



Tuesday, May 1, 2018
Gold Retreat Star

Tula Rasi: 29.58 Tithi 17
273832369
Routine Work Marana Yoga
Until 12:23PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Vishakha/Anuradha Nakshatra Vyalipata/Variyan Yoga Tailila/Gara Karana Dvitiyayam Titau
Gulika 12:04PM – 1:31PM **Vishakha** **Until 12:23PM**
Yama 9:11AM – 10:38AM **Vyatipata*** **Until 6:06AM**
Rahu 2:58PM – 4:24PM **Taitila** **Until 3:40PM**
Dvitiya **Until 4:09AM Wed**

Lusaka, Zambia
Sutra 16
Vilamba 5120
Moon 4 - Phase 3
1st Phase
Sunrise: 6:18AM
Sunset: 5:51PM
Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra
Bhuloka Day

1

Wednesday, May 2, 2018

Virshika Rasi: 12.29 Tithi 18
273832369
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 10:38AM – 12:04PM **Anuradha** **Until 2:05PM**
Yama 7:44AM – 9:11AM **Parigha*** **Until 5:56AM Thu**
Rahu 12:04PM – 1:31PM **Vanija** **Until 4:49PM**
Tritiya **Until 5:34AM Thu**

Lusaka, Zambia
Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase
Sunrise: 6:18AM
Sunset: 5:51PM
Ganesha: Purple
Muruga: White
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra
Bhuloka Day

2

Thursday, May 3, 2018

Virshika Rasi: 24.47 Tithi 19
274832369
Routine Work Prabalarishta Yoga
Until 4:08PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava Karana Chaturthayam Titau
Gulika 9:11AM – 10:38AM **Jyeshtha*** **Until 4:08PM**
Yama 6:18AM – 7:45AM **Shiva** **Until 6:28AM Fri**
Rahu 1:31PM – 2:57PM **Bava** **Until 6:30PM**
Chaturthi* **Until 7:30AM Fri**

Lusaka, Zambia
Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase
Sunrise: 6:18AM
Sunset: 5:50PM
Ganesha: Clear
Muruga: White
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Friday, May 4, 2018

Dhanus Rasi: 6.52 Tithi 19 – 20
284832369
Creative Work Amrita Yoga
Until 6:59PM
Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 7:45AM – 9:11AM **Mula*** **Until 6:59PM**
Yama 2:57PM – 4:23PM **Shiva** **Until 6:28AM**
Rahu 10:38AM – 12:04PM **Kaulava** **Until 8:39PM**
Chaturthi* **Until 7:30AM**

Lusaka, Zambia
Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase
Sunrise: 6:18AM
Sunset: 5:50PM
Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra
Devaloka Day

4

Saturday, May 5, 2018

Dhanus Rasi: 18.47 Tithi 20 – 21
284832369
Creative Work Siddha Yoga
Until 9:59PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shashtayam Titau
Gulika 6:19AM – 7:45AM **Purvashadha*** **Until 9:59PM**
Yama 1:30PM – 2:57PM **Siddha** **Until 7:17AM**
Rahu 9:11AM – 10:38AM **Gara** **Until 11:07PM**
Panchami **Until 9:50AM**

Lusaka, Zambia
Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase
Sunrise: 6:19AM
Sunset: 5:49PM
Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra
Devaloka Day

5

Sunday, May 6, 2018

Makara Rasi: 1 Tithi 21 – 22
284832369
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 2:56PM – 4:23PM **Uttarashadha** **Until 12:55AM Mon**
Yama 12:04PM – 1:30PM **Sadhya** **Until 8:18AM**
Rahu 4:23PM – 5:49PM **Visti** **Until 1:42AM Mon**
Shashthi* **Until 12:23PM**

Lusaka, Zambia
Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase
Sunrise: 6:19AM
Sunset: 5:49PM
Ganesha: White
Muruga: White
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra
Devaloka Day

D

Monday, May 7, 2018
Retreat Star

Makara Rasi: 12.25 Tithi 22 – 23
Family Home Evening
294832369
Creative Work Amrita Yoga
Until 4:04AM Tue
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 1:30PM – 2:56PM **Shravana** **Until 4:04AM Tue**
Yama 10:38AM – 12:04PM **Subha** **Until 9:22AM**
Rahu 7:45AM – 9:11AM **Balava** **Until 4:08AM Tue**
Chidambaram Abhishekam **Saptami** **Until 2:56PM**

Lusaka, Zambia
Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
Ashtami
Sunrise: 6:19AM
Sunset: 5:49PM
Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Tuesday, May 8, 2018
Retreat Star

Makara Rasi: 24.17 Tithi 23 – 24
294832369
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 12:04PM – 1:30PM **Dhanishtha** **Until 6:40AM Wed**
Yama 9:12AM – 10:38AM **Sukla** **Until 10:14AM**
Rahu 2:56PM – 4:22PM **Taitila** **Until 6:10AM Wed**
Ashtami* **Until 5:12PM**

Lusaka, Zambia
Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Navami
Sunrise: 6:19AM
Sunset: 5:48PM
Ganesha: Yellow
Muruga: White
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

1		Wednesday, May 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Navamyam Titau				Lusaka, Zambia Sun 8 Sutra 24	
Kumbha Rasi: 6.19	Tithi 24	Gulika	10:38AM – 12:04PM	Dhanishtha Until 6:40AM	Ganesha: Yellow	<i>Sunrise: 6:20AM</i>	Vilamba 5120		
		Yama	7:46AM – 9:12AM	Brahma Until 10:46AM	Muruqa: White	<i>Sunset: 5:48PM</i>	Moon 4 - Phase 4		
		294832369 Rahu	12:04PM – 1:30PM	Taitila Until 6:10AM	Nataraja: Purple		2nd Phase		
Routine Work	Prabalarishta Yoga			Navami* Until 6:57PM	Moon – Purple		Bhuloka Day		
Until 6:40AM					Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga									

2		Thursday, May 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau				Lusaka, Zambia Sun 9 Sutra 25	
Kumbha Rasi: 18.36	Tithi 25	Gulika	9:12AM – 10:38AM	Shatabhishak Until 8:30AM	Ganesha: Yellow	<i>Sunrise: 6:20AM</i>	Vilamba 5120		
		Yama	6:20AM – 7:46AM	Indra Until 10:49AM	Muruqa: White	<i>Sunset: 5:47PM</i>	Moon 4 - Phase 4		
		294832369 Rahu	1:30PM – 2:56PM	Vanija Until 7:35AM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Dashami Until 8:00PM	Moon – Purple		Bhuloka Day		
					Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		

3		Friday, May 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 10 Sutra 26	
Meena Rasi: 1.13	Tithi 26	Gulika	7:46AM – 9:12AM	Purvaproshtapada* Until 9:55AM	Ganesha: Yellow	<i>Sunrise: 6:20AM</i>	Vilamba 5120		
		Yama	2:55PM – 4:21PM	Vaidhriti* Until 10:14AM	Muruqa: White	<i>Sunset: 5:47PM</i>	Moon 4 - Phase 4		
		214832369 Rahu	10:38AM – 12:04PM	Bava Until 8:14AM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Ekadashi* Until 8:14PM	Moon – Clear		Bhuloka Day		
					Vaisaka-Chaitra		Devaloka Time: 9:AM to12:PM		

4		Saturday, May 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lusaka, Zambia Sun 11 Sutra 27	
Meena Rasi: 14.14	Tithi 27	Gulika	6:20AM – 7:46AM	Uttaraproshtapada Until 10:22AM	Ganesha: Blue	<i>Sunrise: 6:20AM</i>	Vilamba 5120		
		Yama	1:29PM – 2:55PM	Vishkambha* Until 9:01AM	Muruqa: White	<i>Sunset: 5:47PM</i>	Moon 4 - Phase 4		
		214932369 Rahu	9:12AM – 10:38AM	Kaulava Until 8:03AM	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Dvadashi* Until 7:39PM	Moon – Clear		Bhuloka Day		
Until 10:22AM					Vaisaka-Chaitra				
Then Routine Work - Prabalarishta Yoga									

5		Sunday, May 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia Sun 12 Sutra 28	
Meena Rasi: 27.41	Tithi 28	Gulika	2:55PM – 4:21PM	Revati Until 9:53AM	Ganesha: Blue	<i>Sunrise: 6:21AM</i>	Vilamba 5120		
		Yama	12:04PM – 1:29PM	Priti Until 7:10AM	Muruqa: White	<i>Sunset: 5:46PM</i>	Moon 4 - Phase 4		
		214932369 Rahu	4:21PM – 5:46PM	Gara Until 7:05AM	Nataraja: Purple		2nd Phase		
Creative Work	Amrita Yoga			Trayodashi* Until 6:18PM	Moon – Clear		Bhuloka Day		
Until 9:53AM					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

6		Monday, May 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 29	
Mesha Rasi: 11.33	Tithi 29 – 30	Gulika	1:29PM – 2:55PM	Ashvini Until 9:01AM	Ganesha: Blue	<i>Sunrise: 6:21AM</i>	Vilamba 5120		
Family Home Evening		Yama	10:38AM – 12:04PM	Saubhagya Until 1:51AM Tue	Muruqa: White	<i>Sunset: 5:46PM</i>	Moon 4 - Phase 4		
		224932369 Rahu	7:47AM – 9:12AM	Catuspada Until 3:09AM Tue	Nataraja: Purple		2nd Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 4:20PM	Moon – White		Bhuloka Day		
					Vaisaka-Chaitra				

Retreat Star		Tuesday, May 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia Sun 14 Sutra 30	
Mesha Rasi: 25.47	Tithi 30 – 1	Gulika	12:04PM – 1:29PM	Bharani Until 7:28AM	Ganesha: Blue	<i>Sunrise: 6:21AM</i>	Vilamba 5120		
		Yama	9:12AM – 10:38AM	Sobhana Until 10:37PM	Muruqa: White	<i>Sunset: 5:46PM</i>	Moon 4 - Phase 4		
		224932369 Rahu	2:55PM – 4:20PM	Kintughna Until 12:29AM Wed	Nataraja: Purple		Amavasya		
Creative Work	Siddha Yoga			Amavasya* Until 1:51PM	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi				

Retreat Star		Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 15 Sutra 31	
Vrishabha Rasi: 10.17	Tithi 1 – 2	Gulika	10:38AM – 12:04PM	Rohini Until 3:20AM Thu	Ganesha: Yellow	<i>Sunrise: 6:22AM</i>	Vilamba 5120		
		Yama	7:47AM – 9:13AM	Athiganda* Until 7:08PM	Muruqa: White	<i>Sunset: 5:46PM</i>	Moon 4 - Phase 4		
		235932369 Rahu	12:04PM – 1:29PM	Balava Until 9:33PM	Nataraja: Purple		Prathama		
Creative Work	Siddha Yoga			Prathama* Until 11:01AM	Moon – Yellow		Bhuloka Day		
Until 3:20AM Thu					Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM		
Then Routine Work - Marana Yoga									

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1		Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Lusaka, Zambia Sun 16 Sutra 32 Vilamba 5120	
Vrishabha Rasi: 24.58	Tithi 2 - 3	Gulika 9:13AM - 10:38AM	Mrigashira Until 1:05AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM		
		Yama 6:22AM - 7:47AM	Sukarma Until 3:34PM	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 5	
		235932369 Rahu 1:29PM - 2:54PM	Taitila Until 6:30PM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 8:01AM	Moon - Yellow		Bhuloka Day	
Until 1:05AM Fri				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

2		Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau		Lusaka, Zambia Sun 17 Sutra 33 Vilamba 5120	
Mithuna Rasi: 9.4	Tithi 4	Gulika 7:48AM - 9:13AM	Ardra Until 10:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM		
		Yama 2:54PM - 4:20PM	Dhriti Until 12:00PM	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 5	
		235932369 Rahu 10:38AM - 12:04PM	Vanija Until 3:29PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 2:00AM Sat	Moon - Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

3		Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 34 Vilamba 5120	
Mithuna Rasi: 24.18	Tithi 5	Gulika 6:22AM - 7:48AM	Punarvasu Until 8:55PM	Ganesha: White	<i>Sunrise:</i> 6:22AM		
		Yama 1:29PM - 2:54PM	Shula* Until 8:32AM	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 5	
		245932369 Rahu 9:13AM - 10:38AM	Bava Until 12:37PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 11:15PM	Moon - Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

4		Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Lusaka, Zambia Sun 19 Sutra 35 Vilamba 5120	
Kataka Rasi: 8.47	Tithi 6	Gulika 2:54PM - 4:19PM	Pushya Until 7:13PM	Ganesha: White	<i>Sunrise:</i> 6:23AM		
		Yama 12:04PM - 1:29PM	Vriddhi Until 2:17AM Mon	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 5	
		245932369 Rahu 4:19PM - 5:45PM	Kaulava Until 10:00AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 8:48PM	Moon - Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

5		Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Lusaka, Zambia Sun 20 Sutra 36 Vilamba 5120	
Kataka Rasi: 23.02	Tithi 7	Gulika 1:29PM - 2:54PM	Ashlesha* Until 5:44PM	Ganesha: White	<i>Sunrise:</i> 6:23AM		
Family Home Evening		Yama 10:39AM - 12:04PM	Dhruva Until 11:35PM	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 4 - Phase 5	
		245932369 Rahu 7:48AM - 9:13AM	Gara Until 7:43AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 6:42PM	Moon - Blue		Devaloka Day	
Until 5:44PM				Jyeshtha Adhika-Vaikasi			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lusaka, Zambia Sun 21 Sutra 37 Vilamba 5120	
Simha Rasi: 7.02	Tithi 8 - 9	Gulika 12:04PM - 1:29PM	Magha* Until 4:55PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM		
		Yama 9:14AM - 10:39AM	Vyaghata* Until 9:13PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 4 - Phase 5	
		255932369 Rahu 2:54PM - 4:19PM	Balava Until 4:19AM Wed	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 5:00PM	Moon - Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

Retreat Star		Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 22 Sutra 38 Vilamba 5120	
Simha Rasi: 20.47	Tithi 9 - 10	Gulika 10:39AM - 12:04PM	Purvaphalguni Until 4:23PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM		
		Yama 7:49AM - 9:14AM	Harshana Until 7:12PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 4 - Phase 5	
		255932369 Rahu 12:04PM - 1:29PM	Taitila Until 3:13AM Thu	Nataraja: Purple		Navami	
Creative Work	Amrita Yoga		Navami* Until 3:42PM	Moon - Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time


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1	Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia
	Kanya Rasi: 4.18	Tithi 10 – 11	Gulika 9:14AM – 10:39AM	Uttaraphalguni Until 4:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Sun 23 Sutra 39
		255932369	Yama 6:24AM – 7:49AM	Vajra* Until 5:28PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Vilamba 5120
	Amrita Yoga		Rahu 1:29PM – 2:54PM	Vanija Until 2:31AM Fri	Nataraja: Purple		Moon 4 - Phase 6
Until 4:05PM				Dashami Until 2:48PM	Moon – Red		4th Phase
Then Routine Work - Marana Yoga					Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

2	Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia
	Kanya Rasi: 17.35	Tithi 11 – 12	Gulika 7:49AM – 9:14AM	Hasta Until 4:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Sun 24 Sutra 40
		266932369	Yama 2:54PM – 4:19PM	Siddhi Until 4:04PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Vilamba 5120
	Creative Work Amrita Yoga		Rahu 10:39AM – 12:04PM	Bava Until 2:12AM Sat	Nataraja: Purple		Moon 4 - Phase 6
Until 4:28PM				Ekadashi Until 2:18PM	Moon – Green		4th Phase
Then Creative Work - Siddha Yoga					Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

3	Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyati-pata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia
	Tula Rasi: 0.41	Tithi 12 – 13	Gulika 6:25AM – 7:50AM	Chitra Until 5:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Sun 25 Sutra 41
		366932369	Yama 1:29PM – 2:54PM	Vyati-pata* Until 2:59PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Vilamba 5120
	Routine Work Marana Yoga		Rahu 9:14AM – 10:39AM	Kaulava Until 2:17AM Sun	Nataraja: Purple		Moon 4 - Phase 6
Until 5:05PM				Dvadashi Until 2:11PM	Moon – Green		4th Phase
Then Creative Work - Siddha Yoga					Jyeshtha Adhika-Vaikasi	Bhuloka Day	
					<i>Pradosha Vrata</i>		

4	Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia
	Tula Rasi: 13.34	Tithi 13 – 14	Gulika 2:54PM – 4:19PM	Svati Until 5:56PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Sun 26 Sutra 42
		366932369	Yama 12:04PM – 1:29PM	Variyan Until 2:11PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Vilamba 5120
	Creative Work Siddha Yoga		Rahu 4:19PM – 5:44PM	Gara Until 2:46AM Mon	Nataraja: Purple		Moon 4 - Phase 6
Until 5:56PM				Trayodashi Until 2:27PM	Moon – Green		4th Phase
Then Routine Work - Marana Yoga					Jyeshtha Adhika-Vaikasi	Bhuloka Day	

	Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia
	Copper Retreat Star		Gulika 1:29PM – 2:54PM	Vishakha Until 7:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Sun 27 Sutra 43
Tula Rasi: 26.16	Tithi 14 – 15		Yama 10:40AM – 12:04PM	Parigha* Until 1:44PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Vilamba 5120
Family Home Evening		376932369	Rahu 7:50AM – 9:15AM	Visti Until 3:41AM Tue	Nataraja: Purple		Moon 4 - Phase 6
Routine Work Marana Yoga				Chaturdashi* Until 3:09PM	Moon – Orange		Purnima
Until 7:30PM			Vaikasi Visakam		Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							

Silver Retreat Star	Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia
	Vrischika Rasi: 8.46	Tithi 15 – 16	Gulika 12:05PM – 1:29PM	Anuradha Until 9:22PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Sun 28 Sutra 44
		376932369	Yama 9:15AM – 10:40AM	Shiva Until 1:39PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Vilamba 5120
	Creative Work Siddha Yoga		Rahu 2:54PM – 4:19PM	Balava Until 5:03AM Wed	Nataraja: Purple		Moon 4 - Phase 6
Until 9:22PM				Purnima* Until 4:17PM	Moon – Orange		Prathama
Then Routine Work - Marana Yoga					Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 6:AM to 9:AM



Wednesday, May 30, 2018
Gold Retreat Star

Vrischika Rasi: 21.04 Tithi 16 – 17

376932369

Gulika 10:40AM – 12:05PM
Yama 7:51AM – 9:15AM
Rahu 12:05PM – 1:29PM

Creative Work Siddha Yoga
Until 11:29PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Jyeshtha* Until 11:29PM
Siddha Until 1:53PM
Taitila Until 6:51AM Thu
Prathama* Until 5:52PM

Ganesha: Clear *Sunrise: 6:26AM*
Muruqa: White *Sunset: 5:44PM*
Nataraja: Purple
Moon – Orange
Jyeshtha Adhika-Vaikasi

Lusaka, Zambia
Sutra 45
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Thursday, May 31, 2018

Dhanus Rasi: 3.11 Tithi 17

386932369

Gulika 9:16AM – 10:40AM
Yama 6:26AM – 7:51AM
Rahu 1:30PM – 2:54PM

Creative Work Siddha Yoga
Until 2:19AM Fri
Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvityayam Titau

Mula* Until 2:19AM Fri
Sadhya Until 2:27PM
Taitila Until 6:51AM
Dvitiya Until 7:53PM

Ganesha: White *Sunrise: 6:26AM*
Muruqa: White *Sunset: 5:43PM*
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Lusaka, Zambia
Sun 1 Sutra 46
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day

2

Friday, June 1, 2018

Dhanus Rasi: 15.09 Tithi 18

387932369

Gulika 7:51AM – 9:16AM
Yama 2:54PM – 4:19PM
Rahu 10:40AM – 12:05PM

Routine Work Prabalarishta Yoga
Until 5:17AM Sat
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Tritiyayam Titau

Purvashadha* Until 5:17AM Sat
Subha Until 3:18PM
Vanija Until 9:02AM
Tritiya Until 10:13PM

Ganesha: Yellow *Sunrise: 6:27AM*
Muruqa: White *Sunset: 5:43PM*
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Lusaka, Zambia
Sun 2 Sutra 47
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Saturday, June 2, 2018

Dhanus Rasi: 27 Tithi 19

387932369

Gulika 6:27AM – 7:51AM
Yama 1:30PM – 2:54PM
Rahu 9:16AM – 10:41AM

Routine Work Marana Yoga
Until 8:15AM Sun
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Uttarashadha Until 8:15AM Sun
Sukla Until 4:20PM
Bava Until 11:30AM
Chaturthi* Until 12:47AM Sun

Ganesha: Yellow *Sunrise: 6:27AM*
Muruqa: White *Sunset: 5:43PM*
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Lusaka, Zambia
Sun 3 Sutra 48
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Sunday, June 3, 2018

Makara Rasi: 8.48 Tithi 20

387932369

Gulika 2:54PM – 4:19PM
Yama 12:05PM – 1:30PM
Rahu 4:19PM – 5:43PM

Creative Work Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Uttarashadha Until 8:15AM
Brahma Until 5:27PM
Kaulava Until 2:06PM
Panchami Until 3:22AM Mon

Ganesha: Yellow *Sunrise: 6:27AM*
Muruqa: White *Sunset: 5:43PM*
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Lusaka, Zambia
Sun 4 Sutra 49
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Monday, June 4, 2018

Makara Rasi: 20.35 Tithi 21

397932369

Gulika 1:30PM – 2:54PM
Yama 10:41AM – 12:06PM
Rahu 7:52AM – 9:17AM

Family Home Evening
Creative Work Amrita Yoga
Until 11:32AM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Shravana Until 11:32AM
Indra Until 6:30PM
Gara Until 4:37PM
Shashthi* Until 5:46AM Tue

Ganesha: Blue *Sunrise: 6:28AM*
Muruqa: White *Sunset: 5:43PM*
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Lusaka, Zambia
Sun 5 Sutra 50
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

6

Tuesday, June 5, 2018

Kumbha Rasi: 2.28 Tithi 22

397132361

Gulika 12:06PM – 1:30PM
Yama 9:17AM – 10:41AM
Rahu 2:55PM – 4:19PM

Creative Work Siddha Yoga
Until 2:25PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti* Karana Saptamyam Titau

Dhanishtha Until 2:25PM
Vaidhriti* Until 7:17PM
Visti Until 6:51PM
Saptami Until 7:45AM Wed

Ganesha: Purple *Sunrise: 6:28AM*
Muruqa: White *Sunset: 5:44PM*
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Lusaka, Zambia
Sun 6 Sutra 51
Vilamba 5120
Moon 5 - Phase 7
1st Phase

Devaloka Day

Retreat Star

Wednesday, June 6, 2018

Kumbha Rasi: 14.29 Tithi 22 – 23

397132361

Gulika 10:41AM – 12:06PM
Yama 7:53AM – 9:17AM
Rahu 12:06PM – 1:30PM

Creative Work Siddha Yoga
Until 4:39PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Shatabhishak Until 4:39PM
Vishkambha* Until 7:41PM
Balava Until 8:33PM
Saptami Until 7:45AM

Ganesha: Purple *Sunrise: 6:28AM*
Muruqa: White *Sunset: 5:44PM*
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Lusaka, Zambia
Sun 7 Sutra 52
Vilamba 5120
Moon 5 - Phase 7
Ashtami

Devaloka Day

Retreat Star

Thursday, June 7, 2018

Kumbha Rasi: 26.46 Tithi 23 – 24

317132361

Gulika 9:17AM – 10:42AM
Yama 6:28AM – 7:53AM
Rahu 1:30PM – 2:55PM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Purvaproshtapada* Until 6:33PM
Priti Until 7:33PM
Taitila Until 9:33PM
Ashtami* Until 9:08AM

Ganesha: Blue *Sunrise: 6:28AM*
Muruqa: White *Sunset: 5:44PM*
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Lusaka, Zambia
Sun 8 Sutra 53
Vilamba 5120
Moon 5 - Phase 7
Navami

Devaloka Day

1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Lusaka, Zambia
Meena Rasi: 9.23 Tithi 24 – 25		Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Sun 9 Sutra 54
318132361	Gulika 7:53AM – 9:18AM	Uttaraproshtapada Until 7:31PM	Ganesha: Red	<i>Sunrise:</i> 6:29AM	Vilamba 5120	
	Yama 2:55PM – 4:19PM	Ayushman Until 6:45PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work Siddha Yoga	Rahu 10:42AM – 12:06PM	Vanija Until 9:44PM	Nataraja: White		2nd Phase	
		Navami* Until 9:44AM	Moon – Clear		Bhuloka Day	
			Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Lusaka, Zambia
Meena Rasi: 22.23 Tithi 25 – 26		Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 55
318132361	Gulika 6:29AM – 7:53AM	Revati Until 7:29PM	Ganesha: Red	<i>Sunrise:</i> 6:29AM	Vilamba 5120	
	Yama 1:31PM – 2:55PM	Saubhagya Until 5:18PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Routine Work Prabalarishta Yoga	Rahu 9:18AM – 10:42AM	Bava Until 9:04PM	Nataraja: White		2nd Phase	
Until 7:29PM		Dashami Until 9:29AM	Moon – Clear		Bhuloka Day	
Then Creative Work - Siddha Yoga			Jyeshtha Adhika-Vaikasi	Devaloka Time: 6:AM to 9:AM		

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Lusaka, Zambia
Mesha Rasi: 5.52 Tithi 26 – 27		Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 56
328132361	Gulika 2:55PM – 4:20PM	Ashvini Until 6:58PM	Ganesha: Green	<i>Sunrise:</i> 6:29AM	Vilamba 5120	
	Yama 12:07PM – 1:31PM	Sobhana Until 3:13PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work Siddha Yoga	Rahu 4:20PM – 5:44PM	Kaulava Until 7:36PM	Nataraja: White		2nd Phase	
Until 6:58PM		Ekadashi* Until 8:25AM	Moon – White		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga			Jyeshtha Adhika-Vaikasi			

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Lusaka, Zambia
Mesha Rasi: 19.47 Tithi 27 – 28		Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 57
328132361	Gulika 1:31PM – 2:55PM	Bharani Until 5:35PM	Ganesha: Green	<i>Sunrise:</i> 6:30AM	Vilamba 5120	
Family Home Evening	Yama 10:43AM – 12:07PM	Athiganda* Until 12:30PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work Siddha Yoga	Rahu 7:54AM – 9:18AM	Vanija Until 4:05AM Tue	Nataraja: White		2nd Phase	
Until 5:35PM		Dvadashi* Until 6:34AM	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga			Jyeshtha Adhika-Vaikasi			
			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Lusaka, Zambia
Vrishabha Rasi: 4.08 Tithi 29		Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 58
328132361	Gulika 12:07PM – 1:31PM	Krittika Until 3:29PM	Ganesha: Green	<i>Sunrise:</i> 6:30AM	Vilamba 5120	
	Yama 9:19AM – 10:43AM	Sukarma Until 9:18AM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work Siddha Yoga	Rahu 2:56PM – 4:20PM	Visti Until 2:40PM	Nataraja: White		2nd Phase	
Until 3:29PM		Chaturdashi* Until 1:06AM Wed	Moon – White		Bhuloka Day	
Then Creative Work - Amrita Yoga			Jyeshtha Adhika-Vaikasi			

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Lusaka, Zambia
Retreat Star		Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 59
338132361	Gulika 10:43AM – 12:07PM	Rohini Until 1:15PM	Ganesha: White	<i>Sunrise:</i> 6:30AM	Vilamba 5120	
Vrishabha Rasi: 18.5 Tithi 30	Yama 7:55AM – 9:19AM	Shula* Until 1:52AM Thu	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Creative Work Siddha Yoga	Rahu 12:07PM – 1:31PM	Catuspada Until 11:30AM	Nataraja: White		Amavasya	
		Amavasya* Until 9:47PM	Moon – Yellow		Bhuloka Day	
			Jyeshtha Adhika-Vaikasi			

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Lusaka, Zambia
Retreat Star		Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 60
339132361	Gulika 9:19AM – 10:43AM	Mrigashira Until 10:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Vilamba 5120	
Mithuna Rasi: 3.46 Tithi 1	Yama 6:31AM – 7:55AM	Ganda* Until 9:53PM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8	
Routine Work Marana Yoga	Rahu 1:32PM – 2:56PM	Kintughna Until 8:03AM	Nataraja: White		Prathama	
		Prathama* Until 6:16PM	Moon – Yellow		Bhuloka Day	
			Jyeshtha-Vaikasi	Devaloka Time: 9:AM to 12:PM		

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 18.48	Tithi 2 - 3	Gulika 7:55AM - 9:19AM	Ardra Until 7:46AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Moon 5 - Phase 9 3rd Phase	
339132361	Rahu 10:43AM - 12:08PM	Yama 2:56PM - 4:20PM	Vriddhi Until 5:56PM	Muruqa: White	<i>Sunset:</i> 5:45PM	3rd Phase	
Creative Work	Siddha Yoga		Taitila Until 1:02AM Sat	Nataraja: White		Bhuloka Day	
			Dvitiya Until 2:44PM	Moon - Yellow		Devaloka Time: 9:AM to12:PM	
				Jyeshtha-Ani			
2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lusaka, Zambia Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 3.47	Tithi 3 - 4	Gulika 6:31AM - 7:55AM	Pushya Until 2:51AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Moon 5 - Phase 9 3rd Phase	
349132361	Rahu 9:19AM - 10:44AM	Yama 1:32PM - 2:56PM	Dhruva Until 2:05PM	Muruqa: White	<i>Sunset:</i> 5:45PM	3rd Phase	
Creative Work	Siddha Yoga		Vanija Until 9:44PM	Nataraja: White		Bhuloka Day	
			Tritiya Until 11:20AM	Moon - Blue		Devaloka Time: 9:AM to12:PM	
				Jyeshtha-Ani			
3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 18.35	Tithi 4 - 5	Gulika 2:56PM - 4:21PM	Ashlesha* Until 12:40AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Moon 5 - Phase 9 3rd Phase	
349132361	Rahu 4:21PM - 5:45PM	Yama 12:08PM - 1:32PM	Vyaghata* Until 10:28AM	Muruqa: White	<i>Sunset:</i> 5:45PM	3rd Phase	
Creative Work	Siddha Yoga		Bava Until 6:46PM	Nataraja: White		Bhuloka Day	
Until 12:40AM Mon			Chaturthi* Until 8:11AM	Moon - Blue		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga		Father's Day		Jyeshtha-Ani			
4		Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Lusaka, Zambia Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 3.06	Tithi 6	Gulika 1:33PM - 2:57PM	Magha* Until 11:14PM	Ganesha: Green	<i>Sunrise:</i> 6:32AM	Moon 5 - Phase 9 3rd Phase	
Family Home Evening	359132361	Yama 10:44AM - 12:08PM	Harshana Until 7:13AM	Muruqa: White	<i>Sunset:</i> 5:45PM	3rd Phase	
Routine Work	Marana Yoga	Rahu 7:56AM - 9:20AM	Kaulava Until 4:15PM	Nataraja: White		Devaloka Day	
Until 11:14PM			Shashthi* Until 3:09AM Tue	Moon - Red			
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			
5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Lusaka, Zambia Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 17.17	Tithi 7	Gulika 12:09PM - 1:33PM	Purvaphalguni Until 10:12PM	Ganesha: Green	<i>Sunrise:</i> 6:32AM	Moon 5 - Phase 9 3rd Phase	
359132361	Rahu 2:57PM - 4:21PM	Yama 9:20AM - 10:44AM	Siddhi Until 1:55AM Wed	Muruqa: White	<i>Sunset:</i> 5:45PM	3rd Phase	
Creative Work	Siddha Yoga		Gara Until 2:15PM	Nataraja: White		Devaloka Day	
Until 10:12PM			Saptami Until 1:27AM Wed	Moon - Red			
Then Creative Work - Amrita Yoga				Jyeshtha-Ani			
Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Lusaka, Zambia Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 1.07	Tithi 8	Gulika 10:45AM - 12:09PM	Uttaraphalguni Until 9:36PM	Ganesha: Green	<i>Sunrise:</i> 6:32AM	Moon 5 - Phase 9 Ashtami	
359132361	Rahu 12:09PM - 1:33PM	Yama 7:56AM - 9:20AM	Vyatipata* Until 12:01AM Thu	Muruqa: White	<i>Sunset:</i> 5:45PM	Ashtami	
Creative Work	Amrita Yoga		Visti Until 12:49PM	Nataraja: White		Devaloka Day	
Until 9:36PM		Chidambaram Abhishekam	Ashtami* Until 12:19AM Thu	Moon - Red			
Then Routine Work - Marana Yoga				Jyeshtha-Ani			
Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Lusaka, Zambia Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 14.35	Tithi 9	Gulika 9:21AM - 10:45AM	Hasta Until 9:54PM	Ganesha: Red	<i>Sunrise:</i> 6:32AM	Moon 5 - Phase 9 Navami	
369132361	Rahu 1:33PM - 2:57PM	Yama 6:32AM - 7:56AM	Variyan Until 10:33PM	Muruqa: White	<i>Sunset:</i> 5:46PM	Navami	
Routine Work	Marana Yoga		Balava Until 12:00PM	Nataraja: White		Bhuloka Day	
Until 9:54PM			Navami* Until 11:47PM	Moon - Green		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 68 Vilamba 5120
	Kanya Rasi: 27.44	Tithi 10	Gulika 7:57AM – 9:21AM	Chitra Until 10:35PM	Ganesha: Green	<i>Sunrise:</i> 6:33AM	
			Yama 2:58PM – 4:22PM	Parigha* Until 9:32PM	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 10
	361132361	Rahu 10:45AM – 12:09PM		Taitila Until 11:45AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:49PM	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 69 Vilamba 5120
	Tula Rasi: 11	Tithi 11	Gulika 6:33AM – 7:57AM	Svati Until 11:38PM	Ganesha: Green	<i>Sunrise:</i> 6:33AM	
			Yama 1:34PM – 2:58PM	Shiva Until 8:58PM	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 10
	361132361	Rahu 9:21AM – 10:45AM		Vanija Until 12:03PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 12:21AM Sun	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 70 Vilamba 5120
	Tula Rasi: 23.14	Tithi 12	Gulika 2:58PM – 4:22PM	Vishakha Until 1:28AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:33AM	
			Yama 12:10PM – 1:34PM	Siddha Until 8:45PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 10
	371142361	Rahu 4:22PM – 5:46PM		Bava Until 12:50PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 1:23AM Mon	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			
Until 1:28AM Mon							
Then Creative Work - Siddha Yoga							

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 71 Vilamba 5120
	Vrischika Rasi: 5.39	Tithi 13	Gulika 1:34PM – 2:58PM	Anuradha Until 3:33AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:33AM	
	Family Home Evening		Yama 10:46AM – 12:10PM	Sadhya Until 8:52PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10
	371142361	Rahu 7:57AM – 9:21AM		Kaulava Until 2:05PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:50AM Tue	Moon – Orange		Devaloka Day	
Until 3:33AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
						<i>Pradosha Vrata</i>	

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 72 Vilamba 5120
	Vrischika Rasi: 17.53	Tithi 14	Gulika 12:10PM – 1:34PM	Jyeshtha* Until 5:51AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:33AM	
			Yama 9:22AM – 10:46AM	Subha Until 9:20PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10
	371142361	Rahu 2:58PM – 4:23PM		Gara Until 3:44PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:40AM Wed	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			

	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sun 28 Sutra 73 Vilamba 5120
	Copper Retreat Star		Gulika 10:46AM – 12:10PM	Mula* Until 8:48AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:33AM	
	Vrischika Rasi: 29.59	Tithi 15	Yama 7:58AM – 9:22AM	Sukla Until 10:01PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10
	371142361	Rahu 12:10PM – 1:34PM		Visti Until 5:45PM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 6:51AM Thu	Moon – Orange		Devaloka Day	
Until 8:48AM Thu				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

○	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sun 29 Sutra 74 Vilamba 5120
	Silver Retreat Star		Gulika 9:22AM – 10:46AM	Mula* Until 8:48AM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	
	Dhanus Rasi: 11.56	Tithi 15 – 16	Yama 6:34AM – 7:58AM	Brahma Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 10
	381142361	Rahu 1:35PM – 2:59PM		Balava Until 8:03PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Purnima* Until 6:51AM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	



Friday, June 29, 2018
Gold Retreat Star

Dhanus Rasi: 23.47 Tithi 16 – 17

381142361

Gulika 7:58AM – 9:22AM
Yama 2:59PM – 4:23PM
Rahu 10:46AM – 12:11PM

Routine Work Prabalarishta Yoga
Until 11:49AM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Purvashadha* Until 11:49AM
Indra Until 12:02AM Sat
Taitila Until 10:34PM
Prathama* Until 9:16AM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:34AM
Sunset: 5:48PM

Lusaka, Zambia
Sutra 75
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Saturday, June 30, 2018

Makara Rasi: 5.35 Tithi 17 – 18

381242361

Gulika 6:34AM – 7:58AM
Yama 1:35PM – 2:59PM
Rahu 9:22AM – 10:47AM

Routine Work Marana Yoga
Until 2:47PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Uttarashadha Until 2:47PM
Vaidhriti* Until 1:09AM Sun
Vanija Until 1:10AM Sun
Dvitiya Until 11:51AM

Ganesha: Blue
Muruqa: Clear
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:34AM
Sunset: 5:48PM

Lusaka, Zambia
Sun 1 Sutra 76
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2

Sunday, July 1, 2018

Makara Rasi: 17.22 Tithi 18 – 19

391242361

Gulika 3:00PM – 4:24PM
Yama 12:11PM – 1:35PM
Rahu 4:24PM – 5:48PM

Creative Work Amrita Yoga
Until 6:06PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturchayam Titau

Shravana Until 6:06PM
Vishkambha* Until 2:14AM Mon
Bava Until 3:43AM Mon
Tritiya Until 2:26PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:34AM
Sunset: 5:48PM

Lusaka, Zambia
Sun 2 Sutra 77
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Devaloka Day

3

Monday, July 2, 2018

Makara Rasi: 29.11 Tithi 19 – 20

391242361

Family Home Evening

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:36PM – 3:00PM
Yama 10:47AM – 12:11PM
Rahu 7:58AM – 9:23AM

Dhanishtha Until 9:05PM
Priti Until 3:10AM Tue
Kaulava Until 6:01AM Tue
Chaturthi* Until 4:53PM

Ganesha: Red
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:34AM
Sunset: 5:48PM

Lusaka, Zambia
Sun 3 Sutra 78
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Devaloka Day

4

Tuesday, July 3, 2018

Kumbha Rasi: 11.05 Tithi 20

392242361

Gulika 12:11PM – 1:36PM
Yama 9:23AM – 10:47AM
Rahu 3:00PM – 4:24PM

Routine Work Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Shatabhishak Until 11:34PM
Ayushman Until 3:46AM Wed
Kaulava Until 6:01AM
Panchami Until 7:00PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:34AM
Sunset: 5:49PM

Lusaka, Zambia
Sun 4 Sutra 79
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Devaloka Day

5

Wednesday, July 4, 2018

Kumbha Rasi: 23.1 Tithi 21

312242361

Gulika 10:47AM – 12:12PM
Yama 7:59AM – 9:23AM
Rahu 12:12PM – 1:36PM

Creative Work Amrita Yoga
Until 1:53AM Thu
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Purvaproshtapada* Until 1:53AM Thu
Saubhagya Until 3:58AM Thu
Gara Until 7:55AM
Shashthi* Until 8:38PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:34AM
Sunset: 5:49PM

Lusaka, Zambia
Sun 5 Sutra 80
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Devaloka Day

6

Thursday, July 5, 2018

Meena Rasi: 5.27 Tithi 22

312242361

Gulika 9:23AM – 10:47AM
Yama 6:34AM – 7:59AM
Rahu 1:36PM – 3:01PM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Uttaraproshtapada Until 3:23AM Fri
Sobhana Until 3:39AM Fri
Visti Until 9:15AM
Saptami Until 9:38PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:34AM
Sunset: 5:49PM

Lusaka, Zambia
Sun 6 Sutra 81
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Devaloka Day

Retreat Star

Friday, July 6, 2018

Meena Rasi: 18.02 Tithi 23

312242361

Gulika 7:59AM – 9:23AM
Yama 3:01PM – 4:25PM
Rahu 10:48AM – 12:12PM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Revati Until 3:59AM Sat
Athiganda* Until 2:43AM Sat
Balava Until 9:53AM
Ashtami* Until 9:54PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:34AM
Sunset: 5:50PM

Lusaka, Zambia
Sun 7 Sutra 82
Vilamba 5120
Moon 6 - Phase 11
Ashtami

Devaloka Day

Saturday, July 7, 2018

Retreat Star

Mesha Rasi: 1 Tithi 24

422242361

Gulika 6:34AM – 7:59AM
Yama 1:37PM – 3:01PM
Rahu 9:23AM – 10:48AM

Creative Work Siddha Yoga
Until 4:07AM Sun
Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Ashvini Until 4:07AM Sun
Sukarma Until 1:09AM Sun
Taitila Until 9:44AM
Navami* Until 9:21PM

Ganesha: Orange
Muruqa: Clear
Nataraja: White
Moon – White
Jyeshtha-Ani

Sunrise: 6:34AM
Sunset: 5:50PM

Lusaka, Zambia
Sun 8 Sutra 83
Vilamba 5120
Moon 6 - Phase 11
Navami

Devaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 9 Sutra 84 Vilamba 5120
Mesha Rasi: 14.23	Tithi 25	Gulika 3:01PM – 4:26PM	Bharani Until 3:18AM Mon	Ganesha: Orange <i>Sunrise:</i> 6:34AM
		Yama 12:12PM – 1:37PM	Dhriti Until 10:58PM	Muruqa: Clear <i>Sunset:</i> 5:50PM
	422242361	Rahu 4:26PM – 5:50PM	Vanija Until 8:48AM	Nataraja: White
Routine Work	Prabalarishta Yoga		Dashami Until 8:01PM	Moon – White
Until 3:18AM Mon				Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Ani

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Kritika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 10 Sutra 85 Vilamba 5120
Mesha Rasi: 28.14	Tithi 26 – 27	Gulika 1:37PM – 3:01PM	Krittika Until 1:40AM Tue	Ganesha: Orange <i>Sunrise:</i> 6:34AM
Family Home Evening		Yama 10:48AM – 12:12PM	Shula* Until 8:10PM	Muruqa: Clear <i>Sunset:</i> 5:51PM
Routine Work	Marana Yoga	Rahu 7:59AM – 9:23AM	Bava Until 7:05AM	Nataraja: White
Until 1:40AM Tue			Ekadashi* Until 5:57PM	Moon – White
Then Creative Work - Amrita Yoga				Devaloka Day
				Jyeshtha-Ani

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda*Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 86 Vilamba 5120
Vrishabha Rasi: 12.31	Tithi 27 – 28	Gulika 12:13PM – 1:37PM	Rohini Until 11:44PM	Ganesha: Light Blue <i>Sunrise:</i> 6:34AM
		Yama 9:24AM – 10:48AM	Ganda* Until 4:52PM	Muruqa: Clear <i>Sunset:</i> 5:51PM
	432242361	Rahu 3:02PM – 4:26PM	Gara Until 1:44AM Wed	Nataraja: White
Creative Work	Amrita Yoga		Dvadashi* Until 3:15PM	Moon – Yellow
Until 11:44PM				Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 12:PM to 3:PM
			<i>Pradosha Vrata (Fasting)</i>	

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 87 Vilamba 5120
Vrishabha Rasi: 27.11	Tithi 28 – 29	Gulika 10:48AM – 12:13PM	Mrigashira Until 9:12PM	Ganesha: Light Blue <i>Sunrise:</i> 6:34AM
		Yama 7:59AM – 9:24AM	Vridhi Until 1:11PM	Muruqa: Clear <i>Sunset:</i> 5:51PM
	432242361	Rahu 12:13PM – 1:37PM	Visti Until 10:22PM	Nataraja: White
Creative Work	Siddha Yoga		Trayodashi* Until 12:04PM	Moon – Yellow
				Bhuloka Day
				Devaloka Time: 12:PM to 3:PM
				Jyeshtha-Ani

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 88 Vilamba 5120
Retreat Star		Gulika 9:24AM – 10:48AM	Ardra Until 6:17PM	Ganesha: Light Blue <i>Sunrise:</i> 6:34AM
Mithuna Rasi: 12.1	Tithi 29 – 30	Yama 6:34AM – 7:59AM	Dhruva Until 9:12AM	Muruqa: Clear <i>Sunset:</i> 5:51PM
	432242361	Rahu 1:38PM – 3:02PM	Catuspada Until 6:43PM	Nataraja: White
Routine Work	Marana Yoga		Chaturdashi* Until 8:33AM	Moon – Yellow
Until 6:17PM				Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 12:PM to 3:PM
				Jyeshtha-Ani

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 89 Vilamba 5120
Retreat Star		Gulika 7:59AM – 9:24AM	Punarvasu Until 3:30PM	Ganesha: Purple <i>Sunrise:</i> 6:34AM
Mithuna Rasi: 27.19	Tithi 1	Yama 3:02PM – 4:27PM	Harshana Until 12:55AM Sat	Muruqa: Clear <i>Sunset:</i> 5:52PM
	442242361	Rahu 10:48AM – 12:13PM	Kintughna Until 2:58PM	Nataraja: White
Creative Work	Siddha Yoga		Prathama* Until 1:05AM Sat	Moon – Blue
Until 3:30PM				Bhuloka Day
Then Routine Work - Marana Yoga		Partial Solar Eclipse		Devaloka Time: 12:PM to 3:PM
				Ashada-Ani

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Lusaka, Zambia Sun 15 Sutra 90	
Kataka Rasi: 12.29	Tithi 2	Gulika 6:34AM – 7:59AM	Pushya Until 12:38PM	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	Vilamba 5120		
		Yama 1:38PM – 3:03PM	Vajra* Until 8:51PM	Muruqa: Clear	<i>Sunset:</i> 5:52PM	Moon 6 - Phase 13		
		442242361 Rahu 9:24AM – 10:48AM	Balava Until 11:16AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Dvitiya Until 9:28PM	Moon – Blue		Bhuloka Day		
Until 12:38PM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

2		Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau			Lusaka, Zambia Sun 16 Sutra 91	
Kataka Rasi: 27.31	Tithi 3	Gulika 3:03PM – 4:28PM	Ashlesha* Until 9:51AM	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	Vilamba 5120		
		Yama 12:13PM – 1:38PM	Siddhi Until 5:02PM	Muruqa: Clear	<i>Sunset:</i> 5:52PM	Moon 6 - Phase 13		
		442242361 Rahu 4:28PM – 5:52PM	Taitila Until 7:46AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Tritiya Until 6:07PM	Moon – Blue		Bhuloka Day		
Until 9:51AM				Ashada*Ani		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

3		Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau			Lusaka, Zambia Sun 17 Sutra 92	
Simha Rasi: 12.17	Tithi 4 – 5	Gulika 1:38PM – 3:03PM	Magha* Until 7:43AM	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	Vilamba 5120		
Family Home Evening		Yama 10:49AM – 12:13PM	Vyatipata* Until 1:34PM	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13		
		453242361 Rahu 7:59AM – 9:24AM	Bava Until 1:57AM Tue	Nataraja: White		3rd Phase		
Routine Work	Marana Yoga		Chaturthi* Until 3:12PM	Moon – Red		Bhuloka Day		
Until 7:43AM				Ashada*Adi		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga								

4		Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Lusaka, Zambia Sun 18 Sutra 93	
Simha Rasi: 26.41	Tithi 5 – 6	Gulika 12:13PM – 1:38PM	Uttaraphalguni Until 4:39AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	Vilamba 5120		
		Yama 9:24AM – 10:49AM	Varyan Until 10:31AM	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13		
		453242362 Rahu 3:03PM – 4:28PM	Kaulava Until 11:53PM	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga		Panchami Until 12:49PM	Moon – Red		Devaloka Day		
Until 4:39AM Wed				Ashada*Adi				
Then Routine Work - Marana Yoga								

5		Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Lusaka, Zambia Sun 19 Sutra 94	
Kanya Rasi: 10.41	Tithi 6 – 7	Gulika 10:49AM – 12:14PM	Hasta Until 4:20AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Vilamba 5120		
		Yama 7:59AM – 9:24AM	Parigha* Until 8:01AM	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13		
		463242362 Rahu 12:14PM – 1:38PM	Gara Until 10:31PM	Nataraja: Clear		3rd Phase		
Routine Work	Marana Yoga		Shashthi* Until 11:06AM	Moon – Green		Sivaloka Day		
Until 4:20AM Thu				Ashada*Adi				
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau			Lusaka, Zambia Sun 20 Sutra 95	
Kanya Rasi: 24.15	Tithi 7 – 8	Gulika 9:24AM – 10:49AM	Chitra Until 4:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Vilamba 5120		
		Yama 6:34AM – 7:59AM	Shiva Until 6:06AM	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Moon 6 - Phase 13		
		463242362 Rahu 1:39PM – 3:04PM	Visti Until 9:52PM	Nataraja: Clear		Ashtami		
Creative Work	Siddha Yoga		Saptami Until 10:05AM	Moon – Green		Sivaloka Day		
				Ashada*Adi				

Retreat Star		Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Lusaka, Zambia Sun 21 Sutra 96	
Tula Rasi: 7.25	Tithi 8 – 9	Gulika 7:59AM – 9:24AM	Svati Until 5:26AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Vilamba 5120		
		Yama 3:04PM – 4:29PM	Sadhya Until 3:58AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:54PM	Moon 6 - Phase 13		
		463242362 Rahu 10:49AM – 12:14PM	Balava Until 9:57PM	Nataraja: Clear		Navami		
Creative Work	Siddha Yoga		Ashtami* Until 9:48AM	Moon – Green		Sivaloka Day		
				Ashada*Adi				

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 22 Sutra 97 Vilamba 5120
	Tula Rasi: 20.13	Tithi 9 – 10	Gulika 6:33AM – 7:58AM Yama 1:39PM – 3:04PM Rahu 9:24AM – 10:49AM	Vishakha Until 7:12AM Sun Subha Until 3:44AM Sun Taitila Until 10:42PM Navami* Until 10:13AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:33AM Sunset: 5:54PM	Moon 6 - Phase 14 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 7:12AM Sun Then Routine Work - Marana Yoga							


2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 23 Sutra 98 Vilamba 5120
	Vrischika Rasi: 2.43	Tithi 10 – 11	Gulika 3:04PM – 4:29PM Yama 12:14PM – 1:39PM Rahu 4:29PM – 5:54PM	Vishakha Until 7:12AM Sukla Until 3:54AM Mon Vanija Until 12:02AM Mon Dashami Until 11:17AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:33AM Sunset: 5:54PM	Moon 6 - Phase 14 4th Phase Devaloka Day
Routine Work Marana Yoga							


3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 24 Sutra 99 Vilamba 5120
	Vrischika Rasi: 14.58	Tithi 11 – 12	Gulika 1:39PM – 3:04PM Yama 10:49AM – 12:14PM Rahu 7:58AM – 9:23AM	Anuradha Until 9:20AM Brahma Until 4:26AM Tue Bava Until 1:52AM Tue Ekadashi Until 12:52PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:33AM Sunset: 5:55PM	Moon 6 - Phase 14 4th Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga							

4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 25 Sutra 100 Vilamba 5120
	Vrischika Rasi: 27.02	Tithi 12 – 13	Gulika 12:14PM – 1:39PM Yama 9:23AM – 10:49AM Rahu 3:04PM – 4:30PM	Jyeshtha* Until 11:45AM Indra Until 5:16AM Wed Kaulava Until 4:03AM Wed Dvadashi Until 2:54PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Orange	Sunrise: 6:33AM Sunset: 5:55PM	Moon 6 - Phase 14 4th Phase Devaloka Day
Routine Work Marana Yoga Until 11:45AM Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 26 Sutra 101 Vilamba 5120
	Dhanus Rasi: 8.58	Tithi 13 – 14	Gulika 10:49AM – 12:14PM Yama 7:58AM – 9:23AM Rahu 12:14PM – 1:39PM	Mula* Until 2:48PM Vaidhriti* Until 6:15AM Thu Gara Until 6:30AM Thu Trayodashi Until 5:14PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:33AM Sunset: 5:55PM	Moon 6 - Phase 14 4th Phase Sivaloka Day
Routine Work Marana Yoga Until 2:48PM Then Creative Work - Amrita Yoga							

6	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 102 Vilamba 5120
	Dhanus Rasi: 20.49	Tithi 14	Gulika 9:23AM – 10:48AM Yama 6:32AM – 7:58AM Rahu 1:39PM – 3:05PM	Purvashadha* Until 5:53PM Vaidhriti* Until 6:15AM Gara Until 6:30AM Chaturdashi* Until 7:46PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:32AM Sunset: 5:55PM	Moon 6 - Phase 14 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 5:53PM Then Routine Work - Marana Yoga							

	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sutra 103 Vilamba 5120
	Makara Rasi: 2.37	Tithi 15	Gulika 7:58AM – 9:23AM Yama 3:05PM – 4:30PM Rahu 10:48AM – 12:14PM	Uttarashadha Until 8:52PM Vishkambha* Until 7:21AM Visti Until 9:05AM Purnima* Until 10:21PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:32AM Sunset: 5:56PM	Moon 6 - Phase 14 Purnima Sivaloka Day
Routine Work Marana Yoga			Total Lunar Eclipse Satguru Purnima				

	Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sutra 104 Vilamba 5120
	Makara Rasi: 14.24	Tithi 16	Gulika 6:32AM – 7:57AM Yama 1:39PM – 3:05PM Rahu 9:23AM – 10:48AM	Shravana Until 12:08AM Sun Priti Until 8:29AM Balava Until 11:39AM Prathama* Until 12:53AM Sun	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:32AM Sunset: 5:56PM	Moon 6 - Phase 14 Prathama Devaloka Day
Creative Work Siddha Yoga Until 12:08AM Sun Then Routine Work - Marana Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvilyayam Titau

Lusaka, Zambia
Sun 1 Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 26.13 Tithi 17
493342362
Rahu
Routine Work Marana Yoga
Until 3:03AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:05PM - 4:31PM
Yama 12:14PM - 1:39PM
Rahu 4:31PM - 5:56PM

Dhanishtha Until 3:03AM Mon
Ayushman Until 9:29AM
Taitila Until 2:06PM
Dvitiya Until 3:14AM Mon

Ganesha: Blue Sunrise: 6:31AM
Muruga: Clear Sunset: 5:56PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trilyayam Titau

Lusaka, Zambia
Sun 2 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 8.07 Tithi 18
494342362
Rahu
Family Home Evening
Creative Work Siddha Yoga
Until 5:32AM Tue
Then Routine Work - Marana Yoga

Gulika 1:39PM - 3:05PM
Yama 10:48AM - 12:14PM
Rahu 7:57AM - 9:22AM

Shatabhishak Until 5:32AM Tue
Saubhagya Until 10:20AM
Vanija Until 4:19PM
Tritiya Until 5:17AM Tue

Ganesha: Blue Sunrise: 6:31AM
Muruga: Clear Sunset: 5:56PM
Nataraja: Clear
Moon - Purple
Ashada-Adi

Devaloka Day

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Bava Karana Chaturtham Titau

Lusaka, Zambia
Sun 3 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 20.08 Tithi 19
414342362
Rahu
Routine Work Marana Yoga
Until 7:57AM Wed
Then Creative Work - Siddha Yoga

Gulika 12:14PM - 1:40PM
Yama 9:22AM - 10:48AM
Rahu 3:05PM - 4:31PM

Purvaprossthapada* Until 7:57AM Wed
Sobhana Until 10:58AM
Bava Until 6:11PM
Chaturthi* Until 6:56AM Wed

Ganesha: White Sunrise: 6:31AM
Muruga: Clear Sunset: 5:57PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sun 4 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 2.19 Tithi 19 - 20
414342362
Rahu
Creative Work Amrita Yoga
Until 7:57AM
Then Creative Work - Siddha Yoga

Gulika 10:48AM - 12:14PM
Yama 7:56AM - 9:22AM
Rahu 12:14PM - 1:40PM

Purvaprossthapada* Until 7:57AM
Athiganda* Until 11:14AM
Kaulava Until 7:36PM
Chaturthi* Until 6:56AM

Ganesha: White Sunrise: 6:30AM
Muruga: Clear Sunset: 5:57PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada*/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Lusaka, Zambia
Sun 5 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 14.43 Tithi 20 - 21
414342362
Rahu
Creative Work Siddha Yoga

Gulika 9:22AM - 10:48AM
Yama 6:30AM - 7:56AM
Rahu 1:40PM - 3:05PM

Uttaraprossthapada Until 9:43AM
Sukarma Until 11:07AM
Gara Until 8:29PM
Panchami Until 8:06AM

Ganesha: White Sunrise: 6:30AM
Muruga: Clear Sunset: 5:57PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Lusaka, Zambia
Sun 6 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 27.22 Tithi 21 - 22
414342362
Rahu
Creative Work Siddha Yoga
Until 10:46AM
Then Creative Work - Amrita Yoga

Gulika 7:56AM - 9:22AM
Yama 3:05PM - 4:31PM
Rahu 10:48AM - 12:14PM

Revati Until 10:46AM
Dhriti Until 10:34AM
Visti Until 8:45PM
Shashthi* Until 8:41AM

Ganesha: White Sunrise: 6:30AM
Muruga: Clear Sunset: 5:57PM
Nataraja: Clear
Moon - Clear
Ashada-Adi

Devaloka Day

Retreat Star

Saturday, August 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Lusaka, Zambia
Sun 7 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 10.19 Tithi 22 - 23
424342362
Rahu
Creative Work Siddha Yoga

Gulika 6:29AM - 7:55AM
Yama 1:40PM - 3:06PM
Rahu 9:21AM - 10:47AM

Ashvini Until 11:30AM
Shula* Until 9:28AM
Balava Until 8:21PM
Saptami Until 8:37AM

Ganesha: Clear Sunrise: 6:29AM
Muruga: Clear Sunset: 5:58PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia
Sun 8 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 23.37 Tithi 23 - 24
424342362
Rahu
Routine Work Prabalarishta Yoga
Until 11:24AM
Then Creative Work - Siddha Yoga

Gulika 3:06PM - 4:32PM
Yama 12:13PM - 1:40PM
Rahu 4:32PM - 5:58PM

Bharani Until 11:24AM
Ganda* Until 7:50AM
Taitila Until 7:16PM
Ashtami* Until 7:53AM

Ganesha: Clear Sunrise: 6:29AM
Muruga: Clear Sunset: 5:58PM
Nataraja: Clear
Moon - White
Ashada-Adi

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vishti* Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 9 Sutra 113 Vilamba 5120
1		Gulika 1:39PM – 3:06PM	Krittika Until 10:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	
Vrishabha Rasi: 7.18	Tithi 24 – 25	Yama 10:47AM – 12:13PM	Dhruva Until 2:57AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:58PM	Moon 7 - Phase 16
Family Home Evening	424342362	Rahu 7:55AM – 9:21AM	Visti Until 4:24AM Tue	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Navami* Until 6:28AM	Moon – White		Sivaloka Day
Until 10:29AM				Ashada-Adi		
Then Creative Work - Amrita Yoga						

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 10 Sutra 114 Vilamba 5120
2		Gulika 12:13PM – 1:39PM	Rohini Until 9:13AM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	
Vrishabha Rasi: 21.24	Tithi 26	Yama 9:21AM – 10:47AM	Vyaghata* Until 11:47PM	Muruqa: Clear	<i>Sunset:</i> 5:58PM	Moon 7 - Phase 16
434342362		Rahu 3:06PM – 4:32PM	Bava Until 3:10PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Ekadashi* Until 1:46AM Wed	Moon – Yellow		Devaloka Day
Until 9:13AM				Ashada-Adi		
Then Creative Work - Siddha Yoga						

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Tailita Karana Dvadashyam Titau				Lusaka, Zambia Sun 11 Sutra 115 Vilamba 5120
3		Gulika 10:47AM – 12:13PM	Mrigashira Until 7:16AM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	
Mithuna Rasi: 5.53	Tithi 27	Yama 7:54AM – 9:20AM	Harshana Until 8:13PM	Muruqa: Clear	<i>Sunset:</i> 5:58PM	Moon 7 - Phase 16
434342362		Rahu 12:13PM – 1:39PM	Kaulava Until 12:17PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 10:40PM	Moon – Yellow		Devaloka Day
				Ashada-Adi		

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia Sun 12 Sutra 116 Vilamba 5120
4		Gulika 9:20AM – 10:46AM	Punarvasu Until 2:12AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM	
Mithuna Rasi: 20.41	Tithi 28	Yama 6:27AM – 7:54AM	Vajra* Until 4:21PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 7 - Phase 16
444342362		Rahu 1:39PM – 3:06PM	Gara Until 9:00AM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga			Trayodashi* Until 7:14PM	Moon – Blue		Devaloka Day
Until 2:12AM Fri				Ashada-Adi		
Then Routine Work - Marana Yoga						
						<i>Pradosha Vrata (Fasting)</i>

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 117 Vilamba 5120
5		Gulika 7:53AM – 9:20AM	Pushya Until 11:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM	
Kataka Rasi: 5.43	Tithi 29 – 30	Yama 3:06PM – 4:32PM	Siddhi Until 12:18PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 7 - Phase 16
444342362		Rahu 10:46AM – 12:13PM	Catuspada Until 1:48AM Sat	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga			Chaturdashi* Until 3:37PM	Moon – Blue		Devaloka Day
				Ashada-Adi		

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia Sun 14 Sutra 118 Vilamba 5120
Retreat Star		Gulika 6:26AM – 7:53AM	Ashlesha* Until 8:25PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:26AM	
Kataka Rasi: 20.5	Tithi 30 – 1	Yama 1:39PM – 3:06PM	Vyatipata* Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 7 - Phase 16
444342362		Rahu 9:19AM – 10:46AM	Kintughna Until 10:10PM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga			Amavasya* Until 11:57AM	Moon – Blue		Devaloka Day
Until 8:25PM				Ashada-Adi		
Then Creative Work - Amrita Yoga						
						Partial Solar Eclipse

Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 15 Sutra 119 Vilamba 5120
Retreat Star		Gulika 3:06PM – 4:33PM	Magha* Until 5:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	
Simha Rasi: 5.54	Tithi 1 – 2	Yama 12:12PM – 1:39PM	Parigha* Until 12:19AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Moon 7 - Phase 16
455342362		Rahu 4:33PM – 5:59PM	Balava Until 6:44PM	Nataraja: Clear		Prathama
Routine Work Marana Yoga			Prathama* Until 8:24AM	Moon – Red		Sivaloka Day
Until 5:56PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1		Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Gara Karana Trilayam Titau				Lusaka, Zambia Sun 16 Sutra 120 Vilamba 5120	
Simha Rasi: 20.46	Tithi 3	Gulika	1:39PM – 3:06PM	Purvaphalguni Until 3:38PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM			
Family Home Evening	455342362	Yama	10:46AM – 12:12PM	Shiva Until 8:49PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM		Moon 7 - Phase 17	3rd Phase
Creative Work	Siddha Yoga	Rahu	7:52AM – 9:19AM	Taitila Until 3:39PM	Nataraja: Clear				
				Tritiya Until 2:16AM Tue	Moon – Red			Sivaloka Day	
					Sravana-Adi				

2		Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Chaturtham Titau				Lusaka, Zambia Sun 17 Sutra 121 Vilamba 5120	
Kanya Rasi: 5.19	Tithi 4	Gulika	12:12PM – 1:39PM	Uttaraphalguni Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM			
	455342362	Yama	9:18AM – 10:45AM	Siddha Until 5:44PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 7 - Phase 17	3rd Phase
Creative Work	Amrita Yoga	Rahu	3:06PM – 4:33PM	Vanija Until 1:03PM	Nataraja: Clear				
Until 1:42PM				Chaturthi* Until 11:58PM	Moon – Red			Sivaloka Day	
Then Creative Work - Siddha Yoga					Sravana-Adi				

3		Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 18 Sutra 122 Vilamba 5120	
Kanya Rasi: 19.28	Tithi 5	Gulika	10:45AM – 12:12PM	Hasta Until 12:42PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM			
	465342362	Yama	7:51AM – 9:18AM	Sadhya Until 3:12PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 7 - Phase 17	3rd Phase
Routine Work	Marana Yoga	Rahu	12:12PM – 1:39PM	Bava Until 11:05AM	Nataraja: Clear				
Until 12:42PM				Panchami Until 10:22PM	Moon – Green			Subha Sivaloka Day	
Then Creative Work - Siddha Yoga		Nag Panchami			Sravana-Adi				

4		Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashtham Titau				Lusaka, Zambia Sun 19 Sutra 123 Vilamba 5120	
Tula Rasi: 3.09	Tithi 6	Gulika	9:18AM – 10:45AM	Chitra Until 12:17PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM			
	465342362	Yama	6:24AM – 7:51AM	Subha Until 1:17PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 7 - Phase 17	3rd Phase
Creative Work	Siddha Yoga	Rahu	1:39PM – 3:06PM	Kaulava Until 9:52AM	Nataraja: Clear				
Until 12:17PM				Shashthi* Until 9:32PM	Moon – Green			Subha Sivaloka Day	
Then Creative Work - Amrita Yoga					Sravana-Adi				

5		Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saplamyam Titau				Lusaka, Zambia Sun 20 Sutra 124 Vilamba 5120	
Tula Rasi: 16.23	Tithi 7	Gulika	7:50AM – 9:17AM	Svati Until 12:30PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM			
	565342362	Yama	3:06PM – 4:33PM	Sukla Until 12:00PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 7 - Phase 17	3rd Phase
Creative Work	Siddha Yoga	Rahu	10:44AM – 12:12PM	Gara Until 9:26AM	Nataraja: Clear				
				Saptami Until 9:31PM	Moon – Green			Sivaloka Day	
					Sravana-Avani				

Retreat Star		Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 21 Sutra 125 Vilamba 5120	
Tula Rasi: 29.13	Tithi 8	Gulika	6:22AM – 7:50AM	Vishakha Until 1:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM			
	575342362	Yama	1:39PM – 3:06PM	Brahma Until 11:21AM	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 7 - Phase 17	Ashtami
Creative Work	Siddha Yoga	Rahu	9:17AM – 10:44AM	Visti Until 9:50AM	Nataraja: Clear				
				Ashtami* Until 10:17PM	Moon – Orange			Subha Sivaloka Day	
					Sravana-Avani				

Retreat Star		Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 126 Vilamba 5120	
Vrischika Rasi: 11.42	Tithi 9	Gulika	3:06PM – 4:33PM	Anuradha Until 3:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM			
	575442362	Yama	12:11PM – 1:38PM	Indra Until 11:18AM	Muruqa: Clear	<i>Sunset:</i> 6:00PM		Moon 7 - Phase 17	Navami
Routine Work	Marana Yoga	Rahu	4:33PM – 6:00PM	Balava Until 10:58AM	Nataraja: Clear				
				Navami* Until 11:45PM	Moon – Orange			Sivaloka Day	
					Sravana-Avani				

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 127 Vilamba 5120
1	Vrischika Rasi: 23.53 Tithi 10	Gulika 1:38PM – 3:06PM	Jyeshtha* Until 6:00PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	
Family Home Evening	586442362	Yama 10:43AM – 12:11PM	Vaidhriti* Until 11:42AM	Muruqa: Clear	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 18
Creative Work Siddha Yoga		Rahu 7:49AM – 9:16AM	Taitila Until 12:44PM	Nataraja: Clear		4th Phase
			Dashami Until 1:47AM Tue	Moon – Orange		Sivaloka Day
				Sravana•Avani		

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 128 Vilamba 5120
2	Dhanus Rasi: 5.53 Tithi 11	Gulika 12:11PM – 1:38PM	Mula* Until 9:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	
	586442362	Yama 9:16AM – 10:43AM	Vishkambha* Until 12:29PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Creative Work Amrita Yoga		Rahu 3:06PM – 4:33PM	Vanija Until 2:58PM	Nataraja: Clear		4th Phase
Until 9:02PM			Ekadashi Until 4:11AM Wed	Moon – Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana•Avani		

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvodashyam Titau				Lusaka, Zambia Sun 25 Sutra 129 Vilamba 5120
3	Dhanus Rasi: 17.44 Tithi 12	Gulika 10:43AM – 12:10PM	Purvashadha* Until 12:08AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	
	586442362	Yama 7:48AM – 9:15AM	Priti Until 1:31PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Creative Work Amrita Yoga		Rahu 12:10PM – 1:38PM	Bava Until 5:29PM	Nataraja: Clear		4th Phase
Until 12:08AM Thu			Dvadashi Until 6:46AM Thu	Moon – Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga				Sravana•Avani		

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 130 Vilamba 5120
4	Dhanus Rasi: 29.32 Tithi 12 – 13	Gulika 9:15AM – 10:42AM	Uttarashadha Until 3:07AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	
	586442362	Yama 6:19AM – 7:47AM	Ayushman Until 2:35PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Routine Work Marana Yoga		Rahu 1:38PM – 3:05PM	Kaulava Until 8:06PM	Nataraja: Clear		4th Phase
			Dvadashi Until 6:46AM	Moon – Light Blue		Sivaloka Day
				Sravana•Avani		

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 131 Vilamba 5120
5	Makara Rasi: 11.2 Tithi 13 – 14	Gulika 7:46AM – 9:14AM	Shravana Until 6:19AM Sat	Ganesha: White	<i>Sunrise:</i> 6:19AM	
	586442362	Yama 3:05PM – 4:33PM	Saubhagya Until 3:39PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Routine Work Marana Yoga		Rahu 10:42AM – 12:10PM	Gara Until 10:38PM	Nataraja: Clear		4th Phase
Until 6:19AM Sat			Trayodashi Until 9:22AM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Sravana•Avani		

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashil/Purnimayam Titau				Lusaka, Zambia Sutra 132 Vilamba 5120
○	Makara Rasi: 23.1 Tithi 14 – 15	Gulika 6:18AM – 7:46AM	Shravana Until 6:19AM	Ganesha: White	<i>Sunrise:</i> 6:18AM	
	586442362	Yama 1:37PM – 3:05PM	Sobhana Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Creative Work Siddha Yoga		Rahu 9:14AM – 10:42AM	Visti Until 12:58AM Sun	Nataraja: Clear		Purnima
		Avani Avittam	Chaturdashi* Until 11:49AM	Moon – Purple		Subha Sivaloka Day
				Sravana•Avani		

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 133 Vilamba 5120
○	Kumbha Rasi: 5.06 Tithi 15 – 16	Gulika 3:05PM – 4:33PM	Dhanishtha Until 9:07AM	Ganesha: White	<i>Sunrise:</i> 6:17AM	
	586442362	Yama 12:09PM – 1:37PM	Athiganda* Until 5:17PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 18
Routine Work Marana Yoga		Rahu 4:33PM – 6:01PM	Balava Until 2:58AM Mon	Nataraja: Clear		Prathama
Until 9:07AM			Purnima* Until 1:59PM	Moon – Purple		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana•Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018
Gold Retreat Star

Kumbha Rasi: 17.1 Tithi 16 – 17
Family Home Evening
Creative Work Siddha Yoga
Until 11:25AM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau
Gulika 1:37PM – 3:05PM
Yama 10:41AM – 12:09PM
Rahu 7:45AM – 9:13AM

Shatabhishak Until 11:25AM
Sukarma Until 5:43PM
Taitila Until 4:35AM Tue
Prathama* Until 3:48PM

Lusaka, Zambia
Sutra 134
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Subha Sivaloka Day

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 6:01PM
Nataraja: Clear
Moon – Purple
Sravana-Avani

1

Tuesday, August 28, 2018

Kumbha Rasi: 29.23 Tithi 17 – 18
517452363
Routine Work Marana Yoga
Until 1:39PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 12:09PM – 1:37PM
Yama 9:12AM – 10:41AM
Rahu 3:05PM – 4:33PM

Purvaproshtapada* Until 1:39PM
Dhriti Until 5:50PM
Vanija Until 5:46AM Wed
Dvitiya Until 5:12PM

Lusaka, Zambia
Sun 1 Sutra 135
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Purple *Sunset:* 6:01PM
Nataraja: Purple
Moon – Clear
Sravana-Avani

2

Wednesday, August 29, 2018

Meena Rasi: 11.47 Tithi 18
517452363
Creative Work Siddha Yoga
Until 3:18PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula*/Ganda* Yoga Visti* Karana Tritiyayam Titau
Gulika 10:40AM – 12:08PM
Yama 7:44AM – 9:12AM
Rahu 12:08PM – 1:37PM

Uttaraproshtapada Until 3:18PM
Shula* Until 5:34PM
Visti Until 6:10PM
Tritiya Until 6:10PM

Lusaka, Zambia
Sun 2 Sutra 136
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Ganesha: Clear *Sunrise:* 6:15AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Purple
Moon – Clear
Sravana-Avani

3

Thursday, August 30, 2018

Meena Rasi: 24.24 Tithi 19
517452363
Creative Work Siddha Yoga
Until 4:21PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 9:11AM – 10:40AM
Yama 6:15AM – 7:43AM
Rahu 1:37PM – 3:05PM

Revati Until 4:21PM
Ganda* Until 4:58PM
Bava Until 6:30AM
Chaturthi* Until 6:41PM

Lusaka, Zambia
Sun 3 Sutra 137
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Ganesha: Clear *Sunrise:* 6:15AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Purple
Moon – Clear
Sravana-Avani

4

Friday, August 31, 2018

Mesha Rasi: 7.13 Tithi 20
527452363
Creative Work Amrita Yoga
Until 5:16PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 7:42AM – 9:11AM
Yama 3:05PM – 4:33PM
Rahu 10:39AM – 12:08PM

Ashvini Until 5:16PM
Vridhhi Until 4:01PM
Kaulava Until 6:47AM
Panchami Until 6:43PM

Lusaka, Zambia
Sun 4 Sutra 138
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day

Ganesha: Purple *Sunrise:* 6:14AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Purple
Moon – White
Sravana-Avani

5

Saturday, September 1, 2018

Mesha Rasi: 20.17 Tithi 21
527452363
Creative Work Siddha Yoga
Until 5:32PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 6:13AM – 7:42AM
Yama 1:36PM – 3:05PM
Rahu 9:10AM – 10:39AM

Bharani Until 5:32PM
Dhruva Until 2:40PM
Gara Until 6:35AM
Shashthi* Until 6:17PM

Lusaka, Zambia
Sun 5 Sutra 139
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day

Ganesha: Purple *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Purple
Moon – White
Sravana-Avani

6

Sunday, September 2, 2018

Virshabha Rasi: 3.37 Tithi 22 – 23
527452363
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 3:05PM – 4:33PM
Yama 12:07PM – 1:36PM
Rahu 4:33PM – 6:02PM

Krittika Until 5:11PM
Vyaghata* Until 12:55PM
Balava Until 4:41AM Mon
Saptami Until 5:20PM

Lusaka, Zambia
Sun 6 Sutra 140
Vilamba 5120
Moon 8 - Phase 19
1st Phase
Bhuloka Day

Ganesha: Purple *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Purple
Moon – White
Sravana-Avani



Monday, September 3, 2018

Retreat Star

Virshabha Rasi: 17.13 Tithi 23 – 24
537452363
Family Home Evening
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 1:36PM – 3:04PM
Yama 10:38AM – 12:07PM
Rahu 7:41AM – 9:09AM

Krishna Janmashtami

Rohini Until 4:36PM
Harshana Until 10:47AM
Taitila Until 3:00AM Tue
Ashtami* Until 3:53PM

Lusaka, Zambia
Sun 7 Sutra 141
Vilamba 5120
Moon 8 - Phase 19
Ashtami
Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Ganesha: Clear *Sunrise:* 6:12AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Tuesday, September 4, 2018

Retreat Star

Mithuna Rasi: 1.07 Tithi 24 – 25
538452363
Creative Work Siddha Yoga
Until 3:24PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau
Gulika 12:07PM – 1:35PM
Yama 9:09AM – 10:38AM
Rahu 3:04PM – 4:33PM

Mrigashira Until 3:24PM
Vajra* Until 8:12AM
Vanija Until 12:49AM Wed
Navami* Until 1:57PM

Lusaka, Zambia
Sun 8 Sutra 142
Vilamba 5120
Moon 8 - Phase 19
Navami
Devaloka Day

Ganesha: White *Sunrise:* 6:11AM
Muruqa: Purple *Sunset:* 6:02PM
Nataraja: Purple
Moon – Yellow
Sravana-Avani

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Lusaka, Zambia Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.2	Tithi 25 – 26	Gulika 10:37AM – 12:06PM	Ardra Until 1:37PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
			Yama 7:39AM – 9:08AM	Vyatipata* Until 2:00AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 Rahu 12:06PM – 1:35PM	Bava Until 10:13PM	Nataraja: Purple		2nd Phase
			Dashami Until 11:33AM	Moon – Yellow		Devaloka Day	
				Sravana-Avani			

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Lusaka, Zambia Sun 10 Sutra 144 Vilamba 5120
	Mithuna Rasi: 29.5	Tithi 26 – 27	Gulika 9:08AM – 10:37AM	Punarvasu Until 11:43AM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM	
			Yama 6:10AM – 7:39AM	Variyan Until 10:27PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu 1:35PM – 3:04PM	Kaulava Until 7:17PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 8:46AM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 14.33	Tithi 28	Gulika 7:38AM – 9:07AM	Pushya Until 9:24AM	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM	
			Yama 3:04PM – 4:33PM	Parigha* Until 6:43PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 10:36AM – 12:06PM	Gara Until 4:07PM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 2:28AM Sat	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 146 Vilamba 5120
	Kataka Rasi: 29.24	Tithi 29	Gulika 6:08AM – 7:37AM	Ashlesha* Until 6:49AM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM	
			Yama 1:34PM – 3:04PM	Shiva Until 2:56PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu 9:07AM – 10:36AM	Visti Until 12:50PM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 11:11PM	Moon – Blue		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 147 Vilamba 5120
	Retreat Star		Gulika 3:04PM – 4:33PM	Purvaphalguni Until 2:08AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:07AM	
	Simha Rasi: 14.16	Tithi 30	Yama 12:05PM – 1:34PM	Siddha Until 11:09AM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 Rahu 4:33PM – 6:02PM	Catuspada Until 9:35AM	Nataraja: Purple		Amavasya
			Amavasya* Until 8:00PM	Moon – Red		Bhuloka Day	
				Sravana-Avani		Devaloka Time: 9:AM to12:PM	

Monday, September 10, 2018	Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.01	Tithi 1 – 2	Gulika 1:34PM – 3:03PM	Uttaraphalguni Until 11:58PM	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	
	Family Home Evening		Yama 10:35AM – 12:05PM	Sadhya Until 7:32AM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 Rahu 7:36AM – 9:06AM	Kintughna Until 6:31AM	Nataraja: Purple		Prathama
			Prathama* Until 5:04PM	Moon – Red		Bhuloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Lusaka, Zambia Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 13.31 Tithi 2 – 3	Gulika 12:04PM – 1:34PM Yama 9:05AM – 10:35AM Rahu 3:03PM – 4:33PM	Hasta Until 10:33PM Sukla Until 1:17AM Wed Taitila Until 1:31AM Wed Dvitiya Until 2:34PM
	569452363	Ganesha: Blue <i>Sunrise:</i> 6:05AM Muruqa: Purple <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Green	Bhuloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga		

2	Wednesday, September 12, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Lusaka, Zambia Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 27.41 Tithi 3 – 4	Gulika 10:34AM – 12:04PM Yama 7:35AM – 9:04AM Rahu 12:04PM – 1:34PM	Chitra Until 9:35PM Brahma Until 10:53PM Vanija Until 11:54PM Tritiya Until 12:37PM
	569452363	Ganesha: Blue <i>Sunrise:</i> 6:05AM Muruqa: Purple <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Green	Bhuloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga		

3	Thursday, September 13, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Lusaka, Zambia Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.25 Tithi 4 – 5	Gulika 9:04AM – 10:34AM Yama 6:04AM – 7:34AM Rahu 1:33PM – 3:03PM	Svati Until 9:12PM Indra Until 9:04PM Bava Until 11:02PM Chaturthi* Until 11:21AM
	569452363	Ganesha: Blue <i>Sunrise:</i> 6:04AM Muruqa: Purple <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Green	Bhuloka Day Bhadrapada-Avani
	Creative Work Amrita Yoga Until 9:12PM Then Creative Work - Siddha Yoga	Ganesha Chaturthi	

4	Friday, September 14, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Lusaka, Zambia Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 24.44 Tithi 5 – 6	Gulika 7:33AM – 9:03AM Yama 3:03PM – 4:33PM Rahu 10:33AM – 12:03PM	Vishakha Until 9:56PM Vaidhriti* Until 7:53PM Kaulava Until 10:59PM Panchami Until 10:53AM
	579552363	Ganesha: White <i>Sunrise:</i> 6:04AM Muruqa: Purple <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Orange	Devaloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga		

5	Saturday, September 15, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Lusaka, Zambia Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 7.37 Tithi 6 – 7	Gulika 6:03AM – 7:33AM Yama 1:33PM – 3:03PM Rahu 9:03AM – 10:33AM	Anuradha Until 11:18PM Vishkambha* Until 7:22PM Gara Until 11:46PM Shashthi* Until 11:15AM
	579552363	Ganesha: White <i>Sunrise:</i> 6:03AM Muruqa: Purple <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Orange	Devaloka Day Bhadrapada-Avani
	Creative Work Siddha Yoga		

☾	Sunday, September 16, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Lusaka, Zambia Sun 20 Sutra 154 Vilamba 5120
	Retreat Star Vrischika Rasi: 20.07 Tithi 7 – 8	Gulika 3:03PM – 4:33PM Yama 12:02PM – 1:33PM Rahu 4:33PM – 6:03PM	Jyeshtha* Until 1:14AM Mon Priti Until 7:27PM Visti Until 1:17AM Mon Saptami Until 12:25PM
	579552363	Ganesha: White <i>Sunrise:</i> 6:02AM Muruqa: Purple <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Orange	Devaloka Day Bhadrapada-Avani
	Routine Work Marana Yoga Until 1:14AM Mon Then Creative Work - Siddha Yoga		

☾	Monday, September 17, 2018	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Lusaka, Zambia Sun 21 Sutra 155 Vilamba 5120
	Retreat Star Dhanus Rasi: 2.18 Tithi 8 – 9	Gulika 1:32PM – 3:02PM Yama 10:32AM – 12:02PM Rahu 7:31AM – 9:02AM	Mula* Until 4:04AM Tue Ayushman Until 7:59PM Balava Until 3:24AM Tue Ashtami* Until 2:16PM
	589552363	Ganesha: Clear <i>Sunrise:</i> 6:01AM Muruqa: Purple <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Light Blue	Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 9:AM to 12:PM
	Creative Work Siddha Yoga		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lusaka, Zambia
	Dhanus Rasi: 14.17	Tithi 9 – 10	581552363	Gulika 12:02PM – 1:32PM Yama 9:01AM – 10:31AM Rahu 3:02PM – 4:33PM	Purvashadha* Until 7:06AM Wed Saubhagya Until 8:52PM Taitila Until 5:54AM Wed Navami* Until 4:36PM	Ganesha: Clear <i>Sunrise: 6:00AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Light Blue	Sun 22 Sutra 156 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Creative Work	Siddha Yoga				Bhuloka Day	
	Until 7:06AM Wed					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
	Then Creative Work - Amrita Yoga						

2	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Lusaka, Zambia
	Dhanus Rasi: 26.07	Tithi 10	581552363	Gulika 10:31AM – 12:01PM Yama 7:30AM – 9:00AM Rahu 12:01PM – 1:32PM	Purvashadha* Until 7:06AM Sobhana Until 9:56PM Gara Until 7:12PM Dashami Until 7:12PM	Ganesha: Clear <i>Sunrise: 6:00AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Light Blue	Sun 23 Sutra 157 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Creative Work	Amrita Yoga				Bhuloka Day	
	Until 7:06AM Wed					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
	Then Creative Work - Amrita Yoga						

3	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia
	Makara Rasi: 7.55	Tithi 11	581552363	Gulika 9:00AM – 10:30AM Yama 5:59AM – 7:29AM Rahu 1:32PM – 3:02PM	Uttarashadha Until 10:04AM Athiganda* Until 10:58PM Vanija Until 8:32AM Ekadashi Until 9:48PM	Ganesha: Clear <i>Sunrise: 5:59AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Light Blue	Sun 24 Sutra 158 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Routine Work	Marana Yoga				Bhuloka Day	
	Until 10:04AM					Bhadrapada-Puratasi	Devaloka Time: 9:AM to12:PM
	Then Creative Work - Siddha Yoga						

4	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia
	Makara Rasi: 19.43	Tithi 12	591552363	Gulika 7:29AM – 8:59AM Yama 3:02PM – 4:33PM Rahu 10:30AM – 12:01PM	Shravana Until 1:16PM Sukarma Until 11:51PM Bava Until 11:04AM Dvadashi Until 12:13AM Sat	Ganesha: Purple <i>Sunrise: 5:58AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Purple	Sun 25 Sutra 159 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Routine Work	Marana Yoga				Devaloka Day	
	Until 1:16PM					Bhadrapada-Puratasi	
	Then Creative Work - Siddha Yoga						

5	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia
	Kumbha Rasi: 1.38	Tithi 13	591552363	Gulika 5:57AM – 7:28AM Yama 1:31PM – 3:02PM Rahu 8:59AM – 10:30AM	Dhanishtha Until 4:01PM Dhriti Until 12:28AM Sun Kaulava Until 1:19PM Trayodashi Until 2:16AM Sun	Ganesha: Purple <i>Sunrise: 5:57AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Purple	Sun 26 Sutra 160 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Creative Work	Siddha Yoga				Devaloka Day	
	Until 4:01PM					Bhadrapada-Puratasi	
	Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>	

6	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shalabhishak Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia
	Kumbha Rasi: 13.43	Tithi 14	591552363	Gulika 3:02PM – 4:32PM Yama 12:00PM – 1:31PM Rahu 4:32PM – 6:03PM	Shatabhishak Until 6:11PM Shula* Until 12:42AM Mon Gara Until 3:09PM Chaturdashi* Until 3:51AM Mon	Ganesha: Purple <i>Sunrise: 5:57AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Purple	Sun 27 Sutra 161 Vilamba 5120 Moon 8 - Phase 22 4th Phase
	Creative Work	Siddha Yoga				Devaloka Day	
	Until 4:01PM					Bhadrapada-Puratasi	
	Then Creative Work - Amrita Yoga						
						Chidambaram Abhishekam	
						Kadaitswami Mahasamadhi	

○	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia
	Copper Retreat Star			Gulika 1:31PM – 3:01PM Yama 10:29AM – 12:00PM Rahu 7:27AM – 8:58AM	Purvaproshtapada* Until 8:11PM Ganda* Until 12:34AM Tue Visti Until 4:28PM Purnima* Until 4:55AM Tue	Ganesha: Purple <i>Sunrise: 5:56AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Clear	Sun 28 Sutra 162 Vilamba 5120 Moon 8 - Phase 22 Purnima
	Kumbha Rasi: 25.58	Tithi 15	511552363			Devaloka Day	
	Family Home Evening					Bhadrapada-Puratasi	
	Routine Work	Marana Yoga					
	Until 8:11PM						
	Then Creative Work - Siddha Yoga						

○	Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia
	Silver Retreat Star			Gulika 11:59AM – 1:30PM Yama 8:57AM – 10:28AM Rahu 3:01PM – 4:32PM	Uttaraproshtapada Until 9:31PM Vriddhi Until 12:02AM Wed Balava Until 5:16PM Prathama* Until 5:28AM Wed	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon – Clear	Sun 29 Sutra 163 Vilamba 5120 Moon 8 - Phase 22 Prathama
	Meena Rasi: 8.27	Tithi 16	511552363			Devaloka Day	
	Creative Work	Amrita Yoga				Bhadrapada-Puratasi	
	Until 9:31PM						
	Then Creative Work - Siddha Yoga						



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia
Sutra 164

Meena Rasi: 21.1 Tithi 17

511552363 **Gulika** 10:28AM – 11:59AM
Yama 7:25AM – 8:57AM
Rahu 11:59AM – 1:30PM

Revati Until 10:14PM

Dhruva Until 11:06PM

Taitila Until 5:35PM

Dvitiya Until 5:33AM Thu

Ganesha: Purple *Sunrise:* 5:54AM

Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple

Moon – Clear

Bhadrapada-Puratasi

Devaloka Day

Moon 9 - Phase 23

1st Phase

Routine Work Marana Yoga

1 Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trityayam Titau

Lusaka, Zambia
Sun 1 Sutra 165

Mesha Rasi: 4.07 Tithi 18

521552363 **Gulika** 8:56AM – 10:27AM
Yama 5:53AM – 7:25AM
Rahu 1:30PM – 3:01PM

Ashvini Until 10:50PM

Vyaghata* Until 9:51PM

Vanija Until 5:28PM

Tritiya Until 5:14AM Fri

Ganesha: Clear *Sunrise:* 5:53AM

Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple

Moon – White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Moon 9 - Phase 23

1st Phase

Creative Work Amrita Yoga

Until 10:50PM

Then Creative Work - Siddha Yoga

2 Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia
Sun 2 Sutra 166

Mesha Rasi: 17.16 Tithi 19

622552363 **Gulika** 7:24AM – 8:55AM
Yama 3:01PM – 4:32PM
Rahu 10:27AM – 11:58AM

Bharani Until 10:55PM

Harshana Until 8:19PM

Bava Until 4:57PM

Chaturthi* Until 4:33AM Sat

Ganesha: Clear *Sunrise:* 5:53AM

Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple

Moon – White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 9 - Phase 23

1st Phase

Creative Work Siddha Yoga

3 Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 167

Vrishabha Rasi: 0.37 Tithi 20

622552363 **Gulika** 5:52AM – 7:23AM
Yama 1:29PM – 3:01PM
Rahu 8:55AM – 10:26AM

Krittika Until 10:32PM

Vajra* Until 6:29PM

Kaulava Until 4:06PM

Panchami Until 3:33AM Sun

Ganesha: Clear *Sunrise:* 5:52AM

Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple

Moon – White

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 9 - Phase 23

1st Phase

Creative Work Amrita Yoga

4 Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia
Sun 4 Sutra 168

Vrishabha Rasi: 14.07 Tithi 21

632552363 **Gulika** 3:01PM – 4:32PM
Yama 11:58AM – 1:29PM
Rahu 4:32PM – 6:04PM

Rohini Until 10:09PM

Siddhi Until 4:26PM

Gara Until 2:57PM

Shashthi* Until 2:15AM Mon

Ganesha: Purple *Sunrise:* 5:51AM

Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple

Moon – Yellow

Bhadrapada-Puratasi

Bhuloka Day

Moon 9 - Phase 23

1st Phase

Creative Work Siddha Yoga

5 Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia
Sun 5 Sutra 169

Vrishabha Rasi: 27.49 Tithi 22

632552363 **Gulika** 1:29PM – 3:01PM
Yama 10:26AM – 11:57AM
Rahu 7:22AM – 8:54AM

Mrigashira Until 9:21PM

Vyatipata* Until 2:09PM

Visti Until 1:31PM

Saptami Until 12:40AM Tue

Ganesha: Purple *Sunrise:* 5:50AM

Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple

Moon – Yellow

Bhadrapada-Puratasi

Bhuloka Day

Moon 9 - Phase 23

1st Phase

Creative Work Amrita Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

Retreat Star Tuesday, October 2, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 6 Sutra 170

Mithuna Rasi: 11.4 Tithi 23

632552363 **Gulika** 11:57AM – 1:29PM
Yama 8:53AM – 10:25AM
Rahu 3:00PM – 4:32PM

Ardra Until 8:07PM

Variyan Until 11:38AM

Balava Until 11:48AM

Ashtami* Until 10:49PM

Ganesha: Purple *Sunrise:* 5:50AM

Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple

Moon – Yellow

Bhadrapada-Puratasi

Bhuloka Day

Moon 9 - Phase 23

Ashtami

Routine Work Marana Yoga

Until 8:07PM

Then Creative Work - Siddha Yoga

Retreat Star Wednesday, October 3, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 7 Sutra 171

Mithuna Rasi: 25.42 Tithi 24

642552363 **Gulika** 10:25AM – 11:57AM
Yama 7:21AM – 8:53AM
Rahu 11:57AM – 1:28PM

Punarvasu Until 6:54PM

Parigha* Until 8:54AM

Taitila Until 9:49AM

Navami* Until 8:42PM

Ganesha: Clear *Sunrise:* 5:49AM

Muruqa: Purple *Sunset:* 6:04PM

Nataraja: Purple

Moon – Blue

Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 9 - Phase 23

Navami

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 9.54	Tithi 25	Gulika 8:52AM – 10:24AM	Pushya Until 5:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM		
		Yama 5:48AM – 7:20AM	Siddha Until 2:50AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 24	
	642552363	Rahu 1:28PM – 3:00PM	Vanija Until 7:35AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 6:21PM	Moon – Blue		Bhuloka Day	
Until 5:19PM				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 24.15	Tithi 26 – 27	Gulika 7:20AM – 8:52AM	Ashlesha* Until 3:24PM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM		
		Yama 3:00PM – 4:32PM	Sadhya Until 11:36PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 24	
	642552363	Rahu 10:24AM – 11:56AM	Kaulava Until 2:32AM Sat	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 3:49PM	Moon – Blue		Bhuloka Day	
				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 8.42	Tithi 27 – 28	Gulika 5:47AM – 7:19AM	Magha* Until 1:40PM	Ganesha: White	<i>Sunrise:</i> 5:47AM		
		Yama 1:28PM – 3:00PM	Subha Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24	
	652552363	Rahu 8:51AM – 10:23AM	Gara Until 11:53PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:11PM	Moon – Red		Bhuloka Day	
Until 1:40PM				Bhadrapada•Puratasi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 23.1	Tithi 28 – 29	Gulika 3:00PM – 4:32PM	Purvaphalguni Until 11:47AM	Ganesha: White	<i>Sunrise:</i> 5:46AM		
		Yama 11:55AM – 1:28PM	Sukla Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24	
	652552363	Rahu 4:32PM – 6:05PM	Visti Until 9:17PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 10:33AM	Moon – Red		Bhuloka Day	
Until 11:47AM				Bhadrapada•Puratasi			
Then Creative Work - Amrita Yoga							

		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lusaka, Zambia Sun 12 Sutra 176 Vilamba 5120	
Retreat Star		Gulika 1:28PM – 3:00PM	Uttaraphalguni Until 9:53AM	Ganesha: White	<i>Sunrise:</i> 5:45AM		
Kanya Rasi: 7.35	Tithi 29 – 30	Yama 10:23AM – 11:55AM	Brahma Until 1:52PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24	
Family Home Evening		Rahu 7:18AM – 8:50AM	Catuspada Until 6:52PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:02AM	Moon – Red		Bhuloka Day	
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM	

Retreat Star		Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 21.5	Tithi 1	Gulika 11:55AM – 1:27PM	Hasta Until 8:32AM	Ganesha: Red	<i>Sunrise:</i> 5:45AM		
		Yama 8:50AM – 10:22AM	Indra Until 10:59AM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24	
	662652364	Rahu 3:00PM – 4:32PM	Kintughna Until 4:48PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 3:54AM Wed	Moon – Green		Devaloka Day	
		Navaratri Begins		Ashvina•Puratasi			

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lusaka, Zambia Sun 14 Sutra 178 Vilamba 5120
	Tula Rasi: 5.49	Tithi 2	Gulika 10:22AM – 11:55AM	Chitra Until 7:28AM	Ganesha: Red	<i>Sunrise:</i> 5:44AM	
			Yama 7:17AM – 8:49AM	Vaidhriti* Until 8:25AM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
	662652364	Rahu 11:55AM – 1:27PM	Balava Until 3:12PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 2:36AM Thu	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Lusaka, Zambia Sun 15 Sutra 179 Vilamba 5120
	Tula Rasi: 19.27	Tithi 3	Gulika 8:49AM – 10:21AM	Svati Until 6:49AM	Ganesha: Red	<i>Sunrise:</i> 5:43AM	
			Yama 5:43AM – 7:16AM	Vishkambha* Until 6:19AM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
	662652364	Rahu 1:27PM – 3:00PM	Taitila Until 2:12PM		Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 1:57AM Fri	Moon – Green		Devaloka Day	
Until 6:49AM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau				Lusaka, Zambia Sun 16 Sutra 180 Vilamba 5120
	Vrischika Rasi: 2.42	Tithi 4	Gulika 7:15AM – 8:48AM	Vishakha Until 7:08AM	Ganesha: White	<i>Sunrise:</i> 5:43AM	
			Yama 3:00PM – 4:33PM	Ayushman Until 3:49AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
	673652364	Rahu 10:21AM – 11:54AM	Vanija Until 1:56PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 2:04AM Sat	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 17 Sutra 181 Vilamba 5120
	Vrischika Rasi: 15.34	Tithi 5	Gulika 5:42AM – 7:15AM	Anuradha Until 8:03AM	Ganesha: White	<i>Sunrise:</i> 5:42AM	
			Yama 1:27PM – 3:00PM	Saubhagya Until 3:28AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
	673652364	Rahu 8:48AM – 10:21AM	Bava Until 2:27PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:58AM Sun	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Lusaka, Zambia Sun 18 Sutra 182 Vilamba 5120
	Vrischika Rasi: 28.05	Tithi 6	Gulika 3:00PM – 4:33PM	Jyeshtha* Until 9:33AM	Ganesha: White	<i>Sunrise:</i> 5:41AM	
			Yama 11:54AM – 1:27PM	Sobhana Until 3:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
	673652364	Rahu 4:33PM – 6:06PM	Kaulava Until 3:43PM		Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 4:36AM Mon	Moon – Orange		Bhuloka Day	
Until 9:33AM				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Lusaka, Zambia Sun 19 Sutra 183 Vilamba 5120
	Dhanus Rasi: 10.17	Tithi 7	Gulika 1:26PM – 3:00PM	Mula* Until 12:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:41AM	
	Family Home Evening		Yama 10:20AM – 11:53AM	Athiganda* Until 4:19AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
	683652364	Rahu 7:14AM – 8:47AM	Gara Until 5:40PM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:49AM Tue	Moon – Light Blue		Devaloka Day	
Until 12:03PM				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau				Lusaka, Zambia Sun 20 Sutra 184 Vilamba 5120
	Retreat Star		Gulika 11:53AM – 1:26PM	Purvashadha* Until 2:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM	
	Dhanus Rasi: 22.16	Tithi 7 – 8	Yama 8:46AM – 10:20AM	Sukarma Until 5:15AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
	683652364	Rahu 3:00PM – 4:33PM	Visti Until 8:05PM		Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 6:49AM	Moon – Light Blue		Devaloka Day	
Until 2:54PM		Durga Ashtami		Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lusaka, Zambia Sun 21 Sutra 185 Vilamba 5120
	Retreat Star		Gulika 10:19AM – 11:53AM	Uttarashadha Until 5:49PM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	
	Makara Rasi: 4.06	Tithi 8 – 9	Yama 7:13AM – 8:46AM	Dhriti Until 6:17AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
	683652364	Rahu 11:53AM – 1:26PM	Balava Until 10:44PM		Nataraja: Clear		Navami
Creative Work	Amrita Yoga		Ashtami* Until 9:23AM	Moon – Light Blue		Devaloka Day	
Until 5:49PM		Saraswathi Puja (Tamil Nadu)		Ashvina+Aipasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 15.53	Tithi 9 – 10	Gulika 8:46AM – 10:19AM	Shravana Until 9:05PM	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 26 4th Phase	
Creative Work	Siddha Yoga	Yama 5:39AM – 7:12AM	Dhriti Until 6:17AM			Nataraja: Clear			
		693652364 Rahu 1:26PM – 3:00PM	Taitila Until 1:20AM Fri			Moon – Purple	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
		Vijaya Dasami	Navami* Until 12:02PM			Ashvina•Aipasi			

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 27.44	Tithi 10 – 11	Gulika 7:12AM – 8:45AM	Dhanishtha Until 11:55PM	Ganesha: Purple	<i>Sunrise:</i> 5:38AM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 26 4th Phase	
Creative Work	Siddha Yoga	Yama 3:00PM – 4:33PM	Shula* Until 7:12AM			Nataraja: Clear			
		693652364 Rahu 10:19AM – 11:52AM	Vanija Until 3:37AM Sat			Moon – Purple	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
			Dashami Until 2:30PM			Ashvina•Aipasi			

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 9.42	Tithi 11 – 12	Gulika 5:37AM – 7:11AM	Shatabhishak Until 2:09AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:37AM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 26 4th Phase	
Creative Work	Amrita Yoga	Yama 1:26PM – 3:00PM	Ganda* Until 7:52AM			Nataraja: Clear			
		693652364 Rahu 8:45AM – 10:19AM	Bava Until 5:25AM Sun			Moon – Purple	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
			Ekadashi Until 4:34PM			Ashvina•Aipasi			

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 21.52	Tithi 12	Gulika 3:00PM – 4:34PM	Purvaproshtapada* Until 4:07AM Mon	Ganesha: White	<i>Sunrise:</i> 5:37AM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 26 4th Phase	
Creative Work	Siddha Yoga	Yama 11:52AM – 1:26PM	Vridhhi Until 8:09AM			Nataraja: Clear			
		613652364 Rahu 4:34PM – 6:07PM	Balava Until 6:04PM			Moon – Clear	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
			Dvadashi Until 6:04PM			Ashvina•Aipasi			

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 4.18	Tithi 13	Gulika 1:26PM – 3:00PM	Uttaraproshtapada Until 5:19AM Tue	Ganesha: White	<i>Sunrise:</i> 5:36AM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 26 4th Phase	
Family Home Evening		Yama 10:18AM – 11:52AM	Dhruva Until 7:56AM			Nataraja: Clear			
Creative Work	Siddha Yoga	613652364 Rahu 7:10AM – 8:44AM	Kaulava Until 6:36AM			Moon – Clear	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
			Trayodashi Until 6:56PM			Ashvina•Aipasi			

Pradosha Vrata

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 17.01	Tithi 14	Gulika 11:52AM – 1:26PM	Revati Until 5:44AM Wed	Ganesha: White	<i>Sunrise:</i> 5:36AM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 26 4th Phase	
Creative Work	Siddha Yoga	Yama 8:44AM – 10:18AM	Vyaghata* Until 7:14AM			Nataraja: Clear			
		613652364 Rahu 3:00PM – 4:34PM	Gara Until 7:08AM			Moon – Clear	Bhuloka Day Devaloka Time: 6:PM to 9:PM		
			Chaturdashi* Until 7:09PM			Ashvina•Aipasi			

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sutra 192 Vilamba 5120	
Copper Retreat Star		Gulika 10:18AM – 11:52AM	Ashvini Until 5:56AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 26 Purnima	
Mesha Rasi: 0.03	Tithi 15	Yama 7:09AM – 8:43AM	Harshana Until 6:03AM			Nataraja: Clear			
Routine Work	Marana Yoga	623652364 Rahu 11:52AM – 1:26PM	Visti Until 7:04AM			Moon – White	Devaloka Day		
			Purnima* Until 6:47PM			Ashvina•Aipasi			

Thursday, October 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sutra 193 Vilamba 5120			
Silver Retreat Star		Gulika 8:43AM – 10:17AM	Bharani Until 5:32AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 26 Prathama	
Mesha Rasi: 13.22	Tithi 16 – 17	Yama 5:35AM – 7:09AM	Siddhi Until 2:27AM Fri			Nataraja: Clear			
Creative Work	Siddha Yoga	623652364 Rahu 1:26PM – 3:00PM	Balava Until 6:26AM			Moon – White	Devaloka Day		
			Prathama* Until 5:56PM			Ashvina•Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyalipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 26.55 Tithi 17 - 18

624652364

Gulika 7:09AM - 8:43AM
Yama 3:00PM - 4:34PM
Rahu 10:17AM - 11:51AM

Krittika Until 4:40AM Sat
Vyatipata* Until 12:11AM Sat
Vanija Until 3:56AM Sat
Dvitiya Until 4:40PM

Ganesha: White *Sunrise:* 5:34AM
Muruqa: Purple *Sunset:* 6:09PM
Nataraja: Clear
Moon - White
Ashvina•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 4:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 10.4 Tithi 18 - 19

634652364

Gulika 5:34AM - 7:08AM
Yama 1:26PM - 3:00PM
Rahu 8:43AM - 10:17AM

Rohini Until 3:50AM Sun
Variyan Until 9:42PM
Bava Until 2:17AM Sun
Tritiya Until 3:07PM

Ganesha: Clear *Sunrise:* 5:34AM
Muruqa: Purple *Sunset:* 6:09PM
Nataraja: Clear
Moon - Yellow
Ashvina•Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 24.35 Tithi 19 - 20

634652364

Gulika 3:00PM - 4:35PM
Yama 11:51AM - 1:26PM
Rahu 4:35PM - 6:09PM

Mrigashira Until 2:44AM Mon
Parigha* Until 7:06PM
Kaulava Until 12:29AM Mon
Chaturthi* Until 1:23PM

Ganesha: Clear *Sunrise:* 5:33AM
Muruqa: Purple *Sunset:* 6:09PM
Nataraja: Clear
Moon - Yellow
Ashvina•Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 8.34 Tithi 20 - 21

634652364

Gulika 1:26PM - 3:00PM
Yama 10:17AM - 11:51AM
Rahu 7:07AM - 8:42AM

Ardra Until 1:23AM Tue
Shiva Until 4:25PM
Gara Until 10:35PM
Panchami Until 11:31AM

Ganesha: Clear *Sunrise:* 5:33AM
Muruqa: Purple *Sunset:* 6:10PM
Nataraja: Clear
Moon - Yellow
Ashvina•Aipasi

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 22.36 Tithi 21 - 22

644652364

Gulika 11:51AM - 1:26PM
Yama 8:42AM - 10:16AM
Rahu 3:01PM - 4:35PM

Punarvasu Until 12:17AM Wed
Siddha Until 1:40PM
Visti Until 8:38PM
Shashthi* Until 9:36AM

Ganesha: Purple *Sunrise:* 5:32AM
Muruqa: Purple *Sunset:* 6:10PM
Nataraja: Clear
Moon - Blue
Ashvina•Aipasi

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 6.4 Tithi 22 - 23

644662364

Gulika 10:16AM - 11:51AM
Yama 7:07AM - 8:41AM
Rahu 11:51AM - 1:26PM

Pushya Until 11:01PM
Sadhya Until 10:55AM
Balava Until 6:40PM
Saptami Until 7:38AM

Ganesha: Purple *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:10PM
Nataraja: Clear
Moon - Blue
Ashvina•Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 20.45 Tithi 24

644662364

Gulika 8:41AM - 10:16AM
Yama 5:31AM - 7:06AM
Rahu 1:26PM - 3:01PM

Ashlesha* Until 9:36PM
Subha Until 8:09AM
Taitila Until 4:41PM
Navami* Until 3:40AM Fri

Ganesha: Purple *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 6:11PM
Nataraja: Clear
Moon - Blue
Ashvina•Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 201 Vilamba 5120	
Simha Rasi: 4.5	Tithi 25	Gulika 7:06AM – 8:41AM	Magha* Until 8:29PM	Ganesha: Clear	Sunrise: 5:31AM	Moon 10 - Phase 28	
		Yama 3:01PM – 4:36PM	Brahma Until 2:34AM Sat	Muruqa: Clear	Sunset: 6:11PM	2nd Phase	
		654662364 Rahu 10:16AM – 11:51AM	Vanija Until 2:42PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dashami Until 1:42AM Sat	Moon – Red			Sivaloka Day
Until 8:29PM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							
2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Lusaka, Zambia Sun 9 Sutra 202 Vilamba 5120	
Simha Rasi: 18.54	Tithi 26	Gulika 5:31AM – 7:06AM	Purvaphalguni Until 7:14PM	Ganesha: White	Sunrise: 5:31AM	Moon 10 - Phase 28	
		Yama 1:26PM – 3:01PM	Indra Until 11:51PM	Muruqa: Clear	Sunset: 6:11PM	2nd Phase	
		654762364 Rahu 8:41AM – 10:16AM	Bava Until 12:45PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi* Until 11:46PM	Moon – Red			Devaloka Day
Until 7:14PM				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							
3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lusaka, Zambia Sun 10 Sutra 203 Vilamba 5120	
Kanya Rasi: 2.56	Tithi 27	Gulika 3:01PM – 4:37PM	Uttaraphalguni Until 5:57PM	Ganesha: White	Sunrise: 5:30AM	Moon 10 - Phase 28	
		Yama 11:51AM – 1:26PM	Vaidhriti* Until 9:11PM	Muruqa: Clear	Sunset: 6:12PM	2nd Phase	
		654762364 Rahu 4:37PM – 6:12PM	Kaulava Until 10:52AM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvadashi* Until 9:57PM	Moon – Red			Devaloka Day
Until 5:07PM				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga							
4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 204 Vilamba 5120	
Kanya Rasi: 16.54	Tithi 28	Gulika 1:26PM – 3:02PM	Hasta Until 5:07PM	Ganesha: Green	Sunrise: 5:30AM	Moon 10 - Phase 28	
Family Home Evening		Yama 10:16AM – 11:51AM	Vishkambha* Until 6:40PM	Muruqa: Clear	Sunset: 6:12PM	2nd Phase	
		664762364 Rahu 7:05AM – 8:40AM	Gara Until 9:07AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Trayodashi* Until 8:19PM	Moon – Green			Devaloka Day
Until 5:07PM				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga			Pradosha Vrata (Fasting)				
5		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 205 Vilamba 5120	
Tula Rasi: 0.43	Tithi 29	Gulika 11:51AM – 1:26PM	Chitra Until 4:24PM	Ganesha: Green	Sunrise: 5:30AM	Moon 10 - Phase 28	
		Yama 8:40AM – 10:16AM	Priti Until 4:24PM	Muruqa: Clear	Sunset: 6:13PM	2nd Phase	
		664762364 Rahu 3:02PM – 4:37PM	Visti Until 7:37AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 6:58PM	Moon – Green			Devaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
		Deepavali Hindu Solidarity Day					
Retreat Star		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 206 Vilamba 5120	
Tula Rasi: 14.2	Tithi 30	Gulika 10:16AM – 11:51AM	Svati Until 3:56PM	Ganesha: White	Sunrise: 5:29AM	Moon 10 - Phase 28	
		Yama 7:05AM – 8:40AM	Ayushman Until 2:25PM	Muruqa: Clear	Sunset: 6:13PM	Amavasya	
		764762364 Rahu 11:51AM – 1:27PM	Catuspada Until 6:28AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Amavasya* Until 6:02PM	Moon – Green			Devaloka Day
				Ashvina•Aipasi			
Retreat Star		Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lusaka, Zambia Sun 14 Sutra 207 Vilamba 5120	
Tula Rasi: 27.42	Tithi 1 – 2	Gulika 8:40AM – 10:16AM	Vishakha Until 4:16PM	Ganesha: Orange	Sunrise: 5:29AM	Moon 10 - Phase 28	
		Yama 5:29AM – 7:05AM	Saubhagya Until 12:50PM	Muruqa: Clear	Sunset: 6:13PM	Prathama	
		775762364 Rahu 1:27PM – 3:02PM	Balava Until 5:39AM Fri	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 5:37PM	Moon – Orange			Sivaloka Day
		Skanda Shasthi Begins		Kartika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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1		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lusaka, Zambia Sun 15 Sutra 208 Vilamba 5120	
Wrischika Rasi: 10.46	Tithi 2 - 3	Gulika 7:04AM - 8:40AM	Anuradha Until 5:02PM	Ganesha: Orange	<i>Sunrise:</i> 5:29AM	Moon 10 - Phase 29	
		Yama 3:03PM - 4:38PM	Sobhana Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	3rd Phase	
		775762364 Rahu 10:16AM - 11:51AM	Taitila Until 6:12AM Sat	Nataraja: Clear		Sivaloka Day	
Creative Work	Siddha Yoga		Dvitiya Until 5:49PM	Moon - Orange		Kartika-Aipasi	
Until 5:02PM							
Then Routine Work - Marana Yoga							

2		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 209 Vilamba 5120	
Wrischika Rasi: 23.3	Tithi 3	Gulika 5:28AM - 7:04AM	Jyeshtha* Until 6:18PM	Ganesha: Orange	<i>Sunrise:</i> 5:28AM	Moon 10 - Phase 29	
		Yama 1:27PM - 3:03PM	Athiganda* Until 11:08AM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	3rd Phase	
		775762364 Rahu 8:40AM - 10:16AM	Taitila Until 6:12AM	Nataraja: Clear		Sivaloka Day	
Creative Work	Siddha Yoga		Tritiya Until 6:42PM	Moon - Orange		Kartika-Aipasi	

3		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau		Lusaka, Zambia Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 5.56	Tithi 4	Gulika 3:03PM - 4:39PM	Mula* Until 8:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Moon 10 - Phase 29	
		Yama 11:51AM - 1:27PM	Sukarma Until 11:03AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	3rd Phase	
		785762364 Rahu 4:39PM - 6:15PM	Vanija Until 7:25AM	Nataraja: Clear		Sivaloka Day	
Creative Work	Amrita Yoga		Chaturthi* Until 8:15PM	Moon - Light Blue		Kartika-Aipasi	
Until 8:31PM							
Then Creative Work - Siddha Yoga							

4		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 18.06	Tithi 5	Gulika 1:27PM - 3:03PM	Purvashadha* Until 11:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Moon 10 - Phase 29	
Family Home Evening		Yama 10:16AM - 11:52AM	Dhriti Until 11:28AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	3rd Phase	
		785762364 Rahu 7:04AM - 8:40AM	Bava Until 9:17AM	Nataraja: Clear		Sivaloka Day	
Routine Work	Marana Yoga		Panchami Until 10:23PM	Moon - Light Blue		Kartika-Aipasi	

5		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Lusaka, Zambia Sun 19 Sutra 212 Vilamba 5120	
Makara Rasi: 0.04	Tithi 6	Gulika 11:52AM - 1:28PM	Uttarashadha Until 1:58AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Moon 10 - Phase 29	
		Yama 8:40AM - 10:16AM	Shula* Until 12:12PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	3rd Phase	
		785762364 Rahu 3:04PM - 4:40PM	Kaulava Until 11:38AM	Nataraja: Clear		Sivaloka Day	
Routine Work	Prabalarishta Yoga		Shashthi* Until 12:55AM Wed	Moon - Light Blue		Kartika-Aipasi	
Until 1:58AM Wed							
Then Creative Work - Siddha Yoga		Skanda Shasthi					

6		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau		Lusaka, Zambia Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 11.53	Tithi 7	Gulika 10:16AM - 11:52AM	Shravana Until 5:16AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:28AM	Moon 10 - Phase 29	
		Yama 7:04AM - 8:40AM	Ganda* Until 1:10PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	3rd Phase	
		795762364 Rahu 11:52AM - 1:28PM	Gara Until 2:18PM	Nataraja: Clear		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Saptami Until 3:38AM Thu	Moon - Purple		Kartika-Aipasi	

Retreat Star		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau		Lusaka, Zambia Sun 21 Sutra 214 Vilamba 5120	
Makara Rasi: 23.41	Tithi 8	Gulika 8:40AM - 10:16AM	Dhanishtha Until 8:18AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:27AM	Moon 10 - Phase 29	
		Yama 5:27AM - 7:04AM	Vriddhi Until 2:10PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Ashtami	
		795762364 Rahu 1:28PM - 3:04PM	Visti Until 4:59PM	Nataraja: Clear		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Ashtami* Until 6:13AM Fri	Moon - Purple		Kartika-Aipasi	

Retreat Star		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva*/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lusaka, Zambia Sun 22 Sutra 215 Vilamba 5120	
Kumbha Rasi: 5.31	Tithi 8 - 9	Gulika 7:03AM - 8:40AM	Dhanishtha Until 8:18AM	Ganesha: Purple	<i>Sunrise:</i> 5:27AM	Moon 10 - Phase 29	
		Yama 3:05PM - 4:41PM	Dhruva Until 2:59PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Navami	
		795762364 Rahu 10:16AM - 11:52AM	Balava Until 7:25PM	Nataraja: Clear		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Ashtami* Until 6:13AM	Moon - Purple		Kartika-Kartikai	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Lusaka, Zambia Sun 23 Sutra 216	
Kumbha Rasi: 17.3	Tithi 9 – 10	Gulika 5:27AM – 7:03AM	Shatabhishak Until 10:47AM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM			Vilamba 5120	
		Yama 1:29PM – 3:05PM	Vyaghata* Until 3:29PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM			Moon 10 - Phase 30	
		796762365 Rahu 8:40AM – 10:16AM	Taitila Until 9:23PM	Nataraja: White				4th Phase	
Creative Work	Amrita Yoga			Moon – Purple					Devaloka Day
Until 10:47AM									
Then Routine Work - Marana Yoga									

2		Sunday, November 18, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Lusaka, Zambia Sun 24 Sutra 217	
Kumbha Rasi: 29.41	Tithi 10 – 11	Gulika 3:05PM – 4:42PM	Purvaprosarthapada* Until 1:02PM	Ganesha: Red	<i>Sunrise:</i> 5:27AM			Vilamba 5120	
		Yama 11:53AM – 1:29PM	Harshana Until 3:32PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM			Moon 10 - Phase 30	
		716762365 Rahu 4:42PM – 6:18PM	Vanija Until 10:41PM	Nataraja: White				4th Phase	
Creative Work	Siddha Yoga			Moon – Clear					Devaloka Day
Until 1:02PM									
Then Creative Work - Amrita Yoga									

3		Monday, November 19, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 25 Sutra 218	
Meena Rasi: 12.11	Tithi 11 – 12	Gulika 1:29PM – 3:06PM	Uttaraprosarthapada Until 2:25PM	Ganesha: Red	<i>Sunrise:</i> 5:27AM			Vilamba 5120	
		Yama 10:16AM – 11:53AM	Vajra* Until 3:00PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM			Moon 10 - Phase 30	
Family Home Evening		716762365 Rahu 7:03AM – 8:40AM	Bava Until 11:15PM	Nataraja: White				4th Phase	
Creative Work	Siddha Yoga			Moon – Clear					Devaloka Day
Until 1:02PM									
Then Creative Work - Marana Yoga									

4		Tuesday, November 20, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 26 Sutra 219	
Meena Rasi: 25.02	Tithi 12 – 13	Gulika 11:53AM – 1:29PM	Revati Until 2:56PM	Ganesha: Red	<i>Sunrise:</i> 5:27AM			Vilamba 5120	
		Yama 8:40AM – 10:16AM	Siddhi Until 1:53PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM			Moon 10 - Phase 30	
		716762365 Rahu 3:06PM – 4:43PM	Kaulava Until 11:03PM	Nataraja: White				4th Phase	
Creative Work	Siddha Yoga			Moon – Clear					Devaloka Day
Until 3:03PM									
Then Creative Work - Marana Yoga									

Pradosha Vrata

5		Wednesday, November 21, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 27 Sutra 220	
Mesha Rasi: 8.14	Tithi 13 – 14	Gulika 10:17AM – 11:53AM	Ashvini Until 3:03PM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM			Vilamba 5120	
		Yama 7:03AM – 8:40AM	Vyailpata* Until 12:13PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM			Moon 10 - Phase 30	
		726762365 Rahu 11:53AM – 1:30PM	Gara Until 10:10PM	Nataraja: White				4th Phase	
Routine Work	Marana Yoga			Moon – White					Bhuloka Day
Until 3:03PM									Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga									

○		Thursday, November 22, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Lusaka, Zambia Sutra 221	
Mesha Rasi: 21.5	Tithi 14 – 15	Gulika 8:40AM – 10:17AM	Bharani Until 2:23PM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM			Vilamba 5120	
		Yama 5:27AM – 7:03AM	Varyan Until 10:01AM	Muruqa: Clear	<i>Sunset:</i> 6:20PM			Moon 10 - Phase 30	
		726762365 Rahu 1:30PM – 3:07PM	Visti Until 8:40PM	Nataraja: White				Purnima	
Creative Work	Siddha Yoga			Moon – White					Bhuloka Day
Until 2:23PM									Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga									

○		Friday, November 23, 2018				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Lusaka, Zambia Sutra 222	
Vrishabha Rasi: 5.44	Tithi 15 – 16	Gulika 7:04AM – 8:40AM	Krittika Until 1:05PM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM			Vilamba 5120	
		Yama 3:07PM – 4:44PM	Parigha* Until 7:25AM	Muruqa: Clear	<i>Sunset:</i> 6:21PM			Moon 10 - Phase 30	
		726762365 Rahu 10:17AM – 11:54AM	Balava Until 6:42PM	Nataraja: White				Prathama	
Creative Work	Siddha Yoga			Moon – White					Bhuloka Day
Until 1:05PM									Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga									

Vinayaga Viratam Begins



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sutra 223

Vilamba 5120

Vrishabha Rasi: 19.56 Tithi 17

737762365

Gulika 5:27AM – 7:04AM
Yama 1:31PM – 3:08PM
Rahu 8:40AM – 10:17AM

Rohini Until 11:42AM
Siddha Until 1:19AM Sun
Taitila Until 4:25PM
Dvitiya Until 3:10AM Sun

Ganesha: Red *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:21PM

Nataraja: White Moon – Yellow Moon 11 - Phase 31

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 11:42AM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visli* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 4.17 Tithi 18

737762365

Gulika 3:08PM – 4:45PM
Yama 11:54AM – 1:31PM
Rahu 4:45PM – 6:22PM

Mrigashira Until 9:56AM
Sadhya Until 10:02PM
Vanija Until 1:55PM
Tritiya Until 12:37AM Mon

Ganesha: Red *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:22PM

Nataraja: White Moon – Yellow Moon 11 - Phase 31

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 18.44 Tithi 19

737762365

Gulika 1:32PM – 3:08PM
Yama 10:18AM – 11:55AM
Rahu 7:04AM – 8:41AM

Ardra Until 7:57AM
Subha Until 6:45PM
Bava Until 11:21AM
Chaturthi* Until 10:04PM

Ganesha: Red *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:22PM

Nataraja: White Moon – Yellow Moon 11 - Phase 31

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 7:57AM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 3.1 Tithi 20

747762365

Gulika 11:55AM – 1:32PM
Yama 8:41AM – 10:18AM
Rahu 3:09PM – 4:46PM

Punarvasu Until 6:16AM
Sukla Until 3:30PM
Kaulava Until 8:50AM
Panchami Until 7:36PM

Ganesha: Green *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:23PM

Nataraja: White Moon – Blue Moon 11 - Phase 31

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Visli* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 17.31 Tithi 21 – 22

747862365

Gulika 10:18AM – 11:55AM
Yama 7:04AM – 8:41AM
Rahu 11:55AM – 1:32PM

Ashlesha* Until 2:55AM Thu
Brahma Until 12:23PM
Gara Until 6:26AM
Shashthi* Until 5:17PM

Ganesha: White *Sunrise:* 5:27AM

Muruga: Clear *Sunset:* 6:23PM

Nataraja: White Moon – Blue Moon 11 - Phase 31

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:55AM Thu

Then Creative Work - Amrita Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 1.44 Tithi 22 – 23

757863365

Gulika 8:41AM – 10:18AM
Yama 5:27AM – 7:04AM
Rahu 1:33PM – 3:10PM

Magha* Until 1:46AM Fri
Indra Until 9:27AM
Balava Until 2:17AM Fri
Saptami Until 3:12PM

Ganesha: Clear *Sunrise:* 5:27AM

Muruga: Purple *Sunset:* 6:24PM

Nataraja: White Moon – Red Moon 11 - Phase 31

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 1:46AM Fri

Then Creative Work - Siddha Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 15.47 Tithi 23 – 24

757863365

Gulika 7:04AM – 8:42AM
Yama 3:10PM – 4:47PM
Rahu 10:19AM – 11:56AM

Purvaphalguni Until 12:45AM Sat
Vaidhriti* Until 6:41AM
Taitila Until 12:35AM Sat
Ashtami* Until 1:22PM

Ganesha: Clear *Sunrise:* 5:27AM

Muruga: Purple *Sunset:* 6:25PM

Nataraja: White Moon – Red Moon 11 - Phase 31

Ashtami

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 12:45AM Sat

Then Routine Work - Marana Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lusaka, Zambia

Sun 7 Sutra 230

Vilamba 5120

Simha Rasi: 29.41 Tithi 24 – 25

758863365

Gulika 5:27AM – 7:05AM
Yama 1:34PM – 3:11PM
Rahu 8:42AM – 10:19AM

Uttaraphalguni Until 11:50PM
Priti Until 1:50AM Sun
Vanija Until 11:09PM
Navami* Until 11:49AM

Ganesha: Orange *Sunrise:* 5:27AM

Muruga: Purple *Sunset:* 6:25PM

Nataraja: White Moon – Red Moon 11 - Phase 31

Navami

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

1 Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hashta Nakshatra Ayushman Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau			Lusaka, Zambia Sun 8 Sutra 231 Vilamba 5120
Kanya Rasi: 13.25	Tithi 25 – 26	Gulika 3:11PM – 4:48PM	Hasta Until 11:30PM	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM	
		Yama 11:57AM – 1:34PM	Ayushman Until 11:43PM	Muruqa: Purple <i>Sunset:</i> 6:26PM	Moon 11 - Phase 32
	768863365	Rahu 4:48PM – 6:26PM	Bava Until 10:01PM	Nataraja: White	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 10:31AM	Moon – Green	Bhuloka Day
Until 11:30PM				Karttika-Karttikai	
Then Creative Work - Siddha Yoga					

2 Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Lusaka, Zambia Sun 9 Sutra 232 Vilamba 5120
Kanya Rasi: 26.58	Tithi 26 – 27	Gulika 1:34PM – 3:12PM	Chitra Until 11:20PM	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM	
Family Home Evening		Yama 10:20AM – 11:57AM	Saubhagya Until 9:52PM	Muruqa: Purple <i>Sunset:</i> 6:26PM	Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	Rahu 7:05AM – 8:42AM	Kaulava Until 9:11PM	Nataraja: White	2nd Phase
Until 11:20PM			Ekadashi* Until 9:32AM	Moon – Green	Bhuloka Day
Then Creative Work - Amrita Yoga				Karttika-Karttikai	

3 Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau			Lusaka, Zambia Sun 10 Sutra 233 Vilamba 5120
Tula Rasi: 10.21	Tithi 27 – 28	Gulika 11:57AM – 1:35PM	Svati Until 11:21PM	Ganesha: Light Blue <i>Sunrise:</i> 5:28AM	
		Yama 8:43AM – 10:20AM	Sobhana Until 8:17PM	Muruqa: Purple <i>Sunset:</i> 6:27PM	Moon 11 - Phase 32
	768863365	Rahu 3:12PM – 4:50PM	Gara Until 8:41PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:52AM	Moon – Green	Bhuloka Day
Until 11:21PM				Karttika-Karttikai	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visiti* Karana Trayodashi/Chaturdashyam Titau			Lusaka, Zambia Sun 11 Sutra 234 Vilamba 5120
Tula Rasi: 23.32	Tithi 28 – 29	Gulika 10:20AM – 11:58AM	Vishakha Until 12:03AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:28AM	
		Yama 7:06AM – 8:43AM	Athiganda* Until 7:00PM	Muruqa: Purple <i>Sunset:</i> 6:27PM	Moon 11 - Phase 32
	778863365	Rahu 11:58AM – 1:35PM	Visti Until 8:36PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:34AM	Moon – Orange	Bhuloka Day
				Karttika-Karttikai	

Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Lusaka, Zambia Sun 12 Sutra 235 Vilamba 5120
Retreat Star		Gulika 8:43AM – 10:21AM	Anuradha Until 1:04AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:28AM	
Vrischika Rasi: 6.31	Tithi 29 – 30	Yama 5:28AM – 7:06AM	Sukarma Until 6:04PM	Muruqa: Purple <i>Sunset:</i> 6:28PM	Moon 11 - Phase 32
	778863365	Rahu 1:36PM – 3:13PM	Catuspada Until 8:59PM	Nataraja: White	Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 8:42AM	Moon – Orange	Bhuloka Day
Until 1:04AM Fri				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Lusaka, Zambia Sun 13 Sutra 236 Vilamba 5120
Retreat Star		Gulika 7:06AM – 8:44AM	Jyeshtha* Until 2:25AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 5:29AM	
Vrischika Rasi: 19.15	Tithi 30 – 1	Yama 3:14PM – 4:51PM	Dhriti Until 5:33PM	Muruqa: Purple <i>Sunset:</i> 6:29PM	Moon 11 - Phase 32
	779863365	Rahu 10:21AM – 11:59AM	Kintughna Until 9:52PM	Nataraja: White	Prathama
Routine Work	Marana Yoga		Amavasya* Until 9:20AM	Moon – Orange	Bhuloka Day
Until 2:25AM Sat				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 14 Sutra 237	
Dhanus Rasi: 1.46	Tithi 1 – 2	Gulika	5:29AM – 7:07AM	Mula* Until 4:36AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:29AM		Vilamba 5120	
		Yama	1:37PM – 3:14PM	Shula* Until 5:24PM	Muruqa: Purple	<i>Sunset:</i> 6:29PM		Moon 11 - Phase 33	
		799863365 Rahu	8:44AM – 10:22AM	Balava Until 11:18PM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Prathama* Until 10:29AM	Moon – Light Blue			Bhuloka Day	
					Margasira-Karttikai				

2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lusaka, Zambia Sun 15 Sutra 238	
Dhanus Rasi: 14.02	Tithi 2 – 3	Gulika	3:15PM – 4:52PM	Purvashadha* Until 7:07AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:29AM		Vilamba 5120	
		Yama	12:00PM – 1:37PM	Ganda* Until 5:41PM	Muruqa: Purple	<i>Sunset:</i> 6:30PM		Moon 11 - Phase 33	
		799863365 Rahu	4:52PM – 6:30PM	Taitila Until 1:15AM Mon	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 12:11PM	Moon – Light Blue			Bhuloka Day	
Until 7:07AM Mon					Margasira-Karttikai				
Then Routine Work - Marana Yoga									

3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lusaka, Zambia Sun 16 Sutra 239	
Dhanus Rasi: 26.06	Tithi 3 – 4	Gulika	1:38PM – 3:15PM	Purvashadha* Until 7:07AM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM		Vilamba 5120	
Family Home Evening		Yama	10:22AM – 12:00PM	Vridhi Until 6:18PM	Muruqa: Purple	<i>Sunset:</i> 6:30PM		Moon 11 - Phase 33	
		799863365 Rahu	7:07AM – 8:45AM	Vanija Until 3:38AM Tue	Nataraja: White			3rd Phase	
Routine Work	Marana Yoga			Tritiya Until 2:22PM	Moon – Light Blue			Bhuloka Day	
					Margasira-Karttikai				

4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia Sun 17 Sutra 240	
Makara Rasi: 8.01	Tithi 4 – 5	Gulika	12:00PM – 1:38PM	Uttarashadha Until 9:51AM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM		Vilamba 5120	
		Yama	8:45AM – 10:23AM	Dhruva Until 7:10PM	Muruqa: Purple	<i>Sunset:</i> 6:31PM		Moon 11 - Phase 33	
		799863365 Rahu	3:16PM – 4:53PM	Bava Until 6:18AM Wed	Nataraja: White			3rd Phase	
Routine Work	Prabalarishta Yoga			Chaturthi* Until 4:55PM	Moon – Light Blue			Bhuloka Day	
Until 9:51AM					Margasira-Karttikai				
Then Creative Work - Siddha Yoga									

5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 18 Sutra 241	
Makara Rasi: 19.49	Tithi 5	Gulika	10:23AM – 12:01PM	Shravana Until 1:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM		Vilamba 5120	
		Yama	7:08AM – 8:46AM	Vyaghata* Until 8:10PM	Muruqa: Purple	<i>Sunset:</i> 6:32PM		Moon 11 - Phase 33	
		799863365 Rahu	12:01PM – 1:39PM	Bava Until 6:18AM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Panchami Until 7:40PM	Moon – Purple			Bhuloka Day	
Until 1:08PM					Margasira-Karttikai			Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga									

6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Lusaka, Zambia Sun 19 Sutra 242	
Kumbha Rasi: 2	Tithi 6	Gulika	8:46AM – 10:24AM	Dhanishtha Until 4:17PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM		Vilamba 5120	
		Yama	5:31AM – 7:08AM	Harshana Until 9:09PM	Muruqa: Purple	<i>Sunset:</i> 6:32PM		Moon 11 - Phase 33	
		799863365 Rahu	1:39PM – 3:17PM	Kaulava Until 9:03AM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Shashthi* Until 10:22PM	Moon – Purple			Bhuloka Day	
					Margasira-Karttikai			Devaloka Time: 6:AM to 9:AM	

Vinayaga Viratam Ends

Friday, December 14, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia Sun 20 Sutra 243	
Kumbha Rasi: 13.25	Tithi 7	Gulika	7:09AM – 8:46AM	Shalabhishak Until 7:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM		Vilamba 5120	
		Yama	3:17PM – 4:55PM	Vajra* Until 9:55PM	Muruqa: Purple	<i>Sunset:</i> 6:33PM		Moon 11 - Phase 33	
		799863365 Rahu	10:24AM – 12:02PM	Gara Until 11:40AM	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga			Saptami Until 12:49AM Sat	Moon – Purple			Bhuloka Day	
					Margasira-Karttikai			Devaloka Time: 6:AM to 9:AM	

Saturday, December 15, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi* Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 21 Sutra 244	
Kumbha Rasi: 25.22	Tithi 8	Gulika	5:32AM – 7:09AM	Purvaproshtapada* Until 9:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:32AM		Vilamba 5120	
		Yama	1:40PM – 3:18PM	Siddhi Until 10:21PM	Muruqa: Purple	<i>Sunset:</i> 6:33PM		Moon 11 - Phase 33	
		711863365 Rahu	8:47AM – 10:25AM	Visti Until 1:53PM	Nataraja: White			Ashtami	
Routine Work	Marana Yoga			Ashtami* Until 2:45AM Sun	Moon – Clear			Bhuloka Day	
Until 9:45PM					Margasira-Karttikai			Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga									

Sunday, December 16, 2018		Retreat Star		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 245	
Meena Rasi: 7.32	Tithi 9	Gulika	3:18PM – 4:56PM	Uttaraproshtapada Until 11:38PM	Ganesha: Purple	<i>Sunrise:</i> 5:32AM		Vilamba 5120	
		Yama	12:03PM – 1:41PM	Vyatipata* Until 10:18PM	Muruqa: Purple	<i>Sunset:</i> 6:34PM		Moon 11 - Phase 33	
		811863365 Rahu	4:56PM – 6:34PM	Balava Until 3:30PM	Nataraja: White			Navami	
Creative Work	Amrita Yoga			Navami* Until 4:01AM Mon	Moon – Clear			Bhuloka Day	
					Margasira-Markali				
		Markali Pillaiyar							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 19.59	Tithi 10	Gulika 1:41PM – 3:19PM	Revati Until 12:38AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:32AM	
	Family Home Evening	811863365	Yama 10:26AM – 12:03PM	Variyan Until 9:38PM	Muruqa: Purple	<i>Sunset:</i> 6:34PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		Rahu 7:10AM – 8:48AM	Taitila Until 4:22PM	Nataraja: White		4th Phase
			Dashami Until 4:29AM Tue	Moon – Clear		Bhuloka Day	
				Margasira-Markali			

2	Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 2.48	Tithi 11	Gulika 12:04PM – 1:42PM	Ashvini Until 1:09AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:33AM	
		821863365	Yama 8:48AM – 10:26AM	Parigha* Until 8:21PM	Muruqa: Purple	<i>Sunset:</i> 6:35PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		Rahu 3:19PM – 4:57PM	Vanija Until 4:26PM	Nataraja: White		4th Phase
			Ekadashi Until 4:08AM Wed	Moon – White		Bhuloka Day	
		Vaikuntha Ekadasi		Margasira-Markali		Devaloka Time: 6:AM to 9:AM	

3	Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 16.02	Tithi 12	Gulika 10:27AM – 12:04PM	Bharani Until 12:43AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:33AM	
		821863365	Yama 7:11AM – 8:49AM	Shiva Until 6:26PM	Muruqa: Purple	<i>Sunset:</i> 6:35PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga		Rahu 12:04PM – 1:42PM	Bava Until 3:40PM	Nataraja: White		4th Phase
			Dvadashi Until 2:59AM Thu	Moon – White		Bhuloka Day	
				Margasira-Markali		Devaloka Time: 6:AM to 9:AM	

4	Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 249 Vilamba 5120
	Mesha Rasi: 29.42	Tithi 13	Gulika 8:49AM – 10:27AM	Krittika Until 11:28PM	Ganesha: Clear	<i>Sunrise:</i> 5:34AM	
		821863365	Yama 5:34AM – 7:11AM	Siddha Until 3:56PM	Muruqa: Purple	<i>Sunset:</i> 6:36PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		Rahu 1:43PM – 3:20PM	Kaulava Until 2:09PM	Nataraja: White		4th Phase
			Trayodashi Until 1:08AM Fri	Moon – White		Bhuloka Day	
				Margasira-Markali		Devaloka Time: 6:AM to 9:AM	
				<i>Pradosha Vrata</i>			

5	Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 250 Vilamba 5120
	Vrishabha Rasi: 13.47	Tithi 14	Gulika 7:12AM – 8:50AM	Rohini Until 9:54PM	Ganesha: White	<i>Sunrise:</i> 5:34AM	
		831863365	Yama 3:21PM – 4:59PM	Sadhya Until 12:56PM	Muruqa: Purple	<i>Sunset:</i> 6:36PM	Moon 11 - Phase 34
	Routine Work Marana Yoga		Rahu 10:28AM – 12:05PM	Gara Until 12:00PM	Nataraja: White		4th Phase
			Chaturdashi* Until 10:43PM	Moon – Yellow		Bhuloka Day	
		Day 1 of Pancha Ganapati		Margasira-Markali			

○	Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sutra 251 Vilamba 5120
	Copper Retreat Star		Gulika 5:35AM – 7:12AM	Mrigashira Until 7:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	
	Vrishabha Rasi: 28.14	Tithi 15	Yama 1:44PM – 3:21PM	Subha Until 9:32AM	Muruqa: Purple	<i>Sunset:</i> 6:37PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	831963365	Rahu 8:50AM – 10:28AM	Visti Until 9:21AM	Nataraja: White		Purnima
			Purnima* Until 7:52PM	Moon – Yellow		Bhuloka Day	
		Day 2 of Pancha Ganapati		Margasira-Markali		Devaloka Time: 9:AM to 12:PM	

○	Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sutra 252 Vilamba 5120
	Silver Retreat Star		Gulika 3:22PM – 5:00PM	Ardra Until 5:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	
	Mithuna Rasi: 12.56	Tithi 16 – 17	Yama 12:06PM – 1:44PM	Brahma Until 2:00AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:37PM	Moon 11 - Phase 34
	Creative Work Siddha Yoga	831963365	Rahu 5:00PM – 6:37PM	Balava Until 6:21AM	Nataraja: White		Prathama
			Prathama* Until 4:45PM	Moon – Yellow		Bhuloka Day	
		Day 3 of Pancha Ganapati		Margasira-Markali		Devaloka Time: 9:AM to 12:PM	
		Ardra Darshanam					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 27.49 Tithi 17 - 18

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 2:53PM

Then Creative Work - Siddha Yoga

Gulika 1:45PM - 3:22PM

Yama 10:29AM - 12:07PM

Rahu 7:13AM - 8:51AM

Day 4 of Pancha Ganapati

Punarvasu Until 2:53PM

Indra Until 10:07PM

Vanija Until 11:55PM

Dvitiya Until 1:31PM

Ganesha: Blue

Sunrise: 5:36AM

Muruqa: Purple

Sunset: 6:38PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Tuesday, December 25, 2018

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 12.41 Tithi 18 - 19

842963365

Creative Work Siddha Yoga

Gulika 12:07PM - 1:45PM

Yama 8:52AM - 10:29AM

Rahu 3:23PM - 5:01PM

Day 5 of Pancha Ganapati

Pushya Until 12:25PM

Vaidhriti* Until 6:18PM

Bava Until 8:47PM

Tritiya Until 10:19AM

Ganesha: Yellow

Sunrise: 5:36AM

Muruqa: Purple

Sunset: 6:38PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Wednesday, December 26, 2018

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 27.28 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Gulika 10:30AM - 12:08PM

Yama 7:15AM - 8:52AM

Rahu 12:08PM - 1:45PM

Chaturthi* Until 7:16AM

Ashlesha* Until 9:59AM

Vishkambha* Until 2:39PM

Taitila Until 4:31AM Thu

Chaturthi* Until 7:16AM

Ganesha: Yellow

Sunrise: 5:37AM

Muruqa: Purple

Sunset: 6:39PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, December 27, 2018

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 12.02 Tithi 21

852963366

Creative Work Amrita Yoga

Until 8:08AM

Then Creative Work - Siddha Yoga

Gulika 8:53AM - 10:31AM

Yama 5:37AM - 7:15AM

Rahu 1:46PM - 3:24PM

Shashthi* Until 2:10AM Fri

Magha* Until 8:08AM

Priti Until 11:17AM

Gara Until 3:18PM

Shashthi* Until 2:10AM Fri

Ganesha: Blue

Sunrise: 5:37AM

Muruqa: Purple

Sunset: 6:39PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Friday, December 28, 2018

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 26.2 Tithi 22

852963366

Creative Work Siddha Yoga

Gulika 7:16AM - 8:53AM

Yama 3:24PM - 5:02PM

Rahu 10:31AM - 12:09PM

Saptami Until 12:16AM Sat

Purvaphalguni Until 6:33AM

Ayushman Until 8:14AM

Visti Until 1:10PM

Saptami Until 12:16AM Sat

Ganesha: Blue

Sunrise: 5:38AM

Muruqa: Purple

Sunset: 6:40PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Saturday, December 29, 2018

D

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam
Hasta Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 10.19 Tithi 23

862963366

Routine Work Marana Yoga

Until 4:50AM Sun

Then Creative Work - Siddha Yoga

Gulika 5:38AM - 7:16AM

Yama 1:47PM - 3:25PM

Rahu 8:54AM - 10:32AM

Ashtami* Until 10:54PM

Hasta Until 4:50AM Sun

Sobhana Until 3:22AM Sun

Balava Until 11:32AM

Ashtami* Until 10:54PM

Ganesha: Red

Sunrise: 5:38AM

Muruqa: Purple

Sunset: 6:40PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Chitra Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 23.59 Tithi 24

862963366

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Creative Work - Amrita Yoga

Gulika 3:25PM - 5:03PM

Yama 12:10PM - 1:47PM

Rahu 5:03PM - 6:40PM

Navami* Until 10:04PM

Chitra Until 4:46AM Mon

Athiganda* Until 1:33AM Mon

Taitila Until 10:26AM

Navami* Until 10:04PM

Ganesha: Red

Sunrise: 5:39AM

Muruqa: Purple

Sunset: 6:40PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 260 Vilamba 5120	
1		Gulika 1:48PM – 3:25PM	Svati Until 5:03AM Tue	Ganesha: Red <i>Sunrise:</i> 5:40AM	
Tula Rasi: 7.2	Tithi 25	Yama 10:33AM – 12:10PM	Sukarma Until 12:09AM Tue	Muruqa: Purple <i>Sunset:</i> 6:41PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 7:17AM – 8:55AM	Vanija Until 9:52AM	Nataraja: Green	2nd Phase
Creative Work Amrita Yoga			Dashami Until 9:45PM	Moon – Green	Bhuloka Day
Until 5:03AM Tue				Margasira*Markali	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga					

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Lusaka, Zambia Sun 9 Sutra 261 Vilamba 5120	
2		Gulika 12:11PM – 1:48PM	Vishakha Until 6:08AM Wed	Ganesha: Green <i>Sunrise:</i> 5:40AM	
Tula Rasi: 20.25	Tithi 26	Yama 8:55AM – 10:33AM	Dhriti Until 11:09PM	Muruqa: Purple <i>Sunset:</i> 6:41PM	Moon 12 - Phase 36
	872963366	Rahu 3:26PM – 5:04PM	Bava Until 9:49AM	Nataraja: Green	2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 9:58PM	Moon – Orange	Bhuloka Day
Until 6:08AM Wed				Margasira*Markali	
Then Creative Work - Siddha Yoga					

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Lusaka, Zambia Sun 10 Sutra 262 Vilamba 5120	
3		Gulika 10:34AM – 12:11PM	Vishakha Until 6:08AM	Ganesha: Green <i>Sunrise:</i> 5:41AM	
Vrischika Rasi: 3.15	Tithi 27	Yama 7:18AM – 8:56AM	Shula* Until 10:31PM	Muruqa: Purple <i>Sunset:</i> 6:42PM	Moon 12 - Phase 36
	872963366	Rahu 12:11PM – 1:49PM	Kaulava Until 10:17AM	Nataraja: Green	2nd Phase
Creative Work Siddha Yoga			Dvodashi* Until 10:40PM	Moon – Orange	Bhuloka Day
				Margasira*Markali	

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 263 Vilamba 5120	
4		Gulika 8:56AM – 10:34AM	Anuradha Until 7:31AM	Ganesha: Green <i>Sunrise:</i> 5:41AM	
Vrischika Rasi: 15.52	Tithi 28	Yama 5:41AM – 7:19AM	Ganda* Until 10:14PM	Muruqa: Purple <i>Sunset:</i> 6:42PM	Moon 12 - Phase 36
	872963366	Rahu 1:49PM – 3:27PM	Gara Until 11:13AM	Nataraja: Green	2nd Phase
Creative Work Siddha Yoga			Trayodashi* Until 11:51PM	Moon – Orange	Bhuloka Day
Until 7:31AM				Margasira*Markali	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>		

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 264 Vilamba 5120	
5		Gulika 7:19AM – 8:57AM	Jyeshtha* Until 9:12AM	Ganesha: Green <i>Sunrise:</i> 5:42AM	
Vrischika Rasi: 28.16	Tithi 29	Yama 3:27PM – 5:05PM	Vriddhi Until 10:19PM	Muruqa: Purple <i>Sunset:</i> 6:42PM	Moon 12 - Phase 36
	872963366	Rahu 10:34AM – 12:12PM	Visti Until 12:37PM	Nataraja: Green	2nd Phase
Routine Work Marana Yoga			Chaturdashi* Until 1:28AM Sat	Moon – Orange	Bhuloka Day
Until 9:12AM				Margasira*Markali	
Then Creative Work - Amrita Yoga					

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 265 Vilamba 5120	
Retreat Star		Gulika 5:42AM – 7:20AM	Mula* Until 11:36AM	Ganesha: White <i>Sunrise:</i> 5:42AM	
Dhanus Rasi: 10.29	Tithi 30	Yama 1:50PM – 3:27PM	Dhruva Until 10:40PM	Muruqa: Purple <i>Sunset:</i> 6:43PM	Moon 12 - Phase 36
	882963366	Rahu 8:57AM – 10:35AM	Catuspada Until 2:27PM	Nataraja: Green	Amavasya
Creative Work Siddha Yoga			Amavasya* Until 3:29AM Sun	Moon – Light Blue	Bhuloka Day
		Subramuniyaswami Jayanti		Margasira*Markali	

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 266 Vilamba 5120	
Retreat Star		Gulika 3:28PM – 5:05PM	Purvashadha* Until 2:13PM	Ganesha: White <i>Sunrise:</i> 5:43AM	
Dhanus Rasi: 22.34	Tithi 1	Yama 12:13PM – 1:50PM	Vyaghata* Until 11:18PM	Muruqa: Clear <i>Sunset:</i> 6:43PM	Moon 12 - Phase 36
	882973366	Rahu 5:05PM – 6:43PM	Kintughna Until 4:39PM	Nataraja: Green	Prathama
Creative Work Siddha Yoga			Prathama* Until 5:50AM Mon	Moon – Light Blue	Bhuloka Day
Until 2:13PM		Partial Solar Eclipse		Pausha*Markali	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Lusaka, Zambia Sun 15 Sutra 267 Vilamba 5120
1	Makara Rasi: 4.3 Tithi 2 Family Home Evening Routine Work Marana Yoga Until 4:56PM Then Creative Work - Amrita Yoga	Gulika 1:51PM – 3:28PM Yama 10:36AM – 12:13PM Rahu 7:21AM – 8:59AM	Uttarashadha Until 4:56PM Harshana Until 12:09AM Tue Balava Until 7:09PM Dvitiya Until 8:27AM Tue	Ganesha: White <i>Sunrise:</i> 5:44AM Muruqa: Clear <i>Sunset:</i> 6:43PM Nataraja: Green Moon – Light Blue Pausha-Markali
				Bhuloka Day Devaloka Time: 12:PM to 3:PM

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 268 Vilamba 5120
2	Makara Rasi: 16.2 Tithi 2 – 3 Creative Work Siddha Yoga	Gulika 12:14PM – 1:51PM Yama 8:59AM – 10:36AM Rahu 3:29PM – 5:06PM	Shravana Until 8:12PM Vajra* Until 1:06AM Wed Taitila Until 9:50PM Dvitiya Until 8:27AM	Ganesha: Red <i>Sunrise:</i> 5:44AM Muruqa: Clear <i>Sunset:</i> 6:43PM Nataraja: Green Moon – Purple Pausha-Markali
				Devaloka Day

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lusaka, Zambia Sun 17 Sutra 269 Vilamba 5120
3	Makara Rasi: 28.08 Tithi 3 – 4 Routine Work Prabalarishta Yoga Until 11:22PM Then Creative Work - Siddha Yoga	Gulika 10:37AM – 12:14PM Yama 7:22AM – 9:00AM Rahu 12:14PM – 1:52PM	Dhanishtha Until 11:22PM Siddhi Until 2:06AM Thu Vanija Until 12:36AM Thu Tritiya Until 11:12AM	Ganesha: Red <i>Sunrise:</i> 5:45AM Muruqa: Clear <i>Sunset:</i> 6:44PM Nataraja: Green Moon – Purple Pausha-Markali
				Devaloka Day

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 270 Vilamba 5120
4	Kumbha Rasi: 9.55 Tithi 4 – 5 Creative Work Siddha Yoga	Gulika 9:00AM – 10:37AM Yama 5:45AM – 7:23AM Rahu 1:52PM – 3:29PM	Shatabhishak Until 2:16AM Fri Vyatipata* Until 3:01AM Fri Bava Until 3:15AM Fri Chaturthi* Until 1:55PM	Ganesha: Red <i>Sunrise:</i> 5:45AM Muruqa: Clear <i>Sunset:</i> 6:44PM Nataraja: Green Moon – Purple Pausha-Markali
				Devaloka Day

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lusaka, Zambia Sun 19 Sutra 271 Vilamba 5120
5	Kumbha Rasi: 21.45 Tithi 5 – 6 Creative Work Siddha Yoga	Gulika 7:23AM – 9:01AM Yama 3:30PM – 5:07PM Rahu 10:38AM – 12:15PM	Purvaproshtapada* Until 5:14AM Sat Variyan Until 3:43AM Sat Kaulava Until 5:37AM Sat Panchami Until 4:27PM	Ganesha: Clear <i>Sunrise:</i> 5:46AM Muruqa: Clear <i>Sunset:</i> 6:44PM Nataraja: Green Moon – Clear Pausha-Markali
				Devaloka Day

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila Karana Shashthyam Titau		Lusaka, Zambia Sun 20 Sutra 272 Vilamba 5120
6	Meena Rasi: 3.42 Tithi 6 Creative Work Siddha Yoga Until 7:37AM Sun Then Creative Work - Amrita Yoga	Gulika 5:47AM – 7:24AM Yama 1:53PM – 3:30PM Rahu 9:01AM – 10:38AM	Uttaraproshtapada Until 7:37AM Sun Parigha* Until 4:06AM Sun Taitila Until 6:37PM Shashthi* Until 6:37PM	Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruqa: Clear <i>Sunset:</i> 6:44PM Nataraja: Green Moon – Clear Pausha-Markali
				Devaloka Day

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Lusaka, Zambia Sun 21 Sutra 273 Vilamba 5120
Retreat Star		Gulika 3:30PM – 5:07PM Yama 12:16PM – 1:53PM Rahu 5:07PM – 6:44PM	Uttaraproshtapada Until 7:37AM Shiva Until 4:02AM Mon Gara Until 7:32AM Saptami Until 8:15PM	Ganesha: Clear <i>Sunrise:</i> 5:47AM Muruqa: Clear <i>Sunset:</i> 6:44PM Nataraja: Green Moon – Clear Pausha-Markali
Meena Rasi: 15.5 Tithi 7 Creative Work Amrita Yoga		Devaloka Day		

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Lusaka, Zambia Sun 22 Sutra 274 Vilamba 5120
Retreat Star		Gulika 1:53PM – 3:30PM Yama 10:39AM – 12:16PM Rahu 7:25AM – 9:02AM	Revati Until 9:14AM Siddha Until 3:23AM Tue Visti Until 8:49AM Ashtami* Until 9:10PM	Ganesha: Clear <i>Sunrise:</i> 5:48AM Muruqa: Clear <i>Sunset:</i> 6:44PM Nataraja: Green Moon – Clear Pausha-Thai
Meena Rasi: 28.13 Tithi 8 Family Home Evening Creative Work Siddha Yoga		Devaloka Day		

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Lusaka, Zambia Sun 23 Sutra 275 Vilamba 5120
Retreat Star		Gulika 12:17PM – 1:54PM Yama 9:02AM – 10:40AM Rahu 3:31PM – 5:08PM	Ashvini Until 10:28AM Sadhya Until 2:08AM Wed Balava Until 9:21AM Navami* Until 9:18PM	Ganesha: Purple <i>Sunrise:</i> 5:48AM Muruqa: Clear <i>Sunset:</i> 6:45PM Nataraja: Green Moon – White Pausha-Thai
Mesha Rasi: 10.55 Tithi 9 Creative Work Siddha Yoga		Sivaloka Day		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Wednesday, January 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 24 Sutra 276 Vilamba 5120
	Mesha Rasi: 24.01	Tithi 10	Gulika 10:40AM – 12:17PM	Bharani Until 10:43AM	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	
			Yama 7:26AM – 9:03AM	Subha Until 12:15AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 38
		823173366	Rahu 12:17PM – 1:54PM	Taitila Until 9:04AM	Nataraja: Green		4th Phase
Creative Work Siddha Yoga			Dashami Until 8:36PM	Moon – White		Sivaloka Day	
Until 10:43AM				Pausha-Thai			
Then Creative Work - Amrita Yoga							

2	Thursday, January 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 25 Sutra 277 Vilamba 5120
	Vrishabha Rasi: 7.35	Tithi 11	Gulika 9:03AM – 10:40AM	Krittika Until 10:02AM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	
			Yama 5:50AM – 7:27AM	Sukla Until 9:43PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 38
		823173366	Rahu 1:54PM – 3:31PM	Vanija Until 7:57AM	Nataraja: Green		4th Phase
Routine Work Marana Yoga			Ekadashi Until 7:05PM	Moon – White		Sivaloka Day	
				Pausha-Thai			

3	Friday, January 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 278 Vilamba 5120
	Vrishabha Rasi: 21.35	Tithi 12 – 13	Gulika 7:27AM – 9:04AM	Rohini Until 8:54AM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM	
			Yama 3:31PM – 5:08PM	Brahma Until 6:37PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 38
		833173366	Rahu 10:41AM – 12:18PM	Bava Until 6:05AM	Nataraja: Green		4th Phase
Routine Work Marana Yoga			Dvadashi Until 4:52PM	Moon – Yellow		Devaloka Day	
Until 8:54AM				Pausha-Thai			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

4	Saturday, January 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 279 Vilamba 5120
	Mithuna Rasi: 6.03	Tithi 13 – 14	Gulika 5:51AM – 7:28AM	Mrigashira Until 6:59AM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM	
			Yama 1:55PM – 3:31PM	Indra Until 3:05PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 38
		833173366	Rahu 9:04AM – 10:41AM	Gara Until 12:29AM Sun	Nataraja: Green		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 2:03PM	Moon – Yellow		Devaloka Day	
				Pausha-Thai			

○	Sunday, January 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sutra 280 Vilamba 5120
	Copper Retreat Star		Gulika 3:32PM – 5:08PM	Punarvasu Until 1:50AM Mon	Ganesha: White	<i>Sunrise:</i> 5:51AM	
	Mithuna Rasi: 20.52	Tithi 14 – 15	Yama 12:18PM – 1:55PM	Vaidhriti* Until 11:09AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 38
		843173366	Rahu 5:08PM – 6:45PM	Visti Until 9:04PM	Nataraja: Green		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 10:48AM	Moon – Blue		Sivaloka Day	
				Pausha-Thai			

○	Monday, January 21, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 281 Vilamba 5120
	Silver Retreat Star		Gulika 1:55PM – 3:32PM	Pushya Until 10:55PM	Ganesha: White	<i>Sunrise:</i> 5:52AM	
	Kataka Rasi: 5.57	Tithi 15 – 16	Yama 10:42AM – 12:18PM	Vishkambha* Until 7:01AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 38
		843173366	Rahu 7:29AM – 9:05AM	Kaulava Until 3:34AM Tue	Nataraja: Green		Prathama
Family Home Evening			Purnima* Until 7:15AM	Moon – Blue		Sivaloka Day	
Creative Work Siddha Yoga				Pausha-Thai			
				Total Lunar Eclipse Thai Pusam			



Tuesday, January 22, 2019
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia
 Sutra 282
 Vilamba 5120
 Moon 1 - Phase 39
 1st Phase

Kataka Rasi: 21.08 Tithi 17
 844173366 Rahu
 Creative Work Siddha Yoga

Gulika 12:19PM – 1:55PM
Ashlesha* Until 7:53PM
Yama 9:06AM – 10:42AM
Ayushman Until 10:32PM
Rahu 3:32PM – 5:08PM
Taitila Until 1:45PM
Dvitiya Until 11:56PM

Ganesha: Clear *Sunrise: 5:52AM*
Muruqa: Clear *Sunset: 6:45PM*
Nataraja: Green
 Moon – Blue
Devaloka Day
Pausha*Thai

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
 Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trityayam Titau

Lusaka, Zambia
 Sun 1 Sutra 283
 Vilamba 5120
 Moon 1 - Phase 39
 1st Phase

Simha Rasi: 6.16 Tithi 18
 854173366 Rahu
 Creative Work Siddha Yoga
 Until 5:16PM
 Then Creative Work - Amrita Yoga

Gulika 10:43AM – 12:19PM
Magha* Until 5:16PM
Yama 7:30AM – 9:06AM
Saubhagya Until 6:27PM
Rahu 12:19PM – 1:55PM
Vanija Until 10:12AM
Tritiya Until 8:29PM

Ganesha: Purple *Sunrise: 5:53AM*
Muruqa: Clear *Sunset: 6:45PM*
Nataraja: Green
 Moon – Red
Bhuloka Day
Devaloka Time: 12:PM to 3:PM
Pausha*Thai

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
 Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
 Sun 2 Sutra 284
 Vilamba 5120
 Moon 1 - Phase 39
 1st Phase

Simha Rasi: 21.13 Tithi 19 – 20
 854173366 Rahu
 Creative Work Siddha Yoga

Gulika 9:06AM – 10:43AM
Purvaphalguni Until 2:50PM
Yama 5:54AM – 7:30AM
Sobhana Until 2:40PM
Rahu 1:56PM – 3:32PM
Bava Until 6:54AM
Chaturthi* Until 5:24PM

Ganesha: Purple *Sunrise: 5:54AM*
Muruqa: Clear *Sunset: 6:45PM*
Nataraja: Green
 Moon – Red
Bhuloka Day
Devaloka Time: 12:PM to 3:PM
Pausha*Thai

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia
 Sun 3 Sutra 285
 Vilamba 5120
 Moon 1 - Phase 39
 1st Phase

Kanya Rasi: 5.52 Tithi 20 – 21
 954173366 Rahu
 Creative Work Siddha Yoga
 Until 12:45PM
 Then Creative Work - Amrita Yoga

Gulika 7:30AM – 9:07AM
Uttaraphalguni Until 12:45PM
Yama 3:32PM – 5:08PM
Athiganda* Until 11:14AM
Rahu 10:43AM – 12:19PM
Gara Until 1:44AM Sat
Panchami Until 2:47PM

Ganesha: Clear *Sunrise: 5:54AM*
Muruqa: Clear *Sunset: 6:45PM*
Nataraja: Green
 Moon – Red
Devaloka Day
Pausha*Thai

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
 Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia
 Sun 4 Sutra 286
 Vilamba 5120
 Moon 1 - Phase 39
 1st Phase

Kanya Rasi: 20.06 Tithi 21 – 22
 964173366 Rahu
 Routine Work Marana Yoga

Gulika 5:55AM – 7:31AM
Hasta Until 11:31AM
Yama 1:56PM – 3:32PM
Sukarma Until 8:18AM
Rahu 9:07AM – 10:43AM
Visti Until 12:04AM Sun
Shashthi* Until 12:48PM

Ganesha: Purple *Sunrise: 5:55AM*
Muruqa: Clear *Sunset: 6:45PM*
Nataraja: Green
 Moon – Green
Bhuloka Day
Devaloka Time: 12:PM to 3:PM
Pausha*Thai

D

Sunday, January 27, 2019
Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Chitra/Svati Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia
 Sun 5 Sutra 287
 Vilamba 5120
 Moon 1 - Phase 39
 Ashtami

Tula Rasi: 3.55 Tithi 22 – 23
 964173366 Rahu
 Creative Work Siddha Yoga

Gulika 3:32PM – 5:08PM
Chitra Until 10:51AM
Yama 12:20PM – 1:56PM
Shula* Until 4:06AM Mon
Rahu 5:08PM – 6:45PM
Balava Until 11:08PM
Saptami Until 11:30AM

Ganesha: Purple *Sunrise: 5:55AM*
Muruqa: Clear *Sunset: 6:45PM*
Nataraja: Green
 Moon – Green
Bhuloka Day
Devaloka Time: 12:PM to 3:PM
Pausha*Thai

Monday, January 28, 2019
Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
 Svati/Vishakha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia
 Sun 6 Sutra 288
 Vilamba 5120
 Moon 1 - Phase 39
 Navami

Tula Rasi: 17.19 Tithi 23 – 24
 964173366 Rahu
Family Home Evening
 Creative Work Amrita Yoga
 Until 10:44AM
 Then Routine Work - Marana Yoga

Gulika 1:56PM – 3:32PM
Svati Until 10:44AM
Yama 10:44AM – 12:20PM
Ganda* Until 2:52AM Tue
Rahu 7:32AM – 9:08AM
Taitila Until 10:58PM
Ashtami* Until 10:56AM

Ganesha: Purple *Sunrise: 5:56AM*
Muruqa: Clear *Sunset: 6:45PM*
Nataraja: Green
 Moon – Green
Bhuloka Day
Devaloka Time: 12:PM to 3:PM
Pausha*Thai

1		Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Vridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 7 Sutra 289	
Wrischika Rasi: 0.18	Tithi 24 – 25	Gulika	12:20PM – 1:56PM	Vishakha Until 11:40AM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Vilamba 5120
		Yama	9:08AM – 10:44AM	Viridhi Until 2:12AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 40
		974173366 Rahu	3:32PM – 5:08PM	Vanija Until 11:30PM	Nataraja: Green		2nd Phase
Routine Work	Marana Yoga			Navami* Until 11:07AM	Moon – Orange		Devaloka Day
Until 11:40AM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

2		Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Lusaka, Zambia Sun 8 Sutra 290	
Wrischika Rasi: 12.58	Tithi 25 – 26	Gulika	10:45AM – 12:20PM	Anuradha Until 1:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM	Vilamba 5120
		Yama	7:33AM – 9:09AM	Dhruva Until 2:00AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 40
		974173366 Rahu	12:20PM – 1:56PM	Bava Until 12:42AM Thu	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 12:00PM	Moon – Orange		Devaloka Day
					Pausha*Thai		

3		Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 9 Sutra 291	
Wrischika Rasi: 25.21	Tithi 26 – 27	Gulika	9:09AM – 10:45AM	Jyeshtha* Until 2:57PM	Ganesha: Clear	<i>Sunrise:</i> 5:57AM	Vilamba 5120
		Yama	5:57AM – 7:33AM	Vyaghata* Until 2:13AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 40
		974173366 Rahu	1:56PM – 3:32PM	Kaulava Until 2:27AM Fri	Nataraja: Green		2nd Phase
Routine Work	Prabalarishta Yoga			Ekadashi* Until 1:30PM	Moon – Orange		Devaloka Day
Until 2:57PM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

4		Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 10 Sutra 292	
Dhanus Rasi: 7.31	Tithi 27 – 28	Gulika	7:33AM – 9:09AM	Mula* Until 5:35PM	Ganesha: White	<i>Sunrise:</i> 5:57AM	Vilamba 5120
		Yama	3:32PM – 5:08PM	Harshana Until 2:47AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 40
		984173366 Rahu	10:45AM – 12:21PM	Gara Until 4:38AM Sat	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 3:28PM	Moon – Light Blue		Bhuloka Day
Until 5:35PM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Prabalarishta Yoga							
					<i>Pradosha Vrata (Fasting)</i>		

5		Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 11 Sutra 293	
Dhanus Rasi: 19.31	Tithi 28 – 29	Gulika	5:58AM – 7:33AM	Purvashadha* Until 8:23PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Vilamba 5120
		Yama	1:57PM – 3:32PM	Vajra* Until 3:32AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 40
		984173366 Rahu	9:09AM – 10:45AM	Visti Until 7:06AM Sun	Nataraja: Green		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 5:49PM	Moon – Light Blue		Bhuloka Day
Until 8:23PM					Pausha*Thai		Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga							

6		Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 294	
Makara Rasi: 1.24	Tithi 29	Gulika	3:32PM – 5:08PM	Uttarashadha Until 11:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:58AM	Vilamba 5120
		Yama	12:21PM – 1:57PM	Siddhi Until 4:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 1 - Phase 40
		985173366 Rahu	5:08PM – 6:44PM	Visti Until 7:06AM	Nataraja: Green		2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 8:24PM	Moon – Light Blue		Devaloka Day
					Pausha*Thai		

●		Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 295	
Retreat Star		Gulika	1:57PM – 3:32PM	Shravana Until 2:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:59AM	Vilamba 5120
Makara Rasi: 13.14	Tithi 30	Yama	10:45AM – 12:21PM	Vyatipata* Until 5:27AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 1 - Phase 40
Family Home Evening		995173367 Rahu	7:34AM – 9:10AM	Catuspada Until 9:46AM	Nataraja: White		Amavasya
Creative Work	Amrita Yoga			Amavasya* Until 11:06PM	Moon – Purple		Devaloka Day
Until 2:32AM Tue					Pausha*Thai		
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 296	
Makara Rasi: 25.01	Tithi 1	Gulika	12:21PM – 1:57PM	Dhanishtha Until 5:39AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:59AM	Vilamba 5120
		Yama	9:10AM – 10:46AM	Variyan Until 6:24AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 1 - Phase 40
		995173367 Rahu	3:32PM – 5:08PM	Kintughna Until 12:29PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga			Prathama* Until 1:48AM Wed	Moon – Purple		Devaloka Day
					Magha*Thai		

1	Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lusaka, Zambia
	Kumbha Rasi: 6.5	Tithi 2	Gulika 10:46AM – 12:21PM	Shatabhishak Until 8:30AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:00AM	Sun 15 Sutra 297
	Creative Work	Siddha Yoga	Yama 7:35AM – 9:10AM 995173367 Rahu 12:21PM – 1:57PM	Variyan Until 6:24AM Balava Until 3:09PM Dvitiya Until 4:25AM Thu	Muruqa: Clear Nataraja: White Moon – Purple	<i>Sunset:</i> 6:43PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase Devaloka Day

2	Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Lusaka, Zambia
	Kumbha Rasi: 18.4	Tithi 3	Gulika 9:11AM – 10:46AM	Shatabhishak Until 8:30AM	Ganesha: Red	<i>Sunrise:</i> 6:00AM	Sun 16 Sutra 298
	Creative Work	Siddha Yoga	Yama 6:00AM – 7:35AM 995173367 Rahu 1:57PM – 3:32PM	Parigha* Until 7:18AM Taitila Until 5:40PM Tritiya Until 6:50AM Fri	Muruqa: Clear Nataraja: White Moon – Purple	<i>Sunset:</i> 6:43PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase Devaloka Day

3	Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lusaka, Zambia
	Meena Rasi: 0.35	Tithi 3 – 4	Gulika 7:36AM – 9:11AM	Purvaproshtapada* Until 11:29AM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM	Sun 17 Sutra 299
	Creative Work	Siddha Yoga	Yama 3:32PM – 5:07PM 915173367 Rahu 10:46AM – 12:21PM	Shiva Until 8:03AM Vanija Until 7:57PM Tritiya Until 6:50AM	Muruqa: Clear Nataraja: White Moon – Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase Sivaloka Day

4	Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia
	Meena Rasi: 12.37	Tithi 4 – 5	Gulika 6:01AM – 7:36AM	Uttaraproshtapada Until 2:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:01AM	Sun 18 Sutra 300
	Creative Work	Siddha Yoga	Yama 1:57PM – 3:32PM 915173367 Rahu 9:11AM – 10:46AM	Siddha Until 8:33AM Bava Until 9:54PM Chaturthi* Until 8:57AM	Muruqa: Clear Nataraja: White Moon – Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase Sivaloka Day

5	Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lusaka, Zambia
	Meena Rasi: 24.47	Tithi 5 – 6	Gulika 3:32PM – 5:07PM	Revati Until 3:59PM	Ganesha: Red	<i>Sunrise:</i> 6:01AM	Sun 19 Sutra 301
	Creative Work	Amrita Yoga	Yama 12:21PM – 1:56PM 915273367 Rahu 5:07PM – 6:42PM	Sadhya Until 8:47AM Kaulava Until 11:23PM Panchami Until 10:41AM	Muruqa: Clear Nataraja: White Moon – Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase Devaloka Day

6	Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lusaka, Zambia
	Mesha Rasi: 7.1	Tithi 6 – 7	Gulika 1:56PM – 3:31PM	Ashvini Until 5:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM	Sun 20 Sutra 302
	Family Home Evening	Creative Work	Yama 10:47AM – 12:21PM 925273367 Rahu 7:37AM – 9:12AM	Subha Until 8:38AM Gara Until 12:18AM Tue Shashthi* Until 11:54AM	Muruqa: Clear Nataraja: White Moon – White	<i>Sunset:</i> 6:41PM	Vilamba 5120 Moon 1 - Phase 41 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

D	Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lusaka, Zambia
	Retreat Star		Gulika 12:21PM – 1:56PM	Bharani Until 6:44PM	Ganesha: Blue	<i>Sunrise:</i> 6:02AM	Sun 21 Sutra 303
	Mesha Rasi: 19.49	Tithi 7 – 8	Yama 9:12AM – 10:47AM 925273367 Rahu 3:31PM – 5:06PM	Sukla Until 8:00AM Visti Until 12:32AM Wed Saptami Until 12:29PM	Muruqa: Clear Nataraja: White Moon – White	<i>Sunset:</i> 6:41PM	Vilamba 5120 Moon 1 - Phase 41 Ashtami Bhuloka Day Devaloka Time: 12:PM to 3:PM

D	Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lusaka, Zambia
	Retreat Star		Gulika 10:47AM – 12:21PM	Krittika Until 6:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:03AM	Sun 22 Sutra 304
	Vrishabha Rasi: 2.47	Tithi 8 – 9	Yama 7:37AM – 9:12AM 926273367 Rahu 12:21PM – 1:56PM	Brahma Until 6:51AM Balava Until 12:02AM Thu Ashtami* Until 12:22PM	Muruqa: Clear Nataraja: White Moon – White	<i>Sunset:</i> 6:40PM	Vilamba 5120 Moon 1 - Phase 41 Navami Devaloka Day

1	Thursday, February 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Lusaka, Zambia Sun 23 Sutra 305 Vilamba 5120
	936273367	9:12AM – 10:47AM	Rohini Until 6:33PM	Ganesha: White	Sunrise: 6:03AM		
		6:03AM – 7:38AM	Vaidhriti* Until 2:45AM Fri	Muruqa: Clear	Sunset: 6:40PM	Moon 1 - Phase 42	
	Rahu	1:56PM – 3:31PM	Taitila Until 10:45PM	Nataraja: White	Moon – Yellow	4th Phase	Sivaloka Day
Vrishabha Rasi: 16.1 Tithi 9 – 10		Routine Work Marana Yoga					
		Navami* Until 11:28AM		Magha-Masi			

2	Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 306 Vilamba 5120
	936273367	7:38AM – 9:12AM	Mrigashira Until 5:22PM	Ganesha: White	Sunrise: 6:03AM		
		3:31PM – 5:05PM	Vishkambha* Until 11:51PM	Muruqa: Clear	Sunset: 6:40PM	Moon 1 - Phase 42	
	Rahu	10:47AM – 12:21PM	Vanija Until 8:45PM	Nataraja: White	Moon – Yellow	4th Phase	Sivaloka Day
Vrishabha Rasi: 29.58 Tithi 10 – 11		Creative Work Siddha Yoga					
		Dashami Until 9:49AM		Magha-Masi			

3	Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Lusaka, Zambia Sun 25 Sutra 307 Vilamba 5120
	936273367	6:04AM – 7:38AM	Ardra Until 3:23PM	Ganesha: White	Sunrise: 6:04AM		
		1:56PM – 3:30PM	Priti Until 8:26PM	Muruqa: Clear	Sunset: 6:39PM	Moon 1 - Phase 42	
	Rahu	9:13AM – 10:47AM	Bava Until 6:07PM	Nataraja: White	Moon – Yellow	4th Phase	Sivaloka Day
Mithuna Rasi: 14.13 Tithi 11 – 12		Creative Work Siddha Yoga					
		Ekadashi Until 7:30AM		Magha-Masi			

4	Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 308 Vilamba 5120
	946273367	3:30PM – 5:04PM	Punarvasu Until 1:09PM	Ganesha: Clear	Sunrise: 6:04AM		
		12:21PM – 1:56PM	Ayushman Until 4:36PM	Muruqa: Clear	Sunset: 6:39PM	Moon 1 - Phase 42	
	Rahu	5:04PM – 6:39PM	Kaulava Until 2:58PM	Nataraja: White	Moon – Blue	4th Phase	Devaloka Day
Mithuna Rasi: 28.53 Tithi 13		Creative Work Siddha Yoga					
		Trayodashi Until 1:14AM Mon		Magha-Masi			
				<i>Pradosha Vrata</i>			

5	Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 309 Vilamba 5120
	946273367	1:56PM – 3:30PM	Pushya Until 10:24AM	Ganesha: Clear	Sunrise: 6:04AM		
		10:47AM – 12:21PM	Saubhagya Until 12:29PM	Muruqa: Clear	Sunset: 6:38PM	Moon 1 - Phase 42	
	Rahu	7:39AM – 9:13AM	Gara Until 11:27AM	Nataraja: White	Moon – Blue	4th Phase	Devaloka Day
Kataka Rasi: 13.52 Tithi 14		Creative Work Siddha Yoga					
		Chidambaram Abhishekam	Chaturdashi* Until 9:35PM	Magha-Masi			

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 310 Vilamba 5120	
	Copper Retreat Star		946273367	12:21PM – 1:55PM	Ashlesha* Until 7:18AM	Ganesha: Clear	Sunrise: 6:05AM	
	Kataka Rasi: 29.05	Tithi 15 – 16		9:13AM – 10:47AM	Sobhana Until 8:12AM	Muruqa: Clear	Sunset: 6:38PM	Moon 1 - Phase 42
	Rahu		3:29PM – 5:04PM	Visti Until 7:43AM	Nataraja: White	Moon – Blue	Purnima	Devaloka Day
Creative Work Siddha Yoga				Purnima* Until 5:48PM		Magha-Masi		

	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sutra 311 Vilamba 5120	
	Silver Retreat Star		957273367	10:47AM – 12:21PM	Purvaphalguni Until 1:30AM Thu	Ganesha: Clear	Sunrise: 6:05AM	
	Simha Rasi: 14.2	Tithi 16 – 17		7:39AM – 9:13AM	Sukarma Until 11:38PM	Muruqa: Clear	Sunset: 6:37PM	Moon 1 - Phase 42
	Rahu		12:21PM – 1:55PM	Taitila Until 12:15AM Thu	Nataraja: White	Moon – Red	Prathama	Devaloka Day
Creative Work Amrita Yoga				Prathama* Until 2:03PM		Magha-Masi		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 29.28 Tithi 17 - 18

957273367

Gulika 9:13AM - 10:47AM
Yama 6:05AM - 7:39AM
Rahu 1:55PM - 3:29PM

Uttaraphalguni Until 10:46PM
Dhriti Until 7:40PM
Vanija Until 8:53PM
Dvitiya Until 10:30AM

Ganesha: Clear *Sunrise: 6:05AM*
Muruqa: Clear *Sunset: 6:37PM*
Nataraja: White
Moon - Red
Magha-Masi

Devaloka Day

Until 10:46PM

Then Routine Work - Marana Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 14.21 Tithi 18 - 19

967273367

Gulika 7:39AM - 9:13AM
Yama 3:29PM - 5:02PM
Rahu 10:47AM - 12:21PM

Hasta Until 8:47PM
Shula* Until 4:01PM
Balava Until 4:41AM Sat
Tritiya Until 7:20AM

Ganesha: White *Sunrise: 6:06AM*
Muruqa: Clear *Sunset: 6:36PM*
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 8:47PM

Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 28.5 Tithi 20

967273367

Gulika 6:06AM - 7:40AM
Yama 1:55PM - 3:28PM
Rahu 9:13AM - 10:47AM

Chitra Until 7:16PM
Ganda* Until 12:53PM
Kaulava Until 3:38PM
Panchami Until 2:43AM Sun

Ganesha: White *Sunrise: 6:06AM*
Muruqa: Clear *Sunset: 6:36PM*
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 7:16PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 12.52 Tithi 21

967273367

Gulika 3:28PM - 5:02PM
Yama 12:21PM - 1:54PM
Rahu 5:02PM - 6:35PM

Svati Until 6:21PM
Vridhi Until 10:20AM
Gara Until 2:03PM
Shashthi* Until 1:33AM Mon

Ganesha: White *Sunrise: 6:06AM*
Muruqa: Clear *Sunset: 6:35PM*
Nataraja: White
Moon - Green
Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Until 6:21PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saplamyam Titau

Lusaka, Zambia

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 26.25 Tithi 22

977273367

Gulika 1:54PM - 3:28PM
Yama 10:47AM - 12:21PM
Rahu 7:40AM - 9:14AM

Vishakha Until 6:34PM
Dhruva Until 8:25AM
Visti Until 1:18PM
Saptami Until 1:14AM Tue

Ganesha: Yellow *Sunrise: 6:06AM*
Muruqa: Clear *Sunset: 6:35PM*
Nataraja: White
Moon - Orange
Magha-Masi

Devaloka Day

Until 6:34PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 9.29 Tithi 23

977273367

Gulika 12:20PM - 1:54PM
Yama 9:14AM - 10:47AM
Rahu 3:27PM - 5:01PM

Anuradha Until 7:29PM
Vyaghata* Until 7:11AM
Balava Until 1:26PM
Ashtami* Until 1:47AM Wed

Ganesha: Yellow *Sunrise: 6:07AM*
Muruqa: Clear *Sunset: 6:34PM*
Nataraja: White
Moon - Orange
Magha-Masi

Devaloka Day

Until 7:29PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

6

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 22.1 Tithi 24

978273367

Gulika 10:47AM - 12:20PM
Yama 7:40AM - 9:14AM
Rahu 12:20PM - 1:54PM

Jyeshtha* Until 9:01PM
Harshana Until 6:39AM
Taitila Until 2:23PM
Navami* Until 3:08AM Thu

Ganesha: Blue *Sunrise: 6:07AM*
Muruqa: Clear *Sunset: 6:33PM*
Nataraja: White
Moon - Orange
Magha-Masi

Sivaloka Day

Until 9:01PM

Then Routine Work - Marana Yoga

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visiti* Karana Dashamyam Titau				Lusaka, Zambia Sun 8 Sutra 319	
Dhanus Rasi: 4.29	Tithi 25	Gulika	9:14AM – 10:47AM	Mula* Until 11:33PM	Ganesha: Red	Sunrise: 6:07AM		Vilamba 5120	
		Yama	6:07AM – 7:40AM	Vajra* Until 6:39AM	Muruqa: Clear	Sunset: 6:33PM		Moon 2 - Phase 44	
		988273367 Rahu	1:53PM – 3:26PM	Vanija Until 4:05PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Dashami Until 5:07AM Fri	Moon – Light Blue			Devaloka Day	
					Magha-Masi				

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Ekadashyam Titau				Lusaka, Zambia Sun 9 Sutra 320	
Dhanus Rasi: 16.33	Tithi 26	Gulika	7:41AM – 9:14AM	Purvashadha* Until 2:22AM Sat	Ganesha: Red	Sunrise: 6:08AM		Vilamba 5120	
		Yama	3:26PM – 4:59PM	Siddhi Until 7:09AM	Muruqa: Clear	Sunset: 6:32PM		Moon 2 - Phase 44	
		988273367 Rahu	10:47AM – 12:20PM	Bava Until 6:19PM	Nataraja: White			2nd Phase	
Routine Work	Prabalarishta Yoga			Ekadashi* Until 7:34AM Sat	Moon – Light Blue			Devaloka Day	
Until 2:22AM Sat					Magha-Masi				
Then Routine Work - Marana Yoga									

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyalipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 10 Sutra 321	
Dhanus Rasi: 28.26	Tithi 26 – 27	Gulika	6:08AM – 7:41AM	Uttarashadha Until 5:19AM Sun	Ganesha: Red	Sunrise: 6:08AM		Vilamba 5120	
		Yama	1:52PM – 3:25PM	Vyatipata* Until 7:59AM	Muruqa: Clear	Sunset: 6:31PM		Moon 2 - Phase 44	
		988273367 Rahu	9:14AM – 10:47AM	Kaulava Until 8:55PM	Nataraja: White			2nd Phase	
Routine Work	Marana Yoga			Ekadashi* Until 7:34AM	Moon – Light Blue			Devaloka Day	
Until 5:19AM Sun					Magha-Masi				
Then Creative Work - Amrita Yoga									

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 11 Sutra 322	
Makara Rasi: 10.14	Tithi 27 – 28	Gulika	3:25PM – 4:58PM	Shravana Until 8:40AM Mon	Ganesha: Yellow	Sunrise: 6:08AM		Vilamba 5120	
		Yama	12:19PM – 1:52PM	Variyan Until 8:58AM	Muruqa: Clear	Sunset: 6:30PM		Moon 2 - Phase 44	
		988273367 Rahu	4:58PM – 6:30PM	Gara Until 11:39PM	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 10:15AM	Moon – Purple			Devaloka Day	
Until 8:40AM Mon					Magha-Masi				
Then Creative Work - Siddha Yoga									
					<i>Pradosha Vrata (Fasting)</i>				

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 323	
Makara Rasi: 22.01	Tithi 28 – 29	Gulika	1:52PM – 3:24PM	Shravana Until 8:40AM	Ganesha: Yellow	Sunrise: 6:08AM		Vilamba 5120	
Family Home Evening		Yama	10:46AM – 12:19PM	Parigha* Until 10:02AM	Muruqa: Clear	Sunset: 6:30PM		Moon 2 - Phase 44	
		988273367 Rahu	7:41AM – 9:14AM	Visti Until 2:22AM Tue	Nataraja: White			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 1:00PM	Moon – Purple			Devaloka Day	
Until 8:40AM					Magha-Masi				
Then Creative Work - Siddha Yoga									
					Mahasivaratri (Lunar)				
					Mahasivaratri (Solar)				

6		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 324	
Kumbha Rasi: 3.48	Tithi 29 – 30	Gulika	12:19PM – 1:51PM	Dhanishtha Until 11:47AM	Ganesha: Clear	Sunrise: 6:09AM		Vilamba 5120	
		Yama	9:14AM – 10:46AM	Shiva Until 11:03AM	Muruqa: Clear	Sunset: 6:29PM		Moon 2 - Phase 44	
		199273367 Rahu	3:24PM – 4:57PM	Catuspada Until 4:56AM Wed	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 3:39PM	Moon – Purple			Devaloka Day	
Until 11:47AM					Magha-Masi				
Then Routine Work - Marana Yoga									

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddha/Sadhya Yoga Naga* Karana Amavasyayam Titau				Lusaka, Zambia Sun 14 Sutra 325	
Kumbha Rasi: 15.4	Tithi 30	Gulika	10:46AM – 12:19PM	Shatabhishak Until 2:33PM	Ganesha: Clear	Sunrise: 6:09AM		Vilamba 5120	
		Yama	7:41AM – 9:14AM	Siddha Until 11:53AM	Muruqa: Clear	Sunset: 6:28PM		Moon 2 - Phase 44	
		199273367 Rahu	12:19PM – 1:51PM	Naga Until 6:06PM	Nataraja: White			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 6:06PM	Moon – Purple			Devaloka Day	
Until 2:33PM					Magha-Masi				
Then Creative Work - Amrita Yoga									

Retreat Star		Thursday, March 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Lusaka, Zambia Sun 15 Sutra 326	
Kumbha Rasi: 27.37	Tithi 1	Gulika	9:14AM – 10:46AM	Purvaprosarthapada* Until 5:24PM	Ganesha: Yellow	Sunrise: 6:09AM		Vilamba 5120	
		Yama	6:09AM – 7:41AM	Sadhya Until 12:32PM	Muruqa: Clear	Sunset: 6:28PM		Moon 2 - Phase 44	
		119373367 Rahu	1:51PM – 3:23PM	Kintughna Until 7:14AM	Nataraja: White			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 8:15PM	Moon – Clear			Devaloka Day	
					Phalgun-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1		Friday, March 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lusaka, Zambia Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 9.4	Tithi 2	Gulika 7:41AM – 9:14AM	Uttaraproshtapada Until 7:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM			
		Yama 3:23PM – 4:56PM	Subha Until 12:58PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM			Moon 2 - Phase 45
Creative Work	Siddha Yoga	119373367 Rahu 10:46AM – 12:18PM	Balava Until 9:13AM	Nataraja: White				3rd Phase
			Dvitiya Until 10:04PM	Phalguna-Masi			Devaloka Day	
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Lusaka, Zambia Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 21.53	Tithi 3	Gulika 6:09AM – 7:42AM	Revati Until 9:38PM	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM			
		Yama 1:50PM – 3:22PM	Sukla Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM			Moon 2 - Phase 45
Routine Work	Prabalarishta Yoga	119373367 Rahu 9:14AM – 10:46AM	Taitila Until 10:53AM	Nataraja: White				3rd Phase
Until 9:38PM			Tritiya Until 11:33PM	Phalguna-Masi			Devaloka Day	
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day						
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Lusaka, Zambia Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 4.14	Tithi 4	Gulika 3:22PM – 4:54PM	Ashvini Until 11:27PM	Ganesha: Red	<i>Sunrise:</i> 6:10AM			
		Yama 12:18PM – 1:50PM	Brahma Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM			Moon 2 - Phase 45
Creative Work	Siddha Yoga	129373367 Rahu 4:54PM – 6:26PM	Vanija Until 12:09PM	Nataraja: White				3rd Phase
Until 11:27PM			Chaturthi* Until 12:38AM Mon	Phalguna-Masi			Devaloka Day	
Then Routine Work - Prabalarishta Yoga								
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Valdhriti* Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 16.46	Tithi 5	Gulika 1:49PM – 3:21PM	Bharani Until 12:41AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:10AM			
Family Home Evening		Yama 10:45AM – 12:17PM	Indra Until 12:34PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM			Moon 2 - Phase 45
Creative Work	Siddha Yoga	129373367 Rahu 7:42AM – 9:14AM	Bava Until 1:01PM	Nataraja: White				3rd Phase
			Panchami Until 1:16AM Tue	Phalguna-Masi			Devaloka Day	
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Lusaka, Zambia Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 29.29	Tithi 6	Gulika 12:17PM – 1:49PM	Krittika Until 1:17AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:10AM			
		Yama 9:14AM – 10:45AM	Vaidhriti* Until 11:45AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM			Moon 2 - Phase 45
Creative Work	Siddha Yoga	129373367 Rahu 3:21PM – 4:53PM	Kaulava Until 1:25PM	Nataraja: White				3rd Phase
			Shashthi* Until 1:24AM Wed	Phalguna-Masi			Devaloka Day	
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Lusaka, Zambia Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 12.28	Tithi 7	Gulika 10:45AM – 12:17PM	Rohini Until 1:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:10AM			
		Yama 7:42AM – 9:13AM	Vishkambha* Until 10:33AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM			Moon 2 - Phase 45
Creative Work	Siddha Yoga	131373367 Rahu 12:17PM – 1:49PM	Gara Until 1:17PM	Nataraja: White				3rd Phase
Until 1:39AM Thu			Saptami Until 12:59AM Thu	Phalguna-Masi			Sivaloka Day	
Then Routine Work - Marana Yoga								
☾		Thursday, March 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 25.45	Tithi 8	Gulika 9:13AM – 10:45AM	Mrigashira Until 1:15AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:10AM			
		Yama 6:10AM – 7:42AM	Priti Until 8:54AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM			Moon 2 - Phase 45
Routine Work	Marana Yoga	131373367 Rahu 1:48PM – 3:20PM	Visti Until 12:33PM	Nataraja: White				Ashtami
Until 1:15AM Fri			Ashtami* Until 11:56PM	Phalguna-Masi			Sivaloka Day	
Then Creative Work - Siddha Yoga								
☽		Friday, March 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 9.23	Tithi 9	Gulika 7:42AM – 9:13AM	Ardra Until 12:07AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:10AM			
		Yama 3:19PM – 4:51PM	Ayushman Until 6:44AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM			Moon 2 - Phase 45
Creative Work	Siddha Yoga	131373368 Rahu 10:45AM – 12:16PM	Balava Until 11:12AM	Nataraja: Clear				Navami
			Navami* Until 10:17PM	Phalguna-Panguni			Subha Sivaloka Day	
		Karadaiyan Nombu (Tamil Nadu)						

1	Saturday, March 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 24 Sutra 335 Vilamba 5120
	Mithuna Rasi: 23.22	Tithi 10	Gulika 6:11AM – 7:42AM	Punarvasu Until 10:41PM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	
			Yama 1:47PM – 3:19PM	Sobhana Until 1:00AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 9:13AM – 10:45AM	Taitila Until 9:14AM	Nataraja: Clear		4th Phase
			Dashami Until 8:02PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

2	Sunday, March 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 336 Vilamba 5120
	Kataka Rasi: 7.44	Tithi 11 – 12	Gulika 3:18PM – 4:50PM	Pushya Until 8:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	
			Yama 12:16PM – 1:47PM	Athiganda* Until 9:29PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 4:50PM – 6:21PM	Vanija Until 6:44AM	Nataraja: Clear		4th Phase
			Ekadashi Until 5:16PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

3	Monday, March 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 337 Vilamba 5120
	Kataka Rasi: 22.27	Tithi 12 – 13	Gulika 1:47PM – 3:18PM	Ashlesha* Until 6:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	
	Family Home Evening		Yama 10:44AM – 12:15PM	Sukarma Until 5:40PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	141373368 Rahu 7:42AM – 9:13AM	Kaulava Until 12:26AM Tue	Nataraja: Clear		4th Phase
			Dvadashi Until 2:07PM	Moon – Blue		Sivaloka Day	
			Yogaswami Mahasamadhi	Phalguna•Panguni			
				<i>Pradosha Vrata</i>			

4	Tuesday, March 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 338 Vilamba 5120
	Simha Rasi: 7.23	Tithi 13 – 14	Gulika 12:15PM – 1:46PM	Magha* Until 3:27PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	
			Yama 9:13AM – 10:44AM	Dhriti Until 1:40PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
	Creative Work	Siddha Yoga	151373368 Rahu 3:17PM – 4:48PM	Gara Until 8:56PM	Nataraja: Clear		4th Phase
			Trayodashi Until 10:41AM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			

	Wednesday, March 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sun 28 Sutra 339 Vilamba 5120
	Simha Rasi: 22.28	Tithi 14 – 15	Gulika 10:44AM – 12:15PM	Purvaphalguni Until 12:40PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	
			Yama 7:42AM – 9:13AM	Shula* Until 9:34AM	Muruqa: Clear	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46
	Creative Work	Amrita Yoga	151373368 Rahu 12:15PM – 1:46PM	Bava Until 3:37AM Thu	Nataraja: Clear		Purnima
			Chaturdashi* Until 7:08AM	Moon – Red		Subha Sivaloka Day	
			Panguni Uttiram	Phalguna•Panguni			
			Holi	<i>Pradosha Vrata</i>			

Silver Retreat Star	Thursday, March 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sun 29 Sutra 340 Vilamba 5120
	Kanya Rasi: 7.31	Tithi 16	Gulika 9:13AM – 10:44AM	Uttaraphalguni Until 9:50AM	Ganesha: White	<i>Sunrise:</i> 6:11AM	
			Yama 6:11AM – 7:42AM	Vriddhi Until 1:41AM Fri	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46
			151383368 Rahu 1:45PM – 3:16PM	Balava Until 1:57PM	Nataraja: Clear		Prathama
			Prathama* Until 12:19AM Fri	Moon – Red		Sivaloka Day	
				Phalguna•Panguni			
				<i>Pradosha Vrata</i>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda



Friday, March 22, 2019
Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia
Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Kanya Rasi: 22.22 Tithi 17

161383368 **Gulika** 7:42AM – 9:13AM
Yama 3:16PM – 4:46PM
Rahu 10:44AM – 12:14PM

Hasta Until 7:33AM
Dhruva Until 10:08PM
Taitila Until 10:49AM
Dvitiya Until 9:24PM

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga
Until 7:33AM
Then Creative Work - Siddha Yoga

1

Saturday, March 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Tula Rasi: 6.55 Tithi 18

162383368 **Gulika** 6:12AM – 7:42AM
Yama 1:45PM – 3:15PM
Rahu 9:13AM – 10:43AM

Svati Until 4:02AM Sun
Vyaghata* Until 7:03PM
Vanija Until 8:09AM
Tritiya Until 7:02PM

Ganesha: Blue *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: Clear
Moon – Green
Phalguna-Panguni

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga
Until 4:02AM Sun
Then Routine Work - Marana Yoga

2

Sunday, March 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sun 2 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Tula Rasi: 21.03 Tithi 19 – 20

172383368 **Gulika** 3:15PM – 4:45PM
Yama 12:14PM – 1:44PM
Rahu 4:45PM – 6:16PM

Vishakha Until 3:31AM Mon
Harshana Until 4:33PM
Bava Until 6:07AM
Chaturthi* Until 5:21PM

Ganesha: Red *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga
Until 3:31AM Mon
Then Creative Work - Siddha Yoga

3

Monday, March 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia
Sun 3 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Vrischika Rasi: 4.43 Tithi 20 – 21

172383368 **Gulika** 1:44PM – 3:14PM
Yama 10:43AM – 12:13PM
Rahu 7:42AM – 9:13AM

Anuradha Until 3:43AM Tue
Vajra* Until 2:41PM
Gara Until 4:24AM Tue
Panchami Until 4:29PM

Ganesha: Red *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 6:15PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga
Until 3:43AM Tue
Then Routine Work - Marana Yoga

4

Tuesday, March 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia
Sun 4 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Vrischika Rasi: 17.53 Tithi 21 – 22

172383368 **Gulika** 12:13PM – 1:43PM
Yama 9:13AM – 10:43AM
Rahu 3:14PM – 4:44PM

Jyeshtha* Until 4:37AM Wed
Siddhi Until 1:31PM
Visti Until 4:52AM Wed
Shashthi* Until 4:30PM

Ganesha: Red *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 6:14PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, March 27, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia
Sun 5 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Dhanus Rasi: 0.38 Tithi 22 – 23

182383368 **Gulika** 10:43AM – 12:13PM
Yama 7:42AM – 9:12AM
Rahu 12:13PM – 1:43PM

Mula* Until 6:38AM Thu
Vyatipata* Until 1:02PM
Balava Until 6:10AM Thu
Saptami Until 5:24PM

Ganesha: Green *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 6:13PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga
Until 6:38AM Thu
Then Creative Work - Siddha Yoga

D

Thursday, March 28, 2019
Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 6 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Dhanus Rasi: 13 Tithi 23

182383368 **Gulika** 9:12AM – 10:42AM
Yama 6:12AM – 7:42AM
Rahu 1:43PM – 3:13PM

Mula* Until 6:38AM
Variyan Until 1:09PM
Balava Until 6:10AM
Ashtami* Until 7:04PM

Ganesha: Green *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 6:13PM
Nataraja: Clear
Moon – Light Blue
Phalguna-Panguni

Bhuloka Day
Devaloka Time: 6:PM to 9:PM

Creative Work Siddha Yoga

Friday, March 29, 2019
Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 7 Sutra 348
Vilamba 5120
Moon 3 - Phase 47
Navami

Dhanus Rasi: 25.05 Tithi 24

182383468 **Gulika** 7:42AM – 9:12AM
Yama 3:12PM – 4:42PM
Rahu 10:42AM – 12:12PM

Purvashadha* Until 9:10AM
Parigha* Until 1:45PM
Taitila Until 8:09AM
Navami* Until 9:19PM

Ganesha: Green *Sunrise:* 6:12AM
Muruqa: Yellow *Sunset:* 6:12PM
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Routine Work Prabalarishta Yoga
Until 9:10AM
Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 349 Vilamba 5120 Moon 3 - Phase 48 2nd Phase
Makara Rasi: 6.58	Tithi 25	Gulika 6:12AM - 7:42AM	Uttarashadha Until 11:57AM	Ganesha: Green	<i>Sunrise:</i> 6:12AM	
		Yama 1:42PM - 3:12PM	Shiva Until 2:42PM	Muruqa: Yellow	<i>Sunset:</i> 6:11PM	
		182383468 Rahu 9:12AM - 10:42AM	Vanija Until 10:36AM	Nataraja: Purple		
Routine Work	Marana Yoga		Dashami Until 11:54PM	Moon - Light Blue		Devaloka Day
Until 11:57AM				Phalguna-Panguni		
Then Creative Work - Siddha Yoga						

2		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Lusaka, Zambia Sun 9 Sutra 350 Vilamba 5120 Moon 3 - Phase 48 2nd Phase
Makara Rasi: 18.46	Tithi 26	Gulika 3:11PM - 4:41PM	Shravana Until 3:17PM	Ganesha: Orange	<i>Sunrise:</i> 6:13AM	
		Yama 12:12PM - 1:41PM	Siddha Until 3:45PM	Muruqa: Yellow	<i>Sunset:</i> 6:11PM	
		192383468 Rahu 4:41PM - 6:11PM	Bava Until 1:17PM	Nataraja: Purple		
Creative Work	Amrita Yoga		Ekadashi* Until 2:36AM Mon	Moon - Purple		Sivaloka Day
Until 3:17PM				Phalguna-Panguni		
Then Routine Work - Marana Yoga						

3		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Lusaka, Zambia Sun 10 Sutra 351 Vilamba 5120 Moon 3 - Phase 48 2nd Phase
Kumbha Rasi: 0.33	Tithi 27	Gulika 1:41PM - 3:11PM	Dhanishtha Until 6:25PM	Ganesha: Green	<i>Sunrise:</i> 6:13AM	
Family Home Evening		Yama 10:42AM - 12:12PM	Sadhya Until 4:47PM	Muruqa: Yellow	<i>Sunset:</i> 6:11PM	
		192483468 Rahu 7:42AM - 9:12AM	Kaulava Until 3:56PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Dvadashi* Until 5:11AM Tue	Moon - Purple		Subha Sivaloka Day
				Phalguna-Panguni		

4		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara Karana Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 352 Vilamba 5120 Moon 3 - Phase 48 2nd Phase
Kumbha Rasi: 12.23	Tithi 28	Gulika 12:11PM - 1:41PM	Shatabhishak Until 9:10PM	Ganesha: Green	<i>Sunrise:</i> 6:13AM	
		Yama 9:12AM - 10:42AM	Subha Until 5:41PM	Muruqa: Yellow	<i>Sunset:</i> 6:10PM	
		192483468 Rahu 3:11PM - 4:40PM	Gara Until 6:23PM	Nataraja: Purple		
Routine Work	Marana Yoga		Trayodashi* Until 7:28AM Wed	Moon - Purple		Subha Sivaloka Day
				Phalguna-Panguni		
				<i>Pradosha Vrata (Fasting)</i>		

5		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 353 Vilamba 5120 Moon 3 - Phase 48 2nd Phase
Kumbha Rasi: 24.19	Tithi 28 - 29	Gulika 10:41AM - 12:11PM	Purvaproshtapada* Until 11:55PM	Ganesha: Orange	<i>Sunrise:</i> 6:13AM	
		Yama 7:42AM - 9:12AM	Sukla Until 6:17PM	Muruqa: Yellow	<i>Sunset:</i> 6:09PM	
		112483468 Rahu 12:11PM - 1:40PM	Visti Until 8:30PM	Nataraja: Purple		
Creative Work	Amrita Yoga		Trayodashi* Until 7:28AM	Moon - Clear		Sivaloka Day
Until 11:55PM				Phalguna-Panguni		
Then Creative Work - Siddha Yoga						

Retreat Star		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 354 Vilamba 5120 Moon 3 - Phase 48 Amavasya
Meena Rasi: 6.24	Tithi 29 - 30	Gulika 9:12AM - 10:41AM	Uttaraproshtapada Until 2:06AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:13AM	
		Yama 6:13AM - 7:42AM	Brahma Until 6:36PM	Muruqa: Yellow	<i>Sunset:</i> 6:08PM	
		112483468 Rahu 1:40PM - 3:10PM	Catuspada Until 10:11PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Chaturdashy* Until 9:22AM	Moon - Clear		Sivaloka Day
				Phalguna-Panguni		

Retreat Star		Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 355 Vilamba 5120 Moon 3 - Phase 48 Prathama
Meena Rasi: 18.4	Tithi 30 - 1	Gulika 7:42AM - 9:12AM	Revati Until 3:42AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:13AM	
		Yama 3:09PM - 4:38PM	Indra Until 6:37PM	Muruqa: Yellow	<i>Sunset:</i> 6:08PM	
		112483468 Rahu 10:41AM - 12:10PM	Kintughna Until 11:27PM	Nataraja: Purple		
Creative Work	Siddha Yoga		Amavasya* Until 10:51AM	Moon - Clear		Sivaloka Day
		Yugadhi		Chaitra-Panguni		

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Lusaka, Zambia Sun 15 Sutra 356 Vilamba 5120	
Mesha Rasi: 1.06	Tithi 1 – 2	Gulika 6:13AM – 7:42AM	Ashvini Until 5:13AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:13AM	Moon 3 - Phase 49	
		Yama 1:39PM – 3:09PM	Vaidhriti* Until 6:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:07PM	3rd Phase	
		123483468 Rahu 9:12AM – 10:41AM	Balava Until 12:17AM Sun	Nataraja: Purple			
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
Until 5:13AM Sun		Chellappaswami Mahasamadhi	Prathama* Until 11:54AM	Chaitra-Panguni			
Then Routine Work - Prabalarishta Yoga							

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 357 Vilamba 5120	
Mesha Rasi: 13.44	Tithi 2 – 3	Gulika 3:08PM – 4:37PM	Bharani Until 6:12AM Mon	Ganesha: Purple	<i>Sunrise:</i> 6:13AM	Moon 3 - Phase 49	
		Yama 12:10PM – 1:39PM	Vishkambha* Until 5:36PM	Muruqa: Yellow	<i>Sunset:</i> 6:06PM	3rd Phase	
		123483468 Rahu 4:37PM – 6:06PM	Taitila Until 12:42AM Mon	Nataraja: Purple			
Routine Work	Prabalarishta Yoga			Moon – White		Devaloka Day	
Until 6:12AM Mon			Dvitiya Until 12:31PM	Chaitra-Panguni			
Then Routine Work - Marana Yoga							

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Lusaka, Zambia Sun 17 Sutra 358 Vilamba 5120	
Mesha Rasi: 26.33	Tithi 3 – 4	Gulika 1:39PM – 3:08PM	Bharani Until 6:12AM	Ganesha: Purple	<i>Sunrise:</i> 6:13AM	Moon 3 - Phase 49	
Family Home Evening		Yama 10:40AM – 12:10PM	Priti Until 4:40PM	Muruqa: Yellow	<i>Sunset:</i> 6:06PM	3rd Phase	
		123483468 Rahu 7:42AM – 9:11AM	Vanija Until 12:45AM Tue	Nataraja: Purple			
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
Until 6:12AM			Tritiya Until 12:45PM	Chaitra-Panguni			
Then Routine Work - Marana Yoga							


4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 9.33	Tithi 4 – 5	Gulika 12:09PM – 1:38PM	Krittika Until 6:39AM	Ganesha: Purple	<i>Sunrise:</i> 6:14AM	Moon 3 - Phase 49	
		Yama 9:11AM – 10:40AM	Ayushman Until 3:25PM	Muruqa: Yellow	<i>Sunset:</i> 6:05PM	3rd Phase	
		123483468 Rahu 3:07PM – 4:36PM	Bava Until 12:26AM Wed	Nataraja: Purple			
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
Until 6:39AM			Chaturthi* Until 12:37PM	Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Lusaka, Zambia Sun 19 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 22.44	Tithi 5 – 6	Gulika 10:40AM – 12:09PM	Rohini Until 7:03AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Moon 3 - Phase 49	
		Yama 7:42AM – 9:11AM	Saubhagya Until 1:53PM	Muruqa: Yellow	<i>Sunset:</i> 6:04PM	3rd Phase	
		133483468 Rahu 12:09PM – 1:38PM	Kaulava Until 11:44PM	Nataraja: Purple			
Creative Work	Siddha Yoga			Moon – Yellow		Sivaloka Day	
			Panchami Until 12:07PM	Chaitra-Panguni			

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lusaka, Zambia Sun 20 Sutra 361 Vilamba 5120	
Mithuna Rasi: 6.08	Tithi 6 – 7	Gulika 9:11AM – 10:40AM	Mrigashira Until 6:56AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Moon 3 - Phase 49	
		Yama 6:14AM – 7:43AM	Sobhana Until 12:04PM	Muruqa: Yellow	<i>Sunset:</i> 6:04PM	3rd Phase	
		133483468 Rahu 1:37PM – 3:06PM	Gara Until 10:39PM	Nataraja: Purple			
Routine Work	Marana Yoga			Moon – Yellow		Sivaloka Day	
			Shashthi* Until 11:14AM	Chaitra-Panguni			

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lusaka, Zambia Sun 21 Sutra 362 Vilamba 5120	
Retreat Star		Gulika 7:43AM – 9:11AM	Ardra Until 6:16AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Moon 3 - Phase 49	
Mithuna Rasi: 19.45	Tithi 7 – 8	Yama 3:06PM – 4:34PM	Athiganda* Until 9:53AM	Muruqa: Yellow	<i>Sunset:</i> 6:03PM	Ashtami	
		133483468 Rahu 10:40AM – 12:08PM	Visti Until 9:08PM	Nataraja: Purple			
Creative Work	Siddha Yoga			Moon – Yellow		Sivaloka Day	
			Saptami Until 9:56AM	Chaitra-Panguni			

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lusaka, Zambia Sun 22 Sutra 363 Vilamba 5120	
Retreat Star		Gulika 6:14AM – 7:43AM	Pushya Until 4:09AM Sun	Ganesha: White	<i>Sunrise:</i> 6:14AM	Moon 3 - Phase 49	
Kataka Rasi: 3.37	Tithi 8 – 9	Yama 1:37PM – 3:05PM	Sukarma Until 7:23AM	Muruqa: Yellow	<i>Sunset:</i> 6:02PM	Navami	
		143483468 Rahu 9:11AM – 10:40AM	Balava Until 7:13PM	Nataraja: Purple			
Creative Work	Siddha Yoga			Moon – Blue		Devaloka Day	
		Sri Rama Navami	Ashtami* Until 8:13AM	Chaitra-Panguni			

1		Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau			Lusaka, Zambia Sun 23 Sutra 364 Vikarin 5121
Kataka Rasi: 17.45	Tithi 9 – 10	Gulika 3:05PM – 4:33PM	Ashlesha* Until 2:19AM Mon	Ganesha: White	Sunrise: 6:14AM		
		Yama 12:08PM – 1:36PM	Shula* Until 1:27AM Mon	Muruqa: Yellow	Sunset: 6:02PM		Moon 3 - Phase 1
		143483468 Rahu 4:33PM – 6:02PM	Gara Until 3:37AM Mon	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga			Moon – Blue			
Until 2:19AM Mon							
Then Routine Work - Marana Yoga		Tamil New Year	Navami* Until 6:06AM	Chaitra*Chaitra			Devaloka Day
2		Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau			Lusaka, Zambia Sun 24 Sutra 1 Vikarin 5121
Simha Rasi: 2.08	Tithi 11	Gulika 1:36PM – 3:04PM	Magha* Until 12:27AM Tue	Ganesha: White	Sunrise: 6:14AM		
Family Home Evening		Yama 10:39AM – 12:08PM	Ganda* Until 10:05PM	Muruqa: Yellow	Sunset: 6:01PM		Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 Rahu 7:43AM – 9:11AM	Vanija Until 2:16PM	Nataraja: Purple			4th Phase
Until 12:27AM Tue				Moon – Red			
Then Creative Work - Siddha Yoga			Ekadashi Until 12:50AM Tue	Chaitra*Chaitra			Devaloka Day
3		Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau			Lusaka, Zambia Sun 25 Sutra 2 Vikarin 5121
Simha Rasi: 16.42	Tithi 12	Gulika 12:07PM – 1:36PM	Purvaphalguni Until 10:16PM	Ganesha: White	Sunrise: 6:15AM		
		Yama 9:11AM – 10:39AM	Vriddhi Until 6:33PM	Muruqa: Yellow	Sunset: 6:00PM		Moon 3 - Phase 1
		253483468 Rahu 3:04PM – 4:32PM	Bava Until 11:23AM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga			Moon – Red			
Until 10:16PM			Dvadashi Until 9:52PM	Chaitra*Chaitra			Devaloka Day
Then Creative Work - Amrita Yoga							
4		Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Lusaka, Zambia Sun 26 Sutra 3 Vikarin 5121
Kanya Rasi: 1.23	Tithi 13	Gulika 10:39AM – 12:07PM	Uttaraphalguni Until 7:53PM	Ganesha: White	Sunrise: 6:15AM		
		Yama 7:43AM – 9:11AM	Dhruva Until 2:56PM	Muruqa: Yellow	Sunset: 6:00PM		Moon 3 - Phase 1
		253483468 Rahu 12:07PM – 1:35PM	Kaulava Until 8:22AM	Nataraja: Purple			4th Phase
Creative Work	Amrita Yoga			Moon – Red			
Until 7:53PM			Trayodashi Until 6:50PM	Chaitra*Chaitra			Devaloka Day
Then Routine Work - Marana Yoga							
5		Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Lusaka, Zambia Sun 27 Sutra 4 Vikarin 5121
Kanya Rasi: 16.05	Tithi 14 – 15	Gulika 9:11AM – 10:39AM	Hasta Until 5:51PM	Ganesha: Yellow	Sunrise: 6:15AM		
		Yama 6:15AM – 7:43AM	Vyaghata* Until 11:22AM	Muruqa: Yellow	Sunset: 5:59PM		Moon 3 - Phase 1
		263483468 Rahu 1:35PM – 3:03PM	Visti Until 2:30AM Fri	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga			Moon – Green			
Until 5:51PM			Chaturdashi* Until 3:53PM	Chaitra*Chaitra			Sivaloka Day
Then Creative Work - Siddha Yoga							
	Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Lusaka, Zambia Sutra 5 Vikarin 5121	
Tula Rasi: 0.41	Tithi 15 – 16	Gulika 7:43AM – 9:11AM	Chitra Until 3:56PM	Ganesha: Yellow	Sunrise: 6:15AM		
		Yama 3:02PM – 4:30PM	Harshana Until 7:59AM	Muruqa: Yellow	Sunset: 5:58PM		Moon 3 - Phase 1
		263483468 Rahu 10:39AM – 12:07PM	Balava Until 11:57PM	Nataraja: Purple			Purnima
Creative Work	Siddha Yoga			Moon – Green			
		Chitra Purnima (Tamil Nadu) Hanuman Jayanti	Purnima* Until 1:09PM	Chaitra*Chaitra			Sivaloka Day
Saturday, April 20, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Lusaka, Zambia Sutra 6 Vikarin 5121		
Tula Rasi: 15.02	Tithi 16 – 17	Gulika 6:15AM – 7:43AM	Svati Until 2:17PM	Ganesha: Red	Sunrise: 6:15AM		
		Yama 1:34PM – 3:02PM	Siddhi Until 2:09AM Sun	Muruqa: Yellow	Sunset: 5:58PM		Moon 3 - Phase 1
		264483468 Rahu 9:11AM – 10:39AM	Taitila Until 9:51PM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga			Moon – Green			
			Prathama* Until 10:49AM	Chaitra*Chaitra			Sivaloka Day