



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Tula Rasi: 27.53 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 3:31PM – 5:08PM  
**Yama** 12:18PM – 1:55PM  
**Rahu** 5:08PM – 6:45PM

**Vishakha** Until 3:28PM  
**Vyatipata\*** Until 1:59AM Mon  
**Vanija** Until 10:23PM  
**Dvitiya** Until 11:01AM

**Ganesha:** Blue *Sunrise:* 5:52AM  
**Muruqa:** Yellow *Sunset:* 6:45PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

**Devaloka Day**

Dubai, AE  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Monday, April 22, 2019**

Virschika Rasi: 11.32 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 1:55PM – 3:32PM  
**Yama** 10:41AM – 12:18PM  
**Rahu** 7:28AM – 9:05AM

**Anuradha** Until 3:13PM  
**Variyan** Until 12:23AM Tue  
**Bava** Until 9:39PM  
**Tritiya** Until 9:54AM

**Ganesha:** Blue *Sunrise:* 5:51AM  
**Muruqa:** Yellow *Sunset:* 6:45PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

**Devaloka Day**

Sun 1  
Dubai, AE  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Tuesday, April 23, 2019**

Virschika Rasi: 24.44 Tithi 19 – 20

Routine Work Marana Yoga

Until 3:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 12:18PM – 1:55PM  
**Yama** 9:04AM – 10:41AM  
**Rahu** 3:32PM – 5:09PM

**Jyeshtha\*** Until 3:35PM  
**Parigha\*** Until 11:27PM  
**Kaulava** Until 9:43PM  
**Chaturthi\*** Until 9:33AM

**Ganesha:** Blue *Sunrise:* 5:50AM  
**Muruqa:** Yellow *Sunset:* 6:45PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

**Devaloka Day**

Sun 2  
Dubai, AE  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 7.32 Tithi 20 – 21

Routine Work Marana Yoga

Until 5:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:41AM – 12:18PM  
**Yama** 7:26AM – 9:04AM  
**Rahu** 12:18PM – 1:55PM

**Mula\*** Until 5:04PM  
**Shiva** Until 11:09PM  
**Gara** Until 10:36PM  
**Panchami** Until 10:02AM

**Ganesha:** Yellow *Sunrise:* 5:49AM  
**Muruqa:** Yellow *Sunset:* 6:46PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra\*Chaitra**

**Sivaloka Day**

Sun 3  
Dubai, AE  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 19.59 Tithi 21 – 22

Creative Work Siddha Yoga

Until 7:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\* Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:03AM – 10:40AM  
**Yama** 5:49AM – 7:26AM  
**Rahu** 1:55PM – 3:32PM

**Purvashadha\*** Until 7:08PM  
**Siddha** Until 11:23PM  
**Visti** Until 12:12AM Fri  
**Shashthi\*** Until 11:18AM

**Ganesha:** Yellow *Sunrise:* 5:49AM  
**Muruqa:** Yellow *Sunset:* 6:46PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

**Devaloka Day**

Sun 4  
Dubai, AE  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**5**

**Friday, April 26, 2019**

**Retreat Star**

Makara Rasi: 2.08 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 7:25AM – 9:03AM  
**Yama** 3:32PM – 5:10PM  
**Rahu** 10:40AM – 12:17PM

**Uttarashadha** Until 9:35PM  
**Sadhya** Until 12:04AM Sat  
**Balava** Until 2:22AM Sat  
**Saptami** Until 1:13PM

**Ganesha:** Red *Sunrise:* 5:48AM  
**Muruqa:** Yellow *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

**Devaloka Day**

Sun 5  
Dubai, AE  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 14.05 Tithi 23 – 24

Creative Work Siddha Yoga

Until 12:44AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:47AM – 7:24AM  
**Yama** 1:55PM – 3:32PM  
**Rahu** 9:02AM – 10:40AM

**Shravana** Until 12:44AM Sun  
**Subha** Until 1:01AM Sun  
**Taitila** Until 4:51AM Sun  
**Ashtami\*** Until 3:34PM

**Ganesha:** Green *Sunrise:* 5:47AM  
**Muruqa:** Yellow *Sunset:* 6:47PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra\*Chaitra**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Sun 6  
Dubai, AE  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara Karana Navamyam Titau				Dubai, AE Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 25.55	Tithi 24	<b>Gulika</b> 3:32PM – 5:10PM	<b>Dhanishtha</b> <b>Until 3:48AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:46AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 6:48PM</i>	Moon 4 - Phase 3 2nd Phase
	294583469	<b>Rahu</b> 5:10PM – 6:48PM	Sukla <b>Until 2:01AM Mon</b> Gara <b>Until 6:06PM</b> <b>Navami* Until 6:06PM</b>	<b>Nataraja:</b> Clear Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 3:48AM Mon Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Dubai, AE Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 25	<b>Gulika</b> 1:55PM – 3:33PM	<b>Shatabhishak</b> <b>Until 6:34AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:45AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 6:48PM</i>	Moon 4 - Phase 3 2nd Phase
<b>Family Home Evening</b>	294583469	<b>Rahu</b> 7:23AM – 9:01AM	Brahma <b>Until 2:57AM Tue</b> Vanija <b>Until 7:24AM</b> <b>Dashami Until 8:36PM</b>	<b>Nataraja:</b> Clear Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 6:34AM Tue Then Routine Work - Marana Yoga						

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shatabhishak/Purvaprosnthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Dubai, AE Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 19.37	Tithi 26	<b>Gulika</b> 12:17PM – 1:55PM	<b>Shatabhishak</b> <b>Until 6:34AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:45AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 6:49PM</i>	Moon 4 - Phase 3 2nd Phase
	294583469	<b>Rahu</b> 3:33PM – 5:11PM	Indra <b>Until 3:39AM Wed</b> Bava <b>Until 9:46AM</b> <b>Ekadashi* Until 10:49PM</b>	<b>Nataraja:</b> Clear Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dubai, AE Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 1.38	Tithi 27	<b>Gulika</b> 10:38AM – 12:17PM	<b>Purvaprosnthapada*</b> <b>Until 9:21AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:44AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 6:49PM</i>	Moon 4 - Phase 3 2nd Phase
	214583469	<b>Rahu</b> 12:17PM – 1:55PM	Vaidhriti* <b>Until 3:59AM Thu</b> Kaulava <b>Until 11:47AM</b> <b>Dvadashi* Until 12:36AM Thu</b>	<b>Nataraja:</b> Clear Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Amrita Yoga Until 9:21AM Then Creative Work - Siddha Yoga						

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraprosnthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Dubai, AE Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 13.49	Tithi 28	<b>Gulika</b> 9:00AM – 10:38AM	<b>Uttaraprosnthapada</b> <b>Until 11:31AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:43AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 6:50PM</i>	Moon 4 - Phase 3 2nd Phase
	214583469	<b>Rahu</b> 1:55PM – 3:33PM	Vishkambha* <b>Until 3:56AM Fri</b> Gara <b>Until 1:19PM</b> <b>Trayodashi* Until 1:52AM Fri</b>	<b>Nataraja:</b> Clear Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga						
<i>Pradosha Vrata (Fasting)</i>						

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dubai, AE Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 26.14	Tithi 29	<b>Gulika</b> 7:21AM – 8:59AM	<b>Revati</b> <b>Until 1:01PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:42AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 6:50PM</i>	Moon 4 - Phase 3 2nd Phase
	215583469	<b>Rahu</b> 10:38AM – 12:16PM	Priti <b>Until 3:28AM Sat</b> Visti <b>Until 2:19PM</b> <b>Chaturdashi* Until 2:36AM Sat</b>	<b>Nataraja:</b> Clear Moon – Clear	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 1:01PM Then Creative Work - Amrita Yoga						

<b>Retreat Star</b> <b>6 Saturday, May 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dubai, AE Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 8.53	Tithi 30	<b>Gulika</b> 5:42AM – 7:20AM	<b>Ashvini</b> <b>Until 2:18PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:42AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 6:51PM</i>	Moon 4 - Phase 3 Amavasya
	225583469	<b>Rahu</b> 8:59AM – 10:38AM	Ayushman <b>Until 2:34AM Sun</b> Catuspada <b>Until 2:47PM</b> <b>Amavasya* Until 2:47AM Sun</b>	<b>Nataraja:</b> Clear Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga						

<b>Retreat Star</b> <b>Sunday, May 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Dubai, AE Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 21.47	Tithi 1	<b>Gulika</b> 3:34PM – 5:13PM	<b>Bharani</b> <b>Until 2:55PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:41AM</i>	<b>Muruqa:</b> Yellow <i>Sunset: 6:51PM</i>	Moon 4 - Phase 3 Prathama
	225583469	<b>Rahu</b> 5:13PM – 6:51PM	Saubhagya <b>Until 1:18AM Mon</b> Kintughna <b>Until 2:43PM</b> <b>Prathama* Until 2:30AM Mon</b>	<b>Nataraja:</b> Clear Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Routine Work Prabalarishta Yoga Until 2:55PM Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dubai, AE Sun 15 Sutra 22 Vikarin 5121
<b>1</b>	Vrishabha Rasi: 4.56 Tithi 2 <b>Family Home Evening</b> Routine Work Marana Yoga Until 2:58PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:55PM – 3:34PM Yama 10:37AM – 12:16PM <b>Rahu</b> 7:19AM – 8:58AM	<b>Krittika</b> Until 2:58PM Sobhana Until 11:43PM Balava Until 2:13PM <b>Dvitiya</b> Until 1:49AM Tue	<b>Ganesha:</b> Purple <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:40AM <b>Sunset:</b> 6:52PM	Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Dubai, AE Sun 16 Sutra 23 Vikarin 5121
<b>2</b>	Vrishabha Rasi: 18.18 Tithi 3 Creative Work Amrita Yoga Until 2:56PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:16PM – 1:55PM Yama 8:58AM – 10:37AM <b>Rahu</b> 3:34PM – 5:13PM	<b>Rohini</b> Until 2:56PM Athiganda* Until 9:50PM Taitila Until 1:21PM <b>Tritiya</b> Until 12:46AM Wed	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:40AM <b>Sunset:</b> 6:52PM	Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturthyam Titau				Dubai, AE Sun 17 Sutra 24 Vikarin 5121
<b>3</b>	Mithuna Rasi: 1.5 Tithi 4 Creative Work Siddha Yoga	<b>Gulika</b> 10:37AM – 12:16PM Yama 7:18AM – 8:57AM <b>Rahu</b> 12:16PM – 1:55PM	<b>Mrigashira</b> Until 2:27PM Sukarma Until 7:44PM Vanija Until 12:10PM <b>Chaturthi*</b> Until 11:27PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:53PM	Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Dubai, AE Sun 18 Sutra 25 Vikarin 5121
<b>4</b>	Mithuna Rasi: 15.32 Tithi 5 Routine Work Marana Yoga Until 1:35PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:57AM – 10:36AM Yama 5:38AM – 7:18AM <b>Rahu</b> 1:55PM – 3:35PM	<b>Ardra</b> Until 1:35PM Dhriti Until 5:28PM Bava Until 10:43AM <b>Panchami</b> Until 9:54PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 6:53PM	Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Dubai, AE Sun 19 Sutra 26 Vikarin 5121
<b>5</b>	Mithuna Rasi: 29.23 Tithi 6 Creative Work Siddha Yoga Until 12:48PM Then Routine Work - Marana Yoga	<b>Gulika</b> 7:17AM – 8:57AM Yama 3:35PM – 5:14PM <b>Rahu</b> 10:36AM – 12:16PM	<b>Punarvasu</b> Until 12:48PM Shula* Until 2:59PM Kaulava Until 9:04AM <b>Shashthi*</b> Until 8:09PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 6:54PM	Moon 4 - Phase 4 3rd Phase <b>Devaloka Day</b>

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Gara/Vanija Karana Saplamyam Titau				Dubai, AE Sun 20 Sutra 27 Vikarin 5121
<b>6</b>	Kataka Rasi: 13.2 Tithi 7 Creative Work Siddha Yoga Until 11:40AM Then Routine Work - Marana Yoga	<b>Gulika</b> 5:37AM – 7:17AM Yama 1:55PM – 3:35PM <b>Rahu</b> 8:56AM – 10:36AM	<b>Pushya</b> Until 11:40AM Ganda* Until 12:22PM Gara Until 7:13AM <b>Saptami</b> Until 6:12PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:37AM <b>Sunset:</b> 6:54PM	Moon 4 - Phase 4 3rd Phase <b>Devaloka Day</b>

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dubai, AE Sun 21 Sutra 28 Vikarin 5121
<b>Retreat Star</b>	Kataka Rasi: 27.25 Tithi 8 – 9 Creative Work Siddha Yoga Until 10:14AM Then Routine Work - Marana Yoga	<b>Gulika</b> 3:35PM – 5:15PM Yama 12:16PM – 1:56PM <b>Rahu</b> 5:15PM – 6:55PM	<b>Ashlesha*</b> Until 10:14AM Vridhhi Until 9:38AM Balava Until 3:00AM Mon <b>Ashtami*</b> Until 4:05PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:37AM <b>Sunset:</b> 6:55PM	Moon 4 - Phase 4 Ashtami <b>Devaloka Day</b>


<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dubai, AE Sun 22 Sutra 29 Vikarin 5121
<b>Retreat Star</b>	Simha Rasi: 11.35 Tithi 9 – 10 <b>Family Home Evening</b> Routine Work Marana Yoga Until 8:55AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:56PM – 3:36PM Yama 10:36AM – 12:16PM <b>Rahu</b> 7:16AM – 8:56AM	<b>Magha*</b> Until 8:55AM Dhruva Until 6:44AM Taitila Until 12:41AM Tue <b>Navami*</b> Until 1:50PM	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:36AM <b>Sunset:</b> 6:56PM	Moon 4 - Phase 4 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dubai, AE Sutra 30
Simha Rasi: 25.5	Tithi 10 – 11	<b>Gulika</b>	<b>12:16PM – 1:56PM</b>	<b>Purvaphalguni Until 7:22AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:35AM</i>	Sun 23	Vikarin 5121
		Yama	8:56AM – 10:36AM	Harshana Until 12:45AM Wed	<b>Muruqa: Yellow</b>	<i>Sunset: 6:56PM</i>		Moon 4 - Phase 5
		266583469 <b>Rahu</b>	<b>3:36PM – 5:16PM</b>	Vanija Until 10:19PM	<b>Nataraja: Clear</b>			4th Phase
Creative Work	Siddha Yoga			<b>Dashami Until 11:29AM</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>	
Until 7:22AM					<b>Vaisaka-Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visli*/Bava Karana Ekadashi/Dvadashyam Titau				Dubai, AE Sutra 31
Kanya Rasi: 10.08	Tithi 11 – 12	<b>Gulika</b>	<b>10:36AM – 12:16PM</b>	<b>Hasta Until 4:11AM Thu</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:35AM</i>	Sun 24	Vikarin 5121
		Yama	7:15AM – 8:55AM	Vajra* Until 9:44PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:57PM</i>		Moon 4 - Phase 5
		266583469 <b>Rahu</b>	<b>12:16PM – 1:56PM</b>	Bava Until 7:56PM	<b>Nataraja: Clear</b>			4th Phase
Routine Work	Marana Yoga			<b>Ekadashi Until 9:06AM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>	
Until 4:11AM Thu					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Dubai, AE Sutra 32
Kanya Rasi: 24.24	Tithi 12 – 13	<b>Gulika</b>	<b>8:55AM – 10:35AM</b>	<b>Chitra Until 2:45AM Fri</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:34AM</i>	Sun 25	Vikarin 5121
		Yama	5:34AM – 7:15AM	Siddhi Until 6:49PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:57PM</i>		Moon 4 - Phase 5
		266583469 <b>Rahu</b>	<b>1:56PM – 3:36PM</b>	Taitila Until 4:34AM Fri	<b>Nataraja: Clear</b>			4th Phase
Creative Work	Siddha Yoga			<b>Dvadashi Until 6:45AM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>			
					<i>Pradosha Vrata</i>			

<b>4</b>		<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Dubai, AE Sutra 33
Tula Rasi: 8.34	Tithi 14	<b>Gulika</b>	<b>7:14AM – 8:55AM</b>	<b>Svati Until 1:26AM Sat</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:34AM</i>	Sun 26	Vikarin 5121
		Yama	3:37PM – 5:17PM	Vyatipata* Until 4:05PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:58PM</i>		Moon 4 - Phase 5
		266583469 <b>Rahu</b>	<b>10:35AM – 12:16PM</b>	Gara Until 3:35PM	<b>Nataraja: Clear</b>			4th Phase
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 2:39AM Sat</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>			

		<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Purnimayam Titau				Dubai, AE Sutra 34
Tula Rasi: 22.32	Tithi 15	<b>Gulika</b>	<b>5:33AM – 7:14AM</b>	<b>Vishakha Until 12:48AM Sun</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 5:33AM</i>	Sun 27	Vikarin 5121
		Yama	1:56PM – 3:37PM	Variyan Until 1:37PM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:58PM</i>		Moon 4 - Phase 5
		276583469 <b>Rahu</b>	<b>8:55AM – 10:35AM</b>	Visti Until 1:52PM	<b>Nataraja: Clear</b>			Purnima
Creative Work	Siddha Yoga			<b>Purnima* Until 1:09AM Sun</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>	
Until 12:48AM Sun					<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga								

<b>Sunday, May 19, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Dubai, AE Sutra 35
Vrischika Rasi: 6.16	Tithi 16	<b>Gulika</b>	<b>3:37PM – 5:18PM</b>	<b>Anuradha Until 12:33AM Mon</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 5:33AM</i>	Sun 28	Vikarin 5121
		Yama	12:16PM – 1:57PM	Parigha* Until 11:32AM	<b>Muruqa: Yellow</b>	<i>Sunset: 6:59PM</i>		Moon 4 - Phase 5
		277583469 <b>Rahu</b>	<b>5:18PM – 6:59PM</b>	Balava Until 12:36PM	<b>Nataraja: Clear</b>			Prathama
Routine Work	Marana Yoga			<b>Prathama* Until 12:10AM Mon</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>	
Until 12:33AM Mon					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga								

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 19.4 Tithi 17  
**Family Home Evening** 277583469  
Creative Work Siddha Yoga  
Until 12:47AM Tue  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 1:57PM – 3:38PM  
Yama 10:35AM – 12:16PM  
**Rahu** 7:13AM – 8:54AM  
**Jyeshtha\* Until 12:47AM Tue**  
Shiva Until 9:56AM  
Taitila Until 11:56AM  
**Dvitiya Until 11:49PM**

Dubai, AE Sun 1  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
Ganesha: Yellow Sunrise: 5:33AM  
Muruga: Yellow Sunset: 6:59PM  
Nataraja: Clear  
Moon – Orange  
**Devaloka Day**  
Vaisaka-Vaikasi

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 2.43 Tithi 18  
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 12:16PM – 1:57PM  
Yama 8:54AM – 10:35AM  
**Rahu** 3:38PM – 5:19PM  
**Mula\* Until 1:59AM Wed**  
Siddha Until 8:50AM  
Vanija Until 11:55AM  
**Tritiya Until 12:10AM Wed**

Dubai, AE Sun 2  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
Ganesha: Blue Sunrise: 5:32AM  
Muruga: Yellow Sunset: 7:00PM  
Nataraja: Clear  
Moon – Light Blue  
**Sivaloka Day**  
Vaisaka-Vaikasi

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 15.25 Tithi 19  
Creative Work Amrita Yoga  
Until 3:43AM Thu  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthiyam Titau  
**Gulika** 10:35AM – 12:16PM  
Yama 7:13AM – 8:54AM  
**Rahu** 12:16PM – 1:57PM  
**Purvashadha\* Until 3:43AM Thu**  
Sadhya Until 8:18AM  
Bava Until 12:37PM  
**Chaturthi\* Until 1:12AM Thu**

Dubai, AE Sun 3  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
Ganesha: Red Sunrise: 5:32AM  
Muruga: Yellow Sunset: 7:00PM  
Nataraja: Clear  
Moon – Light Blue  
**Devaloka Day**  
Vaisaka-Vaikasi

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 27.49 Tithi 20  
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 8:54AM – 10:35AM  
Yama 5:31AM – 7:13AM  
**Rahu** 1:57PM – 3:38PM  
**Uttarashadha Until 5:52AM Fri**  
Subha Until 8:19AM  
Kaulava Until 1:59PM  
**Panchami Until 2:51AM Fri**

Dubai, AE Sun 4  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
Ganesha: Red Sunrise: 5:31AM  
Muruga: Yellow Sunset: 7:01PM  
Nataraja: Clear  
Moon – Light Blue  
**Devaloka Day**  
Vaisaka-Vaikasi

**4**

**Friday, May 24, 2019**

Makara Rasi: 9.58 Tithi 21  
Routine Work Marana Yoga  
Until 8:47AM Sat  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 7:12AM – 8:54AM  
Yama 3:39PM – 5:20PM  
**Rahu** 10:35AM – 12:16PM  
**Shravana Until 8:47AM Sat**  
Sukla Until 8:45AM  
Gara Until 3:54PM  
**Shashthi\* Until 4:59AM Sat**

Dubai, AE Sun 5  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
Ganesha: Red Sunrise: 5:31AM  
Muruga: Yellow Sunset: 7:01PM  
Nataraja: Clear  
Moon – Light Blue  
**Devaloka Day**  
Vaisaka-Vaikasi

**5**

**Saturday, May 25, 2019**

Makara Rasi: 21.56 Tithi 22  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti\* Karana Saptamyam Titau  
**Gulika** 5:31AM – 7:12AM  
Yama 1:58PM – 3:39PM  
**Rahu** 8:54AM – 10:35AM  
**Shravana Until 8:47AM**  
Brahma Until 9:31AM  
Visti Until 6:11PM  
**Saptami Until 7:22AM Sun**

Dubai, AE Sun 6  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
Ganesha: Green Sunrise: 5:31AM  
Muruga: Yellow Sunset: 7:02PM  
Nataraja: Clear  
Moon – Purple  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Vaisaka-Vaikasi

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 3.49 Tithi 22 – 23  
398683469  
Routine Work Marana Yoga  
Until 11:44AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau  
**Gulika** 3:39PM – 5:21PM  
Yama 12:16PM – 1:58PM  
**Rahu** 5:21PM – 7:02PM  
**Dhanishtha Until 11:44AM**  
Indra Until 10:29AM  
Balava Until 8:37PM  
**Saptami Until 7:22AM**

Dubai, AE Sun 7  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami  
Ganesha: Blue Sunrise: 5:31AM  
Muruga: Yellow Sunset: 7:02PM  
Nataraja: Clear  
Moon – Purple  
**Sivaloka Day**  
Vaisaka-Vaikasi

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 15.41 Tithi 23 – 24  
**Family Home Evening** 398683469  
Creative Work Siddha Yoga  
Until 2:32PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 1:58PM – 3:40PM  
Yama 10:35AM – 12:16PM  
**Rahu** 7:12AM – 8:53AM  
**Shatabhishak Until 2:32PM**  
Vaidhriti\* Until 11:25AM  
Taitila Until 10:57PM  
**Ashtami\* Until 9:47AM**

Dubai, AE Sun 8  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami  
Ganesha: Blue Sunrise: 5:30AM  
Muruga: Yellow Sunset: 7:03PM  
Nataraja: Clear  
Moon – Purple  
**Sivaloka Day**  
Vaisaka-Vaikasi

<b>1</b>		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Viskambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Sun 9	Dubai, AE Sutra 44
Kumbha Rasi: 27.36	Tithi 24 – 25	<b>Gulika</b>	12:17PM – 1:58PM	<b>Purvaproshtapada* Until 5:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama	8:53AM – 10:35AM	Vishkambha* Until 12:12PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	3:40PM – 5:22PM	Vanija Until 1:00AM Wed	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga			<b>Navami* Until 12:00PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 5:26PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Sun 10	Dubai, AE Sutra 45
Meena Rasi: 9.4	Tithi 25 – 26	<b>Gulika</b>	10:35AM – 12:17PM	<b>Uttaraproshtapada Until 7:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama	7:11AM – 8:53AM	Priti Until 12:43PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:04PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	12:17PM – 1:58PM	Bava Until 2:34AM Thu	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 1:50PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:45PM					<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Sun 11	Dubai, AE Sutra 46
Meena Rasi: 21.55	Tithi 26 – 27	<b>Gulika</b>	8:53AM – 10:35AM	<b>Revati Until 9:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:30AM	Vikarin 5121	
		Yama	5:30AM – 7:11AM	Ayushman Until 12:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:04PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b>	1:59PM – 3:40PM	Kaulava Until 3:33AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Ekadashi* Until 3:07PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 9:22PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Sun 12	Dubai, AE Sutra 47
Mesha Rasi: 4.26	Tithi 27 – 28	<b>Gulika</b>	7:11AM – 8:53AM	<b>Ashvini Until 10:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
		Yama	3:41PM – 5:23PM	Saubhagya Until 12:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:05PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b>	10:35AM – 12:17PM	Gara Until 3:54AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga			<b>Dvadashi* Until 3:47PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 10:42PM					<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga								
					<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Sun 13	Dubai, AE Sutra 48
Mesha Rasi: 17.15	Tithi 28 – 29	<b>Gulika</b>	5:29AM – 7:11AM	<b>Bharani Until 11:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
		Yama	1:59PM – 3:41PM	Sobhana Until 11:30AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:05PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	8:53AM – 10:35AM	Visti Until 3:37AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 3:49PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 11:14PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

<b>6</b>		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Sun 14	Dubai, AE Sutra 49
Vrishabha Rasi: 0.23	Tithi 29 – 30	<b>Gulika</b>	3:41PM – 5:23PM	<b>Krittika Until 11:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
		Yama	12:17PM – 1:59PM	Athiganda* Until 10:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:05PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b>	5:23PM – 7:05PM	Catuspada Until 2:44AM Mon	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 3:14PM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Monday, June 3, 2019</b>		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Sun 15	Dubai, AE Sutra 50
Vrishabha Rasi: 13.5	Tithi 30 – 1	<b>Gulika</b>	2:00PM – 3:42PM	<b>Rohini Until 10:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:35AM – 12:17PM	Sukarma Until 8:14AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:06PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b>	7:11AM – 8:53AM	Kintughna Until 1:22AM Tue	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Amrita Yoga			<b>Amavasya* Until 2:05PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Tuesday, June 4, 2019</b>		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Sun 16	Dubai, AE Sutra 51
Vrishabha Rasi: 27.34	Tithi 1 – 2	<b>Gulika</b>	12:18PM – 2:00PM	<b>Mrigashira Until 9:39PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:29AM	Vikarin 5121	
		Yama	8:53AM – 10:35AM	Dhriti Until 6:01AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:06PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b>	3:42PM – 5:24PM	Balava Until 11:35PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga			<b>Prathama* Until 12:30PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 9:39PM					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

<b>1</b>	<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dubai, AE Sun 17 Sutra 52 Vikarin 5121
	Mithuna Rasi: 11.32	Tithi 2 - 3	<b>Gulika</b> 10:35AM - 12:18PM	<b>Ardra Until 8:14PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:29AM	
			Yama 7:11AM - 8:53AM	Ganda* Until 12:42AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:07PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	339683461 <b>Rahu</b> 12:18PM - 2:00PM	Taitila Until 9:31PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Dvitiya Until 10:34AM</b>	Moon - Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dubai, AE Sun 18 Sutra 53 Vikarin 5121
	Mithuna Rasi: 25.4	Tithi 3 - 4	<b>Gulika</b> 8:53AM - 10:36AM	<b>Punarvasu Until 6:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:29AM	
			Yama 5:29AM - 7:11AM	Vriddhi Until 9:48PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:07PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	349683461 <b>Rahu</b> 2:00PM - 3:43PM	Vanija Until 7:15PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Tritiya Until 8:23AM</b>	Moon - Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Dubai, AE Sun 19 Sutra 54 Vikarin 5121
	Kataka Rasi: 9.54	Tithi 4 - 5	<b>Gulika</b> 7:11AM - 8:53AM	<b>Pushya Until 5:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:29AM	
			Yama 3:43PM - 5:25PM	Dhruva Until 6:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:08PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 <b>Rahu</b> 10:36AM - 12:18PM	Balava Until 3:42AM Sat	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Chaturthi* Until 6:04AM</b>	Moon - Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Dubai, AE Sun 20 Sutra 55 Vikarin 5121
	Kataka Rasi: 24.11	Tithi 6	<b>Gulika</b> 5:28AM - 7:11AM	<b>Ashlesha* Until 3:38PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:28AM	
			Yama 2:01PM - 3:43PM	Vyaghata* Until 3:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:08PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 <b>Rahu</b> 8:53AM - 10:36AM	Kaulava Until 2:32PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Shashthi* Until 1:20AM Sun</b>	Moon - Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Dubai, AE Sun 21 Sutra 56 Vikarin 5121
	Simha Rasi: 8.26	Tithi 7	<b>Gulika</b> 3:43PM - 5:26PM	<b>Magha* Until 2:14PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:28AM	
			Yama 12:18PM - 2:01PM	Harshana Until 12:53PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:08PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	351683461 <b>Rahu</b> 5:26PM - 7:08PM	Gara Until 12:12PM	<b>Nataraja:</b> Yellow		3rd Phase
			<b>Saptami Until 11:03PM</b>	Moon - Red		<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>Monday, June 10, 2019</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Dubai, AE Sun 22 Sutra 57 Vikarin 5121
	Simha Rasi: 22.38	Tithi 8	<b>Gulika</b> 2:01PM - 3:44PM	<b>Purvaphalguni Until 12:48PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:28AM	
	<b>Family Home Evening</b>		Yama 10:36AM - 12:19PM	Vajra* Until 10:00AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:09PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	351683461 <b>Rahu</b> 7:11AM - 8:54AM	Visti Until 9:58AM	<b>Nataraja:</b> Yellow		Ashtami
			<b>Ashtami* Until 8:52PM</b>	Moon - Red		<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>Tuesday, June 11, 2019</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyaltipata* Yoga Balava/Kaulava Karana Navamyam Titau				Dubai, AE Sun 23 Sutra 58 Vikarin 5121
	Kanya Rasi: 6.46	Tithi 9	<b>Gulika</b> 12:19PM - 2:01PM	<b>Uttaraphalguni Until 11:21AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:28AM	
			Yama 8:54AM - 10:36AM	Siddhi Until 7:14AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:09PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	351683461 <b>Rahu</b> 3:44PM - 5:27PM	Balava Until 7:51AM	<b>Nataraja:</b> Yellow		Navami
			<b>Navami* Until 6:49PM</b>	Moon - Red		<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>1</b>		<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dubai, AE Sun 24 Sutra 59 Vikarin 5121
Kanya Rasi: 20.47	Tithi 10 - 11	<b>Gulika</b>	<b>10:36AM - 12:19PM</b>	<b>Hasta Until 10:21AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:29AM</i>		
		Yama	7:11AM - 8:54AM	Variyan Until 2:07AM Thu	<b>Muruqa: Yellow</b>	<i>Sunset: 7:10PM</i>	Moon 5 - Phase 9	
		<b>Rahu</b>	<b>12:19PM - 2:02PM</b>	Vanija Until 4:08AM Thu	<b>Nataraja: Yellow</b>		4th Phase	
Routine Work	Marana Yoga			<b>Dashami Until 4:58PM</b>	Moon - Green			<b>Bhuloka Day</b>
Until 10:21AM					<b>Jyeshtha-Vaikasi</b>			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dubai, AE Sun 25 Sutra 60 Vikarin 5121
Tula Rasi: 4.41	Tithi 11 - 12	<b>Gulika</b>	<b>8:54AM - 10:37AM</b>	<b>Chitra Until 9:25AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:29AM</i>		
		Yama	5:29AM - 7:11AM	Parigha* Until 11:51PM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:10PM</i>	Moon 5 - Phase 9	
		<b>Rahu</b>	<b>2:02PM - 3:45PM</b>	Bava Until 2:39AM Fri	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 3:20PM</b>	Moon - Green			<b>Bhuloka Day</b>
Until 9:25AM					<b>Jyeshtha-Vaikasi</b>			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dubai, AE Sun 26 Sutra 61 Vikarin 5121
Tula Rasi: 18.25	Tithi 12 - 13	<b>Gulika</b>	<b>7:11AM - 8:54AM</b>	<b>Svati Until 8:37AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:29AM</i>		
		Yama	3:45PM - 5:28PM	Shiva Until 9:52PM	<b>Muruqa: Blue</b>	<i>Sunset: 7:10PM</i>	Moon 5 - Phase 9	
		<b>Rahu</b>	<b>10:37AM - 12:19PM</b>	Kaulava Until 1:29AM Sat	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 2:00PM</b>	Moon - Green			<b>Devaloka Day</b>
		<b>Vaikasi Visakam</b>			<b>Jyeshtha-Vaikasi</b>			
								<i>Pradosha Vrata</i>

<b>4</b>		<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dubai, AE Sun 27 Sutra 62 Vikarin 5121
Vrischika Rasi: 1.57	Tithi 13 - 14	<b>Gulika</b>	<b>5:29AM - 7:11AM</b>	<b>Vishakha Until 8:27AM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:29AM</i>		
		Yama	2:02PM - 3:45PM	Siddha Until 8:09PM	<b>Muruqa: Blue</b>	<i>Sunset: 7:11PM</i>	Moon 5 - Phase 9	
		<b>Rahu</b>	<b>8:54AM - 10:37AM</b>	Gara Until 12:43AM Sun	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 1:01PM</b>	Moon - Orange			<b>Sivaloka Day</b>
					<b>Jyeshtha-Ani</b>			

<b>○</b>		<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dubai, AE Sun 28 Sutra 63 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>3:45PM - 5:28PM</b>	<b>Anuradha Until 8:33AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:29AM</i>		
Vrischika Rasi: 15.15	Tithi 14 - 15	Yama	12:20PM - 2:03PM	Sadhya Until 6:49PM	<b>Muruqa: Blue</b>	<i>Sunset: 7:11PM</i>	Moon 5 - Phase 9	
		<b>Rahu</b>	<b>5:28PM - 7:11PM</b>	Visti Until 12:25AM Mon	<b>Nataraja: Yellow</b>		Purnima	
Routine Work	Marana Yoga			<b>Chaturdashi* Until 12:29PM</b>	Moon - Orange			<b>Subha Sivaloka Day</b>
		<b>Father's Day</b>			<b>Jyeshtha-Ani</b>			

<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dubai, AE Sun 29 Sutra 64 Vikarin 5121		
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>2:03PM - 3:46PM</b>	<b>Jyeshtha* Until 8:59AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:29AM</i>		
Vrischika Rasi: 28.18	Tithi 15 - 16	Yama	10:37AM - 12:20PM	Subha Until 5:55PM	<b>Muruqa: Blue</b>	<i>Sunset: 7:11PM</i>	Moon 5 - Phase 9	
<b>Family Home Evening</b>		<b>Rahu</b>	<b>7:12AM - 8:55AM</b>	Balava Until 12:39AM Tue	<b>Nataraja: Yellow</b>		Prathama	
Creative Work	Siddha Yoga			<b>Purnima* Until 12:27PM</b>	Moon - Orange			<b>Subha Sivaloka Day</b>
					<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha\* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dubai, AE  
Sutra 65

Dhanus Rasi: 11.04 Tithi 16 – 17

381793461

**Gulika** 12:20PM – 2:03PM  
Yama 8:55AM – 10:38AM  
**Rahu** 3:46PM – 5:29PM

**Mula\* Until 10:16AM**  
Sukla Until 5:26PM  
Taitila Until 1:28AM Wed  
**Prathama\* Until 12:58PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:29AM  
**Sunset:** 7:11PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

Until 10:16AM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Dubai, AE  
Sutra 66

Dhanus Rasi: 23.35 Tithi 17 – 18

382793461

**Gulika** 10:38AM – 12:20PM  
Yama 7:12AM – 8:55AM  
**Rahu** 12:20PM – 2:03PM

**Purvashadha\* Until 11:57AM**  
Brahma Until 5:24PM  
Vanija Until 2:49AM Thu  
**Dvitiya Until 2:03PM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:29AM  
**Sunset:** 7:12PM

Sun 1  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha\*/Shravana Nakshatra Indra/Vaidhrili\* Yoga Visti\*/Bava Karana Trilya/Chatrthyam Titau

Dubai, AE  
Sutra 67

Makara Rasi: 5.52 Tithi 18 – 19

382793461

**Gulika** 8:55AM – 10:38AM  
Yama 5:30AM – 7:12AM  
**Rahu** 2:04PM – 3:46PM

**Uttarashadha Until 1:59PM**  
Indra Until 5:47PM  
Bava Until 4:40AM Fri  
**Tritiya Until 3:40PM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 5:30AM  
**Sunset:** 7:12PM

Sun 2  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 1:59PM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dubai, AE  
Sutra 68

Makara Rasi: 17.57 Tithi 19 – 20

392793461

**Gulika** 7:13AM – 8:55AM  
Yama 3:47PM – 5:29PM  
**Rahu** 10:38AM – 12:21PM

**Shravana Until 4:46PM**  
Vaidhrili\* Until 6:27PM  
Kaulava Until 6:51AM Sat  
**Chaturthi\* Until 5:42PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:30AM  
**Sunset:** 7:12PM

Sun 3  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 4:46PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dubai, AE  
Sutra 69

Makara Rasi: 29.54 Tithi 20

392793461

**Gulika** 5:30AM – 7:13AM  
Yama 2:04PM – 3:47PM  
**Rahu** 8:56AM – 10:38AM

**Dhanishtha Until 7:39PM**  
Vishkambha\* Until 7:21PM  
Kaulava Until 6:51AM  
**Panchami Until 8:00PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:30AM  
**Sunset:** 7:12PM

Sun 4  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

Until 7:39PM

Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Dubai, AE  
Sutra 70

Kumbha Rasi: 11.46 Tithi 21

392793461

**Gulika** 3:47PM – 5:30PM  
Yama 12:21PM – 2:04PM  
**Rahu** 5:30PM – 7:13PM

**Shatabhishak Until 10:27PM**  
Priti Until 8:20PM  
Gara Until 9:13AM  
**Shashthi\* Until 10:24PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 5:30AM  
**Sunset:** 7:13PM

Sun 5  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Dubai, AE  
Sutra 71

Kumbha Rasi: 23.38 Tithi 22

312793461

**Gulika** 2:04PM – 3:47PM  
Yama 10:39AM – 12:22PM  
**Rahu** 7:13AM – 8:56AM

**Purvaproshtapada\* Until 1:29AM Tue**  
Ayushman Until 9:12PM  
Visti Until 11:35AM  
**Saptami Until 12:41AM Tue**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:30AM  
**Sunset:** 7:13PM

Sun 6  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 1:29AM Tue

Then Creative Work - Amrita Yoga

**Sivaloka Day**

**D**

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Dubai, AE  
Sutra 72

Meena Rasi: 5.35 Tithi 23

312793461

**Gulika** 12:22PM – 2:05PM  
Yama 8:56AM – 10:39AM  
**Rahu** 3:47PM – 5:30PM

**Uttaraproshtapada Until 4:03AM Wed**  
Saubhagya Until 9:53PM  
Balava Until 1:45PM  
**Ashtami\* Until 2:40AM Wed**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:31AM  
**Sunset:** 7:13PM

Sun 7  
Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga

Until 4:03AM Wed

Then Routine Work - Marana Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Dubai, AE  
Sutra 73

Meena Rasi: 17.38 Tithi 24

312793461

**Gulika** 10:39AM – 12:22PM  
Yama 7:14AM – 8:56AM  
**Rahu** 12:22PM – 2:05PM

**Revati Until 6:00AM Thu**  
Sobhana Until 10:14PM  
Taitila Until 3:31PM  
**Navami\* Until 4:10AM Thu**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 5:31AM  
**Sunset:** 7:13PM


Sun 8  
Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

Until 6:00AM Thu

Then Creative Work - Amrita Yoga

**Sivaloka Day**

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Dubai, AE Sutra 74
Meena Rasi: 29.55	Tithi 25	312793461	<b>Gulika</b> 8:57AM – 10:39AM Yama 5:31AM – 7:14AM <b>Rahu</b> 2:05PM – 3:48PM	<b>Revati Until 6:00AM</b> Athiganda* Until 10:06PM Vanija Until 4:43PM <b>Dashami Until 5:04AM Fri</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Clear	<i>Sunrise:</i> 5:31AM <i>Sunset:</i> 7:13PM	Sun 9 Moon 6 - Phase 11 2nd Phase	
Creative Work Amrita Yoga Until 6:00AM Then Creative Work - Siddha Yoga						<b>Sivaloka Day</b>		
<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau				Dubai, AE Sutra 75
Mesha Rasi: 12.27	Tithi 26	322793461	<b>Gulika</b> 7:14AM – 8:57AM Yama 3:48PM – 5:31PM <b>Rahu</b> 10:40AM – 12:22PM	<b>Ashvini Until 7:38AM</b> Sukarma Until 9:27PM Bava Until 5:16PM <b>Ekadashi* Until 5:15AM Sat</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 7:13PM	Sun 10 Moon 6 - Phase 11 2nd Phase	
Creative Work Amrita Yoga Until 7:38AM Then Creative Work - Siddha Yoga						<b>Devaloka Day</b>		
<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dubai, AE Sutra 76
Mesha Rasi: 25.2	Tithi 27	322793461	<b>Gulika</b> 5:32AM – 7:15AM Yama 2:05PM – 3:48PM <b>Rahu</b> 8:57AM – 10:40AM	<b>Bharani Until 8:26AM</b> Dhriti Until 8:14PM Kaulava Until 5:06PM <b>Dvadashi* Until 4:43AM Sun</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 7:13PM	Sun 11 Moon 6 - Phase 11 2nd Phase	
Creative Work Siddha Yoga Until 8:26AM Then Creative Work - Amrita Yoga						<b>Devaloka Day</b>		
<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Dubai, AE Sutra 77
Vrishabha Rasi: 8.34	Tithi 28	322793461	<b>Gulika</b> 3:48PM – 5:31PM Yama 12:23PM – 2:05PM <b>Rahu</b> 5:31PM – 7:13PM	<b>Krittika Until 8:22AM</b> Shula* Until 6:25PM Gara Until 4:12PM <b>Trayodashi* Until 3:29AM Mon</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	<i>Sunrise:</i> 5:32AM <i>Sunset:</i> 7:13PM	Sun 12 Moon 6 - Phase 11 2nd Phase	
Creative Work Siddha Yoga						<b>Devaloka Day</b>		
				<i>Pradosha Vrata (Fasting)</i>				
<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*Vridhdi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dubai, AE Sutra 78
Vrishabha Rasi: 22.12	Tithi 29	332793461	<b>Gulika</b> 2:06PM – 3:48PM Yama 10:40AM – 12:23PM <b>Rahu</b> 7:15AM – 8:58AM	<b>Rohini Until 7:56AM</b> Ganda* Until 4:06PM Visti Until 2:39PM <b>Chaturdashi* Until 1:39AM Tue</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 7:13PM	Sun 13 Moon 6 - Phase 11 2nd Phase	
Family Home Evening Creative Work Amrita Yoga						<b>Devaloka Day</b>		
		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhdi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dubai, AE Sutra 79
Mithuna Rasi: 6.12	Tithi 30	332793461	<b>Gulika</b> 12:23PM – 2:06PM Yama 8:58AM – 10:41AM <b>Rahu</b> 3:48PM – 5:31PM	<b>Mrigashira Until 6:46AM</b> Vridhdi Until 1:20PM Catuspada Until 12:33PM <b>Amavasya* Until 11:18PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 7:13PM	Sun 14 Moon 6 - Phase 11 Amavasya	
Retreat Star Creative Work Siddha Yoga Until 6:46AM Then Routine Work - Marana Yoga						<b>Devaloka Day</b>		
<b>6</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Dubai, AE Sutra 80
Mithuna Rasi: 20.31	Tithi 1	343793461	<b>Gulika</b> 10:41AM – 12:23PM Yama 7:16AM – 8:58AM <b>Rahu</b> 12:23PM – 2:06PM	<b>Punarvasu Until 3:08AM Thu</b> Dhruva Until 10:12AM Kintughna Until 10:00AM <b>Prathama* Until 8:36PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Blue	<i>Sunrise:</i> 5:33AM <i>Sunset:</i> 7:13PM	Sun 15 Moon 6 - Phase 11 Prathama	
Retreat Star Creative Work Siddha Yoga Until 3:08AM Thu Then Creative Work - Amrita Yoga						<b>Sivaloka Day</b>		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyaghata/Harshana Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Tilau				Dubai, AE Sun 16 Sutra 81 Vikarin 5121
Kataka Rasi: 5.04	Tithi 2 – 3	<b>Gulika</b> 8:59AM – 10:41AM	<b>Pushya</b> <b>Until 12:58AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:34AM			
		Yama 5:34AM – 7:16AM	Vyaghata* <b>Until 6:49AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:13PM		Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 2:06PM – 3:48PM	Balava <b>Until 7:10AM</b>	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> <b>Until 5:39PM</b>	Moon – Blue		<b>Sivaloka Day</b>		
Until 12:58AM Fri				<b>Ashada*Ani</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Tilau				Dubai, AE Sun 17 Sutra 82 Vikarin 5121
Kataka Rasi: 19.44	Tithi 3 – 4	<b>Gulika</b> 7:16AM – 8:59AM	<b>Ashlesha*</b> <b>Until 10:37PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:34AM			
		Yama 3:49PM – 5:31PM	Vajra* <b>Until 11:45PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:13PM		Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 10:41AM – 12:24PM	Vanija <b>Until 1:08AM Sat</b>	<b>Nataraja:</b> Yellow			3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya</b> <b>Until 2:37PM</b>	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Tilau				Dubai, AE Sun 18 Sutra 83 Vikarin 5121
Simha Rasi: 4.25	Tithi 4 – 5	<b>Gulika</b> 5:34AM – 7:17AM	<b>Magha*</b> <b>Until 8:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM			
		Yama 2:06PM – 3:49PM	Siddhi <b>Until 8:17PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:13PM		Moon 6 - Phase 12	
		353793461 <b>Rahu</b> 8:59AM – 10:41AM	Bava <b>Until 10:11PM</b>	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> <b>Until 11:37AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>		
Until 8:37PM				<b>Ashada*Ani</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Tilau				Dubai, AE Sun 19 Sutra 84 Vikarin 5121
Simha Rasi: 19.01	Tithi 5 – 6	<b>Gulika</b> 3:49PM – 5:31PM	<b>Purvaphalguni</b> <b>Until 6:40PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:35AM			
		Yama 12:24PM – 2:06PM	Vyatipata* <b>Until 4:59PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:13PM		Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 5:31PM – 7:13PM	Kaulava <b>Until 7:27PM</b>	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 8:46AM</b>	Moon – Red		<b>Sivaloka Day</b>		
Until 6:40PM				<b>Ashada*Ani</b>				
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Tailita/Vanija Karana Shashthi/Saptamyam Tilau				Dubai, AE Sun 20 Sutra 85 Vikarin 5121
Kanya Rasi: 3.26	Tithi 6 – 7	<b>Gulika</b> 2:06PM – 3:49PM	<b>Uttaraphalguni</b> <b>Until 4:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:35AM			
<b>Family Home Evening</b>		Yama 10:42AM – 12:24PM	Variyan <b>Until 1:53PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:13PM		Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 7:17AM – 9:00AM	Vanija <b>Until 3:53AM Tue</b>	<b>Nataraja:</b> Yellow			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 6:10AM</b>	Moon – Red		<b>Sivaloka Day</b>		
		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Tilau				Dubai, AE Sun 21 Sutra 86 Vikarin 5121
Kanya Rasi: 17.38	Tithi 8	<b>Gulika</b> 12:24PM – 2:07PM	<b>Hasta</b> <b>Until 3:43PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:36AM			
		Yama 9:00AM – 10:42AM	Parigha* <b>Until 11:06AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:13PM		Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 3:49PM – 5:31PM	Visti <b>Until 2:54PM</b>	<b>Nataraja:</b> Yellow			Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 2:00AM Wed</b>	Moon – Green		<b>Subha Sivaloka Day</b>		
				<b>Ashada*Ani</b>				

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Tilau				Dubai, AE Sun 22 Sutra 87 Vikarin 5121
Tula Rasi: 1.35	Tithi 9	<b>Gulika</b> 10:42AM – 12:24PM	<b>Chitra</b> <b>Until 2:50PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:36AM			
		Yama 7:18AM – 9:00AM	Shiva <b>Until 8:39AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:13PM		Moon 6 - Phase 12	
		463893461 <b>Rahu</b> 12:24PM – 2:07PM	Balava <b>Until 1:14PM</b>	<b>Nataraja:</b> Yellow			Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> <b>Until 12:32AM Thu</b>	Moon – Green		<b>Sivaloka Day</b>		
				<b>Ashada*Ani</b>				


<b>1</b>		<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Dubai, AE Sutra 88
Tula Rasi: 15.16	Tithi 10	463893461	<b>Gulika</b> 9:01AM – 10:43AM <b>Yama</b> 5:36AM – 7:18AM <b>Rahu</b> 2:07PM – 3:49PM	<b>Svati</b> Until 2:15PM Siddha Until 6:32AM Taitila Until 12:00PM Dashami Until 11:32PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Green	<b>Sunrise:</b> 5:36AM <b>Sunset:</b> 7:13PM	Sun 23 Moon 6 - Phase 13 4th Phase	Vikarin 5121
Creative Work	Amrita Yoga						<b>Sivaloka Day</b>	
Until 2:15PM								
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Dubai, AE Sutra 89
Tula Rasi: 28.41	Tithi 11	473893461	<b>Gulika</b> 7:19AM – 9:01AM <b>Yama</b> 3:49PM – 5:31PM <b>Rahu</b> 10:43AM – 12:25PM	<b>Vishakha</b> Until 2:25PM Subha Until 3:28AM Sat Vanija Until 11:13AM Ekadashi Until 11:00PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange	<b>Sunrise:</b> 5:37AM <b>Sunset:</b> 7:13PM	Sun 24 Moon 6 - Phase 13 4th Phase	Vikarin 5121
Creative Work	Siddha Yoga						<b>Devaloka Day</b>	

<b>3</b>		<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Dubai, AE Sutra 90
Vrischika Rasi: 11.5	Tithi 12	473893461	<b>Gulika</b> 5:37AM – 7:19AM <b>Yama</b> 2:07PM – 3:49PM <b>Rahu</b> 9:01AM – 10:43AM	<b>Anuradha</b> Until 2:54PM Sukla Until 2:29AM Sun Bava Until 10:56AM Dvadashi Until 10:56PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange	<b>Sunrise:</b> 5:37AM <b>Sunset:</b> 7:12PM	Sun 25 Moon 6 - Phase 13 4th Phase	Vikarin 5121
Creative Work	Siddha Yoga						<b>Devaloka Day</b>	

<b>4</b>		<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dubai, AE Sutra 91
Vrischika Rasi: 24.45	Tithi 13	473893461	<b>Gulika</b> 3:49PM – 5:30PM <b>Yama</b> 12:25PM – 2:07PM <b>Rahu</b> 5:30PM – 7:12PM	<b>Jyeshtha*</b> Until 3:43PM Brahma Until 1:53AM Mon Kaulava Until 11:07AM Trayodashi Until 11:22PM	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Orange	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 7:12PM	Sun 26 Moon 6 - Phase 13 4th Phase	Vikarin 5121
Routine Work	Marana Yoga						<b>Devaloka Day</b>	
Until 3:43PM								
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Dubai, AE Sutra 92
Dhanus Rasi: 7.26	Tithi 14	483893461	<b>Gulika</b> 2:07PM – 3:49PM <b>Yama</b> 10:43AM – 12:25PM <b>Rahu</b> 7:20AM – 9:02AM	<b>Mula*</b> Until 5:18PM Indra Until 1:41AM Tue Gara Until 11:47AM Chaturdashi* Until 12:16AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 7:12PM	Sun 27 Moon 6 - Phase 13 4th Phase	Vikarin 5121
Family Home Evening							<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga							
Until 5:18PM								
Then Routine Work - Marana Yoga								

		<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Dubai, AE Sutra 93
<b>Copper Retreat Star</b>			<b>Gulika</b> 12:25PM – 2:07PM <b>Yama</b> 9:02AM – 10:44AM <b>Rahu</b> 3:48PM – 5:30PM	<b>Purvashadha*</b> Until 7:10PM Vaidhriti* Until 1:48AM Wed Visti* Until 12:54PM Purnima* Until 1:37AM Wed	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Light Blue	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 7:12PM	Sun 28 Moon 6 - Phase 13 Purnima	Vikarin 5121
Dhanus Rasi: 19.53	Tithi 15	483893461					<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga							
Until 7:10PM								
Then Routine Work - Prabalarishta Yoga								

<b>○</b>		<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Dubai, AE Sutra 94
<b>Silver Retreat Star</b>			<b>Gulika</b> 10:44AM – 12:25PM <b>Yama</b> 7:21AM – 9:02AM <b>Rahu</b> 12:25PM – 2:07PM	<b>Uttarashadha</b> Until 9:18PM Vishkambha* Until 2:14AM Thu Balava Until 2:28PM Prathama* Until 3:23AM Thu	<b>Ganesha:</b> Purple <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Light Blue	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 7:11PM	Sun 29 Moon 6 - Phase 13 Prathama	Vikarin 5121
Makara Rasi: 2.1	Tithi 16	484893462					<b>Sivaloka Day</b>	
Creative Work	Amrita Yoga							
Until 9:18PM								
Then Creative Work - Siddha Yoga								



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 14.17 Tithi 17  
Creative Work Siddha Yoga

494893462  
Rahu

**Gulika** 9:02AM – 10:44AM  
Yama 5:40AM – 7:21AM  
Rahu 2:07PM – 3:48PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

**Shravana Until 12:05AM Fri**  
Priti Until 2:57AM Fri  
Tailila Until 4:24PM  
**Dvitiya Until 5:28AM Fri**

**Ganesha:** Clear *Sunrise: 5:40AM*  
**Muruqa:** Blue *Sunset: 7:11PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

Sun 1  
Dubai, AE  
Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**1**

**Friday, July 19, 2019**

Makara Rasi: 26.16 Tithi 18  
Creative Work Siddha Yoga  
Until 2:57AM Sat  
Then Creative Work - Amrita Yoga

494893462  
Rahu

**Gulika** 7:21AM – 9:03AM  
Yama 3:48PM – 5:29PM  
Rahu 10:44AM – 12:25PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija Karana Tritiyayam Titau

**Dhanishtha Until 2:57AM Sat**  
Ayushman Until 3:49AM Sat  
Vanija Until 6:37PM  
**Tritiya Until 7:47AM Sat**

**Ganesha:** Clear *Sunrise: 5:40AM*  
**Muruqa:** Blue *Sunset: 7:11PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

Sun 2  
Dubai, AE  
Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 8.1 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 5:45AM Sun  
Then Creative Work - Siddha Yoga

494893462  
Rahu

**Gulika** 5:41AM – 7:22AM  
Yama 2:07PM – 3:48PM  
Rahu 9:03AM – 10:44AM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

**Shatabhishak Until 5:45AM Sun**  
Saubhagya Until 4:48AM Sun  
Bava Until 9:00PM  
**Tritiya Until 7:47AM**

**Ganesha:** Clear *Sunrise: 5:41AM*  
**Muruqa:** Blue *Sunset: 7:10PM*  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

Sun 3  
Dubai, AE  
Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 20.02 Tithi 19 – 20  
Creative Work Siddha Yoga

414893462  
Rahu

**Gulika** 3:48PM – 5:29PM  
Yama 12:26PM – 2:07PM  
Rahu 5:29PM – 7:10PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthpada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Purvaprosarthpada\* Until 8:53AM Mon**  
Sobhana Until 5:46AM Mon  
Kaulava Until 11:25PM  
**Chaturthi\* Until 10:12AM**

**Ganesha:** Clear *Sunrise: 5:41AM*  
**Muruqa:** Blue *Sunset: 7:10PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Sun 4  
Dubai, AE  
Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**4**

**Monday, July 22, 2019**

Meena Rasi: 1.53 Tithi 20 – 21  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:53AM  
Then Creative Work - Siddha Yoga

414893462  
Rahu

**Gulika** 2:07PM – 3:48PM  
Yama 10:45AM – 12:26PM  
Rahu 7:22AM – 9:04AM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthpada\* Uttarprosarthpada Nakshatra Athiganda\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

**Purvaprosarthpada\* Until 8:53AM**  
Athiganda\* Until 6:35AM Tue  
Gara Until 1:42AM Tue  
**Panchami Until 12:34PM**

**Ganesha:** Clear *Sunrise: 5:41AM*  
**Muruqa:** Blue *Sunset: 7:10PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Sun 5  
Dubai, AE  
Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 13.49 Tithi 21 – 22  
Creative Work Amrita Yoga  
Until 11:40AM  
Then Creative Work - Siddha Yoga

414893462  
Rahu

**Gulika** 12:26PM – 2:07PM  
Yama 9:04AM – 10:45AM  
Rahu 3:47PM – 5:28PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarprosarthpada\* Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Uttarprosarthpada Until 11:40AM**  
Athiganda\* Until 6:35AM  
Visti Until 3:42AM Wed  
**Shashthi\* Until 2:44PM**

**Ganesha:** Clear *Sunrise: 5:42AM*  
**Muruqa:** Blue *Sunset: 7:09PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Sun 6  
Dubai, AE  
Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**6**

**Wednesday, July 24, 2019**

Meena Rasi: 25.52 Tithi 22 – 23  
Routine Work Marana Yoga

414893462  
Rahu

**Gulika** 10:45AM – 12:26PM  
Yama 7:23AM – 9:04AM  
Rahu 12:26PM – 2:06PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Revati Until 1:57PM**  
Sukarma Until 7:11AM  
Balava Until 5:16AM Thu  
**Saptami Until 4:32PM**

**Ganesha:** Clear *Sunrise: 5:42AM*  
**Muruqa:** Blue *Sunset: 7:09PM*  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Sun 7  
Dubai, AE  
Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

**Subha Sivaloka Day**

**D**

**Thursday, July 25, 2019**  
**Retreat Star**

Mesha Rasi: 8.07 Tithi 23 – 24  
Creative Work Amrita Yoga  
Until 4:04PM  
Then Creative Work - Siddha Yoga

424893462  
Rahu

**Gulika** 9:04AM – 10:45AM  
Yama 5:43AM – 7:24AM  
Rahu 2:06PM – 3:47PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Ashvini Until 4:04PM**  
Dhriti Until 7:26AM  
Taitila Until 6:13AM Fri  
**Ashtami\* Until 5:48PM**

**Ganesha:** White *Sunrise: 5:43AM*  
**Muruqa:** Blue *Sunset: 7:08PM*  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

Sun 8  
Dubai, AE  
Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

**Subha Subha Sivaloka Day**

**Friday, July 26, 2019**

**Retreat Star**

Mesha Rasi: 20.37 Tithi 24  
Creative Work Siddha Yoga

424893462  
Rahu

**Gulika** 7:24AM – 9:05AM  
Yama 3:47PM – 5:27PM  
Rahu 10:45AM – 12:26PM

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Shula\*/Ganda\* Yoga Tailila/Gara Karana Navamyam Titau

**Bharani Until 5:23PM**  
Shula\* Until 7:10AM  
Taitila Until 6:13AM  
**Navami\* Until 6:25PM**

**Ganesha:** White *Sunrise: 5:43AM*  
**Muruqa:** Blue *Sunset: 7:08PM*  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

Sun 9  
Dubai, AE  
Sutra 103  
Vikarin 5121  
Moon 7 - Phase 14  
Navami

**Subha Subha Sivaloka Day**


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Ganda*/Vridhi Yoga Vanija/Visli* Karana Dashamyam Titau				Dubai, AE Sun 10 Sutra 104 Vikarin 5121
	Wrishabha Rasi: 3.26	Tithi 25	<b>Gulika</b> 5:44AM – 7:24AM	<b>Krittika</b> Until 5:49PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:44AM	
			Yama 2:06PM – 3:47PM	Ganda* Until 6:22AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 15
	424893462	<b>Rahu</b> 9:05AM – 10:45AM		Vanija Until 6:27AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 6:16PM	Moon – White		<b>Subha Subha Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>2</b>	<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dubai, AE Sun 11 Sutra 105 Vikarin 5121
	Wrishabha Rasi: 16.4	Tithi 26 – 27	<b>Gulika</b> 3:46PM – 5:27PM	<b>Rohini</b> Until 5:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:44AM	
			Yama 12:26PM – 2:06PM	Dhruva Until 2:53AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 15
	434893462	<b>Rahu</b> 5:27PM – 7:07PM		Kaulava Until 4:36AM Mon	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 5:20PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>3</b>	<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Dubai, AE Sun 12 Sutra 106 Vikarin 5121
	Mithuna Rasi: 0.2	Tithi 27 – 28	<b>Gulika</b> 2:06PM – 3:46PM	<b>Mrigashira</b> Until 4:51PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM	
	<b>Family Home Evening</b>		Yama 10:45AM – 12:26PM	Vyaghata* Until 12:14AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 15
	435893462	<b>Rahu</b> 7:25AM – 9:05AM		Gara Until 2:35AM Tue	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 3:39PM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 4:51PM				<b>Ashada-Adi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Dubai, AE Sun 13 Sutra 107 Vikarin 5121
	Mithuna Rasi: 14.26	Tithi 28 – 29	<b>Gulika</b> 12:26PM – 2:06PM	<b>Ardra</b> Until 3:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:45AM	
			Yama 9:05AM – 10:46AM	Harshana Until 9:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 15
	435893462	<b>Rahu</b> 3:46PM – 5:26PM		Visti Until 11:57PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 1:19PM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 3:07PM				<b>Ashada-Adi</b>			
Then Creative Work - Siddha Yoga							

	<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dubai, AE Sun 14 Sutra 108 Vikarin 5121
	<b>Retreat Star</b>		<b>Gulika</b> 10:46AM – 12:26PM	<b>Punarvasu</b> Until 1:09PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:46AM	
	Mithuna Rasi: 28.56	Tithi 29 – 30	Yama 7:26AM – 9:06AM	Vajra* Until 5:33PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 15
	445893462	<b>Rahu</b> 12:26PM – 2:05PM		Catuspada Until 8:52PM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:27AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>Retreat Star</b>	<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Dubai, AE Sun 15 Sutra 109 Vikarin 5121
	Kataka Rasi: 13.45	Tithi 30 – 1	<b>Gulika</b> 9:06AM – 10:46AM	<b>Pushya</b> Until 10:40AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:46AM	
			Yama 5:46AM – 7:26AM	Siddhi Until 1:43PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 15
	445893462	<b>Rahu</b> 2:05PM – 3:45PM		Bava Until 3:41AM Fri	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 7:11AM	Moon – Blue		<b>Sivaloka Day</b>	
Until 10:40AM				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvityayam Titau		Dubai, AE Sun 16 Sutra 110 Vikarin 5121	
Kataka Rasi: 28.45	Tithi 2	<b>Gulika</b> 7:26AM – 9:06AM	<b>Ashlesha* Until 7:50AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:47AM		
		Yama 3:45PM – 5:24PM	Vyatipata* Until 9:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 16
		445893462 <b>Rahu</b> 10:46AM – 12:25PM	Balava Until 1:55PM	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 12:07AM Sat</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau		Dubai, AE Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 13.49	Tithi 3	<b>Gulika</b> 5:47AM – 7:27AM	<b>Purvaphalguni Until 2:36AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:47AM		
		Yama 2:05PM – 3:44PM	Parigha* Until 1:49AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 9:06AM – 10:46AM	Taitila Until 10:22AM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 8:37PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 2:36AM Sun				<b>Sravana*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Dubai, AE Sun 18 Sutra 112 Vikarin 5121	
Simha Rasi: 28.46	Tithi 4 – 5	<b>Gulika</b> 3:44PM – 5:23PM	<b>Uttaraphalguni Until 12:06AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:48AM		
		Yama 12:25PM – 2:05PM	Shiva Until 10:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM		Moon 7 - Phase 16
		455993462 <b>Rahu</b> 5:23PM – 7:03PM	Vanija Until 6:57AM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 5:20PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 12:06AM Mon				<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Dubai, AE Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 13.3	Tithi 5 – 6	<b>Gulika</b> 2:04PM – 3:44PM	<b>Hasta Until 10:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:48AM		
<b>Family Home Evening</b>		Yama 10:46AM – 12:25PM	Siddha Until 6:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 7:27AM – 9:07AM	Kaulava Until 1:10AM Tue	<b>Nataraja:</b> White			3rd Phase
Until 10:17PM			<b>Panchami Until 2:26PM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga		<b>Nag Panchami</b>		<b>Sravana*Adi</b>			

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Dubai, AE Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 27.55	Tithi 6 – 7	<b>Gulika</b> 12:25PM – 2:04PM	<b>Chitra Until 8:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:49AM		
		Yama 9:07AM – 10:46AM	Sadhya Until 3:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 3:43PM – 5:22PM	Gara Until 11:02PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 12:00PM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Dubai, AE Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 11.57	Tithi 7 – 8	<b>Gulika</b> 10:46AM – 12:25PM	<b>Svati Until 7:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:49AM		
		Yama 7:28AM – 9:07AM	Subha Until 1:21PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 12:25PM – 2:04PM	Vistil Until 9:30PM	<b>Nataraja:</b> White			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 10:10AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Dubai, AE Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 25.35	Tithi 8 – 9	<b>Gulika</b> 9:07AM – 10:46AM	<b>Vishakha Until 7:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM		
		Yama 5:50AM – 7:28AM	Sukla Until 11:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM		Moon 7 - Phase 16
		476993462 <b>Rahu</b> 2:04PM – 3:42PM	Balava Until 8:39PM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:59AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			


<b>1</b>		<b>Friday, August 9, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Sun 23	Dubai, AE Sutra 117 Vikarin 5121
Wrischika Rasi: 8.52	Tithi 9 – 10	<b>Gulika</b> 7:29AM – 9:07AM	<b>Anuradha</b> Until 8:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM			
		Yama 3:42PM – 5:21PM	Brahma Until 10:02AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM		Moon 7 - Phase 17	4th Phase
		476993462 <b>Rahu</b> 10:46AM – 12:25PM	Taitila Until 8:28PM	<b>Nataraja:</b> White				
Creative Work	Siddha Yoga		<b>Navami*</b> Until 8:28AM	Moon – Orange			<b>Sivaloka Day</b>	
Until 8:24PM				<b>Sravana*Adi</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Saturday, August 10, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Sun 24	Dubai, AE Sutra 118 Vikarin 5121
Wrischika Rasi: 21.47	Tithi 10 – 11	<b>Gulika</b> 5:50AM – 7:29AM	<b>Jyeshtha*</b> Until 9:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:50AM			
		Yama 2:03PM – 3:42PM	Indra Until 9:10AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM		Moon 7 - Phase 17	4th Phase
		476993462 <b>Rahu</b> 9:07AM – 10:46AM	Vanija Until 8:55PM	<b>Nataraja:</b> White				
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:36AM	Moon – Orange			<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>				

<b>3</b>		<b>Sunday, August 11, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Sun 25	Dubai, AE Sutra 119 Vikarin 5121
Dhanus Rasi: 4.25	Tithi 11 – 12	<b>Gulika</b> 3:41PM – 5:19PM	<b>Mula*</b> Until 11:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM			
		Yama 12:24PM – 2:03PM	Vaidhriti* Until 8:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM		Moon 7 - Phase 17	4th Phase
		486993462 <b>Rahu</b> 5:19PM – 6:58PM	Bava Until 9:56PM	<b>Nataraja:</b> White				
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 9:20AM	Moon – Light Blue			<b>Subha Sivaloka Day</b>	
Until 11:12PM				<b>Sravana*Adi</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Monday, August 12, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Sun 26	Dubai, AE Sutra 120 Vikarin 5121
Dhanus Rasi: 16.49	Tithi 12 – 13	<b>Gulika</b> 2:02PM – 3:41PM	<b>Purvashadha*</b> Until 1:20AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM			
<b>Family Home Evening</b>		Yama 10:46AM – 12:24PM	Vishkambha* Until 8:46AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM		Moon 7 - Phase 17	4th Phase
Routine Work	Marana Yoga	486993462 <b>Rahu</b> 7:30AM – 9:08AM	Kaulava Until 11:25PM	<b>Nataraja:</b> White				
Until 1:20AM Tue			<b>Dvadashi</b> Until 10:36AM	Moon – Light Blue			<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Sravana*Adi</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Tuesday, August 13, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Sun 27	Dubai, AE Sutra 121 Vikarin 5121
Dhanus Rasi: 29.01	Tithi 13 – 14	<b>Gulika</b> 12:24PM – 2:02PM	<b>Uttarashadha</b> Until 3:38AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM			
		Yama 9:08AM – 10:46AM	Priti Until 9:07AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:56PM		Moon 7 - Phase 17	4th Phase
		486993462 <b>Rahu</b> 3:40PM – 5:18PM	Gara Until 1:16AM Wed	<b>Nataraja:</b> White				
Routine Work	Prabalarishta Yoga		<b>Trayodashi</b> Until 12:17PM	Moon – Light Blue			<b>Subha Sivaloka Day</b>	
Until 3:38AM Wed				<b>Sravana*Adi</b>				
Then Creative Work - Siddha Yoga								

		<b>Wednesday, August 14, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Sun 28	Dubai, AE Sutra 122 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:46AM – 12:24PM	<b>Shravana</b> Until 6:33AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM			
Makara Rasi: 11.05	Tithi 14 – 15	Yama 7:30AM – 9:08AM	Ayushman Until 9:42AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:55PM		Moon 7 - Phase 17	Purnima
		496993462 <b>Rahu</b> 12:24PM – 2:02PM	Visti Until 3:25AM Thu	<b>Nataraja:</b> White				
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:18PM	Moon – Purple			<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>				
		<b>Raksha Bandhan</b>						

<b>Thursday, August 15, 2019</b>		<b>Silver Retreat Star</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Sun 29	Dubai, AE Sutra 123 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:08AM – 10:46AM	<b>Shravana</b> Until 6:33AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:53AM			
Makara Rasi: 23.03	Tithi 15 – 16	Yama 5:53AM – 7:30AM	Saubhagya Until 10:29AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:55PM		Moon 7 - Phase 17	Prathama
		497993462 <b>Rahu</b> 2:01PM – 3:39PM	Balava Until 5:44AM Fri	<b>Nataraja:</b> White				
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 4:32PM	Moon – Purple			<b>Subha Sivaloka Day</b>	
				<b>Sravana*Adi</b>				





**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 4.56      Tilthi 16  
497993462  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda\* Yoga Kaulava Karana Prathamayam Titau

**Gulika**      7:31AM – 9:08AM  
Yama          3:39PM – 5:16PM  
**Rahu**          10:46AM – 12:23PM  
**Dhanishtha Until 9:27AM**  
Sobhana Until 11:24AM  
Kaulava Until 6:55PM  
**Prathama\* Until 6:55PM**

**Ganesha:** Yellow      *Sunrise: 5:53AM*  
**Muruqa:** Blue        *Sunset: 6:54PM*  
**Nataraja:** White  
Moon – Purple  
**Sravana-Adi**

Dubai, AE  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 16.49      Tilthi 17  
497993462  
Creative Work    Amrita Yoga  
Until 12:16PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

**Gulika**      5:54AM – 7:31AM  
Yama          2:01PM – 3:38PM  
**Rahu**          9:08AM – 10:46AM  
**Shatabhishak Until 12:16PM**  
Athiganda\* Until 12:21PM  
Taitila Until 8:10AM  
**Dvitiya Until 9:21PM**

**Ganesha:** Yellow      *Sunrise: 5:54AM*  
**Muruqa:** Blue        *Sunset: 6:53PM*  
**Nataraja:** White  
Moon – Purple  
**Sravana-Avani**

Sun 1  
Dubai, AE  
Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**2**

**Sunday, August 18, 2019**

Kumbha Rasi: 28.4      Tilthi 18  
517993462  
Creative Work    Siddha Yoga  
Until 3:25PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Trilyayam Titau

**Gulika**      3:38PM – 5:15PM  
Yama          12:23PM – 2:00PM  
**Rahu**          5:15PM – 6:52PM  
**Purvaproshtapada\* Until 3:25PM**  
Sukarma Until 1:18PM  
Vanija Until 10:35AM  
**Tritiya Until 11:45PM**

**Ganesha:** White      *Sunrise: 5:54AM*  
**Muruqa:** Blue        *Sunset: 6:52PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Sun 2  
Dubai, AE  
Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**3**

**Monday, August 19, 2019**

Meena Rasi: 10.33      Tilthi 19  
517993462  
Family Home Evening  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**      2:00PM – 3:37PM  
Yama          10:46AM – 12:23PM  
**Rahu**          7:32AM – 9:09AM  
**Uttaraproshtapada Until 6:16PM**  
Dhriti Until 2:12PM  
Bava Until 12:55PM  
**Chaturthi\* Until 2:00AM Tue**

**Ganesha:** White      *Sunrise: 5:54AM*  
**Muruqa:** Blue        *Sunset: 6:51PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Sun 3  
Dubai, AE  
Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 22.3      Tilthi 20  
517993462  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**      12:23PM – 2:00PM  
Yama          9:09AM – 10:46AM  
**Rahu**          3:36PM – 5:13PM  
**Revati Until 8:46PM**  
Shula\* Until 2:54PM  
Kaulava Until 3:03PM  
**Panchami Until 3:59AM Wed**

**Ganesha:** White      *Sunrise: 5:55AM*  
**Muruqa:** Blue        *Sunset: 6:50PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Sun 4  
Dubai, AE  
Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 4.34      Tilthi 21  
527993462  
Routine Work    Marana Yoga  
Until 11:14PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**      10:46AM – 12:22PM  
Yama          7:32AM – 9:09AM  
**Rahu**          12:22PM – 1:59PM  
**Ashvini Until 11:14PM**  
Ganda\* Until 3:22PM  
Gara Until 4:52PM  
**Shashthi\* Until 5:35AM Thu**

**Ganesha:** Clear      *Sunrise: 5:55AM*  
**Muruqa:** Blue        *Sunset: 6:49PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Sun 5  
Dubai, AE  
Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 16.47      Tilthi 22  
528993462  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti\* Karana Saptamyam Titau

**Gulika**      9:09AM – 10:45AM  
Yama          5:56AM – 7:32AM  
**Rahu**          1:59PM – 3:35PM  
**Bharani Until 1:04AM Fri**  
Vridhhi Until 3:30PM  
Visti Until 6:13PM  
**Saptami Until 6:39AM Fri**

**Ganesha:** White      *Sunrise: 5:56AM*  
**Muruqa:** Blue        *Sunset: 6:48PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Sun 6  
Dubai, AE  
Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Mesha Rasi: 29.14      Tilthi 22 – 23  
528993462  
Creative Work    Siddha Yoga  
Until 2:07AM Sat  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**      7:33AM – 9:09AM  
Yama          3:35PM – 5:11PM  
**Rahu**          10:45AM – 12:22PM  
**Krittika Until 2:07AM Sat**  
Dhruva Until 3:09PM  
Balava Until 6:58PM  
**Saptami Until 6:39AM**

**Ganesha:** White      *Sunrise: 5:56AM*  
**Muruqa:** Blue        *Sunset: 6:48PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Sun 7  
Dubai, AE  
Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Sivaloka Day**

**Saturday, August 24, 2019**

**Retreat Star**

Vrshabha Rasi: 11.59      Tilthi 23 – 24  
538993462  
Creative Work    Amrita Yoga  
Until 2:45AM Sun  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**      5:57AM – 7:33AM  
Yama          1:58PM – 3:34PM  
**Rahu**          9:09AM – 10:45AM  
**Rohini Until 2:45AM Sun**  
Vyaghata\* Until 2:16PM  
Taitila Until 7:00PM  
**Ashtami\* Until 7:03AM**

**Ganesha:** Clear      *Sunrise: 5:57AM*  
**Muruqa:** Blue        *Sunset: 6:47PM*  
**Nataraja:** White  
Moon – Yellow  
**Sravana-Avani**

Sun 8  
Dubai, AE  
Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

**Subha Sivaloka Day**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1 Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dubai, AE Sutra 133 Vikarin 5121
Wishabha Rasi: 25.07	Tithi 24 – 25	<b>Gulika</b> 3:33PM – 5:10PM	<b>Mrigashira</b> Until 2:27AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	Sun 9
		Yama 12:21PM – 1:57PM	Harshana Until 12:46PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 19
		538993462 <b>Rahu</b> 5:10PM – 6:46PM	Vanija Until 6:14PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 6:42AM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
						<b>Sravana-Avani</b>

<b>2 Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Dubai, AE Sutra 134 Vikarin 5121
Mithuna Rasi: 8.41	Tithi 26	<b>Gulika</b> 1:57PM – 3:33PM	<b>Ardra</b> Until 1:15AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	Sun 10
<b>Family Home Evening</b>		Yama 10:45AM – 12:21PM	Vajra* Until 10:37AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 19
		538993462 <b>Rahu</b> 7:33AM – 9:09AM	Bava Until 4:42PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 3:38AM Tue</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
						<b>Sravana-Avani</b>

<b>3 Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Dubai, AE Sutra 135 Vikarin 5121
Mithuna Rasi: 22.43	Tithi 27	<b>Gulika</b> 12:21PM – 1:56PM	<b>Punarvasu</b> Until 11:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:58AM	Sun 11
		Yama 9:09AM – 10:45AM	Siddhi Until 7:52AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 19
		548993462 <b>Rahu</b> 3:32PM – 5:08PM	Kaulava Until 2:26PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 1:03AM Wed</b>	Moon – Blue		<b>Sivaloka Day</b>
						<b>Sravana-Avani</b>

<b>4 Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau				Dubai, AE Sutra 136 Vikarin 5121
Kataka Rasi: 7.11	Tithi 28	<b>Gulika</b> 10:45AM – 12:20PM	<b>Pushya</b> Until 9:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:58AM	Sun 12
		Yama 7:34AM – 9:09AM	Varyan Until 12:51AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 19
		549993463 <b>Rahu</b> 12:20PM – 1:56PM	Gara Until 11:34AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 9:55PM</b>	Moon – Blue		<b>Devaloka Day</b>
						<b>Sravana-Avani</b>
						<i>Pradosha Vrata (Fasting)</i>

<b>5 Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dubai, AE Sutra 137 Vikarin 5121
Kataka Rasi: 22.04	Tithi 29	<b>Gulika</b> 9:09AM – 10:45AM	<b>Ashlesha*</b> Until 6:29PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:59AM	Sun 13
		Yama 5:59AM – 7:34AM	Parigha* Until 8:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 19
		549193463 <b>Rahu</b> 1:56PM – 3:31PM	Visti Until 8:12AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:23PM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 6:29PM						<b>Sravana-Avani</b>
Then Creative Work - Amrita Yoga						

<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dubai, AE Sutra 138 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 7:34AM – 9:09AM	<b>Magha*</b> Until 3:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	Sun 14
Simha Rasi: 7.11	Tithi 30 – 1	Yama 3:30PM – 5:06PM	Shiva Until 4:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 19
		559193463 <b>Rahu</b> 10:45AM – 12:20PM	Kintughna Until 12:41AM Sat	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 2:36PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 3:39PM						<b>Sravana-Avani</b>
Then Creative Work - Siddha Yoga						

<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dubai, AE Sutra 139 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:59AM – 7:34AM	<b>Purvaphalguni</b> Until 12:37PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	Sun 15
Simha Rasi: 22.27	Tithi 1 – 2	Yama 1:55PM – 3:30PM	Siddha Until 12:18PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 19
		559193463 <b>Rahu</b> 9:09AM – 10:44AM	Balava Until 8:52PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 10:45AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 12:37PM						<b>Bhadrapada-Avani</b>
Then Routine Work - Marana Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Dubai, AE Sutra 140
	Kanya Rasi: 7.39	Tithi 2 – 3	559193463	<b>Gulika</b> 3:29PM – 5:04PM	<b>Uttaraphalguni</b> <b>Until 9:35AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Red	Sun 16 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Amrita Yoga		Yama 12:19PM – 1:54PM	Sadhya <b>Until 8:07AM</b>	<b>Sunset:</b> 6:00AM <b>Sunset:</b> 6:39PM	
				<b>Rahu</b> 5:04PM – 6:39PM	Gara <b>Until 3:31AM Mon</b>		<b>Sivaloka Day</b>
				<b>Dvitiya</b> <b>Until 7:00AM</b>	<b>Bhadrapada-Avani</b>		

<b>2</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Dubai, AE Sutra 141
	Kanya Rasi: 22.38	Tithi 4	569193463	<b>Gulika</b> 1:54PM – 3:28PM	<b>Hasta</b> <b>Until 7:06AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	Sun 17 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	<b>Family Home Evening</b>	Creative Work	Siddha Yoga	Yama 10:44AM – 12:19PM	Sukla <b>Until 12:35AM Tue</b>	<b>Sunset:</b> 6:00AM <b>Sunset:</b> 6:38PM	
				<b>Rahu</b> 7:35AM – 9:10AM	Vanija <b>Until 1:57PM</b>		<b>Sivaloka Day</b>
				<b>Ganesha</b> <b>Chaturthi</b>	<b>Chaturthi*</b> <b>Until 12:28AM Tue</b>	<b>Bhadrapada-Avani</b>	
				Then Routine Work - Prabararishta Yoga			

<b>3</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Dubai, AE Sutra 142
	Tula Rasi: 7.17	Tithi 5	569193463	<b>Gulika</b> 12:19PM – 1:53PM	<b>Svati</b> <b>Until 3:15AM Wed</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	Sun 18 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga		Yama 9:10AM – 10:44AM	Brahma <b>Until 9:28PM</b>	<b>Sunset:</b> 6:01AM <b>Sunset:</b> 6:37PM	
				<b>Rahu</b> 3:28PM – 5:02PM	Bava <b>Until 11:10AM</b>		<b>Sivaloka Day</b>
				<b>Panchami</b> <b>Until 10:00PM</b>	<b>Bhadrapada-Avani</b>		

<b>4</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra Yoga Kaulava/Taila Karana Shashthiyam Titau				Dubai, AE Sutra 143
	Tula Rasi: 21.31	Tithi 6	579193463	<b>Gulika</b> 10:44AM – 12:18PM	<b>Vishakha</b> <b>Until 2:35AM Thu</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	Sun 19 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga		Yama 7:35AM – 9:10AM	Indra <b>Until 6:57PM</b>	<b>Sunset:</b> 6:01AM <b>Sunset:</b> 6:36PM	
				<b>Rahu</b> 12:18PM – 1:53PM	Kaulava <b>Until 9:02AM</b>		<b>Subha Sivaloka Day</b>
				<b>Shashthi*</b> <b>Until 8:14PM</b>	<b>Bhadrapada-Avani</b>		

<b>5</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Dubai, AE Sutra 144
	Vrischika Rasi: 5.15	Tithi 7	571193463	<b>Gulika</b> 9:10AM – 10:44AM	<b>Anuradha</b> <b>Until 2:35AM Fri</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	Sun 20 Vikarin 5121 Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga		Yama 6:01AM – 7:35AM	Vaidhriti* <b>Until 5:04PM</b>	<b>Sunset:</b> 6:01AM <b>Sunset:</b> 6:35PM	
				<b>Rahu</b> 1:52PM – 3:26PM	Gara <b>Until 7:41AM</b>		<b>Sivaloka Day</b>
				<b>Saptami</b> <b>Until 7:17PM</b>	<b>Bhadrapada-Avani</b>		
				Then Routine Work - Marana Yoga			

<b>6</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Dubai, AE Sutra 145
	Vrischika Rasi: 18.31	Tithi 8	571193463	<b>Gulika</b> 7:36AM – 9:10AM	<b>Jyeshtha*</b> <b>Until 3:13AM Sat</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	Sun 21 Vikarin 5121 Moon 8 - Phase 20 Ashtami
	Routine Work	Marana Yoga		Yama 3:26PM – 5:00PM	Vishkambha* <b>Until 3:50PM</b>	<b>Sunset:</b> 6:02AM <b>Sunset:</b> 6:34PM	
				<b>Rahu</b> 10:44AM – 12:18PM	Visti <b>Until 7:08AM</b>		<b>Sivaloka Day</b>
				<b>Ashtami*</b> <b>Until 7:10PM</b>	<b>Bhadrapada-Avani</b>		
				Then Creative Work - Siddha Yoga			

<b>7</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Dubai, AE Sutra 146
	Dhanus Rasi: 1.22	Tithi 9	581193463	<b>Gulika</b> 6:02AM – 7:36AM	<b>Mula*</b> <b>Until 4:56AM Sun</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Light Blue	Sun 22 Vikarin 5121 Moon 8 - Phase 20 Navami
	Creative Work	Siddha Yoga		Yama 1:51PM – 3:25PM	Priti <b>Until 3:15PM</b>	<b>Sunset:</b> 6:02AM <b>Sunset:</b> 6:32PM	
				<b>Rahu</b> 9:10AM – 10:43AM	Balava <b>Until 7:25AM</b>		<b>Devaloka Day</b>
				<b>Navami*</b> <b>Until 7:49PM</b>	<b>Bhadrapada-Avani</b>		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Dubai, AE Sutra 147
Dhanus Rasi: 13.52	Tithi 10	<b>Gulika</b> 3:24PM – 4:58PM	<b>Purvashadha* Until 7:05AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:02AM</i>	Sun 23	Vikarin 5121
		Yama 12:17PM – 1:51PM	Ayushman Until 3:11PM	<b>Muruqa:</b> Blue <i>Sunset: 6:31PM</i>		Moon 8 - Phase 21
		581193463 <b>Rahu</b> 4:58PM – 6:31PM	Taitila Until 8:27AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue	<b>Devaloka Day</b>	
Until 7:05AM Mon		<b>Grandparent's Day</b>	<b>Dashami Until 9:10PM</b>	<b>Bhadrapada-Avani</b>		
Then Routine Work - Marana Yoga						

<b>2 Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Dubai, AE Sutra 148
Dhanus Rasi: 26.07	Tithi 11	<b>Gulika</b> 1:50PM – 3:23PM	<b>Purvashadha* Until 7:05AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:03AM</i>	Sun 24	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:43AM – 12:17PM	Saubhagya Until 3:34PM	<b>Muruqa:</b> Blue <i>Sunset: 6:30PM</i>		Moon 8 - Phase 21
		581193463 <b>Rahu</b> 7:36AM – 9:10AM	Vanija Until 10:05AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga			Moon – Light Blue	<b>Devaloka Day</b>	
			<b>Ekadashi Until 11:03PM</b>	<b>Bhadrapada-Avani</b>		

<b>3 Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Dubai, AE Sutra 149
Makara Rasi: 8.1	Tithi 12	<b>Gulika</b> 12:16PM – 1:49PM	<b>Uttarashadha Until 9:30AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:03AM</i>	Sun 25	Vikarin 5121
		Yama 9:10AM – 10:43AM	Sobhana Until 4:16PM	<b>Muruqa:</b> Blue <i>Sunset: 6:29PM</i>		Moon 8 - Phase 21
		581193463 <b>Rahu</b> 3:23PM – 4:56PM	Bava Until 12:09PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue	<b>Devaloka Day</b>	
Until 9:30AM			<b>Dvadashi Until 1:16AM Wed</b>	<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dubai, AE Sutra 150
Makara Rasi: 20.05	Tithi 13	<b>Gulika</b> 10:43AM – 12:16PM	<b>Shravana Until 12:32PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:04AM</i>	Sun 26	Vikarin 5121
		Yama 7:37AM – 9:10AM	Athiganda* Until 5:07PM	<b>Muruqa:</b> Blue <i>Sunset: 6:28PM</i>		Moon 8 - Phase 21
		591193463 <b>Rahu</b> 12:16PM – 1:49PM	Kaulava Until 2:29PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple	<b>Sivaloka Day</b>	
Until 12:32PM		<b>Avani Avittam</b>	<b>Trayodashi Until 3:41AM Thu</b>	<b>Bhadrapada-Avani</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

<b>5 Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Dubai, AE Sutra 151
Kumbha Rasi: 1.58	Tithi 14	<b>Gulika</b> 9:10AM – 10:43AM	<b>Dhanishtha Until 3:31PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:04AM</i>	Sun 27	Vikarin 5121
		Yama 6:04AM – 7:37AM	Sukarma Until 6:04PM	<b>Muruqa:</b> Blue <i>Sunset: 6:27PM</i>		Moon 8 - Phase 21
		591193463 <b>Rahu</b> 1:48PM – 3:21PM	Gara Until 4:57PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple	<b>Sivaloka Day</b>	
			<b>Chaturdashi* Until 6:09AM Fri</b>	<b>Bhadrapada-Avani</b>		

<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dubai, AE Sutra 152
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:37AM – 9:10AM	<b>Shatabhishak Until 6:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:04AM</i>		Vikarin 5121
Kumbha Rasi: 13.49	Tithi 14 – 15	Yama 3:21PM – 4:53PM	Dhriti Until 7:01PM	<b>Muruqa:</b> Purple <i>Sunset: 6:26PM</i>		Moon 8 - Phase 21
		591113463 <b>Rahu</b> 10:42AM – 12:15PM	Visti Until 7:24PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga			Moon – Purple	<b>Sivaloka Day</b>	
		<b>Chidambaram Abhishekam</b>	<b>Chaturdashi* Until 6:09AM</b>	<b>Bhadrapada-Avani</b>		

<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dubai, AE Sutra 153
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:05AM – 7:37AM	<b>Purvaproshtapada* Until 9:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:05AM</i>		Vikarin 5121
Kumbha Rasi: 25.41	Tithi 15 – 16	Yama 1:47PM – 3:20PM	Shula* Until 7:53PM	<b>Muruqa:</b> Purple <i>Sunset: 6:25PM</i>		Moon 8 - Phase 21
		511113463 <b>Rahu</b> 9:10AM – 10:42AM	Balava Until 9:48PM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga			Moon – Clear	<b>Sivaloka Day</b>	
Until 9:25PM			<b>Purnima* Until 8:36AM</b>	<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Dubai, AE

Sutra 154

Vikarin 5121

Meena Rasi: 7.35 Tithi 16 – 17

512113463

Gulika

3:19PM – 4:52PM

Yama

12:14PM – 1:47PM

Rahu

4:52PM – 6:24PM

Uttaraproshtapada Until 12:13AM Mon

Ganda\* Until 8:40PM

Taitila Until 12:03AM Mon

Prathama\* Until 10:55AM

Ganesha: Yellow Sunrise: 6:05AM

Muruqa: Purple Sunset: 6:24PM

Nataraja: Clear

Moon – Clear

Bhadrapada\*Avani

Moon 9 - Phase 22

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 12:13AM Mon

Then Creative Work - Siddha Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Dubai, AE

Sutra 155

Vikarin 5121

Meena Rasi: 19.33 Tithi 17 – 18

512113463

Gulika

1:46PM – 3:18PM

Yama

10:42AM – 12:14PM

Rahu

7:38AM – 9:10AM

Revati Until 2:39AM Tue

Vriddhi Until 9:20PM

Vanija Until 2:06AM Tue

Dvitiya Until 1:05PM

Ganesha: Yellow Sunrise: 6:05AM

Muruqa: Purple Sunset: 6:23PM

Nataraja: Clear

Moon – Clear

Bhadrapada\*Avani

Moon 9 - Phase 22

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Sun 2

Dubai, AE

Sutra 156

Vikarin 5121

Mesha Rasi: 1.35 Tithi 18 – 19

522113463

Gulika

12:14PM – 1:46PM

Yama

9:10AM – 10:42AM

Rahu

3:18PM – 4:50PM

Ashvini Until 5:11AM Wed

Dhruva Until 9:46PM

Bava Until 3:55AM Wed

Tritiya Until 3:02PM

Ganesha: White Sunrise: 6:06AM

Muruqa: Purple Sunset: 6:22PM

Nataraja: Clear

Moon – White

Bhadrapada\*Puratasi

Moon 9 - Phase 22

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Dubai, AE

Sutra 157

Vikarin 5121

Mesha Rasi: 13.44 Tithi 19 – 20

522113463

Gulika

10:42AM – 12:13PM

Yama

7:38AM – 9:10AM

Rahu

12:13PM – 1:45PM

Bharani Until 7:13AM Thu

Vyaghata\* Until 9:59PM

Kaulava Until 5:23AM Thu

Chaturthi\* Until 4:41PM

Ganesha: White Sunrise: 6:06AM

Muruqa: Purple Sunset: 6:21PM

Nataraja: Clear

Moon – White

Bhadrapada\*Puratasi

Moon 9 - Phase 22

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtham Titau

Sun 4

Dubai, AE

Sutra 158

Vikarin 5121

Mesha Rasi: 26.02 Tithi 20 – 21

522113463

Gulika

9:10AM – 10:41AM

Yama

6:06AM – 7:38AM

Rahu

1:45PM – 3:16PM

Bharani Until 7:13AM

Harshana Until 9:55PM

Gara Until 6:26AM Fri

Panchami Until 5:57PM

Ganesha: White Sunrise: 6:06AM

Muruqa: Purple Sunset: 6:20PM

Nataraja: Clear

Moon – White

Bhadrapada\*Puratasi

Moon 9 - Phase 22

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Gara/Vanija Karana Shashtham Titau

Sun 5

Dubai, AE

Sutra 159

Vikarin 5121

Vrishabha Rasi: 8.31 Tithi 21

522113463

Gulika

7:38AM – 9:10AM

Yama

3:16PM – 4:47PM

Rahu

10:41AM – 12:13PM

Krittika Until 8:39AM

Vajra\* Until 9:24PM

Gara Until 6:26AM

Shashthi\* Until 6:44PM

Ganesha: White Sunrise: 6:07AM

Muruqa: Purple Sunset: 6:18PM

Nataraja: Clear

Moon – White

Bhadrapada\*Puratasi

Moon 9 - Phase 22

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Sun 6

Dubai, AE

Sutra 160

Vikarin 5121

Vrishabha Rasi: 21.14 Tithi 22

532113463

Gulika

6:07AM – 7:39AM

Yama

1:44PM – 3:15PM

Rahu

9:10AM – 10:41AM

Rohini Until 9:52AM

Siddhi Until 8:26PM

Visti Until 6:55AM

Saptami Until 6:54PM

Ganesha: Clear Sunrise: 6:07AM

Muruqa: Purple Sunset: 6:17PM

Nataraja: Clear

Moon – Yellow

Bhadrapada\*Puratasi

Moon 9 - Phase 22

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Then Creative Work - Siddha Yoga

Retreat Star

Sunday, September 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 7

Dubai, AE

Sutra 161

Vikarin 5121

Mithuna Rasi: 4.17 Tithi 23

532113463

Gulika

3:14PM – 4:45PM

Yama

12:12PM – 1:43PM

Rahu

4:45PM – 6:16PM

Mrigashira Until 10:17AM

Vyatipata\* Until 6:55PM

Balava Until 6:45AM

Ashtami\* Until 6:23PM

Ganesha: Clear Sunrise: 6:08AM

Muruqa: Purple Sunset: 6:16PM

Nataraja: Clear

Moon – Yellow

Bhadrapada\*Puratasi

Moon 9 - Phase 22

Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Monday, September 23, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Sun 8

Dubai, AE

Sutra 162

Vikarin 5121

Mithuna Rasi: 17.43 Tithi 24 – 25

532213463

Gulika

1:43PM – 3:13PM

Yama

10:41AM – 12:12PM

Rahu

7:39AM – 9:10AM

Ardra Until 9:50AM

Variyan Until 4:48PM

Vanija Until 4:16AM Tue

Navami\* Until 5:08PM

Ganesha: Orange Sunrise: 6:08AM

Muruqa: Purple Sunset: 6:15PM

Nataraja: Clear

Moon – Yellow

Bhadrapada\*Puratasi

Moon 9 - Phase 22

Navami

Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Amrita Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau		Dubai, AE
Kataka Rasi: 1.34	Tithi 25 – 26	<b>Gulika</b>	<b>12:11PM – 1:42PM</b>	<b>Punarvasu Until 8:59AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:08AM	Sun 9 Sutra 163
		Yama	9:10AM – 10:41AM	Parigha* Until 2:08PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:14PM	Vikarin 5121
		542213463 <b>Rahu</b>	<b>3:13PM – 4:43PM</b>	Bava Until 1:59AM Wed	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Creative Work	Siddha Yoga			<b>Dashami Until 3:11PM</b>	Moon – Blue	2nd Phase
					<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>	

<b>2</b>		<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Dubai, AE
Kataka Rasi: 15.52	Tithi 26 – 27	<b>Gulika</b>	<b>10:40AM – 12:11PM</b>	<b>Pushya Until 7:18AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:09AM	Sun 10 Sutra 164
		Yama	7:39AM – 9:10AM	Shiva Until 10:56AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:13PM	Vikarin 5121
		542213463 <b>Rahu</b>	<b>12:11PM – 1:41PM</b>	Kaulava Until 11:07PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Creative Work	Siddha Yoga			<b>Ekadashi* Until 12:36PM</b>	Moon – Blue	2nd Phase
					<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>	

<b>3</b>		<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Dubai, AE
Simha Rasi: 0.34	Tithi 27 – 28	<b>Gulika</b>	<b>9:10AM – 10:40AM</b>	<b>Magha* Until 2:26AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:09AM	Sun 11 Sutra 165
		Yama	6:09AM – 7:40AM	Siddha Until 7:17AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:12PM	Vikarin 5121
		552213463 <b>Rahu</b>	<b>1:41PM – 3:11PM</b>	Gara Until 7:47PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Creative Work	Amrita Yoga			<b>Dvadashi* Until 9:29AM</b>	Moon – Red	2nd Phase
Until 2:26AM Fri					<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Bhadrapada•Puratasi</b>	
					<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>		<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vistil/Sakuni* Karana Chaturdashyam Titau		Dubai, AE
Simha Rasi: 15.34	Tithi 29	<b>Gulika</b>	<b>7:40AM – 9:10AM</b>	<b>Purvaphalguni Until 11:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:10AM	Sun 12 Sutra 166
		Yama	3:11PM – 4:41PM	Subha Until 11:07PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:11PM	Vikarin 5121
		552213463 <b>Rahu</b>	<b>10:40AM – 12:10PM</b>	Vistil Until 4:09PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 2:15AM Sat</b>	Moon – Red	2nd Phase
					<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>	

		<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Dubai, AE
<b>Retreat Star</b>		<b>Gulika</b>	<b>6:10AM – 7:40AM</b>	<b>Uttaraphalguni Until 8:24PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:10AM	Sun 13 Sutra 167
Kanya Rasi: 0.46	Tithi 30	Yama	1:40PM – 3:10PM	Sukla Until 6:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:10PM	Vikarin 5121
		652213463 <b>Rahu</b>	<b>9:10AM – 10:40AM</b>	Catuspada Until 12:22PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Routine Work	Marana Yoga			<b>Amavasya* Until 10:28PM</b>	Moon – Red	Amavasya
					<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>	
					<b>Mahalaya Amavasai (Tamil Nadu)</b>	

<b>Retreat Star</b>		<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Dubai, AE
<b>Retreat Star</b>		<b>Gulika</b>	<b>3:09PM – 4:39PM</b>	<b>Hasta Until 5:39PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:10AM	Sun 14 Sutra 168
Kanya Rasi: 15.59	Tithi 1	Yama	12:10PM – 1:39PM	Brahma Until 2:39PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:09PM	Vikarin 5121
		663213463 <b>Rahu</b>	<b>4:39PM – 6:09PM</b>	Kintughna Until 8:37AM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Creative Work	Amrita Yoga			<b>Prathama* Until 6:47PM</b>	Moon – Green	Prathama
Until 5:39PM					<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Ashvina•Puratasi</b>	
					<b>Navaratri Begins</b>	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>1</b>		<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Dubai, AE Sutra 169 Vikarin 5121
Tula Rasi: 1.03	Tithi 2 - 3	<b>Gulika</b>	1:39PM - 3:08PM	<b>Chitra</b> Until 3:02PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:11AM	Sun 15
<b>Family Home Evening</b>	663213463	<b>Yama</b>	10:40AM - 12:09PM	Indra Until 10:41AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:08PM	Moon 9 - Phase 24
Routine Work	Prabalarishta Yoga	<b>Rahu</b>	7:40AM - 9:10AM	Taitila Until 1:54AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Until 3:02PM				<b>Dvitiya</b> Until 3:24PM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Dubai, AE Sutra 170 Vikarin 5121
Tula Rasi: 15.49	Tithi 3 - 4	<b>Gulika</b>	12:09PM - 1:38PM	<b>Svati</b> Until 12:45PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:11AM	Sun 16
	663213463	<b>Yama</b>	9:10AM - 10:39AM	Vaidhriti* Until 7:03AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:07PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	<b>Rahu</b>	3:08PM - 4:37PM	Vanija Until 11:17PM	<b>Nataraja:</b> Clear	3rd Phase
Until 12:45PM				<b>Tritiya</b> Until 12:30PM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Dubai, AE Sutra 171 Vikarin 5121
Vrischika Rasi: 0.1	Tithi 4 - 5	<b>Gulika</b>	10:39AM - 12:09PM	<b>Vishakha</b> Until 11:23AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:12AM	Sun 17
	673213463	<b>Yama</b>	7:41AM - 9:10AM	Priti Until 1:22AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:06PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	<b>Rahu</b>	12:09PM - 1:38PM	Bava Until 9:22PM	<b>Nataraja:</b> Clear	3rd Phase
				<b>Chaturthi*</b> Until 10:13AM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>

<b>4</b>		<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Dubai, AE Sutra 172 Vikarin 5121
Vrischika Rasi: 14.02	Tithi 5 - 6	<b>Gulika</b>	9:10AM - 10:39AM	<b>Anuradha</b> Until 10:38AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:12AM	Sun 18
	673213463	<b>Yama</b>	6:12AM - 7:41AM	Ayushman Until 11:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:05PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	<b>Rahu</b>	1:37PM - 3:06PM	Kaulava Until 8:17PM	<b>Nataraja:</b> Clear	3rd Phase
Until 10:38AM				<b>Panchami</b> Until 8:42AM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga						

<b>5</b>		<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Dubai, AE Sutra 173 Vikarin 5121
Vrischika Rasi: 27.23	Tithi 6 - 7	<b>Gulika</b>	7:41AM - 9:10AM	<b>Jyeshtha*</b> Until 10:36AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:12AM	Sun 19
	673213463	<b>Yama</b>	3:06PM - 4:35PM	Saubhagya Until 10:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM	Moon 9 - Phase 24
Routine Work	Marana Yoga	<b>Rahu</b>	10:39AM - 12:08PM	Gara Until 8:06PM	<b>Nataraja:</b> Clear	3rd Phase
Until 10:36AM				<b>Shashthi*</b> Until 8:03AM	<b>Ashvina+Puratasi</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Dubai, AE Sutra 174 Vikarin 5121
Dhanus Rasi: 10.17	Tithi 7 - 8	<b>Gulika</b>	6:13AM - 7:42AM	<b>Mula*</b> Until 11:45AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:13AM	Sun 20
	683213463	<b>Yama</b>	1:36PM - 3:05PM	Sobhana Until 9:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:02PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	<b>Rahu</b>	9:10AM - 10:39AM	Visti Until 8:47PM	<b>Nataraja:</b> Clear	Ashtami
				<b>Saptami</b> Until 8:19AM	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
		<b>Durga Ashtami</b>				

<b>Retreat Star</b>		<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Dubai, AE Sutra 175 Vikarin 5121
Dhanus Rasi: 22.48	Tithi 8 - 9	<b>Gulika</b>	3:04PM - 4:33PM	<b>Purvashadha*</b> Until 1:32PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:13AM	Sun 21
	683213463	<b>Yama</b>	12:07PM - 1:36PM	Athiganda* Until 9:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:01PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	<b>Rahu</b>	4:33PM - 6:01PM	Balava Until 10:14PM	<b>Nataraja:</b> Clear	Navami
Until 1:32PM				<b>Ashtami*</b> Until 9:24AM	<b>Ashvina+Puratasi</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>				

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dubai, AE Sutra 176
<b>1</b>					Sun 22	Vikarin 5121
Makara Rasi: 5	Tithi 9 – 10	<b>Gulika</b> 1:35PM – 3:04PM	<b>Uttarashadha</b> Until 3:46PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:14AM	
<b>Family Home Evening</b>	683213463	Yama 10:39AM – 12:07PM	Sukarma Until 10:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	Moon 9 - Phase 25
Routine Work	Marana Yoga	<b>Rahu</b> 7:42AM – 9:10AM	Taitila Until 12:17AM Tue	<b>Nataraja:</b> Clear		4th Phase
Until 3:46PM			<b>Navami*</b> Until 11:11AM	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>		

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Dubai, AE Sutra 177
<b>2</b>					Sun 23	Vikarin 5121
Makara Rasi: 17	Tithi 10 – 11	<b>Gulika</b> 12:07PM – 1:35PM	<b>Shravana</b> Until 6:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:14AM	
	693213464	Yama 9:10AM – 10:39AM	Dhriti Until 11:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	<b>Rahu</b> 3:03PM – 4:31PM	Vanija Until 2:40AM Wed	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 1:25PM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dubai, AE Sutra 178
<b>3</b>					Sun 24	Vikarin 5121
Makara Rasi: 28.53	Tithi 11 – 12	<b>Gulika</b> 10:39AM – 12:06PM	<b>Dhanishtha</b> Until 9:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	
	693213464	Yama 7:43AM – 9:11AM	Shula* Until 12:13AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 25
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 12:06PM – 1:34PM	Bava Until 5:13AM Thu	<b>Nataraja:</b> Purple		4th Phase
Until 9:46PM			<b>Ekadashi</b> Until 3:55PM	Moon – Purple		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>		

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava Karana Dvadashyam Titau				Dubai, AE Sutra 179
<b>4</b>					Sun 25	Vikarin 5121
Kumbha Rasi: 10.43	Tithi 12	<b>Gulika</b> 9:11AM – 10:38AM	<b>Shatabhishak</b> Until 12:36AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	
	693213464	Yama 6:15AM – 7:43AM	Ganda* Until 1:09AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	<b>Rahu</b> 1:34PM – 3:02PM	Balava Until 6:27PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashi</b> Until 6:27PM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dubai, AE Sutra 180
<b>5</b>					Sun 26	Vikarin 5121
Kumbha Rasi: 22.34	Tithi 13	<b>Gulika</b> 7:43AM – 9:11AM	<b>Purvaproshtapada*</b> Until 3:40AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:15AM	
	613213464	Yama 3:01PM – 4:29PM	Vriddhi Until 2:00AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	<b>Rahu</b> 10:38AM – 12:06PM	Kaulava Until 7:43AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi</b> Until 8:53PM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		
				<i>Pradosha Vrata</i>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Dubai, AE Sutra 181
<b>6</b>					Sun 27	Vikarin 5121
Meena Rasi: 4.29	Tithi 14	<b>Gulika</b> 6:16AM – 7:43AM	<b>Uttaraproshtapada</b> Until 6:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:16AM	
	613213464	Yama 1:33PM – 3:01PM	Dhruva Until 2:40AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	<b>Rahu</b> 9:11AM – 10:38AM	Gara Until 10:04AM	<b>Nataraja:</b> Purple		4th Phase
Until 6:21AM Sun			<b>Chaturdashi*</b> Until 11:08PM	Moon – Clear		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>		

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Dubai, AE Sutra 182
<b>○</b>						Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:00PM – 4:27PM	<b>Uttaraproshtapada</b> Until 6:21AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:16AM	
Meena Rasi: 16.28	Tithi 15	Yama 12:05PM – 1:33PM	Vyaghata* Until 3:08AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 25
	614213464	<b>Rahu</b> 4:27PM – 5:55PM	Visti Until 12:11PM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 1:07AM Mon	Moon – Clear		<b>Subha Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		

<b>Monday, October 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Dubai, AE Sutra 183
<b>○</b>						Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 1:32PM – 2:59PM	<b>Revati</b> Until 8:38AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM	
Meena Rasi: 28.34	Tithi 16	Yama 10:38AM – 12:05PM	Harshana Until 3:25AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	614213464	<b>Rahu</b> 7:44AM – 9:11AM	Balava Until 2:02PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:50AM Tue	Moon – Clear		<b>Subha Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Dubai, AE  
Sutra 184

Mesha Rasi: 10.47      Tithi 17

624213464

**Gulika** 12:05PM – 1:32PM  
**Yama** 9:11AM – 10:38AM  
**Rahu** 2:59PM – 4:26PM

**Ashvini Until 10:57AM**  
Vajra\* Until 3:25AM Wed  
Taitila Until 3:35PM  
**Dvitiya Until 4:13AM Wed**

**Ganesha:** White      *Sunrise:* 6:17AM  
**Muruqa:** Purple      *Sunset:* 5:53PM

**Nataraja:** Purple  
Moon – White      **Subha Subha Sivaloka Day**  
**Ashvina•Puratasi**

Creative Work      Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Dubai, AE  
Sutra 185

Mesha Rasi: 23.08      Tithi 18

624213464

**Gulika** 10:38AM – 12:05PM  
**Yama** 7:45AM – 9:11AM  
**Rahu** 12:05PM – 1:32PM

**Bharani Until 12:48PM**  
Siddhi Until 3:11AM Thu  
Vanija Until 4:49PM  
**Tritiya Until 5:17AM Thu**

**Ganesha:** White      *Sunrise:* 6:18AM  
**Muruqa:** Purple      *Sunset:* 5:52PM

**Nataraja:** Purple  
Moon – White      **Subha Subha Sivaloka Day**  
**Ashvina•Puratasi**

Creative Work      Siddha Yoga

Until 12:48PM  
Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Dubai, AE  
Sutra 186

Vrishabha Rasi: 5.38      Tithi 19

624313464

**Gulika** 9:11AM – 10:38AM  
**Yama** 6:18AM – 7:45AM  
**Rahu** 1:31PM – 2:58PM

**Krittika Until 2:09PM**  
Vyatipata\* Until 2:40AM Fri  
Bava Until 5:42PM  
**Chaturthi\* Until 5:58AM Fri**

**Ganesha:** Yellow      *Sunrise:* 6:18AM  
**Muruqa:** Purple      *Sunset:* 5:51PM

**Nataraja:** Purple  
Moon – White      **Subha Sivaloka Day**  
**Ashvina•Aipasi**

Routine Work      Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyian Yoga Kaulava Karana Panchamyam Titau

Dubai, AE  
Sutra 187

Vrishabha Rasi: 18.17      Tithi 20

634313464

**Gulika** 7:45AM – 9:12AM  
**Yama** 2:57PM – 4:24PM  
**Rahu** 10:38AM – 12:04PM

**Rohini Until 3:27PM**  
Variyan Until 1:49AM Sat  
Kaulava Until 6:11PM  
**Panchami Until 6:14AM Sat**

**Ganesha:** White      *Sunrise:* 6:19AM  
**Muruqa:** Purple      *Sunset:* 5:50PM

**Nataraja:** Purple  
Moon – Yellow      **Sivaloka Day**  
**Ashvina•Aipasi**

Routine Work      Marana Yoga

Until 3:27PM  
Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dubai, AE  
Sutra 188

Mithuna Rasi: 1.09      Tithi 20 – 21

634313464

**Gulika** 6:19AM – 7:46AM  
**Yama** 1:30PM – 2:57PM  
**Rahu** 9:12AM – 10:38AM

**Mrigashira Until 4:09PM**  
Parigha\* Until 12:36AM Sun  
Gara Until 6:13PM  
**Panchami Until 6:14AM**

**Ganesha:** White      *Sunrise:* 6:19AM  
**Muruqa:** Purple      *Sunset:* 5:49PM

**Nataraja:** Purple  
Moon – Yellow      **Sivaloka Day**  
**Ashvina•Aipasi**

Creative Work      Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Dubai, AE  
Sutra 189

Mithuna Rasi: 14.15      Tithi 21 – 22

634313464

**Gulika** 2:56PM – 4:22PM  
**Yama** 12:04PM – 1:30PM  
**Rahu** 4:22PM – 5:48PM

**Ardra Until 4:12PM**  
Shiva Until 10:59PM  
Bava Until 5:15AM Mon  
**Shashthi\* Until 6:01AM**

**Ganesha:** White      *Sunrise:* 6:20AM  
**Muruqa:** Purple      *Sunset:* 5:48PM

**Nataraja:** Purple  
Moon – Yellow      **Sivaloka Day**  
**Ashvina•Aipasi**

Creative Work      Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Dubai, AE  
Sutra 190

Mithuna Rasi: 27.38      Tithi 23

644313464

**Gulika** 1:30PM – 2:56PM  
**Yama** 10:38AM – 12:04PM  
**Rahu** 7:46AM – 9:12AM

**Punarvasu Until 4:01PM**  
Siddha Until 8:54PM  
Balava Until 4:41PM  
**Ashtami\* Until 3:56AM Tue**

**Ganesha:** Clear      *Sunrise:* 6:20AM  
**Muruqa:** Purple      *Sunset:* 5:47PM

**Nataraja:** Purple  
Moon – Blue      **Subha Sivaloka Day**  
**Ashvina•Aipasi**

Creative Work      Amrita Yoga

Until 4:01PM  
Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Dubai, AE  
Sutra 191

Kataka Rasi: 11.22      Tithi 24

644313464

**Gulika** 12:04PM – 1:29PM  
**Yama** 9:12AM – 10:38AM  
**Rahu** 2:55PM – 4:21PM

**Pushya Until 3:07PM**  
Sadhya Until 6:21PM  
Taitila Until 3:04PM  
**Navami\* Until 2:02AM Wed**

**Ganesha:** Clear      *Sunrise:* 6:21AM  
**Muruqa:** Purple      *Sunset:* 5:46PM

**Nataraja:** Purple  
Moon – Blue      **Subha Sivaloka Day**  
**Ashvina•Aipasi**

Creative Work      Siddha Yoga

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Dubai, AE Sutra 192 Vikarin 5121
Kataka Rasi: 25.25	Tithi 25	<b>Gulika</b> 10:38AM – 12:04PM	<b>Ashlesha* Until 1:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM		Sun 8	
		Yama 7:47AM – 9:12AM	Subha Until 3:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM		Moon 10 - Phase 27	
Creative Work	Siddha Yoga	644313464 <b>Rahu</b> 12:04PM – 1:29PM	Vanija Until 12:55PM	<b>Nataraja:</b> Purple			2nd Phase	
			<b>Dashami Until 11:38PM</b>	Moon – Blue			<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>				

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Dubai, AE Sutra 193 Vikarin 5121
Simha Rasi: 9.5	Tithi 26	<b>Gulika</b> 9:13AM – 10:38AM	<b>Magha* Until 11:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM		Sun 9	
		Yama 6:22AM – 7:47AM	Sukla Until 12:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM		Moon 10 - Phase 27	
Creative Work	Amrita Yoga	654313464 <b>Rahu</b> 1:29PM – 2:54PM	Bava Until 10:16AM	<b>Nataraja:</b> Purple			2nd Phase	
Until 11:45AM			<b>Ekadashi* Until 8:47PM</b>	Moon – Red			<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina•Aipasi</b>				

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Dubai, AE Sutra 194 Vikarin 5121
Simha Rasi: 24.31	Tithi 27 – 28	<b>Gulika</b> 7:48AM – 9:13AM	<b>Purvaphalguni Until 9:27AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM		Sun 10	
		Yama 2:54PM – 4:19PM	Brahma Until 8:22AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM		Moon 10 - Phase 27	
Creative Work	Siddha Yoga	655313464 <b>Rahu</b> 10:38AM – 12:03PM	Kaulava Until 7:15AM	<b>Nataraja:</b> Purple			2nd Phase	
			<b>Dvadashi* Until 5:38PM</b>	Moon – Red			<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>				
				<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dubai, AE Sutra 195 Vikarin 5121
Kanya Rasi: 9.25	Tithi 28 – 29	<b>Gulika</b> 6:23AM – 7:48AM	<b>Uttaraphalguni Until 6:48AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM		Sun 11	
		Yama 1:28PM – 2:53PM	Vaidhriti* Until 12:34AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM		Moon 10 - Phase 27	
Routine Work	Marana Yoga	655313464 <b>Rahu</b> 9:13AM – 10:38AM	Visti Until 12:37AM Sun	<b>Nataraja:</b> Purple			2nd Phase	
			<b>Trayodashi* Until 2:17PM</b>	Moon – Red			<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>				
				<b>Deepavali Hindu Solidarity Day</b>				

<b>●</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dubai, AE Sutra 196 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:53PM – 4:18PM	<b>Chitra Until 1:48AM Mon</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:24AM		Sun 12	
Kanya Rasi: 24.22	Tithi 29 – 30	Yama 12:03PM – 1:28PM	Vishkambha* Until 8:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:42PM		Moon 10 - Phase 27	
Creative Work	Siddha Yoga	665313464 <b>Rahu</b> 4:18PM – 5:42PM	Catuspada Until 9:18PM	<b>Nataraja:</b> Purple			Amavasya	
Until 1:48AM Mon			<b>Chaturdashi* Until 10:55AM</b>	Moon – Green			<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashvina•Aipasi</b>				
				<b>Subramuniyaswami Mahasamadhi</b>				

<b>Retreat Star</b>		<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dubai, AE Sutra 197 Vikarin 5121
Tula Rasi: 9.15	Tithi 30 – 1	<b>Gulika</b> 1:28PM – 2:52PM	<b>Svati Until 11:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:24AM		Sun 13	
<b>Family Home Evening</b>		Yama 10:38AM – 12:03PM	Priti Until 4:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:42PM		Moon 10 - Phase 27	
Creative Work	Amrita Yoga	665313464 <b>Rahu</b> 7:49AM – 9:14AM	Kintughna Until 6:12PM	<b>Nataraja:</b> Purple			Prathama	
Until 11:24PM			<b>Amavasya* Until 7:42AM</b>	Moon – Green			<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Kartika•Aipasi</b>				
				<b>Skanda Shasthi Begins</b>				

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dubai, AE Sutra 198
Tula Rasi: 23.55	Tithi 2	<b>Gulika</b>	12:03PM – 1:27PM	<b>Vishakha</b> Until 9:42PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	Sun 14	Vikarin 5121
		Yama	9:14AM – 10:38AM	Ayushman Until 1:32PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:41PM		Moon 10 - Phase 28
		675313464 <b>Rahu</b>	2:52PM – 4:16PM	Balava Until 3:31PM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 2:21AM Wed	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 9:42PM					<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Dubai, AE Sutra 199
Virshika Rasi: 8.13	Tithi 3	<b>Gulika</b>	10:38AM – 12:03PM	<b>Anuradha</b> Until 8:29PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	Sun 15	Vikarin 5121
		Yama	7:50AM – 9:14AM	Saubhagya Until 10:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM		Moon 10 - Phase 28
		675313464 <b>Rahu</b>	12:03PM – 1:27PM	Taitila Until 1:22PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 12:33AM Thu	Moon – Orange		<b>Subha Sivaloka Day</b>	
					<b>Kartika•Aipasi</b>			

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Dubai, AE Sutra 200
Virshika Rasi: 22.07	Tithi 4	<b>Gulika</b>	9:14AM – 10:39AM	<b>Jyeshtha*</b> Until 7:51PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Sun 16	Vikarin 5121
		Yama	6:26AM – 7:50AM	Sobhana Until 8:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:40PM		Moon 10 - Phase 28
		675313464 <b>Rahu</b>	1:27PM – 2:51PM	Vanija Until 11:57AM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Prabalarishta Yoga			Chaturthi* Until 11:31PM	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 7:51PM					<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Dubai, AE Sutra 201
Dhanus Rasi: 5.31	Tithi 5	<b>Gulika</b>	7:51AM – 9:15AM	<b>Mula*</b> Until 8:20PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	Sun 17	Vikarin 5121
		Yama	2:51PM – 4:15PM	Athiganda* Until 6:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM		Moon 10 - Phase 28
		685313464 <b>Rahu</b>	10:39AM – 12:03PM	Bava Until 11:21AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga			Panchami Until 11:21PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 8:20PM					<b>Kartika•Aipasi</b>			
Then Routine Work - Prabalarishta Yoga								

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau				Dubai, AE Sutra 202
Dhanus Rasi: 18.29	Tithi 6	<b>Gulika</b>	6:27AM – 7:51AM	<b>Purvashadha*</b> Until 9:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	Sun 18	Vikarin 5121
		Yama	1:27PM – 2:50PM	Dhriti Until 4:53AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM		Moon 10 - Phase 28
		685313464 <b>Rahu</b>	9:15AM – 10:39AM	Kaulava Until 11:37AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 12:02AM Sun	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 9:31PM					<b>Kartika•Aipasi</b>			
Then Routine Work - Marana Yoga								

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Dubai, AE Sutra 203
Makara Rasi: 1.04	Tithi 7	<b>Gulika</b>	2:50PM – 4:14PM	<b>Uttarashadha</b> Until 11:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	Sun 19	Vikarin 5121
		Yama	12:03PM – 1:26PM	Shula* Until 4:59AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM		Moon 10 - Phase 28
		685313464 <b>Rahu</b>	4:14PM – 5:38PM	Gara Until 12:42PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga			Saptami Until 1:30AM Mon	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
					<b>Kartika•Aipasi</b>			

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Dubai, AE Sutra 204
Makara Rasi: 13.19	Tithi 8	<b>Gulika</b>	1:26PM – 2:50PM	<b>Shravana</b> Until 1:57AM Tue	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:28AM	Sun 20	Vikarin 5121
<b>Family Home Evening</b>		Yama	10:39AM – 12:03PM	Ganda* Until 5:32AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM		Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 <b>Rahu</b>	7:52AM – 9:16AM	Visti Until 2:29PM	<b>Nataraja:</b> Purple			Ashtami
Until 1:57AM Tue				Ashtami* Until 3:33AM Tue	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Kartika•Aipasi</b>			

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Dubai, AE Sutra 205
Makara Rasi: 25.2	Tithi 9	<b>Gulika</b>	12:03PM – 1:26PM	<b>Dhanishtha</b> Until 4:49AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM	Sun 21	Vikarin 5121
		Yama	9:16AM – 10:39AM	Vriddhi Until 6:21AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM		Moon 10 - Phase 28
		696313464 <b>Rahu</b>	2:50PM – 4:13PM	Balava Until 4:45PM	<b>Nataraja:</b> Purple			Navami
Creative Work	Siddha Yoga			Navami* Until 5:58AM Wed	Moon – Purple		<b>Sivaloka Day</b>	
					<b>Kartika•Aipasi</b>			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Taitila Karana Dashamyam Titau				Dubai, AE Sutra 206
	Kumbha Rasi: 7.14	Tithi 10	<b>Gulika</b> 10:40AM – 12:03PM	<b>Shatabhishak</b> Until 7:39AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:30AM	Vikarin 5121
	696313464	<b>Rahu</b> 12:03PM – 1:26PM	Yama 7:53AM – 9:16AM	Vriddhi Until 6:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Taitila Until 7:16PM	<b>Nataraja:</b> Purple			
			<b>Dashami</b> Until 8:31AM Thu	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>			


<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dubai, AE Sutra 207
	Kumbha Rasi: 19.05	Tithi 10 – 11	<b>Gulika</b> 9:17AM – 10:40AM	<b>Shatabhishak</b> Until 7:39AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM	Vikarin 5121
	796313464	<b>Rahu</b> 1:26PM – 2:49PM	Yama 6:30AM – 7:53AM	Dhruva Until 7:14AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Vanija Until 9:47PM	<b>Nataraja:</b> Purple			
			<b>Dashami</b> Until 8:31AM	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>			

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Dubai, AE Sutra 208
	Meena Rasi: 0.58	Tithi 11 – 12	<b>Gulika</b> 7:54AM – 9:17AM	<b>Purvaproshtapada*</b> Until 10:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:31AM	Vikarin 5121
	716313464	<b>Rahu</b> 10:40AM – 12:03PM	Yama 2:49PM – 4:12PM	Vyaghata* Until 8:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Bava Until 12:08AM Sat	<b>Nataraja:</b> Purple			
			<b>Ekadashi</b> Until 10:58AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>			

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dubai, AE Sutra 209
	Meena Rasi: 12.56	Tithi 12 – 13	<b>Gulika</b> 6:32AM – 7:55AM	<b>Uttaraproshtapada</b> Until 1:25PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:32AM	Vikarin 5121
	716313464	<b>Rahu</b> 9:17AM – 10:40AM	Yama 1:26PM – 2:49PM	Harshana Until 8:44AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 10 - Phase 29 4th Phase
Creative Work	Siddha Yoga		Kaulava Until 2:12AM Sun	<b>Nataraja:</b> Purple			
Until 1:25PM			<b>Dvadashi</b> Until 1:11PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Karttika-Aipasi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dubai, AE Sutra 210
	Meena Rasi: 25.01	Tithi 13 – 14	<b>Gulika</b> 2:48PM – 4:11PM	<b>Revati</b> Until 3:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:32AM	Vikarin 5121
	716313464	<b>Rahu</b> 4:11PM – 5:34PM	Yama 12:03PM – 1:26PM	Vajra* Until 9:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:34PM	Moon 10 - Phase 29 4th Phase
Creative Work	Amrita Yoga		Gara Until 3:52AM Mon	<b>Nataraja:</b> Purple			
Until 3:37PM			<b>Trayodashi</b> Until 3:03PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Karttika-Aipasi</b>			

<b>6</b>	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dubai, AE Sutra 211
	Mesha Rasi: 7.16	Tithi 14 – 15	<b>Gulika</b> 1:26PM – 2:48PM	<b>Ashvini</b> Until 5:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM	Vikarin 5121
	727313464	<b>Rahu</b> 7:56AM – 9:18AM	Yama 10:41AM – 12:03PM	Siddhi Until 9:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 10 - Phase 29 4th Phase
<b>Family Home Evening</b>			Visti Until 5:07AM Tue	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 4:32PM	Moon – White		<b>Subha Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>			

	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dubai, AE Sutra 212
	Mesha Rasi: 19.41	Tithi 15 – 16	<b>Gulika</b> 12:03PM – 1:26PM	<b>Bharani</b> Until 7:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	Vikarin 5121
	727413464	<b>Rahu</b> 2:48PM – 4:10PM	Yama 9:18AM – 10:41AM	Vyatipata* Until 9:03AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 10 - Phase 29 Purnima
Creative Work	Siddha Yoga		Balava Until 5:57AM Wed	<b>Nataraja:</b> Purple			
			<b>Purnima*</b> Until 5:34PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>			

<b>○</b>	<b>Wednesday, November 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Kaulava Karana Prathamayam Titau				Dubai, AE Sutra 213
	Vrishabha Rasi: 2.17	Tithi 16	<b>Gulika</b> 10:41AM – 12:03PM	<b>Krittika</b> Until 8:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	Vikarin 5121
	727413464	<b>Rahu</b> 12:03PM – 1:26PM	Yama 7:57AM – 9:19AM	Variyan Until 8:30AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 10 - Phase 29 Prathama
Creative Work	Amrita Yoga		Kaulava Until 6:11PM	<b>Nataraja:</b> Purple			
Until 8:19PM			<b>Prathama*</b> Until 6:11PM	Moon – White		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Karttika-Aipasi</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Sun 1

Dubai, AE

Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 15.05 Tithi 17

737413464

**Gulika** 9:19AM – 10:41AM  
**Yama** 6:35AM – 7:57AM  
**Rahu** 1:26PM – 2:48PM

**Rohini Until 9:14PM**  
Parigha\* Until 7:39AM  
Taitila Until 6:22AM  
**Dvitiya Until 6:24PM**

**Ganesha:** Clear *Sunrise: 6:35AM*

**Muruqa:** Purple *Sunset: 5:32PM*

**Nataraja:** Purple

Moon – Yellow

**Subha Sivaloka Day**

**Karttika-Aipasi**

Routine Work Marana Yoga

1

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Sun 2

Dubai, AE

Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 28.05 Tithi 18

737413464

**Gulika** 7:58AM – 9:20AM  
**Yama** 2:48PM – 4:10PM  
**Rahu** 10:42AM – 12:04PM

**Mrigashira Until 9:38PM**  
Shiva Until 6:31AM  
Vanija Until 6:23AM  
**Tritiya Until 6:14PM**

**Ganesha:** Clear *Sunrise: 6:36AM*

**Muruqa:** Purple *Sunset: 5:32PM*

**Nataraja:** Purple

Moon – Yellow

**Subha Sivaloka Day**

**Karttika-Aipasi**

Creative Work Siddha Yoga

2

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Dubai, AE

Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 11.16 Tithi 19 – 20

737413464

**Gulika** 6:36AM – 7:58AM  
**Yama** 1:26PM – 2:48PM  
**Rahu** 9:20AM – 10:42AM

**Ardra Until 9:32PM**  
Sadhya Until 3:19AM Sun  
Bava Until 6:02AM  
**Chaturthi\* Until 5:42PM**

**Ganesha:** Clear *Sunrise: 6:36AM*

**Muruqa:** Purple *Sunset: 5:31PM*

**Nataraja:** Purple

Moon – Yellow

**Subha Sivaloka Day**

**Karttika-Kartikai**

Creative Work Siddha Yoga

3

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4

Dubai, AE

Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 24.38 Tithi 20 – 21

747413465

**Gulika** 2:47PM – 4:09PM  
**Yama** 12:04PM – 1:26PM  
**Rahu** 4:09PM – 5:31PM

**Punarvasu Until 9:24PM**  
Subha Until 1:20AM Mon  
Gara Until 4:17AM Mon  
**Panchami Until 4:50PM**

**Ganesha:** Purple *Sunrise: 6:37AM*

**Muruqa:** Purple *Sunset: 5:31PM*

**Nataraja:** Clear

Moon – Blue

**Devaloka Day**

**Karttika-Kartikai**

Creative Work Siddha Yoga

4

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5

Dubai, AE

Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 8.13 Tithi 21 – 22

748413465

Family Home Evening

**Gulika** 1:26PM – 2:47PM  
**Yama** 10:43AM – 12:04PM  
**Rahu** 7:59AM – 9:21AM

**Pushya Until 8:46PM**  
Sukla Until 11:03PM  
Visti Until 2:53AM Tue  
**Shashthi\* Until 3:37PM**

**Ganesha:** Clear *Sunrise: 6:38AM*

**Muruqa:** Purple *Sunset: 5:31PM*

**Nataraja:** Clear

Moon – Blue

**Sivaloka Day**

**Karttika-Kartikai**

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 6

Dubai, AE

Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 21.58 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

**Gulika** 12:04PM – 1:26PM  
**Yama** 9:22AM – 10:43AM  
**Rahu** 2:47PM – 4:09PM

**Ashlesha\* Until 7:40PM**  
Brahma Until 8:31PM  
Balava Until 1:10AM Wed  
**Saptami Until 2:03PM**

**Ganesha:** Clear *Sunrise: 6:39AM*

**Muruqa:** Purple *Sunset: 5:30PM*

**Nataraja:** Clear

Moon – Blue

**Sivaloka Day**

**Karttika-Kartikai**

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7

Dubai, AE

Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 5.56 Tithi 23 – 24

758413465

Creative Work Siddha Yoga

Until 6:32PM

Then Creative Work - Amrita Yoga

**Gulika** 10:43AM – 12:05PM  
**Yama** 8:01AM – 9:22AM  
**Rahu** 12:05PM – 1:26PM

**Magha\* Until 6:32PM**  
Indra Until 5:44PM  
Taitila Until 11:08PM  
**Ashtami\* Until 12:10PM**

**Ganesha:** White *Sunrise: 6:39AM*

**Muruqa:** Purple *Sunset: 5:30PM*

**Nataraja:** Clear

Moon – Red

**Subha Sivaloka Day**

**Karttika-Kartikai**

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dubai, AE Sutra 221 Vikarin 5121
Simha Rasi: 20.07	Tithi 24 – 25	<b>Gulika</b> 9:23AM – 10:44AM	<b>Purvaphalguni</b> Until 4:59PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM	Sun 8	Moon 11 - Phase 31	2nd Phase
		Yama 6:40AM – 8:01AM	Vaidhrili* Until 2:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM			
		758413465 <b>Rahu</b> 1:26PM – 2:47PM	Vanija Until 8:49PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:59AM	Moon – Red			<b>Subha Sivaloka Day</b>	
				<b>Karttika-Karttikai</b>				

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dubai, AE Sutra 222 Vikarin 5121
Kanya Rasi: 4.28	Tithi 25 – 26	<b>Gulika</b> 8:02AM – 9:23AM	<b>Uttaraphalguni</b> Until 3:03PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM	Sun 9	Moon 11 - Phase 31	2nd Phase
		Yama 2:47PM – 4:09PM	Vishkambha* Until 11:29AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM			
		758413465 <b>Rahu</b> 10:44AM – 12:05PM	Bava Until 6:17PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:33AM	Moon – Red			<b>Subha Sivaloka Day</b>	
Until 3:03PM				<b>Karttika-Karttikai</b>				
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dubai, AE Sutra 223 Vikarin 5121
Kanya Rasi: 18.55	Tithi 27	<b>Gulika</b> 6:41AM – 8:02AM	<b>Hasta</b> Until 1:16PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:41AM	Sun 10	Moon 11 - Phase 31	2nd Phase
		Yama 1:26PM – 2:47PM	Priti Until 8:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM			
		768413465 <b>Rahu</b> 9:23AM – 10:44AM	Kaulava Until 3:39PM	<b>Nataraja:</b> Clear				
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 2:17AM Sun	Moon – Green			<b>Sivaloka Day</b>	
				<b>Karttika-Karttikai</b>				

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Dubai, AE Sutra 224 Vikarin 5121
Tula Rasi: 3.26	Tithi 28	<b>Gulika</b> 2:48PM – 4:08PM	<b>Chitra</b> Until 11:20AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:42AM	Sun 11	Moon 11 - Phase 31	2nd Phase
		Yama 12:06PM – 1:27PM	Saubhagya Until 1:25AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM			
		769413465 <b>Rahu</b> 4:08PM – 5:29PM	Gara Until 12:59PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:40PM	Moon – Green			<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>				
				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dubai, AE Sutra 225 Vikarin 5121
Tula Rasi: 17.54	Tithi 29	<b>Gulika</b> 1:27PM – 2:48PM	<b>Svati</b> Until 9:21AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:43AM	Sun 12	Moon 11 - Phase 31	2nd Phase
<b>Family Home Evening</b>		Yama 10:45AM – 12:06PM	Sobhana Until 10:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM			
		769413465 <b>Rahu</b> 8:04AM – 9:25AM	Visti Until 10:26AM	<b>Nataraja:</b> Clear				
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 9:14PM	Moon – Green			<b>Devaloka Day</b>	
Until 9:21AM				<b>Karttika-Karttikai</b>				
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dubai, AE Sutra 226 Vikarin 5121
Vrischika Rasi: 2.12	Tithi 30	<b>Gulika</b> 12:06PM – 1:27PM	<b>Vishakha</b> Until 7:54AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:44AM	Sun 13	Moon 11 - Phase 31	Amavasya
		Yama 9:25AM – 10:46AM	Athiganda* Until 7:20PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM			
		779413465 <b>Rahu</b> 2:48PM – 4:08PM	Catuspada Until 8:09AM	<b>Nataraja:</b> Clear				
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 7:08PM	Moon – Orange			<b>Devaloka Day</b>	
Until 7:54AM				<b>Karttika-Karttikai</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhrili Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Dubai, AE Sutra 227 Vikarin 5121
Vrischika Rasi: 16.15	Tithi 1 – 2	<b>Gulika</b> 10:46AM – 12:07PM	<b>Anuradha</b> Until 6:42AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:44AM	Sun 14	Moon 11 - Phase 31	Prathama
		Yama 8:05AM – 9:26AM	Sukarma Until 4:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM			
		779413465 <b>Rahu</b> 12:07PM – 1:27PM	Kintughna Until 6:16AM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 5:30PM	Moon – Orange			<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>				

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Dubai, AE
Vrischika Rasi: 29.58		Tithi 2 – 3		Sun 15		Sutra 228
779413465		<b>Gulika</b> 9:26AM – 10:47AM	<b>Mula* Until 6:02AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:45AM	Vikarin 5121
		Yama 6:45AM – 8:06AM	Dhriti Until 2:47PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
		<b>Rahu</b> 1:28PM – 2:48PM	Taitila Until 4:15AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 4:29PM</b>	Moon – Orange		<b>Devaloka Day</b>
Until 6:02AM Fri				<b>Margasira-Karttikai</b>		
Then Routine Work - Prabararishta Yoga						

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Dubai, AE
Dhanus Rasi: 13.18		Tithi 3 – 4		Sun 16		Sutra 229
789413465		<b>Gulika</b> 8:06AM – 9:27AM	<b>Mula* Until 6:02AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:46AM	Vikarin 5121
		Yama 2:48PM – 4:09PM	Shula* Until 1:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
		<b>Rahu</b> 10:47AM – 12:07PM	Vanija Until 4:19AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Tritiya Until 4:10PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 6:02AM				<b>Margasira-Karttikai</b>		
Then Routine Work - Prabararishta Yoga						

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau		Dubai, AE
Dhanus Rasi: 26.16		Tithi 4 – 5		Sun 17		Sutra 230
789413465		<b>Gulika</b> 6:47AM – 8:07AM	<b>Purvashadha* Until 6:45AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:47AM	Vikarin 5121
		Yama 1:28PM – 2:48PM	Ganda* Until 12:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
		<b>Rahu</b> 9:27AM – 10:47AM	Bava Until 5:08AM Sun	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 4:37PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 6:45AM				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Dubai, AE
Makara Rasi: 8.52		Tithi 5 – 6		Sun 18		Sutra 231
789413465		<b>Gulika</b> 2:49PM – 4:09PM	<b>Uttarashadha Until 8:01AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:47AM	Vikarin 5121
		Yama 12:08PM – 1:28PM	Vridhi Until 12:01PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
		<b>Rahu</b> 4:09PM – 5:29PM	Kaulava Until 6:39AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 5:47PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>		

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Shashthyam Titau		Dubai, AE
Makara Rasi: 21.1		Tithi 6		Sun 19		Sutra 232
791413465		<b>Gulika</b> 1:29PM – 2:49PM	<b>Shravana Until 10:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:48AM – 12:08PM	Dhruva Until 12:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
Creative Work Amrita Yoga		<b>Rahu</b> 8:08AM – 9:28AM	Kaulava Until 6:39AM	<b>Nataraja:</b> Clear		3rd Phase
Until 10:16AM			<b>Shashthi* Until 7:35PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>		

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Dubai, AE
Kumbha Rasi: 3.14		Tithi 7		Sun 20		Sutra 233
791413465		<b>Gulika</b> 12:09PM – 1:29PM	<b>Dhanishtha Until 12:51PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:49AM	Vikarin 5121
		Yama 9:29AM – 10:49AM	Vyaghata* Until 12:41PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
		<b>Rahu</b> 2:49PM – 4:09PM	Gara Until 8:42AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Saptami Until 9:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 12:51PM				<b>Margasira-Karttikai</b>		
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Ashlamyam Titau		Dubai, AE
Kumbha Rasi: 15.11		Tithi 8		Sun 21		Sutra 234
791413465		<b>Gulika</b> 10:49AM – 12:09PM	<b>Shatabhishak Until 3:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:49AM	Vikarin 5121
		Yama 8:09AM – 9:29AM	Harshana Until 1:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
		<b>Rahu</b> 12:09PM – 1:29PM	Visti Until 11:05AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work Siddha Yoga			<b>Ashtami* Until 12:19AM Thu</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 3:33PM				<b>Margasira-Karttikai</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Dubai, AE
Kumbha Rasi: 27.04		Tithi 9		Sun 22		Sutra 235
711413465		<b>Gulika</b> 9:30AM – 10:50AM	<b>Purvaproshtapada* Until 6:39PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:50AM	Vikarin 5121
		Yama 6:50AM – 8:10AM	Vajra* Until 2:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 11 - Phase 32
		<b>Rahu</b> 1:30PM – 2:49PM	Balava Until 1:36PM	<b>Nataraja:</b> Clear		Navami
Creative Work Siddha Yoga			<b>Navami* Until 2:48AM Fri</b>	Moon – Clear		<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Dubai, AE Sutra 236 Vikarin 5121
Meena Rasi: 8.57	Tithi 10	<b>Gulika</b> 8:11AM – 9:30AM	<b>Uttaraproshtapada</b> Until 9:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:51AM		Sun 23	
		Yama 2:50PM – 4:10PM	Siddhi Until 2:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM			Moon 11 - Phase 33
		711413465 <b>Rahu</b> 10:50AM – 12:10PM	Taitila Until 4:00PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:05AM Sat	Moon – Clear			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				

<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija Karana Ekadashyam Titau				Dubai, AE Sutra 237 Vikarin 5121
Meena Rasi: 20.56	Tithi 11	<b>Gulika</b> 6:51AM – 8:11AM	<b>Revati</b> Until 11:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:51AM		Sun 24	
		Yama 1:30PM – 2:50PM	Vyatipata* Until 3:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM			Moon 11 - Phase 33
		711513465 <b>Rahu</b> 9:31AM – 10:51AM	Vanija Until 6:07PM	<b>Nataraja:</b> Clear				4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 6:59AM Sun	Moon – Clear			<b>Subha Sivaloka Day</b>	
Until 11:46PM				<b>Margasira-Karttikai</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dubai, AE Sutra 238 Vikarin 5121
Mesha Rasi: 3.04	Tithi 11 – 12	<b>Gulika</b> 2:50PM – 4:10PM	<b>Ashvini</b> Until 1:59AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:52AM		Sun 25	
		Yama 12:11PM – 1:31PM	Variyan Until 3:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM			Moon 11 - Phase 33
		721513465 <b>Rahu</b> 4:10PM – 5:30PM	Bava Until 7:47PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 6:59AM	Moon – White			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dubai, AE Sutra 239 Vikarin 5121
Mesha Rasi: 15.24	Tithi 12 – 13	<b>Gulika</b> 1:31PM – 2:51PM	<b>Bharani</b> Until 3:30AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:53AM		Sun 26	
<b>Family Home Evening</b>		Yama 10:52AM – 12:11PM	Parigha* Until 3:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM			Moon 11 - Phase 33
		721513465 <b>Rahu</b> 8:12AM – 9:32AM	Kaulava Until 8:55PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 8:24AM	Moon – White			<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dubai, AE Sutra 240 Vikarin 5121
Mesha Rasi: 27.59	Tithi 13 – 14	<b>Gulika</b> 12:12PM – 1:31PM	<b>Krittika</b> Until 4:18AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:53AM		Sun 27	
		Yama 9:33AM – 10:52AM	Shiva Until 2:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM			Moon 11 - Phase 33
		721513465 <b>Rahu</b> 2:51PM – 4:11PM	Gara Until 9:29PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 9:15AM	Moon – White			<b>Sivaloka Day</b>	
		<b>Krittika Deepam</b>		<b>Margasira-Karttikai</b>				

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dubai, AE Sutra 241 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:53AM – 12:12PM	<b>Rohini</b> Until 4:52AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:54AM		Sun 28	
Vrishabha Rasi: 10.49	Tithi 14 – 15	Yama 8:14AM – 9:33AM	Siddha Until 1:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM			Moon 11 - Phase 33
		731523465 <b>Rahu</b> 12:12PM – 1:32PM	Visti Until 9:28PM	<b>Nataraja:</b> Clear				Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:31AM	Moon – Yellow			<b>Sivaloka Day</b>	
Until 4:52AM Thu				<b>Margasira-Karttikai</b>				
Then Routine Work - Marana Yoga								

<b>○</b>		<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dubai, AE Sutra 242 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:34AM – 10:53AM	<b>Mrigashira</b> Until 4:48AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:55AM		Sun 29	
Vrishabha Rasi: 23.56	Tithi 15 – 16	Yama 6:55AM – 8:14AM	Sadhya Until 12:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM			Moon 11 - Phase 33
		732523465 <b>Rahu</b> 1:32PM – 2:52PM	Balava Until 8:55PM	<b>Nataraja:</b> Clear				Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 9:14AM	Moon – Yellow			<b>Devaloka Day</b>	
Until 4:48AM Fri		<b>Vinayaga Viratam Begins</b>		<b>Margasira-Karttikai</b>				
Then Creative Work - Siddha Yoga								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dubai, AE

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 7.2 Tithi 16 - 17

732523465

**Gulika** 8:15AM - 9:34AM  
**Yama** 2:52PM - 4:12PM  
**Rahu** 10:54AM - 12:13PM

**Ardra Until 4:09AM Sat**

Subha Until 10:28AM

Taitila Until 7:56PM

**Prathama\* Until 8:27AM**

**Ganesha:** Clear **Sunrise:** 6:55AM

**Muruqa:** Clear **Sunset:** 5:31PM

**Nataraja:** Clear

Moon - Yellow  
**Margasira-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Dubai, AE

Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 20.58 Tithi 17 - 18

742523465

**Gulika** 6:56AM - 8:15AM  
**Yama** 1:33PM - 2:53PM  
**Rahu** 9:35AM - 10:54AM

**Punarvasu Until 3:29AM Sun**

Sukla Until 8:15AM

Vanija Until 6:34PM

**Dvitiya Until 7:16AM**

**Ganesha:** Purple **Sunrise:** 6:56AM

**Muruqa:** Clear **Sunset:** 5:31PM

**Nataraja:** Clear

Moon - Blue  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturtham Titau

Dubai, AE

Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 4.47 Tithi 19

742523465

**Gulika** 2:53PM - 4:12PM  
**Yama** 12:14PM - 1:34PM  
**Rahu** 4:12PM - 5:32PM

**Pushya Until 2:25AM Mon**

Indra Until 3:11AM Mon

Bava Until 4:55PM

**Chaturthi\* Until 4:00AM Mon**

**Ganesha:** Purple **Sunrise:** 6:57AM

**Muruqa:** Clear **Sunset:** 5:32PM

**Nataraja:** Clear

Moon - Blue  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dubai, AE

Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 18.45 Tithi 20

742523465

Family Home Evening

**Gulika** 1:34PM - 2:53PM  
**Yama** 10:55AM - 12:15PM  
**Rahu** 8:17AM - 9:36AM

**Ashlesha\* Until 1:02AM Tue**

Vaidhriti\* Until 12:24AM Tue

Kaulava Until 3:04PM

**Panchami Until 2:04AM Tue**

**Ganesha:** Purple **Sunrise:** 6:57AM

**Muruqa:** Clear **Sunset:** 5:32PM

**Nataraja:** Clear

Moon - Blue  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Markali Pillaiyar

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthiyam Titau

Dubai, AE

Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 2.49 Tithi 21

852523465

**Gulika** 12:15PM - 1:35PM  
**Yama** 9:37AM - 10:56AM  
**Rahu** 2:54PM - 4:13PM

**Magha\* Until 11:50PM**

Vishkambha\* Until 9:33PM

Gara Until 1:06PM

**Shashthi\* Until 12:03AM Wed**

**Ganesha:** Purple **Sunrise:** 6:58AM

**Muruqa:** Clear **Sunset:** 5:33PM

**Nataraja:** Clear

Moon - Red  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti\* Visti\*/Bava Karana Saptamyam Titau

Dubai, AE

Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 16.57 Tithi 22

852523465

Creative Work Amrita Yoga

**Gulika** 10:56AM - 12:16PM  
**Yama** 8:18AM - 9:37AM  
**Rahu** 12:16PM - 1:35PM

**Purvaphalguni Until 10:27PM**

Priti Until 6:40PM

Visti Until 11:02AM

**Saptami Until 9:59PM**

**Ganesha:** Purple **Sunrise:** 6:58AM

**Muruqa:** Clear **Sunset:** 5:33PM

**Nataraja:** Clear

Moon - Red  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Dubai, AE

Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 1.07 Tithi 23

852523465

Amrita Yoga

Until 8:55PM

Then Routine Work - Marana Yoga

**Gulika** 9:38AM - 10:57AM  
**Yama** 6:59AM - 8:18AM  
**Rahu** 1:35PM - 2:55PM

**Uttaraphalguni Until 8:55PM**

Ayushman Until 3:44PM

Balava Until 8:57AM

**Ashtami\* Until 7:54PM**

**Ganesha:** Purple **Sunrise:** 6:59AM

**Muruqa:** Clear **Sunset:** 5:33PM

**Nataraja:** Clear

Moon - Red  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Dubai, AE

Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 15.16 Tithi 24 - 25

862523465

Creative Work Amrita Yoga

Until 7:41PM

Then Creative Work - Siddha Yoga

**Gulika** 8:19AM - 9:38AM  
**Yama** 2:55PM - 4:15PM  
**Rahu** 10:57AM - 12:17PM

**Hasta Until 7:41PM**

Saubhagya Until 12:50PM

Taitila Until 6:53AM

**Navami\* Until 5:50PM**

**Ganesha:** Clear **Sunrise:** 6:59AM

**Muruqa:** Clear **Sunset:** 5:34PM

**Nataraja:** Clear

Moon - Green  
**Margasira-Markali**

**Devaloka Day**

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Dubai, AE
Kanya Rasi: 29.23	Tithi 25 – 26	862523465	<b>Gulika</b> 7:00AM – 8:19AM <b>Yama</b> 1:36PM – 2:56PM <b>Rahu</b> 9:39AM – 10:58AM	<b>Chitra</b> <b>Until 6:22PM</b> Sobhana <b>Until 9:59AM</b> Bava <b>Until 2:54AM</b> Sun <b>Dashami</b> <b>Until 3:51PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 8 Sutra 251 Vikarin 5121 Moon 12 - Phase 35 2nd Phase
Routine Work	Marana Yoga		<b>Day 1 of Pancha Ganapati</b>	<b>Dashami</b> <b>Until 3:51PM</b>	<b>Margasira-Markali</b>	<b>Devaloka Day</b>
Until 6:22PM						
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Dubai, AE
Tula Rasi: 13.28	Tithi 26 – 27	862523465	<b>Gulika</b> 2:56PM – 4:16PM <b>Yama</b> 12:18PM – 1:37PM <b>Rahu</b> 4:16PM – 5:35PM	<b>Svati</b> <b>Until 5:03PM</b> Athiganda* <b>Until 7:12AM</b> Kaulava <b>Until 1:07AM</b> Mon <b>Ekadashi*</b> <b>Until 1:58PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 9 Sutra 252 Vikarin 5121 Moon 12 - Phase 35 2nd Phase
Creative Work	Siddha Yoga		<b>Day 2 of Pancha Ganapati</b>	<b>Ekadashi*</b> <b>Until 1:58PM</b>	<b>Margasira-Markali</b>	<b>Devaloka Day</b>
Until 5:03PM						
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Dubai, AE
Tula Rasi: 27.25	Tithi 27 – 28	872523465	<b>Gulika</b> 1:37PM – 2:57PM <b>Yama</b> 10:59AM – 12:18PM <b>Rahu</b> 8:20AM – 9:40AM	<b>Vishakha</b> <b>Until 4:13PM</b> Dhriti <b>Until 2:07AM</b> Tue Gara <b>Until 11:34PM</b> <b>Dvadashi*</b> <b>Until 12:17PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	Sun 10 Sutra 253 Vikarin 5121 Moon 12 - Phase 35 2nd Phase
Family Home Evening	Marana Yoga		<b>Day 3 of Pancha Ganapati</b>	<b>Dvadashi*</b> <b>Until 12:17PM</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b>
Until 4:13PM						<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga						
<i>Pradosha Vrata (Fasting)</i>						

<b>4</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Dubai, AE
Vrischika Rasi: 11.14	Tithi 28 – 29	872523465	<b>Gulika</b> 12:19PM – 1:38PM <b>Yama</b> 9:40AM – 10:59AM <b>Rahu</b> 2:57PM – 4:17PM	<b>Anuradha</b> <b>Until 3:31PM</b> Shula* <b>Until 11:54PM</b> Visti <b>Until 10:19PM</b> <b>Trayodashi*</b> <b>Until 10:52AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	Sun 11 Sutra 254 Vikarin 5121 Moon 12 - Phase 35 2nd Phase
Creative Work	Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>	<b>Trayodashi*</b> <b>Until 10:52AM</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b>
Until 3:31PM						<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga						

		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Dubai, AE
<b>Retreat Star</b>			<b>Gulika</b> 11:00AM – 12:19PM <b>Yama</b> 8:21AM – 9:41AM <b>Rahu</b> 12:19PM – 1:39PM	<b>Jyeshtha*</b> <b>Until 3:02PM</b> Ganda* <b>Until 10:02PM</b> Catuspada <b>Until 9:29PM</b> <b>Chaturdashi*</b> <b>Until 9:49AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	Sun 12 Sutra 255 Vikarin 5121 Moon 12 - Phase 35 Amavasya
Vrischika Rasi: 24.5	Tithi 29 – 30	872523465		<b>Day 5 of Pancha Ganapati</b>	<b>Margasira-Markali</b>	<b>Bhuloka Day</b>
Until 3:02PM						<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga						

<b>Thursday, December 26, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Dubai, AE
Dhanus Rasi: 8.13	Tithi 30 – 1	883523465	<b>Gulika</b> 9:41AM – 11:00AM <b>Yama</b> 7:02AM – 8:22AM <b>Rahu</b> 1:39PM – 2:58PM	<b>Mula*</b> <b>Until 3:19PM</b> Vriddhi <b>Until 8:34PM</b> Kintughna <b>Until 9:09PM</b> <b>Amavasya*</b> <b>Until 9:14AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	Sun 13 Sutra 256 Vikarin 5121 Moon 12 - Phase 35 Prathama
Creative Work	Siddha Yoga		<b>Annular Solar Eclipse</b>	<b>Amavasya*</b> <b>Until 9:14AM</b>	<b>Pausha-Markali</b>	<b>Devaloka Day</b>

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Sun 14	Dubai, AE Sutra 257 Vikarin 5121
Dhanus Rasi: 21.17	Tithi 1 – 2	<b>Gulika</b> 8:22AM – 9:41AM	<b>Purvashadha* Until 3:59PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:03AM		
		Yama 2:59PM – 4:18PM	Dhruva Until 7:31PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:38PM		Moon 12 - Phase 36
		883523466 <b>Rahu</b> 11:01AM – 12:20PM	Balava Until 9:22PM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 9:10AM</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Until 3:59PM				<b>Pausha-Markali</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Sun 15	Dubai, AE Sutra 258 Vikarin 5121
Makara Rasi: 4.06	Tithi 2 – 3	<b>Gulika</b> 7:03AM – 8:23AM	<b>Uttarashadha Until 5:04PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:03AM		
		Yama 1:40PM – 2:59PM	Vyaghata* Until 6:56PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:38PM		Moon 12 - Phase 36
		883523466 <b>Rahu</b> 9:42AM – 11:01AM	Taitila Until 10:12PM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 9:42AM</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Until 5:04PM				<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau	Sun 16	Dubai, AE Sutra 259 Vikarin 5121
Makara Rasi: 16.37	Tithi 3 – 4	<b>Gulika</b> 3:00PM – 4:19PM	<b>Shravana Until 7:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:04AM		
		Yama 12:21PM – 1:41PM	Harshana Until 6:48PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:39PM		Moon 12 - Phase 36
		893523466 <b>Rahu</b> 4:19PM – 5:39PM	Vanija Until 11:37PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 10:49AM</b>	Moon – Purple	<b>Devaloka Day</b>	
Until 7:02PM				<b>Pausha-Markali</b>		
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchanyam Titau	Sun 17	Dubai, AE Sutra 260 Vikarin 5121
Makara Rasi: 28.55	Tithi 4 – 5	<b>Gulika</b> 1:41PM – 3:01PM	<b>Dhanishtha Until 9:20PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:04AM		
		Yama 11:02AM – 12:22PM	Vajra* Until 7:03PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:39PM		Moon 12 - Phase 36
<b>Family Home Evening</b>		893523466 <b>Rahu</b> 8:23AM – 9:43AM	Bava Until 1:31AM Tue	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 12:29PM</b>	Moon – Purple	<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>		

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Sun 18	Dubai, AE Sutra 261 Vikarin 5121
Kumbha Rasi: 11	Tithi 5 – 6	<b>Gulika</b> 12:22PM – 1:42PM	<b>Shatabhishak Until 11:50PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:04AM		
		Yama 9:43AM – 11:03AM	Siddhi Until 7:36PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:40PM		Moon 12 - Phase 36
		893523466 <b>Rahu</b> 3:01PM – 4:21PM	Kaulava Until 3:48AM Wed	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 2:36PM</b>	Moon – Purple	<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>		

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproskthapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Sun 19	Dubai, AE Sutra 262 Vikarin 5121
Kumbha Rasi: 22.58	Tithi 6 – 7	<b>Gulika</b> 11:04AM – 12:23PM	<b>Purvaproskthapada* Until 2:54AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:05AM		
		Yama 8:24AM – 9:44AM	Vyatipata* Until 8:21PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:41PM		Moon 12 - Phase 36
		813623466 <b>Rahu</b> 12:23PM – 1:43PM	Gara Until 6:17AM Thu	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 5:01PM</b>	Moon – Clear	<b>Bhuloka Day</b>	
Until 2:54AM Thu				<b>Pausha-Markali</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>				

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproskthapada Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau	Sun 20	Dubai, AE Sutra 263 Vikarin 5121
Meena Rasi: 4.52	Tithi 7	<b>Gulika</b> 9:44AM – 11:04AM	<b>Uttaraproskthapada Until 5:48AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:05AM		
		Yama 7:05AM – 8:25AM	Variyan Until 9:08PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:42PM		Moon 12 - Phase 36
		813623466 <b>Rahu</b> 1:43PM – 3:03PM	Gara Until 6:17AM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 7:31PM</b>	Moon – Clear	<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>	Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau	Sun 21	Dubai, AE Sutra 264 Vikarin 5121
Meena Rasi: 16.45	Tithi 8	<b>Gulika</b> 8:25AM – 9:45AM	<b>Revati Until 8:23AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:05AM		
		Yama 3:03PM – 4:23PM	Parigha* Until 9:51PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:43PM		Moon 12 - Phase 36
		813623466 <b>Rahu</b> 11:04AM – 12:24PM	Visti Until 8:46AM	<b>Nataraja:</b> Orange		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:55PM</b>	Moon – Clear	<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>	Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau	Sun 22	Dubai, AE Sutra 265 Vikarin 5121
Meena Rasi: 28.43	Tithi 9	<b>Gulika</b> 7:06AM – 8:25AM	<b>Revati Until 8:23AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:06AM		
		Yama 1:44PM – 3:04PM	Shiva Until 10:21PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:43PM		Moon 12 - Phase 36
		813623466 <b>Rahu</b> 9:45AM – 11:05AM	Balava Until 11:02AM	<b>Nataraja:</b> Orange		Navami
Routine Work	Prabalarishta Yoga		<b>Navami* Until 12:01AM Sun</b>	Moon – Clear	<b>Bhuloka Day</b>	
Until 8:23AM				<b>Pausha-Markali</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1 Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Dubai, AE Sutra 266 Vikarin 5121
Mesha Rasi: 10.49	Tithi 10	<b>Gulika</b> 3:05PM – 4:24PM	<b>Ashvini Until 10:54AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:06AM	Sun 23	
		Yama 12:25PM – 1:45PM	Siddha Until 10:27PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:44PM		Moon 12 - Phase 37
	823623466	<b>Rahu</b> 4:24PM – 5:44PM	Taitila Until 12:54PM	<b>Nataraja:</b> Orange		4th Phase
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 10:54AM		<b>Subramuniyaswami Jayanti</b>	<b>Dashami Until 1:36AM Mon</b>	<b>Pausha-Markali</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2 Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Dubai, AE Sutra 267 Vikarin 5121
Mesha Rasi: 23.09	Tithi 11	<b>Gulika</b> 1:45PM – 3:05PM	<b>Bharani Until 12:44PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:06AM	Sun 24	
<b>Family Home Evening</b>		Yama 11:06AM – 12:25PM	Sadhya Until 10:06PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:45PM		Moon 12 - Phase 37
Creative Work	Siddha Yoga	<b>Rahu</b> 8:26AM – 9:46AM	Vanija Until 2:11PM	<b>Nataraja:</b> Orange		4th Phase
Until 12:44PM				Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi Until 2:33AM Tue</b>	<b>Pausha-Markali</b>		

<b>3 Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Dubai, AE Sutra 268 Vikarin 5121
Vrishabha Rasi: 5.46	Tithi 12	<b>Gulika</b> 12:26PM – 1:46PM	<b>Krittika Until 1:45PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:06AM	Sun 25	
		Yama 9:46AM – 11:06AM	Subha Until 9:13PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:46PM		Moon 12 - Phase 37
	823623466	<b>Rahu</b> 3:06PM – 4:26PM	Bava Until 2:47PM	<b>Nataraja:</b> Orange		4th Phase
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 1:45PM			<b>Dvadashi Until 2:47AM Wed</b>	<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dubai, AE Sutra 269 Vikarin 5121
Vrishabha Rasi: 18.43	Tithi 13	<b>Gulika</b> 11:06AM – 12:26PM	<b>Rohini Until 2:22PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:06AM	Sun 26	
		Yama 8:26AM – 9:46AM	Sukla Until 7:44PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:46PM		Moon 12 - Phase 37
	833623466	<b>Rahu</b> 12:26PM – 1:46PM	Kaulava Until 2:38PM	<b>Nataraja:</b> Orange		4th Phase
Creative Work	Siddha Yoga			Moon – Yellow		<b>Bhuloka Day</b>
			<b>Trayodashi Until 2:17AM Thu</b>	<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
			<i>Pradosha Vrata</i>			

<b>5 Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Dubai, AE Sutra 270 Vikarin 5121
Mithuna Rasi: 2.02	Tithi 14	<b>Gulika</b> 9:47AM – 11:07AM	<b>Mrigashira Until 2:09PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:06AM	Sun 27	
		Yama 7:06AM – 8:26AM	Brahma Until 5:44PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:47PM		Moon 12 - Phase 37
	834623466	<b>Rahu</b> 1:47PM – 3:07PM	Gara Until 1:48PM	<b>Nataraja:</b> Orange		4th Phase
Routine Work	Marana Yoga			Moon – Yellow		<b>Devaloka Day</b>
			<b>Chaturdashi* Until 1:07AM Fri</b>	<b>Pausha-Markali</b>		

<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Dubai, AE Sutra 271 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:27AM – 9:47AM	<b>Ardra Until 1:10PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:06AM		
Mithuna Rasi: 15.44	Tithi 15	Yama 3:07PM – 4:28PM	Indra Until 3:16PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:48PM		Moon 12 - Phase 37
	834623466	<b>Rahu</b> 11:07AM – 12:27PM	Visti Until 12:19PM	<b>Nataraja:</b> Orange		Purnima
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>
		<b>Penumbral Lunar Eclipse</b>	<b>Purnima* Until 11:22PM</b>	<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>				

<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Dubai, AE Sutra 272 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:07AM – 8:27AM	<b>Punarvasu Until 11:59AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:07AM		
Mithuna Rasi: 29.47	Tithi 16	Yama 1:48PM – 3:08PM	Vaidhriti* Until 12:22PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:48PM		Moon 12 - Phase 37
	844623466	<b>Rahu</b> 9:47AM – 11:07AM	Balava Until 10:20AM	<b>Nataraja:</b> Orange		Prathama
Creative Work	Siddha Yoga			Moon – Blue		<b>Sivaloka Day</b>
			<b>Prathama* Until 9:10PM</b>	<b>Pausha-Markali</b>		



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 14.05 Tithi 17

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Sun 1

Dubai, AE

Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

3:09PM - 4:29PM

Pushya Until 10:17AM

Ganesha: White

Sunrise: 7:07AM

Yama

12:28PM - 1:48PM

Vishkambha\* Until 9:12AM

Muruqa: Clear

Sunset: 5:49PM

Moon 1 - Phase 38

Rahu

4:29PM - 5:49PM

Taitila Until 7:58AM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Dvitiya Until 6:40PM

Pausha-Markali

1

Monday, January 13, 2020

Kataka Rasi: 28.34 Tithi 18 - 19

Family Home Evening

Creative Work Siddha Yoga

Until 8:13AM

Then Routine Work - Marana Yoga

844623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2

Dubai, AE

Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

1:49PM - 3:09PM

Ashlesha\* Until 8:13AM

Ganesha: White

Sunrise: 7:07AM

Yama

11:08AM - 12:28PM

Ayushman Until 2:24AM Tue

Muruqa: Clear

Sunset: 5:50PM

Moon 1 - Phase 38

Rahu

8:27AM - 9:47AM

Bava Until 2:39AM Tue

Nataraja: Orange

Moon - Blue

Sivaloka Day

Tritiya Until 3:59PM

Pausha-Markali

2

Tuesday, January 14, 2020

Simha Rasi: 13.07 Tithi 19 - 20

Creative Work Siddha Yoga

854623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Dubai, AE

Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

12:29PM - 1:49PM

Magha\* Until 6:21AM

Ganesha: Clear

Sunrise: 7:07AM

Yama

9:48AM - 11:08AM

Saubhagya Until 10:58PM

Muruqa: Clear

Sunset: 5:51PM

Moon 1 - Phase 38

Rahu

3:10PM - 4:30PM

Kaulava Until 11:57PM

Nataraja: Orange

Moon - Red

Devaloka Day

Chaturthi\* Until 1:16PM

Pausha-Markali

3

Wednesday, January 15, 2020

Simha Rasi: 27.38 Tithi 20 - 21

Creative Work Amrita Yoga

Until 2:26AM Thu

Then Routine Work - Marana Yoga

854623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Sun 4

Dubai, AE

Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

11:08AM - 12:29PM

Uttaraphalguni Until 2:26AM Thu

Ganesha: Clear

Sunrise: 7:07AM

Yama

8:27AM - 9:48AM

Sobhana Until 7:40PM

Muruqa: Clear

Sunset: 5:51PM

Moon 1 - Phase 38

Rahu

12:29PM - 1:50PM

Gara Until 9:24PM

Nataraja: Orange

Moon - Red

Devaloka Day

Thai Pongal

Panchami Until 10:38AM

Pausha-Thai

4

Thursday, January 16, 2020

Kanya Rasi: 12.02 Tithi 21 - 22

Routine Work Marana Yoga

Until 1:00AM Fri

Then Creative Work - Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5

Dubai, AE

Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

9:48AM - 11:09AM

Hasta Until 1:00AM Fri

Ganesha: Purple

Sunrise: 7:06AM

Yama

7:06AM - 8:27AM

Athiganda\* Until 4:30PM

Muruqa: Clear

Sunset: 5:52PM

Moon 1 - Phase 38

Rahu

1:50PM - 3:11PM

Visti Until 7:04PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Shashthi\* Until 8:11AM

Pausha-Thai

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 26.16 Tithi 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6

Dubai, AE

Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Gulika

8:27AM - 9:48AM

Chitra Until 11:43PM

Ganesha: Purple

Sunrise: 7:06AM

Yama

3:11PM - 4:32PM

Sukarma Until 1:35PM

Muruqa: Clear

Sunset: 5:53PM

Moon 1 - Phase 38

Rahu

11:09AM - 12:30PM

Kaulava Until 5:01PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Ashtami\* Until 4:06AM Sat

Pausha-Thai

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 10.18 Tithi 24

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Sun 7

Dubai, AE

Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Gulika

7:06AM - 8:27AM

Svati Until 10:39PM

Ganesha: Purple

Sunrise: 7:06AM

Yama

1:51PM - 3:12PM

Dhriti Until 10:56AM

Muruqa: Clear

Sunset: 5:54PM

Moon 1 - Phase 38

Rahu

9:48AM - 11:09AM

Taitila Until 3:19PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Navami\* Until 2:35AM Sun

Pausha-Thai

<b>1</b>		<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Sun 8	Dubai, AE Sutra 280 Vikarin 5121
Tula Rasi: 24.07	Tithi 25	<b>Gulika</b> 3:12PM – 4:33PM	<b>Vishakha</b> Until 10:14PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:06AM		
		Yama 12:30PM – 1:51PM	Shula* Until 8:33AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:54PM	Moon 1 - Phase 39	
		874623466 <b>Rahu</b> 4:33PM – 5:54PM	Vanija Until 1:58PM	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 1:26AM Mon	Moon – Orange		<b>Devaloka Day</b>
				<b>Pausha*Thai</b>		

<b>2</b>		<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau	Sun 9	Dubai, AE Sutra 281 Vikarin 5121
Vrischika Rasi: 7.42	Tithi 26	<b>Gulika</b> 1:52PM – 3:13PM	<b>Anuradha</b> Until 10:02PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:06AM		
<b>Family Home Evening</b>		Yama 11:09AM – 12:31PM	Ganda* Until 6:30AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:55PM	Moon 1 - Phase 39	
		874623466 <b>Rahu</b> 8:27AM – 9:48AM	Bava Until 1:01PM	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 12:40AM Tue	Moon – Orange		<b>Devaloka Day</b>
				<b>Pausha*Thai</b>		

<b>3</b>		<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Sun 10	Dubai, AE Sutra 282 Vikarin 5121
Vrischika Rasi: 21.04	Tithi 27	<b>Gulika</b> 12:31PM – 1:52PM	<b>Jyeshtha*</b> Until 10:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:06AM		
		Yama 9:48AM – 11:10AM	Dhruva Until 3:17AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:56PM	Moon 1 - Phase 39	
		875623466 <b>Rahu</b> 3:13PM – 4:35PM	Kaulava Until 12:27PM	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 12:18AM Wed	Moon – Orange		<b>Bhuloka Day</b>
Until 10:05PM				<b>Pausha*Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Sun 11	Dubai, AE Sutra 283 Vikarin 5121
Dhanus Rasi: 4.13	Tithi 28	<b>Gulika</b> 11:10AM – 12:31PM	<b>Mula*</b> Until 10:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:06AM		
		Yama 8:27AM – 9:48AM	Vyaghata* Until 2:10AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM	Moon 1 - Phase 39	
		885623466 <b>Rahu</b> 12:31PM – 1:53PM	Gara Until 12:18PM	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 12:21AM Thu	Moon – Light Blue		<b>Bhuloka Day</b>
Until 10:51PM				<b>Pausha*Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Sun 12	Dubai, AE Sutra 284 Vikarin 5121
Dhanus Rasi: 17.1	Tithi 29	<b>Gulika</b> 9:48AM – 11:10AM	<b>Purvashadha*</b> Until 11:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:05AM		
		Yama 7:05AM – 8:27AM	Harshana Until 1:23AM Fri	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM	Moon 1 - Phase 39	
		885623466 <b>Rahu</b> 1:53PM – 3:14PM	Visti* Until 12:34PM	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:50AM Fri	Moon – Light Blue		<b>Bhuloka Day</b>
Until 11:51PM				<b>Pausha*Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Sun 13	Dubai, AE Sutra 285 Vikarin 5121
Dhanus Rasi: 29.54	Tithi 30	<b>Gulika</b> 8:27AM – 9:48AM	<b>Uttarashadha</b> Until 1:07AM Sat	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:05AM		
		Yama 3:15PM – 4:37PM	Vajra* Until 12:54AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:58PM	Moon 1 - Phase 39	
		885623466 <b>Rahu</b> 11:10AM – 12:32PM	Catuspada Until 1:15PM	<b>Nataraja:</b> Orange		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 1:44AM Sat	Moon – Light Blue		<b>Bhuloka Day</b>
Until 1:07AM Sat				<b>Pausha*Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Sun 14	Dubai, AE Sutra 286 Vikarin 5121
Makara Rasi: 12.26	Tithi 1	<b>Gulika</b> 7:05AM – 8:27AM	<b>Shravana</b> Until 3:08AM Sun	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:05AM		
		Yama 1:54PM – 3:15PM	Siddhi Until 12:46AM Sun	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:59PM	Moon 1 - Phase 39	
		995623466 <b>Rahu</b> 9:48AM – 11:10AM	Kintughna Until 2:23PM	<b>Nataraja:</b> Orange		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:05AM Sun	Moon – Purple		<b>Bhuloka Day</b>
Until 3:08AM Sun				<b>Magha*Thai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga						

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dubai, AE Sutra 287
Makara Rasi: 24.47	Tithi 2	<b>Gulika</b> 3:16PM – 4:38PM	<b>Dhanishtha</b> Until 5:21AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:04AM	Sun 15	Vikarin 5121	
		Yama 12:32PM – 1:54PM	Vyatipata* Until 12:57AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:00PM		Moon 1 - Phase 40	
		995723466 <b>Rahu</b> 4:38PM – 6:00PM	Balava Until 3:56PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 4:50AM Mon	Moon – Purple		<b>Devaloka Day</b>		
Until 5:21AM Mon				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Dubai, AE Sutra 288
Kumbha Rasi: 6.59	Tithi 3	<b>Gulika</b> 1:54PM – 3:16PM	<b>Shatabhishak</b> Until 7:45AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:04AM	Sun 16	Vikarin 5121	
<b>Family Home Evening</b>		Yama 11:10AM – 12:32PM	Variyan Until 1:23AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:00PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 8:26AM – 9:48AM	Taitila Until 5:52PM	<b>Nataraja:</b> Orange			3rd Phase	
Until 7:45AM Tue			<b>Tritiya</b> Until 6:56AM Tue	Moon – Purple		<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>				

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dubai, AE Sutra 289
Kumbha Rasi: 19.02	Tithi 3 – 4	<b>Gulika</b> 12:32PM – 1:55PM	<b>Shatabhishak</b> Until 7:45AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:04AM	Sun 17	Vikarin 5121	
		Yama 9:48AM – 11:10AM	Parigha* Until 2:02AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:01PM		Moon 1 - Phase 40	
		995723466 <b>Rahu</b> 3:17PM – 4:39PM	Vanija Until 8:06PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya</b> Until 6:56AM	Moon – Purple		<b>Devaloka Day</b>		
				<b>Magha-Thai</b>				

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Dubai, AE Sutra 290
Meena Rasi: 0.59	Tithi 4 – 5	<b>Gulika</b> 11:10AM – 12:33PM	<b>Purvaproshtapada*</b> Until 10:44AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:03AM	Sun 18	Vikarin 5121	
		Yama 8:26AM – 9:48AM	Shiva Until 2:51AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:02PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 12:33PM – 1:55PM	Bava Until 10:34PM	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 9:18AM	Moon – Clear		<b>Sivaloka Day</b>		
Until 10:44AM				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Dubai, AE Sutra 291
Meena Rasi: 12.52	Tithi 5 – 6	<b>Gulika</b> 9:48AM – 11:10AM	<b>Uttaraproshtapada</b> Until 1:41PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:03AM	Sun 19	Vikarin 5121	
		Yama 7:03AM – 8:25AM	Siddha Until 3:40AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 1:55PM – 3:18PM	Kaulava Until 1:06AM Fri	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 11:49AM	Moon – Clear		<b>Sivaloka Day</b>		
				<b>Magha-Thai</b>				

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dubai, AE Sutra 292
Meena Rasi: 24.44	Tithi 6 – 7	<b>Gulika</b> 8:25AM – 9:48AM	<b>Revati</b> Until 4:26PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:03AM	Sun 20	Vikarin 5121	
		Yama 3:18PM – 4:41PM	Sadhya Until 4:25AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM		Moon 1 - Phase 40	
		916723466 <b>Rahu</b> 11:10AM – 12:33PM	Gara Until 3:32AM Sat	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 2:19PM	Moon – Clear		<b>Devaloka Day</b>		
Until 4:26PM				<b>Magha-Thai</b>				
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau				Dubai, AE Sutra 293
Mesha Rasi: 6.39	Tithi 7 – 8	<b>Gulika</b> 7:03AM – 8:25AM	<b>Ashvini</b> Until 7:20PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:03AM	Sun 21	Vikarin 5121	
		Yama 1:56PM – 3:18PM	Subha Until 4:57AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 9:48AM – 11:10AM	Vistil Until 5:40AM Sun	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 4:38PM	Moon – White		<b>Bhuloka Day</b>		
Until 4:26PM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava Karana Ashtamyam Titau				Dubai, AE Sutra 294
Mesha Rasi: 18.41	Tithi 8	<b>Gulika</b> 3:19PM – 4:41PM	<b>Bharani</b> Until 9:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:02AM	Sun 22	Vikarin 5121	
		Yama 12:33PM – 1:56PM	Sukla Until 5:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:04PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 4:41PM – 6:04PM	Bava Until 6:32PM	<b>Nataraja:</b> Orange			Ashtami	
Routine Work	Prabalarishta Yoga		<b>Ashtami*</b> Until 6:32PM	Moon – White		<b>Bhuloka Day</b>		
Until 9:39PM				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								


<b>Retreat Star</b>		<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Dubai, AE Sutra 295
Vrishabha Rasi: 0.56	Tithi 9	<b>Gulika</b> 1:56PM – 3:19PM	<b>Krittika</b> Until 11:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:02AM	Sun 23	Vikarin 5121	
<b>Family Home Evening</b>		Yama 11:10AM – 12:33PM	Brahma Until 4:42AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:05PM		Moon 1 - Phase 40	
Routine Work	Marana Yoga	926723466 <b>Rahu</b> 8:25AM – 9:47AM	Balava Until 7:18AM	<b>Nataraja:</b> Orange			Navami	
Until 11:12PM			<b>Navami*</b> Until 7:50PM	Moon – White		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Magha-Thai</b>		Devaloka Time: 3:PM to 6:PM		


<b>1</b>	<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Tailila/Gara Karana Dashamyam Titau				Dubai, AE Sutra 296 Vikarin 5121
	Wishabha Rasi: 13.29	Tithi 10	<b>Gulika</b> 12:33PM – 1:56PM	<b>Rohini Until 12:20AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:01AM	Sun 24
			Yama 9:47AM – 11:10AM	Indra Until 3:44AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:05PM	Moon 1 - Phase 41
	936723467	<b>Rahu</b> 3:19PM – 4:42PM	Taitila Until 8:13AM	<b>Nataraja:</b> Clear	Moon – Yellow	<b>Devaloka Day</b>	4th Phase
Creative Work Amrita Yoga		Dashami Until 8:21PM		Magha-Thai			
Until 12:20AM Wed							
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau				Dubai, AE Sutra 297 Vikarin 5121
	Wishabha Rasi: 26.25	Tithi 11	<b>Gulika</b> 11:10AM – 12:33PM	<b>Mrigashira Until 12:29AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:01AM	Sun 25
			Yama 8:24AM – 9:47AM	Vaidhriti* Until 2:05AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:06PM	Moon 1 - Phase 41
	936723467	<b>Rahu</b> 12:33PM – 1:57PM	Vanija Until 8:19AM	<b>Nataraja:</b> Clear	Moon – Yellow	<b>Devaloka Day</b>	4th Phase
Creative Work Siddha Yoga		Ekadashi Until 8:02PM		Magha-Thai			
Until 12:29AM Thu							
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau				Dubai, AE Sutra 298 Vikarin 5121
	Mithuna Rasi: 9.46	Tithi 12	<b>Gulika</b> 9:47AM – 11:10AM	<b>Ardra Until 11:41PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:00AM	Sun 26
			Yama 7:00AM – 8:23AM	Vishkambha* Until 11:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 41
	936723467	<b>Rahu</b> 1:57PM – 3:20PM	Bava Until 7:35AM	<b>Nataraja:</b> Clear	Moon – Yellow	<b>Devaloka Day</b>	4th Phase
Routine Work Marana Yoga		Dvadashi Until 6:54PM		Magha-Thai			
Until 11:41PM							
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Dubai, AE Sutra 299 Vikarin 5121
	Mithuna Rasi: 23.35	Tithi 13 – 14	<b>Gulika</b> 8:23AM – 9:47AM	<b>Punarvasu Until 10:28PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:00AM	Sun 27
			Yama 3:21PM – 4:44PM	Priti Until 8:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:08PM	Moon 1 - Phase 41
	947723467	<b>Rahu</b> 11:10AM – 12:34PM	Kaulava Until 6:03AM	<b>Nataraja:</b> Clear	Moon – Blue	<b>Bhuloka Day</b>	4th Phase
Creative Work Siddha Yoga		Trayodashi Until 5:00PM		Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Until 10:28PM							
Then Routine Work - Marana Yoga							

	<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dubai, AE Sutra 300 Vikarin 5121
	Kataka Rasi: 7.5	Tithi 14 – 15	<b>Gulika</b> 6:59AM – 8:23AM	<b>Pushya Until 8:31PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:59AM	Sun 28
			Yama 1:57PM – 3:21PM	Ayushman Until 5:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:08PM	Moon 1 - Phase 41
	947723467	<b>Rahu</b> 9:46AM – 11:10AM	Visti Until 1:03AM Sun	<b>Nataraja:</b> Clear	Moon – Blue	<b>Bhuloka Day</b>	Purnima
Creative Work Siddha Yoga		Chaturdashi* Until 2:29PM		Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Until 8:31PM							
Then Routine Work - Marana Yoga							

	<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dubai, AE Sutra 301 Vikarin 5121
	Kataka Rasi: 22.28	Tithi 15 – 16	<b>Gulika</b> 3:21PM – 4:45PM	<b>Ashlesha* Until 6:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:58AM	Sun 29
			Yama 12:34PM – 1:57PM	Saubhagya Until 1:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:09PM	Moon 1 - Phase 41
	947723467	<b>Rahu</b> 4:45PM – 6:09PM	Balava Until 9:54PM	<b>Nataraja:</b> Clear	Moon – Blue	<b>Bhuloka Day</b>	Prathama
Creative Work Siddha Yoga		Purnima* Until 11:30AM		Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Until 6:01PM							
Then Routine Work - Marana Yoga							





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Alhiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dubai, AE

Sutra 302

Vikarin 5121

Simha Rasi: 7.22 Tithi 16 - 17

Family Home Evening

957723467

Gulika

1:58PM - 3:22PM

Magha\* Until 3:33PM

Ganesha: Red

Sunrise: 6:58AM

Yama

11:10AM - 12:34PM

Sobhana Until 9:59AM

Muruqa: Clear

Sunset: 6:10PM

Moon 2 - Phase 42

Routine Work Marana Yoga

Rahu

8:22AM - 9:46AM

Taitila Until 6:31PM

Nataraja: Clear

Devaloka Day

Until 3:33PM

Then Creative Work - Siddha Yoga

Moon - Red

Magha\*Thai

Tuesday, February 11, 2020

1

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Sun 1

Dubai, AE

Sutra 303

Vikarin 5121

Simha Rasi: 22.22 Tithi 18

Creative Work Siddha Yoga

Until 12:52PM

Then Creative Work - Amrita Yoga

957723467

Gulika

12:34PM - 1:58PM

Purvaphalguni Until 12:52PM

Ganesha: Red

Sunrise: 6:57AM

Yama

9:45AM - 11:10AM

Sukarma Until 1:57AM Wed

Muruqa: Clear

Sunset: 6:10PM

Moon 2 - Phase 42

Creative Work Amrita Yoga

Until 10:08AM

Then Routine Work - Marana Yoga

Rahu

3:22PM - 4:46PM

Vanija Until 3:06PM

Nataraja: Clear

Devaloka Day

Tritiya Until 1:24AM Wed

Magha\*Thai

Wednesday, February 12, 2020

2

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Sun 2

Dubai, AE

Sutra 304

Vikarin 5121

Kanya Rasi: 7.2 Tithi 19

Creative Work Amrita Yoga

Until 10:08AM

Then Routine Work - Marana Yoga

957723467

Gulika

11:09AM - 12:34PM

Uttaraphalguni Until 10:08AM

Ganesha: Red

Sunrise: 6:56AM

Yama

8:21AM - 9:45AM

Dhriti Until 10:07PM

Muruqa: Clear

Sunset: 6:11PM

Moon 2 - Phase 42

Thursday, February 13, 2020

3

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 3

Dubai, AE

Sutra 305

Vikarin 5121

Kanya Rasi: 22.08 Tithi 20

Routine Work Marana Yoga

Until 7:56AM

Then Creative Work - Siddha Yoga

967723467

Gulika

9:45AM - 11:09AM

Hasta Until 7:56AM

Ganesha: Green

Sunrise: 6:56AM

Yama

6:56AM - 8:20AM

Shula\* Until 6:32PM

Muruqa: Clear

Sunset: 6:12PM

Moon 2 - Phase 42

Then Routine Work - Marana Yoga

Rahu

1:58PM - 3:23PM

Kaulava Until 8:43AM

Nataraja: Clear

Bhuloka Day

Panchami Until 7:19PM

Magha\*Masi

Devaloka Time: 3:PM to 6:PM

Friday, February 14, 2020

4

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhdi Yoga Gara/Visli\* Karana Shashthi/Saptamyam Titau

Sun 4

Dubai, AE

Sutra 306

Vikarin 5121

Tula Rasi: 6.4 Tithi 21 - 22

Creative Work Siddha Yoga

968723467

Gulika

8:20AM - 9:44AM

Svati Until 4:23AM Sat

Ganesha: White

Sunrise: 6:55AM

Yama

3:23PM - 4:48PM

Ganda\* Until 3:20PM

Muruqa: Clear

Sunset: 6:12PM

Moon 2 - Phase 42

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 5

Dubai, AE

Sutra 307

Vikarin 5121

Tula Rasi: 20.51 Tithi 22 - 23

Creative Work Siddha Yoga

Until 3:39AM Sun

Then Routine Work - Marana Yoga

978723467

Gulika

6:54AM - 8:19AM

Vishakha Until 3:39AM Sun

Ganesha: Clear

Sunrise: 6:54AM

Yama

1:58PM - 3:23PM

Vridhdi Until 12:35PM

Muruqa: Clear

Sunset: 6:13PM

Moon 2 - Phase 42

Then Routine Work - Marana Yoga

Rahu

9:44AM - 11:09AM

Balava Until 2:19AM Sun

Nataraja: Clear

Devaloka Day

Saptami Until 3:01PM

Magha\*Masi

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 6

Dubai, AE

Sutra 308

Vikarin 5121

Vrischika Rasi: 4.4 Tithi 23 - 24

Routine Work Marana Yoga

Until 3:23AM Mon

Then Creative Work - Siddha Yoga

978723467

Gulika

3:24PM - 4:48PM

Anuradha Until 3:23AM Mon

Ganesha: Clear

Sunrise: 6:54AM

Yama

12:34PM - 1:59PM

Dhruva Until 10:17AM

Muruqa: Clear

Sunset: 6:13PM

Moon 2 - Phase 42

Then Creative Work - Siddha Yoga

Rahu

4:48PM - 6:13PM

Taitila Until 1:22AM Mon

Nataraja: Clear

Devaloka Day

Ashtami\* Until 1:44PM

Magha\*Masi

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dubai, AE Sutra 309
	Vrischika Rasi: 18.07	Tithi 24 – 25	<b>Gulika</b> 1:59PM – 3:24PM	<b>Jyeshtha* Until 3:33AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:53AM	Sun 7 Vikarin 5121
	<b>Family Home Evening</b>	978723467	Yama 11:08AM – 12:34PM	Vyaghata* Until 8:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 43
	Creative Work Siddha Yoga		<b>Rahu</b> 8:18AM – 9:43AM	Vanija Until 1:01AM Tue	<b>Nataraja:</b> Clear		2nd Phase
			<b>Navami* Until 1:06PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			


<b>2</b>	<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dubai, AE Sutra 310
	Dhanus Rasi: 1.14	Tithi 25 – 26	<b>Gulika</b> 12:33PM – 1:59PM	<b>Mula* Until 4:36AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:52AM	Sun 8 Vikarin 5121
		988723467	Yama 9:43AM – 11:08AM	Harshana Until 7:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 43
	Creative Work Amrita Yoga		<b>Rahu</b> 3:24PM – 4:49PM	Bava Until 1:16AM Wed	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami Until 1:03PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>3</b>	<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dubai, AE Sutra 311
	Dhanus Rasi: 14.04	Tithi 26 – 27	<b>Gulika</b> 11:08AM – 12:33PM	<b>Purvashadha* Until 5:58AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:51AM	Sun 9 Vikarin 5121
		988723467	Yama 8:17AM – 9:42AM	Vajra* Until 6:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 43
	Creative Work Amrita Yoga		<b>Rahu</b> 12:33PM – 1:59PM	Kaulava Until 2:01AM Thu	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi* Until 1:34PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>	<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau				Dubai, AE Sutra 312
	Dhanus Rasi: 26.4	Tithi 27 – 28	<b>Gulika</b> 9:42AM – 11:08AM	<b>Uttarashadha Until 7:35AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:51AM	Sun 10 Vikarin 5121
		989823467	Yama 6:51AM – 8:16AM	Vyatipata* Until 5:40AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 43
	Routine Work Marana Yoga		<b>Rahu</b> 1:59PM – 3:25PM	Gara Until 3:12AM Fri	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi* Until 2:32PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dubai, AE Sutra 313
	Makara Rasi: 9.05	Tithi 28 – 29	<b>Gulika</b> 8:16AM – 9:42AM	<b>Uttarashadha Until 7:35AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:50AM	Sun 11 Vikarin 5121
		989823467	Yama 3:25PM – 4:51PM	Variyan Until 5:45AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 43
	Routine Work Marana Yoga		<b>Rahu</b> 11:07AM – 12:33PM	Visti Until 4:45AM Sat	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi* Until 3:55PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
				<b>Mahasivaratri (Lunar)</b>			
				<b>Mahasivaratri (Solar)</b>			

<b>6</b>	<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dubai, AE Sutra 314
	Makara Rasi: 21.22	Tithi 29 – 30	<b>Gulika</b> 6:49AM – 8:15AM	<b>Shravana Until 9:52AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:49AM	Sun 12 Vikarin 5121
		999823467	Yama 1:59PM – 3:25PM	Parigha* Until 6:04AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 43
	Creative Work Siddha Yoga		<b>Rahu</b> 9:41AM – 11:07AM	Catuspada Until 6:36AM Sun	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi* Until 5:37PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

	<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dubai, AE Sutra 315
	<b>Retreat Star</b>		<b>Gulika</b> 3:25PM – 4:51PM	<b>Dhanishtha Until 12:16PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:48AM	Sun 13 Vikarin 5121
	Kumbha Rasi: 3.3	Tithi 30	Yama 12:33PM – 1:59PM	Parigha* Until 6:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 43
		999823467	<b>Rahu</b> 4:51PM – 6:18PM	Catuspada Until 6:36AM	<b>Nataraja:</b> Clear		Amavasya
			<b>Amavasya* Until 7:36PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>	<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Dubai, AE Sutra 316
	Kumbha Rasi: 15.33	Tithi 1	<b>Gulika</b> 1:59PM – 3:25PM	<b>Shatabhishak Until 2:43PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:47AM	Sun 14 Vikarin 5121
	<b>Family Home Evening</b>	999823467	Yama 11:06AM – 12:33PM	Shiva Until 6:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 43
	Creative Work Siddha Yoga		<b>Rahu</b> 8:14AM – 9:40AM	Kintughna Until 8:42AM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama* Until 9:48PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Phalgun-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
				Then Routine Work - Marana Yoga			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvityayam Titau	Sun 15	Dubai, AE Sutra 317 Vikarin 5121
Kumbha Rasi: 27.31	Tithi 2	<b>Gulika</b> 12:33PM – 1:59PM	<b>Purvaproshtapada* Until 5:41PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:47AM		
		Yama 9:40AM – 11:06AM	Siddha Until 7:15AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
		919823467 <b>Rahu</b> 3:26PM – 4:52PM	Balava Until 11:00AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 12:11AM Wed</b>	Moon – Clear		<b>Devaloka Day</b>
Until 5:41PM				<b>Phalguna-Masi</b>		
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau	Sun 16	Dubai, AE Sutra 318 Vikarin 5121
Meena Rasi: 9.26	Tithi 3	<b>Gulika</b> 11:06AM – 12:32PM	<b>Uttaraproshtapada Until 8:36PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:46AM		
		Yama 8:12AM – 9:39AM	Sadhya Until 8:02AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:19PM		Moon 2 - Phase 44
		919823467 <b>Rahu</b> 12:32PM – 1:59PM	Taitila Until 1:27PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 2:41AM Thu</b>	Moon – Clear		<b>Devaloka Day</b>
Until 8:36PM				<b>Phalguna-Masi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau	Sun 17	Dubai, AE Sutra 319 Vikarin 5121
Meena Rasi: 21.18	Tithi 4	<b>Gulika</b> 9:39AM – 11:05AM	<b>Revati Until 11:25PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:45AM		
		Yama 6:45AM – 8:12AM	Subha Until 8:55AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:20PM		Moon 2 - Phase 44
		919823467 <b>Rahu</b> 1:59PM – 3:26PM	Vanija Until 3:58PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 5:12AM Fri</b>	Moon – Clear		<b>Devaloka Day</b>
Until 11:25PM				<b>Phalguna-Masi</b>		
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day					

<b>4</b>		<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava Karana Panchamyam Titau	Sun 18	Dubai, AE Sutra 320 Vikarin 5121
Mesha Rasi: 3.1	Tithi 5	<b>Gulika</b> 8:11AM – 9:38AM	<b>Ashvini Until 2:29AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:44AM		
		Yama 3:26PM – 4:53PM	Sukla Until 9:45AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:20PM		Moon 2 - Phase 44
		921823467 <b>Rahu</b> 11:05AM – 12:32PM	Bava Until 6:27PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 7:37AM Sat</b>	Moon – White		<b>Bhuloka Day</b>
Until 2:29AM Sat				<b>Phalguna-Masi</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Sun 19	Dubai, AE Sutra 321 Vikarin 5121
Mesha Rasi: 15.04	Tithi 5 – 6	<b>Gulika</b> 6:43AM – 8:10AM	<b>Bharani Until 5:10AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:43AM		
		Yama 1:59PM – 3:26PM	Brahma Until 10:31AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:21PM		Moon 2 - Phase 44
		921823467 <b>Rahu</b> 9:37AM – 11:05AM	Kaulava Until 8:45PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 7:37AM</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>		Devaloka Time: 3:PM to 6:PM

<b>6</b>		<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Sun 20	Dubai, AE Sutra 322 Vikarin 5121
Mesha Rasi: 27.04	Tithi 6 – 7	<b>Gulika</b> 3:27PM – 4:54PM	<b>Krittika Until 7:16AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:41AM		
		Yama 12:32PM – 1:59PM	Indra Until 11:05AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:22PM		Moon 2 - Phase 44
		921833467 <b>Rahu</b> 4:54PM – 6:22PM	Gara Until 10:41PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:45AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 7:16AM Mon				<b>Phalguna-Masi</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau	Sun 21	Dubai, AE Sutra 323 Vikarin 5121
Vrishabha Rasi: 9.16	Tithi 7 – 8	<b>Gulika</b> 1:59PM – 3:27PM	<b>Krittika Until 7:16AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:40AM		
<b>Family Home Evening</b>		Yama 11:04AM – 12:31PM	Vaidhriti* Until 11:14AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM		Moon 2 - Phase 44
		921833467 <b>Rahu</b> 8:08AM – 9:36AM	Visti Until 12:01AM Tue	<b>Nataraja:</b> Clear		Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 11:25AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 7:16AM				<b>Phalguna-Masi</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Sun 22	Dubai, AE Sutra 324 Vikarin 5121
Vrishabha Rasi: 21.43	Tithi 8 – 9	<b>Gulika</b> 12:31PM – 1:59PM	<b>Rohini Until 9:04AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:39AM		
		Yama 9:35AM – 11:03AM	Vishkambha* Until 10:54AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM		Moon 2 - Phase 44
		931833467 <b>Rahu</b> 3:27PM – 4:55PM	Balava Until 12:36AM Wed	<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 12:23PM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 9:04AM				<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Dubai, AE Sutra 325 Vikarin 5121
Mithuna Rasi: 4.31	Tithi 9 – 10	<b>Gulika</b> 11:03AM – 12:31PM	<b>Mrigashira</b> Until 9:55AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM	Sun 23
		Yama 8:06AM – 9:35AM	Priti Until 9:57AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45
		931833467 <b>Rahu</b> 12:31PM – 1:59PM	Taitila Until 12:19AM Thu	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 12:33PM	Moon – Yellow		<b>Devaloka Day</b>
				<b>Phalgunu-Masi</b>		

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Dubai, AE Sutra 326 Vikarin 5121
Mithuna Rasi: 17.46	Tithi 10 – 11	<b>Gulika</b> 9:34AM – 11:02AM	<b>Ardra</b> Until 9:47AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM	Sun 24
		Yama 6:37AM – 8:06AM	Ayushman Until 8:18AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45
		131833467 <b>Rahu</b> 1:59PM – 3:27PM	Vanija Until 11:09PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 11:49AM	Moon – Yellow		<b>Devaloka Day</b>
Until 9:47AM				<b>Phalgunu-Masi</b>		
Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Dubai, AE Sutra 327 Vikarin 5121
Kataka Rasi: 1.31	Tithi 11 – 12	<b>Gulika</b> 8:05AM – 9:33AM	<b>Punarvasu</b> Until 9:05AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:36AM	Sun 25
		Yama 3:27PM – 4:56PM	Sobhana Until 3:00AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 11:02AM – 12:30PM	Bava Until 9:10PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 10:14AM	Moon – Blue		<b>Bhuloka Day</b>
Until 9:05AM				<b>Phalgunu-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Dubai, AE Sutra 328 Vikarin 5121
Kataka Rasi: 15.46	Tithi 12 – 13	<b>Gulika</b> 6:35AM – 8:04AM	<b>Pushya</b> Until 7:29AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:35AM	Sun 26
		Yama 1:59PM – 3:28PM	Athiganda* Until 11:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 9:33AM – 11:01AM	Kaulava Until 6:29PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 7:53AM	Moon – Blue		<b>Bhuloka Day</b>
Until 7:29AM				<b>Phalgunu-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga						
						<i>Pradosha Vrata</i>

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau		Dubai, AE Sutra 329 Vikarin 5121
Simha Rasi: 0.27	Tithi 14	<b>Gulika</b> 3:28PM – 4:57PM	<b>Magha*</b> Until 2:33AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:34AM	Sun 27
		Yama 12:30PM – 1:59PM	Sukarma Until 7:34PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 45
		151833467 <b>Rahu</b> 4:57PM – 6:25PM	Gara Until 3:15PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 1:27AM Mon	Moon – Red		<b>Devaloka Day</b>
Until 2:33AM Mon		<b>Chidambaram Abhishekam</b>		<b>Phalgunu-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Dubai, AE Sutra 330 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:59PM – 3:28PM	<b>Purvaphalguni</b> Until 11:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM	Sun 28
Simha Rasi: 15.3	Tithi 15	Yama 11:01AM – 12:30PM	Dhriti Until 3:23PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 45
<b>Family Home Evening</b>		152833467 <b>Rahu</b> 8:02AM – 9:32AM	Visti Until 11:38AM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 9:43PM	Moon – Red		<b>Sivaloka Day</b>
		<b>Holi</b>		<b>Phalgunu-Masi</b>		

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau		Dubai, AE Sutra 331 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:29PM – 1:59PM	<b>Uttaraphalguni</b> Until 8:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	Sun 29
Kanya Rasi: 0.45	Tithi 16 – 17	Yama 9:31AM – 11:00AM	Shula* Until 11:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 45
		152833467 <b>Rahu</b> 3:28PM – 4:57PM	Balava Until 7:49AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 5:53PM	Moon – Red		<b>Sivaloka Day</b>
Until 8:22PM				<b>Phalgunu-Masi</b>		
Then Creative Work - Siddha Yoga						



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Dubai, AE

Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 16.02 Tithi 17 - 18

162833467 Rahu

Gulika 11:00AM - 12:29PM

Yama 8:01AM - 9:30AM

Rahu 12:29PM - 1:59PM

Hasta Until 5:31PM

Ganda\* Until 6:41AM

Vanija Until 12:18AM Thu

Dvitiya Until 2:06PM

Ganesha: Clear Sunrise: 6:31AM

Muruqa: Orange Sunset: 6:27PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2

Dubai, AE

Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 1.1 Tithi 18 - 19

162833467 Rahu

Gulika 9:30AM - 10:59AM

Yama 6:30AM - 8:00AM

Rahu 1:58PM - 3:28PM

Chitra Until 2:49PM

Dhruva Until 10:36PM

Bava Until 8:57PM

Tritiya Until 10:33AM

Ganesha: Clear Sunrise: 6:30AM

Muruqa: Orange Sunset: 6:27PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 2:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Dubai, AE

Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 16.01 Tithi 19 - 20

162833467 Rahu

Gulika 7:59AM - 9:29AM

Yama 3:28PM - 4:58PM

Rahu 10:59AM - 12:29PM

Svati Until 12:24PM

Vyaghata\* Until 7:06PM

Kaulava Until 6:04PM

Chaturthi\* Until 7:25AM

Ganesha: Clear Sunrise: 6:29AM

Muruqa: Orange Sunset: 6:27PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4

Dubai, AE

Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 0.27 Tithi 21

172833467 Rahu

Gulika 6:28AM - 7:58AM

Yama 1:58PM - 3:28PM

Rahu 9:28AM - 10:58AM

Vishakha Until 10:51AM

Harshana Until 4:08PM

Gara Until 3:49PM

Shashthi\* Until 2:56AM Sun

Ganesha: Purple Sunrise: 6:28AM

Muruqa: Orange Sunset: 6:28PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 5

Dubai, AE

Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 14.26 Tithi 22

172833468 Rahu

Gulika 3:28PM - 4:59PM

Yama 12:28PM - 1:58PM

Rahu 4:59PM - 6:29PM

Anuradha Until 9:52AM

Vajra\* Until 1:44PM

Visti Until 2:17PM

Saptami Until 1:48AM Mon

Ganesha: Purple Sunrise: 6:27AM

Muruqa: Orange Sunset: 6:29PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6

Dubai, AE

Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 27.58 Tithi 23

172933468 Rahu

Gulika 1:58PM - 3:28PM

Yama 10:57AM - 12:28PM

Rahu 7:57AM - 9:27AM

Jyeshtha\* Until 9:31AM

Siddhi Until 11:58AM

Balava Until 1:33PM

Ashtami\* Until 1:28AM Tue

Ganesha: Clear Sunrise: 6:26AM

Muruqa: Orange Sunset: 6:29PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Sun 7

Dubai, AE

Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 11.04 Tithi 24

182933468 Rahu

Gulika 12:27PM - 1:58PM

Yama 9:26AM - 10:57AM

Rahu 3:29PM - 4:59PM

Mula\* Until 10:13AM

Vyatipata\* Until 10:50AM

Taitila Until 1:36PM

Navami\* Until 1:52AM Wed

Ganesha: Purple Sunrise: 6:25AM

Muruqa: Orange Sunset: 6:30PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 10:13AM

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Dubai, AE
Dhanus Rasi: 23.47	Tithi 25	<b>Gulika</b>	<b>10:56AM – 12:27PM</b>	<b>Purvashadha* Until 11:29AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	Sun 8	Sutra 339
		Yama	7:55AM – 9:26AM	Variyan Until 10:14AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:30PM		Vikarin 5121
		182933468 <b>Rahu</b>	<b>12:27PM – 1:58PM</b>	Vanija Until 2:21PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47	2nd Phase
Creative Work	Amrita Yoga			<b>Dashami Until 2:57AM Thu</b>	Moon – Light Blue		<b>Devaloka Day</b>	
					<b>Phalguna-Panguni</b>			

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Dubai, AE
Makara Rasi: 6.14	Tithi 26	<b>Gulika</b>	<b>9:25AM – 10:56AM</b>	<b>Uttarashadha Until 1:10PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM	Sun 9	Sutra 340
		Yama	6:23AM – 7:54AM	Parigha* Until 10:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM		Vikarin 5121
		182933468 <b>Rahu</b>	<b>1:58PM – 3:29PM</b>	Bava Until 3:42PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47	2nd Phase
Routine Work	Marana Yoga			<b>Ekadashi* Until 4:32AM Fri</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 1:10PM					<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dubai, AE
Makara Rasi: 18.28	Tithi 27	<b>Gulika</b>	<b>7:53AM – 9:24AM</b>	<b>Shravana Until 3:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM	Sun 10	Sutra 341
		Yama	3:29PM – 5:00PM	Shiva Until 10:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM		Vikarin 5121
		192933468 <b>Rahu</b>	<b>10:55AM – 12:27PM</b>	Kaulava Until 5:30PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47	2nd Phase
Routine Work	Marana Yoga			<b>Dvadashi* Until 6:29AM Sat</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 3:37PM					<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Dubai, AE
Kumbha Rasi: 0.33	Tithi 27 – 28	<b>Gulika</b>	<b>6:21AM – 7:52AM</b>	<b>Dhanishtha Until 6:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM	Sun 11	Sutra 342
		Yama	1:58PM – 3:29PM	Siddha Until 10:53AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM		Vikarin 5121
		192933468 <b>Rahu</b>	<b>9:24AM – 10:55AM</b>	Gara Until 7:36PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47	2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashi* Until 6:29AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 6:12PM					<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dubai, AE
Kumbha Rasi: 12.32	Tithi 28 – 29	<b>Gulika</b>	<b>3:29PM – 5:00PM</b>	<b>Shatabhishak Until 8:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM	Sun 12	Sutra 343
		Yama	12:26PM – 1:57PM	Sadhya Until 11:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM		Vikarin 5121
		192933468 <b>Rahu</b>	<b>5:00PM – 6:32PM</b>	Visti Until 9:53PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47	2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 8:42AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>			

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dubai, AE
Kumbha Rasi: 24.28	Tithi 29 – 30	<b>Gulika</b>	<b>1:57PM – 3:29PM</b>	<b>Purvaproshtapada* Until 11:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:19AM	Sun 13	Sutra 344
<b>Family Home Evening</b>		Yama	10:54AM – 12:26PM	Subha Until 12:22PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM		Vikarin 5121
Routine Work	Marana Yoga	113933468 <b>Rahu</b>	<b>7:51AM – 9:22AM</b>	Catuspada Until 12:17AM Tue	<b>Nataraja:</b> Purple		Moon 3 - Phase 47	Amavasya
Until 11:51PM				<b>Chaturdashi* Until 11:03AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Phalguna-Panguni</b>			

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dubai, AE
Meena Rasi: 6.22	Tithi 30 – 1	<b>Gulika</b>	<b>12:25PM – 1:57PM</b>	<b>Uttaraproshtapada Until 2:47AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:18AM	Sun 14	Sutra 345
		Yama	9:22AM – 10:53AM	Sukla Until 1:12PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:33PM		Vikarin 5121
		113933468 <b>Rahu</b>	<b>3:29PM – 5:01PM</b>	Kintughna Until 2:43AM Wed	<b>Nataraja:</b> Purple		Moon 3 - Phase 47	Prathama
Creative Work	Amrita Yoga			<b>Amavasya* Until 1:28PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:47AM Wed		<b>Yugadhi</b>			<b>Chaitra-Panguni</b>			
Then Routine Work - Marana Yoga								

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Dubai, AE Sun 15 Sutra 346		
Meena Rasi: 18.14	Tithi 1 – 2	113933468	<b>Gulika</b> Yama Rahu	<b>10:53AM – 12:25PM</b> 7:49AM – 9:21AM 12:25PM – 1:57PM	<b>Revati Until 5:33AM Thu</b> Brahma Until 2:04PM Balava Until 5:10AM Thu Prathama* Until 3:55PM	<b>Ganesha: Yellow</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Clear	<b>Sunrise: 6:17AM</b> <b>Sunset: 6:33PM</b>	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga								
Until 5:33AM Thu								
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava Karana Dvitiyayam Titau		Dubai, AE Sun 16 Sutra 347		
Mesha Rasi: 0.08	Tithi 2	123933468	<b>Gulika</b> Yama Rahu	<b>9:20AM – 10:53AM</b> 6:16AM – 7:48AM 1:57PM – 3:29PM	<b>Ashvini Until 8:36AM Fri</b> Indra Until 2:55PM Kaulava Until 6:21PM Dvitiya Until 6:21PM	<b>Ganesha: Red</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – White	<b>Sunrise: 6:16AM</b> <b>Sunset: 6:34PM</b>	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga								
Until 8:36AM Fri								
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau		Dubai, AE Sun 17 Sutra 348		
Mesha Rasi: 12.02	Tithi 3	123933468	<b>Gulika</b> Yama Rahu	<b>7:47AM – 9:20AM</b> 3:29PM – 5:02PM 10:52AM – 12:24PM	<b>Ashvini Until 8:36AM</b> Vaidhriti* Until 3:41PM Tailila Until 7:33AM Tritiya Until 8:40PM	<b>Ganesha: Red</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – White	<b>Sunrise: 6:15AM</b> <b>Sunset: 6:34PM</b>	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga								
Until 8:36AM								
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Dubai, AE Sun 18 Sutra 349		
Mesha Rasi: 23.59	Tithi 4	123933468	<b>Gulika</b> Yama Rahu	<b>6:14AM – 7:46AM</b> 1:57PM – 3:29PM 9:19AM – 10:52AM	<b>Bharani Until 11:19AM</b> Vishkambha* Until 4:20PM Vanija Until 9:47AM Chaturthi* Until 10:47PM	<b>Ganesha: Red</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – White	<b>Sunrise: 6:14AM</b> <b>Sunset: 6:35PM</b>	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga								
Until 11:19AM								
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Dubai, AE Sun 19 Sutra 350		
Vrishabha Rasi: 6.03	Tithi 5	123933468	<b>Gulika</b> Yama Rahu	<b>3:29PM – 5:02PM</b> 12:24PM – 1:57PM 5:02PM – 6:35PM	<b>Krittika Until 1:37PM</b> Priti Until 4:46PM Bava Until 11:44AM Panchami Until 12:33AM Mon	<b>Ganesha: Red</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – White	<b>Sunrise: 6:13AM</b> <b>Sunset: 6:35PM</b>	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Tailila Karana Shashthyam Titau		Dubai, AE Sun 20 Sutra 351		
Vrishabha Rasi: 18.16	Tithi 6	133933468	<b>Gulika</b> Yama Rahu	<b>1:56PM – 3:29PM</b> 10:51AM – 12:24PM 7:45AM – 9:18AM	<b>Rohini Until 3:50PM</b> Ayushman Until 4:50PM Kaulava Until 1:16PM Shashthi* Until 1:49AM Tue	<b>Ganesha: Blue</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Yellow	<b>Sunrise: 6:12AM</b> <b>Sunset: 6:35PM</b>	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b>
Family Home Evening								
Creative Work Amrita Yoga								

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Dubai, AE Sun 21 Sutra 352		
Mithuna Rasi: 0.42	Tithi 7	133933468	<b>Gulika</b> Yama Rahu	<b>12:23PM – 1:56PM</b> 9:17AM – 10:50AM 3:30PM – 5:03PM	<b>Mrigashira Until 5:17PM</b> Saubhagya Until 4:26PM Gara Until 2:13PM Saptami Until 2:25AM Wed	<b>Ganesha: Blue</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Yellow	<b>Sunrise: 6:11AM</b> <b>Sunset: 6:36PM</b>	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga								
Until 5:17PM								
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Dubai, AE Sun 22 Sutra 353		
Mithuna Rasi: 13.27	Tithi 8	133933468	<b>Gulika</b> Yama Rahu	<b>10:50AM – 12:23PM</b> 7:44AM – 9:17AM 12:23PM – 1:56PM	<b>Ardra Until 5:53PM</b> Sobhana Until 3:29PM Visti Until 2:26PM Ashtami* Until 2:14AM Thu	<b>Ganesha: Blue</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Yellow	<b>Sunrise: 6:11AM</b> <b>Sunset: 6:36PM</b>	Moon 3 - Phase 48 Ashtami <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Dubai, AE Sun 23 Sutra 354		
Mithuna Rasi: 26.35	Tithi 9	143933468	<b>Gulika</b> Yama Rahu	<b>9:16AM – 10:50AM</b> 6:10AM – 7:43AM 1:56PM – 3:30PM	<b>Punarvasu Until 5:59PM</b> Athiganda* Until 1:52PM Balava Until 1:51PM Navami* Until 1:13AM Fri	<b>Ganesha: Yellow</b> <b>Muruqa: Orange</b> <b>Nataraja: Purple</b> Moon – Blue	<b>Sunrise: 6:10AM</b> <b>Sunset: 6:36PM</b>	Moon 3 - Phase 48 Navami <b>Sivaloka Day</b>
Creative Work Amrita Yoga								
				Sri Rama Navami				


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>	<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Dubai, AE Sun 24 Sutra 355
	Kataka Rasi: 10.11	Tithi 10	<b>Gulika</b> 7:42AM – 9:16AM	<b>Pushya</b> Until 5:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:09AM	Vikarin 5121
			Yama 3:30PM – 5:03PM	Sukarma Until 11:37AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:49AM – 12:23PM	Taitila Until 12:26PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami</b> Until 11:25PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>2</b>	<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visli* Karana Ekadashyam Titau				Dubai, AE Sun 25 Sutra 356
	Kataka Rasi: 24.16	Tithi 11	<b>Gulika</b> 6:08AM – 7:41AM	<b>Ashlesha*</b> Until 3:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:08AM	Vikarin 5121
			Yama 1:56PM – 3:30PM	Dhriti Until 8:46AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 <b>Rahu</b> 9:15AM – 10:49AM	Vanija Until 10:15AM	<b>Nataraja:</b> Purple		4th Phase
Until 3:24PM			<b>Ekadashi</b> Until 8:54PM	Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Yogaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			

<b>3</b>	<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dubai, AE Sun 26 Sutra 357
	Simha Rasi: 8.48	Tithi 12 – 13	<b>Gulika</b> 3:30PM – 5:04PM	<b>Magha*</b> Until 1:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:07AM	Vikarin 5121
			Yama 12:22PM – 1:56PM	Ganda* Until 1:29AM Mon	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	153933468 <b>Rahu</b> 5:04PM – 6:38PM	Bava Until 7:25AM	<b>Nataraja:</b> Purple		4th Phase
Until 1:19PM			<b>Dvadashi</b> Until 5:47PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra•Panguni</b>			
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dubai, AE Sun 27 Sutra 358
	Simha Rasi: 23.44	Tithi 13 – 14	<b>Gulika</b> 1:56PM – 3:30PM	<b>Purvaphalguni</b> Until 10:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:48AM – 12:22PM	Vriddhi Until 9:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:40AM – 9:14AM	Gara Until 12:23AM Tue	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi</b> Until 2:15PM	Moon – Red		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

	<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Dubai, AE Sun 28 Sutra 359
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:21PM – 1:56PM	<b>Uttaraphalguni</b> Until 7:32AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:05AM	Vikarin 5121
	Kanya Rasi: 8.56	Tithi 14 – 15	Yama 9:13AM – 10:47AM	Dhruva Until 5:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
			154933468 <b>Rahu</b> 3:30PM – 5:04PM	Visti Until 8:31PM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 10:27AM	Moon – Red		<b>Sivaloka Day</b>	
Until 7:32AM		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>					

<b>5</b>	<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Dubai, AE Sun 29 Sutra 360
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:47AM – 12:21PM	<b>Chitra</b> Until 1:33AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:04AM	Vikarin 5121
	Kanya Rasi: 24.14	Tithi 15 – 16	Yama 7:38AM – 9:12AM	Vyaghata* Until 12:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
			164934468 <b>Rahu</b> 12:21PM – 1:56PM	Kaulava Until 2:45AM Thu	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:33AM	Moon – Green		<b>Devaloka Day</b>	
Until 1:33AM Thu				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Dubai, AE  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 9.28 Tithi 17  
164134468  
Creative Work Amrita Yoga  
Until 10:39PM  
Then Creative Work - Siddha Yoga

**Gulika** 9:12AM – 10:46AM  
Yama 6:03AM – 7:37AM  
**Rahu** 1:56PM – 3:30PM

**Svati Until 10:39PM**  
Harshana Until 8:27AM  
Taitila Until 12:57PM  
**Dvitiya Until 11:12PM**

**Ganesha:** White *Sunrise:* 6:03AM  
**Muruqa:** Clear *Sunset:* 6:39PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Sun 1  
Dubai, AE  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 24.28 Tithi 18  
174134468  
Creative Work Siddha Yoga

**Gulika** 7:36AM – 9:11AM  
Yama 3:30PM – 5:05PM  
**Rahu** 10:46AM – 12:21PM

**Vishakha Until 8:27PM**  
Siddhi Until 12:54AM Sat  
Vanija Until 9:36AM  
**Tritiya Until 8:06PM**

**Ganesha:** Yellow *Sunrise:* 6:02AM  
**Muruqa:** Clear *Sunset:* 6:40PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 2  
Dubai, AE  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vrischika Rasi: 9.05 Tithi 19 – 20  
174134468  
Creative Work Siddha Yoga

**Gulika** 6:01AM – 7:36AM  
Yama 1:55PM – 3:30PM  
**Rahu** 9:10AM – 10:45AM

**Anuradha Until 6:43PM**  
Vyatipata\* Until 9:51PM  
Bava Until 6:46AM  
**Chaturthi\* Until 5:34PM**

**Ganesha:** Yellow *Sunrise:* 6:01AM  
**Muruqa:** Clear *Sunset:* 6:40PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Sun 3  
Dubai, AE  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vrischika Rasi: 23.16 Tithi 20 – 21  
174134468  
Routine Work Marana Yoga  
Until 5:33PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:30PM – 5:06PM  
Yama 12:20PM – 1:55PM  
**Rahu** 5:06PM – 6:41PM

**Jyeshtha\* Until 5:33PM**  
Variyan Until 7:23PM  
Gara Until 3:12AM Mon  
**Panchami Until 3:47PM**

**Ganesha:** Yellow *Sunrise:* 6:00AM  
**Muruqa:** Clear *Sunset:* 6:41PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 4  
Dubai, AE  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 6.56 Tithi 21 – 22  
184134468  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 5:31PM  
Then Routine Work - Marana Yoga

**Gulika** 1:55PM – 3:30PM  
Yama 10:45AM – 12:20PM  
**Rahu** 7:34AM – 9:09AM

**Mula\* Until 5:31PM**  
Parigha\* Until 5:36PM  
Visti Until 2:39AM Tue  
**Shashthi\* Until 2:48PM**

**Ganesha:** Blue *Sunrise:* 5:59AM  
**Muruqa:** Clear *Sunset:* 6:41PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

**D**

**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 5  
Dubai, AE  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 20.08 Tithi 22 – 23  
284134468  
Creative Work Siddha Yoga  
Until 6:09PM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:20PM – 1:55PM  
Yama 9:09AM – 10:44AM  
**Rahu** 3:31PM – 5:06PM

**Purvashadha\* Until 6:09PM**  
Shiva Until 4:30PM  
Balava Until 2:57AM Wed  
**Saptami Until 2:41PM**

**Ganesha:** Yellow *Sunrise:* 5:58AM  
**Muruqa:** Clear *Sunset:* 6:42PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 6  
Dubai, AE  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 2.55 Tithi 23 – 24  
284134468  
Creative Work Amrita Yoga  
Until 7:24PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:44AM – 12:19PM  
Yama 7:32AM – 9:08AM  
**Rahu** 12:19PM – 1:55PM

**Uttarashadha Until 7:24PM**  
Siddha Until 4:00PM  
Taitila Until 3:59AM Thu  
**Ashtami\* Until 3:22PM**

**Ganesha:** Yellow *Sunrise:* 5:57AM  
**Muruqa:** Clear *Sunset:* 6:42PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dubai, AE Sutra 4
	Makara Rasi: 15.22	Tithi 24 – 25	<b>Gulika</b> 9:07AM – 10:43AM	<b>Shravana Until 9:36PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:56AM	Sun 7	Sarvari 5122
	294134468	<b>Rahu</b> 1:55PM – 3:31PM	Yama 5:56AM – 7:32AM	Sadhya Until 4:02PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:42PM		Moon 4 - Phase 1
	Creative Work Siddha Yoga	Chidambaram Abhishekam	Vanija Until 5:38AM Fri	<b>Nataraja:</b> Purple			2nd Phase
			Navami* Until 4:44PM	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			


<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti* Karana Dashamyam Titau				Dubai, AE Sutra 5
	Makara Rasi: 27.34	Tithi 25	<b>Gulika</b> 7:31AM – 9:07AM	<b>Dhanishtha Until 12:07AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:55AM	Sun 8	Sarvari 5122
	294134468	<b>Rahu</b> 10:43AM – 12:19PM	Yama 3:31PM – 5:07PM	Subha Until 4:30PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:43PM		Moon 4 - Phase 1
	Creative Work Siddha Yoga		12:19PM	Visti Until 6:37PM	<b>Nataraja:</b> Purple		2nd Phase
Until 12:07AM Sat			Dashami Until 6:37PM	Moon – Purple		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Chaitra*Chaitra</b>			

<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Dubai, AE Sutra 6
	Kumbha Rasi: 9.35	Tithi 26	<b>Gulika</b> 5:54AM – 7:30AM	<b>Shatabhishak Until 2:46AM Sun</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:54AM	Sun 9	Sarvari 5122
	295134468	<b>Rahu</b> 9:06AM – 10:43AM	Yama 1:55PM – 3:31PM	Sukla Until 5:12PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:43PM		Moon 4 - Phase 1
	Creative Work Amrita Yoga		10:43AM	Bava Until 7:43AM	<b>Nataraja:</b> Purple		2nd Phase
Until 2:46AM Sun			Ekadashi* Until 8:51PM	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>			

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dubai, AE Sutra 7
	Kumbha Rasi: 21.31	Tithi 27	<b>Gulika</b> 3:31PM – 5:08PM	<b>Purvaproshtapada* Until 5:53AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:53AM	Sun 10	Sarvari 5122
	215134468	<b>Rahu</b> 5:08PM – 6:44PM	Yama 12:18PM – 1:55PM	Brahma Until 6:04PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:44PM		Moon 4 - Phase 1
	Creative Work Siddha Yoga		5:08PM	Kaulava Until 10:03AM	<b>Nataraja:</b> Purple		2nd Phase
			Dvadashi* Until 11:15PM	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Dubai, AE Sutra 8
	Meena Rasi: 3.23	Tithi 28	<b>Gulika</b> 1:55PM – 3:31PM	<b>Uttaraproshtapada Until 8:51AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:52AM	Sun 11	Sarvari 5122
	215134468	<b>Rahu</b> 7:29AM – 9:05AM	Yama 10:42AM – 12:18PM	Indra Until 7:00PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:44PM		Moon 4 - Phase 1
	Creative Work Siddha Yoga		7:29AM	Gara Until 12:30PM	<b>Nataraja:</b> Purple		2nd Phase
			Trayodashi* Until 1:42AM Tue	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dubai, AE Sutra 9
	Meena Rasi: 15.15	Tithi 29	<b>Gulika</b> 12:18PM – 1:55PM	<b>Uttaraproshtapada Until 8:51AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:51AM	Sun 12	Sarvari 5122
	215134468	<b>Rahu</b> 3:31PM – 5:08PM	Yama 9:05AM – 10:41AM	Vaidhriti* Until 7:53PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:45PM		Moon 4 - Phase 1
	Creative Work Amrita Yoga		3:31PM	Visti Until 2:56PM	<b>Nataraja:</b> Purple		2nd Phase
Until 8:51AM			Chaturdashi* Until 4:06AM Wed	Moon – Clear		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>			

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dubai, AE Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 10:41AM – 12:18PM	<b>Revati Until 11:35AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:50AM	Sun 13	Sarvari 5122
	Meena Rasi: 27.08	Tithi 30	Yama 7:27AM – 9:04AM	Vishkambha* Until 8:43PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:45PM		Moon 4 - Phase 1
	215134468	<b>Rahu</b> 12:18PM – 1:55PM	12:18PM	Catuspada Until 5:17PM	<b>Nataraja:</b> Purple		Amavasya
Routine Work Marana Yoga			Amavasya* Until 6:23AM Thu	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>Retreat Star</b>	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dubai, AE Sutra 11
	Mesha Rasi: 9.04	Tithi 30 – 1	<b>Gulika</b> 9:04AM – 10:41AM	<b>Ashvini Until 2:31PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:50AM	Sun 14	Sarvari 5122
	225134468	<b>Rahu</b> 1:55PM – 3:32PM	Yama 5:50AM – 7:27AM	Priti Until 9:27PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:46PM		Moon 4 - Phase 1
	Creative Work Amrita Yoga		1:55PM	Kintughna Until 7:29PM	<b>Nataraja:</b> Purple		Prathama
Until 2:31PM			Amavasya* Until 6:23AM	Moon – White		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka*Chaitra</b>			

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Dubai, AE Sun 15 Sutra 12 Sarvari 5122
Mesha Rasi: 21.04	Tithi 1 – 2	<b>Gulika</b> 7:26AM – 9:03AM	<b>Bharani</b> Until 5:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:49AM	
		Yama 3:32PM – 5:09PM	Ayushman Until 9:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 2
225134469	<b>Rahu</b> 10:40AM – 12:17PM		Balava Until 9:28PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:29AM	Moon – White		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Dubai, AE Sun 16 Sutra 13 Sarvari 5122
Wrishabha Rasi: 3.1	Tithi 2 – 3	<b>Gulika</b> 5:48AM – 7:25AM	<b>Krittika</b> Until 7:16PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:48AM	
		Yama 1:55PM – 3:32PM	Saubhagya Until 10:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
225134469	<b>Rahu</b> 9:03AM – 10:40AM		Taitila Until 11:11PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 10:21AM	Moon – White		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Dubai, AE Sun 17 Sutra 14 Sarvari 5122
Wrishabha Rasi: 15.23	Tithi 3 – 4	<b>Gulika</b> 3:32PM – 5:10PM	<b>Rohini</b> Until 9:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM	
		Yama 12:17PM – 1:55PM	Sobhana Until 10:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 2
235134469	<b>Rahu</b> 5:10PM – 6:47PM		Vanija Until 12:32AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 11:53AM	Moon – Yellow		<b>Devaloka Day</b>
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>		

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Dubai, AE Sun 18 Sutra 15 Sarvari 5122
Wrishabha Rasi: 27.46	Tithi 4 – 5	<b>Gulika</b> 1:55PM – 3:32PM	<b>Mrigashira</b> Until 11:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:46AM	
<b>Family Home Evening</b>		Yama 10:39AM – 12:17PM	Athiganda* Until 10:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2
235134469	<b>Rahu</b> 7:24AM – 9:02AM		Bava Until 1:27AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 1:02PM	Moon – Yellow		<b>Devaloka Day</b>
Until 11:00PM		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>		
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Dubai, AE Sun 19 Sutra 16 Sarvari 5122
Mithuna Rasi: 10.2	Tithi 5 – 6	<b>Gulika</b> 12:17PM – 1:55PM	<b>Ardra</b> Until 11:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:45AM	
		Yama 9:01AM – 10:39AM	Sukarma Until 9:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 2
236134469	<b>Rahu</b> 3:33PM – 5:10PM		Kaulava Until 1:49AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami</b> Until 1:41PM	Moon – Yellow		<b>Bhuloka Day</b>
Until 11:55PM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Dubai, AE Sun 20 Sutra 17 Sarvari 5122
Mithuna Rasi: 23.11	Tithi 6 – 7	<b>Gulika</b> 10:39AM – 12:17PM	<b>Punarvasu</b> Until 12:33AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:45AM	
		Yama 7:23AM – 9:01AM	Dhriti Until 8:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2
246134469	<b>Rahu</b> 12:17PM – 1:55PM		Gara Until 1:34AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 1:45PM	Moon – Blue		<b>Devaloka Day</b>
Until 12:33AM Thu				<b>Vaisaka-Chaitra</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Dubai, AE Sun 21 Sutra 18 Sarvari 5122
Kataka Rasi: 6.2	Tithi 7 – 8	<b>Gulika</b> 9:00AM – 10:38AM	<b>Pushya</b> Until 12:23AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:44AM	
		Yama 5:44AM – 7:22AM	Shula* Until 6:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 2
246134469	<b>Rahu</b> 1:55PM – 3:33PM		Visti Until 12:40AM Fri	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Amrita Yoga		<b>Saptami</b> Until 1:11PM	Moon – Blue		<b>Devaloka Day</b>
Until 12:23AM Fri				<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Dubai, AE Sun 22 Sutra 19 Sarvari 5122
Kataka Rasi: 19.52	Tithi 8 – 9	<b>Gulika</b> 7:21AM – 8:59AM	<b>Ashlesha*</b> Until 11:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:42AM	
		Yama 3:33PM – 5:12PM	Ganda* Until 4:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 2
246134469	<b>Rahu</b> 10:38AM – 12:16PM		Balava Until 11:06PM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 11:57AM	Moon – Blue		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dubai, AE Sutra 20
Simha Rasi: 3.46	Tithi 9 – 10	<b>Gulika</b> 5:42AM – 7:20AM	<b>Magha* Until 10:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:42AM	Sun 23	Sarvari 5122	
		Yama 1:55PM – 3:33PM	Vriddhi Until 1:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 8:59AM – 10:38AM	Taitila Until 8:55PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga		<b>Navami* Until 10:04AM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 10:06PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dubai, AE Sutra 21
Simha Rasi: 18.04	Tithi 10 – 11	<b>Gulika</b> 3:34PM – 5:12PM	<b>Purvaphalguni Until 8:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM	Sun 24	Sarvari 5122	
		Yama 12:16PM – 1:55PM	Dhruva Until 10:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM		Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 5:12PM – 6:51PM	Vanija Until 6:11PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 7:36AM</b>	Moon – Red		<b>Bhuloka Day</b>		
Until 8:08PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Dubai, AE Sutra 22
Kanya Rasi: 2.43	Tithi 12	<b>Gulika</b> 1:55PM – 3:34PM	<b>Uttaraphalguni Until 5:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:40AM	Sun 25	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:37AM – 12:16PM	Vyaghata* Until 7:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM		Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 7:19AM – 8:58AM	Bava Until 3:02PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 1:20AM Tue</b>	Moon – Red		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dubai, AE Sutra 23
Kanya Rasi: 17.38	Tithi 13	<b>Gulika</b> 12:16PM – 1:55PM	<b>Hasta Until 3:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:40AM	Sun 26	Sarvari 5122	
		Yama 8:58AM – 10:37AM	Vajra* Until 11:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:34PM – 5:13PM	Kaulava Until 11:36AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 9:48PM</b>	Moon – Green		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Dubai, AE Sutra 24
Tula Rasi: 2.41	Tithi 14	<b>Gulika</b> 10:37AM – 12:16PM	<b>Chitra Until 12:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:39AM	Sun 27	Sarvari 5122	
		Yama 7:18AM – 8:57AM	Siddhi Until 7:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 12:16PM – 1:55PM	Gara Until 8:02AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:14PM</b>	Moon – Green		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

		<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dubai, AE Sutra 25
Tula Rasi: 17.44	Tithi 15 – 16	<b>Gulika</b> 8:57AM – 10:36AM	<b>Svati Until 9:28AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	Sun 27	Sarvari 5122	
		Yama 5:38AM – 7:18AM	Vyatipata* Until 3:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM		Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 1:55PM – 3:35PM	Balava Until 1:07AM Fri	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Amrita Yoga		<b>Purnima* Until 2:45PM</b>	Moon – Green		<b>Devaloka Day</b>		
Until 9:28AM				<b>Vaisaka*Chaitra</b>				
Then Creative Work - Siddha Yoga		<b>Budha Purnima (Tamil Nadu)</b>						

<b>Friday, May 8, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Dubai, AE Sutra 26		
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:17AM – 8:57AM	<b>Vishakha Until 7:08AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:38AM	Sun 27	Sarvari 5122	
Vrischika Rasi: 2.38	Tithi 16 – 17	Yama 3:35PM – 5:14PM	Variyan Until 11:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM		Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 10:36AM – 12:16PM	Taitila Until 10:07PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:33AM</b>	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda