



Saturday, April 20, 2019
Gold Retreat Star

Tula Rasi: 19.09 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 5:20AM – 7:02AM
Yama 1:51PM – 3:33PM
264483468 **Rahu** 8:44AM – 10:27AM

Svati Until 7:17AM
Siddhi Until 7:09PM
Taitila Until 2:51PM
Dvitiya Until 2:01AM Sun

Rochester, NY
Sutra 6
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Red *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:58PM

Nataraja: Purple
Moon – Green

Sivaloka Day

1

Sunday, April 21, 2019

Vrischika Rasi: 3.03 Tithi 18
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 3:34PM – 5:16PM
Yama 12:09PM – 1:51PM
274483468 **Rahu** 5:16PM – 6:59PM

Vishakha Until 6:28AM
Vyatipata* Until 4:59PM
Vanija Until 1:23PM
Tritya Until 12:54AM Mon

Rochester, NY
Sun 1 Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Blue *Sunrise:* 5:18AM
Muruqa: Yellow *Sunset:* 6:59PM

Nataraja: Purple
Moon – Orange

Devaloka Day

2

Monday, April 22, 2019

Vrischika Rasi: 16.32 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:51PM – 3:34PM
Yama 10:25AM – 12:08PM
274483468 **Rahu** 7:00AM – 8:43AM

Anuradha Until 6:13AM
Variyan Until 3:23PM
Bava Until 12:39PM
Chaturthi* Until 12:33AM Tue

Rochester, NY
Sun 2 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Blue *Sunrise:* 5:17AM
Muruqa: Yellow *Sunset:* 7:00PM

Nataraja: Purple
Moon – Orange

Devaloka Day

3

Tuesday, April 23, 2019

Vrischika Rasi: 29.35 Tithi 20
Routine Work Marana Yoga
Until 6:35AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:08PM – 1:51PM
Yama 8:42AM – 10:25AM
274483468 **Rahu** 3:35PM – 5:18PM

Jyeshtha* Until 6:35AM
Parigha* Until 2:27PM
Kaulava Until 12:43PM
Panchami Until 1:02AM Wed

Rochester, NY
Sun 3 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Blue *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 7:01PM

Nataraja: Purple
Moon – Orange

Devaloka Day

4

Wednesday, April 24, 2019

Dhanus Rasi: 12.14 Tithi 21
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:24AM – 12:08PM
Yama 6:57AM – 8:41AM
284483468 **Rahu** 12:08PM – 1:52PM

Mula* Until 8:04AM
Shiva Until 2:09PM
Gara Until 1:36PM
Shashthi* Until 2:18AM Thu

Rochester, NY
Sun 4 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Yellow *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 7:02PM

Nataraja: Purple
Moon – Light Blue

Sivaloka Day

5

Thursday, April 25, 2019

Dhanus Rasi: 24.34 Tithi 22
Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:40AM – 10:24AM
Yama 5:12AM – 6:56AM
284483469 **Rahu** 1:52PM – 3:36PM

Purvashadha* Until 10:08AM
Siddha Until 2:23PM
Visti Until 3:12PM
Saptami Until 4:13AM Fri

Rochester, NY
Sun 5 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Yellow *Sunrise:* 5:12AM
Muruqa: Yellow *Sunset:* 7:03PM

Nataraja: Clear
Moon – Light Blue

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.38 Tithi 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:55AM – 8:39AM
Yama 3:36PM – 5:20PM
284583469 **Rahu** 10:23AM – 12:08PM

Uttarashadha Until 12:35PM
Sadhya Until 3:04PM
Balava Until 5:22PM
Ashtami* Until 6:34AM Sat

Rochester, NY
Sun 6 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Ganesha: Red *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 7:05PM

Nataraja: Clear
Moon – Light Blue

Devaloka Day

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 18.31 Tithi 23 – 24
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:09AM – 6:54AM
Yama 1:52PM – 3:37PM
294583469 **Rahu** 8:38AM – 10:23AM

Shravana Until 3:44PM
Subha Until 4:01PM
Taitila Until 7:51PM
Ashtami* Until 6:34AM

Rochester, NY
Sun 7 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Ganesha: Green *Sunrise:* 5:09AM
Muruqa: Yellow *Sunset:* 7:06PM

Nataraja: Clear
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau			Rochester, NY Sun 8 Sutra 14
Kumbha Rasi: 0.21	Tithi 24 – 25	Gulika 3:37PM – 5:22PM	Dhanishtha Until 6:48PM	Ganesha: Green <i>Sunrise:</i> 5:08AM	Vikarin 5121
		Yama 12:07PM – 1:52PM	Sukla Until 5:01PM	Muruqa: Yellow <i>Sunset:</i> 7:07PM	Moon 4 - Phase 3
		294583469 Rahu 5:22PM – 7:07PM	Vanija Until 10:24PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Navami* Until 9:06AM	Bhuloka Day	
Until 6:48PM				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Rochester, NY Sun 9 Sutra 15
Kumbha Rasi: 12.11	Tithi 25 – 26	Gulika 1:52PM – 3:38PM	Shatabhishak Until 9:34PM	Ganesha: Green <i>Sunrise:</i> 5:06AM	Vikarin 5121
Family Home Evening		Yama 10:22AM – 12:07PM	Brahma Until 5:57PM	Muruqa: Yellow <i>Sunset:</i> 7:09PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:51AM – 8:37AM	Bava Until 12:46AM Tue	Nataraja: Clear	2nd Phase
Until 9:34PM			Dashami Until 11:36AM	Bhuloka Day	
Then Routine Work - Marana Yoga				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtpada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau			Rochester, NY Sun 10 Sutra 16
Kumbha Rasi: 24.06	Tithi 26 – 27	Gulika 12:07PM – 1:53PM	Purvaproshtpada* Until 12:21AM We	Ganesha: Purple <i>Sunrise:</i> 5:05AM	Vikarin 5121
		Yama 8:36AM – 10:21AM	Indra Until 6:39PM	Muruqa: Yellow <i>Sunset:</i> 7:09PM	Moon 4 - Phase 3
		214583469 Rahu 3:38PM – 5:24PM	Kaulava Until 2:47AM Wed	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:49PM	Bhuloka Day	
Until 12:21AM Wed				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtpada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau			Rochester, NY Sun 11 Sutra 17
Meena Rasi: 6.1	Tithi 27 – 28	Gulika 10:21AM – 12:07PM	Uttaraproshtpada Until 2:31AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:03AM	Vikarin 5121
		Yama 6:49AM – 8:35AM	Vaidhriti* Until 6:59PM	Muruqa: Yellow <i>Sunset:</i> 7:10PM	Moon 4 - Phase 3
		214583469 Rahu 12:07PM – 1:53PM	Gara Until 4:19AM Thu	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:36PM	Bhuloka Day	
				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Rochester, NY Sun 12 Sutra 18
Meena Rasi: 18.26	Tithi 28 – 29	Gulika 8:34AM – 10:21AM	Revati Until 4:01AM Fri	Ganesha: Light Blue <i>Sunrise:</i> 5:02AM	Vikarin 5121
		Yama 5:02AM – 6:48AM	Vishkambha* Until 6:56PM	Muruqa: Yellow <i>Sunset:</i> 7:12PM	Moon 4 - Phase 3
		215583469 Rahu 1:53PM – 3:39PM	Visti Until 5:19AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:52PM	Bhuloka Day	
Until 4:01AM Fri				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Rochester, NY Sun 13 Sutra 19
Mesha Rasi: 0.57	Tithi 29 – 30	Gulika 6:47AM – 8:34AM	Ashvini Until 5:18AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:01AM	Vikarin 5121
		Yama 3:40PM – 5:26PM	Priti Until 6:28PM	Muruqa: Yellow <i>Sunset:</i> 7:13PM	Moon 4 - Phase 3
		225583469 Rahu 10:20AM – 12:07PM	Catuspada Until 5:47AM Sat	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36PM	Bhuloka Day	
Until 5:18AM Sat				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Rochester, NY Sun 14 Sutra 20
Mesha Rasi: 13.42	Tithi 30 – 1	Gulika 4:59AM – 6:46AM	Bharani Until 5:55AM Sun	Ganesha: Purple <i>Sunrise:</i> 4:59AM	Vikarin 5121
		Yama 1:53PM – 3:40PM	Ayushman Until 5:34PM	Muruqa: Yellow <i>Sunset:</i> 7:14PM	Moon 4 - Phase 3
		225583469 Rahu 8:33AM – 10:20AM	Kintughna Until 5:43AM Sun	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:47PM	Bhuloka Day	
				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Rochester, NY Sun 15 Sutra 21
Mesha Rasi: 26.42	Tithi 1 – 2	Gulika 3:41PM – 5:28PM	Krittika Until 5:58AM Mon	Ganesha: Purple <i>Sunrise:</i> 4:58AM	Vikarin 5121
		Yama 12:06PM – 1:54PM	Saubhagya Until 4:18PM	Muruqa: Yellow <i>Sunset:</i> 7:15PM	Moon 4 - Phase 3
		225583469 Rahu 5:28PM – 7:15PM	Balava Until 5:13AM Mon	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:30PM	Bhuloka Day	
Until 5:58AM Mon				Vaisaka+Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Rochester, NY Sun 16 Sutra 22
1		Gulika 1:54PM – 3:41PM	Rohini Until 5:56AM Tue	Ganesha: Purple <i>Sunrise: 4:57AM</i>	Vikarin 5121
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:19AM – 12:06PM	Sobhana Until 2:43PM	Muruqa: Yellow <i>Sunset: 7:17PM</i>	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:44AM – 8:32AM	Taitila Until 4:21AM Tue	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 4:49PM	Moon – White	Bhuloka Day
Until 5:56AM Tue				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Rochester, NY Sun 17 Sutra 23
2		Gulika 12:06PM – 1:54PM	Mrigashira Until 5:27AM Wed	Ganesha: Light Blue <i>Sunrise: 4:55AM</i>	Vikarin 5121
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:31AM – 10:19AM	Athiganda* Until 12:50PM	Muruqa: Yellow <i>Sunset: 7:17PM</i>	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 3:42PM – 5:29PM	Vanija Until 3:10AM Wed	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 3:46PM	Moon – Yellow	Bhuloka Day
		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Rochester, NY Sun 18 Sutra 24
3		Gulika 10:18AM – 12:06PM	Ardra Until 4:35AM Thu	Ganesha: Light Blue <i>Sunrise: 4:54AM</i>	Vikarin 5121
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 6:42AM – 8:30AM	Sukarma Until 10:44AM	Muruqa: Yellow <i>Sunset: 7:17PM</i>	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 12:06PM – 1:54PM	Bava Until 1:43AM Thu	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 2:27PM	Moon – Yellow	Bhuloka Day
Until 4:35AM Thu				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Rochester, NY Sun 19 Sutra 25
4		Gulika 8:30AM – 10:18AM	Punarvasu Until 3:48AM Fri	Ganesha: Orange <i>Sunrise: 4:53AM</i>	Vikarin 5121
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 4:53AM – 6:41AM	Dhriti Until 8:28AM	Muruqa: Yellow <i>Sunset: 7:19PM</i>	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 1:55PM – 3:43PM	Kaulava Until 12:04AM Fri	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 12:54PM	Moon – Blue	Devaloka Day
Until 3:48AM Fri				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Rochester, NY Sun 20 Sutra 26
5		Gulika 6:40AM – 8:29AM	Pushya Until 2:40AM Sat	Ganesha: Orange <i>Sunrise: 4:52AM</i>	Vikarin 5121
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:43PM – 5:32PM	Ganda* Until 6:00AM	Muruqa: Yellow <i>Sunset: 7:21PM</i>	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 10:18AM – 12:06PM	Gara Until 10:13PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Shashthi* Until 11:09AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Rochester, NY Sun 21 Sutra 27
Retreat Star		Gulika 4:51AM – 6:40AM	Ashlesha* Until 1:14AM Sun	Ganesha: Orange <i>Sunrise: 4:51AM</i>	Vikarin 5121
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 1:55PM – 3:44PM	Vriddhi Until 12:38AM Sun	Muruqa: Yellow <i>Sunset: 7:22PM</i>	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 8:28AM – 10:17AM	Visti Until 8:11PM	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 9:12AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Rochester, NY Sun 22 Sutra 28
Retreat Star		Gulika 3:44PM – 5:34PM	Magha* Until 11:55PM	Ganesha: White <i>Sunrise: 4:49AM</i>	Vikarin 5121
Simha Rasi: 2.43	Tithi 8 – 9	Yama 12:06PM – 1:55PM	Dhruva Until 9:44PM	Muruqa: Yellow <i>Sunset: 7:23PM</i>	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 5:34PM – 7:23PM	Balava Until 6:00PM	Nataraja: Clear	Navami
Routine Work Marana Yoga			Ashtami* Until 7:05AM	Moon – Red	Bhuloka Day
Until 11:55PM		Mother's Day		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY Sun 23 Sutra 29
1	Simha Rasi: 16.56 Tithi 10 Family Home Evening Creative Work Siddha Yoga	256583469	Gulika 1:56PM – 3:45PM Yama 10:17AM – 12:06PM Rahu 6:38AM – 8:27AM	Purvaphalguni Until 10:22PM Vyaghata* Until 6:46PM Taitila Until 3:41PM Dashami Until 2:29AM Tue	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sunrise: 4:48AM Sunset: 7:24PM Moon 4 - Phase 5 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Rochester, NY Sun 24 Sutra 30
2	Kanya Rasi: 1.12 Tithi 11 Creative Work Amrita Yoga Until 8:37PM Then Creative Work - Siddha Yoga	256583469	Gulika 12:06PM – 1:56PM Yama 8:27AM – 10:16AM Rahu 3:45PM – 5:35PM	Uttaraphalguni Until 8:37PM Harshana Until 3:45PM Vanija Until 1:19PM Ekadashi Until 12:06AM Wed	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Red Vaisaka-Vaikasi	Sunrise: 4:47AM Sunset: 7:25PM Moon 4 - Phase 5 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvodashyam Titau				Rochester, NY Sun 25 Sutra 31
3	Kanya Rasi: 15.29 Tithi 12 Routine Work Marana Yoga Until 7:11PM Then Creative Work - Siddha Yoga	266583469	Gulika 10:16AM – 12:06PM Yama 6:36AM – 8:26AM Rahu 12:06PM – 1:56PM	Hasta Until 7:11PM Vajra* Until 12:44PM Bava Until 10:56AM Dvadashi Until 9:45PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Green Vaisaka-Vaikasi	Sunrise: 4:46AM Sunset: 7:26PM Moon 4 - Phase 5 4th Phase Devaloka Day

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY Sun 26 Sutra 32
4	Kanya Rasi: 29.44 Tithi 13 Creative Work Siddha Yoga Until 5:45PM Then Creative Work - Amrita Yoga	266583469	Gulika 8:26AM – 10:16AM Yama 4:45AM – 6:35AM Rahu 1:56PM – 3:47PM	Chitra Until 5:45PM Siddhi Until 9:49AM Kaulava Until 8:39AM Trayodashi Until 7:34PM <i>Pradosha Vrata</i>	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Green Vaisaka-Vaikasi	Sunrise: 4:45AM Sunset: 7:27PM Moon 4 - Phase 5 4th Phase Devaloka Day

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyaga Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Rochester, NY Sun 27 Sutra 33
5	Tula Rasi: 13.5 Tithi 14 – 15 Creative Work Siddha Yoga	266583469	Gulika 6:35AM – 8:25AM Yama 3:47PM – 5:38PM Rahu 10:16AM – 12:06PM	Svati Until 4:26PM Vyatipata* Until 7:05AM Gara Until 6:35AM Chaturdashi* Until 5:39PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Green Vaisaka-Vaikasi	Sunrise: 4:44AM Sunset: 7:28PM Moon 4 - Phase 5 4th Phase Devaloka Day

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY Sun 28 Sutra 34
○	Copper Retreat Star Tula Rasi: 27.43 Tithi 15 – 16 Creative Work Siddha Yoga	276583469	Gulika 4:43AM – 6:34AM Yama 1:57PM – 3:48PM Rahu 8:25AM – 10:15AM	Vishakha Until 3:48PM Parigha* Until 2:32AM Sun Balava Until 3:36AM Sun Purnima* Until 4:09PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Orange Vaisaka-Vaikasi	Sunrise: 4:43AM Sunset: 7:29PM Moon 4 - Phase 5 Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Rochester, NY Sun 29 Sutra 35
○	Silver Retreat Star Vrischika Rasi: 11.2 Tithi 16 – 17 Routine Work Marana Yoga	277583469	Gulika 3:48PM – 5:39PM Yama 12:06PM – 1:57PM Rahu 5:39PM – 7:30PM	Anuradha Until 3:33PM Shiva Until 12:56AM Mon Taitila Until 2:56AM Mon Prathama* Until 3:10PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – Orange Vaisaka-Vaikasi	Sunrise: 4:42AM Sunset: 7:30PM Moon 4 - Phase 5 Prathama Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.36 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:57PM – 3:49PM
Yama 10:15AM – 12:06PM
Rahu 6:33AM – 8:24AM

Jyeshtha* Until 3:47PM
Siddha Until 11:50PM
Vanija Until 2:55AM Tue
Dvitiya Until 2:49PM

Rochester, NY
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 4:41AM
Muruga: Yellow *Sunset:* 7:31PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 7.31 Tithi 18 – 19
Creative Work Amrita Yoga
Until 4:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:06PM – 1:58PM
Yama 8:23AM – 10:15AM
Rahu 3:49PM – 5:41PM

Mula* Until 4:59PM
Sadhya Until 11:18PM
Bava Until 3:37AM Wed
Tritiya Until 3:10PM

Rochester, NY
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:40AM
Muruga: Yellow *Sunset:* 7:32PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.07 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:15AM – 12:06PM
Yama 6:31AM – 8:23AM
Rahu 12:06PM – 1:58PM

Purvashadha* Until 6:43PM
Subha Until 11:19PM
Kaulava Until 4:59AM Thu
Chaturthi* Until 4:12PM

Rochester, NY
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:40AM
Muruga: Yellow *Sunset:* 7:33PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Makara Rasi: 2.24 Tithi 20 – 21
Routine Work Marana Yoga
Until 8:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:23AM – 10:15AM
Yama 4:39AM – 6:31AM
Rahu 1:58PM – 3:50PM

Uttarashadha Until 8:52PM
Sukla Until 11:45PM
Gara Until 6:54AM Fri
Panchami Until 5:51PM

Rochester, NY
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:39AM
Muruga: Yellow *Sunset:* 7:34PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 14.29 Tithi 21
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:30AM – 8:22AM
Yama 3:51PM – 5:43PM
Rahu 10:14AM – 12:06PM

Shravana Until 11:47PM
Brahma Until 12:31AM Sat
Gara Until 6:54AM
Shashthi* Until 7:59PM

Rochester, NY
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:38AM
Muruga: Yellow *Sunset:* 7:35PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 26.24 Tithi 22
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:37AM – 6:30AM
Yama 1:59PM – 3:51PM
Rahu 8:22AM – 10:14AM

Dhanishtha Until 2:44AM Sun
Indra Until 1:29AM Sun
Visti Until 9:11AM
Saptami Until 10:22PM

Rochester, NY
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:37AM
Muruga: Yellow *Sunset:* 7:36PM
Nataraja: Clear
Moon – Purple

Devaloka Day
Vaisaka-Vaikasi

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.16 Tithi 23
Creative Work Siddha Yoga
Until 5:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:52PM – 5:44PM
Yama 12:07PM – 1:59PM
Rahu 5:44PM – 7:37PM

Shatabhishak Until 5:32AM Mon
Vaidhriti* Until 2:25AM Mon
Balava Until 11:37AM
Ashtami* Until 12:47AM Mon

Rochester, NY
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 4:36AM
Muruga: Yellow *Sunset:* 7:37PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 20.08 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 8:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:00PM – 3:52PM
Yama 10:14AM – 12:07PM
Rahu 6:29AM – 8:21AM

Purvaproshtapada* Until 8:26AM Tue
Vishkambha* Until 3:12AM Tue
Taitila Until 1:57PM
Navami* Until 3:00AM Tue

Rochester, NY
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Purple *Sunrise:* 4:36AM
Muruga: Yellow *Sunset:* 7:38PM
Nataraja: Clear
Moon – Clear

Sivaloka Day
Vaisaka-Vaikasi


1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Rochester, NY
Meena Rasi: 2.06	Tithi 25	Gulika	12:07PM – 2:00PM	Purvaproshtapada* Until 8:26AM	Ganesha: Purple	<i>Sunrise:</i> 4:35AM	Sun 9	Sutra 44
		Yama	8:21AM – 10:14AM	Priti Until 3:43AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:39PM		Vikarin 5121
		318683469 Rahu	3:53PM – 5:46PM	Vanija Until 4:00PM	Nataraja: Clear			Moon 5 - Phase 7
Routine Work	Marana Yoga			Dashami Until 4:50AM Wed	Moon – Clear			2nd Phase
Until 8:26AM					Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
Meena Rasi: 14.14	Tithi 26	Gulika	10:14AM – 12:07PM	Uttaraproshtapada Until 10:45AM	Ganesha: Purple	<i>Sunrise:</i> 4:35AM	Sun 10	Sutra 45
		Yama	6:28AM – 8:21AM	Ayushman Until 3:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:40PM		Vikarin 5121
		318683469 Rahu	12:07PM – 2:00PM	Bava Until 5:34PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM Thu	Moon – Clear			2nd Phase
Until 10:45AM					Vaisaka-Vaikasi		Sivaloka Day	
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
Meena Rasi: 26.35	Tithi 26 – 27	Gulika	8:21AM – 10:14AM	Revati Until 12:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:34AM	Sun 11	Sutra 46
		Yama	4:34AM – 6:27AM	Saubhagya Until 3:23AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:40PM		Vikarin 5121
		318683469 Rahu	2:00PM – 3:54PM	Kaulava Until 6:33PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM	Moon – Clear			2nd Phase
Until 12:22PM					Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY
Mesha Rasi: 9.13	Tithi 27 – 28	Gulika	6:27AM – 8:20AM	Ashvini Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:33AM	Sun 12	Sutra 47
		Yama	3:54PM – 5:48PM	Sobhana Until 2:30AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:41PM		Vikarin 5121
		328683469 Rahu	10:14AM – 12:07PM	Gara Until 6:54PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Dvadashi* Until 6:47AM	Moon – White			2nd Phase
Until 1:42PM					Vaisaka-Vaikasi		Devaloka Day	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
Mesha Rasi: 22.08	Tithi 28 – 29	Gulika	4:33AM – 6:26AM	Bharani Until 2:14PM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Sun 13	Sutra 48
		Yama	2:01PM – 3:55PM	Athiganda* Until 1:05AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:42PM		Vikarin 5121
		329683469 Rahu	8:20AM – 10:14AM	Visti Until 6:37PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Trayodashi* Until 6:49AM	Moon – White			2nd Phase
Until 2:14PM					Vaisaka-Vaikasi		Bhuloka Day	
Then Creative Work - Amrita Yoga							Devaloka Time: 3:PM to 6:PM	

		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY
Retreat Star		Gulika	3:55PM – 5:49PM	Krittika Until 2:02PM	Ganesha: White	<i>Sunrise:</i> 4:32AM	Sun 14	Sutra 49
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	12:08PM – 2:01PM	Sukarma Until 11:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:43PM		Vikarin 5121
		329683469 Rahu	5:49PM – 7:43PM	Naga Until 5:05AM Mon	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Chaturdashi* Until 6:14AM	Moon – White			Amavasya
					Vaisaka-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY
Vrishabha Rasi: 18.58	Tithi 1	Gulika	2:02PM – 3:56PM	Rohini Until 1:37PM	Ganesha: Green	<i>Sunrise:</i> 4:32AM	Sun 15	Sutra 50
Family Home Evening		Yama	10:14AM – 12:08PM	Dhriti Until 9:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:44PM		Vikarin 5121
		339683469 Rahu	6:26AM – 8:20AM	Kintughna Until 4:22PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Prathama* Until 3:30AM Tue	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rochester, NY Sun 16 Sutra 51
Mithuna Rasi: 2.47	Tithi 2	Gulika	12:08PM – 2:02PM	Mrigashira Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 4:31AM	Vikarin 5121	
		Yama	8:20AM – 10:14AM	Shula* Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Moon 5 - Phase 8	
		339683461 Rahu	3:56PM – 5:50PM	Balava Until 2:35PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 1:34AM Wed	Moon – Yellow		Bhuloka Day	
Until 12:39PM					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Rochester, NY Sun 17 Sutra 52
Mithuna Rasi: 16.49	Tithi 3	Gulika	10:14AM – 12:08PM	Ardra Until 11:14AM	Ganesha: Green	<i>Sunrise:</i> 4:31AM	Vikarin 5121	
		Yama	6:25AM – 8:20AM	Ganda* Until 3:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 8	
		339683461 Rahu	12:08PM – 2:02PM	Taitila Until 12:31PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga			Tritiya Until 11:23PM	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Rochester, NY Sun 18 Sutra 53
Kataka Rasi: 1	Tithi 4	Gulika	8:20AM – 10:14AM	Punarvasu Until 9:55AM	Ganesha: White	<i>Sunrise:</i> 4:31AM	Vikarin 5121	
		Yama	4:31AM – 6:25AM	Vridhhi Until 12:48PM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 8	
		349683461 Rahu	2:03PM – 3:57PM	Vanija Until 10:15AM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga			Chaturthi * Until 9:04PM	Moon – Blue		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY Sun 19 Sutra 54
Kataka Rasi: 15.15	Tithi 5	Gulika	6:25AM – 8:19AM	Pushya Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
		Yama	3:57PM – 5:52PM	Dhruva Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 8	
		349683461 Rahu	10:14AM – 12:08PM	Bava Until 7:54AM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga			Panchami Until 6:42PM	Moon – Blue		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rochester, NY Sun 20 Sutra 55
Kataka Rasi: 29.32	Tithi 6 – 7	Gulika	4:30AM – 6:25AM	Ashlesha* Until 6:38AM	Ganesha: White	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
		Yama	2:03PM – 3:58PM	Vyaghata* Until 6:50AM	Muruqa: Yellow	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8	
		349683461 Rahu	8:19AM – 10:14AM	Gara Until 3:12AM Sun	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga			Shashthi* Until 4:20PM	Moon – Blue		Bhuloka Day	
Until 6:38AM					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rochester, NY Sun 21 Sutra 56
Simha Rasi: 13.46	Tithi 7 – 8	Gulika	3:58PM – 5:53PM	Purvaphalguni Until 3:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
		Yama	12:09PM – 2:03PM	Vajra* Until 1:00AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 8	
		351683461 Rahu	5:53PM – 7:48PM	Visti Until 12:58AM Mon	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga			Saptami Until 2:03PM	Moon – Red		Devaloka Day	
					Jyeshtha-Vaikasi			

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rochester, NY Sun 22 Sutra 57
Simha Rasi: 27.57	Tithi 8 – 9	Gulika	2:04PM – 3:59PM	Uttaraphalguni Until 2:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
Family Home Evening		Yama	10:14AM – 12:09PM	Siddhi Until 10:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 8	
		351683461 Rahu	6:25AM – 8:19AM	Balava Until 10:51PM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga			Ashtami* Until 11:52AM	Moon – Red		Devaloka Day	
					Jyeshtha-Vaikasi			

1		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rochester, NY Sun 23 Sutra 58	
Kanya Rasi: 12.02	Tithi 9 – 10	Gulika	12:09PM – 2:04PM	Hasta Until 1:21AM Wed	Ganesha: White	<i>Sunrise:</i> 4:30AM	Vikarin 5121
		Yama	8:19AM – 10:14AM	Vyatipata* Until 7:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9
		361683461 Rahu	3:59PM – 5:54PM	Taitila Until 8:53PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Navami* Until 9:49AM	Moon – Green		
					Jyeshtha-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

2		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyiana/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 24 Sutra 59	
Kanya Rasi: 26.01	Tithi 10 – 11	Gulika	10:14AM – 12:09PM	Chitra Until 12:25AM Thu	Ganesha: White	<i>Sunrise:</i> 4:29AM	Vikarin 5121
		Yama	6:24AM – 8:19AM	Variyan Until 5:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 9
		361683461 Rahu	12:09PM – 2:04PM	Vanija Until 7:08PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Dashami Until 7:58AM	Moon – Green		
Until 12:25AM Thu					Jyeshtha-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

3		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 25 Sutra 60	
Tula Rasi: 9.52	Tithi 11 – 12	Gulika	8:19AM – 10:15AM	Svati Until 11:37PM	Ganesha: White	<i>Sunrise:</i> 4:29AM	Vikarin 5121
		Yama	4:29AM – 6:24AM	Parigha* Until 2:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9
		361683461 Rahu	2:05PM – 4:00PM	Balava Until 5:00AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga			Ekadashi Until 6:20AM	Moon – Green		
Until 11:37PM					Jyeshtha-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

4		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Rochester, NY Sun 26 Sutra 61	
Tula Rasi: 23.31	Tithi 13	Gulika	6:24AM – 8:20AM	Vishakha Until 11:27PM	Ganesha: Clear	<i>Sunrise:</i> 4:29AM	Vikarin 5121
		Yama	4:00PM – 5:55PM	Shiva Until 12:52PM	Muruqa: Blue	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9
		371693461 Rahu	10:15AM – 12:10PM	Kaulava Until 4:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 4:01AM Sat	Moon – Orange		
		Vaikasi Visakam			Jyeshtha-Vaikasi	Sivaloka Day	
				<i>Pradosha Vrata</i>			

5		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau		Rochester, NY Sun 27 Sutra 62	
Vrischika Rasi: 6.58	Tithi 14	Gulika	4:29AM – 6:24AM	Anuradha Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 4:29AM	Vikarin 5121
		Yama	2:05PM – 4:00PM	Siddha Until 11:09AM	Muruqa: Blue	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 9
		371793461 Rahu	8:20AM – 10:15AM	Gara Until 3:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 3:29AM Sun	Moon – Orange		
					Jyeshtha-Ani	Subha Sivaloka Day	

○		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau		Rochester, NY Sun 27 Sutra 63	
Copper Retreat Star		Gulika	4:01PM – 5:56PM	Jyeshtha* Until 11:59PM	Ganesha: White	<i>Sunrise:</i> 4:29AM	Vikarin 5121
Vrischika Rasi: 20.11	Tithi 15	Yama	12:10PM – 2:05PM	Sadhya Until 9:49AM	Muruqa: Blue	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 9
		371793461 Rahu	5:56PM – 7:51PM	Visti Until 3:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga			Purnima* Until 3:27AM Mon	Moon – Orange		
Until 11:59PM		Father's Day			Jyeshtha-Ani	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga							

Monday, June 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau		Rochester, NY Sun 28 Sutra 64	
Dhanus Rasi: 3.07	Tithi 16	Gulika	2:06PM – 4:01PM	Mula* Until 1:16AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:29AM	Vikarin 5121
Family Home Evening		Yama	10:15AM – 12:10PM	Subha Until 8:55AM	Muruqa: Blue	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 9
		381793461 Rahu	6:25AM – 8:20AM	Balava Until 3:39PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga			Prathama* Until 3:58AM Tue	Moon – Light Blue		
					Jyeshtha-Ani	Sivaloka Day	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukstayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Rochester, NY
Sutra 65

Dhanus Rasi: 15.48 Tithi 17
381793461
Creative Work Siddha Yoga
Until 2:57AM Wed
Then Creative Work - Amrita Yoga

Gulika 12:11PM – 2:06PM
Yama 8:20AM – 10:15AM
Rahu 4:01PM – 5:56PM

Purvashadha* Until 2:57AM Wed
Sukla Until 8:26AM
Tailila Until 4:28PM
Dvitiya Until 5:03AM Wed

Ganesha: Clear *Sunrise: 4:29AM*
Muruqa: Blue *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukstayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Rochester, NY
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18
382793461
Creative Work Amrita Yoga
Until 4:59AM Thu
Then Creative Work - Siddha Yoga

Gulika 10:15AM – 12:11PM
Yama 6:25AM – 8:20AM
Rahu 12:11PM – 2:06PM

Uttarashadha Until 4:59AM Thu
Brahma Until 8:24AM
Vanija Until 5:49PM
Tritiya Until 6:40AM Thu

Ganesha: Purple *Sunrise: 4:30AM*
Muruqa: Blue *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukstayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19
392793461
Creative Work Siddha Yoga

Gulika 8:20AM – 10:16AM
Yama 4:30AM – 6:25AM
Rahu 2:06PM – 4:02PM

Shravana Until 7:46AM Fri
Indra Until 8:47AM
Bava Until 7:40PM
Tritiya Until 6:40AM

Ganesha: Clear *Sunrise: 4:30AM*
Muruqa: Blue *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukstayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20
392793461
Routine Work Marana Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Gulika 6:25AM – 8:21AM
Yama 4:02PM – 5:57PM
Rahu 10:16AM – 12:11PM

Shravana Until 7:46AM
Vaidhriti* Until 9:27AM
Kaulava Until 9:51PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise: 4:30AM*
Muruqa: Blue *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukstayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21
392793461
Creative Work Siddha Yoga
Until 10:39AM
Then Creative Work - Amrita Yoga

Gulika 4:30AM – 6:25AM
Yama 2:07PM – 4:02PM
Rahu 8:21AM – 10:16AM

Dhanishtha Until 10:39AM
Vishkambha* Until 10:21AM
Gara Until 12:13AM Sun
Panchami Until 11:00AM

Ganesha: Clear *Sunrise: 4:30AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yukstayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22
392793461
Creative Work Siddha Yoga

Gulika 4:02PM – 5:57PM
Yama 12:12PM – 2:07PM
Rahu 5:57PM – 7:53PM

Shatabhishak Until 1:27PM
Priti Until 11:20AM
Visti Until 2:35AM Mon
Shashthi* Until 1:24PM

Ganesha: Clear *Sunrise: 4:30AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukstayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23
312793461
Family Home Evening
Routine Work Marana Yoga
Until 4:29PM
Then Creative Work - Siddha Yoga

Gulika 2:07PM – 4:02PM
Yama 10:17AM – 12:12PM
Rahu 6:26AM – 8:21AM

Purvaprosarthapada* Until 4:29PM
Ayushman Until 12:12PM
Balava Until 4:45AM Tue
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise: 4:31AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukstayam
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Rochester, NY
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24
312793461
Creative Work Amrita Yoga
Until 7:03PM
Then Creative Work - Siddha Yoga

Gulika 12:12PM – 2:07PM
Yama 8:22AM – 10:17AM
Rahu 4:03PM – 5:58PM

Uttaraprosarthapada Until 7:03PM
Saubhagya Until 12:53PM
Tailila Until 6:31AM Wed
Ashtami* Until 5:40PM

Ganesha: Yellow *Sunrise: 4:31AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukstayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Rochester, NY
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24
312793461
Routine Work Marana Yoga

Gulika 10:17AM – 12:12PM
Yama 6:27AM – 8:22AM
Rahu 12:12PM – 2:07PM

Revati Until 8:59PM
Sobhana Until 1:14PM
Tailila Until 6:31AM
Navami* Until 7:10PM

Ganesha: Yellow *Sunrise: 4:31AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Navami

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Rochester, NY
Mesha Rasi: 4.35	Tithi 25	322793461	Gulika 8:22AM – 10:17AM Yama 4:32AM – 6:27AM Rahu 2:08PM – 4:03PM	Ashvini Until 10:38PM Athiganda* Until 1:06PM Vanija Until 7:43AM Dashami Until 8:04PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 4:32AM Sunset: 7:53PM	Sun 9 Sutra 74 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga								
Until 10:38PM								
Then Creative Work - Siddha Yoga								

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
Mesha Rasi: 17.14	Tithi 26	322793461	Gulika 6:27AM – 8:22AM Yama 4:03PM – 5:58PM Rahu 10:18AM – 12:13PM	Bharani Until 11:26PM Sukarma Until 12:27PM Bava Until 8:16AM Ekadashi* Until 8:15PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 4:32AM Sunset: 7:53PM	Sun 10 Sutra 75 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga								

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rochester, NY
Vrishabha Rasi: 0.15	Tithi 27	322793461	Gulika 4:33AM – 6:28AM Yama 2:08PM – 4:03PM Rahu 8:23AM – 10:18AM	Krittika Until 11:22PM Dhriti Until 11:14AM Kaulava Until 8:06AM Dvadashi* Until 7:43PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 4:33AM Sunset: 7:53PM	Sun 11 Sutra 76 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga								

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
Vrishabha Rasi: 13.38	Tithi 28	322793461	Gulika 4:03PM – 5:58PM Yama 12:13PM – 2:08PM Rahu 5:58PM – 7:53PM	Rohini Until 10:56PM Shula* Until 9:25AM Gara Until 7:12AM Trayodashi* Until 6:29PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 4:33AM Sunset: 7:53PM	Sun 12 Sutra 77 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga								
<i>Pradosha Vrata (Fasting)</i>								

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY
Vrishabha Rasi: 27.25	Tithi 29 – 30	322793461	Gulika 2:08PM – 4:03PM Yama 10:18AM – 12:13PM Rahu 6:29AM – 8:23AM	Mrigashira Until 9:46PM Ganda* Until 7:06AM Catuspada Until 3:33AM Tue Chaturdashi* Until 4:39PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 4:34AM Sunset: 7:53PM	Sun 13 Sutra 78 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Family Home Evening								
Creative Work Amrita Yoga								
Until 9:46PM								
Then Creative Work - Siddha Yoga								

		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY
Retreat Star								
Mithuna Rasi: 11.32	Tithi 30 – 1	333793461	Gulika 12:13PM – 2:08PM Yama 8:24AM – 10:19AM Rahu 4:03PM – 5:58PM	Ardra Until 7:59PM Dhruva Until 1:12AM Wed Kintughna Until 1:00AM Wed Amavasya* Until 2:18PM	Ganesha: Red Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 4:34AM Sunset: 7:53PM	Sun 14 Sutra 79 Vikarin 5121 Moon 6 - Phase 11 Amavasya	Sivaloka Day
Routine Work Marana Yoga								
Until 7:59PM								
Then Creative Work - Siddha Yoga								

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY
Mithuna Rasi: 25.57	Tithi 1 – 2	343793461	Gulika 10:19AM – 12:14PM Yama 6:29AM – 8:24AM Rahu 12:14PM – 2:08PM	Punarvasu Until 6:08PM Vyaghata* Until 9:49PM Balava Until 10:10PM Prathama* Until 11:36AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 4:35AM Sunset: 7:52PM	Sun 15 Sutra 80 Vikarin 5121 Moon 6 - Phase 11 Prathama	Sivaloka Day
Creative Work Siddha Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY
Kataka Rasi: 10.34	Tithi 2 – 3	343793461	Gulika 8:25AM – 10:19AM Yama 4:35AM – 6:30AM Rahu 2:08PM – 4:03PM	Pushya Until 3:58PM Harshana Until 6:19PM Taitila Until 7:10PM Dvitiya Until 8:39AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 4:35AM Sunset: 7:52PM	Sun 16	Sutra 81 Vikarin 5121 Moon 6 - Phase 12 3rd Phase
Creative Work Amrita Yoga Until 3:58PM Then Creative Work - Siddha Yoga								Sivaloka Day

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturthyam Titau				Rochester, NY
Kataka Rasi: 25.14	Tithi 4	343793461	Gulika 6:30AM – 8:25AM Yama 4:03PM – 5:57PM Rahu 10:19AM – 12:14PM	Ashlesha* Until 1:37PM Vajra* Until 2:45PM Vanija Until 4:08PM Chaturthi* Until 2:37AM Sat	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 4:36AM Sunset: 7:52PM	Sun 17	Sutra 82 Vikarin 5121 Moon 6 - Phase 12 3rd Phase
Routine Work Marana Yoga								Sivaloka Day

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY
Simha Rasi: 9.54	Tithi 5	353793461	Gulika 4:37AM – 6:31AM Yama 2:08PM – 4:03PM Rahu 8:25AM – 10:20AM	Magha* Until 11:37AM Siddhi Until 11:17AM Bava Until 1:11PM Panchami Until 11:46PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 4:37AM Sunset: 7:52PM	Sun 18	Sutra 83 Vikarin 5121 Moon 6 - Phase 12 3rd Phase
Creative Work Amrita Yoga Until 11:37AM Then Creative Work - Siddha Yoga								Subha Sivaloka Day

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan* Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY
Simha Rasi: 24.27	Tithi 6	453793461	Gulika 4:03PM – 5:57PM Yama 12:14PM – 2:08PM Rahu 5:57PM – 7:51PM	Purvaphalguni Until 9:40AM Vyatipata* Until 7:59AM Kaulava Until 10:27AM Shashthi* Until 9:10PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 4:37AM Sunset: 7:51PM	Sun 19	Sutra 84 Vikarin 5121 Moon 6 - Phase 12 3rd Phase
Creative Work Siddha Yoga Until 9:40AM Then Creative Work - Amrita Yoga								Sivaloka Day

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY
Kanya Rasi: 8.47	Tithi 7	453793461	Gulika 2:08PM – 4:03PM Yama 10:20AM – 12:14PM Rahu 6:32AM – 8:26AM	Uttaraphalguni Until 7:52AM Parigha* Until 2:06AM Tue Gara Until 8:00AM Saptami Until 6:53PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red	Sunrise: 4:38AM Sunset: 7:51PM	Sun 20	Sutra 85 Vikarin 5121 Moon 6 - Phase 12 3rd Phase
Family Home Evening Creative Work Siddha Yoga								Sivaloka Day

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rochester, NY
Kanya Rasi: 22.54	Tithi 8 – 9	463793461	Gulika 12:15PM – 2:08PM Yama 8:27AM – 10:21AM Rahu 4:02PM – 5:56PM	Hasta Until 6:43AM Shiva Until 11:39PM Balava Until 4:14AM Wed Ashtami* Until 5:00PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Green	Sunrise: 4:39AM Sunset: 7:50PM	Sun 21	Sutra 86 Vikarin 5121 Moon 6 - Phase 12 Ashtami
Creative Work Siddha Yoga								Subha Sivaloka Day

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY
Tula Rasi: 6.45	Tithi 9 – 10	463893461	Gulika 10:21AM – 12:15PM Yama 6:33AM – 8:27AM Rahu 12:15PM – 2:08PM	Svati Until 5:15AM Thu Siddha Until 9:32PM Taitila Until 3:00AM Thu Navami* Until 3:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Green	Sunrise: 4:39AM Sunset: 7:50PM	Sun 22	Sutra 87 Vikarin 5121 Moon 6 - Phase 12 Navami
Creative Work Siddha Yoga								Sivaloka Day

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rochester, NY Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	Gulika 8:27AM – 10:21AM	Vishakha Until 5:25AM Fri	Ganesha: White	<i>Sunrise:</i> 4:40AM	Vikarin 5121
			Yama 4:40AM – 6:34AM	Sadhya Until 7:48PM	Muruqa: Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 2:08PM – 4:02PM	Vanija Until 2:13AM Fri	Nataraja: Yellow		4th Phase
			Dashami Until 2:32PM	Ashada•Ani	Devaloka Day		

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	Gulika 6:34AM – 8:28AM	Anuradha Until 5:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:41AM	Vikarin 5121
			Yama 4:02PM – 5:55PM	Subha Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:21AM – 12:15PM	Bava Until 1:56AM Sat	Nataraja: Yellow		4th Phase
			Ekadashi Until 2:00PM	Ashada•Ani	Devaloka Day		

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	Gulika 4:42AM – 6:35AM	Jyeshtha* Until 6:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121
			Yama 2:08PM – 4:02PM	Sukla Until 5:29PM	Muruqa: Blue	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:28AM – 10:22AM	Kaulava Until 2:07AM Sun	Nataraja: Yellow		4th Phase
Until 6:43AM Sun Then Creative Work - Amrita Yoga			Dvadashi Until 1:56PM	Ashada•Ani	Devaloka Day		
<i>Pradosha Vrata</i>							

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	Gulika 4:01PM – 5:55PM	Jyeshtha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121
			Yama 12:15PM – 2:08PM	Brahma Until 4:53PM	Muruqa: Blue	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 Rahu 5:55PM – 7:48PM	Gara Until 2:47AM Mon	Nataraja: Yellow		4th Phase
Until 6:43AM Then Creative Work - Amrita Yoga			Trayodashi Until 2:22PM	Ashada•Ani	Devaloka Day		

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rochester, NY Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	Gulika 2:08PM – 4:01PM	Mula* Until 8:18AM	Ganesha: Clear	<i>Sunrise:</i> 4:43AM	Vikarin 5121
	Family Home Evening		Yama 10:22AM – 12:15PM	Indra Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 6:36AM – 8:29AM	Visti Until 3:54AM Tue	Nataraja: Yellow		4th Phase
Until 8:18AM Then Routine Work - Marana Yoga			Chaturdashi* Until 3:16PM	Ashada•Ani	Sivaloka Day		

○	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:15PM – 2:08PM	Purvashadha* Until 10:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:44AM	Vikarin 5121
	Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 8:30AM – 10:23AM	Vaidhriti* Until 4:48PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 4:01PM – 5:54PM	Balava Until 5:28AM Wed	Nataraja: Yellow		Purnima
Until 10:10AM Then Routine Work - Prabalarishta Yoga			Purnima* Until 4:37PM	Ashada•Adi	Sivaloka Day		
Partial Lunar Eclipse Satguru Purnima							

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Rochester, NY Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:23AM – 12:15PM	Uttarashadha Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:45AM	Vikarin 5121
	Makara Rasi: 6.44	Tithi 16	Yama 6:38AM – 8:30AM	Vishkambha* Until 5:14PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 Rahu 12:15PM – 2:08PM	Kaulava Until 6:23PM	Nataraja: White		Prathama
Until 12:18PM Then Creative Work - Siddha Yoga			Prathama* Until 6:23PM	Ashada•Adi	Subha Subha Sivaloka Day		



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.47 Tithi 17
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trityayam Titau
Gulika 8:31AM – 10:23AM **Shravana Until 3:05PM**
Yama 4:46AM – 6:38AM Priti Until 5:57PM
Rahu 2:08PM – 4:00PM Taitila Until 7:24AM
Dvitiya Until 8:28PM

Rochester, NY
Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:46AM
Muruga: Blue Sunset: 7:45PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Kumbha Rasi: 0.44 Tithi 18
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti* Karana Trityayam Titau
Gulika 6:39AM – 8:31AM **Dhanishtha Until 5:57PM**
Yama 4:00PM – 5:52PM Ayushman Until 6:49PM
Rahu 10:23AM – 12:16PM Vanija Until 9:37AM
Tritiya Until 10:47PM

Rochester, NY
Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:47AM
Muruga: Blue Sunset: 7:44PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 12.37 Tithi 19
494893462
Creative Work Amrita Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 4:48AM – 6:40AM **Shatabhishak Until 8:45PM**
Yama 2:08PM – 3:59PM Saubhagya Until 7:48PM
Rahu 8:32AM – 10:24AM Bava Until 12:00PM
Chaturthi* Until 1:12AM Sun

Rochester, NY
Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:48AM
Muruga: Blue Sunset: 7:43PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 24.28 Tithi 20
414893462
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 3:59PM – 5:51PM **Purvaproshtapada* Until 11:53PM**
Yama 12:16PM – 2:07PM Sobhana Until 8:46PM
Rahu 5:51PM – 7:42PM Kaulava Until 2:25PM
Panchami Until 3:34AM Mon

Rochester, NY
Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:49AM
Muruga: Blue Sunset: 7:42PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 6.22 Tithi 21
414893462
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 2:07PM – 3:59PM **Uttaraproshtapada Until 2:40AM Tue**
Yama 10:24AM – 12:16PM Athiganda* Until 9:35PM
Rahu 6:41AM – 8:33AM Gara Until 4:42PM
Shashthi* Until 5:44AM Tue

Rochester, NY
Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:50AM
Muruga: Blue Sunset: 7:42PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 18.19 Tithi 22
414893462
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti* Karana Saptamyam Titau
Gulika 12:16PM – 2:07PM **Revati Until 4:57AM Wed**
Yama 8:33AM – 10:24AM Sukarma Until 10:11PM
Rahu 3:58PM – 5:49PM Visti Until 6:42PM
Saptami Until 7:32AM Wed

Rochester, NY
Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:51AM
Muruga: Blue Sunset: 7:41PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Mesha Rasi: 0.26 Tithi 22 – 23
424893462
Routine Work Marana Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:25AM – 12:16PM **Ashvini Until 7:04AM Thu**
Yama 6:43AM – 8:34AM Dhriti Until 10:26PM
Rahu 12:16PM – 2:07PM Balava Until 8:16PM
Saptami Until 7:32AM

Rochester, NY
Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Ganesha: White Sunrise: 4:52AM
Muruga: Blue Sunset: 7:40PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.46 Tithi 23 – 24
424893462
Creative Work Amrita Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:34AM – 10:25AM **Ashvini Until 7:04AM**
Yama 4:53AM – 6:43AM Shula* Until 10:10PM
Rahu 2:06PM – 3:57PM Taitila Until 9:13PM
Ashtami* Until 8:48AM

Rochester, NY
Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Ganesha: White Sunrise: 4:53AM
Muruga: Blue Sunset: 7:39PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Rochester, NY Sun 9 Sutra 103 Vikarin 5121
Mesha Rasi: 25.23	Tithi 24 – 25	Gulika 6:44AM – 8:35AM	Bharani Until 8:23AM	Ganesha: White	<i>Sunrise:</i> 4:54AM	
		Yama 3:57PM – 5:47PM	Ganda* Until 9:22PM	Muruqa: Blue	<i>Sunset:</i> 7:38PM	Moon 7 - Phase 15
		424893462 Rahu 10:25AM – 12:16PM	Vanija Until 9:27PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 9:25AM	Moon – White		Subha Subha Sivaloka Day
						Ashada-Adi

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 10 Sutra 104 Vikarin 5121
Wrishabha Rasi: 8.21	Tithi 25 – 26	Gulika 4:55AM – 6:45AM	Krittika Until 8:49AM	Ganesha: White	<i>Sunrise:</i> 4:55AM	
		Yama 2:06PM – 3:56PM	Vriddhi Until 7:57PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 15
		424893462 Rahu 8:35AM – 10:25AM	Bava Until 8:55PM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 9:16AM	Moon – White		Subha Subha Sivaloka Day
						Ashada-Adi

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 11 Sutra 105 Vikarin 5121
Wrishabha Rasi: 21.44	Tithi 26 – 27	Gulika 3:56PM – 5:46PM	Rohini Until 8:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	
		Yama 12:16PM – 2:06PM	Dhruva Until 5:53PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 15
		424893462 Rahu 5:46PM – 7:36PM	Kaulava Until 7:36PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:20AM	Moon – Yellow		Subha Sivaloka Day
						Ashada-Adi

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau		Rochester, NY Sun 12 Sutra 106 Vikarin 5121
Mithuna Rasi: 5.34	Tithi 27 – 28	Gulika 2:05PM – 3:55PM	Mrigashira Until 7:51AM	Ganesha: White	<i>Sunrise:</i> 4:57AM	
Family Home Evening		Yama 10:26AM – 12:16PM	Vyaghata* Until 3:14PM	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 Rahu 6:46AM – 8:36AM	Vanija Until 4:19AM Tue	Nataraja: White		2nd Phase
Until 7:51AM			Dvadashi* Until 6:39AM	Moon – Yellow		Sivaloka Day
Then Creative Work - Siddha Yoga						Ashada-Adi
						Pradosha Vrata (Fasting)

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rochester, NY Sun 13 Sutra 107 Vikarin 5121
Mithuna Rasi: 19.5	Tithi 29	Gulika 12:16PM – 2:05PM	Ardra Until 6:07AM	Ganesha: White	<i>Sunrise:</i> 4:58AM	
		Yama 8:37AM – 10:27AM	Harshana Until 12:07PM	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 15
		435893462 Rahu 3:55PM – 5:44PM	Visti Until 2:57PM	Nataraja: White		2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:27AM Wed	Moon – Yellow		Sivaloka Day
Until 6:07AM						Ashada-Adi
Then Creative Work - Siddha Yoga						

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rochester, NY Sun 14 Sutra 108 Vikarin 5121
Retreat Star		Gulika 10:26AM – 12:16PM	Pushya Until 1:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:59AM	
Kataka Rasi: 4.28	Tithi 30	Yama 6:48AM – 8:37AM	Vajra* Until 8:33AM	Muruqa: Blue	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15
		445893462 Rahu 12:16PM – 2:05PM	Catuspada Until 11:52AM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:11PM	Moon – Blue		Sivaloka Day
						Ashada-Adi

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Rochester, NY Sun 15 Sutra 109 Vikarin 5121
Kataka Rasi: 19.22	Tithi 1	Gulika 8:38AM – 10:27AM	Ashlesha* Until 10:50PM	Ganesha: Green	<i>Sunrise:</i> 5:00AM	
		Yama 5:00AM – 6:49AM	Vyatipata* Until 12:45AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15
		445893462 Rahu 2:04PM – 3:53PM	Kintughna Until 8:28AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:41PM	Moon – Blue		Sivaloka Day
Until 10:50PM						Sravana-Adi
Then Creative Work - Amrita Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY
Simha Rasi: 4.24	Tithi 2 – 3	455893462	Gulika 6:49AM – 8:38AM Yama 3:53PM – 5:41PM Rahu 10:27AM – 12:15PM	Magha* Until 8:13PM Varyan Until 8:43PM Taitila Until 1:22AM Sat Dvitiya Until 3:07PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Red Sravana-Adi	<i>Sunrise:</i> 5:01AM <i>Sunset:</i> 7:30PM	Sun 16 Sutra 110 Vikarin 5121 Moon 7 - Phase 16 3rd Phase	Sivaloka Day
Routine Work Marana Yoga Until 8:13PM Then Creative Work - Siddha Yoga								

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Rochester, NY
Simha Rasi: 19.26	Tithi 3 – 4	455893462	Gulika 5:02AM – 6:50AM Yama 2:04PM – 3:52PM Rahu 8:39AM – 10:27AM	Purvaphalguni Until 5:36PM Parigha* Until 4:49PM Vanija Until 9:57PM Tritiya Until 11:37AM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Red Sravana-Adi	<i>Sunrise:</i> 5:02AM <i>Sunset:</i> 7:29PM	Sun 17 Sutra 111 Vikarin 5121 Moon 7 - Phase 16 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga								

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rochester, NY
Kanya Rasi: 4.19	Tithi 4 – 5	455993462	Gulika 3:51PM – 5:39PM Yama 12:15PM – 2:03PM Rahu 5:39PM – 7:28PM	Uttaraphalguni Until 3:06PM Shiva Until 1:08PM Bava Until 6:51PM Chaturthi* Until 8:20AM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Red Sravana-Adi	<i>Sunrise:</i> 5:03AM <i>Sunset:</i> 7:28PM	Sun 18 Sutra 112 Vikarin 5121 Moon 7 - Phase 16 3rd Phase	Subha Sivaloka Day
Creative Work Amrita Yoga		Nag Panchami						

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY
Kanya Rasi: 18.57	Tithi 6	465993462	Gulika 2:03PM – 3:51PM Yama 10:27AM – 12:15PM Rahu 6:52AM – 8:40AM	Hasta Until 1:17PM Siddha Until 9:45AM Kaulava Until 4:10PM Shashthi* Until 3:00AM Tue	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green Sravana-Adi	<i>Sunrise:</i> 5:04AM <i>Sunset:</i> 7:26PM	Sun 19 Sutra 113 Vikarin 5121 Moon 7 - Phase 16 3rd Phase	Subha Subha Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 1:17PM Then Routine Work - Prabalarishta Yoga								

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau				Rochester, NY
Tula Rasi: 3.13	Tithi 7	465993462	Gulika 12:15PM – 2:03PM Yama 8:40AM – 10:28AM Rahu 3:50PM – 5:38PM	Chitra Until 11:52AM Sadhya Until 6:48AM Gara Until 2:02PM Saptami Until 1:10AM Wed	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green Sravana-Adi	<i>Sunrise:</i> 5:05AM <i>Sunset:</i> 7:25PM	Sun 20 Sutra 114 Vikarin 5121 Moon 7 - Phase 16 3rd Phase	Subha Subha Sivaloka Day
Creative Work Siddha Yoga								

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Rochester, NY
Tula Rasi: 17.07	Tithi 8	465993462	Gulika 10:28AM – 12:15PM Yama 6:53AM – 8:41AM Rahu 12:15PM – 2:02PM	Svati Until 10:54AM Sukla Until 2:25AM Thu Visti Until 12:30PM Ashtami* Until 11:59PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green Sravana-Adi	<i>Sunrise:</i> 5:06AM <i>Sunset:</i> 7:24PM	Sun 21 Sutra 115 Vikarin 5121 Moon 7 - Phase 16 Ashtami	Subha Subha Sivaloka Day
Creative Work Siddha Yoga								

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
Vrischika Rasi: 0.37	Tithi 9	476993462	Gulika 8:41AM – 10:28AM Yama 5:07AM – 6:54AM Rahu 2:02PM – 3:49PM	Vishakha Until 10:54AM Brahma Until 1:02AM Fri Balava Until 11:39AM Navami* Until 11:28PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange Sravana-Adi	<i>Sunrise:</i> 5:07AM <i>Sunset:</i> 7:22PM	Sun 22 Sutra 116 Vikarin 5121 Moon 7 - Phase 16 Navami	Sivaloka Day
Creative Work Siddha Yoga								

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Rochester, NY Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	Gulika 6:55AM – 8:41AM	Anuradha Until 11:24AM	Ganesha: Purple <i>Sunrise: 5:08AM</i>	
		Yama 3:48PM – 5:34PM	Indra Until 12:10AM Sat	Muruqa: Blue <i>Sunset: 7:21PM</i>	Moon 7 - Phase 17
476993462	Rahu 10:28AM – 12:15PM		Taitila Until 11:28AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga			Moon – Orange	
Until 11:24AM		Varalakshmi Vratam	Dashami Until 11:36PM	Savana*Adi	Sivaloka Day
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Rochester, NY Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	Gulika 5:09AM – 6:56AM	Jyeshtha* Until 12:22PM	Ganesha: Purple <i>Sunrise: 5:09AM</i>	
		Yama 2:01PM – 3:47PM	Vaidhriti* Until 11:45PM	Muruqa: Blue <i>Sunset: 7:20PM</i>	Moon 7 - Phase 17
476993462	Rahu 8:42AM – 10:28AM		Vanija Until 11:55AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga			Moon – Orange	
Until 11:24AM			Ekadashi Until 12:20AM Sun	Savana*Adi	Sivaloka Day
Then Routine Work - Marana Yoga					

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Rochester, NY Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	Gulika 3:46PM – 5:32PM	Mula* Until 2:12PM	Ganesha: Clear <i>Sunrise: 5:10AM</i>	
		Yama 12:14PM – 2:00PM	Vishkambha* Until 11:46PM	Muruqa: Blue <i>Sunset: 7:18PM</i>	Moon 7 - Phase 17
486993462	Rahu 5:32PM – 7:18PM		Bava Until 12:56PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue	
Until 2:12PM			Dvodashi Until 1:36AM Mon	Savana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Rochester, NY Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	Gulika 2:00PM – 3:45PM	Purvashadha* Until 4:20PM	Ganesha: Clear <i>Sunrise: 5:12AM</i>	
		Yama 10:29AM – 12:14PM	Priti Until 12:07AM Tue	Muruqa: Blue <i>Sunset: 7:17PM</i>	Moon 7 - Phase 17
486993462	Rahu 6:57AM – 8:43AM		Kaulava Until 2:25PM	Nataraja: White	4th Phase
Family Home Evening				Moon – Light Blue	
Routine Work	Marana Yoga		Trayodashi Until 3:17AM Tue	Savana*Adi	Subha Sivaloka Day

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Rochester, NY Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	Gulika 12:14PM – 1:59PM	Uttarashadha Until 6:38PM	Ganesha: Clear <i>Sunrise: 5:13AM</i>	
		Yama 8:43AM – 10:29AM	Ayushman Until 12:42AM Wed	Muruqa: Blue <i>Sunset: 7:15PM</i>	Moon 7 - Phase 17
486993462	Rahu 3:45PM – 5:30PM		Gara Until 4:16PM	Nataraja: White	4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue	
Until 6:38PM			Chaturdashi* Until 5:18AM Wed	Savana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau	Rochester, NY Sun 28 Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:29AM – 12:14PM	Shravana Until 9:33PM	Ganesha: White <i>Sunrise: 5:14AM</i>	
Makara Rasi: 15.35	Tithi 15	Yama 6:59AM – 8:44AM	Saubhagya Until 1:29AM Thu	Muruqa: Blue <i>Sunset: 7:14PM</i>	Moon 7 - Phase 17
496993462	Rahu 12:14PM – 1:59PM		Visti Until 6:25PM	Nataraja: White	Purnima
Creative Work	Siddha Yoga			Moon – Purple	
Until 9:33PM		Raksha Bandhan	Purnima* Until 7:32AM Thu	Savana*Adi	Sivaloka Day
Then Routine Work - Prabalarishta Yoga					

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Rochester, NY Sun 29 Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:44AM – 10:29AM	Dhanishtha Until 12:27AM Fri	Ganesha: Yellow <i>Sunrise: 5:15AM</i>	
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:15AM – 7:00AM	Sobhana Until 2:24AM Fri	Muruqa: Blue <i>Sunset: 7:12PM</i>	Moon 7 - Phase 17
497993462	Rahu 1:58PM – 3:43PM		Balava Until 8:44PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga			Moon – Purple	
Until 9:33PM			Purnima* Until 7:32AM	Savana*Adi	Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga					

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Katak Mase Krishna Pakshe Sukra Vasara Yuktayam
 Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY
 Sutra 124
 Vikarin 5121
 Moon 8 - Phase 18
 1st Phase

Kumbha Rasi: 9.24 Tithi 16 - 17

497993462

Gulika 7:00AM - 8:45AM
Yama 3:42PM - 5:27PM
Rahu 10:29AM - 12:13PM

Shatabhishak Until 3:16AM Sat
 Athiganda* Until 3:21AM Sat
 Taitila Until 11:10PM
 Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise: 5:16AM*
Muruqa: Blue *Sunset: 7:11PM*
Nataraja: White
 Moon - Purple

Subha Sivaloka Day

Creative Work Siddha Yoga
 Until 3:16AM Sat
 Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
 Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY
 Sun 1 Sutra 125
 Vikarin 5121
 Moon 8 - Phase 18
 1st Phase

Kumbha Rasi: 21.15 Tithi 17 - 18

517993462

Gulika 5:17AM - 7:01AM
Yama 1:57PM - 3:41PM
Rahu 8:45AM - 10:29AM

Purvaproshtapada* Until 6:25AM Sun
 Sukarma Until 4:18AM Sun
 Vanija Until 1:35AM Sun
Dvitiya Until 12:21PM

Ganesha: White *Sunrise: 5:17AM*
Muruqa: Blue *Sunset: 7:09PM*
Nataraja: White
 Moon - Clear

Subha Subha Sivaloka Day

Routine Work Marana Yoga
 Until 6:25AM Sun
 Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Purvaproshtapada/Uttarproshthapada Nakshatra Dhriti Yoga Visli*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY
 Sun 2 Sutra 126
 Vikarin 5121
 Moon 8 - Phase 18
 1st Phase

Meena Rasi: 3.07 Tithi 18 - 19

517993462

Gulika 3:40PM - 5:24PM
Yama 12:13PM - 1:57PM
Rahu 5:24PM - 7:08PM

Purvaproshtapada* Until 6:25AM
 Dhriti Until 5:12AM Mon
 Bava Until 3:55AM Mon
Tritiya Until 2:45PM

Ganesha: White *Sunrise: 5:18AM*
Muruqa: Blue *Sunset: 7:08PM*
Nataraja: White
 Moon - Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga
 Until 6:25AM
 Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
 Uttarproshthapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY
 Sun 3 Sutra 127
 Vikarin 5121
 Moon 8 - Phase 18
 1st Phase

Meena Rasi: 15.02 Tithi 19 - 20

517993462

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:56PM - 3:40PM
Yama 10:29AM - 12:13PM
Rahu 7:03AM - 8:46AM

Uttarproshthapada Until 9:16AM
 Shula* Until 5:54AM Tue
 Kaulava Until 6:03AM Tue
Chaturthi* Until 5:00PM

Ganesha: White *Sunrise: 5:19AM*
Muruqa: Blue *Sunset: 7:06PM*
Nataraja: White
 Moon - Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY
 Sun 4 Sutra 128
 Vikarin 5121
 Moon 8 - Phase 18
 1st Phase

Meena Rasi: 27.01 Tithi 20

517993462

Gulika 12:13PM - 1:56PM
Yama 8:46AM - 10:29AM
Rahu 3:39PM - 5:22PM

Revati Until 11:46AM
 Ganda* Until 6:22AM Wed
 Kaulava Until 6:03AM
Panchami Until 6:59PM

Ganesha: White *Sunrise: 5:20AM*
Muruqa: Blue *Sunset: 7:05PM*
Nataraja: White
 Moon - Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
 Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Rochester, NY
 Sun 5 Sutra 129
 Vikarin 5121
 Moon 8 - Phase 18
 1st Phase

Mesha Rasi: 9.07 Tithi 21

528993462

Gulika 10:30AM - 12:12PM
Yama 7:04AM - 8:47AM
Rahu 12:12PM - 1:55PM

Ashvini Until 2:14PM
 Ganda* Until 6:22AM
 Gara Until 7:52AM
Shashthi* Until 8:35PM

Ganesha: White *Sunrise: 5:21AM*
Muruqa: Blue *Sunset: 7:03PM*
Nataraja: White
 Moon - White

Sivaloka Day

Routine Work Marana Yoga
 Until 2:14PM
 Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
 Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visli*/Bava Karana Saptamyam Titau

Rochester, NY
 Sun 6 Sutra 130
 Vikarin 5121
 Moon 8 - Phase 18
 1st Phase

Mesha Rasi: 21.25 Tithi 22

528993462

Gulika 8:47AM - 10:30AM
Yama 5:23AM - 7:05AM
Rahu 1:54PM - 3:37PM

Bharani Until 4:04PM
 Vridhhi Until 6:30AM
 Visli Until 9:13AM
Saptami Until 9:39PM

Ganesha: White *Sunrise: 5:23AM*
Muruqa: Blue *Sunset: 7:02PM*
Nataraja: White
 Moon - White

Sivaloka Day

Creative Work Siddha Yoga
 Until 4:04PM
 Then Routine Work - Marana Yoga



Friday, August 23, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY
 Sun 7 Sutra 131
 Vikarin 5121
 Moon 8 - Phase 18
 Ashtami

Vrishabha Rasi: 3.59 Tithi 23

528993462

Gulika 7:06AM - 8:48AM
Yama 3:36PM - 5:18PM
Rahu 10:30AM - 12:12PM

Krittika Until 5:07PM
 Dhruva Until 6:09AM
 Balava Until 9:58AM
Ashtami* Until 10:03PM

Ganesha: White *Sunrise: 5:24AM*
Muruqa: Blue *Sunset: 7:02PM*
Nataraja: White
 Moon - White

Sivaloka Day

Creative Work Siddha Yoga
 Until 5:07PM
 Then Routine Work - Marana Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
 Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY
 Sun 8 Sutra 132
 Vikarin 5121
 Moon 8 - Phase 18
 Navami

Vrishabha Rasi: 16.52 Tithi 24

538993462

Gulika 5:25AM - 7:06AM
Yama 1:53PM - 3:35PM
Rahu 8:48AM - 10:30AM

Rohini Until 5:45PM
 Harshana Until 3:46AM Sun
 Taitila Until 10:00AM
Navami* Until 9:42PM

Ganesha: Clear *Sunrise: 5:25AM*
Muruqa: Blue *Sunset: 6:58PM*
Nataraja: White
 Moon - Yellow

Subha Sivaloka Day

Creative Work Amrita Yoga
 Until 5:45PM
 Then Creative Work - Siddha Yoga

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Rochester, NY
	Mithuna Rasi: 0.09	Tithi 25	Gulika 3:34PM – 5:15PM	Mrigashira Until 5:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Sun 9 Sutra 133
			Yama 12:11PM – 1:53PM	Vajra* Until 1:37AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:57PM	Vikarin 5121
	Creative Work	Siddha Yoga	538993462 Rahu 5:15PM – 6:57PM	Vanija Until 9:14AM	Nataraja: White		Moon 8 - Phase 19
			Dashami Until 8:33PM	Moon – Yellow		2nd Phase	
				Subha Sivaloka Day			
				Sravana-Avani			

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
	Mithuna Rasi: 13.53	Tithi 26	Gulika 1:52PM – 3:33PM	Ardra Until 4:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Sun 10 Sutra 134
	Family Home Evening		Yama 10:30AM – 12:11PM	Siddhi Until 10:52PM	Muruqa: Blue	<i>Sunset:</i> 6:55PM	Vikarin 5121
	Creative Work	Siddha Yoga	538993462 Rahu 7:08AM – 8:49AM	Bava Until 7:42AM	Nataraja: White		Moon 8 - Phase 19
			Ekadashi* Until 6:38PM	Moon – Yellow		2nd Phase	
				Subha Sivaloka Day			
				Sravana-Avani			

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Mithuna Rasi: 28.06	Tithi 27 – 28	Gulika 12:11PM – 1:51PM	Punarvasu Until 2:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:28AM	Sun 11 Sutra 135
			Yama 8:49AM – 10:30AM	Vyatipata* Until 7:36PM	Muruqa: Blue	<i>Sunset:</i> 6:53PM	Vikarin 5121
	Creative Work	Siddha Yoga	548993462 Rahu 3:32PM – 5:13PM	Gara Until 2:34AM Wed	Nataraja: White		Moon 8 - Phase 19
			Dvadashi* Until 4:03PM	Moon – Blue		2nd Phase	
				Sivaloka Day			
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Kataka Rasi: 12.44	Tithi 28 – 29	Gulika 10:30AM – 12:10PM	Pushya Until 12:20PM	Ganesha: Orange	<i>Sunrise:</i> 5:29AM	Sun 12 Sutra 136
			Yama 7:09AM – 8:50AM	Variyan Until 3:51PM	Muruqa: Blue	<i>Sunset:</i> 6:52PM	Vikarin 5121
	Creative Work	Siddha Yoga	549193463 Rahu 12:10PM – 1:51PM	Visti Until 11:12PM	Nataraja: Clear		Moon 8 - Phase 19
			Trayodashi* Until 12:55PM	Moon – Blue		2nd Phase	
				Sivaloka Day			
				Sravana-Avani			

	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY
	Retreat Star		Gulika 8:50AM – 10:30AM	Ashlesha* Until 9:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:30AM	Sun 13 Sutra 137
	Kataka Rasi: 27.43	Tithi 29 – 30	Yama 5:30AM – 7:10AM	Parigha* Until 11:49AM	Muruqa: Blue	<i>Sunset:</i> 6:50PM	Vikarin 5121
	Creative Work	Siddha Yoga	549193463 Rahu 1:50PM – 3:30PM	Catuspada Until 7:31PM	Nataraja: Clear		Moon 8 - Phase 19
			Chaturdashi* Until 9:23AM	Moon – Blue		Amavasya	
				Sivaloka Day			
				Sravana-Avani			

Retreat Star	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY
	Retreat Star		Gulika 7:11AM – 8:51AM	Magha* Until 6:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Sun 14 Sutra 138
	Simha Rasi: 12.55	Tithi 1	Yama 3:29PM – 5:09PM	Shiva Until 7:36AM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Vikarin 5121
	Routine Work	Marana Yoga	559193463 Rahu 10:30AM – 12:10PM	Kintughna Until 3:41PM	Nataraja: Clear		Moon 8 - Phase 19
			Prathama* Until 1:45AM Sat	Moon – Red		Prathama	
				Sivaloka Day			
				Bhadrapada-Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1 **Saturday, August 31, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Rochester, NY
 Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 139
 Simha Rasi: 28.1 Tithi 2 **Gulika** 5:32AM – 7:12AM **Uttaraphalguni** Until 12:35AM Sun **Ganesha:** Clear *Sunrise:* 5:32AM Vikarin 5121
 559193463 **Yama** 1:49PM – 3:28PM **Sadhya** Until 11:07PM **Muruqa:** Blue *Sunset:* 6:47PM Moon 8 - Phase 20
Rahu 8:51AM – 10:30AM **Balava** Until 11:52AM **Nataraja:** Clear 3rd Phase
 Routine Work Marana Yoga **Balava** Until 11:52AM **Moon – Red** **Sivaloka Day**
 Until 12:35AM Sun **Dvitiya** Until 10:00PM **Bhadrapada-Avani**
 Then Creative Work - Amrita Yoga

2 **Sunday, September 1, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rochester, NY
 Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau Sun 16 Sutra 140
 Kanya Rasi: 13.19 Tithi 3 **Gulika** 3:27PM – 5:06PM **Hasta** Until 10:06PM **Ganesha:** Orange *Sunrise:* 5:33AM Vikarin 5121
 569193463 **Yama** 12:09PM – 1:48PM **Subha** Until 7:11PM **Muruqa:** Blue *Sunset:* 6:43PM Moon 8 - Phase 20
Rahu 5:06PM – 6:45PM **Taitila** Until 8:14AM **Nataraja:** Clear 3rd Phase
 Creative Work Amrita Yoga **Taitila** Until 8:14AM **Moon – Green** **Sivaloka Day**
 Until 10:06PM **Tritiya** Until 6:31PM **Bhadrapada-Avani**
 Then Creative Work - Siddha Yoga

3 **Monday, September 2, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Rochester, NY
 Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 141
 Kanya Rasi: 28.11 Tithi 4 – 5 **Gulika** 1:47PM – 3:26PM **Chitra** Until 7:56PM **Ganesha:** Orange *Sunrise:* 5:35AM Vikarin 5121
Family Home Evening 569193463 **Yama** 10:30AM – 12:09PM **Sukla** Until 3:35PM **Muruqa:** Blue *Sunset:* 6:43PM Moon 8 - Phase 20
Rahu 7:13AM – 8:52AM **Bava** Until 2:10AM Tue **Nataraja:** Clear 3rd Phase
 Routine Work Prabalarishta Yoga **Bava** Until 2:10AM Tue **Moon – Green** **Sivaloka Day**
 Until 7:56PM **Ganesha Chaturthi** **Chaturthi*** Until 3:28PM **Bhadrapada-Avani**
 Then Creative Work - Amrita Yoga

4 **Tuesday, September 3, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Rochester, NY
 Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 18 Sutra 142
 Tula Rasi: 12.41 Tithi 5 – 6 **Gulika** 12:08PM – 1:47PM **Svati** Until 6:15PM **Ganesha:** Orange *Sunrise:* 5:36AM Vikarin 5121
 569193463 **Yama** 8:52AM – 10:30AM **Brahma** Until 12:28PM **Muruqa:** Blue *Sunset:* 6:41PM Moon 8 - Phase 20
Rahu 3:25PM – 5:03PM **Kaulava** Until 12:02AM Wed **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Kaulava** Until 12:02AM Wed **Moon – Green** **Sivaloka Day**
 Until 6:15PM **Panchami** Until 1:00PM **Bhadrapada-Avani**
 Then Routine Work - Marana Yoga

5 **Wednesday, September 4, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Rochester, NY
 Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 143
 Tula Rasi: 26.43 Tithi 6 – 7 **Gulika** 10:30AM – 12:08PM **Vishakha** Until 5:35PM **Ganesha:** Green *Sunrise:* 5:37AM Vikarin 5121
 579193463 **Yama** 7:15AM – 8:52AM **Indra** Until 9:57AM **Muruqa:** Blue *Sunset:* 6:40PM Moon 8 - Phase 20
Rahu 12:08PM – 1:46PM **Gara** Until 10:41PM **Nataraja:** Clear 3rd Phase
 Creative Work Siddha Yoga **Gara** Until 10:41PM **Moon – Orange** **Subha Sivaloka Day**
Shashthi* Until 11:14AM **Bhadrapada-Avani**

Retreat Star **Thursday, September 5, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Rochester, NY
 Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 144
 Vrischika Rasi: 10.17 Tithi 7 – 8 **Gulika** 8:53AM – 10:30AM **Anuradha** Until 5:35PM **Ganesha:** Orange *Sunrise:* 5:38AM Vikarin 5121
 571193463 **Yama** 5:38AM – 7:15AM **Vaidhriti*** Until 8:04AM **Muruqa:** Blue *Sunset:* 6:38PM Moon 8 - Phase 20
Rahu 1:45PM – 3:23PM **Visti** Until 10:08PM **Nataraja:** Clear Ashtami
 Creative Work Siddha Yoga **Visti** Until 10:08PM **Moon – Orange** **Sivaloka Day**
 Until 5:35PM **Saptami** Until 10:17AM **Bhadrapada-Avani**
 Then Routine Work - Prabalarishta Yoga

Retreat Star **Friday, September 6, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Rochester, NY
 Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 145
 Vrischika Rasi: 23.23 Tithi 8 – 9 **Gulika** 7:16AM – 8:53AM **Jyeshtha*** Until 6:13PM **Ganesha:** Orange *Sunrise:* 5:39AM Vikarin 5121
 571193463 **Yama** 3:22PM – 4:59PM **Vishkambha*** Until 6:50AM **Muruqa:** Blue *Sunset:* 6:36PM Moon 8 - Phase 20
Rahu 10:30AM – 12:07PM **Balava** Until 10:25PM **Nataraja:** Clear Navami
 Routine Work Marana Yoga **Balava** Until 10:25PM **Moon – Orange** **Sivaloka Day**
 Until 6:13PM **Ashtami*** Until 10:10AM **Bhadrapada-Avani**
 Then Creative Work - Amrita Yoga

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Rochester, NY
	Dhanus Rasi: 6.06	Tithi 9 – 10	581193463	Gulika 5:40AM – 7:17AM Yama 1:44PM – 3:21PM Rahu 8:54AM – 10:30AM	Mula* Until 7:56PM Priti Until 6:15AM Taitila Until 11:27PM Navami* Until 10:49AM	Ganesha: Green Sunrise: 5:40AM Muruqa: Blue Sunset: 6:34PM Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga					Devaloka Day
							Bhadrapada-Avani


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rochester, NY
	Dhanus Rasi: 18.29	Tithi 10 – 11	581193463	Gulika 3:20PM – 4:56PM Yama 12:07PM – 1:43PM Rahu 4:56PM – 6:33PM	Purvashadha* Until 10:05PM Ayushman Until 6:11AM Vanija Until 1:05AM Mon Dashami Until 12:10PM	Ganesha: Green Sunrise: 5:41AM Muruqa: Blue Sunset: 6:33PM Nataraja: Clear Moon – Light Blue	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga					Devaloka Day
	Until 10:05PM			Grandparent's Day			Bhadrapada-Avani

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
	Makara Rasi: 0.39	Tithi 11 – 12	581193463	Gulika 1:43PM – 3:19PM Yama 10:30AM – 12:06PM Rahu 7:18AM – 8:54AM	Uttarashadha Until 12:30AM Tue Saubhagya Until 6:34AM Bava Until 3:09AM Tue Ekadashi Until 2:03PM	Ganesha: Green Sunrise: 5:42AM Muruqa: Blue Sunset: 6:31PM Nataraja: Clear Moon – Light Blue	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Family Home Evening	Marana Yoga					Devaloka Day
	Until 12:30AM Tue						Bhadrapada-Avani

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Makara Rasi: 12.38	Tithi 12 – 13	591193463	Gulika 12:06PM – 1:42PM Yama 8:55AM – 10:30AM Rahu 3:18PM – 4:53PM	Shravana Until 3:32AM Wed Sobhana Until 7:16AM Kaulava Until 5:29AM Wed Dvadashi Until 4:16PM	Ganesha: Red Sunrise: 5:43AM Muruqa: Blue Sunset: 6:29PM Nataraja: Clear Moon – Purple	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day
	Until 3:32AM Wed						Bhadrapada-Avani

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Rochester, NY
	Makara Rasi: 24.32	Tithi 13	591193463	Gulika 10:30AM – 12:06PM Yama 7:20AM – 8:55AM Rahu 12:06PM – 1:41PM	Dhanishtha Until 6:31AM Thu Athiganda* Until 8:07AM Taitila Until 6:41PM Trayodashi Until 6:41PM	Ganesha: Red Sunrise: 5:44AM Muruqa: Blue Sunset: 6:27PM Nataraja: Clear Moon – Purple	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Routine Work	Prabalarishta Yoga					Sivaloka Day
	Until 6:31AM Thu			Chidambaram Abhishekam			Bhadrapada-Avani

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY
	Kumbha Rasi: 6.24	Tithi 14	591193463	Gulika 8:55AM – 10:30AM Yama 5:45AM – 7:20AM Rahu 1:40PM – 3:15PM	Dhanishtha Until 6:31AM Sukarma Until 9:04AM Gara Until 7:57AM Chaturdashi* Until 9:09PM	Ganesha: Red Sunrise: 5:45AM Muruqa: Blue Sunset: 6:25PM Nataraja: Clear Moon – Purple	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day
				Avani Avittam			Bhadrapada-Avani

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY
	Copper Retreat Star			Gulika 7:21AM – 8:56AM Yama 3:14PM – 4:49PM Rahu 10:30AM – 12:05PM	Shatabhishak Until 9:20AM Dhriti Until 10:01AM Visti Until 10:24AM Purnima* Until 11:36PM	Ganesha: Red Sunrise: 5:47AM Muruqa: Purple Sunset: 6:24PM Nataraja: Clear Moon – Purple	Sun 28 Sutra 152 Vikarin 5121 Moon 8 - Phase 21 Purnima
	Creative Work	Siddha Yoga					Sivaloka Day
							Bhadrapada-Avani

7	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY
	Silver Retreat Star			Gulika 5:48AM – 7:22AM Yama 1:39PM – 3:13PM Rahu 8:56AM – 10:30AM	Purvaproshtapada* Until 12:25PM Shula* Until 10:53AM Balava Until 12:48PM Prathama* Until 1:55AM Sun	Ganesha: Red Sunrise: 5:48AM Muruqa: Purple Sunset: 6:22PM Nataraja: Clear Moon – Clear	Sun 29 Sutra 153 Vikarin 5121 Moon 8 - Phase 21 Prathama
	Routine Work	Marana Yoga					Sivaloka Day
	Until 12:25PM						Bhadrapada-Avani

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Meena Rasi: 12.04 Tithi 17
512113463
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Gulika 3:12PM – 4:46PM **Uttaraproshtapada** Until 3:13PM
Yama 12:04PM – 1:38PM Ganda* Until 11:40AM
Rahu 4:46PM – 6:20PM Taitila Until 3:03PM
Dvitiya Until 4:05AM Mon

Ganesha: Yellow *Sunrise:* 5:49AM
Muruqa: Purple *Sunset:* 6:20PM
Nataraja: Clear
Moon – Clear **Sivaloka Day**
Bhadrapada-Avani

Rochester, NY
Sun 1 Sutra 154
Vikarin 5121
Moon 9 - Phase 22
1st Phase

1

Monday, September 16, 2019

Meena Rasi: 24.03 Tithi 18
512113463
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:38PM – 3:11PM **Revati** Until 5:39PM
Yama 10:30AM – 12:04PM Vridhhi Until 12:20PM
Rahu 7:23AM – 8:57AM Vanija Until 5:06PM
Tritiya Until 6:02AM Tue

Ganesha: Yellow *Sunrise:* 5:50AM
Muruqa: Purple *Sunset:* 6:18PM
Nataraja: Clear
Moon – Clear **Sivaloka Day**
Bhadrapada-Avani

Rochester, NY
Sun 2 Sutra 155
Vikarin 5121
Moon 9 - Phase 22
1st Phase

2

Tuesday, September 17, 2019

Mesha Rasi: 6.08 Tithi 18 – 19
522113463
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:04PM – 1:37PM **Ashvini** Until 8:11PM
Yama 8:57AM – 10:30AM Dhruva Until 12:46PM
Rahu 3:10PM – 4:43PM Bava Until 6:55PM
Tritiya Until 6:02AM

Ganesha: White *Sunrise:* 5:51AM
Muruqa: Purple *Sunset:* 6:16PM
Nataraja: Clear
Moon – White **Devaloka Day**
Bhadrapada-Puratasi

Rochester, NY
Sun 3 Sutra 156
Vikarin 5121
Moon 9 - Phase 22
1st Phase

3

Wednesday, September 18, 2019

Mesha Rasi: 18.2 Tithi 19 – 20
522113463
Creative Work Siddha Yoga
Until 10:13PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:30AM – 12:03PM **Bharani** Until 10:13PM
Yama 7:25AM – 8:58AM Vyaghata* Until 12:59PM
Rahu 12:03PM – 1:36PM Kaulava Until 8:23PM
Chaturthi* Until 7:41AM

Ganesha: White *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 6:15PM
Nataraja: Clear
Moon – White **Devaloka Day**
Bhadrapada-Puratasi

Rochester, NY
Sun 4 Sutra 157
Vikarin 5121
Moon 9 - Phase 22
1st Phase

4

Thursday, September 19, 2019

Vrishabha Rasi: 0.41 Tithi 20 – 21
522113463
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:58AM – 10:30AM **Krittika** Until 11:39PM
Yama 5:53AM – 7:26AM Harshana Until 12:55PM
Rahu 1:35PM – 3:08PM Gara Until 9:26PM
Panchami Until 8:57AM

Ganesha: White *Sunrise:* 5:53AM
Muruqa: Purple *Sunset:* 6:13PM
Nataraja: Clear
Moon – White **Devaloka Day**
Bhadrapada-Puratasi

Rochester, NY
Sun 5 Sutra 158
Vikarin 5121
Moon 9 - Phase 22
1st Phase

5

Friday, September 20, 2019

Vrishabha Rasi: 13.15 Tithi 21 – 22
532113463
Routine Work Marana Yoga
Until 12:52AM Sat
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:26AM – 8:58AM **Rohini** Until 12:52AM Sat
Yama 3:07PM – 4:39PM Vajra* Until 12:24PM
Rahu 10:30AM – 12:03PM Visti Until 9:55PM
Shashthi* Until 9:44AM

Ganesha: Clear *Sunrise:* 5:54AM
Muruqa: Purple *Sunset:* 6:11PM
Nataraja: Clear
Moon – Yellow **Sivaloka Day**
Bhadrapada-Puratasi

Rochester, NY
Sun 6 Sutra 159
Vikarin 5121
Moon 9 - Phase 22
1st Phase

D

Saturday, September 21, 2019
Retreat Star

Vrishabha Rasi: 26.05 Tithi 22 – 23
532113463
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 5:55AM – 7:27AM **Mrigashira** Until 1:17AM Sun
Yama 1:34PM – 3:06PM Siddhi Until 11:26AM
Rahu 8:59AM – 10:30AM Balava Until 9:45PM
Saptami Until 9:54AM

Ganesha: Clear *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:09PM
Nataraja: Clear
Moon – Yellow **Sivaloka Day**
Bhadrapada-Puratasi

Rochester, NY
Sun 7 Sutra 160
Vikarin 5121
Moon 9 - Phase 22
Ashtami

Sunday, September 22, 2019

Retreat Star

Mithuna Rasi: 9.16 Tithi 23 – 24
532213463
Creative Work Siddha Yoga
Until 12:50AM Mon
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:05PM – 4:36PM **Ardra** Until 12:50AM Mon
Yama 12:02PM – 1:33PM Vyatipata* Until 9:55AM
Rahu 4:36PM – 6:07PM Taitila Until 8:52PM
Ashtami* Until 9:23AM

Ganesha: Orange *Sunrise:* 5:56AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Clear
Moon – Yellow **Sivaloka Day**
Bhadrapada-Puratasi

Rochester, NY
Sun 8 Sutra 161
Vikarin 5121
Moon 9 - Phase 22
Navami

Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Rochester, NY Sun 9 Sutra 162 Vikarin 5121	
1	Mithuna Rasi: 22.52 Family Home Evening Creative Work Amrita Yoga Until 11:59PM Then Creative Work - Siddha Yoga	Tithi 24 - 25 542213463	Gulika 1:32PM - 3:03PM Yama 10:31AM - 12:02PM Rahu 7:29AM - 9:00AM	Punarvasu Until 11:59PM Varyan Until 7:48AM Vanija Until 7:16PM Navami* Until 8:08AM	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM Muruqa: Purple <i>Sunset:</i> 6:05PM Nataraja: Clear Moon - Blue Devaloka Day Bhadrapada-Puratasi

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 10 Sutra 163 Vikarin 5121	
2	Kataka Rasi: 6.53 Creative Work Siddha Yoga	Tithi 25 - 26 542213463	Gulika 12:01PM - 1:32PM Yama 9:00AM - 10:31AM Rahu 3:02PM - 4:33PM	Pushya Until 10:18PM Shiva Until 1:56AM Wed Balava Until 3:36AM Wed Dashami Until 6:11AM	Ganesha: Light Blue <i>Sunrise:</i> 5:59AM Muruqa: Purple <i>Sunset:</i> 6:04PM Nataraja: Clear Moon - Blue Devaloka Day Bhadrapada-Puratasi

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Rochester, NY Sun 11 Sutra 164 Vikarin 5121	
3	Kataka Rasi: 21.2 Creative Work Siddha Yoga	Tithi 27 542213463	Gulika 10:31AM - 12:01PM Yama 7:30AM - 9:00AM Rahu 12:01PM - 1:31PM	Ashlesha* Until 7:57PM Siddha Until 10:17PM Kaulava Until 2:07PM Dvadashi* Until 12:29AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 6:00AM Muruqa: Purple <i>Sunset:</i> 6:02PM Nataraja: Clear Moon - Blue Devaloka Day Bhadrapada-Puratasi

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Rochester, NY Sun 12 Sutra 165 Vikarin 5121	
4	Simha Rasi: 6.1 Creative Work Amrita Yoga Until 5:26PM Then Creative Work - Siddha Yoga	Tithi 28 552213463	Gulika 9:01AM - 10:31AM Yama 6:01AM - 7:31AM Rahu 1:30PM - 3:00PM	Magha* Until 5:26PM Sadhya Until 6:18PM Gara Until 10:47AM Trayodashi* Until 8:59PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 6:01AM Muruqa: Purple <i>Sunset:</i> 6:00PM Nataraja: Clear Moon - Red Devaloka Day Bhadrapada-Puratasi

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Rochester, NY Sun 13 Sutra 166 Vikarin 5121	
5	Simha Rasi: 21.15 Creative Work Siddha Yoga	Tithi 29 - 30 552213463	Gulika 7:32AM - 9:01AM Yama 2:59PM - 4:29PM Rahu 10:31AM - 12:00PM	Purvaphalguni Until 2:31PM Subha Until 2:07PM Visti Until 7:09AM Chaturdashi* Until 5:15PM	Ganesha: Purple <i>Sunrise:</i> 6:02AM Muruqa: Purple <i>Sunset:</i> 5:58PM Nataraja: Clear Moon - Red Devaloka Day Bhadrapada-Puratasi

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Rochester, NY Sun 14 Sutra 167 Vikarin 5121	
Retreat Star	Kanya Rasi: 6.29 Routine Work Marana Yoga	Tithi 30 - 1 653213463	Gulika 6:03AM - 7:32AM Yama 1:29PM - 2:58PM Rahu 9:01AM - 10:31AM	Uttaraphalguni Until 11:24AM Sukla Until 9:51AM Kintughna Until 11:37PM Amavasya* Until 1:28PM	Ganesha: Purple <i>Sunrise:</i> 6:03AM Muruqa: Purple <i>Sunset:</i> 5:56PM Nataraja: Clear Moon - Red Devaloka Day Bhadrapada-Puratasi

Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Rochester, NY Sun 15 Sutra 168 Vikarin 5121	
Retreat Star	Kanya Rasi: 21.4 Creative Work Amrita Yoga Until 8:39AM Then Creative Work - Siddha Yoga	Tithi 1 - 2 663213463	Gulika 2:57PM - 4:26PM Yama 11:59AM - 1:28PM Rahu 4:26PM - 5:55PM	Hasta Until 8:39AM Indra Until 1:41AM Mon Balava Until 8:04PM Prathama* Until 9:47AM	Ganesha: Light Blue <i>Sunrise:</i> 6:04AM Muruqa: Purple <i>Sunset:</i> 5:55PM Nataraja: Clear Moon - Green Devaloka Day Ashvina-Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau		Rochester, NY Sun 16 Sutra 169 Vikarin 5121
1		Gulika 1:28PM – 2:56PM	Chitra Until 6:02AM	Ganesha: Light Blue <i>Sunrise:</i> 6:05AM
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:31AM – 11:59AM	Vaidhriti* Until 10:03PM	Muruqa: Purple <i>Sunset:</i> 5:53PM
Family Home Evening	663213463	Rahu 7:34AM – 9:02AM	Gara Until 3:30AM Tue	Nataraja: Clear
Routine Work Prabalarishta Yoga			Dvitiya Until 6:24AM	Moon – Green
Until 6:02AM				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturtham Titau		Rochester, NY Sun 17 Sutra 170 Vikarin 5121
2		Gulika 11:59AM – 1:27PM	Vishakha Until 2:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:06AM
Tula Rasi: 21.16	Tithi 4	Yama 9:03AM – 10:31AM	Vishkambha* Until 6:54PM	Muruqa: Purple <i>Sunset:</i> 5:51PM
673213463		Rahu 2:55PM – 4:23PM	Vanija Until 2:17PM	Nataraja: Clear
Routine Work Marana Yoga			Chaturthi* Until 1:13AM Wed	Moon – Orange
Until 2:23AM Wed				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Rochester, NY Sun 18 Sutra 171 Vikarin 5121
3		Gulika 10:31AM – 11:58AM	Anuradha Until 1:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:08AM
Vrischika Rasi: 5.26	Tithi 5	Yama 7:35AM – 9:03AM	Priti Until 4:22PM	Muruqa: Purple <i>Sunset:</i> 5:49PM
673213463		Rahu 11:58AM – 1:26PM	Bava Until 12:22PM	Nataraja: Clear
Creative Work Siddha Yoga			Panchami Until 11:42PM	Moon – Orange
Until 1:38AM Thu				Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashtham Titau		Rochester, NY Sun 19 Sutra 172 Vikarin 5121
4		Gulika 9:03AM – 10:31AM	Jyeshtha* Until 1:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:09AM
Vrischika Rasi: 19.06	Tithi 6	Yama 6:09AM – 7:36AM	Ayushman Until 2:29PM	Muruqa: Purple <i>Sunset:</i> 5:48PM
673213463		Rahu 1:26PM – 2:53PM	Kaulava Until 11:17AM	Nataraja: Clear
Routine Work Prabalarishta Yoga			Shashthi* Until 11:03PM	Moon – Orange
Until 1:36AM Fri				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Rochester, NY Sun 20 Sutra 173 Vikarin 5121
5		Gulika 7:37AM – 9:04AM	Mula* Until 2:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 6:10AM
Dhanus Rasi: 2.17	Tithi 7	Yama 2:52PM – 4:19PM	Saubhagya Until 1:19PM	Muruqa: Purple <i>Sunset:</i> 5:46PM
683213463		Rahu 10:31AM – 11:58AM	Gara Until 11:06AM	Nataraja: Clear
Creative Work Amrita Yoga			Saptami Until 11:19PM	Moon – Light Blue
Until 2:45AM Sat				Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vistit*/Bava Karana Ashtamyam Titau		Rochester, NY Sun 21 Sutra 174 Vikarin 5121
Retreat Star		Gulika 6:11AM – 7:38AM	Purvashadha* Until 4:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:11AM
Dhanus Rasi: 15.01	Tithi 8	Yama 1:24PM – 2:51PM	Sobhana Until 12:51PM	Muruqa: Purple <i>Sunset:</i> 5:44PM
683213463		Rahu 9:04AM – 10:31AM	Vistit* Until 11:47AM	Nataraja: Clear
Creative Work Siddha Yoga			Ashtami* Until 12:24AM Sun	Moon – Light Blue
Until 4:32AM Sun				Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Rochester, NY Sun 22 Sutra 175 Vikarin 5121
Retreat Star		Gulika 2:50PM – 4:16PM	Uttarashadha Until 6:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:12AM
Dhanus Rasi: 27.24	Tithi 9	Yama 11:57AM – 1:24PM	Athiganda* Until 12:55PM	Muruqa: Purple <i>Sunset:</i> 5:42PM
683213463		Rahu 4:16PM – 5:42PM	Balava Until 1:14PM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 2:11AM Mon	Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)		Sivaloka Day
				Ashvina+Puratasi


Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Rochester, NY Sun 23 Sutra 176 Vikarin 5121
1		Gulika 1:23PM – 2:49PM	Uttarashadha Until 6:46AM	Ganesha: Clear <i>Sunrise:</i> 6:13AM	
Makara Rasi: 9.31	Tithi 10	Yama 10:31AM – 11:57AM	Sukarma Until 1:28PM	Muruqa: Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:39AM – 9:05AM	Taitila Until 3:17PM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Dashami Until 4:25AM Tue	Moon – Light Blue	Sivaloka Day
Until 6:46AM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau			Rochester, NY Sun 24 Sutra 177 Vikarin 5121
2		Gulika 11:57AM – 1:22PM	Shravana Until 9:45AM	Ganesha: White <i>Sunrise:</i> 6:15AM	
Makara Rasi: 21.28	Tithi 11	Yama 9:06AM – 10:31AM	Dhriti Until 2:18PM	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
	693213464	Rahu 2:48PM – 4:13PM	Vanija Until 5:40PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:55AM Wed	Moon – Purple	Sivaloka Day
		Vijaya Dasami		Ashvina+Puratasi	

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau			Rochester, NY Sun 25 Sutra 178 Vikarin 5121
3		Gulika 10:31AM – 11:56AM	Dhanishtha Until 12:46PM	Ganesha: White <i>Sunrise:</i> 6:16AM	
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:41AM – 9:06AM	Shula* Until 3:13PM	Muruqa: Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
	693213464	Rahu 11:56AM – 1:22PM	Bava Until 8:13PM	Nataraja: Purple	4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 6:55AM	Moon – Purple	Sivaloka Day
Until 12:46PM		Kadaitswami Mahasamadhi		Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Rochester, NY Sun 26 Sutra 179 Vikarin 5121
4		Gulika 9:06AM – 10:31AM	Shatabhishak Until 3:36PM	Ganesha: White <i>Sunrise:</i> 6:17AM	
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:17AM – 7:42AM	Ganda* Until 4:09PM	Muruqa: Purple <i>Sunset:</i> 5:35PM	Moon 9 - Phase 25
	693213464	Rahu 1:21PM – 2:46PM	Kaulava Until 10:43PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Dvadashi Until 9:27AM	Moon – Purple	Sivaloka Day
				Ashvina+Puratasi	
				<i>Pradosha Vrata</i>	

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Rochester, NY Sun 27 Sutra 180 Vikarin 5121
5		Gulika 7:42AM – 9:07AM	Purvaproshtapada* Until 6:40PM	Ganesha: Blue <i>Sunrise:</i> 6:18AM	
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:45PM – 4:09PM	Vridhhi Until 5:00PM	Muruqa: Purple <i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
	613213464	Rahu 10:31AM – 11:56AM	Gara Until 1:04AM Sat	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 11:53AM	Moon – Clear	Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi	

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashil/Purnimayam Titau			Rochester, NY Sutra 181 Vikarin 5121
	Copper Retreat Star	Gulika 6:19AM – 7:43AM	Uttaraproshtapada Until 9:21PM	Ganesha: Blue <i>Sunrise:</i> 6:19AM	
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:20PM – 2:44PM	Dhruva Until 5:40PM	Muruqa: Purple <i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
	613213464	Rahu 9:07AM – 10:32AM	Vistil Until 3:11AM Sun	Nataraja: Purple	Purnima
Creative Work Siddha Yoga			Chaturdashil* Until 2:08PM	Moon – Clear	Sivaloka Day
Until 9:21PM				Ashvina+Puratasi	
Then Routine Work - Prabalarishta Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Rochester, NY Sutra 182 Vikarin 5121
Silver Retreat Star		Gulika 2:43PM – 4:07PM	Revati Until 11:38PM	Ganesha: Yellow <i>Sunrise:</i> 6:20AM	
Meena Rasi: 21	Tithi 15 – 16	Yama 11:55AM – 1:19PM	Vyaghata* Until 6:08PM	Muruqa: Purple <i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
	614213464	Rahu 4:07PM – 5:30PM	Balava Until 5:02AM Mon	Nataraja: Purple	Prathama
Creative Work Amrita Yoga			Purnima* Until 4:07PM	Moon – Clear	Subha Sivaloka Day
Until 11:38PM				Ashvina+Puratasi	
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:19PM – 2:42PM
Yama 10:32AM – 11:55AM
Rahu 7:45AM – 9:08AM

Ashvini Until 1:57AM Tue
Harshana Until 6:25PM
Taitila Until 6:35AM Tue
Prathama* Until 5:50PM

Ganesha: White *Sunrise:* 6:22AM
Muruqa: Purple *Sunset:* 5:29PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Rochester, NY
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.24 Tithi 17

Creative Work Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 11:55AM – 1:18PM
Yama 9:09AM – 10:32AM
Rahu 2:41PM – 4:04PM

Bharani Until 3:48AM Wed
Vajra* Until 6:25PM
Taitila Until 6:35AM
Dvitiya Until 7:13PM

Ganesha: White *Sunrise:* 6:23AM
Muruqa: Purple *Sunset:* 5:27PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Rochester, NY
Sun 1 Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 27.48 Tithi 18

Creative Work Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:32AM – 11:55AM
Yama 7:47AM – 9:09AM
Rahu 11:55AM – 1:17PM

Krittika Until 5:09AM Thu
Siddhi Until 6:11PM
Vanija Until 7:49AM
Tritiya Until 8:17PM

Ganesha: White *Sunrise:* 6:24AM
Muruqa: Purple *Sunset:* 5:25PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Rochester, NY
Sun 2 Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.21 Tithi 19

Routine Work Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:10AM – 10:32AM
Yama 6:25AM – 7:48AM
Rahu 1:17PM – 2:39PM

Rohini Until 6:27AM Fri
Vyatipata* Until 5:40PM
Bava Until 8:42AM
Chaturthi* Until 8:58PM

Ganesha: White *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 5:24PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Rochester, NY
Sun 3 Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.05 Tithi 20

Routine Work Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 7:48AM – 9:10AM
Yama 2:38PM – 4:00PM
Rahu 10:32AM – 11:54AM

Rohini Until 6:27AM
Variyan Until 4:49PM
Kaulava Until 9:11AM
Panchami Until 9:14PM

Ganesha: White *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 5:22PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Rochester, NY
Sun 4 Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.02 Tithi 21

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:28AM – 7:49AM
Yama 1:16PM – 2:37PM
Rahu 9:11AM – 10:32AM

Mrigashira Until 7:09AM
Parigha* Until 3:36PM
Gara Until 9:13AM
Shashthi* Until 9:01PM

Ganesha: White *Sunrise:* 6:28AM
Muruqa: Purple *Sunset:* 5:21PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Rochester, NY
Sun 5 Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.14 Tithi 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 2:37PM – 3:58PM
Yama 11:54AM – 1:15PM
Rahu 3:58PM – 5:19PM

Ardra Until 7:12AM
Shiva Until 1:59PM
Visti Until 8:44AM
Saptami Until 8:15PM

Ganesha: White *Sunrise:* 6:29AM
Muruqa: Purple *Sunset:* 5:19PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Rochester, NY
Sun 6 Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Monday, October 21, 2019

D

Retreat Star

Kataka Rasi: 2.44 Tithi 23

Family Home Evening

Creative Work Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:15PM – 2:36PM
Yama 10:33AM – 11:54AM
Rahu 7:51AM – 9:12AM

Punarvasu Until 7:01AM
Siddha Until 11:54AM
Balava Until 7:41AM
Ashtami* Until 6:56PM

Ganesha: Clear *Sunrise:* 6:30AM
Muruqa: Purple *Sunset:* 5:18PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina+Aipasi

Rochester, NY
Sun 7 Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35 Tithi 24 – 25

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Gulika 11:54AM – 1:14PM
Yama 9:12AM – 10:33AM
Rahu 2:35PM – 3:55PM

Pushya Until 6:07AM
Sadhya Until 9:21AM
Taitila Until 6:04AM
Navami* Until 5:02PM

Ganesha: Clear *Sunrise:* 6:31AM
Muruqa: Purple *Sunset:* 5:16PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina+Aipasi

Rochester, NY
Sun 8 Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 9 Sutra 192	
Simha Rasi: 0.47	Tithi 25 – 26	Gulika 10:33AM – 11:53AM	Magha* Until 2:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	Vikarin 5121	
		Yama 7:53AM – 9:13AM	Subha Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27	
		654313464 Rahu 11:53AM – 1:14PM	Bava Until 1:16AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 2:38PM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 10 Sutra 193	
Simha Rasi: 15.19	Tithi 26 – 27	Gulika 9:14AM – 10:33AM	Purvaphalguni Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	Vikarin 5121	
		Yama 6:34AM – 7:54AM	Brahma Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27	
		654313464 Rahu 1:13PM – 2:33PM	Kaulava Until 10:15PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 11:47AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Rochester, NY Sun 11 Sutra 194	
Kanya Rasi: 0.05	Tithi 27 – 28	Gulika 7:55AM – 9:14AM	Uttaraphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Vikarin 5121	
		Yama 2:32PM – 3:52PM	Indra Until 7:31PM	Muruqa: Purple	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 27	
		655313464 Rahu 10:34AM – 11:53AM	Gara Until 6:59PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day	
Until 9:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rochester, NY Sun 12 Sutra 195	
Kanya Rasi: 15.01	Tithi 29	Gulika 6:36AM – 7:55AM	Hasta Until 7:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 1:12PM – 2:32PM	Vaidhriti* Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27	
		665313464 Rahu 9:15AM – 10:34AM	Visti Until 3:37PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 1:55AM Sun	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rochester, NY Sun 13 Sutra 196	
Kanya Rasi: 29.58	Tithi 30	Gulika 2:31PM – 3:50PM	Chitra Until 4:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:38AM	Vikarin 5121	
		Yama 11:53AM – 1:12PM	Vishkambha* Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27	
		665313464 Rahu 3:50PM – 5:09PM	Catuspada Until 12:18PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 10:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Rochester, NY Sun 14 Sutra 197	
Tula Rasi: 14.47	Tithi 1	Gulika 1:12PM – 2:30PM	Svati Until 2:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:39AM	Vikarin 5121	
Family Home Evening		Yama 10:34AM – 11:53AM	Priti Until 7:57AM	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	665313464 Rahu 7:57AM – 9:16AM	Kintughna Until 9:12AM	Nataraja: Purple		Prathama	
Until 2:24PM			Prathama* Until 7:47PM	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau			Rochester, NY Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 29.19	Tithi 2 – 3	Gulika 11:53AM – 1:11PM	Vishakha Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM		
		Yama 9:16AM – 10:35AM	Saubhagya Until 1:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:06PM		Moon 10 - Phase 28
		675313464 Rahu 2:29PM – 3:48PM	Balava Until 6:31AM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 5:21PM	Moon – Orange		Subha Sivaloka Day	
Until 12:42PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Rochester, NY Sun 16 Sutra 199 Vikarin 5121
Vischika Rasi: 13.29	Tithi 3 – 4	Gulika 10:35AM – 11:53AM	Anuradha Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM		
		Yama 7:59AM – 9:17AM	Sobhana Until 11:11PM	Muruqa: Purple	<i>Sunset:</i> 5:04PM		Moon 10 - Phase 28
		675313464 Rahu 11:53AM – 1:11PM	Vanija Until 2:57AM Thu	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 3:33PM	Moon – Orange		Subha Sivaloka Day	
						Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Rochester, NY Sun 17 Sutra 200 Vikarin 5121
Vischika Rasi: 27.11	Tithi 4 – 5	Gulika 9:18AM – 10:35AM	Jyeshtha* Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM		
		Yama 6:43AM – 8:00AM	Athiganda* Until 9:24PM	Muruqa: Purple	<i>Sunset:</i> 5:03PM		Moon 10 - Phase 28
		675313464 Rahu 1:10PM – 2:28PM	Bava Until 2:21AM Fri	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 2:31PM	Moon – Orange		Subha Sivaloka Day	
Until 10:51AM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Rochester, NY Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 10.26	Tithi 5 – 6	Gulika 8:01AM – 9:18AM	Mula* Until 11:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:44AM		
		Yama 2:27PM – 3:44PM	Sukarma Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM		Moon 10 - Phase 28
		685313464 Rahu 10:36AM – 11:53AM	Kaulava Until 2:37AM Sat	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 2:21PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 11:20AM		Skanda Shasthi				Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau			Rochester, NY Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 23.15	Tithi 6 – 7	Gulika 6:45AM – 8:02AM	Purvashadha* Until 12:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:45AM		
		Yama 1:10PM – 2:27PM	Dhriti Until 7:53PM	Muruqa: Purple	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 28
		685313464 Rahu 9:19AM – 10:36AM	Gara Until 3:42AM Sun	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:02PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 12:31PM						Kartika•Aipasi	
Then Routine Work - Marana Yoga							

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Rochester, NY Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 5.41	Tithi 7 – 8	Gulika 2:26PM – 3:43PM	Uttarashadha Until 2:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:46AM		
		Yama 11:53AM – 1:09PM	Shula* Until 7:59PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 28
		685313464 Rahu 3:43PM – 4:59PM	Visti Until 5:29AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 4:30PM	Moon – Light Blue		Subha Subha Sivaloka Day	
						Kartika•Aipasi	

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau			Rochester, NY Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 17.5	Tithi 8	Gulika 1:09PM – 2:25PM	Shravana Until 4:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:48AM		
Family Home Evening		Yama 10:36AM – 11:53AM	Ganda* Until 8:32PM	Muruqa: Purple	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 28
		696313464 Rahu 8:04AM – 9:20AM	Bava Until 6:33PM	Nataraja: Purple			Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 6:33PM	Moon – Purple		Sivaloka Day	
Until 4:57PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau			Rochester, NY Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 29.49	Tithi 9	Gulika 11:53AM – 1:09PM	Dhanishtha Until 7:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:49AM		
		Yama 9:21AM – 10:37AM	Vriddhi Until 9:21PM	Muruqa: Purple	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 28
		696313464 Rahu 2:25PM – 3:41PM	Balava Until 7:45AM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 8:58PM	Moon – Purple		Sivaloka Day	
Until 7:49PM						Kartika•Aipasi	
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 11.41	Tithi 10	Gulika 10:37AM – 11:53AM	Shatabhishak Until 10:39PM	Ganesha: Purple	<i>Sunrise:</i> 6:50AM	
			Yama 8:06AM – 9:22AM	Dhruva Until 10:14PM	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 29
		696313464	Rahu 11:53AM – 1:08PM	Taitila Until 10:16AM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga Until 10:39PM Then Creative Work - Amrita Yoga			Dashami Until 11:31PM	Kartika•Aipasi		Sivaloka Day	

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 23.32	Tithi 11	Gulika 9:22AM – 10:38AM	Purvaproshtapada* Until 1:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:52AM	
			Yama 6:52AM – 8:07AM	Vyaghata* Until 11:04PM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 29
		716313464	Rahu 1:08PM – 2:24PM	Vanija Until 12:47PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 1:58AM Fri	Kartika•Aipasi		Subha Sivaloka Day	

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Rochester, NY Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 5.26	Tithi 12	Gulika 8:08AM – 9:23AM	Uttaraproshtapada Until 4:25AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	
			Yama 2:23PM – 3:38PM	Harshana Until 11:44PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 29
		716313464	Rahu 10:38AM – 11:53AM	Bava Until 3:08PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga Until 4:25AM Sat Then Routine Work - Prabalarishta Yoga			Dvadashi Until 4:11AM Sat	Kartika•Aipasi		Subha Sivaloka Day	

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 17.27	Tithi 13	Gulika 6:54AM – 8:09AM	Revati Until 6:37AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:54AM	
			Yama 1:08PM – 2:22PM	Vajra* Until 12:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 29
		716313464	Rahu 9:24AM – 10:38AM	Kaulava Until 5:12PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga Until 6:37AM Sun Then Creative Work - Siddha Yoga			Trayodashi Until 6:03AM Sun	Kartika•Aipasi		Subha Sivaloka Day	
			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 29.35	Tithi 13 – 14	Gulika 2:22PM – 3:36PM	Revati Until 6:37AM	Ganesha: Yellow	<i>Sunrise:</i> 6:55AM	
			Yama 11:53AM – 1:08PM	Siddhi Until 12:15AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 29
		716313464	Rahu 3:36PM – 4:51PM	Gara Until 6:52PM	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga Until 6:37AM Then Creative Work - Siddha Yoga			Trayodashi Until 6:03AM	Kartika•Aipasi		Subha Sivaloka Day	

○	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rochester, NY Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:07PM – 2:22PM	Ashvini Until 8:45AM	Ganesha: White	<i>Sunrise:</i> 6:57AM	
	Mesha Rasi: 11.54	Tithi 14 – 15	Yama 10:39AM – 11:53AM	Vyatipata* Until 12:03AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 29
	Family Home Evening	727413464	Rahu 8:11AM – 9:25AM	Visti Until 8:07PM	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 7:32AM	Kartika•Aipasi		Sivaloka Day	

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 11:53AM – 1:07PM	Bharani Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 6:58AM	
	Mesha Rasi: 24.23	Tithi 15 – 16	Yama 9:26AM – 10:40AM	Variyan Until 11:30PM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 29
		727413464	Rahu 2:21PM – 3:35PM	Balava Until 8:57PM	Nataraja: Purple		Prathama
Creative Work Siddha Yoga			Purnima* Until 8:34AM	Kartika•Aipasi		Sivaloka Day	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vishabha Rasi: 7.04 Tithi 16 - 17

727413464

Creative Work Amrita Yoga
Until 11:19AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:40AM - 11:53AM
Yama 8:13AM - 9:26AM
Rahu 11:53AM - 1:07PM
Krittika Until 11:19AM
Parigha* Until 10:39PM
Taitila Until 9:22PM
Prathama* Until 9:11AM

Ganesha: White *Sunrise: 6:59AM*
Muruqa: Purple *Sunset: 4:48PM*
Nataraja: Purple
Moon - White
Kartika-Aipasi

Sivaloka Day

Rochester, NY
Sutra 213
Vikarin 5121
Moon 11 - Phase 30
1st Phase

1

Thursday, November 14, 2019

Vishabha Rasi: 19.56 Tithi 17 - 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Gulika 9:27AM - 10:40AM
Yama 7:01AM - 8:14AM
Rahu 1:07PM - 2:20PM
Rohini Until 12:14PM
Shiva Until 9:31PM
Vanija Until 9:23PM
Dvitiya Until 9:24AM

Ganesha: Clear *Sunrise: 7:01AM*
Muruqa: Purple *Sunset: 4:47PM*
Nataraja: Purple
Moon - Yellow
Kartika-Aipasi

Subha Sivaloka Day

Rochester, NY
Sun 1 Sutra 214
Vikarin 5121
Moon 11 - Phase 30
1st Phase

2

Friday, November 15, 2019

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 8:15AM - 9:28AM
Yama 2:20PM - 3:33PM
Rahu 10:41AM - 11:54AM
Mrigashira Until 12:38PM
Siddha Until 8:03PM
Bava Until 9:02PM
Tritiya Until 9:14AM

Ganesha: Clear *Sunrise: 7:02AM*
Muruqa: Purple *Sunset: 4:46PM*
Nataraja: Purple
Moon - Yellow
Kartika-Aipasi

Subha Sivaloka Day

Rochester, NY
Sun 2 Sutra 215
Vikarin 5121
Moon 11 - Phase 30
1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:03AM - 8:16AM
Yama 1:07PM - 2:19PM
Rahu 9:29AM - 10:41AM
Ardra Until 12:32PM
Sadhya Until 6:19PM
Kaulava Until 8:20PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise: 7:03AM*
Muruqa: Purple *Sunset: 4:45PM*
Nataraja: Purple
Moon - Yellow
Kartika-Kartikai

Subha Sivaloka Day

Rochester, NY
Sun 3 Sutra 216
Vikarin 5121
Moon 11 - Phase 30
1st Phase

4

Sunday, November 17, 2019

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 2:19PM - 3:32PM
Yama 11:54AM - 1:07PM
Rahu 3:32PM - 4:44PM
Punarvasu Until 12:24PM
Subha Until 4:20PM
Gara Until 7:17PM
Panchami Until 7:50AM

Ganesha: Clear *Sunrise: 7:04AM*
Muruqa: Purple *Sunset: 4:44PM*
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Sivaloka Day

Rochester, NY
Sun 4 Sutra 217
Vikarin 5121
Moon 11 - Phase 30
1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 1:07PM - 2:19PM
Yama 10:42AM - 11:54AM
Rahu 8:18AM - 9:30AM
Pushya Until 11:46AM
Sukla Until 2:03PM
Bava Until 5:03AM Tue
Shashthi* Until 6:37AM

Ganesha: Clear *Sunrise: 7:06AM*
Muruqa: Purple *Sunset: 4:43PM*
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Sivaloka Day

Rochester, NY
Sun 5 Sutra 218
Vikarin 5121
Moon 11 - Phase 30
1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 27.11 Tithi 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 11:55AM - 1:07PM
Yama 9:31AM - 10:43AM
Rahu 2:19PM - 3:30PM
Ashlesha* Until 10:40AM
Brahma Until 11:31AM
Balava Until 4:10PM
Ashtami* Until 3:10AM Wed

Ganesha: Clear *Sunrise: 7:07AM*
Muruqa: Purple *Sunset: 4:42PM*
Nataraja: Clear
Moon - Blue
Kartika-Kartikai

Sivaloka Day

Rochester, NY
Sun 6 Sutra 219
Vikarin 5121
Moon 11 - Phase 30
Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 11.14 Tithi 24

758413465

Creative Work Siddha Yoga
Until 9:32AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 10:43AM - 11:55AM
Yama 8:20AM - 9:31AM
Rahu 11:55AM - 1:07PM
Magha* Until 9:32AM
Indra Until 8:44AM
Taitila Until 2:08PM
Navami* Until 12:59AM Thu

Ganesha: White *Sunrise: 7:08AM*
Muruqa: Purple *Sunset: 4:42PM*
Nataraja: Clear
Moon - Red
Kartika-Kartikai

Subha Sivaloka Day

Rochester, NY
Sun 7 Sutra 220
Vikarin 5121
Moon 11 - Phase 30
Navami

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		Rochester, NY	
Simha Rasi: 25.28	Tithi 25	Gulika	9:32AM – 10:44AM	Purvaphalguni Until 7:59AM	Ganesha: White	<i>Sunrise: 7:09AM</i>	Sun 8 Sutra 221
		Yama	7:09AM – 8:21AM	Vishkambha* Until 2:29AM Fri	Muruqa: Purple	<i>Sunset: 4:41PM</i>	Vikarin 5121
		758413465 Rahu	1:07PM – 2:18PM	Vanija Until 11:49AM	Nataraja: Clear		Moon 11 - Phase 31
Creative Work	Siddha Yoga			Dashami Until 10:33PM	Moon – Red		2nd Phase
					Karttika-Karttikai		Subha Sivaloka Day

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Rochester, NY	
Kanya Rasi: 9.52	Tithi 26	Gulika	8:22AM – 9:33AM	Uttaraphalguni Until 6:03AM	Ganesha: White	<i>Sunrise: 7:11AM</i>	Sun 9 Sutra 222
		Yama	2:18PM – 3:29PM	Priti Until 11:09PM	Muruqa: Purple	<i>Sunset: 4:40PM</i>	Vikarin 5121
		758413465 Rahu	10:44AM – 11:55AM	Bava Until 9:17AM	Nataraja: Clear		Moon 11 - Phase 31
Creative Work	Siddha Yoga			Ekadashi* Until 7:57PM	Moon – Red		2nd Phase
Until 6:03AM					Karttika-Karttikai		Subha Sivaloka Day
Then Creative Work - Amrita Yoga							

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Rochester, NY	
Kanya Rasi: 24.22	Tithi 27 – 28	Gulika	7:12AM – 8:23AM	Chitra Until 2:20AM Sun	Ganesha: Yellow	<i>Sunrise: 7:12AM</i>	Sun 10 Sutra 223
		Yama	1:07PM – 2:18PM	Ayushman Until 7:45PM	Muruqa: Purple	<i>Sunset: 4:40PM</i>	Vikarin 5121
		768413465 Rahu	9:34AM – 10:45AM	Kaulava Until 6:39AM	Nataraja: Clear		Moon 11 - Phase 31
Routine Work	Marana Yoga			Dvadashi* Until 5:17PM	Moon – Green		2nd Phase
Until 2:20AM Sun					Karttika-Karttikai		Sivaloka Day
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata (Fasting)</i>

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Rochester, NY	
Tula Rasi: 8.52	Tithi 28 – 29	Gulika	2:17PM – 3:28PM	Svati Until 12:21AM Mon	Ganesha: Blue	<i>Sunrise: 7:13AM</i>	Sun 11 Sutra 224
		Yama	11:56AM – 1:07PM	Saubhagya Until 4:25PM	Muruqa: Purple	<i>Sunset: 4:39PM</i>	Vikarin 5121
		769413465 Rahu	3:28PM – 4:39PM	Visti Until 1:26AM Mon	Nataraja: Clear		Moon 11 - Phase 31
Creative Work	Siddha Yoga			Trayodashi* Until 2:40PM	Moon – Green		2nd Phase
Until 12:21AM Mon					Karttika-Karttikai		Devaloka Day
Then Routine Work - Marana Yoga							

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Rochester, NY	
Tula Rasi: 23.17	Tithi 29 – 30	Gulika	1:07PM – 2:17PM	Vishakha Until 10:54PM	Ganesha: Blue	<i>Sunrise: 7:14AM</i>	Sun 12 Sutra 225
Family Home Evening		Yama	10:46AM – 11:56AM	Sobhana Until 1:15PM	Muruqa: Purple	<i>Sunset: 4:38PM</i>	Vikarin 5121
		779413465 Rahu	8:25AM – 9:35AM	Catuspada Until 11:09PM	Nataraja: Clear		Moon 11 - Phase 31
Routine Work	Marana Yoga			Chaturdashi* Until 12:14PM	Moon – Orange		Amavasya
Until 10:54PM					Karttika-Karttikai		Devaloka Day
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Rochester, NY	
Vrischika Rasi: 7.3	Tithi 30 – 1	Gulika	11:57AM – 1:07PM	Anuradha Until 9:42PM	Ganesha: Blue	<i>Sunrise: 7:15AM</i>	Sun 13 Sutra 226
		Yama	9:36AM – 10:46AM	Athiganda* Until 10:20AM	Muruqa: Purple	<i>Sunset: 4:38PM</i>	Vikarin 5121
		779413465 Rahu	2:17PM – 3:28PM	Kintughna Until 9:16PM	Nataraja: Clear		Moon 11 - Phase 31
Creative Work	Siddha Yoga			Amavasya* Until 10:08AM	Moon – Orange		Prathama
Until 9:42PM					Margasira-Karttikai		Devaloka Day
Then Routine Work - Marana Yoga							

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Rochester, NY Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	Gulika 10:47AM – 11:57AM	Jyeshtha* Until 8:53PM	Ganesha: Blue <i>Sunrise:</i> 7:16AM	
		Yama 8:27AM – 9:37AM	Sukarma Until 7:49AM	Muruqa: Purple <i>Sunset:</i> 4:37PM	Moon 11 - Phase 32
		779413465 Rahu 11:57AM – 1:07PM	Balava Until 7:55PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Prathama* Until 8:30AM	Moon – Orange	Devaloka Day
Until 8:53PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Rochester, NY Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	Gulika 9:37AM – 10:47AM	Mula* Until 9:02PM	Ganesha: Blue <i>Sunrise:</i> 7:18AM	
		Yama 7:18AM – 8:28AM	Shula* Until 4:16AM Fri	Muruqa: Purple <i>Sunset:</i> 4:37PM	Moon 11 - Phase 32
		789413465 Rahu 1:07PM – 2:17PM	Taitila Until 7:15PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 7:29AM	Moon – Light Blue	Devaloka Day
				Margasira-Karttikai	

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Rochester, NY Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	Gulika 8:28AM – 9:38AM	Purvashadha* Until 9:45PM	Ganesha: Blue <i>Sunrise:</i> 7:19AM	
		Yama 2:17PM – 3:27PM	Ganda* Until 3:21AM Sat	Muruqa: Purple <i>Sunset:</i> 4:36PM	Moon 11 - Phase 32
		789413465 Rahu 10:48AM – 11:58AM	Vanija Until 7:19PM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Tritiya Until 7:10AM	Moon – Light Blue	Devaloka Day
Until 9:45PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau	Rochester, NY Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	Gulika 7:20AM – 8:29AM	Uttarashadha Until 11:01PM	Ganesha: Blue <i>Sunrise:</i> 7:20AM	
		Yama 1:07PM – 2:17PM	Vriddhi Until 3:01AM Sun	Muruqa: Purple <i>Sunset:</i> 4:36PM	Moon 11 - Phase 32
		789413465 Rahu 9:39AM – 10:48AM	Bava Until 8:08PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Chaturthi* Until 7:37AM	Moon – Light Blue	Devaloka Day
Until 11:01PM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Rochester, NY Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	Gulika 2:17PM – 3:26PM	Shravana Until 1:16AM Mon	Ganesha: Yellow <i>Sunrise:</i> 7:21AM	
		Yama 11:58AM – 1:08PM	Dhruva Until 3:09AM Mon	Muruqa: Purple <i>Sunset:</i> 4:36PM	Moon 11 - Phase 32
		799413465 Rahu 3:26PM – 4:36PM	Kaulava Until 9:39PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 8:47AM	Moon – Purple	Sivaloka Day
Until 1:16AM Mon				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Rochester, NY Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	Gulika 1:08PM – 2:17PM	Dhanishtha Until 3:51AM Tue	Ganesha: Clear <i>Sunrise:</i> 7:22AM	
Family Home Evening		Yama 10:50AM – 11:59AM	Vyaghata* Until 3:41AM Tue	Muruqa: Purple <i>Sunset:</i> 4:35PM	Moon 11 - Phase 32
Creative Work Siddha Yoga		791413465 Rahu 8:31AM – 9:40AM	Gara Until 11:42PM	Nataraja: Clear	3rd Phase
Until 3:51AM Tue			Shashthi* Until 10:35AM	Moon – Purple	Sivaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai	

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Rochester, NY Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	Gulika 11:59AM – 1:08PM	Shatabhishak Until 6:33AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:23AM	
		Yama 9:41AM – 10:50AM	Harshana Until 4:27AM Wed	Muruqa: Purple <i>Sunset:</i> 4:35PM	Moon 11 - Phase 32
		791413465 Rahu 2:17PM – 3:26PM	Visti Until 2:05AM Wed	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 12:51PM	Moon – Purple	Sivaloka Day
Until 6:33AM Wed				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Rochester, NY Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	Gulika 10:51AM – 12:00PM	Shatabhishak Until 6:33AM	Ganesha: Clear <i>Sunrise:</i> 7:24AM	
		Yama 8:33AM – 9:42AM	Vajra* Until 5:15AM Thu	Muruqa: Purple <i>Sunset:</i> 4:35PM	Moon 11 - Phase 32
		791413465 Rahu 12:00PM – 1:08PM	Balava Until 4:36AM Thu	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Ashtami* Until 3:19PM	Moon – Purple	Sivaloka Day
Until 6:33AM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY
Meena Rasi: 1.31	Tithi 9 – 10	711413465	Gulika 9:43AM – 10:51AM Yama 7:25AM – 8:34AM Rahu 1:09PM – 2:17PM	Purvaproshtapada* Until 9:39AM Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri Navami* Until 5:48PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:25AM Sunset: 4:35PM	Sun 22	Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						Sivaloka Day		


2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY
Meena Rasi: 13.26	Tithi 10	711413465	Gulika 8:35AM – 9:43AM Yama 2:17PM – 3:26PM Rahu 10:52AM – 12:00PM	Uttaraproshtapada Until 12:27PM Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM Dashami Until 8:05PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:26AM Sunset: 4:35PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						Sivaloka Day		

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY
Meena Rasi: 25.28	Tithi 11	711513465	Gulika 7:27AM – 8:36AM Yama 1:09PM – 2:18PM Rahu 9:44AM – 10:52AM	Revati Until 2:46PM Vyatipata* Until 6:31AM Vanija Until 9:07AM Ekadashi Until 9:59PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:27AM Sunset: 4:34PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work Prabalarishta Yoga Until 2:46PM Then Creative Work - Siddha Yoga						Subha Sivaloka Day		

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Rochester, NY
Mesha Rasi: 7.4	Tithi 12	721513465	Gulika 2:18PM – 3:26PM Yama 12:01PM – 1:10PM Rahu 3:26PM – 4:34PM	Ashvini Until 4:59PM Variyan Until 6:43AM Bava Until 10:47AM Dvadashi Until 11:24PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:28AM Sunset: 4:34PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 4:59PM Then Routine Work - Prabalarishta Yoga						Sivaloka Day		

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY
Mesha Rasi: 20.05	Tithi 13	721513465	Gulika 1:10PM – 2:18PM Yama 10:54AM – 12:02PM Rahu 8:37AM – 9:45AM	Bharani Until 6:30PM Parigha* Until 6:31AM Kaulava Until 11:55AM Trayodashi Until 12:15AM Tue <i>Pradosha Vrata</i>	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:29AM Sunset: 4:34PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 6:30PM Then Routine Work - Marana Yoga						Sivaloka Day		

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY
Vrishabha Rasi: 2.46	Tithi 14	721513465	Gulika 12:02PM – 1:10PM Yama 9:46AM – 10:54AM Rahu 2:18PM – 3:26PM	Krittika Until 7:18PM Siddha Until 4:49AM Wed Gara Until 12:29PM Chaturdashi* Until 12:31AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:30AM Sunset: 4:34PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 7:18PM Then Creative Work - Amrita Yoga						Sivaloka Day		

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY
Vrishabha Rasi: 15.43	Tithi 15	731523465	Gulika 10:55AM – 12:03PM Yama 8:39AM – 9:47AM Rahu 12:03PM – 1:11PM	Rohini Until 7:52PM Sadhya Until 3:20AM Thu Visti Until 12:28PM Purnima* Until 12:14AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:31AM Sunset: 4:34PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Creative Work Siddha Yoga						Sivaloka Day		

Thursday, December 12, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY
Vrishabha Rasi: 28.56	Tithi 16	732523465	Gulika 9:47AM – 10:55AM Yama 7:32AM – 8:40AM Rahu 1:11PM – 2:19PM	Mrigashira Until 7:48PM Subha Until 1:28AM Fri Balava Until 11:55AM Prathama* Until 11:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:32AM Sunset: 4:35PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work Marana Yoga						Devaloka Day		
Vinayaga Viratam Begins								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Rochester, NY

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika 8:40AM – 9:48AM
Yama 2:19PM – 3:27PM
Rahu 10:56AM – 12:04PM

Ardra Until 7:09PM
Sukla Until 11:15PM
Taitila Until 10:56AM
Dvitiya Until 10:16PM

Ganesha: Clear *Sunrise:* 7:32AM

Muruqa: Clear *Sunset:* 4:35PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1 Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika 7:33AM – 8:41AM
Yama 1:12PM – 2:20PM
Rahu 9:49AM – 10:56AM

Punarvasu Until 6:29PM
Brahma Until 8:49PM
Vanija Until 9:34AM
Tritiya Until 8:45PM

Ganesha: Purple *Sunrise:* 7:33AM

Muruqa: Clear *Sunset:* 4:35PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2 Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Rochester, NY

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika 2:20PM – 3:28PM
Yama 12:05PM – 1:12PM
Rahu 3:28PM – 4:35PM

Pushya Until 5:25PM
Indra Until 6:11PM
Bava Until 7:55AM
Chaturthi* Until 7:00PM

Ganesha: Purple *Sunrise:* 7:34AM

Muruqa: Clear *Sunset:* 4:35PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3 Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

Gulika 1:13PM – 2:20PM
Yama 10:57AM – 12:05PM
Rahu 8:42AM – 9:50AM

Ashlesha* Until 4:02PM
Vaidhrili* Until 3:24PM
Kaulava Until 6:04AM
Panchami Until 5:04PM

Ganesha: Clear *Sunrise:* 7:35AM

Muruqa: Clear *Sunset:* 4:35PM

Nataraja: Clear

Moon – Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4 Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

Gulika 12:06PM – 1:13PM
Yama 9:50AM – 10:58AM
Rahu 2:21PM – 3:28PM

Magha* Until 2:50PM
Vishkambha* Until 12:33PM
Visti Until 2:02AM Wed
Shashthi* Until 3:03PM

Ganesha: Purple *Sunrise:* 7:35AM

Muruqa: Clear *Sunset:* 4:36PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Rochester, NY

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

Gulika 10:59AM – 12:06PM
Yama 8:44AM – 9:51AM
Rahu 12:06PM – 1:14PM

Purvaphalguni Until 1:27PM
Priti Until 9:40AM
Balava Until 11:57PM
Saptami Until 12:59PM

Ganesha: Purple *Sunrise:* 7:36AM

Muruqa: Clear *Sunset:* 4:36PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

Gulika 9:52AM – 10:59AM
Yama 7:37AM – 8:44AM
Rahu 1:14PM – 2:22PM

Uttaraphalguni Until 11:55AM
Ayushman Until 6:44AM
Taitila Until 9:53PM
Ashtami* Until 10:54AM

Ganesha: Purple *Sunrise:* 7:37AM

Muruqa: Clear *Sunset:* 4:36PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Rochester, NY Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	Gulika 8:45AM – 9:52AM Yama 2:22PM – 3:29PM Rahu 11:00AM – 12:07PM	Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	Ganesha: Clear <i>Sunrise: 7:37AM</i> Muruqa: Clear <i>Sunset: 4:37PM</i> Nataraja: Clear Moon – Green	Devaloka Day	
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga							
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	Gulika 7:38AM – 8:45AM Yama 1:15PM – 2:22PM Rahu 9:53AM – 11:00AM	Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	Ganesha: Clear <i>Sunrise: 7:38AM</i> Muruqa: Clear <i>Sunset: 4:37PM</i> Nataraja: Clear Moon – Green	Devaloka Day	
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati					
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Rochester, NY Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	Gulika 2:23PM – 3:30PM Yama 12:08PM – 1:16PM Rahu 3:30PM – 4:38PM	Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	Ganesha: Clear <i>Sunrise: 7:38AM</i> Muruqa: Clear <i>Sunset: 4:38PM</i> Nataraja: Clear Moon – Green	Devaloka Day	
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati					
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Rochester, NY Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	Gulika 1:16PM – 2:24PM Yama 11:01AM – 12:09PM Rahu 8:46AM – 9:54AM	Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	Ganesha: White <i>Sunrise: 7:39AM</i> Muruqa: Clear <i>Sunset: 4:38PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati		Pradosha Vrata (Fasting)			
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rochester, NY Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	Gulika 12:09PM – 1:17PM Yama 9:54AM – 11:02AM Rahu 2:24PM – 3:32PM	Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	Ganesha: White <i>Sunrise: 7:39AM</i> Muruqa: Clear <i>Sunset: 4:39PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati					
		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rochester, NY Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	Gulika 11:02AM – 12:10PM Yama 8:47AM – 9:55AM Rahu 12:10PM – 1:17PM	Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	Ganesha: Clear <i>Sunrise: 7:40AM</i> Muruqa: Clear <i>Sunset: 4:40PM</i> Nataraja: Clear Moon – Orange	Devaloka Day	
Retreat Star Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati					
Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Rochester, NY Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	Gulika 9:55AM – 11:03AM Yama 7:40AM – 8:47AM Rahu 1:18PM – 2:25PM	Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	Ganesha: Orange <i>Sunrise: 7:40AM</i> Muruqa: Clear <i>Sunset: 4:40PM</i> Nataraja: Orange Moon – Light Blue	Devaloka Day	
Creative Work Siddha Yoga		Annular Solar Eclipse		Pausha-Markali			

1		Friday, December 27, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau		Rochester, NY
Dhanus Rasi: 26.08	Tithi 2	883523466	Gulika 8:48AM – 9:55AM Yama 2:26PM – 3:33PM Rahu 11:03AM – 12:11PM	Purvashadha* Until 6:59AM Dhruva Until 10:31AM Balava Until 12:22PM Dvitiya Until 12:42AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sunrise: 7:40AM Sunset: 4:41PM	Sun 14 Sutra 257 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Routine Work Prabalarishta Yoga Until 6:59AM Then Routine Work - Marana Yoga						Devaloka Day		

2		Saturday, December 28, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau		Rochester, NY
Makara Rasi: 8.49	Tithi 3	883523466	Gulika 7:40AM – 8:48AM Yama 1:19PM – 2:26PM Rahu 9:56AM – 11:03AM	Uttarashadha Until 8:04AM Vyaghata* Until 9:56AM Taitila Until 1:12PM Tritiya Until 1:49AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sunrise: 7:40AM Sunset: 4:42PM	Sun 15 Sutra 258 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Routine Work Marana Yoga Until 8:04AM Then Creative Work - Siddha Yoga						Devaloka Day		

3		Sunday, December 29, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Rochester, NY
Makara Rasi: 21.16	Tithi 4	893523466	Gulika 2:27PM – 3:35PM Yama 12:12PM – 1:19PM Rahu 3:35PM – 4:42PM	Shravana Until 10:02AM Harshana Until 9:48AM Vanija Until 2:37PM Chaturthi* Until 3:29AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:41AM Sunset: 4:42PM	Sun 16 Sutra 259 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Creative Work Amrita Yoga Until 10:02AM Then Routine Work - Marana Yoga						Devaloka Day		

4		Monday, December 30, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau		Rochester, NY
Kumbha Rasi: 3.28	Tithi 5	893523466	Gulika 1:20PM – 2:28PM Yama 11:04AM – 12:12PM Rahu 8:49AM – 9:57AM	Dhanishtha Until 12:20PM Vajra* Until 10:03AM Bava Until 4:31PM Panchami Until 5:36AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:41AM Sunset: 4:43PM	Sun 17 Sutra 260 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Family Home Evening Creative Work Siddha Yoga						Devaloka Day		

5		Tuesday, December 31, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthiyam Titau		Rochester, NY
Kumbha Rasi: 15.3	Tithi 6	893523466	Gulika 12:13PM – 1:20PM Yama 9:57AM – 11:05AM Rahu 2:28PM – 3:36PM	Shatabhishak Until 2:50PM Siddhi Until 10:36AM Kaulava Until 6:48PM Shashthi* Until 8:01AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:41AM Sunset: 4:44PM	Sun 18 Sutra 261 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Routine Work Marana Yoga						Devaloka Day		

6		Wednesday, January 1, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Rochester, NY
Kumbha Rasi: 27.26	Tithi 6 – 7	813623466	Gulika 11:05AM – 12:14PM Yama 8:49AM – 9:57AM Rahu 12:14PM – 1:22PM	Purvaproshtapada* Until 5:54PM Vyatipata* Until 11:21AM Gara Until 9:17PM Shashthi* Until 8:01AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:41AM Sunset: 4:46PM	Sun 19 Sutra 262 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Creative Work Amrita Yoga Until 5:54PM Then Creative Work - Siddha Yoga				Vinayaga Viratam Ends		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

Retreat Star		Thursday, January 2, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Rochester, NY
Meena Rasi: 9.19	Tithi 7 – 8	813623466	Gulika 9:58AM – 11:06AM Yama 7:41AM – 8:49AM Rahu 1:22PM – 2:30PM	Uttaraproshtapada Until 8:48PM Variyan Until 12:08PM Visti Until 11:46PM Saptami Until 10:31AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:41AM Sunset: 4:47PM	Sun 20 Sutra 263 Vikarin 5121 Moon 12 - Phase 36 Ashtami	
Creative Work Siddha Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM		

Retreat Star		Friday, January 3, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Rochester, NY
Meena Rasi: 21.13	Tithi 8 – 9	813623466	Gulika 8:50AM – 9:58AM Yama 2:31PM – 3:39PM Rahu 11:06AM – 12:14PM	Revati Until 11:23PM Parigha* Until 12:51PM Balava Until 2:02AM Sat Ashtami* Until 12:55PM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:41AM Sunset: 4:48PM	Sun 21 Sutra 264 Vikarin 5121 Moon 12 - Phase 36 Navami	
Creative Work Siddha Yoga Until 11:23PM Then Creative Work - Amrita Yoga						Bhuloka Day Devaloka Time: 3:PM to 6:PM		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Rochester, NY Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	823623466	Gulika 7:41AM – 8:50AM Yama 1:23PM – 2:32PM Rahu 9:58AM – 11:07AM	Ashvini Until 1:54AM Sun Shiva Until 1:21PM Taitila Until 3:54AM Sun Navami* Until 3:01PM	Ganesha: Yellow <i>Sunrise:</i> 7:41AM Muruqa: Clear <i>Sunset:</i> 4:49PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 1:54AM Sun			
Then Routine Work - Prabalarishta Yoga					

2		Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Rochester, NY Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	823623466	Gulika 2:33PM – 3:41PM Yama 12:15PM – 1:24PM Rahu 3:41PM – 4:50PM	Bharani Until 3:44AM Mon Siddha Until 1:27PM Vanija Until 5:11AM Mon Dashami Until 4:36PM	Ganesha: Yellow <i>Sunrise:</i> 7:41AM Muruqa: Clear <i>Sunset:</i> 4:50PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Routine Work Prabalarishta Yoga		Until 3:44AM Mon			
Then Routine Work - Marana Yoga					

3		Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Rochester, NY Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	823623466	Gulika 1:25PM – 2:33PM Yama 11:07AM – 12:16PM Rahu 8:50AM – 9:58AM	Krittika Until 4:45AM Tue Sadhya Until 1:06PM Bava Until 5:47AM Tue Ekadashi Until 5:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:41AM Muruqa: Clear <i>Sunset:</i> 4:51PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Family Home Evening		Until 4:45AM Tue			
Then Creative Work - Amrita Yoga					

4		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Rochester, NY Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 10.35	Tithi 12 – 13	833623466	Gulika 12:16PM – 1:25PM Yama 9:59AM – 11:07AM Rahu 2:34PM – 3:43PM	Rohini Until 5:22AM Wed Subha Until 12:13PM Kaulava Until 5:38AM Wed Dvadashi Until 5:47PM	Ganesha: White <i>Sunrise:</i> 7:41AM Muruqa: Clear <i>Sunset:</i> 4:52PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Amrita Yoga		Until 5:22AM Wed			
Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata</i>					

5		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Rochester, NY Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 23.4	Tithi 13 – 14	833623466	Gulika 11:08AM – 12:17PM Yama 8:50AM – 9:59AM Rahu 12:17PM – 1:26PM	Mrigashira Until 5:09AM Thu Sukla Until 10:44AM Gara Until 4:48AM Thu Trayodashi Until 5:17PM	Ganesha: White <i>Sunrise:</i> 7:41AM Muruqa: Clear <i>Sunset:</i> 4:53PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Siddha Yoga		Until 5:09AM Thu			
Then Routine Work - Marana Yoga					

6		Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Rochester, NY Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	Gulika 9:59AM – 11:08AM Yama 7:40AM – 8:50AM Rahu 1:26PM – 2:35PM	Ardra Until 4:10AM Fri Brahma Until 8:44AM Visti Until 3:19AM Fri Chaturdashi* Until 4:07PM	Ganesha: Yellow <i>Sunrise:</i> 7:40AM Muruqa: Clear <i>Sunset:</i> 4:54PM Nataraja: Orange Moon – Yellow Devaloka Day Pausha-Markali
Routine Work Marana Yoga		Until 4:10AM Fri			
Then Creative Work - Siddha Yoga					
Ardra Darshanam					

○		Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Rochester, NY Sun 27 Sutra 271 Vikarin 5121
Copper Retreat Star					
Mithuna Rasi: 20.58	Tithi 15 – 16	844623466	Gulika 8:49AM – 9:59AM Yama 2:36PM – 3:46PM Rahu 11:08AM – 12:18PM	Punarvasu Until 2:59AM Sat Indra Until 6:16AM Balava Until 1:20AM Sat Purnima* Until 2:22PM	Ganesha: White <i>Sunrise:</i> 7:40AM Muruqa: Clear <i>Sunset:</i> 4:55PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 2:59AM Sat			
Then Routine Work - Marana Yoga					

○		Saturday, January 11, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Rochester, NY Sun 27 Sutra 272 Vikarin 5121
Silver Retreat Star					
Kataka Rasi: 5.07	Tithi 16 – 17	844623466	Gulika 7:40AM – 8:49AM Yama 1:27PM – 2:37PM Rahu 9:59AM – 11:08AM	Pushya Until 1:17AM Sun Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM Prathama* Until 12:10PM	Ganesha: White <i>Sunrise:</i> 7:40AM Muruqa: Clear <i>Sunset:</i> 4:56PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 1:17AM Sun			
Then Routine Work - Marana Yoga					



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 273

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 3:47PM - 4:57PM

Gulika 2:38PM - 3:47PM Ashlesha* Until 11:13PM

Yama 12:18PM - 1:28PM Priti Until 8:51PM

Rahu 3:47PM - 4:57PM Vanija Until 8:21PM

Dvitiya Until 9:40AM

Ganesha: White Sunrise: 7:39AM

Muruqa: Clear Sunset: 4:57PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Tritiya/Chaturthiyam Titau

Rochester, NY

Sun 2 Sutra 274

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:49AM - 9:59AM

Gulika 1:29PM - 2:39PM Magha* Until 9:21PM

Yama 11:09AM - 12:19PM Ayushman Until 5:24PM

Rahu 8:49AM - 9:59AM Balava Until 4:16AM Tue

Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:39AM

Muruqa: Clear Sunset: 4:57PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY

Sun 3 Sutra 275

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 2:39PM - 3:49PM

Gulika 12:19PM - 1:29PM Purvaphalguni Until 7:23PM

Yama 9:59AM - 11:09AM Saubhagya Until 1:58PM

Rahu 2:39PM - 3:49PM Kaulava Until 2:57PM

Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:39AM

Muruqa: Clear Sunset: 5:00PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Rochester, NY

Sun 4 Sutra 276

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:19PM - 1:30PM

Gulika 11:09AM - 12:19PM Uttaraphalguni Until 5:26PM

Yama 8:48AM - 9:58AM Sobhana Until 10:40AM

Rahu 12:19PM - 1:30PM Gara Until 12:24PM

Shashthi* Until 11:11PM

Ganesha: Clear Sunrise: 7:38AM

Muruqa: Clear Sunset: 5:01PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Rochester, NY

Sun 5 Sutra 277

Kanya Rasi: 17.24 Tithi 22

844623466 Rahu 1:30PM - 2:41PM

Gulika 9:59AM - 11:09AM Hasta Until 4:00PM

Yama 7:38AM - 8:48AM Athiganda* Until 7:30AM

Rahu 1:30PM - 2:41PM Visti Until 10:04AM

Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:38AM

Muruqa: Clear Sunset: 5:02PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 278

Tula Rasi: 1.34 Tithi 23

844623466 Rahu 11:09AM - 12:20PM

Gulika 8:48AM - 9:59AM Chitra Until 2:43PM

Yama 2:42PM - 3:52PM Dhriti Until 1:56AM Sat

Rahu 11:09AM - 12:20PM Balava Until 8:01AM

Ashtami* Until 7:06PM

Ganesha: Purple Sunrise: 7:37AM

Muruqa: Clear Sunset: 5:03PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Rochester, NY

Sun 7 Sutra 279

Tula Rasi: 15.31 Tithi 24 - 25

844623466 Rahu 9:58AM - 11:09AM

Gulika 7:36AM - 8:47AM Svati Until 1:39PM

Yama 1:31PM - 2:42PM Shula* Until 11:33PM

Rahu 9:58AM - 11:09AM Taitila Until 6:19AM

Navami* Until 5:35PM

Ganesha: Purple Sunrise: 7:36AM

Muruqa: Clear Sunset: 5:04PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga


1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Rochester, NY Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 26 – 26	Gulika 2:43PM – 3:54PM	Vishakha Until 1:14PM	Ganesha: Clear <i>Sunrise:</i> 7:36AM	
		Yama 12:21PM – 1:32PM	Ganda* Until 9:30PM	Muruqa: Clear <i>Sunset:</i> 5:06PM	Moon 1 - Phase 39
		874623466 Rahu 3:54PM – 5:06PM	Bava Until 4:01AM Mon	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 4:26PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Rochester, NY Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	Gulika 1:32PM – 2:44PM	Anuradha Until 1:02PM	Ganesha: Clear <i>Sunrise:</i> 7:35AM	
Family Home Evening		Yama 11:10AM – 12:21PM	Vriddhi Until 7:45PM	Muruqa: Clear <i>Sunset:</i> 5:07PM	Moon 1 - Phase 39
		874623466 Rahu 8:47AM – 9:58AM	Kaulava Until 3:27AM Tue	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:40PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Rochester, NY Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	Gulika 12:21PM – 1:33PM	Jyeshtha* Until 1:05PM	Ganesha: Purple <i>Sunrise:</i> 7:34AM	
		Yama 9:58AM – 11:10AM	Dhruva Until 6:17PM	Muruqa: Clear <i>Sunset:</i> 5:08PM	Moon 1 - Phase 39
		875623466 Rahu 2:45PM – 3:56PM	Gara Until 3:18AM Wed	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 3:18PM	Moon – Orange	Bhuloka Day
Until 1:05PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Rochester, NY Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	Gulika 11:10AM – 12:22PM	Mula* Until 1:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:34AM	
		Yama 8:46AM – 9:58AM	Vyaghata* Until 5:10PM	Muruqa: Clear <i>Sunset:</i> 5:10PM	Moon 1 - Phase 39
		885623466 Rahu 12:22PM – 1:34PM	Visti Until 3:34AM Thu	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 3:21PM	Moon – Light Blue	Bhuloka Day
Until 1:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Rochester, NY Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	Gulika 9:57AM – 11:10AM	Purvashadha* Until 2:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:33AM	
		Yama 7:33AM – 8:45AM	Harshana Until 4:23PM	Muruqa: Clear <i>Sunset:</i> 5:11PM	Moon 1 - Phase 39
		885623466 Rahu 1:34PM – 2:46PM	Catuspada Until 4:15AM Fri	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:50PM	Moon – Light Blue	Bhuloka Day
Until 2:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Rochester, NY Sun 13 Sutra 285 Vikarin 5121
Retreat Star		Gulika 8:45AM – 9:57AM	Uttarashadha Until 4:07PM	Ganesha: Light Blue <i>Sunrise:</i> 7:32AM	
Makara Rasi: 4.37	Tithi 30 – 1	Yama 2:47PM – 4:00PM	Vajra* Until 3:54PM	Muruqa: Clear <i>Sunset:</i> 5:12PM	Moon 1 - Phase 39
		885623466 Rahu 11:10AM – 12:22PM	Kintughna Until 5:23AM Sat	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:44PM	Moon – Light Blue	Bhuloka Day
				Pausha -Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Rochester, NY Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	Gulika 7:31AM – 8:44AM	Shravana Until 6:08PM	Ganesha: Light Blue <i>Sunrise:</i> 7:31AM	
		Yama 1:35PM – 2:48PM	Siddhi Until 3:46PM	Muruqa: Clear <i>Sunset:</i> 5:13PM	Moon 1 - Phase 39
		995623466 Rahu 9:57AM – 11:09AM	Bava Until 6:05PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:05PM	Moon – Purple	Bhuloka Day
				Magha -Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau			Rochester, NY Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	Gulika 2:49PM – 4:02PM	Dhanishtha Until 8:21PM	Ganesha: Orange	<i>Sunrise:</i> 7:30AM		
		Yama 12:22PM – 1:36PM	Vyatipata* Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM		Moon 1 - Phase 40
		995723466 Rahu 4:02PM – 5:15PM	Balava Until 6:56AM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:50PM	Moon – Purple		Devaloka Day	
Until 8:21PM				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau			Rochester, NY Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	Gulika 1:36PM – 2:49PM	Shatabhishak Until 10:45PM	Ganesha: Orange	<i>Sunrise:</i> 7:29AM		
Family Home Evening		Yama 11:09AM – 12:23PM	Variyan Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM		Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 Rahu 8:43AM – 9:56AM	Taitila Until 8:52AM	Nataraja: Orange			3rd Phase
Until 10:45PM			Tritiya Until 9:56PM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga				Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau			Rochester, NY Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	Gulika 12:23PM – 1:37PM	Purvaproshtapada* Until 1:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 7:28AM		
		Yama 9:56AM – 11:09AM	Parigha* Until 5:02PM	Muruqa: Clear	<i>Sunset:</i> 5:17PM		Moon 1 - Phase 40
		915723466 Rahu 2:50PM – 4:04PM	Vanija Until 11:06AM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 12:18AM Wed	Moon – Clear		Sivaloka Day	
Until 1:44AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Rochester, NY Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	Gulika 11:09AM – 12:23PM	Uttaraproshtapada Until 4:41AM Thu	Ganesha: Green	<i>Sunrise:</i> 7:27AM		
		Yama 8:41AM – 9:55AM	Shiva Until 5:51PM	Muruqa: Clear	<i>Sunset:</i> 5:19PM		Moon 1 - Phase 40
		915723466 Rahu 12:23PM – 1:37PM	Bava Until 1:34PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:49AM Thu	Moon – Clear		Sivaloka Day	
				Magha-Thai			

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthayam Titau			Rochester, NY Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	Gulika 9:55AM – 11:09AM	Revati Until 7:26AM Fri	Ganesha: Orange	<i>Sunrise:</i> 7:26AM		
		Yama 7:26AM – 8:41AM	Siddha Until 6:40PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM		Moon 1 - Phase 40
		916723466 Rahu 1:37PM – 2:52PM	Kaulava Until 4:06PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 5:19AM Fri	Moon – Clear		Devaloka Day	
Until 7:26AM Fri				Magha-Thai			
Then Creative Work - Amrita Yoga							

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau			Rochester, NY Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	Gulika 8:40AM – 9:54AM	Revati Until 7:26AM	Ganesha: Orange	<i>Sunrise:</i> 7:25AM		
		Yama 2:52PM – 4:07PM	Sadhya Until 7:25PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM		Moon 1 - Phase 40
		916723466 Rahu 11:09AM – 12:23PM	Gara Until 6:32PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:38AM Sat	Moon – Clear		Devaloka Day	
Until 7:26AM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Rochester, NY Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	Gulika 7:25AM – 8:40AM	Ashvini Until 10:20AM	Ganesha: Green	<i>Sunrise:</i> 7:25AM		
		Yama 1:38PM – 2:52PM	Subha Until 7:57PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM		Moon 1 - Phase 40
		926723466 Rahu 9:54AM – 11:09AM	Visti Until 8:40PM	Nataraja: Orange			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – White		Bhuloka Day	
				Magha-Thai		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Rochester, NY Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	Gulika 2:53PM – 4:08PM	Bharani Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 7:24AM		
		Yama 12:23PM – 1:38PM	Sukla Until 8:05PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM		Moon 1 - Phase 40
		926723466 Rahu 4:08PM – 5:23PM	Balava Until 10:18PM	Nataraja: Orange			Navami
Routine Work	Prabalarishta Yoga		Ashtami* Until 9:32AM	Moon – White		Bhuloka Day	
Until 12:39PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							


1	Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY Sun 23 Sutra 295
	Vrishabha Rasi: 5.37	Tithi 9 – 10	Gulika 1:39PM – 2:54PM	Krittika Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 7:23AM	Vikarin 5121
	Family Home Evening	926723466	Yama 11:09AM – 12:24PM	Brahma Until 7:42PM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 41
	Routine Work Marana Yoga		Rahu 8:38AM – 9:53AM	Taitila Until 11:13PM	Nataraja: Orange		4th Phase
	Until 2:12PM			Navami* Until 10:50AM	Moon – White		Bhuloka Day
Then Creative Work - Amrita Yoga				Magha*Thai		Devaloka Time: 3:PM to 6:PM	


2	Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rochester, NY Sun 24 Sutra 296
	Vrishabha Rasi: 18.17	Tithi 10 – 11	Gulika 12:24PM – 1:39PM	Rohini Until 3:20PM	Ganesha: Red	<i>Sunrise:</i> 7:22AM	Vikarin 5121
		936723467	Yama 9:53AM – 11:08AM	Indra Until 6:44PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 41
	Creative Work Amrita Yoga		Rahu 2:55PM – 4:10PM	Vanija Until 11:19PM	Nataraja: Clear		4th Phase
	Until 3:20PM			Dashami Until 11:21AM	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga				Magha*Thai			

3	Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 25 Sutra 297
	Mithuna Rasi: 1.22	Tithi 11 – 12	Gulika 11:08AM – 12:24PM	Mrigashira Until 3:29PM	Ganesha: Red	<i>Sunrise:</i> 7:21AM	Vikarin 5121
		936723467	Yama 8:37AM – 9:52AM	Vaidhriti* Until 5:05PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 41
	Creative Work Siddha Yoga		Rahu 12:24PM – 1:40PM	Bava Until 10:35PM	Nataraja: Clear		4th Phase
				Ekadashi Until 11:02AM	Moon – Yellow		Devaloka Day
				Magha*Thai			

4	Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 26 Sutra 298
	Mithuna Rasi: 14.54	Tithi 12 – 13	Gulika 9:52AM – 11:08AM	Ardra Until 2:41PM	Ganesha: Red	<i>Sunrise:</i> 7:20AM	Vikarin 5121
		936723467	Yama 7:20AM – 8:36AM	Vishkambha* Until 2:48PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 41
	Routine Work Marana Yoga		Rahu 1:40PM – 2:56PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase
	Until 2:41PM			Dvadashi Until 9:54AM	Moon – Yellow		Devaloka Day
Then Creative Work - Amrita Yoga				Magha*Thai			
<i>Pradosha Vrata</i>							

5	Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 299
	Mithuna Rasi: 28.53	Tithi 13 – 14	Gulika 8:35AM – 9:51AM	Punarvasu Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:18AM	Vikarin 5121
		947723467	Yama 2:57PM – 4:13PM	Priti Until 11:57AM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 41
	Creative Work Siddha Yoga		Rahu 11:08AM – 12:24PM	Gara Until 6:50PM	Nataraja: Clear		4th Phase
	Until 1:28PM			Trayodashi Until 8:00AM	Moon – Blue		Bhuloka Day
Then Routine Work - Marana Yoga			Thai Pusam	Magha*Thai		Devaloka Time: 3:PM to 6:PM	

	Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Rochester, NY Sutra 300
	Copper Retreat Star		Gulika 7:17AM – 8:34AM	Pushya Until 11:31AM	Ganesha: Blue	<i>Sunrise:</i> 7:17AM	Vikarin 5121
	Kataka Rasi: 13.17	Tithi 15	Yama 1:41PM – 2:57PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 41
		947723467	Rahu 9:51AM – 11:07AM	Visti Until 4:03PM	Nataraja: Clear		Purnima
	Creative Work Siddha Yoga			Purnima* Until 2:30AM Sun	Moon – Blue		Bhuloka Day
Until 11:31AM				Magha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

	Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY Sutra 301
	Silver Retreat Star		Gulika 2:58PM – 4:15PM	Ashlesha* Until 9:01AM	Ganesha: Blue	<i>Sunrise:</i> 7:16AM	Vikarin 5121
	Kataka Rasi: 28.02	Tithi 16	Yama 12:24PM – 1:41PM	Sobhana Until 12:59AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 41
		947723467	Rahu 4:15PM – 5:32PM	Balava Until 12:54PM	Nataraja: Clear		Prathama
	Creative Work Siddha Yoga			Prathama* Until 11:13PM	Moon – Blue		Bhuloka Day
Until 9:01AM				Magha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 12.59 Tithi 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:41PM – 2:59PM
Yama 11:07AM – 12:24PM
Rahu 8:32AM – 9:49AM
Magha* Until 6:33AM
Athiganda* Until 8:56PM
Taitila Until 9:31AM
Dvitiya Until 7:47PM

Ganesha: Red *Sunrise: 7:15AM*
Muruqa: Clear *Sunset: 5:33PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Devaloka Day

Rochester, NY
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

1

Tuesday, February 11, 2020

Simha Rasi: 27.59 Tithi 18 – 19
957723467
Creative Work Amrita Yoga
Until 1:08AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:24PM – 1:42PM
Yama 9:49AM – 11:06AM
Rahu 2:59PM – 4:17PM
Uttaraphalguni Until 1:08AM Wed
Sukarma Until 4:57PM
Vanija Until 6:06AM
Tritiya Until 4:24PM

Ganesha: Red *Sunrise: 7:13AM*
Muruqa: Clear *Sunset: 5:35PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Devaloka Day

Rochester, NY
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

2

Wednesday, February 12, 2020

Kanya Rasi: 12.55 Tithi 19 – 20
967723467
Routine Work Marana Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:06AM – 12:24PM
Yama 8:30AM – 9:48AM
Rahu 12:24PM – 1:42PM
Hasta Until 10:56PM
Dhriti Until 1:07PM
Kaulava Until 11:43PM
Chaturthi* Until 1:11PM

Ganesha: Green *Sunrise: 7:12AM*
Muruqa: Clear *Sunset: 5:36PM*
Nataraja: Clear
Moon – Green
Magha*Thai

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Rochester, NY
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

3

Thursday, February 13, 2020

Kanya Rasi: 27.38 Tithi 20 – 21
968723467
Creative Work Siddha Yoga
Until 8:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:47AM – 11:06AM
Yama 7:11AM – 8:29AM
Rahu 1:42PM – 3:01PM
Chitra Until 8:58PM
Shula* Until 9:32AM
Gara Until 9:03PM
Panchami Until 10:19AM

Ganesha: White *Sunrise: 7:11AM*
Muruqa: Clear *Sunset: 5:37PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Rochester, NY
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

4

Friday, February 14, 2020

Tula Rasi: 12.02 Tithi 21 – 22
968723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:28AM – 9:47AM
Yama 3:01PM – 4:20PM
Rahu 11:05AM – 12:24PM
Svati Until 7:23PM
Ganda* Until 6:20AM
Visti Until 6:54PM
Shashthi* Until 7:53AM

Ganesha: White *Sunrise: 7:09AM*
Muruqa: Clear *Sunset: 5:39PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Rochester, NY
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

D

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 26.04 Tithi 22 – 23
978723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Gulika 7:08AM – 8:27AM
Yama 1:43PM – 3:02PM
Rahu 9:46AM – 11:05AM
Vishakha Until 6:39PM
Dhruva Until 1:17AM Sun
Kaulava Until 4:44AM Sun
Saptami Until 6:01AM

Ganesha: Clear *Sunrise: 7:08AM*
Muruqa: Clear *Sunset: 5:40PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Devaloka Day

Rochester, NY
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 9.44 Tithi 24
978723467
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:03PM – 4:22PM
Yama 12:24PM – 1:43PM
Rahu 4:22PM – 5:41PM
Anuradha Until 6:23PM
Vyaghata* Until 11:30PM
Taitila Until 4:22PM
Navami* Until 4:06AM Mon

Ganesha: Clear *Sunrise: 7:06AM*
Muruqa: Clear *Sunset: 5:41PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Devaloka Day

Rochester, NY
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau	Rochester, NY Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 23.04	Tithi 25	Gulika 1:44PM – 3:03PM	Jyeshtha* Until 6:33PM	Ganesha: Clear <i>Sunrise:</i> 7:05AM	
Family Home Evening	978723467	Yama 11:04AM – 12:24PM	Harshana Until 10:12PM	Muruqa: Clear <i>Sunset:</i> 5:43PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 8:25AM – 9:44AM	Vanija Until 4:01PM	Nataraja: Clear	2nd Phase
			Dashami Until 4:03AM Tue	Moon – Orange	Devaloka Day
				Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau	Rochester, NY Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 6.04	Tithi 26	Gulika 12:24PM – 1:44PM	Mula* Until 7:36PM	Ganesha: Purple <i>Sunrise:</i> 7:04AM	
	988723467	Yama 9:44AM – 11:04AM	Vajra* Until 9:19PM	Muruqa: Clear <i>Sunset:</i> 5:44PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 3:04PM – 4:24PM	Bava Until 4:16PM	Nataraja: Clear	2nd Phase
Until 7:36PM			Ekadashi* Until 4:34AM Wed	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau	Rochester, NY Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 18.49	Tithi 27	Gulika 11:03AM – 12:24PM	Purvashadha* Until 8:58PM	Ganesha: Purple <i>Sunrise:</i> 7:02AM	
	988723467	Yama 8:23AM – 9:43AM	Siddhi Until 8:49PM	Muruqa: Clear <i>Sunset:</i> 5:45PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 12:24PM – 1:44PM	Kaulava Until 5:01PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 5:32AM Thu	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau	Rochester, NY Sun 10 Sutra 312 Vikarin 5121
Makara Rasi: 1.2	Tithi 28	Gulika 9:42AM – 11:03AM	Uttarashadha Until 10:35PM	Ganesha: Purple <i>Sunrise:</i> 7:01AM	
	989823467	Yama 7:01AM – 8:21AM	Vyatipata* Until 8:40PM	Muruqa: Clear <i>Sunset:</i> 5:47PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 1:44PM – 3:05PM	Gara Until 6:12PM	Nataraja: Clear	2nd Phase
Until 10:35PM			Trayodashi* Until 6:55AM Fri	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga			Pradosha Vrata (Fasting)	Magha-Masi	Devaloka Time: 3:PM to 6:PM

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Rochester, NY Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 13.42	Tithi 28 – 29	Gulika 8:20AM – 9:41AM	Shravana Until 12:52AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:59AM	
	999823467	Yama 3:06PM – 4:27PM	Variyan Until 8:45PM	Muruqa: Clear <i>Sunset:</i> 5:48PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 11:02AM – 12:24PM	Visti Until 7:45PM	Nataraja: Clear	2nd Phase
Until 12:52AM Sat			Trayodashi* Until 6:55AM	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)		Magha-Masi	Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)			

Retreat Star		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau	Rochester, NY Sun 12 Sutra 314 Vikarin 5121
Makara Rasi: 25.55	Tithi 29 – 30	Gulika 6:58AM – 8:19AM	Dhanishtha Until 3:16AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:58AM	
	999823467	Yama 1:45PM – 3:06PM	Parigha* Until 9:04PM	Muruqa: Clear <i>Sunset:</i> 5:49PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 9:40AM – 11:02AM	Catuspada Until 9:36PM	Nataraja: Clear	Amavasya
			Chaturdashi* Until 8:37AM	Moon – Purple	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Rochester, NY Sun 13 Sutra 315 Vikarin 5121
Kumbha Rasi: 8.02	Tithi 30 – 1	Gulika 3:07PM – 4:29PM	Shatabhishak Until 5:43AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:56AM	
	999823467	Yama 12:23PM – 1:45PM	Shiva Until 9:36PM	Muruqa: Clear <i>Sunset:</i> 5:50PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 4:29PM – 5:50PM	Kintughna Until 11:42PM	Nataraja: Clear	Prathama
Until 5:43AM Mon			Amavasya* Until 10:36AM	Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Phalgun-Masi	Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY
1					Sun 14	Sutra 316
Kumbha Rasi: 20.03	Tithi 1 – 2	Gulika	1:45PM – 3:07PM	Purvaproshtapada* Until 8:41AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:54AM
Family Home Evening	919823467	Yama	11:01AM – 12:23PM	Siddha Until 10:15PM	Muruqa: Clear	<i>Sunset:</i> 5:52PM
Routine Work Marana Yoga		Rahu	8:17AM – 9:39AM	Balava Until 2:00AM Tue	Nataraja: Clear	Moon 2 - Phase 44
Until 8:41AM Tue				Prathama* Until 12:48PM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau				Rochester, NY
2					Sun 15	Sutra 317
Meena Rasi: 1.59	Tithi 2 – 3	Gulika	12:23PM – 1:45PM	Purvaproshtapada* Until 8:41AM	Ganesha: Orange	<i>Sunrise:</i> 6:53AM
	919823467	Yama	9:38AM – 11:00AM	Sadhya Until 11:02PM	Muruqa: Clear	<i>Sunset:</i> 5:53PM
Routine Work Marana Yoga		Rahu	3:08PM – 4:31PM	Taitila Until 4:27AM Wed	Nataraja: Clear	Moon 2 - Phase 44
Until 8:41AM				Dvitiya Until 3:11PM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Rochester, NY
3					Sun 16	Sutra 318
Meena Rasi: 13.53	Tithi 3 – 4	Gulika	11:00AM – 12:23PM	Uttaraproshtapada Until 11:36AM	Ganesha: Orange	<i>Sunrise:</i> 6:51AM
	919823467	Yama	8:14AM – 9:37AM	Subha Until 11:55PM	Muruqa: Clear	<i>Sunset:</i> 5:54PM
Creative Work Siddha Yoga		Rahu	12:23PM – 1:46PM	Vanija Until 6:58AM Thu	Nataraja: Clear	Moon 2 - Phase 44
Until 11:36AM				Tritiya Until 5:41PM	Moon – Clear	3rd Phase
Then Routine Work - Marana Yoga					Phalguna-Masi	Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau				Rochester, NY
4					Sun 17	Sutra 319
Meena Rasi: 25.45	Tithi 4	Gulika	9:36AM – 10:59AM	Revati Until 2:25PM	Ganesha: Orange	<i>Sunrise:</i> 6:50AM
	919823467	Yama	6:50AM – 8:13AM	Sukla Until 12:45AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:56PM
Creative Work Siddha Yoga		Rahu	1:46PM – 3:09PM	Vanija Until 6:58AM	Nataraja: Clear	Moon 2 - Phase 44
Until 2:25PM				Chaturthi* Until 8:12PM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day
						Subramuniyaswami Siva Vision Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY
5					Sun 18	Sutra 320
Mesha Rasi: 7.37	Tithi 5	Gulika	8:12AM – 9:35AM	Ashvini Until 5:29PM	Ganesha: Purple	<i>Sunrise:</i> 6:48AM
	921823467	Yama	3:10PM – 4:33PM	Brahma Until 1:31AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:57PM
Creative Work Amrita Yoga		Rahu	10:59AM – 12:22PM	Bava Until 9:27AM	Nataraja: Clear	Moon 2 - Phase 44
Until 5:29PM				Panchami Until 10:37PM	Moon – White	3rd Phase
Then Creative Work - Siddha Yoga					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau				Rochester, NY
6					Sun 19	Sutra 321
Mesha Rasi: 19.33	Tithi 6	Gulika	6:46AM – 8:10AM	Bharani Until 8:10PM	Ganesha: Purple	<i>Sunrise:</i> 6:46AM
	921823467	Yama	1:46PM – 3:10PM	Indra Until 2:05AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:58PM
Creative Work Siddha Yoga		Rahu	9:34AM – 10:58AM	Kaulava Until 11:45AM	Nataraja: Clear	Moon 2 - Phase 44
Until 8:10PM				Shashthi* Until 12:45AM Sun	Moon – White	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY
Retreat Star					Sun 20	Sutra 322
Vrishabha Rasi: 1.37	Tithi 7	Gulika	3:11PM – 4:36PM	Krittika Until 10:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM
	921833467	Yama	12:22PM – 1:47PM	Vaidhriti* Until 2:14AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:01PM
Creative Work Siddha Yoga		Rahu	4:36PM – 6:01PM	Gara Until 1:41PM	Nataraja: Clear	Moon 2 - Phase 44
				Saptami Until 2:25AM Mon	Moon – White	3rd Phase
					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Rochester, NY
Retreat Star					Sun 21	Sutra 323
Vrishabha Rasi: 13.53	Tithi 8	Gulika	1:47PM – 3:12PM	Rohini Until 12:04AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:41AM
Family Home Evening	931833467	Yama	10:57AM – 12:22PM	Vishkambha* Until 1:54AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:02PM
Creative Work Amrita Yoga		Rahu	8:06AM – 9:32AM	Visti Until 3:01PM	Nataraja: Clear	Moon 2 - Phase 44
Until 12:04AM Tue				Ashtami* Until 3:23AM Tue	Moon – Yellow	Ashtami
Then Creative Work - Siddha Yoga					Phalguna-Masi	Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
Retreat Star					Sun 22	Sutra 324
Vrishabha Rasi: 26.28	Tithi 9	Gulika	12:21PM – 1:47PM	Mrigashira Until 12:55AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:40AM
	931833467	Yama	9:31AM – 10:56AM	Priti Until 12:57AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:03PM
Creative Work Siddha Yoga		Rahu	3:12PM – 4:38PM	Balava Until 3:36PM	Nataraja: Clear	Moon 2 - Phase 44
				Navami* Until 3:33AM Wed	Moon – Yellow	Navami
					Phalguna-Masi	Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Rochester, NY Sun 23 Sutra 325 Vikarin 5121	
Mithuna Rasi: 9.26	Tithi 10	Gulika 10:55AM – 12:21PM	Ardra Until 12:47AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:38AM	Muruqa: Orange	<i>Sunset:</i> 6:04PM
		Yama 8:04AM – 9:30AM	Ayushman Until 11:18PM	Nataraja: Clear			Moon 2 - Phase 45
		131833467 Rahu 12:21PM – 1:47PM	Taitila Until 3:19PM	Moon – Yellow			4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:49AM Thu	Devaloka Day			
Until 12:47AM Thu				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau		Rochester, NY Sun 24 Sutra 326 Vikarin 5121	
Mithuna Rasi: 22.52	Tithi 11	Gulika 9:29AM – 10:55AM	Punarvasu Until 12:05AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	Muruqa: Orange	<i>Sunset:</i> 6:06PM
		Yama 6:36AM – 8:03AM	Saubhagya Until 8:58PM	Nataraja: Clear			Moon 2 - Phase 45
		141833467 Rahu 1:47PM – 3:13PM	Vanija Until 2:09PM	Moon – Blue			4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 1:14AM Fri	Bhuloka Day			
Until 12:05AM Fri				Devaloka Time: 3:PM to 6:PM			
Then Routine Work - Marana Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau		Rochester, NY Sun 25 Sutra 327 Vikarin 5121	
Kataka Rasi: 6.48	Tithi 12	Gulika 8:01AM – 9:28AM	Pushya Until 10:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	Muruqa: Orange	<i>Sunset:</i> 6:07PM
		Yama 3:14PM – 4:40PM	Sobhana Until 6:00PM	Nataraja: Clear			Moon 2 - Phase 45
		141833467 Rahu 10:54AM – 12:21PM	Bava Until 12:10PM	Moon – Blue			4th Phase
Routine Work	Marana Yoga		Dvadashi Until 10:53PM	Bhuloka Day			
				Devaloka Time: 3:PM to 6:PM			

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Rochester, NY Sun 26 Sutra 328 Vikarin 5121	
Kataka Rasi: 21.13	Tithi 13	Gulika 6:33AM – 8:00AM	Ashlesha* Until 8:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Muruqa: Orange	<i>Sunset:</i> 6:08PM
		Yama 1:47PM – 3:14PM	Athiganda* Until 2:29PM	Nataraja: Clear			Moon 2 - Phase 45
		141833467 Rahu 9:27AM – 10:54AM	Kaulava Until 9:29AM	Moon – Blue			4th Phase
Routine Work	Marana Yoga		Trayodashi Until 7:54PM	Bhuloka Day			
Until 8:07PM				Devaloka Time: 3:PM to 6:PM			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata</i>			

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau		Rochester, NY Sun 27 Sutra 329 Vikarin 5121	
Simha Rasi: 6.04	Tithi 14 – 15	Gulika 3:15PM – 4:42PM	Magha* Until 5:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM	Muruqa: Orange	<i>Sunset:</i> 6:09PM
		Yama 12:20PM – 1:47PM	Sukarma Until 10:34AM	Nataraja: Clear			Moon 2 - Phase 45
		151833467 Rahu 4:42PM – 6:09PM	Gara Until 6:15AM	Moon – Red			4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:27PM	Devaloka Day			
Until 5:33PM							
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam					

		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Rochester, NY Sutra 330 Vikarin 5121	
Simha Rasi: 21.12	Tithi 15 – 16	Gulika 1:48PM – 3:15PM	Purvaphalguni Until 2:34PM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Muruqa: Orange	<i>Sunset:</i> 6:10PM
Family Home Evening		Yama 10:52AM – 12:20PM	Dhriti Until 6:23AM	Nataraja: Clear			Moon 2 - Phase 45
Creative Work	Siddha Yoga	152833467 Rahu 7:57AM – 9:25AM	Balava Until 10:49PM	Moon – Red			Purnima
			Purnima* Until 12:43PM	Sivaloka Day			
		Holi					

Tuesday, March 10, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Rochester, NY Sutra 331 Vikarin 5121	
Kanya Rasi: 6.29	Tithi 16 – 17	Gulika 12:20PM – 1:48PM	Uttaraphalguni Until 11:22AM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Muruqa: Orange	<i>Sunset:</i> 6:12PM
		Yama 9:24AM – 10:52AM	Ganda* Until 9:41PM	Nataraja: Clear			Moon 2 - Phase 45
		152833467 Rahu 3:16PM – 4:44PM	Taitila Until 6:59PM	Moon – Red			Prathama
Creative Work	Amrita Yoga		Prathama* Until 8:53AM	Sivaloka Day			
Until 11:22AM							
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

Gulika 10:51AM – 12:19PM
Yama 7:54AM – 9:23AM
Rahu 12:19PM – 1:48PM

Hasta **Until 8:31AM**
Vriddhi **Until 5:31PM**
Vanija **Until 3:18PM**

Ganesha: Clear *Sunrise: 6:26AM*
Muruqa: Orange *Sunset: 6:13PM*
Nataraja: Clear

Moon – Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Rochester, NY

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

Gulika 9:22AM – 10:50AM
Yama 6:24AM – 7:53AM
Rahu 1:48PM – 3:17PM

Svati **Until 3:24AM Fri**
Dhruva **Until 1:36PM**
Bava **Until 11:57AM**
Chaturthi* Until 10:25PM

Ganesha: Clear *Sunrise: 6:24AM*
Muruqa: Orange *Sunset: 6:14PM*
Nataraja: Clear

Moon – Green
Phalguna-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

Gulika 7:52AM – 9:21AM
Yama 3:17PM – 4:46PM
Rahu 10:50AM – 12:19PM

Vishakha **Until 1:51AM Sat**
Vyaghata* **Until 10:06AM**
Kaulava **Until 9:04AM**
Panchami **Until 7:50PM**

Ganesha: Purple *Sunrise: 6:22AM*
Muruqa: Orange *Sunset: 6:15PM*
Nataraja: Clear

Moon – Orange
Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

Gulika 6:21AM – 7:50AM
Yama 1:48PM – 3:18PM
Rahu 9:20AM – 10:49AM

Anuradha **Until 12:52AM Sun**
Harshana **Until 7:08AM**
Gara **Until 6:49AM**
Shashthi* Until 5:56PM

Ganesha: Purple *Sunrise: 6:21AM*
Muruqa: Orange *Sunset: 6:16PM*
Nataraja: Purple

Moon – Orange
Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

Gulika 3:18PM – 4:48PM
Yama 12:18PM – 1:48PM
Rahu 4:48PM – 6:18PM

Jyeshtha* Until 12:31AM Mon
Siddhi **Until 2:58AM Mon**
Balava **Until 4:33AM Mon**
Saptami **Until 4:48PM**

Ganesha: Clear *Sunrise: 6:19AM*
Muruqa: Orange *Sunset: 6:18PM*
Nataraja: Purple

Moon – Orange
Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

Gulika 1:48PM – 3:18PM
Yama 10:48AM – 12:18PM
Rahu 7:47AM – 9:18AM

Mula* Until 1:13AM Tue
Vyatipata* **Until 1:50AM Tue**
Taitila **Until 4:36AM Tue**
Ashtami* Until 4:28PM

Ganesha: Purple *Sunrise: 6:17AM*
Muruqa: Orange *Sunset: 6:19PM*
Nataraja: Purple

Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rochester, NY

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

Gulika 12:18PM – 1:48PM
Yama 9:17AM – 10:47AM
Rahu 3:19PM – 4:49PM

Purvashadha* Until 2:29AM Wed
Variyan **Until 1:14AM Wed**
Vanija **Until 5:21AM Wed**
Navami* Until 4:52PM

Ganesha: Purple *Sunrise: 6:15AM*
Muruqa: Orange *Sunset: 6:20PM*
Nataraja: Purple

Moon – Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 8 Sutra 339 Vikarin 5121	
Dhanus Rasi: 28.29	Tithi 25 – 26	Gulika 10:46AM – 12:17PM	Uttarashadha Until 4:10AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:14AM		
		Yama 7:45AM – 9:16AM	Parigha* Until 1:07AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:21PM		Moon 3 - Phase 47
		182933468 Rahu 12:17PM – 1:48PM	Bava Until 6:42AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue		Devaloka Day	
Until 4:10AM Thu				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Rochester, NY Sun 9 Sutra 340 Vikarin 5121	
Makara Rasi: 10.5	Tithi 26	Gulika 9:15AM – 10:46AM	Shravana Until 6:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:12AM		
		Yama 6:12AM – 7:43AM	Shiva Until 1:23AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 47
		192933468 Rahu 1:48PM – 3:20PM	Bava Until 6:42AM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple		Sivaloka Day	
				Phalguna-Panguni			

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Rochester, NY Sun 10 Sutra 341 Vikarin 5121	
Makara Rasi: 23.01	Tithi 27	Gulika 7:42AM – 9:13AM	Shravana Until 6:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM		
		Yama 3:20PM – 4:52PM	Siddha Until 1:53AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:24PM		Moon 3 - Phase 47
		192933468 Rahu 10:45AM – 12:17PM	Kaulava Until 8:30AM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple		Sivaloka Day	
Until 6:37AM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Rochester, NY Sun 11 Sutra 342 Vikarin 5121	
Kumbha Rasi: 5.04	Tithi 28	Gulika 6:08AM – 7:40AM	Dhanishtha Until 9:12AM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM		
		Yama 1:49PM – 3:21PM	Sadhya Until 2:34AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:25PM		Moon 3 - Phase 47
		192933468 Rahu 9:12AM – 10:44AM	Gara Until 10:36AM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple		Sivaloka Day	
Until 9:12AM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rochester, NY Sun 12 Sutra 343 Vikarin 5121	
Kumbha Rasi: 17.01	Tithi 29	Gulika 3:21PM – 4:53PM	Shatabhishak Until 11:48AM	Ganesha: White	<i>Sunrise:</i> 6:07AM		
		Yama 12:16PM – 1:49PM	Subha Until 3:22AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:26PM		Moon 3 - Phase 47
		193933468 Rahu 4:53PM – 6:26PM	Visti* Until 12:53PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rochester, NY Sun 13 Sutra 344 Vikarin 5121	
Kumbha Rasi: 28.56	Tithi 30	Gulika 1:49PM – 3:21PM	Purvaprosarthapada* Until 2:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM		
Family Home Evening		Yama 10:43AM – 12:16PM	Sukla Until 4:12AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:27PM		Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 Rahu 7:38AM – 9:10AM	Catuspada Until 3:17PM	Nataraja: Purple			Amavasya
Until 2:51PM			Amavasya* Until 4:28AM Tue	Moon – Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Panguni			

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Rochester, NY Sun 14 Sutra 345 Vikarin 5121	
Meena Rasi: 10.49	Tithi 1	Gulika 12:16PM – 1:49PM	Uttaraprosarthapada Until 5:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:03AM		
		Yama 9:09AM – 10:42AM	Brahma Until 5:04AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:28PM		Moon 3 - Phase 47
		113933468 Rahu 3:22PM – 4:55PM	Kintughna Until 5:43PM	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear		Sivaloka Day	
Until 5:47PM		Yugadhi		Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Rochester, NY Sun 15 Sutra 346	
Meena Rasi: 22.42	Tithi 1 – 2	Gulika 10:42AM – 12:15PM	Revati Until 8:33PM	Ganesha: Yellow	Sunrise: 6:01AM		Vikarin 5121
		Yama 7:35AM – 9:08AM	Indra Until 5:55AM Thu	Muruqa: Orange	Sunset: 6:29PM		Moon 3 - Phase 48
113933468	Rahu 12:15PM – 1:49PM		Balava Until 8:10PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 6:55AM	Moon – Clear		Sivaloka Day	
				Chaitra•Panguni			
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Rochester, NY Sun 16 Sutra 347	
Mesha Rasi: 4.35	Tithi 2 – 3	Gulika 9:07AM – 10:41AM	Ashvini Until 11:36PM	Ganesha: Red	Sunrise: 5:59AM		Vikarin 5121
		Yama 5:59AM – 7:33AM	Vaidhriti* Until 6:41AM Fri	Muruqa: Orange	Sunset: 6:31PM		Moon 3 - Phase 48
123933468	Rahu 1:49PM – 3:23PM		Taitila Until 10:33PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi	Dvitiya Until 9:21AM	Moon – White		Sivaloka Day	
Until 11:36PM				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Rochester, NY Sun 17 Sutra 348	
Mesha Rasi: 16.31	Tithi 3 – 4	Gulika 7:32AM – 9:06AM	Bharani Until 2:19AM Sat	Ganesha: Red	Sunrise: 5:58AM		Vikarin 5121
		Yama 3:23PM – 4:57PM	Vaidhriti* Until 6:41AM	Muruqa: Orange	Sunset: 6:32PM		Moon 3 - Phase 48
123933468	Rahu 10:40AM – 12:15PM		Vanija Until 12:47AM Sat	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:40AM	Moon – White		Sivaloka Day	
Until 2:19AM Sat				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Rochester, NY Sun 18 Sutra 349	
Mesha Rasi: 28.3	Tithi 4 – 5	Gulika 5:56AM – 7:31AM	Krittika Until 4:37AM Sun	Ganesha: Red	Sunrise: 5:56AM		Vikarin 5121
		Yama 1:49PM – 3:24PM	Vishkambha* Until 7:20AM	Muruqa: Orange	Sunset: 6:33PM		Moon 3 - Phase 48
123933468	Rahu 9:05AM – 10:40AM		Bava Until 2:44AM Sun	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 1:47PM	Moon – White		Sivaloka Day	
Until 4:37AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Rochester, NY Sun 19 Sutra 350	
Vrishabha Rasi: 10.37	Tithi 5 – 6	Gulika 3:24PM – 4:59PM	Rohini Until 6:50AM Mon	Ganesha: Blue	Sunrise: 5:54AM		Vikarin 5121
		Yama 12:14PM – 1:49PM	Priti Until 7:46AM	Muruqa: Orange	Sunset: 6:34PM		Moon 3 - Phase 48
133933468	Rahu 4:59PM – 6:34PM		Kaulava Until 4:16AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:33PM	Moon – Yellow		Subha Sivaloka Day	
Until 6:50AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Rochester, NY Sun 20 Sutra 351	
Vrishabha Rasi: 22.53	Tithi 6 – 7	Gulika 1:49PM – 3:25PM	Rohini Until 6:50AM	Ganesha: Blue	Sunrise: 5:52AM		Vikarin 5121
Family Home Evening		Yama 10:38AM – 12:14PM	Ayushman Until 7:50AM	Muruqa: Orange	Sunset: 6:35PM		Moon 3 - Phase 48
133933468	Rahu 7:28AM – 9:03AM		Gara Until 5:13AM Tue	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 4:49PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			
Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Rochester, NY Sun 21 Sutra 352	
Mithuna Rasi: 5.26	Tithi 7 – 8	Gulika 12:14PM – 1:49PM	Mrigashira Until 8:17AM	Ganesha: Blue	Sunrise: 5:51AM		Vikarin 5121
		Yama 9:02AM – 10:38AM	Saubhagya Until 7:26AM	Muruqa: Orange	Sunset: 6:36PM		Moon 3 - Phase 48
133933468	Rahu 3:25PM – 5:01PM		Visti Until 5:26AM Wed	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:25PM	Moon – Yellow		Subha Sivaloka Day	
Until 8:17AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Rochester, NY Sun 22 Sutra 353	
Mithuna Rasi: 18.2	Tithi 8 – 9	Gulika 10:38AM – 12:14PM	Ardra Until 8:53AM	Ganesha: Blue	Sunrise: 5:51AM		Vikarin 5121
		Yama 7:26AM – 9:02AM	Sobhana Until 6:29AM	Muruqa: Orange	Sunset: 6:36PM		Moon 3 - Phase 48
133933468	Rahu 12:14PM – 1:49PM		Balava Until 4:51AM Thu	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:14PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			
Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rochester, NY Sun 23 Sutra 354	
Kataka Rasi: 1.38	Tithi 9 – 10	Gulika 9:01AM – 10:37AM	Punarvasu Until 8:59AM	Ganesha: Yellow	Sunrise: 5:49AM		Vikarin 5121
		Yama 5:49AM – 7:25AM	Sukarma Until 2:37AM Fri	Muruqa: Orange	Sunset: 6:38PM		Moon 3 - Phase 48
143933468	Rahu 1:49PM – 3:25PM		Taitila Until 3:26AM Fri	Nataraja: Purple			Navami
Creative Work	Amrita Yoga	Sri Rama Navami	Navami* Until 4:13PM	Moon – Blue		Sivaloka Day	
				Chaitra•Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Rochester, NY Sun 24 Sutra 355
	Kataka Rasi: 15.25	Tithi 10 – 11	Gulika 7:24AM – 9:00AM	Pushya Until 8:08AM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM	Vikarin 5121
			Yama 3:26PM – 5:02PM	Dhriti Until 11:46PM	Muruqa: Orange	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 10:36AM – 12:13PM	Vanija Until 1:15AM Sat	Nataraja: Purple		4th Phase
			Yogaswami Mahasamadhi	Dashami Until 2:25PM	Chaitra•Panguni	Sivaloka Day	

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 25 Sutra 356
	Kataka Rasi: 29.4	Tithi 11 – 12	Gulika 5:45AM – 7:22AM	Ashlesha* Until 6:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM	Vikarin 5121
			Yama 1:49PM – 3:26PM	Shula* Until 8:20PM	Muruqa: Orange	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 8:59AM – 10:36AM	Bava Until 10:25PM	Nataraja: Purple		4th Phase
			Ekadashi Until 11:54AM	Chaitra•Panguni		Sivaloka Day	
			Until 6:24AM				
			Then Creative Work - Amrita Yoga				

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 26 Sutra 357
	Simha Rasi: 14.22	Tithi 12 – 13	Gulika 3:27PM – 5:04PM	Purvaphalguni Until 1:38AM Mon	Ganesha: White	<i>Sunrise:</i> 5:44AM	Vikarin 5121
			Yama 12:12PM – 1:50PM	Ganda* Until 4:29PM	Muruqa: Orange	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	153933468 Rahu 5:04PM – 6:41PM	Kaulava Until 7:05PM	Nataraja: Purple		4th Phase
			Dvadashi Until 8:47AM	Chaitra•Panguni		Subha Sivaloka Day	
						<i>Pradosha Vrata</i>	

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 358
	Simha Rasi: 29.25	Tithi 14	Gulika 1:50PM – 3:27PM	Uttaraphalguni Until 10:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Vikarin 5121
	Family Home Evening		Yama 10:35AM – 12:12PM	Vridhhi Until 12:21PM	Muruqa: Orange	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 Rahu 7:19AM – 8:57AM	Gara Until 3:23PM	Nataraja: Purple		4th Phase
			Chaturdashi* Until 1:27AM Tue	Chaitra•Panguni		Sivaloka Day	

○	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:12PM – 1:50PM	Hasta Until 7:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:40AM	Vikarin 5121
	Kanya Rasi: 14.4	Tithi 15	Yama 8:56AM – 10:34AM	Dhruva Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164933468 Rahu 3:28PM – 5:05PM	Visti Until 11:31AM	Nataraja: Purple		Purnima
			Purnima* Until 9:33PM	Chaitra•Panguni		Devaloka Day	
			Panguni Uttiram				
			Hanuman Jayanti				

○	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Rochester, NY Sun 29 Sutra 360
	Silver Retreat Star		Gulika 10:33AM – 12:11PM	Chitra Until 4:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:38AM	Vikarin 5121
	Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:17AM – 8:55AM	Harshana Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164934468 Rahu 12:11PM – 1:50PM	Balava Until 7:39AM	Nataraja: Purple		Prathama
			Prathama* Until 5:45PM	Chaitra•Panguni		Devaloka Day	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 361

Tula Rasi: 15.07 Tithi 17 – 18

Gulika 8:54AM – 10:33AM
Yama 5:37AM – 7:15AM
164134468 **Rahu** 1:50PM – 3:28PM

Svati Until 1:39PM
Vajra* Until 7:28PM
Vanija Until 12:36AM Fri
Dvitiya Until 2:12PM

Ganesha: White *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Vikarin 5121
Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga

Until 1:39PM

Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY

Sun 2 Sutra 362

Tula Rasi: 30 Tithi 18 – 19

Gulika 7:14AM – 8:53AM
Yama 3:29PM – 5:08PM
174134468 **Rahu** 10:32AM – 12:11PM

Vishakha Until 11:27AM
Siddhi Until 3:54PM
Bava Until 9:46PM
Tritiya Until 11:06AM

Ganesha: Yellow *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Vikarin 5121
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 3 Sutra 363

Virchika Rasi: 14.28 Tithi 19 – 20

Gulika 5:33AM – 7:13AM
Yama 1:50PM – 3:29PM
174134468 **Rahu** 8:52AM – 10:31AM

Anuradha Until 9:43AM
Vyatipala* Until 12:51PM
Kaulava Until 7:36PM
Chaturthi* Until 8:34AM

Ganesha: Yellow *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:48PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Vikarin 5121
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 4 Sutra 364

Virchika Rasi: 28.26 Tithi 20 – 21

Gulika 3:30PM – 5:09PM
Yama 12:10PM – 1:50PM
174134468 **Rahu** 5:09PM – 6:49PM

Jyeshtha* Until 8:33AM
Varyan Until 10:23AM
Gara Until 6:12PM
Panchami Until 6:47AM

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:49PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Vikarin 5121
Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga

Until 8:33AM

Then Creative Work - Amrita Yoga

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Rochester, NY

Sun 5 Sutra 1

Dhanus Rasi: 11.56 Tithi 22

Family Home Evening

Gulika 1:50PM – 3:30PM
Yama 10:30AM – 12:10PM
184134468 **Rahu** 7:10AM – 8:50AM

Mula* Until 8:31AM
Parigha* Until 8:36AM
Visti Until 5:39PM
Saptami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 5:30AM
Muruqa: Clear *Sunset:* 6:50PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sarvari 5122
Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Until 8:31AM

Then Routine Work - Marana Yoga

Devaloka Day

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 2

Dhanus Rasi: 24.59 Tithi 23

Gulika 12:10PM – 1:50PM
Yama 8:49AM – 10:30AM
284134468 **Rahu** 3:31PM – 5:11PM

Purvashadha* Until 9:09AM
Shiva Until 7:30AM
Balava Until 5:57PM
Ashtami* Until 6:22AM Wed

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 6:51PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sarvari 5122
Moon 4 - Phase 50
Ashtami

Creative Work Siddha Yoga

Until 9:09AM

Then Routine Work - Prabalarishta Yoga

Sivaloka Day

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 7 Sutra 3

Makara Rasi: 7.37 Tithi 23 – 24

Gulika 10:29AM – 12:10PM
Yama 7:07AM – 8:48AM
284134468 **Rahu** 12:10PM – 1:50PM

Uttarashadha Until 10:24AM
Siddha Until 7:00AM
Taitila Until 6:59PM
Ashtami* Until 6:22AM

Ganesha: Yellow *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:53PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sarvari 5122
Moon 4 - Phase 50
Navami

Creative Work Amrita Yoga

Until 10:24AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Rochester, NY
Makara Rasi: 19.58	Tithi 24 – 25	Gulika 8:47AM – 10:28AM	Shravana Until 12:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:25AM	Sun 8	Sutra 4	Sarvari 5122
		Yama 5:25AM – 7:06AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM			Moon 4 - Phase 1
		294134468 Rahu 1:51PM – 3:32PM	Vanija Until 8:38PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Purple				Devaloka Day
				Chaitra*Chaitra				

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Rochester, NY
Kumbha Rasi: 2.05	Tithi 25 – 26	Gulika 7:05AM – 8:46AM	Dhanishtha Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:23AM	Sun 9	Sutra 5	Sarvari 5122
		Yama 3:32PM – 5:14PM	Subha Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 6:55PM			Moon 4 - Phase 1
		294134468 Rahu 10:28AM – 12:09PM	Bava Until 10:43PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dashami Until 9:37AM	Moon – Purple				Devaloka Day
				Chaitra*Chaitra				

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
Kumbha Rasi: 14.04	Tithi 26 – 27	Gulika 5:22AM – 7:04AM	Shatabhishak Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM	Sun 10	Sutra 6	Sarvari 5122
		Yama 1:51PM – 3:33PM	Sukla Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 6:56PM			Moon 4 - Phase 1
		295134468 Rahu 8:45AM – 10:27AM	Kaulava Until 1:03AM Sun	Nataraja: Purple				2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 11:51AM	Moon – Purple				Sivaloka Day
Until 5:46PM				Chaitra*Chaitra				
Then Routine Work - Marana Yoga								

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY
Kumbha Rasi: 25.58	Tithi 27 – 28	Gulika 3:33PM – 5:15PM	Purvaproshtapada* Until 8:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM	Sun 11	Sutra 7	Sarvari 5122
		Yama 12:09PM – 1:51PM	Brahma Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 6:57PM			Moon 4 - Phase 1
		215134468 Rahu 5:15PM – 6:57PM	Gara Until 3:30AM Mon	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:15PM	Moon – Clear				Sivaloka Day
Until 8:53PM				Chaitra*Chaitra				
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>					

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
Meena Rasi: 7.5	Tithi 28 – 29	Gulika 1:51PM – 3:34PM	Uttaraproshtapada Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM	Sun 12	Sutra 8	Sarvari 5122
Family Home Evening		Yama 10:26AM – 12:09PM	Indra Until 10:00AM	Muruqa: Clear	<i>Sunset:</i> 6:58PM			Moon 4 - Phase 1
		215134468 Rahu 7:01AM – 8:44AM	Vistil Until 5:56AM Tue	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:42PM	Moon – Clear				Sivaloka Day
				Chaitra*Chaitra				

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Rochester, NY
Meena Rasi: 19.42	Tithi 29	Gulika 12:08PM – 1:51PM	Revati Until 2:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:17AM	Sun 13	Sutra 9	Sarvari 5122
		Yama 8:43AM – 10:26AM	Vaidhriti* Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 7:00PM			Moon 4 - Phase 1
		215134468 Rahu 3:34PM – 5:17PM	Sakuni Until 7:06PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:06PM	Moon – Clear				Sivaloka Day
Until 2:35AM Wed				Chaitra*Chaitra				
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rochester, NY
Mesha Rasi: 2	Tithi 30	Gulika 10:25AM – 12:08PM	Ashvini Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:16AM	Sun 14	Sutra 10	Sarvari 5122
		Yama 6:59AM – 8:42AM	Vishkambha* Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 7:01PM			Moon 4 - Phase 1
		225134468 Rahu 12:08PM – 1:51PM	Catuspada Until 8:17AM	Nataraja: Purple				Amavasya
Routine Work	Marana Yoga		Amavasya* Until 9:23PM	Moon – White				Sivaloka Day
Until 5:31AM Thu				Chaitra*Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY
Mesha Rasi: 13.34	Tithi 1	Gulika 8:41AM – 10:24AM	Bharani Until 8:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:14AM	Sun 15	Sutra 11	Sarvari 5122
		Yama 5:14AM – 6:57AM	Priti Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM			Moon 4 - Phase 1
		225134468 Rahu 1:51PM – 3:35PM	Kintughna Until 10:29AM	Nataraja: Purple				Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:29PM	Moon – White				Sivaloka Day
				Vaisaka*Chaitra				

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rochester, NY Sun 16 Sutra 12
Mesha Rasi: 25.35	Tithi 2	Gulika 6:56AM – 8:40AM	Bharani Until 8:06AM	Ganesha: Red	<i>Sunrise:</i> 5:12AM		Sarvari 5122	
		Yama 3:35PM – 5:19PM	Ayushman Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM		Moon 4 - Phase 2	
		225134469 Rahu 10:24AM – 12:08PM	Balava Until 12:28PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 1:21AM Sat	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Rochester, NY Sun 17 Sutra 13
Visshabha Rasi: 7.44	Tithi 3	Gulika 5:11AM – 6:55AM	Krittika Until 10:16AM	Ganesha: Red	<i>Sunrise:</i> 5:11AM		Sarvari 5122	
		Yama 1:52PM – 3:36PM	Saubhagya Until 1:19PM	Muruqa: Clear	<i>Sunset:</i> 7:04PM		Moon 4 - Phase 2	
		225134469 Rahu 8:39AM – 10:23AM	Taitila Until 2:11PM	Nataraja: Clear			3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 2:53AM Sun	Moon – White		Devaloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra				

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				Rochester, NY Sun 18 Sutra 14
Visshabha Rasi: 20	Tithi 4	Gulika 3:36PM – 5:21PM	Rohini Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM		Sarvari 5122	
		Yama 12:07PM – 1:52PM	Sobhana Until 1:24PM	Muruqa: Clear	<i>Sunset:</i> 7:05PM		Moon 4 - Phase 2	
		235134469 Rahu 5:21PM – 7:05PM	Vanija Until 3:32PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 4:02AM Mon	Moon – Yellow		Devaloka Day		
				Vaisaka-Chaitra				

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY Sun 19 Sutra 15
Mithuna Rasi: 2.27	Tithi 5	Gulika 1:52PM – 3:37PM	Mrigashira Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 5:08AM		Sarvari 5122	
Family Home Evening		Yama 10:22AM – 12:07PM	Athiganda* Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM		Moon 4 - Phase 2	
Creative Work	Amrita Yoga	236134469 Rahu 6:53AM – 8:38AM	Bava Until 4:27PM	Nataraja: Clear			3rd Phase	
Until 2:00PM			Panchami Until 4:41AM Tue	Moon – Yellow		Bhuloka Day		
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY Sun 20 Sutra 16
Mithuna Rasi: 15.08	Tithi 6	Gulika 12:07PM – 1:52PM	Ardra Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:07AM		Sarvari 5122	
		Yama 8:37AM – 10:22AM	Sukarma Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 7:08PM		Moon 4 - Phase 2	
		236134469 Rahu 3:37PM – 5:23PM	Kaulava Until 4:49PM	Nataraja: Clear			3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 4:45AM Wed	Moon – Yellow		Bhuloka Day		
Until 2:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Rochester, NY Sun 21 Sutra 17
Mithuna Rasi: 28.05	Tithi 7	Gulika 10:22AM – 12:07PM	Punarvasu Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM		Sarvari 5122	
		Yama 6:51AM – 8:36AM	Dhriti Until 11:19AM	Muruqa: Clear	<i>Sunset:</i> 7:09PM		Moon 4 - Phase 2	
		246134469 Rahu 12:07PM – 1:52PM	Gara Until 4:34PM	Nataraja: Clear			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 4:11AM Thu	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau				Rochester, NY Sun 22 Sutra 18
Kataka Rasi: 11.22	Tithi 8	Gulika 8:35AM – 10:21AM	Pushya Until 3:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM		Sarvari 5122	
		Yama 5:04AM – 6:50AM	Shula* Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 7:10PM		Moon 4 - Phase 2	
		246134469 Rahu 1:53PM – 3:38PM	Visli Until 3:40PM	Nataraja: Clear			Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 2:57AM Fri	Moon – Blue		Devaloka Day		
Until 3:23PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY Sun 23 Sutra 19
Kataka Rasi: 25.01	Tithi 9	Gulika 6:47AM – 8:34AM	Ashlesha* Until 2:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM		Sarvari 5122	
		Yama 3:39PM – 5:26PM	Ganda* Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 7:12PM		Moon 4 - Phase 2	
		246134469 Rahu 10:20AM – 12:07PM	Balava Until 2:06PM	Nataraja: Clear			Navami	
Routine Work	Marana Yoga		Navami* Until 1:04AM Sat	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1	Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY
	Simha Rasi: 9.05	Tithi 10	256134469	Gulika 5:00AM – 6:46AM Yama 1:53PM – 3:40PM Rahu 8:33AM – 10:20AM	Magha* Until 1:06PM Dhruva Until 1:34AM Sun Taitila Until 11:55AM Dashami Until 10:36PM	Ganesha: White <i>Sunrise: 5:00AM</i> Muruqa: Clear <i>Sunset: 7:13PM</i> Nataraja: Clear Moon – Red	Sun 24 Sutra 20 Sarvari 5122 Moon 4 - Phase 3 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 1:06PM Then Creative Work - Siddha Yoga							

2	Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY
	Simha Rasi: 23.31	Tithi 11	256134469	Gulika 3:41PM – 5:28PM Yama 12:06PM – 1:53PM Rahu 5:28PM – 7:15PM	Purvaphalguni Until 11:08AM Vyaghata* Until 10:00PM Vanija Until 9:11AM Ekadashi Until 7:38PM	Ganesha: White <i>Sunrise: 4:58AM</i> Muruqa: Clear <i>Sunset: 7:15PM</i> Nataraja: Clear Moon – Red	Sun 25 Sutra 21 Sarvari 5122 Moon 4 - Phase 3 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 11:08AM Then Creative Work - Amrita Yoga							

3	Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Kanya Rasi: 8.17	Tithi 12 – 13	256234469	Gulika 1:54PM – 3:41PM Yama 10:19AM – 12:06PM Rahu 6:44AM – 8:32AM	Uttaraphalguni Until 8:36AM Harshana Until 6:10PM Bava Until 6:02AM Dvadashi Until 4:20PM	Ganesha: Clear <i>Sunrise: 4:57AM</i> Muruqa: Clear <i>Sunset: 7:16PM</i> Nataraja: Clear Moon – Red	Sun 26 Sutra 22 Sarvari 5122 Moon 4 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga		<i>Pradosha Vrata</i>					

4	Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Kanya Rasi: 23.16	Tithi 13 – 14	267234469	Gulika 12:06PM – 1:54PM Yama 8:31AM – 10:19AM Rahu 3:42PM – 5:29PM	Hasta Until 6:05AM Vajra* Until 2:09PM Gara Until 11:02PM Trayodashi Until 12:48PM	Ganesha: Clear <i>Sunrise: 4:56AM</i> Muruqa: Clear <i>Sunset: 7:17PM</i> Nataraja: Clear Moon – Green	Sun 27 Sutra 23 Sarvari 5122 Moon 4 - Phase 3 4th Phase Devaloka Day
Creative Work Siddha Yoga							

	Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rochester, NY
	Tula Rasi: 8.2	Tithi 14 – 15	267234469	Gulika 10:18AM – 12:06PM Yama 6:42AM – 8:30AM Rahu 12:06PM – 1:54PM	Svati Until 12:28AM Thu Siddhi Until 10:06AM Visti Until 7:29PM Chaturdashi* Until 9:14AM	Ganesha: Clear <i>Sunrise: 4:54AM</i> Muruqa: Clear <i>Sunset: 7:18PM</i> Nataraja: Clear Moon – Green	Sun 28 Sutra 24 Sarvari 5122 Moon 4 - Phase 3 Purnima Devaloka Day
Creative Work Siddha Yoga		Budha Purnima (Tamil Nadu)					

5	Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY
	Tula Rasi: 23.21	Tithi 16	277234469	Gulika 8:30AM – 10:18AM Yama 4:53AM – 6:41AM Rahu 1:54PM – 3:43PM	Vishakha Until 10:08PM Vyatipata* Until 6:09AM Balava Until 4:07PM Prathama* Until 2:33AM Fri	Ganesha: Purple <i>Sunrise: 4:53AM</i> Muruqa: Clear <i>Sunset: 7:19PM</i> Nataraja: Clear Moon – Orange	Sun 29 Sutra 25 Sarvari 5122 Moon 4 - Phase 3 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda