



Saturday, April 20, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam
Vishakha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK
Sutra 6

Tula Rasi: 21.29 Tithi 17

Gulika 5:22AM – 7:16AM
Yama 2:52PM – 4:45PM
274483468 **Rahu** 9:10AM – 11:04AM

Vishakha Until 2:28AM Sun
Siddhi Until 3:09PM
Taitila Until 10:51AM
Dvitiya Until 10:01PM

Ganesha: Blue *Sunrise:* 5:22AM
Muruqa: Yellow *Sunset:* 8:33PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 2:28AM Sun
Then Routine Work - Marana Yoga

Devaloka Day

1

Sunday, April 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Anchorage, AK
Sun 1 Sutra 7

Vrischika Rasi: 5.2 Tithi 18

Gulika 4:47PM – 6:41PM
Yama 12:58PM – 2:52PM
274483468 **Rahu** 6:41PM – 8:36PM

Anuradha Until 2:13AM Mon
Vyatipata* Until 12:59PM
Vanija Until 9:23AM
Tritiya Until 8:54PM

Ganesha: Blue *Sunrise:* 5:19AM
Muruqa: Yellow *Sunset:* 8:36PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 2:13AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

2

Monday, April 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Anchorage, AK
Sun 2 Sutra 8

Vrischika Rasi: 18.44 Tithi 19

Family Home Evening

Gulika 2:53PM – 4:48PM
Yama 11:02AM – 12:57PM
274483468 **Rahu** 7:12AM – 9:07AM

Jyeshtha* Until 2:35AM Tue
Variyan Until 11:23AM
Bava Until 8:39AM
Chaturthi* Until 8:33PM

Ganesha: Blue *Sunrise:* 5:16AM
Muruqa: Yellow *Sunset:* 8:38PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 2:35AM Tue
Then Creative Work - Amrita Yoga

Devaloka Day

3

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK
Sun 3 Sutra 9

Dhanus Rasi: 1.43 Tithi 20

Gulika 12:57PM – 2:53PM
Yama 9:05AM – 11:01AM
284483468 **Rahu** 4:49PM – 6:45PM

Mula* Until 4:04AM Wed
Parigha* Until 10:27AM
Kaulava Until 8:43AM
Panchami Until 9:02PM

Ganesha: Yellow *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 8:41PM
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

4

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK
Sun 4 Sutra 10

Dhanus Rasi: 14.19 Tithi 21

Gulika 11:00AM – 12:57PM
Yama 7:07AM – 9:04AM
284483469 **Rahu** 12:57PM – 2:54PM

Purvashadha* Until 6:08AM Thu
Shiva Until 10:09AM
Gara Until 9:36AM
Shashthi* Until 10:18PM

Ganesha: Yellow *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 8:44PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Amrita Yoga
Until 6:08AM Thu
Then Routine Work - Marana Yoga

Devaloka Day

5

Thursday, April 25, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saphtamyam Titau

Anchorage, AK
Sun 5 Sutra 11

Dhanus Rasi: 26.35 Tithi 22

Gulika 9:02AM – 10:59AM
Yama 5:07AM – 7:05AM
284483469 **Rahu** 2:54PM – 4:52PM

Purvashadha* Until 6:08AM
Siddha Until 10:23AM
Visti Until 11:12AM
Saphtami Until 12:13AM Fri

Ganesha: Yellow *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 8:46PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 6:08AM
Then Routine Work - Marana Yoga

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK
Sun 6 Sutra 12

Makara Rasi: 8.37 Tithi 23

Gulika 7:02AM – 9:00AM
Yama 4:53PM – 6:51PM
284583469 **Rahu** 10:59AM – 12:57PM

Uttarashadha Until 8:35AM
Sadhya Until 11:04AM
Balava Until 1:22PM
Ashtami* Until 2:34AM Sat

Ganesha: Red *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 8:49PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK
Sun 7 Sutra 13

Makara Rasi: 20.3 Tithi 24

Gulika 5:01AM – 7:00AM
Yama 2:55PM – 4:54PM
294583469 **Rahu** 8:59AM – 10:58AM

Shravana Until 11:44AM
Subha Until 12:01PM
Taitila Until 3:51PM
Navami* Until 5:06AM Sun

Ganesha: Green *Sunrise:* 5:01AM
Muruqa: Yellow *Sunset:* 8:52PM
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1		Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukla/Brahma Yoga Vanija Karana Dashamyam Titau		Anchorage, AK Sun 8 Sutra 14	
Kumbha Rasi: 2.19	Tithi 25	Gulika Yama	4:55PM – 6:55PM 12:56PM – 2:56PM	Dhanishtha Until 2:48PM Sukla Until 1:01PM Vanija Until 6:24PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple	Sunrise: 4:58AM Sunset: 8:54PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase
294583469	Rahu	6:55PM – 8:54PM		Dashami Until 7:36AM Mon	Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 2:48PM Then Creative Work - Siddha Yoga							
2		Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau		Anchorage, AK Sun 9 Sutra 15	
Kumbha Rasi: 14.1	Tithi 25 – 26	Gulika Yama	2:56PM – 4:57PM 10:56AM – 12:56PM	Shatabhishak Until 5:34PM Brahma Until 1:57PM Bava Until 8:46PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Purple	Sunrise: 4:55AM Sunset: 8:57PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase
294583469	Rahu	6:56AM – 8:56AM		Dashami Until 7:36AM	Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Family Home Evening Creative Work Siddha Yoga Until 5:34PM Then Routine Work - Marana Yoga							
3		Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK Sun 10 Sutra 16	
Kumbha Rasi: 26.06	Tithi 26 – 27	Gulika Yama	12:56PM – 2:57PM 8:54AM – 10:55AM	Purvaproshtapada* Until 8:21PM Indra Until 2:39PM Kaulava Until 10:47PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 4:53AM Sunset: 9:00PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase
214583469	Rahu	4:58PM – 6:59PM		Ekadashi* Until 9:49AM	Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 8:21PM Then Creative Work - Amrita Yoga							
4		Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkamba* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau		Anchorage, AK Sun 11 Sutra 17	
Meena Rasi: 8.12	Tithi 27 – 28	Gulika Yama	10:54AM – 12:56PM 6:51AM – 8:53AM	Uttaraproshtapada Until 10:31PM Vaidhriti* Until 2:59PM Gara Until 12:19AM Thu	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 4:50AM Sunset: 9:02PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase
214583469	Rahu	12:56PM – 2:58PM		Dvadashi* Until 11:36AM	Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 10:31PM Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			
5		Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkamba*/Priti Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 18	
Meena Rasi: 20.31	Tithi 28 – 29	Gulika Yama	8:51AM – 10:54AM 4:47AM – 6:49AM	Revati Until 12:01AM Fri Vishkamba* Until 2:56PM Visti Until 1:19AM Fri	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 4:47AM Sunset: 9:05PM	Vikarin 5121 Moon 4 - Phase 3 2nd Phase
215583469	Rahu	2:58PM – 5:00PM		Trayodashi* Until 12:52PM	Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 12:01AM Fri Then Creative Work - Amrita Yoga							
Retreat Star		Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 19	
Mesha Rasi: 3.04	Tithi 29 – 30	Gulika Yama	6:47AM – 8:50AM 5:02PM – 7:05PM	Ashvini Until 1:18AM Sat Priti Until 2:28PM Catuspada Until 1:47AM Sat	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 4:44AM Sunset: 9:08PM	Vikarin 5121 Moon 4 - Phase 3 Amavasya
225583469	Rahu	10:53AM – 12:56PM		Chaturdashi* Until 1:36PM	Chaitra+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Amrita Yoga Until 1:18AM Sat Then Creative Work - Siddha Yoga							
Retreat Star		Saturday, May 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Anchorage, AK Sun 14 Sutra 20	
Mesha Rasi: 15.51	Tithi 30 – 1	Gulika Yama	4:41AM – 6:45AM 2:59PM – 5:03PM	Bharani Until 1:55AM Sun Ayushman Until 1:34PM Kintughna Until 1:43AM Sun	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 4:41AM Sunset: 9:10PM	Vikarin 5121 Moon 4 - Phase 3 Prathama
225583469	Rahu	8:48AM – 10:52AM		Amavasya* Until 1:47PM	Vaisaka+Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Anchorage, AK Sun 15 Sutra 21	
Mesha Rasi: 28.53	Tithi 1 – 2	Gulika 5:04PM – 7:08PM	Krittika Until 1:58AM Mon	Ganesha: Purple <i>Sunrise: 4:38AM</i>	Vikarin 5121
		Yama 12:56PM – 3:00PM	Saubhagya Until 12:18PM	Muruqa: Yellow <i>Sunset: 9:13PM</i>	Moon 4 - Phase 4
		225583469 Rahu 7:08PM – 9:13PM	Balava Until 1:13AM Mon	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 1:30PM	Moon – White	Bhuloka Day
Until 1:58AM Mon				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

2 Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Anchorage, AK Sun 16 Sutra 22	
Vrishabha Rasi: 12.09	Tithi 2 – 3	Gulika 3:00PM – 5:05PM	Rohini Until 1:56AM Tue	Ganesha: Light Blue <i>Sunrise: 4:35AM</i>	Vikarin 5121
Family Home Evening		Yama 10:50AM – 12:55PM	Sobhana Until 10:43AM	Muruqa: Yellow <i>Sunset: 9:15PM</i>	Moon 4 - Phase 4
Creative Work	Amrita Yoga	235583469 Rahu 6:40AM – 8:45AM	Taitila Until 12:21AM Tue	Nataraja: Clear	3rd Phase
Until 1:56AM Tue			Dvitiya Until 12:49PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

3 Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Anchorage, AK Sun 17 Sutra 23	
Vrishabha Rasi: 25.37	Tithi 3 – 4	Gulika 12:55PM – 3:01PM	Mrigashira Until 1:27AM Wed	Ganesha: Light Blue <i>Sunrise: 4:33AM</i>	Vikarin 5121
		Yama 8:44AM – 10:50AM	Athiganda* Until 8:50AM	Muruqa: Yellow <i>Sunset: 9:18PM</i>	Moon 4 - Phase 4
		235583469 Rahu 5:07PM – 7:12PM	Vanija Until 11:10PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Akshaya Tritiya	Moon – Yellow	Bhuloka Day
			Tritiya Until 11:46AM	Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

4 Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Anchorage, AK Sun 18 Sutra 24	
Mithuna Rasi: 9.15	Tithi 4 – 5	Gulika 10:49AM – 12:55PM	Ardra Until 12:35AM Thu	Ganesha: Light Blue <i>Sunrise: 4:30AM</i>	Vikarin 5121
		Yama 6:36AM – 8:43AM	Sukarma Until 6:44AM	Muruqa: Yellow <i>Sunset: 9:21PM</i>	Moon 4 - Phase 4
		235583469 Rahu 12:55PM – 3:02PM	Bava Until 9:43PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 10:27AM	Moon – Yellow	Bhuloka Day
Until 12:35AM Thu				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

5 Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Anchorage, AK Sun 19 Sutra 25	
Mithuna Rasi: 23.01	Tithi 5 – 6	Gulika 8:41AM – 10:48AM	Punarvasu Until 11:48PM	Ganesha: Orange <i>Sunrise: 4:27AM</i>	Vikarin 5121
		Yama 4:27AM – 6:34AM	Shula* Until 1:59AM Fri	Muruqa: Yellow <i>Sunset: 9:23PM</i>	Moon 4 - Phase 4
		245583469 Rahu 3:02PM – 5:09PM	Kaulava Until 8:04PM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:54AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

6 Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Anchorage, AK Sun 20 Sutra 26	
Kataka Rasi: 6.56	Tithi 6 – 7	Gulika 6:32AM – 8:40AM	Pushya Until 10:40PM	Ganesha: Orange <i>Sunrise: 4:25AM</i>	Vikarin 5121
		Yama 5:11PM – 7:18PM	Ganda* Until 11:22PM	Muruqa: Yellow <i>Sunset: 9:26PM</i>	Moon 4 - Phase 4
		245583469 Rahu 10:48AM – 12:55PM	Gara Until 6:13PM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 7:09AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Anchorage, AK Sun 21 Sutra 27	
Kataka Rasi: 20.57	Tithi 8	Gulika 4:22AM – 6:30AM	Ashlesha* Until 9:14PM	Ganesha: Clear <i>Sunrise: 4:22AM</i>	Vikarin 5121
		Yama 3:04PM – 5:12PM	Vriddhi Until 8:38PM	Muruqa: Yellow <i>Sunset: 9:28PM</i>	Moon 4 - Phase 4
		246583469 Rahu 8:39AM – 10:47AM	Visti Until 4:11PM	Nataraja: Clear	Ashtami
Routine Work	Marana Yoga		Ashtami* Until 3:05AM Sun	Moon – Blue	Devaloka Day
Until 9:14PM				Vaisaka-Chaitra	
Then Creative Work - Amrita Yoga					


Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Anchorage, AK Sun 22 Sutra 28	
Simha Rasi: 5.05	Tithi 9	Gulika 5:13PM – 7:22PM	Magha* Until 7:55PM	Ganesha: White <i>Sunrise: 4:19AM</i>	Vikarin 5121
		Yama 12:55PM – 3:04PM	Dhruva Until 5:44PM	Muruqa: Yellow <i>Sunset: 9:31PM</i>	Moon 4 - Phase 4
		256583469 Rahu 7:22PM – 9:31PM	Balava Until 2:00PM	Nataraja: Clear	Navami
Routine Work	Marana Yoga		Navami* Until 12:50AM Mon	Moon – Red	Bhuloka Day
Until 7:55PM		Mother's Day		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

1	Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 29
	Simha Rasi: 19.18	Tithi 10	Gulika 3:05PM – 5:14PM	Purvaphalguni Until 6:22PM	Ganesha: White	<i>Sunrise:</i> 4:17AM	Vikarin 5121
	Family Home Evening	256583469	Yama 10:46AM – 12:55PM	Vyaghata* Until 2:46PM	Muruqa: Yellow	<i>Sunset:</i> 9:34PM	Moon 4 - Phase 5
	Creative Work Siddha Yoga		Rahu 6:26AM – 8:36AM	Taitila Until 11:41AM	Nataraja: Clear		4th Phase
			Dashami Until 10:29PM	Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2	Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 30
	Kanya Rasi: 3.35	Tithi 11	Gulika 12:55PM – 3:05PM	Uttaraphalguni Until 4:37PM	Ganesha: White	<i>Sunrise:</i> 4:14AM	Vikarin 5121
		256583469	Yama 8:35AM – 10:45AM	Harshana Until 11:45AM	Muruqa: Yellow	<i>Sunset:</i> 9:36PM	Moon 4 - Phase 5
	Creative Work Amrita Yoga		Rahu 5:16PM – 7:26PM	Vanija Until 9:19AM	Nataraja: Clear		4th Phase
Until 4:37PM			Ekadashi Until 8:06PM	Vaisaka-Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

3	Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 25 Sutra 31
	Kanya Rasi: 17.52	Tithi 12 – 13	Gulika 10:44AM – 12:55PM	Hasta Until 3:11PM	Ganesha: Yellow	<i>Sunrise:</i> 4:12AM	Vikarin 5121
		266583469	Yama 6:22AM – 8:33AM	Vajra* Until 8:44AM	Muruqa: Yellow	<i>Sunset:</i> 9:39PM	Moon 4 - Phase 5
	Routine Work Marana Yoga		Rahu 12:55PM – 3:06PM	Bava Until 6:56AM	Nataraja: Clear		4th Phase
Until 3:11PM			Dvadashi Until 5:45PM	Vaisaka-Vaikasi	Devaloka Day		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

4	Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 26 Sutra 32
	Tula Rasi: 2.05	Tithi 13 – 14	Gulika 8:32AM – 10:44AM	Chitra Until 1:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:09AM	Vikarin 5121
		266583469	Yama 4:09AM – 6:21AM	Vyatipata* Until 3:05AM Fri	Muruqa: Yellow	<i>Sunset:</i> 9:41PM	Moon 4 - Phase 5
	Creative Work Siddha Yoga		Rahu 3:07PM – 5:18PM	Gara Until 2:35AM Fri	Nataraja: Clear		4th Phase
Until 1:45PM			Trayodashi Until 3:34PM	Vaisaka-Vaikasi	Devaloka Day		
Then Creative Work - Amrita Yoga							

	Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sun 27 Sutra 33
	Tula Rasi: 16.1	Tithi 14 – 15	Gulika 6:19AM – 8:31AM	Svati Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:07AM	Vikarin 5121
		266583469	Yama 5:19PM – 7:32PM	Variyan Until 12:37AM Sat	Muruqa: Yellow	<i>Sunset:</i> 9:44PM	Moon 4 - Phase 5
	Creative Work Siddha Yoga		Rahu 10:43AM – 12:55PM	Visti Until 12:52AM Sat	Nataraja: Clear		Purnima
			Chaturdashi* Until 1:39PM	Vaisaka-Vaikasi	Devaloka Day		

Silver Retreat Star	Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sun 28 Sutra 34
	Vrischika Rasi: 0.01	Tithi 15 – 16	Gulika 4:04AM – 6:17AM	Vishakha Until 11:48AM	Ganesha: Blue	<i>Sunrise:</i> 4:04AM	Vikarin 5121
		276583469	Yama 3:08PM – 5:21PM	Parigha* Until 10:32PM	Muruqa: Yellow	<i>Sunset:</i> 9:46PM	Moon 4 - Phase 5
	Creative Work Siddha Yoga		Rahu 8:30AM – 10:42AM	Balava Until 11:36PM	Nataraja: Clear		Prathama
			Purnima* Until 12:09PM	Vaisaka-Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Sunday, May 19, 2019
Gold Retreat Star

Vrischika Rasi: 13.34 Tithi 16 – 17
Routine Work Marana Yoga

277583469

Gulika 5:22PM – 7:35PM
Yama 12:55PM – 3:09PM
Rahu 7:35PM – 9:49PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Anuradha Until 11:33AM
Shiva Until 8:56PM
Taitila Until 10:56PM
Prathama* Until 11:10AM

Ganesha: Yellow *Sunrise:* 4:02AM
Muruqa: Yellow *Sunset:* 9:49PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Devaloka Day

Anchorage, AK
Sutra 35
Vikarin 5121
Moon 5 - Phase 6
1st Phase

1

Monday, May 20, 2019

Vrischika Rasi: 26.47 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Gulika 3:09PM – 5:23PM
Yama 10:41AM – 12:55PM
Rahu 6:13AM – 8:27AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Jyeshtha* Until 11:47AM
Siddha Until 7:50PM
Vanija Until 10:55PM
Dvitiya Until 10:49AM

Ganesha: Yellow *Sunrise:* 3:59AM
Muruqa: Yellow *Sunset:* 9:51PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Devaloka Day

Anchorage, AK
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

2

Tuesday, May 21, 2019

Dhanus Rasi: 9.38 Tithi 18 – 19
Creative Work Amrita Yoga
Until 12:59PM
Then Creative Work - Siddha Yoga

287683469

Gulika 12:55PM – 3:10PM
Yama 8:26AM – 10:41AM
Rahu 5:24PM – 7:39PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Mula* Until 12:59PM
Sadhya Until 7:18PM
Bava Until 11:37PM
Tritiya Until 11:10AM

Ganesha: Red *Sunrise:* 3:57AM
Muruqa: Yellow *Sunset:* 9:58PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

Anchorage, AK
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

3

Wednesday, May 22, 2019

Dhanus Rasi: 22.1 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Gulika 10:40AM – 12:55PM
Yama 6:10AM – 8:25AM
Rahu 12:55PM – 3:11PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Purvashadha* Until 2:43PM
Subha Until 7:19PM
Kaulava Until 12:59AM Thu
Chaturthi* Until 12:12PM

Ganesha: Red *Sunrise:* 3:55AM
Muruqa: Yellow *Sunset:* 9:56PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

Anchorage, AK
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

4

Thursday, May 23, 2019

Makara Rasi: 4.26 Tithi 20 – 21
Routine Work Marana Yoga
Until 4:52PM
Then Creative Work - Siddha Yoga

287683469

Gulika 8:24AM – 10:40AM
Yama 3:53AM – 6:08AM
Rahu 3:11PM – 5:27PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Uttarashadha Until 4:52PM
Sukla Until 7:45PM
Gara Until 2:54AM Fri
Panchami Until 1:51PM

Ganesha: Red *Sunrise:* 3:53AM
Muruqa: Yellow *Sunset:* 9:58PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

Anchorage, AK
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

5

Friday, May 24, 2019

Makara Rasi: 16.28 Tithi 21 – 22
Routine Work Marana Yoga
Until 7:47PM
Then Creative Work - Siddha Yoga

297683469

Gulika 6:07AM – 8:23AM
Yama 5:28PM – 7:44PM
Rahu 10:39AM – 12:56PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Shravana Until 7:47PM
Brahma Until 8:31PM
Visti Until 5:11AM Sat
Shashthi* Until 3:59PM

Ganesha: Green *Sunrise:* 3:50AM
Muruqa: Yellow *Sunset:* 10:01PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Anchorage, AK
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

6

Saturday, May 25, 2019

Makara Rasi: 28.23 Tithi 22
Creative Work Siddha Yoga
Until 10:44PM
Then Creative Work - Amrita Yoga

398683469

Gulika 3:48AM – 6:05AM
Yama 3:12PM – 5:29PM
Rahu 8:22AM – 10:39AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Bava Karana Saplamyam Titau

Dhanishtha Until 10:44PM
Indra Until 9:29PM
Bava Until 6:22PM
Saptami Until 6:22PM

Ganesha: Blue *Sunrise:* 3:48AM
Muruqa: Yellow *Sunset:* 10:03PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Anchorage, AK
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase



Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 10.14 Tithi 23
Creative Work Siddha Yoga
Until 1:32AM Mon
Then Routine Work - Marana Yoga

398683469

Gulika 5:30PM – 7:48PM
Yama 12:56PM – 3:13PM
Rahu 7:48PM – 10:05PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Shatabhishak Until 1:32AM Mon
Vaidhriti* Until 10:25PM
Balava Until 7:37AM
Ashtami* Until 8:47PM

Ganesha: Blue *Sunrise:* 3:46AM
Muruqa: Yellow *Sunset:* 10:05PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Anchorage, AK
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 22.07 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 4:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Gulika 3:14PM – 5:32PM
Yama 10:38AM – 12:56PM
Rahu 6:02AM – 8:20AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Purvaproshtapada* Until 4:26AM Tue
Vishkambha* Until 11:12PM
Taitila Until 9:57AM
Navami* Until 11:00PM

Ganesha: Purple *Sunrise:* 3:44AM
Muruqa: Yellow *Sunset:* 10:07PM
Nataraja: Clear
Moon – Clear
Vaisaka-Vaikasi

Sivaloka Day

Anchorage, AK
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Anchorage, AK Sun 9 Sutra 44	
Meena Rasi: 4.07	Tithi 25	Gulika	12:56PM – 3:14PM	Uttaraproshtapada Until 6:45AM Wed	Ganesha: Purple	<i>Sunrise:</i> 3:42AM		Vikarin 5121	
		Yama	8:19AM – 10:38AM	Priti Until 11:43PM	Muruqa: Yellow	<i>Sunset:</i> 10:09PM		Moon 5 - Phase 7	
		318683469 Rahu	5:33PM – 7:51PM	Vanija Until 12:00PM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 12:50AM Wed	Moon – Clear		Sivaloka Day		
Until 6:45AM Wed					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Anchorage, AK Sun 10 Sutra 45	
Meena Rasi: 16.16	Tithi 26	Gulika	10:37AM – 12:56PM	Uttaraproshtapada Until 6:45AM	Ganesha: Purple	<i>Sunrise:</i> 3:40AM		Vikarin 5121	
		Yama	5:59AM – 8:18AM	Ayushman Until 11:47PM	Muruqa: Yellow	<i>Sunset:</i> 10:12PM		Moon 5 - Phase 7	
		318683469 Rahu	12:56PM – 3:15PM	Bava Until 1:34PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 2:07AM Thu	Moon – Clear		Sivaloka Day		
Until 6:45AM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Anchorage, AK Sun 11 Sutra 46	
Meena Rasi: 28.4	Tithi 27	Gulika	8:17AM – 10:37AM	Revati Until 8:22AM	Ganesha: Purple	<i>Sunrise:</i> 3:39AM		Vikarin 5121	
		Yama	3:39AM – 5:58AM	Saubhagya Until 11:23PM	Muruqa: Yellow	<i>Sunset:</i> 10:14PM		Moon 5 - Phase 7	
		318683469 Rahu	3:16PM – 5:35PM	Kaulava Until 2:33PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 2:47AM Fri	Moon – Clear		Sivaloka Day		
Until 8:22AM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau				Anchorage, AK Sun 12 Sutra 47	
Mesha Rasi: 11.2	Tithi 28	Gulika	5:57AM – 8:17AM	Ashvini Until 9:42AM	Ganesha: Clear	<i>Sunrise:</i> 3:37AM		Vikarin 5121	
		Yama	5:36PM – 7:56PM	Sobhana Until 10:30PM	Muruqa: Yellow	<i>Sunset:</i> 10:16PM		Moon 5 - Phase 7	
		328683469 Rahu	10:36AM – 12:56PM	Gara Until 2:54PM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 2:49AM Sat	Moon – White		Devaloka Day		
Until 9:42AM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Anchorage, AK Sun 13 Sutra 48	
Mesha Rasi: 24.2	Tithi 29	Gulika	3:35AM – 5:56AM	Bharani Until 10:14AM	Ganesha: White	<i>Sunrise:</i> 3:35AM		Vikarin 5121	
		Yama	3:17PM – 5:37PM	Athiganda* Until 9:05PM	Muruqa: Yellow	<i>Sunset:</i> 10:18PM		Moon 5 - Phase 7	
		329683469 Rahu	8:16AM – 10:36AM	Visti Until 2:37PM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 2:14AM Sun	Moon – White		Bhuloka Day		
Until 10:14AM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga									

		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK Sun 14 Sutra 49	
Retreat Star		Gulika	5:38PM – 7:59PM	Krittika Until 10:02AM	Ganesha: White	<i>Sunrise:</i> 3:34AM		Vikarin 5121	
Vrishabha Rasi: 7.38	Tithi 30	Yama	12:57PM – 3:17PM	Sukarma Until 7:14PM	Muruqa: Yellow	<i>Sunset:</i> 10:19PM		Moon 5 - Phase 7	
		329683469 Rahu	7:59PM – 10:19PM	Catuspada Until 1:44PM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 1:05AM Mon	Moon – White		Bhuloka Day		
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		

Monday, June 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK Sun 15 Sutra 50		
Retreat Star		Gulika	3:18PM – 5:39PM	Rohini Until 9:37AM	Ganesha: Green	<i>Sunrise:</i> 3:32AM		Vikarin 5121
Vrishabha Rasi: 21.14	Tithi 1	Yama	10:36AM – 12:57PM	Dhriti Until 5:01PM	Muruqa: Yellow	<i>Sunset:</i> 10:21PM		Moon 5 - Phase 7
Family Home Evening		339683469 Rahu	5:53AM – 8:14AM	Kintughna Until 12:22PM	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga			Prathama* Until 11:30PM	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvityayam Titau				Anchorage, AK Sun 16 Sutra 51	
Mithuna Rasi: 5.07	Tithi 2	Gulika	12:57PM – 3:18PM	Mrigashira Until 8:39AM	Ganesha: Green	<i>Sunrise:</i> 3:31AM	Vikarin 5121		
		Yama	8:14AM – 10:35AM	Shula* Until 2:28PM	Muruqa: Yellow	<i>Sunset:</i> 10:23PM	Moon 5 - Phase 8		
		339683461 Rahu	5:40PM – 8:01PM	Balava Until 10:35AM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga			Dvitiya Until 9:34PM	Moon – Yellow		Bhuloka Day		
Until 8:39AM					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Anchorage, AK Sun 17 Sutra 52	
Mithuna Rasi: 19.1	Tithi 3	Gulika	10:35AM – 12:57PM	Ardra Until 7:14AM	Ganesha: Green	<i>Sunrise:</i> 3:29AM	Vikarin 5121		
		Yama	5:51AM – 8:13AM	Ganda* Until 11:42AM	Muruqa: Yellow	<i>Sunset:</i> 10:25PM	Moon 5 - Phase 8		
		339683461 Rahu	12:57PM – 3:19PM	Taitila Until 8:31AM	Nataraja: Yellow		3rd Phase		
Creative Work	Siddha Yoga			Tritiya Until 7:23PM	Moon – Yellow		Bhuloka Day		
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK Sun 18 Sutra 53	
Kataka Rasi: 3.22	Tithi 4 – 5	Gulika	8:13AM – 10:35AM	Pushya Until 4:21AM Fri	Ganesha: White	<i>Sunrise:</i> 3:28AM	Vikarin 5121		
		Yama	3:28AM – 5:50AM	Vridhhi Until 8:48AM	Muruqa: Yellow	<i>Sunset:</i> 10:26PM	Moon 5 - Phase 8		
		349683461 Rahu	3:19PM – 5:42PM	Vanija Until 6:15AM	Nataraja: Yellow		3rd Phase		
Creative Work	Amrita Yoga			Chaturthi* Until 5:04PM	Moon – Blue		Bhuloka Day		
Until 4:21AM Fri					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Anchorage, AK Sun 19 Sutra 54	
Kataka Rasi: 17.38	Tithi 5 – 6	Gulika	5:49AM – 8:12AM	Ashlesha* Until 2:38AM Sat	Ganesha: White	<i>Sunrise:</i> 3:27AM	Vikarin 5121		
		Yama	5:43PM – 8:05PM	Vyaghata* Until 2:50AM Sat	Muruqa: Yellow	<i>Sunset:</i> 10:28PM	Moon 5 - Phase 8		
		349683461 Rahu	10:35AM – 12:57PM	Kaulava Until 1:32AM Sat	Nataraja: Yellow		3rd Phase		
Routine Work	Marana Yoga			Panchami Until 2:42PM	Moon – Blue		Bhuloka Day		
Until 2:38AM Sat					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga									

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Anchorage, AK Sun 20 Sutra 55	
Simha Rasi: 1.54	Tithi 6 – 7	Gulika	3:26AM – 5:49AM	Magha* Until 1:14AM Sun	Ganesha: Clear	<i>Sunrise:</i> 3:26AM	Vikarin 5121		
		Yama	3:20PM – 5:43PM	Harshana Until 11:53PM	Muruqa: Yellow	<i>Sunset:</i> 10:29PM	Moon 5 - Phase 8		
		359683461 Rahu	8:12AM – 10:35AM	Gara Until 11:12PM	Nataraja: Yellow		3rd Phase		
Creative Work	Amrita Yoga			Shashthi* Until 12:20PM	Moon – Red		Devaloka Day		
Until 1:14AM Sun					Jyeshtha-Vaikasi				
Then Creative Work - Siddha Yoga									

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Anchorage, AK Sun 21 Sutra 56	
Simha Rasi: 16.08	Tithi 7 – 8	Gulika	5:44PM – 8:07PM	Purvaphalguni Until 11:48PM	Ganesha: Yellow	<i>Sunrise:</i> 3:25AM	Vikarin 5121		
		Yama	12:58PM – 3:21PM	Vajra* Until 9:00PM	Muruqa: Yellow	<i>Sunset:</i> 10:31PM	Moon 5 - Phase 8		
		351683461 Rahu	8:07PM – 10:31PM	Visti Until 8:58PM	Nataraja: Yellow		Ashtami		
Creative Work	Siddha Yoga			Saptami Until 10:03AM	Moon – Red		Devaloka Day		
Until 11:48PM					Jyeshtha-Vaikasi				
Then Creative Work - Amrita Yoga									

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 22 Sutra 57	
Kanya Rasi: 0.19	Tithi 8 – 9	Gulika	3:21PM – 5:45PM	Uttaraphalguni Until 10:21PM	Ganesha: Yellow	<i>Sunrise:</i> 3:24AM	Vikarin 5121		
Family Home Evening		Yama	10:34AM – 12:58PM	Siddhi Until 6:14PM	Muruqa: Yellow	<i>Sunset:</i> 10:32PM	Moon 5 - Phase 8		
		351683461 Rahu	5:47AM – 8:11AM	Balava Until 6:51PM	Nataraja: Yellow		Navami		
Creative Work	Siddha Yoga			Ashtami* Until 7:52AM	Moon – Red		Devaloka Day		
					Jyeshtha-Vaikasi				

1		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 58	
Kanya Rasi: 14.23	Tithi 10	Gulika	12:58PM – 3:22PM	Hasta	Until 9:21PM	Ganesha: White	<i>Sunrise:</i> 3:23AM	Vikarin 5121	
		Yama	8:10AM – 10:34AM	Vyatipata*	Until 3:36PM	Muruqa: Yellow	<i>Sunset:</i> 10:33PM	Moon 5 - Phase 9	
361683461		Rahu	5:46PM – 8:09PM	Taitila	Until 4:53PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Dashami	Until 3:58AM Wed	Moon – Green		Bhuloka Day	
						Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 59	
Kanya Rasi: 28.2	Tithi 11	Gulika	10:34AM – 12:58PM	Chitra	Until 8:25PM	Ganesha: White	<i>Sunrise:</i> 3:22AM	Vikarin 5121	
		Yama	5:46AM – 8:10AM	Variyan	Until 1:07PM	Muruqa: Yellow	<i>Sunset:</i> 10:34PM	Moon 5 - Phase 9	
361683461		Rahu	12:58PM – 3:22PM	Vanija	Until 3:08PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Ekadashi	Until 2:20AM Thu	Moon – Green		Bhuloka Day	
						Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 60	
Tula Rasi: 12.09	Tithi 12	Gulika	8:10AM – 10:34AM	Svati	Until 7:37PM	Ganesha: White	<i>Sunrise:</i> 3:21AM	Vikarin 5121	
		Yama	3:21AM – 5:46AM	Parigha*	Until 10:51AM	Muruqa: Yellow	<i>Sunset:</i> 10:35PM	Moon 5 - Phase 9	
361683461		Rahu	3:23PM – 5:47PM	Bava	Until 1:39PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga			Dvadashi	Until 1:00AM Fri	Moon – Green		Bhuloka Day	
Until 7:37PM						Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga									

4		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 61	
Tula Rasi: 25.47	Tithi 13	Gulika	5:45AM – 8:10AM	Vishakha	Until 7:27PM	Ganesha: Clear	<i>Sunrise:</i> 3:21AM	Vikarin 5121	
		Yama	5:47PM – 8:12PM	Shiva	Until 8:52AM	Muruqa: Blue	<i>Sunset:</i> 10:36PM	Moon 5 - Phase 9	
371693461		Rahu	10:34AM – 12:59PM	Kaulava	Until 12:29PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Trayodashi	Until 12:01AM Sat	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam				Jyeshtha-Vaikasi			
					<i>Pradosha Vrata</i>				

5		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 62	
Vrischika Rasi: 9.11	Tithi 14	Gulika	3:20AM – 5:45AM	Anuradha	Until 7:33PM	Ganesha: White	<i>Sunrise:</i> 3:20AM	Vikarin 5121	
		Yama	3:23PM – 5:48PM	Siddha	Until 7:09AM	Muruqa: Blue	<i>Sunset:</i> 10:37PM	Moon 5 - Phase 9	
371793461		Rahu	8:10AM – 10:34AM	Gara	Until 11:43AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi*	Until 11:29PM	Moon – Orange		Subha Sivaloka Day	
						Jyeshtha-Ani			

○		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Anchorage, AK Sutra 63	
Copper Retreat Star		Gulika	5:48PM – 8:13PM	Jyeshtha*	Until 7:59PM	Ganesha: White	<i>Sunrise:</i> 3:20AM	Vikarin 5121	
Vrischika Rasi: 22.21	Tithi 15	Yama	12:59PM – 3:24PM	Subha	Until 4:55AM Mon	Muruqa: Blue	<i>Sunset:</i> 10:38PM	Moon 5 - Phase 9	
		Rahu	8:13PM – 10:38PM	Visti	Until 11:25AM	Nataraja: Yellow		Purnima	
Routine Work	Marana Yoga			Purnima*	Until 11:27PM	Moon – Orange		Subha Sivaloka Day	
Until 7:59PM		Father's Day				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga									

Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Anchorage, AK Sutra 64			
Silver Retreat Star		Gulika	3:24PM – 5:49PM	Mula*	Until 9:16PM	Ganesha: Clear	<i>Sunrise:</i> 3:20AM	Vikarin 5121	
Dhanus Rasi: 5.15	Tithi 16	Yama	10:34AM – 12:59PM	Sukla	Until 4:26AM Tue	Muruqa: Blue	<i>Sunset:</i> 10:39PM	Moon 5 - Phase 9	
Family Home Evening		Rahu	5:45AM – 8:09AM	Balava	Until 11:39AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga			Prathama*	Until 11:58PM	Moon – Light Blue		Sivaloka Day	
Until 9:16PM						Jyeshtha-Ani			
Then Routine Work - Marana Yoga									

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Taitila/Gara Karana Dvilyayam Titau

Anchorage, AK
Sun 1
Sutra 65

Dhanus Rasi: 17.53 Tithi 17

382793461

Gulika 12:59PM – 3:24PM
Yama 8:09AM – 10:34AM
Rahu 5:49PM – 8:14PM

Purvashadha* Until 10:57PM
Brahma Until 4:24AM Wed
Taitila Until 12:28PM
Dvitiya Until 1:03AM Wed

Ganesha: Clear *Sunrise: 3:20AM*
Muruqa: Blue *Sunset: 10:39PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 10:57PM

Then Routine Work - Prabararishta Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Vanija/Visti* Karana Trityayam Titau

Anchorage, AK
Sun 2
Sutra 66

Makara Rasi: 0.16 Tithi 18

382793461

Gulika 10:35AM – 1:00PM
Yama 5:45AM – 8:10AM
Rahu 1:00PM – 3:25PM

Uttarashadha Until 12:59AM Thu
Indra Until 4:47AM Thu
Vanija Until 1:49PM
Tritiya Until 2:40AM Thu

Ganesha: Purple *Sunrise: 3:20AM*
Muruqa: Blue *Sunset: 10:39PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 12:59AM Thu

Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Anchorage, AK
Sun 3
Sutra 67

Makara Rasi: 12.26 Tithi 19

392793461

Gulika 8:10AM – 10:35AM
Yama 3:20AM – 5:45AM
Rahu 3:25PM – 5:50PM

Shravana Until 3:46AM Fri
Vaidhriti* Until 5:27AM Fri
Bava Until 3:40PM
Chaturthi* Until 4:42AM Fri

Ganesha: Clear *Sunrise: 3:20AM*
Muruqa: Blue *Sunset: 10:40PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK
Sun 4
Sutra 68

Makara Rasi: 24.26 Tithi 20

392793461

Gulika 5:45AM – 8:10AM
Yama 5:50PM – 8:15PM
Rahu 10:35AM – 1:00PM

Dhanishtha Until 6:39AM Sat
Vishkambha* Until 6:21AM Sat
Kaulava Until 5:51PM
Panchami Until 7:00AM Sat

Ganesha: Clear *Sunrise: 3:20AM*
Muruqa: Blue *Sunset: 10:40PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 6:39AM Sat

Then Creative Work - Amrita Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK
Sun 5
Sutra 69

Kumbha Rasi: 6.2 Tithi 20 – 21

392793461

Gulika 3:20AM – 5:45AM
Yama 3:25PM – 5:50PM
Rahu 8:10AM – 10:35AM

Dhanishtha Until 6:39AM
Vishkambha* Until 6:21AM
Gara Until 8:13PM
Panchami Until 7:00AM

Ganesha: Clear *Sunrise: 3:20AM*
Muruqa: Blue *Sunset: 10:40PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 6:39AM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Anchorage, AK
Sun 6
Sutra 70

Kumbha Rasi: 18.12 Tithi 21 – 22

392793461

Gulika 5:50PM – 8:15PM
Yama 1:00PM – 3:25PM
Rahu 8:15PM – 10:40PM

Shatabhishak Until 9:27AM
Priti Until 7:20AM
Visti Until 10:35PM
Shashthi* Until 9:24AM

Ganesha: Clear *Sunrise: 3:20AM*
Muruqa: Blue *Sunset: 10:40PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

D

Monday, June 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttarproarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK
Sun 7
Sutra 71

Meena Rasi: 0.06 Tithi 22 – 23

312793461

Gulika 3:25PM – 5:50PM
Yama 10:36AM – 1:00PM
Rahu 5:46AM – 8:11AM

Purvaprosarthapada* Until 12:29PM
Ayushman Until 8:12AM
Balava Until 12:45AM Tue
Saptami Until 11:41AM

Ganesha: Yellow *Sunrise: 3:21AM*
Muruqa: Blue *Sunset: 10:40PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Ashtami

Routine Work Marana Yoga

Until 12:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarproarthapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK
Sun 8
Sutra 72

Meena Rasi: 12.05 Tithi 23 – 24

312793461

Gulika 1:01PM – 3:25PM
Yama 8:11AM – 10:36AM
Rahu 5:50PM – 8:15PM

Uttarproarthapada Until 3:03PM
Saubhagya Until 8:53AM
Taitila Until 2:31AM Wed
Ashtami* Until 1:40PM

Ganesha: Yellow *Sunrise: 3:21AM*
Muruqa: Blue *Sunset: 10:40PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Moon 6 - Phase 10
Navami

Creative Work Amrita Yoga

Until 3:03PM

Then Creative Work - Siddha Yoga

Sivaloka Day


1	Wednesday, June 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Anchorage, AK
	Meena Rasi: 24.16	Tithi 24 – 25	Gulika 10:36AM – 1:01PM	Revati Until 4:59PM	Ganesha: Yellow	<i>Sunrise:</i> 3:22AM	Sun 9 Sutra 73
			Yama 5:47AM – 8:12AM	Sobhana Until 9:14AM	Muruqa: Blue	<i>Sunset:</i> 10:40PM	Vikarin 5121
	Routine Work	Marana Yoga	Rahu 1:01PM – 3:26PM	Vanija Until 3:43AM Thu	Nataraja: Yellow		Moon 6 - Phase 11
			Navami* Until 3:10PM	Moon – Clear		2nd Phase	
				Jyeshtha-Ani		Sivaloka Day	

2	Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Mesha Rasi: 6.4	Tithi 25 – 26	Gulika 8:12AM – 10:37AM	Ashvini Until 6:38PM	Ganesha: Blue	<i>Sunrise:</i> 3:23AM	Sun 10 Sutra 74
			Yama 3:23AM – 5:47AM	Athiganda* Until 9:06AM	Muruqa: Blue	<i>Sunset:</i> 10:39PM	Vikarin 5121
	Creative Work	Amrita Yoga	Rahu 3:26PM – 5:50PM	Bava Until 4:16AM Fri	Nataraja: Yellow		Moon 6 - Phase 11
			Dashami Until 4:04PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

3	Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK
	Mesha Rasi: 19.23	Tithi 26 – 27	Gulika 5:48AM – 8:13AM	Bharani Until 7:26PM	Ganesha: Blue	<i>Sunrise:</i> 3:24AM	Sun 11 Sutra 75
			Yama 5:50PM – 8:14PM	Sukarma Until 8:27AM	Muruqa: Blue	<i>Sunset:</i> 10:39PM	Vikarin 5121
	Creative Work	Siddha Yoga	Rahu 10:37AM – 1:01PM	Kaulava Until 4:06AM Sat	Nataraja: Yellow		Moon 6 - Phase 11
			Ekadashi* Until 4:15PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

4	Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK
	Vrishabha Rasi: 2.27	Tithi 27 – 28	Gulika 3:25AM – 5:49AM	Krittika Until 7:22PM	Ganesha: Blue	<i>Sunrise:</i> 3:25AM	Sun 12 Sutra 76
			Yama 3:26PM – 5:50PM	Dhriti Until 7:14AM	Muruqa: Blue	<i>Sunset:</i> 10:38PM	Vikarin 5121
	Creative Work	Amrita Yoga	Rahu 8:13AM – 10:37AM	Gara Until 3:12AM Sun	Nataraja: Yellow		Moon 6 - Phase 11
			Dvadashi* Until 3:43PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK
	Vrishabha Rasi: 15.55	Tithi 28 – 29	Gulika 5:49PM – 8:13PM	Rohini Until 6:56PM	Ganesha: Blue	<i>Sunrise:</i> 3:26AM	Sun 13 Sutra 77
			Yama 1:02PM – 3:26PM	Ganda* Until 3:06AM Mon	Muruqa: Blue	<i>Sunset:</i> 10:37PM	Vikarin 5121
	Creative Work	Siddha Yoga	Rahu 8:13PM – 10:37PM	Visti Until 1:39AM Mon	Nataraja: Yellow		Moon 6 - Phase 11
			Trayodashi* Until 2:29PM	Moon – Yellow		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

	Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anchorage, AK
	Retreat Star		Gulika 3:25PM – 5:49PM	Mrigashira Until 5:46PM	Ganesha: Blue	<i>Sunrise:</i> 3:27AM	Sun 14 Sutra 78
	Vrishabha Rasi: 29.44	Tithi 29 – 30	Yama 10:38AM – 1:02PM	Vriddhi Until 12:20AM Tue	Muruqa: Blue	<i>Sunset:</i> 10:37PM	Vikarin 5121
	Family Home Evening		Rahu 5:51AM – 8:14AM	Catuspada Until 11:33PM	Nataraja: Yellow		Moon 6 - Phase 11
			Chaturdashi* Until 12:39PM	Moon – Yellow		Amavasya	
				Jyeshtha-Ani		Devaloka Day	

	Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK
	Retreat Star		Gulika 1:02PM – 3:25PM	Ardra Until 3:59PM	Ganesha: Red	<i>Sunrise:</i> 3:28AM	Sun 15 Sutra 79
	Mithuna Rasi: 13.55	Tithi 30 – 1	Yama 8:15AM – 10:38AM	Dhruva Until 9:12PM	Muruqa: Blue	<i>Sunset:</i> 10:36PM	Vikarin 5121
	Routine Work	Marana Yoga	Rahu 5:49PM – 8:12PM	Kintughna Until 9:00PM	Nataraja: Yellow		Moon 6 - Phase 11
			Amavasya* Until 10:18AM	Moon – Yellow		Prathama	
				Ashada-Ani		Sivaloka Day	
			Total Solar Eclipse				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Anchorage, AK Sun 16 Sutra 80	
Mithuna Rasi: 28.23	Tithi 1 – 2	Gulika 10:39AM – 1:02PM	Punarvasu Until 2:08PM	Ganesha: Yellow	<i>Sunrise:</i> 3:29AM	Vikarin 5121	
		Yama 5:53AM – 8:16AM	Vyaghata* Until 5:49PM	Muruqa: Blue	<i>Sunset:</i> 10:35PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	343793461 Rahu 1:02PM – 3:25PM	Balava Until 6:10PM	Nataraja: Yellow		3rd Phase	
			Prathama* Until 7:36AM	Moon – Blue			Sivaloka Day
				Ashada*Ani			

2		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau		Anchorage, AK Sun 17 Sutra 81	
Kataka Rasi: 13	Tithi 3	Gulika 8:17AM – 10:39AM	Pushya Until 11:58AM	Ganesha: Yellow	<i>Sunrise:</i> 3:31AM	Vikarin 5121	
		Yama 3:31AM – 5:54AM	Harshana Until 2:19PM	Muruqa: Blue	<i>Sunset:</i> 10:34PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	343793461 Rahu 3:25PM – 5:48PM	Taitila Until 3:10PM	Nataraja: Yellow		3rd Phase	
Until 11:58AM			Tritiya Until 1:37AM Fri	Moon – Blue			Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani			

3		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visti* Karana Chaturthyam Titau		Anchorage, AK Sun 18 Sutra 82	
Kataka Rasi: 27.41	Tithi 4	Gulika 5:55AM – 8:17AM	Ashlesha* Until 9:37AM	Ganesha: Yellow	<i>Sunrise:</i> 3:32AM	Vikarin 5121	
		Yama 5:47PM – 8:10PM	Vajra* Until 10:45AM	Muruqa: Blue	<i>Sunset:</i> 10:32PM	Moon 6 - Phase 12	
Routine Work	Marana Yoga	343793461 Rahu 10:40AM – 1:02PM	Vanija Until 12:08PM	Nataraja: Yellow		3rd Phase	
			Chaturthi* Until 10:37PM	Moon – Blue			Sivaloka Day
				Ashada*Ani			

4		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau		Anchorage, AK Sun 19 Sutra 83	
Simha Rasi: 12.2	Tithi 5	Gulika 3:34AM – 5:56AM	Magha* Until 7:37AM	Ganesha: Yellow	<i>Sunrise:</i> 3:34AM	Vikarin 5121	
		Yama 3:25PM – 5:47PM	Siddhi Until 7:17AM	Muruqa: Blue	<i>Sunset:</i> 10:31PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	453793461 Rahu 8:18AM – 10:40AM	Bava Until 9:11AM	Nataraja: Yellow		3rd Phase	
Until 7:37AM			Panchami Until 7:46PM	Moon – Red			Sivaloka Day
Then Creative Work - Siddha Yoga				Ashada*Ani			

5		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Varyan Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau		Anchorage, AK Sun 20 Sutra 84	
Simha Rasi: 26.51	Tithi 6 – 7	Gulika 5:46PM – 8:08PM	Uttaraphalguni Until 3:52AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 3:36AM	Vikarin 5121	
		Yama 1:03PM – 3:24PM	Variyan Until 12:53AM Mon	Muruqa: Blue	<i>Sunset:</i> 10:30PM	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	453793461 Rahu 8:08PM – 10:30PM	Kaulava Until 6:27AM	Nataraja: Yellow		3rd Phase	
Until 3:52AM Mon			Shashthi* Until 5:10PM	Moon – Red			Sivaloka Day
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Ashada*Ani			

6		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau		Anchorage, AK Sun 21 Sutra 85	
Kanya Rasi: 11.1	Tithi 7 – 8	Gulika 3:24PM – 5:46PM	Hasta Until 2:43AM Tue	Ganesha: White	<i>Sunrise:</i> 3:37AM	Vikarin 5121	
Family Home Evening		Yama 10:41AM – 1:03PM	Parigha* Until 10:06PM	Muruqa: Blue	<i>Sunset:</i> 10:28PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	463793461 Rahu 5:59AM – 8:20AM	Visti Until 1:54AM Tue	Nataraja: Yellow		3rd Phase	
			Saptami Until 2:53PM	Moon – Green			Subha Sivaloka Day
				Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Anchorage, AK Sun 22 Sutra 86	
Kanya Rasi: 25.14	Tithi 8 – 9	Gulika 1:03PM – 3:24PM	Chitra Until 1:50AM Wed	Ganesha: White	<i>Sunrise:</i> 3:39AM	Vikarin 5121	
		Yama 8:21AM – 10:42AM	Shiva Until 7:39PM	Muruqa: Blue	<i>Sunset:</i> 10:27PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	463793461 Rahu 5:45PM – 8:06PM	Balava Until 12:14AM Wed	Nataraja: Yellow		Ashtami	
			Ashtami* Until 1:00PM	Moon – Green			Subha Sivaloka Day
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Anchorage, AK Sun 23 Sutra 87	
Tula Rasi: 9.02	Tithi 9 – 10	Gulika 10:43AM – 1:03PM	Svati Until 1:15AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 3:41AM	Vikarin 5121	
		Yama 6:01AM – 8:22AM	Siddha Until 5:32PM	Muruqa: Blue	<i>Sunset:</i> 10:25PM	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	463893461 Rahu 1:03PM – 3:24PM	Taitila Until 11:00PM	Nataraja: Yellow		Navami	
			Navami* Until 11:32AM	Moon – Green			Sivaloka Day
				Ashada*Ani			


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 88
	Tula Rasi: 22.34	Tithi 10 – 11	Gulika 8:23AM – 10:43AM	Vishakha Until 1:25AM Fri	Ganesha: White	<i>Sunrise:</i> 3:43AM	Vikarin 5121
			Yama 3:43AM – 6:03AM	Sadhya Until 3:48PM	Muruqa: Blue	<i>Sunset:</i> 10:24PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 3:23PM – 5:43PM	Vanija Until 10:13PM	Nataraja: Yellow		4th Phase
			Dashami Until 10:32AM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 89
	Virschika Rasi: 5.5	Tithi 11 – 12	Gulika 6:04AM – 8:24AM	Anuradha Until 1:54AM Sat	Ganesha: White	<i>Sunrise:</i> 3:45AM	Vikarin 5121
			Yama 5:43PM – 8:02PM	Subha Until 2:28PM	Muruqa: Blue	<i>Sunset:</i> 10:22PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:44AM – 1:03PM	Bava Until 9:56PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 10:00AM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 90
	Virschika Rasi: 18.52	Tithi 12 – 13	Gulika 3:47AM – 6:06AM	Jyeshtha* Until 2:43AM Sun	Ganesha: White	<i>Sunrise:</i> 3:47AM	Vikarin 5121
			Yama 3:23PM – 5:42PM	Sukla Until 1:29PM	Muruqa: Blue	<i>Sunset:</i> 10:20PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:25AM – 10:44AM	Kaulava Until 10:07PM	Nataraja: Yellow		4th Phase
			Dvadashi Until 9:56AM	Moon – Orange		Devaloka Day	
				Ashada•Ani			
				<i>Pradosha Vrata</i>			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 91
	Dhanus Rasi: 1.38	Tithi 13 – 14	Gulika 5:41PM – 8:00PM	Mula* Until 4:18AM Mon	Ganesha: Clear	<i>Sunrise:</i> 3:49AM	Vikarin 5121
			Yama 1:04PM – 3:22PM	Brahma Until 12:53PM	Muruqa: Blue	<i>Sunset:</i> 10:18PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	483893461 Rahu 8:00PM – 10:18PM	Gara Until 10:47PM	Nataraja: Yellow		4th Phase
			Trayodashi Until 10:22AM	Moon – Light Blue		Sivaloka Day	
				Ashada•Ani			

	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sun 28 Sutra 92
	Copper Retreat Star		Gulika 3:22PM – 5:40PM	Purvashadha* Until 6:10AM Tue	Ganesha: Clear	<i>Sunrise:</i> 3:51AM	Vikarin 5121
	Dhanus Rasi: 14.12	Tithi 14 – 15	Yama 10:45AM – 1:04PM	Indra Until 12:41PM	Muruqa: Blue	<i>Sunset:</i> 10:16PM	Moon 6 - Phase 13
	Family Home Evening		483893461 Rahu 6:09AM – 8:27AM	Visti Until 11:54PM	Nataraja: Yellow		Purnima
			Chaturdashi* Until 11:16AM	Moon – Light Blue		Sivaloka Day	
				Ashada•Ani			
			Satguru Purnima				

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sun 29 Sutra 93
	Silver Retreat Star		Gulika 1:04PM – 3:21PM	Purvashadha* Until 6:10AM	Ganesha: Clear	<i>Sunrise:</i> 3:53AM	Vikarin 5121
	Dhanus Rasi: 26.34	Tithi 15 – 16	Yama 8:28AM – 10:46AM	Vaidhriti* Until 12:48PM	Muruqa: Blue	<i>Sunset:</i> 10:15PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 5:39PM – 7:57PM	Balava Until 1:28AM Wed	Nataraja: Yellow		Prathama
			Purnima* Until 12:37PM	Moon – Light Blue		Sivaloka Day	
				Ashada•Adi			
			Partial Lunar Eclipse				



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Anchorage, AK

Sutra 94

Makara Rasi: 8.45 Tithi 16 - 17

Gulika 10:47AM - 1:04PM
Yama 6:12AM - 8:29AM
Rahu 1:04PM - 3:21PM

Uttarashadha Until 8:18AM
Vishkambha* Until 1:14PM
Taitila Until 3:24AM Thu
Prathama* Until 2:23PM

Ganesha: Purple
Muruqa: Blue
Nataraja: White
Moon - Light Blue
Ashada*Adi

Sunrise: 3:55AM
Sunset: 10:13PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 8:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

1

Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anchorage, AK

Sun 1 Sutra 95

Makara Rasi: 20.47 Tithi 17 - 18

Gulika 8:31AM - 10:47AM
Yama 3:57AM - 6:14AM
Rahu 3:20PM - 5:37PM

Shravana Until 11:05AM
Priti Until 1:57PM
Vanija Until 5:37AM Fri
Dvitiya Until 4:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 3:57AM
Sunset: 10:10PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Visti* Karana Tritiyayam Titau

Anchorage, AK

Sun 2 Sutra 96

Kumbha Rasi: 2.43 Tithi 18

Gulika 6:16AM - 8:32AM
Yama 5:36PM - 7:52PM
Rahu 10:48AM - 1:04PM

Dhanishtha Until 1:57PM
Ayushman Until 2:49PM
Visti Until 6:47PM
Tritiya Until 6:47PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 3:59AM
Sunset: 10:08PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthayam Titau

Anchorage, AK

Sun 3 Sutra 97

Kumbha Rasi: 14.35 Tithi 19

Gulika 4:02AM - 6:17AM
Yama 3:19PM - 5:35PM
Rahu 8:33AM - 10:48AM

Shatabhishak Until 4:45PM
Saubhagya Until 3:48PM
Bava Until 8:00AM
Chaturthi* Until 9:12PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:02AM
Sunset: 10:06PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 4:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 4 Sutra 98

Kumbha Rasi: 26.27 Tithi 20

Gulika 5:34PM - 7:49PM
Yama 1:04PM - 3:19PM
Rahu 7:49PM - 10:04PM

Purvaproshtapada* Until 7:53PM
Sobhana Until 4:46PM
Kaulava Until 10:25AM
Panchami Until 11:34PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:04AM
Sunset: 10:04PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 7:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK

Sun 5 Sutra 99

Meena Rasi: 8.2 Tithi 21

Gulika 3:18PM - 5:33PM
Yama 10:50AM - 1:04PM
Rahu 6:21AM - 8:35AM

Uttaraproshtapada Until 10:40PM
Athiganda* Until 5:35PM
Gara Until 12:42PM
Shashthi* Until 1:44AM Tue

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:06AM
Sunset: 10:02PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Family Home Evening

Subha Sivaloka Day

6

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Anchorage, AK

Sun 6 Sutra 100

Meena Rasi: 20.2 Tithi 22

Gulika 1:04PM - 3:18PM
Yama 8:36AM - 10:50AM
Rahu 5:32PM - 7:45PM

Revati Until 12:57AM Wed
Sukarma Until 6:11PM
Visti Until 2:42PM
Saptami Until 3:32AM Wed

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:09AM
Sunset: 9:59PM

Vikarin 5121
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 12:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Tour Day

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK

Sun 7 Sutra 101

Mesha Rasi: 2.28 Tithi 23

Gulika 10:51AM - 1:04PM
Yama 6:24AM - 8:38AM
Rahu 1:04PM - 3:17PM

Ashvini Until 3:04AM Thu
Dhriti Until 6:26PM
Balava Until 4:16PM
Ashtami* Until 4:48AM Thu

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 4:11AM
Sunset: 9:57PM

Vikarin 5121
Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Until 3:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK

Sun 8 Sutra 102

Mesha Rasi: 14.5 Tithi 24

Gulika 8:39AM - 10:51AM
Yama 4:14AM - 6:26AM
Rahu 3:17PM - 5:29PM

Bharani Until 4:23AM Fri
Shula* Until 6:10PM
Taitila Until 5:13PM
Navami* Until 5:25AM Fri

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 4:14AM
Sunset: 9:54PM

Vikarin 5121
Moon 7 - Phase 14
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau		Anchorage, AK Sun 9 Sutra 103	
Mesha Rasi: 27.31	Tithi 25	Gulika 6:28AM – 8:40AM	Krittika Until 4:49AM Sat	Ganesha: White	<i>Sunrise:</i> 4:16AM		Vikarin 5121
		Yama 5:28PM – 7:40PM	Ganda* Until 5:22PM	Muruqa: Blue	<i>Sunset:</i> 9:52PM		Moon 7 - Phase 15
		424893462 Rahu 10:52AM – 1:04PM	Vanija Until 5:27PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:16AM Sat	Moon – White		Subha Subha Sivaloka Day	
Until 4:49AM Sat							
Then Creative Work - Amrita Yoga				Ashada-Adi			

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Anchorage, AK Sun 10 Sutra 104	
Vrishabha Rasi: 10.34	Tithi 26	Gulika 4:18AM – 6:30AM	Rohini Until 4:47AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 4:18AM		Vikarin 5121
		Yama 3:15PM – 5:27PM	Vriddhi Until 3:57PM	Muruqa: Blue	<i>Sunset:</i> 9:50PM		Moon 7 - Phase 15
		434893462 Rahu 8:41AM – 10:53AM	Bava Until 4:55PM	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 4:20AM Sun	Moon – Yellow		Subha Sivaloka Day	
Until 4:47AM Sun							
Then Creative Work - Siddha Yoga				Ashada-Adi			

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Anchorage, AK Sun 11 Sutra 105	
Vrishabha Rasi: 24.01	Tithi 27	Gulika 5:26PM – 7:36PM	Mrigashira Until 3:51AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:21AM		Vikarin 5121
		Yama 1:04PM – 3:15PM	Dhruva Until 1:53PM	Muruqa: Blue	<i>Sunset:</i> 9:47PM		Moon 7 - Phase 15
		434893462 Rahu 7:36PM – 9:47PM	Kaulava Until 3:36PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:39AM Mon	Moon – Yellow		Subha Sivaloka Day	
				Ashada-Adi			

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Anchorage, AK Sun 12 Sutra 106	
Mithuna Rasi: 7.55	Tithi 28	Gulika 3:14PM – 5:24PM	Ardra Until 2:07AM Tue	Ganesha: White	<i>Sunrise:</i> 4:23AM		Vikarin 5121
Family Home Evening		Yama 10:54AM – 1:04PM	Vyaghata* Until 11:14AM	Muruqa: Blue	<i>Sunset:</i> 9:44PM		Moon 7 - Phase 15
		435893462 Rahu 6:34AM – 8:44AM	Gara Until 1:35PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:19AM Tue	Moon – Yellow		Sivaloka Day	
				Ashada-Adi			
				<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Anchorage, AK Sun 13 Sutra 107	
Mithuna Rasi: 22.14	Tithi 29	Gulika 1:04PM – 3:13PM	Punarvasu Until 12:09AM Wed	Ganesha: Green	<i>Sunrise:</i> 4:26AM		Vikarin 5121
		Yama 8:45AM – 10:54AM	Harshana Until 8:07AM	Muruqa: Blue	<i>Sunset:</i> 9:42PM		Moon 7 - Phase 15
		445893462 Rahu 5:23PM – 7:32PM	Visti Until 10:57AM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:27PM	Moon – Blue		Sivaloka Day	
				Ashada-Adi			

Retreat Star		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Anchorage, AK Sun 14 Sutra 108	
Kataka Rasi: 6.56	Tithi 30	Gulika 10:55AM – 1:04PM	Pushya Until 9:40PM	Ganesha: Green	<i>Sunrise:</i> 4:28AM		Vikarin 5121
		Yama 6:37AM – 8:46AM	Siddhi Until 12:43AM Thu	Muruqa: Blue	<i>Sunset:</i> 9:39PM		Moon 7 - Phase 15
		445893462 Rahu 1:04PM – 3:13PM	Catuspada Until 7:52AM	Nataraja: White			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 6:11PM	Moon – Blue		Sivaloka Day	
				Ashada-Adi			

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Anchorage, AK Sun 15 Sutra 109	
Kataka Rasi: 21.52	Tithi 1 – 2	Gulika 8:47AM – 10:56AM	Ashlesha* Until 6:50PM	Ganesha: Green	<i>Sunrise:</i> 4:31AM		Vikarin 5121
		Yama 4:31AM – 6:39AM	Vyatipata* Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 9:37PM		Moon 7 - Phase 15
		445893462 Rahu 3:12PM – 5:20PM	Balava Until 12:55AM Fri	Nataraja: White			Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:41PM	Moon – Blue		Sivaloka Day	
Until 6:50PM							
Then Creative Work - Amrita Yoga				Sravana-Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau		Anchorage, AK	
Simha Rasi: 6.55	Tithi 2 - 3	455893462	Gulika Yama Rahu	6:41AM - 8:49AM 5:19PM - 7:26PM 10:56AM - 1:04PM	Magha* Until 4:13PM Variyan Until 4:43PM Taitila Until 9:22PM Dvitiya Until 11:07AM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Red	Sravana-Adi	Sun 16	Sutra 110 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Routine Work	Marana Yoga							Sivaloka Day	
Until 4:13PM									
Then Creative Work - Siddha Yoga									

2		Saturday, August 3, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau		Anchorage, AK	
Simha Rasi: 21.56	Tithi 3 - 4	455893462	Gulika Yama Rahu	4:36AM - 6:43AM 3:11PM - 5:17PM 8:50AM - 10:57AM	Purvaphalguni Until 1:36PM Parigha* Until 12:49PM Visti Until 4:20AM Sun Tritiya Until 7:37AM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Red	Sravana-Adi	Sun 17	Sutra 111 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Creative Work	Siddha Yoga							Sivaloka Day	
Until 1:36PM									
Then Routine Work - Marana Yoga									

3		Sunday, August 4, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau		Anchorage, AK	
Kanya Rasi: 6.47	Tithi 5	455993462	Gulika Yama Rahu	5:16PM - 7:22PM 1:04PM - 3:10PM 7:22PM - 9:28PM	Uttaraphalguni Until 11:06AM Shiva Until 9:08AM Bava Until 2:51PM Panchami Until 1:26AM Mon	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon - Red	Sravana-Adi	Sun 18	Sutra 112 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Creative Work	Amrita Yoga							Subha Sivaloka Day	
Until 9:17AM									
Then Routine Work - Prabalarishta Yoga									

4		Monday, August 5, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Anchorage, AK	
Kanya Rasi: 21.21	Tithi 6	465993462	Gulika Yama Rahu	3:09PM - 5:15PM 10:58AM - 1:03PM 6:47AM - 8:52AM	Hasta Until 9:17AM Sadhya Until 2:48AM Tue Kaulava Until 12:10PM Shashthi* Until 11:00PM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Green	Sravana-Adi	Sun 19	Sutra 113 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Family Home Evening	Siddha Yoga							Subha Subha Sivaloka Day	
Until 9:17AM									
Then Routine Work - Prabalarishta Yoga									

5		Tuesday, August 6, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanjia Karana Saptamyam Titau		Anchorage, AK	
Tula Rasi: 5.34	Tithi 7	465993462	Gulika Yama Rahu	1:03PM - 3:08PM 8:54AM - 10:58AM 5:13PM - 7:18PM	Chitra Until 7:52AM Subha Until 12:21AM Wed Gara Until 10:02AM Saptami Until 9:10PM	Ganesha: White Muruqa: Blue Nataraja: White Moon - Green	Sravana-Adi	Sun 20	Sutra 114 Vikarin 5121 Moon 7 - Phase 16 3rd Phase
Creative Work	Siddha Yoga							Subha Subha Sivaloka Day	
Until 9:17AM									
Then Routine Work - Prabalarishta Yoga									

Retreat Star		Wednesday, August 7, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Anchorage, AK	
Tula Rasi: 19.23	Tithi 8	466993462	Gulika Yama Rahu	10:59AM - 1:03PM 6:51AM - 8:55AM 1:03PM - 3:07PM	Svati Until 6:54AM Sukla Until 10:25PM Visti Until 8:30AM Ashtami* Until 7:59PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon - Green	Sravana-Adi	Sun 21	Sutra 115 Vikarin 5121 Moon 7 - Phase 16 Ashtami
Creative Work	Siddha Yoga							Subha Sivaloka Day	
Until 9:17AM									
Then Routine Work - Prabalarishta Yoga									

Retreat Star		Thursday, August 8, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Anchorage, AK	
Vrischika Rasi: 2.49	Tithi 9	476993462	Gulika Yama Rahu	8:56AM - 11:00AM 4:49AM - 6:52AM 3:07PM - 5:10PM	Vishakha Until 6:54AM Brahma Until 9:02PM Balava Until 7:39AM Navami* Until 7:28PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon - Orange	Sravana-Adi	Sun 22	Sutra 116 Vikarin 5121 Moon 7 - Phase 16 Navami
Creative Work	Siddha Yoga							Sivaloka Day	
Until 9:17AM									
Then Routine Work - Prabalarishta Yoga									

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Anchorage, AK Sun 23 Sutra 117 Vikarin 5121	
Wrischika Rasi: 15.54	Tithi 10	Gulika 6:54AM – 8:57AM	Anuradha Until 7:24AM	Ganesha: Purple	<i>Sunrise:</i> 4:51AM		
		Yama 5:09PM – 7:12PM	Indra Until 8:10PM	Muruqa: Blue	<i>Sunset:</i> 9:14PM		Moon 7 - Phase 17
	476993462	Rahu 11:00AM – 1:03PM	Taitila Until 7:28AM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day	
Until 7:24AM		Varalakshmi Vratam	Dashami Until 7:36PM	Sravana*Adi			
Then Routine Work - Marana Yoga							


2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Anchorage, AK Sun 24 Sutra 118 Vikarin 5121	
Wrischika Rasi: 28.4	Tithi 11	Gulika 4:54AM – 6:56AM	Jyeshtha* Until 8:22AM	Ganesha: Purple	<i>Sunrise:</i> 4:54AM		
		Yama 3:05PM – 5:07PM	Vaidhriti* Until 7:45PM	Muruqa: Blue	<i>Sunset:</i> 9:12PM		Moon 7 - Phase 17
	476993462	Rahu 8:58AM – 11:01AM	Vanija Until 7:55AM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day	
			Ekadashi Until 8:20PM	Sravana*Adi			

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Anchorage, AK Sun 25 Sutra 119 Vikarin 5121	
Dhanus Rasi: 11.1	Tithi 12	Gulika 5:06PM – 7:07PM	Mula* Until 10:12AM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM		
		Yama 1:03PM – 3:04PM	Vishkambha* Until 7:46PM	Muruqa: Blue	<i>Sunset:</i> 9:09PM		Moon 7 - Phase 17
	486993462	Rahu 7:07PM – 9:09PM	Bava Until 8:56AM	Nataraja: White			4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		Subha Sivaloka Day	
Until 10:12AM			Dvadashi Until 9:36PM	Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Anchorage, AK Sun 26 Sutra 120 Vikarin 5121	
Dhanus Rasi: 23.26	Tithi 13	Gulika 3:03PM – 5:04PM	Purvashadha* Until 12:20PM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM		
Family Home Evening		Yama 11:02AM – 1:02PM	Priti Until 8:07PM	Muruqa: Blue	<i>Sunset:</i> 9:06PM		Moon 7 - Phase 17
	486993462	Rahu 7:00AM – 9:01AM	Kaulava Until 10:25AM	Nataraja: White			4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		Subha Sivaloka Day	
			Trayodashi Until 11:17PM	Sravana*Adi			

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Anchorage, AK Sun 27 Sutra 121 Vikarin 5121	
Makara Rasi: 5.34	Tithi 14	Gulika 1:02PM – 3:02PM	Uttarashadha Until 2:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM		
		Yama 9:02AM – 11:02AM	Ayushman Until 8:42PM	Muruqa: Blue	<i>Sunset:</i> 9:03PM		Moon 7 - Phase 17
	486993462	Rahu 5:03PM – 7:03PM	Gara Until 12:16PM	Nataraja: White			4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Subha Sivaloka Day	Tour Day
Until 2:38PM			Chaturdashi* Until 1:18AM Wed	Sravana*Adi			
Then Creative Work - Siddha Yoga							

		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Anchorage, AK Sutra 122 Vikarin 5121	
Copper Retreat Star		Gulika 11:03AM – 1:02PM	Shravana Until 5:33PM	Ganesha: White	<i>Sunrise:</i> 5:04AM		
Makara Rasi: 17.35	Tithi 15	Yama 7:04AM – 9:03AM	Saubhagya Until 9:29PM	Muruqa: Blue	<i>Sunset:</i> 9:00PM		Moon 7 - Phase 17
	496993462	Rahu 1:02PM – 3:02PM	Visti Until 2:25PM	Nataraja: White			Purnima
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day	
Until 5:33PM		Raksha Bandhan	Purnima* Until 3:32AM Thu	Sravana*Adi			
Then Routine Work - Prabalarishta Yoga							

Thursday, August 15, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau		Anchorage, AK Sutra 123 Vikarin 5121	
Makara Rasi: 29.3	Tithi 16	Gulika 9:04AM – 11:03AM	Dhanishtha Until 8:27PM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM		
		Yama 5:07AM – 7:06AM	Sobhana Until 10:24PM	Muruqa: Blue	<i>Sunset:</i> 8:57PM		Moon 7 - Phase 17
	497993462	Rahu 3:01PM – 4:59PM	Balava Until 4:44PM	Nataraja: White			Prathama
Creative Work	Siddha Yoga			Moon – Purple		Subha Sivaloka Day	
			Prathama* Until 5:55AM Fri	Sravana*Adi			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 11.22 Tithi 17
Creative Work Siddha Yoga

497993462
Gulika
Yama
Rahu

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Tailita Karana Dvitiyayam Titau
7:08AM – 9:06AM
4:58PM – 6:56PM
11:04AM – 1:02PM
Shatabhishak Until 11:16PM
Athiganda* Until 11:21PM
Tailita Until 7:10PM
Dvitiya Until 8:21AM Sat

Ganesha: Yellow Sunrise: 5:09AM
Muruqa: Blue Sunset: 8:54PM
Nataraja: White
Moon – Purple
Sravana-Avani

Anchorage, AK
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 23.14 Tithi 17 – 18
Routine Work Marana Yoga
Until 2:25AM Sun
Then Creative Work - Amrita Yoga

517993462
Gulika
Yama
Rahu

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
5:12AM – 7:09AM
2:59PM – 4:56PM
9:07AM – 11:04AM
Purvaproshtapada* Until 2:25AM Sun
Sukarma Until 12:18AM Sun
Vanija Until 9:35PM
Dvitiya Until 8:21AM

Ganesha: White Sunrise: 5:12AM
Muruqa: Blue Sunset: 8:51PM
Nataraja: White
Moon – Clear
Sravana-Avani

Anchorage, AK
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Subha Subha Sivaloka Day

2

Sunday, August 18, 2019

Meena Rasi: 5.06 Tithi 18 – 19
Creative Work Amrita Yoga
Until 5:16AM Mon
Then Creative Work - Siddha Yoga

517993462
Gulika
Yama
Rahu

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
4:55PM – 6:51PM
1:01PM – 2:58PM
6:51PM – 8:48PM
Uttaraproshtapada Until 5:16AM Mon
Dhriti Until 1:12AM Mon
Bava Until 11:55PM
Tritiya Until 10:45AM

Ganesha: White Sunrise: 5:15AM
Muruqa: Blue Sunset: 8:48PM
Nataraja: White
Moon – Clear
Sravana-Avani

Anchorage, AK
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 17.01 Tithi 19 – 20
Family Home Evening
Creative Work Siddha Yoga

517993462
Gulika
Yama
Rahu

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
2:57PM – 4:53PM
11:05AM – 1:01PM
7:13AM – 9:09AM
Revati Until 7:46AM Tue
Shula* Until 1:54AM Tue
Kaulava Until 2:03AM Tue
Chaturthi* Until 1:00PM

Ganesha: White Sunrise: 5:17AM
Muruqa: Blue Sunset: 8:45PM
Nataraja: White
Moon – Clear
Sravana-Avani

Anchorage, AK
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 29.01 Tithi 20 – 21
Creative Work Siddha Yoga

517993462
Gulika
Yama
Rahu

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Tailita/Gara Karana Panchami/Shashthyam Titau
1:01PM – 2:56PM
9:10AM – 11:06AM
4:51PM – 6:47PM
Revati Until 7:46AM
Ganda* Until 2:22AM Wed
Gara Until 3:52AM Wed
Panchami Until 2:59PM

Ganesha: White Sunrise: 5:20AM
Muruqa: Blue Sunset: 8:42PM
Nataraja: White
Moon – Clear
Sravana-Avani

Anchorage, AK
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 11.1 Tithi 21 – 22
Routine Work Marana Yoga
Until 10:14AM
Then Creative Work - Siddha Yoga

528993462
Gulika
Yama
Rahu

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
11:06AM – 1:01PM
7:17AM – 9:11AM
1:01PM – 2:55PM
Ashvini Until 10:14AM
Vriddhi Until 2:30AM Thu
Visti Until 5:13AM Thu
Shashthi* Until 4:35PM

Ganesha: White Sunrise: 5:22AM
Muruqa: Blue Sunset: 8:39PM
Nataraja: White
Moon – White
Sravana-Avani

Anchorage, AK
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 23.3 Tithi 22 – 23
Creative Work Siddha Yoga
Until 12:04PM
Then Routine Work - Marana Yoga

528993462
Gulika
Yama
Rahu

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
9:13AM – 11:06AM
5:25AM – 7:19AM
2:54PM – 4:48PM
Bharani Until 12:04PM
Dhruva Until 2:09AM Fri
Balava Until 5:58AM Fri
Saptami Until 5:39PM

Ganesha: White Sunrise: 5:25AM
Muruqa: Blue Sunset: 8:36PM
Nataraja: White
Moon – White
Sravana-Avani

Anchorage, AK
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase
Sivaloka Day

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 6.06 Tithi 23
Creative Work Siddha Yoga
Until 1:07PM
Then Routine Work - Marana Yoga

528993462
Gulika
Yama
Rahu

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Kaulava Karana Ashtamyam Titau
7:20AM – 9:14AM
4:46PM – 6:40PM
11:07AM – 1:00PM
Krittika Until 1:07PM
Vyaghata* Until 1:16AM Sat
Kaulava Until 6:03PM
Ashtami* Until 6:03PM

Ganesha: White Sunrise: 5:27AM
Muruqa: Blue Sunset: 8:33PM
Nataraja: White
Moon – White
Sravana-Avani

Anchorage, AK
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami
Sivaloka Day

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 19.03 Tithi 24 – 25
Creative Work Amrita Yoga
Until 1:45PM
Then Creative Work - Siddha Yoga

538993462
Gulika
Yama
Rahu

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Tailita/Vanija Karana Navami/Dashamyam Titau
5:30AM – 7:22AM
2:52PM – 4:45PM
9:15AM – 11:07AM
Rohini Until 1:45PM
Harshana Until 11:46PM
Vanija Until 6:00AM
Navami* Until 5:42PM

Ganesha: Clear Sunrise: 5:30AM
Muruqa: Blue Sunset: 8:30PM
Nataraja: White
Moon – Yellow
Sravana-Avani

Anchorage, AK
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami
Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Mithuna Rasi: 2.25	Tithi 25 – 26	538993462	Gulika 4:43PM – 6:35PM	Mrigashira Until 1:27PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sun 9 Sutra 133 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
	Creative Work	Siddha Yoga		Yama 12:59PM – 2:51PM	Vajra* Until 9:37PM	Sunrise: 5:32AM Sunset: 8:27PM	
				Rahu 6:35PM – 8:27PM	Bava Until 3:42AM Mon		Subha Sivaloka Day
				Dashami Until 4:33PM	Sravana-Avani		

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK
	Mithuna Rasi: 16.14	Tithi 26 – 27	538993462	Gulika 2:50PM – 4:41PM	Ardra Until 12:15PM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sun 10 Sutra 134 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
	Family Home Evening	Siddha Yoga		Yama 11:08AM – 12:59PM	Siddhi Until 6:52PM	Sunrise: 5:35AM Sunset: 8:23PM	
	Until 12:15PM			Rahu 7:26AM – 9:17AM	Kaulava Until 1:26AM Tue		Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Ekadashi* Until 2:38PM	Sravana-Avani		

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Varyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK
	Kataka Rasi: 0.31	Tithi 27 – 28	548993462	Gulika 12:59PM – 2:49PM	Punarvasu Until 10:39AM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Blue	Sun 11 Sutra 135 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
	Creative Work	Siddha Yoga		Yama 9:18AM – 11:09AM	Vyatipata* Until 3:36PM	Sunrise: 5:37AM Sunset: 8:20PM	
				Rahu 4:40PM – 6:30PM	Gara Until 10:34PM		Sivaloka Day
				Dvadashi* Until 12:03PM	Sravana-Avani		
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varyan/Parigha* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK
	Kataka Rasi: 15.12	Tithi 28 – 29	549193463	Gulika 11:09AM – 12:59PM	Pushya Until 8:20AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Blue	Sun 12 Sutra 136 Vikarin 5121 Moon 8 - Phase 19 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:30AM – 9:19AM	Variyan Until 11:51AM	Sunrise: 5:40AM Sunset: 8:17PM	
				Rahu 12:59PM – 2:48PM	Visti Until 7:12PM		Sivaloka Day
				Trayodashi* Until 8:55AM	Sravana-Avani		

	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK
	Retreat Star			Gulika 9:20AM – 11:09AM	Magha* Until 2:39AM Fri	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sun 13 Sutra 137 Vikarin 5121 Moon 8 - Phase 19 Amavasya
	Simha Rasi: 0.14	Tithi 30	559193463	Yama 5:42AM – 7:31AM	Parigha* Until 7:49AM	Sunrise: 5:42AM Sunset: 8:14PM	
	Creative Work	Amrita Yoga		Rahu 2:47PM – 4:36PM	Catuspada Until 3:31PM		Sivaloka Day
Until 2:39AM Fri				Amavasya* Until 1:36AM Fri	Sravana-Avani		
Then Creative Work - Siddha Yoga							

5	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK
	Retreat Star			Gulika 7:33AM – 9:22AM	Purvaphalguni Until 11:37PM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sun 14 Sutra 138 Vikarin 5121 Moon 8 - Phase 19 Prathama
	Simha Rasi: 15.27	Tithi 1	559193463	Yama 4:35PM – 6:23PM	Siddha Until 11:18PM	Sunrise: 5:45AM Sunset: 8:11PM	
	Creative Work	Siddha Yoga		Rahu 11:10AM – 12:58PM	Kintughna Until 11:41AM		Sivaloka Day
				Prathama* Until 9:45PM	Bhadrapada-Avani		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Anchorage, AK
	Kanya Rasi: 0.42	Tithi 2	Gulika 5:48AM – 7:35AM	Uttaraphalguni Until 8:35PM	Ganesha: Clear	<i>Sunrise:</i> 5:48AM	Sun 15 Sutra 139
			Yama 2:45PM – 4:33PM	Sadhya Until 7:07PM	Muruqa: Blue	<i>Sunset:</i> 8:08PM	Vikarin 5121
	Routine Work	Marana Yoga	559193463 Rahu 9:23AM – 11:10AM	Balava Until 7:52AM	Nataraja: Clear		Moon 8 - Phase 20
			Dvitiya Until 6:00PM	Moon – Red		3rd Phase	
				Bhadrapada-Avani		Sivaloka Day	

2	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Anchorage, AK
	Kanya Rasi: 15.49	Tithi 3 – 4	Gulika 4:31PM – 6:18PM	Hasta Until 6:06PM	Ganesha: Orange	<i>Sunrise:</i> 5:50AM	Sun 16 Sutra 140
			Yama 12:57PM – 2:44PM	Subha Until 3:11PM	Muruqa: Blue	<i>Sunset:</i> 8:05PM	Vikarin 5121
	Creative Work	Amrita Yoga	559193463 Rahu 6:18PM – 8:05PM	Vanija Until 12:57AM Mon	Nataraja: Clear		Moon 8 - Phase 20
Until 6:06PM			Tritiya Until 2:31PM	Moon – Green		3rd Phase	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		Sivaloka Day	

3	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK
	Tula Rasi: 0.38	Tithi 4 – 5	Gulika 2:43PM – 4:29PM	Chitra Until 3:56PM	Ganesha: Orange	<i>Sunrise:</i> 5:53AM	Sun 17 Sutra 141
	Family Home Evening		Yama 11:11AM – 12:57PM	Sukla Until 11:35AM	Muruqa: Blue	<i>Sunset:</i> 8:02PM	Vikarin 5121
	Routine Work	Prabalarishta Yoga	559193463 Rahu 7:39AM – 9:25AM	Bava Until 10:10PM	Nataraja: Clear		Moon 8 - Phase 20
Until 3:56PM			Chaturthi* Until 11:28AM	Moon – Green		3rd Phase	
Then Creative Work - Amrita Yoga		Ganesha Chaturthi		Bhadrapada-Avani		Sivaloka Day	

4	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Anchorage, AK
	Tula Rasi: 15.03	Tithi 5 – 6	Gulika 12:57PM – 2:42PM	Svati Until 2:15PM	Ganesha: Orange	<i>Sunrise:</i> 5:55AM	Sun 18 Sutra 142
			Yama 9:26AM – 11:11AM	Brahma Until 8:28AM	Muruqa: Blue	<i>Sunset:</i> 7:58PM	Vikarin 5121
	Creative Work	Siddha Yoga	559193463 Rahu 4:28PM – 6:13PM	Kaulava Until 8:02PM	Nataraja: Clear		Moon 8 - Phase 20
Until 2:15PM			Panchami Until 9:00AM	Moon – Green		3rd Phase	
Then Routine Work - Marana Yoga				Bhadrapada-Avani		Sivaloka Day	

5	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Talila/Gara Karana Shashthi/Saptamyam Titau				Anchorage, AK
	Tula Rasi: 29.01	Tithi 6 – 7	Gulika 11:12AM – 12:56PM	Vishakha Until 1:35PM	Ganesha: Green	<i>Sunrise:</i> 5:57AM	Sun 19 Sutra 143
			Yama 7:42AM – 9:27AM	Vaidhriti* Until 4:04AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:58PM	Vikarin 5121
	Creative Work	Siddha Yoga	559193463 Rahu 12:56PM – 2:41PM	Gara Until 6:41PM	Nataraja: Clear		Moon 8 - Phase 20
Until 1:35PM			Shashthi* Until 7:14AM	Moon – Orange		3rd Phase	
Then Routine Work - Prabalarishta Yoga				Bhadrapada-Avani		Subha Sivaloka Day	

Retreat Star	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Anchorage, AK
	Vrischika Rasi: 12.29	Tithi 7 – 8	Gulika 9:28AM – 11:12AM	Anuradha Until 1:35PM	Ganesha: Orange	<i>Sunrise:</i> 6:00AM	Sun 20 Sutra 144
			Yama 6:00AM – 7:44AM	Vishkambha* Until 2:50AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:52PM	Vikarin 5121
	Creative Work	Siddha Yoga	559193463 Rahu 2:40PM – 4:24PM	Visti Until 6:08PM	Nataraja: Clear		Moon 8 - Phase 20
Until 1:35PM			Saptami Until 6:17AM	Moon – Orange		Ashtami	
Then Routine Work - Prabalarishta Yoga				Bhadrapada-Avani		Sivaloka Day	

Retreat Star	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK
	Vrischika Rasi: 25.32	Tithi 8 – 9	Gulika 7:46AM – 9:29AM	Jyeshtha* Until 2:13PM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM	Sun 21 Sutra 145
			Yama 4:22PM – 6:06PM	Priti Until 2:15AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:49PM	Vikarin 5121
	Routine Work	Marana Yoga	559193463 Rahu 11:12AM – 12:56PM	Balava Until 6:25PM	Nataraja: Clear		Moon 8 - Phase 20
Until 2:13PM			Ashtami* Until 6:10AM	Moon – Orange		Navami	
Then Creative Work - Amrita Yoga				Bhadrapada-Avani		Sivaloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1		Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Anchorage, AK Sun 22 Sutra 146	
Dhanus Rasi: 8.11	Tithi 9 – 10	581193463	Gulika 6:05AM – 7:48AM Yama 2:38PM – 4:21PM Rahu 9:30AM – 11:13AM	Mula* Until 3:56PM Ayushman Until 2:11AM Sun Taitila Until 7:27PM Navami* Until 6:49AM	Ganesha: Green <i>Sunrise:</i> 6:05AM Muruqa: Blue <i>Sunset:</i> 7:46PM Nataraja: Clear Moon – Light Blue	Devaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase	
Creative Work Siddha Yoga							

2		Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Anchorage, AK Sun 23 Sutra 147	
Dhanus Rasi: 20.32	Tithi 10 – 11	581193463	Gulika 4:19PM – 6:01PM Yama 12:55PM – 2:37PM Rahu 6:01PM – 7:43PM	Purvashadha* Until 6:05PM Saubhagya Until 2:34AM Mon Vanija Until 9:05PM Dashami Until 8:10AM	Ganesha: Green <i>Sunrise:</i> 6:07AM Muruqa: Blue <i>Sunset:</i> 7:43PM Nataraja: Clear Moon – Light Blue	Devaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase	
Creative Work Siddha Yoga Until 6:05PM Then Creative Work - Amrita Yoga		Grandparent's Day					

3		Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK Sun 24 Sutra 148	
Makara Rasi: 2.4	Tithi 11 – 12	581193463	Gulika 2:36PM – 4:17PM Yama 11:14AM – 12:55PM Rahu 7:51AM – 9:32AM	Uttarashadha Until 8:30PM Sobhana Until 3:16AM Tue Bava Until 11:09PM Ekadashi Until 10:03AM	Ganesha: Green <i>Sunrise:</i> 6:10AM Muruqa: Blue <i>Sunset:</i> 7:40PM Nataraja: Clear Moon – Light Blue	Devaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase	
Family Home Evening Routine Work Marana Yoga Until 8:30PM Then Creative Work - Amrita Yoga							

4		Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Anchorage, AK Sun 25 Sutra 149	
Makara Rasi: 14.38	Tithi 12 – 13	591193463	Gulika 12:54PM – 2:35PM Yama 9:33AM – 11:14AM Rahu 4:15PM – 5:56PM	Shravana Until 11:32PM Athiganda* Until 4:07AM Wed Kaulava Until 1:29AM Wed Dvadashi Until 12:16PM	Ganesha: Red <i>Sunrise:</i> 6:12AM Muruqa: Blue <i>Sunset:</i> 7:36PM Nataraja: Clear Moon – Purple	Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase	
Creative Work Siddha Yoga							

Pradosha Vrata

5		Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK Sun 26 Sutra 150	
Makara Rasi: 26.31	Tithi 13 – 14	591193463	Gulika 11:14AM – 12:54PM Yama 7:55AM – 9:34AM Rahu 12:54PM – 2:34PM	Dhanishtha Until 2:31AM Thu Sukarma Until 5:04AM Thu Gara Until 3:57AM Thu Trayodashi Until 2:41PM	Ganesha: Red <i>Sunrise:</i> 6:15AM Muruqa: Blue <i>Sunset:</i> 7:33PM Nataraja: Clear Moon – Purple	Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase	
Routine Work Prabalarishta Yoga Until 2:31AM Thu Then Creative Work - Siddha Yoga		Chidambaram Abhishekam					

6		Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Anchorage, AK Sun 27 Sutra 151	
Kumbha Rasi: 8.23	Tithi 14 – 15	591113463	Gulika 9:35AM – 11:15AM Yama 6:17AM – 7:56AM Rahu 2:33PM – 4:12PM	Shatabhishak Until 5:20AM Fri Dhriti Until 6:01AM Fri Visti Until 6:24AM Fri Chaturdashi* Until 5:09PM	Ganesha: Red <i>Sunrise:</i> 6:17AM Muruqa: Purple <i>Sunset:</i> 7:30PM Nataraja: Clear Moon – Purple	Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase	
Creative Work Siddha Yoga							

○		Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Anchorage, AK Sutra 152	
Copper Retreat Star							
Kumbha Rasi: 20.14	Tithi 15	511113463	Gulika 7:58AM – 9:37AM Yama 4:10PM – 5:48PM Rahu 11:15AM – 12:53PM	Purvaproshtapada* Until 8:25AM Sat Dhriti Until 6:01AM Visti Until 6:24AM Purnima* Until 7:36PM	Ganesha: Red <i>Sunrise:</i> 6:20AM Muruqa: Purple <i>Sunset:</i> 7:27PM Nataraja: Clear Moon – Clear	Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 Purnima	
Creative Work Siddha Yoga							

○		Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Anchorage, AK Sutra 153	
Silver Retreat Star							
Meena Rasi: 2.07	Tithi 16	511113463	Gulika 6:22AM – 8:00AM Yama 2:31PM – 4:08PM Rahu 9:38AM – 11:15AM	Purvaproshtapada* Until 8:25AM Shula* Until 6:53AM Balava Until 8:48AM Prathama* Until 9:55PM	Ganesha: Red <i>Sunrise:</i> 6:22AM Muruqa: Purple <i>Sunset:</i> 7:24PM Nataraja: Clear Moon – Clear	Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 Prathama	
Routine Work Marana Yoga Until 8:25AM Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprosanthapada/Revati Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Dvilyayam Titau

Anchorage, AK

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 14.03

Tithi 17

512113463

Gulika

4:07PM – 5:44PM

Uttaraprosanthapada Until 11:13AM

Ganesha: Yellow

Sunrise: 6:25AM

Yama

12:53PM – 2:30PM

Ganda* Until 7:40AM

Muruqa: Purple

Sunset: 7:20PM

Rahu

5:44PM – 7:20PM

Taitila Until 11:03AM

Nataraja: Clear

Moon – Clear

Creative Work

Amrita Yoga

Dvitiya Until 12:05AM Mon

Bhadrapada-Avani

Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Anchorage, AK

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 26.04

Tithi 18

512113463

Gulika

2:29PM – 4:05PM

Revati Until 1:39PM

Ganesha: Yellow

Sunrise: 6:27AM

Yama

11:16AM – 12:52PM

Vriddhi Until 8:20AM

Muruqa: Purple

Sunset: 7:17PM

Rahu

8:03AM – 9:40AM

Vanija Until 1:06PM

Nataraja: Clear

Moon – Clear

Family Home Evening

Creative Work Siddha Yoga

Tritiya Until 2:02AM Tue

Bhadrapada-Puratasi

Sivaloka Day

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Anchorage, AK

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 8.09

Tithi 19

522113463

Gulika

12:52PM – 2:27PM

Ashvini Until 4:11PM

Ganesha: White

Sunrise: 6:30AM

Yama

9:41AM – 11:16AM

Dhruva Until 8:46AM

Muruqa: Purple

Sunset: 7:14PM

Rahu

4:03PM – 5:39PM

Bava Until 2:55PM

Nataraja: Clear

Moon – White

Creative Work

Siddha Yoga

Chaturthi* Until 3:41AM Wed

Bhadrapada-Puratasi

Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meshha Rasi: 20.22

Tithi 20

522113463

Gulika

11:17AM – 12:52PM

Bharani Until 6:13PM

Ganesha: White

Sunrise: 6:32AM

Yama

8:07AM – 9:42AM

Vyaghata* Until 8:59AM

Muruqa: Purple

Sunset: 7:11PM

Rahu

12:52PM – 2:26PM

Kaulava Until 4:23PM

Nataraja: Clear

Moon – White

Creative Work

Siddha Yoga

Panchami Until 4:57AM Thu

Bhadrapada-Puratasi

Devaloka Day

Until 6:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrshabha Rasi: 2.46

Tithi 21

522113463

Gulika

9:43AM – 11:17AM

Krittika Until 7:39PM

Ganesha: White

Sunrise: 6:35AM

Yama

6:35AM – 8:09AM

Harshana Until 8:55AM

Muruqa: Purple

Sunset: 7:08PM

Rahu

2:25PM – 3:59PM

Gara Until 5:26PM

Nataraja: Clear

Moon – White

Routine Work

Marana Yoga

Shashthi* Until 5:44AM Fri

Bhadrapada-Puratasi

Devaloka Day

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Anchorage, AK

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrshabha Rasi: 15.22

Tithi 22

532113463

Gulika

8:11AM – 9:44AM

Rohini Until 8:52PM

Ganesha: Clear

Sunrise: 6:37AM

Yama

3:58PM – 5:31PM

Vajra* Until 8:24AM

Muruqa: Purple

Sunset: 7:05PM

Rahu

11:17AM – 12:51PM

Visti Until 5:55PM

Nataraja: Clear

Moon – Yellow

Routine Work

Marana Yoga

Saptami Until 5:54AM Sat

Bhadrapada-Puratasi

Sivaloka Day

Until 8:52PM

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrshabha Rasi: 28.16

Tithi 23

532113463

Gulika

6:40AM – 8:12AM

Mrigashira Until 9:17PM

Ganesha: Clear

Sunrise: 6:40AM

Yama

2:23PM – 3:56PM

Siddhi Until 7:26AM

Muruqa: Purple

Sunset: 7:01PM

Rahu

9:45AM – 11:18AM

Balava Until 5:45PM

Nataraja: Clear

Moon – Yellow

Creative Work

Siddha Yoga

Ashtami* Until 5:23AM Sun

Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 11.31

Tithi 24

532213463

Gulika

3:54PM – 5:26PM

Ardra Until 8:50PM

Ganesha: Orange

Sunrise: 6:42AM

Yama

12:50PM – 2:22PM

Variyan Until 3:48AM Mon

Muruqa: Purple

Sunset: 6:58PM

Rahu

5:26PM – 6:58PM

Taitila Until 4:52PM

Nataraja: Clear

Moon – Yellow

Creative Work

Siddha Yoga

Navami* Until 4:08AM Mon

Bhadrapada-Puratasi

Sivaloka Day

Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Parigha* Yoga Vanija/Visli* Karana Dashamyam Titau		Anchorage, AK Sun 9 Sutra 162	
1		Gulika 2:21PM – 3:52PM	Punarvasu Until 7:59PM	Ganesha: Light Blue <i>Sunrise:</i> 6:45AM	Vikarin 5121
Mithuna Rasi: 25.1	Tithi 25	Yama 11:18AM – 12:50PM	Parigha* Until 1:08AM Tue	Muruqa: Purple <i>Sunset:</i> 6:55PM	Moon 9 - Phase 23
Family Home Evening	542213463	Rahu 8:16AM – 9:47AM	Vanija Until 3:16PM	Nataraja: Clear	2nd Phase
Creative Work Amrita Yoga			Dashami Until 2:11AM Tue	Moon – Blue	Devaloka Day
Until 7:59PM				Bhadrapada•Puratasi	
Then Creative Work - Siddha Yoga					

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Anchorage, AK Sun 10 Sutra 163	
2		Gulika 12:49PM – 2:20PM	Pushya Until 6:18PM	Ganesha: Light Blue <i>Sunrise:</i> 6:47AM	Vikarin 5121
Kataka Rasi: 9.16	Tithi 26	Yama 9:48AM – 11:19AM	Shiva Until 9:56PM	Muruqa: Purple <i>Sunset:</i> 6:52PM	Moon 9 - Phase 23
Family Home Evening	542213463	Rahu 3:51PM – 5:21PM	Bava Until 12:59PM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 11:36PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Anchorage, AK Sun 11 Sutra 164	
3		Gulika 11:19AM – 12:49PM	Ashlesha* Until 3:57PM	Ganesha: Light Blue <i>Sunrise:</i> 6:49AM	Vikarin 5121
Kataka Rasi: 23.47	Tithi 27	Yama 8:19AM – 9:49AM	Siddha Until 6:17PM	Muruqa: Purple <i>Sunset:</i> 6:49PM	Moon 9 - Phase 23
Family Home Evening	542213463	Rahu 12:49PM – 2:19PM	Kaulava Until 10:07AM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 8:29PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 165	
4		Gulika 9:50AM – 11:20AM	Magha* Until 1:26PM	Ganesha: Purple <i>Sunrise:</i> 6:52AM	Vikarin 5121
Simha Rasi: 8.4	Tithi 28 – 29	Yama 6:52AM – 8:21AM	Sadhya Until 2:18PM	Muruqa: Purple <i>Sunset:</i> 6:46PM	Moon 9 - Phase 23
Family Home Evening	552213463	Rahu 2:18PM – 3:47PM	Gara Until 6:47AM	Nataraja: Clear	2nd Phase
Creative Work Amrita Yoga			Trayodashi* Until 4:59PM	Moon – Red	Devaloka Day
Until 1:26PM				Bhadrapada•Puratasi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 166	
Retreat Star		Gulika 8:23AM – 9:51AM	Purvaphalguni Until 10:31AM	Ganesha: Light Blue <i>Sunrise:</i> 6:54AM	Vikarin 5121
Simha Rasi: 23.47	Tithi 29 – 30	Yama 3:45PM – 5:14PM	Subha Until 10:07AM	Muruqa: Purple <i>Sunset:</i> 6:42PM	Moon 9 - Phase 23
Family Home Evening	652213463	Rahu 11:20AM – 12:48PM	Catuspada Until 11:22PM	Nataraja: Clear	Amavasya
Creative Work Siddha Yoga			Chaturdashi* Until 1:15PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi	

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Anchorage, AK Sun 14 Sutra 167	
Retreat Star		Gulika 6:57AM – 8:25AM	Uttaraphalguni Until 7:24AM	Ganesha: Purple <i>Sunrise:</i> 6:57AM	Vikarin 5121
Kanya Rasi: 9.01	Tithi 30 – 1	Yama 2:16PM – 3:44PM	Brahma Until 1:39AM Sun	Muruqa: Purple <i>Sunset:</i> 6:39PM	Moon 9 - Phase 23
Family Home Evening	653213463	Rahu 9:52AM – 11:20AM	Kintughna Until 7:37PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Amavasya* Until 9:28AM	Moon – Red	Devaloka Day
		Navaratri Begins		Ashvina•Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Anchorage, AK Sun 15 Sutra 168 Vikarin 5121	
Kanya Rasi: 24.1	Tithi 2	Gulika 3:42PM – 5:09PM	Chitra Until 2:02AM Mon	Ganesha: Light Blue	Sunrise: 6:59AM	Muruqa: Purple	Sunset: 6:36PM
		Yama 12:48PM – 2:15PM	Indra Until 9:41PM	Nataraja: Clear		Moon 9 - Phase 24	
		663213463 Rahu 5:09PM – 6:36PM	Balava Until 4:04PM	Moon – Green		3rd Phase	
Creative Work Siddha Yoga			Dvitiya Until 2:24AM Mon	Ashvina+Puratasi		Devaloka Day	
Until 2:02AM Mon							
Then Creative Work - Amrita Yoga							

2		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau		Anchorage, AK Sun 16 Sutra 169 Vikarin 5121	
Tula Rasi: 9.06	Tithi 3	Gulika 2:14PM – 3:40PM	Svati Until 11:45PM	Ganesha: Light Blue	Sunrise: 7:02AM	Muruqa: Purple	Sunset: 6:33PM
Family Home Evening		Yama 11:21AM – 12:47PM	Vaidhriti* Until 6:03PM	Nataraja: Clear		Moon 9 - Phase 24	
Creative Work Amrita Yoga		663213463 Rahu 8:28AM – 9:55AM	Taitila Until 12:54PM	Moon – Green		3rd Phase	
Until 11:45PM			Tritiya Until 11:30PM	Ashvina+Puratasi		Devaloka Day	
Then Routine Work - Marana Yoga							

3		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Anchorage, AK Sun 17 Sutra 170 Vikarin 5121	
Tula Rasi: 23.39	Tithi 4	Gulika 12:47PM – 2:13PM	Vishakha Until 10:23PM	Ganesha: Purple	Sunrise: 7:04AM	Muruqa: Purple	Sunset: 6:30PM
Routine Work Marana Yoga		Yama 9:56AM – 11:21AM	Vishkambha* Until 2:54PM	Nataraja: Clear		Moon 9 - Phase 24	
Until 10:23PM		673213463 Rahu 3:38PM – 5:04PM	Vanija Until 10:17AM	Moon – Orange		3rd Phase	
Then Creative Work - Siddha Yoga			Chaturthi* Until 9:13PM	Ashvina+Puratasi		Devaloka Day	

4		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Anchorage, AK Sun 18 Sutra 171 Vikarin 5121	
Vrischika Rasi: 7.44	Tithi 5	Gulika 11:22AM – 12:47PM	Anuradha Until 9:38PM	Ganesha: Purple	Sunrise: 7:07AM	Muruqa: Purple	Sunset: 6:27PM
		Yama 8:32AM – 9:57AM	Priti Until 12:22PM	Nataraja: Clear		Moon 9 - Phase 24	
		673213463 Rahu 12:47PM – 2:12PM	Bava Until 8:22AM	Moon – Orange		3rd Phase	
Creative Work Siddha Yoga			Panchami Until 7:42PM	Ashvina+Puratasi		Devaloka Day	

5		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Anchorage, AK Sun 19 Sutra 172 Vikarin 5121	
Vrischika Rasi: 21.2	Tithi 6	Gulika 9:58AM – 11:22AM	Jyeshtha* Until 9:36PM	Ganesha: Purple	Sunrise: 7:09AM	Muruqa: Purple	Sunset: 6:23PM
		Yama 7:09AM – 8:34AM	Ayushman Until 10:29AM	Nataraja: Clear		Moon 9 - Phase 24	
		673213463 Rahu 2:11PM – 3:35PM	Kaulava Until 7:17AM	Moon – Orange		3rd Phase	
Routine Work Prabalarishta Yoga			Shashthi* Until 7:03PM	Ashvina+Puratasi		Devaloka Day	
Until 9:36PM							
Then Creative Work - Siddha Yoga							

6		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Anchorage, AK Sun 20 Sutra 173 Vikarin 5121	
Dhanus Rasi: 4.26	Tithi 7	Gulika 8:36AM – 9:59AM	Mula* Until 10:45PM	Ganesha: Clear	Sunrise: 7:12AM	Muruqa: Purple	Sunset: 6:20PM
		Yama 3:33PM – 4:57PM	Saubhagya Until 9:19AM	Nataraja: Clear		Moon 9 - Phase 24	
		683213463 Rahu 11:23AM – 12:46PM	Gara Until 7:06AM	Moon – Light Blue		3rd Phase	
Creative Work Amrita Yoga			Saptami Until 7:19PM	Ashvina+Puratasi		Sivaloka Day	
Until 10:45PM							
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Anchorage, AK Sun 21 Sutra 174 Vikarin 5121	
Dhanus Rasi: 17.07	Tithi 8	Gulika 7:14AM – 8:37AM	Purvashadha* Until 12:32AM Sun	Ganesha: Clear	Sunrise: 7:14AM	Muruqa: Purple	Sunset: 6:17PM
		Yama 2:09PM – 3:32PM	Sobhana Until 8:51AM	Nataraja: Clear		Moon 9 - Phase 24	
		683213463 Rahu 10:00AM – 11:23AM	Visti Until 7:47AM	Moon – Light Blue		Ashtami	
Creative Work Siddha Yoga			Ashtami* Until 8:24PM	Ashvina+Puratasi		Sivaloka Day	
Until 12:32AM Sun							
Then Creative Work - Amrita Yoga		Durga Ashtami					

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Anchorage, AK Sun 22 Sutra 175 Vikarin 5121	
Dhanus Rasi: 29.26	Tithi 9	Gulika 3:30PM – 4:52PM	Uttarashadha Until 2:46AM Mon	Ganesha: Clear	Sunrise: 7:17AM	Muruqa: Purple	Sunset: 6:14PM
		Yama 12:46PM – 2:08PM	Athiganda* Until 8:55AM	Nataraja: Clear		Moon 9 - Phase 24	
		683213463 Rahu 4:52PM – 6:14PM	Balava Until 9:14AM	Moon – Light Blue		Navami	
Creative Work Amrita Yoga			Navami* Until 10:11PM	Ashvina+Puratasi		Sivaloka Day	
		Saraswathi Puja (Tamil Nadu)					

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Anchorage, AK Sun 23 Sutra 176
1		Gulika 2:07PM – 3:28PM	Shravana Until 5:45AM Tue	Ganesha: White <i>Sunrise:</i> 7:20AM	Vikarin 5121
Makara Rasi: 11.31	Tithi 10	Yama 11:24AM – 12:45PM	Sukarma Until 9:28AM	Muruqa: Purple <i>Sunset:</i> 6:11PM	Moon 9 - Phase 25
Family Home Evening	693213463	Rahu 8:41AM – 10:02AM	Taitila Until 11:17AM	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga				Moon – Purple	
Until 5:45AM Tue		Vijaya Dasami	Dashami Until 12:25AM Tue	Ashvina+Puratasi	Devaloka Day
Then Creative Work - Siddha Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau			Anchorage, AK Sun 24 Sutra 177
2		Gulika 12:45PM – 2:06PM	Dhanishtha Until 8:46AM Wed	Ganesha: White <i>Sunrise:</i> 7:22AM	Vikarin 5121
Makara Rasi: 23.26	Tithi 11	Yama 10:04AM – 11:24AM	Dhriti Until 10:18AM	Muruqa: Purple <i>Sunset:</i> 6:08PM	Moon 9 - Phase 25
	693213464	Rahu 3:26PM – 4:47PM	Vanija Until 1:40PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Moon – Purple	
			Ekadashi Until 2:55AM Wed	Ashvina+Puratasi	Sivaloka Day

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau			Anchorage, AK Sun 25 Sutra 178
3		Gulika 11:25AM – 12:45PM	Dhanishtha Until 8:46AM	Ganesha: White <i>Sunrise:</i> 7:25AM	Vikarin 5121
Kumbha Rasi: 5.17	Tithi 12	Yama 8:45AM – 10:05AM	Shula* Until 11:13AM	Muruqa: Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 25
	693213464	Rahu 12:45PM – 2:05PM	Bava Until 4:13PM	Nataraja: Purple	4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple	
Until 8:46AM		Kadaitswami Mahasamadhi	Dvadashi Until 5:27AM Thu	Ashvina+Puratasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Dhruva Yoga Kaulava Karana Trayodashyam Titau			Anchorage, AK Sun 26 Sutra 179
4		Gulika 10:06AM – 11:25AM	Shatabhishak Until 11:36AM	Ganesha: White <i>Sunrise:</i> 7:27AM	Vikarin 5121
Kumbha Rasi: 17.08	Tithi 13	Yama 7:27AM – 8:47AM	Ganda* Until 12:09PM	Muruqa: Purple <i>Sunset:</i> 6:02PM	Moon 9 - Phase 25
	693213464	Rahu 2:04PM – 3:23PM	Kaulava Until 6:43PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Moon – Purple	
			Trayodashi Until 7:53AM Fri	Ashvina+Puratasi	Sivaloka Day
			<i>Pradosha Vrata</i>		

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Anchorage, AK Sun 27 Sutra 180
5		Gulika 8:48AM – 10:07AM	Purvaproshtapada* Until 2:40PM	Ganesha: Blue <i>Sunrise:</i> 7:30AM	Vikarin 5121
Kumbha Rasi: 29.01	Tithi 13 – 14	Yama 3:21PM – 4:40PM	Vridhi Until 1:00PM	Muruqa: Purple <i>Sunset:</i> 5:59PM	Moon 9 - Phase 25
	613213464	Rahu 11:26AM – 12:44PM	Gara Until 9:04PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Moon – Clear	
		Chidambaram Abhishekam	Trayodashi Until 7:53AM	Ashvina+Puratasi	Sivaloka Day

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashil/Purnimayam Titau			Anchorage, AK Sun 28 Sutra 181
○	Copper Retreat Star	Gulika 7:32AM – 8:50AM	Uttaraproshtapada Until 5:21PM	Ganesha: Blue <i>Sunrise:</i> 7:32AM	Vikarin 5121
Meena Rasi: 10.58	Tithi 14 – 15	Yama 2:02PM – 3:20PM	Dhruva Until 1:40PM	Muruqa: Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 25
	613213464	Rahu 10:08AM – 11:26AM	Visti Until 11:11PM	Nataraja: Purple	Purnima
Creative Work Siddha Yoga				Moon – Clear	
Until 5:21PM			Chaturdashil* Until 10:08AM	Ashvina+Puratasi	Sivaloka Day
Then Routine Work - Prabalarishta Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Anchorage, AK Sun 29 Sutra 182
	Silver Retreat Star	Gulika 3:18PM – 4:35PM	Revati Until 7:38PM	Ganesha: Yellow <i>Sunrise:</i> 7:35AM	Vikarin 5121
Meena Rasi: 23.01	Tithi 15 – 16	Yama 12:44PM – 2:01PM	Vyaghata* Until 2:08PM	Muruqa: Purple <i>Sunset:</i> 5:52PM	Moon 9 - Phase 25
	614213464	Rahu 4:35PM – 5:52PM	Balava Until 1:02AM Mon	Nataraja: Purple	Prathama
Creative Work Amrita Yoga				Moon – Clear	
Until 7:38PM			Purnima* Until 12:07PM	Ashvina+Puratasi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 5.1 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

624213464

Gulika 2:00PM – 3:16PM
Yama 11:27AM – 12:43PM
Rahu 8:54AM – 10:10AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 9:57PM
Harshana Until 2:25PM
Taitila Until 2:35AM Tue
Prathama* Until 1:50PM

Ganesha: White Sunrise: 7:38AM
Muruga: Purple Sunset: 5:49PM
Nataraja: Purple
Moon – White
Ashvina•Puratasi

Anchorage, AK
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

1

Tuesday, October 15, 2019

Mesha Rasi: 17.28 Tithi 17 – 18

Creative Work Siddha Yoga

624213464

Gulika 12:43PM – 1:59PM
Yama 10:12AM – 11:27AM
Rahu 3:15PM – 4:31PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bharani Until 11:48PM
Vajra* Until 2:25PM
Vanija Until 3:49AM Wed
Dvitiya Until 3:13PM

Ganesha: White Sunrise: 7:40AM
Muruga: Purple Sunset: 5:46PM
Nataraja: Purple
Moon – White
Ashvina•Puratasi

Anchorage, AK
Sun 1 Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

2

Wednesday, October 16, 2019

Mesha Rasi: 29.53 Tithi 18 – 19

Creative Work Amrita Yoga

Until 1:09AM Thu

Then Routine Work - Marana Yoga

624213464

Gulika 11:28AM – 12:43PM
Yama 8:58AM – 10:13AM
Rahu 12:43PM – 1:58PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Krittika Until 1:09AM Thu
Siddhi Until 2:11PM
Bava Until 4:42AM Thu
Tritiya Until 4:17PM

Ganesha: White Sunrise: 7:43AM
Muruga: Purple Sunset: 5:43PM
Nataraja: Purple
Moon – White
Ashvina•Puratasi

Anchorage, AK
Sun 2 Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

3

Thursday, October 17, 2019

Vrishabha Rasi: 12.28 Tithi 19 – 20

Routine Work Marana Yoga

Until 2:27AM Fri

Then Creative Work - Siddha Yoga

634313464

Gulika 10:14AM – 11:28AM
Yama 7:45AM – 9:00AM
Rahu 1:57PM – 3:12PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rohini Until 2:27AM Fri
Vyatipata* Until 1:40PM
Kaulava Until 5:11AM Fri
Chaturthi* Until 4:58PM

Ganesha: White Sunrise: 7:45AM
Muruga: Purple Sunset: 5:40PM
Nataraja: Purple
Moon – Yellow
Ashvina•Aipasi

Anchorage, AK
Sun 3 Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

4

Friday, October 18, 2019

Vrishabha Rasi: 25.13 Tithi 20 – 21

Creative Work Siddha Yoga

634313464

Gulika 9:02AM – 10:15AM
Yama 3:10PM – 4:24PM
Rahu 11:29AM – 12:43PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mrigashira Until 3:09AM Sat
Variyan Until 12:49PM
Gara Until 5:13AM Sat
Panchami Until 5:14PM

Ganesha: White Sunrise: 7:48AM
Muruga: Purple Sunset: 5:37PM
Nataraja: Purple
Moon – Yellow
Ashvina•Aipasi

Anchorage, AK
Sun 4 Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

5

Saturday, October 19, 2019

Mithuna Rasi: 8.13 Tithi 21 – 22

Creative Work Siddha Yoga

634313464

Gulika 7:51AM – 9:04AM
Yama 1:55PM – 3:08PM
Rahu 10:16AM – 11:29AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Ardra Until 3:12AM Sun
Parigha* Until 11:36AM
Visti Until 4:44AM Sun
Shashthi* Until 5:01PM

Ganesha: White Sunrise: 7:51AM
Muruga: Purple Sunset: 5:34PM
Nataraja: Purple
Moon – Yellow
Ashvina•Aipasi

Anchorage, AK
Sun 5 Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

6

Sunday, October 20, 2019

Mithuna Rasi: 21.28 Tithi 22 – 23

Creative Work Siddha Yoga

644313464

Gulika 3:07PM – 4:19PM
Yama 12:42PM – 1:55PM
Rahu 4:19PM – 5:31PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Punarvasu Until 3:01AM Mon
Shiva Until 9:59AM
Balava Until 3:41AM Mon
Saptami Until 4:15PM

Ganesha: Clear Sunrise: 7:53AM
Muruga: Purple Sunset: 5:31PM
Nataraja: Purple
Moon – Blue
Ashvina•Aipasi

Anchorage, AK
Sun 6 Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

D

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 5.02 Tithi 23 – 24

Family Home Evening

Creative Work Siddha Yoga

644313464

Gulika 1:54PM – 3:05PM
Yama 11:31AM – 12:42PM
Rahu 9:07AM – 10:19AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pushya Until 2:07AM Tue
Siddha Until 7:54AM
Taitila Until 2:04AM Tue
Ashtami* Until 2:56PM

Ganesha: Clear Sunrise: 7:56AM
Muruga: Purple Sunset: 5:28PM
Nataraja: Purple
Moon – Blue
Ashvina•Aipasi

Anchorage, AK
Sun 7 Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 18.56 Tithi 24 – 25

Creative Work Siddha Yoga

644313464

Gulika 12:42PM – 1:53PM
Yama 10:20AM – 11:31AM
Rahu 3:04PM – 4:15PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Ashlesha* Until 12:32AM Wed
Subha Until 2:24AM Wed
Vanija Until 11:55PM
Navami* Until 1:02PM

Ganesha: Clear Sunrise: 7:59AM
Muruga: Purple Sunset: 5:25PM
Nataraja: Purple
Moon – Blue
Ashvina•Aipasi

Anchorage, AK
Sun 8 Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Anchorage, AK Sun 9 Sutra 192	
Simha Rasi: 3.11	Tithi 25 – 26	Gulika 11:32AM – 12:42PM	Magha* Until 10:45PM	Ganesha: Purple	<i>Sunrise:</i> 8:01AM		Vikarin 5121
		Yama 9:11AM – 10:21AM	Sukla Until 11:02PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM		Moon 10 - Phase 27
	654313464	Rahu 12:42PM – 1:52PM	Bava Until 9:16PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 10:38AM	Moon – Red		Sivaloka Day	
Until 10:45PM				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga							

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK Sun 10 Sutra 193	
Simha Rasi: 17.45	Tithi 26 – 27	Gulika 10:23AM – 11:32AM	Purvaphalguni Until 8:27PM	Ganesha: Purple	<i>Sunrise:</i> 8:04AM		Vikarin 5121
		Yama 8:04AM – 9:13AM	Brahma Until 7:22PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM		Moon 10 - Phase 27
	654313464	Rahu 1:51PM – 3:01PM	Kaulava Until 6:15PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:47AM	Moon – Red		Sivaloka Day	
				Ashvina•Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		Anchorage, AK Sun 11 Sutra 194	
Kanya Rasi: 2.34	Tithi 28	Gulika 9:15AM – 10:24AM	Uttaraphalguni Until 5:48PM	Ganesha: Clear	<i>Sunrise:</i> 8:06AM		Vikarin 5121
		Yama 2:59PM – 4:08PM	Indra Until 3:31PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM		Moon 10 - Phase 27
	655313464	Rahu 11:33AM – 12:42PM	Gara Until 2:59PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 1:17AM Sat	Moon – Red		Subha Sivaloka Day	
Until 5:48PM				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 195	
Kanya Rasi: 17.31	Tithi 29	Gulika 8:09AM – 9:17AM	Hasta Until 3:19PM	Ganesha: Orange	<i>Sunrise:</i> 8:09AM		Vikarin 5121
		Yama 1:50PM – 2:58PM	Vaidhriti* Until 11:34AM	Muruqa: Purple	<i>Sunset:</i> 5:14PM		Moon 10 - Phase 27
	665313464	Rahu 10:25AM – 11:33AM	Visti Until 11:37AM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 9:55PM	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			

●		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 196	
Retreat Star		Gulika 2:56PM – 4:03PM	Chitra Until 12:48PM	Ganesha: Orange	<i>Sunrise:</i> 8:12AM		Vikarin 5121
Tula Rasi: 2.26	Tithi 30	Yama 12:41PM – 1:49PM	Vishkambha* Until 7:40AM	Muruqa: Purple	<i>Sunset:</i> 5:11PM		Moon 10 - Phase 27
	665313464	Rahu 4:03PM – 5:11PM	Catuspada Until 8:18AM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 6:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Anchorage, AK Sun 14 Sutra 197	
Tula Rasi: 17.13	Tithi 1 – 2	Gulika 1:48PM – 2:55PM	Svati Until 10:24AM	Ganesha: Orange	<i>Sunrise:</i> 8:15AM		Vikarin 5121
Family Home Evening		Yama 11:35AM – 12:41PM	Ayushman Until 12:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:08PM		Moon 10 - Phase 27
	665313464	Rahu 9:21AM – 10:28AM	Balava Until 2:31AM Tue	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:47PM	Moon – Green		Subha Sivaloka Day	
Until 10:24AM		Skanda Shasthi Begins		Kartika•Aipasi			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Anchorage, AK Sun 15 Sutra 198 Vikarin 5121		
Wrischika Rasi: 1.43	Tithi 2 – 3	Gulika 12:41PM – 1:47PM	Vishakha Until 8:42AM	Ganesha: Clear	<i>Sunrise:</i> 8:17AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Marana Yoga	Yama 10:29AM – 11:35AM	Saubhagya Until 9:34PM	Nataraja: Purple		Moon – Orange		Subha Sivaloka Day
Until 8:42AM		Rahu 2:53PM – 3:59PM	Taitila Until 12:22AM Wed					Kartika•Aipasi
Then Creative Work - Siddha Yoga			Dvitiya Until 1:21PM					
2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Anchorage, AK Sun 16 Sutra 199 Vikarin 5121		
Wrischika Rasi: 15.48	Tithi 3 – 4	Gulika 11:36AM – 12:41PM	Anuradha Until 7:29AM	Ganesha: Clear	<i>Sunrise:</i> 8:20AM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Siddha Yoga	Yama 9:25AM – 10:31AM	Sobhana Until 7:11PM	Nataraja: Purple		Moon – Orange		Subha Sivaloka Day
Until 8:42AM		Rahu 12:41PM – 1:46PM	Vanija Until 10:57PM					Kartika•Aipasi
Then Creative Work - Siddha Yoga			Tritiya Until 11:33AM					
3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Anchorage, AK Sun 17 Sutra 200 Vikarin 5121		
Wrischika Rasi: 29.26	Tithi 4 – 5	Gulika 10:32AM – 11:36AM	Jyeshtha* Until 6:51AM	Ganesha: Clear	<i>Sunrise:</i> 8:23AM	Muruqa: Purple	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 8:23AM – 9:27AM	Athiganda* Until 5:24PM	Nataraja: Purple		Moon – Orange		Subha Sivaloka Day
Until 6:51AM		Rahu 1:46PM – 2:50PM	Bava Until 10:21PM					Kartika•Aipasi
Then Creative Work - Siddha Yoga			Chaturthi* Until 10:31AM					
4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Anchorage, AK Sun 18 Sutra 201 Vikarin 5121		
Dhanus Rasi: 13	Tithi 5 – 6	Gulika 9:29AM – 10:33AM	Mula* Until 7:20AM	Ganesha: Purple	<i>Sunrise:</i> 8:25AM	Muruqa: Purple	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Amrita Yoga	Yama 2:49PM – 3:53PM	Sukarma Until 4:18PM	Nataraja: Purple		Moon – Light Blue		Subha Subha Sivaloka Day
Until 7:20AM		Rahu 11:37AM – 12:41PM	Kaulava Until 10:37PM					Kartika•Aipasi
Then Routine Work - Prabalarishta Yoga		Skanda Shasthi	Panchami Until 10:21AM					
5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Anchorage, AK Sun 19 Sutra 202 Vikarin 5121		
Dhanus Rasi: 25.2	Tithi 6 – 7	Gulika 8:28AM – 9:31AM	Purvashadha* Until 8:31AM	Ganesha: Purple	<i>Sunrise:</i> 8:28AM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 28 3rd Phase
Routine Work	Siddha Yoga	Yama 1:44PM – 2:48PM	Dhriti Until 3:53PM	Nataraja: Purple		Moon – Light Blue		Subha Subha Sivaloka Day
Until 8:31AM		Rahu 10:35AM – 11:38AM	Gara Until 11:42PM					Kartika•Aipasi
Then Routine Work - Marana Yoga			Shashthi* Until 11:02AM					
Retreat Star		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Anchorage, AK Sun 20 Sutra 203 Vikarin 5121		
Makara Rasi: 7.44	Tithi 7 – 8	Gulika 2:46PM – 3:49PM	Uttarashadha Until 10:16AM	Ganesha: Clear	<i>Sunrise:</i> 8:31AM	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 28 Ashtami
Routine Work	Amrita Yoga	Yama 12:41PM – 1:44PM	Shula* Until 3:59PM	Nataraja: Purple		Moon – Light Blue		Subha Sivaloka Day
Until 8:31AM		Rahu 3:49PM – 4:51PM	Visti Until 1:29AM Mon					Kartika•Aipasi
Then Routine Work - Marana Yoga			Saptami Until 12:30PM					
Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Anchorage, AK Sun 21 Sutra 204 Vikarin 5121		
Makara Rasi: 19.51	Tithi 8 – 9	Gulika 1:43PM – 2:45PM	Shravana Until 12:57PM	Ganesha: Purple	<i>Sunrise:</i> 8:34AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 28 Navami
Family Home Evening		Yama 11:39AM – 12:41PM	Ganda* Until 4:32PM	Nataraja: Purple		Moon – Purple		Sivaloka Day
Routine Work	Amrita Yoga	Rahu 9:35AM – 10:37AM	Balava Until 3:45AM Tue					Kartika•Aipasi
Until 12:57PM			Ashtami* Until 2:33PM					
Then Creative Work - Siddha Yoga								

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Anchorage, AK Sun 22 Sutra 205	
Kumbha Rasi: 1.47	Tithi 9 – 10	696313464	Gulika 12:41PM – 1:42PM Yama 10:39AM – 11:40AM Rahu 2:44PM – 3:45PM	Dhanishtha Until 3:49PM Vriddhi Until 5:21PM Taitila Until 6:16AM Wed Navami* Until 4:58PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 8:36AM Sunset: 4:46PM	Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga Until 3:49PM Then Routine Work - Marana Yoga						Sivaloka Day	

2		Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Tailila/Gara Karana Dashamyam Titau		Anchorage, AK Sun 23 Sutra 206	
Kumbha Rasi: 13.4	Tithi 10	696313464	Gulika 11:41AM – 12:41PM Yama 9:40AM – 10:40AM Rahu 12:41PM – 1:42PM	Shatabhishak Until 6:39PM Dhruva Until 6:14PM Taitila Until 6:16AM Dashami Until 7:31PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 8:39AM Sunset: 4:43PM	Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga Until 6:39PM Then Creative Work - Amrita Yoga						Sivaloka Day	

3		Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprossthapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Anchorage, AK Sun 24 Sutra 207	
Kumbha Rasi: 25.31	Tithi 11	716313464	Gulika 10:41AM – 11:41AM Yama 8:42AM – 9:42AM Rahu 1:41PM – 2:41PM	Purvaprossthapada* Until 9:44PM Vyaghata* Until 7:04PM Vanija Until 8:47AM Ekadashi Until 9:58PM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 8:42AM Sunset: 4:41PM	Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						Subha Sivaloka Day	

4		Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprossthapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau		Anchorage, AK Sun 25 Sutra 208	
Meena Rasi: 7.26	Tithi 12	716313464	Gulika 9:44AM – 10:43AM Yama 2:40PM – 3:39PM Rahu 11:42AM – 12:41PM	Uttaraprossthapada Until 12:25AM Sat Harshana Until 7:44PM Bava Until 11:08AM Dvadashi Until 12:11AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 8:44AM Sunset: 4:38PM	Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga Until 12:25AM Sat Then Routine Work - Prabalarishta Yoga						Subha Sivaloka Day	

5		Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Anchorage, AK Sun 26 Sutra 209	
Meena Rasi: 19.28	Tithi 13	716313464	Gulika 8:47AM – 9:46AM Yama 1:40PM – 2:38PM Rahu 10:44AM – 11:43AM	Revati Until 2:37AM Sun Vajra* Until 8:08PM Kaulava Until 1:12PM Trayodashi Until 2:03AM Sun	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 8:47AM Sunset: 4:36PM	Moon 10 - Phase 29 4th Phase
Routine Work Prabalarishta Yoga Until 2:37AM Sun Then Creative Work - Siddha Yoga						Subha Sivaloka Day	

6		Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Anchorage, AK Sun 27 Sutra 210	
Mesha Rasi: 1.38	Tithi 14	726313464	Gulika 2:37PM – 3:35PM Yama 12:41PM – 1:39PM Rahu 3:35PM – 4:33PM	Ashvini Until 4:45AM Mon Siddhi Until 8:15PM Gara Until 2:52PM Chaturdashi* Until 3:32AM Mon	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – White	Sunrise: 8:50AM Sunset: 4:33PM	Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						Sivaloka Day	

○		Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau		Anchorage, AK Sutra 211	
Copper Retreat Star							
Mesha Rasi: 13.58	Tithi 15	727413464	Gulika 1:39PM – 2:36PM Yama 11:44AM – 12:42PM Rahu 9:50AM – 10:47AM	Bharani Until 6:19AM Tue Vyatipata* Until 8:03PM Visti* Until 4:07PM Purnima* Until 4:34AM Tue	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – White	Sunrise: 8:53AM Sunset: 4:31PM	Moon 10 - Phase 29 Purnima
Family Home Evening Creative Work Siddha Yoga						Sivaloka Day	

○		Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		Anchorage, AK Sutra 212	
Silver Retreat Star							
Mesha Rasi: 26.29	Tithi 16	727413464	Gulika 12:42PM – 1:38PM Yama 10:48AM – 11:45AM Rahu 2:35PM – 3:32PM	Bharani Until 6:19AM Variyan Until 7:30PM Balava Until 4:57PM Prathama* Until 5:11AM Wed	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – White	Sunrise: 8:55AM Sunset: 4:28PM	Moon 10 - Phase 29 Prathama
Creative Work Siddha Yoga						Sivaloka Day	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK

Sutra 213

Vikarin 5121

Vrishabha Rasi: 9.12 Tithi 17

727413464

Gulika 11:46AM – 12:42PM
Yama 9:54AM – 10:50AM
Rahu 12:42PM – 1:38PM

Krittika Until 7:19AM
Parigha* Until 6:39PM
Taitila Until 5:22PM

Dvitiya Until 5:24AM Thu

Ganesha: White *Sunrise:* 8:58AM

Muruga: Purple *Sunset:* 4:26PM

Nataraja: Purple
Moon – White

Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 7:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Anchorage, AK

Sun 1 Sutra 214

Vikarin 5121

Vrishabha Rasi: 22.07 Tithi 18

737413464

Gulika 10:51AM – 11:47AM
Yama 9:01AM – 9:56AM
Rahu 1:37PM – 2:33PM

Rohini Until 8:14AM
Shiva Until 5:31PM
Vanija Until 5:23PM

Tritiya Until 5:14AM Fri

Ganesha: Clear *Sunrise:* 9:01AM

Muruga: Purple *Sunset:* 4:23PM

Nataraja: Purple
Moon – Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Anchorage, AK

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 5.12 Tithi 19

737413464

Gulika 9:58AM – 10:53AM
Yama 2:32PM – 3:26PM
Rahu 11:47AM – 12:42PM

Mrigashira Until 8:38AM
Siddha Until 4:03PM
Bava Until 5:02PM

Chaturthi* Until 4:42AM Sat

Ganesha: Clear *Sunrise:* 9:03AM

Muruga: Purple *Sunset:* 4:21PM

Nataraja: Purple
Moon – Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 18.29 Tithi 20

737413464

Gulika 9:06AM – 10:00AM
Yama 1:36PM – 2:31PM
Rahu 10:54AM – 11:48AM

Ardra Until 8:32AM
Sadhya Until 2:19PM
Kaulava Until 4:20PM

Panchami Until 3:50AM Sun

Ganesha: Clear *Sunrise:* 9:06AM

Muruga: Purple *Sunset:* 4:19PM

Nataraja: Purple
Moon – Yellow

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 217

Vikarin 5121

Kataka Rasi: 1.58 Tithi 21

748413465

Gulika 2:30PM – 3:23PM
Yama 12:43PM – 1:36PM
Rahu 3:23PM – 4:17PM

Punarvasu Until 8:24AM
Subha Until 12:20PM
Gara Until 3:17PM

Shashthi* Until 2:37AM Mon

Ganesha: Clear *Sunrise:* 9:09AM

Muruga: Purple *Sunset:* 4:17PM

Nataraja: Clear
Moon – Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 15.38 Tithi 22

748413465

Gulika 1:36PM – 2:29PM
Yama 11:50AM – 12:43PM
Rahu 10:04AM – 10:57AM

Pushya Until 7:46AM
Sukla Until 10:03AM
Visti Until 1:53PM

Saptami Until 1:03AM Tue

Ganesha: Clear *Sunrise:* 9:11AM

Muruga: Purple *Sunset:* 4:14PM

Nataraja: Clear
Moon – Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 29.31 Tithi 23

748413465

Gulika 12:43PM – 1:35PM
Yama 10:58AM – 11:51AM
Rahu 2:28PM – 3:20PM

Ashlesha* Until 6:40AM
Brahma Until 7:31AM
Balava Until 12:10PM

Ashtami* Until 11:10PM

Ganesha: Clear *Sunrise:* 9:14AM

Muruga: Purple *Sunset:* 4:12PM

Nataraja: Clear
Moon – Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 14 Tithi 24

758413465

Gulika 11:52AM – 12:43PM
Yama 10:08AM – 11:00AM
Rahu 12:43PM – 1:35PM

Purvaphalguni Until 3:59AM Thu
Vaidhriti* Until 1:42AM Thu
Taitila Until 10:08AM

Navami* Until 8:59PM

Ganesha: White *Sunrise:* 9:16AM

Muruga: Purple *Sunset:* 4:10PM

Nataraja: Clear
Moon – Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Amrita Yoga

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		Anchorage, AK Sun 8 Sutra 221	
Simha Rasi: 27.52	Tithi 25	Gulika 11:01AM – 11:52AM	Uttaraphalguni Until 2:03AM Fri	Ganesha: White	<i>Sunrise:</i> 9:19AM	Vikarin 5121	
		Yama 9:19AM – 10:10AM	Vishkambha* Until 10:29PM	Muruqa: Purple	<i>Sunset:</i> 4:08PM	Moon 11 - Phase 31	
	Amrita Yoga	Rahu 1:35PM – 2:26PM	Vanija Until 7:49AM	Nataraja: Clear		2nd Phase	
			Dashami Until 6:33PM	Moon – Red		Subha Sivaloka Day	
				Karttika-Karttikai			

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK Sun 9 Sutra 222	
Kanya Rasi: 12.17	Tithi 26 – 27	Gulika 10:12AM – 11:03AM	Hasta Until 12:16AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 9:22AM	Vikarin 5121	
		Yama 2:25PM – 3:15PM	Priti Until 7:09PM	Muruqa: Purple	<i>Sunset:</i> 4:06PM	Moon 11 - Phase 31	
	768413465	Rahu 11:53AM – 12:44PM	Kaulava Until 2:39AM Sat	Nataraja: Clear		2nd Phase	
			Ekadashi* Until 3:57PM	Moon – Green		Sivaloka Day	
				Karttika-Karttikai			

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Anchorage, AK Sun 10 Sutra 223	
Kanya Rasi: 26.47	Tithi 27 – 28	Gulika 9:24AM – 10:14AM	Chitra Until 10:20PM	Ganesha: Yellow	<i>Sunrise:</i> 9:24AM	Vikarin 5121	
		Yama 1:34PM – 2:24PM	Ayushman Until 3:45PM	Muruqa: Purple	<i>Sunset:</i> 4:04PM	Moon 11 - Phase 31	
	768413465	Rahu 11:04AM – 11:54AM	Gara Until 11:59PM	Nataraja: Clear		2nd Phase	
			Dvadashi* Until 1:17PM	Moon – Green		Sivaloka Day	
				Karttika-Karttikai			
				<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK Sun 11 Sutra 224	
Tula Rasi: 11.17	Tithi 28 – 29	Gulika 2:23PM – 3:13PM	Svati Until 8:21PM	Ganesha: Blue	<i>Sunrise:</i> 9:27AM	Vikarin 5121	
		Yama 12:44PM – 1:34PM	Saubhagya Until 12:25PM	Muruqa: Purple	<i>Sunset:</i> 4:02PM	Moon 11 - Phase 31	
	769413465	Rahu 3:13PM – 4:02PM	Visti Until 9:26PM	Nataraja: Clear		2nd Phase	
			Trayodashi* Until 10:40AM	Moon – Green		Devaloka Day	
				Karttika-Karttikai			

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Anchorage, AK Sun 12 Sutra 225	
Tula Rasi: 25.4	Tithi 29 – 30	Gulika 1:34PM – 2:23PM	Vishakha Until 6:54PM	Ganesha: Blue	<i>Sunrise:</i> 9:29AM	Vikarin 5121	
Family Home Evening		Yama 11:56AM – 12:45PM	Sobhana Until 9:15AM	Muruqa: Purple	<i>Sunset:</i> 4:00PM	Moon 11 - Phase 31	
	779413465	Rahu 10:18AM – 11:07AM	Catuspada Until 7:09PM	Nataraja: Clear		Amavasya	
			Chaturdashi* Until 8:14AM	Moon – Orange		Devaloka Day	
				Karttika-Karttikai			

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Anchorage, AK Sun 13 Sutra 226	
Vrischika Rasi: 9.51	Tithi 30 – 1	Gulika 12:45PM – 1:33PM	Anuradha Until 5:42PM	Ganesha: Blue	<i>Sunrise:</i> 9:31AM	Vikarin 5121	
		Yama 11:08AM – 11:57AM	Athiganda* Until 6:20AM	Muruqa: Purple	<i>Sunset:</i> 3:59PM	Moon 11 - Phase 31	
	779413465	Rahu 2:22PM – 3:10PM	Bava Until 4:30AM Wed	Nataraja: Clear		Prathama	
			Amavasya* Until 6:08AM	Moon – Orange		Devaloka Day	
				Margasira-Karttikai			

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Anchorage, AK Sun 14 Sutra 227	
Vrishchika Rasi: 23.43	Tithi 2	Gulika 11:57AM – 12:45PM	Jyeshtha* Until 4:53PM	Ganesha: Blue	<i>Sunrise:</i> 9:34AM		Vikarin 5121
		Yama 10:22AM – 11:10AM	Dhriti Until 1:47AM Thu	Muruqa: Purple	<i>Sunset:</i> 3:57PM		Moon 11 - Phase 32
		779413465 Rahu 12:45PM – 1:33PM	Balava Until 3:55PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:29AM Thu	Moon – Orange		Devaloka Day	
Until 4:53PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau		Anchorage, AK Sun 15 Sutra 228	
Dhanus Rasi: 7.14	Tithi 3	Gulika 11:11AM – 11:58AM	Mula* Until 5:02PM	Ganesha: Blue	<i>Sunrise:</i> 9:36AM		Vikarin 5121
		Yama 9:36AM – 10:24AM	Shula* Until 12:16AM Fri	Muruqa: Purple	<i>Sunset:</i> 3:55PM		Moon 11 - Phase 32
		789413465 Rahu 1:33PM – 2:20PM	Taitila Until 3:15PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 3:10AM Fri	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau		Anchorage, AK Sun 16 Sutra 229	
Dhanus Rasi: 20.22	Tithi 4	Gulika 10:25AM – 11:12AM	Purvashadha* Until 5:45PM	Ganesha: Blue	<i>Sunrise:</i> 9:38AM		Vikarin 5121
		Yama 2:20PM – 3:07PM	Ganda* Until 11:21PM	Muruqa: Purple	<i>Sunset:</i> 3:54PM		Moon 11 - Phase 32
		789413465 Rahu 11:59AM – 12:46PM	Vanija Until 3:19PM	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 3:37AM Sat	Moon – Light Blue		Devaloka Day	
Until 5:45PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau		Anchorage, AK Sun 17 Sutra 230	
Makara Rasi: 3.07	Tithi 5	Gulika 9:41AM – 10:27AM	Uttarashadha Until 7:01PM	Ganesha: Blue	<i>Sunrise:</i> 9:41AM		Vikarin 5121
		Yama 1:33PM – 2:19PM	Vriddhi Until 11:01PM	Muruqa: Purple	<i>Sunset:</i> 3:52PM		Moon 11 - Phase 32
		789413465 Rahu 11:14AM – 12:00PM	Bava Until 4:08PM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Panchami Until 4:47AM Sun	Moon – Light Blue		Devaloka Day	
Until 7:01PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Anchorage, AK Sun 18 Sutra 231	
Makara Rasi: 15.33	Tithi 6	Gulika 2:19PM – 3:05PM	Shravana Until 9:16PM	Ganesha: Yellow	<i>Sunrise:</i> 9:43AM		Vikarin 5121
		Yama 12:47PM – 1:33PM	Dhruva Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 3:51PM		Moon 11 - Phase 32
		799413465 Rahu 3:05PM – 3:51PM	Kaulava Until 5:39PM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 6:35AM Mon	Moon – Purple		Sivaloka Day	
Until 9:16PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Anchorage, AK Sun 19 Sutra 232	
Makara Rasi: 27.43	Tithi 6 – 7	Gulika 1:33PM – 2:18PM	Dhanishtha Until 11:51PM	Ganesha: Clear	<i>Sunrise:</i> 9:45AM		Vikarin 5121
Family Home Evening		Yama 12:02PM – 12:47PM	Vyaghata* Until 11:41PM	Muruqa: Purple	<i>Sunset:</i> 3:49PM		Moon 11 - Phase 32
		791413465 Rahu 10:31AM – 11:16AM	Gara Until 7:42PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 6:35AM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

D		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Anchorage, AK Sun 20 Sutra 233	
Retreat Star		Gulika 12:48PM – 1:33PM	Shatabhishak Until 2:33AM Wed	Ganesha: Clear	<i>Sunrise:</i> 9:47AM		Vikarin 5121
Kumbha Rasi: 9.43	Tithi 7 – 8	Yama 11:17AM – 12:03PM	Harshana Until 12:27AM Wed	Muruqa: Purple	<i>Sunset:</i> 3:48PM		Moon 11 - Phase 32
		791413465 Rahu 2:18PM – 3:03PM	Visti Until 10:05PM	Nataraja: Clear			Ashtami
Routine Work	Marana Yoga		Saptami Until 8:51AM	Moon – Purple		Sivaloka Day	
Until 2:33AM Wed				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

W		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Anchorage, AK Sun 21 Sutra 234	
Retreat Star		Gulika 12:03PM – 12:48PM	Purvaproshtapada* Until 5:39AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 9:49AM		Vikarin 5121
Kumbha Rasi: 21.37	Tithi 8 – 9	Yama 10:34AM – 11:19AM	Vajra* Until 1:15AM Thu	Muruqa: Purple	<i>Sunset:</i> 3:47PM		Moon 11 - Phase 32
		711413465 Rahu 12:48PM – 1:33PM	Balava Until 12:36AM Thu	Nataraja: Clear			Navami
Creative Work	Amrita Yoga		Ashtami* Until 11:19AM	Moon – Clear		Sivaloka Day	
Until 5:39AM Thu				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Anchorage, AK Sun 22 Sutra 235	
Meena Rasi: 3.3	Tithi 9 – 10	Gulika 11:20AM – 12:04PM	Uttaraproshtapada Until 8:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 9:51AM		Vikarin 5121
		Yama 9:51AM – 10:35AM	Siddhi Until 1:59AM Fri	Muruqa: Purple	<i>Sunset:</i> 3:46PM		Moon 11 - Phase 33
		711413465 Rahu 1:33PM – 2:17PM	Taitila Until 3:00AM Fri	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Navami* Until 1:48PM	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Anchorage, AK Sun 23 Sutra 236	
Meena Rasi: 15.26	Tithi 10 – 11	Gulika 10:37AM – 11:21AM	Uttaraproshtapada Until 8:27AM	Ganesha: White	<i>Sunrise:</i> 9:53AM		Vikarin 5121
		Yama 2:17PM – 3:01PM	Vyatipata* Until 2:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 3:45PM		Moon 11 - Phase 33
		711513465 Rahu 12:05PM – 12:49PM	Vanija Until 5:07AM Sat	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dashami Until 4:05PM	Moon – Clear		Subha Sivaloka Day	
				Margasira-Karttikai			

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK Sun 24 Sutra 237	
Meena Rasi: 27.29	Tithi 11 – 12	Gulika 9:55AM – 10:39AM	Revati Until 10:46AM	Ganesha: White	<i>Sunrise:</i> 9:55AM		Vikarin 5121
		Yama 1:33PM – 2:17PM	Variyan Until 2:43AM Sun	Muruqa: Purple	<i>Sunset:</i> 3:44PM		Moon 11 - Phase 33
		711513465 Rahu 11:22AM – 12:06PM	Bava Until 6:47AM Sun	Nataraja: Clear			4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 5:59PM	Moon – Clear		Subha Sivaloka Day	
Until 10:46AM		Gita Jayanthi		Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau		Anchorage, AK Sun 25 Sutra 238	
Mesha Rasi: 9.43	Tithi 12	Gulika 2:16PM – 3:00PM	Ashvini Until 12:59PM	Ganesha: Clear	<i>Sunrise:</i> 9:57AM		Vikarin 5121
		Yama 12:50PM – 1:33PM	Parigha* Until 2:31AM Mon	Muruqa: Purple	<i>Sunset:</i> 3:43PM		Moon 11 - Phase 33
		721513465 Rahu 3:00PM – 3:43PM	Bava Until 6:47AM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:24PM	Moon – White		Sivaloka Day	
Until 12:59PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau		Anchorage, AK Sun 26 Sutra 239	
Mesha Rasi: 22.11	Tithi 13	Gulika 1:33PM – 2:16PM	Bharani Until 2:30PM	Ganesha: Clear	<i>Sunrise:</i> 9:58AM		Vikarin 5121
Family Home Evening		Yama 12:07PM – 12:50PM	Shiva Until 1:54AM Tue	Muruqa: Purple	<i>Sunset:</i> 3:42PM		Moon 11 - Phase 33
		721513465 Rahu 10:41AM – 11:24AM	Kaulava Until 7:55AM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:15PM	Moon – White		Sivaloka Day	
Until 2:30PM		Krittika Deepam		Margasira-Karttikai			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau		Anchorage, AK Sun 27 Sutra 240	
Vrishabha Rasi: 4.54	Tithi 14	Gulika 12:51PM – 1:33PM	Krittika Until 3:18PM	Ganesha: Clear	<i>Sunrise:</i> 10:00AM		Vikarin 5121
		Yama 11:25AM – 12:08PM	Siddha Until 12:49AM Wed	Muruqa: Purple	<i>Sunset:</i> 3:42PM		Moon 11 - Phase 33
		721513465 Rahu 2:16PM – 2:59PM	Gara Until 8:29AM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:31PM	Moon – White		Sivaloka Day	Tour Day
Until 3:18PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Anchorage, AK Sutra 241	
Copper Retreat Star		Gulika 12:09PM – 12:51PM	Rohini Until 3:52PM	Ganesha: Purple	<i>Sunrise:</i> 10:01AM		Vikarin 5121
Vrishabha Rasi: 17.53	Tithi 15	Yama 10:44AM – 11:26AM	Sadhya Until 11:20PM	Muruqa: Clear	<i>Sunset:</i> 3:41PM		Moon 11 - Phase 33
		731523465 Rahu 12:51PM – 1:34PM	Visti Until 8:28AM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:14PM	Moon – Yellow		Sivaloka Day	
				Margasira-Karttikai			

Thursday, December 12, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Anchorage, AK Sutra 242	
Mithuna Rasi: 1.1	Tithi 16	Gulika 11:27AM – 12:10PM	Mrigashira Until 3:48PM	Ganesha: Clear	<i>Sunrise:</i> 10:03AM		Vikarin 5121
		Yama 10:03AM – 10:45AM	Subha Until 9:28PM	Muruqa: Clear	<i>Sunset:</i> 3:41PM		Moon 11 - Phase 33
		732523465 Rahu 1:34PM – 2:16PM	Balava Until 7:55AM	Nataraja: Clear			Prathama
Routine Work	Marana Yoga		Prathama* Until 7:27PM	Moon – Yellow		Devaloka Day	
				Margasira-Karttikai			
		Vinayaga Viratam Begins					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK

Sun 1 Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 14.41 Tithi 17

732523465

Gulika 10:46AM – 11:28AM
Yama 2:16PM – 2:58PM
Rahu 12:10PM – 12:52PM

Ardra Until 3:09PM
Sukla Until 7:15PM
Taitila Until 6:56AM
Dvitiya Until 6:16PM

Ganesha: Clear *Sunrise: 10:04AM*
Muruqa: Clear *Sunset: 3:40PM*
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visti/Bava Karana Triliya/Chaturthyam Titau

Anchorage, AK

Sun 2 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 28.26 Tithi 18 – 19

742523465

Gulika 10:06AM – 10:47AM
Yama 1:35PM – 2:16PM
Rahu 11:29AM – 12:11PM

Punarvasu Until 2:29PM
Brahma Until 4:49PM
Bava Until 3:55AM Sun
Tritiya Until 4:45PM

Ganesha: Purple *Sunrise: 10:06AM*
Muruqa: Clear *Sunset: 3:40PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 12.2 Tithi 19 – 20

742523465

Gulika 2:16PM – 2:58PM
Yama 12:53PM – 1:35PM
Rahu 2:58PM – 3:40PM

Pushya Until 1:25PM
Indra Until 2:11PM
Kaulava Until 2:04AM Mon
Chaturthi* Until 3:00PM

Ganesha: Purple *Sunrise: 10:07AM*
Muruqa: Clear *Sunset: 3:40PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 26.22 Tithi 20 – 21

842523465

Gulika 1:35PM – 2:17PM
Yama 12:12PM – 12:54PM
Rahu 10:49AM – 11:31AM

Ashlesha* Until 12:02PM
Vaidhrili* Until 11:24AM
Gara Until 12:06AM Tue
Panchami Until 1:04PM

Ganesha: Clear *Sunrise: 10:08AM*
Muruqa: Clear *Sunset: 3:40PM*
Nataraja: Clear
Moon – Blue
Margasira-Markali

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 12:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 10.28 Tithi 21 – 22

852523465

Gulika 12:54PM – 1:36PM
Yama 11:32AM – 12:13PM
Rahu 2:17PM – 2:58PM

Magha* Until 10:50AM
Vishkambha* Until 8:33AM
Visti Until 10:02PM
Shashthi* Until 11:03AM

Ganesha: Purple *Sunrise: 10:09AM*
Muruqa: Clear *Sunset: 3:40PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 24.37 Tithi 22 – 23

852523465

Gulika 12:14PM – 12:55PM
Yama 10:51AM – 11:32AM
Rahu 12:55PM – 1:36PM

Purvaphalguni Until 9:27AM
Ayushman Until 2:44AM Thu
Balava Until 7:57PM
Saptami Until 8:59AM

Ganesha: Purple *Sunrise: 10:10AM*
Muruqa: Clear *Sunset: 3:40PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Anchorage, AK

Sun 7 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 8.47 Tithi 23 – 24

852523465

Gulika 11:33AM – 12:14PM
Yama 10:11AM – 10:52AM
Rahu 1:36PM – 2:18PM

Uttaraphalguni Until 7:55AM
Saubhagya Until 11:50PM
Gara Until 4:50AM Fri
Ashtami* Until 6:54AM

Ganesha: Purple *Sunrise: 10:11AM*
Muruqa: Clear *Sunset: 3:40PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Amrita Yoga
Until 7:55AM
Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Anchorage, AK Sun 8 Sutra 250	
Kanya Rasi: 22.55	Tithi 25	862523465	Gulika 10:52AM – 11:34AM Yama 2:18PM – 2:59PM Rahu 12:15PM – 12:56PM	Hasta Until 6:41AM Sobhana Until 8:59PM Vanija Until 3:51PM Dashami Until 2:51AM Sat	Ganesha: Clear <i>Sunrise: 10:11AM</i> Muruqa: Clear <i>Sunset: 3:40PM</i> Nataraja: Clear Moon – Green	Devaloka Day Margasira*Markali	
Creative Work Amrita Yoga Until 6:41AM Then Creative Work - Siddha Yoga							
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Anchorage, AK Sun 9 Sutra 251	
Tula Rasi: 7.01	Tithi 26	862523465	Gulika 10:12AM – 10:53AM Yama 1:37PM – 2:19PM Rahu 11:34AM – 12:15PM	Svati Until 4:03AM Sun Athiganda* Until 6:12PM Bava Until 1:54PM Ekadashi* Until 12:58AM Sun	Ganesha: Clear <i>Sunrise: 10:12AM</i> Muruqa: Clear <i>Sunset: 3:41PM</i> Nataraja: Clear Moon – Green	Devaloka Day Margasira*Markali	
Creative Work Siddha Yoga Until 4:03AM Sun Then Routine Work - Marana Yoga		Day 1 of Pancha Ganapati					
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Anchorage, AK Sun 10 Sutra 252	
Tula Rasi: 21.02	Tithi 27	872523465	Gulika 2:19PM – 3:00PM Yama 12:57PM – 1:38PM Rahu 3:00PM – 3:41PM	Vishakha Until 3:13AM Mon Sukarma Until 3:33PM Kaulava Until 12:07PM Dvadashi* Until 11:17PM	Ganesha: White <i>Sunrise: 10:12AM</i> Muruqa: Clear <i>Sunset: 3:41PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 3:13AM Mon Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati					
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Anchorage, AK Sun 11 Sutra 253	
Vrischika Rasi: 4.55	Tithi 28	872523465	Gulika 1:39PM – 2:20PM Yama 12:16PM – 12:57PM Rahu 10:54AM – 11:35AM	Anuradha Until 2:31AM Tue Dhriti Until 1:07PM Gara Until 10:34AM Trayodashi* Until 9:52PM	Ganesha: White <i>Sunrise: 10:13AM</i> Muruqa: Clear <i>Sunset: 3:42PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Family Home Evening Creative Work Siddha Yoga Until 2:31AM Tue Then Routine Work - Marana Yoga		Day 3 of Pancha Ganapati		Pradosha Vrata (Fasting)			
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 254	
Vrischika Rasi: 18.38	Tithi 29	872523465	Gulika 12:58PM – 1:39PM Yama 11:35AM – 12:17PM Rahu 2:20PM – 3:02PM	Jyeshtha* Until 2:02AM Wed Shula* Until 10:54AM Visti* Until 9:19AM Chaturdashi* Until 8:49PM	Ganesha: White <i>Sunrise: 10:13AM</i> Muruqa: Clear <i>Sunset: 3:43PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga		Day 4 of Pancha Ganapati					
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 255	
Dhanus Rasi: 2.07	Tithi 30	883523465	Gulika 12:17PM – 12:58PM Yama 10:55AM – 11:36AM Rahu 12:58PM – 1:40PM	Mula* Until 2:19AM Thu Ganda* Until 9:02AM Catuspada Until 8:29AM Amavasya* Until 8:14PM	Ganesha: Orange <i>Sunrise: 10:13AM</i> Muruqa: Clear <i>Sunset: 3:44PM</i> Nataraja: Clear Moon – Light Blue	Devaloka Day Margasira*Markali	
Routine Work Marana Yoga Until 2:19AM Thu Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Anchorage, AK Sun 14 Sutra 256	
Dhanus Rasi: 15.2	Tithi 1	883523466	Gulika 11:36AM – 12:18PM Yama 10:13AM – 10:55AM Rahu 1:40PM – 2:22PM	Purvashadha* Until 2:59AM Fri Vridhhi Until 7:34AM Kintughna Until 8:09AM Prathama* Until 8:10PM	Ganesha: Orange <i>Sunrise: 10:13AM</i> Muruqa: Clear <i>Sunset: 3:45PM</i> Nataraja: Orange Moon – Light Blue	Devaloka Day Pausha*Markali	
Creative Work Siddha Yoga Until 2:59AM Fri Then Routine Work - Marana Yoga		Annular Solar Eclipse					

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Anchorage, AK Sun 15 Sutra 257 Vikarin 5121	
Dhanus Rasi: 28.16	Tithi 2	Gulika 10:55AM – 11:36AM	Uttarashadha Until 4:04AM Sat	Ganesha: Orange	<i>Sunrise:</i> 10:13AM				
		Yama 2:23PM – 3:04PM	Dhruva Until 6:31AM	Muruqa: Clear	<i>Sunset:</i> 3:46PM			Moon 12 - Phase 36	3rd Phase
		883523466 Rahu 12:18PM – 12:59PM	Balava Until 8:22AM	Nataraja: Orange					
Routine Work	Marana Yoga		Dvitiya Until 8:42PM	Moon – Light Blue				Devaloka Day	
Until 4:04AM Sat				Pausha-Markali					
Then Creative Work - Siddha Yoga									

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Anchorage, AK Sun 16 Sutra 258 Vikarin 5121	
Makara Rasi: 10.55	Tithi 3	Gulika 10:13AM – 10:55AM	Shravana Until 6:02AM Sun	Ganesha: Clear	<i>Sunrise:</i> 10:13AM				
		Yama 1:42PM – 2:23PM	Harshana Until 5:48AM Sun	Muruqa: Clear	<i>Sunset:</i> 3:47PM			Moon 12 - Phase 36	3rd Phase
		893523466 Rahu 11:37AM – 12:18PM	Taitila Until 9:12AM	Nataraja: Orange					
Creative Work	Siddha Yoga		Tritiya Until 9:49PM	Moon – Purple				Devaloka Day	
Until 6:02AM Sun				Pausha-Markali					
Then Routine Work - Marana Yoga									

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturhyam Titau				Anchorage, AK Sun 17 Sutra 259 Vikarin 5121	
Makara Rasi: 23.19	Tithi 4	Gulika 2:24PM – 3:06PM	Shravana Until 6:02AM	Ganesha: Clear	<i>Sunrise:</i> 10:13AM				
		Yama 1:00PM – 1:42PM	Vajra* Until 6:03AM Mon	Muruqa: Clear	<i>Sunset:</i> 3:48PM			Moon 12 - Phase 36	3rd Phase
		893523466 Rahu 3:06PM – 3:48PM	Vanija Until 10:37AM	Nataraja: Orange					
Creative Work	Amrita Yoga		Chaturthi* Until 11:29PM	Moon – Purple				Devaloka Day	
Until 6:02AM				Pausha-Markali					
Then Routine Work - Marana Yoga									

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK Sun 18 Sutra 260 Vikarin 5121	
Kumbha Rasi: 5.29	Tithi 5	Gulika 1:43PM – 2:25PM	Dhanishtha Until 8:20AM	Ganesha: Clear	<i>Sunrise:</i> 10:13AM				
		Yama 12:19PM – 1:01PM	Vajra* Until 6:03AM	Muruqa: Clear	<i>Sunset:</i> 3:49PM			Moon 12 - Phase 36	3rd Phase
		893523466 Rahu 10:55AM – 11:37AM	Bava Until 12:31PM	Nataraja: Orange					
Family Home Evening			Panchami Until 1:36AM Tue	Moon – Purple				Devaloka Day	
Creative Work	Siddha Yoga			Pausha-Markali					

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK Sun 19 Sutra 261 Vikarin 5121	
Kumbha Rasi: 17.3	Tithi 6	Gulika 1:02PM – 1:44PM	Shatabhishak Until 10:50AM	Ganesha: Clear	<i>Sunrise:</i> 10:12AM				
		Yama 11:37AM – 12:19PM	Siddhi Until 6:36AM	Muruqa: Clear	<i>Sunset:</i> 3:51PM			Moon 12 - Phase 36	3rd Phase
		893523466 Rahu 2:26PM – 3:08PM	Kaulava Until 2:48PM	Nataraja: Orange					
Routine Work	Marana Yoga		Shashthi* Until 4:01AM Wed	Moon – Purple				Devaloka Day	
				Pausha-Markali					

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Saptamyam Titau				Anchorage, AK Sun 20 Sutra 262 Vikarin 5121	
Kumbha Rasi: 29.25	Tithi 7	Gulika 12:20PM – 1:02PM	Purvaproshtapada* Until 1:54PM	Ganesha: Blue	<i>Sunrise:</i> 10:11AM				
		Yama 10:54AM – 11:37AM	Vyatipata* Until 7:21AM	Muruqa: Clear	<i>Sunset:</i> 3:54PM			Moon 12 - Phase 36	3rd Phase
		813623466 Rahu 1:02PM – 1:45PM	Gara Until 5:17PM	Nataraja: Orange					
Creative Work	Amrita Yoga		Saptami Until 6:31AM Thu	Moon – Clear				Bhuloka Day	
Until 1:54PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends							

☾		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Anchorage, AK Sun 21 Sutra 263 Vikarin 5121	
Retreat Star		Gulika 11:37AM – 12:20PM	Uttaraproshtapada Until 4:48PM	Ganesha: Blue	<i>Sunrise:</i> 10:10AM				
Meena Rasi: 11.18	Tithi 7 – 8	Yama 10:10AM – 10:54AM	Variyan Until 8:08AM	Muruqa: Clear	<i>Sunset:</i> 3:56PM			Moon 12 - Phase 36	Ashtami
		813623466 Rahu 1:46PM – 2:29PM	Visti Until 7:46PM	Nataraja: Orange					
Creative Work	Siddha Yoga		Saptami Until 6:31AM	Moon – Clear				Bhuloka Day	
				Pausha-Markali				Devaloka Time: 3:PM to 6:PM	

☾		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 22 Sutra 264 Vikarin 5121	
Retreat Star		Gulika 10:53AM – 11:37AM	Revati Until 7:23PM	Ganesha: Blue	<i>Sunrise:</i> 10:10AM				
Meena Rasi: 23.13	Tithi 8 – 9	Yama 2:30PM – 3:14PM	Parigha* Until 8:51AM	Muruqa: Clear	<i>Sunset:</i> 3:57PM			Moon 12 - Phase 36	Navami
		813623466 Rahu 12:20PM – 1:03PM	Balava Until 10:02PM	Nataraja: Orange					
Creative Work	Siddha Yoga		Ashtami* Until 8:55AM	Moon – Clear				Bhuloka Day	
Until 7:23PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga									

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Anchorage, AK
	Mesha Rasi: 5.15	Tithi 9 – 10	823623466	Gulika 10:09AM – 10:53AM Yama 1:48PM – 2:31PM Rahu 11:36AM – 12:20PM	Ashvini Until 9:54PM Shiva Until 9:21AM Taitila Until 11:54PM Navami* Until 11:01AM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali	Sun 23 Sutra 265 Vikarin 5121 Moon 12 - Phase 37 4th Phase Devaloka Day
	Creative Work	Siddha Yoga					

2	Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Mesha Rasi: 17.28	Tithi 10 – 11	823623466	Gulika 2:33PM – 3:17PM Yama 1:04PM – 1:49PM Rahu 3:17PM – 4:01PM	Bharani Until 11:44PM Siddha Until 9:27AM Vanija Until 1:11AM Mon Dashami Until 12:36PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali	Sun 24 Sutra 266 Vikarin 5121 Moon 12 - Phase 37 4th Phase Devaloka Day
	Routine Work	Prabalarishta Yoga					
	Until 11:44PM	Then Creative Work - Siddha Yoga		Subramuniyaswami Jayanti			

3	Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK
	Mesha Rasi: 29.56	Tithi 11 – 12	823623466	Gulika 1:49PM – 2:34PM Yama 12:20PM – 1:05PM Rahu 10:51AM – 11:36AM	Krittika Until 12:45AM Tue Sadhya Until 9:06AM Bava Until 1:47AM Tue Ekadashi Until 1:33PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali	Sun 25 Sutra 267 Vikarin 5121 Moon 12 - Phase 37 4th Phase Devaloka Day
	Family Home Evening	Marana Yoga					
	Until 12:45AM Tue	Then Creative Work - Amrita Yoga					

4	Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK
	Virshabha Rasi: 12.44	Tithi 12 – 13	833623466	Gulika 1:05PM – 1:50PM Yama 11:35AM – 12:20PM Rahu 2:35PM – 3:20PM	Rohini Until 1:22AM Wed Subha Until 8:13AM Kaulava Until 1:38AM Wed Dvadashi Until 1:47PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali	Sun 26 Sutra 268 Vikarin 5121 Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga					
	Until 1:22AM Wed	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

5	Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK
	Virshabha Rasi: 25.53	Tithi 13 – 14	833623466	Gulika 12:20PM – 1:06PM Yama 10:50AM – 11:35AM Rahu 1:06PM – 1:51PM	Mrigashira Until 1:09AM Thu Sukla Until 6:44AM Gara Until 12:48AM Thu Trayodashi Until 1:17PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali	Sun 27 Sutra 269 Vikarin 5121 Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					
	Until 1:09AM Thu	Then Routine Work - Marana Yoga					

○	Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK
	Copper Retreat Star		834623466	Gulika 11:35AM – 12:20PM Yama 10:03AM – 10:49AM Rahu 1:52PM – 2:38PM	Ardra Until 12:10AM Fri Indra Until 2:16AM Fri Visti Until 11:19PM Chaturdashi* Until 12:07PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali	Sun 27 Sutra 270 Vikarin 5121 Moon 12 - Phase 37 Purnima Devaloka Day
	Routine Work	Marana Yoga		Ardra Darshanam			
	Until 12:10AM Fri	Then Creative Work - Siddha Yoga					

○	Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK
	Silver Retreat Star		844623466	Gulika 10:48AM – 11:34AM Yama 2:39PM – 3:25PM Rahu 12:20PM – 1:07PM	Punarvasu Until 10:59PM Vaidhriti* Until 11:22PM Balava Until 9:20PM Purnima* Until 10:22AM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue Pausha-Markali	Sun 27 Sutra 271 Vikarin 5121 Moon 12 - Phase 37 Prathama Sivaloka Day
	Creative Work	Siddha Yoga		Penumbra Lunar Eclipse			
	Until 10:59PM	Then Routine Work - Marana Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Saturday, January 11, 2020
Gold Retreat Star

Kataka Rasi: 7.3 Tithi 16 – 17

844623466

Gulika 10:00AM – 10:47AM
Yama 1:54PM – 2:40PM
Rahu 11:34AM – 12:20PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pushya Until 9:17PM
Vishkambha* Until 8:12PM
Taitila Until 6:58PM
Prathama* Until 8:10AM

Ganesha: White *Sunrise:* 10:00AM
Muruqa: Clear *Sunset:* 4:14PM
Nataraja: Orange
Moon – Blue
Pausha-Markali

Anchorage, AK
Sutra 272
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Creative Work Siddha Yoga
Until 9:17PM
Then Routine Work - Marana Yoga

Sivaloka Day

1

Sunday, January 12, 2020

Kataka Rasi: 21.55 Tithi 18

844623466

Gulika 2:42PM – 3:29PM
Yama 1:07PM – 1:55PM
Rahu 3:29PM – 4:16PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Ashlesha* Until 7:13PM
Priti Until 4:51PM
Vanija Until 4:21PM
Tritiya Until 2:59AM Mon

Ganesha: White *Sunrise:* 9:59AM
Muruqa: Clear *Sunset:* 4:16PM
Nataraja: Orange
Moon – Blue
Pausha-Markali

Anchorage, AK
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Creative Work Siddha Yoga
Until 7:13PM
Then Routine Work - Marana Yoga

Sivaloka Day

2

Monday, January 13, 2020

Simha Rasi: 6.26 Tithi 19

854623466

Gulika 1:55PM – 2:43PM
Yama 12:20PM – 1:08PM
Rahu 10:45AM – 11:32AM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau

Magha* Until 5:21PM
Ayushman Until 1:24PM
Bava Until 1:39PM
Chaturthi* Until 12:16AM Tue

Ganesha: Clear *Sunrise:* 9:57AM
Muruqa: Clear *Sunset:* 4:18PM
Nataraja: Orange
Moon – Red
Pausha-Markali

Anchorage, AK
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 5:21PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Tuesday, January 14, 2020

Simha Rasi: 20.59 Tithi 20

854623466

Gulika 1:08PM – 1:56PM
Yama 11:32AM – 12:20PM
Rahu 2:44PM – 3:33PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Purvaphalguni Until 3:23PM
Saubhagya Until 9:58AM
Kaulava Until 10:57AM
Panchami Until 9:38PM

Ganesha: Clear *Sunrise:* 9:56AM
Muruqa: Clear *Sunset:* 4:21PM
Nataraja: Orange
Moon – Red
Pausha-Thai

Anchorage, AK
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Creative Work Siddha Yoga
Until 3:23PM
Then Creative Work - Amrita Yoga

Devaloka Day

Tour Day

4

Wednesday, January 15, 2020

Kanya Rasi: 5.27 Tithi 21

854623466

Gulika 12:20PM – 1:08PM
Yama 10:42AM – 11:31AM
Rahu 1:08PM – 1:57PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Uttaraphalguni Until 1:26PM
Sobhana Until 6:40AM
Gara Until 8:24AM
Shashthi* Until 7:11PM

Ganesha: Clear *Sunrise:* 9:54AM
Muruqa: Clear *Sunset:* 4:23PM
Nataraja: Orange
Moon – Red
Pausha-Thai

Anchorage, AK
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Creative Work Amrita Yoga
Until 1:26PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Thursday, January 16, 2020

Kanya Rasi: 19.46 Tithi 22 – 23

864623466

Gulika 11:30AM – 12:20PM
Yama 9:52AM – 10:41AM
Rahu 1:58PM – 2:47PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Hasta Until 12:00PM
Sukarma Until 12:35AM Fri
Visti Until 6:04AM
Saptami Until 4:59PM

Ganesha: Purple *Sunrise:* 9:52AM
Muruqa: Clear *Sunset:* 4:26PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Anchorage, AK
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Routine Work Marana Yoga
Until 12:00PM
Then Creative Work - Siddha Yoga

Sivaloka Day

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Friday, January 17, 2020

Retreat Star

Tula Rasi: 3.54 Tithi 23 – 24

864623466

Gulika 10:40AM – 11:30AM
Yama 2:49PM – 3:38PM
Rahu 12:19PM – 1:09PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chitra Until 10:43AM
Dhriti Until 9:56PM
Taitila Until 2:19AM Sat
Ashtami* Until 3:06PM

Ganesha: Purple *Sunrise:* 9:50AM
Muruqa: Clear *Sunset:* 4:28PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Anchorage, AK
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 17.49 Tithi 24 – 25

864623466

Gulika 9:48AM – 10:39AM
Yama 2:00PM – 2:50PM
Rahu 11:29AM – 12:19PM

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Svati Until 9:39AM
Shula* Until 7:33PM
Vanija Until 12:58AM Sun
Navami* Until 1:35PM

Ganesha: Purple *Sunrise:* 9:48AM
Muruqa: Clear *Sunset:* 4:31PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Anchorage, AK
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Creative Work Siddha Yoga

Sivaloka Day

1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Wrischika Rasi: 1.3	Tithi 25 – 26	874623466	Gulika 2:52PM – 3:42PM	Vishakha Until 9:14AM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange	Sun 8 Sutra 280 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Routine Work	Marana Yoga		Yama 1:10PM – 2:01PM	Ganda* Until 5:30PM	Sunrise: 9:46AM Sunset: 4:33PM	
				Rahu 3:42PM – 4:33PM	Bava Until 12:01AM Mon	Pausha*Thai	Devaloka Day
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2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK
	Wrischika Rasi: 14.58	Tithi 26 – 27	874623466	Gulika 2:02PM – 2:53PM	Anuradha Until 9:02AM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange	Sun 9 Sutra 281 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Family Home Evening			Yama 12:19PM – 1:10PM	Vridhi Until 3:45PM	Sunrise: 9:44AM Sunset: 4:36PM	
	Creative Work	Siddha Yoga		Rahu 10:36AM – 11:27AM	Kaulava Until 11:27PM	Pausha*Thai	Devaloka Day
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3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK
	Wrischika Rasi: 28.13	Tithi 27 – 28	875623466	Gulika 1:10PM – 2:02PM	Jyeshtha* Until 9:05AM	Ganesha: Purple Muruqa: Clear Nataraja: Orange Moon – Orange	Sun 10 Sutra 282 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Routine Work	Marana Yoga		Yama 11:26AM – 12:18PM	Dhruva Until 2:17PM	Sunrise: 9:42AM Sunset: 4:38PM	
	Until 9:05AM			Rahu 2:54PM – 3:46PM	Gara Until 11:18PM	Pausha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
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<i>Pradosha Vrata (Fasting)</i>							

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK
	Dhanus Rasi: 11.15	Tithi 28 – 29	885623466	Gulika 12:18PM – 1:11PM	Mula* Until 9:51AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sun 11 Sutra 283 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Routine Work	Marana Yoga		Yama 10:33AM – 11:25AM	Vyaghata* Until 1:10PM	Sunrise: 9:40AM Sunset: 4:41PM	
	Until 9:51AM			Rahu 1:11PM – 2:03PM	Visti Until 11:34PM	Pausha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
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●	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anchorage, AK
	Retreat Star			Gulika 11:24AM – 12:18PM	Purvashadha* Until 10:51AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sun 12 Sutra 284 Vikarin 5121 Moon 1 - Phase 39 Amavasya
	Dhanus Rasi: 24.05	Tithi 29 – 30	885623466	Yama 9:38AM – 10:31AM	Harshana Until 12:23PM	Sunrise: 9:38AM Sunset: 4:44PM	
	Creative Work	Siddha Yoga		Rahu 2:04PM – 2:57PM	Catuspada Until 12:15AM Fri	Pausha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
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●	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK
	Retreat Star			Gulika 10:30AM – 11:23AM	Uttarashadha Until 12:07PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sun 13 Sutra 285 Vikarin 5121 Moon 1 - Phase 39 Prathama
	Makara Rasi: 6.43	Tithi 30 – 1	885623466	Yama 2:59PM – 3:53PM	Vajra* Until 11:54AM	Sunrise: 9:36AM Sunset: 4:46PM	
	Routine Work	Marana Yoga		Rahu 12:17PM – 1:11PM	Kintughna Until 1:23AM Sat	Magha*Thai	Bhuloka Day Devaloka Time: 3:PM to 6:PM
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From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Anchorage, AK Sun 14 Sutra 286	
Makara Rasi: 19.09	Tithi 1 – 2	Gulika 9:34AM – 10:28AM	Shravana Until 2:08PM	Ganesha: Light Blue	<i>Sunrise:</i> 9:34AM		Vikarin 5121	
		Yama 2:06PM – 3:00PM	Siddhi Until 11:46AM	Muruqa: Clear	<i>Sunset:</i> 4:49PM		Moon 1 - Phase 40	
995623466		Rahu 11:22AM – 12:17PM	Balava Until 2:56AM Sun	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Prathama* Until 2:05PM	Moon – Purple				Bhuloka Day
				Magha*Thai				Devaloka Time: 3:PM to 6:PM
2		Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Anchorage, AK Sun 15 Sutra 287	
Kumbha Rasi: 1.25	Tithi 2 – 3	Gulika 3:02PM – 3:57PM	Dhanishtha Until 4:21PM	Ganesha: Orange	<i>Sunrise:</i> 9:31AM		Vikarin 5121	
		Yama 1:12PM – 2:07PM	Vyatipata* Until 11:57AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM		Moon 1 - Phase 40	
995723466		Rahu 3:57PM – 4:52PM	Taitila Until 4:52AM Mon	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 3:50PM	Moon – Purple				Devaloka Day
Until 4:21PM				Magha*Thai				
Then Creative Work - Siddha Yoga								
3		Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Anchorage, AK Sun 16 Sutra 288	
Kumbha Rasi: 13.31	Tithi 3 – 4	Gulika 2:07PM – 3:03PM	Shatabhishak Until 6:45PM	Ganesha: Orange	<i>Sunrise:</i> 9:29AM		Vikarin 5121	
Family Home Evening		Yama 12:16PM – 1:12PM	Variyan Until 12:23PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM		Moon 1 - Phase 40	
995723466		Rahu 10:25AM – 11:20AM	Vanija Until 7:06AM Tue	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 5:56PM	Moon – Purple				Devaloka Day
Until 6:45PM				Magha*Thai				
Then Routine Work - Marana Yoga								
4		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau			Anchorage, AK Sun 17 Sutra 289	
Kumbha Rasi: 25.31	Tithi 4	Gulika 1:12PM – 2:08PM	Purvaproshtapada* Until 9:44PM	Ganesha: Green	<i>Sunrise:</i> 9:26AM		Vikarin 5121	
		Yama 11:19AM – 12:16PM	Parigha* Until 1:02PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM		Moon 1 - Phase 40	
915723466		Rahu 3:05PM – 4:01PM	Vanija Until 7:06AM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 8:18PM	Moon – Clear				Sivaloka Day
Until 9:44PM				Magha*Thai				
Then Creative Work - Amrita Yoga								
5		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Anchorage, AK Sun 18 Sutra 290	
Meena Rasi: 7.25	Tithi 5	Gulika 12:15PM – 1:12PM	Uttaraproshtapada Until 12:41AM Thu	Ganesha: Green	<i>Sunrise:</i> 9:24AM		Vikarin 5121	
		Yama 10:21AM – 11:18AM	Shiva Until 1:51PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM		Moon 1 - Phase 40	
915723466		Rahu 1:12PM – 2:09PM	Bava Until 9:34AM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 10:49PM	Moon – Clear				Sivaloka Day
				Magha*Thai				
6		Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau			Anchorage, AK Sun 19 Sutra 291	
Meena Rasi: 19.17	Tithi 6	Gulika 11:17AM – 12:15PM	Revati Until 3:26AM Fri	Ganesha: Orange	<i>Sunrise:</i> 9:22AM		Vikarin 5121	
		Yama 9:22AM – 10:19AM	Siddha Until 2:40PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM		Moon 1 - Phase 40	
916723466		Rahu 2:10PM – 3:08PM	Kaulava Until 12:06PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 1:19AM Fri	Moon – Clear				Devaloka Day
Until 3:26AM Fri				Magha*Thai				
Then Creative Work - Amrita Yoga								
Retreat Star		Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau			Anchorage, AK Sun 20 Sutra 292	
Mesha Rasi: 1.11	Tithi 7	Gulika 10:17AM – 11:16AM	Ashvini Until 6:20AM Sat	Ganesha: Green	<i>Sunrise:</i> 9:19AM		Vikarin 5121	
		Yama 3:09PM – 4:07PM	Sadhya Until 3:25PM	Muruqa: Clear	<i>Sunset:</i> 5:06PM		Moon 1 - Phase 40	
926723466		Rahu 12:14PM – 1:12PM	Gara Until 2:32PM	Nataraja: Orange			3rd Phase	
Creative Work	Amrita Yoga		Saptami Until 3:38AM Sat	Moon – White				Bhuloka Day
Until 6:20AM Sat				Magha*Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								
Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau			Anchorage, AK Sun 21 Sutra 293	
Mesha Rasi: 13.09	Tithi 8	Gulika 9:19AM – 10:17AM	Ashvini Until 6:20AM	Ganesha: Green	<i>Sunrise:</i> 9:19AM		Vikarin 5121	
		Yama 2:11PM – 3:09PM	Subha Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 5:06PM		Moon 1 - Phase 40	
926723466		Rahu 11:16AM – 12:14PM	Visti Until 4:40PM	Nataraja: Orange			Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 5:32AM Sun	Moon – White				Bhuloka Day
				Magha*Thai				Devaloka Time: 3:PM to 6:PM
Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Balava Karana Navamyam Titau			Anchorage, AK Sun 22 Sutra 294	
Mesha Rasi: 25.18	Tithi 9	Gulika 3:11PM – 4:10PM	Bharani Until 8:39AM	Ganesha: Green	<i>Sunrise:</i> 9:17AM		Vikarin 5121	
		Yama 1:13PM – 2:12PM	Sukla Until 4:05PM	Muruqa: Clear	<i>Sunset:</i> 5:09PM		Moon 1 - Phase 40	
926723466		Rahu 4:10PM – 5:09PM	Balava Until 6:18PM	Nataraja: Orange			Navami	
Routine Work	Prabalarishta Yoga		Navami* Until 6:50AM Mon	Moon – White				Bhuloka Day
Until 8:39AM				Magha*Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Anchorage, AK Sun 23 Sutra 295
1		Gulika 2:12PM – 3:12PM	Krittika Until 10:12AM	Ganesha: Green	<i>Sunrise:</i> 9:14AM	Vikarin 5121
Vrishabha Rasi: 7.42	Tithi 9 – 10	Yama 12:13PM – 1:13PM	Brahma Until 3:42PM	Muruḡa: Clear	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 41
Family Home Evening	926723467	Rahu 10:14AM – 11:13AM	Taitila Until 7:13PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Navami* Until 6:50AM	Moon – White		
Until 10:12AM				Magha-Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 296
2		Gulika 1:13PM – 2:13PM	Rohini Until 11:20AM	Ganesha: Red	<i>Sunrise:</i> 9:11AM	Vikarin 5121
Vrishabha Rasi: 20.26	Tithi 10 – 11	Yama 11:12AM – 12:12PM	Indra Until 2:44PM	Muruḡa: Clear	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 41
936723467		Rahu 3:13PM – 4:14PM	Vanija Until 7:19PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Dashami Until 7:21AM	Moon – Yellow		
Until 11:20AM				Magha-Thai	Devaloka Day	
Then Creative Work - Siddha Yoga						

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau				Anchorage, AK Sun 25 Sutra 297
3		Gulika 12:12PM – 1:13PM	Mrigashira Until 11:29AM	Ganesha: Red	<i>Sunrise:</i> 9:09AM	Vikarin 5121
Mithuna Rasi: 3.35	Tithi 11 – 12	Yama 10:10AM – 11:11AM	Vaidhriti* Until 1:05PM	Muruḡa: Clear	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 41
936723467		Rahu 1:13PM – 2:14PM	Bava Until 6:35PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 7:02AM	Moon – Yellow		
				Magha-Thai	Devaloka Day	

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 298
4		Gulika 11:10AM – 12:11PM	Ardra Until 10:41AM	Ganesha: Red	<i>Sunrise:</i> 9:06AM	Vikarin 5121
Mithuna Rasi: 17.12	Tithi 13	Yama 9:06AM – 10:08AM	Vishkambha* Until 10:48AM	Muruḡa: Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 41
936723467		Rahu 2:15PM – 3:16PM	Kaulava Until 5:03PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Trayodashi Until 4:00AM Fri	Moon – Yellow		
Until 10:41AM				Magha-Thai	Devaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 299
5		Gulika 10:06AM – 11:08AM	Punarvasu Until 9:28AM	Ganesha: Blue	<i>Sunrise:</i> 9:04AM	Vikarin 5121
Kataka Rasi: 1.16	Tithi 14	Yama 3:18PM – 4:20PM	Priti Until 7:57AM	Muruḡa: Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 41
947723467		Rahu 12:11PM – 1:13PM	Gara Until 2:50PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 1:29AM Sat	Moon – Blue		
Until 9:28AM		Thai Pusam		Magha-Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Anchorage, AK Sutra 300
○	Copper Retreat Star	Gulika 9:01AM – 10:04AM	Pushya Until 7:31AM	Ganesha: Blue	<i>Sunrise:</i> 9:01AM	Vikarin 5121
Kataka Rasi: 15.44	Tithi 15	Yama 2:16PM – 3:19PM	Saubhagya Until 12:54AM Sun	Muruḡa: Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 41
947723467		Rahu 11:07AM – 12:10PM	Visti Until 12:03PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga			Purnima* Until 10:30PM	Moon – Blue		
Until 7:31AM				Magha-Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Anchorage, AK Sutra 301
○	Silver Retreat Star	Gulika 3:21PM – 4:24PM	Magha* Until 2:33AM Mon	Ganesha: Red	<i>Sunrise:</i> 8:58AM	Vikarin 5121
Simha Rasi: 0.31	Tithi 16	Yama 1:13PM – 2:17PM	Sobhana Until 8:59PM	Muruḡa: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 41
957723467		Rahu 4:24PM – 5:28PM	Balava Until 8:54AM	Nataraja: Clear		Prathama
Routine Work Marana Yoga			Prathama* Until 7:13PM	Moon – Red		
Until 2:33AM Mon				Magha-Thai	Devaloka Day	
Then Creative Work - Siddha Yoga						



Monday, February 10, 2020

Gold Retreat Star

Simha Rasi: 15.29 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:18PM - 3:22PM
Yama 12:09PM - 1:13PM
Rahu 10:00AM - 11:04AM

Purvaphalguni Until 11:52PM
Athiganda* Until 4:56PM
Vanija Until 2:06AM Tue
Dvitiya Until 3:47PM

Ganesha: Red Sunrise: 8:55AM
Muruga: Clear Sunset: 5:31PM
Nataraja: Clear
Moon - Red
Magha-Thai

Anchorage, AK Sun 1 Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

1

Tuesday, February 11, 2020

Kanya Rasi: 0.29 Tithi 18 - 19

Creative Work Amrita Yoga

Until 9:08PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:13PM - 2:18PM
Yama 11:03AM - 12:08PM
Rahu 3:23PM - 4:29PM

Uttaraphalguni Until 9:08PM
Sukarma Until 12:57PM
Bava Until 10:47PM
Tritiya Until 12:24PM

Ganesha: Red Sunrise: 8:53AM
Muruga: Clear Sunset: 5:34PM
Nataraja: Clear
Moon - Red
Magha-Thai

Anchorage, AK Sun 2 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 15.23 Tithi 19 - 20

Routine Work Marana Yoga

Until 6:56PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:07PM - 1:13PM
Yama 9:56AM - 11:01AM
Rahu 1:13PM - 2:19PM

Hasta Until 6:56PM
Dhriti Until 9:07AM
Kaulava Until 7:43PM
Chaturthi* Until 9:11AM

Ganesha: Green Sunrise: 8:50AM
Muruga: Clear Sunset: 5:36PM
Nataraja: Clear
Moon - Green
Magha-Thai

Anchorage, AK Sun 3 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Tula Rasi: 0.03 Tithi 20 - 21

Creative Work Siddha Yoga

Until 4:58PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Gulika 11:00AM - 12:07PM
Yama 8:47AM - 9:54AM
Rahu 2:20PM - 3:26PM

Chitra Until 4:58PM
Ganda* Until 2:20AM Fri
Vanija Until 3:53AM Fri
Panchami Until 6:19AM

Ganesha: White Sunrise: 8:47AM
Muruga: Clear Sunset: 5:39PM
Nataraja: Clear
Moon - Green
Magha-Masi

Anchorage, AK Sun 4 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 14.24 Tithi 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vriddhi Yoga Visti/Bava Karana Saptamyam Titau

Gulika 9:51AM - 10:59AM
Yama 3:28PM - 4:35PM
Rahu 12:06PM - 1:13PM

Svati Until 3:23PM
Vriddhi Until 11:35PM
Visti Until 2:54PM
Saptami Until 2:01AM Sat

Ganesha: White Sunrise: 8:44AM
Muruga: Clear Sunset: 5:42PM
Nataraja: Clear
Moon - Green
Magha-Masi

Anchorage, AK Sun 5 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Saturday, February 15, 2020

Retreat Star

Tula Rasi: 28.23 Tithi 23

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:41AM - 9:49AM
Yama 2:21PM - 3:29PM
Rahu 10:57AM - 12:05PM

Vishakha Until 2:39PM
Dhruva Until 9:17PM
Balava Until 1:19PM
Ashtami* Until 12:44AM Sun

Ganesha: Clear Sunrise: 8:41AM
Muruga: Clear Sunset: 5:45PM
Nataraja: Clear
Moon - Orange
Magha-Masi

Anchorage, AK Sun 6 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vrischika Rasi: 11.59 Tithi 24

Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:30PM - 4:39PM
Yama 1:13PM - 2:22PM
Rahu 4:39PM - 5:48PM

Anuradha Until 2:23PM
Vyaghata* Until 7:30PM
Taitila Until 12:22PM
Navami* Until 12:06AM Mon

Ganesha: Clear Sunrise: 8:38AM
Muruga: Clear Sunset: 5:48PM
Nataraja: Clear
Moon - Orange
Magha-Masi

Anchorage, AK Sun 7 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Monday, February 17, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Anchorage, AK Sun 8 Sutra 309 Vikarin 5121
1	Vrischika Rasi: 25.15 Family Home Evening Creative Work Siddha Yoga	Tithi 25 978723467	Gulika 2:22PM – 3:32PM Yama 12:04PM – 1:13PM Rahu 9:45AM – 10:54AM	Jyeshtha* Until 2:33PM Harshana Until 6:12PM Vanija Until 12:01PM Dashami Until 12:03AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Magha-Masi	Sunrise: 8:36AM Sunset: 5:50PM Moon 2 - Phase 43 2nd Phase Devaloka Day

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Anchorage, AK Sun 9 Sutra 310 Vikarin 5121
2	Dhanus Rasi: 8.13 Creative Work Amrita Yoga Until 3:36PM Then Creative Work - Siddha Yoga	Tithi 26 988723467	Gulika 1:13PM – 2:23PM Yama 10:53AM – 12:03PM Rahu 3:33PM – 4:43PM	Mula* Until 3:36PM Vajra* Until 5:19PM Bava Until 12:16PM Ekadashi* Until 12:34AM Wed	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 8:33AM Sunset: 5:53PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Dvodashyam Titau				Anchorage, AK Sun 10 Sutra 311 Vikarin 5121
3	Dhanus Rasi: 20.55 Creative Work Amrita Yoga	Tithi 27 988723467	Gulika 12:02PM – 1:13PM Yama 9:40AM – 10:51AM Rahu 1:13PM – 2:23PM	Purvashadha* Until 4:58PM Siddhi Until 4:49PM Kaulava Until 1:01PM Dvadashi* Until 1:32AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 8:30AM Sunset: 5:56PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, February 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Anchorage, AK Sun 11 Sutra 312 Vikarin 5121
4	Makara Rasi: 3.25 Routine Work Marana Yoga Until 6:35PM Then Creative Work - Siddha Yoga	Tithi 28 989823467	Gulika 10:50AM – 12:01PM Yama 8:27AM – 9:38AM Rahu 2:24PM – 3:36PM	Uttarashadha Until 6:35PM Vyatipata* Until 4:40PM Gara Until 2:12PM Trayodashi* Until 2:55AM Fri Pradosha Vrata (Fasting)	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 8:27AM Sunset: 5:58PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Friday, February 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Anchorage, AK Sun 12 Sutra 313 Vikarin 5121
5	Makara Rasi: 15.45 Routine Work Marana Yoga Until 8:52PM Then Creative Work - Siddha Yoga	Tithi 29 999823467	Gulika 9:36AM – 10:48AM Yama 3:37PM – 4:49PM Rahu 12:00PM – 1:13PM	Shravana Until 8:52PM Variyan Until 4:45PM Visti Until 3:45PM Chaturdashi* Until 4:37AM Sat	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 8:24AM Sunset: 6:01PM Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK Sun 13 Sutra 314 Vikarin 5121
Retreat Star	Makara Rasi: 27.57 Creative Work Siddha Yoga Until 11:16PM Then Creative Work - Amrita Yoga	Tithi 30 999823467	Gulika 8:21AM – 9:34AM Yama 2:25PM – 3:38PM Rahu 10:47AM – 12:00PM	Dhanishtha Until 11:16PM Parigha* Until 5:04PM Catuspada Until 5:36PM Amavasya* Until 6:36AM Sun	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 8:21AM Sunset: 6:04PM Moon 2 - Phase 43 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK Sun 14 Sutra 315 Vikarin 5121
Retreat Star	Kumbha Rasi: 10.02 Creative Work Siddha Yoga Until 1:43AM Mon Then Routine Work - Marana Yoga	Tithi 30 – 1 999823467	Gulika 3:39PM – 4:53PM Yama 1:12PM – 2:26PM Rahu 4:53PM – 6:07PM	Shatabhishak Until 1:43AM Mon Shiva Until 5:36PM Kintughna Until 7:42PM Amavasya* Until 6:36AM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Masi	Sunrise: 8:18AM Sunset: 6:07PM Moon 2 - Phase 43 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Anchorage, AK Sun 15 Sutra 316
1	Kumbha Rasi: 22.02 Tithi 1 – 2 Family Home Evening Routine Work Marana Yoga Until 4:41AM Tue Then Creative Work - Amrita Yoga	Gulika 2:26PM – 3:41PM Yama 11:58AM – 1:12PM Rahu 9:29AM – 10:43AM	Purvaproshtapada* Until 4:41AM Tue Siddha Until 6:15PM Balava Until 10:00PM Prathama* Until 8:48AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 8:15AM Sunset: 6:09PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Anchorage, AK Sun 16 Sutra 317
2	Meena Rasi: 3.59 Tithi 2 – 3 919823467 Creative Work Amrita Yoga Until 7:36AM Wed Then Routine Work - Marana Yoga	Gulika 1:12PM – 2:27PM Yama 10:42AM – 11:57AM Rahu 3:42PM – 4:57PM	Uttaraproshtapada Until 7:36AM Wed Sadhya Until 7:02PM Taitila Until 12:27AM Wed Dvitiya Until 11:11AM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 8:12AM Sunset: 6:12PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Anchorage, AK Sun 17 Sutra 318
3	Meena Rasi: 15.52 Tithi 3 – 4 919823467 Creative Work Siddha Yoga Until 7:36AM Then Routine Work - Marana Yoga	Gulika 11:56AM – 1:12PM Yama 9:25AM – 10:40AM Rahu 1:12PM – 2:28PM	Uttaraproshtapada Until 7:36AM Subha Until 7:55PM Vanija Until 2:58AM Thu Tritiya Until 1:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 8:09AM Sunset: 6:15PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK Sun 18 Sutra 319
4	Meena Rasi: 27.43 Tithi 4 – 5 919823467 Creative Work Siddha Yoga Until 10:25AM Then Creative Work - Amrita Yoga	Gulika 10:39AM – 11:55AM Yama 8:06AM – 9:22AM Rahu 2:28PM – 3:45PM	Revati Until 10:25AM Sukla Until 8:45PM Bava Until 5:27AM Fri Chaturthi* Until 4:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 8:06AM Sunset: 6:17PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Balava Karana Panchamyam Titau				Anchorage, AK Sun 19 Sutra 320
5	Mesha Rasi: 10 Tithi 5 921823467 Creative Work Amrita Yoga Until 1:29PM Then Creative Work - Siddha Yoga	Gulika 9:20AM – 10:37AM Yama 3:46PM – 5:03PM Rahu 11:54AM – 1:11PM	Ashvini Until 1:29PM Brahma Until 9:31PM Balava Until 6:37PM Panchami Until 6:37PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 8:03AM Sunset: 6:20PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK Sun 20 Sutra 321
6	Mesha Rasi: 21.33 Tithi 6 921823467 Creative Work Siddha Yoga Until 4:10PM Then Creative Work - Amrita Yoga	Gulika 8:00AM – 9:18AM Yama 2:29PM – 3:47PM Rahu 10:35AM – 11:53AM	Bharani Until 4:10PM Indra Until 10:05PM Kaulava Until 7:45AM Shashthi* Until 8:45PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 8:00AM Sunset: 6:23PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Anchorage, AK Sun 21 Sutra 322
Retreat Star		Gulika 3:49PM – 5:09PM Yama 1:11PM – 2:30PM Rahu 5:09PM – 6:28PM	Krittika Until 6:16PM Vaidhriti* Until 10:14PM Gara Until 9:41AM Saptami Until 10:25PM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White	Sunrise: 7:54AM Sunset: 6:28PM	Vikarin 5121 Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Anchorage, AK Sun 22 Sutra 323
Retreat Star		Gulika 2:31PM – 3:51PM Yama 11:51AM – 1:11PM Rahu 9:11AM – 10:31AM	Rohini Until 8:04PM Vishkambha* Until 9:54PM Visti Until 11:01AM Ashtami* Until 11:23PM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 7:51AM Sunset: 6:31PM	Vikarin 5121 Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Anchorage, AK Sun 23 Sutra 324
Retreat Star		Gulika 1:10PM – 2:31PM Yama 10:29AM – 11:50AM Rahu 3:52PM – 5:13PM	Mrigashira Until 8:55PM Priti Until 8:57PM Balava Until 11:36AM Navami* Until 11:33PM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 7:47AM Sunset: 6:33PM	Vikarin 5121 Moon 2 - Phase 44 Navami Devaloka Day


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 24 Sutra 325
	Mithuna Rasi: 11.38	Tithi 10	Gulika 11:49AM – 1:10PM	Ardra Until 8:47PM	Ganesha: Red	<i>Sunrise:</i> 7:44AM	Vikarin 5121
			Yama 9:06AM – 10:27AM	Ayushman Until 7:18PM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 45
	Creative Work	Siddha Yoga	131833467 Rahu 1:10PM – 2:32PM	Taitila Until 11:19AM	Nataraja: Clear		4th Phase
			Dashami Until 10:49PM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Anchorage, AK Sun 25 Sutra 326
	Mithuna Rasi: 25.09	Tithi 11	Gulika 10:26AM – 11:48AM	Punarvasu Until 8:05PM	Ganesha: Blue	<i>Sunrise:</i> 7:41AM	Vikarin 5121
			Yama 7:41AM – 9:03AM	Saubhagya Until 4:58PM	Muruqa: Orange	<i>Sunset:</i> 6:39PM	Moon 2 - Phase 45
	Creative Work	Amrita Yoga	141833467 Rahu 2:32PM – 3:54PM	Vanija Until 10:09AM	Nataraja: Clear		4th Phase
			Ekadashi Until 9:14PM	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashtyam Titau				Anchorage, AK Sun 26 Sutra 327
	Kataka Rasi: 9.1	Tithi 12	Gulika 9:01AM – 10:24AM	Pushya Until 6:29PM	Ganesha: Blue	<i>Sunrise:</i> 7:38AM	Vikarin 5121
			Yama 3:56PM – 5:18PM	Sobhana Until 2:00PM	Muruqa: Orange	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	141833467 Rahu 11:47AM – 1:10PM	Bava Until 8:10AM	Nataraja: Clear		4th Phase
			Dvadashti Until 6:53PM	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 328
	Kataka Rasi: 23.4	Tithi 13 – 14	Gulika 7:35AM – 8:59AM	Ashlesha* Until 4:07PM	Ganesha: Blue	<i>Sunrise:</i> 7:35AM	Vikarin 5121
			Yama 2:33PM – 3:57PM	Athiganda* Until 10:29AM	Muruqa: Orange	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	141833467 Rahu 10:22AM – 11:46AM	Gara Until 2:15AM Sun	Nataraja: Clear		4th Phase
Until 4:07PM			Trayodashi Until 3:54PM	Moon – Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>			

	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sun 28 Sutra 329
	Copper Retreat Star		Gulika 3:58PM – 5:22PM	Magha* Until 1:33PM	Ganesha: Yellow	<i>Sunrise:</i> 7:32AM	Vikarin 5121
	Simha Rasi: 8.34	Tithi 14 – 15	Yama 1:09PM – 2:34PM	Sukarma Until 6:34AM	Muruqa: Orange	<i>Sunset:</i> 6:47PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	151833467 Rahu 5:22PM – 6:47PM	Visti Until 10:38PM	Nataraja: Clear		Purnima
Until 1:33PM			Chaturdashi* Until 12:27PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam		Phalguna-Masi			
		Holi					

Monday, March 9, 2020	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sun 29 Sutra 330
	Simha Rasi: 23.44	Tithi 15 – 16	Gulika 2:34PM – 3:59PM	Purvaphalguni Until 10:34AM	Ganesha: White	<i>Sunrise:</i> 7:29AM	Vikarin 5121
	Family Home Evening		Yama 11:44AM – 1:09PM	Shula* Until 10:01PM	Muruqa: Orange	<i>Sunset:</i> 6:49PM	Moon 2 - Phase 45
	Creative Work	Siddha Yoga	152833467 Rahu 8:54AM – 10:19AM	Balava Until 6:49PM	Nataraja: Clear		Prathama
			Purnima* Until 8:43AM	Moon – Red		Sivaloka Day	
				Phalguna-Masi			



Tuesday, March 10, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Dvilyayam Titau

Anchorage, AK
Sutra 331

Kanya Rasi: 9.02 Tithi 17

152833467

Gulika 1:09PM – 2:34PM
Yama 10:17AM – 11:43AM
Rahu 4:00PM – 5:26PM

Uttaraphalguni Until 7:22AM
Ganda* Until 5:41PM
Taitila Until 2:59PM
Dvitiya Until 1:06AM Wed

Ganesha: White *Sunrise:* 7:26AM
Muruqa: Orange *Sunset:* 6:52PM
Nataraja: Clear
Moon – Red
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga
Until 7:22AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, March 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trityayam Titau

Anchorage, AK
Sun 1 Sutra 332

Kanya Rasi: 24.15 Tithi 18

162833467

Gulika 11:42AM – 1:08PM
Yama 8:49AM – 10:15AM
Rahu 1:08PM – 2:35PM

Chitra Until 1:49AM Thu
Vridhhi Until 1:31PM
Vanija Until 11:18AM
Tritiya Until 9:33PM

Ganesha: Clear *Sunrise:* 7:22AM
Muruqa: Orange *Sunset:* 6:54PM
Nataraja: Clear
Moon – Green
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga
Until 1:49AM Thu
Then Creative Work - Amrita Yoga

Devaloka Day

2

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Anchorage, AK
Sun 2 Sutra 333

Tula Rasi: 9.15 Tithi 19

162833467

Gulika 10:14AM – 11:41AM
Yama 7:19AM – 8:47AM
Rahu 2:35PM – 4:03PM

Svati Until 11:24PM
Dhruva Until 9:36AM
Bava Until 7:57AM
Chaturthi* Until 6:25PM

Ganesha: Clear *Sunrise:* 7:19AM
Muruqa: Orange *Sunset:* 6:57PM
Nataraja: Clear
Moon – Green
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Amrita Yoga
Until 11:24PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK
Sun 3 Sutra 334

Tula Rasi: 23.53 Tithi 20 – 21

172833467

Gulika 8:44AM – 10:12AM
Yama 4:04PM – 5:32PM
Rahu 11:40AM – 1:08PM

Vishakha Until 9:51PM
Vyaghata* Until 6:06AM
Gara Until 2:49AM Sat
Panchami Until 3:50PM

Ganesha: Purple *Sunrise:* 7:16AM
Muruqa: Orange *Sunset:* 7:00PM
Nataraja: Clear
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga
Then Creative Work - Siddha Yoga

Sivaloka Day

Karadaiyan Nombu (Tamil Nadu)

4

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Anchorage, AK
Sun 4 Sutra 335

Vrischika Rasi: 8.05 Tithi 21 – 22

172833468

Gulika 7:13AM – 8:42AM
Yama 2:36PM – 4:05PM
Rahu 10:10AM – 11:39AM

Anuradha Until 8:52PM
Vajra* Until 12:44AM Sun
Visti Until 1:17AM Sun
Shashthi* Until 1:56PM

Ganesha: Purple *Sunrise:* 7:13AM
Muruqa: Orange *Sunset:* 7:02PM
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

D

Sunday, March 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK
Sun 5 Sutra 336

Vrischika Rasi: 21.49 Tithi 22 – 23

172933468

Gulika 4:06PM – 5:35PM
Yama 1:07PM – 2:37PM
Rahu 5:35PM – 7:05PM

Jyeshtha* Until 8:31PM
Siddhi Until 10:58PM
Balava Until 12:33AM Mon
Saptami Until 12:48PM

Ganesha: Clear *Sunrise:* 7:10AM
Muruqa: Orange *Sunset:* 7:05PM
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 46
Ashtami

Routine Work Marana Yoga
Until 8:31PM
Then Creative Work - Amrita Yoga

Sivaloka Day

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK
Sun 6 Sutra 337

Dhanus Rasi: 5.07 Tithi 23 – 24

182933468

Gulika 2:37PM – 4:07PM
Yama 11:37AM – 1:07PM
Rahu 8:37AM – 10:07AM

Mula* Until 9:13PM
Vyatipata* Until 9:50PM
Taitila Until 12:36AM Tue
Ashtami* Until 12:28PM

Ganesha: Purple *Sunrise:* 7:07AM
Muruqa: Orange *Sunset:* 7:07PM
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 46
Navami

Family Home Evening
Creative Work Siddha Yoga
Until 9:13PM
Then Routine Work - Marana Yoga

Devaloka Day

1		Tuesday, March 17, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Anchorage, AK Sun 7 Sutra 338	
Dhanus Rasi: 18	Tithi 24 – 25	182933468	Gulika 1:07PM – 2:37PM Yama 10:05AM – 11:36AM Rahu 4:08PM – 5:39PM	Purvashadha* Until 10:29PM Varyan Until 9:14PM Vanija Until 1:21AM Wed Navami* Until 12:52PM	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 7:04AM Sunset: 7:10PM	Moon 3 - Phase 47 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 10:29PM Then Routine Work - Prabararishta Yoga							

2		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Anchorage, AK Sun 8 Sutra 339	
Makara Rasi: 0.34	Tithi 25 – 26	182933468	Gulika 11:35AM – 1:06PM Yama 8:32AM – 10:03AM Rahu 1:06PM – 2:38PM	Uttarashadha Until 12:10AM Thu Parigha* Until 9:07PM Bava Until 2:42AM Thu Dashami Until 1:57PM	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 7:00AM Sunset: 7:12PM	Moon 3 - Phase 47 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 12:10AM Thu Then Creative Work - Siddha Yoga							

3		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Anchorage, AK Sun 9 Sutra 340	
Makara Rasi: 12.53	Tithi 26 – 27	192933468	Gulika 10:02AM – 11:34AM Yama 6:57AM – 8:29AM Rahu 2:38PM – 4:11PM	Shravana Until 2:37AM Fri Shiva Until 9:23PM Kaulava Until 4:30AM Fri Ekadashi* Until 3:32PM	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:57AM Sunset: 7:15PM	Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work Siddha Yoga							

4		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taila/Gara Karana Dvodashi/Trayodashyam Titau		Anchorage, AK Sun 10 Sutra 341	
Makara Rasi: 25.02	Tithi 27 – 28	192933468	Gulika 8:27AM – 10:00AM Yama 4:12PM – 5:45PM Rahu 11:33AM – 1:06PM	Dhanishtha Until 5:12AM Sat Siddha Until 9:53PM Gara Until 6:36AM Sat Dvodashi* Until 5:29PM	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:54AM Sunset: 7:18PM	Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 5:12AM Sat Then Creative Work - Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Anchorage, AK Sun 11 Sutra 342	
Kumbha Rasi: 7.03	Tithi 28	192933468	Gulika 6:51AM – 8:25AM Yama 2:39PM – 4:13PM Rahu 9:58AM – 11:32AM	Shatabhishak Until 7:48AM Sun Sadhya Until 10:34PM Gara Until 6:36AM Trayodashi* Until 7:42PM	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:51AM Sunset: 7:20PM	Moon 3 - Phase 47 2nd Phase Sivaloka Day
Creative Work Amrita Yoga Until 7:48AM Sun Then Creative Work - Siddha Yoga							

6		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 343	
Kumbha Rasi: 19.01	Tithi 29	193933468	Gulika 4:14PM – 5:48PM Yama 1:05PM – 2:40PM Rahu 5:48PM – 7:23PM	Shatabhishak Until 7:48AM Subha Until 11:22PM Visti Until 8:53AM Chaturdashi* Until 10:03PM	Ganesha: White Muruqa: Orange Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 6:48AM Sunset: 7:23PM	Moon 3 - Phase 47 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga							

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 344	
Meena Rasi: 0.55	Tithi 30	113933468	Gulika 2:40PM – 4:15PM Yama 11:30AM – 1:05PM Rahu 8:20AM – 9:55AM	Purvaproshtapada* Until 10:51AM Sukla Until 12:12AM Tue Catuspada Until 11:17AM Amavasya* Until 12:28AM Tue	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Phalguna-Panguni	Sunrise: 6:45AM Sunset: 7:25PM	Moon 3 - Phase 47 Amavasya Sivaloka Day
Family Home Evening Routine Work Marana Yoga Until 10:51AM Then Creative Work - Siddha Yoga							

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Anchorage, AK Sun 14 Sutra 345	
Meena Rasi: 12.48	Tithi 1	113933468	Gulika 1:05PM – 2:40PM Yama 9:53AM – 11:29AM Rahu 4:16PM – 5:52PM	Uttaraproshtapada Until 1:47PM Brahma Until 1:04AM Wed Kintughna Until 1:43PM Prathama* Until 2:55AM Wed	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear Chaitra-Panguni	Sunrise: 6:41AM Sunset: 7:28PM	Moon 3 - Phase 47 Prathama Sivaloka Day
Creative Work Amrita Yoga Until 1:47PM Then Creative Work - Siddha Yoga		Yugadhi					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Anchorage, AK Sun 15 Sutra 346	
Meena Rasi: 24.41	Tithi 2	Gulika 11:28AM – 1:04PM	Revati Until 4:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM		Vikarin 5121
		Yama 8:15AM – 9:51AM	Indra Until 1:55AM Thu	Muruqa: Orange	<i>Sunset:</i> 7:30PM		Moon 3 - Phase 48
113933468	Rahu 1:04PM – 2:41PM		Balava Until 4:10PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 5:21AM Thu	Moon – Clear		Sivaloka Day	
				Chaitra•Panguni			

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Taitila Karana Tritiyayam Titau		Anchorage, AK Sun 16 Sutra 347	
Mesha Rasi: 6.34	Tithi 3	Gulika 9:50AM – 11:27AM	Ashvini Until 7:36PM	Ganesha: Red	<i>Sunrise:</i> 6:35AM		Vikarin 5121
		Yama 6:35AM – 8:12AM	Vaidhriti* Until 2:41AM Fri	Muruqa: Orange	<i>Sunset:</i> 7:33PM		Moon 3 - Phase 48
123933468	Rahu 2:41PM – 4:18PM		Taitila Until 6:33PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 7:40AM Fri	Moon – White		Sivaloka Day	
Until 7:36PM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Anchorage, AK Sun 17 Sutra 348	
Mesha Rasi: 18.3	Tithi 3 – 4	Gulika 8:10AM – 9:48AM	Bharani Until 10:19PM	Ganesha: Red	<i>Sunrise:</i> 6:32AM		Vikarin 5121
		Yama 4:20PM – 5:58PM	Vishkambha* Until 3:20AM Sat	Muruqa: Orange	<i>Sunset:</i> 7:33PM		Moon 3 - Phase 48
123933468	Rahu 11:26AM – 1:04PM		Vanija Until 8:47PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 7:40AM	Moon – White		Sivaloka Day	
				Chaitra•Panguni			

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Anchorage, AK Sun 18 Sutra 349	
Vrishabha Rasi: 0.31	Tithi 4 – 5	Gulika 6:29AM – 8:07AM	Krittika Until 12:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:29AM		Vikarin 5121
		Yama 2:42PM – 4:21PM	Priti Until 3:46AM Sun	Muruqa: Orange	<i>Sunset:</i> 7:38PM		Moon 3 - Phase 48
123933468	Rahu 9:46AM – 11:25AM		Bava Until 10:44PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 9:47AM	Moon – White		Sivaloka Day	
Until 12:37AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Anchorage, AK Sun 19 Sutra 350	
Vrishabha Rasi: 12.38	Tithi 5 – 6	Gulika 4:22PM – 6:01PM	Rohini Until 2:50AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:26AM		Vikarin 5121
		Yama 1:03PM – 2:42PM	Ayushman Until 3:50AM Mon	Muruqa: Orange	<i>Sunset:</i> 7:41PM		Moon 3 - Phase 48
123933468	Rahu 6:01PM – 7:41PM		Kaulava Until 12:16AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 11:33AM	Moon – Yellow		Subha Sivaloka Day	
Until 2:50AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Anchorage, AK Sun 20 Sutra 351	
Vrishabha Rasi: 24.58	Tithi 6 – 7	Gulika 2:43PM – 4:23PM	Mrigashira Until 4:17AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:22AM		Vikarin 5121
Family Home Evening		Yama 11:23AM – 1:03PM	Saubhagya Until 3:26AM Tue	Muruqa: Orange	<i>Sunset:</i> 7:43PM		Moon 3 - Phase 48
123933468	Rahu 8:02AM – 9:43AM		Gara Until 1:13AM Tue	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 12:49PM	Moon – Yellow		Subha Sivaloka Day	
Until 4:17AM Tue				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Anchorage, AK Sun 21 Sutra 352	
Mithuna Rasi: 7.34	Tithi 7 – 8	Gulika 1:02PM – 2:43PM	Ardra Until 4:53AM Wed	Ganesha: Blue	<i>Sunrise:</i> 6:19AM		Vikarin 5121
		Yama 9:41AM – 11:22AM	Sobhana Until 2:29AM Wed	Muruqa: Orange	<i>Sunset:</i> 7:46PM		Moon 3 - Phase 48
123933468	Rahu 4:24PM – 6:05PM		Visti Until 1:26AM Wed	Nataraja: Purple			Ashtami
Routine Work	Marana Yoga		Saptami Until 1:25PM	Moon – Yellow		Subha Sivaloka Day	
Until 4:53AM Wed				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Anchorage, AK Sun 22 Sutra 353	
Mithuna Rasi: 20.31	Tithi 8 – 9	Gulika 11:22AM – 1:02PM	Punarvasu Until 4:59AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM		Vikarin 5121
		Yama 8:00AM – 9:41AM	Athiganda* Until 12:52AM Thu	Muruqa: Orange	<i>Sunset:</i> 7:46PM		Moon 3 - Phase 48
143933468	Rahu 1:02PM – 2:43PM		Balava Until 12:51AM Thu	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Ashtami* Until 1:14PM	Moon – Blue		Sivaloka Day	
Until 4:59AM Thu		Sri Rama Navami		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


1		Thursday, April 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Anchorage, AK Sun 23 Sutra 354	
Kataka Rasi: 3.54	Tithi 9 – 10	Gulika 9:39AM – 11:21AM	Pushya Until 4:08AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 6:16AM – 7:58AM	Sukarma Until 10:37PM	Muruqa: Orange	<i>Sunset:</i> 7:48PM		Moon 3 - Phase 49
		143933468 Rahu 2:44PM – 4:25PM	Taitila Until 11:26PM	Nataraja: Purple			4th Phase
Creative Work	Amrita Yoga		Navami* Until 12:13PM	Moon – Blue		Sivaloka Day	
Until 4:08AM Fri				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

2		Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Anchorage, AK Sun 24 Sutra 355	
Kataka Rasi: 17.45	Tithi 10 – 11	Gulika 7:55AM – 9:37AM	Ashlesha* Until 2:24AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM		Vikarin 5121
		Yama 4:26PM – 6:09PM	Dhriti Until 7:46PM	Muruqa: Orange	<i>Sunset:</i> 7:51PM		Moon 3 - Phase 49
		143933468 Rahu 11:20AM – 1:02PM	Vanija Until 9:15PM	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga		Yogaswami Mahasamadhi	Moon – Blue		Sivaloka Day	
Until 2:24AM Sat			Dashami Until 10:25AM	Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

3		Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK Sun 25 Sutra 356	
Simha Rasi: 2.05	Tithi 11 – 12	Gulika 6:10AM – 7:53AM	Magha* Until 12:19AM Sun	Ganesha: White	<i>Sunrise:</i> 6:10AM		Vikarin 5121
		Yama 2:45PM – 4:28PM	Shula* Until 4:20PM	Muruqa: Orange	<i>Sunset:</i> 7:53PM		Moon 3 - Phase 49
		153933468 Rahu 9:36AM – 11:19AM	Bava Until 6:25PM	Nataraja: Purple			4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 7:54AM	Moon – Red		Subha Sivaloka Day	
Until 12:19AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

4		Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Anchorage, AK Sun 26 Sutra 357	
Simha Rasi: 16.51	Tithi 13	Gulika 4:29PM – 6:12PM	Purvaphalguni Until 9:38PM	Ganesha: White	<i>Sunrise:</i> 6:07AM		Vikarin 5121
		Yama 1:01PM – 2:45PM	Ganda* Until 12:29PM	Muruqa: Orange	<i>Sunset:</i> 7:56PM		Moon 3 - Phase 49
		153933468 Rahu 6:12PM – 7:56PM	Kaulava Until 3:05PM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 1:15AM Mon	Moon – Red		Subha Sivaloka Day	
Until 9:38PM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
							<i>Pradosha Vrata</i>

5		Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Anchorage, AK Sun 27 Sutra 358	
Kanya Rasi: 1.56	Tithi 14	Gulika 2:45PM – 4:30PM	Uttaraphalguni Until 6:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM		Vikarin 5121
Family Home Evening		Yama 11:17AM – 1:01PM	Vridhi Until 8:21AM	Muruqa: Orange	<i>Sunset:</i> 7:59PM		Moon 3 - Phase 49
		154933468 Rahu 7:48AM – 9:32AM	Gara Until 11:23AM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:27PM	Moon – Red		Sivaloka Day	
				Chaitra•Panguni			

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Anchorage, AK Sutra 359	
Kanya Rasi: 17.13	Tithi 15 – 16	Gulika 1:01PM – 2:46PM	Hasta Until 3:34PM	Ganesha: Purple	<i>Sunrise:</i> 6:00AM		Vikarin 5121
		Yama 9:31AM – 11:16AM	Vyaghata* Until 11:40PM	Muruqa: Clear	<i>Sunset:</i> 8:01PM		Moon 3 - Phase 49
		164934468 Rahu 4:31PM – 6:16PM	Visti Until 7:31AM	Nataraja: Purple			Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:33PM	Moon – Green		Devaloka Day	
				Chaitra•Panguni			
		Panguni Uttiram					
		Hanuman Jayanti					

Wednesday, April 8, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Anchorage, AK Sutra 360	
Tula Rasi: 2.3	Tithi 16 – 17	Gulika 11:15AM – 1:00PM	Chitra Until 12:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM		Vikarin 5121
		Yama 7:43AM – 9:29AM	Harshana Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 8:04PM		Moon 3 - Phase 49
		164934468 Rahu 1:00PM – 2:46PM	Taitila Until 11:57PM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:45PM	Moon – Green		Devaloka Day	
				Chaitra•Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anchorage, AK
Sun 1 Sutra 361

Tula Rasi: 17.38 Tithi 17 – 18

Gulika 9:27AM – 11:14AM
Yama 5:54AM – 7:41AM
164134468 **Rahu** 2:47PM – 4:33PM

Svati Until 9:39AM
Vajra* Until 3:28PM
Vanija Until 8:36PM
Dvitiya Until 10:12AM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: Clear *Sunset:* 8:06PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Vikarin 5121
Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga
Until 9:39AM
Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatiyata* Yoga Visti/Balava Karana Tritiya/Chaturthiyam Titau

Anchorage, AK
Sun 2 Sutra 362

Vrischika Rasi: 2.26 Tithi 18 – 19

Gulika 7:38AM – 9:25AM
Yama 4:34PM – 6:22PM
174134468 **Rahu** 11:13AM – 1:00PM

Vishakha Until 7:27AM
Siddhi Until 11:54AM
Balava Until 4:34AM Sat
Tritiya Until 7:06AM

Ganesha: Yellow *Sunrise:* 5:51AM
Muruqa: Clear *Sunset:* 8:09PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Vikarin 5121
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK
Sun 3 Sutra 363

Vrischika Rasi: 16.49 Tithi 20

Gulika 5:48AM – 7:36AM
Yama 2:48PM – 4:36PM
174134468 **Rahu** 9:24AM – 11:12AM

Jyeshtha* Until 4:33AM Sun
Vyatipata* Until 8:51AM
Kaulava Until 3:36PM
Panchami Until 2:47AM Sun

Ganesha: Yellow *Sunrise:* 5:48AM
Muruqa: Clear *Sunset:* 8:12PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Vikarin 5121
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga
Until 4:33AM Sun
Then Creative Work - Amrita Yoga

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK
Sun 4 Sutra 364

Dhanus Rasi: 0.44 Tithi 21

Gulika 4:37PM – 6:25PM
Yama 12:59PM – 2:48PM
184134468 **Rahu** 6:25PM – 8:14PM

Mula* Until 4:31AM Mon
Variyan Until 6:23AM
Gara Until 2:12PM
Shashthi* Until 1:48AM Mon

Ganesha: Blue *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 8:14PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Panguni

Vikarin 5121
Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga
Until 4:31AM Mon
Then Routine Work - Marana Yoga

Devaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Anchorage, AK
Sun 5 Sutra 1

Dhanus Rasi: 14.08 Tithi 22

Family Home Evening

284134468 **Rahu** 7:31AM – 9:20AM

Gulika 2:49PM – 4:38PM
Yama 11:10AM – 12:59PM

Purvashadha* Until 5:09AM Tue
Shiva Until 3:30AM Tue
Visti Until 1:39PM
Saptami Until 1:41AM Tue

Ganesha: Yellow *Sunrise:* 5:42AM
Muruqa: Clear *Sunset:* 8:17PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sarvari 5122
Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga
Until 5:09AM Tue
Then Routine Work - Prabalarishta Yoga

Sivaloka Day

Retreat Star

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK
Sun 6 Sutra 2

Dhanus Rasi: 27.07 Tithi 23

284134468 **Rahu** 4:39PM – 6:29PM

Gulika 12:59PM – 2:49PM
Yama 9:19AM – 11:09AM

Uttarashadha Until 6:24AM Wed
Siddha Until 3:00AM Wed
Balava Until 1:57PM
Ashtami* Until 2:22AM Wed

Ganesha: Yellow *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 8:19PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sarvari 5122
Moon 4 - Phase 50
Ashtami

Routine Work Prabalarishta Yoga
Until 6:24AM Wed
Then Creative Work - Siddha Yoga

Sivaloka Day

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK
Sun 7 Sutra 3

Makara Rasi: 9.42 Tithi 24

284134468 **Rahu** 12:59PM – 2:49PM

Gulika 11:08AM – 12:59PM
Yama 7:26AM – 9:17AM

Uttarashadha Until 6:24AM
Sadhya Until 3:02AM Thu
Taitila Until 2:59PM
Navami* Until 3:44AM Thu

Ganesha: Yellow *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 8:22PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sarvari 5122
Moon 4 - Phase 50
Navami

Creative Work Amrita Yoga
Until 6:24AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visiti* Karana Dashamyam Titau				Anchorage, AK Sun 8 Sutra 4
Makara Rasi: 22	Tithi 25	Gulika 9:15AM – 11:07AM	Shravana Until 8:36AM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM		Sarvari 5122	
		Yama 5:32AM – 7:24AM	Subha Until 3:30AM Fri	Muruqa: Clear	<i>Sunset:</i> 8:25PM		Moon 4 - Phase 1	
294134468	Rahu 2:50PM – 4:42PM		Vanija Until 4:38PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Moon – Purple		Devaloka Day		
		Chidambaram Abhishekam	Dashami Until 5:37AM Fri	Chaitra*Chaitra				

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Bava Karana Ekadashyam Titau				Anchorage, AK Sun 9 Sutra 5
Kumbha Rasi: 4.05	Tithi 26	Gulika 7:21AM – 9:14AM	Dhanishtha Until 11:07AM	Ganesha: Blue	<i>Sunrise:</i> 5:29AM		Sarvari 5122	
		Yama 4:43PM – 6:35PM	Sukla Until 4:12AM Sat	Muruqa: Clear	<i>Sunset:</i> 8:27PM		Moon 4 - Phase 1	
294134468	Rahu 11:06AM – 12:58PM		Bava Until 6:43PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Moon – Purple		Devaloka Day		
			Ekadashi* Until 7:51AM Sat	Chaitra*Chaitra				

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 10 Sutra 6
Kumbha Rasi: 16.03	Tithi 26 – 27	Gulika 5:26AM – 7:19AM	Shatabhishak Until 1:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM		Sarvari 5122	
		Yama 2:51PM – 4:44PM	Brahma Until 5:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 8:30PM		Moon 4 - Phase 1	
295134468	Rahu 9:12AM – 11:05AM		Kaulava Until 9:03PM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga			Moon – Purple		Sivaloka Day		
	Until 1:46PM		Ekadashi* Until 7:51AM	Chaitra*Chaitra				
	Then Routine Work - Marana Yoga							

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaprosnthapada*Uttaraprosnthapada Nakshatra Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 11 Sutra 7
Kumbha Rasi: 27.56	Tithi 27 – 28	Gulika 4:45PM – 6:39PM	Purvaprosnthapada* Until 4:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM		Sarvari 5122	
		Yama 12:58PM – 2:51PM	Indra Until 6:00AM Mon	Muruqa: Clear	<i>Sunset:</i> 8:32PM		Moon 4 - Phase 1	
215134468	Rahu 6:39PM – 8:32PM		Gara Until 11:30PM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Moon – Clear		Sivaloka Day		
	Until 4:53PM		Dvadashi* Until 10:15AM	Chaitra*Chaitra				
	Then Creative Work - Amrita Yoga		<i>Pradosha Vrata (Fasting)</i>					

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraprosnthapada Nakshatra Parigha*/Vaidhriti* Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 12 Sutra 8
Meena Rasi: 9.49	Tithi 28 – 29	Gulika 2:52PM – 4:46PM	Uttaraprosnthapada Until 7:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM		Sarvari 5122	
Family Home Evening		Yama 11:03AM – 12:58PM	Parigha* Until 6:00AM	Muruqa: Clear	<i>Sunset:</i> 8:35PM		Moon 4 - Phase 1	
215134468	Rahu 7:14AM – 9:09AM		Visiti Until 1:56AM Tue	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Moon – Clear		Sivaloka Day		
			Trayodashi* Until 12:42PM	Chaitra*Chaitra				

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anchorage, AK Sun 13 Sutra 9
Meena Rasi: 21.41	Tithi 29 – 30	Gulika 12:57PM – 2:52PM	Revati Until 10:35PM	Ganesha: Yellow	<i>Sunrise:</i> 5:17AM		Sarvari 5122	
		Yama 9:07AM – 11:02AM	Vaidhriti* Until 6:53AM	Muruqa: Clear	<i>Sunset:</i> 8:38PM		Moon 4 - Phase 1	
215134468	Rahu 4:48PM – 6:43PM		Catuspada Until 4:17AM Wed	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga			Moon – Clear		Sivaloka Day		
			Chaturdashi* Until 3:06PM	Chaitra*Chaitra				

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK Sun 14 Sutra 10
Mesha Rasi: 3.35	Tithi 30 – 1	Gulika 11:01AM – 12:57PM	Ashvini Until 1:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:14AM		Sarvari 5122	
		Yama 7:10AM – 9:06AM	Vishkambha* Until 7:43AM	Muruqa: Clear	<i>Sunset:</i> 8:40PM		Moon 4 - Phase 1	
225134468	Rahu 12:57PM – 2:53PM		Kintughna Until 6:29AM Thu	Nataraja: Purple			Amavasya	
Routine Work	Marana Yoga			Moon – White		Sivaloka Day		
	Until 1:31AM Thu		Amavasya* Until 5:23PM	Chaitra*Chaitra				
	Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK Sun 15 Sutra 11
Mesha Rasi: 15.34	Tithi 1	Gulika 9:04AM – 11:00AM	Bharani Until 4:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:11AM		Sarvari 5122	
		Yama 5:11AM – 7:07AM	Priti Until 8:27AM	Muruqa: Clear	<i>Sunset:</i> 8:43PM		Moon 4 - Phase 1	
225134468	Rahu 2:53PM – 4:50PM		Kintughna Until 6:29AM	Nataraja: Purple			Prathama	
Creative Work	Siddha Yoga			Moon – White		Sivaloka Day		
			Prathama* Until 7:29PM	Vaisaka*Chaitra				

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Anchorage, AK Sun 16 Sutra 12	
Mesha Rasi: 27.37	Tithi 2	Gulika 7:05AM – 9:02AM	Krittika Until 6:16AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:08AM	Sarvari 5122	
		Yama 4:51PM – 6:48PM	Ayushman Until 8:59AM	Muruqa: Clear	<i>Sunset:</i> 8:46PM	Moon 4 - Phase 2	
		225134469 Rahu 11:00AM – 12:57PM	Balava Until 8:28AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 9:21PM	Moon – White		Devaloka Day	
Until 6:16AM Sat				Vaisaka-Chaitra			
Then Creative Work - Amrita Yoga							

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Anchorage, AK Sun 17 Sutra 13	
Virshabha Rasi: 9.46	Tithi 3	Gulika 5:05AM – 7:03AM	Krittika Until 6:16AM	Ganesha: Red	<i>Sunrise:</i> 5:05AM	Sarvari 5122	
		Yama 2:55PM – 4:52PM	Saubhagya Until 9:19AM	Muruqa: Clear	<i>Sunset:</i> 8:48PM	Moon 4 - Phase 2	
		225134469 Rahu 9:01AM – 10:59AM	Taitila Until 10:11AM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 10:53PM	Moon – White		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau		Anchorage, AK Sun 18 Sutra 14	
Virshabha Rasi: 22.04	Tithi 4	Gulika 4:54PM – 6:52PM	Rohini Until 8:26AM	Ganesha: Yellow	<i>Sunrise:</i> 5:02AM	Sarvari 5122	
		Yama 12:56PM – 2:55PM	Sobhana Until 9:24AM	Muruqa: Clear	<i>Sunset:</i> 8:51PM	Moon 4 - Phase 2	
		235134469 Rahu 6:52PM – 8:51PM	Vanija Until 11:32AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 12:02AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Anchorage, AK Sun 19 Sutra 15	
Mithuna Rasi: 4.33	Tithi 5	Gulika 2:56PM – 4:55PM	Mrigashira Until 10:00AM	Ganesha: Blue	<i>Sunrise:</i> 4:59AM	Sarvari 5122	
Family Home Evening		Yama 10:57AM – 12:56PM	Athiganda* Until 9:07AM	Muruqa: Clear	<i>Sunset:</i> 8:54PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	236134469 Rahu 6:58AM – 8:58AM	Bava Until 12:27PM	Nataraja: Clear		3rd Phase	
Until 10:00AM			Panchami Until 12:41AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Anchorage, AK Sun 20 Sutra 16	
Mithuna Rasi: 17.16	Tithi 6	Gulika 12:56PM – 2:56PM	Ardra Until 10:55AM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Sarvari 5122	
		Yama 8:56AM – 10:56AM	Sukarma Until 8:27AM	Muruqa: Clear	<i>Sunset:</i> 8:56PM	Moon 4 - Phase 2	
		236134469 Rahu 4:56PM – 6:56PM	Kaulava Until 12:49PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 12:45AM Wed	Moon – Yellow		Bhuloka Day	
Until 10:55AM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		Anchorage, AK Sun 21 Sutra 17	
Kataka Rasi: 0.16	Tithi 7	Gulika 10:55AM – 12:56PM	Punarvasu Until 11:33AM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Sarvari 5122	
		Yama 6:54AM – 8:55AM	Dhriti Until 7:19AM	Muruqa: Clear	<i>Sunset:</i> 8:59PM	Moon 4 - Phase 2	
		246134469 Rahu 12:56PM – 2:57PM	Gara Until 12:34PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 12:11AM Thu	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Anchorage, AK Sun 22 Sutra 18	
Kataka Rasi: 13.37	Tithi 8	Gulika 8:53AM – 10:55AM	Pushya Until 11:23AM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
		Yama 4:50AM – 6:52AM	Ganda* Until 3:27AM Fri	Muruqa: Clear	<i>Sunset:</i> 9:01PM	Moon 4 - Phase 2	
		246134469 Rahu 2:57PM – 4:59PM	Visti Until 11:40AM	Nataraja: Clear		Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 10:57PM	Moon – Blue		Devaloka Day	
Until 11:23AM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Anchorage, AK Sun 23 Sutra 19	
Kataka Rasi: 27.2	Tithi 9	Gulika 6:47AM – 8:50AM	Ashlesha* Until 10:24AM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Sarvari 5122	
		Yama 5:01PM – 7:04PM	Vriddhi Until 12:45AM Sat	Muruqa: Clear	<i>Sunset:</i> 9:07PM	Moon 4 - Phase 2	
		246134469 Rahu 10:53AM – 12:56PM	Balava Until 10:06AM	Nataraja: Clear		Navami	
Routine Work	Marana Yoga		Navami* Until 9:04PM	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK
	Simha Rasi: 11.28	Tithi 10	256134469	Gulika 4:42AM – 6:45AM Yama 2:59PM – 5:02PM Rahu 8:49AM – 10:52AM	Magha* Until 9:06AM Dhruva Until 9:34PM Taitila Until 7:55AM Dashami Until 6:36PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sun 24 Sutra 20 Sarvari 5122 Moon 4 - Phase 3 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga							
Until 9:06AM							
Then Creative Work - Siddha Yoga							

2	Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK
	Simha Rasi: 25.58	Tithi 11 – 12	256134469	Gulika 5:04PM – 7:08PM Yama 12:55PM – 3:00PM Rahu 7:08PM – 9:12PM	Purvaphalguni Until 7:08AM Vyaghata* Until 6:00PM Bava Until 2:02AM Mon Ekadashi Until 3:38PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Red	Sun 25 Sutra 21 Sarvari 5122 Moon 4 - Phase 3 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							
Until 7:08AM							
Then Creative Work - Amrita Yoga							

3	Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK
	Kanya Rasi: 10.46	Tithi 12 – 13	266234469	Gulika 3:00PM – 5:05PM Yama 10:51AM – 12:55PM Rahu 6:41AM – 8:46AM	Hasta Until 2:05AM Tue Harshana Until 2:10PM Kaulava Until 10:36PM Dvadashi Until 12:20PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Green	Sun 26 Sutra 22 Sarvari 5122 Moon 4 - Phase 3 4th Phase Sivaloka Day
Creative Work Siddha Yoga							
Family Home Evening							
		<i>Pradosha Vrata</i>					

4	Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK
	Kanya Rasi: 25.47	Tithi 13 – 14	267234469	Gulika 12:55PM – 3:01PM Yama 8:44AM – 10:50AM Rahu 5:06PM – 7:12PM	Chitra Until 11:19PM Vajra* Until 10:09AM Gara Until 7:02PM Trayodashi Until 8:48AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sun 27 Sutra 23 Sarvari 5122 Moon 4 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga							

	Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Anchorage, AK
	Tula Rasi: 10.51	Tithi 15	267234469	Gulika 10:49AM – 12:55PM Yama 6:37AM – 8:43AM Rahu 12:55PM – 3:01PM	Svati Until 8:28PM Siddhi Until 6:06AM Visti Until 3:29PM Purnima* Until 1:45AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green	Sun 24 Sutra 24 Sarvari 5122 Moon 4 - Phase 3 Purnima Devaloka Day
Creative Work Siddha Yoga							
		Budha Purnima (Tamil Nadu)					

4	Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Anchorage, AK
	Tula Rasi: 25.5	Tithi 16	277234469	Gulika 8:42AM – 10:48AM Yama 4:28AM – 6:35AM Rahu 3:02PM – 5:09PM	Vishakha Until 6:08PM Variyan Until 10:25PM Balava Until 12:07PM Prathama* Until 10:33PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Orange	Sun 25 Sutra 25 Sarvari 5122 Moon 4 - Phase 3 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda