



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata/Variyan/Parigha\* Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

Lucknow, India

Tula Rasi: 28.07 Tithi 16 – 17

273832369

**Gulika** 12:05PM – 1:44PM  
Yama 8:48AM – 10:26AM  
**Rahu** 3:22PM – 5:01PM

**Vishakha** Until 3:53PM  
Vyatipata\* Until 9:36AM  
Taitila Until 7:10PM  
**Prathama\*** Until 6:47AM

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

*Sunrise:* 5:31AM  
*Sunset:* 6:40PM

Sutra 16  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Marana Yoga

Until 3:53PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

**1**  
**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Vrischika Rasi: 10.41 Tithi 17 – 18

273832369

**Gulika** 10:26AM – 12:05PM  
Yama 7:09AM – 8:47AM  
**Rahu** 12:05PM – 1:44PM

**Anuradha** Until 5:35PM  
Variyan Until 9:18AM  
Vanija Until 8:19PM  
**Dvitiya** Until 7:39AM

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

*Sunrise:* 5:30AM  
*Sunset:* 6:40PM

Sun 1 Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**2**  
**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Lucknow, India

Vrischika Rasi: 23 Tithi 18 – 19

274832369

**Gulika** 8:47AM – 10:26AM  
Yama 5:29AM – 7:08AM  
**Rahu** 1:44PM – 3:23PM

**Jyeshtha\*** Until 7:38PM  
Parigha\* Until 9:26AM  
Bava Until 10:00PM  
**Tritiya** Until 9:04AM

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

*Sunrise:* 5:29AM  
*Sunset:* 6:41PM

Sun 2 Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Prabalarishta Yoga

Until 7:38PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**3**  
**Friday, May 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India

Dhanus Rasi: 5.07 Tithi 19 – 20

284832369

**Gulika** 7:07AM – 8:47AM  
Yama 3:23PM – 5:02PM  
**Rahu** 10:26AM – 12:05PM

**Mula\*** Until 10:29PM  
Shiva Until 9:58AM  
Kaulava Until 12:09AM Sat  
**Chaturthi\*** Until 11:00AM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

*Sunrise:* 5:28AM  
*Sunset:* 6:41PM

Sun 3 Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

Until 10:29PM

Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**  
**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India

Dhanus Rasi: 17.03 Tithi 20 – 21

284832369

**Gulika** 5:28AM – 7:07AM  
Yama 1:44PM – 3:23PM  
**Rahu** 8:46AM – 10:25AM

**Purvashadha\*** Until 1:29AM Sun  
Siddha Until 10:47AM  
Gara Until 2:37AM Sun  
**Panchami** Until 1:20PM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

*Sunrise:* 5:28AM  
*Sunset:* 6:42PM

Sun 4 Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga

Until 1:29AM Sun

Then Creative Work - Amrita Yoga

**Devaloka Day**

**5**  
**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Lucknow, India

Dhanus Rasi: 28.53 Tithi 21 – 22

284832369

**Gulika** 3:24PM – 5:03PM  
Yama 12:05PM – 1:44PM  
**Rahu** 5:03PM – 6:42PM

**Uttarashadha** Until 4:25AM Mon  
Sadhya Until 11:48AM  
Visti Until 5:12AM Mon  
**Shashthi\*** Until 3:53PM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

*Sunrise:* 5:27AM  
*Sunset:* 6:42PM

Sun 5 Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**6**  
**Monday, May 7, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava Karana Saptamyam Titau

Lucknow, India

Makara Rasi: 10.41 Tithi 22

294832369

**Gulika** 1:44PM – 3:24PM  
Yama 10:25AM – 12:05PM  
**Rahu** 7:06AM – 8:45AM

**Shravana** Until 7:34AM Tue  
Subha Until 12:52PM  
Bava Until 6:26PM  
**Saptami** Until 6:26PM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

*Sunrise:* 5:26AM  
*Sunset:* 6:43PM

Sun 6 Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

Until 7:34AM Tue

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Makara Rasi: 22.32 Tithi 23

294832369

**Gulika** 12:04PM – 1:44PM  
Yama 8:45AM – 10:25AM  
**Rahu** 3:24PM – 5:04PM

**Shravana** Until 7:34AM  
Sukla Until 1:44PM  
Balava Until 7:38AM  
**Ashtami\*** Until 8:42PM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

*Sunrise:* 5:25AM  
*Sunset:* 6:44PM

Sun 7 Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

Creative Work Siddha Yoga

Chidambaram Abhishekam

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**Wednesday, May 9, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Kumbha Rasi: 4.33 Tithi 24

294832369

**Gulika** 10:24AM – 12:04PM  
Yama 7:05AM – 8:45AM  
**Rahu** 12:04PM – 1:44PM

**Dhanishtha** Until 10:10AM  
Brahma Until 2:16PM  
Taitila Until 9:40AM  
**Navami\*** Until 10:27PM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

*Sunrise:* 5:25AM  
*Sunset:* 6:44PM

Sun 8 Sutra 24  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

Routine Work Prabalarishta Yoga

Until 10:10AM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Lucknow, India
	Kumbha Rasi: 16.47	Tithi 25	<b>Gulika</b> 8:44AM – 10:24AM	<b>Shatabhishak</b> Until 12:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:24AM	Sun 9 Sutra 25
	294832369	<b>Rahu</b> 1:44PM – 3:24PM	Yama 5:24AM – 7:04AM	Indra Until 2:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Vilamba 5120
	Creative Work Siddha Yoga			Vanija Until 11:05AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
			<b>Dashami</b> Until 11:30PM	Moon – Purple		2nd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Lucknow, India
	Kumbha Rasi: 29.22	Tithi 26	<b>Gulika</b> 7:04AM – 8:44AM	<b>Purvaproshtapada*</b> Until 1:25PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:23AM	Sun 10 Sutra 26
	214832369	<b>Rahu</b> 10:24AM – 12:04PM	Yama 3:25PM – 5:05PM	Vaidhriti* Until 1:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Vilamba 5120
	Creative Work Siddha Yoga			Bava Until 11:44AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
			<b>Ekadashi*</b> Until 11:44PM	Moon – Clear		2nd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lucknow, India
	Meena Rasi: 12.19	Tithi 27	<b>Gulika</b> 5:23AM – 7:03AM	<b>Uttaraproshtapada</b> Until 1:52PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:23AM	Sun 11 Sutra 27
	214932369	<b>Rahu</b> 8:44AM – 10:24AM	Yama 1:45PM – 3:25PM	Vishkambha* Until 12:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Vilamba 5120
	Creative Work Siddha Yoga			Kaulava Until 11:33AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Until 1:52PM			<b>Dvadashi*</b> Until 11:09PM	Moon – Clear		2nd Phase	
Then Routine Work - Prabalarishta Yoga				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	

<b>4</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Lucknow, India
	Meena Rasi: 25.42	Tithi 28	<b>Gulika</b> 3:25PM – 5:06PM	<b>Revati</b> Until 1:23PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:22AM	Sun 12 Sutra 28
	214932369	<b>Rahu</b> 5:06PM – 6:46PM	Yama 12:04PM – 1:45PM	Priti Until 10:40AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Vilamba 5120
	Creative Work Amrita Yoga			Gara Until 10:35AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Until 1:23PM			<b>Trayodashi*</b> Until 9:48PM	Moon – Clear		2nd Phase	
Then Creative Work - Siddha Yoga		<b>Mother's Day</b>	<b>Pradosha Vrata (Fasting)</b>	<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	

<b>5</b>	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India
	Mesha Rasi: 9.3	Tithi 29	<b>Gulika</b> 1:45PM – 3:26PM	<b>Ashvini</b> Until 12:31PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:22AM	Sun 13 Sutra 29
	<b>Family Home Evening</b>	224932369	Yama 10:24AM – 12:04PM	Ayushman Until 8:15AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:47PM	Vilamba 5120
	Creative Work Siddha Yoga		<b>Rahu</b> 7:02AM – 8:43AM	Visti* Until 8:54AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
			<b>Chaturdashi*</b> Until 7:50PM	Moon – White		2nd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	

	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India
	<b>Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:45PM	<b>Bharani</b> Until 10:58AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:21AM	Sun 14 Sutra 30
	Mesha Rasi: 23.41	Tithi 30 – 1	Yama 8:43AM – 10:23AM	Sobhana Until 2:07AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:47PM	Vilamba 5120
	224932369	<b>Rahu</b> 3:26PM – 5:07PM		Catuspada Until 6:39AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work Siddha Yoga			<b>Amavasya*</b> Until 5:21PM	Moon – White		Amavasya	
				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	

<b>Retreat Star</b>	<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lucknow, India
	<b>Retreat Star</b>		<b>Gulika</b> 10:23AM – 12:04PM	<b>Krittika</b> Until 8:52AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:21AM	Sun 15 Sutra 31
	Vrishabha Rasi: 8.1	Tithi 1 – 2	Yama 7:02AM – 8:42AM	Athiganda* Until 10:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Vilamba 5120
	225932369	<b>Rahu</b> 12:04PM – 1:45PM		Balava Until 1:03AM Thu	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work Amrita Yoga			<b>Prathama*</b> Until 2:31PM	Moon – White		Prathama	
Until 8:52AM				<b>Jyeshtha Adhika-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM	

<b>1</b>	<b>Thursday, May 17, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau			Lucknow, India Sun 16 Sutra 32
	Vrishabha Rasi: 22.49    Tithi 2 – 3	<b>Gulika</b> 8:42AM – 10:23AM	<b>Rohini</b> Until 6:50AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:20AM	Vilamba 5120
		Yama    5:20AM – 7:01AM	Sukarma    Until 7:04PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	Routine Work    Marana Yoga	235932369 <b>Rahu</b> 1:45PM – 3:26PM	Taitila    Until 10:00PM	<b>Nataraja:</b> Purple	3rd Phase
		<b>Dvitiya</b> Until 11:31AM	Moon – Yellow	<b>Bhuloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Friday, May 18, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Lucknow, India Sun 17 Sutra 33
	Mithuna Rasi: 7.31    Tithi 3 – 4	<b>Gulika</b> 7:01AM – 8:42AM	<b>Ardra</b> Until 2:16AM Sat	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:20AM	Vilamba 5120
		Yama    3:27PM – 5:08PM	Dhriti    Until 3:30PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:49PM	Moon 4 - Phase 5
	235932369 <b>Rahu</b> 10:23AM – 12:04PM	Vanija    Until 6:59PM	Nataraja: Purple	3rd Phase	
Creative Work    Siddha Yoga		<b>Tritiya</b> Until 8:28AM	Moon – Yellow	<b>Bhuloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Saturday, May 19, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau			Lucknow, India Sun 18 Sutra 34
	Mithuna Rasi: 22.11    Tithi 5	<b>Gulika</b> 5:19AM – 7:00AM	<b>Punarvasu</b> Until 12:25AM Sun	<b>Ganesha:</b> White <i>Sunrise:</i> 5:19AM	Vilamba 5120
		Yama    1:46PM – 3:27PM	Shula*    Until 12:02PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:50PM	Moon 4 - Phase 5
	245932369 <b>Rahu</b> 8:42AM – 10:23AM	Bava    Until 4:07PM	Nataraja: Purple	3rd Phase	
Creative Work    Siddha Yoga		<b>Panchami</b> Until 2:45AM Sun	Moon – Blue	<b>Devaloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>		

<b>4</b>	<b>Sunday, May 20, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashtham Titau			Lucknow, India Sun 19 Sutra 35
	Kataka Rasi: 6.41    Tithi 6	<b>Gulika</b> 3:27PM – 5:09PM	<b>Pushya</b> Until 10:43PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:19AM	Vilamba 5120
		Yama    12:04PM – 1:46PM	Ganda*    Until 8:46AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:50PM	Moon 4 - Phase 5
	245932369 <b>Rahu</b> 5:09PM – 6:50PM	Kaulava    Until 1:30PM	Nataraja: Purple	3rd Phase	
Creative Work    Siddha Yoga		<b>Shashthi*</b> Until 12:18AM Mon	Moon – Blue	<b>Devaloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>		

<b>5</b>	<b>Monday, May 21, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau			Lucknow, India Sun 20 Sutra 36
	Kataka Rasi: 20.58    Tithi 7	<b>Gulika</b> 1:46PM – 3:28PM	<b>Ashlesha*</b> Until 9:14PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:18AM	Vilamba 5120
	<b>Family Home Evening</b>	Yama    10:23AM – 12:04PM	Dhruva    Until 3:05AM Tue	<b>Muruqa:</b> White <i>Sunset:</i> 6:51PM	Moon 4 - Phase 5
	245932369 <b>Rahu</b> 7:00AM – 8:41AM	Gara    Until 11:13AM	Nataraja: Purple	3rd Phase	
Creative Work    Siddha Yoga		<b>Saptami</b> Until 10:12PM	Moon – Blue	<b>Devaloka Day</b>	
Until 9:14PM			<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga					

<b>6</b>	<b>Tuesday, May 22, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau			Lucknow, India Sun 21 Sutra 37
	<b>Retreat Star</b>	<b>Gulika</b> 12:05PM – 1:46PM	<b>Magha*</b> Until 8:25PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:18AM	Vilamba 5120
	Simha Rasi: 5    Tithi 8	Yama    8:41AM – 10:23AM	Vyaghata*    Until 12:43AM Wed	<b>Muruqa:</b> White <i>Sunset:</i> 6:51PM	Moon 4 - Phase 5
	255932369 <b>Rahu</b> 3:28PM – 5:10PM	Visti    Until 9:19AM	Nataraja: Purple	Ashtami	
Creative Work    Siddha Yoga		<b>Ashtami*</b> Until 8:30PM	Moon – Red	<b>Bhuloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM	

<b>7</b>	<b>Wednesday, May 23, 2018</b>	Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau			Lucknow, India Sun 22 Sutra 38
	<b>Retreat Star</b>	<b>Gulika</b> 10:23AM – 12:05PM	<b>Purvaphalguni</b> Until 7:53PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:17AM	Vilamba 5120
	Simha Rasi: 18.47    Tithi 9	Yama    6:59AM – 8:41AM	Harshana    Until 10:42PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:52PM	Moon 4 - Phase 5
	255932369 <b>Rahu</b> 12:05PM – 1:46PM	Balava    Until 7:49AM	Nataraja: Purple	Navami	
Creative Work    Amrita Yoga		<b>Navami*</b> Until 7:12PM	Moon – Red	<b>Bhuloka Day</b>	
			<b>Jyeshtha Adhika-Vaikasi</b>	Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1 Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Taitila/Gara Karana Dashamyam Titau		Lucknow, India Sun 23 Sutra 39 Vilamba 5120	
Kanya Rasi: 2.2	Tithi 10	<b>Gulika</b> 8:41AM – 10:23AM	<b>Uttaraphalguni Until 7:35PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:17AM	
		Yama 5:17AM – 6:59AM	Vajra* Until 8:58PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:52PM	Moon 4 - Phase 6
	Amrita Yoga	255932369 <b>Rahu</b> 1:47PM – 3:28PM	Taitila Until 6:43AM	<b>Nataraja:</b> Purple	4th Phase
Until 7:35PM			<b>Dashami Until 6:18PM</b>	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi	Devaloka Time: 9:AM to 12:PM

<b>2 Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Bava Karana Ekadashi/Dvodashyam Titau		Lucknow, India Sun 24 Sutra 40 Vilamba 5120	
Kanya Rasi: 15.4	Tithi 11 – 12	<b>Gulika</b> 6:59AM – 8:41AM	<b>Hasta Until 7:58PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:17AM	
		Yama 3:29PM – 5:11PM	Siddhi Until 7:34PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:53PM	Moon 4 - Phase 6
	Amrita Yoga	266932369 <b>Rahu</b> 10:23AM – 12:05PM	Vanija Until 6:01AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work			<b>Ekadashi Until 5:48PM</b>	<b>Bhuloka Day</b>	
Until 7:58PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

<b>3 Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Lucknow, India Sun 25 Sutra 41 Vilamba 5120	
Kanya Rasi: 28.47	Tithi 12 – 13	<b>Gulika</b> 5:16AM – 6:59AM	<b>Chitra Until 8:35PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:16AM	
		Yama 1:47PM – 3:29PM	Vyatipata* Until 6:29PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:53PM	Moon 4 - Phase 6
	Marana Yoga	366932369 <b>Rahu</b> 8:41AM – 10:23AM	Kaulava Until 5:47AM Sun	<b>Nataraja:</b> Purple	4th Phase
Routine Work			<b>Dvodashi Until 5:41PM</b>	<b>Bhuloka Day</b>	
Until 8:35PM				Jyeshtha Adhika-Vaikasi	
Then Creative Work - Siddha Yoga					

<b>4 Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 26 Sutra 42 Vilamba 5120	
Tula Rasi: 11.42	Tithi 13 – 14	<b>Gulika</b> 3:29PM – 5:12PM	<b>Svati Until 9:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:16AM	
		Yama 12:05PM – 1:47PM	Variyan Until 5:41PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:54PM	Moon 4 - Phase 6
	Siddha Yoga	366932369 <b>Rahu</b> 5:12PM – 6:54PM	Gara Until 6:16AM Mon	<b>Nataraja:</b> Purple	4th Phase
Creative Work			<b>Trayodashi Until 5:57PM</b>	<b>Bhuloka Day</b>	
Until 9:26PM				Jyeshtha Adhika-Vaikasi	
Then Routine Work - Marana Yoga					

<b>5 Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau		Lucknow, India Sun 27 Sutra 43 Vilamba 5120	
Tula Rasi: 24.26	Tithi 14	<b>Gulika</b> 1:47PM – 3:30PM	<b>Vishakha Until 11:00PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:16AM	
<b>Family Home Evening</b>		Yama 10:23AM – 12:05PM	Parigha* Until 5:14PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:54PM	Moon 4 - Phase 6
	Marana Yoga	376932369 <b>Rahu</b> 6:58AM – 8:40AM	Gara Until 6:16AM	<b>Nataraja:</b> Purple	4th Phase
Routine Work			<b>Chaturdashi* Until 6:39PM</b>	<b>Bhuloka Day</b>	
Until 11:00PM				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga		<b>Vaikasi Visakam</b>			

<b>○ Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau		Lucknow, India Sun 27 Sutra 44 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:05PM – 1:48PM	<b>Anuradha Until 12:52AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:16AM	
Vrischika Rasi: 6.57	Tithi 15	Yama 8:40AM – 10:23AM	Shiva Until 5:09PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:55PM	Moon 4 - Phase 6
		376932369 <b>Rahu</b> 3:30PM – 5:12PM	Visti Until 7:11AM	<b>Nataraja:</b> Purple	Purnima
Creative Work			<b>Purnima* Until 7:47PM</b>	<b>Bhuloka Day</b>	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM

<b>Wednesday, May 30, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau		Lucknow, India Sun 27 Sutra 45 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:23AM – 12:05PM	<b>Jyeshtha* Until 2:59AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:15AM	
Vrischika Rasi: 19.17	Tithi 16	Yama 6:58AM – 8:40AM	Siddha Until 5:23PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:55PM	Moon 4 - Phase 6
		376932369 <b>Rahu</b> 12:05PM – 1:48PM	Balava Until 8:33AM	<b>Nataraja:</b> Purple	Prathama
Creative Work			<b>Prathama* Until 9:22PM</b>	<b>Bhuloka Day</b>	
				Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM



**Thursday, May 31, 2018**  
**Gold Retreat Star**

Dhanus Rasi: 1.26      Tithi 17  
387932369  
Creative Work    Siddha Yoga  
Until 5:49AM Fri  
Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**    8:40AM – 10:23AM  
Yama        5:15AM – 6:58AM  
**Rahu**        1:48PM – 3:31PM  
**Mula\* Until 5:49AM Fri**  
Sadhya Until 5:57PM  
Taitila Until 10:21AM  
Dvitiya Until 11:23PM

**Ganesha:** White      *Sunrise:* 5:15AM  
**Muruqa:** White      *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

Lucknow, India  
Sun 1      Sutra 46  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**

**1**

**Friday, June 1, 2018**

Dhanus Rasi: 13.25      Tithi 18  
387932369  
Routine Work    Prabalarishta Yoga  
Until 8:47AM Sat  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**    6:58AM – 8:40AM  
Yama        3:31PM – 5:14PM  
**Rahu**        10:23AM – 12:06PM  
**Purvashadha\* Until 8:47AM Sat**  
Subha Until 6:48PM  
Vanija Until 12:32PM  
Tritiya Until 1:43AM Sat

**Ganesha:** Yellow      *Sunrise:* 5:15AM  
**Muruqa:** White      *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

Lucknow, India  
Sun 2      Sutra 47  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**2**

**Saturday, June 2, 2018**

Dhanus Rasi: 25.17      Tithi 19  
387932369  
Creative Work    Siddha Yoga  
Until 8:47AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika**    5:15AM – 6:57AM  
Yama        1:49PM – 3:31PM  
**Rahu**        8:40AM – 10:23AM  
**Purvashadha\* Until 8:47AM**  
Sukla Until 7:50PM  
Bava Until 3:00PM  
**Chaturthi\* Until 4:17AM Sun**

**Ganesha:** Yellow      *Sunrise:* 5:15AM  
**Muruqa:** White      *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

Lucknow, India  
Sun 3      Sutra 48  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**3**

**Sunday, June 3, 2018**

Makara Rasi: 7.05      Tithi 20  
387932369  
Creative Work    Amrita Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    3:32PM – 5:14PM  
Yama        12:06PM – 1:49PM  
**Rahu**        5:14PM – 6:57PM  
**Uttarashadha Until 11:45AM**  
Brahma Until 8:57PM  
Kaulava Until 5:36PM  
**Panchami Until 6:52AM Mon**

**Ganesha:** Yellow      *Sunrise:* 5:15AM  
**Muruqa:** White      *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha Adhika-Vaikasi**

Lucknow, India  
Sun 4      Sutra 49  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

**4**

**Monday, June 4, 2018**

Makara Rasi: 18.52      Tithi 20 – 21  
397932369  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 3:02PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**    1:49PM – 3:32PM  
Yama        10:23AM – 12:06PM  
**Rahu**        6:57AM – 8:40AM  
**Shravana Until 3:02PM**  
Indra Until 10:00PM  
Gara Until 8:07PM  
**Panchami Until 6:52AM**

**Ganesha:** Blue      *Sunrise:* 5:14AM  
**Muruqa:** White      *Sunset:* 6:58PM  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha Adhika-Vaikasi**

Lucknow, India  
Sun 5      Sutra 50  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Devaloka Day**

**5**

**Tuesday, June 5, 2018**

Kumbha Rasi: 0.43      Tithi 21 – 22  
397132361  
Creative Work    Siddha Yoga  
Until 5:55PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**    12:06PM – 1:49PM  
Yama        8:40AM – 10:23AM  
**Rahu**        3:32PM – 5:15PM  
**Dhanishtha Until 5:55PM**  
Vaidhriti\* Until 10:47PM  
Visti Until 10:21PM  
**Shashthi\* Until 9:16AM**

**Ganesha:** Purple      *Sunrise:* 5:14AM  
**Muruqa:** White      *Sunset:* 6:58PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha Adhika-Vaikasi**

Lucknow, India  
Sun 6      Sutra 51  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Devaloka Day**

**D**

**Wednesday, June 6, 2018**  
**Retreat Star**

Kumbha Rasi: 12.43      Tithi 22 – 23  
397132361  
Creative Work    Siddha Yoga  
Until 8:09PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**    10:23AM – 12:06PM  
Yama        6:57AM – 8:40AM  
**Rahu**        12:06PM – 1:49PM  
**Shatabhishak Until 8:09PM**  
Vishkambha\* Until 11:11PM  
Balava Until 12:03AM Thu  
**Saptami Until 11:15AM**

**Ganesha:** Purple      *Sunrise:* 5:14AM  
**Muruqa:** White      *Sunset:* 6:59PM  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha Adhika-Vaikasi**

Lucknow, India  
Sun 7      Sutra 52  
Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

**Devaloka Day**

**Thursday, June 7, 2018**  
**Retreat Star**

Kumbha Rasi: 24.58      Tithi 23 – 24  
317132361  
Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**    8:40AM – 10:23AM  
Yama        5:14AM – 6:57AM  
**Rahu**        1:50PM – 3:33PM  
**Purvaproshtapada\* Until 10:03PM**  
Priti Until 11:03PM  
Taitila Until 1:03AM Fri  
**Ashtami\* Until 12:38PM**

**Ganesha:** Blue      *Sunrise:* 5:14AM  
**Muruqa:** White      *Sunset:* 6:59PM  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha Adhika-Vaikasi**

Lucknow, India  
Sun 8      Sutra 53  
Vilamba 5120  
Moon 5 - Phase 7  
Navami

**Devaloka Day**


<b>1</b>	<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Lucknow, India Sun 9 Sutra 54
	Meena Rasi: 7.31	Tithi 24 – 25	318132361	<b>Gulika</b> 6:57AM – 8:40AM <b>Yama</b> 3:33PM – 5:16PM <b>Rahu</b> 10:24AM – 12:07PM	<b>Uttaraproshtapada</b> Until 11:01PM Ayushman Until 10:15PM Vanija Until 1:14AM Sat <b>Navami*</b> Until 1:14PM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Clear	Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM

<b>2</b>	<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India Sun 10 Sutra 55
	Meena Rasi: 20.28	Tithi 25 – 26	318132361	<b>Gulika</b> 5:14AM – 6:57AM <b>Yama</b> 1:50PM – 3:33PM <b>Rahu</b> 8:41AM – 10:24AM	<b>Revati</b> Until 10:59PM Saubhagya Until 8:48PM Bava Until 12:34AM Sun <b>Dashami</b> Until 12:59PM	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Clear	Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Routine Work	Prabalarishta Yoga				<b>Bhuloka Day</b> Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM
	Until 10:59PM	Then Creative Work - Siddha Yoga					

<b>3</b>	<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Balava*/Kaulava Karana Ekadashi/Dvadashyam Titau				Lucknow, India Sun 11 Sutra 56
	Mesha Rasi: 3.52	Tithi 26 – 27	328132361	<b>Gulika</b> 3:34PM – 5:17PM <b>Yama</b> 12:07PM – 1:50PM <b>Rahu</b> 5:17PM – 7:00PM	<b>Ashvini</b> Until 10:28PM Sobhana Until 6:43PM Kaulava Until 11:06PM <b>Ekadashi*</b> Until 11:55AM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White	Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Jyeshtha Adhika-Vaikasi	
	Until 10:28PM	Then Routine Work - Prabalarishta Yoga					

<b>4</b>	<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Talita*/Gara Karana Dvadashi/Trayodashyam Titau				Lucknow, India Sun 12 Sutra 57
	Mesha Rasi: 17.43	Tithi 27 – 28	328132361	<b>Gulika</b> 1:51PM – 3:34PM <b>Yama</b> 10:24AM – 12:07PM <b>Rahu</b> 6:57AM – 8:41AM	<b>Bharani</b> Until 9:05PM Athiganda* Until 4:00PM Gara Until 8:55PM <b>Dvadashi*</b> Until 10:04AM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White	Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Family Home Evening	Creative Work				<b>Bhuloka Day</b> Jyeshtha Adhika-Vaikasi	
	Until 9:05PM	Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lucknow, India Sun 13 Sutra 58
	Vrishabha Rasi: 2.01	Tithi 28 – 29	328132361	<b>Gulika</b> 12:08PM – 1:51PM <b>Yama</b> 8:41AM – 10:24AM <b>Rahu</b> 3:34PM – 5:18PM	<b>Krittika</b> Until 6:59PM Sukarma Until 12:48PM Visti Until 6:10PM <b>Trayodashi*</b> Until 7:35AM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – White	Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Jyeshtha Adhika-Vaikasi	
	Until 6:59PM	Then Creative Work - Amrita Yoga					

	<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lucknow, India Sun 14 Sutra 59
	<b>Retreat Star</b>		338132361	<b>Gulika</b> 10:24AM – 12:08PM <b>Yama</b> 6:58AM – 8:41AM <b>Rahu</b> 12:08PM – 1:51PM	<b>Rohini</b> Until 4:45PM Dhriti Until 9:13AM Catuspada Until 3:00PM <b>Amavasya*</b> Until 1:17AM Thu	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow	Vilamba 5120 Moon 5 - Phase 8 Amavasya
	Vrishabha Rasi: 16.4	Tithi 30				<b>Bhuloka Day</b> Jyeshtha Adhika-Vaikasi	
	Creative Work	Siddha Yoga					

<b>Retreat Star</b>	<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Lucknow, India Sun 15 Sutra 60
	Mithuna Rasi: 1.35	Tithi 1	338132361	<b>Gulika</b> 8:41AM – 10:25AM <b>Yama</b> 5:14AM – 6:58AM <b>Rahu</b> 1:51PM – 3:35PM	<b>Mrigashira</b> Until 2:07PM Ganda* Until 1:23AM Fri Kintughna Until 11:33AM <b>Prathama*</b> Until 9:46PM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Yellow	Vilamba 5120 Moon 5 - Phase 8 Prathama
	Routine Work	Marana Yoga				<b>Bhuloka Day</b> Jyeshtha-Vaikasi	

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lucknow, India Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 16.36	Tithi 2	<b>Gulika</b> 6:58AM – 8:41AM	<b>Ardra</b> Until 11:16AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:14AM		
		Yama 3:35PM – 5:19PM	Vriddhi Until 9:26PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	339132361 <b>Rahu</b> 10:25AM – 12:08PM	Balava Until 8:01AM	<b>Nataraja:</b> White		3rd Phase	
			<b>Dvitiya</b> Until 6:14PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Lucknow, India Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 2	Tithi 3 – 4	<b>Gulika</b> 5:14AM – 6:58AM	<b>Punarvasu</b> Until 8:46AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:14AM		
		Yama 1:52PM – 3:35PM	Dhruva Until 5:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 8:41AM – 10:25AM	Vanija Until 1:14AM Sun	<b>Nataraja:</b> White		3rd Phase	
			<b>Tritiya</b> Until 2:50PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lucknow, India Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 16.26	Tithi 4 – 5	<b>Gulika</b> 3:36PM – 5:19PM	<b>Pushya</b> Until 6:21AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:15AM		
		Yama 12:09PM – 1:52PM	Vyaghata* Until 1:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	349132361 <b>Rahu</b> 5:19PM – 7:03PM	Bava Until 10:16PM	<b>Nataraja:</b> White		3rd Phase	
			<b>Chaturthi*</b> Until 11:41AM	Moon – Blue		<b>Bhuloka Day</b>	
		Father's Day		<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Lucknow, India Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 1	Tithi 5 – 6	<b>Gulika</b> 1:52PM – 3:36PM	<b>Magha*</b> Until 2:44AM Tue	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:15AM		
<b>Family Home Evening</b>		Yama 10:25AM – 12:09PM	Harshana Until 10:43AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 6:58AM – 8:42AM	Kaulava Until 7:45PM	<b>Nataraja:</b> White		3rd Phase	
Until 2:44AM Tue			<b>Panchami</b> Until 8:56AM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			

<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau		Lucknow, India Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 15.14	Tithi 6 – 7	<b>Gulika</b> 12:09PM – 1:53PM	<b>Purvaphalguni</b> Until 1:42AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:15AM		
		Yama 8:42AM – 10:25AM	Vajra* Until 7:50AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9	
Creative Work	Siddha Yoga	359132361 <b>Rahu</b> 3:36PM – 5:20PM	Vanija Until 4:57AM Wed	<b>Nataraja:</b> White		3rd Phase	
Until 1:42AM Wed			<b>Shashthi*</b> Until 6:39AM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Ani</b>			

<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Lucknow, India Sun 21 Sutra 66 Vilamba 5120	
Simha Rasi: 29.07	Tithi 8	<b>Gulika</b> 10:26AM – 12:09PM	<b>Uttaraphalguni</b> Until 1:06AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:15AM		
		Yama 6:59AM – 8:42AM	Vyatipata* Until 3:31AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9	
Creative Work	Amrita Yoga	359132361 <b>Rahu</b> 12:09PM – 1:53PM	Visti Until 4:19PM	<b>Nataraja:</b> White		Ashtami	
Until 1:06AM Thu			<b>Ashtami*</b> Until 3:49AM Thu	Moon – Red		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		Chidambaram Abhishekam		<b>Jyeshtha-Ani</b>			

<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Lucknow, India Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 12.38	Tithi 9	<b>Gulika</b> 8:42AM – 10:26AM	<b>Hasta</b> Until 1:24AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:15AM		
		Yama 5:15AM – 6:59AM	Variyan Until 2:03AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	369132361 <b>Rahu</b> 1:53PM – 3:37PM	Balava Until 3:30PM	<b>Nataraja:</b> White		Navami	
Until 1:24AM Fri			<b>Navami*</b> Until 3:17AM Fri	Moon – Green		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>		<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Lucknow, India Sun 23 Sutra 69 Vilamba 5120
Kanya Rasi: 25.5	Tithi 10	<b>Gulika</b> 6:59AM – 8:43AM	<b>Chitra</b> Until 2:05AM Sat	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:15AM			
		Yama 3:37PM – 5:20PM	Parigha* Until 1:02AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM			Moon 5 - Phase 10
361132361		<b>Rahu</b> 10:26AM – 12:10PM	Taitila Until 3:15PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:19AM Sat	Moon – Green			<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>				
<b>2</b>		<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 8.44	Tithi 11	<b>Gulika</b> 5:16AM – 6:59AM	<b>Svati</b> Until 3:08AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:16AM			
		Yama 1:53PM – 3:37PM	Shiva Until 12:28AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM			Moon 5 - Phase 10
361132361		<b>Rahu</b> 8:43AM – 10:26AM	Vanija Until 3:33PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 3:51AM Sun	Moon – Green			<b>Bhuloka Day</b>	
Until 3:08AM Sun				<b>Jyeshtha-Ani</b>				
Then Routine Work - Marana Yoga								
<b>3</b>		<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Lucknow, India Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 21.24	Tithi 12	<b>Gulika</b> 3:37PM – 5:21PM	<b>Vishakha</b> Until 4:58AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM			
		Yama 12:10PM – 1:54PM	Siddha Until 12:15AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM			Moon 5 - Phase 10
371132361		<b>Rahu</b> 5:21PM – 7:04PM	Bava Until 4:20PM	<b>Nataraja:</b> White				4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 4:53AM Mon	Moon – Orange			<b>Bhuloka Day</b>	
Until 4:58AM Mon				<b>Jyeshtha-Ani</b>			<b>Devaloka Time: 6:AM to 9:AM</b>	
Then Creative Work - Siddha Yoga								
<b>4</b>		<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lucknow, India Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 3.51	Tithi 13	<b>Gulika</b> 1:54PM – 3:37PM	<b>Anuradha</b> Until 7:03AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM			
<b>Family Home Evening</b>		Yama 10:27AM – 12:10PM	Sadhya Until 12:22AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM			Moon 5 - Phase 10
371142361		<b>Rahu</b> 7:00AM – 8:43AM	Kaulava Until 5:35PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:20AM Tue	Moon – Orange			<b>Devaloka Day</b>	
Until 7:03AM Tue				<b>Jyeshtha-Ani</b>				
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>					
<b>5</b>		<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 16.07	Tithi 13 – 14	<b>Gulika</b> 12:10PM – 1:54PM	<b>Anuradha</b> Until 7:03AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM			
		Yama 8:43AM – 10:27AM	Subha Until 12:50AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM			Moon 5 - Phase 10
371142361		<b>Rahu</b> 3:37PM – 5:21PM	Gara Until 7:14PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:20AM	Moon – Orange			<b>Devaloka Day</b>	
Until 7:03AM				<b>Jyeshtha-Ani</b>				
Then Routine Work - Marana Yoga								
<b>○</b>		<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India Sutra 73 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:27AM – 12:11PM	<b>Jyeshtha*</b> Until 9:21AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:17AM			
Vrischika Rasi: 28.14	Tithi 14 – 15	Yama 7:00AM – 8:44AM	Sukla Until 1:31AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM			Moon 5 - Phase 10
371142361		<b>Rahu</b> 12:11PM – 1:54PM	Visti Until 9:15PM	<b>Nataraja:</b> White				Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:10AM	Moon – Orange			<b>Devaloka Day</b>	
Until 9:21AM				<b>Jyeshtha-Ani</b>				
Then Routine Work - Marana Yoga								
<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India Sutra 74 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:44AM – 10:27AM	<b>Mula*</b> Until 12:18PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:17AM			
Dhanus Rasi: 10.12	Tithi 15 – 16	Yama 5:17AM – 7:01AM	Brahma Until 2:27AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM			Moon 5 - Phase 10
381142361		<b>Rahu</b> 1:54PM – 3:38PM	Balava Until 11:33PM	<b>Nataraja:</b> White				Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:21AM	Moon – Light Blue			<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			<b>Devaloka Time: 12:PM to 3:PM</b>	





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lucknow, India

Sutra 75

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Dhanus Rasi: 22.04 Tithi 16 - 17

381142361

**Gulika** 7:01AM - 8:44AM  
**Yama** 3:38PM - 5:21PM  
**Rahu** 10:28AM - 12:11PM

**Purvashadha\* Until 3:19PM**  
Indra Until 3:32AM Sat  
Taitila Until 2:04AM Sat  
**Prathama\* Until 12:46PM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:17AM  
**Sunset:** 7:05PM

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga  
Until 3:19PM  
Then Routine Work - Marana Yoga

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 76

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 3.52 Tithi 17 - 18

381242361

**Gulika** 5:18AM - 7:01AM  
**Yama** 1:55PM - 3:38PM  
**Rahu** 8:45AM - 10:28AM

**Uttarashadha Until 6:17PM**  
Vaidhriti\* Until 4:39AM Sun  
Vanija Until 4:40AM Sun  
**Dvitiya Until 3:21PM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:18AM  
**Sunset:** 7:05PM

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 6:17PM  
Then Creative Work - Siddha Yoga

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturchayam Titau

Lucknow, India

Sun 2 Sutra 77

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 15.39 Tithi 18 - 19

391242361

**Gulika** 3:38PM - 5:22PM  
**Yama** 12:11PM - 1:55PM  
**Rahu** 5:22PM - 7:05PM

**Shravana Until 9:36PM**  
Vishkambha\* Until 5:44AM Mon  
Bava Until 7:13AM Mon  
**Tritiya Until 5:56PM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:18AM  
**Sunset:** 7:05PM

**Devaloka Day**

Creative Work Amrita Yoga  
Until 9:36PM  
Then Routine Work - Marana Yoga

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturchayam Titau

Lucknow, India

Sun 3 Sutra 78

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Makara Rasi: 27.28 Tithi 19

391242361

**Gulika** 1:55PM - 3:38PM  
**Yama** 10:28AM - 12:12PM  
**Rahu** 7:02AM - 8:45AM

**Dhanishtha Until 12:35AM Tue**  
Priti Until 6:40AM Tue  
Bava Until 7:13AM  
**Chaturchi\* Until 8:23PM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:18AM  
**Sunset:** 7:05PM

**Devaloka Day**

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 12:35AM Tue  
Then Routine Work - Marana Yoga

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India

Sun 4 Sutra 79

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 9.21 Tithi 20

392242361

**Gulika** 12:12PM - 1:55PM  
**Yama** 8:45AM - 10:29AM  
**Rahu** 3:38PM - 5:22PM

**Shatabhishak Until 3:04AM Wed**  
Priti Until 6:40AM  
Kaulava Until 9:31AM  
**Panchami Until 10:30PM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:19AM  
**Sunset:** 7:05PM

**Devaloka Day**

Routine Work Marana Yoga  
Until 3:04AM Wed  
Then Creative Work - Amrita Yoga

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Lucknow, India

Sun 5 Sutra 80

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Kumbha Rasi: 21.23 Tithi 21

312242361

**Gulika** 10:29AM - 12:12PM  
**Yama** 7:02AM - 8:46AM  
**Rahu** 12:12PM - 1:55PM

**Purvaproshtapada\* Until 5:23AM Thu**  
Ayushman Until 7:16AM  
Gara Until 11:25AM  
**Shashthi\* Until 12:08AM Thu**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:19AM  
**Sunset:** 7:05PM

**Devaloka Day**

Creative Work Amrita Yoga  
Until 5:23AM Thu  
Then Creative Work - Siddha Yoga

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 6 Sutra 81

Vilamba 5120

Moon 6 - Phase 11

1st Phase

Meena Rasi: 3.38 Tithi 22

312242361

**Gulika** 8:46AM - 10:29AM  
**Yama** 5:20AM - 7:03AM  
**Rahu** 1:55PM - 3:39PM

**Uttaraproshtapada Until 6:53AM Fri**  
Saubhagya Until 7:28AM  
Visti Until 12:45PM  
**Saptami Until 1:08AM Fri**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:20AM  
**Sunset:** 7:05PM

**Devaloka Day**

Creative Work Siddha Yoga

**Friday, July 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 7 Sutra 82

Vilamba 5120

Moon 6 - Phase 11

Ashtami

Meena Rasi: 16.11 Tithi 23

312242361

**Gulika** 7:03AM - 8:46AM  
**Yama** 3:39PM - 5:22PM  
**Rahu** 10:29AM - 12:12PM

**Uttaraproshtapada Until 6:53AM**  
Sobhana Until 7:09AM  
Balava Until 1:23PM  
**Ashtami\* Until 1:24AM Sat**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:20AM  
**Sunset:** 7:05PM

**Devaloka Day**

Creative Work Siddha Yoga

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Sun 8 Sutra 83

Vilamba 5120

Moon 6 - Phase 11

Navami

Meena Rasi: 29.05 Tithi 24

412242361

**Gulika** 5:20AM - 7:03AM  
**Yama** 1:56PM - 3:39PM  
**Rahu** 8:46AM - 10:29AM

**Revati Until 7:29AM**  
Athiganda\* Until 6:13AM  
Taitila Until 1:14PM  
**Navami\* Until 12:51AM Sun**

**Ganesha:** Green  
**Muruqa:** Clear  
**Nataraja:** White  
Moon - Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:20AM  
**Sunset:** 7:05PM

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga  
Until 7:29AM  
Then Creative Work - Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Lucknow, India Sun 9 Sutra 84 Vilamba 5120
Mesha Rasi: 12.25	Tithi 25	<b>Gulika</b> 3:39PM – 5:22PM	<b>Ashvini Until 7:37AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:21AM	
		Yama 12:13PM – 1:56PM	Dhriti Until 2:28AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM	Moon 6 - Phase 12
	422242361	<b>Rahu</b> 5:22PM – 7:05PM	Vanija Until 12:18PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 11:31PM</b>	Moon – White		<b>Devaloka Day</b>
Until 7:37AM				<b>Jyeshtha-Ani</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Lucknow, India Sun 10 Sutra 85 Vilamba 5120
Mesha Rasi: 26.11	Tithi 26	<b>Gulika</b> 1:56PM – 3:39PM	<b>Bharani Until 6:48AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:21AM	
<b>Family Home Evening</b>		Yama 10:30AM – 12:13PM	Shula* Until 11:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	422242361 <b>Rahu</b> 7:04AM – 8:47AM	Bava Until 10:35AM	<b>Nataraja:</b> White		2nd Phase
Until 6:48AM			<b>Ekadashi* Until 9:27PM</b>	Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>		

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lucknow, India Sun 11 Sutra 86 Vilamba 5120
Vrishabha Rasi: 10.24	Tithi 27	<b>Gulika</b> 12:13PM – 1:56PM	<b>Rohini Until 3:14AM Wed</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:22AM	
		Yama 8:47AM – 10:30AM	Ganda* Until 8:22PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 12
	432242361	<b>Rahu</b> 3:39PM – 5:21PM	Kaulava Until 8:11AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 6:45PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 3:14AM Wed				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lucknow, India Sun 12 Sutra 87 Vilamba 5120
Vrishabha Rasi: 25.02	Tithi 28 – 29	<b>Gulika</b> 10:30AM – 12:13PM	<b>Mrigashira Until 12:42AM Thu</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:22AM	
		Yama 7:05AM – 8:48AM	Vridhhi Until 4:41PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 12
	432242361	<b>Rahu</b> 12:13PM – 1:56PM	Visti Until 1:52AM Thu	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 3:34PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 12:42AM Thu				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lucknow, India Sun 13 Sutra 88 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:48AM – 10:31AM	<b>Ardra Until 9:47PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:23AM	
Mithuna Rasi: 9.58	Tithi 29 – 30	Yama 5:23AM – 7:05AM	Dhruva Until 12:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 12
	432242361	<b>Rahu</b> 1:56PM – 3:39PM	Catuspada Until 10:13PM	<b>Nataraja:</b> White		Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi* Until 12:03PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 9:47PM				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Amrita Yoga						

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India Sun 14 Sutra 89 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:06AM – 8:48AM	<b>Punarvasu Until 7:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:23AM	
Mithuna Rasi: 25.06	Tithi 30 – 1	Yama 3:39PM – 5:21PM	Vyaghata* Until 8:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 12
	442242361	<b>Rahu</b> 10:31AM – 12:13PM	Kintughna Until 6:28PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 8:20AM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 7:00PM		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>
Then Routine Work - Marana Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lucknow, India Sun 15 Sutra 90	
Kataka Rasi: 10.16	Tithi 2	<b>Gulika</b> 5:24AM – 7:06AM	<b>Pushya</b> <b>Until 4:08PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	Vilamba 5120	
		Yama 1:56PM – 3:38PM	Vajra* <b>Until 12:21AM</b> Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 8:48AM – 10:31AM	Balava <b>Until 2:46PM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> <b>Until 12:58AM</b> Sun	Moon – Blue		<b>Bhuloka Day</b>	
Until 4:08PM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau		Lucknow, India Sun 16 Sutra 91	
Kataka Rasi: 25.2	Tithi 3	<b>Gulika</b> 3:38PM – 5:21PM	<b>Ashlesha*</b> <b>Until 1:21PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	Vilamba 5120	
		Yama 12:14PM – 1:56PM	Siddhi <b>Until 8:32PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 5:21PM – 7:03PM	Taitila <b>Until 11:16AM</b>	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 9:37PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 1:21PM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Chaturthyam Titau		Lucknow, India Sun 17 Sutra 92	
Simha Rasi: 10.09	Tithi 4	<b>Gulika</b> 1:56PM – 3:38PM	<b>Magha*</b> <b>Until 11:13AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:31AM – 12:14PM	Vyatipata* <b>Until 5:04PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13	
		453242361 <b>Rahu</b> 7:07AM – 8:49AM	Vanija <b>Until 8:07AM</b>	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> <b>Until 6:42PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 11:13AM				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Lucknow, India Sun 18 Sutra 93	
Simha Rasi: 24.37	Tithi 5 – 6	<b>Gulika</b> 12:14PM – 1:56PM	<b>Purvaphalguni</b> <b>Until 9:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:25AM	Vilamba 5120	
		Yama 8:49AM – 10:32AM	Varyan <b>Until 2:01PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13	
		453242362 <b>Rahu</b> 3:38PM – 5:20PM	Kaulava <b>Until 3:23AM</b> Wed	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 4:19PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 9:26AM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lucknow, India Sun 19 Sutra 94	
Kanya Rasi: 8.4	Tithi 6 – 7	<b>Gulika</b> 10:32AM – 12:14PM	<b>Uttaraphalguni</b> <b>Until 8:09AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:25AM	Vilamba 5120	
		Yama 7:08AM – 8:50AM	Parigha* <b>Until 11:31AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 13	
		453242362 <b>Rahu</b> 12:14PM – 1:56PM	Gara <b>Until 2:01AM</b> Thu	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi*</b> <b>Until 2:36PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 8:09AM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lucknow, India Sun 20 Sutra 95	
Kanya Rasi: 22.17	Tithi 7 – 8	<b>Gulika</b> 8:50AM – 10:32AM	<b>Hasta</b> <b>Until 7:50AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	Vilamba 5120	
		Yama 5:26AM – 7:08AM	Shiva <b>Until 9:36AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 1:56PM – 3:38PM	Visti <b>Until 1:22AM</b> Fri	<b>Nataraja:</b> Clear		Ashtami	
Routine Work	Marana Yoga		<b>Saptami</b> <b>Until 1:35PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 7:50AM				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lucknow, India Sun 21 Sutra 96	
Tula Rasi: 5.31	Tithi 8 – 9	<b>Gulika</b> 7:08AM – 8:50AM	<b>Chitra</b> <b>Until 8:07AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	Vilamba 5120	
		Yama 3:38PM – 5:20PM	Siddha <b>Until 8:15AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 10:32AM – 12:14PM	Balava <b>Until 1:27AM</b> Sat	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 1:18PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>	<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lucknow, India Sun 22 Sutra 97
	Tula Rasi: 18.22	Tithi 9 – 10	<b>Gulika</b> 5:27AM – 7:09AM	<b>Svati</b> Until 8:56AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	Vilamba 5120
			Yama 1:56PM – 3:38PM	Sadhya Until 7:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 8:50AM – 10:32AM	Taitila Until 2:12AM Sun	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami*</b> Until 1:43PM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>2</b>	<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lucknow, India Sun 23 Sutra 98
	Vrischika Rasi: 0.54	Tithi 10 – 11	<b>Gulika</b> 3:37PM – 5:19PM	<b>Vishakha</b> Until 10:42AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:27AM	Vilamba 5120
			Yama 12:14PM – 1:56PM	Subha Until 7:14AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	473242362 <b>Rahu</b> 5:19PM – 7:01PM	Vanija Until 3:32AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 2:47PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>3</b>	<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lucknow, India Sun 24 Sutra 99
	Vrischika Rasi: 13.11	Tithi 11 – 12	<b>Gulika</b> 1:56PM – 3:37PM	<b>Anuradha</b> Until 12:50PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:28AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:33AM – 12:14PM	Sukla Until 7:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	473242362 <b>Rahu</b> 7:09AM – 8:51AM	Bava Until 5:22AM Tue	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 4:22PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>	<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava Karana Dvadashyam Titau				Lucknow, India Sun 25 Sutra 100
	Vrischika Rasi: 25.17	Tithi 12	<b>Gulika</b> 12:14PM – 1:56PM	<b>Jyeshtha*</b> Until 3:15PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:28AM	Vilamba 5120
			Yama 8:51AM – 10:33AM	Brahma Until 7:56AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	473242362 <b>Rahu</b> 3:37PM – 5:18PM	Balava Until 6:24PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 6:24PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>5</b>	<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lucknow, India Sun 26 Sutra 101
	Dhanus Rasi: 7.14	Tithi 13	<b>Gulika</b> 10:33AM – 12:14PM	<b>Mula*</b> Until 6:18PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:29AM	Vilamba 5120
			Yama 7:10AM – 8:52AM	Indra Until 8:46AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	483342362 <b>Rahu</b> 12:14PM – 1:55PM	Kaulava Until 7:33AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 8:44PM	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
				<i>Pradosha Vrata</i>			

<b>6</b>	<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Lucknow, India Sun 27 Sutra 102
	Dhanus Rasi: 19.05	Tithi 14	<b>Gulika</b> 8:52AM – 10:33AM	<b>Purvashadha*</b> Until 9:23PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:29AM	Vilamba 5120
			Yama 5:29AM – 7:11AM	Vaidhriti* Until 9:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	483342362 <b>Rahu</b> 1:55PM – 3:37PM	Gara Until 10:00AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi*</b> Until 11:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

	<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Lucknow, India Sun 27 Sutra 103
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:11AM – 8:52AM	<b>Uttarashadha</b> Until 12:22AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:30AM	Vilamba 5120
	Makara Rasi: 0.53	Tithi 15	Yama 3:36PM – 5:17PM	Vishkambha* Until 10:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 14
			483342362 <b>Rahu</b> 10:33AM – 12:14PM	Visti Until 12:35PM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima*</b> Until 1:51AM Sat	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
			<b>Total Lunar Eclipse</b>				
			<b>Satguru Purnima</b>				

	<b>Saturday, July 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Lucknow, India Sun 28 Sutra 104
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:30AM – 7:11AM	<b>Shravana</b> Until 3:38AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	Vilamba 5120
	Makara Rasi: 12.41	Tithi 16	Yama 1:55PM – 3:36PM	Priti Until 11:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 6 - Phase 14
			493342362 <b>Rahu</b> 8:52AM – 10:33AM	Balava Until 3:09PM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 4:23AM Sun	Moon – Purple		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvityayam Titau

Lucknow, India  
Sutra 105

Makara Rasi: 24.29 Tithi 17

**Gulika** 3:36PM – 5:16PM  
Yama 12:14PM – 1:55PM  
493342362 **Rahu** 5:16PM – 6:57PM

**Dhanishtha** Until 6:33AM Mon  
Ayushman Until 12:59PM  
Taitila Until 5:36PM  
**Dvitiya** Until 6:44AM Mon

**Ganesha:** Blue *Sunrise: 5:31AM*  
**Muruqa:** Clear *Sunset: 6:57PM*  
**Nataraja:** Clear  
Moon – Purple

Moon 7 - Phase 15  
1st Phase

Routine Work Marana Yoga  
Until 6:33AM Mon  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Lucknow, India  
Sun 1 Sutra 106

Kumbha Rasi: 6.23 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

**Gulika** 1:55PM – 3:35PM  
Yama 10:33AM – 12:14PM  
494342362 **Rahu** 7:12AM – 8:53AM

**Dhanishtha** Until 6:33AM  
Saubhagya Until 1:50PM  
Vanija Until 7:49PM  
**Dvitiya** Until 6:44AM

**Ganesha:** Blue *Sunrise: 5:31AM*  
**Muruqa:** Clear *Sunset: 6:57PM*  
**Nataraja:** Clear  
Moon – Purple

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaprosnthapada Nakshatra Sobhana/Athiganda Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India  
Sun 2 Sutra 107

Kumbha Rasi: 18.23 Tithi 18 – 19  
Routine Work Marana Yoga

**Gulika** 12:14PM – 1:55PM  
Yama 8:53AM – 10:34AM  
494342362 **Rahu** 3:35PM – 5:16PM

**Shatabhishak** Until 9:02AM  
Sobhana Until 2:28PM  
Bava Until 9:41PM  
**Tritiya** Until 8:47AM

**Ganesha:** Blue *Sunrise: 5:32AM*  
**Muruqa:** Clear *Sunset: 6:56PM*  
**Nataraja:** Clear  
Moon – Purple

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprosnthapada Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India  
Sun 3 Sutra 108

Meena Rasi: 0.32 Tithi 19 – 20  
Creative Work Amrita Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:34AM – 12:14PM  
Yama 7:13AM – 8:53AM  
414342362 **Rahu** 12:14PM – 1:54PM

**Purvaprosnthapada\*** Until 11:27AM  
Athiganda\* Until 2:44PM  
Kaulava Until 11:06PM  
**Chaturthi\*** Until 10:26AM

**Ganesha:** White *Sunrise: 5:33AM*  
**Muruqa:** Clear *Sunset: 6:55PM*  
**Nataraja:** Clear  
Moon – Clear

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprosnthapada/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India  
Sun 4 Sutra 109

Meena Rasi: 12.53 Tithi 20 – 21  
Creative Work Siddha Yoga

**Gulika** 8:53AM – 10:34AM  
Yama 5:33AM – 7:13AM  
414342362 **Rahu** 1:54PM – 3:34PM

**Uttaraprosnthapada** Until 1:13PM  
Sukarma Until 2:37PM  
Gara Until 11:59PM  
**Panchami** Until 11:36AM

**Ganesha:** White *Sunrise: 5:33AM*  
**Muruqa:** Clear *Sunset: 6:55PM*  
**Nataraja:** Clear  
Moon – Clear

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Lucknow, India  
Sun 5 Sutra 110

Meena Rasi: 25.29 Tithi 21 – 22  
Creative Work Siddha Yoga  
Until 2:16PM  
Then Creative Work - Amrita Yoga

**Gulika** 7:14AM – 8:54AM  
Yama 3:34PM – 5:14PM  
414342362 **Rahu** 10:34AM – 12:14PM

**Revati** Until 2:16PM  
Dhriti Until 2:04PM  
Visti Until 12:15AM Sat  
**Shashthi\*** Until 12:11PM

**Ganesha:** White *Sunrise: 5:34AM*  
**Muruqa:** Clear *Sunset: 6:54PM*  
**Nataraja:** Clear  
Moon – Clear

Moon 7 - Phase 15  
1st Phase

**Devaloka Day**

**Ashada-Adi**

**D**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplam/Ashtamyam Titau

Lucknow, India  
Sun 6 Sutra 111

Mesha Rasi: 8.24 Tithi 22 – 23  
Creative Work Siddha Yoga

**Gulika** 5:34AM – 7:14AM  
Yama 1:54PM – 3:34PM  
424342362 **Rahu** 8:54AM – 10:34AM

**Ashvini** Until 3:00PM  
Shula\* Until 12:58PM  
Balava Until 11:51PM  
**Saptami** Until 12:07PM

**Ganesha:** Clear *Sunrise: 5:34AM*  
**Muruqa:** Clear *Sunset: 6:53PM*  
**Nataraja:** Clear  
Moon – White

Moon 7 - Phase 15  
Ashtami

**Sivaloka Day**

**Ashada-Adi**

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lucknow, India  
Sun 7 Sutra 112

Mesha Rasi: 21.39 Tithi 23 – 24  
Routine Work Prabalarishta Yoga  
Until 2:54PM  
Then Creative Work - Siddha Yoga

**Gulika** 3:33PM – 5:13PM  
Yama 12:14PM – 1:53PM  
424342362 **Rahu** 5:13PM – 6:53PM

**Bharani** Until 2:54PM  
Ganda\* Until 11:20AM  
Taitila Until 10:46PM  
**Ashtami\*** Until 11:23AM

**Ganesha:** Clear *Sunrise: 5:35AM*  
**Muruqa:** Clear *Sunset: 6:53PM*  
**Nataraja:** Clear  
Moon – White

Moon 7 - Phase 15  
Navami

**Sivaloka Day**

**Ashada-Adi**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Lucknow, India Sun 8 Sutra 113 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:53PM – 3:33PM	<b>Krittika</b> <b>Until 1:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	
Vrishabha Rasi: 5.17	Tithi 24 – 25	Yama 10:34AM – 12:14PM	Vriddhi <b>Until 9:11AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 16
<b>Family Home Evening</b>	424342362	<b>Rahu</b> 7:15AM – 8:54AM	Vanija <b>Until 9:01PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga			<b>Navami* Until 9:58AM</b>	Moon – White		<b>Sivaloka Day</b>
Until 1:59PM				<b>Ashada-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India Sun 9 Sutra 114 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:13PM – 1:53PM	<b>Rohini</b> <b>Until 12:43PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:36AM	
Vrishabha Rasi: 19.19	Tithi 25 – 26	Yama 8:54AM – 10:34AM	Dhruva <b>Until 6:27AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 16
	434342362	<b>Rahu</b> 3:32PM – 5:12PM	Bava <b>Until 6:40PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Dashami</b> <b>Until 7:54AM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 12:43PM				<b>Ashada-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lucknow, India Sun 10 Sutra 115 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:34AM – 12:13PM	<b>Mrigashira</b> <b>Until 10:46AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:36AM	
Mithuna Rasi: 3.45	Tithi 27	Yama 7:15AM – 8:55AM	Harshana <b>Until 11:43PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 16
	434342362	<b>Rahu</b> 12:13PM – 1:53PM	Kaulava <b>Until 3:47PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 2:10AM Thu</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra Yoga Gara/Vanija Karana Trayodashyam Titau				Lucknow, India Sun 11 Sutra 116 Vilamba 5120
<b>4</b>		<b>Gulika</b> 8:55AM – 10:34AM	<b>Ardra</b> <b>Until 8:15AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:37AM	
Mithuna Rasi: 18.31	Tithi 28	Yama 5:37AM – 7:16AM	Vajra* <b>Until 7:51PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 16
	434342362	<b>Rahu</b> 1:52PM – 3:32PM	Gara <b>Until 12:30PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga			<b>Trayodashi* Until 10:44PM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 8:15AM				<b>Ashada-Adi</b>		
Then Creative Work - Amrita Yoga						
				<i>Pradosha Vrata (Fasting)</i>		

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata Yoga Visti/Sakuni Karana Chaturdashyam Titau				Lucknow, India Sun 12 Sutra 117 Vilamba 5120
<b>5</b>		<b>Gulika</b> 7:16AM – 8:55AM	<b>Pushya</b> <b>Until 2:52AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:37AM	
Kataka Rasi: 3.31	Tithi 29	Yama 3:31PM – 5:10PM	Siddhi <b>Until 3:48PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 10:34AM – 12:13PM	Visti <b>Until 8:58AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga			<b>Chaturdashi* Until 7:07PM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha Nakshatra Vyatipata/Variyan Yoga Naga/Kintughna Karana Amavasya/Prathamayam Titau				Lucknow, India Sun 13 Sutra 118 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:38AM – 7:16AM	<b>Ashlesha*</b> <b>Until 11:55PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:38AM	
Kataka Rasi: 18.38	Tithi 30 – 1	Yama 1:52PM – 3:31PM	Vyatipata* <b>Until 11:42AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 8:55AM – 10:34AM	Kintughna <b>Until 1:40AM Sun</b>	<b>Nataraja:</b> Clear		Amavasya
Routine Work Marana Yoga			<b>Amavasya* Until 3:27PM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 11:55PM				<b>Ashada-Adi</b>		
Then Creative Work - Amrita Yoga						
				<b>Partial Solar Eclipse</b>		

<b>Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha Nakshatra Variyan/Parigha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lucknow, India Sun 14 Sutra 119 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:30PM – 5:09PM	<b>Magha*</b> <b>Until 9:26PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	
Simha Rasi: 3.43	Tithi 1 – 2	Yama 12:13PM – 1:51PM	Variyan <b>Until 7:40AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 16
	455342362	<b>Rahu</b> 5:09PM – 6:47PM	Balava <b>Until 10:14PM</b>	<b>Nataraja:</b> Clear		Prathama
Routine Work Marana Yoga			<b>Prathama* Until 11:54AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 9:26PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Lucknow, India Sun 15 Sutra 120 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:51PM – 3:30PM	<b>Purvaphalguni Until 7:08PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:39AM	
Simha Rasi: 18.37	Tithi 2 – 3	Yama 10:34AM – 12:13PM	Shiva Until 12:19AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:47PM	Moon 7 - Phase 17
<b>Family Home Evening</b>	455342362	<b>Rahu</b> 7:17AM – 8:56AM	Taitila Until 7:09PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 8:37AM</b>	Moon – Red	<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>	

<b>Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau			Lucknow, India Sun 16 Sutra 121 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:12PM – 1:51PM	<b>Uttaraphalguni Until 5:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:39AM	
Kanya Rasi: 3.13	Tithi 4	Yama 8:56AM – 10:34AM	Siddha Until 9:14PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:46PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 3:29PM – 5:07PM	Vanija Until 4:33PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 3:28AM Wed</b>	Moon – Red	<b>Sivaloka Day</b>
Until 5:12PM				<b>Sravana-Adi</b>	
Then Creative Work - Siddha Yoga					

<b>Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau			Lucknow, India Sun 17 Sutra 122 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:34AM – 12:12PM	<b>Hasta Until 4:12PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:39AM	
Kanya Rasi: 17.25	Tithi 5	Yama 7:18AM – 8:56AM	Sadhya Until 6:42PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:45PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 12:12PM – 1:50PM	Bava Until 2:35PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 1:52AM Thu</b>	Moon – Green	<b>Subha Sivaloka Day</b>
Until 4:12PM		<b>Nag Panchami</b>		<b>Sravana-Adi</b>	
Then Creative Work - Siddha Yoga					

<b>Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau			Lucknow, India Sun 18 Sutra 123 Vilamba 5120
<b>4</b>		<b>Gulika</b> 8:56AM – 10:34AM	<b>Chitra Until 3:47PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:40AM	
Tula Rasi: 1.11	Tithi 6	Yama 5:40AM – 7:18AM	Subha Until 4:47PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:44PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 1:50PM – 3:28PM	Kaulava Until 1:22PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 1:02AM Fri</b>	Moon – Green	<b>Subha Sivaloka Day</b>
Until 3:47PM				<b>Sravana-Adi</b>	
Then Creative Work - Amrita Yoga					

<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saplamyam Titau			Lucknow, India Sun 19 Sutra 124 Vilamba 5120
<b>5</b>		<b>Gulika</b> 7:18AM – 8:56AM	<b>Svati Until 4:00PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:40AM	
Tula Rasi: 14.29	Tithi 7	Yama 3:27PM – 5:05PM	Sukla Until 3:30PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:43PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 10:34AM – 12:12PM	Gara Until 12:56PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 1:01AM Sat</b>	Moon – Green	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau			Lucknow, India Sun 20 Sutra 125 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:41AM – 7:19AM	<b>Vishakha Until 5:19PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:41AM	
Tula Rasi: 27.22	Tithi 8	Yama 1:49PM – 3:27PM	Brahma Until 2:51PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:42PM	Moon 7 - Phase 17
	575342362	<b>Rahu</b> 8:56AM – 10:34AM	Visti Until 1:20PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 1:47AM Sun</b>	Moon – Orange	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau			Lucknow, India Sun 21 Sutra 126 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 3:26PM – 5:04PM	<b>Anuradha Until 7:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:41AM	
Vrischika Rasi: 9.54	Tithi 9	Yama 12:11PM – 1:49PM	Indra Until 2:48PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
	575442362	<b>Rahu</b> 5:04PM – 6:41PM	Balava Until 2:28PM	<b>Nataraja:</b> Clear	Navami
Routine Work	Marana Yoga		<b>Navami* Until 3:15AM Mon</b>	Moon – Orange	<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau				Lucknow, India Sun 22 Sutra 127 Vilamba 5120
<b>1</b>	Vrischika Rasi: 22.08 Tithi 10 Family Home Evening Creative Work Siddha Yoga	Gulika 1:48PM – 3:26PM Yama 10:34AM – 12:11PM Rahu 7:19AM – 8:56AM	<b>Jyeshtha* Until 9:30PM</b> Vaidhriti* Until 3:12PM Tailila Until 4:14PM Dashami Until 5:17AM Tue	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange	Sunrise: 5:42AM Sunset: 6:40PM	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>

<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija Karana Ekadashyam Titau				Lucknow, India Sun 23 Sutra 128 Vilamba 5120
<b>2</b>	Dhanus Rasi: 4.08 Tithi 11 Creative Work Amrita Yoga	Gulika 12:11PM – 1:48PM Yama 8:57AM – 10:34AM Rahu 3:25PM – 5:02PM	<b>Mula* Until 12:32AM Wed</b> Vishkambha* Until 3:59PM Vanija Until 6:28PM Ekadashi Until 7:41AM Wed	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:42AM Sunset: 6:39PM	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>

<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lucknow, India Sun 24 Sutra 129 Vilamba 5120
<b>3</b>	Dhanus Rasi: 16.01 Tithi 11 – 12 Creative Work Amrita Yoga Until 3:38AM Thu Then Routine Work - Marana Yoga	Gulika 10:34AM – 12:11PM Yama 7:20AM – 8:57AM Rahu 12:11PM – 1:48PM	<b>Purvashadha* Until 3:38AM Thu</b> Priti Until 5:01PM Bava Until 8:59PM Ekadashi Until 7:41AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:43AM Sunset: 6:38PM	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>

<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lucknow, India Sun 25 Sutra 130 Vilamba 5120
<b>4</b>	Dhanus Rasi: 27.49 Tithi 12 – 13 Routine Work Marana Yoga	Gulika 8:57AM – 10:34AM Yama 5:43AM – 7:20AM Rahu 1:47PM – 3:24PM	<b>Uttarashadha Until 6:37AM Fri</b> Ayushman Until 6:05PM Kaulava Until 11:36PM Dvadashi Until 10:16AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:43AM Sunset: 6:37PM	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>

*Pradosha Vrata*

<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India Sun 26 Sutra 131 Vilamba 5120
<b>5</b>	Makara Rasi: 10 Tithi 13 – 14 Routine Work Marana Yoga	Gulika 7:20AM – 8:57AM Yama 3:23PM – 5:00PM Rahu 10:33AM – 12:10PM	<b>Uttarashadha Until 6:37AM</b> Saubhagya Until 7:09PM Gara Until 2:08AM Sat Trayodashi Until 12:52PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 5:44AM Sunset: 6:37PM	Moon 7 - Phase 18 4th Phase <b>Sivaloka Day</b>

**Chidambaram Abhishekam**

<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India Sun 27 Sutra 132 Vilamba 5120
<b>6</b>	Makara Rasi: 21.26 Tithi 14 – 15 Creative Work Siddha Yoga	Gulika 5:44AM – 7:21AM Yama 1:46PM – 3:23PM Rahu 8:57AM – 10:33AM	<b>Shravana Until 9:49AM</b> Sobhana Until 8:06PM Visti Until 4:28AM Sun Chaturdashi* Until 3:19PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:44AM Sunset: 6:36PM	Moon 7 - Phase 18 4th Phase <b>Subha Sivaloka Day</b>

**Avani Avittam**

<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India Sutra 133 Vilamba 5120
<b>○</b>	<b>Copper Retreat Star</b> Kumbha Rasi: 3.21 Tithi 15 – 16 Routine Work Marana Yoga Until 12:37PM Then Creative Work - Siddha Yoga	Gulika 3:22PM – 4:58PM Yama 12:10PM – 1:46PM Rahu 4:58PM – 6:35PM	<b>Dhanishtha Until 12:37PM</b> Athiganda* Until 8:47PM Balava Until 6:28AM Mon Purnima* Until 5:29PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:45AM Sunset: 6:35PM	Moon 7 - Phase 18 Purnima <b>Subha Sivaloka Day</b>

**Raksha Bandhan**

<b>Monday, August 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Lucknow, India Sutra 134 Vilamba 5120
<b>○</b>	<b>Silver Retreat Star</b> Kumbha Rasi: 15.23 Tithi 16 Family Home Evening Creative Work Siddha Yoga Until 2:55PM Then Routine Work - Marana Yoga	Gulika 1:45PM – 3:21PM Yama 10:33AM – 12:09PM Rahu 7:21AM – 8:57AM	<b>Shatabhishak Until 2:55PM</b> Sukarma Until 9:13PM Balava Until 6:28AM Prathama* Until 7:18PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 5:45AM Sunset: 6:34PM	Moon 7 - Phase 18 Prathama <b>Subha Sivaloka Day</b>

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthpada\*Uttaraprosarthpada Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Lucknow, India

Sun 1 Sutra 135

Kumbha Rasi: 27.35 Tithi 17

517442363

**Gulika** 12:09PM – 1:45PM  
Yama 8:57AM – 10:33AM  
**Rahu** 3:21PM – 4:57PM

**Purvaprosarthpada\* Until 5:09PM**  
Dhriti Until 9:20PM  
Taitila Until 8:05AM  
**Dvitiya Until 8:42PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Purple  
Moon – Clear

**Sunrise:** 5:45AM  
**Sunset:** 6:32PM

Moon 8 - Phase 19  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 5:09PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Shula\* Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Lucknow, India

Sun 2 Sutra 136

Meena Rasi: 9.58 Tithi 18

517452363

**Gulika** 10:33AM – 12:09PM  
Yama 7:22AM – 8:57AM  
**Rahu** 12:09PM – 1:44PM

**Uttaraprosarthpada Until 6:48PM**  
Shula\* Until 9:04PM  
Vanija Until 9:16AM  
**Tritiya Until 9:40PM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – Clear

**Sunrise:** 5:46AM  
**Sunset:** 6:31PM

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:48PM

Then Routine Work - Marana Yoga

2

Thursday, August 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India

Sun 3 Sutra 137

Meena Rasi: 22.33 Tithi 19

517452363

**Gulika** 8:57AM – 10:33AM  
Yama 5:46AM – 7:22AM  
**Rahu** 1:44PM – 3:19PM

**Revati Until 7:51PM**  
Ganda\* Until 8:28PM  
Bava Until 10:00AM  
**Chaturthi\* Until 10:11PM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – Clear

**Sunrise:** 5:46AM  
**Sunset:** 6:30PM

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 7:51PM

Then Creative Work - Amrita Yoga

3

Friday, August 31, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India

Sun 4 Sutra 138

Mesha Rasi: 5.2 Tithi 20

527452363

**Gulika** 7:22AM – 8:57AM  
Yama 3:19PM – 4:54PM  
**Rahu** 10:33AM – 12:08PM

**Ashvini Until 8:46PM**  
Vriddhi Until 7:31PM  
Kaulava Until 10:17AM  
**Panchami Until 10:13PM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – White

**Sunrise:** 5:47AM  
**Sunset:** 6:29PM

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**Sravana-Avani**

Creative Work Amrita Yoga

Until 8:46PM

Then Creative Work - Siddha Yoga

4

Saturday, September 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Lucknow, India

Sun 5 Sutra 139

Mesha Rasi: 18.22 Tithi 21

527452363

**Gulika** 5:47AM – 7:22AM  
Yama 1:43PM – 3:18PM  
**Rahu** 8:57AM – 10:33AM

**Bharani Until 9:02PM**  
Dhruva Until 6:10PM  
Gara Until 10:05AM  
**Shashthi\* Until 9:47PM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – White

**Sunrise:** 5:47AM  
**Sunset:** 6:28PM

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**Sravana-Avani**

Creative Work Siddha Yoga

Until 9:02PM

Then Creative Work - Amrita Yoga

5

Sunday, September 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 6 Sutra 140

Vrishabha Rasi: 1.39 Tithi 22

527452363

**Gulika** 3:17PM – 4:52PM  
Yama 12:07PM – 1:42PM  
**Rahu** 4:52PM – 6:27PM

**Krittika Until 8:41PM**  
Vyaghata\* Until 4:25PM  
Visti Until 9:23AM  
**Saptami Until 8:50PM**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – White

**Sunrise:** 5:48AM  
**Sunset:** 6:27PM

Moon 8 - Phase 19  
1st Phase

**Bhuloka Day**

**Sravana-Avani**

Creative Work Siddha Yoga

D

Monday, September 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 7 Sutra 141

Vrishabha Rasi: 15.13 Tithi 23

537452363

**Gulika** 1:42PM – 3:17PM  
Yama 10:32AM – 12:07PM  
**Rahu** 7:23AM – 8:58AM

**Rohini Until 8:06PM**  
Harshana Until 2:17PM  
Balava Until 8:11AM  
**Ashtami\* Until 7:23PM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – Yellow

**Sunrise:** 5:48AM  
**Sunset:** 6:26PM

Moon 8 - Phase 19  
Ashtami

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

**Krishna Janmashtami**

**Sravana-Avani**

Tuesday, September 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Lucknow, India

Sun 8 Sutra 142

Vrishabha Rasi: 29.04 Tithi 24 – 25

538452363

**Gulika** 12:07PM – 1:41PM  
Yama 8:58AM – 10:32AM  
**Rahu** 3:16PM – 4:51PM

**Mrigashira Until 6:54PM**  
Vajra\* Until 11:42AM  
Taitila Until 6:30AM  
**Navami\* Until 5:27PM**

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Purple  
Moon – Yellow

**Sunrise:** 5:48AM  
**Sunset:** 6:25PM

Moon 8 - Phase 19  
Navami

**Devaloka Day**

**Sravana-Avani**

Creative Work Siddha Yoga

Until 6:54PM

Then Routine Work - Marana Yoga

<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Myalipala* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India
	Mithuna Rasi: 13.14	Tithi 25 – 26	538452363	<b>Gulika</b> 10:32AM – 12:06PM	<b>Ardra</b> Until 5:07PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Yellow	Sun 9 Sutra 143 Vilamba 5120 Moon 8 - Phase 20 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:23AM – 8:58AM	Siddhi Until 8:46AM	Sunrise: 5:49AM Sunset: 6:24PM	
				<b>Rahu</b> 12:06PM – 1:41PM	Bava Until 1:43AM Thu Dashami Until 3:03PM	<b>Sravana-Avani</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
	Mithuna Rasi: 27.42	Tithi 26 – 27	548452363	<b>Gulika</b> 8:58AM – 10:32AM	<b>Punarvasu</b> Until 3:13PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue	Sun 10 Sutra 144 Vilamba 5120 Moon 8 - Phase 20 2nd Phase
	Creative Work	Amrita Yoga		Yama 5:49AM – 7:24AM	Variyan Until 1:57AM Fri Kaulava Until 10:47PM	Sunrise: 5:49AM Sunset: 6:23PM	
				<b>Rahu</b> 1:40PM – 3:15PM	Ekadashi* Until 12:16PM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Kataka Rasi: 12.23	Tithi 27 – 28	548452363	<b>Gulika</b> 7:24AM – 8:58AM	<b>Pushya</b> Until 12:54PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue	Sun 11 Sutra 145 Vilamba 5120 Moon 8 - Phase 20 2nd Phase
	Routine Work	Marana Yoga		Yama 3:14PM – 4:48PM	Parigha* Until 10:13PM Gara Until 7:37PM	Sunrise: 5:50AM Sunset: 6:22PM	
				<b>Rahu</b> 10:32AM – 12:06PM	Dvadashi* Until 9:12AM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

*Pradosha Vrata (Fasting)*

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India
	Kataka Rasi: 27.14	Tithi 29	548452363	<b>Gulika</b> 5:50AM – 7:24AM	<b>Ashlesha*</b> Until 10:19AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Blue	Sun 12 Sutra 146 Vilamba 5120 Moon 8 - Phase 20 2nd Phase
	Routine Work	Marana Yoga		Yama 1:39PM – 3:13PM	Shiva Until 6:26PM Visti Until 4:20PM	Sunrise: 5:50AM Sunset: 6:21PM	
	Until 10:19AM Then Creative Work - Amrita Yoga			<b>Rahu</b> 8:58AM – 10:32AM	Chaturdashi* Until 2:41AM Sun	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lucknow, India
	<b>Retreat Star</b>			<b>Gulika</b> 3:12PM – 4:46PM	<b>Magha*</b> Until 7:58AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red	Sun 13 Sutra 147 Vilamba 5120 Moon 8 - Phase 20 Amavasya
	Simha Rasi: 12.06	Tithi 30	558452363	Yama 12:05PM – 1:39PM	Siddha Until 2:39PM Catuspada Until 1:05PM	Sunrise: 5:51AM Sunset: 6:20PM	
	Routine Work	Marana Yoga		<b>Rahu</b> 4:46PM – 6:20PM	Amavasya* Until 11:30PM	<b>Sravana-Avani</b>	<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM

**Grandparent's Day**

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Lucknow, India
	<b>Family Home Evening</b>			<b>Gulika</b> 1:38PM – 3:12PM	<b>Uttaraphalguni</b> Until 3:28AM Tue	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red	Sun 14 Sutra 148 Vilamba 5120 Moon 8 - Phase 20 Prathama
	Simha Rasi: 26.53	Tithi 1	559452363	Yama 10:31AM – 12:05PM	Sadhya Until 11:02AM Kintughna Until 10:01AM	Sunrise: 5:51AM Sunset: 6:18PM	
	Creative Work	Siddha Yoga		<b>Rahu</b> 7:24AM – 8:58AM	Prathama* Until 8:34PM	<b>Bhadrapada-Avani</b>	<b>Bhuloka Day</b>

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lucknow, India
	Kanya Rasi: 11.25	Tithi 2	569452363	<b>Gulika</b> 12:04PM – 1:38PM Yama 8:58AM – 10:31AM <b>Rahu</b> 3:11PM – 4:44PM	<b>Hasta Until 2:03AM Wed</b> Subha Until 7:44AM Balava Until 7:16AM <b>Dvitiya Until 6:04PM</b>	Ganesh: Blue Muruqa: Purple Nataraja: Purple Moon – Green	Sun 15 Sutra 149 Vilamba 5120 Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Bhadrapada-Avani	

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Lucknow, India
	Kanya Rasi: 25.38	Tithi 3 – 4	569452363	<b>Gulika</b> 10:31AM – 12:04PM Yama 7:25AM – 8:58AM <b>Rahu</b> 12:04PM – 1:37PM	<b>Chitra Until 1:05AM Thu</b> Brahma Until 2:23AM Thu Vanija Until 3:24AM Thu <b>Tritiya Until 4:07PM</b>	Ganesh: Blue Muruqa: Purple Nataraja: Purple Moon – Green	Sun 16 Sutra 150 Vilamba 5120 Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Bhadrapada-Avani	
	Until 1:05AM Thu	Then Creative Work - Amrita Yoga					

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau				Lucknow, India
	Tula Rasi: 9.27	Tithi 4 – 5	569452363	<b>Gulika</b> 8:58AM – 10:31AM Yama 5:52AM – 7:25AM <b>Rahu</b> 1:37PM – 3:09PM	<b>Svati Until 12:42AM Fri</b> Indra Until 12:34AM Fri Bava Until 2:32AM Fri <b>Chaturthi* Until 2:51PM</b>	Ganesh: Blue Muruqa: Purple Nataraja: Purple Moon – Green	Sun 17 Sutra 151 Vilamba 5120 Moon 8 - Phase 21 3rd Phase
	Creative Work	Amrita Yoga		<b>Ganesh Chaturthi</b>		<b>Bhuloka Day</b> Bhadrapada-Avani	
	Until 12:42AM Fri	Then Creative Work - Siddha Yoga					

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lucknow, India
	Tula Rasi: 22.49	Tithi 5 – 6	579552363	<b>Gulika</b> 7:25AM – 8:58AM Yama 3:09PM – 4:41PM <b>Rahu</b> 10:31AM – 12:03PM	<b>Vishakha Until 1:26AM Sat</b> Vaidhriti* Until 11:23PM Kaulava Until 2:29AM Sat <b>Panchami Until 2:23PM</b>	Ganesh: White Muruqa: Purple Nataraja: Purple Moon – Orange	Sun 18 Sutra 152 Vilamba 5120 Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga				<b>Devaloka Day</b> Bhadrapada-Avani	

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Lucknow, India
	Vrischika Rasi: 5.45	Tithi 6 – 7	579552363	<b>Gulika</b> 5:53AM – 7:26AM Yama 1:35PM – 3:08PM <b>Rahu</b> 8:58AM – 10:31AM	<b>Anuradha Until 2:48AM Sun</b> Vishkambha* Until 10:52PM Gara Until 3:16AM Sun <b>Shashthi* Until 2:45PM</b>	Ganesh: White Muruqa: Purple Nataraja: Purple Moon – Orange	Sun 19 Sutra 153 Vilamba 5120 Moon 8 - Phase 21 3rd Phase
	Creative Work	Siddha Yoga				<b>Devaloka Day</b> Bhadrapada-Avani	
	Until 2:48AM Sun	Then Routine Work - Marana Yoga					

6	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Vistri* Karana Saptami/Ashtamyam Titau				Lucknow, India
	Vrischika Rasi: 18.19	Tithi 7 – 8	579552363	<b>Gulika</b> 3:07PM – 4:39PM Yama 12:03PM – 1:35PM <b>Rahu</b> 4:39PM – 6:12PM	<b>Jyeshtha* Until 4:44AM Mon</b> Priti Until 10:57PM Vistri Until 4:47AM Mon <b>Saptami Until 3:55PM</b>	Ganesh: White Muruqa: Purple Nataraja: Purple Moon – Orange	Sun 20 Sutra 154 Vilamba 5120 Moon 8 - Phase 21 3rd Phase
	Routine Work	Marana Yoga				<b>Devaloka Day</b> Bhadrapada-Avani	
	Until 4:44AM Mon	Then Creative Work - Siddha Yoga					

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lucknow, India
	<b>Retreat Star</b>			<b>Gulika</b> 1:34PM – 3:06PM Yama 10:30AM – 12:02PM <b>Rahu</b> 7:26AM – 8:58AM	<b>Mula* Until 7:34AM Tue</b> Ayushman Until 11:29PM Balava Until 6:54AM Tue <b>Ashtami* Until 5:46PM</b>	Ganesh: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sun 21 Sutra 155 Vilamba 5120 Moon 8 - Phase 21 Ashtami
	Dhanus Rasi: 0.32	Tithi 8 – 9	589552363			<b>Bhuloka Day</b> Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
	<b>Family Home Evening</b>						

D	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Lucknow, India
	<b>Retreat Star</b>			<b>Gulika</b> 12:02PM – 1:34PM Yama 8:58AM – 10:30AM <b>Rahu</b> 3:06PM – 4:38PM	<b>Mula* Until 7:34AM</b> Saubhagya Until 12:22AM Wed Balava Until 6:54AM <b>Navami* Until 8:06PM</b>	Ganesh: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sun 22 Sutra 156 Vilamba 5120 Moon 8 - Phase 21 Navami
	Dhanus Rasi: 12.32	Tithi 9	581552363			<b>Bhuloka Day</b> Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
	Creative Work	Amrita Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Lucknow, India
	Dhanus Rasi: 24.23	Tithi 10	581552363	<b>Gulika</b> 10:30AM – 12:02PM Yama 7:26AM – 8:58AM <b>Rahu</b> 12:02PM – 1:33PM	<b>Purvashadha* Until 10:36AM</b> Sobhana Until 1:26AM Thu Taitila Until 9:24AM <b>Dashami Until 10:42PM</b>	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue <b>Bhadrapada-Puratasi</b>	Sun 23 Sutra 157 Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Creative Work	Amrita Yoga					

2	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India
	Makara Rasi: 6.11	Tithi 11	581552363	<b>Gulika</b> 8:58AM – 10:30AM Yama 5:55AM – 7:27AM <b>Rahu</b> 1:33PM – 3:04PM	<b>Uttarashadha Until 1:34PM</b> Athiganda* Until 2:28AM Fri Vanija Until 12:02PM <b>Ekadashi Until 1:18AM Fri</b>	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Light Blue <b>Bhadrapada-Puratasi</b>	Sun 24 Sutra 158 Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
	Routine Work	Marana Yoga					
	Until 1:34PM						

3	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Lucknow, India
	Makara Rasi: 18	Tithi 12	591552363	<b>Gulika</b> 7:27AM – 8:58AM Yama 3:03PM – 4:35PM <b>Rahu</b> 10:30AM – 12:01PM	<b>Shravana Until 4:46PM</b> Sukarma Until 3:21AM Sat Bava Until 2:34PM <b>Dvadashi Until 3:43AM Sat</b>	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple <b>Bhadrapada-Puratasi</b>	Sun 25 Sutra 159 Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Devaloka Day</b>
	Routine Work	Marana Yoga					
	Until 4:46PM						

4	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lucknow, India
	Makara Rasi: 29.53	Tithi 13	591552363	<b>Gulika</b> 5:56AM – 7:27AM Yama 1:32PM – 3:03PM <b>Rahu</b> 8:58AM – 10:29AM	<b>Dhanishtha Until 7:31PM</b> Dhriti Until 3:58AM Sun Kaulava Until 4:49PM <b>Trayodashi Until 5:46AM Sun</b>	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple <b>Bhadrapada-Puratasi</b>	Sun 26 Sutra 160 Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 7:31PM						

*Pradosha Vrata*

5	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Gara Karana Chaturdashyam Titau				Lucknow, India
	Kumbha Rasi: 11.56	Tithi 14	591552363	<b>Gulika</b> 3:02PM – 4:33PM Yama 12:00PM – 1:31PM <b>Rahu</b> 4:33PM – 6:04PM	<b>Shatabhishak Until 9:41PM</b> Shula* Until 4:12AM Mon Gara Until 6:39PM <b>Chaturdashi* Until 7:21AM Mon</b>	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple <b>Bhadrapada-Puratasi</b>	Sun 27 Sutra 161 Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

**Kadaitswami Mahasamadhi**

○	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India
	<b>Copper Retreat Star</b>		511552363	<b>Gulika</b> 1:31PM – 3:01PM Yama 10:29AM – 12:00PM <b>Rahu</b> 7:28AM – 8:58AM	<b>Purvaproshtapada* Until 11:41PM</b> Ganda* Until 4:04AM Tue Visti Until 7:58PM <b>Chaturdashi* Until 7:21AM</b>	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Clear <b>Bhadrapada-Puratasi</b>	Sun 28 Sutra 162 Vilamba 5120 Moon 8 - Phase 22 Purnima <b>Devaloka Day</b>
	Kumbha Rasi: 24.1	Tithi 14 – 15					
	<b>Family Home Evening</b>						

○	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India
	<b>Silver Retreat Star</b>		511552363	<b>Gulika</b> 11:59AM – 1:30PM Yama 8:58AM – 10:29AM <b>Rahu</b> 3:01PM – 4:31PM	<b>Uttaraproshtapada Until 1:01AM Wed</b> Vriddhi Until 3:32AM Wed Balava Until 8:46PM <b>Purnima* Until 8:25AM</b>	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Clear <b>Bhadrapada-Puratasi</b>	Sun 29 Sutra 163 Vilamba 5120 Moon 8 - Phase 22 Prathama <b>Devaloka Day</b>
	Meena Rasi: 6.37	Tithi 15 – 16					
	Creative Work	Amrita Yoga					

Then Routine Work - Marana Yoga



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lucknow, India  
Sutra 164

Meena Rasi: 19.18 Tithi 16 – 17

Gulika 10:29AM – 11:59AM  
Yama 7:28AM – 8:58AM  
Rahu 11:59AM – 1:29PM

Revati Until 1:44AM Thu  
Dhruva Until 2:36AM Thu  
Taitila Until 9:05PM  
Prathama\* Until 8:58AM

Ganesha: Purple Sunrise: 5:58AM  
Muruga: Purple Sunset: 6:00PM  
Nataraja: Purple  
Moon – Clear

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Routine Work Marana Yoga  
Until 1:44AM Thu  
Then Creative Work - Amrita Yoga

Devaloka Day  
Bhadrapada-Puratasi

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India  
Sun 1 Sutra 165

Mesha Rasi: 2.13 Tithi 17 – 18

Gulika 8:58AM – 10:29AM  
Yama 5:58AM – 7:28AM  
Rahu 1:29PM – 2:59PM

Ashvini Until 2:20AM Fri  
Vyaghata\* Until 1:21AM Fri  
Vanija Until 8:58PM  
Dvitiya Until 9:03AM

Ganesha: Clear Sunrise: 5:58AM  
Muruga: Purple Sunset: 5:59PM  
Nataraja: Purple  
Moon – White

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Creative Work Amrita Yoga  
Until 2:20AM Fri  
Then Creative Work - Siddha Yoga

Bhuloka Day  
Devaloka Time: 9:AM to 12:PM  
Bhadrapada-Puratasi

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India  
Sun 2 Sutra 166

Mesha Rasi: 15.2 Tithi 18 – 19

Gulika 7:29AM – 8:59AM  
Yama 2:58PM – 4:28PM  
Rahu 10:28AM – 11:58AM

Bharani Until 2:25AM Sat  
Harshana Until 11:49PM  
Bava Until 8:27PM  
Tritiya Until 8:44AM

Ganesha: Purple Sunrise: 5:59AM  
Muruga: Purple Sunset: 5:58PM  
Nataraja: Purple  
Moon – White

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Creative Work Siddha Yoga  
Until 2:25AM Sat  
Then Creative Work - Amrita Yoga

Devaloka Day  
Bhadrapada-Puratasi

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India  
Sun 3 Sutra 167

Mesha Rasi: 28.39 Tithi 19 – 20

Gulika 5:59AM – 7:29AM  
Yama 1:28PM – 2:58PM  
Rahu 8:59AM – 10:28AM

Krittika Until 2:02AM Sun  
Vajra\* Until 9:59PM  
Kaulava Until 7:36PM  
Chaturthi\* Until 8:03AM

Ganesha: Clear Sunrise: 5:59AM  
Muruga: Purple Sunset: 5:57PM  
Nataraja: Purple  
Moon – White

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Creative Work Amrita Yoga  
Until 2:02AM Sun  
Then Creative Work - Siddha Yoga

Bhuloka Day  
Devaloka Time: 6:AM to 9:AM  
Bhadrapada-Puratasi

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India  
Sun 4 Sutra 168

Vrishabha Rasi: 12.08 Tithi 20 – 21

Gulika 2:57PM – 4:26PM  
Yama 11:58AM – 1:27PM  
Rahu 4:26PM – 5:56PM

Rohini Until 1:39AM Mon  
Siddhi Until 7:56PM  
Gara Until 6:27PM  
Panchami Until 7:03AM

Ganesha: Purple Sunrise: 5:59AM  
Muruga: Purple Sunset: 5:56PM  
Nataraja: Purple  
Moon – Yellow

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Creative Work Siddha Yoga  
Until 1:39AM Mon  
Then Creative Work - Amrita Yoga

Bhuloka Day  
Bhadrapada-Puratasi

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyalipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Lucknow, India  
Sun 5 Sutra 169

Vrishabha Rasi: 25.49 Tithi 22

Gulika 1:27PM – 2:56PM  
Yama 10:28AM – 11:57AM  
Rahu 7:29AM – 8:59AM

Mrigashira Until 12:51AM Tue  
Vyalipata\* Until 5:39PM  
Visti Until 5:01PM  
Saptami Until 4:10AM Tue

Ganesha: Purple Sunrise: 6:00AM  
Muruga: Purple Sunset: 5:55PM  
Nataraja: Purple  
Moon – Yellow

Vilamba 5120  
Moon 9 - Phase 23  
1st Phase

Family Home Evening  
Creative Work Amrita Yoga  
Until 12:51AM Tue  
Then Routine Work - Marana Yoga

Bhuloka Day  
Bhadrapada-Puratasi

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India  
Sun 6 Sutra 170

Mithuna Rasi: 9.38 Tithi 23

Gulika 11:57AM – 1:26PM  
Yama 8:59AM – 10:28AM  
Rahu 2:55PM – 4:25PM

Ardra Until 11:37PM  
Variyan Until 3:08PM  
Balava Until 3:18PM  
Ashtami\* Until 2:19AM Wed

Ganesha: Purple Sunrise: 6:00AM  
Muruga: Purple Sunset: 5:54PM  
Nataraja: Purple  
Moon – Yellow

Vilamba 5120  
Moon 9 - Phase 23  
Ashtami

Routine Work Marana Yoga  
Until 11:37PM  
Then Creative Work - Siddha Yoga

Bhuloka Day  
Bhadrapada-Puratasi

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India  
Sun 7 Sutra 171

Mithuna Rasi: 23.39 Tithi 24

Gulika 10:28AM – 11:57AM  
Yama 7:30AM – 8:59AM  
Rahu 11:57AM – 1:26PM

Punarvasu Until 10:24PM  
Parigha\* Until 12:24PM  
Taitila Until 1:19PM  
Navami\* Until 12:12AM Thu

Ganesha: Clear Sunrise: 6:01AM  
Muruga: Purple Sunset: 5:53PM  
Nataraja: Purple  
Moon – Blue

Vilamba 5120  
Moon 9 - Phase 23  
Navami

Creative Work Siddha Yoga

Bhuloka Day  
Devaloka Time: 6:AM to 9:AM  
Bhadrapada-Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Lucknow, India Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 7.49	Tithi 25	<b>Gulika</b> 8:59AM – 10:28AM	<b>Pushya</b> <b>Until 8:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM		
		Yama 6:01AM – 7:30AM	Shiva <b>Until 9:28AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 1:25PM – 2:54PM	Vanija <b>Until 11:05AM</b>	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 9:51PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:49PM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Lucknow, India Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 22.09	Tithi 26	<b>Gulika</b> 7:30AM – 8:59AM	<b>Ashlesha*</b> <b>Until 6:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:02AM		
		Yama 2:53PM – 4:22PM	Siddha <b>Until 6:20AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 10:28AM – 11:56AM	Bava <b>Until 8:38AM</b>	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> <b>Until 7:19PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Lucknow, India Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 6.35	Tithi 27 – 28	<b>Gulika</b> 6:02AM – 7:31AM	<b>Magha*</b> <b>Until 5:10PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM		
		Yama 1:24PM – 2:53PM	Subha <b>Until 11:48PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 8:59AM – 10:27AM	Kaulava <b>Until 6:02AM</b>	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> <b>Until 4:41PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 5:10PM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 21.04	Tithi 28 – 29	<b>Gulika</b> 2:52PM – 4:20PM	<b>Purvaphalguni</b> <b>Until 3:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM		
		Yama 11:56AM – 1:24PM	Sukla <b>Until 8:31PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 4:20PM – 5:48PM	Visti <b>Until 12:47AM Mon</b>	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 2:03PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 3:17PM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Amrita Yoga							

		<b>Monday, October 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lucknow, India Sun 12 Sutra 176 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 1:23PM – 2:51PM	<b>Uttaraphalguni</b> <b>Until 1:23PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM		
Kanya Rasi: 5.29	Tithi 29 – 30	Yama 10:27AM – 11:55AM	Brahma <b>Until 5:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 24	
<b>Family Home Evening</b>		652552364 <b>Rahu</b> 7:31AM – 8:59AM	Catuspada <b>Until 10:22PM</b>	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 11:32AM</b>	Moon – Red		<b>Bhuloka Day</b>	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b>		<b>Tuesday, October 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lucknow, India Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 19.46	Tithi 30 – 1	<b>Gulika</b> 11:55AM – 1:23PM	<b>Hasta</b> <b>Until 12:02PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:04AM		
		Yama 8:59AM – 10:27AM	Indra <b>Until 2:29PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 24	
		662652364 <b>Rahu</b> 2:51PM – 4:19PM	Kintughna <b>Until 8:18PM</b>	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 9:16AM</b>	Moon – Green		<b>Devaloka Day</b>	
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>			

<b>1</b>		<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lucknow, India Sun 14 Sutra 178 Vilamba 5120	
Tula Rasi: 3.47	Tithi 1 – 2	<b>Gulika</b> 10:27AM – 11:55AM	<b>Chitra Until 10:58AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:04AM	Moon 9 - Phase 25 3rd Phase	
		Yama 7:32AM – 8:59AM	Vaidhriti* Until 11:55AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM		
		662652364 <b>Rahu</b> 11:55AM – 1:22PM	Balava Until 6:42PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Prathama* Until 7:24AM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

<b>2</b>		<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau		Lucknow, India Sun 15 Sutra 179 Vilamba 5120	
Tula Rasi: 17.29	Tithi 2 – 3	<b>Gulika</b> 9:00AM – 10:27AM	<b>Svati Until 10:19AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:05AM	Moon 9 - Phase 25 3rd Phase	
		Yama 6:05AM – 7:32AM	Vishkambha* Until 9:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM		
		662652364 <b>Rahu</b> 1:22PM – 2:49PM	Gara Until 5:27AM Fri	<b>Nataraja:</b> Clear			
Creative Work	Amrita Yoga		<b>Dvitiya Until 6:06AM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 10:19AM				<b>Ashvina+Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau		Lucknow, India Sun 16 Sutra 180 Vilamba 5120	
Vrischika Rasi: 0.48	Tithi 4	<b>Gulika</b> 7:32AM – 9:00AM	<b>Vishakha Until 10:38AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:05AM	Moon 9 - Phase 25 3rd Phase	
		Yama 2:49PM – 4:16PM	Priti Until 8:17AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM		
		673652364 <b>Rahu</b> 10:27AM – 11:54AM	Vanija Until 5:26PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Chaturthi* Until 5:34AM Sat</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>4</b>		<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Lucknow, India Sun 17 Sutra 181 Vilamba 5120	
Vrischika Rasi: 13.43	Tithi 5	<b>Gulika</b> 6:06AM – 7:33AM	<b>Anuradha Until 11:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	Moon 9 - Phase 25 3rd Phase	
		Yama 1:21PM – 2:48PM	Ayushman Until 7:19AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:42PM		
		673652364 <b>Rahu</b> 9:00AM – 10:27AM	Bava Until 5:57PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Panchami Until 6:28AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>5</b>		<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau		Lucknow, India Sun 18 Sutra 182 Vilamba 5120	
Vrischika Rasi: 26.16	Tithi 5 – 6	<b>Gulika</b> 2:48PM – 4:14PM	<b>Jyeshtha* Until 1:03PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM	Moon 9 - Phase 25 3rd Phase	
		Yama 11:54AM – 1:21PM	Saubhagya Until 6:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:41PM		
		673652364 <b>Rahu</b> 4:14PM – 5:41PM	Kaulava Until 7:13PM	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga		<b>Panchami Until 6:28AM</b>	Moon – Orange		<b>Bhuloka Day</b>	
Until 1:03PM				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Tailita/Gara Karana Shashthi/Saplamyam Titau		Lucknow, India Sun 19 Sutra 183 Vilamba 5120	
Dhanus Rasi: 8.31	Tithi 6 – 7	<b>Gulika</b> 1:20PM – 2:47PM	<b>Mula* Until 3:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	Moon 9 - Phase 25 3rd Phase	
<b>Family Home Evening</b>		Yama 10:27AM – 11:54AM	Sobhana Until 7:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM		
		683652364 <b>Rahu</b> 7:33AM – 9:00AM	Gara Until 9:10PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:06AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:33PM				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

<b>D</b>		<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lucknow, India Sun 20 Sutra 184 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 11:53AM – 1:20PM	<b>Purvashadha* Until 6:24PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	Moon 9 - Phase 25 Ashtami	
Dhanus Rasi: 20.31	Tithi 7 – 8	Yama 9:00AM – 10:27AM	Athiganda* Until 7:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM		
		683652364 <b>Rahu</b> 2:46PM – 4:13PM	Visti Until 11:35PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Saptami Until 10:19AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 6:24PM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>W</b>		<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lucknow, India Sun 21 Sutra 185 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 10:27AM – 11:53AM	<b>Uttarashadha Until 9:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	Moon 9 - Phase 25 Navami	
Makara Rasi: 2.22	Tithi 8 – 9	Yama 7:34AM – 9:00AM	Sukarma Until 8:45AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM		
		683652364 <b>Rahu</b> 11:53AM – 1:19PM	Balava Until 2:14AM Thu	<b>Nataraja:</b> Clear			
Creative Work	Amrita Yoga		<b>Ashtami* Until 12:53PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 9:19PM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Purasi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lucknow, India Sun 22 Sutra 186 Vilamba 5120
Makara Rasi: 14.1	Tithi 9 – 10	<b>Gulika</b> 9:01AM – 10:27AM	<b>Shravana Until 12:35AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 6:08AM – 7:34AM	Dhriti Until 9:47AM	<b>Nataraja:</b> Clear		<b>Moon – Purple</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		693652364 <b>Rahu</b> 1:19PM – 2:45PM	Taitila Until 4:50AM Fri	<b>Ashvina-Aipasi</b>				
		Vijaya Dasami	<b>Navami* Until 3:32PM</b>					

<b>2</b>		<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau				Lucknow, India Sun 23 Sutra 187 Vilamba 5120
Makara Rasi: 26	Tithi 10	<b>Gulika</b> 7:35AM – 9:01AM	<b>Dhanishtha Until 3:25AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 2:45PM – 4:11PM	Shula* Until 10:42AM	<b>Nataraja:</b> Clear		<b>Moon – Purple</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		693652364 <b>Rahu</b> 10:27AM – 11:53AM	Gara Until 6:00PM	<b>Ashvina-Aipasi</b>				
			<b>Dashami Until 6:00PM</b>					

<b>3</b>		<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India Sun 24 Sutra 188 Vilamba 5120
Kumbha Rasi: 7.57	Tithi 11	<b>Gulika</b> 6:09AM – 7:35AM	<b>Shatabhishak Until 5:39AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 26 4th Phase
Creative Work	Amrita Yoga	Yama 1:18PM – 2:44PM	Ganda* Until 11:22AM	<b>Nataraja:</b> Clear		<b>Moon – Purple</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		693652364 <b>Rahu</b> 9:01AM – 10:27AM	Vanija Until 7:07AM	<b>Ashvina-Aipasi</b>				
			<b>Ekadashi Until 8:04PM</b>					

<b>4</b>		<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Lucknow, India Sun 25 Sutra 189 Vilamba 5120
Kumbha Rasi: 20.05	Tithi 12	<b>Gulika</b> 2:44PM – 4:09PM	<b>Purvaproshtapada* Until 7:37AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 11:52AM – 1:18PM	Vridhhi Until 11:39AM	<b>Nataraja:</b> Clear		<b>Moon – Clear</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		613652364 <b>Rahu</b> 4:09PM – 5:35PM	Bava Until 8:55AM	<b>Ashvina-Aipasi</b>				
			<b>Dvadashi Until 9:34PM</b>					

<b>5</b>		<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lucknow, India Sun 26 Sutra 190 Vilamba 5120
Meena Rasi: 2.28	Tithi 13	<b>Gulika</b> 1:18PM – 2:43PM	<b>Purvaproshtapada* Until 7:37AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:27AM – 11:52AM	Dhruva Until 11:26AM	<b>Nataraja:</b> Clear		<b>Moon – Clear</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Routine Work	Marana Yoga	613652364 <b>Rahu</b> 7:36AM – 9:01AM	Kaulava Until 10:06AM	<b>Ashvina-Aipasi</b>				
			<b>Trayodashi Until 10:26PM</b>					
			<i>Pradosha Vrata</i>					

<b>6</b>		<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Lucknow, India Sun 27 Sutra 191 Vilamba 5120
Meena Rasi: 15.09	Tithi 14	<b>Gulika</b> 11:52AM – 1:17PM	<b>Uttaraproshtapada Until 8:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 26 4th Phase
Creative Work	Amrita Yoga	Yama 9:02AM – 10:27AM	Vyaghata* Until 10:44AM	<b>Nataraja:</b> Clear		<b>Moon – Clear</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
		613652364 <b>Rahu</b> 2:42PM – 4:08PM	Gara Until 10:38AM	<b>Ashvina-Aipasi</b>				
			<b>Chaturdashi* Until 10:39PM</b>					

<b>○</b>		<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Lucknow, India Sutra 192 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:27AM – 11:52AM	<b>Revati Until 9:14AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 28.08	Tithi 15	Yama 7:37AM – 9:02AM	Harshana Until 9:33AM	<b>Nataraja:</b> Clear		<b>Moon – Clear</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Routine Work	Marana Yoga	613652364 <b>Rahu</b> 11:52AM – 1:17PM	Visti Until 10:34AM	<b>Ashvina-Aipasi</b>				
			<b>Purnima* Until 10:17PM</b>					

<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Lucknow, India Sutra 193 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:02AM – 10:27AM	<b>Ashvini Until 9:26AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 26 Prathama
Mesha Rasi: 11.24	Tithi 16	Yama 6:12AM – 7:37AM	Vajra* Until 7:55AM	<b>Nataraja:</b> Clear		<b>Moon – White</b>		<b>Devaloka Day</b>
Creative Work	Amrita Yoga	623652364 <b>Rahu</b> 1:17PM – 2:41PM	Balava Until 9:56AM	<b>Ashvina-Aipasi</b>				
			<b>Prathama* Until 9:26PM</b>					

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Mesha Rasi: 24.55 Tithi 17

Creative Work Siddha Yoga

624652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 7:38AM – 9:02AM  
**Yama** 2:41PM – 4:06PM  
**Rahu** 10:27AM – 11:52AM

**Bharani** Until 9:02AM  
Vyatipata\* Until 3:41AM Sat  
Taitila Until 8:51AM  
**Dvitiya** Until 8:10PM

**Ganesha:** White *Sunrise:* 6:13AM  
**Muruqa:** Purple *Sunset:* 5:30PM  
**Nataraja:** Clear  
Moon – White

**Sivaloka Day**

Lucknow, India  
Sun 1 Sutra 194  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

1

Saturday, October 27, 2018

Vrishabha Rasi: 8.4 Tithi 18

Creative Work Amrita Yoga

624652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 6:14AM – 7:38AM  
**Yama** 1:16PM – 2:41PM  
**Rahu** 9:03AM – 10:27AM

**Krittika** Until 8:10AM  
Variyan Until 1:12AM Sun  
Vanija Until 7:26AM  
**Tritiya** Until 6:37PM

**Ganesha:** White *Sunrise:* 6:14AM  
**Muruqa:** Purple *Sunset:* 5:30PM  
**Nataraja:** Clear  
Moon – White

**Sivaloka Day**

Lucknow, India  
Sun 2 Sutra 195  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

2

Sunday, October 28, 2018

Vrishabha Rasi: 22.32 Tithi 19 – 20

Creative Work Siddha Yoga

634652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 2:40PM – 4:04PM  
**Yama** 11:51AM – 1:16PM  
**Rahu** 4:04PM – 5:29PM

**Rohini** Until 7:20AM  
Parigha\* Until 10:36PM  
Kaulava Until 3:59AM Mon  
**Chaturthi**\* Until 4:53PM

**Ganesha:** Clear *Sunrise:* 6:14AM  
**Muruqa:** Purple *Sunset:* 5:29PM  
**Nataraja:** Clear  
Moon – Yellow

**Devaloka Day**

Lucknow, India  
Sun 3 Sutra 196  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

3

Monday, October 29, 2018

Mithuna Rasi: 6.31 Tithi 20 – 21

Family Home Evening

Creative Work Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

634652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

**Gulika** 1:16PM – 2:40PM  
**Yama** 10:27AM – 11:51AM  
**Rahu** 7:39AM – 9:03AM

**Mrigashira** Until 6:14AM  
Shiva Until 7:55PM  
Gara Until 2:05AM Tue  
**Panchami** Until 3:01PM

**Ganesha:** Clear *Sunrise:* 6:15AM  
**Muruqa:** Purple *Sunset:* 5:28PM  
**Nataraja:** Clear  
Moon – Yellow

**Devaloka Day**

Lucknow, India  
Sun 4 Sutra 197  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

4

Tuesday, October 30, 2018

Mithuna Rasi: 20.33 Tithi 21 – 22

Creative Work Siddha Yoga

644652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 11:51AM – 1:15PM  
**Yama** 9:03AM – 10:27AM  
**Rahu** 2:39PM – 4:03PM

**Punarvasu** Until 3:47AM Wed  
Siddha Until 5:10PM  
Visti Until 12:08AM Wed  
**Shashthi**\* Until 1:06PM

**Ganesha:** Purple *Sunrise:* 6:15AM  
**Muruqa:** Purple *Sunset:* 5:27PM  
**Nataraja:** Clear  
Moon – Blue

**Sivaloka Day**

Lucknow, India  
Sun 5 Sutra 198  
Vilamba 5120  
Moon 10 - Phase 27  
1st Phase

D

Wednesday, October 31, 2018

Retreat Star

Kataka Rasi: 4.37 Tithi 22 – 23

Creative Work Siddha Yoga

644662364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 10:27AM – 11:51AM  
**Yama** 7:40AM – 9:04AM  
**Rahu** 11:51AM – 1:15PM

**Pushya** Until 2:31AM Thu  
Sadhya Until 2:25PM  
Balava Until 10:10PM  
**Saptami** Until 11:08AM

**Ganesha:** Purple *Sunrise:* 6:16AM  
**Muruqa:** Clear *Sunset:* 5:27PM  
**Nataraja:** Clear  
Moon – Blue

**Subha Sivaloka Day**

Lucknow, India  
Sun 6 Sutra 199  
Vilamba 5120  
Moon 10 - Phase 27  
Ashtami

Thursday, November 1, 2018

Retreat Star

Kataka Rasi: 18.41 Tithi 23 – 24

Creative Work Siddha Yoga

Until 1:06AM Fri

Then Routine Work - Marana Yoga

644662364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 9:04AM – 10:28AM  
**Yama** 6:17AM – 7:40AM  
**Rahu** 1:15PM – 2:39PM

**Ashlesha\*** Until 1:06AM Fri  
Subha Until 11:39AM  
Taitila Until 8:11PM  
**Ashtami\*** Until 9:09AM

**Ganesha:** Purple *Sunrise:* 6:17AM  
**Muruqa:** Clear *Sunset:* 5:26PM  
**Nataraja:** Clear  
Moon – Blue

**Subha Sivaloka Day**

Lucknow, India  
Sun 7 Sutra 200  
Vilamba 5120  
Moon 10 - Phase 27  
Navami

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lucknow, India Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 2.46	Tithi 24 – 25	654662364	<b>Gulika</b> 7:41AM – 9:04AM <b>Yama</b> 2:38PM – 4:02PM <b>Rahu</b> 10:28AM – 11:51AM	<b>Magha* Until 11:59PM</b> Sukla Until 8:51AM Vanija Until 6:12PM <b>Navami* Until 7:10AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 5:25PM	Moon 10 - Phase 28 2nd Phase
Routine Work Marana Yoga Until 11:59PM Then Creative Work - Siddha Yoga						<b>Sivaloka Day</b>	

<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau		Lucknow, India Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 16.51	Tithi 26	654762364	<b>Gulika</b> 6:18AM – 7:41AM <b>Yama</b> 1:15PM – 2:38PM <b>Rahu</b> 9:05AM – 10:28AM	<b>Purvaphalguni Until 10:44PM</b> Brahma Until 6:04AM Bava Until 4:15PM <b>Ekadashi* Until 3:16AM Sun</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 5:24PM	Moon 10 - Phase 28 2nd Phase
Creative Work Siddha Yoga Until 10:44PM Then Routine Work - Marana Yoga						<b>Devaloka Day</b>	

<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lucknow, India Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 0.54	Tithi 27	654762364	<b>Gulika</b> 2:38PM – 4:01PM <b>Yama</b> 11:51AM – 1:14PM <b>Rahu</b> 4:01PM – 5:24PM	<b>Uttaraphalguni Until 9:27PM</b> Vaidhriti* Until 12:41AM Mon Kaulava Until 2:22PM <b>Dvadashi* Until 1:27AM Mon</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:24PM	Moon 10 - Phase 28 2nd Phase
Creative Work Amrita Yoga						<b>Devaloka Day</b>	

<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Lucknow, India Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 14.52	Tithi 28	664762364	<b>Gulika</b> 1:14PM – 2:37PM <b>Yama</b> 10:28AM – 11:51AM <b>Rahu</b> 7:42AM – 9:05AM	<b>Hasta Until 8:37PM</b> Vishkambha* Until 10:10PM Gara Until 12:37PM <b>Trayodashi* Until 11:49PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 5:23PM	Moon 10 - Phase 28 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 8:37PM Then Routine Work - Prabararishta Yoga						<b>Devaloka Day</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lucknow, India Sun 12 Sutra 205 Vilamba 5120	
Kanya Rasi: 28.43	Tithi 29	664762364	<b>Gulika</b> 11:51AM – 1:14PM <b>Yama</b> 9:06AM – 10:28AM <b>Rahu</b> 2:37PM – 4:00PM	<b>Chitra Until 7:54PM</b> Priti Until 7:54PM Visti Until 11:07AM <b>Chaturdashi* Until 10:28PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 5:23PM	Moon 10 - Phase 28 2nd Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day</b>					

<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lucknow, India Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 12.22	Tithi 30	764762364	<b>Gulika</b> 10:29AM – 11:51AM <b>Yama</b> 7:43AM – 9:06AM <b>Rahu</b> 11:51AM – 1:14PM	<b>Svati Until 7:26PM</b> Ayushman Until 5:55PM Catuspada Until 9:58AM <b>Amavasya* Until 9:32PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 5:22PM	Moon 10 - Phase 28 Amavasya
Creative Work Siddha Yoga						<b>Devaloka Day</b>	

<b>Retreat Star</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Lucknow, India Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 25.46	Tithi 1	775762364	<b>Gulika</b> 9:06AM – 10:29AM <b>Yama</b> 6:21AM – 7:44AM <b>Rahu</b> 1:14PM – 2:36PM	<b>Vishakha Until 7:46PM</b> Saubhagya Until 4:20PM Kintughna Until 9:16AM <b>Prathama* Until 9:07PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 5:21PM	Moon 10 - Phase 28 Prathama
Creative Work Siddha Yoga				<b>Skanda Shasthi Begins</b>		<b>Sivaloka Day</b>	
						<b>Kartika-Aipasi</b>	

<b>1</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Lucknow, India Sun 15 Sutra 208 Vilamba 5120
Wrischika Rasi: 8.52	Tithi 2	<b>Gulika</b> 7:44AM – 9:07AM	<b>Anuradha</b> Until 8:32PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:22AM	
		Yama 2:36PM – 3:58PM	Sobhana Until 3:15PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM	Moon 10 - Phase 29
		775762364 <b>Rahu</b> 10:29AM – 11:51AM	Balava Until 9:09AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 9:19PM	Moon – Orange	<b>Sivaloka Day</b>
Until 8:32PM				<b>Kartika-Aipasi</b>	
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Trtiyayam Titau	Lucknow, India Sun 16 Sutra 209 Vilamba 5120
Wrischika Rasi: 21.4	Tithi 3	<b>Gulika</b> 6:23AM – 7:45AM	<b>Jyeshtha*</b> Until 9:48PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:23AM	
		Yama 1:14PM – 2:36PM	Athiganda* Until 2:38PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM	Moon 10 - Phase 29
		775762364 <b>Rahu</b> 9:07AM – 10:29AM	Taitila Until 9:42AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 10:12PM	Moon – Orange	<b>Sivaloka Day</b>
				<b>Kartika-Aipasi</b>	

<b>3</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau	Lucknow, India Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 4.08	Tithi 4	<b>Gulika</b> 2:36PM – 3:58PM	<b>Mula*</b> Until 12:01AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM	
		Yama 11:52AM – 1:14PM	Sukarma Until 2:33PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM	Moon 10 - Phase 29
		785762364 <b>Rahu</b> 3:58PM – 5:20PM	Vanija Until 10:55AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 11:45PM	Moon – Light Blue	<b>Sivaloka Day</b>
Until 12:01AM Mon				<b>Kartika-Aipasi</b>	
Then Routine Work - Marana Yoga					

<b>4</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Lucknow, India Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 16.2	Tithi 5	<b>Gulika</b> 1:14PM – 2:36PM	<b>Purvashadha*</b> Until 2:38AM Tue	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:24AM	
<b>Family Home Evening</b>		Yama 10:30AM – 11:52AM	Dhriti Until 2:58PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:19PM	Moon 10 - Phase 29
Routine Work	Marana Yoga	785762364 <b>Rahu</b> 7:46AM – 9:08AM	Bava Until 12:47PM	<b>Nataraja:</b> Clear	3rd Phase
Until 2:38AM Tue			<b>Panchami</b> Until 1:53AM Tue	Moon – Light Blue	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Kartika-Aipasi</b>	

<b>5</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau	Lucknow, India Sun 19 Sutra 212 Vilamba 5120
Dhanus Rasi: 28.19	Tithi 6	<b>Gulika</b> 11:52AM – 1:14PM	<b>Uttarashadha</b> Until 5:28AM Wed	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM	
		Yama 9:08AM – 10:30AM	Shula* Until 3:42PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:19PM	Moon 10 - Phase 29
		785762364 <b>Rahu</b> 2:35PM – 3:57PM	Kaulava Until 3:08PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Prabalarishta Yoga		<b>Shashthi*</b> Until 4:25AM Wed	Moon – Light Blue	<b>Sivaloka Day</b>
Until 5:28AM Wed		<b>Skanda Shasthi</b>		<b>Kartika-Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau	Lucknow, India Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 10.1	Tithi 7	<b>Gulika</b> 10:30AM – 11:52AM	<b>Shravana</b> Until 8:46AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:26AM	
		Yama 7:47AM – 9:09AM	Ganda* Until 4:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:18PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 11:52AM – 1:14PM	Gara Until 5:48PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM Thu	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Kartika-Aipasi</b>	

<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Lucknow, India Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 21.58	Tithi 7 – 8	<b>Gulika</b> 9:09AM – 10:31AM	<b>Shravana</b> Until 8:46AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:26AM	
		Yama 6:26AM – 7:48AM	Vridhhi Until 5:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:18PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 1:14PM – 2:35PM	Visti Until 8:29PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:08AM	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Kartika-Aipasi</b>	

<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Lucknow, India Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 3.47	Tithi 8 – 9	<b>Gulika</b> 7:48AM – 9:10AM	<b>Dhanishtha</b> Until 11:48AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:27AM	
		Yama 2:35PM – 3:56PM	Dhruva Until 6:29PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:18PM	Moon 10 - Phase 29
		795762364 <b>Rahu</b> 10:31AM – 11:52AM	Balava Until 10:55PM	<b>Nataraja:</b> Clear	Navami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 9:43AM	Moon – Purple	<b>Subha Sivaloka Day</b>
				<b>Kartika-Kartikai</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lucknow, India
	Kumbha Rasi: 15.44	Tithi 9 – 10	796762365	<b>Gulika</b> 6:28AM – 7:49AM <b>Yama</b> 1:14PM – 2:35PM <b>Rahu</b> 9:10AM – 10:31AM	<b>Shatabhishak</b> <b>Until 2:17PM</b> Vyaghata* <b>Until 6:59PM</b> Taitila <b>Until 12:53AM</b> Sun <b>Navami* Until 11:57AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	Sun 23 Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work	Amrita Yoga					<b>Devaloka Day</b>
	Until 2:17PM		Then Routine Work - Marana Yoga				

<b>2</b>	<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lucknow, India
	Kumbha Rasi: 27.54	Tithi 10 – 11	716762365	<b>Gulika</b> 2:35PM – 3:56PM <b>Yama</b> 11:53AM – 1:14PM <b>Rahu</b> 3:56PM – 5:17PM	<b>Purvaproshtapada* Until 4:32PM</b> Harshana <b>Until 7:02PM</b> Vanija <b>Until 2:11AM</b> Mon <b>Dashami Until 1:36PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	Sun 24 Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>
	Until 4:32PM		Then Creative Work - Amrita Yoga				

<b>3</b>	<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
	Meena Rasi: 10.21	Tithi 11 – 12	716762365	<b>Gulika</b> 1:14PM – 2:35PM <b>Yama</b> 10:32AM – 11:53AM <b>Rahu</b> 7:50AM – 9:11AM	<b>Uttaraproshtapada Until 5:55PM</b> Vajra* <b>Until 6:30PM</b> Bava <b>Until 2:45AM</b> Tue <b>Ekadashi Until 2:32PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	Sun 25 Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>
	Until 4:32PM		Then Creative Work - Marana Yoga				

<b>4</b>	<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Meena Rasi: 23.08	Tithi 12 – 13	716762365	<b>Gulika</b> 11:53AM – 1:14PM <b>Yama</b> 9:12AM – 10:32AM <b>Rahu</b> 2:35PM – 3:56PM	<b>Revati Until 6:26PM</b> Siddhi <b>Until 5:23PM</b> Kaulava <b>Until 2:33AM</b> Wed <b>Dvadashi Until 2:43PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	Sun 26 Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work	Siddha Yoga					<b>Devaloka Day</b>
	Until 6:33PM		Then Creative Work - Marana Yoga				

*Pradosha Vrata*

<b>5</b>	<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Mesha Rasi: 6.17	Tithi 13 – 14	726762365	<b>Gulika</b> 10:33AM – 11:53AM <b>Yama</b> 7:52AM – 9:12AM <b>Rahu</b> 11:53AM – 1:14PM	<b>Ashvini Until 6:33PM</b> Vyatipata* <b>Until 3:43PM</b> Gara <b>Until 1:40AM</b> Thu <b>Trayodashi Until 2:10PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	Sun 27 Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Routine Work	Marana Yoga					<b>Bhuloka Day</b>
	Until 6:33PM		Then Creative Work - Siddha Yoga				Devaloka Time: 12:PM to 3:PM

	<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Lucknow, India
	Mesha Rasi: 19.49	Tithi 14 – 15	726762365	<b>Gulika</b> 9:13AM – 10:33AM <b>Yama</b> 6:32AM – 7:52AM <b>Rahu</b> 1:14PM – 2:35PM	<b>Bharani Until 5:53PM</b> Varyan <b>Until 1:31PM</b> Vistil <b>Until 12:10AM</b> Fri <b>Chaturdashi* Until 12:58PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	Sun 27 Sutra 221 Vilamba 5120 Moon 10 - Phase 30 Purnima
	Creative Work	Siddha Yoga					<b>Bhuloka Day</b>
	Until 5:53PM		Then Routine Work - Marana Yoga				Devaloka Time: 12:PM to 3:PM

<b>6</b>	<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India
	Vrishabha Rasi: 3.42	Tithi 15 – 16	726762365	<b>Gulika</b> 7:53AM – 9:13AM <b>Yama</b> 2:35PM – 3:55PM <b>Rahu</b> 10:34AM – 11:54AM	<b>Krittika Until 4:35PM</b> Parigha* <b>Until 10:55AM</b> Balava <b>Until 10:12PM</b> <b>Purnima* Until 11:13AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	Sun 28 Sutra 222 Vilamba 5120 Moon 10 - Phase 30 Prathama
	Creative Work	Siddha Yoga					<b>Bhuloka Day</b>
	Until 4:35PM		Then Routine Work - Marana Yoga		<b>Krittika Deepam</b> <b>Vinayaga Viratam Begins</b>		Devaloka Time: 12:PM to 3:PM

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lucknow, India

Sutra 223

Vilamba 5120

Vrishabha Rasi: 17.5 Tithi 16 - 17

737762365

**Gulika** 6:33AM - 7:53AM  
**Yama** 1:15PM - 2:35PM  
**Rahu** 9:14AM - 10:34AM

**Rohini** Until 3:12PM  
Shiva Until 7:59AM  
Taitila Until 7:55PM  
Prathama\* Until 9:04AM

**Ganesha:** Red *Sunrise:* 6:33AM  
**Muruqa:** Clear *Sunset:* 5:15PM  
**Nataraja:** White  
Moon - Yellow

Moon 11 - Phase 31  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 3:12PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Visiti\* Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 2.11 Tithi 17 - 18

737762365

**Gulika** 2:35PM - 3:55PM  
**Yama** 11:55AM - 1:15PM  
**Rahu** 3:55PM - 5:15PM

**Mrigashira** Until 1:26PM  
Sadhya Until 1:32AM Mon  
Visiti Until 4:07AM Mon  
Dvitiya Until 6:40AM

**Ganesha:** Red *Sunrise:* 6:34AM  
**Muruqa:** Clear *Sunset:* 5:15PM  
**Nataraja:** White  
Moon - Yellow

Moon 11 - Phase 31  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 3:12PM

Then Creative Work - Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 16.37 Tithi 19

737762365

**Gulika** 1:15PM - 2:35PM  
**Yama** 10:35AM - 11:55AM  
**Rahu** 7:55AM - 9:15AM

**Ardra** Until 11:27AM  
Subha Until 10:15PM  
Bava Until 2:51PM  
Chaturthi\* Until 1:34AM Tue

**Ganesha:** Red *Sunrise:* 6:35AM  
**Muruqa:** Clear *Sunset:* 5:15PM  
**Nataraja:** White  
Moon - Yellow

Moon 11 - Phase 31  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 11:27AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 1.04 Tithi 20

747762365

**Gulika** 11:55AM - 1:15PM  
**Yama** 9:15AM - 10:35AM  
**Rahu** 2:35PM - 3:55PM

**Punarvasu** Until 9:46AM  
Sukla Until 7:00PM  
Kaulava Until 12:20PM  
Panchami Until 11:06PM

**Ganesha:** Green *Sunrise:* 6:35AM  
**Muruqa:** Clear *Sunset:* 5:15PM  
**Nataraja:** White  
Moon - Blue

Moon 11 - Phase 31  
1st Phase

Bhuloka Day  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Lucknow, India

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 15.25 Tithi 21

747862365

**Gulika** 10:36AM - 11:56AM  
**Yama** 7:56AM - 9:16AM  
**Rahu** 11:56AM - 1:15PM

**Pushya** Until 8:04AM  
Brahma Until 3:53PM  
Gara Until 9:56AM  
Shashthi\* Until 8:47PM

**Ganesha:** White *Sunrise:* 6:36AM  
**Muruqa:** Clear *Sunset:* 5:15PM  
**Nataraja:** White  
Moon - Blue

Moon 11 - Phase 31  
1st Phase

Bhuloka Day  
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Visiti\*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 5 Sutra 228

Vilamba 5120

Kataka Rasi: 29.4 Tithi 22

747863365

**Gulika** 9:16AM - 10:36AM  
**Yama** 6:37AM - 7:57AM  
**Rahu** 1:16PM - 2:35PM

**Ashlesha\*** Until 6:25AM  
Indra Until 12:57PM  
Visiti Until 7:44AM  
Saptami Until 6:42PM

**Ganesha:** White *Sunrise:* 6:37AM  
**Muruqa:** Purple *Sunset:* 5:15PM  
**Nataraja:** White  
Moon - Blue

Moon 11 - Phase 31  
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lucknow, India

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 13.45 Tithi 23 - 24

757863365

**Gulika** 7:57AM - 9:17AM  
**Yama** 2:36PM - 3:55PM  
**Rahu** 10:37AM - 11:56AM

**Purvaphalguni** Until 4:15AM Sat  
Vaidhriti\* Until 10:11AM  
Taitila Until 4:05AM Sat  
Ashtami\* Until 4:52PM

**Ganesha:** Clear *Sunrise:* 6:38AM  
**Muruqa:** Purple *Sunset:* 5:15PM  
**Nataraja:** White  
Moon - Red

Moon 11 - Phase 31  
Ashtami

Bhuloka Day

Creative Work Siddha Yoga

Until 4:15AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Vishkambha\*/Prili\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lucknow, India

Sun 7 Sutra 230

Vilamba 5120

Simha Rasi: 27.4 Tithi 24 - 25

758863365

**Gulika** 6:38AM - 7:58AM  
**Yama** 1:16PM - 2:36PM  
**Rahu** 9:17AM - 10:37AM

**Uttaraphalguni** Until 3:20AM Sun  
Vishkambha\* Until 7:38AM  
Vanija Until 2:39AM Sun  
Navami\* Until 3:19PM

**Ganesha:** Orange *Sunrise:* 6:38AM  
**Muruqa:** Purple *Sunset:* 5:15PM  
**Nataraja:** White  
Moon - Red

Moon 11 - Phase 31  
Navami

Bhuloka Day

Routine Work Marana Yoga

Until 3:20AM Sun

Then Creative Work - Amrita Yoga


Devaloka Time: 6:AM to 9:AM

<b>1</b>	<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasla Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India
	Kanya Rasi: 11.25	Tithi 25 – 26	768863365	<b>Gulika</b> 2:36PM – 3:55PM <b>Yama</b> 11:57AM – 1:16PM <b>Rahu</b> 3:55PM – 5:15PM	<b>Hasta Until 3:00AM Mon</b> Ayushman Until 3:13AM Mon Bava Until 1:31AM Mon Dashami Until 2:01PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:39AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:15PM <b>Nataraja:</b> White Moon – Green	Sun 8 Sutra 231 Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Creative Work Amrita Yoga						<b>Bhuloka Day</b>	
Until 3:00AM Mon						<b>Karttika-Karttikai</b>	
Then Routine Work - Prabalarishta Yoga							

<b>2</b>	<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
	Kanya Rasi: 25.01	Tithi 26 – 27	768863365	<b>Gulika</b> 1:17PM – 2:36PM <b>Yama</b> 10:38AM – 11:57AM <b>Rahu</b> 7:59AM – 9:19AM	<b>Chitra Until 2:50AM Tue</b> Saubhagya Until 1:22AM Tue Kaulava Until 12:41AM Tue Ekadashi* Until 1:02PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:40AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:15PM <b>Nataraja:</b> White Moon – Green	Sun 9 Sutra 232 Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Family Home Evening						<b>Bhuloka Day</b>	
Routine Work Prabalarishta Yoga						<b>Karttika-Karttikai</b>	
Until 2:50AM Tue							
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Lucknow, India
	Tula Rasi: 8.25	Tithi 27 – 28	768863365	<b>Gulika</b> 11:58AM – 1:17PM <b>Yama</b> 9:19AM – 10:38AM <b>Rahu</b> 2:36PM – 3:56PM	<b>Svati Until 2:51AM Wed</b> Sobhana Until 11:47PM Gara Until 12:11AM Wed Dvadashi* Until 12:22PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:15PM <b>Nataraja:</b> White Moon – Green	Sun 10 Sutra 233 Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Creative Work Siddha Yoga						<b>Bhuloka Day</b>	
						<b>Karttika-Karttikai</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>	<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visiti* Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Tula Rasi: 21.38	Tithi 28 – 29	778863365	<b>Gulika</b> 10:39AM – 11:58AM <b>Yama</b> 8:00AM – 9:20AM <b>Rahu</b> 11:58AM – 1:17PM	<b>Vishakha Until 3:33AM Thu</b> Athiganda* Until 10:30PM Visti Until 12:06AM Thu Trayodashi* Until 12:04PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:15PM <b>Nataraja:</b> White Moon – Orange	Sun 11 Sutra 234 Vilamba 5120 Moon 11 - Phase 32 2nd Phase
Creative Work Siddha Yoga						<b>Bhuloka Day</b>	
						<b>Karttika-Karttikai</b>	

	<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lucknow, India
	<b>Retreat Star</b>			<b>Gulika</b> 9:20AM – 10:39AM <b>Yama</b> 6:42AM – 8:01AM <b>Rahu</b> 1:18PM – 2:37PM	<b>Anuradha Until 4:34AM Fri</b> Sukarma Until 9:34PM Catuspada Until 12:29AM Fri Chaturdashi* Until 12:12PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:42AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:15PM <b>Nataraja:</b> White Moon – Orange	Sun 12 Sutra 235 Vilamba 5120 Moon 11 - Phase 32 Amavasya
Vrischika Rasi: 4.38		Tithi 29 – 30	778863365			<b>Bhuloka Day</b>	
Creative Work Siddha Yoga						<b>Karttika-Karttikai</b>	
Until 4:34AM Fri							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>	<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lucknow, India
	Vrischika Rasi: 17.25	Tithi 30 – 1	779863365	<b>Gulika</b> 8:02AM – 9:21AM <b>Yama</b> 2:37PM – 3:56PM <b>Rahu</b> 10:40AM – 11:59AM	<b>Jyeshtha* Until 5:55AM Sat</b> Dhriti Until 9:03PM Kintughna Until 1:22AM Sat Amavasya* Until 12:50PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:43AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:15PM <b>Nataraja:</b> White Moon – Orange	Sun 13 Sutra 236 Vilamba 5120 Moon 11 - Phase 32 Prathama
Routine Work Marana Yoga						<b>Bhuloka Day</b>	
Until 5:55AM Sat						<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lucknow, India Sun 14 Sutra 237 Vilamba 5120
	Vrischika Rasi: 29.57	Tithi 1 – 2	<b>Gulika</b> 6:43AM – 8:02AM	<b>Mula* Until 8:06AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:43AM	
			Yama 1:18PM – 2:37PM	Shula* Until 8:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 9:21AM – 10:40AM	Balava Until 2:48AM Sun Prathama* Until 1:59PM	<b>Nataraja:</b> White Moon – Orange		3rd Phase <b>Bhuloka Day</b>

2	<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lucknow, India Sun 15 Sutra 238 Vilamba 5120
	Dhanus Rasi: 12.15	Tithi 2 – 3	<b>Gulika</b> 2:38PM – 3:57PM	<b>Mula* Until 8:06AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:44AM	
			Yama 12:00PM – 1:19PM	Ganda* Until 9:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33
	Creative Work	Amrita Yoga	789863365 <b>Rahu</b> 3:57PM – 5:16PM	Taitila Until 4:45AM Mon Dvitiya Until 3:41PM	<b>Nataraja:</b> White Moon – Light Blue		3rd Phase <b>Bhuloka Day</b>

3	<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lucknow, India Sun 16 Sutra 239 Vilamba 5120
	Dhanus Rasi: 24.21	Tithi 3 – 4	<b>Gulika</b> 1:19PM – 2:38PM	<b>Purvashadha* Until 10:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:45AM	
	<b>Family Home Evening</b>		Yama 10:41AM – 12:00PM	Vriddhi Until 9:48PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33
	Routine Work	Marana Yoga	789863365 <b>Rahu</b> 8:04AM – 9:23AM	Vanija Until 7:08AM Tue Tritiya Until 5:52PM	<b>Nataraja:</b> White Moon – Light Blue		3rd Phase <b>Bhuloka Day</b>

4	<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva* Yoga Vanija/Visti* Karana Chaturthyam Titau				Lucknow, India Sun 17 Sutra 240 Vilamba 5120
	Makara Rasi: 6.17	Tithi 4	<b>Gulika</b> 12:01PM – 1:20PM	<b>Uttarashadha Until 1:21PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:45AM	
			Yama 9:23AM – 10:42AM	Dhruva Until 10:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33
	Routine Work	Prabalarishta Yoga	789863365 <b>Rahu</b> 2:39PM – 3:57PM	Vanija Until 7:08AM Chaturthi* Until 8:25PM	<b>Nataraja:</b> White Moon – Light Blue		3rd Phase <b>Bhuloka Day</b>

5	<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Lucknow, India Sun 18 Sutra 241 Vilamba 5120
	Makara Rasi: 18.06	Tithi 5	<b>Gulika</b> 10:42AM – 12:01PM	<b>Shravana Until 4:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:46AM	
			Yama 8:05AM – 9:24AM	Vyaghata* Until 11:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 12:01PM – 1:20PM	Bava Until 9:48AM Panchami Until 11:10PM	<b>Nataraja:</b> White Moon – Purple		3rd Phase <b>Bhuloka Day</b>

6	<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana* Yoga Kaulava/Taitila Karana Shashthyam Titau				Lucknow, India Sun 19 Sutra 242 Vilamba 5120
	Makara Rasi: 29.53	Tithi 6	<b>Gulika</b> 9:24AM – 10:43AM	<b>Dhanishtha Until 7:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:47AM	
			Yama 6:47AM – 8:05AM	Harshana Until 12:39AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 33
	Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 1:21PM – 2:39PM	Kaulava Until 12:33PM Shashthi* Until 1:52AM Fri	<b>Nataraja:</b> White Moon – Purple		3rd Phase <b>Bhuloka Day</b>

Vinayaga Viratam Ends

<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Lucknow, India Sun 20 Sutra 243 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:06AM – 9:25AM	<b>Shatabhishak Until 10:34PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:47AM	
Kumbha Rasi: 11.41	Tithi 7	Yama 2:40PM – 3:58PM	Vajra* Until 1:25AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 33
Creative Work	Siddha Yoga	799863365 <b>Rahu</b> 10:43AM – 12:02PM	Gara Until 3:10PM Saptami Until 4:19AM Sat	<b>Nataraja:</b> White Moon – Purple		3rd Phase <b>Bhuloka Day</b>

Devaloka Time: 6:AM to 9:AM

D	<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi* Yoga Visti*/Bava Karana Ashtamyam Titau				Lucknow, India Sun 21 Sutra 244 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 6:48AM – 8:07AM	<b>Purvaproshtapada* Until 1:15AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM	
	Kumbha Rasi: 23.37	Tithi 8	Yama 1:21PM – 2:40PM	Siddhi Until 1:51AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 11 - Phase 33
	Routine Work	Marana Yoga	711863365 <b>Rahu</b> 9:25AM – 10:44AM	Visti Until 5:23PM Ashtami* Until 6:15AM Sun	<b>Nataraja:</b> White Moon – Clear		Ashtami <b>Bhuloka Day</b>

Devaloka Time: 6:AM to 9:AM

<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lucknow, India Sun 22 Sutra 245 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:41PM – 3:59PM	<b>Uttaraproshtapada Until 3:08AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:49AM	
Meena Rasi: 5.44	Tithi 8 – 9	Yama 12:03PM – 1:22PM	Vyatipata* Until 1:48AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 11 - Phase 33
Creative Work	Amrita Yoga	711863365 <b>Rahu</b> 3:59PM – 5:18PM	Balava Until 7:00PM Ashtami* Until 6:15AM	<b>Nataraja:</b> White Moon – Clear		Navami <b>Bhuloka Day</b>

Devaloka Time: 6:AM to 9:AM

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Lucknow, India	
1		Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23 Sutra 246	
Meena Rasi: 18.09	Tithi 9 – 10	<b>Gulika</b> 1:22PM – 2:41PM	<b>Revati Until 4:08AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:49AM
<b>Family Home Evening</b>	821863365	Yama 10:45AM – 12:04PM	Variyan Until 1:08AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM
Creative Work	Siddha Yoga	<b>Rahu</b> 8:08AM – 9:26AM	Taitila Until 7:52PM	<b>Nataraja:</b> White	Moon 11 - Phase 34
			<b>Navami* Until 7:31AM</b>	Moon – Clear	4th Phase
				<b>Margasira*Markali</b>	<b>Bhuloka Day</b>

<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Lucknow, India	
2		Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 24 Sutra 247	
Mesha Rasi: 0.55	Tithi 10 – 11	<b>Gulika</b> 12:04PM – 1:23PM	<b>Ashvini Until 4:39AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:50AM
	821863365	Yama 9:27AM – 10:46AM	Parigha* Until 11:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM
Creative Work	Siddha Yoga	<b>Rahu</b> 2:41PM – 4:00PM	Vanija Until 7:56PM	<b>Nataraja:</b> White	Moon 11 - Phase 34
			<b>Dashami Until 7:59AM</b>	Moon – White	4th Phase
		<b>Gita Jayanthi</b>		<b>Margasira*Markali</b>	<b>Bhuloka Day</b>
				<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Lucknow, India	
3		Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 248	
Mesha Rasi: 14.05	Tithi 11 – 12	<b>Gulika</b> 10:46AM – 12:05PM	<b>Bharani Until 4:13AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:50AM
	821863365	Yama 8:09AM – 9:27AM	Shiva Until 9:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM
Creative Work	Siddha Yoga	<b>Rahu</b> 12:05PM – 1:23PM	Bava Until 7:10PM	<b>Nataraja:</b> White	Moon 11 - Phase 34
Until 4:13AM Thu			<b>Ekadashi Until 7:38AM</b>	Moon – White	4th Phase
Then Routine Work - Marana Yoga				<b>Margasira*Markali</b>	<b>Bhuloka Day</b>
				<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Lucknow, India	
4		Krittika Nakshatra Siddha Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 249	
Mesha Rasi: 27.41	Tithi 12 – 13	<b>Gulika</b> 9:28AM – 10:47AM	<b>Krittika Until 2:58AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM
	821863365	Yama 6:51AM – 8:09AM	Siddha Until 7:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM
Routine Work	Marana Yoga	<b>Rahu</b> 1:24PM – 2:42PM	Taitila Until 4:38AM Fri	<b>Nataraja:</b> White	Moon 11 - Phase 34
			<b>Dvadashi Until 6:29AM</b>	Moon – White	4th Phase
				<b>Margasira*Markali</b>	<b>Bhuloka Day</b>
				<b>Devaloka Time: 6:AM to 9:AM</b>	

*Pradosha Vrata*

<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Lucknow, India	
5		Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 250	
Vrishabha Rasi: 11.42	Tithi 14	<b>Gulika</b> 8:10AM – 9:29AM	<b>Rohini Until 1:24AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:51AM
	831863365	Yama 2:43PM – 4:01PM	Sadhya Until 4:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM
Routine Work	Marana Yoga	<b>Rahu</b> 10:47AM – 12:06PM	Gara Until 3:30PM	<b>Nataraja:</b> White	Moon 11 - Phase 34
Until 1:24AM Sat				Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga		<b>Day 1 of Pancha Ganapati</b>	<b>Chaturdashi* Until 2:13AM Sat</b>	<b>Margasira*Markali</b>	<b>Bhuloka Day</b>

<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Lucknow, India	
○		Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 251	
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:52AM – 8:10AM	<b>Mrigashira Until 11:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:52AM
Vrishabha Rasi: 26.06	Tithi 15	Yama 1:25PM – 2:43PM	Subha Until 1:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM
	831863365	<b>Rahu</b> 9:29AM – 10:48AM	Visti Until 12:51PM	<b>Nataraja:</b> White	Moon 11 - Phase 34
Creative Work	Siddha Yoga		<b>Purnima* Until 11:22PM</b>	Moon – Yellow	Purnima
		<b>Day 2 of Pancha Ganapati</b>		<b>Margasira*Markali</b>	<b>Bhuloka Day</b>

<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Lucknow, India	
○		Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29 Sutra 252	
<b>Silver Retreat Star</b>		<b>Gulika</b> 2:44PM – 4:02PM	<b>Ardra Until 8:45PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:52AM
Mithuna Rasi: 10.47	Tithi 16	Yama 12:07PM – 1:25PM	Sukla Until 9:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM
	831963365	<b>Rahu</b> 4:02PM – 5:21PM	Balava Until 9:51AM	<b>Nataraja:</b> White	Moon 11 - Phase 34
Creative Work	Siddha Yoga		<b>Prathama* Until 8:15PM</b>	Moon – Yellow	Prathama
		<b>Day 3 of Pancha Ganapati</b>		<b>Margasira*Markali</b>	<b>Bhuloka Day</b>
		<b>Ardra Darshanam</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam  
Punarvasu Nakshatra Indra Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 25.38 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 6:23PM

Then Creative Work - Siddha Yoga

Gulika 1:26PM - 2:44PM

Yama 10:49AM - 12:07PM

Rahu 8:11AM - 9:30AM

Day 4 of Pancha Ganapati

Punarvasu Until 6:23PM

Indra Until 1:37AM Tue

Taitila Until 6:39AM

Dvitiya Until 5:01PM

Ganesha: Blue Sunrise: 6:53AM

Muruqa: Purple Sunset: 5:22PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 10.32 Tithi 18 - 19

841963365

Creative Work Siddha Yoga

Gulika 12:08PM - 1:26PM

Yama 9:30AM - 10:49AM

Rahu 2:45PM - 4:03PM

Day 5 of Pancha Ganapati

Pushya Until 3:55PM

Vaidhriti\* Until 9:48PM

Bava Until 12:17AM Wed

Tritiya Until 1:49PM

Ganesha: Blue Sunrise: 6:53AM

Muruqa: Purple Sunset: 5:22PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 25.2 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Gulika 10:50AM - 12:08PM

Yama 8:12AM - 9:31AM

Rahu 12:08PM - 1:27PM

Ashlesha\* Until 1:29PM

Vishkambha\* Until 6:09PM

Kaulava Until 9:22PM

Chaturthi\* Until 10:46AM

Ganesha: Yellow Sunrise: 6:54AM

Muruqa: Purple Sunset: 5:23PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lucknow, India

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 9.56 Tithi 20 - 21

852963366

Creative Work Amrita Yoga

Until 11:38AM

Then Creative Work - Siddha Yoga

Gulika 9:31AM - 10:50AM

Yama 6:54AM - 8:13AM

Rahu 1:27PM - 2:46PM

Magha\* Until 11:38AM

Priti Until 2:47PM

Gara Until 6:48PM

Panchami Until 8:01AM

Ganesha: Blue Sunrise: 6:54AM

Muruqa: Purple Sunset: 5:23PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Lucknow, India

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 24.16 Tithi 22

852963366

Creative Work Siddha Yoga

Gulika 8:13AM - 9:32AM

Yama 2:47PM - 4:05PM

Rahu 10:51AM - 12:09PM

Purvaphalguni Until 10:03AM

Ayushman Until 11:44AM

Visti Until 4:40PM

Saptami Until 3:46AM Sat

Ganesha: Blue Sunrise: 6:55AM

Muruqa: Purple Sunset: 5:24PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

D

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 8.18 Tithi 23

852963366

Routine Work Marana Yoga

Gulika 6:55AM - 8:14AM

Yama 1:28PM - 2:47PM

Rahu 9:32AM - 10:51AM

Uttaraphalguni Until 8:47AM

Saubhagya Until 9:05AM

Balava Until 3:02PM

Ashtami\* Until 2:24AM Sun

Ganesha: Blue Sunrise: 6:55AM

Muruqa: Purple Sunset: 5:24PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Hasta/Chitra Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 22 Tithi 24

862963366

Creative Work Amrita Yoga

Until 8:20AM

Then Creative Work - Siddha Yoga

Gulika 2:48PM - 4:06PM

Yama 12:10PM - 1:29PM

Rahu 4:06PM - 5:25PM

Hasta Until 8:20AM

Sobhana Until 6:52AM

Taitila Until 1:56PM

Navami\* Until 1:34AM Mon

Ganesha: Red Sunrise: 6:55AM

Muruqa: Purple Sunset: 5:25PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Chitra/Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Lucknow, India Sun 8 Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:29PM – 2:48PM	<b>Chitra</b> Until 8:16AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:56AM
Tula Rasi: 5.25	Tithi 25	Yama 10:52AM – 12:11PM	Sukarma Until 3:39AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 8:14AM – 9:33AM	Vanija Until 1:22PM	<b>Nataraja:</b> Green
Routine Work	Prabalarishta Yoga		Dashami Until 1:15AM Tue	Moon – Green
Until 8:16AM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Margasira*Markali Devaloka Time: 6:AM to 9:AM

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Lucknow, India Sun 9 Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:11PM – 1:30PM	<b>Svati</b> Until 8:33AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:56AM
Tula Rasi: 18.32	Tithi 26	Yama 9:34AM – 10:52AM	Dhriti Until 2:39AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:26PM
	862963366	<b>Rahu</b> 2:49PM – 4:08PM	Bava Until 1:19PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Ekdashi* Until 1:28AM Wed	Moon – Green
Until 8:33AM				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				Margasira*Markali Devaloka Time: 6:AM to 9:AM

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lucknow, India Sun 10 Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:53AM – 12:12PM	<b>Vishakha</b> Until 9:38AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:56AM
Vrischika Rasi: 1.24	Tithi 27	Yama 8:15AM – 9:34AM	Shula* Until 2:01AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:27PM
	872963366	<b>Rahu</b> 12:12PM – 1:30PM	Kaulava Until 1:47PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Dvadashi* Until 2:10AM Thu	Moon – Orange
Until 8:33AM				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				Margasira*Markali

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Lucknow, India Sun 11 Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:34AM – 10:53AM	<b>Anuradha</b> Until 11:01AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:56AM
Vrischika Rasi: 14.02	Tithi 28	Yama 6:56AM – 8:15AM	Ganda* Until 1:44AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:28PM
	872963366	<b>Rahu</b> 1:31PM – 2:50PM	Gara Until 2:43PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Trayodashi* Until 3:21AM Fri	Moon – Orange
Until 11:01AM				<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga			Pradosha Vrata (Fasting)	Margasira*Markali

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lucknow, India Sun 12 Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:16AM – 9:35AM	<b>Jyeshtha*</b> Until 12:42PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:57AM
Vrischika Rasi: 26.28	Tithi 29	Yama 2:50PM – 4:09PM	Vriddhi Until 1:49AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:28PM
	872963366	<b>Rahu</b> 10:54AM – 12:13PM	Visti Until 4:07PM	<b>Nataraja:</b> Green
Routine Work	Marana Yoga		Chaturdashi* Until 4:58AM Sat	Moon – Orange
Until 12:42PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Margasira*Markali

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lucknow, India Sun 13 Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:57AM – 8:16AM	<b>Mula*</b> Until 3:06PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:57AM
Dhanus Rasi: 8.43	Tithi 30	Yama 1:32PM – 2:51PM	Dhruva Until 2:10AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:29PM
	882963366	<b>Rahu</b> 9:35AM – 10:54AM	Catuspada Until 5:57PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Amavasya* Until 6:59AM Sun	Moon – Light Blue
Until 5:43PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga		Subramuniyaswami Jayanti		Margasira*Markali

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lucknow, India Sun 14 Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:52PM – 4:11PM	<b>Purvashadha*</b> Until 5:43PM	<b>Ganesha:</b> White <i>Sunrise:</i> 6:57AM
Dhanus Rasi: 20.49	Tithi 30 – 1	Yama 12:13PM – 1:33PM	Vyaghata* Until 2:48AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:30PM
	882973366	<b>Rahu</b> 4:11PM – 5:30PM	Kintughna Until 8:09PM	<b>Nataraja:</b> Green
Creative Work	Siddha Yoga		Amavasya* Until 6:59AM	Moon – Light Blue
Until 5:43PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga		Partial Solar Eclipse		Pausha*Markali Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lucknow, India Sun 15 Sutra 267 Vilamba 5120
<b>1</b>	Makara Rasi: 2.46 Tithi 1 – 2 Family Home Evening Routine Work Marana Yoga Until 8:26PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:33PM – 2:52PM Yama 10:55AM – 12:14PM <b>Rahu</b> 8:16AM – 9:36AM	<b>Uttarashadha Until 8:26PM</b> Harshana Until 3:39AM Tue Balava Until 10:39PM <b>Prathama* Until 9:20AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Green Moon – Light Blue <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lucknow, India Sun 16 Sutra 268 Vilamba 5120
<b>2</b>	Makara Rasi: 14.37 Tithi 2 – 3 Creative Work Siddha Yoga	<b>Gulika</b> 12:14PM – 1:34PM Yama 9:36AM – 10:55AM <b>Rahu</b> 2:53PM – 4:12PM	<b>Shravana Until 11:42PM</b> Vajra* Until 4:36AM Wed Taitila Until 1:20AM Wed <b>Dvitiya Until 11:57AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Green Moon – Purple <b>Devaloka Day</b> Pausha-Markali

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lucknow, India Sun 17 Sutra 269 Vilamba 5120
<b>3</b>	Makara Rasi: 26.25 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 2:52AM Thu Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:55AM – 12:15PM Yama 8:17AM – 9:36AM <b>Rahu</b> 12:15PM – 1:34PM	<b>Dhanishtha Until 2:52AM Thu</b> Siddhi Until 5:36AM Thu Vanija Until 4:06AM Thu <b>Tritiya Until 2:42PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:57AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Green Moon – Purple <b>Devaloka Day</b> Pausha-Markali

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lucknow, India Sun 18 Sutra 270 Vilamba 5120
<b>4</b>	Kumbha Rasi: 8.12 Tithi 4 – 5 Creative Work Siddha Yoga	<b>Gulika</b> 9:36AM – 10:56AM Yama 6:58AM – 8:17AM <b>Rahu</b> 1:35PM – 2:54PM	<b>Shatabhishak Until 5:46AM Fri</b> Vyatipata* Until 6:31AM Fri Bava Until 6:45AM Fri <b>Chaturthi* Until 5:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM <b>Nataraja:</b> Green Moon – Purple <b>Devaloka Day</b> Pausha-Markali

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau		Lucknow, India Sun 19 Sutra 271 Vilamba 5120
<b>5</b>	Kumbha Rasi: 20.01 Tithi 5 Creative Work Siddha Yoga	<b>Gulika</b> 8:17AM – 9:37AM Yama 2:55PM – 4:14PM <b>Rahu</b> 10:56AM – 12:16PM	<b>Purvaproshtapada* Until 8:44AM Sat</b> Vyatipata* Until 6:31AM Bava Until 6:45AM <b>Panchami Until 7:57PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Green Moon – Clear <b>Devaloka Day</b> Pausha-Markali

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Lucknow, India Sun 20 Sutra 272 Vilamba 5120
<b>6</b>	Meena Rasi: 1.57 Tithi 6 Routine Work Marana Yoga Until 8:44AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:58AM – 8:17AM Yama 1:36PM – 2:55PM <b>Rahu</b> 9:37AM – 10:56AM	<b>Purvaproshtapada* Until 8:44AM</b> Variyan Until 7:13AM Kaulava Until 9:07AM <b>Shashthi* Until 10:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Green Moon – Clear <b>Devaloka Day</b> Pausha-Markali

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Lucknow, India Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:56PM – 4:15PM Yama 12:16PM – 1:36PM <b>Rahu</b> 4:15PM – 5:35PM	<b>Uttaraproshtapada Until 11:07AM</b> Parigha* Until 7:36AM Gara Until 11:02AM <b>Saptami Until 11:45PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Green Moon – Clear <b>Devaloka Day</b> Pausha-Markali

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Lucknow, India Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 1:37PM – 2:56PM Yama 10:57AM – 12:17PM <b>Rahu</b> 8:17AM – 9:37AM	<b>Revati Until 12:44PM</b> Shiva Until 7:32AM Visti Until 12:19PM <b>Ashtami* Until 12:40AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Green Moon – Clear <b>Devaloka Day</b> Pausha-Markali

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Lucknow, India Sun 23 Sutra 275 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 12:17PM – 1:37PM Yama 9:37AM – 10:57AM <b>Rahu</b> 2:57PM – 4:17PM	<b>Ashvini Until 1:58PM</b> Siddha Until 6:53AM Balava Until 12:51PM <b>Navami* Until 12:48AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Green Moon – White <b>Sivaloka Day</b> Pausha-Markali


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>	<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Lucknow, India
	Mesha Rasi: 22.05	Tithi 10	<b>Gulika</b> 10:57AM – 12:17PM	<b>Bharani</b> Until 2:13PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:58AM	Sun 24 Sutra 276
	823173366		Yama 8:18AM – 9:38AM	Subha Until 3:45AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM	Vilamba 5120
			<b>Rahu</b> 12:17PM – 1:37PM	Taitila Until 12:34PM	<b>Nataraja:</b> Green		Moon 12 - Phase 38
Creative Work	Siddha Yoga			Dashami Until 12:06AM Thu	Moon – White		4th Phase
Until 2:13PM					<b>Pausha-Thai</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India
	Vrishabha Rasi: 5.34	Tithi 11	<b>Gulika</b> 9:38AM – 10:58AM	<b>Krittika</b> Until 1:32PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:57AM	Sun 25 Sutra 277
	823173366		Yama 6:57AM – 8:18AM	Sukla Until 1:13AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:38PM	Vilamba 5120
			<b>Rahu</b> 1:38PM – 2:58PM	Vanija Until 11:27AM	<b>Nataraja:</b> Green		Moon 12 - Phase 38
Routine Work	Marana Yoga			Ekadashi Until 10:35PM	Moon – White		4th Phase
					<b>Pausha-Thai</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Lucknow, India
	Vrishabha Rasi: 19.31	Tithi 12	<b>Gulika</b> 8:18AM – 9:38AM	<b>Rohini</b> Until 12:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:57AM	Sun 26 Sutra 278
	823173366		Yama 2:59PM – 4:19PM	Brahma Until 10:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM	Vilamba 5120
			<b>Rahu</b> 10:58AM – 12:18PM	Bava Until 9:35AM	<b>Nataraja:</b> Green		Moon 12 - Phase 38
Routine Work	Marana Yoga			Dvadashi Until 8:22PM	Moon – Yellow		4th Phase
Until 12:24PM					<b>Pausha-Thai</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India
	Mithuna Rasi: 3.55	Tithi 13 – 14	<b>Gulika</b> 6:57AM – 8:18AM	<b>Mrigashira</b> Until 10:29AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:57AM	Sun 27 Sutra 279
	823173366		Yama 1:39PM – 2:59PM	Indra Until 6:35PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:40PM	Vilamba 5120
			<b>Rahu</b> 9:38AM – 10:58AM	Kaulava Until 7:03AM	<b>Nataraja:</b> Green		Moon 12 - Phase 38
Creative Work	Siddha Yoga			Trayodashi Until 5:33PM	Moon – Yellow		4th Phase
					<b>Pausha-Thai</b>		<b>Devaloka Day</b>
					<i>Pradosha Vrata</i>		

	<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:00PM – 4:20PM	<b>Ardra</b> Until 7:57AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:57AM	Sutra 280
	Mithuna Rasi: 18.41	Tithi 14 – 15	Yama 12:19PM – 1:39PM	Vaidhriti* Until 2:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM	Vilamba 5120
823173366		<b>Rahu</b> 4:20PM – 5:41PM	Visti Until 12:34AM Mon	<b>Nataraja:</b> Green		Moon 12 - Phase 38	
Creative Work	Siddha Yoga		Chaturdashi* Until 2:18PM	Moon – Yellow		Purnima	
				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	

<b>Monday, January 21, 2019</b>	<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lucknow, India
	Kataka Rasi: 3.44	Tithi 15 – 16	<b>Gulika</b> 1:40PM – 3:00PM	<b>Pushya</b> Until 2:25AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:57AM	Sutra 281
	823173366		Yama 10:59AM – 12:19PM	Vishkambha* Until 10:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM	Vilamba 5120
<b>Family Home Evening</b>		<b>Rahu</b> 8:17AM – 9:38AM	Balava Until 8:56PM	<b>Nataraja:</b> Green		Moon 12 - Phase 38	
Creative Work	Siddha Yoga		Purnima* Until 10:45AM	Moon – Blue		Prathama	
				<b>Pausha-Thai</b>		<b>Sivaloka Day</b>	



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Prathama/Dvityayam Titau

Lucknow, India

Sutra 282

Kataka Rasi: 18.55 Tithi 16 - 17

844173366

**Gulika** 12:19PM - 1:40PM  
Yama 9:38AM - 10:59AM  
**Rahu** 3:01PM - 4:21PM

**Ashlesha\* Until 11:23PM**  
Priti Until 6:16AM  
Gara Until 3:26AM Wed  
**Prathama\* Until 7:04AM**

**Ganesha:** Clear *Sunrise: 6:57AM*  
**Muruqa:** Clear *Sunset: 5:42PM*  
**Nataraja:** Green  
Moon - Blue

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

Pausha\*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 283

Simha Rasi: 4.05 Tithi 18

854173366

**Gulika** 10:59AM - 12:20PM  
Yama 8:17AM - 9:38AM  
**Rahu** 12:20PM - 1:40PM

**Magha\* Until 8:46PM**  
Saubhagya Until 9:57PM  
Vanija Until 1:42PM  
**Tritiya Until 11:59PM**

**Ganesha:** Purple *Sunrise: 6:56AM*  
**Muruqa:** Clear *Sunset: 5:43PM*  
**Nataraja:** Green  
Moon - Red

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Until 8:46PM  
Then Creative Work - Amrita Yoga

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Lucknow, India

Sun 2 Sutra 284

Simha Rasi: 19.04 Tithi 19

854173366

**Gulika** 9:38AM - 10:59AM  
Yama 6:56AM - 8:17AM  
**Rahu** 1:41PM - 3:02PM

**Purvaphalguni Until 6:20PM**  
Sobhana Until 6:10PM  
Bava Until 10:24AM  
**Chaturthi\* Until 8:54PM**

**Ganesha:** Purple *Sunrise: 6:56AM*  
**Muruqa:** Clear *Sunset: 5:44PM*  
**Nataraja:** Green  
Moon - Red

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Lucknow, India

Sun 3 Sutra 285

Kanya Rasi: 3.45 Tithi 20

954173366

**Gulika** 8:17AM - 9:38AM  
Yama 3:02PM - 4:23PM  
**Rahu** 10:59AM - 12:20PM

**Uttaraphalguni Until 4:15PM**  
Athiganda\* Until 2:44PM  
Kaulava Until 7:33AM  
**Panchami Until 6:17PM**

**Ganesha:** Clear *Sunrise: 6:56AM*  
**Muruqa:** Clear *Sunset: 5:44PM*  
**Nataraja:** Green  
Moon - Red

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

Until 4:15PM  
Then Creative Work - Amrita Yoga

Pausha\*Thai

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Lucknow, India

Sun 4 Sutra 286

Kanya Rasi: 18.03 Tithi 21 - 22

964173366

**Gulika** 6:56AM - 8:17AM  
Yama 1:42PM - 3:03PM  
**Rahu** 9:38AM - 10:59AM

**Hasta Until 3:01PM**  
Sukarma Until 11:48AM  
Visti Until 3:34AM Sun  
**Shashthi\* Until 4:18PM**

**Ganesha:** Purple *Sunrise: 6:56AM*  
**Muruqa:** Clear *Sunset: 5:45PM*  
**Nataraja:** Green  
Moon - Green

Moon 1 - Phase 39  
1st Phase

Routine Work Marana Yoga

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

5

Sunday, January 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lucknow, India

Sun 5 Sutra 287

Tula Rasi: 1.56 Tithi 22 - 23

964173366

**Gulika** 3:03PM - 4:25PM  
Yama 12:21PM - 1:42PM  
**Rahu** 4:25PM - 5:46PM

**Chitra Until 2:21PM**  
Dhriti Until 9:25AM  
Balava Until 2:38AM Mon  
**Saptami Until 3:00PM**

**Ganesha:** Purple *Sunrise: 6:55AM*  
**Muruqa:** Clear *Sunset: 5:46PM*  
**Nataraja:** Green  
Moon - Green

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

D

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lucknow, India

Sun 6 Sutra 288

Tula Rasi: 15.23 Tithi 23 - 24

964173366

**Gulika** 1:42PM - 3:04PM  
Yama 10:59AM - 12:21PM  
**Rahu** 8:16AM - 9:38AM

**Svati Until 2:14PM**  
Shula\* Until 7:36AM  
Taitila Until 2:28AM Tue  
**Ashtami\* Until 2:26PM**

**Ganesha:** Purple *Sunrise: 6:55AM*  
**Muruqa:** Clear *Sunset: 5:47PM*  
**Nataraja:** Green  
Moon - Green

Moon 1 - Phase 39  
Ashtami

Creative Work Amrita Yoga

**Bhuloka Day**

Until 2:14PM  
Then Routine Work - Marana Yoga

Devaloka Time: 12:PM to 3:PM

Pausha\*Thai

Tuesday, January 29, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lucknow, India

Sun 7 Sutra 289

Tula Rasi: 28.26 Tithi 24 - 25

974173366

**Gulika** 12:21PM - 1:43PM  
Yama 9:38AM - 10:59AM  
**Rahu** 3:04PM - 4:26PM

**Vishakha Until 3:10PM**  
Ganda\* Until 6:22AM  
Vanija Until 3:00AM Wed  
**Navami\* Until 2:37PM**

**Ganesha:** Clear *Sunrise: 6:54AM*  
**Muruqa:** Clear *Sunset: 5:48PM*  
**Nataraja:** Green  
Moon - Orange

Moon 1 - Phase 39  
Navami

Routine Work Marana Yoga

**Devaloka Day**

Until 3:10PM  
Then Creative Work - Siddha Yoga

Pausha\*Thai


<b>1</b>	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lucknow, India
	Wrischika Rasi: 11.08	Tithi 25 – 26	<b>Gulika</b> 10:59AM – 12:21PM	<b>Anuradha Until 4:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM	Sun 8 Sutra 290
		974173366 <b>Rahu</b> 12:21PM – 1:43PM	Dhruva Until 5:30AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:48PM	Vilamba 5120	
Creative Work	Siddha Yoga		Bava Until 4:12AM Thu	<b>Nataraja:</b> Green		Moon 1 - Phase 40	
			<b>Dashami Until 3:30PM</b>	Moon – Orange		2nd Phase	
				<b>Pausha*Thai</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lucknow, India
	Wrischika Rasi: 23.34	Tithi 26 – 27	<b>Gulika</b> 9:37AM – 10:59AM	<b>Jyeshtha* Until 6:27PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM	Sun 9 Sutra 291
		974173366 <b>Rahu</b> 1:43PM – 3:05PM	Vyaghata* Until 5:43AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Vilamba 5120	
Routine Work	Prabalarishta Yoga		Kaulava Until 5:57AM Fri	<b>Nataraja:</b> Green		Moon 1 - Phase 40	
Until 6:27PM			<b>Ekadashi* Until 5:00PM</b>	Moon – Orange		2nd Phase	
Then Creative Work - Siddha Yoga				<b>Pausha*Thai</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Harshana Yoga Tautila Karana Dvadashyam Titau				Lucknow, India
	Dhanus Rasi: 5.45	Tithi 27	<b>Gulika</b> 8:16AM – 9:37AM	<b>Mula* Until 9:05PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:54AM	Sun 10 Sutra 292
		984173366 <b>Rahu</b> 10:59AM – 12:21PM	Harshana Until 6:17AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Vilamba 5120	
Creative Work	Amrita Yoga		Tautila Until 6:58PM	<b>Nataraja:</b> Green		Moon 1 - Phase 40	
Until 9:05PM			<b>Dvadashi* Until 6:58PM</b>	Moon – Light Blue		2nd Phase	
Then Routine Work - Prabalarishta Yoga				<b>Pausha*Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>4</b>	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Lucknow, India
	Dhanus Rasi: 17.46	Tithi 28	<b>Gulika</b> 6:53AM – 8:15AM	<b>Purvashadha* Until 11:53PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM	Sun 11 Sutra 293
		984173366 <b>Rahu</b> 9:37AM – 10:59AM	Harshana Until 6:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Vilamba 5120	
Creative Work	Siddha Yoga		Gara Until 8:08AM	<b>Nataraja:</b> Green		Moon 1 - Phase 40	
Until 11:53PM			<b>Trayodashi* Until 9:19PM</b>	Moon – Light Blue		2nd Phase	
Then Routine Work - Marana Yoga				<b>Pausha*Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lucknow, India
	Dhanus Rasi: 29.41	Tithi 29	<b>Gulika</b> 3:06PM – 4:28PM	<b>Uttarashadha Until 2:45AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM	Sun 12 Sutra 294
		984173366 <b>Rahu</b> 4:28PM – 5:51PM	Vajra* Until 7:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:51PM	Vilamba 5120	
Creative Work	Amrita Yoga		Visti Until 10:36AM	<b>Nataraja:</b> Green		Moon 1 - Phase 40	
			<b>Chaturdashi* Until 11:54PM</b>	Moon – Light Blue		2nd Phase	
				<b>Pausha*Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

	<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lucknow, India
	<b>Retreat Star</b>		<b>Gulika</b> 1:44PM – 3:07PM	<b>Shravana Until 6:02AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:52AM	Sun 13 Sutra 295
Makara Rasi: 11.31	Tithi 30	995173367 <b>Rahu</b> 8:15AM – 9:37AM	Siddhi Until 7:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:51PM	Vilamba 5120	
<b>Family Home Evening</b>			Catuspada Until 1:16PM	<b>Nataraja:</b> White		Moon 1 - Phase 40	
Creative Work	Amrita Yoga		<b>Amavasya* Until 2:36AM Tue</b>	Moon – Purple		Amavasya	
Until 6:02AM Tue				<b>Pausha*Thai</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Lucknow, India
	Makara Rasi: 23.18	Tithi 1	<b>Gulika</b> 12:22PM – 1:44PM	<b>Shravana Until 6:02AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:52AM	Sun 14 Sutra 296
		995173367 <b>Rahu</b> 3:07PM – 4:30PM	Vyatipata* Until 8:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM	Vilamba 5120	
Creative Work	Siddha Yoga		Kintughna Until 3:59PM	<b>Nataraja:</b> White		Moon 1 - Phase 40	
			<b>Prathama* Until 5:18AM Wed</b>	Moon – Purple		Prathama	
				<b>Magha*Thai</b>		<b>Devaloka Day</b>	

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Varyan/Parigha* Yoga Balava Karana Dvitiyayam Titau				Lucknow, India
	Kumbha Rasi: 5.06	Tithi 2	<b>Gulika</b> 10:59AM – 12:22PM	<b>Dhanishtha Until 9:09AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:51AM	Sun 15 Sutra 297
		995173367 <b>Rahu</b> 12:22PM – 1:45PM	Yama 8:14AM – 9:37AM	Variyan Until 9:54AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:53PM	Vilamba 5120
				Balava Until 6:39PM	<b>Nataraja:</b> White		Moon 1 - Phase 41
				<b>Dvitiya Until 7:55AM Thu</b>	Moon – Purple		3rd Phase
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau				Lucknow, India
	Kumbha Rasi: 16.56	Tithi 2 – 3	<b>Gulika</b> 9:36AM – 10:59AM	<b>Shatabhishak Until 12:00PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:50AM	Sun 16 Sutra 298
		995173367 <b>Rahu</b> 1:45PM – 3:08PM	Yama 6:50AM – 8:13AM	Parigha* Until 10:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:54PM	Vilamba 5120
				Taitila Until 9:10PM	<b>Nataraja:</b> White		Moon 1 - Phase 41
				<b>Dvitiya Until 7:55AM</b>	Moon – Purple		3rd Phase
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lucknow, India
	Kumbha Rasi: 28.5	Tithi 3 – 4	<b>Gulika</b> 8:13AM – 9:36AM	<b>Purvaproshtapada* Until 2:59PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:50AM	Sun 17 Sutra 299
		915173367 <b>Rahu</b> 10:59AM – 12:22PM	Yama 3:08PM – 4:31PM	Shiva Until 11:33AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:54PM	Vilamba 5120
				Vanija Until 11:27PM	<b>Nataraja:</b> White		Moon 1 - Phase 41
				<b>Tritiya Until 10:20AM</b>	Moon – Clear		3rd Phase
					<b>Magha-Thai</b>		<b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lucknow, India
	Meena Rasi: 10.51	Tithi 4 – 5	<b>Gulika</b> 6:49AM – 8:13AM	<b>Uttaraproshtapada Until 5:31PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:49AM	Sun 18 Sutra 300
		915173367 <b>Rahu</b> 9:36AM – 10:59AM	Yama 1:45PM – 3:09PM	Siddha Until 12:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:55PM	Vilamba 5120
				Bava Until 1:24AM Sun	<b>Nataraja:</b> White		Moon 1 - Phase 41
				<b>Chaturthi* Until 12:27PM</b>	Moon – Clear		3rd Phase
					<b>Magha-Thai</b>		<b>Sivaloka Day</b>

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lucknow, India
	Meena Rasi: 23	Tithi 5 – 6	<b>Gulika</b> 3:09PM – 4:32PM	<b>Revati Until 7:29PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:49AM	Sun 19 Sutra 301
		915273367 <b>Rahu</b> 4:32PM – 5:56PM	Yama 12:22PM – 1:46PM	Sadhya Until 12:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:56PM	Vilamba 5120
				Kaulava Until 2:53AM Mon	<b>Nataraja:</b> White		Moon 1 - Phase 41
				<b>Panchami Until 2:11PM</b>	Moon – Clear		3rd Phase
					<b>Magha-Thai</b>		<b>Devaloka Day</b>

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lucknow, India
	Mesha Rasi: 5.21	Tithi 6 – 7	<b>Gulika</b> 1:46PM – 3:09PM	<b>Ashvini Until 9:15PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:48AM	Sun 20 Sutra 302
		925273367 <b>Rahu</b> 8:12AM – 9:35AM	Yama 10:59AM – 12:22PM	Subha Until 12:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:56PM	Vilamba 5120
				Gara Until 3:48AM Tue	<b>Nataraja:</b> White		Moon 1 - Phase 41
				<b>Shashthi* Until 3:24PM</b>	Moon – White		3rd Phase
					<b>Magha-Thai</b>		<b>Bhuloka Day</b>
							Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lucknow, India
	Mesha Rasi: 17.57	Tithi 7 – 8	<b>Gulika</b> 12:22PM – 1:46PM	<b>Bharani Until 10:14PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:47AM	Sun 21 Sutra 303
		925273367 <b>Rahu</b> 3:10PM – 4:33PM	Yama 9:35AM – 10:59AM	Sukla Until 11:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:57PM	Vilamba 5120
				Visti Until 4:02AM Wed	<b>Nataraja:</b> White		Moon 1 - Phase 41
				<b>Saptami Until 3:59PM</b>	Moon – White		3rd Phase
					<b>Magha-Thai</b>		<b>Bhuloka Day</b>
							Devaloka Time: 12:PM to 3:PM

<b>Retreat Star</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lucknow, India
	Vrishabha Rasi: 0.52	Tithi 8 – 9	<b>Gulika</b> 10:58AM – 12:22PM	<b>Krittika Until 10:22PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:47AM	Sun 22 Sutra 304
		926273367 <b>Rahu</b> 12:22PM – 1:46PM	Yama 8:11AM – 9:34AM	Brahma Until 10:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:58PM	Vilamba 5120
				Balava Until 3:32AM Thu	<b>Nataraja:</b> White		Moon 1 - Phase 41
				<b>Ashtami* Until 3:52PM</b>	Moon – White		Ashtami
					<b>Magha-Masi</b>		<b>Devaloka Day</b>


<b>Retreat Star</b>	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lucknow, India
	Vrishabha Rasi: 14.11	Tithi 9 – 10	<b>Gulika</b> 9:34AM – 10:58AM	<b>Rohini Until 10:03PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:46AM	Sun 23 Sutra 305
		936273367 <b>Rahu</b> 1:46PM – 3:10PM	Yama 6:46AM – 8:10AM	Indra Until 8:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:59PM	Vilamba 5120
				Taitila Until 2:15AM Fri	<b>Nataraja:</b> White		Moon 1 - Phase 41
				<b>Navami* Until 2:58PM</b>	Moon – Yellow		Navami
					<b>Magha-Masi</b>		<b>Sivaloka Day</b>

<b>1</b>		<b>Friday, February 15, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Lucknow, India Sun 24 Sutra 306 Vilamba 5120
Vrishabha Rasi: 27.55	Tithi 10 – 11	<b>Gulika</b> 8:09AM – 9:34AM	<b>Mrigashira</b> Until 8:52PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:45AM		
		Yama 3:11PM – 4:35PM	Vaidhriti* Until 6:15AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:59PM	Moon 1 - Phase 42	
	936273367	<b>Rahu</b> 10:58AM – 12:22PM	Vanija Until 12:15AM Sat	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:19PM	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>		<b>Saturday, February 16, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Lucknow, India Sun 25 Sutra 307 Vilamba 5120
Mithuna Rasi: 12.07	Tithi 11 – 12	<b>Gulika</b> 6:44AM – 8:09AM	<b>Ardra</b> Until 6:53PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:44AM		
		Yama 1:47PM – 3:11PM	Priti Until 11:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:00PM	Moon 1 - Phase 42	
	936273367	<b>Rahu</b> 9:33AM – 10:58AM	Bava Until 9:37PM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 11:00AM	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>3</b>		<b>Sunday, February 17, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Lucknow, India Sun 26 Sutra 308 Vilamba 5120
Mithuna Rasi: 26.43	Tithi 12 – 13	<b>Gulika</b> 3:11PM – 4:36PM	<b>Punarvasu</b> Until 4:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:44AM		
		Yama 12:22PM – 1:47PM	Ayushman Until 8:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 42	
	946273367	<b>Rahu</b> 4:36PM – 6:01PM	Kaulava Until 6:28PM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 8:05AM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			
				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Monday, February 18, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau	Lucknow, India Sun 27 Sutra 309 Vilamba 5120
Kataka Rasi: 11.4	Tithi 14	<b>Gulika</b> 1:47PM – 3:12PM	<b>Pushya</b> Until 1:54PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:43AM		
<b>Family Home Evening</b>		Yama 10:57AM – 12:22PM	Saubhagya Until 3:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:01PM	Moon 1 - Phase 42	
	946273367	<b>Rahu</b> 8:08AM – 9:32AM	Gara Until 2:57PM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:05AM Tue	Moon – Blue		<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>		<b>Magha-Masi</b>			

		<b>Tuesday, February 19, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau	Lucknow, India Sutra 310 Vilamba 5120
Kataka Rasi: 26.51	Tithi 15	<b>Gulika</b> 12:22PM – 1:47PM	<b>Ashlesha*</b> Until 10:48AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:42AM		
		Yama 9:32AM – 10:57AM	Sobhana Until 11:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 42	
	946273367	<b>Rahu</b> 3:12PM – 4:37PM	Visti Until 11:13AM	<b>Nataraja:</b> White		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 9:18PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>○</b>		<b>Wednesday, February 20, 2019</b>				Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Taitila Karana Prathama/Dvityayam Titau	Lucknow, India Sutra 311 Vilamba 5120
Simha Rasi: 12.07	Tithi 16 – 17	<b>Gulika</b> 10:57AM – 12:22PM	<b>Magha*</b> Until 7:54AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM		
		Yama 8:06AM – 9:32AM	Athiganda* Until 7:22AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:02PM	Moon 1 - Phase 42	
	957273367	<b>Rahu</b> 12:22PM – 1:47PM	Balava Until 7:25AM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 5:33PM	Moon – Red		<b>Devaloka Day</b>	
Until 7:54AM				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





Thursday, February 21, 2019

Gold Retreat Star

Simha Rasi: 27.17 Tithi 17 - 18

957273367

Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lucknow, India

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 9:31AM - 10:56AM  
**Yama** 6:40AM - 8:06AM  
**Rahu** 1:47PM - 3:12PM

**Uttaraphalguni** Until 2:16AM Fri  
Dhriti Until 11:10PM  
Vanija Until 12:23AM Fri  
Dvitiya Until 2:00PM

**Ganesha:** Clear *Sunrise:* 6:40AM  
**Muruqa:** Clear *Sunset:* 6:03PM  
**Nataraja:** White  
Moon - Red  
**Magha-Masi**

**Devaloka Day**

1

Friday, February 22, 2019

Kanya Rasi: 12.12 Tithi 18 - 19

967273367

Creative Work Amrita Yoga

Until 12:17AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Lucknow, India

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 8:05AM - 9:31AM  
**Yama** 3:13PM - 4:38PM  
**Rahu** 10:56AM - 12:22PM

**Hasta** Until 12:17AM Sat  
Shula\* Until 7:31PM  
Bava Until 9:27PM  
Tritiya Until 10:50AM

**Ganesha:** White *Sunrise:* 6:40AM  
**Muruqa:** Clear *Sunset:* 6:04PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

2

Saturday, February 23, 2019

Kanya Rasi: 26.45 Tithi 19 - 20

967273367

Routine Work Marana Yoga

Until 10:46PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lucknow, India

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 6:39AM - 8:04AM  
**Yama** 1:47PM - 3:13PM  
**Rahu** 9:30AM - 10:56AM

**Chitra** Until 10:46PM  
Ganda\* Until 4:23PM  
Kaulava Until 7:08PM  
Chaturthi\* Until 8:11AM

**Ganesha:** White *Sunrise:* 6:39AM  
**Muruqa:** Clear *Sunset:* 6:04PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

3

Sunday, February 24, 2019

Tula Rasi: 10.51 Tithi 20 - 21

967273367

Creative Work Siddha Yoga

Until 9:51PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vridhi/Dhruva Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Lucknow, India

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 3:13PM - 4:39PM  
**Yama** 12:21PM - 1:47PM  
**Rahu** 4:39PM - 6:05PM

**Svati** Until 9:51PM  
Vridhi Until 1:50PM  
Vanija Until 5:03AM Mon  
Panchami Until 6:13AM

**Ganesha:** White *Sunrise:* 6:38AM  
**Muruqa:** Clear *Sunset:* 6:05PM  
**Nataraja:** White  
Moon - Green  
**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

4

Monday, February 25, 2019

Tula Rasi: 24.28 Tithi 22

977273367

Family Home Evening

Routine Work Marana Yoga

Until 10:04PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saplamyam Titau

Lucknow, India

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

**Gulika** 1:47PM - 3:13PM  
**Yama** 10:55AM - 12:21PM  
**Rahu** 8:03AM - 9:29AM

**Vishakha** Until 10:04PM  
Dhruva Until 11:55AM  
Visti Until 4:48PM  
Saptami Until 4:44AM Tue

**Ganesha:** Yellow *Sunrise:* 6:37AM  
**Muruqa:** Clear *Sunset:* 6:06PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

**Devaloka Day**

●

Tuesday, February 26, 2019

Retreat Star

Vrischika Rasi: 7.37 Tithi 23

977273367

Creative Work Siddha Yoga

Until 10:59PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Lucknow, India

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

**Gulika** 12:21PM - 1:47PM  
**Yama** 9:29AM - 10:55AM  
**Rahu** 3:14PM - 4:40PM

**Anuradha** Until 10:59PM  
Vyaghata\* Until 10:41AM  
Balava Until 4:56PM  
Ashtami\* Until 5:17AM Wed

**Ganesha:** Yellow *Sunrise:* 6:36AM  
**Muruqa:** Clear *Sunset:* 6:06PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

**Devaloka Day**

Wednesday, February 27, 2019

Retreat Star

Vrischika Rasi: 20.2 Tithi 24

978273367

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Lucknow, India

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

**Gulika** 10:55AM - 12:21PM  
**Yama** 8:02AM - 9:28AM  
**Rahu** 12:21PM - 1:47PM

**Jyeshtha\*** Until 12:31AM Thu  
Harshana Until 10:09AM  
Taitila Until 5:53PM  
Navami\* Until 6:38AM Thu

**Ganesha:** Blue *Sunrise:* 6:35AM  
**Muruqa:** Clear *Sunset:* 6:07PM  
**Nataraja:** White  
Moon - Orange  
**Magha-Masi**

**Sivaloka Day**

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lucknow, India Sun 8 Sutra 319	
Dhanus Rasi: 2.42	Tithi 24 – 25	<b>Gulika</b> 9:28AM – 10:54AM	<b>Mula* Until 3:03AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:34AM	Vilamba 5120	
		Yama 6:34AM – 8:01AM	Vajra* Until 10:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 44	
	988273367	<b>Rahu</b> 1:47PM – 3:14PM	Vanija Until 7:35PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 6:38AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:03AM Fri				<b>Magha-Masi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lucknow, India Sun 9 Sutra 320	
Dhanus Rasi: 14.48	Tithi 25 – 26	<b>Gulika</b> 7:59AM – 9:26AM	<b>Purvashadha* Until 5:52AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:32AM	Vilamba 5120	
		Yama 3:15PM – 4:42PM	Siddhi Until 10:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 44	
	988273367	<b>Rahu</b> 10:53AM – 12:20PM	Bava Until 9:49PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Prabalarishta Yoga		<b>Dashami Until 8:37AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:52AM Sat				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyalipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lucknow, India Sun 10 Sutra 321	
Dhanus Rasi: 26.43	Tithi 26 – 27	<b>Gulika</b> 6:31AM – 7:59AM	<b>Uttarashadha Until 8:49AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:31AM	Vilamba 5120	
		Yama 1:48PM – 3:15PM	Vyatipata* Until 11:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 44	
	988273367	<b>Rahu</b> 9:26AM – 10:53AM	Kaulava Until 12:25AM Sun	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi* Until 11:04AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 8:49AM Sun				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Lucknow, India Sun 11 Sutra 322	
Makara Rasi: 8.32	Tithi 27 – 28	<b>Gulika</b> 3:15PM – 4:42PM	<b>Uttarashadha Until 8:49AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:30AM	Vilamba 5120	
		Yama 12:20PM – 1:48PM	Variyan Until 12:28PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 44	
	988273367	<b>Rahu</b> 4:42PM – 6:10PM	Gara Until 3:09AM Mon	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 1:45PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

*Pradosha Vrata (Fasting)*

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 12 Sutra 323	
Makara Rasi: 20.17	Tithi 28 – 29	<b>Gulika</b> 1:47PM – 3:15PM	<b>Shravana Until 12:10PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:29AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:52AM – 12:20PM	Parigha* Until 1:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 44	
	998273367	<b>Rahu</b> 7:57AM – 9:25AM	Visti Until 5:52AM Tue	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi* Until 4:30PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 12:10PM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>					
		<b>Mahasivaratri (Solar)</b>					

<b>6</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni* Karana Chaturdashyam Titau		Lucknow, India Sun 13 Sutra 324	
Kumbha Rasi: 2.05	Tithi 29	<b>Gulika</b> 12:20PM – 1:47PM	<b>Dhanishtha Until 3:17PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	Vilamba 5120	
		Yama 9:24AM – 10:52AM	Shiva Until 2:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44	
	199273367	<b>Rahu</b> 3:15PM – 4:43PM	Sakuni Until 7:09PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:09PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 3:17PM				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lucknow, India Sun 14 Sutra 325	
Kumbha Rasi: 13.55	Tithi 30	<b>Gulika</b> 10:51AM – 12:19PM	<b>Shatabhishak Until 6:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	Vilamba 5120	
		Yama 7:55AM – 9:23AM	Siddha Until 3:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44	
	199273367	<b>Rahu</b> 12:19PM – 1:47PM	Catuspada Until 8:26AM	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:36PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 6:03PM				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Lucknow, India Sun 15 Sutra 326	
Kumbha Rasi: 25.52	Tithi 1	<b>Gulika</b> 9:23AM – 10:51AM	<b>Purvaproshtapada* Until 8:54PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	Vilamba 5120	
		Yama 6:26AM – 7:55AM	Sadhya Until 4:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44	
	119373367	<b>Rahu</b> 1:47PM – 3:16PM	Kintughna Until 10:44AM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:45PM</b>	Moon – Clear		<b>Devaloka Day</b>	
				<b>Phalgun-Masi</b>			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lucknow, India Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 7.55	Tithi 2	<b>Gulika</b> Yama	<b>7:54AM – 9:22AM</b> 3:16PM – 4:44PM	<b>Uttaraproshtapada Until 11:16PM</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Clear	<b>Sunrise: 6:25AM</b> <b>Sunset: 6:12PM</b>	Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga	119373367	<b>Rahu</b> <b>10:51AM – 12:19PM</b>	Balava Until 12:43PM <b>Dvitiya Until 1:34AM Sat</b>				
<b>2</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Lucknow, India Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 20.05	Tithi 3	<b>Gulika</b> Yama	<b>6:24AM – 7:53AM</b> 1:47PM – 3:16PM	<b>Revati Until 1:08AM Sun</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Clear	<b>Sunrise: 6:24AM</b> <b>Sunset: 6:13PM</b>	Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Routine Work	Prabalarishta Yoga	119373367	<b>Rahu</b> <b>9:22AM – 10:50AM</b>	Sukla Until 4:37PM Taitila Until 2:23PM <b>Tritiya Until 3:03AM Sun</b>				
Until 1:08AM Sun	Then Creative Work - Siddha Yoga	<b>Subramuniyaswami Siva Vision Day</b>						
<b>3</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Lucknow, India Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 2.25	Tithi 4	<b>Gulika</b> Yama	<b>3:16PM – 4:45PM</b> 12:18PM – 1:47PM	<b>Ashvini Until 2:57AM Mon</b>	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – White	<b>Sunrise: 6:23AM</b> <b>Sunset: 6:14PM</b>	Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga	129373367	<b>Rahu</b> <b>4:45PM – 6:14PM</b>	Brahma Until 4:29PM Vanija Until 3:39PM <b>Chaturthi* Until 4:08AM Mon</b>				
<b>4</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Valdhriti* Yoga Bava/Balava Karana Panchamyam Titau				Lucknow, India Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 14.55	Tithi 5	<b>Gulika</b> Yama	<b>1:47PM – 3:16PM</b> 10:49AM – 12:18PM	<b>Bharani Until 4:11AM Tue</b>	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – White	<b>Sunrise: 6:22AM</b> <b>Sunset: 6:14PM</b>	Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Family Home Evening	Creative Work	129373367	<b>Rahu</b> <b>7:51AM – 9:20AM</b>	Indra Until 4:04PM Bava Until 4:31PM <b>Panchami Until 4:46AM Tue</b>				
<b>5</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Lucknow, India Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 27.37	Tithi 6	<b>Gulika</b> Yama	<b>12:18PM – 1:47PM</b> 9:20AM – 10:49AM	<b>Krittika Until 4:47AM Wed</b>	<b>Ganesha: Red</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – White	<b>Sunrise: 6:21AM</b> <b>Sunset: 6:15PM</b>	Moon 2 - Phase 45 3rd Phase	<b>Devaloka Day</b>
Creative Work	Siddha Yoga	129373367	<b>Rahu</b> <b>3:16PM – 4:45PM</b>	Vaidhriti* Until 3:15PM Kaulava Until 4:55PM <b>Shashthi* Until 4:54AM Wed</b>				
<b>6</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Lucknow, India Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 10.34	Tithi 7	<b>Gulika</b> Yama	<b>10:48AM – 12:18PM</b> 7:50AM – 9:19AM	<b>Rohini Until 5:09AM Thu</b>	<b>Ganesha: Purple</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Yellow	<b>Sunrise: 6:20AM</b> <b>Sunset: 6:15PM</b>	Moon 2 - Phase 45 3rd Phase	<b>Sivaloka Day</b>
Creative Work	Siddha Yoga	131373367	<b>Rahu</b> <b>12:18PM – 1:47PM</b>	Vishkambha* Until 2:03PM Gara Until 4:47PM <b>Saptami Until 4:29AM Thu</b>				
Until 5:09AM Thu	Then Routine Work - Marana Yoga							
<b>D</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visi*/Bava Karana Ashtamyam Titau				Lucknow, India Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 23.48	Tithi 8	<b>Gulika</b> Yama	<b>9:18AM – 10:48AM</b> 6:19AM – 7:49AM	<b>Mrigashira Until 4:45AM Fri</b>	<b>Ganesha: Purple</b> <b>Muruqa: Clear</b> <b>Nataraja: White</b> Moon – Yellow	<b>Sunrise: 6:19AM</b> <b>Sunset: 6:16PM</b>	Moon 2 - Phase 45 Ashtami	<b>Sivaloka Day</b>
Routine Work	Marana Yoga	131373367	<b>Rahu</b> <b>1:47PM – 3:17PM</b>	Priti Until 12:24PM Visti Until 4:03PM <b>Ashtami* Until 3:26AM Fri</b>				
Until 4:45AM Fri	Then Creative Work - Siddha Yoga							
<b>Friday, March 15, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Lucknow, India Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 7.22	Tithi 9	<b>Gulika</b> Yama	<b>7:48AM – 9:18AM</b> 3:17PM – 4:46PM	<b>Ardra Until 3:37AM Sat</b>	<b>Ganesha: Purple</b> <b>Muruqa: Clear</b> <b>Nataraja: Clear</b> Moon – Yellow	<b>Sunrise: 6:18AM</b> <b>Sunset: 6:16PM</b>	Moon 2 - Phase 45 Navami	<b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga	131373368	<b>Rahu</b> <b>10:47AM – 12:17PM</b>	Ayushman Until 10:14AM Balava Until 2:42PM <b>Navami* Until 1:47AM Sat</b>				
		<b>Karadaiyan Nombu (Tamil Nadu)</b>						

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Lucknow, India Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 21.19	Tithi 10	<b>Gulika</b> 6:17AM – 7:47AM	<b>Punarvasu</b> Until 2:11AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	
			Yama 1:47PM – 3:17PM	Saubhagya Until 7:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:17AM – 10:47AM	Taitila Until 12:44PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 11:32PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lucknow, India Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 5.38	Tithi 11	<b>Gulika</b> 3:17PM – 4:47PM	<b>Pushya</b> Until 12:06AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	
			Yama 12:17PM – 1:47PM	Athiganda* Until 12:59AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:47PM – 6:17PM	Vanija Until 10:14AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 8:46PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lucknow, India Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 20.17	Tithi 12 – 13	<b>Gulika</b> 1:47PM – 3:17PM	<b>Ashlesha*</b> Until 9:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	
	<b>Family Home Evening</b>		Yama 10:46AM – 12:16PM	Sukarma Until 9:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:45AM – 9:16AM	Bava Until 7:15AM	<b>Nataraja:</b> Clear		4th Phase
Until 9:31PM		<b>Yogaswami Mahasamadhi</b>	<b>Dvadashi</b> Until 5:37PM	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	<b>Phalguna-Panguni</b>			

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lucknow, India Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 5.12	Tithi 13 – 14	<b>Gulika</b> 12:16PM – 1:47PM	<b>Magha*</b> Until 6:57PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:14AM	
			Yama 9:15AM – 10:45AM	Dhriti Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:17PM – 4:48PM	Gara Until 12:26AM Wed	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 2:11PM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lucknow, India Sutra 339 Vilamba 5120
	Simha Rasi: 20.16	Tithi 14 – 15	<b>Gulika</b> 10:45AM – 12:16PM	<b>Purvaphalguni</b> Until 4:10PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	
			Yama 7:44AM – 9:14AM	Shula* Until 1:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:16PM – 1:46PM	Visti Until 8:53PM	<b>Nataraja:</b> Clear		Purnima
		<b>Panguni Uttiram</b>	<b>Chaturdashi*</b> Until 10:38AM	Moon – Red		<b>Subha Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalguna-Panguni</b>			

	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Lucknow, India Sutra 340 Vilamba 5120
	Kanya Rasi: 5.19	Tithi 15 – 16	<b>Gulika</b> 9:14AM – 10:44AM	<b>Uttaraphalguni</b> Until 1:20PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM	
			Yama 6:12AM – 7:43AM	Ganda* Until 9:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
	Amrita Yoga		151373368 <b>Rahu</b> 1:46PM – 3:17PM	Kaulava Until 3:49AM Fri	<b>Nataraja:</b> Clear		Prathama
Until 1:20PM			<b>Purnima*</b> Until 7:07AM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Phalguna-Panguni</b>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Kanya Rasi: 20.13      Tilthi 17  
161383368  
Creative Work    Amrita Yoga  
Until 11:03AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitilla/Gara Karana Dvitiyayam Titau  
**Gulika**    7:42AM – 9:13AM  
Yama        3:17PM – 4:48PM  
**Rahu**        10:44AM – 12:15PM  
**Hasta Until 11:03AM**  
Dhruva Until 1:38AM Sat  
Taitilla Until 2:19PM  
**Dvitiya Until 12:54AM Sat**  
**Ganesha:** Yellow    *Sunrise:* 6:11AM  
**Muruqa:** White      *Sunset:* 6:20PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Lucknow, India  
Sutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**1**

**Saturday, March 23, 2019**

Tula Rasi: 4.49      Tilthi 18  
161383368  
Routine Work    Marana Yoga  
Until 9:03AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika**    6:10AM – 7:41AM  
Yama        1:46PM – 3:17PM  
**Rahu**        9:12AM – 10:43AM  
**Chitra Until 9:03AM**  
Vyaghata\* Until 10:33PM  
Vanija Until 11:39AM  
**Tritiya Until 10:32PM**  
**Ganesha:** Yellow    *Sunrise:* 6:10AM  
**Muruqa:** White      *Sunset:* 6:20PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Lucknow, India  
Sun 1      Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**2**

**Sunday, March 24, 2019**

Tula Rasi: 19.01      Tilthi 19  
162383368  
Creative Work    Siddha Yoga  
Until 7:32AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika**    3:18PM – 4:49PM  
Yama        12:15PM – 1:46PM  
**Rahu**        4:49PM – 6:21PM  
**Svati Until 7:32AM**  
Harshana Until 8:03PM  
Bava Until 9:37AM  
**Chaturthi\* Until 8:51PM**  
**Ganesha:** Blue        *Sunrise:* 6:08AM  
**Muruqa:** White      *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Lucknow, India  
Sun 2      Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**3**

**Monday, March 25, 2019**

Vrischika Rasi: 2.45      Tilthi 20  
172383368  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 7:01AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\* Yoga Kaulava/Taitilla Karana Panchamyam Titau  
**Gulika**    1:46PM – 3:18PM  
Yama        10:42AM – 12:14PM  
**Rahu**        7:39AM – 9:11AM  
**Vishakha Until 7:01AM**  
Vajra\* Until 6:11PM  
Kaulava Until 8:20AM  
**Panchami Until 7:59PM**  
**Ganesha:** Red         *Sunrise:* 6:07AM  
**Muruqa:** White      *Sunset:* 6:21PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Lucknow, India  
Sun 3      Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**4**

**Tuesday, March 26, 2019**

Vrischika Rasi: 15.59      Tilthi 21  
172383368  
Creative Work    Siddha Yoga  
Until 7:13AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika**    12:14PM – 1:46PM  
Yama        9:10AM – 10:42AM  
**Rahu**        3:18PM – 4:50PM  
**Anuradha Until 7:13AM**  
Siddhi Until 5:01PM  
Gara Until 7:54AM  
**Shashthi\* Until 8:00PM**  
**Ganesha:** Red         *Sunrise:* 6:06AM  
**Muruqa:** White      *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Lucknow, India  
Sun 4      Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**5**

**Wednesday, March 27, 2019**

Vrischika Rasi: 28.47      Tilthi 22  
172383368  
Creative Work    Siddha Yoga  
Until 8:07AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saplamyam Titau  
**Gulika**    10:41AM – 12:14PM  
Yama        7:37AM – 9:09AM  
**Rahu**        12:14PM – 1:46PM  
**Jyeshtha\* Until 8:07AM**  
Vyatipata\* Until 4:32PM  
Visti Until 8:22AM  
**Saptami Until 8:54PM**  
**Ganesha:** Red         *Sunrise:* 6:05AM  
**Muruqa:** White      *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Lucknow, India  
Sun 5      Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**D**

**Thursday, March 28, 2019**  
**Retreat Star**

Dhanus Rasi: 11.13      Tilthi 23  
182383368  
Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika**    9:09AM – 10:41AM  
Yama        6:04AM – 7:36AM  
**Rahu**        1:46PM – 3:18PM  
**Mula\* Until 10:08AM**  
Variyan Until 4:39PM  
Balava Until 9:40AM  
**Ashtami\* Until 10:34PM**  
**Ganesha:** Green       *Sunrise:* 6:04AM  
**Muruqa:** White      *Sunset:* 6:23PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Lucknow, India  
Sun 6      Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**Friday, March 29, 2019**  
**Retreat Star**

Dhanus Rasi: 23.2      Tilthi 24  
182383468  
Routine Work    Prabalarishta Yoga  
Until 12:40PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitilla/Gara Karana Navamyam Titau  
**Gulika**    7:35AM – 9:08AM  
Yama        3:18PM – 4:50PM  
**Rahu**        10:40AM – 12:13PM  
**Purvashadha\* Until 12:40PM**  
Parigha\* Until 5:15PM  
Taitilla Until 11:39AM  
**Navami\* Until 12:49AM Sat**  
**Ganesha:** Green       *Sunrise:* 6:03AM  
**Muruqa:** Yellow      *Sunset:* 6:23PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Phalguna-Panguni**

Lucknow, India  
Sun 7      Sutra 348  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

**Devaloka Day**

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visli* Karana Dashamyam Titau		Lucknow, India Sun 8 Sutra 349 Vilamba 5120	
Makara Rasi: 5.15	Tithi 25	<b>Gulika</b> 6:02AM – 7:35AM	<b>Uttarashadha</b> Until 3:27PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:02AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:23PM
		Yama 1:45PM – 3:18PM	Shiva Until 6:12PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		182383468 <b>Rahu</b> 9:07AM – 10:40AM	Vanija Until 2:06PM	Moon – Light Blue			2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:24AM Sun	<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	
Until 3:27PM							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau		Lucknow, India Sun 9 Sutra 350 Vilamba 5120	
Makara Rasi: 17.03	Tithi 26	<b>Gulika</b> 3:18PM – 4:51PM	<b>Shravana</b> Until 6:47PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM
		Yama 12:12PM – 1:45PM	Siddha Until 7:15PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		192383468 <b>Rahu</b> 4:51PM – 6:24PM	Bava Until 4:47PM	Moon – Purple			2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 6:06AM Mon	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 6:47PM							
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lucknow, India Sun 10 Sutra 351 Vilamba 5120	
Makara Rasi: 28.5	Tithi 26 – 27	<b>Gulika</b> 1:45PM – 3:18PM	<b>Dhanishtha</b> Until 9:55PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM
<b>Family Home Evening</b>		Yama 10:39AM – 12:12PM	Sadhya Until 8:17PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		192483468 <b>Rahu</b> 7:34AM – 9:07AM	Kaulava Until 7:26PM	Moon – Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:06AM	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lucknow, India Sun 11 Sutra 352 Vilamba 5120	
Kumbha Rasi: 10.39	Tithi 27 – 28	<b>Gulika</b> 12:12PM – 1:45PM	<b>Shatabhishak</b> Until 12:40AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:00AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:24PM
		Yama 9:06AM – 10:39AM	Subha Until 9:11PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		192483468 <b>Rahu</b> 3:18PM – 4:51PM	Gara Until 9:53PM	Moon – Purple			2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 8:41AM	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	
Until 12:40AM Wed							
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Lucknow, India Sun 12 Sutra 353 Vilamba 5120	
Kumbha Rasi: 22.34	Tithi 28 – 29	<b>Gulika</b> 10:39AM – 12:12PM	<b>Purvaproshtapada*</b> Until 3:25AM Thu	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:59AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:25PM
		Yama 7:32AM – 9:05AM	Sukla Until 9:47PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		112483468 <b>Rahu</b> 12:12PM – 1:45PM	Visli Until 12:00AM Thu	Moon – Clear			2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 10:58AM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 3:25AM Thu							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lucknow, India Sun 13 Sutra 354 Vilamba 5120	
Meena Rasi: 4.38	Tithi 29 – 30	<b>Gulika</b> 9:05AM – 10:38AM	<b>Uttaraproshtapada</b> Until 5:36AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:58AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:25PM
		Yama 5:58AM – 7:31AM	Brahma Until 10:06PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		112483468 <b>Rahu</b> 1:45PM – 3:18PM	Catuspada Until 1:41AM Fri	Moon – Clear			Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:52PM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lucknow, India Sun 14 Sutra 355 Vilamba 5120	
Meena Rasi: 16.52	Tithi 30 – 1	<b>Gulika</b> 7:30AM – 9:04AM	<b>Revati</b> Until 7:12AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:57AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:26PM
		Yama 3:19PM – 4:52PM	Indra Until 10:07PM	<b>Nataraja:</b> Purple			Moon 3 - Phase 48
		112483468 <b>Rahu</b> 10:38AM – 12:11PM	Kintughna Until 2:57AM Sat	Moon – Clear			Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:21PM	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>	
		<b>Yugadhi</b>					

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lucknow, India Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 29.17	Tithi 1 – 2	<b>Gulika</b> 5:55AM – 7:29AM	<b>Revati</b> Until 7:12AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:55AM			
		Yama 1:45PM – 3:19PM	Vaidhriti* Until 9:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:26PM			Moon 3 - Phase 49
		113483468 <b>Rahu</b> 9:03AM – 10:37AM	Balava Until 3:47AM Sun	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Prabalarishta Yoga			Moon – Clear			<b>Devaloka Day</b>	
Until 7:12AM		Chellappaswami Mahasamadhi	Prathama* Until 3:24PM	Chaitra•Panguni				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lucknow, India Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.53	Tithi 2 – 3	<b>Gulika</b> 3:19PM – 4:53PM	<b>Ashvini</b> Until 8:43AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM			
		Yama 12:11PM – 1:45PM	Vishkambha* Until 9:06PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:27PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 4:53PM – 6:27PM	Taitila Until 4:12AM Mon	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga			Moon – White			<b>Devaloka Day</b>	
Until 8:43AM			Dvitiya Until 4:01PM	Chaitra•Panguni				
Then Routine Work - Prabalarishta Yoga								

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lucknow, India Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.4	Tithi 3 – 4	<b>Gulika</b> 1:45PM – 3:19PM	<b>Bharani</b> Until 9:42AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM			
<b>Family Home Evening</b>		Yama 10:36AM – 12:10PM	Priti Until 8:10PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:27PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 7:28AM – 9:02AM	Vanija Until 4:15AM Tue	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga			Moon – White			<b>Devaloka Day</b>	
Until 9:42AM			Tritiya Until 4:15PM	Chaitra•Panguni				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lucknow, India Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 7.38	Tithi 4 – 5	<b>Gulika</b> 12:10PM – 1:44PM	<b>Krittika</b> Until 10:09AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:52AM			
		Yama 9:01AM – 10:36AM	Ayushman Until 6:55PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:28PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 3:19PM – 4:53PM	Bava Until 3:56AM Wed	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga			Moon – White			<b>Devaloka Day</b>	
Until 10:09AM			Chaturthi* Until 4:07PM	Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lucknow, India Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 20.48	Tithi 5 – 6	<b>Gulika</b> 10:35AM – 12:10PM	<b>Rohini</b> Until 10:33AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM			
		Yama 7:26AM – 9:00AM	Saubhagya Until 5:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:28PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 12:10PM – 1:44PM	Kaulava Until 3:14AM Thu	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga			Moon – Yellow			<b>Sivaloka Day</b>	
			Panchami Until 3:37PM	Chaitra•Panguni				

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lucknow, India Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 4.1	Tithi 6 – 7	<b>Gulika</b> 9:00AM – 10:35AM	<b>Mrigashira</b> Until 10:26AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM			
		Yama 5:50AM – 7:25AM	Sobhana Until 3:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:29PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 1:44PM – 3:19PM	Gara Until 2:09AM Fri	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Marana Yoga			Moon – Yellow			<b>Sivaloka Day</b>	
			Shashthi* Until 2:44PM	Chaitra•Panguni				

<b>☾</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lucknow, India Sun 21 Sutra 362 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:24AM – 8:59AM	<b>Ardra</b> Until 9:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM			
Mithuna Rasi: 17.45	Tithi 7 – 8	Yama 3:19PM – 4:54PM	Athiganda* Until 1:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:29PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 10:34AM – 12:09PM	Visti Until 12:38AM Sat	<b>Nataraja:</b> Purple				Ashtami
Creative Work	Siddha Yoga			Moon – Yellow			<b>Sivaloka Day</b>	
			Saptami Until 1:26PM	Chaitra•Panguni				

<b>☾</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lucknow, India Sun 22 Sutra 363 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:48AM – 7:23AM	<b>Punarvasu</b> Until 8:59AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:48AM			
Kataka Rasi: 1.35	Tithi 8 – 9	Yama 1:44PM – 3:19PM	Sukarma Until 10:53AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:30PM			Moon 3 - Phase 49
		143483468 <b>Rahu</b> 8:59AM – 10:34AM	Balava Until 10:43PM	<b>Nataraja:</b> Purple				Navami
Creative Work	Siddha Yoga			Moon – Blue			<b>Devaloka Day</b>	
		Sri Rama Navami	Ashtami* Until 11:43AM	Chaitra•Panguni				

<b>1</b> Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Lucknow, India Sun 23 Sutra 364
Kataka Rasi: 15.4	Tithi 9 – 10	<b>Gulika</b> 3:19PM – 4:55PM	<b>Pushya</b> <b>Until 7:39AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:47AM	Vikarin 5121
		Yama 12:09PM – 1:44PM	Dhriti <b>Until 8:05AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM	Moon 3 - Phase 1
143483468	<b>Rahu</b> 4:55PM – 6:30PM		Taitila <b>Until 8:25PM</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Blue	
		<b>Tamil New Year</b>	<b>Navami* Until 9:36AM</b>	<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>

<b>2</b> Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau			Lucknow, India Sun 24 Sutra 1
Simha Rasi: 0.01	Tithi 10 – 11	<b>Gulika</b> 1:44PM – 3:20PM	<b>Magha*</b> <b>Until 3:57AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:46AM	Vikarin 5121
<b>Family Home Evening</b>	253483468	Yama 10:33AM – 12:08PM	Ganda* <b>Until 1:35AM Tue</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	<b>Rahu</b> 7:22AM – 8:57AM	Visti <b>Until 4:20AM Tue</b>	<b>Nataraja:</b> Purple	4th Phase
Until 3:57AM Tue			<b>Dashami</b> <b>Until 7:07AM</b>	Moon – Red	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>

<b>3</b> Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau			Lucknow, India Sun 25 Sutra 2
Simha Rasi: 14.34	Tithi 12	<b>Gulika</b> 12:08PM – 1:44PM	<b>Purvaphalguni</b> <b>Until 1:46AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:45AM	Vikarin 5121
		Yama 8:57AM – 10:32AM	Vriddhi <b>Until 10:03PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:31PM	Moon 3 - Phase 1
253483468	<b>Rahu</b> 3:20PM – 4:55PM		Bava <b>Until 2:53PM</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 1:22AM Wed</b>	Moon – Red	
Until 1:46AM Wed				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>4</b> Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau			Lucknow, India Sun 26 Sutra 3
Simha Rasi: 29.15	Tithi 13	<b>Gulika</b> 10:32AM – 12:08PM	<b>Uttaraphalguni</b> <b>Until 11:23PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:44AM	Vikarin 5121
		Yama 7:20AM – 8:56AM	Dhruva <b>Until 6:26PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:32PM	Moon 3 - Phase 1
253483468	<b>Rahu</b> 12:08PM – 1:44PM		Kaulava <b>Until 11:52AM</b>	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> <b>Until 10:20PM</b>	Moon – Red	
Until 11:23PM				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>		

<b>5</b> Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau			Lucknow, India Sun 27 Sutra 4
Kanya Rasi: 13.57	Tithi 14	<b>Gulika</b> 8:55AM – 10:32AM	<b>Hasta</b> <b>Until 9:21PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:43AM	Vikarin 5121
		Yama 5:43AM – 7:19AM	Vyaghata* <b>Until 2:52PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:32PM	Moon 3 - Phase 1
263483468	<b>Rahu</b> 1:44PM – 3:20PM		Gara <b>Until 8:52AM</b>	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 7:23PM</b>	Moon – Green	
Until 9:21PM				<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>○</b> Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau			Lucknow, India Sutra 5
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:19AM – 8:55AM	<b>Chitra</b> <b>Until 7:26PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:42AM	Vikarin 5121
Kanya Rasi: 28.34	Tithi 15 – 16	Yama 3:20PM – 4:56PM	Harshana <b>Until 11:29AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM	Moon 3 - Phase 1
263483468	<b>Rahu</b> 10:31AM – 12:07PM		Balava <b>Until 6:00AM</b>	<b>Nataraja:</b> Purple	Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 4:39PM</b>	Moon – Green	
		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>
		<b>Hanuman Jayanti</b>			

<b>Saturday, April 20, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau			Lucknow, India Sutra 6
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:41AM – 7:18AM	<b>Svati</b> <b>Until 5:47PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:41AM	Vikarin 5121
Tula Rasi: 12.57	Tithi 16 – 17	Yama 1:44PM – 3:20PM	Vajra* <b>Until 8:21AM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM	Moon 3 - Phase 1
264483468	<b>Rahu</b> 8:54AM – 10:31AM		Taitila <b>Until 1:21AM Sun</b>	<b>Nataraja:</b> Purple	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> <b>Until 2:19PM</b>	Moon – Green	
				<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>