



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvilyayam Titau

Stamford, CT  
Sutra 16  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 3.38 Tithi 17  
273832369 Rahu  
Creative Work Siddha Yoga

**Gulika** 11:51AM – 1:35PM  
Yama 8:21AM – 10:06AM  
Rahu 3:20PM – 5:05PM

**Anuradha Until 7:05AM Wed**  
Varyan Until 10:48PM  
Taitila Until 8:40AM  
**Dvitiya Until 9:09PM**

**Ganesha:** Purple *Sunrise:* 4:52AM  
**Muruqa:** White *Sunset:* 6:50PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stamford, CT  
Sun 1 Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 16.06 Tithi 18  
273832369 Rahu  
Creative Work Siddha Yoga

**Gulika** 10:05AM – 11:51AM  
Yama 6:35AM – 8:20AM  
Rahu 11:51AM – 1:36PM

**Anuradha Until 7:05AM**  
Parigha\* Until 10:56PM  
Vanija Until 9:49AM  
**Tritiya Until 10:34PM**

**Ganesha:** Purple *Sunrise:* 4:50AM  
**Muruqa:** White *Sunset:* 6:51PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT  
Sun 2 Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 28.19 Tithi 19  
274832369 Rahu  
Routine Work Prabalarishta Yoga  
Until 9:08AM  
Then Creative Work - Siddha Yoga

**Gulika** 8:20AM – 10:05AM  
Yama 4:49AM – 6:34AM  
Rahu 1:36PM – 3:21PM

**Jyeshtha\* Until 9:08AM**  
Shiva Until 11:28PM  
Bava Until 11:30AM  
**Chaturthi\* Until 12:30AM Fri**

**Ganesha:** Clear *Sunrise:* 4:49AM  
**Muruqa:** White *Sunset:* 6:52PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT  
Sun 3 Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 10.21 Tithi 20  
284832369 Rahu  
Creative Work Amrita Yoga  
Until 11:59AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 6:33AM – 8:19AM  
Yama 3:22PM – 5:07PM  
Rahu 10:05AM – 11:50AM

**Mula\* Until 11:59AM**  
Siddha Until 12:17AM Sat  
Kaulava Until 1:39PM  
**Panchami Until 2:50AM Sat**

**Ganesha:** White *Sunrise:* 4:48AM  
**Muruqa:** White *Sunset:* 6:53PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT  
Sun 4 Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 22.14 Tithi 21  
284832369 Rahu  
Creative Work Siddha Yoga  
Until 2:59PM  
Then Routine Work - Marana Yoga

**Gulika** 4:47AM – 6:32AM  
Yama 1:36PM – 3:22PM  
Rahu 8:18AM – 10:04AM

**Purvashadha\* Until 2:59PM**  
Sadhya Until 1:18AM Sun  
Gara Until 4:07PM  
**Shashthi\* Until 5:23AM Sun**

**Ganesha:** White *Sunrise:* 4:47AM  
**Muruqa:** White *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\* Karana Saptamyam Titau

Stamford, CT  
Sun 5 Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Makara Rasi: 4.02 Tithi 22  
284832369 Rahu  
Creative Work Amrita Yoga

**Gulika** 3:23PM – 5:09PM  
Yama 11:50AM – 1:36PM  
Rahu 5:09PM – 6:55PM

**Uttarashadha Until 5:55PM**  
Subha Until 2:22AM Mon  
Visti Until 6:42PM  
**Saptami Until 7:56AM Mon**

**Ganesha:** White *Sunrise:* 4:45AM  
**Muruqa:** White *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT  
Sun 6 Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

Makara Rasi: 15.52 Tithi 22 – 23  
**Family Home Evening**  
294832369 Rahu  
Creative Work Amrita Yoga  
Until 9:04PM  
Then Creative Work - Siddha Yoga

**Gulika** 1:37PM – 3:23PM  
Yama 10:04AM – 11:50AM  
Rahu 6:31AM – 8:17AM

**Shravana Until 9:04PM**  
Sukla Until 3:14AM Tue  
Balava Until 9:08PM  
**Saptami Until 7:56AM**

**Ganesha:** Yellow *Sunrise:* 4:44AM  
**Muruqa:** White *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT  
Sun 7 Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

Makara Rasi: 27.46 Tithi 23 – 24  
294832369 Rahu  
Creative Work Siddha Yoga  
Until 11:40PM  
Then Routine Work - Marana Yoga

**Gulika** 11:50AM – 1:37PM  
Yama 8:17AM – 10:03AM  
Rahu 3:24PM – 5:10PM

**Dhanishtha Until 11:40PM**  
Brahma Until 3:46AM Wed  
Taitila Until 11:10PM  
**Ashtami\* Until 10:12AM**

**Ganesha:** Yellow *Sunrise:* 4:43AM  
**Muruqa:** White *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam				Stamford, CT
			Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 24
	Kumbha Rasi: 9.52	Tithi 24 – 25	<b>Gulika</b> 10:03AM – 11:50AM	<b>Shatabhishak</b> Until 1:30AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:42AM	Vilamba 5120
	294832369		Yama 6:29AM – 8:16AM	Indra Until 3:49AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	<b>Rahu</b> 11:50AM – 1:37PM	Vanija Until 12:35AM Thu	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Navami*</b> Until 11:57AM	<b>Moon – Purple</b>	<b>Bhuloka Day</b>		
				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 9:AM to12:PM</b>		

<b>2</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Stamford, CT
			Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 25
	Kumbha Rasi: 22.15	Tithi 25 – 26	<b>Gulika</b> 8:15AM – 10:03AM	<b>Purvaproshtapada*</b> Until 2:55AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:41AM	Vilamba 5120
	214832369		Yama 4:41AM – 6:28AM	Vaidhriti* Until 3:14AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	<b>Rahu</b> 1:37PM – 3:25PM	Bava Until 1:14AM Fri	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dashami</b> Until 1:00PM	<b>Moon – Clear</b>	<b>Bhuloka Day</b>		
				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 9:AM to12:PM</b>		

<b>3</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Stamford, CT
			Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 26
	Meena Rasi: 4.59	Tithi 26 – 27	<b>Gulika</b> 6:27AM – 8:15AM	<b>Uttaraproshtapada</b> Until 3:22AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:40AM	Vilamba 5120
	214932369		Yama 3:25PM – 5:13PM	Vishkambha* Until 2:01AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	<b>Rahu</b> 10:02AM – 11:50AM	Kaulava Until 1:03AM Sat	<b>Nataraja:</b> Purple		2nd Phase	
Until 3:22AM Sat			<b>Ekadashi*</b> Until 1:14PM	<b>Moon – Clear</b>	<b>Bhuloka Day</b>		
Then Routine Work - Prabalarishta Yoga				<b>Vaisaka-Chaitra</b>			

<b>4</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam				Stamford, CT
			Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 27
	Meena Rasi: 18.07	Tithi 27 – 28	<b>Gulika</b> 4:39AM – 6:26AM	<b>Revati</b> Until 2:53AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:39AM	Vilamba 5120
	214932369		Yama 1:38PM – 3:26PM	Priti Until 12:10AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 4
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 8:14AM – 10:02AM	Gara Until 12:05AM Sun	<b>Nataraja:</b> Purple		2nd Phase	
Until 2:53AM Sun			<b>Dvadashi*</b> Until 12:39PM	<b>Moon – Clear</b>	<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>			
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Stamford, CT
			Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 28
	Mesha Rasi: 1.41	Tithi 28 – 29	<b>Gulika</b> 3:26PM – 5:14PM	<b>Ashvini</b> Until 2:01AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:38AM	Vilamba 5120
	224932369		Yama 11:50AM – 1:38PM	Ayushman Until 9:45PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	<b>Rahu</b> 5:14PM – 7:02PM	Visti Until 10:24PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Trayodashi*</b> Until 11:18AM	<b>Moon – White</b>	<b>Bhuloka Day</b>		
		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>			

	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Stamford, CT
	<b>Retreat Star</b>		Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 29
	Mesha Rasi: 15.4	Tithi 29 – 30	<b>Gulika</b> 1:38PM – 3:26PM	<b>Bharani</b> Until 12:28AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:37AM	Vilamba 5120
	224932369		Yama 10:02AM – 11:50AM	Saubhagya Until 6:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 4
<b>Family Home Evening</b>		<b>Rahu</b> 6:25AM – 8:13AM	Catuspada Until 8:09PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:20AM	<b>Moon – White</b>	<b>Bhuloka Day</b>		
				<b>Vaisaka-Vaikasi</b>			

<b>Retreat Star</b>	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Stamford, CT
			Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 30
	Mesha Rasi: 29.59	Tithi 30 – 1	<b>Gulika</b> 11:50AM – 1:38PM	<b>Krittika</b> Until 10:22PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:36AM	Vilamba 5120
	225932369		Yama 8:13AM – 10:01AM	Sobhana Until 3:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga	<b>Rahu</b> 3:27PM – 5:16PM	Bava Until 4:01AM Wed	<b>Nataraja:</b> Purple		Prathama	
Until 10:22PM			<b>Amavasya*</b> Until 6:51AM	<b>Moon – White</b>	<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Jyeshtha Adhika-Vaikasi</b>	<b>Devaloka Time: 9:AM to12:PM</b>		

<b>1</b>		<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 31 Vilamba 5120	
Vrishabha Rasi: 14.33	Tithi 2	<b>Gulika</b> 10:01AM – 11:50AM	<b>Rohini Until 8:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM		
		Yama 6:23AM – 8:12AM	Athiganda* Until 12:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 5	
		235932369 <b>Rahu</b> 11:50AM – 1:39PM	Balava Until 2:33PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:01AM Thu</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 16 Sutra 32 Vilamba 5120	
Vrishabha Rasi: 29.15	Tithi 3	<b>Gulika</b> 8:12AM – 10:01AM	<b>Mrigashira Until 6:05PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM		
		Yama 4:34AM – 6:23AM	Sukarma Until 8:34AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 5	
		235932369 <b>Rahu</b> 1:39PM – 3:28PM	Taitila Until 11:30AM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya Until 9:58PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau		Stamford, CT Sun 17 Sutra 33 Vilamba 5120	
Mithuna Rasi: 13.57	Tithi 4	<b>Gulika</b> 6:22AM – 8:11AM	<b>Ardra Until 3:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:33AM		
		Yama 3:28PM – 5:18PM	Shula* Until 1:32AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 5	
		235932369 <b>Rahu</b> 10:01AM – 11:50AM	Vanija Until 8:29AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 7:00PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stamford, CT Sun 18 Sutra 34 Vilamba 5120	
Mithuna Rasi: 28.33	Tithi 5 – 6	<b>Gulika</b> 4:32AM – 6:21AM	<b>Punarvasu Until 1:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:32AM		
		Yama 1:39PM – 3:29PM	Ganda* Until 10:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 5	
		245932369 <b>Rahu</b> 8:11AM – 10:00AM	Kaulava Until 3:00AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 4:15PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>5</b>		<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 19 Sutra 35 Vilamba 5120	
Kataka Rasi: 12.58	Tithi 6 – 7	<b>Gulika</b> 3:29PM – 5:19PM	<b>Pushya Until 12:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:31AM		
		Yama 11:50AM – 1:40PM	Vriddhi Until 7:17PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 5	
		245932369 <b>Rahu</b> 5:19PM – 7:09PM	Gara Until 12:43AM Mon	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 1:48PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Monday, May 21, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stamford, CT Sun 20 Sutra 36 Vilamba 5120	
Kataka Rasi: 27.08	Tithi 7 – 8	<b>Gulika</b> 1:40PM – 3:30PM	<b>Ashlesha* Until 10:44AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:30AM		
<b>Family Home Evening</b>		Yama 10:00AM – 11:50AM	Dhruva Until 4:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 5	
Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 6:20AM – 8:10AM	Visti Until 10:49PM	<b>Nataraja:</b> Purple		Ashtami	
Until 10:44AM			<b>Saptami Until 11:42AM</b>	Moon – Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Tuesday, May 22, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 21 Sutra 37 Vilamba 5120	
Simha Rasi: 11.04	Tithi 8 – 9	<b>Gulika</b> 11:50AM – 1:40PM	<b>Magha* Until 9:55AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:30AM		
		Yama 8:10AM – 10:00AM	Vyaghata* Until 2:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 5	
		255932369 <b>Rahu</b> 3:30PM – 5:21PM	Balava Until 9:19PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 10:00AM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
	Simha Rasi: 24.45	Tithi 9 – 10					Sun 22 Sutra 38
			255932369	<b>Gulika</b> 10:00AM – 11:50AM Yama 6:19AM – 8:09AM <b>Rahu</b> 11:50AM – 1:41PM	<b>Purvaphalguni Until 9:23AM</b> Harshana Until 12:12PM Taitila Until 8:13PM <b>Navami* Until 8:42AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha Adhika-Vaikasi</b>	Sunrise: 4:29AM Sunset: 7:12PM Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
	Creative Work	Amrita Yoga					

<b>2</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT
	Kanya Rasi: 8.12	Tithi 10 – 11					Sun 23 Sutra 39
			255932369	<b>Gulika</b> 8:09AM – 10:00AM Yama 4:28AM – 6:19AM <b>Rahu</b> 1:41PM – 3:31PM	<b>Uttaraphalguni Until 9:05AM</b> Vajra* Until 10:28AM Vanija Until 7:31PM <b>Dashami Until 7:48AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha Adhika-Vaikasi</b>	Sunrise: 4:28AM Sunset: 7:13PM Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM
	Untill 9:05AM	Amrita Yoga					

<b>3</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatlipata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Kanya Rasi: 21.26	Tithi 11 – 12					Sun 24 Sutra 40
			366932369	<b>Gulika</b> 6:18AM – 8:09AM Yama 3:32PM – 5:23PM <b>Rahu</b> 10:00AM – 11:50AM	<b>Hasta Until 9:28AM</b> Siddhi Until 9:04AM Bava Until 7:12PM <b>Ekadashi Until 7:18AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha Adhika-Vaikasi</b>	Sunrise: 4:27AM Sunset: 7:13PM Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b>
	Creative Work	Amrita Yoga					

<b>4</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatlipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Tula Rasi: 4.28	Tithi 12 – 13					Sun 25 Sutra 41
			366932369	<b>Gulika</b> 4:27AM – 6:18AM Yama 1:41PM – 3:32PM <b>Rahu</b> 8:09AM – 10:00AM	<b>Chitra Until 10:05AM</b> Vyatlipata* Until 7:59AM Kaulava Until 7:17PM <b>Dvadashi Until 7:11AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha Adhika-Vaikasi</b>	Sunrise: 4:27AM Sunset: 7:14PM Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b>
	Routine Work	Marana Yoga					

<b>5</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Tula Rasi: 17.17	Tithi 13 – 14					Sun 26 Sutra 42
			366932369	<b>Gulika</b> 3:33PM – 5:24PM Yama 11:51AM – 1:42PM <b>Rahu</b> 5:24PM – 7:15PM	<b>Svati Until 10:56AM</b> Variyan Until 7:11AM Gara Until 7:46PM <b>Trayodashi Until 7:27AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green <b>Jyeshtha Adhika-Vaikasi</b>	Sunrise: 4:26AM Sunset: 7:15PM Moon 4 - Phase 6 4th Phase <b>Bhuloka Day</b>
	Creative Work	Siddha Yoga		<b>Vaikasi Visakam</b>			

<b>○</b>	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Stamford, CT
	<b>Copper Retreat Star</b>						Sun 27 Sutra 43
	Tula Rasi: 29.56	Tithi 14 – 15					Vilamba 5120
	<b>Family Home Evening</b>		376932369	<b>Gulika</b> 1:42PM – 3:33PM Yama 9:59AM – 11:51AM <b>Rahu</b> 6:17AM – 8:08AM	<b>Vishakha Until 12:30PM</b> Parigha* Until 6:44AM Visti Until 8:41PM <b>Chaturdashi* Until 8:09AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha Adhika-Vaikasi</b>	Sunrise: 4:25AM Sunset: 7:16PM Moon 4 - Phase 6 Purnima <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>○</b>	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT
	<b>Silver Retreat Star</b>						Sutra 44
	Vrischika Rasi: 12.22	Tithi 15 – 16					Vilamba 5120
			376932369	<b>Gulika</b> 11:51AM – 1:42PM Yama 8:08AM – 9:59AM <b>Rahu</b> 3:34PM – 5:25PM	<b>Anuradha Until 2:22PM</b> Shiva Until 6:39AM Balava Until 10:03PM <b>Purnima* Until 9:17AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Orange <b>Jyeshtha Adhika-Vaikasi</b>	Sunrise: 4:25AM Sunset: 7:17PM Moon 4 - Phase 6 Prathama <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 45

Vilamba 5120

Vrischika Rasi: 24.37 Tithi 16 – 17

**Gulika** 9:59AM – 11:51AM  
Yama 6:16AM – 8:08AM  
**Rahu** 11:51AM – 1:43PM

**Jyeshtha\* Until 4:29PM**

Siddha Until 6:53AM

Taitila Until 11:51PM

**Prathama\* Until 10:52AM**

**Ganesha:** Clear

*Sunrise:* 4:24AM

**Muruqa:** White

*Sunset:* 7:18PM

**Nataraja:** Purple

Moon – Orange

**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:29PM

Then Routine Work - Marana Yoga

**1** Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 46

Vilamba 5120

Dhanus Rasi: 6.41 Tithi 17 – 18

**Gulika** 8:07AM – 9:59AM  
Yama 4:24AM – 6:16AM  
**Rahu** 1:43PM – 3:35PM

**Mula\* Until 7:19PM**

Sadhya Until 7:27AM

Vanija Until 2:02AM Fri

**Dvitiya Until 12:53PM**

**Ganesha:** White

*Sunrise:* 4:24AM

**Muruqa:** White

*Sunset:* 7:18PM

**Nataraja:** Purple

Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:29PM

Then Routine Work - Marana Yoga

**2** Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 47

Vilamba 5120

Dhanus Rasi: 18.37 Tithi 18 – 19

**Gulika** 6:15AM – 8:07AM  
Yama 3:35PM – 5:27PM  
**Rahu** 9:59AM – 11:51AM

**Purvashadha\* Until 10:17PM**

Subha Until 8:18AM

Bava Until 4:30AM Sat

**Tritiya Until 3:13PM**

**Ganesha:** Yellow

*Sunrise:* 4:23AM

**Muruqa:** White

*Sunset:* 7:19PM

**Nataraja:** Purple

Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 10:17PM

Then Routine Work - Marana Yoga

**3** Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 48

Vilamba 5120

Makara Rasi: 0.27 Tithi 19 – 20

**Gulika** 4:23AM – 6:15AM  
Yama 1:43PM – 3:36PM  
**Rahu** 8:07AM – 9:59AM

**Uttarashadha Until 1:15AM Sun**

Sukla Until 9:20AM

Kaulava Until 7:06AM Sun

**Chaturthi\* Until 5:47PM**

**Ganesha:** Yellow

*Sunrise:* 4:23AM

**Muruqa:** White

*Sunset:* 7:20PM

**Nataraja:** Purple

Moon – Light Blue

**Jyeshtha Adhika-Vaikasi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 1:15AM Sun

Then Creative Work - Amrita Yoga

**4** Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 4 Sutra 49

Vilamba 5120

Makara Rasi: 12.14 Tithi 20

**Gulika** 3:36PM – 5:28PM  
Yama 11:52AM – 1:44PM  
**Rahu** 5:28PM – 7:20PM

**Shravana Until 4:32AM Mon**

Brahma Until 10:27AM

Kaulava Until 7:06AM

**Panchami Until 8:22PM**

**Ganesha:** Blue

*Sunrise:* 4:23AM

**Muruqa:** White

*Sunset:* 7:20PM

**Nataraja:** Purple

Moon – Purple

**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 4:32AM Mon

Then Creative Work - Siddha Yoga

**5** Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 5 Sutra 50

Vilamba 5120

Makara Rasi: 24.02 Tithi 21

**Gulika** 1:44PM – 3:36PM  
Yama 9:59AM – 11:52AM  
**Rahu** 6:15AM – 8:07AM

**Dhanishtha Until 7:25AM Tue**

Indra Until 11:30AM

Gara Until 9:37AM

**Shashthi\* Until 10:46PM**

**Ganesha:** Blue

*Sunrise:* 4:22AM

**Muruqa:** White

*Sunset:* 7:21PM

**Nataraja:** Purple

Moon – Purple

**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:25AM Tue

Then Routine Work - Marana Yoga

**6** Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Saplamyam Titau

Stamford, CT

Sun 6 Sutra 51

Vilamba 5120

Kumbha Rasi: 5.57 Tithi 22

**Gulika** 11:52AM – 1:44PM  
Yama 8:07AM – 9:59AM  
**Rahu** 3:37PM – 5:29PM

**Dhanishtha Until 7:25AM**

Vaidhriti\* Until 12:17PM

Visti Until 11:51AM

**Saptami Until 12:45AM Wed**

**Ganesha:** Purple

*Sunrise:* 4:22AM

**Muruqa:** White

*Sunset:* 7:22PM

**Nataraja:** White

Moon – Purple

**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:25AM

Then Routine Work - Marana Yoga

**Retreat Star** Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 7 Sutra 52

Vilamba 5120

Kumbha Rasi: 18.02 Tithi 23

**Gulika** 9:59AM – 11:52AM  
Yama 6:14AM – 8:07AM  
**Rahu** 11:52AM – 1:45PM

**Shatabhishak Until 9:39AM**

Vishkambha\* Until 12:41PM

Balava Until 1:33PM

**Ashtami\* Until 2:08AM Thu**

**Ganesha:** Purple

*Sunrise:* 4:22AM

**Muruqa:** White

*Sunset:* 7:23PM

**Nataraja:** White

Moon – Purple

**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 9:39AM

Then Creative Work - Amrita Yoga

**Retreat Star** Thursday, June 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 8 Sutra 53

Vilamba 5120

Meena Rasi: 0.25 Tithi 24

**Gulika** 8:07AM – 9:59AM  
Yama 4:21AM – 6:14AM  
**Rahu** 1:45PM – 3:38PM

**Purvaprosarthapada\* Until 11:33AM**

Priti Until 12:33PM

Taitila Until 2:33PM

**Navami\* Until 2:44AM Fri**

**Ganesha:** Blue

*Sunrise:* 4:21AM

**Muruqa:** White

*Sunset:* 7:23PM

**Nataraja:** White

Moon – Clear

**Jyeshtha Adhika-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
Meena Rasi: 13.08	Tithi 25			<b>Gulika</b> 6:14AM – 8:07AM	<b>Uttaraproshtapada</b> Until 12:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:21AM	Sun 9
		318132361		<b>Yama</b> 3:38PM – 5:31PM	Ayushman Until 11:45AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM	Vilamba 5120
Creative Work	Siddha Yoga			<b>Rahu</b> 10:00AM – 11:52AM	Vanija Until 2:44PM	<b>Nataraja:</b> White		Moon 5 - Phase 8
					<b>Dashami</b> Until 2:29AM Sat	Moon – Clear		2nd Phase
						<b>Bhuloka Day</b>		
						<b>Jyeshtha Adhika-Vaikasi</b>	<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>2</b>		<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
Meena Rasi: 26.16	Tithi 26			<b>Gulika</b> 4:21AM – 6:14AM	<b>Revati</b> Until 12:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:21AM	Sun 10
		318132361		<b>Yama</b> 1:45PM – 3:38PM	Saubhagya Until 10:18AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM	Vilamba 5120
Routine Work	Prabalarishta Yoga			<b>Rahu</b> 8:07AM – 10:00AM	Bava Until 2:04PM	<b>Nataraja:</b> White		Moon 5 - Phase 8
Until 12:29PM					<b>Ekadashi*</b> Until 1:25AM Sun	Moon – Clear		2nd Phase
Then Creative Work - Siddha Yoga						<b>Bhuloka Day</b>		
						<b>Jyeshtha Adhika-Vaikasi</b>	<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>3</b>		<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stamford, CT
Mesha Rasi: 9.52	Tithi 27			<b>Gulika</b> 3:39PM – 5:32PM	<b>Ashvini</b> Until 11:58AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:21AM	Sun 11
		328132361		<b>Yama</b> 11:53AM – 1:46PM	Sobhana Until 8:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Vilamba 5120
Creative Work	Siddha Yoga			<b>Rahu</b> 5:32PM – 7:25PM	Kaulava Until 12:36PM	<b>Nataraja:</b> White		Moon 5 - Phase 8
Until 11:58AM					<b>Dvadashi*</b> Until 11:34PM	Moon – White		2nd Phase
Then Routine Work - Prabalarishta Yoga						<b>Bhuloka Day</b>		
						<b>Jyeshtha Adhika-Vaikasi</b>		

<b>4</b>		<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
Mesha Rasi: 23.55	Tithi 28			<b>Gulika</b> 1:46PM – 3:39PM	<b>Bharani</b> Until 10:35AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:21AM	Sun 12
<b>Family Home Evening</b>		328132361		<b>Yama</b> 10:00AM – 11:53AM	Sukarma Until 2:18AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Vilamba 5120
Creative Work	Siddha Yoga			<b>Rahu</b> 6:14AM – 8:07AM	Gara Until 10:25AM	<b>Nataraja:</b> White		Moon 5 - Phase 8
Until 10:35AM					<b>Trayodashi*</b> Until 9:05PM	Moon – White		2nd Phase
Then Routine Work - Marana Yoga						<b>Bhuloka Day</b>		
					<i>Pradosha Vrata (Fasting)</i>	<b>Jyeshtha Adhika-Vaikasi</b>		

<b>5</b>		<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stamford, CT
Vrishabha Rasi: 8.23	Tithi 29			<b>Gulika</b> 11:53AM – 1:46PM	<b>Krittika</b> Until 8:29AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:20AM	Sun 13
		328132361		<b>Yama</b> 8:07AM – 10:00AM	Dhriti Until 10:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM	Vilamba 5120
Creative Work	Siddha Yoga			<b>Rahu</b> 3:39PM – 5:33PM	Visti Until 7:40AM	<b>Nataraja:</b> White		Moon 5 - Phase 8
Until 8:29AM					<b>Chaturdashi*</b> Until 6:06PM	Moon – White		2nd Phase
Then Creative Work - Amrita Yoga						<b>Bhuloka Day</b>		
						<b>Jyeshtha Adhika-Vaikasi</b>		

		<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
<b>Retreat Star</b>				<b>Gulika</b> 10:00AM – 11:53AM	<b>Rohini</b> Until 6:15AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:20AM	Sun 14
Vrishabha Rasi: 23.1	Tithi 30 – 1			<b>Yama</b> 6:14AM – 8:07AM	Shula* Until 6:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM	Vilamba 5120
		338132361		<b>Rahu</b> 11:53AM – 1:47PM	Kintughna Until 1:03AM Thu	<b>Nataraja:</b> White		Moon 5 - Phase 8
Creative Work	Siddha Yoga				<b>Amavasya*</b> Until 2:47PM	Moon – Yellow		Amavasya
						<b>Bhuloka Day</b>		
						<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Thursdays</b>		<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
<b>Retreat Star</b>				<b>Gulika</b> 8:07AM – 10:00AM	<b>Ardra</b> Until 12:46AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:20AM	Sun 15
Mithuna Rasi: 8.09	Tithi 1 – 2			<b>Yama</b> 4:20AM – 6:14AM	Ganda* Until 2:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:27PM	Vilamba 5120
		339132361		<b>Rahu</b> 1:47PM – 3:40PM	Balava Until 9:31PM	<b>Nataraja:</b> White		Moon 5 - Phase 8
Routine Work	Marana Yoga				<b>Prathama*</b> Until 11:16AM	Moon – Yellow		Prathama
Until 12:46AM Fri						<b>Bhuloka Day</b>		
Then Creative Work - Siddha Yoga						<b>Jyeshtha-Vaikasi</b>	<b>Devaloka Time: 9:AM to 12:PM</b>	

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Stamford, CT Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 23.11	Tithi 2 – 3	<b>Gulika</b> 6:14AM – 8:07AM Yama 3:40PM – 5:34PM <b>Rahu</b> 10:00AM – 11:54AM	<b>Punarvasu</b> Until 10:16PM Vriddhi Until 10:56AM Taitila Until 6:02PM <b>Dvitiya</b> Until 7:44AM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:27PM	Moon 5 - Phase 9 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Creative Work Siddha Yoga Until 10:16PM Then Routine Work - Marana Yoga							
<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturtham Titau		Stamford, CT Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 8.07	Tithi 4	<b>Gulika</b> 4:20AM – 6:14AM Yama 1:47PM – 3:41PM <b>Rahu</b> 8:07AM – 10:01AM	<b>Pushya</b> Until 7:51PM Dhruva Until 7:05AM Vanija Until 2:44PM <b>Chaturthi*</b> Until 1:11AM Sun	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:28PM	Moon 5 - Phase 9 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Creative Work Siddha Yoga Until 7:51PM Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 22.51	Tithi 5	<b>Gulika</b> 3:41PM – 5:34PM Yama 11:54AM – 1:48PM <b>Rahu</b> 5:34PM – 7:28PM	<b>Ashlesha*</b> Until 5:40PM Harshana Until 12:13AM Mon Bava Until 11:46AM <b>Panchami</b> Until 10:26PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Blue <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:28PM	Moon 5 - Phase 9 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Creative Work Siddha Yoga Until 5:40PM Then Routine Work - Marana Yoga		Father's Day					
<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 7.16	Tithi 6	<b>Gulika</b> 1:48PM – 3:41PM Yama 10:01AM – 11:54AM <b>Rahu</b> 6:14AM – 8:07AM	<b>Magha*</b> Until 4:14PM Vajra* Until 9:20PM Kaulava Until 9:15AM <b>Shashthi*</b> Until 8:09PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Red <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:28PM	Moon 5 - Phase 9 3rd Phase <b>Devaloka Day</b>	
Family Home Evening Routine Work Marana Yoga Until 4:14PM Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 21.21	Tithi 7	<b>Gulika</b> 11:55AM – 1:48PM Yama 8:08AM – 10:01AM <b>Rahu</b> 3:42PM – 5:35PM	<b>Purvaphalguni</b> Until 3:12PM Siddhi Until 6:55PM Gara Until 7:15AM <b>Saptami</b> Until 6:27PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Red <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:28PM	Moon 5 - Phase 9 3rd Phase <b>Devaloka Day</b>	
Creative Work Siddha Yoga Until 3:12PM Then Creative Work - Amrita Yoga							
<b>6</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipala*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 5.04	Tithi 8 – 9	<b>Gulika</b> 10:01AM – 11:55AM Yama 6:14AM – 8:08AM <b>Rahu</b> 11:55AM – 1:48PM	<b>Uttaraphalguni</b> Until 2:36PM Vyatipala* Until 5:01PM Balava Until 5:00AM Thu <b>Ashtami*</b> Until 5:19PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Red <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 9 Ashtami <b>Devaloka Day</b>	
Creative Work Amrita Yoga Until 2:36PM Then Routine Work - Marana Yoga		Chidambaram Abhishekam					
<b>7</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stamford, CT Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 18.27	Tithi 9 – 10	<b>Gulika</b> 8:08AM – 10:02AM Yama 4:21AM – 6:15AM <b>Rahu</b> 1:48PM – 3:42PM	<b>Hasta</b> Until 2:54PM Variyan Until 3:33PM Taitila Until 4:45AM Fri <b>Navami*</b> Until 4:47PM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Green <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:29PM	Moon 5 - Phase 9 Navami <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM	
Routine Work Marana Yoga Until 2:54PM Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>		<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Stamford, CT Sun 23 Sutra 69
Tula Rasi: 1.31	Tithi 10 - 11	<b>Gulika</b> 6:15AM - 8:08AM	<b>Chitra</b> Until 3:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:21AM	Vilamba 5120	
		Yama 3:42PM - 5:36PM	Parigha* Until 2:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 10	
361132361		<b>Rahu</b> 10:02AM - 11:55AM	Vanija Until 5:03AM Sat	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:49PM	Moon - Green			<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>			

<b>2</b>		<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Stamford, CT Sun 24 Sutra 69
Tula Rasi: 14.19	Tithi 11 - 12	<b>Gulika</b> 4:22AM - 6:15AM	<b>Svati</b> Until 4:38PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:22AM	Vilamba 5120	
		Yama 1:49PM - 3:42PM	Shiva Until 1:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 10	
361132361		<b>Rahu</b> 8:08AM - 10:02AM	Bava Until 5:50AM Sun	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 5:21PM	Moon - Green			<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>			

<b>3</b>		<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau			Stamford, CT Sun 25 Sutra 70
Tula Rasi: 26.52	Tithi 12	<b>Gulika</b> 3:43PM - 5:36PM	<b>Vishakha</b> Until 6:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:22AM	Vilamba 5120	
		Yama 11:56AM - 1:49PM	Siddha Until 1:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 10	
371142361		<b>Rahu</b> 5:36PM - 7:29PM	Balava Until 6:23PM	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 6:23PM	Moon - Orange			<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>			

<b>4</b>		<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau			Stamford, CT Sun 26 Sutra 71
Vrischika Rasi: 9.14	Tithi 13	<b>Gulika</b> 1:49PM - 3:43PM	<b>Anuradha</b> Until 8:33PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:22AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:02AM - 11:56AM	Sadhya Until 1:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 10	
371142361		<b>Rahu</b> 6:16AM - 8:09AM	Kaulava Until 7:05AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:50PM	Moon - Orange			<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau			Stamford, CT Sun 27 Sutra 72
Vrischika Rasi: 21.26	Tithi 14	<b>Gulika</b> 11:56AM - 1:49PM	<b>Jyeshtha*</b> Until 10:51PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:22AM	Vilamba 5120	
		Yama 8:09AM - 10:03AM	Subha Until 2:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 10	
371142361		<b>Rahu</b> 3:43PM - 5:36PM	Gara Until 8:44AM	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 9:40PM	Moon - Orange			<b>Devaloka Day</b>
Until 10:51PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

		<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau			Stamford, CT Sutra 73
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:03AM - 11:56AM	<b>Mula*</b> Until 1:48AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:23AM	Vilamba 5120	
Dhanus Rasi: 3.29	Tithi 15	Yama 6:16AM - 8:10AM	Sukla Until 3:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 10	
381142361		<b>Rahu</b> 11:56AM - 1:50PM	Visti Until 10:45AM	<b>Nataraja:</b> White		Purnima	
Routine Work	Marana Yoga		<b>Purnima*</b> Until 11:51PM	Moon - Light Blue			<b>Bhuloka Day</b>
Until 1:48AM Thu				<b>Jyeshtha-Ani</b>			Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga							

<b>Thursday, June 28, 2018</b>		<b>Silver Retreat Star</b>			Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau			Stamford, CT Sutra 74
Dhanus Rasi: 15.24	Tithi 16	<b>Gulika</b> 8:10AM - 10:03AM	<b>Purvashadha*</b> Until 4:49AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:23AM	Vilamba 5120		
		Yama 4:23AM - 6:17AM	Brahma Until 3:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 10		
381142361		<b>Rahu</b> 1:50PM - 3:43PM	Balava Until 1:03PM	<b>Nataraja:</b> White		Prathama		
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:16AM Fri	Moon - Light Blue			<b>Bhuloka Day</b>	
Until 4:49AM Fri				<b>Jyeshtha-Ani</b>			Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga								





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT  
Sun 1  
Sutra 75  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Dhanus Rasi: 27.14 Tithi 17

381142361

**Gulika** 6:17AM – 8:10AM  
Yama 3:43PM – 5:36PM  
**Rahu** 10:03AM – 11:57AM

**Uttarashadha Until 7:47AM Sat**  
Indra Until 5:02PM  
Taitila Until 3:34PM  
**Dvitiya Until 4:51AM Sat**

**Ganesha:** Blue *Sunrise:* 4:24AM  
**Muruqa:** Clear *Sunset:* 7:30PM  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 7:47AM Sat  
Then Creative Work - Siddha Yoga

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manla Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Vanija Karana Tritiyayam Titau

Stamford, CT  
Sun 2  
Sutra 76  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Makara Rasi: 9.02 Tithi 18

381242361

**Gulika** 4:24AM – 6:17AM  
Yama 1:50PM – 3:43PM  
**Rahu** 8:10AM – 10:04AM

**Uttarashadha Until 7:47AM**  
Vaidhriti\* Until 6:09PM  
Vanija Until 6:10PM  
**Tritiya Until 7:26AM Sun**

**Ganesha:** Blue *Sunrise:* 4:24AM  
**Muruqa:** Clear *Sunset:* 7:30PM  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 7:47AM  
Then Creative Work - Siddha Yoga

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT  
Sun 3  
Sutra 77  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Makara Rasi: 20.49 Tithi 18 – 19

391242361

**Gulika** 3:43PM – 5:36PM  
Yama 11:57AM – 1:50PM  
**Rahu** 5:36PM – 7:29PM

**Shravana Until 11:06AM**  
Vishkambha\* Until 7:14PM  
Bava Until 8:43PM  
**Tritiya Until 7:26AM**

**Ganesha:** Red *Sunrise:* 4:25AM  
**Muruqa:** Clear *Sunset:* 7:29PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 11:06AM  
Then Routine Work - Marana Yoga

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT  
Sun 4  
Sutra 78  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Kumbha Rasi: 2.39 Tithi 19 – 20

392242361

**Gulika** 1:50PM – 3:43PM  
Yama 10:04AM – 11:57AM  
**Rahu** 6:18AM – 8:11AM

**Dhanishtha Until 2:05PM**  
Prili Until 8:10PM  
Kaulava Until 11:01PM  
**Chaturthi\* Until 9:53AM**

**Ganesha:** Yellow *Sunrise:* 4:25AM  
**Muruqa:** Clear *Sunset:* 7:29PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Family Home Evening  
Creative Work Siddha Yoga

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT  
Sun 5  
Sutra 79  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Kumbha Rasi: 14.35 Tithi 20 – 21

392242361

**Gulika** 11:57AM – 1:50PM  
Yama 8:12AM – 10:04AM  
**Rahu** 3:43PM – 5:36PM

**Shatabhishak Until 4:34PM**  
Ayushman Until 8:46PM  
Gara Until 12:55AM Wed  
**Panchami Until 12:00PM**

**Ganesha:** Yellow *Sunrise:* 4:26AM  
**Muruqa:** Clear *Sunset:* 7:29PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Stamford, CT  
Sun 6  
Sutra 80  
Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Kumbha Rasi: 26.43 Tithi 21 – 22

312242361

**Gulika** 10:05AM – 11:58AM  
Yama 6:19AM – 8:12AM  
**Rahu** 11:58AM – 1:50PM

**Purvaproshtapada\* Until 6:53PM**  
Saubhagya Until 8:58PM  
Visti Until 2:15AM Thu  
**Shashthi\* Until 1:38PM**

**Ganesha:** Orange *Sunrise:* 4:26AM  
**Muruqa:** Clear *Sunset:* 7:29PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga  
Until 6:53PM  
Then Creative Work - Siddha Yoga

**D**

**Thursday, July 5, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Stamford, CT  
Sun 7  
Sutra 81  
Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Meena Rasi: 9.05 Tithi 22 – 23

312242361

**Gulika** 8:12AM – 10:05AM  
Yama 4:27AM – 6:20AM  
**Rahu** 1:50PM – 3:43PM

**Uttaraproshtapada Until 8:23PM**  
Sobhana Until 8:39PM  
Balava Until 2:53AM Fri  
**Saptami Until 2:38PM**

**Ganesha:** Orange *Sunrise:* 4:27AM  
**Muruqa:** Clear *Sunset:* 7:29PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Siddha Yoga

**Friday, July 6, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT  
Sun 8  
Sutra 82  
Vilamba 5120  
Moon 6 - Phase 11  
Navami

Meena Rasi: 21.47 Tithi 23 – 24

412242361

**Gulika** 6:20AM – 8:13AM  
Yama 3:43PM – 5:36PM  
**Rahu** 10:05AM – 11:58AM

**Revati Until 8:59PM**  
Athiganda\* Until 7:43PM  
Taitila Until 2:44AM Sat  
**Ashtami\* Until 2:54PM**

**Ganesha:** Green *Sunrise:* 4:27AM  
**Muruqa:** Clear *Sunset:* 7:28PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 8:59PM  
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT Sun 9 Sutra 83 Vilamba 5120	
Mesha Rasi: 4.52	Tithi 24 – 25	<b>Gulika</b> 4:28AM – 6:21AM	<b>Ashvini</b> Until 9:07PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:28AM		
		Yama 1:51PM – 3:43PM	Sukarma Until 6:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
422242361	<b>Rahu</b> 8:13AM – 10:06AM		Vanija Until 1:48AM Sun	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:21PM	Moon – White		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>2</b>		<b>Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 10 Sutra 84 Vilamba 5120	
Mesha Rasi: 18.23	Tithi 25 – 26	<b>Gulika</b> 3:43PM – 5:35PM	<b>Bharani</b> Until 8:18PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:29AM		
		Yama 11:58AM – 1:51PM	Dhriti Until 3:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
422242361	<b>Rahu</b> 5:35PM – 7:28PM		Bava Until 12:05AM Mon	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 1:01PM	Moon – White		<b>Devaloka Day</b>	
Until 8:18PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 11 Sutra 85 Vilamba 5120	
Vrishabha Rasi: 2.21	Tithi 26 – 27	<b>Gulika</b> 1:51PM – 3:43PM	<b>Krittika</b> Until 6:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:29AM		
<b>Family Home Evening</b>		Yama 10:06AM – 11:58AM	Shula* Until 1:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
422242361	<b>Rahu</b> 6:22AM – 8:14AM		Kaulava Until 9:41PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 10:57AM	Moon – White		<b>Devaloka Day</b>	
Until 6:40PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 12 Sutra 86 Vilamba 5120	
Vrishabha Rasi: 16.46	Tithi 27 – 28	<b>Gulika</b> 11:58AM – 1:51PM	<b>Rohini</b> Until 4:44PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:30AM		
		Yama 8:14AM – 10:06AM	Ganda* Until 9:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 12	
422242361	<b>Rahu</b> 3:43PM – 5:35PM		Gara Until 6:44PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 8:15AM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 4:44PM				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 13 Sutra 87 Vilamba 5120	
Mithuna Rasi: 1.32	Tithi 29	<b>Gulika</b> 10:07AM – 11:59AM	<b>Mrigashira</b> Until 2:12PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:31AM		
		Yama 6:23AM – 8:15AM	Vriddhi Until 6:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12	
422242361	<b>Rahu</b> 11:59AM – 1:51PM		Visti Until 3:22PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:33AM Thu	Moon – Yellow		<b>Bhuloka Day</b>	
Until 4:44PM				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 14 Sutra 88 Vilamba 5120	
Mithuna Rasi: 16.34	Tithi 30	<b>Gulika</b> 8:15AM – 10:07AM	<b>Ardra</b> Until 11:17AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:31AM		
		Yama 4:31AM – 6:23AM	Vyaghata* Until 10:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12	
422242361	<b>Rahu</b> 1:51PM – 3:42PM		Catuspada Until 11:43AM	<b>Nataraja:</b> White		Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 9:50PM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 11:17AM				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 15 Sutra 89 Vilamba 5120	
Kataka Rasi: 1.44	Tithi 1	<b>Gulika</b> 6:24AM – 8:16AM	<b>Punarvasu</b> Until 8:30AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:32AM		
		Yama 3:42PM – 5:34PM	Harshana Until 5:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 12	
422242361	<b>Rahu</b> 10:07AM – 11:59AM		Kintughna Until 7:58AM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:05PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:30AM		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 16 Sutra 90 Vilamba 5120	
Kataka Rasi: 16.53	Tithi 2 - 3	<b>Gulika</b> 4:33AM - 6:24AM	<b>Ashlesha* Until 2:51AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:33AM		
		Yama 1:50PM - 3:42PM	Vajra* Until 1:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13	
Routine Work	Marana Yoga	442242361 <b>Rahu</b> 8:16AM - 10:07AM	Taitila Until 12:46AM Sun	<b>Nataraja:</b> White		3rd Phase	
			<b>Dvitiya Until 2:28PM</b>	Moon - Blue		<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Stamford, CT Sun 17 Sutra 91 Vilamba 5120	
Simha Rasi: 1.51	Tithi 3 - 4	<b>Gulika</b> 3:42PM - 5:33PM	<b>Magha* Until 12:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:34AM		
		Yama 11:59AM - 1:50PM	Siddhi Until 10:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 13	
Routine Work	Marana Yoga	452242361 <b>Rahu</b> 5:33PM - 7:24PM	Vanija Until 9:37PM	<b>Nataraja:</b> White		3rd Phase	
Until 12:43AM Mon			<b>Tritiya Until 11:07AM</b>	Moon - Red		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 18 Sutra 92 Vilamba 5120	
Simha Rasi: 16.31	Tithi 4 - 5	<b>Gulika</b> 1:50PM - 3:41PM	<b>Purvaphalguni Until 10:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:35AM		
<b>Family Home Evening</b>		Yama 10:08AM - 11:59AM	Vyatipata* Until 6:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 13	
Creative Work	Siddha Yoga	453242361 <b>Rahu</b> 6:26AM - 8:17AM	Bava Until 6:57PM	<b>Nataraja:</b> White		3rd Phase	
			<b>Chaturthi* Until 8:12AM</b>	Moon - Red		<b>Bhuloka Day</b>	
				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT Sun 19 Sutra 93 Vilamba 5120	
Kanya Rasi: 0.49	Tithi 6	<b>Gulika</b> 11:59AM - 1:50PM	<b>Uttaraphalguni Until 9:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:35AM		
		Yama 8:17AM - 10:08AM	Parigha* Until 1:01AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 13	
Creative Work	Amrita Yoga	453242362 <b>Rahu</b> 3:41PM - 5:32PM	Kaulava Until 4:53PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 9:39PM			<b>Shashthi* Until 4:06AM Wed</b>	Moon - Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>			

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 94 Vilamba 5120	
Kanya Rasi: 14.41	Tithi 7	<b>Gulika</b> 10:08AM - 11:59AM	<b>Hasta Until 9:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:36AM		
		Yama 6:27AM - 8:18AM	Shiva Until 11:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 13	
Routine Work	Marana Yoga	463242362 <b>Rahu</b> 11:59AM - 1:50PM	Gara Until 3:31PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 9:20PM			<b>Saptami Until 3:05AM Thu</b>	Moon - Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 95 Vilamba 5120	
Kanya Rasi: 28.07	Tithi 8	<b>Gulika</b> 8:18AM - 10:09AM	<b>Chitra Until 9:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:37AM		
		Yama 4:37AM - 6:28AM	Siddha Until 9:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 13	
Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 1:50PM - 3:41PM	Visti Until 2:52PM	<b>Nataraja:</b> Clear		Ashtami	
Until 9:37PM			<b>Ashtami* Until 2:48AM Fri</b>	Moon - Green		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 96 Vilamba 5120	
Tula Rasi: 11.1	Tithi 9	<b>Gulika</b> 6:28AM - 8:19AM	<b>Svati Until 10:26PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM		
		Yama 3:40PM - 5:31PM	Sadhya Until 8:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13	
Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 10:09AM - 11:59AM	Balava Until 2:57PM	<b>Nataraja:</b> Clear		Navami	
			<b>Navami* Until 3:13AM Sat</b>	Moon - Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>		<b>Saturday, July 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Stamford, CT Sun 23 Sutra 97 Vilamba 5120	
Tula Rasi: 23.53	Tithi 10	<b>Gulika</b> 4:39AM – 6:29AM	<b>Vishakha</b> Until 12:12AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:39AM				
		Yama 1:50PM – 3:40PM	Subha Until 8:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 14			
		473242362 <b>Rahu</b> 8:19AM – 10:09AM	Taitila Until 3:42PM	<b>Nataraja:</b> Clear		4th Phase			
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:17AM Sun	Moon – Orange		<b>Devaloka Day</b>			
Until 12:12AM Sun				<b>Ashada*Adi</b>					
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Sunday, July 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Stamford, CT Sun 24 Sutra 98 Vilamba 5120	
Vrischika Rasi: 6.18	Tithi 11	<b>Gulika</b> 3:39PM – 5:29PM	<b>Anuradha</b> Until 2:20AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:40AM				
		Yama 11:59AM – 1:49PM	Sukla Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 14			
		473242362 <b>Rahu</b> 5:29PM – 7:19PM	Vanija Until 5:02PM	<b>Nataraja:</b> Clear		4th Phase			
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 5:52AM Mon	Moon – Orange		<b>Devaloka Day</b>			
Until 2:20AM Mon				<b>Ashada*Adi</b>					
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Monday, July 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau		Stamford, CT Sun 25 Sutra 99 Vilamba 5120	
Vrischika Rasi: 18.3	Tithi 12	<b>Gulika</b> 1:49PM – 3:39PM	<b>Jyeshtha*</b> Until 4:45AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:40AM				
<b>Family Home Evening</b>		Yama 10:10AM – 12:00PM	Brahma Until 9:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 14			
		473242362 <b>Rahu</b> 6:30AM – 8:20AM	Bava Until 6:52PM	<b>Nataraja:</b> Clear		4th Phase			
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 7:54AM Tue	Moon – Orange		<b>Devaloka Day</b>			
Until 4:45AM Tue				<b>Ashada*Adi</b>					
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Tuesday, July 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 26 Sutra 100 Vilamba 5120	
Dhanus Rasi: 0.32	Tithi 12 – 13	<b>Gulika</b> 12:00PM – 1:49PM	<b>Mula*</b> Until 7:48AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:41AM				
		Yama 8:20AM – 10:10AM	Indra Until 10:16PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 14			
		483242362 <b>Rahu</b> 3:39PM – 5:28PM	Kaulava Until 9:03PM	<b>Nataraja:</b> Clear		4th Phase			
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 7:54AM	Moon – Light Blue		<b>Sivaloka Day</b>			
				<b>Ashada*Adi</b>					
				<i>Pradosha Vrata</i>					

<b>5</b>		<b>Wednesday, July 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 101 Vilamba 5120	
Dhanus Rasi: 12.26	Tithi 13 – 14	<b>Gulika</b> 10:10AM – 12:00PM	<b>Mula*</b> Until 7:48AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:42AM				
		Yama 6:32AM – 8:21AM	Vaidhriti* Until 11:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 14			
		483342362 <b>Rahu</b> 12:00PM – 1:49PM	Gara Until 11:30PM	<b>Nataraja:</b> Clear		4th Phase			
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 10:14AM	Moon – Light Blue		<b>Sivaloka Day</b>			
Until 7:48AM				<b>Ashada*Adi</b>					
Then Creative Work - Amrita Yoga									

<b>○</b>		<b>Thursday, July 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stamford, CT Sutra 102 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:21AM – 10:10AM	<b>Purvashadha*</b> Until 10:53AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:43AM				
Dhanus Rasi: 24.16	Tithi 14 – 15	Yama 4:43AM – 6:32AM	Vishkambha* Until 12:21AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 6 - Phase 14			
		483342362 <b>Rahu</b> 1:49PM – 3:38PM	Visti Until 2:05AM Fri	<b>Nataraja:</b> Clear		Purnima			
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:46PM	Moon – Light Blue		<b>Sivaloka Day</b>			
Until 10:53AM				<b>Ashada*Adi</b>					
Then Routine Work - Marana Yoga									

<b>○</b>		<b>Friday, July 27, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stamford, CT Sutra 103 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:33AM – 8:22AM	<b>Uttarashadha</b> Until 1:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM				
Makara Rasi: 6.02	Tithi 15 – 16	Yama 3:37PM – 5:26PM	Priti Until 1:29AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 14			
		483342362 <b>Rahu</b> 10:11AM – 12:00PM	Balava Until 4:39AM Sat	<b>Nataraja:</b> Clear		Prathama			
Routine Work	Marana Yoga		<b>Purnima*</b> Until 3:21PM	Moon – Light Blue		<b>Sivaloka Day</b>			
				<b>Ashada*Adi</b>					
				<b>Total Lunar Eclipse</b>					

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Saturday, July 28, 2018**  
**Gold Retreat Star**

Makara Rasi: 17.5    Tilthi 16 - 17  
493342362

**Gulika** 4:45AM - 6:34AM  
**Yama** 1:48PM - 3:37PM  
**Rahu** 8:22AM - 10:11AM

Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Shravana Until 5:08PM**  
Ayushman Until 2:29AM Sun  
Taitila Until 7:06AM Sun  
Prathama\* Until 5:53PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:45AM  
**Sunset:** 7:14PM

Stamford, CT  
Sutra 104  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**1**

**Sunday, July 29, 2018**

Makara Rasi: 29.41    Tilthi 17  
493342362

**Gulika** 3:36PM - 5:25PM  
**Yama** 11:59AM - 1:48PM  
**Rahu** 5:25PM - 7:13PM

Routine Work    Marana Yoga  
Until 8:03PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

**Dhanishtha Until 8:03PM**  
Saubhagya Until 3:20AM Mon  
Taitila Until 7:06AM  
Dvitiya Until 8:14PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:46AM  
**Sunset:** 7:13PM

Stamford, CT  
Sun 1    Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**2**

**Monday, July 30, 2018**

Kumbha Rasi: 11.37    Tilthi 18  
494342362

**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 10:32PM  
Then Routine Work - Marana Yoga

**Gulika** 1:48PM - 3:36PM  
**Yama** 10:11AM - 11:59AM  
**Rahu** 6:35AM - 8:23AM

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti\* Karana Tritiyayam Titau

**Shatabhishak Until 10:32PM**  
Sobhana Until 3:58AM Tue  
Vanija Until 9:19AM  
Tritiya Until 10:17PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:47AM  
**Sunset:** 7:12PM

Stamford, CT  
Sun 2    Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**3**

**Tuesday, July 31, 2018**

Kumbha Rasi: 23.41    Tilthi 19  
414342362

Routine Work    Marana Yoga  
Until 12:57AM Wed  
Then Creative Work - Siddha Yoga

**Gulika** 11:59AM - 1:47PM  
**Yama** 8:24AM - 10:12AM  
**Rahu** 3:35PM - 5:23PM

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

**Purvaproshtapada\* Until 12:57AM We**  
Athiganda\* Until 4:14AM Wed  
Bava Until 11:11AM  
Chaturthi\* Until 11:56PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 4:48AM  
**Sunset:** 7:11PM

Stamford, CT  
Sun 3    Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**4**

**Wednesday, August 1, 2018**

Meena Rasi: 5.55    Tilthi 20  
414342362

Creative Work    Siddha Yoga

**Gulika** 10:12AM - 11:59AM  
**Yama** 6:36AM - 8:24AM  
**Rahu** 11:59AM - 1:47PM

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Uttaraproshtapada Until 2:43AM Thu**  
Sukarma Until 4:07AM Thu  
Kaulava Until 12:36PM  
Panchami Until 1:06AM Thu

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 4:49AM  
**Sunset:** 7:10PM

Stamford, CT  
Sun 4    Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**5**

**Thursday, August 2, 2018**

Meena Rasi: 18.22    Tilthi 21  
414342362

Creative Work    Siddha Yoga  
Until 3:46AM Fri  
Then Creative Work - Amrita Yoga

**Gulika** 8:25AM - 10:12AM  
**Yama** 4:50AM - 6:37AM  
**Rahu** 1:47PM - 3:34PM

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

**Revati Until 3:46AM Fri**  
Dhriti Until 3:34AM Fri  
Gara Until 1:29PM  
Shashthi\* Until 1:41AM Fri

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 4:50AM  
**Sunset:** 7:09PM

Stamford, CT  
Sun 5    Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**6**

**Friday, August 3, 2018**

Mesha Rasi: 1.06    Tilthi 22  
424342362

Creative Work    Amrita Yoga  
Until 4:30AM Sat  
Then Creative Work - Siddha Yoga

**Gulika** 6:38AM - 8:25AM  
**Yama** 3:33PM - 5:20PM  
**Rahu** 10:12AM - 11:59AM

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Vistil\*/Bava Karana Saptamyam Titau

**Ashvini Until 4:30AM Sat**  
Shula\* Until 2:28AM Sat  
Vistil Until 1:45PM  
Saptami Until 1:37AM Sat

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - White  
**Ashada-Adi**

**Sunrise:** 4:51AM  
**Sunset:** 7:08PM

Stamford, CT  
Sun 6    Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

**Sivaloka Day**

**Retreat Star**

**Saturday, August 4, 2018**

Mesha Rasi: 14.09    Tilthi 23  
424342362

Creative Work    Siddha Yoga

**Gulika** 4:52AM - 6:39AM  
**Yama** 1:46PM - 3:33PM  
**Rahu** 8:25AM - 10:12AM

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Bharani Until 4:24AM Sun**  
Ganda\* Until 12:50AM Sun  
Balava Until 1:21PM  
Ashtami\* Until 12:53AM Sun

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - White  
**Ashada-Adi**

**Sunrise:** 4:52AM  
**Sunset:** 7:06PM

Stamford, CT  
Sun 7    Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

**Sivaloka Day**

**Sunday, August 5, 2018**

**Retreat Star**

Mesha Rasi: 27.34    Tilthi 24  
424342362

Creative Work    Siddha Yoga  
Until 3:29AM Mon  
Then Creative Work - Amrita Yoga

**Gulika** 3:32PM - 5:19PM  
**Yama** 11:59AM - 1:46PM  
**Rahu** 5:19PM - 7:05PM

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

**Krittika Until 3:29AM Mon**  
Vriddhi Until 10:41PM  
Taitila Until 12:16PM  
Navami\* Until 11:28PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon - White  
**Ashada-Adi**

**Sunrise:** 4:53AM  
**Sunset:** 7:05PM

Stamford, CT  
Sun 8    Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>	<b>Monday, August 6, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Stamford, CT Sun 9 Sutra 113 Vilamba 5120
	Vrishabha Rasi: 11.22    Tithi 25 <b>Family Home Evening</b> Creative Work    Amrita Yoga Until 2:13AM Tue Then Creative Work - Siddha Yoga	434342362	<b>Gulika</b> 1:45PM – 3:31PM <b>Yama</b> 10:13AM – 11:59AM <b>Rahu</b> 6:40AM – 8:26AM

<b>Rohini</b> Until 2:13AM Tue Dhruva Until 7:57PM Vanija Until 10:31AM Dashami Until 9:24PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:54AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:04PM <b>Nataraja:</b> Clear Moon – Yellow	Devaloka Day
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<b>2</b>	<b>Tuesday, August 7, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Ekadashyam Titau	Stamford, CT Sun 10 Sutra 114 Vilamba 5120
	Vrishabha Rasi: 25.35    Tithi 26  Creative Work    Siddha Yoga	434342362	<b>Gulika</b> 11:59AM – 1:45PM <b>Yama</b> 8:27AM – 10:13AM <b>Rahu</b> 3:31PM – 5:17PM

<b>Mrigashira</b> Until 12:16AM Wed Vyaghata* Until 4:47PM Bava Until 8:10AM Ekadashi* Until 6:46PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:55AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:03PM <b>Nataraja:</b> Clear Moon – Yellow	Devaloka Day
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<b>3</b>	<b>Wednesday, August 8, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Stamford, CT Sun 11 Sutra 115 Vilamba 5120
	Mithuna Rasi: 10.1    Tithi 27 – 28  Creative Work    Siddha Yoga	434342362	<b>Gulika</b> 10:13AM – 11:59AM <b>Yama</b> 6:41AM – 8:27AM <b>Rahu</b> 11:59AM – 1:44PM

<b>Ardra</b> Until 9:45PM Harshana Until 1:13PM Gara Until 2:00AM Thu Dvadashi* Until 3:40PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:56AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Clear Moon – Yellow	Devaloka Day
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*Pradosha Vrata (Fasting)*

<b>4</b>	<b>Thursday, August 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Stamford, CT Sun 12 Sutra 116 Vilamba 5120
	Mithuna Rasi: 25.03    Tithi 28 – 29  Creative Work    Amrita Yoga	444342362	<b>Gulika</b> 8:28AM – 10:13AM <b>Yama</b> 4:57AM – 6:42AM <b>Rahu</b> 1:44PM – 3:29PM

<b>Punarvasu</b> Until 7:12PM Vajra* Until 9:21AM Visti Until 10:28PM Trayodashi* Until 12:14PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:57AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:00PM <b>Nataraja:</b> Clear Moon – Blue	Devaloka Day
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	<b>Friday, August 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyalipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Stamford, CT Sun 13 Sutra 117 Vilamba 5120
	<b>Retreat Star</b> Kataka Rasi: 10.07    Tithi 29 – 30  Routine Work    Marana Yoga	444342362	<b>Gulika</b> 6:43AM – 8:28AM <b>Yama</b> 3:29PM – 5:14PM <b>Rahu</b> 10:13AM – 11:58AM

<b>Pushya</b> Until 4:22PM Vyatipata* Until 1:12AM Sat Catuspada Until 6:48PM Chaturdashi* Until 8:37AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:59PM <b>Nataraja:</b> Clear Moon – Blue	Devaloka Day
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<b>Retreat Star</b>	<b>Saturday, August 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau	Stamford, CT Sun 14 Sutra 118 Vilamba 5120
	Kataka Rasi: 25.14    Tithi 1  Routine Work    Marana Yoga Until 1:25PM Then Creative Work - Amrita Yoga	445342362	<b>Gulika</b> 4:59AM – 6:44AM <b>Yama</b> 1:43PM – 3:28PM <b>Rahu</b> 8:28AM – 10:13AM

<b>Ashlesha*</b> Until 1:25PM Variyan Until 9:10PM Kintughna Until 3:10PM Prathama* Until 1:24AM Sun	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:58PM <b>Nataraja:</b> Clear Moon – Blue	Sivaloka Day
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**Partial Solar Eclipse**

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.16	Tithi 2	<b>Gulika</b> 3:27PM – 5:12PM	<b>Magha* Until 10:56AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:00AM	
		Yama 11:58AM – 1:43PM	Parigha* Until 5:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 5:12PM – 6:56PM	Balava Until 11:44AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 10:07PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 10:56AM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trityayam Titau				Stamford, CT Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.03	Tithi 3	<b>Gulika</b> 1:42PM – 3:26PM	<b>Purvaphalguni Until 8:38AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM	
<b>Family Home Evening</b>		Yama 10:14AM – 11:58AM	Shiva Until 1:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 6:45AM – 8:29AM	Taitila Until 8:39AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 7:16PM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 9.29	Tithi 4 – 5	<b>Gulika</b> 11:58AM – 1:42PM	<b>Uttaraphalguni Until 6:42AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	
		Yama 8:30AM – 10:14AM	Siddha Until 10:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 3:26PM – 5:10PM	Vanija Until 6:03AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 4:58PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 6:42AM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 23.3	Tithi 5 – 6	<b>Gulika</b> 10:14AM – 11:57AM	<b>Chitra Until 5:17AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM	
		Yama 6:46AM – 8:30AM	Sadhya Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 11:57AM – 1:41PM	Kaulava Until 2:52AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 3:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 5:17AM Thu		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.04	Tithi 6 – 7	<b>Gulika</b> 8:30AM – 10:14AM	<b>Svati Until 5:30AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:04AM	
		Yama 5:04AM – 6:47AM	Subha Until 6:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 1:41PM – 3:24PM	Gara Until 2:26AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 2:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 5:30AM Fri				<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Stamford, CT Sun 20 Sutra 124 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:48AM – 8:31AM	<b>Vishakha Until 6:49AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:05AM	
Tula Rasi: 20.1	Tithi 7 – 8	Yama 3:23PM – 5:06PM	Brahma Until 4:21AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 10:14AM – 11:57AM	Visiti Until 2:50AM Sat	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 2:31PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT Sun 21 Sutra 125 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:06AM – 6:48AM	<b>Vishakha Until 6:49AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:06AM	
Vrischika Rasi: 2.53	Tithi 8 – 9	Yama 1:40PM – 3:22PM	Indra Until 4:18AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 8:31AM – 10:14AM	Balava Until 3:58AM Sun	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>		<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stamford, CT Sun 22 Sutra 126 Vilamba 5120
Wrischika Rasi: 15.17	Tithi 9 – 10	<b>Gulika</b> 3:22PM – 5:04PM	<b>Anuradha Until 8:42AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	
		Yama 11:57AM – 1:39PM	Vaidhriti* Until 4:42AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 5:04PM – 6:46PM	Taitila Until 5:44AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami* Until 4:45PM</b>	Moon – Orange		<b>Sivaloka Day</b>

<b>2</b>		<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara Karana Dashamyam Titau		Stamford, CT Sun 23 Sutra 127 Vilamba 5120
Wrischika Rasi: 27.25	Tithi 10	<b>Gulika</b> 1:39PM – 3:21PM	<b>Jyeshtha* Until 11:00AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:08AM	
<b>Family Home Evening</b>		Yama 10:14AM – 11:56AM	Vishkambha* Until 5:29AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b> 6:50AM – 8:32AM	Gara Until 6:47PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 6:47PM</b>	Moon – Orange		<b>Sivaloka Day</b>

<b>3</b>		<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Stamford, CT Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 9.21	Tithi 11	<b>Gulika</b> 11:56AM – 1:38PM	<b>Mula* Until 2:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:09AM	
		Yama 8:32AM – 10:14AM	Priti Until 6:31AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b> 3:20PM – 5:02PM	Vanija Until 7:58AM	<b>Nataraja:</b> Clear		4th Phase
Until 2:02PM			<b>Ekadashi Until 9:11PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana*Avani</b>		

<b>4</b>		<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Stamford, CT Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 21.11	Tithi 12	<b>Gulika</b> 10:14AM – 11:56AM	<b>Purvashadha* Until 5:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:10AM	
		Yama 6:51AM – 8:33AM	Priti Until 6:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b> 11:56AM – 1:37PM	Bava Until 10:29AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 11:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Sravana*Avani</b>		

<b>5</b>		<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stamford, CT Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 2.58	Tithi 13	<b>Gulika</b> 8:33AM – 10:14AM	<b>Uttarashadha Until 8:07PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:11AM	
		Yama 5:11AM – 6:52AM	Ayushman Until 7:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 1:37PM – 3:18PM	Kaulava Until 1:06PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:07PM			<b>Trayodashi Until 2:22AM Fri</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana*Avani</b>		

<b>6</b>		<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 14.46	Tithi 14	<b>Gulika</b> 6:53AM – 8:33AM	<b>Shravana Until 11:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:12AM	
		Yama 3:17PM – 4:58PM	Saubhagya Until 8:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 10:14AM – 11:55AM	Gara Until 3:38PM	<b>Nataraja:</b> Clear		4th Phase
Until 11:19PM			<b>Chaturdashi* Until 4:49AM Sat</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Sravana*Avani</b>		

<b>○</b>		<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau		Stamford, CT Sutra 132 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 5:13AM – 6:53AM	<b>Dhanishtha Until 2:07AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM	
Makara Rasi: 26.38	Tithi 15	Yama 1:36PM – 3:16PM	Sobhana Until 9:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b> 8:34AM – 10:14AM	Visti Until 5:58PM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima* Until 6:59AM Sun</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Avani Avittam</b>		<b>Sravana*Avani</b>		

<b>○</b>		<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stamford, CT Sutra 133 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:15PM – 4:56PM	<b>Shatabhishak Until 4:25AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	
Kumbha Rasi: 9	Tithi 15 – 16	Yama 11:55AM – 1:35PM	Athiganda* Until 10:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b> 4:56PM – 6:36PM	Balava Until 7:58PM	<b>Nataraja:</b> Clear		Prathama
Until 4:25AM Mon			<b>Purnima* Until 6:59AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Sravana*Avani</b>		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Kumbha Rasi: 20.43 Tithi 16 - 17

Family Home Evening

517452363

Gulika

1:34PM - 3:14PM

Yama

10:15AM - 11:54AM

Rahu

6:55AM - 8:35AM

Purvaprosarthapada\* Until 6:39AM Tue

Sukarma Until 10:43AM

Taitila Until 9:35PM

Prathama\* Until 8:48AM

Ganesha: White

Muruqa: Clear

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:15AM

Sunset: 6:34PM

Sivaloka Day

Until 6:39AM Tue

Then Creative Work - Amrita Yoga

Tuesday, August 28, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 2.59 Tithi 17 - 18

Routine Work Marana Yoga

Until 6:39AM

Then Creative Work - Amrita Yoga

517452363

Gulika

11:54AM - 1:34PM

Yama

8:35AM - 10:15AM

Rahu

3:13PM - 4:53PM

Purvaprosarthapada\* Until 6:39AM

Dhriti Until 10:50AM

Vanija Until 10:46PM

Dvitiya Until 10:12AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:16AM

Sunset: 6:33PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, August 29, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprosarthapada\*/Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 15.27 Tithi 18 - 19

Creative Work Siddha Yoga

Until 8:18AM

Then Routine Work - Marana Yoga

517452363

Gulika

10:15AM - 11:54AM

Yama

6:56AM - 8:35AM

Rahu

11:54AM - 1:33PM

Uttaraprosarthapada Until 8:18AM

Shula\* Until 10:34AM

Bava Until 11:30PM

Tritiya Until 11:10AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:17AM

Sunset: 6:31PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, August 30, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Meena Rasi: 28.07 Tithi 19 - 20

Creative Work Siddha Yoga

Until 9:21AM

Then Creative Work - Amrita Yoga

517452363

Gulika

8:36AM - 10:15AM

Yama

5:18AM - 6:57AM

Rahu

1:33PM - 3:12PM

Revati Until 9:21AM

Ganda\* Until 9:58AM

Kaulava Until 11:47PM

Chaturthi\* Until 11:41AM

Ganesha: Clear

Muruqa: Purple

Nataraja: Purple

Moon - Clear

Sravana-Avani

Sunrise: 5:18AM

Sunset: 6:30PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, August 31, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 11.01 Tithi 20 - 21

Creative Work Amrita Yoga

Until 10:16AM

Then Creative Work - Siddha Yoga

527452363

Gulika

6:57AM - 8:36AM

Yama

3:11PM - 4:49PM

Rahu

10:15AM - 11:53AM

Ashvini Until 10:16AM

Vridhi Until 9:01AM

Gara Until 11:35PM

Panchami Until 11:43AM

Ganesha: Purple

Muruqa: Purple

Nataraja: Purple

Moon - White

Sravana-Avani

Sunrise: 5:19AM

Sunset: 6:28PM

Bhuloka Day

Saturday, September 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

Mesha Rasi: 24.08 Tithi 21 - 22

Creative Work Siddha Yoga

Until 10:32AM

Then Creative Work - Amrita Yoga

527452363

Gulika

5:20AM - 6:58AM

Yama

1:31PM - 3:10PM

Rahu

8:36AM - 10:15AM

Bharani Until 10:32AM

Dhruva Until 7:40AM

Visti Until 10:53PM

Shashthi\* Until 11:17AM

Ganesha: Purple

Muruqa: Purple

Nataraja: Purple

Moon - White

Sravana-Avani

Sunrise: 5:20AM

Sunset: 6:26PM

Bhuloka Day

Sunday, September 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Vrishabha Rasi: 7.32 Tithi 22 - 23

Creative Work Siddha Yoga

527452363

Gulika

3:09PM - 4:47PM

Yama

11:53AM - 1:31PM

Rahu

4:47PM - 6:25PM

Krittika Until 10:11AM

Harshana Until 3:47AM Mon

Balava Until 9:41PM

Saptami Until 10:20AM

Ganesha: Purple

Muruqa: Purple

Nataraja: Purple

Moon - White

Sravana-Avani

Sunrise: 5:21AM

Sunset: 6:25PM

Bhuloka Day

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

Vrishabha Rasi: 21.14 Tithi 23 - 24

Family Home Evening

538452363

Gulika

1:30PM - 3:08PM

Yama

10:15AM - 11:52AM

Rahu

6:59AM - 8:37AM

Rohini Until 9:36AM

Vajra\* Until 1:12AM Tue

Taitila Until 8:00PM

Ashtami\* Until 8:53AM

Ganesha: White

Muruqa: Purple

Nataraja: Purple

Moon - Yellow

Sravana-Avani

Sunrise: 5:22AM

Sunset: 6:23PM

Devaloka Day

Creative Work Amrita Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

All times are standard time

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<b>1</b>		<b>Tuesday, September 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visi* Karana Navami/Dashamyam Titau		Stamford, CT Sun 8 Sutra 142 Vilamba 5120	
Mithuna Rasi: 5.14	Tithi 24 – 25	<b>Gulika</b> 11:52AM – 1:29PM	<b>Mrigashira</b> Until 8:24AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:23AM		
		Yama 8:37AM – 10:15AM	Siddhi Until 10:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 20	
	538452363	<b>Rahu</b> 3:07PM – 4:44PM	Visti Until 4:33AM Wed	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:57AM	Moon – Yellow		<b>Devaloka Day</b>	
Until 8:24AM				<b>Sravana-Avani</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 19.32	Tithi 26	<b>Gulika</b> 10:15AM – 11:52AM	<b>Ardra</b> Until 6:37AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:24AM		
		Yama 7:01AM – 8:38AM	Vyatipata* Until 7:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20	
	538452363	<b>Rahu</b> 11:52AM – 1:29PM	Bava Until 3:13PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:46AM Thu	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>3</b>		<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Stamford, CT Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 4.06	Tithi 27	<b>Gulika</b> 8:38AM – 10:15AM	<b>Pushya</b> Until 2:24AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:25AM		
		Yama 5:25AM – 7:01AM	Variyan Until 3:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 20	
	548452363	<b>Rahu</b> 1:28PM – 3:05PM	Kaulava Until 12:17PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 10:42PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 2:24AM Fri				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 18.52	Tithi 28	<b>Gulika</b> 7:02AM – 8:38AM	<b>Ashlesha*</b> Until 11:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:26AM		
		Yama 3:04PM – 4:40PM	Parigha* Until 11:43AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 20	
	548452363	<b>Rahu</b> 10:15AM – 11:51AM	Gara Until 9:07AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 7:28PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 3.44	Tithi 29 – 30	<b>Gulika</b> 5:27AM – 7:03AM	<b>Magha*</b> Until 9:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:27AM		
		Yama 1:27PM – 3:03PM	Shiva Until 7:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 20	
	558452363	<b>Rahu</b> 8:39AM – 10:15AM	Catuspada Until 2:35AM Sun	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:11PM	Moon – Red		<b>Bhuloka Day</b>	
Until 9:28PM				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 13 Sutra 147 Vilamba 5120	
Simha Rasi: 18.35	Tithi 30 – 1	<b>Gulika</b> 3:02PM – 4:37PM	<b>Purvaphalguni</b> Until 7:08PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:28AM		
		Yama 11:50AM – 1:26PM	Sadhya Until 12:32AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 20	
	558452363	<b>Rahu</b> 4:37PM – 6:13PM	Kintughna Until 11:31PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 1:00PM	Moon – Red		<b>Bhuloka Day</b>	
Until 7:08PM				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
Then Creative Work - Amrita Yoga							
		<b>Grandparent's Day</b>					

<b>Retreat Star</b>		<b>Monday, September 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 14 Sutra 148 Vilamba 5120	
Kanya Rasi: 3.16	Tithi 1 – 2	<b>Gulika</b> 1:25PM – 3:01PM	<b>Uttaraphalguni</b> Until 4:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:29AM		
<b>Family Home Evening</b>		Yama 10:15AM – 11:50AM	Subha Until 9:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 20	
	559452363	<b>Rahu</b> 7:04AM – 8:39AM	Balava Until 8:46PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:04AM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Stamford, CT Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 17.41	Tithi 2 – 3	<b>Gulika</b> 11:50AM – 1:25PM	<b>Hasta</b> <b>Until 3:33PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	
			Yama 8:40AM – 10:15AM	Sukla <b>Until 6:17PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 3:00PM – 4:35PM		Taitila <b>Until 6:31PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 7:34AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturtham Titau				Stamford, CT Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 1.44	Tithi 4	<b>Gulika</b> 10:15AM – 11:49AM	<b>Chitra</b> <b>Until 2:35PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:31AM	
			Yama 7:05AM – 8:40AM	Brahma <b>Until 3:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 21
	569452363	<b>Rahu</b> 11:49AM – 1:24PM		Vanija <b>Until 4:54PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi</b> <b>Until 4:21AM Thu</b>	Moon – Green		<b>Bhuloka Day</b>	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>			

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 15.21	Tithi 5	<b>Gulika</b> 8:40AM – 10:15AM	<b>Svati</b> <b>Until 2:12PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:31AM	
			Yama 5:31AM – 7:06AM	Indra <b>Until 2:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 21
	569552363	<b>Rahu</b> 1:23PM – 2:58PM		Bava <b>Until 4:02PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 3:53AM Fri</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 2:12PM				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 28.32	Tithi 6	<b>Gulika</b> 7:06AM – 8:41AM	<b>Vishakha</b> <b>Until 2:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:32AM	
			Yama 2:57PM – 4:31PM	Vaidhriti* <b>Until 12:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 10:15AM – 11:49AM		Kaulava <b>Until 3:59PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi</b> <b>Until 4:15AM Sat</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Stamford, CT Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 11.17	Tithi 7	<b>Gulika</b> 5:33AM – 7:07AM	<b>Anuradha</b> <b>Until 4:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:33AM	
			Yama 1:22PM – 2:56PM	Vishkambha* <b>Until 12:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 8:41AM – 10:14AM		Gara <b>Until 4:46PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 5:25AM Sun</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau				Stamford, CT Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 2:54PM – 4:28PM	<b>Jyeshtha*</b> <b>Until 6:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM	
	Vrischika Rasi: 23.41	Tithi 8	Yama 11:48AM – 1:21PM	Priti <b>Until 12:27PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	Moon 8 - Phase 21
	579552363	<b>Rahu</b> 4:28PM – 6:01PM		Visti <b>Until 6:17PM</b>	<b>Nataraja:</b> Purple		Ashtami
Routine Work	Marana Yoga		<b>Ashtami*</b> <b>Until 7:16AM Mon</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 6:14PM				<b>Bhadrapada-Puratasi</b>			
Then Creative Work - Amrita Yoga							

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:20PM – 2:53PM	<b>Mula*</b> <b>Until 9:04PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	
	Dhanus Rasi: 5.49	Tithi 8 – 9	Yama 10:14AM – 11:47AM	Ayushman <b>Until 12:59PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 21
	589552363	<b>Rahu</b> 7:08AM – 8:41AM		Balava <b>Until 8:24PM</b>	<b>Nataraja:</b> Purple		Navami
Family Home Evening	Siddha Yoga		<b>Ashtami*</b> <b>Until 7:16AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Creative Work				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to12:PM	
Until 9:04PM							
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stamford, CT Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 17.44	Tithi 9 – 10	<b>Gulika</b> 11:47AM – 1:20PM	<b>Purvashadha* Until 12:06AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM		
		Yama 8:42AM – 10:14AM	Saubhagya Until 1:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM		Moon 8 - Phase 22
	581552363	<b>Rahu</b> 2:52PM – 4:25PM	Taitila Until 10:54PM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:36AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 12:06AM Wed						<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 23 Sutra 157 Vilamba 5120	
Dhanus Rasi: 29.34	Tithi 10 – 11	<b>Gulika</b> 10:14AM – 11:47AM	<b>Uttarashadha Until 3:04AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM		
		Yama 7:10AM – 8:42AM	Sobhana Until 2:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM		Moon 8 - Phase 22
	581552363	<b>Rahu</b> 11:47AM – 1:19PM	Vanija Until 1:32AM Thu	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 12:12PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 3:04AM Thu						<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 11.21	Tithi 11 – 12	<b>Gulika</b> 8:42AM – 10:14AM	<b>Shravana Until 6:16AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:38AM		
		Yama 5:38AM – 7:10AM	Athiganda* Until 3:58PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM		Moon 8 - Phase 22
	591552363	<b>Rahu</b> 1:18PM – 2:50PM	Bava Until 4:04AM Fri	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 2:48PM</b>	Moon – Purple		<b>Devaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

<b>4</b>		<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 23.11	Tithi 12 – 13	<b>Gulika</b> 7:11AM – 8:43AM	<b>Shravana Until 6:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:39AM		
		Yama 2:49PM – 4:21PM	Sukarma Until 4:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM		Moon 8 - Phase 22
	591552363	<b>Rahu</b> 10:14AM – 11:46AM	Kaulava Until 6:19AM Sat	<b>Nataraja:</b> Purple			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 5:13PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 6:16AM						<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga							

*Pradosha Vrata*

<b>5</b>		<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stamford, CT Sun 26 Sutra 160 Vilamba 5120	
Kumbha Rasi: 5.08	Tithi 13	<b>Gulika</b> 5:40AM – 7:12AM	<b>Dhanishtha Until 9:01AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:40AM		
		Yama 1:17PM – 2:48PM	Dhriti Until 5:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM		Moon 8 - Phase 22
	591552363	<b>Rahu</b> 8:43AM – 10:14AM	Kaulava Until 6:19AM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:16PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 9:01AM		<b>Chidambaram Abhishekam</b>				<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Amrita Yoga		<b>Kadaitswami Mahasamadhi</b>					

<b>6</b>		<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 17.16	Tithi 14	<b>Gulika</b> 2:47PM – 4:18PM	<b>Shatabhishak Until 11:11AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:41AM		
		Yama 11:45AM – 1:16PM	Shula* Until 5:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM		Moon 8 - Phase 22
	591552363	<b>Rahu</b> 4:18PM – 5:49PM	Gara Until 8:09AM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:51PM</b>	Moon – Purple		<b>Devaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

<b>○</b>		<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau		Stamford, CT Sun 27 Sutra 162 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:16PM – 2:46PM	<b>Purvaproshtapada* Until 1:11PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:42AM		
Kumbha Rasi: 29.35	Tithi 15	Yama 10:14AM – 11:45AM	Ganda* Until 5:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM		Moon 8 - Phase 22
<b>Family Home Evening</b>	511552363	<b>Rahu</b> 7:13AM – 8:44AM	Visti Until 9:28AM	<b>Nataraja:</b> Purple			Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 9:55PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 1:11PM						<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Stamford, CT Sun 27 Sutra 163 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:45AM – 1:15PM	<b>Uttaraproshtapada Until 2:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:43AM		
Meena Rasi: 12.08	Tithi 16	Yama 8:44AM – 10:14AM	Vridhi Until 5:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM		Moon 8 - Phase 22
	511552363	<b>Rahu</b> 2:45PM – 4:16PM	Balava Until 10:16AM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 10:28PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 2:31PM						<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Stamford, CT Sun 1 Sutra 164

Meena Rasi: 24.55 Tithi 17

Gulika 10:14AM - 11:44AM  
Yama 7:14AM - 8:44AM  
511552363 Rahu 11:44AM - 1:14PM

Revati Until 3:14PM  
Dhruva Until 4:06PM  
Tailila Until 10:35AM  
Dvitiya Until 10:33PM

Ganesha: Purple Sunrise: 5:44AM  
Muruga: Purple Sunset: 5:44PM

Moon 9 - Phase 23 1st Phase

Routine Work Marana Yoga

Nataraja: Purple  
Moon - Clear  
Devaloka Day  
Bhadrapada-Puratasi

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stamford, CT Sun 2 Sutra 165

Mesha Rasi: 7.56 Tithi 18

Gulika 8:45AM - 10:14AM  
Yama 5:45AM - 7:15AM  
621552363 Rahu 1:14PM - 2:43PM

Ashvini Until 3:50PM  
Vyaghata\* Until 2:51PM  
Vanija Until 10:28AM  
Tritiya Until 10:14PM

Ganesha: Purple Sunrise: 5:45AM  
Muruga: Purple Sunset: 5:42PM

Moon 9 - Phase 23 1st Phase

Creative Work Amrita Yoga

Nataraja: Purple  
Moon - White  
Devaloka Day  
Bhadrapada-Puratasi

Until 3:50PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturtham Titau

Stamford, CT Sun 3 Sutra 166

Mesha Rasi: 21.08 Tithi 19

Gulika 7:16AM - 8:45AM  
Yama 2:42PM - 4:11PM  
622552363 Rahu 10:14AM - 11:44AM

Bharani Until 3:55PM  
Harshana Until 1:19PM  
Bava Until 9:57AM  
Chaturthi\* Until 9:33PM

Ganesha: Clear Sunrise: 5:47AM  
Muruga: Purple Sunset: 5:41PM

Moon 9 - Phase 23 1st Phase

Creative Work Siddha Yoga

Nataraja: Purple  
Moon - White  
Bhuloka Day  
Bhadrapada-Puratasi  
Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Stamford, CT Sun 4 Sutra 167

Virshabha Rasi: 4.32 Tithi 20

Gulika 5:48AM - 7:16AM  
Yama 1:12PM - 2:41PM  
622552363 Rahu 8:45AM - 10:14AM

Krittika Until 3:32PM  
Vajra\* Until 11:29AM  
Kaulava Until 9:06AM  
Panchami Until 8:33PM

Ganesha: Clear Sunrise: 5:48AM  
Muruga: Purple Sunset: 5:39PM

Moon 9 - Phase 23 1st Phase

Creative Work Amrita Yoga

Nataraja: Purple  
Moon - White  
Bhuloka Day  
Bhadrapada-Puratasi  
Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthiyam Titau

Stamford, CT Sun 5 Sutra 168

Virshabha Rasi: 18.06 Tithi 21

Gulika 2:40PM - 4:09PM  
Yama 11:43AM - 1:12PM  
632552363 Rahu 4:09PM - 5:37PM

Rohini Until 3:09PM  
Siddhi Until 9:26AM  
Gara Until 7:57AM  
Shashthi\* Until 7:15PM

Ganesha: Purple Sunrise: 5:49AM  
Muruga: Purple Sunset: 5:37PM

Moon 9 - Phase 23 1st Phase

Creative Work Siddha Yoga

Nataraja: Purple  
Moon - Yellow  
Bhuloka Day  
Bhadrapada-Puratasi

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Balava Karana Saplam/Ashlamyam Titau

Stamford, CT Sun 6 Sutra 169

Mithuna Rasi: 1.5 Tithi 22 - 23

Gulika 1:11PM - 2:39PM  
Yama 10:14AM - 11:43AM  
632552363 Rahu 7:18AM - 8:46AM

Mrigashira Until 2:21PM  
Vyatipata\* Until 7:09AM  
Visti Until 6:31AM  
Saptami Until 5:40PM

Ganesha: Purple Sunrise: 5:50AM  
Muruga: Purple Sunset: 5:36PM

Moon 9 - Phase 23 1st Phase

Creative Work Amrita Yoga

Nataraja: Purple  
Moon - Yellow  
Bhuloka Day  
Bhadrapada-Puratasi

Until 2:21PM

Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Stamford, CT Sun 7 Sutra 170

Mithuna Rasi: 15.45 Tithi 23 - 24

Gulika 11:42AM - 1:10PM  
Yama 8:46AM - 10:14AM  
632552363 Rahu 2:38PM - 4:06PM

Ardra Until 1:07PM  
Parigha\* Until 1:54AM Wed  
Tailila Until 2:49AM Wed  
Ashtami\* Until 3:49PM

Ganesha: Purple Sunrise: 5:51AM  
Muruga: Purple Sunset: 5:34PM

Moon 9 - Phase 23 Ashtami

Routine Work Marana Yoga

Nataraja: Purple  
Moon - Yellow  
Bhuloka Day  
Bhadrapada-Puratasi

Until 1:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stamford, CT Sun 8 Sutra 171

Mithuna Rasi: 29.5 Tithi 24 - 25

Gulika 10:14AM - 11:42AM  
Yama 7:19AM - 8:47AM  
642552363 Rahu 11:42AM - 1:10PM

Punarvasu Until 11:54AM  
Shiva Until 10:58PM  
Vanija Until 12:35AM Thu  
Navami\* Until 1:42PM

Ganesha: Clear Sunrise: 5:52AM  
Muruga: Purple Sunset: 5:32PM

Moon 9 - Phase 23 Navami

Creative Work Siddha Yoga

Nataraja: Purple  
Moon - Blue  
Bhuloka Day  
Bhadrapada-Puratasi  
Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 14.04	Tithi 25 – 26	<b>Gulika</b> 8:47AM – 10:14AM	<b>Pushya</b> Until 10:19AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM
		Yama 5:53AM – 7:20AM	Siddha Until 7:50PM	<b>Nataraja:</b> Purple		Moon – Blue	Moon 9 - Phase 24
		642552363 <b>Rahu</b> 1:09PM – 2:36PM	Bava Until 10:08PM				2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 11:21AM	<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM	
Until 10:19AM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 10 Sutra 173 Vilamba 5120	
Kataka Rasi: 28.28	Tithi 26 – 27	<b>Gulika</b> 7:21AM – 8:48AM	<b>Ashlesha*</b> Until 8:24AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM
		Yama 2:35PM – 4:02PM	Sadhya Until 4:36PM	<b>Nataraja:</b> Purple		Moon – Blue	Moon 9 - Phase 24
		642552363 <b>Rahu</b> 10:14AM – 11:41AM	Kaulava Until 7:32PM				2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 8:49AM	<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM	
				<b>Bhadrapada•Puratasi</b>			

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 12.55	Tithi 27 – 28	<b>Gulika</b> 5:55AM – 7:21AM	<b>Magha*</b> Until 6:40AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:55AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM
		Yama 1:08PM – 2:34PM	Subha Until 1:18PM	<b>Nataraja:</b> Purple		Moon – Red	Moon 9 - Phase 24
		652552363 <b>Rahu</b> 8:48AM – 10:15AM	Vanija Until 3:33AM Sun				2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 6:11AM	<b>Bhuloka Day</b>		Devaloka Time: 6:AM to 9:AM	
Until 6:40AM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 27.23	Tithi 29	<b>Gulika</b> 2:33PM – 4:00PM	<b>Uttaraphalguni</b> Until 2:53AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM
		Yama 11:41AM – 1:07PM	Sukla Until 10:01AM	<b>Nataraja:</b> Clear		Moon – Red	Moon 9 - Phase 24
		652552364 <b>Rahu</b> 4:00PM – 5:26PM	Visti Until 2:17PM				2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 1:02AM Mon	<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM	
Until 2:53AM Mon				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>Monday, October 8, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 13 Sutra 176 Vilamba 5120	
Kanya Rasi: 11.46	Tithi 30	<b>Gulika</b> 1:06PM – 2:32PM	<b>Hasta</b> Until 1:32AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:57AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:24PM
<b>Family Home Evening</b>		Yama 10:15AM – 11:41AM	Brahma Until 6:52AM	<b>Nataraja:</b> Clear		Moon – Green	Moon 9 - Phase 24
		662652364 <b>Rahu</b> 7:23AM – 8:49AM	Catuspada Until 11:52AM				Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 10:46PM	<b>Devaloka Day</b>		Devaloka Time: 6:AM to 9:AM	
				<b>Bhadrapada•Puratasi</b>			
		<b>Mahalaya Amavasai (Tamil Nadu)</b>					

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 25.56	Tithi 1	<b>Gulika</b> 11:40AM – 1:06PM	<b>Chitra</b> Until 12:28AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM
		Yama 8:49AM – 10:15AM	Vaidhriti* Until 1:25AM Wed	<b>Nataraja:</b> Clear		Moon – Green	Moon 9 - Phase 24
		662652364 <b>Rahu</b> 2:31PM – 3:57PM	Kintughna Until 9:48AM				Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:54PM	<b>Devaloka Day</b>		Devaloka Time: 6:AM to 9:AM	
				<b>Ashvina•Puratasi</b>			
		<b>Navaratri Begins</b>					

1	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT Sun 15 Sutra 178 Vilamba 5120
	Tula Rasi: 9.49	Tithi 2	<b>Gulika</b> 10:15AM – 11:40AM	<b>Svati</b> Until 11:49PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:59AM	
			Yama 7:24AM – 8:50AM	Vishkambha* Until 11:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
	662652364		<b>Rahu</b> 11:40AM – 1:05PM	Balava Until 8:12AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 7:36PM	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

2	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT Sun 16 Sutra 179 Vilamba 5120
	Tula Rasi: 23.21	Tithi 3	<b>Gulika</b> 8:50AM – 10:15AM	<b>Vishakha</b> Until 12:08AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	
			Yama 6:00AM – 7:25AM	Priti Until 9:47PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
	672652364		<b>Rahu</b> 1:05PM – 2:30PM	Taitila Until 7:12AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 6:57PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

3	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthiyam Titau				Stamford, CT Sun 17 Sutra 180 Vilamba 5120
	Vrischika Rasi: 6.3	Tithi 4	<b>Gulika</b> 7:26AM – 8:50AM	<b>Anuradha</b> Until 1:03AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	
			Yama 2:29PM – 3:53PM	Ayushman Until 8:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 25
	673652364		<b>Rahu</b> 10:15AM – 11:39AM	Vanija Until 6:56AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi</b> Until 7:04PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

4	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT Sun 18 Sutra 181 Vilamba 5120
	Vrischika Rasi: 19.16	Tithi 5	<b>Gulika</b> 6:02AM – 7:27AM	<b>Jyeshtha*</b> Until 2:33AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	
			Yama 1:03PM – 2:28PM	Saubhagya Until 8:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 25
	673652364		<b>Rahu</b> 8:51AM – 10:15AM	Bava Until 7:27AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 7:58PM	Moon – Orange		<b>Bhuloka Day</b>	
Until 2:33AM Sun				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

5	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthiyam Titau				Stamford, CT Sun 19 Sutra 182 Vilamba 5120
	Dhanus Rasi: 1.4	Tithi 6	<b>Gulika</b> 2:27PM – 3:51PM	<b>Mula*</b> Until 5:03AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:03AM	
			Yama 11:39AM – 1:03PM	Sobhana Until 8:41PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 25
	683652364		<b>Rahu</b> 3:51PM – 5:15PM	Kaulava Until 8:43AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 9:36PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:03AM Mon				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

6	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT Sun 20 Sutra 183 Vilamba 5120
	Dhanus Rasi: 13.47	Tithi 7	<b>Gulika</b> 1:02PM – 2:26PM	<b>Purvashadha*</b> Until 7:54AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM	
			Yama 10:15AM – 11:39AM	Athiganda* Until 9:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 25
	683652364		<b>Rahu</b> 7:28AM – 8:52AM	Gara Until 10:40AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Saptami</b> Until 11:49PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 7:54AM Tue				<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT Sun 21 Sutra 184 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 11:39AM – 1:02PM	<b>Purvashadha*</b> Until 7:54AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	
	Dhanus Rasi: 25.43	Tithi 8	Yama 8:52AM – 10:15AM	Sukarma Until 10:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
	683652364		<b>Rahu</b> 2:25PM – 3:48PM	Visti Until 1:05PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 2:23AM Wed	Moon – Light Blue		<b>Devaloka Day</b>	
Until 7:54AM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT Sun 22 Sutra 185 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:15AM – 11:38AM	<b>Uttarashadha</b> Until 10:49AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	
	Makara Rasi: 7.32	Tithi 9	Yama 7:30AM – 8:53AM	Dhriti Until 11:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 25
	683652364		<b>Rahu</b> 11:38AM – 1:01PM	Balava Until 3:44PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Navami*</b> Until 5:02AM Thu	Moon – Light Blue		<b>Devaloka Day</b>	
Until 10:49AM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Purasi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


<b>1</b>		<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila Karana Dashamyam Titau		Stamford, CT Sun 23 Sutra 186 Vilamba 5120	
Makara Rasi: 19.2	Tithi 10	<b>Gulika</b> 8:53AM – 10:16AM	<b>Shravana Until 2:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:08AM		
		Yama 6:08AM – 7:30AM	Shula* Until 12:12AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 1:01PM – 2:23PM	Taitila Until 6:20PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			Moon – Purple		<b>Bhuloka Day</b>	
		<b>Vijaya Dasami</b>	<b>Dashami Until 7:30AM Fri</b>	<b>Ashvina•Aipasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>2</b>		<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 24 Sutra 187 Vilamba 5120	
Kumbha Rasi: 1.13	Tithi 10 – 11	<b>Gulika</b> 7:31AM – 8:53AM	<b>Dhanishtha Until 4:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:09AM		
		Yama 2:22PM – 3:45PM	Ganda* Until 12:52AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 10:16AM – 11:38AM	Vanija Until 8:37PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			Moon – Purple		<b>Bhuloka Day</b>	
			<b>Dashami Until 7:30AM</b>	<b>Ashvina•Aipasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>3</b>		<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 25 Sutra 188 Vilamba 5120	
Kumbha Rasi: 13.14	Tithi 11 – 12	<b>Gulika</b> 6:10AM – 7:32AM	<b>Shatabhishak Until 7:09PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:10AM		
		Yama 1:00PM – 2:22PM	Vriddhi Until 1:09AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 26	
		693652364 <b>Rahu</b> 8:54AM – 10:16AM	Bava Until 10:25PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga			Moon – Purple		<b>Bhuloka Day</b>	
Until 7:09PM			<b>Ekadashi Until 9:34AM</b>	<b>Ashvina•Aipasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 26 Sutra 189 Vilamba 5120	
Kumbha Rasi: 25.28	Tithi 12 – 13	<b>Gulika</b> 2:21PM – 3:42PM	<b>Purvaproshtapada* Until 9:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:11AM		
		Yama 11:38AM – 12:59PM	Dhruva Until 12:56AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 3:42PM – 5:04PM	Kaulava Until 11:36PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			Moon – Clear		<b>Bhuloka Day</b>	
Until 9:07PM			<b>Dvadashi Until 11:04AM</b>	<b>Ashvina•Aipasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

<b>5</b>		<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 190 Vilamba 5120	
Meena Rasi: 7.59	Tithi 13 – 14	<b>Gulika</b> 12:59PM – 2:20PM	<b>Uttaraproshtapada Until 10:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM		
<b>Family Home Evening</b>		Yama 10:16AM – 11:37AM	Vyaghata* Until 12:14AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 7:34AM – 8:55AM	Gara Until 12:08AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			Moon – Clear		<b>Bhuloka Day</b>	
			<b>Trayodashi Until 11:56AM</b>	<b>Ashvina•Aipasi</b>		Devaloka Time: 6:PM to 9:PM	

		<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stamford, CT Sutra 191 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:37AM – 12:58PM	<b>Revati Until 10:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM		
Meena Rasi: 20.47	Tithi 14 – 15	Yama 8:55AM – 10:16AM	Harshana Until 11:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 9 - Phase 26	
		613652364 <b>Rahu</b> 2:19PM – 3:40PM	Visti Until 12:04AM Wed	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga			Moon – Clear		<b>Bhuloka Day</b>	
			<b>Chaturdashi* Until 12:09PM</b>	<b>Ashvina•Aipasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>Wednesday, October 24, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stamford, CT Sutra 192 Vilamba 5120	
Mesha Rasi: 3.54	Tithi 15 – 16	<b>Gulika</b> 10:17AM – 11:37AM	<b>Ashvini Until 10:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM		
		Yama 7:35AM – 8:56AM	Vajra* Until 9:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 9 - Phase 26	
		623652364 <b>Rahu</b> 11:37AM – 12:58PM	Balava Until 11:26PM	<b>Nataraja:</b> Clear		Prathama	
Routine Work	Marana Yoga			Moon – White		<b>Devaloka Day</b>	
Until 10:56PM			<b>Purnima* Until 11:47AM</b>	<b>Ashvina•Aipasi</b>			
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 193

Vilamba 5120

Mesha Rasi: 17.17 Tithi 16 - 17

623652364

**Gulika** 8:56AM - 10:17AM  
Yama 6:16AM - 7:36AM  
**Rahu** 12:57PM - 2:18PM

**Bharani** Until 10:32PM  
Siddhi Until 7:27PM  
Taitila Until 10:21PM  
**Prathama\*** Until 10:56AM

**Ganesha:** Clear *Sunrise: 6:16AM*  
**Muruqa:** Purple *Sunset: 4:58PM*  
**Nataraja:** Clear  
Moon - White

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga  
Until 10:32PM  
Then Routine Work - Marana Yoga

Friday, October 26, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 194

Vilamba 5120

Vrishabha Rasi: 0.55 Tithi 17 - 18

624652364

**Gulika** 7:37AM - 8:57AM  
Yama 2:17PM - 3:37PM  
**Rahu** 10:17AM - 11:37AM

**Krittika** Until 9:40PM  
Vyatipata\* Until 5:11PM  
Vanija Until 8:56PM  
**Dvitiya** Until 9:40AM

**Ganesha:** White *Sunrise: 6:17AM*  
**Muruqa:** Purple *Sunset: 4:57PM*  
**Nataraja:** Clear  
Moon - White

Moon 10 - Phase 27  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 9:40PM  
Then Routine Work - Marana Yoga

Saturday, October 27, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan/Parigha\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 14.43 Tithi 18 - 19

634652364

**Gulika** 6:18AM - 7:38AM  
Yama 12:57PM - 2:16PM  
**Rahu** 8:57AM - 10:17AM

**Rohini** Until 8:50PM  
Variyan Until 2:42PM  
Bava Until 7:17PM  
**Tritiya** Until 8:07AM

**Ganesha:** Clear *Sunrise: 6:18AM*  
**Muruqa:** Purple *Sunset: 4:56PM*  
**Nataraja:** Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 8:50PM  
Then Creative Work - Siddha Yoga

Sunday, October 28, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\*/Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 196

Vilamba 5120

Vrishabha Rasi: 28.39 Tithi 19 - 20

634652364

**Gulika** 2:16PM - 3:35PM  
Yama 11:37AM - 12:56PM  
**Rahu** 3:35PM - 4:54PM

**Mrigashira** Until 7:44PM  
Parigha\* Until 12:06PM  
Taitila Until 4:31AM Mon  
**Chaturthi\*** Until 6:23AM

**Ganesha:** Clear *Sunrise: 6:19AM*  
**Muruqa:** Purple *Sunset: 4:54PM*  
**Nataraja:** Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Monday, October 29, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 12.4 Tithi 21

634652364

Family Home Evening

**Gulika** 12:56PM - 2:15PM  
Yama 10:18AM - 11:37AM  
**Rahu** 7:39AM - 8:59AM

**Ardra** Until 6:23PM  
Shiva Until 9:25AM  
Gara Until 3:35PM  
**Shashthi\*** Until 2:36AM Tue

**Ganesha:** Clear *Sunrise: 6:20AM*  
**Muruqa:** Purple *Sunset: 4:53PM*  
**Nataraja:** Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga  
Until 6:23PM  
Then Creative Work - Amrita Yoga

Tuesday, October 30, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Saptamyam Titau

Stamford, CT

Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 26.42 Tithi 22

644662364

**Gulika** 11:37AM - 12:55PM  
Yama 8:59AM - 10:18AM  
**Rahu** 2:14PM - 3:33PM

**Punarvasu** Until 5:17PM  
Siddha Until 6:40AM  
Visti Until 1:38PM  
**Saptami** Until 12:38AM Wed

**Ganesha:** Purple *Sunrise: 6:22AM*  
**Muruqa:** Clear *Sunset: 4:52PM*  
**Nataraja:** Clear  
Moon - Blue

Moon 10 - Phase 27  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Wednesday, October 31, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 10.46 Tithi 23

644662364

**Gulika** 10:18AM - 11:37AM  
Yama 7:41AM - 9:00AM  
**Rahu** 11:37AM - 12:55PM

**Pushya** Until 4:01PM  
Subha Until 1:09AM Thu  
Balava Until 11:40AM  
**Ashtami\*** Until 10:39PM

**Ganesha:** Purple *Sunrise: 6:23AM*  
**Muruqa:** Clear *Sunset: 4:51PM*  
**Nataraja:** Clear  
Moon - Blue

Moon 10 - Phase 27  
Ashtami

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 24.51 Tithi 24

644662364

**Gulika** 9:00AM - 10:18AM  
Yama 6:24AM - 7:42AM  
**Rahu** 12:55PM - 2:13PM

**Ashlesha\*** Until 2:36PM  
Sukla Until 10:21PM  
Taitila Until 9:41AM  
**Navami\*** Until 8:40PM

**Ganesha:** Purple *Sunrise: 6:24AM*  
**Muruqa:** Clear *Sunset: 4:49PM*  
**Nataraja:** Clear  
Moon - Blue

Moon 10 - Phase 27  
Navami

**Subha Sivaloka Day**

Creative Work Siddha Yoga  
Until 2:36PM  
Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>	<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
	Simha Rasi: 8.56	Tithi 25	654662364	<b>Gulika</b> 7:43AM – 9:01AM Yama 2:12PM – 3:30PM <b>Rahu</b> 10:19AM – 11:37AM	<b>Magha* Until 1:29PM</b> Brahma Until 7:34PM Vanija Until 7:42AM <b>Dashami Until 6:42PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	Sun 8 Sutra 201 Vilamba 5120 Moon 10 - Phase 28 2nd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 1:29PM Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Simha Rasi: 23	Tithi 26 – 27	654762364	<b>Gulika</b> 6:26AM – 7:44AM Yama 12:54PM – 2:12PM <b>Rahu</b> 9:01AM – 10:19AM	<b>Purvaphalguni Until 12:14PM</b> Indra Until 4:51PM Kaulava Until 3:52AM Sun <b>Ekadashi* Until 4:46PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	Sun 9 Sutra 202 Vilamba 5120 Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 12:14PM Then Routine Work - Marana Yoga							

<b>3</b>	<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Kanya Rasi: 7.01	Tithi 27 – 28	654762364	<b>Gulika</b> 2:11PM – 3:28PM Yama 11:37AM – 12:54PM <b>Rahu</b> 3:28PM – 4:46PM	<b>Uttaraphalguni Until 10:57AM</b> Vaidhriti* Until 2:11PM Gara Until 2:07AM Mon <b>Dvadashi* Until 2:57PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	Sun 10 Sutra 203 Vilamba 5120 Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>	<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Kanya Rasi: 20.57	Tithi 28 – 29	664762364	<b>Gulika</b> 12:54PM – 2:11PM Yama 10:20AM – 11:37AM <b>Rahu</b> 7:46AM – 9:03AM	<b>Hasta Until 10:07AM</b> Vishkambha* Until 11:40AM Visti Until 12:37AM Tue <b>Trayodashi* Until 1:19PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 11 Sutra 204 Vilamba 5120 Moon 10 - Phase 28 2nd Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 10:07AM Then Routine Work - Prabalarishta Yoga		<b>Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day</b>					

	<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
	Tula Rasi: 4.43	Tithi 29 – 30	664762364	<b>Gulika</b> 11:37AM – 12:53PM Yama 9:03AM – 10:20AM <b>Rahu</b> 2:10PM – 3:27PM	<b>Chitra Until 9:24AM</b> Priti Until 9:24AM Catuspada Until 11:28PM <b>Chaturdashi* Until 11:58AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 12 Sutra 205 Vilamba 5120 Moon 10 - Phase 28 Amavasya <b>Devaloka Day</b>
Creative Work Siddha Yoga							

<b>Retreat Star</b>	<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
	Tula Rasi: 18.16	Tithi 30 – 1	765762364	<b>Gulika</b> 10:20AM – 11:37AM Yama 7:47AM – 9:04AM <b>Rahu</b> 11:37AM – 12:53PM	<b>Svati Until 8:56AM</b> Ayushman Until 7:25AM Kintughna Until 10:46PM <b>Amavasya* Until 11:02AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 13 Sutra 206 Vilamba 5120 Moon 10 - Phase 28 Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga		<b>Skanda Shasthi Begins</b>					

<b>1</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 14 Sutra 207 Vilamba 5120	
Vrischika Rasi: 1.32	Tithi 1 – 2	Gulika 9:04AM – 10:21AM	Vishakha Until 9:16AM	Ganesha: Orange	Sunrise: 6:32AM	Moon 10 - Phase 29	
		Yama 6:32AM – 7:48AM	Sobhana Until 4:45AM Fri	Muruqa: Clear	Sunset: 4:41PM	3rd Phase	
		775762364 Rahu 12:53PM – 2:09PM	Balava Until 10:39PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 10:37AM	Moon – Orange			<b>Sivaloka Day</b>
				Kartika-Aipasi			
<b>2</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 15 Sutra 208 Vilamba 5120	
Vrischika Rasi: 14.31	Tithi 2 – 3	Gulika 7:49AM – 9:05AM	Anuradha Until 10:02AM	Ganesha: Orange	Sunrise: 6:33AM	Moon 10 - Phase 29	
		Yama 2:09PM – 3:24PM	Athiganda* Until 4:08AM Sat	Muruqa: Clear	Sunset: 4:40PM	3rd Phase	
		775762364 Rahu 10:21AM – 11:37AM	Tailila Until 11:12PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Dvitiya Until 10:49AM	Moon – Orange			<b>Sivaloka Day</b>
Until 10:02AM				Kartika-Aipasi			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Stamford, CT Sun 16 Sutra 209 Vilamba 5120	
Vrischika Rasi: 27.09	Tithi 3 – 4	Gulika 6:35AM – 7:50AM	Jyeshtha* Until 11:18AM	Ganesha: Orange	Sunrise: 6:35AM	Moon 10 - Phase 29	
		Yama 12:53PM – 2:08PM	Sukarma Until 4:03AM Sun	Muruqa: Clear	Sunset: 4:39PM	3rd Phase	
		775762364 Rahu 9:06AM – 10:21AM	Vanija Until 12:25AM Sun	Nataraja: Clear			
Creative Work	Siddha Yoga		Tritiya Until 11:42AM	Moon – Orange			<b>Sivaloka Day</b>
				Kartika-Aipasi			
<b>4</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 9.3	Tithi 4 – 5	Gulika 2:08PM – 3:23PM	Mula* Until 1:31PM	Ganesha: Clear	Sunrise: 6:36AM	Moon 10 - Phase 29	
		Yama 11:37AM – 12:52PM	Dhriti Until 4:28AM Mon	Muruqa: Clear	Sunset: 4:38PM	3rd Phase	
		785762364 Rahu 3:23PM – 4:38PM	Bava Until 2:17AM Mon	Nataraja: Clear			
Creative Work	Amrita Yoga		Chaturthi* Until 1:15PM	Moon – Light Blue			<b>Sivaloka Day</b>
Until 1:31PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Stamford, CT Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 21.36	Tithi 5 – 6	Gulika 12:52PM – 2:07PM	Purvashadha* Until 4:08PM	Ganesha: Clear	Sunrise: 6:37AM	Moon 10 - Phase 29	
<b>Family Home Evening</b>		Yama 10:22AM – 11:37AM	Shula* Until 5:12AM Tue	Muruqa: Clear	Sunset: 4:37PM	3rd Phase	
		785762364 Rahu 7:52AM – 9:07AM	Kaulava Until 4:38AM Tue	Nataraja: Clear			
Routine Work	Marana Yoga		Panchami Until 3:23PM	Moon – Light Blue			<b>Sivaloka Day</b>
				Kartika-Aipasi			
<b>6</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 3.31	Tithi 6 – 7	Gulika 11:37AM – 12:52PM	Uttarashadha Until 6:58PM	Ganesha: Clear	Sunrise: 6:38AM	Moon 10 - Phase 29	
		Yama 9:08AM – 10:23AM	Ganda* Until 6:10AM Wed	Muruqa: Clear	Sunset: 4:36PM	3rd Phase	
		785762364 Rahu 2:07PM – 3:22PM	Gara Until 7:18AM Wed	Nataraja: Clear			
Routine Work	Prabalarishta Yoga		Shashthi* Until 5:55PM	Moon – Light Blue			<b>Sivaloka Day</b>
Until 6:58PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 15.2	Tithi 7	Gulika 10:23AM – 11:37AM	Shravana Until 10:16PM	Ganesha: Purple	Sunrise: 6:39AM	Moon 10 - Phase 29	
		Yama 7:54AM – 9:08AM	Ganda* Until 6:10AM	Muruqa: Clear	Sunset: 4:36PM	3rd Phase	
		795762364 Rahu 11:37AM – 12:52PM	Gara Until 7:18AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Saptami Until 8:38PM	Moon – Purple			<b>Subha Sivaloka Day</b>
Until 10:16PM				Kartika-Aipasi			
Then Routine Work - Prabalarishta Yoga							
<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 27.07	Tithi 8	Gulika 9:09AM – 10:23AM	Dhanishtha Until 1:18AM Fri	Ganesha: Purple	Sunrise: 6:41AM	Moon 10 - Phase 29	
		Yama 6:41AM – 7:55AM	Vridhhi Until 7:10AM	Muruqa: Clear	Sunset: 4:35PM	Ashtami	
		795762364 Rahu 12:52PM – 2:06PM	Visti Until 9:59AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ashtami* Until 11:13PM	Moon – Purple			<b>Subha Sivaloka Day</b>
				Kartika-Aipasi			
<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 8.59	Tithi 9	Gulika 7:56AM – 9:10AM	Shatabhishak Until 3:47AM Sat	Ganesha: Purple	Sunrise: 6:42AM	Moon 10 - Phase 29	
		Yama 2:06PM – 3:20PM	Dhruva Until 7:59AM	Muruqa: Clear	Sunset: 4:34PM	Navami	
		795762364 Rahu 10:24AM – 11:38AM	Balava Until 12:25PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Navami* Until 1:27AM Sat	Moon – Purple			<b>Subha Sivaloka Day</b>
Until 3:47AM Sat				Kartika-Kartikai			
Then Routine Work - Marana Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT
Kumbha Rasi: 21.02	Tithi 10	<b>Gulika</b> 6:43AM – 7:57AM	<b>Purvaproshtapada* Until 6:02AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:43AM	Sun 23	Sutra 216	Vilamba 5120
		Yama 12:52PM – 2:06PM	Vyaghata* Until 8:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:33PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 9:10AM – 10:24AM	Taitila Until 2:23PM	<b>Nataraja:</b> White				4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 3:06AM Sun</b>	Moon – Clear				<b>Devaloka Day</b>
Until 6:02AM Sun								<b>Karttika-Karttikai</b>
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT
Meena Rasi: 3.19	Tithi 11	<b>Gulika</b> 2:05PM – 3:19PM	<b>Purvaproshtapada* Until 6:02AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:44AM	Sun 24	Sutra 217	Vilamba 5120
		Yama 11:38AM – 12:52PM	Harshana Until 8:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 3:19PM – 4:32PM	Vanija Until 3:41PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 4:02AM Mon</b>	Moon – Clear				<b>Devaloka Day</b>
Until 6:02AM								<b>Karttika-Karttikai</b>
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT
Meena Rasi: 15.54	Tithi 12	<b>Gulika</b> 12:52PM – 2:05PM	<b>Uttaraproshtapada Until 7:25AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:45AM	Sun 25	Sutra 218	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:25AM – 11:38AM	Vajra* Until 8:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 7:59AM – 9:12AM	Bava Until 4:15PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:13AM Tue</b>	Moon – Clear				<b>Devaloka Day</b>
								<b>Karttika-Karttikai</b>

<b>4</b>		<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT
Meena Rasi: 28.5	Tithi 13	<b>Gulika</b> 11:39AM – 12:52PM	<b>Revati Until 7:56AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:46AM	Sun 26	Sutra 219	Vilamba 5120
		Yama 9:13AM – 10:26AM	Siddhi Until 6:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:31PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 2:05PM – 3:18PM	Kaulava Until 4:03PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 3:40AM Wed</b>	Moon – Clear				<b>Devaloka Day</b>
								<b>Karttika-Karttikai</b>
								<i>Pradosha Vrata</i>

<b>5</b>		<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
Mesha Rasi: 12.1	Tithi 14	<b>Gulika</b> 10:26AM – 11:39AM	<b>Ashvini Until 8:03AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:48AM	Sun 27	Sutra 220	Vilamba 5120
		Yama 8:00AM – 9:13AM	Variyan Until 3:01AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:30PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 11:39AM – 12:52PM	Gara Until 3:10PM	<b>Nataraja:</b> White				4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 2:28AM Thu</b>	Moon – White				<b>Bhuloka Day</b>
Until 8:03AM								<b>Karttika-Karttikai</b>
Then Creative Work - Siddha Yoga								<b>Devaloka Time: 12:PM to 3:PM</b>

<b>○</b>		<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:14AM – 10:27AM	<b>Bharani Until 7:23AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:49AM	Sun 28	Sutra 221	Vilamba 5120
Mesha Rasi: 25.51	Tithi 15	Yama 6:49AM – 8:01AM	Parigha* Until 12:25AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:30PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 12:52PM – 2:04PM	Visti Until 1:40PM	<b>Nataraja:</b> White				Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 12:43AM Fri</b>	Moon – White				<b>Bhuloka Day</b>
Until 7:23AM		<b>Krittika Deepam</b>						<b>Karttika-Karttikai</b>
Then Routine Work - Marana Yoga								<b>Devaloka Time: 12:PM to 3:PM</b>

<b>○</b>		<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:02AM – 9:15AM	<b>Krittika Until 6:05AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:50AM	Sun 29	Sutra 222	Vilamba 5120
Vrishabha Rasi: 9.52	Tithi 16	Yama 2:04PM – 3:17PM	Shiva Until 9:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:29PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 10:27AM – 11:39AM	Balava Until 11:42AM	<b>Nataraja:</b> White				Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 10:34PM</b>	Moon – White				<b>Bhuloka Day</b>
Until 6:05AM		<b>Vinayaga Viratam Begins</b>						<b>Karttika-Karttikai</b>
Then Routine Work - Marana Yoga								<b>Devaloka Time: 12:PM to 3:PM</b>

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 223

Vilamba 5120

Virshabha Rasi: 24.06 Tithi 17

737762365

**Gulika** 6:51AM – 8:03AM  
**Yama** 12:52PM – 2:04PM  
**Rahu** 9:15AM – 10:28AM

**Mrigashira** Until 2:56AM Sun  
Siddha Until 6:19PM  
Taitila Until 9:25AM  
**Dvitiya** Until 8:10PM

**Ganesha:** Red *Sunrise:* 6:51AM  
**Muruqa:** Clear *Sunset:* 4:29PM

Moon 11 - Phase 31  
1st Phase

Creative Work Siddha Yoga

**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 8.29 Tithi 18 – 19

737762365

**Gulika** 2:04PM – 3:16PM  
**Yama** 11:40AM – 12:52PM  
**Rahu** 3:16PM – 4:28PM

**Ardra** Until 12:57AM Mon  
Sadhya Until 3:02PM  
Vanija Until 6:55AM  
**Tritiya** Until 5:37PM

**Ganesha:** Red *Sunrise:* 6:52AM  
**Muruqa:** Clear *Sunset:* 4:28PM

Moon 11 - Phase 31  
1st Phase

Creative Work Siddha Yoga

**Nataraja:** White  
Moon – Yellow  
**Karttika-Karttikai**

**Devaloka Day**

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 22.56 Tithi 19 – 20

747762365

**Gulika** 12:52PM – 2:04PM  
**Yama** 10:29AM – 11:40AM  
**Rahu** 8:05AM – 9:17AM

**Punarvasu** Until 11:16PM  
Subha Until 11:45AM  
Kaulava Until 1:50AM Tue  
**Chaturthi\*** Until 3:04PM

**Ganesha:** Green *Sunrise:* 6:53AM  
**Muruqa:** Clear *Sunset:* 4:28PM

Moon 11 - Phase 31  
1st Phase

Creative Work Amrita Yoga

**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 7.21 Tithi 20 – 21

747862365

**Gulika** 11:41AM – 12:52PM  
**Yama** 9:18AM – 10:29AM  
**Rahu** 2:04PM – 3:16PM

**Pushya** Until 9:34PM  
Sukla Until 8:30AM  
Gara Until 11:26PM  
**Panchami** Until 12:36PM

**Ganesha:** White *Sunrise:* 6:54AM  
**Muruqa:** Clear *Sunset:* 4:27PM

Moon 11 - Phase 31  
1st Phase

Creative Work Siddha Yoga

**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 21.4 Tithi 21 – 22

747863365

**Gulika** 10:30AM – 11:41AM  
**Yama** 8:07AM – 9:18AM  
**Rahu** 11:41AM – 12:52PM

**Ashlesha\*** Until 7:55PM  
Indra Until 2:27AM Thu  
Visti Until 9:14PM  
**Shashthi\*** Until 10:17AM

**Ganesha:** White *Sunrise:* 6:55AM  
**Muruqa:** Purple *Sunset:* 4:27PM

Moon 11 - Phase 31  
1st Phase

Creative Work Siddha Yoga

**Nataraja:** White  
Moon – Blue  
**Karttika-Karttikai**

**Bhuloka Day**

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 5.5 Tithi 22 – 23

757863365

**Gulika** 9:19AM – 10:30AM  
**Yama** 6:56AM – 8:08AM  
**Rahu** 12:53PM – 2:04PM

**Magha\*** Until 6:46PM  
Vaidhriti\* Until 11:41PM  
Balava Until 7:17PM  
**Saptami** Until 8:12AM

**Ganesha:** Clear *Sunrise:* 6:56AM  
**Muruqa:** Purple *Sunset:* 4:26PM

Moon 11 - Phase 31  
Ashtami

Creative Work Amrita Yoga

**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Kaulava/Gara Karana Ashlami/Navamyam Titau

Stamford, CT

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 19.52 Tithi 23 – 24

758863365

**Gulika** 8:09AM – 9:20AM  
**Yama** 2:04PM – 3:15PM  
**Rahu** 10:31AM – 11:42AM

**Purvaphalguni** Until 5:45PM  
Vishkambha\* Until 9:08PM  
Gara Until 4:49AM Sat  
**Ashtami\*** Until 6:22AM

**Ganesha:** Orange *Sunrise:* 6:58AM  
**Muruqa:** Purple *Sunset:* 4:26PM

Moon 11 - Phase 31  
Navami

Creative Work Siddha Yoga

**Nataraja:** White  
Moon – Red  
**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM


<b>1</b>	<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
	Kanya Rasi: 3.42	Tithi 25	<b>Gulika</b> 6:59AM – 8:09AM	<b>Uttaraphalguni</b> Until 4:50PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:59AM	Sun 7 Sutra 230
			Yama 12:53PM – 2:04PM	Priti Until 6:50PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:26PM	Vilamba 5120
	758863365	<b>Rahu</b> 9:20AM – 10:31AM	Vanija Until 4:09PM		<b>Nataraja:</b> White		Moon 11 - Phase 32
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:31AM Sun	Moon – Red		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>2</b>	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
	Kanya Rasi: 17.23	Tithi 26	<b>Gulika</b> 2:04PM – 3:15PM	<b>Hasta</b> Until 4:30PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:00AM	Sun 8 Sutra 231
			Yama 11:43AM – 12:53PM	Ayushman Until 4:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:25PM	Vilamba 5120
	768863365	<b>Rahu</b> 3:15PM – 4:25PM	Bava Until 3:01PM		<b>Nataraja:</b> White		Moon 11 - Phase 32
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 2:32AM Mon	Moon – Green		2nd Phase	
Until 4:30PM				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stamford, CT
	Tula Rasi: 0.53	Tithi 27	<b>Gulika</b> 12:54PM – 2:04PM	<b>Chitra</b> Until 4:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:01AM	Sun 9 Sutra 232
			Yama 10:32AM – 11:43AM	Saubhagya Until 2:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:25PM	Vilamba 5120
	768863365	<b>Rahu</b> 8:11AM – 9:22AM	Kaulava Until 2:11PM		<b>Nataraja:</b> White		Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga		<b>Dvadashi*</b> Until 1:52AM Tue	Moon – Green		2nd Phase	
Until 4:20PM				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
	Tula Rasi: 14.13	Tithi 28	<b>Gulika</b> 11:43AM – 12:54PM	<b>Svati</b> Until 4:21PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:02AM	Sun 10 Sutra 233
			Yama 9:22AM – 10:33AM	Sobhana Until 1:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:25PM	Vilamba 5120
	768863365	<b>Rahu</b> 2:04PM – 3:15PM	Gara Until 1:41PM		<b>Nataraja:</b> White		Moon 11 - Phase 32
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 1:34AM Wed	Moon – Green		2nd Phase	
Until 4:21PM				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarna Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stamford, CT
	Tula Rasi: 27.21	Tithi 29	<b>Gulika</b> 10:33AM – 11:44AM	<b>Vishakha</b> Until 5:03PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:03AM	Sun 11 Sutra 234
			Yama 8:13AM – 9:23AM	Athiganda* Until 12:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:25PM	Vilamba 5120
	778863365	<b>Rahu</b> 11:44AM – 12:54PM	Visti Until 1:36PM		<b>Nataraja:</b> White		Moon 11 - Phase 32
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:42AM Thu	Moon – Orange		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	

	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarna/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 9:24AM – 10:34AM	<b>Anuradha</b> Until 6:04PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:04AM	Sun 12 Sutra 235
	Vrishchika Rasi: 10.15	Tithi 30	Yama 7:04AM – 8:14AM	Sukarna Until 11:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:25PM	Vilamba 5120
			778863365 <b>Rahu</b> 12:54PM – 2:05PM	Catuspada Until 1:59PM	<b>Nataraja:</b> White		Moon 11 - Phase 32
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:20AM Fri	Moon – Orange		Amavasya	
Until 6:04PM				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>	<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT
	Vrishchika Rasi: 22.56	Tithi 1	<b>Gulika</b> 8:15AM – 9:25AM	<b>Jyeshtha*</b> Until 7:25PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:04AM	Sun 13 Sutra 236
			Yama 2:05PM – 3:15PM	Dhriti Until 10:33AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:25PM	Vilamba 5120
	779863365 <b>Rahu</b> 10:35AM – 11:45AM	Kintughna Until 2:52PM			<b>Nataraja:</b> White		Moon 11 - Phase 32
Routine Work	Marana Yoga		<b>Prathama*</b> Until 3:29AM Sat	Moon – Orange		Prathama	
Until 7:25PM				<b>Margasira-Karttikai</b>		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 23.41	Tithi 10	<b>Gulika</b> 12:59PM – 2:08PM	<b>Revati</b> Until 5:38PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:12AM	
	Family Home Evening	811863365	Yama 10:40AM – 11:49AM	Variyan Until 2:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 8:22AM – 9:31AM	Taitila Until 9:22AM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami</b> Until 9:29PM	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>			

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 6.37	Tithi 11	<b>Gulika</b> 11:50AM – 12:59PM	<b>Ashvini</b> Until 6:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:13AM	
		821863365	Yama 9:31AM – 10:41AM	Parigha* Until 1:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 2:08PM – 3:17PM	Vanija Until 9:26AM	<b>Nataraja:</b> White		4th Phase
			<b>Ekadashi</b> Until 9:08PM	Moon – White		<b>Bhuloka Day</b>	
		<b>Gita Jayanthi</b>		<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 19.58	Tithi 12	<b>Gulika</b> 10:41AM – 11:50AM	<b>Bharani</b> Until 5:43PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:14AM	
		821863365	Yama 8:23AM – 9:32AM	Shiva Until 11:26AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		<b>Rahu</b> 11:50AM – 1:00PM	Bava Until 8:40AM	<b>Nataraja:</b> White		4th Phase
Until 5:43PM			<b>Dvadashi</b> Until 7:59PM	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT Sun 26 Sutra 249 Vilamba 5120
	Vrishabha Rasi: 3.46	Tithi 13	<b>Gulika</b> 9:33AM – 10:42AM	<b>Krittika</b> Until 4:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:14AM	
		821863365	Yama 7:14AM – 8:23AM	Siddha Until 8:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 1:00PM – 2:09PM	Kaulava Until 7:09AM	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi</b> Until 6:08PM	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 17.58	Tithi 14 – 15	<b>Gulika</b> 8:24AM – 9:33AM	<b>Rohini</b> Until 2:54PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:15AM	
		821863365	Yama 2:10PM – 3:19PM	Subha Until 2:32AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		<b>Rahu</b> 10:42AM – 11:51AM	Visti Until 2:21AM Sat	<b>Nataraja:</b> White		4th Phase
Until 2:54PM			<b>Chaturdashi*</b> Until 3:43PM	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Day 1 of Pancha Ganapati</b>		<b>Margasira-Markali</b>			

<b>○</b>	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sutra 251 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:15AM – 8:24AM	<b>Mrigashira</b> Until 12:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:15AM	
	Mithuna Rasi: 2.3	Tithi 15 – 16	Yama 1:01PM – 2:10PM	Sukla Until 10:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	831963365	<b>Rahu</b> 9:34AM – 10:43AM	Balava Until 11:21PM	<b>Nataraja:</b> White		Purnima
			<b>Purnima*</b> Until 12:52PM	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Day 2 of Pancha Ganapati</b>		<b>Margasira-Markali</b>		Devaloka Time: 9:AM to 12:PM	

<b>○</b>	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Stamford, CT Sutra 252 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:11PM – 3:20PM	<b>Ardra</b> Until 10:15AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:16AM	
	Mithuna Rasi: 17.16	Tithi 16 – 17	Yama 11:52AM – 1:02PM	Brahma Until 7:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	831963365	<b>Rahu</b> 3:20PM – 4:29PM	Taitila Until 8:09PM	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> Until 9:45AM	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Day 3 of Pancha Ganapati</b>		<b>Margasira-Markali</b>		Devaloka Time: 9:AM to 12:PM	
		<b>Ardra Darshanam</b>					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tithi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Gulika 1:02PM - 2:11PM Punarvasu Until 7:53AM

Yama 10:44AM - 11:53AM

Rahu 8:25AM - 9:35AM

Day 4 of Pancha Ganapati

Ganesha: Blue Sunrise: 7:16AM

Muruqa: Purple Sunset: 4:30PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Stamford, CT

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 17.01 Tithi 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:53AM - 1:03PM Ashlesha\* Until 2:59AM Wed

Yama 9:35AM - 10:44AM

Rahu 2:12PM - 3:21PM

Day 5 of Pancha Ganapati

Ganesha: Yellow Sunrise: 7:17AM

Muruqa: Purple Sunset: 4:30PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Stamford, CT

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Simha Rasi: 1.44 Tithi 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:45AM - 11:54AM Magha\* Until 1:08AM Thu

Yama 8:26AM - 9:35AM

Rahu 11:54AM - 1:03PM

Panchami Until 9:31PM

Ganesha: Blue Sunrise: 7:17AM

Muruqa: Purple Sunset: 4:31PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Stamford, CT

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 16.14 Tithi 21

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:36AM - 10:45AM Purvaphalguni Until 11:33PM

Yama 7:17AM - 8:27AM

Rahu 1:04PM - 2:13PM

Shashthi\* Until 7:10PM

Ganesha: Blue Sunrise: 7:17AM

Muruqa: Purple Sunset: 4:32PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Stamford, CT

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Kanya Rasi: 0.26 Tithi 22 - 23

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:27AM - 9:36AM Uttaraphalguni Until 10:17PM

Yama 2:14PM - 3:23PM

Rahu 10:46AM - 11:55AM

Saptami Until 5:16PM

Ganesha: Blue Sunrise: 7:18AM

Muruqa: Purple Sunset: 4:32PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Stamford, CT

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tithi 23 - 24

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:18AM - 8:27AM Hasta Until 9:50PM

Yama 1:05PM - 2:14PM

Rahu 9:37AM - 10:46AM

Ashtami\* Until 3:54PM

Ganesha: Red Sunrise: 7:18AM

Muruqa: Purple Sunset: 4:33PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Stamford, CT

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tithi 24 - 25

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Chitra Nakshatra Athiganda\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 2:15PM - 3:24PM Chitra Until 9:46PM

Yama 11:56AM - 1:05PM

Rahu 3:24PM - 4:34PM

Navami\* Until 3:04PM

Ganesha: Red Sunrise: 7:18AM

Muruqa: Purple Sunset: 4:34PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Stamford, CT

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 8 Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:06PM – 2:15PM	<b>Svati Until 10:03PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:18AM	
Tula Rasi: 11.11	Tithi 25 – 26	Yama 10:47AM – 11:56AM	Sukarma Until 5:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 8:28AM – 9:37AM	Bava Until 2:49AM Tue	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Dashami Until 2:45PM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 10:03PM				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 9 Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 11:57AM – 1:06PM	<b>Vishakha Until 11:08PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:18AM	
Tula Rasi: 24.11	Tithi 26 – 27	Yama 9:38AM – 10:47AM	Dhriti Until 4:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 2:16PM – 3:26PM	Kaulava Until 3:17AM Wed	<b>Nataraja:</b> Green		2nd Phase
Routine Work Marana Yoga			<b>Ekadashi* Until 2:58PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 11:08PM				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 10 Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:48AM – 11:57AM	<b>Anuradha Until 12:31AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:18AM	
Vrischika Rasi: 6.57	Tithi 27 – 28	Yama 8:28AM – 9:38AM	Shula* Until 3:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 11:57AM – 1:07PM	Gara Until 4:13AM Thu	<b>Nataraja:</b> Green		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 3:40PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 12:31AM Thu				<b>Margasira*Markali</b>		
Then Routine Work - Prabalarishta Yoga						
						<i>Pradosha Vrata (Fasting)</i>

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 11 Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:38AM – 10:48AM	<b>Jyeshtha* Until 2:12AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:19AM	
Vrischika Rasi: 19.3	Tithi 28 – 29	Yama 7:19AM – 8:28AM	Ganda* Until 3:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 1:08PM – 2:17PM	Visti Until 5:37AM Fri	<b>Nataraja:</b> Green		2nd Phase
Routine Work Prabalarishta Yoga			<b>Trayodashi* Until 4:51PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 2:12AM Fri				<b>Margasira*Markali</b>		
Then Creative Work - Amrita Yoga						

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Mula* Nakshatra Vridhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Stamford, CT Sun 12 Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:28AM – 9:38AM	<b>Mula* Until 4:36AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:19AM	
Dhanus Rasi: 1.51	Tithi 29	Yama 2:18PM – 3:28PM	Vridhi Until 3:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 36
882963366		<b>Rahu</b> 10:48AM – 11:58AM	Sakuni Until 6:28PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Chaturdashi* Until 6:28PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 4:36AM Sat				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT Sun 13 Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:19AM – 8:29AM	<b>Purvashadha* Until 7:13AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:19AM	
Dhanus Rasi: 14.02	Tithi 30	Yama 1:09PM – 2:19PM	Dhruva Until 3:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 9:39AM – 10:49AM	Catuspada Until 7:27AM	<b>Nataraja:</b> Green		Amavasya
Creative Work Siddha Yoga			<b>Amavasya* Until 8:29PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:13AM Sun				<b>Margasira*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Jayanti</b>				

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT Sun 14 Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:20PM – 3:30PM	<b>Purvashadha* Until 7:13AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:19AM	
Dhanus Rasi: 26.03	Tithi 1	Yama 11:59AM – 1:09PM	Vyaghata* Until 4:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 3:30PM – 4:40PM	Kintughna Until 9:39AM	<b>Nataraja:</b> Green		Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 10:50PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:13AM		<b>Partial Solar Eclipse</b>		<b>Pausha*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT Sun 15 Sutra 267 Vilamba 5120
<b>1</b>	Makara Rasi: 7.58 Family Home Evening Routine Work Marana Yoga Until 9:56AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:10PM – 2:20PM Yama 10:49AM – 12:00PM <b>Rahu</b> 8:29AM – 9:39AM	<b>Uttarashadha Until 9:56AM</b> Harshana Until 5:09PM Balava Until 12:09PM Dvitiya Until 1:27AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 4:41PM	Moon 12 - Phase 37 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Taitila/Gara Karana Trityayam Titau				Stamford, CT Sun 16 Sutra 268 Vilamba 5120
<b>2</b>	Makara Rasi: 19.47 Creative Work Siddha Yoga	<b>Gulika</b> 12:00PM – 1:10PM Yama 9:39AM – 10:50AM <b>Rahu</b> 2:21PM – 3:31PM	<b>Shravana Until 1:12PM</b> Vajra* Until 6:06PM Taitila Until 2:50PM Tritya Until 4:12AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 4:42PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Stamford, CT Sun 17 Sutra 269 Vilamba 5120
<b>3</b>	Kumbha Rasi: 1.34 Routine Work Prabalarishta Yoga Until 4:22PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:50AM – 12:00PM Yama 8:29AM – 9:39AM <b>Rahu</b> 12:00PM – 1:11PM	<b>Dhanishtha Until 4:22PM</b> Siddhi Until 7:06PM Vanija Until 5:36PM Chaturthi* Until 6:55AM Thu	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 4:43PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT Sun 18 Sutra 270 Vilamba 5120
<b>4</b>	Kumbha Rasi: 13.22 Creative Work Siddha Yoga	<b>Gulika</b> 9:39AM – 10:50AM Yama 7:18AM – 8:29AM <b>Rahu</b> 1:12PM – 2:22PM	<b>Shatabhishak Until 7:16PM</b> Vyatipata* Until 8:01PM Bava Until 8:15PM Chaturthi* Until 6:55AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 4:44PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT Sun 19 Sutra 271 Vilamba 5120
<b>5</b>	Kumbha Rasi: 25.13 Creative Work Siddha Yoga	<b>Gulika</b> 8:29AM – 9:40AM Yama 2:23PM – 3:34PM <b>Rahu</b> 10:50AM – 12:01PM	<b>Purvaproshtapada* Until 10:14PM</b> Variyan Until 8:43PM Kaulava Until 10:37PM Panchami Until 9:27AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 4:45PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT Sun 20 Sutra 272 Vilamba 5120
<b>6</b>	Meena Rasi: 7.13 Creative Work Siddha Yoga Until 12:37AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:17AM – 8:28AM Yama 1:13PM – 2:24PM <b>Rahu</b> 9:40AM – 10:51AM	<b>Uttaraproshtapada Until 12:37AM Sun</b> Parigha* Until 9:06PM Gara Until 12:32AM Sun Shashthi* Until 11:37AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:17AM <b>Sunset:</b> 4:46PM	Moon 12 - Phase 37 3rd Phase <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Stamford, CT Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>	Meena Rasi: 19.25 Creative Work Amrita Yoga Until 2:14AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:25PM – 3:36PM Yama 12:02PM – 1:13PM <b>Rahu</b> 3:36PM – 4:47PM	<b>Revati Until 2:14AM Mon</b> Shiva Until 9:02PM Visti Until 1:49AM Mon Saptami Until 1:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:17AM <b>Sunset:</b> 4:47PM	Moon 12 - Phase 37 Ashtami <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>	Mesha Rasi: 1.53 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 1:14PM – 2:25PM Yama 10:51AM – 12:02PM <b>Rahu</b> 8:28AM – 9:40AM	<b>Ashvini Until 3:28AM Tue</b> Siddha Until 8:23PM Balava Until 2:21AM Tue Ashtami* Until 2:10PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	<b>Sunrise:</b> 7:17AM <b>Sunset:</b> 4:48PM	Moon 12 - Phase 37 Navami <b>Sivaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stamford, CT Sun 23 Sutra 275 Vilamba 5120	
Mesha Rasi: 14.42	Tithi 9 – 10	<b>Gulika</b> 12:03PM – 1:14PM	<b>Bharani Until 3:43AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:16AM		
		Yama 9:40AM – 10:51AM	Sadhya Until 7:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 38	
	823973366	<b>Rahu</b> 2:26PM – 3:38PM	Taitila Until 2:04AM Wed	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 2:18PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 3:43AM Wed				<b>Pausha*Thai</b>			
Then Creative Work - Amrita Yoga							


<b>2</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 27.56	Tithi 10 – 11	<b>Gulika</b> 10:51AM – 12:03PM	<b>Krittika Until 3:02AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:16AM		
		Yama 8:28AM – 9:40AM	Subha Until 5:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Moon 12 - Phase 38	
	823173366	<b>Rahu</b> 12:03PM – 1:15PM	Vanija Until 12:57AM Thu	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 1:36PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 3:02AM Thu				<b>Pausha*Thai</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 11.37	Tithi 11 – 12	<b>Gulika</b> 9:40AM – 10:52AM	<b>Rohini Until 1:54AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:16AM		
		Yama 7:16AM – 8:28AM	Sukla Until 2:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 38	
	833173366	<b>Rahu</b> 1:16PM – 2:28PM	Bava Until 11:05PM	<b>Nataraja:</b> Green		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi Until 12:05PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 1:54AM Fri				<b>Pausha*Thai</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 25.46	Tithi 12 – 13	<b>Gulika</b> 8:27AM – 9:39AM	<b>Mrigashira Until 11:59PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:15AM		
		Yama 2:28PM – 3:41PM	Brahma Until 11:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 38	
	833173366	<b>Rahu</b> 10:52AM – 12:04PM	Kaulava Until 8:33PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 9:52AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>			

*Pradosha Vrata*

<b>5</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 10.2	Tithi 13 – 14	<b>Gulika</b> 7:14AM – 8:27AM	<b>Ardra Until 9:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:14AM		
		Yama 1:17PM – 2:29PM	Indra Until 8:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 38	
	833173366	<b>Rahu</b> 9:39AM – 10:52AM	Vanija Until 3:48AM Sun	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:03AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha*Thai</b>			

		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		Stamford, CT Sutra 280 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:30PM – 3:42PM	<b>Punarvasu Until 6:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:14AM		
Mithuna Rasi: 25.15	Tithi 15	Yama 12:04PM – 1:17PM	Vishkambha* Until 12:01AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 38	
		<b>Rahu</b> 3:42PM – 4:55PM	Visti Until 2:04PM	<b>Nataraja:</b> Green		Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 12:15AM Mon</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Stamford, CT Sutra 281 Vilamba 5120	
Kataka Rasi: 10.22	Tithi 16	<b>Gulika</b> 1:18PM – 2:31PM	<b>Pushya Until 3:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:13AM		
<b>Family Home Evening</b>		Yama 10:52AM – 12:05PM	Priti Until 7:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 38	
	843173366	<b>Rahu</b> 8:26AM – 9:39AM	Balava Until 10:26AM	<b>Nataraja:</b> Green		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 8:34PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha*Thai</b>			
		<b>Total Lunar Eclipse</b>					
		<b>Thai Pusam</b>					

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 25.34 Tithi 17 - 18

844173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Magha\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitya/Tritiyam Titau

**Gulika** 12:05PM - 1:18PM  
**Yama** 9:39AM - 10:52AM  
**Rahu** 2:31PM - 3:44PM

**Ashlesha\* Until 12:53PM**  
**Ayushman Until 3:32PM**  
**Taitila Until 6:45AM**  
**Dvitiya Until 4:56PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Blue  
**Pausha\*Thai**

**Sunrise:** 7:13AM  
**Sunset:** 4:57PM

Stamford, CT  
Sun 1 Sutra 282  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

1

Wednesday, January 23, 2019

Simha Rasi: 10.4 Tithi 18 - 19

854173366

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

**Gulika** 10:52AM - 12:05PM  
**Yama** 8:25AM - 9:39AM  
**Rahu** 12:05PM - 1:19PM

**Magha\* Until 10:16AM**  
**Saubhagya Until 11:27AM**  
**Bava Until 11:54PM**  
**Tritiya Until 1:29PM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Red  
**Pausha\*Thai**

**Sunrise:** 7:12AM  
**Sunset:** 4:57PM

Stamford, CT  
Sun 2 Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 25.32 Tithi 19 - 20

954173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 9:38AM - 10:52AM  
**Yama** 7:11AM - 8:25AM  
**Rahu** 1:19PM - 2:33PM

**Purvaphalguni Until 7:50AM**  
**Sobhana Until 7:40AM**  
**Kaulava Until 9:03PM**  
**Chaturthi\* Until 10:24AM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Red  
**Pausha\*Thai**

**Sunrise:** 7:11AM  
**Sunset:** 5:00PM

Stamford, CT  
Sun 3 Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

3

Friday, January 25, 2019

Kanya Rasi: 10.04 Tithi 20 - 21

964173366

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 8:24AM - 9:38AM  
**Yama** 2:33PM - 3:47PM  
**Rahu** 10:52AM - 12:06PM

**Hasta Until 4:31AM Sat**  
**Sukarma Until 1:18AM Sat**  
**Gara Until 6:44PM**  
**Panchami Until 7:47AM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

**Sunrise:** 7:11AM  
**Sunset:** 5:01PM

Stamford, CT  
Sun 4 Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

4

Saturday, January 26, 2019

Kanya Rasi: 24.11 Tithi 22

964173366

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 7:10AM - 8:24AM  
**Yama** 1:20PM - 2:34PM  
**Rahu** 9:38AM - 10:52AM

**Chitra Until 3:51AM Sun**  
**Dhriti Until 10:55PM**  
**Visti Until 5:04PM**  
**Saptami Until 4:30AM Sun**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

**Sunrise:** 7:10AM  
**Sunset:** 5:02PM

Stamford, CT  
Sun 5 Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

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Sunday, January 27, 2019

Retreat Star

Tula Rasi: 7.52 Tithi 23

964173366

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 2:35PM - 3:49PM  
**Yama** 12:06PM - 1:21PM  
**Rahu** 3:49PM - 5:04PM

**Svati Until 3:44AM Mon**  
**Shula\* Until 9:06PM**  
**Balava Until 4:08PM**  
**Ashtami\* Until 3:56AM Mon**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

**Sunrise:** 7:09AM  
**Sunset:** 5:04PM

Stamford, CT  
Sun 6 Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Tula Rasi: 21.08 Tithi 24

974173366

Family Home Evening

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:21PM - 2:36PM  
**Yama** 10:52AM - 12:06PM  
**Rahu** 8:23AM - 9:37AM

**Vishakha Until 4:40AM Tue**  
**Ganda\* Until 7:52PM**  
**Taitila Until 3:58PM**  
**Navami\* Until 4:07AM Tue**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Orange  
**Pausha\*Thai**

**Sunrise:** 7:08AM  
**Sunset:** 5:05PM

Stamford, CT  
Sun 7 Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

**Devaloka Day**

<b>1</b>		<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Stamford, CT Sun 8 Sutra 289 Vilamba 5120	
Wrischika Rasi: 4.02	Tithi 25	<b>Gulika</b> 12:07PM – 1:22PM	<b>Anuradha</b> Until 6:06AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM
		Yama 9:37AM – 10:52AM	Vriddhi Until 7:12PM	<b>Nataraja:</b> Green		Moon 1 - Phase 40	2nd Phase
974173366	<b>Rahu</b> 2:36PM – 3:51PM		Vanija Until 4:30PM	Moon – Orange		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:00AM Wed	<b>Pausha</b> -Thai			

<b>2</b>		<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT Sun 9 Sutra 290 Vilamba 5120	
Wrischika Rasi: 16.36	Tithi 26	<b>Gulika</b> 10:52AM – 12:07PM	<b>Anuradha</b> Until 6:06AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:07PM
		Yama 8:22AM – 9:37AM	Dhruva Until 7:00PM	<b>Nataraja:</b> Green		Moon 1 - Phase 40	2nd Phase
974173366	<b>Rahu</b> 12:07PM – 1:22PM		Bava Until 5:42PM	Moon – Orange		<b>Devaloka Day</b>	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:30AM Thu	<b>Pausha</b> -Thai			

<b>3</b>		<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 10 Sutra 291 Vilamba 5120	
Wrischika Rasi: 28.55	Tithi 26 – 27	<b>Gulika</b> 9:36AM – 10:52AM	<b>Jyeshtha*</b> Until 7:57AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM
		Yama 7:05AM – 8:21AM	Vyaghata* Until 7:13PM	<b>Nataraja:</b> Green		Moon 1 - Phase 40	2nd Phase
974173366	<b>Rahu</b> 1:22PM – 2:38PM		Kaulava Until 7:27PM	Moon – Orange		<b>Devaloka Day</b>	
Routine Work	Prabalarishta Yoga		<b>Ekadashi*</b> Until 6:30AM	<b>Pausha</b> -Thai			
Until 7:57AM							
Then Creative Work	Siddha Yoga						

<b>4</b>		<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 11 Sutra 292 Vilamba 5120	
Dhanus Rasi: 11.02	Tithi 27 – 28	<b>Gulika</b> 8:21AM – 9:36AM	<b>Mula*</b> Until 10:35AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM
		Yama 2:38PM – 3:53PM	Harshana Until 7:47PM	<b>Nataraja:</b> Green		Moon 1 - Phase 40	2nd Phase
984173366	<b>Rahu</b> 10:52AM – 12:07PM		Gara Until 9:38PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 8:28AM	<b>Pausha</b> -Thai		<b>Devaloka Time: 12:PM to 3:PM</b>	
Until 10:35AM							
Then Routine Work	Prabalarishta Yoga		<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 293 Vilamba 5120	
Dhanus Rasi: 22.59	Tithi 28 – 29	<b>Gulika</b> 7:05AM – 8:20AM	<b>Purvashadha*</b> Until 1:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM
		Yama 1:23PM – 2:38PM	Vajra* Until 8:32PM	<b>Nataraja:</b> Green		Moon 1 - Phase 40	2nd Phase
984173366	<b>Rahu</b> 9:36AM – 10:51AM		Visti Until 12:06AM Sun	Moon – Light Blue		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 10:49AM	<b>Pausha</b> -Thai		<b>Devaloka Time: 12:PM to 3:PM</b>	
Until 1:23PM							
Then Routine Work	Marana Yoga						

<b>●</b>		<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 13 Sutra 294 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 2:39PM – 3:55PM	<b>Uttarashadha</b> Until 4:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM
Makara Rasi: 4.52	Tithi 29 – 30	Yama 12:07PM – 1:23PM	Siddhi Until 9:27PM	<b>Nataraja:</b> White		Moon 1 - Phase 40	Amavasya
985173367	<b>Rahu</b> 3:55PM – 5:11PM		Catuspada Until 2:46AM Mon	Moon – Light Blue		<b>Devaloka Day</b>	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 1:24PM	<b>Pausha</b> -Thai			

<b>Monday, February 4, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 14 Sutra 295 Vilamba 5120	
Makara Rasi: 16.4	Tithi 30 – 1	<b>Gulika</b> 1:24PM – 2:40PM	<b>Shravana</b> Until 7:32PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM
<b>Family Home Evening</b>		Yama 10:51AM – 12:07PM	Vyatipata* Until 10:27PM	<b>Nataraja:</b> White		Moon 1 - Phase 40	Prathama
995173367	<b>Rahu</b> 8:19AM – 9:35AM		Kintughna Until 5:29AM Tue	Moon – Purple		<b>Devaloka Day</b>	
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 4:06PM	<b>Magha</b> -Thai			
Until 7:32PM							
Then Creative Work	Siddha Yoga						

<b>1</b>		<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava Karana Pralhamayam Titau				Stamford, CT
Makara Rasi: 28.28	Tithi 1	Gulika	12:07PM – 1:24PM	<b>Dhanishtha Until 10:39PM</b>	Ganesha: Red	Sunrise: 7:01AM	Sun 15	Sutra 296
		Yama	9:34AM – 10:51AM	Variyan Until 11:24PM	Muruqa: Clear	Sunset: 5:13PM		Vilamba 5120
		995173367 Rahu	2:40PM – 3:57PM	Bava Until 6:48PM	Nataraja: White			Moon 1 - Phase 41
Creative Work	Siddha Yoga			Prathama* Until 6:48PM	Moon – Purple			3rd Phase
Until 10:39PM					<b>Magha-Thai</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
Kumbha Rasi: 10.16	Tithi 2	Gulika	10:51AM – 12:08PM	<b>Shatabhishak Until 1:30AM Thu</b>	Ganesha: Red	Sunrise: 7:00AM	Sun 16	Sutra 297
		Yama	8:17AM – 9:34AM	Parigha* Until 12:18AM Thu	Muruqa: Clear	Sunset: 5:15PM		Vilamba 5120
		995173367 Rahu	12:08PM – 1:24PM	Balava Until 8:09AM	Nataraja: White			Moon 1 - Phase 41
Creative Work	Siddha Yoga			Dvitiya Until 9:25PM	Moon – Purple			3rd Phase
					<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>3</b>		<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT
Kumbha Rasi: 22.08	Tithi 3	Gulika	9:34AM – 10:51AM	<b>Purvaproshtpada* Until 4:29AM Fri</b>	Ganesha: Blue	Sunrise: 6:59AM	Sun 17	Sutra 298
		Yama	6:59AM – 8:16AM	Shiva Until 1:03AM Fri	Muruqa: Clear	Sunset: 5:16PM		Vilamba 5120
		915173367 Rahu	1:25PM – 2:42PM	Taitila Until 10:40AM	Nataraja: White			Moon 1 - Phase 41
Creative Work	Siddha Yoga			Tritiya Until 11:50PM	Moon – Clear			3rd Phase
					<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>4</b>		<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visiti* Karana Chaturthyam Titau				Stamford, CT
Meena Rasi: 4.05	Tithi 4	Gulika	8:16AM – 9:33AM	<b>Uttaraproshtpada Until 7:01AM Sat</b>	Ganesha: Blue	Sunrise: 6:58AM	Sun 18	Sutra 299
		Yama	2:42PM – 4:00PM	Siddha Until 1:33AM Sat	Muruqa: Clear	Sunset: 5:17PM		Vilamba 5120
		915173367 Rahu	10:50AM – 12:08PM	Vanija Until 12:57PM	Nataraja: White			Moon 1 - Phase 41
Creative Work	Siddha Yoga			Chaturthi* Until 1:57AM Sat	Moon – Clear			3rd Phase
Until 7:01AM Sat					<b>Magha-Thai</b>		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Meena Rasi: 16.08	Tithi 5	Gulika	6:57AM – 8:15AM	<b>Uttaraproshtpada Until 7:01AM</b>	Ganesha: Red	Sunrise: 6:57AM	Sun 19	Sutra 300
		Yama	1:25PM – 2:43PM	Sadhya Until 1:47AM Sun	Muruqa: Clear	Sunset: 5:18PM		Vilamba 5120
		915273367 Rahu	9:32AM – 10:50AM	Bava Until 2:54PM	Nataraja: White			Moon 1 - Phase 41
Creative Work	Siddha Yoga			Panchami Until 3:41AM Sun	Moon – Clear			3rd Phase
Until 7:01AM					<b>Magha-Thai</b>		<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga								

<b>6</b>		<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
Meena Rasi: 28.22	Tithi 6	Gulika	2:44PM – 4:02PM	<b>Revati Until 8:59AM</b>	Ganesha: Red	Sunrise: 6:56AM	Sun 20	Sutra 301
		Yama	12:08PM – 1:26PM	Subha Until 1:38AM Mon	Muruqa: Clear	Sunset: 5:20PM		Vilamba 5120
		915273367 Rahu	4:02PM – 5:20PM	Kaulava Until 4:23PM	Nataraja: White			Moon 1 - Phase 41
Creative Work	Amrita Yoga			Shashthi* Until 4:54AM Mon	Moon – Clear			3rd Phase
Until 8:59AM					<b>Magha-Thai</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga								

<b>Monday, February 11, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
Mesha Rasi: 10.49	Tithi 7	Gulika	1:26PM – 2:44PM	<b>Ashvini Until 10:45AM</b>	Ganesha: Blue	Sunrise: 6:55AM	Sun 21	Sutra 302
		Yama	10:50AM – 12:08PM	Sukla Until 1:00AM Tue	Muruqa: Clear	Sunset: 5:21PM		Vilamba 5120
<b>Family Home Evening</b>		925273367 Rahu	8:13AM – 9:31AM	Gara Until 5:18PM	Nataraja: White			Moon 1 - Phase 41
Creative Work	Siddha Yoga			Saptami Until 5:29AM Tue	Moon – White			3rd Phase
					<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM

<b>Tuesday, February 12, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT
Mesha Rasi: 23.34	Tithi 8	Gulika	12:08PM – 1:26PM	<b>Bharani Until 11:44AM</b>	Ganesha: Blue	Sunrise: 6:54AM	Sun 22	Sutra 303
		Yama	9:31AM – 10:49AM	Brahma Until 11:51PM	Muruqa: Clear	Sunset: 5:22PM		Vilamba 5120
		925273367 Rahu	2:45PM – 4:04PM	Visti Until 5:32PM	Nataraja: White			Moon 1 - Phase 41
Creative Work	Siddha Yoga			Ashtami* Until 5:22AM Wed	Moon – White			Ashtami
					<b>Magha-Masi</b>		<b>Bhuloka Day</b>	
								Devaloka Time: 12:PM to 3:PM

<b>Wednesday, February 13, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
Vrishabha Rasi: 6.38	Tithi 9	Gulika	10:49AM – 12:08PM	<b>Krittika Until 11:52AM</b>	Ganesha: Yellow	Sunrise: 6:52AM	Sun 23	Sutra 304
		Yama	8:11AM – 9:30AM	Indra Until 10:07PM	Muruqa: Clear	Sunset: 5:23PM		Vilamba 5120
		926273367 Rahu	12:08PM – 1:27PM	Balava Until 5:02PM	Nataraja: White			Moon 1 - Phase 41
Creative Work	Amrita Yoga			Navami* Until 4:28AM Thu	Moon – White			Navami
Until 11:52AM					<b>Magha-Masi</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga								

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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<b>1</b>		<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau		Stamford, CT Sun 24 Sutra 305 Vilamba 5120
Vrishabha Rasi: 20.08	Tithi 10	<b>Gulika</b> 9:29AM – 10:49AM	<b>Rohini</b> Until 11:33AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:51AM	
		Yama 6:51AM – 8:10AM	Vaidhriti* Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 42
		936273367 <b>Rahu</b> 1:27PM – 2:46PM	Taitila Until 3:45PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 2:49AM Fri	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Magha-Masi</b>		

<b>2</b>		<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Stamford, CT Sun 25 Sutra 306 Vilamba 5120
Mithuna Rasi: 4.04	Tithi 11	<b>Gulika</b> 8:09AM – 9:29AM	<b>Mrigashira</b> Until 10:22AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:50AM	
		Yama 2:47PM – 4:06PM	Vishkambha* Until 4:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 42
		936273367 <b>Rahu</b> 10:48AM – 12:08PM	Vanija Until 1:45PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 12:30AM Sat	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Magha-Masi</b>		

<b>3</b>		<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Stamford, CT Sun 26 Sutra 307 Vilamba 5120
Mithuna Rasi: 18.27	Tithi 12	<b>Gulika</b> 6:48AM – 8:08AM	<b>Ardra</b> Until 8:23AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:48AM	
		Yama 1:28PM – 2:47PM	Priti Until 1:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 42
		936273367 <b>Rahu</b> 9:28AM – 10:48AM	Bava Until 11:07AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 9:35PM	Moon – Yellow		<b>Sivaloka Day</b>
				<b>Magha-Masi</b>		

<b>4</b>		<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stamford, CT Sun 27 Sutra 308 Vilamba 5120
Kataka Rasi: 3.13	Tithi 13	<b>Gulika</b> 2:48PM – 4:08PM	<b>Punarvasu</b> Until 6:09AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:47AM	
		Yama 12:08PM – 1:28PM	Ayushman Until 9:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 42
		946273367 <b>Rahu</b> 4:08PM – 5:28PM	Kaulava Until 7:58AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:14PM	Moon – Blue		<b>Devaloka Day</b>
				<b>Magha-Masi</b>		

*Pradosha Vrata*

		<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stamford, CT Sutra 309 Vilamba 5120
Kataka Rasi: 18.17	Tithi 14 – 15	<b>Gulika</b> 1:28PM – 2:49PM	<b>Ashlesha*</b> Until 12:18AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:46AM	
<b>Family Home Evening</b>		Yama 10:47AM – 12:08PM	Sobhana Until 1:12AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 42
		946273367 <b>Rahu</b> 8:06AM – 9:27AM	Visti Until 12:43AM Tue	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:35PM	Moon – Blue		<b>Devaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Magha-Masi</b>		

<b>5</b>		<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stamford, CT Sutra 310 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:08PM – 1:28PM	<b>Magha*</b> Until 9:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:44AM	
Simha Rasi: 3.32	Tithi 15 – 16	Yama 9:26AM – 10:47AM	Athiganda* Until 8:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 42
		956273367 <b>Rahu</b> 2:49PM – 4:10PM	Balava Until 8:55PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:48AM	Moon – Red		<b>Sivaloka Day</b>
				<b>Magha-Masi</b>		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Wednesday, February 20, 2019

Gold Retreat Star

Simha Rasi: 18.46    Tithi 16 - 17

957273367

Creative Work    Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

**Gulika** 10:46AM - 12:07PM  
Yama 8:04AM - 9:25AM  
**Rahu** 12:07PM - 1:29PM

**Purvaphalguni** Until 6:30PM  
Sukarma Until 4:38PM  
Gara Until 3:30AM Thu  
Prathama\* Until 7:03AM

**Ganesha:** Clear    *Sunrise:* 6:43AM  
**Muruqa:** Clear    *Sunset:* 5:32PM  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

Stamford, CT  
Sutra 311  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

1

Thursday, February 21, 2019

Kanya Rasi: 3.5    Tithi 18

957273367

Amrita Yoga

Until 3:46PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 9:25AM - 10:46AM  
Yama 6:42AM - 8:03AM  
**Rahu** 1:29PM - 2:50PM

**Uttaraphalguni** Until 3:46PM  
Dhriti Until 12:40PM  
Vanija Until 1:53PM  
Tritiya Until 12:20AM Fri

**Ganesha:** Clear    *Sunrise:* 6:42AM  
**Muruqa:** Clear    *Sunset:* 5:33PM  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

Stamford, CT  
Sun 1    Sutra 312  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

2

Friday, February 22, 2019

Kanya Rasi: 18.37    Tithi 19

967273367

Creative Work    Amrita Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika** 8:02AM - 9:24AM  
Yama 2:51PM - 4:13PM  
**Rahu** 10:46AM - 12:07PM

**Hasta** Until 1:47PM  
Shula\* Until 9:01AM  
Bava Until 10:57AM  
Chaturthi\* Until 9:41PM

**Ganesha:** White    *Sunrise:* 6:40AM  
**Muruqa:** Clear    *Sunset:* 5:34PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Stamford, CT  
Sun 2    Sutra 313  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

3

Saturday, February 23, 2019

Tula Rasi: 2.59    Tithi 20

967273367

Routine Work    Marana Yoga

Until 12:16PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 6:39AM - 8:01AM  
Yama 1:29PM - 2:51PM  
**Rahu** 9:23AM - 10:45AM

**Chitra** Until 12:16PM  
Vriddhi Until 3:20AM Sun  
Kaulava Until 8:38AM  
Panchami Until 7:43PM

**Ganesha:** White    *Sunrise:* 6:39AM  
**Muruqa:** Clear    *Sunset:* 5:36PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Stamford, CT  
Sun 3    Sutra 314  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

4

Sunday, February 24, 2019

Tula Rasi: 16.52    Tithi 21

967273367

Creative Work    Siddha Yoga

Until 11:21AM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthiyam Titau

**Gulika** 2:52PM - 4:14PM  
Yama 12:07PM - 1:29PM  
**Rahu** 4:14PM - 5:37PM

**Svati** Until 11:21AM  
Dhruva Until 1:25AM Mon  
Gara Until 7:03AM  
Shashthi\* Until 6:33PM

**Ganesha:** White    *Sunrise:* 6:37AM  
**Muruqa:** Clear    *Sunset:* 5:37PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

Stamford, CT  
Sun 4    Sutra 315  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

5

Monday, February 25, 2019

Vrischika Rasi: 0.17    Tithi 22

977273367

Family Home Evening

Routine Work    Marana Yoga

Until 11:34AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika** 1:30PM - 2:52PM  
Yama 10:44AM - 12:07PM  
**Rahu** 7:59AM - 9:21AM

**Vishakha** Until 11:34AM  
Vyaghata\* Until 12:11AM Tue  
Visti Until 6:18AM  
Saptami Until 6:14PM

**Ganesha:** Yellow    *Sunrise:* 6:36AM  
**Muruqa:** Clear    *Sunset:* 5:38PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Stamford, CT  
Sun 5    Sutra 316  
Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

D

Tuesday, February 26, 2019

Retreat Star

Vrischika Rasi: 13.14    Tithi 23

978273367

Creative Work    Siddha Yoga

Until 12:29PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 12:07PM - 1:30PM  
Yama 9:21AM - 10:44AM  
**Rahu** 2:53PM - 4:16PM

**Anuradha** Until 12:29PM  
Harshana Until 11:39PM  
Balava Until 6:26AM  
Ashtami\* Until 6:47PM

**Ganesha:** Blue    *Sunrise:* 6:34AM  
**Muruqa:** Clear    *Sunset:* 5:39PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Stamford, CT  
Sun 6    Sutra 317  
Vilamba 5120  
Moon 2 - Phase 43  
Ashtami

**Sivaloka Day**

Wednesday, February 27, 2019

Retreat Star

Vrischika Rasi: 25.47    Tithi 24

978273367

Creative Work    Siddha Yoga

Until 2:01PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 10:43AM - 12:07PM  
Yama 7:56AM - 9:20AM  
**Rahu** 12:07PM - 1:30PM

**Jyeshtha\*** Until 2:01PM  
Vajra\* Until 11:39PM  
Taitila Until 7:23AM  
Navami\* Until 8:08PM

**Ganesha:** Blue    *Sunrise:* 6:33AM  
**Muruqa:** Clear    *Sunset:* 5:40PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

Stamford, CT  
Sun 7    Sutra 318  
Vilamba 5120  
Moon 2 - Phase 43  
Navami

**Sivaloka Day**

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Stamford, CT Sun 8 Sutra 319	
Dhanus Rasi: 8.01	Tithi 25	<b>Gulika</b> 9:19AM – 10:43AM	<b>Mula* Until 4:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:31AM	Vilamba 5120	
		Yama 6:31AM – 7:55AM	Siddhi Until 12:09AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	988273367 <b>Rahu</b> 1:30PM – 2:54PM	Vanija Until 9:05AM	<b>Nataraja:</b> White		2nd Phase	
			<b>Dashami Until 10:07PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT Sun 9 Sutra 320	
Dhanus Rasi: 20.02	Tithi 26	<b>Gulika</b> 7:53AM – 9:17AM	<b>Purvashadha* Until 7:22PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:28AM	Vilamba 5120	
		Yama 2:55PM – 4:19PM	Vyatipata* Until 12:59AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 44	
Routine Work	Prabalarishta Yoga	988273367 <b>Rahu</b> 10:42AM – 12:06PM	Bava Until 11:19AM	<b>Nataraja:</b> White		2nd Phase	
Until 7:22PM			<b>Ekadashi* Until 12:34AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Magha-Masi</b>			

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau		Stamford, CT Sun 10 Sutra 321	
Makara Rasi: 1.53	Tithi 27	<b>Gulika</b> 6:27AM – 7:52AM	<b>Uttarashadha Until 10:19PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:27AM	Vilamba 5120	
		Yama 1:31PM – 2:55PM	Variyan Until 1:58AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 44	
Routine Work	Marana Yoga	988273367 <b>Rahu</b> 9:16AM – 10:41AM	Kaulava Until 1:55PM	<b>Nataraja:</b> White		2nd Phase	
Until 10:19PM			<b>Dvadashi* Until 3:15AM Sun</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>			

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT Sun 11 Sutra 322	
Makara Rasi: 13.41	Tithi 28	<b>Gulika</b> 2:56PM – 4:21PM	<b>Shravana Until 1:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	Vilamba 5120	
		Yama 12:06PM – 1:31PM	Parigha* Until 3:02AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 44	
Creative Work	Amrita Yoga	988273367 <b>Rahu</b> 4:21PM – 5:46PM	Gara Until 4:39PM	<b>Nataraja:</b> White		2nd Phase	
Until 1:40AM Mon			<b>Trayodashi* Until 6:00AM Mon</b>	Moon – Purple		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 323	
Makara Rasi: 25.27	Tithi 28 – 29	<b>Gulika</b> 1:31PM – 2:56PM	<b>Dhanishtha Until 4:47AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:40AM – 12:05PM	Shiva Until 4:03AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	988273367 <b>Rahu</b> 7:49AM – 9:15AM	Visti Until 7:22PM	<b>Nataraja:</b> White		2nd Phase	
Until 4:47AM Tue			<b>Trayodashi* Until 6:00AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Mahasivaratri (Lunar)</b>		<b>Magha-Masi</b>			
		<b>Mahasivaratri (Solar)</b>					

<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhisak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 13 Sutra 324	
Kumbha Rasi: 7.15	Tithi 29 – 30	<b>Gulika</b> 12:05PM – 1:31PM	<b>Shatabhisak Until 7:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM	Vilamba 5120	
		Yama 9:14AM – 10:39AM	Siddha Until 4:53AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 44	
Routine Work	Marana Yoga	199273367 <b>Rahu</b> 2:57PM – 4:23PM	Catuspada Until 9:56PM	<b>Nataraja:</b> White		Amavasya	
Until 7:33AM Wed			<b>Chaturdashi* Until 8:39AM</b>	Moon – Purple		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Magha-Masi</b>			

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhisak/Purvaprosithapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 14 Sutra 325	
Kumbha Rasi: 19.08	Tithi 30 – 1	<b>Gulika</b> 10:39AM – 12:05PM	<b>Shatabhisak Until 7:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:21AM	Vilamba 5120	
		Yama 7:47AM – 9:13AM	Sadhya Until 5:32AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 44	
Creative Work	Siddha Yoga	199373367 <b>Rahu</b> 12:05PM – 1:31PM	Kintughna Until 12:14AM Thu	<b>Nataraja:</b> White		Prathama	
Until 7:33AM			<b>Amavasya* Until 11:06AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Phalgun-Masi</b>			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
Meena Rasi: 1.07	Tithi 1 – 2	119373367	<b>Gulika</b> 9:12AM – 10:38AM <b>Yama</b> 6:19AM – 7:45AM <b>Rahu</b> 1:31PM – 2:58PM	<b>Purvaproshtapada* Until 10:24AM</b> Subha Until 5:58AM Fri Balava Until 2:13AM Fri <b>Prathama* Until 1:15PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:51PM	Sun 15 Sutra 326 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>			

<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stamford, CT
Meena Rasi: 13.13	Tithi 2 – 3	119373367	<b>Gulika</b> 7:44AM – 9:11AM <b>Yama</b> 2:58PM – 4:25PM <b>Rahu</b> 10:38AM – 12:04PM	<b>Uttaraproshtapada Until 12:46PM</b> Sukla Until 6:07AM Sat Taitila Until 3:53AM Sat <b>Dvitiya Until 3:04PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 5:52PM	Sun 16 Sutra 327 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>			

<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Stamford, CT
Meena Rasi: 25.28	Tithi 3 – 4	119373367	<b>Gulika</b> 6:16AM – 7:43AM <b>Yama</b> 1:31PM – 2:59PM <b>Rahu</b> 9:10AM – 10:37AM	<b>Revati Until 2:38PM</b> Sukla Until 6:07AM Vanija Until 5:09AM Sun <b>Tritiya Until 4:33PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:16AM <b>Sunset:</b> 5:53PM	Sun 17 Sutra 328 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Routine Work	Prabalarishta Yoga				<b>Phalguna-Masi</b>			
Until 2:38PM								
Then Creative Work - Siddha Yoga			<b>Subramuniyaswami Siva Vision Day</b>					

<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT
Mesha Rasi: 7.52	Tithi 4 – 5	129373367	<b>Gulika</b> 2:59PM – 4:26PM <b>Yama</b> 12:04PM – 1:31PM <b>Rahu</b> 4:26PM – 5:54PM	<b>Ashvini Until 4:27PM</b> Indra Until 6:00AM Bava Until 6:01AM Mon <b>Chaturthi* Until 5:38PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 5:54PM	Sun 18 Sutra 329 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>			
Until 4:27PM								
Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Mesha Rasi: 20.27	Tithi 5	129373367	<b>Gulika</b> 1:32PM – 2:59PM <b>Yama</b> 10:36AM – 12:04PM <b>Rahu</b> 7:40AM – 9:08AM	<b>Bharani Until 5:41PM</b> Vaidhriti* Until 4:45AM Tue Bava Until 6:01AM <b>Panchami Until 6:16PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:12AM <b>Sunset:</b> 5:55PM	Sun 19 Sutra 330 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Family Home Evening					<b>Phalguna-Masi</b>			
Creative Work	Siddha Yoga							
Until 5:41PM								
Then Routine Work - Marana Yoga								

<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Stamford, CT
Vrishabha Rasi: 3.15	Tithi 6	129373367	<b>Gulika</b> 12:03PM – 1:32PM <b>Yama</b> 9:07AM – 10:35AM <b>Rahu</b> 3:00PM – 4:28PM	<b>Krittika Until 6:17PM</b> Vishkambha* Until 3:33AM Wed Kaulava Until 6:25AM <b>Shashthi* Until 6:24PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:11AM <b>Sunset:</b> 5:56PM	Sun 20 Sutra 331 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>			
Until 6:17PM								
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT
Vrishabha Rasi: 16.19	Tithi 7 – 8	131373367	<b>Gulika</b> 10:35AM – 12:03PM <b>Yama</b> 7:38AM – 9:06AM <b>Rahu</b> 12:03PM – 1:32PM	<b>Rohini Until 6:39PM</b> Priti Until 1:54AM Thu Gara Until 6:17AM <b>Saptami Until 5:59PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:09AM <b>Sunset:</b> 5:57PM	Sun 21 Sutra 332 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	<b>Sivaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>			

<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
Vrishabha Rasi: 29.41	Tithi 8 – 9	131373367	<b>Gulika</b> 9:05AM – 10:34AM <b>Yama</b> 6:08AM – 7:36AM <b>Rahu</b> 1:32PM – 3:01PM	<b>Mrigashira Until 6:15PM</b> Ayushman Until 11:44PM Balava Until 4:12AM Fri <b>Ashtami* Until 4:56PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:08AM <b>Sunset:</b> 5:58PM	Sun 22 Sutra 333 Vilamba 5120 Moon 2 - Phase 45 Ashtami	<b>Sivaloka Day</b>
Routine Work	Marana Yoga				<b>Phalguna-Panguni</b>			
			<b>Karadayian Nombu (Tamil Nadu)</b>					

<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
Mithuna Rasi: 13.25	Tithi 9 – 10	131373368	<b>Gulika</b> 7:35AM – 9:04AM <b>Yama</b> 3:01PM – 4:30PM <b>Rahu</b> 10:33AM – 12:03PM	<b>Ardra Until 5:07PM</b> Saubhagya Until 9:05PM Taitila Until 2:14AM Sat <b>Navami* Until 3:17PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:06AM <b>Sunset:</b> 5:59PM	Sun 23 Sutra 334 Vilamba 5120 Moon 2 - Phase 45 Navami	<b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Panguni</b>			


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT
	Mithuna Rasi: 27.32	Tithi 10 - 11	<b>Gulika</b> 6:04AM - 7:34AM	<b>Punarvasu</b> Until 3:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:04AM	Sun 24 Sutra 335
			Yama 1:32PM - 3:01PM	Sobhana Until 6:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:01PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:03AM - 10:33AM	Vanija Until 11:44PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Dashami</b> Until 1:02PM	Moon - Blue		4th Phase	
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Kataka Rasi: 12	Tithi 11 - 12	<b>Gulika</b> 3:02PM - 4:32PM	<b>Pushya</b> Until 1:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:03AM	Sun 25 Sutra 336
			Yama 12:02PM - 1:32PM	Athiganda* Until 2:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:02PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:32PM - 6:02PM	Bava Until 8:45PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Ekadashi</b> Until 10:16AM	Moon - Blue		4th Phase	
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Tailila Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Kataka Rasi: 26.47	Tithi 12 - 13	<b>Gulika</b> 1:32PM - 3:02PM	<b>Ashlesha*</b> Until 11:01AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM	Sun 26 Sutra 337
	<b>Family Home Evening</b>		Yama 10:32AM - 12:02PM	Sukarma Until 10:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:31AM - 9:01AM	Taitila Until 3:41AM Tue	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Dvadashi</b> Until 7:07AM	Moon - Blue		4th Phase	
			<b>Yogaswami Mahasamadhi</b>	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
			<i>Pradosha Vrata</i>				

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
	Simha Rasi: 11.47	Tithi 14	<b>Gulika</b> 12:01PM - 1:32PM	<b>Magha*</b> Until 8:27AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Sun 27 Sutra 338
			Yama 9:00AM - 10:31AM	Dhriti Until 6:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:04PM	Vilamba 5120
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:03PM - 4:33PM	Gara Until 1:56PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Chaturdashi*</b> Until 12:08AM Wed	Moon - Red		4th Phase	
				<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:30AM - 12:01PM	<b>Uttaraphalguni</b> Until 2:50AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Sutra 339
	Simha Rasi: 26.52	Tithi 15	Yama 7:28AM - 8:59AM	Ganda* Until 10:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:05PM	Vilamba 5120
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:01PM - 1:32PM	Visti Until 10:23AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Purnima*</b> Until 8:37PM	Moon - Red		Purnima	
			<b>Panguni Uttiram</b>	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	
			<b>Holi</b>				

	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Stamford, CT
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:58AM - 10:30AM	<b>Hasta</b> Until 12:33AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:56AM	Sutra 340
	Kanya Rasi: 11.52	Tithi 16 - 17	Yama 5:56AM - 7:27AM	Vriddhi Until 6:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:06PM	Vilamba 5120
	Routine Work	Marana Yoga	161383368 <b>Rahu</b> 1:32PM - 3:03PM	Balava Until 6:57AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46
			<b>Prathama*</b> Until 5:19PM	Moon - Green		Prathama	
				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Kanya Rasi: 26.39 Tithi 17 – 18

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 7:26AM – 8:57AM  
**Yama** 3:04PM – 4:35PM  
**Rahu** 10:29AM – 12:01PM

**Chitra Until 10:33PM**  
Dhruva Until 3:08PM  
Vanija Until 1:09AM Sat  
**Dvitiya Until 2:24PM**

**Ganesha:** Yellow *Sunrise:* 5:54AM  
**Muruqa:** White *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Stamford, CT  
Sun 1 Sutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**1**

**Saturday, March 23, 2019**

Tula Rasi: 11.05 Tithi 18 – 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 5:53AM – 7:24AM  
**Yama** 1:32PM – 3:04PM  
**Rahu** 8:56AM – 10:28AM

**Svati Until 9:02PM**  
Vyaghata\* Until 12:03PM  
Bava Until 11:07PM  
**Tritiya Until 12:02PM**

**Ganesha:** Blue *Sunrise:* 5:53AM  
**Muruqa:** White *Sunset:* 6:08PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Stamford, CT  
Sun 2 Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**2**

**Sunday, March 24, 2019**

Tula Rasi: 25.05 Tithi 19 – 20

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 3:05PM – 4:37PM  
**Yama** 12:00PM – 1:32PM  
**Rahu** 4:37PM – 6:09PM

**Vishakha Until 8:31PM**  
Harshana Until 9:33AM  
Kaulava Until 9:50PM  
**Chaturthi\* Until 10:21AM**

**Ganesha:** Red *Sunrise:* 5:51AM  
**Muruqa:** White *Sunset:* 6:09PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Stamford, CT  
Sun 3 Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**3**

**Monday, March 25, 2019**

Vrischika Rasi: 9 Tithi 20 – 21

**Family Home Evening**  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 1:32PM – 3:05PM  
**Yama** 10:27AM – 12:00PM  
**Rahu** 7:22AM – 8:54AM

**Anuradha Until 8:43PM**  
Vajra\* Until 7:41AM  
Gara Until 9:24PM  
**Panchami Until 9:29AM**

**Ganesha:** Red *Sunrise:* 5:49AM  
**Muruqa:** White *Sunset:* 6:10PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Stamford, CT  
Sun 4 Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**4**

**Tuesday, March 26, 2019**

Vrischika Rasi: 21.39 Tithi 21 – 22

Routine Work Marana Yoga  
Until 9:37PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 11:59AM – 1:32PM  
**Yama** 8:53AM – 10:26AM  
**Rahu** 3:05PM – 4:38PM

**Jyeshtha\* Until 9:37PM**  
Siddhi Until 6:31AM  
Visti Until 9:52PM  
**Shashthi\* Until 9:30AM**

**Ganesha:** Red *Sunrise:* 5:47AM  
**Muruqa:** White *Sunset:* 6:11PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Stamford, CT  
Sun 5 Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**D**

**Wednesday, March 27, 2019**

**Retreat Star**

Dhanus Rasi: 4.16 Tithi 22 – 23

Routine Work Marana Yoga  
Until 11:38PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 10:26AM – 11:59AM  
**Yama** 7:19AM – 8:52AM  
**Rahu** 11:59AM – 1:32PM

**Mula\* Until 11:38PM**  
Vyatipata\* Until 6:02AM  
Balava Until 11:10PM  
**Saptami Until 10:24AM**

**Ganesha:** Green *Sunrise:* 5:46AM  
**Muruqa:** White *Sunset:* 6:12PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Stamford, CT  
Sun 6 Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**Thursday, March 28, 2019**

**Retreat Star**

Dhanus Rasi: 16.33 Tithi 23 – 24

Creative Work Siddha Yoga  
Until 2:10AM Fri  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 8:51AM – 10:25AM  
**Yama** 5:44AM – 7:18AM  
**Rahu** 1:32PM – 3:06PM

**Purvashadha\* Until 2:10AM Fri**  
Variyan Until 6:09AM  
Taitila Until 1:09AM Fri  
**Ashtami\* Until 12:04PM**

**Ganesha:** Green *Sunrise:* 5:44AM  
**Muruqa:** White *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Stamford, CT  
Sun 7 Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Friday, March 29, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT Sun 8 Sutra 348 Vilamba 5120	
Dhanus Rasi: 28.34	Tithi 24 – 25	182383468	<b>Gulika</b> 7:16AM – 8:50AM <b>Yama</b> 3:06PM – 4:40PM <b>Rahu</b> 10:24AM – 11:58AM	<b>Uttarashadha Until 4:57AM Sat</b> Parigha* Until 6:45AM Vanija Until 3:36AM Sat Navami* Until 2:19PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Light Blue <b>Phalguna-Panguni</b>	<b>Sunrise:</b> 5:42AM <b>Sunset:</b> 6:14PM	Moon 3 - Phase 48 2nd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 4:57AM Sat Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 9 Sutra 349 Vilamba 5120	
Makara Rasi: 10.25	Tithi 25 – 26	192383468	<b>Gulika</b> 5:41AM – 7:15AM <b>Yama</b> 1:33PM – 3:07PM <b>Rahu</b> 8:49AM – 10:24AM	<b>Shravana Until 8:17AM Sun</b> Shiva Until 7:42AM Bava Until 6:17AM Sun Dashami Until 4:54PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	<b>Sunrise:</b> 5:41AM <b>Sunset:</b> 6:16PM	Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:17AM Sun Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT Sun 10 Sutra 350 Vilamba 5120	
Makara Rasi: 22.12	Tithi 26	192383468	<b>Gulika</b> 3:07PM – 4:42PM <b>Yama</b> 11:58AM – 1:33PM <b>Rahu</b> 4:42PM – 6:17PM	<b>Shravana Until 8:17AM</b> Siddha Until 8:45AM Bava Until 6:17AM Ekadashi* Until 7:36PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:17PM	Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 8:17AM Then Routine Work - Marana Yoga							

<b>4</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Stamford, CT Sun 11 Sutra 351 Vilamba 5120	
Kumbha Rasi: 3.59	Tithi 27	192483468	<b>Gulika</b> 1:33PM – 3:07PM <b>Yama</b> 10:23AM – 11:58AM <b>Rahu</b> 7:14AM – 8:49AM	<b>Dhanishtha Until 11:25AM</b> Sadhya Until 9:47AM Kaulava Until 8:56AM Dvadashi* Until 10:11PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:17PM	Moon 3 - Phase 48 2nd Phase <b>Subha Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga							

<b>5</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT Sun 12 Sutra 352 Vilamba 5120	
Kumbha Rasi: 15.51	Tithi 28	192483468	<b>Gulika</b> 11:58AM – 1:33PM <b>Yama</b> 8:48AM – 10:23AM <b>Rahu</b> 3:08PM – 4:43PM	<b>Shatabhishak Until 2:10PM</b> Subha Until 10:41AM Gara Until 11:23AM Trayodashi* Until 12:28AM Wed <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	<b>Sunrise:</b> 5:37AM <b>Sunset:</b> 6:18PM	Moon 3 - Phase 48 2nd Phase <b>Subha Sivaloka Day</b>
Routine Work Marana Yoga							

<b>6</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 13 Sutra 353 Vilamba 5120	
Kumbha Rasi: 27.49	Tithi 29	112483468	<b>Gulika</b> 10:22AM – 11:57AM <b>Yama</b> 7:11AM – 8:47AM <b>Rahu</b> 11:57AM – 1:33PM	<b>Purvaproshtapada* Until 4:55PM</b> Sukla Until 11:17AM Visti Until 1:30PM Chaturdashi* Until 2:22AM Thu	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>	<b>Sunrise:</b> 5:36AM <b>Sunset:</b> 6:19PM	Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 4:55PM Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 14 Sutra 354 Vilamba 5120	
Meena Rasi: 9.58	Tithi 30	112483468	<b>Gulika</b> 8:46AM – 10:21AM <b>Yama</b> 5:34AM – 7:10AM <b>Rahu</b> 1:33PM – 3:08PM	<b>Uttaraproshtapada Until 7:06PM</b> Brahma Until 11:36AM Catuspada Until 3:11PM Amavasya* Until 3:51AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>	<b>Sunrise:</b> 5:34AM <b>Sunset:</b> 6:20PM	Moon 3 - Phase 48 Amavasya <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 15 Sutra 355 Vilamba 5120	
Meena Rasi: 22.16	Tithi 1	113483468	<b>Gulika</b> 7:09AM – 8:45AM <b>Yama</b> 3:09PM – 4:45PM <b>Rahu</b> 10:21AM – 11:57AM	<b>Revati Until 8:42PM</b> Indra Until 11:37AM Kintughna Until 4:27PM Prathama* Until 4:54AM Sat	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Panguni</b>	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:21PM	Moon 3 - Phase 48 Prathama <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 8:42PM Then Creative Work - Amrita Yoga		Yugadhi					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
Mesha Rasi: 4.46	Tithi 2	<b>Gulika</b> 5:31AM – 7:07AM	<b>Ashvini</b> <b>Until 10:13PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:31AM	Sun 16	Sutra 356	Vilamba 5120
		Yama 1:33PM – 3:09PM	Vaidhriti* <b>Until 11:15AM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:22PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 8:44AM – 10:20AM	Balava <b>Until 5:17PM</b>	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga			Moon – White				<b>Devaloka Day</b>
		Chellappaswami Mahasamadh	<b>Dvitiya</b> <b>Until 5:31AM Sun</b>	<b>Chaitra-Panguni</b>				

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT
Mesha Rasi: 17.27	Tithi 3	<b>Gulika</b> 3:10PM – 4:46PM	<b>Bharani</b> <b>Until 11:12PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:29AM	Sun 17	Sutra 357	Vilamba 5120
		Yama 11:56AM – 1:33PM	Vishkambha* <b>Until 10:36AM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:23PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 4:46PM – 6:23PM	Taitila <b>Until 5:42PM</b>	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Prabalarishta Yoga			Moon – White				<b>Devaloka Day</b>
Until 11:12PM			<b>Tritiya</b> <b>Until 5:45AM Mon</b>	<b>Chaitra-Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Stamford, CT
Vrishabha Rasi: 0.19	Tithi 4	<b>Gulika</b> 1:33PM – 3:10PM	<b>Krittika</b> <b>Until 11:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:28AM	Sun 18	Sutra 358	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:19AM – 11:56AM	Priti <b>Until 9:40AM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 7:05AM – 8:42AM	Vanija <b>Until 5:45PM</b>	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Marana Yoga			Moon – White				<b>Devaloka Day</b>
Until 11:39PM			<b>Chaturthi</b> <b>Until 5:37AM Tue</b>	<b>Chaitra-Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Vrishabha Rasi: 13.22	Tithi 5	<b>Gulika</b> 11:56AM – 1:33PM	<b>Rohini</b> <b>Until 12:03AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	Sun 19	Sutra 359	Vilamba 5120
		Yama 8:41AM – 10:18AM	Ayushman <b>Until 8:25AM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:25PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 3:10PM – 4:48PM	Bava <b>Until 5:26PM</b>	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Amrita Yoga			Moon – Yellow				<b>Sivaloka Day</b>
Until 12:03AM Wed			<b>Panchami</b> <b>Until 5:07AM Wed</b>	<b>Chaitra-Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
Vrishabha Rasi: 26.37	Tithi 6	<b>Gulika</b> 10:18AM – 11:55AM	<b>Mrigashira</b> <b>Until 11:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:24AM	Sun 20	Sutra 360	Vilamba 5120
		Yama 7:02AM – 8:40AM	Saubhagya <b>Until 6:53AM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:26PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 11:55AM – 1:33PM	Kaulava <b>Until 4:44PM</b>	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga			Moon – Yellow				<b>Sivaloka Day</b>
			<b>Shashthi</b> <b>Until 4:14AM Thu</b>	<b>Chaitra-Panguni</b>				

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Stamford, CT
Mithuna Rasi: 10.05	Tithi 7	<b>Gulika</b> 8:39AM – 10:17AM	<b>Ardra</b> <b>Until 11:16PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:23AM	Sun 21	Sutra 361	Vilamba 5120
		Yama 5:23AM – 7:01AM	Athiganda* <b>Until 2:53AM Fri</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:27PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 1:33PM – 3:11PM	Gara <b>Until 3:39PM</b>	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Marana Yoga			Moon – Yellow				<b>Sivaloka Day</b>
Until 11:16PM			<b>Saptami</b> <b>Until 2:56AM Fri</b>	<b>Chaitra-Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT
Mithuna Rasi: 23.46	Tithi 8	<b>Gulika</b> 7:00AM – 8:38AM	<b>Punarvasu</b> <b>Until 10:29PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:21AM	Sun 22	Sutra 362	Vilamba 5120
		Yama 3:11PM – 4:50PM	Sukarma <b>Until 12:23AM Sat</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:28PM			Moon 3 - Phase 49
		143483468 <b>Rahu</b> 10:16AM – 11:55AM	Visti <b>Until 2:08PM</b>	<b>Nataraja:</b> Purple				Ashtami
Creative Work	Siddha Yoga			Moon – Blue				<b>Devaloka Day</b>
Until 10:29PM			<b>Ashtami</b> <b>Until 1:13AM Sat</b>	<b>Chaitra-Panguni</b>				
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
Kataka Rasi: 7.43	Tithi 9	<b>Gulika</b> 5:20AM – 6:58AM	<b>Pushya</b> <b>Until 9:09PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:20AM	Sun 23	Sutra 363	Vilamba 5120
		Yama 1:33PM – 3:12PM	Dhriti <b>Until 9:35PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:29PM			Moon 3 - Phase 49
		143483468 <b>Rahu</b> 8:37AM – 10:16AM	Balava <b>Until 12:13PM</b>	<b>Nataraja:</b> Purple				Navami
Creative Work	Siddha Yoga			Moon – Blue				<b>Devaloka Day</b>
Until 9:09PM			<b>Navami</b> <b>Until 11:06PM</b>	<b>Chaitra-Panguni</b>				
Then Routine Work - Marana Yoga		Sri Rama Navami						

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 21.55	Tithi 10	<b>Gulika</b> 3:12PM – 4:51PM	<b>Ashlesha* Until 7:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	
		Yama 11:54AM – 1:33PM	Shula* Until 6:27PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 1
		243483468 <b>Rahu</b> 4:51PM – 6:30PM	Taitila Until 9:55AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		<b>Sivaloka Day</b>
Until 7:19PM		<b>Tamil New Year</b>	<b>Dashami Until 8:37PM</b>	<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 6.22	Tithi 11 – 12	<b>Gulika</b> 1:33PM – 3:13PM	<b>Magha* Until 5:27PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM	
<b>Family Home Evening</b>		Yama 10:15AM – 11:54AM	Ganda* Until 3:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 <b>Rahu</b> 6:56AM – 8:35AM	Vanija Until 7:16AM	<b>Nataraja:</b> Purple		4th Phase
Until 5:27PM			<b>Ekadashi Until 5:50PM</b>	Moon – Red		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>		

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 20.59	Tithi 12 – 13	<b>Gulika</b> 11:54AM – 1:33PM	<b>Purvaphalguni Until 3:16PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:15AM	
		Yama 8:34AM – 10:14AM	Vridhi Until 11:33AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 3:13PM – 4:53PM	Kaulava Until 1:22AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 2:52PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 3:16PM				<b>Chaitra*Chaitra</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 5.41	Tithi 13 – 14	<b>Gulika</b> 10:13AM – 11:53AM	<b>Uttaraphalguni Until 12:53PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM	
		Yama 6:53AM – 8:33AM	Dhruva Until 7:56AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 11:53AM – 1:33PM	Gara Until 10:22PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 11:50AM</b>	Moon – Red		<b>Devaloka Day</b>
Until 12:53PM				<b>Chaitra*Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sutra 4 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:33AM – 10:13AM	<b>Hasta Until 10:51AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:12AM	
Kanya Rasi: 20.22	Tithi 14 – 15	Yama 5:12AM – 6:52AM	Harshana Until 12:59AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 1:34PM – 3:14PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple		Purnima
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:53AM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 10:51AM		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>		
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>				

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Stamford, CT Sutra 5 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:51AM – 8:32AM	<b>Chitra Until 8:56AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM	
Tula Rasi: 4.53	Tithi 15 – 16	Yama 3:14PM – 4:55PM	Vajra* Until 9:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 10:12AM – 11:53AM	Kaulava Until 3:49AM Sat	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 6:09AM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Chaitra*Chaitra</b>		