



Sunday, April 21, 2019
Gold Retreat Star

Vrischika Rasi: 3.03 Tithi 18
Routine Work Marana Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Trityayam Titau
Gulika 3:27PM – 5:10PM **Vishakha** **Until 6:28AM**
Yama 12:01PM – 1:44PM **Vyatipata*** **Until 4:59PM**
Rahu 5:10PM – 6:53PM **Vanija** **Until 1:23PM**
Tritiya **Until 12:54AM Mon**

Ganesha: Blue *Sunrise:* 5:08AM
Muruqa: Yellow *Sunset:* 6:53PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Gatineau, Canada
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 16.32 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 1:44PM – 3:27PM **Anuradha** **Until 6:13AM**
Yama 10:17AM – 12:00PM **Variyan** **Until 3:23PM**
Rahu 6:50AM – 8:34AM **Bava** **Until 12:39PM**
Chaturthi* **Until 12:33AM Tue**

Ganesha: Blue *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 6:54PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Gatineau, Canada
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 29.35 Tithi 20
Routine Work Marana Yoga
Until 6:35AM
Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 12:00PM – 1:44PM **Jyeshtha*** **Until 6:35AM**
Yama 8:33AM – 10:16AM **Parigha*** **Until 2:27PM**
Rahu 3:28PM – 5:12PM **Kaulava** **Until 12:43PM**
Panchami **Until 1:02AM Wed**

Ganesha: Blue *Sunrise:* 5:05AM
Muruqa: Yellow *Sunset:* 6:55PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Gatineau, Canada
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 12.14 Tithi 21
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 10:16AM – 12:00PM **Mula*** **Until 8:04AM**
Yama 6:48AM – 8:32AM **Shiva** **Until 2:09PM**
Rahu 12:00PM – 1:44PM **Gara** **Until 1:36PM**
Shashthi* **Until 2:18AM Thu**

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: Yellow *Sunset:* 6:57PM
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Gatineau, Canada
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 24.34 Tithi 22
Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 8:31AM – 10:15AM **Purvashadha*** **Until 10:08AM**
Yama 5:02AM – 6:46AM **Siddha** **Until 2:23PM**
Rahu 1:44PM – 3:29PM **Visti** **Until 3:12PM**
Saptami **Until 4:13AM Fri**

Ganesha: Yellow *Sunrise:* 5:02AM
Muruqa: Yellow *Sunset:* 6:58PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Gatineau, Canada
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.38 Tithi 23
Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 6:45AM – 8:30AM **Uttarashadha** **Until 12:35PM**
Yama 3:29PM – 5:14PM **Sadhya** **Until 3:04PM**
Rahu 10:15AM – 12:00PM **Balava** **Until 5:22PM**
Ashtami* **Until 6:34AM Sat**

Ganesha: Red *Sunrise:* 5:00AM
Muruqa: Yellow *Sunset:* 6:59PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Gatineau, Canada
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 18.31 Tithi 23 – 24
Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 4:59AM – 6:44AM **Shravana** **Until 3:44PM**
Yama 1:45PM – 3:30PM **Subha** **Until 4:01PM**
Rahu 8:29AM – 10:14AM **Taitila** **Until 7:51PM**
Ashtami* **Until 6:34AM**

Ganesha: Green *Sunrise:* 4:59AM
Muruqa: Yellow *Sunset:* 7:00PM
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Gatineau, Canada
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Gatineau, Canada Sun 7 Sutra 14
Kumbha Rasi: 0.21	Tithi 24 – 25	Gulika 3:30PM – 5:16PM	Dhanishtha Until 6:48PM	Ganesha: Green	<i>Sunrise:</i> 4:57AM	Vikarin 5121
		Yama 11:59AM – 1:45PM	Sukla Until 5:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3
		294583469 Rahu 5:16PM – 7:02PM	Vanija Until 10:24PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 9:06AM	Moon – Purple		Bhuloka Day
Until 6:48PM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 8 Sutra 15
Kumbha Rasi: 12.11	Tithi 25 – 26	Gulika 1:45PM – 3:31PM	Shatabhishak Until 9:34PM	Ganesha: Green	<i>Sunrise:</i> 4:56AM	Vikarin 5121
Family Home Evening		Yama 10:13AM – 11:59AM	Brahma Until 5:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:42AM – 8:28AM	Bava Until 12:46AM Tue	Nataraja: Clear		2nd Phase
Until 9:34PM			Dashami Until 11:36AM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Gatineau, Canada Sun 9 Sutra 16
Kumbha Rasi: 24.06	Tithi 26 – 27	Gulika 11:59AM – 1:45PM	Purvaprossthapada* Until 12:21AM We	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Vikarin 5121
		Yama 8:27AM – 10:13AM	Indra Until 6:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 3
		214583469 Rahu 3:32PM – 5:18PM	Kaulava Until 2:47AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:49PM	Moon – Clear		Bhuloka Day
Until 12:21AM Wed				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadashti/Trayodashyam Titau				Gatineau, Canada Sun 10 Sutra 17
Meena Rasi: 6.1	Tithi 27 – 28	Gulika 10:12AM – 11:59AM	Uttaraprossthapada Until 2:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Vikarin 5121
		Yama 6:39AM – 8:26AM	Vaidhriti* Until 6:59PM	Muruqa: Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3
		214583469 Rahu 11:59AM – 1:46PM	Gara Until 4:19AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashti* Until 3:36PM	Moon – Clear		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 11 Sutra 18
Meena Rasi: 18.26	Tithi 28 – 29	Gulika 8:25AM – 10:12AM	Revati Until 4:01AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 4:51AM	Vikarin 5121
		Yama 4:51AM – 6:38AM	Vishkambha* Until 6:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3
		215583469 Rahu 1:46PM – 3:33PM	Visti Until 5:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:52PM	Moon – Clear		Bhuloka Day
Until 4:01AM Fri				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Gatineau, Canada Sun 12 Sutra 19
Mesha Rasi: 0.57	Tithi 29 – 30	Gulika 6:37AM – 8:24AM	Ashvini Until 5:18AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:50AM	Vikarin 5121
		Yama 3:33PM – 5:20PM	Priti Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3
		225583469 Rahu 10:12AM – 11:59AM	Catuspada Until 5:47AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36PM	Moon – White		Bhuloka Day
Until 5:18AM Sat				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Gatineau, Canada Sun 13 Sutra 20
Mesha Rasi: 13.42	Tithi 30 – 1	Gulika 4:49AM – 6:36AM	Bharani Until 5:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:49AM	Vikarin 5121
		Yama 1:46PM – 3:34PM	Ayushman Until 5:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 3
		225583469 Rahu 8:24AM – 10:11AM	Kintughna Until 5:43AM Sun	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:47PM	Moon – White		Bhuloka Day
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Gatineau, Canada Sun 14 Sutra 21
Mesha Rasi: 26.42	Tithi 1 – 2	Gulika 3:34PM – 5:22PM	Krittika Until 5:58AM Mon	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	Vikarin 5121
		Yama 11:59AM – 1:46PM	Saubhagya Until 4:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3
		225583469 Rahu 5:22PM – 7:10PM	Balava Until 5:13AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:30PM	Moon – White		Bhuloka Day
Until 5:58AM Mon				Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Gatineau, Canada Sun 15 Sutra 22 Vikarin 5121	
1	Vrishabha Rasi: 9.56 Family Home Evening Creative Work Amrita Yoga Until 5:56AM Tue Then Creative Work - Siddha Yoga	Tithi 2 - 3 225583469	Gulika 1:47PM - 3:35PM Yama 10:10AM - 11:58AM Rahu 6:34AM - 8:22AM	Rohini Until 5:56AM Tue Sobhana Until 2:43PM Taitila Until 4:21AM Tue Dvitiya Until 4:49PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon - White Vaisaka-Chaitra	Sunrise: 4:46AM Sunset: 7:11PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Gatineau, Canada Sun 16 Sutra 23 Vikarin 5121	
2	Vrishabha Rasi: 23.22 Creative Work Siddha Yoga	Tithi 3 - 4 235583469	Gulika 11:58AM - 1:47PM Yama 8:21AM - 10:10AM Rahu 3:35PM - 5:24PM	Mrigashira Until 5:27AM Wed Athiganda* Until 12:50PM Vanija Until 3:10AM Wed Tritiya Until 3:46PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:45AM Sunset: 7:12PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Gatineau, Canada Sun 17 Sutra 24 Vikarin 5121	
3	Mithuna Rasi: 6.58 Creative Work Siddha Yoga Until 4:35AM Thu Then Creative Work - Amrita Yoga	Tithi 4 - 5 235583469	Gulika 10:10AM - 11:58AM Yama 6:32AM - 8:21AM Rahu 11:58AM - 1:47PM	Ardra Until 4:35AM Thu Sukarma Until 10:44AM Bava Until 1:43AM Thu Chaturthi* Until 2:27PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon - Yellow Vaisaka-Chaitra	Sunrise: 4:43AM Sunset: 7:14PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Gatineau, Canada Sun 18 Sutra 25 Vikarin 5121	
4	Mithuna Rasi: 20.43 Creative Work Amrita Yoga Until 3:48AM Fri Then Routine Work - Marana Yoga	Tithi 5 - 6 245583469	Gulika 8:20AM - 10:09AM Yama 4:42AM - 6:31AM Rahu 1:47PM - 3:36PM	Punarvasu Until 3:48AM Fri Dhriti Until 8:28AM Kaulava Until 12:04AM Fri Panchami Until 12:54PM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Sunrise: 4:42AM Sunset: 7:15PM Moon 4 - Phase 4 3rd Phase Devaloka Day

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Gatineau, Canada Sun 19 Sutra 26 Vikarin 5121	
5	Kataka Rasi: 5 Routine Work Marana Yoga	Tithi 6 - 7 245583469	Gulika 6:30AM - 8:19AM Yama 3:37PM - 5:26PM Rahu 10:09AM - 11:58AM	Pushya Until 2:40AM Sat Ganda* Until 6:00AM Gara Until 10:13PM Shashthi* Until 11:09AM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Sunrise: 4:41AM Sunset: 7:16PM Moon 4 - Phase 4 3rd Phase Devaloka Day

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Gatineau, Canada Sun 20 Sutra 27 Vikarin 5121	
Retreat Star	Kataka Rasi: 18.36 Routine Work Marana Yoga	Tithi 7 - 8 245583469	Gulika 4:39AM - 6:29AM Yama 1:48PM - 3:38PM Rahu 8:19AM - 10:09AM	Ashlesha* Until 1:14AM Sun Vriddhi Until 12:38AM Sun Visti Until 8:11PM Saptami Until 9:12AM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Sunrise: 4:39AM Sunset: 7:17PM Moon 4 - Phase 4 Ashtami Devaloka Day

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Gatineau, Canada Sun 21 Sutra 28 Vikarin 5121	
Retreat Star	Simha Rasi: 2.43 Routine Work Marana Yoga Until 11:55PM Then Creative Work - Siddha Yoga	Tithi 8 - 9 256583469	Gulika 3:38PM - 5:28PM Yama 11:58AM - 1:48PM Rahu 5:28PM - 7:18PM	Magha* Until 11:55PM Dhruva Until 9:44PM Balava Until 6:00PM Ashtami* Until 7:05AM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon - Red Vaisaka-Chaitra	Sunrise: 4:38AM Sunset: 7:17PM Moon 4 - Phase 4 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM


Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau			Gatineau, Canada Sun 22 Sutra 29
1	Simha Rasi: 16.56 Tithi 10	Gulika 1:48PM – 3:39PM	Purvaphalguni Until 10:22PM	Ganesha: White <i>Sunrise:</i> 4:37AM	Vikarin 5121
Family Home Evening	256583469	Yama 10:08AM – 11:58AM	Vyaghata* Until 6:46PM	Muruqa: Yellow <i>Sunset:</i> 7:19PM	Moon 4 - Phase 5
Creative Work Siddha Yoga		Rahu 6:27AM – 8:18AM	Taitila Until 3:41PM	Nataraja: Clear	4th Phase
			Dashami Until 2:29AM Tue	Moon – Red	
				Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM


Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau			Gatineau, Canada Sun 23 Sutra 30
2	Kanya Rasi: 1.12 Tithi 11	Gulika 11:58AM – 1:49PM	Uttaraphalguni Until 8:37PM	Ganesha: White <i>Sunrise:</i> 4:36AM	Vikarin 5121
	256583469	Yama 8:17AM – 10:08AM	Harshana Until 3:45PM	Muruqa: Yellow <i>Sunset:</i> 7:20PM	Moon 4 - Phase 5
Creative Work Amrita Yoga		Rahu 3:39PM – 5:30PM	Vanija Until 1:19PM	Nataraja: Clear	4th Phase
Until 8:37PM			Ekadashi Until 12:06AM Wed	Moon – Red	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvodashyam Titau			Gatineau, Canada Sun 24 Sutra 31
3	Kanya Rasi: 15.29 Tithi 12	Gulika 10:07AM – 11:58AM	Hasta Until 7:11PM	Ganesha: Yellow <i>Sunrise:</i> 4:35AM	Vikarin 5121
	266583469	Yama 6:26AM – 8:16AM	Vajra* Until 12:44PM	Muruqa: Yellow <i>Sunset:</i> 7:22PM	Moon 4 - Phase 5
Routine Work Marana Yoga		Rahu 11:58AM – 1:49PM	Bava Until 10:56AM	Nataraja: Clear	4th Phase
Until 7:11PM			Dvodashi Until 9:45PM	Moon – Green	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi	Devaloka Day

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Gatineau, Canada Sun 25 Sutra 32
4	Kanya Rasi: 29.44 Tithi 13	Gulika 8:16AM – 10:07AM	Chitra Until 5:45PM	Ganesha: Yellow <i>Sunrise:</i> 4:34AM	Vikarin 5121
	266583469	Yama 4:34AM – 6:25AM	Siddhi Until 9:49AM	Muruqa: Yellow <i>Sunset:</i> 7:23PM	Moon 4 - Phase 5
Creative Work Siddha Yoga		Rahu 1:49PM – 3:40PM	Kaulava Until 8:39AM	Nataraja: Clear	4th Phase
Until 5:45PM			Trayodashi Until 7:34PM	Moon – Green	
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi	Devaloka Day
			<i>Pradosha Vrata</i>		

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyana Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau			Gatineau, Canada Sun 26 Sutra 33
5	Tula Rasi: 13.5 Tithi 14 – 15	Gulika 6:24AM – 8:15AM	Svati Until 4:26PM	Ganesha: Yellow <i>Sunrise:</i> 4:33AM	Vikarin 5121
	266583469	Yama 3:41PM – 5:32PM	Vyatipata* Until 7:05AM	Muruqa: Yellow <i>Sunset:</i> 7:24PM	Moon 4 - Phase 5
Creative Work Siddha Yoga		Rahu 10:07AM – 11:58AM	Gara Until 6:35AM	Nataraja: Clear	4th Phase
			Chaturdashi* Until 5:39PM	Moon – Green	
				Vaisaka-Vaikasi	Devaloka Day

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Gatineau, Canada Sun 27 Sutra 34
	Tula Rasi: 27.43 Tithi 15 – 16	Gulika 4:32AM – 6:23AM	Vishakha Until 3:48PM	Ganesha: Blue <i>Sunrise:</i> 4:32AM	Vikarin 5121
Copper Retreat Star	276583469	Yama 1:50PM – 3:42PM	Parigha* Until 2:32AM Sun	Muruqa: Yellow <i>Sunset:</i> 7:25PM	Moon 4 - Phase 5
Creative Work Siddha Yoga		Rahu 8:15AM – 10:07AM	Balava Until 3:36AM Sun	Nataraja: Clear	Purnima
			Purnima* Until 4:09PM	Moon – Orange	
				Vaisaka-Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Gatineau, Canada Sutra 35
	Vrischika Rasi: 11.2 Tithi 16 – 17	Gulika 3:42PM – 5:34PM	Anuradha Until 3:33PM	Ganesha: Yellow <i>Sunrise:</i> 4:31AM	Vikarin 5121
Silver Retreat Star	277583469	Yama 11:58AM – 1:50PM	Shiva Until 12:56AM Mon	Muruqa: Yellow <i>Sunset:</i> 7:26PM	Moon 4 - Phase 5
Routine Work Marana Yoga		Rahu 5:34PM – 7:26PM	Taitila Until 2:56AM Mon	Nataraja: Clear	Prathama
			Prathama* Until 3:10PM	Moon – Orange	
				Vaisaka-Vaikasi	Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.36 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:50PM – 3:43PM
Yama 10:06AM – 11:58AM
Rahu 6:22AM – 8:14AM

Jyeshtha* Until 3:47PM
Siddha Until 11:50PM
Vanija Until 2:55AM Tue
Dvitiya Until 2:49PM

Ganesha: Yellow *Sunrise:* 4:30AM
Muruga: Yellow *Sunset:* 7:27PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Gatineau, Canada
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 7.31 Tithi 18 – 19
Creative Work Amrita Yoga
Until 4:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:58AM – 1:51PM
Yama 8:14AM – 10:06AM
Rahu 3:43PM – 5:36PM

Mula* Until 4:59PM
Sadhya Until 11:18PM
Bava Until 3:37AM Wed
Tritiya Until 3:10PM

Ganesha: Red *Sunrise:* 4:29AM
Muruga: Yellow *Sunset:* 7:28PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Gatineau, Canada
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.07 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:06AM – 11:58AM
Yama 6:20AM – 8:13AM
Rahu 11:58AM – 1:51PM

Purvashadha* Until 6:43PM
Subha Until 11:19PM
Kaulava Until 4:59AM Thu
Chaturthi* Until 4:12PM

Ganesha: Red *Sunrise:* 4:28AM
Muruga: Yellow *Sunset:* 7:29PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Gatineau, Canada
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

3

Thursday, May 23, 2019

Makara Rasi: 2.24 Tithi 20 – 21
Routine Work Marana Yoga
Until 8:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:13AM – 10:06AM
Yama 4:27AM – 6:20AM
Rahu 1:51PM – 3:44PM

Uttarashadha Until 8:52PM
Sukla Until 11:45PM
Gara Until 6:54AM Fri
Panchami Until 5:51PM

Ganesha: Red *Sunrise:* 4:27AM
Muruga: Yellow *Sunset:* 7:30PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Gatineau, Canada
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

4

Friday, May 24, 2019

Makara Rasi: 14.29 Tithi 21
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:19AM – 8:12AM
Yama 3:45PM – 5:38PM
Rahu 10:05AM – 11:59AM

Shravana Until 11:47PM
Brahma Until 12:31AM Sat
Gara Until 6:54AM
Shashthi* Until 7:59PM

Ganesha: Green *Sunrise:* 4:26AM
Muruga: Yellow *Sunset:* 7:31PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Gatineau, Canada
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 26.24 Tithi 22
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:25AM – 6:19AM
Yama 1:52PM – 3:45PM
Rahu 8:12AM – 10:05AM

Dhanishtha Until 2:44AM Sun
Indra Until 1:29AM Sun
Visti Until 9:11AM
Saptami Until 10:22PM

Ganesha: Red *Sunrise:* 4:25AM
Muruga: Yellow *Sunset:* 7:32PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Gatineau, Canada
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.16 Tithi 23
Creative Work Siddha Yoga
Until 5:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:46PM – 5:39PM
Yama 11:59AM – 1:52PM
Rahu 5:39PM – 7:33PM

Shatabhishak Until 5:32AM Mon
Vaidhriti* Until 2:25AM Mon
Balava Until 11:37AM
Ashtami* Until 12:47AM Mon

Ganesha: Blue *Sunrise:* 4:25AM
Muruga: Yellow *Sunset:* 7:33PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Gatineau, Canada
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 20.08 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 8:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:53PM – 3:46PM
Yama 10:05AM – 11:59AM
Rahu 6:18AM – 8:11AM

Purvaproshtapada* Until 8:26AM Tue
Vishkambha* Until 3:12AM Tue
Taitila Until 1:57PM
Navami* Until 3:00AM Tue

Ganesha: Purple *Sunrise:* 4:24AM
Muruga: Yellow *Sunset:* 7:34PM
Nataraja: Clear
Moon – Clear
Vaisaka-Vaikasi

Gatineau, Canada
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Gatineau, Canada Sun 9	Sutra 44
Meena Rasi: 2.06	Tithi 25	Gulika	11:59AM – 1:53PM	Purvaproshtapada* Until 8:26AM	Ganesha: Purple	<i>Sunrise:</i> 4:23AM	Vikarin 5121	
		Yama	8:11AM – 10:05AM	Priti Until 3:43AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 7	
		318683469 Rahu	3:47PM – 5:41PM	Vanija Until 4:00PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga			Dashami Until 4:50AM Wed	Moon – Clear		Sivaloka Day	
Until 8:26AM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Gatineau, Canada Sun 10	Sutra 45
Meena Rasi: 14.14	Tithi 26	Gulika	10:05AM – 11:59AM	Uttaraproshtapada Until 10:45AM	Ganesha: Purple	<i>Sunrise:</i> 4:22AM	Vikarin 5121	
		Yama	6:17AM – 8:11AM	Ayushman Until 3:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 7	
		318683469 Rahu	11:59AM – 1:53PM	Bava Until 5:34PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM Thu	Moon – Clear		Sivaloka Day	
Until 10:45AM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Gatineau, Canada Sun 11	Sutra 46
Meena Rasi: 26.35	Tithi 26 – 27	Gulika	8:11AM – 10:05AM	Revati Until 12:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:22AM	Vikarin 5121	
		Yama	4:22AM – 6:16AM	Saubhagya Until 3:23AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 7	
		318683469 Rahu	1:54PM – 3:48PM	Kaulava Until 6:33PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM	Moon – Clear		Sivaloka Day	
Until 12:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Gatineau, Canada Sun 12	Sutra 47
Mesha Rasi: 9.13	Tithi 27 – 28	Gulika	6:16AM – 8:10AM	Ashvini Until 1:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:21AM	Vikarin 5121	
		Yama	3:48PM – 5:43PM	Sobhana Until 2:30AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 7	
		328683469 Rahu	10:05AM – 11:59AM	Gara Until 6:54PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga			Dvadashi* Until 6:47AM	Moon – White		Devaloka Day	
Until 1:42PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Gatineau, Canada Sun 13	Sutra 48
Mesha Rasi: 22.08	Tithi 28 – 29	Gulika	4:21AM – 6:15AM	Bharani Until 2:14PM	Ganesha: White	<i>Sunrise:</i> 4:21AM	Vikarin 5121	
		Yama	1:54PM – 3:49PM	Athiganda* Until 1:05AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 7	
		329683469 Rahu	8:10AM – 10:05AM	Visti Until 6:37PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 6:49AM	Moon – White		Bhuloka Day	
Until 2:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Gatineau, Canada Sun 14	Sutra 49
Retreat Star		Gulika	3:49PM – 5:44PM	Krittika Until 2:02PM	Ganesha: White	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	12:00PM – 1:55PM	Sukarma Until 11:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 7	
		329683469 Rahu	5:44PM – 7:39PM	Naga Until 5:05AM Mon	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga			Chaturdashi* Until 6:14AM	Moon – White		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Gatineau, Canada Sun 15	Sutra 50
Vrishabha Rasi: 18.58	Tithi 1	Gulika	1:55PM – 3:50PM	Rohini Until 1:37PM	Ganesha: Green	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
Family Home Evening		Yama	10:05AM – 12:00PM	Dhriti Until 9:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 7	
		339683469 Rahu	6:15AM – 8:10AM	Kintughna Until 4:22PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga			Prathama* Until 3:30AM Tue	Moon – Yellow		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Gatineau, Canada Sun 16 Sutra 51
Mithuna Rasi: 2.47	Tithi 2	Gulika 12:00PM – 1:55PM	Mrigashira Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 4:19AM	Vikarin 5121		
		Yama 8:10AM – 10:05AM	Shula* Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 8		
		339683461 Rahu 3:50PM – 5:46PM	Balava Until 2:35PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Dvitiya Until 1:34AM Wed	Moon – Yellow		Bhuloka Day		
Until 12:39PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga								

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Gatineau, Canada Sun 17 Sutra 52
Mithuna Rasi: 16.49	Tithi 3	Gulika 10:05AM – 12:00PM	Ardra Until 11:14AM	Ganesha: Green	<i>Sunrise:</i> 4:19AM	Vikarin 5121		
		Yama 6:14AM – 8:10AM	Ganda* Until 3:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 8		
		339683461 Rahu 12:00PM – 1:55PM	Taitila Until 12:31PM	Nataraja: Yellow		3rd Phase		
Creative Work	Siddha Yoga		Tritiya Until 11:23PM	Moon – Yellow		Bhuloka Day		
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Gatineau, Canada Sun 18 Sutra 53
Kataka Rasi: 1	Tithi 4	Gulika 8:09AM – 10:05AM	Punarvasu Until 9:55AM	Ganesha: White	<i>Sunrise:</i> 4:18AM	Vikarin 5121		
		Yama 4:18AM – 6:14AM	Vridhhi Until 12:48PM	Muruqa: Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 8		
		349683461 Rahu 1:56PM – 3:51PM	Vanija Until 10:15AM	Nataraja: Yellow		3rd Phase		
Creative Work	Amrita Yoga		Chaturthi * Until 9:04PM	Moon – Blue		Bhuloka Day		
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Gatineau, Canada Sun 19 Sutra 54
Kataka Rasi: 15.15	Tithi 5	Gulika 6:14AM – 8:09AM	Pushya Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 4:18AM	Vikarin 5121		
		Yama 3:52PM – 5:47PM	Dhruva Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:43PM	Moon 5 - Phase 8		
		349683461 Rahu 10:05AM – 12:00PM	Bava Until 7:54AM	Nataraja: Yellow		3rd Phase		
Routine Work	Marana Yoga		Panchami Until 6:42PM	Moon – Blue		Bhuloka Day		
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Gatineau, Canada Sun 20 Sutra 55
Kataka Rasi: 29.32	Tithi 6 – 7	Gulika 4:18AM – 6:14AM	Ashlesha* Until 6:38AM	Ganesha: White	<i>Sunrise:</i> 4:18AM	Vikarin 5121		
		Yama 1:56PM – 3:52PM	Vyaghata* Until 6:50AM	Muruqa: Yellow	<i>Sunset:</i> 7:43PM	Moon 5 - Phase 8		
		349683461 Rahu 8:09AM – 10:05AM	Gara Until 3:12AM Sun	Nataraja: Yellow		3rd Phase		
Routine Work	Marana Yoga		Shashthi* Until 4:20PM	Moon – Blue		Bhuloka Day		
Until 6:38AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Gatineau, Canada Sun 21 Sutra 56
Simha Rasi: 13.46	Tithi 7 – 8	Gulika 3:52PM – 5:48PM	Purvaphalguni Until 3:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:18AM	Vikarin 5121		
		Yama 12:01PM – 1:57PM	Vajra* Until 1:00AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Moon 5 - Phase 8		
		351683461 Rahu 5:48PM – 7:44PM	Visti Until 12:58AM Mon	Nataraja: Yellow		Ashtami		
Creative Work	Siddha Yoga		Saptami Until 2:03PM	Moon – Red		Devaloka Day		
				Jyeshtha-Vaikasi				

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gatineau, Canada Sun 22 Sutra 57
Simha Rasi: 27.57	Tithi 8 – 9	Gulika 1:57PM – 3:53PM	Uttaraphalguni Until 2:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:17AM	Vikarin 5121		
Family Home Evening		Yama 10:05AM – 12:01PM	Siddhi Until 10:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 8		
		351683461 Rahu 6:13AM – 8:09AM	Balava Until 10:51PM	Nataraja: Yellow		Navami		
Creative Work	Siddha Yoga		Ashtami* Until 11:52AM	Moon – Red		Devaloka Day		
				Jyeshtha-Vaikasi				

1	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Gatineau, Canada Sun 23 Sutra 58
	Kanya Rasi: 12.02	Tithi 9 – 10	Gulika 12:01PM – 1:57PM	Hasta Until 1:21AM Wed	Ganesha: White	<i>Sunrise:</i> 4:17AM	Vikarin 5121
			Yama 8:09AM – 10:05AM	Vyatipata* Until 7:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 9
	361683461	Rahu 3:53PM – 5:49PM		Taitila Until 8:53PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:49AM	Moon – Green		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 24 Sutra 59
	Kanya Rasi: 26.01	Tithi 10 – 11	Gulika 10:05AM – 12:01PM	Chitra Until 12:25AM Thu	Ganesha: White	<i>Sunrise:</i> 4:17AM	Vikarin 5121
			Yama 6:13AM – 8:09AM	Variyan Until 5:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 9
	361683461	Rahu 12:01PM – 1:58PM		Vanija Until 7:08PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:58AM	Moon – Green		Bhuloka Day	
Until 12:25AM Thu				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 25 Sutra 60
	Tula Rasi: 9.52	Tithi 11 – 12	Gulika 8:09AM – 10:05AM	Svati Until 11:37PM	Ganesha: White	<i>Sunrise:</i> 4:17AM	Vikarin 5121
			Yama 4:17AM – 6:13AM	Parigha* Until 2:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 9
	361683461	Rahu 1:58PM – 3:54PM		Balava Until 5:00AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 6:20AM	Moon – Green		Bhuloka Day	
Until 11:37PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

4	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Gatineau, Canada Sun 26 Sutra 61
	Tula Rasi: 23.31	Tithi 13	Gulika 6:13AM – 8:09AM	Vishakha Until 11:27PM	Ganesha: Clear	<i>Sunrise:</i> 4:17AM	Vikarin 5121
			Yama 3:54PM – 5:51PM	Shiva Until 12:52PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 9
	371693461	Rahu 10:06AM – 12:02PM		Kaulava Until 4:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 4:01AM Sat	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
						<i>Pradosha Vrata</i>	

5	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Gatineau, Canada Sun 27 Sutra 62
	Vrischika Rasi: 6.58	Tithi 14	Gulika 4:17AM – 6:13AM	Anuradha Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 4:17AM	Vikarin 5121
			Yama 1:58PM – 3:55PM	Siddha Until 11:09AM	Muruqa: Blue	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 9
	371793461	Rahu 8:09AM – 10:06AM		Gara Until 3:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:29AM Sun	Moon – Orange		Subha Sivaloka Day	
				Jyeshtha-Ani			

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Gatineau, Canada Sutra 63
	Copper Retreat Star		Gulika 3:55PM – 5:51PM	Jyeshtha* Until 11:59PM	Ganesha: White	<i>Sunrise:</i> 4:17AM	Vikarin 5121
	Vrischika Rasi: 20.11	Tithi 15	Yama 12:02PM – 1:59PM	Sadhya Until 9:49AM	Muruqa: Blue	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 9
	371793461	Rahu 5:51PM – 7:48PM		Visti Until 3:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga		Purnima* Until 3:27AM Mon	Moon – Orange		Subha Sivaloka Day	
Until 11:59PM		Father's Day		Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Gatineau, Canada Sutra 64
	Silver Retreat Star		Gulika 1:59PM – 3:55PM	Mula* Until 1:16AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:17AM	Vikarin 5121
	Dhanus Rasi: 3.07	Tithi 16	Yama 10:06AM – 12:02PM	Subha Until 8:55AM	Muruqa: Blue	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 9
	381793461	Rahu 6:13AM – 8:10AM		Balava Until 3:39PM	Nataraja: Yellow		Prathama
Family Home Evening	Siddha Yoga		Prathama* Until 3:58AM Tue	Moon – Light Blue		Sivaloka Day	
Creative Work				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Gatineau, Canada
Sutra 66
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Dhanus Rasi: 15.48 Tithi 17
381793461
Creative Work Siddha Yoga
Until 2:57AM Wed
Then Creative Work - Amrita Yoga

Gulika 12:03PM - 1:59PM
Yama 8:10AM - 10:06AM
Rahu 3:55PM - 5:52PM

Purvashadha* Until 2:57AM Wed
Sukla Until 8:26AM
Tailila Until 4:28PM
Dvitiya Until 5:03AM Wed

Ganesha: Clear *Sunrise: 4:17AM*
Muruqa: Blue *Sunset: 7:48PM*
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Gatineau, Canada
Sun 1 Sutra 66
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Dhanus Rasi: 28.13 Tithi 18
382793461
Creative Work Amrita Yoga
Until 4:59AM Thu
Then Creative Work - Siddha Yoga

Gulika 10:06AM - 12:03PM
Yama 6:14AM - 8:10AM
Rahu 12:03PM - 1:59PM

Uttarashadha Until 4:59AM Thu
Brahma Until 8:24AM
Vanija Until 5:49PM
Tritiya Until 6:40AM Thu

Ganesha: Purple *Sunrise: 4:17AM*
Muruqa: Blue *Sunset: 7:49PM*
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gatineau, Canada
Sun 2 Sutra 67
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Makara Rasi: 10.25 Tithi 18 - 19
392793461
Creative Work Siddha Yoga

Gulika 8:10AM - 10:07AM
Yama 4:17AM - 6:14AM
Rahu 2:00PM - 3:56PM

Shravana Until 7:46AM Fri
Indra Until 8:47AM
Bava Until 7:40PM
Tritiya Until 6:40AM

Ganesha: Clear *Sunrise: 4:17AM*
Muruqa: Blue *Sunset: 7:49PM*
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gatineau, Canada
Sun 3 Sutra 68
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Makara Rasi: 22.26 Tithi 19 - 20
392793461
Routine Work Marana Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Gulika 6:14AM - 8:10AM
Yama 3:56PM - 5:53PM
Rahu 10:07AM - 12:03PM

Shravana Until 7:46AM
Vaidhriti* Until 9:27AM
Kaulava Until 9:51PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise: 4:17AM*
Muruqa: Blue *Sunset: 7:49PM*
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gatineau, Canada
Sun 4 Sutra 69
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Kumbha Rasi: 4.22 Tithi 20 - 21
392793461
Creative Work Siddha Yoga
Until 10:39AM
Then Creative Work - Amrita Yoga

Gulika 4:18AM - 6:14AM
Yama 2:00PM - 3:56PM
Rahu 8:11AM - 10:07AM

Dhanishtha Until 10:39AM
Vishkambha* Until 10:21AM
Gara Until 12:13AM Sun
Panchami Until 11:00AM

Ganesha: Clear *Sunrise: 4:18AM*
Muruqa: Blue *Sunset: 7:49PM*
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gatineau, Canada
Sun 5 Sutra 70
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Kumbha Rasi: 16.13 Tithi 21 - 22
392793461
Creative Work Siddha Yoga

Gulika 3:57PM - 5:53PM
Yama 12:04PM - 2:00PM
Rahu 5:53PM - 7:49PM

Shatabhishak Until 1:27PM
Priti Until 11:20AM
Visti Until 2:35AM Mon
Shashthi* Until 1:24PM

Ganesha: Clear *Sunrise: 4:18AM*
Muruqa: Blue *Sunset: 7:49PM*
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gatineau, Canada
Sun 6 Sutra 71
Vikarin 5121
Moon 6 - Phase 10
1st Phase

Kumbha Rasi: 28.07 Tithi 22 - 23
Family Home Evening
312793461
Routine Work Marana Yoga
Until 4:29PM
Then Creative Work - Siddha Yoga

Gulika 2:00PM - 3:57PM
Yama 10:07AM - 12:04PM
Rahu 6:15AM - 8:11AM

Purvaprosarthapada* Until 4:29PM
Ayushman Until 12:12PM
Balava Until 4:45AM Tue
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise: 4:18AM*
Muruqa: Blue *Sunset: 7:50PM*
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gatineau, Canada
Sun 7 Sutra 72
Vikarin 5121
Moon 6 - Phase 10
Ashtami

Meena Rasi: 10.05 Tithi 23 - 24
312793461
Creative Work Amrita Yoga
Until 7:03PM
Then Creative Work - Siddha Yoga

Gulika 12:04PM - 2:00PM
Yama 8:11AM - 10:08AM
Rahu 3:57PM - 5:53PM

Uttaraprosarthapada Until 7:03PM
Saubhagya Until 12:53PM
Tailila Until 6:31AM Wed
Ashtami* Until 5:40PM

Ganesha: Yellow *Sunrise: 4:19AM*
Muruqa: Blue *Sunset: 7:50PM*
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Gatineau, Canada
Sun 8 Sutra 73
Vikarin 5121
Moon 6 - Phase 10
Navami

Meena Rasi: 22.13 Tithi 24
312793461
Routine Work Marana Yoga

Gulika 10:08AM - 12:04PM
Yama 6:15AM - 8:12AM
Rahu 12:04PM - 2:01PM

Revati Until 8:59PM
Sobhana Until 1:14PM
Tailila Until 6:31AM
Navami* Until 7:10PM

Ganesha: Yellow *Sunrise: 4:19AM*
Muruqa: Blue *Sunset: 7:50PM*
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sivaloka Day


1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau			Gatineau, Canada Sun 9
Mesha Rasi: 4.35	Tithi 25	Gulika 8:12AM – 10:08AM	Ashvini Until 10:38PM	Ganesha: Blue	<i>Sunrise:</i> 4:19AM	Vikarin 5121	
		Yama 4:19AM – 6:16AM	Athiganda* Until 1:06PM	Muruqa: Blue	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 11	
		322793461 Rahu 2:01PM – 3:57PM	Vanija Until 7:43AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 8:04PM	Moon – White		Devaloka Day	
Until 10:38PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau			Gatineau, Canada Sun 10
Mesha Rasi: 17.14	Tithi 26	Gulika 6:16AM – 8:12AM	Bharani Until 11:26PM	Ganesha: Blue	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
		Yama 3:57PM – 5:53PM	Sukarma Until 12:27PM	Muruqa: Blue	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 11	
		322793461 Rahu 10:08AM – 12:05PM	Bava Until 8:16AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:15PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau			Gatineau, Canada Sun 11
Vrishabha Rasi: 0.15	Tithi 27	Gulika 4:20AM – 6:16AM	Krittika Until 11:22PM	Ganesha: Blue	<i>Sunrise:</i> 4:20AM	Vikarin 5121	
		Yama 2:01PM – 3:57PM	Dhriti Until 11:14AM	Muruqa: Blue	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 11	
		322793461 Rahu 8:13AM – 10:09AM	Kaulava Until 8:06AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 7:43PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau			Gatineau, Canada Sun 12
Vrishabha Rasi: 13.38	Tithi 28	Gulika 3:57PM – 5:53PM	Rohini Until 10:56PM	Ganesha: Blue	<i>Sunrise:</i> 4:21AM	Vikarin 5121	
		Yama 12:05PM – 2:01PM	Shula* Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		322793461 Rahu 5:53PM – 7:49PM	Gara Until 7:12AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 6:29PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			
			<i>Pradosha Vrata (Fasting)</i>				

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Gatineau, Canada Sun 13
Vrishabha Rasi: 27.25	Tithi 29 – 30	Gulika 2:01PM – 3:57PM	Mrigashira Until 9:46PM	Ganesha: Blue	<i>Sunrise:</i> 4:21AM	Vikarin 5121	
Family Home Evening		Yama 10:09AM – 12:05PM	Ganda* Until 7:06AM	Muruqa: Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		322793461 Rahu 6:17AM – 8:13AM	Catuspada Until 3:33AM Tue	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 4:39PM	Moon – Yellow		Devaloka Day	
Until 9:46PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Gatineau, Canada Sun 14
Retreat Star		Gulika 12:05PM – 2:01PM	Ardra Until 7:59PM	Ganesha: Red	<i>Sunrise:</i> 4:22AM	Vikarin 5121	
Mithuna Rasi: 11.32	Tithi 30 – 1	Yama 8:14AM – 10:10AM	Dhruva Until 1:12AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		333793461 Rahu 3:57PM – 5:53PM	Kintughna Until 1:00AM Wed	Nataraja: Yellow		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 2:18PM	Moon – Yellow		Sivaloka Day	
Until 7:59PM				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Gatineau, Canada Sun 15
Mithuna Rasi: 25.57	Tithi 1 – 2	Gulika 10:10AM – 12:06PM	Punarvasu Until 6:08PM	Ganesha: Yellow	<i>Sunrise:</i> 4:22AM	Vikarin 5121	
		Yama 6:18AM – 8:14AM	Vyaghata* Until 9:49PM	Muruqa: Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 11	
		343793461 Rahu 12:06PM – 2:01PM	Balava Until 10:10PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:36AM	Moon – Blue		Sivaloka Day	
				Ashada-Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau	Gatineau, Canada Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 - 3	343793461	Gulika 8:14AM - 10:10AM Yama 4:23AM - 6:19AM Rahu 2:02PM - 3:57PM	Pushya Until 3:58PM Harshana Until 6:19PM Taitila Until 7:10PM Dvitiya Until 8:39AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Blue	Sunrise: 4:23AM Sunset: 7:49PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Creative Work Amrita Yoga Until 3:58PM Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau	Gatineau, Canada Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	343793461	Gulika 6:19AM - 8:15AM Yama 3:57PM - 5:53PM Rahu 10:10AM - 12:06PM	Ashlesha* Until 1:37PM Vajra* Until 2:45PM Vanija Until 4:08PM Chaturthi* Until 2:37AM Sat	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Blue	Sunrise: 4:24AM Sunset: 7:48PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Routine Work Marana Yoga							

3		Saturday, July 6, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau	Gatineau, Canada Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	353793461	Gulika 4:24AM - 6:20AM Yama 2:02PM - 3:57PM Rahu 8:15AM - 10:11AM	Magha* Until 11:37AM Siddhi Until 11:17AM Bava Until 1:11PM Panchami Until 11:46PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon - Red	Sunrise: 4:24AM Sunset: 7:48PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 11:37AM Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau	Gatineau, Canada Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	453793461	Gulika 3:57PM - 5:52PM Yama 12:06PM - 2:02PM Rahu 5:52PM - 7:48PM	Purvaphalguni Until 9:40AM Vyatipata* Until 7:59AM Kaulava Until 10:27AM Shashthi* Until 9:10PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Red	Sunrise: 4:25AM Sunset: 7:48PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Creative Work Siddha Yoga Until 9:40AM Then Creative Work - Amrita Yoga		Chidambaram Abhishekam					

5		Monday, July 8, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau	Gatineau, Canada Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	453793461	Gulika 2:02PM - 3:57PM Yama 10:11AM - 12:06PM Rahu 6:21AM - 8:16AM	Uttaraphalguni Until 7:52AM Parigha* Until 2:06AM Tue Gara Until 8:00AM Saptami Until 6:53PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Red	Sunrise: 4:26AM Sunset: 7:47PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga							

Retreat Star		Tuesday, July 9, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Gatineau, Canada Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 - 9	463793461	Gulika 12:07PM - 2:02PM Yama 8:17AM - 10:12AM Rahu 3:57PM - 5:52PM	Hasta Until 6:43AM Shiva Until 11:39PM Balava Until 4:14AM Wed Ashtami* Until 5:00PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon - Green	Sunrise: 4:26AM Sunset: 7:47PM	Vikarin 5121 Moon 6 - Phase 12 Ashtami Subha Sivaloka Day
Creative Work Siddha Yoga							

Retreat Star		Wednesday, July 10, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Gatineau, Canada Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 - 10	463893461	Gulika 10:12AM - 12:07PM Yama 6:22AM - 8:17AM Rahu 12:07PM - 2:02PM	Svati Until 5:15AM Thu Siddha Until 9:32PM Taitila Until 3:00AM Thu Navami* Until 3:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Green	Sunrise: 4:27AM Sunset: 7:46PM	Vikarin 5121 Moon 6 - Phase 12 Navami Sivaloka Day
Creative Work Siddha Yoga							

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	Gulika 8:17AM – 10:12AM	Vishakha Until 5:25AM Fri	Ganesha: White	<i>Sunrise:</i> 4:28AM	Vikarin 5121
			Yama 4:28AM – 6:23AM	Sadhya Until 7:48PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 2:02PM – 3:56PM	Vanija Until 2:13AM Fri	Nataraja: Yellow		4th Phase
			Dashami Until 2:32PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	Gulika 6:23AM – 8:18AM	Anuradha Until 5:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:29AM	Vikarin 5121
			Yama 3:56PM – 5:51PM	Subha Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:12AM – 12:07PM	Bava Until 1:56AM Sat	Nataraja: Yellow		4th Phase
			Ekadashi Until 2:00PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	Gulika 4:30AM – 6:24AM	Jyeshtha* Until 6:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:30AM	Vikarin 5121
			Yama 2:01PM – 3:56PM	Sukla Until 5:29PM	Muruqa: Blue	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:18AM – 10:13AM	Kaulava Until 2:07AM Sun	Nataraja: Yellow		4th Phase
			Dvadashi Until 1:56PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			
				<i>Pradosha Vrata</i>			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	Gulika 3:56PM – 5:50PM	Jyeshtha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 4:31AM	Vikarin 5121
			Yama 12:07PM – 2:01PM	Brahma Until 4:53PM	Muruqa: Blue	<i>Sunset:</i> 7:44PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 Rahu 5:50PM – 7:44PM	Gara Until 2:47AM Mon	Nataraja: Yellow		4th Phase
			Trayodashi Until 2:22PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Gatineau, Canada Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	Gulika 2:01PM – 3:55PM	Mula* Until 8:18AM	Ganesha: Clear	<i>Sunrise:</i> 4:31AM	Vikarin 5121
	Family Home Evening		Yama 10:13AM – 12:07PM	Indra Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 7:43PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 6:25AM – 8:19AM	Visti Until 3:54AM Tue	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 3:16PM	Moon – Light Blue		Sivaloka Day	
				Ashada•Ani			

○	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Gatineau, Canada Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:07PM – 2:01PM	Purvashadha* Until 10:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:32AM	Vikarin 5121
	Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 8:20AM – 10:14AM	Vaidhriti* Until 4:48PM	Muruqa: Blue	<i>Sunset:</i> 7:42PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 3:55PM – 5:49PM	Balava Until 5:28AM Wed	Nataraja: Yellow		Purnima
			Purnima* Until 4:37PM	Moon – Light Blue		Sivaloka Day	
				Ashada•Adi			
				Partial Lunar Eclipse			
				Satguru Purnima			

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Gatineau, Canada Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:14AM – 12:07PM	Uttarashadha Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:33AM	Vikarin 5121
	Makara Rasi: 6.44	Tithi 16	Yama 6:27AM – 8:20AM	Vishkambha* Until 5:14PM	Muruqa: Blue	<i>Sunset:</i> 7:42PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 Rahu 12:07PM – 2:01PM	Kaulava Until 6:23PM	Nataraja: White		Prathama
			Prathama* Until 6:23PM	Moon – Light Blue		Subha Subha Sivaloka Day	
				Ashada•Adi			



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.47 Tithi 17
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:21AM – 10:14AM **Shravana Until 3:05PM**
Yama 4:34AM – 6:27AM Priti Until 5:57PM
Rahu 2:01PM – 3:54PM Taitila Until 7:24AM
Dvitiya Until 8:28PM

Gatineau, Canada
Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Sunrise: 4:34AM
Sunset: 7:41PM
Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Kumbha Rasi: 0.44 Tithi 18
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 6:28AM – 8:21AM **Dhanishtha Until 5:57PM**
Yama 3:54PM – 5:47PM Ayushman Until 6:49PM
Rahu 10:14AM – 12:08PM Vanija Until 9:37AM
Tritiya Until 10:47PM

Gatineau, Canada
Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Sunrise: 4:35AM
Sunset: 7:40PM
Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 12.37 Tithi 19
494893462
Creative Work Amrita Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 4:36AM – 6:29AM **Shatabhishak Until 8:45PM**
Yama 2:01PM – 3:53PM Saubhagya Until 7:48PM
Rahu 8:22AM – 10:15AM Bava Until 12:00PM
Chaturthi* Until 1:12AM Sun

Gatineau, Canada
Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Sunrise: 4:36AM
Sunset: 7:39PM
Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 24.28 Tithi 20
414893462
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 3:53PM – 5:46PM **Purvaproshtapada* Until 11:53PM**
Yama 12:08PM – 2:00PM Sobhana Until 8:46PM
Rahu 5:46PM – 7:38PM Kaulava Until 2:25PM
Panchami Until 3:34AM Mon

Gatineau, Canada
Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Sunrise: 4:37AM
Sunset: 7:38PM
Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 6.22 Tithi 21
414893462
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 2:00PM – 3:53PM **Uttaraproshtapada Until 2:40AM Tue**
Yama 10:15AM – 12:08PM Athiganda* Until 9:35PM
Rahu 6:30AM – 8:23AM Gara Until 4:42PM
Shashthi* Until 5:44AM Tue

Gatineau, Canada
Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Sunrise: 4:38AM
Sunset: 7:37PM
Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 18.19 Tithi 22
414893462
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti* Karana Saptamyam Titau
Gulika 12:08PM – 2:00PM **Revati Until 4:57AM Wed**
Yama 8:23AM – 10:16AM Sukarma Until 10:11PM
Rahu 3:52PM – 5:44PM Visti Until 6:42PM
Saptami Until 7:32AM Wed

Gatineau, Canada
Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Sunrise: 4:39AM
Sunset: 7:37PM
Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Mesha Rasi: 0.26 Tithi 22 – 23
424893462
Routine Work Marana Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:16AM – 12:08PM **Ashvini Until 7:04AM Thu**
Yama 6:32AM – 8:24AM Dhriti Until 10:26PM
Rahu 12:08PM – 2:00PM Balava Until 8:16PM
Saptami Until 7:32AM

Gatineau, Canada
Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Sunrise: 4:40AM
Sunset: 7:36PM
Ganesha: White
Muruga: Blue
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.46 Tithi 23 – 24
424893462
Creative Work Amrita Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:24AM – 10:16AM **Ashvini Until 7:04AM**
Yama 4:41AM – 6:33AM Shula* Until 10:10PM
Rahu 1:59PM – 3:51PM Taitila Until 9:13PM
Ashtami* Until 8:48AM

Gatineau, Canada
Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Sunrise: 4:41AM
Sunset: 7:35PM
Ganesha: White
Muruga: Blue
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Gatineau, Canada Sun 9 Sutra 103
Mesha Rasi: 25.23	Tithi 24 – 25	Gulika 6:34AM – 8:25AM	Bharani Until 8:23AM	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
		Yama 3:51PM – 5:42PM	Ganda* Until 9:22PM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15	
424893462	Rahu 10:16AM – 12:08PM		Vanija Until 9:27PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 9:25AM	Moon – White		Subha Subha Sivaloka Day	
						Ashada*Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Gatineau, Canada Sun 10 Sutra 104
Wrishabha Rasi: 8.21	Tithi 25 – 26	Gulika 4:43AM – 6:34AM	Krittika Until 8:49AM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Vikarin 5121	
		Yama 1:59PM – 3:50PM	Vriddhi Until 7:57PM	Muruqa: Blue	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15	
424893462	Rahu 8:25AM – 10:17AM		Bava Until 8:55PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 9:16AM	Moon – White		Subha Subha Sivaloka Day	
						Ashada*Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Gatineau, Canada Sun 11 Sutra 105
Wrishabha Rasi: 21.44	Tithi 26 – 27	Gulika 3:50PM – 5:40PM	Rohini Until 8:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM	Vikarin 5121	
		Yama 12:08PM – 1:59PM	Dhruva Until 5:53PM	Muruqa: Blue	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15	
424893462	Rahu 5:40PM – 7:31PM		Kaulava Until 7:36PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:20AM	Moon – Yellow		Subha Sivaloka Day	
						Ashada*Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau			Gatineau, Canada Sun 12 Sutra 106
Mithuna Rasi: 5.34	Tithi 27 – 28	Gulika 1:58PM – 3:49PM	Mrigashira Until 7:51AM	Ganesha: White	<i>Sunrise:</i> 4:45AM	Vikarin 5121	
Family Home Evening		Yama 10:17AM – 12:08PM	Vyaghata* Until 3:14PM	Muruqa: Blue	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 15	
435893462	Rahu 6:36AM – 8:27AM		Vanija Until 4:19AM Tue	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 6:39AM	Moon – Yellow		Sivaloka Day	
Until 7:51AM						Ashada*Adi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Gatineau, Canada Sun 13 Sutra 107
Mithuna Rasi: 19.5	Tithi 29	Gulika 12:08PM – 1:58PM	Ardra Until 6:07AM	Ganesha: White	<i>Sunrise:</i> 4:46AM	Vikarin 5121	
		Yama 8:27AM – 10:17AM	Harshana Until 12:07PM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 15	
424893462	Rahu 3:48PM – 5:39PM		Visti Until 2:57PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 1:27AM Wed	Moon – Yellow		Sivaloka Day	
Until 6:07AM						Ashada*Adi	
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Gatineau, Canada Sun 14 Sutra 108
Retreat Star		Gulika 10:18AM – 12:08PM	Pushya Until 1:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:47AM	Vikarin 5121	
Kataka Rasi: 4.28	Tithi 30	Yama 6:37AM – 8:28AM	Vajra* Until 8:33AM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 15	
445893462	Rahu 12:08PM – 1:58PM		Catuspada Until 11:52AM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 10:11PM	Moon – Blue		Sivaloka Day	
						Ashada*Adi	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Gatineau, Canada Sun 15 Sutra 109
Kataka Rasi: 19.22	Tithi 1	Gulika 8:28AM – 10:18AM	Ashlesha* Until 10:50PM	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Vikarin 5121	
		Yama 4:49AM – 6:38AM	Vyatipata* Until 12:45AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 15	
445893462	Rahu 1:57PM – 3:47PM		Kintughna Until 8:28AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 6:41PM	Moon – Blue		Sivaloka Day	
Until 10:50PM						Sravana*Adi	
Then Creative Work - Amrita Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Gatineau, Canada Sun 16 Sutra 110	
Simha Rasi: 4.24	Tithi 2 – 3	455893462	Gulika 6:39AM – 8:29AM Yama 3:46PM – 5:36PM Rahu 10:18AM – 12:07PM	Magha* Until 8:13PM Varyan Until 8:43PM Taitila Until 1:22AM Sat Dvitiya Until 3:07PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Red	Sravana-Adi	Sunrise: 4:50AM Sunset: 7:25PM	Moon 7 - Phase 16 3rd Phase	Sivaloka Day
Routine Work Marana Yoga Until 8:13PM Then Creative Work - Siddha Yoga									

2		Saturday, August 3, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Gatineau, Canada Sun 17 Sutra 111	
Simha Rasi: 19.26	Tithi 3 – 4	455893462	Gulika 4:51AM – 6:40AM Yama 1:57PM – 3:46PM Rahu 8:29AM – 10:18AM	Purvaphalguni Until 5:36PM Parigha* Until 4:49PM Vanija Until 9:57PM Tritiya Until 11:37AM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Red	Sravana-Adi	Sunrise: 4:51AM Sunset: 7:24PM	Moon 7 - Phase 16 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga									

3		Sunday, August 4, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Gatineau, Canada Sun 18 Sutra 112	
Kanya Rasi: 4.19	Tithi 4 – 5	455993462	Gulika 3:45PM – 5:34PM Yama 12:07PM – 1:56PM Rahu 5:34PM – 7:23PM	Uttaraphalguni Until 3:06PM Shiva Until 1:08PM Bava Until 6:51PM Chaturthi* Until 8:20AM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Red	Sravana-Adi	Sunrise: 4:52AM Sunset: 7:23PM	Moon 7 - Phase 16 3rd Phase	Subha Sivaloka Day
Creative Work Amrita Yoga		Nag Panchami							

4		Monday, August 5, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Gatineau, Canada Sun 19 Sutra 113	
Kanya Rasi: 18.57	Tithi 6	465993462	Gulika 1:56PM – 3:44PM Yama 10:19AM – 12:07PM Rahu 6:42AM – 8:30AM	Hasta Until 1:17PM Siddha Until 9:45AM Kaulava Until 4:10PM Shashthi* Until 3:00AM Tue	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green	Sravana-Adi	Sunrise: 4:53AM Sunset: 7:21PM	Moon 7 - Phase 16 3rd Phase	Subha Subha Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 1:17PM Then Routine Work - Prabararishta Yoga									

5		Tuesday, August 6, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Gatineau, Canada Sun 20 Sutra 114	
Tula Rasi: 3.13	Tithi 7	465993462	Gulika 12:07PM – 1:55PM Yama 8:31AM – 10:19AM Rahu 3:44PM – 5:32PM	Chitra Until 11:52AM Sadhya Until 6:48AM Gara Until 2:02PM Saptami Until 1:10AM Wed	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green	Sravana-Adi	Sunrise: 4:54AM Sunset: 7:20PM	Moon 7 - Phase 16 3rd Phase	Subha Subha Sivaloka Day
Creative Work Siddha Yoga									

Retreat Star		Wednesday, August 7, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Gatineau, Canada Sun 21 Sutra 115	
Tula Rasi: 17.07	Tithi 8	465993462	Gulika 10:19AM – 12:07PM Yama 6:43AM – 8:31AM Rahu 12:07PM – 1:55PM	Svati Until 10:54AM Sukla Until 2:25AM Thu Visti Until 12:30PM Ashtami* Until 11:59PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Green	Sravana-Adi	Sunrise: 4:55AM Sunset: 7:19PM	Moon 7 - Phase 16 Ashtami	Subha Subha Sivaloka Day
Creative Work Siddha Yoga									

Retreat Star		Thursday, August 8, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Gatineau, Canada Sun 22 Sutra 116	
Vrischika Rasi: 0.37	Tithi 9	476993462	Gulika 8:32AM – 10:19AM Yama 4:56AM – 6:44AM Rahu 1:54PM – 3:42PM	Vishakha Until 10:54AM Brahma Until 1:02AM Fri Balava Until 11:39AM Navami* Until 11:28PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sravana-Adi	Sunrise: 4:56AM Sunset: 7:17PM	Moon 7 - Phase 16 Navami	Sivaloka Day
Creative Work Siddha Yoga									

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Gatineau, Canada Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	Gulika 6:45AM – 8:32AM	Anuradha Until 11:24AM	Ganesha: Purple <i>Sunrise:</i> 4:58AM	
		Yama 3:41PM – 5:29PM	Indra Until 12:10AM Sat	Muruqa: Blue <i>Sunset:</i> 7:16PM	Moon 7 - Phase 17
476993462	Rahu 10:19AM – 12:07PM		Taitila Until 11:28AM	Nataraja: White	4th Phase
Creative Work Siddha Yoga				Moon – Orange	
Until 11:24AM		Varalakshmi Vratam	Dashami Until 11:36PM	Sravana*Adi	Sivaloka Day
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Gatineau, Canada Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	Gulika 4:59AM – 6:46AM	Jyeshtha* Until 12:22PM	Ganesha: Purple <i>Sunrise:</i> 4:59AM	
		Yama 1:54PM – 3:41PM	Vaidhriti* Until 11:45PM	Muruqa: Blue <i>Sunset:</i> 7:14PM	Moon 7 - Phase 17
476993462	Rahu 8:33AM – 10:20AM		Vanija Until 11:55AM	Nataraja: White	4th Phase
Creative Work Siddha Yoga				Moon – Orange	
			Ekadashi Until 12:20AM Sun	Sravana*Adi	Sivaloka Day

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Gatineau, Canada Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	Gulika 3:40PM – 5:26PM	Mula* Until 2:12PM	Ganesha: Clear <i>Sunrise:</i> 5:00AM	
		Yama 12:06PM – 1:53PM	Vishkambha* Until 11:46PM	Muruqa: Blue <i>Sunset:</i> 7:13PM	Moon 7 - Phase 17
486993462	Rahu 5:26PM – 7:13PM		Bava Until 12:56PM	Nataraja: White	4th Phase
Creative Work Amrita Yoga				Moon – Light Blue	
Until 2:12PM			Dvadashi Until 1:36AM Mon	Sravana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Gatineau, Canada Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	Gulika 1:53PM – 3:39PM	Purvashadha* Until 4:20PM	Ganesha: Clear <i>Sunrise:</i> 5:01AM	
		Yama 10:20AM – 12:06PM	Priti Until 12:07AM Tue	Muruqa: Blue <i>Sunset:</i> 7:12PM	Moon 7 - Phase 17
486993462	Rahu 6:47AM – 8:34AM		Kaulava Until 2:25PM	Nataraja: White	4th Phase
Family Home Evening				Moon – Light Blue	
Routine Work Marana Yoga			Trayodashi Until 3:17AM Tue	Sravana*Adi	Subha Sivaloka Day

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Gatineau, Canada Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	Gulika 12:06PM – 1:52PM	Uttarashadha Until 6:38PM	Ganesha: Clear <i>Sunrise:</i> 5:02AM	
		Yama 8:34AM – 10:20AM	Ayushman Until 12:42AM Wed	Muruqa: Blue <i>Sunset:</i> 7:10PM	Moon 7 - Phase 17
486993462	Rahu 3:38PM – 5:24PM		Gara Until 4:16PM	Nataraja: White	4th Phase
Routine Work Prabalarishta Yoga				Moon – Light Blue	
Until 6:38PM			Chaturdashi* Until 5:18AM Wed	Sravana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau	Gatineau, Canada Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:20AM – 12:06PM	Shravana Until 9:33PM	Ganesha: White <i>Sunrise:</i> 5:03AM	
Makara Rasi: 15.35	Tithi 15	Yama 6:49AM – 8:35AM	Saubhagya Until 1:29AM Thu	Muruqa: Blue <i>Sunset:</i> 7:08PM	Moon 7 - Phase 17
496993462	Rahu 12:06PM – 1:52PM		Visti Until 6:25PM	Nataraja: White	Purnima
Creative Work Siddha Yoga				Moon – Purple	
Until 9:33PM		Raksha Bandhan	Purnima* Until 7:32AM Thu	Sravana*Adi	Sivaloka Day
Then Routine Work - Prabalarishta Yoga					

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Gatineau, Canada Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:35AM – 10:20AM	Dhanishtha Until 12:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:04AM	
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:04AM – 6:50AM	Sobhana Until 2:24AM Fri	Muruqa: Blue <i>Sunset:</i> 7:07PM	Moon 7 - Phase 17
497993462	Rahu 1:51PM – 3:36PM		Balava Until 8:44PM	Nataraja: White	Prathama
Creative Work Siddha Yoga				Moon – Purple	
			Purnima* Until 7:32AM	Sravana*Adi	Subha Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 9.24 Tithi 16 – 17

497993462

Creative Work Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 6:51AM – 8:36AM
Yama 3:35PM – 5:20PM
Rahu 10:21AM – 12:05PM

Shatabhishak Until 3:16AM Sat
Athiganda* Until 3:21AM Sat
Taitila Until 11:10PM
Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise: 5:06AM*
Muruqa: Blue *Sunset: 7:05PM*
Nataraja: White
Moon – Purple
Sravana-Adi

Gatineau, Canada
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

1

Saturday, August 17, 2019

Kumbha Rasi: 21.15 Tithi 17 – 18

517993462

Routine Work Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Gulika 5:07AM – 6:51AM
Yama 1:50PM – 3:35PM
Rahu 8:36AM – 10:21AM

Purvaproshtapada* Until 6:25AM Sun
Sukarma Until 4:18AM Sun
Vanija Until 1:35AM Sun
Dvitiya Until 12:21PM

Ganesha: White *Sunrise: 5:07AM*
Muruqa: Blue *Sunset: 7:04PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Gatineau, Canada
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

2

Sunday, August 18, 2019

Meena Rasi: 3.07 Tithi 18 – 19

517993462

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritya/Chaturthyam Titau

Gulika 3:34PM – 5:18PM
Yama 12:05PM – 1:49PM
Rahu 5:18PM – 7:02PM

Purvaproshtapada* Until 6:25AM
Dhriti Until 5:12AM Mon
Bava Until 3:55AM Mon
Tritya Until 2:45PM

Ganesha: White *Sunrise: 5:08AM*
Muruqa: Blue *Sunset: 7:02PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Gatineau, Canada
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

3

Monday, August 19, 2019

Meena Rasi: 15.02 Tithi 19 – 20

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:49PM – 3:33PM
Yama 10:21AM – 12:05PM
Rahu 6:53AM – 8:37AM

Uttaraproshtapada Until 9:16AM
Shula* Until 5:54AM Tue
Kaulava Until 6:03AM Tue
Chaturthi* Until 5:00PM

Ganesha: White *Sunrise: 5:09AM*
Muruqa: Blue *Sunset: 7:01PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Gatineau, Canada
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

4

Tuesday, August 20, 2019

Meena Rasi: 27.01 Tithi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:05PM – 1:48PM
Yama 8:37AM – 10:21AM
Rahu 3:32PM – 5:15PM

Revati Until 11:46AM
Ganda* Until 6:22AM Wed
Kaulava Until 6:03AM
Panchami Until 6:59PM

Ganesha: White *Sunrise: 5:10AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Gatineau, Canada
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

5

Wednesday, August 21, 2019

Mesha Rasi: 9.07 Tithi 21

528993462

Routine Work Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:21AM – 12:04PM
Yama 6:55AM – 8:38AM
Rahu 12:04PM – 1:48PM

Ashvini Until 2:14PM
Ganda* Until 6:22AM
Gara Until 7:52AM
Shashthi* Until 8:35PM

Ganesha: White *Sunrise: 5:11AM*
Muruqa: Blue *Sunset: 6:57PM*
Nataraja: White
Moon – White
Sravana-Avani

Gatineau, Canada
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

6

Thursday, August 22, 2019

Mesha Rasi: 21.25 Tithi 22

528993462

Creative Work Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:38AM – 10:21AM
Yama 5:13AM – 6:55AM
Rahu 1:47PM – 3:30PM

Bharani Until 4:04PM
Vridhhi Until 6:30AM
Visti Until 9:13AM
Saptami Until 9:39PM

Ganesha: White *Sunrise: 5:13AM*
Muruqa: Blue *Sunset: 6:56PM*
Nataraja: White
Moon – White
Sravana-Avani

Gatineau, Canada
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day



Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 3.59 Tithi 23

528993462

Creative Work Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:56AM – 8:39AM
Yama 3:29PM – 5:11PM
Rahu 10:21AM – 12:04PM

Krittika Until 5:07PM
Dhruva Until 6:09AM
Balava Until 9:58AM
Ashtami* Until 10:03PM

Ganesha: White *Sunrise: 5:14AM*
Muruqa: Blue *Sunset: 6:54PM*
Nataraja: White
Moon – White
Sravana-Avani

Gatineau, Canada
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 16.52 Tithi 24

538993462

Creative Work Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:15AM – 6:57AM
Yama 1:46PM – 3:28PM
Rahu 8:39AM – 10:21AM

Rohini Until 5:45PM
Harshana Until 3:46AM Sun
Taitila Until 10:00AM
Navami* Until 9:42PM

Ganesha: Clear *Sunrise: 5:15AM*
Muruqa: Blue *Sunset: 6:52PM*
Nataraja: White
Moon – Yellow
Sravana-Avani

Gatineau, Canada
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1 Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Gatineau, Canada Sun 9 Sutra 133
Mithuna Rasi: 0.09	Tithi 25	Gulika 3:27PM – 5:09PM	Mrigashira Until 5:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Vikarin 5121
		Yama 12:03PM – 1:45PM	Vajra* Until 1:37AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 Rahu 5:09PM – 6:51PM	Vanija Until 9:14AM	Nataraja: White		2nd Phase
			Dashami Until 8:33PM	Moon – Yellow		Subha Sivaloka Day
				Sravana-Avani		

2 Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Gatineau, Canada Sun 10 Sutra 134
Mithuna Rasi: 13.53	Tithi 26	Gulika 1:44PM – 3:26PM	Ardra Until 4:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Vikarin 5121
Family Home Evening		Yama 10:22AM – 12:03PM	Siddhi Until 10:52PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 Rahu 6:59AM – 8:40AM	Bava Until 7:42AM	Nataraja: White		2nd Phase
Until 4:15PM			Ekadashi* Until 6:38PM	Moon – Yellow		Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Sravana-Avani		

3 Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 11 Sutra 135
Mithuna Rasi: 28.06	Tithi 27 – 28	Gulika 12:03PM – 1:44PM	Punarvasu Until 2:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	Vikarin 5121
		Yama 8:41AM – 10:22AM	Vyatipata* Until 7:36PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	548993462 Rahu 3:25PM – 5:06PM	Gara Until 2:34AM Wed	Nataraja: White		2nd Phase
			Dvadashi* Until 4:03PM	Moon – Blue		Sivaloka Day
				Sravana-Avani		
				<i>Pradosha Vrata (Fasting)</i>		

4 Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 12 Sutra 136
Kataka Rasi: 12.44	Tithi 28 – 29	Gulika 10:22AM – 12:02PM	Pushya Until 12:20PM	Ganesha: Orange	<i>Sunrise:</i> 5:19AM	Vikarin 5121
		Yama 7:00AM – 8:41AM	Variyan Until 3:51PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	549193463 Rahu 12:02PM – 1:43PM	Visti Until 11:12PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 12:55PM	Moon – Blue		Sivaloka Day
				Sravana-Avani		

Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Gatineau, Canada Sun 13 Sutra 137
Retreat Star		Gulika 8:41AM – 10:22AM	Ashlesha* Until 9:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	Vikarin 5121
Kataka Rasi: 27.43	Tithi 29 – 30	Yama 5:21AM – 7:01AM	Parigha* Until 11:49AM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	549193463 Rahu 1:43PM – 3:23PM	Catuspada Until 7:31PM	Nataraja: Clear		Amavasya
Until 9:29AM			Chaturdashi* Until 9:23AM	Moon – Blue		Sivaloka Day
Then Creative Work - Amrita Yoga				Sravana-Avani		

Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Gatineau, Canada Sun 14 Sutra 138
Retreat Star		Gulika 7:02AM – 8:42AM	Magha* Until 6:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Vikarin 5121
Simha Rasi: 12.55	Tithi 1	Yama 3:22PM – 5:02PM	Shiva Until 7:36AM	Muruqa: Blue	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 19
Routine Work	Marana Yoga	559193463 Rahu 10:22AM – 12:02PM	Kintughna Until 3:41PM	Nataraja: Clear		Prathama
Until 6:39AM			Prathama* Until 1:45AM Sat	Moon – Red		Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Gatineau, Canada Sun 15 Sutra 139
	Simha Rasi: 28.1	Tithi 2	Gulika 5:23AM – 7:03AM Yama 1:41PM – 3:21PM Rahu 8:42AM – 10:22AM	Uttaraphalguni Until 12:35AM Sun Sadhya Until 11:07PM Balava Until 11:52AM Dvitiya Until 10:00PM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:23AM Sunset: 6:40PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Routine Work Marana Yoga Until 12:35AM Sun Then Creative Work - Amrita Yoga							

2	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau				Gatineau, Canada Sun 16 Sutra 140
	Kanya Rasi: 13.19	Tithi 3	Gulika 3:20PM – 4:59PM Yama 12:01PM – 1:40PM Rahu 4:59PM – 6:38PM	Hasta Until 10:06PM Subha Until 7:11PM Taitila Until 8:14AM Tritiya Until 6:31PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:24AM Sunset: 6:38PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Creative Work Amrita Yoga Until 10:06PM Then Creative Work - Siddha Yoga							

3	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Gatineau, Canada Sun 17 Sutra 141
	Kanya Rasi: 28.11	Tithi 4 – 5	Gulika 1:40PM – 3:19PM Yama 10:22AM – 12:01PM Rahu 7:04AM – 8:43AM	Chitra Until 7:56PM Sukla Until 3:35PM Bava Until 2:10AM Tue Chaturthi* Until 3:28PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:25AM Sunset: 6:37PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Family Home Evening Routine Work Prabalarishta Yoga Until 7:56PM Then Creative Work - Amrita Yoga							

4	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Gatineau, Canada Sun 18 Sutra 142
	Tula Rasi: 12.41	Tithi 5 – 6	Gulika 12:01PM – 1:39PM Yama 8:43AM – 10:22AM Rahu 3:18PM – 4:56PM	Svati Until 6:15PM Brahma Until 12:28PM Kaulava Until 12:02AM Wed Panchami Until 1:00PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green	Sunrise: 5:26AM Sunset: 6:35PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga Until 6:15PM Then Routine Work - Marana Yoga							

5	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Gatineau, Canada Sun 19 Sutra 143
	Tula Rasi: 26.43	Tithi 6 – 7	Gulika 10:22AM – 12:00PM Yama 7:06AM – 8:44AM Rahu 12:00PM – 1:38PM	Vishakha Until 5:35PM Indra Until 9:57AM Gara Until 10:41PM Shashthi* Until 11:14AM	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:28AM Sunset: 6:33PM	Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga							

D	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Gatineau, Canada Sun 20 Sutra 144
	Retreat Star		Gulika 8:44AM – 10:22AM Yama 5:29AM – 7:06AM Rahu 1:38PM – 3:15PM	Anuradha Until 5:35PM Vaidhriti* Until 8:04AM Visti Until 10:08PM Saptami Until 10:17AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:29AM Sunset: 6:31PM	Vikarin 5121 Moon 8 - Phase 20 Ashtami Sivaloka Day Bhadrapada-Avani
Vrischika Rasi: 10.17 Tithi 7 – 8 Creative Work Siddha Yoga Until 5:35PM Then Routine Work - Prabalarishta Yoga							

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gatineau, Canada Sun 21 Sutra 145
	Retreat Star		Gulika 7:07AM – 8:45AM Yama 3:14PM – 4:52PM Rahu 10:22AM – 12:00PM	Jyeshtha* Until 6:13PM Vishkambha* Until 6:50AM Balava Until 10:25PM Ashtami* Until 10:10AM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange	Sunrise: 5:30AM Sunset: 6:29PM	Vikarin 5121 Moon 8 - Phase 20 Navami Sivaloka Day Bhadrapada-Avani
Vrischika Rasi: 23.23 Tithi 8 – 9 Routine Work Marana Yoga Until 6:13PM Then Creative Work - Amrita Yoga							

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Gatineau, Canada Sun 22 Sutra 146
	Dhanus Rasi: 6.06	Tithi 9 – 10	Gulika 5:31AM – 7:08AM	Mula* Until 7:56PM	Ganesha: Green <i>Sunrise:</i> 5:31AM		Vikarin 5121
			Yama 1:36PM – 3:13PM	Priti Until 6:15AM	Muruqa: Blue <i>Sunset:</i> 6:27PM		Moon 8 - Phase 21
	581193463	Rahu 8:45AM – 10:22AM	Taitila Until 11:27PM	Navami* Until 10:49AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue		Devaloka Day	
				Bhadrapada-Avani			


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 23 Sutra 147
	Dhanus Rasi: 18.29	Tithi 10 – 11	Gulika 3:12PM – 4:49PM	Purvashadha* Until 10:05PM	Ganesha: Green <i>Sunrise:</i> 5:32AM		Vikarin 5121
			Yama 11:59AM – 1:36PM	Ayushman Until 6:11AM	Muruqa: Blue <i>Sunset:</i> 6:26PM		Moon 8 - Phase 21
	581193463	Rahu 4:49PM – 6:26PM	Vanija Until 1:05AM Mon	Dashami Until 12:10PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue		Devaloka Day	
Until 10:05PM		Grandparent's Day		Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 24 Sutra 148
	Makara Rasi: 0.39	Tithi 11 – 12	Gulika 1:35PM – 3:11PM	Uttarashadha Until 12:30AM Tue	Ganesha: Green <i>Sunrise:</i> 5:33AM		Vikarin 5121
			Yama 10:22AM – 11:59AM	Saubhagya Until 6:34AM	Muruqa: Blue <i>Sunset:</i> 6:24PM		Moon 8 - Phase 21
	581193463	Rahu 7:10AM – 8:46AM	Bava Until 3:09AM Tue	Ekadashi Until 2:03PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		Devaloka Day	
Until 12:30AM Tue				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 25 Sutra 149
	Makara Rasi: 12.38	Tithi 12 – 13	Gulika 11:58AM – 1:34PM	Shravana Until 3:32AM Wed	Ganesha: Red <i>Sunrise:</i> 5:34AM		Vikarin 5121
			Yama 8:46AM – 10:22AM	Sobhana Until 7:16AM	Muruqa: Blue <i>Sunset:</i> 6:22PM		Moon 8 - Phase 21
	591193463	Rahu 3:10PM – 4:46PM	Kaulava Until 5:29AM Wed	Dvadashi Until 4:16PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day	
Until 3:32AM Wed				Bhadrapada-Avani			
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>			

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Gatineau, Canada Sun 26 Sutra 150
	Makara Rasi: 24.32	Tithi 13	Gulika 10:22AM – 11:58AM	Dhanishtha Until 6:31AM Thu	Ganesha: Red <i>Sunrise:</i> 5:36AM		Vikarin 5121
			Yama 7:11AM – 8:47AM	Athiganda* Until 8:07AM	Muruqa: Blue <i>Sunset:</i> 6:20PM		Moon 8 - Phase 21
	591193463	Rahu 11:58AM – 1:33PM	Taitila Until 6:41PM	Trayodashi Until 6:41PM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Purple		Sivaloka Day	
Until 6:31AM Thu		Chidambaram Abhishekam		Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Gatineau, Canada Sun 27 Sutra 151
	Kumbha Rasi: 6.24	Tithi 14	Gulika 8:47AM – 10:22AM	Dhanishtha Until 6:31AM	Ganesha: Red <i>Sunrise:</i> 5:37AM		Vikarin 5121
			Yama 5:37AM – 7:12AM	Sukarma Until 9:04AM	Muruqa: Blue <i>Sunset:</i> 6:18PM		Moon 8 - Phase 21
	591193463	Rahu 1:33PM – 3:08PM	Gara Until 7:57AM	Chaturdashi* Until 9:09PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day	
		Avani Avittam		Bhadrapada-Avani			

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Gatineau, Canada Sutra 152
	Copper Retreat Star		Gulika 7:13AM – 8:48AM	Shatabhishak Until 9:20AM	Ganesha: Red <i>Sunrise:</i> 5:38AM		Vikarin 5121
	Kumbha Rasi: 18.16	Tithi 15	Yama 3:07PM – 4:42PM	Dhriti Until 10:01AM	Muruqa: Purple <i>Sunset:</i> 6:16PM		Moon 8 - Phase 21
	591113463	Rahu 10:22AM – 11:57AM	Visti Until 10:24AM	Purnima* Until 11:36PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day	
				Bhadrapada-Avani			

7	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Gatineau, Canada Sutra 153
	Silver Retreat Star		Gulika 5:39AM – 7:13AM	Purvaprosarthapada* Until 12:25PM	Ganesha: Red <i>Sunrise:</i> 5:39AM		Vikarin 5121
	Meena Rasi: 0.08	Tithi 16	Yama 1:31PM – 3:06PM	Shula* Until 10:53AM	Muruqa: Purple <i>Sunset:</i> 6:14PM		Moon 8 - Phase 21
	511113463	Rahu 8:48AM – 10:22AM	Balava Until 12:48PM	Prathama* Until 1:55AM Sun	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Moon – Clear		Sivaloka Day	
Until 12:25PM				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Meena Rasi: 12.04 Tithi 17

Creative Work Amrita Yoga

512113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Gulika 3:04PM – 4:39PM
Yama 11:56AM – 1:30PM
Rahu 4:39PM – 6:13PM

Uttaraproshtapada Until 3:13PM
Ganda* Until 11:40AM
Tailila Until 3:03PM
Dvitiya Until 4:05AM Mon

Ganesha: Yellow *Sunrise:* 5:40AM
Muruqa: Purple *Sunset:* 6:13PM
Nataraja: Clear
Moon – Clear

Sivaloka Day

Gatineau, Canada
Sun 1 Sutra 154
Vikarin 5121
Moon 9 - Phase 22
1st Phase

1

Monday, September 16, 2019

Meena Rasi: 24.03 Tithi 18

Family Home Evening
Creative Work Siddha Yoga

512113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:30PM – 3:03PM
Yama 10:22AM – 11:56AM
Rahu 7:15AM – 8:49AM

Revati Until 5:39PM
Vridhhi Until 12:20PM
Vanija Until 5:06PM
Tritiya Until 6:02AM Tue

Ganesha: Yellow *Sunrise:* 5:41AM
Muruqa: Purple *Sunset:* 6:11PM
Nataraja: Clear
Moon – Clear

Sivaloka Day

Gatineau, Canada
Sun 2 Sutra 155
Vikarin 5121
Moon 9 - Phase 22
1st Phase

2

Tuesday, September 17, 2019

Mesha Rasi: 6.08 Tithi 18 – 19

Creative Work Siddha Yoga

522113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:56AM – 1:29PM
Yama 8:49AM – 10:22AM
Rahu 3:02PM – 4:36PM

Ashvini Until 8:11PM
Dhruva Until 12:46PM
Bava Until 6:55PM
Tritiya Until 6:02AM

Ganesha: White *Sunrise:* 5:43AM
Muruqa: Purple *Sunset:* 6:09PM
Nataraja: Clear
Moon – White

Devaloka Day

Gatineau, Canada
Sun 3 Sutra 156
Vikarin 5121
Moon 9 - Phase 22
1st Phase

3

Wednesday, September 18, 2019

Mesha Rasi: 18.2 Tithi 19 – 20

Creative Work Siddha Yoga
Until 10:13PM
Then Creative Work - Amrita Yoga

522113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:22AM – 11:55AM
Yama 7:17AM – 8:50AM
Rahu 11:55AM – 1:28PM

Bharani Until 10:13PM
Vyaghata* Until 12:59PM
Kaulava Until 8:23PM
Chaturthi* Until 7:41AM

Ganesha: White *Sunrise:* 5:44AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Clear
Moon – White

Devaloka Day

Gatineau, Canada
Sun 4 Sutra 157
Vikarin 5121
Moon 9 - Phase 22
1st Phase

4

Thursday, September 19, 2019

Vrishabha Rasi: 0.41 Tithi 20 – 21

Routine Work Marana Yoga

522113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:50AM – 10:22AM
Yama 5:45AM – 7:17AM
Rahu 1:28PM – 3:00PM

Krittika Until 11:39PM
Harshana Until 12:55PM
Gara Until 9:26PM
Panchami Until 8:57AM

Ganesha: White *Sunrise:* 5:45AM
Muruqa: Purple *Sunset:* 6:05PM
Nataraja: Clear
Moon – White

Devaloka Day

Gatineau, Canada
Sun 5 Sutra 158
Vikarin 5121
Moon 9 - Phase 22
1st Phase

5

Friday, September 20, 2019

Vrishabha Rasi: 13.15 Tithi 21 – 22

Routine Work Marana Yoga
Until 12:52AM Sat
Then Creative Work - Siddha Yoga

532113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:18AM – 8:50AM
Yama 2:59PM – 4:31PM
Rahu 10:22AM – 11:55AM

Rohini Until 12:52AM Sat
Vajra* Until 12:24PM
Visti Until 9:55PM
Shashthi* Until 9:44AM

Ganesha: Clear *Sunrise:* 5:46AM
Muruqa: Purple *Sunset:* 6:03PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Gatineau, Canada
Sun 6 Sutra 159
Vikarin 5121
Moon 9 - Phase 22
1st Phase

D

Saturday, September 21, 2019

Retreat Star

Vrishabha Rasi: 26.05 Tithi 22 – 23

Creative Work Siddha Yoga

532113463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 5:47AM – 7:19AM
Yama 1:26PM – 2:58PM
Rahu 8:51AM – 10:22AM

Mrigashira Until 1:17AM Sun
Siddhi Until 11:26AM
Balava Until 9:45PM
Saptami Until 9:54AM

Ganesha: Clear *Sunrise:* 5:47AM
Muruqa: Purple *Sunset:* 6:01PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Gatineau, Canada
Sun 7 Sutra 160
Vikarin 5121
Moon 9 - Phase 22
Ashtami

Sunday, September 22, 2019

Retreat Star

Mithuna Rasi: 9.16 Tithi 23 – 24

Creative Work Siddha Yoga
Until 12:50AM Mon
Then Creative Work - Amrita Yoga

532213463

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gulika 2:57PM – 4:28PM
Yama 11:54AM – 1:25PM
Rahu 4:28PM – 5:59PM

Ardra Until 12:50AM Mon
Vyatipata* Until 9:55AM
Tailila Until 8:52PM
Ashtami* Until 9:23AM

Ganesha: Orange *Sunrise:* 5:48AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Gatineau, Canada
Sun 8 Sutra 161
Vikarin 5121
Moon 9 - Phase 22
Navami

Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Gatineau, Canada Sun 9 Sutra 162
1	Mithuna Rasi: 22.52 Tithi 24 – 25	Gulika 1:25PM – 2:56PM	Punarvasu Until 11:59PM	Ganesha: Light Blue <i>Sunrise: 5:50AM</i>
Family Home Evening	542213463	Yama 10:23AM – 11:54AM	Variyan Until 7:48AM	Muruqa: Purple <i>Sunset: 5:58PM</i>
Creative Work Amrita Yoga		Rahu 7:21AM – 8:52AM	Vanija Until 7:16PM	Nataraja: Clear
Until 11:59PM			Navami* Until 8:08AM	Moon – Blue
Then Creative Work - Siddha Yoga				Devaloka Day Bhadrapada-Puratasi

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Gatineau, Canada Sun 10 Sutra 163
2	Kataka Rasi: 6.53 Tithi 25 – 26	Gulika 11:53AM – 1:24PM	Pushya Until 10:18PM	Ganesha: Light Blue <i>Sunrise: 5:51AM</i>
	542213463	Yama 8:52AM – 10:23AM	Shiva Until 1:56AM Wed	Muruqa: Purple <i>Sunset: 5:56PM</i>
Creative Work Siddha Yoga		Rahu 2:54PM – 4:25PM	Balava Until 3:36AM Wed	Nataraja: Clear
			Dashami Until 6:11AM	Moon – Blue
				Devaloka Day Bhadrapada-Puratasi

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Gatineau, Canada Sun 11 Sutra 164
3	Kataka Rasi: 21.2 Tithi 27	Gulika 10:23AM – 11:53AM	Ashlesha* Until 7:57PM	Ganesha: Light Blue <i>Sunrise: 5:52AM</i>
	542213463	Yama 7:22AM – 8:52AM	Siddha Until 10:17PM	Muruqa: Purple <i>Sunset: 5:54PM</i>
Creative Work Siddha Yoga		Rahu 11:53AM – 1:23PM	Kaulava Until 2:07PM	Nataraja: Clear
			Dvadashi* Until 12:29AM Thu	Moon – Blue
				Devaloka Day Bhadrapada-Puratasi

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Gatineau, Canada Sun 12 Sutra 165
4	Simha Rasi: 6.1 Tithi 28	Gulika 8:53AM – 10:23AM	Magha* Until 5:26PM	Ganesha: Purple <i>Sunrise: 5:53AM</i>
	552213463	Yama 5:53AM – 7:23AM	Sadhya Until 6:18PM	Muruqa: Purple <i>Sunset: 5:52PM</i>
Creative Work Amrita Yoga		Rahu 1:22PM – 2:52PM	Gara Until 10:47AM	Nataraja: Clear
Until 5:26PM			Trayodashi* Until 8:59PM	Moon – Red
Then Creative Work - Siddha Yoga				Devaloka Day Bhadrapada-Puratasi
				<i>Pradosha Vrata (Fasting)</i>

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Gatineau, Canada Sun 13 Sutra 166
5	Simha Rasi: 21.15 Tithi 29 – 30	Gulika 7:24AM – 8:53AM	Purvaphalguni Until 2:31PM	Ganesha: Purple <i>Sunrise: 5:54AM</i>
	552213463	Yama 2:51PM – 4:21PM	Subha Until 2:07PM	Muruqa: Purple <i>Sunset: 5:50PM</i>
Creative Work Siddha Yoga		Rahu 10:23AM – 11:52AM	Visti Until 7:09AM	Nataraja: Clear
			Chaturdashi* Until 5:15PM	Moon – Red
				Devaloka Day Bhadrapada-Puratasi

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Gatineau, Canada Sun 14 Sutra 167
Retreat Star	Kanya Rasi: 6.29 Tithi 30 – 1	Gulika 5:55AM – 7:25AM	Uttaraphalguni Until 11:24AM	Ganesha: Purple <i>Sunrise: 5:55AM</i>
	653213463	Yama 1:21PM – 2:50PM	Sukla Until 9:51AM	Muruqa: Purple <i>Sunset: 5:48PM</i>
Routine Work Marana Yoga		Rahu 8:54AM – 10:23AM	Kintughna Until 11:37PM	Nataraja: Clear
			Amavasya* Until 1:28PM	Moon – Red
				Devaloka Day Bhadrapada-Puratasi
				Mahalaya Amavasya (Tamil Nadu)

Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Gatineau, Canada Sun 15 Sutra 168
Retreat Star	Kanya Rasi: 21.4 Tithi 1 – 2	Gulika 2:49PM – 4:18PM	Hasta Until 8:39AM	Ganesha: Light Blue <i>Sunrise: 5:57AM</i>
	663213463	Yama 11:52AM – 1:20PM	Indra Until 1:41AM Mon	Muruqa: Purple <i>Sunset: 5:46PM</i>
Creative Work Amrita Yoga		Rahu 4:18PM – 5:46PM	Balava Until 8:04PM	Nataraja: Clear
Until 8:39AM			Prathama* Until 9:47AM	Moon – Green
Then Creative Work - Siddha Yoga				Devaloka Day Ashvina-Puratasi
				Navaratri Begins

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau			Gatineau, Canada Sun 16 Sutra 169 Vikarin 5121
1		Gulika 1:20PM – 2:48PM	Chitra Until 6:02AM	Ganesha: Light Blue <i>Sunrise:</i> 5:58AM	
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:23AM – 11:51AM	Vaidhriti* Until 10:03PM	Muruqa: Purple <i>Sunset:</i> 5:45PM	Moon 9 - Phase 24
Family Home Evening	663213463	Rahu 7:26AM – 8:54AM	Gara Until 3:30AM Tue	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Dvitiya Until 6:24AM	Ashvina+Puratasi	Devaloka Day
Until 6:02AM					
Then Creative Work - Amrita Yoga					

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Chaturthiyam Titau			Gatineau, Canada Sun 17 Sutra 170 Vikarin 5121
2		Gulika 11:51AM – 1:19PM	Vishakha Until 2:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:59AM	
Tula Rasi: 21.16	Tithi 4	Yama 8:55AM – 10:23AM	Vishkambha* Until 6:54PM	Muruqa: Purple <i>Sunset:</i> 5:43PM	Moon 9 - Phase 24
Routine Work Marana Yoga	673213463	Rahu 2:47PM – 4:15PM	Vanija Until 2:17PM	Nataraja: Clear	3rd Phase
Until 2:23AM Wed			Chaturthi* Until 1:13AM Wed	Ashvina+Puratasi	Devaloka Day
Then Creative Work - Siddha Yoga					

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau			Gatineau, Canada Sun 18 Sutra 171 Vikarin 5121
3		Gulika 10:23AM – 11:51AM	Anuradha Until 1:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:00AM	
Vrischika Rasi: 5.26	Tithi 5	Yama 7:28AM – 8:55AM	Priti Until 4:22PM	Muruqa: Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 24
Creative Work Siddha Yoga	673213463	Rahu 11:51AM – 1:18PM	Bava Until 12:22PM	Nataraja: Clear	3rd Phase
Until 1:38AM Thu			Panchami Until 11:42PM	Ashvina+Puratasi	Devaloka Day
Then Routine Work - Prabalarishta Yoga					

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau			Gatineau, Canada Sun 19 Sutra 172 Vikarin 5121
4		Gulika 8:56AM – 10:23AM	Jyeshtha* Until 1:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:01AM	
Vrischika Rasi: 19.06	Tithi 6	Yama 6:01AM – 7:29AM	Ayushman Until 2:29PM	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga	673213463	Rahu 1:17PM – 2:45PM	Kaulava Until 11:17AM	Nataraja: Clear	3rd Phase
Until 1:36AM Fri			Shashthi* Until 11:03PM	Ashvina+Puratasi	Devaloka Day
Then Creative Work - Amrita Yoga					

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau			Gatineau, Canada Sun 20 Sutra 173 Vikarin 5121
5		Gulika 7:29AM – 8:56AM	Mula* Until 2:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 6:03AM	
Dhanus Rasi: 2.17	Tithi 7	Yama 2:44PM – 4:10PM	Saubhagya Until 1:19PM	Muruqa: Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 24
Creative Work Amrita Yoga	683213463	Rahu 10:23AM – 11:50AM	Gara Until 11:06AM	Nataraja: Clear	3rd Phase
Until 2:45AM Sat			Saptami Until 11:19PM	Ashvina+Puratasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau			Gatineau, Canada Sun 21 Sutra 174 Vikarin 5121
Retreat Star		Gulika 6:04AM – 7:30AM	Purvashadha* Until 4:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:04AM	
Dhanus Rasi: 15.01	Tithi 8	Yama 1:16PM – 2:43PM	Sobhana Until 12:51PM	Muruqa: Purple <i>Sunset:</i> 5:35PM	Moon 9 - Phase 24
Creative Work Siddha Yoga	683213463	Rahu 8:57AM – 10:23AM	Visti Until 11:47AM	Nataraja: Clear	Ashtami
Until 4:32AM Sun			Ashtami* Until 12:24AM Sun	Ashvina+Puratasi	Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami			

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau			Gatineau, Canada Sun 22 Sutra 175 Vikarin 5121
Retreat Star		Gulika 2:41PM – 4:08PM	Uttarashadha Until 6:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:05AM	
Dhanus Rasi: 27.24	Tithi 9	Yama 11:49AM – 1:15PM	Athiganda* Until 12:55PM	Muruqa: Purple <i>Sunset:</i> 5:34PM	Moon 9 - Phase 24
Creative Work Amrita Yoga	683213463	Rahu 4:08PM – 5:34PM	Balava Until 1:14PM	Nataraja: Clear	Navami
			Navami* Until 2:11AM Mon	Ashvina+Puratasi	Sivaloka Day
		Saraswathi Puja (Tamil Nadu)			

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Gatineau, Canada Sun 23 Sutra 176
1		Gulika 1:15PM – 2:40PM	Uttarashadha Until 6:46AM	Ganesha: Clear <i>Sunrise: 6:06AM</i>	Vikarin 5121
Makara Rasi: 9.31	Tithi 10	Yama 10:23AM – 11:49AM	Sukarma Until 1:28PM	Muruqa: Purple <i>Sunset: 5:32PM</i>	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:32AM – 8:58AM	Taitila Until 3:17PM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga				Moon – Light Blue	
Until 6:46AM			Dashami Until 4:25AM Tue	Ashvina+Puratasi	Sivaloka Day
Then Creative Work - Amrita Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau			Gatineau, Canada Sun 24 Sutra 177
2		Gulika 11:49AM – 1:14PM	Shravana Until 9:45AM	Ganesha: White <i>Sunrise: 6:07AM</i>	Vikarin 5121
Makara Rasi: 21.28	Tithi 11	Yama 8:58AM – 10:23AM	Dhriti Until 2:18PM	Muruqa: Purple <i>Sunset: 5:30PM</i>	Moon 9 - Phase 25
	693213464	Rahu 2:39PM – 4:05PM	Vanija Until 5:40PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Moon – Purple	
		Vijaya Dasami	Ekadashi Until 6:55AM Wed	Ashvina+Puratasi	Sivaloka Day

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau			Gatineau, Canada Sun 25 Sutra 178
3		Gulika 10:24AM – 11:48AM	Dhanishtha Until 12:46PM	Ganesha: White <i>Sunrise: 6:09AM</i>	Vikarin 5121
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:34AM – 8:59AM	Shula* Until 3:13PM	Muruqa: Purple <i>Sunset: 5:28PM</i>	Moon 9 - Phase 25
	693213464	Rahu 11:48AM – 1:13PM	Bava Until 8:13PM	Nataraja: Purple	4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple	
Until 12:46PM		Kadaitswami Mahasamadhi	Ekadashi Until 6:55AM	Ashvina+Puratasi	Sivaloka Day
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Gatineau, Canada Sun 26 Sutra 179
4		Gulika 8:59AM – 10:24AM	Shatabhishak Until 3:36PM	Ganesha: White <i>Sunrise: 6:10AM</i>	Vikarin 5121
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:10AM – 7:34AM	Ganda* Until 4:09PM	Muruqa: Purple <i>Sunset: 5:27PM</i>	Moon 9 - Phase 25
	693213464	Rahu 1:13PM – 2:37PM	Kaulava Until 10:43PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Moon – Purple	
			Dvadashi Until 9:27AM	Ashvina+Puratasi	Sivaloka Day
					<i>Pradosha Vrata</i>

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Gatineau, Canada Sun 27 Sutra 180
5		Gulika 7:35AM – 9:00AM	Purvaproshtapada* Until 6:40PM	Ganesha: Blue <i>Sunrise: 6:11AM</i>	Vikarin 5121
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:36PM – 4:01PM	Vridhhi Until 5:00PM	Muruqa: Purple <i>Sunset: 5:25PM</i>	Moon 9 - Phase 25
	613213464	Rahu 10:24AM – 11:48AM	Gara Until 1:04AM Sat	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga				Moon – Clear	
		Chidambaram Abhishekam	Trayodashi Until 11:53AM	Ashvina+Puratasi	Sivaloka Day

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau			Gatineau, Canada Sutra 181
○	Copper Retreat Star	Gulika 6:12AM – 7:36AM	Uttaraproshtapada Until 9:21PM	Ganesha: Blue <i>Sunrise: 6:12AM</i>	Vikarin 5121
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:12PM – 2:35PM	Dhruva Until 5:40PM	Muruqa: Purple <i>Sunset: 5:23PM</i>	Moon 9 - Phase 25
	613213464	Rahu 9:00AM – 10:24AM	Vistil Until 3:11AM Sun	Nataraja: Purple	Purnima
Creative Work Siddha Yoga				Moon – Clear	
Until 9:21PM			Chaturdashi* Until 2:08PM	Ashvina+Puratasi	Sivaloka Day
Then Routine Work - Prabalarishta Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Gatineau, Canada Sutra 182
○	Silver Retreat Star	Gulika 2:34PM – 3:58PM	Revati Until 11:38PM	Ganesha: Yellow <i>Sunrise: 6:14AM</i>	Vikarin 5121
Meena Rasi: 21	Tithi 15 – 16	Yama 11:47AM – 1:11PM	Vyaghata* Until 6:08PM	Muruqa: Purple <i>Sunset: 5:21PM</i>	Moon 9 - Phase 25
	614213464	Rahu 3:58PM – 5:21PM	Balava Until 5:02AM Mon	Nataraja: Purple	Prathama
Creative Work Amrita Yoga				Moon – Clear	
Until 11:38PM			Purnima* Until 4:07PM	Ashvina+Puratasi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Gulika
Yama
Rahu

1:10PM – 2:33PM
10:24AM – 11:47AM
7:38AM – 9:01AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 1:57AM Tue
Harshana Until 6:25PM
Taitila Until 6:35AM Tue
Prathama* Until 5:50PM

Ganesha: White Sunrise: 6:15AM
Muruga: Purple Sunset: 5:20PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Gatineau, Canada
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.24 Tithi 17

Creative Work Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

Gulika
Yama
Rahu

11:47AM – 1:10PM
9:02AM – 10:24AM
2:32PM – 3:55PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bharani Until 3:48AM Wed
Vajra* Until 6:25PM
Taitila Until 6:35AM
Dvitiya Until 7:13PM

Ganesha: White Sunrise: 6:16AM
Muruga: Purple Sunset: 5:18PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Gatineau, Canada
Sun 1 Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 27.48 Tithi 18

Creative Work Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

Gulika
Yama
Rahu

10:24AM – 11:47AM
7:40AM – 9:02AM
11:47AM – 1:09PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Krittika Until 5:09AM Thu
Siddhi Until 6:11PM
Vanija Until 7:49AM
Tritiya Until 8:17PM

Ganesha: White Sunrise: 6:17AM
Muruga: Purple Sunset: 5:16PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Gatineau, Canada
Sun 2 Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.21 Tithi 19

Routine Work Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

9:03AM – 10:25AM
6:19AM – 7:41AM
1:09PM – 2:31PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Rohini Until 6:27AM Fri
Vyatipata* Until 5:40PM
Bava Until 8:42AM
Chaturthi* Until 8:58PM

Ganesha: White Sunrise: 6:19AM
Muruga: Purple Sunset: 5:14PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Gatineau, Canada
Sun 3 Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.05 Tithi 20

Routine Work Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

7:42AM – 9:03AM
2:30PM – 3:51PM
10:25AM – 11:46AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rohini Until 6:27AM
Variyan Until 4:49PM
Kaulava Until 9:11AM
Panchami Until 9:14PM

Ganesha: White Sunrise: 6:20AM
Muruga: Purple Sunset: 5:13PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Gatineau, Canada
Sun 4 Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.02 Tithi 21

Creative Work Siddha Yoga

Gulika
Yama
Rahu

6:21AM – 7:42AM
1:07PM – 2:29PM
9:04AM – 10:25AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Mrigashira Until 7:09AM
Parigha* Until 3:36PM
Gara Until 9:13AM
Shashthi* Until 9:01PM

Ganesha: White Sunrise: 6:21AM
Muruga: Purple Sunset: 5:11PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Gatineau, Canada
Sun 5 Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.14 Tithi 22

Creative Work Siddha Yoga

Gulika
Yama
Rahu

2:28PM – 3:49PM
11:46AM – 1:07PM
3:49PM – 5:10PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Ardra Until 7:12AM
Shiva Until 1:59PM
Visti Until 8:44AM
Saptami Until 8:15PM

Ganesha: White Sunrise: 6:23AM
Muruga: Purple Sunset: 5:10PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Gatineau, Canada
Sun 6 Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Monday, October 21, 2019

D

Retreat Star

Kataka Rasi: 2.44 Tithi 23

Family Home Evening

Creative Work Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Gulika
Yama
Rahu

1:06PM – 2:27PM
10:25AM – 11:46AM
7:44AM – 9:05AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Punarvasu Until 7:01AM
Siddha Until 11:54AM
Balava Until 7:41AM
Ashtami* Until 6:56PM

Ganesha: Clear Sunrise: 6:24AM
Muruga: Purple Sunset: 5:08PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Gatineau, Canada
Sun 7 Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35 Tithi 24 – 25

Creative Work Siddha Yoga

Gulika
Yama
Rahu

11:46AM – 1:06PM
9:05AM – 10:26AM
2:26PM – 3:46PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Pushya Until 6:07AM
Sadhya Until 9:21AM
Taitila Until 6:04AM
Navami* Until 5:02PM

Ganesha: Clear Sunrise: 6:25AM
Muruga: Purple Sunset: 5:06PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Gatineau, Canada
Sun 8 Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Gatineau, Canada Sun 9 Sutra 192	
Simha Rasi: 0.47	Tithi 25 – 26	Gulika 10:26AM – 11:46AM	Magha* Until 2:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:26AM		Vikarin 5121
		Yama 7:46AM – 9:06AM	Subha Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM		Moon 10 - Phase 27
	654313464	Rahu 11:46AM – 1:05PM	Bava Until 1:16AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:38PM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Gatineau, Canada Sun 10 Sutra 193	
Simha Rasi: 15.19	Tithi 26 – 27	Gulika 9:07AM – 10:26AM	Purvaphalguni Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:28AM		Vikarin 5121
		Yama 6:28AM – 7:47AM	Brahma Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 5:03PM		Moon 10 - Phase 27
	654313464	Rahu 1:05PM – 2:24PM	Kaulava Until 10:15PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:47AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Gatineau, Canada Sun 11 Sutra 194	
Kanya Rasi: 0.05	Tithi 27 – 28	Gulika 7:48AM – 9:07AM	Uttaraphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM		Vikarin 5121
		Yama 2:23PM – 3:43PM	Indra Until 7:31PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM		Moon 10 - Phase 27
	655313464	Rahu 10:26AM – 11:45AM	Gara Until 6:59PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day	
Until 9:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Gatineau, Canada Sun 12 Sutra 195	
Kanya Rasi: 15.01	Tithi 29	Gulika 6:30AM – 7:49AM	Hasta Until 7:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:30AM		Vikarin 5121
		Yama 1:04PM – 2:23PM	Vaidhriti* Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 27
	665313464	Rahu 9:08AM – 10:26AM	Visti Until 3:37PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:55AM Sun	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Gatineau, Canada Sun 13 Sutra 196	
Retreat Star		Gulika 2:22PM – 3:40PM	Chitra Until 4:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:32AM		Vikarin 5121
Kanya Rasi: 29.58	Tithi 30	Yama 11:45AM – 1:03PM	Vishkambha* Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 27
	665313464	Rahu 3:40PM – 4:59PM	Catuspada Until 12:18PM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Gatineau, Canada Sun 14 Sutra 197	
Tula Rasi: 14.47	Tithi 1	Gulika 1:03PM – 2:21PM	Svati Until 2:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:33AM		Vikarin 5121
Family Home Evening		Yama 10:27AM – 11:45AM	Priti Until 7:57AM	Muruqa: Purple	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 27
	665313464	Rahu 7:51AM – 9:09AM	Kintughna Until 9:12AM	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:47PM	Moon – Green		Subha Sivaloka Day	
Until 2:24PM		Skanda Shasthi Begins		Kartika-Aipasi			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Tuesday, October 29, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau	Gatineau, Canada Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 29.19	Tithi 2 – 3	Gulika 11:45AM – 1:03PM Yama 9:10AM – 10:27AM Rahu 2:20PM – 3:38PM	Vishakha Until 12:42PM Saubhagya Until 1:34AM Wed Balava Until 6:31AM Dvitiya Until 5:21PM
Routine Work Marana Yoga			Ganesha: Clear <i>Sunrise: 6:34AM</i> Muruqa: Purple <i>Sunset: 4:56PM</i> Nataraja: Purple Moon – Orange
Until 12:42PM			Subha Sivaloka Day Kartika•Aipasi
Then Creative Work - Siddha Yoga			

2	Wednesday, October 30, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Gatineau, Canada Sun 16 Sutra 199 Vikarin 5121
Virshika Rasi: 13.29	Tithi 3 – 4	Gulika 10:28AM – 11:45AM Yama 7:53AM – 9:10AM Rahu 11:45AM – 1:02PM	Anuradha Until 11:29AM Sobhana Until 11:11PM Vanija Until 2:57AM Thu Tritiya Until 3:33PM
Creative Work Siddha Yoga			Ganesha: Clear <i>Sunrise: 6:36AM</i> Muruqa: Purple <i>Sunset: 4:54PM</i> Nataraja: Purple Moon – Orange
			Subha Sivaloka Day Kartika•Aipasi

3	Thursday, October 31, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Gatineau, Canada Sun 17 Sutra 200 Vikarin 5121
Virshika Rasi: 27.11	Tithi 4 – 5	Gulika 9:11AM – 10:28AM Yama 6:37AM – 7:54AM Rahu 1:02PM – 2:19PM	Jyeshtha* Until 10:51AM Athiganda* Until 9:24PM Bava Until 2:21AM Fri Chaturthi* Until 2:31PM
Routine Work Prabalarishta Yoga			Ganesha: Clear <i>Sunrise: 6:37AM</i> Muruqa: Purple <i>Sunset: 4:53PM</i> Nataraja: Purple Moon – Orange
Until 10:51AM			Subha Sivaloka Day Kartika•Aipasi
Then Creative Work - Siddha Yoga			

4	Friday, November 1, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Gatineau, Canada Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 10.26	Tithi 5 – 6	Gulika 7:55AM – 9:12AM Yama 2:18PM – 3:35PM Rahu 10:28AM – 11:45AM	Mula* Until 11:20AM Sukarma Until 8:18PM Kaulava Until 2:37AM Sat Panchami Until 2:21PM
Creative Work Amrita Yoga		Skanda Shasthi	Ganesha: Purple <i>Sunrise: 6:38AM</i> Muruqa: Purple <i>Sunset: 4:51PM</i> Nataraja: Purple Moon – Light Blue
Until 11:20AM			Subha Subha Sivaloka Day Kartika•Aipasi
Then Routine Work - Prabalarishta Yoga			

5	Saturday, November 2, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau	Gatineau, Canada Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 23.15	Tithi 6 – 7	Gulika 6:40AM – 7:56AM Yama 1:01PM – 2:17PM Rahu 9:12AM – 10:29AM	Purvashadha* Until 12:31PM Dhriti Until 7:53PM Gara Until 3:42AM Sun Shashthi* Until 3:02PM
Creative Work Siddha Yoga			Ganesha: Purple <i>Sunrise: 6:40AM</i> Muruqa: Purple <i>Sunset: 4:50PM</i> Nataraja: Purple Moon – Light Blue
Until 12:31PM			Subha Subha Sivaloka Day Kartika•Aipasi
Then Routine Work - Marana Yoga			

6	Sunday, November 3, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Gatineau, Canada Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 5.41	Tithi 7 – 8	Gulika 2:17PM – 3:33PM Yama 11:45AM – 1:01PM Rahu 3:33PM – 4:49PM	Uttarashadha Until 2:16PM Shula* Until 7:59PM Visti* Until 5:29AM Mon Saptami Until 4:30PM
Creative Work Amrita Yoga			Ganesha: Purple <i>Sunrise: 6:41AM</i> Muruqa: Purple <i>Sunset: 4:49PM</i> Nataraja: Purple Moon – Light Blue
			Subha Subha Sivaloka Day Kartika•Aipasi

Retreat Star	Monday, November 4, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau	Gatineau, Canada Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 17.5	Tithi 8	Gulika 1:00PM – 2:16PM Yama 10:29AM – 11:45AM Rahu 7:58AM – 9:14AM	Shravana Until 4:57PM Ganda* Until 8:32PM Bava Until 6:33PM Ashtami* Until 6:33PM
Family Home Evening			Ganesha: Purple <i>Sunrise: 6:42AM</i> Muruqa: Purple <i>Sunset: 4:47PM</i> Nataraja: Purple Moon – Purple
Creative Work Amrita Yoga			Sivaloka Day Kartika•Aipasi
Until 4:57PM			
Then Creative Work - Siddha Yoga			

Retreat Star	Tuesday, November 5, 2019	Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau	Gatineau, Canada Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 29.49	Tithi 9	Gulika 11:45AM – 1:00PM Yama 9:14AM – 10:30AM Rahu 2:15PM – 3:31PM	Dhanishtha Until 7:49PM Vriddhi Until 9:21PM Balava Until 7:45AM Navami* Until 8:58PM
Creative Work Siddha Yoga			Ganesha: Purple <i>Sunrise: 6:44AM</i> Muruqa: Purple <i>Sunset: 4:46PM</i> Nataraja: Purple Moon – Purple
Until 7:49PM			Sivaloka Day Kartika•Aipasi
Then Routine Work - Marana Yoga			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Gatineau, Canada
	Kumbha Rasi: 11.41	Tithi 10	696313464	Gulika 10:30AM – 11:45AM Yama 8:00AM – 9:15AM Rahu 11:45AM – 1:00PM	Shatabhishak Until 10:39PM Dhruva Until 10:14PM Taitila Until 10:16AM Dashami Until 11:31PM	Ganesha: Purple <i>Sunrise: 6:45AM</i> Muruqa: Purple <i>Sunset: 4:45PM</i> Nataraja: Purple Moon – Purple	Sun 23 Sutra 206 Vikarin 5121 Moon 10 - Phase 29 4th Phase Sivaloka Day
Creative Work Siddha Yoga							
Until 10:39PM							
Then Creative Work - Amrita Yoga							


2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Gatineau, Canada
	Kumbha Rasi: 23.32	Tithi 11	716313464	Gulika 9:16AM – 10:30AM Yama 6:46AM – 8:01AM Rahu 1:00PM – 2:14PM	Purvaproshtapada* Until 1:44AM Fri Vyaghata* Until 11:04PM Vanija Until 12:47PM Ekadashi Until 1:58AM Fri	Ganesha: Yellow <i>Sunrise: 6:46AM</i> Muruqa: Purple <i>Sunset: 4:44PM</i> Nataraja: Purple Moon – Clear	Sun 24 Sutra 207 Vikarin 5121 Moon 10 - Phase 29 4th Phase Subha Sivaloka Day
Creative Work Siddha Yoga							

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Gatineau, Canada
	Meena Rasi: 5.26	Tithi 12	716313464	Gulika 8:02AM – 9:16AM Yama 2:14PM – 3:28PM Rahu 10:31AM – 11:45AM	Uttaraproshtapada Until 4:25AM Sat Harshana Until 11:44PM Bava Until 3:08PM Dvadashi Until 4:11AM Sat	Ganesha: Yellow <i>Sunrise: 6:48AM</i> Muruqa: Purple <i>Sunset: 4:42PM</i> Nataraja: Purple Moon – Clear	Sun 25 Sutra 208 Vikarin 5121 Moon 10 - Phase 29 4th Phase Subha Sivaloka Day
Creative Work Siddha Yoga							
Until 4:25AM Sat							
Then Routine Work - Prabalarishta Yoga							

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Gatineau, Canada
	Meena Rasi: 17.27	Tithi 13	716313464	Gulika 6:49AM – 8:03AM Yama 12:59PM – 2:13PM Rahu 9:17AM – 10:31AM	Revati Until 6:37AM Sun Vajra* Until 12:08AM Sun Kaulava Until 5:12PM Trayodashi Until 6:03AM Sun	Ganesha: Yellow <i>Sunrise: 6:49AM</i> Muruqa: Purple <i>Sunset: 4:41PM</i> Nataraja: Purple Moon – Clear	Sun 26 Sutra 209 Vikarin 5121 Moon 10 - Phase 29 4th Phase Subha Sivaloka Day
Routine Work Prabalarishta Yoga							
Until 6:37AM Sun							
Then Creative Work - Siddha Yoga							
		<i>Pradosha Vrata</i>					

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada
	Meena Rasi: 29.35	Tithi 13 – 14	716313464	Gulika 2:13PM – 3:26PM Yama 11:45AM – 12:59PM Rahu 3:26PM – 4:40PM	Revati Until 6:37AM Siddhi Until 12:15AM Mon Gara Until 6:52PM Trayodashi Until 6:03AM	Ganesha: Yellow <i>Sunrise: 6:50AM</i> Muruqa: Purple <i>Sunset: 4:40PM</i> Nataraja: Purple Moon – Clear	Sun 27 Sutra 210 Vikarin 5121 Moon 10 - Phase 29 4th Phase Subha Sivaloka Day
Creative Work Amrita Yoga							
Until 6:37AM							
Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Gatineau, Canada
	Mesha Rasi: 11.54	Tithi 14 – 15	727413464	Gulika 12:59PM – 2:12PM Yama 10:32AM – 11:45AM Rahu 8:05AM – 9:18AM	Ashvini Until 8:45AM Vyatipata* Until 12:03AM Tue Visti Until 8:07PM Chaturdashi* Until 7:32AM	Ganesha: White <i>Sunrise: 6:52AM</i> Muruqa: Purple <i>Sunset: 4:39PM</i> Nataraja: Purple Moon – White	Sutra 211 Vikarin 5121 Moon 10 - Phase 29 Purnima Sivaloka Day
Family Home Evening							
Creative Work Siddha Yoga							

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Gatineau, Canada
	Mesha Rasi: 24.23	Tithi 15 – 16	727413464	Gulika 11:45AM – 12:59PM Yama 9:19AM – 10:32AM Rahu 2:12PM – 3:25PM	Bharani Until 10:19AM Variyan Until 11:30PM Balava Until 8:57PM Purnima* Until 8:34AM	Ganesha: White <i>Sunrise: 6:53AM</i> Muruqa: Purple <i>Sunset: 4:38PM</i> Nataraja: Purple Moon – White	Sutra 212 Vikarin 5121 Moon 10 - Phase 29 Prathama Sivaloka Day
Creative Work Siddha Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vrishabha Rasi: 7.04 Tithi 16 - 17

727413464

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:33AM - 11:46AM Krittika Until 11:19AM

Yama 8:07AM - 9:20AM Parigha* Until 10:39PM

Rahu 11:46AM - 12:58PM Taitila Until 9:22PM

Prathama* Until 9:11AM

Ganesha: White Sunrise: 6:54AM

Muruqa: Purple Sunset: 4:37PM

Nataraja: Purple
Moon - White

Kartika-Aipasi

Sivaloka Day

Gatineau, Canada

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

1

Thursday, November 14, 2019

Vrishabha Rasi: 19.56 Tithi 17 - 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 9:21AM - 10:33AM Rohini Until 12:14PM

Yama 6:56AM - 8:08AM Shiva Until 9:31PM

Rahu 12:58PM - 2:11PM Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear Sunrise: 6:56AM

Muruqa: Purple Sunset: 4:36PM

Nataraja: Purple
Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Gatineau, Canada

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

2

Friday, November 15, 2019

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 8:09AM - 9:21AM Mrigashira Until 12:38PM

Yama 2:10PM - 3:23PM Siddha Until 8:03PM

Rahu 10:34AM - 11:46AM Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear Sunrise: 6:57AM

Muruqa: Purple Sunset: 4:35PM

Nataraja: Purple
Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Gatineau, Canada

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:58AM - 8:10AM Ardra Until 12:32PM

Yama 12:58PM - 2:10PM Sadhya Until 6:19PM

Rahu 9:22AM - 10:34AM Kaulava Until 8:20PM

Chaturthi* Until 8:42AM

Ganesha: Clear Sunrise: 6:58AM

Muruqa: Purple Sunset: 4:34PM

Nataraja: Purple
Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Gatineau, Canada

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

4

Sunday, November 17, 2019

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 2:10PM - 3:21PM Punarvasu Until 12:24PM

Yama 11:46AM - 12:58PM Subha Until 4:20PM

Rahu 3:21PM - 4:33PM Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear Sunrise: 7:00AM

Muruqa: Purple Sunset: 4:33PM

Nataraja: Clear
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Gatineau, Canada

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 12:58PM - 2:09PM Pushya Until 11:46AM

Yama 10:35AM - 11:46AM Sukla Until 2:03PM

Rahu 8:12AM - 9:24AM Bava Until 5:03AM Tue

Shashthi* Until 6:37AM

Ganesha: Clear Sunrise: 7:01AM

Muruqa: Purple Sunset: 4:32PM

Nataraja: Clear
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Gatineau, Canada

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 27.11 Tithi 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 11:47AM - 12:58PM Ashlesha* Until 10:40AM

Yama 9:24AM - 10:36AM Brahma Until 11:31AM

Rahu 2:09PM - 3:20PM Balava Until 4:10PM

Ashtami* Until 3:10AM Wed

Ganesha: Clear Sunrise: 7:02AM

Muruqa: Purple Sunset: 4:31PM

Nataraja: Clear
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Gatineau, Canada

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 11.14 Tithi 24

758413465

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 10:36AM - 11:47AM Magha* Until 9:32AM

Yama 8:14AM - 9:25AM Indra Until 8:44AM

Rahu 11:47AM - 12:58PM Taitila Until 2:08PM

Navami* Until 12:59AM Thu

Ganesha: White Sunrise: 7:04AM

Muruqa: Purple Sunset: 4:30PM

Nataraja: Clear
Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Gatineau, Canada

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanja/Visti* Karana Dashamyam Titau		Gatineau, Canada Sun 8 Sutra 221	
Simha Rasi: 25.28	Tithi 25	Gulika 9:26AM – 10:37AM	Purvaphalguni Until 7:59AM	Ganesha: White	<i>Sunrise:</i> 7:05AM	Vikarin 5121	
		Yama 7:05AM – 8:15AM	Vishkambha* Until 2:29AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 31	
Creative Work	Siddha Yoga	758413465 Rahu 12:58PM – 2:08PM	Vanija Until 11:49AM	Nataraja: Clear		2nd Phase	
			Dashami Until 10:33PM	Moon – Red			Subha Sivaloka Day
				Karttika-Karttikai			

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Gatineau, Canada Sun 9 Sutra 222	
Kanya Rasi: 9.52	Tithi 26	Gulika 8:16AM – 9:27AM	Uttaraphalguni Until 6:03AM	Ganesha: White	<i>Sunrise:</i> 7:06AM	Vikarin 5121	
		Yama 2:08PM – 3:18PM	Priti Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 31	
Creative Work	Siddha Yoga	758413465 Rahu 10:37AM – 11:47AM	Bava Until 9:17AM	Nataraja: Clear		2nd Phase	
Until 6:03AM			Ekadashi* Until 7:57PM	Moon – Red			Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Karttika-Karttikai			

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Gatineau, Canada Sun 10 Sutra 223	
Kanya Rasi: 24.22	Tithi 27 – 28	Gulika 7:07AM – 8:17AM	Chitra Until 2:20AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:07AM	Vikarin 5121	
		Yama 12:58PM – 2:08PM	Ayushman Until 7:45PM	Muruqa: Purple	<i>Sunset:</i> 4:28PM	Moon 11 - Phase 31	
Routine Work	Marana Yoga	768413465 Rahu 9:28AM – 10:38AM	Kaulava Until 6:39AM	Nataraja: Clear		2nd Phase	
Until 2:20AM Sun			Dvadashi* Until 5:17PM	Moon – Green			Sivaloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai			
				<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau		Gatineau, Canada Sun 11 Sutra 224	
Tula Rasi: 8.52	Tithi 28 – 29	Gulika 2:08PM – 3:18PM	Svati Until 12:21AM Mon	Ganesha: Blue	<i>Sunrise:</i> 7:09AM	Vikarin 5121	
		Yama 11:48AM – 12:58PM	Saubhagya Until 4:25PM	Muruqa: Purple	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31	
Creative Work	Siddha Yoga	769413465 Rahu 3:18PM – 4:27PM	Visti Until 1:26AM Mon	Nataraja: Clear		2nd Phase	
Until 12:21AM Mon			Trayodashi* Until 2:40PM	Moon – Green			Devaloka Day
Then Routine Work - Marana Yoga				Karttika-Karttikai			

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Gatineau, Canada Sun 12 Sutra 225	
Tula Rasi: 23.17	Tithi 29 – 30	Gulika 12:58PM – 2:08PM	Vishakha Until 10:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	Vikarin 5121	
Family Home Evening		Yama 10:39AM – 11:48AM	Sobhana Until 1:15PM	Muruqa: Purple	<i>Sunset:</i> 4:27PM	Moon 11 - Phase 31	
Routine Work	Marana Yoga	779413465 Rahu 8:19AM – 9:29AM	Catuspada Until 11:09PM	Nataraja: Clear		Amavasya	
Until 10:54PM			Chaturdashi* Until 12:14PM	Moon – Orange			Devaloka Day
Then Creative Work - Siddha Yoga				Karttika-Karttikai			

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Gatineau, Canada Sun 13 Sutra 226	
Vrischika Rasi: 7.3	Tithi 30 – 1	Gulika 11:49AM – 12:58PM	Anuradha Until 9:42PM	Ganesha: Blue	<i>Sunrise:</i> 7:11AM	Vikarin 5121	
		Yama 9:30AM – 10:39AM	Athiganda* Until 10:20AM	Muruqa: Purple	<i>Sunset:</i> 4:26PM	Moon 11 - Phase 31	
Creative Work	Siddha Yoga	779413465 Rahu 2:07PM – 3:17PM	Kintughna Until 9:16PM	Nataraja: Clear		Prathama	
Until 9:42PM			Amavasya* Until 10:08AM	Moon – Orange			Devaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai			

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Gatineau, Canada Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	Gulika 10:40AM – 11:49AM	Jyeshtha* Until 8:53PM	Ganesha: Blue <i>Sunrise:</i> 7:12AM	
		Yama 8:21AM – 9:31AM	Sukarma Until 7:49AM	Muruqa: Purple <i>Sunset:</i> 4:26PM	Moon 11 - Phase 32
		779413465 Rahu 11:49AM – 12:58PM	Balava Until 7:55PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Prathama* Until 8:30AM	Margasira-Karttikai	Devaloka Day
Until 8:53PM					
Then Routine Work - Marana Yoga					

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitya/Tritiyayam Titau	Gatineau, Canada Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	Gulika 9:31AM – 10:40AM	Mula* Until 9:02PM	Ganesha: Blue <i>Sunrise:</i> 7:13AM	
		Yama 7:13AM – 8:22AM	Shula* Until 4:16AM Fri	Muruqa: Purple <i>Sunset:</i> 4:25PM	Moon 11 - Phase 32
		789413465 Rahu 12:58PM – 2:07PM	Taitila Until 7:15PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Dvitya Until 7:29AM	Margasira-Karttikai	Devaloka Day

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau	Gatineau, Canada Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	Gulika 8:23AM – 9:32AM	Purvashadha* Until 9:45PM	Ganesha: Blue <i>Sunrise:</i> 7:15AM	
		Yama 2:07PM – 3:16PM	Ganda* Until 3:21AM Sat	Muruqa: Purple <i>Sunset:</i> 4:25PM	Moon 11 - Phase 32
		789413465 Rahu 10:41AM – 11:50AM	Vanija Until 7:19PM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Tritiya Until 7:10AM	Margasira-Karttikai	Devaloka Day
Until 9:45PM					
Then Routine Work - Marana Yoga					

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau	Gatineau, Canada Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	Gulika 7:16AM – 8:24AM	Uttarashadha Until 11:01PM	Ganesha: Blue <i>Sunrise:</i> 7:16AM	
		Yama 12:59PM – 2:07PM	Vriddhi Until 3:01AM Sun	Muruqa: Purple <i>Sunset:</i> 4:24PM	Moon 11 - Phase 32
		789413465 Rahu 9:33AM – 10:41AM	Bava Until 8:08PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Chaturthi* Until 7:37AM	Margasira-Karttikai	Devaloka Day
Until 11:01PM					
Then Creative Work - Siddha Yoga					

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Gatineau, Canada Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	Gulika 2:07PM – 3:16PM	Shravana Until 1:16AM Mon	Ganesha: Yellow <i>Sunrise:</i> 7:17AM	
		Yama 11:50AM – 12:59PM	Dhruva Until 3:09AM Mon	Muruqa: Purple <i>Sunset:</i> 4:24PM	Moon 11 - Phase 32
		799413465 Rahu 3:16PM – 4:24PM	Kaulava Until 9:39PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 8:47AM	Margasira-Karttikai	Sivaloka Day
Until 1:16AM Mon					
Then Creative Work - Siddha Yoga					

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Gatineau, Canada Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	Gulika 12:59PM – 2:07PM	Dhanishtha Until 3:51AM Tue	Ganesha: Clear <i>Sunrise:</i> 7:18AM	
Family Home Evening		Yama 10:43AM – 11:51AM	Vyaghata* Until 3:41AM Tue	Muruqa: Purple <i>Sunset:</i> 4:24PM	Moon 11 - Phase 32
Creative Work Siddha Yoga		791413465 Rahu 8:26AM – 9:34AM	Gara Until 11:42PM	Nataraja: Clear	3rd Phase
Until 3:51AM Tue			Shashthi* Until 10:35AM	Margasira-Karttikai	Sivaloka Day
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Gatineau, Canada Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	Gulika 11:51AM – 12:59PM	Shatabhishak Until 6:33AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:19AM	
		Yama 9:35AM – 10:43AM	Harshana Until 4:27AM Wed	Muruqa: Purple <i>Sunset:</i> 4:23PM	Moon 11 - Phase 32
		791413465 Rahu 2:07PM – 3:15PM	Visti Until 2:05AM Wed	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 12:51PM	Margasira-Karttikai	Sivaloka Day
Until 6:33AM Wed					
Then Creative Work - Amrita Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Gatineau, Canada Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	Gulika 10:44AM – 11:52AM	Shatabhishak Until 6:33AM	Ganesha: Clear <i>Sunrise:</i> 7:20AM	
		Yama 8:28AM – 9:36AM	Vajra* Until 5:15AM Thu	Muruqa: Purple <i>Sunset:</i> 4:23PM	Moon 11 - Phase 32
		791413465 Rahu 11:52AM – 12:59PM	Balava Until 4:36AM Thu	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Ashtami* Until 3:19PM	Margasira-Karttikai	Sivaloka Day
Until 6:33AM					
Then Creative Work - Amrita Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Gatineau, Canada Sun 22 Sutra 235 Vikarin 5121
Meena Rasi: 1.31	Tithi 9 – 10	Gulika 9:37AM – 10:44AM	Purvaproshtapada* Until 9:39AM	Ganesha: Yellow	<i>Sunrise:</i> 7:21AM			
		Yama 7:21AM – 8:29AM	Siddhi Until 5:59AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:23PM			Moon 11 - Phase 33
		711413465 Rahu 1:00PM – 2:07PM	Taitila Until 7:00AM Fri	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Navami* Until 5:48PM	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Friday, December 6, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau		Gatineau, Canada Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 13.26	Tithi 10	Gulika 8:30AM – 9:37AM	Uttaraproshtapada Until 12:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:22AM			
		Yama 2:08PM – 3:15PM	Vyatipata* Until 6:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:23PM			Moon 11 - Phase 33
		711413465 Rahu 10:45AM – 11:52AM	Taitila Until 7:00AM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:05PM	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

3		Saturday, December 7, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau		Gatineau, Canada Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 25.28	Tithi 11	Gulika 7:23AM – 8:31AM	Revati Until 2:46PM	Ganesha: White	<i>Sunrise:</i> 7:23AM			
		Yama 1:00PM – 2:08PM	Vyatipata* Until 6:31AM	Muruqa: Purple	<i>Sunset:</i> 4:22PM			Moon 11 - Phase 33
		711513465 Rahu 9:38AM – 10:45AM	Vanija Until 9:07AM	Nataraja: Clear				4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 9:59PM	Moon – Clear			Subha Sivaloka Day	
Until 2:46PM		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

4		Sunday, December 8, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau		Gatineau, Canada Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 7.4	Tithi 12	Gulika 2:08PM – 3:15PM	Ashvini Until 4:59PM	Ganesha: Clear	<i>Sunrise:</i> 7:24AM			
		Yama 11:53AM – 1:01PM	Variyan Until 6:43AM	Muruqa: Purple	<i>Sunset:</i> 4:22PM			Moon 11 - Phase 33
		721513465 Rahu 3:15PM – 4:22PM	Bava Until 10:47AM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:24PM	Moon – White			Sivaloka Day	
Until 4:59PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

5		Monday, December 9, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau		Gatineau, Canada Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 20.05	Tithi 13	Gulika 1:01PM – 2:08PM	Bharani Until 6:30PM	Ganesha: Clear	<i>Sunrise:</i> 7:25AM			
Family Home Evening		Yama 10:47AM – 11:54AM	Parigha* Until 6:31AM	Muruqa: Purple	<i>Sunset:</i> 4:22PM			Moon 11 - Phase 33
		721513465 Rahu 8:32AM – 9:39AM	Kaulava Until 11:55AM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:15AM Tue	Moon – White			Sivaloka Day	
Until 6:30PM				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

6		Tuesday, December 10, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau		Gatineau, Canada Sun 27 Sutra 240 Vikarin 5121
Vrishabha Rasi: 2.46	Tithi 14	Gulika 11:54AM – 1:01PM	Krittika Until 7:18PM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM			
		Yama 9:40AM – 10:47AM	Siddha Until 4:49AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:22PM			Moon 11 - Phase 33
		721513465 Rahu 2:08PM – 3:15PM	Gara Until 12:29PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:31AM Wed	Moon – White			Sivaloka Day	
Until 7:18PM		Krittika Deepam		Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

○		Wednesday, December 11, 2019				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Gatineau, Canada Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 10:48AM – 11:55AM	Rohini Until 7:52PM	Ganesha: Purple	<i>Sunrise:</i> 7:27AM			
Vrishabha Rasi: 15.43	Tithi 15	Yama 8:34AM – 9:41AM	Sadhya Until 3:20AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:22PM			Moon 11 - Phase 33
		731523465 Rahu 11:55AM – 1:02PM	Visti Until 12:28PM	Nataraja: Clear				Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:14AM Thu	Moon – Yellow			Sivaloka Day	
				Margasira-Karttikai				

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Gatineau, Canada Sutra 242 Vikarin 5121		
Silver Retreat Star		Gulika 9:42AM – 10:48AM	Mrigashira Until 7:48PM	Ganesha: Clear	<i>Sunrise:</i> 7:28AM			
Vrishabha Rasi: 28.56	Tithi 16	Yama 7:28AM – 8:35AM	Subha Until 1:28AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:23PM			Moon 11 - Phase 33
		732523465 Rahu 1:02PM – 2:09PM	Balava Until 11:55AM	Nataraja: Clear				Prathama
Routine Work	Marana Yoga		Prathama* Until 11:27PM	Moon – Yellow			Devaloka Day	
				Margasira-Karttikai				
		Vinayaga Viratam Begins						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Gatineau, Canada

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika 8:35AM – 9:42AM
Yama 2:09PM – 3:16PM
Rahu 10:49AM – 11:56AM

Ardra Until 7:09PM
Sukla Until 11:15PM
Taitila Until 10:56AM
Dvitiya Until 10:16PM

Ganesha: Clear *Sunrise:* 7:29AM
Muruqa: Clear *Sunset:* 4:23PM
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gatineau, Canada

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika 7:29AM – 8:36AM
Yama 1:03PM – 2:09PM
Rahu 9:43AM – 10:49AM

Punarvasu Until 6:29PM
Brahma Until 8:49PM
Vanija Until 9:34AM
Tritiya Until 8:45PM

Ganesha: Purple *Sunrise:* 7:29AM
Muruqa: Clear *Sunset:* 4:23PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Gatineau, Canada

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika 2:10PM – 3:16PM
Yama 11:57AM – 1:03PM
Rahu 3:16PM – 4:23PM

Pushya Until 5:25PM
Indra Until 6:11PM
Bava Until 7:55AM
Chaturthi* Until 7:00PM

Ganesha: Purple *Sunrise:* 7:30AM
Muruqa: Clear *Sunset:* 4:23PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Gara Karana Panchami/Shashtyam Titau

Gatineau, Canada

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

Gulika 1:04PM – 2:10PM
Yama 10:51AM – 11:57AM
Rahu 8:38AM – 9:44AM

Ashlesha* Until 4:02PM
Vaidhrili* Until 3:24PM
Kaulava Until 6:04AM
Panchami Until 5:04PM

Ganesha: Clear *Sunrise:* 7:31AM
Muruqa: Clear *Sunset:* 4:23PM
Nataraja: Clear
Moon – Blue
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 4:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gatineau, Canada

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

Gulika 11:58AM – 1:04PM
Yama 9:45AM – 10:51AM
Rahu 2:11PM – 3:17PM

Magha* Until 2:50PM
Vishkambha* Until 12:33PM
Visti Until 2:02AM Wed
Shashthi* Until 3:03PM

Ganesha: Purple *Sunrise:* 7:32AM
Muruqa: Clear *Sunset:* 4:24PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Gatineau, Canada

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

Gulika 10:52AM – 11:58AM
Yama 8:39AM – 9:45AM
Rahu 11:58AM – 1:05PM

Purvaphalguni Until 1:27PM
Priti Until 9:40AM
Balava Until 11:57PM
Saptami Until 12:59PM

Ganesha: Purple *Sunrise:* 7:32AM
Muruqa: Clear *Sunset:* 4:24PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gatineau, Canada

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

Gulika 9:46AM – 10:52AM
Yama 7:33AM – 8:39AM
Rahu 1:05PM – 2:11PM

Uttaraphalguni Until 11:55AM
Ayushman Until 6:44AM
Taitila Until 9:53PM
Ashtami* Until 10:54AM

Ganesha: Purple *Sunrise:* 7:33AM
Muruqa: Clear *Sunset:* 4:24PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
Navami

Bhuloka Day


Devaloka Time: 3:PM to 6:PM

Until 11:55AM
Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Gatineau, Canada Sun 7 Sutra 250 Vikarin 5121
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	Gulika 8:40AM – 9:46AM Yama 2:12PM – 3:18PM Rahu 10:53AM – 11:59AM	Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	Ganesha: Clear <i>Sunrise: 7:34AM</i> Muruqa: Clear <i>Sunset: 4:25PM</i> Nataraja: Clear Moon – Green Devaloka Day Margasira*Markali
Creative Work Amrita Yoga		Until 10:41AM		Then Creative Work - Siddha Yoga	
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	Gatineau, Canada Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 4.41	Tithi 25 – 26	862523465	Gulika 7:34AM – 8:40AM Yama 1:06PM – 2:12PM Rahu 9:47AM – 10:53AM	Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	Ganesha: Clear <i>Sunrise: 7:34AM</i> Muruqa: Clear <i>Sunset: 4:25PM</i> Nataraja: Clear Moon – Green Devaloka Day Margasira*Markali
Routine Work Marana Yoga		Until 9:22AM		Then Creative Work - Siddha Yoga	
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau	Gatineau, Canada Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 18.43	Tithi 27	862523465	Gulika 2:13PM – 3:19PM Yama 12:00PM – 1:07PM Rahu 3:19PM – 4:26PM	Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	Ganesha: Clear <i>Sunrise: 7:35AM</i> Muruqa: Clear <i>Sunset: 4:26PM</i> Nataraja: Clear Moon – Green Devaloka Day Margasira*Markali
Creative Work Siddha Yoga		Until 8:03AM		Then Routine Work - Marana Yoga	
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau	Gatineau, Canada Sun 10 Sutra 253 Vikarin 5121
Vrischika Rasi: 2.37	Tithi 28	872523465	Gulika 1:07PM – 2:13PM Yama 10:54AM – 12:01PM Rahu 8:41AM – 9:48AM	Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	Ganesha: White <i>Sunrise: 7:35AM</i> Muruqa: Clear <i>Sunset: 4:26PM</i> Nataraja: Clear Moon – Orange Bhuloka Day Margasira*Markali Devaloka Time: 3:PM to 6:PM
Family Home Evening		Until 7:13AM		Then Creative Work - Siddha Yoga	
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Gatineau, Canada Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 16.22	Tithi 29	872523465	Gulika 12:01PM – 1:08PM Yama 9:48AM – 10:55AM Rahu 2:14PM – 3:20PM	Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	Ganesha: White <i>Sunrise: 7:35AM</i> Muruqa: Clear <i>Sunset: 4:27PM</i> Nataraja: Clear Moon – Orange Bhuloka Day Margasira*Markali Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga		Until 6:31AM		Then Routine Work - Marana Yoga	
		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Gatineau, Canada Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 29.53	Tithi 30	873523465	Gulika 10:55AM – 12:02PM Yama 8:42AM – 9:49AM Rahu 12:02PM – 1:08PM	Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	Ganesha: Clear <i>Sunrise: 7:36AM</i> Muruqa: Clear <i>Sunset: 4:27PM</i> Nataraja: Clear Moon – Orange Devaloka Day Margasira*Markali
Retreat Star		Until 6:02AM		Then Routine Work - Marana Yoga	
6		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau	Gatineau, Canada Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 13.09	Tithi 1	883523466	Gulika 9:49AM – 10:56AM Yama 7:36AM – 8:43AM Rahu 1:09PM – 2:15PM	Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	Ganesha: Orange <i>Sunrise: 7:36AM</i> Muruqa: Clear <i>Sunset: 4:28PM</i> Nataraja: Orange Moon – Light Blue Devaloka Day Pausha*Markali
Creative Work Siddha Yoga		Until 6:02AM		Then Routine Work - Marana Yoga	
		Annular Solar Eclipse			

Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Gatineau, Canada	
1							Sun 14 Sutra 257
Dhanus Rasi: 26.08	Tithi 2	Gulika 8:43AM – 9:50AM	Purvashadha* Until 6:59AM	Ganesha: Orange	<i>Sunrise:</i> 7:37AM		Vikarin 5121
		Yama 2:16PM – 3:22PM	Dhruva Until 10:31AM	Muruqa: Clear	<i>Sunset:</i> 4:29PM		Moon 12 - Phase 36
		883523466 Rahu 10:56AM – 12:03PM	Balava Until 12:22PM	Nataraja: Orange			3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:42AM Sat	Moon – Light Blue		Devaloka Day	
Until 6:59AM				Pausha-Markali			
Then Routine Work - Marana Yoga							

Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Gatineau, Canada	
2							Sun 15 Sutra 258
Makara Rasi: 8.49	Tithi 3	Gulika 7:37AM – 8:43AM	Uttarashadha Until 8:04AM	Ganesha: Orange	<i>Sunrise:</i> 7:37AM		Vikarin 5121
		Yama 1:10PM – 2:16PM	Vyaghata* Until 9:56AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM		Moon 12 - Phase 36
		883523466 Rahu 9:50AM – 10:57AM	Taitila Until 1:12PM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 1:49AM Sun	Moon – Light Blue		Devaloka Day	
Until 8:04AM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Gatineau, Canada	
3							Sun 16 Sutra 259
Makara Rasi: 21.16	Tithi 4	Gulika 2:17PM – 3:24PM	Shravana Until 10:02AM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM		Vikarin 5121
		Yama 12:04PM – 1:10PM	Harshana Until 9:48AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM		Moon 12 - Phase 36
		893523466 Rahu 3:24PM – 4:30PM	Vanija Until 2:37PM	Nataraja: Orange			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:29AM Mon	Moon – Purple		Devaloka Day	
Until 10:02AM				Pausha-Markali			
Then Routine Work - Marana Yoga							

Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Gatineau, Canada	
4							Sun 17 Sutra 260
Kumbha Rasi: 3.28	Tithi 5	Gulika 1:11PM – 2:18PM	Dhanishtha Until 12:20PM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM		Vikarin 5121
Family Home Evening		Yama 10:57AM – 12:04PM	Vajra* Until 10:03AM	Muruqa: Clear	<i>Sunset:</i> 4:31PM		Moon 12 - Phase 36
		893523466 Rahu 8:44AM – 9:51AM	Bava Until 4:31PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:36AM Tue	Moon – Purple		Devaloka Day	
				Pausha-Markali			

Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthiyam Titau				Gatineau, Canada	
5							Sun 18 Sutra 261
Kumbha Rasi: 15.3	Tithi 6	Gulika 12:05PM – 1:11PM	Shatabhishak Until 2:50PM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM		Vikarin 5121
		Yama 9:51AM – 10:58AM	Siddhi Until 10:36AM	Muruqa: Clear	<i>Sunset:</i> 4:32PM		Moon 12 - Phase 36
		893523466 Rahu 2:18PM – 3:25PM	Kaulava Until 6:48PM	Nataraja: Orange			3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 8:01AM Wed	Moon – Purple		Devaloka Day	
				Pausha-Markali			

Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Gatineau, Canada	
6							Sun 19 Sutra 262
Kumbha Rasi: 27.26	Tithi 6 – 7	Gulika 10:59AM – 12:06PM	Purvaprosarthapada* Until 5:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:37AM		Vikarin 5121
		Yama 8:45AM – 9:52AM	Vyatipata* Until 11:21AM	Muruqa: Clear	<i>Sunset:</i> 4:34PM		Moon 12 - Phase 36
		813623466 Rahu 12:06PM – 1:13PM	Gara Until 9:17PM	Nataraja: Orange			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 8:01AM	Moon – Clear		Bhuloka Day	
Until 5:54PM				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends					

Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Gatineau, Canada	
Retreat Star							Sun 20 Sutra 263
Meena Rasi: 9.19	Tithi 7 – 8	Gulika 9:52AM – 10:59AM	Uttaraprosarthapada Until 8:48PM	Ganesha: Blue	<i>Sunrise:</i> 7:37AM		Vikarin 5121
		Yama 7:37AM – 8:45AM	Variyan Until 12:08PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM		Moon 12 - Phase 36
		813623466 Rahu 1:13PM – 2:20PM	Visti Until 11:46PM	Nataraja: Orange			Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:31AM	Moon – Clear		Bhuloka Day	
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	

Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Gatineau, Canada	
Retreat Star							Sun 21 Sutra 264
Meena Rasi: 21.13	Tithi 8 – 9	Gulika 8:45AM – 9:52AM	Revati Until 11:23PM	Ganesha: Blue	<i>Sunrise:</i> 7:37AM		Vikarin 5121
		Yama 2:21PM – 3:28PM	Parigha* Until 12:51PM	Muruqa: Clear	<i>Sunset:</i> 4:36PM		Moon 12 - Phase 36
		813623466 Rahu 10:59AM – 12:07PM	Balava Until 2:02AM Sat	Nataraja: Orange			Navami
Creative Work	Siddha Yoga		Ashtami* Until 12:55PM	Moon – Clear		Bhuloka Day	
Until 11:23PM				Pausha-Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Gatineau, Canada Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	823623466	Gulika 7:37AM – 8:45AM Yama 1:14PM – 2:22PM Rahu 9:52AM – 11:00AM	Ashvini Until 1:54AM Sun Shiva Until 1:21PM Taitila Until 3:54AM Sun Navami* Until 3:01PM	Ganesha: Yellow <i>Sunrise:</i> 7:37AM Muruqa: Clear <i>Sunset:</i> 4:37PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 1:54AM Sun		Then Routine Work - Prabalarishta Yoga	
2		Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Gatineau, Canada Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	823623466	Gulika 2:23PM – 3:30PM Yama 12:07PM – 1:15PM Rahu 3:30PM – 4:38PM	Bharani Until 3:44AM Mon Siddha Until 1:27PM Vanija Until 5:11AM Mon Dashami Until 4:36PM	Ganesha: Yellow <i>Sunrise:</i> 7:37AM Muruqa: Clear <i>Sunset:</i> 4:38PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Routine Work Prabalarishta Yoga		Until 3:44AM Mon		Then Routine Work - Marana Yoga	
3		Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Gatineau, Canada Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	823623466	Gulika 1:16PM – 2:23PM Yama 11:00AM – 12:08PM Rahu 8:45AM – 9:53AM	Krittika Until 4:45AM Tue Sadhya Until 1:06PM Bava Until 5:47AM Tue Ekadashi Until 5:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:37AM Muruqa: Clear <i>Sunset:</i> 4:39PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Family Home Evening		Until 4:45AM Tue		Then Creative Work - Amrita Yoga	
4		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Gatineau, Canada Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 10.35	Tithi 12 – 13	833623466	Gulika 12:08PM – 1:16PM Yama 9:53AM – 11:00AM Rahu 2:24PM – 3:32PM	Rohini Until 5:22AM Wed Subha Until 12:13PM Kaulava Until 5:38AM Wed Dvadashi Until 5:47PM	Ganesha: White <i>Sunrise:</i> 7:37AM Muruqa: Clear <i>Sunset:</i> 4:40PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Amrita Yoga		Until 5:22AM Wed		Then Creative Work - Siddha Yoga	
<i>Pradosha Vrata</i>					
5		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Gatineau, Canada Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 23.4	Tithi 13 – 14	833623466	Gulika 11:01AM – 12:09PM Yama 8:45AM – 9:53AM Rahu 12:09PM – 1:17PM	Mrigashira Until 5:09AM Thu Sukla Until 10:44AM Gara Until 4:48AM Thu Trayodashi Until 5:17PM	Ganesha: White <i>Sunrise:</i> 7:37AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Siddha Yoga		Until 5:09AM Thu		Then Routine Work - Marana Yoga	
6		Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Gatineau, Canada Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	Gulika 9:53AM – 11:01AM Yama 7:36AM – 8:45AM Rahu 1:17PM – 2:26PM	Ardra Until 4:10AM Fri Brahma Until 8:44AM Visti Until 3:19AM Fri Chaturdashi* Until 4:07PM	Ganesha: Yellow <i>Sunrise:</i> 7:36AM Muruqa: Clear <i>Sunset:</i> 4:42PM Nataraja: Orange Moon – Yellow Devaloka Day Pausha-Markali
Routine Work Marana Yoga		Until 4:10AM Fri		Then Creative Work - Siddha Yoga	
Ardra Darshanam					
7		Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Gatineau, Canada Sun 28 Sutra 271 Vikarin 5121
Mithuna Rasi: 20.58	Tithi 15 – 16	844623466	Gulika 8:44AM – 9:53AM Yama 2:26PM – 3:35PM Rahu 11:01AM – 12:10PM	Punarvasu Until 2:59AM Sat Indra Until 6:16AM Balava Until 1:20AM Sat Purnima* Until 2:22PM	Ganesha: White <i>Sunrise:</i> 7:36AM Muruqa: Clear <i>Sunset:</i> 4:43PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 11:01AM		Then Routine Work - Marana Yoga	
Penumbra Lunar Eclipse					
8		Saturday, January 11, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Gatineau, Canada Sun 29 Sutra 272 Vikarin 5121
Kataka Rasi: 5.07	Tithi 16 – 17	844623466	Gulika 7:36AM – 8:44AM Yama 1:19PM – 2:27PM Rahu 9:53AM – 11:01AM	Pushya Until 1:17AM Sun Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM Prathama* Until 12:10PM	Ganesha: White <i>Sunrise:</i> 7:36AM Muruqa: Clear <i>Sunset:</i> 4:44PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 9:53AM		Then Routine Work - Marana Yoga	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gatineau, Canada

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 3:37PM - 4:46PM

Gulika 2:28PM - 3:37PM

Yama 12:10PM - 1:19PM

Ashlesha* Until 11:13PM

Priti Until 8:51PM

Vanija Until 8:21PM

Dvitiya Until 9:40AM

Ganesha: White Sunrise: 7:35AM

Muruqa: Clear Sunset: 4:46PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Gatineau, Canada

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:44AM - 9:53AM

Gulika 1:20PM - 2:29PM

Yama 11:02AM - 12:11PM

Magha* Until 9:21PM

Ayushman Until 5:24PM

Balava Until 4:16AM Tue

Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:35AM

Muruqa: Clear Sunset: 4:47PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gatineau, Canada

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 2:30PM - 3:39PM

Gulika 12:11PM - 1:20PM

Yama 9:53AM - 11:02AM

Purvaphalguni Until 7:23PM

Saubhagya Until 1:58PM

Kaulava Until 2:57PM

Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:34AM

Muruqa: Clear Sunset: 4:48PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gatineau, Canada

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:11PM - 1:21PM

Gulika 11:02AM - 12:11PM

Yama 8:43AM - 9:53AM

Uttaraphalguni Until 5:26PM

Sobhana Until 10:40AM

Gara Until 12:24PM

Shashthi* Until 11:11PM

Ganesha: Clear Sunrise: 7:34AM

Muruqa: Clear Sunset: 4:49PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gatineau, Canada

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 17.24 Tithi 22

864623466 Rahu 1:21PM - 2:31PM

Gulika 9:53AM - 11:02AM

Yama 7:33AM - 8:43AM

Hasta Until 4:00PM

Athiganda* Until 7:30AM

Visti Until 10:04AM

Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:33AM

Muruqa: Clear Sunset: 4:50PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gatineau, Canada

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Tula Rasi: 1.34 Tithi 23

864623466 Rahu 11:02AM - 12:12PM

Gulika 8:43AM - 9:52AM

Yama 2:32PM - 3:42PM

Chitra Until 2:43PM

Dhriti Until 1:56AM Sat

Balava Until 8:01AM

Ashtami* Until 7:06PM

Ganesha: Purple Sunrise: 7:33AM

Muruqa: Clear Sunset: 4:52PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Gatineau, Canada

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Tula Rasi: 15.31 Tithi 24 - 25

864623466 Rahu 9:52AM - 11:02AM

Gulika 7:32AM - 8:42AM

Yama 1:23PM - 2:33PM

Svati Until 1:39PM

Shula* Until 11:33PM

Taitila Until 6:19AM

Navami* Until 5:35PM

Ganesha: Purple Sunrise: 7:32AM

Muruqa: Clear Sunset: 4:53PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Creative Work Siddha Yoga


1		Sunday, January 19, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Gatineau, Canada Sun 8 Sutra 280	
Tula Rasi: 29.14	Tithi 26 – 26	Gulika	2:34PM – 3:44PM	Vishakha Until 1:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:31AM		Vikarin 5121	
		Yama	12:13PM – 1:23PM	Ganda* Until 9:30PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM		Moon 1 - Phase 39	
		874623466 Rahu	3:44PM – 4:54PM	Bava Until 4:01AM Mon	Nataraja: Orange			2nd Phase	
Routine Work	Marana Yoga			Dashami Until 4:26PM	Moon – Orange				Devaloka Day
					Pausha -Thai				

2		Monday, January 20, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Gatineau, Canada Sun 9 Sutra 281	
Vrischika Rasi: 12.44	Tithi 26 – 27	Gulika	1:24PM – 2:34PM	Anuradha Until 1:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:31AM		Vikarin 5121	
Family Home Evening		Yama	11:02AM – 12:13PM	Vriddhi Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM		Moon 1 - Phase 39	
		874623466 Rahu	8:41AM – 9:52AM	Kaulava Until 3:27AM Tue	Nataraja: Orange			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 3:40PM	Moon – Orange				Devaloka Day
					Pausha -Thai				

3		Tuesday, January 21, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashti/Trayodashyam Titau		Gatineau, Canada Sun 10 Sutra 282	
Vrischika Rasi: 26.01	Tithi 27 – 28	Gulika	12:13PM – 1:24PM	Jyeshtha* Until 1:05PM	Ganesha: Purple	<i>Sunrise:</i> 7:30AM		Vikarin 5121	
		Yama	9:52AM – 11:02AM	Dhruva Until 6:17PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM		Moon 1 - Phase 39	
		875623466 Rahu	2:35PM – 3:46PM	Gara Until 3:18AM Wed	Nataraja: Orange			2nd Phase	
Routine Work	Marana Yoga			Dvadashti* Until 3:18PM	Moon – Orange				Bhuloka Day
Until 1:05PM					Pausha -Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga									
					<i>Pradosha Vrata (Fasting)</i>				

4		Wednesday, January 22, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Gatineau, Canada Sun 11 Sutra 283	
Dhanus Rasi: 9.05	Tithi 28 – 29	Gulika	11:02AM – 12:14PM	Mula* Until 1:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:29AM		Vikarin 5121	
		Yama	8:40AM – 9:51AM	Vyaghata* Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM		Moon 1 - Phase 39	
		885623466 Rahu	12:14PM – 1:25PM	Visti Until 3:34AM Thu	Nataraja: Orange			2nd Phase	
Routine Work	Marana Yoga			Trayodashi* Until 3:21PM	Moon – Light Blue				Bhuloka Day
Until 1:51PM					Pausha -Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga									

5		Thursday, January 23, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Gatineau, Canada Sun 12 Sutra 284	
Dhanus Rasi: 21.58	Tithi 29 – 30	Gulika	9:51AM – 11:02AM	Purvashadha* Until 2:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:28AM		Vikarin 5121	
		Yama	7:28AM – 8:40AM	Harshana Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM		Moon 1 - Phase 39	
		885623466 Rahu	1:25PM – 2:37PM	Catuspada Until 4:15AM Fri	Nataraja: Orange			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 3:50PM	Moon – Light Blue				Bhuloka Day
Until 2:51PM					Pausha -Thai				Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga									

		Friday, January 24, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Gatineau, Canada Sun 13 Sutra 285	
Retreat Star		Gulika	8:39AM – 9:51AM	Uttarashadha Until 4:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:27AM		Vikarin 5121	
Makara Rasi: 4.37	Tithi 30 – 1	Yama	2:38PM – 3:49PM	Vajra* Until 3:54PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM		Moon 1 - Phase 39	
		885623466 Rahu	11:02AM – 12:14PM	Kintughna Until 5:23AM Sat	Nataraja: Orange			Amavasya	
Routine Work	Marana Yoga			Amavasya* Until 4:44PM	Moon – Light Blue				Bhuloka Day
					Pausha -Thai				Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau		Gatineau, Canada Sun 14 Sutra 286	
Makara Rasi: 17.05	Tithi 1	Gulika	7:26AM – 8:38AM	Shravana Until 6:08PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:26AM		Vikarin 5121	
		Yama	1:26PM – 2:38PM	Siddhi Until 3:46PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM		Moon 1 - Phase 39	
		995623466 Rahu	9:50AM – 11:02AM	Bava Until 6:05PM	Nataraja: Orange			Prathama	
Creative Work	Siddha Yoga			Prathama* Until 6:05PM	Moon – Purple				Bhuloka Day
					Magha -Thai				Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Varyan Yoga Balava/Kaulava Karana Dvilyayam Titau	Gatineau, Canada Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	Gulika 2:39PM – 3:51PM	Dhanishtha Until 8:21PM	Ganesha: Orange <i>Sunrise:</i> 7:25AM	
		Yama 12:15PM – 1:27PM	Vyatipata* Until 3:57PM	Muruqa: Clear <i>Sunset:</i> 5:04PM	Moon 1 - Phase 40
		995723466 Rahu 3:51PM – 5:04PM	Balava Until 6:56AM	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:50PM	Moon – Purple	Devaloka Day
Until 8:21PM				Magha-Thai	
Then Creative Work - Siddha Yoga					

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau	Gatineau, Canada Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	Gulika 1:27PM – 2:40PM	Shatabhishak Until 10:45PM	Ganesha: Orange <i>Sunrise:</i> 7:25AM	
Family Home Evening		Yama 11:02AM – 12:15PM	Variyan Until 4:23PM	Muruqa: Clear <i>Sunset:</i> 5:05PM	Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 Rahu 8:37AM – 9:50AM	Taitila Until 8:52AM	Nataraja: Orange	3rd Phase
Until 10:45PM			Tritiya Until 9:56PM	Moon – Purple	Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai	

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturtham Titau	Gatineau, Canada Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	Gulika 12:15PM – 1:28PM	Purvaproshtapada* Until 1:44AM Wed	Ganesha: Green <i>Sunrise:</i> 7:24AM	
		Yama 9:49AM – 11:02AM	Parigha* Until 5:02PM	Muruqa: Clear <i>Sunset:</i> 5:06PM	Moon 1 - Phase 40
		915723466 Rahu 2:41PM – 3:54PM	Vanija Until 11:06AM	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 12:18AM Wed	Moon – Clear	Sivaloka Day
Until 1:44AM Wed				Magha-Thai	
Then Creative Work - Siddha Yoga					

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau	Gatineau, Canada Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	Gulika 11:02AM – 12:15PM	Uttaraproshtapada Until 4:41AM Thu	Ganesha: Green <i>Sunrise:</i> 7:22AM	
		Yama 8:36AM – 9:49AM	Shiva Until 5:51PM	Muruqa: Clear <i>Sunset:</i> 5:08PM	Moon 1 - Phase 40
		915723466 Rahu 12:15PM – 1:28PM	Bava Until 1:34PM	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:49AM Thu	Moon – Clear	Sivaloka Day
				Magha-Thai	

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau	Gatineau, Canada Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	Gulika 9:48AM – 11:02AM	Revati Until 7:26AM Fri	Ganesha: Orange <i>Sunrise:</i> 7:21AM	
		Yama 7:21AM – 8:35AM	Siddha Until 6:40PM	Muruqa: Clear <i>Sunset:</i> 5:09PM	Moon 1 - Phase 40
		916723466 Rahu 1:29PM – 2:42PM	Kaulava Until 4:06PM	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 5:19AM Fri	Moon – Clear	Devaloka Day
Until 7:26AM Fri				Magha-Thai	
Then Creative Work - Amrita Yoga					

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau	Gatineau, Canada Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	Gulika 8:34AM – 9:48AM	Revati Until 7:26AM	Ganesha: Orange <i>Sunrise:</i> 7:20AM	
		Yama 2:43PM – 3:57PM	Sadhya Until 7:25PM	Muruqa: Clear <i>Sunset:</i> 5:11PM	Moon 1 - Phase 40
		916723466 Rahu 11:02AM – 12:15PM	Gara Until 6:32PM	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:38AM Sat	Moon – Clear	Devaloka Day
Until 7:26AM				Magha-Thai	
Then Creative Work - Amrita Yoga					

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Gatineau, Canada Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	Gulika 7:20AM – 8:34AM	Ashvini Until 10:20AM	Ganesha: Green <i>Sunrise:</i> 7:20AM	
		Yama 1:29PM – 2:43PM	Subha Until 7:57PM	Muruqa: Clear <i>Sunset:</i> 5:11PM	Moon 1 - Phase 40
		926723466 Rahu 9:48AM – 11:02AM	Visti Until 8:40PM	Nataraja: Orange	Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – White	Bhuloka Day
				Magha-Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Gatineau, Canada Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	Gulika 2:44PM – 3:58PM	Bharani Until 12:39PM	Ganesha: Green <i>Sunrise:</i> 7:19AM	
		Yama 12:16PM – 1:30PM	Sukla Until 8:05PM	Muruqa: Clear <i>Sunset:</i> 5:12PM	Moon 1 - Phase 40
		926723466 Rahu 3:58PM – 5:12PM	Balava Until 10:18PM	Nataraja: Orange	Navami
Routine Work	Prabalarishta Yoga		Ashtami* Until 9:32AM	Moon – White	Bhuloka Day
Until 12:39PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Gatineau, Canada Sun 23 Sutra 295
1	Vrishabha Rasi: 5.37 Tithi 9 – 10	Gulika 1:30PM – 2:45PM	Krittika Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 7:18AM	Vikarin 5121
Family Home Evening	926723466	Yama 11:01AM – 12:16PM	Brahma Until 7:42PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 41
Routine Work Marana Yoga		Rahu 8:32AM – 9:47AM	Taitila Until 11:13PM	Nataraja: Orange		4th Phase
Until 2:12PM			Navami* Until 10:50AM	Moon – White		
Then Creative Work - Amrita Yoga				Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 24 Sutra 296
2	Vrishabha Rasi: 18.17 Tithi 10 – 11	Gulika 12:16PM – 1:31PM	Rohini Until 3:20PM	Ganesha: Red	<i>Sunrise:</i> 7:17AM	Vikarin 5121
	936723467	Yama 9:46AM – 11:01AM	Indra Until 6:44PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 41
Creative Work Amrita Yoga		Rahu 2:45PM – 4:00PM	Vanija Until 11:19PM	Nataraja: Clear		4th Phase
Until 3:20PM			Dashami Until 11:21AM	Moon – Yellow		
Then Creative Work - Siddha Yoga				Magha*Thai	Devaloka Day	

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 25 Sutra 297
3	Mithuna Rasi: 1.22 Tithi 11 – 12	Gulika 11:01AM – 12:16PM	Mrigashira Until 3:29PM	Ganesha: Red	<i>Sunrise:</i> 7:16AM	Vikarin 5121
	936723467	Yama 8:31AM – 9:46AM	Vaidhriti* Until 5:05PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 41
Creative Work Siddha Yoga		Rahu 12:16PM – 1:31PM	Bava Until 10:35PM	Nataraja: Clear		4th Phase
			Ekadashi Until 11:02AM	Moon – Yellow		
				Magha*Thai	Devaloka Day	

Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 26 Sutra 298
4	Mithuna Rasi: 14.54 Tithi 12 – 13	Gulika 9:45AM – 11:01AM	Ardra Until 2:41PM	Ganesha: Red	<i>Sunrise:</i> 7:14AM	Vikarin 5121
	936723467	Yama 7:14AM – 8:30AM	Vishkambha* Until 2:48PM	Muruqa: Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 41
Routine Work Marana Yoga		Rahu 1:31PM – 2:47PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase
Until 2:41PM			Dvadashi Until 9:54AM	Moon – Yellow		
Then Creative Work - Amrita Yoga				Magha*Thai	Devaloka Day	
				<i>Pradosha Vrata</i>		

Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 27 Sutra 299
5	Mithuna Rasi: 28.53 Tithi 13 – 14	Gulika 8:29AM – 9:45AM	Punarvasu Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:13AM	Vikarin 5121
	947723467	Yama 2:48PM – 4:03PM	Priti Until 11:57AM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 41
Creative Work Siddha Yoga		Rahu 11:00AM – 12:16PM	Gara Until 6:50PM	Nataraja: Clear		4th Phase
Until 1:28PM			Trayodashi Until 8:00AM	Moon – Blue		
Then Routine Work - Marana Yoga		Thai Pusam		Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Gatineau, Canada Sutra 300
○	Kataka Rasi: 13.17 Tithi 15	Gulika 7:12AM – 8:28AM	Pushya Until 11:31AM	Ganesha: Blue	<i>Sunrise:</i> 7:12AM	Vikarin 5121
Copper Retreat Star		Yama 1:32PM – 2:48PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 41
	947723467	Rahu 9:44AM – 11:00AM	Visti Until 4:03PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga			Purnima* Until 2:30AM Sun	Moon – Blue		
Until 11:31AM				Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Gatineau, Canada Sutra 301
○	Kataka Rasi: 28.02 Tithi 16	Gulika 2:49PM – 4:05PM	Ashlesha* Until 9:01AM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	Vikarin 5121
Silver Retreat Star		Yama 12:16PM – 1:33PM	Sobhana Until 12:59AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 41
	947723467	Rahu 4:05PM – 5:22PM	Balava Until 12:54PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 11:13PM	Moon – Blue		
Until 9:01AM				Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						



Monday, February 10, 2020

Gold Retreat Star

Simha Rasi: 12.59 Tithi 17

Family Home Evening

957723467

Routine Work Marana Yoga

Until 6:33AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:33PM - 2:50PM Magha* Until 6:33AM

Yama 10:59AM - 12:16PM

Rahu 8:26AM - 9:43AM

Ganesha: Red Sunrise: 7:09AM

Muruqa: Clear Sunset: 5:23PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Gatineau, Canada

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

1

Tuesday, February 11, 2020

Simha Rasi: 27.59 Tithi 18 - 19

Creative Work Amrita Yoga

Until 1:08AM Wed

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:16PM - 1:33PM Uttaraphalguni Until 1:08AM Wed

Yama 9:42AM - 10:59AM

Rahu 2:50PM - 4:07PM

Ganesha: Red Sunrise: 7:08AM

Muruqa: Clear Sunset: 5:25PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

Gatineau, Canada

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

2

Wednesday, February 12, 2020

Kanya Rasi: 12.55 Tithi 19 - 20

Routine Work Marana Yoga

Until 10:56PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:59AM - 12:16PM Hasta Until 10:56PM

Yama 8:24AM - 9:41AM

Rahu 12:16PM - 1:34PM

Ganesha: Green Sunrise: 7:06AM

Muruqa: Clear Sunset: 5:26PM

Nataraja: Clear

Moon - Green

Magha*Thai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Gatineau, Canada

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

3

Thursday, February 13, 2020

Kanya Rasi: 27.38 Tithi 20 - 21

Creative Work Siddha Yoga

Until 8:58PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:41AM - 10:58AM Chitra Until 8:58PM

Yama 7:05AM - 8:23AM

Rahu 1:34PM - 2:52PM

Ganesha: White Sunrise: 7:05AM

Muruqa: Clear Sunset: 5:27PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Gatineau, Canada

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

4

Friday, February 14, 2020

Tula Rasi: 12.02 Tithi 21 - 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:22AM - 9:40AM Svati Until 7:23PM

Yama 2:52PM - 4:11PM

Rahu 10:58AM - 12:16PM

Ganesha: White Sunrise: 7:04AM

Muruqa: Clear Sunset: 5:29PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Gatineau, Canada

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

D

Saturday, February 15, 2020

Retreat Star

Tula Rasi: 26.04 Tithi 22 - 23

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Gulika 7:02AM - 8:21AM Vishakha Until 6:39PM

Yama 1:35PM - 2:53PM

Rahu 9:39AM - 10:58AM

Ganesha: Clear Sunrise: 7:02AM

Muruqa: Clear Sunset: 5:30PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Gatineau, Canada

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Sunday, February 16, 2020

Retreat Star

Vrischika Rasi: 9.44 Tithi 24

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:54PM - 4:13PM Anuradha Until 6:23PM

Yama 12:16PM - 1:35PM

Rahu 4:13PM - 5:32PM

Ganesha: Clear Sunrise: 7:01AM

Muruqa: Clear Sunset: 5:32PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Gatineau, Canada

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam			Gatineau, Canada	
1		Jyeshtha* Until 6:33PM			Sun 7 Sutra 309	
Vrischika Rasi: 23.04	Tithi 25	Gulika 1:35PM – 2:54PM	Ganesha: Clear		Sunrise: 6:59AM	Vikarin 5121
Family Home Evening	978723467	Yama 10:57AM – 12:16PM	Muruga: Clear		Sunset: 5:33PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga	Rahu 8:18AM – 9:38AM	Nataraja: Clear			2nd Phase
			Moon – Orange			
			Dashami Until 4:03AM Tue			Devaloka Day
			Magha-Masi			

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam			Gatineau, Canada	
2		Mula* Until 7:36PM			Sun 8 Sutra 310	
Dhanus Rasi: 6.04	Tithi 26	Gulika 12:16PM – 1:35PM	Ganesha: Purple		Sunrise: 6:58AM	Vikarin 5121
Creative Work	Amrita Yoga	Yama 9:37AM – 10:56AM	Muruga: Clear		Sunset: 5:34PM	Moon 2 - Phase 43
Until 7:36PM	988723467	Rahu 2:55PM – 4:15PM	Nataraja: Clear			2nd Phase
Then Creative Work - Siddha Yoga			Moon – Light Blue			
			Ekadashi* Until 4:34AM Wed			Bhuloka Day
			Magha-Masi			Devaloka Time: 3:PM to 6:PM

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam			Gatineau, Canada	
3		Purvashadha* Until 8:58PM			Sun 9 Sutra 311	
Dhanus Rasi: 18.49	Tithi 27	Gulika 10:56AM – 12:16PM	Ganesha: Purple		Sunrise: 6:56AM	Vikarin 5121
Creative Work	Amrita Yoga	Yama 8:16AM – 9:36AM	Muruga: Clear		Sunset: 5:36PM	Moon 2 - Phase 43
	988723467	Rahu 12:16PM – 1:36PM	Nataraja: Clear			2nd Phase
			Moon – Light Blue			
			Dvadashi* Until 5:32AM Thu			Bhuloka Day
			Magha-Masi			Devaloka Time: 3:PM to 6:PM

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam			Gatineau, Canada	
4		Uttarashadha Until 10:35PM			Sun 10 Sutra 312	
Makara Rasi: 1.2	Tithi 28	Gulika 9:35AM – 10:55AM	Ganesha: Purple		Sunrise: 6:54AM	Vikarin 5121
Routine Work	Marana Yoga	Yama 6:54AM – 8:15AM	Muruga: Clear		Sunset: 5:37PM	Moon 2 - Phase 43
Until 10:35PM	989823467	Rahu 1:36PM – 2:56PM	Nataraja: Clear			2nd Phase
Then Creative Work - Siddha Yoga			Moon – Light Blue			
			Trayodashi* Until 6:55AM Fri			Bhuloka Day
			Magha-Masi			Devaloka Time: 3:PM to 6:PM
			Pradosha Vrata (Fasting)			

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam			Gatineau, Canada	
5		Shravana Until 12:52AM Sat			Sun 11 Sutra 313	
Makara Rasi: 13.42	Tithi 28 – 29	Gulika 8:14AM – 9:34AM	Ganesha: Light Blue		Sunrise: 6:53AM	Vikarin 5121
Routine Work	Marana Yoga	Yama 2:57PM – 4:18PM	Muruga: Clear		Sunset: 5:38PM	Moon 2 - Phase 43
Until 12:52AM Sat	999823467	Rahu 10:55AM – 12:16PM	Nataraja: Clear			2nd Phase
Then Creative Work - Siddha Yoga			Moon – Purple			
			Trayodashi* Until 6:55AM			Bhuloka Day
			Magha-Masi			Devaloka Time: 3:PM to 6:PM

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam			Gatineau, Canada	
Retreat Star		Dhanishtha Until 3:16AM Sun			Sun 12 Sutra 314	
Makara Rasi: 25.55	Tithi 29 – 30	Gulika 6:51AM – 8:12AM	Ganesha: Light Blue		Sunrise: 6:51AM	Vikarin 5121
Creative Work	Siddha Yoga	Yama 1:37PM – 2:58PM	Muruga: Clear		Sunset: 5:40PM	Moon 2 - Phase 43
	999823467	Rahu 9:33AM – 10:54AM	Nataraja: Clear			Amavasya
			Moon – Purple			
			Chaturdashi* Until 8:37AM			Bhuloka Day
			Magha-Masi			Devaloka Time: 3:PM to 6:PM

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Gatineau, Canada	
Retreat Star		Shatabhishak Until 5:43AM Mon			Sun 13 Sutra 315	
Kumbha Rasi: 8.02	Tithi 30 – 1	Gulika 2:58PM – 4:20PM	Ganesha: Light Blue		Sunrise: 6:50AM	Vikarin 5121
Creative Work	Siddha Yoga	Yama 12:15PM – 1:37PM	Muruga: Clear		Sunset: 5:41PM	Moon 2 - Phase 43
Until 5:43AM Mon	999823467	Rahu 4:20PM – 5:41PM	Nataraja: Clear			Prathama
Then Routine Work - Marana Yoga			Moon – Purple			
			Amavasya* Until 10:36AM			Bhuloka Day
			Phalgun-Masi			Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Gatineau, Canada Sun 14 Sutra 316	
1		Gulika 1:37PM – 2:59PM	Purvaproshtapada* Until 8:41AM Tue	Ganesha: Orange	Sunrise: 6:48AM	Vikarin 5121
Kumbha Rasi: 20.03	Tithi 1 – 2	Yama 10:53AM – 12:15PM	Siddha Until 10:15PM	Muruqa: Clear	Sunset: 5:42PM	Moon 2 - Phase 44
Family Home Evening	919823467	Rahu 8:10AM – 9:32AM	Balava Until 2:00AM Tue	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Prathama* Until 12:48PM	Moon – Clear		Devaloka Day
Until 8:41AM Tue				Phalguna-Masi		
Then Creative Work - Amrita Yoga						

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Gatineau, Canada Sun 15 Sutra 317	
2		Gulika 12:15PM – 1:37PM	Purvaproshtapada* Until 8:41AM	Ganesha: Orange	Sunrise: 6:46AM	Vikarin 5121
Meena Rasi: 1.59	Tithi 2 – 3	Yama 9:31AM – 10:53AM	Sadhya Until 11:02PM	Muruqa: Clear	Sunset: 5:44PM	Moon 2 - Phase 44
	919823467	Rahu 2:59PM – 4:22PM	Taitila Until 4:27AM Wed	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 3:11PM	Moon – Clear		Devaloka Day
Until 8:41AM				Phalguna-Masi		
Then Creative Work - Amrita Yoga						

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Gatineau, Canada Sun 16 Sutra 318	
3		Gulika 10:52AM – 12:15PM	Uttaraproshtapada Until 11:36AM	Ganesha: Orange	Sunrise: 6:45AM	Vikarin 5121
Meena Rasi: 13.53	Tithi 3 – 4	Yama 8:07AM – 9:30AM	Subha Until 11:55PM	Muruqa: Clear	Sunset: 5:45PM	Moon 2 - Phase 44
	919823467	Rahu 12:15PM – 1:37PM	Vanija Until 6:58AM Thu	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 5:41PM	Moon – Clear		Devaloka Day
Until 11:36AM				Phalguna-Masi		
Then Routine Work - Marana Yoga						

Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau			Gatineau, Canada Sun 17 Sutra 319	
4		Gulika 9:29AM – 10:52AM	Revati Until 2:25PM	Ganesha: Orange	Sunrise: 6:43AM	Vikarin 5121
Meena Rasi: 25.45	Tithi 4	Yama 6:43AM – 8:06AM	Sukla Until 12:45AM Fri	Muruqa: Clear	Sunset: 5:46PM	Moon 2 - Phase 44
	919823467	Rahu 1:38PM – 3:01PM	Vanija Until 6:58AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 8:12PM	Moon – Clear		Devaloka Day
Until 2:25PM				Phalguna-Masi		
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day				

Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau			Gatineau, Canada Sun 18 Sutra 320	
5		Gulika 8:05AM – 9:28AM	Ashvini Until 5:29PM	Ganesha: Purple	Sunrise: 6:41AM	Vikarin 5121
Mesha Rasi: 7.37	Tithi 5	Yama 3:01PM – 4:24PM	Brahma Until 1:31AM Sat	Muruqa: Clear	Sunset: 5:48PM	Moon 2 - Phase 44
	921823467	Rahu 10:51AM – 12:15PM	Bava Until 9:27AM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Panchami Until 10:37PM	Moon – White		Bhuloka Day
Until 5:29PM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau			Gatineau, Canada Sun 19 Sutra 321	
6		Gulika 6:40AM – 8:03AM	Bharani Until 8:10PM	Ganesha: Purple	Sunrise: 6:40AM	Vikarin 5121
Mesha Rasi: 19.33	Tithi 6	Yama 1:38PM – 3:02PM	Indra Until 2:05AM Sun	Muruqa: Clear	Sunset: 5:49PM	Moon 2 - Phase 44
	921823467	Rahu 9:27AM – 10:51AM	Kaulava Until 11:45AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 12:45AM Sun	Moon – White		Bhuloka Day
Until 8:10PM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau			Gatineau, Canada Sun 20 Sutra 322	
Retreat Star		Gulika 3:03PM – 4:27PM	Krittika Until 10:16PM	Ganesha: Purple	Sunrise: 6:36AM	Vikarin 5121
Virshabha Rasi: 1.37	Tithi 7	Yama 12:14PM – 1:38PM	Vaidhriti* Until 2:14AM Mon	Muruqa: Orange	Sunset: 5:52PM	Moon 2 - Phase 44
	921833467	Rahu 4:27PM – 5:52PM	Gara Until 1:41PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 2:25AM Mon	Moon – White		Bhuloka Day
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau			Gatineau, Canada Sun 21 Sutra 323	
Retreat Star		Gulika 1:39PM – 3:03PM	Rohini Until 12:04AM Tue	Ganesha: Clear	Sunrise: 6:35AM	Vikarin 5121
Virshabha Rasi: 13.53	Tithi 8	Yama 10:49AM – 12:14PM	Vishkambha* Until 1:54AM Tue	Muruqa: Orange	Sunset: 5:53PM	Moon 2 - Phase 44
Family Home Evening	931833467	Rahu 7:59AM – 9:24AM	Visti Until 3:01PM	Nataraja: Clear		Ashtami
Creative Work Amrita Yoga			Ashtami* Until 3:23AM Tue	Moon – Yellow		Devaloka Day
Until 12:04AM Tue				Phalguna-Masi		
Then Creative Work - Siddha Yoga						

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau			Gatineau, Canada Sun 22 Sutra 324	
Retreat Star		Gulika 12:14PM – 1:39PM	Mrigashira Until 12:55AM Wed	Ganesha: Clear	Sunrise: 6:33AM	Vikarin 5121
Virshabha Rasi: 26.28	Tithi 9	Yama 9:23AM – 10:48AM	Priti Until 12:57AM Wed	Muruqa: Orange	Sunset: 5:54PM	Moon 2 - Phase 44
	931833467	Rahu 3:04PM – 4:29PM	Balava Until 3:36PM	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Navami* Until 3:33AM Wed	Moon – Yellow		Devaloka Day
				Phalguna-Masi		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Gatineau, Canada Sun 23 Sutra 325 Vikarin 5121
	Mithuna Rasi: 9.26	Tithi 10	Gulika 10:48AM – 12:13PM	Ardra Until 12:47AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:31AM	
			Yama 7:57AM – 9:22AM	Ayushman Until 11:18PM	Muruqa: Orange	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 45
		131833467	Rahu 12:13PM – 1:39PM	Taitila Until 3:19PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Dashami Until 2:49AM Thu	Phalguna-Masi		Devaloka Day	
Until 12:47AM Thu							
Then Creative Work - Amrita Yoga							

2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau				Gatineau, Canada Sun 24 Sutra 326 Vikarin 5121
	Mithuna Rasi: 22.52	Tithi 11	Gulika 9:21AM – 10:47AM	Punarvasu Until 12:05AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	
			Yama 6:29AM – 7:55AM	Saubhagya Until 8:58PM	Muruqa: Orange	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 45
		141833467	Rahu 1:39PM – 3:05PM	Vanija Until 2:09PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Ekadashi Until 1:14AM Fri	Phalguna-Masi		Bhuloka Day	
Until 12:05AM Fri						Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Gatineau, Canada Sun 25 Sutra 327 Vikarin 5121
	Kataka Rasi: 6.48	Tithi 12	Gulika 7:54AM – 9:20AM	Pushya Until 10:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	
			Yama 3:05PM – 4:32PM	Sobhana Until 6:00PM	Muruqa: Orange	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 45
		141833467	Rahu 10:46AM – 12:13PM	Bava Until 12:10PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dvadashi Until 10:53PM	Phalguna-Masi		Bhuloka Day	
Until 10:53PM						Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Gatineau, Canada Sun 26 Sutra 328 Vikarin 5121
	Kataka Rasi: 21.13	Tithi 13	Gulika 6:26AM – 7:52AM	Ashlesha* Until 8:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:26AM	
			Yama 1:39PM – 3:06PM	Athiganda* Until 2:29PM	Muruqa: Orange	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 45
		141833467	Rahu 9:19AM – 10:46AM	Kaulava Until 9:29AM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Trayodashi Until 7:54PM	Phalguna-Masi		Bhuloka Day	
Until 8:07PM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata</i>							

5	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Gatineau, Canada Sun 27 Sutra 329 Vikarin 5121
	Simha Rasi: 6.04	Tithi 14 – 15	Gulika 3:07PM – 4:34PM	Magha* Until 5:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	
			Yama 12:12PM – 1:39PM	Sukarma Until 10:34AM	Muruqa: Orange	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 45
		151833467	Rahu 4:34PM – 6:01PM	Gara Until 6:15AM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Chaturdashi* Until 4:27PM	Phalguna-Masi		Devaloka Day	
Until 5:33PM							
Then Creative Work - Siddha Yoga		Chidambaram Abhishekam					

	Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Gatineau, Canada Sutra 330 Vikarin 5121
	Simha Rasi: 21.12	Tithi 15 – 16	Gulika 1:40PM – 3:07PM	Purvaphalguni Until 2:34PM	Ganesha: White	<i>Sunrise:</i> 6:22AM	
	Family Home Evening		Yama 10:45AM – 12:12PM	Dhriti Until 6:23AM	Muruqa: Orange	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45
		152833467	Rahu 7:50AM – 9:17AM	Balava Until 10:49PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga			Purnima* Until 12:43PM	Phalguna-Masi		Sivaloka Day	
		Holi					

6	Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Gatineau, Canada Sutra 331 Vikarin 5121
	Kanya Rasi: 6.29	Tithi 16 – 17	Gulika 12:12PM – 1:40PM	Uttaraphalguni Until 11:22AM	Ganesha: White	<i>Sunrise:</i> 6:20AM	
			Yama 9:16AM – 10:44AM	Ganda* Until 9:41PM	Muruqa: Orange	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 45
		152833467	Rahu 3:08PM – 4:35PM	Taitila Until 6:59PM	Nataraja: Clear		Prathama
Creative Work Amrita Yoga			Prathama* Until 8:53AM	Phalguna-Masi		Sivaloka Day	
Until 11:22AM							
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Gatineau, Canada

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

Gulika 10:43AM - 12:12PM
Yama 7:47AM - 9:15AM
Rahu 12:12PM - 1:40PM

Hasta Until 8:31AM
Vriddhi Until 5:31PM
Vanija Until 3:18PM
Tritiya Until 1:33AM Thu

Ganesha: Clear Sunrise: 6:18AM
Muruga: Orange Sunset: 6:05PM
Nataraja: Clear
Moon - Green

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Gatineau, Canada

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

Gulika 9:14AM - 10:43AM
Yama 6:17AM - 7:45AM
Rahu 1:40PM - 3:09PM

Svati Until 3:24AM Fri
Dhruva Until 1:36PM
Bava Until 11:57AM
Chaturthi* Until 10:25PM

Ganesha: Clear Sunrise: 6:17AM
Muruga: Orange Sunset: 6:06PM
Nataraja: Clear
Moon - Green

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gatineau, Canada

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

Gulika 7:44AM - 9:13AM
Yama 3:09PM - 4:38PM
Rahu 10:42AM - 12:11PM

Vishakha Until 1:51AM Sat
Vyaghata* Until 10:06AM
Kaulava Until 9:04AM
Panchami Until 7:50PM

Ganesha: Purple Sunrise: 6:15AM
Muruga: Orange Sunset: 6:07PM
Nataraja: Clear
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Gatineau, Canada

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 - 22

172833468

Gulika 6:13AM - 7:42AM
Yama 1:40PM - 3:10PM
Rahu 9:12AM - 10:41AM

Anuradha Until 12:52AM Sun
Harshana Until 7:08AM
Gara Until 6:49AM
Shashthi* Until 5:56PM

Ganesha: Purple Sunrise: 6:13AM
Muruga: Orange Sunset: 6:08PM
Nataraja: Purple
Moon - Orange

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gatineau, Canada

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 - 23

172933468

Gulika 3:10PM - 4:40PM
Yama 12:10PM - 1:40PM
Rahu 4:40PM - 6:10PM

Jyeshtha* Until 12:31AM Mon
Siddhi Until 2:58AM Mon
Balava Until 4:33AM Mon
Saptami Until 4:48PM

Ganesha: Clear Sunrise: 6:11AM
Muruga: Orange Sunset: 6:10PM
Nataraja: Purple
Moon - Orange

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gatineau, Canada

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 - 24

182933468

Gulika 1:40PM - 3:10PM
Yama 10:40AM - 12:10PM
Rahu 7:40AM - 9:10AM

Mula* Until 1:13AM Tue
Vyatipata* Until 1:50AM Tue
Taitila Until 4:36AM Tue
Ashtami* Until 4:28PM

Ganesha: Purple Sunrise: 6:09AM
Muruga: Orange Sunset: 6:11PM
Nataraja: Purple
Moon - Light Blue

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gatineau, Canada

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 - 25

182933468

Gulika 12:10PM - 1:40PM
Yama 9:09AM - 10:39AM
Rahu 3:11PM - 4:42PM

Purvashadha* Until 2:29AM Wed
Variyan Until 1:14AM Wed
Vanija Until 5:21AM Wed
Navami* Until 4:52PM

Ganesha: Purple Sunrise: 6:08AM
Muruga: Orange Sunset: 6:12PM
Nataraja: Purple
Moon - Light Blue

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Gatineau, Canada Sun 8 Sutra 339
Dhanus Rasi: 28.29	Tithi 25 – 26	Gulika 10:39AM – 12:10PM	Uttarashadha Until 4:10AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:06AM	Vikarin 5121
		Yama 7:37AM – 9:08AM	Parigha* Until 1:07AM Thu	Muruqa: Orange <i>Sunset:</i> 6:13PM	Moon 3 - Phase 47
		182933468 Rahu 12:10PM – 1:40PM	Bava Until 6:42AM Thu	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue	Devaloka Day
Until 4:10AM Thu				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Gatineau, Canada Sun 9 Sutra 340
Makara Rasi: 10.5	Tithi 26	Gulika 9:07AM – 10:38AM	Shravana Until 6:37AM Fri	Ganesha: Clear <i>Sunrise:</i> 6:04AM	Vikarin 5121
		Yama 6:04AM – 7:35AM	Shiva Until 1:23AM Fri	Muruqa: Orange <i>Sunset:</i> 6:15PM	Moon 3 - Phase 47
		192933468 Rahu 1:41PM – 3:12PM	Bava Until 6:42AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau	Gatineau, Canada Sun 10 Sutra 341
Makara Rasi: 23.01	Tithi 27	Gulika 7:34AM – 9:05AM	Shravana Until 6:37AM	Ganesha: Clear <i>Sunrise:</i> 6:02AM	Vikarin 5121
		Yama 3:12PM – 4:44PM	Siddha Until 1:53AM Sat	Muruqa: Orange <i>Sunset:</i> 6:16PM	Moon 3 - Phase 47
		192933468 Rahu 10:37AM – 12:09PM	Kaulava Until 8:30AM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple	Sivaloka Day
Until 6:37AM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Gatineau, Canada Sun 11 Sutra 342
Kumbha Rasi: 5.04	Tithi 28	Gulika 6:00AM – 7:32AM	Dhanishtha Until 9:12AM	Ganesha: Clear <i>Sunrise:</i> 6:00AM	Vikarin 5121
		Yama 1:41PM – 3:13PM	Sadhya Until 2:34AM Sun	Muruqa: Orange <i>Sunset:</i> 6:17PM	Moon 3 - Phase 47
		192933468 Rahu 9:04AM – 10:37AM	Gara Until 10:36AM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple	Sivaloka Day
Until 9:12AM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Gatineau, Canada Sun 12 Sutra 343
Kumbha Rasi: 17.01	Tithi 29	Gulika 3:13PM – 4:46PM	Shatabhishak Until 11:48AM	Ganesha: White <i>Sunrise:</i> 5:58AM	Vikarin 5121
		Yama 12:08PM – 1:41PM	Subha Until 3:22AM Mon	Muruqa: Orange <i>Sunset:</i> 6:18PM	Moon 3 - Phase 47
		193933468 Rahu 4:46PM – 6:18PM	Visti* Until 12:53PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple	Subha Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Gatineau, Canada Sun 13 Sutra 344
Kumbha Rasi: 28.56	Tithi 30	Gulika 1:41PM – 3:14PM	Purvaproshtapada* Until 2:51PM	Ganesha: Yellow <i>Sunrise:</i> 5:56AM	Vikarin 5121
Family Home Evening		Yama 10:35AM – 12:08PM	Sukla Until 4:12AM Tue	Muruqa: Orange <i>Sunset:</i> 6:20PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 Rahu 7:29AM – 9:02AM	Catuspada Until 3:17PM	Nataraja: Purple	Amavasya
Until 2:51PM			Amavasya* Until 4:28AM Tue	Moon – Clear	Sivaloka Day
Then Creative Work - Siddha Yoga				Phalguna-Panguni	

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau	Gatineau, Canada Sun 14 Sutra 345
Meena Rasi: 10.49	Tithi 1	Gulika 12:08PM – 1:41PM	Uttaraproshtapada Until 5:47PM	Ganesha: Yellow <i>Sunrise:</i> 5:55AM	Vikarin 5121
		Yama 9:01AM – 10:34AM	Brahma Until 5:04AM Wed	Muruqa: Orange <i>Sunset:</i> 6:21PM	Moon 3 - Phase 47
		113933468 Rahu 3:14PM – 4:48PM	Kintughna Until 5:43PM	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear	Sivaloka Day
Until 5:47PM		Yugadhi		Chaitra-Panguni	
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Gatineau, Canada Sun 15 Sutra 346	
Meena Rasi: 22.42	Tithi 1 – 2	Gulika 10:34AM – 12:07PM	Revati Until 8:33PM	Ganesha: Yellow	Sunrise: 5:53AM		Vikarin 5121
		Yama 7:26AM – 9:00AM	Indra Until 5:55AM Thu	Muruqa: Orange	Sunset: 6:22PM		Moon 3 - Phase 48
		113933468 Rahu 12:07PM – 1:41PM	Balava Until 8:10PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Prathama* Until 6:55AM	Moon – Clear		Sivaloka Day	
				Chaitra•Panguni			
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Gatineau, Canada Sun 16 Sutra 347	
Mesha Rasi: 4.35	Tithi 2 – 3	Gulika 8:59AM – 10:33AM	Ashvini Until 11:36PM	Ganesha: Red	Sunrise: 5:51AM		Vikarin 5121
		Yama 5:51AM – 7:25AM	Vaidhriti* Until 6:41AM Fri	Muruqa: Orange	Sunset: 6:23PM		Moon 3 - Phase 48
		123933468 Rahu 1:41PM – 3:15PM	Taitila Until 10:33PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 9:21AM	Moon – White		Sivaloka Day	
Until 11:36PM		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Gatineau, Canada Sun 17 Sutra 348	
Mesha Rasi: 16.31	Tithi 3 – 4	Gulika 7:24AM – 8:58AM	Bharani Until 2:19AM Sat	Ganesha: Red	Sunrise: 5:49AM		Vikarin 5121
		Yama 3:16PM – 4:50PM	Vaidhriti* Until 6:41AM	Muruqa: Orange	Sunset: 6:24PM		Moon 3 - Phase 48
		123933468 Rahu 10:32AM – 12:07PM	Vanija Until 12:47AM Sat	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:40AM	Moon – White		Sivaloka Day	
Until 2:19AM Sat				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Gatineau, Canada Sun 18 Sutra 349	
Mesha Rasi: 28.3	Tithi 4 – 5	Gulika 5:47AM – 7:22AM	Krittika Until 4:37AM Sun	Ganesha: Red	Sunrise: 5:47AM		Vikarin 5121
		Yama 1:41PM – 3:16PM	Vishkambha* Until 7:20AM	Muruqa: Orange	Sunset: 6:26PM		Moon 3 - Phase 48
		123933468 Rahu 8:57AM – 10:32AM	Bava Until 2:44AM Sun	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 1:47PM	Moon – White		Sivaloka Day	
Until 4:37AM Sun				Chaitra•Panguni			
Then Creative Work - Siddha Yoga							
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Gatineau, Canada Sun 19 Sutra 350	
Wrishabha Rasi: 10.37	Tithi 5 – 6	Gulika 3:17PM – 4:52PM	Rohini Until 6:50AM Mon	Ganesha: Blue	Sunrise: 5:45AM		Vikarin 5121
		Yama 12:06PM – 1:41PM	Priti Until 7:46AM	Muruqa: Orange	Sunset: 6:27PM		Moon 3 - Phase 48
		133933468 Rahu 4:52PM – 6:27PM	Kaulava Until 4:16AM Mon	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:33PM	Moon – Yellow		Subha Sivaloka Day	
Until 6:50AM Mon				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Gatineau, Canada Sun 20 Sutra 351	
Wrishabha Rasi: 22.53	Tithi 6 – 7	Gulika 1:41PM – 3:17PM	Rohini Until 6:50AM	Ganesha: Blue	Sunrise: 5:44AM		Vikarin 5121
Family Home Evening		Yama 10:30AM – 12:06PM	Ayushman Until 7:50AM	Muruqa: Orange	Sunset: 6:28PM		Moon 3 - Phase 48
		133933468 Rahu 7:19AM – 8:55AM	Gara Until 5:13AM Tue	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 4:49PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			
Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Gatineau, Canada Sun 21 Sutra 352	
Mithuna Rasi: 5.26	Tithi 7 – 8	Gulika 12:06PM – 1:42PM	Mrigashira Until 8:17AM	Ganesha: Blue	Sunrise: 5:42AM		Vikarin 5121
		Yama 8:54AM – 10:30AM	Saubhagya Until 7:26AM	Muruqa: Orange	Sunset: 6:29PM		Moon 3 - Phase 48
		133933468 Rahu 3:17PM – 4:53PM	Visti Until 5:26AM Wed	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:25PM	Moon – Yellow		Subha Sivaloka Day	
Until 8:17AM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Gatineau, Canada Sun 22 Sutra 353	
Mithuna Rasi: 18.2	Tithi 8 – 9	Gulika 10:30AM – 12:06PM	Ardra Until 8:53AM	Ganesha: Blue	Sunrise: 5:42AM		Vikarin 5121
		Yama 7:18AM – 8:54AM	Sobhana Until 6:29AM	Muruqa: Orange	Sunset: 6:29PM		Moon 3 - Phase 48
		133933468 Rahu 12:06PM – 1:42PM	Balava Until 4:51AM Thu	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:14PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			
Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Gatineau, Canada Sun 23 Sutra 354	
Kataka Rasi: 1.38	Tithi 9 – 10	Gulika 8:53AM – 10:29AM	Punarvasu Until 8:59AM	Ganesha: Yellow	Sunrise: 5:40AM		Vikarin 5121
		Yama 5:40AM – 7:16AM	Sukarma Until 2:37AM Fri	Muruqa: Orange	Sunset: 6:31PM		Moon 3 - Phase 48
		143933468 Rahu 1:42PM – 3:18PM	Taitila Until 3:26AM Fri	Nataraja: Purple			Navami
Creative Work	Amrita Yoga		Navami* Until 4:13PM	Moon – Blue		Sivaloka Day	
		Sri Rama Navami		Chaitra•Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau			Gatineau, Canada Sun 24 Sutra 355
Kataka Rasi: 15.25	Tithi 10 – 11	Gulika 7:15AM – 8:52AM	Pushya Until 8:08AM	Ganesha: Yellow <i>Sunrise:</i> 5:38AM	Vikarin 5121
		Yama 3:18PM – 4:55PM	Dhriti Until 11:46PM	Muruqa: Orange <i>Sunset:</i> 6:32PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 10:28AM – 12:05PM	Vanija Until 1:15AM Sat	Nataraja: Purple	4th Phase
			Yogaswami Mahasamadhi	Moon – Blue	Sivaloka Day
			Dashami Until 2:25PM	Chaitra•Panguni	

2 Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Gatineau, Canada Sun 25 Sutra 356
Kataka Rasi: 29.4	Tithi 11 – 12	Gulika 5:36AM – 7:13AM	Ashlesha* Until 6:24AM	Ganesha: Yellow <i>Sunrise:</i> 5:36AM	Vikarin 5121
		Yama 1:42PM – 3:19PM	Shula* Until 8:20PM	Muruqa: Orange <i>Sunset:</i> 6:33PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 8:51AM – 10:28AM	Bava Until 10:25PM	Nataraja: Purple	4th Phase
Until 6:24AM			Ekadashi Until 11:54AM	Moon – Blue	Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra•Panguni	

3 Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Gatineau, Canada Sun 26 Sutra 357
Simha Rasi: 14.22	Tithi 12 – 13	Gulika 3:19PM – 4:57PM	Purvaphalguni Until 1:38AM Mon	Ganesha: White <i>Sunrise:</i> 5:35AM	Vikarin 5121
		Yama 12:04PM – 1:42PM	Ganda* Until 4:29PM	Muruqa: Orange <i>Sunset:</i> 6:34PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 Rahu 4:57PM – 6:34PM	Kaulava Until 7:05PM	Nataraja: Purple	4th Phase
			Dvadashi Until 8:47AM	Moon – Red	Subha Sivaloka Day
				Chaitra•Panguni	
				<i>Pradosha Vrata</i>	

4 Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau			Gatineau, Canada Sun 27 Sutra 358
Simha Rasi: 29.25	Tithi 14	Gulika 1:42PM – 3:20PM	Uttaraphalguni Until 10:32PM	Ganesha: Clear <i>Sunrise:</i> 5:33AM	Vikarin 5121
Family Home Evening		Yama 10:26AM – 12:04PM	Vridhhi Until 12:21PM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:11AM – 8:48AM	Gara Until 3:23PM	Nataraja: Purple	4th Phase
			Chaturdashi* Until 1:27AM Tue	Moon – Red	Sivaloka Day
				Chaitra•Panguni	

○ Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau			Gatineau, Canada Sutra 359
Copper Retreat Star		Gulika 12:04PM – 1:42PM	Hasta Until 7:34PM	Ganesha: Purple <i>Sunrise:</i> 5:31AM	Vikarin 5121
Kanya Rasi: 14.4	Tithi 15	Yama 8:47AM – 10:26AM	Dhruva Until 8:01AM	Muruqa: Orange <i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:20PM – 4:59PM	Visti Until 11:31AM	Nataraja: Purple	Purnima
			Purnima* Until 9:33PM	Moon – Green	Devaloka Day
		Panguni Uttiram		Chaitra•Panguni	
		Hanuman Jayanti			

Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau			Gatineau, Canada Sutra 360
Silver Retreat Star		Gulika 10:25AM – 12:04PM	Chitra Until 4:33PM	Ganesha: Purple <i>Sunrise:</i> 5:29AM	Vikarin 5121
Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:08AM – 8:46AM	Harshana Until 11:27PM	Muruqa: Clear <i>Sunset:</i> 6:38PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 12:04PM – 1:42PM	Balava Until 7:39AM	Nataraja: Purple	Prathama
			Prathama* Until 5:45PM	Moon – Green	Devaloka Day
				Chaitra•Panguni	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gatineau, Canada
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 15.07 Tithi 17 - 18

Gulika 8:45AM - 10:24AM
Yama 5:27AM - 7:06AM
164134468 **Rahu** 1:42PM - 3:21PM

Svati Until 1:39PM
Vajra* Until 7:28PM
Vanija Until 12:36AM Fri
Dvitiya Until 2:12PM

Ganesha: White *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Purple
Moon - Green
Chaitra+Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 1:39PM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Gatineau, Canada
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 30 Tithi 18 - 19

Gulika 7:05AM - 8:44AM
Yama 3:22PM - 5:01PM
174134468 **Rahu** 10:24AM - 12:03PM

Vishakha Until 11:27AM
Siddhi Until 3:54PM
Bava Until 9:46PM
Tritiya Until 11:06AM

Ganesha: Yellow *Sunrise:* 5:26AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gatineau, Canada
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 14.28 Tithi 19 - 20

Gulika 5:24AM - 7:04AM
Yama 1:42PM - 3:22PM
174134468 **Rahu** 8:43AM - 10:23AM

Anuradha Until 9:43AM
Vyatipala* Until 12:51PM
Kaulava Until 7:36PM
Chaturthi* Until 8:34AM

Ganesha: Yellow *Sunrise:* 5:24AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha/Mula* Nakshatra Varyian/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gatineau, Canada
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 28.26 Tithi 20 - 21

Gulika 3:23PM - 5:03PM
Yama 12:03PM - 1:43PM
174134468 **Rahu** 5:03PM - 6:43PM

Jyeshtha* Until 8:33AM
Varyian Until 10:23AM
Gara Until 6:12PM
Panchami Until 6:47AM

Ganesha: Yellow *Sunrise:* 5:22AM
Muruqa: Clear *Sunset:* 6:43PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 8:33AM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Gatineau, Canada
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 11.56 Tithi 22

Family Home Evening

Gulika 1:43PM - 3:23PM
Yama 10:22AM - 12:02PM
184134468 **Rahu** 7:01AM - 8:41AM

Mula* Until 8:31AM
Parigha* Until 8:36AM
Visti Until 5:39PM
Saptami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 5:20AM
Muruqa: Clear *Sunset:* 6:44PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 8:31AM

Then Routine Work - Marana Yoga

Tamil New Year

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gatineau, Canada
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 24.59 Tithi 23

Gulika 12:02PM - 1:43PM
Yama 8:40AM - 10:21AM
284134468 **Rahu** 3:24PM - 5:04PM

Purvashadha* Until 9:09AM
Shiva Until 7:30AM
Balava Until 5:57PM
Ashtami* Until 6:22AM Wed

Ganesha: Yellow *Sunrise:* 5:19AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 9:09AM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gatineau, Canada
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 7.37 Tithi 23 - 24

Gulika 10:21AM - 12:02PM
Yama 6:58AM - 8:39AM
284134468 **Rahu** 12:02PM - 1:43PM

Uttarashadha Until 10:24AM
Siddha Until 7:00AM
Taitila Until 6:59PM
Ashtami* Until 6:22AM

Ganesha: Yellow *Sunrise:* 5:17AM
Muruqa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 10:24AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Gatineau, Canada Sun 8 Sutra 4
	Makara Rasi: 19.58	Tithi 24 – 25	Gulika 8:38AM – 10:20AM	Shravana Until 12:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:15AM	Sarvari 5122
			Yama 5:15AM – 6:57AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	294134468 Rahu 1:43PM – 3:25PM	Vanija Until 8:38PM	Nataraja: Purple		2nd Phase
			Navami* Until 7:44AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Gatineau, Canada Sun 9 Sutra 5
	Kumbha Rasi: 2.05	Tithi 25 – 26	Gulika 6:56AM – 8:37AM	Dhanishtha Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:14AM	Sarvari 5122
			Yama 3:25PM – 5:07PM	Subha Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	294134468 Rahu 10:19AM – 12:01PM	Bava Until 10:43PM	Nataraja: Purple		2nd Phase
			Dashami Until 9:37AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			


3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Gatineau, Canada Sun 10 Sutra 6
	Kumbha Rasi: 14.04	Tithi 26 – 27	Gulika 5:12AM – 6:54AM	Shatabhishak Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	Sarvari 5122
			Yama 1:43PM – 3:26PM	Sukla Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 1
	Creative Work	Amrita Yoga	295134468 Rahu 8:37AM – 10:19AM	Kaulava Until 1:03AM Sun	Nataraja: Purple		2nd Phase
			Ekadashi* Until 11:51AM	Moon – Purple		Sivaloka Day	
				Chaitra*Chaitra			

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Gatineau, Canada Sun 11 Sutra 7
	Kumbha Rasi: 25.58	Tithi 27 – 28	Gulika 3:26PM – 5:09PM	Purvaproshtapada* Until 8:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	Sarvari 5122
			Yama 12:01PM – 1:43PM	Brahma Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 Rahu 5:09PM – 6:51PM	Gara Until 3:30AM Mon	Nataraja: Purple		2nd Phase
			Dvadashi* Until 2:15PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Gatineau, Canada Sun 12 Sutra 8
	Meena Rasi: 7.5	Tithi 28 – 29	Gulika 1:44PM – 3:27PM	Uttaraproshtapada Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Sarvari 5122
	Family Home Evening		Yama 10:18AM – 12:01PM	Indra Until 10:00AM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 Rahu 6:52AM – 8:35AM	Vistit Until 5:56AM Tue	Nataraja: Purple		2nd Phase
			Trayodashi* Until 4:42PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Gatineau, Canada Sun 13 Sutra 9
	Meena Rasi: 19.42	Tithi 29	Gulika 12:00PM – 1:44PM	Revati Until 2:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM	Sarvari 5122
			Yama 8:34AM – 10:17AM	Vaidhriti* Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 Rahu 3:27PM – 5:11PM	Sakuni Until 7:06PM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 7:06PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Gatineau, Canada Sun 14 Sutra 10
	Retreat Star		Gulika 10:17AM – 12:00PM	Ashvini Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:05AM	Sarvari 5122
	Mesha Rasi: 2	Tithi 30	Yama 6:49AM – 8:33AM	Vishkambha* Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 1
			225134468 Rahu 12:00PM – 1:44PM	Catuspada Until 8:17AM	Nataraja: Purple		Amavasya
			Amavasya* Until 9:23PM	Moon – White		Sivaloka Day	
				Chaitra*Chaitra			

	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Gatineau, Canada Sun 15 Sutra 11
	Retreat Star		Gulika 8:32AM – 10:16AM	Bharani Until 8:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:04AM	Sarvari 5122
	Mesha Rasi: 13.34	Tithi 1	Yama 5:04AM – 6:48AM	Priti Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 1
			225134468 Rahu 1:44PM – 3:28PM	Kintughna Until 10:29AM	Nataraja: Purple		Prathama
			Prathama* Until 11:29PM	Moon – White		Sivaloka Day	
				Vaisaka*Chaitra			

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Gatineau, Canada Sun 16	Sutra 12
	Mesha Rasi: 25.35	Tithi 2	Gulika 6:47AM – 8:31AM	Bharani Until 8:06AM	Ganesha: Red	<i>Sunrise:</i> 5:02AM	Sarvari 5122	
			Yama 3:29PM – 5:13PM	Ayushman Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	225134469 Rahu 10:15AM – 12:00PM	Balava Until 12:28PM	Nataraja: Clear		3rd Phase	Devaloka Day
			Dvitiya Until 1:21AM Sat	Moon – White			Vaisaka-Chaitra	

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Gatineau, Canada Sun 17	Sutra 13
	Visshabha Rasi: 7.44	Tithi 3	Gulika 5:01AM – 6:45AM	Krittika Until 10:16AM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	Sarvari 5122	
			Yama 1:44PM – 3:29PM	Saubhagya Until 1:19PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	225134469 Rahu 8:30AM – 10:15AM	Taitila Until 2:11PM	Nataraja: Clear		3rd Phase	Devaloka Day
			Akshaya Tritiya	Tritiya Until 2:53AM Sun	Moon – White		Vaisaka-Chaitra	

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				Gatineau, Canada Sun 18	Sutra 14
	Visshabha Rasi: 20	Tithi 4	Gulika 3:30PM – 5:15PM	Rohini Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:59AM	Sarvari 5122	
			Yama 12:00PM – 1:45PM	Sobhana Until 1:24PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	235134469 Rahu 5:15PM – 7:00PM	Vanija Until 3:32PM	Nataraja: Clear		3rd Phase	Devaloka Day
			Chaturthi* Until 4:02AM Mon	Moon – Yellow			Vaisaka-Chaitra	

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Gatineau, Canada Sun 19	Sutra 15
	Mithuna Rasi: 2.27	Tithi 5	Gulika 1:45PM – 3:30PM	Mrigashira Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 4:58AM	Sarvari 5122	
	Family Home Evening		Yama 10:14AM – 11:59AM	Athiganda* Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	236134469 Rahu 6:43AM – 8:28AM	Bava Until 4:27PM	Nataraja: Clear		3rd Phase	Bhuloka Day
			Adi Sankara Jayanthi	Panchami Until 4:41AM Tue	Moon – Yellow		Vaisaka-Chaitra	
							Devaloka Time: 3:PM to 6:PM	

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Gatineau, Canada Sun 20	Sutra 16
	Mithuna Rasi: 15.08	Tithi 6	Gulika 11:59AM – 1:45PM	Ardra Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Sarvari 5122	
			Yama 8:28AM – 10:13AM	Sukarma Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2	
	Routine Work	Marana Yoga	236134469 Rahu 3:31PM – 5:17PM	Kaulava Until 4:49PM	Nataraja: Clear		3rd Phase	Bhuloka Day
			Shashthi* Until 4:45AM Wed	Moon – Yellow			Vaisaka-Chaitra	
							Devaloka Time: 3:PM to 6:PM	

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Gatineau, Canada Sun 21	Sutra 17
	Mithuna Rasi: 28.05	Tithi 7	Gulika 10:13AM – 11:59AM	Punarvasu Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Sarvari 5122	
			Yama 6:41AM – 8:27AM	Dhriti Until 11:19AM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	246134469 Rahu 11:59AM – 1:45PM	Gara Until 4:34PM	Nataraja: Clear		3rd Phase	Devaloka Day
			Saptami Until 4:11AM Thu	Moon – Blue			Vaisaka-Chaitra	

D	Thursday, April 30, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau				Gatineau, Canada Sun 22	Sutra 18
	Retreat Star		Gulika 8:26AM – 10:13AM	Pushya Until 3:23PM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Sarvari 5122	
	Kataka Rasi: 11.22	Tithi 8	Yama 4:53AM – 6:40AM	Shula* Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	246134469 Rahu 1:45PM – 3:32PM	Visli Until 3:40PM	Nataraja: Clear		Ashtami	Devaloka Day
			Ashtami* Until 2:57AM Fri	Moon – Blue			Vaisaka-Chaitra	

D	Friday, May 1, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau				Gatineau, Canada Sun 23	Sutra 19
	Retreat Star		Gulika 6:37AM – 8:24AM	Ashlesha* Until 2:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
	Kataka Rasi: 25.01	Tithi 9	Yama 3:33PM – 5:20PM	Ganda* Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2	
	Routine Work	Marana Yoga	246134469 Rahu 10:12AM – 11:59AM	Balava Until 2:06PM	Nataraja: Clear		Navami	Devaloka Day
			Navami* Until 1:04AM Sat	Moon – Blue			Vaisaka-Chaitra	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		Gatineau, Canada Sun 24 Sutra 20	
Simha Rasi: 9.05	Tithi 10	Gulika 4:49AM – 6:36AM	Magha* Until 1:06PM	Ganesha: White	<i>Sunrise:</i> 4:49AM			Sarvari 5122	
		Yama 1:46PM – 3:34PM	Dhruva Until 1:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:08PM			Moon 4 - Phase 3	
		256134469 Rahu 8:24AM – 10:11AM	Taitila Until 11:55AM	Nataraja: Clear				4th Phase	
Creative Work	Amrita Yoga		Dashami Until 10:36PM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 1:06PM				Vaisaka*Chaitra					
Then Creative Work - Siddha Yoga									

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Gatineau, Canada Sun 25 Sutra 21	
Simha Rasi: 23.31	Tithi 11	Gulika 3:34PM – 5:22PM	Purvaphalguni Until 11:08AM	Ganesha: White	<i>Sunrise:</i> 4:47AM			Sarvari 5122	
		Yama 11:59AM – 1:46PM	Vyaghata* Until 10:00PM	Muruqa: Clear	<i>Sunset:</i> 7:10PM			Moon 4 - Phase 3	
		256134469 Rahu 5:22PM – 7:10PM	Vanija Until 9:11AM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 7:38PM	Moon – Red		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
Until 11:08AM				Vaisaka*Chaitra					
Then Creative Work - Amrita Yoga									

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Gatineau, Canada Sun 26 Sutra 22	
Kanya Rasi: 8.17	Tithi 12 – 13	Gulika 1:47PM – 3:35PM	Uttaraphalguni Until 8:36AM	Ganesha: Clear	<i>Sunrise:</i> 4:46AM			Sarvari 5122	
Family Home Evening		Yama 10:10AM – 11:58AM	Harshana Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 7:11PM			Moon 4 - Phase 3	
		256234469 Rahu 6:34AM – 8:22AM	Bava Until 6:02AM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 4:20PM	Moon – Red		Devaloka Day			
				Vaisaka*Chaitra					

Pradosha Vrata

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Gatineau, Canada Sun 27 Sutra 23	
Kanya Rasi: 23.16	Tithi 13 – 14	Gulika 11:58AM – 1:47PM	Hasta Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 4:45AM			Sarvari 5122	
		Yama 8:22AM – 10:10AM	Vajra* Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 7:12PM			Moon 4 - Phase 3	
		267234469 Rahu 3:35PM – 5:24PM	Gara Until 11:02PM	Nataraja: Clear				4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 12:48PM	Moon – Green		Devaloka Day			
				Vaisaka*Chaitra					

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Gatineau, Canada Sutra 24	
Copper Retreat Star		Gulika 10:10AM – 11:58AM	Svati Until 12:28AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:43AM			Sarvari 5122	
Tula Rasi: 8.2	Tithi 14 – 15	Yama 6:32AM – 8:21AM	Siddhi Until 10:06AM	Muruqa: Clear	<i>Sunset:</i> 7:13PM			Moon 4 - Phase 3	
		267234469 Rahu 11:58AM – 1:47PM	Visti Until 7:29PM	Nataraja: Clear				Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:14AM	Moon – Green		Devaloka Day			
		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra					

Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Gatineau, Canada Sutra 25			
Silver Retreat Star		Gulika 8:20AM – 10:09AM	Vishakha Until 10:08PM	Ganesha: Purple	<i>Sunrise:</i> 4:42AM			Sarvari 5122	
Tula Rasi: 23.21	Tithi 16	Yama 4:42AM – 6:31AM	Vyatipata* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 7:14PM			Moon 4 - Phase 3	
		277234469 Rahu 1:47PM – 3:36PM	Balava Until 4:07PM	Nataraja: Clear				Prathama	
Creative Work	Siddha Yoga		Prathama* Until 2:33AM Fri	Moon – Orange		Bhuloka Day		Devaloka Time: 3:PM to 6:PM	
				Vaisaka*Chaitra					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang