



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.09      Tithi 17  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 5:11AM – 6:52AM  
Yama 1:37PM – 3:18PM  
Rahu 8:33AM – 10:15AM

**Svati Until 7:17AM**  
Siddhi Until 7:09PM  
Taitila Until 2:51PM  
Dvitiya Until 2:01AM Sun

**Ganesha: Red**      *Sunrise: 5:11AM*  
**Muruqa: Yellow**      *Sunset: 6:40PM*  
**Nataraja: Purple**  
Moon – Green

**Sivaloka Day**  
Chaitra•Chaitra

Bloomfield, NJ  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.03      Tithi 18  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 3:19PM – 5:00PM  
Yama 11:56AM – 1:37PM  
Rahu 5:00PM – 6:42PM

**Vishakha Until 6:28AM**  
Vyatipata\* Until 4:59PM  
Vanija Until 1:23PM  
Tritiya Until 12:54AM Mon

**Ganesha: Blue**      *Sunrise: 5:09AM*  
**Muruqa: Yellow**      *Sunset: 6:42PM*  
**Nataraja: Purple**  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Bloomfield, NJ  
Sun 1      Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 16.32      Tithi 19  
**Family Home Evening**  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:37PM – 3:19PM  
Yama 10:13AM – 11:55AM  
Rahu 6:50AM – 8:32AM

**Anuradha Until 6:13AM**  
Variyan Until 3:23PM  
Bava Until 12:39PM  
Chaturthi\* Until 12:33AM Tue

**Ganesha: Blue**      *Sunrise: 5:08AM*  
**Muruqa: Yellow**      *Sunset: 6:43PM*  
**Nataraja: Purple**  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Bloomfield, NJ  
Sun 2      Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Tuesday, April 23, 2019**

Vrischika Rasi: 29.35      Tithi 20  
Routine Work      Marana Yoga  
Until 6:35AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:55AM – 1:37PM  
Yama 8:31AM – 10:13AM  
Rahu 3:19PM – 5:01PM

**Jyeshtha\* Until 6:35AM**  
Parigha\* Until 2:27PM  
Kaulava Until 12:43PM  
Panchami Until 1:02AM Wed

**Ganesha: Blue**      *Sunrise: 5:07AM*  
**Muruqa: Yellow**      *Sunset: 6:44PM*  
**Nataraja: Purple**  
Moon – Orange

**Devaloka Day**  
Chaitra•Chaitra

Bloomfield, NJ  
Sun 3      Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.14      Tithi 21  
Routine Work      Marana Yoga  
Until 8:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:12AM – 11:55AM  
Yama 6:48AM – 8:30AM  
Rahu 11:55AM – 1:37PM

**Mula\* Until 8:04AM**  
Shiva Until 2:09PM  
Gara Until 1:36PM  
Shashthi\* Until 2:18AM Thu

**Ganesha: Yellow**      *Sunrise: 5:05AM*  
**Muruqa: Yellow**      *Sunset: 6:45PM*  
**Nataraja: Purple**  
Moon – Light Blue

**Sivaloka Day**  
Chaitra•Chaitra

Bloomfield, NJ  
Sun 4      Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 24.34      Tithi 22  
Creative Work      Siddha Yoga  
Until 10:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:29AM – 10:12AM  
Yama 5:04AM – 6:47AM  
Rahu 1:37PM – 3:20PM

**Purvashadha\* Until 10:08AM**  
Siddha Until 2:23PM  
Visti Until 3:12PM  
Saptami Until 4:13AM Fri

**Ganesha: Yellow**      *Sunrise: 5:04AM*  
**Muruqa: Yellow**      *Sunset: 6:46PM*  
**Nataraja: Clear**  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

Bloomfield, NJ  
Sun 5      Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 6.38      Tithi 23  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:45AM – 8:29AM  
Yama 3:21PM – 5:04PM  
Rahu 10:12AM – 11:55AM

**Uttarashadha Until 12:35PM**  
Sadhya Until 3:04PM  
Balava Until 5:22PM  
Ashtami\* Until 6:34AM Sat

**Ganesha: Red**      *Sunrise: 5:02AM*  
**Muruqa: Yellow**      *Sunset: 6:47PM*  
**Nataraja: Clear**  
Moon – Light Blue

**Devaloka Day**  
Chaitra•Chaitra

Bloomfield, NJ  
Sun 6      Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 18.31      Tithi 23 – 24  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:01AM – 6:44AM  
Yama 1:38PM – 3:21PM  
Rahu 8:28AM – 10:11AM

**Shravana Until 3:44PM**  
Subha Until 4:01PM  
Taitila Until 7:51PM  
Ashtami\* Until 6:34AM

**Ganesha: Green**      *Sunrise: 5:01AM*  
**Muruqa: Yellow**      *Sunset: 6:48PM*  
**Nataraja: Clear**  
Moon – Purple

**Bhuloka Day**  
Chaitra•Chaitra  
Devaloka Time: 3:PM to 6:PM

Bloomfield, NJ  
Sun 7      Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Bloomfield, NJ Sun 8 Sutra 14
Kumbha Rasi: 0.21	Tithi 24 – 25	<b>Gulika</b> 3:22PM – 5:05PM	<b>Dhanishtha</b> Until 6:48PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:00AM	Vikarin 5121
		Yama 11:54AM – 1:38PM	Sukla Until 5:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 3
		294583469 <b>Rahu</b> 5:05PM – 6:49PM	Vanija Until 10:24PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 9:06AM	Moon – Purple	<b>Bhuloka Day</b>	
Until 6:48PM				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Bloomfield, NJ Sun 9 Sutra 15
Kumbha Rasi: 12.11	Tithi 25 – 26	<b>Gulika</b> 1:38PM – 3:22PM	<b>Shatabhishak</b> Until 9:34PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:58AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:10AM – 11:54AM	Brahma Until 5:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:42AM – 8:26AM	Bava Until 12:46AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Until 9:34PM			<b>Dashami</b> Until 11:36AM	Moon – Purple	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Bloomfield, NJ Sun 10 Sutra 16
Kumbha Rasi: 24.06	Tithi 26 – 27	<b>Gulika</b> 11:54AM – 1:38PM	<b>Purvaprossthapada*</b> Until 12:21AM We	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:57AM	Vikarin 5121
		Yama 8:26AM – 10:10AM	Indra Until 6:39PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 3:22PM – 5:07PM	Kaulava Until 2:47AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 1:49PM	Moon – Clear	<b>Bhuloka Day</b>	
Until 12:21AM Wed				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvadhshi/Trayodashyam Titau				Bloomfield, NJ Sun 11 Sutra 17
Meena Rasi: 6.1	Tithi 27 – 28	<b>Gulika</b> 10:09AM – 11:54AM	<b>Uttaraprossthapada</b> Until 2:31AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama 6:40AM – 8:25AM	Vaidhriti* Until 6:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 11:54AM – 1:38PM	Gara Until 4:19AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadhshi*</b> Until 3:36PM	Moon – Clear	<b>Bhuloka Day</b>	
				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

*Pradosha Vrata (Fasting)*

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bloomfield, NJ Sun 12 Sutra 18
Meena Rasi: 18.26	Tithi 28 – 29	<b>Gulika</b> 8:24AM – 10:09AM	<b>Revati</b> Until 4:01AM Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:55AM	Vikarin 5121
		Yama 4:55AM – 6:39AM	Vishkambha* Until 6:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 1:39PM – 3:23PM	Visti Until 5:19AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 4:52PM	Moon – Clear	<b>Bhuloka Day</b>	
Until 4:01AM Fri				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bloomfield, NJ Sun 13 Sutra 19
Mesha Rasi: 0.57	Tithi 29 – 30	<b>Gulika</b> 6:38AM – 8:23AM	<b>Ashvini</b> Until 5:18AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	Vikarin 5121
		Yama 3:24PM – 5:09PM	Priti Until 6:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 10:09AM – 11:54AM	Catuspada Until 5:47AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 5:36PM	Moon – White	<b>Bhuloka Day</b>	
Until 5:18AM Sat				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Bloomfield, NJ Sun 14 Sutra 20
Mesha Rasi: 13.42	Tithi 30 – 1	<b>Gulika</b> 4:52AM – 6:37AM	<b>Bharani</b> Until 5:55AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121
		Yama 1:39PM – 3:24PM	Ayushman Until 5:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 8:23AM – 10:08AM	Kintughna Until 5:43AM Sun	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 5:47PM	Moon – White	<b>Bhuloka Day</b>	
				<b>Chaitra+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bloomfield, NJ Sun 15 Sutra 21
Mesha Rasi: 26.42	Tithi 1 – 2	<b>Gulika</b> 3:25PM – 5:10PM	<b>Krittika</b> Until 5:58AM Mon	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM	Vikarin 5121
		Yama 11:53AM – 1:39PM	Saubhagya Until 4:18PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 5:10PM – 6:56PM	Balava Until 5:13AM Mon	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 5:30PM	Moon – White	<b>Bhuloka Day</b>	
Until 5:58AM Mon				<b>Vaisaka+Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Bloomfield, NJ Sun 16 Sutra 22
<b>1</b>		<b>Gulika</b> 1:39PM – 3:25PM	<b>Rohini Until 5:56AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:50AM	Vikarin 5121
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:07AM – 11:53AM	Sobhana Until 2:43PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:57PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:36AM – 8:22AM	Taitila Until 4:21AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Dvitiya Until 4:49PM</b>	<b>Bhuloka Day</b>	
Until 5:56AM Tue				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga					

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Bloomfield, NJ Sun 17 Sutra 23
<b>2</b>		<b>Gulika</b> 11:53AM – 1:39PM	<b>Mrigashira Until 5:27AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:49AM	Vikarin 5121
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:21AM – 10:07AM	Athiganda* Until 12:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:58PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 3:26PM – 5:12PM	Vanija Until 3:10AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 3:46PM</b>	<b>Bhuloka Day</b>	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Bloomfield, NJ Sun 18 Sutra 24
<b>3</b>		<b>Gulika</b> 10:07AM – 11:53AM	<b>Ardra Until 4:35AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:47AM	Vikarin 5121
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 6:34AM – 8:20AM	Sukarma Until 10:44AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:59PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 11:53AM – 1:40PM	Bava Until 1:43AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 2:27PM</b>	<b>Bhuloka Day</b>	
Until 4:35AM Thu				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga					

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Bloomfield, NJ Sun 19 Sutra 25
<b>4</b>		<b>Gulika</b> 8:20AM – 10:06AM	<b>Punarvasu Until 3:48AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:46AM	Vikarin 5121
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 4:46AM – 6:33AM	Dhriti Until 8:28AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:00PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 1:40PM – 3:27PM	Kaulava Until 12:04AM Fri	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 12:54PM</b>	<b>Bhuloka Day</b>	
Until 3:48AM Fri				<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Bloomfield, NJ Sun 20 Sutra 26
<b>5</b>		<b>Gulika</b> 6:32AM – 8:19AM	<b>Pushya Until 2:40AM Sat</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:45AM	Vikarin 5121
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:27PM – 5:14PM	Ganda* Until 6:00AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:01PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 10:06AM – 11:53AM	Gara Until 10:13PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 11:09AM</b>	<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Bloomfield, NJ Sun 21 Sutra 27
<b>Retreat Star</b>		<b>Gulika</b> 4:44AM – 6:31AM	<b>Ashlesha* Until 1:14AM Sun</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:44AM	Vikarin 5121
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 1:40PM – 3:28PM	Vriddhi Until 12:38AM Sun	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:02PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 8:19AM – 10:06AM	Visti Until 8:11PM	<b>Nataraja:</b> Clear	Ashtami
Routine Work Marana Yoga			<b>Saptami Until 9:12AM</b>	<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Bloomfield, NJ Sun 22 Sutra 28
<b>Retreat Star</b>		<b>Gulika</b> 3:28PM – 5:15PM	<b>Magha* Until 11:55PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:43AM	Vikarin 5121
Simha Rasi: 2.43	Tithi 8 – 9	Yama 11:53AM – 1:41PM	Dhruva Until 9:44PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:03PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 5:15PM – 7:03PM	Balava Until 6:00PM	<b>Nataraja:</b> Clear	Navami
Routine Work Marana Yoga			<b>Ashtami* Until 7:05AM</b>	<b>Bhuloka Day</b>	
Until 11:55PM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga					

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Bloomfield, NJ Sun 23 Sutra 29
<b>1</b>	Simha Rasi: 16.56 Tithi 10 Family Home Evening Creative Work Siddha Yoga	256583469	<b>Gulika</b> 1:41PM – 3:28PM Yama 10:05AM – 11:53AM <b>Rahu</b> 6:30AM – 8:18AM	<b>Purvaphalguni Until 10:22PM</b> Vyaghata* Until 6:46PM Taitila Until 3:41PM Dashami Until 2:29AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	Sunrise: 4:42AM Sunset: 7:04PM Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Bloomfield, NJ Sun 24 Sutra 30
<b>2</b>	Kanya Rasi: 1.12 Tithi 11 Creative Work Amrita Yoga Until 8:37PM Then Creative Work - Siddha Yoga	256583469	<b>Gulika</b> 11:53AM – 1:41PM Yama 8:17AM – 10:05AM <b>Rahu</b> 3:29PM – 5:17PM	<b>Uttaraphalguni Until 8:37PM</b> Harshana Until 3:45PM Vanija Until 1:19PM Ekadashi Until 12:06AM Wed	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Vaikasi</b>	Sunrise: 4:41AM Sunset: 7:05PM Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Bloomfield, NJ Sun 25 Sutra 31
<b>3</b>	Kanya Rasi: 15.29 Tithi 12 Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga	266583469	<b>Gulika</b> 10:05AM – 11:53AM Yama 6:28AM – 8:17AM <b>Rahu</b> 11:53AM – 1:41PM	<b>Hasta Until 7:11PM</b> Vajra* Until 12:44PM Bava Until 10:56AM Dvadashi Until 9:45PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sunrise: 4:40AM Sunset: 7:06PM Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bloomfield, NJ Sun 26 Sutra 32
<b>4</b>	Kanya Rasi: 29.44 Tithi 13 Creative Work Siddha Yoga Until 5:45PM Then Creative Work - Amrita Yoga	266583469	<b>Gulika</b> 8:16AM – 10:05AM Yama 4:39AM – 6:28AM <b>Rahu</b> 1:41PM – 3:30PM	<b>Chitra Until 5:45PM</b> Siddhi Until 9:49AM Kaulava Until 8:39AM Trayodashi Until 7:34PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sunrise: 4:39AM Sunset: 7:07PM Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyana Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Bloomfield, NJ Sun 27 Sutra 33
<b>5</b>	Tula Rasi: 13.5 Tithi 14 – 15 Creative Work Siddha Yoga	266583469	<b>Gulika</b> 6:27AM – 8:16AM Yama 3:30PM – 5:19PM <b>Rahu</b> 10:04AM – 11:53AM	<b>Svati Until 4:26PM</b> Vyatipata* Until 7:05AM Gara Until 6:35AM Chaturdashi* Until 5:39PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sunrise: 4:38AM Sunset: 7:08PM Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bloomfield, NJ Sutra 34
<b>○</b>	<b>Copper Retreat Star</b> Tula Rasi: 27.43 Tithi 15 – 16 Creative Work Siddha Yoga	276583469	<b>Gulika</b> 4:37AM – 6:26AM Yama 1:42PM – 3:31PM <b>Rahu</b> 8:15AM – 10:04AM	<b>Vishakha Until 3:48PM</b> Parigha* Until 2:32AM Sun Balava Until 3:36AM Sun Purnima* Until 4:09PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Vaikasi</b>	Sunrise: 4:37AM Sunset: 7:09PM Moon 4 - Phase 5 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Bloomfield, NJ Sutra 35
<b>○</b>	<b>Silver Retreat Star</b> Vrischika Rasi: 11.2 Tithi 16 – 17 Routine Work Marana Yoga	277583469	<b>Gulika</b> 3:31PM – 5:20PM Yama 11:53AM – 1:42PM <b>Rahu</b> 5:20PM – 7:10PM	<b>Anuradha Until 3:33PM</b> Shiva Until 12:56AM Mon Taitila Until 2:56AM Mon Prathama* Until 3:10PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Vaikasi</b>	Sunrise: 4:37AM Sunset: 7:10PM Moon 4 - Phase 5 Prathama <b>Devaloka Day</b>

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 24.36 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 1:43PM – 3:32PM  
**Yama** 10:04AM – 11:53AM  
**Rahu** 6:25AM – 8:14AM

**Jyeshtha\* Until 3:47PM**  
Siddha Until 11:50PM  
Vanija Until 2:55AM Tue  
Dvitiya Until 2:49PM

**Ganesha:** Yellow *Sunrise:* 4:36AM  
**Muruga:** Yellow *Sunset:* 7:11PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

Bloomfield, NJ  
Sun 1  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 7.31 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 4:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 11:53AM – 1:43PM  
**Yama** 8:14AM – 10:04AM  
**Rahu** 3:32PM – 5:22PM

**Mula\* Until 4:59PM**  
Sadhya Until 11:18PM  
Bava Until 3:37AM Wed  
Tritiya Until 3:10PM

**Ganesha:** Red *Sunrise:* 4:35AM  
**Muruga:** Yellow *Sunset:* 7:11PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Bloomfield, NJ  
Sun 2  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.07 Tithi 19 – 20  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:04AM – 11:53AM  
**Yama** 6:24AM – 8:14AM  
**Rahu** 11:53AM – 1:43PM

**Purvashadha\* Until 6:43PM**  
Subha Until 11:19PM  
Kaulava Until 4:59AM Thu  
Chaturthi\* Until 4:12PM

**Ganesha:** Red *Sunrise:* 4:34AM  
**Muruga:** Yellow *Sunset:* 7:12PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Bloomfield, NJ  
Sun 3  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.24 Tithi 20 – 21  
Routine Work Marana Yoga  
Until 8:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 8:13AM – 10:03AM  
**Yama** 4:33AM – 6:23AM  
**Rahu** 1:43PM – 3:33PM

**Uttarashadha Until 8:52PM**  
Sukla Until 11:45PM  
Gara Until 6:54AM Fri  
Panchami Until 5:51PM

**Ganesha:** Red *Sunrise:* 4:33AM  
**Muruga:** Yellow *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Bloomfield, NJ  
Sun 4  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.29 Tithi 21  
Routine Work Marana Yoga  
Until 11:47PM  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 6:23AM – 8:13AM  
**Yama** 3:34PM – 5:24PM  
**Rahu** 10:03AM – 11:53AM

**Shravana Until 11:47PM**  
Brahma Until 12:31AM Sat  
Gara Until 6:54AM  
Shashthi\* Until 7:59PM

**Ganesha:** Green *Sunrise:* 4:33AM  
**Muruga:** Yellow *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Bloomfield, NJ  
Sun 5  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.24 Tithi 22  
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 4:32AM – 6:22AM  
**Yama** 1:44PM – 3:34PM  
**Rahu** 8:13AM – 10:03AM

**Dhanishtha Until 2:44AM Sun**  
Indra Until 1:29AM Sun  
Visti Until 9:11AM  
Saptami Until 10:22PM

**Ganesha:** Red *Sunrise:* 4:32AM  
**Muruga:** Yellow *Sunset:* 7:15PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Bloomfield, NJ  
Sun 6  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.16 Tithi 23  
Creative Work Siddha Yoga  
Until 5:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 3:35PM – 5:25PM  
**Yama** 11:54AM – 1:44PM  
**Rahu** 5:25PM – 7:16PM

**Shatabhishak Until 5:32AM Mon**  
Vaidhriti\* Until 2:25AM Mon  
Balava Until 11:37AM  
Ashtami\* Until 12:47AM Mon

**Ganesha:** Blue *Sunrise:* 4:31AM  
**Muruga:** Yellow *Sunset:* 7:16PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Bloomfield, NJ  
Sun 7  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Sivaloka Day**

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 20.08 Tithi 24  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:44PM – 3:35PM  
**Yama** 10:03AM – 11:54AM  
**Rahu** 6:22AM – 8:12AM

**Purvaproshtapada\* Until 8:26AM Tue**  
Vishkambha\* Until 3:12AM Tue  
Taitila Until 1:57PM  
Navami\* Until 3:00AM Tue

**Ganesha:** Purple *Sunrise:* 4:31AM  
**Muruga:** Yellow *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon – Clear  
**Vaisaka-Vaikasi**

Bloomfield, NJ  
Sun 8  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

**Sivaloka Day**


<b>1</b>		<b>Tuesday, May 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Bloomfield, NJ
Meena Rasi: 2.06	Tithi 25						Sun 9	Sutra 44
		<b>Gulika</b>	<b>11:54AM – 1:45PM</b>	<b>Purvaproshtapada* Until 8:26AM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 4:30AM</i>		Vikarin 5121
		Yama	8:12AM – 10:03AM	Priti Until 3:43AM Wed	<b>Muruqa: Yellow</b>	<i>Sunset: 7:17PM</i>		Moon 5 - Phase 7
		318683469 <b>Rahu</b>	3:36PM – 5:27PM	Vanija Until 4:00PM	<b>Nataraja: Clear</b>			2nd Phase
Routine Work	Marana Yoga			<b>Dashami Until 4:50AM Wed</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 8:26AM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Bloomfield, NJ
Meena Rasi: 14.14	Tithi 26						Sun 10	Sutra 45
		<b>Gulika</b>	<b>10:03AM – 11:54AM</b>	<b>Uttaraproshtapada Until 10:45AM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 4:30AM</i>		Vikarin 5121
		Yama	6:21AM – 8:12AM	Ayushman Until 3:47AM Thu	<b>Muruqa: Yellow</b>	<i>Sunset: 7:18PM</i>		Moon 5 - Phase 7
		318683469 <b>Rahu</b>	11:54AM – 1:45PM	Bava Until 5:34PM	<b>Nataraja: Clear</b>			2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM Thu</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 10:45AM					<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bloomfield, NJ
Meena Rasi: 26.35	Tithi 26 – 27						Sun 11	Sutra 46
		<b>Gulika</b>	<b>8:12AM – 10:03AM</b>	<b>Revati Until 12:22PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 4:29AM</i>		Vikarin 5121
		Yama	4:29AM – 6:20AM	Saubhagya Until 3:23AM Fri	<b>Muruqa: Yellow</b>	<i>Sunset: 7:19PM</i>		Moon 5 - Phase 7
		318683469 <b>Rahu</b>	1:45PM – 3:37PM	Kaulava Until 6:33PM	<b>Nataraja: Clear</b>			2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 6:07AM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Until 12:22PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, May 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Bloomfield, NJ
Mesha Rasi: 9.13	Tithi 27 – 28						Sun 12	Sutra 47
		<b>Gulika</b>	<b>6:20AM – 8:11AM</b>	<b>Ashvini Until 1:42PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 4:29AM</i>		Vikarin 5121
		Yama	3:37PM – 5:28PM	Sobhana Until 2:30AM Sat	<b>Muruqa: Yellow</b>	<i>Sunset: 7:20PM</i>		Moon 5 - Phase 7
		328683469 <b>Rahu</b>	10:03AM – 11:54AM	Gara Until 6:54PM	<b>Nataraja: Clear</b>			2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 6:47AM</b>	<b>Moon – White</b>		<b>Devaloka Day</b>	
Until 1:42PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bloomfield, NJ
Mesha Rasi: 22.08	Tithi 28 – 29						Sun 13	Sutra 48
		<b>Gulika</b>	<b>4:28AM – 6:20AM</b>	<b>Bharani Until 2:14PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:28AM</i>		Vikarin 5121
		Yama	1:46PM – 3:37PM	Athiganda* Until 1:05AM Sun	<b>Muruqa: Yellow</b>	<i>Sunset: 7:20PM</i>		Moon 5 - Phase 7
		329683469 <b>Rahu</b>	8:11AM – 10:03AM	Visti Until 6:37PM	<b>Nataraja: Clear</b>			2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 6:49AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
Until 2:14PM					<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga								

		<b>Sunday, June 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Bloomfield, NJ
<b>Retreat Star</b>							Sun 14	Sutra 49
Vrishabha Rasi: 5.24	Tithi 29 – 30							Vikarin 5121
		<b>Gulika</b>	<b>3:38PM – 5:30PM</b>	<b>Krittika Until 2:02PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:28AM</i>		Moon 5 - Phase 7
		Yama	11:55AM – 1:46PM	Sukarma Until 11:14PM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:21PM</i>		Amavasya
		329683469 <b>Rahu</b>	5:30PM – 7:21PM	Naga Until 5:05AM Mon	<b>Nataraja: Clear</b>			
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 6:14AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Monday, June 3, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Bloomfield, NJ		
<b>Retreat Star</b>						Sun 15	Sutra 50	
Vrishabha Rasi: 18.58	Tithi 1							Vikarin 5121
<b>Family Home Evening</b>		<b>Gulika</b>	<b>1:46PM – 3:38PM</b>	<b>Rohini Until 1:37PM</b>	<b>Ganesha: Green</b>	<i>Sunrise: 4:27AM</i>		Moon 5 - Phase 7
		Yama	10:03AM – 11:55AM	Dhriti Until 9:01PM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:22PM</i>		Prathama
		339683469 <b>Rahu</b>	6:19AM – 8:11AM	Kintughna Until 4:22PM	<b>Nataraja: Clear</b>			
Creative Work	Amrita Yoga			<b>Prathama* Until 3:30AM Tue</b>	<b>Moon – Yellow</b>		<b>Bhuloka Day</b>	
					<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bloomfield, NJ Sun 16 Sutra 51
Mithuna Rasi: 2.47	Tithi 2	<b>Gulika</b> Yama	<b>11:55AM – 1:47PM</b> 8:11AM – 10:03AM	<b>Mrigashira Until 12:39PM</b> Shula* Until 6:28PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:27AM</b> <b>Sunset: 7:23PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Siddha Yoga	339683461	<b>Rahu</b> 3:39PM – 5:31PM	Balava Until 2:35PM <b>Dvitiya Until 1:34AM Wed</b>	Nataraja: Clear Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
Until 12:39PM								
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Tritiyayam Titau				Bloomfield, NJ Sun 17 Sutra 52
Mithuna Rasi: 16.49	Tithi 3	<b>Gulika</b> Yama	<b>10:03AM – 11:55AM</b> 6:19AM – 8:11AM	<b>Ardra Until 11:14AM</b> Ganda* Until 3:42PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:27AM</b> <b>Sunset: 7:23PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Siddha Yoga	339683461	<b>Rahu</b> 11:55AM – 1:47PM	Taitila Until 12:31PM <b>Tritiya Until 11:23PM</b>	Nataraja: Yellow Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau				Bloomfield, NJ Sun 18 Sutra 53
Kataka Rasi: 1	Tithi 4	<b>Gulika</b> Yama	<b>8:11AM – 10:03AM</b> 4:26AM – 6:19AM	<b>Punarvasu Until 9:55AM</b> Vridhi Until 12:48PM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:24PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Amrita Yoga	349683461	<b>Rahu</b> 1:47PM – 3:40PM	Vanija Until 10:15AM <b>Chaturthi* Until 9:04PM</b>	Nataraja: Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Bloomfield, NJ Sun 19 Sutra 54
Kataka Rasi: 15.15	Tithi 5	<b>Gulika</b> Yama	<b>6:19AM – 8:11AM</b> 3:40PM – 5:32PM	<b>Pushya Until 8:21AM</b> Dhruva Until 9:49AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:24PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Routine Work	Marana Yoga	349683461	<b>Rahu</b> 10:03AM – 11:55AM	Bava Until 7:54AM <b>Panchami Until 6:42PM</b>	Nataraja: Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bloomfield, NJ Sun 20 Sutra 55
Kataka Rasi: 29.32	Tithi 6 – 7	<b>Gulika</b> Yama	<b>4:26AM – 6:18AM</b> 1:48PM – 3:40PM	<b>Ashlesha* Until 6:38AM</b> Vyaghata* Until 6:50AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:25PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Routine Work	Marana Yoga	349683461	<b>Rahu</b> 8:11AM – 10:03AM	Gara Until 3:12AM Sun <b>Shashthi* Until 4:20PM</b>	Nataraja: Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
Until 6:38AM								
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bloomfield, NJ Sun 21 Sutra 56
Simha Rasi: 13.46	Tithi 7 – 8	<b>Gulika</b> Yama	<b>3:41PM – 5:33PM</b> 11:56AM – 1:48PM	<b>Purvaphalguni Until 3:48AM Mon</b> Vajra* Until 1:00AM Mon	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:26PM</b>	Vikarin 5121 Moon 5 - Phase 8	Ashtami
Creative Work	Siddha Yoga	351683461	<b>Rahu</b> 5:33PM – 7:26PM	Visti Until 12:58AM Mon <b>Saptami Until 2:03PM</b>	Nataraja: Yellow Moon – Red	<b>Devaloka Day</b> Jyeshtha-Vaikasi		

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bloomfield, NJ Sun 22 Sutra 57
Simha Rasi: 27.57	Tithi 8 – 9	<b>Gulika</b> Yama	<b>1:48PM – 3:41PM</b> 10:03AM – 11:56AM	<b>Uttaraphalguni Until 2:21AM Tue</b> Siddhi Until 10:14PM	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:26AM</b> <b>Sunset: 7:26PM</b>	Vikarin 5121 Moon 5 - Phase 8	Navami
Family Home Evening		351683461	<b>Rahu</b> 6:18AM – 8:11AM	Balava Until 10:51PM <b>Ashtami* Until 11:52AM</b>	Nataraja: Yellow Moon – Red	<b>Devaloka Day</b> Jyeshtha-Vaikasi		
Creative Work	Siddha Yoga							

<b>1</b>	<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bloomfield, NJ Sun 23
	Kanya Rasi: 12.02	Tithi 9 – 10	<b>Gulika</b> 11:56AM – 1:49PM	<b>Hasta</b> <b>Until 1:21AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM	Vikarin 5121
			Yama 8:11AM – 10:03AM	Vyatipata* Until 7:36PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 3:41PM – 5:34PM	Taitila Until 8:53PM	<b>Navami* Until 9:49AM</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bloomfield, NJ Sun 24
	Kanya Rasi: 26.01	Tithi 10 – 11	<b>Gulika</b> 10:04AM – 11:56AM	<b>Chitra</b> <b>Until 12:25AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
			Yama 6:18AM – 8:11AM	Variyan Until 5:07PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 11:56AM – 1:49PM	Vanija Until 7:08PM	<b>Dashami</b> <b>Until 7:58AM</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Bhuloka Day</b>	
Until 12:25AM Thu				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Bloomfield, NJ Sun 25
	Tula Rasi: 9.52	Tithi 11 – 12	<b>Gulika</b> 8:11AM – 10:04AM	<b>Svati</b> <b>Until 11:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
			Yama 4:25AM – 6:18AM	Parigha* Until 2:51PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 1:49PM – 3:42PM	Balava Until 5:00AM Fri	<b>Ekadashi</b> <b>Until 6:20AM</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Amrita Yoga			Moon – Green		<b>Bhuloka Day</b>	
Until 11:37PM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bloomfield, NJ Sun 26
	Tula Rasi: 23.31	Tithi 13	<b>Gulika</b> 6:18AM – 8:11AM	<b>Vishakha</b> <b>Until 11:27PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Vikarin 5121
			Yama 3:42PM – 5:35PM	Shiva Until 12:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 9
	371693461	<b>Rahu</b> 10:04AM – 11:57AM	Kaulava Until 4:29PM	<b>Trayodashi</b> <b>Until 4:01AM Sat</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Bloomfield, NJ Sun 27
	Vrischika Rasi: 6.58	Tithi 14	<b>Gulika</b> 4:25AM – 6:18AM	<b>Anuradha</b> <b>Until 11:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
			Yama 1:50PM – 3:43PM	Siddha Until 11:09AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 8:11AM – 10:04AM	Gara Until 3:43PM	<b>Chaturdashi* Until 3:29AM Sun</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>○</b>	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Bloomfield, NJ Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:43PM – 5:36PM	<b>Jyeshtha* Until 11:59PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	Vrischika Rasi: 20.11	Tithi 15	Yama 11:57AM – 1:50PM	Sadhya Until 9:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 5:36PM – 7:29PM	Visti Until 3:25PM	<b>Purnima* Until 3:27AM Mon</b>	<b>Nataraja:</b> Yellow		Purnima
Routine Work	Marana Yoga			Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 11:59PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>○</b>	<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Bloomfield, NJ Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:50PM – 3:43PM	<b>Mula* Until 1:16AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Vikarin 5121
	Dhanus Rasi: 3.07	Tithi 16	Yama 10:04AM – 11:57AM	Subha Until 8:55AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 9
	381793461	<b>Rahu</b> 6:18AM – 8:11AM	Balava Until 3:39PM	<b>Prathama* Until 3:58AM Tue</b>	<b>Nataraja:</b> Yellow		Prathama
Creative Work	Siddha Yoga			Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Bloomfield, NJ  
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

**Gulika** 11:58AM – 1:51PM  
Yama 8:12AM – 10:05AM  
Rahu 3:44PM – 5:37PM

**Purvashadha\* Until 2:57AM Wed**  
Sukla Until 8:26AM  
Tailila Until 4:28PM  
**Dvitiya Until 5:03AM Wed**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:29PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 2:57AM Wed  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bloomfield, NJ  
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18

**Gulika** 10:05AM – 11:58AM  
Yama 6:19AM – 8:12AM  
Rahu 11:58AM – 1:51PM

**Uttarashadha Until 4:59AM Thu**  
Brahma Until 8:24AM  
Vanija Until 5:49PM  
**Tritiya Until 6:40AM Thu**

**Ganesha:** Purple *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 4:59AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Bloomfield, NJ  
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

**Gulika** 8:12AM – 10:05AM  
Yama 4:26AM – 6:19AM  
Rahu 1:51PM – 3:44PM

**Shravana Until 7:46AM Fri**  
Indra Until 8:47AM  
Bava Until 7:40PM  
**Tritiya Until 6:40AM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bloomfield, NJ  
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

**Gulika** 6:19AM – 8:12AM  
Yama 3:44PM – 5:37PM  
Rahu 10:05AM – 11:58AM

**Shravana Until 7:46AM**  
Vaidhriti\* Until 9:27AM  
Kaulava Until 9:51PM  
**Chaturthi\* Until 8:42AM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 7:46AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Bloomfield, NJ  
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

**Gulika** 4:26AM – 6:19AM  
Yama 1:51PM – 3:44PM  
Rahu 8:12AM – 10:05AM

**Dhanishtha Until 10:39AM**  
Vishkambha\* Until 10:21AM  
Gara Until 12:13AM Sun  
**Panchami Until 11:00AM**

**Ganesha:** Clear *Sunrise: 4:26AM*  
**Muruqa:** Blue *Sunset: 7:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 10:39AM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bloomfield, NJ  
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

**Gulika** 3:45PM – 5:38PM  
Yama 11:59AM – 1:52PM  
Rahu 5:38PM – 7:31PM

**Shatabhishak Until 1:27PM**  
Priti Until 11:20AM  
Visti Until 2:35AM Mon  
**Shashthi\* Until 1:24PM**

**Ganesha:** Clear *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:31PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bloomfield, NJ  
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

**Family Home Evening**

**Gulika** 1:52PM – 3:45PM  
Yama 10:06AM – 11:59AM  
Rahu 6:20AM – 8:13AM

**Purvaproshtapada\* Until 4:29PM**  
Ayushman Until 12:12PM  
Balava Until 4:45AM Tue  
**Saptami Until 3:41PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:31PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 4:29PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**



**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Bloomfield, NJ  
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

**Gulika** 11:59AM – 1:52PM  
Yama 8:13AM – 10:06AM  
Rahu 3:45PM – 5:38PM

**Uttaraproshtapada Until 7:03PM**  
Saubhagya Until 12:53PM  
Tailila Until 6:31AM Wed  
**Ashtami\* Until 5:40PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:31PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga  
Until 7:03PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Tailila/Gara Karana Navamyam Titau

Bloomfield, NJ  
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24

**Gulika** 10:06AM – 11:59AM  
Yama 6:20AM – 8:13AM  
Rahu 11:59AM – 1:52PM

**Revati Until 8:59PM**  
Sobhana Until 1:14PM  
Tailila Until 6:31AM  
**Navami\* Until 7:10PM**

**Ganesha:** Yellow *Sunrise: 4:27AM*  
**Muruqa:** Blue *Sunset: 7:31PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

**Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Bloomfield, NJ Sun 9 Sutra 74
Mesha Rasi: 4.35	Tithi 25	<b>Gulika</b> 8:14AM – 10:07AM	<b>Ashvini</b> Until 10:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM		Vikarin 5121	
		Yama 4:28AM – 6:21AM	Athiganda* Until 1:06PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 1:52PM – 3:45PM	Vanija Until 7:43AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:04PM	Moon – White		<b>Devaloka Day</b>		
Until 10:38PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Bloomfield, NJ Sun 10 Sutra 75
Mesha Rasi: 17.14	Tithi 26	<b>Gulika</b> 6:21AM – 8:14AM	<b>Bharani</b> Until 11:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM		Vikarin 5121	
		Yama 3:45PM – 5:38PM	Sukarma Until 12:27PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 10:07AM – 12:00PM	Bava Until 8:16AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:15PM	Moon – White		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				

<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Bloomfield, NJ Sun 11 Sutra 76
Vrishabha Rasi: 0.15	Tithi 27	<b>Gulika</b> 4:29AM – 6:21AM	<b>Krittika</b> Until 11:22PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:29AM		Vikarin 5121	
		Yama 1:53PM – 3:45PM	Dhriti Until 11:14AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 8:14AM – 10:07AM	Kaulava Until 8:06AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 7:43PM	Moon – White		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				

<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Bloomfield, NJ Sun 12 Sutra 77
Vrishabha Rasi: 13.38	Tithi 28	<b>Gulika</b> 3:45PM – 5:38PM	<b>Rohini</b> Until 10:56PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:29AM		Vikarin 5121	
		Yama 12:00PM – 1:53PM	Shula* Until 9:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 5:38PM – 7:31PM	Gara Until 7:12AM	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:29PM	Moon – Yellow		<b>Devaloka Day</b>		
				<b>Jyeshtha-Ani</b>				
				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bloomfield, NJ Sun 13 Sutra 78
Vrishabha Rasi: 27.25	Tithi 29 – 30	<b>Gulika</b> 1:53PM – 3:45PM	<b>Mrigashira</b> Until 9:46PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:30AM		Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:08AM – 12:00PM	Ganda* Until 7:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
		322793461 <b>Rahu</b> 6:22AM – 8:15AM	Catuspada Until 3:33AM Tue	<b>Nataraja:</b> Yellow			2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:39PM	Moon – Yellow		<b>Devaloka Day</b>		
Until 9:46PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Bloomfield, NJ Sun 14 Sutra 79
<b>Retreat Star</b>		<b>Gulika</b> 12:00PM – 1:53PM	<b>Ardra</b> Until 7:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:30AM		Vikarin 5121	
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:15AM – 10:08AM	Dhruva Until 1:12AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Moon 6 - Phase 11	
		333793461 <b>Rahu</b> 3:45PM – 5:38PM	Kintughna Until 1:00AM Wed	<b>Nataraja:</b> Yellow			Amavasya	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 2:18PM	Moon – Yellow		<b>Sivaloka Day</b>		
Until 7:59PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bloomfield, NJ Sun 15 Sutra 80
Mithuna Rasi: 25.57	Tithi 1 – 2	<b>Gulika</b> 10:08AM – 12:01PM	<b>Punarvasu</b> Until 6:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:31AM		Vikarin 5121	
		Yama 6:23AM – 8:16AM	Vyaghata* Until 9:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM		Moon 6 - Phase 11	
		343793461 <b>Rahu</b> 12:01PM – 1:53PM	Balava Until 10:10PM	<b>Nataraja:</b> Yellow			Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:36AM	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Ashada-Ani</b>				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau			Bloomfield, NJ Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 - 3	<b>Gulika</b> 8:16AM - 10:08AM	<b>Pushya</b> Until 3:58PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:31AM	Vikarin 5121	
		Yama 4:31AM - 6:24AM	Harshana Until 6:19PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 1:53PM - 3:45PM	Taitila Until 7:10PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 8:39AM	Moon - Blue		<b>Sivaloka Day</b>	
Until 3:58PM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturthyam Titau			Bloomfield, NJ Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	<b>Gulika</b> 6:24AM - 8:16AM	<b>Ashlesha*</b> Until 1:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:32AM	Vikarin 5121	
		Yama 3:45PM - 5:38PM	Vajra* Until 2:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 10:09AM - 12:01PM	Vanija Until 4:08PM	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 2:37AM Sat	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau			Bloomfield, NJ Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	<b>Gulika</b> 4:32AM - 6:25AM	<b>Magha*</b> Until 11:37AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:32AM	Vikarin 5121	
		Yama 1:53PM - 3:45PM	Siddhi Until 11:17AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 8:17AM - 10:09AM	Bava Until 1:11PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Panchami</b> Until 11:46PM	Moon - Red		<b>Subha Sivaloka Day</b>	
Until 11:37AM				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Bloomfield, NJ Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	<b>Gulika</b> 3:45PM - 5:37PM	<b>Purvaphalguni</b> Until 9:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:33AM	Vikarin 5121	
		Yama 12:01PM - 1:53PM	Vyatipata* Until 7:59AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 5:37PM - 7:29PM	Kaulava Until 10:27AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 9:10PM	Moon - Red		<b>Sivaloka Day</b>	
Until 9:40AM		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Bloomfield, NJ Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	<b>Gulika</b> 1:53PM - 3:45PM	<b>Uttaraphalguni</b> Until 7:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:09AM - 12:01PM	Parigha* Until 2:06AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 6:26AM - 8:17AM	Gara Until 8:00AM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:53PM	Moon - Red		<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Bloomfield, NJ Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 - 9	<b>Gulika</b> 12:01PM - 1:53PM	<b>Hasta</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:34AM	Vikarin 5121	
		Yama 8:18AM - 10:10AM	Shiva Until 11:39PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 3:45PM - 5:37PM	Balava Until 4:14AM Wed	<b>Nataraja:</b> Yellow		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:00PM	Moon - Green		<b>Subha Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Bloomfield, NJ Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 - 10	<b>Gulika</b> 10:10AM - 12:02PM	<b>Svati</b> Until 5:15AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM	Vikarin 5121	
		Yama 6:27AM - 8:18AM	Siddha Until 9:32PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
		463893461 <b>Rahu</b> 12:02PM - 1:53PM	Taitila Until 3:00AM Thu	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 3:32PM	Moon - Green		<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

1	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bloomfield, NJ Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	<b>Gulika</b> 8:19AM – 10:10AM	<b>Vishakha</b> Until 5:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 4:36AM – 6:27AM	Sadhya Until 7:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 1:53PM – 3:45PM	Vanija Until 2:13AM Fri	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami</b> Until 2:32PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			

2	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bloomfield, NJ Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	<b>Gulika</b> 6:28AM – 8:19AM	<b>Anuradha</b> Until 5:54AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 3:45PM – 5:36PM	Subha Until 6:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 10:10AM – 12:02PM	Bava Until 1:56AM Sat	<b>Nataraja:</b> Yellow		4th Phase
			<b>Ekadashi</b> Until 2:00PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			

3	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bloomfield, NJ Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	<b>Gulika</b> 4:37AM – 6:28AM	<b>Jyeshtha*</b> Until 6:43AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:37AM	Vikarin 5121
			Yama 1:53PM – 3:44PM	Sukla Until 5:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 8:20AM – 10:11AM	Kaulava Until 2:07AM Sun	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dvadashi</b> Until 1:56PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			
				<i>Pradosha Vrata</i>			

4	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Bloomfield, NJ Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	<b>Gulika</b> 3:44PM – 5:35PM	<b>Jyeshtha*</b> Until 6:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:38AM	Vikarin 5121
			Yama 12:02PM – 1:53PM	Brahma Until 4:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 <b>Rahu</b> 5:35PM – 7:26PM	Gara Until 2:47AM Mon	<b>Nataraja:</b> Yellow		4th Phase
			<b>Trayodashi</b> Until 2:22PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada•Ani</b>			

5	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Bloomfield, NJ Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	<b>Gulika</b> 1:53PM – 3:44PM	<b>Mula*</b> Until 8:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:11AM – 12:02PM	Indra Until 4:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 <b>Rahu</b> 6:29AM – 8:20AM	Visti Until 3:54AM Tue	<b>Nataraja:</b> Yellow		4th Phase
			<b>Chaturdashi*</b> Until 3:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada•Ani</b>			

○	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bloomfield, NJ Sun 28 Sutra 93
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:02PM – 1:53PM	<b>Purvashadha*</b> Until 10:10AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:39AM	Vikarin 5121
	Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 8:21AM – 10:12AM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 <b>Rahu</b> 3:44PM – 5:34PM	Balava Until 5:28AM Wed	<b>Nataraja:</b> Yellow		Purnima
			<b>Purnima*</b> Until 4:37PM	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada•Adi</b>			
				<b>Partial Lunar Eclipse</b>			
				<b>Satguru Purnima</b>			

○	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Bloomfield, NJ Sun 29 Sutra 94
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:12AM – 12:02PM	<b>Uttarashadha</b> Until 12:18PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:40AM	Vikarin 5121
	Makara Rasi: 6.44	Tithi 16	Yama 6:31AM – 8:21AM	Vishkambha* Until 5:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 <b>Rahu</b> 12:02PM – 1:53PM	Kaulava Until 6:23PM	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> Until 6:23PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashada•Adi</b>			



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 18.47    Tithi 17  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Shrivana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 8:22AM – 10:12AM  
Yama 4:41AM – 6:31AM  
**Rahu** 1:53PM – 3:43PM  
**Shravana Until 3:05PM**  
Priti Until 5:57PM  
Taitila Until 7:24AM  
**Dvitiya Until 8:28PM**

Bloomfield, NJ  
Sun 1    Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:41AM  
Sunset: 7:24PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Purple  
**Subha Sivaloka Day**  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Kumbha Rasi: 0.44    Tithi 18  
494893462 Rahu  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 6:32AM – 8:22AM  
Yama 3:43PM – 5:33PM  
**Rahu** 10:12AM – 12:03PM  
**Dhanishtha Until 5:57PM**  
Ayushman Until 6:49PM  
Vanija Until 9:37AM  
**Tritiya Until 10:47PM**

Bloomfield, NJ  
Sun 2    Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:42AM  
Sunset: 7:23PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Purple  
**Subha Sivaloka Day**  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 12.37    Tithi 19  
494893462 Rahu  
Creative Work    Amrita Yoga  
Until 8:45PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 4:43AM – 6:33AM  
Yama 1:53PM – 3:43PM  
**Rahu** 8:23AM – 10:13AM  
**Shatabhishak Until 8:45PM**  
Saubhagya Until 7:48PM  
Bava Until 12:00PM  
**Chaturthi\* Until 1:12AM Sun**

Bloomfield, NJ  
Sun 3    Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:43AM  
Sunset: 7:23PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Purple  
**Subha Sivaloka Day**  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 24.28    Tithi 20  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 11:53PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 3:42PM – 5:32PM  
Yama 12:03PM – 1:52PM  
**Rahu** 5:32PM – 7:22PM  
**Purvaproshtapada\* Until 11:53PM**  
Sobhana Until 8:46PM  
Kaulava Until 2:25PM  
**Panchami Until 3:34AM Mon**

Bloomfield, NJ  
Sun 4    Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:43AM  
Sunset: 7:22PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Clear  
**Subha Sivaloka Day**  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 6.22    Tithi 21  
414893462 Rahu  
**Family Home Evening**  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 1:52PM – 3:42PM  
Yama 10:13AM – 12:03PM  
**Rahu** 6:34AM – 8:23AM  
**Uttaraproshtapada Until 2:40AM Tue**  
Athiganda\* Until 9:35PM  
Gara Until 4:42PM  
**Shashthi\* Until 5:44AM Tue**

Bloomfield, NJ  
Sun 5    Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:44AM  
Sunset: 7:21PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Clear  
**Subha Sivaloka Day**  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 18.19    Tithi 22  
414893462 Rahu  
Creative Work    Siddha Yoga  
Until 4:57AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Revati Nakshatra Sukarma Yoga Visti\* Karana Saptamyam Titau  
**Gulika** 12:03PM – 1:52PM  
Yama 8:24AM – 10:13AM  
**Rahu** 3:41PM – 5:31PM  
**Revati Until 4:57AM Wed**  
Sukarma Until 10:11PM  
Visti Until 6:42PM  
**Saptami Until 7:32AM Wed**

Bloomfield, NJ  
Sun 6    Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Sunrise: 4:45AM  
Sunset: 7:20PM  
Ganesha: Clear  
Muruga: Blue  
Nataraja: White  
Moon – Clear  
**Subha Sivaloka Day**  
Ashada-Adi    Tour Day

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Mesha Rasi: 0.26    Tithi 22 – 23  
424893462 Rahu  
Routine Work    Marana Yoga  
Until 7:04AM Thu  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 10:14AM – 12:03PM  
Yama 6:35AM – 8:24AM  
**Rahu** 12:03PM – 1:52PM  
**Ashvini Until 7:04AM Thu**  
Dhriti Until 10:26PM  
Balava Until 8:16PM  
**Saptami Until 7:32AM**

Bloomfield, NJ  
Sun 7    Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami  
Sunrise: 4:46AM  
Sunset: 7:19PM  
Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon – White  
**Subha Subha Sivaloka Day**  
Ashada-Adi

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 12.46    Tithi 23 – 24  
424893462 Rahu  
Creative Work    Amrita Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 8:25AM – 10:14AM  
Yama 4:47AM – 6:36AM  
**Rahu** 1:52PM – 3:41PM  
**Ashvini Until 7:04AM**  
Shula\* Until 10:10PM  
Taitila Until 9:13PM  
**Ashtami\* Until 8:48AM**

Bloomfield, NJ  
Sun 8    Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami  
Sunrise: 4:47AM  
Sunset: 7:18PM  
Ganesha: White  
Muruga: Blue  
Nataraja: White  
Moon – White  
**Subha Subha Sivaloka Day**  
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>	<b>Friday, July 26, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Bloomfield, NJ
	Mesha Rasi: 25.23    Tithi 24 – 25	<b>Gulika</b> 6:37AM – 8:25AM	<b>Bharani</b> <b>Until 8:23AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:48AM	Sun 9    Sutra 103
	424893462	Yama 3:40PM – 5:29PM	Ganda* <b>Until 9:22PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:18PM	Vikarin 5121
	Creative Work    Siddha Yoga	<b>Rahu</b> 10:14AM – 12:03PM	Vanija <b>Until 9:27PM</b>	<b>Nataraja:</b> White	Moon 7 - Phase 15
			Navami* <b>Until 9:25AM</b>	Moon – White <b>Subha Subha Sivaloka Day</b>	2nd Phase
				<b>Ashada-Adi</b>	

<b>2</b>	<b>Saturday, July 27, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Bloomfield, NJ
	Vrishabha Rasi: 8.21    Tithi 25 – 26	<b>Gulika</b> 4:49AM – 6:37AM	<b>Krittika</b> <b>Until 8:49AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:49AM	Sun 10    Sutra 104
	424893462	Yama 1:51PM – 3:40PM	Vriddhi <b>Until 7:57PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:17PM	Vikarin 5121
	Creative Work    Amrita Yoga	<b>Rahu</b> 8:26AM – 10:14AM	Bava <b>Until 8:55PM</b>	<b>Nataraja:</b> White	Moon 7 - Phase 15
			Dashami <b>Until 9:16AM</b>	Moon – White <b>Subha Subha Sivaloka Day</b>	2nd Phase
				<b>Ashada-Adi</b>	

<b>3</b>	<b>Sunday, July 28, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Bloomfield, NJ
	Vrishabha Rasi: 21.44    Tithi 26 – 27	<b>Gulika</b> 3:39PM – 5:27PM	<b>Rohini</b> <b>Until 8:47AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:50AM	Sun 11    Sutra 105
	434893462	Yama 12:03PM – 1:51PM	Dhruva <b>Until 5:53PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:16PM	Vikarin 5121
	Creative Work    Siddha Yoga	<b>Rahu</b> 5:27PM – 7:16PM	Kaulava <b>Until 7:36PM</b>	<b>Nataraja:</b> White	Moon 7 - Phase 15
			Ekadashi* <b>Until 8:20AM</b>	Moon – Yellow <b>Subha Sivaloka Day</b>	2nd Phase
				<b>Ashada-Adi</b>	

<b>4</b>	<b>Monday, July 29, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau			Bloomfield, NJ
	Mithuna Rasi: 5.34    Tithi 27 – 28	<b>Gulika</b> 1:51PM – 3:39PM	<b>Mrigashira</b> <b>Until 7:51AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:51AM	Sun 12    Sutra 106
	<b>Family Home Evening</b>	Yama 10:15AM – 12:03PM	Vyaghata* <b>Until 3:14PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:15PM	Vikarin 5121
	Creative Work    Amrita Yoga	<b>Rahu</b> 6:39AM – 8:27AM	Vanija <b>Until 4:19AM Tue</b>	<b>Nataraja:</b> White	Moon 7 - Phase 15
Until 7:51AM			Dvadashi* <b>Until 6:39AM</b>	Moon – Yellow <b>Sivaloka Day</b>	2nd Phase
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>	
				<b>Pradosha Vrata (Fasting)</b>	

<b>5</b>	<b>Tuesday, July 30, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Bloomfield, NJ
	Mithuna Rasi: 19.5    Tithi 29	<b>Gulika</b> 12:03PM – 1:50PM	<b>Ardra</b> <b>Until 6:07AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:52AM	Sun 13    Sutra 107
	435893462	Yama 8:27AM – 10:15AM	Harshana <b>Until 12:07PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:14PM	Vikarin 5121
	Routine Work    Marana Yoga	<b>Rahu</b> 3:38PM – 5:26PM	Visti <b>Until 2:57PM</b>	<b>Nataraja:</b> White	Moon 7 - Phase 15
Until 6:07AM			Chaturdashi* <b>Until 1:27AM Wed</b>	Moon – Yellow <b>Sivaloka Day</b>	2nd Phase
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>	

	<b>Wednesday, July 31, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Bloomfield, NJ
	<b>Retreat Star</b>	<b>Gulika</b> 10:15AM – 12:03PM	<b>Pushya</b> <b>Until 1:40AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:52AM	Sun 14    Sutra 108
	Kataka Rasi: 4.28    Tithi 30	Yama 6:40AM – 8:27AM	Vajra* <b>Until 8:33AM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:13PM	Vikarin 5121
	445893462	<b>Rahu</b> 12:03PM – 1:50PM	Catuspada <b>Until 11:52AM</b>	<b>Nataraja:</b> White	Moon 7 - Phase 15
Creative Work    Siddha Yoga		<b>Amavasya* Until 10:11PM</b>	Moon – Blue	<b>Sivaloka Day</b>	Amavasya
				<b>Ashada-Adi</b>	

<b>Retreat Star</b>	<b>Thursday, August 1, 2019</b>	Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Bloomfield, NJ
	Kataka Rasi: 19.22    Tithi 1	<b>Gulika</b> 8:28AM – 10:15AM	<b>Ashlesha*</b> <b>Until 10:50PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:53AM	Sun 15    Sutra 109
	445893462	Yama 4:53AM – 6:41AM	Vyatipata* <b>Until 12:45AM Fri</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:12PM	Vikarin 5121
	Creative Work    Siddha Yoga	<b>Rahu</b> 1:50PM – 3:37PM	Kintughna <b>Until 8:28AM</b>	<b>Nataraja:</b> White	Moon 7 - Phase 15
Until 10:50PM		<b>Prathama* Until 6:41PM</b>	Moon – Blue	<b>Sivaloka Day</b>	Prathama
Then Creative Work - Amrita Yoga				<b>Sravana-Adi</b>	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Bloomfield, NJ Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 4.24	Tithi 2 – 3	<b>Gulika</b> 6:41AM – 8:28AM	<b>Magha* Until 8:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM		
		Yama 3:36PM – 5:23PM	Variyan Until 8:43PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:11PM		Moon 7 - Phase 16
	455893462	<b>Rahu</b> 10:15AM – 12:02PM	Taitila Until 1:22AM Sat	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 3:07PM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 8:13PM				<b>Sravana•Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Bloomfield, NJ Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 19.26	Tithi 3 – 4	<b>Gulika</b> 4:55AM – 6:42AM	<b>Purvaphalguni Until 5:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM		
		Yama 1:49PM – 3:36PM	Parigha* Until 4:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:09PM		Moon 7 - Phase 16
	455893462	<b>Rahu</b> 8:29AM – 10:16AM	Vanija Until 9:57PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:37AM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 5:36PM				<b>Sravana•Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bloomfield, NJ Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 4.19	Tithi 4 – 5	<b>Gulika</b> 3:35PM – 5:22PM	<b>Uttaraphalguni Until 3:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM		
		Yama 12:02PM – 1:49PM	Shiva Until 1:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 16
	455993462	<b>Rahu</b> 5:22PM – 7:08PM	Bava Until 6:51PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 8:20AM</b>	<b>Moon – Red</b>		<b>Subha Sivaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana•Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Bloomfield, NJ Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 18.57	Tithi 6	<b>Gulika</b> 1:48PM – 3:35PM	<b>Hasta Until 1:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:57AM		
<b>Family Home Evening</b>		Yama 10:16AM – 12:02PM	Siddha Until 9:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	<b>Rahu</b> 6:43AM – 8:30AM	Kaulava Until 4:10PM	<b>Nataraja:</b> White			3rd Phase
Until 1:17PM			<b>Shashthi* Until 3:00AM Tue</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Sravana•Adi</b>			

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Bloomfield, NJ Sun 20 Sutra 114 Vikarin 5121	
Tula Rasi: 3.13	Tithi 7	<b>Gulika</b> 12:02PM – 1:48PM	<b>Chitra Until 11:52AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM		
		Yama 8:30AM – 10:16AM	Sadhya Until 6:48AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:06PM		Moon 7 - Phase 16
	465993462	<b>Rahu</b> 3:34PM – 5:20PM	Gara Until 2:02PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 1:10AM Wed</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	<b>Tour Day</b>
				<b>Sravana•Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Bloomfield, NJ Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 17.07	Tithi 8	<b>Gulika</b> 10:16AM – 12:02PM	<b>Svati Until 10:54AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM		
		Yama 6:45AM – 8:31AM	Sukla Until 2:25AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:05PM		Moon 7 - Phase 16
	465993462	<b>Rahu</b> 12:02PM – 1:48PM	Visti Until 12:30PM	<b>Nataraja:</b> White			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:59PM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana•Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Bloomfield, NJ Sun 22 Sutra 116 Vikarin 5121	
Vrischika Rasi: 0.37	Tithi 9	<b>Gulika</b> 8:31AM – 10:16AM	<b>Vishakha Until 10:54AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM		
		Yama 5:00AM – 6:45AM	Brahma Until 1:02AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 16
	476993462	<b>Rahu</b> 1:47PM – 3:33PM	Balava Until 11:39AM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 11:28PM</b>	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
				<b>Sravana•Adi</b>			

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Bloomfield, NJ Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	<b>Gulika</b> 6:46AM – 8:31AM	<b>Anuradha</b> <b>Until 11:24AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:01AM	
		Yama 3:32PM – 5:17PM	Indra <b>Until 12:10AM Sat</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:02PM	Moon 7 - Phase 17
476993462	<b>Rahu</b> 10:16AM – 12:02PM		Taitila <b>Until 11:28AM</b>	<b>Nataraja:</b> White	4th Phase
Creative Work	Siddha Yoga			Moon – Orange	<b>Sivaloka Day</b>
Until 11:24AM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> <b>Until 11:36PM</b>	<b>Sravana*Adi</b>	
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Bloomfield, NJ Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	<b>Gulika</b> 5:02AM – 6:47AM	<b>Jyeshtha*</b> <b>Until 12:22PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:02AM	
		Yama 1:46PM – 3:31PM	Vaidhriti* <b>Until 11:45PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:01PM	Moon 7 - Phase 17
476993462	<b>Rahu</b> 8:32AM – 10:17AM		Vanija <b>Until 11:55AM</b>	<b>Nataraja:</b> White	4th Phase
Creative Work	Siddha Yoga			Moon – Orange	<b>Sivaloka Day</b>
Until 11:24AM			<b>Ekadashi</b> <b>Until 12:20AM Sun</b>	<b>Sravana*Adi</b>	
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Bloomfield, NJ Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	<b>Gulika</b> 3:31PM – 5:15PM	<b>Mula*</b> <b>Until 2:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:03AM	
		Yama 12:01PM – 1:46PM	Vishkambha* <b>Until 11:46PM</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:00PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 5:15PM – 7:00PM		Bava <b>Until 12:56PM</b>	<b>Nataraja:</b> White	4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue	<b>Subha Sivaloka Day</b>
Until 2:12PM			<b>Dvadashi</b> <b>Until 1:36AM Mon</b>	<b>Sravana*Adi</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Bloomfield, NJ Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	<b>Gulika</b> 1:45PM – 3:30PM	<b>Purvashadha*</b> <b>Until 4:20PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:04AM	
		Yama 10:17AM – 12:01PM	Priti <b>Until 12:07AM Tue</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:58PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 6:48AM – 8:33AM		Kaulava <b>Until 2:25PM</b>	<b>Nataraja:</b> White	4th Phase
Family Home Evening				Moon – Light Blue	<b>Subha Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 3:17AM Tue</b>	<b>Sravana*Adi</b>	

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Bloomfield, NJ Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	<b>Gulika</b> 12:01PM – 1:45PM	<b>Uttarashadha</b> <b>Until 6:38PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:05AM	
		Yama 8:33AM – 10:17AM	Ayushman <b>Until 12:42AM Wed</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:57PM	Moon 7 - Phase 17
486993462	<b>Rahu</b> 3:29PM – 5:13PM		Gara <b>Until 4:16PM</b>	<b>Nataraja:</b> White	4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue	<b>Subha Sivaloka Day</b>
Until 6:38PM			<b>Chaturdashi*</b> <b>Until 5:18AM Wed</b>	<b>Sravana*Adi</b>	<b>Tour Day</b>
Then Creative Work - Siddha Yoga					

<b>○</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau	Bloomfield, NJ Sutra 122 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:17AM – 12:01PM	<b>Shravana</b> <b>Until 9:33PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:06AM	
Makara Rasi: 15.35	Tithi 15	Yama 6:50AM – 8:33AM	Saubhagya <b>Until 1:29AM Thu</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:56PM	Moon 7 - Phase 17
496993462	<b>Rahu</b> 12:01PM – 1:45PM		Visti <b>Until 6:25PM</b>	<b>Nataraja:</b> White	Purnima
Creative Work	Siddha Yoga			Moon – Purple	<b>Sivaloka Day</b>
Until 9:33PM		<b>Raksha Bandhan</b>	<b>Purnima*</b> <b>Until 7:32AM Thu</b>	<b>Sravana*Adi</b>	
Then Routine Work - Prabalarishta Yoga					

<b>Thursday, August 15, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Bloomfield, NJ Sutra 123 Vikarin 5121
Makara Rasi: 27.31	Tithi 15 – 16	<b>Gulika</b> 8:34AM – 10:17AM	<b>Dhanishtha</b> <b>Until 12:27AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:07AM	
		Yama 5:07AM – 6:50AM	Sobhana <b>Until 2:24AM Fri</b>	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:54PM	Moon 7 - Phase 17
497993462	<b>Rahu</b> 1:44PM – 3:27PM		Balava <b>Until 8:44PM</b>	<b>Nataraja:</b> White	Prathama
Creative Work	Siddha Yoga			Moon – Purple	<b>Subha Sivaloka Day</b>
Until 9:33PM			<b>Purnima*</b> <b>Until 7:32AM</b>	<b>Sravana*Adi</b>	
Then Routine Work - Prabalarishta Yoga					





**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bloomfield, NJ

Kumbha Rasi: 9.24    Tithi 16 – 17

497993462

**Gulika** 6:51AM – 8:34AM  
Yama 3:27PM – 5:10PM  
**Rahu** 10:17AM – 12:00PM

**Shatabhishak Until 3:16AM Sat**  
Athiganda\* Until 3:21AM Sat  
Taitila Until 11:10PM  
**Prathama\* Until 9:55AM**

**Ganesha:** Yellow    *Sunrise: 5:08AM*  
**Muruqa:** Blue    *Sunset: 6:53PM*  
**Nataraja:** White  
Moon – Purple

Moon 8 - Phase 18  
1st Phase

Creative Work    Siddha Yoga  
Until 3:16AM Sat  
Then Routine Work - Marana Yoga

**Subha Sivaloka Day**

**Sravana-Adi**

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Bloomfield, NJ

Kumbha Rasi: 21.15    Tithi 17 – 18

517993462

**Gulika** 5:09AM – 6:52AM  
Yama 1:43PM – 3:26PM  
**Rahu** 8:35AM – 10:17AM

**Purvaprossthapada\* Until 6:25AM Sun**  
Sukarma Until 4:18AM Sun  
Vanija Until 1:35AM Sun  
**Dvitiya Until 12:21PM**

**Ganesha:** White    *Sunrise: 5:09AM*  
**Muruqa:** Blue    *Sunset: 6:52PM*  
**Nataraja:** White  
Moon – Clear

Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Routine Work    Marana Yoga  
Until 6:25AM Sun  
Then Creative Work - Amrita Yoga

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprossthapada/Uttaraprossthapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritya/Chaturthyam Titau

Bloomfield, NJ

Meena Rasi: 3.07    Tithi 18 – 19

517993462

**Gulika** 3:25PM – 5:08PM  
Yama 12:00PM – 1:43PM  
**Rahu** 5:08PM – 6:50PM

**Purvaprossthapada\* Until 6:25AM**  
Dhriti Until 5:12AM Mon  
Bava Until 3:55AM Mon  
**Tritiya Until 2:45PM**

**Ganesha:** White    *Sunrise: 5:10AM*  
**Muruqa:** Blue    *Sunset: 6:50PM*  
**Nataraja:** White  
Moon – Clear

Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Creative Work    Siddha Yoga  
Until 6:25AM  
Then Creative Work - Amrita Yoga

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprossthapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bloomfield, NJ

Meena Rasi: 15.02    Tithi 19 – 20

517993462

**Gulika** 1:42PM – 3:24PM  
Yama 10:18AM – 12:00PM  
**Rahu** 6:53AM – 8:35AM

**Uttaraprossthapada Until 9:16AM**  
Shula\* Until 5:54AM Tue  
Kaulava Until 6:03AM Tue  
**Chaturthi\* Until 5:00PM**

**Ganesha:** White    *Sunrise: 5:11AM*  
**Muruqa:** Blue    *Sunset: 6:49PM*  
**Nataraja:** White  
Moon – Clear

Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Family Home Evening**  
Creative Work    Siddha Yoga

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Bloomfield, NJ

Meena Rasi: 27.01    Tithi 20

517993462

**Gulika** 12:00PM – 1:41PM  
Yama 8:36AM – 10:18AM  
**Rahu** 3:23PM – 5:05PM

**Revati Until 11:46AM**  
Ganda\* Until 6:22AM Wed  
Kaulava Until 6:03AM  
**Panchami Until 6:59PM**

**Ganesha:** White    *Sunrise: 5:12AM*  
**Muruqa:** Blue    *Sunset: 6:47PM*  
**Nataraja:** White  
Moon – Clear

Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Creative Work    Siddha Yoga

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Bloomfield, NJ

Mesha Rasi: 9.07    Tithi 21

528993462

**Gulika** 10:18AM – 11:59AM  
Yama 6:54AM – 8:36AM  
**Rahu** 11:59AM – 1:41PM

**Ashvini Until 2:14PM**  
Ganda\* Until 6:22AM  
Gara Until 7:52AM  
**Shashthi\* Until 8:35PM**

**Ganesha:** White    *Sunrise: 5:13AM*  
**Muruqa:** Blue    *Sunset: 6:46PM*  
**Nataraja:** White  
Moon – White

Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Routine Work    Marana Yoga  
Until 2:14PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Sravana-Avani**

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Bloomfield, NJ

Mesha Rasi: 21.25    Tithi 22

528993462

**Gulika** 8:36AM – 10:18AM  
Yama 5:14AM – 6:55AM  
**Rahu** 1:40PM – 3:22PM

**Bharani Until 4:04PM**  
Vridhhi Until 6:30AM  
Visti Until 9:13AM  
**Saptami Until 9:39PM**

**Ganesha:** White    *Sunrise: 5:14AM*  
**Muruqa:** Blue    *Sunset: 6:44PM*  
**Nataraja:** White  
Moon – White

Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Creative Work    Siddha Yoga  
Until 4:04PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**Sravana-Avani**

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Bloomfield, NJ

Vrishabha Rasi: 3.59    Tithi 23

528993462

**Gulika** 6:56AM – 8:37AM  
Yama 3:21PM – 5:02PM  
**Rahu** 10:18AM – 11:59AM

**Krittika Until 5:07PM**  
Dhruva Until 6:09AM  
Balava Until 9:58AM  
**Ashtami\* Until 10:03PM**

**Ganesha:** White    *Sunrise: 5:15AM*  
**Muruqa:** Blue    *Sunset: 6:43PM*  
**Nataraja:** White  
Moon – White

Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Creative Work    Siddha Yoga  
Until 5:07PM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**Sravana-Avani**

**Krishna Janmashtami**

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Bloomfield, NJ

Vrishabha Rasi: 16.52    Tithi 24

538993462

**Gulika** 5:16AM – 6:56AM  
Yama 1:39PM – 3:20PM  
**Rahu** 8:37AM – 10:18AM

**Rohini Until 5:45PM**  
Harshana Until 3:46AM Sun  
Taitila Until 10:00AM  
**Navami\* Until 9:42PM**

**Ganesha:** Clear    *Sunrise: 5:16AM*  
**Muruqa:** Blue    *Sunset: 6:41PM*  
**Nataraja:** White  
Moon – Yellow

Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Creative Work    Amrita Yoga  
Until 5:45PM  
Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**

**Sravana-Avani**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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<b>1</b>	<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Bloomfield, NJ
	Mithuna Rasi: 0.09	Tithi 25	Sun 9	Sutra 133			
			538993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
			2nd Phase				
			<b>Subha Sivaloka Day</b>				
			<b>Sravana-Avani</b>				

<b>2</b>	<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Bloomfield, NJ
	Mithuna Rasi: 13.53	Tithi 26	Sun 10	Sutra 134			
	<b>Family Home Evening</b>		538993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
			2nd Phase				
			<b>Subha Sivaloka Day</b>				
			<b>Sravana-Avani</b>				

<b>3</b>	<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Bloomfield, NJ
	Mithuna Rasi: 28.06	Tithi 27 - 28	Sun 11	Sutra 135			
			548993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
			2nd Phase				
			<b>Sivaloka Day</b>				
			<b>Sravana-Avani</b>				
			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bloomfield, NJ
	Kataka Rasi: 12.44	Tithi 28 - 29	Sun 12	Sutra 136			
			549193463	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
			2nd Phase				
			<b>Sivaloka Day</b>				
			<b>Sravana-Avani</b>				

	<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bloomfield, NJ
	<b>Retreat Star</b>		Sun 13	Sutra 137			
	Kataka Rasi: 27.43	Tithi 29 - 30	549193463	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
			Amavasya				
			<b>Sivaloka Day</b>				
			<b>Sravana-Avani</b>				

<b>Retreat Star</b>	<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Bloomfield, NJ
	<b>Retreat Star</b>		Sun 14	Sutra 138			
	Simha Rasi: 12.55	Tithi 1	559193463	Vikarin 5121			
	Routine Work	Marana Yoga		Moon 8 - Phase 19			
			Prathama				
			<b>Sivaloka Day</b>				
			<b>Bhadrapada-Avani</b>				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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<b>1</b>	<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bloomfield, NJ
	Simha Rasi: 28.1	Tithi 2	559193463	<b>Gulika</b> 5:22AM – 7:01AM Yama 1:35PM – 3:13PM <b>Rahu</b> 8:39AM – 10:18AM	<b>Uttaraphalguni</b> Until 12:35AM Sun Sadhya Until 11:07PM Balava Until 11:52AM <b>Dvitiya</b> Until 10:00PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:22AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:30PM <b>Nataraja:</b> Clear Moon – Red	Sun 15 Sutra 139 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Routine Work Marana Yoga Until 12:35AM Sun Then Creative Work - Amrita Yoga						<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>	

<b>2</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				Bloomfield, NJ
	Kanya Rasi: 13.19	Tithi 3	569193463	<b>Gulika</b> 3:12PM – 4:51PM Yama 11:56AM – 1:34PM <b>Rahu</b> 4:51PM – 6:29PM	<b>Hasta</b> Until 10:06PM Subha Until 7:11PM Taitila Until 8:14AM <b>Tritiya</b> Until 6:31PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:23AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:29PM <b>Nataraja:</b> Clear Moon – Green	Sun 16 Sutra 140 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Creative Work Amrita Yoga Until 10:06PM Then Creative Work - Siddha Yoga						<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>	

<b>3</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bloomfield, NJ
	Kanya Rasi: 28.11	Tithi 4 – 5	569193463	<b>Gulika</b> 1:34PM – 3:12PM Yama 10:18AM – 11:56AM <b>Rahu</b> 7:02AM – 8:40AM	<b>Chitra</b> Until 7:56PM Sukla Until 3:35PM Bava Until 2:10AM Tue <b>Chaturthi*</b> Until 3:28PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:24AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:27PM <b>Nataraja:</b> Clear Moon – Green	Sun 17 Sutra 141 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Family Home Evening Routine Work Prabalarishta Yoga Until 7:56PM Then Creative Work - Amrita Yoga						<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>	

<b>4</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Bloomfield, NJ
	Tula Rasi: 12.41	Tithi 5 – 6	569193463	<b>Gulika</b> 11:55AM – 1:33PM Yama 8:40AM – 10:18AM <b>Rahu</b> 3:11PM – 4:48PM	<b>Svati</b> Until 6:15PM Brahma Until 12:28PM Kaulava Until 12:02AM Wed <b>Panchami</b> Until 1:00PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:26PM <b>Nataraja:</b> Clear Moon – Green	Sun 18 Sutra 142 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Creative Work Siddha Yoga Until 6:15PM Then Routine Work - Marana Yoga						<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>	

<b>5</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bloomfield, NJ
	Tula Rasi: 26.43	Tithi 6 – 7	579193463	<b>Gulika</b> 10:18AM – 11:55AM Yama 7:04AM – 8:41AM <b>Rahu</b> 11:55AM – 1:32PM	<b>Vishakha</b> Until 5:35PM Indra Until 9:57AM Gara Until 10:41PM <b>Shashthi*</b> Until 11:14AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:26AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:24PM <b>Nataraja:</b> Clear Moon – Orange	Sun 19 Sutra 143 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
Creative Work Siddha Yoga						<b>Subha Sivaloka Day</b> <b>Bhadrapada-Avani</b>	

<b>☾</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau				Bloomfield, NJ	
	<b>Retreat Star</b>		Vrischika Rasi: 10.17	Tithi 7 – 8	571193463	<b>Gulika</b> 8:41AM – 10:18AM Yama 5:27AM – 7:04AM <b>Rahu</b> 1:32PM – 3:09PM	<b>Anuradha</b> Until 5:35PM Vaidhriti* Until 8:04AM Visti Until 10:08PM <b>Saptami</b> Until 10:17AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Clear Moon – Orange
Creative Work Siddha Yoga Until 5:35PM Then Routine Work - Prabalarishta Yoga						<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>		

<b>☽</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bloomfield, NJ	
	<b>Retreat Star</b>		Vrischika Rasi: 23.23	Tithi 8 – 9	571193463	<b>Gulika</b> 7:05AM – 8:41AM Yama 3:08PM – 4:44PM <b>Rahu</b> 10:18AM – 11:54AM	<b>Jyeshtha*</b> Until 6:13PM Vishkambha* Until 6:50AM Balava Until 10:25PM <b>Ashtami*</b> Until 10:10AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:28AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Clear Moon – Orange
Routine Work Marana Yoga Until 6:13PM Then Creative Work - Amrita Yoga						<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>		

<b>1</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Bloomfield, NJ
	Dhanus Rasi: 6.06	Tithi 9 – 10	581193463	<b>Gulika</b> 5:29AM – 7:05AM Yama 1:30PM – 3:07PM <b>Rahu</b> 8:42AM – 10:18AM	<b>Mula* Until 7:56PM</b> Priti Until 6:15AM Taitila Until 11:27PM <b>Navami* Until 10:49AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Clear Moon – Light Blue	Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Devaloka Day</b> <b>Bhadrapada-Avani</b>
Creative Work Siddha Yoga							


<b>2</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bloomfield, NJ
	Dhanus Rasi: 18.29	Tithi 10 – 11	581193463	<b>Gulika</b> 3:06PM – 4:42PM Yama 11:54AM – 1:30PM <b>Rahu</b> 4:42PM – 6:17PM	<b>Purvashadha* Until 10:05PM</b> Ayushman Until 6:11AM Vanija Until 1:05AM Mon <b>Dashami Until 12:10PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Clear Moon – Light Blue	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Devaloka Day</b> <b>Bhadrapada-Avani</b>
Creative Work Siddha Yoga Until 10:05PM Then Creative Work - Amrita Yoga		Grandparent's Day					

<b>3</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bloomfield, NJ
	Makara Rasi: 0.39	Tithi 11 – 12	581193463	<b>Gulika</b> 1:29PM – 3:05PM Yama 10:18AM – 11:53AM <b>Rahu</b> 7:07AM – 8:42AM	<b>Uttarashadha Until 12:30AM Tue</b> Saubhagya Until 6:34AM Bava Until 3:09AM Tue <b>Ekadashi Until 2:03PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:31AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:16PM <b>Nataraja:</b> Clear Moon – Light Blue	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Devaloka Day</b> <b>Bhadrapada-Avani</b>
Routine Work Marana Yoga Until 12:30AM Tue Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bloomfield, NJ
	Makara Rasi: 12.38	Tithi 12 – 13	591193463	<b>Gulika</b> 11:53AM – 1:28PM Yama 8:43AM – 10:18AM <b>Rahu</b> 3:04PM – 4:39PM	<b>Shravana Until 3:32AM Wed</b> Sobhana Until 7:16AM Kaulava Until 5:29AM Wed <b>Dvadashi Until 4:16PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:14PM <b>Nataraja:</b> Clear Moon – Purple	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>
Creative Work Siddha Yoga Until 3:32AM Wed Then Routine Work - Prabalarishta Yoga		Pradosha Vrata					

<b>5</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Bloomfield, NJ
	Makara Rasi: 24.32	Tithi 13	591193463	<b>Gulika</b> 10:18AM – 11:53AM Yama 7:08AM – 8:43AM <b>Rahu</b> 11:53AM – 1:28PM	<b>Dhanishtha Until 6:31AM Thu</b> Athiganda* Until 8:07AM Taitila Until 6:41PM <b>Trayodashi Until 6:41PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:33AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:12PM <b>Nataraja:</b> Clear Moon – Purple	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>
Routine Work Prabalarishta Yoga Until 6:31AM Thu Then Creative Work - Siddha Yoga		Chidambaram Abhishekam					

<b>6</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Bloomfield, NJ
	Kumbha Rasi: 6.24	Tithi 14	591193463	<b>Gulika</b> 8:43AM – 10:18AM Yama 5:34AM – 7:09AM <b>Rahu</b> 1:27PM – 3:02PM	<b>Dhanishtha Until 6:31AM</b> Sukarma Until 9:04AM Gara Until 7:57AM <b>Chaturdashi* Until 9:09PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> Blue <i>Sunset:</i> 6:11PM <b>Nataraja:</b> Clear Moon – Purple	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase <b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>
Creative Work Siddha Yoga		Avani Avittam					

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Bloomfield, NJ	
	<b>Copper Retreat Star</b>		Kumbha Rasi: 18.16	Tithi 15	591113463	<b>Gulika</b> 7:09AM – 8:43AM Yama 3:01PM – 4:35PM <b>Rahu</b> 10:18AM – 11:52AM	<b>Shatabhishak Until 9:20AM</b> Dhriti Until 10:01AM Visti Until 10:24AM <b>Purnima* Until 11:36PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:09PM <b>Nataraja:</b> Clear Moon – Purple
Creative Work Siddha Yoga								

<b>7</b>	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Bloomfield, NJ	
	<b>Silver Retreat Star</b>		Meena Rasi: 0.08	Tithi 16	511113463	<b>Gulika</b> 5:36AM – 7:10AM Yama 1:26PM – 3:00PM <b>Rahu</b> 8:44AM – 10:18AM	<b>Purvaproshtapada* Until 12:25PM</b> Shula* Until 10:53AM Balava Until 12:48PM <b>Prathama* Until 1:55AM Sun</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:36AM <b>Muruqa:</b> Purple <i>Sunset:</i> 6:07PM <b>Nataraja:</b> Clear Moon – Clear
Routine Work Marana Yoga Until 12:25PM Then Creative Work - Siddha Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Bloomfield, NJ

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 12.04 Tithi 17

512113463

**Gulika** 2:59PM – 4:32PM **Uttaraproshtapada** Until 3:13PM  
**Yama** 11:51AM – 1:25PM **Ganda\*** Until 11:40AM  
**Rahu** 4:32PM – 6:06PM **Taitila** Until 3:03PM

**Ganesha:** Yellow *Sunrise:* 5:37AM

**Muruqa:** Purple *Sunset:* 6:06PM

**Nataraja:** Clear

Moon – Clear

**Sivaloka Day**

Creative Work Amrita Yoga

**Dvitiya** Until 4:05AM Mon

**Bhadrapada-Avani**

Monday, September 16, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bloomfield, NJ

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 24.03 Tithi 18

512113463

**Gulika** 1:24PM – 2:58PM **Revati** Until 5:39PM  
**Yama** 10:18AM – 11:51AM **Vridhhi** Until 12:20PM  
**Rahu** 7:11AM – 8:44AM **Vanija** Until 5:06PM

**Ganesha:** Yellow *Sunrise:* 5:38AM

**Muruqa:** Purple *Sunset:* 6:04PM

**Nataraja:** Clear

Moon – Clear

**Sivaloka Day**

Family Home Evening

Creative Work Siddha Yoga

**Tritiya** Until 6:02AM Tue

**Bhadrapada-Avani**

Tuesday, September 17, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Bloomfield, NJ

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 6.08 Tithi 18 – 19

522113463

**Gulika** 11:51AM – 1:24PM **Ashvini** Until 8:11PM  
**Yama** 8:45AM – 10:18AM **Dhruva** Until 12:46PM  
**Rahu** 2:57PM – 4:29PM **Bava** Until 6:55PM

**Ganesha:** White *Sunrise:* 5:39AM

**Muruqa:** Purple *Sunset:* 6:02PM

**Nataraja:** Clear

Moon – White

**Devaloka Day**

Creative Work Siddha Yoga

**Tritiya** Until 6:02AM

**Bhadrapada-Puratasi**

Wednesday, September 18, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bloomfield, NJ

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 18.2 Tithi 19 – 20

522113463

**Gulika** 10:18AM – 11:50AM **Bharani** Until 10:13PM  
**Yama** 7:12AM – 8:45AM **Vyaghata\*** Until 12:59PM  
**Rahu** 11:50AM – 1:23PM **Kaulava** Until 8:23PM

**Ganesha:** White *Sunrise:* 5:40AM

**Muruqa:** Purple *Sunset:* 6:01PM

**Nataraja:** Clear

Moon – White

**Devaloka Day**

Creative Work Siddha Yoga

Until 10:13PM

Then Creative Work - Amrita Yoga

**Chaturthi\*** Until 7:41AM

**Bhadrapada-Puratasi**

Thursday, September 19, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Bloomfield, NJ

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 0.41 Tithi 20 – 21

522113463

**Gulika** 8:45AM – 10:18AM **Krittika** Until 11:39PM  
**Yama** 5:41AM – 7:13AM **Harshana** Until 12:55PM  
**Rahu** 1:22PM – 2:54PM **Gara** Until 9:26PM

**Ganesha:** White *Sunrise:* 5:41AM

**Muruqa:** Purple *Sunset:* 5:59PM

**Nataraja:** Clear

Moon – White

**Devaloka Day**

Routine Work Marana Yoga

**Panchami** Until 8:57AM

**Bhadrapada-Puratasi**

Friday, September 20, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bloomfield, NJ

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 13.15 Tithi 21 – 22

532113463

**Gulika** 7:14AM – 8:46AM **Rohini** Until 12:52AM Sat  
**Yama** 2:53PM – 4:25PM **Vajra\*** Until 12:24PM  
**Rahu** 10:18AM – 11:50AM **Visti** Until 9:55PM

**Ganesha:** Clear *Sunrise:* 5:42AM

**Muruqa:** Purple *Sunset:* 5:57PM

**Nataraja:** Clear

Moon – Yellow

**Sivaloka Day**

Routine Work Marana Yoga

Until 12:52AM Sat

Then Creative Work - Siddha Yoga

**Shashthi\*** Until 9:44AM

**Bhadrapada-Puratasi**

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bloomfield, NJ

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 26.05 Tithi 22 – 23

532113463

**Gulika** 5:43AM – 7:14AM **Mrigashira** Until 1:17AM Sun  
**Yama** 1:21PM – 2:52PM **Siddhi** Until 11:26AM  
**Rahu** 8:46AM – 10:18AM **Balava** Until 9:45PM

**Ganesha:** Clear *Sunrise:* 5:43AM

**Muruqa:** Purple *Sunset:* 5:56PM

**Nataraja:** Clear

Moon – Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

**Saptami** Until 9:54AM

**Bhadrapada-Puratasi**

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bloomfield, NJ

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 9.16 Tithi 23 – 24

532213463

**Gulika** 2:51PM – 4:23PM **Ardra** Until 12:50AM Mon  
**Yama** 11:49AM – 1:20PM **Vyatipata\*** Until 9:55AM  
**Rahu** 4:23PM – 5:54PM **Taitila** Until 8:52PM

**Ganesha:** Orange *Sunrise:* 5:44AM

**Muruqa:** Purple *Sunset:* 5:54PM

**Nataraja:** Clear

Moon – Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

Until 12:50AM Mon

Then Creative Work - Amrita Yoga

**Ashtami\*** Until 9:23AM

**Bhadrapada-Puratasi**


<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Bloomfield, NJ Sun 9 Sutra 162 Vikarin 5121
<b>1</b>	Mithuna Rasi: 22.52 Tithi 24 – 25 <b>Family Home Evening</b> Creative Work Amrita Yoga Until 11:59PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:19PM – 2:50PM Yama 10:18AM – 11:48AM <b>Rahu</b> 7:16AM – 8:47AM	<b>Punarvasu</b> Until 11:59PM Variyan Until 7:48AM Vanija Until 7:16PM <b>Navami*</b> Until 8:08AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Bloomfield, NJ Sun 10 Sutra 163 Vikarin 5121
<b>2</b>	Kataka Rasi: 6.53 Tithi 25 – 26 Creative Work Siddha Yoga	<b>Gulika</b> 11:48AM – 1:19PM Yama 8:47AM – 10:18AM <b>Rahu</b> 2:49PM – 4:20PM	<b>Pushya</b> Until 10:18PM Shiva Until 1:56AM Wed Balava Until 3:36AM Wed <b>Dashami</b> Until 6:11AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Bloomfield, NJ Sun 11 Sutra 164 Vikarin 5121
<b>3</b>	Kataka Rasi: 21.2 Tithi 27 Creative Work Siddha Yoga	<b>Gulika</b> 10:18AM – 11:48AM Yama 7:17AM – 8:47AM <b>Rahu</b> 11:48AM – 1:18PM	<b>Ashlesha*</b> Until 7:57PM Siddha Until 10:17PM Kaulava Until 2:07PM <b>Dvadashi*</b> Until 12:29AM Thu	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:47AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Bloomfield, NJ Sun 12 Sutra 165 Vikarin 5121
<b>4</b>	Simha Rasi: 6.1 Tithi 28 Creative Work Amrita Yoga Until 5:26PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:48AM – 10:17AM Yama 5:48AM – 7:18AM <b>Rahu</b> 1:17PM – 2:47PM	<b>Magha*</b> Until 5:26PM Sadhya Until 6:18PM Gara Until 10:47AM <b>Trayodashi*</b> Until 8:59PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Bloomfield, NJ Sun 13 Sutra 166 Vikarin 5121
<b>5</b>	Simha Rasi: 21.15 Tithi 29 – 30 Creative Work Siddha Yoga	<b>Gulika</b> 7:18AM – 8:48AM Yama 2:46PM – 4:16PM <b>Rahu</b> 10:17AM – 11:47AM	<b>Purvaphalguni</b> Until 2:31PM Subha Until 2:07PM Visti Until 7:09AM <b>Chaturdashi*</b> Until 5:15PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:46PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Bloomfield, NJ Sun 14 Sutra 167 Vikarin 5121
	<b>Retreat Star</b> Kanya Rasi: 6.29 Tithi 30 – 1 Routine Work Marana Yoga	<b>Gulika</b> 5:50AM – 7:19AM Yama 1:16PM – 2:45PM <b>Rahu</b> 8:48AM – 10:17AM <b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Uttaraphalguni</b> Until 11:24AM Sukla Until 9:51AM Kintughna Until 11:37PM <b>Amavasya*</b> Until 1:28PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Clear Moon – Red <b>Devaloka Day</b> Bhadrapada-Puratasi

<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Bloomfield, NJ Sun 15 Sutra 168 Vikarin 5121
<b>Retreat Star</b>	Kanya Rasi: 21.4 Tithi 1 – 2 Creative Work Amrita Yoga Until 8:39AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:44PM – 4:13PM Yama 11:46AM – 1:15PM <b>Rahu</b> 4:13PM – 5:42PM <b>Navaratri Begins</b>	<b>Hasta</b> Until 8:39AM Indra Until 1:41AM Mon Balava Until 8:04PM <b>Prathama*</b> Until 9:47AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM <b>Nataraja:</b> Clear Moon – Green <b>Devaloka Day</b> Ashvina-Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau			Bloomfield, NJ Sun 16 Sutra 169 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:15PM – 2:43PM	<b>Chitra</b> <b>Until 6:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:52AM</i>	
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:17AM – 11:46AM	Vaidhriti* Until 10:03PM	<b>Muruqa:</b> Purple <i>Sunset: 5:41PM</i>	Moon 9 - Phase 24
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:20AM – 8:49AM	Gara Until 3:30AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Dvitiya</b> <b>Until 6:24AM</b>	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 6:02AM					
Then Creative Work - Amrita Yoga					

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturthayam Titau			Bloomfield, NJ Sun 17 Sutra 170 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:46AM – 1:14PM	<b>Vishakha</b> <b>Until 2:23AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:53AM</i>	
Tula Rasi: 21.16	Tithi 4	Yama 8:49AM – 10:17AM	Vishkambha* Until 6:54PM	<b>Muruqa:</b> Purple <i>Sunset: 5:39PM</i>	Moon 9 - Phase 24
673213463		<b>Rahu</b> 2:42PM – 4:11PM	Vanija Until 2:17PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Chaturthi*</b> <b>Until 1:13AM Wed</b>	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 2:23AM Wed					
Then Creative Work - Siddha Yoga					

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau			Bloomfield, NJ Sun 18 Sutra 171 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:18AM – 11:45AM	<b>Anuradha</b> <b>Until 1:38AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:54AM</i>	
Vrischika Rasi: 5.26	Tithi 5	Yama 7:22AM – 8:50AM	Priti Until 4:22PM	<b>Muruqa:</b> Purple <i>Sunset: 5:37PM</i>	Moon 9 - Phase 24
673213463		<b>Rahu</b> 11:45AM – 1:13PM	Bava Until 12:22PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Panchami</b> <b>Until 11:42PM</b>	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 1:38AM Thu					
Then Routine Work - Prabalarishta Yoga					

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau			Bloomfield, NJ Sun 19 Sutra 172 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:50AM – 10:18AM	<b>Jyeshtha*</b> <b>Until 1:36AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:55AM</i>	
Vrischika Rasi: 19.06	Tithi 6	Yama 5:55AM – 7:22AM	Ayushman Until 2:29PM	<b>Muruqa:</b> Purple <i>Sunset: 5:36PM</i>	Moon 9 - Phase 24
673213463		<b>Rahu</b> 1:13PM – 2:40PM	Kaulava Until 11:17AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Shashthi*</b> <b>Until 11:03PM</b>	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Until 1:36AM Fri					
Then Creative Work - Amrita Yoga					

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau			Bloomfield, NJ Sun 20 Sutra 173 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:23AM – 8:50AM	<b>Mula*</b> <b>Until 2:45AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:56AM</i>	
Dhanus Rasi: 2.17	Tithi 7	Yama 2:39PM – 4:07PM	Saubhagya Until 1:19PM	<b>Muruqa:</b> Purple <i>Sunset: 5:34PM</i>	Moon 9 - Phase 24
683213463		<b>Rahu</b> 10:18AM – 11:45AM	Gara Until 11:06AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Saptami</b> <b>Until 11:19PM</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
Until 2:45AM Sat					
Then Creative Work - Siddha Yoga					

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Bloomfield, NJ Sun 21 Sutra 174 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:57AM – 7:24AM	<b>Purvashadha*</b> <b>Until 4:32AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:57AM</i>	
Dhanus Rasi: 15.01	Tithi 8	Yama 1:12PM – 2:39PM	Sobhana Until 12:51PM	<b>Muruqa:</b> Purple <i>Sunset: 5:32PM</i>	Moon 9 - Phase 24
683213463		<b>Rahu</b> 8:51AM – 10:18AM	Visti Until 11:47AM	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga			<b>Ashtami*</b> <b>Until 12:24AM Sun</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
Until 4:32AM Sun					
Then Creative Work - Amrita Yoga					

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau			Bloomfield, NJ Sun 22 Sutra 175 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:38PM – 4:04PM	<b>Uttarashadha</b> <b>Until 6:46AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:58AM</i>	
Dhanus Rasi: 27.24	Tithi 9	Yama 11:44AM – 1:11PM	Athiganda* Until 12:55PM	<b>Muruqa:</b> Purple <i>Sunset: 5:31PM</i>	Moon 9 - Phase 24
683213463		<b>Rahu</b> 4:04PM – 5:31PM	Balava Until 1:14PM	<b>Nataraja:</b> Clear	Navami
Creative Work Amrita Yoga			<b>Navami*</b> <b>Until 2:11AM Mon</b>	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
		<b>Saraswathi Puja (Tamil Nadu)</b>			

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Bloomfield, NJ Sun 23 Sutra 176
<b>1</b>		<b>Gulika</b> 1:10PM – 2:37PM	<b>Uttarashadha</b> Until 6:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	Vikarin 5121
Makara Rasi: 9.31	Tithi 10	Yama 10:18AM – 11:44AM	Sukarma Until 1:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:25AM – 8:51AM	Taitila Until 3:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dashami</b> Until 4:25AM Tue	Moon – Light Blue		<b>Sivaloka Day</b>
Until 6:46AM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau				Bloomfield, NJ Sun 24 Sutra 177
<b>2</b>		<b>Gulika</b> 11:44AM – 1:10PM	<b>Shravana</b> Until 9:45AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:00AM	Vikarin 5121
Makara Rasi: 21.28	Tithi 11	Yama 8:52AM – 10:18AM	Dhriti Until 2:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 2:36PM – 4:02PM	Vanija Until 5:40PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 6:55AM Wed	Moon – Purple		<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Bloomfield, NJ Sun 25 Sutra 178
<b>3</b>		<b>Gulika</b> 10:18AM – 11:43AM	<b>Dhanishtha</b> Until 12:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	Vikarin 5121
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:26AM – 8:52AM	Shula* Until 3:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 11:43AM – 1:09PM	Bava Until 8:13PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Prabalarishta Yoga			<b>Ekadashi</b> Until 6:55AM	Moon – Purple		<b>Sivaloka Day</b>
Until 12:46PM		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bloomfield, NJ Sun 26 Sutra 179
<b>4</b>		<b>Gulika</b> 8:52AM – 10:18AM	<b>Shatabhishak</b> Until 3:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:02AM	Vikarin 5121
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:02AM – 7:27AM	Ganda* Until 4:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 1:08PM – 2:34PM	Kaulava Until 10:43PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 9:27AM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		
				<i>Pradosha Vrata</i>		

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bloomfield, NJ Sun 27 Sutra 180
<b>5</b>		<b>Gulika</b> 7:28AM – 8:53AM	<b>Purvaproshtapada*</b> Until 6:40PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:03AM	Vikarin 5121
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:33PM – 3:58PM	Vridhhi Until 5:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 10:18AM – 11:43AM	Gara Until 1:04AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 11:53AM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Bloomfield, NJ Sutra 181
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:04AM – 7:29AM	<b>Uttaraproshtapada</b> Until 9:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:04AM	Vikarin 5121
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:07PM – 2:32PM	Dhruva Until 5:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 8:53AM – 10:18AM	Vistil Until 3:11AM Sun	<b>Nataraja:</b> Purple		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 2:08PM	Moon – Clear		<b>Sivaloka Day</b>
Until 9:21PM				<b>Ashvina+Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bloomfield, NJ Sutra 182
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 2:31PM – 3:55PM	<b>Revati</b> Until 11:38PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:05AM	Vikarin 5121
Meena Rasi: 21	Tithi 15 – 16	Yama 11:42AM – 1:07PM	Vyaghata* Until 6:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 9 - Phase 25
	614213464	<b>Rahu</b> 3:55PM – 5:20PM	Balava Until 5:02AM Mon	<b>Nataraja:</b> Purple		Prathama
Creative Work Amrita Yoga			<b>Purnima*</b> Until 4:07PM	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 11:38PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bloomfield, NJ

Sutra 183

Mesha Rasi: 3.08      Tithi 16 – 17

Family Home Evening

624213464

**Gulika** 1:06PM – 2:30PM  
Yama 10:18AM – 11:42AM  
**Rahu** 7:30AM – 8:54AM

**Ashvini Until 1:57AM Tue**  
Harshana Until 6:25PM  
Taitila Until 6:35AM Tue  
Prathama\* Until 5:50PM

**Ganesha:** White      *Sunrise:* 6:06AM  
**Muruqa:** Purple      *Sunset:* 5:18PM

**Nataraja:** Purple  
Moon – White  
Subha Subha Sivaloka Day  
Ashvina•Puratasi

Creative Work      Siddha Yoga

Tuesday, October 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bloomfield, NJ

Sun 1      Sutra 184

Mesha Rasi: 15.24      Tithi 17

Creative Work      Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

**Gulika** 11:42AM – 1:06PM  
Yama 8:55AM – 10:18AM  
**Rahu** 2:29PM – 3:53PM

**Bharani Until 3:48AM Wed**  
Vajra\* Until 6:25PM  
Taitila Until 6:35AM  
Dvitiya Until 7:13PM

**Ganesha:** White      *Sunrise:* 6:07AM  
**Muruqa:** Purple      *Sunset:* 5:17PM

**Nataraja:** Purple  
Moon – White  
Subha Subha Sivaloka Day  
Ashvina•Puratasi

Wednesday, October 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bloomfield, NJ

Sun 2      Sutra 185

Mesha Rasi: 27.48      Tithi 18

Creative Work      Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

**Gulika** 10:18AM – 11:42AM  
Yama 7:32AM – 8:55AM  
**Rahu** 11:42AM – 1:05PM

**Krittika Until 5:09AM Thu**  
Siddhi Until 6:11PM  
Vanija Until 7:49AM  
Tritiya Until 8:17PM

**Ganesha:** White      *Sunrise:* 6:08AM  
**Muruqa:** Purple      *Sunset:* 5:15PM

**Nataraja:** Purple  
Moon – White  
Subha Subha Sivaloka Day  
Ashvina•Puratasi

Thursday, October 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Bloomfield, NJ

Sun 3      Sutra 186

Vrishabha Rasi: 10.21      Tithi 19

Routine Work      Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

**Gulika** 8:55AM – 10:18AM  
Yama 6:09AM – 7:32AM  
**Rahu** 1:05PM – 2:28PM

**Rohini Until 6:27AM Fri**  
Vyatipata\* Until 5:40PM  
Bava Until 8:42AM  
Chaturthi\* Until 8:58PM

**Ganesha:** White      *Sunrise:* 6:09AM  
**Muruqa:** Purple      *Sunset:* 5:14PM

**Nataraja:** Purple  
Moon – Yellow  
Sivaloka Day  
Ashvina•Aipasi

Friday, October 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Bloomfield, NJ

Sun 4      Sutra 187

Vrishabha Rasi: 23.05      Tithi 20

Routine Work      Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

**Gulika** 7:33AM – 8:56AM  
Yama 2:27PM – 3:50PM  
**Rahu** 10:19AM – 11:41AM

**Rohini Until 6:27AM**  
Variyan Until 4:49PM  
Kaulava Until 9:11AM  
Panchami Until 9:14PM

**Ganesha:** White      *Sunrise:* 6:10AM  
**Muruqa:** Purple      *Sunset:* 5:12PM

**Nataraja:** Purple  
Moon – Yellow  
Sivaloka Day  
Ashvina•Aipasi

Saturday, October 19, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Bloomfield, NJ

Sun 5      Sutra 188

Mithuna Rasi: 6.02      Tithi 21

Creative Work      Siddha Yoga

**Gulika** 6:11AM – 7:34AM  
Yama 1:04PM – 2:26PM  
**Rahu** 8:56AM – 10:19AM

**Mrigashira Until 7:09AM**  
Parigha\* Until 3:36PM  
Gara Until 9:13AM  
Shashthi\* Until 9:01PM

**Ganesha:** White      *Sunrise:* 6:11AM  
**Muruqa:** Purple      *Sunset:* 5:11PM

**Nataraja:** Purple  
Moon – Yellow  
Sivaloka Day  
Ashvina•Aipasi

Sunday, October 20, 2019

6

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Bloomfield, NJ

Sun 6      Sutra 189

Mithuna Rasi: 19.14      Tithi 22

Creative Work      Siddha Yoga

**Gulika** 2:25PM – 3:47PM  
Yama 11:41AM – 1:03PM  
**Rahu** 3:47PM – 5:09PM

**Ardra Until 7:12AM**  
Shiva Until 1:59PM  
Visti Until 8:44AM  
Saptami Until 8:15PM

**Ganesha:** White      *Sunrise:* 6:13AM  
**Muruqa:** Purple      *Sunset:* 5:09PM

**Nataraja:** Purple  
Moon – Yellow  
Sivaloka Day  
Ashvina•Aipasi

Monday, October 21, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Bloomfield, NJ

Sun 7      Sutra 190

Kataka Rasi: 2.44      Tithi 23

Family Home Evening

644313464

**Gulika** 1:03PM – 2:24PM  
Yama 10:19AM – 11:41AM  
**Rahu** 7:35AM – 8:57AM

**Punarvasu Until 7:01AM**  
Siddha Until 11:54AM  
Balava Until 7:41AM  
Ashtami\* Until 6:56PM

**Ganesha:** Clear      *Sunrise:* 6:14AM  
**Muruqa:** Purple      *Sunset:* 5:08PM

**Nataraja:** Purple  
Moon – Blue  
Subha Sivaloka Day  
Ashvina•Aipasi

Creative Work      Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Bloomfield, NJ

Sun 8      Sutra 191

Kataka Rasi: 16.35      Tithi 24 – 25

Creative Work      Siddha Yoga

**Gulika** 11:41AM – 1:02PM  
Yama 8:58AM – 10:19AM  
**Rahu** 2:24PM – 3:45PM

**Pushya Until 6:07AM**  
Sadhya Until 9:21AM  
Taitila Until 6:04AM  
Navami\* Until 5:02PM

**Ganesha:** Clear      *Sunrise:* 6:15AM  
**Muruqa:** Purple      *Sunset:* 5:07PM

**Nataraja:** Purple  
Moon – Blue  
Subha Sivaloka Day  
Ashvina•Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


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<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bloomfield, NJ Sun 9 Sutra 192	
Simha Rasi: 0.47	Tithi 25 – 26	<b>Gulika</b> 10:19AM – 11:40AM	<b>Magha* Until 2:45AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 7:37AM – 8:58AM	Subha Until 6:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM		Moon 10 - Phase 27
	654313464	<b>Rahu</b> 11:40AM – 1:02PM	Bava Until 1:16AM Thu	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 2:38PM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Bloomfield, NJ Sun 10 Sutra 193	
Simha Rasi: 15.19	Tithi 26 – 27	<b>Gulika</b> 8:59AM – 10:20AM	<b>Purvaphalguni Until 12:27AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:17AM		Vikarin 5121
		Yama 6:17AM – 7:38AM	Brahma Until 11:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM		Moon 10 - Phase 27
	654313464	<b>Rahu</b> 1:01PM – 2:22PM	Kaulava Until 10:15PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 11:47AM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Bloomfield, NJ Sun 11 Sutra 194	
Kanya Rasi: 0.05	Tithi 27 – 28	<b>Gulika</b> 7:39AM – 8:59AM	<b>Uttaraphalguni Until 9:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM		Vikarin 5121
		Yama 2:21PM – 3:42PM	Indra Until 7:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM		Moon 10 - Phase 27
	655313464	<b>Rahu</b> 10:20AM – 11:40AM	Gara Until 6:59PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 8:38AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 9:48PM				<b>Ashvina-Aipasi</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bloomfield, NJ Sun 12 Sutra 195	
Kanya Rasi: 15.01	Tithi 29	<b>Gulika</b> 6:19AM – 7:39AM	<b>Hasta Until 7:19PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:19AM		Vikarin 5121
		Yama 1:00PM – 2:21PM	Vaidhriti* Until 3:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM		Moon 10 - Phase 27
	665313464	<b>Rahu</b> 9:00AM – 10:20AM	Visti Until 3:37PM	<b>Nataraja:</b> Purple			2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 1:55AM Sun</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina-Aipasi</b>			

		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bloomfield, NJ Sun 13 Sutra 196	
<b>Retreat Star</b>		<b>Gulika</b> 2:20PM – 3:40PM	<b>Chitra Until 4:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:20AM		Vikarin 5121
Kanya Rasi: 29.58	Tithi 30	Yama 11:40AM – 1:00PM	Vishkambha* Until 11:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 27
	665313464	<b>Rahu</b> 3:40PM – 5:00PM	Catuspada Until 12:18PM	<b>Nataraja:</b> Purple			Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 10:42PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>			

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Bloomfield, NJ Sun 14 Sutra 197	
Tula Rasi: 14.47	Tithi 1	<b>Gulika</b> 1:00PM – 2:19PM	<b>Svati Until 2:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:21AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:20AM – 11:40AM	Priti Until 7:57AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 27
	665313464	<b>Rahu</b> 7:41AM – 9:01AM	Kintughna Until 9:12AM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 7:47PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 2:24PM		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Bloomfield, NJ Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 29.19	Tithi 2 – 3	675313464	<b>Gulika</b> 11:40AM – 12:59PM <b>Yama</b> 9:01AM – 10:21AM <b>Rahu</b> 2:19PM – 3:38PM	<b>Vishakha</b> Until 12:42PM Saubhagya Until 1:34AM Wed Balava Until 6:31AM Dvitiya Until 5:21PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 4:57PM	Moon 10 - Phase 28 3rd Phase <b>Subha Sivaloka Day</b> Kartika•Aipasi
Routine Work Marana Yoga Until 12:42PM Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Bloomfield, NJ Sun 16 Sutra 199 Vikarin 5121	
Vischika Rasi: 13.29	Tithi 3 – 4	675313464	<b>Gulika</b> 10:21AM – 11:40AM <b>Yama</b> 7:43AM – 9:02AM <b>Rahu</b> 11:40AM – 12:59PM	<b>Anuradha</b> Until 11:29AM Sobhana Until 11:11PM Vanija Until 2:57AM Thu Tritiya Until 3:33PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 4:56PM	Moon 10 - Phase 28 3rd Phase <b>Subha Sivaloka Day</b> Kartika•Aipasi
Creative Work Siddha Yoga							
<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bloomfield, NJ Sun 17 Sutra 200 Vikarin 5121	
Vischika Rasi: 27.11	Tithi 4 – 5	675313464	<b>Gulika</b> 9:02AM – 10:21AM <b>Yama</b> 6:25AM – 7:44AM <b>Rahu</b> 12:59PM – 2:17PM	<b>Jyeshtha*</b> Until 10:51AM Athiganda* Until 9:24PM Bava Until 2:21AM Fri Chaturthi* Until 2:31PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 4:55PM	Moon 10 - Phase 28 3rd Phase <b>Subha Sivaloka Day</b> Kartika•Aipasi
Routine Work Prabalarishta Yoga Until 10:51AM Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bloomfield, NJ Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 10.26	Tithi 5 – 6	685313464	<b>Gulika</b> 7:44AM – 9:03AM <b>Yama</b> 2:17PM – 3:35PM <b>Rahu</b> 10:21AM – 11:40AM	<b>Mula*</b> Until 11:20AM Sukarma Until 8:18PM Kaulava Until 2:37AM Sat Panchami Until 2:21PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 6:26AM <b>Sunset:</b> 4:53PM	Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day Kartika•Aipasi
Creative Work Amrita Yoga Until 11:20AM Then Routine Work - Prabalarishta Yoga							
<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Bloomfield, NJ Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 23.15	Tithi 6 – 7	685313464	<b>Gulika</b> 6:27AM – 7:45AM <b>Yama</b> 12:58PM – 2:16PM <b>Rahu</b> 9:03AM – 10:22AM	<b>Purvashadha*</b> Until 12:31PM Dhriti Until 7:53PM Gara Until 3:42AM Sun Shashthi* Until 3:02PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 6:27AM <b>Sunset:</b> 4:52PM	Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day Kartika•Aipasi
Creative Work Siddha Yoga Until 12:31PM Then Routine Work - Marana Yoga							
<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bloomfield, NJ Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 5.41	Tithi 7 – 8	685313464	<b>Gulika</b> 2:15PM – 3:33PM <b>Yama</b> 11:40AM – 12:58PM <b>Rahu</b> 3:33PM – 4:51PM	<b>Uttarashadha</b> Until 2:16PM Shula* Until 7:59PM Visti* Until 5:29AM Mon Saptami Until 4:30PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 4:51PM	Moon 10 - Phase 28 3rd Phase Subha Subha Sivaloka Day Kartika•Aipasi
Creative Work Amrita Yoga							
<b>Monday, November 4, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau		Bloomfield, NJ Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 17.5	Tithi 8	696313464	<b>Gulika</b> 12:57PM – 2:15PM <b>Yama</b> 10:22AM – 11:40AM <b>Rahu</b> 7:47AM – 9:05AM	<b>Shravana</b> Until 4:57PM Ganda* Until 8:32PM Bava Until 6:33PM Ashtami* Until 6:33PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 6:30AM <b>Sunset:</b> 4:50PM	Moon 10 - Phase 28 Ashtami <b>Sivaloka Day</b> Kartika•Aipasi
Family Home Evening Creative Work Amrita Yoga Until 4:57PM Then Creative Work - Siddha Yoga							
<b>Tuesday, November 5, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Bloomfield, NJ Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 29.49	Tithi 9	696313464	<b>Gulika</b> 11:40AM – 12:57PM <b>Yama</b> 9:05AM – 10:23AM <b>Rahu</b> 2:14PM – 3:32PM	<b>Dhanishtha</b> Until 7:49PM Vriddhi Until 9:21PM Balava Until 7:45AM Navami* Until 8:58PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 4:49PM	Moon 10 - Phase 28 Navami <b>Sivaloka Day</b> Kartika•Aipasi
Creative Work Siddha Yoga Until 7:49PM Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Bloomfield, NJ
	Kumbha Rasi: 11.41	Tithi 10	<b>Gulika</b> 10:23AM – 11:40AM	<b>Shatabhishak</b> <b>Until 10:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	Sun 23 Sutra 206
			Yama 7:49AM – 9:06AM	Dhruva Until 10:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:48PM	Vikarin 5121
		696313464	<b>Rahu</b> 11:40AM – 12:57PM	Taitila Until 10:16AM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Dashami</b> <b>Until 11:31PM</b>	Moon – Purple		4th Phase	
				<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Bloomfield, NJ
	Kumbha Rasi: 23.32	Tithi 11	<b>Gulika</b> 9:06AM – 10:23AM	<b>Purvaproshtapada*</b> <b>Until 1:44AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM	Sun 24 Sutra 207
			Yama 6:33AM – 7:50AM	Vyaghata* Until 11:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Vikarin 5121
		716313464	<b>Rahu</b> 12:57PM – 2:13PM	Vanija Until 12:47PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Ekadashi</b> <b>Until 1:58AM Fri</b>	Moon – Clear		4th Phase	
				<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Bloomfield, NJ
	Meena Rasi: 5.26	Tithi 12	<b>Gulika</b> 7:51AM – 9:07AM	<b>Uttaraproshtapada</b> <b>Until 4:25AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:34AM	Sun 25 Sutra 208
			Yama 2:13PM – 3:29PM	Harshana Until 11:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Vikarin 5121
		716313464	<b>Rahu</b> 10:24AM – 11:40AM	Bava Until 3:08PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Dvadashi</b> <b>Until 4:11AM Sat</b>	Moon – Clear		4th Phase	
				<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bloomfield, NJ
	Meena Rasi: 17.27	Tithi 13	<b>Gulika</b> 6:35AM – 7:52AM	<b>Revati</b> <b>Until 6:37AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:35AM	Sun 26 Sutra 209
			Yama 12:56PM – 2:12PM	Vajra* Until 12:08AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		716313464	<b>Rahu</b> 9:08AM – 10:24AM	Kaulava Until 5:12PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Trayodashi</b> <b>Until 6:03AM Sun</b>	Moon – Clear		4th Phase	
				<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bloomfield, NJ
	Meena Rasi: 29.35	Tithi 13 – 14	<b>Gulika</b> 2:12PM – 3:28PM	<b>Revati</b> <b>Until 6:37AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:37AM	Sun 27 Sutra 210
			Yama 11:40AM – 12:56PM	Siddhi Until 12:15AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:44PM	Vikarin 5121
		716313464	<b>Rahu</b> 3:28PM – 4:44PM	Gara Until 6:52PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Trayodashi</b> <b>Until 6:03AM</b>	Moon – Clear		4th Phase	
				<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Bloomfield, NJ
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:56PM – 2:11PM	<b>Ashvini</b> <b>Until 8:45AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Sutra 211
	Mesha Rasi: 11.54	Tithi 14 – 15	Yama 10:25AM – 11:40AM	Vyatipata* Until 12:03AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:43PM	Vikarin 5121
	<b>Family Home Evening</b>	727413464	<b>Rahu</b> 7:53AM – 9:09AM	Visti Until 8:07PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Chaturdashi*</b> <b>Until 7:32AM</b>	Moon – White		Purnima	
				<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>	

<b>○</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bloomfield, NJ
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:40AM – 12:56PM	<b>Bharani</b> <b>Until 10:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM	Sutra 212
	Mesha Rasi: 24.23	Tithi 15 – 16	Yama 9:10AM – 10:25AM	Variyan Until 11:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:42PM	Vikarin 5121
		727413464	<b>Rahu</b> 2:11PM – 3:26PM	Balava Until 8:57PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
			<b>Purnima*</b> <b>Until 8:34AM</b>	Moon – White		Prathama	
				<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bloomfield, NJ

Sutra 213

Vikarin 5121

Vrishabha Rasi: 7.04 Tithi 16 - 17

727413464

Gulika 10:25AM - 11:40AM  
Yama 7:55AM - 9:10AM  
Rahu 11:40AM - 12:56PM

Krittika Until 11:19AM

Parigha\* Until 10:39PM

Taitila Until 9:22PM

Prathama\* Until 9:11AM

Ganesha: White

Sunrise: 6:40AM

Muruqa: Purple

Sunset: 4:41PM

Nataraja: Purple

Moon - White

Kartika-Aipasi

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Bloomfield, NJ

Sun 1 Sutra 214

Vikarin 5121

Vrishabha Rasi: 19.56 Tithi 17 - 18

737413464

Gulika 9:11AM - 10:26AM  
Yama 6:41AM - 7:56AM  
Rahu 12:55PM - 2:10PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear

Sunrise: 6:41AM

Muruqa: Purple

Sunset: 4:40PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Moon 11 - Phase 30

1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Bloomfield, NJ

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Gulika 7:57AM - 9:12AM  
Yama 2:10PM - 3:25PM  
Rahu 10:26AM - 11:41AM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear

Sunrise: 6:42AM

Muruqa: Purple

Sunset: 4:39PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Moon 11 - Phase 30

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bloomfield, NJ

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Gulika 6:44AM - 7:58AM  
Yama 12:55PM - 2:10PM  
Rahu 9:12AM - 10:27AM

Ardra Until 12:32PM

Sadhya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi\* Until 8:42AM

Ganesha: Clear

Sunrise: 6:44AM

Muruqa: Purple

Sunset: 4:38PM

Nataraja: Purple

Moon - Yellow

Kartika-Kartikai

Moon 11 - Phase 30

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bloomfield, NJ

Sun 4 Sutra 217

Vikarin 5121

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Gulika 2:09PM - 3:24PM  
Yama 11:41AM - 12:55PM  
Rahu 3:24PM - 4:38PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear

Sunrise: 6:45AM

Muruqa: Purple

Sunset: 4:38PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Bloomfield, NJ

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Gulika 12:55PM - 2:09PM  
Yama 10:28AM - 11:41AM  
Rahu 8:00AM - 9:14AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi\* Until 6:37AM

Ganesha: Clear

Sunrise: 6:46AM

Muruqa: Purple

Sunset: 4:37PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Bloomfield, NJ

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 27.11 Tithi 23

748413465

Gulika 11:42AM - 12:55PM  
Yama 9:14AM - 10:28AM  
Rahu 2:09PM - 3:23PM

Ashlesha\* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami\* Until 3:10AM Wed

Ganesha: Clear

Sunrise: 6:47AM

Muruqa: Purple

Sunset: 4:36PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Moon 11 - Phase 30

Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

Bloomfield, NJ

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 11.14 Tithi 24

758413465

Gulika 10:28AM - 11:42AM  
Yama 8:02AM - 9:15AM  
Rahu 11:42AM - 12:55PM

Magha\* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami\* Until 12:59AM Thu

Ganesha: White

Sunrise: 6:48AM

Muruqa: Purple

Sunset: 4:36PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Moon 11 - Phase 30

Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau			Bloomfield, NJ
Simha Rasi: 25.28	Tithi 25	<b>Gulika</b>	<b>9:16AM – 10:29AM</b>	<b>Purvaphalguni Until 7:59AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 6:49AM</i>	Sun 8 Sutra 221
		Yama	6:49AM – 8:03AM	Vishkambha* Until 2:29AM Fri	<b>Muruqa: Purple</b>	<i>Sunset: 4:35PM</i>	Vikarin 5121
		758413465 <b>Rahu</b>	<b>12:55PM – 2:08PM</b>	Vanija Until 11:49AM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Dashami Until 10:33PM</b>	<b>Moon – Red</b>		2nd Phase
					<b>Karttika-Karttikai</b>		<b>Subha Sivaloka Day</b>

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau			Bloomfield, NJ
Kanya Rasi: 9.52	Tithi 26	<b>Gulika</b>	<b>8:03AM – 9:16AM</b>	<b>Uttaraphalguni Until 6:03AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 6:50AM</i>	Sun 9 Sutra 222
		Yama	2:08PM – 3:21PM	Priti Until 11:09PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:34PM</i>	Vikarin 5121
		758413465 <b>Rahu</b>	<b>10:29AM – 11:42AM</b>	Bava Until 9:17AM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Ekadashi* Until 7:57PM</b>	<b>Moon – Red</b>		2nd Phase
Until 6:03AM					<b>Karttika-Karttikai</b>		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau			Bloomfield, NJ
Kanya Rasi: 24.22	Tithi 27 – 28	<b>Gulika</b>	<b>6:52AM – 8:04AM</b>	<b>Chitra Until 2:20AM Sun</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:52AM</i>	Sun 10 Sutra 223
		Yama	12:55PM – 2:08PM	Ayushman Until 7:45PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:34PM</i>	Vikarin 5121
		768413465 <b>Rahu</b>	<b>9:17AM – 10:30AM</b>	Kaulava Until 6:39AM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Routine Work	Marana Yoga			<b>Dvadashi* Until 5:17PM</b>	<b>Moon – Green</b>		2nd Phase
Until 2:20AM Sun					<b>Karttika-Karttikai</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata (Fasting)</i>

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Bloomfield, NJ
Tula Rasi: 8.52	Tithi 28 – 29	<b>Gulika</b>	<b>2:08PM – 3:21PM</b>	<b>Svati Until 12:21AM Mon</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:53AM</i>	Sun 11 Sutra 224
		Yama	11:43AM – 12:55PM	Saubhagya Until 4:25PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:33PM</i>	Vikarin 5121
		769413465 <b>Rahu</b>	<b>3:21PM – 4:33PM</b>	Visti Until 1:26AM Mon	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Trayodashi* Until 2:40PM</b>	<b>Moon – Green</b>		2nd Phase
Until 12:21AM Mon					<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Bloomfield, NJ
Tula Rasi: 23.17	Tithi 29 – 30	<b>Gulika</b>	<b>12:56PM – 2:08PM</b>	<b>Vishakha Until 10:54PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:54AM</i>	Sun 12 Sutra 225
<b>Family Home Evening</b>		Yama	10:31AM – 11:43AM	Sobhana Until 1:15PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:33PM</i>	Vikarin 5121
		779413465 <b>Rahu</b>	<b>8:06AM – 9:19AM</b>	Catuspada Until 11:09PM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Routine Work	Marana Yoga			<b>Chaturdashi* Until 12:14PM</b>	<b>Moon – Orange</b>		Amavasya
Until 10:54PM					<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Bloomfield, NJ
Vrischika Rasi: 7.3	Tithi 30 – 1	<b>Gulika</b>	<b>11:44AM – 12:56PM</b>	<b>Anuradha Until 9:42PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:55AM</i>	Sun 13 Sutra 226
		Yama	9:19AM – 10:31AM	Athiganda* Until 10:20AM	<b>Muruqa: Purple</b>	<i>Sunset: 4:32PM</i>	Vikarin 5121
		779413465 <b>Rahu</b>	<b>2:08PM – 3:20PM</b>	Kintughna Until 9:16PM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Amavasya* Until 10:08AM</b>	<b>Moon – Orange</b>		Prathama
Until 9:42PM					<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							

<b>1</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Bloomfield, NJ
Wrischika Rasi: 21.26	Tithi 1 – 2	<b>Gulika</b> 10:32AM – 11:44AM	<b>Jyeshtha* Until 8:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:56AM	Sun 14 Sutra 227
		Yama 8:08AM – 9:20AM	Sukarma Until 7:49AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM	Vikarin 5121
		779413465 <b>Rahu</b> 11:44AM – 12:56PM	Balava Until 7:55PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		<b>Prathama* Until 8:30AM</b>	Moon – Orange		3rd Phase
Until 8:53PM				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Bloomfield, NJ
Dhanus Rasi: 5.01	Tithi 2 – 3	<b>Gulika</b> 9:21AM – 10:32AM	<b>Mula* Until 9:02PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:57AM	Sun 15 Sutra 228
		Yama 6:57AM – 8:09AM	Shula* Until 4:16AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:31PM	Vikarin 5121
		789413465 <b>Rahu</b> 12:56PM – 2:08PM	Taitila Until 7:15PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:29AM</b>	Moon – Light Blue		3rd Phase
				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>

<b>3</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau		Bloomfield, NJ
Dhanus Rasi: 18.13	Tithi 3 – 4	<b>Gulika</b> 8:10AM – 9:21AM	<b>Purvashadha* Until 9:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:58AM	Sun 16 Sutra 229
		Yama 2:08PM – 3:19PM	Ganda* Until 3:21AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:31PM	Vikarin 5121
		789413465 <b>Rahu</b> 10:33AM – 11:45AM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 7:10AM</b>	Moon – Light Blue		3rd Phase
Until 9:45PM				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bloomfield, NJ
Makara Rasi: 1.01	Tithi 4 – 5	<b>Gulika</b> 6:59AM – 8:11AM	<b>Uttarashadha Until 11:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:59AM	Sun 17 Sutra 230
		Yama 12:56PM – 2:08PM	Vriddhi Until 3:01AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:31PM	Vikarin 5121
		789413465 <b>Rahu</b> 9:22AM – 10:33AM	Bava Until 8:08PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Routine Work	Marana Yoga		<b>Chaturthi* Until 7:37AM</b>	Moon – Light Blue		3rd Phase
Until 11:01PM				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bloomfield, NJ
Makara Rasi: 13.3	Tithi 5 – 6	<b>Gulika</b> 2:08PM – 3:19PM	<b>Shravana Until 1:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:00AM	Sun 18 Sutra 231
		Yama 11:45AM – 12:57PM	Dhruva Until 3:09AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Vikarin 5121
		799413465 <b>Rahu</b> 3:19PM – 4:30PM	Kaulava Until 9:39PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Creative Work	Amrita Yoga		<b>Panchami Until 8:47AM</b>	Moon – Purple		3rd Phase
Until 1:16AM Mon				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Bloomfield, NJ
Makara Rasi: 25.43	Tithi 6 – 7	<b>Gulika</b> 12:57PM – 2:08PM	<b>Dhanishtha Until 3:51AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:01AM	Sun 19 Sutra 232
<b>Family Home Evening</b>		Yama 10:35AM – 11:46AM	Vyaghata* Until 3:41AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Vikarin 5121
Creative Work	Siddha Yoga	791413465 <b>Rahu</b> 8:12AM – 9:23AM	Gara Until 11:42PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Until 3:51AM Tue			<b>Shashthi* Until 10:35AM</b>	Moon – Purple		3rd Phase
Then Routine Work - Marana Yoga				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>

<b>Retreat Star</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bloomfield, NJ
Kumbha Rasi: 7.44	Tithi 7 – 8	<b>Gulika</b> 11:46AM – 12:57PM	<b>Shatabhishak Until 6:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:02AM	Sun 20 Sutra 233
		Yama 9:24AM – 10:35AM	Harshana Until 4:27AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Vikarin 5121
		791413465 <b>Rahu</b> 2:08PM – 3:19PM	Visti Until 2:05AM Wed	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Routine Work	Marana Yoga		<b>Saptami Until 12:51PM</b>	Moon – Purple		Ashtami
Until 6:33AM Wed				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Bloomfield, NJ
Kumbha Rasi: 19.38	Tithi 8 – 9	<b>Gulika</b> 10:36AM – 11:47AM	<b>Shatabhishak Until 6:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:03AM	Sun 21 Sutra 234
		Yama 8:14AM – 9:25AM	Vajra* Until 5:15AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Vikarin 5121
		791413465 <b>Rahu</b> 11:47AM – 12:57PM	Balava Until 4:36AM Thu	<b>Nataraja:</b> Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:19PM</b>	Moon – Purple		Navami
Until 6:33AM				<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bloomfield, NJ
Meena Rasi: 1.31	Tithi 9 – 10	711413465	<b>Gulika</b> 9:26AM – 10:36AM <b>Yama</b> 7:04AM – 8:15AM <b>Rahu</b> 12:58PM – 2:08PM	<b>Purvaproshtapada* Until 9:39AM</b> Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri <b>Navami* Until 5:48PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:04AM <b>Sunset:</b> 4:30PM	Sun 22 Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Bloomfield, NJ
Meena Rasi: 13.26	Tithi 10	711413465	<b>Gulika</b> 8:16AM – 9:26AM <b>Yama</b> 2:09PM – 3:19PM <b>Rahu</b> 10:37AM – 11:47AM	<b>Uttaraproshtapada Until 12:27PM</b> Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM <b>Dashami Until 8:05PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:05AM <b>Sunset:</b> 4:30PM	Sun 23 Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Bloomfield, NJ
Meena Rasi: 25.28	Tithi 11	711513465	<b>Gulika</b> 7:06AM – 8:16AM <b>Yama</b> 12:58PM – 2:09PM <b>Rahu</b> 9:27AM – 10:37AM	<b>Revati Until 2:46PM</b> Vyatipata* Until 6:31AM Vanija Until 9:07AM <b>Ekadashi Until 9:59PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:06AM <b>Sunset:</b> 4:30PM	Sun 24 Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase	<b>Subha Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 2:46PM Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Bloomfield, NJ
Mesha Rasi: 7.4	Tithi 12	721513465	<b>Gulika</b> 2:09PM – 3:19PM <b>Yama</b> 11:48AM – 12:59PM <b>Rahu</b> 3:19PM – 4:30PM	<b>Ashvini Until 4:59PM</b> Variyan Until 6:43AM Bava Until 10:47AM <b>Dvadashi Until 11:24PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:07AM <b>Sunset:</b> 4:30PM	Sun 25 Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase	<b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 4:59PM Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bloomfield, NJ
Mesha Rasi: 20.05	Tithi 13	721513465	<b>Gulika</b> 12:59PM – 2:09PM <b>Yama</b> 10:38AM – 11:49AM <b>Rahu</b> 8:18AM – 9:28AM	<b>Bharani Until 6:30PM</b> Parigha* Until 6:31AM Kaulava Until 11:55AM <b>Trayodashi Until 12:15AM Tue</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:08AM <b>Sunset:</b> 4:30PM	Sun 26 Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase	<b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 6:30PM Then Routine Work - Marana Yoga								

<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Bloomfield, NJ
Vrishabha Rasi: 2.46	Tithi 14	721513465	<b>Gulika</b> 11:49AM – 12:59PM <b>Yama</b> 9:29AM – 10:39AM <b>Rahu</b> 2:09PM – 3:20PM	<b>Krittika Until 7:18PM</b> Siddha Until 4:49AM Wed Gara Until 12:29PM <b>Chaturdashi* Until 12:31AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 4:30PM	Sun 27 Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase	<b>Sivaloka Day</b> <b>Tour Day</b>
Creative Work Siddha Yoga Until 7:18PM Then Creative Work - Amrita Yoga								

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Bloomfield, NJ
<b>Copper Retreat Star</b>								
Vrishabha Rasi: 15.43	Tithi 15	731523465	<b>Gulika</b> 10:40AM – 11:50AM <b>Yama</b> 8:19AM – 9:30AM <b>Rahu</b> 11:50AM – 1:00PM	<b>Rohini Until 7:52PM</b> Sadhya Until 3:20AM Thu Visti Until 12:28PM <b>Purnima* Until 12:14AM Thu</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:09AM <b>Sunset:</b> 4:30PM	Sun 28 Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Bloomfield, NJ		
<b>Silver Retreat Star</b>								
Vrishabha Rasi: 28.56	Tithi 16	732523465	<b>Gulika</b> 9:30AM – 10:40AM <b>Yama</b> 7:10AM – 8:20AM <b>Rahu</b> 1:00PM – 2:10PM	<b>Mrigashira Until 7:48PM</b> Subha Until 1:28AM Fri Balava Until 11:55AM <b>Prathama* Until 11:27PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:10AM <b>Sunset:</b> 4:30PM	Sun 29 Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama	<b>Devaloka Day</b>
Routine Work Marana Yoga								
		<b>Vinayaga Viratam Begins</b>						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Bloomfield, NJ

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

**Gulika** 8:21AM – 9:31AM  
**Yama** 2:10PM – 3:20PM  
**Rahu** 10:41AM – 11:51AM

**Ardra Until 7:09PM**  
Sukla Until 11:15PM  
Taitila Until 10:56AM  
**Dvitiya Until 10:16PM**

**Ganesha:** Clear *Sunrise:* 7:11AM

**Muruqa:** Clear *Sunset:* 4:30PM

**Nataraja:** Clear

Moon – Yellow

**Devaloka Day**

**Margasira-Karttikai**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bloomfield, NJ

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

**Gulika** 7:12AM – 8:22AM  
**Yama** 1:01PM – 2:11PM  
**Rahu** 9:31AM – 10:41AM

**Punarvasu Until 6:29PM**  
Brahma Until 8:49PM  
Vanija Until 9:34AM  
**Tritiya Until 8:45PM**

**Ganesha:** Purple *Sunrise:* 7:12AM

**Muruqa:** Clear *Sunset:* 4:30PM

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Bloomfield, NJ

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

**Gulika** 2:11PM – 3:21PM  
**Yama** 11:52AM – 1:01PM  
**Rahu** 3:21PM – 4:31PM

**Pushya Until 5:25PM**  
Indra Until 6:11PM  
Bava Until 7:55AM  
**Chaturthi\* Until 7:00PM**

**Ganesha:** Purple *Sunrise:* 7:12AM

**Muruqa:** Clear *Sunset:* 4:31PM

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Bloomfield, NJ

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

**Gulika** 1:02PM – 2:11PM  
**Yama** 10:42AM – 11:52AM  
**Rahu** 8:23AM – 9:33AM

**Ashlesha\* Until 4:02PM**  
Vaidhriti\* Until 3:24PM  
Kaulava Until 6:04AM  
**Panchami Until 5:04PM**

**Ganesha:** Clear *Sunrise:* 7:13AM

**Muruqa:** Clear *Sunset:* 4:31PM

**Nataraja:** Clear

Moon – Blue

**Devaloka Day**

**Margasira-Markali**

Creative Work Siddha Yoga

Family Home Evening

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Bloomfield, NJ

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

**Gulika** 11:53AM – 1:02PM  
**Yama** 9:33AM – 10:43AM  
**Rahu** 2:12PM – 3:22PM

**Magha\* Until 2:50PM**  
Vishkambha\* Until 12:33PM  
Visti Until 2:02AM Wed  
**Shashthi\* Until 3:03PM**

**Ganesha:** Purple *Sunrise:* 7:14AM

**Muruqa:** Clear *Sunset:* 4:31PM

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Bloomfield, NJ

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

**Gulika** 10:43AM – 11:53AM  
**Yama** 8:24AM – 9:34AM  
**Rahu** 11:53AM – 1:03PM

**Purvaphalguni Until 1:27PM**  
Priti Until 9:40AM  
Balava Until 11:57PM  
**Saptami Until 12:59PM**

**Ganesha:** Purple *Sunrise:* 7:14AM

**Muruqa:** Clear *Sunset:* 4:32PM

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bloomfield, NJ

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

**Gulika** 9:34AM – 10:44AM  
**Yama** 7:15AM – 8:25AM  
**Rahu** 1:03PM – 2:13PM

**Uttaraphalguni Until 11:55AM**  
Ayushman Until 6:44AM  
Taitila Until 9:53PM  
**Ashtami\* Until 10:54AM**

**Ganesha:** Purple *Sunrise:* 7:15AM

**Muruqa:** Clear *Sunset:* 4:32PM

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Amrita Yoga


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Bloomfield, NJ Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	<b>Gulika</b> 8:25AM – 9:35AM <b>Yama</b> 2:13PM – 3:23PM <b>Rahu</b> 10:44AM – 11:54AM	<b>Hasta</b> <b>Until 10:41AM</b> Sobhana <b>Until 12:59AM Sat</b> Vanija <b>Until 7:51PM</b> <b>Navami* Until 8:50AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:16AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:32PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Margasira*Markali	
Creative Work Amrita Yoga		Until 10:41AM		Then Creative Work - Siddha Yoga			
<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Bloomfield, NJ Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	<b>Gulika</b> 7:16AM – 8:26AM <b>Yama</b> 1:04PM – 2:14PM <b>Rahu</b> 9:35AM – 10:45AM	<b>Chitra</b> <b>Until 9:22AM</b> Athiganda* <b>Until 10:12PM</b> Balava <b>Until 4:58AM Sun</b> <b>Dashami</b> <b>Until 6:51AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:16AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:33PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Margasira*Markali	
Routine Work Marana Yoga		Until 9:22AM		Then Creative Work - Siddha Yoga			
<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Bloomfield, NJ Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	<b>Gulika</b> 2:14PM – 3:24PM <b>Yama</b> 11:55AM – 1:05PM <b>Rahu</b> 3:24PM – 4:33PM	<b>Svati</b> <b>Until 8:03AM</b> Sukarma <b>Until 7:33PM</b> Kaulava <b>Until 4:07PM</b> <b>Dvadashi* Until 3:17AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:17AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:33PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Margasira*Markali	
Creative Work Siddha Yoga		Until 8:03AM		Then Routine Work - Marana Yoga			
<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Bloomfield, NJ Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	<b>Gulika</b> 1:05PM – 2:15PM <b>Yama</b> 10:46AM – 11:56AM <b>Rahu</b> 8:27AM – 9:36AM	<b>Vishakha</b> <b>Until 7:13AM</b> Dhriti <b>Until 5:07PM</b> Gara <b>Until 2:34PM</b> <b>Trayodashi* Until 1:52AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise: 7:17AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:34PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Margasira*Markali <i>Pradosha Vrata (Fasting)</i>	
Family Home Evening		Until 7:13AM		Then Creative Work - Siddha Yoga			
<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bloomfield, NJ Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	<b>Gulika</b> 11:56AM – 1:06PM <b>Yama</b> 9:37AM – 10:46AM <b>Rahu</b> 2:15PM – 3:25PM	<b>Anuradha</b> <b>Until 6:31AM</b> Shula* <b>Until 2:54PM</b> Visti <b>Until 1:19PM</b> <b>Chaturdashi* Until 12:49AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise: 7:18AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:35PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Margasira*Markali	
Creative Work Siddha Yoga		Until 6:31AM		Then Routine Work - Marana Yoga			
		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bloomfield, NJ Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	<b>Gulika</b> 10:47AM – 11:57AM <b>Yama</b> 8:28AM – 9:37AM <b>Rahu</b> 11:57AM – 1:06PM	<b>Jyeshtha* Until 6:02AM</b> Ganda* <b>Until 1:02PM</b> Catuspada <b>Until 12:29PM</b> <b>Amavasya* Until 12:14AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:18AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:35PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Devaloka Day</b> Margasira*Markali	
Retreat Star		Until 6:02AM		Then Routine Work - Marana Yoga			
<b>6</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Bloomfield, NJ Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	<b>Gulika</b> 9:38AM – 10:47AM <b>Yama</b> 7:18AM – 8:28AM <b>Rahu</b> 1:07PM – 2:16PM	<b>Mula* Until 6:19AM</b> Vriddhi <b>Until 11:34AM</b> Kintughna <b>Until 12:09PM</b> <b>Prathama* Until 12:10AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:18AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:36PM</i> <b>Nataraja:</b> Orange Moon – Light Blue	<b>Devaloka Day</b> Pausha*Markali	
Creative Work Siddha Yoga		Annular Solar Eclipse					

<b>1</b>		<b>Friday, December 27, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau		Bloomfield, NJ
Dhanus Rasi: 26.08	Tithi 2	883523466	<b>Gulika</b> 8:28AM – 9:38AM <b>Yama</b> 2:17PM – 3:27PM <b>Rahu</b> 10:48AM – 11:58AM	<b>Purvashadha* Until 6:59AM</b> Dhruva Until 10:31AM Balava Until 12:22PM <b>Dvitiya Until 12:42AM Sat</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:36PM	Sun 14 Sutra 257 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Routine Work	Prabalarishta Yoga						<b>Devaloka Day</b>	
Until 6:59AM								
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, December 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau		Bloomfield, NJ
Makara Rasi: 8.49	Tithi 3	883523466	<b>Gulika</b> 7:19AM – 8:29AM <b>Yama</b> 1:08PM – 2:18PM <b>Rahu</b> 9:39AM – 10:48AM	<b>Uttarashadha Until 8:04AM</b> Vyaghata* Until 9:56AM Taitila Until 1:12PM <b>Tritiya Until 1:49AM Sun</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:37PM	Sun 15 Sutra 258 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Routine Work	Marana Yoga						<b>Devaloka Day</b>	
Until 8:04AM								
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau		Bloomfield, NJ
Makara Rasi: 21.16	Tithi 4	893523466	<b>Gulika</b> 2:18PM – 3:28PM <b>Yama</b> 11:59AM – 1:08PM <b>Rahu</b> 3:28PM – 4:38PM	<b>Shravana Until 10:02AM</b> Harshana Until 9:48AM Vanija Until 2:37PM <b>Chaturthi* Until 3:29AM Mon</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:38PM	Sun 16 Sutra 259 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Creative Work	Amrita Yoga						<b>Devaloka Day</b>	
Until 10:02AM								
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, December 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Bloomfield, NJ
Kumbha Rasi: 3.28	Tithi 5	893523466	<b>Gulika</b> 1:09PM – 2:19PM <b>Yama</b> 10:49AM – 11:59AM <b>Rahu</b> 8:29AM – 9:39AM	<b>Dhanishtha Until 12:20PM</b> Vajra* Until 10:03AM Bava Until 4:31PM <b>Panchami Until 5:36AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:39PM	Sun 17 Sutra 260 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Family Home Evening							<b>Devaloka Day</b>	
Creative Work	Siddha Yoga							

<b>5</b>		<b>Tuesday, December 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthyam Titau		Bloomfield, NJ
Kumbha Rasi: 15.3	Tithi 6	893523466	<b>Gulika</b> 12:00PM – 1:09PM <b>Yama</b> 9:40AM – 10:50AM <b>Rahu</b> 2:19PM – 3:29PM	<b>Shatabhishak Until 2:50PM</b> Siddhi Until 10:36AM Kaulava Until 6:48PM <b>Shashthi* Until 8:01AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:39PM	Sun 18 Sutra 261 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Routine Work	Marana Yoga						<b>Devaloka Day</b>	

<b>6</b>		<b>Wednesday, January 1, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Bloomfield, NJ
Kumbha Rasi: 27.26	Tithi 6 – 7	813623466	<b>Gulika</b> 10:50AM – 12:00PM <b>Yama</b> 8:30AM – 9:40AM <b>Rahu</b> 12:00PM – 1:11PM	<b>Purvaproshtapada* Until 5:54PM</b> Vyatipata* Until 11:21AM Gara Until 9:17PM <b>Shashthi* Until 8:01AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:41PM	Sun 19 Sutra 262 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Creative Work	Amrita Yoga						<b>Bhuloka Day</b>	
Until 5:54PM							Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga			<b>Vinayaga Viratam Ends</b>					

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bloomfield, NJ
Meena Rasi: 9.19	Tithi 7 – 8	813623466	<b>Gulika</b> 9:40AM – 10:51AM <b>Yama</b> 7:20AM – 8:30AM <b>Rahu</b> 1:11PM – 2:21PM	<b>Uttaraproshtapada Until 8:48PM</b> Variyan Until 12:08PM Visti Until 11:46PM <b>Saptami Until 10:31AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:42PM	Sun 20 Sutra 263 Vikarin 5121 Moon 12 - Phase 36 Ashtami	
Creative Work	Siddha Yoga						<b>Bhuloka Day</b>	
							Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Bloomfield, NJ
Meena Rasi: 21.13	Tithi 8 – 9	813623466	<b>Gulika</b> 8:30AM – 9:41AM <b>Yama</b> 2:22PM – 3:32PM <b>Rahu</b> 10:51AM – 12:01PM	<b>Revati Until 11:23PM</b> Parigha* Until 12:51PM Balava Until 2:02AM Sat <b>Ashtami* Until 12:55PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Pausha-Markali</b>	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:43PM	Sun 21 Sutra 264 Vikarin 5121 Moon 12 - Phase 36 Navami	
Creative Work	Siddha Yoga						<b>Bhuloka Day</b>	
Until 11:23PM							Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 4, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Bloomfield, NJ Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	823623466	<b>Gulika</b> 7:20AM – 8:31AM Yama 1:12PM – 2:23PM <b>Rahu</b> 9:41AM – 10:51AM	<b>Ashvini Until 1:54AM Sun</b> Shiva Until 1:21PM Taitila Until 3:54AM Sun <b>Navami* Until 3:01PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:20AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:44PM <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Devaloka Day	
Creative Work Siddha Yoga Until 1:54AM Sun Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Sunday, January 5, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Bloomfield, NJ Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	823623466	<b>Gulika</b> 2:23PM – 3:34PM Yama 12:02PM – 1:13PM <b>Rahu</b> 3:34PM – 4:45PM	<b>Bharani Until 3:44AM Mon</b> Siddha Until 1:27PM Vanija Until 5:11AM Mon <b>Dashami Until 4:36PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:20AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:45PM <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Devaloka Day	
Routine Work Prabalarishta Yoga Until 3:44AM Mon Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, January 6, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Bloomfield, NJ Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	823623466	<b>Gulika</b> 1:13PM – 2:24PM Yama 10:52AM – 12:03PM <b>Rahu</b> 8:31AM – 9:41AM	<b>Krittika Until 4:45AM Tue</b> Sadhya Until 1:06PM Bava Until 5:47AM Tue <b>Ekadashi Until 5:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:20AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:46PM <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Devaloka Day	
Family Home Evening Routine Work Marana Yoga Until 4:45AM Tue Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, January 7, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Bloomfield, NJ Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 10.35	Tithi 12 – 13	833623466	<b>Gulika</b> 12:03PM – 1:14PM Yama 9:42AM – 10:52AM <b>Rahu</b> 2:25PM – 3:36PM	<b>Rohini Until 5:22AM Wed</b> Subha Until 12:13PM Kaulava Until 5:38AM Wed <b>Dvadashi Until 5:47PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:20AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:47PM <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Amrita Yoga Until 5:22AM Wed Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>					

<b>5</b>		<b>Wednesday, January 8, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Bloomfield, NJ Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 23.4	Tithi 13 – 14	833623466	<b>Gulika</b> 10:53AM – 12:04PM Yama 8:31AM – 9:42AM <b>Rahu</b> 12:04PM – 1:15PM	<b>Mrigashira Until 5:09AM Thu</b> Sukla Until 10:44AM Gara Until 4:48AM Thu <b>Trayodashi Until 5:17PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:20AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:48PM <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 5:09AM Thu Then Routine Work - Marana Yoga							

<b>6</b>		<b>Thursday, January 9, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Bloomfield, NJ Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	<b>Gulika</b> 9:42AM – 10:53AM Yama 7:19AM – 8:31AM <b>Rahu</b> 1:15PM – 2:26PM	<b>Ardra Until 4:10AM Fri</b> Brahma Until 8:44AM Visti Until 3:19AM Fri <b>Chaturdashi* Until 4:07PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:19AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Devaloka Day	
Routine Work Marana Yoga Until 4:10AM Fri Then Creative Work - Siddha Yoga		<b>Ardra Darshanam</b>					

<b>○</b>		<b>Friday, January 10, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Bloomfield, NJ Sutra 271 Vikarin 5121
<b>Copper Retreat Star</b>		Mithuna Rasi: 20.58	Tithi 15 – 16	844623466	<b>Gulika</b> 8:31AM – 9:42AM Yama 2:27PM – 3:38PM <b>Rahu</b> 10:53AM – 12:04PM	<b>Punarvasu Until 2:59AM Sat</b> Indra Until 6:16AM Balava Until 1:20AM Sat <b>Purnima* Until 2:22PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:19AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:50PM <b>Nataraja:</b> Orange Moon – Blue <b>Pausha-Markali</b>
Creative Work Siddha Yoga		<b>Penumbral Lunar Eclipse</b>					<b>Sivaloka Day</b>

<b>○</b>		<b>Saturday, January 11, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Bloomfield, NJ Sutra 272 Vikarin 5121
<b>Silver Retreat Star</b>		Kataka Rasi: 5.07	Tithi 16 – 17	844623466	<b>Gulika</b> 7:19AM – 8:30AM Yama 1:16PM – 2:28PM <b>Rahu</b> 9:42AM – 10:53AM	<b>Pushya Until 1:17AM Sun</b> Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM <b>Prathama* Until 12:10PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:19AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:51PM <b>Nataraja:</b> Orange Moon – Blue <b>Pausha-Markali</b>
Creative Work Siddha Yoga							<b>Sivaloka Day</b>



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bloomfield, NJ

Sun 1 Sutra 273

Kataka Rasi: 19.3 Tithi 17 - 18

Gulika 2:29PM - 3:40PM  
Yama 12:05PM - 1:17PM  
Rahu 3:40PM - 4:52PM

Ashlesha\* Until 11:13PM  
Priti Until 8:51PM  
Vanija Until 8:21PM  
Dvitiya Until 9:40AM

Ganesha: White Sunrise: 7:19AM  
Muruga: Clear Sunset: 4:52PM  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Moon 1 - Phase 38  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Balava Karana Tritiya/Chaturthyam Titau

Bloomfield, NJ

Sun 2 Sutra 274

Simha Rasi: 4.01 Tithi 18 - 19

Gulika 1:17PM - 2:29PM  
Yama 10:54AM - 12:06PM  
Rahu 8:30AM - 9:42AM

Magha\* Until 9:21PM  
Ayushman Until 5:24PM  
Balava Until 4:16AM Tue  
Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:18AM  
Muruga: Clear Sunset: 4:53PM  
Nataraja: Orange  
Moon - Red  
Pausha-Markali

Moon 1 - Phase 38  
1st Phase

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Bloomfield, NJ

Sun 3 Sutra 275

Simha Rasi: 18.34 Tithi 20

Gulika 12:06PM - 1:18PM  
Yama 9:42AM - 10:54AM  
Rahu 2:30PM - 3:42PM

Purvaphalguni Until 7:23PM  
Saubhagya Until 1:58PM  
Kaulava Until 2:57PM  
Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:18AM  
Muruga: Clear Sunset: 4:54PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Moon 1 - Phase 38  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Bloomfield, NJ

Sun 4 Sutra 276

Kanya Rasi: 3.03 Tithi 21

Gulika 10:54AM - 12:06PM  
Yama 8:30AM - 9:42AM  
Rahu 12:06PM - 1:19PM

Uttaraphalguni Until 5:26PM  
Sobhana Until 10:40AM  
Gara Until 12:24PM  
Shashthi\* Until 11:11PM

Ganesha: Clear Sunrise: 7:18AM  
Muruga: Clear Sunset: 4:55PM  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Moon 1 - Phase 38  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Bloomfield, NJ

Sun 5 Sutra 277

Kanya Rasi: 17.24 Tithi 22

Gulika 9:42AM - 10:54AM  
Yama 7:17AM - 8:30AM  
Rahu 1:19PM - 2:31PM

Hasta Until 4:00PM  
Athiganda\* Until 7:30AM  
Visti Until 10:04AM  
Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:17AM  
Muruga: Clear Sunset: 4:56PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Moon 1 - Phase 38  
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Bloomfield, NJ

Sun 6 Sutra 278

Tula Rasi: 1.34 Tithi 23

Gulika 8:29AM - 9:42AM  
Yama 2:32PM - 3:45PM  
Rahu 10:54AM - 12:07PM

Chitra Until 2:43PM  
Dhriti Until 1:56AM Sat  
Balava Until 8:01AM  
Ashtami\* Until 7:06PM

Ganesha: Purple Sunrise: 7:17AM  
Muruga: Clear Sunset: 4:57PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Moon 1 - Phase 38  
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Bloomfield, NJ

Sun 7 Sutra 279

Tula Rasi: 15.31 Tithi 24 - 25

Gulika 7:16AM - 8:29AM  
Yama 1:20PM - 2:33PM  
Rahu 9:42AM - 10:55AM

Svati Until 1:39PM  
Shula\* Until 11:33PM  
Taitila Until 6:19AM  
Navami\* Until 5:35PM

Ganesha: Purple Sunrise: 7:16AM  
Muruga: Clear Sunset: 4:58PM  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Moon 1 - Phase 38  
Navami

Sivaloka Day

Creative Work Siddha Yoga


<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Bloomfield, NJ Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 25 – 26	<b>Gulika</b> 2:34PM – 3:47PM	<b>Vishakha</b> Until 1:14PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:16AM</i>	
		Yama 12:08PM – 1:21PM	Ganda* Until 9:30PM	<b>Muruqa:</b> Clear <i>Sunset: 5:00PM</i>	Moon 1 - Phase 39
874623466	<b>Rahu</b> 3:47PM – 5:00PM		Bava Until 4:01AM Mon	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 4:26PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha-Thai</b>	

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau	Bloomfield, NJ Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	<b>Gulika</b> 1:21PM – 2:34PM	<b>Anuradha</b> Until 1:02PM	<b>Ganesha:</b> Clear <i>Sunrise: 7:15AM</i>	
<b>Family Home Evening</b>		Yama 10:55AM – 12:08PM	Vriddhi Until 7:45PM	<b>Muruqa:</b> Clear <i>Sunset: 5:01PM</i>	Moon 1 - Phase 39
874623466	<b>Rahu</b> 8:28AM – 9:41AM		Kaulava Until 3:27AM Tue	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 3:40PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha-Thai</b>	

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Talita/Gara Karana Dvadashti/Trayodashyam Titau	Bloomfield, NJ Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	<b>Gulika</b> 12:08PM – 1:22PM	<b>Jyeshtha*</b> Until 1:05PM	<b>Ganesha:</b> Purple <i>Sunrise: 7:14AM</i>	
		Yama 9:41AM – 10:55AM	Dhruva Until 6:17PM	<b>Muruqa:</b> Clear <i>Sunset: 5:02PM</i>	Moon 1 - Phase 39
875623466	<b>Rahu</b> 2:35PM – 3:49PM		Gara Until 3:18AM Wed	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashti*</b> Until 3:18PM	Moon – Orange	<b>Bhuloka Day</b>
Until 1:05PM				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Bloomfield, NJ Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	<b>Gulika</b> 10:55AM – 12:08PM	<b>Mula*</b> Until 1:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:14AM</i>	
		Yama 8:27AM – 9:41AM	Vyaghata* Until 5:10PM	<b>Muruqa:</b> Clear <i>Sunset: 5:03PM</i>	Moon 1 - Phase 39
885623466	<b>Rahu</b> 12:08PM – 1:22PM		Visti Until 3:34AM Thu	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 3:21PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 1:51PM				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga					

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Bloomfield, NJ Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	<b>Gulika</b> 9:41AM – 10:55AM	<b>Purvashadha*</b> Until 2:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:13AM</i>	
		Yama 7:13AM – 8:27AM	Harshana Until 4:23PM	<b>Muruqa:</b> Clear <i>Sunset: 5:04PM</i>	Moon 1 - Phase 39
885623466	<b>Rahu</b> 1:23PM – 2:37PM		Catuspada Until 4:15AM Fri	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:50PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 2:51PM				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Bloomfield, NJ Sun 13 Sutra 285 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 8:27AM – 9:41AM	<b>Uttarashadha</b> Until 4:07PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:12AM</i>	
Makara Rasi: 4.37	Tithi 30 – 1	Yama 2:37PM – 3:51PM	Vajra* Until 3:54PM	<b>Muruqa:</b> Clear <i>Sunset: 5:06PM</i>	Moon 1 - Phase 39
885623466	<b>Rahu</b> 10:55AM – 12:09PM		Kintughna Until 5:23AM Sat	<b>Nataraja:</b> Orange	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 4:44PM	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Saturday, January 25, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Bloomfield, NJ Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	<b>Gulika</b> 7:12AM – 8:26AM	<b>Shravana</b> Until 6:08PM	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:12AM</i>	
		Yama 1:24PM – 2:38PM	Siddhi Until 3:46PM	<b>Muruqa:</b> Clear <i>Sunset: 5:07PM</i>	Moon 1 - Phase 39
995623466	<b>Rahu</b> 9:40AM – 10:55AM		Bava Until 6:05PM	<b>Nataraja:</b> Orange	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:05PM	Moon – Purple	<b>Bhuloka Day</b>
				<b>Magha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau		Bloomfield, NJ Sun 15 Sutra 287	
Makara Rasi: 29.23	Tithi 2	<b>Gulika</b> 2:39PM – 3:53PM	<b>Dhanishtha Until 8:21PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:11AM		Vikarin 5121
		Yama 12:09PM – 1:24PM	Vyatipata* Until 3:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM		Moon 1 - Phase 40
		995723466 <b>Rahu</b> 3:53PM – 5:08PM	Balava Until 6:56AM	<b>Nataraja:</b> Orange			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 7:50PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 8:21PM				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau		Bloomfield, NJ Sun 16 Sutra 288	
Kumbha Rasi: 11.31	Tithi 3	<b>Gulika</b> 1:25PM – 2:39PM	<b>Shatabhishak Until 10:45PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:10AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:55AM – 12:10PM	Variyan Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM		Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:25AM – 9:40AM	Taitila Until 8:52AM	<b>Nataraja:</b> Orange			3rd Phase
Until 10:45PM			<b>Tritiya Until 9:56PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>			

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturtham Titau		Bloomfield, NJ Sun 17 Sutra 289	
Kumbha Rasi: 23.31	Tithi 4	<b>Gulika</b> 12:10PM – 1:25PM	<b>Purvaproshtapada* Until 1:44AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:09AM		Vikarin 5121
		Yama 9:40AM – 10:55AM	Parigha* Until 5:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM		Moon 1 - Phase 40
		915723466 <b>Rahu</b> 2:40PM – 3:55PM	Vanija Until 11:06AM	<b>Nataraja:</b> Orange			3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 12:18AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 1:44AM Wed				<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau		Bloomfield, NJ Sun 18 Sutra 290	
Meena Rasi: 5.26	Tithi 5	<b>Gulika</b> 10:55AM – 12:10PM	<b>Uttaraproshtapada Until 4:41AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:08AM		Vikarin 5121
		Yama 8:24AM – 9:39AM	Shiva Until 5:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM		Moon 1 - Phase 40
		915723466 <b>Rahu</b> 12:10PM – 1:25PM	Bava Until 1:34PM	<b>Nataraja:</b> Orange			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 2:49AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Magha-Thai</b>			

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau		Bloomfield, NJ Sun 19 Sutra 291	
Meena Rasi: 17.19	Tithi 6	<b>Gulika</b> 9:39AM – 10:54AM	<b>Revati Until 7:26AM Fri</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:07AM		Vikarin 5121
		Yama 7:07AM – 8:23AM	Siddha Until 6:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM		Moon 1 - Phase 40
		916723466 <b>Rahu</b> 1:26PM – 2:42PM	Kaulava Until 4:06PM	<b>Nataraja:</b> Orange			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 5:19AM Fri</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 7:26AM Fri				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau		Bloomfield, NJ Sun 20 Sutra 292	
Meena Rasi: 29.11	Tithi 7	<b>Gulika</b> 8:22AM – 9:38AM	<b>Revati Until 7:26AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:06AM		Vikarin 5121
		Yama 2:42PM – 3:58PM	Sadhya Until 7:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM		Moon 1 - Phase 40
		916723466 <b>Rahu</b> 10:54AM – 12:10PM	Gara Until 6:32PM	<b>Nataraja:</b> Orange			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM Sat</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 7:26AM				<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bloomfield, NJ Sun 21 Sutra 293	
Mesha Rasi: 11.09	Tithi 7 – 8	<b>Gulika</b> 7:06AM – 8:22AM	<b>Ashvini Until 10:20AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:06AM		Vikarin 5121
		Yama 1:26PM – 2:42PM	Subha Until 7:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM		Moon 1 - Phase 40
		926723466 <b>Rahu</b> 9:38AM – 10:54AM	Visti Until 8:40PM	<b>Nataraja:</b> Orange			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 7:38AM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Bloomfield, NJ Sun 22 Sutra 294	
Mesha Rasi: 23.16	Tithi 8 – 9	<b>Gulika</b> 2:43PM – 3:59PM	<b>Bharani Until 12:39PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:06AM		Vikarin 5121
		Yama 12:10PM – 1:27PM	Sukla Until 8:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM		Moon 1 - Phase 40
		926723466 <b>Rahu</b> 3:59PM – 5:15PM	Balava Until 10:18PM	<b>Nataraja:</b> Orange			Navami
Routine Work	Prabalarishta Yoga		<b>Ashtami* Until 9:32AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 12:39PM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>1</b>	<b>Monday, February 3, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bloomfield, NJ Sun 23 Sutra 295 Vikarin 5121
	Vrishabha Rasi: 5.37    Tilthi 9 – 10 <b>Family Home Evening</b> Routine Work    Marana Yoga Until 2:12PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:27PM – 2:44PM Yama 10:54AM – 12:11PM <b>Rahu</b> 8:21AM – 9:38AM	<b>Krittika Until 2:12PM</b> Brahma Until 7:42PM Taitila Until 11:13PM <b>Navami* Until 10:50AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:05AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:17PM <b>Nataraja:</b> Orange Moon – White <b>Magha*Thai</b>		Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>2</b>	<b>Tuesday, February 4, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bloomfield, NJ Sun 24 Sutra 296 Vikarin 5121
	Vrishabha Rasi: 18.17    Tilthi 10 – 11 936723467 Creative Work    Amrita Yoga Until 3:20PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:11PM – 1:27PM Yama 9:37AM – 10:54AM <b>Rahu</b> 2:44PM – 4:01PM	<b>Rohini Until 3:20PM</b> Indra Until 6:44PM Vanija Until 11:19PM <b>Dashami Until 11:21AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:04AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Clear Moon – Yellow <b>Magha*Thai</b>		Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>


<b>3</b>	<b>Wednesday, February 5, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Bloomfield, NJ Sun 25 Sutra 297 Vikarin 5121
	Mithuna Rasi: 1.22    Tilthi 11 – 12 936723467 Creative Work    Siddha Yoga	<b>Gulika</b> 10:54AM – 12:11PM Yama 8:20AM – 9:37AM <b>Rahu</b> 12:11PM – 1:28PM	<b>Mrigashira Until 3:29PM</b> Vaidhriti* Until 5:05PM Bava Until 10:35PM <b>Ekadashi Until 11:02AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:02AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:19PM <b>Nataraja:</b> Clear Moon – Yellow <b>Magha*Thai</b>		Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

<b>4</b>	<b>Thursday, February 6, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Pritil Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bloomfield, NJ Sun 26 Sutra 298 Vikarin 5121
	Mithuna Rasi: 14.54    Tilthi 12 – 13 936723467 Routine Work    Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:36AM – 10:53AM Yama 7:01AM – 8:19AM <b>Rahu</b> 1:28PM – 2:46PM	<b>Ardra Until 2:41PM</b> Vishkambha* Until 2:48PM Kaulava Until 9:03PM <b>Dvadashi Until 9:54AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:01AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM <b>Nataraja:</b> Clear Moon – Yellow <b>Magha*Thai</b>		Moon 1 - Phase 41 4th Phase <b>Devaloka Day</b>

*Pradosha Vrata*

<b>5</b>	<b>Friday, February 7, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Pritil/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bloomfield, NJ Sun 27 Sutra 299 Vikarin 5121
	Mithuna Rasi: 28.53    Tilthi 13 – 14 947723467 Creative Work    Siddha Yoga Until 1:28PM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:18AM – 9:36AM Yama 2:46PM – 4:04PM <b>Rahu</b> 10:53AM – 12:11PM	<b>Punarvasu Until 1:28PM</b> Pritil Until 11:57AM Gara Until 6:50PM <b>Trayodashi Until 8:00AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:00AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:21PM <b>Nataraja:</b> Clear Moon – Blue <b>Magha*Thai</b>		Moon 1 - Phase 41 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Saturday, February 8, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Bloomfield, NJ Sutra 300 Vikarin 5121
	Kataka Rasi: 13.17    Tilthi 15 947723467 Creative Work    Siddha Yoga Until 11:31AM Then Routine Work - Marana Yoga	<b>Gulika</b> 6:59AM – 8:17AM Yama 1:29PM – 2:47PM <b>Rahu</b> 9:35AM – 10:53AM	<b>Pushya Until 11:31AM</b> Ayushman Until 8:36AM Visti Until 4:03PM <b>Purnima* Until 2:30AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:59AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:23PM <b>Nataraja:</b> Clear Moon – Blue <b>Magha*Thai</b>		Moon 1 - Phase 41 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, February 9, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Bloomfield, NJ Sutra 301 Vikarin 5121
	Kataka Rasi: 28.02    Tilthi 16 947723467 Creative Work    Siddha Yoga Until 9:01AM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:47PM – 4:06PM Yama 12:11PM – 1:29PM <b>Rahu</b> 4:06PM – 5:24PM	<b>Ashlesha* Until 9:01AM</b> Sobhana Until 12:59AM Mon Balava Until 9:31AM Mon <b>Prathama* Until 8:36AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:58AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:24PM <b>Nataraja:</b> Clear Moon – Blue <b>Magha*Thai</b>		Moon 1 - Phase 41 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM





**Monday, February 10, 2020**  
**Gold Retreat Star**

Simha Rasi: 12.59 Tithi 17  
Family Home Evening 957723467  
Routine Work Marana Yoga  
Until 6:33AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 1:30PM – 2:48PM  
Yama 10:52AM – 12:11PM  
Rahu 8:15AM – 9:34AM  
Magha\* Until 6:33AM  
Athiganda\* Until 8:56PM  
Taitila Until 9:31AM  
Dvitiya Until 7:47PM

Bloomfield, NJ Sutra 302 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: Red Sunrise: 6:57AM  
Muruqa: Clear Sunset: 5:25PM  
Nataraja: Clear  
Moon – Red  
Devaloka Day  
Magha\*Thai

**1**

**Tuesday, February 11, 2020**

Simha Rasi: 27.59 Tithi 18 – 19  
957723467  
Creative Work Amrita Yoga  
Until 1:08AM Wed  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau  
Gulika 12:11PM – 1:30PM  
Yama 9:33AM – 10:52AM  
Rahu 2:49PM – 4:07PM  
Uttaraphalguni Until 1:08AM Wed  
Sukarma Until 4:57PM  
Vanija Until 6:06AM  
Tritiya Until 4:24PM

Bloomfield, NJ Sun 1 Sutra 303 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: Red Sunrise: 6:56AM  
Muruqa: Clear Sunset: 5:26PM  
Nataraja: Clear  
Moon – Red  
Devaloka Day  
Magha\*Thai

**2**

**Wednesday, February 12, 2020**

Kanya Rasi: 12.55 Tithi 19 – 20  
967723467  
Routine Work Marana Yoga  
Until 10:56PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
Gulika 10:52AM – 12:11PM  
Yama 8:14AM – 9:33AM  
Rahu 12:11PM – 1:30PM  
Hasta Until 10:56PM  
Dhriti Until 1:07PM  
Kaulava Until 11:43PM  
Chaturthi\* Until 1:11PM

Bloomfield, NJ Sun 2 Sutra 304 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: Green Sunrise: 6:55AM  
Muruqa: Clear Sunset: 5:27PM  
Nataraja: Clear  
Moon – Green  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Magha\*Thai

**3**

**Thursday, February 13, 2020**

Kanya Rasi: 27.38 Tithi 20 – 21  
968723467  
Creative Work Siddha Yoga  
Until 8:58PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
Gulika 9:32AM – 10:52AM  
Yama 6:53AM – 8:13AM  
Rahu 1:30PM – 2:50PM  
Chitra Until 8:58PM  
Shula\* Until 9:32AM  
Gara Until 9:03PM  
Panchami Until 10:19AM

Bloomfield, NJ Sun 3 Sutra 305 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: White Sunrise: 6:53AM  
Muruqa: Clear Sunset: 5:29PM  
Nataraja: Clear  
Moon – Green  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Magha\*Masi

**4**

**Friday, February 14, 2020**

Tula Rasi: 12.02 Tithi 21 – 22  
968723467  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 8:12AM – 9:31AM  
Yama 2:50PM – 4:10PM  
Rahu 10:51AM – 12:11PM  
Svati Until 7:23PM  
Ganda\* Until 6:20AM  
Visti Until 6:54PM  
Shashthi\* Until 7:53AM

Bloomfield, NJ Sun 4 Sutra 306 Vikarin 5121  
Moon 2 - Phase 42 1st Phase  
Ganesha: White Sunrise: 6:52AM  
Muruqa: Clear Sunset: 5:30PM  
Nataraja: Clear  
Moon – Green  
Bhuloka Day  
Devaloka Time: 3:PM to 6:PM  
Magha\*Masi

**D**

**Saturday, February 15, 2020**  
**Retreat Star**

Tula Rasi: 26.04 Tithi 22 – 23  
978723467  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau  
Gulika 6:51AM – 8:11AM  
Yama 1:31PM – 2:51PM  
Rahu 9:31AM – 10:51AM  
Vishakha Until 6:39PM  
Dhruva Until 1:17AM Sun  
Kaulava Until 4:44AM Sun  
Saptami Until 6:01AM

Bloomfield, NJ Sun 5 Sutra 307 Vikarin 5121  
Moon 2 - Phase 42 Ashtami  
Ganesha: Clear Sunrise: 6:51AM  
Muruqa: Clear Sunset: 5:31PM  
Nataraja: Clear  
Moon – Orange  
Devaloka Day  
Magha\*Masi

**Sunday, February 16, 2020**  
**Retreat Star**

Vrischika Rasi: 9.44 Tithi 24  
978723467  
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau  
Gulika 2:52PM – 4:12PM  
Yama 12:11PM – 1:31PM  
Rahu 4:12PM – 5:32PM  
Anuradha Until 6:23PM  
Vyaghata\* Until 11:30PM  
Taitila Until 4:22PM  
Navami\* Until 4:06AM Mon

Bloomfield, NJ Sun 6 Sutra 308 Vikarin 5121  
Moon 2 - Phase 42 Navami  
Ganesha: Clear Sunrise: 6:49AM  
Muruqa: Clear Sunset: 5:32PM  
Nataraja: Clear  
Moon – Orange  
Devaloka Day  
Magha\*Masi

<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Bloomfield, NJ	
Vrischika Rasi: 23.04		Tithi 25		Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 7 Sutra 309	
Family Home Evening		978723467		<b>Gulika</b> 1:31PM – 2:52PM	<b>Jyeshtha* Until 6:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM
Creative Work Siddha Yoga		<b>Yama</b> 10:50AM – 12:11PM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM		Moon 2 - Phase 43
		<b>Rahu</b> 8:09AM – 9:29AM		<b>Nataraja:</b> Clear			2nd Phase
				<b>Magha-Masi</b>		<b>Devaloka Day</b>	
				<b>Dashami Until 4:03AM Tue</b>			

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Bloomfield, NJ	
Dhanus Rasi: 6.04		Tithi 26		Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 8 Sutra 310	
Creative Work Amrita Yoga		988723467		<b>Gulika</b> 12:11PM – 1:32PM	<b>Mula* Until 7:36PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:47AM
Until 7:36PM		<b>Yama</b> 9:29AM – 10:50AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM		Moon 2 - Phase 43
Then Creative Work - Siddha Yoga		<b>Rahu</b> 2:53PM – 4:14PM		<b>Nataraja:</b> Clear			2nd Phase
				<b>Magha-Masi</b>		<b>Bhuloka Day</b>	
				<b>Ekadashi* Until 4:34AM Wed</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Bloomfield, NJ	
Dhanus Rasi: 18.49		Tithi 27		Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 9 Sutra 311	
Creative Work Amrita Yoga		988723467		<b>Gulika</b> 10:49AM – 12:11PM	<b>Purvashadha* Until 8:58PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:45AM
		<b>Yama</b> 8:07AM – 9:28AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM		Moon 2 - Phase 43
		<b>Rahu</b> 12:11PM – 1:32PM		<b>Nataraja:</b> Clear			2nd Phase
				<b>Magha-Masi</b>		<b>Bhuloka Day</b>	
				<b>Dvadashi* Until 5:32AM Thu</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Bloomfield, NJ	
Makara Rasi: 1.2		Tithi 28		Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau		Sun 10 Sutra 312	
Routine Work Marana Yoga		989823467		<b>Gulika</b> 9:27AM – 10:49AM	<b>Uttarashadha Until 10:35PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:44AM
Until 10:35PM		<b>Yama</b> 6:44AM – 8:06AM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM		Moon 2 - Phase 43
Then Creative Work - Siddha Yoga		<b>Rahu</b> 1:32PM – 2:54PM		<b>Nataraja:</b> Clear			2nd Phase
				<b>Magha-Masi</b>		<b>Bhuloka Day</b>	
				<b>Trayodashi* Until 6:55AM Fri</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Bloomfield, NJ	
Makara Rasi: 13.42		Tithi 28 – 29		Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 11 Sutra 313	
Routine Work Marana Yoga		999823467		<b>Gulika</b> 8:05AM – 9:27AM	<b>Shravana Until 12:52AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:43AM
Until 12:52AM Sat		<b>Yama</b> 2:54PM – 4:16PM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:38PM		Moon 2 - Phase 43
Then Creative Work - Siddha Yoga		<b>Rahu</b> 10:48AM – 12:10PM		<b>Nataraja:</b> Clear			2nd Phase
				<b>Magha-Masi</b>		<b>Bhuloka Day</b>	
		<b>Mahasivaratri (Lunar)</b>		<b>Trayodashi* Until 6:55AM</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
		<b>Mahasivaratri (Solar)</b>					

<b>Retreat Star</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Bloomfield, NJ	
Makara Rasi: 25.55		Tithi 29 – 30		Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		Sun 12 Sutra 314	
Creative Work Siddha Yoga		999823467		<b>Gulika</b> 6:41AM – 8:04AM	<b>Dhanishtha Until 3:16AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:41AM
		<b>Yama</b> 1:33PM – 2:55PM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM		Moon 2 - Phase 43
		<b>Rahu</b> 9:26AM – 10:48AM		<b>Nataraja:</b> Clear			Amavasya
				<b>Magha-Masi</b>		<b>Bhuloka Day</b>	
				<b>Chaturdashy* Until 8:37AM</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Bloomfield, NJ	
Kumbha Rasi: 8.02		Tithi 30 – 1		Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13 Sutra 315	
Creative Work Siddha Yoga		999823467		<b>Gulika</b> 2:55PM – 4:18PM	<b>Shatabhishak Until 5:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:40AM
Until 5:43AM Mon		<b>Yama</b> 12:10PM – 1:33PM		<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM		Moon 2 - Phase 43
Then Routine Work - Marana Yoga		<b>Rahu</b> 4:18PM – 5:41PM		<b>Nataraja:</b> Clear			Prathama
				<b>Magha-Masi</b>		<b>Bhuloka Day</b>	
				<b>Amavasya* Until 10:36AM</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bloomfield, NJ Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 20.03 Tithi 1 – 2	<b>Gulika</b> 1:33PM – 2:56PM	<b>Purvaproshtapada* Until 8:41AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:38AM</i>	<b>Muruga:</b> Clear <i>Sunset: 5:42PM</i>	Moon 2 - Phase 44 3rd Phase
<b>Family Home Evening</b>	919823467	<b>Rahu</b> 8:01AM – 9:24AM	Siddha Until 10:15PM	<b>Nataraja:</b> Clear		
Routine Work Marana Yoga			Balava Until 2:00AM Tue	Moon – Clear	<b>Devaloka Day</b>	
Until 8:41AM Tue			<b>Prathama* Until 12:48PM</b>	<b>Phalguna-Masi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau				Bloomfield, NJ Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Meena Rasi: 1.59 Tithi 2 – 3	<b>Gulika</b> 12:10PM – 1:33PM	<b>Purvaproshtapada* Until 8:41AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:37AM</i>	<b>Muruga:</b> Clear <i>Sunset: 5:43PM</i>	Moon 2 - Phase 44 3rd Phase
<b>Routine Work Marana Yoga</b>	919823467	<b>Rahu</b> 2:56PM – 4:20PM	Sadhya Until 11:02PM	<b>Nataraja:</b> Clear		
Until 8:41AM			Taitila Until 4:27AM Wed	Moon – Clear	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga			<b>Dvitiya Until 3:11PM</b>	<b>Phalguna-Masi</b>		

<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Bloomfield, NJ Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 13.53 Tithi 3 – 4	<b>Gulika</b> 10:46AM – 12:10PM	<b>Uttaraproshtapada Until 11:36AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:35AM</i>	<b>Muruga:</b> Clear <i>Sunset: 5:44PM</i>	Moon 2 - Phase 44 3rd Phase
<b>Creative Work Siddha Yoga</b>	919823467	<b>Rahu</b> 12:10PM – 1:33PM	Subha Until 11:55PM	<b>Nataraja:</b> Clear		
Until 11:36AM			Vanija Until 6:58AM Thu	Moon – Clear	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga			<b>Tritiya Until 5:41PM</b>	<b>Phalguna-Masi</b>		

<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Bloomfield, NJ Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 25.45 Tithi 4	<b>Gulika</b> 9:22AM – 10:46AM	<b>Revati Until 2:25PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:34AM</i>	<b>Muruga:</b> Clear <i>Sunset: 5:45PM</i>	Moon 2 - Phase 44 3rd Phase
<b>Creative Work Siddha Yoga</b>	919823467	<b>Rahu</b> 1:33PM – 2:57PM	Sukla Until 12:45AM Fri	<b>Nataraja:</b> Clear		
Until 2:25PM			Vanija Until 6:58AM	Moon – Clear	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga			<b>Chaturthi* Until 8:12PM</b>	<b>Phalguna-Masi</b>		
			<b>Subramuniyaswami Siva Vision Day</b>			

<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Bloomfield, NJ Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 7.37 Tithi 5	<b>Gulika</b> 7:57AM – 9:21AM	<b>Ashvini Until 5:29PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:33AM</i>	<b>Muruga:</b> Clear <i>Sunset: 5:46PM</i>	Moon 2 - Phase 44 3rd Phase
<b>Creative Work Amrita Yoga</b>	921823467	<b>Rahu</b> 10:45AM – 12:09PM	Brahma Until 1:31AM Sat	<b>Nataraja:</b> Clear		
Until 5:29PM			Bava Until 9:27AM	Moon – White	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga			<b>Panchami Until 10:37PM</b>	<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau				Bloomfield, NJ Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 19.33 Tithi 6	<b>Gulika</b> 6:31AM – 7:56AM	<b>Bharani Until 8:10PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:31AM</i>	<b>Muruga:</b> Clear <i>Sunset: 5:47PM</i>	Moon 2 - Phase 44 3rd Phase
<b>Creative Work Siddha Yoga</b>	921823467	<b>Rahu</b> 9:20AM – 10:45AM	Indra Until 2:05AM Sun	<b>Nataraja:</b> Clear		
Until 8:10PM			Kaulava Until 11:45AM	Moon – White	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga			<b>Shashthi* Until 12:45AM Sun</b>	<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Bloomfield, NJ Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:59PM – 4:24PM	<b>Krittika Until 10:16PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:28AM</i>	<b>Muruga:</b> Orange <i>Sunset: 5:50PM</i>	Moon 2 - Phase 44 3rd Phase
<b>Vrishabha Rasi: 1.37 Tithi 7</b>	921833467	<b>Rahu</b> 4:24PM – 5:50PM	Vaidhriti* Until 2:14AM Mon	<b>Nataraja:</b> Clear		
<b>Creative Work Siddha Yoga</b>			Gara Until 1:41PM	Moon – White	<b>Bhuloka Day</b>	
			<b>Saptami Until 2:25AM Mon</b>	<b>Phalguna-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Bloomfield, NJ Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 1:34PM – 3:00PM	<b>Rohini Until 12:04AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:26AM</i>	<b>Muruga:</b> Orange <i>Sunset: 5:51PM</i>	Moon 2 - Phase 44 Ashtami
<b>Vrishabha Rasi: 13.53 Tithi 8</b>	931833467	<b>Rahu</b> 7:52AM – 9:18AM	Vishkambha* Until 1:54AM Tue	<b>Nataraja:</b> Clear		
<b>Family Home Evening</b>			Visti Until 3:01PM	Moon – Yellow	<b>Devaloka Day</b>	
<b>Creative Work Amrita Yoga</b>			<b>Ashtami* Until 3:23AM Tue</b>	<b>Phalguna-Masi</b>		
Until 12:04AM Tue						
Then Creative Work - Siddha Yoga						

<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Bloomfield, NJ Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 12:08PM – 1:34PM	<b>Mrigashira Until 12:55AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:25AM</i>	<b>Muruga:</b> Orange <i>Sunset: 5:52PM</i>	Moon 2 - Phase 44 Navami
<b>Vrishabha Rasi: 26.28 Tithi 9</b>	931833467	<b>Rahu</b> 3:00PM – 4:26PM	Priti Until 12:57AM Wed	<b>Nataraja:</b> Clear		
<b>Creative Work Siddha Yoga</b>			Balava Until 3:36PM	Moon – Yellow	<b>Devaloka Day</b>	
			<b>Navami* Until 3:33AM Wed</b>	<b>Phalguna-Masi</b>		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>	<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Bloomfield, NJ
	Mithuna Rasi: 9.26	Tithi 10	<b>Gulika</b> 10:42AM – 12:08PM	<b>Ardra Until 12:47AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:23AM	Sun 23 Sutra 325
			Yama 7:50AM – 9:16AM	Ayushman Until 11:18PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:53PM	Vikarin 5121
		131833467 <b>Rahu</b> 12:08PM – 1:34PM	Taitila Until 3:19PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45	
Creative Work	Siddha Yoga		<b>Dashami Until 2:49AM Thu</b>	Moon – Yellow		4th Phase	
Until 12:47AM Thu				<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau				Bloomfield, NJ
	Mithuna Rasi: 22.52	Tithi 11	<b>Gulika</b> 9:15AM – 10:41AM	<b>Punarvasu Until 12:05AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:22AM	Sun 24 Sutra 326
			Yama 6:22AM – 7:48AM	Saubhagya Until 8:58PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:54PM	Vikarin 5121
		141833467 <b>Rahu</b> 1:34PM – 3:01PM	Vanija Until 2:09PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45	
Creative Work	Amrita Yoga		<b>Ekadashi Until 1:14AM Fri</b>	Moon – Blue		4th Phase	
Until 12:05AM Fri				<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Bloomfield, NJ
	Kataka Rasi: 6.48	Tithi 12	<b>Gulika</b> 7:47AM – 9:14AM	<b>Pushya Until 10:29PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:20AM	Sun 25 Sutra 327
			Yama 3:01PM – 4:28PM	Sobhana Until 6:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:55PM	Vikarin 5121
		141833467 <b>Rahu</b> 10:41AM – 12:08PM	Bava Until 12:10PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45	
Routine Work	Marana Yoga		<b>Dvadashi Until 10:53PM</b>	Moon – Blue		4th Phase	
				<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bloomfield, NJ
	Kataka Rasi: 21.13	Tithi 13	<b>Gulika</b> 6:19AM – 7:46AM	<b>Ashlesha* Until 8:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM	Sun 26 Sutra 328
			Yama 1:35PM – 3:02PM	Athiganda* Until 2:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:56PM	Vikarin 5121
		141833467 <b>Rahu</b> 9:13AM – 10:40AM	Kaulava Until 9:29AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45	
Routine Work	Marana Yoga		<b>Trayodashi Until 7:54PM</b>	Moon – Blue		4th Phase	
Until 8:07PM				<b>Phalguna-Masi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM	
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Bloomfield, NJ
	Simha Rasi: 6.04	Tithi 14 – 15	<b>Gulika</b> 3:02PM – 4:30PM	<b>Magha* Until 5:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM	Sun 27 Sutra 329
			Yama 12:07PM – 1:35PM	Sukarma Until 10:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:57PM	Vikarin 5121
		151833467 <b>Rahu</b> 4:30PM – 5:57PM	Gara Until 6:15AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 4:27PM</b>	Moon – Red		4th Phase	
Until 5:33PM				<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>					

	<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bloomfield, NJ
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:35PM – 3:03PM	<b>Purvaphalguni Until 2:34PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	Sun 28 Sutra 330
	Simha Rasi: 21.12	Tithi 15 – 16	Yama 10:39AM – 12:07PM	Dhriti Until 6:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:58PM	Vikarin 5121
<b>Family Home Evening</b>		152833467 <b>Rahu</b> 7:43AM – 9:11AM	Balava Until 10:49PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45	
Creative Work	Siddha Yoga		<b>Purnima* Until 12:43PM</b>	Moon – Red		Purnima	
				<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
		<b>Holi</b>					

<b>0</b>	<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Bloomfield, NJ
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:07PM – 1:35PM	<b>Uttaraphalguni Until 11:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:14AM	Sun 29 Sutra 331
	Kanya Rasi: 6.29	Tithi 16 – 17	Yama 9:10AM – 10:38AM	Ganda* Until 9:41PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM	Vikarin 5121
		152833467 <b>Rahu</b> 3:03PM – 4:31PM	Taitila Until 6:59PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 45	
Creative Work	Amrita Yoga		<b>Prathama* Until 8:53AM</b>	Moon – Red		Prathama	
Until 11:22AM				<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Bloomfield, NJ

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

Gulika

10:38AM - 12:06PM

Yama

7:41AM - 9:09AM

Rahu

12:06PM - 1:35PM

Hasta Until 8:31AM

Vriddhi Until 5:31PM

Vanija Until 3:18PM

Tritiya Until 1:33AM Thu

Ganesha: Clear

Sunrise: 6:12AM

Muruqa: Orange

Sunset: 6:01PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Bloomfield, NJ

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

Gulika

9:08AM - 10:37AM

Yama

6:11AM - 7:39AM

Rahu

1:35PM - 3:04PM

Svati Until 3:24AM Fri

Dhruva Until 1:36PM

Bava Until 11:57AM

Chaturthi\* Until 10:25PM

Ganesha: Clear

Sunrise: 6:11AM

Muruqa: Orange

Sunset: 6:02PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Bloomfield, NJ

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

Gulika

7:38AM - 9:07AM

Yama

3:04PM - 4:33PM

Rahu

10:37AM - 12:06PM

Vishakha Until 1:51AM Sat

Vyaghata\* Until 10:06AM

Kaulava Until 9:04AM

Panchami Until 7:50PM

Ganesha: Purple

Sunrise: 6:09AM

Muruqa: Orange

Sunset: 6:03PM

Nataraja: Clear

Moon - Orange

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

Bloomfield, NJ

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 - 22

172833468

Gulika

6:07AM - 7:37AM

Yama

1:35PM - 3:05PM

Rahu

9:06AM - 10:36AM

Anuradha Until 12:52AM Sun

Harshana Until 7:08AM

Gara Until 6:49AM

Shashthi\* Until 5:56PM

Ganesha: Purple

Sunrise: 6:07AM

Muruqa: Orange

Sunset: 6:04PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bloomfield, NJ

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 - 23

172933468

Gulika

3:05PM - 4:35PM

Yama

12:05PM - 1:35PM

Rahu

4:35PM - 6:05PM

Jyeshtha\* Until 12:31AM Mon

Siddhi Until 2:58AM Mon

Balava Until 4:33AM Mon

Saptami Until 4:48PM

Ganesha: Clear

Sunrise: 6:06AM

Muruqa: Orange

Sunset: 6:05PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bloomfield, NJ

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 - 24

182933468

Gulika

1:35PM - 3:05PM

Yama

10:35AM - 12:05PM

Rahu

7:34AM - 9:04AM

Mula\* Until 1:13AM Tue

Vyatipata\* Until 1:50AM Tue

Taitila Until 4:36AM Tue

Ashtami\* Until 4:28PM

Ganesha: Purple

Sunrise: 6:04AM

Muruqa: Orange

Sunset: 6:06PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Bloomfield, NJ

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 - 25

182933468

Gulika

12:05PM - 1:35PM

Yama

9:04AM - 10:34AM

Rahu

3:06PM - 4:36PM

Purvashadha\* Until 2:29AM Wed

Variyan Until 1:14AM Wed

Vanija Until 5:21AM Wed

Navami\* Until 4:52PM

Ganesha: Purple

Sunrise: 6:02AM

Muruqa: Orange

Sunset: 6:07PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Bloomfield, NJ Sun 8 Sutra 339	
Dhanus Rasi: 28.29	Tithi 25 – 26	<b>Gulika</b> 10:33AM – 12:04PM	<b>Uttarashadha</b> Until 4:10AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:01AM		Vikarin 5121
		Yama 7:32AM – 9:03AM	Parigha* Until 1:07AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM		Moon 3 - Phase 47
		182933468 <b>Rahu</b> 12:04PM – 1:35PM	Bava Until 6:42AM Thu	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 5:57PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 4:10AM Thu				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Bloomfield, NJ Sun 9 Sutra 340	
Makara Rasi: 10.5	Tithi 26	<b>Gulika</b> 9:02AM – 10:33AM	<b>Shravana</b> Until 6:37AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM		Vikarin 5121
		Yama 5:59AM – 7:30AM	Shiva Until 1:23AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:09PM		Moon 3 - Phase 47
		192933468 <b>Rahu</b> 1:35PM – 3:07PM	Bava Until 6:42AM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:32PM	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Bloomfield, NJ Sun 10 Sutra 341	
Makara Rasi: 23.01	Tithi 27	<b>Gulika</b> 7:29AM – 9:01AM	<b>Shravana</b> Until 6:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM		Vikarin 5121
		Yama 3:07PM – 4:39PM	Siddha Until 1:53AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:10PM		Moon 3 - Phase 47
		192933468 <b>Rahu</b> 10:32AM – 12:04PM	Kaulava Until 8:30AM	<b>Nataraja:</b> Purple			2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 9:29PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 6:37AM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Bloomfield, NJ Sun 11 Sutra 342	
Kumbha Rasi: 5.04	Tithi 28	<b>Gulika</b> 5:56AM – 7:28AM	<b>Dhanishtha</b> Until 9:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM		Vikarin 5121
		Yama 1:35PM – 3:07PM	Sadhya Until 2:34AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:11PM		Moon 3 - Phase 47
		192933468 <b>Rahu</b> 9:00AM – 10:32AM	Gara Until 10:36AM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:42PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:12AM				<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Bloomfield, NJ Sun 12 Sutra 343	
Kumbha Rasi: 17.01	Tithi 29	<b>Gulika</b> 3:08PM – 4:40PM	<b>Shatabhishak</b> Until 11:48AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama 12:03PM – 1:35PM	Subha Until 3:22AM Mon	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:12PM		Moon 3 - Phase 47
		193933468 <b>Rahu</b> 4:40PM – 6:12PM	Visti* Until 12:53PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:03AM Mon	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bloomfield, NJ Sun 13 Sutra 344	
Kumbha Rasi: 28.56	Tithi 30	<b>Gulika</b> 1:35PM – 3:08PM	<b>Purvaproshtapada*</b> Until 2:51PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:52AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:30AM – 12:03PM	Sukla Until 4:12AM Tue	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:13PM		Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 <b>Rahu</b> 7:25AM – 8:58AM	Catuspada Until 3:17PM	<b>Nataraja:</b> Purple			Amavasya
Until 2:51PM			<b>Amavasya*</b> Until 4:28AM Tue	Moon – Clear		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>			

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Bloomfield, NJ Sun 14 Sutra 345	
Meena Rasi: 10.49	Tithi 1	<b>Gulika</b> 12:03PM – 1:35PM	<b>Uttaraproshtapada</b> Until 5:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM		Vikarin 5121
		Yama 8:57AM – 10:30AM	Brahma Until 5:04AM Wed	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:14PM		Moon 3 - Phase 47
		113933468 <b>Rahu</b> 3:08PM – 4:41PM	Kintughna Until 5:43PM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 6:55AM Wed	Moon – Clear		<b>Sivaloka Day</b>	
Until 5:47PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>			
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Bloomfield, NJ Sun 15 Sutra 346	
Meena Rasi: 22.42	Tithi 1 – 2	<b>Gulika</b> 10:29AM – 12:02PM	<b>Revati Until 8:33PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:49AM		Vikarin 5121
		Yama 7:22AM – 8:56AM	Indra Until 5:55AM Thu	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:15PM		Moon 3 - Phase 48
		113933468 <b>Rahu</b> 12:02PM – 1:36PM	Balava Until 8:10PM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 6:55AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			
<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Bloomfield, NJ Sun 16 Sutra 347	
Mesha Rasi: 4.35	Tithi 2 – 3	<b>Gulika</b> 8:55AM – 10:28AM	<b>Ashvini Until 11:36PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:48AM		Vikarin 5121
		Yama 5:48AM – 7:21AM	Vaidhriti* Until 6:41AM Fri	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:16PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 1:36PM – 3:09PM	Taitila Until 10:33PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 9:21AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 11:36PM		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							
<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Bloomfield, NJ Sun 17 Sutra 348	
Mesha Rasi: 16.31	Tithi 3 – 4	<b>Gulika</b> 7:20AM – 8:54AM	<b>Bharani Until 2:19AM Sat</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:46AM		Vikarin 5121
		Yama 3:10PM – 4:43PM	Vaidhriti* Until 6:41AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:17PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:28AM – 12:02PM	Vanija Until 12:47AM Sat	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 11:40AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 2:19AM Sat				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Bloomfield, NJ Sun 18 Sutra 349	
Mesha Rasi: 28.3	Tithi 4 – 5	<b>Gulika</b> 5:44AM – 7:19AM	<b>Krittika Until 4:37AM Sun</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:44AM		Vikarin 5121
		Yama 1:36PM – 3:10PM	Vishkambha* Until 7:20AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:18PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 8:53AM – 10:27AM	Bava Until 2:44AM Sun	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 1:47PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 4:37AM Sun				<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Bloomfield, NJ Sun 19 Sutra 350	
Wrishabha Rasi: 10.37	Tithi 5 – 6	<b>Gulika</b> 3:10PM – 4:45PM	<b>Rohini Until 6:50AM Mon</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:43AM		Vikarin 5121
		Yama 12:01PM – 1:36PM	Priti Until 7:46AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:19PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 4:45PM – 6:19PM	Kaulava Until 4:16AM Mon	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 3:33PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 6:50AM Mon				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							
<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Bloomfield, NJ Sun 20 Sutra 351	
Wrishabha Rasi: 22.53	Tithi 6 – 7	<b>Gulika</b> 1:36PM – 3:11PM	<b>Rohini Until 6:50AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:41AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:26AM – 12:01PM	Ayushman Until 7:50AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:20PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 7:16AM – 8:51AM	Gara Until 5:13AM Tue	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:49PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			
<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Bloomfield, NJ Sun 21 Sutra 352	
Mithuna Rasi: 5.26	Tithi 7 – 8	<b>Gulika</b> 12:00PM – 1:36PM	<b>Mrigashira Until 8:17AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:39AM		Vikarin 5121
		Yama 8:50AM – 10:25AM	Saubhagya Until 7:26AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:22PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 3:11PM – 4:46PM	Visti Until 5:26AM Wed	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:25PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 8:17AM				<b>Chaitra•Panguni</b>			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Bloomfield, NJ Sun 22 Sutra 353	
Mithuna Rasi: 18.2	Tithi 8 – 9	<b>Gulika</b> 10:25AM – 12:00PM	<b>Ardra Until 8:53AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:39AM		Vikarin 5121
		Yama 7:15AM – 8:50AM	Sobhana Until 6:29AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:22PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 12:00PM – 1:36PM	Balava Until 4:51AM Thu	<b>Nataraja:</b> Purple			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:14PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			
<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Bloomfield, NJ Sun 23 Sutra 354	
Kataka Rasi: 1.38	Tithi 9 – 10	<b>Gulika</b> 8:49AM – 10:25AM	<b>Punarvasu Until 8:59AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:38AM		Vikarin 5121
		Yama 5:38AM – 7:13AM	Sukarma Until 2:37AM Fri	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:23PM		Moon 3 - Phase 48
		143933468 <b>Rahu</b> 1:36PM – 3:11PM	Taitila Until 3:26AM Fri	<b>Nataraja:</b> Purple			Navami
Creative Work	Amrita Yoga		<b>Navami* Until 4:13PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1 Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Bloomfield, NJ Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 15.25	Tithi 10 – 11	<b>Gulika</b> 7:12AM – 8:48AM	<b>Pushya Until 8:08AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:36AM	
		Yama 3:12PM – 4:48PM	Dhriti Until 11:46PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:24PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:24AM – 12:00PM	Vanija Until 1:15AM Sat	<b>Nataraja:</b> Purple	4th Phase
			<b>Yogaswami Mahasamadhi</b>	Moon – Blue	<b>Sivaloka Day</b>
			<b>Dashami Until 2:25PM</b>	<b>Chaitra•Panguni</b>	

<b>2 Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Bloomfield, NJ Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 29.4	Tithi 11 – 12	<b>Gulika</b> 5:34AM – 7:11AM	<b>Ashlesha* Until 6:24AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:34AM	
		Yama 1:36PM – 3:12PM	Shula* Until 8:20PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:25PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 8:47AM – 10:23AM	Bava Until 10:25PM	<b>Nataraja:</b> Purple	4th Phase
Until 6:24AM			<b>Ekadashi Until 11:54AM</b>	Moon – Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Chaitra•Panguni</b>	

<b>3 Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Bloomfield, NJ Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 14.22	Tithi 12 – 13	<b>Gulika</b> 3:12PM – 4:49PM	<b>Purvaphalguni Until 1:38AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:33AM	
		Yama 11:59AM – 1:36PM	Ganda* Until 4:29PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:26PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 <b>Rahu</b> 4:49PM – 6:26PM	Kaulava Until 7:05PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Dvadashi Until 8:47AM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	
				<i>Pradosha Vrata</i>	

<b>4 Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Bloomfield, NJ Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 29.25	Tithi 14	<b>Gulika</b> 1:36PM – 3:13PM	<b>Uttaraphalguni Until 10:32PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:31AM	
Family Home Evening		Yama 10:22AM – 11:59AM	Vridhhi Until 12:21PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:08AM – 8:45AM	Gara Until 3:23PM	<b>Nataraja:</b> Purple	4th Phase
			<b>Chaturdashi* Until 1:27AM Tue</b>	Moon – Red	<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

<b>○ Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Bloomfield, NJ Sun 28 Sutra 359 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:59AM – 1:36PM	<b>Hasta Until 7:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:30AM	
Kanya Rasi: 14.4	Tithi 15	Yama 8:44AM – 10:21AM	Dhruva Until 8:01AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:28PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:13PM – 4:50PM	Visti Until 11:31AM	<b>Nataraja:</b> Purple	Purnima
			<b>Purnima* Until 9:33PM</b>	Moon – Green	<b>Devaloka Day</b>
		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>	
		<b>Hanuman Jayanti</b>			

<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau			Bloomfield, NJ Sun 29 Sutra 360 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:21AM – 11:58AM	<b>Chitra Until 4:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:28AM	
Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:06AM – 8:43AM	Harshana Until 11:27PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:29PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 11:58AM – 1:36PM	Balava Until 7:39AM	<b>Nataraja:</b> Purple	Prathama
			<b>Prathama* Until 5:45PM</b>	Moon – Green	<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>	





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bloomfield, NJ  
Sun 1 Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 15.07 Tithi 17 - 18  
164134468  
Creative Work Amrita Yoga  
Until 1:39PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:42AM - 10:20AM  
Yama 5:26AM - 7:04AM  
Rahu 1:36PM - 3:14PM

**Svati Until 1:39PM**  
Vajra\* Until 7:28PM  
Vanija Until 12:36AM Fri  
Dvitiya Until 2:12PM

**Ganesha:** White *Sunrise:* 5:26AM  
**Muruqa:** Clear *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon - Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Bloomfield, NJ  
Sun 2 Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 30 Tithi 18 - 19  
174134468  
Creative Work Siddha Yoga

**Gulika** 7:03AM - 8:41AM  
Yama 3:14PM - 4:53PM  
Rahu 10:20AM - 11:58AM

**Vishakha Until 11:27AM**  
Siddhi Until 3:54PM  
Bava Until 9:46PM  
Tritiya Until 11:06AM

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruqa:** Clear *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bloomfield, NJ  
Sun 3 Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vischika Rasi: 14.28 Tithi 19 - 20  
174134468  
Creative Work Siddha Yoga

**Gulika** 5:23AM - 7:02AM  
Yama 1:36PM - 3:15PM  
Rahu 8:40AM - 10:19AM

**Anuradha Until 9:43AM**  
Vyatipala\* Until 12:51PM  
Kaulava Until 7:36PM  
Chaturthi\* Until 8:34AM

**Ganesha:** Yellow *Sunrise:* 5:23AM  
**Muruqa:** Clear *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Varyian/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Bloomfield, NJ  
Sun 4 Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vischika Rasi: 28.26 Tithi 20 - 21  
174134468  
Routine Work Marana Yoga  
Until 8:33AM  
Then Creative Work - Amrita Yoga

**Gulika** 3:15PM - 4:54PM  
Yama 11:57AM - 1:36PM  
Rahu 4:54PM - 6:33PM

**Jyeshtha\* Until 8:33AM**  
Varyian Until 10:23AM  
Gara Until 6:12PM  
Panchami Until 6:47AM

**Ganesha:** Yellow *Sunrise:* 5:22AM  
**Muruqa:** Clear *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Bloomfield, NJ  
Sun 5 Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 11.56 Tithi 22  
**Family Home Evening**  
184134468  
Creative Work Siddha Yoga  
Until 8:31AM  
Then Routine Work - Marana Yoga

**Gulika** 1:36PM - 3:16PM  
Yama 10:18AM - 11:57AM  
Rahu 6:59AM - 8:39AM

**Mula\* Until 8:31AM**  
Parigha\* Until 8:36AM  
Visti Until 5:39PM  
Saptami Until 5:41AM Tue

**Ganesha:** Blue *Sunrise:* 5:20AM  
**Muruqa:** Clear *Sunset:* 6:34PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

**D**

**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Bloomfield, NJ  
Sun 6 Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 24.59 Tithi 23  
284134468  
Creative Work Siddha Yoga  
Until 9:09AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 11:57AM - 1:36PM  
Yama 8:38AM - 10:17AM  
Rahu 3:16PM - 4:55PM

**Purvashadha\* Until 9:09AM**  
Shiva Until 7:30AM  
Balava Until 5:57PM  
Ashtami\* Until 6:22AM Wed

**Ganesha:** Yellow *Sunrise:* 5:19AM  
**Muruqa:** Clear *Sunset:* 6:35PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bloomfield, NJ  
Sun 7 Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 7.37 Tithi 23 - 24  
284134468  
Creative Work Amrita Yoga  
Until 10:24AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:17AM - 11:57AM  
Yama 6:57AM - 8:37AM  
Rahu 11:57AM - 1:36PM

**Uttarashadha Until 10:24AM**  
Siddha Until 7:00AM  
Taitila Until 6:59PM  
Ashtami\* Until 6:22AM

**Ganesha:** Yellow *Sunrise:* 5:17AM  
**Muruqa:** Clear *Sunset:* 6:36PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

<b>1</b>		<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Bloomfield, NJ Sun 8	Sutra 4
Makara Rasi: 19.58	Tithi 24 – 25	<b>Gulika</b> 8:36AM – 10:16AM	<b>Shravana Until 12:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:16AM	Sarvari 5122	
		Yama 5:16AM – 6:56AM	Sadhya Until 7:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 1	
294134468		<b>Rahu</b> 1:37PM – 3:17PM	Vanija Until 8:38PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 7:44AM</b>	Moon – Purple			<b>Devaloka Day</b>
				<b>Chaitra*Chaitra</b>			

<b>2</b>		<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau		Bloomfield, NJ Sun 9	Sutra 5
Kumbha Rasi: 2.05	Tithi 25 – 26	<b>Gulika</b> 6:55AM – 8:35AM	<b>Dhanishtha Until 3:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:14AM	Sarvari 5122	
		Yama 3:17PM – 4:58PM	Subha Until 7:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 1	
294134468		<b>Rahu</b> 10:16AM – 11:56AM	Bava Until 10:43PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 9:37AM</b>	Moon – Purple			<b>Devaloka Day</b>
				<b>Chaitra*Chaitra</b>			

<b>3</b>		<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Bloomfield, NJ Sun 10	Sutra 6
Kumbha Rasi: 14.04	Tithi 26 – 27	<b>Gulika</b> 5:13AM – 6:54AM	<b>Shatabhishak Until 5:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:13AM	Sarvari 5122	
		Yama 1:37PM – 3:18PM	Sukla Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 1	
295134468		<b>Rahu</b> 8:34AM – 10:15AM	Kaulava Until 1:03AM Sun	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:51AM</b>	Moon – Purple			<b>Sivaloka Day</b>
Until 5:46PM				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Bloomfield, NJ Sun 11	Sutra 7
Kumbha Rasi: 25.58	Tithi 27 – 28	<b>Gulika</b> 3:18PM – 4:59PM	<b>Purvaproshtapada* Until 8:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM	Sarvari 5122	
		Yama 11:56AM – 1:37PM	Brahma Until 9:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 1	
215134468		<b>Rahu</b> 4:59PM – 6:40PM	Gara Until 3:30AM Mon	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:15PM</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 8:53PM				<b>Chaitra*Chaitra</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Bloomfield, NJ Sun 12	Sutra 8
Meena Rasi: 7.5	Tithi 28 – 29	<b>Gulika</b> 1:37PM – 3:18PM	<b>Uttaraproshtapada Until 11:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:14AM – 11:55AM	Indra Until 10:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 1	
215134468		<b>Rahu</b> 6:51AM – 8:33AM	Vistil Until 5:56AM Tue	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:42PM</b>	Moon – Clear			<b>Sivaloka Day</b>
				<b>Chaitra*Chaitra</b>			

<b>6</b>		<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau		Bloomfield, NJ Sun 13	Sutra 9
Meena Rasi: 19.42	Tithi 29	<b>Gulika</b> 11:55AM – 1:37PM	<b>Revati Until 2:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM	Sarvari 5122	
		Yama 8:32AM – 10:14AM	Vaidhriti* Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 1	
215134468		<b>Rahu</b> 3:19PM – 5:00PM	Sakuni Until 7:06PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:06PM</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 2:35AM Wed				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Bloomfield, NJ Sun 14	Sutra 10
Mesha Rasi: 2	Tithi 30	<b>Gulika</b> 10:13AM – 11:55AM	<b>Ashvini Until 5:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
		Yama 6:49AM – 8:31AM	Vishkambha* Until 11:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 1	
225134468		<b>Rahu</b> 11:55AM – 1:37PM	Catuspada Until 8:17AM	<b>Nataraja:</b> Purple		Amavasya	
Routine Work	Marana Yoga		<b>Amavasya* Until 9:23PM</b>	Moon – White			<b>Sivaloka Day</b>
Until 5:31AM Thu				<b>Chaitra*Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Bloomfield, NJ Sun 15	Sutra 11
Mesha Rasi: 13.34	Tithi 1	<b>Gulika</b> 8:30AM – 10:13AM	<b>Bharani Until 8:06AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:06AM	Sarvari 5122	
		Yama 5:06AM – 6:48AM	Priti Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 1	
225134468		<b>Rahu</b> 1:37PM – 3:20PM	Kintughna Until 10:29AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:29PM</b>	Moon – White			<b>Sivaloka Day</b>
				<b>Vaisaka*Chaitra</b>			

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bloomfield, NJ Sun 16 Sutra 12
Mesha Rasi: 25.35	Tithi 2	<b>Gulika</b> 6:47AM – 8:29AM	<b>Bharani Until 8:06AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:04AM		Sarvari 5122	
		Yama 3:20PM – 5:03PM	Ayushman Until 12:59PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:45PM		Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 10:12AM – 11:55AM	Balava Until 12:28PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:21AM Sat</b>	Moon – White				<b>Devaloka Day</b>
								<b>Vaisaka-Chaitra</b>

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Bloomfield, NJ Sun 17 Sutra 13
Virshabha Rasi: 7.44	Tithi 3	<b>Gulika</b> 5:03AM – 6:46AM	<b>Krittika Until 10:16AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:03AM		Sarvari 5122	
		Yama 1:37PM – 3:20PM	Saubhagya Until 1:19PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:46PM		Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 8:29AM – 10:12AM	Taitila Until 2:11PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya Until 2:53AM Sun</b>	Moon – White				<b>Devaloka Day</b>
		<b>Akshaya Tritiya</b>						<b>Vaisaka-Chaitra</b>

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				Bloomfield, NJ Sun 18 Sutra 14
Virshabha Rasi: 20	Tithi 4	<b>Gulika</b> 3:21PM – 5:04PM	<b>Rohini Until 12:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:01AM		Sarvari 5122	
		Yama 11:54AM – 1:38PM	Sobhana Until 1:24PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 2	
		235134469 <b>Rahu</b> 5:04PM – 6:47PM	Vanija Until 3:32PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 4:02AM Mon</b>	Moon – Yellow				<b>Devaloka Day</b>
								<b>Vaisaka-Chaitra</b>

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Bloomfield, NJ Sun 19 Sutra 15
Mithuna Rasi: 2.27	Tithi 5	<b>Gulika</b> 1:38PM – 3:21PM	<b>Mrigashira Until 2:00PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM		Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:11AM – 11:54AM	Athiganda* Until 1:07PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:48PM		Moon 4 - Phase 2	
Creative Work	Amrita Yoga	236134469 <b>Rahu</b> 6:44AM – 8:27AM	Bava Until 4:27PM	<b>Nataraja:</b> Clear			3rd Phase	
Until 2:00PM			<b>Panchami Until 4:41AM Tue</b>	Moon – Yellow				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>				<b>Devaloka Time: 3:PM to 6:PM</b>

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Bloomfield, NJ Sun 20 Sutra 16
Mithuna Rasi: 15.08	Tithi 6	<b>Gulika</b> 11:54AM – 1:38PM	<b>Ardra Until 2:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:59AM		Sarvari 5122	
		Yama 8:26AM – 10:10AM	Sukarma Until 12:27PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:49PM		Moon 4 - Phase 2	
		236134469 <b>Rahu</b> 3:22PM – 5:06PM	Kaulava Until 4:49PM	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi* Until 4:45AM Wed</b>	Moon – Yellow				<b>Bhuloka Day</b>
Until 2:55PM				<b>Vaisaka-Chaitra</b>				<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Bloomfield, NJ Sun 21 Sutra 17
Mithuna Rasi: 28.05	Tithi 7	<b>Gulika</b> 10:10AM – 11:54AM	<b>Punarvasu Until 3:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM		Sarvari 5122	
		Yama 6:42AM – 8:26AM	Dhriti Until 11:19AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:50PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 11:54AM – 1:38PM	Gara Until 4:34PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 4:11AM Thu</b>	Moon – Blue				<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau				Bloomfield, NJ Sun 22 Sutra 18
Kataka Rasi: 11.22	Tithi 8	<b>Gulika</b> 8:25AM – 10:09AM	<b>Pushya Until 3:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM		Sarvari 5122	
		Yama 4:56AM – 6:41AM	Shula* Until 9:39AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:52PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 1:38PM – 3:23PM	Visli Until 3:40PM	<b>Nataraja:</b> Clear			Ashtami	
Creative Work	Amrita Yoga		<b>Ashtami* Until 2:57AM Fri</b>	Moon – Blue				<b>Devaloka Day</b>
Until 3:23PM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Bloomfield, NJ Sun 23 Sutra 19
Kataka Rasi: 25.01	Tithi 9	<b>Gulika</b> 6:39AM – 8:24AM	<b>Ashlesha* Until 2:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM		Sarvari 5122	
		Yama 3:24PM – 5:09PM	Ganda* Until 7:27AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:54PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 10:09AM – 11:54AM	Balava Until 2:06PM	<b>Nataraja:</b> Clear			Navami	
Routine Work	Marana Yoga		<b>Navami* Until 1:04AM Sat</b>	Moon – Blue				<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>				


<b>1</b>		<b>Saturday, May 2, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		Bloomfield, NJ Sun 24 Sutra 20	
Simha Rasi: 9.05	Tithi 10	<b>Gulika</b> 4:52AM – 6:38AM	<b>Magha* Until 1:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM			Sarvari 5122	
		Yama 1:39PM – 3:24PM	Dhruva Until 1:34AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM			Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 8:23AM – 10:08AM	Taitila Until 11:55AM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 10:36PM</b>	Moon – Red		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
Until 1:06PM				<b>Vaisaka*Chaitra</b>					
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Sunday, May 3, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Bloomfield, NJ Sun 25 Sutra 21	
Simha Rasi: 23.31	Tithi 11	<b>Gulika</b> 3:24PM – 5:10PM	<b>Purvaphalguni Until 11:08AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM			Sarvari 5122	
		Yama 11:53AM – 1:39PM	Vyaghata* Until 10:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM			Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 5:10PM – 6:56PM	Vanija Until 9:11AM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 7:38PM</b>	Moon – Red		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
Until 11:08AM				<b>Vaisaka*Chaitra</b>					
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Monday, May 4, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Bloomfield, NJ Sun 26 Sutra 22	
Kanya Rasi: 8.17	Tithi 12 – 13	<b>Gulika</b> 1:39PM – 3:25PM	<b>Uttaraphalguni Until 8:36AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM			Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:07AM – 11:53AM	Harshana Until 6:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM			Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 6:36AM – 8:22AM	Bava Until 6:02AM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:20PM</b>	Moon – Red		<b>Devaloka Day</b>			
				<b>Vaisaka*Chaitra</b>					

*Pradosha Vrata*

<b>4</b>		<b>Tuesday, May 5, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Bloomfield, NJ Sun 27 Sutra 23	
Kanya Rasi: 23.16	Tithi 13 – 14	<b>Gulika</b> 11:53AM – 1:39PM	<b>Hasta Until 6:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM			Sarvari 5122	
		Yama 8:21AM – 10:07AM	Vajra* Until 2:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM			Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:25PM – 5:12PM	Gara Until 11:02PM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:48PM</b>	Moon – Green		<b>Devaloka Day</b>			
				<b>Vaisaka*Chaitra</b>					

		<b>Wednesday, May 6, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Bloomfield, NJ Sun 28 Sutra 24	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:07AM – 11:53AM	<b>Svati Until 12:28AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM			Sarvari 5122	
Tula Rasi: 8.2	Tithi 14 – 15	Yama 6:34AM – 8:20AM	Siddhi Until 10:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM			Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 11:53AM – 1:40PM	Visti Until 7:29PM	<b>Nataraja:</b> Clear				Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 9:14AM</b>	Moon – Green		<b>Devaloka Day</b>			
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka*Chaitra</b>					

<b>5</b>		<b>Thursday, May 7, 2020</b>				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		Bloomfield, NJ Sun 29 Sutra 25	
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:20AM – 10:06AM	<b>Vishakha Until 10:08PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:47AM			Sarvari 5122	
Tula Rasi: 23.21	Tithi 16	Yama 4:47AM – 6:33AM	Vyatipata* Until 6:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM			Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 1:40PM – 3:26PM	Balava Until 4:07PM	<b>Nataraja:</b> Clear				Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 2:33AM Fri</b>	Moon – Orange		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM	
				<b>Vaisaka*Chaitra</b>					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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