



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 0.11 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

**Gulika** 3:40PM – 5:27PM  
**Yama** 12:05PM – 1:52PM  
**Rahu** 5:27PM – 7:14PM

**Vishakha** Until 11:28AM  
**Vyatipata\*** Until 9:59PM  
Vanija Until 6:23PM  
**Dvitiya** Until 7:01AM

**Ganesha:** Blue *Sunrise:* 4:57AM  
**Muruqa:** Yellow *Sunset:* 7:14PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

**Devaloka Day**

Birming., UK  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Monday, April 22, 2019**

Vrischika Rasi: 13.46 Tithi 19

**Family Home Evening**

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:53PM – 3:40PM  
**Yama** 10:17AM – 12:05PM  
**Rahu** 6:42AM – 8:30AM

**Anuradha** Until 11:13AM  
Variyan Until 8:23PM  
Bava Until 5:39PM  
**Chaturthi\*** Until 5:33AM Tue

**Ganesha:** Blue *Sunrise:* 4:54AM  
**Muruqa:** Yellow *Sunset:* 7:16PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

**Devaloka Day**

Birming., UK  
Sun 1  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Tuesday, April 23, 2019**

Vrischika Rasi: 26.54 Tithi 20

Routine Work Marana Yoga

Until 11:35AM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 12:05PM – 1:53PM  
**Yama** 8:29AM – 10:17AM  
**Rahu** 3:41PM – 5:29PM

**Jyeshtha\*** Until 11:35AM  
Parigha\* Until 7:27PM  
Kaulava Until 5:43PM  
**Panchami** Until 6:02AM Wed

**Ganesha:** Blue *Sunrise:* 4:52AM  
**Muruqa:** Yellow *Sunset:* 7:17PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

**Devaloka Day**

Birming., UK  
Sun 2  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 9.38 Tithi 20 – 21

Routine Work Marana Yoga

Until 1:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:16AM – 12:05PM  
**Yama** 6:39AM – 8:27AM  
**Rahu** 12:05PM – 1:53PM

**Mula\*** Until 1:04PM  
Shiva Until 7:09PM  
Gara Until 6:36PM  
**Panchami** Until 6:02AM

**Ganesha:** Yellow *Sunrise:* 4:50AM  
**Muruqa:** Yellow *Sunset:* 7:19PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra+Chaitra**

**Sivaloka Day**

Birming., UK  
Sun 3  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 22.01 Tithi 21 – 22

Creative Work Siddha Yoga

Until 3:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 8:26AM – 10:15AM  
**Yama** 4:48AM – 6:37AM  
**Rahu** 1:54PM – 3:43PM

**Purvashadha\*** Until 3:08PM  
Siddha Until 7:23PM  
Visti Until 8:12PM  
**Shashthi\*** Until 7:18AM

**Ganesha:** Yellow *Sunrise:* 4:48AM  
**Muruqa:** Yellow *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra+Chaitra**

**Devaloka Day**

Birming., UK  
Sun 4  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**5**

**Friday, April 26, 2019**

**Retreat Star**

Makara Rasi: 4.08 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 6:36AM – 8:25AM  
**Yama** 3:43PM – 5:33PM  
**Rahu** 10:15AM – 12:04PM

**Uttarashadha** Until 5:35PM  
Sadhya Until 8:04PM  
Balava Until 10:22PM  
**Saptami** Until 9:13AM

**Ganesha:** Red *Sunrise:* 4:46AM  
**Muruqa:** Yellow *Sunset:* 7:23PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra+Chaitra**

**Devaloka Day**

Birming., UK  
Sun 5  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 16.04 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 4:44AM – 6:34AM  
**Yama** 1:54PM – 3:44PM  
**Rahu** 8:24AM – 10:14AM

**Shravana** Until 8:44PM  
Subha Until 9:01PM  
Taitila Until 12:51AM Sun  
**Ashtami\*** Until 11:34AM

**Ganesha:** Green *Sunrise:* 4:44AM  
**Muruqa:** Yellow *Sunset:* 7:24PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra+Chaitra**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Birming., UK  
Sun 6  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Birmingham, UK Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 27.53	Tithi 24 – 25	<b>Gulika</b> 3:45PM – 5:36PM	<b>Dhanishtha</b> <b>Until 11:48PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:42AM	
		Yama 12:04PM – 1:55PM	Sukla <b>Until 10:01PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:26PM	Moon 4 - Phase 3
	294583469	<b>Rahu</b> 5:36PM – 7:26PM	Vanija <b>Until 3:24AM Mon</b>	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> <b>Until 2:06PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 11:48PM					
Then Creative Work - Siddha Yoga					

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Birmingham, UK Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 9.43	Tithi 25 – 26	<b>Gulika</b> 1:55PM – 3:46PM	<b>Shatabhishak</b> <b>Until 2:34AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:40AM	
<b>Family Home Evening</b>		Yama 10:13AM – 12:04PM	Brahma <b>Until 10:57PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:28PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:31AM – 8:22AM	Bava <b>Until 5:46AM Tue</b>	<b>Nataraja:</b> Clear	2nd Phase
Until 2:34AM Tue			<b>Dashami</b> <b>Until 4:36PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra Yoga Balava Karana Ekadashyam Titau			Birmingham, UK Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 21.37	Tithi 26	<b>Gulika</b> 12:04PM – 1:55PM	<b>Purvaproshtapada*</b> <b>Until 5:21AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:38AM	
		Yama 8:21AM – 10:12AM	Indra <b>Until 11:39PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:29PM	Moon 4 - Phase 3
	214583469	<b>Rahu</b> 3:47PM – 5:38PM	Balava <b>Until 6:49PM</b>	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> <b>Until 6:49PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 5:21AM Wed					
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Dvadashyam Titau			Birmingham, UK Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 3.39	Tithi 27	<b>Gulika</b> 10:12AM – 12:04PM	<b>Uttaraproshtapada</b> <b>Until 7:31AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:36AM	
		Yama 6:28AM – 8:20AM	Vaidhriti* <b>Until 11:59PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:31PM	Moon 4 - Phase 3
	214583469	<b>Rahu</b> 12:04PM – 1:55PM	Kaulava <b>Until 7:47AM</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> <b>Until 8:36PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau			Birmingham, UK Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 15.52	Tithi 28	<b>Gulika</b> 8:19AM – 10:11AM	<b>Uttaraproshtapada</b> <b>Until 7:31AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:34AM	
		Yama 4:34AM – 6:26AM	Vishkambha* <b>Until 11:56PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:33PM	Moon 4 - Phase 3
	215583469	<b>Rahu</b> 1:56PM – 3:48PM	Gara <b>Until 9:19AM</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 9:52PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 9:01AM					
Then Creative Work - Amrita Yoga					

*Pradosha Vrata (Fasting)*

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Birmingham, UK Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 28.19	Tithi 29	<b>Gulika</b> 6:25AM – 8:18AM	<b>Revati</b> <b>Until 9:01AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:32AM	
		Yama 3:49PM – 5:42PM	Priti <b>Until 11:28PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:35PM	Moon 4 - Phase 3
	215583469	<b>Rahu</b> 10:11AM – 12:03PM	Visti <b>Until 10:19AM</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 10:36PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 9:01AM					
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Birmingham, UK Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 11.01	Tithi 30	<b>Gulika</b> 4:30AM – 6:24AM	<b>Ashvini</b> <b>Until 10:18AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:30AM	
		Yama 1:56PM – 3:50PM	Ayushman <b>Until 10:34PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:36PM	Moon 4 - Phase 3
	225583469	<b>Rahu</b> 8:17AM – 10:10AM	Catuspada <b>Until 10:47AM</b>	<b>Nataraja:</b> Clear	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 10:47PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau			Birmingham, UK Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 23.58	Tithi 1	<b>Gulika</b> 3:51PM – 5:44PM	<b>Bharani</b> <b>Until 10:55AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:28AM	
		Yama 12:03PM – 1:57PM	Saubhagya <b>Until 9:18PM</b>	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:38PM	Moon 4 - Phase 3
	225583469	<b>Rahu</b> 5:44PM – 7:38PM	Kintughna <b>Until 10:43AM</b>	<b>Nataraja:</b> Clear	Prathama
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> <b>Until 10:30PM</b>	<b>Vaisaka+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 10:55AM					
Then Creative Work - Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Birming., UK Sun 15 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:57PM – 3:51PM	<b>Krittika</b> <b>Until 10:58AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:27AM	
Vrishabha Rasi: 7.09	Tithi 2	Yama 10:09AM – 12:03PM	Sobhana Until 7:43PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:21AM – 8:15AM	Balava Until 10:13AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya</b> <b>Until 9:49PM</b>	Moon – White	<b>Bhuloka Day</b>	
Until 10:58AM				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga						

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau				Birming., UK Sun 16 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:03PM – 1:58PM	<b>Rohini</b> <b>Until 10:56AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:25AM	
Vrishabha Rasi: 20.32	Tithi 3	Yama 8:14AM – 10:08AM	Athiganda* Until 5:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 3:52PM – 5:47PM	Taitila Until 9:21AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Taitila</b> <b>Until 9:21AM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Until 10:56AM		<b>Akshaya Tritiya</b>	<b>Tritiya</b> <b>Until 8:46PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga						

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau				Birming., UK Sun 17 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:08AM – 12:03PM	<b>Mrigashira</b> <b>Until 10:27AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:23AM	
Mithuna Rasi: 4.07	Tithi 4	Yama 6:18AM – 8:13AM	Sukarma Until 3:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 12:03PM – 1:58PM	Vanija Until 8:10AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi*</b> <b>Until 7:27PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				Birming., UK Sun 18 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:12AM – 10:07AM	<b>Ardra</b> <b>Until 9:35AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:21AM	
Mithuna Rasi: 17.5	Tithi 5 – 6	Yama 4:21AM – 6:17AM	Dhriti Until 1:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 1:58PM – 3:54PM	Bava Until 6:43AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Panchami</b> <b>Until 5:54PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Until 9:35AM				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga						

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Birming., UK Sun 19 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 6:15AM – 8:11AM	<b>Punarvasu</b> <b>Until 8:48AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:20AM	
Kataka Rasi: 1.42	Tithi 6 – 7	Yama 3:54PM – 5:50PM	Shula* Until 10:59AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 4
245583469		<b>Rahu</b> 10:07AM – 12:03PM	Gara Until 3:13AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi*</b> <b>Until 4:09PM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 8:48AM				<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Birming., UK Sun 20 Sutra 27 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 4:18AM – 6:14AM	<b>Pushya</b> <b>Until 7:40AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:18AM	
Kataka Rasi: 15.41	Tithi 7 – 8	Yama 1:59PM – 3:55PM	Ganda* Until 8:22AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 4
245583469		<b>Rahu</b> 8:10AM – 10:07AM	Visti Until 1:11AM Sun	<b>Nataraja:</b> Clear		Ashtami
Creative Work Siddha Yoga			<b>Saptami</b> <b>Until 2:12PM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 7:40AM				<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Birming., UK Sun 21 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:56PM – 5:53PM	<b>Ashlesha*</b> <b>Until 6:14AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:16AM	
Kataka Rasi: 29.46	Tithi 8 – 9	Yama 12:03PM – 1:59PM	Dhruva Until 2:44AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 4
246583469		<b>Rahu</b> 5:53PM – 7:49PM	Balava Until 11:00PM	<b>Nataraja:</b> Clear		Navami
Creative Work Siddha Yoga			<b>Ashtami*</b> <b>Until 12:05PM</b>	Moon – Blue	<b>Devaloka Day</b>	
Until 6:14AM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashyam Titau				Birming., UK Sun 22 Sutra 29 Vikarin 5121
<b>1</b>		<b>Gulika</b> 2:00PM – 3:57PM	<b>Purvaphalguni</b> Until 3:22AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:15AM	
Simha Rasi: 13.58	Tithi 9 – 10	Yama 10:06AM – 12:03PM	Vyaghata* Until 11:46PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:51PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 6:12AM – 8:09AM	Taitila Until 8:41PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Navami*</b> Until 9:50AM	Moon – Red	<b>Bhuloka Day</b>	
Until 3:22AM Tue				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Birming., UK Sun 23 Sutra 30 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:03PM – 2:00PM	<b>Uttaraphalguni</b> Until 1:37AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:13AM	
Simha Rasi: 28.13	Tithi 10 – 11	Yama 8:08AM – 10:05AM	Harshana Until 8:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 3:58PM – 5:55PM	Vanija Until 6:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga			<b>Dashami</b> Until 7:29AM	Moon – Red	<b>Bhuloka Day</b>	
Until 1:37AM Wed				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga						

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Birming., UK Sun 24 Sutra 31 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:05AM – 12:03PM	<b>Hasta</b> Until 12:11AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:11AM	
Kanya Rasi: 12.31	Tithi 12	Yama 6:09AM – 8:07AM	Vajra* Until 5:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	266583469	<b>Rahu</b> 12:03PM – 2:01PM	Bava Until 3:56PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dvadashi</b> Until 2:45AM Thu	Moon – Green	<b>Devaloka Day</b>	
Until 12:11AM Thu				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Birming., UK Sun 25 Sutra 32 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:06AM – 10:04AM	<b>Chitra</b> Until 10:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:10AM	
Kanya Rasi: 26.46	Tithi 13	Yama 4:10AM – 6:08AM	Siddhi Until 2:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:56PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	266583469	<b>Rahu</b> 2:01PM – 3:59PM	Kaulava Until 1:39PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 12:34AM Fri	Moon – Green	<b>Devaloka Day</b>	
Until 10:45PM				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Birming., UK Sun 26 Sutra 33 Vikarin 5121
<b>5</b>		<b>Gulika</b> 6:07AM – 8:06AM	<b>Svati</b> Until 9:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:08AM	
Tula Rasi: 10.55	Tithi 14	Yama 4:00PM – 5:59PM	Vyatipata* Until 12:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	266583469	<b>Rahu</b> 10:04AM – 12:03PM	Gara Until 11:35AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 10:39PM	Moon – Green	<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Birming., UK Sun 27 Sutra 34 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 4:07AM – 6:06AM	<b>Vishakha</b> Until 8:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:07AM	
Tula Rasi: 24.51	Tithi 15	Yama 2:02PM – 4:01PM	Variyan Until 9:37AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	276583469	<b>Rahu</b> 8:05AM – 10:04AM	Visti Until 9:52AM	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 9:09PM	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Birming., UK Sun 28 Sutra 35 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 4:01PM – 6:01PM	<b>Anuradha</b> Until 8:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:05AM	
Vrischika Rasi: 8.31	Tithi 16	Yama 12:03PM – 2:02PM	Parigha* Until 7:32AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:00PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	277583469	<b>Rahu</b> 6:01PM – 8:00PM	Balava Until 8:36AM	<b>Nataraja:</b> Clear		Prathama
Routine Work Marana Yoga			<b>Prathama*</b> Until 8:10PM	Moon – Orange	<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 21.52 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddha Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 2:03PM – 4:02PM  
**Yama** 10:03AM – 12:03PM  
**Rahu** 6:04AM – 8:03AM  
**Jyeshtha\* Until 8:47PM**  
Siddha Until 4:50AM Tue  
Taitila Until 7:56AM  
**Dvitiya Until 7:49PM**

**Ganesha:** Yellow *Sunrise:* 4:04AM  
**Muruqa:** Yellow *Sunset:* 8:02PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

**Devaloka Day**

Birming., UK  
Sun 1  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 4.52 Tithi 18  
Creative Work Amrita Yoga  
Until 9:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika** 12:03PM – 2:03PM  
**Yama** 8:03AM – 10:03AM  
**Rahu** 4:03PM – 6:03PM  
**Mula\* Until 9:59PM**  
Sadhya Until 4:18AM Wed  
Vanija Until 7:55AM  
**Tritiya Until 8:10PM**

**Ganesha:** Red *Sunrise:* 4:03AM  
**Muruqa:** Yellow *Sunset:* 8:03PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Birming., UK  
Sun 2  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 17.31 Tithi 19  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika** 10:03AM – 12:03PM  
**Yama** 6:02AM – 8:02AM  
**Rahu** 12:03PM – 2:03PM  
**Purvashadha\* Until 11:43PM**  
Subha Until 4:19AM Thu  
Bava Until 8:37AM  
**Chaturthi\* Until 9:12PM**

**Ganesha:** Red *Sunrise:* 4:01AM  
**Muruqa:** Yellow *Sunset:* 8:05PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Birming., UK  
Sun 3  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 29.52 Tithi 20  
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 8:02AM – 10:02AM  
**Yama** 4:00AM – 6:01AM  
**Rahu** 2:04PM – 4:04PM  
**Uttarashadha Until 1:52AM Fri**  
Sukla Until 4:45AM Fri  
Kaulava Until 9:59AM  
**Panchami Until 10:51PM**

**Ganesha:** Red *Sunrise:* 4:00AM  
**Muruqa:** Yellow *Sunset:* 8:06PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

Birming., UK  
Sun 4  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**4**

**Friday, May 24, 2019**

Makara Rasi: 11.59 Tithi 21  
Routine Work Marana Yoga  
Until 4:47AM Sat  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthiyam Titau

**Gulika** 6:00AM – 8:01AM  
**Yama** 4:05PM – 6:06PM  
**Rahu** 10:02AM – 12:03PM  
**Shravana Until 4:47AM Sat**  
Brahma Until 5:31AM Sat  
Gara Until 11:54AM  
**Shashthi\* Until 12:59AM Sat**

**Ganesha:** Green *Sunrise:* 3:59AM  
**Muruqa:** Yellow *Sunset:* 8:07PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Birming., UK  
Sun 5  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**5**

**Saturday, May 25, 2019**

Makara Rasi: 23.56 Tithi 22  
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 3:58AM – 5:59AM  
**Yama** 2:05PM – 4:06PM  
**Rahu** 8:00AM – 10:02AM  
**Dhanishtha Until 7:44AM Sun**  
Indra Until 6:29AM Sun  
Visti Until 2:11PM  
**Saptami Until 3:22AM Sun**

**Ganesha:** Green *Sunrise:* 3:58AM  
**Muruqa:** Yellow *Sunset:* 8:09PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Birming., UK  
Sun 6  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 5.47 Tithi 23  
Routine Work Marana Yoga  
Until 7:44AM  
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 4:07PM – 6:08PM  
**Yama** 12:03PM – 2:05PM  
**Rahu** 6:08PM – 8:10PM  
**Dhanishtha Until 7:44AM**  
Indra Until 6:29AM  
Balava Until 4:37PM  
**Ashtami\* Until 5:47AM Mon**

**Ganesha:** Blue *Sunrise:* 3:57AM  
**Muruqa:** Yellow *Sunset:* 8:10PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Birming., UK  
Sun 7  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 17.4 Tithi 24  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:32AM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila Karana Navamyam Titau

**Gulika** 2:05PM – 4:07PM  
**Yama** 10:01AM – 12:03PM  
**Rahu** 5:57AM – 7:59AM  
**Shatabhishak Until 10:32AM**  
Vaidhriti\* Until 7:25AM  
Taitila Until 6:57PM  
**Navami\* Until 8:00AM Tue**

**Ganesha:** Blue *Sunrise:* 3:55AM  
**Muruqa:** Yellow *Sunset:* 8:11PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

Birming., UK  
Sun 8  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Birming., UK Sun 9
Kumbha Rasi: 29.36	Tithi 24 – 25	<b>Gulika</b>	<b>12:03PM – 2:06PM</b>	<b>Purvaproshtapada* Until 1:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:54AM	Vikarin 5121
		Yama	7:59AM – 10:01AM	Vishkambha* Until 8:12AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:13PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	<b>4:08PM – 6:10PM</b>	Vanija Until 9:00PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga			<b>Navami* Until 8:00AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 1:26PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Birming., UK Sun 10
Meena Rasi: 11.41	Tithi 25 – 26	<b>Gulika</b>	<b>10:01AM – 12:04PM</b>	<b>Uttaraproshtapada Until 3:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:53AM	Vikarin 5121
		Yama	5:56AM – 7:58AM	Priti Until 8:43AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:14PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	<b>12:04PM – 2:06PM</b>	Bava Until 10:34PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Dashami Until 9:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 3:45PM					<b>Vaisaka-Vaikasi</b>		
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Birming., UK Sun 11
Meena Rasi: 23.59	Tithi 26 – 27	<b>Gulika</b>	<b>7:58AM – 10:01AM</b>	<b>Revati Until 5:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:52AM	Vikarin 5121
		Yama	3:52AM – 5:55AM	Ayushman Until 8:47AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	<b>2:07PM – 4:09PM</b>	Kaulava Until 11:33PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 11:07AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 5:22PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Birming., UK Sun 12
Mesha Rasi: 6.33	Tithi 27 – 28	<b>Gulika</b>	<b>5:55AM – 7:58AM</b>	<b>Ashvini Until 6:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:51AM	Vikarin 5121
		Yama	4:10PM – 6:13PM	Saubhagya Until 8:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:16PM	Moon 5 - Phase 7
		328683469 <b>Rahu</b>	<b>10:01AM – 12:04PM</b>	Gara Until 11:54PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 11:47AM</b>	Moon – White		<b>Devaloka Day</b>
Until 6:42PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Birming., UK Sun 13
Mesha Rasi: 19.25	Tithi 28 – 29	<b>Gulika</b>	<b>3:51AM – 5:54AM</b>	<b>Bharani Until 7:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:51AM	Vikarin 5121
		Yama	2:07PM – 4:11PM	Sobhana Until 7:30AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:17PM	Moon 5 - Phase 7
		329683469 <b>Rahu</b>	<b>7:57AM – 10:01AM</b>	Visti Until 11:37PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 11:49AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 7:14PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

<b>●</b>		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Birming., UK Sun 14
<b>Retreat Star</b>		<b>Gulika</b>	<b>4:11PM – 6:15PM</b>	<b>Krittika Until 7:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:50AM	Vikarin 5121
Vrishabha Rasi: 2.37	Tithi 29 – 30	Yama	12:04PM – 2:08PM	Athiganda* Until 6:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:19PM	Moon 5 - Phase 7
		329683469 <b>Rahu</b>	<b>6:15PM – 8:19PM</b>	Catuspada Until 10:44PM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 11:14AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Birming., UK Sun 15
Vrishabha Rasi: 16.07	Tithi 30 – 1	<b>Gulika</b>	<b>2:08PM – 4:12PM</b>	<b>Rohini Until 6:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:49AM	Vikarin 5121
<b>Family Home Evening</b>		Yama	10:00AM – 12:04PM	Dhriti Until 2:01AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:20PM	Moon 5 - Phase 7
		339683469 <b>Rahu</b>	<b>5:53AM – 7:57AM</b>	Kintughna Until 9:22PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga			<b>Amavasya* Until 10:05AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Birming., UK Sun 16 Sutra 51 Vikarin 5121	
Vrishabha Rasi: 29.53	Tithi 1 – 2	<b>Gulika</b> 12:04PM – 2:09PM	<b>Mrigashira</b> Until 5:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:48AM	Moon 5 - Phase 8	
		Yama 7:56AM – 10:00AM	Shula* Until 11:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:21PM	3rd Phase	
		339683461 <b>Rahu</b> 4:13PM – 6:17PM	Balava Until 7:35PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Prathama* Until 8:30AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 5:39PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Birming., UK Sun 17 Sutra 52 Vikarin 5121	
Mithuna Rasi: 13.53	Tithi 2 – 3	<b>Gulika</b> 10:00AM – 12:05PM	<b>Ardra</b> Until 4:14PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:48AM	Moon 5 - Phase 8	
		Yama 5:52AM – 7:56AM	Ganda* Until 8:42PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:22PM	3rd Phase	
		339683461 <b>Rahu</b> 12:05PM – 2:09PM	Gara Until 4:23AM Thu	<b>Nataraja:</b> Yellow			
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 6:34AM	Moon – Yellow		<b>Bhuloka Day</b>	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Vistil* Karana Chaturthyam Titau		Birming., UK Sun 18 Sutra 53 Vikarin 5121	
Mithuna Rasi: 28.02	Tithi 4	<b>Gulika</b> 7:56AM – 10:00AM	<b>Punarvasu</b> Until 2:55PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:47AM	Moon 5 - Phase 8	
		Yama 3:47AM – 5:51AM	Vridhhi Until 5:48PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:23PM	3rd Phase	
		349683461 <b>Rahu</b> 2:09PM – 4:14PM	Vanija Until 3:15PM	<b>Nataraja:</b> Yellow			
Creative Work	Amrita Yoga		<b>Chaturthi* Until 2:04AM Fri</b>	Moon – Blue		<b>Bhuloka Day</b>	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Birming., UK Sun 19 Sutra 54 Vikarin 5121	
Kataka Rasi: 12.17	Tithi 5	<b>Gulika</b> 5:51AM – 7:56AM	<b>Pushya</b> Until 1:21PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:46AM	Moon 5 - Phase 8	
		Yama 4:14PM – 6:19PM	Dhruva Until 2:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:24PM	3rd Phase	
		349683461 <b>Rahu</b> 10:00AM – 12:05PM	Bava Until 12:54PM	<b>Nataraja:</b> Yellow			
Routine Work	Marana Yoga		<b>Panchami</b> Until 11:42PM	Moon – Blue		<b>Bhuloka Day</b>	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Birming., UK Sun 20 Sutra 55 Vikarin 5121	
Kataka Rasi: 26.33	Tithi 6	<b>Gulika</b> 3:46AM – 5:51AM	<b>Ashlesha*</b> Until 11:38AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:46AM	Moon 5 - Phase 8	
		Yama 2:10PM – 4:15PM	Vyaghata* Until 11:50AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:24PM	3rd Phase	
		349683461 <b>Rahu</b> 7:55AM – 10:00AM	Kaulava Until 10:32AM	<b>Nataraja:</b> Yellow			
Routine Work	Marana Yoga		<b>Shashthi* Until 9:20PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:38AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>6</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Birming., UK Sun 21 Sutra 56 Vikarin 5121	
Simha Rasi: 10.49	Tithi 7	<b>Gulika</b> 4:15PM – 6:20PM	<b>Magha*</b> Until 10:14AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:45AM	Moon 5 - Phase 8	
		Yama 12:05PM – 2:10PM	Harshana Until 8:53AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:25PM	3rd Phase	
		351683461 <b>Rahu</b> 6:20PM – 8:25PM	Gara Until 8:12AM	<b>Nataraja:</b> Yellow			
Routine Work	Marana Yoga		<b>Saptami</b> Until 7:03PM	Moon – Red		<b>Devaloka Day</b>	
Until 10:14AM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Birming., UK Sun 22 Sutra 57 Vikarin 5121	
Simha Rasi: 25	Tithi 8 – 9	<b>Gulika</b> 2:11PM – 4:16PM	<b>Purvaphalguni</b> Until 8:48AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:45AM	Moon 5 - Phase 8	
<b>Family Home Evening</b>		Yama 10:00AM – 12:05PM	Vajra* Until 6:00AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:26PM	Ashtami	
		351683461 <b>Rahu</b> 5:50AM – 7:55AM	Balava Until 3:51AM Tue	<b>Nataraja:</b> Yellow			
Creative Work	Siddha Yoga		<b>Ashtami* Until 4:52PM</b>	Moon – Red		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			


<b>Retreat Star</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Birming., UK Sun 23 Sutra 58 Vikarin 5121	
Kanya Rasi: 9.07	Tithi 9 – 10	<b>Gulika</b> 12:06PM – 2:11PM	<b>Uttaraphalguni</b> Until 7:21AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:45AM	Moon 5 - Phase 8	
		Yama 7:55AM – 10:00AM	Vyatipata* Until 12:36AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:27PM	Navami	
		351683461 <b>Rahu</b> 4:16PM – 6:21PM	Taitila Until 1:53AM Wed	<b>Nataraja:</b> Yellow			
Creative Work	Amrita Yoga		<b>Navami* Until 2:49PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 7:21AM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

<b>1</b>	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Birming., UK
			Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24
	Kanya Rasi: 23.07	Tithi 10 – 11	<b>Gulika</b> 10:00AM – 12:06PM	<b>Hasta</b> <b>Until 6:21AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM	Vikarin 5121
			Yama 5:50AM – 7:55AM	Variyan <b>Until 10:07PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:27PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 12:06PM – 2:11PM	Vanija <b>Until 12:08AM Thu</b>	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 12:58PM</b>	Moon – Green	<b>Bhuloka Day</b>		
Until 6:21AM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Birming., UK
			Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25
	Tula Rasi: 6.59	Tithi 11 – 12	<b>Gulika</b> 7:55AM – 10:01AM	<b>Svati</b> <b>Until 4:37AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM	Vikarin 5121
			Yama 3:44AM – 5:50AM	Parigha* <b>Until 7:51PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:27PM	Moon 5 - Phase 9
	361683461	<b>Rahu</b> 2:12PM – 4:17PM	Bava <b>Until 10:39PM</b>	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Amrita Yoga		<b>Ekadashi</b> <b>Until 11:20AM</b>	Moon – Green	<b>Bhuloka Day</b>		
Until 4:37AM Fri				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Birming., UK
			Vishakha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26
	Tula Rasi: 20.41	Tithi 12 – 13	<b>Gulika</b> 5:49AM – 7:55AM	<b>Vishakha</b> <b>Until 4:27AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:44AM	Vikarin 5121
			Yama 4:17PM – 6:23PM	Shiva <b>Until 5:52PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:29PM	Moon 5 - Phase 9
	371693461	<b>Rahu</b> 10:01AM – 12:06PM	Kaulava <b>Until 9:29PM</b>	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 10:00AM</b>	Moon – Orange	<b>Sivaloka Day</b>		
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
			<i>Pradosha Vrata</i>				

<b>4</b>	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Birming., UK
			Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27
	Vrischika Rasi: 4.11	Tithi 13 – 14	<b>Gulika</b> 3:44AM – 5:49AM	<b>Anuradha</b> <b>Until 4:33AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM	Vikarin 5121
			Yama 2:12PM – 4:18PM	Siddha <b>Until 4:09PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:29PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 7:55AM – 10:01AM	Gara <b>Until 8:43PM</b>	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> <b>Until 9:01AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>		
Until 4:33AM Sun				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Birming., UK
	<b>Copper Retreat Star</b>		Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 63
	Vrischika Rasi: 17.27	Tithi 14 – 15	<b>Gulika</b> 4:18PM – 6:24PM	<b>Jyeshtha*</b> <b>Until 4:59AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM	Vikarin 5121
			Yama 12:07PM – 2:12PM	Sadhya <b>Until 2:49PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:30PM	Moon 5 - Phase 9
	371793461	<b>Rahu</b> 6:24PM – 8:30PM	Visti <b>Until 8:25PM</b>	<b>Nataraja:</b> Yellow		Purnima	
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 8:29AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>		
Until 4:59AM Mon		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>Monday, June 17, 2019</b>	<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Birming., UK
			Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64
	Dhanus Rasi: 0.27	Tithi 15 – 16	<b>Gulika</b> 2:13PM – 4:19PM	<b>Mula*</b> <b>Until 6:16AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:44AM	Vikarin 5121
			Yama 10:01AM – 12:07PM	Subha <b>Until 1:55PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:30PM	Moon 5 - Phase 9
<b>Family Home Evening</b>	381793461	<b>Rahu</b> 5:49AM – 7:55AM	Balava <b>Until 8:39PM</b>	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 8:27AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>		
				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha\* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Birming., UK  
Sutra 65

Dhanus Rasi: 13.11 Tithi 16 – 17

**Gulika** 12:07PM – 2:13PM  
**Yama** 7:55AM – 10:01AM  
**Rahu** 4:19PM – 6:25PM

**Mula\* Until 6:16AM**  
Sukla Until 1:26PM  
Taitila Until 9:28PM  
**Prathama\* Until 8:58AM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:31PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

Until 6:16AM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Birming., UK  
Sun 1 Sutra 66

Dhanus Rasi: 25.39 Tithi 17 – 18

**Gulika** 10:01AM – 12:07PM  
**Yama** 5:50AM – 7:55AM  
**Rahu** 12:07PM – 2:13PM

**Purvashadha\* Until 7:57AM**  
Brahma Until 1:24PM  
Vanija Until 10:49PM  
**Dvitiya Until 10:03AM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:31PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha\*/Shravana Nakshatra Indra/Vaidhrili\* Yoga Visti\*/Bava Karana Tritya/Chaturthyam Titau

Birming., UK  
Sun 2 Sutra 67

Makara Rasi: 7.53 Tithi 18 – 19

**Gulika** 7:56AM – 10:02AM  
**Yama** 3:44AM – 5:50AM  
**Rahu** 2:13PM – 4:19PM

**Uttarashadha Until 9:59AM**  
Indra Until 1:47PM  
Bava Until 12:40AM Fri  
**Tritya Until 11:40AM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:31PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 9:59AM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK  
Sun 3 Sutra 68

Makara Rasi: 19.57 Tithi 19 – 20

**Gulika** 5:50AM – 7:56AM  
**Yama** 4:20PM – 6:26PM  
**Rahu** 10:02AM – 12:08PM

**Shravana Until 12:46PM**  
Vaidhrili\* Until 2:27PM  
Kaulava Until 2:51AM Sat  
**Chaturthi\* Until 1:42PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:31PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 12:46PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birming., UK  
Sun 4 Sutra 69

Kumbha Rasi: 1.53 Tithi 20 – 21

**Gulika** 3:44AM – 5:50AM  
**Yama** 2:14PM – 4:20PM  
**Rahu** 7:56AM – 10:02AM

**Dhanishtha Until 3:39PM**  
Vishkambha\* Until 3:21PM  
Gara Until 5:13AM Sun  
**Panchami Until 4:00PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:32PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

Until 3:39PM

Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Vanija Karana Shashthyam Titau

Birming., UK  
Sun 5 Sutra 70

Kumbha Rasi: 13.45 Tithi 21

**Gulika** 4:20PM – 6:26PM  
**Yama** 12:08PM – 2:14PM  
**Rahu** 6:26PM – 8:32PM

**Shatabhishak Until 6:27PM**  
Priti Until 4:20PM  
Vanija Until 6:24PM  
**Shashthi\* Until 6:24PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:32PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Birming., UK  
Sun 6 Sutra 71

Kumbha Rasi: 25.38 Tithi 22

**Gulika** 2:14PM – 4:20PM  
**Yama** 10:02AM – 12:08PM  
**Rahu** 5:51AM – 7:56AM

**Purvaproshtapada\* Until 9:29PM**  
Ayushman Until 5:12PM  
Visti Until 7:35AM  
**Saptami Until 8:41PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:45AM  
**Sunset:** 8:32PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 9:29PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**D**

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK  
Sun 7 Sutra 72

Meena Rasi: 7.35 Tithi 23

**Gulika** 12:08PM – 2:14PM  
**Yama** 7:57AM – 10:03AM  
**Rahu** 4:20PM – 6:26PM

**Uttaraproshtapada Until 12:03AM Wed**  
Saubhagya Until 5:53PM  
Balava Until 9:45AM  
**Ashtami\* Until 10:40PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:45AM  
**Sunset:** 8:32PM

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga

Until 12:03AM Wed

Then Routine Work - Marana Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Birming., UK  
Sun 8 Sutra 73

Meena Rasi: 19.4 Tithi 24

**Gulika** 10:03AM – 12:09PM  
**Yama** 5:51AM – 7:57AM  
**Rahu** 12:09PM – 2:14PM

**Revati Until 1:59AM Thu**  
Sobhana Until 6:14PM  
Taitila Until 11:31AM  
**Navami\* Until 12:10AM Thu**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:45AM  
**Sunset:** 8:32PM

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

Until 1:59AM Thu

Then Creative Work - Amrita Yoga

**Sivaloka Day**

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Birming., UK Sun 9 Sutra 74 Vikarin 5121
Mesha Rasi: 1.59	Tithi 25	Gulika 7:57AM – 10:03AM	Ashvini Until 3:38AM Fri	Ganesha: Blue	Sunrise: 3:46AM	
		Yama 3:46AM – 5:52AM	Athiganda* Until 6:06PM	Muruqa: Blue	Sunset: 8:32PM	Moon 6 - Phase 11
		322793461 Rahu 2:15PM – 4:20PM	Vanija Until 12:43PM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 1:04AM Fri	Moon – White		Devaloka Day
Until 3:38AM Fri				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga						
<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Birming., UK Sun 10 Sutra 75 Vikarin 5121
Mesha Rasi: 14.35	Tithi 26	Gulika 5:52AM – 7:58AM	Bharani Until 4:26AM Sat	Ganesha: Blue	Sunrise: 3:46AM	
		Yama 4:20PM – 6:26PM	Sukarma Until 5:27PM	Muruqa: Blue	Sunset: 8:32PM	Moon 6 - Phase 11
		322793461 Rahu 10:03AM – 12:09PM	Bava Until 1:16PM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:15AM Sat	Moon – White		Devaloka Day
Until 4:26AM Sat				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						
<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Birming., UK Sun 11 Sutra 76 Vikarin 5121
Mesha Rasi: 27.31	Tithi 27	Gulika 3:47AM – 5:53AM	Krittika Until 4:22AM Sun	Ganesha: Blue	Sunrise: 3:47AM	
		Yama 2:15PM – 4:20PM	Dhriti Until 4:14PM	Muruqa: Blue	Sunset: 8:31PM	Moon 6 - Phase 11
		322793461 Rahu 7:58AM – 10:04AM	Kaulava Until 1:06PM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 12:43AM Sun	Moon – White		Devaloka Day
Until 4:22AM Sun				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga						
<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Birming., UK Sun 12 Sutra 77 Vikarin 5121
Vrishabha Rasi: 10.49	Tithi 28	Gulika 4:20PM – 6:26PM	Rohini Until 3:56AM Mon	Ganesha: Blue	Sunrise: 3:48AM	
		Yama 12:09PM – 2:15PM	Shula* Until 2:25PM	Muruqa: Blue	Sunset: 8:31PM	Moon 6 - Phase 11
		322793461 Rahu 6:26PM – 8:31PM	Gara Until 12:12PM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:29PM	Moon – Yellow		Devaloka Day
Until 3:56AM Mon				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						
						Pradosha Vrata (Fasting)
<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Birming., UK Sun 13 Sutra 78 Vikarin 5121
Vrishabha Rasi: 24.31	Tithi 29	Gulika 2:15PM – 4:20PM	Mrigashira Until 2:46AM Tue	Ganesha: Blue	Sunrise: 3:48AM	
Family Home Evening		Yama 10:04AM – 12:10PM	Ganda* Until 12:06PM	Muruqa: Blue	Sunset: 8:31PM	Moon 6 - Phase 11
		322793461 Rahu 5:54AM – 7:59AM	Visti Until 10:39AM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 9:39PM	Moon – Yellow		Devaloka Day
Until 2:46AM Tue				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						
<b>Retreat Star</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Birming., UK Sun 14 Sutra 79 Vikarin 5121
Mithuna Rasi: 8.34	Tithi 30	Gulika 12:10PM – 2:15PM	Ardra Until 12:59AM Wed	Ganesha: Blue	Sunrise: 3:49AM	
		Yama 7:59AM – 10:05AM	Vridhhi Until 9:20AM	Muruqa: Blue	Sunset: 8:31PM	Moon 6 - Phase 11
		322793461 Rahu 4:20PM – 6:25PM	Catuspada Until 8:33AM	Nataraja: Yellow		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 7:18PM	Moon – Yellow		Devaloka Day
Until 12:59AM Wed				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga						
<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau		Birming., UK Sun 15 Sutra 80 Vikarin 5121
Mithuna Rasi: 22.56	Tithi 1 – 2	Gulika 10:05AM – 12:10PM	Punarvasu Until 11:08PM	Ganesha: Yellow	Sunrise: 3:50AM	
		Yama 5:55AM – 8:00AM	Dhruva Until 6:12AM	Muruqa: Blue	Sunset: 8:30PM	Moon 6 - Phase 11
		343793461 Rahu 12:10PM – 2:15PM	Kintughna Until 6:00AM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:36PM	Moon – Blue		Sivaloka Day
				Ashada-Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Birming., UK Sun 16 Sutra 81 Vikarin 5121
Kataka Rasi: 7.3	Tithi 2 – 3	<b>Gulika</b> 8:00AM – 10:05AM	<b>Pushya</b> <b>Until 8:58PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:51AM	
		Yama 3:51AM – 5:55AM	Harshana <b>Until 11:19PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:30PM	Moon 6 - Phase 12
		343793461 <b>Rahu</b> 2:15PM – 4:20PM	Taitila <b>Until 12:10AM Fri</b>	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya</b> <b>Until 1:39PM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 8:58PM				<b>Ashada•Ani</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Birming., UK Sun 17 Sutra 82 Vikarin 5121
Kataka Rasi: 22.11	Tithi 3 – 4	<b>Gulika</b> 5:56AM – 8:01AM	<b>Ashlesha*</b> <b>Until 6:37PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:51AM	
		Yama 4:20PM – 6:24PM	Vajra* <b>Until 7:45PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:29PM	Moon 6 - Phase 12
		343793461 <b>Rahu</b> 10:06AM – 12:10PM	Vanija <b>Until 9:08PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
Routine Work	Marana Yoga		<b>Tritiya</b> <b>Until 10:37AM</b>	Moon – Blue		<b>Sivaloka Day</b>
				<b>Ashada•Ani</b>		

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Birming., UK Sun 18 Sutra 83 Vikarin 5121
Simha Rasi: 6.52	Tithi 4 – 5	<b>Gulika</b> 3:52AM – 5:57AM	<b>Magha*</b> <b>Until 4:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:52AM	
		Yama 2:15PM – 4:20PM	Siddhi <b>Until 4:17PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:29PM	Moon 6 - Phase 12
		353793461 <b>Rahu</b> 8:01AM – 10:06AM	Bava <b>Until 6:11PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> <b>Until 7:37AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>
Until 4:37PM				<b>Ashada•Ani</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Birming., UK Sun 19 Sutra 84 Vikarin 5121
Simha Rasi: 21.26	Tithi 6	<b>Gulika</b> 4:19PM – 6:24PM	<b>Purvaphalguni</b> <b>Until 2:40PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:53AM	
		Yama 12:11PM – 2:15PM	Vyatipata* <b>Until 12:59PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:28PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 6:24PM – 8:28PM	Kaulava <b>Until 3:27PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 2:10AM Mon</b>	Moon – Red		<b>Sivaloka Day</b>
Until 2:40PM				<b>Ashada•Ani</b>		
Then Creative Work - Amrita Yoga						

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Birming., UK Sun 20 Sutra 85 Vikarin 5121
Kanya Rasi: 5.49	Tithi 7	<b>Gulika</b> 2:15PM – 4:19PM	<b>Uttaraphalguni</b> <b>Until 12:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:54AM	
<b>Family Home Evening</b>		Yama 10:07AM – 12:11PM	Varyan <b>Until 9:53AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:27PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 5:58AM – 8:02AM	Gara <b>Until 1:00PM</b>	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 11:53PM</b>	Moon – Red		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashada•Ani</b>		

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Birming., UK Sun 21 Sutra 86 Vikarin 5121
Kanya Rasi: 19.59	Tithi 8	<b>Gulika</b> 12:11PM – 2:15PM	<b>Hasta</b> <b>Until 11:43AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:55AM	
		Yama 8:03AM – 10:07AM	Parigha* <b>Until 7:06AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:27PM	Moon 6 - Phase 12
		463793461 <b>Rahu</b> 4:19PM – 6:23PM	Visti <b>Until 10:54AM</b>	<b>Nataraja:</b> Yellow		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 10:00PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
				<b>Ashada•Ani</b>		

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Birming., UK Sun 22 Sutra 87 Vikarin 5121
Tula Rasi: 3.53	Tithi 9	<b>Gulika</b> 10:07AM – 12:11PM	<b>Chitra</b> <b>Until 10:50AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:56AM	
		Yama 6:00AM – 8:04AM	Siddha <b>Until 2:32AM Thu</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:26PM	Moon 6 - Phase 12
		463893461 <b>Rahu</b> 12:11PM – 2:15PM	Balava <b>Until 9:14AM</b>	<b>Nataraja:</b> Yellow		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> <b>Until 8:32PM</b>	Moon – Green		<b>Sivaloka Day</b>
				<b>Ashada•Ani</b>		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda


<b>1</b>		<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Birming., UK Sun 23 Sutra 88
Tula Rasi: 17.31	Tithi 10	<b>Gulika</b>	<b>8:04AM – 10:08AM</b>	<b>Svati Until 10:15AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 3:57AM</i>	Vikarin 5121	
		Yama	3:57AM – 6:01AM	Sadhya Until 12:48AM Fri	<b>Muruqa: Blue</b>	<i>Sunset: 8:25PM</i>	Moon 6 - Phase 13	
		463893461 <b>Rahu</b>	<b>2:15PM – 4:18PM</b>	Taitila Until 8:00AM	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Amrita Yoga			<b>Dashami Until 7:32PM</b>	<b>Moon – Green</b>		<b>Sivaloka Day</b>	
Until 10:15AM					<b>Ashada•Ani</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Birming., UK Sun 24 Sutra 89
Vrischika Rasi: 0.53	Tithi 11	<b>Gulika</b>	<b>6:02AM – 8:05AM</b>	<b>Vishakha Until 10:25AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 3:58AM</i>	Vikarin 5121	
		Yama	4:18PM – 6:21PM	Subha Until 11:28PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:24PM</i>	Moon 6 - Phase 13	
		473893461 <b>Rahu</b>	<b>10:08AM – 12:11PM</b>	Vanija Until 7:13AM	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 7:00PM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>	
					<b>Ashada•Ani</b>			

<b>3</b>		<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Birming., UK Sun 25 Sutra 90
Vrischika Rasi: 14	Tithi 12	<b>Gulika</b>	<b>4:00AM – 6:03AM</b>	<b>Anuradha Until 10:54AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:00AM</i>	Vikarin 5121	
		Yama	2:14PM – 4:17PM	Sukla Until 10:29PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:23PM</i>	Moon 6 - Phase 13	
		473893461 <b>Rahu</b>	<b>8:05AM – 10:08AM</b>	Bava Until 6:56AM	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 6:56PM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>	
					<b>Ashada•Ani</b>			

<b>4</b>		<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Birming., UK Sun 26 Sutra 91
Vrischika Rasi: 26.52	Tithi 13	<b>Gulika</b>	<b>4:17PM – 6:20PM</b>	<b>Jyeshtha* Until 11:43AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:01AM</i>	Vikarin 5121	
		Yama	12:12PM – 2:14PM	Brahma Until 9:53PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:22PM</i>	Moon 6 - Phase 13	
		473893461 <b>Rahu</b>	<b>6:20PM – 8:22PM</b>	Kaulava Until 7:07AM	<b>Nataraja: Yellow</b>		4th Phase	
Routine Work	Marana Yoga			<b>Trayodashi Until 7:22PM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>	
Until 11:43AM					<b>Ashada•Ani</b>			
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Birming., UK Sun 27 Sutra 92
Dhanus Rasi: 9.31	Tithi 14	<b>Gulika</b>	<b>2:14PM – 4:16PM</b>	<b>Mula* Until 1:18PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 4:02AM</i>	Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:09AM – 12:12PM	Indra Until 9:41PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:21PM</i>	Moon 6 - Phase 13	
		483893461 <b>Rahu</b>	<b>6:04AM – 8:07AM</b>	Gara Until 7:47AM	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:16PM</b>	<b>Moon – Light Blue</b>		<b>Sivaloka Day</b>	
Until 1:18PM					<b>Ashada•Ani</b>			
Then Routine Work - Marana Yoga								

		<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Birming., UK Sun 28 Sutra 93
Dhanus Rasi: 21.57	Tithi 15	<b>Gulika</b>	<b>12:12PM – 2:14PM</b>	<b>Purvashadha* Until 3:10PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 4:03AM</i>	Vikarin 5121	
		Yama	8:07AM – 10:10AM	Vaidhriti* Until 9:48PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:20PM</i>	Moon 6 - Phase 13	
		483893461 <b>Rahu</b>	<b>4:16PM – 6:18PM</b>	Visti Until 8:54AM	<b>Nataraja: Yellow</b>		Purnima	
Creative Work	Siddha Yoga			<b>Purnima* Until 9:37PM</b>	<b>Moon – Light Blue</b>		<b>Sivaloka Day</b>	
Until 3:10PM					<b>Ashada•Adi</b>			
Then Routine Work - Prabalarishta Yoga								

<b>○</b>		<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Birming., UK Sun 29 Sutra 94
Makara Rasi: 4.12	Tithi 16	<b>Gulika</b>	<b>10:10AM – 12:12PM</b>	<b>Uttarashadha Until 5:18PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 4:04AM</i>	Vikarin 5121	
		Yama	6:06AM – 8:08AM	Vishkambha* Until 10:14PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:19PM</i>	Moon 6 - Phase 13	
		484893462 <b>Rahu</b>	<b>12:12PM – 2:14PM</b>	Balava Until 10:28AM	<b>Nataraja: White</b>		Prathama	
Creative Work	Amrita Yoga			<b>Prathama* Until 11:23PM</b>	<b>Moon – Light Blue</b>		<b>Subha Subha Sivaloka Day</b>	
Until 5:18PM					<b>Ashada•Adi</b>			
Then Creative Work - Siddha Yoga								



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Birming., UK  
Sun 1  
Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Makara Rasi: 16.17 Tithi 17  
494893462 Rahu  
Creative Work Siddha Yoga

**Gulika** 8:09AM – 10:10AM  
Yama 4:06AM – 6:07AM  
Rahu 2:13PM – 4:15PM

**Shravana Until 8:05PM**  
Priti Until 10:57PM  
Taitila Until 12:24PM  
Dvitiya Until 1:28AM Fri

**Ganesha:** Clear *Sunrise: 4:06AM*  
**Muruqa:** Blue *Sunset: 8:18PM*  
**Nataraja:** White  
Moon – Purple  
**Subha Sivaloka Day**  
**Ashada-Adi**

**1**

**Friday, July 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birming., UK  
Sun 2  
Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Makara Rasi: 28.15 Tithi 18  
494893462 Rahu  
Creative Work Siddha Yoga

**Gulika** 6:08AM – 8:09AM  
Yama 4:14PM – 6:16PM  
Rahu 10:11AM – 12:12PM

**Dhanishtha Until 10:57PM**  
Ayushman Until 11:49PM  
Vanija Until 2:37PM  
Tritiya Until 3:47AM Sat

**Ganesha:** Clear *Sunrise: 4:07AM*  
**Muruqa:** Blue *Sunset: 8:17PM*  
**Nataraja:** White  
Moon – Purple  
**Subha Sivaloka Day**  
**Ashada-Adi**

**2**

**Saturday, July 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturtham Titau

Birming., UK  
Sun 3  
Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Kumbha Rasi: 10.08 Tithi 19  
494893462 Rahu  
Creative Work Amrita Yoga  
Until 1:45AM Sun  
Then Creative Work - Siddha Yoga

**Gulika** 4:08AM – 6:09AM  
Yama 2:13PM – 4:14PM  
Rahu 8:10AM – 10:11AM

**Shatabhishak Until 1:45AM Sun**  
Saubhagya Until 12:48AM Sun  
Bava Until 5:00PM  
Chaturthi\* Until 6:12AM Sun

**Ganesha:** Clear *Sunrise: 4:08AM*  
**Muruqa:** Blue *Sunset: 8:16PM*  
**Nataraja:** White  
Moon – Purple  
**Subha Sivaloka Day**  
**Ashada-Adi**

**3**

**Sunday, July 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK  
Sun 4  
Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Kumbha Rasi: 22 Tithi 19 – 20  
414893462 Rahu  
Creative Work Siddha Yoga

**Gulika** 4:13PM – 6:14PM  
Yama 12:12PM – 2:13PM  
Rahu 6:14PM – 8:14PM

**Purvaproshtapada\* Until 4:53AM Mon**  
Sobhana Until 1:46AM Mon  
Kaulava Until 7:25PM  
Chaturthi\* Until 6:12AM

**Ganesha:** Clear *Sunrise: 4:10AM*  
**Muruqa:** Blue *Sunset: 8:14PM*  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Ashada-Adi**

**4**

**Monday, July 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birming., UK  
Sun 5  
Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Meena Rasi: 3.52 Tithi 20 – 21  
414893462 Rahu  
**Family Home Evening**  
Creative Work Siddha Yoga

**Gulika** 2:12PM – 4:13PM  
Yama 10:12AM – 12:12PM  
Rahu 6:11AM – 8:12AM

**Uttaraproshtapada Until 7:40AM Tue**  
Athiganda\* Until 2:35AM Tue  
Gara Until 9:42PM  
Panchami Until 8:34AM

**Ganesha:** Clear *Sunrise: 4:11AM*  
**Muruqa:** Blue *Sunset: 8:13PM*  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Ashada-Adi**

**5**

**Tuesday, July 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Birming., UK  
Sun 6  
Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Meena Rasi: 15.49 Tithi 21 – 22  
414893462 Rahu  
Creative Work Amrita Yoga  
Until 7:40AM  
Then Creative Work - Siddha Yoga

**Gulika** 12:12PM – 2:12PM  
Yama 8:12AM – 10:12AM  
Rahu 4:12PM – 6:12PM

**Uttaraproshtapada Until 7:40AM**  
Sukarma Until 3:11AM Wed  
Visti Until 11:42PM  
Shashthi\* Until 10:44AM

**Ganesha:** Clear *Sunrise: 4:13AM*  
**Muruqa:** Blue *Sunset: 8:12PM*  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Ashada-Adi**

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birming., UK  
Sun 7  
Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

Meena Rasi: 27.54 Tithi 22 – 23  
414893462 Rahu  
Routine Work Marana Yoga

**Gulika** 10:13AM – 12:12PM  
Yama 6:13AM – 8:13AM  
Rahu 12:12PM – 2:12PM

**Revati Until 9:57AM**  
Dhriti Until 3:26AM Thu  
Balava Until 1:16AM Thu  
Saptami Until 12:32PM

**Ganesha:** Clear *Sunrise: 4:14AM*  
**Muruqa:** Blue *Sunset: 8:10PM*  
**Nataraja:** White  
Moon – Clear  
**Subha Sivaloka Day**  
**Ashada-Adi**

**Thursday, July 25, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK  
Sun 8  
Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami

Mesha Rasi: 10.1 Tithi 23 – 24  
424893462 Rahu  
Creative Work Amrita Yoga  
Until 12:04PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:14AM – 10:13AM  
Yama 4:15AM – 6:15AM  
Rahu 2:11PM – 4:10PM

**Ashvini Until 12:04PM**  
Shula\* Until 3:10AM Fri  
Taitila Until 2:13AM Fri  
Ashtami\* Until 1:48PM

**Ganesha:** White *Sunrise: 4:15AM*  
**Muruqa:** Blue *Sunset: 8:09PM*  
**Nataraja:** White  
Moon – White  
**Subha Subha Sivaloka Day**  
**Ashada-Adi**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Birming., UK Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 22.43	Tithi 24 – 25	<b>Gulika</b> 6:16AM – 8:14AM	<b>Bharani</b> Until 1:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:17AM	Moon 7 - Phase 15	
		Yama 4:10PM – 6:09PM	Ganda* Until 2:22AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:07PM	2nd Phase	
		424893462 <b>Rahu</b> 10:13AM – 12:12PM	Vanija Until 2:27AM Sat	<b>Nataraja:</b> White		Subha Subha Sivaloka Day	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:25PM	<b>Moon –</b> White		<b>Ashada-Adi</b>	

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Birming., UK Sun 10 Sutra 104 Vikarin 5121	
Vrishabha Rasi: 5.37	Tithi 25 – 26	<b>Gulika</b> 4:18AM – 6:17AM	<b>Krittika</b> Until 1:49PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:18AM	Moon 7 - Phase 15	
		Yama 2:11PM – 4:09PM	Vriddhi Until 12:57AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:06PM	2nd Phase	
		424893462 <b>Rahu</b> 8:15AM – 10:14AM	Bava Until 1:55AM Sun	<b>Nataraja:</b> White		Subha Subha Sivaloka Day	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 2:16PM	<b>Moon –</b> White		<b>Ashada-Adi</b>	

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Birming., UK Sun 11 Sutra 105 Vikarin 5121	
Vrishabha Rasi: 18.55	Tithi 26 – 27	<b>Gulika</b> 4:08PM – 6:06PM	<b>Rohini</b> Until 1:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:20AM	Moon 7 - Phase 15	
		Yama 12:12PM – 2:10PM	Dhruva Until 10:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:04PM	2nd Phase	
		434893462 <b>Rahu</b> 6:06PM – 8:04PM	Kaulava Until 12:36AM Mon	<b>Nataraja:</b> White		Subha Sivaloka Day	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:20PM	<b>Moon –</b> Yellow		<b>Ashada-Adi</b>	

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Birming., UK Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 2.39	Tithi 27 – 28	<b>Gulika</b> 2:10PM – 4:07PM	<b>Mrigashira</b> Until 12:51PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:21AM	Moon 7 - Phase 15	
<b>Family Home Evening</b>		Yama 10:14AM – 12:12PM	Vyaghata* Until 8:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:03PM	2nd Phase	
Creative Work	Amrita Yoga	435893462 <b>Rahu</b> 6:19AM – 8:17AM	Gara Until 10:35PM	<b>Nataraja:</b> White		Sivaloka Day	
Until 12:51PM			<b>Dvadashi*</b> Until 11:39AM	<b>Moon –</b> Yellow		<b>Ashada-Adi</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Birming., UK Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 16.5	Tithi 28 – 29	<b>Gulika</b> 12:12PM – 2:09PM	<b>Ardra</b> Until 11:07AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:23AM	Moon 7 - Phase 15	
		Yama 8:17AM – 10:15AM	Harshana Until 5:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:01PM	2nd Phase	
		435893462 <b>Rahu</b> 4:07PM – 6:04PM	Visti Until 7:57PM	<b>Nataraja:</b> White		Sivaloka Day	
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 9:19AM	<b>Moon –</b> Yellow		<b>Ashada-Adi</b>	
Until 11:07AM							
Then Creative Work - Siddha Yoga							

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Birming., UK Sun 14 Sutra 108 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b> 10:15AM – 12:12PM	<b>Punarvasu</b> Until 9:09AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:24AM	Moon 7 - Phase 15	
Kataka Rasi: 1.23	Tithi 29 – 30	Yama 6:21AM – 8:18AM	Vajra* Until 1:33PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:00PM	Amavasya	
		445893462 <b>Rahu</b> 12:12PM – 2:09PM	Naga Until 3:11AM Thu	<b>Nataraja:</b> White		Sivaloka Day	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:27AM	<b>Moon –</b> Blue		<b>Ashada-Adi</b>	

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Birming., UK Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 16.14	Tithi 1	<b>Gulika</b> 8:19AM – 10:15AM	<b>Pushya</b> Until 6:40AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:26AM	Moon 7 - Phase 15	
		Yama 4:26AM – 6:22AM	Siddhi Until 9:43AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:58PM	Prathama	
		445893462 <b>Rahu</b> 2:08PM – 4:05PM	Kintughna Until 1:28PM	<b>Nataraja:</b> White		Sivaloka Day	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 11:41PM	<b>Moon –</b> Blue		<b>Sravana-Adi</b>	
Until 6:40AM							
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvilyayam Titau		Birming., UK Sun 16 Sutra 110 Vikarin 5121
Simha Rasi: 1.16	Tithi 2	<b>Gulika</b> 6:24AM – 8:20AM	<b>Magha* Until 1:13AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:27AM	
		Yama 4:04PM – 6:00PM	Variyan Until 1:43AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:56PM	Moon 7 - Phase 16
		455893462 <b>Rahu</b> 10:16AM – 12:12PM	Balava Until 9:55AM	<b>Nataraja:</b> White		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 8:07PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 1:13AM Sat				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Birming., UK Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 16.19	Tithi 3 – 4	<b>Gulika</b> 4:29AM – 6:25AM	<b>Purvaphalguni Until 10:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	
		Yama 2:07PM – 4:03PM	Parigha* Until 9:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:54PM	Moon 7 - Phase 16
		455893462 <b>Rahu</b> 8:20AM – 10:16AM	Taitila Until 6:22AM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 4:37PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 10:36PM				<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Birming., UK Sun 18 Sutra 112 Vikarin 5121
Kanya Rasi: 1.14	Tithi 4 – 5	<b>Gulika</b> 4:02PM – 5:57PM	<b>Uttaraphalguni Until 8:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:31AM	
		Yama 12:12PM – 2:07PM	Shiva Until 6:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:53PM	Moon 7 - Phase 16
		455993462 <b>Rahu</b> 5:57PM – 7:53PM	Bava Until 11:51PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 1:20PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>
		<b>Nag Panchami</b>		<b>Sravana*Adi</b>		

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Birming., UK Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 15.56	Tithi 5 – 6	<b>Gulika</b> 2:06PM – 4:01PM	<b>Hasta Until 6:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:32AM	
<b>Family Home Evening</b>		Yama 10:17AM – 12:12PM	Siddha Until 2:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:51PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 6:27AM – 8:22AM	Kaulava Until 9:10PM	<b>Nataraja:</b> White		3rd Phase
Until 6:17PM			<b>Panchami Until 10:26AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Sravana*Adi</b>		

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Birming., UK Sun 20 Sutra 114 Vikarin 5121
Tula Rasi: 0.17	Tithi 6 – 7	<b>Gulika</b> 12:11PM – 2:06PM	<b>Chitra Until 4:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:34AM	
		Yama 8:23AM – 10:17AM	Sadhya Until 11:48AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 7 - Phase 16
		465993462 <b>Rahu</b> 4:00PM – 5:55PM	Gara Until 7:02PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:00AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		Birming., UK Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 14.15	Tithi 7 – 8	<b>Gulika</b> 10:17AM – 12:11PM	<b>Svati Until 3:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:35AM	
		Yama 6:29AM – 8:23AM	Subha Until 9:21AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM	Moon 7 - Phase 16
		465993462 <b>Rahu</b> 12:11PM – 2:05PM	Bava Until 4:59AM Thu	<b>Nataraja:</b> White		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 6:10AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Birming., UK Sun 22 Sutra 116 Vikarin 5121
Tula Rasi: 27.5	Tithi 9	<b>Gulika</b> 8:24AM – 10:18AM	<b>Vishakha Until 3:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:37AM	
		Yama 4:37AM – 6:31AM	Sukla Until 7:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 16
		476993462 <b>Rahu</b> 2:05PM – 3:58PM	Balava Until 4:39PM	<b>Nataraja:</b> White		Navami
Creative Work	Siddha Yoga		<b>Navami* Until 4:28AM Fri</b>	Moon – Orange		<b>Sivaloka Day</b>
				<b>Sravana*Adi</b>		

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dashamyam Titau				Birming., UK Sun 23
Wrischika Rasi: 11.02	Tithi 10	<b>Gulika</b> 6:32AM – 8:25AM	<b>Anuradha</b> Until 4:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:39AM		Sutra 117	
		Yama 3:57PM – 5:50PM	Brahma Until 6:02AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:43PM		Vikarin 5121	
		476993462 <b>Rahu</b> 10:18AM – 12:11PM	Taitila Until 4:28PM	<b>Nataraja:</b> White		Moon 7 - Phase 17	4th Phase	
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>		
Until 4:24PM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> Until 4:36AM Sat	<b>Sravana*Adi</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau				Birming., UK Sun 24
Wrischika Rasi: 23.55	Tithi 11	<b>Gulika</b> 4:40AM – 6:33AM	<b>Jyeshtha*</b> Until 5:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:40AM		Vikarin 5121	
		Yama 2:04PM – 3:56PM	Vaidhriti* Until 4:45AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:42PM		Moon 7 - Phase 17	
		476993462 <b>Rahu</b> 8:26AM – 10:18AM	Vanija Until 4:55PM	<b>Nataraja:</b> White		Moon – Orange	4th Phase	
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>		
			<b>Ekadashi</b> Until 5:20AM Sun	<b>Sravana*Adi</b>				

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau				Birming., UK Sun 25
Dhanus Rasi: 6.3	Tithi 12	<b>Gulika</b> 3:55PM – 5:47PM	<b>Mula*</b> Until 7:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:42AM		Vikarin 5121	
		Yama 12:11PM – 2:03PM	Vishkambha* Until 4:46AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:40PM		Moon 7 - Phase 17	
		486993462 <b>Rahu</b> 5:47PM – 7:40PM	Bava Until 5:56PM	<b>Nataraja:</b> White		Moon – Light Blue	4th Phase	
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>		
Until 7:12PM			<b>Dvadashi</b> Until 6:36AM Mon	<b>Sravana*Adi</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Birming., UK Sun 26
Dhanus Rasi: 18.52	Tithi 12 – 13	<b>Gulika</b> 2:02PM – 3:54PM	<b>Purvashadha*</b> Until 9:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM		Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:19AM – 12:11PM	Priti Until 5:07AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:38PM		Moon 7 - Phase 17	
Routine Work	Marana Yoga	486993462 <b>Rahu</b> 6:35AM – 8:27AM	Kaulava Until 7:25PM	<b>Nataraja:</b> White		Moon – Light Blue	4th Phase	
				Moon – Light Blue		<b>Subha Sivaloka Day</b>		
			<b>Dvadashi</b> Until 6:36AM	<b>Sravana*Adi</b>				

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Birming., UK Sun 27
Makara Rasi: 1.02	Tithi 13 – 14	<b>Gulika</b> 12:10PM – 2:02PM	<b>Uttarashadha</b> Until 11:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM		Vikarin 5121	
		Yama 8:28AM – 10:19AM	Ayushman Until 5:42AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:36PM		Moon 7 - Phase 17	
		486993462 <b>Rahu</b> 3:53PM – 5:44PM	Gara Until 9:16PM	<b>Nataraja:</b> White		Moon – Light Blue	4th Phase	
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>		
Until 11:38PM			<b>Trayodashi</b> Until 8:17AM	<b>Sravana*Adi</b>				
Then Creative Work - Siddha Yoga								

<b>○</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Birming., UK Sun 28
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:19AM – 12:10PM	<b>Shravana</b> Until 2:33AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:47AM		Vikarin 5121	
Makara Rasi: 13.05	Tithi 14 – 15	Yama 6:38AM – 8:29AM	Saubhagya Until 6:29AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:34PM		Moon 7 - Phase 17	
		496993462 <b>Rahu</b> 12:10PM – 2:01PM	Visti Until 11:25PM	<b>Nataraja:</b> White		Moon – Purple	Purnima	
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>		
		<b>Raksha Bandhan</b>	<b>Chaturdashi*</b> Until 10:18AM	<b>Sravana*Adi</b>				

<b>○</b>		<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Birming., UK Sun 29
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:29AM – 10:20AM	<b>Dhanishtha</b> Until 5:27AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM		Vikarin 5121	
Makara Rasi: 25.02	Tithi 15 – 16	Yama 4:48AM – 6:39AM	Saubhagya Until 6:29AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:32PM		Moon 7 - Phase 17	
		497993462 <b>Rahu</b> 2:00PM – 3:51PM	Balava Until 1:44AM Fri	<b>Nataraja:</b> White		Moon – Purple	Prathama	
Creative Work	Siddha Yoga			Moon – Purple		<b>Subha Sivaloka Day</b>		
			<b>Purnima*</b> Until 12:32PM	<b>Sravana*Adi</b>				

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Birming., UK  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 6.55    Tilthi 16 – 17

497993462

**Gulika**    6:40AM – 8:30AM  
Yama        3:50PM – 5:40PM  
**Rahu**        10:20AM – 12:10PM

**Shatabhishak Until 8:16AM Sat**  
Sobhana Until 7:24AM  
Taitila Until 4:10AM Sat  
**Prathama\* Until 2:55PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Purple  
**Sravana-Adi**

*Sunrise:* 4:50AM  
*Sunset:* 7:30PM

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 8:16AM Sat

Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birming., UK  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 18.47    Tilthi 17 – 18

497993462

**Gulika**    4:52AM – 6:41AM  
Yama        1:59PM – 3:49PM  
**Rahu**        8:31AM – 10:20AM

**Shatabhishak Until 8:16AM**  
Athiganda\* Until 8:21AM  
Vanija Until 6:35AM Sun  
**Dvitiya Until 5:21PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Purple  
**Sravana-Avani**

*Sunrise:* 4:52AM  
*Sunset:* 7:28PM

**Subha Sivaloka Day**

Creative Work    Amrita Yoga

Until 8:16AM

Then Routine Work - Marana Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birming., UK  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 0.38    Tilthi 18

517993462

**Gulika**    3:47PM – 5:36PM  
Yama        12:09PM – 1:58PM  
**Rahu**        5:36PM – 7:25PM

**Purvaproshtapada\* Until 11:25AM**  
Sukarma Until 9:18AM  
Vanija Until 6:35AM  
**Tritiya Until 7:45PM**

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

*Sunrise:* 4:53AM  
*Sunset:* 7:25PM

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 11:25AM

Then Creative Work - Amrita Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

Birming., UK  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 12.32    Tilthi 19

517993462

**Gulika**    1:58PM – 3:46PM  
Yama        10:21AM – 12:09PM  
**Rahu**        6:44AM – 8:32AM

**Uttaraproshtapada Until 2:16PM**  
Dhriti Until 10:12AM  
Bava Until 8:55AM  
**Chaturthi\* Until 10:00PM**

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

*Sunrise:* 4:55AM  
*Sunset:* 7:23PM

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

Family Home Evening

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 24.31    Tilthi 20

517993462

**Gulika**    12:09PM – 1:57PM  
Yama        8:33AM – 10:21AM  
**Rahu**        3:45PM – 5:33PM

**Revati Until 4:46PM**  
Shula\* Until 10:54AM  
Kaulava Until 11:03AM  
**Panchami Until 11:59PM**

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

*Sunrise:* 4:57AM  
*Sunset:* 7:21PM

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Birming., UK  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 6.35    Tilthi 21

527993462

**Gulika**    10:21AM – 12:09PM  
Yama        6:46AM – 8:34AM  
**Rahu**        12:09PM – 1:56PM

**Ashvini Until 7:14PM**  
Ganda\* Until 11:22AM  
Gara Until 12:52PM  
**Shashthi\* Until 1:35AM Thu**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

*Sunrise:* 4:58AM  
*Sunset:* 7:19PM

**Subha Sivaloka Day**

Routine Work    Marana Yoga

Until 7:14PM

Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

Birming., UK  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 18.5    Tilthi 22

528993462

**Gulika**    8:34AM – 10:21AM  
Yama        5:00AM – 6:47AM  
**Rahu**        1:56PM – 3:43PM

**Bharani Until 9:04PM**  
Vridhhi Until 11:30AM  
Visti Until 2:13PM  
**Saptami Until 2:39AM Fri**

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

*Sunrise:* 5:00AM  
*Sunset:* 7:17PM

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 9:04PM

Then Routine Work - Marana Yoga

**Friday, August 23, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 1.2    Tilthi 23

528993462

**Gulika**    6:48AM – 8:35AM  
Yama        3:41PM – 5:28PM  
**Rahu**        10:22AM – 12:08PM

**Krittika Until 10:07PM**  
Dhruva Until 11:09AM  
Balava Until 2:58PM  
**Ashtami\* Until 3:03AM Sat**

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

*Sunrise:* 5:02AM  
*Sunset:* 7:13PM

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 10:07PM

Then Routine Work - Marana Yoga

**Krishna Janmashtami**

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Birming., UK  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 14.09    Tilthi 24

538993462

**Gulika**    5:03AM – 6:49AM  
Yama        1:54PM – 3:40PM  
**Rahu**        8:36AM – 10:22AM

**Rohini Until 10:45PM**  
Vyaghata\* Until 10:16AM  
Taitila Until 3:00PM  
**Navami\* Until 2:42AM Sun**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Yellow  
**Sravana-Avani**

*Sunrise:* 5:03AM  
*Sunset:* 7:13PM

**Subha Sivaloka Day**

Creative Work    Amrita Yoga

Until 10:45PM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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<b>1</b>		<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam		Birming., UK	
Vrishabha Rasi: 27.21		Tithi 25		Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau		Sun 9 Sutra 133	
538993462		<b>Gulika</b> 3:39PM – 5:25PM	<b>Mrigashira</b> Until 10:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 12:08PM – 1:53PM	Harshana Until 8:46AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:10PM	Moon 8 - Phase 19	
		<b>Rahu</b> 5:25PM – 7:10PM	Vanija Until 2:14PM	<b>Nataraja:</b> White		2nd Phase	
			<b>Dashami</b> Until 1:33AM Mon	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>		<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam		Birming., UK	
Mithuna Rasi: 10.59		Tithi 26		Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10 Sutra 134	
538993462		<b>Gulika</b> 1:53PM – 3:38PM	<b>Ardra</b> Until 9:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM	Vikarin 5121	
Family Home Evening		Yama 10:22AM – 12:07PM	Vajra* Until 6:37AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:08PM	Moon 8 - Phase 19	
Creative Work Siddha Yoga		<b>Rahu</b> 6:52AM – 8:37AM	Bava Until 12:42PM	<b>Nataraja:</b> White		2nd Phase	
Until 9:15PM			<b>Ekadashi*</b> Until 11:38PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>			

<b>3</b>		<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam		Birming., UK	
Mithuna Rasi: 25.06		Tithi 27		Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11 Sutra 135	
548993462		<b>Gulika</b> 12:07PM – 1:52PM	<b>Punarvasu</b> Until 7:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:08AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 8:38AM – 10:22AM	Vyatipata* Until 12:36AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:06PM	Moon 8 - Phase 19	
		<b>Rahu</b> 3:37PM – 5:21PM	Kaulava Until 10:26AM	<b>Nataraja:</b> White		2nd Phase	
			<b>Dvadashi*</b> Until 9:03PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>4</b>		<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam		Birming., UK	
Kataka Rasi: 9.39		Tithi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 136	
549993463		<b>Gulika</b> 10:23AM – 12:07PM	<b>Pushya</b> Until 5:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:10AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 6:54AM – 8:38AM	Variyan Until 8:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 19	
		<b>Rahu</b> 12:07PM – 1:51PM	Gara Until 7:34AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Trayodashi*</b> Until 5:55PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			
				<i>Pradosha Vrata (Fasting)</i>			

		<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam		Birming., UK	
Kataka Rasi: 24.34		Tithi 29 – 30		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 137	
549193463		<b>Gulika</b> 8:39AM – 10:23AM	<b>Ashlesha*</b> Until 2:29PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:12AM	Vikarin 5121	
Creative Work Siddha Yoga		Yama 5:12AM – 6:55AM	Parigha* Until 4:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 19	
Until 2:29PM		<b>Rahu</b> 1:50PM – 3:34PM	Catuspada Until 12:31AM Fri	<b>Nataraja:</b> Clear		Amavasya	
Then Creative Work - Amrita Yoga			<b>Chaturdashi*</b> Until 2:23PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>Friday, August 30, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam		Birming., UK	
Simha Rasi: 9.44		Tithi 30 – 1		Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 138	
559193463		<b>Gulika</b> 6:56AM – 8:40AM	<b>Magha*</b> Until 11:39AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:13AM	Vikarin 5121	
Routine Work Marana Yoga		Yama 3:33PM – 5:16PM	Shiva Until 12:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 19	
Until 11:39AM		<b>Rahu</b> 10:23AM – 12:06PM	Kintughna Until 8:41PM	<b>Nataraja:</b> Clear		Prathama	
Then Creative Work - Siddha Yoga			<b>Amavasya*</b> Until 10:36AM	Moon – Red		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>		<b>Saturday, August 31, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Birming., UK Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 24.59	Tithi 1 – 2	569193463	<b>Gulika</b> Yama <b>Rahu</b>	<b>5:15AM – 6:58AM</b> 1:49PM – 3:31PM <b>8:40AM – 10:23AM</b>	<b>Purvaphalguni Until 8:37AM</b> Siddha Until 8:18AM Kaulava Until 3:00AM Sun <b>Prathama* Until 6:45AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:15AM <b>Sunset:</b> 6:57PM Moon 8 - Phase 20 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:37AM Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, September 1, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau	Birming., UK Sun 16 Sutra 140 Vikarin 5121
Kanya Rasi: 10.1	Tithi 3	569193463	<b>Gulika</b> Yama <b>Rahu</b>	<b>3:30PM – 5:12PM</b> 12:06PM – 1:48PM <b>5:12PM – 6:55PM</b>	<b>Hasta Until 3:06AM Mon</b> Subha Until 12:11AM Mon Taitila Until 1:14PM <b>Tritiya Until 11:31PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:17AM <b>Sunset:</b> 6:55PM Moon 8 - Phase 20 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 3:06AM Mon Then Routine Work - Prabalarishta Yoga							

<b>3</b>		<b>Monday, September 2, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau	Birming., UK Sun 17 Sutra 141 Vikarin 5121
Kanya Rasi: 25.07	Tithi 4	569193463	<b>Gulika</b> Yama <b>Rahu</b>	<b>1:47PM – 3:29PM</b> 10:23AM – 12:05PM <b>7:00AM – 8:42AM</b>	<b>Chitra Until 12:56AM Tue</b> Sukla Until 8:35PM Vanija Until 9:57AM <b>Chaturthi* Until 8:28PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:18AM <b>Sunset:</b> 6:52PM Moon 8 - Phase 20 3rd Phase <b>Sivaloka Day</b>
Family Home Evening Routine Work Prabalarishta Yoga Until 12:56AM Tue Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, September 3, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau	Birming., UK Sun 18 Sutra 142 Vikarin 5121
Tula Rasi: 9.42	Tithi 5	569193463	<b>Gulika</b> Yama <b>Rahu</b>	<b>12:05PM – 1:46PM</b> 8:42AM – 10:24AM <b>3:27PM – 5:09PM</b>	<b>Svati Until 11:15PM</b> Brahma Until 5:28PM Bava Until 7:10AM <b>Panchami Until 6:00PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:20AM <b>Sunset:</b> 6:50PM Moon 8 - Phase 20 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 11:15PM Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, September 4, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Birming., UK Sun 19 Sutra 143 Vikarin 5121
Tula Rasi: 23.5	Tithi 6 – 7	579193463	<b>Gulika</b> Yama <b>Rahu</b>	<b>10:24AM – 12:05PM</b> 7:02AM – 8:43AM <b>12:05PM – 1:45PM</b>	<b>Vishakha Until 10:35PM</b> Indra Until 2:57PM Gara Until 3:41AM Thu <b>Shashthi* Until 4:14PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:21AM <b>Sunset:</b> 6:48PM Moon 8 - Phase 20 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>6</b>		<b>Thursday, September 5, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Birming., UK Sun 20 Sutra 144 Vikarin 5121
Vrischika Rasi: 7.29	Tithi 7 – 8	571193463	<b>Gulika</b> Yama <b>Rahu</b>	<b>8:44AM – 10:24AM</b> 5:23AM – 7:03AM <b>1:45PM – 3:25PM</b>	<b>Anuradha Until 10:35PM</b> Vaidhriti* Until 1:04PM Visti Until 3:08AM Fri <b>Saptami Until 3:17PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:23AM <b>Sunset:</b> 6:45PM Moon 8 - Phase 20 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 10:35PM Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, September 6, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Birming., UK Sun 21 Sutra 145 Vikarin 5121
Vrischika Rasi: 20.41	Tithi 8 – 9	571193463	<b>Gulika</b> Yama <b>Rahu</b>	<b>7:05AM – 8:44AM</b> 3:24PM – 5:03PM <b>10:24AM – 12:04PM</b>	<b>Jyeshtha* Until 11:13PM</b> Vishkambha* Until 11:50AM Balava Until 3:25AM Sat <b>Ashtami* Until 3:10PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:25AM <b>Sunset:</b> 6:43PM Moon 8 - Phase 20 Ashtami <b>Sivaloka Day</b>
Routine Work Marana Yoga Until 11:13PM Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, September 7, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Birming., UK Sun 22 Sutra 146 Vikarin 5121
Dhanus Rasi: 3.29	Tithi 9 – 10	581193463	<b>Gulika</b> Yama <b>Rahu</b>	<b>5:26AM – 7:06AM</b> 1:43PM – 3:22PM <b>8:45AM – 10:24AM</b>	<b>Mula* Until 12:56AM Sun</b> Priti Until 11:15AM Taitila Until 4:27AM Sun <b>Navami* Until 3:49PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Light Blue	<b>Sunrise:</b> 5:26AM <b>Sunset:</b> 6:41PM Moon 8 - Phase 20 Navami <b>Devaloka Day</b>
Creative Work Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Birming., UK Sun 23 Sutra 147 Vikarin 5121
Dhanus Rasi: 15.56	Tithi 10 – 11	<b>Gulika</b> 3:21PM – 5:00PM	<b>Purvashadha* Until 3:05AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:28AM	
		Yama 12:03PM – 1:42PM	Ayushman Until 11:11AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:38PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 5:00PM – 6:38PM	Vanija Until 6:05AM Mon	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue	<b>Devaloka Day</b>
Until 3:05AM Mon		<b>Grandparent's Day</b>	<b>Dashami Until 5:10PM</b>	<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

<b>2 Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Birming., UK Sun 24 Sutra 148 Vikarin 5121
Dhanus Rasi: 28.08	Tithi 11	<b>Gulika</b> 1:41PM – 3:20PM	<b>Uttarashadha Until 5:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:30AM	
<b>Family Home Evening</b>		Yama 10:25AM – 12:03PM	Saubhagya Until 11:34AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:36PM	Moon 8 - Phase 21
Routine Work	Marana Yoga	<b>Rahu</b> 7:08AM – 8:46AM	Vanija Until 6:05AM	<b>Nataraja:</b> Clear	4th Phase
Until 5:30AM Tue			<b>Ekadashi Until 7:03PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>	

<b>3 Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Birming., UK Sun 25 Sutra 149 Vikarin 5121
Makara Rasi: 10.09	Tithi 12	<b>Gulika</b> 12:03PM – 1:40PM	<b>Shravana Until 8:32AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:31AM	
		Yama 8:47AM – 10:25AM	Sobhana Until 12:16PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:34PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 3:18PM – 4:56PM	Bava Until 8:09AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 9:16PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 8:32AM Wed				<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga					

<b>4 Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Birming., UK Sun 26 Sutra 150 Vikarin 5121
Makara Rasi: 22.04	Tithi 13	<b>Gulika</b> 10:25AM – 12:02PM	<b>Shravana Until 8:32AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:33AM	
		Yama 7:10AM – 8:48AM	Athiganda* Until 1:07PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:31PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 12:02PM – 1:40PM	Kaulava Until 10:29AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 11:41PM</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 8:32AM		<b>Avani Avittam</b>		<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

<b>5 Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Birming., UK Sun 27 Sutra 151 Vikarin 5121
Kumbha Rasi: 3.56	Tithi 14	<b>Gulika</b> 8:48AM – 10:25AM	<b>Dhanishtha Until 11:31AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:35AM	
		Yama 5:35AM – 7:11AM	Sukarma Until 2:04PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:29PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 1:39PM – 3:15PM	Gara Until 12:57PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:09AM Fri</b>	Moon – Purple	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>	

<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Birming., UK Sutra 152 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:13AM – 8:49AM	<b>Shatabhishak Until 2:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:36AM	
Kumbha Rasi: 15.47	Tithi 15	Yama 3:14PM – 4:50PM	Dhriti Until 3:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:27PM	Moon 8 - Phase 21
	591113463	<b>Rahu</b> 10:25AM – 12:02PM	Visti Until 3:24PM	<b>Nataraja:</b> Clear	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 4:36AM Sat</b>	Moon – Purple	<b>Sivaloka Day</b>
				<b>Bhadrapada-Avani</b>	

<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Raitau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau			Birming., UK Sutra 153 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:38AM – 7:14AM	<b>Purvaprosarthapada* Until 5:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:38AM	
Kumbha Rasi: 27.4	Tithi 16	Yama 1:37PM – 3:13PM	Shula* Until 3:53PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
	511113463	<b>Rahu</b> 8:50AM – 10:25AM	Balava Until 5:48PM	<b>Nataraja:</b> Clear	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 6:55AM Sun</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 5:25PM				<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda \*Vridhdi Yoga Kaulava/Taitilla Karana Prathama/Dvitiyayam Titau

Birming., UK

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 9.34 Tithi 16 - 17

512113463

**Gulika** 3:11PM - 4:47PM  
**Yama** 12:01PM - 1:36PM  
**Rahu** 4:47PM - 6:22PM

**Uttaraproshtapada** Until 8:13PM  
**Ganda\*** Until 4:40PM  
**Taitilla** Until 8:03PM  
**Prathama\*** Until 6:55AM

**Ganesha:** Yellow *Sunrise:* 5:40AM  
**Muruqa:** Purple *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon - Clear  
**Bhadrapada-Avani**

**Sivaloka Day**

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vridhdi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birming., UK

Sun 1 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 21.33 Tithi 17 - 18

512113463

**Gulika** 1:35PM - 3:10PM  
**Yama** 10:26AM - 12:00PM  
**Rahu** 7:16AM - 8:51AM

**Revati** Until 10:39PM  
**Vridhdi** Until 5:20PM  
**Vanija** Until 10:06PM  
**Dvitiya** Until 9:05AM

**Ganesha:** Yellow *Sunrise:* 5:41AM  
**Muruqa:** Purple *Sunset:* 6:20PM  
**Nataraja:** Clear  
Moon - Clear  
**Bhadrapada-Avani**

**Sivaloka Day**

Creative Work Siddha Yoga

Family Home Evening

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata \*Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Birming., UK

Sun 2 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 3.37 Tithi 18 - 19

522113463

**Gulika** 12:00PM - 1:34PM  
**Yama** 8:51AM - 10:26AM  
**Rahu** 3:09PM - 4:43PM

**Ashvini** Until 1:11AM Wed  
**Dhruva** Until 5:46PM  
**Bava** Until 11:55PM  
**Tritiya** Until 11:02AM

**Ganesha:** White *Sunrise:* 5:43AM  
**Muruqa:** Purple *Sunset:* 6:17PM  
**Nataraja:** Clear  
Moon - White  
**Bhadrapada-Puratasi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK

Sun 3 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 15.47 Tithi 19 - 20

522113463

**Gulika** 10:26AM - 12:00PM  
**Yama** 7:18AM - 8:52AM  
**Rahu** 12:00PM - 1:34PM

**Bharani** Until 3:13AM Thu  
**Vyaghata\*** Until 5:59PM  
**Kaulava** Until 1:23AM Thu  
**Chaturthi\*** Until 12:41PM

**Ganesha:** White *Sunrise:* 5:45AM  
**Muruqa:** Purple *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon - White  
**Bhadrapada-Puratasi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:13AM Thu

Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra \*Yoga Taitilla/Gara Karana Panchami/Shashthyam Titau

Birming., UK

Sun 4 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 28.05 Tithi 20 - 21

522113463

**Gulika** 8:53AM - 10:26AM  
**Yama** 5:46AM - 7:20AM  
**Rahu** 1:33PM - 3:06PM

**Krittika** Until 4:39AM Fri  
**Harshana** Until 5:55PM  
**Gara** Until 2:26AM Fri  
**Panchami** Until 1:57PM

**Ganesha:** White *Sunrise:* 5:46AM  
**Muruqa:** Purple *Sunset:* 6:13PM  
**Nataraja:** Clear  
Moon - White  
**Bhadrapada-Puratasi**

**Devaloka Day**

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Birming., UK

Sun 5 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 10.37 Tithi 21 - 22

532113463

**Gulika** 7:21AM - 8:53AM  
**Yama** 3:05PM - 4:37PM  
**Rahu** 10:26AM - 11:59AM

**Rohini** Until 5:52AM Sat  
**Vajra\*** Until 5:24PM  
**Visti** Until 2:55AM Sat  
**Shashthi\*** Until 2:44PM

**Ganesha:** Clear *Sunrise:* 5:48AM  
**Muruqa:** Purple *Sunset:* 6:10PM  
**Nataraja:** Clear  
Moon - Yellow  
**Bhadrapada-Puratasi**

**Sivaloka Day**

Routine Work Marana Yoga

Until 5:52AM Sat

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata \*Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birming., UK

Sun 6 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 23.23 Tithi 22 - 23

532113463

**Gulika** 5:50AM - 7:22AM  
**Yama** 1:31PM - 3:03PM  
**Rahu** 8:54AM - 10:26AM

**Mrigashira** Until 6:17AM Sun  
**Siddhi** Until 4:26PM  
**Balava** Until 2:45AM Sun  
**Saptami** Until 2:54PM

**Ganesha:** Clear *Sunrise:* 5:50AM  
**Muruqa:** Purple *Sunset:* 6:08PM  
**Nataraja:** Clear  
Moon - Yellow  
**Bhadrapada-Puratasi**

**Sivaloka Day**

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitilla Karana Ashtami/Navamyam Titau

Birming., UK

Sun 7 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 6.3 Tithi 23 - 24

532213463

**Gulika** 3:02PM - 4:34PM  
**Yama** 11:58AM - 1:30PM  
**Rahu** 4:34PM - 6:05PM

**Mrigashira** Until 6:17AM  
**Vyatipata\*** Until 2:55PM  
**Taitilla** Until 1:52AM Mon  
**Ashtami\*** Until 2:23PM

**Ganesha:** Orange *Sunrise:* 5:51AM  
**Muruqa:** Purple *Sunset:* 6:05PM  
**Nataraja:** Clear  
Moon - Yellow  
**Bhadrapada-Puratasi**

**Sivaloka Day**

Creative Work Siddha Yoga

<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau		Birming., UK Sun 8 Sutra 162 Vikarin 5121
<b>1</b>	Mithuna Rasi: 19.59 Family Home Evening Creative Work Amrita Yoga Until 4:59AM Tue Then Creative Work - Siddha Yoga	Tithi 24 – 25 532213463	<b>Gulika</b> 1:29PM – 3:00PM Yama 10:27AM – 11:58AM <b>Rahu</b> 7:24AM – 8:55AM	<b>Punarvasu Until 4:59AM Tue</b> Variyan Until 12:48PM Vanija Until 12:16AM Tue Navami* Until 1:08PM
			<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow	<i>Sunrise:</i> 5:53AM <i>Sunset:</i> 6:03PM <b>Sivaloka Day</b>

<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Birming., UK Sun 9 Sutra 163 Vikarin 5121
<b>2</b>	Kataka Rasi: 3.55 Creative Work Siddha Yoga	Tithi 25 – 26 542213463	<b>Gulika</b> 11:58AM – 1:28PM Yama 8:56AM – 10:27AM <b>Rahu</b> 2:59PM – 4:30PM	<b>Pushya Until 3:18AM Wed</b> Parigha* Until 10:08AM Bava Until 9:59PM Dashami Until 11:11AM
			<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue	<i>Sunrise:</i> 5:55AM <i>Sunset:</i> 6:01PM <b>Devaloka Day</b>

<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Birming., UK Sun 10 Sutra 164 Vikarin 5121
<b>3</b>	Kataka Rasi: 18.17 Creative Work Siddha Yoga Until 12:57AM Thu Then Creative Work - Amrita Yoga	Tithi 26 – 27 542213463	<b>Gulika</b> 10:27AM – 11:57AM Yama 7:26AM – 8:57AM <b>Rahu</b> 11:57AM – 1:28PM	<b>Ashlesha* Until 12:57AM Thu</b> Shiva Until 6:56AM Kaulava Until 7:07PM Ekadashi* Until 8:36AM
			<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue	<i>Sunrise:</i> 5:56AM <i>Sunset:</i> 5:58PM <b>Devaloka Day</b>

<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Birming., UK Sun 11 Sutra 165 Vikarin 5121
<b>4</b>	Simha Rasi: 3.02 Creative Work Amrita Yoga Until 10:26PM Then Creative Work - Siddha Yoga	Tithi 28 552213463	<b>Gulika</b> 8:57AM – 10:27AM Yama 5:58AM – 7:28AM <b>Rahu</b> 1:27PM – 2:56PM	<b>Magha* Until 10:26PM</b> Sadhya Until 11:18PM Gara Until 3:47PM Trayodashi* Until 1:59AM Fri
			<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 5:58AM <i>Sunset:</i> 5:56PM <b>Devaloka Day</b>

*Pradosha Vrata (Fasting)*

<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Birming., UK Sun 12 Sutra 166 Vikarin 5121
<b>5</b>	Simha Rasi: 18.05 Creative Work Siddha Yoga	Tithi 29 552213463	<b>Gulika</b> 7:29AM – 8:58AM Yama 2:55PM – 4:24PM <b>Rahu</b> 10:27AM – 11:57AM	<b>Purvaphalguni Until 7:31PM</b> Subha Until 7:07PM Visti Until 12:09PM Chaturdashi* Until 10:15PM
			<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 6:00AM <i>Sunset:</i> 5:54PM <b>Devaloka Day</b>

<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Birming., UK Sun 13 Sutra 167 Vikarin 5121
<b>Retreat Star</b>	Kanya Rasi: 3.18 Routine Work Marana Yoga	Tithi 30 652213463	<b>Gulika</b> 6:01AM – 7:30AM Yama 1:25PM – 2:54PM <b>Rahu</b> 8:59AM – 10:27AM	<b>Uttaraphalguni Until 4:24PM</b> Sukla Until 2:51PM Catuspada Until 8:22AM Amavasya* Until 6:28PM
			<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 6:01AM <i>Sunset:</i> 5:51PM <b>Devaloka Day</b>

Mahalaya Amavasai (Tamil Nadu)

<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Birming., UK Sun 14 Sutra 168 Vikarin 5121
<b>Retreat Star</b>	Kanya Rasi: 18.31 Creative Work Amrita Yoga Until 1:39PM Then Creative Work - Siddha Yoga	Tithi 1 – 2 663213463	<b>Gulika</b> 2:52PM – 4:21PM Yama 11:56AM – 1:24PM <b>Rahu</b> 4:21PM – 5:49PM	<b>Hasta Until 1:39PM</b> Brahma Until 10:39AM Balava Until 1:04AM Mon Prathama* Until 2:47PM
			<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 5:49PM <b>Devaloka Day</b>

Navaratri Begins

Ashvina-Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Birming., UK Sun 15 Sutra 169 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:23PM – 2:51PM	<b>Chitra</b> <b>Until 11:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:05AM	
Tula Rasi: 3.32	Tithi 2 – 3	Yama 10:28AM – 11:56AM	Indra Until 6:41AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:47PM	Moon 9 - Phase 24
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:32AM – 9:00AM	Taitila Until 9:54PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Dvitiya</b> <b>Until 11:24AM</b>	Moon – Green	<b>Devaloka Day</b>
Until 11:02AM				<b>Ashvina+Puratasi</b>	
Then Creative Work - Amrita Yoga					

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Birming., UK Sun 16 Sutra 170 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:55AM – 1:22PM	<b>Svati</b> <b>Until 8:45AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:06AM	
Tula Rasi: 18.14	Tithi 3 – 4	Yama 9:01AM – 10:28AM	Vishkambha* Until 11:54PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:44PM	Moon 9 - Phase 24
663213463		<b>Rahu</b> 2:50PM – 4:17PM	Vanija Until 7:17PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Tritiya</b> <b>Until 8:30AM</b>	Moon – Green	<b>Devaloka Day</b>
Until 8:45AM				<b>Ashvina+Puratasi</b>	
Then Routine Work - Marana Yoga					

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau			Birming., UK Sun 17 Sutra 171 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:28AM – 11:55AM	<b>Vishakha</b> <b>Until 7:23AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:08AM	
Vrischika Rasi: 2.31	Tithi 4 – 5	Yama 7:35AM – 9:01AM	Priti Until 9:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM	Moon 9 - Phase 24
673213463		<b>Rahu</b> 11:55AM – 1:22PM	Balava Until 4:42AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi</b> <b>Until 6:13AM</b>	Moon – Orange	<b>Devaloka Day</b>
				<b>Ashvina+Puratasi</b>	

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau			Birming., UK Sun 18 Sutra 172 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:02AM – 10:28AM	<b>Anuradha</b> <b>Until 6:38AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:10AM	
Vrischika Rasi: 16.17	Tithi 6	Yama 6:10AM – 7:36AM	Ayushman Until 7:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM	Moon 9 - Phase 24
673213463		<b>Rahu</b> 1:21PM – 2:47PM	Kaulava Until 4:17PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Shashthi</b> <b>Until 4:03AM Fri</b>	Moon – Orange	<b>Devaloka Day</b>
Until 6:38AM				<b>Ashvina+Puratasi</b>	
Then Routine Work - Prabalarishta Yoga					

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau			Birming., UK Sun 19 Sutra 173 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:37AM – 9:03AM	<b>Jyeshtha*</b> <b>Until 6:36AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:11AM	
Vrischika Rasi: 29.34	Tithi 7	Yama 2:46PM – 4:11PM	Saubhagya Until 6:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 24
673213463		<b>Rahu</b> 10:29AM – 11:54AM	Gara Until 4:06PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Saptami</b> <b>Until 4:19AM Sat</b>	Moon – Orange	<b>Devaloka Day</b>
Until 6:36AM				<b>Ashvina+Puratasi</b>	
Then Creative Work - Amrita Yoga					

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Birming., UK Sun 20 Sutra 174 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 6:13AM – 7:38AM	<b>Mula*</b> <b>Until 7:45AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:13AM	
Dhanus Rasi: 12.24	Tithi 8	Yama 1:19PM – 2:44PM	Sobhana Until 5:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:35PM	Moon 9 - Phase 24
683213463		<b>Rahu</b> 9:04AM – 10:29AM	Visti Until 4:47PM	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga			<b>Ashtami*</b> <b>Until 5:24AM Sun</b>	Moon – Light Blue	<b>Sivaloka Day</b>
		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>	

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava Karana Navamyam Titau			Birming., UK Sun 21 Sutra 175 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:43PM – 4:08PM	<b>Purvashadha*</b> <b>Until 9:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:15AM	
Dhanus Rasi: 24.51	Tithi 9	Yama 11:54AM – 1:18PM	Athiganda* Until 5:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:33PM	Moon 9 - Phase 24
683213463		<b>Rahu</b> 4:08PM – 5:33PM	Balava Until 6:14PM	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga			<b>Navami*</b> <b>Until 7:11AM Mon</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Until 9:32AM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Puratasi</b>	
Then Creative Work - Amrita Yoga					

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Birming., UK Sun 22 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:18PM – 2:42PM	<b>Uttarashadha</b> Until 11:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	
Makara Rasi: 7.01	Tithi 9 – 10	Yama 10:29AM – 11:53AM	Sukarma Until 6:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:41AM – 9:05AM	Taitila Until 8:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		<b>Sivaloka Day</b>
Until 11:46AM			<b>Navami*</b> Until 7:11AM	<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Birming., UK Sun 23 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:53AM – 1:17PM	<b>Shravana</b> Until 2:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:18AM	
Makara Rasi: 18.59	Tithi 10 – 11	Yama 9:06AM – 10:29AM	Dhriti Until 7:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 2:41PM – 4:04PM	Vanija Until 10:40PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>	<b>Dashami</b> Until 9:25AM	<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Birming., UK Sun 24 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:30AM – 11:53AM	<b>Dhanishtha</b> Until 5:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM	
Kumbha Rasi: 0.51	Tithi 11 – 12	Yama 7:43AM – 9:06AM	Shula* Until 8:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 11:53AM – 1:16PM	Bava Until 1:13AM Thu	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Purple		<b>Sivaloka Day</b>
Until 5:46PM			<b>Ekadashi</b> Until 11:55AM	<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Birming., UK Sun 25 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:07AM – 10:30AM	<b>Shatabhishak</b> Until 8:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	
Kumbha Rasi: 12.41	Tithi 12 – 13	Yama 6:22AM – 7:44AM	Ganda* Until 9:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 1:15PM – 2:38PM	Kaulava Until 3:43AM Fri	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>
		<b>Kadaitswami Mahasamadhi</b>	<b>Dvadashi</b> Until 2:27PM	<b>Ashvina+Puratasi</b>		
			<i>Pradosha Vrata</i>			

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Birming., UK Sun 26 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:46AM – 9:08AM	<b>Purvaproshtapada*</b> Until 11:40PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:23AM	
Kumbha Rasi: 24.33	Tithi 13 – 14	Yama 2:37PM – 3:59PM	Vriddhi Until 10:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	613213464	<b>Rahu</b> 10:30AM – 11:52AM	Gara Until 6:04AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>	<b>Trayodashi</b> Until 4:53PM	<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Birming., UK Sun 27 Sutra 181 Vikarin 5121
<b>6</b>		<b>Gulika</b> 6:25AM – 7:47AM	<b>Uttaraproshtapada</b> Until 2:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:25AM	
Meena Rasi: 6.28	Tithi 14	Yama 1:14PM – 2:36PM	Dhruva Until 10:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	613213464	<b>Rahu</b> 9:09AM – 10:30AM	Gara Until 6:04AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Clear		<b>Sivaloka Day</b>
Until 2:21AM Sun			<b>Chaturdashi*</b> Until 7:08PM	<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Birming., UK Sutra 182 Vikarin 5121
<b>○</b>		<b>Gulika</b> 2:34PM – 3:56PM	<b>Revati</b> Until 4:38AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	
Meena Rasi: 18.29	Tithi 15	Yama 11:52AM – 1:13PM	Vyaghata* Until 11:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 25
<b>Copper Retreat Star</b>	614213464	<b>Rahu</b> 3:56PM – 5:17PM	Visti Until 8:11AM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Amrita Yoga			Moon – Clear		<b>Subha Sivaloka Day</b>
Until 4:38AM Mon			<b>Purnima*</b> Until 9:07PM	<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Monday, October 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Birming., UK Sutra 183 Vikarin 5121
<b>○</b>		<b>Gulika</b> 1:12PM – 2:33PM	<b>Ashvini</b> Until 6:57AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM	
Mesha Rasi: 1	Tithi 16	Yama 10:31AM – 11:52AM	Harshana Until 11:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 25
<b>Silver Retreat Star</b>	624213464	<b>Rahu</b> 7:49AM – 9:10AM	Balava Until 10:02AM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga			Moon – White		<b>Subha Subha Sivaloka Day</b>
			<b>Prathama*</b> Until 10:50PM	<b>Ashvina+Puratasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Birming., UK  
Sun 1  
Sutra 184

Mesha Rasi: 12.5      Tithi 17

624213464

**Gulika** 11:51AM – 1:12PM  
Yama 9:11AM – 10:31AM  
**Rahu** 2:32PM – 3:52PM

**Ashvini Until 6:57AM**  
Vajra\* Until 11:25PM  
Taitila Until 11:35AM

**Ganesha:** White      *Sunrise:* 6:30AM  
**Muruqa:** Purple      *Sunset:* 5:12PM

Moon 10 - Phase 26  
1st Phase

Creative Work      Siddha Yoga

**Dvitiya Until 12:13AM Wed**

Moon – White      **Subha Subha Sivaloka Day**  
**Ashvina+Puratasi**

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birming., UK  
Sun 2  
Sutra 185

Mesha Rasi: 25.13      Tithi 18

624213464

**Gulika** 10:31AM – 11:51AM  
Yama 7:52AM – 9:12AM  
**Rahu** 11:51AM – 1:11PM

**Bharani Until 8:48AM**  
Siddhi Until 11:11PM  
Vanija Until 12:49PM

**Ganesha:** White      *Sunrise:* 6:32AM  
**Muruqa:** Purple      *Sunset:* 5:10PM

Moon 10 - Phase 26  
1st Phase

Creative Work      Siddha Yoga

**Tritiya Until 1:17AM Thu**

Moon – White      **Subha Subha Sivaloka Day**  
**Ashvina+Puratasi**

Until 8:48AM  
Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Birming., UK  
Sun 3  
Sutra 186

Vrishabha Rasi: 7.43      Tithi 19

624313464

**Gulika** 9:12AM – 10:32AM  
Yama 6:34AM – 7:53AM  
**Rahu** 1:10PM – 2:29PM

**Krittika Until 10:09AM**  
Vyatipata\* Until 10:40PM  
Bava Until 1:42PM

**Ganesha:** Yellow      *Sunrise:* 6:34AM  
**Muruqa:** Purple      *Sunset:* 5:08PM

Moon 10 - Phase 26  
1st Phase

Routine Work      Marana Yoga

**Chaturthi\* Until 1:58AM Fri**

Moon – White      **Subha Sivaloka Day**  
**Ashvina+Aipasi**

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK  
Sun 4  
Sutra 187

Vrishabha Rasi: 20.25      Tithi 20

634313464

**Gulika** 7:54AM – 9:13AM  
Yama 2:28PM – 3:47PM  
**Rahu** 10:32AM – 11:51AM

**Rohini Until 11:27AM**  
Variyan Until 9:49PM  
Kaulava Until 2:11PM

**Ganesha:** White      *Sunrise:* 6:36AM  
**Muruqa:** Purple      *Sunset:* 5:06PM

Moon 10 - Phase 26  
1st Phase

Routine Work      Marana Yoga

**Panchami Until 2:14AM Sat**

Moon – Yellow      **Sivaloka Day**  
**Ashvina+Aipasi**

Until 11:27AM  
Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Birming., UK  
Sun 5  
Sutra 188

Mithuna Rasi: 3.19      Tithi 21

634313464

**Gulika** 6:37AM – 7:56AM  
Yama 1:09PM – 2:27PM  
**Rahu** 9:14AM – 10:32AM

**Mrigashira Until 12:09PM**  
Parigha\* Until 8:36PM  
Gara Until 2:13PM

**Ganesha:** White      *Sunrise:* 6:37AM  
**Muruqa:** Purple      *Sunset:* 5:04PM

Moon 10 - Phase 26  
1st Phase

Creative Work      Siddha Yoga

**Shashthi\* Until 2:01AM Sun**

Moon – Yellow      **Sivaloka Day**  
**Ashvina+Aipasi**

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Birming., UK  
Sun 6  
Sutra 189

Mithuna Rasi: 16.28      Tithi 22

634313464

**Gulika** 2:26PM – 3:44PM  
Yama 11:50AM – 1:08PM  
**Rahu** 3:44PM – 5:01PM

**Ardra Until 12:12PM**  
Shiva Until 6:59PM  
Visti\* Until 1:44PM

**Ganesha:** White      *Sunrise:* 6:39AM  
**Muruqa:** Purple      *Sunset:* 5:01PM

Moon 10 - Phase 26  
1st Phase

Creative Work      Siddha Yoga

**Saptami Until 1:15AM Mon**

Moon – Yellow      **Sivaloka Day**  
**Ashvina+Aipasi**

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK  
Sun 7  
Sutra 190

Mithuna Rasi: 29.54      Tithi 23

644313464

**Gulika** 1:07PM – 2:25PM  
Yama 10:33AM – 11:50AM  
**Rahu** 7:58AM – 9:16AM

**Punarvasu Until 12:01PM**  
Siddha Until 4:54PM  
Balava Until 12:41PM

**Ganesha:** Clear      *Sunrise:* 6:41AM  
**Muruqa:** Purple      *Sunset:* 4:59PM

Moon 10 - Phase 26  
Ashtami

**Family Home Evening**  
Creative Work      Amrita Yoga

**Ashtami\* Until 11:56PM**

Moon – Blue      **Subha Sivaloka Day**  
**Ashvina+Aipasi**

Until 12:01PM  
Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Birming., UK  
Sun 8  
Sutra 191

Kataka Rasi: 13.41      Tithi 24

644313464

**Gulika** 11:50AM – 1:07PM  
Yama 9:16AM – 10:33AM  
**Rahu** 2:24PM – 3:40PM

**Pushya Until 11:07AM**  
Sadhya Until 2:21PM  
Taitila Until 11:04AM

**Ganesha:** Clear      *Sunrise:* 6:43AM  
**Muruqa:** Purple      *Sunset:* 4:57PM

Moon 10 - Phase 26  
Navami

Creative Work      Siddha Yoga

**Navami\* Until 10:02PM**

Moon – Blue      **Subha Sivaloka Day**  
**Ashvina+Aipasi**

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Dashamyam Titau		Birming., UK Sun 9 Sutra 192 Vikarin 5121	
Kataka Rasi: 27.48	Tithi 25	<b>Gulika</b> 10:34AM – 11:50AM	<b>Ashlesha* Until 9:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:45AM	Moon 10 - Phase 27	
		Yama 8:01AM – 9:17AM	Subha Until 11:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM	2nd Phase	
Creative Work	Siddha Yoga	644313464 <b>Rahu</b> 11:50AM – 1:06PM	Vanija Until 8:55AM	<b>Nataraja:</b> Purple		<b>Subha Sivaloka Day</b>	
			<b>Dashami Until 7:38PM</b>	Moon – Blue		<b>Ashvina•Aipasi</b>	

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Birming., UK Sun 10 Sutra 193 Vikarin 5121	
Simha Rasi: 12.16	Tithi 26 – 27	<b>Gulika</b> 9:18AM – 10:34AM	<b>Magha* Until 7:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM	Moon 10 - Phase 27	
		Yama 6:46AM – 8:02AM	Sukla Until 8:02AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM	2nd Phase	
Creative Work	Amrita Yoga	654313464 <b>Rahu</b> 1:06PM – 2:21PM	Bava Until 6:16AM	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Until 7:45AM			<b>Ekadashi* Until 4:47PM</b>	Moon – Red		<b>Ashvina•Aipasi</b>	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Birming., UK Sun 11 Sutra 194 Vikarin 5121	
Simha Rasi: 26.59	Tithi 27 – 28	<b>Gulika</b> 8:04AM – 9:19AM	<b>Uttaraphalguni Until 2:48AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM	Moon 10 - Phase 27	
		Yama 2:20PM – 3:36PM	Indra Until 12:31AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM	2nd Phase	
Creative Work	Siddha Yoga	655313464 <b>Rahu</b> 10:34AM – 11:50AM	Gara Until 11:59PM	<b>Nataraja:</b> Purple		<b>Subha Sivaloka Day</b>	
Until 2:48AM Sat			<b>Dvadashi* Until 1:38PM</b>	Moon – Red		<b>Ashvina•Aipasi</b>	
Then Routine Work - Marana Yoga						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau		Birming., UK Sun 12 Sutra 195 Vikarin 5121	
Kanya Rasi: 11.54	Tithi 28 – 29	<b>Gulika</b> 6:50AM – 8:05AM	<b>Hasta Until 12:19AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:50AM	Moon 10 - Phase 27	
		Yama 1:04PM – 2:19PM	Vaidhriti* Until 8:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:49PM	2nd Phase	
Routine Work	Marana Yoga	665313464 <b>Rahu</b> 9:20AM – 10:35AM	Visti Until 8:37PM	<b>Nataraja:</b> Purple		<b>Subha Sivaloka Day</b>	
Until 12:19AM Sun			<b>Trayodashi* Until 10:17AM</b>	Moon – Green		<b>Ashvina•Aipasi</b>	
Then Creative Work - Siddha Yoga		<b>Deepavali Hindu Solidarity Day</b>					

<b>Retreat Star</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Birming., UK Sun 13 Sutra 196 Vikarin 5121	
Kanya Rasi: 26.51	Tithi 29 – 30	<b>Gulika</b> 2:18PM – 3:33PM	<b>Chitra Until 9:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:52AM	Moon 10 - Phase 27	
		Yama 11:49AM – 1:04PM	Vishkambha* Until 4:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Amavasya	
Creative Work	Siddha Yoga	665313464 <b>Rahu</b> 3:33PM – 4:47PM	Naga Until 3:42AM Mon	<b>Nataraja:</b> Purple		<b>Subha Sivaloka Day</b>	
			<b>Chaturdashi* Until 6:55AM</b>	Moon – Green		<b>Ashvina•Aipasi</b>	
		<b>Subramuniyaswami Mahasamadhi</b>					

<b>Retreat Star</b>		<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Birming., UK Sun 14 Sutra 197 Vikarin 5121	
Tula Rasi: 11.43	Tithi 1	<b>Gulika</b> 1:03PM – 2:17PM	<b>Svati Until 7:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:54AM	Moon 10 - Phase 27	
<b>Family Home Evening</b>		Yama 10:35AM – 11:49AM	Priti Until 12:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Prathama	
Creative Work	Amrita Yoga	665313464 <b>Rahu</b> 8:08AM – 9:22AM	Kintughna Until 2:12PM	<b>Nataraja:</b> Purple		<b>Subha Sivaloka Day</b>	
Until 7:24PM			<b>Prathama* Until 12:47AM Tue</b>	Moon – Green		<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga		<b>Skanda Shasthi Begins</b>					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Birming., UK Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 26.19	Tithi 2	<b>Gulika</b> 11:49AM – 1:03PM	<b>Vishakha</b> Until 5:42PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:55AM	
		Yama 9:22AM – 10:36AM	Ayushman Until 9:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 2:16PM – 3:30PM	Balava Until 11:31AM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 10:21PM	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 5:42PM				<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Birming., UK Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 10.34	Tithi 3	<b>Gulika</b> 10:36AM – 11:49AM	<b>Anuradha</b> Until 4:29PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:57AM	
		Yama 8:10AM – 9:23AM	Saubhagya Until 6:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 11:49AM – 1:02PM	Taitila Until 9:22AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 8:33PM	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Birming., UK Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 24.22	Tithi 4	<b>Gulika</b> 9:24AM – 10:37AM	<b>Jyeshtha*</b> Until 3:51PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:59AM	
		Yama 6:59AM – 8:12AM	Athiganda* Until 2:24AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 28
		675313464 <b>Rahu</b> 1:02PM – 2:14PM	Vanija Until 7:57AM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 7:31PM	Moon – Orange		<b>Subha Sivaloka Day</b>
Until 3:51PM				<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Birming., UK Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 7.43	Tithi 5	<b>Gulika</b> 8:13AM – 9:25AM	<b>Mula*</b> Until 4:20PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:01AM	
		Yama 2:13PM – 3:25PM	Sukarma Until 1:18AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 10:37AM – 11:49AM	Bava Until 7:21AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 7:21PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 4:20PM				<b>Kartika•Aipasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Birming., UK Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 20.37	Tithi 6	<b>Gulika</b> 7:03AM – 8:14AM	<b>Purvashadha*</b> Until 5:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:03AM	
		Yama 1:01PM – 2:12PM	Dhriti Until 12:53AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 9:26AM – 10:38AM	Kaulava Until 7:37AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 8:02PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 5:31PM		<b>Skanda Shasthi</b>		<b>Kartika•Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Birming., UK Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 3.07	Tithi 7	<b>Gulika</b> 2:11PM – 3:23PM	<b>Uttarashadha</b> Until 7:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:05AM	
		Yama 11:49AM – 1:00PM	Shula* Until 12:59AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 28
		685313464 <b>Rahu</b> 3:23PM – 4:34PM	Gara Until 8:42AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 9:30PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Birming., UK Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 15.2	Tithi 8	<b>Gulika</b> 1:00PM – 2:11PM	<b>Shravana</b> Until 9:57PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:06AM	
<b>Family Home Evening</b>		Yama 10:38AM – 11:49AM	Ganda* Until 1:32AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 <b>Rahu</b> 8:17AM – 9:28AM	Visti Until 10:29AM	<b>Nataraja:</b> Purple		Ashtami
Until 9:57PM			<b>Ashtami*</b> Until 11:33PM	Moon – Purple		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Kartika•Aipasi</b>		

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Birming., UK Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 27.2	Tithi 9	<b>Gulika</b> 11:49AM – 12:59PM	<b>Dhanishtha</b> Until 12:49AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:08AM	
		Yama 9:29AM – 10:39AM	Vriddhi Until 2:21AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 28
		696313464 <b>Rahu</b> 2:10PM – 3:20PM	Balava Until 12:45PM	<b>Nataraja:</b> Purple		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 1:58AM Wed	Moon – Purple		<b>Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam				Birming., UK
			Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 206
	Kumbha Rasi: 9.13	Tithi 10	<b>Gulika</b> 10:39AM – 11:49AM	<b>Shatabhishak</b> Until 3:39AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:10AM	Vikarin 5121
	696313464	<b>Rahu</b> 11:49AM – 12:59PM	Yama 8:20AM – 9:30AM	Dhruva Until 3:14AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:28PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Taitila Until 3:16PM	<b>Nataraja:</b> Purple		4th Phase	
			<b>Dashami</b> Until 4:31AM Thu	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Kartika</b> •Aipasi			

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam				Birming., UK
			Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 207
	Kumbha Rasi: 21.04	Tithi 11	<b>Gulika</b> 9:31AM – 10:40AM	<b>Purvaproshtapada*</b> Until 6:44AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:12AM	Vikarin 5121
	716313464	<b>Rahu</b> 12:59PM – 2:08PM	Yama 7:12AM – 8:21AM	Vyaghata* Until 4:04AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:27PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Vanija Until 5:47PM	<b>Nataraja:</b> Purple		4th Phase	
			<b>Ekadashi</b> Until 6:58AM Fri	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika</b> •Aipasi			

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam				Birming., UK
			Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 208
	Meena Rasi: 2.58	Tithi 11 – 12	<b>Gulika</b> 8:23AM – 9:31AM	<b>Purvaproshtapada*</b> Until 6:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:14AM	Vikarin 5121
	716313464	<b>Rahu</b> 10:40AM – 11:49AM	Yama 2:07PM – 3:16PM	Harshana Until 4:44AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:25PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Bava Until 8:08PM	<b>Nataraja:</b> Purple		4th Phase	
			<b>Ekadashi</b> Until 6:58AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika</b> •Aipasi			

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam				Birming., UK
			Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 209
	Meena Rasi: 14.56	Tithi 12 – 13	<b>Gulika</b> 7:15AM – 8:24AM	<b>Uttaraproshtapada</b> Until 9:25AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:15AM	Vikarin 5121
	716313464	<b>Rahu</b> 9:32AM – 10:41AM	Yama 12:58PM – 2:06PM	Vajra* Until 5:08AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:23PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Kaulava Until 10:12PM	<b>Nataraja:</b> Purple		4th Phase	
Until 9:25AM			<b>Dvadashi</b> Until 9:11AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Kartika</b> •Aipasi			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam				Birming., UK
			Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 210
	Meena Rasi: 27.03	Tithi 13 – 14	<b>Gulika</b> 2:06PM – 3:14PM	<b>Revati</b> Until 11:37AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:17AM	Vikarin 5121
	716313464	<b>Rahu</b> 3:14PM – 4:22PM	Yama 11:49AM – 12:58PM	Siddhi Until 5:15AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:22PM	Moon 10 - Phase 29
Creative Work	Amrita Yoga		Gara Until 11:52PM	<b>Nataraja:</b> Purple		4th Phase	
Until 11:37AM			<b>Trayodashi</b> Until 11:03AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Kartika</b> •Aipasi			

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam				Birming., UK
			Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 211
	Mesha Rasi: 9.19	Tithi 14 – 15	<b>Gulika</b> 12:57PM – 2:05PM	<b>Ashvini</b> Until 1:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM	Vikarin 5121
	727313464	<b>Rahu</b> 8:27AM – 9:34AM	Yama 10:42AM – 11:50AM	Vyatipata* Until 5:03AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:20PM	Moon 10 - Phase 29
Family Home Evening			Visti Until 1:07AM Tue	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:32PM	Moon – White		<b>Subha Sivaloka Day</b>	
				<b>Kartika</b> •Aipasi			

<b>0</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam				Birming., UK
			Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 212
	Mesha Rasi: 21.46	Tithi 15 – 16	<b>Gulika</b> 11:50AM – 12:57PM	<b>Bharani</b> Until 3:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:21AM	Vikarin 5121
	727413464	<b>Rahu</b> 2:04PM – 3:11PM	Yama 9:35AM – 10:43AM	Variyan Until 4:30AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:19PM	Moon 10 - Phase 29
Creative Work	Siddha Yoga		Balava Until 1:57AM Wed	<b>Nataraja:</b> Purple		Prathama	
			<b>Purnima*</b> Until 1:34PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Kartika</b> •Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Birming., UK

Sutra 213

Vikarin 5121

Wrishabha Rasi: 4.25 Tithi 16 – 17

727413464

Gulika

10:43AM – 11:50AM

Krittika Until 4:19PM

Ganesha: White

Sunrise: 7:23AM

Yama

8:29AM – 9:36AM

Parigha\* Until 3:39AM Thu

Muruqa: Purple

Sunset: 4:17PM

Moon 11 - Phase 30

Creative Work Amrita Yoga

Until 4:19PM

Then Creative Work - Siddha Yoga

Prathama\* Until 2:11PM

Kartika-Aipasi

Sivaloka Day

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birming., UK

Sun 1

Sutra 214

Vikarin 5121

Wrishabha Rasi: 17.14 Tithi 17 – 18

737413464

Gulika

9:37AM – 10:44AM

Rohini Until 5:14PM

Ganesha: Clear

Sunrise: 7:24AM

Yama

7:24AM – 8:31AM

Shiva Until 2:31AM Fri

Muruqa: Purple

Sunset: 4:16PM

Moon 11 - Phase 30

Routine Work Marana Yoga

Vanija Until 2:23AM Fri

Nataraja: Purple

Subha Sivaloka Day

Dvitiya Until 2:24PM

Kartika-Aipasi

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Birming., UK

Sun 2

Sutra 215

Vikarin 5121

Mithuna Rasi: 0.16 Tithi 18 – 19

737413464

Gulika

8:32AM – 9:38AM

Mrigashira Until 5:38PM

Ganesha: Clear

Sunrise: 7:26AM

Yama

2:02PM – 3:08PM

Siddha Until 1:03AM Sat

Muruqa: Purple

Sunset: 4:14PM

Moon 11 - Phase 30

Creative Work Siddha Yoga

Bava Until 2:02AM Sat

Nataraja: Purple

Subha Sivaloka Day

Tritiya Until 2:14PM

Kartika-Aipasi

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK

Sun 3

Sutra 216

Vikarin 5121

Mithuna Rasi: 13.29 Tithi 19 – 20

737413464

Gulika

7:28AM – 8:34AM

Ardra Until 5:32PM

Ganesha: Clear

Sunrise: 7:28AM

Yama

12:56PM – 2:02PM

Sadhya Until 11:19PM

Muruqa: Purple

Sunset: 4:13PM

Moon 11 - Phase 30

Creative Work Siddha Yoga

Kaulava Until 1:20AM Sun

Nataraja: Purple

Subha Sivaloka Day

Chaturthi\* Until 1:42PM

Kartika-Kartikai

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birming., UK

Sun 4

Sutra 217

Vikarin 5121

Mithuna Rasi: 26.53 Tithi 20 – 21

747413465

Gulika

2:01PM – 3:06PM

Punarvasu Until 5:24PM

Ganesha: Purple

Sunrise: 7:30AM

Yama

11:51AM – 12:56PM

Subha Until 9:20PM

Muruqa: Purple

Sunset: 4:11PM

Moon 11 - Phase 30

Creative Work Siddha Yoga

Gara Until 12:17AM Mon

Nataraja: Clear

Devaloka Day

Panchami Until 12:50PM

Kartika-Kartikai

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Birming., UK

Sun 5

Sutra 218

Vikarin 5121

Kataka Rasi: 10.29 Tithi 21 – 22

748413465

Gulika

12:56PM – 2:00PM

Pushya Until 4:46PM

Ganesha: Clear

Sunrise: 7:32AM

Yama

10:46AM – 11:51AM

Sukla Until 7:03PM

Muruqa: Purple

Sunset: 4:10PM

Moon 11 - Phase 30

Family Home Evening

Rahu

8:36AM – 9:41AM

Visti Until 10:53PM

Nataraja: Clear

Sivaloka Day

Shashthi\* Until 11:37AM

Kartika-Kartikai

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamy/Ashlamyayam Titau

Birming., UK

Sun 6

Sutra 219

Vikarin 5121

Kataka Rasi: 24.17 Tithi 22 – 23

748413465

Gulika

11:51AM – 12:55PM

Ashlesha\* Until 3:40PM

Ganesha: Clear

Sunrise: 7:33AM

Yama

9:42AM – 10:47AM

Brahma Until 4:31PM

Muruqa: Purple

Sunset: 4:09PM

Moon 11 - Phase 30

Creative Work Siddha Yoga

Balava Until 9:10PM

Nataraja: Clear

Sivaloka Day

Saptami Until 10:03AM

Kartika-Kartikai

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK

Sun 7

Sutra 220

Vikarin 5121

Simha Rasi: 8.17 Tithi 23 – 24

758413465

Gulika

10:47AM – 11:51AM

Magha\* Until 2:32PM

Ganesha: White

Sunrise: 7:35AM

Yama

8:39AM – 9:43AM

Indra Until 1:44PM

Muruqa: Purple

Sunset: 4:08PM

Moon 11 - Phase 30

Creative Work Siddha Yoga

Rahu

11:51AM – 12:55PM

Taitila Until 7:08PM

Nataraja: Clear

Subha Sivaloka Day

Ashtami\* Until 8:10AM

Kartika-Kartikai

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Birming., UK
Simha Rasi: 22.29	Tithi 25	<b>Gulika</b>	<b>9:44AM – 10:48AM</b>	<b>Purvaphalguni Until 12:59PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 7:37AM</i>	Sun 8	Sutra 221
		Yama	7:37AM – 8:40AM	Vaidhrili* Until 10:42AM	<b>Muruqa: Purple</b>	<i>Sunset: 4:06PM</i>		Vikarin 5121
		758413465 <b>Rahu</b>	<b>12:55PM – 1:59PM</b>	Visti Until 4:49PM	<b>Nataraja: Clear</b>			Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Dashami Until 3:33AM Fri</b>	<b>Moon – Red</b>			2nd Phase
					<b>Karttika-Karttikai</b>			<b>Subha Sivaloka Day</b>

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prili Yoga Bava/Balava Karana Ekadashyam Titau				Birming., UK
Kanya Rasi: 6.52	Tithi 26	<b>Gulika</b>	<b>8:42AM – 9:45AM</b>	<b>Uttaraphalguni Until 11:03AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 7:38AM</i>	Sun 9	Sutra 222
		Yama	1:58PM – 3:02PM	Vishkambha* Until 7:29AM	<b>Muruqa: Purple</b>	<i>Sunset: 4:05PM</i>		Vikarin 5121
		758413465 <b>Rahu</b>	<b>10:48AM – 11:52AM</b>	Bava Until 2:17PM	<b>Nataraja: Clear</b>			Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Ekadashi* Until 12:57AM Sat</b>	<b>Moon – Red</b>			2nd Phase
Until 11:03AM					<b>Karttika-Karttikai</b>			<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau				Birming., UK
Kanya Rasi: 21.2	Tithi 27	<b>Gulika</b>	<b>7:40AM – 8:43AM</b>	<b>Hasta Until 9:16AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 7:40AM</i>	Sun 10	Sutra 223
		Yama	12:55PM – 1:58PM	Ayushman Until 12:45AM Sun	<b>Muruqa: Purple</b>	<i>Sunset: 4:04PM</i>		Vikarin 5121
		768413465 <b>Rahu</b>	<b>9:46AM – 10:49AM</b>	Kaulava Until 11:39AM	<b>Nataraja: Clear</b>			Moon 11 - Phase 31
Routine Work	Marana Yoga			<b>Dvadashi* Until 10:17PM</b>	<b>Moon – Green</b>			2nd Phase
					<b>Karttika-Karttikai</b>			<b>Sivaloka Day</b>

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Birming., UK
Tula Rasi: 5.51	Tithi 28	<b>Gulika</b>	<b>1:58PM – 3:00PM</b>	<b>Chitra Until 7:20AM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 7:42AM</i>	Sun 11	Sutra 224
		Yama	11:52AM – 12:55PM	Saubhagya Until 9:25PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:03PM</i>		Vikarin 5121
		769413465 <b>Rahu</b>	<b>3:00PM – 4:03PM</b>	Gara Until 8:59AM	<b>Nataraja: Clear</b>			Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Trayodashi* Until 7:40PM</b>	<b>Moon – Green</b>			2nd Phase
					<b>Karttika-Karttikai</b>			<b>Devaloka Day</b>
					<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Birming., UK
Tula Rasi: 20.17	Tithi 29 – 30	<b>Gulika</b>	<b>12:55PM – 1:57PM</b>	<b>Vishakha Until 3:54AM Tue</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 7:43AM</i>	Sun 12	Sutra 225
<b>Family Home Evening</b>		Yama	10:50AM – 11:53AM	Sobhana Until 6:15PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:02PM</i>		Vikarin 5121
		779413465 <b>Rahu</b>	<b>8:46AM – 9:48AM</b>	Visti Until 6:26AM	<b>Nataraja: Clear</b>			Moon 11 - Phase 31
Routine Work	Marana Yoga			<b>Chaturdashi* Until 5:14PM</b>	<b>Moon – Orange</b>			2nd Phase
Until 3:54AM Tue					<b>Karttika-Karttikai</b>			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga								

		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Birming., UK
<b>Retreat Star</b>		<b>Gulika</b>	<b>11:53AM – 12:55PM</b>	<b>Anuradha Until 2:42AM Wed</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 7:45AM</i>	Sun 13	Sutra 226
Vrischika Rasi: 4.34	Tithi 30 – 1	Yama	9:49AM – 10:51AM	Athiganda* Until 3:20PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:01PM</i>		Vikarin 5121
		779413465 <b>Rahu</b>	<b>1:57PM – 2:59PM</b>	Kintughna Until 2:16AM Wed	<b>Nataraja: Clear</b>			Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Amavasya* Until 3:08PM</b>	<b>Moon – Orange</b>			Amavasya
					<b>Karttika-Karttikai</b>			<b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Birming., UK
Vrischika Rasi: 18.34	Tithi 1 – 2	<b>Gulika</b>	<b>10:52AM – 11:53AM</b>	<b>Jyeshtha* Until 1:53AM Thu</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 7:46AM</i>	Sun 14	Sutra 227
		Yama	8:48AM – 9:50AM	Sukarma Until 12:49PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:00PM</i>		Vikarin 5121
		779413465 <b>Rahu</b>	<b>11:53AM – 12:55PM</b>	Balava Until 12:55AM Thu	<b>Nataraja: Clear</b>			Moon 11 - Phase 31
Creative Work	Siddha Yoga			<b>Prathama* Until 1:30PM</b>	<b>Moon – Orange</b>			Prathama
					<b>Margasira-Karttikai</b>			<b>Devaloka Day</b>

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Birming., UK Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 2.13	Tithi 2 – 3	<b>Gulika</b> 9:51AM – 10:52AM	<b>Mula* Until 2:02AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:48AM	
		<b>Yama</b> 7:48AM – 8:49AM	<b>Dhriti Until 10:47AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:59PM	Moon 11 - Phase 32
		<b>Rahu</b> 12:55PM – 1:56PM	<b>Taitila Until 12:15AM Fri</b>	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 12:29PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>
Until 2:02AM Fri				<b>Margasira•Karttikai</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Birming., UK Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 15.29	Tithi 3 – 4	<b>Gulika</b> 8:51AM – 9:52AM	<b>Purvashadha* Until 2:45AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:49AM	
		<b>Yama</b> 1:56PM – 2:57PM	<b>Shula* Until 9:16AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:58PM	Moon 11 - Phase 32
		<b>Rahu</b> 10:53AM – 11:54AM	<b>Vanija Until 12:19AM Sat</b>	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 12:10PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>
Until 2:45AM Sat				<b>Margasira•Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Birming., UK Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 28.23	Tithi 4 – 5	<b>Gulika</b> 7:51AM – 8:52AM	<b>Uttarashadha Until 4:01AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:51AM	
		<b>Yama</b> 12:55PM – 1:56PM	<b>Ganda* Until 8:21AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:58PM	Moon 11 - Phase 32
		<b>Rahu</b> 9:53AM – 10:53AM	<b>Bava Until 1:08AM Sun</b>	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 12:37PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>
Until 4:01AM Sun				<b>Margasira•Karttikai</b>		
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Birming., UK Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 10.55	Tithi 5 – 6	<b>Gulika</b> 1:56PM – 2:56PM	<b>Shravana Until 6:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:52AM	
		<b>Yama</b> 11:55AM – 12:55PM	<b>Vridhi Until 8:01AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:57PM	Moon 11 - Phase 32
		<b>Rahu</b> 2:56PM – 3:57PM	<b>Kaulava Until 2:39AM Mon</b>	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 1:47PM</b>	<b>Moon – Purple</b>		<b>Sivaloka Day</b>
Until 6:16AM Mon				<b>Margasira•Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Birming., UK Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 23.11	Tithi 6 – 7	<b>Gulika</b> 12:55PM – 1:56PM	<b>Shravana Until 6:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:54AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:55AM – 11:55AM	<b>Dhruva Until 8:09AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:56PM	Moon 11 - Phase 32
		<b>Rahu</b> 8:54AM – 9:54AM	<b>Gara Until 4:42AM Tue</b>	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 3:35PM</b>	<b>Moon – Purple</b>		<b>Sivaloka Day</b>
Until 6:16AM				<b>Margasira•Karttikai</b>		
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Birming., UK Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 5.14	Tithi 7 – 8	<b>Gulika</b> 11:55AM – 12:56PM	<b>Dhanishtha Until 8:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:55AM	
		<b>Yama</b> 9:55AM – 10:55AM	<b>Vyaghata* Until 8:41AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:56PM	Moon 11 - Phase 32
		<b>Rahu</b> 1:56PM – 2:56PM	<b>Visti Until 7:05AM Wed</b>	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:51PM</b>	<b>Moon – Purple</b>		<b>Sivaloka Day</b>
Until 8:51AM				<b>Margasira•Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		Birming., UK Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 17.1	Tithi 8	<b>Gulika</b> 10:56AM – 11:56AM	<b>Shatabhishak Until 11:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:57AM	
		<b>Yama</b> 8:56AM – 9:56AM	<b>Harshana Until 9:27AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:55PM	Moon 11 - Phase 32
		<b>Rahu</b> 11:56AM – 12:56PM	<b>Visti Until 7:05AM</b>	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:19PM</b>	<b>Moon – Purple</b>		<b>Sivaloka Day</b>
Until 11:33AM				<b>Margasira•Karttikai</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi* Yoga Balava/Kaulava Karana Navamyam Titau		Birming., UK Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 29.02	Tithi 9	<b>Gulika</b> 9:57AM – 10:57AM	<b>Purvaproshtapada* Until 2:39PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:58AM	
		<b>Yama</b> 7:58AM – 8:58AM	<b>Vajra* Until 10:15AM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:55PM	Moon 11 - Phase 32
		<b>Rahu</b> 12:56PM – 1:55PM	<b>Balava Until 9:36AM</b>	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Navami* Until 10:48PM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>
				<b>Margasira•Karttikai</b>		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Birming., UK
Meena Rasi: 10.56	Tithi 10	711413465	<b>Gulika</b> 8:59AM – 9:58AM <b>Yama</b> 1:55PM – 2:55PM <b>Rahu</b> 10:57AM – 11:57AM	<b>Uttaraproshtapada</b> Until 5:27PM Siddhi Until 10:59AM Taitila Until 12:00PM <b>Dashami</b> Until 1:05AM Sat	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:59AM <b>Sunset:</b> 3:54PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai

<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatiyata*/Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Birming., UK
Meena Rasi: 22.57	Tithi 11	711513465	<b>Gulika</b> 8:01AM – 9:00AM <b>Yama</b> 12:56PM – 1:56PM <b>Rahu</b> 9:59AM – 10:58AM	<b>Revati</b> Until 7:46PM Vyatiyata* Until 11:31AM Vanija Until 2:07PM <b>Ekadashi</b> Until 2:59AM Sun	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 8:01AM <b>Sunset:</b> 3:54PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga							<b>Subha Sivaloka Day</b> Margasira-Karttikai
Until 7:46PM								
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Birming., UK
Mesha Rasi: 5.07	Tithi 12	721513465	<b>Gulika</b> 1:56PM – 2:55PM <b>Yama</b> 11:58AM – 12:57PM <b>Rahu</b> 2:55PM – 3:54PM	<b>Ashvini</b> Until 9:59PM Varyan Until 11:43AM Bava Until 3:47PM <b>Dvodashi</b> Until 4:24AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 8:02AM <b>Sunset:</b> 3:54PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai
Until 9:59PM								
Then Routine Work - Prabalarishta Yoga								

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Birming., UK
Mesha Rasi: 17.29	Tithi 13	721513465	<b>Gulika</b> 12:57PM – 1:56PM <b>Yama</b> 10:59AM – 11:58AM <b>Rahu</b> 9:02AM – 10:00AM	<b>Bharani</b> Until 11:30PM Parigha* Until 11:31AM Kaulava Until 4:55PM <b>Trayodashi</b> Until 5:15AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 8:03AM <b>Sunset:</b> 3:53PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai
Until 11:30PM								
Then Routine Work - Marana Yoga								<i>Pradosha Vrata</i>

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Birming., UK
Vrishabha Rasi: 0.06	Tithi 14	721513465	<b>Gulika</b> 11:59AM – 12:57PM <b>Yama</b> 10:01AM – 11:00AM <b>Rahu</b> 1:56PM – 2:54PM	<b>Krittika</b> Until 12:18AM Wed Shiva Until 10:54AM Gara Until 5:29PM <b>Chaturdashi*</b> Until 5:31AM Wed	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 8:04AM <b>Sunset:</b> 3:53PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai

		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Birming., UK
Vrishabha Rasi: 12.59	Tithi 15	731523465	<b>Gulika</b> 11:01AM – 11:59AM <b>Yama</b> 9:04AM – 10:02AM <b>Rahu</b> 11:59AM – 12:57PM	<b>Rohini</b> Until 12:52AM Thu Siddha Until 9:49AM Visti Until 5:28PM <b>Purnima*</b> Until 5:14AM Thu	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 8:05AM <b>Sunset:</b> 3:53PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Creative Work	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai
Until 12:52AM Thu								
Then Routine Work - Marana Yoga								

<b>Thursday, December 12, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Birming., UK
Vrishabha Rasi: 26.1	Tithi 16	732523465	<b>Gulika</b> 10:03AM – 11:01AM <b>Yama</b> 8:06AM – 9:04AM <b>Rahu</b> 12:58PM – 1:56PM	<b>Mrigashira</b> Until 12:48AM Fri Sadhya Until 8:20AM Balava Until 4:55PM <b>Prathama*</b> Until 4:27AM Fri	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 8:06AM <b>Sunset:</b> 3:53PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work	Marana Yoga							<b>Devaloka Day</b> Margasira-Karttikai
Until 12:48AM Fri								
Then Creative Work - Siddha Yoga								<b>Vinayaga Viratam Begins</b>

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Birming., UK

Sutra 243

Vikarin 5121

Mithuna Rasi: 9.35 Tithi 17

732523465

**Gulika** 9:05AM – 10:04AM  
Yama 1:56PM – 2:55PM  
**Rahu** 11:02AM – 12:00PM

**Ardra Until 12:09AM Sat**  
Subha Until 6:28AM  
Taitila Until 3:56PM  
**Dvitiya Until 3:16AM Sat**

**Ganesha:** Clear *Sunrise:* 8:07AM

**Muruqa:** Clear *Sunset:* 3:53PM

**Nataraja:** Clear

Moon – Yellow

Moon 12 - Phase 34

1st Phase

**Devaloka Day**

**Margasira-Karttikai**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Birming., UK

Sutra 244

Vikarin 5121

Mithuna Rasi: 23.15 Tithi 18

742523465

**Gulika** 8:08AM – 9:06AM  
Yama 12:59PM – 1:57PM  
**Rahu** 10:04AM – 11:02AM

**Punarvasu Until 11:29PM**  
Brahma Until 1:49AM Sun  
Vanija Until 2:34PM  
**Tritiya Until 1:45AM Sun**

**Ganesha:** Purple *Sunrise:* 8:08AM

**Muruqa:** Clear *Sunset:* 3:53PM

**Nataraja:** Clear

Moon – Blue

Moon 12 - Phase 34

1st Phase

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Birming., UK

Sutra 245

Vikarin 5121

Kataka Rasi: 7.06 Tithi 19

742523465

**Gulika** 1:57PM – 2:55PM  
Yama 12:01PM – 12:59PM  
**Rahu** 2:55PM – 3:53PM

**Pushya Until 10:25PM**  
Indra Until 11:11PM  
Bava Until 12:55PM  
**Chaturthi\* Until 12:00AM Mon**

**Ganesha:** Purple *Sunrise:* 8:09AM

**Muruqa:** Clear *Sunset:* 3:53PM

**Nataraja:** Clear

Moon – Blue

Moon 12 - Phase 34

1st Phase

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK

Sutra 246

Vikarin 5121

Kataka Rasi: 21.05 Tithi 20

742523465

**Gulika** 12:59PM – 1:57PM  
Yama 11:04AM – 12:01PM  
**Rahu** 9:08AM – 10:06AM

**Ashlesha\* Until 9:02PM**  
Vaidhriti\* Until 8:24PM  
Kaulava Until 11:04AM  
**Panchami Until 10:04PM**

**Ganesha:** Purple *Sunrise:* 8:10AM

**Muruqa:** Clear *Sunset:* 3:53PM

**Nataraja:** Clear

Moon – Blue

Moon 12 - Phase 34

1st Phase

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 9:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shashthayam Titau

Birming., UK

Sutra 247

Vikarin 5121

Simha Rasi: 5.1 Tithi 21

852523465

**Gulika** 12:02PM – 1:00PM  
Yama 10:06AM – 11:04AM  
**Rahu** 1:58PM – 2:55PM

**Magha\* Until 7:50PM**  
Vishkambha\* Until 5:33PM  
Gara Until 9:06AM  
**Shashthi\* Until 8:03PM**

**Ganesha:** Purple *Sunrise:* 8:11AM

**Muruqa:** Clear *Sunset:* 3:53PM

**Nataraja:** Clear

Moon – Red

Moon 12 - Phase 34

1st Phase

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Birming., UK

Sutra 248

Vikarin 5121

Simha Rasi: 19.19 Tithi 22 – 23

852523465

**Gulika** 11:05AM – 12:02PM  
Yama 9:09AM – 10:07AM  
**Rahu** 12:02PM – 1:00PM

**Purvaphalguni Until 6:27PM**  
Priti Until 2:40PM  
Visti Until 7:02AM  
**Saptami Until 5:59PM**

**Ganesha:** Purple *Sunrise:* 8:11AM

**Muruqa:** Clear *Sunset:* 3:54PM

**Nataraja:** Clear

Moon – Red

Moon 12 - Phase 34

1st Phase

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK

Sutra 249

Vikarin 5121

Kanya Rasi: 3.28 Tithi 23 – 24

852523465

**Gulika** 10:07AM – 11:05AM  
Yama 8:12AM – 9:10AM  
**Rahu** 1:01PM – 1:58PM

**Uttaraphalguni Until 4:55PM**  
Ayushman Until 11:44AM  
Taitila Until 2:53AM Fri  
**Ashtami\* Until 3:54PM**

**Ganesha:** Purple *Sunrise:* 8:12AM

**Muruqa:** Clear *Sunset:* 3:54PM

**Nataraja:** Clear

Moon – Red

Moon 12 - Phase 34

Ashtami

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Until 4:55PM

Then Routine Work - Marana Yoga

Amrita Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Birming., UK

Sutra 250

Vikarin 5121

Kanya Rasi: 17.37 Tithi 24 – 25

862523465

**Gulika** 9:10AM – 10:08AM  
Yama 1:59PM – 2:57PM  
**Rahu** 11:06AM – 12:03PM

**Hasta Until 3:41PM**  
Saubhagya Until 8:50AM  
Vanija Until 12:51AM Sat  
**Navami\* Until 1:50PM**

**Ganesha:** Clear *Sunrise:* 8:13AM

**Muruqa:** Clear *Sunset:* 3:54PM

**Nataraja:** Clear

Moon – Green

Moon 12 - Phase 34

Navami

**Devaloka Day**

**Margasira-Markali**

Creative Work Amrita Yoga

Until 3:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Birming., UK Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 1.44	Tithi 25 – 26	862523465	<b>Gulika</b> 8:13AM – 9:11AM <b>Yama</b> 1:02PM – 1:59PM <b>Rahu</b> 10:09AM – 11:06AM	<b>Chitra</b> Until 2:22PM Athiganda* Until 6:00AM Bava Until 10:54PM Dashami Until 11:51AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:13AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:55PM <b>Nataraja:</b> Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 2:22PM					
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Birming., UK Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 15.47	Tithi 26 – 27	862523465	<b>Gulika</b> 2:00PM – 2:58PM <b>Yama</b> 12:04PM – 1:02PM <b>Rahu</b> 2:58PM – 3:55PM	<b>Svati</b> Until 1:03PM Sukarma Until 12:33AM Mon Kaulava Until 9:07PM Ekadashi* Until 9:58AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:14AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:55PM <b>Nataraja:</b> Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 1:03PM					
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Birming., UK Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 29.44	Tithi 27 – 28	872523465	<b>Gulika</b> 1:03PM – 2:00PM <b>Yama</b> 11:07AM – 12:05PM <b>Rahu</b> 9:12AM – 10:10AM	<b>Vishakha</b> Until 12:13PM Dhriti Until 10:07PM Gara Until 7:34PM Dvadashi* Until 8:17AM	<b>Ganesha:</b> White <i>Sunrise:</i> 8:14AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:56PM <b>Nataraja:</b> Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:13PM					
Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Birming., UK Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 13.31	Tithi 28 – 29	872523465	<b>Gulika</b> 12:06PM – 1:03PM <b>Yama</b> 10:10AM – 11:08AM <b>Rahu</b> 2:01PM – 2:59PM	<b>Anuradha</b> Until 11:31AM Shula* Until 7:54PM Visti Until 6:19PM Trayodashi* Until 6:52AM	<b>Ganesha:</b> White <i>Sunrise:</i> 8:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:56PM <b>Nataraja:</b> Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 11:31AM					
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Birming., UK Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 27.05	Tithi 30	872523465	<b>Gulika</b> 11:08AM – 12:06PM <b>Yama</b> 9:13AM – 10:11AM <b>Rahu</b> 12:06PM – 1:04PM	<b>Jyeshtha*</b> Until 11:02AM Ganda* Until 6:02PM Catuspada Until 5:29PM Amavasya* Until 5:14AM Thu	<b>Ganesha:</b> White <i>Sunrise:</i> 8:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:57PM <b>Nataraja:</b> Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 11:02AM					
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau	Birming., UK Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 10.25	Tithi 1	883523466	<b>Gulika</b> 10:11AM – 11:09AM <b>Yama</b> 8:15AM – 9:13AM <b>Rahu</b> 1:04PM – 2:02PM	<b>Mula*</b> Until 11:19AM Vriddhi Until 4:34PM Kintughna Until 5:09PM Prathama* Until 5:10AM Fri	<b>Ganesha:</b> Orange <i>Sunrise:</i> 8:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 3:58PM <b>Nataraja:</b> Orange Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Pausha*Markali	Devaloka Day

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvilyayam Titau				Birming., UK Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 23.27	Tithi 2	<b>Gulika</b> 9:13AM – 10:11AM	<b>Purvashadha* Until 11:59AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:16AM			
		Yama 2:03PM – 3:01PM	Dhruva Until 3:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:59PM			Moon 12 - Phase 36
		883523466 <b>Rahu</b> 11:09AM – 12:07PM	Balava Until 5:22PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Prabalarishta Yoga		<b>Dvitiya Until 5:42AM Sat</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 11:59AM				<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila Karana Tritiyayam Titau				Birming., UK Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 6.12	Tithi 3	<b>Gulika</b> 8:16AM – 9:14AM	<b>Uttarashadha Until 1:04PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:16AM			
		Yama 1:06PM – 2:03PM	Vyaghata* Until 2:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:59PM			Moon 12 - Phase 36
		883523466 <b>Rahu</b> 10:12AM – 11:10AM	Taitila Until 6:12PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 6:49AM Sun</b>	Moon – Light Blue			<b>Devaloka Day</b>	
Until 1:04PM				<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Birming., UK Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 18.41	Tithi 3 – 4	<b>Gulika</b> 2:04PM – 3:02PM	<b>Shravana Until 3:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:16AM			
		Yama 12:08PM – 1:06PM	Harshana Until 2:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:00PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 3:02PM – 4:00PM	Vanija Until 7:37PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 6:49AM</b>	Moon – Purple			<b>Devaloka Day</b>	
Until 3:02PM				<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Birming., UK Sun 17 Sutra 260 Vikarin 5121
Kumbha Rasi: 0.56	Tithi 4 – 5	<b>Gulika</b> 1:07PM – 2:05PM	<b>Dhanishtha Until 5:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:16AM			
<b>Family Home Evening</b>		Yama 11:10AM – 12:09PM	Vajra* Until 3:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:01PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 9:14AM – 10:12AM	Bava Until 9:31PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 8:29AM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>				

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Birming., UK Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 13.01	Tithi 5 – 6	<b>Gulika</b> 12:09PM – 1:07PM	<b>Shatabhishak Until 7:50PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:16AM			
		Yama 10:12AM – 11:11AM	Siddhi Until 3:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:02PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 2:06PM – 3:04PM	Kaulava Until 11:48PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 10:36AM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>				

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproskthapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Birming., UK Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 24.57	Tithi 6 – 7	<b>Gulika</b> 11:11AM – 12:10PM	<b>Purvaproskthapada* Until 10:54PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:16AM			
		Yama 9:14AM – 10:13AM	Vyatipata* Until 4:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:04PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 12:10PM – 1:09PM	Gara Until 2:17AM Thu	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 1:01PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
Until 10:54PM				<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>						

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproskthapada Nakshatra Variyan/Parigha* Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Birming., UK Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 6.5	Tithi 7 – 8	<b>Gulika</b> 10:13AM – 11:12AM	<b>Uttaraproskthapada Until 1:48AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:16AM			
		Yama 8:16AM – 9:14AM	Variyan Until 5:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:05PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 1:09PM – 2:08PM	Vistil Until 4:46AM Fri	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 3:31PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Birming., UK Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 18.44	Tithi 8 – 9	<b>Gulika</b> 9:14AM – 10:13AM	<b>Revati Until 4:23AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:15AM			
		Yama 2:09PM – 3:08PM	Parigha* Until 5:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:07PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 11:12AM – 12:11PM	Balava Until 7:02AM Sat	<b>Nataraja:</b> Orange				Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:55PM</b>	Moon – Clear			<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Birming., UK Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 0.43	Tithi 9	<b>Gulika</b> 8:15AM – 9:14AM	<b>Ashvini Until 6:54AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:15AM			
		Yama 1:11PM – 2:10PM	Shiva Until 6:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:08PM			Moon 12 - Phase 36
		823623466 <b>Rahu</b> 10:13AM – 11:12AM	Balava Until 7:02AM	<b>Nataraja:</b> Orange				Navami
Creative Work	Siddha Yoga		<b>Navami* Until 8:01PM</b>	Moon – White			<b>Devaloka Day</b>	
Until 6:54AM Sun				<b>Pausha-Markali</b>				
Then Routine Work - Prabalarishta Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu


<b>1</b>		<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau		Birming., UK Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.52	Tithi 10	<b>Gulika</b> 2:10PM – 3:10PM	<b>Ashvini</b> Until 6:54AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:15AM	
		Yama 12:12PM – 1:11PM	Siddha Until 6:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:09PM	Moon 12 - Phase 37
	823623466	<b>Rahu</b> 3:10PM – 4:09PM	Taitila Until 8:54AM	<b>Nataraja:</b> Orange		4th Phase
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 6:54AM		<b>Subramuniyaswami Jayanti</b>	<b>Dashami</b> Until 9:36PM	<b>Pausha-Markali</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2</b>		<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau		Birming., UK Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 25.14	Tithi 11	<b>Gulika</b> 1:12PM – 2:11PM	<b>Bharani</b> Until 8:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:14AM	
<b>Family Home Evening</b>		Yama 11:13AM – 12:12PM	Sadhya Until 6:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 37
Creative Work	Siddha Yoga	823623466 <b>Rahu</b> 9:14AM – 10:13AM	Vanija Until 10:11AM	<b>Nataraja:</b> Orange		4th Phase
Until 8:44AM		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 10:33PM	Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>		

<b>3</b>		<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau		Birming., UK Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.54	Tithi 12	<b>Gulika</b> 12:13PM – 1:13PM	<b>Krittika</b> Until 9:45AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:14AM	
		Yama 10:13AM – 11:13AM	Subha Until 5:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:12PM	Moon 12 - Phase 37
	823623466	<b>Rahu</b> 2:12PM – 3:12PM	Bava Until 10:47AM	<b>Nataraja:</b> Orange		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 10:47PM	Moon – White		<b>Devaloka Day</b>
Until 9:45AM				<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Birming., UK Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.55	Tithi 13	<b>Gulika</b> 11:13AM – 12:13PM	<b>Rohini</b> Until 10:22AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:13AM	
		Yama 9:13AM – 10:13AM	Sukla Until 3:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:13PM	Moon 12 - Phase 37
	833623466	<b>Rahu</b> 12:13PM – 1:13PM	Kaulava Until 10:38AM	<b>Nataraja:</b> Orange		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 10:17PM	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Pausha-Markali</b>		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata</i>

<b>5</b>		<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau		Birming., UK Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 4.18	Tithi 14	<b>Gulika</b> 10:13AM – 11:13AM	<b>Mrigashira</b> Until 10:09AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:13AM	
		Yama 8:13AM – 9:13AM	Brahma Until 1:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM	Moon 12 - Phase 37
	834623466	<b>Rahu</b> 1:14PM – 2:14PM	Gara Until 9:48AM	<b>Nataraja:</b> Orange		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 9:07PM	Moon – Yellow		<b>Devaloka Day</b>
				<b>Pausha-Markali</b>		

		<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau		Birming., UK Sutra 271 Vikarin 5121
Mithuna Rasi: 18.04	Tithi 15	<b>Gulika</b> 9:13AM – 10:13AM	<b>Ardra</b> Until 9:10AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:12AM	
		Yama 2:15PM – 3:15PM	Indra Until 11:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 37
	834623466	<b>Rahu</b> 11:14AM – 12:14PM	Visti Until 8:19AM	<b>Nataraja:</b> Orange		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 7:22PM	Moon – Yellow		<b>Devaloka Day</b>
		<b>Penumbral Lunar Eclipse</b>		<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>				

<b>Saturday, January 11, 2020</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau		Birming., UK Sutra 272 Vikarin 5121
Kataka Rasi: 2.09	Tithi 16 – 17	<b>Gulika</b> 8:11AM – 9:12AM	<b>Punarvasu</b> Until 7:59AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:11AM	
		Yama 1:15PM – 2:16PM	Vaidhriti* Until 8:22AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:17PM	Moon 12 - Phase 37
	844623466	<b>Rahu</b> 10:13AM – 11:14AM	Balava Until 6:20AM	<b>Nataraja:</b> Orange		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 5:10PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Pausha-Markali</b>		



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 16.29    Tithi 17 – 18

844623466

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Prili Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Birming., UK

Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

2:17PM – 3:18PM

Pushya Until 6:17AM

Ganesha: White

Sunrise: 8:11AM

Yama

12:15PM – 1:16PM

Priti Until 1:51AM Mon

Muruḡa: Clear

Sunset: 4:19PM

Rahu

3:18PM – 4:19PM

Vanija Until 1:21AM Mon

Nataraja: Orange

Moon – Blue

Sivaloka Day

Pausha-Markali

Monday, January 13, 2020

1

Simha Rasi: 0.59    Tithi 18 – 19

Family Home Evening

854623466

Routine Work    Marana Yoga

Until 2:21AM Tue

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2

Birming., UK

Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

1:17PM – 2:18PM

Magha\* Until 2:21AM Tue

Ganesha: Clear

Sunrise: 8:10AM

Yama

11:14AM – 12:15PM

Ayushman Until 10:24PM

Muruḡa: Clear

Sunset: 4:20PM

Rahu

9:11AM – 10:13AM

Bava Until 10:39PM

Nataraja: Orange

Moon – Red

Devaloka Day

Pausha-Markali

Tuesday, January 14, 2020

2

Simha Rasi: 15.32    Tithi 19 – 20

Creative Work    Siddha Yoga

Until 12:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Birming., UK

Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

12:16PM – 1:17PM

Purvaphalguni Until 12:23AM Wed

Ganesha: Clear

Sunrise: 8:09AM

Yama

10:12AM – 11:14AM

Saubhagya Until 6:58PM

Muruḡa: Clear

Sunset: 4:22PM

Rahu

2:19PM – 3:20PM

Kaulava Until 7:57PM

Nataraja: Orange

Moon – Red

Devaloka Day

Pausha-Thai

Thai Pongal

Chaturthi\* Until 9:16AM

Wednesday, January 15, 2020

3

Kanya Rasi: 0.02    Tithi 20 – 21

Creative Work    Amrita Yoga

Until 10:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Tailila/Vanija Karana Panchami/Shashthyam Titau

Sun 4

Birming., UK

Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

11:14AM – 12:16PM

Uttaraphalguni Until 10:26PM

Ganesha: Clear

Sunrise: 8:08AM

Yama

9:10AM – 10:12AM

Sobhana Until 3:40PM

Muruḡa: Clear

Sunset: 4:24PM

Rahu

12:16PM – 1:18PM

Vanija Until 4:11AM Thu

Nataraja: Orange

Moon – Red

Devaloka Day

Pausha-Thai

Panchami Until 6:38AM

Thursday, January 16, 2020

4

Kanya Rasi: 14.25    Tithi 22

Routine Work    Marana Yoga

Until 9:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 5

Birming., UK

Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

10:12AM – 11:14AM

Hasta Until 9:00PM

Ganesha: Purple

Sunrise: 8:07AM

Yama

8:07AM – 9:10AM

Athiganda\* Until 12:30PM

Muruḡa: Clear

Sunset: 4:25PM

Rahu

1:19PM – 2:21PM

Visti Until 3:04PM

Nataraja: Orange

Moon – Green

Sivaloka Day

Pausha-Thai

Saptami Until 1:59AM Fri

Friday, January 17, 2020

5

Kanya Rasi: 28.38    Tithi 23

Creative Work    Siddha Yoga

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6

Birming., UK

Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Gulika

9:09AM – 10:11AM

Chitra Until 7:43PM

Ganesha: Purple

Sunrise: 8:06AM

Yama

2:22PM – 3:24PM

Sukarma Until 9:35AM

Muruḡa: Clear

Sunset: 4:27PM

Rahu

11:14AM – 12:17PM

Balava Until 1:01PM

Nataraja: Orange

Moon – Green

Sivaloka Day

Pausha-Thai

Ashtami\* Until 12:06AM Sat

Saturday, January 18, 2020

6

Tula Rasi: 12.37    Tithi 24

Creative Work    Siddha Yoga

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Tailila/Gara Karana Navamyam Titau

Sun 7

Birming., UK

Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Gulika

8:05AM – 9:08AM

Svati Until 6:39PM

Ganesha: Purple

Sunrise: 8:05AM

Yama

1:20PM – 2:23PM

Dhriti Until 6:56AM

Muruḡa: Clear

Sunset: 4:29PM

Rahu

10:11AM – 11:14AM

Tailila Until 11:19AM

Nataraja: Orange

Moon – Green

Sivaloka Day

Pausha-Thai

Navami\* Until 10:35PM

<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Birming., UK Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 26.23	Tithi 25	<b>Gulika</b> 2:24PM – 3:27PM	<b>Vishakha</b> Until 6:14PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:04AM	
		Yama 12:17PM – 1:21PM	Ganda* Until 2:30AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:30PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b> 3:27PM – 4:30PM	Vanija Until 9:58AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 9:26PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau	Birming., UK Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 9.56	Tithi 26	<b>Gulika</b> 1:21PM – 2:25PM	<b>Anuradha</b> Until 6:02PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:03AM	
<b>Family Home Evening</b>		Yama 11:14AM – 12:18PM	Vriddhi Until 12:45AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:32PM	Moon 1 - Phase 39
		874623466 <b>Rahu</b> 9:07AM – 10:10AM	Bava Until 9:01AM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:40PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Pausha*Thai</b>	

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Birming., UK Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 23.16	Tithi 27	<b>Gulika</b> 12:18PM – 1:22PM	<b>Jyeshtha*</b> Until 6:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 8:02AM	
		Yama 10:10AM – 11:14AM	Dhruva Until 11:17PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:34PM	Moon 1 - Phase 39
		875623466 <b>Rahu</b> 2:26PM – 3:30PM	Kaulava Until 8:27AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 8:18PM	Moon – Orange	<b>Bhuloka Day</b>
Until 6:05PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Birming., UK Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 6.23	Tithi 28	<b>Gulika</b> 11:14AM – 12:18PM	<b>Mula*</b> Until 6:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 8:01AM	
		Yama 9:05AM – 10:09AM	Vyaghata* Until 10:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:36PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 12:18PM – 1:22PM	Gara Until 8:18AM	<b>Nataraja:</b> Orange	2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 8:21PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 6:51PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Birming., UK Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 19.17	Tithi 29	<b>Gulika</b> 10:09AM – 11:14AM	<b>Purvashadha*</b> Until 7:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 8:00AM	
		Yama 8:00AM – 9:04AM	Harshana Until 9:23PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:37PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 1:23PM – 2:28PM	Visti* Until 8:34AM	<b>Nataraja:</b> Orange	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 8:50PM	Moon – Light Blue	<b>Bhuloka Day</b>
Until 7:51PM				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Birming., UK Sun 13 Sutra 285 Vikarin 5121
Makara Rasi: 2	Tithi 30	<b>Gulika</b> 9:03AM – 10:08AM	<b>Uttarashadha</b> Until 9:07PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:58AM	
		Yama 2:29PM – 3:34PM	Vajra* Until 8:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:39PM	Moon 1 - Phase 39
		885623466 <b>Rahu</b> 11:14AM – 12:19PM	Catuspada Until 9:15AM	<b>Nataraja:</b> Orange	Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 9:44PM	Moon – Light Blue	<b>Bhuloka Day</b>
				<b>Pausha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Birming., UK Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 14.31	Tithi 1	<b>Gulika</b> 7:57AM – 9:02AM	<b>Shravana</b> Until 11:08PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:57AM	
		Yama 1:24PM – 2:30PM	Siddhi Until 8:46PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:41PM	Moon 1 - Phase 39
		995623466 <b>Rahu</b> 10:08AM – 11:13AM	Kintughna Until 10:23AM	<b>Nataraja:</b> Orange	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 11:05PM	Moon – Purple	<b>Bhuloka Day</b>
				<b>Magha*Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Birming., UK Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 26.5	Tithi 2	<b>Gulika</b>	2:31PM – 3:37PM	<b>Dhanishtha Until 1:21AM Mon</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:56AM		
		Yama	12:19PM – 1:25PM	Vyatipata* Until 8:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 1 - Phase 40	
		995723466 <b>Rahu</b>	3:37PM – 4:43PM	Balava Until 11:56AM	<b>Nataraja:</b> Orange		3rd Phase	
Routine Work	Marana Yoga			<b>Dvitiya Until 12:50AM Mon</b>	Moon – Purple			<b>Devaloka Day</b>
Until 1:21AM Mon					<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Birming., UK Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 9	Tithi 3	<b>Gulika</b>	1:26PM – 2:32PM	<b>Shatabhishak Until 3:45AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:54AM		
<b>Family Home Evening</b>		Yama	11:13AM – 12:19PM	Variyan Until 9:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 <b>Rahu</b>	9:00AM – 10:07AM	Taitila Until 1:52PM	<b>Nataraja:</b> Orange		3rd Phase	
Until 3:45AM Tue				<b>Tritiya Until 2:56AM Tue</b>	Moon – Purple			<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					<b>Magha-Thai</b>			

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Birming., UK Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 21.02	Tithi 4	<b>Gulika</b>	12:19PM – 1:26PM	<b>Purvaproshtapada* Until 6:44AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:53AM		
		Yama	10:06AM – 11:13AM	Parigha* Until 10:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 1 - Phase 40	
		915723466 <b>Rahu</b>	2:33PM – 3:40PM	Vanija Until 4:06PM	<b>Nataraja:</b> Orange		3rd Phase	
Routine Work	Marana Yoga			<b>Chaturthi* Until 5:18AM Wed</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 6:44AM Wed					<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Bava Karana Panchamyam Titau				Birming., UK Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 2.58	Tithi 5	<b>Gulika</b>	11:13AM – 12:20PM	<b>Purvaproshtapada* Until 6:44AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:51AM		
		Yama	8:58AM – 10:05AM	Shiva Until 10:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 1 - Phase 40	
		915723466 <b>Rahu</b>	12:20PM – 1:27PM	Bava Until 6:34PM	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Amrita Yoga			<b>Panchami Until 7:49AM Thu</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 6:44AM					<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Birming., UK Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 14.5	Tithi 5 – 6	<b>Gulika</b>	10:05AM – 11:12AM	<b>Uttaraproshtapada Until 9:41AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:50AM		
		Yama	7:50AM – 8:57AM	Siddha Until 11:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Moon 1 - Phase 40	
		915723466 <b>Rahu</b>	1:27PM – 2:35PM	Kaulava Until 9:06PM	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Siddha Yoga			<b>Panchami Until 7:49AM</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 12:26PM					<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga								

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Birming., UK Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 26.43	Tithi 6 – 7	<b>Gulika</b>	8:56AM – 10:04AM	<b>Revati Until 12:26PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:48AM		
		Yama	2:36PM – 3:44PM	Sadhya Until 12:25AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 1 - Phase 40	
		916723466 <b>Rahu</b>	11:12AM – 12:20PM	Gara Until 11:32PM	<b>Nataraja:</b> Orange		3rd Phase	
Creative Work	Siddha Yoga			<b>Shashthi* Until 10:19AM</b>	Moon – Clear			<b>Devaloka Day</b>
Until 12:26PM					<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Birming., UK Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 8.39	Tithi 7 – 8	<b>Gulika</b>	7:48AM – 8:56AM	<b>Ashvini Until 3:20PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:48AM		
		Yama	1:28PM – 2:36PM	Subha Until 12:57AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 1 - Phase 40	
		926723466 <b>Rahu</b>	10:04AM – 11:12AM	Visti Until 1:40AM Sun	<b>Nataraja:</b> Orange		Ashtami	
Creative Work	Siddha Yoga			<b>Saptami Until 12:38PM</b>	Moon – White			<b>Bhuloka Day</b>
Until 5:39PM					<b>Magha-Thai</b>			<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Birming., UK Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 20.43	Tithi 8 – 9	<b>Gulika</b>	2:37PM – 3:45PM	<b>Bharani Until 5:39PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:46AM		
		Yama	12:20PM – 1:29PM	Sukla Until 1:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Moon 1 - Phase 40	
		926723466 <b>Rahu</b>	3:45PM – 4:54PM	Balava Until 3:18AM Mon	<b>Nataraja:</b> Orange		Navami	
Routine Work	Prabalarishta Yoga			<b>Ashtami* Until 2:32PM</b>	Moon – White			<b>Bhuloka Day</b>
Until 5:39PM					<b>Magha-Thai</b>			<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga								

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Birming., UK	
<b>1</b>		Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 23	Sutra 295
Vrishabha Rasi: 3.01	Tithi 9 – 10	<b>Gulika</b> 1:29PM – 2:38PM	<b>Krittika Until 7:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:45AM
<b>Family Home Evening</b>	926723466	Yama 11:11AM – 12:20PM	Brahma Until 12:42AM Tue	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:56PM
Routine Work Marana Yoga		<b>Rahu</b> 8:54AM – 10:03AM	Taitila Until 4:13AM Tue	<b>Nataraja:</b> Orange	Moon 1 - Phase 41
Until 7:12PM			<b>Navami* Until 3:50PM</b>	Moon – White	4th Phase
Then Creative Work - Amrita Yoga				<b>Magha*Thai</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM


<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam		Birming., UK	
<b>2</b>		Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Sun 24	Sutra 296
Vrishabha Rasi: 15.37	Tithi 10 – 11	<b>Gulika</b> 12:20PM – 1:30PM	<b>Rohini Until 8:20PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:43AM
	936723467	Yama 10:02AM – 11:11AM	Indra Until 11:44PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:58PM
Creative Work Amrita Yoga		<b>Rahu</b> 2:39PM – 3:48PM	Vanija Until 4:19AM Wed	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Until 8:20PM			<b>Dashami Until 4:21PM</b>	Moon – Yellow	4th Phase
Then Creative Work - Siddha Yoga				<b>Magha*Thai</b>	<b>Devaloka Day</b>

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam		Birming., UK	
<b>3</b>		Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25	Sutra 297
Vrishabha Rasi: 28.37	Tithi 11 – 12	<b>Gulika</b> 11:11AM – 12:20PM	<b>Mrigashira Until 8:29PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:42AM
	936723467	Yama 8:51AM – 10:01AM	Vaidhriti* Until 10:05PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:59PM
Creative Work Siddha Yoga		<b>Rahu</b> 12:20PM – 1:30PM	Bava Until 3:35AM Thu	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
			<b>Ekadashi Until 4:02PM</b>	Moon – Yellow	4th Phase
				<b>Magha*Thai</b>	<b>Devaloka Day</b>

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam		Birming., UK	
<b>4</b>		Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26	Sutra 298
Mithuna Rasi: 12.02	Tithi 12 – 13	<b>Gulika</b> 10:00AM – 11:10AM	<b>Ardra Until 7:41PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:40AM
	936723467	Yama 7:40AM – 8:50AM	Vishkambha* Until 7:48PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:01PM
Routine Work Marana Yoga		<b>Rahu</b> 1:31PM – 2:41PM	Kaulava Until 2:03AM Fri	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Until 7:41PM			<b>Dvadashi Until 2:54PM</b>	Moon – Yellow	4th Phase
Then Creative Work - Amrita Yoga				<b>Magha*Thai</b>	<b>Devaloka Day</b>

*Pradosha Vrata*

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam		Birming., UK	
<b>5</b>		Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27	Sutra 299
Mithuna Rasi: 25.56	Tithi 13 – 14	<b>Gulika</b> 8:49AM – 9:59AM	<b>Punarvasu Until 6:28PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:38AM
	947723467	Yama 2:42PM – 3:53PM	Priti Until 4:57PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:03PM
Creative Work Siddha Yoga		<b>Rahu</b> 11:10AM – 12:21PM	Gara Until 11:50PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Until 6:28PM			<b>Trayodashi Until 1:00PM</b>	Moon – Blue	4th Phase
Then Routine Work - Marana Yoga				<b>Magha*Thai</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Birming., UK	
	<b>Copper Retreat Star</b>	Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 300	
Kataka Rasi: 10.16	Tithi 14 – 15	<b>Gulika</b> 7:36AM – 8:47AM	<b>Pushya Until 4:31PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:36AM
	947723467	Yama 1:32PM – 2:43PM	Ayushman Until 1:36PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:05PM
Creative Work Siddha Yoga		<b>Rahu</b> 9:58AM – 11:10AM	Visti Until 9:03PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Until 4:31PM			<b>Chaturdashi* Until 10:29AM</b>	Moon – Blue	Purnima
Then Routine Work - Marana Yoga		<b>Thai Pusam</b>		<b>Magha*Thai</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Birming., UK	
<b>Silver Retreat Star</b>		Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sutra 301	
Kataka Rasi: 24.56	Tithi 15 – 16	<b>Gulika</b> 2:44PM – 3:55PM	<b>Ashlesha* Until 2:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:34AM
	947723467	Yama 12:21PM – 1:32PM	Saubhagya Until 9:54AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:07PM
Creative Work Siddha Yoga		<b>Rahu</b> 3:55PM – 5:07PM	Kaulava Until 4:13AM Mon	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Until 2:01PM			<b>Purnima* Until 7:30AM</b>	Moon – Blue	Prathama
Then Routine Work - Marana Yoga				<b>Magha*Thai</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time

www.gurudeva.org/panchang





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Birming., UK

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9.51

Tithi 17

Gulika

1:33PM - 2:45PM

Magha\* Until 11:33AM

Ganesha: Red

Sunrise: 7:33AM

Family Home Evening

957723467

Yama

11:09AM - 12:21PM

Athiganda\* Until 6:00AM

Muruqa: Clear

Sunset: 5:09PM

Routine Work Marana Yoga

Until 11:33AM

Then Creative Work - Siddha Yoga

Rahu

8:45AM - 9:57AM

Taitila Until 2:31PM

Nataraja: Clear

Moon - Red

Devaloka Day

Magha\*Thai

Tuesday, February 11, 2020

1

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Birming., UK

Sun 1

Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 24.52

Tithi 18

Gulika

12:21PM - 1:33PM

Purvaphalguni Until 8:52AM

Ganesha: Red

Sunrise: 7:31AM

Creative Work Siddha Yoga

Until 8:52AM

Then Creative Work - Amrita Yoga

957723467

Yama

9:56AM - 11:08AM

Sukarma Until 9:57PM

Muruqa: Clear

Sunset: 5:11PM

Rahu

2:46PM - 3:58PM

Vanija Until 11:06AM

Nataraja: Clear

Moon - Red

Devaloka Day

Magha\*Thai

Wednesday, February 12, 2020

2

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Birming., UK

Sun 2

Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 9.49

Tithi 19

Gulika

11:08AM - 12:21PM

Uttaraphalguni Until 6:08AM

Ganesha: Red

Sunrise: 7:29AM

Creative Work Amrita Yoga

Until 6:08AM

Then Routine Work - Marana Yoga

957723467

Yama

8:42AM - 9:55AM

Dhriti Until 6:07PM

Muruqa: Clear

Sunset: 5:13PM

Rahu

12:21PM - 1:34PM

Bava Until 7:47AM

Nataraja: Clear

Moon - Red

Devaloka Day

Magha\*Thai

Thursday, February 13, 2020

3

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birming., UK

Sun 3

Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 24.35

Tithi 20 - 21

Gulika

9:54AM - 11:07AM

Chitra Until 1:58AM Fri

Ganesha: White

Sunrise: 7:27AM

Creative Work Siddha Yoga

968723467

Yama

7:27AM - 8:40AM

Shula\* Until 2:32PM

Muruqa: Clear

Sunset: 5:14PM

Rahu

1:34PM - 2:48PM

Gara Until 2:03AM Fri

Nataraja: Clear

Moon - Green

Bhuloka Day

Magha\*Masi

Devaloka Time: 3:PM to 6:PM

Friday, February 14, 2020

4

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhdi Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Birming., UK

Sun 4

Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 9.04

Tithi 21 - 22

Gulika

8:39AM - 9:53AM

Svati Until 12:23AM Sat

Ganesha: White

Sunrise: 7:25AM

Creative Work Siddha Yoga

968723467

Yama

2:49PM - 4:02PM

Ganda\* Until 11:20AM

Muruqa: Clear

Sunset: 5:16PM

Rahu

11:07AM - 12:21PM

Visti Until 11:54PM

Nataraja: Clear

Moon - Green

Bhuloka Day

Magha\*Masi

Devaloka Time: 3:PM to 6:PM

Saturday, February 15, 2020

D

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birming., UK

Sun 5

Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 23.11

Tithi 22 - 23

Gulika

7:23AM - 8:37AM

Vishakha Until 11:39PM

Ganesha: Clear

Sunrise: 7:23AM

Creative Work Siddha Yoga

978723467

Yama

1:35PM - 2:49PM

Vridhdi Until 8:35AM

Muruqa: Clear

Sunset: 5:18PM

Rahu

9:52AM - 11:06AM

Balava Until 10:19PM

Nataraja: Clear

Moon - Orange

Devaloka Day

Magha\*Masi

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK

Sun 6

Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 6.56

Tithi 23 - 24

Gulika

2:50PM - 4:05PM

Anuradha Until 11:23PM

Ganesha: Clear

Sunrise: 7:21AM

Routine Work Marana Yoga

978723467

Yama

12:21PM - 1:35PM

Dhruva Until 6:17AM

Muruqa: Clear

Sunset: 5:20PM

Rahu

4:05PM - 5:20PM

Taitila Until 9:22PM

Nataraja: Clear

Moon - Orange

Devaloka Day

Magha\*Masi

<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Birming., UK Sun 7
Vrischika Rasi: 20.19	Tithi 24 – 25	<b>Gulika</b> 1:36PM – 2:51PM	<b>Jyeshtha* Until 11:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:19AM	Sutra 309
<b>Family Home Evening</b>	978723467	<b>Yama</b> 11:05AM – 12:21PM	Harshana Until 3:12AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:22PM	Vikarin 5121
Creative Work Siddha Yoga		<b>Rahu</b> 8:34AM – 9:50AM	Vanija Until 9:01PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
			<b>Navami* Until 9:06AM</b>	Moon – Orange	2nd Phase
				<b>Magha-Masi</b>	<b>Devaloka Day</b>

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Birming., UK Sun 8
Dhanus Rasi: 3.23	Tithi 25 – 26	<b>Gulika</b> 12:20PM – 1:36PM	<b>Mula* Until 12:36AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:17AM	Sutra 310
	988723467	<b>Yama</b> 9:49AM – 11:05AM	Vajra* Until 2:19AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:24PM	Vikarin 5121
Creative Work Amrita Yoga		<b>Rahu</b> 2:52PM – 4:08PM	Bava Until 9:16PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
			<b>Dashami Until 9:03AM</b>	Moon – Light Blue	2nd Phase
				<b>Magha-Masi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Birming., UK Sun 9
Dhanus Rasi: 16.11	Tithi 26 – 27	<b>Gulika</b> 11:04AM – 12:20PM	<b>Purvashadha* Until 1:58AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:15AM	Sutra 311
	988723467	<b>Yama</b> 8:31AM – 9:48AM	Siddhi Until 1:49AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:26PM	Vikarin 5121
Creative Work Amrita Yoga		<b>Rahu</b> 12:20PM – 1:37PM	Kaulava Until 10:01PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
Until 1:58AM Thu			<b>Ekadashi* Until 9:34AM</b>	Moon – Light Blue	2nd Phase
Then Routine Work - Marana Yoga				<b>Magha-Masi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Birming., UK Sun 10
Dhanus Rasi: 28.45	Tithi 27 – 28	<b>Gulika</b> 9:47AM – 11:03AM	<b>Uttarashadha Until 3:35AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:13AM	Sutra 312
	989823467	<b>Yama</b> 7:13AM – 8:30AM	Vyatipata* Until 1:40AM Fri	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:28PM	Vikarin 5121
Routine Work Marana Yoga		<b>Rahu</b> 1:37PM – 2:54PM	Gara Until 11:12PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
			<b>Dvadashi* Until 10:32AM</b>	Moon – Light Blue	2nd Phase
				<b>Magha-Masi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Birming., UK Sun 11
Makara Rasi: 11.08	Tithi 28 – 29	<b>Gulika</b> 8:28AM – 9:46AM	<b>Shravana Until 5:52AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:11AM	Sutra 313
	999823467	<b>Yama</b> 2:55PM – 4:12PM	Variyan Until 1:45AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:29PM	Vikarin 5121
Routine Work Marana Yoga		<b>Rahu</b> 11:03AM – 12:20PM	Visti Until 12:45AM Sat	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
Until 5:52AM Sat			<b>Trayodashi* Until 11:55AM</b>	Moon – Purple	2nd Phase
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>		<b>Magha-Masi</b>	<b>Bhuloka Day</b>
		<b>Mahasivaratri (Solar)</b>			Devaloka Time: 3:PM to 6:PM

<b>●</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Birming., UK Sun 12
<b>Retreat Star</b>		<b>Gulika</b> 7:09AM – 8:27AM	<b>Dhanishtha Until 8:16AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:09AM	Sutra 314
Makara Rasi: 23.23	Tithi 29 – 30	<b>Yama</b> 1:38PM – 2:56PM	Parigha* Until 2:04AM Sun	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:31PM	Vikarin 5121
	999823467	<b>Rahu</b> 9:44AM – 11:02AM	Catuspada Until 2:36AM Sun	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
Creative Work Siddha Yoga			<b>Chaturdashi* Until 1:37PM</b>	Moon – Purple	Amavasya
				<b>Magha-Masi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>●</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Birming., UK Sun 13
<b>Retreat Star</b>		<b>Gulika</b> 2:57PM – 4:15PM	<b>Dhanishtha Until 8:16AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:07AM	Sutra 315
Kumbha Rasi: 5.31	Tithi 30 – 1	<b>Yama</b> 12:20PM – 1:38PM	Shiva Until 2:36AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM	Vikarin 5121
	999823467	<b>Rahu</b> 4:15PM – 5:33PM	Kintughna Until 4:42AM Mon	<b>Nataraja:</b> Clear	Moon 2 - Phase 43
Routine Work Marana Yoga			<b>Amavasya* Until 3:36PM</b>	Moon – Purple	Prathama
Until 8:16AM				<b>Phalgun-Masi</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvilyayam Titau				Birming., UK Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 17.33 Family Home Evening Creative Work Siddha Yoga Until 10:43AM Then Routine Work - Marana Yoga	Tithi 1 – 2 999823467	<b>Gulika</b> 1:39PM – 2:57PM Yama 11:01AM – 12:20PM <b>Rahu</b> 8:23AM – 9:42AM	<b>Shatabhishak</b> Until 10:43AM Siddha Until 3:15AM Tue Balava Until 7:00AM Tue Prathama* Until 5:48PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Phalguna-Masi</b>	Sunrise: 7:05AM Sunset: 5:35PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Birming., UK Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Kumbha Rasi: 29.31 Routine Work Marana Yoga Until 1:41PM Then Creative Work - Amrita Yoga	Tithi 2 919823467	<b>Gulika</b> 12:20PM – 1:39PM Yama 9:41AM – 11:00AM <b>Rahu</b> 2:58PM – 4:18PM	<b>Purvaproshtapada*</b> Until 1:41PM Sadhya Until 4:02AM Wed Balava Until 7:00AM Dvitiya Until 8:11PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 7:02AM Sunset: 5:37PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Birming., UK Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 11.25 Creative Work Siddha Yoga Until 4:36PM Then Routine Work - Marana Yoga	Tithi 3 919823467	<b>Gulika</b> 11:00AM – 12:19PM Yama 8:20AM – 9:40AM <b>Rahu</b> 12:19PM – 1:39PM	<b>Uttaraproshtapada</b> Until 4:36PM Subha Until 4:55AM Thu Tailila Until 9:27AM Tritiya Until 10:41PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 7:00AM Sunset: 5:39PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Birming., UK Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 23.16 Creative Work Siddha Yoga Until 7:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	<b>Gulika</b> 9:39AM – 10:59AM Yama 6:58AM – 8:18AM <b>Rahu</b> 1:40PM – 3:00PM	<b>Revati</b> Until 7:25PM Sukla Until 5:45AM Fri Vanija Until 11:58AM Chaturthi* Until 1:12AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:58AM Sunset: 5:41PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Birming., UK Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 5.08 Creative Work Amrita Yoga Until 10:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	<b>Gulika</b> 8:17AM – 9:38AM Yama 3:01PM – 4:22PM <b>Rahu</b> 10:58AM – 12:19PM	<b>Ashvini</b> Until 10:29PM Brahma Until 6:31AM Sat Bava Until 2:27PM Panchami Until 3:37AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:56AM Sunset: 5:42PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Birming., UK Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 17.04 Creative Work Siddha Yoga	Tithi 6 921823467	<b>Gulika</b> 6:54AM – 8:15AM Yama 1:40PM – 3:02PM <b>Rahu</b> 9:36AM – 10:58AM	<b>Bharani</b> Until 1:10AM Sun Brahma Until 6:31AM Kaulava Until 4:45PM Shashthi* Until 5:45AM Sun	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:54AM Sunset: 5:44PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara Karana Saptamyam Titau				Birming., UK Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 3:03PM – 4:26PM Yama 12:19PM – 1:41PM <b>Rahu</b> 4:26PM – 5:48PM	<b>Krittika</b> Until 3:16AM Mon Indra Until 7:05AM Gara Until 6:41PM Saptami Until 7:25AM Mon	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:49AM Sunset: 5:48PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Birming., UK Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 1:41PM – 3:04PM Yama 10:56AM – 12:18PM <b>Rahu</b> 8:10AM – 9:33AM	<b>Rohini</b> Until 5:04AM Tue Vaidhriti* Until 7:14AM Visti Until 8:01PM Saptami Until 7:25AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:47AM Sunset: 5:50PM Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>

<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Birming., UK Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 12:18PM – 1:41PM Yama 9:31AM – 10:55AM <b>Rahu</b> 3:05PM – 4:28PM	<b>Mrigashira</b> Until 5:55AM Wed Vishkambha* Until 6:54AM Balava Until 8:36PM Ashtami* Until 8:23AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:45AM Sunset: 5:51PM Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau		Birming., UK Sun 23 Sutra 325 Vikarin 5121
Mithuna Rasi: 6.42	Tithi 9 – 10	<b>Gulika</b> 10:54AM – 12:18PM	<b>Ardra</b> Until 5:47AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:43AM	
		Yama 8:06AM – 9:30AM	Ayushman Until 4:18AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 45
		931833467 <b>Rahu</b> 12:18PM – 1:42PM	Taitila Until 8:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 8:33AM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 5:47AM Thu				<b>Phalguna-Masi</b>		
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Birming., UK Sun 24 Sutra 326 Vikarin 5121
Mithuna Rasi: 20.02	Tithi 10 – 11	<b>Gulika</b> 9:29AM – 10:53AM	<b>Punarvasu</b> Until 5:05AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:40AM	
		Yama 6:40AM – 8:05AM	Saubhagya Until 1:58AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 1:42PM – 3:06PM	Vanija Until 7:09PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 7:49AM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 5:05AM Fri				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau		Birming., UK Sun 25 Sutra 327 Vikarin 5121
Kataka Rasi: 3.52	Tithi 11 – 12	<b>Gulika</b> 8:03AM – 9:28AM	<b>Pushya</b> Until 3:29AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM	
		Yama 3:07PM – 4:32PM	Sobhana Until 11:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 10:53AM – 12:17PM	Balava Until 3:53AM Sat	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 6:14AM</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Birming., UK Sun 26 Sutra 328 Vikarin 5121
Kataka Rasi: 18.11	Tithi 13	<b>Gulika</b> 6:36AM – 8:01AM	<b>Ashlesha*</b> Until 1:07AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:36AM	
		Yama 1:43PM – 3:08PM	Athiganda* Until 7:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 9:26AM – 10:52AM	Kaulava Until 2:29PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 12:54AM Sun</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
			<i>Pradosha Vrata</i>			

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Birming., UK Sun 27 Sutra 329 Vikarin 5121
Simha Rasi: 2.56	Tithi 14	<b>Gulika</b> 3:09PM – 4:35PM	<b>Magha*</b> Until 10:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM	
		Yama 12:17PM – 1:43PM	Sukarma Until 3:34PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 45
		151833467 <b>Rahu</b> 4:35PM – 6:00PM	Gara Until 11:15AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 9:27PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 10:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		Birming., UK Sun 28 Sutra 330 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:43PM – 3:09PM	<b>Purvaphalguni</b> Until 7:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:31AM	
Simha Rasi: 18.02	Tithi 15 – 16	Yama 10:50AM – 12:17PM	Dhriti Until 11:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45
<b>Family Home Evening</b>		152833467 <b>Rahu</b> 7:58AM – 9:24AM	Visti Until 7:38AM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 5:43PM</b>	Moon – Red		<b>Sivaloka Day</b>
		<b>Holi</b>		<b>Phalguna-Masi</b>		

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Birming., UK Sun 29 Sutra 331 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:16PM – 1:43PM	<b>Uttaraphalguni</b> Until 4:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM	
Kanya Rasi: 3.18	Tithi 16 – 17	Yama 9:23AM – 10:50AM	Shula* Until 7:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45
		152833467 <b>Rahu</b> 3:10PM – 4:37PM	Taitila Until 11:59PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 1:53PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 4:22PM				<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Birming., UK

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 18.34 Tithi 17 - 18

162833467

**Gulika** 10:49AM - 12:16PM  
Yama 7:54AM - 9:21AM  
**Rahu** 12:16PM - 1:44PM

**Hasta** **Until 1:31PM**  
Vriddhi **Until 10:31PM**  
Vanija **Until 8:18PM**  
**Dvitiya** **Until 10:06AM**

**Ganesha:** Clear *Sunrise: 6:27AM*

**Muruqa:** Orange *Sunset: 6:06PM*

**Nataraja:** Clear

Moon - Green

**Phalguna-Masi**

**Devaloka Day**

Routine Work Marana Yoga

Until 1:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chatrthyam Titau

Birming., UK

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.4 Tithi 18 - 19

162833467

**Gulika** 9:20AM - 10:48AM  
Yama 6:24AM - 7:52AM  
**Rahu** 1:44PM - 3:12PM

**Chitra** **Until 10:49AM**  
Dhruva **Until 6:36PM**  
Balava **Until 3:25AM Fri**  
**Tritiya** **Until 6:33AM**

**Ganesha:** Clear *Sunrise: 6:24AM*

**Muruqa:** Orange *Sunset: 6:08PM*

**Nataraja:** Clear

Moon - Green

**Phalguna-Masi**

**Devaloka Day**

Creative Work Siddha Yoga

Until 10:49AM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Birming., UK

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 18.27 Tithi 20

162833467

**Gulika** 7:50AM - 9:19AM  
Yama 3:12PM - 4:41PM  
**Rahu** 10:47AM - 12:16PM

**Svati** **Until 8:24AM**  
Vyaghata\* **Until 3:06PM**  
Kaulava **Until 2:04PM**  
**Panchami** **Until 12:50AM Sat**

**Ganesha:** Clear *Sunrise: 6:22AM*

**Muruqa:** Orange *Sunset: 6:09PM*

**Nataraja:** Clear

Moon - Green

**Phalguna-Masi**

**Devaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Birming., UK

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.49 Tithi 21

172833467

**Gulika** 6:20AM - 7:48AM  
Yama 1:44PM - 3:13PM  
**Rahu** 9:17AM - 10:46AM

**Vishakha** **Until 6:51AM**  
Harshana **Until 12:08PM**  
Gara **Until 11:49AM**  
**Shashthi\*** **Until 10:56PM**

**Ganesha:** Purple *Sunrise: 6:20AM*

**Muruqa:** Orange *Sunset: 6:11PM*

**Nataraja:** Clear

Moon - Orange

**Phalguna-Panguni**

**Sivaloka Day**

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saplamyam Titau

Birming., UK

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.44 Tithi 22

172833468

**Gulika** 3:14PM - 4:43PM  
Yama 12:15PM - 1:44PM  
**Rahu** 4:43PM - 6:13PM

**Jyeshtha\*** **Until 5:31AM Mon**  
Vajra\* **Until 9:44AM**  
Visti **Until 10:17AM**  
**Saptami** **Until 9:48PM**

**Ganesha:** Purple *Sunrise: 6:17AM*

**Muruqa:** Orange *Sunset: 6:13PM*

**Nataraja:** Purple

Moon - Orange

**Phalguna-Panguni**

**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 5:31AM Mon

Then Creative Work - Siddha Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Birming., UK

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 0.1 Tithi 23

182933468

**Gulika** 1:45PM - 3:15PM  
Yama 10:45AM - 12:15PM  
**Rahu** 7:45AM - 9:15AM

**Mula\*** **Until 6:13AM Tue**  
Siddhi **Until 7:58AM**  
Balava **Until 9:33AM**  
**Ashtami\*** **Until 9:28PM**

**Ganesha:** Purple *Sunrise: 6:15AM*

**Muruqa:** Orange *Sunset: 6:15PM*

**Nataraja:** Purple

Moon - Light Blue

**Phalguna-Panguni**

**Devaloka Day**

Family Home Evening

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Birming., UK

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 13.12 Tithi 24

182933468

**Gulika** 12:14PM - 1:45PM  
Yama 9:13AM - 10:44AM  
**Rahu** 3:15PM - 4:46PM

**Mula\*** **Until 6:13AM**  
Vyatipata\* **Until 6:50AM**  
Taitila **Until 9:36AM**  
**Navami\*** **Until 9:52PM**

**Ganesha:** Purple *Sunrise: 6:13AM*

**Muruqa:** Orange *Sunset: 6:16PM*

**Nataraja:** Purple

Moon - Light Blue

**Phalguna-Panguni**

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:13AM

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Birming., UK
Dhanus Rasi: 25.53	Tithi 25	<b>Gulika</b> 10:43AM – 12:14PM	<b>Purvashadha* Until 7:29AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:10AM	Sun 8 Sutra 339
		Yama 7:41AM – 9:12AM	Variyan Until 6:14AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:18PM	Vikarin 5121
		182933468 <b>Rahu</b> 12:14PM – 1:45PM	Vanija Until 10:21AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		<b>Dashami Until 10:57PM</b>	Moon – Light Blue		2nd Phase
				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Birming., UK
Makara Rasi: 8.17	Tithi 26	<b>Gulika</b> 9:11AM – 10:42AM	<b>Uttarashadha Until 9:10AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:08AM	Sun 9 Sutra 340
		Yama 6:08AM – 7:39AM	Parigha* Until 6:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:20PM	Vikarin 5121
		182933468 <b>Rahu</b> 1:45PM – 3:17PM	Bava Until 11:42AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Ekadashi* Until 12:32AM Fri</b>	Moon – Light Blue		2nd Phase
Until 9:10AM				<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Birming., UK
Makara Rasi: 20.29	Tithi 27	<b>Gulika</b> 7:38AM – 9:10AM	<b>Shravana Until 11:37AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Sun 10 Sutra 341
		Yama 3:18PM – 4:50PM	Shiva Until 6:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:22PM	Vikarin 5121
		192933468 <b>Rahu</b> 10:42AM – 12:14PM	Kaulava Until 1:30PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga		<b>Dvadashi* Until 2:29AM Sat</b>	Moon – Purple		2nd Phase
Until 11:37AM				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Birming., UK
Kumbha Rasi: 2.34	Tithi 28	<b>Gulika</b> 6:03AM – 7:36AM	<b>Dhanishtha Until 2:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:03AM	Sun 11 Sutra 342
		Yama 1:46PM – 3:18PM	Siddha Until 6:53AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:23PM	Vikarin 5121
		192933468 <b>Rahu</b> 9:08AM – 10:41AM	Gara Until 3:36PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		<b>Trayodashi* Until 4:42AM Sun</b>	Moon – Purple		2nd Phase
Until 2:12PM				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Birming., UK
Kumbha Rasi: 14.32	Tithi 29	<b>Gulika</b> 3:19PM – 4:52PM	<b>Shatabhishak Until 4:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM	Sun 12 Sutra 343
		Yama 12:13PM – 1:46PM	Sadhya Until 7:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:25PM	Vikarin 5121
		192933468 <b>Rahu</b> 4:52PM – 6:25PM	Visti Until 5:53PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:03AM Mon</b>	Moon – Purple		2nd Phase
				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Birming., UK
Kumbha Rasi: 26.27	Tithi 29 – 30	<b>Gulika</b> 1:46PM – 3:20PM	<b>Purvaproshtpada* Until 7:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:58AM	Sun 13 Sutra 344
<b>Family Home Evening</b>		Yama 10:39AM – 12:13PM	Subha Until 8:22AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:27PM	Vikarin 5121
Routine Work	Marana Yoga	113933468 <b>Rahu</b> 7:32AM – 9:06AM	Catuspada Until 8:17PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Until 7:51PM			<b>Chaturdashi* Until 7:03AM</b>	Moon – Clear		Amavasya
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Birming., UK
Meena Rasi: 8.2	Tithi 30 – 1	<b>Gulika</b> 12:12PM – 1:46PM	<b>Uttaraproshtpada Until 10:47PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:56AM	Sun 14 Sutra 345
		Yama 9:04AM – 10:38AM	Sukla Until 9:12AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:29PM	Vikarin 5121
		113933468 <b>Rahu</b> 3:20PM – 4:55PM	Kintughna Until 10:43PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		<b>Amavasya* Until 9:28AM</b>	Moon – Clear		Prathama
Until 10:47PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Birming., UK Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 20.13	Tithi 1 – 2	<b>Gulika</b> 10:37AM – 12:12PM	<b>Revati Until 1:33AM Thu</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:54AM	
		Yama 7:28AM – 9:03AM	Brahma Until 10:04AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:30PM	Moon 3 - Phase 48
		113933468 <b>Rahu</b> 12:12PM – 1:47PM	Balava Until 1:10AM Thu	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 11:55AM</b>	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>
Until 1:33AM Thu						
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Birming., UK Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 2.07	Tithi 2 – 3	<b>Gulika</b> 9:02AM – 10:37AM	<b>Ashvini Until 4:36AM Fri</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:51AM	
		Yama 5:51AM – 7:27AM	Indra Until 10:55AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:32PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 1:47PM – 3:22PM	Taitila Until 3:33AM Fri	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 2:21PM</b>	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>
Until 4:36AM Fri		<b>Chellappaswami Mahasamadhi</b>				
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Birming., UK Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 14.01	Tithi 3 – 4	<b>Gulika</b> 7:25AM – 9:00AM	<b>Bharani Until 7:19AM Sat</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:49AM	
		Yama 3:23PM – 4:58PM	Vaidhriti* Until 11:41AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:34PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:36AM – 12:11PM	Vanija Until 5:47AM Sat	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 4:40PM</b>	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>
Until 7:19AM Sat						
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Visti* Karana Chaturthyam Titau		Birming., UK Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 25.59	Tithi 4	<b>Gulika</b> 5:47AM – 7:23AM	<b>Bharani Until 7:19AM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:47AM	
		Yama 1:47PM – 3:23PM	Vishkambha* Until 12:20PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:35PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 8:59AM – 10:35AM	Visti Until 6:47PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 6:47PM</b>	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>
Until 7:19AM						
Then Creative Work - Amrita Yoga						

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Birming., UK Sun 19 Sutra 350 Vikarin 5121
Vrishabha Rasi: 8.04	Tithi 5	<b>Gulika</b> 3:24PM – 5:01PM	<b>Krittika Until 9:37AM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:44AM	
		Yama 12:11PM – 1:47PM	Priti Until 12:46PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:37PM	Moon 3 - Phase 48
		123933468 <b>Rahu</b> 5:01PM – 6:37PM	Bava Until 7:44AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 8:33PM</b>	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Birming., UK Sun 20 Sutra 351 Vikarin 5121
Vrishabha Rasi: 20.19	Tithi 6	<b>Gulika</b> 1:48PM – 3:25PM	<b>Rohini Until 11:50AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:42AM	
<b>Family Home Evening</b>		Yama 10:33AM – 12:11PM	Ayushman Until 12:50PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:39PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 7:19AM – 8:56AM	Kaulava Until 9:16AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 9:49PM</b>	<b>Chaitra-Panguni</b>		<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Birming., UK Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 2.48	Tithi 7	<b>Gulika</b> 12:10PM – 1:48PM	<b>Mrigashira Until 1:17PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:40AM	
		Yama 8:55AM – 10:33AM	Saubhagya Until 12:26PM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:41PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 3:25PM – 5:03PM	Gara Until 10:13AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 10:25PM</b>	<b>Chaitra-Panguni</b>		<b>Subha Sivaloka Day</b>
Until 1:17PM						
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Birming., UK Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 15.37	Tithi 8	<b>Gulika</b> 10:33AM – 12:10PM	<b>Ardra Until 1:53PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:40AM	
		Yama 7:17AM – 8:55AM	Sobhana Until 11:29AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:41PM	Moon 3 - Phase 48
		133933468 <b>Rahu</b> 12:10PM – 1:48PM	Visti Until 10:26AM	<b>Nataraja:</b> Purple		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 10:14PM</b>	<b>Chaitra-Panguni</b>		<b>Subha Sivaloka Day</b>

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau		Birming., UK Sun 23 Sutra 354 Vikarin 5121
Mithuna Rasi: 28.5	Tithi 9	<b>Gulika</b> 8:54AM – 10:32AM	<b>Punarvasu Until 1:59PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:37AM	
		Yama 5:37AM – 7:16AM	Athiganda* Until 9:52AM	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:42PM	Moon 3 - Phase 48
		143933468 <b>Rahu</b> 1:48PM – 3:26PM	Balava Until 9:51AM	<b>Nataraja:</b> Purple		Navami
Creative Work	Amrita Yoga		<b>Navami* Until 9:13PM</b>	<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>
		<b>Sri Rama Navami</b>				


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Birming., UK Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 12.3	Tithi 10	<b>Gulika</b> 7:14AM – 8:52AM	<b>Pushya</b> Until 1:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:35AM			
		Yama 3:27PM – 5:06PM	Sukarma Until 7:37AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:44PM		Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:31AM – 12:10PM	Taitila Until 8:26AM	<b>Nataraja:</b> Purple			4th Phase	
			Dashami Until 7:25PM	Moon – Blue		<b>Sivaloka Day</b>		
		<b>Yogaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>				

<b>2</b>		<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Birming., UK Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 26.4	Tithi 11 – 12	<b>Gulika</b> 5:33AM – 7:12AM	<b>Ashlesha*</b> Until 11:24AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:33AM			
		Yama 1:48PM – 3:28PM	Shula* Until 1:20AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:46PM		Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 8:51AM – 10:30AM	Vanija Until 6:15AM	<b>Nataraja:</b> Purple			4th Phase	
Until 11:24AM			Ekadashi Until 4:54PM	Moon – Blue		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Chaitra•Panguni</b>				

<b>3</b>		<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Birming., UK Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 11.16	Tithi 12 – 13	<b>Gulika</b> 3:28PM – 5:08PM	<b>Magha*</b> Until 9:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:31AM			
		Yama 12:09PM – 1:49PM	Ganda* Until 9:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:48PM		Moon 3 - Phase 49	
Routine Work	Marana Yoga	153933468 <b>Rahu</b> 5:08PM – 6:48PM	Kaulava Until 12:05AM Mon	<b>Nataraja:</b> Purple			4th Phase	
Until 9:19AM			Dvadashi Until 1:47PM	Moon – Red		<b>Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Chaitra•Panguni</b>				
			<i>Pradosha Vrata</i>					

<b>4</b>		<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Birming., UK Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 26.15	Tithi 13 – 14	<b>Gulika</b> 1:49PM – 3:29PM	<b>Purvaphalguni</b> Until 6:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:28AM			
Family Home Evening		Yama 10:29AM – 12:09PM	Vridhhi Until 5:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:49PM		Moon 3 - Phase 49	
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:08AM – 8:48AM	Gara Until 8:23PM	<b>Nataraja:</b> Purple			4th Phase	
			Trayodashi Until 10:15AM	Moon – Red		<b>Sivaloka Day</b>		
				<b>Chaitra•Panguni</b>				

		<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Birming., UK Sun 28 Sutra 359 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:08PM – 1:49PM	<b>Hasta</b> Until 12:34AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:26AM			
Kanya Rasi: 11.28	Tithi 14 – 15	Yama 8:47AM – 10:28AM	Dhruva Until 1:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:51PM		Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:30PM – 5:10PM	Bava Until 2:33AM Wed	<b>Nataraja:</b> Purple			Purnima	
			Chaturdashi* Until 6:27AM	Moon – Green		<b>Devaloka Day</b>		
		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>				
		<b>Hanuman Jayanti</b>						

<b>5</b>		<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Birming., UK Sun 29 Sutra 360 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:27AM – 12:08PM	<b>Chitra</b> Until 9:33PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM			
Kanya Rasi: 26.47	Tithi 16	Yama 7:05AM – 8:46AM	Vyaghata* Until 8:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM		Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 12:08PM – 1:49PM	Balava Until 12:39PM	<b>Nataraja:</b> Purple			Prathama	
			Prathama* Until 10:45PM	Moon – Green		<b>Devaloka Day</b>		
				<b>Chaitra•Panguni</b>				





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Birming., UK  
Sun 1  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 11.59 Tithi 17  
164134468  
Creative Work Amrita Yoga  
Until 6:39PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:45AM – 10:26AM  
Yama 5:21AM – 7:03AM  
Rahu 1:50PM – 3:31PM

**Svati Until 6:39PM**  
Vajra\* Until 12:28AM Fri  
Taitila Until 8:57AM  
Dvitiya Until 7:12PM

**Ganesha:** White *Sunrise:* 5:21AM  
**Muruqa:** Clear *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Birming., UK  
Sun 2  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 26.56 Tithi 18 – 19  
174134468  
Creative Work Siddha Yoga

**Gulika** 7:01AM – 8:43AM  
Yama 3:32PM – 5:14PM  
Rahu 10:26AM – 12:08PM

**Vishakha Until 4:27PM**  
Siddhi Until 8:54PM  
Bava Until 2:46AM Sat  
Tritiya Until 4:06PM

**Ganesha:** Yellow *Sunrise:* 5:19AM  
**Muruqa:** Clear *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipala\*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Birming., UK  
Sun 3  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 11.29 Tithi 19 – 20  
174134468  
Creative Work Siddha Yoga

**Gulika** 5:17AM – 6:59AM  
Yama 1:50PM – 3:33PM  
Rahu 8:42AM – 10:25AM

**Anuradha Until 2:43PM**  
Vyatipala\* Until 5:51PM  
Kaulava Until 12:36AM Sun  
Chaturthi\* Until 1:34PM

**Ganesha:** Yellow *Sunrise:* 5:17AM  
**Muruqa:** Clear *Sunset:* 6:58PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Birming., UK  
Sun 4  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 25.34 Tithi 20 – 21  
174134468  
Routine Work Marana Yoga  
Until 1:33PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:33PM – 5:17PM  
Yama 12:07PM – 1:50PM  
Rahu 5:17PM – 7:00PM

**Jyeshtha\* Until 1:33PM**  
Variyan Until 3:23PM  
Gara Until 11:12PM  
Panchami Until 11:47AM

**Ganesha:** Yellow *Sunrise:* 5:15AM  
**Muruqa:** Clear *Sunset:* 7:00PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Birming., UK  
Sun 5  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 9.1 Tithi 21 – 22  
184134468  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 1:31PM  
Then Routine Work - Marana Yoga

**Gulika** 1:51PM – 3:34PM  
Yama 10:23AM – 12:07PM  
Rahu 6:56AM – 8:40AM

**Mula\* Until 1:31PM**  
Parigha\* Until 1:36PM  
Visti Until 10:39PM  
Shashthi\* Until 10:48AM

**Ganesha:** Blue *Sunrise:* 5:12AM  
**Muruqa:** Clear *Sunset:* 7:01PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

**D**

**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Birming., UK  
Sun 6  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 22.17 Tithi 22 – 23  
284134468  
Creative Work Siddha Yoga  
Until 2:09PM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:07PM – 1:51PM  
Yama 8:38AM – 10:22AM  
Rahu 3:35PM – 5:19PM

**Purvashadha\* Until 2:09PM**  
Shiva Until 12:30PM  
Balava Until 10:57PM  
Saptami Until 10:41AM

**Ganesha:** Yellow *Sunrise:* 5:10AM  
**Muruqa:** Clear *Sunset:* 7:03PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Birming., UK  
Sun 7  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 5.01 Tithi 23 – 24  
284134468  
Creative Work Amrita Yoga  
Until 3:24PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:22AM – 12:06PM  
Yama 6:53AM – 8:37AM  
Rahu 12:06PM – 1:51PM

**Uttarashadha Until 3:24PM**  
Siddha Until 12:00PM  
Taitila Until 11:59PM  
Ashtami\* Until 11:22AM

**Ganesha:** Yellow *Sunrise:* 5:08AM  
**Muruqa:** Clear *Sunset:* 7:05PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Birming., UK
			Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 4
	Makara Rasi: 17.25	Tithi 24 – 25	<b>Gulika</b> 8:36AM – 10:21AM	<b>Shravana Until 5:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:06AM	Sarvari 5122
	294134468		Yama 5:06AM – 6:51AM	Sadhya Until 12:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga	<b>Rahu</b> 1:51PM – 3:36PM	Vanija Until 1:38AM Fri	<b>Nataraja:</b> Purple		2nd Phase	
		Chidambaram Abhishekam	<b>Navami* Until 12:44PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			


<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Birming., UK
			Dhanishtha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 5
	Makara Rasi: 29.35	Tithi 25 – 26	<b>Gulika</b> 6:49AM – 8:35AM	<b>Dhanishtha Until 8:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:03AM	Sarvari 5122
	294134468		Yama 3:37PM – 5:23PM	Subha Until 12:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga	<b>Rahu</b> 10:20AM – 12:06PM	Bava Until 3:43AM Sat	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dashami Until 2:37PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Birming., UK
			Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 6
	Kumbha Rasi: 11.35	Tithi 26 – 27	<b>Gulika</b> 5:01AM – 6:47AM	<b>Shatabhishak Until 10:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:01AM	Sarvari 5122
	295134468		Yama 1:52PM – 3:38PM	Sukla Until 1:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 1
Creative Work	Amrita Yoga	<b>Rahu</b> 8:34AM – 10:20AM	Kaulava Until 6:03AM Sun	<b>Nataraja:</b> Purple		2nd Phase	
Until 10:46PM			<b>Ekadashi* Until 4:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>			

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Birming., UK
			Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 7
	Kumbha Rasi: 23.29	Tithi 27	<b>Gulika</b> 3:39PM – 5:25PM	<b>Purvaproshtapada* Until 1:53AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Sarvari 5122
	215134468		Yama 12:05PM – 1:52PM	Brahma Until 2:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga	<b>Rahu</b> 5:25PM – 7:12PM	Kaulava Until 6:03AM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dvadashi* Until 7:15PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Birming., UK
			Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 8
	Meena Rasi: 5.22	Tithi 28	<b>Gulika</b> 1:52PM – 3:39PM	<b>Uttaraproshtapada Until 4:51AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	Sarvari 5122
	215134468		Yama 10:18AM – 12:05PM	Indra Until 3:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 1
<b>Family Home Evening</b>		<b>Rahu</b> 6:44AM – 8:31AM	Gara Until 8:30AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 9:42PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam				Birming., UK
			Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 9
	Meena Rasi: 17.14	Tithi 29	<b>Gulika</b> 12:05PM – 1:53PM	<b>Revati Until 7:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:55AM	Sarvari 5122
	215134468		Yama 8:30AM – 10:18AM	Vaidhriti* Until 3:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 1
Creative Work	Siddha Yoga	<b>Rahu</b> 3:40PM – 5:28PM	Visti Until 10:56AM	<b>Nataraja:</b> Purple		2nd Phase	
Until 7:35AM Wed			<b>Chaturdashi* Until 12:06AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>			

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam				Birming., UK
	<b>Retreat Star</b>		Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 10
	Meena Rasi: 29.07	Tithi 30	<b>Gulika</b> 10:17AM – 12:05PM	<b>Revati Until 7:35AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	Sarvari 5122
	215134468		Yama 6:41AM – 8:29AM	Vishkambha* Until 4:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 1
Routine Work	Marana Yoga	<b>Rahu</b> 12:05PM – 1:53PM	Catuspada Until 1:17PM	<b>Nataraja:</b> Purple		Amavasya	
			<b>Amavasya* Until 2:23AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>Retreat Star</b>	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Birming., UK
			Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 11
	Mesha Rasi: 11.04	Tithi 1	<b>Gulika</b> 8:28AM – 10:16AM	<b>Ashvini Until 10:31AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:51AM	Sarvari 5122
	225134468		Yama 4:51AM – 6:39AM	Priti Until 5:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 1
Creative Work	Amrita Yoga	<b>Rahu</b> 1:53PM – 3:42PM	Kintughna Until 3:29PM	<b>Nataraja:</b> Purple		Prathama	
Until 10:31AM			<b>Prathama* Until 4:29AM Fri</b>	Moon – White		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka*Chaitra</b>			

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Birmingham, UK Sun 16 Sutra 12 Sarvari 5122
Mesha Rasi: 23.05	Tithi 2	<b>Gulika</b> 6:38AM – 8:27AM	<b>Bharani</b> Until 1:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:49AM			
		Yama 3:42PM – 5:31PM	Ayushman Until 5:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM		Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 10:16AM – 12:04PM	Balava Until 5:28PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 6:21AM Sat	Moon – White			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Birmingham, UK Sun 17 Sutra 13 Sarvari 5122
Vrishabha Rasi: 5.11	Tithi 2 – 3	<b>Gulika</b> 4:47AM – 6:36AM	<b>Krittika</b> Until 3:16PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:47AM			
		Yama 1:54PM – 3:43PM	Saubhagya Until 6:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM		Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 8:25AM – 10:15AM	Taitila Until 7:11PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 6:21AM	Moon – White			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Birmingham, UK Sun 18 Sutra 14 Sarvari 5122
Vrishabha Rasi: 17.26	Tithi 3 – 4	<b>Gulika</b> 3:44PM – 5:34PM	<b>Rohini</b> Until 5:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:44AM			
		Yama 12:04PM – 1:54PM	Sobhana Until 6:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:24PM		Moon 4 - Phase 2	
		235134469 <b>Rahu</b> 5:34PM – 7:24PM	Vanija Until 8:32PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 7:53AM	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Birmingham, UK Sun 19 Sutra 15 Sarvari 5122
Vrishabha Rasi: 29.5	Tithi 4 – 5	<b>Gulika</b> 1:54PM – 3:45PM	<b>Mrigashira</b> Until 7:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:42AM			
<b>Family Home Evening</b>		Yama 10:14AM – 12:04PM	Athiganda* Until 6:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:26PM		Moon 4 - Phase 2	
Creative Work	Amrita Yoga	235134469 <b>Rahu</b> 6:33AM – 8:23AM	Bava Until 9:27PM	<b>Nataraja:</b> Clear			3rd Phase	
Until 7:00PM			<b>Chaturthi*</b> Until 9:02AM	Moon – Yellow			<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>				

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Birmingham, UK Sun 20 Sutra 16 Sarvari 5122
Mithuna Rasi: 12.28	Tithi 5 – 6	<b>Gulika</b> 12:04PM – 1:55PM	<b>Ardra</b> Until 7:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:40AM			
		Yama 8:22AM – 10:13AM	Sukarma Until 5:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM		Moon 4 - Phase 2	
		236134469 <b>Rahu</b> 3:46PM – 5:36PM	Kaulava Until 9:49PM	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Panchami</b> Until 9:41AM	Moon – Yellow			<b>Bhuloka Day</b>	
Until 7:55PM				<b>Vaisaka-Chaitra</b>			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Birmingham, UK Sun 21 Sutra 17 Sarvari 5122
Mithuna Rasi: 25.21	Tithi 6 – 7	<b>Gulika</b> 10:12AM – 12:04PM	<b>Punarvasu</b> Until 8:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:38AM			
		Yama 6:30AM – 8:21AM	Dhriti Until 4:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 12:04PM – 1:55PM	Gara Until 9:34PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 9:45AM	Moon – Blue			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Birmingham, UK Sun 22 Sutra 18 Sarvari 5122
Kataka Rasi: 8.34	Tithi 7 – 8	<b>Gulika</b> 8:20AM – 10:12AM	<b>Pushya</b> Until 8:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:36AM			
		Yama 4:36AM – 6:28AM	Shula* Until 2:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 1:55PM – 3:47PM	Visti Until 8:40PM	<b>Nataraja:</b> Clear			Ashtami	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 9:11AM	Moon – Blue			<b>Devaloka Day</b>	
Until 8:23PM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Birmingham, UK Sun 23 Sutra 19 Sarvari 5122
Kataka Rasi: 22.09	Tithi 8 – 9	<b>Gulika</b> 6:25AM – 8:18AM	<b>Ashlesha*</b> Until 7:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:33AM			
		Yama 3:49PM – 5:41PM	Ganda* Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 10:11AM – 12:03PM	Balava Until 7:06PM	<b>Nataraja:</b> Clear			Navami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 7:57AM	Moon – Blue			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Birming., UK Sun 24 Sutra 20
Simha Rasi: 6.07	Tithi 9 – 10	<b>Gulika</b> 4:31AM – 6:24AM	<b>Magha* Until 6:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:31AM	Sarvari 5122
		Yama 1:56PM – 3:49PM	Vriddhi Until 9:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 3
		256134469 <b>Rahu</b> 8:17AM – 10:10AM	Gara Until 3:36AM Sun	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 6:04AM</b>	Moon – Red		
Until 6:06PM				<b>Vaisaka*Chaitra</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Birming., UK Sun 25 Sutra 21
Simha Rasi: 20.29	Tithi 11	<b>Gulika</b> 3:50PM – 5:44PM	<b>Purvaphalguni Until 4:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Sarvari 5122
		Yama 12:03PM – 1:57PM	Dhruva Until 6:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 4 - Phase 3
		256134469 <b>Rahu</b> 5:44PM – 7:37PM	Vanija Until 2:11PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 12:38AM Mon</b>	Moon – Red		
Until 4:08PM				<b>Vaisaka*Chaitra</b>		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Birming., UK Sun 26 Sutra 22
Kanya Rasi: 5.11	Tithi 12	<b>Gulika</b> 1:57PM – 3:51PM	<b>Uttaraphalguni Until 1:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:27AM	Sarvari 5122
<b>Family Home Evening</b>		Yama 10:09AM – 12:03PM	Harshana Until 11:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 3
		256234469 <b>Rahu</b> 6:21AM – 8:15AM	Bava Until 11:02AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 9:20PM</b>	Moon – Red		
				<b>Vaisaka*Chaitra</b>		<b>Devaloka Day</b>

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Birming., UK Sun 27 Sutra 23
Kanya Rasi: 20.08	Tithi 13 – 14	<b>Gulika</b> 12:03PM – 1:57PM	<b>Hasta Until 11:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:25AM	Sarvari 5122
		Yama 8:14AM – 10:09AM	Vajra* Until 7:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 3
		267234469 <b>Rahu</b> 3:52PM – 5:46PM	Kaulava Until 7:36AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 5:48PM</b>	Moon – Green		
				<b>Vaisaka*Chaitra</b>		<b>Devaloka Day</b>
						<i>Pradosha Vrata</i>

		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Birming., UK Sun 28 Sutra 24
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:08AM – 12:03PM	<b>Chitra Until 8:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM	Sarvari 5122
Tula Rasi: 5.12	Tithi 14 – 15	Yama 6:18AM – 8:13AM	Siddhi Until 3:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 3
		267234469 <b>Rahu</b> 12:03PM – 1:58PM	Visti Until 12:29AM Thu	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:14PM</b>	Moon – Green		
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka*Chaitra</b>		<b>Devaloka Day</b>

<b>Thursday, May 7, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Birming., UK Sun 29 Sutra 25
Tula Rasi: 20.14	Tithi 15 – 16	<b>Gulika</b> 8:12AM – 10:08AM	<b>Vishakha Until 3:08AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:22AM	Sarvari 5122
		Yama 4:22AM – 6:17AM	Vyatipata* Until 11:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 3
		277234469 <b>Rahu</b> 1:58PM – 3:53PM	Balava Until 9:07PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 10:45AM</b>	Moon – Orange		
				<b>Vaisaka*Chaitra</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda