



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vrischika Rasi: 3.38    Tithi 17  
Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvilyayam Titau

**Gulika** 11:51AM – 1:37PM  
Yama 8:20AM – 10:06AM  
273832369 **Rahu** 3:22PM – 5:08PM

**Anuradha Until 7:05AM Wed**  
Variyan Until 10:48PM  
Taitila Until 8:40AM  
**Dvitiya Until 9:09PM**

**Ganesha:** Purple    *Sunrise:* 4:49AM  
**Muruqa:** White    *Sunset:* 6:53PM  
**Nataraja:** Purple  
Moon – Orange

**Bhuloka Day**  
**Vaisaka-Chaitra**

Albany, NY  
Sutra 16  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**1**

**Wednesday, May 2, 2018**

Vrischika Rasi: 16.06    Tithi 18  
Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 10:05AM – 11:51AM  
Yama 6:34AM – 8:20AM  
273832369 **Rahu** 11:51AM – 1:37PM

**Anuradha Until 7:05AM**  
Parigha\* Until 10:56PM  
Vanija Until 9:49AM  
**Tritiya Until 10:34PM**

**Ganesha:** Purple    *Sunrise:* 4:48AM  
**Muruqa:** White    *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon – Orange

**Bhuloka Day**  
**Vaisaka-Chaitra**

Albany, NY  
Sun 1  
Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**2**

**Thursday, May 3, 2018**

Vrischika Rasi: 28.19    Tithi 19  
Routine Work    Prabalarishta Yoga  
Until 9:08AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 8:19AM – 10:05AM  
Yama 4:47AM – 6:33AM  
274832369 **Rahu** 1:37PM – 3:23PM

**Jyeshtha\* Until 9:08AM**  
Shiva Until 11:28PM  
Bava Until 11:30AM  
**Chaturthi\* Until 12:30AM Fri**

**Ganesha:** Clear    *Sunrise:* 4:47AM  
**Muruqa:** White    *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Orange

**Bhuloka Day**  
**Vaisaka-Chaitra**  
Devaloka Time: 9:AM to12:PM

Albany, NY  
Sun 2  
Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**3**

**Friday, May 4, 2018**

Dhanus Rasi: 10.21    Tithi 20  
Creative Work    Amrita Yoga  
Until 11:59AM  
Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 6:32AM – 8:18AM  
Yama 3:24PM – 5:10PM  
284832369 **Rahu** 10:04AM – 11:51AM

**Mula\* Until 11:59AM**  
Siddha Until 12:17AM Sat  
Kaulava Until 1:39PM  
**Panchami Until 2:50AM Sat**

**Ganesha:** White    *Sunrise:* 4:45AM  
**Muruqa:** White    *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Chaitra**

Albany, NY  
Sun 3  
Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**4**

**Saturday, May 5, 2018**

Dhanus Rasi: 22.14    Tithi 21  
Creative Work    Siddha Yoga  
Until 2:59PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 4:44AM – 6:31AM  
Yama 1:37PM – 3:24PM  
284832369 **Rahu** 8:17AM – 10:04AM

**Purvashadha\* Until 2:59PM**  
Sadhya Until 1:18AM Sun  
Gara Until 4:07PM  
**Shashthi\* Until 5:23AM Sun**

**Ganesha:** White    *Sunrise:* 4:44AM  
**Muruqa:** White    *Sunset:* 6:58PM  
**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Chaitra**

Albany, NY  
Sun 4  
Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**5**

**Sunday, May 6, 2018**

Makara Rasi: 4.02    Tithi 22  
Creative Work    Amrita Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\* Karana Saptamyam Titau

**Gulika** 3:25PM – 5:12PM  
Yama 11:51AM – 1:38PM  
284832369 **Rahu** 5:12PM – 6:59PM

**Uttarashadha Until 5:55PM**  
Subha Until 2:22AM Mon  
Visti Until 6:42PM  
**Saptami Until 7:56AM Mon**

**Ganesha:** White    *Sunrise:* 4:43AM  
**Muruqa:** White    *Sunset:* 6:59PM  
**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Chaitra**

Albany, NY  
Sun 5  
Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Makara Rasi: 15.52    Tithi 22 – 23  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 9:04PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 1:38PM – 3:25PM  
Yama 10:03AM – 11:51AM  
294832369 **Rahu** 6:29AM – 8:16AM

**Shravana Until 9:04PM**  
Sukla Until 3:14AM Tue  
Balava Until 9:08PM  
**Saptami Until 7:56AM**

**Ganesha:** Yellow    *Sunrise:* 4:42AM  
**Muruqa:** White    *Sunset:* 7:00PM  
**Nataraja:** Purple  
Moon – Purple

**Bhuloka Day**  
**Vaisaka-Chaitra**  
Devaloka Time: 9:AM to12:PM

Albany, NY  
Sun 6  
Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Tuesday, May 8, 2018**  
**Retreat Star**

Makara Rasi: 27.46    Tithi 23 – 24  
Creative Work    Siddha Yoga  
Until 11:40PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 11:51AM – 1:38PM  
Yama 8:15AM – 10:03AM  
294832369 **Rahu** 3:26PM – 5:13PM

**Dhanishtha Until 11:40PM**  
Brahma Until 3:46AM Wed  
Taitila Until 11:10PM  
**Ashtami\* Until 10:12AM**

**Ganesha:** Yellow    *Sunrise:* 4:40AM  
**Muruqa:** White    *Sunset:* 7:01PM  
**Nataraja:** Purple  
Moon – Purple

**Bhuloka Day**  
**Vaisaka-Chaitra**  
Devaloka Time: 9:AM to12:PM

Albany, NY  
Sun 7  
Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

<b>1</b>	<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Albany, NY Sun 8 Sutra 24 Vilamba 5120
	Kumbha Rasi: 9.52	Tithi 24 – 25	<b>Gulika</b> 10:03AM – 11:51AM	<b>Shatabhishak</b> Until 1:30AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:39AM	
			Yama 6:27AM – 8:15AM	Indra Until 3:49AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 4
	294832369		<b>Rahu</b> 11:51AM – 1:38PM	Vanija Until 12:35AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 11:57AM	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Albany, NY Sun 9 Sutra 25 Vilamba 5120
	Kumbha Rasi: 22.15	Tithi 25 – 26	<b>Gulika</b> 8:14AM – 10:02AM	<b>Purvaproshtapada*</b> Until 2:55AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:38AM	
			Yama 4:38AM – 6:26AM	Vaidhriti* Until 3:14AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 4
	214832369		<b>Rahu</b> 1:39PM – 3:27PM	Bava Until 1:14AM Fri	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:00PM	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 10 Sutra 26 Vilamba 5120
	Meena Rasi: 4.59	Tithi 26 – 27	<b>Gulika</b> 6:25AM – 8:14AM	<b>Uttaraproshtapada</b> Until 3:22AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:37AM	
			Yama 3:27PM – 5:16PM	Vishkambha* Until 2:01AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 4
	214932369		<b>Rahu</b> 10:02AM – 11:50AM	Kaulava Until 1:03AM Sat	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:14PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 3:22AM Sat				<b>Vaisaka-Chaitra</b>			
Then Routine Work - Prabalarishta Yoga							

<b>4</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 11 Sutra 27 Vilamba 5120
	Meena Rasi: 18.07	Tithi 27 – 28	<b>Gulika</b> 4:36AM – 6:24AM	<b>Revati</b> Until 2:53AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:36AM	
			Yama 1:39PM – 3:28PM	Priti Until 12:10AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 4
	214932369		<b>Rahu</b> 8:13AM – 10:02AM	Gara Until 12:05AM Sun	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dvadashi*</b> Until 12:39PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 2:53AM Sun				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 12 Sutra 28 Vilamba 5120
	Mesha Rasi: 1.41	Tithi 28 – 29	<b>Gulika</b> 3:28PM – 5:17PM	<b>Ashvini</b> Until 2:01AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:35AM	
			Yama 11:50AM – 1:39PM	Ayushman Until 9:45PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 4
	224932369		<b>Rahu</b> 5:17PM – 7:06PM	Visti Until 10:24PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:18AM	Moon – White		<b>Bhuloka Day</b>	
		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>			

	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Albany, NY Sun 13 Sutra 29 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:40PM – 3:29PM	<b>Bharani</b> Until 12:28AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:34AM	
	Mesha Rasi: 15.4	Tithi 29 – 30	Yama 10:01AM – 11:50AM	Saubhagya Until 6:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 4
	224932369		<b>Rahu</b> 6:23AM – 8:12AM	Catuspada Until 8:09PM	<b>Nataraja:</b> Purple		Amavasya
<b>Family Home Evening</b>			<b>Chaturdashi*</b> Until 9:20AM	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga			<b>Vaisaka-Vaikasi</b>			

<b>Retreat Star</b>	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Albany, NY Sun 14 Sutra 30 Vilamba 5120
	Mesha Rasi: 29.59	Tithi 30 – 1	<b>Gulika</b> 11:50AM – 1:40PM	<b>Krittika</b> Until 10:22PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:32AM	
			Yama 8:11AM – 10:01AM	Sobhana Until 3:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 4
	225932369		<b>Rahu</b> 3:29PM – 5:19PM	Bava Until 4:01AM Wed	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 6:51AM	Moon – White		<b>Bhuloka Day</b>	
Until 10:22PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

<b>1</b>		<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sutra 31 Vilamba 5120
235932369	Gulika	10:01AM – 11:50AM	Rohini Until 8:20PM	Ganesha: Yellow	Sunrise: 4:31AM	Sun 15
	Yama	6:21AM – 8:11AM	Athiganda* Until 12:08PM	Muruqa: White	Sunset: 7:09PM	Moon 4 - Phase 5
	Rahu	11:50AM – 1:40PM	Balava Until 2:33PM	Nataraja: Purple		3rd Phase
			Dvitiya Until 1:01AM Thu	Moon – Yellow		<b>Bhuloka Day</b>
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM
Creative Work		Siddha Yoga				

<b>2</b>		<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau		Albany, NY Sutra 32 Vilamba 5120
235932369	Gulika	8:10AM – 10:00AM	Mrigashira Until 6:05PM	Ganesha: Yellow	Sunrise: 4:30AM	Sun 16
	Yama	4:30AM – 6:20AM	Sukarma Until 8:34AM	Muruqa: White	Sunset: 7:10PM	Moon 4 - Phase 5
	Rahu	1:40PM – 3:30PM	Taitila Until 11:30AM	Nataraja: Purple		3rd Phase
			Tritiya Until 9:58PM	Moon – Yellow		<b>Bhuloka Day</b>
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM
Routine Work		Marana Yoga				

<b>3</b>		<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau		Albany, NY Sutra 33 Vilamba 5120
235932369	Gulika	6:20AM – 8:10AM	Ardra Until 3:46PM	Ganesha: Yellow	Sunrise: 4:30AM	Sun 17
	Yama	3:31PM – 5:21PM	Shula* Until 1:32AM Sat	Muruqa: White	Sunset: 7:11PM	Moon 4 - Phase 5
	Rahu	10:00AM – 11:50AM	Vanija Until 8:29AM	Nataraja: Purple		3rd Phase
			Chaturthi* Until 7:00PM	Moon – Yellow		<b>Bhuloka Day</b>
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM
Creative Work		Siddha Yoga				

<b>4</b>		<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Albany, NY Sutra 34 Vilamba 5120
245932369	Gulika	4:29AM – 6:19AM	Punarvasu Until 1:55PM	Ganesha: White	Sunrise: 4:29AM	Sun 18
	Yama	1:41PM – 3:31PM	Ganda* Until 10:16PM	Muruqa: White	Sunset: 7:12PM	Moon 4 - Phase 5
	Rahu	8:10AM – 10:00AM	Kaulava Until 3:00AM Sun	Nataraja: Purple		3rd Phase
			Panchami Until 4:15PM	Moon – Blue		<b>Devaloka Day</b>
				Jyeshtha Adhika-Vaikasi		
Creative Work		Siddha Yoga				

<b>5</b>		<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sutra 35 Vilamba 5120
245932369	Gulika	3:32PM – 5:23PM	Pushya Until 12:13PM	Ganesha: White	Sunrise: 4:28AM	Sun 19
	Yama	11:51AM – 1:41PM	Vriddhi Until 7:17PM	Muruqa: White	Sunset: 7:13PM	Moon 4 - Phase 5
	Rahu	5:23PM – 7:13PM	Gara Until 12:43AM Mon	Nataraja: Purple		3rd Phase
			Shashthi* Until 1:48PM	Moon – Blue		<b>Devaloka Day</b>
				Jyeshtha Adhika-Vaikasi		
Creative Work		Siddha Yoga				

<b>Monday, May 21, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sutra 36 Vilamba 5120
245932369	Gulika	1:42PM – 3:32PM	Ashlesha* Until 10:44AM	Ganesha: White	Sunrise: 4:27AM	Sun 20
	Yama	10:00AM – 11:51AM	Dhruva Until 4:35PM	Muruqa: White	Sunset: 7:14PM	Moon 4 - Phase 5
	Rahu	6:18AM – 8:09AM	Visti Until 10:49PM	Nataraja: Purple		Ashtami
			Saptami Until 11:42AM	Moon – Blue		<b>Devaloka Day</b>
				Jyeshtha Adhika-Vaikasi		
Kataka Rasi: 27.08		Tithi 7 – 8				
Family Home Evening		Until 10:44AM				
Creative Work		Siddha Yoga				
Then Routine Work - Marana Yoga						

<b>Tuesday, May 22, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sutra 37 Vilamba 5120
255932369	Gulika	11:51AM – 1:42PM	Magha* Until 9:55AM	Ganesha: Clear	Sunrise: 4:26AM	Sun 21
	Yama	8:08AM – 10:00AM	Vyaghata* Until 2:13PM	Muruqa: White	Sunset: 7:15PM	Moon 4 - Phase 5
	Rahu	3:33PM – 5:24PM	Balava Until 9:19PM	Nataraja: Purple		Navami
			Ashtami* Until 10:00AM	Moon – Red		<b>Bhuloka Day</b>
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM
Creative Work		Siddha Yoga				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

Wednesday, May 23, 2018

1

Simha Rasi: 24.45      Tithi 9 – 10

255932369

Creative Work      Amrita Yoga

Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau

Albany, NY  
Sun 22      Sutra 38

**Gulika**      9:59AM – 11:51AM  
Yama      6:17AM – 8:08AM  
**Rahu**      11:51AM – 1:42PM

**Purvaphalguni Until 9:23AM**  
Harshana Until 12:12PM  
Taitila Until 8:13PM  
**Navami\* Until 8:42AM**

**Ganesha:** Clear      *Sunrise:* 4:25AM  
**Muruqa:** White      *Sunset:* 7:16PM  
**Nataraja:** Purple  
Moon – Red

Vilamba 5120  
Moon 4 - Phase 6  
4th Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Thursday, May 24, 2018

2

Kanya Rasi: 8.12      Tithi 10 – 11

255932369

Until 9:05AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau

Albany, NY  
Sun 23      Sutra 39

**Gulika**      8:08AM – 9:59AM  
Yama      4:24AM – 6:16AM  
**Rahu**      1:42PM – 3:34PM

**Uttaraphalguni Until 9:05AM**  
Vajra\* Until 10:28AM  
Vanija Until 7:31PM  
**Dashami Until 7:48AM**

**Ganesha:** Clear      *Sunrise:* 4:24AM  
**Muruqa:** White      *Sunset:* 7:17PM  
**Nataraja:** Purple  
Moon – Red

Vilamba 5120  
Moon 4 - Phase 6  
4th Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Friday, May 25, 2018

3

Kanya Rasi: 21.26      Tithi 11 – 12

366932369

Creative Work      Amrita Yoga  
Until 9:28AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Siddhi/Vyatipata\* Yoga Vistil\*/Bava Karana Ekadashi/Dvadashyam Titau

Albany, NY  
Sun 24      Sutra 40

**Gulika**      6:16AM – 8:07AM  
Yama      3:34PM – 5:26PM  
**Rahu**      9:59AM – 11:51AM

**Hasta Until 9:28AM**  
Siddhi Until 9:04AM  
Bava Until 7:12PM  
**Ekadashi Until 7:18AM**

**Ganesha:** Purple      *Sunrise:* 4:24AM  
**Muruqa:** White      *Sunset:* 7:18PM  
**Nataraja:** Purple  
Moon – Green

Vilamba 5120  
Moon 4 - Phase 6  
4th Phase

**Bhuloka Day**

Saturday, May 26, 2018

4

Tula Rasi: 4.28      Tithi 12 – 13

366932369

Routine Work      Marana Yoga  
Until 10:05AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

Albany, NY  
Sun 25      Sutra 41

**Gulika**      4:23AM – 6:15AM  
Yama      1:43PM – 3:35PM  
**Rahu**      8:07AM – 9:59AM

**Chitra Until 10:05AM**  
Vyatipata\* Until 7:59AM  
Kaulava Until 7:17PM  
**Dvadashi Until 7:11AM**

**Ganesha:** Purple      *Sunrise:* 4:23AM  
**Muruqa:** White      *Sunset:* 7:19PM  
**Nataraja:** Purple  
Moon – Green

Vilamba 5120  
Moon 4 - Phase 6  
4th Phase

**Bhuloka Day**

*Pradosha Vrata*

Sunday, May 27, 2018

5

Tula Rasi: 17.17      Tithi 13 – 14

366932369

Creative Work      Siddha Yoga  
Until 10:56AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau

Albany, NY  
Sun 26      Sutra 42

**Gulika**      3:35PM – 5:28PM  
Yama      11:51AM – 1:43PM  
**Rahu**      5:28PM – 7:20PM

**Svati Until 10:56AM**  
Variyan Until 7:11AM  
Gara Until 7:46PM  
**Trayodashi Until 7:27AM**

**Ganesha:** Purple      *Sunrise:* 4:22AM  
**Muruqa:** White      *Sunset:* 7:20PM  
**Nataraja:** Purple  
Moon – Green

Vilamba 5120  
Moon 4 - Phase 6  
4th Phase

**Bhuloka Day**

**Vaikasi Visakam**

Monday, May 28, 2018

○

Copper Retreat Star

Tula Rasi: 29.56      Tithi 14 – 15

376932369

**Family Home Evening**  
Routine Work      Marana Yoga  
Until 12:30PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Parigha\*/Shiva Yoga Vanija/Vistil\* Karana Chaturdashi/Purnimayam Titau

Albany, NY  
Sun 27      Sutra 43

**Gulika**      1:44PM – 3:36PM  
Yama      9:59AM – 11:51AM  
**Rahu**      6:14AM – 8:06AM

**Vishakha Until 12:30PM**  
Parigha\* Until 6:44AM  
Vistil Until 8:41PM  
**Chaturdashi\* Until 8:09AM**

**Ganesha:** Clear      *Sunrise:* 4:22AM  
**Muruqa:** White      *Sunset:* 7:21PM  
**Nataraja:** Purple  
Moon – Orange

Vilamba 5120  
Moon 4 - Phase 6  
Purnima

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Tuesday, May 29, 2018

Silver Retreat Star

Vrischika Rasi: 12.22      Tithi 15 – 16

376932369

Creative Work      Siddha Yoga  
Until 2:22PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau

Albany, NY  
Sun 28      Sutra 44

**Gulika**      11:51AM – 1:44PM  
Yama      8:06AM – 9:59AM  
**Rahu**      3:36PM – 5:29PM

**Anuradha Until 2:22PM**  
Shiva Until 6:39AM  
Balava Until 10:03PM  
**Purnima\* Until 9:17AM**

**Ganesha:** Clear      *Sunrise:* 4:21AM  
**Muruqa:** White      *Sunset:* 7:22PM  
**Nataraja:** Purple  
Moon – Orange

Vilamba 5120  
Moon 4 - Phase 6  
Prathama

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM



**Wednesday, May 30, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Jyeshtha\*/Mula\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY  
 Sutra 45

Vrischika Rasi: 24.37 Tithi 16 – 17

**Gulika** 9:59AM – 11:51AM  
 Yama 6:13AM – 8:06AM  
**Rahu** 11:51AM – 1:44PM

**Jyeshtha\* Until 4:29PM**

Siddha Until 6:53AM  
 Taitila Until 11:51PM

**Ganesha:** Clear *Sunrise: 4:21AM*  
**Muruqa:** White *Sunset: 7:22PM*

**Nataraja:** Purple  
 Moon – Orange

**Bhuloka Day**  
 Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
 Until 4:29PM  
 Then Routine Work - Marana Yoga

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

**1**

**Thursday, May 31, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Mula\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY  
 Sun 1 Sutra 46

Dhanus Rasi: 6.41 Tithi 17 – 18

**Gulika** 8:06AM – 9:59AM  
 Yama 4:20AM – 6:13AM  
**Rahu** 1:44PM – 3:37PM

**Mula\* Until 7:19PM**

Sadhya Until 7:27AM  
 Vanija Until 2:02AM Fri  
 Dvitiya Until 12:53PM

**Ganesha:** White *Sunrise: 4:20AM*  
**Muruqa:** White *Sunset: 7:23PM*

**Nataraja:** Purple  
 Moon – Light Blue

**Bhuloka Day**

Creative Work Siddha Yoga

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

**2**

**Friday, June 1, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Purvashadha\* Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY  
 Sun 2 Sutra 47

Dhanus Rasi: 18.37 Tithi 18 – 19

**Gulika** 6:13AM – 8:06AM  
 Yama 3:38PM – 5:31PM  
**Rahu** 9:59AM – 11:52AM

**Purvashadha\* Until 10:17PM**

Subha Until 8:18AM  
 Bava Until 4:30AM Sat  
 Tritiya Until 3:13PM

**Ganesha:** Yellow *Sunrise: 4:20AM*  
**Muruqa:** White *Sunset: 7:24PM*

**Nataraja:** Purple  
 Moon – Light Blue

**Bhuloka Day**

Routine Work Prabalarishta Yoga  
 Until 10:17PM  
 Then Routine Work - Marana Yoga

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

**3**

**Saturday, June 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam  
 Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY  
 Sun 3 Sutra 48

Makara Rasi: 0.27 Tithi 19 – 20

**Gulika** 4:19AM – 6:12AM  
 Yama 1:45PM – 3:38PM  
**Rahu** 8:05AM – 9:59AM

**Uttarashadha Until 1:15AM Sun**

Sukla Until 9:20AM  
 Kaulava Until 7:06AM Sun  
 Chaturthi\* Until 5:47PM

**Ganesha:** Yellow *Sunrise: 4:19AM*  
**Muruqa:** White *Sunset: 7:25PM*

**Nataraja:** Purple  
 Moon – Light Blue

**Bhuloka Day**

Routine Work Marana Yoga  
 Until 1:15AM Sun  
 Then Creative Work - Amrita Yoga

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

**4**

**Sunday, June 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY  
 Sun 4 Sutra 49

Makara Rasi: 12.14 Tithi 20

**Gulika** 3:39PM – 5:32PM  
 Yama 11:52AM – 1:45PM  
**Rahu** 5:32PM – 7:25PM

**Shravana Until 4:32AM Mon**

Brahma Until 10:27AM  
 Kaulava Until 7:06AM  
 Panchami Until 8:22PM

**Ganesha:** Blue *Sunrise: 4:19AM*  
**Muruqa:** White *Sunset: 7:25PM*

**Nataraja:** Purple  
 Moon – Purple

**Devaloka Day**

Creative Work Amrita Yoga  
 Until 4:32AM Mon  
 Then Creative Work - Siddha Yoga

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

**5**

**Monday, June 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY  
 Sun 5 Sutra 50

Makara Rasi: 24.02 Tithi 21

**Gulika** 1:46PM – 3:39PM  
 Yama 9:59AM – 11:52AM  
**Rahu** 6:12AM – 8:05AM

**Dhanishtha Until 7:25AM Tue**

Indra Until 11:30AM  
 Gara Until 9:37AM  
 Shashthi\* Until 10:46PM

**Ganesha:** Blue *Sunrise: 4:18AM*  
**Muruqa:** White *Sunset: 7:26PM*

**Nataraja:** Purple  
 Moon – Purple

**Devaloka Day**

**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 7:25AM Tue  
 Then Routine Work - Marana Yoga

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

**6**

**Tuesday, June 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Saplamyam Titau

Albany, NY  
 Sun 6 Sutra 51

Kumbha Rasi: 5.57 Tithi 22

**Gulika** 11:52AM – 1:46PM  
 Yama 8:05AM – 9:59AM  
**Rahu** 3:40PM – 5:33PM

**Dhanishtha Until 7:25AM**

Vaidhriti\* Until 12:17PM  
 Visti Until 11:51AM  
 Saptami Until 12:45AM Wed

**Ganesha:** Purple *Sunrise: 4:18AM*  
**Muruqa:** White *Sunset: 7:27PM*

**Nataraja:** White  
 Moon – Purple

**Devaloka Day**

Creative Work Siddha Yoga  
 Until 7:25AM  
 Then Routine Work - Marana Yoga

Vilamba 5120  
 Moon 5 - Phase 7  
 1st Phase

**D**

**Wednesday, June 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Shatabhishak/Purvaprosarthapada\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY  
 Sun 7 Sutra 52

Kumbha Rasi: 18.02 Tithi 23

**Gulika** 9:59AM – 11:53AM  
 Yama 6:11AM – 8:05AM  
**Rahu** 11:53AM – 1:46PM

**Shatabhishak Until 9:39AM**

Vishkambha\* Until 12:41PM  
 Balava Until 1:33PM  
 Ashtami\* Until 2:08AM Thu

**Ganesha:** Purple *Sunrise: 4:18AM*  
**Muruqa:** White *Sunset: 7:28PM*

**Nataraja:** White  
 Moon – Purple

**Devaloka Day**

Creative Work Siddha Yoga  
 Until 9:39AM  
 Then Creative Work - Amrita Yoga

Vilamba 5120  
 Moon 5 - Phase 7  
 Ashtami

**Thursday, June 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY  
 Sun 8 Sutra 53

Meena Rasi: 0.25 Tithi 24

**Gulika** 8:05AM – 9:59AM  
 Yama 4:17AM – 6:11AM  
**Rahu** 1:47PM – 3:40PM

**Purvaprosarthapada\* Until 11:33AM**

Priti Until 12:33PM  
 Taitila Until 2:33PM  
 Navami\* Until 2:44AM Fri

**Ganesha:** Blue *Sunrise: 4:17AM*  
**Muruqa:** White *Sunset: 7:28PM*

**Nataraja:** White  
 Moon – Clear

**Devaloka Day**

Creative Work Siddha Yoga

Vilamba 5120  
 Moon 5 - Phase 7  
 Navami

<b>1</b>		<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Albany, NY Sun 9 Sutra 54 Vilamba 5120
Meena Rasi: 13.08	Tithi 25	<b>Gulika</b>	<b>6:11AM – 8:05AM</b>	<b>Uttaraproshtapada</b> Until 12:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:17AM		
		Yama	3:41PM – 5:35PM	Ayushman Until 11:45AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:29PM		Moon 5 - Phase 8
318132361		<b>Rahu</b>	<b>9:59AM – 11:53AM</b>	Vanija Until 2:44PM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga			<b>Dashami</b> Until 2:29AM Sat	Moon – Clear		<b>Bhuloka Day</b>	
					<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>2</b>		<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Albany, NY Sun 10 Sutra 55 Vilamba 5120
Meena Rasi: 26.16	Tithi 26	<b>Gulika</b>	<b>4:17AM – 6:11AM</b>	<b>Revati</b> Until 12:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:17AM		
		Yama	1:47PM – 3:41PM	Saubhagya Until 10:18AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:29PM		Moon 5 - Phase 8
318132361		<b>Rahu</b>	<b>8:05AM – 9:59AM</b>	Bava Until 2:04PM	<b>Nataraja:</b> White			2nd Phase
Routine Work	Prabalarishta Yoga			<b>Ekadashi*</b> Until 1:25AM Sun	Moon – Clear		<b>Bhuloka Day</b>	
Until 12:29PM					<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Albany, NY Sun 11 Sutra 56 Vilamba 5120
Mesha Rasi: 9.52	Tithi 27	<b>Gulika</b>	<b>3:42PM – 5:36PM</b>	<b>Ashvini</b> Until 11:58AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:17AM		
		Yama	11:53AM – 1:47PM	Sobhana Until 8:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:30PM		Moon 5 - Phase 8
328132361		<b>Rahu</b>	<b>5:36PM – 7:30PM</b>	Kaulava Until 12:36PM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashti*</b> Until 11:34PM	Moon – White		<b>Bhuloka Day</b>	
Until 11:58AM					<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Prabalarishta Yoga								

<b>4</b>		<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Albany, NY Sun 12 Sutra 57 Vilamba 5120
Mesha Rasi: 23.55	Tithi 28	<b>Gulika</b>	<b>1:48PM – 3:42PM</b>	<b>Bharani</b> Until 10:35AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:16AM		
		Yama	9:59AM – 11:53AM	Sukarma Until 2:18AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:31PM		Moon 5 - Phase 8
328132361		<b>Rahu</b>	<b>6:11AM – 8:05AM</b>	Gara Until 10:25AM	<b>Nataraja:</b> White			2nd Phase
<b>Family Home Evening</b>				<b>Trayodashi*</b> Until 9:05PM	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga				<b>Jyeshtha Adhika-Vaikasi</b>			
Until 10:35AM								
Then Routine Work - Marana Yoga								
								<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Albany, NY Sun 13 Sutra 58 Vilamba 5120
Vrishabha Rasi: 8.23	Tithi 29	<b>Gulika</b>	<b>11:54AM – 1:48PM</b>	<b>Krittika</b> Until 8:29AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:16AM		
		Yama	8:05AM – 9:59AM	Dhriti Until 10:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:31PM		Moon 5 - Phase 8
328132361		<b>Rahu</b>	<b>3:42PM – 5:37PM</b>	Visti Until 7:40AM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 6:06PM	Moon – White		<b>Bhuloka Day</b>	
Until 8:29AM					<b>Jyeshtha Adhika-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Albany, NY Sun 14 Sutra 59 Vilamba 5120
Vrishabha Rasi: 23.1	Tithi 30 – 1	<b>Gulika</b>	<b>9:59AM – 11:54AM</b>	<b>Rohini</b> Until 6:15AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:16AM		
		Yama	6:11AM – 8:05AM	Shula* Until 6:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:32PM		Moon 5 - Phase 8
338132361		<b>Rahu</b>	<b>11:54AM – 1:48PM</b>	Kintughna Until 1:03AM Thu	<b>Nataraja:</b> White			Amavasya
Creative Work	Siddha Yoga			<b>Amavasya*</b> Until 2:47PM	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Retreat Star</b>		<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Albany, NY Sun 15 Sutra 60 Vilamba 5120
Mithuna Rasi: 8.09	Tithi 1 – 2	<b>Gulika</b>	<b>8:05AM – 10:00AM</b>	<b>Ardra</b> Until 12:46AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:16AM		
		Yama	4:16AM – 6:11AM	Ganda* Until 2:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:32PM		Moon 5 - Phase 8
339132361		<b>Rahu</b>	<b>1:49PM – 3:43PM</b>	Balava Until 9:31PM	<b>Nataraja:</b> White			Prathama
Routine Work	Marana Yoga			<b>Prathama*</b> Until 11:16AM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 12:46AM Fri					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga								

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Albany, NY Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 23.11	Tithi 2 – 3	<b>Gulika</b> 6:11AM – 8:05AM Yama 3:43PM – 5:38PM <b>Rahu</b> 10:00AM – 11:54AM	<b>Punarvasu</b> Until 10:16PM Vridhhi Until 10:56AM Taitila Until 6:02PM <b>Dvitiya</b> Until 7:44AM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:16AM <b>Sunset:</b> 7:32PM	Moon 5 - Phase 9 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Creative Work Siddha Yoga Until 10:16PM Then Routine Work - Marana Yoga							
<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturtham Titau		Albany, NY Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 8.07	Tithi 4	<b>Gulika</b> 4:16AM – 6:11AM Yama 1:49PM – 3:44PM <b>Rahu</b> 8:05AM – 10:00AM	<b>Pushya</b> Until 7:51PM Dhruva Until 7:05AM Vanija Until 2:44PM <b>Chaturthi*</b> Until 1:11AM Sun	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:16AM <b>Sunset:</b> 7:33PM	Moon 5 - Phase 9 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Creative Work Siddha Yoga Until 7:51PM Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 22.51	Tithi 5	<b>Gulika</b> 3:44PM – 5:39PM Yama 11:55AM – 1:49PM <b>Rahu</b> 5:39PM – 7:33PM	<b>Ashlesha*</b> Until 5:40PM Harshana Until 12:13AM Mon Bava Until 11:46AM <b>Panchami</b> Until 10:26PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:16AM <b>Sunset:</b> 7:33PM	Moon 5 - Phase 9 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Creative Work Siddha Yoga Until 5:40PM Then Routine Work - Marana Yoga		Father's Day					
<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 7.16	Tithi 6	<b>Gulika</b> 1:50PM – 3:44PM Yama 10:00AM – 11:55AM <b>Rahu</b> 6:11AM – 8:06AM	<b>Magha*</b> Until 4:14PM Vajra* Until 9:20PM Kaulava Until 9:15AM <b>Shashthi*</b> Until 8:09PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Red <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:16AM <b>Sunset:</b> 7:33PM	Moon 5 - Phase 9 3rd Phase <b>Devaloka Day</b>	
Family Home Evening Routine Work Marana Yoga Until 4:14PM Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 21.21	Tithi 7	<b>Gulika</b> 11:55AM – 1:50PM Yama 8:06AM – 10:00AM <b>Rahu</b> 3:44PM – 5:39PM	<b>Purvaphalguni</b> Until 3:12PM Siddhi Until 6:55PM Gara Until 7:15AM <b>Saptami</b> Until 6:27PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Red <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:16AM <b>Sunset:</b> 7:34PM	Moon 5 - Phase 9 3rd Phase <b>Devaloka Day</b> <b>Tour Day</b>	
Creative Work Siddha Yoga Until 3:12PM Then Creative Work - Amrita Yoga							
<b>6</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 5.04	Tithi 8 – 9	<b>Gulika</b> 10:01AM – 11:55AM Yama 6:11AM – 8:06AM <b>Rahu</b> 11:55AM – 1:50PM	<b>Uttaraphalguni</b> Until 2:36PM Vyatipata* Until 5:01PM Balava Until 5:00AM Thu <b>Ashtami*</b> Until 5:19PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Red <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:17AM <b>Sunset:</b> 7:34PM	Moon 5 - Phase 9 Ashtami <b>Devaloka Day</b>	
Creative Work Amrita Yoga Until 2:36PM Then Routine Work - Marana Yoga		Chidambaram Abhishekam					
<b>7</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Albany, NY Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 18.27	Tithi 9 – 10	<b>Gulika</b> 8:06AM – 10:01AM Yama 4:17AM – 6:11AM <b>Rahu</b> 1:50PM – 3:45PM	<b>Hasta</b> Until 2:54PM Variyan Until 3:33PM Taitila Until 4:45AM Fri <b>Navami*</b> Until 4:47PM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Green <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:17AM <b>Sunset:</b> 7:34PM	Moon 5 - Phase 9 Navami <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Routine Work Marana Yoga Until 2:54PM Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Albany, NY Sutra 68 Vilamba 5120
Tula Rasi: 1.31	Tithi 10 - 11	<b>Gulika</b> 6:12AM - 8:06AM	<b>Chitra</b> Until 3:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:17AM	Sun 23
		Yama 3:45PM - 5:40PM	Parigha* Until 2:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10
361132361		<b>Rahu</b> 10:01AM - 11:56AM	Vanija Until 5:03AM Sat	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:49PM	Moon - Green		<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>2</b>		<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sutra 69 Vilamba 5120
Tula Rasi: 14.19	Tithi 11 - 12	<b>Gulika</b> 4:17AM - 6:12AM	<b>Svati</b> Until 4:38PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:17AM	Sun 24
		Yama 1:51PM - 3:45PM	Shiva Until 1:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
361132361		<b>Rahu</b> 8:07AM - 10:01AM	Bava Until 5:50AM Sun	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 5:21PM	Moon - Green		<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>3</b>		<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau		Albany, NY Sutra 70 Vilamba 5120
Tula Rasi: 26.52	Tithi 12	<b>Gulika</b> 3:45PM - 5:40PM	<b>Vishakha</b> Until 6:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:18AM	Sun 25
		Yama 11:56AM - 1:51PM	Siddha Until 1:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
371142361		<b>Rahu</b> 5:40PM - 7:35PM	Balava Until 6:23PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 6:23PM	Moon - Orange		<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>4</b>		<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Albany, NY Sutra 71 Vilamba 5120
Vrischika Rasi: 9.14	Tithi 13	<b>Gulika</b> 1:51PM - 3:46PM	<b>Anuradha</b> Until 8:33PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:18AM	Sun 26
<b>Family Home Evening</b>		Yama 10:02AM - 11:56AM	Sadhya Until 1:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
371142361		<b>Rahu</b> 6:13AM - 8:07AM	Kaulava Until 7:05AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:50PM	Moon - Orange		<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>		
				<i>Pradosha Vrata</i>		

<b>5</b>		<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Albany, NY Sutra 72 Vilamba 5120
Vrischika Rasi: 21.26	Tithi 14	<b>Gulika</b> 11:57AM - 1:51PM	<b>Jyeshtha*</b> Until 10:51PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:18AM	Sun 27
		Yama 8:07AM - 10:02AM	Subha Until 2:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
371142361		<b>Rahu</b> 3:46PM - 5:40PM	Gara Until 8:44AM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 9:40PM	Moon - Orange		<b>Devaloka Day</b>
Until 10:51PM				<b>Jyeshtha-Ani</b>		
Then Creative Work - Amrita Yoga						

		<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau		Albany, NY Sutra 73 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:02AM - 11:57AM	<b>Mula*</b> Until 1:48AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:19AM	Sun 28
Dhanus Rasi: 3.29	Tithi 15	Yama 6:13AM - 8:08AM	Sukla Until 3:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
381142361		<b>Rahu</b> 11:57AM - 1:51PM	Visti Until 10:45AM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> Until 11:51PM	Moon - Light Blue		<b>Bhuloka Day</b>
Until 1:48AM Thu				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

<b>Thursday, June 28, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau		Albany, NY Sutra 74 Vilamba 5120
Dhanus Rasi: 15.24	Tithi 16	<b>Gulika</b> 8:08AM - 10:02AM	<b>Purvashadha*</b> Until 4:49AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:19AM	Sun 29
		Yama 4:19AM - 6:14AM	Brahma Until 3:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10
381142361		<b>Rahu</b> 1:51PM - 3:46PM	Balava Until 1:03PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:16AM Fri	Moon - Light Blue		<b>Bhuloka Day</b>
Until 4:49AM Fri				<b>Jyeshtha-Ani</b>		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhrili\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Albany, NY  
Sun 1  
Sutra 75  
Vilamba 5120

Dhanus Rasi: 27.14 Tithi 17

381142361

**Gulika** 6:14AM – 8:08AM  
Yama 3:46PM – 5:40PM  
**Rahu** 10:03AM – 11:57AM

**Uttarashadha Until 7:47AM Sat**

Indra Until 5:02PM

Taitila Until 3:34PM

**Dvitiya Until 4:51AM Sat**

**Ganesha:** Blue *Sunrise:* 4:19AM

**Muruqa:** Clear *Sunset:* 7:35PM

**Nataraja:** White

Moon – Light Blue

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 7:47AM Sat

Then Creative Work - Siddha Yoga

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhrili\* Yoga Vanija Karana Tritiyayam Titau

Albany, NY  
Sun 2  
Sutra 76  
Vilamba 5120

Makara Rasi: 9.02 Tithi 18

381242361

**Gulika** 4:20AM – 6:14AM  
Yama 1:52PM – 3:46PM  
**Rahu** 8:09AM – 10:03AM

**Uttarashadha Until 7:47AM**

Vaidhrili\* Until 6:09PM

Vanija Until 6:10PM

**Tritiya Until 7:26AM Sun**

**Ganesha:** Blue *Sunrise:* 4:20AM

**Muruqa:** Clear *Sunset:* 7:35PM

**Nataraja:** White

Moon – Light Blue

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 7:47AM

Then Creative Work - Siddha Yoga

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY  
Sun 3  
Sutra 77  
Vilamba 5120

Makara Rasi: 20.49 Tithi 18 – 19

391242361

**Gulika** 3:46PM – 5:40PM  
Yama 11:58AM – 1:52PM  
**Rahu** 5:40PM – 7:35PM

**Shravana Until 11:06AM**

Vishkambha\* Until 7:14PM

Bava Until 8:43PM

**Tritiya Until 7:26AM**

**Ganesha:** Red *Sunrise:* 4:20AM

**Muruqa:** Clear *Sunset:* 7:35PM

**Nataraja:** White

Moon – Purple

**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga

Until 11:06AM

Then Routine Work - Marana Yoga

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY  
Sun 4  
Sutra 78  
Vilamba 5120

Kumbha Rasi: 2.39 Tithi 19 – 20

392242361

**Gulika** 1:52PM – 3:46PM  
Yama 10:04AM – 11:58AM  
**Rahu** 6:15AM – 8:09AM

**Dhanishtha Until 2:05PM**

Priti Until 8:10PM

Kaulava Until 11:01PM

**Chaturthi\* Until 9:53AM**

**Ganesha:** Yellow *Sunrise:* 4:21AM

**Muruqa:** Clear *Sunset:* 7:34PM

**Nataraja:** White

Moon – Purple

**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Then Routine Work - Marana Yoga

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Albany, NY  
Sun 5  
Sutra 79  
Vilamba 5120

Kumbha Rasi: 14.35 Tithi 20 – 21

392242361

**Gulika** 11:58AM – 1:52PM  
Yama 8:10AM – 10:04AM  
**Rahu** 3:46PM – 5:40PM

**Shatabhishak Until 4:34PM**

Ayushman Until 8:46PM

Gara Until 12:55AM Wed

**Panchami Until 12:00PM**

**Ganesha:** Yellow *Sunrise:* 4:22AM

**Muruqa:** Clear *Sunset:* 7:34PM

**Nataraja:** White

Moon – Purple

**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Albany, NY  
Sun 6  
Sutra 80  
Vilamba 5120

Kumbha Rasi: 26.43 Tithi 21 – 22

312242361

**Gulika** 10:04AM – 11:58AM  
Yama 6:16AM – 8:10AM  
**Rahu** 11:58AM – 1:52PM

**Purvaproshtapada\* Until 6:53PM**

Saubhagya Until 8:58PM

Visti Until 2:15AM Thu

**Shashthi\* Until 1:38PM**

**Ganesha:** Orange *Sunrise:* 4:22AM

**Muruqa:** Clear *Sunset:* 7:34PM

**Nataraja:** White

Moon – Clear

**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:53PM

Then Creative Work - Siddha Yoga

**D**

**Thursday, July 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY  
Sun 7  
Sutra 81  
Vilamba 5120

Meena Rasi: 9.05 Tithi 22 – 23

312242361

**Gulika** 8:10AM – 10:04AM  
Yama 4:23AM – 6:17AM  
**Rahu** 1:52PM – 3:46PM

**Uttaraproshtapada Until 8:23PM**

Sobhana Until 8:39PM

Balava Until 2:53AM Fri

**Saptami Until 2:38PM**

**Ganesha:** Orange *Sunrise:* 4:23AM

**Muruqa:** Clear *Sunset:* 7:34PM

**Nataraja:** White

Moon – Clear

**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Siddha Yoga

**Friday, July 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY  
Sun 8  
Sutra 82  
Vilamba 5120

Meena Rasi: 21.47 Tithi 23 – 24

412242361

**Gulika** 6:17AM – 8:11AM  
Yama 3:46PM – 5:40PM  
**Rahu** 10:05AM – 11:58AM

**Revati Until 8:59PM**

Athiganda\* Until 7:43PM

Taitila Until 2:44AM Sat

**Ashtami\* Until 2:54PM**

**Ganesha:** Green *Sunrise:* 4:23AM

**Muruqa:** Clear *Sunset:* 7:33PM

**Nataraja:** White

Moon – Clear

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 8:59PM

Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Albany, NY Sutra 83 Sun 9 Vilamba 5120	
Mesha Rasi: 4.52	Tithi 24 – 25	<b>Gulika</b> 4:24AM – 6:18AM	<b>Ashvini</b> Until 9:07PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:24AM	Moon 6 - Phase 12	
		Yama 1:52PM – 3:46PM	Sukarma Until 6:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	2nd Phase	
422242361	<b>Rahu</b> 8:11AM – 10:05AM		Vanija Until 1:48AM Sun	<b>Nataraja:</b> White		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:21PM	Moon – White		<b>Jyeshtha-Ani</b>	

<b>2</b>		<b>Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sutra 84 Sun 10 Vilamba 5120	
Mesha Rasi: 18.23	Tithi 25 – 26	<b>Gulika</b> 3:46PM – 5:39PM	<b>Bharani</b> Until 8:18PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:25AM	Moon 6 - Phase 12	
		Yama 11:59AM – 1:52PM	Dhriti Until 3:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	2nd Phase	
422242361	<b>Rahu</b> 5:39PM – 7:33PM		Bava Until 12:05AM Mon	<b>Nataraja:</b> White		<b>Devaloka Day</b>	
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 1:01PM	Moon – White		<b>Jyeshtha-Ani</b>	
Until 8:18PM							
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sutra 85 Sun 11 Vilamba 5120	
Vrishabha Rasi: 2.21	Tithi 26 – 27	<b>Gulika</b> 1:52PM – 3:46PM	<b>Krittika</b> Until 6:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:25AM	Moon 6 - Phase 12	
<b>Family Home Evening</b>		Yama 10:05AM – 11:59AM	Shula* Until 1:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	2nd Phase	
422242361	<b>Rahu</b> 6:19AM – 8:12AM		Kaulava Until 9:41PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 10:57AM	Moon – White		<b>Jyeshtha-Ani</b>	
Until 6:40PM							
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Albany, NY Sutra 86 Sun 12 Vilamba 5120	
Vrishabha Rasi: 16.46	Tithi 27 – 28	<b>Gulika</b> 11:59AM – 1:52PM	<b>Rohini</b> Until 4:44PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:26AM	Moon 6 - Phase 12	
		Yama 8:13AM – 10:06AM	Ganda* Until 9:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	2nd Phase	
422242361	<b>Rahu</b> 3:45PM – 5:39PM		Gara Until 6:44PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 8:15AM	Moon – Yellow		<b>Tour Day</b>	
Until 4:44PM						<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Creative Work - Siddha Yoga						<b>Pradosha Vrata (Fasting)</b>	

<b>5</b>		<b>Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sutra 87 Sun 13 Vilamba 5120	
Mithuna Rasi: 1.32	Tithi 29	<b>Gulika</b> 10:06AM – 11:59AM	<b>Mrigashira</b> Until 2:12PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:27AM	Moon 6 - Phase 12	
		Yama 6:20AM – 8:13AM	Vriddhi Until 6:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	2nd Phase	
422242361	<b>Rahu</b> 11:59AM – 1:52PM		Visti Until 3:22PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:33AM Thu	Moon – Yellow		<b>Devaloka Time: 12:PM to 3:PM</b>	

<b>Retreat Star</b>		<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sutra 88 Sun 14 Vilamba 5120	
Mithuna Rasi: 16.34	Tithi 30	<b>Gulika</b> 8:13AM – 10:06AM	<b>Ardra</b> Until 11:17AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:28AM	Moon 6 - Phase 12	
		Yama 4:28AM – 6:21AM	Vyaghata* Until 10:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Amavasya	
422242361	<b>Rahu</b> 1:52PM – 3:45PM		Catuspada Until 11:43AM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 9:50PM	Moon – Yellow		<b>Devaloka Time: 12:PM to 3:PM</b>	
Until 11:17AM							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sutra 89 Sun 15 Vilamba 5120	
Kataka Rasi: 1.44	Tithi 1	<b>Gulika</b> 6:21AM – 8:14AM	<b>Punarvasu</b> Until 8:30AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:28AM	Moon 6 - Phase 12	
		Yama 3:45PM – 5:38PM	Harshana Until 5:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Prathama	
422242361	<b>Rahu</b> 10:07AM – 11:59AM		Kintughna Until 7:58AM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:05PM	Moon – Blue		<b>Devaloka Time: 12:PM to 3:PM</b>	
Until 8:30AM							
Then Routine Work - Marana Yoga		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sun 16 Sutra 90 Vilamba 5120	
Kataka Rasi: 16.53	Tithi 2 – 3	<b>Gulika</b> 4:29AM – 6:22AM	<b>Ashlesha* Until 2:51AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:29AM		
		Yama 1:52PM – 3:45PM	Vajra* Until 1:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13	
Routine Work	Marana Yoga	442242361 <b>Rahu</b> 8:14AM – 10:07AM	Taitila Until 12:46AM Sun	<b>Nataraja:</b> White		3rd Phase	
			<b>Dvitiya Until 2:28PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Albany, NY Sun 17 Sutra 91 Vilamba 5120	
Simha Rasi: 1.51	Tithi 3 – 4	<b>Gulika</b> 3:44PM – 5:37PM	<b>Magha* Until 12:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:30AM		
		Yama 12:00PM – 1:52PM	Siddhi Until 10:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13	
Routine Work	Marana Yoga	452242361 <b>Rahu</b> 5:37PM – 7:29PM	Vanija Until 9:37PM	<b>Nataraja:</b> White		3rd Phase	
Until 12:43AM Mon			<b>Tritiya Until 11:07AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 18 Sutra 92 Vilamba 5120	
Simha Rasi: 16.31	Tithi 4 – 5	<b>Gulika</b> 1:52PM – 3:44PM	<b>Purvaphalguni Until 10:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:31AM		
<b>Family Home Evening</b>		Yama 10:07AM – 12:00PM	Vyatipata* Until 6:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13	
Creative Work	Siddha Yoga	453242361 <b>Rahu</b> 6:23AM – 8:15AM	Bava Until 6:57PM	<b>Nataraja:</b> White		3rd Phase	
			<b>Chaturthi* Until 8:12AM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sun 19 Sutra 93 Vilamba 5120	
Kanya Rasi: 0.49	Tithi 6	<b>Gulika</b> 12:00PM – 1:52PM	<b>Uttaraphalguni Until 9:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:32AM		
		Yama 8:16AM – 10:08AM	Parigha* Until 1:01AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13	
Creative Work	Amrita Yoga	453242362 <b>Rahu</b> 3:44PM – 5:36PM	Kaulava Until 4:53PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 9:39PM			<b>Shashthi* Until 4:06AM Wed</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>			

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 20 Sutra 94 Vilamba 5120	
Kanya Rasi: 14.41	Tithi 7	<b>Gulika</b> 10:08AM – 12:00PM	<b>Hasta Until 9:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:33AM		
		Yama 6:24AM – 8:16AM	Shiva Until 11:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13	
Routine Work	Marana Yoga	463242362 <b>Rahu</b> 12:00PM – 1:52PM	Gara Until 3:31PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 9:20PM			<b>Saptami Until 3:05AM Thu</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 21 Sutra 95 Vilamba 5120	
Kanya Rasi: 28.07	Tithi 8	<b>Gulika</b> 8:17AM – 10:08AM	<b>Chitra Until 9:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:33AM		
		Yama 4:33AM – 6:25AM	Siddha Until 9:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13	
Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 1:51PM – 3:43PM	Visti Until 2:52PM	<b>Nataraja:</b> Clear		Ashtami	
Until 9:37PM			<b>Ashtami* Until 2:48AM Fri</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22 Sutra 96 Vilamba 5120	
Tula Rasi: 11.1	Tithi 9	<b>Gulika</b> 6:26AM – 8:17AM	<b>Svati Until 10:26PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:34AM		
		Yama 3:43PM – 5:34PM	Sadhya Until 8:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13	
Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 10:09AM – 12:00PM	Balava Until 2:57PM	<b>Nataraja:</b> Clear		Navami	
			<b>Navami* Until 3:13AM Sat</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>		<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Albany, NY Sun 23 Sutra 97 Vilamba 5120
Tula Rasi: 23.53	Tithi 10	<b>Gulika</b> 4:35AM – 6:26AM	<b>Vishakha</b> Until 12:12AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:35AM			
		Yama 1:51PM – 3:42PM	Subha Until 8:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM		Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 8:18AM – 10:09AM	Taitila Until 3:42PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:17AM Sun	Moon – Orange			<b>Devaloka Day</b>	
Until 12:12AM Sun				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24 Sutra 98 Vilamba 5120
Vrischika Rasi: 6.18	Tithi 11	<b>Gulika</b> 3:42PM – 5:33PM	<b>Anuradha</b> Until 2:20AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:36AM			
		Yama 12:00PM – 1:51PM	Sukla Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:24PM		Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 5:33PM – 7:24PM	Vanija Until 5:02PM	<b>Nataraja:</b> Clear			4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 5:52AM Mon	Moon – Orange			<b>Devaloka Day</b>	
Until 2:20AM Mon				<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau				Albany, NY Sun 25 Sutra 99 Vilamba 5120
Vrischika Rasi: 18.3	Tithi 12	<b>Gulika</b> 1:51PM – 3:41PM	<b>Jyeshtha*</b> Until 4:45AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:37AM			
<b>Family Home Evening</b>		Yama 10:09AM – 12:00PM	Brahma Until 9:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM		Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:28AM – 8:19AM	Bava Until 6:52PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 7:54AM Tue	Moon – Orange			<b>Devaloka Day</b>	
Until 4:45AM Tue				<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 26 Sutra 100 Vilamba 5120
Dhanus Rasi: 0.32	Tithi 12 – 13	<b>Gulika</b> 12:00PM – 1:51PM	<b>Mula*</b> Until 7:48AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:38AM			
		Yama 8:19AM – 10:10AM	Indra Until 10:16PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM		Moon 6 - Phase 14	
		483242362 <b>Rahu</b> 3:41PM – 5:32PM	Kaulava Until 9:03PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 7:54AM	Moon – Light Blue			<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>				

*Pradosha Vrata*

<b>5</b>		<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27 Sutra 101 Vilamba 5120
Dhanus Rasi: 12.26	Tithi 13 – 14	<b>Gulika</b> 10:10AM – 12:00PM	<b>Mula*</b> Until 7:48AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:39AM			
		Yama 6:29AM – 8:20AM	Vaidhriti* Until 11:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM		Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 12:00PM – 1:50PM	Gara Until 11:30PM	<b>Nataraja:</b> Clear			4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 10:14AM	Moon – Light Blue			<b>Sivaloka Day</b>	
Until 7:48AM				<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga								

<b>○</b>		<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sun 28 Sutra 102 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:20AM – 10:10AM	<b>Purvashadha*</b> Until 10:53AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:40AM			
Dhanus Rasi: 24.16	Tithi 14 – 15	Yama 4:40AM – 6:30AM	Vishkambha* Until 12:21AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM		Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 1:50PM – 3:40PM	Visti Until 2:05AM Fri	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:46PM	Moon – Light Blue			<b>Sivaloka Day</b>	
Until 10:53AM				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

<b>○</b>		<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 29 Sutra 103 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:31AM – 8:20AM	<b>Uttarashadha</b> Until 1:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:41AM			
Makara Rasi: 6.02	Tithi 15 – 16	Yama 3:40PM – 5:29PM	Priti Until 1:29AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM		Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 10:10AM – 12:00PM	Balava Until 4:39AM Sat	<b>Nataraja:</b> Clear			Prathama	
Routine Work	Marana Yoga		<b>Purnima*</b> Until 3:21PM	Moon – Light Blue			<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>				

Total Lunar Eclipse

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



**Saturday, July 28, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY  
Sutra 104  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 17.5    Tilthi 16 - 17

493342362 **Gulika** 4:42AM - 6:31AM  
Yama 1:50PM - 3:39PM  
**Rahu** 8:21AM - 10:10AM

**Shravana Until 5:08PM**  
Ayushman Until 2:29AM Sun  
Taitila Until 7:06AM Sun  
Prathama\* Until 5:53PM

**Ganesha:** Blue    *Sunrise:* 4:42AM  
**Muruqa:** Clear    *Sunset:* 7:18PM  
**Nataraja:** Clear  
Moon - Purple

**Devaloka Day**

Creative Work    Siddha Yoga

**1**

**Sunday, July 29, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY  
Sun 1    Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 29.41    Tilthi 17

493342362 **Gulika** 3:39PM - 5:28PM  
Yama 12:00PM - 1:49PM  
**Rahu** 5:28PM - 7:17PM

**Dhanishtha Until 8:03PM**  
Saubhagya Until 3:20AM Mon  
Taitila Until 7:06AM  
Dvitiya Until 8:14PM

**Ganesha:** Blue    *Sunrise:* 4:43AM  
**Muruqa:** Clear    *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon - Purple

**Devaloka Day**

Routine Work    Marana Yoga

Until 8:03PM

Then Creative Work - Siddha Yoga

**2**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Albany, NY  
Sun 2    Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 11.37    Tilthi 18

**Family Home Evening**

494342362 **Gulika** 1:49PM - 3:38PM  
Yama 10:11AM - 12:00PM  
**Rahu** 6:33AM - 8:22AM

**Shatabhishak Until 10:32PM**  
Sobhana Until 3:58AM Tue  
Vanija Until 9:19AM  
Tritiya Until 10:17PM

**Ganesha:** Blue    *Sunrise:* 4:44AM  
**Muruqa:** Clear    *Sunset:* 7:16PM  
**Nataraja:** Clear  
Moon - Purple

**Devaloka Day**

Creative Work    Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

**3**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY  
Sun 3    Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 23.41    Tilthi 19

414342362 **Gulika** 12:00PM - 1:49PM  
Yama 8:22AM - 10:11AM  
**Rahu** 3:37PM - 5:26PM

**Purvaproshtapada\* Until 12:57AM We**  
Athiganda\* Until 4:14AM Wed  
Bava Until 11:11AM  
Chaturthi\* Until 11:56PM

**Ganesha:** White    *Sunrise:* 4:45AM  
**Muruqa:** Clear    *Sunset:* 7:15PM  
**Nataraja:** Clear  
Moon - Clear

**Devaloka Day**

Routine Work    Marana Yoga

Until 12:57AM Wed

Then Creative Work - Siddha Yoga

**4**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY  
Sun 4    Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 5.55    Tilthi 20

414342362 **Gulika** 10:11AM - 12:00PM  
Yama 6:34AM - 8:23AM  
**Rahu** 12:00PM - 1:48PM

**Uttaraproshtapada Until 2:43AM Thu**  
Sukarma Until 4:07AM Thu  
Kaulava Until 12:36PM  
Panchami Until 1:06AM Thu

**Ganesha:** White    *Sunrise:* 4:46AM  
**Muruqa:** Clear    *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon - Clear

**Devaloka Day**

Creative Work    Siddha Yoga

**5**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY  
Sun 5    Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 18.22    Tilthi 21

414342362 **Gulika** 8:23AM - 10:12AM  
Yama 4:47AM - 6:35AM  
**Rahu** 1:48PM - 3:36PM

**Revati Until 3:46AM Fri**  
Dhriti Until 3:34AM Fri  
Gara Until 1:29PM  
Shashthi\* Until 1:41AM Fri

**Ganesha:** White    *Sunrise:* 4:47AM  
**Muruqa:** Clear    *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon - Clear

**Devaloka Day**

Creative Work    Siddha Yoga

Until 3:46AM Fri

Then Creative Work - Amrita Yoga

**6**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau

Albany, NY  
Sun 6    Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Mesha Rasi: 1.06    Tilthi 22

424342362 **Gulika** 6:36AM - 8:24AM  
Yama 3:36PM - 5:23PM  
**Rahu** 10:12AM - 12:00PM

**Ashvini Until 4:30AM Sat**  
Shula\* Until 2:28AM Sat  
Visti Until 1:45PM  
Saptami Until 1:37AM Sat

**Ganesha:** Clear    *Sunrise:* 4:48AM  
**Muruqa:** Clear    *Sunset:* 7:11PM  
**Nataraja:** Clear  
Moon - White

**Sivaloka Day**

Creative Work    Amrita Yoga

Until 4:30AM Sat

Then Creative Work - Siddha Yoga

**☾**

**Saturday, August 4, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY  
Sun 7    Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 14.09    Tilthi 23

424342362 **Gulika** 4:49AM - 6:37AM  
Yama 1:47PM - 3:35PM  
**Rahu** 8:24AM - 10:12AM

**Bharani Until 4:24AM Sun**  
Ganda\* Until 12:50AM Sun  
Balava Until 1:21PM  
Ashtami\* Until 12:53AM Sun

**Ganesha:** Clear    *Sunrise:* 4:49AM  
**Muruqa:** Clear    *Sunset:* 7:10PM  
**Nataraja:** Clear  
Moon - White

**Sivaloka Day**

Creative Work    Siddha Yoga

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY  
Sun 8    Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 27.34    Tilthi 24

424342362 **Gulika** 3:34PM - 5:22PM  
Yama 11:59AM - 1:47PM  
**Rahu** 5:22PM - 7:09PM

**Krittika Until 3:29AM Mon**  
Vriddhi Until 10:41PM  
Taitila Until 12:16PM  
Navami\* Until 11:28PM

**Ganesha:** Clear    *Sunrise:* 4:50AM  
**Muruqa:** Clear    *Sunset:* 7:09PM  
**Nataraja:** Clear  
Moon - White

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 3:29AM Mon

Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Albany, NY Sutra 113 Vilamba 5120	
Vrishabha Rasi: 11.22 Tithi 25		434342362		<b>Gulika</b> 1:46PM – 3:34PM	<b>Rohini Until 2:13AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:51AM	Sun 9
<b>Family Home Evening</b>				<b>Yama</b> 10:12AM – 11:59AM	<b>Dhruva Until 7:57PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:08PM	Moon 7 - Phase 16
Creative Work Amrita Yoga				<b>Rahu</b> 6:38AM – 8:25AM	<b>Vanija Until 10:31AM</b>	<b>Nataraja:</b> Clear	2nd Phase
Until 2:13AM Tue					<b>Dashami Until 9:24PM</b>	<b>Moon – Yellow</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						<b>Ashada-Adi</b>	

<b>2</b>		<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Ekadashyam Titau		Albany, NY Sutra 114 Vilamba 5120	
Vrishabha Rasi: 25.35 Tithi 26		434342362		<b>Gulika</b> 11:59AM – 1:46PM	<b>Mrigashira Until 12:16AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:52AM	Sun 10
Creative Work Siddha Yoga				<b>Yama</b> 8:26AM – 10:12AM	<b>Vyaghata* Until 4:47PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:06PM	Moon 7 - Phase 16
				<b>Rahu</b> 3:33PM – 5:20PM	<b>Bava Until 8:10AM</b>	<b>Nataraja:</b> Clear	2nd Phase
					<b>Ekadashi* Until 6:46PM</b>	<b>Moon – Yellow</b>	<b>Devaloka Day</b>
						<b>Ashada-Adi</b>	<b>Tour Day</b>

<b>3</b>		<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Albany, NY Sutra 115 Vilamba 5120	
Mithuna Rasi: 10.1 Tithi 27 – 28		434342362		<b>Gulika</b> 10:13AM – 11:59AM	<b>Ardra Until 9:45PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:53AM	Sun 11
Creative Work Siddha Yoga				<b>Yama</b> 6:40AM – 8:26AM	<b>Harshana Until 1:13PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:05PM	Moon 7 - Phase 16
				<b>Rahu</b> 11:59AM – 1:46PM	<b>Gara Until 2:00AM Thu</b>	<b>Nataraja:</b> Clear	2nd Phase
					<b>Dvadashi* Until 3:40PM</b>	<b>Moon – Yellow</b>	<b>Devaloka Day</b>
						<b>Ashada-Adi</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sutra 116 Vilamba 5120	
Mithuna Rasi: 25.03 Tithi 28 – 29		444342362		<b>Gulika</b> 8:27AM – 10:13AM	<b>Punarvasu Until 7:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:54AM	Sun 12
Creative Work Amrita Yoga				<b>Yama</b> 4:54AM – 6:40AM	<b>Vajra* Until 9:21AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:04PM	Moon 7 - Phase 16
				<b>Rahu</b> 1:45PM – 3:31PM	<b>Visti Until 10:28PM</b>	<b>Nataraja:</b> Clear	2nd Phase
					<b>Trayodashi* Until 12:14PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
						<b>Ashada-Adi</b>	

		<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Albany, NY Sutra 117 Vilamba 5120	
<b>Retreat Star</b>		444342362		<b>Gulika</b> 6:41AM – 8:27AM	<b>Pushya Until 4:22PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:55AM	Sun 13
Kataka Rasi: 10.07 Tithi 29 – 30				<b>Yama</b> 3:31PM – 5:17PM	<b>Vyatipata* Until 1:12AM Sat</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:02PM	Moon 7 - Phase 16
Routine Work Marana Yoga				<b>Rahu</b> 10:13AM – 11:59AM	<b>Catuspada Until 6:48PM</b>	<b>Nataraja:</b> Clear	Amavasya
					<b>Chaturdashi* Until 8:37AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>
						<b>Ashada-Adi</b>	

<b>Retreat Star</b>		<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sutra 118 Vilamba 5120	
Kataka Rasi: 25.14 Tithi 1		445342362		<b>Gulika</b> 4:56AM – 6:42AM	<b>Ashlesha* Until 1:25PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:56AM	Sun 14
Routine Work Marana Yoga				<b>Yama</b> 1:44PM – 3:30PM	<b>Variyan Until 9:10PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 7:01PM	Moon 7 - Phase 16
Until 1:25PM				<b>Rahu</b> 8:28AM – 10:13AM	<b>Kintughna Until 3:10PM</b>	<b>Nataraja:</b> Clear	Prathama
Then Creative Work - Amrita Yoga					<b>Prathama* Until 1:24AM Sun</b>	<b>Moon – Blue</b>	<b>Sivaloka Day</b>
				<b>Partial Solar Eclipse</b>		<b>Sravana-Adi</b>	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.16	Tithi 2	<b>Gulika</b> 3:29PM – 5:14PM	<b>Magha* Until 10:56AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:57AM	
		Yama 11:59AM – 1:44PM	Parigha* Until 5:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 5:14PM – 7:00PM	Balava Until 11:44AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 10:07PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 10:56AM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trityayam Titau				Albany, NY Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.03	Tithi 3	<b>Gulika</b> 1:43PM – 3:28PM	<b>Purvaphalguni Until 8:38AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:58AM	
<b>Family Home Evening</b>		Yama 10:13AM – 11:58AM	Shiva Until 1:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 6:43AM – 8:28AM	Taitila Until 8:39AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 7:16PM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 9.29	Tithi 4 – 5	<b>Gulika</b> 11:58AM – 1:43PM	<b>Uttaraphalguni Until 6:42AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:00AM	
		Yama 8:29AM – 10:13AM	Siddha Until 10:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 3:27PM – 5:12PM	Vanija Until 6:03AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 4:58PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 6:42AM				<b>Sravana-Adi</b>		<b>Tour Day</b>
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 23.3	Tithi 5 – 6	<b>Gulika</b> 10:14AM – 11:58AM	<b>Chitra Until 5:17AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM	
		Yama 6:45AM – 8:29AM	Sadhya Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 11:58AM – 1:42PM	Kaulava Until 2:52AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 3:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 5:17AM Thu		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.04	Tithi 6 – 7	<b>Gulika</b> 8:30AM – 10:14AM	<b>Svati Until 5:30AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:02AM	
		Yama 5:02AM – 6:46AM	Subha Until 6:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 1:42PM – 3:26PM	Gara Until 2:26AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 2:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 5:30AM Fri				<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Albany, NY Sun 20 Sutra 124 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:46AM – 8:30AM	<b>Vishakha Until 6:49AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM	
Tula Rasi: 20.1	Tithi 7 – 8	Yama 3:25PM – 5:09PM	Brahma Until 4:21AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 10:14AM – 11:58AM	Vishti Until 2:50AM Sat	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 2:31PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 21 Sutra 125 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:04AM – 6:47AM	<b>Vishakha Until 6:49AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:04AM	
Vrischika Rasi: 2.53	Tithi 8 – 9	Yama 1:41PM – 3:24PM	Indra Until 4:18AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 8:31AM – 10:14AM	Balava Until 3:58AM Sun	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

1	<b>Sunday, August 19, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY Sun 22 Sutra 126 Vilamba 5120
	Vrischika Rasi: 15.17    Tithi 9 – 10	Gulika    3:23PM – 5:06PM	Anuradha Until 8:42AM	Ganesha: Clear    Sunrise: 5:05AM	Moon 7 - Phase 18	
	575442362	Yama    11:57AM – 1:40PM	Vaidhriti* Until 4:42AM Mon	Muruqa: Clear    Sunset: 6:49PM	4th Phase	
	Routine Work    Marana Yoga	Rahu    5:06PM – 6:49PM	Taitila Until 5:44AM Mon	Nataraja: Clear Moon – Orange	<b>Sivaloka Day</b>	
		<b>Navami* Until 4:45PM</b>	<b>Sravana-Avani</b>			

2	<b>Monday, August 20, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara Karana Dashamyam Titau				Albany, NY Sun 23 Sutra 127 Vilamba 5120
	Vrischika Rasi: 27.25    Tithi 10	Gulika    1:40PM – 3:22PM	Jyeshtha* Until 11:00AM	Ganesha: Clear    Sunrise: 5:06AM	Moon 7 - Phase 18	
	Family Home Evening	Yama    10:14AM – 11:57AM	Vishkambha* Until 5:29AM Tue	Muruqa: Clear    Sunset: 6:48PM	4th Phase	
	575442362	Rahu    6:49AM – 8:31AM	Gara Until 6:47PM	Nataraja: Clear Moon – Orange	<b>Sivaloka Day</b>	
Creative Work    Siddha Yoga		<b>Dashami Until 6:47PM</b>	<b>Sravana-Avani</b>			

3	<b>Tuesday, August 21, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24 Sutra 128 Vilamba 5120
	Dhanus Rasi: 9.21    Tithi 11	Gulika    11:57AM – 1:39PM	Mula* Until 2:02PM	Ganesha: Clear    Sunrise: 5:07AM	Moon 7 - Phase 18	
	586442362	Yama    8:32AM – 10:14AM	Priti Until 6:31AM Wed	Muruqa: Clear    Sunset: 6:46PM	4th Phase	
	Creative Work    Amrita Yoga	Rahu    3:21PM – 5:04PM	Vanija Until 7:58AM	Nataraja: Clear Moon – Light Blue	<b>Sivaloka Day</b>	
Until 2:02PM		<b>Ekadashi Until 9:11PM</b>	<b>Sravana-Avani</b>			
Then Creative Work - Siddha Yoga						

4	<b>Wednesday, August 22, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Albany, NY Sun 25 Sutra 129 Vilamba 5120
	Dhanus Rasi: 21.11    Tithi 12	Gulika    10:14AM – 11:56AM	Purvashadha* Until 5:08PM	Ganesha: Clear    Sunrise: 5:08AM	Moon 7 - Phase 18	
	586442362	Yama    6:50AM – 8:32AM	Priti Until 6:31AM	Muruqa: Clear    Sunset: 6:45PM	4th Phase	
	Creative Work    Amrita Yoga	Rahu    11:56AM – 1:38PM	Bava Until 10:29AM	Nataraja: Clear Moon – Light Blue	<b>Sivaloka Day</b>	
		<b>Dvadashi Until 11:46PM</b>	<b>Sravana-Avani</b>			

5	<b>Thursday, August 23, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY Sun 26 Sutra 130 Vilamba 5120
	Makara Rasi: 2.58    Tithi 13	Gulika    8:33AM – 10:14AM	Uttarashadha Until 8:07PM	Ganesha: Clear    Sunrise: 5:09AM	Moon 7 - Phase 18	
	586442362	Yama    5:09AM – 6:51AM	Ayushman Until 7:35AM	Muruqa: Clear    Sunset: 6:43PM	4th Phase	
	Routine Work    Marana Yoga	Rahu    1:38PM – 3:20PM	Kaulava Until 1:06PM	Nataraja: Clear Moon – Light Blue	<b>Sivaloka Day</b>	
Until 8:07PM		<b>Trayodashi Until 2:22AM Fri</b>	<b>Sravana-Avani</b>			
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>				

6	<b>Friday, August 24, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27 Sutra 131 Vilamba 5120
	Makara Rasi: 14.46    Tithi 14	Gulika    6:52AM – 8:33AM	Shravana Until 11:19PM	Ganesha: White    Sunrise: 5:10AM	Moon 7 - Phase 18	
	596442362	Yama    3:19PM – 5:00PM	Saubhagya Until 8:39AM	Muruqa: Clear    Sunset: 6:42PM	4th Phase	
	Routine Work    Marana Yoga	Rahu    10:14AM – 11:56AM	Gara Until 3:38PM	Nataraja: Clear Moon – Purple	<b>Subha Sivaloka Day</b>	
Until 11:19PM	Chidambaram Abhishekam	<b>Chaturdashi* Until 4:49AM Sat</b>	<b>Sravana-Avani</b>			
Then Creative Work - Siddha Yoga						

○	<b>Saturday, August 25, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sun 28 Sutra 132 Vilamba 5120
	Makara Rasi: 26.38    Tithi 15	Gulika    5:11AM – 6:52AM	Dhanishtha Until 2:07AM Sun	Ganesha: White    Sunrise: 5:11AM	Moon 7 - Phase 18	
	596442362	Yama    1:37PM – 3:18PM	Sobhana Until 9:36AM	Muruqa: Clear    Sunset: 6:40PM	Purnima	
	Creative Work    Siddha Yoga	Rahu    8:33AM – 10:14AM	Visti Until 5:58PM	Nataraja: Clear Moon – Purple	<b>Subha Sivaloka Day</b>	
	Avani Avittam	<b>Purnima* Until 6:59AM Sun</b>	<b>Sravana-Avani</b>			

○	<b>Sunday, August 26, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 29 Sutra 133 Vilamba 5120
	Kumbha Rasi: 9    Tithi 15 – 16	Gulika    3:17PM – 4:58PM	Shatabhishak Until 4:25AM Mon	Ganesha: White    Sunrise: 5:12AM	Moon 7 - Phase 18	
	596442362	Yama    11:55AM – 1:36PM	Athiganda* Until 10:17AM	Muruqa: Clear    Sunset: 6:38PM	Prathama	
	Creative Work    Siddha Yoga	Rahu    4:58PM – 6:38PM	Balava Until 7:58PM	Nataraja: Clear Moon – Purple	<b>Subha Sivaloka Day</b>	
Until 4:25AM Mon		<b>Purnima* Until 6:59AM</b>	<b>Sravana-Avani</b>			
Then Routine Work - Marana Yoga						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, August 27, 2018

Gold Retreat Star

Kumbha Rasi: 20.43 Tithi 16 - 17

Family Home Evening

Routine Work Marana Yoga

Until 6:39AM Tue

Then Creative Work - Amrita Yoga

Gulika 1:35PM - 3:16PM  
Yama 10:15AM - 11:55AM  
Rahu 6:54AM - 8:34AM

517442363

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Purvaprossthapada\* Until 6:39AM Tue  
Sukarma Until 10:43AM  
Taitila Until 9:35PM  
Prathama\* Until 8:48AM

Ganesha: White  
Muruga: Clear  
Nataraja: Purple  
Moon - Clear

Sunrise: 5:13AM  
Sunset: 6:37PM

Sivaloka Day

Albany, NY  
Sutra 134  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

1

Tuesday, August 28, 2018

Meena Rasi: 2.59 Tithi 17 - 18

Routine Work Marana Yoga

Until 6:39AM

Then Creative Work - Amrita Yoga

Gulika 11:55AM - 1:35PM  
Yama 8:35AM - 10:15AM  
Rahu 3:15PM - 4:55PM

517452363

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprossthapada\*Uttaraprossthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Purvaprossthapada\* Until 6:39AM  
Dhriti Until 10:50AM  
Vanija Until 10:46PM  
Dvitiya Until 10:12AM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Purple  
Moon - Clear

Sunrise: 5:14AM  
Sunset: 6:35PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Albany, NY  
Sun 1  
Sutra 135  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

2

Wednesday, August 29, 2018

Meena Rasi: 15.27 Tithi 18 - 19

Creative Work Siddha Yoga

Until 8:18AM

Then Routine Work - Marana Yoga

Gulika 10:15AM - 11:54AM  
Yama 6:55AM - 8:35AM  
Rahu 11:54AM - 1:34PM

517452363

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprossthapada\*Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Uttaraprossthapada Until 8:18AM  
Shula\* Until 10:34AM  
Bava Until 11:30PM  
Tritiya Until 11:10AM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Purple  
Moon - Clear

Sunrise: 5:15AM  
Sunset: 6:33PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Albany, NY  
Sun 2  
Sutra 136  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

3

Thursday, August 30, 2018

Meena Rasi: 28.07 Tithi 19 - 20

Creative Work Siddha Yoga

Until 9:21AM

Then Creative Work - Amrita Yoga

Gulika 8:35AM - 10:15AM  
Yama 5:16AM - 6:56AM  
Rahu 1:33PM - 3:13PM

517452363

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Revati Until 9:21AM  
Ganda\* Until 9:58AM  
Kaulava Until 11:47PM  
Chaturthi\* Until 11:41AM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Purple  
Moon - Clear

Sunrise: 5:16AM  
Sunset: 6:32PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Albany, NY  
Sun 3  
Sutra 137  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

4

Friday, August 31, 2018

Mesha Rasi: 11.01 Tithi 20 - 21

Creative Work Amrita Yoga

Until 10:16AM

Then Creative Work - Siddha Yoga

Gulika 6:57AM - 8:36AM  
Yama 3:12PM - 4:51PM  
Rahu 10:15AM - 11:54AM

527452363

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Ashvini Until 10:16AM  
Vridhi Until 9:01AM  
Gara Until 11:35PM  
Panchami Until 11:43AM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Purple  
Moon - White

Sunrise: 5:18AM  
Sunset: 6:30PM

Bhuloka Day

Albany, NY  
Sun 4  
Sutra 138  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

5

Saturday, September 1, 2018

Mesha Rasi: 24.08 Tithi 21 - 22

Creative Work Siddha Yoga

Until 10:32AM

Then Creative Work - Amrita Yoga

Gulika 5:19AM - 6:57AM  
Yama 1:32PM - 3:11PM  
Rahu 8:36AM - 10:15AM

527452363

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bharani Until 10:32AM  
Dhruva Until 7:40AM  
Visti Until 10:53PM  
Shashthi\* Until 11:17AM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Purple  
Moon - White

Sunrise: 5:19AM  
Sunset: 6:28PM

Bhuloka Day

Albany, NY  
Sun 5  
Sutra 139  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase

D

Sunday, September 2, 2018

Retreat Star

Vrishabha Rasi: 7.32 Tithi 22 - 23

Creative Work Siddha Yoga

Gulika 3:10PM - 4:48PM  
Yama 11:53AM - 1:32PM  
Rahu 4:48PM - 6:27PM

527452363

Krishna Janmashtami

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Krittika Until 10:11AM  
Harshana Until 3:47AM Mon  
Balava Until 9:41PM  
Saptami Until 10:20AM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Purple  
Moon - White

Sunrise: 5:20AM  
Sunset: 6:27PM

Bhuloka Day

Albany, NY  
Sun 6  
Sutra 140  
Vilamba 5120  
Moon 8 - Phase 19  
Ashtami

Monday, September 3, 2018

Retreat Star

Vrishabha Rasi: 21.14 Tithi 23 - 24

Family Home Evening

Creative Work Amrita Yoga

Gulika 1:31PM - 3:09PM  
Yama 10:15AM - 11:53AM  
Rahu 6:59AM - 8:37AM

538452363

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rohini Until 9:36AM  
Vajra\* Until 1:12AM Tue  
Taitila Until 8:00PM  
Ashtami\* Until 8:53AM

Ganesha: White  
Muruga: Purple  
Nataraja: Purple  
Moon - Yellow

Sunrise: 5:21AM  
Sunset: 6:25PM

Devaloka Day

Albany, NY  
Sun 7  
Sutra 141  
Vilamba 5120  
Moon 8 - Phase 19  
Navami

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, September 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visi* Karana Navami/Dashamyam Titau		Albany, NY Sun 8 Sutra 142 Vilamba 5120	
Mithuna Rasi: 5.14	Tithi 24 – 25	<b>Gulika</b>	11:52AM – 1:30PM	<b>Mrigashira</b> Until 8:24AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:22AM	
		Yama	8:37AM – 10:15AM	Siddhi Until 10:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 20
		538452363 <b>Rahu</b>	3:08PM – 4:46PM	Visti Until 4:33AM Wed	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Navami*</b> Until 6:57AM	Moon – Yellow		<b>Devaloka Day</b>
Until 8:24AM					<b>Sravana-Avani</b>		
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Albany, NY Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 19.32	Tithi 26	<b>Gulika</b>	10:15AM – 11:52AM	<b>Ardra</b> Until 6:37AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:23AM	
		Yama	7:00AM – 8:37AM	Vyatipata* Until 7:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 20
		538452363 <b>Rahu</b>	11:52AM – 1:29PM	Bava Until 3:13PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi*</b> Until 1:46AM Thu	Moon – Yellow		<b>Devaloka Day</b>
					<b>Sravana-Avani</b>		

<b>3</b>		<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Albany, NY Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 4.06	Tithi 27	<b>Gulika</b>	8:38AM – 10:15AM	<b>Pushya</b> Until 2:24AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:24AM	
		Yama	5:24AM – 7:01AM	Variyan Until 3:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20
		548452363 <b>Rahu</b>	1:29PM – 3:06PM	Kaulava Until 12:17PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi*</b> Until 10:42PM	Moon – Blue		<b>Bhuloka Day</b>
Until 2:24AM Fri					<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 18.52	Tithi 28	<b>Gulika</b>	7:02AM – 8:38AM	<b>Ashlesha*</b> Until 11:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:25AM	
		Yama	3:05PM – 4:41PM	Parigha* Until 11:43AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20
		548452363 <b>Rahu</b>	10:15AM – 11:51AM	Gara Until 9:07AM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga			<b>Trayodashi*</b> Until 7:28PM	Moon – Blue		<b>Bhuloka Day</b>
					<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Albany, NY Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 3.44	Tithi 29 – 30	<b>Gulika</b>	5:26AM – 7:02AM	<b>Magha*</b> Until 9:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:26AM	
		Yama	1:27PM – 3:04PM	Shiva Until 7:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20
		558452363 <b>Rahu</b>	8:39AM – 10:15AM	Catuspada Until 2:35AM Sun	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga			<b>Chaturdashi*</b> Until 4:11PM	Moon – Red		<b>Bhuloka Day</b>
Until 9:28PM					<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>
Then Creative Work - Siddha Yoga							

<b>●</b>		<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Albany, NY Sun 13 Sutra 147 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b>	3:03PM – 4:39PM	<b>Purvaphalguni</b> Until 7:08PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:27AM	
Simha Rasi: 18.35	Tithi 30 – 1	Yama	11:51AM – 1:27PM	Sadhya Until 12:32AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20
		558452363 <b>Rahu</b>	4:39PM – 6:15PM	Kintughna Until 11:31PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Siddha Yoga			<b>Amavasya*</b> Until 1:00PM	Moon – Red		<b>Bhuloka Day</b>
Until 7:08PM					<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Monday, September 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 14 Sutra 148 Vilamba 5120	
Kanya Rasi: 3.16	Tithi 1 – 2	<b>Gulika</b>	1:26PM – 3:02PM	<b>Uttaraphalguni</b> Until 4:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:28AM	
<b>Family Home Evening</b>		Yama	10:15AM – 11:50AM	Subha Until 9:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20
		559452363 <b>Rahu</b>	7:04AM – 8:39AM	Balava Until 8:46PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 10:04AM	Moon – Red		<b>Bhuloka Day</b>
					<b>Bhadrapada-Avani</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
			Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Sun 15 Sutra 149
	Kanya Rasi: 17.41	Tithi 2 – 3	<b>Gulika</b> 11:50AM – 1:25PM	<b>Hasta</b> Until 3:33PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:29AM	Vilamba 5120
	569452363	<b>Rahu</b> 3:01PM – 4:36PM	Yama 8:40AM – 10:15AM	Sukla Until 6:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 21
Creative Work	Siddha Yoga		Taitila Until 6:31PM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Dvitiya</b> Until 7:34AM	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam				Albany, NY
			Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturtham Titau				Sun 16 Sutra 150
	Tula Rasi: 1.44	Tithi 4	<b>Gulika</b> 10:15AM – 11:50AM	<b>Chitra</b> Until 2:35PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	Vilamba 5120
	569452363	<b>Rahu</b> 11:50AM – 1:25PM	Yama 7:05AM – 8:40AM	Brahma Until 3:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
Creative Work	Siddha Yoga		Vanija Until 4:54PM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Ganesh Chaturthi</b>	<b>Chaturthi*</b> Until 4:21AM Thu	Moon – Green	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>3</b>	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam				Albany, NY
			Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Sun 17 Sutra 151
	Tula Rasi: 15.21	Tithi 5	<b>Gulika</b> 8:40AM – 10:15AM	<b>Svati</b> Until 2:12PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:31AM	Vilamba 5120
	569552363	<b>Rahu</b> 1:24PM – 2:58PM	Yama 5:31AM – 7:06AM	Indra Until 2:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 21
Creative Work	Amrita Yoga		Bava Until 4:02PM	<b>Nataraja:</b> Purple		3rd Phase	
Until 2:12PM			<b>Panchami</b> Until 3:53AM Fri	Moon – Green		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Albany, NY
			Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Sun 18 Sutra 152
	Tula Rasi: 28.32	Tithi 6	<b>Gulika</b> 7:06AM – 8:41AM	<b>Vishakha</b> Until 2:56PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:32AM	Vilamba 5120
	579552363	<b>Rahu</b> 10:15AM – 11:49AM	Yama 2:57PM – 4:32PM	Vaidhriti* Until 12:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 21
Creative Work	Siddha Yoga		Kaulava Until 3:59PM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Shashthi*</b> Until 4:15AM Sat	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>5</b>	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Albany, NY
			Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Sun 19 Sutra 153
	Vrischika Rasi: 11.17	Tithi 7	<b>Gulika</b> 5:33AM – 7:07AM	<b>Anuradha</b> Until 4:18PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:33AM	Vilamba 5120
	579552363	<b>Rahu</b> 8:41AM – 10:15AM	Yama 1:22PM – 2:56PM	Vishkambha* Until 12:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 21
Creative Work	Siddha Yoga		Gara Until 4:46PM	<b>Nataraja:</b> Purple		3rd Phase	
			<b>Saptami</b> Until 5:25AM Sun	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>☽</b>	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam				Albany, NY
	<b>Retreat Star</b>		Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau				Sun 20 Sutra 154
	Vrischika Rasi: 23.41	Tithi 8	<b>Gulika</b> 2:55PM – 4:29PM	<b>Jyeshtha*</b> Until 6:14PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM	Vilamba 5120
	579552363	<b>Rahu</b> 4:29PM – 6:02PM	Yama 11:48AM – 1:22PM	Priti Until 12:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 21
Routine Work	Marana Yoga		Visti Until 6:17PM	<b>Nataraja:</b> Purple		Ashtami	
Until 6:14PM			<b>Ashtami*</b> Until 7:16AM Mon	Moon – Orange		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Bhadrapada-Puratasi</b>			

<b>☽</b>	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam				Albany, NY
	<b>Retreat Star</b>		Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 155
	Dhanus Rasi: 5.49	Tithi 8 – 9	<b>Gulika</b> 1:21PM – 2:54PM	<b>Mula*</b> Until 9:04PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	Vilamba 5120
	589552363	<b>Rahu</b> 7:09AM – 8:42AM	Yama 10:15AM – 11:48AM	Ayushman Until 12:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 21
Family Home Evening	Siddha Yoga		Balava Until 8:24PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 7:16AM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 9:04PM				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Albany, NY Sutra 156 Vilamba 5120
Dhanus Rasi: 17.44	Tithi 9 – 10	<b>Gulika</b> 11:48AM – 1:20PM	<b>Purvashadha* Until 12:06AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM	Sun 22
		Yama 8:42AM – 10:15AM	Saubhagya Until 1:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 22
	581552363	<b>Rahu</b> 2:53PM – 4:26PM	Taitila Until 10:54PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:36AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 12:06AM Wed				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Albany, NY Sutra 157 Vilamba 5120
Dhanus Rasi: 29.34	Tithi 10 – 11	<b>Gulika</b> 10:15AM – 11:47AM	<b>Uttarashadha Until 3:04AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	Sun 23
		Yama 7:10AM – 8:42AM	Sobhana Until 2:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 22
	581552363	<b>Rahu</b> 11:47AM – 1:20PM	Vanija Until 1:32AM Thu	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 12:12PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 3:04AM Thu				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sutra 158 Vilamba 5120
Makara Rasi: 11.21	Tithi 11 – 12	<b>Gulika</b> 8:43AM – 10:15AM	<b>Shravana Until 6:16AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:39AM	Sun 24
		Yama 5:39AM – 7:11AM	Athiganda* Until 3:58PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 1:19PM – 2:51PM	Bava Until 4:04AM Fri	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 2:48PM</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>		

<b>4</b>		<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Albany, NY Sutra 159 Vilamba 5120
Makara Rasi: 23.11	Tithi 12 – 13	<b>Gulika</b> 7:11AM – 8:43AM	<b>Shravana Until 6:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:40AM	Sun 25
		Yama 2:50PM – 4:22PM	Sukarma Until 4:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 10:15AM – 11:47AM	Kaulava Until 6:19AM Sat	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 5:13PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 6:16AM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>

<b>5</b>		<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Albany, NY Sutra 160 Vilamba 5120
Kumbha Rasi: 5.08	Tithi 13	<b>Gulika</b> 5:41AM – 7:12AM	<b>Dhanishtha Until 9:01AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:41AM	Sun 26
		Yama 1:18PM – 2:49PM	Dhriti Until 5:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 8:44AM – 10:15AM	Kaulava Until 6:19AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:16PM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 9:01AM		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Amrita Yoga		<b>Kadaitswami Mahasamadhi</b>				

<b>6</b>		<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Albany, NY Sutra 161 Vilamba 5120
Kumbha Rasi: 17.16	Tithi 14	<b>Gulika</b> 2:48PM – 4:19PM	<b>Shatabhishak Until 11:11AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:42AM	Sun 27
		Yama 11:46AM – 1:17PM	Shula* Until 5:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM	Moon 8 - Phase 22
	591552363	<b>Rahu</b> 4:19PM – 5:50PM	Gara Until 8:09AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:51PM</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Bhadrapada-Puratasi</b>		

<b>○</b>		<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau		Albany, NY Sutra 162 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:16PM – 2:47PM	<b>Purvaproshtapada* Until 1:11PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:43AM	Sun 28
Kumbha Rasi: 29.35	Tithi 15	Yama 10:15AM – 11:45AM	Ganda* Until 5:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 8 - Phase 22
<b>Family Home Evening</b>	511552363	<b>Rahu</b> 7:14AM – 8:44AM	Visti Until 9:28AM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 9:55PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 1:11PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>○</b>		<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Albany, NY Sutra 163 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:45AM – 1:15PM	<b>Uttaraproshtapada Until 2:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:44AM	Sun 29
Meena Rasi: 12.08	Tithi 16	Yama 8:45AM – 10:15AM	Vridhi Until 5:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 8 - Phase 22
	511552363	<b>Rahu</b> 2:46PM – 4:16PM	Balava Until 10:16AM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 10:28PM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 2:31PM				<b>Bhadrapada-Puratasi</b>		
Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Albany, NY  
Sun 1  
Sutra 164

Meena Rasi: 24.55 Tithi 17

Gulika 10:15AM – 11:45AM  
Yama 7:15AM – 8:45AM  
511552363 Rahu 11:45AM – 1:15PM

Revati Until 3:14PM  
Dhruva Until 4:06PM  
Tailila Until 10:35AM  
Dvitiya Until 10:33PM

Ganesha: Purple Sunrise: 5:45AM  
Muruga: Purple Sunset: 5:44PM  
Nataraja: Purple  
Moon – Clear  
Bhadrapada-Puratasi

Moon 9 - Phase 23  
1st Phase

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Albany, NY  
Sun 2  
Sutra 165

Mesha Rasi: 7.56 Tithi 18

Gulika 8:45AM – 10:15AM  
Yama 5:46AM – 7:16AM  
621552363 Rahu 1:14PM – 2:44PM

Ashvini Until 3:50PM  
Vyaghata\* Until 2:51PM  
Vanija Until 10:28AM  
Tritiya Until 10:14PM

Ganesha: Purple Sunrise: 5:46AM  
Muruga: Purple Sunset: 5:43PM  
Nataraja: Purple  
Moon – White  
Bhadrapada-Puratasi

Moon 9 - Phase 23  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 3:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturtham Titau

Albany, NY  
Sun 3  
Sutra 166

Mesha Rasi: 21.08 Tithi 19

Gulika 7:16AM – 8:46AM  
Yama 2:43PM – 4:12PM  
622552363 Rahu 10:15AM – 11:44AM

Bharani Until 3:55PM  
Harshana Until 1:19PM  
Bava Until 9:57AM  
Chaturthi\* Until 9:33PM

Ganesha: Clear Sunrise: 5:47AM  
Muruga: Purple Sunset: 5:41PM  
Nataraja: Purple  
Moon – White  
Bhadrapada-Puratasi

Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Albany, NY  
Sun 4  
Sutra 167

Shrabha Rasi: 4.32 Tithi 20

Gulika 5:48AM – 7:17AM  
Yama 1:13PM – 2:41PM  
622552363 Rahu 8:46AM – 10:15AM

Krittika Until 3:32PM  
Vajra\* Until 11:29AM  
Kaulava Until 9:06AM  
Panchami Until 8:33PM

Ganesha: Clear Sunrise: 5:48AM  
Muruga: Purple Sunset: 5:39PM  
Nataraja: Purple  
Moon – White  
Bhadrapada-Puratasi

Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthiyam Titau

Albany, NY  
Sun 5  
Sutra 168

Shrabha Rasi: 18.06 Tithi 21

Gulika 2:40PM – 4:09PM  
Yama 11:43AM – 1:12PM  
632552363 Rahu 4:09PM – 5:37PM

Rohini Until 3:09PM  
Siddhi Until 9:26AM  
Gara Until 7:57AM  
Shashthi\* Until 7:15PM

Ganesha: Purple Sunrise: 5:49AM  
Muruga: Purple Sunset: 5:37PM  
Nataraja: Purple  
Moon – Yellow  
Bhadrapada-Puratasi

Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*/Varyan Yoga Visti\*/Balava Karana Sapthami/Ashlamyam Titau

Albany, NY  
Sun 6  
Sutra 169

Mithuna Rasi: 1.5 Tithi 22 – 23

Family Home Evening

Gulika 1:11PM – 2:39PM  
Yama 10:15AM – 11:43AM  
632552363 Rahu 7:19AM – 8:47AM

Mrigashira Until 2:21PM  
Vyatipata\* Until 7:09AM  
Visti Until 6:31AM  
Saptami Until 5:40PM

Ganesha: Purple Sunrise: 5:51AM  
Muruga: Purple Sunset: 5:36PM  
Nataraja: Purple  
Moon – Yellow  
Bhadrapada-Puratasi

Moon 9 - Phase 23  
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 2:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Albany, NY  
Sun 7  
Sutra 170

Mithuna Rasi: 15.45 Tithi 23 – 24

Gulika 11:43AM – 1:11PM  
Yama 8:47AM – 10:15AM  
632552363 Rahu 2:38PM – 4:06PM

Ardra Until 1:07PM  
Parigha\* Until 1:54AM Wed  
Tailila Until 2:49AM Wed  
Ashtami\* Until 3:49PM

Ganesha: Purple Sunrise: 5:52AM  
Muruga: Purple Sunset: 5:34PM  
Nataraja: Purple  
Moon – Yellow  
Bhadrapada-Puratasi

Moon 9 - Phase 23  
Ashtami

Bhuloka Day

Routine Work Marana Yoga

Until 1:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Albany, NY  
Sun 8  
Sutra 171

Mithuna Rasi: 29.5 Tithi 24 – 25

Gulika 10:15AM – 11:42AM  
Yama 7:20AM – 8:48AM  
642552363 Rahu 11:42AM – 1:10PM

Punarvasu Until 11:54AM  
Shiva Until 10:58PM  
Vanija Until 12:35AM Thu  
Navami\* Until 1:42PM

Ganesha: Clear Sunrise: 5:53AM  
Muruga: Purple Sunset: 5:32PM  
Nataraja: Purple  
Moon – Blue  
Bhadrapada-Puratasi

Moon 9 - Phase 23  
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 14.04	Tithi 25 – 26	<b>Gulika</b> 8:48AM – 10:15AM	<b>Pushya</b> Until 10:19AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM
		Yama 5:54AM – 7:21AM	Siddha Until 7:50PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 1:09PM – 2:36PM	Bava Until 10:08PM	Moon – Blue		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 11:21AM	<b>Bhuloka Day</b>			
Until 10:19AM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 10 Sutra 173 Vilamba 5120	
Kataka Rasi: 28.28	Tithi 26 – 27	<b>Gulika</b> 7:22AM – 8:48AM	<b>Ashlesha*</b> Until 8:24AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM
		Yama 2:35PM – 4:02PM	Sadhya Until 4:36PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 10:15AM – 11:42AM	Kaulava Until 7:32PM	Moon – Blue		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 8:49AM	<b>Bhuloka Day</b>			
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 12.55	Tithi 27 – 28	<b>Gulika</b> 5:56AM – 7:22AM	<b>Magha*</b> Until 6:40AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM
		Yama 1:08PM – 2:34PM	Subha Until 1:18PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 8:49AM – 10:15AM	Vanija Until 3:33AM Sun	Moon – Red		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 6:11AM	<b>Bhuloka Day</b>			
Until 6:40AM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 27.23	Tithi 29	<b>Gulika</b> 2:33PM – 3:59PM	<b>Uttaraphalguni</b> Until 2:53AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:57AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM
		Yama 11:41AM – 1:07PM	Sukla Until 10:01AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
		652552364 <b>Rahu</b> 3:59PM – 5:25PM	Visti Until 2:17PM	Moon – Red		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 1:02AM Mon	<b>Bhuloka Day</b>			
Until 2:53AM Mon				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

<b>Monday, October 8, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 13 Sutra 176 Vilamba 5120	
Kanya Rasi: 11.46	Tithi 30	<b>Gulika</b> 1:07PM – 2:32PM	<b>Hasta</b> Until 1:32AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:24PM
<b>Family Home Evening</b>		Yama 10:15AM – 11:41AM	Brahma Until 6:52AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
Creative Work	Siddha Yoga	662652364 <b>Rahu</b> 7:24AM – 8:50AM	Catuspada Until 11:52AM	Moon – Green		Amavasya	
			<b>Amavasya*</b> Until 10:46PM	<b>Devaloka Day</b>			
				<b>Bhadrapada•Puratasi</b>			

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 25.56	Tithi 1	<b>Gulika</b> 11:41AM – 1:06PM	<b>Chitra</b> Until 12:28AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:59AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:22PM
		Yama 8:50AM – 10:15AM	Vaidhriti* Until 1:25AM Wed	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
		662652364 <b>Rahu</b> 2:31PM – 3:57PM	Kintughna Until 9:48AM	Moon – Green		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:54PM	<b>Devaloka Day</b>			
				<b>Ashvina•Puratasi</b>			

1	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sun 15 Sutra 178 Vilamba 5120
	Tula Rasi: 9.49	Tithi 2	<b>Gulika</b> 10:16AM – 11:40AM	<b>Svati</b> Until 11:49PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:01AM	
			Yama 7:26AM – 8:51AM	Vishkambha* Until 11:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25
	662652364	<b>Rahu</b> 11:40AM – 1:05PM		Balava Until 8:12AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 7:36PM	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>	

2	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Tailila/Gara Karana Tritiyayam Titau				Albany, NY Sun 16 Sutra 179 Vilamba 5120
	Tula Rasi: 23.21	Tithi 3	<b>Gulika</b> 8:51AM – 10:16AM	<b>Vishakha</b> Until 12:08AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:02AM	
			Yama 6:02AM – 7:26AM	Priti Until 9:47PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
	672652364	<b>Rahu</b> 1:05PM – 2:29PM		Taitila Until 7:12AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 6:57PM	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>	

3	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthiyam Titau				Albany, NY Sun 17 Sutra 180 Vilamba 5120
	Vrischika Rasi: 6.3	Tithi 4	<b>Gulika</b> 7:27AM – 8:51AM	<b>Anuradha</b> Until 1:03AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	
			Yama 2:29PM – 3:53PM	Ayushman Until 8:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 10:16AM – 11:40AM		Vanija Until 6:56AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 7:04PM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

4	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY Sun 18 Sutra 181 Vilamba 5120
	Vrischika Rasi: 19.16	Tithi 5	<b>Gulika</b> 6:04AM – 7:28AM	<b>Jyeshtha*</b> Until 2:33AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	
			Yama 1:04PM – 2:28PM	Saubhagya Until 8:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 25
	673652364	<b>Rahu</b> 8:52AM – 10:16AM		Bava Until 7:27AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 7:58PM	<b>Ashvina+Puratasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

5	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthiyam Titau				Albany, NY Sun 19 Sutra 182 Vilamba 5120
	Dhanus Rasi: 1.4	Tithi 6	<b>Gulika</b> 2:27PM – 3:50PM	<b>Mula*</b> Until 5:03AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:05AM	
			Yama 11:39AM – 1:03PM	Sobhana Until 8:41PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 3:50PM – 5:14PM		Kaulava Until 8:43AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 9:36PM	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>	

6	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY Sun 20 Sutra 183 Vilamba 5120
	Dhanus Rasi: 13.47	Tithi 7	<b>Gulika</b> 1:02PM – 2:26PM	<b>Purvashadha*</b> Until 7:54AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	
			Yama 10:16AM – 11:39AM	Athiganda* Until 9:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 7:30AM – 8:53AM		Gara Until 10:40AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Saptami</b> Until 11:49PM	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>	

D	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Albany, NY Sun 21 Sutra 184 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 11:39AM – 1:02PM	<b>Purvashadha*</b> Until 7:54AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	
	Dhanus Rasi: 25.43	Tithi 8	Yama 8:53AM – 10:16AM	Sukarma Until 10:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 2:25PM – 3:48PM		Visti Until 1:05PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 2:23AM Wed	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>	

D	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Albany, NY Sun 22 Sutra 185 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:16AM – 11:39AM	<b>Uttarashadha</b> Until 10:49AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM	
	Makara Rasi: 7.32	Tithi 9	Yama 7:31AM – 8:54AM	Dhriti Until 11:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 25
	683652364	<b>Rahu</b> 11:39AM – 1:01PM		Balava Until 3:44PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Navami*</b> Until 5:02AM Thu	<b>Ashvina+Puratasi</b>		<b>Devaloka Day</b>	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


<b>1</b>		<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Taitila Karana Dashamyam Titau				Albany, NY Sun 23 Sutra 186 Vilamba 5120
Makara Rasi: 19.2	Tithi 10	<b>Gulika</b> 8:54AM – 10:16AM	<b>Shravana Until 2:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:10AM			
		Yama 6:10AM – 7:32AM	Shula* Until 12:12AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM		Moon 9 - Phase 26	
	693652364	<b>Rahu</b> 1:01PM – 2:23PM	Taitila Until 6:20PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			Moon – Purple		<b>Bhuloka Day</b>		
		Vijaya Dasami	<b>Dashami Until 7:30AM Fri</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		

<b>2</b>		<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sun 24 Sutra 187 Vilamba 5120
Kumbha Rasi: 1.13	Tithi 10 – 11	<b>Gulika</b> 7:33AM – 8:55AM	<b>Dhanishtha Until 4:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:11AM			
		Yama 2:22PM – 3:44PM	Ganda* Until 12:52AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM		Moon 9 - Phase 26	
	693652364	<b>Rahu</b> 10:17AM – 11:38AM	Vanija Until 8:37PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			Moon – Purple		<b>Bhuloka Day</b>		
			<b>Dashami Until 7:30AM</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		

<b>3</b>		<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 25 Sutra 188 Vilamba 5120
Kumbha Rasi: 13.14	Tithi 11 – 12	<b>Gulika</b> 6:12AM – 7:34AM	<b>Shatabhishak Until 7:09PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:12AM			
		Yama 1:00PM – 2:21PM	Vriddhi Until 1:09AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM		Moon 9 - Phase 26	
	693652364	<b>Rahu</b> 8:55AM – 10:17AM	Bava Until 10:25PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga			Moon – Purple		<b>Bhuloka Day</b>		
Until 7:09PM			<b>Ekadashi Until 9:34AM</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 26 Sutra 189 Vilamba 5120
Kumbha Rasi: 25.28	Tithi 12 – 13	<b>Gulika</b> 2:20PM – 3:42PM	<b>Purvaproshtapada* Until 9:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM			
		Yama 11:38AM – 12:59PM	Dhruva Until 12:56AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM		Moon 9 - Phase 26	
	613652364	<b>Rahu</b> 3:42PM – 5:03PM	Kaulava Until 11:36PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			Moon – Clear		<b>Bhuloka Day</b>		
Until 9:07PM			<b>Dvadashi Until 11:04AM</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>					

<b>5</b>		<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27 Sutra 190 Vilamba 5120
Meena Rasi: 7.59	Tithi 13 – 14	<b>Gulika</b> 12:59PM – 2:20PM	<b>Uttaraproshtapada Until 10:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM			
<b>Family Home Evening</b>		Yama 10:17AM – 11:38AM	Vyaghata* Until 12:14AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM		Moon 9 - Phase 26	
	613652364	<b>Rahu</b> 7:35AM – 8:56AM	Gara Until 12:08AM Tue	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			Moon – Clear		<b>Bhuloka Day</b>		
			<b>Trayodashi Until 11:56AM</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		

		<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sun 28 Sutra 191 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:38AM – 12:58PM	<b>Revati Until 10:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM			
Meena Rasi: 20.47	Tithi 14 – 15	Yama 8:57AM – 10:17AM	Harshana Until 11:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM		Moon 9 - Phase 26	
	613652364	<b>Rahu</b> 2:19PM – 3:39PM	Visti Until 12:04AM Wed	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga			Moon – Clear		<b>Bhuloka Day</b>		
			<b>Chaturdashi* Until 12:09PM</b>	<b>Ashvina•Aipasi</b>		<b>Devaloka Time: 6:PM to 9:PM</b>		

<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 29 Sutra 192 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:18AM – 11:38AM	<b>Ashvini Until 10:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM			
Mesha Rasi: 3.54	Tithi 15 – 16	Yama 7:37AM – 8:57AM	Vajra* Until 9:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM		Moon 9 - Phase 26	
	623652364	<b>Rahu</b> 11:38AM – 12:58PM	Balava Until 11:26PM	<b>Nataraja:</b> Clear			Prathama	
Routine Work	Marana Yoga			Moon – White		<b>Devaloka Day</b>		
Until 10:56PM			<b>Purnima* Until 11:47AM</b>	<b>Ashvina•Aipasi</b>				
Then Creative Work - Siddha Yoga								

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.17 Tithi 16 - 17

623652364

**Gulika** 8:58AM - 10:18AM  
Yama 6:18AM - 7:38AM  
**Rahu** 12:57PM - 2:17PM

**Bharani** Until 10:32PM  
Siddhi Until 7:27PM  
Taitila Until 10:21PM  
**Prathama\*** Until 10:56AM

**Ganesha:** Clear *Sunrise: 6:18AM*  
**Muruga:** Purple *Sunset: 4:57PM*  
**Nataraja:** Clear  
Moon - White

**Devaloka Day**

Creative Work Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\*/Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 0.55 Tithi 17 - 18

624652364

**Gulika** 7:39AM - 8:58AM  
Yama 2:16PM - 3:36PM  
**Rahu** 10:18AM - 11:37AM

**Krittika** Until 9:40PM  
Vyatipata\* Until 5:11PM  
Vanija Until 8:56PM  
**Dvitiya** Until 9:40AM

**Ganesha:** White *Sunrise: 6:19AM*  
**Muruga:** Purple *Sunset: 4:55PM*  
**Nataraja:** Clear  
Moon - White

**Sivaloka Day**

Creative Work Siddha Yoga

Until 9:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Varyan/Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 14.43 Tithi 18 - 19

634652364

**Gulika** 6:21AM - 7:40AM  
Yama 12:57PM - 2:16PM  
**Rahu** 8:59AM - 10:18AM

**Rohini** Until 8:50PM  
Varyan Until 2:42PM  
Bava Until 7:17PM  
**Tritiya** Until 8:07AM

**Ganesha:** Clear *Sunrise: 6:21AM*  
**Muruga:** Purple *Sunset: 4:54PM*  
**Nataraja:** Clear  
Moon - Yellow

**Devaloka Day**

Creative Work Amrita Yoga

Until 8:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\*/Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Albany, NY

Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 28.39 Tithi 19 - 20

634652364

**Gulika** 2:15PM - 3:34PM  
Yama 11:37AM - 12:56PM  
**Rahu** 3:34PM - 4:53PM

**Mrigashira** Until 7:44PM  
Parigha\* Until 12:06PM  
Taitila Until 4:31AM Mon  
**Chaturthi\*** Until 6:23AM

**Ganesha:** Clear *Sunrise: 6:22AM*  
**Muruga:** Purple *Sunset: 4:53PM*  
**Nataraja:** Clear  
Moon - Yellow

**Devaloka Day**

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 12.4 Tithi 21

634652364

**Gulika** 12:56PM - 2:14PM  
Yama 10:19AM - 11:37AM  
**Rahu** 7:42AM - 9:00AM

**Ardra** Until 6:23PM  
Shiva Until 9:25AM  
Gara Until 3:35PM  
**Shashthi\*** Until 2:36AM Tue

**Ganesha:** Clear *Sunrise: 6:23AM*  
**Muruga:** Purple *Sunset: 4:51PM*  
**Nataraja:** Clear  
Moon - Yellow

**Devaloka Day**

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Albany, NY

Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 26.42 Tithi 22

644662364

**Gulika** 11:37AM - 12:55PM  
Yama 9:01AM - 10:19AM  
**Rahu** 2:14PM - 3:32PM

**Punarvasu** Until 5:17PM  
Siddha Until 6:40AM  
Visti Until 1:38PM  
**Saptami** Until 12:38AM Wed

**Ganesha:** Purple *Sunrise: 6:24AM*  
**Muruga:** Clear *Sunset: 4:50PM*  
**Nataraja:** Clear  
Moon - Blue

**Subha Sivaloka Day**

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 10.46 Tithi 23

644662364

**Gulika** 10:19AM - 11:37AM  
Yama 7:43AM - 9:01AM  
**Rahu** 11:37AM - 12:55PM

**Pushya** Until 4:01PM  
Subha Until 1:09AM Thu  
Balava Until 11:40AM  
**Ashtami\*** Until 10:39PM

**Ganesha:** Purple *Sunrise: 6:26AM*  
**Muruga:** Clear *Sunset: 4:49PM*  
**Nataraja:** Clear  
Moon - Blue

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 24.51 Tithi 24

644662364

**Gulika** 9:02AM - 10:20AM  
Yama 6:27AM - 7:44AM  
**Rahu** 12:55PM - 2:12PM

**Ashlesha\*** Until 2:36PM  
Sukla Until 10:21PM  
Taitila Until 9:41AM  
**Navami\*** Until 8:40PM

**Ganesha:** Purple *Sunrise: 6:27AM*  
**Muruga:** Clear *Sunset: 4:47PM*  
**Nataraja:** Clear  
Moon - Blue

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 2:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Albany, NY Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 8.56	Tithi 25	<b>Gulika</b> 7:45AM – 9:03AM	<b>Magha* Until 1:29PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM		
		Yama 2:12PM – 3:29PM	Brahma Until 7:34PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 28	
		654662364 <b>Rahu</b> 10:20AM – 11:37AM	Vanija Until 7:42AM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami Until 6:42PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 1:29PM				<b>Ashvina•Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Albany, NY Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 23	Tithi 26 – 27	<b>Gulika</b> 6:29AM – 7:46AM	<b>Purvaphalguni Until 12:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM		
		Yama 12:54PM – 2:11PM	Indra Until 4:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 28	
		654762364 <b>Rahu</b> 9:03AM – 10:20AM	Kaulava Until 3:52AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 4:46PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 12:14PM				<b>Ashvina•Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Albany, NY Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 7.01	Tithi 27 – 28	<b>Gulika</b> 2:10PM – 3:27PM	<b>Uttaraphalguni Until 10:57AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:31AM		
		Yama 11:37AM – 12:54PM	Vaidhriti* Until 2:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 28	
		654762364 <b>Rahu</b> 3:27PM – 4:44PM	Gara Until 2:07AM Mon	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 2:57PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 10:07AM				<b>Ashvina•Aipasi</b>			
Then Routine Work - Prabalarishta Yoga							

*Pradosha Vrata (Fasting)*

<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 20.57	Tithi 28 – 29	<b>Gulika</b> 12:53PM – 2:10PM	<b>Hasta Until 10:07AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:32AM		
<b>Family Home Evening</b>		Yama 10:21AM – 11:37AM	Vishkambha* Until 11:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 28	
Creative Work	Siddha Yoga	664762364 <b>Rahu</b> 7:48AM – 9:04AM	Visti Until 12:37AM Tue	<b>Nataraja:</b> Clear		2nd Phase	
Until 10:07AM			<b>Trayodashi* Until 1:19PM</b>	Moon – Green		<b>Devaloka Day</b>	<b>Tour Day</b>
Then Routine Work - Prabalarishta Yoga		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>			
		<b>Deepavali Hindu Solidarity Day</b>					

<b>Retreat Star</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Albany, NY Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 4.43	Tithi 29 – 30	<b>Gulika</b> 11:37AM – 12:53PM	<b>Chitra Until 9:24AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:33AM		
		Yama 9:05AM – 10:21AM	Priti Until 9:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 28	
		664762364 <b>Rahu</b> 2:09PM – 3:25PM	Catuspada Until 11:28PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:58AM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 10:07AM				<b>Ashvina•Aipasi</b>			

<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Albany, NY Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 18.16	Tithi 30 – 1	<b>Gulika</b> 10:21AM – 11:37AM	<b>Svati Until 8:56AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM		
		Yama 7:50AM – 9:06AM	Ayushman Until 7:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 10 - Phase 28	
		765762364 <b>Rahu</b> 11:37AM – 12:53PM	Kintughna Until 10:46PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya* Until 11:02AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 10:07AM		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>			

<b>1</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 14 Sutra 207 Vilamba 5120	
Vrischika Rasi: 1.32	Tithi 1 – 2	<b>Gulika</b> Yama 775762364	<b>9:06AM – 10:22AM</b> 6:36AM – 7:51AM <b>Rahu</b> 12:53PM – 2:08PM	<b>Vishakha Until 9:16AM</b> Sobhana Until 4:45AM Fri Balava Until 10:39PM <b>Prathama* Until 10:37AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 4:39PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga						
<b>2</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 14.31	Tithi 2 – 3	<b>Gulika</b> Yama 775762364	<b>7:52AM – 9:07AM</b> 2:08PM – 3:23PM <b>Rahu</b> 10:22AM – 11:37AM	<b>Anuradha Until 10:02AM</b> Athiganda* Until 4:08AM Sat Tailila Until 11:12PM <b>Dvitiya Until 10:49AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 6:37AM <b>Sunset:</b> 4:38PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga						
Until 10:02AM							
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Albany, NY Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 27.09	Tithi 3 – 4	<b>Gulika</b> Yama 775762364	<b>6:38AM – 7:53AM</b> 12:52PM – 2:07PM <b>Rahu</b> 9:08AM – 10:23AM	<b>Jyeshtha* Until 11:18AM</b> Sukarma Until 4:03AM Sun Vanija Until 12:25AM Sun <b>Tritiya Until 11:42AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 4:37PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga						
<b>4</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 9.3	Tithi 4 – 5	<b>Gulika</b> Yama 785762364	<b>2:07PM – 3:21PM</b> 11:38AM – 12:52PM <b>Rahu</b> 3:21PM – 4:36PM	<b>Mula* Until 1:31PM</b> Dhriti Until 4:28AM Mon Bava Until 2:17AM Mon <b>Chaturthi* Until 1:15PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 6:39AM <b>Sunset:</b> 4:36PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Creative Work	Amrita Yoga						
Until 1:31PM							
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Albany, NY Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 21.36	Tithi 5 – 6	<b>Gulika</b> Yama 785762364	<b>12:52PM – 2:06PM</b> 10:23AM – 11:38AM <b>Rahu</b> 7:55AM – 9:09AM	<b>Purvashadha* Until 4:08PM</b> Shula* Until 5:12AM Tue Kaulava Until 4:38AM Tue <b>Panchami Until 3:23PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 6:41AM <b>Sunset:</b> 4:35PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Family Home Evening							
Routine Work	Marana Yoga						
<b>6</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 3.31	Tithi 6 – 7	<b>Gulika</b> Yama 785762364	<b>11:38AM – 12:52PM</b> 9:10AM – 10:24AM <b>Rahu</b> 2:06PM – 3:20PM	<b>Uttarashadha Until 6:58PM</b> Ganda* Until 6:10AM Wed Gara Until 7:18AM Wed <b>Shashthi* Until 5:55PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 6:42AM <b>Sunset:</b> 4:34PM	Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
Routine Work	Prabalarishta Yoga						
Until 6:58PM							
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 15.2	Tithi 7	<b>Gulika</b> Yama 795762364	<b>10:24AM – 11:38AM</b> 7:57AM – 9:11AM <b>Rahu</b> 11:38AM – 12:52PM	<b>Shravana Until 10:16PM</b> Ganda* Until 6:10AM Gara Until 7:18AM <b>Saptami Until 8:38PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 4:33PM	Moon 10 - Phase 29 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga						
Until 10:16PM							
Then Routine Work - Prabalarishta Yoga							
<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 27.07	Tithi 8	<b>Gulika</b> Yama 795762364	<b>9:11AM – 10:25AM</b> 6:44AM – 7:58AM <b>Rahu</b> 12:52PM – 2:05PM	<b>Dhanishtha Until 1:18AM Fri</b> Vridhhi Until 7:10AM Visti Until 9:59AM <b>Ashtami* Until 11:13PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika-Aipasi</b>	<b>Sunrise:</b> 6:44AM <b>Sunset:</b> 4:32PM	Moon 10 - Phase 29 Ashtami <b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga						
<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 8.59	Tithi 9	<b>Gulika</b> Yama 795762364	<b>7:59AM – 9:12AM</b> 2:05PM – 3:18PM <b>Rahu</b> 10:25AM – 11:38AM	<b>Shatabhishak Until 3:47AM Sat</b> Dhruva Until 7:59AM Balava Until 12:25PM <b>Navami* Until 1:27AM Sat</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Karttika-Karttikai</b>	<b>Sunrise:</b> 6:46AM <b>Sunset:</b> 4:31PM	Moon 10 - Phase 29 Navami <b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga						
Until 3:47AM Sat							
Then Routine Work - Marana Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Albany, NY Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 21.02	Tithi 10	<b>Gulika</b> 6:47AM – 8:00AM	<b>Purvaproshtapada* Until 6:02AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:47AM			
		Yama 12:51PM – 2:04PM	Vyaghata* Until 8:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:30PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 9:13AM – 10:26AM	Taitila Until 2:23PM	<b>Nataraja:</b> White			4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 3:06AM Sun</b>	Moon – Clear		<b>Devaloka Day</b>		
Until 6:02AM Sun						<b>Karttika-Karttikai</b>		
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 3.19	Tithi 11	<b>Gulika</b> 2:04PM – 3:17PM	<b>Purvaproshtapada* Until 6:02AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:48AM			
		Yama 11:39AM – 12:51PM	Harshana Until 8:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:29PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 3:17PM – 4:29PM	Vanija Until 3:41PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 4:02AM Mon</b>	Moon – Clear		<b>Devaloka Day</b>		
Until 6:02AM						<b>Karttika-Karttikai</b>		
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Albany, NY Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 15.54	Tithi 12	<b>Gulika</b> 12:51PM – 2:04PM	<b>Uttaraproshtapada Until 7:25AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:49AM			
<b>Family Home Evening</b>		Yama 10:27AM – 11:39AM	Vajra* Until 8:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:29PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 8:02AM – 9:14AM	Bava Until 4:15PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:13AM Tue</b>	Moon – Clear		<b>Devaloka Day</b>		
						<b>Karttika-Karttikai</b>		

<b>4</b>		<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyalpata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 28.5	Tithi 13	<b>Gulika</b> 11:39AM – 12:51PM	<b>Revati Until 7:56AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:50AM			
		Yama 9:15AM – 10:27AM	Siddhi Until 6:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:28PM		Moon 10 - Phase 30	
		716762365 <b>Rahu</b> 2:04PM – 3:16PM	Kaulava Until 4:03PM	<b>Nataraja:</b> White			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 3:40AM Wed</b>	Moon – Clear		<b>Devaloka Day</b>		
						<b>Karttika-Karttikai</b>		
						<i>Pradosha Vrata</i>		

<b>5</b>		<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 12.1	Tithi 14	<b>Gulika</b> 10:28AM – 11:39AM	<b>Ashvini Until 8:03AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:52AM			
		Yama 8:04AM – 9:16AM	Variyan Until 3:01AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM		Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 11:39AM – 12:51PM	Gara Until 3:10PM	<b>Nataraja:</b> White			4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 2:28AM Thu</b>	Moon – White		<b>Bhuloka Day</b>		
Until 8:03AM						<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga								

<b>○</b>		<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sutra 221 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:16AM – 10:28AM	<b>Bharani Until 7:23AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:53AM			
Mesha Rasi: 25.51	Tithi 15	Yama 6:53AM – 8:05AM	Parigha* Until 12:25AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM		Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 12:51PM – 2:03PM	Visti Until 1:40PM	<b>Nataraja:</b> White			Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 12:43AM Fri</b>	Moon – White		<b>Bhuloka Day</b>		
Until 7:23AM		<b>Krittika Deepam</b>				<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

<b>○</b>		<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sutra 222 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:06AM – 9:17AM	<b>Krittika Until 6:05AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM			
Vrishabha Rasi: 9.52	Tithi 16	Yama 2:03PM – 3:14PM	Shiva Until 9:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM		Moon 10 - Phase 30	
		726762365 <b>Rahu</b> 10:29AM – 11:40AM	Balava Until 11:42AM	<b>Nataraja:</b> White			Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 10:34PM</b>	Moon – White		<b>Bhuloka Day</b>		
Until 6:05AM		<b>Vinayaga Viratam Begins</b>				<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY

Sutra 223

Vilamba 5120

Virshabha Rasi: 24.06 Tithi 17

737762365

**Gulika** 6:55AM – 8:07AM  
**Yama** 12:52PM – 2:03PM  
**Rahu** 9:18AM – 10:29AM

**Mrigashira** Until 2:56AM Sun

Siddha Until 6:19PM

Taitila Until 9:25AM

**Dvitiya** Until 8:10PM

**Ganesha:** Red *Sunrise:* 6:55AM

**Muruqa:** Clear *Sunset:* 4:25PM

**Nataraja:** White

Moon – Yellow

**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sutra 224

Vilamba 5120

Mithuna Rasi: 8.29 Tithi 18 – 19

737762365

**Gulika** 2:03PM – 3:14PM  
**Yama** 11:41AM – 12:52PM  
**Rahu** 3:14PM – 4:25PM

**Ardra** Until 12:57AM Mon

Sadhya Until 3:02PM

Vanija Until 6:55AM

**Tritiya** Until 5:37PM

**Ganesha:** Red *Sunrise:* 6:56AM

**Muruqa:** Clear *Sunset:* 4:25PM

**Nataraja:** White

Moon – Yellow

**Karttika-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY

Sutra 225

Vilamba 5120

Mithuna Rasi: 22.56 Tithi 19 – 20

747762365

**Gulika** 12:52PM – 2:03PM  
**Yama** 10:30AM – 11:41AM  
**Rahu** 8:08AM – 9:19AM

**Punarvasu** Until 11:16PM

Subha Until 11:45AM

Kaulava Until 1:50AM Tue

**Chaturthi\*** Until 3:04PM

**Ganesha:** Green *Sunrise:* 6:58AM

**Muruqa:** Clear *Sunset:* 4:24PM

**Nataraja:** White

Moon – Blue

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sutra 226

Vilamba 5120

Kataka Rasi: 7.21 Tithi 20 – 21

747862365

**Gulika** 11:41AM – 12:52PM  
**Yama** 9:20AM – 10:31AM  
**Rahu** 2:02PM – 3:13PM

**Pushya** Until 9:34PM

Sukla Until 8:30AM

Gara Until 11:26PM

**Panchami** Until 12:36PM

**Ganesha:** White *Sunrise:* 6:59AM

**Muruqa:** Clear *Sunset:* 4:24PM

**Nataraja:** White

Moon – Blue

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Albany, NY

Sutra 227

Vilamba 5120

Kataka Rasi: 21.4 Tithi 21 – 22

747863365

**Gulika** 10:31AM – 11:42AM  
**Yama** 8:10AM – 9:21AM  
**Rahu** 11:42AM – 12:52PM

**Ashlesha\*** Until 7:55PM

Indra Until 2:27AM Thu

Visti Until 9:14PM

**Shashthi\*** Until 10:17AM

**Ganesha:** White *Sunrise:* 7:00AM

**Muruqa:** Purple *Sunset:* 4:23PM

**Nataraja:** White

Moon – Blue

**Karttika-Karttikai**

**Bhuloka Day**

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sutra 228

Vilamba 5120

Simha Rasi: 5.5 Tithi 22 – 23

757863365

**Gulika** 9:21AM – 10:32AM  
**Yama** 7:01AM – 8:11AM  
**Rahu** 12:52PM – 2:02PM

**Magha\*** Until 6:46PM

Vaidhriti\* Until 11:41PM

Balava Until 7:17PM

**Saptami** Until 8:12AM

**Ganesha:** Clear *Sunrise:* 7:01AM

**Muruqa:** Purple *Sunset:* 4:23PM

**Nataraja:** White

Moon – Red

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Albany, NY

Sutra 229

Vilamba 5120

Simha Rasi: 19.52 Tithi 23 – 24

758863365

**Gulika** 8:12AM – 9:22AM  
**Yama** 2:02PM – 3:12PM  
**Rahu** 10:32AM – 11:42AM

**Purvaphalguni** Until 5:45PM

Vishkambha\* Until 9:08PM

Gara Until 4:49AM Sat

**Ashtami\*** Until 6:22AM

**Ganesha:** Orange *Sunrise:* 7:02AM

**Muruqa:** Purple *Sunset:* 4:23PM

**Nataraja:** White

Moon – Red

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

<b>1</b>		<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanja/Visti* Karana Dashamyam Titau		Albany, NY Sun 7 Sutra 230 Vilamba 5120	
Kanya Rasi: 3.42	Tithi 25	<b>Gulika</b> 7:03AM – 8:13AM	<b>Uttaraphalguni</b> Until 4:50PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:03AM	Moon 11 - Phase 32	
		Yama 12:53PM – 2:02PM	Priti Until 6:50PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:22PM	2nd Phase	
		758863365 <b>Rahu</b> 9:23AM – 10:33AM	Vanija Until 4:09PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:31AM Sun	Moon – Red		Devaloka Time: 6:AM to 9:AM	
				<b>Karttika-Karttikai</b>			

<b>2</b>		<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Albany, NY Sun 8 Sutra 231 Vilamba 5120	
Kanya Rasi: 17.23	Tithi 26	<b>Gulika</b> 2:02PM – 3:12PM	<b>Hasta</b> Until 4:30PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:04AM	Moon 11 - Phase 32	
		Yama 11:43AM – 12:53PM	Ayushman Until 4:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:22PM	2nd Phase	
		768863365 <b>Rahu</b> 3:12PM – 4:22PM	Bava Until 3:01PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 2:32AM Mon	Moon – Green		Karttika-Karttikai	
Until 4:30PM							
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Albany, NY Sun 9 Sutra 232 Vilamba 5120	
Tula Rasi: 0.53	Tithi 27	<b>Gulika</b> 12:53PM – 2:03PM	<b>Chitra</b> Until 4:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:05AM	Moon 11 - Phase 32	
<b>Family Home Evening</b>		Yama 10:34AM – 11:43AM	Saubhagya Until 2:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:22PM	2nd Phase	
		768863365 <b>Rahu</b> 8:15AM – 9:24AM	Kaulava Until 2:11PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Prabalarishta Yoga		<b>Dvadashti*</b> Until 1:52AM Tue	Moon – Green		Karttika-Karttikai	
Until 4:20PM							
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 10 Sutra 233 Vilamba 5120	
Tula Rasi: 14.13	Tithi 28	<b>Gulika</b> 11:44AM – 12:53PM	<b>Svati</b> Until 4:21PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:06AM	Moon 11 - Phase 32	
		Yama 9:25AM – 10:34AM	Sobhana Until 1:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:21PM	2nd Phase	
		768863365 <b>Rahu</b> 2:03PM – 3:12PM	Gara Until 1:41PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 1:34AM Wed	Moon – Green		Tour Day	
Until 4:21PM						Karttika-Karttikai	
Then Routine Work - Marana Yoga						Pradosha Vrata (Fasting)	

<b>5</b>		<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarna Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 11 Sutra 234 Vilamba 5120	
Tula Rasi: 27.21	Tithi 29	<b>Gulika</b> 10:35AM – 11:44AM	<b>Vishakha</b> Until 5:03PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:07AM	Moon 11 - Phase 32	
		Yama 8:17AM – 9:26AM	Athiganda* Until 12:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:21PM	2nd Phase	
		778863365 <b>Rahu</b> 11:44AM – 12:54PM	Visti Until 1:36PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:42AM Thu	Moon – Orange		Karttika-Karttikai	

<b>Retreat Star</b>		<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarna/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 12 Sutra 235 Vilamba 5120	
Vrischika Rasi: 10.15	Tithi 30	<b>Gulika</b> 9:26AM – 10:36AM	<b>Anuradha</b> Until 6:04PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:08AM	Moon 11 - Phase 32	
		Yama 7:08AM – 8:17AM	Sukarna Until 11:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:21PM	Amavasya	
		778863365 <b>Rahu</b> 12:54PM – 2:03PM	Catuspada Until 1:59PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:20AM Fri	Moon – Orange		Karttika-Karttikai	
Until 6:04PM							
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 13 Sutra 236 Vilamba 5120	
Vrischika Rasi: 22.56	Tithi 1	<b>Gulika</b> 8:18AM – 9:27AM	<b>Jyeshtha*</b> Until 7:25PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:09AM	Moon 11 - Phase 32	
		Yama 2:03PM – 3:12PM	Dhriti Until 10:33AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:21PM	Prathama	
		779863365 <b>Rahu</b> 10:36AM – 11:45AM	Kintughna Until 2:52PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 3:29AM Sat	Moon – Orange		Margasira-Karttikai	
Until 7:25PM							
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 14 Sutra 237 Vilamba 5120		
Dhanus Rasi: 5.22	Tithi 2	Gulika 7:10AM – 8:19AM	Mula* Until 9:36PM	Ganesha: Purple	Sunrise: 7:10AM	Muruqa: Purple	Sunset: 4:21PM	Moon 11 - Phase 33 3rd Phase
789863365	Rahu 9:28AM – 10:37AM	Yama 12:54PM – 2:03PM	Shula* Until 10:24AM	Nataraja: White				
Creative Work	Siddha Yoga		Balava Until 4:18PM	Moon – Light Blue				<b>Bhuloka Day</b>
			Dvitiya Until 5:11AM Sun	Margasira-Karttikai				
<b>2</b>		<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila Karana Tritiyayam Titau		Albany, NY Sun 15 Sutra 238 Vilamba 5120		
Dhanus Rasi: 17.34	Tithi 3	Gulika 2:04PM – 3:12PM	Purvashadha* Until 12:07AM Mon	Ganesha: Purple	Sunrise: 7:11AM	Muruqa: Purple	Sunset: 4:21PM	Moon 11 - Phase 33 3rd Phase
789863365	Rahu 3:12PM – 4:21PM	Yama 11:46AM – 12:55PM	Ganda* Until 10:41AM	Nataraja: White				
Creative Work	Siddha Yoga		Taitila Until 6:15PM	Moon – Light Blue				<b>Bhuloka Day</b>
Until 12:07AM Mon			Tritiya Until 7:22AM Mon	Margasira-Karttikai				
Then Routine Work - Marana Yoga								
<b>3</b>		<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Albany, NY Sun 16 Sutra 239 Vilamba 5120		
Dhanus Rasi: 29.35	Tithi 3 – 4	Gulika 12:55PM – 2:04PM	Uttarashadha Until 2:51AM Tue	Ganesha: Purple	Sunrise: 7:12AM	Muruqa: Purple	Sunset: 4:21PM	Moon 11 - Phase 33 3rd Phase
789863365	Rahu 8:21AM – 9:29AM	Yama 10:38AM – 11:46AM	Vriddhi Until 11:18AM	Nataraja: White				
Family Home Evening			Vanija Until 8:38PM	Moon – Light Blue				<b>Bhuloka Day</b>
Routine Work	Marana Yoga		Tritiya Until 7:22AM	Margasira-Karttikai				
Until 2:51AM Tue								
Then Creative Work - Siddha Yoga								
<b>4</b>		<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 17 Sutra 240 Vilamba 5120		
Makara Rasi: 11.28	Tithi 4 – 5	Gulika 11:47AM – 12:55PM	Shravana Until 6:08AM Wed	Ganesha: Clear	Sunrise: 7:13AM	Muruqa: Purple	Sunset: 4:21PM	Moon 11 - Phase 33 3rd Phase
799863365	Rahu 2:04PM – 3:13PM	Yama 9:30AM – 10:38AM	Dhruva Until 12:10PM	Nataraja: White				
Creative Work	Siddha Yoga		Bava Until 11:18PM	Moon – Purple				<b>Bhuloka Day</b>
Until 6:08AM Wed			Chaturthi* Until 9:55AM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga								
<b>5</b>		<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Albany, NY Sun 18 Sutra 241 Vilamba 5120		
Makara Rasi: 23.15	Tithi 5 – 6	Gulika 10:39AM – 11:47AM	Shravana Until 6:08AM	Ganesha: Clear	Sunrise: 7:14AM	Muruqa: Purple	Sunset: 4:21PM	Moon 11 - Phase 33 3rd Phase
799863365	Rahu 11:47AM – 12:56PM	Yama 8:22AM – 9:31AM	Vyaghata* Until 1:10PM	Nataraja: White				
Creative Work	Siddha Yoga		Kaulava Until 2:03AM Thu	Moon – Purple				<b>Bhuloka Day</b>
Until 6:08AM			Panchami Until 12:40PM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga								
<b>6</b>		<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sun 19 Sutra 242 Vilamba 5120		
Kumbha Rasi: 5.02	Tithi 6 – 7	Gulika 9:31AM – 10:40AM	Dhanishtha Until 9:17AM	Ganesha: Clear	Sunrise: 7:14AM	Muruqa: Purple	Sunset: 4:21PM	Moon 11 - Phase 33 3rd Phase
799863365	Rahu 12:56PM – 2:05PM	Yama 7:14AM – 8:23AM	Harshana Until 2:09PM	Nataraja: White				
Creative Work	Siddha Yoga		Gara Until 4:40AM Fri	Moon – Purple				<b>Bhuloka Day</b>
			Shashthi* Until 3:22PM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM
<b>Vinayaga Viratam Ends</b>								
<b>7</b>		<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sun 20 Sutra 243 Vilamba 5120		
<b>Retreat Star</b>		Gulika 8:23AM – 9:32AM	Shatabhishak Until 12:04PM	Ganesha: Clear	Sunrise: 7:15AM	Muruqa: Purple	Sunset: 4:22PM	Moon 11 - Phase 33 3rd Phase
Kumbha Rasi: 16.53	Tithi 7 – 8	Yama 2:05PM – 3:13PM	Vajra* Until 2:55PM	Nataraja: White				
799863365	Rahu 10:40AM – 11:48AM		Visti Until 6:53AM Sat	Moon – Purple				<b>Bhuloka Day</b>
Creative Work	Siddha Yoga		Saptami Until 5:49PM	Margasira-Karttikai				Devaloka Time: 6:AM to 9:AM
<b>8</b>		<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipala* Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 21 Sutra 244 Vilamba 5120		
<b>Retreat Star</b>		Gulika 7:16AM – 8:24AM	Purvaproshtapada* Until 2:45PM	Ganesha: Clear	Sunrise: 7:16AM	Muruqa: Purple	Sunset: 4:22PM	Moon 11 - Phase 33 Ashtami
Kumbha Rasi: 28.53	Tithi 8	Yama 12:57PM – 2:05PM	Siddhi Until 3:21PM	Nataraja: White				
711863365	Rahu 9:32AM – 10:41AM		Visti Until 6:53AM	Moon – Clear				<b>Bhuloka Day</b>
Routine Work	Marana Yoga		Ashtami* Until 7:45PM	Margasira-Markali				Devaloka Time: 6:AM to 9:AM
Until 2:45PM								
Then Creative Work - Siddha Yoga								
<b>9</b>		<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipala*/Varjyan Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22 Sutra 245 Vilamba 5120		
<b>Retreat Star</b>		Gulika 2:06PM – 3:14PM	Uttaraproshtapada Until 4:38PM	Ganesha: Purple	Sunrise: 7:17AM	Muruqa: Purple	Sunset: 4:22PM	Moon 11 - Phase 33 Navami
Meena Rasi: 11.08	Tithi 9	Yama 11:49AM – 12:58PM	Vyatipala* Until 3:18PM	Nataraja: White				
811863365	Rahu 3:14PM – 4:22PM		Balava Until 8:30AM	Moon – Clear				<b>Bhuloka Day</b>
Creative Work	Amrita Yoga		Navami* Until 9:01PM	Margasira-Markali				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau			Albany, NY Sun 23 Sutra 246 Vilamba 5120
<b>1</b>		<b>Gulika</b> 12:58PM – 2:06PM	<b>Revati Until 5:38PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:17AM	
Meena Rasi: 23.41	Tithi 10	Yama 10:42AM – 11:50AM	Variyan Until 2:38PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:22PM	Moon 11 - Phase 34
<b>Family Home Evening</b>	811863365	<b>Rahu</b> 8:25AM – 9:34AM	Taitila Until 9:22AM	<b>Nataraja:</b> White	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:29PM</b>	Moon – Clear	<b>Bhuloka Day</b>
				<b>Margasira-Markali</b>	

<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau			Albany, NY Sun 24 Sutra 247 Vilamba 5120
<b>2</b>		<b>Gulika</b> 11:50AM – 12:58PM	<b>Ashvini Until 6:09PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:18AM	
Mesha Rasi: 6.37	Tithi 11	Yama 9:34AM – 10:42AM	Parigha* Until 1:21PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:23PM	Moon 11 - Phase 34
<b>Creative Work</b>	821863365	<b>Rahu</b> 2:07PM – 3:15PM	Vanija Until 9:26AM	<b>Nataraja:</b> White	4th Phase
Siddha Yoga			<b>Ekadashi Until 9:08PM</b>	Moon – White	<b>Bhuloka Day</b>
		<b>Gita Jayanthi</b>		<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>

<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau			Albany, NY Sun 25 Sutra 248 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:43AM – 11:51AM	<b>Bharani Until 5:43PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:19AM	
Mesha Rasi: 19.58	Tithi 12	Yama 8:27AM – 9:35AM	Shiva Until 11:26AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:23PM	Moon 11 - Phase 34
<b>Creative Work</b>	821863365	<b>Rahu</b> 11:51AM – 12:59PM	Bava Until 8:40AM	<b>Nataraja:</b> White	4th Phase
Siddha Yoga			<b>Dvadashi Until 7:59PM</b>	Moon – White	<b>Bhuloka Day</b>
Until 5:43PM				<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>
Then Creative Work - Amrita Yoga					

<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau			Albany, NY Sun 26 Sutra 249 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:35AM – 10:43AM	<b>Krittika Until 4:28PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:19AM	
Vrisabha Rasi: 3.46	Tithi 13	Yama 7:19AM – 8:27AM	Siddha Until 8:56AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:24PM	Moon 11 - Phase 34
<b>Routine Work</b>	821863365	<b>Rahu</b> 12:59PM – 2:07PM	Kaulava Until 7:09AM	<b>Nataraja:</b> White	4th Phase
Marana Yoga			<b>Trayodashi Until 6:08PM</b>	Moon – White	<b>Bhuloka Day</b>
				<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>
					<i>Pradosha Vrata</i>

<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Albany, NY Sun 27 Sutra 250 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:28AM – 9:36AM	<b>Rohini Until 2:54PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:20AM	
Vrisabha Rasi: 17.58	Tithi 14 – 15	Yama 2:08PM – 3:16PM	Subha Until 2:32AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:24PM	Moon 11 - Phase 34
<b>Routine Work</b>	831863365	<b>Rahu</b> 10:44AM – 11:52AM	Visti Until 2:21AM Sat	<b>Nataraja:</b> White	4th Phase
Marana Yoga			<b>Chaturdashi* Until 3:43PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 2:54PM		<b>Day 1 of Pancha Ganapati</b>		<b>Margasira-Markali</b>	
Then Creative Work - Siddha Yoga					

<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Albany, NY Sun 28 Sutra 251 Vilamba 5120
<b>○</b>		<b>Gulika</b> 7:20AM – 8:28AM	<b>Mrigashira Until 12:47PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:20AM	
<b>Copper Retreat Star</b>		Yama 1:00PM – 2:08PM	Sukla Until 10:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:25PM	Moon 11 - Phase 34
Mithuna Rasi: 2.3	Tithi 15 – 16	<b>Rahu</b> 9:36AM – 10:44AM	Balava Until 11:21PM	<b>Nataraja:</b> White	Purnima
<b>Creative Work</b>	831963365		<b>Purnima* Until 12:52PM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>		<b>Margasira-Markali</b>	<b>Devaloka Time: 9:AM to 12:PM</b>

<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Albany, NY Sun 29 Sutra 252 Vilamba 5120
<b>○</b>		<b>Gulika</b> 2:09PM – 3:17PM	<b>Ardra Until 10:15AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:21AM	
<b>Silver Retreat Star</b>		Yama 11:53AM – 1:01PM	Brahma Until 7:00PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:25PM	Moon 11 - Phase 34
Mithuna Rasi: 17.16	Tithi 16 – 17	<b>Rahu</b> 3:17PM – 4:25PM	Taitila Until 8:09PM	<b>Nataraja:</b> White	Prathama
<b>Creative Work</b>	831963365		<b>Prathama* Until 9:45AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Siddha Yoga		<b>Day 3 of Pancha Ganapati</b>		<b>Margasira-Markali</b>	<b>Devaloka Time: 9:AM to 12:PM</b>
		<b>Ardra Darshanam</b>			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tithi 17 - 18

Family Home Evening

841963365

Creative Work Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sun 1 Sutra 253

Vilamba 5120

Gulika 1:01PM - 2:10PM Punarvasu Until 7:53AM

Ganesha: Blue Sunrise: 7:21AM

Yama 10:45AM - 11:53AM

Muruqa: Purple Sunset: 4:26PM

Rahu 8:29AM - 9:37AM

Indra Until 3:07PM

Nataraja: White

Moon 12 - Phase 35

1st Phase

Day 4 of Pancha Ganapati

Dvitiya Until 6:31AM

Moon - Blue  
Margasira-Markali

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 17.01 Tithi 19

Creative Work Siddha Yoga

842963365

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY

Sun 2 Sutra 254

Vilamba 5120

Gulika 11:54AM - 1:02PM Ashlesha\* Until 2:59AM Wed

Ganesha: Yellow Sunrise: 7:21AM

Yama 9:38AM - 10:46AM

Muruqa: Purple Sunset: 4:26PM

Rahu 2:10PM - 3:18PM

Vaidhriti\* Until 11:18AM

Nataraja: White

Moon 12 - Phase 35

1st Phase

Day 5 of Pancha Ganapati

Chaturthi\* Until 12:16AM Wed

Moon - Blue  
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Simha Rasi: 1.44 Tithi 20

Creative Work Siddha Yoga

852963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY

Sun 3 Sutra 255

Vilamba 5120

Gulika 10:46AM - 11:54AM Magha\* Until 1:08AM Thu

Ganesha: Blue Sunrise: 7:22AM

Yama 8:30AM - 9:38AM

Muruqa: Purple Sunset: 4:27PM

Rahu 11:54AM - 1:03PM

Vishkambha\* Until 7:39AM

Nataraja: Green

Moon 12 - Phase 35

1st Phase

Kaulava Until 10:52AM

Moon - Red  
Margasira-Markali

Bhuloka Day

Panchami Until 9:31PM

3

Thursday, December 27, 2018

Simha Rasi: 16.14 Tithi 21

Creative Work Siddha Yoga

852963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sun 4 Sutra 256

Vilamba 5120

Gulika 9:39AM - 10:47AM Purvaphalguni Until 11:33PM

Ganesha: Blue Sunrise: 7:22AM

Yama 7:22AM - 8:30AM

Muruqa: Purple Sunset: 4:28PM

Rahu 1:03PM - 2:11PM

Ayushman Until 1:14AM Fri

Nataraja: Green

Moon 12 - Phase 35

1st Phase

Gara Until 8:18AM

Moon - Red  
Margasira-Markali

Bhuloka Day

Shashthi\* Until 7:10PM

4

Friday, December 28, 2018

Kanya Rasi: 0.26 Tithi 22 - 23

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

852963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sun 5 Sutra 257

Vilamba 5120

Gulika 8:31AM - 9:39AM Uttaraphalguni Until 10:17PM

Ganesha: Blue Sunrise: 7:22AM

Yama 2:12PM - 3:20PM

Muruqa: Purple Sunset: 4:28PM

Rahu 10:47AM - 11:55AM

Saubhagya Until 10:35PM

Nataraja: Green

Moon 12 - Phase 35

1st Phase

Visti Until 6:10AM

Moon - Red  
Margasira-Markali

Bhuloka Day

Saptami Until 5:16PM

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tithi 23 - 24

Routine Work Marana Yoga

862963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sun 6 Sutra 258

Vilamba 5120

Gulika 7:23AM - 8:31AM Hasta Until 9:50PM

Ganesha: Red Sunrise: 7:23AM

Yama 1:04PM - 2:13PM

Muruqa: Purple Sunset: 4:29PM

Rahu 9:39AM - 10:48AM

Sobhana Until 8:22PM

Nataraja: Green

Moon 12 - Phase 35

Ashtami

Taitila Until 3:26AM Sun

Moon - Green  
Margasira-Markali

Bhuloka Day

Ashtami\* Until 3:54PM

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tithi 24 - 25

Creative Work Siddha Yoga

862963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra Nakshatra Athiganda\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Albany, NY

Sun 7 Sutra 259

Vilamba 5120

Gulika 2:13PM - 3:22PM Chitra Until 9:46PM

Ganesha: Red Sunrise: 7:23AM

Yama 11:56AM - 1:05PM

Muruqa: Purple Sunset: 4:30PM

Rahu 3:22PM - 4:30PM

Athiganda\* Until 6:33PM

Nataraja: Green

Moon 12 - Phase 35

Navami

Vanija Until 2:52AM Mon

Moon - Green  
Margasira-Markali

Bhuloka Day

Navami\* Until 3:04PM

Devaloka Time: 6:AM to 9:AM

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Albany, NY Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:05PM – 2:14PM	<b>Svati Until 10:03PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:23AM	Sun 8
Tula Rasi: 11.11	Tithi 25 – 26	Yama 10:48AM – 11:57AM	Sukarma Until 5:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 36
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 8:32AM – 9:40AM	Bava Until 2:49AM Tue	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Dashami Until 2:45PM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 10:03PM				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 11:57AM – 1:06PM	<b>Vishakha Until 11:08PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:23AM	Sun 9
Tula Rasi: 24.11	Tithi 26 – 27	Yama 9:40AM – 10:49AM	Dhriti Until 4:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 2:14PM – 3:23PM	Kaulava Until 3:17AM Wed	<b>Nataraja:</b> Green		2nd Phase
Routine Work Marana Yoga			<b>Ekadashi* Until 2:58PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 11:08PM				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:49AM – 11:58AM	<b>Anuradha Until 12:31AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:23AM	Sun 10
Vrischika Rasi: 6.57	Tithi 27 – 28	Yama 8:32AM – 9:41AM	Shula* Until 3:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 11:58AM – 1:06PM	Gara Until 4:13AM Thu	<b>Nataraja:</b> Green		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 3:40PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 12:31AM Thu				<b>Margasira*Markali</b>		
Then Routine Work - Prabalarishta Yoga						
						<i>Pradosha Vrata (Fasting)</i>

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:41AM – 10:50AM	<b>Jyeshtha* Until 2:12AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:23AM	Sun 11
Vrischika Rasi: 19.3	Tithi 28 – 29	Yama 7:23AM – 8:32AM	Ganda* Until 3:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 1:07PM – 2:16PM	Visti Until 5:37AM Fri	<b>Nataraja:</b> Green		2nd Phase
Routine Work Prabalarishta Yoga			<b>Trayodashi* Until 4:51PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 2:12AM Fri				<b>Margasira*Markali</b>		
Then Creative Work - Amrita Yoga						

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Mula* Nakshatra Vridhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Albany, NY Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:32AM – 9:41AM	<b>Mula* Until 4:36AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:23AM	Sun 12
Dhanus Rasi: 1.51	Tithi 29	Yama 2:17PM – 3:25PM	Vridhi Until 3:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM	Moon 12 - Phase 36
882963366		<b>Rahu</b> 10:50AM – 11:59AM	Sakuni Until 6:28PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Chaturdashi* Until 6:28PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 4:36AM Sat				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Albany, NY Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:23AM – 8:32AM	<b>Purvashadha* Until 7:13AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:23AM	Sun 13
Dhanus Rasi: 14.02	Tithi 30	Yama 1:08PM – 2:17PM	Dhruva Until 3:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 9:41AM – 10:50AM	Catuspada Until 7:27AM	<b>Nataraja:</b> Green		Amavasya
Creative Work Siddha Yoga			<b>Amavasya* Until 8:29PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:13AM Sun				<b>Margasira*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Jayanti</b>				

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Albany, NY Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:18PM – 3:27PM	<b>Purvashadha* Until 7:13AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:23AM	Sun 14
Dhanus Rasi: 26.03	Tithi 1	Yama 12:00PM – 1:09PM	Vyaghata* Until 4:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 3:27PM – 4:36PM	Kintughna Until 9:39AM	<b>Nataraja:</b> Green		Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 10:50PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:13AM		<b>Partial Solar Eclipse</b>		<b>Pausha*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sun 15 Sutra 267 Vilamba 5120
<b>1</b>	Makara Rasi: 7.58 Family Home Evening Routine Work Marana Yoga Until 9:56AM Then Creative Work - Amrita Yoga	Tithi 2 882973366	<b>Gulika</b> 1:09PM – 2:19PM Yama 10:51AM – 12:00PM <b>Rahu</b> 8:32AM – 9:42AM	<b>Uttarashadha Until 9:56AM</b> Harshana Until 5:09PM Balava Until 12:09PM Dvitiya Until 1:27AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	Sunrise: 7:23AM Sunset: 4:37PM Moon 12 - Phase 37 <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Trityayam Titau				Albany, NY Sun 16 Sutra 268 Vilamba 5120
<b>2</b>	Makara Rasi: 19.47 Creative Work Siddha Yoga	Tithi 3 893973366	<b>Gulika</b> 12:01PM – 1:10PM Yama 9:42AM – 10:51AM <b>Rahu</b> 2:19PM – 3:29PM	<b>Shravana Until 1:12PM</b> Vajra* Until 6:06PM Tailila Until 2:50PM Tritiya Until 4:12AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:23AM Sunset: 4:38PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Albany, NY Sun 17 Sutra 269 Vilamba 5120
<b>3</b>	Kumbha Rasi: 1.34 Routine Work Prabalarishta Yoga Until 4:22PM Then Creative Work - Siddha Yoga	Tithi 4 893973366	<b>Gulika</b> 10:51AM – 12:01PM Yama 8:32AM – 9:42AM <b>Rahu</b> 12:01PM – 1:11PM	<b>Dhanishtha Until 4:22PM</b> Siddhi Until 7:06PM Vanija Until 5:36PM Chaturthi* Until 6:55AM Thu	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:23AM Sunset: 4:39PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY Sun 18 Sutra 270 Vilamba 5120
<b>4</b>	Kumbha Rasi: 13.22 Creative Work Siddha Yoga	Tithi 4 – 5 893973366	<b>Gulika</b> 9:42AM – 10:52AM Yama 7:23AM – 8:32AM <b>Rahu</b> 1:11PM – 2:21PM	<b>Shatabhishak Until 7:16PM</b> Vyatipata* Until 8:01PM Bava Until 8:15PM Chaturthi* Until 6:55AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:23AM Sunset: 4:40PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY Sun 19 Sutra 271 Vilamba 5120
<b>5</b>	Kumbha Rasi: 25.13 Creative Work Siddha Yoga	Tithi 5 – 6 813973366	<b>Gulika</b> 8:32AM – 9:42AM Yama 2:22PM – 3:32PM <b>Rahu</b> 10:52AM – 12:02PM	<b>Purvaproshtapada* Until 10:14PM</b> Variyan Until 8:43PM Kaulava Until 10:37PM Panchami Until 9:27AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:22AM Sunset: 4:41PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 20 Sutra 272 Vilamba 5120
<b>6</b>	Meena Rasi: 7.13 Creative Work Siddha Yoga Until 12:37AM Sun Then Creative Work - Amrita Yoga	Tithi 6 – 7 813973366	<b>Gulika</b> 7:22AM – 8:32AM Yama 1:12PM – 2:22PM <b>Rahu</b> 9:42AM – 10:52AM	<b>Uttaraproshtapada Until 12:37AM Sun</b> Parigha* Until 9:06PM Gara Until 12:32AM Sun Shashthi* Until 11:37AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:22AM Sunset: 4:43PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Albany, NY Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>	Meena Rasi: 19.25 Creative Work Amrita Yoga Until 2:14AM Mon Then Creative Work - Siddha Yoga	Tithi 7 – 8 813973366	<b>Gulika</b> 2:23PM – 3:33PM Yama 12:03PM – 1:13PM <b>Rahu</b> 3:33PM – 4:44PM	<b>Revati Until 2:14AM Mon</b> Shiva Until 9:02PM Visti Until 1:49AM Mon Saptami Until 1:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:22AM Sunset: 4:44PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>	Mesha Rasi: 1.53 Family Home Evening Creative Work Siddha Yoga	Tithi 8 – 9 823973366	<b>Gulika</b> 1:13PM – 2:24PM Yama 10:53AM – 12:03PM <b>Rahu</b> 8:32AM – 9:42AM	<b>Ashvini Until 3:28AM Tue</b> Siddha Until 8:23PM Balava Until 2:21AM Tue Ashtami* Until 2:10PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	Sunrise: 7:21AM Sunset: 4:45PM Moon 12 - Phase 37 <b>Sivaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY Sun 23 Sutra 275 Vilamba 5120
Mesha Rasi: 14.42	Tithi 9 – 10	<b>Gulika</b>	12:03PM – 1:14PM	<b>Bharani Until 3:43AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:21AM		
		Yama	9:42AM – 10:53AM	Sadhya Until 7:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 12 - Phase 38	
		823973366 <b>Rahu</b>	2:25PM – 3:35PM	Taitila Until 2:04AM Wed	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga			<b>Navami* Until 2:18PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 3:43AM Wed					<b>Pausha*Thai</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 27.56	Tithi 10 – 11	<b>Gulika</b>	10:53AM – 12:04PM	<b>Krittika Until 3:02AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM		
		Yama	8:31AM – 9:42AM	Subha Until 5:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 12 - Phase 38	
		823173366 <b>Rahu</b>	12:04PM – 1:15PM	Vanija Until 12:57AM Thu	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Amrita Yoga			<b>Dashami Until 1:36PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 3:02AM Thu					<b>Pausha*Thai</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 11.37	Tithi 11 – 12	<b>Gulika</b>	9:42AM – 10:53AM	<b>Rohini Until 1:54AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:20AM		
		Yama	7:20AM – 8:31AM	Sukla Until 2:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 38	
		833173366 <b>Rahu</b>	1:15PM – 2:26PM	Bava Until 11:05PM	<b>Nataraja:</b> Green		4th Phase	
Routine Work	Marana Yoga			<b>Ekadashi Until 12:05PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 1:54AM Fri					<b>Pausha*Thai</b>			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 25.46	Tithi 12 – 13	<b>Gulika</b>	8:31AM – 9:42AM	<b>Mrigashira Until 11:59PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:19AM		
		Yama	2:27PM – 3:38PM	Brahma Until 11:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 38	
		833173366 <b>Rahu</b>	10:53AM – 12:04PM	Kaulava Until 8:33PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 9:52AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
					<b>Pausha*Thai</b>			

*Pradosha Vrata*

<b>5</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 10.2	Tithi 13 – 14	<b>Gulika</b>	7:19AM – 8:30AM	<b>Ardra Until 9:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:19AM		
		Yama	1:16PM – 2:28PM	Indra Until 8:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 38	
		833173366 <b>Rahu</b>	9:42AM – 10:53AM	Vanija Until 3:48AM Sun	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 7:03AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
					<b>Pausha*Thai</b>			

<b>○</b>		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sun 28 Sutra 280 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b>	2:28PM – 3:40PM	<b>Punarvasu Until 6:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:18AM		
Mithuna Rasi: 25.15	Tithi 15	Yama	12:05PM – 1:17PM	Vishkambha* Until 12:01AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 38	
		843173366 <b>Rahu</b>	3:40PM – 4:52PM	Visti Until 2:04PM	<b>Nataraja:</b> Green		Purnima	
Creative Work	Siddha Yoga			<b>Purnima* Until 12:15AM Mon</b>	Moon – Blue		<b>Sivaloka Day</b>	
					<b>Pausha*Thai</b>			

<b>Monday, January 21, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sun 28 Sutra 281 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b>	1:17PM – 2:29PM	<b>Pushya Until 3:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:17AM		
Kataka Rasi: 10.22	Tithi 16	Yama	10:53AM – 12:05PM	Priti Until 7:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 38	
<b>Family Home Evening</b>		843173366 <b>Rahu</b>	8:29AM – 9:41AM	Balava Until 10:26AM	<b>Nataraja:</b> Green		Prathama	
Creative Work	Siddha Yoga			<b>Prathama* Until 8:34PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
					<b>Pausha*Thai</b>			

Total Lunar Eclipse  
Thai Pusam



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 25.34 Tithi 17 – 18

844173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Magha\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitiya/Tritiyam Titau

**Gulika** 12:06PM – 1:18PM  
**Yama** 9:41AM – 10:53AM  
**Rahu** 2:30PM – 3:42PM

**Ashlesha\* Until 12:53PM**  
**Ayushman Until 3:32PM**  
**Taitila Until 6:45AM**  
**Dvitiya Until 4:56PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon – Blue  
**Pausha\*Thai**

*Sunrise:* 7:17AM  
*Sunset:* 4:54PM

Albany, NY  
Sun 1  
Sutra 282  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

1

Wednesday, January 23, 2019

Simha Rasi: 10.4 Tithi 18 – 19

854173366

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

**Gulika** 10:53AM – 12:06PM  
**Yama** 8:28AM – 9:41AM  
**Rahu** 12:06PM – 1:18PM

**Magha\* Until 10:16AM**  
**Saubhagya Until 11:27AM**  
**Bava Until 11:54PM**  
**Tritiya Until 1:29PM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

*Sunrise:* 7:16AM  
*Sunset:* 4:56PM

Albany, NY  
Sun 2  
Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 25.32 Tithi 19 – 20

954173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 9:41AM – 10:53AM  
**Yama** 7:15AM – 8:28AM  
**Rahu** 1:19PM – 2:32PM

**Purvaphalguni Until 7:50AM**  
**Sobhana Until 7:40AM**  
**Kaulava Until 9:03PM**  
**Chaturthi\* Until 10:24AM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

*Sunrise:* 7:15AM  
*Sunset:* 4:57PM

Albany, NY  
Sun 3  
Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

3

Friday, January 25, 2019

Kanya Rasi: 10.04 Tithi 20 – 21

964173366

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 8:27AM – 9:40AM  
**Yama** 2:32PM – 3:45PM  
**Rahu** 10:53AM – 12:06PM

**Hasta Until 4:31AM Sat**  
**Sukarma Until 1:18AM Sat**  
**Gara Until 6:44PM**  
**Panchami Until 7:47AM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

*Sunrise:* 7:14AM  
*Sunset:* 4:58PM

Albany, NY  
Sun 4  
Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

4

Saturday, January 26, 2019

Kanya Rasi: 24.11 Tithi 22

964173366

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 7:14AM – 8:27AM  
**Yama** 1:20PM – 2:33PM  
**Rahu** 9:40AM – 10:53AM

**Chitra Until 3:51AM Sun**  
**Dhriti Until 10:55PM**  
**Visti Until 5:04PM**  
**Saptami Until 4:30AM Sun**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

*Sunrise:* 7:14AM  
*Sunset:* 5:00PM

Albany, NY  
Sun 5  
Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

☾

Sunday, January 27, 2019

Retreat Star

Tula Rasi: 7.52 Tithi 23

964173366

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 2:34PM – 3:47PM  
**Yama** 12:07PM – 1:20PM  
**Rahu** 3:47PM – 5:01PM

**Svati Until 3:44AM Mon**  
**Shula\* Until 9:06PM**  
**Balava Until 4:08PM**  
**Ashtami\* Until 3:56AM Mon**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

*Sunrise:* 7:13AM  
*Sunset:* 5:01PM

Albany, NY  
Sun 6  
Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Tula Rasi: 21.08 Tithi 24

974173366

Family Home Evening

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:21PM – 2:35PM  
**Yama** 10:53AM – 12:07PM  
**Rahu** 8:26AM – 9:39AM

**Vishakha Until 4:40AM Tue**  
**Ganda\* Until 7:52PM**  
**Taitila Until 3:58PM**  
**Navami\* Until 4:07AM Tue**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon – Orange  
**Pausha\*Thai**

*Sunrise:* 7:12AM  
*Sunset:* 5:02PM

Albany, NY  
Sun 7  
Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

**Devaloka Day**

1	<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Albany, NY Sutra 289 Vilamba 5120
	Wrischika Rasi: 4.02	Tithi 25	Sun 8	Moon 1 - Phase 40			
		974173366	<b>Gulika</b> 12:07PM – 1:21PM <b>Yama</b> 9:39AM – 10:53AM <b>Rahu</b> 2:35PM – 3:49PM	<b>Anuradha Until 6:06AM Wed</b> Vriddhi Until 7:12PM Vanija Until 4:30PM <b>Dashami Until 5:00AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 7:11AM <b>Sunset:</b> 5:03PM	<b>Devaloka Day</b> Pausha*Thai
	Creative Work	Siddha Yoga					

2	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Albany, NY Sutra 290 Vilamba 5120
	Wrischika Rasi: 16.36	Tithi 26	Sun 9	Moon 1 - Phase 40			
		974173366	<b>Gulika</b> 10:53AM – 12:07PM <b>Yama</b> 8:24AM – 9:39AM <b>Rahu</b> 12:07PM – 1:22PM	<b>Anuradha Until 6:06AM</b> Dhruva Until 7:00PM Bava Until 5:42PM <b>Ekadashi* Until 6:30AM Thu</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 5:05PM	<b>Devaloka Day</b> Pausha*Thai
	Creative Work	Siddha Yoga					

3	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sutra 291 Vilamba 5120
	Wrischika Rasi: 28.55	Tithi 26 – 27	Sun 10	Moon 1 - Phase 40			
		974173366	<b>Gulika</b> 9:38AM – 10:53AM <b>Yama</b> 7:09AM – 8:24AM <b>Rahu</b> 1:22PM – 2:37PM	<b>Jyeshtha* Until 7:57AM</b> Vyaghata* Until 7:13PM Kaulava Until 7:27PM <b>Ekadashi* Until 6:30AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Orange	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 5:06PM	<b>Devaloka Day</b> Pausha*Thai
	Routine Work	Prabalarishta Yoga					

4	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY Sutra 292 Vilamba 5120
	Dhanus Rasi: 11.02	Tithi 27 – 28	Sun 11	Moon 1 - Phase 40			
		984173366	<b>Gulika</b> 8:24AM – 9:38AM <b>Yama</b> 2:37PM – 3:51PM <b>Rahu</b> 10:53AM – 12:08PM	<b>Mula* Until 10:35AM</b> Harshana Until 7:47PM Gara Until 9:38PM <b>Dvadashi* Until 8:28AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 5:06PM	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM Pausha*Thai
	Creative Work	Amrita Yoga					

5	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sutra 293 Vilamba 5120
	Dhanus Rasi: 22.59	Tithi 28 – 29	Sun 12	Moon 1 - Phase 40			
		984173366	<b>Gulika</b> 7:08AM – 8:23AM <b>Yama</b> 1:23PM – 2:37PM <b>Rahu</b> 9:38AM – 10:53AM	<b>Purvashadha* Until 1:23PM</b> Vajra* Until 8:32PM Visti Until 12:06AM Sun <b>Trayodashi* Until 10:49AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue	<b>Sunrise:</b> 7:08AM <b>Sunset:</b> 5:07PM	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM Pausha*Thai
	Creative Work	Siddha Yoga					

●	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Albany, NY Sutra 294 Vilamba 5120
	<b>Retreat Star</b>		Sun 13	Moon 1 - Phase 40			
	Makara Rasi: 4.52	Tithi 29 – 30	<b>Gulika</b> 2:38PM – 3:53PM <b>Yama</b> 12:08PM – 1:23PM <b>Rahu</b> 3:53PM – 5:09PM	<b>Uttarashadha Until 4:15PM</b> Siddhi Until 9:27PM Catuspada Until 2:46AM Mon <b>Chaturdashi* Until 1:24PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Light Blue	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 5:09PM	<b>Devaloka Day</b> Pausha*Thai
	Creative Work	Amrita Yoga					

●	<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Albany, NY Sutra 295 Vilamba 5120
	<b>Retreat Star</b>		Sun 14	Moon 1 - Phase 40			
	Makara Rasi: 16.4	Tithi 30 – 1	<b>Gulika</b> 1:23PM – 2:39PM <b>Yama</b> 10:52AM – 12:08PM <b>Rahu</b> 8:21AM – 9:37AM	<b>Shravana Until 7:32PM</b> Vyatipata* Until 10:27PM Kintughna Until 5:29AM Tue <b>Amavasya* Until 4:06PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	<b>Sunrise:</b> 7:06AM <b>Sunset:</b> 5:10PM	<b>Devaloka Day</b> Magha*Thai
	Family Home Evening	Amrita Yoga					

<b>1</b>		<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava Karana Pralhamayam Titau		Albany, NY Sun 15 Sutra 296 Vilamba 5120	
Makara Rasi: 28.28	Tithi 1	<b>Gulika</b>	12:08PM – 1:24PM	<b>Dhanishtha</b> Until 10:39PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:05AM	
		Yama	9:36AM – 10:52AM	Variyan Until 11:24PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:11PM	Moon 1 - Phase 41
		995173367 <b>Rahu</b>	2:40PM – 3:55PM	Bava Until 6:48PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 6:48PM	Moon – Purple		<b>Devaloka Day</b>
Until 10:39PM					<b>Magha-Thai</b>		
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 16 Sutra 297 Vilamba 5120	
Kumbha Rasi: 10.16	Tithi 2	<b>Gulika</b>	10:52AM – 12:08PM	<b>Shatabhishak</b> Until 1:30AM Thu	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:04AM	
		Yama	8:20AM – 9:36AM	Parigha* Until 12:18AM Thu	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:13PM	Moon 1 - Phase 41
		995173367 <b>Rahu</b>	12:08PM – 1:24PM	Balava Until 8:09AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga			<b>Dvitiya</b> Until 9:25PM	Moon – Purple		<b>Devaloka Day</b>
					<b>Magha-Thai</b>		

<b>3</b>		<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau		Albany, NY Sun 17 Sutra 298 Vilamba 5120	
Kumbha Rasi: 22.08	Tithi 3	<b>Gulika</b>	9:35AM – 10:52AM	<b>Purvaproshtpada*</b> Until 4:29AM Fri	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:03AM	
		Yama	7:03AM – 8:19AM	Shiva Until 1:03AM Fri	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:14PM	Moon 1 - Phase 41
		915173367 <b>Rahu</b>	1:25PM – 2:41PM	Taitila Until 10:40AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga			<b>Tritiya</b> Until 11:50PM	Moon – Clear		<b>Sivaloka Day</b>
					<b>Magha-Thai</b>		

<b>4</b>		<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visiti* Karana Chaturthyam Titau		Albany, NY Sun 18 Sutra 299 Vilamba 5120	
Meena Rasi: 4.05	Tithi 4	<b>Gulika</b>	8:18AM – 9:35AM	<b>Uttaraproshtpada</b> Until 7:01AM Sat	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:01AM	
		Yama	2:42PM – 3:58PM	Siddha Until 1:33AM Sat	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:15PM	Moon 1 - Phase 41
		915173367 <b>Rahu</b>	10:52AM – 12:08PM	Vanija Until 12:57PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga			<b>Chaturthi*</b> Until 1:57AM Sat	Moon – Clear		<b>Sivaloka Day</b>
Until 7:01AM Sat					<b>Magha-Thai</b>		
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 19 Sutra 300 Vilamba 5120	
Meena Rasi: 16.08	Tithi 5	<b>Gulika</b>	7:00AM – 8:17AM	<b>Uttaraproshtpada</b> Until 7:01AM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:00AM	
		Yama	1:25PM – 2:42PM	Sadhya Until 1:47AM Sun	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:16PM	Moon 1 - Phase 41
		915273367 <b>Rahu</b>	9:34AM – 10:51AM	Bava Until 2:54PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga			<b>Panchami</b> Until 3:41AM Sun	Moon – Clear		<b>Devaloka Day</b>
Until 7:01AM					<b>Magha-Thai</b>		
Then Routine Work - Prabalarishta Yoga							

<b>6</b>		<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sun 20 Sutra 301 Vilamba 5120	
Meena Rasi: 28.22	Tithi 6	<b>Gulika</b>	2:43PM – 4:00PM	<b>Revati</b> Until 8:59AM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 6:59AM	
		Yama	12:08PM – 1:26PM	Subha Until 1:38AM Mon	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:18PM	Moon 1 - Phase 41
		915273367 <b>Rahu</b>	4:00PM – 5:18PM	Kaulava Until 4:23PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Amrita Yoga			<b>Shashthi*</b> Until 4:54AM Mon	Moon – Clear		<b>Devaloka Day</b>
Until 8:59AM					<b>Magha-Thai</b>		
Then Creative Work - Siddha Yoga							

<b>Monday, February 11, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 21 Sutra 302 Vilamba 5120	
Mesha Rasi: 10.49	Tithi 7	<b>Gulika</b>	1:26PM – 2:44PM	<b>Ashvini</b> Until 10:45AM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:58AM	
<b>Family Home Evening</b>		Yama	10:51AM – 12:08PM	Sukla Until 1:00AM Tue	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:19PM	Moon 1 - Phase 41
		925273367 <b>Rahu</b>	8:15AM – 9:33AM	Gara Until 5:18PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga			<b>Saptami</b> Until 5:29AM Tue	Moon – White		<b>Bhuloka Day</b>
					<b>Magha-Thai</b>		Devaloka Time: 12:PM to 3:PM

<b>Tuesday, February 12, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 22 Sutra 303 Vilamba 5120	
Mesha Rasi: 23.34	Tithi 8	<b>Gulika</b>	12:08PM – 1:26PM	<b>Bharani</b> Until 11:44AM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:56AM	
		Yama	9:32AM – 10:50AM	Brahma Until 11:51PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:20PM	Moon 1 - Phase 41
		925273367 <b>Rahu</b>	2:44PM – 4:02PM	Visti Until 5:32PM	<b>Nataraja:</b> White		Ashtami
Creative Work	Siddha Yoga			<b>Ashtami*</b> Until 5:22AM Wed	Moon – White		<b>Bhuloka Day</b>
					<b>Magha-Masi</b>		Devaloka Time: 12:PM to 3:PM

<b>Wednesday, February 13, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 23 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 6.38	Tithi 9	<b>Gulika</b>	10:50AM – 12:08PM	<b>Krittika</b> Until 11:52AM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:55AM	
		Yama	8:13AM – 9:32AM	Indra Until 10:07PM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:22PM	Moon 1 - Phase 41
		926273367 <b>Rahu</b>	12:08PM – 1:27PM	Balava Until 5:02PM	<b>Nataraja:</b> White		Navami
Creative Work	Amrita Yoga			<b>Navami*</b> Until 4:28AM Thu	Moon – White		<b>Devaloka Day</b>
Until 11:52AM					<b>Magha-Masi</b>		
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada


<b>1</b>		<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau		Albany, NY Sutra 305 Vilamba 5120	
Vrishabha Rasi: 20.08		Tithi 10		936273367		Sun 24	
Routine Work		Marana Yoga		<b>Gulika</b> 9:31AM – 10:50AM <b>Yama</b> 6:54AM – 8:12AM <b>Rahu</b> 1:27PM – 2:46PM		<b>Rohini Until 11:33AM</b> <b>Vaidhriti* Until 7:45PM</b> <b>Taitila Until 3:45PM</b> <b>Dashami Until 2:49AM Fri</b>	
				<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White <b>Moon – Yellow</b>		<b>Sunrise:</b> 6:54AM <b>Sunset:</b> 5:23PM <b>Sivaloka Day</b> <b>Magha•Masi</b>	

<b>2</b>		<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Albany, NY Sutra 306 Vilamba 5120	
Mithuna Rasi: 4.04		Tithi 11		936273367		Sun 25	
Creative Work		Siddha Yoga		<b>Gulika</b> 8:11AM – 9:30AM <b>Yama</b> 2:46PM – 4:05PM <b>Rahu</b> 10:49AM – 12:08PM		<b>Mrigashira Until 10:22AM</b> <b>Vishkambha* Until 4:51PM</b> <b>Vanija Until 1:45PM</b> <b>Ekadashi Until 12:30AM Sat</b>	
				<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White <b>Moon – Yellow</b>		<b>Sunrise:</b> 6:52AM <b>Sunset:</b> 5:24PM <b>Sivaloka Day</b> <b>Magha•Masi</b>	

<b>3</b>		<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Albany, NY Sutra 307 Vilamba 5120	
Mithuna Rasi: 18.27		Tithi 12		936273367		Sun 26	
Creative Work		Siddha Yoga		<b>Gulika</b> 6:51AM – 8:10AM <b>Yama</b> 1:28PM – 2:47PM <b>Rahu</b> 9:30AM – 10:49AM		<b>Ardra Until 8:23AM</b> <b>Priti Until 1:26PM</b> <b>Bava Until 11:07AM</b> <b>Dvadashi Until 9:35PM</b>	
				<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White <b>Moon – Yellow</b>		<b>Sunrise:</b> 6:51AM <b>Sunset:</b> 5:26PM <b>Sivaloka Day</b> <b>Magha•Masi</b>	

<b>4</b>		<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Albany, NY Sutra 308 Vilamba 5120	
Kataka Rasi: 3.13		Tithi 13		946273367		Sun 27	
Creative Work		Siddha Yoga		<b>Gulika</b> 2:48PM – 4:07PM <b>Yama</b> 12:08PM – 1:28PM <b>Rahu</b> 4:07PM – 5:27PM		<b>Punarvasu Until 6:09AM</b> <b>Ayushman Until 9:36AM</b> <b>Kaulava Until 7:58AM</b> <b>Trayodashi Until 6:14PM</b>	
				<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White <b>Moon – Blue</b>		<b>Sunrise:</b> 6:50AM <b>Sunset:</b> 5:27PM <b>Devaloka Day</b> <b>Magha•Masi</b>	

*Pradosha Vrata*

		<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Albany, NY Sutra 309 Vilamba 5120	
Kataka Rasi: 18.17		Tithi 14 – 15		946273367		Sun 28	
Family Home Evening		Siddha Yoga		<b>Gulika</b> 1:28PM – 2:48PM <b>Yama</b> 10:48AM – 12:08PM <b>Rahu</b> 8:08AM – 9:28AM		<b>Ashlesha* Until 12:18AM Tue</b> <b>Sobhana Until 1:12AM Tue</b> <b>Visti Until 12:43AM Tue</b> <b>Chaturdashi* Until 2:35PM</b>	
				<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White <b>Moon – Blue</b>		<b>Sunrise:</b> 6:48AM <b>Sunset:</b> 5:29PM <b>Devaloka Day</b> <b>Magha•Masi</b>	

Chidambaram Abhishekam

<b>5</b>		<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Albany, NY Sutra 310 Vilamba 5120	
Simha Rasi: 3.32		Tithi 15 – 16		956273367		Sun 29	
Creative Work		Siddha Yoga		<b>Gulika</b> 12:08PM – 1:28PM <b>Yama</b> 9:27AM – 10:48AM <b>Rahu</b> 2:49PM – 4:09PM		<b>Magha* Until 9:24PM</b> <b>Athiganda* Until 8:52PM</b> <b>Balava Until 8:55PM</b> <b>Purnima* Until 10:48AM</b>	
				<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White <b>Moon – Red</b>		<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 5:29PM <b>Sivaloka Day</b> <b>Magha•Masi</b>	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 311

Vilamba 5120

Simha Rasi: 18.46 Tithi 16 - 17

Gulika 10:47AM - 12:08PM  
Yama 8:06AM - 9:27AM  
Rahu 12:08PM - 1:29PM

Purvaphalguni Until 6:30PM  
Sukarma Until 4:38PM  
Gara Until 3:30AM Thu  
Prathama\* Until 7:03AM

Ganesha: Clear Sunrise: 6:45AM  
Muruga: Clear Sunset: 5:31PM  
Nataraja: White  
Moon - Red  
Magha-Masi

Moon 2 - Phase 43  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Thursday, February 21, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Albany, NY

Sutra 312

Vilamba 5120

Kanya Rasi: 3.5 Tithi 18

Gulika 9:26AM - 10:47AM  
Yama 6:44AM - 8:05AM  
Rahu 1:29PM - 2:50PM

Uttaraphalguni Until 3:46PM  
Dhriti Until 12:40PM  
Vanija Until 1:53PM  
Tritiya Until 12:20AM Fri

Ganesha: Clear Sunrise: 6:44AM  
Muruga: Clear Sunset: 5:32PM  
Nataraja: White  
Moon - Red  
Magha-Masi

Sun 1  
Moon 2 - Phase 43  
1st Phase

Devaloka Day

Until 3:46PM  
Then Routine Work - Marana Yoga

Friday, February 22, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthayam Titau

Albany, NY

Sutra 313

Vilamba 5120

Kanya Rasi: 18.37 Tithi 19

Gulika 8:04AM - 9:25AM  
Yama 2:50PM - 4:12PM  
Rahu 10:46AM - 12:08PM

Hasta Until 1:47PM  
Shula\* Until 9:01AM  
Bava Until 10:57AM  
Chaturthi\* Until 9:41PM

Ganesha: White Sunrise: 6:42AM  
Muruga: Clear Sunset: 5:33PM  
Nataraja: White  
Moon - Green  
Magha-Masi

Sun 2  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 1:47PM  
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY

Sutra 314

Vilamba 5120

Tula Rasi: 2.59 Tithi 20

Gulika 6:41AM - 8:03AM  
Yama 1:29PM - 2:51PM  
Rahu 9:24AM - 10:46AM

Chitra Until 12:16PM  
Vriddhi Until 3:20AM Sun  
Kaulava Until 8:38AM  
Panchami Until 7:43PM

Ganesha: White Sunrise: 6:41AM  
Muruga: Clear Sunset: 5:34PM  
Nataraja: White  
Moon - Green  
Magha-Masi

Sun 3  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 12:16PM  
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthiyam Titau

Albany, NY

Sutra 315

Vilamba 5120

Tula Rasi: 16.52 Tithi 21

Gulika 2:52PM - 4:14PM  
Yama 12:08PM - 1:30PM  
Rahu 4:14PM - 5:36PM

Svati Until 11:21AM  
Dhruva Until 1:25AM Mon  
Gara Until 7:03AM  
Shashthi\* Until 6:33PM

Ganesha: White Sunrise: 6:39AM  
Muruga: Clear Sunset: 5:36PM  
Nataraja: White  
Moon - Green  
Magha-Masi

Sun 4  
Moon 2 - Phase 43  
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 11:21AM  
Then Routine Work - Marana Yoga

Monday, February 25, 2019

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Visti\*/Bava Karana Saplamyam Titau

Albany, NY

Sutra 316

Vilamba 5120

Vrischika Rasi: 0.17 Tithi 22

Gulika 1:30PM - 2:52PM  
Yama 10:45AM - 12:07PM  
Rahu 8:00AM - 9:23AM

Vishakha Until 11:34AM  
Vyaghata\* Until 12:11AM Tue  
Visti Until 6:18AM  
Saptami Until 6:14PM

Ganesha: Yellow Sunrise: 6:38AM  
Muruga: Clear Sunset: 5:37PM  
Nataraja: White  
Moon - Orange  
Magha-Masi

Sun 5  
Moon 2 - Phase 43  
1st Phase

Devaloka Day

Routine Work Marana Yoga  
Until 11:34AM  
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sutra 317

Vilamba 5120

Vrischika Rasi: 13.14 Tithi 23

Gulika 12:07PM - 1:30PM  
Yama 9:22AM - 10:45AM  
Rahu 2:53PM - 4:15PM

Anuradha Until 12:29PM  
Harshana Until 11:39PM  
Balava Until 6:26AM  
Ashtami\* Until 6:47PM

Ganesha: Blue Sunrise: 6:36AM  
Muruga: Clear Sunset: 5:38PM  
Nataraja: White  
Moon - Orange  
Magha-Masi

Sun 6  
Moon 2 - Phase 43  
Ashtami

Sivaloka Day

Creative Work Siddha Yoga  
Until 12:29PM  
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sutra 318

Vilamba 5120

Vrischika Rasi: 25.47 Tithi 24

Gulika 10:44AM - 12:07PM  
Yama 7:58AM - 9:21AM  
Rahu 12:07PM - 1:30PM

Jyeshtha\* Until 2:01PM  
Vajra\* Until 11:39PM  
Taitila Until 7:23AM  
Navami\* Until 8:08PM

Ganesha: Blue Sunrise: 6:35AM  
Muruga: Clear Sunset: 5:39PM  
Nataraja: White  
Moon - Orange  
Magha-Masi

Sun 7  
Moon 2 - Phase 43  
Navami

Sivaloka Day

Creative Work Siddha Yoga  
Until 2:01PM  
Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Albany, NY Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 8.01	Tithi 25	<b>Gulika</b> 9:20AM – 10:44AM	<b>Mula* Until 4:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:33AM		
		Yama 6:33AM – 7:57AM	Siddhi Until 12:09AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 1:30PM – 2:54PM	Vanija Until 9:05AM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 10:07PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Albany, NY Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 20.02	Tithi 26	<b>Gulika</b> 7:54AM – 9:18AM	<b>Purvashadha* Until 7:22PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:30AM		
		Yama 2:55PM – 4:19PM	Vyatipata* Until 12:59AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 10:42AM – 12:07PM	Bava Until 11:19AM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 12:34AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 7:22PM				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau		Albany, NY Sun 10 Sutra 321 Vilamba 5120	
Makara Rasi: 1.53	Tithi 27	<b>Gulika</b> 6:28AM – 7:53AM	<b>Uttarashadha Until 10:19PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM		
		Yama 1:31PM – 2:55PM	Variyan Until 1:58AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 9:17AM – 10:42AM	Kaulava Until 1:55PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Dvadashi* Until 3:15AM Sun</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 10:19PM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 13.41	Tithi 28	<b>Gulika</b> 2:56PM – 4:21PM	<b>Shravana Until 1:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM		
		Yama 12:06PM – 1:31PM	Parigha* Until 3:02AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 4:21PM – 5:45PM	Gara Until 4:39PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi* Until 6:00AM Mon</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 1:40AM Mon				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 25.27	Tithi 28 – 29	<b>Gulika</b> 1:31PM – 2:56PM	<b>Dhanishtha Until 4:47AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM		
<b>Family Home Evening</b>		Yama 10:41AM – 12:06PM	Shiva Until 4:03AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 44	
		988273367 <b>Rahu</b> 7:50AM – 9:16AM	Visti Until 7:22PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 6:00AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 4:47AM Tue				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga		<b>Mahasivaratri (Lunar)</b>					
		<b>Mahasivaratri (Solar)</b>					

		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak Nakshatra Siddha Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Albany, NY Sun 13 Sutra 324 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 12:06PM – 1:31PM	<b>Shatabhishak Until 7:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:24AM		
Kumbha Rasi: 7.15	Tithi 29 – 30	Yama 9:15AM – 10:40AM	Siddha Until 4:53AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 44	
		199273367 <b>Rahu</b> 2:57PM – 4:22PM	Catuspada Until 9:56PM	<b>Nataraja:</b> White		Amavasya	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:39AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 7:33AM Wed				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>Wednesday, March 6, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaprosithpada* Nakshatra Sadhya Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau		Albany, NY Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 19.08	Tithi 30 – 1	<b>Gulika</b> 10:40AM – 12:06PM	<b>Shatabhishak Until 7:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM		
		Yama 7:48AM – 9:14AM	Sadhya Until 5:32AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 44	
		199373367 <b>Rahu</b> 12:06PM – 1:31PM	Kintughna Until 12:14AM Thu	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya* Until 11:06AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:33AM				<b>Phalgun-Masi</b>			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 15 Sutra 326 Vilamba 5120	
Meena Rasi: 1.07	Tithi 1 – 2	119373367	<b>Gulika</b> 9:13AM – 10:39AM <b>Yama</b> 6:20AM – 7:47AM <b>Rahu</b> 1:32PM – 2:58PM	<b>Purvaprosarthpada* Until 10:24AM</b> Subha Until 5:58AM Fri Balava Until 2:13AM Fri <b>Prathama* Until 1:15PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:50PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sun 16 Sutra 327 Vilamba 5120	
Meena Rasi: 13.13	Tithi 2 – 3	119373367	<b>Gulika</b> 7:45AM – 9:12AM <b>Yama</b> 2:58PM – 4:25PM <b>Rahu</b> 10:38AM – 12:05PM	<b>Uttaraprosarthpada Until 12:46PM</b> Sukla Until 6:07AM Sat Taitila Until 3:53AM Sat <b>Dvitiya Until 3:04PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:51PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Albany, NY Sun 17 Sutra 328 Vilamba 5120	
Meena Rasi: 25.28	Tithi 3 – 4	119373367	<b>Gulika</b> 6:17AM – 7:44AM <b>Yama</b> 1:32PM – 2:59PM <b>Rahu</b> 9:11AM – 10:38AM	<b>Revati Until 2:38PM</b> Sukla Until 6:07AM Vanija Until 5:09AM Sun <b>Tritiya Until 4:33PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 5:53PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Routine Work	Prabalarishta Yoga				<b>Phalguna-Masi</b>		
Until 2:38PM							
Then Creative Work - Siddha Yoga			<b>Subramuniyaswami Siva Vision Day</b>				
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 18 Sutra 329 Vilamba 5120	
Mesha Rasi: 7.52	Tithi 4 – 5	129373367	<b>Gulika</b> 2:59PM – 4:27PM <b>Yama</b> 12:05PM – 1:32PM <b>Rahu</b> 4:27PM – 5:54PM	<b>Ashvini Until 4:27PM</b> Indra Until 6:00AM Bava Until 6:01AM Mon <b>Chaturthi* Until 5:38PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:15AM <b>Sunset:</b> 5:54PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
Until 4:27PM							
Then Routine Work - Prabalarishta Yoga							
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 19 Sutra 330 Vilamba 5120	
Mesha Rasi: 20.27	Tithi 5	129373367	<b>Gulika</b> 1:32PM – 3:00PM <b>Yama</b> 10:37AM – 12:04PM <b>Rahu</b> 7:41AM – 9:09AM	<b>Bharani Until 5:41PM</b> Vaidhriti* Until 4:45AM Tue Bava Until 6:01AM <b>Panchami Until 6:16PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 5:55PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Family Home Evening					<b>Phalguna-Masi</b>		
Creative Work	Siddha Yoga						
Until 5:41PM							
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau		Albany, NY Sun 20 Sutra 331 Vilamba 5120	
Vrishabha Rasi: 3.15	Tithi 6	129373367	<b>Gulika</b> 12:04PM – 1:32PM <b>Yama</b> 9:08AM – 10:36AM <b>Rahu</b> 3:00PM – 4:28PM	<b>Krittika Until 6:17PM</b> Vishkambha* Until 3:33AM Wed Kaulava Until 6:25AM <b>Shashthi* Until 6:24PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:12AM <b>Sunset:</b> 5:56PM	Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
Until 6:17PM							
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sun 21 Sutra 332 Vilamba 5120	
Vrishabha Rasi: 16.19	Tithi 7 – 8	131373367	<b>Gulika</b> 10:35AM – 12:04PM <b>Yama</b> 7:39AM – 9:07AM <b>Rahu</b> 12:04PM – 1:32PM	<b>Rohini Until 6:39PM</b> Priti Until 1:54AM Thu Gara Until 6:17AM <b>Saptami Until 5:59PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:10AM <b>Sunset:</b> 5:57PM	Moon 2 - Phase 45 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Albany, NY Sun 22 Sutra 333 Vilamba 5120	
Vrishabha Rasi: 29.41	Tithi 8 – 9	131373367	<b>Gulika</b> 9:06AM – 10:35AM <b>Yama</b> 6:08AM – 7:37AM <b>Rahu</b> 1:32PM – 3:01PM	<b>Mrigashira Until 6:15PM</b> Ayushman Until 11:44PM Balava Until 4:12AM Fri <b>Ashtami* Until 4:56PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:08AM <b>Sunset:</b> 5:59PM	Moon 2 - Phase 45 Ashtami <b>Sivaloka Day</b>
Routine Work	Marana Yoga				<b>Phalguna-Panguni</b>		
			<b>Karadaiyan Nombu (Tamil Nadu)</b>				
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Albany, NY Sun 23 Sutra 334 Vilamba 5120	
Mithuna Rasi: 13.25	Tithi 9 – 10	131373368	<b>Gulika</b> 7:36AM – 9:05AM <b>Yama</b> 3:01PM – 4:31PM <b>Rahu</b> 10:34AM – 12:03PM	<b>Ardra Until 5:07PM</b> Saubhagya Until 9:05PM Taitila Until 2:14AM Sat <b>Navami* Until 3:17PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:07AM <b>Sunset:</b> 6:00PM	Moon 2 - Phase 45 Navami <b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Panguni</b>		


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 27.32	Tithi 10 - 11	<b>Gulika</b> 6:05AM - 7:34AM	<b>Punarvasu</b> Until 3:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:05AM	
			Yama 1:32PM - 3:02PM	Sobhana Until 6:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:04AM - 10:33AM	Vanija Until 11:44PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 1:02PM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 12	Tithi 11 - 12	<b>Gulika</b> 3:02PM - 4:32PM	<b>Pushya</b> Until 1:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:03AM	
			Yama 12:03PM - 1:32PM	Athiganda* Until 2:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:32PM - 6:02PM	Bava Until 8:45PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 10:16AM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Tailila Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 26.47	Tithi 12 - 13	<b>Gulika</b> 1:33PM - 3:03PM	<b>Ashlesha*</b> Until 11:01AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM	
	<b>Family Home Evening</b>		Yama 10:32AM - 12:02PM	Sukarma Until 10:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:32AM - 9:02AM	Taitila Until 3:41AM Tue	<b>Nataraja:</b> Clear		4th Phase
Until 11:01AM		<b>Yogaswami Mahasamadhi</b>	<b>Dvadashi</b> Until 7:07AM	Moon - Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	<b>Phalguna-Panguni</b>			

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 11.47	Tithi 14	<b>Gulika</b> 12:02PM - 1:33PM	<b>Magha*</b> Until 8:27AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:00AM	
			Yama 9:01AM - 10:31AM	Dhriti Until 6:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:03PM - 4:34PM	Gara Until 1:56PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi*</b> Until 12:08AM Wed	Moon - Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>		<b>Tour Day</b>	

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sun 28 Sutra 339 Vilamba 5120
	Simha Rasi: 26.52	Tithi 15	<b>Gulika</b> 10:31AM - 12:02PM	<b>Uttaraphalguni</b> Until 2:50AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	
			Yama 7:29AM - 9:00AM	Ganda* Until 10:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:02PM - 1:33PM	Visti Until 10:23AM	<b>Nataraja:</b> Clear		Purnima
Until 2:50AM Thu		<b>Panguni Uttiram</b>	<b>Purnima*</b> Until 8:37PM	Moon - Red		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Holi</b>		<b>Phalguna-Panguni</b>			

<b>5</b>	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Albany, NY Sun 29 Sutra 340 Vilamba 5120
	Kanya Rasi: 11.52	Tithi 16 - 17	<b>Gulika</b> 8:59AM - 10:30AM	<b>Hasta</b> Until 12:33AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:56AM	
			Yama 5:56AM - 7:28AM	Vriddhi Until 6:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 46
	Routine Work	Marana Yoga	161383368 <b>Rahu</b> 1:33PM - 3:04PM	Balava Until 6:57AM	<b>Nataraja:</b> Clear		Prathama
Until 12:33AM Fri			<b>Prathama*</b> Until 5:19PM	Moon - Green		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



**Friday, March 22, 2019**  
**Gold Retreat Star**

Kanya Rasi: 26.39 Tithi 17 – 18

161383368

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY  
Sun 1  
Sutra 341  
Vilamba 5120

**Gulika** 7:26AM – 8:58AM  
Yama 3:04PM – 4:36PM  
**Rahu** 10:29AM – 12:01PM

**Chitra Until 10:33PM**  
Dhruva Until 3:08PM  
Vanija Until 1:09AM Sat  
Dvitiya Until 2:24PM

**Ganesha:** Yellow *Sunrise:* 5:55AM  
**Muruqa:** White *Sunset:* 6:08PM

**Nataraja:** Clear Moon – Green

**Devaloka Day**  
Phalguna•Panguni

**1**

**Saturday, March 23, 2019**

Tula Rasi: 11.05 Tithi 18 – 19

162383368

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY  
Sun 2  
Sutra 342  
Vilamba 5120

**Gulika** 5:53AM – 7:25AM  
Yama 1:33PM – 3:05PM  
**Rahu** 8:57AM – 10:29AM

**Svati Until 9:02PM**  
Vyaghata\* Until 12:03PM  
Bava Until 11:07PM  
Tritiya Until 12:02PM

**Ganesha:** Blue *Sunrise:* 5:53AM  
**Muruqa:** White *Sunset:* 6:09PM

**Nataraja:** Clear Moon – Green

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM  
Phalguna•Panguni

**2**

**Sunday, March 24, 2019**

Tula Rasi: 25.05 Tithi 19 – 20

172383368

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY  
Sun 3  
Sutra 343  
Vilamba 5120

**Gulika** 3:05PM – 4:38PM  
Yama 12:01PM – 1:33PM  
**Rahu** 4:38PM – 6:10PM

**Vishakha Until 8:31PM**  
Harshana Until 9:33AM  
Kaulava Until 9:50PM  
Chaturthi\* Until 10:21AM

**Ganesha:** Red *Sunrise:* 5:51AM  
**Muruqa:** White *Sunset:* 6:10PM

**Nataraja:** Clear Moon – Orange

**Devaloka Day**  
Phalguna•Panguni

**3**

**Monday, March 25, 2019**

Vrischika Rasi: 9 Tithi 20 – 21

172383368

Family Home Evening  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY  
Sun 4  
Sutra 344  
Vilamba 5120

**Gulika** 1:33PM – 3:06PM  
Yama 10:28AM – 12:00PM  
**Rahu** 7:22AM – 8:55AM

**Anuradha Until 8:43PM**  
Vajra\* Until 7:41AM  
Gara Until 9:24PM  
Panchami Until 9:29AM

**Ganesha:** Red *Sunrise:* 5:49AM  
**Muruqa:** White *Sunset:* 6:11PM

**Nataraja:** Clear Moon – Orange

**Devaloka Day**  
Phalguna•Panguni

**4**

**Tuesday, March 26, 2019**

Vrischika Rasi: 21.39 Tithi 21 – 22

172383368

Routine Work Marana Yoga  
Until 9:37PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Albany, NY  
Sun 5  
Sutra 345  
Vilamba 5120

**Gulika** 12:00PM – 1:33PM  
Yama 8:54AM – 10:27AM  
**Rahu** 3:06PM – 4:39PM

**Jyeshtha\* Until 9:37PM**  
Siddhi Until 6:31AM  
Visti Until 9:52PM  
Shashthi\* Until 9:30AM

**Ganesha:** Red *Sunrise:* 5:48AM  
**Muruqa:** White *Sunset:* 6:12PM

**Nataraja:** Clear Moon – Orange

**Devaloka Day**  
Phalguna•Panguni

**●**

**Wednesday, March 27, 2019**

**Retreat Star**

Dhanus Rasi: 4.16 Tithi 22 – 23

182383368

Routine Work Marana Yoga  
Until 11:38PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY  
Sun 6  
Sutra 346  
Vilamba 5120

**Gulika** 10:26AM – 12:00PM  
Yama 7:19AM – 8:53AM  
**Rahu** 12:00PM – 1:33PM

**Mula\* Until 11:38PM**  
Vyatipata\* Until 6:02AM  
Balava Until 11:10PM  
Saptami Until 10:24AM

**Ganesha:** Green *Sunrise:* 5:46AM  
**Muruqa:** White *Sunset:* 6:13PM

**Nataraja:** Clear Moon – Light Blue

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM  
Phalguna•Panguni

**Thursday, March 28, 2019**

**Retreat Star**

Dhanus Rasi: 16.33 Tithi 23 – 24

182383368

Creative Work Siddha Yoga  
Until 2:10AM Fri  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY  
Sun 7  
Sutra 347  
Vilamba 5120

**Gulika** 8:52AM – 10:26AM  
Yama 5:44AM – 7:18AM  
**Rahu** 1:33PM – 3:07PM

**Purvashadha\* Until 2:10AM Fri**  
Variyan Until 6:09AM  
Taitila Until 1:09AM Fri  
Ashtami\* Until 12:04PM

**Ganesha:** Green *Sunrise:* 5:44AM  
**Muruqa:** White *Sunset:* 6:15PM

**Nataraja:** Clear Moon – Light Blue

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM  
Phalguna•Panguni

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, March 29, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Albany, NY Sun 8 Sutra 348 Vilamba 5120	
Dhanus Rasi: 28.34	Tithi 24 – 25	<b>Gulika</b> 7:17AM – 8:51AM	<b>Uttarashadha</b> Until 4:57AM Sat	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:42AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:16PM
182383468	<b>Rahu</b> 10:25AM – 11:59AM	Yama 3:07PM – 4:42PM	Parigha* Until 6:45AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48	2nd Phase
Routine Work	Marana Yoga		Vanija Until 3:36AM Sat	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:57AM Sat			<b>Navami*</b> Until 2:19PM	<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 9 Sutra 349 Vilamba 5120	
Makara Rasi: 10.25	Tithi 25 – 26	<b>Gulika</b> 5:41AM – 7:15AM	<b>Shravana</b> Until 8:17AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:41AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:17PM
192383468	<b>Rahu</b> 8:50AM – 10:24AM	Yama 1:33PM – 3:08PM	Shiva Until 7:42AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48	2nd Phase
Creative Work	Siddha Yoga		Bava Until 6:17AM Sun	Moon – Purple		<b>Sivaloka Day</b>	
Until 8:17AM Sun			<b>Dashami</b> Until 4:54PM	<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Albany, NY Sun 10 Sutra 350 Vilamba 5120	
Makara Rasi: 22.12	Tithi 26	<b>Gulika</b> 3:08PM – 4:43PM	<b>Shravana</b> Until 8:17AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:39AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:18PM
192383468	<b>Rahu</b> 4:43PM – 6:18PM	Yama 11:58AM – 1:33PM	Siddha Until 8:45AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48	2nd Phase
Creative Work	Amrita Yoga		Bava Until 6:17AM	Moon – Purple		<b>Sivaloka Day</b>	
Until 8:17AM			<b>Ekadashi*</b> Until 7:36PM	<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Albany, NY Sun 11 Sutra 351 Vilamba 5120	
Kumbha Rasi: 3.59	Tithi 27	<b>Gulika</b> 1:33PM – 3:08PM	<b>Dhanishtha</b> Until 11:25AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:39AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:18PM
192483468	<b>Rahu</b> 7:14AM – 8:49AM	Yama 10:24AM – 11:58AM	Sadhya Until 9:47AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48	2nd Phase
Family Home Evening			Kaulava Until 8:56AM	Moon – Purple		<b>Subha Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 10:11PM	<b>Phalguna-Panguni</b>			

<b>5</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 12 Sutra 352 Vilamba 5120	
Kumbha Rasi: 15.51	Tithi 28	<b>Gulika</b> 11:58AM – 1:33PM	<b>Shatabhishak</b> Until 2:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:37AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:19PM
192483468	<b>Rahu</b> 3:09PM – 4:44PM	Yama 8:48AM – 10:23AM	Subha Until 10:41AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48	2nd Phase
Routine Work	Marana Yoga		Gara Until 11:23AM	Moon – Purple		<b>Subha Sivaloka Day</b>	
			<b>Trayodashi*</b> Until 12:28AM Wed	<b>Phalguna-Panguni</b>			
			<i>Pradosha Vrata (Fasting)</i>				

<b>6</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 13 Sutra 353 Vilamba 5120	
Kumbha Rasi: 27.49	Tithi 29	<b>Gulika</b> 10:22AM – 11:58AM	<b>Purvaproshtapada*</b> Until 4:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:35AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:20PM
112483468	<b>Rahu</b> 11:58AM – 1:33PM	Yama 7:11AM – 8:47AM	Sukla Until 11:17AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48	2nd Phase
Creative Work	Amrita Yoga		Visti Until 1:30PM	Moon – Clear		<b>Sivaloka Day</b>	
Until 4:55PM			<b>Chaturdashi*</b> Until 2:22AM Thu	<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 14 Sutra 354 Vilamba 5120	
Meena Rasi: 9.58	Tithi 30	<b>Gulika</b> 8:46AM – 10:22AM	<b>Uttaraproshtapada</b> Until 7:06PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:34AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:21PM
112483468	<b>Rahu</b> 1:33PM – 3:09PM	Yama 5:34AM – 7:10AM	Brahma Until 11:36AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48	Amavasya
Creative Work	Siddha Yoga		Catuspada Until 3:11PM	Moon – Clear		<b>Sivaloka Day</b>	
			<b>Amavasya*</b> Until 3:51AM Fri	<b>Phalguna-Panguni</b>			

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 15 Sutra 355 Vilamba 5120	
Meena Rasi: 22.16	Tithi 1	<b>Gulika</b> 7:08AM – 8:45AM	<b>Revati</b> Until 8:42PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:32AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:22PM
113483468	<b>Rahu</b> 10:21AM – 11:57AM	Yama 3:10PM – 4:46PM	Indra Until 11:37AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 48	Prathama
Creative Work	Siddha Yoga		Kintughna Until 4:27PM	Moon – Clear		<b>Devaloka Day</b>	
Until 8:42PM		<b>Yugadhi</b>	<b>Prathama*</b> Until 4:54AM Sat	<b>Chaitra-Panguni</b>			
Then Creative Work - Amrita Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 16 Sutra 356 Vilamba 5120
Mesha Rasi: 4.46	Tithi 2	<b>Gulika</b> 5:30AM – 7:07AM	<b>Ashvini Until 10:13PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:30AM	
		Yama 1:34PM – 3:10PM	Vaidhriti* Until 11:15AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:24PM	Moon 3 - Phase 49
		123483468 <b>Rahu</b> 8:44AM – 10:20AM	Balava Until 5:17PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
		Chellappaswami Mahasamadh	<b>Dvitiya Until 5:31AM Sun</b>	<b>Chaitra-Panguni</b>		

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau		Albany, NY Sun 17 Sutra 357 Vilamba 5120
Mesha Rasi: 17.27	Tithi 3	<b>Gulika</b> 3:11PM – 4:48PM	<b>Bharani Until 11:12PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:29AM	
		Yama 11:57AM – 1:34PM	Vishkambha* Until 10:36AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:25PM	Moon 3 - Phase 49
		123483468 <b>Rahu</b> 4:48PM – 6:25PM	Taitila Until 5:42PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Prabalarishta Yoga			Moon – White		<b>Devaloka Day</b>
Until 11:12PM			<b>Tritiya Until 5:45AM Mon</b>	<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Albany, NY Sun 18 Sutra 358 Vilamba 5120
Vrishabha Rasi: 0.19	Tithi 4	<b>Gulika</b> 1:34PM – 3:11PM	<b>Krittika Until 11:39PM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 5:27AM	
<b>Family Home Evening</b>		Yama 10:19AM – 11:56AM	Priti Until 9:40AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:26PM	Moon 3 - Phase 49
		123483468 <b>Rahu</b> 7:04AM – 8:42AM	Vanija Until 5:45PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga			Moon – White		<b>Devaloka Day</b>
Until 11:39PM			<b>Chaturthi* Until 5:37AM Tue</b>	<b>Chaitra-Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 19 Sutra 359 Vilamba 5120
Vrishabha Rasi: 13.22	Tithi 5	<b>Gulika</b> 11:56AM – 1:34PM	<b>Rohini Until 12:03AM Wed</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:25AM	
		Yama 8:41AM – 10:18AM	Ayushman Until 8:25AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:27PM	Moon 3 - Phase 49
		133483468 <b>Rahu</b> 3:12PM – 4:49PM	Bava Until 5:26PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga			Moon – Yellow		<b>Sivaloka Day</b>
Until 12:03AM Wed			<b>Panchami Until 5:07AM Wed</b>	<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sun 20 Sutra 360 Vilamba 5120
Vrishabha Rasi: 26.37	Tithi 6	<b>Gulika</b> 10:18AM – 11:56AM	<b>Mrigashira Until 11:56PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:24AM	
		Yama 7:02AM – 8:40AM	Saubhagya Until 6:53AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:28PM	Moon 3 - Phase 49
		133483468 <b>Rahu</b> 11:56AM – 1:34PM	Kaulava Until 4:44PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga			Moon – Yellow		<b>Sivaloka Day</b>
			<b>Shashthi* Until 4:14AM Thu</b>	<b>Chaitra-Panguni</b>		

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau		Albany, NY Sun 21 Sutra 361 Vilamba 5120
Mithuna Rasi: 10.05	Tithi 7	<b>Gulika</b> 8:39AM – 10:17AM	<b>Ardra Until 11:16PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 5:22AM	
		Yama 5:22AM – 7:00AM	Athiganda* Until 2:53AM Fri	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:29PM	Moon 3 - Phase 49
		133483468 <b>Rahu</b> 1:34PM – 3:12PM	Gara Until 3:39PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga			Moon – Yellow		<b>Sivaloka Day</b>
Until 11:16PM			<b>Saptami Until 2:56AM Fri</b>	<b>Chaitra-Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>☾</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 22 Sutra 362 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:59AM – 8:38AM	<b>Punarvasu Until 10:29PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:20AM	
Mithuna Rasi: 23.46	Tithi 8	Yama 3:13PM – 4:52PM	Sukarma Until 12:23AM Sat	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:30PM	Moon 3 - Phase 49
		143483468 <b>Rahu</b> 10:16AM – 11:55AM	Visti Until 2:08PM	<b>Nataraja:</b> Purple		Ashtami
Creative Work	Siddha Yoga			Moon – Blue		<b>Devaloka Day</b>
Until 10:29PM			<b>Ashtami* Until 1:13AM Sat</b>	<b>Chaitra-Panguni</b>		
Then Routine Work - Marana Yoga						

<b>☽</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 23 Sutra 363 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:19AM – 6:58AM	<b>Pushya Until 9:09PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:19AM	
Kataka Rasi: 7.43	Tithi 9	Yama 1:34PM – 3:13PM	Dhriti Until 9:35PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:31PM	Moon 3 - Phase 49
		143483468 <b>Rahu</b> 8:37AM – 10:16AM	Balava Until 12:13PM	<b>Nataraja:</b> Purple		Navami
Creative Work	Siddha Yoga			Moon – Blue		<b>Devaloka Day</b>
Until 9:09PM			<b>Navami* Until 11:06PM</b>	<b>Chaitra-Panguni</b>		
Then Routine Work - Marana Yoga		<b>Sri Rama Navami</b>				

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Albany, NY Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 21.55	Tithi 10	<b>Gulika</b> 3:14PM – 4:53PM	<b>Ashlesha* Until 7:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	
		Yama 11:55AM – 1:34PM	Shula* Until 6:27PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 1
		243483468 <b>Rahu</b> 4:53PM – 6:33PM	Taitila Until 9:55AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		<b>Sivaloka Day</b>
Until 7:19PM		<b>Tamil New Year</b>	<b>Dashami Until 8:37PM</b>	<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 6.22	Tithi 11 – 12	<b>Gulika</b> 1:34PM – 3:14PM	<b>Magha* Until 5:27PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:15AM	
<b>Family Home Evening</b>		Yama 10:15AM – 11:54AM	Ganda* Until 3:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 <b>Rahu</b> 6:55AM – 8:35AM	Vanija Until 7:16AM	<b>Nataraja:</b> Purple		4th Phase
Until 5:27PM			<b>Ekadashi Until 5:50PM</b>	Moon – Red		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>		

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 20.59	Tithi 12 – 13	<b>Gulika</b> 11:54AM – 1:34PM	<b>Purvaphalguni Until 3:16PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	
		Yama 8:34AM – 10:14AM	Vridhi Until 11:33AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 3:15PM – 4:55PM	Kaulava Until 1:22AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 2:52PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 3:16PM				<b>Chaitra*Chaitra</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 5.41	Tithi 13 – 14	<b>Gulika</b> 10:13AM – 11:54AM	<b>Uttaraphalguni Until 12:53PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:12AM	
		Yama 6:52AM – 8:33AM	Dhruva Until 7:56AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 11:54AM – 1:34PM	Gara Until 10:22PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 11:50AM</b>	Moon – Red		<b>Devaloka Day</b>
Until 12:53PM				<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sutra 4 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:32AM – 10:13AM	<b>Hasta Until 10:51AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM	
Kanya Rasi: 20.22	Tithi 14 – 15	Yama 5:10AM – 6:51AM	Harshana Until 12:59AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 1:35PM – 3:15PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:53AM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 10:51AM		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>				

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Albany, NY Sutra 5 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:50AM – 8:31AM	<b>Chitra Until 8:56AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM	
Tula Rasi: 4.53	Tithi 15 – 16	Yama 3:16PM – 4:57PM	Vajra* Until 9:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 10:12AM – 11:54AM	Kaulava Until 3:49AM Sat	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 6:09AM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Chaitra*Chaitra</b>		