



Tuesday, May 1, 2018
Gold Retreat Star

Tula Rasi: 27.35 Tithi 16 – 17

273832369

Gulika 12:03PM – 1:38PM
Yama 8:52AM – 10:27AM
Rahu 3:14PM – 4:49PM

Vishakha **Until 4:53PM**
Vyatipata* **Until 10:36AM**
Taitila **Until 8:10PM**
Prathama* Until 7:47AM

Ganesha: Purple
Muruqa: White
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sunrise: 5:41AM
Sunset: 6:25PM

Yangon, Myanmar
Sutra 16
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Marana Yoga

Until 4:53PM

Then Creative Work - Siddha Yoga

Bhuloka Day

1

Wednesday, May 2, 2018

Virshika Rasi: 10.1 Tithi 17 – 18

273832369

Gulika 10:27AM – 12:03PM
Yama 7:16AM – 8:52AM
Rahu 12:03PM – 1:38PM

Anuradha **Until 6:35PM**
Variyan **Until 10:18AM**
Vanija **Until 9:19PM**
Dvitiya Until 8:39AM

Ganesha: Purple
Muruqa: White
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sunrise: 5:41AM
Sunset: 6:25PM

Yangon, Myanmar
Sun 1 Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

2

Thursday, May 3, 2018

Virshika Rasi: 22.29 Tithi 18 – 19

274832369

Gulika 8:51AM – 10:27AM
Yama 5:40AM – 7:16AM
Rahu 1:38PM – 3:14PM

Jyeshtha* Until 8:38PM
Parigha* **Until 10:26AM**
Bava **Until 11:00PM**
Tritiya Until 10:04AM

Ganesha: Clear
Muruqa: White
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Sunrise: 5:40AM
Sunset: 6:25PM

Yangon, Myanmar
Sun 2 Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Routine Work Prabalarishta Yoga

Until 8:38PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Dhanus Rasi: 4.37 Tithi 19 – 20

284832369

Gulika 7:15AM – 8:51AM
Yama 3:14PM – 4:50PM
Rahu 10:27AM – 12:03PM

Mula* Until 11:29PM
Shiva **Until 10:58AM**
Kaulava **Until 1:09AM Sat**
Chaturthi* Until 12:00PM

Ganesha: White
Muruqa: White
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sunrise: 5:40AM
Sunset: 6:25PM

Yangon, Myanmar
Sun 3 Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 11:29PM

Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Saturday, May 5, 2018

Dhanus Rasi: 16.33 Tithi 20 – 21

284832369

Gulika 5:39AM – 7:15AM
Yama 1:38PM – 3:14PM
Rahu 8:51AM – 10:27AM

Purvashadha* Until 2:29AM Sun
Siddha **Until 11:47AM**
Gara **Until 3:37AM Sun**
Panchami Until 2:20PM

Ganesha: White
Muruqa: White
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sunrise: 5:39AM
Sunset: 6:26PM

Yangon, Myanmar
Sun 4 Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Siddha Yoga

Until 2:29AM Sun

Then Creative Work - Amrita Yoga

Devaloka Day

5

Sunday, May 6, 2018

Dhanus Rasi: 28.23 Tithi 21 – 22

284832369

Gulika 3:14PM – 4:50PM
Yama 12:02PM – 1:38PM
Rahu 4:50PM – 6:26PM

Uttarashadha Until 5:25AM Mon
Sadhya **Until 12:48PM**
Visti **Until 6:12AM Mon**
Shashthi* Until 4:53PM

Ganesha: White
Muruqa: White
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Sunrise: 5:39AM
Sunset: 6:26PM

Yangon, Myanmar
Sun 5 Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

6

Monday, May 7, 2018

Makara Rasi: 10.11 Tithi 22

294832369

Gulika 1:38PM – 3:14PM
Yama 10:26AM – 12:02PM
Rahu 7:14AM – 8:50AM

Shravana Until 8:34AM Tue
Subha **Until 1:52PM**
Visti **Until 6:12AM**
Saptami Until 7:26PM

Ganesha: Yellow
Muruqa: White
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sunrise: 5:38AM
Sunset: 6:26PM

Yangon, Myanmar
Sun 6 Sutra 22
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Creative Work Amrita Yoga

Until 8:34AM Tue

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM



Tuesday, May 8, 2018

Retreat Star

Makara Rasi: 22.03 Tithi 23

294832369

Gulika 12:02PM – 1:38PM
Yama 8:50AM – 10:26AM
Rahu 3:14PM – 4:51PM

Shravana Until 8:34AM
Sukla **Until 2:44PM**
Balava **Until 8:38AM**
Ashtami* Until 9:42PM

Ganesha: Yellow
Muruqa: White
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sunrise: 5:38AM
Sunset: 6:27PM

Yangon, Myanmar
Sun 7 Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Creative Work Siddha Yoga

Chidambaram Abhishekam

Bhuloka Day

Devaloka Time: 9:AM to12:PM

Wednesday, May 9, 2018

Retreat Star

Kumbha Rasi: 4.02 Tithi 24

294832369

Gulika 10:26AM – 12:02PM
Yama 7:14AM – 8:50AM
Rahu 12:02PM – 1:38PM

Dhanishtha Until 11:10AM
Brahma **Until 3:16PM**
Taitila **Until 10:40AM**
Navami* Until 11:27PM

Ganesha: Yellow
Muruqa: White
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Sunrise: 5:37AM
Sunset: 6:27PM

Yangon, Myanmar
Sun 8 Sutra 24
Vilamba 5120
Moon 4 - Phase 3
Navami

Routine Work Prabalarishta Yoga

Until 11:10AM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Thursday, May 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Yangon, Myanmar
Kumbha Rasi: 16.17	Tithi 25	Gulika 8:50AM – 10:26AM	Shatabhishak Until 1:00PM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	Sun 9	Sutra 25	Vilamba 5120
294832369	Rahu 1:38PM – 3:15PM	Yama 5:37AM – 7:13AM	Indra Until 3:19PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 4 - Phase 4		2nd Phase
Creative Work	Siddha Yoga		Vanija Until 12:05PM	Nataraja: Purple				
			Dashami Until 12:30AM Fri	Moon – Purple				
				Vaisaka-Chaitra				
						Bhuloka Day		
						Devaloka Time: 9:AM to12:PM		

2		Friday, May 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Yangon, Myanmar
Kumbha Rasi: 28.5	Tithi 26	Gulika 7:13AM – 8:49AM	Purvaproshtapada* Until 2:25PM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	Sun 10	Sutra 26	Vilamba 5120
214832369	Rahu 10:26AM – 12:02PM	Yama 3:15PM – 4:51PM	Vaidhriti* Until 2:44PM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4		2nd Phase
Creative Work	Siddha Yoga		Bava Until 12:44PM	Nataraja: Purple				
			Ekadashi* Until 12:44AM Sat	Moon – Clear				
				Vaisaka-Chaitra				
						Bhuloka Day		
						Devaloka Time: 9:AM to12:PM		

3		Saturday, May 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Yangon, Myanmar
Meena Rasi: 11.46	Tithi 27	Gulika 5:36AM – 7:13AM	Uttaraproshtapada Until 2:52PM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	Sun 11	Sutra 27	Vilamba 5120
214932369	Rahu 8:49AM – 10:26AM	Yama 1:38PM – 3:15PM	Vishkambha* Until 1:31PM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4		2nd Phase
Creative Work	Siddha Yoga		Kaulava Until 12:33PM	Nataraja: Purple				
Until 2:52PM			Dvadashi* Until 12:09AM Sun	Moon – Clear				
Then Routine Work - Prabalarishta Yoga				Vaisaka-Chaitra				
						Bhuloka Day		

4		Sunday, May 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar
Meena Rasi: 25.08	Tithi 28	Gulika 3:15PM – 4:52PM	Revati Until 2:23PM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	Sun 12	Sutra 28	Vilamba 5120
214932369	Rahu 4:52PM – 6:28PM	Yama 12:02PM – 1:39PM	Priti Until 11:40AM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4		2nd Phase
Creative Work	Amrita Yoga		Gara Until 11:35AM	Nataraja: Purple				
Until 2:23PM			Trayodashi* Until 10:48PM	Moon – Clear				
Then Creative Work - Siddha Yoga		Mother's Day	<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Chaitra				
						Bhuloka Day		

5		Monday, May 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar
Mesha Rasi: 8.55	Tithi 29	Gulika 1:39PM – 3:15PM	Ashvini Until 1:31PM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	Sun 13	Sutra 29	Vilamba 5120
Family Home Evening	224932369	Yama 10:25AM – 12:02PM	Ayushman Until 9:15AM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 4		2nd Phase
Creative Work	Siddha Yoga	Rahu 7:12AM – 8:49AM	Visti Until 9:54AM	Nataraja: Purple				
			Chaturdashi* Until 8:50PM	Moon – White				
				Vaisaka-Chaitra				
						Bhuloka Day		

Retreat Star		Tuesday, May 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar
Mesha Rasi: 23.05	Tithi 30	Gulika 12:02PM – 1:39PM	Bharani Until 11:58AM	Ganesha: Blue	<i>Sunrise:</i> 5:35AM	Sun 14	Sutra 30	Vilamba 5120
224932369	Rahu 3:15PM – 4:52PM	Yama 8:49AM – 10:25AM	Saubhagya Until 6:21AM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 4		Amavasya
Creative Work	Siddha Yoga		Catuspada Until 7:39AM	Nataraja: Purple				
			Amavasya* Until 6:21PM	Moon – White				
				Vaisaka-Vaikasi				
						Bhuloka Day		

Retreat Star		Wednesday, May 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar
Vrishabha Rasi: 7.33	Tithi 1 – 2	Gulika 10:25AM – 12:02PM	Krittika Until 9:52AM	Ganesha: Red	<i>Sunrise:</i> 5:35AM	Sun 15	Sutra 31	Vilamba 5120
225932369	Rahu 12:02PM – 1:39PM	Yama 7:12AM – 8:48AM	Athiganda* Until 11:38PM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 4		Prathama
Creative Work	Amrita Yoga		Balava Until 2:03AM Thu	Nataraja: Purple				
Until 9:52AM			Prathama* Until 3:31PM	Moon – White				
Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi				
						Bhuloka Day		
						Devaloka Time: 9:AM to12:PM		

1	Thursday, May 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau				Yangon, Myanmar Sun 16 Sutra 32
	Vrishabha Rasi: 22.12	Tithi 2 - 3	235932369	Gulika 8:48AM - 10:25AM Yama 5:35AM - 7:11AM Rahu 1:39PM - 3:16PM	Rohini Until 7:50AM Sukarma Until 8:04PM Taitila Until 11:00PM Dvitiya Until 12:31PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon - Yellow Jyeshtha Adhika-Vaikasi	Sunrise: 5:35AM Sunset: 6:29PM Moon 4 - Phase 5 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Routine Work Marana Yoga						

2	Friday, May 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Yangon, Myanmar Sun 17 Sutra 33
	Mithuna Rasi: 6.55	Tithi 3 - 4	235932369	Gulika 7:11AM - 8:48AM Yama 3:16PM - 4:53PM Rahu 10:25AM - 12:02PM	Ardra Until 3:16AM Sat Dhriti Until 4:30PM Vanija Until 7:59PM Tritiya Until 9:28AM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon - Yellow Jyeshtha Adhika-Vaikasi	Sunrise: 5:34AM Sunset: 6:30PM Moon 4 - Phase 5 3rd Phase Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Creative Work Siddha Yoga						

3	Saturday, May 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 34
	Mithuna Rasi: 21.34	Tithi 4 - 5	245932369	Gulika 5:34AM - 7:11AM Yama 1:39PM - 3:16PM Rahu 8:48AM - 10:25AM	Punarvasu Until 1:25AM Sun Shula* Until 1:02PM Balava Until 3:45AM Sun Chaturthi* Until 6:30AM	Ganesha: White Muruqa: White Nataraja: Purple Moon - Blue Jyeshtha Adhika-Vaikasi	Sunrise: 5:34AM Sunset: 6:30PM Moon 4 - Phase 5 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						

4	Sunday, May 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashtham Titau				Yangon, Myanmar Sun 19 Sutra 35
	Kataka Rasi: 6.05	Tithi 6	245932369	Gulika 3:16PM - 4:53PM Yama 12:02PM - 1:39PM Rahu 4:53PM - 6:30PM	Pushya Until 11:43PM Ganda* Until 9:46AM Kaulava Until 2:30PM Shashthi* Until 1:18AM Mon	Ganesha: White Muruqa: White Nataraja: Purple Moon - Blue Jyeshtha Adhika-Vaikasi	Sunrise: 5:34AM Sunset: 6:30PM Moon 4 - Phase 5 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						

5	Monday, May 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 36
	Kataka Rasi: 20.23	Tithi 7	245932369	Gulika 1:39PM - 3:17PM Yama 10:25AM - 12:02PM Rahu 7:11AM - 8:48AM	Ashlesha* Until 10:14PM Vridhhi Until 6:47AM Gara Until 12:13PM Saptami Until 11:12PM	Ganesha: White Muruqa: White Nataraja: Purple Moon - Blue Jyeshtha Adhika-Vaikasi	Sunrise: 5:34AM Sunset: 6:31PM Moon 4 - Phase 5 3rd Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga Until 10:14PM Then Routine Work - Marana Yoga						

6	Tuesday, May 22, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 37
	Retreat Star			Gulika 12:02PM - 1:39PM Yama 8:48AM - 10:25AM Rahu 3:17PM - 4:54PM	Magha* Until 9:25PM Vyaghata* Until 1:43AM Wed Visti Until 10:19AM Ashtami* Until 9:30PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon - Red Jyeshtha Adhika-Vaikasi	Sunrise: 5:33AM Sunset: 6:31PM Moon 4 - Phase 5 Ashtami Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Simha Rasi: 4.26 Tithi 8 Creative Work Siddha Yoga		255932369				

7	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 38
	Retreat Star			Gulika 10:25AM - 12:02PM Yama 7:10AM - 8:48AM Rahu 12:02PM - 1:40PM	Purvaphalguni Until 8:53PM Harshana Until 11:42PM Balava Until 8:49AM Navami* Until 8:12PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon - Red Jyeshtha Adhika-Vaikasi	Sunrise: 5:33AM Sunset: 6:32PM Moon 4 - Phase 5 Navami Bhuloka Day Devaloka Time: 9:AM to 12:PM
	Simha Rasi: 18.13 Tithi 9 Creative Work Amrita Yoga		255932369				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1	Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 23
	Kanya Rasi: 1.47	Tithi 10	Gulika 8:48AM – 10:25AM	Uttaraphalguni Until 8:35PM	Ganesha: Clear <i>Sunrise:</i> 5:33AM	Vilamba 5120	
		255932369	Yama 5:33AM – 7:10AM	Vajra* Until 9:58PM	Muruqa: White <i>Sunset:</i> 6:32PM	Moon 4 - Phase 6	
	Amrita Yoga		Rahu 1:40PM – 3:17PM	Taitila Until 7:43AM	Nataraja: Purple	4th Phase	
	Until 8:35PM			Dashami Until 7:18PM	Bhuloka Day		
	Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi Devaloka Time: 9:AM to 12:PM		

2	Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar Sun 24
	Kanya Rasi: 15.07	Tithi 11	Gulika 7:10AM – 8:48AM	Hasta Until 8:58PM	Ganesha: Clear <i>Sunrise:</i> 5:33AM	Vilamba 5120	
		266932369	Yama 3:17PM – 4:55PM	Siddhi Until 8:34PM	Muruqa: White <i>Sunset:</i> 6:32PM	Moon 4 - Phase 6	
	Creative Work Amrita Yoga		Rahu 10:25AM – 12:03PM	Vanija Until 7:01AM	Nataraja: Purple	4th Phase	
	Until 8:58PM			Ekadashi Until 6:48PM	Bhuloka Day		
	Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM		

3	Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25
	Kanya Rasi: 28.14	Tithi 12	Gulika 5:33AM – 7:10AM	Chitra Until 9:35PM	Ganesha: Purple <i>Sunrise:</i> 5:33AM	Vilamba 5120	
		366932369	Yama 1:40PM – 3:18PM	Vyatipata* Until 7:29PM	Muruqa: White <i>Sunset:</i> 6:33PM	Moon 4 - Phase 6	
	Routine Work Marana Yoga		Rahu 8:48AM – 10:25AM	Bava Until 6:42AM	Nataraja: Purple	4th Phase	
	Until 9:35PM			Dvadashi Until 6:41PM	Bhuloka Day		
	Then Creative Work - Siddha Yoga				Jyeshtha Adhika-Vaikasi		

4	Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26
	Tula Rasi: 11.1	Tithi 13	Gulika 3:18PM – 4:55PM	Svati Until 10:26PM	Ganesha: Purple <i>Sunrise:</i> 5:33AM	Vilamba 5120	
		366932369	Yama 12:03PM – 1:40PM	Varyan Until 6:41PM	Muruqa: White <i>Sunset:</i> 6:33PM	Moon 4 - Phase 6	
	Creative Work Siddha Yoga		Rahu 4:55PM – 6:33PM	Kaulava Until 6:47AM	Nataraja: Purple	4th Phase	
	Until 10:26PM			Trayodashi Until 6:57PM	Bhuloka Day		
	Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	Jyeshtha Adhika-Vaikasi		

5	Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27
	Tula Rasi: 23.54	Tithi 14	Gulika 1:40PM – 3:18PM	Vishakha Until 12:00AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:32AM	Vilamba 5120	
	Family Home Evening		Yama 10:25AM – 12:03PM	Parigha* Until 6:14PM	Muruqa: White <i>Sunset:</i> 6:33PM	Moon 4 - Phase 6	
	Routine Work Marana Yoga		Rahu 7:10AM – 8:48AM	Gara Until 7:16AM	Nataraja: Purple	4th Phase	
	Until 12:00AM Tue			Chaturdashi* Until 7:39PM	Bhuloka Day		
	Then Creative Work - Siddha Yoga		Vaikasi Visakam		Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM		

	Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sun 28
	Vrischika Rasi: 6.26	Tithi 15	Gulika 12:03PM – 1:41PM	Anuradha Until 1:52AM Wed	Ganesha: Clear <i>Sunrise:</i> 5:32AM	Vilamba 5120	
		376932369	Yama 8:48AM – 10:25AM	Shiva Until 6:09PM	Muruqa: White <i>Sunset:</i> 6:34PM	Moon 4 - Phase 6	
	Creative Work Siddha Yoga		Rahu 3:18PM – 4:56PM	Visti Until 8:11AM	Nataraja: Purple	Purnima	
				Purnima* Until 8:47PM	Bhuloka Day		
					Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM		

6	Wednesday, May 30, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sun 29
	Vrischika Rasi: 18.46	Tithi 16	Gulika 10:25AM – 12:03PM	Jyeshtha* Until 3:59AM Thu	Ganesha: Clear <i>Sunrise:</i> 5:32AM	Vilamba 5120	
		376932369	Yama 7:10AM – 8:48AM	Siddha Until 6:23PM	Muruqa: White <i>Sunset:</i> 6:34PM	Moon 4 - Phase 6	
	Creative Work Siddha Yoga		Rahu 12:03PM – 1:41PM	Balava Until 9:33AM	Nataraja: Purple	Prathama	
				Prathama* Until 10:22PM	Bhuloka Day		
					Jyeshtha Adhika-Vaikasi Devaloka Time: 6:AM to 9:AM		



Thursday, May 31, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Taitila/Gara Karana Dvityayam Titau

Yangon, Myanmar
Sun 1 Sutra 46

Dhanus Rasi: 0.55 Tithi 17

Gulika 8:48AM – 10:25AM
Yama 5:32AM – 7:10AM
386932369 **Rahu** 1:41PM – 3:19PM

Mula* Until 6:49AM Fri
Sadhya Until 6:57PM
Taitila Until 11:21AM
Dvitiya Until 12:23AM Fri

Ganesha: White *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:34PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga
Until 6:49AM Fri
Then Routine Work - Prabalarishta Yoga

Bhuloka Day

1

Friday, June 1, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Trityayam Titau

Yangon, Myanmar
Sun 2 Sutra 47

Dhanus Rasi: 12.55 Tithi 18

Gulika 7:10AM – 8:48AM
Yama 3:19PM – 4:57PM
386932369 **Rahu** 10:26AM – 12:03PM

Mula* Until 6:49AM
Subha Until 7:48PM
Vanija Until 1:32PM
Tritiya Until 2:43AM Sat

Ganesha: White *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:35PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Amrita Yoga
Until 6:49AM
Then Routine Work - Prabalarishta Yoga

Bhuloka Day

2

Saturday, June 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Balava Karana Chaturtham Titau

Yangon, Myanmar
Sun 3 Sutra 48

Dhanus Rasi: 24.47 Tithi 19

Gulika 5:32AM – 7:10AM
Yama 1:41PM – 3:19PM
387932369 **Rahu** 8:48AM – 10:26AM

Purvashadha* Until 9:47AM
Sukla Until 8:50PM
Bava Until 4:00PM
Chaturthi* Until 5:17AM Sun

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:35PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga
Until 9:47AM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

3

Sunday, June 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 49

Makara Rasi: 6.35 Tithi 20

Gulika 3:19PM – 4:57PM
Yama 12:04PM – 1:42PM
387932369 **Rahu** 4:57PM – 6:35PM

Uttarashadha Until 12:45PM
Brahma Until 9:57PM
Kaulava Until 6:36PM
Panchami Until 7:52AM Mon

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:35PM
Nataraja: Purple
Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Amrita Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

4

Monday, June 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 50

Makara Rasi: 18.23 Tithi 20 – 21

Gulika 1:42PM – 3:20PM
Yama 10:26AM – 12:04PM
397932369 **Rahu** 7:10AM – 8:48AM

Shravana Until 4:02PM
Indra Until 11:00PM
Gara Until 9:07PM
Panchami Until 7:52AM

Ganesha: Blue *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:36PM
Nataraja: Purple
Moon – Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Amrita Yoga
Until 4:02PM
Then Creative Work - Siddha Yoga

Devaloka Day

5

Tuesday, June 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 51

Kumbha Rasi: 0.14 Tithi 21 – 22

Gulika 12:04PM – 1:42PM
Yama 8:48AM – 10:26AM
397132361 **Rahu** 3:20PM – 4:58PM

Dhanishtha Until 6:55PM
Vaidhriti* Until 11:47PM
Visti Until 11:21PM
Shashthi* Until 10:16AM

Ganesha: Purple *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:36PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
1st Phase

Creative Work Siddha Yoga
Until 6:55PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Wednesday, June 6, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 52

Kumbha Rasi: 12.13 Tithi 22 – 23

Gulika 10:26AM – 12:04PM
Yama 7:10AM – 8:48AM
397132361 **Rahu** 12:04PM – 1:42PM

Shatabhishak Until 9:09PM
Vishkambha* Until 12:11AM Thu
Balava Until 1:03AM Thu
Saptami Until 12:15PM

Ganesha: Purple *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:36PM
Nataraja: White
Moon – Purple
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Ashtami

Creative Work Siddha Yoga
Until 9:09PM
Then Creative Work - Amrita Yoga

Devaloka Day

Thursday, June 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 53

Kumbha Rasi: 24.27 Tithi 23 – 24

Gulika 8:48AM – 10:26AM
Yama 5:32AM – 7:10AM
317132361 **Rahu** 1:42PM – 3:21PM

Purvaproshtapada* Until 11:03PM
Priti Until 12:03AM Fri
Taitila Until 2:03AM Fri
Ashtami* Until 1:38PM

Ganesha: Blue *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:37PM
Nataraja: White
Moon – Clear
Jyeshtha Adhika-Vaikasi

Vilamba 5120
Moon 5 - Phase 7
Navami

Creative Work Siddha Yoga

Devaloka Day

1		Friday, June 8, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Yangon, Myanmar Sun 9	Sutra 54
Meena Rasi: 6.59	Tithi 24 – 25	318132361	Gulika 7:10AM – 8:48AM Yama 3:21PM – 4:59PM Rahu 10:26AM – 12:05PM	Uttaraproshtapada Until 12:01AM Sat Ayushman Until 11:15PM Vanija Until 2:14AM Sat Navami* Until 2:14PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Clear	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:37PM	Vilamba 5120	Moon 5 - Phase 8 2nd Phase	
Creative Work Siddha Yoga		Until 12:01AM Sat				Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabalarishta Yoga									
2		Saturday, June 9, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 10	Sutra 55
Meena Rasi: 19.55	Tithi 25 – 26	318132361	Gulika 5:32AM – 7:10AM Yama 1:43PM – 3:21PM Rahu 8:48AM – 10:27AM	Revati Until 11:59PM Saubhagya Until 9:48PM Bava Until 1:34AM Sun Dashami Until 1:59PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Clear	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:37PM	Vilamba 5120	Moon 5 - Phase 8 2nd Phase	
Routine Work Prabalarishta Yoga		Until 11:59PM				Bhuloka Day		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga									
3		Sunday, June 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 11	Sutra 56
Mesha Rasi: 3.18	Tithi 26 – 27	328132361	Gulika 3:21PM – 4:59PM Yama 12:05PM – 1:43PM Rahu 4:59PM – 6:38PM	Ashvini Until 11:28PM Sobhana Until 7:43PM Kaulava Until 12:06AM Mon Ekadashi* Until 12:55PM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:38PM	Vilamba 5120	Moon 5 - Phase 8 2nd Phase	
Creative Work Siddha Yoga		Until 11:28PM				Bhuloka Day			
Then Routine Work - Prabalarishta Yoga									
4		Monday, June 11, 2018		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 12	Sutra 57
Mesha Rasi: 17.08	Tithi 27 – 28	328132361	Gulika 1:43PM – 3:22PM Yama 10:27AM – 12:05PM Rahu 7:11AM – 8:49AM	Bharani Until 10:05PM Athiganda* Until 5:00PM Gara Until 9:55PM Dvadashi* Until 11:04AM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:38PM	Vilamba 5120	Moon 5 - Phase 8 2nd Phase	
Family Home Evening		Creative Work Siddha Yoga		Until 10:05PM		Bhuloka Day			
Then Routine Work - Marana Yoga									
5		Tuesday, June 12, 2018		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 13	Sutra 58
Vrishabha Rasi: 1.25	Tithi 28 – 29	328132361	Gulika 12:05PM – 1:44PM Yama 8:49AM – 10:27AM Rahu 3:22PM – 5:00PM	Krittika Until 7:59PM Sukarma Until 1:48PM Visti Until 7:10PM Trayodashi* Until 8:35AM	Ganesha: Green Muruqa: White Nataraja: White Moon – White	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 6:38PM	Vilamba 5120	Moon 5 - Phase 8 2nd Phase	
Creative Work Siddha Yoga		Until 7:59PM				Bhuloka Day			
Then Creative Work - Amrita Yoga									
Retreat Star		Wednesday, June 13, 2018		Vilamba Nama Samvatsare Ularayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar Sun 14	Sutra 59
Vrishabha Rasi: 16.03	Tithi 30	338132361	Gulika 10:27AM – 12:06PM Yama 7:11AM – 8:49AM Rahu 12:06PM – 1:44PM	Rohini Until 5:45PM Dhriti Until 10:13AM Catuspada Until 4:00PM Amavasya* Until 2:17AM Thu	Ganesha: White Muruqa: White Nataraja: White Moon – Yellow	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 6:39PM	Vilamba 5120	Moon 5 - Phase 8 Amavasya	
Creative Work Siddha Yoga						Bhuloka Day			
Retreat Star		Thursday, June 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar Sun 15	Sutra 60
Mithuna Rasi: 0.57	Tithi 1	338132361	Gulika 8:49AM – 10:27AM Yama 5:33AM – 7:11AM Rahu 1:44PM – 3:22PM	Mrigashira Until 3:07PM Shula* Until 6:22AM Kintughna Until 12:33PM Prathama* Until 10:46PM	Ganesha: White Muruqa: White Nataraja: White Moon – Yellow	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 6:39PM	Vilamba 5120	Moon 5 - Phase 8 Prathama	
Routine Work Marana Yoga						Bhuloka Day			

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau			Yangon, Myanmar Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 15.59	Tithi 2	Gulika 7:11AM – 8:49AM	Ardra Until 12:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:33AM			
		Yama 3:23PM – 5:01PM	Vriddhi Until 10:26PM	Muruqa: White	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 9		
		339132361 Rahu 10:28AM – 12:06PM	Balava Until 9:01AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Dvitiya Until 7:14PM	Moon – Yellow		Bhuloka Day		
				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM		

2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Yangon, Myanmar Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 0.59	Tithi 3 – 4	Gulika 5:33AM – 7:11AM	Punarvasu Until 9:46AM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM			
		Yama 1:44PM – 3:23PM	Dhruva Until 6:35PM	Muruqa: White	<i>Sunset:</i> 6:39PM	Moon 5 - Phase 9		
		349132361 Rahu 8:50AM – 10:28AM	Vanija Until 2:14AM Sun	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Tritiya Until 3:50PM	Moon – Blue		Bhuloka Day		
				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM		

3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Yangon, Myanmar Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 15.49	Tithi 4 – 5	Gulika 3:23PM – 5:01PM	Pushya Until 7:21AM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM			
		Yama 12:06PM – 1:45PM	Vyaghata* Until 2:58PM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 9		
		349132361 Rahu 5:01PM – 6:40PM	Bava Until 11:16PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Chaturthi* Until 12:41PM	Moon – Blue		Bhuloka Day		
		Father's Day		Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM		

4		Monday, June 18, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Yangon, Myanmar Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 0.24	Tithi 5 – 6	Gulika 1:45PM – 3:23PM	Magha* Until 3:44AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:33AM			
Family Home Evening		Yama 10:28AM – 12:07PM	Harshana Until 11:43AM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 9		
Routine Work	Marana Yoga	359132361 Rahu 7:12AM – 8:50AM	Kaulava Until 8:45PM	Nataraja: White		3rd Phase		
Until 3:44AM Tue			Panchami Until 9:56AM	Moon – Red		Devaloka Day		
Then Creative Work - Siddha Yoga				Jyeshtha-Ani				

5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Tailla*/Gara Karana Shashthi/Saplamyam Titau			Yangon, Myanmar Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 14.39	Tithi 6 – 7	Gulika 12:07PM – 1:45PM	Purvaphalguni Until 2:42AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:33AM			
		Yama 8:50AM – 10:28AM	Vajra* Until 8:50AM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 9		
		359132361 Rahu 3:23PM – 5:02PM	Gara Until 6:45PM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Shashthi* Until 7:39AM	Moon – Red		Devaloka Day		
Until 2:42AM Wed				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								

Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau			Yangon, Myanmar Sun 21 Sutra 66 Vilamba 5120	
Simha Rasi: 28.32	Tithi 8	Gulika 10:29AM – 12:07PM	Uttaraphalguni Until 2:06AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:34AM			
		Yama 7:12AM – 8:50AM	Siddhi Until 6:25AM	Muruqa: White	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 9		
		359132361 Rahu 12:07PM – 1:45PM	Visti Until 5:19PM	Nataraja: White		Ashtami		
Creative Work	Amrita Yoga		Ashtami* Until 4:49AM Thu	Moon – Red		Devaloka Day		
Until 2:06AM Thu		Chidambaram Abhishekam		Jyeshtha-Ani				
Then Routine Work - Marana Yoga								

Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau			Yangon, Myanmar Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 12.05	Tithi 9	Gulika 8:51AM – 10:29AM	Hasta Until 2:24AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:34AM			
		Yama 5:34AM – 7:12AM	Variyan Until 3:03AM Fri	Muruqa: White	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 9		
		369132361 Rahu 1:46PM – 3:24PM	Balava Until 4:30PM	Nataraja: White		Navami		
Routine Work	Marana Yoga		Navami* Until 4:17AM Fri	Moon – Green		Bhuloka Day		
Until 2:24AM Fri				Jyeshtha-Ani		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga								

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 23
	Kanya Rasi: 25.17	Tithi 10	361132361	Gulika 7:12AM – 8:51AM Yama 3:24PM – 5:02PM Rahu 10:29AM – 12:07PM	Chitra Until 3:05AM Sat Parigha* Until 2:02AM Sat Taitila Until 4:15PM Dashami Until 4:19AM Sat	Ganesha: Green <i>Sunrise:</i> 5:34AM Muruqa: White <i>Sunset:</i> 6:41PM Nataraja: White Moon – Green Jyeshtha-Ani	Sutra 68 Vilamba 5120 Moon 5 - Phase 10 4th Phase Bhuloka Day
	Creative Work	Siddha Yoga					


2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar Sun 24
	Tula Rasi: 8.13	Tithi 11	361132361	Gulika 5:34AM – 7:13AM Yama 1:46PM – 3:24PM Rahu 8:51AM – 10:29AM	Svati Until 4:08AM Sun Shiva Until 1:28AM Sun Vanija Until 4:33PM Ekadashi Until 4:51AM Sun	Ganesha: Green <i>Sunrise:</i> 5:34AM Muruqa: White <i>Sunset:</i> 6:41PM Nataraja: White Moon – Green Jyeshtha-Ani	Sutra 69 Vilamba 5120 Moon 5 - Phase 10 4th Phase Bhuloka Day
	Creative Work	Siddha Yoga					
	Until 4:08AM Sun	Then Routine Work - Marana Yoga					

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25
	Tula Rasi: 20.53	Tithi 12	371132361	Gulika 3:25PM – 5:03PM Yama 12:08PM – 1:46PM Rahu 5:03PM – 6:41PM	Vishakha Until 5:58AM Mon Siddha Until 1:15AM Mon Bava Until 5:20PM Dvadashi Until 5:53AM Mon	Ganesha: Red <i>Sunrise:</i> 5:35AM Muruqa: White <i>Sunset:</i> 6:41PM Nataraja: White Moon – Orange Jyeshtha-Ani	Sutra 70 Vilamba 5120 Moon 5 - Phase 10 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
	Routine Work	Marana Yoga					
	Until 5:58AM Mon	Then Creative Work - Siddha Yoga					

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava Karana Trayodashyam Titau				Yangon, Myanmar Sun 26
	Vrischika Rasi: 3.2	Tithi 13	371142361	Gulika 1:46PM – 3:25PM Yama 10:30AM – 12:08PM Rahu 7:13AM – 8:51AM	Anuradha Until 8:03AM Tue Sadhya Until 1:22AM Tue Kaulava Until 6:35PM Trayodashi Until 7:20AM Tue	Ganesha: Red <i>Sunrise:</i> 5:35AM Muruqa: Clear <i>Sunset:</i> 6:41PM Nataraja: White Moon – Orange Jyeshtha-Ani	Sutra 71 Vilamba 5120 Moon 5 - Phase 10 4th Phase Devaloka Day
	Family Home Evening	Creative Work					
	Until 8:03AM Tue	Then Routine Work - Marana Yoga					

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 27
	Vrischika Rasi: 15.37	Tithi 13 – 14	371142361	Gulika 12:08PM – 1:47PM Yama 8:52AM – 10:30AM Rahu 3:25PM – 5:03PM	Anuradha Until 8:03AM Subha Until 1:50AM Wed Gara Until 8:14PM Trayodashi Until 7:20AM	Ganesha: Red <i>Sunrise:</i> 5:35AM Muruqa: Clear <i>Sunset:</i> 6:42PM Nataraja: White Moon – Orange Jyeshtha-Ani	Sutra 72 Vilamba 5120 Moon 5 - Phase 10 4th Phase Devaloka Day
	Creative Work	Siddha Yoga					
	Until 8:03AM	Then Routine Work - Marana Yoga					

	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar Sutra 73
	Copper Retreat Star		371142361	Gulika 10:30AM – 12:08PM Yama 7:14AM – 8:52AM Rahu 12:08PM – 1:47PM	Jyeshtha* Until 10:21AM Sukla Until 2:31AM Thu Visti Until 10:15PM Chaturdashi* Until 9:10AM	Ganesha: Red <i>Sunrise:</i> 5:35AM Muruqa: Clear <i>Sunset:</i> 6:42PM Nataraja: White Moon – Orange Jyeshtha-Ani	Vilamba 5120 Moon 5 - Phase 10 Purnima Devaloka Day
	Vrischika Rasi: 27.44	Tithi 14 – 15					
	Creative Work	Siddha Yoga					

	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar Sutra 74
	Silver Retreat Star		381142361	Gulika 8:52AM – 10:30AM Yama 5:36AM – 7:14AM Rahu 1:47PM – 3:25PM	Mula* Until 1:18PM Brahma Until 3:27AM Fri Balava Until 12:33AM Fri Purnima* Until 11:21AM	Ganesha: Blue <i>Sunrise:</i> 5:36AM Muruqa: Clear <i>Sunset:</i> 6:42PM Nataraja: White Moon – Light Blue Jyeshtha-Ani	Vilamba 5120 Moon 5 - Phase 10 Prathama Bhuloka Day Devaloka Time: 12:PM to 3:PM
	Dhanus Rasi: 9.42	Tithi 15 – 16					
	Creative Work	Siddha Yoga					



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha/Uttarashadha Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 75
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Dhanus Rasi: 21.35 Tithi 16 – 17

381142361

Gulika 7:14AM – 8:52AM
Yama 3:25PM – 5:04PM
Rahu 10:31AM – 12:09PM

Purvashadha* Until 4:19PM
Indra Until 4:32AM Sat
Taitila Until 3:04AM Sat
Prathama* Until 1:46PM

Ganesha: Blue *Sunrise:* 5:36AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga
Until 4:19PM
Then Routine Work - Marana Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 76
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Makara Rasi: 3.23 Tithi 17 – 18

381242361

Gulika 5:36AM – 7:14AM
Yama 1:47PM – 3:26PM
Rahu 8:53AM – 10:31AM

Uttarashadha Until 7:17PM
Vaidhriti* Until 5:39AM Sun
Vanija Until 5:40AM Sun
Dvitiya Until 4:21PM

Ganesha: Blue *Sunrise:* 5:36AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 7:17PM
Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Visti* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 77
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Makara Rasi: 15.1 Tithi 18

391242361

Gulika 3:26PM – 5:04PM
Yama 12:09PM – 1:48PM
Rahu 5:04PM – 6:42PM

Shravana Until 10:36PM
Vishkambha* Until 6:44AM Mon
Visti Until 6:56PM
Tritiya Until 6:56PM

Ganesha: Red *Sunrise:* 5:36AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga
Until 10:36PM
Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 3 Sutra 78
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Makara Rasi: 26.58 Tithi 19

391242361

Gulika 1:48PM – 3:26PM
Yama 10:31AM – 12:09PM
Rahu 7:15AM – 8:53AM

Dhanishtha Until 1:35AM Tue
Vishkambha* Until 6:44AM
Bava Until 8:13AM
Chaturthi* Until 9:23PM

Ganesha: Red *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 1:35AM Tue
Then Routine Work - Marana Yoga

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 79
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 8.51 Tithi 20

392242361

Gulika 12:10PM – 1:48PM
Yama 8:53AM – 10:31AM
Rahu 3:26PM – 5:04PM

Shatabhishak Until 4:04AM Wed
Priti Until 7:40AM
Kaulava Until 10:31AM
Panchami Until 11:30PM

Ganesha: Yellow *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga
Until 4:04AM Wed
Then Creative Work - Amrita Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 80
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 20.53 Tithi 21

312242361

Gulika 10:32AM – 12:10PM
Yama 7:15AM – 8:54AM
Rahu 12:10PM – 1:48PM

Purvaproshtapada* Until 6:23AM Thu
Ayushman Until 8:16AM
Gara Until 12:25PM
Shashthi* Until 1:08AM Thu

Ganesha: Orange *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga
Until 6:23AM Thu
Then Creative Work - Siddha Yoga

6

Thursday, July 5, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saplamyam Titau

Yangon, Myanmar
Sun 6 Sutra 81
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Meena Rasi: 3.07 Tithi 22

312242361

Gulika 8:54AM – 10:32AM
Yama 5:38AM – 7:16AM
Rahu 1:48PM – 3:26PM

Purvaproshtapada* Until 6:23AM
Saubhagya Until 8:28AM
Visti Until 1:45PM
Saptami Until 2:08AM Fri

Ganesha: Orange *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 82
Vilamba 5120
Moon 6 - Phase 11
Ashtami

Meena Rasi: 15.39 Tithi 23

312242361

Gulika 7:16AM – 8:54AM
Yama 3:26PM – 5:04PM
Rahu 10:32AM – 12:10PM

Uttaraproshtapada Until 7:53AM
Sobhana Until 8:09AM
Balava Until 2:23PM
Ashtami* Until 2:24AM Sat

Ganesha: Orange *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Saturday, July 7, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 83
Vilamba 5120
Moon 6 - Phase 11
Navami

Meena Rasi: 28.32 Tithi 24

412242361

Gulika 5:38AM – 7:16AM
Yama 1:48PM – 3:26PM
Rahu 8:54AM – 10:32AM

Revati Until 8:29AM
Athiganda* Until 7:13AM
Taitila Until 2:14PM
Navami* Until 1:51AM Sun

Ganesha: Green *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga
Until 8:29AM
Then Creative Work - Siddha Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Vanija/Visli* Karana Dashamyam Titau			Yangon, Myanmar Sun 9 Sutra 84
Mesha Rasi: 11.51	Tithi 25	Gulika 3:27PM – 5:05PM	Ashvini Until 8:37AM	Ganesha: Orange <i>Sunrise:</i> 5:39AM	Vilamba 5120
		Yama 12:11PM – 1:49PM	Dhriti Until 3:28AM Mon	Muruqa: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12
	422242361	Rahu 5:05PM – 6:42PM	Vanija Until 1:18PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:31AM Mon	Moon – White	Devaloka Day
Until 8:37AM				Jyeshtha-Ani	
Then Routine Work - Prabalarishta Yoga					

2 Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau			Yangon, Myanmar Sun 10 Sutra 85
Mesha Rasi: 25.36	Tithi 26	Gulika 1:49PM – 3:27PM	Bharani Until 7:48AM	Ganesha: Orange <i>Sunrise:</i> 5:39AM	Vilamba 5120
Family Home Evening		Yama 10:33AM – 12:11PM	Shula* Until 12:40AM Tue	Muruqa: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	422242361 Rahu 7:17AM – 8:55AM	Bava Until 11:35AM	Nataraja: White	2nd Phase
Until 7:48AM			Ekadashi* Until 10:27PM	Moon – White	Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Ani	

3 Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Kaulava/Tailila Karana Dvadashtyam Titau			Yangon, Myanmar Sun 11 Sutra 86
Vrishabha Rasi: 9.48	Tithi 27	Gulika 12:11PM – 1:49PM	Krittika Until 6:10AM	Ganesha: Orange <i>Sunrise:</i> 5:39AM	Vilamba 5120
		Yama 8:55AM – 10:33AM	Ganda* Until 9:22PM	Muruqa: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12
	422242361	Rahu 3:27PM – 5:05PM	Kaulava Until 9:11AM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dvadashti* Until 7:45PM	Moon – White	Devaloka Day
Until 6:10AM				Jyeshtha-Ani	
Then Creative Work - Amrita Yoga					

4 Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau			Yangon, Myanmar Sun 12 Sutra 87
Vrishabha Rasi: 24.25	Tithi 28 – 29	Gulika 10:33AM – 12:11PM	Mrigashira Until 1:42AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 5:39AM	Vilamba 5120
		Yama 7:17AM – 8:55AM	Vridhhi Until 5:41PM	Muruqa: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12
	432242361	Rahu 12:11PM – 1:49PM	Gara Until 6:14AM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:34PM	Moon – Yellow	Bhuloka Day
Until 1:42AM Thu				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>		

Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Yangon, Myanmar Sun 13 Sutra 88
Retreat Star		Gulika 8:55AM – 10:33AM	Ardra Until 10:47PM	Ganesha: Light Blue <i>Sunrise:</i> 5:40AM	Vilamba 5120
Mithuna Rasi: 9.2	Tithi 29 – 30	Yama 5:40AM – 7:18AM	Dhruva Until 1:42PM	Muruqa: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12
	432242361	Rahu 1:49PM – 3:27PM	Catuspada Until 11:13PM	Nataraja: White	Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 1:03PM	Moon – Yellow	Bhuloka Day
Until 10:47PM				Jyeshtha-Ani	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga					

Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Yangon, Myanmar Sun 14 Sutra 89
Retreat Star		Gulika 7:18AM – 8:56AM	Punarvasu Until 8:00PM	Ganesha: Purple <i>Sunrise:</i> 5:40AM	Vilamba 5120
Mithuna Rasi: 24.28	Tithi 30 – 1	Yama 3:27PM – 5:05PM	Vyaghata* Until 9:34AM	Muruqa: Clear <i>Sunset:</i> 6:42PM	Moon 6 - Phase 12
	442242361	Rahu 10:33AM – 12:11PM	Kintughna Until 7:28PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Amavasya* Until 9:20AM	Moon – Blue	Bhuloka Day
Until 8:00PM		Partial Solar Eclipse		Ashada-Ani	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar
	Kataka Rasi: 9.38	Tithi 2	Gulika 5:40AM – 7:18AM	Pushya Until 5:08PM	Ganesha: Purple	<i>Sunrise:</i> 5:40AM	Sun 15 Sutra 90
		442242361	Yama 1:49PM – 3:27PM	Vajra* Until 1:21AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120
			Rahu 8:56AM – 10:34AM	Balava Until 3:46PM	Nataraja: White		Moon 6 - Phase 13
				Dvitiya Until 1:58AM Sun	Moon – Blue		3rd Phase
					Ashada*Ani	Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

2	Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Yangon, Myanmar
	Kataka Rasi: 24.43	Tithi 3	Gulika 3:27PM – 5:04PM	Ashlesha* Until 2:21PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	Sun 16 Sutra 91
		442242361	Yama 12:11PM – 1:49PM	Siddhi Until 9:32PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120
			Rahu 5:04PM – 6:42PM	Taitila Until 12:16PM	Nataraja: White		Moon 6 - Phase 13
				Tritiya Until 10:37PM	Moon – Blue		3rd Phase
					Ashada*Ani	Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

3	Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Yangon, Myanmar
	Simha Rasi: 9.32	Tithi 4	Gulika 1:49PM – 3:27PM	Magha* Until 12:13PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	Sun 17 Sutra 92
Family Home Evening		453242361	Yama 10:34AM – 12:12PM	Vyatipata* Until 6:04PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120
			Rahu 7:19AM – 8:56AM	Vanija Until 9:07AM	Nataraja: White		Moon 6 - Phase 13
				Chaturthi* Until 7:42PM	Moon – Red		3rd Phase
					Ashada*Adi	Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

4	Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar
	Simha Rasi: 24.01	Tithi 5 – 6	Gulika 12:12PM – 1:49PM	Purvaphalguni Until 10:26AM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	Sun 18 Sutra 93
		453242362	Yama 8:57AM – 10:34AM	Variyan Until 3:01PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120
			Rahu 3:27PM – 5:04PM	Bava Until 6:27AM	Nataraja: Clear		Moon 6 - Phase 13
				Panchami Until 5:19PM	Moon – Red		3rd Phase
					Ashada*Adi	Devaloka Day	

5	Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar
	Kanya Rasi: 8.05	Tithi 6 – 7	Gulika 10:34AM – 12:12PM	Uttaraphalguni Until 9:09AM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Sun 19 Sutra 94
		453242362	Yama 7:19AM – 8:57AM	Parigha* Until 12:31PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Vilamba 5120
			Rahu 12:12PM – 1:49PM	Gara Until 3:01AM Thu	Nataraja: Clear		Moon 6 - Phase 13
				Shashthi* Until 3:36PM	Moon – Red		3rd Phase
					Ashada*Adi	Devaloka Day	

☾	Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Yangon, Myanmar
	Retreat Star		Gulika 8:57AM – 10:34AM	Hasta Until 8:50AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Sun 20 Sutra 95
	Kanya Rasi: 21.44	Tithi 7 – 8	Yama 5:42AM – 7:19AM	Shiva Until 10:36AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Vilamba 5120
		463242362	Rahu 1:49PM – 3:27PM	Visti Until 2:22AM Fri	Nataraja: Clear		Moon 6 - Phase 13
				Saptami Until 2:35PM	Moon – Green		Ashtami
					Ashada*Adi	Sivaloka Day	

☽	Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar
	Retreat Star		Gulika 7:20AM – 8:57AM	Chitra Until 9:07AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Sun 21 Sutra 96
	Tula Rasi: 4.58	Tithi 8 – 9	Yama 3:27PM – 5:04PM	Siddha Until 9:15AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Vilamba 5120
		463242362	Rahu 10:34AM – 12:12PM	Balava Until 2:27AM Sat	Nataraja: Clear		Moon 6 - Phase 13
				Ashtami* Until 2:18PM	Moon – Green		Navami
					Ashada*Adi	Sivaloka Day	

1	Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 22 Sutra 97
	Tula Rasi: 17.5	Tithi 9 – 10	Gulika 5:43AM – 7:20AM	Svati Until 9:56AM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Vilamba 5120
			Yama 1:49PM – 3:26PM	Sadhya Until 8:28AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	463242362 Rahu 8:57AM – 10:35AM	Taitila Until 3:12AM Sun	Nataraja: Clear		4th Phase
			Navami* Until 2:43PM	Moon – Green		Sivaloka Day	
				Ashada*Adi			


2	Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 23 Sutra 98
	Vrischika Rasi: 0.23	Tithi 10 – 11	Gulika 3:26PM – 5:04PM	Vishakha Until 11:42AM	Ganesha: White	<i>Sunrise:</i> 5:43AM	Vilamba 5120
			Yama 12:12PM – 1:49PM	Subha Until 8:14AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	473242362 Rahu 5:04PM – 6:41PM	Vanija Until 4:32AM Mon	Nataraja: Clear		4th Phase
			Dashami Until 3:47PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

3	Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 24 Sutra 99
	Vrischika Rasi: 12.41	Tithi 11 – 12	Gulika 1:49PM – 3:26PM	Anuradha Until 1:50PM	Ganesha: White	<i>Sunrise:</i> 5:43AM	Vilamba 5120
	Family Home Evening		Yama 10:35AM – 12:12PM	Sukla Until 8:24AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	473242362 Rahu 7:20AM – 8:58AM	Bava Until 6:22AM Tue	Nataraja: Clear		4th Phase
			Ekadashi Until 5:22PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

4	Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 100
	Vrischika Rasi: 24.47	Tithi 12	Gulika 12:12PM – 1:49PM	Jyeshtha* Until 4:15PM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Vilamba 5120
			Yama 8:58AM – 10:35AM	Brahma Until 8:56AM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	473242362 Rahu 3:26PM – 5:03PM	Bava Until 6:22AM	Nataraja: Clear		4th Phase
			Dvadashi Until 7:24PM	Moon – Orange		Devaloka Day	
				Ashada*Adi			

5	Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 101
	Dhanus Rasi: 6.44	Tithi 13	Gulika 10:35AM – 12:12PM	Mula* Until 7:18PM	Ganesha: Red	<i>Sunrise:</i> 5:44AM	Vilamba 5120
			Yama 7:21AM – 8:58AM	Indra Until 9:46AM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 14
	Routine Work	Marana Yoga	483342362 Rahu 12:12PM – 1:49PM	Kaulava Until 8:33AM	Nataraja: Clear		4th Phase
			Trayodashi Until 9:44PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
				<i>Pradosha Vrata</i>			

6	Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 102
	Dhanus Rasi: 18.36	Tithi 14	Gulika 8:58AM – 10:35AM	Purvashadha* Until 10:23PM	Ganesha: Red	<i>Sunrise:</i> 5:44AM	Vilamba 5120
			Yama 5:44AM – 7:21AM	Vaidhriti* Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 14
	Creative Work	Siddha Yoga	483342362 Rahu 1:49PM – 3:26PM	Gara Until 11:00AM	Nataraja: Clear		4th Phase
			Chaturdashi* Until 12:16AM Fri	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			

	Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 103
	Copper Retreat Star		Gulika 7:21AM – 8:58AM	Uttarashadha Until 1:22AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:45AM	Vilamba 5120
	Makara Rasi: 0.24	Tithi 15	Yama 3:26PM – 5:03PM	Vishkambha* Until 11:51AM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14
			483342362 Rahu 10:35AM – 12:12PM	Visti Until 1:35PM	Nataraja: Clear		Purnima
			Purnima* Until 2:51AM Sat	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
			Total Lunar Eclipse				
			Satguru Purnima				

○	Saturday, July 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 104
	Silver Retreat Star		Gulika 5:45AM – 7:22AM	Shravana Until 4:38AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:45AM	Vilamba 5120
	Makara Rasi: 12.11	Tithi 16	Yama 1:49PM – 3:26PM	Priti Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 14
			493342362 Rahu 8:58AM – 10:35AM	Balava Until 4:09PM	Nataraja: Clear		Prathama
			Prathama* Until 5:23AM Sun	Moon – Purple		Devaloka Day	
				Ashada*Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Taitila Karana Dvitiyayam Titau

Yangon, Myanmar
Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 24 Tithi 17

493432362
Gulika 3:25PM – 5:02PM
Yama 12:12PM – 1:49PM
Rahu 5:02PM – 6:39PM

Dhanishtha Until 7:33AM Mon
Ayushman Until 1:59PM
Taitila Until 6:36PM
Dvitiya Until 7:44AM Mon

Ganesha: Blue Sunrise: 5:45AM
Muruga: Clear Sunset: 6:39PM
Nataraja: Clear
Moon – Purple

Devaloka Day

Routine Work Marana Yoga
Until 7:33AM Mon
Then Creative Work - Siddha Yoga

1

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 5.53 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

494342362
Gulika 1:49PM – 3:25PM
Yama 10:35AM – 12:12PM
Rahu 7:22AM – 8:59AM

Dhanishtha Until 7:33AM
Saubhagya Until 2:50PM
Vanija Until 8:49PM
Dvitiya Until 7:44AM

Ganesha: Blue Sunrise: 5:45AM
Muruga: Clear Sunset: 6:39PM
Nataraja: Clear
Moon – Purple

Devaloka Day

Routine Work Marana Yoga

2

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Sobhana/Athiganda* Yoga Vistit/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 17.53 Tithi 18 – 19
Routine Work Marana Yoga

494342362
Gulika 12:12PM – 1:48PM
Yama 8:59AM – 10:35AM
Rahu 3:25PM – 5:02PM

Shatabhishak Until 10:02AM
Sobhana Until 3:28PM
Bava Until 10:41PM
Tritiya Until 9:47AM

Ganesha: Blue Sunrise: 5:46AM
Muruga: Clear Sunset: 6:38PM
Nataraja: Clear
Moon – Purple

Devaloka Day

Routine Work Marana Yoga

3

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprosarthapada*Uttaraprosarthapada Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 0.02 Tithi 19 – 20
Creative Work Amrita Yoga
Until 12:27PM
Then Creative Work - Siddha Yoga

414342362
Gulika 10:35AM – 12:12PM
Yama 7:22AM – 8:59AM
Rahu 12:12PM – 1:48PM

Purvaprosarthapada* Until 12:27PM
Athiganda* Until 3:44PM
Kaulava Until 12:06AM Thu
Chaturthi* Until 11:26AM

Ganesha: White Sunrise: 5:46AM
Muruga: Clear Sunset: 6:38PM
Nataraja: Clear
Moon – Clear

Devaloka Day

Routine Work Marana Yoga

4

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 12.22 Tithi 20 – 21
Creative Work Siddha Yoga

414342362
Gulika 8:59AM – 10:35AM
Yama 5:46AM – 7:23AM
Rahu 1:48PM – 3:25PM

Uttaraprosarthapada Until 2:13PM
Sukarma Until 3:37PM
Gara Until 12:59AM Fri
Panchami Until 12:36PM

Ganesha: White Sunrise: 5:46AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Clear
Moon – Clear

Devaloka Day

Routine Work Siddha Yoga

5

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Vistit* Karana Shashthi/Saplamyam Titau

Yangon, Myanmar
Sun 5 Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 24.58 Tithi 21 – 22
Creative Work Siddha Yoga
Until 3:16PM
Then Creative Work - Amrita Yoga

414342362
Gulika 7:23AM – 8:59AM
Yama 3:24PM – 5:01PM
Rahu 10:35AM – 12:12PM

Revati Until 3:16PM
Dhriti Until 3:04PM
Vistit Until 1:15AM Sat
Shashthi* Until 1:11PM

Ganesha: White Sunrise: 5:47AM
Muruga: Clear Sunset: 6:37PM
Nataraja: Clear
Moon – Clear

Devaloka Day

Routine Work Siddha Yoga

Retreat Star

Saturday, August 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 7.51 Tithi 22 – 23
Creative Work Siddha Yoga

424342362
Gulika 5:47AM – 7:23AM
Yama 1:48PM – 3:24PM
Rahu 8:59AM – 10:35AM

Ashvini Until 4:00PM
Shula* Until 1:58PM
Balava Until 12:51AM Sun
Saptami Until 1:07PM

Ganesha: Clear Sunrise: 5:47AM
Muruga: Clear Sunset: 6:36PM
Nataraja: Clear
Moon – White

Sivaloka Day

Routine Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 21.05 Tithi 23 – 24
Routine Work Prabalarishta Yoga
Until 3:54PM
Then Creative Work - Siddha Yoga

424342362
Gulika 3:24PM – 5:00PM
Yama 12:12PM – 1:48PM
Rahu 5:00PM – 6:36PM

Bharani Until 3:54PM
Ganda* Until 12:20PM
Taitila Until 11:46PM
Ashtami* Until 12:23PM

Ganesha: Clear Sunrise: 5:47AM
Muruga: Clear Sunset: 6:36PM
Nataraja: Clear
Moon – White

Sivaloka Day

Routine Work Prabalarishta Yoga

Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Yangon, Myanmar Sun 8 Sutra 113 Vilamba 5120
1		Gulika 1:47PM – 3:23PM	Krittika Until 2:59PM	Ganesha: Clear <i>Sunrise: 5:47AM</i>	
Vrishabha Rasi: 4.42	Tithi 24 – 25	Yama 10:35AM – 12:11PM	Vriddhi Until 10:11AM	Muruqa: Clear <i>Sunset: 6:36PM</i>	Moon 7 - Phase 16
Family Home Evening	424342362	Rahu 7:23AM – 8:59AM	Vanija Until 10:01PM	Nataraja: Clear	2nd Phase
Routine Work Marana Yoga			Navami* Until 10:58AM	Moon – White	Sivaloka Day
Until 2:59PM				Ashada-Adi	
Then Creative Work - Amrita Yoga					

Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata Yoga Visti/Bava Karana Dashami/Ekadashyam Titau			Yangon, Myanmar Sun 9 Sutra 114 Vilamba 5120
2		Gulika 12:11PM – 1:47PM	Rohini Until 1:43PM	Ganesha: Purple <i>Sunrise: 5:48AM</i>	
Vrisabha Rasi: 18.44	Tithi 25 – 26	Yama 8:59AM – 10:35AM	Dhruva Until 7:27AM	Muruqa: Clear <i>Sunset: 6:35PM</i>	Moon 7 - Phase 16
	434342362	Rahu 3:23PM – 4:59PM	Bava Until 7:40PM	Nataraja: Clear	2nd Phase
Creative Work Amrita Yoga			Dashami Until 8:54AM	Moon – Yellow	Devaloka Day
Until 1:43PM				Ashada-Adi	
Then Creative Work - Siddha Yoga					

Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau			Yangon, Myanmar Sun 10 Sutra 115 Vilamba 5120
3		Gulika 10:35AM – 12:11PM	Mrigashira Until 11:46AM	Ganesha: Purple <i>Sunrise: 5:48AM</i>	
Mithuna Rasi: 3.08	Tithi 26 – 27	Yama 7:24AM – 9:00AM	Harshana Until 12:43AM Thu	Muruqa: Clear <i>Sunset: 6:35PM</i>	Moon 7 - Phase 16
	434342362	Rahu 12:11PM – 1:47PM	Taitila Until 3:10AM Thu	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 6:16AM	Moon – Yellow	Devaloka Day
				Ashada-Adi	

Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra Yoga Gara/Vanija Karana Trayodashyam Titau			Yangon, Myanmar Sun 11 Sutra 116 Vilamba 5120
4		Gulika 9:00AM – 10:35AM	Ardra Until 9:15AM	Ganesha: Purple <i>Sunrise: 5:48AM</i>	
Mithuna Rasi: 17.53	Tithi 28	Yama 5:48AM – 7:24AM	Vajra* Until 8:51PM	Muruqa: Clear <i>Sunset: 6:34PM</i>	Moon 7 - Phase 16
	434342362	Rahu 1:47PM – 3:23PM	Gara Until 1:30PM	Nataraja: Clear	2nd Phase
Routine Work Marana Yoga			Trayodashi* Until 11:44PM	Moon – Yellow	Devaloka Day
Until 9:15AM				Ashada-Adi	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>	

Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata Yoga Visti/Sakuni Karana Chaturdashyam Titau			Yangon, Myanmar Sun 12 Sutra 117 Vilamba 5120
5		Gulika 7:24AM – 9:00AM	Punarvasu Until 6:42AM	Ganesha: Light Blue <i>Sunrise: 5:48AM</i>	
Kataka Rasi: 2.53	Tithi 29	Yama 3:22PM – 4:58PM	Siddhi Until 4:48PM	Muruqa: Clear <i>Sunset: 6:34PM</i>	Moon 7 - Phase 16
	444342362	Rahu 10:35AM – 12:11PM	Visti Until 9:58AM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga			Chaturdashi* Until 8:07PM	Moon – Blue	Devaloka Day
Until 6:42AM				Ashada-Adi	
Then Routine Work - Marana Yoga					

Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha Nakshatra Vyatipata/Variyan Yoga Catuspada/Kintughna Karana Amavasya/Prathamayam Titau			Yangon, Myanmar Sun 13 Sutra 118 Vilamba 5120
Retreat Star		Gulika 5:49AM – 7:24AM	Ashlesha* Until 12:55AM Sun	Ganesha: Light Blue <i>Sunrise: 5:49AM</i>	
Kataka Rasi: 18	Tithi 30 – 1	Yama 1:46PM – 3:22PM	Vyatipata* Until 12:42PM	Muruqa: Clear <i>Sunset: 6:33PM</i>	Moon 7 - Phase 16
	444342362	Rahu 9:00AM – 10:35AM	Catuspada Until 6:18AM	Nataraja: Clear	Amavasya
Routine Work Marana Yoga			Amavasya* Until 4:27PM	Moon – Blue	Devaloka Day
				Ashada-Adi	
		Partial Solar Eclipse			

Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha Nakshatra Variyan/Parigha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Yangon, Myanmar Sun 14 Sutra 119 Vilamba 5120
Retreat Star		Gulika 3:22PM – 4:57PM	Magha* Until 10:26PM	Ganesha: Clear <i>Sunrise: 5:49AM</i>	
Simha Rasi: 3.05	Tithi 1 – 2	Yama 12:11PM – 1:46PM	Variyan Until 8:40AM	Muruqa: Clear <i>Sunset: 6:32PM</i>	Moon 7 - Phase 16
	455342362	Rahu 4:57PM – 6:32PM	Balava Until 11:14PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Prathama* Until 12:54PM	Moon – Red	Sivaloka Day
Until 10:26PM				Sravana-Adi	
Then Creative Work - Siddha Yoga					

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar Sun 15 Sutra 120 Vilamba 5120
1		Gulika 1:46PM – 3:21PM	Purvaphalguni Until 8:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	
Simha Rasi: 18	Tithi 2 – 3	Yama 10:35AM – 12:10PM	Shiva Until 1:19AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 17
Family Home Evening	455342362	Rahu 7:24AM – 9:00AM	Taitila Until 8:09PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:37AM	Moon – Red		Sivaloka Day
				Sravana-Adi		

Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Siddha Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau				Yangon, Myanmar Sun 16 Sutra 121 Vilamba 5120
2		Gulika 12:10PM – 1:46PM	Uttaraphalguni Until 6:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	
Kanya Rasi: 2.37	Tithi 3 – 4	Yama 9:00AM – 10:35AM	Siddha Until 10:14PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 17
	455342362	Rahu 3:21PM – 4:56PM	Visti Until 4:28AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:46AM	Moon – Red		Sivaloka Day
Until 6:12PM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar Sun 17 Sutra 122 Vilamba 5120
3		Gulika 10:35AM – 12:10PM	Hasta Until 5:12PM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	
Kanya Rasi: 16.5	Tithi 5	Yama 7:25AM – 9:00AM	Sadhya Until 7:42PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 17
	465342362	Rahu 12:10PM – 1:45PM	Bava Until 3:35PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 2:52AM Thu	Moon – Green		Subha Sivaloka Day
Until 5:12PM		Nag Panchami		Sravana-Adi		
Then Creative Work - Siddha Yoga						

Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Yangon, Myanmar Sun 18 Sutra 123 Vilamba 5120
4		Gulika 9:00AM – 10:35AM	Chitra Until 4:47PM	Ganesha: Purple	<i>Sunrise:</i> 5:50AM	
Tula Rasi: 0.37	Tithi 6	Yama 5:50AM – 7:25AM	Subha Until 5:47PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 17
	465342362	Rahu 1:45PM – 3:20PM	Kaulava Until 2:22PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:02AM Fri	Moon – Green		Subha Sivaloka Day
Until 4:47PM				Sravana-Adi		
Then Creative Work - Amrita Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saplamyam Titau				Yangon, Myanmar Sun 19 Sutra 124 Vilamba 5120
5		Gulika 7:25AM – 9:00AM	Svati Until 5:00PM	Ganesha: Purple	<i>Sunrise:</i> 5:50AM	
Tula Rasi: 13.56	Tithi 7	Yama 3:20PM – 4:55PM	Sukla Until 4:30PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 17
	465342362	Rahu 10:35AM – 12:10PM	Gara Until 1:56PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 2:01AM Sat	Moon – Green		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 20 Sutra 125 Vilamba 5120
Retreat Star		Gulika 5:50AM – 7:25AM	Vishakha Until 6:19PM	Ganesha: Purple	<i>Sunrise:</i> 5:50AM	
Tula Rasi: 26.5	Tithi 8	Yama 1:44PM – 3:19PM	Brahma Until 3:51PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 7 - Phase 17
	575342362	Rahu 9:00AM – 10:35AM	Visti Until 2:20PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 2:47AM Sun	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 21 Sutra 126 Vilamba 5120
Retreat Star		Gulika 3:19PM – 4:53PM	Anuradha Until 8:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	
Vrischika Rasi: 9.23	Tithi 9	Yama 12:09PM – 1:44PM	Indra Until 3:48PM	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Moon 7 - Phase 17
	575442362	Rahu 4:53PM – 6:28PM	Balava Until 3:28PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 4:15AM Mon	Moon – Orange		Sivaloka Day
				Sravana-Avani		

Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti/Vishkambha* Yoga Tailila/Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 22 Sutra 127 Vilamba 5120
1	Vrischika Rasi: 21.37 Tithi 10 Family Home Evening Creative Work Siddha Yoga	Gulika 1:44PM – 3:18PM Yama 10:34AM – 12:09PM Rahu 7:25AM – 9:00AM	Jyeshtha* Until 10:30PM Vaidhriti* Until 4:12PM Taitila Until 5:14PM Dashami Until 6:17AM Tue	Ganesha: Clear <i>Sunrise: 5:50AM</i> Muruqa: Clear <i>Sunset: 6:28PM</i> Nataraja: Clear Moon – Orange Sivaloka Day Moon 7 - Phase 18 4th Phase

Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 23 Sutra 128 Vilamba 5120
2	Dhanus Rasi: 3.39 Tithi 10 – 11 586442362 Creative Work Amrita Yoga	Gulika 12:09PM – 1:43PM Yama 9:00AM – 10:34AM Rahu 3:18PM – 4:52PM	Mula* Until 1:32AM Wed Vishkambha* Until 4:59PM Vanija Until 7:28PM Dashami Until 6:17AM	Ganesha: Clear <i>Sunrise: 5:51AM</i> Muruqa: Clear <i>Sunset: 6:27PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Moon 7 - Phase 18 4th Phase

Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 24 Sutra 129 Vilamba 5120
3	Dhanus Rasi: 15.31 Tithi 11 – 12 586442362 Creative Work Amrita Yoga Until 4:38AM Thu Then Routine Work - Marana Yoga	Gulika 10:34AM – 12:08PM Yama 7:25AM – 9:00AM Rahu 12:08PM – 1:43PM	Purvashadha* Until 4:38AM Thu Priti Until 6:01PM Bava Until 9:59PM Ekadashi Until 8:41AM	Ganesha: Clear <i>Sunrise: 5:51AM</i> Muruqa: Clear <i>Sunset: 6:26PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Moon 7 - Phase 18 4th Phase

Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 25 Sutra 130 Vilamba 5120
4	Dhanus Rasi: 27.2 Tithi 12 – 13 586442362 Routine Work Marana Yoga	Gulika 9:00AM – 10:34AM Yama 5:51AM – 7:25AM Rahu 1:43PM – 3:17PM	Uttarashadha Until 7:37AM Fri Ayushman Until 7:05PM Kaulava Until 12:36AM Fri Dvadashi Until 11:16AM	Ganesha: Clear <i>Sunrise: 5:51AM</i> Muruqa: Clear <i>Sunset: 6:26PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Moon 7 - Phase 18 4th Phase

Pradosha Vrata

Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 26 Sutra 131 Vilamba 5120
5	Makara Rasi: 9.07 Tithi 13 – 14 586442362 Routine Work Marana Yoga	Gulika 7:25AM – 9:00AM Yama 3:16PM – 4:51PM Rahu 10:34AM – 12:08PM	Uttarashadha Until 7:37AM Saubhagya Until 8:09PM Gara Until 3:08AM Sat Trayodashi Until 1:52PM	Ganesha: Clear <i>Sunrise: 5:51AM</i> Muruqa: Clear <i>Sunset: 6:25PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Moon 7 - Phase 18 4th Phase

Chidambaram Abhishekam

Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau		Yangon, Myanmar Sun 27 Sutra 132 Vilamba 5120
6	Makara Rasi: 20.56 Tithi 14 – 15 596442362 Creative Work Siddha Yoga	Gulika 5:51AM – 7:25AM Yama 1:42PM – 3:16PM Rahu 8:59AM – 10:34AM	Shravana Until 10:49AM Sobhana Until 9:06PM Visti Until 5:28AM Sun Chaturdashy* Until 4:19PM	Ganesha: White <i>Sunrise: 5:51AM</i> Muruqa: Clear <i>Sunset: 6:24PM</i> Nataraja: Clear Moon – Purple Subha Sivaloka Day Moon 7 - Phase 18 4th Phase

Avani Avittam

Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Athiganda* Yoga Bava Karana Purnimayam Titau		Yangon, Myanmar Sutra 133 Vilamba 5120
○	Copper Retreat Star Kumbha Rasi: 2.51 Tithi 15 596442362 Routine Work Marana Yoga Until 1:37PM Then Creative Work - Siddha Yoga	Gulika 3:15PM – 4:49PM Yama 12:07PM – 1:41PM Rahu 4:49PM – 6:24PM	Dhanishtha Until 1:37PM Athiganda* Until 9:47PM Bava Until 6:29PM Purnima* Until 6:29PM	Ganesha: White <i>Sunrise: 5:51AM</i> Muruqa: Clear <i>Sunset: 6:24PM</i> Nataraja: Clear Moon – Purple Subha Sivaloka Day Moon 7 - Phase 18 Purnima

Raksha Bandhan

Monday, August 27, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaprossthapada* Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sutra 134 Vilamba 5120
○	Silver Retreat Star Kumbha Rasi: 14.53 Tithi 16 Family Home Evening Creative Work Siddha Yoga Until 3:55PM Then Routine Work - Marana Yoga	Gulika 1:41PM – 3:15PM Yama 10:33AM – 12:07PM Rahu 7:25AM – 8:59AM	Shatabhishak Until 3:55PM Sukarma Until 10:13PM Balava Until 7:28AM Prathama* Until 8:18PM	Ganesha: White <i>Sunrise: 5:52AM</i> Muruqa: Clear <i>Sunset: 6:23PM</i> Nataraja: Clear Moon – Purple Subha Sivaloka Day Moon 7 - Phase 18 Prathama

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Tuesday, August 28, 2018

Gold Retreat Star

Kumbha Rasi: 27.05 Tithi 17

516442363

Gulika
Yama
Rahu

12:07PM – 1:41PM
8:59AM – 10:33AM
3:14PM – 4:48PM

Routine Work Marana Yoga
Until 6:09PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 135
Vilamba 5120

Purvaproshtapada* Until 6:09PM
Dhriti Until 10:20PM
Taitila Until 9:05AM
Dvitiya Until 9:42PM

Ganesha: White *Sunrise:* 5:52AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Purple
Moon – Clear

Sivaloka Day

Moon 8 - Phase 19
1st Phase

1

Wednesday, August 29, 2018

Meena Rasi: 9.27 Tithi 18

517452363

Gulika
Yama
Rahu

10:33AM – 12:07PM
7:25AM – 8:59AM
12:07PM – 1:40PM

Creative Work Siddha Yoga
Until 7:48PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Vanija/Visli* Karana Tritiyayam Titau

Yangon, Myanmar
Sun 2 Sutra 136
Vilamba 5120

Uttaraproshtapada Until 7:48PM
Shula* Until 10:04PM
Vanija Until 10:16AM
Tritiya Until 10:40PM

Ganesha: Clear *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 6:21PM
Nataraja: Purple
Moon – Clear

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19
1st Phase

2

Thursday, August 30, 2018

Meena Rasi: 22.01 Tithi 19

517452363

Gulika
Yama
Rahu

8:59AM – 10:33AM
5:52AM – 7:26AM
1:40PM – 3:13PM

Creative Work Siddha Yoga
Until 8:51PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar
Sun 3 Sutra 137
Vilamba 5120

Revati Until 8:51PM
Ganda* Until 9:28PM
Bava Until 11:00AM
Chaturthi* Until 11:11PM

Ganesha: Clear *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 6:21PM
Nataraja: Purple
Moon – Clear

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19
1st Phase

3

Friday, August 31, 2018

Mesha Rasi: 4.48 Tithi 20

527452363

Gulika
Yama
Rahu

7:26AM – 8:59AM
3:13PM – 4:46PM
10:32AM – 12:06PM

Creative Work Amrita Yoga
Until 9:46PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar
Sun 4 Sutra 138
Vilamba 5120

Ashvini Until 9:46PM
Vriddhi Until 8:31PM
Kaulava Until 11:17AM
Panchami Until 11:13PM

Ganesha: Purple *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 6:20PM
Nataraja: Purple
Moon – White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19
1st Phase

4

Saturday, September 1, 2018

Mesha Rasi: 17.49 Tithi 21

527452363

Gulika
Yama
Rahu

5:52AM – 7:26AM
1:39PM – 3:12PM
8:59AM – 10:32AM

Creative Work Siddha Yoga
Until 10:02PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar
Sun 5 Sutra 139
Vilamba 5120

Bharani Until 10:02PM
Dhruva Until 7:10PM
Gara Until 11:05AM
Shashthi* Until 10:47PM

Ganesha: Purple *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 6:19PM
Nataraja: Purple
Moon – White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19
1st Phase

5

Sunday, September 2, 2018

Vrishabha Rasi: 1.05 Tithi 22

527452363

Gulika
Yama
Rahu

3:12PM – 4:45PM
12:05PM – 1:39PM
4:45PM – 6:18PM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Yangon, Myanmar
Sun 6 Sutra 140
Vilamba 5120

Krittika Until 9:41PM
Vyaghata* Until 5:25PM
Visti Until 10:23AM
Saptami Until 9:50PM

Ganesha: Purple *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon – White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19
1st Phase

D

Monday, September 3, 2018

Retreat Star

Vrishabha Rasi: 14.38 Tithi 23

Family Home Evening

537452363

Gulika
Yama
Rahu

1:38PM – 3:11PM
10:32AM – 12:05PM
7:26AM – 8:59AM

Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 7 Sutra 141
Vilamba 5120

Rohini Until 9:06PM
Harshana Until 3:17PM
Balava Until 9:11AM
Ashtami* Until 8:23PM

Ganesha: Clear *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon – Yellow

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19
Ashtami

Tuesday, September 4, 2018

Retreat Star

Vrishabha Rasi: 28.29 Tithi 24

538452363

Gulika
Yama
Rahu

12:05PM – 1:38PM
8:59AM – 10:32AM
3:11PM – 4:44PM

Creative Work Siddha Yoga
Until 7:54PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 8 Sutra 142
Vilamba 5120

Mrigashira Until 7:54PM
Vajra* Until 12:42PM
Taitila Until 7:30AM
Navami* Until 6:27PM

Ganesha: White *Sunrise:* 5:53AM
Muruqa: Purple *Sunset:* 6:17PM
Nataraja: Purple
Moon – Yellow

Devaloka Day

Devaloka Time: 6:AM to 9:AM

Moon 8 - Phase 19
Navami

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1	Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 143
	Mithuna Rasi: 12.39	Tithi 25 – 26	Gulika	10:31AM – 12:04PM	Ardra Until 6:07PM	Ganesha: White	Sunrise: 5:53AM Sunset: 6:16PM
			Yama	7:26AM – 8:59AM	Siddhi Until 9:46AM	Muruqa: Purple	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	538452363 Rahu	12:04PM – 1:37PM	Bava Until 2:43AM Thu Dashami Until 4:03PM	Nataraja: Purple Moon – Yellow	2nd Phase Devaloka Day

2	Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 10 Sutra 144
	Mithuna Rasi: 27.05	Tithi 26 – 27	Gulika	8:58AM – 10:31AM	Punarvasu Until 4:13PM	Ganesha: Yellow	Sunrise: 5:53AM Sunset: 6:15PM
			Yama	5:53AM – 7:26AM	Vyatipata* Until 6:30AM	Muruqa: Purple	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	548452363 Rahu	1:37PM – 3:10PM	Kaulava Until 11:47PM Ekadashi* Until 1:16PM	Nataraja: Purple Moon – Blue	2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

3	Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 11 Sutra 145
	Kataka Rasi: 11.47	Tithi 27 – 28	Gulika	7:26AM – 8:58AM	Pushya Until 1:54PM	Ganesha: Yellow	Sunrise: 5:53AM Sunset: 6:14PM
			Yama	3:09PM – 4:42PM	Parigha* Until 11:13PM	Muruqa: Purple	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu	10:31AM – 12:04PM	Gara Until 8:37PM Dvadashi* Until 10:12AM	Nataraja: Purple Moon – Blue	2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

Pradosha Vrata (Fasting)

4	Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 12 Sutra 146
	Kataka Rasi: 26.37	Tithi 28 – 29	Gulika	5:53AM – 7:26AM	Ashlesha* Until 11:19AM	Ganesha: Yellow	Sunrise: 5:53AM Sunset: 6:14PM
			Yama	1:36PM – 3:08PM	Shiva Until 7:26PM	Muruqa: Purple	Moon 8 - Phase 20
	Routine Work	Marana Yoga	548452363 Rahu	8:58AM – 10:31AM	Sakuni Until 3:41AM Sun Trayodashi* Until 6:58AM	Nataraja: Purple Moon – Blue	2nd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

	Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar Sun 13 Sutra 147
	Retreat Star		Gulika	3:08PM – 4:40PM	Magha* Until 8:58AM	Ganesha: Red	Sunrise: 5:53AM Sunset: 6:13PM
	Simha Rasi: 11.29	Tithi 30	Yama	12:03PM – 1:35PM	Siddha Until 3:39PM	Muruqa: Purple	Moon 8 - Phase 20
	Routine Work	Marana Yoga	558452363 Rahu	4:40PM – 6:13PM	Catuspada Until 2:05PM Amavasya* Until 12:30AM Mon	Nataraja: Purple Moon – Red	Amavasya Bhuloka Day Devaloka Time: 9:AM to12:PM

Retreat Star	Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar Sun 14 Sutra 148
	Simha Rasi: 26.16	Tithi 1	Gulika	1:35PM – 3:07PM	Purvaphalguni Until 6:38AM	Ganesha: Red	Sunrise: 5:53AM Sunset: 6:12PM
	Family Home Evening		Yama	10:30AM – 12:03PM	Sadhya Until 12:02PM	Muruqa: Purple	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	558452363 Rahu	7:26AM – 8:58AM	Kintughna Until 11:01AM Prathama* Until 9:34PM	Nataraja: Purple Moon – Red	Prathama Bhuloka Day Devaloka Time: 9:AM to12:PM

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1		Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 149 Vilamba 5120	
Kanya Rasi: 10.49	Tithi 2	Gulika 12:02PM – 1:35PM	Hasta Until 3:03AM Wed	Ganesha: Blue	Sunrise: 5:53AM	Muruqa: Purple	Sunset: 6:11PM
		Yama 8:58AM – 10:30AM	Subha Until 8:44AM			Nataraja: Purple	Moon 8 - Phase 21
		569452363 Rahu 3:07PM – 4:39PM	Balava Until 8:16AM			Moon – Green	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:04PM	Bhadrpada-Avani		Bhuloka Day	

2		Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Brahma Yoga Taitila/Vanija Karana Tritiya/Chaturchyam Titau		Yangon, Myanmar Sun 16 Sutra 150 Vilamba 5120	
Kanya Rasi: 25.03	Tithi 3 – 4	Gulika 10:30AM – 12:02PM	Chitra Until 2:05AM Thu	Ganesha: Blue	Sunrise: 5:53AM	Muruqa: Purple	Sunset: 6:10PM
		Yama 7:26AM – 8:58AM	Brahma Until 3:23AM Thu			Nataraja: Purple	Moon 8 - Phase 21
		569452363 Rahu 12:02PM – 1:34PM	Taitila Until 6:01AM			Moon – Green	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:07PM	Bhadrpada-Avani		Bhuloka Day	
Until 2:05AM Thu				Then Creative Work - Amrita Yoga			

3		Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Indra Yoga Vistri/Bava Karana Chaturchi/Panchamyam Titau		Yangon, Myanmar Sun 17 Sutra 151 Vilamba 5120	
Tula Rasi: 8.53	Tithi 4 – 5	Gulika 8:58AM – 10:30AM	Svati Until 1:42AM Fri	Ganesha: Blue	Sunrise: 5:54AM	Muruqa: Purple	Sunset: 6:10PM
		Yama 5:54AM – 7:26AM	Indra Until 1:34AM Fri			Nataraja: Purple	Moon 8 - Phase 21
		569452363 Rahu 1:34PM – 3:06PM	Bava Until 3:32AM Fri			Moon – Green	3rd Phase
Creative Work	Amrita Yoga		Chaturchi* Until 3:51PM	Bhadrpada-Avani		Bhuloka Day	
Until 1:42AM Fri				Then Creative Work - Siddha Yoga			

4		Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Yangon, Myanmar Sun 18 Sutra 152 Vilamba 5120	
Tula Rasi: 22.16	Tithi 5 – 6	Gulika 7:26AM – 8:57AM	Vishakha Until 2:26AM Sat	Ganesha: White	Sunrise: 5:54AM	Muruqa: Purple	Sunset: 6:09PM
		Yama 3:05PM – 4:37PM	Vaidhriti* Until 12:23AM Sat			Nataraja: Purple	Moon 8 - Phase 21
		579552363 Rahu 10:29AM – 12:01PM	Kaulava Until 3:29AM Sat			Moon – Orange	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:23PM	Bhadrpada-Avani		Devaloka Day	

5		Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar Sun 19 Sutra 153 Vilamba 5120	
Vrischika Rasi: 5.13	Tithi 6 – 7	Gulika 5:54AM – 7:26AM	Anuradha Until 3:48AM Sun	Ganesha: White	Sunrise: 5:54AM	Muruqa: Purple	Sunset: 6:08PM
		Yama 1:33PM – 3:04PM	Vishkambha* Until 11:52PM			Nataraja: Purple	Moon 8 - Phase 21
		579552363 Rahu 8:57AM – 10:29AM	Gara Until 4:16AM Sun			Moon – Orange	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:45PM	Bhadrpada-Avani		Devaloka Day	
Until 3:48AM Sun				Then Routine Work - Marana Yoga			

6		Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Vistri* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 20 Sutra 154 Vilamba 5120	
Vrischika Rasi: 17.47	Tithi 7 – 8	Gulika 3:04PM – 4:36PM	Jyeshtha* Until 5:44AM Mon	Ganesha: White	Sunrise: 5:54AM	Muruqa: Purple	Sunset: 6:07PM
		Yama 12:01PM – 1:32PM	Priti Until 11:57PM			Nataraja: Purple	Moon 8 - Phase 21
		579552363 Rahu 4:36PM – 6:07PM	Vistri Until 5:47AM Mon			Moon – Orange	3rd Phase
Routine Work	Marana Yoga		Saptami Until 4:55PM	Bhadrpada-Avani		Devaloka Day	
Until 5:44AM Mon				Then Creative Work - Siddha Yoga			

Retreat Star		Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava Karana Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 155 Vilamba 5120	
Dhanus Rasi: 0.02	Tithi 8	Gulika 1:32PM – 3:03PM	Mula* Until 8:34AM Tue	Ganesha: Clear	Sunrise: 5:54AM	Muruqa: Purple	Sunset: 6:06PM
Family Home Evening		Yama 10:29AM – 12:00PM	Ayushman Until 12:29AM Tue			Nataraja: Purple	Moon 8 - Phase 21
		589552363 Rahu 7:26AM – 8:57AM	Bava Until 6:46PM			Moon – Light Blue	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:46PM	Bhadrpada-Puratasi		Bhuloka Day Devaloka Time: 9:AM to12:PM	

Retreat Star		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 12.02	Tithi 9	Gulika 12:00PM – 1:31PM	Mula* Until 8:34AM	Ganesha: Clear	Sunrise: 5:54AM	Muruqa: Purple	Sunset: 6:06PM
		Yama 8:57AM – 10:28AM	Saubhagya Until 1:22AM Wed			Nataraja: Purple	Moon 8 - Phase 21
		581552363 Rahu 3:03PM – 4:34PM	Balava Until 7:54AM			Moon – Light Blue	Navami
Creative Work	Amrita Yoga		Navami* Until 9:06PM	Bhadrpada-Puratasi		Bhuloka Day Devaloka Time: 9:AM to12:PM	
Until 8:34AM				Then Creative Work - Siddha Yoga			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 23 Sutra 157 Vilamba 5120
	Dhanus Rasi: 23.54	Tithi 10	Gulika 10:28AM – 11:59AM	Purvashadha* Until 11:36AM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	
			Yama 7:25AM – 8:57AM	Sobhana Until 2:26AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 22
			581552363 Rahu 11:59AM – 1:31PM	Taitila Until 10:24AM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Dashami Until 11:42PM	Moon – Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	

2	Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 158 Vilamba 5120
	Makara Rasi: 5.42	Tithi 11	Gulika 8:57AM – 10:28AM	Uttarashadha Until 2:34PM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	
			Yama 5:54AM – 7:25AM	Athiganda* Until 3:28AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 22
			581552363 Rahu 1:30PM – 3:02PM	Vanija Until 1:02PM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga Until 2:34PM Then Creative Work - Siddha Yoga			Ekadashi Until 2:18AM Fri	Moon – Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	

3	Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 159 Vilamba 5120
	Makara Rasi: 17.3	Tithi 12	Gulika 7:25AM – 8:57AM	Shravana Until 5:46PM	Ganesha: Purple	<i>Sunrise:</i> 5:54AM	
			Yama 3:01PM – 4:32PM	Sukarma Until 4:21AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 22
			591552363 Rahu 10:28AM – 11:59AM	Bava Until 3:34PM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga Until 5:46PM Then Creative Work - Siddha Yoga			Dvadashi Until 4:43AM Sat	Moon – Purple		Devaloka Day	
				Bhadrapada-Puratasi			

4	Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 160 Vilamba 5120
	Makara Rasi: 29.23	Tithi 13	Gulika 5:54AM – 7:25AM	Dhanishtha Until 8:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:54AM	
			Yama 1:29PM – 3:00PM	Dhriti Until 4:58AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 22
			591552363 Rahu 8:56AM – 10:27AM	Kaulava Until 5:49PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga Until 8:31PM Then Creative Work - Amrita Yoga			Trayodashi Until 6:46AM Sun	Moon – Purple		Devaloka Day	
				Bhadrapada-Puratasi			
				<i>Pradosha Vrata</i>			

5	Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 161 Vilamba 5120
	Kumbha Rasi: 11.26	Tithi 13 – 14	Gulika 3:00PM – 4:31PM	Shatabhishak Until 10:41PM	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	
			Yama 11:58AM – 1:29PM	Shula* Until 5:12AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Moon 8 - Phase 22
			591552363 Rahu 4:31PM – 6:01PM	Gara Until 7:39PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 6:46AM	Moon – Purple		Devaloka Day	
		Chidambaram Abhishekam		Bhadrapada-Puratasi			
		Kadaitswami Mahasamadhi					

○	Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar Sutra 162 Vilamba 5120
	Copper Retreat Star		Gulika 1:28PM – 2:59PM	Purvaproshtapada* Until 12:41AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	
	Kumbha Rasi: 23.39	Tithi 14 – 15	Yama 10:27AM – 11:58AM	Ganda* Until 5:04AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Moon 8 - Phase 22
	Family Home Evening		511552363 Rahu 7:25AM – 8:56AM	Visti Until 8:58PM	Nataraja: Purple		Purnima
Routine Work Marana Yoga Until 12:41AM Tue Then Creative Work - Amrita Yoga			Chaturdashi* Until 8:21AM	Moon – Clear		Devaloka Day	
				Bhadrapada-Puratasi			

○	Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar Sutra 163 Vilamba 5120
	Silver Retreat Star		Gulika 11:57AM – 1:28PM	Uttaraproshtapada Until 2:01AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	
	Meena Rasi: 6.06	Tithi 15 – 16	Yama 8:56AM – 10:27AM	Vriddhi Until 4:32AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 22
			511552363 Rahu 2:59PM – 4:29PM	Balava Until 9:46PM	Nataraja: Purple		Prathama
Creative Work Amrita Yoga Until 2:01AM Wed Then Routine Work - Marana Yoga			Purnima* Until 9:25AM	Moon – Clear		Devaloka Day	
				Bhadrapada-Puratasi			



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar
Sutra 164

Meena Rasi: 18.46 Tithi 16 – 17

Gulika 10:26AM – 11:57AM
Yama 7:25AM – 8:56AM
Rahu 11:57AM – 1:28PM

Revati Until 2:44AM Thu
Dhruva Until 3:36AM Thu
Taitila Until 10:05PM
Prathama* Until 9:58AM

Ganesha: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 5:59PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Routine Work Marana Yoga
Until 2:44AM Thu
Then Creative Work - Amrita Yoga

Devaloka Day

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar
Sun 1 Sutra 165

Mesha Rasi: 1.4 Tithi 17 – 18

Gulika 8:56AM – 10:26AM
Yama 5:55AM – 7:25AM
Rahu 1:27PM – 2:57PM

Ashvini Until 3:20AM Fri
Vyaghata* Until 2:21AM Fri
Vanija Until 9:58PM
Dvitiya Until 10:03AM

Ganesha: Clear Sunrise: 5:55AM
Muruga: Purple Sunset: 5:59PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga
Until 3:20AM Fri
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar
Sun 2 Sutra 166

Mesha Rasi: 14.47 Tithi 18 – 19

Gulika 7:25AM – 8:56AM
Yama 2:57PM – 4:27PM
Rahu 10:26AM – 11:56AM

Bharani Until 3:25AM Sat
Harshana Until 12:49AM Sat
Bava Until 9:27PM
Tritiya Until 9:44AM

Ganesha: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 5:59PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga
Until 3:25AM Sat
Then Creative Work - Amrita Yoga

Devaloka Day

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar
Sun 3 Sutra 167

Mesha Rasi: 28.05 Tithi 19 – 20

Gulika 5:55AM – 7:25AM
Yama 1:26PM – 2:56PM
Rahu 8:56AM – 10:26AM

Krittika Until 3:02AM Sun
Vajra* Until 10:59PM
Kaulava Until 8:36PM
Chaturthi* Until 9:03AM

Ganesha: Clear Sunrise: 5:55AM
Muruga: Purple Sunset: 5:57PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga
Until 3:02AM Sun
Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar
Sun 4 Sutra 168

Virshabha Rasi: 11.35 Tithi 20 – 21

Gulika 2:56PM – 4:26PM
Yama 11:56AM – 1:26PM
Rahu 4:26PM – 5:56PM

Rohini Until 2:39AM Mon
Siddhi Until 8:56PM
Gara Until 7:27PM
Panchami Until 8:03AM

Ganesha: Purple Sunrise: 5:55AM
Muruga: Purple Sunset: 5:56PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga
Until 2:39AM Mon
Then Creative Work - Amrita Yoga

Bhuloka Day

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar
Sun 5 Sutra 169

Virshabha Rasi: 25.14 Tithi 21 – 22

Family Home Evening

Gulika 1:25PM – 2:55PM
Yama 10:25AM – 11:55AM
Rahu 7:25AM – 8:55AM

Mrigashira Until 1:51AM Tue
Vyatipata* Until 6:39PM
Visti Until 6:01PM
Shashthi* Until 6:45AM

Ganesha: Purple Sunrise: 5:56AM
Muruga: Purple Sunset: 5:55PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga
Until 1:51AM Tue
Then Routine Work - Marana Yoga

Bhuloka Day

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar
Sun 6 Sutra 170

Mithuna Rasi: 9.04 Tithi 23

Gulika 11:55AM – 1:25PM
Yama 8:55AM – 10:25AM
Rahu 2:55PM – 4:24PM

Ardra Until 12:37AM Wed
Variyan Until 4:08PM
Balava Until 4:18PM
Ashtami* Until 3:19AM Wed

Ganesha: Purple Sunrise: 5:56AM
Muruga: Purple Sunset: 5:54PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
Ashtami

Routine Work Marana Yoga
Until 12:37AM Wed
Then Creative Work - Siddha Yoga

Bhuloka Day

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar
Sun 7 Sutra 171

Mithuna Rasi: 23.04 Tithi 24

Gulika 10:25AM – 11:55AM
Yama 7:26AM – 8:55AM
Rahu 11:55AM – 1:24PM

Punarvasu Until 11:24PM
Parigha* Until 1:24PM
Taitila Until 2:19PM
Navami* Until 1:12AM Thu

Ganesha: Clear Sunrise: 5:56AM
Muruga: Purple Sunset: 5:54PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Vilamba 5120
Moon 9 - Phase 23
Navami

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau		Yangon, Myanmar Sun 8 Sutra 172 Vilamba 5120	
Kataka Rasi: 7.14	Tithi 25	Gulika 8:55AM – 10:25AM	Pushya Until 9:49PM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM		
		Yama 5:56AM – 7:26AM	Shiva Until 10:28AM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 24	
		642552363 Rahu 1:24PM – 2:54PM	Vanija Until 12:05PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 10:51PM	Moon – Blue		Bhuloka Day	
Until 9:49PM				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Yangon, Myanmar Sun 9 Sutra 173 Vilamba 5120	
Kataka Rasi: 21.33	Tithi 26	Gulika 7:26AM – 8:55AM	Ashlesha* Until 7:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM		
		Yama 2:53PM – 4:23PM	Siddha Until 7:20AM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 24	
		642552363 Rahu 10:25AM – 11:54AM	Bava Until 9:38AM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 8:19PM	Moon – Blue		Bhuloka Day	
				Bhadrapada•Puratasi		Devaloka Time: 6:AM to 9:AM	

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 10 Sutra 174 Vilamba 5120	
Simha Rasi: 5.59	Tithi 27 – 28	Gulika 5:56AM – 7:26AM	Magha* Until 6:10PM	Ganesha: White	<i>Sunrise:</i> 5:56AM		
		Yama 1:23PM – 2:53PM	Subha Until 12:48AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24	
		652552363 Rahu 8:55AM – 10:24AM	Kaulava Until 7:02AM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 5:41PM	Moon – Red		Bhuloka Day	
Until 6:10PM				Bhadrapada•Puratasi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 11 Sutra 175 Vilamba 5120	
Simha Rasi: 20.28	Tithi 28 – 29	Gulika 2:52PM – 4:21PM	Purvaphalguni Until 4:17PM	Ganesha: White	<i>Sunrise:</i> 5:56AM		
		Yama 11:53AM – 1:23PM	Sukla Until 9:31PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 24	
		652552363 Rahu 4:21PM – 5:51PM	Visti Until 1:47AM Mon	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 3:03PM	Moon – Red		Bhuloka Day	
Until 4:17PM				Bhadrapada•Puratasi			
Then Creative Work - Amrita Yoga							

		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Yangon, Myanmar Sun 12 Sutra 176 Vilamba 5120	
Retreat Star		Gulika 1:22PM – 2:51PM	Uttaraphalguni Until 2:23PM	Ganesha: White	<i>Sunrise:</i> 5:57AM		
Kanya Rasi: 4.53	Tithi 29 – 30	Yama 10:24AM – 11:53AM	Brahma Until 6:22PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 24	
Family Home Evening		652552364 Rahu 7:26AM – 8:55AM	Catuspada Until 11:22PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:32PM	Moon – Red		Bhuloka Day	
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi		Devaloka Time: 6:PM to 9:PM	

Retreat Star		Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Yangon, Myanmar Sun 13 Sutra 177 Vilamba 5120	
Kanya Rasi: 19.1	Tithi 30 – 1	Gulika 11:53AM – 1:22PM	Hasta Until 1:02PM	Ganesha: Red	<i>Sunrise:</i> 5:57AM		
		Yama 8:55AM – 10:24AM	Indra Until 3:29PM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 24	
		662652364 Rahu 2:51PM – 4:20PM	Kintughna Until 9:18PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 10:16AM	Moon – Green		Devaloka Day	
		Navaratri Begins		Ashvina•Puratasi			

1		Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sun 14 Sutra 178	
Tula Rasi: 3.13	Tithi 1 – 2	Gulika 10:24AM – 11:53AM	Chitra Until 11:58AM	Ganesha: Red	<i>Sunrise:</i> 5:57AM	Vilamba 5120	
		Yama 7:26AM – 8:55AM	Vaidhriti* Until 12:55PM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25	
		662652364 Rahu 11:53AM – 1:22PM	Balava Until 7:42PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 8:24AM	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2		Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Yangon, Myanmar Sun 15 Sutra 179	
Tula Rasi: 16.55	Tithi 2 – 3	Gulika 8:55AM – 10:24AM	Svati Until 11:19AM	Ganesha: Red	<i>Sunrise:</i> 5:57AM	Vilamba 5120	
		Yama 5:57AM – 7:26AM	Vishkambha* Until 10:49AM	Muruqa: Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 25	
		662652364 Rahu 1:21PM – 2:50PM	Taitila Until 6:42PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 7:06AM	Moon – Green		Devaloka Day	
Until 11:19AM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

3		Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau		Yangon, Myanmar Sun 16 Sutra 180	
Vrischika Rasi: 0.15	Tithi 3 – 4	Gulika 7:26AM – 8:55AM	Vishakha Until 11:38AM	Ganesha: White	<i>Sunrise:</i> 5:57AM	Vilamba 5120	
		Yama 2:50PM – 4:18PM	Priti Until 9:17AM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25	
		673652364 Rahu 10:23AM – 11:52AM	Vanija Until 6:26PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Tritya Until 6:27AM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4		Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar Sun 17 Sutra 181	
Vrischika Rasi: 13.11	Tithi 4 – 5	Gulika 5:58AM – 7:26AM	Anuradha Until 12:33PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Vilamba 5120	
		Yama 1:20PM – 2:49PM	Ayushman Until 8:19AM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 25	
		673652364 Rahu 8:55AM – 10:23AM	Bava Until 6:57PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 6:34AM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5		Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Yangon, Myanmar Sun 18 Sutra 182	
Vrischika Rasi: 25.46	Tithi 5 – 6	Gulika 2:49PM – 4:17PM	Jyeshtha* Until 2:03PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Vilamba 5120	
		Yama 11:52AM – 1:20PM	Saubhagya Until 7:58AM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 25	
		673652364 Rahu 4:17PM – 5:46PM	Kaulava Until 8:13PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 7:28AM	Moon – Orange		Bhuloka Day	
Until 2:03PM				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

6		Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar Sun 19 Sutra 183	
Dhanus Rasi: 8.01	Tithi 6 – 7	Gulika 1:20PM – 2:48PM	Mula* Until 4:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Vilamba 5120	
Family Home Evening		Yama 10:23AM – 11:51AM	Sobhana Until 8:11AM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25	
Creative Work	Siddha Yoga	683652364 Rahu 7:26AM – 8:55AM	Gara Until 10:10PM	Nataraja: Clear		3rd Phase	
Until 4:33PM			Shashthi* Until 9:06AM	Moon – Light Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Ashvina+Puratasi			

Retreat Star		Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 20 Sutra 184	
Dhanus Rasi: 20.01	Tithi 7 – 8	Gulika 11:51AM – 1:19PM	Purvashadha* Until 7:24PM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Vilamba 5120	
		Yama 8:55AM – 10:23AM	Athiganda* Until 8:49AM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25	
		683652364 Rahu 2:48PM – 4:16PM	Vistil Until 12:35AM Wed	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 11:19AM	Moon – Light Blue		Devaloka Day	
Until 7:24PM		Durga Ashtami		Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar Sun 21 Sutra 185	
Makara Rasi: 1.53	Tithi 8 – 9	Gulika 10:23AM – 11:51AM	Uttarashadha Until 10:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Vilamba 5120	
		Yama 7:27AM – 8:55AM	Sukarma Until 9:45AM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25	
		683652364 Rahu 11:51AM – 1:19PM	Balava Until 3:14AM Thu	Nataraja: Clear		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 1:53PM	Moon – Light Blue		Devaloka Day	
Until 10:19PM		Saraswathi Puja (Tamil Nadu)		Ashvina+Purasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 22 Sutra 186 Vilamba 5120	
Makara Rasi: 13.41	Tithi 9 – 10	Gulika 8:55AM – 10:23AM	Shravana Until 1:35AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Muruqa: Purple	<i>Sunset:</i> 5:43PM
		Yama 5:59AM – 7:27AM	Dhriti Until 10:47AM			Nataraja: Clear	Moon 9 - Phase 26
		693652364 Rahu 1:19PM – 2:47PM	Taitila Until 5:50AM Fri			Moon – Purple	4th Phase
Creative Work	Siddha Yoga		Navami* Until 4:32PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
		Vijaya Dasami				Ashvina-Aipasi	

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 187 Vilamba 5120	
Makara Rasi: 25.3	Tithi 10	Gulika 7:27AM – 8:55AM	Dhanishtha Until 4:25AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Muruqa: Purple	<i>Sunset:</i> 5:42PM
		Yama 2:46PM – 4:14PM	Shula* Until 11:42AM			Nataraja: Clear	Moon 9 - Phase 26
		693652364 Rahu 10:23AM – 11:51AM	Gara Until 7:00PM			Moon – Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:00PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 4:25AM Sat						Ashvina-Aipasi	
Then Creative Work - Amrita Yoga							

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 188 Vilamba 5120	
Kumbha Rasi: 7.27	Tithi 11	Gulika 5:59AM – 7:27AM	Shatabhishak Until 6:39AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Muruqa: Purple	<i>Sunset:</i> 5:42PM
		Yama 1:18PM – 2:46PM	Ganda* Until 12:22PM			Nataraja: Clear	Moon 9 - Phase 26
		693652364 Rahu 8:55AM – 10:23AM	Vanija Until 8:07AM			Moon – Purple	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 9:04PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 6:39AM Sun						Ashvina-Aipasi	
Then Creative Work - Siddha Yoga							

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 189 Vilamba 5120	
Kumbha Rasi: 19.34	Tithi 12	Gulika 2:46PM – 4:13PM	Shatabhishak Until 6:39AM	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Muruqa: Purple	<i>Sunset:</i> 5:41PM
		Yama 11:50AM – 1:18PM	Vridhhi Until 12:39PM			Nataraja: Clear	Moon 9 - Phase 26
		693652364 Rahu 4:13PM – 5:41PM	Bava Until 9:55AM			Moon – Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:34PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
						Ashvina-Aipasi	

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 190 Vilamba 5120	
Meena Rasi: 1.57	Tithi 13	Gulika 1:18PM – 2:45PM	Purvaproshtapada* Until 8:37AM	Ganesha: White	<i>Sunrise:</i> 6:00AM	Muruqa: Purple	<i>Sunset:</i> 5:40PM
Family Home Evening		Yama 10:22AM – 11:50AM	Dhruva Until 12:26PM			Nataraja: Clear	Moon 9 - Phase 26
Routine Work	Marana Yoga	613652364 Rahu 7:27AM – 8:55AM	Kaulava Until 11:06AM			Moon – Clear	4th Phase
Until 8:37AM			Trayodashi Until 11:26PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						Ashvina-Aipasi	

6		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 191 Vilamba 5120	
Meena Rasi: 14.37	Tithi 14	Gulika 11:50AM – 1:17PM	Uttaraproshtapada Until 9:49AM	Ganesha: White	<i>Sunrise:</i> 6:00AM	Muruqa: Purple	<i>Sunset:</i> 5:40PM
		Yama 8:55AM – 10:22AM	Vyaghata* Until 11:44AM			Nataraja: Clear	Moon 9 - Phase 26
		613652364 Rahu 2:45PM – 4:12PM	Gara Until 11:38AM			Moon – Clear	4th Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 11:39PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 9:49AM						Ashvina-Aipasi	
Then Creative Work - Siddha Yoga							

○		Wednesday, October 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sutra 192 Vilamba 5120	
Copper Retreat Star		Gulika 10:22AM – 11:50AM	Revati Until 10:14AM	Ganesha: White	<i>Sunrise:</i> 6:00AM	Muruqa: Purple	<i>Sunset:</i> 5:39PM
Meena Rasi: 27.35	Tithi 15	Yama 7:28AM – 8:55AM	Harshana Until 10:33AM			Nataraja: Clear	Moon 9 - Phase 26
		613652364 Rahu 11:50AM – 1:17PM	Visti Until 11:34AM			Moon – Clear	Purnima
Routine Work	Marana Yoga		Purnima* Until 11:17PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
						Ashvina-Aipasi	

Thursday, October 25, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sutra 193 Vilamba 5120	
Mesha Rasi: 10.5	Tithi 16	Gulika 8:55AM – 10:22AM	Ashvini Until 10:26AM	Ganesha: Clear	<i>Sunrise:</i> 6:01AM	Muruqa: Purple	<i>Sunset:</i> 5:39PM
		Yama 6:01AM – 7:28AM	Vajra* Until 8:55AM			Nataraja: Clear	Moon 9 - Phase 26
		623652364 Rahu 1:17PM – 2:44PM	Balava Until 10:56AM			Moon – White	Prathama
Creative Work	Amrita Yoga		Prathama* Until 10:26PM			Bhuloka Day	Devaloka Time: 6:PM to 9:PM
Until 10:26AM						Ashvina-Aipasi	
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Friday, October 26, 2018

Gold Retreat Star

Mesha Rasi: 24.22 Tithi 17

Creative Work Siddha Yoga

624652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:28AM – 8:55AM
Yama 2:44PM – 4:11PM
Rahu 10:22AM – 11:50AM
Bharani Until 10:02AM
Siddhi Until 6:57AM
Taitila Until 9:51AM
Dvitiya Until 9:10PM

Ganesha: White *Sunrise:* 6:01AM
Muruqa: Purple *Sunset:* 5:38PM
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sivaloka Day

Yangon, Myanmar
Sun 1 Sutra 194
Vilamba 5120
Moon 10 - Phase 27
1st Phase

1

Saturday, October 27, 2018

Vrishabha Rasi: 8.05 Tithi 18

Creative Work Amrita Yoga

624652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:01AM – 7:28AM
Yama 1:17PM – 2:44PM
Rahu 8:55AM – 10:22AM
Krittika Until 9:10AM
Variyan Until 2:12AM Sun
Vanija Until 8:26AM
Tritiya Until 7:37PM

Ganesha: White *Sunrise:* 6:01AM
Muruqa: Purple *Sunset:* 5:38PM
Nataraja: Clear
Moon – White
Ashvina•Aipasi

Sivaloka Day

Yangon, Myanmar
Sun 2 Sutra 195
Vilamba 5120
Moon 10 - Phase 27
1st Phase

2

Sunday, October 28, 2018

Vrishabha Rasi: 21.58 Tithi 19 – 20

Creative Work Siddha Yoga

634652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 2:43PM – 4:10PM
Yama 11:49AM – 1:16PM
Rahu 4:10PM – 5:37PM
Rohini Until 8:20AM
Parigha* Until 11:36PM
Bava Until 6:47AM
Chaturthi* Until 5:53PM

Ganesha: Clear *Sunrise:* 6:01AM
Muruqa: Purple *Sunset:* 5:37PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Yangon, Myanmar
Sun 3 Sutra 196
Vilamba 5120
Moon 10 - Phase 27
1st Phase

3

Monday, October 29, 2018

Mithuna Rasi: 5.56 Tithi 20 – 21

Family Home Evening

Creative Work Amrita Yoga

Until 7:14AM

Then Creative Work - Siddha Yoga

634652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:16PM – 2:43PM
Yama 10:22AM – 11:49AM
Rahu 7:29AM – 8:56AM
Mrigashira Until 7:14AM
Shiva Until 8:55PM
Gara Until 3:05AM Tue
Panchami Until 4:01PM

Ganesha: Clear *Sunrise:* 6:02AM
Muruqa: Purple *Sunset:* 5:37PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Yangon, Myanmar
Sun 4 Sutra 197
Vilamba 5120
Moon 10 - Phase 27
1st Phase

4

Tuesday, October 30, 2018

Mithuna Rasi: 19.58 Tithi 21 – 22

Creative Work Siddha Yoga

634652364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 11:49AM – 1:16PM
Yama 8:56AM – 10:22AM
Rahu 2:43PM – 4:10PM
Punarvasu Until 4:47AM Wed
Siddha Until 6:10PM
Visti Until 1:08AM Wed
Shashthi* Until 2:06PM

Ganesha: Clear *Sunrise:* 6:02AM
Muruqa: Purple *Sunset:* 5:36PM
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Yangon, Myanmar
Sun 5 Sutra 198
Vilamba 5120
Moon 10 - Phase 27
1st Phase

●

Wednesday, October 31, 2018

Retreat Star

Kataka Rasi: 4.02 Tithi 22 – 23

Creative Work Siddha Yoga

644662364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:22AM – 11:49AM
Yama 7:29AM – 8:56AM
Rahu 11:49AM – 1:16PM
Pushya Until 3:31AM Thu
Sadhya Until 3:25PM
Balava Until 11:10PM
Saptami Until 12:08PM

Ganesha: Purple *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 5:36PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Subha Sivaloka Day

Yangon, Myanmar
Sun 6 Sutra 199
Vilamba 5120
Moon 10 - Phase 27
Ashtami

Thursday, November 1, 2018

Retreat Star

Kataka Rasi: 18.07 Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:06AM Fri

Then Routine Work - Marana Yoga

644662364

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:56AM – 10:23AM
Yama 6:03AM – 7:29AM
Rahu 1:16PM – 2:42PM
Ashlesha* Until 2:06AM Fri
Subha Until 12:39PM
Taitila Until 9:11PM
Ashtami* Until 10:09AM

Ganesha: Purple *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 5:35PM
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi

Subha Sivaloka Day

Yangon, Myanmar
Sun 7 Sutra 200
Vilamba 5120
Moon 10 - Phase 27
Navami

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 208 Vilamba 5120	
Wrischika Rasi: 8.2	Tithi 2	Gulika 7:32AM – 8:58AM	Anuradha Until 9:32PM	Ganesha: Orange	<i>Sunrise:</i> 6:06AM	Muruqa: Clear	<i>Sunset:</i> 5:33PM
		Yama 2:41PM – 4:07PM	Sobhana Until 4:15PM	Nataraja: Clear		Moon 10 - Phase 29	3rd Phase
		775762364 Rahu 10:24AM – 11:49AM	Balava Until 10:09AM	Moon – Orange		Sivaloka Day	
Creative Work	Siddha Yoga		Dvitiya Until 10:19PM	Kartika-Aipasi			
Until 9:32PM							
Then Routine Work - Marana Yoga							

2		Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Tailila/Gara Karana Trtiyayam Titau		Yangon, Myanmar Sun 16 Sutra 209 Vilamba 5120	
Wrischika Rasi: 21.08	Tithi 3	Gulika 6:07AM – 7:32AM	Jyeshtha* Until 10:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:07AM	Muruqa: Clear	<i>Sunset:</i> 5:32PM
		Yama 1:15PM – 2:41PM	Athiganda* Until 3:38PM	Nataraja: Clear		Moon 10 - Phase 29	3rd Phase
		775762364 Rahu 8:58AM – 10:24AM	Taitila Until 10:42AM	Moon – Orange		Sivaloka Day	
Creative Work	Siddha Yoga		Tritiya Until 11:12PM	Kartika-Aipasi			
Until 9:32PM							
Then Routine Work - Marana Yoga							

3		Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau		Yangon, Myanmar Sun 17 Sutra 210 Vilamba 5120	
Dhanus Rasi: 3.37	Tithi 4	Gulika 2:41PM – 4:06PM	Mula* Until 1:01AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Muruqa: Clear	<i>Sunset:</i> 5:32PM
		Yama 11:50AM – 1:15PM	Sukarma Until 3:33PM	Nataraja: Clear		Moon 10 - Phase 29	3rd Phase
		785762364 Rahu 4:06PM – 5:32PM	Vanija Until 11:55AM	Moon – Light Blue		Sivaloka Day	
Creative Work	Amrita Yoga		Chaturthi* Until 12:45AM Mon	Kartika-Aipasi			
Until 1:01AM Mon							
Then Routine Work - Marana Yoga							

4		Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 211 Vilamba 5120	
Dhanus Rasi: 15.5	Tithi 5	Gulika 1:15PM – 2:41PM	Purvashadha* Until 3:38AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Muruqa: Clear	<i>Sunset:</i> 5:32PM
Family Home Evening		Yama 10:24AM – 11:50AM	Dhriti Until 3:58PM	Nataraja: Clear		Moon 10 - Phase 29	3rd Phase
Routine Work	Marana Yoga	785762364 Rahu 7:33AM – 8:59AM	Bava Until 1:47PM	Moon – Light Blue		Sivaloka Day	
Until 3:38AM Tue			Panchami Until 2:53AM Tue	Kartika-Aipasi			
Then Routine Work - Prabalarishta Yoga							

5		Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Yangon, Myanmar Sun 19 Sutra 212 Vilamba 5120	
Dhanus Rasi: 27.5	Tithi 6	Gulika 11:50AM – 1:15PM	Uttarashadha Until 6:28AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	Muruqa: Clear	<i>Sunset:</i> 5:32PM
		Yama 8:59AM – 10:24AM	Shula* Until 4:42PM	Nataraja: Clear		Moon 10 - Phase 29	3rd Phase
		785762364 Rahu 2:41PM – 4:06PM	Kaulava Until 4:08PM	Moon – Light Blue		Sivaloka Day	
Routine Work	Prabalarishta Yoga		Shashthi* Until 5:25AM Wed	Kartika-Aipasi			
Until 6:28AM Wed							
Then Creative Work - Siddha Yoga							

6		Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Gara Karana Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 213 Vilamba 5120	
Makara Rasi: 9.41	Tithi 7	Gulika 10:25AM – 11:50AM	Uttarashadha Until 6:28AM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	Muruqa: Clear	<i>Sunset:</i> 5:31PM
		Yama 7:34AM – 8:59AM	Ganda* Until 5:40PM	Nataraja: Clear		Moon 10 - Phase 29	3rd Phase
		785762364 Rahu 11:50AM – 1:15PM	Gara Until 6:48PM	Moon – Light Blue		Sivaloka Day	
Creative Work	Amrita Yoga		Saptami Until 8:08AM Thu	Kartika-Aipasi			
Until 6:28AM							
Then Creative Work - Siddha Yoga							

☾		Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 214 Vilamba 5120	
Retreat Star		Gulika 8:59AM – 10:25AM	Shravana Until 9:46AM	Ganesha: Purple	<i>Sunrise:</i> 6:09AM	Muruqa: Clear	<i>Sunset:</i> 5:31PM
Makara Rasi: 21.28	Tithi 7 – 8	Yama 6:09AM – 7:34AM	Vridhi Until 6:40PM	Nataraja: Clear		Moon 10 - Phase 29	Ashtami
		795762364 Rahu 1:15PM – 2:41PM	Visti Until 9:29PM	Moon – Purple		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Saptami Until 8:08AM	Kartika-Aipasi			
Until 6:28AM							
Then Creative Work - Siddha Yoga							

☾		Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 215 Vilamba 5120	
Retreat Star		Gulika 7:35AM – 9:00AM	Dhanishtha Until 12:48PM	Ganesha: Purple	<i>Sunrise:</i> 6:09AM	Muruqa: Clear	<i>Sunset:</i> 5:31PM
Kumbha Rasi: 3.17	Tithi 8 – 9	Yama 2:41PM – 4:06PM	Dhruva Until 7:29PM	Nataraja: Clear		Moon 10 - Phase 29	Navami
		795762364 Rahu 10:25AM – 11:50AM	Balava Until 11:55PM	Moon – Purple		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Ashtami* Until 10:43AM	Kartika-Kartikai			
Until 6:28AM							
Then Creative Work - Siddha Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1	Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar
	Kumbha Rasi: 15.14	Tithi 9 – 10	796762365	Gulika 6:10AM – 7:35AM Yama 1:16PM – 2:41PM Rahu 9:00AM – 10:25AM	Shatabhishak Until 3:17PM Vyaghata* Until 7:59PM Taitila Until 1:53AM Sun Navami* Until 12:57PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Purple	Sun 23 Sutra 216 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Amrita Yoga						Devaloka Day	
Until 3:17PM							
Then Routine Work - Marana Yoga							

2	Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 27.23	Tithi 10 – 11	716762365	Gulika 2:41PM – 4:06PM Yama 11:51AM – 1:16PM Rahu 4:06PM – 5:31PM	Purvaproshtapada* Until 5:32PM Harshana Until 8:02PM Vanija Until 3:11AM Mon Dashami Until 2:36PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sun 24 Sutra 217 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga						Devaloka Day	
Until 5:32PM							
Then Creative Work - Amrita Yoga							

3	Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Meena Rasi: 9.49	Tithi 11 – 12	716762365	Gulika 1:16PM – 2:41PM Yama 10:26AM – 11:51AM Rahu 7:36AM – 9:01AM	Uttaraproshtapada Until 6:55PM Vajra* Until 7:30PM Bava Until 3:45AM Tue Ekadashi Until 3:32PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sun 25 Sutra 218 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga						Devaloka Day	
Family Home Evening							
Until 3:17PM							
Then Routine Work - Marana Yoga							

4	Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Meena Rasi: 22.35	Tithi 12 – 13	716762365	Gulika 11:51AM – 1:16PM Yama 9:01AM – 10:26AM Rahu 2:41PM – 4:06PM	Revati Until 7:26PM Siddhi Until 6:23PM Kaulava Until 3:33AM Wed Dvadashi Until 3:43PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sun 26 Sutra 219 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Creative Work Siddha Yoga						Devaloka Day	
Until 7:33PM							
Then Creative Work - Marana Yoga							
<i>Pradosha Vrata</i>							

5	Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Mesha Rasi: 5.44	Tithi 13 – 14	726762365	Gulika 10:26AM – 11:51AM Yama 7:37AM – 9:02AM Rahu 11:51AM – 1:16PM	Ashvini Until 7:33PM Vyatipata* Until 4:43PM Gara Until 2:40AM Thu Trayodashi Until 3:10PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sun 27 Sutra 220 Vilamba 5120 Moon 10 - Phase 30 4th Phase
Routine Work Marana Yoga						Bhuloka Day	
Until 7:33PM						Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

	Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar
	Mesha Rasi: 19.15	Tithi 14 – 15	726762365	Gulika 9:02AM – 10:27AM Yama 6:13AM – 7:37AM Rahu 1:16PM – 2:41PM	Bharani Until 6:53PM Varyan Until 2:31PM Visti Until 1:10AM Fri Chaturdashi* Until 1:58PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sutra 221 Vilamba 5120 Moon 10 - Phase 30 Purnima
Creative Work Siddha Yoga						Bhuloka Day	
Until 6:53PM						Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

6	Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar
	Vrishabha Rasi: 3.07	Tithi 15 – 16	726762365	Gulika 7:38AM – 9:02AM Yama 2:41PM – 4:06PM Rahu 10:27AM – 11:52AM	Krittika Until 5:35PM Parigha* Until 11:55AM Balava Until 11:12PM Purnima* Until 12:13PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sutra 222 Vilamba 5120 Moon 10 - Phase 30 Prathama
Creative Work Siddha Yoga						Bhuloka Day	
Until 5:35PM						Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga				Krittika Deepam Vinayaga Viratam Begins			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 223

Vilamba 5120

Vrishabha Rasi: 17.15 Tithi 16 - 17

737762365

Gulika

6:14AM - 7:38AM

Yama

1:17PM - 2:41PM

Rahu

9:03AM - 10:27AM

Rohini Until 4:12PM

Shiva Until 8:59AM

Taitila Until 8:55PM

Prathama* Until 10:04AM

Ganesha: Red

Sunrise: 6:14AM

Muruqa: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 4:12PM

Then Creative Work - Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 1.35 Tithi 17 - 18

737762365

Gulika

2:41PM - 4:06PM

Yama

11:52AM - 1:17PM

Rahu

4:06PM - 5:31PM

Mrigashira Until 2:26PM

Sadhya Until 2:32AM Mon

Vanija Until 6:25PM

Dvitiya Until 7:40AM

Ganesha: Red

Sunrise: 6:14AM

Muruqa: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 16.01 Tithi 19

737762365

Gulika

1:17PM - 2:42PM

Yama

10:28AM - 11:53AM

Rahu

7:39AM - 9:04AM

Ardra Until 12:27PM

Subha Until 11:15PM

Bava Until 3:51PM

Chaturthi* Until 2:34AM Tue

Ganesha: Red

Sunrise: 6:15AM

Muruqa: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 12:27PM

Then Creative Work - Amrita Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 0.28 Tithi 20

747762365

Gulika

11:53AM - 1:17PM

Yama

9:04AM - 10:29AM

Rahu

2:42PM - 4:06PM

Punarvasu Until 10:46AM

Sukla Until 8:00PM

Kaulava Until 1:20PM

Panchami Until 12:06AM Wed

Ganesha: Green

Sunrise: 6:15AM

Muruqa: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 14.5 Tithi 21

747862365

Gulika

10:29AM - 11:53AM

Yama

7:40AM - 9:05AM

Rahu

11:53AM - 1:18PM

Pushya Until 9:04AM

Brahma Until 4:53PM

Gara Until 10:56AM

Shashthi* Until 9:47PM

Ganesha: White

Sunrise: 6:16AM

Muruqa: Clear

Sunset: 5:31PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

5

Thursday, November 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Vistit*/Bava Karana Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 228

Vilamba 5120

Kataka Rasi: 29.04 Tithi 22

747863365

Gulika

9:05AM - 10:29AM

Yama

6:16AM - 7:41AM

Rahu

1:18PM - 2:42PM

Ashlesha* Until 7:25AM

Indra Until 1:57PM

Vistit Until 8:44AM

Saptami Until 7:42PM

Ganesha: White

Sunrise: 6:16AM

Muruqa: Purple

Sunset: 5:31PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Creative Work Siddha Yoga

Until 7:25AM

Then Creative Work - Amrita Yoga

D

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 13.1 Tithi 23 - 24

757863365

Gulika

7:41AM - 9:06AM

Yama

2:43PM - 4:07PM

Rahu

10:30AM - 11:54AM

Magha* Until 6:16AM

Vaidhriti* Until 11:11AM

Balava Until 6:47AM

Ashtami* Until 5:52PM

Ganesha: Clear

Sunrise: 6:17AM

Muruqa: Purple

Sunset: 5:31PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 6:16AM

Then Creative Work - Siddha Yoga

Saturday, December 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Vishkambha*/Prili Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar

Sun 7 Sutra 230

Vilamba 5120

Simha Rasi: 27.05 Tithi 24 - 25

758863365

Gulika

6:18AM - 7:42AM

Yama

1:19PM - 2:43PM

Rahu

9:06AM - 10:30AM

Uttaraphalguni Until 4:20AM Sun

Vishkambha* Until 8:38AM

Vanija Until 3:39AM Sun

Navami* Until 4:19PM

Ganesha: Orange

Sunrise: 6:18AM

Muruqa: Purple

Sunset: 5:31PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 4:20AM Sun


Then Creative Work - Amrita Yoga


1	Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Yangon, Myanmar Sun 8 Sutra 231 Vilamba 5120
	Kanya Rasi: 10.51	Tithi 25 – 26	Gulika 2:43PM – 4:07PM Yama 11:55AM – 1:19PM Rahu 4:07PM – 5:31PM	Hasta Until 4:00AM Mon Priti Until 6:20AM Bava Until 2:31AM Mon Dashami Until 3:01PM	Ganesha: Light Blue <i>Sunrise: 6:18AM</i> Muruqa: Purple <i>Sunset: 5:31PM</i> Nataraja: White Moon – Green	Moon 11 - Phase 32 2nd Phase Bhuloka Day Karttika-Karttikai
Creative Work Amrita Yoga Until 4:00AM Mon Then Routine Work - Prabalarishta Yoga						

2	Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Yangon, Myanmar Sun 9 Sutra 232 Vilamba 5120
	Kanya Rasi: 24.26	Tithi 26 – 27	Gulika 1:19PM – 2:43PM Yama 10:31AM – 11:55AM Rahu 7:43AM – 9:07AM	Chitra Until 3:50AM Tue Saubhagya Until 2:22AM Tue Kaulava Until 1:41AM Tue Ekadashi* Until 2:02PM	Ganesha: Light Blue <i>Sunrise: 6:19AM</i> Muruqa: Purple <i>Sunset: 5:32PM</i> Nataraja: White Moon – Green	Moon 11 - Phase 32 2nd Phase Bhuloka Day Karttika-Karttikai
Family Home Evening Routine Work Prabalarishta Yoga Until 3:50AM Tue Then Creative Work - Siddha Yoga						

3	Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sobhana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau			Yangon, Myanmar Sun 10 Sutra 233 Vilamba 5120
	Tula Rasi: 7.52	Tithi 27 – 28	Gulika 11:56AM – 1:20PM Yama 9:07AM – 10:32AM Rahu 2:44PM – 4:08PM	Svati Until 3:51AM Wed Sobhana Until 12:47AM Wed Gara Until 1:11AM Wed Dvadashi* Until 1:22PM	Ganesha: Light Blue <i>Sunrise: 6:19AM</i> Muruqa: Purple <i>Sunset: 5:32PM</i> Nataraja: White Moon – Green	Moon 11 - Phase 32 2nd Phase Bhuloka Day Karttika-Karttikai
Creative Work Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau			Yangon, Myanmar Sun 11 Sutra 234 Vilamba 5120
	Tula Rasi: 21.05	Tithi 28 – 29	Gulika 10:32AM – 11:56AM Yama 7:44AM – 9:08AM Rahu 11:56AM – 1:20PM	Vishakha Until 4:33AM Thu Athiganda* Until 11:30PM Visti Until 1:06AM Thu Trayodashi* Until 1:04PM	Ganesha: Purple <i>Sunrise: 6:20AM</i> Muruqa: Purple <i>Sunset: 5:32PM</i> Nataraja: White Moon – Orange	Moon 11 - Phase 32 2nd Phase Bhuloka Day Karttika-Karttikai
Creative Work Siddha Yoga						

	Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Yangon, Myanmar Sun 12 Sutra 235 Vilamba 5120
	Retreat Star		Gulika 9:08AM – 10:32AM Yama 6:21AM – 7:45AM Rahu 1:20PM – 2:44PM	Anuradha Until 5:34AM Fri Sukarma Until 10:34PM Catuspada Until 1:29AM Fri Chaturdashi* Until 1:12PM	Ganesha: Purple <i>Sunrise: 6:21AM</i> Muruqa: Purple <i>Sunset: 5:32PM</i> Nataraja: White Moon – Orange	Moon 11 - Phase 32 Amavasya Bhuloka Day Karttika-Karttikai
Vrischika Rasi: 4.06 Tithi 29 – 30 Creative Work Siddha Yoga Until 5:34AM Fri Then Routine Work - Marana Yoga						

	Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Yangon, Myanmar Sun 13 Sutra 236 Vilamba 5120
	Retreat Star		Gulika 7:45AM – 9:09AM Yama 2:45PM – 4:09PM Rahu 10:33AM – 11:57AM	Jyeshtha* Until 6:55AM Sat Dhriti Until 10:03PM Kintughna Until 2:22AM Sat Amavasya* Until 1:50PM	Ganesha: Light Blue <i>Sunrise: 6:21AM</i> Muruqa: Purple <i>Sunset: 5:32PM</i> Nataraja: White Moon – Orange	Moon 11 - Phase 32 Prathama Bhuloka Day Margasira-Karttikai
Vrischika Rasi: 16.53 Tithi 30 – 1 Routine Work Marana Yoga Until 6:55AM Sat Then Creative Work - Siddha Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Yangon, Myanmar Sun 14 Sutra 237 Vilamba 5120
Vrischika Rasi: 29.26	Tithi 1 – 2	Gulika 6:22AM – 7:46AM Yama 1:21PM – 2:45PM Rahu 9:10AM – 10:33AM	Jyeshtha* Until 6:55AM Shula* Until 9:54PM Balava Until 3:48AM Sun Prathama* Until 2:59PM	Ganesha: Light Blue <i>Sunrise:</i> 6:22AM Muruqa: Purple <i>Sunset:</i> 5:33PM Nataraja: White Moon – Orange Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Creative Work	Siddha Yoga	799863365			
2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Yangon, Myanmar Sun 15 Sutra 238 Vilamba 5120
Dhanus Rasi: 11.44	Tithi 2 – 3	Gulika 2:45PM – 4:09PM Yama 11:58AM – 1:22PM Rahu 4:09PM – 5:33PM	Mula* Until 9:06AM Ganda* Until 10:11PM Taitila Until 5:45AM Mon Dvitiya Until 4:41PM	Ganesha: Purple <i>Sunrise:</i> 6:22AM Muruqa: Purple <i>Sunset:</i> 5:33PM Nataraja: White Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Creative Work	Amrita Yoga	789863365			
Until 9:06AM					
Then Creative Work - Siddha Yoga					
3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Gara Karana Tritiyayam Titau	Yangon, Myanmar Sun 16 Sutra 239 Vilamba 5120
Dhanus Rasi: 23.51	Tithi 3	Gulika 1:22PM – 2:46PM Yama 10:34AM – 11:58AM Rahu 7:47AM – 9:11AM	Purvashadha* Until 11:37AM Vriddhi Until 10:48PM Gara Until 6:52PM Tritiya Until 6:52PM	Ganesha: Purple <i>Sunrise:</i> 6:23AM Muruqa: Purple <i>Sunset:</i> 5:33PM Nataraja: White Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Family Home Evening		789863365			
Routine Work	Marana Yoga				
4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau	Yangon, Myanmar Sun 17 Sutra 240 Vilamba 5120
Makara Rasi: 5.47	Tithi 4	Gulika 11:59AM – 1:22PM Yama 9:11AM – 10:35AM Rahu 2:46PM – 4:10PM	Uttarashadha Until 2:21PM Dhruva Until 11:40PM Vanija Until 8:08AM Chaturthi* Until 9:25PM	Ganesha: Purple <i>Sunrise:</i> 6:23AM Muruqa: Purple <i>Sunset:</i> 5:34PM Nataraja: White Moon – Light Blue Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day
Routine Work	Prabalarishta Yoga	789863365			
Until 2:21PM					
Then Creative Work - Siddha Yoga					
5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Yangon, Myanmar Sun 18 Sutra 241 Vilamba 5120
Makara Rasi: 17.37	Tithi 5	Gulika 10:35AM – 11:59AM Yama 7:48AM – 9:12AM Rahu 11:59AM – 1:23PM	Shravana Until 5:38PM Vyaghata* Until 12:40AM Thu Bava Until 10:48AM Panchami Until 12:10AM Thu	Ganesha: Clear <i>Sunrise:</i> 6:24AM Muruqa: Purple <i>Sunset:</i> 5:34PM Nataraja: White Moon – Purple Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga	799863365			
Until 5:38PM					
Then Routine Work - Prabalarishta Yoga					
6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Yangon, Myanmar Sun 19 Sutra 242 Vilamba 5120
Makara Rasi: 29.23	Tithi 6	Gulika 9:12AM – 10:36AM Yama 6:25AM – 7:48AM Rahu 1:23PM – 2:47PM	Dhanishtha Until 8:47PM Harshana Until 1:39AM Fri Kaulava Until 1:33PM Shashthi* Until 2:52AM Fri	Ganesha: Clear <i>Sunrise:</i> 6:25AM Muruqa: Purple <i>Sunset:</i> 5:34PM Nataraja: White Moon – Purple Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work	Siddha Yoga	799863365			
Vinayaga Viratam Ends					
7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Yangon, Myanmar Sun 20 Sutra 243 Vilamba 5120
Retreat Star		Gulika 7:49AM – 9:13AM Yama 2:47PM – 4:11PM Rahu 10:36AM – 12:00PM	Shatabhishak Until 11:34PM Vajra* Until 2:25AM Sat Gara Until 4:10PM Saptami Until 5:19AM Sat	Ganesha: Clear <i>Sunrise:</i> 6:25AM Muruqa: Purple <i>Sunset:</i> 5:35PM Nataraja: White Moon – Purple Margasira-Karttikai	Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 11.12	Tithi 7	799863365			
Creative Work	Siddha Yoga				
8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Visti* Karana Ashtamyam Titau	Yangon, Myanmar Sun 21 Sutra 244 Vilamba 5120
Retreat Star		Gulika 6:26AM – 7:49AM Yama 1:24PM – 2:48PM Rahu 9:13AM – 10:37AM	Purvaproshtapada* Until 2:15AM Sun Siddhi Until 2:51AM Sun Visti Until 6:23PM Ashtami* Until 7:15AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:26AM Muruqa: Purple <i>Sunset:</i> 5:35PM Nataraja: White Moon – Clear Margasira-Karttikai	Moon 11 - Phase 33 Ashtami Bhuloka Day Devaloka Time: 6:AM to 9:AM
Kumbha Rasi: 23.07	Tithi 8	711863365			
Routine Work	Marana Yoga				
Until 2:15AM Sun					
Then Creative Work - Amrita Yoga					
9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 245 Vilamba 5120
Retreat Star		Gulika 2:48PM – 4:12PM Yama 12:01PM – 1:25PM Rahu 4:12PM – 5:36PM	Uttaraproshtapada Until 4:08AM Mon Vyatipata* Until 2:48AM Mon Balava Until 8:00PM Ashtami* Until 7:15AM	Ganesha: Clear <i>Sunrise:</i> 6:26AM Muruqa: Purple <i>Sunset:</i> 5:36PM Nataraja: White Moon – Clear Margasira-Markali	Moon 11 - Phase 33 Navami Bhuloka Day Devaloka Time: 6:AM to 9:AM
Meena Rasi: 5.14	Tithi 8 – 9	711863365			
Creative Work	Amrita Yoga				
Until 4:08AM Mon					
Then Creative Work - Siddha Yoga					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 246 Vilamba 5120
1	Meena Rasi: 17.38 Tithi 9 – 10 Family Home Evening Creative Work Siddha Yoga	Gulika 1:25PM – 2:49PM Yama 10:38AM – 12:01PM Rahu 7:51AM – 9:14AM	Revati Until 5:08AM Tue Variyan Until 2:08AM Tue Taitila Until 8:52PM Navami* Until 8:31AM	Ganesha: Purple <i>Sunrise:</i> 6:27AM Muruqa: Purple <i>Sunset:</i> 5:36PM Nataraja: White Moon – Clear Bhuloka Day Margasira*Markali

Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 247 Vilamba 5120
2	Mesha Rasi: 0.22 Tithi 10 – 11 Creative Work Siddha Yoga	Gulika 12:02PM – 1:26PM Yama 9:15AM – 10:38AM Rahu 2:49PM – 4:13PM	Ashvini Until 5:39AM Wed Parigha* Until 12:51AM Wed Vanija Until 8:56PM Dashami Until 8:59AM	Ganesha: Clear <i>Sunrise:</i> 6:27AM Muruqa: Purple <i>Sunset:</i> 5:37PM Nataraja: White Moon – White Bhuloka Day Margasira*Markali Devaloka Time: 6:AM to 9:AM

Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 248 Vilamba 5120
3	Mesha Rasi: 13.31 Tithi 11 – 12 Creative Work Siddha Yoga Until 5:13AM Thu Then Routine Work - Marana Yoga	Gulika 10:39AM – 12:02PM Yama 7:52AM – 9:15AM Rahu 12:02PM – 1:26PM	Bharani Until 5:13AM Thu Shiva Until 10:56PM Bava Until 8:10PM Ekadashi Until 8:38AM	Ganesha: Clear <i>Sunrise:</i> 6:28AM Muruqa: Purple <i>Sunset:</i> 5:37PM Nataraja: White Moon – White Bhuloka Day Margasira*Markali Devaloka Time: 6:AM to 9:AM

Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 249 Vilamba 5120
4	Mesha Rasi: 27.06 Tithi 12 – 13 Routine Work Marana Yoga	Gulika 9:16AM – 10:39AM Yama 6:28AM – 7:52AM Rahu 1:27PM – 2:50PM	Krittika Until 3:58AM Fri Siddha Until 8:26PM Kaulava Until 6:39PM Dvadashi Until 7:29AM	Ganesha: Clear <i>Sunrise:</i> 6:28AM Muruqa: Purple <i>Sunset:</i> 5:37PM Nataraja: White Moon – White Bhuloka Day Margasira*Markali Devaloka Time: 6:AM to 9:AM

Pradosha Vrata

Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 250 Vilamba 5120
5	Vrishabha Rasi: 11.07 Tithi 14 Routine Work Marana Yoga Until 2:24AM Sat Then Creative Work - Siddha Yoga	Gulika 7:53AM – 9:16AM Yama 2:51PM – 4:14PM Rahu 10:40AM – 12:03PM	Rohini Until 2:24AM Sat Sadhya Until 5:26PM Gara Until 4:30PM Chaturdashi* Until 3:13AM Sat	Ganesha: White <i>Sunrise:</i> 6:29AM Muruqa: Purple <i>Sunset:</i> 5:38PM Nataraja: White Moon – Yellow Bhuloka Day Margasira*Markali

Saturday, December 22, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sutra 251 Vilamba 5120
○	Copper Retreat Star Vrishabha Rasi: 25.29 Tithi 15 Creative Work Siddha Yoga	Gulika 6:29AM – 7:53AM Yama 1:28PM – 2:51PM Rahu 9:17AM – 10:40AM	Mrigashira Until 12:17AM Sun Subha Until 2:02PM Visti Until 1:51PM Purnima* Until 12:22AM Sun	Ganesha: White <i>Sunrise:</i> 6:29AM Muruqa: Purple <i>Sunset:</i> 5:38PM Nataraja: White Moon – Yellow Bhuloka Day Margasira*Markali

Sunday, December 23, 2018		Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sutra 252 Vilamba 5120
○	Silver Retreat Star Mithuna Rasi: 10.1 Tithi 16 Creative Work Siddha Yoga	Gulika 2:52PM – 4:15PM Yama 12:04PM – 1:28PM Rahu 4:15PM – 5:39PM	Ardra Until 9:45PM Sukla Until 10:21AM Balava Until 10:51AM Prathama* Until 9:15PM	Ganesha: Yellow <i>Sunrise:</i> 6:30AM Muruqa: Purple <i>Sunset:</i> 5:39PM Nataraja: White Moon – Yellow Bhuloka Day Margasira*Markali Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam
Punarvasu Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvilyayam Titau

Yangon, Myanmar

Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Mithuna Rasi: 25.01 Tithi 17

Family Home Evening 841963365

Creative Work Amrita Yoga

Until 7:23PM

Then Creative Work - Siddha Yoga

Gulika 1:29PM - 2:52PM
Yama 10:41AM - 12:05PM
Rahu 7:54AM - 9:18AM

Day 4 of Pancha Ganapati

Punarvasu Until 7:23PM
Brahma Until 6:30AM
Taitila Until 7:39AM

Dvitiya Until 6:01PM

Ganesha: Blue Sunrise: 6:30AM

Muruqa: Purple Sunset: 5:39PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

1

Tuesday, December 25, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 1 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 9.55 Tithi 18 - 19

841963365

Creative Work Siddha Yoga

Gulika 12:05PM - 1:29PM
Yama 9:18AM - 10:42AM
Rahu 2:53PM - 4:16PM

Day 5 of Pancha Ganapati

Pushya Until 4:55PM
Vaidhriti* Until 10:48PM
Bava Until 1:17AM Wed

Tritiya Until 2:49PM

Ganesha: Blue Sunrise: 6:31AM

Muruqa: Purple Sunset: 5:40PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

2

Wednesday, December 26, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 2 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Kataka Rasi: 24.43 Tithi 19 - 20

842963366

Creative Work Siddha Yoga

Gulika 10:42AM - 12:06PM
Yama 7:55AM - 9:19AM
Rahu 12:06PM - 1:30PM

Day 5 of Pancha Ganapati

Ashlesha* Until 2:29PM
Vishkambha* Until 7:09PM
Kaulava Until 10:22PM

Chaturthi* Until 11:46AM

Ganesha: Yellow Sunrise: 6:31AM

Muruqa: Purple Sunset: 5:41PM

Nataraja: Green

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, December 27, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Yangon, Myanmar

Sun 3 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 9.2 Tithi 20 - 21

852963366

Creative Work Amrita Yoga

Until 12:38PM

Then Creative Work - Siddha Yoga

Gulika 9:19AM - 10:43AM
Yama 6:32AM - 7:55AM
Rahu 1:30PM - 2:54PM

Day 5 of Pancha Ganapati

Magha* Until 12:38PM
Priti Until 3:47PM
Gara Until 7:48PM

Panchami Until 9:01AM

Ganesha: Blue Sunrise: 6:32AM

Muruqa: Purple Sunset: 5:41PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

4

Friday, December 28, 2018

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 4 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Simha Rasi: 23.41 Tithi 21 - 22

852963366

Creative Work Siddha Yoga

Gulika 7:56AM - 9:20AM
Yama 2:54PM - 4:18PM
Rahu 10:43AM - 12:07PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 11:03AM
Ayushman Until 12:44PM
Bava Until 4:46AM Sat

Shashthi* Until 6:40AM

Ganesha: Blue Sunrise: 6:32AM

Muruqa: Purple Sunset: 5:42PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 5 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Kanya Rasi: 7.43 Tithi 23

852963366

Routine Work Marana Yoga

Gulika 6:33AM - 7:56AM
Yama 1:31PM - 2:55PM
Rahu 9:20AM - 10:44AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 9:47AM
Saubhagya Until 10:05AM
Balava Until 4:02PM

Ashtami* Until 3:24AM Sun

Ganesha: Blue Sunrise: 6:33AM

Muruqa: Purple Sunset: 5:42PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Sunday, December 30, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Hasta/Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 6 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Kanya Rasi: 21.26 Tithi 24

862963366

Creative Work Amrita Yoga

Until 9:20AM

Then Creative Work - Siddha Yoga

Gulika 2:55PM - 4:19PM
Yama 12:08PM - 1:32PM
Rahu 4:19PM - 5:43PM

Day 5 of Pancha Ganapati

Hasta Until 9:20AM
Sobhana Until 7:52AM
Taitila Until 2:56PM

Navami* Until 2:34AM Mon

Ganesha: Red Sunrise: 6:33AM

Muruqa: Purple Sunset: 5:43PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Monday, December 31, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Chitra/Svati Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau			Yangon, Myanmar Sun 7 Sutra 260 Vilamba 5120
1	Tula Rasi: 4.51 Tithi 25 Family Home Evening Routine Work Prabalarishta Yoga Until 9:16AM Then Creative Work - Amrita Yoga	Gulika 1:32PM – 2:56PM Yama 10:45AM – 12:08PM Rahu 7:57AM – 9:21AM	Chitra Until 9:16AM Athiganda* Until 6:03AM Vanija Until 2:22PM Dashami Until 2:15AM Tue	Ganesha: Red Muruqa: Purple Nataraja: Green Moon – Green Margasira*Markali	Sunrise: 6:33AM Sunset: 5:43PM Moon 12 - Phase 36 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Svati/Vishakha Nakshatra Dhriti Yoga Bava/Balava Karana Ekadashyam Titau			Yangon, Myanmar Sun 8 Sutra 261 Vilamba 5120
2	Tula Rasi: 17.59 Tithi 26 862963366 Creative Work Siddha Yoga Until 9:33AM Then Routine Work - Marana Yoga	Gulika 12:09PM – 1:33PM Yama 9:21AM – 10:45AM Rahu 2:56PM – 4:20PM	Svati Until 9:33AM Dhriti Until 3:39AM Wed Bava Until 2:19PM Ekadashi* Until 2:28AM Wed	Ganesha: Red Muruqa: Purple Nataraja: Green Moon – Green Margasira*Markali	Sunrise: 6:34AM Sunset: 5:44PM Moon 12 - Phase 36 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Vishakha/Anuradha Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Yangon, Myanmar Sun 9 Sutra 262 Vilamba 5120
3	Vrischika Rasi: 0.52 Tithi 27 872963366 Creative Work Siddha Yoga	Gulika 10:46AM – 12:09PM Yama 7:58AM – 9:22AM Rahu 12:09PM – 1:33PM	Vishakha Until 10:38AM Shula* Until 3:01AM Thu Kaulava Until 2:47PM Dvadashi* Until 3:10AM Thu	Ganesha: Green Muruqa: Purple Nataraja: Green Moon – Orange Margasira*Markali	Sunrise: 6:34AM Sunset: 5:44PM Moon 12 - Phase 36 2nd Phase Bhuloka Day

Thursday, January 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau			Yangon, Myanmar Sun 10 Sutra 263 Vilamba 5120
4	Vrischika Rasi: 13.31 Tithi 28 872963366 Creative Work Siddha Yoga Until 12:01PM Then Routine Work - Prabalarishta Yoga	Gulika 9:22AM – 10:46AM Yama 6:35AM – 7:58AM Rahu 1:34PM – 2:57PM	Anuradha Until 12:01PM Ganda* Until 2:44AM Fri Gara Until 3:43PM Trayodashi* Until 4:21AM Fri <i>Pradosha Vrata (Fasting)</i>	Ganesha: Green Muruqa: Purple Nataraja: Green Moon – Orange Margasira*Markali	Sunrise: 6:35AM Sunset: 5:45PM Moon 12 - Phase 36 2nd Phase Bhuloka Day

Friday, January 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Yangon, Myanmar Sun 11 Sutra 264 Vilamba 5120
5	Vrischika Rasi: 25.57 Tithi 29 872963366 Routine Work Marana Yoga Until 1:42PM Then Creative Work - Amrita Yoga	Gulika 7:59AM – 9:23AM Yama 2:58PM – 4:22PM Rahu 10:46AM – 12:10PM	Jyeshtha* Until 1:42PM Vriddhi Until 2:49AM Sat Visti Until 5:07PM Chaturdashi* Until 5:58AM Sat	Ganesha: Green Muruqa: Purple Nataraja: Green Moon – Orange Margasira*Markali	Sunrise: 6:35AM Sunset: 5:46PM Moon 12 - Phase 36 2nd Phase Bhuloka Day

Saturday, January 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada* Karana Amavasyayam Titau			Yangon, Myanmar Sun 12 Sutra 265 Vilamba 5120
Retreat Star	Dhanus Rasi: 8.13 Tithi 30 882963366 Creative Work Siddha Yoga	Gulika 6:35AM – 7:59AM Yama 1:35PM – 2:59PM Rahu 9:23AM – 10:47AM	Mula* Until 4:06PM Dhruva Until 3:10AM Sun Catuspada Until 6:57PM Amavasya* Until 7:59AM Sun	Ganesha: White Muruqa: Purple Nataraja: Green Moon – Light Blue Margasira*Markali	Sunrise: 6:35AM Sunset: 5:46PM Moon 12 - Phase 36 Amavasya Bhuloka Day

Sunday, January 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha* Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Yangon, Myanmar Sun 13 Sutra 266 Vilamba 5120
Retreat Star	Dhanus Rasi: 20.19 Tithi 30 – 1 882973366 Creative Work Siddha Yoga Until 6:43PM Then Creative Work - Amrita Yoga	Gulika 2:59PM – 4:23PM Yama 12:11PM – 1:35PM Rahu 4:23PM – 5:47PM	Purvashadha* Until 6:43PM Vyaghata* Until 3:48AM Mon Kintughna Until 9:09PM Amavasya* Until 7:59AM	Ganesha: White Muruqa: Clear Nataraja: Green Moon – Light Blue Pausha*Markali	Sunrise: 6:36AM Sunset: 5:47PM Moon 12 - Phase 36 Prathama Bhuloka Day Devaloka Time: 12:PM to 3:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sun 14 Sutra 267 Vilamba 5120	
1	Makara Rasi: 2.16 Family Home Evening Routine Work Marana Yoga Until 9:26PM Then Creative Work - Amrita Yoga	Tithi 1 - 2 882973366	Gulika 1:36PM - 3:00PM Yama 10:48AM - 12:12PM Rahu 8:00AM - 9:24AM	Uttarashadha Until 9:26PM Harshana Until 4:39AM Tue Balava Until 11:39PM Prathama* Until 10:20AM	Ganesha: White <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:47PM Nataraja: Green Moon - Light Blue Pausha-Markali
				Bhuloka Day Devaloka Time: 12:PM to 3:PM	

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Yangon, Myanmar Sun 15 Sutra 268 Vilamba 5120	
2	Makara Rasi: 14.07 Creative Work Siddha Yoga Until 12:42AM Wed Then Routine Work - Prabalarishta Yoga	Tithi 2 - 3 893973366	Gulika 12:12PM - 1:36PM Yama 9:24AM - 10:48AM Rahu 3:00PM - 4:24PM	Shravana Until 12:42AM Wed Vajra* Until 5:36AM Wed Taitila Until 2:20AM Wed Dvitiya Until 12:57PM	Ganesha: Red <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:48PM Nataraja: Green Moon - Purple Pausha-Markali
				Devaloka Day	

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Yangon, Myanmar Sun 16 Sutra 269 Vilamba 5120	
3	Makara Rasi: 25.55 Routine Work Prabalarishta Yoga Until 3:52AM Thu Then Creative Work - Siddha Yoga	Tithi 3 - 4 893973366	Gulika 10:48AM - 12:13PM Yama 8:00AM - 9:24AM Rahu 12:13PM - 1:37PM	Dhanishtha Until 3:52AM Thu Siddhi Until 6:36AM Thu Vanija Until 5:06AM Thu Tritiya Until 3:42PM	Ganesha: Red <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 5:49PM Nataraja: Green Moon - Purple Pausha-Markali
				Devaloka Day	

Thursday, January 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Chaturthyam Titau		Yangon, Myanmar Sun 17 Sutra 270 Vilamba 5120	
4	Kumbha Rasi: 7.43 Creative Work Siddha Yoga	Tithi 4 893973366	Gulika 9:25AM - 10:49AM Yama 6:37AM - 8:01AM Rahu 1:37PM - 3:01PM	Shatabhishak Until 6:46AM Fri Siddhi Until 6:36AM Visti Until 6:25PM Chaturthi* Until 6:25PM	Ganesha: Red <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:49PM Nataraja: Green Moon - Purple Pausha-Markali
				Devaloka Day	

Friday, January 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyalipata*/Varyan* Yoga Bava/Balava Karana Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 271 Vilamba 5120	
5	Kumbha Rasi: 19.32 Creative Work Siddha Yoga	Tithi 5 893973366	Gulika 8:01AM - 9:25AM Yama 3:02PM - 4:26PM Rahu 10:49AM - 12:13PM	Shatabhishak Until 6:46AM Vyatipata* Until 7:31AM Bava Until 7:45AM Panchami Until 8:57PM	Ganesha: Red <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:50PM Nataraja: Green Moon - Purple Pausha-Markali
				Devaloka Day	

Saturday, January 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada* Nakshatra Varyan*/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau		Yangon, Myanmar Sun 19 Sutra 272 Vilamba 5120	
6	Meena Rasi: 1.27 Routine Work Marana Yoga Until 9:44AM Then Creative Work - Siddha Yoga	Tithi 6 813973366	Gulika 6:37AM - 8:01AM Yama 1:38PM - 3:02PM Rahu 9:25AM - 10:50AM	Purvaprosarthapada* Until 9:44AM Varyan Until 8:13AM Kaulava Until 10:07AM Shashthi* Until 11:07PM	Ganesha: Clear <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:51PM Nataraja: Green Moon - Clear Pausha-Markali
				Devaloka Day	

Sunday, January 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 273 Vilamba 5120	
Retreat Star			Gulika 3:03PM - 4:27PM Yama 12:14PM - 1:38PM Rahu 4:27PM - 5:51PM	Uttaraprosarthapada Until 12:07PM Parigha* Until 8:36AM Gara Until 12:02PM Saptami Until 12:45AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:51PM Nataraja: Green Moon - Clear Pausha-Markali
				Devaloka Day	

Monday, January 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 274 Vilamba 5120	
Retreat Star			Gulika 1:39PM - 3:03PM Yama 10:50AM - 12:14PM Rahu 8:02AM - 9:26AM	Revati Until 1:44PM Shiva Until 8:32AM Visti Until 1:19PM Ashtami* Until 1:40AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:52PM Nataraja: Green Moon - Clear Pausha-Thai
				Devaloka Day	

Tuesday, January 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 275 Vilamba 5120	
Retreat Star			Gulika 12:15PM - 1:39PM Yama 9:26AM - 10:50AM Rahu 3:04PM - 4:28PM	Ashvini Until 2:58PM Siddha Until 7:53AM Balava Until 1:51PM Navami* Until 1:48AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:52PM Nataraja: Green Moon - White Pausha-Thai
				Sivaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Wednesday, January 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 276 Vilamba 5120	
Mesha Rasi: 21.32	Tithi 10	Gulika 10:51AM – 12:15PM	Bharani Until 3:13PM	Ganesha: Blue	<i>Sunrise:</i> 6:38AM	Muruqa: Clear	<i>Sunset:</i> 5:53PM
		Yama 8:02AM – 9:26AM	Sadhya Until 6:38AM	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 12:15PM – 1:40PM	Taitila Until 1:34PM	Moon – White		Sivaloka Day	
Creative Work	Siddha Yoga		Dashami Until 1:06AM Thu	Pausha-Thai			
Until 3:13PM							
Then Creative Work - Amrita Yoga							

2		Thursday, January 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visli* Karana Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 277 Vilamba 5120	
Vrishabha Rasi: 5	Tithi 11	Gulika 9:27AM – 10:51AM	Krittika Until 2:32PM	Ganesha: Blue	<i>Sunrise:</i> 6:38AM	Muruqa: Clear	<i>Sunset:</i> 5:54PM
		Yama 6:38AM – 8:02AM	Sukla Until 2:13AM Fri	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 1:40PM – 3:05PM	Vanija Until 12:27PM	Moon – White		Sivaloka Day	
Routine Work	Marana Yoga		Ekadashi Until 11:35PM	Pausha-Thai			

3		Friday, January 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 278 Vilamba 5120	
Vrishabha Rasi: 18.56	Tithi 12	Gulika 8:02AM – 9:27AM	Rohini Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Muruqa: Clear	<i>Sunset:</i> 5:54PM
		Yama 3:05PM – 4:30PM	Brahma Until 11:07PM	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 10:51AM – 12:16PM	Bava Until 10:35AM	Moon – Yellow		Devaloka Day	
Routine Work	Marana Yoga		Dvadashi Until 9:22PM	Pausha-Thai			
Until 1:24PM							
Then Creative Work - Siddha Yoga							

4		Saturday, January 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 279 Vilamba 5120	
Mithuna Rasi: 3.19	Tithi 13	Gulika 6:38AM – 8:02AM	Mrigashira Until 11:29AM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Muruqa: Clear	<i>Sunset:</i> 5:55PM
		Yama 1:41PM – 3:05PM	Indra Until 7:35PM	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 9:27AM – 10:52AM	Kaulava Until 8:03AM	Moon – Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Trayodashi Until 6:33PM	Pausha-Thai			

Pradosha Vrata

5		Sunday, January 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Yangon, Myanmar Sun 27 Sutra 280 Vilamba 5120	
Mithuna Rasi: 18.04	Tithi 14 – 15	Gulika 3:06PM – 4:31PM	Ardra Until 8:57AM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Muruqa: Clear	<i>Sunset:</i> 5:55PM
		Yama 12:17PM – 1:41PM	Vaidhriti* Until 3:39PM	Nataraja: Green		Moon 12 - Phase 38	4th Phase
		823173366 Rahu 4:31PM – 5:55PM	Visti Until 1:34AM Mon	Moon – Yellow		Devaloka Day	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:18PM	Pausha-Thai			

○		Monday, January 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Yangon, Myanmar Sutra 281 Vilamba 5120	
Copper Retreat Star		Gulika 1:42PM – 3:06PM	Punarvasu Until 6:20AM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Muruqa: Clear	<i>Sunset:</i> 5:56PM
Kataka Rasi: 3.07	Tithi 15 – 16	Yama 10:52AM – 12:17PM	Vishkambha* Until 11:31AM	Nataraja: Green		Moon 12 - Phase 38	Purnima
Family Home Evening		843173366 Rahu 8:03AM – 9:27AM	Balava Until 9:56PM	Moon – Blue		Sivaloka Day	
Creative Work	Amrita Yoga		Purnima* Until 11:45AM	Pausha-Thai			
Until 6:20AM							
Then Creative Work - Siddha Yoga							

○		Tuesday, January 22, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sutra 282 Vilamba 5120	
Silver Retreat Star		Gulika 12:17PM – 1:42PM	Ashlesha* Until 12:23AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Muruqa: Clear	<i>Sunset:</i> 5:56PM
Kataka Rasi: 18.17	Tithi 16 – 17	Yama 9:27AM – 10:52AM	Priti Until 7:16AM	Nataraja: Green		Moon 12 - Phase 38	Prathama
		844173366 Rahu 3:07PM – 4:32PM	Taitila Until 6:15PM	Moon – Blue		Devaloka Day	
Creative Work	Siddha Yoga		Prathama* Until 8:04AM	Pausha-Thai			

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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Wednesday, January 23, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visi* Karana Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 3.27 Tithi 18

Gulika 10:52AM - 12:17PM

Yama 8:03AM - 9:28AM

854173366 Rahu 12:17PM - 1:42PM

Magha* Until 9:46PM

Saubhagya Until 10:57PM

Vanija Until 2:42PM

Tritiya Until 12:59AM Thu

Ganesha: Purple

Sunrise: 6:38AM

Muruqa: Clear

Sunset: 5:57PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 9:46PM

Then Creative Work - Amrita Yoga

Thursday, January 24, 2019

1

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 18.26 Tithi 19

Gulika 9:28AM - 10:53AM

Yama 6:38AM - 8:03AM

854173366 Rahu 1:43PM - 3:08PM

Purvaphalguni Until 7:20PM

Sobhana Until 7:10PM

Bava Until 11:24AM

Chaturthi* Until 9:54PM

Ganesha: Purple

Sunrise: 6:38AM

Muruqa: Clear

Sunset: 5:58PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Friday, January 25, 2019

2

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda* Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 3.08 Tithi 20

Gulika 8:03AM - 9:28AM

Yama 3:08PM - 4:33PM

954173366 Rahu 10:53AM - 12:18PM

Uttaraphalguni Until 5:15PM

Athiganda* Until 3:44PM

Kaulava Until 8:33AM

Panchami Until 7:17PM

Ganesha: Clear

Sunrise: 6:38AM

Muruqa: Clear

Sunset: 5:58PM

Nataraja: Green

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 5:15PM

Then Creative Work - Amrita Yoga

Saturday, January 26, 2019

3

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Gara/Visi* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 4 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 17.28 Tithi 21 - 22

Gulika 6:38AM - 8:03AM

Yama 1:43PM - 3:08PM

964173366 Rahu 9:28AM - 10:53AM

Hasta Until 4:01PM

Sukarma Until 12:48PM

Gara Until 6:14AM

Shashthi* Until 5:18PM

Ganesha: Purple

Sunrise: 6:38AM

Muruqa: Clear

Sunset: 5:59PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Sunday, January 27, 2019

4

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar

Sun 5 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Tula Rasi: 1.22 Tithi 22 - 23

Gulika 3:09PM - 4:34PM

Yama 12:18PM - 1:44PM

964173366 Rahu 4:34PM - 5:59PM

Chitra Until 3:21PM

Dhriti Until 10:25AM

Balava Until 3:38AM Mon

Saptami Until 4:00PM

Ganesha: Purple

Sunrise: 6:37AM

Muruqa: Clear

Sunset: 5:59PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Monday, January 28, 2019

5

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 6 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 14.5 Tithi 23 - 24

Gulika 1:44PM - 3:09PM

Yama 10:53AM - 12:19PM

964173366 Rahu 8:03AM - 9:28AM

Svati Until 3:14PM

Shula* Until 8:36AM

Taitila Until 3:28AM Tue

Ashtami* Until 3:26PM

Ganesha: Purple

Sunrise: 6:37AM

Muruqa: Clear

Sunset: 6:00PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 3:14PM

Then Routine Work - Marana Yoga

Tuesday, January 29, 2019

6

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar

Sun 7 Sutra 289

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 27.54 Tithi 24 - 25

Gulika 12:19PM - 1:44PM

Yama 9:28AM - 10:53AM

974173366 Rahu 3:09PM - 4:35PM

Vishakha Until 4:10PM

Ganda* Until 7:22AM

Vanija Until 4:00AM Wed

Navami* Until 3:37PM

Ganesha: Clear

Sunrise: 6:37AM

Muruqa: Clear

Sunset: 6:00PM

Nataraja: Green

Moon - Orange

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 4:10PM

Then Creative Work - Siddha Yoga

1	Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 8 Sutra 290 Vilamba 5120
	Vrischika Rasi: 10.37	Tithi 25 – 26	Gulika 10:53AM – 12:19PM	Anuradha Until 5:36PM	Ganesha: Clear	Sunrise: 6:37AM	
			Yama 8:02AM – 9:28AM	Vriddhi Until 6:42AM	Muruga: Clear	Sunset: 6:01PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	974173366 Rahu 12:19PM – 1:44PM	Bava Until 5:12AM Thu Dashami Until 4:30PM	Nataraja: Green Moon – Orange		2nd Phase Devaloka Day

2	Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 291 Vilamba 5120
	Vrischika Rasi: 23.02	Tithi 26	Gulika 9:28AM – 10:53AM	Jyeshtha* Until 7:27PM	Ganesha: Clear	Sunrise: 6:37AM	
			Yama 6:37AM – 8:02AM	Dhruva Until 6:30AM	Muruga: Clear	Sunset: 6:01PM	Moon 1 - Phase 40
	Routine Work	Prabalarishta Yoga	974173366 Rahu 1:45PM – 3:10PM	Balava Until 6:00PM Ekadashi* Until 6:00PM	Nataraja: Green Moon – Orange		2nd Phase Devaloka Day

3	Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Yangon, Myanmar Sun 10 Sutra 292 Vilamba 5120
	Dhanus Rasi: 5.14	Tithi 27	Gulika 8:02AM – 9:28AM	Mula* Until 10:05PM	Ganesha: White	Sunrise: 6:37AM	
			Yama 3:10PM – 4:36PM	Vyaghata* Until 6:43AM	Muruga: Clear	Sunset: 6:01PM	Moon 1 - Phase 40
	Creative Work	Amrita Yoga	984173366 Rahu 10:53AM – 12:19PM	Kaulava Until 6:57AM Dvadashti* Until 7:58PM	Nataraja: Green Moon – Light Blue		2nd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

4	Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar Sun 11 Sutra 293 Vilamba 5120
	Dhanus Rasi: 17.16	Tithi 28	Gulika 6:37AM – 8:02AM	Purvashadha* Until 12:53AM Sun	Ganesha: White	Sunrise: 6:37AM	
			Yama 1:45PM – 3:11PM	Harshana Until 7:17AM	Muruga: Clear	Sunset: 6:02PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	984173366 Rahu 9:28AM – 10:54AM	Gara Until 9:08AM Trayodashi* Until 10:19PM	Nataraja: Green Moon – Light Blue		2nd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

Pradosha Vrata (Fasting)

5	Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar Sun 12 Sutra 294 Vilamba 5120
	Dhanus Rasi: 29.11	Tithi 29	Gulika 3:11PM – 4:37PM	Uttarashadha Until 3:45AM Mon	Ganesha: White	Sunrise: 6:36AM	
			Yama 12:19PM – 1:45PM	Vajra* Until 8:02AM	Muruga: Clear	Sunset: 6:02PM	Moon 1 - Phase 40
	Creative Work	Amrita Yoga	984173366 Rahu 4:37PM – 6:02PM	Visti Until 11:36AM Chaturdashi* Until 12:54AM Mon	Nataraja: Green Moon – Light Blue		2nd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM

●	Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar Sun 13 Sutra 295 Vilamba 5120
	Retreat Star		Gulika 1:45PM – 3:11PM	Shravana Until 7:02AM Tue	Ganesha: Red	Sunrise: 6:36AM	
	Makara Rasi: 11.01	Tithi 30	Yama 10:54AM – 12:19PM	Siddhi Until 8:57AM	Muruga: Clear	Sunset: 6:03PM	Moon 1 - Phase 40
	Family Home Evening	Creative Work	995173367 Rahu 8:02AM – 9:28AM	Catuspada Until 2:16PM Amavasya* Until 3:36AM Tue	Nataraja: White Moon – Purple		Amavasya Devaloka Day

●	Tuesday, February 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar Sun 14 Sutra 296 Vilamba 5120
	Retreat Star		Gulika 12:20PM – 1:46PM	Shravana Until 7:02AM	Ganesha: Red	Sunrise: 6:36AM	
	Makara Rasi: 22.49	Tithi 1	Yama 9:28AM – 10:54AM	Vyatipata* Until 9:57AM	Muruga: Clear	Sunset: 6:03PM	Moon 1 - Phase 40
	Creative Work	Siddha Yoga	995173367 Rahu 3:11PM – 4:37PM	Kintughna Until 4:59PM Prathama* Until 6:18AM Wed	Nataraja: White Moon – Purple		Prathama Devaloka Day Magha*Thai

1		Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 297 Vilamba 5120	
Kumbha Rasi: 4.37	Tithi 1 – 2	Gulika 10:54AM – 12:20PM	Dhanishtha Until 10:09AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM
		Yama 8:02AM – 9:28AM	Variyan Until 10:54AM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
		995173367 Rahu 12:20PM – 1:46PM	Balava Until 7:39PM	Moon – Purple			
Routine Work	Prabalarishta Yoga		Prathama* Until 6:18AM	Magha-Thai		Devaloka Day	
Until 10:09AM							
Then Creative Work - Siddha Yoga							

2		Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Yangon, Myanmar Sun 16 Sutra 298 Vilamba 5120	
Kumbha Rasi: 16.26	Tithi 2 – 3	Gulika 9:28AM – 10:54AM	Shatabhishak Until 1:00PM	Ganesha: Red	<i>Sunrise:</i> 6:35AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM
		Yama 6:35AM – 8:01AM	Parigha* Until 11:48AM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
		995173367 Rahu 1:46PM – 3:12PM	Taitila Until 10:10PM	Moon – Purple			
Creative Work	Siddha Yoga		Dvitiya Until 8:55AM	Magha-Thai		Devaloka Day	

3		Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada*/Uttaraproshtpada Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Yangon, Myanmar Sun 17 Sutra 299 Vilamba 5120	
Kumbha Rasi: 28.2	Tithi 3 – 4	Gulika 8:01AM – 9:27AM	Purvaproshtpada* Until 3:59PM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	Muruqa: Clear	<i>Sunset:</i> 6:05PM
		Yama 3:12PM – 4:38PM	Shiva Until 12:33PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
		915173367 Rahu 10:54AM – 12:20PM	Vanija Until 12:27AM Sat	Moon – Clear			
Creative Work	Siddha Yoga		Tritiya Until 11:20AM	Magha-Thai		Sivaloka Day	

4		Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 300 Vilamba 5120	
Meena Rasi: 10.2	Tithi 4 – 5	Gulika 6:35AM – 8:01AM	Uttaraproshtpada Until 6:31PM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	Muruqa: Clear	<i>Sunset:</i> 6:05PM
		Yama 1:46PM – 3:12PM	Siddha Until 1:03PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
		915173367 Rahu 9:27AM – 10:54AM	Bava Until 2:24AM Sun	Moon – Clear			
Creative Work	Siddha Yoga		Chaturthi* Until 1:27PM	Magha-Thai		Sivaloka Day	
Until 6:31PM							
Then Routine Work - Prabalarishta Yoga							

5		Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Yangon, Myanmar Sun 19 Sutra 301 Vilamba 5120	
Meena Rasi: 22.29	Tithi 5 – 6	Gulika 3:13PM – 4:39PM	Revati Until 8:29PM	Ganesha: Red	<i>Sunrise:</i> 6:34AM	Muruqa: Clear	<i>Sunset:</i> 6:06PM
		Yama 12:20PM – 1:46PM	Sadhya Until 1:17PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
		915273367 Rahu 4:39PM – 6:06PM	Kaulava Until 3:53AM Mon	Moon – Clear			
Creative Work	Amrita Yoga		Panchami Until 3:11PM	Magha-Thai		Devaloka Day	
Until 8:29PM							
Then Creative Work - Siddha Yoga							

6		Monday, February 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 302 Vilamba 5120	
Mesha Rasi: 4.5	Tithi 6 – 7	Gulika 1:46PM – 3:13PM	Ashvini Until 10:15PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Muruqa: Clear	<i>Sunset:</i> 6:06PM
Family Home Evening		Yama 10:53AM – 12:20PM	Subha Until 1:08PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
		925273367 Rahu 8:00AM – 9:27AM	Gara Until 4:48AM Tue	Moon – White			
Creative Work	Siddha Yoga		Shashthi* Until 4:24PM	Magha-Thai		Bhuloka Day	Devaloka Time: 12:PM to 3:PM

Retreat Star		Tuesday, February 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 303 Vilamba 5120	
Mesha Rasi: 17.25	Tithi 7 – 8	Gulika 12:20PM – 1:47PM	Bharani Until 11:14PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Muruqa: Clear	<i>Sunset:</i> 6:06PM
		Yama 9:27AM – 10:53AM	Sukla Until 12:30PM	Nataraja: White		Moon 1 - Phase 41	3rd Phase
		925273367 Rahu 3:13PM – 4:40PM	Visti Until 5:02AM Wed	Moon – White			
Creative Work	Siddha Yoga		Saptami Until 4:59PM	Magha-Thai		Bhuloka Day	Devaloka Time: 12:PM to 3:PM

Retreat Star		Wednesday, February 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 0.2	Tithi 8 – 9	Gulika 10:53AM – 12:20PM	Krittika Until 11:22PM	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	Muruqa: Clear	<i>Sunset:</i> 6:07PM
		Yama 8:00AM – 9:27AM	Brahma Until 11:21AM	Nataraja: White		Moon 1 - Phase 41	Ashtami
		926273367 Rahu 12:20PM – 1:47PM	Balava Until 4:32AM Thu	Moon – White			
Creative Work	Amrita Yoga		Ashtami* Until 4:52PM	Magha-Masi		Devaloka Day	
Until 11:22PM							
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, February 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 305 Vilamba 5120	
Vrishabha Rasi: 13.37	Tithi 9 – 10	Gulika 9:26AM – 10:53AM	Rohini Until 11:03PM	Ganesha: White	<i>Sunrise:</i> 6:33AM	Muruqa: Clear	<i>Sunset:</i> 6:07PM
		Yama 6:33AM – 8:00AM	Indra Until 9:37AM	Nataraja: White		Moon 1 - Phase 41	Navami
		936273367 Rahu 1:47PM – 3:14PM	Taitila Until 3:15AM Fri	Moon – Yellow			
Routine Work	Marana Yoga		Navami* Until 3:58PM	Magha-Masi		Sivaloka Day	


Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada


1	Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 306 Vilamba 5120
	Vrishabha Rasi: 27.2	Tithi 10 – 11	936273367	Gulika 7:59AM – 9:26AM Yama 3:14PM – 4:41PM Rahu 10:53AM – 12:20PM	Mrigashira Until 9:52PM Vaidhriti* Until 7:15AM Vanija Until 1:15AM Sat Dashami Until 2:19PM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 6:32AM Sunset: 6:08PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

2	Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 307 Vilamba 5120
	Mithuna Rasi: 11.31	Tithi 11 – 12	936273367	Gulika 6:32AM – 7:59AM Yama 1:47PM – 3:14PM Rahu 9:26AM – 10:53AM	Ardra Until 7:53PM Priti Until 12:56AM Sun Bava Until 10:37PM Ekadashi Until 12:00PM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Yellow Magha-Masi	Sunrise: 6:32AM Sunset: 6:08PM Moon 1 - Phase 42 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

3	Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 308 Vilamba 5120
	Mithuna Rasi: 26.06	Tithi 12 – 13	946273367	Gulika 3:14PM – 4:41PM Yama 12:20PM – 1:47PM Rahu 4:41PM – 6:08PM	Punarvasu Until 5:39PM Ayushman Until 9:06PM Kaulava Until 7:28PM Dvadashi Until 9:05AM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 6:31AM Sunset: 6:08PM Moon 1 - Phase 42 4th Phase Devaloka Day
	Creative Work Siddha Yoga		<i>Pradosha Vrata</i>				

4	Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 309 Vilamba 5120
	Kataka Rasi: 11.02	Tithi 14	946273367	Gulika 1:47PM – 3:14PM Yama 10:53AM – 12:20PM Rahu 7:58AM – 9:25AM	Pushya Until 2:54PM Saubhagya Until 4:59PM Gara Until 3:57PM Chaturdashi* Until 2:05AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 6:31AM Sunset: 6:09PM Moon 1 - Phase 42 4th Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga		Chidambaram Abhishekam				

	Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 310 Vilamba 5120
	Kataka Rasi: 26.13	Tithi 15	946273367	Gulika 12:20PM – 1:47PM Yama 9:25AM – 10:52AM Rahu 3:14PM – 4:42PM	Ashlesha* Until 11:48AM Sobhana Until 12:42PM Visti Until 12:13PM Purnima* Until 10:18PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Blue Magha-Masi	Sunrise: 6:30AM Sunset: 6:09PM Moon 1 - Phase 42 Purnima Devaloka Day
	Creative Work Siddha Yoga						

	Wednesday, February 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 311 Vilamba 5120
	Simha Rasi: 11.28	Tithi 16	957273367	Gulika 10:52AM – 12:20PM Yama 7:57AM – 9:25AM Rahu 12:20PM – 1:47PM	Magha* Until 8:54AM Athiganda* Until 8:22AM Balava Until 8:25AM Prathama* Until 6:33PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Red Magha-Masi	Sunrise: 6:30AM Sunset: 6:09PM Moon 1 - Phase 42 Prathama Devaloka Day
	Creative Work Siddha Yoga Until 8:54AM Then Creative Work - Amrita Yoga						

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda



Thursday, February 21, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiayam Titau

Yangon, Myanmar

Sun 1 Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Simha Rasi: 26.39 Tithi 17 - 18

957273367

Gulika 9:24AM - 10:52AM

Yama 6:29AM - 7:57AM

Rahu 1:47PM - 3:15PM

Purvaphalguni Until 6:00AM

Dhriti Until 12:10AM Fri

Vanija Until 1:23AM Fri

Dvitiya Until 3:00PM

Ganesha: Clear

Muruqa: Clear

Nataraja: White

Moon - Red

Magha-Masi

Sunrise: 6:29AM

Sunset: 6:10PM

Devaloka Day

Creative Work Siddha Yoga

Friday, February 22, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 11.35 Tithi 18 - 19

967273367

Gulika 7:56AM - 9:24AM

Yama 3:15PM - 4:42PM

Rahu 10:52AM - 12:19PM

Hasta Until 1:17AM Sat

Shula* Until 8:31PM

Bava Until 10:27PM

Tritiya Until 11:50AM

Ganesha: White

Muruqa: Clear

Nataraja: White

Moon - Green

Magha-Masi

Sunrise: 6:29AM

Sunset: 6:10PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 1:17AM Sat

Then Routine Work - Marana Yoga

Saturday, February 23, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhdi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Kanya Rasi: 26.09 Tithi 19 - 20

967273367

Gulika 6:28AM - 7:56AM

Yama 1:47PM - 3:15PM

Rahu 9:24AM - 10:52AM

Chitra Until 11:46PM

Ganda* Until 5:23PM

Kaulava Until 8:08PM

Chaturthi* Until 9:11AM

Ganesha: White

Muruqa: Clear

Nataraja: White

Moon - Green

Magha-Masi

Sunrise: 6:28AM

Sunset: 6:10PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 11:46PM

Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Vridhdi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 10.17 Tithi 20 - 21

967273367

Gulika 3:15PM - 4:43PM

Yama 12:19PM - 1:47PM

Rahu 4:43PM - 6:11PM

Svati Until 10:51PM

Vridhdi Until 2:50PM

Gara Until 6:33PM

Panchami Until 7:13AM

Ganesha: White

Muruqa: Clear

Nataraja: White

Moon - Green

Magha-Masi

Sunrise: 6:28AM

Sunset: 6:11PM

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 10:51PM

Then Routine Work - Marana Yoga

Monday, February 25, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Tula Rasi: 23.55 Tithi 21 - 22

977273367

Gulika 1:47PM - 3:15PM

Yama 10:51AM - 12:19PM

Rahu 7:55AM - 9:23AM

Vishakha Until 11:04PM

Dhruva Until 12:55PM

Bava Until 5:44AM Tue

Shashthi* Until 6:03AM

Ganesha: Yellow

Muruqa: Clear

Nataraja: White

Moon - Orange

Magha-Masi

Sunrise: 6:27AM

Sunset: 6:11PM

Devaloka Day

Routine Work Marana Yoga

Until 11:04PM

Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 6 Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Vrischika Rasi: 7.04 Tithi 23

977273367

Gulika 12:19PM - 1:47PM

Yama 9:23AM - 10:51AM

Rahu 3:15PM - 4:43PM

Anuradha Until 11:59PM

Vyaghata* Until 11:41AM

Balava Until 5:56PM

Ashtami* Until 6:17AM Wed

Ganesha: Yellow

Muruqa: Clear

Nataraja: White

Moon - Orange

Magha-Masi

Sunrise: 6:27AM

Sunset: 6:11PM

Devaloka Day

Creative Work Siddha Yoga

Until 11:59PM

Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 7 Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Vrischika Rasi: 19.49 Tithi 23 - 24

978273367

Gulika 10:51AM - 12:19PM

Yama 7:54AM - 9:22AM

Rahu 12:19PM - 1:47PM

Jyeshtha* Until 1:31AM Thu

Harshana Until 11:09AM

Taitila Until 6:53PM

Ashtami* Until 6:17AM

Ganesha: Blue

Muruqa: Clear

Nataraja: White

Moon - Orange

Magha-Masi

Sunrise: 6:26AM

Sunset: 6:12PM

Sivaloka Day

Creative Work Siddha Yoga

1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 8 Sutra 319	
Dhanus Rasi: 2.11	Tithi 24 – 25	Gulika 9:22AM – 10:50AM	Mula* Until 4:03AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:25AM	Vilamba 5120	
		Yama 6:25AM – 7:54AM	Vajra* Until 11:09AM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44	
	988273367	Rahu 1:47PM – 3:15PM	Vanija Until 8:35PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 7:38AM	Moon – Light Blue		Devaloka Day	
Until 4:03AM Fri				Magha-Masi			
Then Routine Work - Prabalarishta Yoga							

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 9 Sutra 320	
Dhanus Rasi: 14.18	Tithi 25 – 26	Gulika 7:53AM – 9:21AM	Purvashadha* Until 6:52AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:24AM	Vilamba 5120	
		Yama 3:15PM – 4:44PM	Siddhi Until 11:39AM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44	
	988273367	Rahu 10:50AM – 12:18PM	Bava Until 10:49PM	Nataraja: White		2nd Phase	
Routine Work	Prabalarishta Yoga		Dashami Until 9:37AM	Moon – Light Blue		Devaloka Day	
Until 6:52AM Sat				Magha-Masi			
Then Routine Work - Marana Yoga							

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 10 Sutra 321	
Dhanus Rasi: 26.13	Tithi 26 – 27	Gulika 6:23AM – 7:52AM	Purvashadha* Until 6:52AM	Ganesha: Red	<i>Sunrise:</i> 6:23AM	Vilamba 5120	
		Yama 1:47PM – 3:15PM	Vyatipata* Until 12:29PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44	
	988273367	Rahu 9:21AM – 10:49AM	Kaulava Until 1:25AM Sun	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 12:04PM	Moon – Light Blue		Devaloka Day	
Until 6:52AM				Magha-Masi			
Then Routine Work - Marana Yoga							

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 11 Sutra 322	
Makara Rasi: 8.02	Tithi 27 – 28	Gulika 3:15PM – 4:44PM	Uttarashadha Until 9:49AM	Ganesha: Red	<i>Sunrise:</i> 6:23AM	Vilamba 5120	
		Yama 12:18PM – 1:47PM	Variyan Until 1:28PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44	
	988273367	Rahu 4:44PM – 6:13PM	Gara Until 4:09AM Mon	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 2:45PM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

Pradosha Vrata (Fasting)

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 12 Sutra 323	
Makara Rasi: 19.48	Tithi 28 – 29	Gulika 1:47PM – 3:15PM	Shravana Until 1:10PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	Vilamba 5120	
Family Home Evening		Yama 10:49AM – 12:18PM	Parigha* Until 2:32PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44	
	998273367	Rahu 7:51AM – 9:20AM	Visti Until 6:52AM Tue	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Trayodashi* Until 5:30PM	Moon – Purple		Devaloka Day	
Until 1:10PM				Magha-Masi			
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)					
		Mahasivaratri (Solar)					

6		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Yangon, Myanmar Sun 13 Sutra 324	
Kumbha Rasi: 1.35	Tithi 29	Gulika 12:17PM – 1:46PM	Dhanishtha Until 4:17PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vilamba 5120	
		Yama 9:19AM – 10:48AM	Shiva Until 3:33PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44	
	999273367	Rahu 3:15PM – 4:44PM	Visti Until 6:52AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:09PM	Moon – Purple		Bhuloka Day	
Until 4:17PM				Magha-Masi		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Yangon, Myanmar Sun 14 Sutra 325	
Kumbha Rasi: 13.26	Tithi 30	Gulika 10:48AM – 12:17PM	Shatabhishak Until 7:03PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Vilamba 5120	
		Yama 7:50AM – 9:19AM	Siddha Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 44	
	199273367	Rahu 12:17PM – 1:46PM	Catuspada Until 9:26AM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 10:36PM	Moon – Purple		Devaloka Day	
Until 7:03PM				Magha-Masi			
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, March 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau		Yangon, Myanmar Sun 15 Sutra 326	
Kumbha Rasi: 25.22	Tithi 1	Gulika 9:18AM – 10:48AM	Purvaproshtapada* Until 9:54PM	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM	Vilamba 5120	
		Yama 6:20AM – 7:49AM	Sadhya Until 5:02PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 44	
	119373367	Rahu 1:46PM – 3:15PM	Kintughna Until 11:44AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:45AM Fri	Moon – Clear		Devaloka Day	
				Phalgun-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1		Friday, March 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar Sun 16 Sutra 327 Vilamba 5120
Meena Rasi: 7.24	Tithi 2	Gulika 7:49AM – 9:18AM	Uttaraproshtapada Until 12:16AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 3:15PM – 4:45PM	Subha Until 5:28PM	Nataraja: White		Moon – Clear		Devaloka Day
Until 12:16AM Sat		119373367 Rahu 10:47AM – 12:17PM	Balava Until 1:43PM					
Then Routine Work - Prabalarishta Yoga			Dvitiya Until 2:34AM Sat	Phalguna-Masi				
2		Saturday, March 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Yangon, Myanmar Sun 17 Sutra 328 Vilamba 5120
Meena Rasi: 19.35	Tithi 3	Gulika 6:19AM – 7:48AM	Revati Until 2:08AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 1:46PM – 3:15PM	Sukla Until 5:37PM	Nataraja: White		Moon – Clear		Devaloka Day
Until 2:08AM Sun		119373367 Rahu 9:18AM – 10:47AM	Taitila Until 3:23PM					
Then Creative Work - Siddha Yoga			Tritiya Until 4:03AM Sun	Phalguna-Masi				
			Subramuniyaswami Siva Vision Day					
3		Sunday, March 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Yangon, Myanmar Sun 18 Sutra 329 Vilamba 5120
Mesha Rasi: 1.54	Tithi 4	Gulika 3:15PM – 4:45PM	Ashvini Until 3:57AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:18AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 12:16PM – 1:46PM	Brahma Until 5:29PM	Nataraja: White		Moon – White		Devaloka Day
Until 6:09AM Thu		129373367 Rahu 4:45PM – 6:15PM	Vanija Until 4:39PM					
Then Routine Work - Marana Yoga			Chaturthi* Until 5:08AM Mon	Phalguna-Masi				
4		Monday, March 11, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar Sun 19 Sutra 330 Vilamba 5120
Mesha Rasi: 14.24	Tithi 5	Gulika 1:46PM – 3:15PM	Bharani Until 5:11AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:17AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 3rd Phase
Family Home Evening		Yama 10:46AM – 12:16PM	Indra Until 5:04PM	Nataraja: White		Moon – White		Devaloka Day
Creative Work	Siddha Yoga	129373367 Rahu 7:47AM – 9:17AM	Bava Until 5:31PM					
Then Routine Work - Marana Yoga			Panchami Until 5:46AM Tue	Phalguna-Masi				
5		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Yangon, Myanmar Sun 20 Sutra 331 Vilamba 5120
Mesha Rasi: 27.05	Tithi 6	Gulika 12:16PM – 1:45PM	Krittika Until 5:47AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:16AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 9:16AM – 10:46AM	Vaidhriti* Until 4:15PM	Nataraja: White		Moon – White		Devaloka Day
Until 6:09AM Thu		129373367 Rahu 3:15PM – 4:45PM	Kaulava Until 5:55PM					
Then Routine Work - Marana Yoga			Shashthi* Until 5:54AM Wed	Phalguna-Masi				
6		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Yangon, Myanmar Sun 21 Sutra 332 Vilamba 5120
Vrishabha Rasi: 10.01	Tithi 7	Gulika 10:46AM – 12:15PM	Rohini Until 6:09AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:16AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 3rd Phase
Creative Work	Siddha Yoga	Yama 7:46AM – 9:16AM	Vishkambha* Until 3:03PM	Nataraja: White		Moon – Yellow		Sivaloka Day
Until 6:09AM Thu		131373367 Rahu 12:15PM – 1:45PM	Gara Until 5:47PM					
Then Routine Work - Marana Yoga			Saptami Until 5:29AM Thu	Phalguna-Masi				
☾		Thursday, March 14, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 22 Sutra 333 Vilamba 5120
Vrishabha Rasi: 23.14	Tithi 8	Gulika 9:15AM – 10:45AM	Rohini Until 6:09AM	Ganesha: Purple	<i>Sunrise:</i> 6:15AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 Ashtami
Routine Work	Marana Yoga	Yama 6:15AM – 7:45AM	Priti Until 1:24PM	Nataraja: White		Moon – Yellow		Sivaloka Day
Until 6:09AM Thu		131373367 Rahu 1:45PM – 3:15PM	Visti Until 5:03PM					
Then Routine Work - Marana Yoga			Ashtami* Until 4:26AM Fri	Phalguna-Masi				
☽		Friday, March 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 23 Sutra 334 Vilamba 5120
Mithuna Rasi: 6.47	Tithi 9	Gulika 7:44AM – 9:15AM	Ardra Until 4:37AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:14AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 Navami
Creative Work	Siddha Yoga	Yama 3:15PM – 4:45PM	Ayushman Until 11:14AM	Nataraja: White		Moon – Yellow		Sivaloka Day
Until 6:09AM Thu		131373367 Rahu 10:45AM – 12:15PM	Balava Until 3:42PM					
Then Routine Work - Marana Yoga			Navami* Until 2:47AM Sat	Phalguna-Panguni				
			Karadaiyan Nombu (Tamil Nadu)					

1		Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 24 Sutra 335 Vilamba 5120	
Mithuna Rasi: 20.43	Tithi 10	Gulika 6:14AM – 7:44AM	Punarvasu Until 3:11AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:14AM		
		Yama 1:45PM – 3:15PM	Saubhagya Until 8:35AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM		Moon 2 - Phase 46
		141373368 Rahu 9:14AM – 10:44AM	Taitila Until 1:44PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:32AM Sun	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

2		Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 25 Sutra 336 Vilamba 5120	
Kataka Rasi: 5.01	Tithi 11	Gulika 3:15PM – 4:45PM	Pushya Until 1:06AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:13AM		
		Yama 12:14PM – 1:45PM	Athiganda* Until 1:59AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:16PM		Moon 2 - Phase 46
		141373368 Rahu 4:45PM – 6:16PM	Vanija Until 11:14AM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:46PM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			

3		Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 26 Sutra 337 Vilamba 5120	
Kataka Rasi: 19.4	Tithi 12	Gulika 1:45PM – 3:15PM	Ashlesha* Until 10:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM		
Family Home Evening		Yama 10:44AM – 12:14PM	Sukarma Until 10:10PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM		Moon 2 - Phase 46
		141373368 Rahu 7:43AM – 9:13AM	Bava Until 8:15AM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:37PM	Moon – Blue		Sivaloka Day	
Until 10:31PM		Yogaswami Mahasamadhi		Phalguna•Panguni			
Then Routine Work - Marana Yoga							

4		Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 338 Vilamba 5120	
Simha Rasi: 4.35	Tithi 13 – 14	Gulika 12:14PM – 1:44PM	Magha* Until 7:57PM	Ganesha: White	<i>Sunrise:</i> 6:11AM		
		Yama 9:12AM – 10:43AM	Dhriti Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM		Moon 2 - Phase 46
		151373368 Rahu 3:15PM – 4:46PM	Gara Until 1:26AM Wed	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 3:11PM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			
				<i>Pradosha Vrata</i>			

		Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Yangon, Myanmar Sutra 339 Vilamba 5120	
Copper Retreat Star		Gulika 10:43AM – 12:13PM	Purvaphalguni Until 5:10PM	Ganesha: White	<i>Sunrise:</i> 6:10AM		
Simha Rasi: 19.38	Tithi 14 – 15	Yama 7:41AM – 9:12AM	Shula* Until 2:04PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM		Moon 2 - Phase 46
		151373368 Rahu 12:13PM – 1:44PM	Visti Until 9:53PM	Nataraja: Clear			Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 11:38AM	Moon – Red		Subha Sivaloka Day	
		Panguni Uttiram		Phalguna•Panguni			
		Holi					

Thursday, March 21, 2019		Silver Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Yangon, Myanmar Sutra 340 Vilamba 5120	
Kanya Rasi: 4.42	Tithi 15 – 16	Gulika 9:11AM – 10:42AM	Uttaraphalguni Until 2:20PM	Ganesha: White	<i>Sunrise:</i> 6:10AM		
		Yama 6:10AM – 7:41AM	Ganda* Until 10:01AM	Muruqa: Clear	<i>Sunset:</i> 6:17PM		Moon 2 - Phase 46
		151373368 Rahu 1:44PM – 3:15PM	Balava Until 6:27PM	Nataraja: Clear			Prathama
			Purnima* Until 8:07AM	Moon – Red		Subha Sivaloka Day	
				Phalguna•Panguni			
Until 2:20PM							
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Friday, March 22, 2019
Gold Retreat Star

Kanya Rasi: 19.37 Tithi 17

Gulika 7:40AM – 9:11AM
Yama 3:15PM – 4:46PM
161383368 **Rahu** 10:42AM – 12:13PM

Creative Work Amrita Yoga
Until 12:03PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Hasta Until 12:03PM
Vriddhi Until 6:11AM
Taitila Until 3:19PM
Dvitiya Until 1:54AM Sat

Ganesha: Yellow *Sunrise:* 6:09AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green

Yangon, Myanmar
Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

1

Saturday, March 23, 2019

Tula Rasi: 4.13 Tithi 18

Gulika 6:08AM – 7:39AM
Yama 1:44PM – 3:15PM
161383368 **Rahu** 9:10AM – 10:41AM

Routine Work Marana Yoga
Until 10:03AM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Chitra Until 10:03AM
Vyaghata* Until 11:33PM
Vanija Until 12:39PM
Tritiya Until 11:32PM

Ganesha: Yellow *Sunrise:* 6:08AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green

Yangon, Myanmar
Sun 1 Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

2

Sunday, March 24, 2019

Tula Rasi: 18.26 Tithi 19

Gulika 3:15PM – 4:46PM
Yama 12:12PM – 1:43PM
162383368 **Rahu** 4:46PM – 6:17PM

Creative Work Siddha Yoga
Until 8:32AM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Svati Until 8:32AM
Harshana Until 9:03PM
Bava Until 10:37AM
Chaturthi* Until 9:51PM

Ganesha: Blue *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Green

Yangon, Myanmar
Sun 2 Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

3

Monday, March 25, 2019

Vrischika Rasi: 2.11 Tithi 20

Family Home Evening

Routine Work Marana Yoga
Until 8:01AM
Then Creative Work - Siddha Yoga

Gulika 1:43PM – 3:15PM
Yama 10:41AM – 12:12PM
172383368 **Rahu** 7:38AM – 9:09AM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Vishakha Until 8:01AM
Vajra* Until 7:11PM
Kaulava Until 9:20AM
Panchami Until 8:59PM

Ganesha: Red *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Orange

Yangon, Myanmar
Sun 3 Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

4

Tuesday, March 26, 2019

Vrischika Rasi: 15.27 Tithi 21

Creative Work Siddha Yoga
Until 8:13AM
Then Routine Work - Marana Yoga

Gulika 12:12PM – 1:43PM
Yama 9:09AM – 10:40AM
172383368 **Rahu** 3:15PM – 4:46PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Anuradha Until 8:13AM
Siddhi Until 6:01PM
Gara Until 8:54AM
Shashthi* Until 9:00PM

Ganesha: Red *Sunrise:* 6:06AM
Muruqa: White *Sunset:* 6:17PM
Nataraja: Clear
Moon – Orange

Yangon, Myanmar
Sun 4 Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

5

Wednesday, March 27, 2019

Vrischika Rasi: 28.16 Tithi 22

Creative Work Siddha Yoga
Until 9:07AM
Then Routine Work - Marana Yoga

Gulika 10:40AM – 12:11PM
Yama 7:37AM – 9:08AM
172383368 **Rahu** 12:11PM – 1:43PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Saplamyam Titau

Jyeshtha* Until 9:07AM
Vyatipata* Until 5:32PM
Visti Until 9:22AM
Saptami Until 9:54PM

Ganesha: Red *Sunrise:* 6:05AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Orange

Yangon, Myanmar
Sun 5 Sutra 346
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

D

Thursday, March 28, 2019
Retreat Star

Dhanus Rasi: 10.42 Tithi 23

Creative Work Siddha Yoga

Gulika 9:08AM – 10:39AM
Yama 6:04AM – 7:36AM
182383368 **Rahu** 1:43PM – 3:14PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Mula* Until 11:08AM
Variyan Until 5:39PM
Balava Until 10:40AM
Ashtami* Until 11:34PM

Ganesha: Green *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – Light Blue

Yangon, Myanmar
Sun 6 Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

Friday, March 29, 2019

Retreat Star

Dhanus Rasi: 22.5 Tithi 24

Routine Work Prabalarishta Yoga
Until 1:40PM
Then Routine Work - Marana Yoga

Gulika 7:35AM – 9:07AM
Yama 3:14PM – 4:46PM
182383468 **Rahu** 10:39AM – 12:11PM

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Purvashadha* Until 1:40PM
Parigha* Until 6:15PM
Taitila Until 12:39PM
Navami* Until 1:49AM Sat

Ganesha: Green *Sunrise:* 6:04AM
Muruqa: Yellow *Sunset:* 6:18PM
Nataraja: Purple
Moon – Light Blue

Yangon, Myanmar
Sun 7 Sutra 348
Vilamba 5120
Moon 3 - Phase 47
Navami

Devaloka Day

Phalguna-Panguni

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau		Yangon, Myanmar Sun 8 Sutra 349	
Makara Rasi: 4.45	Tithi 25	Gulika 6:03AM – 7:35AM	Uttarashadha Until 4:27PM	Ganesha: Green	<i>Sunrise:</i> 6:03AM		Vilamba 5120
		Yama 1:42PM – 3:14PM	Shiva Until 7:12PM	Muruqa: Yellow	<i>Sunset:</i> 6:18PM		Moon 3 - Phase 48
		182383468 Rahu 9:07AM – 10:39AM	Vanija Until 3:06PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dashami Until 4:24AM Sun	Moon – Light Blue		Devaloka Day	
Until 4:27PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

2		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau		Yangon, Myanmar Sun 9 Sutra 350	
Makara Rasi: 16.34	Tithi 26	Gulika 3:14PM – 4:46PM	Shravana Until 7:47PM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM		Vilamba 5120
		Yama 12:10PM – 1:42PM	Siddha Until 8:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:18PM		Moon 3 - Phase 48
		192383468 Rahu 4:46PM – 6:18PM	Bava Until 5:47PM	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 7:06AM Mon	Moon – Purple		Sivaloka Day	
Until 7:47PM				Phalguna-Panguni			
Then Routine Work - Marana Yoga							

3		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 10 Sutra 351	
Makara Rasi: 28.2	Tithi 26 – 27	Gulika 1:42PM – 3:14PM	Dhanishtha Until 10:55PM	Ganesha: Green	<i>Sunrise:</i> 6:02AM		Vilamba 5120
		Yama 10:38AM – 12:10PM	Sadhya Until 9:17PM	Muruqa: Yellow	<i>Sunset:</i> 6:18PM		Moon 3 - Phase 48
Family Home Evening		192483468 Rahu 7:34AM – 9:06AM	Kaulava Until 8:26PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:06AM	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

4		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 11 Sutra 352	
Kumbha Rasi: 10.09	Tithi 27 – 28	Gulika 12:10PM – 1:42PM	Shatabhishak Until 1:40AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:01AM		Vilamba 5120
		Yama 9:06AM – 10:38AM	Subha Until 10:11PM	Muruqa: Yellow	<i>Sunset:</i> 6:18PM		Moon 3 - Phase 48
		192483468 Rahu 3:14PM – 4:46PM	Gara Until 10:53PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:41AM	Moon – Purple		Subha Sivaloka Day	
Until 1:40AM Wed				Phalguna-Panguni			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 12 Sutra 353	
Kumbha Rasi: 22.04	Tithi 28 – 29	Gulika 10:37AM – 12:10PM	Purvaproshtapada* Until 4:25AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:01AM		Vilamba 5120
		Yama 7:33AM – 9:05AM	Sukla Until 10:47PM	Muruqa: Yellow	<i>Sunset:</i> 6:19PM		Moon 3 - Phase 48
		112483468 Rahu 12:10PM – 1:42PM	Visti Until 1:00AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 11:58AM	Moon – Clear		Sivaloka Day	
Until 4:25AM Thu				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Yangon, Myanmar Sun 13 Sutra 354	
Meena Rasi: 4.07	Tithi 29 – 30	Gulika 9:04AM – 10:37AM	Uttaraproshtapada Until 6:36AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:00AM		Vilamba 5120
		Yama 6:00AM – 7:32AM	Brahma Until 11:06PM	Muruqa: Yellow	<i>Sunset:</i> 6:19PM		Moon 3 - Phase 48
		112483468 Rahu 1:42PM – 3:14PM	Catuspada Until 2:41AM Fri	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 1:52PM	Moon – Clear		Sivaloka Day	
				Phalguna-Panguni			

Retreat Star		Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Yangon, Myanmar Sun 14 Sutra 355	
Meena Rasi: 16.21	Tithi 30 – 1	Gulika 7:31AM – 9:04AM	Uttaraproshtapada Until 6:36AM	Ganesha: Orange	<i>Sunrise:</i> 5:59AM		Vilamba 5120
		Yama 3:14PM – 4:46PM	Indra Until 11:07PM	Muruqa: Yellow	<i>Sunset:</i> 6:19PM		Moon 3 - Phase 48
		112483468 Rahu 10:36AM – 12:09PM	Kintughna Until 3:57AM Sat	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Amavasya* Until 3:21PM	Moon – Clear		Sivaloka Day	
		Yugadhi		Chaitra-Panguni			

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 15 Sutra 356 Vilamba 5120
Meena Rasi: 28.46	Tithi 1 – 2	Gulika	5:58AM – 7:31AM	Revati Until 8:12AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:58AM		
		Yama	1:41PM – 3:14PM	Vaidhriti* Until 10:45PM	Muruqa: Yellow	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 49	
		113483468 Rahu	9:03AM – 10:36AM	Balava Until 4:47AM Sun	Nataraja: Purple		3rd Phase	
Routine Work	Prabalarishta Yoga			Prathama* Until 4:24PM	Moon – Clear		Devaloka Day	
Until 8:12AM		Chellappaswami Mahasamadhi			Chaitra•Panguni			
Then Creative Work - Siddha Yoga								

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar Sun 16 Sutra 357 Vilamba 5120
Mesha Rasi: 11.21	Tithi 2 – 3	Gulika	3:14PM – 4:46PM	Ashvini Until 9:43AM	Ganesha: Purple	<i>Sunrise:</i> 5:58AM		
		Yama	12:08PM – 1:41PM	Vishkambha* Until 10:06PM	Muruqa: Yellow	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 49	
		123483468 Rahu	4:46PM – 6:19PM	Taitila Until 5:12AM Mon	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 5:01PM	Moon – White		Devaloka Day	
Until 9:43AM					Chaitra•Panguni			
Then Routine Work - Prabalarishta Yoga								

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Yangon, Myanmar Sun 17 Sutra 358 Vilamba 5120
Mesha Rasi: 24.08	Tithi 3 – 4	Gulika	1:41PM – 3:14PM	Bharani Until 10:42AM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM		
Family Home Evening		Yama	10:35AM – 12:08PM	Priti Until 9:10PM	Muruqa: Yellow	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 49	
		123483468 Rahu	7:30AM – 9:02AM	Vanija Until 5:15AM Tue	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga			Tritiya Until 5:15PM	Moon – White		Devaloka Day	
Until 10:42AM					Chaitra•Panguni			
Then Routine Work - Marana Yoga								

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 359 Vilamba 5120
Vrishabha Rasi: 7.06	Tithi 4 – 5	Gulika	12:08PM – 1:41PM	Krittika Until 11:09AM	Ganesha: Purple	<i>Sunrise:</i> 5:56AM		
		Yama	9:02AM – 10:35AM	Ayushman Until 7:55PM	Muruqa: Yellow	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49	
		123483468 Rahu	3:14PM – 4:47PM	Bava Until 4:56AM Wed	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga			Chaturthi* Until 5:07PM	Moon – White		Devaloka Day	
Until 11:09AM					Chaitra•Panguni			
Then Creative Work - Amrita Yoga								

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Yangon, Myanmar Sun 19 Sutra 360 Vilamba 5120
Vrishabha Rasi: 20.15	Tithi 5 – 6	Gulika	10:34AM – 12:07PM	Rohini Until 11:33AM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		
		Yama	7:28AM – 9:01AM	Saubhagya Until 6:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49	
		133483468 Rahu	12:07PM – 1:41PM	Kaulava Until 4:14AM Thu	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga			Panchami Until 4:37PM	Moon – Yellow		Sivaloka Day	
					Chaitra•Panguni			

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 361 Vilamba 5120
Mithuna Rasi: 4	Tithi 6 – 7	Gulika	9:01AM – 10:34AM	Mrigashira Until 11:26AM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		
		Yama	5:55AM – 7:28AM	Sobhana Until 4:34PM	Muruqa: Yellow	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49	
		133483468 Rahu	1:40PM – 3:14PM	Gara Until 3:09AM Fri	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga			Shashthi* Until 3:44PM	Moon – Yellow		Sivaloka Day	
					Chaitra•Panguni			

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 362 Vilamba 5120
Retreat Star		Gulika	7:27AM – 9:00AM	Ardra Until 10:46AM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM		
Mithuna Rasi: 17.11	Tithi 7 – 8	Yama	3:13PM – 4:47PM	Athiganda* Until 2:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49	
		133483468 Rahu	10:34AM – 12:07PM	Visti Until 1:38AM Sat	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga			Saptami Until 2:26PM	Moon – Yellow		Sivaloka Day	
					Chaitra•Panguni			

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 363 Vilamba 5120
Retreat Star		Gulika	5:53AM – 7:27AM	Punarvasu Until 9:59AM	Ganesha: White	<i>Sunrise:</i> 5:53AM		
Kataka Rasi: 1	Tithi 8 – 9	Yama	1:40PM – 3:13PM	Sukarma Until 11:53AM	Muruqa: Yellow	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49	
		143483468 Rahu	9:00AM – 10:33AM	Balava Until 11:43PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga			Ashtami* Until 12:43PM	Moon – Blue		Devaloka Day	
		Sri Rama Navami			Chaitra•Panguni			

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 23 Sutra 364
Kataka Rasi: 15.05	Tithi 9 – 10	Gulika 3:13PM – 4:47PM	Pushya Until 8:39AM	Ganesha: White <i>Sunrise: 5:52AM</i>		Vikarin 5121
		Yama 12:06PM – 1:40PM	Dhriti Until 9:05AM	Muruqa: Yellow <i>Sunset: 6:20PM</i>		Moon 3 - Phase 1
143483468	Rahu 4:47PM – 6:20PM		Taitila Until 9:25PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Blue	Devaloka Day	
		Tamil New Year	Navami* Until 10:36AM	Chaitra*Chaitra		

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 1
Kataka Rasi: 29.25	Tithi 10 – 11	Gulika 1:40PM – 3:13PM	Ashlesha* Until 6:49AM	Ganesha: Clear <i>Sunrise: 5:52AM</i>		Vikarin 5121
Family Home Evening	243483468	Yama 10:33AM – 12:06PM	Ganda* Until 2:35AM Tue	Muruqa: Yellow <i>Sunset: 6:21PM</i>		Moon 3 - Phase 1
Creative Work	Siddha Yoga	Rahu 7:25AM – 8:59AM	Vanija Until 6:46PM	Nataraja: Purple		4th Phase
Until 6:49AM			Dashami Until 8:07AM	Moon – Blue	Sivaloka Day	
Then Routine Work - Marana Yoga				Chaitra*Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 2
Simha Rasi: 13.58	Tithi 12	Gulika 12:06PM – 1:40PM	Purvaphalguni Until 2:46AM Wed	Ganesha: White <i>Sunrise: 5:51AM</i>		Vikarin 5121
		Yama 8:58AM – 10:32AM	Vriddhi Until 11:03PM	Muruqa: Yellow <i>Sunset: 6:21PM</i>		Moon 3 - Phase 1
253483468	Rahu 3:13PM – 4:47PM		Bava Until 3:53PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:22AM Wed	Moon – Red	Devaloka Day	
Until 2:46AM Wed				Chaitra*Chaitra		
Then Creative Work - Amrita Yoga						

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 3
Simha Rasi: 28.38	Tithi 13	Gulika 10:32AM – 12:06PM	Uttaraphalguni Until 12:23AM Thu	Ganesha: White <i>Sunrise: 5:50AM</i>		Vikarin 5121
		Yama 7:24AM – 8:58AM	Dhruva Until 7:26PM	Muruqa: Yellow <i>Sunset: 6:21PM</i>		Moon 3 - Phase 1
253483468	Rahu 12:06PM – 1:39PM		Kaulava Until 12:52PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 11:20PM	Moon – Red	Devaloka Day	
Until 12:23AM Thu				Chaitra*Chaitra		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

5 Thursday, April 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 4
Kanya Rasi: 13.2	Tithi 14	Gulika 8:58AM – 10:31AM	Hasta Until 10:21PM	Ganesha: Yellow <i>Sunrise: 5:50AM</i>		Vikarin 5121
		Yama 5:50AM – 7:24AM	Vyaghata* Until 3:52PM	Muruqa: Yellow <i>Sunset: 6:21PM</i>		Moon 3 - Phase 1
263483468	Rahu 1:39PM – 3:13PM		Gara Until 9:52AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 8:23PM	Moon – Green	Sivaloka Day	
Until 10:21PM				Chaitra*Chaitra		
Then Creative Work - Siddha Yoga						

Friday, April 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar Sutra 5
Copper Retreat Star		Gulika 7:23AM – 8:57AM	Chitra Until 8:26PM	Ganesha: Yellow <i>Sunrise: 5:49AM</i>		Vikarin 5121
Kanya Rasi: 27.58	Tithi 15 – 16	Yama 3:13PM – 4:47PM	Harshana Until 12:29PM	Muruqa: Yellow <i>Sunset: 6:21PM</i>		Moon 3 - Phase 1
263483468	Rahu 10:31AM – 12:05PM		Visti Until 7:00AM	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:39PM	Moon – Green	Sivaloka Day	
		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
		Hanuman Jayanti				

Saturday, April 20, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sutra 6
Silver Retreat Star		Gulika 5:48AM – 7:22AM	Svati Until 6:47PM	Ganesha: Red <i>Sunrise: 5:48AM</i>		Vikarin 5121
Tula Rasi: 12.22	Tithi 16 – 17	Yama 1:39PM – 3:13PM	Vajra* Until 9:21AM	Muruqa: Yellow <i>Sunset: 6:22PM</i>		Moon 3 - Phase 1
264483468	Rahu 8:57AM – 10:31AM		Taitila Until 2:21AM Sun	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:19PM	Moon – Green	Sivaloka Day	
				Chaitra*Chaitra		