



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 29.37 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Gulika 3:34PM – 5:06PM
Yama 12:31PM – 2:02PM
Rahu 5:06PM – 6:38PM

Vishakha **Until 12:28PM**
Vyatipata* **Until 10:59PM**
Vanija **Until 7:23PM**
Dvitiya **Until 8:01AM**

Ganesha: Blue *Sunrise: 6:24AM*
Muruqa: Yellow *Sunset: 6:38PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Port Harcourt, Nigeria
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 13.12 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:02PM – 3:34PM
Yama 10:59AM – 12:30PM
Rahu 7:55AM – 9:27AM

Anuradha **Until 12:13PM**
Variyan **Until 9:23PM**
Bava **Until 6:39PM**
Tritiya **Until 6:54AM**

Ganesha: Blue *Sunrise: 6:23AM*
Muruqa: Yellow *Sunset: 6:38PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Port Harcourt, Nigeria
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 26.22 Tithi 19 – 20

Routine Work Marana Yoga

Until 12:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:30PM – 2:02PM
Yama 9:27AM – 10:58AM
Rahu 3:34PM – 5:06PM

Jyeshtha* **Until 12:35PM**
Parigha* **Until 8:27PM**
Kaulava **Until 6:43PM**
Chaturthi* **Until 6:33AM**

Ganesha: Blue *Sunrise: 6:23AM*
Muruqa: Yellow *Sunset: 6:38PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Port Harcourt, Nigeria
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 9.07 Tithi 20 – 21

Routine Work Marana Yoga

Until 2:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:58AM – 12:30PM
Yama 7:54AM – 9:26AM
Rahu 12:30PM – 2:02PM

Mula* **Until 2:04PM**
Shiva **Until 8:09PM**
Gara **Until 7:36PM**
Panchami **Until 7:02AM**

Ganesha: Yellow *Sunrise: 6:23AM*
Muruqa: Yellow *Sunset: 6:37PM*
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Port Harcourt, Nigeria
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 21.31 Tithi 21 – 22

Creative Work Siddha Yoga

Until 4:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:26AM – 10:58AM
Yama 6:22AM – 7:54AM
Rahu 2:02PM – 3:34PM

Purvashadha* **Until 4:08PM**
Siddha **Until 8:23PM**
Visti **Until 9:12PM**
Shashthi* **Until 8:18AM**

Ganesha: Yellow *Sunrise: 6:22AM*
Muruqa: Yellow *Sunset: 6:37PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Port Harcourt, Nigeria
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019

Retreat Star

Makara Rasi: 3.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:54AM – 9:26AM
Yama 3:34PM – 5:05PM
Rahu 10:58AM – 12:30PM

Uttarashadha **Until 6:35PM**
Sadhya **Until 9:04PM**
Balava **Until 11:22PM**
Saptami **Until 10:13AM**

Ganesha: Red *Sunrise: 6:22AM*
Muruqa: Yellow *Sunset: 6:37PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Port Harcourt, Nigeria
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 15.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:22AM – 7:54AM
Yama 2:01PM – 3:33PM
Rahu 9:26AM – 10:58AM

Shravana **Until 9:44PM**
Subha **Until 10:01PM**
Taitila **Until 1:51AM Sun**
Ashtami* **Until 12:34PM**

Ganesha: Green *Sunrise: 6:22AM*
Muruqa: Yellow *Sunset: 6:37PM*
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Port Harcourt, Nigeria
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 7 Sutra 14
Makara Rasi: 27.23	Tithi 24 – 25	Gulika 3:33PM – 5:05PM	Dhanishtha Until 12:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:21AM	Vikarin 5121
		Yama 12:29PM – 2:01PM	Sukla Until 11:01PM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
		294583469 Rahu 5:05PM – 6:37PM	Vanija Until 4:24AM Mon	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 3:06PM	Moon – Purple		
Until 12:48AM Mon				Chaitra*Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 15
Kumbha Rasi: 9.13	Tithi 25 – 26	Gulika 2:01PM – 3:33PM	Shatabhishak Until 3:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:21AM	Vikarin 5121
Family Home Evening		Yama 10:57AM – 12:29PM	Brahma Until 11:57PM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 7:53AM – 9:25AM	Bava Until 6:46AM Tue	Nataraja: Clear		2nd Phase
Until 3:34AM Tue			Dashami Until 5:36PM	Moon – Purple		
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaprossthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 16
Kumbha Rasi: 21.07	Tithi 26	Gulika 12:29PM – 2:01PM	Purvaprossthapada* Until 6:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Vikarin 5121
		Yama 9:25AM – 10:57AM	Indra Until 12:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
		214583469 Rahu 3:33PM – 5:05PM	Bava Until 6:46AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 7:49PM	Moon – Clear		
Until 6:21AM Wed				Chaitra*Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 17
Meena Rasi: 3.08	Tithi 27	Gulika 10:57AM – 12:29PM	Purvaprossthapada* Until 6:21AM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Vikarin 5121
		Yama 7:53AM – 9:25AM	Vaidhriti* Until 12:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
		214583469 Rahu 12:29PM – 2:01PM	Kaulava Until 8:47AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 9:36PM	Moon – Clear		
Until 6:21AM				Chaitra*Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraprossthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 18
Meena Rasi: 15.22	Tithi 28	Gulika 9:25AM – 10:57AM	Uttaraprossthapada Until 8:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:21AM	Vikarin 5121
		Yama 6:21AM – 7:53AM	Vishkambha* Until 12:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
		215583469 Rahu 2:01PM – 3:33PM	Gara Until 10:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:52PM	Moon – Clear		
Until 10:01AM				Chaitra*Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 19
Meena Rasi: 27.48	Tithi 29	Gulika 7:52AM – 9:25AM	Revati Until 10:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:20AM	Vikarin 5121
		Yama 3:33PM – 5:05PM	Priti Until 12:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
		215583469 Rahu 10:57AM – 12:29PM	Visti Until 11:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:36PM	Moon – Clear		
Until 10:01AM				Chaitra*Chaitra		Bhuloka Day
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 20
Mesha Rasi: 10.29	Tithi 30	Gulika 6:20AM – 7:52AM	Ashvini Until 11:18AM	Ganesha: Purple	<i>Sunrise:</i> 6:20AM	Vikarin 5121
		Yama 2:01PM – 3:33PM	Ayushman Until 11:34PM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
		225583469 Rahu 9:24AM – 10:57AM	Catuspada Until 11:47AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 11:47PM	Moon – White		
Until 11:55AM				Chaitra*Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 21
Mesha Rasi: 23.26	Tithi 1	Gulika 3:33PM – 5:05PM	Bharani Until 11:55AM	Ganesha: Purple	<i>Sunrise:</i> 6:20AM	Vikarin 5121
		Yama 12:29PM – 2:01PM	Saubhagya Until 10:18PM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3
		225583469 Rahu 5:05PM – 6:37PM	Kintughna Until 11:43AM	Nataraja: Clear		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 11:30PM	Moon – White		
Until 11:55AM				Vaisaka*Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 22
1		Gulika 2:01PM – 3:33PM	Krittika Until 11:58AM	Ganesha: Purple <i>Sunrise:</i> 6:20AM
Vrishabha Rasi: 7	Tithi 2	Yama 10:56AM – 12:28PM	Sobhana Until 8:43PM	Muruqa: Yellow <i>Sunset:</i> 6:37PM
Family Home Evening	225583469	Rahu 7:52AM – 9:24AM	Balava Until 11:13AM	Nataraja: Clear
Routine Work Marana Yoga				Moon – White
Until 11:58AM			Dvitiya Until 10:49PM	Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 23
2		Gulika 12:28PM – 2:01PM	Rohini Until 11:56AM	Ganesha: Light Blue <i>Sunrise:</i> 6:20AM
Vrishabha Rasi: 19.59	Tithi 3	Yama 9:24AM – 10:56AM	Athiganda* Until 6:50PM	Muruqa: Yellow <i>Sunset:</i> 6:37PM
	235583469	Rahu 3:33PM – 5:05PM	Taitila Until 10:21AM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Yellow
Until 11:56AM		Akshaya Tritiya	Tritiya Until 9:46PM	Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 24
3		Gulika 10:56AM – 12:28PM	Mrigashira Until 11:27AM	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM
Mithuna Rasi: 3.33	Tithi 4	Yama 7:52AM – 9:24AM	Sukarma Until 4:44PM	Muruqa: Yellow <i>Sunset:</i> 6:37PM
	235583469	Rahu 12:28PM – 2:01PM	Vanija Until 9:10AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Yellow
Until 11:56AM			Chaturthi Until 8:27PM	Bhuloka Day
Then Creative Work - Siddha Yoga				Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 25
4		Gulika 9:24AM – 10:56AM	Ardra Until 10:35AM	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM
Mithuna Rasi: 17.16	Tithi 5	Yama 6:19AM – 7:51AM	Dhriti Until 2:28PM	Muruqa: Yellow <i>Sunset:</i> 6:37PM
	235583469	Rahu 2:01PM – 3:33PM	Bava Until 7:43AM	Nataraja: Clear
Routine Work Marana Yoga				Moon – Yellow
Until 10:35AM			Panchami Until 6:54PM	Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 26
5		Gulika 7:51AM – 9:24AM	Punarvasu Until 9:48AM	Ganesha: Orange <i>Sunrise:</i> 6:19AM
Kataka Rasi: 1.07	Tithi 6 – 7	Yama 3:33PM – 5:05PM	Shula* Until 11:59AM	Muruqa: Yellow <i>Sunset:</i> 6:37PM
	245583469	Rahu 10:56AM – 12:28PM	Kaulava Until 6:04AM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Blue
Until 9:48AM			Shashthi Until 5:09PM	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 27
6		Gulika 6:19AM – 7:51AM	Pushya Until 8:40AM	Ganesha: Orange <i>Sunrise:</i> 6:19AM
Kataka Rasi: 15.05	Tithi 7 – 8	Yama 2:01PM – 3:33PM	Ganda* Until 9:22AM	Muruqa: Yellow <i>Sunset:</i> 6:37PM
	245583469	Rahu 9:24AM – 10:56AM	Visti Until 2:11AM Sun	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Blue
Until 8:40AM			Saptami Until 3:12PM	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 28
Retreat Star		Gulika 3:33PM – 5:05PM	Ashlesha* Until 7:14AM	Ganesha: Clear <i>Sunrise:</i> 6:19AM
Kataka Rasi: 29.11	Tithi 8 – 9	Yama 12:28PM – 2:01PM	Vridhhi Until 6:38AM	Muruqa: Yellow <i>Sunset:</i> 6:37PM
	246583469	Rahu 5:05PM – 6:37PM	Balava Until 12:00AM Mon	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Blue
Until 7:14AM		Mother's Day	Ashtami Until 1:05PM	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 29
Retreat Star		Gulika 2:01PM – 3:33PM	Purvaphalguni Until 4:22AM Tue	Ganesha: White <i>Sunrise:</i> 6:19AM
Simha Rasi: 13.22	Tithi 9 – 10	Yama 10:56AM – 12:28PM	Vyaghata* Until 12:46AM Tue	Muruqa: Yellow <i>Sunset:</i> 6:38PM
	256583469	Rahu 7:51AM – 9:23AM	Taitila Until 9:41PM	Nataraja: Clear
Creative Work Siddha Yoga				Moon – Red
Until 4:22AM Tue			Navami Until 10:50AM	Bhuloka Day
Then Creative Work - Amrita Yoga				Devaloka Time: 3:PM to 6:PM

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Port Harcourt, Nigeria Sun 23 Sutra 30
Simha Rasi: 27.38	Tithi 10 – 11	Gulika 12:28PM – 2:01PM	Uttaraphalguni Until 2:37AM Wed	Ganesha: White	<i>Sunrise:</i> 6:19AM	Vikarin 5121	
		Yama 9:23AM – 10:56AM	Harshana Until 9:45PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 5	
	256583469	Rahu 3:33PM – 5:05PM	Vanija Until 7:19PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 8:29AM	Moon – Red		Bhuloka Day	
Until 2:37AM Wed				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau			Port Harcourt, Nigeria Sun 24 Sutra 31
Kanya Rasi: 11.55	Tithi 11 – 12	Gulika 10:56AM – 12:28PM	Hasta Until 1:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM	Vikarin 5121	
		Yama 7:51AM – 9:23AM	Vajra* Until 6:44PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 5	
	266583469	Rahu 12:28PM – 2:01PM	Balava Until 3:45AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 6:06AM	Moon – Green		Devaloka Day	
Until 1:11AM Thu				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Port Harcourt, Nigeria Sun 25 Sutra 32
Kanya Rasi: 26.11	Tithi 13	Gulika 9:23AM – 10:56AM	Chitra Until 11:45PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM	Vikarin 5121	
		Yama 6:18AM – 7:51AM	Siddhi Until 3:49PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 5	
	266583469	Rahu 2:01PM – 3:33PM	Kaulava Until 2:39PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 1:34AM Fri	Moon – Green		Devaloka Day	
Until 11:45PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau			Port Harcourt, Nigeria Sun 26 Sutra 33
Tula Rasi: 10.19	Tithi 14	Gulika 7:51AM – 9:23AM	Svati Until 10:26PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM	Vikarin 5121	
		Yama 3:33PM – 5:06PM	Vyatipata* Until 1:05PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 5	
	266583469	Rahu 10:56AM – 12:28PM	Gara Until 12:35PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:39PM	Moon – Green		Devaloka Day	
				Vaisaka-Vaikasi			

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau			Port Harcourt, Nigeria Sun 27 Sutra 34
Copper Retreat Star		Gulika 6:18AM – 7:51AM	Vishakha Until 9:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	Vikarin 5121	
Tula Rasi: 24.17	Tithi 15	Yama 2:01PM – 3:33PM	Variyan Until 10:37AM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 5	
	276583469	Rahu 9:23AM – 10:56AM	Visti Until 10:52AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 10:09PM	Moon – Orange		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Sunday, May 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau			Port Harcourt, Nigeria Sutra 35	
Silver Retreat Star		Gulika 3:33PM – 5:06PM	Anuradha Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM	Vikarin 5121
Vrischika Rasi: 7.58	Tithi 16	Yama 12:28PM – 2:01PM	Parigha* Until 8:32AM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 5
	277583469	Rahu 5:06PM – 6:38PM	Balava Until 9:36AM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 9:10PM	Moon – Orange		Devaloka Day
				Vaisaka-Vaikasi		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 21.19 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:01PM – 3:33PM
Yama 10:56AM – 12:28PM
Rahu 7:51AM – 9:23AM

Jyeshtha* Until 9:47PM
Shiva Until 6:56AM
Taitila Until 8:56AM
Dvitiya Until 8:49PM

Ganesha: Yellow *Sunrise:* 6:18AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Clear
Moon – Orange

Port Harcourt, Nigeria
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 4.19 Tithi 18
Creative Work Amrita Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:28PM – 2:01PM
Yama 9:23AM – 10:56AM
Rahu 3:33PM – 5:06PM

Mula* Until 10:59PM
Sadhya Until 5:18AM Wed
Vanija Until 8:55AM
Tritiya Until 9:10PM

Ganesha: Red *Sunrise:* 6:18AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Clear
Moon – Light Blue

Port Harcourt, Nigeria
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.59 Tithi 19
Creative Work Amrita Yoga
Until 12:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:56AM – 12:28PM
Yama 7:51AM – 9:23AM
Rahu 12:28PM – 2:01PM

Purvashadha* Until 12:43AM Thu
Subha Until 5:19AM Thu
Bava Until 9:37AM
Chaturthi* Until 10:12PM

Ganesha: Red *Sunrise:* 6:18AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Light Blue

Port Harcourt, Nigeria
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 29.21 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 9:23AM – 10:56AM
Yama 6:18AM – 7:51AM
Rahu 2:01PM – 3:34PM

Uttarashadha Until 2:52AM Fri
Sukla Until 5:45AM Fri
Kaulava Until 10:59AM
Panchami Until 11:51PM

Ganesha: Red *Sunrise:* 6:18AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Light Blue

Port Harcourt, Nigeria
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 11.29 Tithi 21
Routine Work Marana Yoga
Until 5:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:51AM – 9:23AM
Yama 3:34PM – 5:06PM
Rahu 10:56AM – 12:29PM

Shravana Until 5:47AM Sat
Brahma Until 6:31AM Sat
Gara Until 12:54PM
Shashthi* Until 1:59AM Sat

Ganesha: Green *Sunrise:* 6:18AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Purple

Port Harcourt, Nigeria
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 23.26 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 6:18AM – 7:51AM
Yama 2:01PM – 3:34PM
Rahu 9:23AM – 10:56AM

Dhanishtha Until 8:44AM Sun
Brahma Until 6:31AM
Visti Until 3:11PM
Saptami Until 4:22AM Sun

Ganesha: Green *Sunrise:* 6:18AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Purple

Port Harcourt, Nigeria
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Vaisaka-Vaikasi

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 5.18 Tithi 23
Routine Work Marana Yoga
Until 8:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:34PM – 5:07PM
Yama 12:29PM – 2:01PM
Rahu 5:07PM – 6:39PM

Dhanishtha Until 8:44AM
Indra Until 7:29AM
Balava Until 5:37PM
Ashtami* Until 6:47AM Mon

Ganesha: Blue *Sunrise:* 6:18AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Purple

Port Harcourt, Nigeria
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 17.1 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 11:32AM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:02PM – 3:34PM
Yama 10:56AM – 12:29PM
Rahu 7:51AM – 9:24AM

Shatabhishak Until 11:32AM
Vaidhriti* Until 8:25AM
Taitila Until 7:57PM
Ashtami* Until 6:47AM

Ganesha: Blue *Sunrise:* 6:18AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Purple

Port Harcourt, Nigeria
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkamba/Priti Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 44
Kumbha Rasi: 29.06	Tithi 24 – 25	Gulika	12:29PM – 2:02PM	Purvaproshtapada* Until 2:26PM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama	9:24AM – 10:56AM	Vishkamba* Until 9:12AM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7
		318683469 Rahu	3:34PM – 5:07PM	Vanija Until 10:00PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Navami* Until 9:00AM	Moon – Clear		Sivaloka Day
Until 2:26PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 45
Meena Rasi: 11.11	Tithi 25 – 26	Gulika	10:56AM – 12:29PM	Uttaraproshtapada Until 4:45PM	Ganesha: Purple	<i>Sunrise:</i> 6:18AM	Vikarin 5121
		Yama	7:51AM – 9:24AM	Priti Until 9:43AM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7
		318683469 Rahu	12:29PM – 2:02PM	Bava Until 11:34PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 10:50AM	Moon – Clear		Sivaloka Day
Until 4:45PM					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 46
Meena Rasi: 23.28	Tithi 26 – 27	Gulika	9:24AM – 10:57AM	Revati Until 6:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	Vikarin 5121
		Yama	6:19AM – 7:51AM	Ayushman Until 9:47AM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7
		318683469 Rahu	2:02PM – 3:35PM	Kaulava Until 12:33AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 12:07PM	Moon – Clear		Sivaloka Day
Until 6:22PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Port Harcourt, Nigeria Sun 12 Sutra 47
Mesha Rasi: 6.01	Tithi 27 – 28	Gulika	7:51AM – 9:24AM	Ashvini Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Vikarin 5121
		Yama	3:35PM – 5:08PM	Saubhagya Until 9:23AM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7
		328683469 Rahu	10:57AM – 12:29PM	Gara Until 12:54AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 12:47PM	Moon – White		Devaloka Day
Until 7:42PM					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga							
					<i>Pradosha Vrata (Fasting)</i>		

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Port Harcourt, Nigeria Sun 13 Sutra 48
Mesha Rasi: 18.53	Tithi 28 – 29	Gulika	6:19AM – 7:51AM	Bharani Until 8:14PM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Vikarin 5121
		Yama	2:02PM – 3:35PM	Sobhana Until 8:30AM	Muruqa: Yellow	<i>Sunset:</i> 6:40PM	Moon 5 - Phase 7
		329683469 Rahu	9:24AM – 10:57AM	Visti Until 12:37AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 12:49PM	Moon – White		Bhuloka Day
Until 8:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 49
Retreat Star		Gulika	3:35PM – 5:08PM	Krittika Until 8:02PM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Vikarin 5121
Vrishabha Rasi: 2.03	Tithi 29 – 30	Yama	12:30PM – 2:02PM	Athiganda* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		329683469 Rahu	5:08PM – 6:41PM	Catuspada Until 11:44PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 12:14PM	Moon – White		Bhuloka Day
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Port Harcourt, Nigeria Sun 15 Sutra 50
Vrishabha Rasi: 15.32	Tithi 30 – 1	Gulika	2:03PM – 3:35PM	Rohini Until 7:37PM	Ganesha: Green	<i>Sunrise:</i> 6:19AM	Vikarin 5121
Family Home Evening		Yama	10:57AM – 12:30PM	Dhriti Until 3:01AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7
		339683469 Rahu	7:52AM – 9:24AM	Kintughna Until 10:22PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Amavasya* Until 11:05AM	Moon – Yellow		Bhuloka Day
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 16 Sutra 51 Vikarin 5121
339683461	Gulika 12:30PM – 2:03PM Yama 9:25AM – 10:57AM Rahu 3:36PM – 5:08PM	Mrigashira Until 6:39PM Shula* Until 12:28AM Wed Balava Until 8:35PM Prathama* Until 9:30AM	Ganesha: Green <i>Sunrise: 6:19AM</i> Muruqa: Yellow <i>Sunset: 6:41PM</i> Nataraja: Clear Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Creative Work Siddha Yoga Until 6:39PM Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Port Harcourt, Nigeria Sun 17 Sutra 52 Vikarin 5121
339683461	Gulika 10:57AM – 12:30PM Yama 7:52AM – 9:25AM Rahu 12:30PM – 2:03PM	Ardra Until 5:14PM Ganda* Until 9:42PM Taitila Until 6:31PM Dvitiya Until 7:34AM	Ganesha: Green <i>Sunrise: 6:19AM</i> Muruqa: Yellow <i>Sunset: 6:41PM</i> Nataraja: Yellow Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Creative Work Siddha Yoga					

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau	Port Harcourt, Nigeria Sun 18 Sutra 53 Vikarin 5121
349683461	Gulika 9:25AM – 10:58AM Yama 6:19AM – 7:52AM Rahu 2:03PM – 3:36PM	Punarvasu Until 3:55PM Vridhi Until 6:48PM Vanija Until 4:15PM Chaturthi* Until 3:04AM Fri	Ganesha: White <i>Sunrise: 6:19AM</i> Muruqa: Yellow <i>Sunset: 6:41PM</i> Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Creative Work Amrita Yoga					

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 54 Vikarin 5121
349683461	Gulika 7:52AM – 9:25AM Yama 3:36PM – 5:09PM Rahu 10:58AM – 12:31PM	Pushya Until 2:21PM Dhruva Until 3:49PM Bava Until 1:54PM Panchami Until 12:42AM Sat	Ganesha: White <i>Sunrise: 6:19AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Routine Work Marana Yoga					

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 55 Vikarin 5121
349683461	Gulika 6:20AM – 7:52AM Yama 2:04PM – 3:36PM Rahu 9:25AM – 10:58AM	Ashlesha* Until 12:38PM Vyaghata* Until 12:50PM Kaulava Until 11:32AM Shashthi* Until 10:20PM	Ganesha: White <i>Sunrise: 6:20AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 5 - Phase 8 3rd Phase
Routine Work Marana Yoga Until 12:38PM Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 56 Vikarin 5121
351683461	Gulika 3:37PM – 5:09PM Yama 12:31PM – 2:04PM Rahu 5:09PM – 6:42PM	Magha* Until 11:14AM Harshana Until 9:53AM Gara Until 9:12AM Saptami Until 8:03PM	Ganesha: Yellow <i>Sunrise: 6:20AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Yellow Moon – Red	Devaloka Day	Moon 5 - Phase 8 3rd Phase
Routine Work Marana Yoga Until 11:14AM Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 57 Vikarin 5121
351683461	Gulika 2:04PM – 3:37PM Yama 10:58AM – 12:31PM Rahu 7:53AM – 9:26AM	Purvaphalguni Until 9:48AM Vajra* Until 7:00AM Visti Until 6:58AM Ashtami* Until 5:52PM	Ganesha: Yellow <i>Sunrise: 6:20AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Yellow Moon – Red	Devaloka Day	Moon 5 - Phase 8 Ashtami
Simha Rasi: 24.25 Tithi 8 – 9 Family Home Evening Creative Work Siddha Yoga					


Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Port Harcourt, Nigeria Sun 23 Sutra 58 Vikarin 5121
351683461	Gulika 12:31PM – 2:04PM Yama 9:26AM – 10:59AM Rahu 3:37PM – 5:10PM	Uttaraphalguni Until 8:21AM Vyatipata* Until 1:36AM Wed Taitila Until 2:53AM Wed Navami* Until 3:49PM	Ganesha: Yellow <i>Sunrise: 6:20AM</i> Muruqa: Yellow <i>Sunset: 6:43PM</i> Nataraja: Yellow Moon – Red	Devaloka Day	Moon 5 - Phase 8 Navami
Creative Work Amrita Yoga Until 8:21AM Then Creative Work - Siddha Yoga					

1		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 59	
Kanya Rasi: 22.32	Tithi 10 – 11	Gulika 10:59AM – 12:32PM	Hasta Until 7:21AM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Vikarin 5121	
		Yama 7:53AM – 9:26AM	Variyan Until 11:07PM	Muruqa: Yellow	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 9	
	361683461	Rahu 12:32PM – 2:04PM	Varija Until 1:08AM Thu	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Dashami Until 1:58PM	Moon – Green		Bhuloka Day	
Until 7:21AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Thursday, June 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 60	
Tula Rasi: 6.25	Tithi 11 – 12	Gulika 9:26AM – 10:59AM	Chitra Until 6:25AM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Vikarin 5121	
		Yama 6:20AM – 7:53AM	Parigha* Until 8:51PM	Muruqa: Yellow	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 9	
	361683461	Rahu 2:05PM – 3:37PM	Bava Until 11:39PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:20PM	Moon – Green		Bhuloka Day	
Until 6:25AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Friday, June 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 61	
Tula Rasi: 20.07	Tithi 12 – 13	Gulika 7:53AM – 9:26AM	Vishakha Until 5:27AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
		Yama 3:38PM – 5:10PM	Shiva Until 6:52PM	Muruqa: Blue	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 9	
	371693461	Rahu 10:59AM – 12:32PM	Kaulava Until 10:29PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:00AM	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

4		Saturday, June 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 62	
Vrischika Rasi: 3.38	Tithi 13 – 14	Gulika 6:21AM – 7:54AM	Anuradha Until 5:33AM Sun	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
		Yama 2:05PM – 3:38PM	Siddha Until 5:09PM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 9	
	371793461	Rahu 9:27AM – 10:59AM	Gara Until 9:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 10:01AM	Moon – Orange		Subha Sivaloka Day	
Until 5:33AM Sun				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

		Sunday, June 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sutra 63	
Copper Retreat Star							
Vrischika Rasi: 16.54	Tithi 14 – 15	Gulika 3:38PM – 5:11PM	Jyeshtha* Until 6:00AM Mon	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
		Yama 12:32PM – 2:05PM	Sadhya Until 3:49PM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 9	
	371793461	Rahu 5:11PM – 6:44PM	Visti Until 9:25PM	Nataraja: Yellow		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 9:29AM	Moon – Orange		Subha Sivaloka Day	
Until 6:00AM Mon		Father's Day		Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

Monday, June 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sutra 64			
Silver Retreat Star							
Vrischika Rasi: 29.55	Tithi 15 – 16	Gulika 2:05PM – 3:38PM	Jyeshtha* Until 6:00AM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Vikarin 5121	
		Yama 11:00AM – 12:33PM	Subha Until 2:55PM	Muruqa: Blue	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 9	
Family Home Evening	371793461	Rahu 7:54AM – 9:27AM	Balava Until 9:39PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 9:27AM	Moon – Orange		Subha Sivaloka Day	
Until 6:00AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha/Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria
Sutra 65

Dhanus Rasi: 12.39 Tithi 16 – 17

Gulika 12:33PM – 2:06PM
Yama 9:27AM – 11:00AM
381793461 **Rahu** 3:39PM – 5:11PM

Mula* Until 7:16AM
Sukla Until 2:26PM
Taitila Until 10:28PM
Prathama* Until 9:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:21AM
Sunset: 6:44PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 7:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

Gulika 11:00AM – 12:33PM
Yama 7:54AM – 9:27AM
382793461 **Rahu** 12:33PM – 2:06PM

Purvashadha* Until 8:57AM
Brahma Until 2:24PM
Vanija Until 11:49PM
Dvitiya Until 11:03AM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:22AM
Sunset: 6:44PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

Gulika 9:28AM – 11:00AM
Yama 6:22AM – 7:55AM
382793461 **Rahu** 2:06PM – 3:39PM

Uttarashadha Until 10:59AM
Indra Until 2:47PM
Bava Until 1:40AM Fri
Tritya Until 12:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 6:22AM
Sunset: 6:45PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 10:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Bala*/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

Gulika 7:55AM – 9:28AM
Yama 3:39PM – 5:12PM
392793461 **Rahu** 11:01AM – 12:33PM

Shravana Until 1:46PM
Vaidhriti* Until 3:27PM
Kaulava Until 3:51AM Sat
Chaturthi* Until 2:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:22AM
Sunset: 6:45PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 1:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

Gulika 6:22AM – 7:55AM
Yama 2:07PM – 3:39PM
392793461 **Rahu** 9:28AM – 11:01AM

Dhanishtha Until 4:39PM
Vishkambha* Until 4:21PM
Gara Until 6:13AM Sun
Panchami Until 5:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:22AM
Sunset: 6:45PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 70

Kumbha Rasi: 13.16 Tithi 21

Gulika 3:40PM – 5:12PM
Yama 12:34PM – 2:07PM
392793461 **Rahu** 5:12PM – 6:45PM

Shatabhishak Until 7:27PM
Priti Until 5:20PM
Gara Until 6:13AM
Shashthi* Until 7:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 6:23AM
Sunset: 6:45PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 71

Kumbha Rasi: 25.08 Tithi 22

Family Home Evening

312793461

Gulika 2:07PM – 3:40PM
Yama 11:01AM – 12:34PM
Rahu 7:56AM – 9:28AM

Purvaproshtapada* Until 10:29PM
Ayushman Until 6:12PM
Visti Until 8:35AM
Saptami Until 9:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:23AM
Sunset: 6:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 10:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 72

Meena Rasi: 7.05 Tithi 23

312793461

Gulika 12:34PM – 2:07PM
Yama 9:29AM – 11:01AM
Rahu 3:40PM – 5:13PM

Uttaraproshtapada Until 1:03AM Wed
Saubhagya Until 6:53PM
Balava Until 10:45AM
Ashtami* Until 11:40PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:23AM
Sunset: 6:46PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 1:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria
Sun 8 Sutra 73

Meena Rasi: 19.1 Tithi 24

312793461

Gulika 11:02AM – 12:35PM
Yama 7:56AM – 9:29AM
Rahu 12:35PM – 2:07PM

Revati Until 2:59AM Thu
Sobhana Until 7:14PM
Taitila Until 12:31PM
Navami* Until 1:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 6:23AM
Sunset: 6:46PM


Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 2:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 74	
Mesha Rasi: 1.28	Tithi 25	Gulika 9:29AM – 11:02AM	Ashvini Until 4:38AM Fri	Ganesha: Blue	Sunrise: 6:23AM	Vikarin 5121	
		Yama 6:23AM – 7:56AM	Athiganda* Until 7:06PM	Muruqa: Blue	Sunset: 6:46PM	Moon 6 - Phase 11	
		322793461 Rahu 2:08PM – 3:40PM	Vanija Until 1:43PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 2:04AM Fri	Moon – White			Devaloka Day
Until 4:38AM Fri				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 75	
Mesha Rasi: 14.02	Tithi 26	Gulika 7:56AM – 9:29AM	Bharani Until 5:26AM Sat	Ganesha: Blue	Sunrise: 6:24AM	Vikarin 5121	
		Yama 3:41PM – 5:13PM	Sukarma Until 6:27PM	Muruqa: Blue	Sunset: 6:46PM	Moon 6 - Phase 11	
		322793461 Rahu 11:02AM – 12:35PM	Bava Until 2:16PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 2:15AM Sat	Moon – White			Devaloka Day
Until 5:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 76	
Mesha Rasi: 26.58	Tithi 27	Gulika 6:24AM – 7:57AM	Krittika Until 5:22AM Sun	Ganesha: Blue	Sunrise: 6:24AM	Vikarin 5121	
		Yama 2:08PM – 3:41PM	Dhriti Until 5:14PM	Muruqa: Blue	Sunset: 6:46PM	Moon 6 - Phase 11	
		322793461 Rahu 9:29AM – 11:02AM	Kaulava Until 2:06PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:43AM Sun	Moon – White			Devaloka Day
Until 5:22AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 77	
Vrishabha Rasi: 10.15	Tithi 28	Gulika 3:41PM – 5:14PM	Rohini Until 4:56AM Mon	Ganesha: Blue	Sunrise: 6:24AM	Vikarin 5121	
		Yama 12:35PM – 2:08PM	Shula* Until 3:25PM	Muruqa: Blue	Sunset: 6:47PM	Moon 6 - Phase 11	
		322793461 Rahu 5:14PM – 6:47PM	Gara Until 1:12PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:29AM Mon	Moon – Yellow			Devaloka Day
Until 4:56AM Mon				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga			Pradosha Vrata (Fasting)				
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 13 Sutra 78	
Vrishabha Rasi: 23.56	Tithi 29	Gulika 2:08PM – 3:41PM	Mrigashira Until 3:46AM Tue	Ganesha: Blue	Sunrise: 6:24AM	Vikarin 5121	
Family Home Evening		Yama 11:03AM – 12:36PM	Ganda* Until 1:06PM	Muruqa: Blue	Sunset: 6:47PM	Moon 6 - Phase 11	
Creative Work	Amrita Yoga	332793461 Rahu 7:57AM – 9:30AM	Visti* Until 11:39AM	Nataraja: Yellow		2nd Phase	
Until 3:46AM Tue			Chaturdashi* Until 10:39PM	Moon – Yellow			Devaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Ani			
		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 79	
Mithuna Rasi: 7.59	Tithi 30	Gulika 12:36PM – 2:09PM	Ardra Until 1:59AM Wed	Ganesha: Blue	Sunrise: 6:25AM	Vikarin 5121	
		Yama 9:30AM – 11:03AM	Vridhhi Until 10:20AM	Muruqa: Blue	Sunset: 6:47PM	Moon 6 - Phase 11	
		322793461 Rahu 3:41PM – 5:14PM	Catuspada Until 9:33AM	Nataraja: Yellow		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 8:18PM	Moon – Yellow			Devaloka Day
Until 1:59AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
Retreat Star		Total Solar Eclipse					
Wednesday, July 3, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 80	
Mithuna Rasi: 22.2	Tithi 1 – 2	Gulika 11:03AM – 12:36PM	Punarvasu Until 12:08AM Thu	Ganesha: Yellow	Sunrise: 6:25AM	Vikarin 5121	
		Yama 7:58AM – 9:30AM	Dhruva Until 7:12AM	Muruqa: Blue	Sunset: 6:47PM	Moon 6 - Phase 11	
		343793461 Rahu 12:36PM – 2:09PM	Kintughna Until 7:00AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 5:36PM	Moon – Blue			Sivaloka Day
Until 12:08AM Thu				Ashada-Ani			
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 81	
Kataka Rasi: 6.53	Tithi 2 - 3	Gulika 9:31AM - 11:03AM	Pushya Until 9:58PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama 6:25AM - 7:58AM	Harshana Until 12:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 12	
		343793461 Rahu 2:09PM - 3:42PM	Taitila Until 1:10AM Fri	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 2:39PM	Moon - Blue		Sivaloka Day	
Until 9:58PM				Ashada-Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 82	
Kataka Rasi: 21.34	Tithi 3 - 4	Gulika 7:58AM - 9:31AM	Ashlesha* Until 7:37PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama 3:42PM - 5:15PM	Vajra* Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 12	
		343793461 Rahu 11:04AM - 12:36PM	Vanija Until 10:08PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 11:37AM	Moon - Blue		Sivaloka Day	
				Ashada-Ani			

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 83	
Simha Rasi: 6.15	Tithi 4 - 5	Gulika 6:25AM - 7:58AM	Magha* Until 5:37PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Vikarin 5121	
		Yama 2:09PM - 3:42PM	Siddhi Until 5:17PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12	
		353793461 Rahu 9:31AM - 11:04AM	Bava Until 7:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 8:37AM	Moon - Red		Subha Sivaloka Day	
Until 5:37PM				Ashada-Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 84	
Simha Rasi: 20.5	Tithi 6	Gulika 3:42PM - 5:15PM	Purvaphalguni Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama 12:37PM - 2:09PM	Vyatipata* Until 1:59PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12	
		453793461 Rahu 5:15PM - 6:48PM	Kaulava Until 4:27PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:10AM Mon	Moon - Red		Sivaloka Day	
Until 3:40PM				Ashada-Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 85	
Kanya Rasi: 5.14	Tithi 7	Gulika 2:10PM - 3:42PM	Uttaraphalguni Until 1:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
Family Home Evening		Yama 11:04AM - 12:37PM	Varyan Until 10:53AM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12	
		453793461 Rahu 7:59AM - 9:31AM	Gara Until 2:00PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 12:53AM Tue	Moon - Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada-Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 86	
Kanya Rasi: 19.24	Tithi 8	Gulika 12:37PM - 2:10PM	Hasta Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama 9:31AM - 11:04AM	Parigha* Until 8:06AM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12	
		463793461 Rahu 3:42PM - 5:15PM	Visti Until 11:54AM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 11:00PM	Moon - Green		Subha Sivaloka Day	
				Ashada-Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 87	
Tula Rasi: 3.19	Tithi 9	Gulika 11:04AM - 12:37PM	Chitra Until 11:50AM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Vikarin 5121	
		Yama 7:59AM - 9:32AM	Siddha Until 3:32AM Thu	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12	
		463893461 Rahu 12:37PM - 2:10PM	Balava Until 10:14AM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 9:32PM	Moon - Green		Sivaloka Day	
				Ashada-Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 88
	Tula Rasi: 16.58	Tithi 10	Gulika 9:32AM – 11:04AM	Svati Until 11:15AM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Vikarin 5121
			Yama 6:26AM – 7:59AM	Sadhya Until 1:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13
	463893461	Rahu 2:10PM – 3:43PM	Taitila Until 9:00AM		Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Dashami Until 8:32PM	Moon – Green		Sivaloka Day	
	Until 11:15AM			Ashada•Ani			
	Then Creative Work - Siddha Yoga						

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 89
	Vrischika Rasi: 0.2	Tithi 11	Gulika 7:59AM – 9:32AM	Vishakha Until 11:25AM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Vikarin 5121
			Yama 3:43PM – 5:15PM	Subha Until 12:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13
	473893461	Rahu 11:05AM – 12:37PM	Vanija Until 8:13AM		Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:00PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 90
	Vrischika Rasi: 13.28	Tithi 12	Gulika 6:27AM – 7:59AM	Anuradha Until 11:54AM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Vikarin 5121
			Yama 2:10PM – 3:43PM	Sukla Until 11:29PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13
	473893461	Rahu 9:32AM – 11:05AM	Bava Until 7:56AM		Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:56PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 91
	Vrischika Rasi: 26.2	Tithi 13	Gulika 3:43PM – 5:16PM	Jyeshtha* Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Vikarin 5121
			Yama 12:38PM – 2:10PM	Brahma Until 10:53PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13
	473893461	Rahu 5:16PM – 6:48PM	Kaulava Until 8:07AM		Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 8:22PM	Moon – Orange		Devaloka Day	
	Until 12:43PM			Ashada•Ani			
	Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 92
	Dhanus Rasi: 9	Tithi 14	Gulika 2:10PM – 3:43PM	Mula* Until 2:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	Vikarin 5121
			Yama 11:05AM – 12:38PM	Indra Until 10:41PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13
	483893461	Rahu 8:00AM – 9:32AM	Gara Until 8:47AM		Nataraja: Yellow		4th Phase
Family Home Evening	Siddha Yoga		Chaturdashi* Until 9:16PM	Moon – Light Blue		Sivaloka Day	
	Until 2:18PM			Ashada•Ani			
	Then Routine Work - Marana Yoga						

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 93
	Dhanus Rasi: 21.26	Tithi 15	Gulika 12:38PM – 2:10PM	Purvashadha* Until 4:10PM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	Vikarin 5121
			Yama 9:33AM – 11:05AM	Vaidhriti* Until 10:48PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13
	483893461	Rahu 3:43PM – 5:16PM	Visti Until 9:54AM		Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Purnima* Until 10:37PM	Moon – Light Blue		Sivaloka Day	
	Until 4:10PM			Ashada•Adi			
	Then Routine Work - Prabalarishta Yoga						
		Partial Lunar Eclipse					
		Satguru Purnima					

6	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 94
	Makara Rasi: 3.41	Tithi 16	Gulika 11:05AM – 12:38PM	Uttarashadha Until 6:18PM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Vikarin 5121
			Yama 8:00AM – 9:33AM	Vishkambha* Until 11:14PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13
	484893462	Rahu 12:38PM – 2:10PM	Balava Until 11:28AM		Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:23AM Thu	Moon – Light Blue		Sivaloka Day	
	Until 6:18PM			Ashada•Adi			
	Then Creative Work - Siddha Yoga						



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 95

Makara Rasi: 15.47 Tithi 17

Gulika 9:33AM – 11:05AM
Yama 6:28AM – 8:00AM
494893462 **Rahu** 2:11PM – 3:43PM

Shravana Until 9:05PM
Priti Until 11:57PM
Taitila Until 1:24PM
Dvitiya Until 2:28AM Fri

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:48PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 96

Makara Rasi: 27.46 Tithi 18

Gulika 8:00AM – 9:33AM
Yama 3:43PM – 5:16PM
494893462 **Rahu** 11:05AM – 12:38PM

Dhanishtha Until 11:57PM
Ayushman Until 12:49AM Sat
Vanija Until 3:37PM
Tritiya Until 4:47AM Sat

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:48PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 97

Kumbha Rasi: 9.39 Tithi 19

Gulika 6:28AM – 8:00AM
Yama 2:11PM – 3:43PM
494893462 **Rahu** 9:33AM – 11:06AM

Shatabhishak Until 2:45AM Sun
Saubhagya Until 2:45AM Sun
Bava Until 6:00PM
Chaturthi* Until 7:12AM Sun

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:48PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Ashada-Adi

Until 2:45AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 98

Kumbha Rasi: 21.31 Tithi 19 – 20

Gulika 3:43PM – 5:16PM
Yama 12:38PM – 2:11PM
414893462 **Rahu** 5:16PM – 6:48PM

Purvaproshtapada* Until 5:53AM Mon
Sobhana Until 2:46AM Mon
Kaulava Until 8:25PM
Chaturthi* Until 7:12AM

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:48PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 99

Meena Rasi: 3.23 Tithi 20 – 21

Family Home Evening

Gulika 2:11PM – 3:43PM
Yama 11:06AM – 12:38PM
414893462 **Rahu** 8:01AM – 9:33AM

Uttaraproshtapada Until 8:40AM Tue
Athiganda* Until 3:35AM Tue
Gara Until 10:42PM
Panchami Until 9:34AM

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:48PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Ashada-Adi

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 100

Meena Rasi: 15.19 Tithi 21 – 22

Gulika 12:38PM – 2:11PM
Yama 9:33AM – 11:06AM
414893462 **Rahu** 3:43PM – 5:16PM

Uttaraproshtapada Until 8:40AM
Sukarma Until 4:11AM Wed
Visti Until 12:42AM Wed
Shashthi* Until 11:44AM

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:48PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Ashada-Adi

Until 8:40AM
Then Creative Work - Siddha Yoga

D

Wednesday, July 24, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 101

Meena Rasi: 27.23 Tithi 22 – 23

Gulika 11:06AM – 12:38PM
Yama 8:01AM – 9:33AM
414893462 **Rahu** 12:38PM – 2:11PM

Revati Until 10:57AM
Dhriti Until 4:26AM Thu
Balava Until 2:16AM Thu
Saptami Until 1:32PM

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:48PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Subha Sivaloka Day

Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria
Sun 8 Sutra 102

Mesha Rasi: 9.4 Tithi 23 – 24

Gulika 9:33AM – 11:06AM
Yama 6:28AM – 8:01AM
424893462 **Rahu** 2:11PM – 3:43PM

Ashvini Until 1:04PM
Shula* Until 4:10AM Fri
Taitila Until 3:13AM Fri
Ashtami* Until 2:48PM

Ganesha: White *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:48PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day

Ashada-Adi

Until 1:04PM
Then Creative Work - Siddha Yoga


1	Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 103
	Mesha Rasi: 22.11	Tithi 24 – 25	Gulika 8:01AM – 9:33AM	Bharani Until 2:23PM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Vikarin 5121
			Yama 3:43PM – 5:16PM	Ganda* Until 3:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	424893462 Rahu 11:06AM – 12:38PM	Vanija Until 3:27AM Sat	Nataraja: White		2nd Phase
			Navami* Until 3:25PM	Moon – White		Subha Subha Sivaloka Day	
				Ashada*Adi			

2	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 104
	Vrishabha Rasi: 5.04	Tithi 25 – 26	Gulika 6:29AM – 8:01AM	Krittika Until 2:49PM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Vikarin 5121
			Yama 2:11PM – 3:43PM	Vriddhi Until 1:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 15
	Creative Work	Amrita Yoga	424893462 Rahu 9:33AM – 11:06AM	Bava Until 2:55AM Sun	Nataraja: White		2nd Phase
			Dashami Until 3:16PM	Moon – White		Subha Subha Sivaloka Day	
				Ashada*Adi			

3	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 105
	Vrishabha Rasi: 18.21	Tithi 26 – 27	Gulika 3:43PM – 5:15PM	Rohini Until 2:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM	Vikarin 5121
			Yama 12:38PM – 2:11PM	Dhruva Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	424893462 Rahu 5:15PM – 6:48PM	Kaulava Until 1:36AM Mon	Nataraja: White		2nd Phase
			Ekadashi* Until 2:20PM	Moon – Yellow		Subha Sivaloka Day	
				Ashada*Adi			

4	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 106
	Mithuna Rasi: 2.04	Tithi 27 – 28	Gulika 2:11PM – 3:43PM	Mrigashira Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Vikarin 5121
	Family Home Evening		Yama 11:06AM – 12:38PM	Vyaghata* Until 9:14PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 15
	Creative Work	Amrita Yoga	435893462 Rahu 8:01AM – 9:33AM	Gara Until 11:35PM	Nataraja: White		2nd Phase
			Dvadashi* Until 12:39PM	Moon – Yellow		Sivaloka Day	
				Ashada*Adi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 13 Sutra 107
	Mithuna Rasi: 16.14	Tithi 28 – 29	Gulika 12:38PM – 2:11PM	Ardra Until 12:07PM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Vikarin 5121
			Yama 9:33AM – 11:06AM	Harshana Until 6:07PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 15
	Routine Work	Marana Yoga	435893462 Rahu 3:43PM – 5:15PM	Visti Until 8:57PM	Nataraja: White		2nd Phase
			Trayodashi* Until 10:19AM	Moon – Yellow		Sivaloka Day	
				Ashada*Adi			

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 108
	Retreat Star		Gulika 11:06AM – 12:38PM	Punarvasu Until 10:09AM	Ganesha: Green	<i>Sunrise:</i> 6:29AM	Vikarin 5121
	Kataka Rasi: 0.46	Tithi 29 – 30	Yama 8:01AM – 9:33AM	Vajra* Until 2:33PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	445893462 Rahu 12:38PM – 2:10PM	Naga Until 4:11AM Thu	Nataraja: White		Amavasya
			Chaturdashi* Until 7:27AM	Moon – Blue		Sivaloka Day	
				Ashada*Adi			

Retreat Star	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 109
	Kataka Rasi: 15.37	Tithi 1	Gulika 9:33AM – 11:06AM	Pushya Until 7:40AM	Ganesha: Green	<i>Sunrise:</i> 6:29AM	Vikarin 5121
			Yama 6:29AM – 8:01AM	Siddhi Until 10:43AM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 15
	Creative Work	Amrita Yoga	445893462 Rahu 2:10PM – 3:43PM	Kintughna Until 2:28PM	Nataraja: White		Prathama
			Prathama* Until 12:41AM Fri	Moon – Blue		Sivaloka Day	
				Sravana*Adi			
				<i>Then Creative Work - Siddha Yoga</i>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 0.38	Tithi 2	Gulika 8:01AM – 9:33AM	Magha* Until 2:13AM Sat	Ganesha: White	<i>Sunrise:</i> 6:29AM		
		Yama 3:43PM – 5:15PM	Vyatipata* Until 6:45AM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 16	
		455893462 Rahu 11:06AM – 12:38PM	Balava Until 10:55AM	Nataraja: White		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 9:07PM	Moon – Red		Sivaloka Day	
Until 2:13AM Sat				Sravana*Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 15.41	Tithi 3 – 4	Gulika 6:29AM – 8:01AM	Purvaphalguni Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 6:29AM		
		Yama 2:10PM – 3:42PM	Parigha* Until 10:49PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 16	
		455893462 Rahu 9:33AM – 11:06AM	Taitila Until 7:22AM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 5:37PM	Moon – Red		Sivaloka Day	
Until 11:36PM				Sravana*Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 0.37	Tithi 4 – 5	Gulika 3:42PM – 5:15PM	Uttaraphalguni Until 9:06PM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM		
		Yama 12:38PM – 2:10PM	Shiva Until 7:08PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 16	
		455993462 Rahu 5:15PM – 6:47PM	Bava Until 12:51AM Mon	Nataraja: White		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 2:20PM	Moon – Red		Subha Sivaloka Day	
		Nag Panchami		Sravana*Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 15.19	Tithi 5 – 6	Gulika 2:10PM – 3:42PM	Hasta Until 7:17PM	Ganesha: White	<i>Sunrise:</i> 6:29AM		
Family Home Evening		Yama 11:06AM – 12:38PM	Siddha Until 3:45PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 7 - Phase 16	
		465993462 Rahu 8:01AM – 9:33AM	Kaulava Until 10:10PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 11:26AM	Moon – Green		Subha Subha Sivaloka Day	
Until 7:17PM				Sravana*Adi			
Then Routine Work - Prabalarishta Yoga							

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 29.41	Tithi 6 – 7	Gulika 12:38PM – 2:10PM	Chitra Until 5:52PM	Ganesha: White	<i>Sunrise:</i> 6:29AM		
		Yama 9:33AM – 11:05AM	Sadhya Until 12:48PM	Muruqa: Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16	
		465993462 Rahu 3:42PM – 5:14PM	Gara Until 8:02PM	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 9:00AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 13.41	Tithi 7 – 8	Gulika 11:05AM – 12:38PM	Svati Until 4:54PM	Ganesha: White	<i>Sunrise:</i> 6:29AM		
		Yama 8:01AM – 9:33AM	Subha Until 10:21AM	Muruqa: Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16	
		465993462 Rahu 12:38PM – 2:10PM	Visti Until 6:30PM	Nataraja: White		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 7:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 27.16	Tithi 9	Gulika 9:33AM – 11:05AM	Vishakha Until 4:54PM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM		
		Yama 6:29AM – 8:01AM	Sukla Until 8:25AM	Muruqa: Blue	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16	
		476993462 Rahu 2:10PM – 3:42PM	Balava Until 5:39PM	Nataraja: White		Navami	
Creative Work	Siddha Yoga		Navami* Until 5:28AM Fri	Moon – Orange		Sivaloka Day	
				Sravana*Adi			

1	Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 117
	Wrischika Rasi: 10.29	Tithi 10	476993462	Gulika 8:01AM – 9:33AM Yama 3:42PM – 5:14PM Rahu 11:05AM – 12:37PM	Anuradha Until 5:24PM Brahma Until 7:02AM Taitila Until 5:28PM Dashami Until 5:36AM Sat	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 6:29AM Sunset: 6:46PM Moon 7 - Phase 17 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day
	Until 5:24PM						
Then Routine Work - Marana Yoga							

2	Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Vishti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 118
	Wrischika Rasi: 23.23	Tithi 11	476993462	Gulika 6:29AM – 8:01AM Yama 2:09PM – 3:41PM Rahu 9:33AM – 11:05AM	Jyeshtha* Until 6:22PM Indra Until 6:10AM Vanija Until 5:55PM Ekadashi Until 6:20AM Sun	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 6:29AM Sunset: 6:46PM Moon 7 - Phase 17 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day

3	Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vishti*/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 119
	Dhanus Rasi: 5.59	Tithi 11 – 12	486993462	Gulika 3:41PM – 5:13PM Yama 12:37PM – 2:09PM Rahu 5:13PM – 6:45PM	Mula* Until 8:12PM Vishkambha* Until 5:46AM Mon Bava Until 6:56PM Ekadashi Until 6:20AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:29AM Sunset: 6:45PM Moon 7 - Phase 17 4th Phase
	Creative Work Amrita Yoga						Subha Sivaloka Day
	Until 8:12PM						
Then Creative Work - Siddha Yoga							

4	Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 120
	Dhanus Rasi: 18.21	Tithi 12 – 13	486993462	Gulika 2:09PM – 3:41PM Yama 11:05AM – 12:37PM Rahu 8:01AM – 9:33AM	Purvashadha* Until 10:20PM Priti Until 6:07AM Tue Kaulava Until 8:25PM Dvadashi Until 7:36AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:29AM Sunset: 6:45PM Moon 7 - Phase 17 4th Phase
	Family Home Evening						Subha Sivaloka Day
	Routine Work Marana Yoga						
<i>Pradosha Vrata</i>							

5	Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 121
	Makara Rasi: 0.32	Tithi 13 – 14	486993462	Gulika 12:37PM – 2:09PM Yama 9:33AM – 11:05AM Rahu 3:41PM – 5:13PM	Uttarashadha Until 12:38AM Wed Priti Until 6:07AM Gara Until 10:16PM Trayodashi Until 9:17AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 6:29AM Sunset: 6:45PM Moon 7 - Phase 17 4th Phase
	Routine Work Prabalarishta Yoga						Subha Sivaloka Day
	Until 12:38AM Wed						
Then Creative Work - Siddha Yoga							

	Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vishti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sutra 122
	Copper Retreat Star						
	Makara Rasi: 12.35	Tithi 14 – 15	496993462	Gulika 11:04AM – 12:36PM Yama 8:01AM – 9:32AM Rahu 12:36PM – 2:08PM	Shravana Until 3:33AM Thu Ayushman Until 6:42AM Vishti Until 12:25AM Thu Chaturdashi* Until 11:18AM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 6:29AM Sunset: 6:44PM Moon 7 - Phase 17 Purnima
	Creative Work Siddha Yoga						Sivaloka Day
Raksha Bandhan							

6	Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sutra 123
	Silver Retreat Star						
	Makara Rasi: 24.32	Tithi 15 – 16	497993462	Gulika 9:32AM – 11:04AM Yama 6:28AM – 8:00AM Rahu 2:08PM – 3:40PM	Dhanishtha Until 6:27AM Fri Saubhagya Until 7:29AM Balava Until 2:44AM Fri Purnima* Until 1:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 6:28AM Sunset: 6:44PM Moon 7 - Phase 17 Prathama
	Creative Work Siddha Yoga						Subha Sivaloka Day



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 6.26 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 8:00AM – 9:32AM
Yama 3:40PM – 5:12PM
Rahu 11:04AM – 12:36PM

Dhanishtha **Until 6:27AM**
Sobhana **Until 8:24AM**
Taitila **Until 5:10AM Sat**
Prathama* Until 3:55PM

Ganesha: Yellow *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:44PM*
Nataraja: White
Moon – Purple

Port Harcourt, Nigeria
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Adi

1

Saturday, August 17, 2019

Kumbha Rasi: 18.17 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 9:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Gara Karana Dvitiyayam Titau

Gulika 6:28AM – 8:00AM
Yama 2:08PM – 3:40PM
Rahu 9:32AM – 11:04AM

Shatabhishak **Until 9:16AM**
Athiganda* **Until 9:21AM**
Gara **Until 6:21PM**
Dvitiya Until 6:21PM

Ganesha: Yellow *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:44PM*
Nataraja: White
Moon – Purple

Port Harcourt, Nigeria
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Avani

2

Sunday, August 18, 2019

Meena Rasi: 0.09 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 12:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trilyayam Titau

Gulika 3:39PM – 5:11PM
Yama 12:36PM – 2:08PM
Rahu 5:11PM – 6:43PM

Purvaproshtapada* Until 12:25PM
Sukarma **Until 10:18AM**
Vanija **Until 7:35AM**
Tritiya Until 8:45PM

Ganesha: White *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:43PM*
Nataraja: White
Moon – Clear

Port Harcourt, Nigeria
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

3

Monday, August 19, 2019

Meena Rasi: 12.02 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:07PM – 3:39PM
Yama 11:04AM – 12:35PM
Rahu 8:00AM – 9:32AM

Uttaraproshtapada Until 3:16PM
Dhriti **Until 11:12AM**
Bava **Until 9:55AM**
Chaturthi* Until 11:00PM

Ganesha: White *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:43PM*
Nataraja: White
Moon – Clear

Port Harcourt, Nigeria
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

4

Tuesday, August 20, 2019

Meena Rasi: 24 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:35PM – 2:07PM
Yama 9:32AM – 11:03AM
Rahu 3:39PM – 5:11PM

Revati Until 5:46PM
Shula* **Until 11:54AM**
Kaulava **Until 12:03PM**
Panchami Until 12:59AM Wed

Ganesha: White *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:42PM*
Nataraja: White
Moon – Clear

Port Harcourt, Nigeria
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

5

Wednesday, August 21, 2019

Mesha Rasi: 6.05 Tilthi 21

527993462

Routine Work Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:03AM – 12:35PM
Yama 8:00AM – 9:31AM
Rahu 12:35PM – 2:07PM

Ashvini Until 8:14PM
Ganda* **Until 12:22PM**
Gara **Until 1:52PM**
Shashthi* Until 2:35AM Thu

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:42PM*
Nataraja: White
Moon – White

Port Harcourt, Nigeria
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Avani

6

Thursday, August 22, 2019

Mesha Rasi: 18.2 Tilthi 22

528993462

Creative Work Siddha Yoga

Until 10:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 9:31AM – 11:03AM
Yama 6:28AM – 7:59AM
Rahu 2:06PM – 3:38PM

Bharani Until 10:04PM
Vridhhi **Until 12:30PM**
Visti **Until 3:13PM**
Saptami Until 3:39AM Fri

Ganesha: White *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:42PM*
Nataraja: White
Moon – White

Port Harcourt, Nigeria
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Sravana-Avani

D

Friday, August 23, 2019
Retreat Star

Vrishabha Rasi: 0.49 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 11:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:59AM – 9:31AM
Yama 3:38PM – 5:10PM
Rahu 11:03AM – 12:34PM

Krittika Until 11:07PM
Dhruva **Until 12:09PM**
Balava **Until 3:58PM**
Ashtami* Until 4:03AM Sat

Ganesha: White *Sunrise: 6:28AM*
Muruqa: Blue *Sunset: 6:41PM*
Nataraja: White
Moon – White

Port Harcourt, Nigeria
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Sravana-Avani

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vrishabha Rasi: 13.37 Tilthi 24

538993462

Creative Work Amrita Yoga

Until 11:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Gulika 6:27AM – 7:59AM
Yama 2:06PM – 3:38PM
Rahu 9:31AM – 11:02AM

Rohini Until 11:45PM
Vyaghata* **Until 11:16AM**
Taitila **Until 4:00PM**
Navami* Until 3:42AM Sun

Ganesha: Clear *Sunrise: 6:27AM*
Muruqa: Blue *Sunset: 6:41PM*
Nataraja: White
Moon – Yellow

Port Harcourt, Nigeria
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 133 Vikarin 5121
Wrishabha Rasi: 26.47	Tithi 25	Gulika 3:37PM – 5:09PM	Mrigashira Until 11:27PM	Ganesha: Clear <i>Sunrise:</i> 6:27AM	
		Yama 12:34PM – 2:06PM	Harshana Until 9:46AM	Muruqa: Blue <i>Sunset:</i> 6:41PM	Moon 8 - Phase 19
538993462	Rahu 5:09PM – 6:41PM		Vanija Until 3:14PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:33AM Mon	Moon – Yellow	Subha Sivaloka Day
				Sravana-Avani	

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 10.25	Tithi 26	Gulika 2:05PM – 3:37PM	Ardra Until 10:15PM	Ganesha: Clear <i>Sunrise:</i> 6:27AM	
Family Home Evening		Yama 11:02AM – 12:34PM	Vajra* Until 7:37AM	Muruqa: Blue <i>Sunset:</i> 6:40PM	Moon 8 - Phase 19
538993462	Rahu 7:59AM – 9:30AM		Bava Until 1:42PM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:38AM Tue	Moon – Yellow	Subha Sivaloka Day
Until 10:15PM				Sravana-Avani	
Then Creative Work - Amrita Yoga					

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 24.3	Tithi 27	Gulika 12:33PM – 2:05PM	Punarvasu Until 8:39PM	Ganesha: Purple <i>Sunrise:</i> 6:27AM	
		Yama 9:30AM – 11:02AM	Vyatipata* Until 1:36AM Wed	Muruqa: Blue <i>Sunset:</i> 6:40PM	Moon 8 - Phase 19
548993462	Rahu 3:37PM – 5:08PM		Kaulava Until 11:26AM	Nataraja: White	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:03PM	Moon – Blue	Sivaloka Day
				Sravana-Avani	

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau	Port Harcourt, Nigeria Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 9.02	Tithi 28	Gulika 11:01AM – 12:33PM	Pushya Until 6:20PM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM	
		Yama 7:58AM – 9:30AM	Variyan Until 9:51PM	Muruqa: Blue <i>Sunset:</i> 6:39PM	Moon 8 - Phase 19
549993463	Rahu 12:33PM – 2:05PM		Gara Until 8:34AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:55PM	Moon – Blue	Devaloka Day
				Sravana-Avani	
				<i>Pradosha Vrata (Fasting)</i>	

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Port Harcourt, Nigeria Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 23.56	Tithi 29 – 30	Gulika 9:30AM – 11:01AM	Ashlesha* Until 3:29PM	Ganesha: Orange <i>Sunrise:</i> 6:27AM	
		Yama 6:27AM – 7:58AM	Parigha* Until 5:49PM	Muruqa: Blue <i>Sunset:</i> 6:39PM	Moon 8 - Phase 19
549193463	Rahu 2:04PM – 3:36PM		Catuspada Until 1:31AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:23PM	Moon – Blue	Sivaloka Day
Until 3:29PM				Sravana-Avani	
Then Creative Work - Amrita Yoga					

Retreat Star		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 138 Vikarin 5121
Simha Rasi: 9.06	Tithi 30 – 1	Gulika 7:58AM – 9:29AM	Magha* Until 12:39PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM	
		Yama 3:36PM – 5:07PM	Shiva Until 1:36PM	Muruqa: Blue <i>Sunset:</i> 6:39PM	Moon 8 - Phase 19
559193463	Rahu 11:01AM – 12:32PM		Kintughna Until 9:41PM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 11:36AM	Moon – Red	Sivaloka Day
Until 12:39PM		Varalakshmi Vratam		Sravana-Avani	
Then Creative Work - Siddha Yoga					

Retreat Star		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 24.21	Tithi 1 – 2	Gulika 6:26AM – 7:58AM	Purvaphalguni Until 9:37AM	Ganesha: Clear <i>Sunrise:</i> 6:26AM	
		Yama 2:04PM – 3:35PM	Siddha Until 9:18AM	Muruqa: Blue <i>Sunset:</i> 6:38PM	Moon 8 - Phase 19
559193463	Rahu 9:29AM – 11:01AM		Kaulava Until 4:00AM Sun	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:45AM	Moon – Red	Sivaloka Day
Until 9:37AM				Bhadrapada-Avani	
Then Routine Work - Marana Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trilayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 140 Vikarin 5121
	Kanya Rasi: 9.32	Tithi 3	Gulika	3:35PM – 5:06PM	Uttaraphalguni	Until 6:35AM	Ganesha: Clear Sunrise: 6:26AM Muruga: Blue Sunset: 6:38PM Nataraja: Clear Moon – Red
	569193463	Rahu	Yama	12:32PM – 2:03PM	Subha	Until 1:11AM Mon	Moon 8 - Phase 20 3rd Phase
	Creative Work	Amrita Yoga	Rahu	5:06PM – 6:38PM	Taitila	Until 2:14PM	Sivaloka Day Bhadrapada-Avani
			Tritiya				Until 12:31AM Mon

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau				Port Harcourt, Nigeria Sun 17 Sutra 141 Vikarin 5121
	Kanya Rasi: 24.3	Tithi 4	Gulika	2:03PM – 3:34PM	Chitra	Until 1:56AM Tue	Ganesha: Orange Sunrise: 6:26AM Muruga: Blue Sunset: 6:37PM Nataraja: Clear Moon – Green
	569193463	Rahu	Yama	11:00AM – 12:32PM	Sukla	Until 9:35PM	Moon 8 - Phase 20 3rd Phase
	Routine Work	Prabalarishta Yoga	Rahu	7:57AM – 9:29AM	Vanija	Until 10:57AM	Sivaloka Day Bhadrapada-Avani
			Ganesha Chaturthi				Chaturthi* Until 9:28PM
							Until 1:56AM Tue
							Then Creative Work - Siddha Yoga

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 142 Vikarin 5121
	Tula Rasi: 9.06	Tithi 5	Gulika	12:31PM – 2:03PM	Svati	Until 12:15AM Wed	Ganesha: Orange Sunrise: 6:26AM Muruga: Blue Sunset: 6:37PM Nataraja: Clear Moon – Green
	569193463	Rahu	Yama	9:28AM – 11:00AM	Brahma	Until 6:28PM	Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga	Rahu	3:34PM – 5:05PM	Bava	Until 8:10AM	Sivaloka Day Bhadrapada-Avani
			Panchami				Until 7:00PM

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 143 Vikarin 5121
	Tula Rasi: 23.15	Tithi 6 – 7	Gulika	10:59AM – 12:31PM	Vishakha	Until 11:35PM	Ganesha: Green Sunrise: 6:25AM Muruga: Blue Sunset: 6:36PM Nataraja: Clear Moon – Orange
	579193463	Rahu	Yama	7:57AM – 9:28AM	Indra	Until 3:57PM	Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga	Rahu	12:31PM – 2:02PM	Kaulava	Until 6:02AM	Subha Sivaloka Day Bhadrapada-Avani
			Shashthi*				Until 5:14PM

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 144 Vikarin 5121
	Vrischika Rasi: 6.56	Tithi 7 – 8	Gulika	9:28AM – 10:59AM	Anuradha	Until 11:35PM	Ganesha: Orange Sunrise: 6:25AM Muruga: Blue Sunset: 6:36PM Nataraja: Clear Moon – Orange
	571193463	Rahu	Yama	6:25AM – 7:56AM	Vaidhriti*	Until 2:04PM	Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga	Rahu	2:02PM – 3:33PM	Visti	Until 4:08AM Fri	Sivaloka Day Bhadrapada-Avani
			Saptami				Until 4:17PM
							Until 11:35PM
							Then Routine Work - Prabalarishta Yoga

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 145 Vikarin 5121
	Vrischika Rasi: 20.09	Tithi 8 – 9	Gulika	7:56AM – 9:28AM	Jyeshtha*	Until 12:13AM Sat	Ganesha: Orange Sunrise: 6:25AM Muruga: Blue Sunset: 6:36PM Nataraja: Clear Moon – Orange
	571193463	Rahu	Yama	3:33PM – 5:04PM	Vishkambha*	Until 12:50PM	Moon 8 - Phase 20 Ashtami
	Routine Work	Marana Yoga	Rahu	10:59AM – 12:30PM	Balava	Until 4:25AM Sat	Sivaloka Day Bhadrapada-Avani
			Ashtami*				Until 4:10PM
							Until 12:13AM Sat
							Then Creative Work - Siddha Yoga

D	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 146 Vikarin 5121
	Dhanus Rasi: 2.57	Tithi 9 – 10	Gulika	6:25AM – 7:56AM	Mula*	Until 1:56AM Sun	Ganesha: Green Sunrise: 6:25AM Muruga: Blue Sunset: 6:35PM Nataraja: Clear Moon – Light Blue
	581193463	Rahu	Yama	2:01PM – 3:32PM	Priti	Until 12:15PM	Moon 8 - Phase 20 Navami
	Creative Work	Siddha Yoga	Rahu	9:27AM – 10:59AM	Taitila	Until 5:27AM Sun	Devaloka Day Bhadrapada-Avani
			Navami*				Until 4:49PM

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau			Port Harcourt, Nigeria Sun 23 Sutra 147
Dhanus Rasi: 15.25	Tithi 10	Gulika 3:32PM – 5:03PM	Purvashadha* Until 4:05AM Mon	Ganesha: Green <i>Sunrise:</i> 6:24AM	Vikarin 5121
		Yama 12:30PM – 2:01PM	Ayushman Until 12:11PM	Muruqa: Blue <i>Sunset:</i> 6:35PM	Moon 8 - Phase 21
	581193463	Rahu 5:03PM – 6:35PM	Gara Until 6:10PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	Devaloka Day
Until 4:05AM Mon		Grandparent's Day	Dashami Until 6:10PM	Bhadrapada-Avani	
Then Routine Work - Marana Yoga					

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Port Harcourt, Nigeria Sun 24 Sutra 148
Dhanus Rasi: 27.38	Tithi 11	Gulika 2:00PM – 3:32PM	Uttarashadha Until 6:30AM Tue	Ganesha: Green <i>Sunrise:</i> 6:24AM	Vikarin 5121
Family Home Evening		Yama 10:58AM – 12:29PM	Saubhagya Until 12:34PM	Muruqa: Blue <i>Sunset:</i> 6:34PM	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	Rahu 7:55AM – 9:27AM	Vanija Until 7:05AM	Nataraja: Clear	4th Phase
Until 6:30AM Tue			Ekadashi Until 8:03PM	Moon – Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Port Harcourt, Nigeria Sun 25 Sutra 149
Makara Rasi: 9.4	Tithi 12	Gulika 12:29PM – 2:00PM	Uttarashadha Until 6:30AM	Ganesha: Green <i>Sunrise:</i> 6:24AM	Vikarin 5121
		Yama 9:26AM – 10:58AM	Sobhana Until 1:16PM	Muruqa: Blue <i>Sunset:</i> 6:34PM	Moon 8 - Phase 21
	581193463	Rahu 3:31PM – 5:02PM	Bava Until 9:09AM	Nataraja: Clear	4th Phase
Routine Work Prabalarishta Yoga			Dvadashi Until 10:16PM	Moon – Light Blue	Devaloka Day
Until 6:30AM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Port Harcourt, Nigeria Sun 26 Sutra 150
Makara Rasi: 21.34	Tithi 13	Gulika 10:57AM – 12:28PM	Shravana Until 9:32AM	Ganesha: Red <i>Sunrise:</i> 6:24AM	Vikarin 5121
		Yama 7:55AM – 9:26AM	Athiganda* Until 2:07PM	Muruqa: Blue <i>Sunset:</i> 6:33PM	Moon 8 - Phase 21
	591193463	Rahu 12:28PM – 2:00PM	Kaulava Until 11:29AM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 12:41AM Thu	Moon – Purple	Sivaloka Day
Until 9:32AM		Avani Avittam		Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Port Harcourt, Nigeria Sun 27 Sutra 151
Kumbha Rasi: 3.26	Tithi 14	Gulika 9:26AM – 10:57AM	Dhanishtha Until 12:31PM	Ganesha: Red <i>Sunrise:</i> 6:24AM	Vikarin 5121
		Yama 6:24AM – 7:55AM	Sukarma Until 3:04PM	Muruqa: Blue <i>Sunset:</i> 6:33PM	Moon 8 - Phase 21
	591193463	Rahu 1:59PM – 3:30PM	Gara Until 1:57PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 3:09AM Fri	Moon – Purple	Sivaloka Day
		Chidambaram Abhishekam		Bhadrapada-Avani	

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Port Harcourt, Nigeria Sutra 152
Copper Retreat Star		Gulika 7:54AM – 9:26AM	Shatabhishak Until 3:20PM	Ganesha: Red <i>Sunrise:</i> 6:23AM	Vikarin 5121
Kumbha Rasi: 15.17	Tithi 15	Yama 3:30PM – 5:01PM	Dhriti Until 4:01PM	Muruqa: Purple <i>Sunset:</i> 6:32PM	Moon 8 - Phase 21
	591113463	Rahu 10:57AM – 12:28PM	Visti Until 4:24PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 5:36AM Sat	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau			Port Harcourt, Nigeria Sutra 153
Silver Retreat Star		Gulika 6:23AM – 7:54AM	Purvaproshtapada* Until 6:25PM	Ganesha: Red <i>Sunrise:</i> 6:23AM	Vikarin 5121
Kumbha Rasi: 27.1	Tithi 16	Yama 1:59PM – 3:30PM	Shula* Until 4:53PM	Muruqa: Purple <i>Sunset:</i> 6:32PM	Moon 8 - Phase 21
	511113463	Rahu 9:25AM – 10:56AM	Balava Until 6:48PM	Nataraja: Clear	Prathama
Routine Work Marana Yoga			Prathama* Until 7:55AM Sun	Moon – Clear	Sivaloka Day
Until 6:25PM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria
Sutra 154
Vikarin 5121

Meena Rasi: 9.04 Tithi 16 – 17

Gulika 3:29PM – 5:00PM **Uttaraproshtapada Until 9:13PM**
Yama 12:27PM – 1:58PM **Ganda* Until 5:40PM**
Rahu 5:00PM – 6:31PM **Taitila Until 9:03PM**

Ganesha: Yellow **Sunrise:** 6:23AM
Muruqa: Purple **Sunset:** 6:31PM

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Prathama* Until 7:55AM

Moon – Clear
Bhadrapada-Avani

Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 155
Vikarin 5121

Meena Rasi: 21.03 Tithi 17 – 18

Gulika 1:58PM – 3:29PM **Revati Until 11:39PM**
Yama 10:56AM – 12:27PM **Vriddhi Until 6:20PM**
Rahu 7:54AM – 9:25AM **Vanija Until 11:06PM**

Ganesha: Yellow **Sunrise:** 6:23AM
Muruqa: Purple **Sunset:** 6:31PM

Moon 9 - Phase 22
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Dvitiya Until 10:05AM

Moon – Clear
Bhadrapada-Avani

Sivaloka Day

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 156
Vikarin 5121

Mesha Rasi: 3.06 Tithi 18 – 19

Gulika 12:26PM – 1:57PM **Ashvini Until 2:11AM Wed**
Yama 9:24AM – 10:55AM **Dhruva Until 6:46PM**
Rahu 3:28PM – 4:59PM **Bava Until 12:55AM Wed**

Ganesha: White **Sunrise:** 6:22AM
Muruqa: Purple **Sunset:** 6:30PM

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:02PM

Moon – White
Bhadrapada-Puratasi

Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 157
Vikarin 5121

Mesha Rasi: 15.16 Tithi 19 – 20

Gulika 10:55AM – 12:26PM **Bharani Until 4:13AM Thu**
Yama 7:53AM – 9:24AM **Vyaghata* Until 6:59PM**
Rahu 12:26PM – 1:57PM **Kaulava Until 2:23AM Thu**

Ganesha: White **Sunrise:** 6:22AM
Muruqa: Purple **Sunset:** 6:30PM

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 1:41PM

Moon – White
Bhadrapada-Puratasi

Devaloka Day

Until 4:13AM Thu
Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 158
Vikarin 5121

Mesha Rasi: 27.35 Tithi 20 – 21

Gulika 9:24AM – 10:55AM **Krittika Until 5:39AM Fri**
Yama 6:22AM – 7:53AM **Harshana Until 6:55PM**
Rahu 1:57PM – 3:28PM **Gara Until 3:26AM Fri**

Ganesha: White **Sunrise:** 6:22AM
Muruqa: Purple **Sunset:** 6:29PM

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Panchami Until 2:57PM

Moon – White
Bhadrapada-Puratasi

Devaloka Day

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 159
Vikarin 5121

Vrishabha Rasi: 10.05 Tithi 21 – 22

Gulika 7:53AM – 9:23AM **Rohini Until 6:52AM Sat**
Yama 3:27PM – 4:58PM **Vajra* Until 6:24PM**
Rahu 10:54AM – 12:25PM **Visti Until 3:55AM Sat**

Ganesha: Clear **Sunrise:** 6:22AM
Muruqa: Purple **Sunset:** 6:29PM

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Shashthi* Until 3:44PM

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Until 6:52AM Sat
Then Creative Work - Siddha Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 160
Vikarin 5121

Vrishabha Rasi: 22.51 Tithi 22 – 23

Gulika 6:21AM – 7:52AM **Rohini Until 6:52AM**
Yama 1:56PM – 3:27PM **Siddhi Until 5:26PM**
Rahu 9:23AM – 10:54AM **Balava Until 3:45AM Sun**

Ganesha: Clear **Sunrise:** 6:21AM
Muruqa: Purple **Sunset:** 6:28PM

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Saptami Until 3:54PM

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Until 6:52AM
Then Creative Work - Siddha Yoga



Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Varyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 161
Vikarin 5121

Mithuna Rasi: 5.56 Tithi 23 – 24

Gulika 3:26PM – 4:57PM **Mrigashira Until 7:17AM**
Yama 12:25PM – 1:55PM **Vyatipata* Until 3:55PM**
Rahu 4:57PM – 6:28PM **Taitila Until 2:52AM Mon**

Ganesha: Orange **Sunrise:** 6:21AM
Muruqa: Purple **Sunset:** 6:28PM

Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 3:23PM

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria
Sun 8 Sutra 162
Vikarin 5121

Mithuna Rasi: 19.25 Tithi 24 – 25

Gulika 1:55PM – 3:26PM **Ardra Until 6:50AM**
Yama 10:53AM – 12:24PM **Varyan Until 1:48PM**
Rahu 7:52AM – 9:23AM **Vanija Until 1:16AM Tue**

Ganesha: Orange **Sunrise:** 6:21AM
Muruqa: Purple **Sunset:** 6:27PM

Moon 9 - Phase 22
Navami

Creative Work Siddha Yoga

Navami* Until 2:08PM

Moon – Yellow
Bhadrapada-Puratasi

Sivaloka Day

Until 6:50AM
Then Creative Work - Amrita Yoga

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 163 Vikarin 5121
Kataka Rasi: 3.2	Tithi 25 – 26	Gulika 12:24PM – 1:55PM	Pushya Until 4:18AM Wed	Ganesha: Light Blue <i>Sunrise:</i> 6:21AM	
		Yama 9:22AM – 10:53AM	Parigha* Until 11:08AM	Muruqa: Purple <i>Sunset:</i> 6:27PM	Moon 9 - Phase 23
	542213463	Rahu 3:25PM – 4:56PM	Bava Until 10:59PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:11PM	Moon – Blue	Devaloka Day
				Bhadrapada•Puratasi	

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 164 Vikarin 5121
Kataka Rasi: 17.41	Tithi 26 – 27	Gulika 10:53AM – 12:24PM	Ashlesha* Until 1:57AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 6:21AM	
		Yama 7:51AM – 9:22AM	Shiva Until 7:56AM	Muruqa: Purple <i>Sunset:</i> 6:27PM	Moon 9 - Phase 23
	542213463	Rahu 12:24PM – 1:54PM	Kaulava Until 8:07PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 9:36AM	Moon – Blue	Devaloka Day
Until 1:57AM Thu				Bhadrapada•Puratasi	
Then Creative Work - Amrita Yoga					

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 165 Vikarin 5121
Simha Rasi: 2.25	Tithi 27 – 28	Gulika 9:22AM – 10:52AM	Magha* Until 11:26PM	Ganesha: Purple <i>Sunrise:</i> 6:20AM	
		Yama 6:20AM – 7:51AM	Sadhya Until 12:18AM Fri	Muruqa: Purple <i>Sunset:</i> 6:26PM	Moon 9 - Phase 23
	552213463	Rahu 1:54PM – 3:25PM	Vanija Until 2:59AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 6:29AM	Moon – Red	Devaloka Day
Until 11:26PM				Bhadrapada•Puratasi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau	Port Harcourt, Nigeria Sun 12 Sutra 166 Vikarin 5121
Simha Rasi: 17.28	Tithi 29	Gulika 7:51AM – 9:21AM	Purvaphalguni Until 8:31PM	Ganesha: Purple <i>Sunrise:</i> 6:20AM	
		Yama 3:24PM – 4:55PM	Subha Until 8:07PM	Muruqa: Purple <i>Sunset:</i> 6:26PM	Moon 9 - Phase 23
	552213463	Rahu 10:52AM – 12:23PM	Visti Until 1:09PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:15PM	Moon – Red	Devaloka Day
				Bhadrapada•Puratasi	

Retreat Star		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Port Harcourt, Nigeria Sun 13 Sutra 167 Vikarin 5121
Kanya Rasi: 2.4	Tithi 30	Gulika 6:20AM – 7:51AM	Uttaraphalguni Until 5:24PM	Ganesha: Light Blue <i>Sunrise:</i> 6:20AM	
		Yama 1:53PM – 3:24PM	Sukla Until 3:51PM	Muruqa: Purple <i>Sunset:</i> 6:25PM	Moon 9 - Phase 23
	652213463	Rahu 9:21AM – 10:52AM	Catuspada Until 9:22AM	Nataraja: Clear	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 7:28PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi	

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 168 Vikarin 5121
Kanya Rasi: 17.53	Tithi 1 – 2	Gulika 3:23PM – 4:54PM	Hasta Until 2:39PM	Ganesha: Light Blue <i>Sunrise:</i> 6:20AM	
		Yama 12:22PM – 1:53PM	Brahma Until 11:39AM	Muruqa: Purple <i>Sunset:</i> 6:25PM	Moon 9 - Phase 23
	663213463	Rahu 4:54PM – 6:25PM	Balava Until 2:04AM Mon	Nataraja: Clear	Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:47PM	Moon – Green	Devaloka Day
Until 2:39PM		Navaratri Begins		Ashvina•Puratasi	
Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Port Harcourt, Nigeria Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.55	Tithi 2 – 3	Gulika 1:52PM – 3:23PM	Chitra Until 12:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM	
Family Home Evening	663213463	Yama 10:51AM – 12:22PM	Indra Until 7:41AM	Muruqa: Purple <i>Sunset:</i> 6:24PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		Rahu 7:50AM – 9:21AM	Taitila Until 10:54PM	Nataraja: Clear	3rd Phase
Until 12:02PM			Dvitiya Until 12:24PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Port Harcourt, Nigeria Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.38	Tithi 3 – 4	Gulika 12:22PM – 1:52PM	Svati Until 9:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM	
	663213463	Yama 9:20AM – 10:51AM	Vishkambha* Until 12:54AM Wed	Muruqa: Purple <i>Sunset:</i> 6:24PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 3:23PM – 4:53PM	Vanija Until 8:17PM	Nataraja: Clear	3rd Phase
Until 9:45AM			Tritiya Until 9:30AM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi	

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Port Harcourt, Nigeria Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.56	Tithi 4 – 5	Gulika 10:51AM – 12:21PM	Vishakha Until 8:23AM	Ganesha: Purple <i>Sunrise:</i> 6:19AM	
	673213463	Yama 7:50AM – 9:20AM	Priti Until 10:22PM	Muruqa: Purple <i>Sunset:</i> 6:23PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 12:21PM – 1:52PM	Bava Until 6:22PM	Nataraja: Clear	3rd Phase
			Chaturthi* Until 7:13AM	Moon – Orange	Devaloka Day
				Ashvina+Puratasi	

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau	Port Harcourt, Nigeria Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.44	Tithi 6	Gulika 9:20AM – 10:50AM	Anuradha Until 7:38AM	Ganesha: Purple <i>Sunrise:</i> 6:19AM	
	673213463	Yama 6:19AM – 7:49AM	Ayushman Until 8:29PM	Muruqa: Purple <i>Sunset:</i> 6:23PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 1:51PM – 3:22PM	Kaulava Until 5:17PM	Nataraja: Clear	3rd Phase
Until 7:38AM			Shashthi* Until 5:03AM Fri	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi	

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 29.02	Tithi 7	Gulika 7:49AM – 9:20AM	Jyeshtha* Until 7:36AM	Ganesha: Purple <i>Sunrise:</i> 6:19AM	
	673213463	Yama 3:22PM – 4:52PM	Saubhagya Until 7:19PM	Muruqa: Purple <i>Sunset:</i> 6:23PM	Moon 9 - Phase 24
Routine Work Marana Yoga		Rahu 10:50AM – 12:21PM	Gara Until 5:06PM	Nataraja: Clear	3rd Phase
Until 7:36AM			Saptami Until 5:19AM Sat	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.52	Tithi 8	Gulika 6:18AM – 7:49AM	Mula* Until 8:45AM	Ganesha: Clear <i>Sunrise:</i> 6:18AM	
	683213463	Yama 1:51PM – 3:21PM	Sobhana Until 6:51PM	Muruqa: Purple <i>Sunset:</i> 6:22PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 9:19AM – 10:50AM	Visti Until 5:47PM	Nataraja: Clear	Ashtami
			Ashtami* Until 6:24AM Sun	Moon – Light Blue	Sivaloka Day
		Durga Ashtami		Ashvina+Puratasi	

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 24.2	Tithi 8 – 9	Gulika 3:21PM – 4:51PM	Purvashadha* Until 10:32AM	Ganesha: Clear <i>Sunrise:</i> 6:18AM	
	683213463	Yama 12:20PM – 1:50PM	Athiganda* Until 6:55PM	Muruqa: Purple <i>Sunset:</i> 6:22PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 4:51PM – 6:22PM	Balava Until 7:14PM	Nataraja: Clear	Navami
Until 10:32AM			Ashtami* Until 6:24AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	

1	Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 176 Vikarin 5121
	Makara Rasi: 6.31	Tithi 9 – 10	Gulika 1:50PM – 3:20PM	Uttarashadha Until 12:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	
	Family Home Evening	683213463	Yama 10:49AM – 12:20PM	Sukarma Until 7:28PM	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 9 - Phase 25
	Routine Work Marana Yoga		Rahu 7:49AM – 9:19AM	Taitila Until 9:17PM	Nataraja: Clear		4th Phase
			Navami* Until 8:11AM			Sivaloka Day	
					Ashvina+Puratasi		

2	Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 177 Vikarin 5121
	Makara Rasi: 18.29	Tithi 10 – 11	Gulika 12:19PM – 1:50PM	Shravana Until 3:45PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	
		693213464	Yama 9:19AM – 10:49AM	Dhriti Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 6:21PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 3:20PM – 4:51PM	Vanija Until 11:40PM	Nataraja: Purple		4th Phase
			Vijaya Dasami	Dashami Until 10:25AM		Sivaloka Day	
					Ashvina+Puratasi		

3	Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 178 Vikarin 5121
	Kumbha Rasi: 0.22	Tithi 11 – 12	Gulika 10:49AM – 12:19PM	Dhanishtha Until 6:46PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	
		693213464	Yama 7:48AM – 9:18AM	Shula* Until 9:13PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 9 - Phase 25
	Routine Work Prabalarishta Yoga		Rahu 12:19PM – 1:49PM	Bava Until 2:13AM Thu	Nataraja: Purple		4th Phase
			Ekadashi Until 12:55PM			Sivaloka Day	
					Ashvina+Puratasi		

4	Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 179 Vikarin 5121
	Kumbha Rasi: 12.12	Tithi 12 – 13	Gulika 9:18AM – 10:49AM	Shatabhishak Until 9:36PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	
		693213464	Yama 6:18AM – 7:48AM	Ganda* Until 10:09PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 1:49PM – 3:19PM	Kaulava Until 4:43AM Fri	Nataraja: Purple		4th Phase
			Kadaitswami Mahasamadhi	Dvadashi Until 3:27PM		Sivaloka Day	
					Ashvina+Puratasi		
					<i>Pradosha Vrata</i>		

5	Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 180 Vikarin 5121
	Kumbha Rasi: 24.04	Tithi 13 – 14	Gulika 7:48AM – 9:18AM	Purvaproshtpada* Until 12:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:17AM	
		613213464	Yama 3:19PM – 4:49PM	Vriddhi Until 11:00PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 10:48AM – 12:19PM	Gara Until 7:04AM Sat	Nataraja: Purple		4th Phase
			Chidambaram Abhishekam	Trayodashi Until 5:53PM		Sivaloka Day	
					Ashvina+Puratasi		

6	Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 181 Vikarin 5121
	Meena Rasi: 5.58	Tithi 14	Gulika 6:17AM – 7:48AM	Uttaraproshtpada Until 3:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:17AM	
		613213464	Yama 1:49PM – 3:19PM	Dhruva Until 11:40PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
	Creative Work Siddha Yoga		Rahu 9:18AM – 10:48AM	Gara Until 7:04AM	Nataraja: Purple		4th Phase
			Chaturdashi* Until 8:08PM			Sivaloka Day	
					Ashvina+Puratasi		

	Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sutra 182 Vikarin 5121
	Copper Retreat Star		Gulika 3:19PM – 4:49PM	Revati Until 5:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM	
	Meena Rasi: 17.59	Tithi 15	Yama 12:18PM – 1:48PM	Vyaghata* Until 12:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
		614213464	Rahu 4:49PM – 6:19PM	Visti Until 9:11AM	Nataraja: Purple		Purnima
			Purnima* Until 10:07PM			Subha Sivaloka Day	
					Ashvina+Puratasi		

Monday, October 14, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sutra 183 Vikarin 5121
	Silver Retreat Star		Gulika 1:48PM – 3:18PM	Ashvini Until 7:57AM Tue	Ganesha: White	<i>Sunrise:</i> 6:17AM	
	Mesha Rasi: 0.05	Tithi 16	Yama 10:48AM – 12:18PM	Harshana Until 12:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:19PM	Moon 9 - Phase 25
		624213464	Rahu 7:47AM – 9:17AM	Balava Until 11:02AM	Nataraja: Purple		Prathama
			Prathama* Until 11:50PM			Subha Subha Sivaloka Day	
					Ashvina+Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 184

Mesha Rasi: 12.19 Tithi 17

624213464

Gulika 12:18PM – 1:48PM
Yama 9:17AM – 10:47AM
Rahu 3:18PM – 4:48PM

Ashvini Until 7:57AM
Vajra* Until 12:25AM Wed
Taitila Until 12:35PM
Dvitiya Until 1:13AM Wed

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi* Yoga Vanija/Visti* Karana Tritiyayam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 185

Mesha Rasi: 24.41 Tithi 18

624213464

Gulika 10:47AM – 12:17PM
Yama 7:47AM – 9:17AM
Rahu 12:17PM – 1:48PM

Bharani Until 9:48AM
Siddhi Until 12:11AM Thu
Vanija Until 1:49PM
Tritiya Until 2:17AM Thu

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 186

Vrishabha Rasi: 7.12 Tithi 19

624313464

Gulika 9:17AM – 10:47AM
Yama 6:17AM – 7:47AM
Rahu 1:47PM – 3:17PM

Krittika Until 11:09AM
Vyatipata* Until 11:40PM
Bava Until 2:42PM
Chaturthi* Until 2:58AM Fri

Ganesha: Yellow *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 6:18PM
Nataraja: Purple
Moon – White
Subha Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 187

Vrishabha Rasi: 19.53 Tithi 20

634313464

Gulika 7:47AM – 9:17AM
Yama 3:17PM – 4:47PM
Rahu 10:47AM – 12:17PM

Rohini Until 12:27PM
Varyan Until 10:49PM
Kaulava Until 3:11PM
Panchami Until 3:14AM Sat

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 6:17PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Routine Work Marana Yoga

Until 12:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 188

Mithuna Rasi: 2.46 Tithi 21

634313464

Gulika 6:17AM – 7:47AM
Yama 1:47PM – 3:17PM
Rahu 9:17AM – 10:47AM

Mrigashira Until 1:09PM
Parigha* Until 9:36PM
Gara Until 3:13PM
Shashthi* Until 3:01AM Sun

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 6:17PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 189

Mithuna Rasi: 15.55 Tithi 22

634313464

Gulika 3:17PM – 4:47PM
Yama 12:17PM – 1:47PM
Rahu 4:47PM – 6:17PM

Ardra Until 1:12PM
Shiva Until 7:59PM
Visti Until 2:44PM
Saptami Until 2:15AM Mon

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 6:17PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 190

Mithuna Rasi: 29.2 Tithi 23

644313464

Gulika 1:46PM – 3:16PM
Yama 10:46AM – 12:16PM
Rahu 7:46AM – 9:16AM

Punarvasu Until 1:01PM
Siddha Until 5:54PM
Balava Until 1:41PM
Ashtami* Until 12:56AM Tue

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Purple *Sunset:* 6:16PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria
Sun 8 Sutra 191

Kataka Rasi: 13.05 Tithi 24

644313464

Gulika 12:16PM – 1:46PM
Yama 9:16AM – 10:46AM
Rahu 3:16PM – 4:46PM

Pushya Until 12:07PM
Sadhya Until 3:21PM
Taitila Until 12:04PM
Navami* Until 11:02PM

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Purple *Sunset:* 6:16PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina+Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 192	
Kataka Rasi: 27.12	Tithi 25	Gulika 10:46AM – 12:16PM	Ashlesha* Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 7:46AM – 9:16AM	Subha Until 12:24PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	644313464 Rahu 12:16PM – 1:46PM	Vanija Until 9:55AM	Nataraja: Purple		2nd Phase	
			Dashami Until 8:38PM	Moon – Blue		Subha Sivaloka Day	
				Ashvina•Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 193	
Simha Rasi: 11.39	Tithi 26 – 27	Gulika 9:16AM – 10:46AM	Magha* Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 6:16AM – 7:46AM	Sukla Until 9:02AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	654313464 Rahu 1:46PM – 3:16PM	Bava Until 7:16AM	Nataraja: Purple		2nd Phase	
Until 8:45AM			Ekadashi* Until 5:47PM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillal/Gara Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 194	
Simha Rasi: 26.22	Tithi 27 – 28	Gulika 7:46AM – 9:16AM	Purvaphalguni Until 6:27AM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 3:16PM – 4:46PM	Indra Until 1:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	655313464 Rahu 10:46AM – 12:16PM	Gara Until 12:59AM Sat	Nataraja: Purple		2nd Phase	
			Dvadashi* Until 2:38PM	Moon – Red		Subha Sivaloka Day	
				Ashvina•Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 195	
Kanya Rasi: 11.16	Tithi 28 – 29	Gulika 6:16AM – 7:46AM	Hasta Until 1:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 1:46PM – 3:16PM	Vaidhriti* Until 9:34PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27	
Routine Work	Marana Yoga	665313464 Rahu 9:16AM – 10:46AM	Visti Until 9:37PM	Nataraja: Purple		2nd Phase	
Until 1:19AM Sun			Trayodashi* Until 11:17AM	Moon – Green		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Ashvina•Aipasi			

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 196	
Kanya Rasi: 26.14	Tithi 29 – 30	Gulika 3:15PM – 4:45PM	Chitra Until 10:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 12:16PM – 1:46PM	Vishkambha* Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	665313464 Rahu 4:45PM – 6:15PM	Catuspada Until 6:18PM	Nataraja: Purple		Amavasya	
			Chaturdashi* Until 7:55AM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 197	
Tula Rasi: 11.05	Tithi 1	Gulika 1:45PM – 3:15PM	Svati Until 8:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
Family Home Evening		Yama 10:46AM – 12:16PM	Priti Until 1:57PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	665313464 Rahu 7:46AM – 9:16AM	Kintughna Until 3:12PM	Nataraja: Purple		Prathama	
Until 8:24PM			Prathama* Until 1:47AM Tue	Moon – Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 198	
Tula Rasi: 25.43	Tithi 2	Gulika 12:16PM – 1:45PM	Vishakha Until 6:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 9:16AM – 10:46AM	Ayushman Until 10:32AM	Muruqa: Purple	<i>Sunset:</i> 6:15PM		Moon 10 - Phase 28
		675313464 Rahu 3:15PM – 4:45PM	Balava Until 12:31PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 11:21PM	Moon – Orange		Subha Sivaloka Day	
Until 6:42PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 199	
Virshika Rasi: 9.59	Tithi 3	Gulika 10:46AM – 12:15PM	Anuradha Until 5:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 7:46AM – 9:16AM	Saubhagya Until 7:34AM	Muruqa: Purple	<i>Sunset:</i> 6:15PM		Moon 10 - Phase 28
		675313464 Rahu 12:15PM – 1:45PM	Taitila Until 10:22AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:33PM	Moon – Orange		Subha Sivaloka Day	
						Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 200	
Virshika Rasi: 23.49	Tithi 4	Gulika 9:16AM – 10:46AM	Jyeshtha* Until 4:51PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 6:16AM – 7:46AM	Athiganda* Until 3:24AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:14PM		Moon 10 - Phase 28
		675313464 Rahu 1:45PM – 3:15PM	Vanija Until 8:57AM	Nataraja: Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 8:31PM	Moon – Orange		Subha Sivaloka Day	
Until 4:51PM						Kartika•Aipasi	
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 201	
Dhanus Rasi: 7.1	Tithi 5	Gulika 7:46AM – 9:16AM	Mula* Until 5:20PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		Vikarin 5121
		Yama 3:15PM – 4:45PM	Sukarma Until 2:18AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:14PM		Moon 10 - Phase 28
		685313464 Rahu 10:46AM – 12:15PM	Bava Until 8:21AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:21PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 5:20PM						Kartika•Aipasi	
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 202	
Dhanus Rasi: 20.05	Tithi 6	Gulika 6:17AM – 7:46AM	Purvashadha* Until 6:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		Vikarin 5121
		Yama 1:45PM – 3:15PM	Dhriti Until 1:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:14PM		Moon 10 - Phase 28
		685313464 Rahu 9:16AM – 10:46AM	Kaulava Until 8:37AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:02PM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 6:31PM						Kartika•Aipasi	
Then Routine Work - Marana Yoga		Skanda Shasthi					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 203	
Makara Rasi: 2.37	Tithi 7	Gulika 3:15PM – 4:44PM	Uttarashadha Until 8:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		Vikarin 5121
		Yama 12:15PM – 1:45PM	Shula* Until 1:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:14PM		Moon 10 - Phase 28
		685313464 Rahu 4:44PM – 6:14PM	Gara Until 9:42AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 10:30PM	Moon – Light Blue		Subha Subha Sivaloka Day	
						Kartika•Aipasi	

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 204	
Makara Rasi: 14.49	Tithi 8	Gulika 1:45PM – 3:15PM	Shravana Until 10:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		Vikarin 5121
Family Home Evening		Yama 10:46AM – 12:15PM	Ganda* Until 2:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:14PM		Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu 7:46AM – 9:16AM	Visti Until 11:29AM	Nataraja: Purple			Ashtami
Until 10:57PM			Ashtami* Until 12:33AM Tue	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga						Kartika•Aipasi	

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 205	
Makara Rasi: 26.5	Tithi 9	Gulika 12:15PM – 1:45PM	Dhanishtha Until 1:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:17AM		Vikarin 5121
		Yama 9:16AM – 10:46AM	Vriddhi Until 3:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:14PM		Moon 10 - Phase 28
		696313464 Rahu 3:15PM – 4:44PM	Balava Until 1:45PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 2:58AM Wed	Moon – Purple		Sivaloka Day	
						Kartika•Aipasi	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.43	Tithi 10	Gulika 10:46AM – 12:15PM	Shatabhishak Until 4:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	
			Yama 7:47AM – 9:16AM	Dhruva Until 4:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29
	696313464		Rahu 12:15PM – 1:45PM	Taitila Until 4:16PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.34	Tithi 11	Gulika 9:16AM – 10:46AM	Purvaproshtapada* Until 7:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM	
			Yama 6:17AM – 7:47AM	Vyaghata* Until 5:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29
	716313464		Rahu 1:45PM – 3:15PM	Vanija Until 6:47PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM Fri	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 2.28	Tithi 11 – 12	Gulika 7:47AM – 9:16AM	Purvaproshtapada* Until 7:44AM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM	
			Yama 3:15PM – 4:44PM	Harshana Until 5:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29
	716313464		Rahu 10:46AM – 12:16PM	Bava Until 9:08PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 14.26	Tithi 12 – 13	Gulika 6:17AM – 7:47AM	Uttaraproshtapada Until 10:25AM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM	
			Yama 1:45PM – 3:15PM	Vajra* Until 6:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29
	716313464		Rahu 9:17AM – 10:46AM	Kaulava Until 11:12PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:11AM	Moon – Clear		Subha Sivaloka Day	
Until 10:25AM				Kartika-Aipasi			
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.32	Tithi 13 – 14	Gulika 3:15PM – 4:44PM	Revati Until 12:37PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM	
			Yama 12:16PM – 1:45PM	Vajra* Until 6:08AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29
	716313464		Rahu 4:44PM – 6:14PM	Gara Until 12:52AM Mon	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 12:03PM	Moon – Clear		Subha Sivaloka Day	
Until 12:37PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:45PM – 3:15PM	Ashvini Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	
	Mesha Rasi: 8.48	Tithi 14 – 15	Yama 10:46AM – 12:16PM	Siddhi Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29
	Family Home Evening	727313464	Rahu 7:47AM – 9:17AM	Visti Until 2:07AM Tue	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 1:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

6	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 12:16PM – 1:45PM	Bharani Until 4:19PM	Ganesha: White	<i>Sunrise:</i> 6:18AM	
	Mesha Rasi: 21.15	Tithi 15 – 16	Yama 9:17AM – 10:46AM	Vyatipata* Until 6:03AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29
	727413464		Rahu 3:15PM – 4:44PM	Balava Until 2:57AM Wed	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 2:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vrishabha Rasi: 3.53 Tithi 16 – 17

727413464

Creative Work Amrita Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:47AM – 12:16PM
Yama 7:48AM – 9:17AM
Rahu 12:16PM – 1:45PM

Krittika Until 5:19PM
Parigha* Until 4:39AM Thu
Taitila Until 3:22AM Thu
Prathama* Until 3:11PM

Ganesha: White *Sunrise: 6:18AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Purple
Moon – White
Kartika-Aipasi

Port Harcourt, Nigeria
Sutra 213
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Sivaloka Day

1

Thursday, November 14, 2019

Vrishabha Rasi: 16.43 Tithi 17 – 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 9:17AM – 10:47AM
Yama 6:18AM – 7:48AM
Rahu 1:46PM – 3:15PM

Rohini Until 6:14PM
Shiva Until 3:31AM Fri
Vanija Until 3:23AM Fri
Dvitiya Until 3:24PM

Ganesha: Clear *Sunrise: 6:18AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Port Harcourt, Nigeria
Sun 1 Sutra 214
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Subha Sivaloka Day

2

Friday, November 15, 2019

Vrishabha Rasi: 29.43 Tithi 18 – 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 7:48AM – 9:18AM
Yama 3:15PM – 4:45PM
Rahu 10:47AM – 12:16PM

Mrigashira Until 6:38PM
Siddha Until 2:03AM Sat
Bava Until 3:02AM Sat
Tritiya Until 3:14PM

Ganesha: Clear *Sunrise: 6:19AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Purple
Moon – Yellow
Kartika-Aipasi

Port Harcourt, Nigeria
Sun 2 Sutra 215
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Subha Sivaloka Day

3

Saturday, November 16, 2019

Mithuna Rasi: 12.56 Tithi 19 – 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:19AM – 7:48AM
Yama 1:46PM – 3:15PM
Rahu 9:18AM – 10:47AM

Ardra Until 6:32PM
Sadhya Until 12:19AM Sun
Kaulava Until 2:20AM Sun
Chaturthi* Until 2:42PM

Ganesha: Clear *Sunrise: 6:19AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Purple
Moon – Yellow
Kartika-Kartikai

Port Harcourt, Nigeria
Sun 3 Sutra 216
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Subha Sivaloka Day

4

Sunday, November 17, 2019

Mithuna Rasi: 26.2 Tithi 20 – 21

747413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 3:15PM – 4:45PM
Yama 12:17PM – 1:46PM
Rahu 4:45PM – 6:14PM

Punarvasu Until 6:24PM
Subha Until 10:20PM
Gara Until 1:17AM Mon
Panchami Until 1:50PM

Ganesha: Purple *Sunrise: 6:19AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Port Harcourt, Nigeria
Sun 4 Sutra 217
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Devaloka Day

5

Monday, November 18, 2019

Kataka Rasi: 9.55 Tithi 21 – 22

748413465

Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 1:46PM – 3:16PM
Yama 10:48AM – 12:17PM
Rahu 7:49AM – 9:18AM

Pushya Until 5:46PM
Sukla Until 8:03PM
Visti Until 11:53PM
Shashthi* Until 12:37PM

Ganesha: Clear *Sunrise: 6:20AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Port Harcourt, Nigeria
Sun 5 Sutra 218
Vikarin 5121
Moon 11 - Phase 30
1st Phase

Sivaloka Day

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 23.43 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamy/Ashlamyam Titau

Gulika 12:17PM – 1:46PM
Yama 9:18AM – 10:48AM
Rahu 3:16PM – 4:45PM

Ashlesha* Until 4:40PM
Brahma Until 5:31PM
Balava Until 10:10PM
Saptami Until 11:03AM

Ganesha: Clear *Sunrise: 6:20AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Clear
Moon – Blue
Kartika-Kartikai

Port Harcourt, Nigeria
Sun 6 Sutra 219
Vikarin 5121
Moon 11 - Phase 30
Ashtami

Sivaloka Day

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 7.42 Tithi 23 – 24

758413465

Creative Work Siddha Yoga
Until 3:32PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:48AM – 12:17PM
Yama 7:49AM – 9:19AM
Rahu 12:17PM – 1:47PM

Magha* Until 3:32PM
Indra Until 2:44PM
Taitila Until 8:08PM
Ashtami* Until 9:10AM

Ganesha: White *Sunrise: 6:20AM*
Muruqa: Purple *Sunset: 6:15PM*
Nataraja: Clear
Moon – Red
Kartika-Kartikai

Port Harcourt, Nigeria
Sun 7 Sutra 220
Vikarin 5121
Moon 11 - Phase 30
Navami

Subha Sivaloka Day

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Port Harcourt, Nigeria Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 21.54	Tithi 24 – 25	Gulika 9:19AM – 10:48AM	Purvaphalguni Until 1:59PM	Ganesha: White <i>Sunrise:</i> 6:20AM	
		Yama 6:20AM – 7:50AM	Vaidhriti* Until 11:42AM	Muruqa: Purple <i>Sunset:</i> 6:15PM	Moon 11 - Phase 31
	758413465	Rahu 1:47PM – 3:16PM	Visti Until 4:33AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:59AM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prithi Yoga Bava/Balava Karana Ekadashyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 6.16	Tithi 26	Gulika 7:50AM – 9:19AM	Uttaraphalguni Until 12:03PM	Ganesha: White <i>Sunrise:</i> 6:21AM	
		Yama 3:16PM – 4:46PM	Vishkambha* Until 8:29AM	Muruqa: Purple <i>Sunset:</i> 6:15PM	Moon 11 - Phase 31
	758413465	Rahu 10:49AM – 12:18PM	Bava Until 3:17PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:57AM Sat	Moon – Red	Subha Sivaloka Day
Until 12:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 20.44	Tithi 27	Gulika 6:21AM – 7:50AM	Hasta Until 10:16AM	Ganesha: Yellow <i>Sunrise:</i> 6:21AM	
		Yama 1:47PM – 3:17PM	Ayushman Until 1:45AM Sun	Muruqa: Purple <i>Sunset:</i> 6:15PM	Moon 11 - Phase 31
	768413465	Rahu 9:20AM – 10:49AM	Kaulava Until 12:39PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 11:17PM	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 5.15	Tithi 28	Gulika 3:17PM – 4:46PM	Chitra Until 8:20AM	Ganesha: Blue <i>Sunrise:</i> 6:21AM	
		Yama 12:18PM – 1:48PM	Saubhagya Until 10:25PM	Muruqa: Purple <i>Sunset:</i> 6:15PM	Moon 11 - Phase 31
	769413465	Rahu 4:46PM – 6:15PM	Gara Until 9:59AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:40PM	Moon – Green	Devaloka Day
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Port Harcourt, Nigeria Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 19.41	Tithi 29	Gulika 1:48PM – 3:17PM	Svati Until 6:21AM	Ganesha: Blue <i>Sunrise:</i> 6:22AM	
Family Home Evening		Yama 10:49AM – 12:19PM	Sobhana Until 7:15PM	Muruqa: Purple <i>Sunset:</i> 6:16PM	Moon 11 - Phase 31
	769413465	Rahu 7:51AM – 9:20AM	Visti Until 7:26AM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 6:14PM	Moon – Green	Devaloka Day
Until 6:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Port Harcourt, Nigeria Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.58	Tithi 30 – 1	Gulika 12:19PM – 1:48PM	Anuradha Until 3:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:22AM	
		Yama 9:21AM – 10:50AM	Athiganda* Until 4:20PM	Muruqa: Purple <i>Sunset:</i> 6:16PM	Moon 11 - Phase 31
	779413465	Rahu 3:17PM – 4:47PM	Kintughna Until 3:16AM Wed	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:08PM	Moon – Orange	Devaloka Day
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.59	Tithi 1 – 2	Gulika 10:50AM – 12:19PM	Jyeshtha* Until 2:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 6:23AM	
		Yama 7:52AM – 9:21AM	Sukarma Until 1:49PM	Muruqa: Purple <i>Sunset:</i> 6:16PM	Moon 11 - Phase 31
	779413465	Rahu 12:19PM – 1:49PM	Balava Until 1:55AM Thu	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:30PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 228 Vikarin 5121	
Dhanus Rasi: 1.39	Tithi 2 – 3	Gulika 9:21AM – 10:50AM	Mula* Until 3:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:23AM		
		Yama 6:23AM – 7:52AM	Dhriti Until 11:47AM	Muruqa: Purple	<i>Sunset:</i> 6:16PM		Moon 11 - Phase 32
		789413465 Rahu 1:49PM – 3:18PM	Taitila Until 1:15AM Fri	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 1:29PM	Moon – Light Blue		Devaloka Day	
Until 3:02AM Fri				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 16 Sutra 229 Vikarin 5121	
Dhanus Rasi: 14.56	Tithi 3 – 4	Gulika 7:52AM – 9:22AM	Purvashadha* Until 3:45AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:23AM		
		Yama 3:18PM – 4:48PM	Shula* Until 10:16AM	Muruqa: Purple	<i>Sunset:</i> 6:17PM		Moon 11 - Phase 32
		789413465 Rahu 10:51AM – 12:20PM	Vanija Until 1:19AM Sat	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 1:10PM	Moon – Light Blue		Devaloka Day	
Until 3:45AM Sat				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 230 Vikarin 5121	
Dhanus Rasi: 27.51	Tithi 4 – 5	Gulika 6:24AM – 7:53AM	Uttarashadha Until 5:01AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:24AM		
		Yama 1:50PM – 3:19PM	Ganda* Until 9:21AM	Muruqa: Purple	<i>Sunset:</i> 6:17PM		Moon 11 - Phase 32
		789413465 Rahu 9:22AM – 10:51AM	Bava Until 2:08AM Sun	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 1:37PM	Moon – Light Blue		Devaloka Day	
Until 5:01AM Sun				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 231 Vikarin 5121	
Makara Rasi: 10.25	Tithi 5 – 6	Gulika 3:19PM – 4:48PM	Shravana Until 7:16AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM		
		Yama 12:21PM – 1:50PM	Vridhhi Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 6:17PM		Moon 11 - Phase 32
		799413465 Rahu 4:48PM – 6:17PM	Kaulava Until 3:39AM Mon	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Panchami Until 2:47PM	Moon – Purple		Sivaloka Day	
Until 7:16AM Mon				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 232 Vikarin 5121	
Makara Rasi: 22.41	Tithi 6 – 7	Gulika 1:50PM – 3:19PM	Shravana Until 7:16AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM		
Family Home Evening		Yama 10:52AM – 12:21PM	Dhruva Until 9:09AM	Muruqa: Purple	<i>Sunset:</i> 6:18PM		Moon 11 - Phase 32
		791413465 Rahu 7:54AM – 9:23AM	Gara Until 5:42AM Tue	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 4:35PM	Moon – Purple		Sivaloka Day	
Until 7:16AM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saplamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 233 Vikarin 5121	
Kumbha Rasi: 4.44	Tithi 7	Gulika 12:22PM – 1:51PM	Dhanishtha Until 9:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM		
		Yama 9:23AM – 10:52AM	Vyaghata* Until 9:41AM	Muruqa: Purple	<i>Sunset:</i> 6:18PM		Moon 11 - Phase 32
		791413465 Rahu 3:20PM – 4:49PM	Vanija Until 6:51PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:51PM	Moon – Purple		Sivaloka Day	
Until 9:51AM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 234 Vikarin 5121	
Kumbha Rasi: 16.4	Tithi 8	Gulika 10:53AM – 12:22PM	Shatabhishak Until 12:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM		
		Yama 7:55AM – 9:24AM	Harshana Until 10:27AM	Muruqa: Purple	<i>Sunset:</i> 6:18PM		Moon 11 - Phase 32
		791413465 Rahu 12:22PM – 1:51PM	Visti Until 8:05AM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 9:19PM	Moon – Purple		Sivaloka Day	
Until 12:33PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 235 Vikarin 5121	
Kumbha Rasi: 28.32	Tithi 9	Gulika 9:24AM – 10:53AM	Purvaproshtapada* Until 3:39PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM		
		Yama 6:26AM – 7:55AM	Vajra* Until 11:15AM	Muruqa: Purple	<i>Sunset:</i> 6:19PM		Moon 11 - Phase 32
		711413465 Rahu 1:51PM – 3:21PM	Balava Until 10:36AM	Nataraja: Clear			Navami
Creative Work	Siddha Yoga		Navami* Until 11:48PM	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 236
Meena Rasi: 10.27	Tithi 10	Gulika 7:55AM – 9:25AM	Uttaraproshtapada Until 6:27PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM		Vikarin 5121	
		Yama 3:21PM – 4:50PM	Siddhi Until 11:59AM	Muruqa: Purple	<i>Sunset:</i> 6:19PM		Moon 11 - Phase 33	
		711413465 Rahu 10:54AM – 12:23PM	Taitila Until 1:00PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dashami Until 2:05AM Sat	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 237
Meena Rasi: 22.27	Tithi 11	Gulika 6:27AM – 7:56AM	Revati Until 8:46PM	Ganesha: White	<i>Sunrise:</i> 6:27AM		Vikarin 5121	
		Yama 1:52PM – 3:21PM	Vyatipata* Until 12:31PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM		Moon 11 - Phase 33	
		711513465 Rahu 9:25AM – 10:54AM	Vanija Until 3:07PM	Nataraja: Clear			4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 3:59AM Sun	Moon – Clear			Subha Sivaloka Day	
Until 8:46PM				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 238
Mesha Rasi: 5	Tithi 12	Gulika 3:22PM – 4:51PM	Ashvini Until 10:59PM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM		Vikarin 5121	
		Yama 12:24PM – 1:53PM	Varyan Until 12:43PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM		Moon 11 - Phase 33	
		721513465 Rahu 4:51PM – 6:20PM	Bava Until 4:47PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dvodashi Until 5:24AM Mon	Moon – White			Sivaloka Day	
Until 10:59PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 239
Mesha Rasi: 16.58	Tithi 13	Gulika 1:53PM – 3:22PM	Bharani Until 12:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:28AM		Vikarin 5121	
Family Home Evening		Yama 10:55AM – 12:24PM	Parigha* Until 12:31PM	Muruqa: Purple	<i>Sunset:</i> 6:20PM		Moon 11 - Phase 33	
		721513465 Rahu 7:57AM – 9:26AM	Kaulava Until 5:55PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:15AM Tue	Moon – White			Sivaloka Day	
				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 240
Mesha Rasi: 29.34	Tithi 13 – 14	Gulika 12:24PM – 1:54PM	Krittika Until 1:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:28AM		Vikarin 5121	
		Yama 9:26AM – 10:55AM	Shiva Until 11:54AM	Muruqa: Purple	<i>Sunset:</i> 6:21PM		Moon 11 - Phase 33	
		721513465 Rahu 3:23PM – 4:52PM	Gara Until 6:29PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:15AM	Moon – White			Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai				

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sutra 241
Copper Retreat Star		Gulika 10:56AM – 12:25PM	Rohini Until 1:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:29AM		Vikarin 5121	
Vrishabha Rasi: 12.27	Tithi 14 – 15	Yama 7:58AM – 9:27AM	Siddha Until 10:49AM	Muruqa: Clear	<i>Sunset:</i> 6:21PM		Moon 11 - Phase 33	
		731523465 Rahu 12:25PM – 1:54PM	Visti Until 6:28PM	Nataraja: Clear			Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:31AM	Moon – Yellow			Sivaloka Day	
Until 1:52AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sutra 242
Silver Retreat Star		Gulika 9:27AM – 10:56AM	Mrigashira Until 1:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:29AM		Vikarin 5121	
Vrishabha Rasi: 25.36	Tithi 15 – 16	Yama 6:29AM – 7:58AM	Sadhya Until 9:20AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM		Moon 11 - Phase 33	
		732523465 Rahu 1:54PM – 3:23PM	Kaulava Until 5:27AM Fri	Nataraja: Clear			Prathama	
Routine Work	Marana Yoga		Purnima* Until 6:14AM	Moon – Yellow			Devaloka Day	
Until 1:48AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria
Sutra 243

Mithuna Rasi: 9.01 Tithi 17

732523465

Gulika 7:59AM – 9:28AM
Yama 3:24PM – 4:53PM
Rahu 10:57AM – 12:26PM

Ardra Until 1:09AM Sat
Subha Until 7:28AM
Tailila Until 4:56PM
Dvitiya Until 4:16AM Sat

Ganesha: Clear *Sunrise:* 6:30AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 244

Mithuna Rasi: 22.41 Tithi 18

742523465

Gulika 6:30AM – 7:59AM
Yama 1:55PM – 3:24PM
Rahu 9:28AM – 10:57AM

Punarvasu Until 12:29AM Sun
Brahma Until 2:49AM Sun
Vanija Until 3:34PM
Tritiya Until 2:45AM Sun

Ganesha: Purple *Sunrise:* 6:30AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 245

Kataka Rasi: 6.31 Tithi 19

742523465

Gulika 3:25PM – 4:54PM
Yama 12:27PM – 1:56PM
Rahu 4:54PM – 6:23PM

Pushya Until 11:25PM
Indra Until 12:11AM Mon
Bava Until 1:55PM
Chaturthi* Until 1:00AM Mon

Ganesha: Purple *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 6:23PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Panchamyam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 246

Kataka Rasi: 20.31 Tithi 20

742523465

Gulika 1:56PM – 3:25PM
Yama 10:58AM – 12:27PM
Rahu 8:00AM – 9:29AM

Ashlesha* Until 10:02PM
Vaidhriti* Until 9:24PM
Kaulava Until 12:04PM
Panchami Until 11:04PM

Ganesha: Purple *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 6:23PM
Nataraja: Clear
Moon – Blue
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Family Home Evening
Until 10:02PM
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 247

Simha Rasi: 4.35 Tithi 21

852523465

Gulika 12:28PM – 1:57PM
Yama 9:30AM – 10:59AM
Rahu 3:26PM – 4:55PM

Magha* Until 8:50PM
Vishkambha* Until 6:33PM
Gara Until 10:06AM
Shashthi* Until 9:03PM

Ganesha: Purple *Sunrise:* 6:32AM
Muruqa: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 248

Simha Rasi: 18.43 Tithi 22

852523465

Gulika 10:59AM – 12:28PM
Yama 8:01AM – 9:30AM
Rahu 12:28PM – 1:57PM

Purvaphalguni Until 7:27PM
Priti Until 3:40PM
Visti Until 8:02AM
Saptami Until 6:59PM

Ganesha: Purple *Sunrise:* 6:32AM
Muruqa: Clear *Sunset:* 6:24PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Tailila Karana Ashami/Navamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 249

Kanya Rasi: 2.53 Tithi 23 – 24

852523465

Gulika 9:31AM – 11:00AM
Yama 6:33AM – 8:02AM
Rahu 1:58PM – 3:27PM

Uttaraphalguni Until 5:55PM
Ayushman Until 12:44PM
Tailila Until 3:53AM Fri
Ashtami* Until 4:54PM

Ganesha: Purple *Sunrise:* 6:33AM
Muruqa: Clear *Sunset:* 6:25PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Moon 12 - Phase 34
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 5:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria
Sun 7 Sutra 250

Kanya Rasi: 17.02 Tithi 24 – 25

862523465

Gulika 8:02AM – 9:31AM
Yama 3:27PM – 4:56PM
Rahu 11:00AM – 12:29PM

Hasta Until 4:41PM
Saubhagya Until 9:50AM
Vanija Until 1:51AM Sat
Navami* Until 2:50PM

Ganesha: Clear *Sunrise:* 6:33AM
Muruqa: Clear *Sunset:* 6:25PM
Nataraja: Clear
Moon – Green
Margasira-Markali

Moon 12 - Phase 34
Navami

Devaloka Day

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Port Harcourt, Nigeria Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 1.09	Tithi 25 – 26	862523465	Gulika 6:34AM – 8:03AM Yama 1:59PM – 3:28PM Rahu 9:32AM – 11:01AM	Chitra Until 3:22PM Sobhana Until 6:59AM Bava Until 11:54PM Day 1 of Pancha Ganapati	Ganesha: Clear <i>Sunrise:</i> 6:34AM Muruqa: Clear <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Green Devaloka Day Margasira*Markali
Routine Work	Marana Yoga				
Until 3:22PM					
Then Creative Work - Siddha Yoga					
2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 15.13	Tithi 26 – 27	862523465	Gulika 3:28PM – 4:57PM Yama 12:30PM – 1:59PM Rahu 4:57PM – 6:26PM	Svati Until 2:03PM Sukarma Until 1:33AM Mon Kaulava Until 10:07PM Day 2 of Pancha Ganapati	Ganesha: Clear <i>Sunrise:</i> 6:34AM Muruqa: Clear <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Green Devaloka Day Margasira*Markali
Creative Work	Siddha Yoga				
Until 2:03PM					
Then Routine Work - Marana Yoga					
3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 29.1	Tithi 27 – 28	872523465	Gulika 2:00PM – 3:29PM Yama 11:02AM – 12:31PM Rahu 8:04AM – 9:33AM	Vishakha Until 1:13PM Dhriti Until 11:07PM Gara Until 8:34PM Day 3 of Pancha Ganapati	Ganesha: White <i>Sunrise:</i> 6:35AM Muruqa: Clear <i>Sunset:</i> 6:27PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM Margasira*Markali
Family Home Evening	Marana Yoga				
Until 1:13PM					
Then Creative Work - Siddha Yoga					
4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.57	Tithi 28 – 29	872523465	Gulika 12:31PM – 2:00PM Yama 9:33AM – 11:02AM Rahu 3:29PM – 4:58PM	Anuradha Until 12:31PM Shula* Until 8:54PM Visti Until 7:19PM Day 4 of Pancha Ganapati	Ganesha: White <i>Sunrise:</i> 6:35AM Muruqa: Clear <i>Sunset:</i> 6:27PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM Margasira*Markali
Creative Work	Siddha Yoga				
Until 12:31PM					
Then Routine Work - Marana Yoga					
5		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Port Harcourt, Nigeria Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 26.32	Tithi 29 – 30	872523465	Gulika 11:03AM – 12:32PM Yama 8:05AM – 9:34AM Rahu 12:32PM – 2:01PM	Jyeshtha* Until 12:02PM Ganda* Until 7:02PM Catuspada Until 6:29PM Day 5 of Pancha Ganapati	Ganesha: White <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 6:28PM Nataraja: Clear Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM Margasira*Markali
Retreat Star	Siddha Yoga				
Until 12:02PM					
Then Routine Work - Marana Yoga					
6		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Port Harcourt, Nigeria Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.52	Tithi 30 – 1	883523465	Gulika 9:34AM – 11:03AM Yama 6:36AM – 8:05AM Rahu 2:01PM – 3:30PM	Mula* Until 12:19PM Vriddhi Until 5:34PM Kintughna Until 6:09PM Day 6 of Pancha Ganapati	Ganesha: Orange <i>Sunrise:</i> 6:36AM Muruqa: Clear <i>Sunset:</i> 6:28PM Nataraja: Clear Moon – Light Blue Devaloka Day Pausha*Markali
Retreat Star	Siddha Yoga				
Annular Solar Eclipse					
Amavasya*					

1		Friday, December 27, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 257	
Dhanus Rasi: 22.55	Tithi 1 – 2	Gulika 8:06AM – 9:35AM	Purvashadha* Until 12:59PM	Ganesha: Orange	<i>Sunrise:</i> 6:37AM			Vikarin 5121	
		Yama 3:31PM – 5:00PM	Dhruva Until 4:31PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM			Moon 12 - Phase 36	
		883523466 Rahu 11:04AM – 12:33PM	Balava Until 6:22PM	Nataraja: Orange				3rd Phase	
Routine Work	Prabalarishta Yoga		Prathama* Until 6:10AM	Moon – Light Blue				Devaloka Day	
Until 12:59PM				Pausha-Markali					
Then Routine Work - Marana Yoga									

2		Saturday, December 28, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvilya/Trilyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 258	
Makara Rasi: 5.41	Tithi 2 – 3	Gulika 6:37AM – 8:06AM	Uttarashadha Until 2:04PM	Ganesha: Orange	<i>Sunrise:</i> 6:37AM			Vikarin 5121	
		Yama 2:02PM – 3:31PM	Vyaghata* Until 3:56PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM			Moon 12 - Phase 36	
		883523466 Rahu 9:35AM – 11:04AM	Taitila Until 7:12PM	Nataraja: Orange				3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 6:42AM	Moon – Light Blue				Devaloka Day	
Until 2:04PM				Pausha-Markali					
Then Creative Work - Siddha Yoga									

3		Sunday, December 29, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritya/Chaturtham Titau		Port Harcourt, Nigeria Sun 16 Sutra 259	
Makara Rasi: 18.1	Tithi 3 – 4	Gulika 3:32PM – 5:01PM	Shravana Until 4:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM			Vikarin 5121	
		Yama 12:34PM – 2:03PM	Harshana Until 3:48PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM			Moon 12 - Phase 36	
		893523466 Rahu 5:01PM – 6:30PM	Vanija Until 8:37PM	Nataraja: Orange				3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 7:49AM	Moon – Purple				Devaloka Day	
Until 4:02PM				Pausha-Markali					
Then Routine Work - Marana Yoga									

4		Monday, December 30, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 260	
Kumbha Rasi: 0.26	Tithi 4 – 5	Gulika 2:03PM – 3:32PM	Dhanishtha Until 6:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM			Vikarin 5121	
		Yama 11:05AM – 12:34PM	Vajra* Until 4:03PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM			Moon 12 - Phase 36	
Family Home Evening		893523466 Rahu 8:07AM – 9:36AM	Bava Until 10:31PM	Nataraja: Orange				3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 9:29AM	Moon – Purple				Devaloka Day	
				Pausha-Markali					

5		Tuesday, December 31, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 261	
Kumbha Rasi: 12.31	Tithi 5 – 6	Gulika 12:35PM – 2:04PM	Shatabhishak Until 8:50PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM			Vikarin 5121	
		Yama 9:37AM – 11:06AM	Siddhi Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM			Moon 12 - Phase 36	
		893523466 Rahu 3:33PM – 5:02PM	Kaulava Until 12:48AM Wed	Nataraja: Orange				3rd Phase	
Routine Work	Marana Yoga		Panchami Until 11:36AM	Moon – Purple				Devaloka Day	
				Pausha-Markali					

6		Wednesday, January 1, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 262	
Kumbha Rasi: 24.27	Tithi 6 – 7	Gulika 11:07AM – 12:36PM	Purvaproshtapada* Until 11:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:39AM			Vikarin 5121	
		Yama 8:08AM – 9:38AM	Vyatipata* Until 5:21PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM			Moon 12 - Phase 36	
		813623466 Rahu 12:36PM – 2:05PM	Gara Until 3:17AM Thu	Nataraja: Orange				3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 2:01PM	Moon – Clear				Bhuloka Day	
Until 11:54PM				Pausha-Markali				Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends							

Retreat Star		Thursday, January 2, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 263	
Meena Rasi: 6.2	Tithi 7 – 8	Gulika 9:38AM – 11:07AM	Uttaraproshtapada Until 2:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:40AM			Vikarin 5121	
		Yama 6:40AM – 8:09AM	Variyan Until 6:08PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM			Moon 12 - Phase 36	
		813623466 Rahu 2:05PM – 3:34PM	Visti Until 5:46AM Fri	Nataraja: Orange				3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 4:31PM	Moon – Clear				Bhuloka Day	
				Pausha-Markali				Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 264	
Meena Rasi: 18.14	Tithi 8	Gulika 8:09AM – 9:38AM	Revati Until 5:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:40AM			Vikarin 5121	
		Yama 3:35PM – 5:04PM	Parigha* Until 6:51PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM			Moon 12 - Phase 36	
		813623466 Rahu 11:08AM – 12:37PM	Bava Until 6:55PM	Nataraja: Orange				Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 6:55PM	Moon – Clear				Bhuloka Day	
				Pausha-Markali				Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 265	
Mesha Rasi: 0.13	Tithi 9	Gulika 6:41AM – 8:10AM	Ashvini Until 7:54AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:41AM			Vikarin 5121	
		Yama 2:06PM – 3:35PM	Shiva Until 7:21PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM			Moon 12 - Phase 36	
		823623466 Rahu 9:39AM – 11:08AM	Balava Until 8:02AM	Nataraja: Orange				Navami	
Creative Work	Siddha Yoga		Navami* Until 9:01PM	Moon – White				Devaloka Day	
Until 7:54AM Sun				Pausha-Markali					
Then Routine Work - Prabalarishta Yoga									

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Port Harcourt, Nigeria Sun 23 Sutra 266 Vikarin 5121	
Mesha Rasi: 12.21	Tithi 10	Gulika 3:36PM – 5:05PM	Ashvini Until 7:54AM	Ganesha: Yellow	<i>Sunrise:</i> 6:41AM			
		Yama 12:37PM – 2:07PM	Siddha Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM			Moon 12 - Phase 37
	823623466	Rahu 5:05PM – 6:34PM	Taitila Until 9:54AM	Nataraja: Orange				4th Phase
Creative Work	Siddha Yoga			Moon – White			Devaloka Day	
Until 7:54AM		Subramuniyaswami Jayanti	Dashami Until 10:36PM	Pausha-Markali				
Then Routine Work - Prabarishtha Yoga								

2		Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau			Port Harcourt, Nigeria Sun 24 Sutra 267 Vikarin 5121	
Mesha Rasi: 24.43	Tithi 11	Gulika 2:07PM – 3:36PM	Bharani Until 9:44AM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM			
Family Home Evening		Yama 11:09AM – 12:38PM	Sadhya Until 7:06PM	Muruqa: Clear	<i>Sunset:</i> 6:34PM			Moon 12 - Phase 37
Creative Work	Siddha Yoga	823623466 Rahu 8:11AM – 9:40AM	Vanija Until 11:11AM	Nataraja: Orange				4th Phase
Until 9:44AM		Vaikuntha Ekadasi	Ekadashi Until 11:33PM	Moon – White			Devaloka Day	
Then Routine Work - Marana Yoga				Pausha-Markali				

3		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau			Port Harcourt, Nigeria Sun 25 Sutra 268 Vikarin 5121	
Vrishabha Rasi: 7.22	Tithi 12	Gulika 12:38PM – 2:07PM	Krittika Until 10:45AM	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM			
		Yama 9:40AM – 11:09AM	Subha Until 6:13PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM			Moon 12 - Phase 37
	823623466	Rahu 3:37PM – 5:06PM	Bava Until 11:47AM	Nataraja: Orange				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:47PM	Moon – White			Devaloka Day	
Until 10:45AM				Pausha-Markali				
Then Creative Work - Amrita Yoga								

4		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Port Harcourt, Nigeria Sun 26 Sutra 269 Vikarin 5121	
Vrishabha Rasi: 20.22	Tithi 13	Gulika 11:10AM – 12:39PM	Rohini Until 11:22AM	Ganesha: White	<i>Sunrise:</i> 6:42AM			
		Yama 8:11AM – 9:41AM	Sukla Until 4:44PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM			Moon 12 - Phase 37
	833623466	Rahu 12:39PM – 2:08PM	Kaulava Until 11:38AM	Nataraja: Orange				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:17PM	Moon – Yellow			Bhuloka Day	
				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau			Port Harcourt, Nigeria Sun 27 Sutra 270 Vikarin 5121	
Mithuna Rasi: 3.44	Tithi 14	Gulika 9:41AM – 11:10AM	Mrigashira Until 11:09AM	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM			
		Yama 6:43AM – 8:12AM	Brahma Until 2:44PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM			Moon 12 - Phase 37
	834623466	Rahu 2:08PM – 3:37PM	Gara Until 10:48AM	Nataraja: Orange				4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 10:07PM	Moon – Yellow			Devaloka Day	
				Pausha-Markali				

○		Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau			Port Harcourt, Nigeria Sutra 271 Vikarin 5121	
Copper Retreat Star		Gulika 8:12AM – 9:41AM	Ardra Until 10:10AM	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM			
Mithuna Rasi: 17.29	Tithi 15	Yama 3:38PM – 5:07PM	Indra Until 12:16PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM			Moon 12 - Phase 37
	834623466	Rahu 11:10AM – 12:40PM	Visti Until 9:19AM	Nataraja: Orange				Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:22PM	Moon – Yellow			Devaloka Day	
		Penumbral Lunar Eclipse		Pausha-Markali				
		Ardra Darshanam						

○		Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Port Harcourt, Nigeria Sutra 272 Vikarin 5121	
Silver Retreat Star		Gulika 6:43AM – 8:13AM	Punarvasu Until 8:59AM	Ganesha: White	<i>Sunrise:</i> 6:43AM			
Kataka Rasi: 1.34	Tithi 16	Yama 2:09PM – 3:38PM	Vaidhriti* Until 9:22AM	Muruqa: Clear	<i>Sunset:</i> 6:37PM			Moon 12 - Phase 37
	844623466	Rahu 9:42AM – 11:11AM	Balava Until 7:20AM	Nataraja: Orange				Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:10PM	Moon – Blue			Sivaloka Day	
				Pausha-Markali				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:39PM - 5:08PM
Yama 12:40PM - 2:10PM
Rahu 5:08PM - 6:37PM

Pushya Until 7:17AM
Vishkambha* Until 6:12AM
Vanija Until 2:21AM Mon
Dvitiya Until 3:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 6:44AM
Sunset: 6:37PM

Port Harcourt, Nigeria
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

854623466

Family Home Evening

Routine Work Marana Yoga

Until 3:21AM Tue

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:10PM - 3:39PM
Yama 11:12AM - 12:41PM
Rahu 8:13AM - 9:42AM

Magha* Until 3:21AM Tue
Ayushman Until 11:24PM
Bava Until 11:39PM
Tritiya Until 12:59PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Markali

Sunrise: 6:44AM
Sunset: 6:37PM

Port Harcourt, Nigeria
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 1:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:41PM - 2:10PM
Yama 9:43AM - 11:12AM
Rahu 3:39PM - 5:09PM

Purvaphalguni Until 1:23AM Wed
Saubhagya Until 7:58PM
Kaulava Until 8:57PM
Chaturthi* Until 10:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 6:44AM
Sunset: 6:38PM

Port Harcourt, Nigeria
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:12AM - 12:41PM
Yama 8:14AM - 9:43AM
Rahu 12:41PM - 2:11PM

Uttaraphalguni Until 11:26PM
Sobhana Until 4:40PM
Gara Until 6:24PM
Panchami Until 7:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 6:45AM
Sunset: 6:38PM

Port Harcourt, Nigeria
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

864623466

Routine Work Marana Yoga

Until 10:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:43AM - 11:13AM
Yama 6:45AM - 8:14AM
Rahu 2:11PM - 3:40PM

Hasta Until 10:00PM
Athiganda* Until 1:30PM
Visti Until 4:04PM
Saptami Until 2:59AM Fri

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 6:45AM
Sunset: 6:39PM

Port Harcourt, Nigeria
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:14AM - 9:44AM
Yama 3:41PM - 5:10PM
Rahu 11:13AM - 12:42PM

Chitra Until 8:43PM
Sukarma Until 10:35AM
Balava Until 2:01PM
Ashtami* Until 1:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 6:45AM
Sunset: 6:39PM

Port Harcourt, Nigeria
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 6:45AM - 8:15AM
Yama 2:12PM - 3:41PM
Rahu 9:44AM - 11:13AM

Svati Until 7:39PM
Dhriti Until 7:56AM
Tailila Until 12:19PM
Navami* Until 11:35PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 6:45AM
Sunset: 6:39PM

Port Harcourt, Nigeria
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 280 Vikarin 5121
	Tula Rasi: 25.49	Tithi 25	Gulika 3:41PM – 5:11PM	Vishakha Until 7:14PM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	
			Yama 12:43PM – 2:12PM	Ganda* Until 3:30AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	874623466 Rahu 5:11PM – 6:40PM	Vanija Until 10:58AM	Nataraja: Orange		2nd Phase
			Dashami Until 10:26PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 281 Vikarin 5121
	Vrischika Rasi: 9.23	Tithi 26	Gulika 2:12PM – 3:42PM	Anuradha Until 7:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	
	Family Home Evening		Yama 11:14AM – 12:43PM	Vriddhi Until 1:45AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	874623466 Rahu 8:15AM – 9:44AM	Bava Until 10:01AM	Nataraja: Orange		2nd Phase
			Ekadashi* Until 9:40PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 282 Vikarin 5121
	Vrischika Rasi: 22.43	Tithi 27	Gulika 12:43PM – 2:13PM	Jyeshtha* Until 7:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:46AM	
			Yama 9:45AM – 11:14AM	Dhruva Until 12:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	875623466 Rahu 3:42PM – 5:11PM	Kaulava Until 9:27AM	Nataraja: Orange		2nd Phase
			Dvadashi* Until 9:18PM	Moon – Orange		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 283 Vikarin 5121
	Dhanus Rasi: 5.5	Tithi 28	Gulika 11:14AM – 12:44PM	Mula* Until 7:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:46AM	
			Yama 8:16AM – 9:45AM	Vyaghata* Until 11:10PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 Rahu 12:44PM – 2:13PM	Gara Until 9:18AM	Nataraja: Orange		2nd Phase
			Trayodashi* Until 9:21PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 284 Vikarin 5121
	Dhanus Rasi: 18.46	Tithi 29	Gulika 9:45AM – 11:14AM	Purvashadha* Until 8:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:46AM	
			Yama 6:46AM – 8:16AM	Harshana Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	885623466 Rahu 2:13PM – 3:43PM	Visti* Until 9:34AM	Nataraja: Orange		2nd Phase
			Chaturdashi* Until 9:50PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 285 Vikarin 5121
	Retreat Star		Gulika 8:16AM – 9:45AM	Uttarashadha Until 10:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:47AM	
	Makara Rasi: 1.28	Tithi 30	Yama 3:43PM – 5:12PM	Vajra* Until 9:54PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 Rahu 11:15AM – 12:44PM	Catuspada Until 10:15AM	Nataraja: Orange		Amavasya
			Amavasya* Until 10:44PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 286 Vikarin 5121
	Retreat Star		Gulika 6:47AM – 8:16AM	Shravana Until 12:08AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:47AM	
	Makara Rasi: 13.59	Tithi 1	Yama 2:14PM – 3:43PM	Siddhi Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	995623466 Rahu 9:46AM – 11:15AM	Kintughna Until 11:23AM	Nataraja: Orange		Prathama
			Prathama* Until 12:05AM Sun	Moon – Purple		Bhuloka Day	
				Magha*Thai		Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 26.19	Tithi 2	Gulika 3:43PM – 5:13PM	Dhanishtha Until 2:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:47AM			
		Yama 12:45PM – 2:14PM	Vyatipata* Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM		Moon 1 - Phase 40	
		995723466 Rahu 5:13PM – 6:42PM	Balava Until 12:56PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 1:50AM Mon	Moon – Purple				Devaloka Day
Until 2:21AM Mon				Magha-Thai				
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 8.29	Tithi 3	Gulika 2:14PM – 3:44PM	Shatabhishak Until 4:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:47AM			
Family Home Evening		Yama 11:15AM – 12:45PM	Variyan Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 8:16AM – 9:46AM	Taitila Until 2:52PM	Nataraja: Orange			3rd Phase	
Until 4:45AM Tue			Tritiya Until 3:56AM Tue	Moon – Purple				Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai				

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 20.32	Tithi 4	Gulika 12:45PM – 2:14PM	Purvaprossthapada* Until 7:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:47AM			
		Yama 9:46AM – 11:15AM	Parigha* Until 11:02PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM		Moon 1 - Phase 40	
		915723466 Rahu 3:44PM – 5:13PM	Vanija Until 5:06PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 6:18AM Wed	Moon – Clear				Sivaloka Day
Until 7:44AM Wed				Magha-Thai				
Then Creative Work - Siddha Yoga								

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 2.28	Tithi 4 – 5	Gulika 11:16AM – 12:45PM	Purvaprossthapada* Until 7:44AM	Ganesha: Green	<i>Sunrise:</i> 6:47AM			
		Yama 8:17AM – 9:46AM	Shiva Until 11:51PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM		Moon 1 - Phase 40	
		915723466 Rahu 12:45PM – 2:15PM	Bava Until 7:34PM	Nataraja: Orange			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 6:18AM	Moon – Clear				Sivaloka Day
Until 7:44AM				Magha-Thai				
Then Creative Work - Siddha Yoga								

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 14.2	Tithi 5 – 6	Gulika 9:46AM – 11:16AM	Uttaraprossthapada Until 10:41AM	Ganesha: Green	<i>Sunrise:</i> 6:47AM			
		Yama 6:47AM – 8:17AM	Siddha Until 12:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:43PM		Moon 1 - Phase 40	
		915723466 Rahu 2:15PM – 3:44PM	Kaulava Until 10:06PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 8:49AM	Moon – Clear				Sivaloka Day
				Magha-Thai				

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 26.13	Tithi 6 – 7	Gulika 8:17AM – 9:46AM	Revati Until 1:26PM	Ganesha: Orange	<i>Sunrise:</i> 6:47AM			
		Yama 3:44PM – 5:14PM	Sadhya Until 1:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:43PM		Moon 1 - Phase 40	
		916723466 Rahu 11:16AM – 12:45PM	Gara Until 12:32AM Sat	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 11:19AM	Moon – Clear				Devaloka Day
Until 1:26PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 8.09	Tithi 7 – 8	Gulika 6:47AM – 8:17AM	Ashvini Until 4:20PM	Ganesha: Green	<i>Sunrise:</i> 6:47AM			
		Yama 2:15PM – 3:44PM	Subha Until 1:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:43PM		Moon 1 - Phase 40	
		926723466 Rahu 9:46AM – 11:16AM	Visti Until 2:40AM Sun	Nataraja: Orange			Ashtami	
Creative Work	Siddha Yoga		Saptami Until 1:38PM	Moon – White				Bhuloka Day
				Magha-Thai				Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 20.13	Tithi 8 – 9	Gulika 3:45PM – 5:14PM	Bharani Until 6:39PM	Ganesha: Green	<i>Sunrise:</i> 6:47AM			
		Yama 12:46PM – 2:15PM	Sukla Until 2:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:44PM		Moon 1 - Phase 40	
		926723466 Rahu 5:14PM – 6:44PM	Balava Until 4:18AM Mon	Nataraja: Orange			Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 3:32PM	Moon – White				Bhuloka Day
Until 6:39PM				Magha-Thai				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 295 Vikarin 5121
1		Gulika 2:15PM – 3:45PM	Krittika Until 8:12PM	Ganesha: Green <i>Sunrise:</i> 6:47AM
Virshabha Rasi: 2.3	Tithi 9 – 10	Yama 11:16AM – 12:46PM	Brahma Until 1:42AM Tue	Muruqa: Clear <i>Sunset:</i> 6:44PM
Family Home Evening	926723466	Rahu 8:17AM – 9:47AM	Taitila Until 5:13AM Tue	Nataraja: Orange
Routine Work Marana Yoga			Navami* Until 4:50PM	Moon – White
Until 8:12PM				Magha*Thai
Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 296 Vikarin 5121
2		Gulika 12:46PM – 2:15PM	Rohini Until 9:20PM	Ganesha: Red <i>Sunrise:</i> 6:47AM
Virshabha Rasi: 15.05	Tithi 10 – 11	Yama 9:47AM – 11:16AM	Indra Until 12:44AM Wed	Muruqa: Clear <i>Sunset:</i> 6:44PM
Creative Work Amrita Yoga	936723467	Rahu 3:45PM – 5:14PM	Vanija Until 5:19AM Wed	Nataraja: Clear
Until 9:20PM			Dashami Until 5:21PM	Moon – Yellow
Then Creative Work - Siddha Yoga				Magha*Thai
				Devaloka Day

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 297 Vikarin 5121
3		Gulika 11:16AM – 12:46PM	Mrigashira Until 9:29PM	Ganesha: Red <i>Sunrise:</i> 6:47AM
Virshabha Rasi: 28.04	Tithi 11 – 12	Yama 8:17AM – 9:47AM	Vaidhriti* Until 11:05PM	Muruqa: Clear <i>Sunset:</i> 6:44PM
Creative Work Siddha Yoga	936723467	Rahu 12:46PM – 2:15PM	Bava Until 4:35AM Thu	Nataraja: Clear
Until 8:12PM			Ekadashi Until 5:02PM	Moon – Yellow
Then Creative Work - Siddha Yoga				Magha*Thai
				Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 298 Vikarin 5121
4		Gulika 9:47AM – 11:16AM	Ardra Until 8:41PM	Ganesha: Red <i>Sunrise:</i> 6:47AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 6:47AM – 8:17AM	Vishkambha* Until 8:48PM	Muruqa: Clear <i>Sunset:</i> 6:44PM
Routine Work Marana Yoga	936723467	Rahu 2:16PM – 3:45PM	Kaulava Until 3:03AM Fri	Nataraja: Clear
Until 8:41PM			Dvadashi Until 3:54PM	Moon – Yellow
Then Creative Work - Amrita Yoga				Magha*Thai
				Devaloka Day
				<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 299 Vikarin 5121
5		Gulika 8:17AM – 9:47AM	Punarvasu Until 7:28PM	Ganesha: Blue <i>Sunrise:</i> 6:47AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 3:45PM – 5:15PM	Priti Until 5:57PM	Muruqa: Clear <i>Sunset:</i> 6:45PM
Creative Work Siddha Yoga	947723467	Rahu 11:16AM – 12:46PM	Gara Until 12:50AM Sat	Nataraja: Clear
Until 7:28PM			Trayodashi Until 2:00PM	Moon – Blue
Then Routine Work - Marana Yoga				Magha*Thai
				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sun 28 Sutra 300 Vikarin 5121
○		Gulika 6:47AM – 8:17AM	Pushya Until 5:31PM	Ganesha: Blue <i>Sunrise:</i> 6:47AM
Kataka Rasi: 9.39	Tithi 14 – 15	Yama 2:16PM – 3:45PM	Ayushman Until 2:36PM	Muruqa: Clear <i>Sunset:</i> 6:45PM
Copper Retreat Star	947723467	Rahu 9:47AM – 11:16AM	Visti Until 10:03PM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 11:29AM	Moon – Blue
Until 5:31PM				Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM
				Thai Pusam

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sun 29 Sutra 301 Vikarin 5121
○		Gulika 3:45PM – 5:15PM	Ashlesha* Until 3:01PM	Ganesha: Blue <i>Sunrise:</i> 6:47AM
Kataka Rasi: 24.19	Tithi 15 – 16	Yama 12:46PM – 2:16PM	Saubhagya Until 10:54AM	Muruqa: Clear <i>Sunset:</i> 6:45PM
Silver Retreat Star	947723467	Rahu 5:15PM – 6:45PM	Balava Until 6:54PM	Nataraja: Clear
Creative Work Siddha Yoga			Purnima* Until 8:30AM	Moon – Blue
Until 3:01PM				Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9.14 Tithi 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 12:33PM

Then Creative Work - Siddha Yoga

Gulika 2:16PM - 3:46PM

Yama 11:16AM - 12:46PM

Rahu 8:17AM - 9:47AM

Magha* Until 12:33PM

Sobhana Until 6:59AM

Taitila Until 3:31PM

Dvitiya Until 1:47AM Tue

Ganesha: Red Sunrise: 6:47AM

Muruqa: Clear Sunset: 6:45PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visi* Karana Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 24.14 Tithi 18

Creative Work Siddha Yoga

Until 9:52AM

Then Creative Work - Amrita Yoga

Gulika 12:46PM - 2:16PM

Yama 9:47AM - 11:16AM

Rahu 3:46PM - 5:15PM

Purvaphalguni Until 9:52AM

Sukarma Until 10:57PM

Vanija Until 12:06PM

Tritiya Until 10:24PM

Ganesha: Red Sunrise: 6:47AM

Muruqa: Clear Sunset: 6:45PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 9.12 Tithi 19

Creative Work Amrita Yoga

Until 7:08AM

Then Routine Work - Marana Yoga

Gulika 11:16AM - 12:46PM

Yama 8:17AM - 9:47AM

Rahu 12:46PM - 2:16PM

Uttaraphalguni Until 7:08AM

Dhriti Until 7:07PM

Bava Until 8:47AM

Chaturthi* Until 7:11PM

Ganesha: Red Sunrise: 6:47AM

Muruqa: Clear Sunset: 6:45PM

Nataraja: Clear

Moon - Red

Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.58 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika 9:46AM - 11:16AM

Yama 6:47AM - 8:17AM

Rahu 2:16PM - 3:46PM

Chitra Until 2:58AM Fri

Shula* Until 3:32PM

Gara Until 3:03AM Fri

Panchami Until 4:19PM

Ganesha: Green Sunrise: 6:47AM

Muruqa: Clear Sunset: 6:45PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 8.28 Tithi 21 - 22

Creative Work Siddha Yoga

Gulika 8:17AM - 9:46AM

Yama 3:46PM - 5:16PM

Rahu 11:16AM - 12:46PM

Svati Until 1:23AM Sat

Ganda* Until 12:20PM

Visti Until 12:54AM Sat

Shashthi* Until 1:53PM

Ganesha: White Sunrise: 6:47AM

Muruqa: Clear Sunset: 6:45PM

Nataraja: Clear

Moon - Green

Magha*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.36 Tithi 22 - 23

Creative Work Siddha Yoga

Until 12:39AM Sun

Then Routine Work - Marana Yoga

Gulika 6:47AM - 8:16AM

Yama 2:16PM - 3:46PM

Rahu 9:46AM - 11:16AM

Vishakha Until 12:39AM Sun

Vridhhi Until 9:35AM

Balava Until 11:19PM

Saptami Until 12:01PM

Ganesha: Clear Sunrise: 6:47AM

Muruqa: Clear Sunset: 6:45PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 6.22 Tithi 23 - 24

Routine Work Marana Yoga

Until 12:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:46PM - 5:16PM

Yama 12:46PM - 2:16PM

Rahu 5:16PM - 6:45PM

Anuradha Until 12:23AM Mon

Dhruva Until 7:17AM

Taitila Until 10:22PM

Ashtami* Until 10:44AM

Ganesha: Clear Sunrise: 6:46AM

Muruqa: Clear Sunset: 6:45PM

Nataraja: Clear

Moon - Orange

Magha*Masi

Devaloka Day

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 7 Sutra 309 Vikarin 5121
1	Vrischika Rasi: 19.46 Tithi 24 – 25 Family Home Evening Creative Work Siddha Yoga Until 12:33AM Tue Then Creative Work - Amrita Yoga	Gulika 2:16PM – 3:46PM Yama 11:16AM – 12:46PM Rahu 8:16AM – 9:46AM	Jyeshtha* Until 12:33AM Tue Harshana Until 4:12AM Tue Vanija Until 10:01PM Navami* Until 10:06AM	Ganesha: Clear <i>Sunrise: 6:46AM</i> Muruqa: Clear <i>Sunset: 6:45PM</i> Nataraja: Clear Moon – Orange Devaloka Day

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 310 Vikarin 5121
2	Dhanus Rasi: 2.5 Tithi 25 – 26 Creative Work Amrita Yoga	Gulika 12:46PM – 2:16PM Yama 9:46AM – 11:16AM Rahu 3:46PM – 5:16PM	Mula* Until 1:36AM Wed Vajra* Until 3:19AM Wed Bava Until 10:16PM Dashami Until 10:03AM	Ganesha: Purple <i>Sunrise: 6:46AM</i> Muruqa: Clear <i>Sunset: 6:46PM</i> Nataraja: Clear Moon – Light Blue Magha-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 311 Vikarin 5121
3	Dhanus Rasi: 15.39 Tithi 26 – 27 Creative Work Amrita Yoga Until 2:58AM Thu Then Routine Work - Marana Yoga	Gulika 11:16AM – 12:46PM Yama 8:16AM – 9:46AM Rahu 12:46PM – 2:16PM	Purvashadha* Until 2:58AM Thu Siddhi Until 2:49AM Thu Kaulava Until 11:01PM Ekadashi* Until 10:34AM	Ganesha: Purple <i>Sunrise: 6:46AM</i> Muruqa: Clear <i>Sunset: 6:46PM</i> Nataraja: Clear Moon – Light Blue Magha-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 312 Vikarin 5121
4	Dhanus Rasi: 28.14 Tithi 27 – 28 Routine Work Marana Yoga	Gulika 9:46AM – 11:16AM Yama 6:46AM – 8:16AM Rahu 2:16PM – 3:46PM	Uttarashadha Until 4:35AM Fri Vyatipata* Until 2:40AM Fri Gara Until 12:12AM Fri Dvadashi* Until 11:32AM	Ganesha: Purple <i>Sunrise: 6:46AM</i> Muruqa: Clear <i>Sunset: 6:46PM</i> Nataraja: Clear Moon – Light Blue Magha-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 313 Vikarin 5121
5	Makara Rasi: 10.38 Tithi 28 – 29 Routine Work Marana Yoga Until 6:52AM Sat Then Creative Work - Siddha Yoga	Gulika 8:16AM – 9:46AM Yama 3:46PM – 5:16PM Rahu 11:16AM – 12:46PM	Shravana Until 6:52AM Sat Variyan Until 2:45AM Sat Visti Until 1:45AM Sat Trayodashi* Until 12:55PM	Ganesha: Light Blue <i>Sunrise: 6:45AM</i> Muruqa: Clear <i>Sunset: 6:46PM</i> Nataraja: Clear Moon – Purple Magha-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 12 Sutra 314 Vikarin 5121
Retreat Star	Makara Rasi: 22.53 Tithi 29 – 30 Creative Work Siddha Yoga	Gulika 6:45AM – 8:15AM Yama 2:15PM – 3:45PM Rahu 9:45AM – 11:15AM	Shravana Until 6:52AM Parigha* Until 3:04AM Sun Catuspada Until 3:36AM Sun Chaturdashi* Until 2:37PM	Ganesha: Light Blue <i>Sunrise: 6:45AM</i> Muruqa: Clear <i>Sunset: 6:46PM</i> Nataraja: Clear Moon – Purple Magha-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 315 Vikarin 5121
Retreat Star	Kumbha Rasi: 5.01 Tithi 30 – 1 Routine Work Marana Yoga Until 9:16AM Then Creative Work - Siddha Yoga	Gulika 3:45PM – 5:15PM Yama 12:45PM – 2:15PM Rahu 5:15PM – 6:46PM	Dhanishtha Until 9:16AM Shiva Until 3:36AM Mon Kintughna Until 5:42AM Mon Amavasya* Until 4:36PM	Ganesha: Light Blue <i>Sunrise: 6:45AM</i> Muruqa: Clear <i>Sunset: 6:46PM</i> Nataraja: Clear Moon – Purple Phalguna-Masi Bhuloka Day Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 17.03 Family Home Evening Creative Work Siddha Yoga Until 11:43AM Then Routine Work - Marana Yoga	Tithi 1 999823467	Gulika 2:15PM – 3:45PM Yama 11:15AM – 12:45PM Rahu 8:15AM – 9:45AM	Shatabhishak Until 11:43AM Siddha Until 4:15AM Tue Bava Until 6:48PM Prathama* Until 6:48PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 317 Vikarin 5121
2	Kumbha Rasi: 29.01 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Tithi 2 919823467	Gulika 12:45PM – 2:15PM Yama 9:45AM – 11:15AM Rahu 3:45PM – 5:15PM	Purvaproshtapada* Until 2:41PM Sadhya Until 5:02AM Wed Balava Until 8:00AM Dvitiya Until 9:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Devaloka Day
Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 318 Vikarin 5121
3	Meena Rasi: 10.55 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	Tithi 3 919823467	Gulika 11:15AM – 12:45PM Yama 8:14AM – 9:45AM Rahu 12:45PM – 2:15PM	Uttaraproshtapada Until 5:36PM Subha Until 5:55AM Thu Tailila Until 10:27AM Tritiya Until 11:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Devaloka Day
Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 319 Vikarin 5121
4	Meena Rasi: 22.47 Creative Work Siddha Yoga Until 8:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	Gulika 9:44AM – 11:14AM Yama 6:44AM – 8:14AM Rahu 2:15PM – 3:45PM	Revati Until 8:25PM Sukla Until 6:45AM Fri Vanija Until 12:58PM Chaturthi* Until 2:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Devaloka Day
Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 320 Vikarin 5121
5	Mesha Rasi: 4.39 Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	Gulika 8:14AM – 9:44AM Yama 3:45PM – 5:15PM Rahu 11:14AM – 12:44PM	Ashvini Until 11:29PM Sukla Until 6:45AM Bava Until 3:27PM Panchami Until 4:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 321 Vikarin 5121
6	Mesha Rasi: 16.34 Creative Work Siddha Yoga	Tithi 6 921823467	Gulika 6:43AM – 8:14AM Yama 2:15PM – 3:45PM Rahu 9:44AM – 11:14AM	Bharani Until 2:10AM Sun Brahma Until 7:31AM Kaulava Until 5:45PM Shashthi* Until 6:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 322 Vikarin 5121
Retreat Star	Mesha Rasi: 28.35 Creative Work Siddha Yoga Until 4:16AM Mon Then Creative Work - Amrita Yoga	Tithi 6 – 7 921833467	Gulika 3:44PM – 5:15PM Yama 12:44PM – 2:14PM Rahu 5:15PM – 6:45PM	Krittika Until 4:16AM Mon Indra Until 8:05AM Gara Until 7:41PM Shashthi* Until 6:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 323 Vikarin 5121
Retreat Star	Vrishabha Rasi: 10.48 Family Home Evening Creative Work Amrita Yoga Until 6:04AM Tue Then Creative Work - Siddha Yoga	Tithi 7 – 8 931833467	Gulika 2:14PM – 3:44PM Yama 11:13AM – 12:44PM Rahu 8:13AM – 9:43AM	Rohini Until 6:04AM Tue Vaidhriti* Until 8:14AM Visti Until 9:01PM Saptami Until 8:25AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Devaloka Day
Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 324 Vikarin 5121
Retreat Star	Vrishabha Rasi: 23.17 Creative Work Amrita Yoga Until 6:04AM Then Creative Work - Siddha Yoga	Tithi 8 – 9 931833467	Gulika 12:43PM – 2:14PM Yama 9:43AM – 11:13AM Rahu 3:44PM – 5:15PM	Rohini Until 6:04AM Vishkambha* Until 7:54AM Balava Until 9:36PM Ashtami* Until 9:23AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 325	
Mithuna Rasi: 6.09	Tithi 9 – 10	Gulika 11:13AM – 12:43PM	Mrigashira Until 6:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	Vikarin 5121	
		Yama 8:12AM – 9:42AM	Priti Until 6:57AM	Muruqa: Orange	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 45	
931833467	Rahu 12:43PM – 2:14PM		Taitila Until 9:19PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 9:33AM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 326	
Mithuna Rasi: 19.28	Tithi 10 – 11	Gulika 9:42AM – 11:13AM	Ardra Until 6:47AM	Ganesha: Red	<i>Sunrise:</i> 6:41AM	Vikarin 5121	
		Yama 6:41AM – 8:12AM	Saubhagya Until 2:58AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 45	
131833467	Rahu 2:13PM – 3:44PM		Vanija Until 8:09PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 8:49AM	Moon – Yellow		Devaloka Day	
Until 6:47AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 327	
Kataka Rasi: 3.16	Tithi 11 – 12	Gulika 8:11AM – 9:42AM	Punarvasu Until 6:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:41AM	Vikarin 5121	
		Yama 3:44PM – 5:14PM	Sobhana Until 12:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45	
141833467	Rahu 11:12AM – 12:43PM		Bava Until 6:10PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 7:14AM	Moon – Blue		Bhuloka Day	
Until 6:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 328	
Kataka Rasi: 17.34	Tithi 13	Gulika 6:41AM – 8:11AM	Ashlesha* Until 2:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:41AM	Vikarin 5121	
		Yama 2:13PM – 3:43PM	Athiganda* Until 8:29PM	Muruqa: Orange	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45	
141833467	Rahu 9:42AM – 11:12AM		Kaulava Until 3:29PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 1:54AM Sun	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 329	
Simha Rasi: 2.19	Tithi 14	Gulika 3:43PM – 5:14PM	Magha* Until 11:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:40AM	Vikarin 5121	
		Yama 12:42PM – 2:13PM	Sukarma Until 4:34PM	Muruqa: Orange	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45	
151833467	Rahu 5:14PM – 6:44PM		Gara Until 12:15PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 10:27PM	Moon – Red		Devaloka Day	
Until 11:33PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Port Harcourt, Nigeria Sutra 330	
Copper Retreat Star		Gulika 2:13PM – 3:43PM	Purvaphalguni Until 8:34PM	Ganesha: White	<i>Sunrise:</i> 6:40AM	Vikarin 5121	
Simha Rasi: 17.24	Tithi 15	Yama 11:11AM – 12:42PM	Dhriti Until 12:23PM	Muruqa: Orange	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 8:10AM – 9:41AM	Visti Until 8:38AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 6:43PM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sutra 331	
Silver Retreat Star		Gulika 12:42PM – 2:12PM	Uttaraphalguni Until 5:22PM	Ganesha: White	<i>Sunrise:</i> 6:40AM	Vikarin 5121	
Kanya Rasi: 2.4	Tithi 16 – 17	Yama 9:41AM – 11:11AM	Shula* Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45	
152833467	Rahu 3:43PM – 5:13PM		Taitila Until 12:59AM Wed	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 2:53PM	Moon – Red		Sivaloka Day	
Until 5:22PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

Gulika 11:11AM - 12:41PM
Yama 8:10AM - 9:40AM
Rahu 12:41PM - 2:12PM

Hasta **Until 2:31PM**
Vriddhi **Until 11:31PM**
Vanija **Until 9:18PM**
Dvitiya **Until 11:06AM**

Ganesha: Clear *Sunrise: 6:39AM*

Muruqa: Orange *Sunset: 6:44PM*

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.02 Tithi 18 - 19

162833467

Gulika 9:40AM - 11:11AM
Yama 6:39AM - 8:09AM
Rahu 2:12PM - 3:42PM

Chitra **Until 11:49AM**
Dhruva **Until 7:36PM**
Balava **Until 4:25AM Fri**
Tritiya **Until 7:33AM**

Ganesha: Clear *Sunrise: 6:39AM*

Muruqa: Orange *Sunset: 6:44PM*

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 11:49AM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.5 Tithi 20

162833467

Gulika 8:09AM - 9:40AM
Yama 3:42PM - 5:13PM
Rahu 11:10AM - 12:41PM

Svati **Until 9:24AM**
Vyaghata* **Until 4:06PM**
Kaulava **Until 3:04PM**
Panchami **Until 1:50AM Sat**

Ganesha: Clear *Sunrise: 6:38AM*

Muruqa: Orange *Sunset: 6:43PM*

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.14 Tithi 21

172833467

Gulika 6:38AM - 8:09AM
Yama 2:11PM - 3:42PM
Rahu 9:39AM - 11:10AM

Vishakha **Until 7:51AM**
Harshana **Until 1:08PM**
Gara **Until 12:49PM**
Shashthi* **Until 11:56PM**

Ganesha: Purple *Sunrise: 6:38AM*

Muruqa: Orange *Sunset: 6:43PM*

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.1 Tithi 22

172833468

Gulika 3:42PM - 5:12PM
Yama 12:40PM - 2:11PM
Rahu 5:12PM - 6:43PM

Anuradha **Until 6:52AM**
Vajra* **Until 10:44AM**
Visti **Until 11:17AM**
Saptami **Until 10:48PM**

Ganesha: Purple *Sunrise: 6:38AM*

Muruqa: Orange *Sunset: 6:43PM*

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.37 Tithi 23

172933468

Gulika 2:11PM - 3:42PM
Yama 11:09AM - 12:40PM
Rahu 8:08AM - 9:39AM

Jyeshtha* **Until 6:31AM**
Siddhi **Until 8:58AM**
Balava **Until 10:33AM**
Ashtami* **Until 10:28PM**

Ganesha: Clear *Sunrise: 6:37AM*

Muruqa: Orange *Sunset: 6:43PM*

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.4 Tithi 24

182933468

Gulika 12:40PM - 2:11PM
Yama 9:38AM - 11:09AM
Rahu 3:41PM - 5:12PM

Mula* **Until 7:13AM**
Vyatipata* **Until 7:50AM**
Taitila **Until 10:36AM**
Navami* **Until 10:52PM**

Ganesha: Purple *Sunrise: 6:37AM*

Muruqa: Orange *Sunset: 6:43PM*

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Port Harcourt, Nigeria Sun 8 Sutra 339
Dhanus Rasi: 25.22	Tithi 25	Gulika 11:09AM – 12:39PM	Purvashadha* Until 8:29AM	Ganesha: Purple <i>Sunrise:</i> 6:36AM	Vikarin 5121
		Yama 8:07AM – 9:38AM	Variyan Until 7:14AM	Muruqa: Orange <i>Sunset:</i> 6:43PM	Moon 3 - Phase 47
182933468	Rahu 12:39PM – 2:10PM		Vanija Until 11:21AM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 11:57PM	Moon – Light Blue	Devaloka Day
				Phalguna-Panguni	

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 340
Makara Rasi: 7.46	Tithi 26	Gulika 9:38AM – 11:08AM	Uttarashadha Until 10:10AM	Ganesha: Purple <i>Sunrise:</i> 6:36AM	Vikarin 5121
		Yama 6:36AM – 8:07AM	Parigha* Until 7:07AM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
182933468	Rahu 2:10PM – 3:41PM		Bava Until 12:42PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:32AM Fri	Moon – Light Blue	Devaloka Day
Until 10:10AM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 341
Makara Rasi: 19.59	Tithi 27	Gulika 8:06AM – 9:37AM	Shravana Until 12:37PM	Ganesha: Clear <i>Sunrise:</i> 6:35AM	Vikarin 5121
		Yama 3:41PM – 5:11PM	Shiva Until 7:23AM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
192933468	Rahu 11:08AM – 12:39PM		Kaulava Until 2:30PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 3:29AM Sat	Moon – Purple	Sivaloka Day
Until 12:37PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 342
Kumbha Rasi: 2.03	Tithi 28	Gulika 6:35AM – 8:06AM	Dhanishtha Until 3:12PM	Ganesha: Clear <i>Sunrise:</i> 6:35AM	Vikarin 5121
		Yama 2:09PM – 3:40PM	Siddha Until 7:53AM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
192933468	Rahu 9:37AM – 11:08AM		Gara Until 4:36PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 5:42AM Sun	Moon – Purple	Sivaloka Day
Until 3:12PM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau	Port Harcourt, Nigeria Sun 12 Sutra 343
Kumbha Rasi: 14.02	Tithi 29	Gulika 3:40PM – 5:11PM	Shatabhishak Until 5:48PM	Ganesha: Clear <i>Sunrise:</i> 6:35AM	Vikarin 5121
		Yama 12:38PM – 2:09PM	Sadhya Until 8:34AM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
192933468	Rahu 5:11PM – 6:42PM		Visti Until 6:53PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:03AM Mon	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Port Harcourt, Nigeria Sun 13 Sutra 344
Kumbha Rasi: 25.58	Tithi 29 – 30	Gulika 2:09PM – 3:40PM	Purvaproshtapada* Until 8:51PM	Ganesha: Yellow <i>Sunrise:</i> 6:34AM	Vikarin 5121
Family Home Evening	113933468	Yama 11:07AM – 12:38PM	Subha Until 9:22AM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	Rahu 8:05AM – 9:36AM	Catuspada Until 9:17PM	Nataraja: Purple	Amavasya
Until 8:51PM			Chaturdashi* Until 8:03AM	Moon – Clear	Sivaloka Day
Then Creative Work - Siddha Yoga				Phalguna-Panguni	

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 345
Meena Rasi: 7.51	Tithi 30 – 1	Gulika 12:38PM – 2:09PM	Uttaraproshtapada Until 11:47PM	Ganesha: Yellow <i>Sunrise:</i> 6:34AM	Vikarin 5121
		Yama 9:36AM – 11:07AM	Sukla Until 10:12AM	Muruqa: Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
113933468	Rahu 3:40PM – 5:11PM		Kintughna Until 11:43PM	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Amavasya* Until 10:28AM	Moon – Clear	Sivaloka Day
Until 11:47PM		Yugadhi		Chaitra-Panguni	
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 15 Sutra 346
Meena Rasi: 19.44	Tithi 1 – 2	Gulika 11:06AM – 12:37PM	Revati Until 2:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:33AM	Vikarin 5121
		Yama 8:04AM – 9:35AM	Brahma Until 11:04AM	Muruqa: Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 48
		113933468 Rahu 12:37PM – 2:08PM	Balava Until 2:10AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 12:55PM	Moon – Clear	Sivaloka Day
Until 2:33AM Thu				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Port Harcourt, Nigeria Sun 16 Sutra 347
Mesha Rasi: 1.37	Tithi 2 – 3	Gulika 9:35AM – 11:06AM	Ashvini Until 5:36AM Fri	Ganesha: Red <i>Sunrise:</i> 6:33AM	Vikarin 5121
		Yama 6:33AM – 8:04AM	Indra Until 11:55AM	Muruqa: Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 48
		123933468 Rahu 2:08PM – 3:39PM	Taitila Until 4:33AM Fri	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 3:21PM	Moon – White	Sivaloka Day
Until 5:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Port Harcourt, Nigeria Sun 17 Sutra 348
Mesha Rasi: 13.31	Tithi 3 – 4	Gulika 8:04AM – 9:35AM	Bharani Until 8:19AM Sat	Ganesha: Red <i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama 3:39PM – 5:10PM	Vaidhriti* Until 12:41PM	Muruqa: Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 48
		123933468 Rahu 11:06AM – 12:37PM	Vanija Until 6:47AM Sat	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:40PM	Moon – White	Sivaloka Day
Until 8:19AM Sat				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau	Port Harcourt, Nigeria Sun 18 Sutra 349
Mesha Rasi: 25.29	Tithi 4	Gulika 6:32AM – 8:03AM	Bharani Until 8:19AM	Ganesha: Red <i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama 2:08PM – 3:39PM	Vishkambha* Until 1:20PM	Muruqa: Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 48
		123933468 Rahu 9:34AM – 11:05AM	Vanija Until 6:47AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 7:47PM	Moon – White	Sivaloka Day
Until 8:19AM				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 350
Vrishabha Rasi: 7.34	Tithi 5	Gulika 3:38PM – 5:10PM	Krittika Until 10:37AM	Ganesha: Red <i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama 12:36PM – 2:07PM	Priti Until 1:46PM	Muruqa: Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 48
		123933468 Rahu 5:10PM – 6:41PM	Bava Until 8:44AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:33PM	Moon – White	Sivaloka Day
				Chaitra•Panguni	

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 351
Vrishabha Rasi: 19.48	Tithi 6	Gulika 2:07PM – 3:38PM	Rohini Until 12:50PM	Ganesha: Blue <i>Sunrise:</i> 6:31AM	Vikarin 5121
Family Home Evening		Yama 11:05AM – 12:36PM	Ayushman Until 1:50PM	Muruqa: Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 48
		133933468 Rahu 8:02AM – 9:34AM	Kaulava Until 10:16AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 10:49PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 352
Mithuna Rasi: 2.16	Tithi 7	Gulika 12:36PM – 2:07PM	Mrigashira Until 2:17PM	Ganesha: Blue <i>Sunrise:</i> 6:31AM	Vikarin 5121
		Yama 9:33AM – 11:04AM	Saubhagya Until 1:26PM	Muruqa: Orange <i>Sunset:</i> 6:40PM	Moon 3 - Phase 48
		133933468 Rahu 3:38PM – 5:09PM	Gara Until 11:13AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:25PM	Moon – Yellow	Subha Sivaloka Day
Until 2:17PM				Chaitra•Panguni	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 353
Mithuna Rasi: 15.04	Tithi 8	Gulika 11:04AM – 12:36PM	Ardra Until 2:53PM	Ganesha: Blue <i>Sunrise:</i> 6:31AM	Vikarin 5121
		Yama 8:02AM – 9:33AM	Sobhana Until 12:29PM	Muruqa: Orange <i>Sunset:</i> 6:40PM	Moon 3 - Phase 48
		133933468 Rahu 12:36PM – 2:07PM	Visti Until 11:26AM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:14PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau	Port Harcourt, Nigeria Sun 23 Sutra 354
Mithuna Rasi: 28.16	Tithi 9	Gulika 9:33AM – 11:04AM	Punarvasu Until 2:59PM	Ganesha: Yellow <i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 6:30AM – 8:02AM	Athiganda* Until 10:52AM	Muruqa: Orange <i>Sunset:</i> 6:40PM	Moon 3 - Phase 48
		143933468 Rahu 2:06PM – 3:38PM	Balava Until 10:51AM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 10:13PM	Moon – Blue	Sivaloka Day
		Sri Rama Navami		Chaitra•Panguni	


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Port Harcourt, Nigeria Sun 24 Sutra 355
Kataka Rasi: 11.55	Tithi 10	Gulika 8:01AM – 9:32AM	Pushya Until 2:08PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Vikarin 5121	
		Yama 3:37PM – 5:09PM	Sukarma Until 8:37AM	Muruqa: Orange	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 Rahu 11:04AM – 12:35PM	Taitila Until 9:26AM	Nataraja: Purple		4th Phase	
			Dashami Until 8:25PM	Moon – Blue		Sivaloka Day	
		Yogaswami Mahasamadhi		Chaitra•Panguni			

2		Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Port Harcourt, Nigeria Sun 25 Sutra 356
Kataka Rasi: 26.04	Tithi 11 – 12	Gulika 6:30AM – 8:01AM	Ashlesha* Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Vikarin 5121	
		Yama 2:06PM – 3:37PM	Shula* Until 2:20AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 Rahu 9:32AM – 11:03AM	Vanija Until 7:15AM	Nataraja: Purple		4th Phase	
Until 12:24PM			Ekadashi Until 5:54PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

3		Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Port Harcourt, Nigeria Sun 26 Sutra 357
Simha Rasi: 10.39	Tithi 12 – 13	Gulika 3:37PM – 5:08PM	Magha* Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Vikarin 5121	
		Yama 12:34PM – 2:06PM	Ganda* Until 10:29PM	Muruqa: Orange	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	153933468 Rahu 5:08PM – 6:40PM	Kaulava Until 1:05AM Mon	Nataraja: Purple		4th Phase	
Until 10:19AM			Dvadashi Until 2:47PM	Moon – Red		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			
			<i>Pradosha Vrata</i>				

4		Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Port Harcourt, Nigeria Sun 27 Sutra 358
Simha Rasi: 25.37	Tithi 13 – 14	Gulika 2:05PM – 3:37PM	Purvaphalguni Until 7:38AM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Vikarin 5121	
Family Home Evening		Yama 11:03AM – 12:34PM	Vridhhi Until 6:21PM	Muruqa: Orange	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	154933468 Rahu 8:00AM – 9:31AM	Gara Until 9:23PM	Nataraja: Purple		4th Phase	
			Trayodashi Until 11:15AM	Moon – Red		Sivaloka Day	
				Chaitra•Panguni			

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			Port Harcourt, Nigeria Sun 28 Sutra 359
Kanya Rasi: 10.5	Tithi 14 – 15	Gulika 12:34PM – 2:05PM	Hasta Until 1:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Vikarin 5121	
		Yama 9:31AM – 11:02AM	Dhruva Until 2:01PM	Muruqa: Orange	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164933468 Rahu 3:37PM – 5:08PM	Bava Until 3:33AM Wed	Nataraja: Purple		Purnima	
			Chaturdashi* Until 7:27AM	Moon – Green		Devaloka Day	
		Panguni Uttiram Hanuman Jayanti		Chaitra•Panguni			

5		Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Port Harcourt, Nigeria Sun 29 Sutra 360
Kanya Rasi: 26.08	Tithi 16	Gulika 11:02AM – 12:34PM	Chitra Until 10:33PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Vikarin 5121	
		Yama 7:59AM – 9:31AM	Vyaghata* Until 9:40AM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164934468 Rahu 12:34PM – 2:05PM	Balava Until 1:39PM	Nataraja: Purple		Prathama	
			Prathama* Until 11:45PM	Moon – Green		Devaloka Day	
				Chaitra•Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria
Sutra 361

Tula Rasi: 11.21 Tithi 17

Gulika 9:30AM – 11:02AM
Yama 6:28AM – 7:59AM
164134468 **Rahu** 2:05PM – 3:36PM

Svati Until 7:39PM
Vajra* Until 1:28AM Fri
Taitila Until 9:57AM
Dvitiya Until 8:12PM

Ganesha: White *Sunrise:* 6:28AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Amrita Yoga
Until 7:39PM
Then Creative Work - Siddha Yoga

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria
Sun 1 Sutra 362

Tula Rasi: 26.19 Tithi 18 – 19

Gulika 7:59AM – 9:30AM
Yama 3:36PM – 5:07PM
174134468 **Rahu** 11:02AM – 12:33PM

Vishakha Until 5:27PM
Siddhi Until 9:54PM
Vanija Until 6:36AM
Tritiya Until 5:06PM

Ganesha: Yellow *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria
Sun 2 Sutra 363

Virchika Rasi: 10.53 Tithi 19 – 20

Gulika 6:27AM – 7:58AM
Yama 2:04PM – 3:36PM
174134468 **Rahu** 9:30AM – 11:01AM

Anuradha Until 3:43PM
Vyatipata* Until 6:51PM
Kaulava Until 1:36AM Sun
Chaturthi* Until 2:34PM

Ganesha: Yellow *Sunrise:* 6:27AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria
Sun 3 Sutra 364

Virchika Rasi: 24.59 Tithi 20 – 21

Gulika 3:36PM – 5:07PM
Yama 12:32PM – 2:04PM
174134468 **Rahu** 5:07PM – 6:39PM

Jyeshtha* Until 2:33PM
Variyan Until 4:23PM
Gara Until 12:12AM Mon
Panchami Until 12:47PM

Ganesha: Yellow *Sunrise:* 6:26AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Moon 4 - Phase 50
1st Phase

Routine Work Marana Yoga
Until 2:33PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria
Sun 4 Sutra 1

Dhanus Rasi: 8.37 Tithi 21 – 22

Gulika 2:04PM – 3:35PM
Yama 11:01AM – 12:32PM
184134468 **Rahu** 7:58AM – 9:29AM

Mula* Until 2:31PM
Parigha* Until 2:36PM
Visti Until 11:39PM
Shashthi* Until 11:48AM

Ganesha: Blue *Sunrise:* 6:26AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 2:31PM
Then Routine Work - Marana Yoga

Devaloka Day

D

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria
Sun 5 Sutra 2

Dhanus Rasi: 21.46 Tithi 22 – 23

Gulika 12:32PM – 2:04PM
Yama 9:29AM – 11:00AM
284134468 **Rahu** 3:35PM – 5:07PM

Purvashadha* Until 3:09PM
Shiva Until 1:30PM
Balava Until 11:57PM
Saptami Until 11:41AM

Ganesha: Yellow *Sunrise:* 6:26AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Ashtami

Creative Work Siddha Yoga
Until 3:09PM
Then Routine Work - Prabalarishta Yoga

Sivaloka Day

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria
Sun 6 Sutra 3

Makara Rasi: 4.29 Tithi 23 – 24

Gulika 11:00AM – 12:32PM
Yama 7:57AM – 9:28AM
284134468 **Rahu** 12:32PM – 2:03PM

Uttarashadha Until 4:24PM
Siddha Until 1:00PM
Taitila Until 12:59AM Thu
Ashtami* Until 12:22PM

Ganesha: Yellow *Sunrise:* 6:25AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Moon 4 - Phase 50
Navami

Creative Work Amrita Yoga
Until 4:24PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1 Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 7 Sutra 4	
Makara Rasi: 16.54	Tithi 24 – 25	Gulika 9:28AM – 11:00AM	Shravana Until 6:36PM	Ganesha: Blue	Sunrise: 6:25AM	Sarvari 5122	
		Yama 6:25AM – 7:57AM	Sadhya Until 1:02PM	Muruqa: Clear	Sunset: 6:38PM	Moon 4 - Phase 1	
294134468	Rahu 2:03PM – 3:35PM		Vanija Until 2:38AM Fri	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga	Chidambaram Abhishekam	Navami* Until 1:44PM	Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			

2 Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 5	
Makara Rasi: 29.04	Tithi 25 – 26	Gulika 7:56AM – 9:28AM	Dhanishtha Until 9:07PM	Ganesha: Blue	Sunrise: 6:25AM	Sarvari 5122	
		Yama 3:35PM – 5:06PM	Subha Until 1:30PM	Muruqa: Clear	Sunset: 6:38PM	Moon 4 - Phase 1	
294134468	Rahu 11:00AM – 12:31PM		Bava Until 4:43AM Sat	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 3:37PM	Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			

3 Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 6	
Kumbha Rasi: 11.05	Tithi 26 – 27	Gulika 6:24AM – 7:56AM	Shatabhishak Until 11:46PM	Ganesha: Yellow	Sunrise: 6:24AM	Sarvari 5122	
		Yama 2:03PM – 3:34PM	Sukla Until 2:12PM	Muruqa: Clear	Sunset: 6:38PM	Moon 4 - Phase 1	
295134468	Rahu 9:28AM – 10:59AM		Kaulava Until 7:03AM Sun	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 5:51PM	Moon – Purple		Sivaloka Day	
Until 11:46PM				Chaitra+Chaitra			
Then Routine Work - Marana Yoga							

4 Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 7	
Kumbha Rasi: 22.59	Tithi 27	Gulika 3:34PM – 5:06PM	Purvaproshtapada* Until 2:53AM Mon	Ganesha: Yellow	Sunrise: 6:24AM	Sarvari 5122	
		Yama 12:31PM – 2:03PM	Brahma Until 3:04PM	Muruqa: Clear	Sunset: 6:38PM	Moon 4 - Phase 1	
215134468	Rahu 5:06PM – 6:38PM		Kaulava Until 7:03AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 8:15PM	Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			

5 Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 8	
Meena Rasi: 4.52	Tithi 28	Gulika 2:02PM – 3:34PM	Uttaraproshtapada Until 5:51AM Tue	Ganesha: Yellow	Sunrise: 6:24AM	Sarvari 5122	
Family Home Evening		Yama 10:59AM – 12:31PM	Indra Until 4:00PM	Muruqa: Clear	Sunset: 6:38PM	Moon 4 - Phase 1	
215134468	Rahu 7:55AM – 9:27AM		Gara Until 9:30AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 10:42PM	Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			
				Pradosha Vrata (Fasting)			

6 Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 9	
Meena Rasi: 16.44	Tithi 29	Gulika 12:30PM – 2:02PM	Revati Until 8:35AM Wed	Ganesha: Yellow	Sunrise: 6:23AM	Sarvari 5122	
		Yama 9:27AM – 10:59AM	Vaidhriti* Until 4:53PM	Muruqa: Clear	Sunset: 6:38PM	Moon 4 - Phase 1	
215134468	Rahu 3:34PM – 5:06PM		Visti Until 11:56AM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:06AM Wed	Moon – Clear		Sivaloka Day	
Until 8:35AM Wed				Chaitra+Chaitra			
Then Routine Work - Marana Yoga							

Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 10	
Meena Rasi: 28.37	Tithi 30	Gulika 10:58AM – 12:30PM	Revati Until 8:35AM	Ganesha: Yellow	Sunrise: 6:23AM	Sarvari 5122	
		Yama 7:55AM – 9:27AM	Vishkambha* Until 5:43PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 1	
215134468	Rahu 12:30PM – 2:02PM		Catuspada Until 2:17PM	Nataraja: Purple		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 3:23AM Thu	Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			

Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 11	
Mesha Rasi: 10.34	Tithi 1	Gulika 9:26AM – 10:58AM	Ashvini Until 11:31AM	Ganesha: Red	Sunrise: 6:23AM	Sarvari 5122	
		Yama 6:23AM – 7:54AM	Priti Until 6:27PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 1	
225134468	Rahu 2:02PM – 3:34PM		Kintughna Until 4:29PM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 5:29AM Fri	Moon – White		Sivaloka Day	
Until 11:31AM				Vaisaka+Chaitra			
Then Creative Work - Siddha Yoga							

1	Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria	
			Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau				Sun 15 Sutra 12	
	Mesha Rasi: 22.35	Tithi 2	Gulika 7:54AM – 9:26AM	Bharani Until 2:06PM	Ganesha: Red	Sunrise: 6:22AM	Sarvari 5122	
	225134469	Rahu	Yama 3:34PM – 5:05PM	Ayushman Until 6:59PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 2	
Creative Work	Siddha Yoga	Rahu 10:58AM – 12:30PM	Balava Until 6:28PM	Nataraja: Clear		3rd Phase		
			Dvitiya Until 7:21AM Sat	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

2	Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria	
			Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Sun 16 Sutra 13	
	Vrishabha Rasi: 4.41	Tithi 2 – 3	Gulika 6:22AM – 7:54AM	Krittika Until 4:16PM	Ganesha: Red	Sunrise: 6:22AM	Sarvari 5122	
	225134469	Rahu	Yama 2:02PM – 3:33PM	Saubhagya Until 7:19PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	Rahu 9:26AM – 10:58AM	Taitila Until 8:11PM	Nataraja: Clear		3rd Phase		
			Dvitiya Until 7:21AM	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

3	Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria	
			Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sun 17 Sutra 14	
	Vrishabha Rasi: 16.55	Tithi 3 – 4	Gulika 3:33PM – 5:05PM	Rohini Until 6:26PM	Ganesha: Yellow	Sunrise: 6:22AM	Sarvari 5122	
	235134469	Rahu	Yama 12:30PM – 2:01PM	Sobhana Until 7:24PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 2	
Creative Work	Siddha Yoga	Rahu 5:05PM – 6:37PM	Vanija Until 9:32PM	Nataraja: Clear		3rd Phase		
			Akshaya Tritiya	Tritiya Until 8:53AM	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra				

4	Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria	
			Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 15	
	Vrishabha Rasi: 29.19	Tithi 4 – 5	Gulika 2:01PM – 3:33PM	Mrigashira Until 8:00PM	Ganesha: Yellow	Sunrise: 6:21AM	Sarvari 5122	
	235134469	Rahu	Yama 10:57AM – 12:29PM	Athiganda* Until 7:07PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 2	
Family Home Evening	Amrita Yoga	Rahu 7:53AM – 9:25AM	Bava Until 10:27PM	Nataraja: Clear		3rd Phase		
Until 8:00PM		Adi Sankara Jayanthi	Chaturthi* Until 10:02AM	Moon – Yellow		Devaloka Day		
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra				

5	Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria	
			Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 19 Sutra 16	
	Mithuna Rasi: 11.56	Tithi 5 – 6	Gulika 12:29PM – 2:01PM	Ardra Until 8:55PM	Ganesha: Blue	Sunrise: 6:21AM	Sarvari 5122	
	236134469	Rahu	Yama 9:25AM – 10:57AM	Sukarma Until 6:27PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 2	
Routine Work	Marana Yoga	Rahu 3:33PM – 5:05PM	Kaulava Until 10:49PM	Nataraja: Clear		3rd Phase		
Until 8:55PM			Panchami Until 10:41AM	Moon – Yellow		Bhuloka Day		
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM			

6	Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria	
			Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 17	
	Mithuna Rasi: 24.49	Tithi 6 – 7	Gulika 10:57AM – 12:29PM	Punarvasu Until 9:33PM	Ganesha: Yellow	Sunrise: 6:21AM	Sarvari 5122	
	246134469	Rahu	Yama 7:53AM – 9:25AM	Dhriti Until 5:19PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 2	
Creative Work	Siddha Yoga	Rahu 12:29PM – 2:01PM	Gara Until 10:34PM	Nataraja: Clear		3rd Phase		
			Shashthi* Until 10:45AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

D	Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria	
	Retreat Star		Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 18	
	Kataka Rasi: 8.01	Tithi 7 – 8	Gulika 9:25AM – 10:57AM	Pushya Until 9:23PM	Ganesha: Yellow	Sunrise: 6:21AM	Sarvari 5122	
	246134469	Rahu	Yama 6:21AM – 7:53AM	Shula* Until 3:39PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 2	
Creative Work	Amrita Yoga	Rahu 2:01PM – 3:33PM	Visti Until 9:40PM	Nataraja: Clear		Ashtami		
Until 9:23PM			Saptami Until 10:11AM	Moon – Blue		Devaloka Day		
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra				

D	Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria	
	Retreat Star		Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 19	
	Kataka Rasi: 21.34	Tithi 8 – 9	Gulika 7:52AM – 9:24AM	Ashlesha* Until 8:24PM	Ganesha: Yellow	Sunrise: 6:20AM	Sarvari 5122	
	246134469	Rahu	Yama 3:33PM – 5:05PM	Ganda* Until 1:27PM	Muruqa: Clear	Sunset: 6:37PM	Moon 4 - Phase 2	
Routine Work	Marana Yoga	Rahu 10:57AM – 12:29PM	Balava Until 8:06PM	Nataraja: Clear		Navami		
			Ashtami* Until 8:57AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 20	
Simha Rasi: 5.32	Tithi 9 – 10	Gulika 6:20AM – 7:52AM	Magha* Until 7:06PM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Sarvari 5122	
		Yama 2:01PM – 3:33PM	Vriddhi Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3	
	256134469	Rahu 9:24AM – 10:56AM	Gara Until 4:36AM Sun	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Navami* Until 7:04AM	Moon – Red		Bhuloka Day	
Until 7:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 21	
Simha Rasi: 19.53	Tithi 11	Gulika 3:33PM – 5:05PM	Purvaphalguni Until 5:08PM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Sarvari 5122	
		Yama 12:28PM – 2:01PM	Dhruva Until 7:34AM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3	
	256134469	Rahu 5:05PM – 6:37PM	Vanija Until 3:11PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 1:38AM Mon	Moon – Red		Bhuloka Day	
Until 5:08PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 22	
Kanya Rasi: 4.34	Tithi 12	Gulika 2:01PM – 3:33PM	Uttaraphalguni Until 2:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Sarvari 5122	
Family Home Evening		Yama 10:56AM – 12:28PM	Harshana Until 12:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3	
	256234469	Rahu 7:52AM – 9:24AM	Bava Until 12:02PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 10:20PM	Moon – Red		Devaloka Day	
				Vaisaka*Chaitra			

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 23	
Kanya Rasi: 19.31	Tithi 13	Gulika 12:28PM – 2:01PM	Hasta Until 12:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Sarvari 5122	
		Yama 9:24AM – 12:56AM	Vajra* Until 8:09PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3	
	267234469	Rahu 3:33PM – 5:05PM	Kaulava Until 8:36AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:48PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			
						<i>Pradosha Vrata</i>	

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sun 27 Sutra 24	
Tula Rasi: 4.34	Tithi 14 – 15	Gulika 10:56AM – 12:28PM	Chitra Until 9:19AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
		Yama 7:52AM – 9:24AM	Siddhi Until 4:06PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3	
	267234469	Rahu 12:28PM – 2:01PM	Visli Until 1:29AM Thu	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:14PM	Moon – Green		Devaloka Day	
				Vaisaka*Chaitra			

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sun 27 Sutra 25	
Tula Rasi: 19.37	Tithi 15 – 16	Gulika 9:24AM – 10:56AM	Svati Until 6:28AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
		Yama 6:19AM – 7:51AM	Vyatipata* Until 12:09PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3	
	267234469	Rahu 2:00PM – 3:33PM	Balava Until 10:07PM	Nataraja: Clear		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 11:45AM	Moon – Green		Devaloka Day	
Until 6:28AM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 26 Sutra 26	
Vrischika Rasi: 4.28	Tithi 16 – 17	Gulika 7:51AM – 9:24AM	Anuradha Until 2:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
		Yama 3:33PM – 5:05PM	Variyan Until 8:25AM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 3	
	277234469	Rahu 10:56AM – 12:28PM	Taitila Until 7:07PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 8:33AM	Moon – Orange		Bhuloka Day	
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda