



Sunday, April 21, 2019
Gold Retreat Star

Vrischika Rasi: 1.54 Tithi 18
Routine Work Marana Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 2:43PM – 4:09PM
Yama 11:51AM – 1:17PM
Rahu 4:09PM – 5:35PM

Vishakha **Until 8:28AM**
Vyatipata* **Until 6:59PM**
Vanija **Until 3:23PM**
Tritiya **Until 2:54AM Mon**

Ganesha: Blue *Sunrise: 6:08AM*
Muruqa: Yellow *Sunset: 5:35PM*
Nataraja: Purple
Moon – Orange

Chaitra*Chaitra

Rio de Janeiro, Brazil
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 15.26 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 1:17PM – 2:42PM
Yama 10:25AM – 11:51AM
Rahu 7:34AM – 8:59AM

Anuradha **Until 8:13AM**
Variyan **Until 5:23PM**
Bava **Until 2:39PM**
Chaturthi* **Until 2:33AM Tue**

Ganesha: Blue *Sunrise: 6:08AM*
Muruqa: Yellow *Sunset: 5:34PM*
Nataraja: Purple
Moon – Orange

Chaitra*Chaitra

Rio de Janeiro, Brazil
Sun 1 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 28.31 Tithi 20
Routine Work Marana Yoga
Until 8:35AM
Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:51AM – 1:16PM
Yama 9:00AM – 10:25AM
Rahu 2:42PM – 4:08PM

Jyeshtha* **Until 8:35AM**
Parigha* **Until 4:27PM**
Kaulava **Until 2:43PM**
Panchami **Until 3:02AM Wed**

Ganesha: Blue *Sunrise: 6:08AM*
Muruqa: Yellow *Sunset: 5:33PM*
Nataraja: Purple
Moon – Orange

Chaitra*Chaitra

Rio de Janeiro, Brazil
Sun 2 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 11.12 Tithi 21
Routine Work Marana Yoga
Until 10:04AM
Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 10:25AM – 11:51AM
Yama 7:34AM – 9:00AM
Rahu 11:51AM – 1:16PM

Mula* **Until 10:04AM**
Shiva **Until 4:09PM**
Gara **Until 3:36PM**
Shashthi* **Until 4:18AM Thu**

Ganesha: Yellow *Sunrise: 6:09AM*
Muruqa: Yellow *Sunset: 5:32PM*
Nataraja: Purple
Moon – Light Blue

Chaitra*Chaitra

Rio de Janeiro, Brazil
Sun 3 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 23.33 Tithi 22
Creative Work Siddha Yoga
Until 12:08PM
Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:00AM – 10:25AM
Yama 6:09AM – 7:34AM
Rahu 1:16PM – 2:41PM

Purvashadha* **Until 12:08PM**
Siddha **Until 4:23PM**
Visti **Until 5:12PM**
Saptami **Until 6:13AM Fri**

Ganesha: Yellow *Sunrise: 6:09AM*
Muruqa: Yellow *Sunset: 5:32PM*
Nataraja: Clear
Moon – Light Blue

Chaitra*Chaitra

Rio de Janeiro, Brazil
Sun 4 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Makara Rasi: 5.38 Tithi 22 – 23
Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:35AM – 9:00AM
Yama 2:41PM – 4:06PM
Rahu 10:25AM – 11:50AM

Uttarashadha **Until 2:35PM**
Sadhya **Until 5:04PM**
Balava **Until 7:22PM**
Saptami **Until 6:13AM**

Ganesha: Red *Sunrise: 6:10AM*
Muruqa: Yellow *Sunset: 5:31PM*
Nataraja: Clear
Moon – Light Blue

Chaitra*Chaitra

Rio de Janeiro, Brazil
Sun 5 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 17.32 Tithi 23 – 24
Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:10AM – 7:35AM
Yama 1:15PM – 2:40PM
Rahu 9:00AM – 10:25AM

Shravana **Until 5:44PM**
Subha **Until 6:01PM**
Taitila **Until 9:51PM**
Ashtami* **Until 8:34AM**

Ganesha: Green *Sunrise: 6:10AM*
Muruqa: Yellow *Sunset: 5:30PM*
Nataraja: Clear
Moon – Purple

Chaitra*Chaitra

Rio de Janeiro, Brazil
Sun 6 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

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|----------------------------------|---------------|---|--------------------------------|--|
| 1 Sunday, April 28, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Rio de Janeiro, Brazil Sun 7 Sutra 14 Vikarin 5121 |
| Makara Rasi: 29.22 | Tithi 24 – 25 | Gulika 2:40PM – 4:05PM | Dhanishtha Until 8:48PM | Ganesha: Green <i>Sunrise:</i> 6:10AM |
| | | Yama 11:50AM – 1:15PM | Sukla Until 7:01PM | Muruqa: Yellow <i>Sunset:</i> 5:30PM |
| | 294583469 | Rahu 4:05PM – 5:30PM | Vanija Until 12:24AM Mon | Nataraja: Clear |
| Routine Work | Marana Yoga | | Navami* Until 11:06AM | Moon – Purple |
| Until 8:48PM | | | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | Devaloka Time: 3:PM to 6:PM |

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| 2 Monday, April 29, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 8 Sutra 15 Vikarin 5121 |
| Kumbha Rasi: 11.11 | Tithi 25 – 26 | Gulika 1:15PM – 2:39PM | Shatabhishak Until 11:34PM | Ganesha: Green <i>Sunrise:</i> 6:11AM |
| Family Home Evening | | Yama 10:25AM – 11:50AM | Brahma Until 7:57PM | Muruqa: Yellow <i>Sunset:</i> 5:29PM |
| Creative Work | Siddha Yoga | Rahu 7:35AM – 9:00AM | Bava Until 2:46AM Tue | Nataraja: Clear |
| Until 11:34PM | | | Dashami Until 1:36PM | Moon – Purple |
| Then Routine Work - Marana Yoga | | | | Bhuloka Day |
| | | | | Devaloka Time: 3:PM to 6:PM |

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| 3 Tuesday, April 30, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 9 Sutra 16 Vikarin 5121 |
| Kumbha Rasi: 23.07 | Tithi 26 – 27 | Gulika 11:50AM – 1:14PM | Purvaproshtapada* Until 2:21AM Wed | Ganesha: Purple <i>Sunrise:</i> 6:11AM |
| | | Yama 9:00AM – 10:25AM | Indra Until 8:39PM | Muruqa: Yellow <i>Sunset:</i> 5:28PM |
| | 214583469 | Rahu 2:39PM – 4:04PM | Kaulava Until 4:47AM Wed | Nataraja: Clear |
| Routine Work | Marana Yoga | | Ekadashi* Until 3:49PM | Moon – Clear |
| Until 2:21AM Wed | | | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | Devaloka Time: 3:PM to 6:PM |

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| 4 Wednesday, May 1, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 10 Sutra 17 Vikarin 5121 |
| Meena Rasi: 5.1 | Tithi 27 – 28 | Gulika 10:25AM – 11:50AM | Uttaraproshtapada Until 4:31AM Thu | Ganesha: Purple <i>Sunrise:</i> 6:12AM |
| | | Yama 7:36AM – 9:01AM | Vaidhriti* Until 8:59PM | Muruqa: Yellow <i>Sunset:</i> 5:28PM |
| | 214583469 | Rahu 11:50AM – 1:14PM | Gara Until 6:19AM Thu | Nataraja: Clear |
| Creative Work | Siddha Yoga | | Dvadashi* Until 5:36PM | Moon – Clear |
| | | | | Bhuloka Day |
| | | | | Devaloka Time: 3:PM to 6:PM |

Pradosha Vrata (Fasting)

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| 5 Thursday, May 2, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 11 Sutra 18 Vikarin 5121 |
| Meena Rasi: 17.25 | Tithi 28 | Gulika 9:01AM – 10:25AM | Revati Until 6:01AM Fri | Ganesha: Light Blue <i>Sunrise:</i> 6:12AM |
| | | Yama 6:12AM – 7:36AM | Vishkambha* Until 8:56PM | Muruqa: Yellow <i>Sunset:</i> 5:27PM |
| | 215583469 | Rahu 1:14PM – 2:38PM | Gara Until 6:19AM | Nataraja: Clear |
| Creative Work | Siddha Yoga | | Trayodashi* Until 6:52PM | Moon – Clear |
| Until 6:01AM Fri | | | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | Devaloka Time: 3:PM to 6:PM |

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| 6 Friday, May 3, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 12 Sutra 19 Vikarin 5121 |
| Meena Rasi: 29.54 | Tithi 29 | Gulika 7:37AM – 9:01AM | Revati Until 6:01AM | Ganesha: Light Blue <i>Sunrise:</i> 6:12AM |
| | | Yama 2:38PM – 4:02PM | Priti Until 8:28PM | Muruqa: Yellow <i>Sunset:</i> 5:26PM |
| | 215583469 | Rahu 10:25AM – 11:49AM | Visti Until 7:19AM | Nataraja: Clear |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 7:36PM | Moon – Clear |
| Until 6:01AM | | | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | Devaloka Time: 3:PM to 6:PM |

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| Retreat Star | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Rio de Janeiro, Brazil Sun 13 Sutra 20 Vikarin 5121 |
| Mesha Rasi: 12.38 | Tithi 30 | Gulika 6:13AM – 7:37AM | Ashvini Until 7:18AM | Ganesha: Purple <i>Sunrise:</i> 6:13AM |
| | | Yama 1:13PM – 2:37PM | Ayushman Until 7:34PM | Muruqa: Yellow <i>Sunset:</i> 5:26PM |
| | 225583469 | Rahu 9:01AM – 10:25AM | Catuspada Until 7:47AM | Nataraja: Clear |
| Creative Work | Siddha Yoga | | Amavasya* Until 7:47PM | Moon – White |
| | | | | Bhuloka Day |
| | | | | Devaloka Time: 3:PM to 6:PM |

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| Retreat Star | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau | | Rio de Janeiro, Brazil Sun 14 Sutra 21 Vikarin 5121 |
| Mesha Rasi: 25.37 | Tithi 1 | Gulika 2:37PM – 4:01PM | Bharani Until 7:55AM | Ganesha: Purple <i>Sunrise:</i> 6:13AM |
| | | Yama 11:49AM – 1:13PM | Saubhagya Until 6:18PM | Muruqa: Yellow <i>Sunset:</i> 5:25PM |
| | 225583469 | Rahu 4:01PM – 5:25PM | Kintughna Until 7:43AM | Nataraja: Clear |
| Routine Work | Prabalarishta Yoga | | Prathama* Until 7:30PM | Moon – White |
| Until 7:55AM | | | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | Devaloka Time: 3:PM to 6:PM |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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| Monday, May 6, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Rio de Janeiro, Brazil Sun 15 Sutra 22 Vikarin 5121 |
| 1 | | Gulika 1:13PM – 2:37PM | Krittika Until 7:58AM | Ganesha: Purple <i>Sunrise:</i> 6:14AM |
| Vrishabha Rasi: 8.49 | Tithi 2 | Yama 10:25AM – 11:49AM | Sobhana Until 4:43PM | Muruqa: Yellow <i>Sunset:</i> 5:24PM |
| Family Home Evening | 225583469 | Rahu 7:38AM – 9:01AM | Balava Until 7:13AM | Nataraja: Clear |
| Routine Work Marana Yoga | | | Dvitiya Until 6:49PM | Moon – White |
| Until 7:58AM | | | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | Devaloka Time: 3:PM to 6:PM |

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| Tuesday, May 7, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau | | Rio de Janeiro, Brazil Sun 16 Sutra 23 Vikarin 5121 |
| 2 | | Gulika 11:49AM – 1:13PM | Rohini Until 7:56AM | Ganesha: Light Blue <i>Sunrise:</i> 6:14AM |
| Vrishabha Rasi: 22.14 | Tithi 3 – 4 | Yama 9:02AM – 10:25AM | Athiganda* Until 2:50PM | Muruqa: Yellow <i>Sunset:</i> 5:24PM |
| Family Home Evening | 235583469 | Rahu 2:36PM – 4:00PM | Taitila Until 6:21AM | Nataraja: Clear |
| Routine Work Amrita Yoga | | | Tritiya Until 5:46PM | Moon – Yellow |
| Until 7:56AM | | Akshaya Tritiya | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | Devaloka Time: 3:PM to 6:PM |

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| Wednesday, May 8, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vistit*/Bava Karana Chaturthi/Panchamyam Titau | | Rio de Janeiro, Brazil Sun 17 Sutra 24 Vikarin 5121 |
| 3 | | Gulika 10:25AM – 11:49AM | Mrigashira Until 7:27AM | Ganesha: Light Blue <i>Sunrise:</i> 6:15AM |
| Mithuna Rasi: 5.49 | Tithi 4 – 5 | Yama 7:38AM – 9:02AM | Sukarma Until 12:44PM | Muruqa: Yellow <i>Sunset:</i> 5:23PM |
| Family Home Evening | 235583469 | Rahu 11:49AM – 1:13PM | Bava Until 3:43AM Thu | Nataraja: Clear |
| Routine Work Siddha Yoga | | | Chaturthi* Until 4:27PM | Moon – Yellow |
| Until 7:56AM | | | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | Devaloka Time: 3:PM to 6:PM |

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| Thursday, May 9, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Rio de Janeiro, Brazil Sun 18 Sutra 25 Vikarin 5121 |
| 4 | | Gulika 9:02AM – 10:25AM | Ardra Until 6:35AM | Ganesha: Light Blue <i>Sunrise:</i> 6:15AM |
| Mithuna Rasi: 19.34 | Tithi 5 – 6 | Yama 6:15AM – 7:38AM | Dhriti Until 10:28AM | Muruqa: Yellow <i>Sunset:</i> 5:23PM |
| Family Home Evening | 235583469 | Rahu 1:12PM – 2:36PM | Kaulava Until 2:04AM Fri | Nataraja: Clear |
| Routine Work Marana Yoga | | | Panchami Until 2:54PM | Moon – Yellow |
| Until 6:35AM | | | | Bhuloka Day |
| Then Creative Work - Amrita Yoga | | | | Devaloka Time: 3:PM to 6:PM |

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| Friday, May 10, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Rio de Janeiro, Brazil Sun 19 Sutra 26 Vikarin 5121 |
| 5 | | Gulika 7:39AM – 9:02AM | Pushya Until 4:40AM Sat | Ganesha: Orange <i>Sunrise:</i> 6:15AM |
| Kataka Rasi: 3.26 | Tithi 6 – 7 | Yama 2:36PM – 3:59PM | Shula* Until 7:59AM | Muruqa: Yellow <i>Sunset:</i> 5:22PM |
| Family Home Evening | 245583469 | Rahu 10:25AM – 11:49AM | Gara Until 12:13AM Sat | Nataraja: Clear |
| Routine Work Marana Yoga | | | Shashthi* Until 1:09PM | Moon – Blue |
| Until 7:56AM | | | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | Vaisaka-Chaitra |

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| Saturday, May 11, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau | | Rio de Janeiro, Brazil Sun 20 Sutra 27 Vikarin 5121 |
| Retreat Star | | Gulika 6:16AM – 7:39AM | Ashlesha* Until 3:14AM Sun | Ganesha: Orange <i>Sunrise:</i> 6:16AM |
| Kataka Rasi: 17.26 | Tithi 7 – 8 | Yama 1:12PM – 2:35PM | Vriddhi Until 2:38AM Sun | Muruqa: Yellow <i>Sunset:</i> 5:22PM |
| Family Home Evening | 245583469 | Rahu 9:02AM – 10:26AM | Vistit Until 10:11PM | Nataraja: Clear |
| Routine Work Marana Yoga | | | Saptami Until 11:12AM | Moon – Blue |
| Until 7:56AM | | | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | Vaisaka-Chaitra |

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|----------------------------------|-------------|---|--------------------------------|---|
| Sunday, May 12, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Rio de Janeiro, Brazil Sun 21 Sutra 28 Vikarin 5121 |
| Retreat Star | | Gulika 2:35PM – 3:58PM | Magha* Until 1:55AM Mon | Ganesha: White <i>Sunrise:</i> 6:16AM |
| Simha Rasi: 1.32 | Tithi 8 – 9 | Yama 11:49AM – 1:12PM | Dhruva Until 11:44PM | Muruqa: Yellow <i>Sunset:</i> 5:21PM |
| Family Home Evening | 256583469 | Rahu 3:58PM – 5:21PM | Balava Until 8:00PM | Nataraja: Clear |
| Routine Work Marana Yoga | | | Ashtami* Until 9:05AM | Moon – Red |
| Until 1:55AM Mon | | Mother's Day | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | Devaloka Time: 3:PM to 6:PM |


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| Monday, May 13, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau | | | | Rio de Janeiro, Brazil Sun 22 Sutra 29 |
| 1 | | Gulika 1:12PM – 2:35PM | Purvaphalguni Until 12:22AM Tue | Ganesha: White | <i>Sunrise:</i> 6:17AM | Vikarin 5121 |
| Simha Rasi: 15.44 | Tithi 9 – 10 | Yama 10:26AM – 11:49AM | Vyaghata* Until 8:46PM | Muruqa: Yellow | <i>Sunset:</i> 5:21PM | Moon 4 - Phase 5 |
| Family Home Evening | 256583469 | Rahu 7:40AM – 9:03AM | Gara Until 4:29AM Tue | Nataraja: Clear | | 4th Phase |
| Creative Work Siddha Yoga | | | Navami* Until 6:50AM | Moon – Red | Bhuloka Day | |
| Until 12:22AM Tue | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Tuesday, May 14, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Rio de Janeiro, Brazil Sun 23 Sutra 30 |
| 2 | | Gulika 11:49AM – 1:12PM | Uttaraphalguni Until 10:37PM | Ganesha: White | <i>Sunrise:</i> 6:17AM | Vikarin 5121 |
| Kanya Rasi: 0.01 | Tithi 11 | Yama 9:03AM – 10:26AM | Harshana Until 5:45PM | Muruqa: Yellow | <i>Sunset:</i> 5:20PM | Moon 4 - Phase 5 |
| | 256583469 | Rahu 2:35PM – 3:58PM | Vanija Until 3:19PM | Nataraja: Clear | | 4th Phase |
| Creative Work Amrita Yoga | | | Ekadashi Until 2:06AM Wed | Moon – Red | Bhuloka Day | |
| Until 10:37PM | | | | Vaisaka-Chaitra | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Wednesday, May 15, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau | | | | Rio de Janeiro, Brazil Sun 24 Sutra 31 |
| 3 | | Gulika 10:26AM – 11:49AM | Hasta Until 9:11PM | Ganesha: Yellow | <i>Sunrise:</i> 6:18AM | Vikarin 5121 |
| Kanya Rasi: 14.18 | Tithi 12 | Yama 7:40AM – 9:03AM | Vajra* Until 2:44PM | Muruqa: Yellow | <i>Sunset:</i> 5:20PM | Moon 4 - Phase 5 |
| | 266583469 | Rahu 11:49AM – 1:12PM | Bava Until 12:56PM | Nataraja: Clear | | 4th Phase |
| Routine Work Marana Yoga | | | Dvadashti Until 11:45PM | Moon – Green | Devaloka Day | |
| Until 9:11PM | | | | Vaisaka-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Thursday, May 16, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Rio de Janeiro, Brazil Sun 25 Sutra 32 |
| 4 | | Gulika 9:03AM – 10:26AM | Chitra Until 7:45PM | Ganesha: Yellow | <i>Sunrise:</i> 6:18AM | Vikarin 5121 |
| Kanya Rasi: 28.33 | Tithi 13 | Yama 6:18AM – 7:41AM | Siddhi Until 11:49AM | Muruqa: Yellow | <i>Sunset:</i> 5:20PM | Moon 4 - Phase 5 |
| | 266583469 | Rahu 1:11PM – 2:34PM | Kaulava Until 10:39AM | Nataraja: Clear | | 4th Phase |
| Creative Work Siddha Yoga | | | Trayodashi Until 9:34PM | Moon – Green | Devaloka Day | |
| Until 7:45PM | | | | Vaisaka-Vaikasi | | |
| Then Creative Work - Amrita Yoga | | | | | | |
| | | | <i>Pradosha Vrata</i> | | | |

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| Friday, May 17, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Rio de Janeiro, Brazil Sun 26 Sutra 33 |
| 5 | | Gulika 7:41AM – 9:04AM | Svati Until 6:26PM | Ganesha: Yellow | <i>Sunrise:</i> 6:18AM | Vikarin 5121 |
| Tula Rasi: 12.4 | Tithi 14 | Yama 2:34PM – 3:57PM | Vyatipata* Until 9:05AM | Muruqa: Yellow | <i>Sunset:</i> 5:19PM | Moon 4 - Phase 5 |
| | 266583469 | Rahu 10:26AM – 11:49AM | Gara Until 8:35AM | Nataraja: Clear | | 4th Phase |
| Creative Work Siddha Yoga | | | Chaturdashi* Until 7:39PM | Moon – Green | Devaloka Day | |
| | | | | Vaisaka-Vaikasi | | |

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| Saturday, May 18, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Rio de Janeiro, Brazil Sun 27 Sutra 34 |
|  | Copper Retreat Star | Gulika 6:19AM – 7:41AM | Vishakha Until 5:48PM | Ganesha: Blue | <i>Sunrise:</i> 6:19AM | Vikarin 5121 |
| Tula Rasi: 26.35 | Tithi 15 | Yama 1:11PM – 2:34PM | Variyan Until 6:37AM | Muruqa: Yellow | <i>Sunset:</i> 5:19PM | Moon 4 - Phase 5 |
| | 276583469 | Rahu 9:04AM – 10:26AM | Visti Until 6:52AM | Nataraja: Clear | | Purnima |
| Creative Work Siddha Yoga | | | Purnima* Until 6:09PM | Moon – Orange | Bhuloka Day | |
| | | | | Vaisaka-Vaikasi | Devaloka Time: 3:PM to 6:PM | |

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| Sunday, May 19, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathamam Dvitiyayam Titau | | | | Rio de Janeiro, Brazil Sun 28 Sutra 35 |
| Silver Retreat Star | | Gulika 2:34PM – 3:56PM | Anuradha Until 5:33PM | Ganesha: Yellow | <i>Sunrise:</i> 6:19AM | Vikarin 5121 |
| Vrischika Rasi: 10.13 | Tithi 16 – 17 | Yama 11:49AM – 1:11PM | Shiva Until 2:56AM Mon | Muruqa: Yellow | <i>Sunset:</i> 5:18PM | Moon 4 - Phase 5 |
| | 277583469 | Rahu 3:56PM – 5:18PM | Taitila Until 4:56AM Mon | Nataraja: Clear | | Prathama |
| Routine Work Marana Yoga | | | Prathama* Until 5:10PM | Moon – Orange | Devaloka Day | |
| | | | | Vaisaka-Vaikasi | | |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 23.31 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:11PM – 2:34PM
Yama 10:27AM – 11:49AM
Rahu 7:42AM – 9:04AM
Jyeshtha* Until 5:47PM
Siddha Until 1:50AM Tue
Vanija Until 4:55AM Tue
Dvitiya Until 4:49PM

Ganesha: Yellow *Sunrise:* 6:20AM
Muruqa: Yellow *Sunset:* 5:18PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Rio de Janeiro, Brazil
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 6.28 Tithi 18 – 19
Creative Work Amrita Yoga
Until 6:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:49AM – 1:11PM
Yama 9:05AM – 10:27AM
Rahu 2:33PM – 3:56PM
Mula* Until 6:59PM
Sadhya Until 1:18AM Wed
Bava Until 5:37AM Wed
Tritiya Until 5:10PM

Ganesha: Red *Sunrise:* 6:20AM
Muruqa: Yellow *Sunset:* 5:18PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Rio de Janeiro, Brazil
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Wednesday, May 22, 2019

Dhanus Rasi: 19.04 Tithi 19
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava Karana Chaturthyam Titau

Gulika 10:27AM – 11:49AM
Yama 7:43AM – 9:05AM
Rahu 11:49AM – 1:11PM
Purvashadha* Until 8:43PM
Subha Until 1:19AM Thu
Balava Until 6:12PM
Chaturthi* Until 6:12PM

Ganesha: Red *Sunrise:* 6:21AM
Muruqa: Yellow *Sunset:* 5:17PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Rio de Janeiro, Brazil
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

3

Thursday, May 23, 2019

Makara Rasi: 1.23 Tithi 20
Routine Work Marana Yoga
Until 10:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 9:05AM – 10:27AM
Yama 6:21AM – 7:43AM
Rahu 1:11PM – 2:33PM
Uttarashadha Until 10:52PM
Sukla Until 1:45AM Fri
Kaulava Until 6:59AM
Panchami Until 7:51PM

Ganesha: Red *Sunrise:* 6:21AM
Muruqa: Yellow *Sunset:* 5:17PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Rio de Janeiro, Brazil
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

4

Friday, May 24, 2019

Makara Rasi: 13.29 Tithi 21
Routine Work Marana Yoga
Until 1:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:44AM – 9:05AM
Yama 2:33PM – 3:55PM
Rahu 10:27AM – 11:49AM
Shravana Until 1:47AM Sat
Brahma Until 2:31AM Sat
Gara Until 8:54AM
Shashthi* Until 9:59PM

Ganesha: Green *Sunrise:* 6:22AM
Muruqa: Yellow *Sunset:* 5:17PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Rio de Janeiro, Brazil
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 25.25 Tithi 22
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 6:22AM – 7:44AM
Yama 1:11PM – 2:33PM
Rahu 9:06AM – 10:28AM
Dhanishtha Until 4:44AM Sun
Indra Until 3:29AM Sun
Visti Until 11:11AM
Saptami Until 12:22AM Sun

Ganesha: Red *Sunrise:* 6:22AM
Muruqa: Yellow *Sunset:* 5:17PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Rio de Janeiro, Brazil
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 7.17 Tithi 23
Creative Work Siddha Yoga
Until 7:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 2:33PM – 3:55PM
Yama 11:49AM – 1:11PM
Rahu 3:55PM – 5:16PM
Shatabhishak Until 7:32AM Mon
Vaidhriti* Until 4:25AM Mon
Balava Until 1:37PM
Ashtami* Until 2:47AM Mon

Ganesha: Blue *Sunrise:* 6:22AM
Muruqa: Yellow *Sunset:* 5:16PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Rio de Janeiro, Brazil
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 19.09 Tithi 24
Family Home Evening
Creative Work Siddha Yoga
Until 7:32AM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:11PM – 2:33PM
Yama 10:28AM – 11:50AM
Rahu 7:45AM – 9:06AM
Shatabhishak Until 7:32AM
Vishkambha* Until 5:12AM Tue
Taitila Until 3:57PM
Navami* Until 5:00AM Tue

Ganesha: Blue *Sunrise:* 6:23AM
Muruqa: Yellow *Sunset:* 5:16PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Rio de Janeiro, Brazil
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day


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| 1 | | Tuesday, May 28, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija Karana Dashamyam Titau | | Rio de Janeiro, Brazil Sun 9 Sutra 44 | |
| Meena Rasi: 1.06 | Tithi 25 | Gulika | 11:50AM – 1:11PM | Purvaproshtapada* Until 10:26AM | Ganesha: Purple | <i>Sunrise: 6:23AM</i> | | Vikarin 5121 | |
| | | Yama | 9:07AM – 10:28AM | Priti Until 5:43AM Wed | Muruqa: Yellow | <i>Sunset: 5:16PM</i> | | Moon 5 - Phase 7 | |
| | | 318683469 Rahu | 2:33PM – 3:54PM | Vanija Until 6:00PM | Nataraja: Clear | | | 2nd Phase | |
| Routine Work | Marana Yoga | | | Dashami Until 6:50AM Wed | Moon – Clear | | Sivaloka Day | | |
| Until 10:26AM | | | | | Vaisaka-Vaikasi | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 2 | | Wednesday, May 29, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 10 Sutra 45 | |
| Meena Rasi: 13.13 | Tithi 25 – 26 | Gulika | 10:28AM – 11:50AM | Uttaraproshtapada Until 12:45PM | Ganesha: Purple | <i>Sunrise: 6:24AM</i> | | Vikarin 5121 | |
| | | Yama | 7:45AM – 9:07AM | Ayushman Until 5:47AM Thu | Muruqa: Yellow | <i>Sunset: 5:16PM</i> | | Moon 5 - Phase 7 | |
| | | 318683469 Rahu | 11:50AM – 1:11PM | Bava Until 7:34PM | Nataraja: Clear | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Dashami Until 6:50AM | Moon – Clear | | Sivaloka Day | | |
| Until 12:45PM | | | | | Vaisaka-Vaikasi | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Thursday, May 30, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 11 Sutra 46 | |
| Meena Rasi: 25.32 | Tithi 26 – 27 | Gulika | 9:07AM – 10:29AM | Revati Until 2:22PM | Ganesha: Purple | <i>Sunrise: 6:24AM</i> | | Vikarin 5121 | |
| | | Yama | 6:24AM – 7:46AM | Saubhagya Until 5:23AM Fri | Muruqa: Yellow | <i>Sunset: 5:16PM</i> | | Moon 5 - Phase 7 | |
| | | 318683469 Rahu | 1:11PM – 2:33PM | Kaulava Until 8:33PM | Nataraja: Clear | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Ekadashi* Until 8:07AM | Moon – Clear | | Sivaloka Day | | |
| Until 2:22PM | | | | | Vaisaka-Vaikasi | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 4 | | Friday, May 31, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 12 Sutra 47 | |
| Mesha Rasi: 8.08 | Tithi 27 – 28 | Gulika | 7:46AM – 9:07AM | Ashvini Until 3:42PM | Ganesha: Clear | <i>Sunrise: 6:25AM</i> | | Vikarin 5121 | |
| | | Yama | 2:33PM – 3:54PM | Sobhana Until 4:30AM Sat | Muruqa: Yellow | <i>Sunset: 5:16PM</i> | | Moon 5 - Phase 7 | |
| | | 328683469 Rahu | 10:29AM – 11:50AM | Gara Until 8:54PM | Nataraja: Clear | | | 2nd Phase | |
| Creative Work | Amrita Yoga | | | Dvadashi* Until 8:47AM | Moon – White | | Devaloka Day | | |
| Until 3:42PM | | | | | Vaisaka-Vaikasi | | | | |
| Then Creative Work - Siddha Yoga | | | | <i>Pradosha Vrata (Fasting)</i> | | | | | |

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| 5 | | Saturday, June 1, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 13 Sutra 48 | |
| Mesha Rasi: 21.03 | Tithi 28 – 29 | Gulika | 6:25AM – 7:46AM | Bharani Until 4:14PM | Ganesha: White | <i>Sunrise: 6:25AM</i> | | Vikarin 5121 | |
| | | Yama | 1:12PM – 2:33PM | Athiganda* Until 3:05AM Sun | Muruqa: Yellow | <i>Sunset: 5:16PM</i> | | Moon 5 - Phase 7 | |
| | | 329683469 Rahu | 9:08AM – 10:29AM | Visti Until 8:37PM | Nataraja: Clear | | | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Trayodashi* Until 8:49AM | Moon – White | | Bhuloka Day | | |
| Until 4:14PM | | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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|  | | Sunday, June 2, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Rio de Janeiro, Brazil Sun 14 Sutra 49 | |
| Retreat Star | | Gulika | 2:33PM – 3:54PM | Krittika Until 4:02PM | Ganesha: White | <i>Sunrise: 6:25AM</i> | | Vikarin 5121 | |
| Vrishabha Rasi: 4.17 | Tithi 29 – 30 | Yama | 11:50AM – 1:12PM | Sukarma Until 1:14AM Mon | Muruqa: Yellow | <i>Sunset: 5:15PM</i> | | Moon 5 - Phase 7 | |
| | | 329683469 Rahu | 3:54PM – 5:15PM | Catuspada Until 7:44PM | Nataraja: Clear | | | Amavasya | |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 8:14AM | Moon – White | | Bhuloka Day | | |
| | | | | | Vaisaka-Vaikasi | | Devaloka Time: 3:PM to 6:PM | | |
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| Monday, June 3, 2019 | | Retreat Star | | | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Rio de Janeiro, Brazil Sun 15 Sutra 50 | |
| Vrishabha Rasi: 17.49 | Tithi 30 – 1 | Gulika | 1:12PM – 2:33PM | Rohini Until 3:37PM | Ganesha: Green | <i>Sunrise: 6:26AM</i> | | Vikarin 5121 | |
| Family Home Evening | | Yama | 10:29AM – 11:51AM | Dhriti Until 11:01PM | Muruqa: Yellow | <i>Sunset: 5:15PM</i> | | Moon 5 - Phase 7 | |
| | | 339683469 Rahu | 7:47AM – 9:08AM | Kintughna Until 6:22PM | Nataraja: Clear | | | Prathama | |
| Creative Work | Amrita Yoga | | | Amavasya* Until 7:05AM | Moon – Yellow | | Bhuloka Day | | |
| | | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM | | |
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| 1 | | Tuesday, June 4, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau | Rio de Janeiro, Brazil Sun 16 Sutra 51 |
| Mithuna Rasi: 1.37 | Tithi 2 | Gulika 11:51AM – 1:12PM | Mrigashira Until 2:39PM | Ganesha: Green <i>Sunrise:</i> 6:26AM | Vikarin 5121 |
| | | Yama 9:09AM – 10:30AM | Shula* Until 8:28PM | Muruqa: Yellow <i>Sunset:</i> 5:15PM | Moon 5 - Phase 8 |
| 339683461 | | Rahu 2:33PM – 3:54PM | Balava Until 4:35PM | Nataraja: Clear | 3rd Phase |
| Creative Work | Siddha Yoga | | Dvitiya Until 3:34AM Wed | Moon – Yellow | Bhuloka Day |
| Until 2:39PM | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |

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| 2 | | Wednesday, June 5, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau | Rio de Janeiro, Brazil Sun 17 Sutra 52 |
| Mithuna Rasi: 15.38 | Tithi 3 | Gulika 10:30AM – 11:51AM | Ardra Until 1:14PM | Ganesha: Green <i>Sunrise:</i> 6:27AM | Vikarin 5121 |
| | | Yama 7:48AM – 9:09AM | Ganda* Until 5:42PM | Muruqa: Yellow <i>Sunset:</i> 5:15PM | Moon 5 - Phase 8 |
| 339683461 | | Rahu 11:51AM – 1:12PM | Taitila Until 2:31PM | Nataraja: Yellow | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 1:23AM Thu | Moon – Yellow | Bhuloka Day |
| | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |

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| 3 | | Thursday, June 6, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Vistii* Karana Chaturthyam Titau | Rio de Janeiro, Brazil Sun 18 Sutra 53 |
| Mithuna Rasi: 29.49 | Tithi 4 | Gulika 9:09AM – 10:30AM | Punarvasu Until 11:55AM | Ganesha: White <i>Sunrise:</i> 6:27AM | Vikarin 5121 |
| | | Yama 6:27AM – 7:48AM | Vridhhi Until 2:48PM | Muruqa: Yellow <i>Sunset:</i> 5:15PM | Moon 5 - Phase 8 |
| 349683461 | | Rahu 1:12PM – 2:33PM | Vanija Until 12:15PM | Nataraja: Yellow | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi * Until 11:04PM | Moon – Blue | Bhuloka Day |
| | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |

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| 4 | | Friday, June 7, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau | Rio de Janeiro, Brazil Sun 19 Sutra 54 |
| Kataka Rasi: 14.04 | Tithi 5 | Gulika 7:48AM – 9:09AM | Pushya Until 10:21AM | Ganesha: White <i>Sunrise:</i> 6:27AM | Vikarin 5121 |
| | | Yama 2:33PM – 3:54PM | Dhruva Until 11:49AM | Muruqa: Yellow <i>Sunset:</i> 5:15PM | Moon 5 - Phase 8 |
| 349683461 | | Rahu 10:30AM – 11:51AM | Bava Until 9:54AM | Nataraja: Yellow | 3rd Phase |
| Routine Work | Marana Yoga | | Panchami Until 8:42PM | Moon – Blue | Bhuloka Day |
| | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |

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|----------------------------------|-------------|-------------------------------|-------------------------------|--|---|
| 5 | | Saturday, June 8, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau | Rio de Janeiro, Brazil Sun 20 Sutra 55 |
| Kataka Rasi: 28.2 | Tithi 6 | Gulika 6:28AM – 7:49AM | Ashlesha* Until 8:38AM | Ganesha: White <i>Sunrise:</i> 6:28AM | Vikarin 5121 |
| | | Yama 1:12PM – 2:33PM | Vyaghata* Until 8:50AM | Muruqa: Yellow <i>Sunset:</i> 5:15PM | Moon 5 - Phase 8 |
| 349683461 | | Rahu 9:10AM – 10:31AM | Kaulava Until 7:32AM | Nataraja: Yellow | 3rd Phase |
| Routine Work | Marana Yoga | | Shashthi* Until 6:20PM | Moon – Blue | Bhuloka Day |
| Until 8:38AM | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | |

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|----------------------------------|-------------|-------------------------------|-----------------------------|--|---|
| 6 | | Sunday, June 9, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Vanija/Vistii* Karana Saptami/Ashtamyam Titau | Rio de Janeiro, Brazil Sun 21 Sutra 56 |
| Simha Rasi: 12.35 | Tithi 7 – 8 | Gulika 2:33PM – 3:54PM | Magha* Until 7:14AM | Ganesha: Yellow <i>Sunrise:</i> 6:28AM | Vikarin 5121 |
| | | Yama 11:52AM – 1:13PM | Vajra* Until 3:00AM Mon | Muruqa: Yellow <i>Sunset:</i> 5:15PM | Moon 5 - Phase 8 |
| 351683461 | | Rahu 3:54PM – 5:15PM | Vistii Until 2:58AM Mon | Nataraja: Yellow | 3rd Phase |
| Routine Work | Marana Yoga | | Saptami Until 4:03PM | Moon – Red | Devaloka Day |
| Until 7:14AM | | | | Jyeshtha-Vaikasi | |
| Then Creative Work - Siddha Yoga | | | | | |

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|----------------------------|-------------|-------------------------------|--|---|---|
| Retreat Star | | Monday, June 10, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Rio de Janeiro, Brazil Sun 22 Sutra 57 |
| Simha Rasi: 26.46 | Tithi 8 – 9 | Gulika 1:13PM – 2:34PM | Uttaraphalguni Until 4:21AM Tue | Ganesha: Yellow <i>Sunrise:</i> 6:28AM | Vikarin 5121 |
| Family Home Evening | | Yama 10:31AM – 11:52AM | Siddhi Until 12:14AM Tue | Muruqa: Yellow <i>Sunset:</i> 5:15PM | Moon 5 - Phase 8 |
| 351683461 | | Rahu 7:49AM – 9:10AM | Balava Until 12:51AM Tue | Nataraja: Yellow | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 1:52PM | Moon – Red | Devaloka Day |
| | | | | Jyeshtha-Vaikasi | |


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|---------------------|--------------|--------------------------------|-------------------------------|---|---|
| Retreat Star | | Tuesday, June 11, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Rio de Janeiro, Brazil Sun 23 Sutra 58 |
| Kanya Rasi: 10.52 | Tithi 9 – 10 | Gulika 11:52AM – 1:13PM | Hasta Until 3:21AM Wed | Ganesha: White <i>Sunrise:</i> 6:29AM | Vikarin 5121 |
| | | Yama 9:10AM – 10:31AM | Vyatipata* Until 9:36PM | Muruqa: Yellow <i>Sunset:</i> 5:15PM | Moon 5 - Phase 8 |
| 361683461 | | Rahu 2:34PM – 3:55PM | Taitila Until 10:53PM | Nataraja: Yellow | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 11:49AM | Moon – Green | Bhuloka Day |
| | | | | Jyeshtha-Vaikasi | Devaloka Time: 3:PM to 6:PM |

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|----------------------------------|---------------|---------------------------------|--------------------------------|--|------------------------|---|--|
| 1 | | Wednesday, June 12, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 24 Sutra 59 | |
| Kanya Rasi: 24.52 | Tithi 10 – 11 | Gulika 10:32AM – 11:52AM | Chitra Until 2:25AM Thu | Ganesha: White | <i>Sunrise:</i> 6:29AM | Vikarin 5121 | |
| | | Yama 7:50AM – 9:11AM | Variyan Until 7:07PM | Muruqa: Yellow | <i>Sunset:</i> 5:15PM | Moon 5 - Phase 9 | |
| | 361683461 | Rahu 11:52AM – 1:13PM | Vanija Until 9:08PM | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dashami Until 9:58AM | Moon – Green | | Bhuloka Day | |
| Until 2:25AM Thu | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 2 | | Thursday, June 13, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 25 Sutra 60 | |
| Tula Rasi: 8.43 | Tithi 11 – 12 | Gulika 9:11AM – 10:32AM | Svati Until 1:37AM Fri | Ganesha: White | <i>Sunrise:</i> 6:29AM | Vikarin 5121 | |
| | | Yama 6:29AM – 7:50AM | Parigha* Until 4:51PM | Muruqa: Yellow | <i>Sunset:</i> 5:16PM | Moon 5 - Phase 9 | |
| | 361683461 | Rahu 1:13PM – 2:34PM | Bava Until 7:39PM | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Amrita Yoga | | Ekadashi Until 8:20AM | Moon – Green | | Bhuloka Day | |
| Until 1:37AM Fri | | | | Jyeshtha-Vaikasi | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | | Friday, June 14, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 26 Sutra 61 | |
| Tula Rasi: 22.23 | Tithi 12 – 13 | Gulika 7:51AM – 9:11AM | Vishakha Until 1:27AM Sat | Ganesha: Clear | <i>Sunrise:</i> 6:30AM | Vikarin 5121 | |
| | | Yama 2:34PM – 3:55PM | Shiva Until 2:52PM | Muruqa: Blue | <i>Sunset:</i> 5:16PM | Moon 5 - Phase 9 | |
| | 371693461 | Rahu 10:32AM – 11:53AM | Kaulava Until 6:29PM | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dvadashi Until 7:00AM | Moon – Orange | | Sivaloka Day | |
| | | Vaikasi Visakam | | Jyeshtha-Vaikasi | | | |
| | | | | | | <i>Pradosha Vrata</i> | |

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|---------------------------------|---------------|--------------------------------|----------------------------------|---|------------------------|---|--|
| 4 | | Saturday, June 15, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 27 Sutra 62 | |
| Vrischika Rasi: 5.52 | Tithi 13 – 14 | Gulika 6:30AM – 7:51AM | Anuradha Until 1:33AM Sun | Ganesha: White | <i>Sunrise:</i> 6:30AM | Vikarin 5121 | |
| | | Yama 1:14PM – 2:34PM | Siddha Until 1:09PM | Muruqa: Blue | <i>Sunset:</i> 5:16PM | Moon 5 - Phase 9 | |
| | 371793461 | Rahu 9:12AM – 10:32AM | Vanija Until 5:29AM Sun | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Siddha Yoga | | Trayodashi Until 6:01AM | Moon – Orange | | Subha Sivaloka Day | |
| Until 1:33AM Sun | | | | Jyeshtha-Ani | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|  | | Sunday, June 16, 2019 | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Purnimayam Titau | | Rio de Janeiro, Brazil Sutra 63 | |
| Copper Retreat Star | | | | | | | |
| Vrischika Rasi: 19.05 | Tithi 15 | Gulika 2:35PM – 3:55PM | Jyeshtha* Until 1:59AM Mon | Ganesha: White | <i>Sunrise:</i> 6:30AM | Vikarin 5121 | |
| | | Yama 11:53AM – 1:14PM | Sadhya Until 11:49AM | Muruqa: Blue | <i>Sunset:</i> 5:16PM | Moon 5 - Phase 9 | |
| | 371793461 | Rahu 3:55PM – 5:16PM | Visti Until 5:25PM | Nataraja: Yellow | | Purnima | |
| Routine Work | Marana Yoga | | Purnima* Until 5:27AM Mon | Moon – Orange | | Subha Sivaloka Day | |
| Until 1:59AM Mon | | Father's Day | | Jyeshtha-Ani | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|------------------------------|-------------|-------------------------------|-----------------------------------|--|------------------------|------------------------------------|--|
| Monday, June 17, 2019 | | Silver Retreat Star | | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau | | Rio de Janeiro, Brazil Sutra 64 | |
| Dhanus Rasi: 2.03 | Tithi 16 | Gulika 1:14PM – 2:35PM | Mula* Until 3:16AM Tue | Ganesha: Clear | <i>Sunrise:</i> 6:31AM | Vikarin 5121 | |
| Family Home Evening | | Yama 10:33AM – 11:53AM | Subha Until 10:55AM | Muruqa: Blue | <i>Sunset:</i> 5:16PM | Moon 5 - Phase 9 | |
| | 381793461 | Rahu 7:51AM – 9:12AM | Balava Until 5:39PM | Nataraja: Yellow | | Prathama | |
| Creative Work | Siddha Yoga | | Prathama* Until 5:58AM Tue | Moon – Light Blue | | Sivaloka Day | |
| | | | | Jyeshtha-Ani | | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailita Karana Dvitiyayam Titau

Rio de Janeiro, Brazil
Sutra 65

Dhanus Rasi: 14.45 Tithi 17
382793461
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Creative Work - Amrita Yoga

Gulika 11:54AM – 1:14PM
Yama 9:12AM – 10:33AM
Rahu 2:35PM – 3:56PM

Purvashadha* Until 4:57AM Wed
Sukla Until 10:26AM
Tailita Until 6:28PM
Dvitiya Until 7:03AM Wed

Ganesha: Clear *Sunrise: 6:31AM*
Muruqa: Blue *Sunset: 5:16PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rio de Janeiro, Brazil
Sun 1 Sutra 66

Dhanus Rasi: 27.11 Tithi 17 – 18
382793461
Creative Work Amrita Yoga
Until 6:59AM Thu
Then Creative Work - Siddha Yoga

Gulika 10:33AM – 11:54AM
Yama 7:52AM – 9:13AM
Rahu 11:54AM – 1:14PM

Uttarashadha Until 6:59AM Thu
Brahma Until 10:24AM
Vanija Until 7:49PM
Dvitiya Until 7:03AM

Ganesha: Purple *Sunrise: 6:31AM*
Muruqa: Blue *Sunset: 5:16PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Devaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rio de Janeiro, Brazil
Sun 2 Sutra 67

Makara Rasi: 9.25 Tithi 18 – 19
382793461
Routine Work Marana Yoga
Until 6:59AM
Then Creative Work - Siddha Yoga

Gulika 9:13AM – 10:33AM
Yama 6:31AM – 7:52AM
Rahu 1:15PM – 2:35PM

Uttarashadha Until 6:59AM
Indra Until 10:47AM
Bava Until 9:40PM
Tritiya Until 8:40AM

Ganesha: Purple *Sunrise: 6:31AM*
Muruqa: Blue *Sunset: 5:17PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Devaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rio de Janeiro, Brazil
Sun 3 Sutra 68

Makara Rasi: 21.26 Tithi 19 – 20
392793461
Routine Work Marana Yoga
Until 9:46AM
Then Creative Work - Siddha Yoga

Gulika 7:52AM – 9:13AM
Yama 2:36PM – 3:56PM
Rahu 10:34AM – 11:54AM

Shravana Until 9:46AM
Vaidhriti* Until 11:27AM
Kaulava Until 11:51PM
Chaturthi* Until 10:42AM

Ganesha: Clear *Sunrise: 6:32AM*
Muruqa: Blue *Sunset: 5:17PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailita/Gara Karana Panchami/Shashthyam Titau

Rio de Janeiro, Brazil
Sun 4 Sutra 69

Kumbha Rasi: 3.22 Tithi 20 – 21
392793461
Creative Work Siddha Yoga
Until 12:39PM
Then Creative Work - Amrita Yoga

Gulika 6:32AM – 7:53AM
Yama 1:15PM – 2:36PM
Rahu 9:13AM – 10:34AM

Dhanishtha Until 12:39PM
Vishkambha* Until 12:21PM
Gara Until 2:13AM Sun
Panchami Until 1:00PM

Ganesha: Clear *Sunrise: 6:32AM*
Muruqa: Blue *Sunset: 5:17PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rio de Janeiro, Brazil
Sun 5 Sutra 70

Kumbha Rasi: 15.14 Tithi 21 – 22
392793461
Creative Work Siddha Yoga

Gulika 2:36PM – 3:57PM
Yama 11:55AM – 1:15PM
Rahu 3:57PM – 5:17PM

Shatabhishak Until 3:27PM
Priti Until 1:20PM
Visti Until 4:35AM Mon
Shashthi* Until 3:24PM

Ganesha: Clear *Sunrise: 6:32AM*
Muruqa: Blue *Sunset: 5:17PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rio de Janeiro, Brazil
Sun 6 Sutra 71

Kumbha Rasi: 27.07 Tithi 22 – 23
Family Home Evening 312793461
Routine Work Marana Yoga
Until 6:29PM
Then Creative Work - Siddha Yoga

Gulika 1:16PM – 2:36PM
Yama 10:34AM – 11:55AM
Rahu 7:53AM – 9:14AM

Purvaprosarthapada* Until 6:29PM
Ayushman Until 2:12PM
Balava Until 6:45AM Tue
Saptami Until 5:41PM

Ganesha: Yellow *Sunrise: 6:32AM*
Muruqa: Blue *Sunset: 5:18PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
1st Phase

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Rio de Janeiro, Brazil
Sun 7 Sutra 72

Meena Rasi: 9.05 Tithi 23
312793461
Creative Work Amrita Yoga
Until 9:03PM
Then Creative Work - Siddha Yoga

Gulika 11:55AM – 1:16PM
Yama 9:14AM – 10:34AM
Rahu 2:36PM – 3:57PM

Uttaraprosarthapada Until 9:03PM
Saubhagya Until 2:53PM
Balava Until 6:45AM
Ashtami* Until 7:40PM

Ganesha: Yellow *Sunrise: 6:32AM*
Muruqa: Blue *Sunset: 5:18PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailita/Gara Karana Navamyam Titau

Rio de Janeiro, Brazil
Sun 8 Sutra 73

Meena Rasi: 21.12 Tithi 24
312793461
Routine Work Marana Yoga


Gulika 10:35AM – 11:55AM
Yama 7:53AM – 9:14AM
Rahu 11:55AM – 1:16PM

Revati Until 10:59PM
Sobhana Until 3:14PM
Tailita Until 8:31AM
Navami* Until 9:10PM

Ganesha: Yellow *Sunrise: 6:33AM*
Muruqa: Blue *Sunset: 5:18PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

Vikarin 5121
Moon 6 - Phase 10
Navami

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|---|--------------|--------------------------------|---|---|--|---|---|
| 1 | | Thursday, June 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau | | Rio de Janeiro, Brazil Sun 9 Sutra 74 | |
| Mesha Rasi: 3.32 | Tithi 25 | 322793461 | Gulika 9:14AM – 10:35AM Yama 6:33AM – 7:53AM Rahu 1:16PM – 2:37PM | Ashvini Until 12:38AM Fri Athiganda* Until 3:06PM Vanija Until 9:43AM Dashami Until 10:04PM | Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White Jyeshtha-Ani | Sunrise: 6:33AM Sunset: 5:18PM | Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day |
| Creative Work Amrita Yoga | | Until 12:38AM Fri | | Then Creative Work - Siddha Yoga | | | |
| 2 | | Friday, June 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 10 Sutra 75 | |
| Mesha Rasi: 16.1 | Tithi 26 | 322793461 | Gulika 7:54AM – 9:14AM Yama 2:37PM – 3:58PM Rahu 10:35AM – 11:56AM | Bharani Until 1:26AM Sat Sukarma Until 2:27PM Bava Until 10:16AM Ekadashi* Until 10:15PM | Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White Jyeshtha-Ani | Sunrise: 6:33AM Sunset: 5:19PM | Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day |
| Creative Work Siddha Yoga | | Until 1:26AM Sat | | Then Creative Work - Amrita Yoga | | | |
| 3 | | Saturday, June 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 11 Sutra 76 | |
| Mesha Rasi: 29.09 | Tithi 27 | 322793461 | Gulika 6:33AM – 7:54AM Yama 1:17PM – 2:37PM Rahu 9:14AM – 10:35AM | Krittika Until 1:22AM Sun Dhriti Until 1:14PM Kaulava Until 10:06AM Dvadashi* Until 9:43PM | Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White Jyeshtha-Ani | Sunrise: 6:33AM Sunset: 5:19PM | Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day |
| Creative Work Amrita Yoga | | Until 1:22AM Sun | | Then Creative Work - Siddha Yoga | | | |
| 4 | | Sunday, June 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 12 Sutra 77 | |
| Vrishabha Rasi: 12.31 | Tithi 28 | 322793461 | Gulika 2:38PM – 3:59PM Yama 11:56AM – 1:17PM Rahu 3:59PM – 5:19PM | Rohini Until 12:56AM Mon Shula* Until 11:25AM Gara Until 9:12AM Trayodashi* Until 8:29PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow Jyeshtha-Ani | Sunrise: 6:33AM Sunset: 5:19PM | Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day |
| Creative Work Siddha Yoga | | Until 12:56AM Mon | | Then Creative Work - Amrita Yoga | | | |
| 5 | | Monday, July 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 13 Sutra 78 | |
| Vrishabha Rasi: 26.15 | Tithi 29 | 322793461 | Gulika 1:17PM – 2:38PM Yama 10:36AM – 11:56AM Rahu 7:54AM – 9:15AM | Mrigashira Until 11:46PM Ganda* Until 9:06AM Visti Until 7:39AM Chaturdashi* Until 6:39PM | Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow Jyeshtha-Ani | Sunrise: 6:33AM Sunset: 5:20PM | Vikarin 5121 Moon 6 - Phase 11 2nd Phase Devaloka Day |
| Family Home Evening | | Creative Work Amrita Yoga | | Until 11:46PM | | Then Creative Work - Siddha Yoga | |
|  | | Tuesday, July 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Rio de Janeiro, Brazil Sun 14 Sutra 79 | |
| Mithuna Rasi: 10.21 | Tithi 30 – 1 | 322793461 | Gulika 11:57AM – 1:17PM Yama 9:15AM – 10:36AM Rahu 2:38PM – 3:59PM | Ardra Until 9:59PM Vridhi Until 6:20AM Kintughna Until 3:00AM Wed Amavasya* Until 4:18PM | Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow Jyeshtha-Ani | Sunrise: 6:33AM Sunset: 5:20PM | Vikarin 5121 Moon 6 - Phase 11 Amavasya Devaloka Day |
| Retreat Star | | Routine Work Marana Yoga | | Until 9:59PM | | Then Creative Work - Siddha Yoga | |
| 6 | | Wednesday, July 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Rio de Janeiro, Brazil Sun 15 Sutra 80 | |
| Mithuna Rasi: 24.44 | Tithi 1 – 2 | 343793461 | Gulika 10:36AM – 11:57AM Yama 7:54AM – 9:15AM Rahu 11:57AM – 1:18PM | Punarvasu Until 8:08PM Vyaghata* Until 11:49PM Balava Until 12:10AM Thu Prathama* Until 1:36PM | Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue Ashada-Ani | Sunrise: 6:33AM Sunset: 5:20PM | Vikarin 5121 Moon 6 - Phase 11 Prathama Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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|---|-------------|-------------------------------|--|---|---|---|---|
| 1 | | Thursday, July 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | Rio de Janeiro, Brazil Sun 16 Sutra 81 |
| Kataka Rasi: 9.2 | Tithi 2 – 3 | 343793461 | Gulika 9:15AM – 10:36AM Yama 6:33AM – 7:54AM Rahu 1:18PM – 2:39PM | Pushya Until 5:58PM Harshana Until 8:19PM Taitila Until 9:10PM Dvitiya Until 10:39AM | Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue | Sunrise: 6:33AM Sunset: 5:21PM | Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day |
| Creative Work Amrita Yoga Until 5:58PM Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Friday, July 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | | Rio de Janeiro, Brazil Sun 17 Sutra 82 |
| Kataka Rasi: 24.01 | Tithi 3 – 4 | 343793461 | Gulika 7:54AM – 9:15AM Yama 2:39PM – 4:00PM Rahu 10:36AM – 11:57AM | Ashlesha* Until 3:37PM Vajra* Until 4:45PM Vanija Until 6:08PM Tritiya Until 7:37AM | Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue | Sunrise: 6:33AM Sunset: 5:21PM | Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day |
| Routine Work Marana Yoga | | | | | | | |

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| 3 | | Saturday, July 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau | | | Rio de Janeiro, Brazil Sun 18 Sutra 83 |
| Simha Rasi: 8.41 | Tithi 5 | 353793461 | Gulika 6:33AM – 7:54AM Yama 1:18PM – 2:39PM Rahu 9:15AM – 10:36AM | Magha* Until 1:37PM Siddhi Until 1:17PM Bava Until 3:11PM Panchami Until 1:46AM Sun | Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Red | Sunrise: 6:33AM Sunset: 5:21PM | Vikarin 5121 Moon 6 - Phase 12 3rd Phase Subha Sivaloka Day |
| Creative Work Amrita Yoga Until 1:37PM Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | | Sunday, July 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau | | | Rio de Janeiro, Brazil Sun 19 Sutra 84 |
| Simha Rasi: 23.14 | Tithi 6 | 453793461 | Gulika 2:40PM – 4:01PM Yama 11:57AM – 1:19PM Rahu 4:01PM – 5:22PM | Purvaphalguni Until 11:40AM Vyatipata* Until 9:59AM Kaulava Until 12:27PM Shashthi* Until 11:10PM | Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red | Sunrise: 6:33AM Sunset: 5:22PM | Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day |
| Creative Work Siddha Yoga Until 11:40AM Then Creative Work - Amrita Yoga | | Chidambaram Abhishekam | | | | | |

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| 5 | | Monday, July 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau | | | Rio de Janeiro, Brazil Sun 20 Sutra 85 |
| Kanya Rasi: 7.37 | Tithi 7 | 453793461 | Gulika 1:19PM – 2:40PM Yama 10:37AM – 11:58AM Rahu 7:54AM – 9:15AM | Uttaraphalguni Until 9:52AM Varyan Until 6:53AM Gara Until 10:00AM Saptami Until 8:53PM | Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Red | Sunrise: 6:33AM Sunset: 5:22PM | Vikarin 5121 Moon 6 - Phase 12 3rd Phase Sivaloka Day |
| Family Home Evening Creative Work Siddha Yoga | | | | | | | |

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| Retreat Star | | Tuesday, July 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau | | | Rio de Janeiro, Brazil Sun 21 Sutra 86 |
| Kanya Rasi: 21.44 | Tithi 8 | 463793461 | Gulika 11:58AM – 1:19PM Yama 9:15AM – 10:37AM Rahu 2:40PM – 4:01PM | Hasta Until 8:43AM Shiva Until 1:39AM Wed Visti Until 7:54AM Ashtami* Until 7:00PM | Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Green | Sunrise: 6:33AM Sunset: 5:22PM | Vikarin 5121 Moon 6 - Phase 12 Ashtami Subha Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

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| Retreat Star | | Wednesday, July 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Taitila Karana Navami/Dashamyam Titau | | | Rio de Janeiro, Brazil Sun 22 Sutra 87 |
| Tula Rasi: 6 | Tithi 9 – 10 | 463893461 | Gulika 10:37AM – 11:58AM Yama 7:54AM – 9:15AM Rahu 11:58AM – 1:19PM | Chitra Until 7:50AM Siddha Until 11:32PM Balava Until 6:14AM Navami* Until 5:32PM | Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Green | Sunrise: 6:33AM Sunset: 5:23PM | Vikarin 5121 Moon 6 - Phase 12 Navami Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


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| 1 | | Thursday, July 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Gara/Varija Karana Dashami/Ekadashyam Titau | | | Rio de Janeiro, Brazil Sun 23 Sutra 88 |
| Tula Rasi: 19.12 | Tithi 10 – 11 | Gulika 9:15AM – 10:37AM | Svati Until 7:15AM | Ganesha: Yellow | <i>Sunrise:</i> 6:33AM | Vikarin 5121 | |
| | | Yama 6:33AM – 7:54AM | Sadhya Until 9:48PM | Muruqa: Blue | <i>Sunset:</i> 5:23PM | Moon 6 - Phase 13 | |
| | | 463893461 Rahu 1:19PM – 2:41PM | Varija Until 4:13AM Fri | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Amrita Yoga | | Dashami Until 4:32PM | Moon – Green | | Sivaloka Day | |
| Until 7:15AM | | | | Ashada•Ani | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Friday, July 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau | | | Rio de Janeiro, Brazil Sun 24 Sutra 89 |
| Vrischika Rasi: 2.32 | Tithi 11 – 12 | Gulika 7:54AM – 9:15AM | Vishakha Until 7:25AM | Ganesha: White | <i>Sunrise:</i> 6:33AM | Vikarin 5121 | |
| | | Yama 2:41PM – 4:02PM | Subha Until 8:28PM | Muruqa: Blue | <i>Sunset:</i> 5:24PM | Moon 6 - Phase 13 | |
| | | 473893461 Rahu 10:37AM – 11:58AM | Bava Until 3:56AM Sat | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Siddha Yoga | | Ekadashi Until 4:00PM | Moon – Orange | | Devaloka Day | |
| | | | | Ashada•Ani | | | |

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| 3 | | Saturday, July 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | Rio de Janeiro, Brazil Sun 25 Sutra 90 |
| Vrischika Rasi: 15.37 | Tithi 12 – 13 | Gulika 6:33AM – 7:54AM | Anuradha Until 7:54AM | Ganesha: White | <i>Sunrise:</i> 6:33AM | Vikarin 5121 | |
| | | Yama 1:20PM – 2:41PM | Sukla Until 7:29PM | Muruqa: Blue | <i>Sunset:</i> 5:24PM | Moon 6 - Phase 13 | |
| | | 473893461 Rahu 9:15AM – 10:37AM | Kaulava Until 4:07AM Sun | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dvadashi Until 3:56PM | Moon – Orange | | Devaloka Day | |
| | | | | Ashada•Ani | | | |
| | | | | <i>Pradosha Vrata</i> | | | |

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| 4 | | Sunday, July 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | Rio de Janeiro, Brazil Sun 26 Sutra 91 |
| Vrischika Rasi: 28.28 | Tithi 13 – 14 | Gulika 2:41PM – 4:03PM | Jyeshtha* Until 8:43AM | Ganesha: White | <i>Sunrise:</i> 6:32AM | Vikarin 5121 | |
| | | Yama 11:58AM – 1:20PM | Brahma Until 6:53PM | Muruqa: Blue | <i>Sunset:</i> 5:24PM | Moon 6 - Phase 13 | |
| | | 473893461 Rahu 4:03PM – 5:24PM | Gara Until 4:47AM Mon | Nataraja: Yellow | | 4th Phase | |
| Routine Work | Marana Yoga | | Trayodashi Until 4:22PM | Moon – Orange | | Devaloka Day | |
| Until 8:43AM | | | | Ashada•Ani | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 5 | | Monday, July 15, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau | | | Rio de Janeiro, Brazil Sun 27 Sutra 92 |
| Dhanus Rasi: 11.05 | Tithi 14 – 15 | Gulika 1:20PM – 2:42PM | Mula* Until 10:18AM | Ganesha: Clear | <i>Sunrise:</i> 6:32AM | Vikarin 5121 | |
| Family Home Evening | | Yama 10:37AM – 11:59AM | Indra Until 6:41PM | Muruqa: Blue | <i>Sunset:</i> 5:25PM | Moon 6 - Phase 13 | |
| | | 483893461 Rahu 7:54AM – 9:15AM | Visti Until 5:54AM Tue | Nataraja: Yellow | | 4th Phase | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 5:16PM | Moon – Light Blue | | Sivaloka Day | |
| Until 10:18AM | | | | Ashada•Ani | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|  | | Tuesday, July 16, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava Karana Purnimayam Titau | | | Rio de Janeiro, Brazil Sun 28 Sutra 93 |
| Copper Retreat Star | | Gulika 11:59AM – 1:20PM | Purvashadha* Until 12:10PM | Ganesha: Clear | <i>Sunrise:</i> 6:32AM | Vikarin 5121 | |
| Dhanus Rasi: 23.29 | Tithi 15 | Yama 9:15AM – 10:37AM | Vaidhriti* Until 6:48PM | Muruqa: Blue | <i>Sunset:</i> 5:25PM | Moon 6 - Phase 13 | |
| | | 483893461 Rahu 2:42PM – 4:04PM | Bava Until 6:37PM | Nataraja: Yellow | | Purnima | |
| Creative Work | Siddha Yoga | | Purnima* Until 6:37PM | Moon – Light Blue | | Sivaloka Day | |
| Until 12:10PM | | | | Ashada•Adi | | | |
| Then Routine Work - Prabalarishta Yoga | | Partial Lunar Eclipse Satguru Purnima | | | | | |

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| Wednesday, July 17, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau | | | Rio de Janeiro, Brazil Sun 29 Sutra 94 | |
| Silver Retreat Star | | Gulika 10:37AM – 11:59AM | Uttarashadha Until 2:18PM | Ganesha: Purple | <i>Sunrise:</i> 6:32AM | Vikarin 5121 |
| Makara Rasi: 5.43 | Tithi 16 | Yama 7:54AM – 9:15AM | Vishkambha* Until 7:14PM | Muruqa: Blue | <i>Sunset:</i> 5:26PM | Moon 6 - Phase 13 |
| | | 484893462 Rahu 11:59AM – 1:20PM | Balava Until 7:28AM | Nataraja: White | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 8:23PM | Moon – Light Blue | | Subha Subha Sivaloka Day |
| Until 2:18PM | | | | Ashada•Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 17.47 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 9:15AM – 10:37AM
Yama 6:32AM – 7:53AM
494893462 **Rahu 1:21PM – 2:42PM**

Shravana Until 5:05PM
Priti Until 7:57PM
Taitila Until 9:24AM
Dvitiya Until 10:28PM

Rio de Janeiro, Brazil
Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear Sunrise: 6:32AM
Muruqa: Blue Sunset: 5:26PM
Nataraja: White
Moon – Purple
Ashada-Adi

Subha Sivaloka Day

1

Friday, July 19, 2019

Makara Rasi: 29.44 Tithi 18
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visiti* Karana Tritiyayam Titau

Gulika 7:53AM – 9:15AM
Yama 2:43PM – 4:05PM
494893462 **Rahu 10:37AM – 11:59AM**

Dhanishtha Until 7:57PM
Ayushman Until 8:49PM
Vanija Until 11:37AM
Tritiya Until 12:47AM Sat

Rio de Janeiro, Brazil
Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear Sunrise: 6:31AM
Muruqa: Blue Sunset: 5:26PM
Nataraja: White
Moon – Purple
Ashada-Adi

Subha Sivaloka Day

2

Saturday, July 20, 2019

Kumbha Rasi: 11.38 Tithi 19
Creative Work Amrita Yoga
Until 10:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 6:31AM – 7:53AM
Yama 1:21PM – 2:43PM
494893462 **Rahu 9:15AM – 10:37AM**

Shatabhishak Until 10:45PM
Saubhagya Until 9:48PM
Bava Until 2:00PM
Chaturthi* Until 3:12AM Sun

Rio de Janeiro, Brazil
Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear Sunrise: 6:31AM
Muruqa: Blue Sunset: 5:27PM
Nataraja: White
Moon – Purple
Ashada-Adi

Subha Sivaloka Day

3

Sunday, July 21, 2019

Kumbha Rasi: 23.29 Tithi 20
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 2:43PM – 4:05PM
Yama 11:59AM – 1:21PM
414893462 **Rahu 4:05PM – 5:27PM**

Purvaproshtapada* Until 1:53AM Mon
Sobhana Until 10:46PM
Kaulava Until 4:25PM
Panchami Until 5:34AM Mon

Rio de Janeiro, Brazil
Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear Sunrise: 6:31AM
Muruqa: Blue Sunset: 5:27PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

4

Monday, July 22, 2019

Meena Rasi: 5.22 Tithi 21
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara Karana Shashthyam Titau

Gulika 1:21PM – 2:43PM
Yama 10:37AM – 11:59AM
414893462 **Rahu 7:53AM – 9:15AM**

Uttaraproshtapada Until 4:40AM Tue
Athiganda* Until 11:35PM
Gara Until 6:42PM
Shashthi* Until 7:44AM Tue

Rio de Janeiro, Brazil
Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear Sunrise: 6:30AM
Muruqa: Blue Sunset: 5:28PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

5

Tuesday, July 23, 2019

Meena Rasi: 17.19 Tithi 21 – 22
Creative Work Siddha Yoga
Until 6:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Gulika 11:59AM – 1:21PM
Yama 9:15AM – 10:37AM
414893462 **Rahu 2:44PM – 4:06PM**

Revati Until 6:57AM Wed
Sukarma Until 12:11AM Wed
Visiti Until 8:42PM
Shashthi* Until 7:44AM

Rio de Janeiro, Brazil
Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear Sunrise: 6:30AM
Muruqa: Blue Sunset: 5:28PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

D

Wednesday, July 24, 2019
Retreat Star

Meena Rasi: 29.25 Tithi 22 – 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:37AM – 11:59AM
Yama 7:52AM – 9:14AM
414893462 **Rahu 11:59AM – 1:21PM**

Revati Until 6:57AM
Dhriti Until 12:26AM Thu
Balava Until 10:16PM
Saptami Until 9:32AM

Rio de Janeiro, Brazil
Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami

Ganesha: Clear Sunrise: 6:30AM
Muruqa: Blue Sunset: 5:29PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 11.44 Tithi 23 – 24
Creative Work Amrita Yoga
Until 9:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:14AM – 10:37AM
Yama 6:29AM – 7:52AM
424893462 **Rahu 1:22PM – 2:44PM**

Ashvini Until 9:04AM
Shula* Until 12:10AM Fri
Taitila Until 11:13PM
Ashtami* Until 10:48AM

Rio de Janeiro, Brazil
Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami

Ganesha: White Sunrise: 6:29AM
Muruqa: Blue Sunset: 5:29PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


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| 1 | | Friday, July 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Rio de Janeiro, Brazil Sun 9 Sutra 103 Vikarin 5121 | |
| Mesha Rasi: 24.19 | Tithi 24 – 25 | Gulika 7:51AM – 9:14AM | Bharani Until 10:23AM | Ganesha: White | <i>Sunrise:</i> 6:29AM | | |
| | | Yama 2:44PM – 4:07PM | Ganda* Until 11:22PM | Muruqa: Blue | <i>Sunset:</i> 5:29PM | | Moon 7 - Phase 15 |
| 424893462 | Rahu 10:37AM – 11:59AM | | Vanija Until 11:27PM | Nataraja: White | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Navami* Until 11:25AM | Moon – White | | Subha Subha Sivaloka Day | |
| | | | | | | Ashada*Adi | |

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|----------------------|------------------------------|--------------------------------|-------------------------------|---|------------------------|--|-------------------|
| 2 | | Saturday, July 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 10 Sutra 104 Vikarin 5121 | |
| Wrishabha Rasi: 7.16 | Tithi 25 – 26 | Gulika 6:29AM – 7:51AM | Krittika Until 10:49AM | Ganesha: White | <i>Sunrise:</i> 6:29AM | | |
| | | Yama 1:22PM – 2:44PM | Vriddhi Until 9:57PM | Muruqa: Blue | <i>Sunset:</i> 5:30PM | | Moon 7 - Phase 15 |
| 424893462 | Rahu 9:14AM – 10:36AM | | Bava Until 10:55PM | Nataraja: White | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dashami Until 11:16AM | Moon – White | | Subha Subha Sivaloka Day | |
| | | | | | | Ashada*Adi | |

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| 3 | | Sunday, July 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 11 Sutra 105 Vikarin 5121 | |
| Wrishabha Rasi: 20.37 | Tithi 26 – 27 | Gulika 2:45PM – 4:07PM | Rohini Until 10:47AM | Ganesha: Yellow | <i>Sunrise:</i> 6:28AM | | |
| | | Yama 11:59AM – 1:22PM | Dhruva Until 7:53PM | Muruqa: Blue | <i>Sunset:</i> 5:30PM | | Moon 7 - Phase 15 |
| 424893462 | Rahu 4:07PM – 5:30PM | | Kaulava Until 9:36PM | Nataraja: White | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 10:20AM | Moon – Yellow | | Subha Sivaloka Day | |
| | | | | | | Ashada*Adi | |

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| 4 | | Monday, July 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 12 Sutra 106 Vikarin 5121 | |
| Mithuna Rasi: 4.24 | Tithi 27 – 28 | Gulika 1:22PM – 2:45PM | Mrigashira Until 9:51AM | Ganesha: White | <i>Sunrise:</i> 6:28AM | | |
| Family Home Evening | | Yama 10:36AM – 11:59AM | Vyaghata* Until 5:14PM | Muruqa: Blue | <i>Sunset:</i> 5:31PM | | Moon 7 - Phase 15 |
| 424893462 | Rahu 7:51AM – 9:13AM | | Gara Until 7:35PM | Nataraja: White | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dvadashi* Until 8:39AM | Moon – Yellow | | Sivaloka Day | |
| Until 9:51AM | | | | | | Ashada*Adi | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 | | Tuesday, July 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 13 Sutra 107 Vikarin 5121 | |
| Mithuna Rasi: 18.38 | Tithi 28 – 29 | Gulika 11:59AM – 1:22PM | Ardra Until 8:07AM | Ganesha: White | <i>Sunrise:</i> 6:27AM | | |
| | | Yama 9:13AM – 10:36AM | Harshana Until 2:07PM | Muruqa: Blue | <i>Sunset:</i> 5:31PM | | Moon 7 - Phase 15 |
| 424893462 | Rahu 2:45PM – 4:08PM | | Sakuni Until 3:27AM Wed | Nataraja: White | | | 2nd Phase |
| Routine Work | Marana Yoga | | Trayodashi* Until 6:19AM | Moon – Yellow | | Sivaloka Day | |
| Until 8:07AM | | | | | | Ashada*Adi | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|  | | Wednesday, July 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Rio de Janeiro, Brazil Sun 14 Sutra 108 Vikarin 5121 | |
| Retreat Star | | Gulika 10:36AM – 11:59AM | Punarvasu Until 6:09AM | Ganesha: Green | <i>Sunrise:</i> 6:27AM | | |
| Kataka Rasi: 3.14 | Tithi 30 | Yama 7:50AM – 9:13AM | Vajra* Until 10:33AM | Muruqa: Blue | <i>Sunset:</i> 5:31PM | | Moon 7 - Phase 15 |
| 424893462 | Rahu 11:59AM – 1:22PM | | Catuspada Until 1:52PM | Nataraja: White | | | Amavasya |
| Creative Work | Siddha Yoga | | Amavasya* Until 12:11AM Thu | Moon – Blue | | Sivaloka Day | |
| | | | | | | Ashada*Adi | |

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| Retreat Star | | Thursday, August 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatlipata* Yoga Kintughna*/Bava Karana Prathamayam Titau | | Rio de Janeiro, Brazil Sun 15 Sutra 109 Vikarin 5121 | |
| Kataka Rasi: 18.07 | Tithi 1 | Gulika 9:13AM – 10:36AM | Ashlesha* Until 12:50AM Fri | Ganesha: Green | <i>Sunrise:</i> 6:26AM | | |
| | | Yama 6:26AM – 7:49AM | Siddhi Until 6:43AM | Muruqa: Blue | <i>Sunset:</i> 5:32PM | | Moon 7 - Phase 15 |
| 424893462 | Rahu 1:22PM – 2:45PM | | Kintughna Until 10:28AM | Nataraja: White | | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 8:41PM | Moon – Blue | | Sivaloka Day | |
| Until 12:50AM Fri | | | | | | Sravana*Adi | |
| Then Routine Work - Marana Yoga | | | | | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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| 1 | | Friday, August 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau | | Rio de Janeiro, Brazil Sun 16 Sutra 110 | |
| Simha Rasi: 3.09 | Tithi 2 – 3 | Gulika 7:49AM – 9:12AM | Magha* Until 10:13PM | Ganesha: White | <i>Sunrise:</i> 6:26AM | | Vikarin 5121 |
| | | Yama 2:46PM – 4:09PM | Variyan Until 10:43PM | Muruqa: Blue | <i>Sunset:</i> 5:32PM | | Moon 7 - Phase 16 |
| | | 455893462 Rahu 10:36AM – 11:59AM | Balava Until 6:55AM | Nataraja: White | | | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 5:07PM | Moon – Red | | Sivaloka Day | |
| Until 10:13PM | | | | Sravana-Adi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Saturday, August 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | Rio de Janeiro, Brazil Sun 17 Sutra 111 | |
| Simha Rasi: 18.11 | Tithi 3 – 4 | Gulika 6:25AM – 7:49AM | Purvaphalguni Until 7:36PM | Ganesha: White | <i>Sunrise:</i> 6:25AM | | Vikarin 5121 |
| | | Yama 1:22PM – 2:46PM | Parigha* Until 6:49PM | Muruqa: Blue | <i>Sunset:</i> 5:33PM | | Moon 7 - Phase 16 |
| | | 455893462 Rahu 9:12AM – 10:35AM | Vanija Until 11:57PM | Nataraja: White | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 1:37PM | Moon – Red | | Sivaloka Day | |
| Until 7:36PM | | | | Sravana-Adi | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 3 | | Sunday, August 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Rio de Janeiro, Brazil Sun 18 Sutra 112 | |
| Kanya Rasi: 3.05 | Tithi 4 – 5 | Gulika 2:46PM – 4:09PM | Uttaraphalguni Until 5:06PM | Ganesha: Yellow | <i>Sunrise:</i> 6:25AM | | Vikarin 5121 |
| | | Yama 11:59AM – 1:22PM | Shiva Until 3:08PM | Muruqa: Blue | <i>Sunset:</i> 5:33PM | | Moon 7 - Phase 16 |
| | | 455993462 Rahu 4:09PM – 5:33PM | Bava Until 8:51PM | Nataraja: White | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi* Until 10:20AM | Moon – Red | | Subha Sivaloka Day | |
| | | Nag Panchami | | Sravana-Adi | | | |

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| 4 | | Monday, August 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Rio de Janeiro, Brazil Sun 19 Sutra 113 | |
| Kanya Rasi: 17.44 | Tithi 5 – 6 | Gulika 1:22PM – 2:46PM | Hasta Until 3:17PM | Ganesha: White | <i>Sunrise:</i> 6:24AM | | Vikarin 5121 |
| Family Home Evening | | Yama 10:35AM – 11:59AM | Siddha Until 11:45AM | Muruqa: Blue | <i>Sunset:</i> 5:33PM | | Moon 7 - Phase 16 |
| Creative Work | Siddha Yoga | 465993462 Rahu 7:48AM – 9:11AM | Kaulava Until 6:10PM | Nataraja: White | | | 3rd Phase |
| Until 3:17PM | | | Panchami Until 7:26AM | Moon – Green | | Subha Subha Sivaloka Day | |
| Then Routine Work - Prabalarishta Yoga | | | | Sravana-Adi | | | |

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| 5 | | Tuesday, August 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau | | Rio de Janeiro, Brazil Sun 20 Sutra 114 | |
| Tula Rasi: 2.03 | Tithi 7 | Gulika 11:59AM – 1:22PM | Chitra Until 1:52PM | Ganesha: White | <i>Sunrise:</i> 6:23AM | | Vikarin 5121 |
| | | Yama 9:11AM – 10:35AM | Sadhya Until 8:48AM | Muruqa: Blue | <i>Sunset:</i> 5:34PM | | Moon 7 - Phase 16 |
| | | 465993462 Rahu 2:46PM – 4:10PM | Gara Until 4:02PM | Nataraja: White | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 3:10AM Wed | Moon – Green | | Subha Subha Sivaloka Day | |
| | | | | Sravana-Adi | | | |

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| Retreat Star | | Wednesday, August 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau | | Rio de Janeiro, Brazil Sun 21 Sutra 115 | |
| Tula Rasi: 15.58 | Tithi 8 | Gulika 10:35AM – 11:58AM | Svati Until 12:54PM | Ganesha: White | <i>Sunrise:</i> 6:23AM | | Vikarin 5121 |
| | | Yama 7:47AM – 9:11AM | Subha Until 6:21AM | Muruqa: Blue | <i>Sunset:</i> 5:34PM | | Moon 7 - Phase 16 |
| | | 465993462 Rahu 11:58AM – 1:22PM | Visti Until 2:30PM | Nataraja: White | | | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 1:59AM Thu | Moon – Green | | Subha Subha Sivaloka Day | |
| | | | | Sravana-Adi | | | |

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| Retreat Star | | Thursday, August 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau | | Rio de Janeiro, Brazil Sun 22 Sutra 116 | |
| Tula Rasi: 29.3 | Tithi 9 | Gulika 9:10AM – 10:34AM | Vishakha Until 12:54PM | Ganesha: Purple | <i>Sunrise:</i> 6:22AM | | Vikarin 5121 |
| | | Yama 6:22AM – 7:46AM | Brahma Until 3:02AM Fri | Muruqa: Blue | <i>Sunset:</i> 5:35PM | | Moon 7 - Phase 16 |
| | | 476993462 Rahu 1:22PM – 2:46PM | Balava Until 1:39PM | Nataraja: White | | | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 1:28AM Fri | Moon – Orange | | Sivaloka Day | |
| | | | | Sravana-Adi | | | |

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| 1 Friday, August 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau | | | Rio de Janeiro, Brazil Sun 23 Sutra 117 Vikarin 5121 |
| Wrischika Rasi: 12.4 | Tithi 10 | Gulika 7:46AM – 9:10AM | Anuradha Until 1:24PM | Ganesha: Purple <i>Sunrise:</i> 6:21AM | |
| | | Yama 2:47PM – 4:11PM | Indra Until 2:10AM Sat | Muruqa: Blue <i>Sunset:</i> 5:35PM | Moon 7 - Phase 17 |
| | 476993462 | Rahu 10:34AM – 11:58AM | Taitila Until 1:28PM | Nataraja: White | 4th Phase |
| Creative Work | Siddha Yoga | | | Moon – Orange | Sivaloka Day |
| Until 1:24PM | | Varalakshmi Vratam | Dashami Until 1:36AM Sat | Sravana*Adi | |
| Then Routine Work - Marana Yoga | | | | | |

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| 2 Saturday, August 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | Rio de Janeiro, Brazil Sun 24 Sutra 118 Vikarin 5121 |
| Wrischika Rasi: 25.29 | Tithi 11 | Gulika 6:21AM – 7:45AM | Jyeshtha* Until 2:22PM | Ganesha: Purple <i>Sunrise:</i> 6:21AM | |
| | | Yama 1:22PM – 2:47PM | Vaidhriti* Until 1:45AM Sun | Muruqa: Blue <i>Sunset:</i> 5:35PM | Moon 7 - Phase 17 |
| | 476993462 | Rahu 9:09AM – 10:34AM | Vanija Until 1:55PM | Nataraja: White | 4th Phase |
| Creative Work | Siddha Yoga | | | Moon – Orange | Sivaloka Day |
| | | | Ekadashi Until 2:20AM Sun | Sravana*Adi | |

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| 3 Sunday, August 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau | | | Rio de Janeiro, Brazil Sun 25 Sutra 119 Vikarin 5121 |
| Dhanus Rasi: 8.03 | Tithi 12 | Gulika 2:47PM – 4:11PM | Mula* Until 4:12PM | Ganesha: Clear <i>Sunrise:</i> 6:20AM | |
| | | Yama 11:58AM – 1:22PM | Vishkambha* Until 1:46AM Mon | Muruqa: Blue <i>Sunset:</i> 5:36PM | Moon 7 - Phase 17 |
| | 486993462 | Rahu 4:11PM – 5:36PM | Bava Until 2:56PM | Nataraja: White | 4th Phase |
| Creative Work | Amrita Yoga | | | Moon – Light Blue | Subha Sivaloka Day |
| Until 4:12PM | | | Dvadashi Until 3:36AM Mon | Sravana*Adi | |
| Then Creative Work - Siddha Yoga | | | | | |

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| 4 Monday, August 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | Rio de Janeiro, Brazil Sun 26 Sutra 120 Vikarin 5121 |
| Dhanus Rasi: 20.23 | Tithi 13 | Gulika 1:22PM – 2:47PM | Purvashadha* Until 6:20PM | Ganesha: Clear <i>Sunrise:</i> 6:19AM | |
| Family Home Evening | | Yama 10:33AM – 11:58AM | Priti Until 2:07AM Tue | Muruqa: Blue <i>Sunset:</i> 5:36PM | Moon 7 - Phase 17 |
| | 486993462 | Rahu 7:44AM – 9:09AM | Kaulava Until 4:25PM | Nataraja: White | 4th Phase |
| Routine Work | Marana Yoga | | | Moon – Light Blue | Subha Sivaloka Day |
| | | | Trayodashi Until 5:17AM Tue | Sravana*Adi | |
| | | | <i>Pradosha Vrata</i> | | |

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| 5 Tuesday, August 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara Karana Chaturdashyam Titau | | | Rio de Janeiro, Brazil Sun 27 Sutra 121 Vikarin 5121 |
| Makara Rasi: 2.33 | Tithi 14 | Gulika 11:58AM – 1:22PM | Uttarashadha Until 8:38PM | Ganesha: Clear <i>Sunrise:</i> 6:19AM | |
| | | Yama 9:08AM – 10:33AM | Ayushman Until 2:42AM Wed | Muruqa: Blue <i>Sunset:</i> 5:36PM | Moon 7 - Phase 17 |
| | 486993462 | Rahu 2:47PM – 4:12PM | Gara Until 6:16PM | Nataraja: White | 4th Phase |
| Routine Work | Prabalarishta Yoga | | | Moon – Light Blue | Subha Sivaloka Day |
| Until 8:38PM | | | Chaturdashi* Until 7:18AM Wed | Sravana*Adi | |
| Then Creative Work - Siddha Yoga | | | | | |

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| ○ Wednesday, August 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | Rio de Janeiro, Brazil Sutra 122 Vikarin 5121 |
| Copper Retreat Star | | Gulika 10:33AM – 11:57AM | Shravana Until 11:33PM | Ganesha: White <i>Sunrise:</i> 6:18AM | |
| Makara Rasi: 14.35 | Tithi 14 – 15 | Yama 7:43AM – 9:08AM | Saubhagya Until 3:29AM Thu | Muruqa: Blue <i>Sunset:</i> 5:37PM | Moon 7 - Phase 17 |
| | 496993462 | Rahu 11:57AM – 1:22PM | Visti Until 8:25PM | Nataraja: White | Purnima |
| Creative Work | Siddha Yoga | | | Moon – Purple | Sivaloka Day |
| Until 11:33PM | | Raksha Bandhan | Chaturdashi* Until 7:18AM | Sravana*Adi | |
| Then Routine Work - Prabalarishta Yoga | | | | | |

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| Thursday, August 15, 2019 | | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | Rio de Janeiro, Brazil Sutra 123 Vikarin 5121 |
| Silver Retreat Star | | Gulika 9:07AM – 10:32AM | Dhanishtha Until 2:27AM Fri | Ganesha: Yellow <i>Sunrise:</i> 6:17AM | |
| Makara Rasi: 26.31 | Tithi 15 – 16 | Yama 6:17AM – 7:42AM | Sobhana Until 4:24AM Fri | Muruqa: Blue <i>Sunset:</i> 5:37PM | Moon 7 - Phase 17 |
| | 497993462 | Rahu 1:22PM – 2:47PM | Balava Until 10:44PM | Nataraja: White | Prathama |
| Creative Work | Siddha Yoga | | | Moon – Purple | Subha Sivaloka Day |
| | | | Purnima* Until 9:32AM | Sravana*Adi | |



Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rio de Janeiro, Brazil
Sutra 124

Kumbha Rasi: 8.25 Tithi 16 – 17

497993462 **Rahu** 10:32AM – 11:57AM

Gulika 7:42AM – 9:07AM
Yama 2:47PM – 4:12PM

Shatabhishak Until 5:16AM Sat
Athiganda* Until 5:21AM Sat
Taitila Until 1:10AM Sat
Prathama* Until 11:55AM

Ganesha: Yellow *Sunrise: 6:17AM*
Muruqa: Blue *Sunset: 5:37PM*
Nataraja: White
Moon – Purple

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 5:16AM Sat
Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rio de Janeiro, Brazil
Sun 1 Sutra 125

Kumbha Rasi: 20.16 Tithi 17 – 18

517993462 **Rahu** 9:06AM – 10:32AM

Gulika 6:16AM – 7:41AM
Yama 1:22PM – 2:47PM

Purvaproshtapada* Until 8:25AM Sun
Sukarma Until 6:18AM Sun
Vanija Until 3:35AM Sun
Dvitiya Until 2:21PM

Ganesha: White *Sunrise: 6:16AM*
Muruqa: Blue *Sunset: 5:38PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Routine Work Marana Yoga
Until 8:25AM Sun
Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarna/Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rio de Janeiro, Brazil
Sun 2 Sutra 126

Meena Rasi: 2.08 Tithi 18 – 19

517993462 **Rahu** 4:13PM – 5:38PM

Gulika 2:47PM – 4:13PM
Yama 11:57AM – 1:22PM

Purvaproshtapada* Until 8:25AM
Sukarna Until 6:18AM
Bava Until 5:55AM Mon
Tritiya Until 4:45PM

Ganesha: White *Sunrise: 6:15AM*
Muruqa: Blue *Sunset: 5:38PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga
Until 8:25AM
Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Balava Karana Chaturthyam Titau

Rio de Janeiro, Brazil
Sun 3 Sutra 127

Meena Rasi: 14.02 Tithi 19

517993462 **Rahu** 7:40AM – 9:05AM

Gulika 1:22PM – 2:47PM
Yama 10:31AM – 11:56AM

Uttaraproshtapada Until 11:16AM
Dhriti Until 7:12AM
Balava Until 7:00PM
Chaturthi* Until 7:00PM

Ganesha: White *Sunrise: 6:14AM*
Muruqa: Blue *Sunset: 5:38PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rio de Janeiro, Brazil
Sun 4 Sutra 128

Meena Rasi: 26.01 Tithi 20

517993462 **Rahu** 2:47PM – 4:13PM

Gulika 11:56AM – 1:22PM
Yama 9:05AM – 10:30AM

Revati Until 1:46PM
Shula* Until 7:54AM
Kaulava Until 8:03AM
Panchami Until 8:59PM

Ganesha: White *Sunrise: 6:13AM*
Muruqa: Blue *Sunset: 5:39PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Rio de Janeiro, Brazil
Sun 5 Sutra 129

Mesha Rasi: 8.07 Tithi 21

528993462 **Rahu** 11:56AM – 1:22PM

Gulika 10:30AM – 11:56AM
Yama 7:38AM – 9:04AM

Ashvini Until 4:14PM
Ganda* Until 8:22AM
Gara Until 9:52AM
Shashthi* Until 10:35PM

Ganesha: White *Sunrise: 6:13AM*
Muruqa: Blue *Sunset: 5:39PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 4:14PM
Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Rio de Janeiro, Brazil
Sun 6 Sutra 130

Mesha Rasi: 20.23 Tithi 22

528993462 **Rahu** 1:22PM – 2:48PM

Gulika 9:04AM – 10:30AM
Yama 6:12AM – 7:38AM

Bharani Until 6:04PM
Vridhhi Until 8:30AM
Visti Until 11:13AM
Saptami Until 11:39PM

Ganesha: White *Sunrise: 6:12AM*
Muruqa: Blue *Sunset: 5:39PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 6:04PM
Then Routine Work - Marana Yoga

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Friday, August 23, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rio de Janeiro, Brazil
Sun 7 Sutra 131

Vrishabha Rasi: 2.55 Tithi 23

528993462 **Rahu** 10:29AM – 11:55AM

Gulika 7:37AM – 9:03AM
Yama 2:48PM – 4:14PM

Krittika Until 7:07PM
Dhruva Until 8:09AM
Balava Until 11:58AM
Ashtami* Until 12:03AM Sat

Ganesha: White *Sunrise: 6:11AM*
Muruqa: Blue *Sunset: 5:40PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 7:07PM
Then Routine Work - Marana Yoga

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Rio de Janeiro, Brazil
Sun 8 Sutra 132

Vrishabha Rasi: 15.47 Tithi 24

538993462 **Rahu** 9:03AM – 10:29AM

Gulika 6:10AM – 7:36AM
Yama 1:21PM – 2:48PM

Rohini Until 7:45PM
Vyaghata* Until 7:16AM
Taitila Until 12:00PM
Navami* Until 11:42PM

Ganesha: Clear *Sunrise: 6:10AM*
Muruqa: Blue *Sunset: 5:40PM*
Nataraja: White
Moon – Yellow

Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 7:45PM
Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

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| 1 | Sunday, August 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Rio de Janeiro, Brazil |
| | Mrigashira Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | | | Sun 9 Sutra 133 |
| | Vrishabha Rasi: 29.02 | Tithi 25 | Gulika 2:48PM – 4:14PM | Mrigashira Until 7:27PM | Ganesha: Clear | <i>Sunrise:</i> 6:09AM | Vikarin 5121 |
| | 538993462 | Rahu | Yama 11:55AM – 1:21PM | Vajra* Until 3:37AM Mon | Muruqa: Blue | <i>Sunset:</i> 5:40PM | Moon 8 - Phase 19 |
| Creative Work | Siddha Yoga | 4:14PM – 5:40PM | Vanija Until 11:14AM | Nataraja: White | | 2nd Phase | |
| | | | Dashami Until 10:33PM | Moon – Yellow | | Subha Sivaloka Day | |
| | | | | Sravana-Avani | | | |

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| 2 | Monday, August 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Rio de Janeiro, Brazil |
| | Ardra Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau | | | | | | Sun 10 Sutra 134 |
| | Mithuna Rasi: 12.44 | Tithi 26 | Gulika 1:21PM – 2:48PM | Ardra Until 6:15PM | Ganesha: Clear | <i>Sunrise:</i> 6:08AM | Vikarin 5121 |
| | 538993462 | Rahu | Yama 10:28AM – 11:55AM | Siddhi Until 12:52AM Tue | Muruqa: Blue | <i>Sunset:</i> 5:41PM | Moon 8 - Phase 19 |
| Family Home Evening | Creative Work | 7:35AM – 9:01AM | Bava Until 9:42AM | Nataraja: White | | 2nd Phase | |
| Until 6:15PM | Then Creative Work - Amrita Yoga | | Ekadashi* Until 8:38PM | Moon – Yellow | | Subha Sivaloka Day | |
| | | | | Sravana-Avani | | | |

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| 3 | Tuesday, August 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Rio de Janeiro, Brazil |
| | Punarvasu/Pushya Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | | | Sun 11 Sutra 135 |
| | Mithuna Rasi: 26.53 | Tithi 27 | Gulika 11:54AM – 1:21PM | Punarvasu Until 4:39PM | Ganesha: Purple | <i>Sunrise:</i> 6:08AM | Vikarin 5121 |
| | 548993462 | Rahu | Yama 9:01AM – 10:28AM | Vyatipata* Until 9:36PM | Muruqa: Blue | <i>Sunset:</i> 5:41PM | Moon 8 - Phase 19 |
| Creative Work | Siddha Yoga | 2:48PM – 4:14PM | Kaulava Until 7:26AM | Nataraja: White | | 2nd Phase | |
| | | | Dvadashi* Until 6:03PM | Moon – Blue | | Sivaloka Day | |
| | | | | Sravana-Avani | | | |

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| 4 | Wednesday, August 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Rio de Janeiro, Brazil |
| | Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | | | Sun 12 Sutra 136 |
| | Kataka Rasi: 11.29 | Tithi 28 – 29 | Gulika 10:27AM – 11:54AM | Pushya Until 2:20PM | Ganesha: Orange | <i>Sunrise:</i> 6:07AM | Vikarin 5121 |
| | 549193463 | Rahu | Yama 7:33AM – 9:00AM | Variyan Until 5:51PM | Muruqa: Blue | <i>Sunset:</i> 5:41PM | Moon 8 - Phase 19 |
| Creative Work | Siddha Yoga | 11:54AM – 1:21PM | Visti Until 1:12AM Thu | Nataraja: Clear | | 2nd Phase | |
| | | | Trayodashi* Until 2:55PM | Moon – Blue | | Sivaloka Day | |
| | | | | Sravana-Avani | | | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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|  | Thursday, August 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Rio de Janeiro, Brazil |
| | Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | | | Sun 13 Sutra 137 |
| | Kataka Rasi: 26.27 | Tithi 29 – 30 | Gulika 9:00AM – 10:27AM | Ashlesha* Until 11:29AM | Ganesha: Orange | <i>Sunrise:</i> 6:06AM | Vikarin 5121 |
| | 549193463 | Rahu | Yama 6:06AM – 7:33AM | Parigha* Until 1:49PM | Muruqa: Blue | <i>Sunset:</i> 5:42PM | Moon 8 - Phase 19 |
| Creative Work | Siddha Yoga | 1:21PM – 2:48PM | Catuspada Until 9:31PM | Nataraja: Clear | | Amavasya | |
| Until 11:29AM | Then Creative Work - Amrita Yoga | | Chaturdashi* Until 11:23AM | Moon – Blue | | Sivaloka Day | |
| | | | | Sravana-Avani | | | |

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| Retreat Star | Friday, August 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Rio de Janeiro, Brazil |
| | Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau | | | | | | Sun 14 Sutra 138 |
| | Simha Rasi: 11.38 | Tithi 30 – 1 | Gulika 7:32AM – 8:59AM | Magha* Until 8:39AM | Ganesha: Clear | <i>Sunrise:</i> 6:05AM | Vikarin 5121 |
| | 559193463 | Rahu | Yama 2:48PM – 4:15PM | Shiva Until 9:36AM | Muruqa: Blue | <i>Sunset:</i> 5:42PM | Moon 8 - Phase 19 |
| Routine Work | Marana Yoga | 10:26AM – 11:53AM | Bava Until 3:45AM Sat | Nataraja: Clear | | Prathama | |
| Until 8:39AM | Then Creative Work - Siddha Yoga | | Amavasya* Until 7:36AM | Moon – Red | | Sivaloka Day | |
| | | | | Bhadrapada-Avani | | | |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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| 1 | Saturday, August 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Rio de Janeiro, Brazil Sun 15 Sutra 139 |
| | Simha Rasi: 26.53 | Tithi 2 | Gulika 6:04AM – 7:31AM Yama 1:20PM – 2:48PM Rahu 8:58AM – 10:26AM | Uttaraphalguni Until 2:35AM Sun Sadhya Until 1:07AM Sun Balava Until 1:52PM Dvitiya Until 12:00AM Sun | Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red | Sunrise: 6:04AM Sunset: 5:42PM | Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani |
| Routine Work Marana Yoga Until 2:35AM Sun Then Creative Work - Amrita Yoga | | | | | | | |

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| 2 | Sunday, September 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Rio de Janeiro, Brazil Sun 16 Sutra 140 |
| | Kanya Rasi: 12.03 | Tithi 3 | Gulika 2:48PM – 4:15PM Yama 11:53AM – 1:20PM Rahu 4:15PM – 5:43PM | Hasta Until 12:06AM Mon Subha Until 9:11PM Taitila Until 10:14AM Tritiya Until 8:31PM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green | Sunrise: 6:03AM Sunset: 5:43PM | Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani |
| Creative Work Amrita Yoga Until 12:06AM Mon Then Routine Work - Prabalarishta Yoga | | | | | | | |

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| 3 | Monday, September 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau | | | | Rio de Janeiro, Brazil Sun 17 Sutra 141 |
| | Kanya Rasi: 26.58 | Tithi 4 – 5 | Gulika 1:20PM – 2:48PM Yama 10:25AM – 11:52AM Rahu 7:30AM – 8:57AM | Chitra Until 9:56PM Sukla Until 5:35PM Vanija Until 6:57AM Chaturthi* Until 5:28PM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green | Sunrise: 6:02AM Sunset: 5:43PM | Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani |
| Family Home Evening Routine Work Prabalarishta Yoga Until 9:56PM Then Creative Work - Amrita Yoga | | | | | | | |

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| 4 | Tuesday, September 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Rio de Janeiro, Brazil Sun 18 Sutra 142 |
| | Tula Rasi: 11.29 | Tithi 5 – 6 | Gulika 11:52AM – 1:20PM Yama 8:57AM – 10:24AM Rahu 2:48PM – 4:15PM | Svati Until 8:15PM Brahma Until 2:28PM Kaulava Until 2:02AM Wed Panchami Until 3:00PM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Green | Sunrise: 6:01AM Sunset: 5:43PM | Vikarin 5121 Moon 8 - Phase 20 3rd Phase Sivaloka Day Bhadrapada-Avani |
| Creative Work Siddha Yoga Until 8:15PM Then Routine Work - Marana Yoga | | | | | | | |

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| 5 | Wednesday, September 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Rio de Janeiro, Brazil Sun 19 Sutra 143 |
| | Tula Rasi: 25.34 | Tithi 6 – 7 | Gulika 10:24AM – 11:52AM Yama 7:28AM – 8:56AM Rahu 11:52AM – 1:20PM | Vishakha Until 7:35PM Indra Until 11:57AM Gara Until 12:41AM Thu Shashthi* Until 1:14PM | Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Orange | Sunrise: 6:00AM Sunset: 5:43PM | Vikarin 5121 Moon 8 - Phase 20 3rd Phase Subha Sivaloka Day Bhadrapada-Avani |
| Creative Work Siddha Yoga | | | | | | | |

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| Retreat Star | Thursday, September 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Rio de Janeiro, Brazil Sun 20 Sutra 144 |
| | Vrischika Rasi: 9.1 | Tithi 7 – 8 | Gulika 8:55AM – 10:23AM Yama 5:59AM – 7:27AM Rahu 1:20PM – 2:48PM | Anuradha Until 7:35PM Vaidhriti* Until 10:04AM Visti Until 12:08AM Fri Saptami Until 12:17PM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange | Sunrise: 5:59AM Sunset: 5:44PM | Vikarin 5121 Moon 8 - Phase 20 Ashtami Sivaloka Day Bhadrapada-Avani |
| Creative Work Siddha Yoga Until 7:35PM Then Routine Work - Prabalarishta Yoga | | | | | | | |

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| Retreat Star | Friday, September 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Rio de Janeiro, Brazil Sun 21 Sutra 145 |
| | Vrischika Rasi: 22.19 | Tithi 8 – 9 | Gulika 7:26AM – 8:55AM Yama 2:48PM – 4:16PM Rahu 10:23AM – 11:51AM | Jyeshtha* Until 8:13PM Vishkambha* Until 8:50AM Balava Until 12:25AM Sat Ashtami* Until 12:10PM | Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Orange | Sunrise: 5:58AM Sunset: 5:44PM | Vikarin 5121 Moon 8 - Phase 20 Navami Sivaloka Day Bhadrapada-Avani |
| Routine Work Marana Yoga Until 8:13PM Then Creative Work - Amrita Yoga | | | | | | | |

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| 1 | | Saturday, September 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Rio de Janeiro, Brazil Sun 22 Sutra 146 | |
| Dhanus Rasi: 5.03 | Tithi 9 – 10 | 581193463 | Gulika 5:57AM – 7:26AM Yama 1:19PM – 2:48PM Rahu 8:54AM – 10:22AM | Mula* Until 9:56PM Priti Until 8:15AM Taitila Until 1:27AM Sun Navami* Until 12:49PM | Ganesha: Green <i>Sunrise:</i> 5:57AM Muruqa: Blue <i>Sunset:</i> 5:44PM Nataraja: Clear Moon – Light Blue | Devaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase | |
| Creative Work Siddha Yoga | | | | | | | |


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| 2 | | Sunday, September 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 23 Sutra 147 | |
| Dhanus Rasi: 17.28 | Tithi 10 – 11 | 581193463 | Gulika 2:47PM – 4:16PM Yama 11:50AM – 1:19PM Rahu 4:16PM – 5:45PM | Purvashadha* Until 12:05AM Mon Ayushman Until 8:11AM Vanija Until 3:05AM Mon Dashami Until 2:10PM | Ganesha: Green <i>Sunrise:</i> 5:56AM Muruqa: Blue <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Light Blue | Devaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase | |
| Creative Work Siddha Yoga Until 12:05AM Mon Then Routine Work - Marana Yoga | | Grandparent's Day | | | | | |

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| 3 | | Monday, September 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 24 Sutra 148 | |
| Dhanus Rasi: 29.38 | Tithi 11 – 12 | 581193463 | Gulika 1:19PM – 2:47PM Yama 10:21AM – 11:50AM Rahu 7:24AM – 8:53AM | Uttarashadha Until 2:30AM Tue Saubhagya Until 8:34AM Bava Until 5:09AM Tue Ekadashi Until 4:03PM | Ganesha: Green <i>Sunrise:</i> 5:55AM Muruqa: Blue <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Light Blue | Devaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase | |
| Routine Work Marana Yoga Until 2:30AM Tue Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | | Tuesday, September 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava Karana Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 25 Sutra 149 | |
| Makara Rasi: 11.39 | Tithi 12 | 591193463 | Gulika 11:50AM – 1:19PM Yama 8:52AM – 10:21AM Rahu 2:47PM – 4:16PM | Shravana Until 5:32AM Wed Sobhana Until 9:16AM Balava Until 6:16PM Dvadashi Until 6:16PM | Ganesha: Red <i>Sunrise:</i> 5:54AM Muruqa: Blue <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Purple | Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase | |
| Creative Work Siddha Yoga Until 5:32AM Wed Then Routine Work - Prabalarishta Yoga | | | | | | | |

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| 5 | | Wednesday, September 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 26 Sutra 150 | |
| Makara Rasi: 23.33 | Tithi 13 | 591193463 | Gulika 10:20AM – 11:49AM Yama 7:22AM – 8:51AM Rahu 11:49AM – 1:18PM | Dhanishtha Until 8:31AM Thu Athiganda* Until 10:07AM Kaulava Until 7:29AM Trayodashi Until 8:41PM | Ganesha: Red <i>Sunrise:</i> 5:53AM Muruqa: Blue <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Purple | Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase | |
| Routine Work Prabalarishta Yoga Until 8:31AM Thu Then Creative Work - Siddha Yoga | | | | Pradosha Vrata | | | |

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| 6 | | Thursday, September 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 27 Sutra 151 | |
| Kumbha Rasi: 5.25 | Tithi 14 | 591193463 | Gulika 8:51AM – 10:20AM Yama 5:52AM – 7:22AM Rahu 1:18PM – 2:47PM | Dhanishtha Until 8:31AM Sukarma Until 11:04AM Gara Until 9:57AM Chaturdashi* Until 11:09PM | Ganesha: Red <i>Sunrise:</i> 5:52AM Muruqa: Blue <i>Sunset:</i> 5:46PM Nataraja: Clear Moon – Purple | Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 4th Phase | |
| Creative Work Siddha Yoga | | Chidambaram Abhishekam | | | | | |

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|  | | Friday, September 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau | | Rio de Janeiro, Brazil Sun 28 Sutra 152 | |
| Copper Retreat Star | | | | | | | |
| Kumbha Rasi: 17.16 | Tithi 15 | 591113463 | Gulika 7:21AM – 8:50AM Yama 2:47PM – 4:17PM Rahu 10:19AM – 11:49AM | Shatabhishak Until 11:20AM Dhriti Until 12:01PM Visti Until 12:24PM Purnima* Until 1:36AM Sat | Ganesha: Red <i>Sunrise:</i> 5:51AM Muruqa: Purple <i>Sunset:</i> 5:46PM Nataraja: Clear Moon – Purple | Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 Purnima | |
| Creative Work Siddha Yoga | | | | | | | |

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| 7 | | Saturday, September 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau | | Rio de Janeiro, Brazil Sun 29 Sutra 153 | |
| Silver Retreat Star | | | | | | | |
| Kumbha Rasi: 29.08 | Tithi 16 | 511113463 | Gulika 5:50AM – 7:20AM Yama 1:18PM – 2:47PM Rahu 8:49AM – 10:19AM | Purvaprosarthapada* Until 2:25PM Shula* Until 12:53PM Balava Until 2:48PM Prathama* Until 3:55AM Sun | Ganesha: Red <i>Sunrise:</i> 5:50AM Muruqa: Purple <i>Sunset:</i> 5:46PM Nataraja: Clear Moon – Clear | Sivaloka Day Vikarin 5121 Moon 8 - Phase 21 Prathama | |
| Routine Work Marana Yoga Until 2:25PM Then Creative Work - Siddha Yoga | | | | | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Dvityayam Titau

Rio de Janeiro, Brazil
Sutra 154
Vikarin 5121

Meena Rasi: 11.04 Tithi 17

512113463

Gulika 2:47PM – 4:17PM
Yama 11:48AM – 1:18PM
Rahu 4:17PM – 5:47PM

Uttaraproshtapada Until 5:13PM
Ganda* Until 1:40PM
Taitila Until 5:03PM
Dvitiya Until 6:05AM Mon

Ganesha: Yellow *Sunrise: 5:49AM*
Muruqa: Purple *Sunset: 5:47PM*
Nataraja: Clear
Moon – Clear

Sivaloka Day

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rio de Janeiro, Brazil
Sun 1 Sutra 155
Vikarin 5121

Meena Rasi: 23.03 Tithi 17 – 18

512113463

Gulika 1:17PM – 2:47PM
Yama 10:18AM – 11:48AM
Rahu 7:18AM – 8:48AM

Revati Until 7:39PM
Vridhhi Until 2:20PM
Vanija Until 7:06PM
Dvitiya Until 6:05AM

Ganesha: Yellow *Sunrise: 5:48AM*
Muruqa: Purple *Sunset: 5:47PM*
Nataraja: Clear
Moon – Clear

Sivaloka Day

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rio de Janeiro, Brazil
Sun 2 Sutra 156
Vikarin 5121

Mesha Rasi: 5.07 Tithi 18 – 19

522113463

Gulika 11:47AM – 1:17PM
Yama 8:47AM – 10:17AM
Rahu 2:47PM – 4:17PM

Ashvini Until 10:11PM
Dhruva Until 2:46PM
Bava Until 8:55PM
Tritiya Until 8:02AM

Ganesha: White *Sunrise: 5:47AM*
Muruqa: Purple *Sunset: 5:47PM*
Nataraja: Clear
Moon – White

Devaloka Day

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rio de Janeiro, Brazil
Sun 3 Sutra 157
Vikarin 5121

Mesha Rasi: 17.19 Tithi 19 – 20

522113463

Gulika 10:17AM – 11:47AM
Yama 7:17AM – 8:47AM
Rahu 11:47AM – 1:17PM

Bharani Until 12:13AM Thu
Vyaghata* Until 2:59PM
Kaulava Until 10:23PM
Chaturthi* Until 9:41AM

Ganesha: White *Sunrise: 5:46AM*
Muruqa: Purple *Sunset: 5:47PM*
Nataraja: Clear
Moon – White

Devaloka Day

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Until 12:13AM Thu
Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra*/Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rio de Janeiro, Brazil
Sun 4 Sutra 158
Vikarin 5121

Mesha Rasi: 29.39 Tithi 20 – 21

522113463

Gulika 8:46AM – 10:16AM
Yama 5:45AM – 7:16AM
Rahu 1:17PM – 2:47PM

Krittika Until 1:39AM Fri
Harshana Until 2:55PM
Gara Until 11:26PM
Panchami Until 10:57AM

Ganesha: White *Sunrise: 5:45AM*
Muruqa: Purple *Sunset: 5:48PM*
Nataraja: Clear
Moon – White

Devaloka Day

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti*/Karana Shashthi/Saptamyam Titau

Rio de Janeiro, Brazil
Sun 5 Sutra 159
Vikarin 5121

Vrshabha Rasi: 12.11 Tithi 21 – 22

532113463

Gulika 7:15AM – 8:45AM
Yama 2:47PM – 4:18PM
Rahu 10:16AM – 11:46AM

Rohini Until 2:52AM Sat
Vajra* Until 2:24PM
Visti Until 11:55PM
Shashthi* Until 11:44AM

Ganesha: Clear *Sunrise: 5:44AM*
Muruqa: Purple *Sunset: 5:48PM*
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Until 2:52AM Sat
Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata*/Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rio de Janeiro, Brazil
Sun 6 Sutra 160
Vikarin 5121

Vrshabha Rasi: 25.01 Tithi 22 – 23

532113463

Gulika 5:43AM – 7:14AM
Yama 1:16PM – 2:47PM
Rahu 8:45AM – 10:15AM

Mrigashira Until 3:17AM Sun
Siddhi Until 1:26PM
Balava Until 11:45PM
Saptami Until 11:54AM

Ganesha: Clear *Sunrise: 5:43AM*
Muruqa: Purple *Sunset: 5:48PM*
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rio de Janeiro, Brazil
Sun 7 Sutra 161
Vikarin 5121

Mithuna Rasi: 8.1 Tithi 23 – 24

532213463

Gulika 2:47PM – 4:18PM
Yama 11:45AM – 1:16PM
Rahu 4:18PM – 5:49PM

Ardra Until 2:50AM Mon
Vyatipata* Until 11:55AM
Taitila Until 10:52PM
Ashtami* Until 11:23AM

Ganesha: Orange *Sunrise: 5:42AM*
Muruqa: Purple *Sunset: 5:49PM*
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Moon 9 - Phase 22
Navami

Creative Work Siddha Yoga

Until 2:50AM Mon
Then Creative Work - Amrita Yoga


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|-----------------------------------|---|---|---|---|
| Monday, September 23, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau | | Rio de Janeiro, Brazil Sun 8 Sutra 162 Vikarin 5121 |
| 1 | Mithuna Rasi: 21.43 Tithi 24 – 25 Family Home Evening Creative Work Amrita Yoga Until 1:59AM Tue Then Creative Work - Siddha Yoga | Gulika 1:16PM – 2:47PM Yama 10:14AM – 11:45AM Rahu 7:12AM – 8:43AM | Punarvasu Until 1:59AM Tue Variyan Until 9:48AM Vanija Until 9:16PM Navami* Until 10:08AM | Ganesha: Light Blue <i>Sunrise:</i> 5:41AM Muruqa: Purple <i>Sunset:</i> 5:49PM Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi |

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|------------------------------------|--|---|---|---|
| Tuesday, September 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha* Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 9 Sutra 163 Vikarin 5121 |
| 2 | Kataka Rasi: 5.42 Tithi 25 – 26 Creative Work Siddha Yoga | Gulika 11:45AM – 1:16PM Yama 8:43AM – 10:14AM Rahu 2:47PM – 4:18PM | Pushya Until 12:18AM Wed Parigha* Until 7:08AM Bava Until 6:59PM Dashami Until 8:11AM | Ganesha: Light Blue <i>Sunrise:</i> 5:40AM Muruqa: Purple <i>Sunset:</i> 5:49PM Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi |

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|--------------------------------------|--|--|---|---|
| Wednesday, September 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 10 Sutra 164 Vikarin 5121 |
| 3 | Kataka Rasi: 20.07 Tithi 27 Creative Work Siddha Yoga | Gulika 10:13AM – 11:44AM Yama 7:11AM – 8:42AM Rahu 11:44AM – 1:16PM | Ashlesha* Until 9:57PM Siddha Until 12:17AM Thu Kaulava Until 4:07PM Dvadashi* Until 2:29AM Thu | Ganesha: Light Blue <i>Sunrise:</i> 5:39AM Muruqa: Purple <i>Sunset:</i> 5:49PM Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi |

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|-------------------------------------|--|--|---|--|
| Thursday, September 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 11 Sutra 165 Vikarin 5121 |
| 4 | Simha Rasi: 4.55 Tithi 28 Creative Work Amrita Yoga Until 7:26PM Then Creative Work - Siddha Yoga | Gulika 8:41AM – 10:13AM Yama 5:38AM – 7:10AM Rahu 1:16PM – 2:47PM | Magha* Until 7:26PM Sadhya Until 8:18PM Gara Until 12:47PM Trayodashi* Until 10:59PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Purple <i>Sunrise:</i> 5:38AM Muruqa: Purple <i>Sunset:</i> 5:50PM Nataraja: Clear Moon – Red Devaloka Day Bhadrapada-Puratasi |

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|-----------------------------------|---|--|---|--|
| Friday, September 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 12 Sutra 166 Vikarin 5121 |
| 5 | Simha Rasi: 19.59 Tithi 29 Creative Work Siddha Yoga | Gulika 7:09AM – 8:41AM Yama 2:47PM – 4:18PM Rahu 10:12AM – 11:44AM | Purvaphalguni Until 4:31PM Subha Until 4:07PM Visti* Until 9:09AM Chaturdashi* Until 7:15PM | Ganesha: Purple <i>Sunrise:</i> 5:37AM Muruqa: Purple <i>Sunset:</i> 5:50PM Nataraja: Clear Moon – Red Devaloka Day Bhadrapada-Puratasi |

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| Saturday, September 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Rio de Janeiro, Brazil Sun 13 Sutra 167 Vikarin 5121 |
|  | Retreat Star Kanya Rasi: 5.13 Tithi 30 – 1 Routine Work Marana Yoga | Gulika 5:36AM – 7:08AM Yama 1:15PM – 2:47PM Rahu 8:40AM – 10:12AM Mahalaya Amavasai (Tamil Nadu) | Uttaraphalguni Until 1:24PM Sukla Until 11:51AM Kintughna Until 1:37AM Sun Amavasya* Until 3:28PM | Ganesha: Purple <i>Sunrise:</i> 5:36AM Muruqa: Purple <i>Sunset:</i> 5:50PM Nataraja: Clear Moon – Red Devaloka Day Bhadrapada-Puratasi |

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|--|---|--|---|--|
| Sunday, September 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Rio de Janeiro, Brazil Sun 14 Sutra 168 Vikarin 5121 |
| Retreat Star Kanya Rasi: 20.24 Tithi 1 – 2 Creative Work Amrita Yoga Until 10:39AM Then Creative Work - Siddha Yoga | Gulika 2:47PM – 4:19PM Yama 11:43AM – 1:15PM Rahu 4:19PM – 5:51PM Navaratri Begins | Hasta Until 10:39AM Brahma Until 7:39AM Balava Until 10:04PM Prathama* Until 11:47AM | Ganesha: Light Blue <i>Sunrise:</i> 5:36AM Muruqa: Purple <i>Sunset:</i> 5:51PM Nataraja: Clear Moon – Green Devaloka Day Ashvina-Puratasi | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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|-----------------------------------|-------------|---|------------------------------|--|
| Monday, September 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhrili* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau | | Rio de Janeiro, Brazil Sun 15 Sutra 169 Vikarin 5121 |
| 1 | | Gulika 1:15PM – 2:47PM | Chitra Until 8:02AM | Ganesha: Light Blue <i>Sunrise:</i> 5:35AM |
| Tula Rasi: 5.24 | Tithi 2 – 3 | Yama 10:11AM – 11:43AM | Vaidhrili* Until 12:03AM Tue | Muruqa: Purple <i>Sunset:</i> 5:51PM |
| Family Home Evening | 663213463 | Rahu 7:07AM – 8:39AM | Taitila Until 6:54PM | Nataraja: Clear |
| Routine Work Prabalarishta Yoga | | | Dvitiya Until 8:24AM | Moon – Green |
| Until 8:02AM | | | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi |

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|----------------------------------|-----------|---|----------------------------------|--|
| Tuesday, October 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturtham Titau | | Rio de Janeiro, Brazil Sun 16 Sutra 170 Vikarin 5121 |
| 2 | | Gulika 11:42AM – 1:15PM | Vishakha Until 4:23AM Wed | Ganesha: Purple <i>Sunrise:</i> 5:34AM |
| Tula Rasi: 20.03 | Tithi 4 | Yama 8:38AM – 10:10AM | Vishkambha* Until 8:54PM | Muruqa: Purple <i>Sunset:</i> 5:51PM |
| | 673213463 | Rahu 2:47PM – 4:19PM | Vanija Until 4:17PM | Nataraja: Clear |
| Routine Work Marana Yoga | | | Chaturthi* Until 3:13AM Wed | Moon 9 - Phase 24 |
| Until 4:23AM Wed | | | | 3rd Phase |
| Then Creative Work - Siddha Yoga | | | | Devaloka Day |
| | | | | Ashvina+Puratasi |

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|--|-----------|--|----------------------------------|--|
| Wednesday, October 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau | | Rio de Janeiro, Brazil Sun 17 Sutra 171 Vikarin 5121 |
| 3 | | Gulika 10:10AM – 11:42AM | Anuradha Until 3:38AM Thu | Ganesha: Purple <i>Sunrise:</i> 5:33AM |
| Vrischika Rasi: 4.16 | Tithi 5 | Yama 7:05AM – 8:37AM | Priti Until 6:22PM | Muruqa: Purple <i>Sunset:</i> 5:52PM |
| | 673213463 | Rahu 11:42AM – 1:14PM | Bava Until 2:22PM | Nataraja: Clear |
| Creative Work Siddha Yoga | | | Panchami Until 1:42AM Thu | Moon – Orange |
| Until 3:38AM Thu | | | | Devaloka Day |
| Then Routine Work - Prabalarishta Yoga | | | | Ashvina+Puratasi |

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|----------------------------------|-----------|--|-----------------------------------|--|
| Thursday, October 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashtham Titau | | Rio de Janeiro, Brazil Sun 18 Sutra 172 Vikarin 5121 |
| 4 | | Gulika 8:37AM – 10:09AM | Jyeshtha* Until 3:36AM Fri | Ganesha: Purple <i>Sunrise:</i> 5:32AM |
| Vrischika Rasi: 17.59 | Tithi 6 | Yama 5:32AM – 7:04AM | Ayushman Until 4:29PM | Muruqa: Purple <i>Sunset:</i> 5:52PM |
| | 673213463 | Rahu 1:14PM – 2:47PM | Kaulava Until 1:17PM | Nataraja: Clear |
| Routine Work Prabalarishta Yoga | | | Shashthi* Until 1:03AM Fri | Moon – Orange |
| Until 3:36AM Fri | | | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi |

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|----------------------------------|-----------|--|-------------------------------|--|
| Friday, October 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau | | Rio de Janeiro, Brazil Sun 19 Sutra 173 Vikarin 5121 |
| 5 | | Gulika 7:03AM – 8:36AM | Mula* Until 4:45AM Sat | Ganesha: Clear <i>Sunrise:</i> 5:31AM |
| Dhanus Rasi: 1.12 | Tithi 7 | Yama 2:47PM – 4:20PM | Saubhagya Until 3:19PM | Muruqa: Purple <i>Sunset:</i> 5:52PM |
| | 683213463 | Rahu 10:09AM – 11:41AM | Gara Until 1:06PM | Nataraja: Clear |
| Creative Work Amrita Yoga | | | Saptami Until 1:19AM Sat | Moon – Light Blue |
| Until 4:45AM Sat | | | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Ashvina+Puratasi |

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|----------------------------------|-----------|---|--------------------------------------|--|
| Saturday, October 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vistil*/Bava Karana Ashtamyam Titau | | Rio de Janeiro, Brazil Sun 20 Sutra 174 Vikarin 5121 |
| Retreat Star | | Gulika 5:30AM – 7:03AM | Purvashadha* Until 6:32AM Sun | Ganesha: Clear <i>Sunrise:</i> 5:30AM |
| Dhanus Rasi: 13.59 | Tithi 8 | Yama 1:14PM – 2:47PM | Sobhana Until 2:51PM | Muruqa: Purple <i>Sunset:</i> 5:53PM |
| | 683213463 | Rahu 8:35AM – 10:08AM | Vistil* Until 1:47PM | Nataraja: Clear |
| Creative Work Siddha Yoga | | | Ashtami* Until 2:24AM Sun | Moon – Light Blue |
| Until 6:32AM Sun | | | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi |

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|----------------------------------|-----------|---|----------------------------------|--|
| Sunday, October 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau | | Rio de Janeiro, Brazil Sun 21 Sutra 175 Vikarin 5121 |
| Retreat Star | | Gulika 2:47PM – 4:20PM | Purvashadha* Until 6:32AM | Ganesha: Clear <i>Sunrise:</i> 5:29AM |
| Dhanus Rasi: 26.23 | Tithi 9 | Yama 11:41AM – 1:14PM | Athiganda* Until 2:55PM | Muruqa: Purple <i>Sunset:</i> 5:53PM |
| | 683213463 | Rahu 4:20PM – 5:53PM | Balava Until 3:14PM | Nataraja: Clear |
| Creative Work Siddha Yoga | | | Navami* Until 4:11AM Mon | Moon – Light Blue |
| Until 6:32AM | | | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi |

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|----------------------------------|-----------|---|----------------------------------|--|
| Monday, October 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau | | Rio de Janeiro, Brazil Sun 22 Sutra 176 Vikarin 5121 |
| 1 | | Gulika 1:14PM – 2:47PM | Uttarashadha Until 8:46AM | Ganesha: Clear <i>Sunrise:</i> 5:28AM |
| Makara Rasi: 8.31 | Tithi 10 | Yama 10:07AM – 11:41AM | Sukarma Until 3:28PM | Muruqa: Purple <i>Sunset:</i> 5:53PM |
| Family Home Evening | 683213463 | Rahu 7:01AM – 8:34AM | Taitila Until 5:17PM | Nataraja: Clear |
| Routine Work Marana Yoga | | | | Moon – Light Blue |
| Until 8:46AM | | | Dashami Until 6:25AM Tue | Ashvina+Puratasi |
| Then Creative Work - Amrita Yoga | | | | Sivaloka Day |

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|---------------------------------|---------------|---|-------------------------------|--|
| Tuesday, October 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 23 Sutra 177 Vikarin 5121 |
| 2 | | Gulika 11:40AM – 1:14PM | Shravana Until 11:45AM | Ganesha: White <i>Sunrise:</i> 5:27AM |
| Makara Rasi: 20.28 | Tithi 10 – 11 | Yama 8:34AM – 10:07AM | Dhriti Until 4:18PM | Muruqa: Purple <i>Sunset:</i> 5:54PM |
| Family Home Evening | 693213464 | Rahu 2:47PM – 4:20PM | Vanija Until 7:40PM | Nataraja: Purple |
| Creative Work Siddha Yoga | | | | Moon – Purple |
| | | Vijaya Dasami | Dashami Until 6:25AM | Ashvina+Puratasi |
| | | | | Sivaloka Day |

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|-----------------------------------|---------------|---|--------------------------------|--|
| Wednesday, October 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 24 Sutra 178 Vikarin 5121 |
| 3 | | Gulika 10:07AM – 11:40AM | Dhanishtha Until 2:46PM | Ganesha: White <i>Sunrise:</i> 5:26AM |
| Kumbha Rasi: 2.2 | Tithi 11 – 12 | Yama 6:59AM – 8:33AM | Shula* Until 5:13PM | Muruqa: Purple <i>Sunset:</i> 5:54PM |
| Family Home Evening | 693213464 | Rahu 11:40AM – 1:14PM | Bava Until 10:13PM | Nataraja: Purple |
| Routine Work Prabalarishta Yoga | | | | Moon – Purple |
| Until 2:46PM | | Kadaitswami Mahasamadhi | Ekadashi Until 8:55AM | Ashvina+Puratasi |
| Then Creative Work - Siddha Yoga | | | | Sivaloka Day |

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|-----------------------------------|---------------|--|----------------------------------|--|
| Thursday, October 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 25 Sutra 179 Vikarin 5121 |
| 4 | | Gulika 8:32AM – 10:06AM | Shatabhishak Until 5:36PM | Ganesha: White <i>Sunrise:</i> 5:25AM |
| Kumbha Rasi: 14.1 | Tithi 12 – 13 | Yama 5:25AM – 6:59AM | Ganda* Until 6:09PM | Muruqa: Purple <i>Sunset:</i> 5:54PM |
| Family Home Evening | 693213464 | Rahu 1:13PM – 2:47PM | Kaulava Until 12:43AM Fri | Nataraja: Purple |
| Creative Work Siddha Yoga | | | | Moon – Purple |
| | | | Dvadashi Until 11:27AM | Ashvina+Puratasi |
| | | | | Sivaloka Day |

Pradosha Vrata

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|---------------------------------|---------------|--|---------------------------------------|--|
| Friday, October 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 26 Sutra 180 Vikarin 5121 |
| 5 | | Gulika 6:58AM – 8:32AM | Purvaproshtapada* Until 8:40PM | Ganesha: Blue <i>Sunrise:</i> 5:24AM |
| Kumbha Rasi: 26.02 | Tithi 13 – 14 | Yama 2:47PM – 4:21PM | Vriddhi Until 7:00PM | Muruqa: Purple <i>Sunset:</i> 5:55PM |
| Family Home Evening | 613213464 | Rahu 10:06AM – 11:40AM | Gara Until 3:04AM Sat | Nataraja: Purple |
| Creative Work Siddha Yoga | | | | Moon – Clear |
| | | Chidambaram Abhishekam | Trayodashi Until 1:53PM | Ashvina+Puratasi |
| | | | | Sivaloka Day |

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|--|---------------|---|--|--|
| Saturday, October 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau | | Rio de Janeiro, Brazil Sun 27 Sutra 181 Vikarin 5121 |
| 6 | | Gulika 5:23AM – 6:57AM | Uttaraproshtapada Until 11:21PM | Ganesha: Blue <i>Sunrise:</i> 5:23AM |
| Meena Rasi: 7.58 | Tithi 14 – 15 | Yama 1:13PM – 2:47PM | Dhruva Until 7:40PM | Muruqa: Purple <i>Sunset:</i> 5:55PM |
| Family Home Evening | 613213464 | Rahu 8:31AM – 10:05AM | Vistil* Until 5:11AM Sun | Nataraja: Purple |
| Creative Work Siddha Yoga | | | | Moon – Clear |
| Until 11:21PM | | | Chaturdashi* Until 4:08PM | Ashvina+Puratasi |
| Then Routine Work - Prabalarishta Yoga | | | | Sivaloka Day |

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|----------------------------------|-----------|---|--------------------------------|---|
| Sunday, October 13, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava Karana Purnimayam Titau | | Rio de Janeiro, Brazil Sutra 182 Vikarin 5121 |
| ○ | | Gulika 2:47PM – 4:21PM | Revati Until 1:38AM Mon | Ganesha: Yellow <i>Sunrise:</i> 5:22AM |
| Meena Rasi: 19.59 | Tithi 15 | Yama 11:39AM – 1:13PM | Vyaghata* Until 8:08PM | Muruqa: Purple <i>Sunset:</i> 5:56PM |
| Copper Retreat Star | 614213464 | Rahu 4:21PM – 5:56PM | Bava Until 6:07PM | Nataraja: Purple |
| Creative Work Amrita Yoga | | | | Moon – Clear |
| Until 1:38AM Mon | | | Purnima* Until 6:07PM | Ashvina+Puratasi |
| Then Creative Work - Siddha Yoga | | | | Subha Sivaloka Day |

| | | | | |
|---------------------------------|-----------|---|---------------------------------|---|
| Monday, October 14, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau | | Rio de Janeiro, Brazil Sutra 183 Vikarin 5121 |
| ○ | | Gulika 1:13PM – 2:47PM | Ashvini Until 3:57AM Tue | Ganesha: White <i>Sunrise:</i> 5:22AM |
| Mesha Rasi: 2.07 | Tithi 16 | Yama 10:04AM – 11:39AM | Harshana Until 8:25PM | Muruqa: Purple <i>Sunset:</i> 5:56PM |
| Silver Retreat Star | 624213464 | Rahu 6:56AM – 8:30AM | Balava Until 7:02AM | Nataraja: Purple |
| Creative Work Siddha Yoga | | | | Moon – White |
| | | | Prathama* Until 7:50PM | Ashvina+Puratasi |
| | | | | Subha Subha Sivaloka Day |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Rio de Janeiro, Brazil

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 14.23 Tithi 17

624213464

Gulika 11:39AM – 1:13PM
Yama 8:30AM – 10:04AM
Rahu 2:47PM – 4:22PM

Bharani Until 5:48AM Wed
Vajra* Until 8:25PM
Taitila Until 8:35AM
Dvitiya Until 9:13PM

Ganesha: White *Sunrise:* 5:21AM
Muruqa: Purple *Sunset:* 5:56PM
Nataraja: Purple
Moon – White **Subha Subha Sivaloka Day**
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 5:48AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Rio de Janeiro, Brazil

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 26.46 Tithi 18

624213464

Gulika 10:04AM – 11:38AM
Yama 6:54AM – 8:29AM
Rahu 11:38AM – 1:13PM

Krittika Until 7:09AM Thu
Siddhi Until 8:11PM
Vanija Until 9:49AM
Tritiya Until 10:17PM

Ganesha: White *Sunrise:* 5:20AM
Muruqa: Purple *Sunset:* 5:57PM
Nataraja: Purple
Moon – White **Subha Subha Sivaloka Day**
Ashvina+Puratasi

Creative Work Amrita Yoga

Until 7:09AM Thu

Then Routine Work - Marana Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Rio de Janeiro, Brazil

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 9.18 Tithi 19

624313464

Gulika 8:29AM – 10:03AM
Yama 5:19AM – 6:54AM
Rahu 1:13PM – 2:48PM

Krittika Until 7:09AM
Vyatipata* Until 7:40PM
Bava Until 10:42AM
Chaturthi* Until 10:58PM

Ganesha: Yellow *Sunrise:* 5:19AM
Muruqa: Purple *Sunset:* 5:57PM
Nataraja: Purple
Moon – White **Subha Sivaloka Day**
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Rio de Janeiro, Brazil

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 22.01 Tithi 20

634313464

Gulika 6:53AM – 8:28AM
Yama 2:48PM – 4:23PM
Rahu 10:03AM – 11:38AM

Rohini Until 8:27AM
Variyan Until 6:49PM
Kaulava Until 11:11AM
Panchami Until 11:14PM

Ganesha: White *Sunrise:* 5:18AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina+Aipasi

Routine Work Marana Yoga

Until 8:27AM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Rio de Janeiro, Brazil

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 4.56 Tithi 21

634313464

Gulika 5:17AM – 6:52AM
Yama 1:13PM – 2:48PM
Rahu 8:28AM – 10:03AM

Mrigashira Until 9:09AM
Parigha* Until 5:36PM
Gara Until 11:13AM
Shashthi* Until 11:01PM

Ganesha: White *Sunrise:* 5:17AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Rio de Janeiro, Brazil

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 18.07 Tithi 22

634313464

Gulika 2:48PM – 4:23PM
Yama 11:38AM – 1:13PM
Rahu 4:23PM – 5:59PM

Ardra Until 9:12AM
Shiva Until 3:59PM
Visti Until 10:44AM
Saptami Until 10:15PM

Ganesha: White *Sunrise:* 5:17AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Rio de Janeiro, Brazil

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Kataka Rasi: 2 Tithi 23

644313464

Gulika 1:13PM – 2:48PM
Yama 10:02AM – 11:37AM
Rahu 6:51AM – 8:27AM

Punarvasu Until 9:01AM
Siddha Until 1:54PM
Balava Until 9:41AM
Ashtami* Until 8:56PM

Ganesha: Clear *Sunrise:* 5:16AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Purple
Moon – Blue **Subha Sivaloka Day**
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 9:01AM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Rio de Janeiro, Brazil

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 15.25 Tithi 24

644313464

Gulika 11:37AM – 1:13PM
Yama 8:26AM – 10:02AM
Rahu 2:48PM – 4:24PM

Pushya Until 8:07AM
Sadhya Until 11:21AM
Taitila Until 8:04AM
Navami* Until 7:02PM

Ganesha: Clear *Sunrise:* 5:15AM
Muruqa: Purple *Sunset:* 6:00PM
Nataraja: Purple
Moon – Blue **Subha Sivaloka Day**
Ashvina+Aipasi

Creative Work Siddha Yoga

| | | | | | | | |
|----------|------------------------------------|---------------|--|-------------------|---|--|---|
| 1 | Wednesday, October 23, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* /Magha* Nakshatra Subha/Sukla Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau | | | | Rio de Janeiro, Brazil Sun 9 Sutra 192 |
| | Kataka Rasi: 29.35 | Tithi 25 – 26 | Gulika | 10:01AM – 11:37AM | Ashlesha* Until 6:32AM | Ganesha: Clear | Sunrise: 5:14AM Vikarin 5121 |
| | | | Yama | 6:50AM – 8:26AM | Subha Until 8:24AM | Muruqa: Purple | Sunset: 6:00PM Moon 10 - Phase 27 |
| | Creative Work | Siddha Yoga | 644313464 Rahu | 11:37AM – 1:13PM | Bava Until 3:16AM Thu Dashami Until 4:38PM | Nataraja: Purple Moon – Blue | 2nd Phase Subha Sivaloka Day |

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|----------|-----------------------------------|---------------|--|------------------|---|---------------------------------------|--|
| 2 | Thursday, October 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Rio de Janeiro, Brazil Sun 10 Sutra 193 |
| | Simha Rasi: 14.05 | Tithi 26 – 27 | Gulika | 8:25AM – 10:01AM | Purvaphalguni Until 2:27AM Fri | Ganesha: Purple | Sunrise: 5:13AM Vikarin 5121 |
| | | | Yama | 5:13AM – 6:49AM | Brahma Until 1:22AM Fri | Muruqa: Purple | Sunset: 6:00PM Moon 10 - Phase 27 |
| | Creative Work | Siddha Yoga | 654313464 Rahu | 1:13PM – 2:49PM | Kaulava Until 12:15AM Fri Ekadashi* Until 1:47PM | Nataraja: Purple Moon – Red | 2nd Phase Sivaloka Day |

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|----------|---------------------------------|---------------|---|-------------------|--|---------------------------------------|--|
| 3 | Friday, October 25, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Rio de Janeiro, Brazil Sun 11 Sutra 194 |
| | Simha Rasi: 28.5 | Tithi 27 – 28 | Gulika | 6:49AM – 8:25AM | Uttaraphalguni Until 11:48PM | Ganesha: Clear | Sunrise: 5:13AM Vikarin 5121 |
| | | | Yama | 2:49PM – 4:25PM | Indra Until 9:31PM | Muruqa: Purple | Sunset: 6:01PM Moon 10 - Phase 27 |
| | Creative Work | Siddha Yoga | 655313464 Rahu | 10:01AM – 11:37AM | Gara Until 8:59PM Dvadashi* Until 10:38AM | Nataraja: Purple Moon – Red | 2nd Phase Subha Sivaloka Day |

Pradosha Vrata (Fasting)

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|----------|-----------------------------------|---------------|---|------------------|---|---|--|
| 4 | Saturday, October 26, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Sakuni* Karana Trayodashi/Chaturdashyam Titau | | | | Rio de Janeiro, Brazil Sun 12 Sutra 195 |
| | Kanya Rasi: 13.46 | Tithi 28 – 29 | Gulika | 5:12AM – 6:48AM | Hasta Until 9:19PM | Ganesha: Orange | Sunrise: 5:12AM Vikarin 5121 |
| | | | Yama | 1:13PM – 2:49PM | Vaidhriti* Until 5:34PM | Muruqa: Purple | Sunset: 6:01PM Moon 10 - Phase 27 |
| | Routine Work | Marana Yoga | 665313464 Rahu | 8:24AM – 10:01AM | Sakuni Until 3:55AM Sun Trayodashi* Until 7:17AM | Nataraja: Purple Moon – Green | 2nd Phase Subha Sivaloka Day |

Deepavali Hindu Solidarity Day

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|--|---------------------------------|-------------|---|------------------|---|---|--|
| | Sunday, October 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Rio de Janeiro, Brazil Sun 13 Sutra 196 |
| | Retreat Star | | Gulika | 2:49PM – 4:26PM | Chitra Until 6:48PM | Ganesha: Orange | Sunrise: 5:11AM Vikarin 5121 |
| | Kanya Rasi: 28.43 | Tithi 30 | Yama | 11:37AM – 1:13PM | Vishkambha* Until 1:40PM | Muruqa: Purple | Sunset: 6:02PM Moon 10 - Phase 27 |
| | Creative Work | Siddha Yoga | 665313464 Rahu | 4:26PM – 6:02PM | Catuspada Until 2:18PM Amavasya* Until 12:42AM Mon | Nataraja: Purple Moon – Green | Amavasya Subha Sivaloka Day |

Subramuniyaswami Mahasamadhi

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|---------------------------------|----------------------------|-------------|--|-------------------|---|---|--|
| Monday, October 28, 2019 | Retreat Star | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Rio de Janeiro, Brazil Sun 14 Sutra 197 |
| | Family Home Evening | | Gulika | 1:13PM – 2:50PM | Svati Until 4:24PM | Ganesha: Orange | Sunrise: 5:11AM Vikarin 5121 |
| | Tula Rasi: 13.33 | Tithi 1 | Yama | 10:00AM – 11:37AM | Priti Until 9:57AM | Muruqa: Purple | Sunset: 6:02PM Moon 10 - Phase 27 |
| | Creative Work | Amrita Yoga | 665313464 Rahu | 6:47AM – 8:24AM | Kintughna Until 11:12AM Prathama* Until 9:47PM | Nataraja: Purple Moon – Green | Prathama Subha Sivaloka Day |

Skanda Shasthi Begins

Kartika-Aipasi

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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|----------------------------------|-------------|---------------------------------------|------------------------------|--|------------------------|--|--------------------|
| 1 | | Tuesday, October 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Rio de Janeiro, Brazil Sun 15 Sutra 198 | |
| Tula Rasi: 28.07 | Tithi 2 | Gulika 11:36AM – 1:13PM | Vishakha Until 2:42PM | Ganesha: Clear | <i>Sunrise:</i> 5:10AM | | Vikarin 5121 |
| | | Yama 8:23AM – 10:00AM | Ayushman Until 6:32AM | Muruqa: Purple | <i>Sunset:</i> 6:03PM | | Moon 10 - Phase 28 |
| | | 675313464 Rahu 2:50PM – 4:26PM | Balava Until 8:31AM | Nataraja: Purple | | | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 7:21PM | Moon – Orange | | Subha Sivaloka Day | |
| Until 2:42PM | | | | | | Kartika•Aipasi | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|----------------------|-------------|--|------------------------------|--|------------------------|--|--------------------|
| 2 | | Wednesday, October 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Taitila/Vanija Karana Tritiya/Chaturthayam Titau | | Rio de Janeiro, Brazil Sun 16 Sutra 199 | |
| Vischika Rasi: 12.19 | Tithi 3 – 4 | Gulika 10:00AM – 11:36AM | Anuradha Until 1:29PM | Ganesha: Clear | <i>Sunrise:</i> 5:09AM | | Vikarin 5121 |
| | | Yama 6:46AM – 8:23AM | Sobhana Until 1:11AM Thu | Muruqa: Purple | <i>Sunset:</i> 6:04PM | | Moon 10 - Phase 28 |
| | | 675313464 Rahu 11:36AM – 1:13PM | Taitila Until 6:22AM | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 5:33PM | Moon – Orange | | Subha Sivaloka Day | |
| | | | | | | Kartika•Aipasi | |

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| 3 | | Thursday, October 31, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Rio de Janeiro, Brazil Sun 17 Sutra 200 | |
| Vischika Rasi: 26.04 | Tithi 4 – 5 | Gulika 8:22AM – 9:59AM | Jyeshtha* Until 12:51PM | Ganesha: Clear | <i>Sunrise:</i> 5:09AM | | Vikarin 5121 |
| | | Yama 5:09AM – 6:46AM | Athiganda* Until 11:24PM | Muruqa: Purple | <i>Sunset:</i> 6:04PM | | Moon 10 - Phase 28 |
| | | 675313464 Rahu 1:13PM – 2:50PM | Bava Until 4:21AM Fri | Nataraja: Purple | | | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Chaturthi* Until 4:31PM | Moon – Orange | | Subha Sivaloka Day | |
| Until 12:51PM | | | | | | Kartika•Aipasi | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|--|-------------|--|------------------------------|---|------------------------|--|--------------------|
| 4 | | Friday, November 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Rio de Janeiro, Brazil Sun 18 Sutra 201 | |
| Dhanus Rasi: 9.21 | Tithi 5 – 6 | Gulika 6:45AM – 8:22AM | Mula* Until 1:20PM | Ganesha: Purple | <i>Sunrise:</i> 5:08AM | | Vikarin 5121 |
| | | Yama 2:50PM – 4:28PM | Sukarma Until 10:18PM | Muruqa: Purple | <i>Sunset:</i> 6:05PM | | Moon 10 - Phase 28 |
| | | 685313464 Rahu 9:59AM – 11:36AM | Kaulava Until 4:37AM Sat | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Panchami Until 4:21PM | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| Until 1:20PM | | | | | | Kartika•Aipasi | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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|---------------------------------|-------------|---------------------------------------|----------------------------------|--|------------------------|--|--------------------|
| 5 | | Saturday, November 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Rio de Janeiro, Brazil Sun 19 Sutra 202 | |
| Dhanus Rasi: 22.12 | Tithi 6 – 7 | Gulika 5:07AM – 6:45AM | Purvashadha* Until 2:31PM | Ganesha: Purple | <i>Sunrise:</i> 5:07AM | | Vikarin 5121 |
| | | Yama 1:14PM – 2:51PM | Dhriti Until 9:53PM | Muruqa: Purple | <i>Sunset:</i> 6:05PM | | Moon 10 - Phase 28 |
| | | 685313464 Rahu 8:22AM – 9:59AM | Gara Until 5:42AM Sun | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 5:02PM | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| Until 2:31PM | | | | | | Kartika•Aipasi | |
| Then Routine Work - Marana Yoga | | Skanda Shasthi | | | | | |

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| 6 | | Sunday, November 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija Karana Saptamyam Titau | | Rio de Janeiro, Brazil Sun 20 Sutra 203 | |
| Makara Rasi: 4.4 | Tithi 7 | Gulika 2:51PM – 4:28PM | Uttarashadha Until 4:16PM | Ganesha: Purple | <i>Sunrise:</i> 5:07AM | | Vikarin 5121 |
| | | Yama 11:36AM – 1:14PM | Shula* Until 9:59PM | Muruqa: Purple | <i>Sunset:</i> 6:06PM | | Moon 10 - Phase 28 |
| | | 685313464 Rahu 4:28PM – 6:06PM | Vanija Until 6:30PM | Nataraja: Purple | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Saptami Until 6:30PM | Moon – Light Blue | | Subha Subha Sivaloka Day | |
| | | | | | | Kartika•Aipasi | |

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|----------------------------------|-------------|---------------------------------------|------------------------------|--|------------------------|--|--------------------|
| Retreat Star | | Monday, November 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau | | Rio de Janeiro, Brazil Sun 21 Sutra 204 | |
| Makara Rasi: 16.5 | Tithi 8 | Gulika 1:14PM – 2:51PM | Shravana Until 6:57PM | Ganesha: Purple | <i>Sunrise:</i> 5:06AM | | Vikarin 5121 |
| Family Home Evening | | Yama 9:59AM – 11:36AM | Ganda* Until 10:32PM | Muruqa: Purple | <i>Sunset:</i> 6:06PM | | Moon 10 - Phase 28 |
| | | 696313464 Rahu 6:44AM – 8:21AM | Visti Until 7:29AM | Nataraja: Purple | | | Ashtami |
| Creative Work | Amrita Yoga | | Ashtami* Until 8:33PM | Moon – Purple | | Sivaloka Day | |
| Until 6:57PM | | | | | | Kartika•Aipasi | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|---------------------------------|-------------|---------------------------------------|--------------------------------|--|------------------------|--|--------------------|
| Retreat Star | | Tuesday, November 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau | | Rio de Janeiro, Brazil Sun 22 Sutra 205 | |
| Makara Rasi: 28.49 | Tithi 9 | Gulika 11:36AM – 1:14PM | Dhanishtha Until 9:49PM | Ganesha: Purple | <i>Sunrise:</i> 5:06AM | | Vikarin 5121 |
| | | Yama 8:21AM – 9:59AM | Vriddhi Until 11:21PM | Muruqa: Purple | <i>Sunset:</i> 6:07PM | | Moon 10 - Phase 28 |
| | | 696313464 Rahu 2:52PM – 4:29PM | Balava Until 9:45AM | Nataraja: Purple | | | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 10:58PM | Moon – Purple | | Sivaloka Day | |
| Until 9:49PM | | | | | | Kartika•Aipasi | |
| Then Routine Work - Marana Yoga | | | | | | | |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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|---------------|------------------------------------|----------|--|---------------------------------------|-------------------------|------------------------|--|
| 1 | Wednesday, November 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau | | | | Rio de Janeiro, Brazil Sun 23 Sutra 206 Vikarin 5121 |
| | Kumbha Rasi: 10.42 | Tithi 10 | Gulika 9:59AM – 11:36AM | Shatabhishak Until 12:39AM Thu | Ganesha: Purple | <i>Sunrise:</i> 5:05AM | |
| | | | Yama 6:43AM – 8:21AM | Dhruva Until 12:14AM Thu | Muruqa: Purple | <i>Sunset:</i> 6:07PM | Moon 10 - Phase 29 |
| | 696313464 | | Rahu 11:36AM – 1:14PM | Taitila Until 12:16PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 1:31AM Thu | Moon – Purple | | Sivaloka Day | |
| | | | | Kartika-Aipasi | | | |

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|---------------|-----------------------------------|----------|---|---|-------------------------|---------------------------|--|
| 2 | Thursday, November 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Rio de Janeiro, Brazil Sun 24 Sutra 207 Vikarin 5121 |
| | Kumbha Rasi: 22.33 | Tithi 11 | Gulika 8:21AM – 9:58AM | Purvaproshtapada* Until 3:44AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:05AM | |
| | | | Yama 5:05AM – 6:43AM | Vyaghata* Until 1:04AM Fri | Muruqa: Purple | <i>Sunset:</i> 6:08PM | Moon 10 - Phase 29 |
| | 716313464 | | Rahu 1:14PM – 2:52PM | Vanija Until 2:47PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 3:58AM Fri | Moon – Clear | | Subha Sivaloka Day | |
| | | | | Kartika-Aipasi | | | |

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|--|---------------------------------|----------|---|---|-------------------------|---------------------------|--|
| 3 | Friday, November 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau | | | | Rio de Janeiro, Brazil Sun 25 Sutra 208 Vikarin 5121 |
| | Meena Rasi: 4.27 | Tithi 12 | Gulika 6:42AM – 8:20AM | Uttaraproshtapada Until 6:25AM Sat | Ganesha: Yellow | <i>Sunrise:</i> 5:04AM | |
| | | | Yama 2:53PM – 4:31PM | Harshana Until 1:44AM Sat | Muruqa: Purple | <i>Sunset:</i> 6:09PM | Moon 10 - Phase 29 |
| | 716313464 | | Rahu 9:58AM – 11:36AM | Bava Until 5:08PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 6:11AM Sat | Moon – Clear | | Subha Sivaloka Day | |
| Until 6:25AM Sat | | | | Kartika-Aipasi | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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|--|-----------------------------------|---------------|--|---------------------------------------|-------------------------|---------------------------|--|
| 4 | Saturday, November 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Rio de Janeiro, Brazil Sun 26 Sutra 209 Vikarin 5121 |
| | Meena Rasi: 16.26 | Tithi 12 – 13 | Gulika 5:04AM – 6:42AM | Uttaraproshtapada Until 6:25AM | Ganesha: Yellow | <i>Sunrise:</i> 5:04AM | |
| | | | Yama 1:15PM – 2:53PM | Vajra* Until 2:08AM Sun | Muruqa: Purple | <i>Sunset:</i> 6:09PM | Moon 10 - Phase 29 |
| | 716313464 | | Rahu 8:20AM – 9:58AM | Kaulava Until 7:12PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 6:11AM | Moon – Clear | | Subha Sivaloka Day | |
| Until 6:25AM | | | | Kartika-Aipasi | | | |
| Then Routine Work - Prabalarishta Yoga | | | <i>Pradosha Vrata</i> | | | | |

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|----------------------------------|----------------------------------|---------------|---|----------------------------|-------------------------|---------------------------|--|
| 5 | Sunday, November 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Rio de Janeiro, Brazil Sun 27 Sutra 210 Vikarin 5121 |
| | Meena Rasi: 28.34 | Tithi 13 – 14 | Gulika 2:53PM – 4:32PM | Revati Until 8:37AM | Ganesha: Yellow | <i>Sunrise:</i> 5:03AM | |
| | | | Yama 11:37AM – 1:15PM | Siddhi Until 2:15AM Mon | Muruqa: Purple | <i>Sunset:</i> 6:10PM | Moon 10 - Phase 29 |
| | 716313464 | | Rahu 4:32PM – 6:10PM | Gara Until 8:52PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Trayodashi Until 8:03AM | Moon – Clear | | Subha Sivaloka Day | |
| Until 8:37AM | | | | Kartika-Aipasi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|---------------|----------------------------------|---------------|--|------------------------------|-------------------------|------------------------|---|
| ○ | Monday, November 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Rio de Janeiro, Brazil Sutra 211 Vikarin 5121 |
| | Copper Retreat Star | | Gulika 1:15PM – 2:54PM | Ashvini Until 10:45AM | Ganesha: White | <i>Sunrise:</i> 5:03AM | |
| | Mesha Rasi: 10.52 | Tithi 14 – 15 | Yama 9:58AM – 11:37AM | Vyatipata* Until 2:03AM Tue | Muruqa: Purple | <i>Sunset:</i> 6:11PM | Moon 10 - Phase 29 |
| | Family Home Evening | 727413464 | Rahu 6:41AM – 8:20AM | Visti Until 10:07PM | Nataraja: Purple | | Purnima |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 9:32AM | Moon – White | | Sivaloka Day | |
| | | | | Kartika-Aipasi | | | |

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|---------------|-----------------------------------|---------------|--|------------------------------|-------------------------|------------------------|---|
| ○ | Tuesday, November 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Rio de Janeiro, Brazil Sutra 212 Vikarin 5121 |
| | Silver Retreat Star | | Gulika 11:37AM – 1:15PM | Bharani Until 12:19PM | Ganesha: White | <i>Sunrise:</i> 5:03AM | |
| | Mesha Rasi: 23.2 | Tithi 15 – 16 | Yama 8:20AM – 9:58AM | Variyan Until 1:30AM Wed | Muruqa: Purple | <i>Sunset:</i> 6:11PM | Moon 10 - Phase 29 |
| | 727413464 | | Rahu 2:54PM – 4:33PM | Balava Until 10:57PM | Nataraja: Purple | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 10:34AM | Moon – White | | Sivaloka Day | |
| | | | | Kartika-Aipasi | | | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rio de Janeiro, Brazil

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 6 Tithi 16 - 17

727413464

Gulika 9:58AM - 11:37AM
Yama 6:41AM - 8:20AM
Rahu 11:37AM - 1:16PM

Krittika Until 1:19PM
Parigha* Until 12:39AM Thu
Taitila Until 11:22PM
Prathama* Until 11:11AM

Ganesha: White *Sunrise: 5:02AM*
Muruqa: Purple *Sunset: 6:12PM*
Nataraja: Purple
Moon - White

Sivaloka Day

Creative Work Amrita Yoga

Until 1:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rio de Janeiro, Brazil

Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 18.52 Tithi 17 - 18

737413464

Gulika 8:19AM - 9:58AM
Yama 5:02AM - 6:41AM
Rahu 1:16PM - 2:55PM

Rohini Until 2:14PM
Shiva Until 11:31PM
Vanija Until 11:23PM
Dvitiya Until 11:24AM

Ganesha: Clear *Sunrise: 5:02AM*
Muruqa: Purple *Sunset: 6:12PM*
Nataraja: Purple
Moon - Yellow

Subha Sivaloka Day

Routine Work Marana Yoga

Kartika-Aipasi

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Rio de Janeiro, Brazil

Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 1.55 Tithi 18 - 19

737413464

Gulika 6:40AM - 8:19AM
Yama 2:55PM - 4:34PM
Rahu 9:58AM - 11:37AM

Mrigashira Until 2:38PM
Siddha Until 10:03PM
Bava Until 11:02PM
Tritiya Until 11:14AM

Ganesha: Clear *Sunrise: 5:01AM*
Muruqa: Purple *Sunset: 6:13PM*
Nataraja: Purple
Moon - Yellow

Subha Sivaloka Day

Creative Work Siddha Yoga

Kartika-Aipasi

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rio de Janeiro, Brazil

Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 15.09 Tithi 19 - 20

737413464

Gulika 5:01AM - 6:40AM
Yama 1:17PM - 2:56PM
Rahu 8:19AM - 9:58AM

Ardra Until 2:32PM
Sadhya Until 8:19PM
Kaulava Until 10:20PM
Chaturthi* Until 10:42AM

Ganesha: Clear *Sunrise: 5:01AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Purple
Moon - Yellow

Subha Sivaloka Day

Creative Work Siddha Yoga

Kartika-Kartikai

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rio de Janeiro, Brazil

Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 28.35 Tithi 20 - 21

748413465

Gulika 2:56PM - 4:35PM
Yama 11:38AM - 1:17PM
Rahu 4:35PM - 6:14PM

Punarvasu Until 2:24PM
Subha Until 6:20PM
Gara Until 9:17PM
Panchami Until 9:50AM

Ganesha: Clear *Sunrise: 5:01AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Clear
Moon - Blue

Sivaloka Day

Creative Work Siddha Yoga

Kartika-Kartikai

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Rio de Janeiro, Brazil

Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 12.12 Tithi 21 - 22

748413465

Gulika 1:17PM - 2:56PM
Yama 9:59AM - 11:38AM
Rahu 6:40AM - 8:19AM

Pushya Until 1:46PM
Sukla Until 4:03PM
Visti Until 7:53PM
Shashthi* Until 8:37AM

Ganesha: Clear *Sunrise: 5:01AM*
Muruqa: Purple *Sunset: 6:15PM*
Nataraja: Clear
Moon - Blue

Sivaloka Day

Creative Work Siddha Yoga

Kartika-Kartikai

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Rio de Janeiro, Brazil

Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 26.02 Tithi 22 - 23

748413465

Gulika 11:38AM - 1:17PM
Yama 8:19AM - 9:59AM
Rahu 2:57PM - 4:36PM

Ashlesha* Until 12:40PM
Brahma Until 1:31PM
Balava Until 6:10PM
Saptami Until 7:03AM

Ganesha: Clear *Sunrise: 5:00AM*
Muruqa: Purple *Sunset: 6:16PM*
Nataraja: Clear
Moon - Blue

Sivaloka Day

Creative Work Siddha Yoga

Kartika-Kartikai

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navamyam Titau

Rio de Janeiro, Brazil

Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 10.04 Tithi 24

758413465

Gulika 9:59AM - 11:38AM
Yama 6:40AM - 8:19AM
Rahu 11:38AM - 1:18PM

Magha* Until 11:32AM
Indra Until 10:44AM
Taitila Until 4:08PM
Navami* Until 2:59AM Thu

Ganesha: White *Sunrise: 5:00AM*
Muruqa: Purple *Sunset: 6:16PM*
Nataraja: Clear
Moon - Red

Subha Sivaloka Day

Creative Work Siddha Yoga

Kartika-Kartikai

Until 11:32AM

Then Creative Work - Amrita Yoga

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|-------------------|-------------|---------------------------------------|-----------------------------------|---|---|
| 1 | | Thursday, November 21, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau | Rio de Janeiro, Brazil Sun 8 Sutra 221 Vikarin 5121 |
| Simha Rasi: 24.17 | Tithi 25 | Gulika 8:19AM – 9:59AM | Purvaphalguni Until 9:59AM | Ganesha: White | <i>Sunrise:</i> 5:00AM |
| | | Yama 5:00AM – 6:40AM | Vaidhrili* Until 7:42AM | Muruqa: Purple | <i>Sunset:</i> 6:17PM |
| | | 758413465 Rahu 1:18PM – 2:58PM | Vanija Until 1:49PM | Nataraja: Clear | Moon 11 - Phase 31 |
| Creative Work | Siddha Yoga | | Dashami Until 12:33AM Fri | Moon – Red | 2nd Phase |
| | | | | Subha Sivaloka Day | |
| | | | | Karttika-Karttikai | |

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|----------------------------------|-------------|--|------------------------------------|--|---|
| 2 | | Friday, November 22, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau | Rio de Janeiro, Brazil Sun 9 Sutra 222 Vikarin 5121 |
| Kanya Rasi: 8.4 | Tithi 26 | Gulika 6:40AM – 8:19AM | Uttaraphalguni Until 8:03AM | Ganesha: White | <i>Sunrise:</i> 5:00AM |
| | | Yama 2:58PM – 4:38PM | Priti Until 1:09AM Sat | Muruqa: Purple | <i>Sunset:</i> 6:18PM |
| | | 758413465 Rahu 9:59AM – 11:39AM | Bava Until 11:17AM | Nataraja: Clear | Moon 11 - Phase 31 |
| Creative Work | Siddha Yoga | | Ekadashi* Until 9:57PM | Moon – Red | 2nd Phase |
| Until 8:03AM | | | | Subha Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | | | Karttika-Karttikai | |

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|-------------------|-------------|---------------------------------------|-------------------------------|---|--|
| 3 | | Saturday, November 23, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau | Rio de Janeiro, Brazil Sun 10 Sutra 223 Vikarin 5121 |
| Kanya Rasi: 23.09 | Tithi 27 | Gulika 5:00AM – 6:39AM | Hasta Until 6:16AM | Ganesha: Yellow | <i>Sunrise:</i> 5:00AM |
| | | Yama 1:19PM – 2:59PM | Ayushman Until 9:45PM | Muruqa: Purple | <i>Sunset:</i> 6:18PM |
| | | 768413465 Rahu 8:19AM – 9:59AM | Kaulava Until 8:39AM | Nataraja: Clear | Moon 11 - Phase 31 |
| Routine Work | Marana Yoga | | Dvadashi* Until 7:17PM | Moon – Green | 2nd Phase |
| | | | | Sivaloka Day | |
| | | | | Karttika-Karttikai | |

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| 4 | | Sunday, November 24, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Rio de Janeiro, Brazil Sun 11 Sutra 224 Vikarin 5121 |
| Tula Rasi: 7.4 | Tithi 28 – 29 | Gulika 2:59PM – 4:39PM | Svati Until 2:21AM Mon | Ganesha: Blue | <i>Sunrise:</i> 5:00AM |
| | | Yama 11:39AM – 1:19PM | Saubhagya Until 6:25PM | Muruqa: Purple | <i>Sunset:</i> 6:19PM |
| | | 769413465 Rahu 4:39PM – 6:19PM | Visti Until 3:26AM Mon | Nataraja: Clear | Moon 11 - Phase 31 |
| Creative Work | Siddha Yoga | | Trayodashi* Until 4:40PM | Moon – Green | 2nd Phase |
| Until 2:21AM Mon | | | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | <i>Pradosha Vrata (Fasting)</i> | Karttika-Karttikai | |

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|----------------------------------|---------------|---------------------------------------|-----------------------------------|--|--|
| Monday, November 25, 2019 | | Retreat Star | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Rio de Janeiro, Brazil Sun 12 Sutra 225 Vikarin 5121 |
| Tula Rasi: 22.05 | Tithi 29 – 30 | Gulika 1:20PM – 3:00PM | Vishakha Until 12:54AM Tue | Ganesha: Blue | <i>Sunrise:</i> 4:59AM |
| Family Home Evening | | Yama 10:00AM – 11:40AM | Sobhana Until 3:15PM | Muruqa: Purple | <i>Sunset:</i> 6:20PM |
| Routine Work | Marana Yoga | 779413465 Rahu 6:39AM – 8:20AM | Catuspada Until 1:09AM Tue | Nataraja: Clear | Moon 11 - Phase 31 |
| Until 12:54AM Tue | | | Chaturdashi* Until 2:14PM | Moon – Orange | Amavasya |
| Then Creative Work - Siddha Yoga | | | | Devaloka Day | |
| | | | | Karttika-Karttikai | |

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|-----------------------------------|--------------|---------------------------------------|--------------------------------|--|--|
| Tuesday, November 26, 2019 | | Retreat Star | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Rio de Janeiro, Brazil Sun 13 Sutra 226 Vikarin 5121 |
| Vrischika Rasi: 6.2 | Tithi 30 – 1 | Gulika 11:40AM – 1:20PM | Anuradha Until 11:42PM | Ganesha: Blue | <i>Sunrise:</i> 4:59AM |
| | | Yama 8:20AM – 10:00AM | Athiganda* Until 12:20PM | Muruqa: Purple | <i>Sunset:</i> 6:21PM |
| | | 779413465 Rahu 3:00PM – 4:40PM | Kintughna Until 11:16PM | Nataraja: Clear | Moon 11 - Phase 31 |
| Creative Work | Siddha Yoga | | Amavasya* Until 12:08PM | Moon – Orange | Prathama |
| Until 11:42PM | | | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Margasira-Karttikai | |

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|---|-------------------------------------|-------------|---|---|---|
| 1 | Wednesday, November 27, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Rio de Janeiro, Brazil Sun 14 Sutra 227 |
| | Wrischika Rasi: 20.17 | Tithi 1 – 2 | Gulika 10:00AM – 11:40AM Yama 6:40AM – 8:20AM 779413465 Rahu 11:40AM – 1:20PM | Jyeshtha* Until 10:53PM Sukarma Until 9:49AM Balava Until 9:55PM Prathama* Until 10:30AM | Ganesha: Blue <i>Sunrise:</i> 4:59AM Muruqa: Purple <i>Sunset:</i> 6:21PM Nataraja: Clear Moon – Orange |
| Creative Work Siddha Yoga Until 10:53PM Then Routine Work - Marana Yoga | | | | Devaloka Day Margasira-Karttikai | |

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|---------------------------|------------------------------------|-------------|--|--|---|
| 2 | Thursday, November 28, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Rio de Janeiro, Brazil Sun 15 Sutra 228 |
| | Dhanus Rasi: 3.54 | Tithi 2 – 3 | Gulika 8:20AM – 10:00AM Yama 4:59AM – 6:40AM 789413465 Rahu 1:21PM – 3:01PM | Mula* Until 11:02PM Dhriti Until 7:47AM Taitila Until 9:15PM Dvitiya Until 9:29AM | Ganesha: Blue <i>Sunrise:</i> 4:59AM Muruqa: Purple <i>Sunset:</i> 6:22PM Nataraja: Clear Moon – Light Blue |
| Creative Work Siddha Yoga | | | | Devaloka Day Margasira-Karttikai | |

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|---|----------------------------------|-------------|---|--|---|
| 3 | Friday, November 29, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Rio de Janeiro, Brazil Sun 16 Sutra 229 |
| | Dhanus Rasi: 17.07 | Tithi 3 – 4 | Gulika 6:40AM – 8:20AM Yama 3:02PM – 4:42PM 789413465 Rahu 10:01AM – 11:41AM | Purvashadha* Until 11:45PM Shula* Until 6:16AM Vanija Until 9:19PM Tritiya Until 9:10AM | Ganesha: Blue <i>Sunrise:</i> 4:59AM Muruqa: Purple <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Light Blue |
| Routine Work Prabalarishta Yoga Until 11:45PM Then Routine Work - Marana Yoga | | | | Devaloka Day Margasira-Karttikai | |

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|--|------------------------------------|-------------|--|--|---|
| 4 | Saturday, November 30, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Rio de Janeiro, Brazil Sun 17 Sutra 230 |
| | Dhanus Rasi: 29.58 | Tithi 4 – 5 | Gulika 4:59AM – 6:40AM Yama 1:22PM – 3:02PM 789413465 Rahu 8:20AM – 10:01AM | Uttarashadha Until 1:01AM Sun Vriddhi Until 5:01AM Sun Bava Until 10:08PM Chaturthi* Until 9:37AM | Ganesha: Blue <i>Sunrise:</i> 4:59AM Muruqa: Purple <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Light Blue |
| Routine Work Marana Yoga Until 1:01AM Sun Then Creative Work - Amrita Yoga | | | | Devaloka Day Margasira-Karttikai | |

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|---|---------------------------------|-------------|---|---|---|
| 5 | Sunday, December 1, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Rio de Janeiro, Brazil Sun 18 Sutra 231 |
| | Makara Rasi: 12.28 | Tithi 5 – 6 | Gulika 3:03PM – 4:43PM Yama 11:42AM – 1:22PM 799413465 Rahu 4:43PM – 6:24PM | Shravana Until 3:16AM Mon Dhruva Until 5:09AM Mon Kaulava Until 11:39PM Panchami Until 10:47AM | Ganesha: Yellow <i>Sunrise:</i> 4:59AM Muruqa: Purple <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Purple |
| Creative Work Amrita Yoga Until 3:16AM Mon Then Creative Work - Siddha Yoga | | | | Sivaloka Day Margasira-Karttikai | |

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|---|---------------------------------|-------------|--|---|--|
| 6 | Monday, December 2, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Rio de Janeiro, Brazil Sun 19 Sutra 232 |
| | Makara Rasi: 24.42 | Tithi 6 – 7 | Gulika 1:23PM – 3:03PM Yama 10:01AM – 11:42AM 791413465 Rahu 6:40AM – 8:21AM | Dhanishtha Until 5:51AM Tue Vyaghata* Until 5:41AM Tue Gara Until 1:42AM Tue Shashthi* Until 12:35PM | Ganesha: Clear <i>Sunrise:</i> 4:59AM Muruqa: Purple <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Purple |
| Family Home Evening Creative Work Siddha Yoga Until 5:51AM Tue Then Routine Work - Marana Yoga | | | | Sivaloka Day Margasira-Karttikai | |

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|--|----------------------------------|-------------|--|--|--|
| D | Tuesday, December 3, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Rio de Janeiro, Brazil Sun 20 Sutra 233 |
| | Kumbha Rasi: 6.44 | Tithi 7 – 8 | Gulika 11:42AM – 1:23PM Yama 8:21AM – 10:02AM 791413465 Rahu 3:04PM – 4:45PM | Shatabhishak Until 8:33AM Wed Harshana Until 6:27AM Wed Visti Until 4:05AM Wed Saptami Until 2:51PM | Ganesha: Clear <i>Sunrise:</i> 5:00AM Muruqa: Purple <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Purple |
| Retreat Star Routine Work Marana Yoga Until 8:33AM Wed Then Creative Work - Amrita Yoga | | | | Sivaloka Day Margasira-Karttikai | |

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|---|------------------------------------|-------------|--|--|--|
| D | Wednesday, December 4, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Rio de Janeiro, Brazil Sun 21 Sutra 234 |
| | Kumbha Rasi: 18.38 | Tithi 8 – 9 | Gulika 10:02AM – 11:43AM Yama 6:40AM – 8:21AM 791413465 Rahu 11:43AM – 1:24PM | Shatabhishak Until 8:33AM Harshana Until 6:27AM Balava Until 6:36AM Thu Ashtami* Until 5:19PM | Ganesha: Clear <i>Sunrise:</i> 5:00AM Muruqa: Purple <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Purple |
| Retreat Star Creative Work Siddha Yoga Until 8:33AM Then Creative Work - Amrita Yoga | | | | Sivaloka Day Margasira-Karttikai | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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|------------------|-------------|---------------------------------------|--|--|------------------------|--|--|--|--------------------|
| 1 | | Thursday, December 5, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau | | | | Rio de Janeiro, Brazil Sun 22 Sutra 235 | |
| Meena Rasi: 0.31 | Tithi 9 | Gulika 8:21AM – 10:02AM | Purvaproshtapada* Until 11:39AM | Ganesha: Yellow | <i>Sunrise:</i> 5:00AM | | | | Vikarin 5121 |
| | | Yama 5:00AM – 6:41AM | Vajra* Until 7:15AM | Muruqa: Purple | <i>Sunset:</i> 6:27PM | | | | Moon 11 - Phase 33 |
| | | 711413465 Rahu 1:24PM – 3:05PM | Balava Until 6:36AM | Nataraja: Clear | | | | | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 7:48PM | Moon – Clear | | | | Sivaloka Day | |
| | | | | Margasira-Karttikai | | | | | |

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| 2 | | Friday, December 6, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau | | | | Rio de Janeiro, Brazil Sun 23 Sutra 236 | |
| Meena Rasi: 12.26 | Tithi 10 | Gulika 6:41AM – 8:22AM | Uttaraproshtapada Until 2:27PM | Ganesha: Yellow | <i>Sunrise:</i> 5:00AM | | | | Vikarin 5121 |
| | | Yama 3:05PM – 4:46PM | Siddhi Until 7:59AM | Muruqa: Purple | <i>Sunset:</i> 6:27PM | | | | Moon 11 - Phase 33 |
| | | 711413465 Rahu 10:03AM – 11:44AM | Taitila Until 9:00AM | Nataraja: Clear | | | | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 10:05PM | Moon – Clear | | | | Sivaloka Day | |
| | | | | Margasira-Karttikai | | | | | |

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| 3 | | Saturday, December 7, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Rio de Janeiro, Brazil Sun 24 Sutra 237 | |
| Meena Rasi: 24.28 | Tithi 11 | Gulika 5:00AM – 6:41AM | Revati Until 4:46PM | Ganesha: White | <i>Sunrise:</i> 5:00AM | | | | Vikarin 5121 |
| | | Yama 1:25PM – 3:06PM | Vyatipata* Until 8:31AM | Muruqa: Purple | <i>Sunset:</i> 6:28PM | | | | Moon 11 - Phase 33 |
| | | 711513465 Rahu 8:22AM – 10:03AM | Vanija Until 11:07AM | Nataraja: Clear | | | | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Ekadashi Until 11:59PM | Moon – Clear | | | | Subha Sivaloka Day | |
| Until 4:46PM | | Gita Jayanthi | | Margasira-Karttikai | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Sunday, December 8, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau | | | | Rio de Janeiro, Brazil Sun 25 Sutra 238 | |
| Mesha Rasi: 6.38 | Tithi 12 | Gulika 3:07PM – 4:48PM | Ashvini Until 6:59PM | Ganesha: Clear | <i>Sunrise:</i> 5:00AM | | | | Vikarin 5121 |
| | | Yama 11:44AM – 1:26PM | Variyan Until 8:43AM | Muruqa: Purple | <i>Sunset:</i> 6:29PM | | | | Moon 11 - Phase 33 |
| | | 721513465 Rahu 4:48PM – 6:29PM | Bava Until 12:47PM | Nataraja: Clear | | | | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 1:24AM Mon | Moon – White | | | | Sivaloka Day | |
| Until 6:59PM | | | | Margasira-Karttikai | | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | | |

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| 5 | | Monday, December 9, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Rio de Janeiro, Brazil Sun 26 Sutra 239 | |
| Mesha Rasi: 19.02 | Tithi 13 | Gulika 1:26PM – 3:07PM | Bharani Until 8:30PM | Ganesha: Clear | <i>Sunrise:</i> 5:01AM | | | | Vikarin 5121 |
| Family Home Evening | | Yama 10:04AM – 11:45AM | Parigha* Until 8:31AM | Muruqa: Purple | <i>Sunset:</i> 6:29PM | | | | Moon 11 - Phase 33 |
| | | 721513465 Rahu 6:42AM – 8:23AM | Kaulava Until 1:55PM | Nataraja: Clear | | | | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 2:15AM Tue | Moon – White | | | | Sivaloka Day | |
| Until 8:30PM | | | | Margasira-Karttikai | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 6 | | Tuesday, December 10, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Rio de Janeiro, Brazil Sun 27 Sutra 240 | |
| Vrishabha Rasi: 1.41 | Tithi 14 | Gulika 11:45AM – 1:26PM | Krittika Until 9:18PM | Ganesha: Clear | <i>Sunrise:</i> 5:01AM | | | | Vikarin 5121 |
| | | Yama 8:23AM – 10:04AM | Shiva Until 7:54AM | Muruqa: Purple | <i>Sunset:</i> 6:30PM | | | | Moon 11 - Phase 33 |
| | | 721513465 Rahu 3:08PM – 4:49PM | Gara Until 2:29PM | Nataraja: Clear | | | | | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 2:31AM Wed | Moon – White | | | | Sivaloka Day | |
| Until 9:18PM | | Krittika Deepam | | Margasira-Karttikai | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| ○ | | Wednesday, December 11, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau | | | | Rio de Janeiro, Brazil Sutra 241 | |
| Copper Retreat Star | | | | | | | | | Vikarin 5121 |
| Vrishabha Rasi: 14.37 | Tithi 15 | Gulika 10:05AM – 11:46AM | Rohini Until 9:52PM | Ganesha: Purple | <i>Sunrise:</i> 5:01AM | | | | Moon 11 - Phase 33 |
| | | Yama 6:42AM – 8:23AM | Siddha Until 6:49AM | Muruqa: Clear | <i>Sunset:</i> 6:31PM | | | | Purnima |
| | | 731523465 Rahu 11:46AM – 1:27PM | Visti Until 2:28PM | Nataraja: Clear | | | | | |
| Creative Work | Siddha Yoga | | Purnima* Until 2:14AM Thu | Moon – Yellow | | | | Sivaloka Day | |
| | | | | Margasira-Karttikai | | | | | |

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| Thursday, December 12, 2019 | | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Rio de Janeiro, Brazil Sutra 242 | |
| Silver Retreat Star | | | | | | | |
| Vrishabha Rasi: 27.49 | Tithi 16 | Gulika 8:24AM – 10:05AM | Mrigashira Until 9:48PM | Ganesha: Clear | <i>Sunrise:</i> 5:01AM | | |
| | | Yama 5:01AM – 6:43AM | Subha Until 3:28AM Fri | Muruqa: Clear | <i>Sunset:</i> 6:31PM | | |
| | | 732523465 Rahu 1:27PM – 3:09PM | Balava Until 1:55PM | Nataraja: Clear | | | |
| Routine Work | Marana Yoga | | Prathama* Until 1:27AM Fri | Moon – Yellow | | | |
| | | | | Margasira-Karttikai | | | Devaloka Day |
| | | | | | | | |

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Rio de Janeiro, Brazil

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 11.17 Tithi 17

732523465

Gulika 6:43AM – 8:24AM
Yama 3:09PM – 4:50PM
Rahu 10:05AM – 11:47AM

Ardra Until 9:09PM
Sukla Until 1:15AM Sat
Taitila Until 12:56PM
Dvitiya Until 12:16AM Sat

Ganesha: Clear *Sunrise:* 5:02AM
Muruqa: Clear *Sunset:* 6:32PM
Nataraja: Clear
Moon – Yellow
Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Rio de Janeiro, Brazil

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 24.58 Tithi 18

742523465

Gulika 5:02AM – 6:43AM
Yama 1:28PM – 3:10PM
Rahu 8:25AM – 10:06AM

Punarvasu Until 8:29PM
Brahma Until 10:49PM
Vanija Until 11:34AM
Tritiya Until 10:45PM

Ganesha: Purple *Sunrise:* 5:02AM
Muruqa: Clear *Sunset:* 6:32PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Rio de Janeiro, Brazil

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 8.5 Tithi 19

742523465

Gulika 3:10PM – 4:52PM
Yama 11:48AM – 1:29PM
Rahu 4:52PM – 6:33PM

Pushya Until 7:25PM
Indra Until 8:11PM
Bava Until 9:55AM
Chaturthi* Until 9:00PM

Ganesha: Purple *Sunrise:* 5:02AM
Muruqa: Clear *Sunset:* 6:33PM
Nataraja: Clear
Moon – Blue
Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rio de Janeiro, Brazil

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 22.51 Tithi 20

742523465

Gulika 1:30PM – 3:11PM
Yama 10:07AM – 11:48AM
Rahu 6:44AM – 8:25AM

Ashlesha* Until 6:02PM
Vaidhriti* Until 5:24PM
Kaulava Until 8:04AM
Panchami Until 7:04PM

Ganesha: Purple *Sunrise:* 5:03AM
Muruqa: Clear *Sunset:* 6:34PM
Nataraja: Clear
Moon – Blue
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Family Home Evening

Creative Work Siddha Yoga

Until 6:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Rio de Janeiro, Brazil

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 6.56 Tithi 21 – 22

852523465

Gulika 11:49AM – 1:30PM
Yama 8:26AM – 10:07AM
Rahu 3:11PM – 4:53PM

Magha* Until 4:50PM
Vishkambha* Until 2:33PM
Gara Until 6:06AM
Shashthi* Until 5:03PM

Ganesha: Purple *Sunrise:* 5:03AM
Muruqa: Clear *Sunset:* 6:34PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Rio de Janeiro, Brazil

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 21.05 Tithi 22 – 23

852523465

Gulika 10:08AM – 11:49AM
Yama 6:45AM – 8:26AM
Rahu 11:49AM – 1:31PM

Purvaphalguni Until 3:27PM
Priti Until 11:40AM
Balava Until 1:57AM Thu
Saptami Until 2:59PM

Ganesha: Purple *Sunrise:* 5:04AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rio de Janeiro, Brazil

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 5.14 Tithi 23 – 24

852523465

Gulika 8:27AM – 10:08AM
Yama 5:04AM – 6:45AM
Rahu 1:31PM – 3:12PM

Uttaraphalguni Until 1:55PM
Ayushman Until 8:44AM
Taitila Until 11:53PM
Ashtami* Until 12:54PM

Ganesha: Purple *Sunrise:* 5:04AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Clear
Moon – Red
Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 1:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rio de Janeiro, Brazil

Sun 7 Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 19.23 Tithi 24 – 25

862523465

Gulika 6:46AM – 8:27AM
Yama 3:13PM – 4:54PM
Rahu 10:09AM – 11:50AM

Hasta Until 12:41PM
Sobhana Until 2:59AM Sat
Vanija Until 9:51PM
Navami* Until 10:50AM

Ganesha: Clear *Sunrise:* 5:05AM
Muruqa: Clear *Sunset:* 6:36PM
Nataraja: Clear
Moon – Green
Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 12:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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|----------------------------------|---------------|-------------------------------------|--|---|---|
| 1 | | Saturday, December 21, 2019 | | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | Rio de Janeiro, Brazil Sun 8 Sutra 251 Vikarin 5121 |
| Tula Rasi: 3.3 | Tithi 25 – 26 | 862523465 | Gulika 5:05AM – 6:46AM Yama 1:32PM – 3:13PM Rahu 8:28AM – 10:09AM | Chitra Until 11:22AM Athiganda* Until 12:12AM Sun Bava Until 7:54PM Dashami Until 8:51AM | Ganesha: Clear <i>Sunrise:</i> 5:05AM Muruqa: Clear <i>Sunset:</i> 6:36PM Nataraja: Clear Moon – Green |
| Routine Work | Marana Yoga | | Day 1 of Pancha Ganapati | Margasira*Markali | Devaloka Day |
| Until 11:22AM | | | | | |
| Then Creative Work - Siddha Yoga | | | | | |
| 2 | | Sunday, December 22, 2019 | | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Rio de Janeiro, Brazil Sun 9 Sutra 252 Vikarin 5121 |
| Tula Rasi: 17.32 | Tithi 26 – 27 | 862523465 | Gulika 3:14PM – 4:55PM Yama 11:51AM – 1:33PM Rahu 4:55PM – 6:37PM | Svati Until 10:03AM Sukarma Until 9:33PM Kaulava Until 6:07PM Ekadashi* Until 6:58AM | Ganesha: Clear <i>Sunrise:</i> 5:06AM Muruqa: Clear <i>Sunset:</i> 6:37PM Nataraja: Clear Moon – Green |
| Creative Work | Siddha Yoga | | Day 2 of Pancha Ganapati | Margasira*Markali | Devaloka Day |
| Until 10:03AM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |
| 3 | | Monday, December 23, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau | Rio de Janeiro, Brazil Sun 10 Sutra 253 Vikarin 5121 |
| Vrischika Rasi: 1.28 | Tithi 28 | 872523465 | Gulika 1:33PM – 3:14PM Yama 10:10AM – 11:52AM Rahu 6:47AM – 8:29AM | Vishakha Until 9:13AM Dhriti Until 7:07PM Gara Until 4:34PM Trayodashi* Until 3:52AM Tue <i>Pradosha Vrata (Fasting)</i> | Ganesha: White <i>Sunrise:</i> 5:06AM Muruqa: Clear <i>Sunset:</i> 6:37PM Nataraja: Clear Moon – Orange |
| Family Home Evening | | | Day 3 of Pancha Ganapati | Margasira*Markali | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Routine Work | Marana Yoga | | | | |
| Until 9:13AM | | | | | |
| Then Creative Work - Siddha Yoga | | | | | |
| 4 | | Tuesday, December 24, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | Rio de Janeiro, Brazil Sun 11 Sutra 254 Vikarin 5121 |
| Vrischika Rasi: 15.14 | Tithi 29 | 872523465 | Gulika 11:52AM – 1:33PM Yama 8:29AM – 10:11AM Rahu 3:15PM – 4:56PM | Anuradha Until 8:31AM Shula* Until 4:54PM Visti Until 3:19PM Chaturdashi* Until 2:49AM Wed | Ganesha: White <i>Sunrise:</i> 5:07AM Muruqa: Clear <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Orange |
| Creative Work | Siddha Yoga | | Day 4 of Pancha Ganapati | Margasira*Markali | Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Until 8:31AM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |
| Retreat Star | | Wednesday, December 25, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau | Rio de Janeiro, Brazil Sun 12 Sutra 255 Vikarin 5121 |
| Vrischika Rasi: 28.46 | Tithi 30 | 873523465 | Gulika 10:11AM – 11:53AM Yama 6:48AM – 8:30AM Rahu 11:53AM – 1:34PM | Jyeshtha* Until 8:02AM Ganda* Until 3:02PM Catuspada Until 2:29PM Amavasya* Until 2:14AM Thu | Ganesha: Clear <i>Sunrise:</i> 5:07AM Muruqa: Clear <i>Sunset:</i> 6:38PM Nataraja: Clear Moon – Orange |
| Creative Work | Siddha Yoga | | Day 5 of Pancha Ganapati | Margasira*Markali | Devaloka Day |
| Until 8:02AM | | | | | |
| Then Routine Work - Marana Yoga | | | | | |
| Retreat Star | | Thursday, December 26, 2019 | | Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau | Rio de Janeiro, Brazil Sun 13 Sutra 256 Vikarin 5121 |
| Dhanus Rasi: 12.03 | Tithi 1 | 883523466 | Gulika 8:30AM – 10:12AM Yama 5:08AM – 6:49AM Rahu 1:34PM – 3:16PM | Mula* Until 8:19AM Vridhi Until 1:34PM Kintughna Until 2:09PM Prathama* Until 2:10AM Fri | Ganesha: Orange <i>Sunrise:</i> 5:08AM Muruqa: Clear <i>Sunset:</i> 6:39PM Nataraja: Orange Moon – Light Blue |
| Creative Work | Siddha Yoga | | Annular Solar Eclipse | Pausha*Markali | Devaloka Day |

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| 1 | | Friday, December 27, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau | | Rio de Janeiro, Brazil Sun 14 Sutra 257 Vikarin 5121 | |
| Dhanus Rasi: 25.04 | Tithi 2 | Gulika 6:50AM – 8:31AM | Purvashadha* Until 8:59AM | Ganesha: Orange | Sunrise: 5:08AM | | | | |
| | | Yama 3:16PM – 4:58PM | Dhruva Until 12:31PM | Muruqa: Clear | Sunset: 6:39PM | | | | Moon 12 - Phase 36 |
| | | 883523466 Rahu 10:12AM – 11:54AM | Balava Until 2:22PM | Nataraja: Orange | | | | | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Dvitiya Until 2:42AM Sat | Moon – Light Blue | | | | Devaloka Day | |
| Until 8:59AM | | | | Pausha-Markali | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 2 | | Saturday, December 28, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau | | Rio de Janeiro, Brazil Sun 15 Sutra 258 Vikarin 5121 | |
| Makara Rasi: 7.47 | Tithi 3 | Gulika 5:09AM – 6:50AM | Uttarashadha Until 10:04AM | Ganesha: Orange | Sunrise: 5:09AM | | | | |
| | | Yama 1:35PM – 3:17PM | Vyaghata* Until 11:56AM | Muruqa: Clear | Sunset: 6:39PM | | | | Moon 12 - Phase 36 |
| | | 883523466 Rahu 8:31AM – 10:13AM | Taitila Until 3:12PM | Nataraja: Orange | | | | | 3rd Phase |
| Routine Work | Marana Yoga | | Tritiya Until 3:49AM Sun | Moon – Light Blue | | | | Devaloka Day | |
| Until 10:04AM | | | | Pausha-Markali | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 3 | | Sunday, December 29, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau | | Rio de Janeiro, Brazil Sun 16 Sutra 259 Vikarin 5121 | |
| Makara Rasi: 20.14 | Tithi 4 | Gulika 3:17PM – 4:58PM | Shravana Until 12:02PM | Ganesha: Clear | Sunrise: 5:09AM | | | | |
| | | Yama 11:55AM – 1:36PM | Harshana Until 11:48AM | Muruqa: Clear | Sunset: 6:40PM | | | | Moon 12 - Phase 36 |
| | | 893523466 Rahu 4:58PM – 6:40PM | Vanija Until 4:37PM | Nataraja: Orange | | | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi* Until 5:29AM Mon | Moon – Purple | | | | Devaloka Day | |
| Until 12:02PM | | | | Pausha-Markali | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 4 | | Monday, December 30, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava Karana Panchamyam Titau | | Rio de Janeiro, Brazil Sun 17 Sutra 260 Vikarin 5121 | |
| Kumbha Rasi: 2.27 | Tithi 5 | Gulika 1:36PM – 3:18PM | Dhanishtha Until 2:20PM | Ganesha: Clear | Sunrise: 5:10AM | | | | |
| Family Home Evening | | Yama 10:14AM – 11:55AM | Vajra* Until 12:03PM | Muruqa: Clear | Sunset: 6:40PM | | | | Moon 12 - Phase 36 |
| | | 893523466 Rahu 6:51AM – 8:32AM | Bava Until 6:31PM | Nataraja: Orange | | | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 7:36AM Tue | Moon – Purple | | | | Devaloka Day | |
| | | | | Pausha-Markali | | | | | |

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| 5 | | Tuesday, December 31, 2019 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Rio de Janeiro, Brazil Sun 18 Sutra 261 Vikarin 5121 | |
| Kumbha Rasi: 14.3 | Tithi 5 – 6 | Gulika 11:55AM – 1:37PM | Shatabhishak Until 4:50PM | Ganesha: Clear | Sunrise: 5:11AM | | | | |
| | | Yama 8:33AM – 10:14AM | Siddhi Until 12:36PM | Muruqa: Clear | Sunset: 6:40PM | | | | Moon 12 - Phase 36 |
| | | 893523466 Rahu 3:18PM – 4:59PM | Kaulava Until 8:48PM | Nataraja: Orange | | | | | 3rd Phase |
| Routine Work | Marana Yoga | | Panchami Until 7:36AM | Moon – Purple | | | | Devaloka Day | |
| | | | | Pausha-Markali | | | | | |

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| 6 | | Wednesday, January 1, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Rio de Janeiro, Brazil Sun 19 Sutra 262 Vikarin 5121 | |
| Kumbha Rasi: 26.26 | Tithi 6 – 7 | Gulika 10:15AM – 11:56AM | Purvaproshtapada* Until 7:54PM | Ganesha: Blue | Sunrise: 5:12AM | | | | |
| | | Yama 6:53AM – 8:34AM | Vyatipata* Until 1:21PM | Muruqa: Clear | Sunset: 6:41PM | | | | Moon 12 - Phase 36 |
| | | 813623466 Rahu 11:56AM – 1:38PM | Gara Until 11:17PM | Nataraja: Orange | | | | | 3rd Phase |
| Creative Work | Amrita Yoga | | Shashthi* Until 10:01AM | Moon – Clear | | | | Bhuloka Day | |
| Until 7:54PM | | | | Pausha-Markali | | | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | Vinayaga Viratam Ends | | | | | | | |

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| ☾ | | Thursday, January 2, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Rio de Janeiro, Brazil Sun 20 Sutra 263 Vikarin 5121 | |
| Retreat Star | | Gulika 8:35AM – 10:16AM | Uttaraproshtapada Until 10:48PM | Ganesha: Blue | Sunrise: 5:13AM | | | | |
| Meena Rasi: 8.19 | Tithi 7 – 8 | Yama 5:13AM – 6:54AM | Variyan Until 2:08PM | Muruqa: Clear | Sunset: 6:41PM | | | | Moon 12 - Phase 36 |
| | | 813623466 Rahu 1:38PM – 3:19PM | Visti Until 1:46AM Fri | Nataraja: Orange | | | | | Ashtami |
| Creative Work | Siddha Yoga | | Saptami Until 12:31PM | Moon – Clear | | | | Bhuloka Day | |
| | | | | Pausha-Markali | | | | Devaloka Time: 3:PM to 6:PM | |

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| ☽ | | Friday, January 3, 2020 | | | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Rio de Janeiro, Brazil Sun 21 Sutra 264 Vikarin 5121 | |
| Retreat Star | | Gulika 6:54AM – 8:35AM | Revati Until 1:23AM Sat | Ganesha: Blue | Sunrise: 5:13AM | | | | |
| Meena Rasi: 20.14 | Tithi 8 – 9 | Yama 3:19PM – 5:00PM | Parigha* Until 2:51PM | Muruqa: Clear | Sunset: 6:42PM | | | | Moon 12 - Phase 36 |
| | | 813623466 Rahu 10:16AM – 11:57AM | Balava Until 4:02AM Sat | Nataraja: Orange | | | | | Navami |
| Creative Work | Siddha Yoga | | Ashtami* Until 2:55PM | Moon – Clear | | | | Bhuloka Day | |
| | | | | Pausha-Markali | | | | Devaloka Time: 3:PM to 6:PM | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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| 1 | | Saturday, January 4, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Rio de Janeiro, Brazil Sun 22 Sutra 265 Vikarin 5121 | |
| Mesha Rasi: 2.14 | Tithi 9 – 10 | 823623466 | Gulika 5:14AM – 6:55AM Yama 1:39PM – 3:20PM Rahu 8:36AM – 10:17AM | Ashvini Until 3:54AM Sun Shiva Until 3:21PM Taitila Until 5:54AM Sun Navami* Until 5:01PM | Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali | Sunrise: 5:14AM Sunset: 6:42PM | Moon 12 - Phase 37 4th Phase Devaloka Day |
| Creative Work Siddha Yoga | | Until 3:54AM Sun | | Then Routine Work - Prabalarishta Yoga | | | |

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| 2 | | Sunday, January 5, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara Karana Dashamyam Titau | | Rio de Janeiro, Brazil Sun 23 Sutra 266 Vikarin 5121 | |
| Mesha Rasi: 14.23 | Tithi 10 | 823623466 | Gulika 3:20PM – 5:01PM Yama 11:58AM – 1:39PM Rahu 5:01PM – 6:42PM | Bharani Until 5:44AM Mon Siddha Until 3:27PM Gara Until 6:36PM Dashami Until 6:36PM | Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali | Sunrise: 5:15AM Sunset: 6:42PM | Moon 12 - Phase 37 4th Phase Devaloka Day |
| Routine Work Prabalarishta Yoga | | Until 5:44AM Mon | | Then Routine Work - Marana Yoga | | | |

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| 3 | | Monday, January 6, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 24 Sutra 267 Vikarin 5121 | |
| Mesha Rasi: 26.47 | Tithi 11 | 823623466 | Gulika 1:40PM – 3:20PM Yama 10:18AM – 11:59AM Rahu 6:56AM – 8:37AM | Krittika Until 6:45AM Tue Sadhya Until 3:06PM Vanija Until 7:11AM Ekadashi Until 7:33PM | Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali | Sunrise: 5:15AM Sunset: 6:42PM | Moon 12 - Phase 37 4th Phase Devaloka Day |
| Family Home Evening | | Routine Work Marana Yoga | | Until 6:45AM Tue | | Then Creative Work - Amrita Yoga | |

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| 4 | | Tuesday, January 7, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 25 Sutra 268 Vikarin 5121 | |
| Vrishabha Rasi: 9.3 | Tithi 12 | 823623466 | Gulika 11:59AM – 1:40PM Yama 8:37AM – 10:18AM Rahu 3:21PM – 5:01PM | Krittika Until 6:45AM Subha Until 2:13PM Bava Until 7:47AM Dvadashi Until 7:47PM | Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali | Sunrise: 5:16AM Sunset: 6:42PM | Moon 12 - Phase 37 4th Phase Devaloka Day |
| Creative Work Siddha Yoga | | Until 6:45AM | | Then Creative Work - Amrita Yoga | | | |

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| 5 | | Wednesday, January 8, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 26 Sutra 269 Vikarin 5121 | |
| Vrishabha Rasi: 22.34 | Tithi 13 | 823623466 | Gulika 10:19AM – 12:00PM Yama 6:57AM – 8:38AM Rahu 12:00PM – 1:40PM | Rohini Until 7:22AM Sukla Until 12:44PM Kaulava Until 7:38AM Trayodashi Until 7:17PM | Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali | Sunrise: 5:17AM Sunset: 6:42PM | Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Creative Work Siddha Yoga | | | | | | | |

Pradosha Vrata

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| 6 | | Thursday, January 9, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 27 Sutra 270 Vikarin 5121 | |
| Mithuna Rasi: 6 | Tithi 14 | 834623466 | Gulika 8:39AM – 10:19AM Yama 5:17AM – 6:58AM Rahu 1:41PM – 3:21PM | Mrigashira Until 7:09AM Brahma Until 10:44AM Gara Until 6:48AM Chaturdashi* Until 6:07PM | Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali | Sunrise: 5:17AM Sunset: 6:43PM | Moon 12 - Phase 37 4th Phase Devaloka Day |
| Routine Work Marana Yoga | | | | | | | |

Ardra Darshanam

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| ○ | | Friday, January 10, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Rio de Janeiro, Brazil Sutra 271 Vikarin 5121 | |
| Copper Retreat Star | | | | | | | |
| Mithuna Rasi: 19.49 | Tithi 15 – 16 | 834623466 | Gulika 6:59AM – 8:39AM Yama 3:21PM – 5:02PM Rahu 10:20AM – 12:00PM | Ardra Until 6:10AM Indra Until 8:16AM Balava Until 3:20AM Sat Purnima* Until 4:22PM | Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali | Sunrise: 5:18AM Sunset: 6:43PM | Moon 12 - Phase 37 Purnima Devaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

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| ○ | | Saturday, January 11, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | Rio de Janeiro, Brazil Sutra 272 Vikarin 5121 | |
| Silver Retreat Star | | | | | | | |
| Kataka Rasi: 3.56 | Tithi 16 – 17 | 844623466 | Gulika 5:19AM – 6:59AM Yama 1:41PM – 3:22PM Rahu 8:40AM – 10:20AM | Pushya Until 3:17AM Sun Vishkambha* Until 2:12AM Sun Taitila Until 12:58AM Sun Prathama* Until 2:10PM | Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue Pausha-Markali | Sunrise: 5:19AM Sunset: 6:43PM | Moon 12 - Phase 37 Prathama Sivaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 18.17 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Until 1:13AM Mon

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:22PM - 5:02PM
Yama 12:01PM - 1:41PM
Rahu 5:02PM - 6:43PM

Ashlesha* Until 1:13AM Mon
Priti Until 10:51PM
Vanija Until 10:21PM
Dvitiya Until 11:40AM

Ganesha: White Sunrise: 5:19AM
Muruga: Clear Sunset: 6:43PM
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sivaloka Day

Rio de Janeiro, Brazil
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

1

Monday, January 13, 2020

Simha Rasi: 2.48 Tithi 18 - 19

844623466

Family Home Evening

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:42PM - 3:22PM
Yama 10:21AM - 12:01PM
Rahu 7:00AM - 8:41AM

Magha* Until 11:21PM
Ayushman Until 7:24PM
Bava Until 7:39PM
Tritiya Until 8:59AM

Ganesha: Clear Sunrise: 5:20AM
Muruga: Clear Sunset: 6:43PM
Nataraja: Orange
Moon - Red
Pausha-Markali

Devaloka Day

Rio de Janeiro, Brazil
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

2

Tuesday, January 14, 2020

Simha Rasi: 17.21 Tithi 19 - 20

844623466

Creative Work Siddha Yoga

Until 9:23PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Gulika 12:02PM - 1:42PM
Yama 8:41AM - 10:22AM
Rahu 3:22PM - 5:03PM

Purvaphalguni Until 9:23PM
Saubhagya Until 3:58PM
Taitila Until 3:38AM Wed
Chaturthi* Until 6:16AM

Ganesha: Clear Sunrise: 5:21AM
Muruga: Clear Sunset: 6:43PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Devaloka Day

Rio de Janeiro, Brazil
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

3

Wednesday, January 15, 2020

Kanya Rasi: 1.5 Tithi 21

844623466

Creative Work Amrita Yoga

Until 7:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:22AM - 12:02PM
Yama 7:02AM - 8:42AM
Rahu 12:02PM - 1:42PM

Uttaraphalguni Until 7:26PM
Sobhana Until 12:40PM
Gara Until 2:24PM
Shashthi* Until 1:11AM Thu

Ganesha: Clear Sunrise: 5:22AM
Muruga: Clear Sunset: 6:43PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Devaloka Day

Rio de Janeiro, Brazil
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

4

Thursday, January 16, 2020

Kanya Rasi: 16.13 Tithi 22

844623466

Routine Work Marana Yoga

Until 6:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:42AM - 10:22AM
Yama 5:22AM - 7:02AM
Rahu 1:43PM - 3:23PM

Hasta Until 6:00PM
Athiganda* Until 9:30AM
Visti Until 12:04PM
Saptami Until 10:59PM

Ganesha: Purple Sunrise: 5:22AM
Muruga: Clear Sunset: 6:43PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

Rio de Janeiro, Brazil
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

5

Friday, January 17, 2020

Retreat Star

Tula Rasi: 0.23 Tithi 23

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:03AM - 8:43AM
Yama 3:23PM - 5:03PM
Rahu 10:23AM - 12:03PM

Chitra Until 4:43PM
Sukarma Until 6:35AM
Balava Until 10:01AM
Ashtami* Until 9:06PM

Ganesha: Purple Sunrise: 5:23AM
Muruga: Clear Sunset: 6:43PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

Rio de Janeiro, Brazil
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 14.21 Tithi 24

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:24AM - 7:04AM
Yama 1:43PM - 3:23PM
Rahu 8:43AM - 10:23AM

Svati Until 3:39PM
Shula* Until 1:33AM Sun
Taitila Until 8:19AM
Navami* Until 7:35PM

Ganesha: Purple Sunrise: 5:24AM
Muruga: Clear Sunset: 6:43PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

Rio de Janeiro, Brazil
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

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|-----------------------------------|-------------|--|------------------------------|--|---|
| 1 Sunday, January 19, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau | | | Rio de Janeiro, Brazil Sun 8 Sutra 280 Vikarin 5121 |
| Tula Rasi: 28.06 | Tithi 25 | Gulika 3:23PM – 5:03PM | Vishakha Until 3:14PM | Ganesha: Clear <i>Sunrise:</i> 5:24AM | |
| | | Yama 12:03PM – 1:43PM | Ganda* Until 11:30PM | Muruqa: Clear <i>Sunset:</i> 6:42PM | Moon 1 - Phase 39 |
| | | 874623466 Rahu 5:03PM – 6:42PM | Vanija Until 6:58AM | Nataraja: Orange | 2nd Phase |
| Routine Work | Marana Yoga | | Dashami Until 6:26PM | Moon – Orange | Devaloka Day |
| | | | | Pausha -Thai | |

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|-----------------------------------|---------------|--|-------------------------------|--|---|
| 2 Monday, January 20, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | Rio de Janeiro, Brazil Sun 9 Sutra 281 Vikarin 5121 |
| Vrischika Rasi: 11.37 | Tithi 26 – 27 | Gulika 1:43PM – 3:23PM | Anuradha Until 3:02PM | Ganesha: Clear <i>Sunrise:</i> 5:25AM | |
| Family Home Evening | | Yama 10:24AM – 12:04PM | Vriddhi Until 9:45PM | Muruqa: Clear <i>Sunset:</i> 6:42PM | Moon 1 - Phase 39 |
| | | 874623466 Rahu 7:05AM – 8:44AM | Bava Until 6:01AM | Nataraja: Orange | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 5:40PM | Moon – Orange | Devaloka Day |
| | | | | Pausha -Thai | |

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|------------------------------------|---------------|---|---------------------------------|---|--|
| 3 Tuesday, January 21, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau | | | Rio de Janeiro, Brazil Sun 10 Sutra 282 Vikarin 5121 |
| Vrischika Rasi: 24.55 | Tithi 27 – 28 | Gulika 12:04PM – 1:44PM | Jyeshtha* Until 3:05PM | Ganesha: Purple <i>Sunrise:</i> 5:26AM | |
| | | Yama 8:45AM – 10:24AM | Dhruva Until 8:17PM | Muruqa: Clear <i>Sunset:</i> 6:42PM | Moon 1 - Phase 39 |
| | | 875623466 Rahu 3:23PM – 5:03PM | Gara Until 5:18AM Wed | Nataraja: Orange | 2nd Phase |
| Routine Work | Marana Yoga | | Dvadashi* Until 5:18PM | Moon – Orange | Bhuloka Day |
| Until 3:05PM | | | | Pausha -Thai | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | |

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|--------------------------------------|---------------|---|---------------------------------|---|--|
| 4 Wednesday, January 22, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | Rio de Janeiro, Brazil Sun 11 Sutra 283 Vikarin 5121 |
| Dhanus Rasi: 8.01 | Tithi 28 – 29 | Gulika 10:25AM – 12:04PM | Mula* Until 3:51PM | Ganesha: Light Blue <i>Sunrise:</i> 5:27AM | |
| | | Yama 7:06AM – 8:45AM | Vyaghata* Until 7:10PM | Muruqa: Clear <i>Sunset:</i> 6:42PM | Moon 1 - Phase 39 |
| | | 885623466 Rahu 12:04PM – 1:44PM | Visti Until 5:34AM Thu | Nataraja: Orange | 2nd Phase |
| Routine Work | Marana Yoga | | Trayodashi* Until 5:21PM | Moon – Light Blue | Bhuloka Day |
| Until 3:51PM | | | | Pausha -Thai | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | |

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| 5 Thursday, January 23, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | Rio de Janeiro, Brazil Sun 12 Sutra 284 Vikarin 5121 |
| Dhanus Rasi: 20.53 | Tithi 29 – 30 | Gulika 8:46AM – 10:25AM | Purvashadha* Until 4:51PM | Ganesha: Light Blue <i>Sunrise:</i> 5:27AM | |
| | | Yama 5:27AM – 7:07AM | Harshana Until 6:23PM | Muruqa: Clear <i>Sunset:</i> 6:42PM | Moon 1 - Phase 39 |
| | | 885623466 Rahu 1:44PM – 3:23PM | Catuspada Until 6:15AM Fri | Nataraja: Orange | 2nd Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 5:50PM | Moon – Light Blue | Bhuloka Day |
| Until 4:51PM | | | | Pausha -Thai | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |

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| Friday, January 24, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | Rio de Janeiro, Brazil Sun 13 Sutra 285 Vikarin 5121 |
| Retreat Star | | Gulika 7:07AM – 8:46AM | Uttarashadha Until 6:07PM | Ganesha: Light Blue <i>Sunrise:</i> 5:28AM | |
| Makara Rasi: 3.34 | Tithi 30 | Yama 3:23PM – 5:02PM | Vajra* Until 5:54PM | Muruqa: Clear <i>Sunset:</i> 6:42PM | Moon 1 - Phase 39 |
| | | 885623466 Rahu 10:26AM – 12:05PM | Catuspada Until 6:15AM | Nataraja: Orange | Amavasya |
| Routine Work | Marana Yoga | | Amavasya* Until 6:44PM | Moon – Light Blue | Bhuloka Day |
| | | | | Pausha -Thai | Devaloka Time: 3:PM to 6:PM |

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| Saturday, January 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | Rio de Janeiro, Brazil Sun 14 Sutra 286 Vikarin 5121 |
| Retreat Star | | Gulika 5:29AM – 7:08AM | Shravana Until 8:08PM | Ganesha: Light Blue <i>Sunrise:</i> 5:29AM | |
| Makara Rasi: 16.04 | Tithi 1 | Yama 1:44PM – 3:23PM | Siddhi Until 5:46PM | Muruqa: Clear <i>Sunset:</i> 6:41PM | Moon 1 - Phase 39 |
| | | 995623466 Rahu 8:47AM – 10:26AM | Kintughna Until 7:23AM | Nataraja: Orange | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 8:05PM | Moon – Purple | Bhuloka Day |
| | | | | Magha -Thai | Devaloka Time: 3:PM to 6:PM |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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| 1 | | Sunday, January 26, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvilyayam Titau | | | Rio de Janeiro, Brazil Sun 15 Sutra 287 Vikarin 5121 |
| Makara Rasi: 28.22 | Tithi 2 | Gulika 3:23PM – 5:02PM | Dhanishtha Until 10:21PM | Ganesha: Orange | Sunrise: 5:29AM | | |
| | | Yama 12:05PM – 1:44PM | Vyatipata* Until 5:57PM | Muruqa: Clear | Sunset: 6:41PM | | Moon 1 - Phase 40 |
| | | 995723466 Rahu 5:02PM – 6:41PM | Balava Until 8:56AM | Nataraja: Orange | | | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 9:50PM | Moon – Purple | | Devaloka Day | |
| Until 10:21PM | | | | Magha-Thai | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Monday, January 27, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Varyan Yoga Taitila/Gara Karana Tritiyayam Titau | | | Rio de Janeiro, Brazil Sun 16 Sutra 288 Vikarin 5121 |
| Kumbha Rasi: 10.31 | Tithi 3 | Gulika 1:44PM – 3:23PM | Shatabhishak Until 12:45AM Tue | Ganesha: Orange | Sunrise: 5:30AM | | |
| Family Home Evening | | Yama 10:27AM – 12:05PM | Varyan Until 6:23PM | Muruqa: Clear | Sunset: 6:41PM | | Moon 1 - Phase 40 |
| Creative Work | Siddha Yoga | 995723466 Rahu 7:09AM – 8:48AM | Taitila Until 10:52AM | Nataraja: Orange | | | 3rd Phase |
| Until 12:45AM Tue | | | Tritiya Until 11:56PM | Moon – Purple | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | | Magha-Thai | | | |

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|----------------------------------|-------------|---------------------------------------|---|--|------------------------|---------------------|--|
| 3 | | Tuesday, January 28, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau | | | Rio de Janeiro, Brazil Sun 17 Sutra 289 Vikarin 5121 |
| Kumbha Rasi: 22.31 | Tithi 4 | Gulika 12:06PM – 1:44PM | Purvaproshtapada* Until 3:44AM Wed | Ganesha: Green | Sunrise: 5:31AM | | |
| | | Yama 8:48AM – 10:27AM | Parigha* Until 7:02PM | Muruqa: Clear | Sunset: 6:40PM | | Moon 1 - Phase 40 |
| | | 915723466 Rahu 3:23PM – 5:02PM | Vanija Until 1:06PM | Nataraja: Orange | | | 3rd Phase |
| Routine Work | Marana Yoga | | Chaturthi* Until 2:18AM Wed | Moon – Clear | | Sivaloka Day | |
| Until 3:44AM Wed | | | | Magha-Thai | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | | Wednesday, January 29, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau | | | Rio de Janeiro, Brazil Sun 18 Sutra 290 Vikarin 5121 |
| Meena Rasi: 4.27 | Tithi 5 | Gulika 10:27AM – 12:06PM | Uttaraproshtapada Until 6:41AM Thu | Ganesha: Green | Sunrise: 5:31AM | | |
| | | Yama 7:10AM – 8:49AM | Shiva Until 7:51PM | Muruqa: Clear | Sunset: 6:40PM | | Moon 1 - Phase 40 |
| | | 915723466 Rahu 12:06PM – 1:44PM | Bava Until 3:34PM | Nataraja: Orange | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 4:49AM Thu | Moon – Clear | | Sivaloka Day | |
| | | | | Magha-Thai | | | |

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| 5 | | Thursday, January 30, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava Karana Shashthyam Titau | | | Rio de Janeiro, Brazil Sun 19 Sutra 291 Vikarin 5121 |
| Meena Rasi: 16.19 | Tithi 6 | Gulika 8:49AM – 10:27AM | Uttaraproshtapada Until 6:41AM | Ganesha: Green | Sunrise: 5:32AM | | |
| | | Yama 5:32AM – 7:11AM | Siddha Until 8:40PM | Muruqa: Clear | Sunset: 6:40PM | | Moon 1 - Phase 40 |
| | | 915723466 Rahu 1:44PM – 3:23PM | Kaulava Until 6:06PM | Nataraja: Orange | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 7:19AM Fri | Moon – Clear | | Sivaloka Day | |
| | | | | Magha-Thai | | | |

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| 6 | | Friday, January 31, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | Rio de Janeiro, Brazil Sun 20 Sutra 292 Vikarin 5121 |
| Meena Rasi: 28.12 | Tithi 6 – 7 | Gulika 7:11AM – 8:49AM | Revati Until 9:26AM | Ganesha: Orange | Sunrise: 5:33AM | | |
| | | Yama 3:23PM – 5:01PM | Sadhya Until 9:25PM | Muruqa: Clear | Sunset: 6:39PM | | Moon 1 - Phase 40 |
| | | 916723466 Rahu 10:28AM – 12:06PM | Gara Until 8:32PM | Nataraja: Orange | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 7:19AM | Moon – Clear | | Devaloka Day | |
| Until 9:26AM | | | | Magha-Thai | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| Retreat Star | | Saturday, February 1, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | Rio de Janeiro, Brazil Sun 21 Sutra 293 Vikarin 5121 |
| Mesha Rasi: 10.09 | Tithi 7 – 8 | Gulika 5:33AM – 7:11AM | Ashvini Until 12:20PM | Ganesha: Green | Sunrise: 5:33AM | | |
| | | Yama 1:44PM – 3:23PM | Subha Until 9:57PM | Muruqa: Clear | Sunset: 6:39PM | | Moon 1 - Phase 40 |
| | | 926723466 Rahu 8:49AM – 10:28AM | Visti Until 10:40PM | Nataraja: Orange | | | Ashtami |
| Creative Work | Siddha Yoga | | Saptami Until 9:38AM | Moon – White | | Bhuloka Day | |
| | | | | Magha-Thai | | Devaloka Time: 3:PM to 6:PM | |

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| Retreat Star | | Sunday, February 2, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | Rio de Janeiro, Brazil Sun 22 Sutra 294 Vikarin 5121 |
| Mesha Rasi: 22.14 | Tithi 8 – 9 | Gulika 3:22PM – 5:01PM | Bharani Until 2:39PM | Ganesha: Green | Sunrise: 5:33AM | | |
| | | Yama 12:06PM – 1:44PM | Sukla Until 10:05PM | Muruqa: Clear | Sunset: 6:39PM | | Moon 1 - Phase 40 |
| | | 926723466 Rahu 5:01PM – 6:39PM | Balava Until 12:18AM Mon | Nataraja: Orange | | | Navami |
| Routine Work | Prabalarishta Yoga | | Ashtami* Until 11:32AM | Moon – White | | Bhuloka Day | |
| Until 2:39PM | | | | Magha-Thai | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Monday, February 3, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Rio de Janeiro, Brazil Sun 23 Sutra 295 | |
| 1 | | Gulika 1:44PM – 3:22PM | Krittika Until 4:12PM | Ganesha: Green <i>Sunrise: 5:34AM</i> | Vikarin 5121 |
| Vrishabha Rasi: 4.34 | Tithi 9 – 10 | Yama 10:28AM – 12:06PM | Brahma Until 9:42PM | Muruqa: Clear <i>Sunset: 6:38PM</i> | Moon 1 - Phase 41 |
| Family Home Evening | 926723466 | Rahu 7:12AM – 8:50AM | Taitila Until 1:13AM Tue | Nataraja: Orange | 4th Phase |
| Routine Work Marana Yoga | | | Navami* Until 12:50PM | Magha-Thai | Bhuloka Day |
| Until 4:12PM | | | | | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | |

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| Tuesday, February 4, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 24 Sutra 296 | |
| 2 | | Gulika 12:06PM – 1:44PM | Rohini Until 5:20PM | Ganesha: Red <i>Sunrise: 5:35AM</i> | Vikarin 5121 |
| Vrishabha Rasi: 17.13 | Tithi 10 – 11 | Yama 8:51AM – 10:28AM | Indra Until 8:44PM | Muruqa: Clear <i>Sunset: 6:38PM</i> | Moon 1 - Phase 41 |
| | 936723467 | Rahu 3:22PM – 5:00PM | Vanija Until 1:19AM Wed | Nataraja: Clear | 4th Phase |
| Creative Work Amrita Yoga | | | Dashami Until 1:21PM | Magha-Thai | Devaloka Day |
| Until 5:20PM | | | | | |
| Then Creative Work - Siddha Yoga | | | | | |

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| Wednesday, February 5, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 25 Sutra 297 | |
| 3 | | Gulika 10:29AM – 12:06PM | Mrigashira Until 5:29PM | Ganesha: Red <i>Sunrise: 5:35AM</i> | Vikarin 5121 |
| Mithuna Rasi: 0.16 | Tithi 11 – 12 | Yama 7:13AM – 8:51AM | Vaidhriti* Until 7:05PM | Muruqa: Clear <i>Sunset: 6:38PM</i> | Moon 1 - Phase 41 |
| | 936723467 | Rahu 12:06PM – 1:44PM | Bava Until 12:35AM Thu | Nataraja: Clear | 4th Phase |
| Creative Work Siddha Yoga | | | Ekadashi Until 1:02PM | Magha-Thai | Devaloka Day |
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| Thursday, February 6, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 26 Sutra 298 | |
| 4 | | Gulika 8:51AM – 10:29AM | Ardra Until 4:41PM | Ganesha: Red <i>Sunrise: 5:36AM</i> | Vikarin 5121 |
| Mithuna Rasi: 13.45 | Tithi 12 – 13 | Yama 5:36AM – 7:14AM | Vishkambha* Until 4:48PM | Muruqa: Clear <i>Sunset: 6:37PM</i> | Moon 1 - Phase 41 |
| | 936723467 | Rahu 1:44PM – 3:22PM | Kaulava Until 11:03PM | Nataraja: Clear | 4th Phase |
| Routine Work Marana Yoga | | | Dvadashi Until 11:54AM | Magha-Thai | Devaloka Day |
| Until 4:41PM | | | | | |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata</i> | | |

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|---------------------------------|---------------|--|--------------------------------------|---|-----------------------------|
| Friday, February 7, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 27 Sutra 299 | |
| 5 | | Gulika 7:14AM – 8:52AM | Punarvasu Until 3:28PM | Ganesha: Blue <i>Sunrise: 5:37AM</i> | Vikarin 5121 |
| Mithuna Rasi: 27.42 | Tithi 13 – 14 | Yama 3:22PM – 4:59PM | Priti Until 1:57PM | Muruqa: Clear <i>Sunset: 6:37PM</i> | Moon 1 - Phase 41 |
| | 947723467 | Rahu 10:29AM – 12:07PM | Gara Until 8:50PM | Nataraja: Clear | 4th Phase |
| Creative Work Siddha Yoga | | Thai Pusam | Trayodashi Until 10:00AM | Magha-Thai | Bhuloka Day |
| Until 3:28PM | | | | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |

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|-----------------------------------|----------------------------|---|-----------------------------------|---|-----------------------------|
| Saturday, February 8, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Rio de Janeiro, Brazil Sutra 300 | |
| ○ | Copper Retreat Star | Gulika 5:37AM – 7:15AM | Pushya Until 1:31PM | Ganesha: Blue <i>Sunrise: 5:37AM</i> | Vikarin 5121 |
| Kataka Rasi: 12.04 | Tithi 14 – 15 | Yama 1:44PM – 3:21PM | Ayushman Until 10:36AM | Muruqa: Clear <i>Sunset: 6:36PM</i> | Moon 1 - Phase 41 |
| | 947723467 | Rahu 8:52AM – 10:29AM | Visti Until 6:03PM | Nataraja: Clear | Purnima |
| Creative Work Siddha Yoga | | | Chaturdashi* Until 7:29AM | Magha-Thai | Bhuloka Day |
| Until 1:31PM | | | | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |

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| Sunday, February 9, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau | | Rio de Janeiro, Brazil Sutra 301 | |
| ○ | Silver Retreat Star | Gulika 3:21PM – 4:58PM | Ashlesha* Until 11:01AM | Ganesha: Blue <i>Sunrise: 5:38AM</i> | Vikarin 5121 |
| Kataka Rasi: 26.47 | Tithi 16 | Yama 12:07PM – 1:44PM | Saubhagya Until 6:54AM | Muruqa: Clear <i>Sunset: 6:35PM</i> | Moon 1 - Phase 41 |
| | 947723467 | Rahu 4:58PM – 6:35PM | Balava Until 2:54PM | Nataraja: Clear | Prathama |
| Creative Work Siddha Yoga | | | Prathama* Until 1:13AM Mon | Magha-Thai | Bhuloka Day |
| Until 11:01AM | | | | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |



Monday, February 10, 2020

Gold Retreat Star

Simha Rasi: 11.44 Tithi 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 8:33AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:44PM - 3:21PM
Yama 10:30AM - 12:07PM
Rahu 7:15AM - 8:53AM
Magha* Until 8:33AM
Athiganda* Until 10:56PM
Taitila Until 11:31AM
Dvitiya Until 9:47PM

Ganesha: Red *Sunrise: 5:38AM*
Muruqa: Clear *Sunset: 6:35PM*
Nataraja: Clear
Moon - Red
Magha-Thai

Rio de Janeiro, Brazil
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 26.44 Tithi 18
Creative Work Amrita Yoga
Until 3:08AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:07PM - 1:44PM
Yama 8:53AM - 10:30AM
Rahu 3:20PM - 4:57PM
Uttaraphalguni Until 3:08AM Wed
Sukarma Until 6:57PM
Vanija Until 8:06AM
Tritiya Until 6:24PM

Ganesha: Red *Sunrise: 5:39AM*
Muruqa: Clear *Sunset: 6:34PM*
Nataraja: Clear
Moon - Red
Magha-Thai

Rio de Janeiro, Brazil
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 11.41 Tithi 19 - 20
Routine Work Marana Yoga
Until 12:56AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:30AM - 12:07PM
Yama 7:16AM - 8:53AM
Rahu 12:07PM - 1:43PM
Hasta Until 12:56AM Thu
Dhriti Until 3:07PM
Kaulava Until 1:43AM Thu
Chaturthi* Until 3:11PM

Ganesha: Green *Sunrise: 5:40AM*
Muruqa: Clear *Sunset: 6:34PM*
Nataraja: Clear
Moon - Green
Magha-Thai

Rio de Janeiro, Brazil
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 26.25 Tithi 20 - 21
Creative Work Siddha Yoga
Until 10:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:53AM - 10:30AM
Yama 5:40AM - 7:17AM
Rahu 1:43PM - 3:20PM
Chitra Until 10:58PM
Shula* Until 11:32AM
Gara Until 11:03PM
Panchami Until 12:19PM

Ganesha: White *Sunrise: 5:40AM*
Muruqa: Clear *Sunset: 6:33PM*
Nataraja: Clear
Moon - Green
Magha-Masi

Rio de Janeiro, Brazil
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 10.5 Tithi 21 - 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:17AM - 8:54AM
Yama 3:20PM - 4:56PM
Rahu 10:30AM - 12:07PM
Svati Until 9:23PM
Ganda* Until 8:20AM
Visti Until 8:54PM
Shashthi* Until 9:53AM

Ganesha: White *Sunrise: 5:41AM*
Muruqa: Clear *Sunset: 6:32PM*
Nataraja: Clear
Moon - Green
Magha-Masi

Rio de Janeiro, Brazil
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

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Saturday, February 15, 2020

Retreat Star

Tula Rasi: 24.55 Tithi 22 - 23
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 5:41AM - 7:18AM
Yama 1:43PM - 3:19PM
Rahu 8:54AM - 10:30AM
Vishakha Until 8:39PM
Dhruva Until 3:17AM Sun
Balava Until 7:19PM
Saptami Until 8:01AM

Ganesha: Clear *Sunrise: 5:41AM*
Muruqa: Clear *Sunset: 6:32PM*
Nataraja: Clear
Moon - Orange
Magha-Masi

Rio de Janeiro, Brazil
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vrischika Rasi: 8.37 Tithi 23 - 24
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 3:19PM - 4:55PM
Yama 12:07PM - 1:43PM
Rahu 4:55PM - 6:31PM
Anuradha Until 8:23PM
Vyaghata* Until 1:30AM Mon
Taitila Until 6:22PM
Ashtami* Until 6:44AM

Ganesha: Clear *Sunrise: 5:42AM*
Muruqa: Clear *Sunset: 6:31PM*
Nataraja: Clear
Moon - Orange
Magha-Masi

Rio de Janeiro, Brazil
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Devaloka Day

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|----------------------------|---------------|----------------------------------|-------------------|--|------------------------|---|---------------------|
| 1 | | Monday, February 17, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Rio de Janeiro, Brazil Sun 7 Sutra 309 | |
| Vrischika Rasi: 21.58 | Tithi 24 – 25 | Gulika | 1:42PM – 3:18PM | Jyeshtha* Until 8:33PM | Ganesha: Clear | <i>Sunrise:</i> 5:42AM | Vikarin 5121 |
| Family Home Evening | 978723467 | Yama | 10:30AM – 12:06PM | Harshana Until 12:12AM Tue | Muruqa: Clear | <i>Sunset:</i> 6:30PM | Moon 2 - Phase 43 |
| Creative Work | Siddha Yoga | Rahu | 7:18AM – 8:54AM | Vanija Until 6:01PM | Nataraja: Clear | | 2nd Phase |
| | | | | Navami* Until 6:06AM | Moon – Orange | | Devaloka Day |
| | | | | | Magha-Masi | | |

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| 2 | | Tuesday, February 18, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 8 Sutra 310 | |
| Dhanus Rasi: 5 | Tithi 25 – 26 | Gulika | 12:06PM – 1:42PM | Mula* Until 9:36PM | Ganesha: Purple | <i>Sunrise:</i> 5:43AM | Vikarin 5121 |
| | 988723467 | Yama | 8:55AM – 10:31AM | Vajra* Until 11:19PM | Muruqa: Clear | <i>Sunset:</i> 6:30PM | Moon 2 - Phase 43 |
| Creative Work | Amrita Yoga | Rahu | 3:18PM – 4:54PM | Bava Until 6:16PM | Nataraja: Clear | | 2nd Phase |
| Until 9:36PM | | | | Dashami Until 6:03AM | Moon – Light Blue | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | | | | Magha-Masi | | Devaloka Time: 3:PM to 6:PM |

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| 3 | | Wednesday, February 19, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 9 Sutra 311 | |
| Dhanus Rasi: 17.46 | Tithi 26 – 27 | Gulika | 10:31AM – 12:06PM | Purvashadha* Until 10:58PM | Ganesha: Purple | <i>Sunrise:</i> 5:44AM | Vikarin 5121 |
| | 988723467 | Yama | 7:19AM – 8:55AM | Siddhi Until 10:49PM | Muruqa: Clear | <i>Sunset:</i> 6:29PM | Moon 2 - Phase 43 |
| Creative Work | Amrita Yoga | Rahu | 12:06PM – 1:42PM | Kaulava Until 7:01PM | Nataraja: Clear | | 2nd Phase |
| | | | | Ekadashi* Until 6:34AM | Moon – Light Blue | | Bhuloka Day |
| | | | | | Magha-Masi | | Devaloka Time: 3:PM to 6:PM |

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| 4 | | Thursday, February 20, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 10 Sutra 312 | |
| Makara Rasi: 0.19 | Tithi 27 – 28 | Gulika | 8:55AM – 10:31AM | Uttarashadha Until 12:35AM Fri | Ganesha: Purple | <i>Sunrise:</i> 5:44AM | Vikarin 5121 |
| | 989823467 | Yama | 5:44AM – 7:20AM | Vyatipata* Until 10:40PM | Muruqa: Clear | <i>Sunset:</i> 6:28PM | Moon 2 - Phase 43 |
| Routine Work | Marana Yoga | Rahu | 1:42PM – 3:17PM | Gara Until 8:12PM | Nataraja: Clear | | 2nd Phase |
| | | | | Dvadashi* Until 7:32AM | Moon – Light Blue | | Bhuloka Day |
| | | | | | Magha-Masi | | Devaloka Time: 3:PM to 6:PM |
| | | | | | <i>Pradosha Vrata (Fasting)</i> | | |

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| 5 | | Friday, February 21, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visti*/ Karana Trayodashi/Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 11 Sutra 313 | |
| Makara Rasi: 12.41 | Tithi 28 – 29 | Gulika | 7:20AM – 8:55AM | Shravana Until 2:52AM Sat | Ganesha: Light Blue | <i>Sunrise:</i> 5:45AM | Vikarin 5121 |
| | 999823467 | Yama | 3:17PM – 4:52PM | Variyan Until 10:45PM | Muruqa: Clear | <i>Sunset:</i> 6:28PM | Moon 2 - Phase 43 |
| Routine Work | Marana Yoga | Rahu | 10:31AM – 12:06PM | Visti Until 9:45PM | Nataraja: Clear | | 2nd Phase |
| Until 2:52AM Sat | | | | Trayodashi* Until 8:55AM | Moon – Purple | | Bhuloka Day |
| Then Creative Work - Siddha Yoga | | Mahasivaratri (Lunar) | | | Magha-Masi | | Devaloka Time: 3:PM to 6:PM |
| | | Mahasivaratri (Solar) | | | | | |

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| ● | | Saturday, February 22, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Rio de Janeiro, Brazil Sun 12 Sutra 314 | |
| Retreat Star | | Gulika | 5:45AM – 7:20AM | Dhanishtha Until 5:16AM Sun | Ganesha: Light Blue | <i>Sunrise:</i> 5:45AM | Vikarin 5121 |
| Makara Rasi: 24.55 | Tithi 29 – 30 | Yama | 1:41PM – 3:16PM | Parigha* Until 11:04PM | Muruqa: Clear | <i>Sunset:</i> 6:27PM | Moon 2 - Phase 43 |
| | 999823467 | Rahu | 8:56AM – 10:31AM | Catuspada Until 11:36PM | Nataraja: Clear | | Amavasya |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 10:37AM | Moon – Purple | | Bhuloka Day |
| | | | | | Magha-Masi | | Devaloka Time: 3:PM to 6:PM |

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| ● | | Sunday, February 23, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Rio de Janeiro, Brazil Sun 13 Sutra 315 | |
| Retreat Star | | Gulika | 3:16PM – 4:51PM | Shatabhishak Until 7:43AM Mon | Ganesha: Light Blue | <i>Sunrise:</i> 5:46AM | Vikarin 5121 |
| Kumbha Rasi: 7.02 | Tithi 30 – 1 | Yama | 12:06PM – 1:41PM | Shiva Until 11:36PM | Muruqa: Clear | <i>Sunset:</i> 6:26PM | Moon 2 - Phase 43 |
| | 999823467 | Rahu | 4:51PM – 6:26PM | Kintughna Until 1:42AM Mon | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | | Amavasya* Until 12:36PM | Moon – Purple | | Bhuloka Day |
| Until 7:43AM Mon | | | | | Phalgun-Masi | | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | | | |

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| Monday, February 24, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Rio de Janeiro, Brazil Sun 14 Sutra 316 Vikarin 5121 |
| 1 | Kumbha Rasi: 19.03 Tithi 1 – 2 Family Home Evening Creative Work Siddha Yoga Until 7:43AM Then Routine Work - Marana Yoga | Gulika 1:41PM – 3:15PM Yama 10:31AM – 12:06PM Rahu 7:21AM – 8:56AM | Shatabhishak Until 7:43AM Siddha Until 12:15AM Tue Balava Until 4:00AM Tue Prathama* Until 2:48PM | Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple | Sunrise: 5:46AM Sunset: 6:25PM | Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Tuesday, February 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Rio de Janeiro, Brazil Sun 15 Sutra 317 Vikarin 5121 |
| 2 | Meena Rasi: 1 Tithi 2 – 3 Routine Work Marana Yoga Until 10:41AM Then Creative Work - Amrita Yoga | Gulika 12:06PM – 1:40PM Yama 8:56AM – 10:31AM Rahu 3:15PM – 4:50PM | Purvaprosarthapada* Until 10:41AM Sadhya Until 1:02AM Wed Taitila Until 6:27AM Wed Dvitiya Until 5:11PM | Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear | Sunrise: 5:47AM Sunset: 6:25PM | Moon 2 - Phase 44 3rd Phase Devaloka Day |
| Wednesday, February 26, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Rio de Janeiro, Brazil Sun 16 Sutra 318 Vikarin 5121 |
| 3 | Meena Rasi: 12.53 Tithi 3 Creative Work Siddha Yoga Until 1:36PM Then Routine Work - Marana Yoga | Gulika 10:31AM – 12:05PM Yama 7:22AM – 8:56AM Rahu 12:05PM – 1:40PM | Uttaraprosarthapada Until 1:36PM Subha Until 1:55AM Thu Taitila Until 6:27AM Tritiya Until 7:41PM | Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear | Sunrise: 5:47AM Sunset: 6:24PM | Moon 2 - Phase 44 3rd Phase Devaloka Day |
| Thursday, February 27, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthayam Titau | | | | Rio de Janeiro, Brazil Sun 17 Sutra 319 Vikarin 5121 |
| 4 | Meena Rasi: 24.46 Tithi 4 Creative Work Siddha Yoga Until 4:25PM Then Creative Work - Amrita Yoga | Gulika 8:56AM – 10:31AM Yama 5:48AM – 7:22AM Rahu 1:40PM – 3:14PM | Revati Until 4:25PM Sukla Until 2:45AM Fri Vanija Until 8:58AM Chaturthi* Until 10:12PM | Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear | Sunrise: 5:48AM Sunset: 6:23PM | Moon 2 - Phase 44 3rd Phase Devaloka Day |
| Friday, February 28, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau | | | | Rio de Janeiro, Brazil Sun 18 Sutra 320 Vikarin 5121 |
| 5 | Mesha Rasi: 6.38 Tithi 5 Creative Work Amrita Yoga Until 7:29PM Then Creative Work - Siddha Yoga | Gulika 7:22AM – 8:57AM Yama 3:14PM – 4:48PM Rahu 10:31AM – 12:05PM | Ashvini Until 7:29PM Brahma Until 3:31AM Sat Bava Until 11:27AM Panchami Until 12:37AM Sat | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White | Sunrise: 5:48AM Sunset: 6:22PM | Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Saturday, February 29, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Rio de Janeiro, Brazil Sun 19 Sutra 321 Vikarin 5121 |
| 6 | Mesha Rasi: 18.34 Tithi 6 Creative Work Siddha Yoga Until 10:10PM Then Creative Work - Amrita Yoga | Gulika 5:48AM – 7:23AM Yama 1:39PM – 3:13PM Rahu 8:57AM – 10:31AM | Bharani Until 10:10PM Indra Until 4:05AM Sun Kaulava Until 1:45PM Shashthi* Until 2:45AM Sun | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White | Sunrise: 5:48AM Sunset: 6:21PM | Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Sunday, March 1, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau | | | | Rio de Janeiro, Brazil Sun 20 Sutra 322 Vikarin 5121 |
| Retreat Star | Vrishabha Rasi: 1 Tithi 7 Creative Work Siddha Yoga Until 12:16AM Mon Then Creative Work - Amrita Yoga | Gulika 3:12PM – 4:46PM Yama 12:04PM – 1:38PM Rahu 4:46PM – 6:20PM | Krittika Until 12:16AM Mon Vaidhriti* Until 4:14AM Mon Gara Until 3:41PM Saptami Until 4:25AM Mon | Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White | Sunrise: 5:49AM Sunset: 6:20PM | Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM |
| Monday, March 2, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Rio de Janeiro, Brazil Sun 21 Sutra 323 Vikarin 5121 |
| Retreat Star | Vrishabha Rasi: 12.52 Tithi 8 Family Home Evening Creative Work Amrita Yoga Until 2:04AM Tue Then Creative Work - Siddha Yoga | Gulika 1:38PM – 3:11PM Yama 10:31AM – 12:04PM Rahu 7:23AM – 8:57AM | Rohini Until 2:04AM Tue Vishkambha* Until 3:54AM Tue Visti Until 5:01PM Ashtami* Until 5:23AM Tue | Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow | Sunrise: 5:50AM Sunset: 6:19PM | Moon 2 - Phase 44 Ashtami Devaloka Day |
| Tuesday, March 3, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau | | | | Rio de Janeiro, Brazil Sun 22 Sutra 324 Vikarin 5121 |
| Retreat Star | Vrishabha Rasi: 25.24 Tithi 9 Creative Work Siddha Yoga | Gulika 12:04PM – 1:37PM Yama 8:57AM – 10:31AM Rahu 3:11PM – 4:44PM | Mrigashira Until 2:55AM Wed Priti Until 2:57AM Wed Balava Until 5:36PM Navami* Until 5:33AM Wed | Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow | Sunrise: 5:50AM Sunset: 6:18PM | Moon 2 - Phase 44 Navami Devaloka Day |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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| 1 | | Wednesday, March 4, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau | Rio de Janeiro, Brazil Sun 23 Sutra 325 Vikarin 5121 |
| Mithuna Rasi: 8.2 | Tithi 10 | Gulika 10:30AM – 12:04PM | Ardra Until 2:47AM Thu | Ganesha: Red <i>Sunrise:</i> 5:51AM | |
| | | Yama 7:24AM – 8:57AM | Ayushman Until 1:18AM Thu | Muruqa: Orange <i>Sunset:</i> 6:17PM | Moon 2 - Phase 45 |
| | | 131833467 Rahu 12:04PM – 1:37PM | Taitila Until 5:19PM | Nataraja: Clear | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 4:49AM Thu | Moon – Yellow | Devaloka Day |
| Until 2:47AM Thu | | | | Phalguna-Masi | |
| Then Creative Work - Amrita Yoga | | | | | |

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| 2 | | Thursday, March 5, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau | Rio de Janeiro, Brazil Sun 24 Sutra 326 Vikarin 5121 |
| Mithuna Rasi: 21.44 | Tithi 11 | Gulika 8:57AM – 10:30AM | Punarvasu Until 2:05AM Fri | Ganesha: Blue <i>Sunrise:</i> 5:51AM | |
| | | Yama 5:51AM – 7:24AM | Saubhagya Until 10:58PM | Muruqa: Orange <i>Sunset:</i> 6:16PM | Moon 2 - Phase 45 |
| | | 141833467 Rahu 1:37PM – 3:10PM | Vanija Until 4:09PM | Nataraja: Clear | 4th Phase |
| Creative Work | Amrita Yoga | | Ekadashi Until 3:14AM Fri | Moon – Blue | Bhuloka Day |
| Until 2:05AM Fri | | | | Phalguna-Masi | Devaloka Time: 3:PM to 6:PM |
| Then Routine Work - Marana Yoga | | | | | |

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| 3 | | Friday, March 6, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau | Rio de Janeiro, Brazil Sun 25 Sutra 327 Vikarin 5121 |
| Kataka Rasi: 5.37 | Tithi 12 | Gulika 7:24AM – 8:57AM | Pushya Until 12:29AM Sat | Ganesha: Blue <i>Sunrise:</i> 5:51AM | |
| | | Yama 3:09PM – 4:42PM | Sobhana Until 8:00PM | Muruqa: Orange <i>Sunset:</i> 6:15PM | Moon 2 - Phase 45 |
| | | 141833467 Rahu 10:30AM – 12:03PM | Bava Until 2:10PM | Nataraja: Clear | 4th Phase |
| Routine Work | Marana Yoga | | Dvadashi Until 12:53AM Sat | Moon – Blue | Bhuloka Day |
| | | | | Phalguna-Masi | Devaloka Time: 3:PM to 6:PM |
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| 4 | | Saturday, March 7, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau | Rio de Janeiro, Brazil Sun 26 Sutra 328 Vikarin 5121 |
| Kataka Rasi: 20 | Tithi 13 | Gulika 5:52AM – 7:25AM | Ashlesha* Until 10:07PM | Ganesha: Blue <i>Sunrise:</i> 5:52AM | |
| | | Yama 1:36PM – 3:09PM | Athiganda* Until 4:29PM | Muruqa: Orange <i>Sunset:</i> 6:14PM | Moon 2 - Phase 45 |
| | | 141833467 Rahu 8:57AM – 10:30AM | Kaulava Until 11:29AM | Nataraja: Clear | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Until 9:54PM | Moon – Blue | Bhuloka Day |
| Until 10:07PM | | | | Phalguna-Masi | Devaloka Time: 3:PM to 6:PM |
| Then Creative Work - Amrita Yoga | | | | | |
| | | | | | <i>Pradosha Vrata</i> |

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| 5 | | Sunday, March 8, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau | Rio de Janeiro, Brazil Sun 27 Sutra 329 Vikarin 5121 |
| Simha Rasi: 4.49 | Tithi 14 | Gulika 3:08PM – 4:41PM | Magha* Until 7:33PM | Ganesha: Yellow <i>Sunrise:</i> 5:52AM | |
| | | Yama 12:03PM – 1:35PM | Sukarma Until 12:34PM | Muruqa: Orange <i>Sunset:</i> 6:13PM | Moon 2 - Phase 45 |
| | | 151833467 Rahu 4:41PM – 6:13PM | Gara Until 8:15AM | Nataraja: Clear | 4th Phase |
| Routine Work | Marana Yoga | | Chaturdashi* Until 6:27PM | Moon – Red | Devaloka Day |
| Until 7:33PM | | Chidambaram Abhishekam | | Phalguna-Masi | |
| Then Creative Work - Siddha Yoga | | | | | |

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| ○ | | Monday, March 9, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Rio de Janeiro, Brazil Sutra 330 Vikarin 5121 |
| Copper Retreat Star | | Gulika 1:35PM – 3:07PM | Purvaphalguni Until 4:34PM | Ganesha: White <i>Sunrise:</i> 5:53AM | |
| Simha Rasi: 19.56 | Tithi 15 – 16 | Yama 10:30AM – 12:03PM | Dhriti Until 8:23AM | Muruqa: Orange <i>Sunset:</i> 6:12PM | Moon 2 - Phase 45 |
| Family Home Evening | | 152833467 Rahu 7:25AM – 8:58AM | Balava Until 12:49AM Tue | Nataraja: Clear | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 2:43PM | Moon – Red | Sivaloka Day |
| | | Holi | | Phalguna-Masi | |
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| ○ | | Tuesday, March 10, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau | Rio de Janeiro, Brazil Sutra 331 Vikarin 5121 |
| Silver Retreat Star | | Gulika 12:02PM – 1:35PM | Uttaraphalguni Until 1:22PM | Ganesha: White <i>Sunrise:</i> 5:53AM | |
| Kanya Rasi: 5.13 | Tithi 16 – 17 | Yama 8:58AM – 10:30AM | Ganda* Until 11:41PM | Muruqa: Orange <i>Sunset:</i> 6:11PM | Moon 2 - Phase 45 |
| | | 152833467 Rahu 3:07PM – 4:39PM | Taitila Until 8:59PM | Nataraja: Clear | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 10:53AM | Moon – Red | Sivaloka Day |
| Until 1:22PM | | | | Phalguna-Masi | |
| Then Creative Work - Siddha Yoga | | | | | |



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla/Chitra Nakshatra Vriddhi Yoga Gara/Visti* Karana Dvitiya/Tritiyam Titau

Rio de Janeiro, Brazil
Sun 1 Sutra 332

Kanya Rasi: 20.28 Tithi 17 - 18

162833467

Gulika 10:30AM - 12:02PM
Yama 7:26AM - 8:58AM
Rahu 12:02PM - 1:34PM

Hasta Until 10:31AM
Vriddhi Until 7:31PM
Visti Until 3:33AM Thu
Dvitiya Until 7:06AM

Ganesha: Clear *Sunrise:* 5:53AM
Muruqa: Orange *Sunset:* 6:11PM

Nataraja: Clear
Moon - Green
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Routine Work Marana Yoga

Until 10:31AM

Then Creative Work - Siddha Yoga

Devaloka Day

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svatil Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturtham Titau

Rio de Janeiro, Brazil
Sun 2 Sutra 333

Tula Rasi: 5.32 Tithi 19

162833467

Gulika 8:58AM - 10:30AM
Yama 5:54AM - 7:26AM
Rahu 1:34PM - 3:06PM

Chitra Until 7:49AM
Dhruva Until 3:36PM
Bava Until 1:57PM
Chaturthi* Until 12:25AM Fri

Ganesha: Clear *Sunrise:* 5:54AM
Muruqa: Orange *Sunset:* 6:10PM

Nataraja: Clear
Moon - Green
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Until 7:49AM

Then Creative Work - Amrita Yoga

Devaloka Day

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Rio de Janeiro, Brazil
Sun 3 Sutra 334

Tula Rasi: 20.16 Tithi 20

172833467

Gulika 7:26AM - 8:58AM
Yama 3:05PM - 4:37PM
Rahu 10:30AM - 12:01PM

Vishakha Until 3:51AM Sat
Vyaghata* Until 12:06PM
Kaulava Until 11:04AM
Panchami Until 9:50PM

Ganesha: Purple *Sunrise:* 5:54AM
Muruqa: Orange *Sunset:* 6:09PM

Nataraja: Clear
Moon - Orange
Phalguna-Masi

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthiyam Titau

Rio de Janeiro, Brazil
Sun 4 Sutra 335

Vrischika Rasi: 4.35 Tithi 21

172833468

Gulika 5:55AM - 7:26AM
Yama 1:33PM - 3:04PM
Rahu 8:58AM - 10:30AM

Anuradha Until 2:52AM Sun
Harshana Until 9:08AM
Gara Until 8:49AM
Shashthi* Until 7:56PM

Ganesha: Purple *Sunrise:* 5:55AM
Muruqa: Orange *Sunset:* 6:08PM

Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Moon 3 - Phase 46
1st Phase

Creative Work Siddha Yoga

Until 2:52AM Sun

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saplamyam Titau

Rio de Janeiro, Brazil
Sun 5 Sutra 336

Vrischika Rasi: 18.26 Tithi 22

172833468

Gulika 3:04PM - 4:35PM
Yama 12:01PM - 1:32PM
Rahu 4:35PM - 6:07PM

Jyeshtha* Until 2:31AM Mon
Vajra* Until 6:44AM
Visti Until 7:17AM
Saptami Until 6:48PM

Ganesha: Purple *Sunrise:* 5:55AM
Muruqa: Orange *Sunset:* 6:07PM

Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Moon 3 - Phase 46
1st Phase

Routine Work Marana Yoga

Until 2:31AM Mon

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rio de Janeiro, Brazil
Sun 6 Sutra 337

Dhanus Rasi: 1.5 Tithi 23

182933468

Gulika 1:32PM - 3:03PM
Yama 10:29AM - 12:01PM
Rahu 7:27AM - 8:58AM

Mula* Until 3:13AM Tue
Vyatipata* Until 3:50AM Tue
Balava Until 6:33AM
Ashtami* Until 6:28PM

Ganesha: Purple *Sunrise:* 5:55AM
Muruqa: Orange *Sunset:* 6:06PM

Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Moon 3 - Phase 46
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Rio de Janeiro, Brazil
Sun 7 Sutra 338

Dhanus Rasi: 14.49 Tithi 24

182933468

Gulika 12:00PM - 1:31PM
Yama 8:58AM - 10:29AM
Rahu 3:03PM - 4:34PM

Purvashadha* Until 4:29AM Wed
Variyan Until 3:14AM Wed
Taitila Until 6:36AM
Navami* Until 6:52PM

Ganesha: Purple *Sunrise:* 5:56AM
Muruqa: Orange *Sunset:* 6:05PM

Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Moon 3 - Phase 46
Navami

Creative Work Siddha Yoga

Until 4:29AM Wed

Then Creative Work - Amrita Yoga

Devaloka Day

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|----------------------------------|-------------|--|--------------------------------------|---|------------------------|---|-------------------|
| 1 | | Wednesday, March 18, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau | | Rio de Janeiro, Brazil Sun 8 Sutra 339 | |
| Dhanus Rasi: 27.27 | Tithi 25 | Gulika 10:29AM – 12:00PM | Uttarashadha Until 6:10AM Thu | Ganesha: Purple | <i>Sunrise:</i> 5:56AM | | Vikarin 5121 |
| | | Yama 7:27AM – 8:58AM | Parigha* Until 3:07AM Thu | Muruqa: Orange | <i>Sunset:</i> 6:04PM | | Moon 3 - Phase 47 |
| | | 182933468 Rahu 12:00PM – 1:31PM | Vanija Until 7:21AM | Nataraja: Purple | | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dashami Until 7:57PM | Moon – Light Blue | | Devaloka Day | |
| Until 6:10AM Thu | | | | Phalgunapanguni | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Thursday, March 19, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau | | Rio de Janeiro, Brazil Sun 9 Sutra 340 | |
| Makara Rasi: 9.49 | Tithi 26 | Gulika 8:58AM – 10:29AM | Uttarashadha Until 6:10AM | Ganesha: Purple | <i>Sunrise:</i> 5:56AM | | Vikarin 5121 |
| | | Yama 5:56AM – 7:27AM | Shiva Until 3:23AM Fri | Muruqa: Orange | <i>Sunset:</i> 6:03PM | | Moon 3 - Phase 47 |
| | | 182933468 Rahu 1:31PM – 3:01PM | Bava Until 8:42AM | Nataraja: Purple | | | 2nd Phase |
| Routine Work | Marana Yoga | | Ekadashi* Until 9:32PM | Moon – Light Blue | | Devaloka Day | |
| Until 6:10AM | | | | Phalgunapanguni | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | | Friday, March 20, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau | | Rio de Janeiro, Brazil Sun 10 Sutra 341 | |
| Makara Rasi: 22 | Tithi 27 | Gulika 7:27AM – 8:58AM | Shravana Until 8:37AM | Ganesha: Clear | <i>Sunrise:</i> 5:57AM | | Vikarin 5121 |
| | | Yama 3:01PM – 4:31PM | Siddha Until 3:53AM Sat | Muruqa: Orange | <i>Sunset:</i> 6:02PM | | Moon 3 - Phase 47 |
| | | 192933468 Rahu 10:29AM – 11:59AM | Kaulava Until 10:30AM | Nataraja: Purple | | | 2nd Phase |
| Routine Work | Marana Yoga | | Dvadashi* Until 11:29PM | Moon – Purple | | Sivaloka Day | |
| Until 8:37AM | | | | Phalgunapanguni | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | | Saturday, March 21, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau | | Rio de Janeiro, Brazil Sun 11 Sutra 342 | |
| Kumbha Rasi: 4.04 | Tithi 28 | Gulika 5:57AM – 7:28AM | Dhanishtha Until 11:12AM | Ganesha: Clear | <i>Sunrise:</i> 5:57AM | | Vikarin 5121 |
| | | Yama 1:30PM – 3:00PM | Sadhya Until 4:34AM Sun | Muruqa: Orange | <i>Sunset:</i> 6:01PM | | Moon 3 - Phase 47 |
| | | 192933468 Rahu 8:58AM – 10:29AM | Gara Until 12:36PM | Nataraja: Purple | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 1:42AM Sun | Moon – Purple | | Sivaloka Day | |
| Until 11:12AM | | | | Phalgunapanguni | | | |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 | | Sunday, March 22, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau | | Rio de Janeiro, Brazil Sun 12 Sutra 343 | |
| Kumbha Rasi: 16.01 | Tithi 29 | Gulika 2:59PM – 4:30PM | Shatabhishak Until 1:48PM | Ganesha: White | <i>Sunrise:</i> 5:58AM | | Vikarin 5121 |
| | | Yama 11:59AM – 1:29PM | Subha Until 5:22AM Mon | Muruqa: Orange | <i>Sunset:</i> 6:00PM | | Moon 3 - Phase 47 |
| | | 193933468 Rahu 4:30PM – 6:00PM | Visti Until 2:53PM | Nataraja: Purple | | | 2nd Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 4:03AM Mon | Moon – Purple | | Subha Sivaloka Day | |
| | | | | Phalgunapanguni | | | |

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| Monday, March 23, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Rio de Janeiro, Brazil Sun 13 Sutra 344 | |
| Kumbha Rasi: 27.56 | Tithi 30 | Gulika 1:29PM – 2:59PM | Purvaproshtapada* Until 4:51PM | Ganesha: Yellow | <i>Sunrise:</i> 5:58AM | | Vikarin 5121 |
| Family Home Evening | | Yama 10:28AM – 11:58AM | Sukla Until 6:12AM Tue | Muruqa: Orange | <i>Sunset:</i> 5:59PM | | Moon 3 - Phase 47 |
| Routine Work | Marana Yoga | 113933468 Rahu 7:28AM – 8:58AM | Catuspada Until 5:17PM | Nataraja: Purple | | | Amavasya |
| Until 4:51PM | | | Amavasya* Until 6:28AM Tue | Moon – Clear | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Phalgunapanguni | | | |

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| Tuesday, March 24, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Rio de Janeiro, Brazil Sun 14 Sutra 345 | |
| Meena Rasi: 9.5 | Tithi 30 – 1 | Gulika 11:58AM – 1:28PM | Uttaraproshtapada Until 7:47PM | Ganesha: Yellow | <i>Sunrise:</i> 5:58AM | | Vikarin 5121 |
| | | Yama 8:58AM – 10:28AM | Sukla Until 6:12AM | Muruqa: Orange | <i>Sunset:</i> 5:59PM | | Moon 3 - Phase 47 |
| | | 113933468 Rahu 2:58PM – 4:28PM | Kintughna Until 7:43PM | Nataraja: Purple | | | Prathama |
| Creative Work | Amrita Yoga | | Amavasya* Until 6:28AM | Moon – Clear | | Sivaloka Day | |
| Until 7:47PM | | Yugadhi | | Chaitra-Panguni | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | | Wednesday, March 25, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | Rio de Janeiro, Brazil Sun 15 Sutra 346 |
| Meena Rasi: 21.43 | Tithi 1 – 2 | Gulika 10:28AM – 11:58AM | Revati Until 10:33PM | Ganesha: Yellow <i>Sunrise:</i> 5:59AM | Vikarin 5121 |
| | | Yama 7:28AM – 8:58AM | Brahma Until 7:04AM | Muruqa: Orange <i>Sunset:</i> 5:57PM | Moon 3 - Phase 48 |
| 113933468 | Rahu 11:58AM – 1:28PM | | Balava Until 10:10PM | Nataraja: Purple | 3rd Phase |
| Routine Work | Marana Yoga | | Prathama* Until 8:55AM | Moon – Clear | Sivaloka Day |
| | | | | Chaitra•Panguni | |
| 2 | | Thursday, March 26, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | Rio de Janeiro, Brazil Sun 16 Sutra 347 |
| Mesha Rasi: 3.35 | Tithi 2 – 3 | Gulika 8:58AM – 10:28AM | Ashvini Until 1:36AM Fri | Ganesha: Red <i>Sunrise:</i> 5:59AM | Vikarin 5121 |
| | | Yama 5:59AM – 7:29AM | Indra Until 7:55AM | Muruqa: Orange <i>Sunset:</i> 5:56PM | Moon 3 - Phase 48 |
| 123933468 | Rahu 1:27PM – 2:57PM | | Taitila Until 12:33AM Fri | Nataraja: Purple | 3rd Phase |
| Creative Work | Amrita Yoga | | Dvitiya Until 11:21AM | Moon – White | Sivaloka Day |
| Until 1:36AM Fri | | Chellappaswami Mahasamadhi | | Chaitra•Panguni | |
| Then Creative Work - Siddha Yoga | | | | | |
| 3 | | Friday, March 27, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | Rio de Janeiro, Brazil Sun 17 Sutra 348 |
| Mesha Rasi: 15.31 | Tithi 3 – 4 | Gulika 7:29AM – 8:58AM | Bharani Until 4:19AM Sat | Ganesha: Red <i>Sunrise:</i> 5:59AM | Vikarin 5121 |
| | | Yama 2:56PM – 4:26PM | Vaidhriti* Until 8:41AM | Muruqa: Orange <i>Sunset:</i> 5:55PM | Moon 3 - Phase 48 |
| 123933468 | Rahu 10:28AM – 11:57AM | | Vanija Until 2:47AM Sat | Nataraja: Purple | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 1:40PM | Moon – White | Sivaloka Day |
| Until 4:19AM Sat | | | | Chaitra•Panguni | |
| Then Creative Work - Amrita Yoga | | | | | |
| 4 | | Saturday, March 28, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | Rio de Janeiro, Brazil Sun 18 Sutra 349 |
| Mesha Rasi: 27.3 | Tithi 4 – 5 | Gulika 6:00AM – 7:29AM | Krittika Until 6:37AM Sun | Ganesha: Red <i>Sunrise:</i> 6:00AM | Vikarin 5121 |
| | | Yama 1:26PM – 2:56PM | Vishkambha* Until 9:20AM | Muruqa: Orange <i>Sunset:</i> 5:54PM | Moon 3 - Phase 48 |
| 123933468 | Rahu 8:58AM – 10:28AM | | Bava Until 4:44AM Sun | Nataraja: Purple | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi* Until 3:47PM | Moon – White | Sivaloka Day |
| Until 6:37AM Sun | | | | Chaitra•Panguni | |
| Then Creative Work - Siddha Yoga | | | | | |
| 5 | | Sunday, March 29, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | Rio de Janeiro, Brazil Sun 19 Sutra 350 |
| Wrishabha Rasi: 9.35 | Tithi 5 – 6 | Gulika 2:55PM – 4:24PM | Krittika Until 6:37AM | Ganesha: Red <i>Sunrise:</i> 6:00AM | Vikarin 5121 |
| | | Yama 11:57AM – 1:26PM | Priti Until 9:46AM | Muruqa: Orange <i>Sunset:</i> 5:53PM | Moon 3 - Phase 48 |
| 123933468 | Rahu 4:24PM – 5:53PM | | Kaulava Until 6:16AM Mon | Nataraja: Purple | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 5:33PM | Moon – White | Sivaloka Day |
| | | | | Chaitra•Panguni | |
| 6 | | Monday, March 30, 2020 | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau | Rio de Janeiro, Brazil Sun 20 Sutra 351 |
| Wrishabha Rasi: 21.52 | Tithi 6 | Gulika 1:25PM – 2:54PM | Rohini Until 8:50AM | Ganesha: Blue <i>Sunrise:</i> 6:00AM | Vikarin 5121 |
| Family Home Evening | | Yama 10:27AM – 11:56AM | Ayushman Until 9:50AM | Muruqa: Orange <i>Sunset:</i> 5:52PM | Moon 3 - Phase 48 |
| 133933468 | Rahu 7:29AM – 8:58AM | | Kaulava Until 6:16AM | Nataraja: Purple | 3rd Phase |
| Creative Work | Amrita Yoga | | Shashthi* Until 6:49PM | Moon – Yellow | Subha Sivaloka Day |
| | | | | Chaitra•Panguni | |
| Tuesday, March 31, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau | Rio de Janeiro, Brazil Sun 21 Sutra 352 |
| Mithuna Rasi: 4.23 | Tithi 7 | Gulika 11:56AM – 1:25PM | Mrigashira Until 10:17AM | Ganesha: Blue <i>Sunrise:</i> 6:01AM | Vikarin 5121 |
| | | Yama 8:58AM – 10:27AM | Saubhagya Until 9:26AM | Muruqa: Orange <i>Sunset:</i> 5:52PM | Moon 3 - Phase 48 |
| 133933468 | Rahu 2:54PM – 4:23PM | | Gara Until 7:13AM | Nataraja: Purple | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 7:25PM | Moon – Yellow | Subha Sivaloka Day |
| Until 10:17AM | | | | Chaitra•Panguni | |
| Then Routine Work - Marana Yoga | | | | | |
| Wednesday, April 1, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau | Rio de Janeiro, Brazil Sun 22 Sutra 353 |
| Mithuna Rasi: 17.14 | Tithi 8 | Gulika 10:27AM – 11:56AM | Ardra Until 10:53AM | Ganesha: Blue <i>Sunrise:</i> 6:01AM | Vikarin 5121 |
| | | Yama 7:29AM – 8:58AM | Sobhana Until 8:29AM | Muruqa: Orange <i>Sunset:</i> 5:52PM | Moon 3 - Phase 48 |
| 133933468 | Rahu 11:56AM – 1:25PM | | Visti Until 7:26AM | Nataraja: Purple | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 7:14PM | Moon – Yellow | Subha Sivaloka Day |
| | | | | Chaitra•Panguni | |
| Thursday, April 2, 2020 | | Retreat Star | | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau | Rio de Janeiro, Brazil Sun 23 Sutra 354 |
| Kataka Rasi: 0.31 | Tithi 9 | Gulika 8:58AM – 10:27AM | Punarvasu Until 10:59AM | Ganesha: Yellow <i>Sunrise:</i> 6:01AM | Vikarin 5121 |
| | | Yama 6:01AM – 7:30AM | Athiganda* Until 6:52AM | Muruqa: Orange <i>Sunset:</i> 5:51PM | Moon 3 - Phase 48 |
| 143933468 | Rahu 1:24PM – 2:53PM | | Balava Until 6:51AM | Nataraja: Purple | Navami |
| Creative Work | Amrita Yoga | | Navami* Until 6:13PM | Moon – Blue | Sivaloka Day |
| | | Sri Rama Navami | | Chaitra•Panguni | |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

| | | | | | |
|--------------------------------|---------------|--|-----------------------------|---|--|
| 1 Friday, April 3, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau | | | Rio de Janeiro, Brazil Sun 24 Sutra 355 Vikarin 5121 |
| Kataka Rasi: 14.14 | Tithi 10 – 11 | Gulika 7:30AM – 8:58AM | Pushya Until 10:08AM | Ganesha: Yellow <i>Sunrise:</i> 6:01AM | |
| | | Yama 2:53PM – 4:21PM | Dhriti Until 1:46AM Sat | Muruqa: Orange <i>Sunset:</i> 5:50PM | Moon 3 - Phase 49 |
| Routine Work | Marana Yoga | 143933468 Rahu 10:27AM – 11:55AM | Vanija Until 3:15AM Sat | Nataraja: Purple | 4th Phase |
| | | | | Moon – Blue | Sivaloka Day |
| | | Yogaswami Mahasamadhi | Dashami Until 4:25PM | Chaitra•Panguni | |

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| 2 Saturday, April 4, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | Rio de Janeiro, Brazil Sun 25 Sutra 356 Vikarin 5121 |
| Kataka Rasi: 28.28 | Tithi 11 – 12 | Gulika 6:02AM – 7:30AM | Ashlesha* Until 8:24AM | Ganesha: Yellow <i>Sunrise:</i> 6:02AM | |
| | | Yama 1:24PM – 2:52PM | Shula* Until 10:20PM | Muruqa: Orange <i>Sunset:</i> 5:49PM | Moon 3 - Phase 49 |
| Routine Work | Marana Yoga | 143933468 Rahu 8:58AM – 10:27AM | Bava Until 12:25AM Sun | Nataraja: Purple | 4th Phase |
| Until 8:24AM | | | | Moon – Blue | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | Ekadashi Until 1:54PM | Chaitra•Panguni | |

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| 3 Sunday, April 5, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | Rio de Janeiro, Brazil Sun 26 Sutra 357 Vikarin 5121 |
| Simha Rasi: 13.07 | Tithi 12 – 13 | Gulika 2:51PM – 4:20PM | Magha* Until 6:19AM | Ganesha: White <i>Sunrise:</i> 6:02AM | |
| | | Yama 11:55AM – 1:23PM | Ganda* Until 6:29PM | Muruqa: Orange <i>Sunset:</i> 5:48PM | Moon 3 - Phase 49 |
| Routine Work | Marana Yoga | 153933468 Rahu 4:20PM – 5:48PM | Kaulava Until 9:05PM | Nataraja: Purple | 4th Phase |
| Until 6:19AM | | | | Moon – Red | Subha Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | Dvadashi Until 10:47AM | Chaitra•Panguni | |
| | | | <i>Pradosha Vrata</i> | | |

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| 4 Monday, April 6, 2020 | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Tailila/Vanija Karana Trayodashi/Chaturdashyam Titau | | | Rio de Janeiro, Brazil Sun 27 Sutra 358 Vikarin 5121 |
| Simha Rasi: 28.08 | Tithi 13 – 14 | Gulika 1:23PM – 2:51PM | Uttaraphalguni Until 12:32AM Tue | Ganesha: Clear <i>Sunrise:</i> 6:02AM | |
| Family Home Evening | | Yama 10:27AM – 11:55AM | Vridhhi Until 2:21PM | Muruqa: Orange <i>Sunset:</i> 5:47PM | Moon 3 - Phase 49 |
| Creative Work | Siddha Yoga | 154933468 Rahu 7:30AM – 8:58AM | Vanija Until 3:27AM Tue | Nataraja: Purple | 4th Phase |
| | | | | Moon – Red | Sivaloka Day |
| | | | Trayodashi Until 7:15AM | Chaitra•Panguni | |

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|---|-------------|---|-------------------------------|---|--|
| ○ Tuesday, April 7, 2020 Copper Retreat Star | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau | | | Rio de Janeiro, Brazil Sun 28 Sutra 359 Vikarin 5121 |
| Kanya Rasi: 13.23 | Tithi 15 | Gulika 11:54AM – 1:22PM | Hasta Until 9:34PM | Ganesha: Purple <i>Sunrise:</i> 6:03AM | |
| | | Yama 8:59AM – 10:26AM | Dhruva Until 10:01AM | Muruqa: Orange <i>Sunset:</i> 5:46PM | Moon 3 - Phase 49 |
| Creative Work | Siddha Yoga | 164933468 Rahu 2:50PM – 4:18PM | Visti Until 1:31PM | Nataraja: Purple | Purnima |
| | | | | Moon – Green | Devaloka Day |
| | | Panguni Uttiram Hanuman Jayanti | Purnima* Until 11:33PM | Chaitra•Panguni | |

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|---|-------------|--|-------------------------------|---|--|
| Wednesday, April 8, 2020 Silver Retreat Star | | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau | | | Rio de Janeiro, Brazil Sun 29 Sutra 360 Vikarin 5121 |
| Kanya Rasi: 28.41 | Tithi 16 | Gulika 10:26AM – 11:54AM | Chitra Until 6:33PM | Ganesha: Purple <i>Sunrise:</i> 6:03AM | |
| | | Yama 7:31AM – 8:59AM | Harshana Until 1:27AM Thu | Muruqa: Clear <i>Sunset:</i> 5:45PM | Moon 3 - Phase 49 |
| Creative Work | Siddha Yoga | 164934468 Rahu 11:54AM – 1:22PM | Balava Until 9:39AM | Nataraja: Purple | Prathama |
| | | | | Moon – Green | Devaloka Day |
| | | | Prathama* Until 7:45PM | Chaitra•Panguni | |



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rio de Janeiro, Brazil
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 13.52 Tithi 17 - 18

164134468
Gulika 8:59AM - 10:26AM
Yama 6:03AM - 7:31AM
Rahu 1:21PM - 2:49PM

Svati Until 3:39PM
Vajra* Until 9:28PM
Vanija Until 2:36AM Fri
Dvitiya Until 4:12PM

Ganesha: White *Sunrise: 6:03AM*
Muruqa: Clear *Sunset: 5:44PM*
Nataraja: Purple
Moon - Green
Chaitra+Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 3:39PM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddhi/Vyaltipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Rio de Janeiro, Brazil
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 28.46 Tithi 18 - 19

174134468
Gulika 7:31AM - 8:59AM
Yama 2:48PM - 4:16PM
Rahu 10:26AM - 11:54AM

Vishakha Until 1:27PM
Siddhi Until 5:54PM
Bava Until 11:46PM
Tritiya Until 1:06PM

Ganesha: Yellow *Sunrise: 6:04AM*
Muruqa: Clear *Sunset: 5:43PM*
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rio de Janeiro, Brazil
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virschika Rasi: 13.16 Tithi 19 - 20

174134468
Gulika 6:04AM - 7:31AM
Yama 1:21PM - 2:48PM
Rahu 8:59AM - 10:26AM

Anuradha Until 11:43AM
Vyatipala* Until 2:51PM
Kaulava Until 9:36PM
Chaturthi* Until 10:34AM

Ganesha: Yellow *Sunrise: 6:04AM*
Muruqa: Clear *Sunset: 5:42PM*
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha/Mula* Nakshatra Varyian/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rio de Janeiro, Brazil
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virschika Rasi: 27.18 Tithi 20 - 21

174134468
Gulika 2:47PM - 4:14PM
Yama 11:53AM - 1:20PM
Rahu 4:14PM - 5:42PM

Jyeshtha* Until 10:33AM
Varyian Until 12:23PM
Gara Until 8:12PM
Panchami Until 8:47AM

Ganesha: Yellow *Sunrise: 6:04AM*
Muruqa: Clear *Sunset: 5:42PM*
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 10:33AM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rio de Janeiro, Brazil
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 10.5 Tithi 21 - 22

Family Home Evening

184134468
Gulika 1:20PM - 2:47PM
Yama 10:26AM - 11:53AM
Rahu 7:32AM - 8:59AM

Mula* Until 10:31AM
Parigha* Until 10:36AM
Visti Until 7:39PM
Shashthi* Until 7:48AM

Ganesha: Blue *Sunrise: 6:05AM*
Muruqa: Clear *Sunset: 5:41PM*
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 10:31AM

Then Routine Work - Marana Yoga

Tamil New Year

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Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rio de Janeiro, Brazil
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 23.54 Tithi 22 - 23

284134468
Gulika 11:53AM - 1:19PM
Yama 8:59AM - 10:26AM
Rahu 2:46PM - 4:13PM

Purvashadha* Until 11:09AM
Shiva Until 9:30AM
Balava Until 7:57PM
Saptami Until 7:41AM

Ganesha: Yellow *Sunrise: 6:05AM*
Muruqa: Clear *Sunset: 5:40PM*
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 11:09AM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rio de Janeiro, Brazil
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 6.35 Tithi 23 - 24

284134468
Gulika 10:26AM - 11:52AM
Yama 7:32AM - 8:59AM
Rahu 11:52AM - 1:19PM

Uttarashadha Until 12:24PM
Siddha Until 9:00AM
Taitila Until 8:59PM
Ashtami* Until 8:22AM

Ganesha: Yellow *Sunrise: 6:06AM*
Muruqa: Clear *Sunset: 5:39PM*
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 12:24PM

Then Creative Work - Siddha Yoga

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|---------------|---------------------------------|------------------------|--|------------------------------|-------------------------|------------------------|---|
| 1 | Thursday, April 16, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Rio de Janeiro, Brazil Sun 8 Sutra 4 |
| | Makara Rasi: 18.57 | Tithi 24 – 25 | Gulika 8:59AM – 10:26AM | Shravana Until 2:36PM | Ganesha: Blue | <i>Sunrise:</i> 6:06AM | Sarvari 5122 |
| | | | Yama 6:06AM – 7:32AM | Sadhya Until 9:02AM | Muruqa: Clear | <i>Sunset:</i> 5:38PM | Moon 4 - Phase 1 |
| | 294134468 | | Rahu 1:19PM – 2:45PM | Vanija Until 10:38PM | Nataraja: Purple | | 2nd Phase |
| Creative Work | Siddha Yoga | Chidambaram Abhishekam | | Navami* Until 9:44AM | Chaitra*Chaitra | Devaloka Day | |


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|---------------|-------------------------------|---------------|---|--------------------------------|-------------------------|------------------------|---|
| 2 | Friday, April 17, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau | | | | Rio de Janeiro, Brazil Sun 9 Sutra 5 |
| | Kumbha Rasi: 1.05 | Tithi 25 – 26 | Gulika 7:33AM – 8:59AM | Dhanishtha Until 5:07PM | Ganesha: Blue | <i>Sunrise:</i> 6:06AM | Sarvari 5122 |
| | | | Yama 2:45PM – 4:11PM | Subha Until 9:30AM | Muruqa: Clear | <i>Sunset:</i> 5:37PM | Moon 4 - Phase 1 |
| | 294134468 | | Rahu 10:25AM – 11:52AM | Bava Until 12:43AM Sat | Nataraja: Purple | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Dashami Until 11:37AM | Chaitra*Chaitra | Devaloka Day | |

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|---------------------------------|---------------------------------|---------------|--|----------------------------------|-------------------------|------------------------|--|
| 3 | Saturday, April 18, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Rio de Janeiro, Brazil Sun 10 Sutra 6 |
| | Kumbha Rasi: 13.04 | Tithi 26 – 27 | Gulika 6:07AM – 7:33AM | Shatabhishak Until 7:46PM | Ganesha: Yellow | <i>Sunrise:</i> 6:07AM | Sarvari 5122 |
| | | | Yama 1:18PM – 2:44PM | Sukla Until 10:12AM | Muruqa: Clear | <i>Sunset:</i> 5:37PM | Moon 4 - Phase 1 |
| | 295134468 | | Rahu 8:59AM – 10:25AM | Kaulava Until 3:03AM Sun | Nataraja: Purple | | 2nd Phase |
| Creative Work | Amrita Yoga | | | Ekadashi* Until 1:51PM | Chaitra*Chaitra | Sivaloka Day | |
| Until 7:46PM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|----------------------------------|-------------------------------|---------------|---|--|-------------------------|------------------------|--|
| 4 | Sunday, April 19, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Rio de Janeiro, Brazil Sun 11 Sutra 7 |
| | Kumbha Rasi: 24.58 | Tithi 27 – 28 | Gulika 2:44PM – 4:10PM | Purvaproshtapada* Until 10:53PM | Ganesha: Yellow | <i>Sunrise:</i> 6:07AM | Sarvari 5122 |
| | | | Yama 11:51AM – 1:17PM | Brahma Until 11:04AM | Muruqa: Clear | <i>Sunset:</i> 5:36PM | Moon 4 - Phase 1 |
| | 215134468 | | Rahu 4:10PM – 5:36PM | Gara Until 5:30AM Mon | Nataraja: Purple | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Dvadashi* Until 4:15PM | Chaitra*Chaitra | Sivaloka Day | |
| Until 10:53PM | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | Pradosha Vrata (Fasting) | | | |

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| 5 | Monday, April 20, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija Karana Trayodashyam Titau | | | | Rio de Janeiro, Brazil Sun 12 Sutra 8 |
| | Meena Rasi: 6.5 | Tithi 28 | Gulika 1:17PM – 2:43PM | Uttaraproshtapada Until 1:51AM Tue | Ganesha: Yellow | <i>Sunrise:</i> 6:07AM | Sarvari 5122 |
| | | | Yama 10:25AM – 11:51AM | Indra Until 12:00PM | Muruqa: Clear | <i>Sunset:</i> 5:35PM | Moon 4 - Phase 1 |
| | 215134468 | | Rahu 7:33AM – 8:59AM | Vanija Until 6:42PM | Nataraja: Purple | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Trayodashi* Until 6:42PM | Chaitra*Chaitra | Sivaloka Day | |

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|---------------------------------|--------------------------------|----------|--|--------------------------------|-------------------------|------------------------|--|
| 6 | Tuesday, April 21, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Rio de Janeiro, Brazil Sun 13 Sutra 9 |
| | Meena Rasi: 18.43 | Tithi 29 | Gulika 11:51AM – 1:17PM | Revati Until 4:35AM Wed | Ganesha: Yellow | <i>Sunrise:</i> 6:08AM | Sarvari 5122 |
| | | | Yama 8:59AM – 10:25AM | Vaidhriti* Until 12:53PM | Muruqa: Clear | <i>Sunset:</i> 5:34PM | Moon 4 - Phase 1 |
| | 215134468 | | Rahu 2:43PM – 4:08PM | Visti Until 7:56AM | Nataraja: Purple | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 9:06PM | Chaitra*Chaitra | Sivaloka Day | |
| Until 4:35AM Wed | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|---|----------------------------------|----------|--|---------------------------------|-------------------------|------------------------|---|
|  | Wednesday, April 22, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Rio de Janeiro, Brazil Sun 14 Sutra 10 |
| | Retreat Star | | Gulika 10:25AM – 11:51AM | Ashvini Until 7:31AM Thu | Ganesha: Red | <i>Sunrise:</i> 6:08AM | Sarvari 5122 |
| | Mesha Rasi: 0.37 | Tithi 30 | Yama 7:34AM – 8:59AM | Vishkambha* Until 1:43PM | Muruqa: Clear | <i>Sunset:</i> 5:33PM | Moon 4 - Phase 1 |
| | 225134468 | | Rahu 11:51AM – 1:16PM | Catuspada Until 10:17AM | Nataraja: Purple | | Amavasya |
| Routine Work | Marana Yoga | | | Amavasya* Until 11:23PM | Chaitra*Chaitra | Sivaloka Day | |
| Until 7:31AM Thu | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Retreat Star | Thursday, April 23, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Rio de Janeiro, Brazil Sun 15 Sutra 11 |
| | Retreat Star | | Gulika 9:00AM – 10:25AM | Ashvini Until 7:31AM | Ganesha: Red | <i>Sunrise:</i> 6:09AM | Sarvari 5122 |
| | Mesha Rasi: 12.34 | Tithi 1 | Yama 6:09AM – 7:34AM | Priti Until 2:27PM | Muruqa: Clear | <i>Sunset:</i> 5:33PM | Moon 4 - Phase 1 |
| | 225134468 | | Rahu 1:16PM – 2:42PM | Kintughna Until 12:29PM | Nataraja: Purple | | Prathama |
| Creative Work | Amrita Yoga | | | Prathama* Until 1:29AM Fri | Vaisaka*Chaitra | Sivaloka Day | |
| Until 7:31AM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 1 | | Friday, April 24, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Rio de Janeiro, Brazil Sun 16 Sutra 12 | |
| Mesha Rasi: 24.35 | Tithi 2 | Gulika 7:34AM – 9:00AM | Bharani Until 10:06AM | Ganesha: Red | <i>Sunrise:</i> 6:09AM | Sarvari 5122 | |
| | | Yama 2:41PM – 4:06PM | Ayushman Until 2:59PM | Muruqa: Clear | <i>Sunset:</i> 5:32PM | Moon 4 - Phase 2 | |
| 225134469 | Rahu 10:25AM – 11:50AM | | Balava Until 2:28PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Dvitiya Until 3:21AM Sat | Moon – White | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| 2 | | Saturday, April 25, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau | | Rio de Janeiro, Brazil Sun 17 Sutra 13 | |
| Wrishabha Rasi: 6.43 | Tithi 3 | Gulika 6:09AM – 7:35AM | Krittika Until 12:16PM | Ganesha: Red | <i>Sunrise:</i> 6:09AM | Sarvari 5122 | |
| | | Yama 1:15PM – 2:41PM | Saubhagya Until 3:19PM | Muruqa: Clear | <i>Sunset:</i> 5:31PM | Moon 4 - Phase 2 | |
| 225134469 | Rahu 9:00AM – 10:25AM | | Taitila Until 4:11PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Tritiya Until 4:53AM Sun | Moon – White | | Devaloka Day | |
| | | Akshaya Tritiya | | Vaisaka-Chaitra | | | |

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| 3 | | Sunday, April 26, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau | | Rio de Janeiro, Brazil Sun 18 Sutra 14 | |
| Wrishabha Rasi: 18.59 | Tithi 4 | Gulika 2:40PM – 4:05PM | Rohini Until 2:26PM | Ganesha: Yellow | <i>Sunrise:</i> 6:10AM | Sarvari 5122 | |
| | | Yama 11:50AM – 1:15PM | Sobhana Until 3:24PM | Muruqa: Clear | <i>Sunset:</i> 5:30PM | Moon 4 - Phase 2 | |
| 235134469 | Rahu 4:05PM – 5:30PM | | Vanija Until 5:32PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Chaturthi* Until 6:02AM Mon | Moon – Yellow | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |

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| 4 | | Monday, April 27, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Rio de Janeiro, Brazil Sun 19 Sutra 15 | |
| Mithuna Rasi: 1.25 | Tithi 4 – 5 | Gulika 1:15PM – 2:40PM | Mrigashira Until 4:00PM | Ganesha: Yellow | <i>Sunrise:</i> 6:10AM | Sarvari 5122 | |
| Family Home Evening | | Yama 10:25AM – 11:50AM | Athiganda* Until 3:07PM | Muruqa: Clear | <i>Sunset:</i> 5:30PM | Moon 4 - Phase 2 | |
| 235134469 | Rahu 7:35AM – 9:00AM | | Bava Until 6:27PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Amrita Yoga | | Chaturthi* Until 6:02AM | Moon – Yellow | | Devaloka Day | |
| Until 4:00PM | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 5 | | Tuesday, April 28, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Rio de Janeiro, Brazil Sun 20 Sutra 16 | |
| Mithuna Rasi: 14.04 | Tithi 5 – 6 | Gulika 11:50AM – 1:15PM | Ardra Until 4:55PM | Ganesha: Blue | <i>Sunrise:</i> 6:11AM | Sarvari 5122 | |
| | | Yama 9:00AM – 10:25AM | Sukarma Until 2:27PM | Muruqa: Clear | <i>Sunset:</i> 5:29PM | Moon 4 - Phase 2 | |
| 236134469 | Rahu 2:39PM – 4:04PM | | Kaulava Until 6:49PM | Nataraja: Clear | | 3rd Phase | |
| Routine Work | Marana Yoga | | Panchami Until 6:41AM | Moon – Yellow | | Bhuloka Day | |
| Until 4:55PM | | Adi Sankara Jayanthi | | Vaisaka-Chaitra | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 6 | | Wednesday, April 29, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Rio de Janeiro, Brazil Sun 21 Sutra 17 | |
| Mithuna Rasi: 26.59 | Tithi 6 – 7 | Gulika 10:25AM – 11:50AM | Punarvasu Until 5:33PM | Ganesha: Yellow | <i>Sunrise:</i> 6:11AM | Sarvari 5122 | |
| | | Yama 7:36AM – 9:00AM | Dhriti Until 1:19PM | Muruqa: Clear | <i>Sunset:</i> 5:28PM | Moon 4 - Phase 2 | |
| 246134469 | Rahu 11:50AM – 1:14PM | | Gara Until 6:34PM | Nataraja: Clear | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 6:45AM | Moon – Blue | | Devaloka Day | |
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| Retreat Star | | Thursday, April 30, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau | | Rio de Janeiro, Brazil Sun 22 Sutra 18 | |
| Kataka Rasi: 10.14 | Tithi 7 – 8 | Gulika 9:00AM – 10:25AM | Pushya Until 5:23PM | Ganesha: Yellow | <i>Sunrise:</i> 6:11AM | Sarvari 5122 | |
| | | Yama 6:11AM – 7:36AM | Shula* Until 11:39AM | Muruqa: Clear | <i>Sunset:</i> 5:28PM | Moon 4 - Phase 2 | |
| 246134469 | Rahu 1:14PM – 2:39PM | | Bava Until 4:57AM Fri | Nataraja: Clear | | Ashtami | |
| Creative Work | Amrita Yoga | | Saptami Until 6:11AM | Moon – Blue | | Devaloka Day | |
| Until 5:23PM | | | | Vaisaka-Chaitra | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Retreat Star | | Friday, May 1, 2020 | | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau | | Rio de Janeiro, Brazil Sun 23 Sutra 19 | |
| Kataka Rasi: 23.52 | Tithi 9 | Gulika 7:36AM – 9:01AM | Ashlesha* Until 4:24PM | Ganesha: Yellow | <i>Sunrise:</i> 6:12AM | Sarvari 5122 | |
| | | Yama 2:38PM – 4:02PM | Ganda* Until 9:27AM | Muruqa: Clear | <i>Sunset:</i> 5:26PM | Moon 4 - Phase 2 | |
| 246134469 | Rahu 10:25AM – 11:49AM | | Balava Until 4:06PM | Nataraja: Clear | | Navami | |
| Routine Work | Marana Yoga | | Navami* Until 3:04AM Sat | Moon – Blue | | Devaloka Day | |
| | | | | Vaisaka-Chaitra | | | |


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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| 1 | | Saturday, May 2, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dashamyam Titau | | | Rio de Janeiro, Brazil Sun 24 Sutra 20 |
| Simha Rasi: 7.54 | Tithi 10 | Gulika 6:13AM – 7:37AM | Magha* Until 3:06PM | Ganesha: White | <i>Sunrise:</i> 6:13AM | Sarvari 5122 | |
| | | Yama 1:13PM – 2:37PM | Vriddhi Until 6:45AM | Muruqa: Clear | <i>Sunset:</i> 5:26PM | Moon 4 - Phase 3 | |
| | | 256134469 Rahu 9:01AM – 10:25AM | Taitila Until 1:55PM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Amrita Yoga | | Dashami Until 12:36AM Sun | Moon – Red | | Bhuloka Day | |
| Until 3:06PM | | | | Vaisaka*Chaitra | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Sunday, May 3, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | Rio de Janeiro, Brazil Sun 25 Sutra 21 |
| Simha Rasi: 22.19 | Tithi 11 | Gulika 2:37PM – 4:01PM | Purvaphalguni Until 1:08PM | Ganesha: White | <i>Sunrise:</i> 6:13AM | Sarvari 5122 | |
| | | Yama 11:49AM – 1:13PM | Vyaghata* Until 12:00AM Mon | Muruqa: Clear | <i>Sunset:</i> 5:25PM | Moon 4 - Phase 3 | |
| | | 256134469 Rahu 4:01PM – 5:25PM | Vanija Until 11:11AM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | | Ekadashi Until 9:38PM | Moon – Red | | Bhuloka Day | |
| Until 1:08PM | | | | Vaisaka*Chaitra | | Devaloka Time: 3:PM to 6:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 3 | | Monday, May 4, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau | | | Rio de Janeiro, Brazil Sun 26 Sutra 22 |
| Kanya Rasi: 7.02 | Tithi 12 | Gulika 1:13PM – 2:37PM | Uttaraphalguni Until 10:36AM | Ganesha: Clear | <i>Sunrise:</i> 6:13AM | Sarvari 5122 | |
| Family Home Evening | | Yama 10:25AM – 11:49AM | Harshana Until 8:10PM | Muruqa: Clear | <i>Sunset:</i> 5:25PM | Moon 4 - Phase 3 | |
| | | 256234469 Rahu 7:37AM – 9:01AM | Bava Until 8:02AM | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dvadashi Until 6:20PM | Moon – Red | | Devaloka Day | |
| | | | | Vaisaka*Chaitra | | | |

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| 4 | | Tuesday, May 5, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | Rio de Janeiro, Brazil Sun 27 Sutra 23 |
| Kanya Rasi: 22.01 | Tithi 13 – 14 | Gulika 11:49AM – 1:13PM | Hasta Until 8:05AM | Ganesha: Clear | <i>Sunrise:</i> 6:14AM | Sarvari 5122 | |
| | | Yama 9:01AM – 10:25AM | Vajra* Until 4:09PM | Muruqa: Clear | <i>Sunset:</i> 5:24PM | Moon 4 - Phase 3 | |
| | | 267234469 Rahu 2:36PM – 4:00PM | Gara Until 1:02AM Wed | Nataraja: Clear | | 4th Phase | |
| Creative Work | Siddha Yoga | | Trayodashi Until 2:48PM | Moon – Green | | Devaloka Day | |
| | | | | Vaisaka*Chaitra | | | |
| | | | | <i>Pradosha Vrata</i> | | | |

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|  | | Wednesday, May 6, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | Rio de Janeiro, Brazil Sun 24 Sutra 24 |
| Copper Retreat Star | | Gulika 10:25AM – 11:49AM | Svati Until 2:28AM Thu | Ganesha: Clear | <i>Sunrise:</i> 6:14AM | Sarvari 5122 | |
| Tula Rasi: 7.05 | Tithi 14 – 15 | Yama 7:38AM – 9:02AM | Siddhi Until 12:06PM | Muruqa: Clear | <i>Sunset:</i> 5:23PM | Moon 4 - Phase 3 | |
| | | 267234469 Rahu 11:49AM – 1:13PM | Visti Until 9:29PM | Nataraja: Clear | | Purnima | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 11:14AM | Moon – Green | | Devaloka Day | |
| | | Budha Purnima (Tamil Nadu) | | Vaisaka*Chaitra | | | |

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| Thursday, May 7, 2020 | | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | Rio de Janeiro, Brazil Sun 25 Sutra 25 | |
| Silver Retreat Star | | Gulika 9:02AM – 10:25AM | Vishakha Until 12:08AM Fri | Ganesha: Purple | <i>Sunrise:</i> 6:15AM | Sarvari 5122 |
| Tula Rasi: 22.06 | Tithi 15 – 16 | Yama 6:15AM – 7:38AM | Vyatipata* Until 8:09AM | Muruqa: Clear | <i>Sunset:</i> 5:23PM | Moon 4 - Phase 3 |
| | | 277234469 Rahu 1:12PM – 2:36PM | Balava Until 6:07PM | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 7:45AM | Moon – Orange | | Bhuloka Day |
| | | | | Vaisaka*Chaitra | | Devaloka Time: 3:PM to 6:PM |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda