



Saturday, April 20, 2019
Gold Retreat Star

Tula Rasi: 19.09 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 4:56AM – 6:38AM
Yama 1:25PM – 3:07PM
264483468 **Rahu** 8:20AM – 10:02AM

Svati Until 7:17AM
Siddhi Until 7:09PM
Taitila Until 2:51PM
Dvitiya Until 2:01AM Sun

Ganesha: Red *Sunrise:* 4:56AM
Muruqa: Yellow *Sunset:* 6:31PM
Nataraja: Purple
Moon – Green

Sivaloka Day
Chaitra•Chaitra

Buffalo, NY
Sutra 6
Vikarin 5121
Moon 4 - Phase 2
1st Phase

1

Sunday, April 21, 2019

Vrischika Rasi: 3.03 Tithi 18
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 3:08PM – 4:50PM
Yama 11:43AM – 1:25PM
274483468 **Rahu** 4:50PM – 6:32PM

Vishakha Until 6:28AM
Vyatipata* Until 4:59PM
Vanija Until 1:23PM
Tritiya Until 12:54AM Mon

Ganesha: Blue *Sunrise:* 4:54AM
Muruqa: Yellow *Sunset:* 6:32PM
Nataraja: Purple
Moon – Orange

Devaloka Day
Chaitra•Chaitra

Buffalo, NY
Sun 1
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

2

Monday, April 22, 2019

Vrischika Rasi: 16.32 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:26PM – 3:08PM
Yama 10:00AM – 11:43AM
274483468 **Rahu** 6:35AM – 8:18AM

Anuradha Until 6:13AM
Variyan Until 3:23PM
Bava Until 12:39PM
Chaturthi* Until 12:33AM Tue

Ganesha: Blue *Sunrise:* 4:53AM
Muruqa: Yellow *Sunset:* 6:33PM
Nataraja: Purple
Moon – Orange

Devaloka Day
Chaitra•Chaitra

Buffalo, NY
Sun 2
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

3

Tuesday, April 23, 2019

Vrischika Rasi: 29.35 Tithi 20
Routine Work Marana Yoga
Until 6:35AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:43AM – 1:26PM
Yama 8:17AM – 10:00AM
274483468 **Rahu** 3:09PM – 4:51PM

Jyeshtha* Until 6:35AM
Parigha* Until 2:27PM
Kaulava Until 12:43PM
Panchami Until 1:02AM Wed

Ganesha: Blue *Sunrise:* 4:51AM
Muruqa: Yellow *Sunset:* 6:34PM
Nataraja: Purple
Moon – Orange

Devaloka Day
Chaitra•Chaitra

Buffalo, NY
Sun 3
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

4

Wednesday, April 24, 2019

Dhanus Rasi: 12.14 Tithi 21
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:59AM – 11:43AM
Yama 6:33AM – 8:16AM
284483468 **Rahu** 11:43AM – 1:26PM

Mula* Until 8:04AM
Shiva Until 2:09PM
Gara Until 1:36PM
Shashthi* Until 2:18AM Thu

Ganesha: Yellow *Sunrise:* 4:50AM
Muruqa: Yellow *Sunset:* 6:35PM
Nataraja: Purple
Moon – Light Blue

Sivaloka Day
Chaitra•Chaitra

Buffalo, NY
Sun 4
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

5

Thursday, April 25, 2019

Dhanus Rasi: 24.34 Tithi 22
Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:15AM – 9:59AM
Yama 4:48AM – 6:32AM
284483469 **Rahu** 1:26PM – 3:09PM

Purvashadha* Until 10:08AM
Siddha Until 2:23PM
Visti Until 3:12PM
Saptami Until 4:13AM Fri

Ganesha: Yellow *Sunrise:* 4:48AM
Muruqa: Yellow *Sunset:* 6:36PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Chaitra•Chaitra

Buffalo, NY
Sun 5
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

D

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.38 Tithi 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:31AM – 8:15AM
Yama 3:10PM – 4:54PM
284583469 **Rahu** 9:58AM – 11:42AM

Uttarashadha Until 12:35PM
Sadhya Until 3:04PM
Balava Until 5:22PM
Ashtami* Until 6:34AM Sat

Ganesha: Red *Sunrise:* 4:47AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Chaitra•Chaitra

Buffalo, NY
Sun 6
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 18.31 Tithi 23 – 24
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 4:46AM – 6:30AM
Yama 1:26PM – 3:10PM
294583469 **Rahu** 8:14AM – 9:58AM

Shravana Until 3:44PM
Subha Until 4:01PM
Taitila Until 7:51PM
Ashtami* Until 6:34AM

Ganesha: Green *Sunrise:* 4:46AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Chaitra•Chaitra
Devaloka Time: 3:PM to 6:PM

Buffalo, NY
Sun 7
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

1		Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Buffalo, NY Sun 8 Sutra 14 Vikarin 5121
Kumbha Rasi: 0.21	Tithi 24 – 25	Gulika 3:11PM – 4:55PM	Dhanishtha Until 6:48PM	Ganesha: Green <i>Sunrise:</i> 4:44AM	Moon 4 - Phase 3
294583469	Rahu 4:55PM – 6:40PM	Yama 11:42AM – 1:26PM	Sukla Until 5:01PM	Muruqa: Yellow <i>Sunset:</i> 6:40PM	2nd Phase
Routine Work	Marana Yoga		Vanija Until 10:24PM	Nataraja: Clear	
Until 6:48PM			Navami* Until 9:06AM	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM

2		Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Buffalo, NY Sun 9 Sutra 15 Vikarin 5121
Kumbha Rasi: 12.11	Tithi 25 – 26	Gulika 1:27PM – 3:11PM	Shatabhishak Until 9:34PM	Ganesha: Green <i>Sunrise:</i> 4:43AM	Moon 4 - Phase 3
294583469	Rahu 6:27AM – 8:12AM	Yama 9:57AM – 11:42AM	Brahma Until 5:57PM	Muruqa: Yellow <i>Sunset:</i> 6:41PM	2nd Phase
Family Home Evening			Bava Until 12:46AM Tue	Nataraja: Clear	
Creative Work	Siddha Yoga		Dashami Until 11:36AM	Moon – Purple	Bhuloka Day
Until 9:34PM				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

3		Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau	Buffalo, NY Sun 10 Sutra 16 Vikarin 5121
Kumbha Rasi: 24.06	Tithi 26 – 27	Gulika 11:42AM – 1:27PM	Purvaprossthapada* Until 12:21AM We	Ganesha: Purple <i>Sunrise:</i> 4:41AM	Moon 4 - Phase 3
214583469	Rahu 3:12PM – 4:57PM	Yama 8:12AM – 9:57AM	Indra Until 6:39PM	Muruqa: Yellow <i>Sunset:</i> 6:42PM	2nd Phase
Routine Work	Marana Yoga		Kaulava Until 2:47AM Wed	Nataraja: Clear	
Until 12:21AM Wed			Ekadashi* Until 1:49PM	Moon – Clear	Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM

4		Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadhshi/Trayodashyam Titau	Buffalo, NY Sun 11 Sutra 17 Vikarin 5121
Meena Rasi: 6.1	Tithi 27 – 28	Gulika 9:56AM – 11:42AM	Uttaraprossthapada Until 2:31AM Thu	Ganesha: Purple <i>Sunrise:</i> 4:40AM	Moon 4 - Phase 3
214583469	Rahu 11:42AM – 1:27PM	Yama 6:25AM – 8:11AM	Vaidhriti* Until 6:59PM	Muruqa: Yellow <i>Sunset:</i> 6:43PM	2nd Phase
Creative Work	Siddha Yoga		Gara Until 4:19AM Thu	Nataraja: Clear	
			Dvadhshi* Until 3:36PM	Moon – Clear	Bhuloka Day
				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata (Fasting)</i>

5		Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Buffalo, NY Sun 12 Sutra 18 Vikarin 5121
Meena Rasi: 18.26	Tithi 28 – 29	Gulika 8:10AM – 9:56AM	Revati Until 4:01AM Fri	Ganesha: Light Blue <i>Sunrise:</i> 4:39AM	Moon 4 - Phase 3
215583469	Rahu 1:27PM – 3:13PM	Yama 4:39AM – 6:24AM	Vishkambha* Until 6:56PM	Muruqa: Yellow <i>Sunset:</i> 6:44PM	2nd Phase
Creative Work	Siddha Yoga		Visti Until 5:19AM Fri	Nataraja: Clear	
Until 4:01AM Fri			Trayodashi* Until 4:52PM	Moon – Clear	Bhuloka Day
Then Creative Work - Amrita Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM

6		Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Buffalo, NY Sun 13 Sutra 19 Vikarin 5121
Mesha Rasi: 0.57	Tithi 29 – 30	Gulika 6:23AM – 8:09AM	Ashvini Until 5:18AM Sat	Ganesha: Purple <i>Sunrise:</i> 4:37AM	Moon 4 - Phase 3
225583469	Rahu 9:55AM – 11:41AM	Yama 3:13PM – 4:59PM	Priti Until 6:28PM	Muruqa: Yellow <i>Sunset:</i> 6:45PM	2nd Phase
Creative Work	Amrita Yoga		Catuspada Until 5:47AM Sat	Nataraja: Clear	
Until 5:18AM Sat			Chaturdashi* Until 5:36PM	Moon – White	Bhuloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Buffalo, NY Sun 14 Sutra 20 Vikarin 5121
Mesha Rasi: 13.42	Tithi 30 – 1	Gulika 4:36AM – 6:22AM	Bharani Until 5:55AM Sun	Ganesha: Purple <i>Sunrise:</i> 4:36AM	Moon 4 - Phase 3
225583469	Rahu 8:09AM – 9:55AM	Yama 1:28PM – 3:14PM	Ayushman Until 5:34PM	Muruqa: Yellow <i>Sunset:</i> 6:46PM	Amavasya
Creative Work	Siddha Yoga		Kintughna Until 5:43AM Sun	Nataraja: Clear	
			Amavasya* Until 5:47PM	Moon – White	Bhuloka Day
				Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Buffalo, NY Sun 15 Sutra 21 Vikarin 5121
Mesha Rasi: 26.42	Tithi 1 – 2	Gulika 3:14PM – 5:01PM	Krittika Until 5:58AM Mon	Ganesha: Purple <i>Sunrise:</i> 4:35AM	Moon 4 - Phase 3
225583469	Rahu 5:01PM – 6:47PM	Yama 11:41AM – 1:28PM	Saubhagya Until 4:18PM	Muruqa: Yellow <i>Sunset:</i> 6:47PM	Prathama
Creative Work	Siddha Yoga		Balava Until 5:13AM Mon	Nataraja: Clear	
Until 5:58AM Mon			Prathama* Until 5:30PM	Moon – White	Bhuloka Day
Then Creative Work - Amrita Yoga				Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Buffalo, NY Sun 16 Sutra 22 Vikarin 5121
1		Gulika 1:28PM – 3:15PM	Rohini Until 5:56AM Tue	Ganesha: Purple <i>Sunrise:</i> 4:33AM	
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 9:54AM – 11:41AM	Sobhana Until 2:43PM	Muruqa: Yellow <i>Sunset:</i> 6:49PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:20AM – 8:07AM	Taitila Until 4:21AM Tue	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 4:49PM	Moon – White	Bhuloka Day
Until 5:56AM Tue				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Buffalo, NY Sun 17 Sutra 23 Vikarin 5121
2		Gulika 11:41AM – 1:28PM	Mrigashira Until 5:27AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 4:32AM	
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:07AM – 9:54AM	Athiganda* Until 12:50PM	Muruqa: Yellow <i>Sunset:</i> 6:50PM	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 3:15PM – 5:02PM	Vanija Until 3:10AM Wed	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 3:46PM	Moon – Yellow	Bhuloka Day
		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Buffalo, NY Sun 18 Sutra 24 Vikarin 5121
3		Gulika 9:53AM – 11:41AM	Ardra Until 4:35AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 4:31AM	
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 6:19AM – 8:06AM	Sukarma Until 10:44AM	Muruqa: Yellow <i>Sunset:</i> 6:51PM	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 11:41AM – 1:28PM	Bava Until 1:43AM Thu	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 2:27PM	Moon – Yellow	Bhuloka Day
Until 4:35AM Thu				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Buffalo, NY Sun 19 Sutra 25 Vikarin 5121
4		Gulika 8:05AM – 9:53AM	Punarvasu Until 3:48AM Fri	Ganesha: Orange <i>Sunrise:</i> 4:30AM	
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 4:30AM – 6:18AM	Dhriti Until 8:28AM	Muruqa: Yellow <i>Sunset:</i> 6:52PM	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 1:29PM – 3:16PM	Kaulava Until 12:04AM Fri	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 12:54PM	Moon – Blue	Devaloka Day
Until 3:48AM Fri				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Buffalo, NY Sun 20 Sutra 26 Vikarin 5121
5		Gulika 6:17AM – 8:05AM	Pushya Until 2:40AM Sat	Ganesha: Orange <i>Sunrise:</i> 4:29AM	
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:17PM – 5:05PM	Ganda* Until 6:00AM	Muruqa: Yellow <i>Sunset:</i> 6:53PM	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 9:53AM – 11:41AM	Gara Until 10:13PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Shashthi* Until 11:09AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Buffalo, NY Sun 21 Sutra 27 Vikarin 5121
Retreat Star		Gulika 4:28AM – 6:16AM	Ashlesha* Until 1:14AM Sun	Ganesha: Orange <i>Sunrise:</i> 4:28AM	
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 1:29PM – 3:17PM	Vriddhi Until 12:38AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:54PM	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 8:04AM – 9:52AM	Visti Until 8:11PM	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 9:12AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Buffalo, NY Sun 22 Sutra 28 Vikarin 5121
Retreat Star		Gulika 3:18PM – 5:06PM	Magha* Until 11:55PM	Ganesha: White <i>Sunrise:</i> 4:26AM	
Simha Rasi: 2.43	Tithi 8 – 9	Yama 11:41AM – 1:29PM	Dhruva Until 9:44PM	Muruqa: Yellow <i>Sunset:</i> 6:55PM	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 5:06PM – 6:55PM	Balava Until 6:00PM	Nataraja: Clear	Navami
Routine Work Marana Yoga			Ashtami* Until 7:05AM	Moon – Red	Bhuloka Day
Until 11:55PM		Mother's Day		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Buffalo, NY Sun 23 Sutra 29 Vikarin 5121
1	Simha Rasi: 16.56 Tithi 10 Family Home Evening Creative Work Siddha Yoga	Gulika 1:30PM – 3:18PM Yama 9:52AM – 11:41AM Rahu 6:14AM – 8:03AM	Purvaphalguni Until 10:22PM Vyaghata* Until 6:46PM Taitila Until 3:41PM Dashami Until 2:29AM Tue	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Red	Sunrise: 4:25AM Sunset: 6:56PM	Moon 4 - Phase 5 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Buffalo, NY Sun 24 Sutra 30 Vikarin 5121
2	Kanya Rasi: 1.12 Tithi 11 Creative Work Amrita Yoga Until 8:37PM Then Creative Work - Siddha Yoga	Gulika 11:41AM – 1:30PM Yama 8:03AM – 9:52AM Rahu 3:19PM – 5:08PM	Uttaraphalguni Until 8:37PM Harshana Until 3:45PM Vanija Until 1:19PM Ekadashi Until 12:06AM Wed	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Red	Sunrise: 4:24AM Sunset: 6:57PM	Moon 4 - Phase 5 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvodashyam Titau				Buffalo, NY Sun 25 Sutra 31 Vikarin 5121
3	Kanya Rasi: 15.29 Tithi 12 Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga	Gulika 9:51AM – 11:41AM Yama 6:13AM – 8:02AM Rahu 11:41AM – 1:30PM	Hasta Until 7:11PM Vajra* Until 12:44PM Bava Until 10:56AM Dvodashi Until 9:45PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Green	Sunrise: 4:23AM Sunset: 6:58PM	Moon 4 - Phase 5 4th Phase Devaloka Day

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 32 Vikarin 5121
4	Kanya Rasi: 29.44 Tithi 13 Creative Work Siddha Yoga Until 5:45PM Then Creative Work - Amrita Yoga	Gulika 8:02AM – 9:51AM Yama 4:22AM – 6:12AM Rahu 1:30PM – 3:20PM	Chitra Until 5:45PM Siddhi Until 9:49AM Kaulava Until 8:39AM Trayodashi Until 7:34PM <i>Pradosha Vrata</i>	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Green	Sunrise: 4:22AM Sunset: 6:59PM	Moon 4 - Phase 5 4th Phase Devaloka Day

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyana Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Buffalo, NY Sun 27 Sutra 33 Vikarin 5121
5	Tula Rasi: 13.5 Tithi 14 – 15 Creative Work Siddha Yoga	Gulika 6:11AM – 8:01AM Yama 3:20PM – 5:10PM Rahu 9:51AM – 11:41AM	Svati Until 4:26PM Vyatipata* Until 7:05AM Gara Until 6:35AM Chaturdashi* Until 5:39PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Green	Sunrise: 4:21AM Sunset: 7:00PM	Moon 4 - Phase 5 4th Phase Devaloka Day

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Buffalo, NY Sun 28 Sutra 34 Vikarin 5121
○	Copper Retreat Star Tula Rasi: 27.43 Tithi 15 – 16 Creative Work Siddha Yoga	Gulika 4:20AM – 6:10AM Yama 1:31PM – 3:21PM Rahu 8:01AM – 9:51AM	Vishakha Until 3:48PM Parigha* Until 2:32AM Sun Balava Until 3:36AM Sun Purnima* Until 4:09PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Orange	Sunrise: 4:20AM Sunset: 7:01PM	Moon 4 - Phase 5 Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Buffalo, NY Sun 29 Sutra 35 Vikarin 5121
○	Silver Retreat Star Vrischika Rasi: 11.2 Tithi 16 – 17 Routine Work Marana Yoga	Gulika 3:21PM – 5:12PM Yama 11:41AM – 1:31PM Rahu 5:12PM – 7:02PM	Anuradha Until 3:33PM Shiva Until 12:56AM Mon Taitila Until 2:56AM Mon Prathama* Until 3:10PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Orange	Sunrise: 4:19AM Sunset: 7:02PM	Moon 4 - Phase 5 Prathama Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.36 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:31PM – 3:22PM
Yama 9:50AM – 11:41AM
Rahu 6:09AM – 8:00AM

Jyeshtha* Until 3:47PM
Siddha Until 11:50PM
Vanija Until 2:55AM Tue
Dvitiya Until 2:49PM

Ganesha: Yellow *Sunrise:* 4:19AM
Muruqa: Yellow *Sunset:* 7:03PM
Nataraja: Clear
Moon – Orange

Vaisaka-Vaikasi

Buffalo, NY
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 7.31 Tithi 18 – 19
Creative Work Amrita Yoga
Until 4:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:41AM – 1:32PM
Yama 7:59AM – 9:50AM
Rahu 3:22PM – 5:13PM

Mula* Until 4:59PM
Sadhya Until 11:18PM
Bava Until 3:37AM Wed
Tritiya Until 3:10PM

Ganesha: Red *Sunrise:* 4:18AM
Muruqa: Yellow *Sunset:* 7:04PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Buffalo, NY
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.07 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:50AM – 11:41AM
Yama 6:08AM – 7:59AM
Rahu 11:41AM – 1:32PM

Purvashadha* Until 6:43PM
Subha Until 11:19PM
Kaulava Until 4:59AM Thu
Chaturthi* Until 4:12PM

Ganesha: Red *Sunrise:* 4:17AM
Muruqa: Yellow *Sunset:* 7:05PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Buffalo, NY
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

3

Thursday, May 23, 2019

Makara Rasi: 2.24 Tithi 20 – 21
Routine Work Marana Yoga
Until 8:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:59AM – 9:50AM
Yama 4:16AM – 6:07AM
Rahu 1:32PM – 3:24PM

Uttarashadha Until 8:52PM
Sukla Until 11:45PM
Gara Until 6:54AM Fri
Panchami Until 5:51PM

Ganesha: Red *Sunrise:* 4:16AM
Muruqa: Yellow *Sunset:* 7:06PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Buffalo, NY
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

4

Friday, May 24, 2019

Makara Rasi: 14.29 Tithi 21
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:07AM – 7:58AM
Yama 3:24PM – 5:15PM
Rahu 9:50AM – 11:41AM

Shravana Until 11:47PM
Brahma Until 12:31AM Sat
Gara Until 6:54AM
Shashthi* Until 7:59PM

Ganesha: Green *Sunrise:* 4:15AM
Muruqa: Yellow *Sunset:* 7:07PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Buffalo, NY
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 26.24 Tithi 22
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:15AM – 6:06AM
Yama 1:33PM – 3:25PM
Rahu 7:58AM – 9:50AM

Dhanishtha Until 2:44AM Sun
Indra Until 1:29AM Sun
Visti Until 9:11AM
Saptami Until 10:22PM

Ganesha: Red *Sunrise:* 4:15AM
Muruqa: Yellow *Sunset:* 7:08PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Buffalo, NY
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.16 Tithi 23
Creative Work Siddha Yoga
Until 5:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:25PM – 5:17PM
Yama 11:41AM – 1:33PM
Rahu 5:17PM – 7:09PM

Shatabhishak Until 5:32AM Mon
Vaidhriti* Until 2:25AM Mon
Balava Until 11:37AM
Ashtami* Until 12:47AM Mon

Ganesha: Blue *Sunrise:* 4:14AM
Muruqa: Yellow *Sunset:* 7:09PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Buffalo, NY
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 20.08 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 8:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:33PM – 3:26PM
Yama 9:49AM – 11:41AM
Rahu 6:05AM – 7:57AM

Purvaproshtapada* Until 8:26AM Tue
Vishkambha* Until 3:12AM Tue
Taitila Until 1:57PM
Navami* Until 3:00AM Tue

Ganesha: Purple *Sunrise:* 4:13AM
Muruqa: Yellow *Sunset:* 7:10PM
Nataraja: Clear
Moon – Clear

Vaisaka-Vaikasi

Buffalo, NY
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day


1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Buffalo, NY
Meena Rasi: 2.06	Tithi 25	Gulika	11:42AM – 1:34PM	Purvaproshtapada* Until 8:26AM	Ganesha: Purple	<i>Sunrise: 4:13AM</i>	Sun 9	Sutra 44
		Yama	7:57AM – 9:49AM	Priti Until 3:43AM Wed	Muruqa: Yellow	<i>Sunset: 7:10PM</i>		Vikarin 5121
		318683469 Rahu	3:26PM – 5:18PM	Vanija Until 4:00PM	Nataraja: Clear			Moon 5 - Phase 7
Routine Work	Marana Yoga			Dashami Until 4:50AM Wed	Moon – Clear			2nd Phase
Until 8:26AM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Buffalo, NY
Meena Rasi: 14.14	Tithi 26	Gulika	9:49AM – 11:42AM	Uttaraproshtapada Until 10:45AM	Ganesha: Purple	<i>Sunrise: 4:12AM</i>	Sun 10	Sutra 45
		Yama	6:04AM – 7:57AM	Ayushman Until 3:47AM Thu	Muruqa: Yellow	<i>Sunset: 7:11PM</i>		Vikarin 5121
		318683469 Rahu	11:42AM – 1:34PM	Bava Until 5:34PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM Thu	Moon – Clear			2nd Phase
Until 10:45AM					Vaisaka-Vaikasi			Sivaloka Day
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY
Meena Rasi: 26.35	Tithi 26 – 27	Gulika	7:57AM – 9:49AM	Revati Until 12:22PM	Ganesha: Purple	<i>Sunrise: 4:11AM</i>	Sun 11	Sutra 46
		Yama	4:11AM – 6:04AM	Saubhagya Until 3:23AM Fri	Muruqa: Yellow	<i>Sunset: 7:12PM</i>		Vikarin 5121
		318683469 Rahu	1:34PM – 3:27PM	Kaulava Until 6:33PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM	Moon – Clear			2nd Phase
Until 12:22PM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Buffalo, NY
Mesha Rasi: 9.13	Tithi 27 – 28	Gulika	6:04AM – 7:56AM	Ashvini Until 1:42PM	Ganesha: Clear	<i>Sunrise: 4:11AM</i>	Sun 12	Sutra 47
		Yama	3:27PM – 5:20PM	Sobhana Until 2:30AM Sat	Muruqa: Yellow	<i>Sunset: 7:13PM</i>		Vikarin 5121
		328683469 Rahu	9:49AM – 11:42AM	Gara Until 6:54PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Dvadashi* Until 6:47AM	Moon – White			2nd Phase
Until 1:42PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY
Mesha Rasi: 22.08	Tithi 28 – 29	Gulika	4:10AM – 6:03AM	Bharani Until 2:14PM	Ganesha: White	<i>Sunrise: 4:10AM</i>	Sun 13	Sutra 48
		Yama	1:35PM – 3:28PM	Athiganda* Until 1:05AM Sun	Muruqa: Yellow	<i>Sunset: 7:14PM</i>		Vikarin 5121
		329683469 Rahu	7:56AM – 9:49AM	Visti Until 6:37PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Trayodashi* Until 6:49AM	Moon – White			2nd Phase
Until 2:14PM					Vaisaka-Vaikasi			Bhuloka Day
Then Creative Work - Amrita Yoga								Devaloka Time: 3:PM to 6:PM

		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Buffalo, NY
Retreat Star		Gulika	3:28PM – 5:21PM	Krittika Until 2:02PM	Ganesha: White	<i>Sunrise: 4:10AM</i>	Sun 14	Sutra 49
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	11:42AM – 1:35PM	Sukarma Until 11:14PM	Muruqa: Yellow	<i>Sunset: 7:14PM</i>		Vikarin 5121
		329683469 Rahu	5:21PM – 7:14PM	Naga Until 5:05AM Mon	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Chaturdashi* Until 6:14AM	Moon – White			Amavasya
					Vaisaka-Vaikasi			Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

Monday, June 3, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Buffalo, NY
Vrishabha Rasi: 18.58	Tithi 1	Gulika	1:36PM – 3:29PM	Rohini Until 1:37PM	Ganesha: Green	<i>Sunrise: 4:10AM</i>	Sun 15	Sutra 50
Family Home Evening		Yama	9:49AM – 11:42AM	Dhriti Until 9:01PM	Muruqa: Yellow	<i>Sunset: 7:15PM</i>		Vikarin 5121
		339683469 Rahu	6:03AM – 7:56AM	Kintughna Until 4:22PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Prathama* Until 3:30AM Tue	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi			Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Buffalo, NY Sun 16 Sutra 51 Vikarin 5121
Mithuna Rasi: 2.47	Tithi 2	Gulika 11:43AM – 1:36PM	Mrigashira Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 4:09AM			
		Yama 7:56AM – 9:49AM	Shula* Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM		Moon 5 - Phase 8	
		339683461 Rahu 3:29PM – 5:23PM	Balava Until 2:35PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 1:34AM Wed	Moon – Yellow		Bhuloka Day		
Until 12:39PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga								

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Buffalo, NY Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 16.49	Tithi 3	Gulika 9:49AM – 11:43AM	Ardra Until 11:14AM	Ganesha: Green	<i>Sunrise:</i> 4:09AM			
		Yama 6:02AM – 7:56AM	Ganda* Until 3:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM		Moon 5 - Phase 8	
		339683461 Rahu 11:43AM – 1:36PM	Taitila Until 12:31PM	Nataraja: Yellow			3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 11:23PM	Moon – Yellow		Bhuloka Day		
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Buffalo, NY Sun 18 Sutra 53 Vikarin 5121
Kataka Rasi: 1	Tithi 4	Gulika 7:56AM – 9:49AM	Punarvasu Until 9:55AM	Ganesha: White	<i>Sunrise:</i> 4:08AM			
		Yama 4:08AM – 6:02AM	Vridhhi Until 12:48PM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM		Moon 5 - Phase 8	
		349683461 Rahu 1:36PM – 3:30PM	Vanija Until 10:15AM	Nataraja: Yellow			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 9:04PM	Moon – Blue		Bhuloka Day		
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Buffalo, NY Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 15.15	Tithi 5	Gulika 6:02AM – 7:56AM	Pushya Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 4:08AM			
		Yama 3:30PM – 5:24PM	Dhruva Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM		Moon 5 - Phase 8	
		349683461 Rahu 9:49AM – 11:43AM	Bava Until 7:54AM	Nataraja: Yellow			3rd Phase	
Routine Work	Marana Yoga		Panchami Until 6:42PM	Moon – Blue		Bhuloka Day		
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Buffalo, NY Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 29.32	Tithi 6 – 7	Gulika 4:08AM – 6:02AM	Ashlesha* Until 6:38AM	Ganesha: White	<i>Sunrise:</i> 4:08AM			
		Yama 1:37PM – 3:31PM	Vyaghata* Until 6:50AM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM		Moon 5 - Phase 8	
		349683461 Rahu 7:56AM – 9:49AM	Gara Until 3:12AM Sun	Nataraja: Yellow			3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 4:20PM	Moon – Blue		Bhuloka Day		
Until 6:38AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Buffalo, NY Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 13.46	Tithi 7 – 8	Gulika 3:31PM – 5:25PM	Purvaphalguni Until 3:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:08AM			
		Yama 11:43AM – 1:37PM	Vajra* Until 1:00AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:19PM		Moon 5 - Phase 8	
		351683461 Rahu 5:25PM – 7:19PM	Visti Until 12:58AM Mon	Nataraja: Yellow			Ashtami	
Creative Work	Siddha Yoga		Saptami Until 2:03PM	Moon – Red		Devaloka Day		
				Jyeshtha-Vaikasi				

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Buffalo, NY Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 27.57	Tithi 8 – 9	Gulika 1:38PM – 3:32PM	Uttaraphalguni Until 2:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:08AM			
Family Home Evening		Yama 9:50AM – 11:44AM	Siddhi Until 10:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM		Moon 5 - Phase 8	
		351683461 Rahu 6:02AM – 7:56AM	Balava Until 10:51PM	Nataraja: Yellow			Navami	
Creative Work	Siddha Yoga		Ashtami* Until 11:52AM	Moon – Red		Devaloka Day		
				Jyeshtha-Vaikasi				

1	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Buffalo, NY Sun 23
	Kanya Rasi: 12.02	Tithi 9 – 10	Gulika 11:44AM – 1:38PM	Hasta Until 1:21AM Wed	Ganesha: White	<i>Sunrise:</i> 4:07AM	Vikarin 5121
			Yama 7:56AM – 9:50AM	Vyatipata* Until 7:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 9
	361683461	Rahu 3:32PM – 5:26PM		Taitila Until 8:53PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:49AM	Moon – Green		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyiana/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Buffalo, NY Sun 24
	Kanya Rasi: 26.01	Tithi 10 – 11	Gulika 9:50AM – 11:44AM	Chitra Until 12:25AM Thu	Ganesha: White	<i>Sunrise:</i> 4:07AM	Vikarin 5121
			Yama 6:01AM – 7:56AM	Variyan Until 5:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 9
	361683461	Rahu 11:44AM – 1:38PM		Vanija Until 7:08PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:58AM	Moon – Green		Bhuloka Day	
Until 12:25AM Thu				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY Sun 25
	Tula Rasi: 9.52	Tithi 11 – 12	Gulika 7:56AM – 9:50AM	Svati Until 11:37PM	Ganesha: White	<i>Sunrise:</i> 4:07AM	Vikarin 5121
			Yama 4:07AM – 6:01AM	Parigha* Until 2:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 9
	361683461	Rahu 1:38PM – 3:33PM		Balava Until 5:00AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 6:20AM	Moon – Green		Bhuloka Day	
Until 11:37PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

4	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Buffalo, NY Sun 26
	Tula Rasi: 23.31	Tithi 13	Gulika 6:01AM – 7:56AM	Vishakha Until 11:27PM	Ganesha: Clear	<i>Sunrise:</i> 4:07AM	Vikarin 5121
			Yama 3:33PM – 5:27PM	Shiva Until 12:52PM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 9
	371693461	Rahu 9:50AM – 11:44AM		Kaulava Until 4:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 4:01AM Sat	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
						<i>Pradosha Vrata</i>	

5	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Buffalo, NY Sun 27
	Vrischika Rasi: 6.58	Tithi 14	Gulika 4:07AM – 6:01AM	Anuradha Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 4:07AM	Vikarin 5121
			Yama 1:39PM – 3:33PM	Siddha Until 11:09AM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 9
	371793461	Rahu 7:56AM – 9:50AM		Gara Until 3:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:29AM Sun	Moon – Orange		Subha Sivaloka Day	
				Jyeshtha-Ani			

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Buffalo, NY Sun 28
	Copper Retreat Star		Gulika 3:34PM – 5:28PM	Jyeshtha* Until 11:59PM	Ganesha: White	<i>Sunrise:</i> 4:07AM	Vikarin 5121
	Vrischika Rasi: 20.11	Tithi 15	Yama 11:45AM – 1:39PM	Sadhya Until 9:49AM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 9
	371793461	Rahu 5:28PM – 7:22PM		Visti Until 3:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga		Purnima* Until 3:27AM Mon	Moon – Orange		Subha Sivaloka Day	
Until 11:59PM		Father's Day		Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Buffalo, NY Sun 29
	Silver Retreat Star		Gulika 1:39PM – 3:34PM	Mula* Until 1:16AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:07AM	Vikarin 5121
	Dhanus Rasi: 3.07	Tithi 16	Yama 9:51AM – 11:45AM	Subha Until 8:55AM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9
	381793461	Rahu 6:02AM – 7:56AM		Balava Until 3:39PM	Nataraja: Yellow		Prathama
Family Home Evening	Siddha Yoga		Prathama* Until 3:58AM Tue	Moon – Light Blue		Sivaloka Day	
Creative Work				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Buffalo, NY
Sutra 65
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Dhanus Rasi: 15.48 Tithi 17
381793461
Creative Work Siddha Yoga
Until 2:57AM Wed
Then Creative Work - Amrita Yoga

Gulika 11:45AM – 1:40PM
Yama 7:56AM – 9:51AM
Rahu 3:34PM – 5:29PM

Purvashadha* Until 2:57AM Wed
Sukla Until 8:26AM
Tailila Until 4:28PM
Dvitiya Until 5:03AM Wed

Ganesha: Clear *Sunrise: 4:07AM*
Muruqa: Blue *Sunset: 7:23PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti* Karana Tritiyayam Titau

Buffalo, NY
Sun 1
Sutra 66
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Dhanus Rasi: 28.13 Tithi 18
382793461
Creative Work Amrita Yoga
Until 4:59AM Thu
Then Creative Work - Siddha Yoga

Gulika 9:51AM – 11:45AM
Yama 6:02AM – 7:56AM
Rahu 11:45AM – 1:40PM

Uttarashadha Until 4:59AM Thu
Brahma Until 8:24AM
Vanija Until 5:49PM
Tritiya Until 6:40AM Thu

Ganesha: Purple *Sunrise: 4:07AM*
Muruqa: Blue *Sunset: 7:23PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Buffalo, NY
Sun 2
Sutra 67
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Makara Rasi: 10.25 Tithi 18 – 19
392793461
Creative Work Siddha Yoga

Gulika 7:57AM – 9:51AM
Yama 4:08AM – 6:02AM
Rahu 1:40PM – 3:35PM

Shravana Until 7:46AM Fri
Indra Until 8:47AM
Bava Until 7:40PM
Tritiya Until 6:40AM

Ganesha: Clear *Sunrise: 4:08AM*
Muruqa: Blue *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY
Sun 3
Sutra 68
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Makara Rasi: 22.26 Tithi 19 – 20
392793461
Routine Work Marana Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Gulika 6:02AM – 7:57AM
Yama 3:35PM – 5:29PM
Rahu 9:51AM – 11:46AM

Shravana Until 7:46AM
Vaidhriti* Until 9:27AM
Kaulava Until 9:51PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise: 4:08AM*
Muruqa: Blue *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Buffalo, NY
Sun 4
Sutra 69
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Kumbha Rasi: 4.22 Tithi 20 – 21
392793461
Creative Work Siddha Yoga
Until 10:39AM
Then Creative Work - Amrita Yoga

Gulika 4:08AM – 6:03AM
Yama 1:41PM – 3:35PM
Rahu 7:57AM – 9:52AM

Dhanishtha Until 10:39AM
Vishkambha* Until 10:21AM
Gara Until 12:13AM Sun
Panchami Until 11:00AM

Ganesha: Clear *Sunrise: 4:08AM*
Muruqa: Blue *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Buffalo, NY
Sun 5
Sutra 70
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Kumbha Rasi: 16.13 Tithi 21 – 22
392793461
Creative Work Siddha Yoga

Gulika 3:35PM – 5:30PM
Yama 11:46AM – 1:41PM
Rahu 5:30PM – 7:24PM

Shatabhishak Until 1:27PM
Priti Until 11:20AM
Visti Until 2:35AM Mon
Shashthi* Until 1:24PM

Ganesha: Clear *Sunrise: 4:08AM*
Muruqa: Blue *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Buffalo, NY
Sun 6
Sutra 71
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Kumbha Rasi: 28.07 Tithi 22 – 23
312793461
Family Home Evening
Routine Work Marana Yoga
Until 4:29PM
Then Creative Work - Siddha Yoga

Gulika 1:41PM – 3:35PM
Yama 9:52AM – 11:46AM
Rahu 6:03AM – 7:58AM

Purvaproshtapada* Until 4:29PM
Ayushman Until 12:12PM
Balava Until 4:45AM Tue
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise: 4:09AM*
Muruqa: Blue *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

☾

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Buffalo, NY
Sun 7
Sutra 72
Vikarin 5121
Moon 6 - Phase 10
Ashtami

Meena Rasi: 10.05 Tithi 23 – 24
312793461
Creative Work Amrita Yoga
Until 7:03PM
Then Creative Work - Siddha Yoga

Gulika 11:47AM – 1:41PM
Yama 7:58AM – 9:52AM
Rahu 3:36PM – 5:30PM

Uttaraproshtapada Until 7:03PM
Saubhagya Until 12:53PM
Tailila Until 6:31AM Wed
Ashtami* Until 5:40PM

Ganesha: Yellow *Sunrise: 4:09AM*
Muruqa: Blue *Sunset: 7:24PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Buffalo, NY
Sun 8
Sutra 73
Vikarin 5121
Moon 6 - Phase 10
Navami

Meena Rasi: 22.13 Tithi 24
312793461
Routine Work Marana Yoga

Gulika 9:52AM – 11:47AM
Yama 6:04AM – 7:58AM
Rahu 11:47AM – 1:41PM

Revati Until 8:59PM
Sobhana Until 1:14PM
Tailila Until 6:31AM
Navami* Until 7:10PM

Ganesha: Yellow *Sunrise: 4:09AM*
Muruqa: Blue *Sunset: 7:25PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day


1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau			Buffalo, NY Sun 9 Sutra 74 Vikarin 5121
Mesha Rasi: 4.35	Tithi 25	Gulika 7:58AM – 9:53AM	Ashvini Until 10:38PM	Ganesha: Blue	<i>Sunrise:</i> 4:10AM		
		Yama 4:10AM – 6:04AM	Athiganda* Until 1:06PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 11	
	322793461	Rahu 1:41PM – 3:36PM	Vanija Until 7:43AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 8:04PM	Moon – White		Devaloka Day	
Until 10:38PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau			Buffalo, NY Sun 10 Sutra 75 Vikarin 5121
Mesha Rasi: 17.14	Tithi 26	Gulika 6:04AM – 7:59AM	Bharani Until 11:26PM	Ganesha: Blue	<i>Sunrise:</i> 4:10AM		
		Yama 3:36PM – 5:30PM	Sukarma Until 12:27PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 11	
	322793461	Rahu 9:53AM – 11:47AM	Bava Until 8:16AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:15PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Buffalo, NY Sun 11 Sutra 76 Vikarin 5121
Vrishabha Rasi: 0.15	Tithi 27	Gulika 4:10AM – 6:05AM	Krittika Until 11:22PM	Ganesha: Blue	<i>Sunrise:</i> 4:10AM		
		Yama 1:42PM – 3:36PM	Dhriti Until 11:14AM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 11	
	322793461	Rahu 7:59AM – 9:53AM	Kaulava Until 8:06AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 7:43PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau			Buffalo, NY Sun 12 Sutra 77 Vikarin 5121
Vrishabha Rasi: 13.38	Tithi 28	Gulika 3:36PM – 5:30PM	Rohini Until 10:56PM	Ganesha: Blue	<i>Sunrise:</i> 4:11AM		
		Yama 11:48AM – 1:42PM	Shula* Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 11	
	322793461	Rahu 5:30PM – 7:24PM	Gara Until 7:12AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 6:29PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			
			<i>Pradosha Vrata (Fasting)</i>				

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Buffalo, NY Sun 13 Sutra 78 Vikarin 5121
Vrishabha Rasi: 27.25	Tithi 29 – 30	Gulika 1:42PM – 3:36PM	Mrigashira Until 9:46PM	Ganesha: Blue	<i>Sunrise:</i> 4:11AM		
Family Home Evening		Yama 9:54AM – 11:48AM	Ganda* Until 7:06AM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 11	
	322793461	Rahu 6:06AM – 8:00AM	Catuspada Until 3:33AM Tue	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 4:39PM	Moon – Yellow		Devaloka Day	
Until 9:46PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Buffalo, NY Sun 14 Sutra 79 Vikarin 5121
Retreat Star		Gulika 11:48AM – 1:42PM	Ardra Until 7:59PM	Ganesha: Red	<i>Sunrise:</i> 4:12AM		
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:00AM – 9:54AM	Dhruva Until 1:12AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 11	
	333793461	Rahu 3:36PM – 5:30PM	Kintughna Until 1:00AM Wed	Nataraja: Yellow		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 2:18PM	Moon – Yellow		Sivaloka Day	
Until 7:59PM		Total Solar Eclipse		Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Buffalo, NY Sun 15 Sutra 80 Vikarin 5121
Mithuna Rasi: 25.57	Tithi 1 – 2	Gulika 9:54AM – 11:48AM	Punarvasu Until 6:08PM	Ganesha: Yellow	<i>Sunrise:</i> 4:12AM		
		Yama 6:06AM – 8:00AM	Vyaghata* Until 9:49PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 11	
	343793461	Rahu 11:48AM – 1:42PM	Balava Until 10:10PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:36AM	Moon – Blue		Sivaloka Day	
				Ashada-Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Buffalo, NY Sun 16 Sutra 81 Vikarin 5121
Kataka Rasi: 10.34	Tithi 2 – 3	Gulika 8:01AM – 9:55AM	Pushya Until 3:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:13AM		
		Yama 4:13AM – 6:07AM	Harshana Until 6:19PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 12	
		343793461 Rahu 1:42PM – 3:36PM	Taitila Until 7:10PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 8:39AM	Moon – Blue			Sivaloka Day
Until 3:58PM							
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau			Buffalo, NY Sun 17 Sutra 82 Vikarin 5121
Kataka Rasi: 25.14	Tithi 4	Gulika 6:07AM – 8:01AM	Ashlesha* Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:14AM		
		Yama 3:36PM – 5:30PM	Vajra* Until 2:45PM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12	
		343793461 Rahu 9:55AM – 11:49AM	Vanija Until 4:08PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 2:37AM Sat	Moon – Blue			Sivaloka Day

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau			Buffalo, NY Sun 18 Sutra 83 Vikarin 5121
Simha Rasi: 9.54	Tithi 5	Gulika 4:14AM – 6:08AM	Magha* Until 11:37AM	Ganesha: White	<i>Sunrise:</i> 4:14AM		
		Yama 1:42PM – 3:36PM	Siddhi Until 11:17AM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12	
		353793461 Rahu 8:01AM – 9:55AM	Bava Until 1:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 11:46PM	Moon – Red			Subha Sivaloka Day
Until 11:37AM							
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Buffalo, NY Sun 19 Sutra 84 Vikarin 5121
Simha Rasi: 24.27	Tithi 6	Gulika 3:36PM – 5:29PM	Purvaphalguni Until 9:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:15AM		
		Yama 11:49AM – 1:42PM	Vyatipata* Until 7:59AM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 12	
		453793461 Rahu 5:29PM – 7:23PM	Kaulava Until 10:27AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 9:10PM	Moon – Red			Sivaloka Day
Until 9:40AM							
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam					

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Buffalo, NY Sun 20 Sutra 85 Vikarin 5121
Kanya Rasi: 8.47	Tithi 7	Gulika 1:42PM – 3:36PM	Uttaraphalguni Until 7:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:16AM		
Family Home Evening		Yama 9:56AM – 11:49AM	Parigha* Until 2:06AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12	
		453793461 Rahu 6:09AM – 8:02AM	Gara Until 8:00AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 6:53PM	Moon – Red			Sivaloka Day

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Buffalo, NY Sun 21 Sutra 86 Vikarin 5121
Kanya Rasi: 22.54	Tithi 8 – 9	Gulika 11:49AM – 1:42PM	Hasta Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 4:16AM		
		Yama 8:03AM – 9:56AM	Shiva Until 11:39PM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12	
		463793461 Rahu 3:36PM – 5:29PM	Balava Until 4:14AM Wed	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 5:00PM	Moon – Green			Subha Sivaloka Day

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Buffalo, NY Sun 22 Sutra 87 Vikarin 5121
Tula Rasi: 6.45	Tithi 9 – 10	Gulika 9:56AM – 11:49AM	Svati Until 5:15AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:17AM		
		Yama 6:10AM – 8:03AM	Siddha Until 9:32PM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12	
		463893461 Rahu 11:49AM – 1:42PM	Taitila Until 3:00AM Thu	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 3:32PM	Moon – Green			Sivaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Buffalo, NY Sun 23 Sutra 88
Tula Rasi: 20.19	Tithi 10 – 11	Gulika 8:04AM – 9:57AM	Vishakha Until 5:25AM Fri	Ganesha: White	<i>Sunrise:</i> 4:18AM	Vikarin 5121
		Yama 4:18AM – 6:11AM	Sadhya Until 7:48PM	Muruqa: Blue	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13
473893461	Rahu 1:42PM – 3:35PM		Vanija Until 2:13AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:32PM	Moon – Orange		Devaloka Day
				Ashada•Ani		

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Buffalo, NY Sun 24 Sutra 89
Vrischika Rasi: 3.38	Tithi 11 – 12	Gulika 6:11AM – 8:04AM	Anuradha Until 5:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:19AM	Vikarin 5121
		Yama 3:35PM – 5:28PM	Subha Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13
473893461	Rahu 9:57AM – 11:50AM		Bava Until 1:56AM Sat	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 2:00PM	Moon – Orange		Devaloka Day
				Ashada•Ani		

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Buffalo, NY Sun 25 Sutra 90
Vrischika Rasi: 16.42	Tithi 12 – 13	Gulika 4:19AM – 6:12AM	Jyeshtha* Until 6:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:19AM	Vikarin 5121
		Yama 1:42PM – 3:35PM	Sukla Until 5:29PM	Muruqa: Blue	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 13
473893461	Rahu 8:04AM – 9:57AM		Kaulava Until 2:07AM Sun	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:56PM	Moon – Orange		Devaloka Day
Until 6:43AM Sun				Ashada•Ani		
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>		

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Buffalo, NY Sun 26 Sutra 91
Vrischika Rasi: 29.32	Tithi 13 – 14	Gulika 3:35PM – 5:27PM	Jyeshtha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 4:20AM	Vikarin 5121
		Yama 11:50AM – 1:42PM	Brahma Until 4:53PM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13
473893461	Rahu 5:27PM – 7:19PM		Gara Until 2:47AM Mon	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 2:22PM	Moon – Orange		Devaloka Day
Until 6:43AM				Ashada•Ani		
Then Creative Work - Amrita Yoga						

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Buffalo, NY Sun 27 Sutra 92
Dhanus Rasi: 12.08	Tithi 14 – 15	Gulika 1:42PM – 3:34PM	Mula* Until 8:18AM	Ganesha: Clear	<i>Sunrise:</i> 4:21AM	Vikarin 5121
		Yama 9:58AM – 11:50AM	Indra Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 13
483893461	Rahu 6:13AM – 8:05AM		Visti Until 3:54AM Tue	Nataraja: Yellow		4th Phase
Family Home Evening			Chaturdashi* Until 3:16PM	Moon – Light Blue		Sivaloka Day
Creative Work	Siddha Yoga			Ashada•Ani		
Until 8:18AM						
Then Routine Work - Marana Yoga						

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Buffalo, NY Sun 28 Sutra 93
Copper Retreat Star		Gulika 11:50AM – 1:42PM	Purvashadha* Until 10:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:22AM	Vikarin 5121
Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 8:06AM – 9:58AM	Vaidhriti* Until 4:48PM	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 13
483893461	Rahu 3:34PM – 5:26PM		Balava Until 5:28AM Wed	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Purnima* Until 4:37PM	Moon – Light Blue		Sivaloka Day
Until 10:10AM				Ashada•Adi		
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse				
		Satguru Purnima				

Wednesday, July 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau		Buffalo, NY Sun 29 Sutra 94
Makara Rasi: 6.44	Tithi 16	Gulika 9:58AM – 11:50AM	Uttarashadha Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:23AM	Vikarin 5121
		Yama 6:14AM – 8:06AM	Vishkambha* Until 5:14PM	Muruqa: Blue	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 13
484893462	Rahu 11:50AM – 1:42PM		Kaulava Until 6:23PM	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:23PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 12:18PM				Ashada•Adi		
Then Creative Work - Siddha Yoga						



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.47 Tithi 17
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:07AM – 9:58AM **Shravana Until 3:05PM**
Yama 4:23AM – 6:15AM Priti Until 5:57PM
Rahu 1:42PM – 3:33PM Taitila Until 7:24AM
Dvitiya Until 8:28PM

Buffalo, NY Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:23AM
Muruga: Blue Sunset: 7:17PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada*Adi

1

Friday, July 19, 2019

Kumbha Rasi: 0.44 Tithi 18
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 6:16AM – 8:07AM **Dhanishtha Until 5:57PM**
Yama 3:33PM – 5:25PM Ayushman Until 6:49PM
Rahu 9:59AM – 11:50AM Vanija Until 9:37AM
Tritiya Until 10:47PM

Buffalo, NY Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:24AM
Muruga: Blue Sunset: 7:16PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada*Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 12.37 Tithi 19
494893462 Rahu
Creative Work Amrita Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 4:25AM – 6:16AM **Shatabhishak Until 8:45PM**
Yama 1:41PM – 3:33PM Saubhagya Until 7:48PM
Rahu 8:08AM – 9:59AM Bava Until 12:00PM
Chaturthi* Until 1:12AM Sun

Buffalo, NY Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:25AM
Muruga: Blue Sunset: 7:15PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada*Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 24.28 Tithi 20
414893462 Rahu
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 3:32PM – 5:23PM **Purvaproshtapada* Until 11:53PM**
Yama 11:50AM – 1:41PM Sobhana Until 8:46PM
Rahu 5:23PM – 7:14PM Kaulava Until 2:25PM
Panchami Until 3:34AM Mon

Buffalo, NY Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:26AM
Muruga: Blue Sunset: 7:14PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada*Adi

4

Monday, July 22, 2019

Meena Rasi: 6.22 Tithi 21
414893462 Rahu
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 1:41PM – 3:32PM **Uttaraproshtapada Until 2:40AM Tue**
Yama 9:59AM – 11:50AM Athiganda* Until 9:35PM
Rahu 6:18AM – 8:09AM Gara Until 4:42PM
Shashthi* Until 5:44AM Tue

Buffalo, NY Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:27AM
Muruga: Blue Sunset: 7:14PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada*Adi

5

Tuesday, July 23, 2019

Meena Rasi: 18.19 Tithi 22
414893462 Rahu
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti* Karana Saptamyam Titau
Gulika 11:50AM – 1:41PM **Revati Until 4:57AM Wed**
Yama 8:09AM – 10:00AM Sukarma Until 10:11PM
Rahu 3:32PM – 5:22PM Visti Until 6:42PM
Saptami Until 7:32AM Wed

Buffalo, NY Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:28AM
Muruga: Blue Sunset: 7:13PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada*Adi Tour Day

D

Wednesday, July 24, 2019
Retreat Star

Mesha Rasi: 0.26 Tithi 22 – 23
424893462 Rahu
Routine Work Marana Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:00AM – 11:50AM **Ashvini Until 7:04AM Thu**
Yama 6:19AM – 8:10AM Dhriti Until 10:26PM
Rahu 11:50AM – 1:41PM Balava Until 8:16PM
Saptami Until 7:32AM

Buffalo, NY Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Ganesha: White Sunrise: 4:29AM
Muruga: Blue Sunset: 7:12PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada*Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.46 Tithi 23 – 24
424893462 Rahu
Creative Work Amrita Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:10AM – 10:00AM **Ashvini Until 7:04AM**
Yama 4:30AM – 6:20AM Shula* Until 10:10PM
Rahu 1:41PM – 3:31PM Taitila Until 9:13PM
Ashtami* Until 8:48AM

Buffalo, NY Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Ganesha: White Sunrise: 4:30AM
Muruga: Blue Sunset: 7:11PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada*Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Buffalo, NY Sutra 103 Vikarin 5121
Mesha Rasi: 25.23	Tithi 24 – 25	Gulika 6:21AM – 8:11AM	Bharani Until 8:23AM	Ganesha: White	<i>Sunrise:</i> 4:31AM	Sun 9
		Yama 3:30PM – 5:20PM	Ganda* Until 9:22PM	Muruqa: Blue	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 15
		424893462 Rahu 10:00AM – 11:50AM	Vanija Until 9:27PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 9:25AM	Moon – White		Subha Subha Sivaloka Day
						Ashada*Adi

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Buffalo, NY Sutra 104 Vikarin 5121
Wrishabha Rasi: 8.21	Tithi 25 – 26	Gulika 4:32AM – 6:21AM	Krittika Until 8:49AM	Ganesha: White	<i>Sunrise:</i> 4:32AM	Sun 10
		Yama 1:40PM – 3:30PM	Vriddhi Until 7:57PM	Muruqa: Blue	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 15
		424893462 Rahu 8:11AM – 10:01AM	Bava Until 8:55PM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 9:16AM	Moon – White		Subha Subha Sivaloka Day
						Ashada*Adi

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Buffalo, NY Sutra 105 Vikarin 5121
Wrishabha Rasi: 21.44	Tithi 26 – 27	Gulika 3:29PM – 5:19PM	Rohini Until 8:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Sun 11
		Yama 11:50AM – 1:40PM	Dhruva Until 5:53PM	Muruqa: Blue	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 15
		424893462 Rahu 5:19PM – 7:08PM	Kaulava Until 7:36PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:20AM	Moon – Yellow		Subha Sivaloka Day
						Ashada*Adi

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau		Buffalo, NY Sutra 106 Vikarin 5121
Mithuna Rasi: 5.34	Tithi 27 – 28	Gulika 1:39PM – 3:29PM	Mrigashira Until 7:51AM	Ganesha: White	<i>Sunrise:</i> 4:34AM	Sun 12
Family Home Evening		Yama 10:01AM – 11:50AM	Vyaghata* Until 3:14PM	Muruqa: Blue	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 Rahu 6:23AM – 8:12AM	Vanija Until 4:19AM Tue	Nataraja: White		2nd Phase
Until 7:51AM			Dvadashi* Until 6:39AM	Moon – Yellow		Sivaloka Day
Then Creative Work - Siddha Yoga						Ashada*Adi
						Pradosha Vrata (Fasting)

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Buffalo, NY Sutra 107 Vikarin 5121
Mithuna Rasi: 19.5	Tithi 29	Gulika 11:50AM – 1:39PM	Ardra Until 6:07AM	Ganesha: White	<i>Sunrise:</i> 4:35AM	Sun 13
		Yama 8:12AM – 10:01AM	Harshana Until 12:07PM	Muruqa: Blue	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 15
		435893462 Rahu 3:28PM – 5:17PM	Visti Until 2:57PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:27AM Wed	Moon – Yellow		Sivaloka Day
Until 6:07AM						Ashada*Adi
Then Creative Work - Siddha Yoga						

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Buffalo, NY Sutra 108 Vikarin 5121
Retreat Star		Gulika 10:02AM – 11:50AM	Pushya Until 1:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:36AM	Sun 14
Kataka Rasi: 4.28	Tithi 30	Yama 6:24AM – 8:13AM	Vajra* Until 8:33AM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 15
		445893462 Rahu 11:50AM – 1:39PM	Catuspada Until 11:52AM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:11PM	Moon – Blue		Sivaloka Day
						Ashada*Adi

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Buffalo, NY Sutra 109 Vikarin 5121
Kataka Rasi: 19.22	Tithi 1	Gulika 8:13AM – 10:02AM	Ashlesha* Until 10:50PM	Ganesha: Green	<i>Sunrise:</i> 4:37AM	Sun 15
		Yama 4:37AM – 6:25AM	Vyatipata* Until 12:45AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 15
		445893462 Rahu 1:39PM – 3:27PM	Kintughna Until 8:28AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:41PM	Moon – Blue		Sivaloka Day
Until 10:50PM						Sravana*Adi
Then Creative Work - Amrita Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Buffalo, NY Sun 16 Sutra 110 Vikarin 5121
Simha Rasi: 4.24	Tithi 2 – 3	Gulika 6:26AM – 8:14AM	Magha* Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 4:38AM	
		Yama 3:26PM – 5:14PM	Variyan Until 8:43PM	Muruqa: Blue	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16
		455893462 Rahu 10:02AM – 11:50AM	Taitila Until 1:22AM Sat	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 3:07PM	Moon – Red		Sivaloka Day
Until 8:13PM				Sravana*Adi		
Then Creative Work - Siddha Yoga						

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Buffalo, NY Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 19.26	Tithi 3 – 4	Gulika 4:39AM – 6:27AM	Purvaphalguni Until 5:36PM	Ganesha: White	<i>Sunrise:</i> 4:39AM	
		Yama 1:38PM – 3:26PM	Parigha* Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 16
		455893462 Rahu 8:14AM – 10:02AM	Vanija Until 9:57PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:37AM	Moon – Red		Sivaloka Day
Until 5:36PM				Sravana*Adi		
Then Routine Work - Marana Yoga						

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Buffalo, NY Sun 18 Sutra 112 Vikarin 5121
Kanya Rasi: 4.19	Tithi 4 – 5	Gulika 3:25PM – 5:13PM	Uttaraphalguni Until 3:06PM	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM	
		Yama 11:50AM – 1:37PM	Shiva Until 1:08PM	Muruqa: Blue	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 16
		455993462 Rahu 5:13PM – 7:00PM	Bava Until 6:51PM	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:20AM	Moon – Red		Subha Sivaloka Day
		Nag Panchami		Sravana*Adi		

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Buffalo, NY Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 18.57	Tithi 6	Gulika 1:37PM – 3:24PM	Hasta Until 1:17PM	Ganesha: White	<i>Sunrise:</i> 4:41AM	
Family Home Evening		Yama 10:03AM – 11:50AM	Siddha Until 9:45AM	Muruqa: Blue	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:28AM – 8:15AM	Kaulava Until 4:10PM	Nataraja: White		3rd Phase
Until 1:17PM			Shashthi* Until 3:00AM Tue	Moon – Green		Subha Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Sravana*Adi		

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Buffalo, NY Sun 20 Sutra 114 Vikarin 5121
Tula Rasi: 3.13	Tithi 7	Gulika 11:50AM – 1:37PM	Chitra Until 11:52AM	Ganesha: White	<i>Sunrise:</i> 4:42AM	
		Yama 8:16AM – 10:03AM	Sadhya Until 6:48AM	Muruqa: Blue	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 16
		465993462 Rahu 3:24PM – 5:11PM	Gara Until 2:02PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:10AM Wed	Moon – Green		Subha Subha Sivaloka Day
				Sravana*Adi		Tour Day

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Buffalo, NY Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 17.07	Tithi 8	Gulika 10:03AM – 11:50AM	Svati Until 10:54AM	Ganesha: White	<i>Sunrise:</i> 4:43AM	
		Yama 6:30AM – 8:16AM	Sukla Until 2:25AM Thu	Muruqa: Blue	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16
		465993462 Rahu 11:50AM – 1:36PM	Visti Until 12:30PM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:59PM	Moon – Green		Subha Subha Sivaloka Day
				Sravana*Adi		

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Buffalo, NY Sun 22 Sutra 116 Vikarin 5121
Vrischika Rasi: 0.37	Tithi 9	Gulika 8:17AM – 10:03AM	Vishakha Until 10:54AM	Ganesha: Purple	<i>Sunrise:</i> 4:44AM	
		Yama 4:44AM – 6:30AM	Brahma Until 1:02AM Fri	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 16
		476993462 Rahu 1:36PM – 3:22PM	Balava Until 11:39AM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 11:28PM	Moon – Orange		Sivaloka Day
				Sravana*Adi		

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Buffalo, NY Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	Gulika 6:31AM – 8:17AM	Anuradha Until 11:24AM	Ganesha: Purple <i>Sunrise:</i> 4:45AM	Sun 23
		Yama 3:21PM – 5:08PM	Indra Until 12:10AM Sat	Muruqa: Blue <i>Sunset:</i> 6:54PM	Moon 7 - Phase 17
476993462	Rahu 10:03AM – 11:49AM		Taitila Until 11:28AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga			Moon – Orange	Sivaloka Day
Until 11:24AM		Varalakshmi Vratam	Dashami Until 11:36PM	Sravana*Adi	
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Buffalo, NY Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	Gulika 4:46AM – 6:32AM	Jyeshtha* Until 12:22PM	Ganesha: Purple <i>Sunrise:</i> 4:46AM	Sun 24
		Yama 1:35PM – 3:21PM	Vaidhriti* Until 11:45PM	Muruqa: Blue <i>Sunset:</i> 6:52PM	Moon 7 - Phase 17
476993462	Rahu 8:18AM – 10:03AM		Vanija Until 11:55AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga			Moon – Orange	Sivaloka Day
Until 9:33PM			Ekadashi Until 12:20AM Sun	Sravana*Adi	
Then Routine Work - Marana Yoga					

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Buffalo, NY Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	Gulika 3:20PM – 5:05PM	Mula* Until 2:12PM	Ganesha: Clear <i>Sunrise:</i> 4:47AM	Sun 25
		Yama 11:49AM – 1:34PM	Vishkambha* Until 11:46PM	Muruqa: Blue <i>Sunset:</i> 6:51PM	Moon 7 - Phase 17
486993462	Rahu 5:05PM – 6:51PM		Bava Until 12:56PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue	Subha Sivaloka Day
Until 2:12PM			Dvodashi Until 1:36AM Mon	Sravana*Adi	
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Buffalo, NY Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	Gulika 1:34PM – 3:19PM	Purvashadha* Until 4:20PM	Ganesha: Clear <i>Sunrise:</i> 4:48AM	Sun 26
		Yama 10:04AM – 11:49AM	Priti Until 12:07AM Tue	Muruqa: Blue <i>Sunset:</i> 6:50PM	Moon 7 - Phase 17
486993462	Rahu 6:33AM – 8:18AM		Kaulava Until 2:25PM	Nataraja: White	4th Phase
Family Home Evening				Moon – Light Blue	Subha Sivaloka Day
Routine Work	Marana Yoga		Trayodashi Until 3:17AM Tue	Sravana*Adi	

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Buffalo, NY Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	Gulika 11:49AM – 1:34PM	Uttarashadha Until 6:38PM	Ganesha: Clear <i>Sunrise:</i> 4:49AM	Sun 27
		Yama 8:19AM – 10:04AM	Ayushman Until 12:42AM Wed	Muruqa: Blue <i>Sunset:</i> 6:48PM	Moon 7 - Phase 17
486993462	Rahu 3:18PM – 5:03PM		Gara Until 4:16PM	Nataraja: White	4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue	Subha Sivaloka Day
Until 6:38PM			Chaturdashi* Until 5:18AM Wed	Sravana*Adi	Tour Day
Then Creative Work - Siddha Yoga					

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau	Buffalo, NY Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:04AM – 11:48AM	Shravana Until 9:33PM	Ganesha: White <i>Sunrise:</i> 4:50AM	Sun 28
Makara Rasi: 15.35	Tithi 15	Yama 6:35AM – 8:19AM	Saubhagya Until 1:29AM Thu	Muruqa: Blue <i>Sunset:</i> 6:47PM	Moon 7 - Phase 17
496993462	Rahu 11:48AM – 1:33PM		Visti Until 6:25PM	Nataraja: White	Purnima
Creative Work	Siddha Yoga			Moon – Purple	Sivaloka Day
Until 9:33PM		Raksha Bandhan	Purnima* Until 7:32AM Thu	Sravana*Adi	
Then Routine Work - Prabalarishta Yoga					

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Buffalo, NY Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:20AM – 10:04AM	Dhanishtha Until 12:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 4:51AM	Sun 29
Makara Rasi: 27.31	Tithi 15 – 16	Yama 4:51AM – 6:35AM	Sobhana Until 2:24AM Fri	Muruqa: Blue <i>Sunset:</i> 6:45PM	Moon 7 - Phase 17
497993462	Rahu 1:33PM – 3:17PM		Balava Until 8:44PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga			Moon – Purple	Subha Sivaloka Day
Until 9:33PM			Purnima* Until 7:32AM	Sravana*Adi	
Then Routine Work - Prabalarishta Yoga					



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 9.24 Tithi 16 – 17

497993462

Creative Work Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau

Gulika 6:36AM – 8:20AM
Yama 3:16PM – 5:00PM
Rahu 10:04AM – 11:48AM

Shatabhishak Until 3:16AM Sat
Athiganda* Until 3:21AM Sat
Tailita Until 11:10PM
Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise: 4:52AM*
Muruqa: Blue *Sunset: 6:44PM*
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Buffalo, NY
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

1

Saturday, August 17, 2019

Kumbha Rasi: 21.15 Tithi 17 – 18

517993462

Routine Work Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 4:53AM – 6:37AM
Yama 1:31PM – 3:15PM
Rahu 8:21AM – 10:04AM

Purvaproshtapada* Until 6:25AM Sun
Sukarma Until 4:18AM Sun
Vanija Until 1:35AM Sun
Dvitiya Until 12:21PM

Ganesha: White *Sunrise: 4:53AM*
Muruqa: Blue *Sunset: 6:42PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Buffalo, NY
Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

2

Sunday, August 18, 2019

Meena Rasi: 3.07 Tithi 18 – 19

517993462

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 3:14PM – 4:58PM
Yama 11:48AM – 1:31PM
Rahu 4:58PM – 6:41PM

Purvaproshtapada* Until 6:25AM
Dhriti Until 5:12AM Mon
Bava Until 3:55AM Mon
Tritiya Until 2:45PM

Ganesha: White *Sunrise: 4:54AM*
Muruqa: Blue *Sunset: 6:41PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Buffalo, NY
Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

3

Monday, August 19, 2019

Meena Rasi: 15.02 Tithi 19 – 20

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:30PM – 3:13PM
Yama 10:04AM – 11:47AM
Rahu 6:38AM – 8:21AM

Uttaraproshtapada Until 9:16AM
Shula* Until 5:54AM Tue
Kaulava Until 6:03AM Tue
Chaturthi* Until 5:00PM

Ganesha: White *Sunrise: 4:55AM*
Muruqa: Blue *Sunset: 6:39PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Buffalo, NY
Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

4

Tuesday, August 20, 2019

Meena Rasi: 27.01 Tithi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Tailita Karana Panchamyam Titau

Gulika 11:47AM – 1:30PM
Yama 8:22AM – 10:05AM
Rahu 3:13PM – 4:55PM

Revati Until 11:46AM
Ganda* Until 6:22AM Wed
Kaulava Until 6:03AM
Panchami Until 6:59PM

Ganesha: White *Sunrise: 4:57AM*
Muruqa: Blue *Sunset: 6:38PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Buffalo, NY
Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

5

Wednesday, August 21, 2019

Mesha Rasi: 9.07 Tithi 21

528993462

Routine Work Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:05AM – 11:47AM
Yama 6:40AM – 8:22AM
Rahu 11:47AM – 1:29PM

Ashvini Until 2:14PM
Ganda* Until 6:22AM
Gara Until 7:52AM
Shashthi* Until 8:35PM

Ganesha: White *Sunrise: 4:58AM*
Muruqa: Blue *Sunset: 6:36PM*
Nataraja: White
Moon – White

Sivaloka Day

Buffalo, NY
Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

6

Thursday, August 22, 2019

Mesha Rasi: 21.25 Tithi 22

528993462

Creative Work Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:23AM – 10:05AM
Yama 4:59AM – 6:41AM
Rahu 1:29PM – 3:11PM

Bharani Until 4:04PM
Vridhhi Until 6:30AM
Visti Until 9:13AM
Saptami Until 9:39PM

Ganesha: White *Sunrise: 4:59AM*
Muruqa: Blue *Sunset: 6:35PM*
Nataraja: White
Moon – White

Sivaloka Day

Buffalo, NY
Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

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Friday, August 23, 2019

Retreat Star

Vrishabha Rasi: 3.59 Tithi 23

528993462

Creative Work Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:41AM – 8:23AM
Yama 3:10PM – 4:51PM
Rahu 10:05AM – 11:46AM

Krittika Until 5:07PM
Dhruva Until 6:09AM
Balava Until 9:58AM
Ashtami* Until 10:03PM

Ganesha: White *Sunrise: 5:00AM*
Muruqa: Blue *Sunset: 6:33PM*
Nataraja: White
Moon – White

Sivaloka Day

Buffalo, NY
Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 16.52 Tithi 24

538993462

Creative Work Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Tailita/Gara Karana Navamyam Titau

Gulika 5:01AM – 6:42AM
Yama 1:28PM – 3:09PM
Rahu 8:23AM – 10:05AM

Rohini Until 5:45PM
Harshana Until 3:46AM Sun
Tailita Until 10:00AM
Navami* Until 9:42PM

Ganesha: Clear *Sunrise: 5:01AM*
Muruqa: Blue *Sunset: 6:32PM*
Nataraja: White
Moon – Yellow

Subha Sivaloka Day

Buffalo, NY
Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

1 Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Buffalo, NY
Mithuna Rasi: 0.09 Tithi 25		Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Sutra 133
Creative Work Siddha Yoga		Gulika 3:08PM – 4:49PM	Mrigashira Until 5:27PM	Ganesha: Clear <i>Sunrise:</i> 5:02AM	Sun 9	Vikarin 5121
538993462		Yama 11:46AM – 1:27PM	Vajra* Until 1:37AM Mon	Muruqa: Blue <i>Sunset:</i> 6:30PM	Moon 8 - Phase 19	2nd Phase
		Rahu 4:49PM – 6:30PM	Vanija Until 9:14AM	Nataraja: White	Subha Sivaloka Day	
			Dashami Until 8:33PM	Moon – Yellow	Sravana-Avani	

2 Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Buffalo, NY
Mithuna Rasi: 13.53 Tithi 26		Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Sutra 134
Family Home Evening		Gulika 1:26PM – 3:07PM	Ardra Until 4:15PM	Ganesha: Clear <i>Sunrise:</i> 5:03AM	Sun 10	Vikarin 5121
Creative Work Siddha Yoga		Yama 10:05AM – 11:46AM	Siddhi Until 10:52PM	Muruqa: Blue <i>Sunset:</i> 6:28PM	Moon 8 - Phase 19	2nd Phase
Until 4:15PM		Rahu 6:44AM – 8:24AM	Bava Until 7:42AM	Nataraja: White	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga			Ekadashi* Until 6:38PM	Moon – Yellow	Sravana-Avani	

3 Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Buffalo, NY	
Mithuna Rasi: 28.06 Tithi 27 – 28		Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Sutra 135	
Creative Work Siddha Yoga		Gulika 11:45AM – 1:26PM	Punarvasu Until 2:39PM	Ganesha: Purple <i>Sunrise:</i> 5:04AM	Sun 11	Vikarin 5121	
548993462		Yama 8:25AM – 10:05AM	Vyatipata* Until 7:36PM	Muruqa: Blue <i>Sunset:</i> 6:27PM	Moon 8 - Phase 19	2nd Phase	
		Rahu 3:06PM – 4:46PM	Gara Until 2:34AM Wed	Nataraja: White	Sivaloka Day		
			Dvadashi* Until 4:03PM	Moon – Blue	Sravana-Avani		
				<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Buffalo, NY
Kataka Rasi: 12.44 Tithi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sutra 136
Creative Work Siddha Yoga		Gulika 10:05AM – 11:45AM	Pushya Until 12:20PM	Ganesha: Orange <i>Sunrise:</i> 5:05AM	Sun 12	Vikarin 5121
549193463		Yama 6:45AM – 8:25AM	Variyan Until 3:51PM	Muruqa: Blue <i>Sunset:</i> 6:25PM	Moon 8 - Phase 19	2nd Phase
		Rahu 11:45AM – 1:25PM	Visti Until 11:12PM	Nataraja: Clear	Sivaloka Day	
			Trayodashi* Until 12:55PM	Moon – Blue	Sravana-Avani	

Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Buffalo, NY
Retreat Star		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sutra 137
Kataka Rasi: 27.43 Tithi 29 – 30		Gulika 8:25AM – 10:05AM	Ashlesha* Until 9:29AM	Ganesha: Orange <i>Sunrise:</i> 5:06AM	Sun 13	Vikarin 5121
Creative Work Siddha Yoga		Yama 5:06AM – 6:46AM	Parigha* Until 11:49AM	Muruqa: Blue <i>Sunset:</i> 6:23PM	Moon 8 - Phase 19	Amavasya
Until 9:29AM		Rahu 1:24PM – 3:04PM	Catuspada Until 7:31PM	Nataraja: Clear	Sivaloka Day	
Then Creative Work - Amrita Yoga			Chaturdashi* Until 9:23AM	Moon – Blue	Sravana-Avani	

Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Buffalo, NY
Retreat Star		Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Sutra 138
Simha Rasi: 12.55 Tithi 1		Gulika 6:46AM – 8:26AM	Magha* Until 6:39AM	Ganesha: Clear <i>Sunrise:</i> 5:07AM	Sun 14	Vikarin 5121
Routine Work Marana Yoga		Yama 3:03PM – 4:42PM	Shiva Until 7:36AM	Muruqa: Blue <i>Sunset:</i> 6:22PM	Moon 8 - Phase 19	Prathama
Until 6:39AM		Rahu 10:05AM – 11:44AM	Kintughna Until 3:41PM	Nataraja: Clear	Sivaloka Day	
Then Creative Work - Siddha Yoga			Prathama* Until 1:45AM Sat	Moon – Red	Bhadrapada-Avani	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Buffalo, NY Sun 15 Sutra 139
Simha Rasi: 28.1	Tithi 2	Gulika 5:08AM – 6:47AM	Uttaraphalguni Until 12:35AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:08AM			Vikarin 5121
		Yama 1:23PM – 3:02PM	Sadhya Until 11:07PM	Muruqa: Blue	<i>Sunset:</i> 6:20PM		Moon 8 - Phase 20	3rd Phase
		559193463 Rahu 8:26AM – 10:05AM	Balava Until 11:52AM	Nataraja: Clear				
Routine Work	Marana Yoga		Dvitiya Until 10:00PM	Moon – Red			Sivaloka Day	
Until 12:35AM Sun				Bhadrapada-Avani				
Then Creative Work - Amrita Yoga								

2		Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				Buffalo, NY Sun 16 Sutra 140
Kanya Rasi: 13.19	Tithi 3	Gulika 3:01PM – 4:40PM	Hasta Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 5:09AM			Vikarin 5121
		Yama 11:44AM – 1:22PM	Subha Until 7:11PM	Muruqa: Blue	<i>Sunset:</i> 6:18PM		Moon 8 - Phase 20	3rd Phase
		569193463 Rahu 4:40PM – 6:18PM	Taitila Until 8:14AM	Nataraja: Clear				
Creative Work	Amrita Yoga		Tritiya Until 6:31PM	Moon – Green			Sivaloka Day	
Until 10:06PM				Bhadrapada-Avani				
Then Creative Work - Siddha Yoga								

3		Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Buffalo, NY Sun 17 Sutra 141
Kanya Rasi: 28.11	Tithi 4 – 5	Gulika 1:22PM – 3:00PM	Chitra Until 7:56PM	Ganesha: Orange	<i>Sunrise:</i> 5:10AM			Vikarin 5121
Family Home Evening		Yama 10:05AM – 11:43AM	Sukla Until 3:35PM	Muruqa: Blue	<i>Sunset:</i> 6:17PM		Moon 8 - Phase 20	3rd Phase
		569193463 Rahu 6:48AM – 8:27AM	Bava Until 2:10AM Tue	Nataraja: Clear				
Routine Work	Prabalarishta Yoga		Chaturthi* Until 3:28PM	Moon – Green			Sivaloka Day	
Until 7:56PM				Bhadrapada-Avani				
Then Creative Work - Amrita Yoga								

4		Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Buffalo, NY Sun 18 Sutra 142
Tula Rasi: 12.41	Tithi 5 – 6	Gulika 11:43AM – 1:21PM	Svati Until 6:15PM	Ganesha: Orange	<i>Sunrise:</i> 5:11AM			Vikarin 5121
		Yama 8:27AM – 10:05AM	Brahma Until 12:28PM	Muruqa: Blue	<i>Sunset:</i> 6:15PM		Moon 8 - Phase 20	3rd Phase
		569193463 Rahu 2:59PM – 4:37PM	Kaulava Until 12:02AM Wed	Nataraja: Clear				
Creative Work	Siddha Yoga		Panchami Until 1:00PM	Moon – Green			Sivaloka Day	
Until 6:15PM				Bhadrapada-Avani				
Then Routine Work - Marana Yoga								

5		Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Buffalo, NY Sun 19 Sutra 143
Tula Rasi: 26.43	Tithi 6 – 7	Gulika 10:05AM – 11:43AM	Vishakha Until 5:35PM	Ganesha: Green	<i>Sunrise:</i> 5:12AM			Vikarin 5121
		Yama 6:50AM – 8:28AM	Indra Until 9:57AM	Muruqa: Blue	<i>Sunset:</i> 6:13PM		Moon 8 - Phase 20	3rd Phase
		579193463 Rahu 11:43AM – 1:20PM	Gara Until 10:41PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Shashthi* Until 11:14AM	Moon – Orange			Subha Sivaloka Day	
				Bhadrapada-Avani				

Retreat Star		Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau				Buffalo, NY Sun 20 Sutra 144
Vrischika Rasi: 10.17	Tithi 7 – 8	Gulika 8:28AM – 10:05AM	Anuradha Until 5:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:13AM			Vikarin 5121
		Yama 5:13AM – 6:51AM	Vaidhriti* Until 8:04AM	Muruqa: Blue	<i>Sunset:</i> 6:12PM		Moon 8 - Phase 20	Ashtami
		571193463 Rahu 1:20PM – 2:57PM	Visti Until 10:08PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Saptami Until 10:17AM	Moon – Orange			Sivaloka Day	
Until 5:35PM				Bhadrapada-Avani				
Then Routine Work - Prabalarishta Yoga								

Retreat Star		Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Buffalo, NY Sun 21 Sutra 145
Vrischika Rasi: 23.23	Tithi 8 – 9	Gulika 6:51AM – 8:28AM	Jyeshtha* Until 6:13PM	Ganesha: Orange	<i>Sunrise:</i> 5:14AM			Vikarin 5121
		Yama 2:56PM – 4:33PM	Vishkambha* Until 6:50AM	Muruqa: Blue	<i>Sunset:</i> 6:10PM		Moon 8 - Phase 20	Navami
		571193463 Rahu 10:05AM – 11:42AM	Balava Until 10:25PM	Nataraja: Clear				
Routine Work	Marana Yoga		Ashtami* Until 10:10AM	Moon – Orange			Sivaloka Day	
Until 6:13PM				Bhadrapada-Avani				
Then Creative Work - Amrita Yoga								

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Buffalo, NY
	Dhanus Rasi: 6.06	Tithi 9 – 10	Gulika 5:15AM – 6:52AM	Mula* Until 7:56PM	Ganesha: Green	Sunrise: 5:15AM	Sun 22 Sutra 146
			Yama 1:18PM – 2:55PM	Priti Until 6:15AM	Muruqa: Blue	Sunset: 6:08PM	Vikarin 5121
	581193463	Rahu 8:29AM – 10:05AM	Taitila Until 11:27PM	Nataraja: Clear	Moon – Light Blue		Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga		Navami* Until 10:49AM	Bhadrapada-Avani		Devaloka Day	


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Buffalo, NY
	Dhanus Rasi: 18.29	Tithi 10 – 11	Gulika 2:54PM – 4:30PM	Purvashadha* Until 10:05PM	Ganesha: Green	Sunrise: 5:16AM	Sun 23 Sutra 147
			Yama 11:41AM – 1:18PM	Ayushman Until 6:11AM	Muruqa: Blue	Sunset: 6:06PM	Vikarin 5121
	581193463	Rahu 4:30PM – 6:06PM	Vanija Until 1:05AM Mon	Nataraja: Clear	Moon – Light Blue		Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:10PM	Bhadrapada-Avani		Devaloka Day	
Until 10:05PM		Grandparent's Day					
Then Creative Work - Amrita Yoga							

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY
	Makara Rasi: 0.39	Tithi 11 – 12	Gulika 1:17PM – 2:53PM	Uttarashadha Until 12:30AM Tue	Ganesha: Green	Sunrise: 5:17AM	Sun 24 Sutra 148
			Yama 10:05AM – 11:41AM	Saubhagya Until 6:34AM	Muruqa: Blue	Sunset: 6:05PM	Vikarin 5121
	581193463	Rahu 6:53AM – 8:29AM	Bava Until 3:09AM Tue	Nataraja: Clear	Moon – Light Blue		Moon 8 - Phase 21 4th Phase
Routine Work	Marana Yoga		Ekadashi Until 2:03PM	Bhadrapada-Avani		Devaloka Day	
Until 12:30AM Tue							
Then Creative Work - Siddha Yoga							

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Buffalo, NY
	Makara Rasi: 12.38	Tithi 12 – 13	Gulika 11:41AM – 1:16PM	Shravana Until 3:32AM Wed	Ganesha: Red	Sunrise: 5:19AM	Sun 25 Sutra 149
			Yama 8:30AM – 10:05AM	Sobhana Until 7:16AM	Muruqa: Blue	Sunset: 6:03PM	Vikarin 5121
	591193463	Rahu 2:52PM – 4:27PM	Kaulava Until 5:29AM Wed	Nataraja: Clear	Moon – Purple		Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 4:16PM	Bhadrapada-Avani		Sivaloka Day	
Until 3:32AM Wed							
Then Routine Work - Prabalarishta Yoga			Pradosha Vrata				

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Buffalo, NY
	Makara Rasi: 24.32	Tithi 13	Gulika 10:05AM – 11:40AM	Dhanishtha Until 6:31AM Thu	Ganesha: Red	Sunrise: 5:20AM	Sun 26 Sutra 150
			Yama 6:55AM – 8:30AM	Athiganda* Until 8:07AM	Muruqa: Blue	Sunset: 6:01PM	Vikarin 5121
	591193463	Rahu 11:40AM – 1:16PM	Taitila Until 6:41PM	Nataraja: Clear	Moon – Purple		Moon 8 - Phase 21 4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 6:41PM	Bhadrapada-Avani		Sivaloka Day	
Until 6:31AM Thu		Chidambaram Abhishekam					
Then Creative Work - Siddha Yoga							

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Buffalo, NY
	Kumbha Rasi: 6.24	Tithi 14	Gulika 8:30AM – 10:05AM	Dhanishtha Until 6:31AM	Ganesha: Red	Sunrise: 5:21AM	Sun 27 Sutra 151
			Yama 5:21AM – 6:55AM	Sukarma Until 9:04AM	Muruqa: Blue	Sunset: 5:59PM	Vikarin 5121
	591193463	Rahu 1:15PM – 2:50PM	Gara Until 7:57AM	Nataraja: Clear	Moon – Purple		Moon 8 - Phase 21 4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:09PM	Bhadrapada-Avani		Sivaloka Day	
		Avani Avittam					

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Buffalo, NY
	Copper Retreat Star		Gulika 6:56AM – 8:31AM	Shatabhishak Until 9:20AM	Ganesha: Red	Sunrise: 5:22AM	Sutra 152
	Kumbha Rasi: 18.16	Tithi 15	Yama 2:49PM – 4:23PM	Dhriti Until 10:01AM	Muruqa: Purple	Sunset: 5:58PM	Vikarin 5121
	591113463	Rahu 10:05AM – 11:40AM	Visti Until 10:24AM	Nataraja: Clear	Moon – Purple		Moon 8 - Phase 21 Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:36PM	Bhadrapada-Avani		Sivaloka Day	

7	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Buffalo, NY
	Silver Retreat Star		Gulika 5:23AM – 6:57AM	Purvaprosarthapada* Until 12:25PM	Ganesha: Red	Sunrise: 5:23AM	Sutra 153
	Meena Rasi: 0.08	Tithi 16	Yama 1:14PM – 2:48PM	Shula* Until 10:53AM	Muruqa: Purple	Sunset: 5:56PM	Vikarin 5121
	511113463	Rahu 8:31AM – 10:05AM	Balava Until 12:48PM	Nataraja: Clear	Moon – Clear		Moon 8 - Phase 21 Prathama
Routine Work	Marana Yoga		Prathama* Until 1:55AM Sun	Bhadrapada-Avani		Sivaloka Day	
Until 12:25PM							
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Buffalo, NY
Sun 1
Sutra 154
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Meena Rasi: 12.04 Tithi 17
512113463
Creative Work Amrita Yoga

Gulika 2:47PM – 4:20PM
Yama 11:39AM – 1:13PM
Rahu 4:20PM – 5:54PM

Uttaraproshtapada Until 3:13PM
Ganda* Until 11:40AM
Tailila Until 3:03PM
Dvitiya Until 4:05AM Mon

Ganesha: Yellow *Sunrise:* 5:24AM
Muruqa: Purple *Sunset:* 5:54PM
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Buffalo, NY
Sun 2
Sutra 155
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Meena Rasi: 24.03 Tithi 18
512113463
Creative Work Siddha Yoga

Gulika 1:12PM – 2:46PM
Yama 10:05AM – 11:39AM
Rahu 6:58AM – 8:32AM

Revati Until 5:39PM
Vridhhi Until 12:20PM
Vanija Until 5:06PM
Tritiya Until 6:02AM Tue

Ganesha: Yellow *Sunrise:* 5:25AM
Muruqa: Purple *Sunset:* 5:52PM
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Sivaloka Day

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Buffalo, NY
Sun 3
Sutra 156
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 6.08 Tithi 18 – 19
522113463
Creative Work Siddha Yoga

Gulika 11:38AM – 1:11PM
Yama 8:32AM – 10:05AM
Rahu 2:44PM – 4:18PM

Ashvini Until 8:11PM
Dhruva Until 12:46PM
Bava Until 6:55PM
Tritiya Until 6:02AM

Ganesha: White *Sunrise:* 5:26AM
Muruqa: Purple *Sunset:* 5:51PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY
Sun 4
Sutra 157
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 18.2 Tithi 19 – 20
522113463
Creative Work Siddha Yoga
Until 10:13PM
Then Creative Work - Amrita Yoga

Gulika 10:05AM – 11:38AM
Yama 7:00AM – 8:32AM
Rahu 11:38AM – 1:11PM

Bharani Until 10:13PM
Vyaghata* Until 12:59PM
Kaulava Until 8:23PM
Chaturthi* Until 7:41AM

Ganesha: White *Sunrise:* 5:27AM
Muruqa: Purple *Sunset:* 5:49PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Devaloka Day

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Buffalo, NY
Sun 5
Sutra 158
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Vrishabha Rasi: 0.41 Tithi 20 – 21
522113463
Routine Work Marana Yoga

Gulika 8:33AM – 10:05AM
Yama 5:28AM – 7:00AM
Rahu 1:10PM – 2:42PM

Krittika Until 11:39PM
Harshana Until 12:55PM
Gara Until 9:26PM
Panchami Until 8:57AM

Ganesha: White *Sunrise:* 5:28AM
Muruqa: Purple *Sunset:* 5:47PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Devaloka Day

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Buffalo, NY
Sun 6
Sutra 159
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Vrishabha Rasi: 13.15 Tithi 21 – 22
532113463
Routine Work Marana Yoga
Until 12:52AM Sat
Then Creative Work - Siddha Yoga

Gulika 7:01AM – 8:33AM
Yama 2:41PM – 4:13PM
Rahu 10:05AM – 11:37AM

Rohini Until 12:52AM Sat
Vajra* Until 12:24PM
Visti Until 9:55PM
Shashthi* Until 9:44AM

Ganesha: Clear *Sunrise:* 5:29AM
Muruqa: Purple *Sunset:* 5:45PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

D

Saturday, September 21, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Buffalo, NY
Sun 7
Sutra 160
Vikarin 5121
Moon 9 - Phase 22
Ashtami

Vrishabha Rasi: 26.05 Tithi 22 – 23
532113463
Creative Work Siddha Yoga

Gulika 5:30AM – 7:02AM
Yama 1:09PM – 2:40PM
Rahu 8:33AM – 10:05AM

Mrigashira Until 1:17AM Sun
Siddhi Until 11:26AM
Balava Until 9:45PM
Saptami Until 9:54AM

Ganesha: Clear *Sunrise:* 5:30AM
Muruqa: Purple *Sunset:* 5:44PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Buffalo, NY
Sun 8
Sutra 161
Vikarin 5121
Moon 9 - Phase 22
Navami

Mithuna Rasi: 9.16 Tithi 23 – 24
532213463
Creative Work Siddha Yoga
Until 12:50AM Mon
Then Creative Work - Amrita Yoga

Gulika 2:39PM – 4:11PM
Yama 11:37AM – 1:08PM
Rahu 4:11PM – 5:42PM

Ardra Until 12:50AM Mon
Vyatipata* Until 9:55AM
Tailila Until 8:52PM
Ashtami* Until 9:23AM

Ganesha: Orange *Sunrise:* 5:31AM
Muruqa: Purple *Sunset:* 5:42PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Buffalo, NY Sutra 162 Vikarin 5121
1		Gulika 1:07PM – 2:38PM	Punarvasu Until 11:59PM	Ganesha: Light Blue <i>Sunrise:</i> 5:32AM
Mithuna Rasi: 22.52	Tithi 24 – 25	Yama 10:05AM – 11:36AM	Variyan Until 7:48AM	Muruqa: Purple <i>Sunset:</i> 5:40PM
Family Home Evening	542213463	Rahu 7:03AM – 8:34AM	Vanija Until 7:16PM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 8:08AM	Moon – Blue
Until 11:59PM				Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Buffalo, NY Sutra 163 Vikarin 5121
2		Gulika 11:36AM – 1:06PM	Pushya Until 10:18PM	Ganesha: Light Blue <i>Sunrise:</i> 5:33AM
Kataka Rasi: 6.53	Tithi 25 – 26	Yama 8:35AM – 10:05AM	Shiva Until 1:56AM Wed	Muruqa: Purple <i>Sunset:</i> 5:37PM
	542213463	Rahu 2:37PM – 4:08PM	Balava Until 3:36AM Wed	Nataraja: Clear
Creative Work Siddha Yoga			Dashami Until 6:11AM	Moon – Blue
				Devaloka Day
				Bhadrapada-Puratasi

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Buffalo, NY Sutra 164 Vikarin 5121
3		Gulika 10:05AM – 11:35AM	Ashlesha* Until 7:57PM	Ganesha: Light Blue <i>Sunrise:</i> 5:34AM
Kataka Rasi: 21.2	Tithi 27	Yama 7:05AM – 8:35AM	Siddha Until 10:17PM	Muruqa: Purple <i>Sunset:</i> 5:37PM
	542213463	Rahu 11:35AM – 1:06PM	Kaulava Until 2:07PM	Nataraja: Clear
Creative Work Siddha Yoga			Dvadashi* Until 12:29AM Thu	Moon – Blue
				Devaloka Day
				Bhadrapada-Puratasi

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Buffalo, NY Sutra 165 Vikarin 5121
4		Gulika 8:35AM – 10:05AM	Magha* Until 5:26PM	Ganesha: Purple <i>Sunrise:</i> 5:35AM
Simha Rasi: 6.1	Tithi 28	Yama 5:35AM – 7:05AM	Sadhya Until 6:18PM	Muruqa: Purple <i>Sunset:</i> 5:37PM
	552213463	Rahu 1:05PM – 2:35PM	Gara Until 10:47AM	Nataraja: Clear
Creative Work Amrita Yoga			Trayodashi* Until 8:59PM	Moon – Red
Until 5:26PM				Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi
				<i>Pradosha Vrata (Fasting)</i>

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Buffalo, NY Sutra 166 Vikarin 5121
5		Gulika 7:06AM – 8:36AM	Purvaphalguni Until 2:31PM	Ganesha: Purple <i>Sunrise:</i> 5:36AM
Simha Rasi: 21.15	Tithi 29 – 30	Yama 2:34PM – 4:03PM	Subha Until 2:07PM	Muruqa: Purple <i>Sunset:</i> 5:33PM
	552213463	Rahu 10:05AM – 11:35AM	Visti Until 7:09AM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 5:15PM	Moon – Red
				Devaloka Day
				Bhadrapada-Puratasi

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Buffalo, NY Sutra 167 Vikarin 5121
Retreat Star		Gulika 5:38AM – 7:07AM	Uttaraphalguni Until 11:24AM	Ganesha: Purple <i>Sunrise:</i> 5:38AM
Kanya Rasi: 6.29	Tithi 30 – 1	Yama 1:04PM – 2:33PM	Sukla Until 9:51AM	Muruqa: Purple <i>Sunset:</i> 5:31PM
	653213463	Rahu 8:36AM – 10:05AM	Kintughna Until 11:37PM	Nataraja: Clear
Routine Work Marana Yoga			Amavasya* Until 1:28PM	Moon – Red
				Devaloka Day
				Bhadrapada-Puratasi
				Mahalaya Amavasai (Tamil Nadu)

Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Buffalo, NY Sutra 168 Vikarin 5121
Retreat Star		Gulika 2:32PM – 4:01PM	Hasta Until 8:39AM	Ganesha: Light Blue <i>Sunrise:</i> 5:39AM
Kanya Rasi: 21.4	Tithi 1 – 2	Yama 11:34AM – 1:03PM	Indra Until 1:41AM Mon	Muruqa: Purple <i>Sunset:</i> 5:30PM
	663213463	Rahu 4:01PM – 5:30PM	Balava Until 8:04PM	Nataraja: Clear
Creative Work Amrita Yoga			Prathama* Until 9:47AM	Moon – Green
Until 8:39AM				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina-Puratasi
				Navaratri Begins

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Buffalo, NY Sun 16 Sutra 169 Vikarin 5121
1		Gulika 1:02PM – 2:31PM	Chitra Until 6:02AM	Ganesha: Light Blue <i>Sunrise:</i> 5:40AM
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:05AM – 11:34AM	Vaidhriti* Until 10:03PM	Muruqa: Purple <i>Sunset:</i> 5:28PM
Family Home Evening	663213463	Rahu 7:08AM – 8:37AM	Gara Until 3:30AM Tue	Nataraja: Clear
Routine Work Prabalarishta Yoga			Dvitiya Until 6:24AM	Moon – Green
Until 6:02AM				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturthiyam Titau		Buffalo, NY Sun 17 Sutra 170 Vikarin 5121
2		Gulika 11:33AM – 1:02PM	Vishakha Until 2:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:41AM
Tula Rasi: 21.16	Tithi 4	Yama 8:37AM – 10:05AM	Vishkambha* Until 6:54PM	Muruqa: Purple <i>Sunset:</i> 5:26PM
Routine Work Marana Yoga	673213463	Rahu 2:30PM – 3:58PM	Vanija Until 2:17PM	Nataraja: Clear
Until 2:23AM Wed			Chaturthi* Until 1:13AM Wed	Moon – Orange
Then Creative Work - Siddha Yoga				Devaloka Day
				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Buffalo, NY Sun 18 Sutra 171 Vikarin 5121
3		Gulika 10:05AM – 11:33AM	Anuradha Until 1:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:42AM
Vrischika Rasi: 5.26	Tithi 5	Yama 7:10AM – 8:38AM	Priti Until 4:22PM	Muruqa: Purple <i>Sunset:</i> 5:24PM
Creative Work Siddha Yoga	673213463	Rahu 11:33AM – 1:01PM	Bava Until 12:22PM	Nataraja: Clear
Until 1:38AM Thu			Panchami Until 11:42PM	Moon – Orange
Then Routine Work - Prabalarishta Yoga				Devaloka Day
				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Buffalo, NY Sun 19 Sutra 172 Vikarin 5121
4		Gulika 8:38AM – 10:05AM	Jyeshtha* Until 1:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:43AM
Vrischika Rasi: 19.06	Tithi 6	Yama 5:43AM – 7:10AM	Ayushman Until 2:29PM	Muruqa: Purple <i>Sunset:</i> 5:23PM
Routine Work Prabalarishta Yoga	673213463	Rahu 1:00PM – 2:28PM	Kaulava Until 11:17AM	Nataraja: Clear
Until 1:36AM Fri			Shashthi* Until 11:03PM	Moon – Orange
Then Creative Work - Amrita Yoga				Devaloka Day
				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Buffalo, NY Sun 20 Sutra 173 Vikarin 5121
5		Gulika 7:11AM – 8:38AM	Mula* Until 2:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:44AM
Dhanus Rasi: 2.17	Tithi 7	Yama 2:27PM – 3:54PM	Saubhagya Until 1:19PM	Muruqa: Purple <i>Sunset:</i> 5:21PM
Creative Work Amrita Yoga	683213463	Rahu 10:05AM – 11:33AM	Gara Until 11:06AM	Nataraja: Clear
Until 2:45AM Sat			Saptami Until 11:19PM	Moon – Light Blue
Then Creative Work - Siddha Yoga				Sivaloka Day
				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Buffalo, NY Sun 21 Sutra 174 Vikarin 5121
Retreat Star		Gulika 5:45AM – 7:12AM	Purvashadha* Until 4:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:45AM
Dhanus Rasi: 15.01	Tithi 8	Yama 12:59PM – 2:26PM	Sobhana Until 12:51PM	Muruqa: Purple <i>Sunset:</i> 5:19PM
Creative Work Siddha Yoga	683213463	Rahu 8:39AM – 10:05AM	Visti Until 11:47AM	Nataraja: Clear
Until 4:32AM Sun			Ashtami* Until 12:24AM Sun	Moon – Light Blue
Then Creative Work - Amrita Yoga				Sivaloka Day
		Durga Ashtami		Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Buffalo, NY Sun 22 Sutra 175 Vikarin 5121
Retreat Star		Gulika 2:25PM – 3:51PM	Uttarashadha Until 6:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:46AM
Dhanus Rasi: 27.24	Tithi 9	Yama 11:32AM – 12:58PM	Athiganda* Until 12:55PM	Muruqa: Purple <i>Sunset:</i> 5:18PM
Creative Work Amrita Yoga	683213463	Rahu 3:51PM – 5:18PM	Balava Until 1:14PM	Nataraja: Clear
			Navami* Until 2:11AM Mon	Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)		Sivaloka Day
				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Buffalo, NY Sutra 176 Vikarin 5121
1		Gulika 12:58PM – 2:24PM	Uttarashadha Until 6:46AM	Ganesha: Clear <i>Sunrise:</i> 5:47AM	Sun 23
Makara Rasi: 9.31	Tithi 10	Yama 10:06AM – 11:32AM	Sukarma Until 1:28PM	Muruqa: Purple <i>Sunset:</i> 5:16PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:13AM – 8:40AM	Taitila Until 3:17PM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Dashami Until 4:25AM Tue	Moon – Light Blue	Sivaloka Day
Until 6:46AM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau			Buffalo, NY Sutra 177 Vikarin 5121
2		Gulika 11:31AM – 12:57PM	Shravana Until 9:45AM	Ganesha: White <i>Sunrise:</i> 5:49AM	Sun 24
Makara Rasi: 21.28	Tithi 11	Yama 8:40AM – 10:06AM	Dhriti Until 2:18PM	Muruqa: Purple <i>Sunset:</i> 5:14PM	Moon 9 - Phase 25
Creative Work	693213464	Rahu 2:23PM – 3:48PM	Vanija Until 5:40PM	Nataraja: Purple	4th Phase
Siddha Yoga			Vijaya Dasami	Moon – Purple	Sivaloka Day
			Ekadashi Until 6:55AM Wed	Ashvina+Puratasi	

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Buffalo, NY Sutra 178 Vikarin 5121
3		Gulika 10:06AM – 11:31AM	Dhanishtha Until 12:46PM	Ganesha: White <i>Sunrise:</i> 5:50AM	Sun 25
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:15AM – 8:40AM	Shula* Until 3:13PM	Muruqa: Purple <i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
Routine Work	693213464	Rahu 11:31AM – 12:56PM	Bava Until 8:13PM	Nataraja: Purple	4th Phase
Prabalarishta Yoga			Kadaitswami Mahasamadhi	Moon – Purple	Sivaloka Day
Until 12:46PM			Ekadashi Until 6:55AM	Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Buffalo, NY Sutra 179 Vikarin 5121
4		Gulika 8:41AM – 10:06AM	Shatabhishak Until 3:36PM	Ganesha: White <i>Sunrise:</i> 5:51AM	Sun 26
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 5:51AM – 7:16AM	Ganda* Until 4:09PM	Muruqa: Purple <i>Sunset:</i> 5:11PM	Moon 9 - Phase 25
Creative Work	693213464	Rahu 12:56PM – 2:21PM	Kaulava Until 10:43PM	Nataraja: Purple	4th Phase
Siddha Yoga			Dvadashi Until 9:27AM	Moon – Purple	Sivaloka Day
				Ashvina+Puratasi	
				<i>Pradosha Vrata</i>	

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Buffalo, NY Sutra 180 Vikarin 5121
5		Gulika 7:17AM – 8:41AM	Purvaproshtapada* Until 6:40PM	Ganesha: Blue <i>Sunrise:</i> 5:52AM	Sun 27
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:20PM – 3:45PM	Vridhi Until 5:00PM	Muruqa: Purple <i>Sunset:</i> 5:09PM	Moon 9 - Phase 25
Creative Work	613213464	Rahu 10:06AM – 11:31AM	Gara Until 1:04AM Sat	Nataraja: Purple	4th Phase
Siddha Yoga			Trayodashi Until 11:53AM	Moon – Clear	Sivaloka Day
				Ashvina+Puratasi	
				Chidambaram Abhishekam	

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Buffalo, NY Sutra 181 Vikarin 5121
○	Copper Retreat Star	Gulika 5:53AM – 7:17AM	Uttaraproshtapada Until 9:21PM	Ganesha: Blue <i>Sunrise:</i> 5:53AM	Sun 28
Meena Rasi: 8.58	Tithi 14 – 15	Yama 12:55PM – 2:19PM	Dhruva Until 5:40PM	Muruqa: Purple <i>Sunset:</i> 5:08PM	Moon 9 - Phase 25
Creative Work	613213464	Rahu 8:42AM – 10:06AM	Visti Until 3:11AM Sun	Nataraja: Purple	Purnima
Siddha Yoga			Chaturdashi* Until 2:08PM	Moon – Clear	Sivaloka Day
Until 9:21PM				Ashvina+Puratasi	
Then Routine Work - Prabalarishta Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Buffalo, NY Sutra 182 Vikarin 5121
○	Silver Retreat Star	Gulika 2:18PM – 3:42PM	Revati Until 11:38PM	Ganesha: Yellow <i>Sunrise:</i> 5:54AM	Sun 29
Meena Rasi: 21	Tithi 15 – 16	Yama 11:30AM – 12:54PM	Vyaghata* Until 6:08PM	Muruqa: Purple <i>Sunset:</i> 5:06PM	Moon 9 - Phase 25
Creative Work	614213464	Rahu 3:42PM – 5:06PM	Balava Until 5:02AM Mon	Nataraja: Purple	Prathama
Amrita Yoga			Purnima* Until 4:07PM	Moon – Clear	Subha Sivaloka Day
Until 11:38PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Gulika 12:53PM – 2:17PM
Yama 10:06AM – 11:30AM
Rahu 7:19AM – 8:43AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
 Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 1:57AM Tue
 Harshana Until 6:25PM
 Taitila Until 6:35AM Tue
 Prathama* Until 5:50PM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 5:04PM
Nataraja: Purple
 Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Buffalo, NY
 Sutra 183
 Vikarin 5121
 Moon 10 - Phase 26
 1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.24 Tithi 17

Creative Work Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

Gulika 11:30AM – 12:53PM
Yama 8:43AM – 10:06AM
Rahu 2:16PM – 3:39PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
 Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bharani Until 3:48AM Wed
 Vajra* Until 6:25PM
 Taitila Until 6:35AM
 Dvitiya Until 7:13PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Purple *Sunset:* 5:03PM
Nataraja: Purple
 Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Buffalo, NY
 Sutra 184
 Vikarin 5121
 Moon 10 - Phase 26
 1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 27.48 Tithi 18

Creative Work Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

Gulika 10:06AM – 11:29AM
Yama 7:21AM – 8:44AM
Rahu 11:29AM – 12:52PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
 Kritika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Kritika Until 5:09AM Thu
 Siddhi Until 6:11PM
 Vanija Until 7:49AM
 Tritiya Until 8:17PM

Ganesha: White *Sunrise:* 5:58AM
Muruqa: Purple *Sunset:* 5:01PM
Nataraja: Purple
 Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Buffalo, NY
 Sutra 185
 Vikarin 5121
 Moon 10 - Phase 26
 1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.21 Tithi 19

Routine Work Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

Gulika 8:44AM – 10:07AM
Yama 5:59AM – 7:21AM
Rahu 12:52PM – 2:14PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Rohini Nakshatra Vyatipata*/Variyan* Yoga Bava/Balava Karana Chaturthyam Titau

Rohini Until 6:27AM Fri
 Vyatipata* Until 5:40PM
 Bava Until 8:42AM
 Chaturthi* Until 8:58PM

Ganesha: White *Sunrise:* 5:59AM
Muruqa: Purple *Sunset:* 5:00PM
Nataraja: Purple
 Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Buffalo, NY
 Sutra 186
 Vikarin 5121
 Moon 10 - Phase 26
 1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.05 Tithi 20

Routine Work Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

Gulika 7:22AM – 8:44AM
Yama 2:13PM – 3:36PM
Rahu 10:07AM – 11:29AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Variyan*/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rohini Until 6:27AM
 Variyan Until 4:49PM
 Kaulava Until 9:11AM
 Panchami Until 9:14PM

Ganesha: White *Sunrise:* 6:00AM
Muruqa: Purple *Sunset:* 4:58PM
Nataraja: Purple
 Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Buffalo, NY
 Sutra 187
 Vikarin 5121
 Moon 10 - Phase 26
 1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.02 Tithi 21

Creative Work Siddha Yoga

Gulika 6:01AM – 7:23AM
Yama 12:51PM – 2:13PM
Rahu 8:45AM – 10:07AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Mrigashira Until 7:09AM
 Parigha* Until 3:36PM
 Gara Until 9:13AM
 Shashthi* Until 9:01PM

Ganesha: White *Sunrise:* 6:01AM
Muruqa: Purple *Sunset:* 4:56PM
Nataraja: Purple
 Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Buffalo, NY
 Sutra 188
 Vikarin 5121
 Moon 10 - Phase 26
 1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.14 Tithi 22

Creative Work Siddha Yoga

Gulika 2:12PM – 3:33PM
Yama 11:29AM – 12:50PM
Rahu 3:33PM – 4:55PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Ardra Until 7:12AM
 Shiva Until 1:59PM
 Visti Until 8:44AM
 Saptami Until 8:15PM

Ganesha: White *Sunrise:* 6:02AM
Muruqa: Purple *Sunset:* 4:55PM
Nataraja: Purple
 Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Buffalo, NY
 Sutra 189
 Vikarin 5121
 Moon 10 - Phase 26
 1st Phase

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 2.44 Tithi 23

Family Home Evening

Creative Work Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Gulika 12:50PM – 2:11PM
Yama 10:07AM – 11:28AM
Rahu 7:25AM – 8:46AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Punarvasu Until 7:01AM
 Siddha Until 11:54AM
 Balava Until 7:41AM
 Ashtami* Until 6:56PM

Ganesha: Clear *Sunrise:* 6:03AM
Muruqa: Purple *Sunset:* 4:53PM
Nataraja: Purple
 Moon – Blue Subha Sivaloka Day
Ashvina+Aipasi

Buffalo, NY
 Sutra 190
 Vikarin 5121
 Moon 10 - Phase 26
 Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35 Tithi 24 – 25

Creative Work Siddha Yoga

Gulika 11:28AM – 12:49PM
Yama 8:46AM – 10:07AM
Rahu 2:10PM – 3:31PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Pushya Until 6:07AM
 Sadhya Until 9:21AM
 Taitila Until 6:04AM
 Navami* Until 5:02PM

Ganesha: Clear *Sunrise:* 6:05AM
Muruqa: Purple *Sunset:* 4:52PM
Nataraja: Purple
 Moon – Blue Subha Sivaloka Day
Ashvina+Aipasi

Buffalo, NY
 Sutra 191
 Vikarin 5121
 Moon 10 - Phase 26
 Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Buffalo, NY Sutra 192 Vikarin 5121
Simha Rasi: 0.47	Tithi 25 – 26	Gulika 10:08AM – 11:28AM	Magha* Until 2:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:06AM	Sun 9
		Yama 7:26AM – 8:47AM	Subha Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 27
	654313464	Rahu 11:28AM – 12:49PM	Bava Until 1:16AM Thu	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:38PM	Moon – Red		Sivaloka Day
				Ashvina-Aipasi		

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Buffalo, NY Sutra 193 Vikarin 5121
Simha Rasi: 15.19	Tithi 26 – 27	Gulika 8:48AM – 10:08AM	Purvaphalguni Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:07AM	Sun 10
		Yama 6:07AM – 7:27AM	Brahma Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 27
	654313464	Rahu 12:48PM – 2:08PM	Kaulava Until 10:15PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:47AM	Moon – Red		Sivaloka Day
				Ashvina-Aipasi		

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Buffalo, NY Sutra 194 Vikarin 5121
Kanya Rasi: 0.05	Tithi 27 – 28	Gulika 7:28AM – 8:48AM	Uttaraphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	Sun 11
		Yama 2:08PM – 3:28PM	Indra Until 7:31PM	Muruqa: Purple	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 27
	655313464	Rahu 10:08AM – 11:28AM	Gara Until 6:59PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day
Until 9:48PM				Ashvina-Aipasi		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Buffalo, NY Sutra 195 Vikarin 5121
Kanya Rasi: 15.01	Tithi 29	Gulika 6:09AM – 7:29AM	Hasta Until 7:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:09AM	Sun 12
		Yama 12:47PM – 2:07PM	Vaidhriti* Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 27
	665313464	Rahu 8:49AM – 10:08AM	Visti Until 3:37PM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:55AM Sun	Moon – Green		Subha Sivaloka Day
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi		

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Buffalo, NY Sutra 196 Vikarin 5121
Kanya Rasi: 29.58	Tithi 30	Gulika 2:06PM – 3:25PM	Chitra Until 4:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:11AM	Sun 13
		Yama 11:28AM – 12:47PM	Vishkambha* Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 27
	665313464	Rahu 3:25PM – 4:45PM	Catuspada Until 12:18PM	Nataraja: Purple		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:42PM	Moon – Green		Subha Sivaloka Day
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Buffalo, NY Sutra 197 Vikarin 5121
Tula Rasi: 14.47	Tithi 1	Gulika 12:47PM – 2:05PM	Svati Until 2:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:12AM	Sun 14
Family Home Evening		Yama 10:09AM – 11:28AM	Priti Until 7:57AM	Muruqa: Purple	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 27
Creative Work	Amrita Yoga	Rahu 7:31AM – 8:50AM	Kintughna Until 9:12AM	Nataraja: Purple		Prathama
Until 2:24PM			Prathama* Until 7:47PM	Moon – Green		Subha Sivaloka Day
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau		Buffalo, NY Sutra 198 Vikarin 5121
Tula Rasi: 29.19	Tithi 2 – 3	Gulika 11:28AM – 12:46PM	Vishakha Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Sun 15
		Yama 8:50AM – 10:09AM	Saubhagya Until 1:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 28
		Rahu 2:05PM – 3:23PM	Balava Until 6:31AM	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 5:21PM	Moon – Orange		Subha Sivaloka Day
Until 12:42PM				Kartika•Aipasi		
Then Creative Work - Siddha Yoga						

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Buffalo, NY Sutra 199 Vikarin 5121
Virshika Rasi: 13.29	Tithi 3 – 4	Gulika 10:09AM – 11:27AM	Anuradha Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Sun 16
		Yama 7:33AM – 8:51AM	Sobhana Until 11:11PM	Muruqa: Purple	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 28
		Rahu 11:27AM – 12:46PM	Vanija Until 2:57AM Thu	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 3:33PM	Moon – Orange		Subha Sivaloka Day
				Kartika•Aipasi		

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Buffalo, NY Sutra 200 Vikarin 5121
Virshika Rasi: 27.11	Tithi 4 – 5	Gulika 8:52AM – 10:09AM	Jyeshtha* Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Sun 17
		Yama 6:16AM – 7:34AM	Athiganda* Until 9:24PM	Muruqa: Purple	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 28
		Rahu 12:45PM – 2:03PM	Bava Until 2:21AM Fri	Nataraja: Purple		3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 2:31PM	Moon – Orange		Subha Sivaloka Day
Until 10:51AM				Kartika•Aipasi		
Then Creative Work - Siddha Yoga						

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Buffalo, NY Sutra 201 Vikarin 5121
Dhanus Rasi: 10.26	Tithi 5 – 6	Gulika 7:34AM – 8:52AM	Mula* Until 11:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	Sun 18
		Yama 2:03PM – 3:20PM	Sukarma Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 4:38PM	Moon 10 - Phase 28
		Rahu 10:10AM – 11:27AM	Kaulava Until 2:37AM Sat	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 2:21PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 11:20AM		Skanda Shasthi		Kartika•Aipasi		
Then Routine Work - Prabalarishta Yoga						

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Buffalo, NY Sutra 202 Vikarin 5121
Dhanus Rasi: 23.15	Tithi 6 – 7	Gulika 6:18AM – 7:35AM	Purvashadha* Until 12:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	Sun 19
		Yama 12:45PM – 2:02PM	Dhriti Until 7:53PM	Muruqa: Purple	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 28
		Rahu 8:53AM – 10:10AM	Gara Until 3:42AM Sun	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:02PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 12:31PM				Kartika•Aipasi		
Then Routine Work - Marana Yoga						

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Buffalo, NY Sutra 203 Vikarin 5121
Makara Rasi: 5.41	Tithi 7 – 8	Gulika 2:01PM – 3:18PM	Uttarashadha Until 2:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	Sun 20
		Yama 11:27AM – 12:44PM	Shula* Until 7:59PM	Muruqa: Purple	<i>Sunset:</i> 4:35PM	Moon 10 - Phase 28
		Rahu 3:18PM – 4:35PM	Visti* Until 5:29AM Mon	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 4:30PM	Moon – Light Blue		Subha Subha Sivaloka Day
				Kartika•Aipasi		

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau		Buffalo, NY Sutra 204 Vikarin 5121
Makara Rasi: 17.5	Tithi 8	Gulika 12:44PM – 2:01PM	Shravana Until 4:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Sun 21
Family Home Evening		Yama 10:11AM – 11:27AM	Ganda* Until 8:32PM	Muruqa: Purple	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 28
Creative Work	Amrita Yoga	Rahu 7:37AM – 8:54AM	Bava Until 6:33PM	Nataraja: Purple		Ashtami
Until 4:57PM			Ashtami* Until 6:33PM	Moon – Purple		Sivaloka Day
Then Creative Work - Siddha Yoga				Kartika•Aipasi		

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Buffalo, NY Sutra 205 Vikarin 5121
Makara Rasi: 29.49	Tithi 9	Gulika 11:27AM – 12:44PM	Dhanishtha Until 7:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	Sun 22
		Yama 8:55AM – 10:11AM	Vriddhi Until 9:21PM	Muruqa: Purple	<i>Sunset:</i> 4:33PM	Moon 10 - Phase 28
		Rahu 2:00PM – 3:17PM	Balava Until 7:45AM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Navami* Until 8:58PM	Moon – Purple		Sivaloka Day
Until 7:49PM				Kartika•Aipasi		
Then Routine Work - Marana Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Buffalo, NY Sutra 206 Vikarin 5121
	Kumbha Rasi: 11.41	Tithi 10	Gulika 10:11AM – 11:27AM Yama 7:39AM – 8:55AM 696313464 Rahu 11:27AM – 12:44PM	Shatabhishak Until 10:39PM Dhruva Until 10:14PM Taitila Until 10:16AM Dashami Until 11:31PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 6:23AM Sunset: 4:32PM	Sun 23 Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga Until 10:39PM Then Creative Work - Amrita Yoga			Sivaloka Day Kartika-Aipasi				


2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Buffalo, NY Sutra 207 Vikarin 5121
	Kumbha Rasi: 23.32	Tithi 11	Gulika 8:56AM – 10:12AM Yama 6:24AM – 7:40AM 716313464 Rahu 12:43PM – 1:59PM	Purvaproshtapada* Until 1:44AM Fri Vyaghata* Until 11:04PM Vanija Until 12:47PM Ekadashi Until 1:58AM Fri	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:24AM Sunset: 4:31PM	Sun 24 Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga			Subha Sivaloka Day Kartika-Aipasi				

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Buffalo, NY Sutra 208 Vikarin 5121
	Meena Rasi: 5.26	Tithi 12	Gulika 7:41AM – 8:57AM Yama 1:59PM – 3:14PM 716313464 Rahu 10:12AM – 11:28AM	Uttaraproshtapada Until 4:25AM Sat Harshana Until 11:44PM Bava Until 3:08PM Dvadashi Until 4:11AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:26AM Sunset: 4:30PM	Sun 25 Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga Until 4:25AM Sat Then Routine Work - Prabalarishta Yoga			Subha Sivaloka Day Kartika-Aipasi				

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Buffalo, NY Sutra 209 Vikarin 5121
	Meena Rasi: 17.27	Tithi 13	Gulika 6:27AM – 7:42AM Yama 12:43PM – 1:58PM 716313464 Rahu 8:57AM – 10:12AM	Revati Until 6:37AM Sun Vajra* Until 12:08AM Sun Kaulava Until 5:12PM Trayodashi Until 6:03AM Sun <i>Pradosha Vrata</i>	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:27AM Sunset: 4:29PM	Sun 26 Moon 10 - Phase 29 4th Phase
Routine Work Prabalarishta Yoga Until 6:37AM Sun Then Creative Work - Siddha Yoga			Subha Sivaloka Day Kartika-Aipasi				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY Sutra 210 Vikarin 5121
	Meena Rasi: 29.35	Tithi 13 – 14	Gulika 1:58PM – 3:13PM Yama 11:28AM – 12:43PM 716313464 Rahu 3:13PM – 4:28PM	Revati Until 6:37AM Siddhi Until 12:15AM Mon Gara Until 6:52PM Trayodashi Until 6:03AM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:28AM Sunset: 4:28PM	Sun 27 Moon 10 - Phase 29 4th Phase
Creative Work Amrita Yoga Until 6:37AM Then Creative Work - Siddha Yoga			Subha Sivaloka Day Kartika-Aipasi				

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Buffalo, NY Sutra 211 Vikarin 5121
	Mesha Rasi: 11.54	Tithi 14 – 15	Gulika 12:43PM – 1:57PM Yama 10:13AM – 11:28AM 727413464 Rahu 7:44AM – 8:59AM	Ashvini Until 8:45AM Vyatipata* Until 12:03AM Tue Visti Until 8:07PM Chaturdashi* Until 7:32AM	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – White	Sunrise: 6:29AM Sunset: 4:27PM	Sun 28 Moon 10 - Phase 29 Purnima
Family Home Evening Creative Work Siddha Yoga			Sivaloka Day Kartika-Aipasi				

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Buffalo, NY Sutra 212 Vikarin 5121
	Mesha Rasi: 24.23	Tithi 15 – 16	Gulika 11:28AM – 12:42PM Yama 8:59AM – 10:14AM 727413464 Rahu 1:57PM – 3:11PM	Bharani Until 10:19AM Variyan Until 11:30PM Balava Until 8:57PM Purnima* Until 8:34AM	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – White	Sunrise: 6:31AM Sunset: 4:26PM	Sun 29 Moon 10 - Phase 29 Prathama
Creative Work Siddha Yoga			Sivaloka Day Kartika-Aipasi				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Buffalo, NY

Sutra 213

Vikarin 5121

Vrishabha Rasi: 7.04 Tithi 16 - 17

727413464

Gulika 10:14AM - 11:28AM
Yama 7:46AM - 9:00AM
Rahu 11:28AM - 12:42PM

Krittika Until 11:19AM

Parigha* Until 10:39PM

Taitila Until 9:22PM

Prathama* Until 9:11AM

Ganesha: White Sunrise: 6:32AM

Muruga: Purple Sunset: 4:25PM

Nataraja: Purple

Moon - White

Karttika-Aipasi

Sivaloka Day

Moon 11 - Phase 30

1st Phase

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Trityayam Titau

Buffalo, NY

Sutra 214

Vikarin 5121

Vrishabha Rasi: 19.56 Tithi 17 - 18

737413464

Gulika 9:01AM - 10:14AM
Yama 6:33AM - 7:47AM
Rahu 12:42PM - 1:56PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear Sunrise: 6:33AM

Muruga: Purple Sunset: 4:24PM

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Buffalo, NY

Sutra 215

Vikarin 5121

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Gulika 7:48AM - 9:01AM
Yama 1:56PM - 3:09PM
Rahu 10:15AM - 11:28AM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear Sunrise: 6:34AM

Muruga: Purple Sunset: 4:23PM

Nataraja: Purple

Moon - Yellow

Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY

Sutra 216

Vikarin 5121

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Gulika 6:35AM - 7:49AM
Yama 12:42PM - 1:55PM
Rahu 9:02AM - 10:15AM

Ardra Until 12:32PM

Sadya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi* Until 8:42AM

Ganesha: Clear Sunrise: 6:35AM

Muruga: Purple Sunset: 4:22PM

Nataraja: Purple

Moon - Yellow

Karttika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Buffalo, NY

Sutra 217

Vikarin 5121

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Gulika 1:55PM - 3:08PM
Yama 11:29AM - 12:42PM
Rahu 3:08PM - 4:21PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear Sunrise: 6:37AM

Muruga: Purple Sunset: 4:21PM

Nataraja: Clear

Moon - Blue

Karttika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Buffalo, NY

Sutra 218

Vikarin 5121

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Gulika 12:42PM - 1:55PM
Yama 10:16AM - 11:29AM
Rahu 7:51AM - 9:03AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi* Until 6:37AM

Ganesha: Clear Sunrise: 6:38AM

Muruga: Purple Sunset: 4:20PM

Nataraja: Clear

Moon - Blue

Karttika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY

Sutra 219

Vikarin 5121

Kataka Rasi: 27.11 Tithi 23

748413465

Gulika 11:29AM - 12:42PM
Yama 9:04AM - 10:17AM
Rahu 1:54PM - 3:07PM

Ashlesha* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami* Until 3:10AM Wed

Ganesha: Clear Sunrise: 6:39AM

Muruga: Purple Sunset: 4:19PM

Nataraja: Clear

Moon - Blue

Karttika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY

Sutra 220

Vikarin 5121

Simha Rasi: 11.14 Tithi 24

758413465

Gulika 10:17AM - 11:30AM
Yama 7:53AM - 9:05AM
Rahu 11:30AM - 12:42PM

Magha* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami* Until 12:59AM Thu

Ganesha: White Sunrise: 6:40AM

Muruga: Purple Sunset: 4:19PM

Nataraja: Clear

Moon - Red

Karttika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		Buffalo, NY
Simha Rasi: 25.28	Tithi 25	Gulika 9:06AM – 10:18AM	Purvaphalguni Until 7:59AM	Ganesha: White	<i>Sunrise:</i> 6:42AM	Sun 8 Sutra 221
		Yama 6:42AM – 7:54AM	Vishkambha* Until 2:29AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:18PM	Vikarin 5121 Moon 11 - Phase 31
Creative Work	Siddha Yoga	758413465 Rahu 12:42PM – 1:54PM	Vanija Until 11:49AM	Nataraja: Clear		2nd Phase
			Dashami Until 10:33PM	Moon – Red		Subha Sivaloka Day
				Karttika-Karttikai		

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Buffalo, NY
Kanya Rasi: 9.52	Tithi 26	Gulika 7:55AM – 9:06AM	Uttaraphalguni Until 6:03AM	Ganesha: White	<i>Sunrise:</i> 6:43AM	Sun 9 Sutra 222
		Yama 1:54PM – 3:06PM	Priti Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 4:17PM	Vikarin 5121 Moon 11 - Phase 31
Creative Work	Siddha Yoga	758413465 Rahu 10:18AM – 11:30AM	Bava Until 9:17AM	Nataraja: Clear		2nd Phase
Until 6:03AM			Ekadashi* Until 7:57PM	Moon – Red		Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Karttika-Karttikai		

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Buffalo, NY
Kanya Rasi: 24.22	Tithi 27 – 28	Gulika 6:44AM – 7:56AM	Chitra Until 2:20AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:44AM	Sun 10 Sutra 223
		Yama 12:42PM – 1:54PM	Ayushman Until 7:45PM	Muruqa: Purple	<i>Sunset:</i> 4:17PM	Vikarin 5121 Moon 11 - Phase 31
Routine Work	Marana Yoga	768413465 Rahu 9:07AM – 10:19AM	Kaulava Until 6:39AM	Nataraja: Clear		2nd Phase
Until 2:20AM Sun			Dvadashi* Until 5:17PM	Moon – Green		Sivaloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai		
			<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Buffalo, NY
Tula Rasi: 8.52	Tithi 28 – 29	Gulika 1:53PM – 3:05PM	Svati Until 12:21AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:45AM	Sun 11 Sutra 224
		Yama 11:31AM – 12:42PM	Saubhagya Until 4:25PM	Muruqa: Purple	<i>Sunset:</i> 4:16PM	Vikarin 5121 Moon 11 - Phase 31
Creative Work	Siddha Yoga	769413465 Rahu 3:05PM – 4:16PM	Visti Until 1:26AM Mon	Nataraja: Clear		2nd Phase
Until 12:21AM Mon			Trayodashi* Until 2:40PM	Moon – Green		Devaloka Day
Then Routine Work - Marana Yoga				Karttika-Karttikai		

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Buffalo, NY
Tula Rasi: 23.17	Tithi 29 – 30	Gulika 12:42PM – 1:53PM	Vishakha Until 10:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:46AM	Sun 12 Sutra 225
Family Home Evening		Yama 10:20AM – 11:31AM	Sobhana Until 1:15PM	Muruqa: Purple	<i>Sunset:</i> 4:16PM	Vikarin 5121 Moon 11 - Phase 31
Routine Work	Marana Yoga	779413465 Rahu 7:57AM – 9:09AM	Catuspada Until 11:09PM	Nataraja: Clear		Amavasya
Until 10:54PM			Chaturdashi* Until 12:14PM	Moon – Orange		Devaloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai		

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Buffalo, NY
Vrischika Rasi: 7.3	Tithi 30 – 1	Gulika 11:31AM – 12:42PM	Anuradha Until 9:42PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	Sun 13 Sutra 226
		Yama 9:09AM – 10:20AM	Athiganda* Until 10:20AM	Muruqa: Purple	<i>Sunset:</i> 4:15PM	Vikarin 5121 Moon 11 - Phase 31
Creative Work	Siddha Yoga	779413465 Rahu 1:53PM – 3:04PM	Kintughna Until 9:16PM	Nataraja: Clear		Prathama
Until 9:42PM			Amavasya* Until 10:08AM	Moon – Orange		Devaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai		

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Buffalo, NY Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	Gulika 10:21AM – 11:32AM	Jyeshtha* Until 8:53PM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM	
		Yama 7:59AM – 9:10AM	Sukarma Until 7:49AM	Muruqa: Purple	<i>Sunset:</i> 4:15PM	Moon 11 - Phase 32
		779413465 Rahu 11:32AM – 12:42PM	Balava Until 7:55PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 8:30AM	Moon – Orange		Devaloka Day
Until 8:53PM				Margasira-Karttikai		
Then Routine Work - Marana Yoga						

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Buffalo, NY Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	Gulika 9:11AM – 10:21AM	Mula* Until 9:02PM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	
		Yama 6:50AM – 8:00AM	Shula* Until 4:16AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:14PM	Moon 11 - Phase 32
		789413465 Rahu 12:42PM – 1:53PM	Taitila Until 7:15PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:29AM	Moon – Light Blue		Devaloka Day
				Margasira-Karttikai		

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau		Buffalo, NY Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	Gulika 8:01AM – 9:11AM	Purvashadha* Until 9:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	
		Yama 1:53PM – 3:03PM	Ganda* Until 3:21AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:14PM	Moon 11 - Phase 32
		789413465 Rahu 10:22AM – 11:32AM	Vanija Until 7:19PM	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 7:10AM	Moon – Light Blue		Devaloka Day
Until 9:45PM				Margasira-Karttikai		
Then Routine Work - Marana Yoga						

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Buffalo, NY Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	Gulika 6:52AM – 8:02AM	Uttarashadha Until 11:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	
		Yama 12:43PM – 1:53PM	Vriddhi Until 3:01AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:13PM	Moon 11 - Phase 32
		789413465 Rahu 9:12AM – 10:22AM	Bava Until 8:08PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 7:37AM	Moon – Light Blue		Devaloka Day
Until 11:01PM				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Buffalo, NY Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	Gulika 1:53PM – 3:03PM	Shravana Until 1:16AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	
		Yama 11:33AM – 12:43PM	Dhruva Until 3:09AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:13PM	Moon 11 - Phase 32
		799413465 Rahu 3:03PM – 4:13PM	Kaulava Until 9:39PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:47AM	Moon – Purple		Sivaloka Day
Until 1:16AM Mon				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Buffalo, NY Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	Gulika 12:43PM – 1:53PM	Dhanishtha Until 3:51AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	
Family Home Evening		Yama 10:24AM – 11:33AM	Vyaghata* Until 3:41AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:13PM	Moon 11 - Phase 32
Creative Work	Siddha Yoga	791413465 Rahu 8:04AM – 9:14AM	Gara Until 11:42PM	Nataraja: Clear		3rd Phase
Until 3:51AM Tue			Shashthi* Until 10:35AM	Moon – Purple		Sivaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai		

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Buffalo, NY Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	Gulika 11:34AM – 12:43PM	Shatabhishak Until 6:33AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:55AM	
		Yama 9:14AM – 10:24AM	Harshana Until 4:27AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:13PM	Moon 11 - Phase 32
		791413465 Rahu 1:53PM – 3:03PM	Visti Until 2:05AM Wed	Nataraja: Clear		Ashtami
Routine Work	Marana Yoga		Saptami Until 12:51PM	Moon – Purple		Sivaloka Day
Until 6:33AM Wed				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Buffalo, NY Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	Gulika 10:25AM – 11:34AM	Shatabhishak Until 6:33AM	Ganesha: Clear	<i>Sunrise:</i> 6:56AM	
		Yama 8:06AM – 9:15AM	Vajra* Until 5:15AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:12PM	Moon 11 - Phase 32
		791413465 Rahu 11:34AM – 12:44PM	Balava Until 4:36AM Thu	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 3:19PM	Moon – Purple		Sivaloka Day
Until 6:33AM				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Buffalo, NY
Meena Rasi: 1.31	Tithi 9 – 10	711413465	Gulika 9:16AM – 10:25AM Yama 6:57AM – 8:06AM Rahu 12:44PM – 1:53PM	Purvaproshtapada* Until 9:39AM Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri Navami* Until 5:48PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 6:57AM Sunset: 4:12PM	Sun 22	Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
								Margasira-Karttikai

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Buffalo, NY
Meena Rasi: 13.26	Tithi 10	711413465	Gulika 8:07AM – 9:17AM Yama 1:54PM – 3:03PM Rahu 10:26AM – 11:35AM	Uttaraproshtapada Until 12:27PM Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM Dashami Until 8:05PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 6:58AM Sunset: 4:12PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
								Margasira-Karttikai

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Buffalo, NY
Meena Rasi: 25.28	Tithi 11	711513465	Gulika 6:59AM – 8:08AM Yama 12:45PM – 1:54PM Rahu 9:17AM – 10:26AM	Revati Until 2:46PM Vyatipata* Until 6:31AM Vanija Until 9:07AM Ekadashi Until 9:59PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 6:59AM Sunset: 4:12PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga							Subha Sivaloka Day
Until 2:46PM								Margasira-Karttikai
Then Creative Work - Siddha Yoga								

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Buffalo, NY
Mesha Rasi: 7.4	Tithi 12	721513465	Gulika 1:54PM – 3:03PM Yama 11:36AM – 12:45PM Rahu 3:03PM – 4:12PM	Ashvini Until 4:59PM Variyan Until 6:43AM Bava Until 10:47AM Dvadashi Until 11:24PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:00AM Sunset: 4:12PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 4:59PM								Margasira-Karttikai
Then Routine Work - Prabalarishta Yoga								

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Buffalo, NY
Mesha Rasi: 20.05	Tithi 13	721513465	Gulika 12:45PM – 1:54PM Yama 10:27AM – 11:36AM Rahu 8:10AM – 9:19AM	Bharani Until 6:30PM Parigha* Until 6:31AM Kaulava Until 11:55AM Trayodashi Until 12:15AM Tue <i>Pradosha Vrata</i>	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:01AM Sunset: 4:12PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening								Sivaloka Day
Creative Work	Siddha Yoga							Margasira-Karttikai
Until 6:30PM								
Then Routine Work - Marana Yoga								

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Buffalo, NY
Vrishabha Rasi: 2.46	Tithi 14	721513465	Gulika 11:37AM – 12:46PM Yama 9:19AM – 10:28AM Rahu 1:54PM – 3:03PM	Krittika Until 7:18PM Siddha Until 4:49AM Wed Gara Until 12:29PM Chaturdashi* Until 12:31AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:02AM Sunset: 4:12PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 7:18PM								Tour Day
Then Creative Work - Amrita Yoga								

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Buffalo, NY
Copper Retreat Star			Gulika 10:29AM – 11:37AM Yama 8:11AM – 9:20AM Rahu 11:37AM – 12:46PM	Rohini Until 7:52PM Sadhya Until 3:20AM Thu Visti Until 12:28PM Purnima* Until 12:14AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:03AM Sunset: 4:12PM		Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 15.43	Tithi 15	731523465						Sivaloka Day
Creative Work	Siddha Yoga							Margasira-Karttikai

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Buffalo, NY		
Silver Retreat Star			Gulika 9:21AM – 10:29AM Yama 7:03AM – 8:12AM Rahu 12:46PM – 1:55PM	Mrigashira Until 7:48PM Subha Until 1:28AM Fri Balava Until 11:55AM Prathama* Until 11:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:03AM Sunset: 4:12PM		Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Vrishabha Rasi: 28.56	Tithi 16	732523465						Devaloka Day
Routine Work	Marana Yoga							Margasira-Karttikai
								Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Buffalo, NY

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika 8:13AM – 9:21AM
Yama 1:55PM – 3:04PM
Rahu 10:30AM – 11:38AM

Ardra Until 7:09PM
Sukla Until 11:15PM
Taitila Until 10:56AM
Dvitiya Until 10:16PM

Ganesha: Clear *Sunrise: 7:04AM*
Muruqa: Clear *Sunset: 4:12PM*
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Buffalo, NY

Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika 7:05AM – 8:13AM
Yama 12:47PM – 1:56PM
Rahu 9:22AM – 10:30AM

Punarvasu Until 6:29PM
Brahma Until 8:49PM
Vanija Until 9:34AM
Tritiya Until 8:45PM

Ganesha: Purple *Sunrise: 7:05AM*
Muruqa: Clear *Sunset: 4:13PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Sun 1
Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Buffalo, NY

Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika 1:56PM – 3:04PM
Yama 11:39AM – 12:48PM
Rahu 3:04PM – 4:13PM

Pushya Until 5:25PM
Indra Until 6:11PM
Bava Until 7:55AM
Chaturthi* Until 7:00PM

Ganesha: Purple *Sunrise: 7:06AM*
Muruqa: Clear *Sunset: 4:13PM*
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Sun 2
Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Buffalo, NY

Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

Gulika 12:48PM – 1:56PM
Yama 10:31AM – 11:40AM
Rahu 8:15AM – 9:23AM

Ashlesha* Until 4:02PM
Vaidhrili* Until 3:24PM
Kaulava Until 6:04AM
Panchami Until 5:04PM

Ganesha: Clear *Sunrise: 7:06AM*
Muruqa: Clear *Sunset: 4:13PM*
Nataraja: Clear
Moon – Blue
Margasira-Markali

Sun 3
Moon 12 - Phase 34
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 4:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Buffalo, NY

Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

Gulika 11:40AM – 12:48PM
Yama 9:24AM – 10:32AM
Rahu 1:57PM – 3:05PM

Magha* Until 2:50PM
Vishkambha* Until 12:33PM
Visti Until 2:02AM Wed
Shashthi* Until 3:03PM

Ganesha: Purple *Sunrise: 7:07AM*
Muruqa: Clear *Sunset: 4:13PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Sun 4
Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Buffalo, NY

Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

Gulika 10:32AM – 11:41AM
Yama 8:16AM – 9:24AM
Rahu 11:41AM – 12:49PM

Purvaphalguni Until 1:27PM
Priti Until 9:40AM
Balava Until 11:57PM
Saptami Until 12:59PM

Ganesha: Purple *Sunrise: 7:08AM*
Muruqa: Clear *Sunset: 4:14PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Sun 5
Moon 12 - Phase 34
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Buffalo, NY

Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

Gulika 9:25AM – 10:33AM
Yama 7:08AM – 8:17AM
Rahu 12:49PM – 1:58PM

Uttaraphalguni Until 11:55AM
Ayushman Until 6:44AM
Taitila Until 9:53PM
Ashtami* Until 10:54AM

Ganesha: Purple *Sunrise: 7:08AM*
Muruqa: Clear *Sunset: 4:14PM*
Nataraja: Clear
Moon – Red
Margasira-Markali

Sun 6
Moon 12 - Phase 34
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 11:55AM
Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Buffalo, NY Sun 7 Sutra 250 Vikarin 5121
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	Gulika 8:17AM – 9:25AM Yama 1:58PM – 3:06PM Rahu 10:33AM – 11:42AM	Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	Ganesha: Clear <i>Sunrise: 7:09AM</i> Muruqa: Clear <i>Sunset: 4:15PM</i> Nataraja: Clear Moon – Green Devaloka Day Margasira*Markali
Creative Work	Amrita Yoga				
Until 10:41AM					
Then Creative Work - Siddha Yoga					
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	Buffalo, NY Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 4.41	Tithi 25 – 26	862523465	Gulika 7:09AM – 8:18AM Yama 12:50PM – 1:59PM Rahu 9:26AM – 10:34AM	Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	Ganesha: Clear <i>Sunrise: 7:09AM</i> Muruqa: Clear <i>Sunset: 4:15PM</i> Nataraja: Clear Moon – Green Devaloka Day Margasira*Markali
Routine Work	Marana Yoga				
Until 9:22AM					
Then Creative Work - Siddha Yoga					
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau	Buffalo, NY Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 18.43	Tithi 27	862523465	Gulika 1:59PM – 3:07PM Yama 11:43AM – 12:51PM Rahu 3:07PM – 4:16PM	Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	Ganesha: Clear <i>Sunrise: 7:10AM</i> Muruqa: Clear <i>Sunset: 4:16PM</i> Nataraja: Clear Moon – Green Devaloka Day Margasira*Markali
Creative Work	Siddha Yoga				
Until 8:03AM					
Then Routine Work - Marana Yoga					
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau	Buffalo, NY Sun 10 Sutra 253 Vikarin 5121
Vrischika Rasi: 2.37	Tithi 28	872523465	Gulika 12:51PM – 2:00PM Yama 10:35AM – 11:43AM Rahu 8:19AM – 9:27AM	Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	Ganesha: White <i>Sunrise: 7:10AM</i> Muruqa: Clear <i>Sunset: 4:16PM</i> Nataraja: Clear Moon – Orange Bhuloka Day Margasira*Markali Devaloka Time: 3:PM to 6:PM
Family Home Evening	Marana Yoga				
Until 7:13AM					
Then Creative Work - Siddha Yoga					
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Buffalo, NY Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 16.22	Tithi 29	872523465	Gulika 11:44AM – 12:52PM Yama 9:27AM – 10:35AM Rahu 2:00PM – 3:08PM	Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	Ganesha: White <i>Sunrise: 7:11AM</i> Muruqa: Clear <i>Sunset: 4:17PM</i> Nataraja: Clear Moon – Orange Bhuloka Day Margasira*Markali Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga				
Until 6:31AM					
Then Routine Work - Marana Yoga					
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Buffalo, NY Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 29.53	Tithi 30	873523465	Gulika 10:36AM – 11:44AM Yama 8:19AM – 9:28AM Rahu 11:44AM – 12:52PM	Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	Ganesha: Clear <i>Sunrise: 7:11AM</i> Muruqa: Clear <i>Sunset: 4:17PM</i> Nataraja: Clear Moon – Orange Devaloka Day Margasira*Markali
Creative Work	Siddha Yoga				
Until 6:02AM					
Then Routine Work - Marana Yoga					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau	Buffalo, NY Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 13.09	Tithi 1	883523466	Gulika 9:28AM – 10:36AM Yama 7:12AM – 8:20AM Rahu 12:53PM – 2:01PM	Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	Ganesha: Orange <i>Sunrise: 7:12AM</i> Muruqa: Clear <i>Sunset: 4:18PM</i> Nataraja: Orange Moon – Light Blue Devaloka Day Pausha*Markali
Creative Work	Siddha Yoga				
			Annular Solar Eclipse		

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Buffalo, NY
Dhanus Rasi: 26.08	Tithi 2	883523466	Gulika 8:20AM – 9:29AM Yama 2:02PM – 3:10PM Rahu 10:37AM – 11:45AM	Purvashadha* Until 6:59AM Dhruva Until 10:31AM Balava Until 12:22PM Dvitiya Until 12:42AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sunrise: 7:12AM Sunset: 4:19PM	Sun 14	Sutra 257 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Routine Work Prabalarishta Yoga Until 6:59AM Then Routine Work - Marana Yoga								Devaloka Day

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Buffalo, NY
Makara Rasi: 8.49	Tithi 3	883523466	Gulika 7:12AM – 8:21AM Yama 12:54PM – 2:03PM Rahu 9:29AM – 10:37AM	Uttarashadha Until 8:04AM Vyaghata* Until 9:56AM Taitila Until 1:12PM Tritiya Until 1:49AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sunrise: 7:12AM Sunset: 4:19PM	Sun 15	Sutra 258 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga Until 8:04AM Then Creative Work - Siddha Yoga								Devaloka Day

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Buffalo, NY
Makara Rasi: 21.16	Tithi 4	893523466	Gulika 2:03PM – 3:12PM Yama 11:46AM – 12:55PM Rahu 3:12PM – 4:20PM	Shravana Until 10:02AM Harshana Until 9:48AM Vanija Until 2:37PM Chaturthi* Until 3:29AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:12AM Sunset: 4:20PM	Sun 16	Sutra 259 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Creative Work Amrita Yoga Until 10:02AM Then Routine Work - Marana Yoga								Devaloka Day

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Buffalo, NY
Kumbha Rasi: 3.28	Tithi 5	893523466	Gulika 12:55PM – 2:04PM Yama 10:38AM – 11:47AM Rahu 8:21AM – 9:30AM	Dhanishtha Until 12:20PM Vajra* Until 10:03AM Bava Until 4:31PM Panchami Until 5:36AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:13AM Sunset: 4:21PM	Sun 17	Sutra 260 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Family Home Evening Creative Work Siddha Yoga								Devaloka Day

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthyam Titau				Buffalo, NY
Kumbha Rasi: 15.3	Tithi 6	893523466	Gulika 11:47AM – 12:56PM Yama 9:30AM – 10:39AM Rahu 2:04PM – 3:13PM	Shatabhishak Until 2:50PM Siddhi Until 10:36AM Kaulava Until 6:48PM Shashthi* Until 8:01AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:13AM Sunset: 4:22PM	Sun 18	Sutra 261 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga								Devaloka Day

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Buffalo, NY
Kumbha Rasi: 27.26	Tithi 6 – 7	813623466	Gulika 10:39AM – 11:48AM Yama 8:22AM – 9:31AM Rahu 11:48AM – 12:57PM	Purvaproshtapada* Until 5:54PM Vyatipata* Until 11:21AM Gara Until 9:17PM Shashthi* Until 8:01AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:13AM Sunset: 4:23PM	Sun 19	Sutra 262 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Creative Work Amrita Yoga Until 5:54PM Then Creative Work - Siddha Yoga				Vinayaga Viratam Ends				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Buffalo, NY
Meena Rasi: 9.19	Tithi 7 – 8	813623466	Gulika 9:31AM – 10:40AM Yama 7:13AM – 8:22AM Rahu 12:58PM – 2:06PM	Uttaraproshtapada Until 8:48PM Variyan Until 12:08PM Visti Until 11:46PM Saptami Until 10:31AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:13AM Sunset: 4:24PM	Sun 20	Sutra 263 Vikarin 5121 Moon 12 - Phase 36 Ashtami
Creative Work Siddha Yoga								Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Buffalo, NY
Meena Rasi: 21.13	Tithi 8 – 9	813623466	Gulika 8:22AM – 9:31AM Yama 2:07PM – 3:16PM Rahu 10:40AM – 11:49AM	Revati Until 11:23PM Parigha* Until 12:51PM Balava Until 2:02AM Sat Ashtami* Until 12:55PM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:13AM Sunset: 4:25PM	Sun 21	Sutra 264 Vikarin 5121 Moon 12 - Phase 36 Navami
Creative Work Siddha Yoga Until 11:23PM Then Creative Work - Amrita Yoga								Bhuloka Day Devaloka Time: 3:PM to 6:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Buffalo, NY Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	823623466	Gulika 7:13AM – 8:22AM Yama 12:59PM – 2:08PM Rahu 9:31AM – 10:40AM	Ashvini Until 1:54AM Sun Shiva Until 1:21PM Taitila Until 3:54AM Sun Navami* Until 3:01PM	Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 4:26PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Creative Work Siddha Yoga		Sun 22			
Until 1:54AM Sun		Moon 12 - Phase 37 4th Phase			
Then Routine Work - Prabalarishta Yoga					

2		Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Buffalo, NY Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	823623466	Gulika 2:09PM – 3:18PM Yama 11:50AM – 12:59PM Rahu 3:18PM – 4:27PM	Bharani Until 3:44AM Mon Siddha Until 1:27PM Vanija Until 5:11AM Mon Dashami Until 4:36PM	Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 4:27PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Routine Work Prabalarishta Yoga		Sun 23			
Until 3:44AM Mon		Moon 12 - Phase 37 4th Phase			
Then Routine Work - Marana Yoga					

3		Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Buffalo, NY Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	823623466	Gulika 1:00PM – 2:09PM Yama 10:41AM – 11:50AM Rahu 8:22AM – 9:32AM	Krittika Until 4:45AM Tue Sadhya Until 1:06PM Bava Until 5:47AM Tue Ekadashi Until 5:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 4:28PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Family Home Evening		Sun 24			
Routine Work Marana Yoga		Moon 12 - Phase 37 4th Phase			
Until 4:45AM Tue					
Then Creative Work - Amrita Yoga					

4		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Buffalo, NY Sutra 268 Vikarin 5121
Vrishabha Rasi: 10.35	Tithi 12 – 13	833623466	Gulika 11:51AM – 1:00PM Yama 9:32AM – 10:41AM Rahu 2:10PM – 3:20PM	Rohini Until 5:22AM Wed Subha Until 12:13PM Kaulava Until 5:38AM Wed Dvadashi Until 5:47PM	Ganesha: White <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 4:29PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Amrita Yoga		Sun 25			
Until 5:22AM Wed		Moon 12 - Phase 37 4th Phase			
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>			

5		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Buffalo, NY Sutra 269 Vikarin 5121
Vrishabha Rasi: 23.4	Tithi 13 – 14	833623466	Gulika 10:42AM – 11:51AM Yama 8:22AM – 9:32AM Rahu 11:51AM – 1:01PM	Mrigashira Until 5:09AM Thu Sukla Until 10:44AM Gara Until 4:48AM Thu Trayodashi Until 5:17PM	Ganesha: White <i>Sunrise:</i> 7:13AM Muruqa: Clear <i>Sunset:</i> 4:30PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Siddha Yoga		Sun 26			
Until 5:09AM Thu		Moon 12 - Phase 37 4th Phase			
Then Routine Work - Marana Yoga					

6		Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Buffalo, NY Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	Gulika 9:32AM – 10:42AM Yama 7:12AM – 8:22AM Rahu 1:02PM – 2:11PM	Ardra Until 4:10AM Fri Brahma Until 8:44AM Visti Until 3:19AM Fri Chaturdashi* Until 4:07PM	Ganesha: Yellow <i>Sunrise:</i> 7:12AM Muruqa: Clear <i>Sunset:</i> 4:31PM Nataraja: Orange Moon – Yellow Devaloka Day Pausha-Markali
Routine Work Marana Yoga		Sun 27			
Until 4:10AM Fri		Moon 12 - Phase 37 4th Phase			
Then Creative Work - Siddha Yoga		Ardra Darshanam			

○		Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Buffalo, NY Sutra 271 Vikarin 5121
Copper Retreat Star		Mithuna Rasi: 20.58		Tithi 15 – 16	844623466
Creative Work Siddha Yoga		Gulika 8:22AM – 9:32AM Yama 2:12PM – 3:22PM Rahu 10:42AM – 11:52AM	Punarvasu Until 2:59AM Sat Indra Until 6:16AM Balava Until 1:20AM Sat Purnima* Until 2:22PM	Ganesha: White <i>Sunrise:</i> 7:12AM Muruqa: Clear <i>Sunset:</i> 4:32PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali	Sun 28
		Moon 12 - Phase 37 Purnima			

○		Saturday, January 11, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Buffalo, NY Sutra 272 Vikarin 5121
Silver Retreat Star		Kataka Rasi: 5.07		Tithi 16 – 17	844623466
Creative Work Siddha Yoga		Gulika 7:12AM – 8:22AM Yama 1:03PM – 2:13PM Rahu 9:32AM – 10:42AM	Pushya Until 1:17AM Sun Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM Prathama* Until 12:10PM	Ganesha: White <i>Sunrise:</i> 7:12AM Muruqa: Clear <i>Sunset:</i> 4:33PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali	Sun 29
		Moon 12 - Phase 37 Prathama			



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 19.3 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:14PM - 3:24PM Ashlesha* Untill 11:13PM

Yama 11:53AM - 1:03PM Priti Untill 8:51PM

Rahu 3:24PM - 4:34PM Vanija Untill 8:21PM

Dvitiya Untill 9:40AM

Ganesha: White Sunrise: 7:11AM

Muruga: Clear Sunset: 4:34PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Buffalo, NY

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

1

Monday, January 13, 2020

Simha Rasi: 4.01 Tithi 18 - 19

844623466

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Tritiya/Chatrthyam Titau

Gulika 1:04PM - 2:14PM Magha* Untill 9:21PM

Yama 10:43AM - 11:53AM Ayushman Untill 5:24PM

Rahu 8:22AM - 9:32AM Balava Untill 4:16AM Tue

Tritiya Untill 6:59AM

Ganesha: Clear Sunrise: 7:11AM

Muruga: Clear Sunset: 4:36PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

Buffalo, NY

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

2

Tuesday, January 14, 2020

Simha Rasi: 18.34 Tithi 20

844623466

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:54AM - 1:04PM Purvaphalguni Untill 7:23PM

Yama 9:32AM - 10:43AM Saubhagya Untill 1:58PM

Rahu 2:15PM - 3:26PM Kaulava Untill 2:57PM

Panchami Untill 1:38AM Wed

Ganesha: Clear Sunrise: 7:11AM

Muruga: Clear Sunset: 4:37PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Buffalo, NY

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

3

Wednesday, January 15, 2020

Kanya Rasi: 3.03 Tithi 21

844623466

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:43AM - 11:54AM Uttaraphalguni Untill 5:26PM

Yama 8:21AM - 9:32AM Sobhana Untill 10:40AM

Rahu 11:54AM - 1:05PM Gara Untill 12:24PM

Shashthi* Untill 11:11PM

Ganesha: Clear Sunrise: 7:10AM

Muruga: Clear Sunset: 4:38PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Buffalo, NY

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

4

Thursday, January 16, 2020

Kanya Rasi: 17.24 Tithi 22

844623466

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:32AM - 10:43AM Hasta Untill 4:00PM

Yama 7:10AM - 8:21AM Athiganda* Untill 7:30AM

Rahu 1:06PM - 2:17PM Visti Untill 10:04AM

Saptami Untill 8:59PM

Ganesha: Purple Sunrise: 7:10AM

Muruga: Clear Sunset: 4:39PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Buffalo, NY

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

D

Friday, January 17, 2020

Retreat Star

Tula Rasi: 1.34 Tithi 23

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:21AM - 9:32AM Chitra Untill 2:43PM

Yama 2:18PM - 3:29PM Dhriti Untill 1:56AM Sat

Rahu 10:43AM - 11:55AM Balava Untill 8:01AM

Ashtami* Untill 7:06PM

Ganesha: Purple Sunrise: 7:09AM

Muruga: Clear Sunset: 4:40PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Buffalo, NY

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 15.31 Tithi 24 - 25

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Gulika 7:09AM - 8:20AM Svati Untill 1:39PM

Yama 1:07PM - 2:18PM Shula* Untill 11:33PM

Rahu 9:32AM - 10:43AM Taitila Untill 6:19AM

Navami* Untill 5:35PM

Ganesha: Purple Sunrise: 7:09AM

Muruga: Clear Sunset: 4:42PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Buffalo, NY

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Buffalo, NY Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 25 – 26	Gulika 2:19PM – 3:31PM	Vishakha Until 1:14PM	Ganesha: Clear <i>Sunrise:</i> 7:08AM	Sun 8
		Yama 11:55AM – 1:07PM	Ganda* Until 9:30PM	Muruqa: Clear <i>Sunset:</i> 4:43PM	Moon 1 - Phase 39
		874623466 Rahu 3:31PM – 4:43PM	Bava Until 4:01AM Mon	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 4:26PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Buffalo, NY Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	Gulika 1:08PM – 2:20PM	Anuradha Until 1:02PM	Ganesha: Clear <i>Sunrise:</i> 7:07AM	Sun 9
Family Home Evening		Yama 10:44AM – 11:56AM	Vriddhi Until 7:45PM	Muruqa: Clear <i>Sunset:</i> 4:44PM	Moon 1 - Phase 39
		874623466 Rahu 8:19AM – 9:31AM	Kaulava Until 3:27AM Tue	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:40PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Buffalo, NY Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	Gulika 11:56AM – 1:08PM	Jyeshtha* Until 1:05PM	Ganesha: Purple <i>Sunrise:</i> 7:07AM	Sun 10
		Yama 9:31AM – 10:44AM	Dhruva Until 6:17PM	Muruqa: Clear <i>Sunset:</i> 4:45PM	Moon 1 - Phase 39
		875623466 Rahu 2:21PM – 3:33PM	Gara Until 3:18AM Wed	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 3:18PM	Moon – Orange	Bhuloka Day
Until 1:05PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Buffalo, NY Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	Gulika 10:44AM – 11:56AM	Mula* Until 1:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:06AM	Sun 11
		Yama 8:18AM – 9:31AM	Vyaghata* Until 5:10PM	Muruqa: Clear <i>Sunset:</i> 4:46PM	Moon 1 - Phase 39
		885623466 Rahu 11:56AM – 1:09PM	Visti Until 3:34AM Thu	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 3:21PM	Moon – Light Blue	Bhuloka Day
Until 1:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Buffalo, NY Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	Gulika 9:31AM – 10:44AM	Purvashadha* Until 2:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:05AM	Sun 12
		Yama 7:05AM – 8:18AM	Harshana Until 4:23PM	Muruqa: Clear <i>Sunset:</i> 4:48PM	Moon 1 - Phase 39
		885623466 Rahu 1:09PM – 2:22PM	Catuspada Until 4:15AM Fri	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:50PM	Moon – Light Blue	Bhuloka Day
Until 2:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

●		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Buffalo, NY Sutra 285 Vikarin 5121
Retreat Star		Gulika 8:17AM – 9:31AM	Uttarashadha Until 4:07PM	Ganesha: Light Blue <i>Sunrise:</i> 7:04AM	Sun 13
Makara Rasi: 4.37	Tithi 30 – 1	Yama 2:23PM – 3:36PM	Vajra* Until 3:54PM	Muruqa: Clear <i>Sunset:</i> 4:49PM	Moon 1 - Phase 39
		885623466 Rahu 10:44AM – 11:57AM	Kintughna Until 5:23AM Sat	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:44PM	Moon – Light Blue	Bhuloka Day
				Pausha -Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Buffalo, NY Sutra 286 Vikarin 5121
Retreat Star		Gulika 7:04AM – 8:17AM	Shravana Until 6:08PM	Ganesha: Light Blue <i>Sunrise:</i> 7:04AM	Sun 14
Makara Rasi: 17.05	Tithi 1	Yama 1:10PM – 2:24PM	Siddhi Until 3:46PM	Muruqa: Clear <i>Sunset:</i> 4:50PM	Moon 1 - Phase 39
		995623466 Rahu 9:30AM – 10:44AM	Bava Until 6:05PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:05PM	Moon – Purple	Bhuloka Day
				Magha -Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau			Buffalo, NY Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	Gulika 2:24PM – 3:38PM	Dhanishtha Until 8:21PM	Ganesha: Orange	<i>Sunrise:</i> 7:03AM		
		Yama 11:57AM – 1:11PM	Vyatipata* Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 1 - Phase 40	
		995723466 Rahu 3:38PM – 4:52PM	Balava Until 6:56AM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 7:50PM	Moon – Purple			Devaloka Day
Until 8:21PM				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau			Buffalo, NY Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	Gulika 1:11PM – 2:25PM	Shatabhishak Until 10:45PM	Ganesha: Orange	<i>Sunrise:</i> 7:02AM		
Family Home Evening		Yama 10:43AM – 11:57AM	Variyan Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 8:16AM – 9:30AM	Taitila Until 8:52AM	Nataraja: Orange		3rd Phase	
Until 10:45PM			Tritiya Until 9:56PM	Moon – Purple			Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau			Buffalo, NY Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	Gulika 11:58AM – 1:12PM	Purvaproshtapada* Until 1:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 7:01AM		
		Yama 9:29AM – 10:43AM	Parigha* Until 5:02PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 40	
		915723466 Rahu 2:26PM – 3:40PM	Vanija Until 11:06AM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 12:18AM Wed	Moon – Clear			Sivaloka Day
Until 1:44AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Buffalo, NY Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	Gulika 10:43AM – 11:58AM	Uttaraproshtapada Until 4:41AM Thu	Ganesha: Green	<i>Sunrise:</i> 7:00AM		
		Yama 8:14AM – 9:29AM	Shiva Until 5:51PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 1 - Phase 40	
		915723466 Rahu 11:58AM – 1:12PM	Bava Until 1:34PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 2:49AM Thu	Moon – Clear			Sivaloka Day
				Magha-Thai			

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthayam Titau			Buffalo, NY Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	Gulika 9:28AM – 10:43AM	Revati Until 7:26AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:59AM		
		Yama 6:59AM – 8:14AM	Siddha Until 6:40PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 1 - Phase 40	
		916723466 Rahu 1:13PM – 2:27PM	Kaulava Until 4:06PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 5:19AM Fri	Moon – Clear			Devaloka Day
Until 7:26AM Fri				Magha-Thai			
Then Creative Work - Amrita Yoga							

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau			Buffalo, NY Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	Gulika 8:13AM – 9:28AM	Revati Until 7:26AM	Ganesha: Orange	<i>Sunrise:</i> 6:58AM		
		Yama 2:28PM – 3:43PM	Sadhya Until 7:25PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 1 - Phase 40	
		916723466 Rahu 10:43AM – 11:58AM	Gara Until 6:32PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 7:38AM Sat	Moon – Clear			Devaloka Day
Until 7:26AM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Buffalo, NY Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	Gulika 6:58AM – 8:13AM	Ashvini Until 10:20AM	Ganesha: Green	<i>Sunrise:</i> 6:58AM		
		Yama 1:13PM – 2:28PM	Subha Until 7:57PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 1 - Phase 40	
		926723466 Rahu 9:28AM – 10:43AM	Visti Until 8:40PM	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – White			Bhuloka Day
				Magha-Thai			Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Buffalo, NY Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	Gulika 2:29PM – 3:44PM	Bharani Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 6:57AM		
		Yama 11:58AM – 1:13PM	Sukla Until 8:05PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 1 - Phase 40	
		926723466 Rahu 3:44PM – 4:59PM	Balava Until 10:18PM	Nataraja: Orange		Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 9:32AM	Moon – White			Bhuloka Day
Until 12:39PM				Magha-Thai			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Buffalo, NY Sun 23 Sutra 295 Vikarin 5121
1		Gulika 1:14PM – 2:29PM	Krittika Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 6:56AM	
Vrishabha Rasi: 5.37	Tithi 9 – 10	Yama 10:43AM – 11:58AM	Brahma Until 7:42PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 41
Family Home Evening	926723466	Rahu 8:11AM – 9:27AM	Taitila Until 11:13PM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Navami* Until 10:50AM	Moon – White		Bhuloka Day
Until 2:12PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Buffalo, NY Sun 24 Sutra 296 Vikarin 5121
2		Gulika 11:58AM – 1:14PM	Rohini Until 3:20PM	Ganesha: Red	<i>Sunrise:</i> 6:55AM	
Vrishabha Rasi: 18.17	Tithi 10 – 11	Yama 9:27AM – 10:42AM	Indra Until 6:44PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 41
	936723467	Rahu 2:30PM – 3:46PM	Vanija Until 11:19PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dashami Until 11:21AM	Moon – Yellow		Devaloka Day
Until 3:20PM				Magha-Thai		
Then Creative Work - Siddha Yoga						

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY Sun 25 Sutra 297 Vikarin 5121
3		Gulika 10:42AM – 11:58AM	Mrigashira Until 3:29PM	Ganesha: Red	<i>Sunrise:</i> 6:54AM	
Mithuna Rasi: 1.22	Tithi 11 – 12	Yama 8:10AM – 9:26AM	Vaidhriti* Until 5:05PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 41
	936723467	Rahu 11:58AM – 1:15PM	Bava Until 10:35PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:02AM	Moon – Yellow		Devaloka Day
				Magha-Thai		

Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 298 Vikarin 5121
4		Gulika 9:26AM – 10:42AM	Ardra Until 2:41PM	Ganesha: Red	<i>Sunrise:</i> 6:53AM	
Mithuna Rasi: 14.54	Tithi 12 – 13	Yama 6:53AM – 8:09AM	Vishkambha* Until 2:48PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 41
	936723467	Rahu 1:15PM – 2:32PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 9:54AM	Moon – Yellow		Devaloka Day
Until 2:41PM				Magha-Thai		
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY Sun 27 Sutra 299 Vikarin 5121
5		Gulika 8:08AM – 9:25AM	Punarvasu Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	
Mithuna Rasi: 28.53	Tithi 13 – 14	Yama 2:32PM – 3:49PM	Priti Until 11:57AM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 1 - Phase 41
	947723467	Rahu 10:42AM – 11:59AM	Gara Until 6:50PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:00AM	Moon – Blue		Bhuloka Day
Until 1:28PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Buffalo, NY Sutra 300 Vikarin 5121
○		Gulika 6:50AM – 8:07AM	Pushya Until 11:31AM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	
Kataka Rasi: 13.17	Tithi 15	Yama 1:16PM – 2:33PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 1 - Phase 41
	947723467	Rahu 9:24AM – 10:42AM	Visti Until 4:03PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:30AM Sun	Moon – Blue		Bhuloka Day
Until 11:31AM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Buffalo, NY Sutra 301 Vikarin 5121
○		Gulika 2:34PM – 3:51PM	Ashlesha* Until 9:01AM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM	
Kataka Rasi: 28.02	Tithi 16	Yama 11:59AM – 1:16PM	Sobhana Until 12:59AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Moon 1 - Phase 41
	947723467	Rahu 3:51PM – 5:08PM	Balava Until 12:54PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:13PM	Moon – Blue		Bhuloka Day
Until 9:01AM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						



Monday, February 10, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Buffalo, NY
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Simha Rasi: 12.59 Tithi 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Gulika 1:16PM – 2:34PM
Yama 10:41AM – 11:59AM
Rahu 8:05AM – 9:23AM

Magha* Until 6:33AM
Athiganda* Until 8:56PM
Taitila Until 9:31AM
Dvitiya Until 7:47PM

Ganesha: Red *Sunrise: 6:48AM*
Muruqa: Clear *Sunset: 5:10PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Buffalo, NY
Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Simha Rasi: 27.59 Tithi 18 – 19
957723467
Creative Work Amrita Yoga
Until 1:08AM Wed
Then Routine Work - Marana Yoga

Gulika 11:59AM – 1:17PM
Yama 9:23AM – 10:41AM
Rahu 2:35PM – 3:53PM

Uttaraphalguni Until 1:08AM Wed
Sukarma Until 4:57PM
Vanija Until 6:06AM
Tritiya Until 4:24PM

Ganesha: Red *Sunrise: 6:46AM*
Muruqa: Clear *Sunset: 5:11PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY
Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Kanya Rasi: 12.55 Tithi 19 – 20
967723467
Routine Work Marana Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

Gulika 10:40AM – 11:59AM
Yama 8:04AM – 9:22AM
Rahu 11:59AM – 1:17PM

Hasta Until 10:56PM
Dhriti Until 1:07PM
Kaulava Until 11:43PM
Chaturthi* Until 1:11PM

Ganesha: Green *Sunrise: 6:45AM*
Muruqa: Clear *Sunset: 5:12PM*
Nataraja: Clear
Moon – Green
Magha*Thai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Buffalo, NY
Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Kanya Rasi: 27.38 Tithi 20 – 21
968723467
Creative Work Siddha Yoga
Until 8:58PM
Then Creative Work - Amrita Yoga

Gulika 9:21AM – 10:40AM
Yama 6:44AM – 8:03AM
Rahu 1:17PM – 2:36PM

Chitra Until 8:58PM
Shula* Until 9:32AM
Gara Until 9:03PM
Panchami Until 10:19AM

Ganesha: White *Sunrise: 6:44AM*
Muruqa: Clear *Sunset: 5:14PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Buffalo, NY
Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Tula Rasi: 12.02 Tithi 21 – 22
968723467
Creative Work Siddha Yoga

Gulika 8:02AM – 9:21AM
Yama 2:37PM – 3:56PM
Rahu 10:40AM – 11:59AM

Svati Until 7:23PM
Ganda* Until 6:20AM
Visti Until 6:54PM
Shashthi* Until 7:53AM

Ganesha: White *Sunrise: 6:43AM*
Muruqa: Clear *Sunset: 5:15PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020
Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Buffalo, NY
Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Tula Rasi: 26.04 Tithi 22 – 23
978723467
Creative Work Siddha Yoga

Gulika 6:41AM – 8:01AM
Yama 1:18PM – 2:37PM
Rahu 9:20AM – 10:39AM

Vishakha Until 6:39PM
Dhruva Until 1:17AM Sun
Kaulava Until 4:44AM Sun
Saptami Until 6:01AM

Ganesha: Clear *Sunrise: 6:41AM*
Muruqa: Clear *Sunset: 5:16PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Devaloka Day

Sunday, February 16, 2020
Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY
Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Vrischika Rasi: 9.44 Tithi 24
978723467
Routine Work Marana Yoga

Gulika 2:38PM – 3:58PM
Yama 11:59AM – 1:18PM
Rahu 3:58PM – 5:17PM

Anuradha Until 6:23PM
Vyaghata* Until 11:30PM
Taitila Until 4:22PM
Navami* Until 4:06AM Mon

Ganesha: Clear *Sunrise: 6:40AM*
Muruqa: Clear *Sunset: 5:17PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				Buffalo, NY
		Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau				Sun 7 Sutra 309
1		Gulika 1:19PM – 2:39PM	Jyeshtha* Until 6:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Vikarin 5121
Vrischika Rasi: 23.04	Tithi 25	Yama 10:38AM – 11:59AM	Harshana Until 10:12PM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 2 - Phase 43
Family Home Evening	978723467	Rahu 7:58AM – 9:18AM	Vanija Until 4:01PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:03AM Tue	Moon – Orange		Devaloka Day
				Magha-Masi		

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Buffalo, NY
		Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 8 Sutra 310
2		Gulika 11:58AM – 1:19PM	Mula* Until 7:36PM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM	Vikarin 5121
Dhanus Rasi: 6.04	Tithi 26	Yama 9:18AM – 10:38AM	Vajra* Until 9:19PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 2 - Phase 43
	988723467	Rahu 2:39PM – 4:00PM	Bava Until 4:16PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 4:34AM Wed	Moon – Light Blue		Bhuloka Day
Until 7:36PM				Magha-Masi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Buffalo, NY
		Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 9 Sutra 311
3		Gulika 10:38AM – 11:58AM	Purvashadha* Until 8:58PM	Ganesha: Purple	<i>Sunrise:</i> 6:36AM	Vikarin 5121
Dhanus Rasi: 18.49	Tithi 27	Yama 7:56AM – 9:17AM	Siddhi Until 8:49PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 2 - Phase 43
	988723467	Rahu 11:58AM – 1:19PM	Kaulava Until 5:01PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 5:32AM Thu	Moon – Light Blue		Bhuloka Day
				Magha-Masi		Devaloka Time: 3:PM to 6:PM

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				Buffalo, NY
		Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau				Sun 10 Sutra 312
4		Gulika 9:16AM – 10:37AM	Uttarashadha Until 10:35PM	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	Vikarin 5121
Makara Rasi: 1.2	Tithi 28	Yama 6:34AM – 7:55AM	Vyatipata* Until 8:40PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 2 - Phase 43
	989823467	Rahu 1:19PM – 2:40PM	Gara Until 6:12PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 6:55AM Fri	Moon – Light Blue		Bhuloka Day
Until 10:35PM				Magha-Masi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						
						<i>Pradosha Vrata (Fasting)</i>

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Buffalo, NY
		Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 313
5		Gulika 7:54AM – 9:15AM	Shravana Until 12:52AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 6:33AM	Vikarin 5121
Makara Rasi: 13.42	Tithi 28 – 29	Yama 2:41PM – 4:02PM	Variyan Until 8:45PM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 2 - Phase 43
	999823467	Rahu 10:37AM – 11:58AM	Visti Until 7:45PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 6:55AM	Moon – Purple		Bhuloka Day
Until 12:52AM Sat				Magha-Masi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)				
		Mahasivaratri (Solar)				

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Buffalo, NY
		Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Sun 12 Sutra 314
Retreat Star		Gulika 6:31AM – 7:53AM	Dhanishtha Until 3:16AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:31AM	Vikarin 5121
Makara Rasi: 25.55	Tithi 29 – 30	Yama 1:20PM – 2:41PM	Parigha* Until 9:04PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 2 - Phase 43
	999823467	Rahu 9:15AM – 10:36AM	Catuspada Until 9:36PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 8:37AM	Moon – Purple		Bhuloka Day
				Magha-Masi		Devaloka Time: 3:PM to 6:PM

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Buffalo, NY
		Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 315
Retreat Star		Gulika 2:42PM – 4:04PM	Shatabhishak Until 5:43AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:30AM	Vikarin 5121
Kumbha Rasi: 8.02	Tithi 30 – 1	Yama 11:58AM – 1:20PM	Shiva Until 9:36PM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Moon 2 - Phase 43
	999823467	Rahu 4:04PM – 5:26PM	Kintughna Until 11:42PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 10:36AM	Moon – Purple		Bhuloka Day
Until 5:43AM Mon				Phalgun-Masi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Buffalo, NY Sun 14 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 20.03 Family Home Evening Routine Work Marana Yoga Until 8:41AM Tue Then Creative Work - Amrita Yoga	Tithi 1 – 2 919823467	Gulika 1:20PM – 2:43PM Yama 10:35AM – 11:58AM Rahu 7:50AM – 9:13AM	Purvaproshtapada* Until 8:41AM Tue Siddha Until 10:15PM Balava Until 2:00AM Tue Prathama* Until 12:48PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:28AM Sunset: 5:27PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Buffalo, NY Sun 15 Sutra 317 Vikarin 5121
2	Meena Rasi: 1.59 Routine Work Marana Yoga Until 8:41AM Then Creative Work - Amrita Yoga	Tithi 2 – 3 919823467	Gulika 11:58AM – 1:20PM Yama 9:12AM – 10:35AM Rahu 2:43PM – 4:06PM	Purvaproshtapada* Until 8:41AM Sadhya Until 11:02PM Taitila Until 4:27AM Wed Dvitiya Until 3:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:27AM Sunset: 5:29PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Buffalo, NY Sun 16 Sutra 318 Vikarin 5121
3	Meena Rasi: 13.53 Creative Work Siddha Yoga Until 11:36AM Then Routine Work - Marana Yoga	Tithi 3 – 4 919823467	Gulika 10:34AM – 11:57AM Yama 7:48AM – 9:11AM Rahu 11:57AM – 1:21PM	Uttaraproshtapada Until 11:36AM Subha Until 11:55PM Vanija Until 6:58AM Thu Tritiya Until 5:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:25AM Sunset: 5:30PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Buffalo, NY Sun 17 Sutra 319 Vikarin 5121
4	Meena Rasi: 25.45 Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	Gulika 9:10AM – 10:34AM Yama 6:23AM – 7:47AM Rahu 1:21PM – 2:44PM	Revati Until 2:25PM Sukla Until 12:45AM Fri Vanija Until 6:58AM Chaturthi* Until 8:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:23AM Sunset: 5:31PM Moon 2 - Phase 44 3rd Phase Devaloka Day
Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Buffalo, NY Sun 18 Sutra 320 Vikarin 5121
5	Mesha Rasi: 7.37 Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	Gulika 7:46AM – 9:09AM Yama 2:45PM – 4:09PM Rahu 10:33AM – 11:57AM	Ashvini Until 5:29PM Brahma Until 1:31AM Sat Bava Until 9:27AM Panchami Until 10:37PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:22AM Sunset: 5:32PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Buffalo, NY Sun 19 Sutra 321 Vikarin 5121
6	Mesha Rasi: 19.33 Creative Work Siddha Yoga Until 8:10PM Then Creative Work - Amrita Yoga	Tithi 6 921823467	Gulika 6:20AM – 7:44AM Yama 1:21PM – 2:45PM Rahu 9:09AM – 10:33AM	Bharani Until 8:10PM Indra Until 2:05AM Sun Kaulava Until 11:45AM Shashthi* Until 12:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:20AM Sunset: 5:34PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Buffalo, NY Sun 20 Sutra 322 Vikarin 5121
Retreat Star	Vrishabha Rasi: 1.37 Creative Work Siddha Yoga	Tithi 7 921833467	Gulika 2:46PM – 4:11PM Yama 11:56AM – 1:21PM Rahu 4:11PM – 5:36PM	Krittika Until 10:16PM Vaidhriti* Until 2:14AM Mon Gara Until 1:41PM Saptami Until 2:25AM Mon	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:17AM Sunset: 5:36PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Buffalo, NY Sun 21 Sutra 323 Vikarin 5121
Retreat Star	Vrishabha Rasi: 13.53 Family Home Evening Creative Work Amrita Yoga Until 12:04AM Tue Then Creative Work - Siddha Yoga	Tithi 8 931833467	Gulika 1:21PM – 2:47PM Yama 10:31AM – 11:56AM Rahu 7:41AM – 9:06AM	Rohini Until 12:04AM Tue Vishkambha* Until 1:54AM Tue Visti Until 3:01PM Ashtami* Until 3:23AM Tue	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:15AM Sunset: 5:37PM Moon 2 - Phase 44 Ashtami Devaloka Day
Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Buffalo, NY Sun 22 Sutra 324 Vikarin 5121
Retreat Star	Vrishabha Rasi: 26.28 Creative Work Siddha Yoga	Tithi 9 931833467	Gulika 11:56AM – 1:22PM Yama 9:05AM – 10:30AM Rahu 2:47PM – 4:13PM	Mrigashira Until 12:55AM Wed Priti Until 12:57AM Wed Balava Until 3:36PM Navami* Until 3:33AM Wed	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:14AM Sunset: 5:38PM Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Buffalo, NY Sutra 325 Vikarin 5121
Mithuna Rasi: 9.26	Tithi 10	Gulika 10:30AM – 11:56AM	Ardra Until 12:47AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:12AM	Sun 23
		Yama 7:38AM – 9:04AM	Ayushman Until 11:18PM	Muruqa: Orange	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 45
		131833467 Rahu 11:56AM – 1:22PM	Taitila Until 3:19PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:49AM Thu	Moon – Yellow		Devaloka Day
Until 12:47AM Thu				Phalguna-Masi		
Then Creative Work - Amrita Yoga						

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau		Buffalo, NY Sutra 326 Vikarin 5121
Mithuna Rasi: 22.52	Tithi 11	Gulika 9:03AM – 10:29AM	Punarvasu Until 12:05AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:10AM	Sun 24
		Yama 6:10AM – 7:37AM	Saubhagya Until 8:58PM	Muruqa: Orange	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 45
		141833467 Rahu 1:22PM – 2:48PM	Vanija Until 2:09PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 1:14AM Fri	Moon – Blue		Bhuloka Day
Until 12:05AM Fri				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Buffalo, NY Sutra 327 Vikarin 5121
Kataka Rasi: 6.48	Tithi 12	Gulika 7:35AM – 9:02AM	Pushya Until 10:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:09AM	Sun 25
		Yama 2:49PM – 4:15PM	Sobhana Until 6:00PM	Muruqa: Orange	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 45
		141833467 Rahu 10:29AM – 11:55AM	Bava Until 12:10PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 10:53PM	Moon – Blue		Bhuloka Day
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Buffalo, NY Sutra 328 Vikarin 5121
Kataka Rasi: 21.13	Tithi 13	Gulika 6:07AM – 7:34AM	Ashlesha* Until 8:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	Sun 26
		Yama 1:22PM – 2:49PM	Athiganda* Until 2:29PM	Muruqa: Orange	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 45
		141833467 Rahu 9:01AM – 10:28AM	Kaulava Until 9:29AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 7:54PM	Moon – Blue		Bhuloka Day
Until 8:07PM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau		Buffalo, NY Sutra 329 Vikarin 5121
Simha Rasi: 6.04	Tithi 14 – 15	Gulika 2:50PM – 4:17PM	Magha* Until 5:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM	Sun 27
		Yama 11:55AM – 1:22PM	Sukarma Until 10:34AM	Muruqa: Orange	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 45
		151833467 Rahu 4:17PM – 5:44PM	Gara Until 6:15AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:27PM	Moon – Red		Devaloka Day
Until 5:33PM		Chidambaram Abhishekam		Phalguna-Masi		
Then Creative Work - Siddha Yoga						

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Buffalo, NY Sutra 330 Vikarin 5121
Copper Retreat Star		Gulika 1:22PM – 2:50PM	Purvaphalguni Until 2:34PM	Ganesha: White	<i>Sunrise:</i> 6:04AM	Sun 28
Simha Rasi: 21.12	Tithi 15 – 16	Yama 10:27AM – 11:55AM	Dhriti Until 6:23AM	Muruqa: Orange	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 45
Family Home Evening		152833467 Rahu 7:31AM – 8:59AM	Balava Until 10:49PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:43PM	Moon – Red		Sivaloka Day
		Holi		Phalguna-Masi		

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Buffalo, NY Sutra 331 Vikarin 5121
Silver Retreat Star		Gulika 11:54AM – 1:22PM	Uttaraphalguni Until 11:22AM	Ganesha: White	<i>Sunrise:</i> 6:02AM	Sun 29
Kanya Rasi: 6.29	Tithi 16 – 17	Yama 8:58AM – 10:26AM	Ganda* Until 9:41PM	Muruqa: Orange	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 45
		152833467 Rahu 2:50PM – 4:19PM	Taitila Until 6:59PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 8:53AM	Moon – Red		Sivaloka Day
Until 11:22AM				Phalguna-Masi		
Then Creative Work - Siddha Yoga						



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Buffalo, NY
Sun 1
Sutra 332
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

Gulika 10:26AM – 11:54AM
Yama 7:29AM – 8:57AM
Rahu 11:54AM – 1:22PM

Hasta **Until 8:31AM**
Vriddhi **Until 5:31PM**
Vanija **Until 3:18PM**
Tritiya **Until 1:33AM Thu**

Ganesha: Clear *Sunrise: 6:00AM*
Muruqa: Orange *Sunset: 5:48PM*
Nataraja: Clear
Moon – Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Buffalo, NY
Sun 2
Sutra 333
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

Gulika 8:56AM – 10:25AM
Yama 5:59AM – 7:27AM
Rahu 1:23PM – 2:51PM

Svati **Until 3:24AM Fri**
Dhruva **Until 1:36PM**
Bava **Until 11:57AM**
Chaturthi* **Until 10:25PM**

Ganesha: Clear *Sunrise: 5:59AM*
Muruqa: Orange *Sunset: 5:49PM*
Nataraja: Clear
Moon – Green
Phalguna-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Buffalo, NY
Sun 3
Sutra 334
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

Gulika 7:26AM – 8:55AM
Yama 2:52PM – 4:21PM
Rahu 10:24AM – 11:54AM

Vishakha **Until 1:51AM Sat**
Vyaghata* **Until 10:06AM**
Kaulava **Until 9:04AM**
Panchami **Until 7:50PM**

Ganesha: Purple *Sunrise: 5:57AM*
Muruqa: Orange *Sunset: 5:50PM*
Nataraja: Clear
Moon – Orange
Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Buffalo, NY
Sun 4
Sutra 335
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

Gulika 5:55AM – 7:25AM
Yama 1:23PM – 2:52PM
Rahu 8:54AM – 10:24AM

Anuradha **Until 12:52AM Sun**
Harshana **Until 7:08AM**
Gara **Until 6:49AM**
Shashthi* **Until 5:56PM**

Ganesha: Purple *Sunrise: 5:55AM*
Muruqa: Orange *Sunset: 5:51PM*
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Buffalo, NY
Sun 5
Sutra 336
Vikarin 5121
Moon 3 - Phase 46
1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

Gulika 2:53PM – 4:22PM
Yama 11:53AM – 1:23PM
Rahu 4:22PM – 5:52PM

Jyeshtha* **Until 12:31AM Mon**
Siddhi **Until 2:58AM Mon**
Balava **Until 4:33AM Mon**
Saptami **Until 4:48PM**

Ganesha: Clear *Sunrise: 5:54AM*
Muruqa: Orange *Sunset: 5:52PM*
Nataraja: Purple
Moon – Orange
Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Buffalo, NY
Sun 6
Sutra 337
Vikarin 5121
Moon 3 - Phase 46
Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

Gulika 1:23PM – 2:53PM
Yama 10:22AM – 11:53AM
Rahu 7:22AM – 8:52AM

Mula* **Until 1:13AM Tue**
Vyatipata* **Until 1:50AM Tue**
Taitila **Until 4:36AM Tue**
Ashtami* **Until 4:28PM**

Ganesha: Purple *Sunrise: 5:52AM*
Muruqa: Orange *Sunset: 5:53PM*
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Buffalo, NY
Sun 7
Sutra 338
Vikarin 5121
Moon 3 - Phase 46
Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

Gulika 11:52AM – 1:23PM
Yama 8:51AM – 10:22AM
Rahu 2:53PM – 4:24PM

Purvashadha* **Until 2:29AM Wed**
Variyan **Until 1:14AM Wed**
Vanija **Until 5:21AM Wed**
Navami* **Until 4:52PM**

Ganesha: Purple *Sunrise: 5:50AM*
Muruqa: Orange *Sunset: 5:55PM*
Nataraja: Purple
Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Buffalo, NY
Dhanus Rasi: 28.29	Tithi 25 – 26	Gulika 10:21AM – 11:52AM	Uttarashadha Until 4:10AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	Sun 8 Sutra 339
		Yama 7:19AM – 8:50AM	Parigha* Until 1:07AM Thu	Muruqa: Orange	<i>Sunset:</i> 5:56PM	Vikarin 5121
		182933468 Rahu 11:52AM – 1:23PM	Bava Until 6:42AM Thu	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue		2nd Phase
Until 4:10AM Thu				Phalguna-Panguni		Devaloka Day
Then Creative Work - Siddha Yoga						

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Buffalo, NY
Makara Rasi: 10.5	Tithi 26	Gulika 8:49AM – 10:20AM	Shravana Until 6:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Sun 9 Sutra 340
		Yama 5:47AM – 7:18AM	Shiva Until 1:23AM Fri	Muruqa: Orange	<i>Sunset:</i> 5:57PM	Vikarin 5121
		192933468 Rahu 1:23PM – 2:54PM	Bava Until 6:42AM	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple		2nd Phase
				Phalguna-Panguni		Sivaloka Day

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Buffalo, NY
Makara Rasi: 23.01	Tithi 27	Gulika 7:17AM – 8:48AM	Shravana Until 6:37AM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Sun 10 Sutra 341
		Yama 2:55PM – 4:26PM	Siddha Until 1:53AM Sat	Muruqa: Orange	<i>Sunset:</i> 5:58PM	Vikarin 5121
		192933468 Rahu 10:20AM – 11:51AM	Kaulava Until 8:30AM	Nataraja: Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple		2nd Phase
Until 6:37AM				Phalguna-Panguni		Sivaloka Day
Then Creative Work - Siddha Yoga						

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Buffalo, NY
Kumbha Rasi: 5.04	Tithi 28	Gulika 5:43AM – 7:15AM	Dhanishtha Until 9:12AM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Sun 11 Sutra 342
		Yama 1:23PM – 2:55PM	Sadhya Until 2:34AM Sun	Muruqa: Orange	<i>Sunset:</i> 5:59PM	Vikarin 5121
		192933468 Rahu 8:47AM – 10:19AM	Gara Until 10:36AM	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple		2nd Phase
Until 9:12AM				Phalguna-Panguni		Sivaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Buffalo, NY
Kumbha Rasi: 17.01	Tithi 29	Gulika 2:56PM – 4:28PM	Shatabhishak Until 11:48AM	Ganesha: White	<i>Sunrise:</i> 5:41AM	Sun 12 Sutra 343
		Yama 11:51AM – 1:23PM	Subha Until 3:22AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:00PM	Vikarin 5121
		193933468 Rahu 4:28PM – 6:00PM	Visti* Until 12:53PM	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple		2nd Phase
				Phalguna-Panguni		Subha Sivaloka Day

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Buffalo, NY
Kumbha Rasi: 28.56	Tithi 30	Gulika 1:23PM – 2:56PM	Purvaprosarthapada* Until 2:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM	Sun 13 Sutra 344
Family Home Evening		Yama 10:18AM – 11:51AM	Sukla Until 4:12AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:01PM	Vikarin 5121
Routine Work	Marana Yoga	113933468 Rahu 7:12AM – 8:45AM	Catuspada Until 3:17PM	Nataraja: Purple		Moon 3 - Phase 47
Until 2:51PM			Amavasya* Until 4:28AM Tue	Moon – Clear		Amavasya
Then Creative Work - Siddha Yoga				Phalguna-Panguni		Sivaloka Day

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Buffalo, NY
Meena Rasi: 10.49	Tithi 1	Gulika 11:50AM – 1:23PM	Uttaraprosarthapada Until 5:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM	Sun 14 Sutra 345
		Yama 8:44AM – 10:17AM	Brahma Until 5:04AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:03PM	Vikarin 5121
		113933468 Rahu 2:56PM – 4:29PM	Kintughna Until 5:43PM	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear		Prathama
Until 5:47PM		Yugadhi		Chaitra-Panguni		Sivaloka Day
Then Creative Work - Siddha Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Buffalo, NY Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 22.42	Tithi 1 – 2	Gulika 10:17AM – 11:50AM Yama 7:10AM – 8:43AM 113933468 Rahu 11:50AM – 1:23PM	Revati Until 8:33PM Indra Until 5:55AM Thu Balava Until 8:10PM Prathama* Until 6:55AM	Ganesha: Yellow <i>Sunrise:</i> 5:36AM Muruqa: Orange <i>Sunset:</i> 6:04PM Nataraja: Purple Moon – Clear	Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Routine Work	Marana Yoga				
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Buffalo, NY Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 4.35	Tithi 2 – 3	Gulika 8:42AM – 10:16AM Yama 5:34AM – 7:08AM 123933468 Rahu 1:23PM – 2:57PM	Ashvini Until 11:36PM Vaidhriti* Until 6:41AM Fri Taitila Until 10:33PM Dvitiya Until 9:21AM	Ganesha: Red <i>Sunrise:</i> 5:34AM Muruqa: Orange <i>Sunset:</i> 6:05PM Nataraja: Purple Moon – White	Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi			
Until 11:36PM					
Then Creative Work - Siddha Yoga					
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Buffalo, NY Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 16.31	Tithi 3 – 4	Gulika 7:07AM – 8:41AM Yama 2:58PM – 4:32PM 123933468 Rahu 10:15AM – 11:49AM	Bharani Until 2:19AM Sat Vaidhriti* Until 6:41AM Vanija Until 12:47AM Sat Tritiya Until 11:40AM	Ganesha: Red <i>Sunrise:</i> 5:33AM Muruqa: Orange <i>Sunset:</i> 6:06PM Nataraja: Purple Moon – White	Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 2:19AM Sat					
Then Creative Work - Amrita Yoga					
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Buffalo, NY Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 28.3	Tithi 4 – 5	Gulika 5:31AM – 7:06AM Yama 1:24PM – 2:58PM 123933468 Rahu 8:40AM – 10:15AM	Krittika Until 4:37AM Sun Vishkambha* Until 7:20AM Bava Until 2:44AM Sun Chaturthi* Until 1:47PM	Ganesha: Red <i>Sunrise:</i> 5:31AM Muruqa: Orange <i>Sunset:</i> 6:07PM Nataraja: Purple Moon – White	Moon 3 - Phase 48 3rd Phase Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga				
Until 4:37AM Sun					
Then Creative Work - Siddha Yoga					
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Buffalo, NY Sun 19 Sutra 350 Vikarin 5121
Vrishabha Rasi: 10.37	Tithi 5 – 6	Gulika 2:58PM – 4:33PM Yama 11:49AM – 1:24PM 133933468 Rahu 4:33PM – 6:08PM	Rohini Until 6:50AM Mon Priti Until 7:46AM Kaulava Until 4:16AM Mon Panchami Until 3:33PM	Ganesha: Blue <i>Sunrise:</i> 5:29AM Muruqa: Orange <i>Sunset:</i> 6:08PM Nataraja: Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 6:50AM Mon					
Then Creative Work - Amrita Yoga					
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Buffalo, NY Sun 20 Sutra 351 Vikarin 5121
Vrishabha Rasi: 22.53	Tithi 6 – 7	Gulika 1:24PM – 2:59PM Yama 10:13AM – 11:48AM 133933468 Rahu 7:03AM – 8:38AM	Rohini Until 6:50AM Ayushman Until 7:50AM Gara Until 5:13AM Tue Shashthi* Until 4:49PM	Ganesha: Blue <i>Sunrise:</i> 5:28AM Muruqa: Orange <i>Sunset:</i> 6:09PM Nataraja: Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Family Home Evening					
Creative Work	Amrita Yoga				
Tuesday, March 31, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Buffalo, NY Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 5.26	Tithi 7 – 8	Gulika 11:48AM – 1:24PM Yama 8:37AM – 10:13AM 133933468 Rahu 2:59PM – 4:35PM	Mrigashira Until 8:17AM Saubhagya Until 7:26AM Visti Until 5:26AM Wed Saptami Until 5:25PM	Ganesha: Blue <i>Sunrise:</i> 5:26AM Muruqa: Orange <i>Sunset:</i> 6:10PM Nataraja: Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 8:17AM					
Then Routine Work - Marana Yoga					
Wednesday, April 1, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Buffalo, NY Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 18.2	Tithi 8 – 9	Gulika 10:13AM – 11:48AM Yama 7:01AM – 8:37AM 133933468 Rahu 11:48AM – 1:24PM	Ardra Until 8:53AM Sobhana Until 6:29AM Balava Until 4:51AM Thu Ashtami* Until 5:14PM	Ganesha: Blue <i>Sunrise:</i> 5:26AM Muruqa: Orange <i>Sunset:</i> 6:10PM Nataraja: Purple Moon – Yellow	Moon 3 - Phase 48 Ashtami Subha Sivaloka Day Chaitra•Panguni
Creative Work	Siddha Yoga				
Thursday, April 2, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Buffalo, NY Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 1.38	Tithi 9 – 10	Gulika 8:36AM – 10:12AM Yama 5:24AM – 7:00AM 143933468 Rahu 1:24PM – 3:00PM	Punarvasu Until 8:59AM Sukarma Until 2:37AM Fri Taitila Until 3:26AM Fri Navami* Until 4:13PM	Ganesha: Yellow <i>Sunrise:</i> 5:24AM Muruqa: Orange <i>Sunset:</i> 6:12PM Nataraja: Purple Moon – Blue	Moon 3 - Phase 48 Navami Sivaloka Day Chaitra•Panguni
Creative Work	Amrita Yoga	Sri Rama Navami			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau	Buffalo, NY Sutra 355 Vikarin 5121
Kataka Rasi: 15.25	Tithi 10 – 11	Gulika 6:59AM – 8:35AM	Pushya Until 8:08AM	Ganesha: Yellow <i>Sunrise:</i> 5:22AM	Sun 24
		Yama 3:00PM – 4:36PM	Dhriti Until 11:46PM	Muruqa: Orange <i>Sunset:</i> 6:13PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 10:11AM – 11:48AM	Vanija Until 1:15AM Sat	Nataraja: Purple	4th Phase
			Dashami Until 2:25PM	Moon – Blue	Sivaloka Day
		Yogaswami Mahasamadhi		Chaitra•Panguni	

2		Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Buffalo, NY Sutra 356 Vikarin 5121
Kataka Rasi: 29.4	Tithi 11 – 12	Gulika 5:21AM – 6:57AM	Ashlesha* Until 6:24AM	Ganesha: Yellow <i>Sunrise:</i> 5:21AM	Sun 25
		Yama 1:24PM – 3:00PM	Shula* Until 8:20PM	Muruqa: Orange <i>Sunset:</i> 6:14PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 8:34AM – 10:11AM	Bava Until 10:25PM	Nataraja: Purple	4th Phase
Until 6:24AM			Ekadashi Until 11:54AM	Moon – Blue	Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra•Panguni	

3		Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Buffalo, NY Sutra 357 Vikarin 5121
Simha Rasi: 14.22	Tithi 12 – 13	Gulika 3:01PM – 4:38PM	Purvaphalguni Until 1:38AM Mon	Ganesha: White <i>Sunrise:</i> 5:19AM	Sun 26
		Yama 11:47AM – 1:24PM	Ganda* Until 4:29PM	Muruqa: Orange <i>Sunset:</i> 6:15PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 Rahu 4:38PM – 6:15PM	Kaulava Until 7:05PM	Nataraja: Purple	4th Phase
			Dvadashi Until 8:47AM	Moon – Red	Subha Sivaloka Day
				Chaitra•Panguni	
				<i>Pradosha Vrata</i>	

4		Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau	Buffalo, NY Sutra 358 Vikarin 5121
Simha Rasi: 29.25	Tithi 14	Gulika 1:24PM – 3:01PM	Uttaraphalguni Until 10:32PM	Ganesha: Clear <i>Sunrise:</i> 5:17AM	Sun 27
Family Home Evening		Yama 10:09AM – 11:47AM	Vridhhi Until 12:21PM	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 6:55AM – 8:32AM	Gara Until 3:23PM	Nataraja: Purple	4th Phase
			Chaturdashi* Until 1:27AM Tue	Moon – Red	Sivaloka Day
				Chaitra•Panguni	

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau	Buffalo, NY Sutra 359 Vikarin 5121
Copper Retreat Star		Gulika 11:46AM – 1:24PM	Hasta Until 7:34PM	Ganesha: Purple <i>Sunrise:</i> 5:16AM	Sun 28
Kanya Rasi: 14.4	Tithi 15	Yama 8:31AM – 10:09AM	Dhruva Until 8:01AM	Muruqa: Orange <i>Sunset:</i> 6:17PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:02PM – 4:39PM	Visti Until 11:31AM	Nataraja: Purple	Purnima
			Purnima* Until 9:33PM	Moon – Green	Devaloka Day
		Panguni Uttiram		Chaitra•Panguni	
		Hanuman Jayanti			

5		Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau	Buffalo, NY Sutra 360 Vikarin 5121
Silver Retreat Star		Gulika 10:08AM – 11:46AM	Chitra Until 4:33PM	Ganesha: Purple <i>Sunrise:</i> 5:14AM	Sun 29
Kanya Rasi: 29.58	Tithi 16 – 17	Yama 6:52AM – 8:30AM	Harshana Until 11:27PM	Muruqa: Clear <i>Sunset:</i> 6:18PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 11:46AM – 1:24PM	Balava Until 7:39AM	Nataraja: Purple	Prathama
			Prathama* Until 5:45PM	Moon – Green	Devaloka Day
				Chaitra•Panguni	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Buffalo, NY
Sun 1
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 15.07 Tithi 17 – 18

Gulika 8:29AM – 10:07AM
Yama 5:12AM – 6:51AM
164134468 **Rahu** 1:24PM – 3:03PM

Svati Until 1:39PM
Vajra* Until 7:28PM
Vanija Until 12:36AM Fri
Dvitiya Until 2:12PM

Ganesha: White *Sunrise:* 5:12AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 1:39PM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyaltipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Buffalo, NY
Sun 2
Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 30 Tithi 18 – 19

Gulika 6:49AM – 8:28AM
Yama 3:03PM – 4:42PM
174134468 **Rahu** 10:07AM – 11:46AM

Vishakha Until 11:27AM
Siddhi Until 3:54PM
Bava Until 9:46PM
Tritiya Until 11:06AM

Ganesha: Yellow *Sunrise:* 5:11AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaltipala* Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY
Sun 3
Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 14.28 Tithi 19 – 20

Gulika 5:09AM – 6:48AM
Yama 1:24PM – 3:03PM
174134468 **Rahu** 8:27AM – 10:06AM

Anuradha Until 9:43AM
Vyaltipala* Until 12:51PM
Kaulava Until 7:36PM
Chaturthi* Until 8:34AM

Ganesha: Yellow *Sunrise:* 5:09AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Buffalo, NY
Sun 4
Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 28.26 Tithi 20 – 21

Gulika 3:04PM – 4:43PM
Yama 11:45AM – 1:24PM
174134468 **Rahu** 4:43PM – 6:23PM

Jyeshtha* Until 8:33AM
Varyan Until 10:23AM
Gara Until 6:12PM
Panchami Until 6:47AM

Ganesha: Yellow *Sunrise:* 5:07AM
Muruqa: Clear *Sunset:* 6:23PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 8:33AM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Buffalo, NY
Sun 5
Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 11.56 Tithi 22

Family Home Evening

Gulika 1:25PM – 3:04PM
Yama 10:05AM – 11:45AM
184134468 **Rahu** 6:46AM – 8:25AM

Mula* Until 8:31AM
Parigha* Until 8:36AM
Visti Until 5:39PM
Saptami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 5:06AM
Muruqa: Clear *Sunset:* 6:24PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 8:31AM

Then Routine Work - Marana Yoga

Tamil New Year

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY
Sun 6
Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 24.59 Tithi 23

Gulika 11:45AM – 1:25PM
Yama 8:24AM – 10:04AM
284134468 **Rahu** 3:05PM – 4:45PM

Purvashadha* Until 9:09AM
Shiva Until 7:30AM
Balava Until 5:57PM
Ashtami* Until 6:22AM Wed

Ganesha: Yellow *Sunrise:* 5:04AM
Muruqa: Clear *Sunset:* 6:25PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 9:09AM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Buffalo, NY
Sun 7
Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 7.37 Tithi 23 – 24

Gulika 10:04AM – 11:44AM
Yama 6:43AM – 8:23AM
284134468 **Rahu** 11:44AM – 1:25PM

Uttarashadha Until 10:24AM
Siddha Until 7:00AM
Taitila Until 6:59PM
Ashtami* Until 6:22AM

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: Clear *Sunset:* 6:26PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 10:24AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Buffalo, NY
	Makara Rasi: 19.58	Tithi 24 – 25	Gulika 8:23AM – 10:03AM	Shravana Until 12:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:01AM	Sun 8 Sutra 4
			Yama 5:01AM – 6:42AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Sarvari 5122
	294134468	Rahu 1:25PM – 3:06PM		Vanija Until 8:38PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Buffalo, NY
	Kumbha Rasi: 2.05	Tithi 25 – 26	Gulika 6:41AM – 8:22AM	Dhanishtha Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 4:59AM	Sun 9 Sutra 5
			Yama 3:06PM – 4:47PM	Subha Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Sarvari 5122
	294134468	Rahu 10:03AM – 11:44AM		Bava Until 10:43PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dashami Until 9:37AM	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	

3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY
	Kumbha Rasi: 14.04	Tithi 26 – 27	Gulika 4:58AM – 6:39AM	Shatabhishak Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM	Sun 10 Sutra 6
			Yama 1:25PM – 3:06PM	Sukla Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Sarvari 5122
	295134468	Rahu 8:21AM – 10:02AM		Kaulava Until 1:03AM Sun	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Amrita Yoga		Ekadashi* Until 11:51AM	Moon – Purple		2nd Phase	
Until 5:46PM				Chaitra*Chaitra		Sivaloka Day	
Then Routine Work - Marana Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Buffalo, NY
	Kumbha Rasi: 25.58	Tithi 27 – 28	Gulika 3:07PM – 4:49PM	Purvaproshtapada* Until 8:53PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Sun 11 Sutra 7
			Yama 11:43AM – 1:25PM	Brahma Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Sarvari 5122
	215134468	Rahu 4:49PM – 6:30PM		Gara Until 3:30AM Mon	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dvadashi* Until 2:15PM	Moon – Clear		2nd Phase	
Until 8:53PM				Chaitra*Chaitra		Sivaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY
	Meena Rasi: 7.5	Tithi 28 – 29	Gulika 1:25PM – 3:07PM	Uttaraproshtapada Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Sun 12 Sutra 8
	Family Home Evening		Yama 10:01AM – 11:43AM	Indra Until 10:00AM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Sarvari 5122
	215134468	Rahu 6:37AM – 8:19AM		Vistil Until 5:56AM Tue	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Trayodashi* Until 4:42PM	Moon – Clear		2nd Phase	
				Chaitra*Chaitra		Sivaloka Day	

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Buffalo, NY
	Meena Rasi: 19.42	Tithi 29	Gulika 11:43AM – 1:25PM	Revati Until 2:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Sun 13 Sutra 9
			Yama 8:18AM – 10:01AM	Vaidhriti* Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Sarvari 5122
	215134468	Rahu 3:08PM – 4:50PM		Sakuni Until 7:06PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Chaturdashi* Until 7:06PM	Moon – Clear		2nd Phase	
Until 2:35AM Wed				Chaitra*Chaitra		Sivaloka Day	
Then Routine Work - Marana Yoga							

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Buffalo, NY
	Retreat Star		Gulika 10:00AM – 11:43AM	Ashvini Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 4:52AM	Sun 14 Sutra 10
	Mesha Rasi: 2	Tithi 30	Yama 6:34AM – 8:17AM	Vishkambha* Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Sarvari 5122
	225134468	Rahu 11:43AM – 1:26PM		Catuspada Until 8:17AM	Nataraja: Purple		Moon 4 - Phase 1
Routine Work	Marana Yoga		Amavasya* Until 9:23PM	Moon – White		Amavasya	
Until 5:31AM Thu				Chaitra*Chaitra		Sivaloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Buffalo, NY
	Mesha Rasi: 13.34	Tithi 1	Gulika 8:16AM – 10:00AM	Bharani Until 8:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 4:50AM	Sun 15 Sutra 11
			Yama 4:50AM – 6:33AM	Priti Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Sarvari 5122
	225134468	Rahu 1:26PM – 3:09PM		Kintughna Until 10:29AM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Prathama* Until 11:29PM	Moon – White		Prathama	
				Vaisaka*Chaitra		Sivaloka Day	

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Buffalo, NY Sun 16 Sutra 12
Mesha Rasi: 25.35	Tithi 2	Gulika 6:32AM – 8:16AM	Bharani Until 8:06AM	Ganesha: Red	<i>Sunrise:</i> 4:49AM	Sarvari 5122
		Yama 3:09PM – 4:53PM	Ayushman Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 2
		225134469 Rahu 9:59AM – 11:42AM	Balava Until 12:28PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 1:21AM Sat	Moon – White		Devaloka Day
				Vaisaka-Chaitra		

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Buffalo, NY Sun 17 Sutra 13
Virshabha Rasi: 7.44	Tithi 3	Gulika 4:47AM – 6:31AM	Krittika Until 10:16AM	Ganesha: Red	<i>Sunrise:</i> 4:47AM	Sarvari 5122
		Yama 1:26PM – 3:10PM	Saubhagya Until 1:19PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 2
		225134469 Rahu 8:15AM – 9:59AM	Taitila Until 2:11PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 2:53AM Sun	Moon – White		Devaloka Day
		Akshaya Tritiya		Vaisaka-Chaitra		

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Buffalo, NY Sun 18 Sutra 14
Virshabha Rasi: 20	Tithi 4	Gulika 3:10PM – 4:54PM	Rohini Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Sarvari 5122
		Yama 11:42AM – 1:26PM	Sobhana Until 1:24PM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 2
		235134469 Rahu 4:54PM – 6:38PM	Vanija Until 3:32PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 4:02AM Mon	Moon – Yellow		Devaloka Day
				Vaisaka-Chaitra		

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Buffalo, NY Sun 19 Sutra 15
Mithuna Rasi: 2.27	Tithi 5	Gulika 1:26PM – 3:11PM	Mrigashira Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 4:44AM	Sarvari 5122
Family Home Evening		Yama 9:58AM – 11:42AM	Athiganda* Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	236134469 Rahu 6:29AM – 8:13AM	Bava Until 4:27PM	Nataraja: Clear		3rd Phase
Until 2:00PM			Panchami Until 4:41AM Tue	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Buffalo, NY Sun 20 Sutra 16
Mithuna Rasi: 15.08	Tithi 6	Gulika 11:42AM – 1:26PM	Ardra Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 4:43AM	Sarvari 5122
		Yama 8:12AM – 9:57AM	Sukarma Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 2
		236134469 Rahu 3:11PM – 4:56PM	Kaulava Until 4:49PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 4:45AM Wed	Moon – Yellow		Bhuloka Day
Until 2:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		Buffalo, NY Sun 21 Sutra 17
Mithuna Rasi: 28.05	Tithi 7	Gulika 9:57AM – 11:42AM	Punarvasu Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:42AM	Sarvari 5122
		Yama 6:27AM – 8:12AM	Dhriti Until 11:19AM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 2
		246134469 Rahu 11:42AM – 1:27PM	Gara Until 4:34PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:11AM Thu	Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau		Buffalo, NY Sun 22 Sutra 18
Kataka Rasi: 11.22	Tithi 8	Gulika 8:11AM – 9:56AM	Pushya Until 3:23PM	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM	Sarvari 5122
		Yama 4:40AM – 6:26AM	Shula* Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 2
		246134469 Rahu 1:27PM – 3:12PM	Visli Until 3:40PM	Nataraja: Clear		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 2:57AM Fri	Moon – Blue		Devaloka Day
Until 3:23PM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau		Buffalo, NY Sun 23 Sutra 19
Kataka Rasi: 25.01	Tithi 9	Gulika 6:24AM – 8:09AM	Ashlesha* Until 2:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:38AM	Sarvari 5122
		Yama 3:13PM – 4:59PM	Ganda* Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 2
		246134469 Rahu 9:55AM – 11:41AM	Balava Until 2:06PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 1:04AM Sat	Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Buffalo, NY Sun 24
	Simha Rasi: 9.05	Tithi 10	Gulika 4:36AM – 6:23AM	Magha* Until 1:06PM	Ganesha: White	<i>Sunrise:</i> 4:36AM	Sarvari 5122
			Yama 1:27PM – 3:14PM	Dhruva Until 1:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 3
		256134469	Rahu 8:09AM – 9:55AM	Taitila Until 11:55AM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Dashami Until 10:36PM	Moon – Red	Bhuloka Day		
Until 1:06PM				Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

2	Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Buffalo, NY Sun 25
	Simha Rasi: 23.31	Tithi 11	Gulika 3:14PM – 5:01PM	Purvaphalguni Until 11:08AM	Ganesha: White	<i>Sunrise:</i> 4:35AM	Sarvari 5122
			Yama 11:41AM – 1:28PM	Vyaghata* Until 10:00PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
		256134469	Rahu 5:01PM – 6:47PM	Vanija Until 9:11AM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 7:38PM	Moon – Red	Bhuloka Day		
Until 11:08AM				Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

3	Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Buffalo, NY Sun 26
	Kanya Rasi: 8.17	Tithi 12 – 13	Gulika 1:28PM – 3:15PM	Uttaraphalguni Until 8:36AM	Ganesha: Clear	<i>Sunrise:</i> 4:34AM	Sarvari 5122
	Family Home Evening		Yama 9:54AM – 11:41AM	Harshana Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 3
		256234469	Rahu 6:21AM – 8:07AM	Bava Until 6:02AM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 4:20PM	Moon – Red	Devaloka Day		
				Vaisaka*Chaitra			
					<i>Pradosha Vrata</i>		

4	Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY Sun 27
	Kanya Rasi: 23.16	Tithi 13 – 14	Gulika 11:41AM – 1:28PM	Hasta Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 4:33AM	Sarvari 5122
			Yama 8:07AM – 9:54AM	Vajra* Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 3
		267234469	Rahu 3:15PM – 5:02PM	Gara Until 11:02PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 12:48PM	Moon – Green	Devaloka Day		
				Vaisaka*Chaitra			

	Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Buffalo, NY Sun 28
	Copper Retreat Star		Gulika 9:53AM – 11:41AM	Svati Until 12:28AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:31AM	Sarvari 5122
	Tula Rasi: 8.2	Tithi 14 – 15	Yama 6:19AM – 8:06AM	Siddhi Until 10:06AM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 3
		267234469	Rahu 11:41AM – 1:28PM	Visti Until 7:29PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 9:14AM	Moon – Green	Devaloka Day		
		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra			

5	Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Buffalo, NY Sun 29
	Silver Retreat Star		Gulika 8:05AM – 9:53AM	Vishakha Until 10:08PM	Ganesha: Purple	<i>Sunrise:</i> 4:30AM	Sarvari 5122
	Tula Rasi: 23.21	Tithi 16	Yama 4:30AM – 6:18AM	Vyatipata* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 3
		277234469	Rahu 1:28PM – 3:16PM	Balava Until 4:07PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 2:33AM Fri	Moon – Orange	Bhuloka Day		
				Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda