12	Sutra 332	
		<b>Gulika</b>	<b>8:48AM – 10:18AM</b>	<b>Dhanishtha Until 2:42PM</b>	<b>Ganesha: Green</b> <i>Sunrise: 5:49AM</i>	Hemalamba 5119
		Yama	5:49AM – 7:19AM	Siddha Until 7:21PM	<b>Muruga: Green</b> <i>Sunset: 5:47PM</i>	Moon 2 - Phase 45
Creative Work    Siddha Yoga	198622368	<b>Rahu</b>	<b>1:18PM – 2:47PM</b>	Visti Until 3:27AM Fri	<b>Nataraja: Clear</b>	2nd Phase
				Trayodashi* Until 2:51PM	Moon – Purple	<b>Sivaloka Day</b>
					<b>Phalguna-Panguni</b>	

<b>6 Friday, March 16, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
Kumbha Rasi: 15    Tihi 29 – 30		Shatabhishak/Purvaprosarthapada* Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13	Sutra 333	
		<b>Gulika</b>	<b>7:18AM – 8:48AM</b>	<b>Shatabhishak Until 4:06PM</b>	<b>Ganesha: Green</b> <i>Sunrise: 5:48AM</i>	Hemalamba 5119
		Yama	2:48PM – 4:18PM	Sadhya Until 6:57PM	<b>Muruga: Green</b> <i>Sunset: 5:48PM</i>	Moon 2 - Phase 45
Creative Work    Siddha Yoga	198622368	<b>Rahu</b>	<b>10:18AM – 11:48AM</b>	Catuspada Until 4:08AM Sat	<b>Nataraja: Clear</b>	2nd Phase
				Chaturdashi* Until 3:51PM	Moon – Purple	<b>Sivaloka Day</b>
					<b>Phalguna-Panguni</b>	

<b>7 Saturday, March 17, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain
<b>Retreat Star</b>		Purvaprosarthapada*/Uтарыaprosarthapada Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14	Sutra 334	
		<b>Gulika</b>	<b>5:47AM – 7:17AM</b>	<b>Purvaprosarthapada* Until 5:13PM</b>	<b>Ganesha: Orange</b> <i>Sunrise: 5:47AM</i>	Hemalamba 5119
		Yama	1:18PM – 2:48PM	Subha Until 6:06PM	<b>Muruga: Green</b> <i>Sunset: 5:48PM</i>	Moon 2 - Phase 45
Routine Work    Marana Yoga	118622368	<b>Rahu</b>	<b>8:47AM – 10:17AM</b>	Kintughna Until 4:13AM Sun	<b>Nataraja: Clear</b>	Amavasya
Until 5:13PM				Amavasya* Until 4:14PM	Moon – Clear	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Phalguna-Panguni</b>	

<b>8 Sunday, March 18, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
<b>Retreat Star</b>		Uтарыaprosarthapada*/Revati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvilijayam Titau		Sun 15	Sutra 335	
		<b>Gulika</b>	<b>2:48PM – 4:18PM</b>	<b>Uтарыaprosarthapada Until 5:39PM</b>	<b>Ganesha: Green</b> <i>Sunrise: 5:46AM</i>	Hemalamba 5119
		Yama	11:47AM – 1:17PM	Sukla Until 4:47PM	<b>Muruga: Green</b> <i>Sunset: 5:48PM</i>	Moon 2 - Phase 45
Meena Rasi: 10.16    Tihi 1 – 2	119622368	<b>Rahu</b>	<b>4:18PM – 5:48PM</b>	Balava Until 3:47AM Mon	<b>Nataraja: Clear</b>	Prathama
Creative Work    Amrita Yoga				Prathama* Until 4:03PM	Moon – Clear	<b>Bhuloka Day</b>
		<b>Yugadhi</b>			<b>Chaitra-Panguni</b>	Devaloka Time: 6:PM to 9:PM

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>		<b>Monday, March 19, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 336
Meena Rasi: 23.3	Tithi 2 – 3	<b>Gulika</b>	1:17PM – 2:48PM	<b>Revati</b> Until 5:28PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:45AM	Hemalamba 5119	
<b>Family Home Evening</b>	119622368	Yama	10:16AM – 11:47AM	Brahma Until 3:06PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	<b>Rahu</b>	7:15AM – 8:46AM	Taitila Until 2:55AM Tue	<b>Nataraja:</b> Clear		3rd Phase	
				<b>Dvitiya</b> Until 3:23PM	Moon – Clear			<b>Bhuloka Day</b>
					<b>Chaitra-Panguni</b>			Devaloka Time: 6:PM to 9:PM

<b>2</b>		<b>Tuesday, March 20, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Manama, Bahrain Sun 17 Sutra 337
Mesha Rasi: 6.58	Tithi 3 – 4	<b>Gulika</b>	11:46AM – 1:17PM	<b>Ashvini</b> Until 5:11PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM	Hemalamba 5119	
	129622368	Yama	8:45AM – 10:16AM	Indra Until 1:08PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	<b>Rahu</b>	2:48PM – 4:19PM	Vanija Until 1:41AM Wed	<b>Nataraja:</b> Clear		3rd Phase	
				<b>Tritiya</b> Until 2:19PM	Moon – White			<b>Bhuloka Day</b>
		<b>Chellappaswami Mahasamadhi</b>			<b>Chaitra-Panguni</b>			Devaloka Time: 6:PM to 9:PM

<b>3</b>		<b>Wednesday, March 21, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 338
Mesha Rasi: 20.38	Tithi 4 – 5	<b>Gulika</b>	10:15AM – 11:46AM	<b>Bharani</b> Until 4:29PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:42AM	Hemalamba 5119	
	129622368	Yama	7:13AM – 8:44AM	Vaidhriti* Until 10:53AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	<b>Rahu</b>	11:46AM – 1:17PM	Bava Until 12:12AM Thu	<b>Nataraja:</b> Clear		3rd Phase	
Until 4:29PM				<b>Chaturthi*</b> Until 12:57PM	Moon – White			<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					<b>Chaitra-Panguni</b>			Devaloka Time: 6:PM to 9:PM

<b>4</b>		<b>Thursday, March 22, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Manama, Bahrain Sun 19 Sutra 339
Vrishabha Rasi: 4.27	Tithi 5 – 6	<b>Gulika</b>	8:44AM – 10:15AM	<b>Krittika</b> Until 3:25PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM	Hemalamba 5119	
	129622368	Yama	5:41AM – 7:12AM	Vishkambha* Until 8:28AM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 46	
Routine Work	Marana Yoga	<b>Rahu</b>	1:17PM – 2:48PM	Kaulava Until 10:30PM	<b>Nataraja:</b> Clear		3rd Phase	
				<b>Panchami</b> Until 11:21AM	Moon – White			<b>Bhuloka Day</b>
					<b>Chaitra-Panguni</b>			Devaloka Time: 6:PM to 9:PM

<b>5</b>		<b>Friday, March 23, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 340
Vrishabha Rasi: 18.23	Tithi 6 – 7	<b>Gulika</b>	7:12AM – 8:43AM	<b>Rohini</b> Until 2:28PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:40AM	Hemalamba 5119	
	139722368	Yama	2:48PM – 4:20PM	Ayushman Until 3:13AM Sat	<b>Muruga:</b> Green	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 46	
Routine Work	Marana Yoga	<b>Rahu</b>	10:14AM – 11:46AM	Gara Until 8:39PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 2:28PM				<b>Shashthi*</b> Until 9:35AM	Moon – Yellow			<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Chaitra-Panguni</b>			

<b>Retreat Star</b>		<b>Saturday, March 24, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 341
Mithuna Rasi: 2.25	Tithi 7 – 8	<b>Gulika</b>	5:39AM – 7:11AM	<b>Mrigashira</b> Until 1:14PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:39AM	Hemalamba 5119	
	139722368	Yama	1:17PM – 2:48PM	Saubhagya Until 12:26AM Sun	<b>Muruga:</b> Green	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	<b>Rahu</b>	8:42AM – 10:14AM	Visti Until 6:40PM	<b>Nataraja:</b> Clear		Ashtami	
				<b>Saptami</b> Until 7:40AM	Moon – Yellow			<b>Sivaloka Day</b>
					<b>Chaitra-Panguni</b>			

<b>Retreat Star</b>		<b>Sunday, March 25, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 22 Sutra 342
Mithuna Rasi: 16.31	Tithi 9	<b>Gulika</b>	2:48PM – 4:20PM	<b>Ardra</b> Until 11:46AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:38AM	Hemalamba 5119	
	139722368	Yama	11:45AM – 1:17PM	Sobhana Until 9:35PM	<b>Muruga:</b> Green	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga	<b>Rahu</b>	4:20PM – 5:52PM	Balava Until 4:35PM	<b>Nataraja:</b> Clear		Navami	
				<b>Navami*</b> Until 3:30AM Mon	Moon – Yellow			<b>Sivaloka Day</b>
		<b>Sri Rama Navami</b>			<b>Chaitra-Panguni</b>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>Monday, March 26, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Manama, Bahrain Sun 23 Sutra 343 Hemalamba 5119
<b>1</b>		<b>Gulika</b> 1:17PM – 2:48PM	<b>Punarvasu Until 10:29AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:37AM		
Kataka Rasi: 0.4	Tithi 10	Yama 10:13AM – 11:45AM	Athiganda* Until 6:40PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:52PM		Moon 2 - Phase 47
<b>Family Home Evening</b>	141722368	<b>Rahu</b> 7:09AM – 8:41AM	Taitila Until 2:25PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga			<b>Dashami Until 1:18AM Tue</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 10:29AM				<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Tuesday, March 27, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 344 Hemalamba 5119
<b>2</b>		<b>Gulika</b> 11:44AM – 1:16PM	<b>Pushya Until 9:00AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:36AM		
Kataka Rasi: 14.52	Tithi 11	Yama 8:40AM – 10:12AM	Sukarma Until 3:43PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:53PM		Moon 2 - Phase 47
<b>Family Home Evening</b>	141722368	<b>Rahu</b> 2:49PM – 4:21PM	Vanija Until 12:13PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi Until 11:05PM</b>	Moon – Blue	<b>Devaloka Day</b>	
		<b>Yogaswami Mahasamadhi</b>		<b>Chaitra-Panguni</b>		

<b>Wednesday, March 28, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 345 Hemalamba 5119
<b>3</b>		<b>Gulika</b> 10:12AM – 11:44AM	<b>Ashlesha* Until 7:24AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:35AM		
Kataka Rasi: 29.05	Tithi 12	Yama 7:07AM – 8:39AM	Dhriti Until 12:48PM	<b>Muruga:</b> Green <i>Sunset:</i> 5:53PM		Moon 2 - Phase 47
<b>Family Home Evening</b>	141722368	<b>Rahu</b> 11:44AM – 1:16PM	Bava Until 10:01AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi Until 8:55PM</b>	Moon – Blue	<b>Devaloka Day</b>	
				<b>Chaitra-Panguni</b>		

<b>Thursday, March 29, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 346 Hemalamba 5119
<b>4</b>		<b>Gulika</b> 8:39AM – 10:11AM	<b>Magha* Until 6:08AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:34AM		
Simha Rasi: 13.14	Tithi 13	Yama 5:34AM – 7:06AM	Shula* Until 9:56AM	<b>Muruga:</b> Green <i>Sunset:</i> 5:54PM		Moon 2 - Phase 47
<b>Family Home Evening</b>	151722368	<b>Rahu</b> 1:16PM – 2:49PM	Kaulava Until 7:53AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga			<b>Trayodashi Until 6:52PM</b>	Moon – Red	<b>Sivaloka Day</b>	
Until 6:08AM				<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>Friday, March 30, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Manama, Bahrain Sun 27 Sutra 347 Hemalamba 5119
<b>5</b>		<b>Gulika</b> 7:05AM – 8:38AM	<b>Uttaraphalguni Until 3:48AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:33AM		
Simha Rasi: 27.17	Tithi 14 – 15	Yama 2:49PM – 4:21PM	Ganda* Until 7:14AM	<b>Muruga:</b> Green <i>Sunset:</i> 5:54PM		Moon 2 - Phase 47
<b>Family Home Evening</b>	151722368	<b>Rahu</b> 10:11AM – 11:43AM	Visti Until 4:17AM Sat	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 5:03PM</b>	Moon – Red	<b>Sivaloka Day</b>	
Until 3:48AM Sat				<b>Chaitra-Panguni</b>		
Then Routine Work - Marana Yoga						

<b>Saturday, March 31, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Manama, Bahrain Sutra 348 Hemalamba 5119
<b>0</b>		<b>Gulika</b> 5:32AM – 7:05AM	<b>Hasta Until 3:22AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:32AM		
Kanya Rasi: 11.1	Tithi 15 – 16	Yama 1:16PM – 2:49PM	Dhruva Until 2:36AM Sun	<b>Muruga:</b> Green <i>Sunset:</i> 5:55PM		Moon 2 - Phase 47
<b>Copper Retreat Star</b>	161722368	<b>Rahu</b> 8:37AM – 10:10AM	Balava Until 3:01AM Sun	<b>Nataraja:</b> Clear		Purnima
Routine Work Marana Yoga			<b>Purnima* Until 3:34PM</b>	Moon – Green	<b>Devaloka Day</b>	
Until 3:22AM Sun		<b>Panguni Uttiram</b>		<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>				

<b>Sunday, April 1, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sutra 349 Hemalamba 5119
<b>0</b>		<b>Gulika</b> 2:49PM – 4:22PM	<b>Chitra Until 3:18AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:32AM		
Kanya Rasi: 24.48	Tithi 16 – 17	Yama 11:43AM – 1:16PM	Vyaghata* Until 12:51AM Mon	<b>Muruga:</b> Green <i>Sunset:</i> 5:55PM		Moon 2 - Phase 47
<b>Silver Retreat Star</b>	161722368	<b>Rahu</b> 4:22PM – 5:55PM	Taitila Until 2:15AM Mon	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 2:32PM</b>	Moon – Green	<b>Devaloka Day</b>	
Until 3:18AM Mon				<b>Chaitra-Panguni</b>		
Then Creative Work - Amrita Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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**Monday, April 2, 2018**  
**Gold Retreat Star**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain  
Sun 1 Sutra 350  
Hemalamba 5119

Tula Rasi: 8.08 Tihi 17 – 18  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 3:40AM Tue  
Then Routine Work - Marana Yoga

**Gulika** 1:16PM – 2:49PM  
Yama 10:10AM – 11:43AM  
**Rahu** 7:04AM – 8:37AM

**Svati Until 3:40AM Tue**  
Harshana Until 11:36PM  
Vanija Until 2:05AM Tue  
**Dvitiya Until 2:04PM**

**Ganesha:** Clear *Sunrise: 5:31AM*  
**Muruga:** Green *Sunset: 5:55PM*  
**Nataraja:** Clear  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

**1 Tuesday, April 3, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha Nakshatra Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chaturchyam Titau

Manama, Bahrain  
Sun 2 Sutra 351  
Hemalamba 5119

Tula Rasi: 21.1 Tihi 18 – 19  
Routine Work Marana Yoga  
Until 4:59AM Wed  
Then Creative Work - Siddha Yoga

**Gulika** 11:43AM – 1:16PM  
Yama 8:36AM – 10:09AM  
**Rahu** 2:49PM – 4:22PM

**Vishakha Until 4:59AM Wed**  
Vajra\* Until 10:49PM  
Bava Until 2:34AM Wed  
**Tritiya Until 2:13PM**

**Ganesha:** Purple *Sunrise: 5:30AM*  
**Muruga:** Green *Sunset: 5:56PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2 Wednesday, April 4, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain  
Sun 3 Sutra 352  
Hemalamba 5119

Vrischika Rasi: 3.52 Tihi 19 – 20  
Creative Work Siddha Yoga  
Until 6:47AM Thu  
Then Routine Work - Prabalarishta Yoga

**Gulika** 10:09AM – 11:42AM  
Yama 7:02AM – 8:35AM  
**Rahu** 11:42AM – 1:16PM

**Anuradha Until 6:47AM Thu**  
Siddhi Until 10:34PM  
Kaulava Until 3:43AM Thu  
**Chaturthi\* Until 3:02PM**

**Ganesha:** Purple *Sunrise: 5:28AM*  
**Muruga:** Green *Sunset: 5:56PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3 Thursday, April 5, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain  
Sun 4 Sutra 353  
Hemalamba 5119

Vrischika Rasi: 16.16 Tihi 20 – 21  
Creative Work Siddha Yoga  
Until 6:47AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 8:35AM – 10:08AM  
Yama 5:27AM – 7:01AM  
**Rahu** 1:16PM – 2:49PM

**Anuradha Until 6:47AM**  
Vyatipata\* Until 10:49PM  
Gara Until 5:29AM Fri  
**Panchami Until 4:30PM**

**Ganesha:** Purple *Sunrise: 5:27AM*  
**Muruga:** Green *Sunset: 5:57PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4 Friday, April 6, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan Yoga Vanija Karana Shashthyam Titau

Manama, Bahrain  
Sun 5 Sutra 354  
Hemalamba 5119

Vrischika Rasi: 28.25 Tihi 21  
Routine Work Marana Yoga  
Until 8:59AM  
Then Creative Work - Amrita Yoga

**Gulika** 7:00AM – 8:34AM  
Yama 2:49PM – 4:23PM  
**Rahu** 10:08AM – 11:42AM

**Jyeshtha\* Until 8:59AM**  
Variyan Until 11:25PM  
Vanija Until 6:32PM  
**Shashthi\* Until 6:32PM**

**Ganesha:** Clear *Sunrise: 5:26AM*  
**Muruga:** Green *Sunset: 5:57PM*  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra•Panguni**

**Devaloka Day**

**5 Saturday, April 7, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Manama, Bahrain  
Sun 6 Sutra 355  
Hemalamba 5119

Dhanus Rasi: 10.22 Tihi 22  
Creative Work Siddha Yoga

**Gulika** 5:25AM – 6:59AM  
Yama 1:15PM – 2:49PM  
**Rahu** 8:33AM – 10:07AM

**Mula\* Until 11:58AM**  
Parigha\* Until 12:20AM Sun  
Visti Until 7:44AM  
**Saptami Until 8:57PM**

**Ganesha:** White *Sunrise: 5:25AM*  
**Muruga:** Green *Sunset: 5:57PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**Retreat Star**  
**Sunday, April 8, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain  
Sun 7 Sutra 356  
Hemalamba 5119

Dhanus Rasi: 22.13 Tihi 23  
Creative Work Siddha Yoga  
Until 3:01PM  
Then Creative Work - Amrita Yoga

**Gulika** 2:50PM – 4:24PM  
Yama 11:41AM – 1:15PM  
**Rahu** 4:24PM – 5:58PM

**Purvashadha\* Until 3:01PM**  
Shiva Until 1:21AM Mon  
Balava Until 10:15AM  
**Ashtami\* Until 11:32PM**

**Ganesha:** White *Sunrise: 5:24AM*  
**Muruga:** Green *Sunset: 5:58PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**Retreat Star**  
**Monday, April 9, 2018**

Hemalamba Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain  
Sun 8 Sutra 357  
Hemalamba 5119

Makara Rasi: 4.02 Tihi 24  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 5:54PM  
Then Creative Work - Amrita Yoga

**Gulika** 1:15PM – 2:50PM  
Yama 10:06AM – 11:41AM  
**Rahu** 6:58AM – 8:32AM

**Uttarashadha Until 5:54PM**  
Siddha Until 2:15AM Tue  
Taitila Until 12:50PM  
**Navami\* Until 2:02AM Tue**

**Ganesha:** White *Sunrise: 5:23AM*  
**Muruga:** Green *Sunset: 5:58PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra•Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

<b>1 Tuesday, April 10, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
Shravana Nakshatra Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9 Sutra 358				
Makara Rasi: 15.54	Tithi 25	<b>Gulika</b> 11:41AM – 1:15PM	<b>Shravana Until 8:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	Hemalamba 5119
		Yama 8:31AM – 10:06AM	Sadhya Until 2:55AM Wed	<b>Muruga:</b> Green	<i>Sunset:</i> 5:59PM	Moon 3 - Phase 49
		192722368 <b>Rahu</b> 2:50PM – 4:24PM	Vanija Until 3:11PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 4:10AM Wed</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>2 Wednesday, April 11, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam				Manama, Bahrain
Dhanishtha Nakshatra Subha Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 359				
Makara Rasi: 27.55	Tithi 26	<b>Gulika</b> 10:05AM – 11:40AM	<b>Dhanishtha Until 11:09PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM	Hemalamba 5119
		Yama 6:56AM – 8:31AM	Subha Until 3:10AM Thu	<b>Muruga:</b> Green	<i>Sunset:</i> 5:59PM	Moon 3 - Phase 49
		192722368 <b>Rahu</b> 11:40AM – 1:15PM	Bava Until 5:03PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 5:45AM Thu</b>	Moon – Purple		<b>Devaloka Day</b>
Until 11:09PM				<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>3 Thursday, April 12, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Manama, Bahrain
Shatabhishak Nakshatra Sukla Yoga Kaulava Karana Dvadashyam Titau		Sun 11 Sutra 360				
Kumbha Rasi: 10.11	Tithi 27	<b>Gulika</b> 8:30AM – 10:05AM	<b>Shatabhishak Until 12:39AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM	Hemalamba 5119
		Yama 5:20AM – 6:55AM	Sukla Until 2:52AM Fri	<b>Muruga:</b> Green	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 49
		192722368 <b>Rahu</b> 1:15PM – 2:50PM	Kaulava Until 6:18PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 6:37AM Fri</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>4 Friday, April 13, 2018</b>		Hemalamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
Purvaproshtapada* Nakshatra Brahma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12 Sutra 361				
Kumbha Rasi: 22.44	Tithi 27 – 28	<b>Gulika</b> 6:54AM – 8:29AM	<b>Purvaproshtapada* Until 1:45AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:19AM	Hemalamba 5119
		Yama 2:50PM – 4:25PM	Brahma Until 2:00AM Sat	<b>Muruga:</b> Green	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 49
		112722368 <b>Rahu</b> 10:05AM – 11:40AM	Gara Until 6:48PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 6:37AM</b>	Moon – Clear		<b>Bhuloka Day</b>
				<b>Chaitra•Panguni</b>		<b>Devaloka Time: 6:PM to 9:PM</b>
			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Saturday, April 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Manama, Bahrain
Uttaraproshtapada Nakshatra Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 13 Sutra 362				
Meena Rasi: 5.38	Tithi 28 – 29	<b>Gulika</b> 5:18AM – 6:53AM	<b>Uttaraproshtapada Until 1:59AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:18AM	Vilamba 5120
		Yama 1:15PM – 2:50PM	Indra Until 12:36AM Sun	<b>Muruga:</b> White	<i>Sunset:</i> 6:01PM	Moon 3 - Phase 49
		212732368 <b>Rahu</b> 8:29AM – 10:04AM	Visti Until 6:34PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 6:45AM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 1:59AM Sun				<b>Chaitra•Chaitra</b>		<b>Devaloka Time: 6:PM to 9:PM</b>
Then Creative Work - Amrita Yoga						

<b>● Sunday, April 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
<b>Retreat Star</b>		Revati Nakshatra Vaidhriti* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Sun 14 Sutra 363		
Meena Rasi: 18.54	Tithi 29 – 30	<b>Gulika</b> 2:50PM – 4:26PM	<b>Revati Until 1:27AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:17AM	Vilamba 5120
		Yama 11:39AM – 1:15PM	Vaidhriti* Until 10:39PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:01PM	Moon 3 - Phase 49
		212732368 <b>Rahu</b> 4:26PM – 6:01PM	Naga Until 4:59AM Mon	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 6:11AM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 1:27AM Mon				<b>Chaitra•Chaitra</b>		<b>Devaloka Time: 6:PM to 9:PM</b>
Then Creative Work - Siddha Yoga						

<b>Monday, April 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
<b>Retreat Star</b>		Ashvini Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15 Sutra 364		
Mesha Rasi: 2.31	Tithi 1	<b>Gulika</b> 1:15PM – 2:50PM	<b>Ashvini Until 12:42AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:16AM	Vilamba 5120
		Yama 10:03AM – 11:39AM	Vishkambha* Until 8:17PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 49
<b>Family Home Evening</b>		222732368 <b>Rahu</b> 6:52AM – 8:28AM	Kintughna Until 4:13PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 3:18AM Tue</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Vaisaka•Chaitra</b>		<b>Devaloka Time: 6:PM to 9:PM</b>

<b>1</b>		<b>Tuesday, April 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau			Manama, Bahrain Sun 16 Sutra 1	
Mesha Rasi: 16.25	Tithi 2	<b>Gulika</b>	<b>11:39AM – 1:15PM</b>	<b>Bharani Until 11:26PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:15AM</i>	Vilamba 5120	
		Yama	8:27AM – 10:03AM	Priti Until 5:37PM	<b>Muruga: White</b>	<i>Sunset: 6:02PM</i>	Moon 3 - Phase 1	
Creative Work	Siddha Yoga	222832368 <b>Rahu</b>	<b>2:50PM – 4:26PM</b>	Balava Until 2:20PM	<b>Nataraja: Clear</b>		3rd Phase	
				<b>Dvitiya Until 1:16AM Wed</b>	Moon – White			<b>Devaloka Day</b>
					<b>Vaisaka-Chaitra</b>			

<b>2</b>		<b>Wednesday, April 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau			Manama, Bahrain Sun 17 Sutra 2	
Vrishabha Rasi: 0.32	Tithi 3	<b>Gulika</b>	<b>10:02AM – 11:38AM</b>	<b>Krittika Until 9:48PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:14AM</i>	Vilamba 5120	
		Yama	6:50AM – 8:26AM	Ayushman Until 2:42PM	<b>Muruga: White</b>	<i>Sunset: 6:03PM</i>	Moon 3 - Phase 1	
Creative Work	Amrita Yoga	222832368 <b>Rahu</b>	<b>11:38AM – 1:15PM</b>	Taitila Until 12:10PM	<b>Nataraja: Clear</b>		3rd Phase	
Until 9:48PM				<b>Tritiya Until 11:00PM</b>	Moon – White			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Akshaya Tritiya</b>			<b>Vaisaka-Chaitra</b>			

<b>3</b>		<b>Thursday, April 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturthyam Titau			Manama, Bahrain Sun 18 Sutra 3	
Vrishabha Rasi: 14.47	Tithi 4	<b>Gulika</b>	<b>8:26AM – 10:02AM</b>	<b>Rohini Until 8:20PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:13AM</i>	Vilamba 5120	
		Yama	5:13AM – 6:50AM	Saubhagya Until 11:41AM	<b>Muruga: White</b>	<i>Sunset: 6:03PM</i>	Moon 3 - Phase 1	
Routine Work	Marana Yoga	233832368 <b>Rahu</b>	<b>1:14PM – 2:51PM</b>	Vanija Until 9:50AM	<b>Nataraja: Clear</b>		3rd Phase	
				<b>Chaturthi* Until 8:38PM</b>	Moon – Yellow			<b>Bhuloka Day</b>
					<b>Vaisaka-Chaitra</b>			Devaloka Time: 6:PM to 9:PM

<b>4</b>		<b>Friday, April 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau			Manama, Bahrain Sun 19 Sutra 4	
Vrishabha Rasi: 29.05	Tithi 5	<b>Gulika</b>	<b>6:49AM – 8:25AM</b>	<b>Mrigashira Until 6:43PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:12AM</i>	Vilamba 5120	
		Yama	2:51PM – 4:27PM	Sobhana Until 8:39AM	<b>Muruga: White</b>	<i>Sunset: 6:04PM</i>	Moon 3 - Phase 1	
Creative Work	Siddha Yoga	233832368 <b>Rahu</b>	<b>10:02AM – 11:38AM</b>	Bava Until 7:28AM	<b>Nataraja: Clear</b>		3rd Phase	
				<b>Panchami Until 6:16PM</b>	Moon – Yellow			<b>Bhuloka Day</b>
		<b>Adi Sankara Jayanthi</b>			<b>Vaisaka-Chaitra</b>			Devaloka Time: 6:PM to 9:PM

<b>5</b>		<b>Saturday, April 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Manama, Bahrain Sun 20 Sutra 5	
Mithuna Rasi: 13.21	Tithi 6 – 7	<b>Gulika</b>	<b>5:11AM – 6:48AM</b>	<b>Ardra Until 5:03PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:11AM</i>	Vilamba 5120	
		Yama	1:14PM – 2:51PM	Sukarma Until 2:43AM Sun	<b>Muruga: White</b>	<i>Sunset: 6:04PM</i>	Moon 3 - Phase 1	
Creative Work	Siddha Yoga	233832368 <b>Rahu</b>	<b>8:25AM – 10:01AM</b>	Gara Until 2:54AM Sun	<b>Nataraja: Clear</b>		3rd Phase	
				<b>Shashthi* Until 3:59PM</b>	Moon – Yellow			<b>Bhuloka Day</b>
					<b>Vaisaka-Chaitra</b>			Devaloka Time: 6:PM to 9:PM

<b>☾</b>		<b>Sunday, April 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Manama, Bahrain Sun 21 Sutra 6	
<b>Retreat Star</b>		<b>Gulika</b>	<b>2:51PM – 4:28PM</b>	<b>Punarvasu Until 3:48PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:10AM</i>	Vilamba 5120	
Mithuna Rasi: 27.33	Tithi 7 – 8	Yama	11:38AM – 1:14PM	Dhriti Until 11:55PM	<b>Muruga: White</b>	<i>Sunset: 6:05PM</i>	Moon 3 - Phase 1	
Creative Work	Siddha Yoga	243832368 <b>Rahu</b>	<b>4:28PM – 6:05PM</b>	Visti Until 12:48AM Mon	<b>Nataraja: Clear</b>		Ashtami	
				<b>Saptami Until 1:49PM</b>	Moon – Blue			<b>Devaloka Day</b>
					<b>Vaisaka-Chaitra</b>			

<b>Monday, April 23, 2018</b>		<b>Retreat Star</b>			Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Manama, Bahrain Sun 22 Sutra 7	
Kataka Rasi: 11.39	Tithi 8 – 9	<b>Gulika</b>	<b>1:14PM – 2:51PM</b>	<b>Pushya Until 2:34PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:10AM</i>	Vilamba 5120		
<b>Family Home Evening</b>		Yama	10:00AM – 11:37AM	Shula* Until 9:15PM	<b>Muruga: White</b>	<i>Sunset: 6:05PM</i>	Moon 3 - Phase 1		
Creative Work	Siddha Yoga	243832368 <b>Rahu</b>	<b>6:47AM – 8:23AM</b>	Balava Until 10:53PM	<b>Nataraja: Clear</b>		Navami		
				<b>Ashtami* Until 11:48AM</b>	Moon – Blue			<b>Devaloka Day</b>	
					<b>Vaisaka-Chaitra</b>				

<b>1</b>		<b>Tuesday, April 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 23 Sutra 8
Kataka Rasi: 25.38	Tithi 9 – 10	<b>Gulika</b>	<b>11:37AM – 1:14PM</b>	<b>Ashlesha* Until 1:21PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM	Vilamba 5120	
		Yama	8:23AM – 10:00AM	Ganda* Until 6:43PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 2	
		243832368 <b>Rahu</b>	2:51PM – 4:29PM	Tailila Until 9:09PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Navami* Until 9:58AM</b>	Moon – Blue			<b>Devaloka Day</b>
					<b>Vaisaka*Chaitra</b>			

<b>2</b>		<b>Wednesday, April 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 9
Simha Rasi: 9.31	Tithi 10 – 11	<b>Gulika</b>	<b>10:00AM – 11:37AM</b>	<b>Magha* Until 12:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:08AM	Vilamba 5120	
		Yama	6:45AM – 8:22AM	Vriddhi Until 4:22PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 2	
		253832369 <b>Rahu</b>	11:37AM – 1:14PM	Vanija Until 7:35PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 8:19AM</b>	Moon – Red			<b>Bhuloka Day</b>
Until 12:37PM					<b>Vaisaka*Chaitra</b>			
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Thursday, April 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 10
Simha Rasi: 23.16	Tithi 11 – 12	<b>Gulika</b>	<b>8:22AM – 9:59AM</b>	<b>Purvaphalguni Until 11:56AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:07AM	Vilamba 5120	
		Yama	5:07AM – 6:44AM	Dhruva Until 2:09PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 2	
		253832369 <b>Rahu</b>	1:14PM – 2:52PM	Bava Until 6:15PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 6:52AM</b>	Moon – Red			<b>Bhuloka Day</b>
					<b>Vaisaka*Chaitra</b>			

<b>4</b>		<b>Friday, April 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Tailila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 11
Kanya Rasi: 6.53	Tithi 13	<b>Gulika</b>	<b>6:44AM – 8:21AM</b>	<b>Uttaraphalguni Until 11:21AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM	Vilamba 5120	
		Yama	2:52PM – 4:30PM	Vyaghata* Until 12:09PM	<b>Muruga:</b> White	<i>Sunset:</i> 6:07PM	Moon 3 - Phase 2	
		253832369 <b>Rahu</b>	9:59AM – 11:37AM	Kaulava Until 5:10PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 4:43AM Sat</b>	Moon – Red			<b>Bhuloka Day</b>
Until 11:21AM				<i>Pradosha Vrata</i>	<b>Vaisaka*Chaitra</b>			
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Saturday, April 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 12
Kanya Rasi: 20.2	Tithi 14	<b>Gulika</b>	<b>5:05AM – 6:43AM</b>	<b>Hasta Until 11:21AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	Vilamba 5120	
		Yama	1:14PM – 2:52PM	Harshana Until 10:24AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 2	
		263832369 <b>Rahu</b>	8:21AM – 9:59AM	Gara Until 4:23PM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga			<b>Chaturdashi* Until 4:07AM Sun</b>	Moon – Green			<b>Bhuloka Day</b>
					<b>Vaisaka*Chaitra</b>			<b>Devaloka Time: 6:AM to 9:AM</b>

<b>○</b>		<b>Sunday, April 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain Sutra 13
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>2:52PM – 4:30PM</b>	<b>Chitra Until 11:34AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	Vilamba 5120	
Tula Rasi: 3.37	Tithi 15	Yama	11:36AM – 1:14PM	Vajra* Until 8:56AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 2	
		263832369 <b>Rahu</b>	4:30PM – 6:08PM	Visti Until 4:00PM	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Siddha Yoga			<b>Purnima* Until 3:57AM Mon</b>	Moon – Green			<b>Bhuloka Day</b>
		<b>Budha Purnima (Tamil Nadu)</b>			<b>Vaisaka*Chaitra</b>			<b>Devaloka Time: 6:AM to 9:AM</b>

<b>Monday, April 30, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sutra 14
Tula Rasi: 16.38	Tithi 16	<b>Gulika</b>	<b>1:14PM – 2:52PM</b>	<b>Svati Until 12:04PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama	9:58AM – 11:36AM	Siddhi Until 7:49AM	<b>Muruga:</b> White	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 2	
		263832369 <b>Rahu</b>	6:42AM – 8:20AM	Balava Until 4:04PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Amrita Yoga			<b>Prathama* Until 4:17AM Tue</b>	Moon – Green			<b>Bhuloka Day</b>
Until 12:04PM					<b>Vaisaka*Chaitra</b>			<b>Devaloka Time: 6:AM to 9:AM</b>
Then Routine Work - Marana Yoga								

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda