



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden  
Sutra 16

Vrischika Rasi: 0.29 Tithi 17

273832369

**Gulika** 12:06PM – 2:00PM  
Yama 8:17AM – 10:11AM  
**Rahu** 3:55PM – 5:49PM

**Vishakha** Until 11:23AM  
Varyan Until 4:48AM Wed  
Taitila Until 2:40PM  
**Dvitiya** Until 3:09AM Wed

**Ganesha:** Purple *Sunrise:* 4:27AM  
**Muruqa:** White *Sunset:* 7:44PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Marana Yoga  
Until 11:23AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**

**1**  
**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Malmö, Sweden  
Sun 1 Sutra 17

Vrischika Rasi: 13.01 Tithi 18

273832369

**Gulika** 10:10AM – 12:06PM  
Yama 6:20AM – 8:15AM  
**Rahu** 12:06PM – 2:01PM

**Anuradha** Until 1:05PM  
Parigha\* Until 4:56AM Thu  
Vanija Until 3:49PM  
**Tritiya** Until 4:34AM Thu

**Ganesha:** Purple *Sunrise:* 4:25AM  
**Muruqa:** White *Sunset:* 7:46PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**2**  
**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden  
Sun 2 Sutra 18

Vrischika Rasi: 25.17 Tithi 19

274832369

**Gulika** 8:14AM – 10:10AM  
Yama 4:23AM – 6:19AM  
**Rahu** 2:01PM – 3:57PM

**Jyeshtha\*** Until 3:08PM  
Shiva Until 5:28AM Fri  
Bava Until 5:30PM  
**Chaturthi\*** Until 6:30AM Fri

**Ganesha:** Clear *Sunrise:* 4:23AM  
**Muruqa:** White *Sunset:* 7:48PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Routine Work Prabalarishta Yoga  
Until 3:08PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**  
**Friday, May 4, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden  
Sun 3 Sutra 19

Dhanus Rasi: 7.22 Tithi 19 – 20

284832369

**Gulika** 6:17AM – 8:13AM  
Yama 3:58PM – 5:54PM  
**Rahu** 10:09AM – 12:05PM

**Mula\*** Until 5:59PM  
Siddha Until 6:17AM Sat  
Kaulava Until 7:39PM  
**Chaturthi\*** Until 6:30AM

**Ganesha:** White *Sunrise:* 4:21AM  
**Muruqa:** White *Sunset:* 7:50PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga  
Until 5:59PM  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**4**  
**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden  
Sun 4 Sutra 20

Dhanus Rasi: 19.16 Tithi 20 – 21

284832369

**Gulika** 4:19AM – 6:15AM  
Yama 2:02PM – 3:58PM  
**Rahu** 8:12AM – 10:09AM

**Purvashadha\*** Until 8:59PM  
Siddha Until 6:17AM  
Gara Until 10:07PM  
**Panchami** Until 8:50AM

**Ganesha:** White *Sunrise:* 4:19AM  
**Muruqa:** White *Sunset:* 7:52PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Siddha Yoga  
Until 8:59PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**5**  
**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Malmö, Sweden  
Sun 5 Sutra 21

Makara Rasi: 1.05 Tithi 21 – 22

284832369

**Gulika** 3:59PM – 5:56PM  
Yama 12:05PM – 2:02PM  
**Rahu** 5:56PM – 7:54PM

**Uttarashadha** Until 11:55PM  
Sadhya Until 7:18AM  
Visti Until 12:42AM Mon  
**Shashthi\*** Until 11:23AM

**Ganesha:** White *Sunrise:* 4:17AM  
**Muruqa:** White *Sunset:* 7:54PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden  
Sun 6 Sutra 22

Makara Rasi: 12.54 Tithi 22 – 23

294832369

**Gulika** 2:03PM – 4:00PM  
Yama 10:07AM – 12:05PM  
**Rahu** 6:12AM – 8:10AM

**Shravana** Until 3:04AM Tue  
Subha Until 8:22AM  
Balava Until 3:08AM Tue  
**Saptami** Until 1:56PM

**Ganesha:** Yellow *Sunrise:* 4:15AM  
**Muruqa:** White *Sunset:* 7:56PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 3:04AM Tue  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden  
Sun 7 Sutra 23

Makara Rasi: 24.47 Tithi 23 – 24

294832369

**Gulika** 12:05PM – 2:03PM  
Yama 8:09AM – 10:07AM  
**Rahu** 4:01PM – 5:59PM

**Dhanishtha** Until 5:40AM Wed  
Sukla Until 9:14AM  
Taitila Until 5:10AM Wed  
**Ashtami\*** Until 4:12PM

**Ganesha:** Yellow *Sunrise:* 4:13AM  
**Muruqa:** White *Sunset:* 7:57PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

Vilamba 5120  
Moon 4 - Phase 3  
Navami

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Malmö, Sweden
	Kumbha Rasi: 6.49	Tithi 24 – 25	<b>Gulika</b> 10:06AM – 12:05PM	<b>Shatabhishak</b> Until 7:30AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:11AM	Sun 8 Sutra 24
	294832369	<b>Rahu</b> 12:05PM – 2:04PM	Yama 6:09AM – 8:08AM	Brahma Until 9:46AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:59PM	Vilamba 5120
	Creative Work Siddha Yoga			Vanija Until 6:35AM Thu	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
			<b>Navami*</b> Until 5:57PM	Moon – Purple		2nd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	


<b>2</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Dashamyam Titau				Malmö, Sweden
	Kumbha Rasi: 19.07	Tithi 25	<b>Gulika</b> 8:07AM – 10:06AM	<b>Shatabhishak</b> Until 7:30AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:09AM	Sun 9 Sutra 25
	294832369	<b>Rahu</b> 2:04PM – 4:03PM	Yama 4:09AM – 6:08AM	Indra Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:01PM	Vilamba 5120
	Creative Work Siddha Yoga			Vanija Until 6:35AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
			<b>Dashami</b> Until 7:00PM	Moon – Purple		2nd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Malmö, Sweden
	Meena Rasi: 1.46	Tithi 26	<b>Gulika</b> 6:06AM – 8:06AM	<b>Purvaproshtapada*</b> Until 8:55AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:07AM	Sun 10 Sutra 26
	214832369	<b>Rahu</b> 10:05AM – 12:05PM	Yama 4:04PM – 6:04PM	Vaidhrili* Until 9:14AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:03PM	Vilamba 5120
	Creative Work Siddha Yoga			Bava Until 7:14AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
			<b>Ekadashi*</b> Until 7:14PM	Moon – Clear		2nd Phase	
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Malmö, Sweden
	Meena Rasi: 14.47	Tithi 27	<b>Gulika</b> 4:05AM – 6:05AM	<b>Uttaraproshtapada</b> Until 9:22AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:05AM	Sun 11 Sutra 27
	214932369	<b>Rahu</b> 8:05AM – 10:05AM	Yama 2:05PM – 4:05PM	Vishkambha* Until 8:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:05PM	Vilamba 5120
	Creative Work Siddha Yoga			Kaulava Until 7:03AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Until 9:22AM			<b>Dvadashi*</b> Until 6:39PM	Moon – Clear		2nd Phase	
Then Routine Work - Prabalarishta Yoga				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	

<b>5</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden
	Meena Rasi: 28.16	Tithi 28 – 29	<b>Gulika</b> 4:06PM – 6:06PM	<b>Revati</b> Until 8:53AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:03AM	Sun 12 Sutra 28
	214932369	<b>Rahu</b> 6:06PM – 8:07PM	Yama 12:05PM – 2:05PM	Priti Until 6:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:07PM	Vilamba 5120
	Creative Work Amrita Yoga			Gara Until 6:05AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Until 8:53AM			<b>Trayodashi*</b> Until 5:18PM	Moon – Clear		2nd Phase	
Then Creative Work - Siddha Yoga		<b>Mother's Day</b>	<i>Pradosha Vrata (Fasting)</i>	<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>	

<b>6</b>	<b>Monday, May 14, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Malmö, Sweden
	Mesha Rasi: 12.08	Tithi 29 – 30	<b>Gulika</b> 2:06PM – 4:07PM	<b>Ashvini</b> Until 8:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:01AM	Sun 13 Sutra 29
	224932369	<b>Rahu</b> 6:02AM – 8:03AM	Yama 10:04AM – 12:05PM	Saubhagya Until 12:51AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 8:09PM	Vilamba 5120
	Creative Work Siddha Yoga			Catuspada Until 2:09AM Tue	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
			<b>Chaturdashi*</b> Until 3:20PM	Moon – White		2nd Phase	
				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	

	<b>Tuesday, May 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Malmö, Sweden
	<b>Retreat Star</b>		<b>Gulika</b> 12:05PM – 2:06PM	<b>Bharani</b> Until 6:28AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:59AM	Sun 14 Sutra 30
	Mesha Rasi: 26.23	Tithi 30 – 1	Yama 8:02AM – 10:03AM	Sobhana Until 9:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:10PM	Vilamba 5120
	224932369	<b>Rahu</b> 4:08PM – 6:09PM		Kintughna Until 11:29PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Creative Work Siddha Yoga			<b>Amavasya*</b> Until 12:51PM	Moon – White		Amavasya	
				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	

<b>Retreat Star</b>	<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden
	Vrishabha Rasi: 10.53	Tithi 1 – 2	<b>Gulika</b> 10:03AM – 12:05PM	<b>Rohini</b> Until 2:20AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:57AM	Sun 15 Sutra 31
	235932369	<b>Rahu</b> 12:05PM – 2:07PM	Yama 5:59AM – 8:01AM	Athiganda* Until 6:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:12PM	Vilamba 5120
	Creative Work Siddha Yoga			Balava Until 8:33PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4
Until 2:20AM Thu			<b>Prathama*</b> Until 10:01AM	Moon – Yellow		Prathama	
Then Routine Work - Marana Yoga				<b>Jyeshtha Adhika-Vaikasi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to12:PM	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

<b>1</b>	<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Malmö, Sweden Sun 16
	Vrishabha Rasi: 25.34	Tithi 2 – 3	<b>Gulika</b> 8:00AM – 10:03AM	<b>Mrigashira</b> Until 12:05AM Fri	<b>Ganesha:</b> Yellow <i>Sunrise: 3:56AM</i>		Sutra 32 Vilamba 5120
			Yama 3:56AM – 5:58AM	Sukarma Until 2:34PM	<b>Muruqa:</b> White <i>Sunset: 8:14PM</i>		Moon 4 - Phase 5
	Routine Work	Marana Yoga	235932369 <b>Rahu</b> 2:07PM – 4:09PM	Gara Until 3:58AM Fri	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya</b> Until 7:01AM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau				Malmö, Sweden Sun 17
	Mithuna Rasi: 10.17	Tithi 4	<b>Gulika</b> 5:57AM – 7:59AM	<b>Ardra</b> Until 9:46PM	<b>Ganesha:</b> Yellow <i>Sunrise: 3:54AM</i>		Sutra 33 Vilamba 5120
			Yama 4:10PM – 6:13PM	Dhriti Until 11:00AM	<b>Muruqa:</b> White <i>Sunset: 8:16PM</i>		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	235932369 <b>Rahu</b> 10:02AM – 12:05PM	Vanija Until 2:29PM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Chaturthi*</b> Until 1:00AM Sat	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden Sun 18
	Mithuna Rasi: 24.55	Tithi 5	<b>Gulika</b> 3:52AM – 5:55AM	<b>Punarvasu</b> Until 7:55PM	<b>Ganesha:</b> White <i>Sunrise: 3:52AM</i>		Sutra 34 Vilamba 5120
			Yama 2:08PM – 4:11PM	Shula* Until 7:32AM	<b>Muruqa:</b> White <i>Sunset: 8:17PM</i>		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 7:59AM – 10:02AM	Bava Until 11:37AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami</b> Until 10:15PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>4</b>	<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Malmö, Sweden Sun 19
	Kataka Rasi: 9.23	Tithi 6	<b>Gulika</b> 4:12PM – 6:16PM	<b>Pushya</b> Until 6:13PM	<b>Ganesha:</b> White <i>Sunrise: 3:51AM</i>		Sutra 35 Vilamba 5120
			Yama 12:05PM – 2:08PM	Vriddhi Until 1:17AM Mon	<b>Muruqa:</b> White <i>Sunset: 8:19PM</i>		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 6:16PM – 8:19PM	Kaulava Until 9:00AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi*</b> Until 7:48PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>5</b>	<b>Monday, May 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Malmö, Sweden Sun 20
	Kataka Rasi: 23.37	Tithi 7 – 8	<b>Gulika</b> 2:09PM – 4:13PM	<b>Ashlesha*</b> Until 4:44PM	<b>Ganesha:</b> White <i>Sunrise: 3:49AM</i>		Sutra 36 Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:01AM – 12:05PM	Dhruva Until 10:35PM	<b>Muruqa:</b> White <i>Sunset: 8:21PM</i>		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	245932369 <b>Rahu</b> 5:53AM – 7:57AM	Gara Until 6:43AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Saptami</b> Until 5:42PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>☾</b>	<b>Tuesday, May 22, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden Sun 21
	<b>Retreat Star</b>		<b>Gulika</b> 12:05PM – 2:09PM	<b>Magha*</b> Until 3:55PM	<b>Ganesha:</b> Clear <i>Sunrise: 3:47AM</i>		Sutra 37 Vilamba 5120
	Simha Rasi: 7.37	Tithi 8 – 9	Yama 7:56AM – 10:01AM	Vyaghata* Until 8:13PM	<b>Muruqa:</b> White <i>Sunset: 8:23PM</i>		Moon 4 - Phase 5
	Creative Work	Siddha Yoga	255932369 <b>Rahu</b> 4:14PM – 6:18PM	Balava Until 3:19AM Wed	<b>Nataraja:</b> Purple		Ashtami
			<b>Ashtami*</b> Until 4:00PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>☽</b>	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden Sun 22
	<b>Retreat Star</b>		<b>Gulika</b> 10:00AM – 12:05PM	<b>Purvaphalguni</b> Until 3:23PM	<b>Ganesha:</b> Clear <i>Sunrise: 3:46AM</i>		Sutra 38 Vilamba 5120
	Simha Rasi: 21.21	Tithi 9 – 10	Yama 5:51AM – 7:56AM	Harshana Until 6:12PM	<b>Muruqa:</b> White <i>Sunset: 8:24PM</i>		Moon 4 - Phase 5
	Creative Work	Amrita Yoga	255932369 <b>Rahu</b> 12:05PM – 2:10PM	Taitila Until 2:13AM Thu	<b>Nataraja:</b> Purple		Navami
			<b>Navami*</b> Until 2:42PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time


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<b>1</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Malmö, Sweden
	Kanya Rasi: 4.51	Tithi 10 – 11	<b>Gulika</b> 7:55AM – 10:00AM	<b>Uttaraphalguni</b> Until 3:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:45AM	Sun 23 Sutra 39
		255932369	<b>Yama</b> 3:45AM – 5:50AM	Vajra* Until 4:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:26PM	Vilamba 5120
	Amrita Yoga		<b>Rahu</b> 2:10PM – 4:15PM	Vanija Until 1:31AM Fri	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 3:05PM				<b>Dashami</b> Until 1:48PM	Moon – Red		4th Phase
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>2</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyati-pata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden
	Kanya Rasi: 18.08	Tithi 11 – 12	<b>Gulika</b> 5:49AM – 7:54AM	<b>Hasta</b> Until 3:28PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:43AM	Sun 24 Sutra 40
		266932369	<b>Yama</b> 4:16PM – 6:22PM	Siddhi Until 3:04PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:27PM	Vilamba 5120
	Creative Work Amrita Yoga		<b>Rahu</b> 10:00AM – 12:05PM	Bava Until 1:12AM Sat	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 3:28PM				<b>Ekadashi</b> Until 1:18PM	Moon – Green		4th Phase
Then Creative Work - Siddha Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyati-pata*/Varyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden
	Tula Rasi: 1.13	Tithi 12 – 13	<b>Gulika</b> 3:42AM – 5:48AM	<b>Chitra</b> Until 4:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:42AM	Sun 25 Sutra 41
		366932369	<b>Yama</b> 2:11PM – 4:17PM	Vyati-pata* Until 1:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:29PM	Vilamba 5120
	Routine Work Marana Yoga		<b>Rahu</b> 7:54AM – 9:59AM	Kaulava Until 1:17AM Sun	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 4:05PM				<b>Dvadashi</b> Until 1:11PM	Moon – Green		4th Phase
Then Creative Work - Siddha Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	
							<i>Pradosha Vrata</i>

<b>4</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden
	Tula Rasi: 14.06	Tithi 13 – 14	<b>Gulika</b> 4:18PM – 6:24PM	<b>Svati</b> Until 4:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:40AM	Sun 26 Sutra 42
		366932369	<b>Yama</b> 12:05PM – 2:12PM	Varyan Until 1:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:30PM	Vilamba 5120
	Creative Work Siddha Yoga		<b>Rahu</b> 6:24PM – 8:30PM	Gara Until 1:46AM Mon	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
Until 4:56PM				<b>Trayodashi</b> Until 1:27PM	Moon – Green		4th Phase
Then Routine Work - Marana Yoga					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	

	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:12PM – 4:19PM	<b>Vishakha</b> Until 6:30PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:39AM	Sun 27 Sutra 43
	Tula Rasi: 26.47	Tithi 14 – 15	<b>Yama</b> 9:59AM – 12:06PM	Parigha* Until 12:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:32PM	Vilamba 5120
	<b>Family Home Evening</b>		<b>Rahu</b> 5:46AM – 7:52AM	Visti Until 2:41AM Tue	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
	Routine Work Marana Yoga			<b>Chaturdashi*</b> Until 2:09PM	Moon – Orange		Purnima
Until 6:30PM			<b>Vaikasi Visakam</b>		<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Malmö, Sweden
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:06PM – 2:13PM	<b>Anuradha</b> Until 8:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:38AM	Sun 28 Sutra 44
	Vrischika Rasi: 9.17	Tithi 15 – 16	<b>Yama</b> 7:52AM – 9:59AM	Shiva Until 12:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:33PM	Vilamba 5120
		376932369	<b>Rahu</b> 4:20PM – 6:26PM	Balava Until 4:03AM Wed	<b>Nataraja:</b> Purple		Moon 4 - Phase 6
	Creative Work Siddha Yoga			<b>Purnima*</b> Until 3:17PM	Moon – Orange		Prathama
Until 8:22PM					<b>Jyeshtha Adhika-Vaikasi</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



**Wednesday, May 30, 2018**  
**Gold Retreat Star**

Vrischika Rasi: 21.34 Tithi 16 – 17

376932369

**Gulika** 9:59AM – 12:06PM  
**Yama** 5:44AM – 7:51AM  
**Rahu** 12:06PM – 2:13PM

**Jyeshtha\* Until 10:29PM**  
Siddha Until 12:53PM  
Taitila Until 5:51AM Thu  
**Prathama\* Until 4:52PM**

**Ganesha:** Clear *Sunrise: 3:37AM*  
**Muruqa:** White *Sunset: 8:35PM*  
**Nataraja:** Purple  
Moon – Orange

Malmo, Sweden  
Sutra 45  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 10:29PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**1**

**Thursday, May 31, 2018**

Dhanus Rasi: 3.41 Tithi 17

386932369

**Gulika** 7:51AM – 9:58AM  
**Yama** 3:36AM – 5:43AM  
**Rahu** 2:13PM – 4:21PM

**Mula\* Until 1:19AM Fri**  
Sadhya Until 1:27PM  
Gara Until 6:53PM  
**Dvitiya Until 6:53PM**

**Ganesha:** White *Sunrise: 3:36AM*  
**Muruqa:** White *Sunset: 8:36PM*  
**Nataraja:** Purple  
Moon – Light Blue

Malmo, Sweden  
Sun 1 Sutra 46  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 1:19AM Fri  
Then Routine Work - Prabalarishta Yoga

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**2**

**Friday, June 1, 2018**

Dhanus Rasi: 15.39 Tithi 18

387932369

**Gulika** 5:42AM – 7:50AM  
**Yama** 4:22PM – 6:30PM  
**Rahu** 9:58AM – 12:06PM

**Purvashadha\* Until 4:17AM Sat**  
Subha Until 2:18PM  
Vanija Until 8:02AM  
**Tritiya Until 9:13PM**

**Ganesha:** Yellow *Sunrise: 3:35AM*  
**Muruqa:** White *Sunset: 8:38PM*  
**Nataraja:** Purple  
Moon – Light Blue

Malmo, Sweden  
Sun 2 Sutra 47  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Prabalarishta Yoga  
Until 4:17AM Sat  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Saturday, June 2, 2018**

Dhanus Rasi: 27.3 Tithi 19

387932369

**Gulika** 3:34AM – 5:42AM  
**Yama** 2:14PM – 4:22PM  
**Rahu** 7:50AM – 9:58AM

**Uttarashadha Until 7:15AM Sun**  
Sukla Until 3:20PM  
Bava Until 10:30AM  
**Chaturthi\* Until 11:47PM**

**Ganesha:** Yellow *Sunrise: 3:34AM*  
**Muruqa:** White *Sunset: 8:39PM*  
**Nataraja:** Purple  
Moon – Light Blue

Malmo, Sweden  
Sun 3 Sutra 48  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Routine Work Marana Yoga  
Until 7:15AM Sun  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Sunday, June 3, 2018**

Makara Rasi: 9.17 Tithi 20

387932369

**Gulika** 4:23PM – 6:32PM  
**Yama** 12:06PM – 2:15PM  
**Rahu** 6:32PM – 8:40PM

**Uttarashadha Until 7:15AM**  
Brahma Until 4:27PM  
Kaulava Until 1:06PM  
**Panchami Until 2:22AM Mon**

**Ganesha:** Yellow *Sunrise: 3:33AM*  
**Muruqa:** White *Sunset: 8:40PM*  
**Nataraja:** Purple  
Moon – Light Blue

Malmo, Sweden  
Sun 4 Sutra 49  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**5**

**Monday, June 4, 2018**

Makara Rasi: 21.05 Tithi 21

397932369

**Gulika** 2:15PM – 4:24PM  
**Yama** 9:58AM – 12:06PM  
**Rahu** 5:40AM – 7:49AM

**Shravana Until 10:32AM**  
Indra Until 5:30PM  
Gara Until 3:37PM  
**Shashthi\* Until 4:46AM Tue**

**Ganesha:** Blue *Sunrise: 3:32AM*  
**Muruqa:** White *Sunset: 8:41PM*  
**Nataraja:** Purple  
Moon – Purple

Malmo, Sweden  
Sun 5 Sutra 50  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 10:32AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Tuesday, June 5, 2018**

Kumbha Rasi: 2.58 Tithi 22

397132361

**Gulika** 12:07PM – 2:16PM  
**Yama** 7:49AM – 9:58AM  
**Rahu** 4:25PM – 6:33PM

**Dhanishta Until 1:25PM**  
Vaidhriti\* Until 6:17PM  
Visti Until 5:51PM  
**Saptami Until 6:45AM Wed**

**Ganesha:** Purple *Sunrise: 3:31AM*  
**Muruqa:** White *Sunset: 8:42PM*  
**Nataraja:** White  
Moon – Purple

Malmo, Sweden  
Sun 6 Sutra 51  
Vilamba 5120  
Moon 5 - Phase 7  
1st Phase

Creative Work Siddha Yoga  
Until 1:25PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**Retreat Star**

**Wednesday, June 6, 2018**

Kumbha Rasi: 15 Tithi 22 – 23

397132361

**Gulika** 9:58AM – 12:07PM  
**Yama** 5:39AM – 7:48AM  
**Rahu** 12:07PM – 2:16PM

**Shatabhishak Until 3:39PM**  
Vishkambha\* Until 6:41PM  
Balava Until 7:33PM  
**Saptami Until 6:45AM**

**Ganesha:** Purple *Sunrise: 3:30AM*  
**Muruqa:** White *Sunset: 8:44PM*  
**Nataraja:** White  
Moon – Purple

Malmo, Sweden  
Sun 7 Sutra 52  
Vilamba 5120  
Moon 5 - Phase 7  
Ashtami

Creative Work Siddha Yoga  
Until 3:39PM  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**Retreat Star**

**Thursday, June 7, 2018**

Kumbha Rasi: 27.17 Tithi 23 – 24

317132361

**Gulika** 7:48AM – 9:58AM  
**Yama** 3:29AM – 5:39AM  
**Rahu** 2:16PM – 4:26PM

**Purvaproshtapada\* Until 5:33PM**  
Priti Until 6:33PM  
Taitila Until 8:33PM  
**Ashtami\* Until 8:08AM**

**Ganesha:** Blue *Sunrise: 3:29AM*  
**Muruqa:** White *Sunset: 8:45PM*  
**Nataraja:** White  
Moon – Clear

Malmo, Sweden  
Sun 8 Sutra 53  
Vilamba 5120  
Moon 5 - Phase 7  
Navami

Creative Work Siddha Yoga

**Devaloka Day**  
Jyeshtha Adhika-Vaikasi

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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<b>1</b>	<b>Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Malmö, Sweden
	Meena Rasi: 9.55	Tithi 24 – 25	318132361	<b>Gulika</b> Yama <b>Rahu</b>	<b>5:38AM – 7:48AM</b> 4:26PM – 6:36PM <b>9:58AM – 12:07PM</b>	<b>Uttaraproshtapada Until 6:31PM</b> Ayushman Until 5:45PM Vanija Until 8:44PM <b>Navami* Until 8:44AM</b>	Sun 9 Sutra 54 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Creative Work	Siddha Yoga				<b>Ganesha: Red</b> <b>Muruqa: White</b> <b>Nataraja: White</b> Moon – Clear	Sunrise: 3:29AM Sunset: 8:46PM <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>2</b>	<b>Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Malmö, Sweden
	Meena Rasi: 22.57	Tithi 25 – 26	318132361	<b>Gulika</b> Yama <b>Rahu</b>	<b>3:28AM – 5:38AM</b> 2:17PM – 4:27PM <b>7:48AM – 9:58AM</b>	<b>Revati Until 6:29PM</b> Saubhagya Until 4:18PM Bava Until 8:04PM <b>Dashami Until 8:29AM</b>	Sun 10 Sutra 55 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Routine Work	Prabalarishta Yoga				<b>Ganesha: Red</b> <b>Muruqa: White</b> <b>Nataraja: White</b> Moon – Clear	Sunrise: 3:28AM Sunset: 8:47PM <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Until 6:29PM	Then Creative Work - Siddha Yoga					

<b>3</b>	<b>Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden
	Mesha Rasi: 6.26	Tithi 26 – 27	328132361	<b>Gulika</b> Yama <b>Rahu</b>	<b>4:27PM – 6:37PM</b> 12:08PM – 2:17PM <b>6:37PM – 8:47PM</b>	<b>Ashvini Until 5:58PM</b> Sobhana Until 2:13PM Kaulava Until 6:36PM <b>Ekadashi* Until 7:25AM</b>	Sun 11 Sutra 56 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Creative Work	Siddha Yoga				<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: White</b> Moon – White	Sunrise: 3:28AM Sunset: 8:47PM <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Until 5:58PM	Then Routine Work - Prabalarishta Yoga					

<b>4</b>	<b>Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden
	Mesha Rasi: 20.22	Tithi 28	328132361	<b>Gulika</b> Yama <b>Rahu</b>	<b>2:18PM – 4:28PM</b> 9:58AM – 12:08PM <b>5:37AM – 7:47AM</b>	<b>Bharani Until 4:35PM</b> Athiganda* Until 11:30AM Gara Until 4:25PM <b>Trayodashi* Until 3:05AM Tue</b>	Sun 12 Sutra 57 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Family Home Evening	Siddha Yoga				<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: White</b> Moon – White	Sunrise: 3:27AM Sunset: 8:48PM <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Until 4:35PM	Then Routine Work - Marana Yoga					

<b>5</b>	<b>Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Malmö, Sweden
	Vrishabha Rasi: 4.44	Tithi 29	328132361	<b>Gulika</b> Yama <b>Rahu</b>	<b>12:08PM – 2:18PM</b> 7:47AM – 9:58AM <b>4:28PM – 6:39PM</b>	<b>Krittika Until 2:29PM</b> Sukarma Until 8:18AM Visti Until 1:40PM <b>Chaturdashi* Until 12:06AM Wed</b>	Sun 13 Sutra 58 Vilamba 5120 Moon 5 - Phase 8 2nd Phase
	Creative Work	Siddha Yoga				<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: White</b> Moon – White	Sunrise: 3:27AM Sunset: 8:49PM <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Until 2:29PM	Then Creative Work - Amrita Yoga					

	<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Malmö, Sweden
	<b>Retreat Star</b>		338132361	<b>Gulika</b> Yama <b>Rahu</b>	<b>9:58AM – 12:08PM</b> 5:37AM – 7:47AM <b>12:08PM – 2:19PM</b>	<b>Rohini Until 12:15PM</b> Shula* Until 12:52AM Thu Catuspada Until 10:30AM <b>Amavasya* Until 8:47PM</b>	Sun 14 Sutra 59 Vilamba 5120 Moon 5 - Phase 8 Amavasya
	Vrishabha Rasi: 19.27	Tithi 30				<b>Ganesha: White</b> <b>Muruqa: White</b> <b>Nataraja: White</b> Moon – Yellow	Sunrise: 3:26AM Sunset: 8:50PM <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work	Siddha Yoga					

<b>Retreat Star</b>	<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden
	Mithuna Rasi: 4.23	Tithi 1 – 2	339132361	<b>Gulika</b> Yama <b>Rahu</b>	<b>7:47AM – 9:58AM</b> 3:26AM – 5:37AM <b>2:19PM – 4:29PM</b>	<b>Mrigashira Until 9:37AM</b> Ganda* Until 8:53PM Kintughna Until 7:03AM <b>Prathama* Until 5:16PM</b>	Sun 15 Sutra 60 Vilamba 5120 Moon 5 - Phase 8 Prathama
	Routine Work	Marana Yoga				<b>Ganesha: Clear</b> <b>Muruqa: White</b> <b>Nataraja: White</b> Moon – Yellow	Sunrise: 3:26AM Sunset: 8:50PM <b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Malmo, Sweden Sun 16 Sutra 61	
Mithuna Rasi: 19.25	Tithi 2 - 3	<b>Gulika</b> 5:36AM - 7:47AM	<b>Ardra</b> Until 6:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:26AM	Vilamba 5120	
		Yama 4:30PM - 6:40PM	Vriddhi Until 4:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:51PM	Moon 5 - Phase 9	
339132361		<b>Rahu</b> 9:58AM - 12:08PM	Taitila Until 12:02AM Sat	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 1:44PM	Moon - Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Malmo, Sweden Sun 17 Sutra 62	
Kataka Rasi: 4.24	Tithi 3 - 4	<b>Gulika</b> 3:26AM - 5:36AM	<b>Pushya</b> Until 1:51AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:26AM	Vilamba 5120	
		Yama 2:19PM - 4:30PM	Dhruva Until 1:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9	
349132361		<b>Rahu</b> 7:47AM - 9:58AM	Vanija Until 8:44PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 10:20AM	Moon - Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Malmo, Sweden Sun 18 Sutra 63	
Kataka Rasi: 19.11	Tithi 4 - 5	<b>Gulika</b> 4:31PM - 6:41PM	<b>Ashlesha*</b> Until 11:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:26AM	Vilamba 5120	
		Yama 12:09PM - 2:20PM	Vyaghata* Until 9:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:52PM	Moon 5 - Phase 9	
349132361		<b>Rahu</b> 6:41PM - 8:52PM	Balava Until 4:26AM Mon	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 7:11AM	Moon - Blue		<b>Bhuloka Day</b>	
Until 11:40PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Malmo, Sweden Sun 19 Sutra 64	
Simha Rasi: 3.42	Tithi 6	<b>Gulika</b> 2:20PM - 4:31PM	<b>Magha*</b> Until 10:14PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:26AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 9:58AM - 12:09PM	Harshana Until 6:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9	
Routine Work	Marana Yoga	<b>Rahu</b> 5:36AM - 7:47AM	Kaulava Until 3:15PM	<b>Nataraja:</b> White		3rd Phase	
Until 10:14PM			<b>Shashthi*</b> Until 2:09AM Tue	Moon - Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			
<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Malmo, Sweden Sun 20 Sutra 65	
Simha Rasi: 17.52	Tithi 7	<b>Gulika</b> 12:09PM - 2:20PM	<b>Purvaphalguni</b> Until 9:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:26AM	Vilamba 5120	
		Yama 7:47AM - 9:58AM	Siddhi Until 12:55AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9	
359132361		<b>Rahu</b> 4:31PM - 6:42PM	Gara Until 1:15PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 12:27AM Wed	Moon - Red		<b>Devaloka Day</b>	
Until 9:12PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Malmo, Sweden Sun 21 Sutra 66	
Kanya Rasi: 1.4	Tithi 8	<b>Gulika</b> 9:59AM - 12:09PM	<b>Uttaraphalguni</b> Until 8:36PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:26AM	Vilamba 5120	
		Yama 5:37AM - 7:48AM	Vyatipata* Until 11:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:53PM	Moon 5 - Phase 9	
359132361		<b>Rahu</b> 12:09PM - 2:20PM	Visti Until 11:49AM	<b>Nataraja:</b> White		Ashtami	
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 11:19PM	Moon - Red		<b>Devaloka Day</b>	
Until 8:36PM		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau		Malmo, Sweden Sun 22 Sutra 67	
Kanya Rasi: 15.08	Tithi 9	<b>Gulika</b> 7:48AM - 9:59AM	<b>Hasta</b> Until 8:54PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:26AM	Vilamba 5120	
		Yama 3:26AM - 5:37AM	Variyan Until 9:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:54PM	Moon 5 - Phase 9	
369132361		<b>Rahu</b> 2:21PM - 4:32PM	Balava Until 11:00AM	<b>Nataraja:</b> White		Navami	
Routine Work	Marana Yoga		<b>Navami*</b> Until 10:47PM	Moon - Green		<b>Bhuloka Day</b>	
Until 8:54PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>	<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Malmö, Sweden
	Kanya Rasi: 28.16	Tithi 10	361132361	<b>Gulika</b> 5:37AM – 7:48AM Yama 4:32PM – 6:43PM <b>Rahu</b> 9:59AM – 12:10PM	<b>Chitra Until 9:35PM</b> Parigha* Until 8:32PM Taitila Until 10:45AM Dashami Until 10:49PM	Ganesha: Green Sunrise: 3:26AM Muruga: White Sunset: 8:54PM Nataraja: White Moon – Green	Sun 23 Sutra 68 Vilamba 5120 Moon 5 - Phase 10 4th Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	
						Jyeshtha-Ani	

<b>2</b>	<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden
	Tula Rasi: 11.08	Tithi 11	361132361	<b>Gulika</b> 3:26AM – 5:37AM Yama 2:21PM – 4:32PM <b>Rahu</b> 7:48AM – 9:59AM	<b>Svati Until 10:38PM</b> Shiva Until 7:58PM Vanija Until 11:03AM Ekadashi Until 11:21PM	Ganesha: Green Sunrise: 3:26AM Muruga: White Sunset: 8:54PM Nataraja: White Moon – Green	Sun 24 Sutra 69 Vilamba 5120 Moon 5 - Phase 10 4th Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	
						Jyeshtha-Ani	

<b>3</b>	<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden
	Tula Rasi: 23.45	Tithi 12	371142361	<b>Gulika</b> 4:32PM – 6:43PM Yama 12:10PM – 2:21PM <b>Rahu</b> 6:43PM – 8:54PM	<b>Vishakha Until 12:28AM Mon</b> Siddha Until 7:45PM Bava Until 11:50AM Dvadashi Until 12:23AM Mon	Ganesha: Red Sunrise: 3:27AM Muruga: Clear Sunset: 8:54PM Nataraja: White Moon – Orange	Sun 25 Sutra 70 Vilamba 5120 Moon 5 - Phase 10 4th Phase
	Routine Work	Marana Yoga				<b>Devaloka Day</b>	
	Until 12:28AM Mon	Then Creative Work - Siddha Yoga				Jyeshtha-Ani	

<b>4</b>	<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden
	Vrischika Rasi: 6.1	Tithi 13	371142361	<b>Gulika</b> 2:21PM – 4:32PM Yama 10:00AM – 12:10PM <b>Rahu</b> 5:38AM – 7:49AM	<b>Anuradha Until 2:33AM Tue</b> Sadhya Until 7:52PM Kaulava Until 1:05PM Trayodashi Until 1:50AM Tue	Ganesha: Red Sunrise: 3:27AM Muruga: Clear Sunset: 8:54PM Nataraja: White Moon – Orange	Sun 26 Sutra 71 Vilamba 5120 Moon 5 - Phase 10 4th Phase
	Family Home Evening	Creative Work				<b>Devaloka Day</b>	
	Until 2:33AM Tue	Then Routine Work - Marana Yoga				Jyeshtha-Ani	

<b>5</b>	<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden
	Vrischika Rasi: 18.24	Tithi 14	371142361	<b>Gulika</b> 12:11PM – 2:21PM Yama 7:49AM – 10:00AM <b>Rahu</b> 4:32PM – 6:43PM	<b>Jyeshtha* Until 4:51AM Wed</b> Subha Until 8:20PM Gara Until 2:44PM Chaturdashi* Until 3:40AM Wed	Ganesha: Red Sunrise: 3:27AM Muruga: Clear Sunset: 8:54PM Nataraja: White Moon – Orange	Sun 27 Sutra 72 Vilamba 5120 Moon 5 - Phase 10 4th Phase
	Routine Work	Marana Yoga				<b>Devaloka Day</b>	
						Jyeshtha-Ani	

	<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden
	<b>Copper Retreat Star</b>		381142361	<b>Gulika</b> 10:00AM – 12:11PM Yama 5:39AM – 7:49AM <b>Rahu</b> 12:11PM – 2:22PM	<b>Mula* Until 7:48AM Thu</b> Sukla Until 9:01PM Visti Until 4:45PM Purnima* Until 5:51AM Thu	Ganesha: Blue Sunrise: 3:28AM Muruga: Clear Sunset: 8:54PM Nataraja: White Moon – Light Blue	Sutra 73 Vilamba 5120 Moon 5 - Phase 10 Purnima
	Routine Work	Marana Yoga				<b>Bhuloka Day</b>	
	Until 7:48AM Thu	Then Creative Work - Siddha Yoga				Devaloka Time: 12:PM to 3:PM	

<b>○</b>	<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava Karana Prathamayam Titau				Malmö, Sweden
	<b>Silver Retreat Star</b>		381142361	<b>Gulika</b> 7:50AM – 10:00AM Yama 3:29AM – 5:39AM <b>Rahu</b> 2:22PM – 4:32PM	<b>Mula* Until 7:48AM</b> Brahma Until 9:57PM Balava Until 7:03PM Prathama* Until 8:16AM Fri	Ganesha: Blue Sunrise: 3:29AM Muruga: Clear Sunset: 8:54PM Nataraja: White Moon – Light Blue	Sutra 74 Vilamba 5120 Moon 5 - Phase 10 Prathama
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	





**Friday, June 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Malmö, Sweden  
Sutra 75

Dhanus Rasi: 24.17    Tithi 16 – 17

381142361

**Gulika** 5:40AM – 7:50AM  
Yama 4:32PM – 6:43PM  
**Rahu** 10:01AM – 12:11PM

**Purvashadha\* Until 10:49AM**

Indra Until 11:02PM  
Taitila Until 9:34PM

**Prathama\* Until 8:16AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

*Sunrise:* 3:29AM  
*Sunset:* 8:53PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Prabalarishta Yoga  
Until 10:49AM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden  
Sun 1 Sutra 76

Makara Rasi: 6.05    Tithi 17 – 18

381242361

**Gulika** 3:30AM – 5:40AM  
Yama 2:22PM – 4:32PM  
**Rahu** 7:51AM – 10:01AM

**Uttarashadha Until 1:47PM**

Vaidhriti\* Until 12:09AM Sun  
Vanija Until 12:10AM Sun  
**Dvitiya Until 10:51AM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

*Sunrise:* 3:30AM  
*Sunset:* 8:53PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga  
Until 1:47PM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden  
Sun 2 Sutra 77

Makara Rasi: 17.52    Tithi 18 – 19

391242361

**Gulika** 4:32PM – 6:42PM  
Yama 12:12PM – 2:22PM  
**Rahu** 6:42PM – 8:53PM

**Shravana Until 5:06PM**

Vishkambha\* Until 1:14AM Mon  
Bava Until 2:43AM Mon  
**Tritiya Until 1:26PM**

**Ganesha:** Red  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 3:31AM  
*Sunset:* 8:53PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 5:06PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden  
Sun 3 Sutra 78

Makara Rasi: 29.41    Tithi 19 – 20

392242361

**Gulika** 2:22PM – 4:32PM  
Yama 10:02AM – 12:12PM  
**Rahu** 5:42AM – 7:52AM

**Dhanishtha Until 8:05PM**

Priti Until 2:10AM Tue  
Kaulava Until 5:01AM Tue  
**Chaturthi\* Until 3:53PM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 3:31AM  
*Sunset:* 8:52PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

**Family Home Evening**  
Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Taitila Karana Panchamyam Titau

Malmö, Sweden  
Sun 4 Sutra 79

Kumbha Rasi: 11.35    Tithi 20

392242361

**Gulika** 12:12PM – 2:22PM  
Yama 7:52AM – 10:02AM  
**Rahu** 4:32PM – 6:42PM

**Shatabhishak Until 10:34PM**

Ayushman Until 2:46AM Wed  
Taitila Until 6:00PM  
**Panchami Until 6:00PM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 3:32AM  
*Sunset:* 8:52PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden  
Sun 5 Sutra 80

Kumbha Rasi: 23.4    Tithi 21

312242361

**Gulika** 10:02AM – 12:12PM  
Yama 5:43AM – 7:53AM  
**Rahu** 12:12PM – 2:22PM

**Purvaproshtapada\* Until 12:53AM Thu**

Saubhagya Until 2:58AM Thu  
Gara Until 6:55AM  
**Shashthi\* Until 7:38PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 3:33AM  
*Sunset:* 8:51PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Amrita Yoga  
Until 12:53AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**6**

**Thursday, July 5, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Malmö, Sweden  
Sun 6 Sutra 81

Meena Rasi: 5.58    Tithi 22

312242361

**Gulika** 7:53AM – 10:03AM  
Yama 3:34AM – 5:44AM  
**Rahu** 2:22PM – 4:31PM

**Uttaraproshtapada Until 2:23AM Fri**

Sobhana Until 2:39AM Fri  
Visti Until 8:15AM  
**Saptami Until 8:38PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 3:34AM  
*Sunset:* 8:50PM

Vilamba 5120  
Moon 6 - Phase 11  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Friday, July 6, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden  
Sun 7 Sutra 82

Meena Rasi: 18.34    Tithi 23

312242361

**Gulika** 5:45AM – 7:54AM  
Yama 4:31PM – 6:40PM  
**Rahu** 10:03AM – 12:12PM

**Revati Until 2:59AM Sat**

Athiganda\* Until 1:43AM Sat  
Balava Until 8:53AM  
**Ashtami\* Until 8:54PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 3:35AM  
*Sunset:* 8:50PM

Vilamba 5120  
Moon 6 - Phase 11  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

**Saturday, July 7, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden  
Sun 8 Sutra 83

Mesha Rasi: 1.33    Tithi 24

422242361

**Gulika** 3:36AM – 5:45AM  
Yama 2:22PM – 4:31PM  
**Rahu** 7:54AM – 10:04AM

**Ashvini Until 3:07AM Sun**

Sukarma Until 12:09AM Sun  
Taitila Until 8:44AM  
**Navami\* Until 8:21PM**

**Ganesha:** Orange  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – White  
**Jyeshtha-Ani**

*Sunrise:* 3:36AM  
*Sunset:* 8:49PM

Vilamba 5120  
Moon 6 - Phase 11  
Navami

Creative Work Siddha Yoga  
Until 3:07AM Sun  
Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bharani Nakshatra Dhruti Yoga Vanija/Visti* Karana Dashamyam Titau		Malmö, Sweden Sun 9 Sutra 84
Mesha Rasi: 14.58	Tithi 25	<b>Gulika</b> 4:30PM – 6:39PM	<b>Bharani Until 2:18AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 3:37AM
		Yama 12:13PM – 2:22PM	Dhriti Until 9:58PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:48PM
	422242361	<b>Rahu</b> 6:39PM – 8:48PM	Vanija Until 7:48AM	<b>Nataraja:</b> White
Routine Work	Prabalarishta Yoga		Dashami Until 7:01PM	Moon – White
Until 2:18AM Mon				<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>

<b>2 Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Kritika Nakshatra Shula* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 10 Sutra 85
Mesha Rasi: 28.49	Tithi 26 – 27	<b>Gulika</b> 2:21PM – 4:30PM	<b>Krittika Until 12:40AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 3:39AM
<b>Family Home Evening</b>		Yama 10:04AM – 12:13PM	Shula* Until 7:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:47PM
Routine Work	Marana Yoga	<b>Rahu</b> 5:47AM – 7:56AM	Bava Until 6:05AM	<b>Nataraja:</b> White
Until 12:40AM Tue			Ekadashi* Until 4:57PM	Moon – White
Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>

<b>3 Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Rohini Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 11 Sutra 86
Vrishabha Rasi: 13.07	Tithi 27 – 28	<b>Gulika</b> 12:13PM – 2:21PM	<b>Rohini Until 10:44PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:40AM
		Yama 7:56AM – 10:05AM	Ganda* Until 3:52PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:46PM
	432242361	<b>Rahu</b> 4:30PM – 6:38PM	Gara Until 12:44AM Wed	<b>Nataraja:</b> White
Creative Work	Amrita Yoga		Dvadashi* Until 2:15PM	Moon – Yellow
Until 10:44PM				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Jyeshtha-Ani</b>
				<i>Pradosha Vrata (Fasting)</i>

<b>4 Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mrigashira Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 12 Sutra 87
Vrishabha Rasi: 27.49	Tithi 28 – 29	<b>Gulika</b> 10:05AM – 12:13PM	<b>Mrigashira Until 8:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:41AM
		Yama 5:49AM – 7:57AM	Vridhi Until 12:11PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:45PM
	432242361	<b>Rahu</b> 12:13PM – 2:21PM	Visti Until 9:22PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		Trayodashi* Until 11:04AM	Moon – Yellow
				<b>Bhuloka Day</b>
				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Jyeshtha-Ani</b>

<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Malmö, Sweden Sun 13 Sutra 88
<b>Retreat Star</b>		<b>Gulika</b> 7:58AM – 10:06AM	<b>Ardra Until 5:17PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:42AM
Mithuna Rasi: 12.48	Tithi 29 – 30	Yama 3:42AM – 5:50AM	Dhruva Until 8:12AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:44PM
		<b>Rahu</b> 2:21PM – 4:29PM	Naga Until 3:50AM Fri	<b>Nataraja:</b> White
Routine Work	Marana Yoga		Chaturdashi* Until 7:33AM	Moon – Yellow
Until 5:17PM				<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Jyeshtha-Ani</b>

<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Malmö, Sweden Sun 14 Sutra 89
<b>Retreat Star</b>		<b>Gulika</b> 5:51AM – 7:59AM	<b>Punarvasu Until 2:30PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:44AM
Mithuna Rasi: 27.57	Tithi 1	Yama 4:28PM – 6:36PM	Harshana Until 11:55PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 8:43PM
		<b>Rahu</b> 10:06AM – 12:13PM	Kintughna Until 1:58PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		Prathama* Until 12:05AM Sat	Moon – Blue
Until 2:30PM				<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Devaloka Time: 12:PM to 3:PM</b>
				<b>Ashada-Ani</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Malmo, Sweden Sun 15 Sutra 90	
Kataka Rasi: 13.07	Tithi 2	<b>Gulika</b> 3:45AM – 5:52AM	<b>Pushya</b> Until 11:38AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:45AM	Vilamba 5120	
		Yama 2:21PM – 4:28PM	Vajra* Until 7:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:42PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 7:59AM – 10:06AM	Balava Until 10:16AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 8:28PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:38AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Tailila/Vanija Karana Tritiya/Chaturthiyam Titau		Malmo, Sweden Sun 16 Sutra 91	
Kataka Rasi: 28.08	Tithi 3 – 4	<b>Gulika</b> 4:27PM – 6:34PM	<b>Ashlesha*</b> Until 8:51AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:46AM	Vilamba 5120	
		Yama 12:14PM – 2:20PM	Siddhi Until 4:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:41PM	Moon 6 - Phase 13	
		442242361 <b>Rahu</b> 6:34PM – 8:41PM	Taitila Until 6:46AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 5:07PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:51AM				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Malmo, Sweden Sun 17 Sutra 92	
Simha Rasi: 12.53	Tithi 4 – 5	<b>Gulika</b> 2:20PM – 4:27PM	<b>Magha*</b> Until 6:43AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:48AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:07AM – 12:14PM	Vyatipata* Until 12:34PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 13	
		453242361 <b>Rahu</b> 5:54AM – 8:01AM	Bava Until 12:57AM Tue	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 2:12PM	Moon – Red		<b>Bhuloka Day</b>	
Until 6:43AM				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Malmo, Sweden Sun 18 Sutra 93	
Simha Rasi: 27.17	Tithi 5 – 6	<b>Gulika</b> 12:14PM – 2:20PM	<b>Uttaraphalguni</b> Until 3:39AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:49AM	Vilamba 5120	
		Yama 8:02AM – 10:08AM	Varyan Until 9:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 13	
		453242362 <b>Rahu</b> 4:26PM – 6:32PM	Kaulava Until 10:53PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 11:49AM	Moon – Red		<b>Devaloka Day</b>	
Until 3:39AM Wed				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Malmo, Sweden Sun 19 Sutra 94	
Kanya Rasi: 11.15	Tithi 6 – 7	<b>Gulika</b> 10:08AM – 12:14PM	<b>Hasta</b> Until 3:20AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:51AM	Vilamba 5120	
		Yama 5:57AM – 8:02AM	Parigha* Until 7:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:37PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 12:14PM – 2:20PM	Gara Until 9:31PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 10:06AM	Moon – Green		<b>Sivaloka Day</b>	
Until 3:20AM Thu				<b>Ashada*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Vanija/Visli* Karana Saptami/Ashlamyam Titau		Malmo, Sweden Sun 20 Sutra 95	
Kanya Rasi: 24.48	Tithi 7 – 8	<b>Gulika</b> 8:03AM – 10:08AM	<b>Chitra</b> Until 3:37AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:52AM	Vilamba 5120	
		Yama 3:52AM – 5:58AM	Siddha Until 3:45AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:35PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 2:19PM – 4:25PM	Visli Until 8:52PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 9:05AM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>Retreat Star</b>		<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Malmo, Sweden Sun 21 Sutra 96	
Tula Rasi: 7.57	Tithi 8 – 9	<b>Gulika</b> 5:59AM – 8:04AM	<b>Svati</b> Until 4:26AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:54AM	Vilamba 5120	
		Yama 4:24PM – 6:29PM	Sadhya Until 2:58AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:34PM	Moon 6 - Phase 13	
		463242362 <b>Rahu</b> 10:09AM – 12:14PM	Balava Until 8:57PM	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 8:48AM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>		<b>Saturday, July 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Malmö, Sweden Sun 22 Sutra 97	
Tula Rasi: 20.44	Tithi 9 – 10	<b>Gulika</b> 3:55AM – 6:00AM	<b>Vishakha</b> Until 6:12AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:55AM	Vilamba 5120	
		Yama 2:19PM – 4:23PM	Subha Until 2:44AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:32PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 8:05AM – 10:09AM	Taitila Until 9:42PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 9:13AM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 6:12AM Sun				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							


<b>2</b>		<b>Sunday, July 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Malmö, Sweden Sun 23 Sutra 98	
Vrischika Rasi: 3.13	Tithi 10 – 11	<b>Gulika</b> 4:22PM – 6:27PM	<b>Vishakha</b> Until 6:12AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:57AM	Vilamba 5120	
		Yama 12:14PM – 2:18PM	Sukla Until 2:54AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:31PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:27PM – 8:31PM	Vanija Until 11:02PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 10:17AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>3</b>		<b>Monday, July 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vistri*/Bava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 24 Sutra 99	
Vrischika Rasi: 15.28	Tithi 11 – 12	<b>Gulika</b> 2:18PM – 4:22PM	<b>Anuradha</b> Until 8:20AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:59AM	Vilamba 5120	
<b>Family Home Evening</b>		Yama 10:10AM – 12:14PM	Brahma Until 3:26AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:29PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 6:03AM – 8:06AM	Bava Until 12:52AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:52AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>4</b>		<b>Tuesday, July 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 25 Sutra 100	
Vrischika Rasi: 27.32	Tithi 12 – 13	<b>Gulika</b> 12:14PM – 2:17PM	<b>Jyeshtha*</b> Until 10:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:00AM	Vilamba 5120	
		Yama 8:07AM – 10:11AM	Indra Until 4:16AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:28PM	Moon 6 - Phase 14	
		473242362 <b>Rahu</b> 4:21PM – 6:24PM	Kaulava Until 3:03AM Wed	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 1:54PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 10:45AM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Wednesday, July 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 26 Sutra 101	
Dhanus Rasi: 9.28	Tithi 13 – 14	<b>Gulika</b> 10:11AM – 12:14PM	<b>Mula*</b> Until 1:48PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:02AM	Vilamba 5120	
		Yama 6:05AM – 8:08AM	Vaidhriti* Until 5:15AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:26PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 12:14PM – 2:17PM	Gara Until 5:30AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 4:14PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 1:48PM				<b>Ashada*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Thursday, July 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija Karana Chaturdashyam Titau		Malmö, Sweden Sun 27 Sutra 102	
Dhanus Rasi: 21.18	Tithi 14	<b>Gulika</b> 8:09AM – 10:11AM	<b>Purvashadha*</b> Until 4:53PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:04AM	Vilamba 5120	
		Yama 4:04AM – 6:06AM	Vishkambha* Until 6:21AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:24PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 2:17PM – 4:19PM	Vanija Until 6:46PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 4:53PM				<b>Ashada*Adi</b>			
Then Routine Work - Marana Yoga							

		<b>Friday, July 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau		Malmö, Sweden Sutra 103	
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:08AM – 8:10AM	<b>Uttarashadha</b> Until 7:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:05AM	Vilamba 5120	
Makara Rasi: 3.06	Tithi 15	Yama 4:18PM – 6:20PM	Vishkambha* Until 6:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:23PM	Moon 6 - Phase 14	
		483342362 <b>Rahu</b> 10:12AM – 12:14PM	Visti Until 8:05AM	<b>Nataraja:</b> Clear		Purnima	
Routine Work	Marana Yoga		<b>Purnima* Until 9:21PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
		<b>Total Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

<b>Saturday, July 28, 2018</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Malmö, Sweden Sutra 104	
Makara Rasi: 14.53	Tithi 16	<b>Gulika</b> 4:07AM – 6:09AM	<b>Shravana</b> Until 11:08PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:07AM	Vilamba 5120	
		Yama 2:16PM – 4:17PM	Priti Until 7:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:21PM	Moon 6 - Phase 14	
		493342362 <b>Rahu</b> 8:11AM – 10:12AM	Balava Until 10:39AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:53PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 29, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvityayam Titau

Malmö, Sweden  
Sun 1 Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 26.43 Tithi 17  
494342362  
Rahu  
Routine Work Marana Yoga  
Until 2:03AM Mon  
Then Creative Work - Siddha Yoga

Gulika 4:17PM – 6:18PM  
Yama 12:14PM – 2:15PM  
Rahu 6:18PM – 8:19PM

**Dhanishtha Until 2:03AM Mon**  
Ayushman Until 8:29AM  
Taitila Until 1:06PM  
**Dvitiya Until 2:14AM Mon**

Ganesha: Blue Sunrise: 4:09AM  
Muruga: Clear Sunset: 8:19PM  
Nataraja: Clear  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

**1**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trityayam Titau

Malmö, Sweden  
Sun 2 Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 8.37 Tithi 18  
494342362  
Rahu  
Family Home Evening  
Creative Work Siddha Yoga  
Until 4:32AM Tue  
Then Routine Work - Marana Yoga

Gulika 2:15PM – 4:16PM  
Yama 10:13AM – 12:14PM  
Rahu 6:12AM – 8:12AM

**Shatabhishak Until 4:32AM Tue**  
Saubhagya Until 9:20AM  
Vanija Until 3:19PM  
**Tritiya Until 4:17AM Tue**

Ganesha: Blue Sunrise: 4:11AM  
Muruga: Clear Sunset: 8:17PM  
Nataraja: Clear  
Moon – Purple  
**Ashada-Adi**

**Devaloka Day**

**2**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Chaturthayam Titau

Malmö, Sweden  
Sun 3 Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 20.39 Tithi 19  
414342362  
Rahu  
Routine Work Marana Yoga  
Until 6:57AM Wed  
Then Creative Work - Siddha Yoga

Gulika 12:14PM – 2:14PM  
Yama 8:13AM – 10:14AM  
Rahu 4:15PM – 6:15PM

**Purvaproshtapada\* Until 6:57AM Wed**  
Sobhana Until 9:58AM  
Bava Until 5:11PM  
**Chaturthi\* Until 5:56AM Wed**

Ganesha: White Sunrise: 4:13AM  
Muruga: Clear Sunset: 8:15PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**3**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava Karana Panchamyam Titau

Malmö, Sweden  
Sun 4 Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 2.5 Tithi 20  
414342362  
Rahu  
Creative Work Amrita Yoga  
Until 6:57AM  
Then Creative Work - Siddha Yoga

Gulika 10:14AM – 12:14PM  
Yama 6:14AM – 8:14AM  
Rahu 12:14PM – 2:14PM

**Purvaproshtapada\* Until 6:57AM**  
Athiganda\* Until 10:14AM  
Kaulava Until 6:36PM  
**Panchami Until 7:06AM Thu**

Ganesha: White Sunrise: 4:14AM  
Muruga: Clear Sunset: 8:13PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**4**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\*Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden  
Sun 5 Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 15.14 Tithi 20 – 21  
414342362  
Rahu  
Creative Work Siddha Yoga

Gulika 8:15AM – 10:14AM  
Yama 4:16AM – 6:16AM  
Rahu 2:13PM – 4:13PM

**Uttaraproshtapada Until 8:43AM**  
Sukarma Until 10:07AM  
Gara Until 7:29PM  
**Panchami Until 7:06AM**

Ganesha: White Sunrise: 4:16AM  
Muruga: Clear Sunset: 8:11PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**5**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Malmö, Sweden  
Sun 6 Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 27.53 Tithi 21 – 22  
414342362  
Rahu  
Creative Work Siddha Yoga  
Until 9:46AM  
Then Creative Work - Amrita Yoga

Gulika 6:17AM – 8:16AM  
Yama 4:12PM – 6:11PM  
Rahu 10:15AM – 12:14PM

**Revati Until 9:46AM**  
Dhriti Until 9:34AM  
Visti Until 7:45PM  
**Shashthi\* Until 7:41AM**

Ganesha: White Sunrise: 4:18AM  
Muruga: Clear Sunset: 8:09PM  
Nataraja: Clear  
Moon – Clear  
**Ashada-Adi**

**Devaloka Day**

**6**

**Saturday, August 4, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Malmö, Sweden  
Sun 7 Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 10.51 Tithi 22 – 23  
424342362  
Rahu  
Creative Work Siddha Yoga

Gulika 4:20AM – 6:18AM  
Yama 2:12PM – 4:11PM  
Rahu 8:17AM – 10:15AM

**Ashvini Until 10:30AM**  
Shula\* Until 8:28AM  
Balava Until 7:21PM  
**Saptami Until 7:37AM**

Ganesha: Clear Sunrise: 4:20AM  
Muruga: Clear Sunset: 8:07PM  
Nataraja: Clear  
Moon – White  
**Ashada-Adi**

**Sivaloka Day**

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden  
Sun 8 Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 24.1 Tithi 23 – 24  
424342362  
Rahu  
Routine Work Prabalarishta Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

Gulika 4:09PM – 6:07PM  
Yama 12:14PM – 2:11PM  
Rahu 6:07PM – 8:05PM

**Bharani Until 10:24AM**  
Ganda\* Until 6:50AM  
Taitila Until 6:16PM  
**Ashtami\* Until 6:53AM**

Ganesha: Clear Sunrise: 4:22AM  
Muruga: Clear Sunset: 8:05PM  
Nataraja: Clear  
Moon – White  
**Ashada-Adi**

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>Monday, August 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Malmö, Sweden Sun 9 Sutra 113 Vilamba 5120
<b>1</b>		<b>Gulika</b> 2:11PM – 4:08PM	<b>Krittika</b> <b>Until 9:29AM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 4:23AM	
Vrishabha Rasi: 7.53	Tithi 25	Yama 10:16AM – 12:13PM	Dhruva <b>Until 1:57AM Tue</b>	<b>Muruqa:</b> Clear	<b>Sunset:</b> 8:03PM	Moon 7 - Phase 16
<b>Family Home Evening</b>	424342362	<b>Rahu</b> 6:21AM – 8:18AM	Vanija <b>Until 4:31PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work Marana Yoga			<b>Dashami</b> <b>Until 3:24AM Tue</b>	Moon – White		<b>Sivaloka Day</b>
Until 9:29AM				<b>Ashada-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, August 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Malmö, Sweden Sun 10 Sutra 114 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:13PM – 2:10PM	<b>Rohini</b> <b>Until 8:13AM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 4:25AM	
Vrishabha Rasi: 22	Tithi 26	Yama 8:19AM – 10:16AM	Vyaghata* <b>Until 10:47PM</b>	<b>Muruqa:</b> Clear	<b>Sunset:</b> 8:01PM	Moon 7 - Phase 16
	434342362	<b>Rahu</b> 4:07PM – 6:04PM	Bava <b>Until 2:10PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Ekadashi*</b> <b>Until 12:46AM Wed</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 8:13AM				<b>Ashada-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, August 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvodashyam Titau				Malmö, Sweden Sun 11 Sutra 115 Vilamba 5120
<b>3</b>		<b>Gulika</b> 10:17AM – 12:13PM	<b>Mrigashira</b> <b>Until 6:16AM</b>	<b>Ganesha:</b> Purple	<b>Sunrise:</b> 4:27AM	
Mithuna Rasi: 6.29	Tithi 27	Yama 6:24AM – 10:20AM	Harshana <b>Until 7:13PM</b>	<b>Muruqa:</b> Clear	<b>Sunset:</b> 7:59PM	Moon 7 - Phase 16
	434342362	<b>Rahu</b> 12:13PM – 2:10PM	Kaulava <b>Until 11:17AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi*</b> <b>Until 9:40PM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

<b>Thursday, August 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden Sun 12 Sutra 116 Vilamba 5120
<b>4</b>		<b>Gulika</b> 8:21AM – 10:17AM	<b>Punarvasu</b> <b>Until 1:12AM Fri</b>	<b>Ganesha:</b> Light Blue	<b>Sunrise:</b> 4:29AM	
Mithuna Rasi: 21.19	Tithi 28	Yama 4:29AM – 6:25AM	Vajra* <b>Until 3:21PM</b>	<b>Muruqa:</b> Clear	<b>Sunset:</b> 7:57PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 2:09PM – 4:05PM	Gara <b>Until 8:00AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work Amrita Yoga			<b>Trayodashi*</b> <b>Until 6:14PM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 1:12AM Fri				<b>Ashada-Adi</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>Friday, August 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Malmö, Sweden Sun 13 Sutra 117 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 6:26AM – 8:22AM	<b>Pushya</b> <b>Until 10:22PM</b>	<b>Ganesha:</b> Light Blue	<b>Sunrise:</b> 4:31AM	
Kataka Rasi: 6.2	Tithi 29 – 30	Yama 4:04PM – 5:59PM	Siddhi <b>Until 11:18AM</b>	<b>Muruqa:</b> Clear	<b>Sunset:</b> 7:55PM	Moon 7 - Phase 16
	444342362	<b>Rahu</b> 10:17AM – 12:13PM	Catuspada <b>Until 12:48AM Sat</b>	<b>Nataraja:</b> Clear		Amavasya
Routine Work Marana Yoga			<b>Chaturdashi*</b> <b>Until 2:37PM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

<b>Saturday, August 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Varyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Malmö, Sweden Sun 14 Sutra 118 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 4:33AM – 6:28AM	<b>Ashlesha*</b> <b>Until 7:25PM</b>	<b>Ganesha:</b> Orange	<b>Sunrise:</b> 4:33AM	
Kataka Rasi: 21.28	Tithi 30 – 1	Yama 2:08PM – 4:03PM	Vyatipata* <b>Until 7:12AM</b>	<b>Muruqa:</b> Clear	<b>Sunset:</b> 7:53PM	Moon 7 - Phase 16
	445342362	<b>Rahu</b> 8:23AM – 10:18AM	Kintughna <b>Until 9:10PM</b>	<b>Nataraja:</b> Clear		Prathama
Routine Work Marana Yoga			<b>Amavasya*</b> <b>Until 10:57AM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 7:25PM		<b>Partial Solar Eclipse</b>		<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha/Purvaphalguni Nakshatra Parigha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 6.31	Tithi 1 – 2	<b>Gulika</b> 4:01PM – 5:56PM	<b>Magha* Until 4:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:35AM	
		Yama 12:13PM – 2:07PM	Parigha* Until 11:19PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:50PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 5:56PM – 7:50PM	Kaulava Until 4:07AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 7:24AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 4:56PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Malmö, Sweden Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 21.23	Tithi 3	<b>Gulika</b> 2:06PM – 4:00PM	<b>Purvaphalguni Until 2:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:37AM	
<b>Family Home Evening</b>		Yama 10:18AM – 12:12PM	Shiva Until 7:49PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 6:31AM – 8:24AM	Tailila Until 2:39PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 1:16AM Tue</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthiyam Titau				Malmö, Sweden Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 5.55	Tithi 4	<b>Gulika</b> 12:12PM – 2:06PM	<b>Uttaraphalguni Until 12:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:38AM	
		Yama 8:25AM – 10:19AM	Siddha Until 4:44PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:46PM	Moon 7 - Phase 17
	455342362	<b>Rahu</b> 3:59PM – 5:52PM	Vanija Until 12:03PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 10:58PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 12:42PM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 20.02	Tithi 5	<b>Gulika</b> 10:19AM – 12:12PM	<b>Hasta Until 11:42AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:40AM	
		Yama 6:33AM – 8:26AM	Sadhya Until 2:12PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 12:12PM – 2:05PM	Bava Until 10:05AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 9:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 11:42AM		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Shashthiyam Titau				Malmö, Sweden Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 3.43	Tithi 6	<b>Gulika</b> 8:27AM – 10:19AM	<b>Chitra Until 11:17AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:42AM	
		Yama 4:42AM – 6:35AM	Subha Until 12:17PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:41PM	Moon 7 - Phase 17
	465342362	<b>Rahu</b> 2:04PM – 3:57PM	Kaulava Until 8:52AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 11:17AM				<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>6 Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Malmö, Sweden Sun 20 Sutra 124 Vilamba 5120
Tula Rasi: 16.56	Tithi 7	<b>Gulika</b> 6:36AM – 8:28AM	<b>Svati Until 11:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	
		Yama 3:55PM – 5:47PM	Sukla Until 11:00AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 17
	565342362	<b>Rahu</b> 10:20AM – 12:12PM	Gara Until 8:26AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 8:31PM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden Sun 21 Sutra 125 Vilamba 5120
Tula Rasi: 29.45	Tithi 8	<b>Gulika</b> 4:46AM – 6:37AM	<b>Vishakha Until 12:49PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:46AM	
		Yama 2:03PM – 3:54PM	Brahma Until 10:21AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 17
	575342362	<b>Rahu</b> 8:29AM – 10:20AM	Visti Until 8:50AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden Sun 22 Sutra 126 Vilamba 5120
Vrischika Rasi: 12.13	Tithi 9	<b>Gulika</b> 3:53PM – 5:44PM	<b>Anuradha Until 2:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM	
		Yama 12:11PM – 2:02PM	Indra Until 10:18AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 17
	575442362	<b>Rahu</b> 5:44PM – 7:34PM	Balava Until 9:58AM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Navami* Until 10:45PM</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


<b>1</b>	<b>Monday, August 20, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Mula* Nakshatra Vaidhriti* Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau	Malmö, Sweden
	Vrischika Rasi: 24.23    Tithi 10	<b>Gulika</b> 2:01PM – 3:51PM <b>Jyeshtha* Until 5:00PM</b>	Sun 23    Sutra 127
	<b>Family Home Evening</b>	Yama 10:21AM – 12:11PM <b>Vaidhriti* Until 10:42AM</b>	Vilamba 5120
	Creative Work    Siddha Yoga	<b>Rahu</b> 6:40AM – 8:30AM <b>Taitila Until 11:44AM</b>	Moon 7 - Phase 18 4th Phase
		<b>Dashami Until 12:47AM Tue</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Tuesday, August 21, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau	Malmö, Sweden
	Dhanus Rasi: 6.23    Tithi 11	<b>Gulika</b> 12:11PM – 2:00PM <b>Mula* Until 8:02PM</b>	Sun 24    Sutra 128
		Yama 8:31AM – 10:21AM <b>Vishkambha* Until 11:29AM</b>	Vilamba 5120
	Creative Work    Amrita Yoga	<b>Rahu</b> 3:50PM – 5:40PM <b>Vanija Until 1:58PM</b>	Moon 7 - Phase 18 4th Phase
		<b>Ekadashi Until 3:11AM Wed</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Wednesday, August 22, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau	Malmö, Sweden
	Dhanus Rasi: 18.14    Tithi 12	<b>Gulika</b> 10:21AM – 12:10PM <b>Purvashadha* Until 11:08PM</b>	Sun 25    Sutra 129
		Yama 6:43AM – 8:32AM <b>Priti Until 12:31PM</b>	Vilamba 5120
	Creative Work    Amrita Yoga	<b>Rahu</b> 12:10PM – 2:00PM <b>Bava Until 4:29PM</b>	Moon 7 - Phase 18 4th Phase
		<b>Dvadashi Until 5:46AM Thu</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Thursday, August 23, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Trayodashyam Titau	Malmö, Sweden
	Makara Rasi: 0.02    Tithi 13	<b>Gulika</b> 8:33AM – 10:22AM <b>Uttarashadha Until 2:07AM Fri</b>	Sun 26    Sutra 130
		Yama 4:56AM – 6:44AM <b>Ayushman Until 1:35PM</b>	Vilamba 5120
	Routine Work    Marana Yoga	<b>Rahu</b> 1:59PM – 3:47PM <b>Kaulava Until 7:06PM</b>	Moon 7 - Phase 18 4th Phase
		<b>Trayodashi Until 8:22AM Fri</b>	<b>Sivaloka Day</b>
		<i>Pradosha Vrata</i>	

<b>5</b>	<b>Friday, August 24, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Malmö, Sweden
	Makara Rasi: 11.49    Tithi 13 – 14	<b>Gulika</b> 6:46AM – 8:34AM <b>Shravana Until 5:19AM Sat</b>	Sun 27    Sutra 131
		Yama 3:46PM – 5:34PM <b>Saubhagya Until 2:39PM</b>	Vilamba 5120
	Routine Work    Marana Yoga	<b>Rahu</b> 10:22AM – 12:10PM <b>Gara Until 9:38PM</b>	Moon 7 - Phase 18 4th Phase
		<b>Trayodashi Until 8:22AM</b>	<b>Subha Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>	

	<b>Saturday, August 25, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Malmö, Sweden
	Makara Rasi: 23.4    Tithi 14 – 15	<b>Gulika</b> 4:59AM – 6:47AM <b>Dhanishtha Until 8:07AM Sun</b>	Sutra 132
		Yama 1:57PM – 3:45PM <b>Sobhana Until 3:36PM</b>	Vilamba 5120
	Creative Work    Siddha Yoga	<b>Rahu</b> 8:34AM – 10:22AM <b>Visti Until 11:58PM</b>	Moon 7 - Phase 18 Purnima
		<b>Chaturdashi* Until 10:49AM</b>	<b>Subha Sivaloka Day</b>
		<b>Raksha Bandhan</b>	

<b>Sunday, August 26, 2018</b>	<b>Silver Retreat Star</b>	Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Malmö, Sweden
	Kumbha Rasi: 6    Tithi 15 – 16	<b>Gulika</b> 3:43PM – 5:30PM <b>Dhanishtha Until 8:07AM</b>	Sutra 133
		Yama 12:09PM – 1:56PM <b>Athiganda* Until 4:17PM</b>	Vilamba 5120
	Routine Work    Marana Yoga	<b>Rahu</b> 5:30PM – 7:17PM <b>Balava Until 1:58AM Mon</b>	Moon 7 - Phase 18 Prathama
		<b>Purnima* Until 12:59PM</b>	<b>Subha Sivaloka Day</b>
		<b>Avani Avittam</b>	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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**Monday, August 27, 2018**  
**Gold Retreat Star**

Kumbha Rasi: 17.4 Tithi 16 – 17  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:25AM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau  
**Gulika** 1:56PM – 3:42PM  
Yama 10:23AM – 12:09PM  
**Rahu** 6:50AM – 8:36AM  
**Shatabhishak** Until 10:25AM  
Sukarma Until 4:43PM  
Taitila Until 3:35AM Tue  
**Prathama\*** Until 2:48PM

Malmö, Sweden  
Sutra 134  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Subha Sivaloka Day**

**Ganesha:** White *Sunrise:* 5:03AM  
**Muruqa:** Clear *Sunset:* 7:15PM  
**Nataraja:** Clear  
Moon – Purple  
**Sravana-Avani**

**1**

**Tuesday, August 28, 2018**

Kumbha Rasi: 29.54 Tithi 17 – 18  
517452363  
Routine Work Marana Yoga  
Until 12:39PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika** 12:09PM – 1:55PM  
Yama 8:37AM – 10:23AM  
**Rahu** 3:41PM – 5:26PM  
**Purvaprosarthapada\*** Until 12:39PM  
Dhriti Until 4:50PM  
Vanija Until 4:46AM Wed  
**Dvitiya** Until 4:12PM

Malmö, Sweden  
Sun 1 Sutra 135  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**Ganesha:** Clear *Sunrise:* 5:05AM  
**Muruqa:** Purple *Sunset:* 7:12PM  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**2**

**Wednesday, August 29, 2018**

Meena Rasi: 12.19 Tithi 18 – 19  
517452363  
Creative Work Siddha Yoga  
Until 2:18PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Shula\*/Ganda\* Yoga Vistit\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 10:23AM – 12:08PM  
Yama 6:52AM – 8:38AM  
**Rahu** 12:08PM – 1:54PM  
**Uttaraprosarthapada** Until 2:18PM  
Shula\* Until 4:34PM  
Bava Until 5:30AM Thu  
**Tritiya** Until 5:10PM

Malmö, Sweden  
Sun 2 Sutra 136  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**Ganesha:** Clear *Sunrise:* 5:07AM  
**Muruqa:** Purple *Sunset:* 7:10PM  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**3**

**Thursday, August 30, 2018**

Meena Rasi: 24.56 Tithi 19 – 20  
517452363  
Creative Work Siddha Yoga  
Until 3:21PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 8:39AM – 10:23AM  
Yama 5:09AM – 6:54AM  
**Rahu** 1:53PM – 3:38PM  
**Revati** Until 3:21PM  
Ganda\* Until 3:58PM  
Kaulava Until 5:47AM Fri  
**Chaturthi\*** Until 5:41PM

Malmö, Sweden  
Sun 3 Sutra 137  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**Ganesha:** Clear *Sunrise:* 5:09AM  
**Muruqa:** Purple *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Clear  
**Sravana-Avani**

**4**

**Friday, August 31, 2018**

Mesha Rasi: 7.46 Tithi 20 – 21  
527452363  
Creative Work Amrita Yoga  
Until 4:16PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 6:55AM – 8:39AM  
Yama 3:36PM – 5:21PM  
**Rahu** 10:24AM – 12:08PM  
**Ashvini** Until 4:16PM  
Vridhi Until 3:01PM  
Gara Until 5:35AM Sat  
**Panchami** Until 5:43PM

Malmö, Sweden  
Sun 4 Sutra 138  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**

**Ganesha:** Purple *Sunrise:* 5:11AM  
**Muruqa:** Purple *Sunset:* 7:05PM  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**5**

**Saturday, September 1, 2018**

Mesha Rasi: 20.5 Tithi 21 – 22  
527452363  
Creative Work Siddha Yoga  
Until 4:32PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Vistit\* Karana Shashthi/Saptamyam Titau  
**Gulika** 5:13AM – 6:56AM  
Yama 1:51PM – 3:35PM  
**Rahu** 8:40AM – 10:24AM  
**Bharani** Until 4:32PM  
Dhruva Until 1:40PM  
Vistit Until 4:53AM Sun  
**Shashthi\*** Until 5:17PM

Malmö, Sweden  
Sun 5 Sutra 139  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**

**Ganesha:** Purple *Sunrise:* 5:13AM  
**Muruqa:** Purple *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**6**

**Sunday, September 2, 2018**

Virshabha Rasi: 4.1 Tithi 22 – 23  
527452363  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 3:34PM – 5:17PM  
Yama 12:07PM – 1:50PM  
**Rahu** 5:17PM – 7:00PM  
**Krittika** Until 4:11PM  
Vyaghata\* Until 11:55AM  
Balava Until 3:41AM Mon  
**Saptami** Until 4:20PM

Malmö, Sweden  
Sun 6 Sutra 140  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**

**Ganesha:** Purple *Sunrise:* 5:15AM  
**Muruqa:** Purple *Sunset:* 7:00PM  
**Nataraja:** Purple  
Moon – White  
**Sravana-Avani**

**Monday, September 3, 2018**

**Retreat Star**

Virshabha Rasi: 17.47 Tithi 23 – 24  
537452363  
**Family Home Evening**  
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 1:49PM – 3:32PM  
Yama 10:24AM – 12:07PM  
**Rahu** 6:59AM – 8:42AM  
**Rohini** Until 3:36PM  
Harshana Until 9:47AM  
Taitila Until 2:00AM Tue  
**Ashtami\*** Until 2:53PM

Malmö, Sweden  
Sun 7 Sutra 141  
Vilamba 5120  
Moon 8 - Phase 19  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**Ganesha:** Clear *Sunrise:* 5:16AM  
**Muruqa:** Purple *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Yellow  
**Sravana-Avani**

**Tuesday, September 4, 2018**

**Retreat Star**

Mithuna Rasi: 1.43 Tithi 24 – 25  
538452363  
Creative Work Siddha Yoga  
Until 2:24PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika** 12:07PM – 1:49PM  
Yama 8:42AM – 10:25AM  
**Rahu** 3:31PM – 5:13PM  
**Mrigashira** Until 2:24PM  
Vajra\* Until 7:12AM  
Vanija Until 11:49PM  
**Navami\*** Until 12:57PM

Malmö, Sweden  
Sun 8 Sutra 142  
Vilamba 5120  
Moon 8 - Phase 19  
Navami  
**Devaloka Day**

**Ganesha:** White *Sunrise:* 5:18AM  
**Muruqa:** Purple *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Yellow  
**Sravana-Avani**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Malmö, Sweden Sun 9 Sutra 143 Vilamba 5120
	Mithuna Rasi: 15.56	Tithi 25 – 26	<b>Gulika</b> 10:25AM – 12:06PM	<b>Ardra</b> Until 12:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:20AM	
			Yama 7:02AM – 8:43AM	Vyatipata* Until 1:00AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 <b>Rahu</b> 12:06PM – 1:48PM	Bava Until 9:13PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami</b> Until 10:33AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden Sun 10 Sutra 144 Vilamba 5120
	Kataka Rasi: 0.26	Tithi 26 – 27	<b>Gulika</b> 8:44AM – 10:25AM	<b>Punarvasu</b> Until 10:43AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	
			Yama 5:22AM – 7:03AM	Variyan Until 9:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 <b>Rahu</b> 1:47PM – 3:28PM	Kaulava Until 6:17PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi*</b> Until 7:46AM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	

<b>3</b>	<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden Sun 11 Sutra 145 Vilamba 5120
	Kataka Rasi: 15.1	Tithi 28	<b>Gulika</b> 7:04AM – 8:45AM	<b>Pushya</b> Until 8:24AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:24AM	
			Yama 3:26PM – 5:07PM	Parigha* Until 5:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 <b>Rahu</b> 10:25AM – 12:06PM	Gara Until 3:07PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi*</b> Until 1:28AM Sat	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Malmö, Sweden Sun 12 Sutra 146 Vilamba 5120
	Simha Rasi: 0.01	Tithi 29	<b>Gulika</b> 5:26AM – 7:06AM	<b>Magha*</b> Until 3:28AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:26AM	
			Yama 1:45PM – 3:25PM	Shiva Until 1:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	558452363 <b>Rahu</b> 8:46AM – 10:25AM	Visti Until 11:50AM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Chaturdashi*</b> Until 10:11PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	

	<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Malmö, Sweden Sun 13 Sutra 147 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:23PM – 5:03PM	<b>Purvaphalguni</b> Until 1:08AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:28AM	
	Simha Rasi: 14.53	Tithi 30	Yama 12:05PM – 1:44PM	Siddha Until 10:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 <b>Rahu</b> 5:03PM – 6:42PM	Catuspada Until 8:35AM	<b>Nataraja:</b> Purple		Amavasya
			<b>Amavasya*</b> Until 7:00PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to 12:PM</b>	

<b>Monday, September 10, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden Sun 14 Sutra 148 Vilamba 5120
	Simha Rasi: 29.37	Tithi 1 – 2	<b>Gulika</b> 1:43PM – 3:22PM	<b>Uttaraphalguni</b> Until 10:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	
	<b>Family Home Evening</b>		Yama 10:26AM – 12:05PM	Sadhya Until 6:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	559452363 <b>Rahu</b> 7:08AM – 8:47AM	Balava Until 2:46AM Tue	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama*</b> Until 4:04PM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 14.07	Tithi 2 – 3	<b>Gulika</b> 12:04PM – 1:42PM	<b>Hasta</b> <b>Until 9:33PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:32AM	
			Yama 8:48AM – 10:26AM	Sukla <b>Until 12:17AM</b> Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 3:20PM – 4:59PM	Taitila <b>Until 12:31AM</b> Wed	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya</b> <b>Until 1:34PM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Malmö, Sweden Sun 16 Sutra 150 Vilamba 5120
	Kanya Rasi: 28.16	Tithi 3 – 4	<b>Gulika</b> 10:26AM – 12:04PM	<b>Chitra</b> <b>Until 8:35PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:34AM	
			Yama 7:11AM – 8:49AM	Brahma <b>Until 9:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 12:04PM – 1:41PM	Vanija <b>Until 10:54PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritiya</b> <b>Until 11:37AM</b>	Moon – Green		<b>Bhuloka Day</b>	
			<b>Ganesha Chaturthi</b>	<b>Bhadrapada-Avani</b>			

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau				Malmö, Sweden Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 11.59	Tithi 4 – 5	<b>Gulika</b> 8:49AM – 10:26AM	<b>Svati</b> <b>Until 8:12PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:35AM	
			Yama 5:35AM – 7:12AM	Indra <b>Until 8:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569552363 <b>Rahu</b> 1:40PM – 3:17PM	Bava <b>Until 10:02PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Chaturthi* Until 10:21AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to 12:PM	

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Malmö, Sweden Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 25.16	Tithi 5 – 6	<b>Gulika</b> 7:14AM – 8:50AM	<b>Vishakha</b> <b>Until 8:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:37AM	
			Yama 3:16PM – 4:52PM	Vaidhriti* <b>Until 6:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 10:27AM – 12:03PM	Kaulava <b>Until 9:59PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami</b> <b>Until 9:53AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Malmö, Sweden Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 8.08	Tithi 6 – 7	<b>Gulika</b> 5:39AM – 7:15AM	<b>Anuradha</b> <b>Until 10:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM	
			Yama 1:39PM – 3:15PM	Vishkambha* <b>Until 6:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 8:51AM – 10:27AM	Gara <b>Until 10:46PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi* Until 10:15AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Malmö, Sweden Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:13PM – 4:48PM	<b>Jyeshtha* Until 12:14AM</b> Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM	
	Vrischika Rasi: 20.37	Tithi 7 – 8	Yama 12:02PM – 1:38PM	Priti <b>Until 6:27PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
	Routine Work	Marana Yoga	579552363 <b>Rahu</b> 4:48PM – 6:24PM	Visti <b>Until 12:17AM</b> Mon	<b>Nataraja:</b> Purple		Ashtami
			<b>Saptami</b> <b>Until 11:25AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:37PM – 3:12PM	<b>Mula* Until 3:04AM</b> Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:43AM	
	Dhanus Rasi: 2.49	Tithi 8 – 9	Yama 10:27AM – 12:02PM	Ayushman <b>Until 6:59PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
	<b>Family Home Evening</b>		589552363 <b>Rahu</b> 7:18AM – 8:52AM	Balava <b>Until 2:24AM</b> Tue	<b>Nataraja:</b> Purple		Navami
			<b>Ashtami* Until 1:16PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden Sun 22 Sutra 156
	Dhanus Rasi: 14.46	Tithi 9 – 10	581552363	<b>Gulika</b> 12:02PM – 1:36PM Yama 8:53AM – 10:27AM <b>Rahu</b> 3:10PM – 4:44PM	<b>Purvashadha* Until 6:06AM Wed</b> Saubhagya Until 7:52PM Taitila Until 4:54AM Wed <b>Navami* Until 3:36PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:45AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:19PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Siddha Yoga Until 6:06AM Wed Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Gara Karana Dashamyam Titau				Malmö, Sweden Sun 23 Sutra 157
	Dhanus Rasi: 26.37	Tithi 10	581552363	<b>Gulika</b> 10:28AM – 12:01PM Yama 7:20AM – 8:54AM <b>Rahu</b> 12:01PM – 1:35PM	<b>Purvashadha* Until 6:06AM</b> Sobhana Until 8:56PM Gara Until 6:12PM <b>Dashami Until 6:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:47AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:16PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Creative Work Amrita Yoga							

<b>3</b>	<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden Sun 24 Sutra 158
	Makara Rasi: 8.24	Tithi 11	581552363	<b>Gulika</b> 8:55AM – 10:28AM Yama 5:49AM – 7:22AM <b>Rahu</b> 1:34PM – 3:07PM	<b>Uttarashadha Until 9:04AM</b> Athiganda* Until 9:58PM Vanija Until 7:32AM <b>Ekadashi Until 8:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:49AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:13PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM
Routine Work Marana Yoga Until 9:04AM Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden Sun 25 Sutra 159
	Makara Rasi: 20.13	Tithi 12	591552363	<b>Gulika</b> 7:23AM – 8:56AM Yama 3:06PM – 4:38PM <b>Rahu</b> 10:28AM – 12:01PM	<b>Shravana Until 12:16PM</b> Sukarma Until 10:51PM Bava Until 10:04AM <b>Dvadashi Until 11:13PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:51AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:11PM</i> <b>Nataraja:</b> Purple Moon – Purple	Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 12:16PM Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden Sun 26 Sutra 160
	Kumbha Rasi: 2.08	Tithi 13	591552363	<b>Gulika</b> 5:52AM – 7:24AM Yama 1:32PM – 3:04PM <b>Rahu</b> 8:56AM – 10:28AM	<b>Dhanishtha Until 3:01PM</b> Dhriti Until 11:28PM Kaulava Until 12:19PM <b>Trayodashi Until 1:16AM Sun</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Purple <i>Sunrise: 5:52AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:08PM</i> <b>Nataraja:</b> Purple Moon – Purple	Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 3:01PM Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 161
	Kumbha Rasi: 14.13	Tithi 14	591552363	<b>Gulika</b> 3:03PM – 4:34PM Yama 12:00PM – 1:31PM <b>Rahu</b> 4:34PM – 6:05PM	<b>Shatabhishak Until 5:11PM</b> Shula* Until 11:42PM Gara Until 2:09PM <b>Chaturdashi* Until 2:51AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:54AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:05PM</i> <b>Nataraja:</b> Purple Moon – Purple	Vilamba 5120 Moon 8 - Phase 22 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga <b>Chidambaram Abhishekam</b> <b>Kadaitswami Mahasamadhi</b>							

<b>○</b>	<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden Sutra 162
	<b>Copper Retreat Star</b>			<b>Gulika</b> 1:30PM – 3:01PM Yama 10:29AM – 12:00PM <b>Rahu</b> 7:27AM – 8:58AM	<b>Purvaproshtapada* Until 7:11PM</b> Ganda* Until 11:34PM Visti Until 3:28PM <b>Purnima* Until 3:55AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:56AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:03PM</i> <b>Nataraja:</b> Purple Moon – Clear	Vilamba 5120 Moon 8 - Phase 22 Purnima <b>Devaloka Day</b>
Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga							

<b>○</b>	<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden Sutra 163
	<b>Silver Retreat Star</b>			<b>Gulika</b> 11:59AM – 1:29PM Yama 8:59AM – 10:29AM <b>Rahu</b> 3:00PM – 4:30PM	<b>Uttaraproshtapada Until 8:31PM</b> Vriddhi Until 11:02PM Balava Until 4:16PM <b>Prathama* Until 4:28AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:58AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:00PM</i> <b>Nataraja:</b> Purple Moon – Clear	Vilamba 5120 Moon 8 - Phase 22 Prathama <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 8:31PM Then Creative Work - Siddha Yoga							



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden

Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 21.43      Tithi 17

Gulika 10:29AM – 11:59AM  
Yama 7:30AM – 8:59AM  
Rahu 11:59AM – 1:29PM

Revati Until 9:14PM  
Dhruva Until 10:06PM  
Taitila Until 4:35PM

Ganesha: Purple      Sunrise: 6:00AM  
Muruga: Purple      Sunset: 5:58PM

Nataraja: Purple  
Moon – Clear

Devaloka Day

Bhadrapada-Puratasi

Routine Work      Marana Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Malmö, Sweden

Sun 1      Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 4.4      Tithi 18

Gulika 9:00AM – 10:29AM  
Yama 6:02AM – 7:31AM  
Rahu 1:28PM – 2:57PM

Ashvini Until 9:50PM  
Vyaghata\* Until 8:51PM  
Vanija Until 4:28PM

Ganesha: Clear      Sunrise: 6:02AM  
Muruga: Purple      Sunset: 5:55PM

Nataraja: Purple  
Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 9:AM to 12:PM

Creative Work      Amrita Yoga

Until 9:50PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden

Sun 2      Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 17.49      Tithi 19

Gulika 7:32AM – 9:01AM  
Yama 2:55PM – 4:24PM  
Rahu 10:30AM – 11:58AM

Bharani Until 9:55PM  
Harshana Until 7:19PM  
Bava Until 3:57PM

Ganesha: Clear      Sunrise: 6:04AM  
Muruga: Purple      Sunset: 5:52PM

Nataraja: Purple  
Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

Chaturthi\* Until 3:33AM Sat

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden

Sun 3      Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 1.1      Tithi 20

Gulika 6:06AM – 7:34AM  
Yama 1:26PM – 2:54PM  
Rahu 9:02AM – 10:30AM

Krittika Until 9:32PM  
Vajra\* Until 5:29PM  
Kaulava Until 3:06PM

Ganesha: Clear      Sunrise: 6:06AM  
Muruga: Purple      Sunset: 5:50PM

Nataraja: Purple  
Moon – White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work      Amrita Yoga

Panchami Until 2:33AM Sun

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden

Sun 4      Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 14.41      Tithi 21

Gulika 2:52PM – 4:20PM  
Yama 11:58AM – 1:25PM  
Rahu 4:20PM – 5:47PM

Rohini Until 9:09PM  
Siddhi Until 3:26PM  
Gara Until 1:57PM

Ganesha: Purple      Sunrise: 6:08AM  
Muruga: Purple      Sunset: 5:47PM

Nataraja: Purple  
Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work      Siddha Yoga

Shashthi\* Until 1:15AM Mon

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

Malmö, Sweden

Sun 5      Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Vrishabha Rasi: 28.23      Tithi 22

Gulika 1:24PM – 2:51PM  
Yama 10:30AM – 11:57AM  
Rahu 7:37AM – 9:03AM

Mrigashira Until 8:21PM  
Vyatipata\* Until 1:09PM  
Visti Until 12:31PM

Ganesha: Purple      Sunrise: 6:10AM  
Muruga: Purple      Sunset: 5:45PM

Nataraja: Purple  
Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work      Amrita Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Saptami Until 11:40PM

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden

Sun 6      Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 12.15      Tithi 23

Gulika 11:57AM – 1:23PM  
Yama 9:04AM – 10:31AM  
Rahu 2:50PM – 4:16PM

Ardra Until 7:07PM  
Variyan Until 10:38AM  
Balava Until 10:48AM

Ganesha: Purple      Sunrise: 6:12AM  
Muruga: Purple      Sunset: 5:42PM

Nataraja: Purple  
Moon – Yellow

Bhuloka Day

Bhadrapada-Puratasi

Routine Work      Marana Yoga

Until 7:07PM

Then Creative Work - Siddha Yoga

Ashtami\* Until 9:49PM

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 7      Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 26.17      Tithi 24

Gulika 10:31AM – 11:57AM  
Yama 7:39AM – 9:05AM  
Rahu 11:57AM – 1:22PM

Punarvasu Until 5:54PM  
Parigha\* Until 7:54AM  
Taitila Until 8:49AM

Ganesha: Clear      Sunrise: 6:14AM  
Muruga: Purple      Sunset: 5:40PM

Nataraja: Purple  
Moon – Blue

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

Navami\* Until 7:42PM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau		Malmö, Sweden Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 10.3	Tithi 25 – 26	<b>Gulika</b> 9:06AM – 10:31AM	<b>Pushya</b> Until 4:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM
		Yama 6:15AM – 7:41AM	Siddha Until 1:50AM Fri	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 1:21PM – 2:47PM	Vanija Until 6:35AM	Moon – Blue		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 5:21PM	<b>Bhuloka Day</b>			
Until 4:19PM				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 24.51	Tithi 26 – 27	<b>Gulika</b> 7:42AM – 9:07AM	<b>Ashlesha*</b> Until 2:24PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM
		Yama 2:45PM – 4:10PM	Sadhya Until 10:36PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		642552363 <b>Rahu</b> 10:31AM – 11:56AM	Kaulava Until 1:32AM Sat	Moon – Blue		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 2:49PM	<b>Bhuloka Day</b>			
				<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 9.18	Tithi 27 – 28	<b>Gulika</b> 6:19AM – 7:43AM	<b>Magha*</b> Until 12:40PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:19AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM
		Yama 1:20PM – 2:44PM	Subha Until 7:18PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 9:08AM – 10:32AM	Gara Until 10:53PM	Moon – Red		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 12:11PM	<b>Bhuloka Day</b>			
Until 12:40PM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 23.47	Tithi 28 – 29	<b>Gulika</b> 2:42PM – 4:06PM	<b>Purvaphalguni</b> Until 10:47AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM
		Yama 11:55AM – 1:19PM	Sukla Until 4:01PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 24	
		652552363 <b>Rahu</b> 4:06PM – 5:29PM	Visti Until 8:17PM	Moon – Red		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 9:33AM	<b>Bhuloka Day</b>			
Until 10:47AM				<b>Bhadrapada•Puratasi</b>			
Then Creative Work - Amrita Yoga							

<b>Monday, October 8, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Malmö, Sweden Sun 12 Sutra 176 Vilamba 5120	
Kanya Rasi: 8.11	Tithi 29 – 30	<b>Gulika</b> 1:18PM – 2:41PM	<b>Uttaraphalguni</b> Until 8:53AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM
<b>Family Home Evening</b>		Yama 10:32AM – 11:55AM	Brahma Until 12:52PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
		652552364 <b>Rahu</b> 7:46AM – 9:09AM	Naga Until 4:46AM Tue	Moon – Red		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:02AM	<b>Bhuloka Day</b>			
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Malmö, Sweden Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 22.25	Tithi 1	<b>Gulika</b> 11:55AM – 1:17PM	<b>Hasta</b> Until 7:32AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:24PM
		Yama 9:10AM – 10:32AM	Indra Until 9:59AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 24	
		662652364 <b>Rahu</b> 2:40PM – 4:02PM	Kintughna Until 3:48PM	Moon – Green		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:54AM Wed	<b>Devaloka Day</b>			
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>			

1	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Malmö, Sweden Sun 14 Sutra 178
	Tula Rasi: 6.23	Tithi 2	<b>Gulika</b> 10:33AM – 11:55AM	<b>Chitra Until 6:28AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:27AM		Vilamba 5120
			Yama 7:49AM – 9:11AM	Vaidhriti* Until 7:25AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:22PM		Moon 9 - Phase 25
	662652364	<b>Rahu</b> 11:55AM – 1:16PM		Balava Until 2:12PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:36AM Thu</b>	Moon – Green	<b>Devaloka Day</b>		
				<b>Ashvina+Puratasi</b>			

2	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Malmö, Sweden Sun 15 Sutra 179
	Tula Rasi: 20.01	Tithi 3	<b>Gulika</b> 9:12AM – 10:33AM	<b>Vishakha Until 6:08AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:29AM		Vilamba 5120
			Yama 6:29AM – 7:50AM	Priti Until 3:47AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:19PM		Moon 9 - Phase 25
	672652364	<b>Rahu</b> 1:16PM – 2:37PM		Taitila Until 1:12PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 12:57AM Fri</b>	Moon – Orange	<b>Devaloka Day</b>		
				<b>Ashvina+Puratasi</b>			

3	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Malmö, Sweden Sun 16 Sutra 180
	Vrischika Rasi: 3.15	Tithi 4	<b>Gulika</b> 7:52AM – 9:13AM	<b>Vishakha Until 6:08AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:31AM		Vilamba 5120
			Yama 2:35PM – 3:56PM	Ayushman Until 2:49AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:17PM		Moon 9 - Phase 25
	673652364	<b>Rahu</b> 10:33AM – 11:54AM		Vanija Until 12:56PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:04AM Sat</b>	Moon – Orange	<b>Bhuloka Day</b>		
				<b>Ashvina+Puratasi</b>	<b>Devaloka Time: 6:PM to 9:PM</b>		

4	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden Sun 17 Sutra 181
	Vrischika Rasi: 16.06	Tithi 5	<b>Gulika</b> 6:33AM – 7:53AM	<b>Anuradha Until 7:03AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:33AM		Vilamba 5120
			Yama 1:14PM – 2:34PM	Saubhagya Until 2:28AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:14PM		Moon 9 - Phase 25
	673652364	<b>Rahu</b> 9:13AM – 10:34AM		Bava Until 1:27PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 1:58AM Sun</b>	Moon – Orange	<b>Bhuloka Day</b>		
				<b>Ashvina+Puratasi</b>	<b>Devaloka Time: 6:PM to 9:PM</b>		

5	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Malmö, Sweden Sun 18 Sutra 182
	Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b> 2:33PM – 3:52PM	<b>Jyeshtha* Until 8:33AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:35AM		Vilamba 5120
			Yama 11:54AM – 1:13PM	Sobhana Until 2:41AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:12PM		Moon 9 - Phase 25
	673652364	<b>Rahu</b> 3:52PM – 5:12PM		Kaulava Until 2:43PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 3:36AM Mon</b>	Moon – Orange	<b>Bhuloka Day</b>		
Until 8:33AM				<b>Ashvina+Puratasi</b>	<b>Devaloka Time: 6:PM to 9:PM</b>		
Then Creative Work - Amrita Yoga							

6	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Malmö, Sweden Sun 19 Sutra 183
	Dhanus Rasi: 10.47	Tithi 7	<b>Gulika</b> 1:12PM – 2:31PM	<b>Mula* Until 11:03AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:37AM		Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:34AM – 11:53AM	Athiganda* Until 3:19AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:09PM		Moon 9 - Phase 25
	683652364	<b>Rahu</b> 7:56AM – 9:15AM		Gara Until 4:40PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:49AM Tue</b>	Moon – Light Blue	<b>Devaloka Day</b>		
Until 11:03AM				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

D	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti* Karana Ashtamyam Titau				Malmö, Sweden Sun 20 Sutra 184
	<b>Retreat Star</b>		<b>Gulika</b> 11:53AM – 1:12PM	<b>Purvashadha* Until 1:54PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:39AM		Vilamba 5120
	Dhanus Rasi: 22.45	Tithi 8	Yama 9:16AM – 10:35AM	Sukarma Until 4:15AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:07PM		Moon 9 - Phase 25
	683652364	<b>Rahu</b> 2:30PM – 3:49PM		Visti Until 7:05PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:23AM Wed</b>	Moon – Light Blue	<b>Devaloka Day</b>		
Until 1:54PM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden Sun 21 Sutra 185
	<b>Retreat Star</b>		<b>Gulika</b> 10:35AM – 11:53AM	<b>Uttarashadha Until 4:49PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:41AM		Vilamba 5120
	Makara Rasi: 4.35	Tithi 8 – 9	Yama 7:59AM – 9:17AM	Dhriti Until 5:17AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:05PM		Moon 9 - Phase 25
	683652364	<b>Rahu</b> 11:53AM – 1:11PM		Balava Until 9:44PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 8:23AM</b>	Moon – Light Blue	<b>Devaloka Day</b>		
Until 4:49PM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Purasi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Malmö, Sweden Sun 22 Sutra 186 Vilamba 5120
	Makara Rasi: 16.23	Tithi 9 – 10	<b>Gulika</b> 9:18AM – 10:35AM	<b>Shravana Until 8:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:43AM	
			Yama 6:43AM – 8:01AM	Shula* Until 6:12AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 9 - Phase 26
	693652364		<b>Rahu</b> 1:10PM – 2:27PM	Taitila Until 12:20AM Fri	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga	<b>Vijaya Dasami</b>		<b>Navami* Until 11:02AM</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Malmö, Sweden Sun 23 Sutra 187 Vilamba 5120
	Makara Rasi: 28.14	Tithi 10 – 11	<b>Gulika</b> 8:02AM – 9:19AM	<b>Dhanishtha Until 10:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:45AM	
			Yama 2:26PM – 3:43PM	Shula* Until 6:12AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 9 - Phase 26
	693652364		<b>Rahu</b> 10:36AM – 11:52AM	Vanija Until 2:37AM Sat	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga	<b>Dashami Until 1:30PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden Sun 24 Sutra 188 Vilamba 5120
	Kumbha Rasi: 10.13	Tithi 11 – 12	<b>Gulika</b> 6:47AM – 8:04AM	<b>Shatabhishak Until 1:09AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:47AM	
			Yama 1:09PM – 2:25PM	Ganda* Until 6:52AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 9 - Phase 26
	693652364		<b>Rahu</b> 9:20AM – 10:36AM	Bava Until 4:25AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga	<b>Ekadashi Until 3:34PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
Until 1:09AM Sun							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden Sun 25 Sutra 189 Vilamba 5120
	Kumbha Rasi: 22.23	Tithi 12 – 13	<b>Gulika</b> 2:24PM – 3:39PM	<b>Purvaproshtapada* Until 3:07AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:49AM	
			Yama 11:52AM – 1:08PM	Vridhhi Until 7:09AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 9 - Phase 26
	613652364		<b>Rahu</b> 3:39PM – 4:55PM	Kaulava Until 5:36AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga	<b>Dvadashi Until 5:04PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata*

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden Sun 26 Sutra 190 Vilamba 5120
	Meena Rasi: 4.5	Tithi 13 – 14	<b>Gulika</b> 1:07PM – 2:22PM	<b>Uttaraproshtapada Until 4:19AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:51AM	
			Yama 10:37AM – 11:52AM	Dhruva Until 6:56AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:53PM	Moon 9 - Phase 26
	613652364		<b>Rahu</b> 8:06AM – 9:22AM	Gara Until 6:08AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga	<b>Trayodashi Until 5:56PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>6</b>	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 191 Vilamba 5120
	Meena Rasi: 17.34	Tithi 14	<b>Gulika</b> 11:52AM – 1:06PM	<b>Revati Until 4:44AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM	
			Yama 9:23AM – 10:37AM	Vyaghata* Until 6:14AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 9 - Phase 26
	613652364		<b>Rahu</b> 2:21PM – 3:36PM	Gara Until 6:08AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga	<b>Chaturdashi* Until 6:09PM</b>		<b>Ashvina•Aipasi</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	
Until 4:44AM Wed							
Then Routine Work - Marana Yoga							

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Malmö, Sweden Sutra 192 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:38AM – 11:52AM	<b>Ashvini Until 4:56AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:55AM	
	Mesha Rasi: 0.35	Tithi 15 – 16	Yama 8:09AM – 9:24AM	Vajra* Until 3:25AM Thu	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:48PM	Moon 9 - Phase 26
	623652364		<b>Rahu</b> 11:52AM – 1:06PM	Visti Until 6:04AM	<b>Nataraja:</b> Clear		Purnima
Routine Work	Marana Yoga	<b>Purnima* Until 5:47PM</b>		<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>	
Until 4:56AM Thu							
Then Creative Work - Siddha Yoga							

<b>○</b>	<b>Thursday, October 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Malmö, Sweden Sutra 193 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:25AM – 10:38AM	<b>Bharani Until 4:32AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:57AM	
	Mesha Rasi: 13.55	Tithi 16 – 17	Yama 6:57AM – 8:11AM	Siddhi Until 1:27AM Fri	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 9 - Phase 26
	623652364		<b>Rahu</b> 1:05PM – 2:19PM	Taitila Until 4:21AM Fri	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga	<b>Prathama* Until 4:56PM</b>		<b>Ashvina•Aipasi</b>		<b>Devaloka Day</b>	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Friday, October 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyalipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 27.29 Tithi 17 - 18

624652364

**Gulika** 8:13AM - 9:25AM  
**Yama** 2:17PM - 3:30PM  
**Rahu** 10:38AM - 11:51AM

**Krittika** **Until 3:40AM Sat**  
Vyatipata\* **Until 11:11PM**  
Vanija **Until 2:56AM Sat**  
**Dvitiya** **Until 3:40PM**

**Ganesha:** White *Sunrise: 7:00AM*  
**Muruga:** Purple *Sunset: 4:43PM*  
**Nataraja:** Clear  
Moon - White  
**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 3:40AM Sat

Then Creative Work - Amrita Yoga

1

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden

Sun 2 Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 11.15 Tithi 18 - 19

634652364

**Gulika** 7:02AM - 8:14AM  
**Yama** 1:04PM - 2:16PM  
**Rahu** 9:26AM - 10:39AM

**Rohini** **Until 2:50AM Sun**  
Variyan **Until 8:42PM**  
Bava **Until 1:17AM Sun**  
**Tritiya** **Until 2:07PM**

**Ganesha:** Clear *Sunrise: 7:02AM*  
**Muruga:** Purple *Sunset: 4:41PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 2:50AM Sun

Then Creative Work - Siddha Yoga

2

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 25.1 Tithi 19 - 20

634652364

**Gulika** 2:15PM - 3:27PM  
**Yama** 11:51AM - 1:03PM  
**Rahu** 3:27PM - 4:39PM

**Mrigashira** **Until 1:44AM Mon**  
Parigha\* **Until 6:06PM**  
Kaulava **Until 11:29PM**  
**Chaturthi** **Until 12:23PM**

**Ganesha:** Clear *Sunrise: 7:04AM*  
**Muruga:** Purple *Sunset: 4:39PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden

Sun 4 Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 9.09 Tithi 20 - 21

634652364

**Gulika** 1:03PM - 2:14PM  
**Yama** 10:40AM - 11:51AM  
**Rahu** 8:17AM - 9:28AM

**Ardra** **Until 12:23AM Tue**  
Shiva **Until 3:25PM**  
Gara **Until 9:35PM**  
**Panchami** **Until 10:31AM**

**Ganesha:** Clear *Sunrise: 7:06AM*  
**Muruga:** Purple *Sunset: 4:37PM*  
**Nataraja:** Clear  
Moon - Yellow  
**Ashvina•Aipasi**

**Devaloka Day**

Family Home Evening  
Creative Work Siddha Yoga

4

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 23.11 Tithi 21 - 22

644662364

**Gulika** 11:51AM - 1:02PM  
**Yama** 9:29AM - 10:40AM  
**Rahu** 2:13PM - 3:24PM

**Punarvasu** **Until 11:17PM**  
Siddha **Until 12:40PM**  
Visti **Until 7:38PM**  
**Shashthi** **Until 8:36AM**

**Ganesha:** Purple *Sunrise: 7:08AM*  
**Muruga:** Purple *Sunset: 4:35PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Sivaloka Day**

Creative Work Siddha Yoga

5

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 7.15 Tithi 22 - 23

644662364

**Gulika** 10:41AM - 11:51AM  
**Yama** 8:20AM - 9:30AM  
**Rahu** 11:51AM - 1:01PM

**Pushya** **Until 10:01PM**  
Sadhya **Until 9:55AM**  
Kaulava **Until 4:39AM Thu**  
**Saptami** **Until 6:38AM**

**Ganesha:** Purple *Sunrise: 7:10AM*  
**Muruga:** Clear *Sunset: 4:32PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 7 Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 21.2 Tithi 24

644662364

**Gulika** 9:31AM - 10:41AM  
**Yama** 7:12AM - 8:22AM  
**Rahu** 1:01PM - 2:11PM

**Ashlesha\*** **Until 8:36PM**  
Subha **Until 7:09AM**  
Taitila **Until 3:41PM**  
**Navami\*** **Until 2:40AM Fri**

**Ganesha:** Purple *Sunrise: 7:12AM*  
**Muruga:** Clear *Sunset: 4:30PM*  
**Nataraja:** Clear  
Moon - Blue  
**Ashvina•Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Friday, November 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Malmö, Sweden Sun 8 Sutra 201 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Simha Rasi: 5.25	Tithi 25	Gulika 8:23AM - 9:33AM	Magha* Until 7:29PM	Ganesha: Clear	Sunrise: 7:14AM		
		Yama 2:10PM - 3:19PM	Brahma Until 1:34AM Sat	Muruqa: Clear	Sunset: 4:28PM		
	654662364	Rahu 10:42AM - 11:51AM	Vanija Until 1:42PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dashami Until 12:42AM Sat	Moon - Red		Sivaloka Day	
Until 7:29PM				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, November 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Malmö, Sweden Sun 9 Sutra 202 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Simha Rasi: 19.29	Tithi 26	Gulika 7:16AM - 8:25AM	Purvaphalguni Until 6:14PM	Ganesha: White	Sunrise: 7:16AM		
		Yama 1:00PM - 2:09PM	Indra Until 10:51PM	Muruqa: Clear	Sunset: 4:26PM		
	654762364	Rahu 9:34AM - 10:42AM	Bava Until 11:45AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi* Until 10:46PM	Moon - Red		Devaloka Day	
Until 6:14PM				Ashvina-Aipasi			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, November 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Malmö, Sweden Sun 10 Sutra 203 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Kanya Rasi: 3.31	Tithi 27	Gulika 2:08PM - 3:16PM	Uttaraphalguni Until 4:57PM	Ganesha: White	Sunrise: 7:18AM		
		Yama 11:51AM - 12:59PM	Vaidhriti* Until 8:11PM	Muruqa: Clear	Sunset: 4:24PM		
	654762364	Rahu 3:16PM - 4:24PM	Kaulava Until 9:52AM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvadashi* Until 8:57PM	Moon - Red		Devaloka Day	
Until 4:07PM				Ashvina-Aipasi			
Then Routine Work - Prabararishta Yoga							
<b>4</b>		<b>Monday, November 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Trayodashyam Titau		Malmö, Sweden Sun 11 Sutra 204 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Kanya Rasi: 17.29	Tithi 28	Gulika 12:59PM - 2:07PM	Hasta Until 4:07PM	Ganesha: Green	Sunrise: 7:20AM		
Family Home Evening		Yama 10:43AM - 11:51AM	Vishkambha* Until 5:40PM	Muruqa: Clear	Sunset: 4:22PM		
Creative Work	Siddha Yoga	Rahu 8:28AM - 9:36AM	Gara Until 8:07AM	Nataraja: Clear			
Until 4:07PM			Trayodashi* Until 7:19PM	Moon - Green		Devaloka Day	
Then Routine Work - Prabararishta Yoga			Pradosha Vrata (Fasting)	Ashvina-Aipasi			
<b>5</b>		<b>Tuesday, November 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Malmö, Sweden Sun 12 Sutra 205 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Tula Rasi: 1.17	Tithi 29 - 30	Gulika 11:51AM - 12:58PM	Chitra Until 3:24PM	Ganesha: Green	Sunrise: 7:22AM		
		Yama 9:37AM - 10:44AM	Priti Until 3:24PM	Muruqa: Clear	Sunset: 4:20PM		
	664762364	Rahu 2:06PM - 3:13PM	Visti Until 6:37AM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 5:58PM	Moon - Green		Devaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			
		Deepavali Hindu Solidarity Day					
<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Malmö, Sweden Sun 13 Sutra 206 Vilamba 5120 Moon 10 - Phase 28 Amavasya	
Tula Rasi: 14.54	Tithi 30 - 1	Gulika 10:44AM - 11:51AM	Svati Until 2:56PM	Ganesha: Clear	Sunrise: 7:24AM		
		Yama 8:31AM - 9:38AM	Ayushman Until 1:25PM	Muruqa: Clear	Sunset: 4:18PM		
	765762364	Rahu 11:51AM - 12:58PM	Kintughna Until 4:46AM Thu	Nataraja: Clear			
Creative Work	Siddha Yoga		Amavasya* Until 5:02PM	Moon - Green		Sivaloka Day	
				Ashvina-Aipasi			
<b>Retreat Star</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Malmö, Sweden Sun 14 Sutra 207 Vilamba 5120 Moon 10 - Phase 28 Prathama	
Tula Rasi: 28.15	Tithi 1 - 2	Gulika 9:39AM - 10:45AM	Vishakha Until 3:16PM	Ganesha: Orange	Sunrise: 7:26AM		
		Yama 7:26AM - 8:33AM	Saubhagya Until 11:50AM	Muruqa: Clear	Sunset: 4:16PM		
	775762364	Rahu 12:57PM - 2:04PM	Balava Until 4:39AM Fri	Nataraja: Clear			
Creative Work	Siddha Yoga		Prathama* Until 4:37PM	Moon - Orange		Sivaloka Day	
		Skanda Shasthi Begins		Kartika-Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau				Malmö, Sweden
	Vrischika Rasi: 11.18	Tithi 2 – 3	775762364	<b>Gulika</b> 8:34AM – 9:40AM Yama 2:03PM – 3:09PM <b>Rahu</b> 10:46AM – 11:51AM	<b>Anuradha</b> Until 4:02PM Sobhana Until 10:45AM Taitila Until 5:12AM Sat Dvitiya Until 4:49PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sun 15 Sutra 208 Vilamba 5120 Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga					<b>Kartika-Aipasi</b>	
	Until 4:02PM Then Routine Work - Marana Yoga						

<b>2</b>	<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trilya/Chaturtham Titau				Malmö, Sweden
	Vrischika Rasi: 24.01	Tithi 3 – 4	775762364	<b>Gulika</b> 7:30AM – 8:36AM Yama 12:57PM – 2:02PM <b>Rahu</b> 9:41AM – 10:46AM	<b>Jyeshtha*</b> Until 5:18PM Athiganda* Until 10:08AM Vanija Until 6:25AM Sun Tritiya Until 5:42PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Orange	Sun 16 Sutra 209 Vilamba 5120 Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga					<b>Kartika-Aipasi</b>	

<b>3</b>	<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturtham Titau				Malmö, Sweden
	Dhanus Rasi: 6.26	Tithi 4	785762364	<b>Gulika</b> 2:01PM – 3:06PM Yama 11:52AM – 12:56PM <b>Rahu</b> 3:06PM – 4:11PM	<b>Mula*</b> Until 7:31PM Sukarma Until 10:03AM Vanija Until 6:25AM Chaturthi* Until 7:15PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sun 17 Sutra 210 Vilamba 5120 Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
	Creative Work Amrita Yoga					<b>Kartika-Aipasi</b>	
	Until 7:31PM Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden
	Dhanus Rasi: 18.36	Tithi 5	785762364	<b>Gulika</b> 12:56PM – 2:00PM Yama 10:47AM – 11:52AM <b>Rahu</b> 8:39AM – 9:43AM	<b>Purvashadha*</b> Until 10:08PM Dhriti Until 10:28AM Bava Until 8:17AM Panchami Until 9:23PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sun 18 Sutra 211 Vilamba 5120 Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
	Family Home Evening					<b>Kartika-Aipasi</b>	
	Routine Work Marana Yoga						

<b>5</b>	<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Malmö, Sweden
	Makara Rasi: 0.33	Tithi 6	785762364	<b>Gulika</b> 11:52AM – 12:56PM Yama 9:44AM – 10:48AM <b>Rahu</b> 1:59PM – 3:03PM	<b>Uttarashadha</b> Until 12:58AM Wed Shula* Until 11:12AM Kaulava Until 10:38AM Shashthi* Until 11:55PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Light Blue	Sun 19 Sutra 212 Vilamba 5120 Moon 10 - Phase 29 3rd Phase <b>Sivaloka Day</b>
	Routine Work Prabalarishta Yoga				<b>Skanda Shasthi</b>	<b>Kartika-Aipasi</b>	
	Until 12:58AM Wed Then Creative Work - Siddha Yoga						

<b>6</b>	<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau				Malmö, Sweden
	Makara Rasi: 12.23	Tithi 7	795762364	<b>Gulika</b> 10:49AM – 11:52AM Yama 8:42AM – 9:45AM <b>Rahu</b> 11:52AM – 12:55PM	<b>Shravana</b> Until 4:16AM Thu Ganda* Until 12:10PM Gara Until 1:18PM Saptami Until 2:38AM Thu	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sun 20 Sutra 213 Vilamba 5120 Moon 10 - Phase 29 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga					<b>Kartika-Aipasi</b>	

<b>D</b>	<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden		
	<b>Retreat Star</b>		Makara Rasi: 24.1	Tithi 8	795762364	<b>Gulika</b> 9:46AM – 10:49AM Yama 7:41AM – 8:44AM <b>Rahu</b> 12:55PM – 1:58PM	<b>Dhanishtha</b> Until 7:18AM Fri Vriddhi Until 1:10PM Visti Until 3:59PM Ashtami* Until 5:13AM Fri	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sun 21 Sutra 214 Vilamba 5120 Moon 10 - Phase 29 Ashtami <b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga						<b>Kartika-Aipasi</b>		

<b>D</b>	<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Navamyam Titau				Malmö, Sweden		
	<b>Retreat Star</b>		Kumbha Rasi: 6.01	Tithi 9	795762364	<b>Gulika</b> 8:45AM – 9:47AM Yama 1:57PM – 3:00PM <b>Rahu</b> 10:50AM – 11:52AM	<b>Dhanishtha</b> Until 7:18AM Dhruva Until 1:59PM Balava Until 6:25PM Navami* Until 7:27AM Sat	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Purple	Sun 22 Sutra 215 Vilamba 5120 Moon 10 - Phase 29 Navami <b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga						<b>Kartika-Kartikai</b>		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>	<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Malmö, Sweden
	Kumbha Rasi: 18	Tithi 9 – 10	Gulika 7:45AM – 8:47AM Yama 12:54PM – 1:56PM Rahu 9:49AM – 10:51AM	<b>Shatabhishak Until 9:47AM</b> Vyaghata* Until 2:29PM Taitila Until 8:23PM Navami* Until 7:27AM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 7:45AM Sunset: 4:00PM	Sun 23 Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work Until 9:47AM Then Routine Work - Marana Yoga	Amrita Yoga					Devaloka Day


<b>2</b>	<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Malmö, Sweden
	Meena Rasi: 0.13	Tithi 10 – 11	Gulika 1:56PM – 2:57PM Yama 11:53AM – 12:54PM Rahu 2:57PM – 3:59PM	<b>Purvaproshtapada* Until 12:02PM</b> Harshana Until 2:32PM Vanija Until 9:41PM Dashami Until 9:06AM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:47AM Sunset: 3:59PM	Sun 24 Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work Until 12:02PM Then Creative Work - Amrita Yoga	Siddha Yoga					Devaloka Day

<b>3</b>	<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden
	Meena Rasi: 12.43	Tithi 11 – 12	Gulika 12:54PM – 1:55PM Yama 10:52AM – 11:53AM Rahu 8:50AM – 9:51AM	<b>Uttaraproshtapada Until 1:25PM</b> Vajra* Until 2:00PM Bava Until 10:15PM Ekadashi Until 10:02AM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:49AM Sunset: 3:57PM	Sun 25 Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work Until 12:02PM Then Creative Work - Amrita Yoga	Siddha Yoga					Devaloka Day

<b>4</b>	<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden
	Meena Rasi: 25.34	Tithi 12 – 13	Gulika 11:53AM – 12:54PM Yama 9:52AM – 10:52AM Rahu 1:54PM – 2:55PM	<b>Revati Until 1:56PM</b> Siddhi Until 12:53PM Kaulava Until 10:03PM Dvadashi Until 10:13AM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 7:51AM Sunset: 3:56PM	Sun 26 Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Creative Work Until 12:02PM Then Creative Work - Amrita Yoga	Siddha Yoga					Devaloka Day <i>Pradosha Vrata</i>

<b>5</b>	<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyailpata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden
	Mesha Rasi: 8.48	Tithi 13 – 14	Gulika 10:53AM – 11:53AM Yama 8:53AM – 9:53AM Rahu 11:53AM – 12:54PM	<b>Ashvini Until 2:03PM</b> Vyailpata* Until 11:13AM Gara Until 9:10PM Trayodashi Until 9:40AM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 7:52AM Sunset: 3:54PM	Sun 27 Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase
	Routine Work Until 2:03PM Then Creative Work - Siddha Yoga	Marana Yoga					Bhuloka Day Devaloka Time: 12:PM to 3:PM

	<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden
	Mesha Rasi: 22.24	Tithi 14 – 15	Gulika 9:54AM – 10:54AM Yama 7:54AM – 8:54AM Rahu 12:54PM – 1:53PM	<b>Bharani Until 1:23PM</b> Varyan Until 9:01AM Visti Until 7:40PM Chaturdashi* Until 8:28AM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 7:54AM Sunset: 3:53PM	Sun 28 Sutra 221 Vilamba 5120 Moon 10 - Phase 30 Purnima
	Creative Work Until 1:23PM Then Routine Work - Marana Yoga	Siddha Yoga					Bhuloka Day Devaloka Time: 12:PM to 3:PM

	<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Malmö, Sweden
	Vrishabha Rasi: 6.2	Tithi 15 – 16	Gulika 8:56AM – 9:55AM Yama 1:53PM – 2:52PM Rahu 10:55AM – 11:54AM	<b>Krittika Until 12:05PM</b> Parigha* Until 6:25AM Kaulava Until 4:34AM Sat Purnima* Until 6:43AM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 7:56AM Sunset: 3:52PM	Sun 29 Sutra 222 Vilamba 5120 Moon 10 - Phase 30 Prathama
	Creative Work Until 12:05PM Then Routine Work - Marana Yoga	Siddha Yoga					Bhuloka Day Devaloka Time: 12:PM to 3:PM

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



**Saturday, November 24, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden  
Sutra 223  
Vilamba 5120

Vrishabha Rasi: 20.31 Tithi 17

737762365

**Gulika** 7:58AM – 8:57AM  
**Yama** 12:53PM – 1:52PM  
**Rahu** 9:56AM – 10:55AM

**Rohini Until 10:42AM**  
**Siddha Until 12:19AM Sun**  
**Taitila Until 3:25PM**  
**Dvitiya Until 2:10AM Sun**

**Ganesha:** Red *Sunrise: 7:58AM*  
**Muruga:** Clear *Sunset: 3:50PM*  
**Nataraja:** White  
Moon – Yellow

**Devaloka Day**  
**Karttika-Karttikai**

Moon 11 - Phase 31  
1st Phase

Creative Work Amrita Yoga  
Until 10:42AM  
Then Creative Work - Siddha Yoga

**1**

**Sunday, November 25, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Malmö, Sweden  
Sun 1 Sutra 224  
Vilamba 5120

Mithuna Rasi: 4.53 Tithi 18

737762365

**Gulika** 1:52PM – 2:51PM  
**Yama** 11:55AM – 12:53PM  
**Rahu** 2:51PM – 3:49PM

**Mrigashira Until 8:56AM**  
**Sadhya Until 9:02PM**  
**Vanija Until 12:55PM**  
**Tritiya Until 11:37PM**

**Ganesha:** Red *Sunrise: 8:00AM*  
**Muruga:** Clear *Sunset: 3:49PM*  
**Nataraja:** White  
Moon – Yellow

**Devaloka Day**  
**Karttika-Karttikai**

Moon 11 - Phase 31  
1st Phase

Creative Work Siddha Yoga

**2**

**Monday, November 26, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden  
Sun 2 Sutra 225  
Vilamba 5120

Mithuna Rasi: 19.2 Tithi 19

737762365

**Gulika** 12:53PM – 1:51PM  
**Yama** 10:57AM – 11:55AM  
**Rahu** 9:00AM – 9:58AM

**Ardra Until 6:57AM**  
**Subha Until 5:45PM**  
**Bava Until 10:21AM**  
**Chaturthi\* Until 9:04PM**

**Ganesha:** Red *Sunrise: 8:02AM*  
**Muruga:** Clear *Sunset: 3:48PM*  
**Nataraja:** White  
Moon – Yellow

**Devaloka Day**  
**Karttika-Karttikai**

Moon 11 - Phase 31  
1st Phase

Creative Work Siddha Yoga  
Until 6:57AM  
Then Creative Work - Amrita Yoga

**3**

**Tuesday, November 27, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden  
Sun 3 Sutra 226  
Vilamba 5120

Kataka Rasi: 3.46 Tithi 20

747762365

**Gulika** 11:55AM – 12:53PM  
**Yama** 9:59AM – 10:57AM  
**Rahu** 1:51PM – 2:49PM

**Pushya Until 3:34AM Wed**  
**Sukla Until 2:30PM**  
**Kaulava Until 7:50AM**  
**Panchami Until 6:36PM**

**Ganesha:** Green *Sunrise: 8:04AM*  
**Muruga:** Clear *Sunset: 3:47PM*  
**Nataraja:** White  
Moon – Blue

**Bhuloka Day**  
**Karttika-Karttikai**

Moon 11 - Phase 31  
1st Phase

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

**4**

**Wednesday, November 28, 2018**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Malmö, Sweden  
Sun 4 Sutra 227  
Vilamba 5120

Kataka Rasi: 18.06 Tithi 21 – 22

747862365

**Gulika** 10:58AM – 11:56AM  
**Yama** 9:03AM – 10:00AM  
**Rahu** 11:56AM – 12:53PM

**Ashlesha\* Until 1:55AM Thu**  
**Brahma Until 11:23AM**  
**Visti Until 3:14AM Thu**  
**Shashthi\* Until 4:17PM**

**Ganesha:** White *Sunrise: 8:05AM*  
**Muruga:** Clear *Sunset: 3:46PM*  
**Nataraja:** White  
Moon – Blue

**Bhuloka Day**  
**Karttika-Karttikai**

Moon 11 - Phase 31  
1st Phase

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 1:55AM Thu  
Then Creative Work - Amrita Yoga

**D**

**Thursday, November 29, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden  
Sun 5 Sutra 228  
Vilamba 5120

Simha Rasi: 2.19 Tithi 22 – 23

757863365

**Gulika** 10:01AM – 10:59AM  
**Yama** 8:07AM – 9:04AM  
**Rahu** 12:53PM – 1:50PM

**Magha\* Until 12:46AM Fri**  
**Indra Until 8:27AM**  
**Balava Until 1:17AM Fri**  
**Saptami Until 2:12PM**

**Ganesha:** Clear *Sunrise: 8:07AM*  
**Muruga:** Purple *Sunset: 3:45PM*  
**Nataraja:** White  
Moon – Red

**Bhuloka Day**  
**Karttika-Karttikai**

Moon 11 - Phase 31  
Ashtami

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga  
Until 12:46AM Fri  
Then Creative Work - Siddha Yoga

**Friday, November 30, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden  
Sun 6 Sutra 229  
Vilamba 5120

Simha Rasi: 16.22 Tithi 23 – 24

757863365

**Gulika** 9:06AM – 10:02AM  
**Yama** 1:50PM – 2:47PM  
**Rahu** 10:59AM – 11:56AM

**Purvaphalguni Until 11:45PM**  
**Vishkambha\* Until 3:08AM Sat**  
**Taitila Until 11:35PM**  
**Ashtami\* Until 12:22PM**

**Ganesha:** Clear *Sunrise: 8:09AM*  
**Muruga:** Purple *Sunset: 3:44PM*  
**Nataraja:** White  
Moon – Red

**Bhuloka Day**  
**Karttika-Karttikai**

Moon 11 - Phase 31  
Navami

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

<b>1</b>		<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Malmö, Sweden Sun 7 Sutra 230 Vilamba 5120	
Kanya Rasi: 0.16	Tithi 24 – 25	<b>Gulika</b> 8:10AM – 9:07AM	<b>Uttaraphalguni</b> Until 10:50PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:10AM	Moon 11 - Phase 32	
		Yama 12:53PM – 1:50PM	Priti Until 12:50AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:43PM	2nd Phase	
		758863365 <b>Rahu</b> 10:03AM – 11:00AM	Vanija Until 10:09PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga		<b>Navami*</b> Until 10:49AM	Moon – Red		Devaloka Time: 6:AM to 9:AM	
				<b>Karttika-Karttikai</b>			

<b>2</b>		<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Malmö, Sweden Sun 8 Sutra 231 Vilamba 5120	
Kanya Rasi: 13.59	Tithi 25 – 26	<b>Gulika</b> 1:50PM – 2:46PM	<b>Hasta</b> Until 10:30PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:12AM	Moon 11 - Phase 32	
		Yama 11:57AM – 12:53PM	Ayushman Until 10:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:42PM	2nd Phase	
		768863365 <b>Rahu</b> 2:46PM – 3:42PM	Bava Until 9:01PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 9:31AM	Moon – Green		Karttika-Karttikai	
Until 10:30PM							
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 9 Sutra 232 Vilamba 5120	
Kanya Rasi: 27.32	Tithi 26 – 27	<b>Gulika</b> 12:53PM – 1:49PM	<b>Chitra</b> Until 10:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:13AM	Moon 11 - Phase 32	
<b>Family Home Evening</b>		Yama 11:01AM – 11:57AM	Saubhagya Until 8:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:41PM	2nd Phase	
		768863365 <b>Rahu</b> 9:09AM – 10:05AM	Kaulava Until 8:11PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Prabalarishta Yoga		<b>Ekadashi*</b> Until 8:32AM	Moon – Green		Karttika-Karttikai	
Until 10:20PM							
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 10 Sutra 233 Vilamba 5120	
Tula Rasi: 10.55	Tithi 27 – 28	<b>Gulika</b> 11:58AM – 12:54PM	<b>Svati</b> Until 10:21PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:15AM	Moon 11 - Phase 32	
		Yama 10:06AM – 11:02AM	Sobhana Until 7:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:41PM	2nd Phase	
		768863365 <b>Rahu</b> 1:49PM – 2:45PM	Gara Until 7:41PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 7:52AM	Moon – Green		Karttika-Karttikai	
Until 10:21PM							
Then Routine Work - Marana Yoga						Pradosha Vrata (Fasting)	

<b>5</b>		<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 11 Sutra 234 Vilamba 5120	
Tula Rasi: 24.05	Tithi 28 – 29	<b>Gulika</b> 11:03AM – 11:58AM	<b>Vishakha</b> Until 11:03PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:17AM	Moon 11 - Phase 32	
		Yama 9:12AM – 10:07AM	Athiganda* Until 6:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:40PM	2nd Phase	
		778863365 <b>Rahu</b> 11:58AM – 12:54PM	Visti Until 7:36PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 7:34AM	Moon – Orange		Karttika-Karttikai	

<b>Retreat Star</b>		<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Malmö, Sweden Sun 12 Sutra 235 Vilamba 5120	
Vrischika Rasi: 7.03	Tithi 29 – 30	<b>Gulika</b> 10:08AM – 11:04AM	<b>Anuradha</b> Until 12:04AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:18AM	Moon 11 - Phase 32	
		Yama 8:18AM – 9:13AM	Sukarma Until 5:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:39PM	Amavasya	
		778863365 <b>Rahu</b> 12:54PM – 1:49PM	Catuspada Until 7:59PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:42AM	Moon – Orange		Karttika-Karttikai	
Until 12:04AM Fri							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Malmö, Sweden Sun 13 Sutra 236 Vilamba 5120	
Vrischika Rasi: 19.47	Tithi 30 – 1	<b>Gulika</b> 9:14AM – 10:09AM	<b>Jyeshtha*</b> Until 1:25AM Sat	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:19AM	Moon 11 - Phase 32	
		Yama 1:49PM – 2:44PM	Dhriti Until 4:33PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:39PM	Prathama	
		779863365 <b>Rahu</b> 11:04AM – 11:59AM	Kintughna Until 8:52PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 8:20AM	Moon – Orange		Margasira-Karttikai	
Until 1:25AM Sat							
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden
	Dhanus Rasi: 2.16	Tithi 1 – 2	799863365	<b>Gulika</b> 8:21AM – 9:15AM <b>Yama</b> 12:54PM – 1:49PM <b>Rahu</b> 10:10AM – 11:05AM	<b>Mula* Until 3:36AM Sun</b> Shula* Until 4:24PM Balava Until 10:18PM <b>Prathama* Until 9:29AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	Sunrise: 8:21AM Sunset: 3:38PM Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>
	Creative Work	Siddha Yoga					

2	<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden
	Dhanus Rasi: 14.32	Tithi 2 – 3	799863365	<b>Gulika</b> 1:49PM – 2:44PM <b>Yama</b> 12:00PM – 12:55PM <b>Rahu</b> 2:44PM – 3:38PM	<b>Purvashadha* Until 6:07AM Mon</b> Ganda* Until 4:41PM Taitila Until 12:15AM Mon <b>Dvitiya Until 11:11AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	Sunrise: 8:22AM Sunset: 3:38PM Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>
	Creative Work	Siddha Yoga					
	Until 6:07AM Mon	Then Routine Work - Marana Yoga					

3	<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Malmö, Sweden
	Dhanus Rasi: 26.36	Tithi 3 – 4	799863365	<b>Gulika</b> 12:55PM – 1:49PM <b>Yama</b> 11:06AM – 12:00PM <b>Rahu</b> 9:18AM – 10:12AM	<b>Purvashadha* Until 6:07AM</b> Vridhi Until 5:18PM Vanija Until 2:38AM Tue <b>Tritiya Until 1:22PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	Sunrise: 8:23AM Sunset: 3:38PM Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>
	Creative Work	Siddha Yoga					
	Until 6:07AM Mon	Then Routine Work - Marana Yoga					

4	<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Malmö, Sweden
	Makara Rasi: 8.3	Tithi 4 – 5	799863365	<b>Gulika</b> 12:01PM – 12:55PM <b>Yama</b> 10:13AM – 11:07AM <b>Rahu</b> 1:49PM – 2:43PM	<b>Uttarashadha Until 8:51AM</b> Dhruva Until 6:10PM Bava Until 5:18AM Wed <b>Chaturthi* Until 3:55PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> White Moon – Light Blue <b>Margasira-Karttikai</b>	Sunrise: 8:24AM Sunset: 3:37PM Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b>
	Creative Work	Prabalarishta Yoga					
	Until 8:51AM	Then Creative Work - Siddha Yoga					

5	<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava Karana Panchamyam Titau				Malmö, Sweden
	Makara Rasi: 20.19	Tithi 5	799863365	<b>Gulika</b> 11:07AM – 12:01PM <b>Yama</b> 9:20AM – 10:14AM <b>Rahu</b> 12:01PM – 12:55PM	<b>Shravana Until 12:08PM</b> Vyaghata* Until 7:10PM Balava Until 6:40PM <b>Panchami Until 6:40PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	Sunrise: 8:26AM Sunset: 3:37PM Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work	Siddha Yoga					
	Until 12:08PM	Then Routine Work - Prabalarishta Yoga					

6	<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Malmö, Sweden
	Kumbha Rasi: 2.05	Tithi 6	799863365	<b>Gulika</b> 10:14AM – 11:08AM <b>Yama</b> 8:27AM – 9:20AM <b>Rahu</b> 12:56PM – 1:50PM	<b>Dhanishtha Until 3:17PM</b> Harshana Until 8:09PM Kaulava Until 8:03AM <b>Shashthi* Until 9:22PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	Sunrise: 8:27AM Sunset: 3:37PM Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work	Siddha Yoga					

Vinayaga Viratam Ends

7	<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Malmö, Sweden
	<b>Retreat Star</b>		799863365	<b>Gulika</b> 9:21AM – 10:15AM <b>Yama</b> 1:50PM – 2:43PM <b>Rahu</b> 11:09AM – 12:02PM	<b>Shatabhishak Until 6:04PM</b> Vajra* Until 8:55PM Gara Until 10:40AM <b>Saptami Until 11:49PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> White Moon – Purple <b>Margasira-Karttikai</b>	Sunrise: 8:28AM Sunset: 3:37PM Moon 11 - Phase 33 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work	Siddha Yoga					

8	<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden
	<b>Retreat Star</b>		711863365	<b>Gulika</b> 8:29AM – 9:22AM <b>Yama</b> 12:56PM – 1:50PM <b>Rahu</b> 10:16AM – 11:09AM	<b>Purvaproshtapada* Until 8:45PM</b> Siddhi Until 9:21PM Visti Until 12:53PM <b>Ashtami* Until 1:45AM Sun</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> White Moon – Clear <b>Margasira-Karttikai</b>	Sunrise: 8:29AM Sunset: 3:37PM Moon 11 - Phase 33 Ashtami <b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
	Creative Work	Marana Yoga					
	Until 8:45PM	Then Creative Work - Siddha Yoga					

9	<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden
	<b>Retreat Star</b>		811863365	<b>Gulika</b> 1:50PM – 2:44PM <b>Yama</b> 12:03PM – 12:57PM <b>Rahu</b> 2:44PM – 3:37PM	<b>Uttaraproshtapada Until 10:38PM</b> Vyatipata* Until 9:18PM Balava Until 2:30PM <b>Navami* Until 3:01AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> White Moon – Clear <b>Margasira-Markali</b>	Sunrise: 8:30AM Sunset: 3:37PM Moon 11 - Phase 33 Navami <b>Bhuloka Day</b>
	Creative Work	Amrita Yoga					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Malmo, Sweden	
1		Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 246	
Meena Rasi: 20.31	Tithi 10	<b>Gulika</b> 12:57PM – 1:51PM	<b>Revati Until 11:38PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:30AM
<b>Family Home Evening</b>	811863365	Yama 11:11AM – 12:04PM	Variyan Until 8:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:37PM
Creative Work	Siddha Yoga	<b>Rahu</b> 9:24AM – 10:17AM	Taitila Until 3:22PM	<b>Nataraja:</b> White	Moon 11 - Phase 34
			<b>Dashami Until 3:29AM Tue</b>	Moon – Clear	4th Phase
				<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>	

<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Malmo, Sweden	
2		Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 247	
Mesha Rasi: 3.21	Tithi 11	<b>Gulika</b> 12:04PM – 12:58PM	<b>Ashvini Until 12:09AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:31AM
	821863365	Yama 10:18AM – 11:11AM	Parigha* Until 7:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:38PM
Creative Work	Siddha Yoga	<b>Rahu</b> 1:51PM – 2:44PM	Vanija Until 3:26PM	<b>Nataraja:</b> White	Moon 11 - Phase 34
			<b>Ekadashi Until 3:08AM Wed</b>	Moon – White	4th Phase
		<b>Gita Jayanthi</b>		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>

<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Malmo, Sweden	
3		Bharani Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 248	
Mesha Rasi: 16.35	Tithi 12	<b>Gulika</b> 11:12AM – 12:05PM	<b>Bharani Until 11:43PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:32AM
	821863365	Yama 9:25AM – 10:18AM	Shiva Until 5:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:38PM
Creative Work	Siddha Yoga	<b>Rahu</b> 12:05PM – 12:58PM	Bava Until 2:40PM	<b>Nataraja:</b> White	Moon 11 - Phase 34
Until 11:43PM			<b>Dvadashi Until 1:59AM Thu</b>	Moon – White	4th Phase
Then Creative Work - Amrita Yoga				<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>

<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Malmo, Sweden	
4		Krittika Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 249	
Vrishabha Rasi: 0.17	Tithi 13	<b>Gulika</b> 10:19AM – 11:12AM	<b>Krittika Until 10:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:33AM
	821863365	Yama 8:33AM – 9:26AM	Siddha Until 2:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:38PM
Routine Work	Marana Yoga	<b>Rahu</b> 12:59PM – 1:52PM	Kaulava Until 1:09PM	<b>Nataraja:</b> White	Moon 11 - Phase 34
			<b>Trayodashi Until 12:08AM Fri</b>	Moon – White	4th Phase
				<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>
				<i>Pradosha Vrata</i>	

<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Malmo, Sweden	
5		Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 250	
Vrishabha Rasi: 14.23	Tithi 14	<b>Gulika</b> 9:26AM – 10:20AM	<b>Rohini Until 8:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:33AM
	831863365	Yama 1:52PM – 2:46PM	Sadhya Until 11:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:39PM
Routine Work	Marana Yoga	<b>Rahu</b> 11:13AM – 12:06PM	Gara Until 11:00AM	<b>Nataraja:</b> White	Moon 11 - Phase 34
Until 8:54PM			<b>Chaturdashi* Until 9:43PM</b>	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga		<b>Day 1 of Pancha Ganapati</b>		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>	

<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Malmo, Sweden	
○		Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28 Sutra 251	
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:34AM – 9:27AM	<b>Mrigashira Until 6:47PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:34AM
Vrishabha Rasi: 28.5	Tithi 15	Yama 1:00PM – 1:53PM	Subha Until 8:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:39PM
	831963365	<b>Rahu</b> 10:20AM – 11:13AM	Visti Until 8:21AM	<b>Nataraja:</b> White	Moon 11 - Phase 34
Creative Work	Siddha Yoga		<b>Purnima* Until 6:52PM</b>	Moon – Yellow	Purnima
		<b>Day 2 of Pancha Ganapati</b>		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>	<b>Devaloka Time: 9:AM to 12:PM</b>

<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam		Malmo, Sweden	
○		Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29 Sutra 252	
<b>Silver Retreat Star</b>		<b>Gulika</b> 1:53PM – 2:47PM	<b>Ardra Until 4:15PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:34AM
Mithuna Rasi: 13.34	Tithi 16 – 17	Yama 12:07PM – 1:00PM	Brahma Until 1:00AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:40PM
	831963365	<b>Rahu</b> 2:47PM – 3:40PM	Taitila Until 2:09AM Mon	<b>Nataraja:</b> White	Moon 11 - Phase 34
Creative Work	Siddha Yoga		<b>Prathama* Until 3:45PM</b>	Moon – Yellow	Prathama
		<b>Day 3 of Pancha Ganapati</b>		<b>Bhuloka Day</b>	
		<b>Ardra Darshanam</b>		<b>Margasira-Markali</b>	<b>Devaloka Time: 9:AM to 12:PM</b>

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
1		Svati Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 260	
Tula Rasi: 7.53	Tithi 25	<b>Gulika</b> 1:05PM – 1:59PM	<b>Svati Until 4:03AM Tue</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 8:35AM	Vilamba 5120
<b>Family Home Evening</b>	862963366	Yama 11:17AM – 12:11PM	Sukarma Until 11:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:47PM	Moon 12 - Phase 36
Creative Work Amrita Yoga		<b>Rahu</b> 9:29AM – 10:23AM	Vanija Until 8:52AM	<b>Nataraja:</b> Green	2nd Phase
Until 4:03AM Tue			<b>Dashami Until 8:45PM</b>	Moon – Green	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Margasira*Markali</b>	Devaloka Time: 6:AM to 9:AM

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
2		Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 261	
Tula Rasi: 20.58	Tithi 26	<b>Gulika</b> 12:12PM – 1:06PM	<b>Vishakha Until 5:08AM Wed</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 8:35AM	Vilamba 5120
	872963366	Yama 10:23AM – 11:17AM	Dhriti Until 10:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:49PM	Moon 12 - Phase 36
Routine Work Marana Yoga		<b>Rahu</b> 2:00PM – 2:54PM	Bava Until 8:49AM	<b>Nataraja:</b> Green	2nd Phase
Until 5:08AM Wed			<b>Ekadashi* Until 8:58PM</b>	Moon – Orange	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Margasira*Markali</b>	

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
3		Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 262	
Vrischika Rasi: 3.47	Tithi 27	<b>Gulika</b> 11:18AM – 12:12PM	<b>Anuradha Until 6:31AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 8:35AM	Vilamba 5120
	872963366	Yama 9:29AM – 10:24AM	Shula* Until 9:31PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:49PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 12:12PM – 1:06PM	Kaulava Until 9:17AM	<b>Nataraja:</b> Green	2nd Phase
Until 6:31AM Thu			<b>Dvadashi* Until 9:40PM</b>	Moon – Orange	<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Margasira*Markali</b>	

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
4		Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 263	
Vrischika Rasi: 16.23	Tithi 28	<b>Gulika</b> 10:24AM – 11:18AM	<b>Anuradha Until 6:31AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 8:35AM	Vilamba 5120
	872963366	Yama 8:35AM – 9:29AM	Ganda* Until 9:14PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:50PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 1:07PM – 2:01PM	Gara Until 10:13AM	<b>Nataraja:</b> Green	2nd Phase
Until 6:31AM			<b>Trayodashi* Until 10:51PM</b>	Moon – Orange	<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>	<b>Margasira*Markali</b>	

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
5		Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 264	
Vrischika Rasi: 28.47	Tithi 29	<b>Gulika</b> 9:29AM – 10:24AM	<b>Jyeshtha* Until 8:12AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 8:34AM	Vilamba 5120
	872963366	Yama 2:02PM – 2:57PM	Vriddhi Until 9:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:51PM	Moon 12 - Phase 36
Routine Work Marana Yoga		<b>Rahu</b> 11:18AM – 12:13PM	Visti Until 11:37AM	<b>Nataraja:</b> Green	2nd Phase
Until 8:12AM			<b>Chaturdashi* Until 12:28AM Sat</b>	Moon – Orange	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Margasira*Markali</b>	

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Malmö, Sweden	
Retreat Star		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 265	
Dhanus Rasi: 11	Tithi 30	<b>Gulika</b> 8:34AM – 9:29AM	<b>Mula* Until 10:36AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 8:34AM	Vilamba 5120
	882963366	Yama 1:08PM – 2:03PM	Dhruva Until 9:40PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:53PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 10:24AM – 11:19AM	Catuspada Until 1:27PM	<b>Nataraja:</b> Green	Amavasya
		<b>Subramuniyaswami Jayanti</b>	<b>Amavasya* Until 2:29AM Sun</b>	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Margasira*Markali</b>	

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 266	
Dhanus Rasi: 23.04	Tithi 1	<b>Gulika</b> 2:04PM – 2:59PM	<b>Purvashadha* Until 1:13PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 8:34AM	Vilamba 5120
	882973366	Yama 12:14PM – 1:09PM	Vyaghata* Until 10:18PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:54PM	Moon 12 - Phase 36
Creative Work Siddha Yoga		<b>Rahu</b> 2:59PM – 3:54PM	Kintughna Until 3:39PM	<b>Nataraja:</b> Green	Prathama
Until 1:13PM		<b>Partial Solar Eclipse</b>	<b>Prathama* Until 4:50AM Mon</b>	Moon – Light Blue	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Pausha*Markali</b>	Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava Karana Dvitiyayam Titau		Malmö, Sweden Sun 15 Sutra 267 Vilamba 5120		
<b>1</b>	Makara Rasi: 4.59 Family Home Evening Routine Work Marana Yoga Until 3:56PM Then Creative Work - Amrita Yoga	Tithi 2 882973366	<b>Gulika</b> 1:10PM – 2:05PM Yama 11:19AM – 12:14PM <b>Rahu</b> 9:28AM – 10:24AM	<b>Uttarashadha</b> Until 3:56PM Harshana Until 11:09PM Balava Until 6:09PM Dvitiya Until 7:27AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:33AM <b>Sunset:</b> 3:56PM Moon 12 - Phase 37 <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Malmö, Sweden Sun 16 Sutra 268 Vilamba 5120		
<b>2</b>	Makara Rasi: 16.5 Creative Work Siddha Yoga	Tithi 2 – 3 893973366	<b>Gulika</b> 12:15PM – 1:10PM Yama 10:24AM – 11:19AM <b>Rahu</b> 2:06PM – 3:02PM	<b>Shravana</b> Until 7:12PM Vajra* Until 12:06AM Wed Taitila Until 8:50PM Dvitiya Until 7:27AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:32AM <b>Sunset:</b> 3:57PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Malmö, Sweden Sun 17 Sutra 269 Vilamba 5120		
<b>3</b>	Makara Rasi: 28.37 Routine Work Prabalarishta Yoga Until 10:22PM Then Creative Work - Siddha Yoga	Tithi 3 – 4 893973366	<b>Gulika</b> 11:19AM – 12:15PM Yama 9:28AM – 10:24AM <b>Rahu</b> 12:15PM – 1:11PM	<b>Dhanishtha</b> Until 10:22PM Siddhi Until 1:06AM Thu Vanija Until 11:36PM Tritiya Until 10:12AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:32AM <b>Sunset:</b> 3:59PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Malmö, Sweden Sun 18 Sutra 270 Vilamba 5120		
<b>4</b>	Kumbha Rasi: 10.25 Creative Work Siddha Yoga	Tithi 4 – 5 893973366	<b>Gulika</b> 10:23AM – 11:20AM Yama 8:31AM – 9:27AM <b>Rahu</b> 1:12PM – 2:08PM	<b>Shatabhishak</b> Until 1:16AM Fri Vyatipata* Until 2:01AM Fri Bava Until 2:15AM Fri Chaturthi* Until 12:55PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:31AM <b>Sunset:</b> 4:00PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Malmö, Sweden Sun 19 Sutra 271 Vilamba 5120		
<b>5</b>	Kumbha Rasi: 22.15 Creative Work Siddha Yoga	Tithi 5 – 6 813973366	<b>Gulika</b> 9:27AM – 10:23AM Yama 2:09PM – 3:05PM <b>Rahu</b> 11:20AM – 12:16PM	<b>Purvaproshtapada*</b> Until 4:14AM Sat Variyan Until 2:43AM Sat Kaulava Until 4:37AM Sat Panchami Until 3:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:30AM <b>Sunset:</b> 4:02PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Malmö, Sweden Sun 20 Sutra 272 Vilamba 5120		
<b>6</b>	Meena Rasi: 4.12 Creative Work Siddha Yoga Until 6:37AM Sun Then Creative Work - Amrita Yoga	Tithi 6 – 7 813973366	<b>Gulika</b> 8:29AM – 9:26AM Yama 1:13PM – 2:10PM <b>Rahu</b> 10:23AM – 11:20AM	<b>Uttaraproshtapada</b> Until 6:37AM Sun Parigha* Until 3:06AM Sun Gara Until 6:32AM Sun Shashthi* Until 5:37PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:29AM <b>Sunset:</b> 4:04PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Malmö, Sweden Sun 21 Sutra 273 Vilamba 5120		
<b>Retreat Star</b>			<b>Gulika</b> 2:11PM – 3:08PM Yama 12:17PM – 1:14PM <b>Rahu</b> 3:08PM – 4:05PM	<b>Uttaraproshtapada</b> Until 6:37AM Shiva Until 3:02AM Mon Gara Until 6:32AM Saptami Until 7:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 8:28AM <b>Sunset:</b> 4:05PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Malmö, Sweden Sun 22 Sutra 274 Vilamba 5120		
<b>Retreat Star</b>			<b>Gulika</b> 1:15PM – 2:12PM Yama 11:20AM – 12:17PM <b>Rahu</b> 9:25AM – 10:22AM	<b>Revati</b> Until 8:14AM Siddha Until 2:23AM Tue Visti Until 7:49AM Ashtami* Until 8:10PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Thai</b>	<b>Sunrise:</b> 8:28AM <b>Sunset:</b> 4:07PM Moon 12 - Phase 37 Ashtami <b>Devaloka Day</b>

<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Malmö, Sweden Sun 23 Sutra 275 Vilamba 5120		
<b>Retreat Star</b>			<b>Gulika</b> 12:18PM – 1:15PM Yama 10:22AM – 11:20AM <b>Rahu</b> 2:13PM – 3:11PM	<b>Ashvini</b> Until 9:28AM Sadhya Until 1:08AM Wed Balava Until 8:21AM Navami* Until 8:18PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	<b>Sunrise:</b> 8:27AM <b>Sunset:</b> 4:09PM Moon 12 - Phase 37 Navami <b>Sivaloka Day</b>


These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Malmo, Sweden Sun 24 Sutra 276 Vilamba 5120	
Mesha Rasi: 24.35	Tithi 10	<b>Gulika</b> 11:20AM – 12:18PM	<b>Bharani Until 9:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:25AM		
		Yama 9:24AM – 10:22AM	Subha Until 11:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:11PM	Moon 12 - Phase 38	
		823173366 <b>Rahu</b> 12:18PM – 1:16PM	Taitila Until 8:04AM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 7:36PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 9:43AM				<b>Pausha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Malmo, Sweden Sun 25 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 8.09	Tithi 11	<b>Gulika</b> 10:21AM – 11:20AM	<b>Krittika Until 9:02AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:24AM		
		Yama 8:24AM – 9:23AM	Sukla Until 8:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:12PM	Moon 12 - Phase 38	
		823173366 <b>Rahu</b> 1:17PM – 2:15PM	Vanija Until 6:57AM	<b>Nataraja:</b> Green		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi Until 6:05PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Pausha-Thai</b>			

<b>3</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Malmo, Sweden Sun 26 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 22.11	Tithi 12 – 13	<b>Gulika</b> 9:22AM – 10:21AM	<b>Rohini Until 7:54AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:23AM		
		Yama 2:16PM – 3:15PM	Brahma Until 5:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:14PM	Moon 12 - Phase 38	
		833173366 <b>Rahu</b> 11:20AM – 12:19PM	Kaulava Until 2:33AM Sat	<b>Nataraja:</b> Green		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 3:52PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 7:54AM				<b>Pausha-Thai</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Malmo, Sweden Sun 27 Sutra 279 Vilamba 5120	
Mithuna Rasi: 6.4	Tithi 13 – 14	<b>Gulika</b> 8:22AM – 9:21AM	<b>Mrigashira Until 6:00AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:22AM		
		Yama 1:18PM – 2:18PM	Indra Until 2:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 38	
		833173366 <b>Rahu</b> 10:20AM – 11:20AM	Gara Until 11:29PM	<b>Nataraja:</b> Green		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:03PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha-Thai</b>			

		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Malmo, Sweden Sutra 280 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:19PM – 3:18PM	<b>Punarvasu Until 12:50AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:21AM		
Mithuna Rasi: 21.3	Tithi 14 – 15	Yama 12:19PM – 1:19PM	Vaidhriti* Until 10:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:18PM	Moon 12 - Phase 38	
		843173366 <b>Rahu</b> 3:18PM – 4:18PM	Visti Until 8:04PM	<b>Nataraja:</b> Green		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:48AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha-Thai</b>			

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Malmo, Sweden Sutra 281 Vilamba 5120	
Kataka Rasi: 6.35	Tithi 15 – 16	<b>Gulika</b> 1:20PM – 2:20PM	<b>Pushya Until 9:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:19AM		
<b>Family Home Evening</b>		Yama 11:20AM – 12:20PM	Vishkambha* Until 6:01AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:20PM	Moon 12 - Phase 38	
		843173366 <b>Rahu</b> 9:19AM – 10:19AM	Kaulava Until 2:34AM Tue	<b>Nataraja:</b> Green		Prathama	
Creative Work	Siddha Yoga		<b>Purnima* Until 6:15AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha-Thai</b>			
		<b>Total Lunar Eclipse Thai Pusam</b>					



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden

Kataka Rasi: 21.46 Tithi 17

844173366

**Gulika** 12:20PM – 1:20PM  
**Yama** 10:19AM – 11:19AM  
**Rahu** 2:21PM – 3:21PM

**Ganesha:** Clear *Sunrise: 8:18AM*  
**Muruḡa:** Clear *Sunset: 4:22PM*

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

**Ashlesha\* Until 6:53PM**  
Ayushman Until 9:32PM  
Taitila Until 12:45PM  
Dvitiya Until 10:56PM

**Nataraja:** Green  
Moon – Blue

**Devaloka Day**

**Pausha\*Thai**

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Trityayam Titau

Malmö, Sweden

Simha Rasi: 6.54 Tithi 18

854173366

**Gulika** 11:19AM – 12:20PM  
**Yama** 9:17AM – 10:18AM  
**Rahu** 12:20PM – 1:21PM

**Ganesha:** Purple *Sunrise: 8:16AM*  
**Muruḡa:** Clear *Sunset: 4:24PM*

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

Until 4:16PM

Then Creative Work - Amrita Yoga

**Magha\* Until 4:16PM**  
Saubhagya Until 5:27PM  
Vanija Until 9:12AM  
Tritiya Until 7:29PM

**Nataraja:** Green  
Moon – Red

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**Pausha\*Thai**

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Simha Rasi: 21.5 Tithi 19 – 20

854173366

**Gulika** 10:18AM – 11:19AM  
**Yama** 8:15AM – 9:16AM  
**Rahu** 1:22PM – 2:23PM

**Ganesha:** Purple *Sunrise: 8:15AM*  
**Muruḡa:** Clear *Sunset: 4:26PM*

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

**Purvaphalguni Until 1:50PM**  
Sobhana Until 1:40PM  
Kaulava Until 3:03AM Fri  
Chaturthi\* Until 4:24PM

**Nataraja:** Green  
Moon – Red

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**Pausha\*Thai**

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden

Kanya Rasi: 6.28 Tithi 20 – 21

954173366

**Gulika** 9:15AM – 10:17AM  
**Yama** 2:24PM – 3:26PM  
**Rahu** 11:19AM – 12:21PM

**Ganesha:** Clear *Sunrise: 8:13AM*  
**Muruḡa:** Clear *Sunset: 4:28PM*

Moon 1 - Phase 39  
1st Phase

Creative Work Siddha Yoga

Until 11:45AM

Then Creative Work - Amrita Yoga

**Uttaraphalguni Until 11:45AM**  
Athiganda\* Until 10:14AM  
Gara Until 12:44AM Sat  
Panchami Until 1:47PM

**Nataraja:** Green  
Moon – Red

**Devaloka Day**

**Pausha\*Thai**

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Kanya Rasi: 20.41 Tithi 21 – 22

964173366

**Gulika** 8:12AM – 9:14AM  
**Yama** 1:23PM – 2:25PM  
**Rahu** 10:16AM – 11:19AM

**Ganesha:** Purple *Sunrise: 8:12AM*  
**Muruḡa:** Clear *Sunset: 4:30PM*

Moon 1 - Phase 39  
1st Phase

Routine Work Marana Yoga

**Hasta Until 10:31AM**  
Sukarma Until 7:18AM  
Visti Until 11:04PM  
Shashthi\* Until 11:48AM

**Nataraja:** Green  
Moon – Green

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**Pausha\*Thai**

5

Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Tula Rasi: 4.29 Tithi 22 – 23

964173366

**Gulika** 2:27PM – 3:29PM  
**Yama** 12:21PM – 1:24PM  
**Rahu** 3:29PM – 4:32PM

**Ganesha:** Purple *Sunrise: 8:10AM*  
**Muruḡa:** Clear *Sunset: 4:32PM*

Moon 1 - Phase 39  
Ashtami

Creative Work Siddha Yoga

**Chitra Until 9:51AM**  
Shula\* Until 3:06AM Mon  
Balava Until 10:08PM  
Saptami Until 10:30AM

**Nataraja:** Green  
Moon – Green

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**Pausha\*Thai**

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden

Tula Rasi: 17.52 Tithi 23 – 24

964173366

**Gulika** 1:25PM – 2:28PM  
**Yama** 11:18AM – 12:21PM  
**Rahu** 9:12AM – 10:15AM

**Ganesha:** Purple *Sunrise: 8:09AM*  
**Muruḡa:** Clear *Sunset: 4:34PM*

Moon 1 - Phase 39  
Navami

Family Home Evening

Creative Work Amrita Yoga

Until 9:44AM  
Then Routine Work - Marana Yoga

**Svati Until 9:44AM**  
Ganda\* Until 1:52AM Tue  
Taitila Until 9:58PM  
Ashtami\* Until 9:56AM

**Nataraja:** Green  
Moon – Green

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**Pausha\*Thai**

<b>1</b>	<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Malmö, Sweden
	Vishakha Anuradha Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau						Sun 7 Sutra 289
	Gulika 12:22PM – 1:25PM	Vishakha Until 10:40AM	Ganesha: Clear	Sunrise: 8:07AM	Vilamba 5120		
	Yama 10:14AM – 11:18AM	Vridhhi Until 1:12AM Wed	Muruqa: Clear	Sunset: 4:36PM	Moon 1 - Phase 40		
Wrischika Rasi: 0.5	Tithi 24 – 25	974173366 Rahu 2:29PM – 3:33PM	Vanija Until 10:30PM	Nataraja: Green	2nd Phase		
Routine Work Marana Yoga		Navami* Until 10:07AM		Moon – Orange	Devaloka Day		
Until 10:40AM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Malmö, Sweden
	Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau						Sun 8 Sutra 290
	Gulika 11:18AM – 12:22PM	Anuradha Until 12:06PM	Ganesha: Clear	Sunrise: 8:05AM	Vilamba 5120		
	Yama 9:09AM – 10:13AM	Dhruva Until 1:00AM Thu	Muruqa: Clear	Sunset: 4:38PM	Moon 1 - Phase 40		
Wrischika Rasi: 13.29	Tithi 25 – 26	974173366 Rahu 12:22PM – 1:26PM	Bava Until 11:42PM	Nataraja: Green	2nd Phase		
Creative Work Siddha Yoga		Dashami Until 11:00AM		Moon – Orange	Devaloka Day		
				Pausha*Thai			

<b>3</b>	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Malmö, Sweden
	Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau						Sun 9 Sutra 291
	Gulika 10:13AM – 11:17AM	Jyeshtha* Until 1:57PM	Ganesha: Clear	Sunrise: 8:03AM	Vilamba 5120		
	Yama 8:03AM – 9:08AM	Vyaghata* Until 1:13AM Fri	Muruqa: Clear	Sunset: 4:40PM	Moon 1 - Phase 40		
Wrischika Rasi: 25.52	Tithi 26 – 27	974173366 Rahu 1:27PM – 2:31PM	Kaulava Until 1:27AM Fri	Nataraja: Green	2nd Phase		
Routine Work Prabalarishta Yoga		Ekadashi* Until 12:30PM		Moon – Orange	Devaloka Day		
Until 1:57PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Malmö, Sweden
	Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau						Sun 10 Sutra 292
	Gulika 9:08AM – 10:13AM	Mula* Until 4:35PM	Ganesha: White	Sunrise: 8:03AM	Vilamba 5120		
	Yama 2:31PM – 3:36PM	Harshana Until 1:47AM Sat	Muruqa: Clear	Sunset: 4:40PM	Moon 1 - Phase 40		
Dhanus Rasi: 8.01	Tithi 27 – 28	984173366 Rahu 11:17AM – 12:22PM	Gara Until 3:38AM Sat	Nataraja: Green	2nd Phase		
Creative Work Amrita Yoga		Dvadashi* Until 2:28PM		Moon – Light Blue	Bhuloka Day		
Until 4:35PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Prabalarishta Yoga				Pradosha Vrata (Fasting)			

<b>5</b>	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Malmö, Sweden
	Purvashadha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau						Sun 11 Sutra 293
	Gulika 8:02AM – 9:07AM	Purvashadha* Until 7:23PM	Ganesha: White	Sunrise: 8:02AM	Vilamba 5120		
	Yama 1:27PM – 2:32PM	Vajra* Until 2:32AM Sun	Muruqa: Clear	Sunset: 4:42PM	Moon 1 - Phase 40		
Dhanus Rasi: 20.01	Tithi 28 – 29	984173366 Rahu 10:12AM – 11:17AM	Visti Until 6:06AM Sun	Nataraja: Green	2nd Phase		
Creative Work Siddha Yoga		Trayodashi* Until 4:49PM		Moon – Light Blue	Bhuloka Day		
Until 7:23PM				Pausha*Thai		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>6</b>	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Malmö, Sweden
	Uttarashadha Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau						Sun 12 Sutra 294
	Gulika 2:33PM – 3:39PM	Uttarashadha Until 10:15PM	Ganesha: Yellow	Sunrise: 8:00AM	Vilamba 5120		
	Yama 12:22PM – 1:28PM	Siddhi Until 3:27AM Mon	Muruqa: Clear	Sunset: 4:45PM	Moon 1 - Phase 40		
Makara Rasi: 1.54	Tithi 29	985173366 Rahu 3:39PM – 4:45PM	Visti Until 6:06AM	Nataraja: Green	2nd Phase		
Creative Work Amrita Yoga		Chaturdashi* Until 7:24PM		Moon – Light Blue	Devaloka Day		
				Pausha*Thai			

	<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Malmö, Sweden
	Retreat Star		Shravana Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 295
	Gulika 1:28PM – 2:35PM	Shravana Until 1:32AM Tue	Ganesha: Red	Sunrise: 7:58AM	Vilamba 5120		
	Yama 11:16AM – 12:22PM	Vyatipata* Until 4:27AM Tue	Muruqa: Clear	Sunset: 4:47PM	Moon 1 - Phase 40		
Makara Rasi: 13.43	Tithi 30	995173367 Rahu 9:04AM – 10:10AM	Catuspada Until 8:46AM	Nataraja: White	Amavasya		
Family Home Evening		Amavasya* Until 10:06PM		Moon – Purple	Devaloka Day		
Creative Work Amrita Yoga				Pausha*Thai			
Until 1:32AM Tue							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Malmö, Sweden
	Dhanishtha Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau						Sun 14 Sutra 296
	Gulika 12:22PM – 1:29PM	Dhanishtha Until 4:39AM Wed	Ganesha: Red	Sunrise: 7:56AM	Vilamba 5120		
	Yama 10:09AM – 11:16AM	Variyan Until 5:24AM Wed	Muruqa: Clear	Sunset: 4:49PM	Moon 1 - Phase 40		
Makara Rasi: 25.31	Tithi 1	995173367 Rahu 2:36PM – 3:42PM	Kintughna Until 11:29AM	Nataraja: White	Prathama		
Creative Work Siddha Yoga		Prathama* Until 12:48AM Wed		Moon – Purple	Devaloka Day		
				Magha*Thai			

<b>1</b>	<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Malmö, Sweden
	Kumbha Rasi: 7.19	Tithi 2	<b>Gulika</b> 11:15AM – 12:23PM	<b>Shatabhishak Until 7:30AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:54AM	Sun 15 Sutra 297
	995173367	Rahu	Yama 9:01AM – 10:08AM	Parigha* Until 6:18AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM	Vilamba 5120
Creative Work	Siddha Yoga		Balava Until 2:09PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Dvitiya Until 3:25AM Thu</b>	<b>Moon – Purple</b>		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Malmö, Sweden
	Kumbha Rasi: 19.1	Tithi 3	<b>Gulika</b> 10:07AM – 11:15AM	<b>Shatabhishak Until 7:30AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:52AM	Sun 16 Sutra 298
	995173367	Rahu	Yama 7:52AM – 9:00AM	Parigha* Until 6:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Vilamba 5120
Creative Work	Siddha Yoga		Taitila Until 4:40PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Tritiya Until 5:50AM Fri</b>	<b>Moon – Purple</b>		3rd Phase	
				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija Karana Chaturthiyam Titau				Malmö, Sweden
	Meena Rasi: 1.05	Tithi 4	<b>Gulika</b> 8:58AM – 10:06AM	<b>Purvaproshtapada* Until 10:29AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:50AM	Sun 17 Sutra 299
	915173367	Rahu	Yama 2:39PM – 3:47PM	Shiva Until 7:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM	Vilamba 5120
Creative Work	Siddha Yoga		Vanija Until 6:57PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
			<b>Chaturthi* Until 7:57AM Sat</b>	<b>Moon – Clear</b>		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Malmö, Sweden
	Meena Rasi: 13.07	Tithi 4 – 5	<b>Gulika</b> 7:48AM – 8:57AM	<b>Uttaraproshtapada Until 1:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:48AM	Sun 18 Sutra 300
	915173367	Rahu	Yama 1:31PM – 2:40PM	Siddha Until 7:33AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:57PM	Vilamba 5120
Creative Work	Siddha Yoga		Bava Until 8:54PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Until 1:01PM			<b>Chaturthi* Until 7:57AM</b>	<b>Moon – Clear</b>		3rd Phase	
Then Routine Work - Prabararishta Yoga				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>5</b>	<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Malmö, Sweden
	Meena Rasi: 25.18	Tithi 5 – 6	<b>Gulika</b> 2:41PM – 3:50PM	<b>Revati Until 2:59PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:46AM	Sun 19 Sutra 301
	915273367	Rahu	Yama 12:23PM – 1:32PM	Sadhya Until 7:47AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM	Vilamba 5120
Creative Work	Amrita Yoga		Kaulava Until 10:23PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Until 2:59PM			<b>Panchami Until 9:41AM</b>	<b>Moon – Clear</b>		3rd Phase	
Then Creative Work - Siddha Yoga				<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>6</b>	<b>Monday, February 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Malmö, Sweden
	Mesha Rasi: 7.41	Tithi 6 – 7	<b>Gulika</b> 1:32PM – 2:42PM	<b>Ashvini Until 4:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:44AM	Sun 20 Sutra 302
	925273367	Rahu	Yama 11:13AM – 12:23PM	Subha Until 7:38AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Vilamba 5120
<b>Family Home Evening</b>			Gara Until 11:18PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga		<b>Shashthi* Until 10:54AM</b>	<b>Moon – White</b>		3rd Phase	
				<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>D</b>	<b>Tuesday, February 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Malmö, Sweden
	<b>Retreat Star</b>		<b>Gulika</b> 12:23PM – 1:33PM	<b>Bharani Until 5:44PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:42AM	Sun 21 Sutra 303
	Mesha Rasi: 20.2	Tithi 7 – 8	Yama 10:02AM – 11:13AM	Sukla Until 7:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Vilamba 5120
925273367	Rahu	2:43PM – 3:54PM	Vistil Until 11:32PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Creative Work	Siddha Yoga		<b>Saptami Until 11:29AM</b>	<b>Moon – White</b>		Ashtami	
				<b>Magha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 12:PM to 3:PM	

<b>D</b>	<b>Wednesday, February 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden
	<b>Retreat Star</b>		<b>Gulika</b> 11:12AM – 12:23PM	<b>Krittika Until 5:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:40AM	Sun 22 Sutra 304
	Vrishabha Rasi: 3.2	Tithi 8 – 9	Yama 8:50AM – 10:01AM	Indra Until 4:07AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM	Vilamba 5120
926273367	Rahu	12:23PM – 1:34PM	Balava Until 11:02PM	<b>Nataraja:</b> White		Moon 1 - Phase 41	
Creative Work	Amrita Yoga		<b>Ashtami* Until 11:22AM</b>	<b>Moon – White</b>		Navami	
Until 5:52PM				<b>Magha-Masi</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

1	<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden Sun 23 Sutra 305 Vilamba 5120
	Vishabha Rasi: 16.43	Tithi 9 – 10	936273367	Gulika 10:00AM – 11:11AM Yama 7:38AM – 8:49AM Rahu 1:34PM – 2:45PM	Rohini Until 5:33PM Vaidhriti* Until 1:45AM Fri Taitila Until 9:45PM Navami* Until 10:28AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:38AM Sunset: 5:08PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Routine Work		Marana Yoga				

2	<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Malmö, Sweden Sun 24 Sutra 306 Vilamba 5120
	Mithuna Rasi: 0.33	Tithi 10 – 11	936273367	Gulika 8:47AM – 9:59AM Yama 2:46PM – 3:58PM Rahu 11:11AM – 12:23PM	Mrigashira Until 4:22PM Vishkambha* Until 10:51PM Vanija Until 7:45PM Dashami Until 8:49AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:35AM Sunset: 5:10PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work		Siddha Yoga				

3	<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 14.49	Tithi 11 – 12	936273367	Gulika 7:33AM – 8:46AM Yama 1:35PM – 2:48PM Rahu 9:58AM – 11:10AM	Ardra Until 2:23PM Priti Until 7:26PM Balava Until 3:35AM Sun Ekadashi Until 6:30AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 7:33AM Sunset: 5:12PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work		Siddha Yoga				

4	<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 29.3	Tithi 13	946273367	Gulika 2:49PM – 4:02PM Yama 12:23PM – 1:36PM Rahu 4:02PM – 5:14PM	Punarvasu Until 12:09PM Ayushman Until 3:36PM Kaulava Until 1:58PM Trayodashi Until 12:14AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:31AM Sunset: 5:14PM Moon 1 - Phase 42 4th Phase Devaloka Day
	Creative Work		Siddha Yoga		<i>Pradosha Vrata</i>		

5	<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 14.3	Tithi 14	946273367	Gulika 1:36PM – 2:50PM Yama 11:09AM – 12:23PM Rahu 8:42AM – 9:56AM	Pushya Until 9:24AM Saubhagya Until 11:29AM Gara Until 10:27AM Chaturdashi* Until 8:35PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:29AM Sunset: 5:17PM Moon 1 - Phase 42 4th Phase Devaloka Day
	Family Home Evening		Chidambaram Abhishekam				
	Creative Work		Siddha Yoga				

○	<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Malmö, Sweden Sutra 310 Vilamba 5120		
	<b>Copper Retreat Star</b>		Kataka Rasi: 29.43	Tithi 15 – 16	946273367	Gulika 12:23PM – 1:37PM Yama 9:54AM – 11:09AM Rahu 2:51PM – 4:05PM	Ashlesha* Until 6:18AM Sobhana Until 7:12AM Visti Until 6:43AM Purnima* Until 4:48PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 7:26AM Sunset: 5:19PM Moon 1 - Phase 42 Purnima Devaloka Day
	Creative Work		Siddha Yoga						

○	<b>Wednesday, February 20, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Malmö, Sweden Sutra 311 Vilamba 5120		
	<b>Silver Retreat Star</b>		Simha Rasi: 14.58	Tithi 16 – 17	957273367	Gulika 11:08AM – 12:22PM Yama 8:39AM – 9:53AM Rahu 12:22PM – 1:37PM	Purvaphalguni Until 12:30AM Thu Sukarma Until 10:38PM Taitila Until 11:15PM Prathama* Until 1:03PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Red Magha-Masi	Sunrise: 7:24AM Sunset: 5:21PM Moon 1 - Phase 42 Prathama Devaloka Day
	Creative Work		Amrita Yoga						

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda





**Thursday, February 21, 2019**

**Gold Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden  
Sun 1 Sutra 312

Kanya Rasi: 0.06 Tithi 18 – 18

**Gulika** 9:52AM – 11:07AM  
Yama 7:22AM – 8:37AM  
Rahu 1:38PM – 2:53PM

**Uttaraphalguni Until 9:46PM**  
Dhriti Until 6:40PM  
Vanija Until 7:53PM  
Dvitiya Until 9:30AM

**Ganesha:** Clear *Sunrise:* 7:22AM  
**Muruḡa:** Clear *Sunset:* 5:23PM  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Amrita Yoga

**Devaloka Day**

Until 9:46PM

Then Routine Work - Marana Yoga

**1**

**Friday, February 22, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden  
Sun 2 Sutra 313

Kanya Rasi: 14.58 Tithi 18 – 19

**Gulika** 8:35AM – 9:51AM  
Yama 2:54PM – 4:09PM  
Rahu 11:07AM – 12:22PM

**Hasta Until 7:47PM**  
Shula\* Until 3:01PM  
Balava Until 3:41AM Sat  
Tritiya Until 6:20AM

**Ganesha:** White *Sunrise:* 7:19AM  
**Muruḡa:** Clear *Sunset:* 5:25PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Creative Work Amrita Yoga

**Bhuloka Day**

Until 7:47PM

Then Creative Work - Siddha Yoga

Devaloka Time: 12:PM to 3:PM

**2**

**Saturday, February 23, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden  
Sun 3 Sutra 314

Kanya Rasi: 29.26 Tithi 20

**Gulika** 7:17AM – 8:33AM  
Yama 1:38PM – 2:55PM  
Rahu 9:50AM – 11:06AM

**Chitra Until 6:16PM**  
Ganda\* Until 11:53AM  
Kaulava Until 2:38PM  
Panchami Until 1:43AM Sun

**Ganesha:** White *Sunrise:* 7:17AM  
**Muruḡa:** Clear *Sunset:* 5:27PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Routine Work Marana Yoga

**Bhuloka Day**

Until 6:16PM

Then Creative Work - Siddha Yoga

Devaloka Time: 12:PM to 3:PM

**3**

**Sunday, February 24, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden  
Sun 4 Sutra 315

Tula Rasi: 13.26 Tithi 21

**Gulika** 2:56PM – 4:12PM  
Yama 12:22PM – 1:39PM  
Rahu 4:12PM – 5:29PM

**Svati Until 5:21PM**  
Vridhi Until 9:20AM  
Gara Until 1:03PM  
Shashthi\* Until 12:33AM Mon

**Ganesha:** White *Sunrise:* 7:15AM  
**Muruḡa:** Clear *Sunset:* 5:29PM  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Until 5:21PM

Then Routine Work - Marana Yoga

Devaloka Time: 12:PM to 3:PM

**4**

**Monday, February 25, 2019**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Malmö, Sweden  
Sun 5 Sutra 316

Tula Rasi: 26.58 Tithi 22

**Family Home Evening**

**Gulika** 1:39PM – 2:57PM  
Yama 11:04AM – 12:22PM  
Rahu 8:30AM – 9:47AM

**Vishakha Until 5:34PM**  
Dhruva Until 7:25AM  
Visti Until 12:18PM  
Saptami Until 12:14AM Tue

**Ganesha:** Yellow *Sunrise:* 7:12AM  
**Muruḡa:** Clear *Sunset:* 5:31PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

Vilamba 5120  
Moon 2 - Phase 43  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

Until 5:34PM

Then Creative Work - Siddha Yoga

**☾**

**Tuesday, February 26, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden  
Sun 6 Sutra 317

Vrischika Rasi: 10.02 Tithi 23

**Gulika** 12:22PM – 1:40PM  
Yama 9:46AM – 11:04AM  
Rahu 2:58PM – 4:16PM

**Anuradha Until 6:29PM**  
Vyaghata\* Until 6:11AM  
Balava Until 12:26PM  
Ashtami\* Until 12:47AM Wed

**Ganesha:** Yellow *Sunrise:* 7:10AM  
**Muruḡa:** Clear *Sunset:* 5:33PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

Vilamba 5120  
Moon 2 - Phase 43  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

Until 6:29PM

Then Routine Work - Marana Yoga

**Wednesday, February 27, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden  
Sun 7 Sutra 318

Vrischika Rasi: 22.41 Tithi 24

**Gulika** 11:03AM – 12:22PM  
Yama 8:26AM – 9:45AM  
Rahu 12:22PM – 1:40PM

**Jyeshtha\* Until 8:01PM**  
Vajra\* Until 5:39AM Thu  
Taitila Until 1:23PM  
Navami\* Until 2:08AM Thu

**Ganesha:** Blue *Sunrise:* 7:08AM  
**Muruḡa:** Clear *Sunset:* 5:36PM  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

Vilamba 5120  
Moon 2 - Phase 43  
Navami

Creative Work Siddha Yoga

**Sivaloka Day**

Until 8:01PM

Then Routine Work - Marana Yoga

<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Malmö, Sweden Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 4.59	Tithi 25	Gulika 9:43AM – 11:02AM	Mula* Until 10:33PM	Ganesha: Red	Sunrise: 7:05AM	Muruga: Clear	Sunset: 5:38PM
988273367	Rahu 1:40PM – 3:00PM	Yama 7:05AM – 8:24AM	Siddhi Until 6:09AM Fri	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Creative Work	Siddha Yoga		Vanija Until 3:05PM	Moon – Light Blue		<b>Devaloka Day</b>	
			Dashami Until 4:07AM Fri	Magha-Masi			
<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Malmö, Sweden Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 17.03	Tithi 26	Gulika 8:20AM – 9:41AM	Purvashadha* Until 1:22AM Sat	Ganesha: Red	Sunrise: 7:00AM	Muruga: Clear	Sunset: 5:42PM
988273367	Rahu 11:01AM – 12:21PM	Yama 3:01PM – 4:22PM	Siddhi Until 6:09AM	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Routine Work	Prabalarishta Yoga		Bava Until 5:19PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 1:22AM Sat			Ekadashi* Until 6:34AM Sat	Magha-Masi			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Malmö, Sweden Sun 10 Sutra 321 Vilamba 5120	
Dhanus Rasi: 28.56	Tithi 26 – 27	Gulika 6:58AM – 8:19AM	Uttarashadha Until 4:19AM Sun	Ganesha: Red	Sunrise: 6:58AM	Muruga: Clear	Sunset: 5:44PM
988273367	Rahu 9:39AM – 11:00AM	Yama 1:42PM – 3:02PM	Vyatipata* Until 6:59AM	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Routine Work	Marana Yoga		Kaulava Until 7:55PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:19AM Sun			Ekadashi* Until 6:34AM	Magha-Masi			
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Malmö, Sweden Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 10.44	Tithi 27 – 28	Gulika 3:03PM – 4:25PM	Shravana Until 7:40AM Mon	Ganesha: Yellow	Sunrise: 6:55AM	Muruga: Clear	Sunset: 5:46PM
988273367	Rahu 4:25PM – 5:46PM	Yama 12:21PM – 1:42PM	Varyan Until 7:58AM	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Creative Work	Amrita Yoga		Gara Until 10:39PM	Moon – Purple		<b>Devaloka Day</b>	
Until 7:40AM Mon			Dvadashi* Until 9:15AM	Magha-Masi			
Then Creative Work - Siddha Yoga			Pradosha Vrata (Fasting)				
<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Malmö, Sweden Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 22.3	Tithi 28 – 29	Gulika 1:42PM – 3:04PM	Shravana Until 7:40AM	Ganesha: Yellow	Sunrise: 6:53AM	Muruga: Clear	Sunset: 5:48PM
988273367	Rahu 8:15AM – 9:37AM	Yama 10:59AM – 12:20PM	Parigha* Until 9:02AM	Nataraja: White		Moon 2 - Phase 44	2nd Phase
Family Home Evening			Visti Until 1:22AM Tue	Moon – Purple		<b>Devaloka Day</b>	
Creative Work	Amrita Yoga		Trayodashi* Until 12:00PM	Magha-Masi			
Until 7:40AM		Mahasivaratri (Lunar)					
Then Creative Work - Siddha Yoga		Mahasivaratri (Solar)					
<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Malmö, Sweden Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 4.17	Tithi 29 – 30	Gulika 12:20PM – 1:43PM	Dhanishtha Until 10:47AM	Ganesha: Clear	Sunrise: 6:50AM	Muruga: Clear	Sunset: 5:50PM
199273367	Rahu 3:05PM – 4:28PM	Yama 9:35AM – 10:58AM	Shiva Until 10:03AM	Nataraja: White		Moon 2 - Phase 44	Amavasya
Creative Work	Siddha Yoga		Catuspada Until 3:56AM Wed	Moon – Purple		<b>Devaloka Day</b>	
Until 10:47AM			Chaturdashi* Until 2:39PM	Magha-Masi			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Malmö, Sweden Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 16.09	Tithi 30 – 1	Gulika 10:57AM – 12:20PM	Shatabhishak Until 1:33PM	Ganesha: Clear	Sunrise: 6:48AM	Muruga: Clear	Sunset: 5:52PM
199273367	Rahu 12:20PM – 1:43PM	Yama 8:11AM – 9:34AM	Siddha Until 10:53AM	Nataraja: White		Moon 2 - Phase 44	Prathama
Creative Work	Siddha Yoga		Kintughna Until 6:14AM Thu	Moon – Purple		<b>Devaloka Day</b>	
Until 1:33PM			Amavasya* Until 5:06PM	Phalgun-Masi			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Sadhya/Subha Yoga Kintughna/Bava Karana Prathamayam Titau				Malmö, Sweden
<b>1</b>	Kumbha Rasi: 28.07	Tithi 1	<b>Gulika</b> 9:33AM – 10:56AM Yama 6:45AM – 8:09AM 119373367 <b>Rahu</b> 1:43PM – 3:07PM	<b>Purvaprosarthpada* Until 4:24PM</b> Sadhya Until 11:32AM Kintughna Until 6:14AM Prathama* Until 7:15PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	Sun 15 Sutra 326 Vilamba 5120 Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga				<b>Devaloka Day</b>	
<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Malmö, Sweden
<b>2</b>	Meena Rasi: 10.11	Tithi 2	<b>Gulika</b> 8:07AM – 9:31AM Yama 3:08PM – 4:32PM 119373367 <b>Rahu</b> 10:55AM – 12:20PM	<b>Uttaraprosarthpada Until 6:46PM</b> Subha Until 11:58AM Balava Until 8:13AM Dvitiya Until 9:04PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	Sun 16 Sutra 327 Vilamba 5120 Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga				<b>Devaloka Day</b>	
<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Tritiyayam Titau				Malmö, Sweden
<b>3</b>	Meena Rasi: 22.23	Tithi 3	<b>Gulika</b> 6:40AM – 8:05AM Yama 1:44PM – 3:09PM 119373367 <b>Rahu</b> 9:30AM – 10:55AM	<b>Revati Until 8:38PM</b> Sukla Until 12:07PM Tailila Until 9:53AM Tritiya Until 10:33PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	Sun 17 Sutra 328 Vilamba 5120 Moon 2 - Phase 45 3rd Phase
Routine Work	Prabalarishta Yoga				<b>Devaloka Day</b>	
Until 8:38PM						
Then Creative Work - Siddha Yoga	Subramuniyaswami Siva Vision Day					
<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visi* Karana Chaturthyam Titau				Malmö, Sweden
<b>4</b>	Mesha Rasi: 4.45	Tithi 4	<b>Gulika</b> 3:10PM – 4:35PM Yama 12:19PM – 1:44PM 129373367 <b>Rahu</b> 4:35PM – 6:00PM	<b>Ashvini Until 10:27PM</b> Brahma Until 11:59AM Vanija Until 11:09AM Chaturthi* Until 11:38PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	Sun 18 Sutra 329 Vilamba 5120 Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga				<b>Devaloka Day</b>	
Until 10:27PM						
Then Routine Work - Prabalarishta Yoga						
<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden
<b>5</b>	Mesha Rasi: 17.17	Tithi 5	<b>Gulika</b> 1:45PM – 3:11PM Yama 10:53AM – 12:19PM 129373367 <b>Rahu</b> 8:01AM – 9:27AM	<b>Bharani Until 11:41PM</b> Indra Until 11:34AM Bava Until 12:01PM Panchami Until 12:16AM Tue	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	Sun 19 Sutra 330 Vilamba 5120 Moon 2 - Phase 45 3rd Phase
Family Home Evening	Siddha Yoga				<b>Devaloka Day</b>	
Creative Work						
Until 11:41PM						
Then Routine Work - Marana Yoga						
<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Shashthyam Titau				Malmö, Sweden
<b>6</b>	Vrishabha Rasi: 0.02	Tithi 6	<b>Gulika</b> 12:18PM – 1:45PM Yama 9:26AM – 10:52AM 129373367 <b>Rahu</b> 3:11PM – 4:38PM	<b>Krittika Until 12:17AM Wed</b> Vaidhriti* Until 10:45AM Kaulava Until 12:25PM Shashthi* Until 12:24AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	Sun 20 Sutra 331 Vilamba 5120 Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga				<b>Devaloka Day</b>	
<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Malmö, Sweden
<b>Retreat Star</b>						
<b>7</b>	Vrishabha Rasi: 13.01	Tithi 7	<b>Gulika</b> 10:51AM – 12:18PM Yama 7:57AM – 9:24AM 131373367 <b>Rahu</b> 12:18PM – 1:45PM	<b>Rohini Until 12:39AM Thu</b> Vishkambha* Until 9:33AM Gara Until 12:17PM Saptami Until 11:59PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	Sun 21 Sutra 332 Vilamba 5120 Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>	
Until 12:39AM Thu						
Then Routine Work - Marana Yoga						
<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Visi*/Bava Karana Ashtamyam Titau				Malmö, Sweden
<b>Retreat Star</b>						
<b>8</b>	Vrishabha Rasi: 26.19	Tithi 8	<b>Gulika</b> 9:23AM – 10:50AM Yama 6:28AM – 7:55AM 131373367 <b>Rahu</b> 1:46PM – 3:13PM	<b>Mrigashira Until 12:15AM Fri</b> Priti Until 7:54AM Visi Until 11:33AM Ashtami* Until 10:56PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	Sun 22 Sutra 333 Vilamba 5120 Moon 2 - Phase 45 Ashtami
Routine Work	Marana Yoga				<b>Sivaloka Day</b>	
Until 12:15AM Fri						
Then Creative Work - Siddha Yoga						
<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden
<b>Retreat Star</b>						
<b>9</b>	Mithuna Rasi: 9.57	Tithi 9	<b>Gulika</b> 7:53AM – 9:21AM Yama 3:14PM – 4:42PM 131373368 <b>Rahu</b> 10:49AM – 12:18PM	<b>Ardra Until 11:07PM</b> Saubhagya Until 3:05AM Sat Balava Until 10:12AM Navami* Until 9:17PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	Sun 23 Sutra 334 Vilamba 5120 Moon 2 - Phase 45 Navami
Creative Work	Siddha Yoga		Karadaiyan Nombu (Tamil Nadu)		<b>Subha Sivaloka Day</b>	

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Malmö, Sweden
	Mithuna Rasi: 23.58	Tithi 10	141373368	<b>Gulika</b> 6:22AM – 7:51AM Yama 1:46PM – 3:15PM <b>Rahu</b> 9:20AM – 10:49AM	<b>Punarvasu Until 9:41PM</b> Sobhana Until 12:00AM Sun Taitila Until 8:14AM Dashami Until 7:02PM	Ganesha: Clear Muruḡa: Clear Nataraja: Clear Moon – Blue	Sun 24 Sutra 335 Vilamba 5120 Moon 2 - Phase 46 4th Phase Sivaloka Day
	Creative Work	Siddha Yoga				Sunrise: 6:22AM Sunset: 6:12PM	
						Phalgunā•Panguni	

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden
	Kataka Rasi: 8.21	Tithi 11 – 12	141373368	<b>Gulika</b> 3:16PM – 4:45PM Yama 12:17PM – 1:46PM <b>Rahu</b> 4:45PM – 6:14PM	<b>Pushya Until 7:36PM</b> Athiganda* Until 8:29PM Bava Until 2:45AM Mon Ekadashi Until 4:16PM	Ganesha: Clear Muruḡa: Clear Nataraja: Clear Moon – Blue	Sun 25 Sutra 336 Vilamba 5120 Moon 2 - Phase 46 4th Phase Sivaloka Day
	Creative Work	Siddha Yoga				Sunrise: 6:20AM Sunset: 6:14PM	
						Phalgunā•Panguni	

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden
	Kataka Rasi: 23.04	Tithi 12 – 13	141373368	<b>Gulika</b> 1:47PM – 3:17PM Yama 10:47AM – 12:17PM <b>Rahu</b> 7:47AM – 9:17AM	<b>Ashlesha* Until 5:01PM</b> Sukarma Until 4:40PM Kaulava Until 11:26PM Dvadashi Until 1:07PM	Ganesha: Clear Muruḡa: Clear Nataraja: Clear Moon – Blue	Sun 26 Sutra 337 Vilamba 5120 Moon 2 - Phase 46 4th Phase Sivaloka Day
	Family Home Evening					Sunrise: 6:17AM Sunset: 6:16PM	
	Until 5:01PM			Yogaswami Mahasamadhi	Pradosha Vrata		

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden
	Simha Rasi: 8.01	Tithi 13 – 14	151373368	<b>Gulika</b> 12:17PM – 1:47PM Yama 9:16AM – 10:46AM <b>Rahu</b> 3:17PM – 4:48PM	<b>Magha* Until 2:27PM</b> Dhriti Until 12:40PM Gara Until 7:56PM Trayodashi Until 9:41AM	Ganesha: White Muruḡa: Clear Nataraja: Clear Moon – Red	Sun 27 Sutra 338 Vilamba 5120 Moon 2 - Phase 46 4th Phase Subha Sivaloka Day
	Creative Work	Siddha Yoga				Sunrise: 6:15AM Sunset: 6:18PM	
						Phalgunā•Panguni	

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden
	<b>Copper Retreat Star</b>		151373368	<b>Gulika</b> 10:45AM – 12:16PM Yama 7:43AM – 9:14AM <b>Rahu</b> 12:16PM – 1:47PM	<b>Purvaphalguni Until 11:40AM</b> Shula* Until 8:34AM Bava Until 2:37AM Thu Chaturdashi* Until 6:08AM	Ganesha: White Muruḡa: Clear Nataraja: Clear Moon – Red	Sun 28 Sutra 339 Vilamba 5120 Moon 2 - Phase 46 Purnima Subha Sivaloka Day
	Simha Rasi: 23.05	Tithi 14 – 15				Sunrise: 6:12AM Sunset: 6:20PM	
	Creative Work	Amrita Yoga		Panguni Uttiram Holi		Phalgunā•Panguni	

<b>5</b>	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden
	<b>Silver Retreat Star</b>		151383368	<b>Gulika</b> 9:13AM – 10:44AM Yama 6:10AM – 7:41AM <b>Rahu</b> 1:48PM – 3:19PM	<b>Uttaraphalguni Until 8:50AM</b> Vriddhi Until 12:41AM Fri Balava Until 12:57PM Prathama* Until 11:19PM	Ganesha: White Muruḡa: White Nataraja: Clear Moon – Red	Sun 29 Sutra 340 Vilamba 5120 Moon 2 - Phase 46 Prathama Sivaloka Day
	Kanya Rasi: 8.08	Tithi 16				Sunrise: 6:10AM Sunset: 6:22PM	
	Amrita Yoga					Phalgunā•Panguni	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden  
Sun 1 Sutra 341  
Vilamba 5120

Kanya Rasi: 22.59 Tithi 17

**Gulika** 7:39AM – 9:11AM  
Yama 3:20PM – 4:52PM  
161383368 **Rahu** 10:43AM – 12:16PM

**Hasta** Until 6:33AM  
Dhruva Until 9:08PM  
Taitila Until 9:49AM  
**Dvitiya** Until 8:24PM

**Ganesha:** Yellow *Sunrise:* 6:07AM  
**Muruḡa:** White *Sunset:* 6:24PM

Moon 3 - Phase 47  
1st Phase

Creative Work Amrita Yoga

Until 6:33AM

Then Creative Work - Siddha Yoga

Moon – Green  
**Phalgunā-Panguni**

**Devaloka Day**

**1**

**Saturday, March 23, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Malmö, Sweden  
Sun 2 Sutra 342  
Vilamba 5120

Tula Rasi: 7.31 Tithi 18

**Gulika** 6:04AM – 7:37AM  
Yama 1:48PM – 3:21PM  
162383368 **Rahu** 9:10AM – 10:43AM

**Svati** Until 3:02AM Sun  
Vyaghata\* Until 6:03PM  
Vanija Until 7:09AM  
**Tritiya** Until 6:02PM

**Ganesha:** Blue *Sunrise:* 6:04AM  
**Muruḡa:** White *Sunset:* 6:26PM

Moon 3 - Phase 47  
1st Phase

Creative Work Siddha Yoga

Until 3:02AM Sun

Then Routine Work - Marana Yoga

Moon – Green  
**Phalgunā-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**2**

**Sunday, March 24, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden  
Sun 3 Sutra 343  
Vilamba 5120

Tula Rasi: 21.38 Tithi 19 – 20

**Gulika** 3:22PM – 4:55PM  
Yama 12:15PM – 1:48PM  
172383368 **Rahu** 4:55PM – 6:28PM

**Vishakha** Until 2:31AM Mon  
Harshana Until 3:33PM  
Kaulava Until 3:50AM Mon  
**Chaturthi\*** Until 4:21PM

**Ganesha:** Red *Sunrise:* 6:02AM  
**Muruḡa:** White *Sunset:* 6:28PM

Moon 3 - Phase 47  
1st Phase

Routine Work Marana Yoga

Until 2:31AM Mon

Then Creative Work - Siddha Yoga

Moon – Orange  
**Phalgunā-Panguni**

**Devaloka Day**

**3**

**Monday, March 25, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden  
Sun 4 Sutra 344  
Vilamba 5120

Vrischika Rasi: 5.16 Tithi 20 – 21

**Gulika** 1:49PM – 3:22PM  
Yama 10:41AM – 12:15PM  
172383368 **Rahu** 7:33AM – 9:07AM

**Anuradha** Until 2:43AM Tue  
Vajra\* Until 1:41PM  
Gara Until 3:24AM Tue  
**Panchami** Until 3:29PM

**Ganesha:** Red *Sunrise:* 5:59AM  
**Muruḡa:** White *Sunset:* 6:30PM

Moon 3 - Phase 47  
1st Phase

Creative Work Siddha Yoga

Until 2:43AM Tue

Then Routine Work - Marana Yoga

Moon – Orange  
**Phalgunā-Panguni**

**Devaloka Day**

**4**

**Tuesday, March 26, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Malmö, Sweden  
Sun 5 Sutra 345  
Vilamba 5120

Vrischika Rasi: 18.26 Tithi 21 – 22

**Gulika** 12:14PM – 1:49PM  
Yama 9:06AM – 10:40AM  
172383368 **Rahu** 3:23PM – 4:58PM

**Jyeshtha\*** Until 3:37AM Wed  
Siddhi Until 12:31PM  
Visti Until 3:52AM Wed  
**Shashthi\*** Until 3:30PM

**Ganesha:** Red *Sunrise:* 5:57AM  
**Muruḡa:** White *Sunset:* 6:32PM

Moon 3 - Phase 47  
1st Phase

Routine Work Marana Yoga

Moon – Orange  
**Phalgunā-Panguni**

**Devaloka Day**

**5**

**Wednesday, March 27, 2019**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden  
Sun 6 Sutra 346  
Vilamba 5120

Dhanus Rasi: 1.09 Tithi 22 – 23

**Gulika** 10:39AM – 12:14PM  
Yama 7:29AM – 9:04AM  
182383368 **Rahu** 12:14PM – 1:49PM

**Mula\*** Until 5:38AM Thu  
Vyatipata\* Until 12:02PM  
Balava Until 5:10AM Thu  
**Saptami** Until 4:24PM

**Ganesha:** Green *Sunrise:* 5:54AM  
**Muruḡa:** White *Sunset:* 6:34PM

Moon 3 - Phase 47  
1st Phase

Routine Work Marana Yoga

Until 5:38AM Thu

Then Creative Work - Siddha Yoga

Moon – Light Blue  
**Phalgunā-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**D**

**Thursday, March 28, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava Karana Ashtamyam Titau

Malmö, Sweden  
Sun 7 Sutra 347  
Vilamba 5120

Dhanus Rasi: 13.3 Tithi 23

**Gulika** 9:03AM – 10:38AM  
Yama 5:51AM – 7:27AM  
182383368 **Rahu** 1:49PM – 3:25PM

**Purvashadha\*** Until 8:10AM Fri  
Variyan Until 12:09PM  
Kaulava Until 6:04PM  
**Ashtami\*** Until 6:04PM

**Ganesha:** Green *Sunrise:* 5:51AM  
**Muruḡa:** White *Sunset:* 6:36PM

Moon 3 - Phase 47  
Ashtami

Creative Work Siddha Yoga

Until 8:10AM Fri

Then Routine Work - Marana Yoga

Moon – Light Blue  
**Phalgunā-Panguni**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**Friday, March 29, 2019**

**Retreat Star**

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden  
Sun 8 Sutra 348  
Vilamba 5120

Dhanus Rasi: 25.35 Tithi 24

**Gulika** 7:25AM – 9:01AM  
Yama 3:26PM – 5:02PM  
182383468 **Rahu** 10:37AM – 12:14PM

**Purvashadha\*** Until 8:10AM  
Parigha\* Until 12:45PM  
Taitila Until 7:09AM  
**Navami\*** Until 8:19PM

**Ganesha:** Green *Sunrise:* 5:49AM  
**Muruḡa:** Yellow *Sunset:* 6:38PM

Moon 3 - Phase 47  
Navami

Routine Work Prabalarishta Yoga

Until 8:10AM

Then Routine Work - Marana Yoga

Moon – Light Blue  
**Phalgunā-Panguni**

**Devaloka Day**

<b>1</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Malmo, Sweden Sun 9 Sutra 349	
Makara Rasi: 7.28	Tithi 25	<b>Gulika</b> 5:46AM – 7:23AM	<b>Uttarashadha</b> Until 10:57AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:46AM		Vilamba 5120
		Yama 1:50PM – 3:27PM	Shiva Until 1:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:40PM		Moon 3 - Phase 48
		182383468 <b>Rahu</b> 9:00AM – 10:36AM	Vanija Until 9:36AM	<b>Nataraja:</b> Purple			2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 10:54PM	<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	
Until 10:57AM							
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Malmo, Sweden Sun 10 Sutra 350	
Makara Rasi: 19.16	Tithi 26	<b>Gulika</b> 3:28PM – 5:05PM	<b>Shravana</b> Until 2:17PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:44AM		Vilamba 5120
		Yama 12:13PM – 1:50PM	Siddha Until 2:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM		Moon 3 - Phase 48
		192383468 <b>Rahu</b> 5:05PM – 6:42PM	Bava Until 12:17PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 1:36AM Mon	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 2:17PM							
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Malmo, Sweden Sun 11 Sutra 351	
Kumbha Rasi: 1.02	Tithi 27	<b>Gulika</b> 1:50PM – 3:28PM	<b>Dhanishtha</b> Until 5:25PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:44AM		Vilamba 5120
<b>Family Home Evening</b>		Yama 10:36AM – 12:13PM	Sadhya Until 3:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM		Moon 3 - Phase 48
		192483468 <b>Rahu</b> 7:21AM – 8:58AM	Kaulava Until 2:56PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 4:11AM Tue	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Malmo, Sweden Sun 12 Sutra 352	
Kumbha Rasi: 12.52	Tithi 28	<b>Gulika</b> 12:13PM – 1:50PM	<b>Shatabhishak</b> Until 8:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:41AM		Vilamba 5120
		Yama 8:57AM – 10:35AM	Subha Until 4:41PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:44PM		Moon 3 - Phase 48
		192483468 <b>Rahu</b> 3:28PM – 5:06PM	Gara Until 5:23PM	<b>Nataraja:</b> Purple			2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 6:28AM Wed	<b>Phalguna-Panguni</b>		<b>Subha Sivaloka Day</b>	
Pradosha Vrata (Fasting)							
<b>5</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Malmo, Sweden Sun 13 Sutra 353	
Kumbha Rasi: 24.49	Tithi 28 – 29	<b>Gulika</b> 10:34AM – 12:12PM	<b>Purvaproshtapada*</b> Until 10:55PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:39AM		Vilamba 5120
		Yama 7:17AM – 8:55AM	Sukla Until 5:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:46PM		Moon 3 - Phase 48
		112483468 <b>Rahu</b> 12:12PM – 1:51PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 6:28AM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 10:55PM							
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Malmo, Sweden Sun 14 Sutra 354	
Meena Rasi: 6.55	Tithi 29 – 30	<b>Gulika</b> 8:54AM – 10:33AM	<b>Uttaraproshtapada</b> Until 1:06AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:36AM		Vilamba 5120
		Yama 5:36AM – 7:15AM	Brahma Until 5:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM		Moon 3 - Phase 48
		112483468 <b>Rahu</b> 1:51PM – 3:30PM	Catuspada Until 9:11PM	<b>Nataraja:</b> Purple			Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:22AM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Malmo, Sweden Sun 15 Sutra 355	
Meena Rasi: 19.11	Tithi 30 – 1	<b>Gulika</b> 7:13AM – 8:53AM	<b>Revati</b> Until 2:42AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:33AM		Vilamba 5120
		Yama 3:31PM – 5:10PM	Indra Until 5:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:50PM		Moon 3 - Phase 48
		112483468 <b>Rahu</b> 10:32AM – 12:12PM	Kintughna Until 10:27PM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 9:51AM	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>	
		<b>Yugadhi</b>					

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Malmö, Sweden Sun 16 Sutra 356 Vilamba 5120	
Mesha Rasi: 1.38	Tithi 1 – 2	<b>Gulika</b> 5:31AM – 7:11AM	<b>Ashvini Until 4:13AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:31AM		
		Yama 1:52PM – 3:32PM	Vaidhriti* Until 5:15PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:52PM		Moon 3 - Phase 49
		123483468 <b>Rahu</b> 8:51AM – 10:31AM	Balava Until 11:17PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work Siddha Yoga			<b>Prathama* Until 10:54AM</b>	Moon – White		<b>Devaloka Day</b>	
Until 4:13AM Sun		<b>Chellappaswami Mahasamadhī</b>		<b>Chaitra-Panguni</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Malmö, Sweden Sun 17 Sutra 357 Vilamba 5120	
Mesha Rasi: 14.16	Tithi 2 – 3	<b>Gulika</b> 3:33PM – 5:13PM	<b>Bharani Until 5:12AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:28AM		
		Yama 12:11PM – 1:52PM	Vishkambha* Until 4:36PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:54PM		Moon 3 - Phase 49
		123483468 <b>Rahu</b> 5:13PM – 6:54PM	Taitila Until 11:42PM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work Prabalarishta Yoga			<b>Dvitiya Until 11:31AM</b>	Moon – White		<b>Devaloka Day</b>	
Until 5:12AM Mon				<b>Chaitra-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Malmö, Sweden Sun 18 Sutra 358 Vilamba 5120	
Mesha Rasi: 27.05	Tithi 3 – 4	<b>Gulika</b> 1:52PM – 3:33PM	<b>Krittika Until 5:39AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:26AM		
<b>Family Home Evening</b>		Yama 10:30AM – 12:11PM	Priti Until 3:40PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:56PM		Moon 3 - Phase 49
		123483468 <b>Rahu</b> 7:07AM – 8:48AM	Vanija Until 11:45PM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work Marana Yoga			<b>Tritiya Until 11:45AM</b>	Moon – White		<b>Devaloka Day</b>	
Until 5:39AM Tue				<b>Chaitra-Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Malmö, Sweden Sun 19 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 10.05	Tithi 4 – 5	<b>Gulika</b> 12:11PM – 1:52PM	<b>Rohini Until 6:03AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:23AM		
		Yama 8:47AM – 10:29AM	Ayushman Until 2:25PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 6:58PM		Moon 3 - Phase 49
		133483468 <b>Rahu</b> 3:34PM – 5:16PM	Bava Until 11:26PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work Amrita Yoga			<b>Chaturthi* Until 11:37AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Until 6:03AM Wed				<b>Chaitra-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Malmö, Sweden Sun 20 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 23.17	Tithi 5 – 6	<b>Gulika</b> 10:28AM – 12:10PM	<b>Rohini Until 6:03AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM		
		Yama 7:03AM – 8:45AM	Saubhagya Until 12:53PM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 7:00PM		Moon 3 - Phase 49
		133483468 <b>Rahu</b> 12:10PM – 1:53PM	Kaulava Until 10:44PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work Siddha Yoga			<b>Panchami Until 11:07AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Chaitra-Panguni</b>			

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Malmö, Sweden Sun 21 Sutra 361 Vilamba 5120	
Mithuna Rasi: 6.41	Tithi 6 – 7	<b>Gulika</b> 8:44AM – 10:27AM	<b>Ardra Until 5:16AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM		
		Yama 5:18AM – 7:01AM	Sobhana Until 11:04AM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 7:02PM		Moon 3 - Phase 49
		133483468 <b>Rahu</b> 1:53PM – 3:36PM	Gara Until 9:39PM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 10:14AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Until 5:16AM Fri				<b>Chaitra-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>☾</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Malmö, Sweden Sun 22 Sutra 362 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 6:59AM – 8:43AM	<b>Punarvasu Until 4:29AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM		
Mithuna Rasi: 20.19	Tithi 7 – 8	Yama 3:37PM – 5:20PM	Athiganda* Until 8:53AM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 7:04PM		Moon 3 - Phase 49
		143483468 <b>Rahu</b> 10:26AM – 12:10PM	Visti Until 8:08PM	<b>Nataraja:</b> Purple			Ashtami
Creative Work Siddha Yoga			<b>Saptami Until 8:56AM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Chaitra-Panguni</b>			


<b>☽</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Malmö, Sweden Sun 23 Sutra 363 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 5:13AM – 6:57AM	<b>Pushya Until 3:09AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM		
Kataka Rasi: 4.12	Tithi 8 – 9	Yama 1:54PM – 3:38PM	Sukarma Until 6:23AM	<b>Muruḡa:</b> Yellow	<i>Sunset:</i> 7:06PM		Moon 3 - Phase 49
		143483468 <b>Rahu</b> 8:41AM – 10:25AM	Balava Until 6:13PM	<b>Nataraja:</b> Purple			Navami
Creative Work Siddha Yoga			<b>Ashtami* Until 7:13AM</b>	Moon – Blue		<b>Devaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra-Panguni</b>			

<b>1</b>		<b>Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Malmö, Sweden	
Kataka Rasi: 18.21		Tithi 10		Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 364	
Creative Work		Siddha Yoga		Gulika 3:39PM – 5:23PM		Ganesha: White Sunrise: 5:11AM	
Until 1:19AM Mon		143483468		Yama 12:09PM – 1:54PM		Muruqa: Yellow Sunset: 7:08PM	
Then Routine Work - Marana Yoga		Rahu 5:23PM – 7:08PM		Shula* Until 12:27AM Mon		Moon 3 - Phase 1	
		Tamil New Year		Taitila Until 3:55PM		4th Phase	
				Dashami Until 2:37AM Mon		Devaloka Day	
				Chaitra*Chaitra			

<b>2</b>		<b>Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Malmö, Sweden	
Simha Rasi: 2.44		Tithi 11		Magha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25 Sutra 1	
Family Home Evening		253483468		Gulika 1:54PM – 3:39PM		Ganesha: White Sunrise: 5:08AM	
Routine Work		Rahu 6:53AM – 8:39AM		Yama 8:37AM – 10:23PM		Muruqa: Yellow Sunset: 7:10PM	
Marana Yoga				Ganda* Until 9:05PM		Moon 3 - Phase 1	
Until 11:27PM				Vanija Until 1:16PM		4th Phase	
Then Creative Work - Siddha Yoga				Ekadashi Until 11:50PM		Devaloka Day	
				Chaitra*Chaitra			

<b>3</b>		<b>Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		Malmö, Sweden	
Simha Rasi: 17.19		Tithi 12		Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Dvodashyam Titau		Sun 26 Sutra 2	
Creative Work		Siddha Yoga		Gulika 12:09PM – 1:54PM		Ganesha: White Sunrise: 5:06AM	
Until 9:16PM		253483468		Yama 8:37AM – 10:23AM		Muruqa: Yellow Sunset: 7:12PM	
Then Creative Work - Amrita Yoga		Rahu 3:40PM – 5:26PM		Vriddhi Until 5:33PM		Moon 3 - Phase 1	
				Bava Until 10:23AM		4th Phase	
				Dvadashi Until 8:52PM		Devaloka Day	
				Chaitra*Chaitra			

<b>4</b>		<b>Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam		Malmö, Sweden	
Kanya Rasi: 2.01		Tithi 13 – 14		Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 3	
Creative Work		Amrita Yoga		Gulika 10:22AM – 12:08PM		Ganesha: White Sunrise: 5:03AM	
Until 6:53PM		253483468		Yama 6:49AM – 8:36AM		Muruqa: Yellow Sunset: 7:14PM	
Then Routine Work - Marana Yoga		Rahu 12:08PM – 1:55PM		Dhruva Until 1:56PM		Moon 3 - Phase 1	
				Kaulava Until 7:22AM		4th Phase	
				Trayodashi Until 5:50PM		Devaloka Day	
				Pradosha Vrata			
				Chaitra*Chaitra			

		<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam		Malmö, Sweden	
Kanya Rasi: 16.42		Tithi 14 – 15		Hasta/Chitra Nakshatra Vyaghata* Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 4	
Copper Retreat Star		263483468		Gulika 8:34AM – 10:21AM		Ganesha: Yellow Sunrise: 5:01AM	
Routine Work		Marana Yoga		Yama 5:01AM – 6:48AM		Muruqa: Yellow Sunset: 7:16PM	
Until 4:51PM		Rahu 1:55PM – 3:42PM		Vyaghata* Until 10:22AM		Moon 3 - Phase 1	
Then Creative Work - Siddha Yoga		Chitra Purnima (Tamil Nadu)		Visti Until 1:30AM Fri		Purnima	
		Hanuman Jayanti		Chaturdashi* Until 2:53PM		Sivaloka Day	
				Chaitra*Chaitra			

<b>Friday, April 19, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam		Malmö, Sweden	
Tula Rasi: 1.17		Tithi 15 – 16		Chitra/Svati Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 5	
Creative Work		Siddha Yoga		Gulika 6:46AM – 8:33AM		Ganesha: Yellow Sunrise: 4:58AM	
263483468		Rahu 10:21AM – 12:08PM		Yama 3:43PM – 5:30PM		Muruqa: Yellow Sunset: 7:18PM	
				Chitra Until 2:56PM		Moon 3 - Phase 1	
				Harshana Until 6:59AM		Prathama	
				Balava Until 10:57PM		Sivaloka Day	
				Purnima* Until 12:09PM			
				Chaitra*Chaitra			