



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy
Sutra 7

Tula Rasi: 29.37 Tithi 17 – 18

Gulika 3:34PM – 5:15PM
Yama 12:10PM – 1:52PM
Rahu 5:15PM – 6:57PM

Vishakha **Until 12:28PM**
Vyatipata* **Until 10:59PM**
Vanija **Until 7:23PM**
Dvitiya **Until 8:01AM**

Ganesha: Blue *Sunrise:* 5:23AM
Muruqa: Yellow *Sunset:* 6:57PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Monday, April 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rome, Italy
Sutra 8

Vrischika Rasi: 13.12 Tithi 18 – 19

Gulika 1:52PM – 3:34PM
Yama 10:28AM – 12:10PM
Rahu 7:03AM – 8:45AM

Anuradha **Until 12:13PM**
Variyan **Until 9:23PM**
Bava **Until 6:39PM**
Tritiya **Until 6:54AM**

Ganesha: Blue *Sunrise:* 5:21AM
Muruqa: Yellow *Sunset:* 6:58PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Sun 1
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy
Sutra 9

Vrischika Rasi: 26.22 Tithi 19 – 20

Gulika 12:10PM – 1:52PM
Yama 8:45AM – 10:27AM
Rahu 3:35PM – 5:17PM

Jyeshtha* **Until 12:35PM**
Parigha* **Until 8:27PM**
Kaulava **Until 6:43PM**
Chaturthi* **Until 6:33AM**

Ganesha: Blue *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 7:00PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Sun 2
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 12:35PM
Then Creative Work - Amrita Yoga

Devaloka Day

3

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rome, Italy
Sutra 10

Dhanus Rasi: 9.07 Tithi 20 – 21

Gulika 10:27AM – 12:09PM
Yama 7:01AM – 8:44AM
Rahu 12:09PM – 1:52PM

Mula* **Until 2:04PM**
Shiva **Until 8:09PM**
Gara **Until 7:36PM**
Panchami **Until 7:02AM**

Ganesha: Yellow *Sunrise:* 5:18AM
Muruqa: Yellow *Sunset:* 7:01PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Sun 3
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 2:04PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Thursday, April 25, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy
Sutra 11

Dhanus Rasi: 21.31 Tithi 21 – 22

Gulika 8:43AM – 10:26AM
Yama 5:17AM – 7:00AM
Rahu 1:52PM – 3:35PM

Purvashadha* **Until 4:08PM**
Siddha **Until 8:23PM**
Visti **Until 9:12PM**
Shashthi* **Until 8:18AM**

Ganesha: Yellow *Sunrise:* 5:17AM
Muruqa: Yellow *Sunset:* 7:02PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Sun 4
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 4:08PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy
Sutra 12

Makara Rasi: 3.38 Tithi 22 – 23

Gulika 6:59AM – 8:42AM
Yama 3:36PM – 5:19PM
Rahu 10:26AM – 12:09PM

Uttarashadha **Until 6:35PM**
Sadhya **Until 9:04PM**
Balava **Until 11:22PM**
Saptami **Until 10:13AM**

Ganesha: Red *Sunrise:* 5:15AM
Muruqa: Yellow *Sunset:* 7:03PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Sun 5
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy
Sutra 13

Makara Rasi: 15.34 Tithi 23 – 24

Gulika 5:14AM – 6:58AM
Yama 1:53PM – 3:36PM
Rahu 8:41AM – 10:25AM

Shravana **Until 9:44PM**
Subha **Until 10:01PM**
Taitila **Until 1:51AM**
Ashtami* **Until 12:34PM**

Ganesha: Green *Sunrise:* 5:14AM
Muruqa: Yellow *Sunset:* 7:04PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Sun 6
Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Rome, Italy Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 27.23	Tithi 24 – 25	Gulika 3:37PM – 5:21PM	Dhanishtha Until 12:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 5:12AM	
		Yama 12:09PM – 1:53PM	Sukla Until 11:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3
	294583469	Rahu 5:21PM – 7:05PM	Vanija Until 4:24AM Mon	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 3:06PM	Moon – Purple		Bhuloka Day
Until 12:48AM Mon				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 9.13	Tithi 25 – 26	Gulika 1:53PM – 3:37PM	Shatabhishak Until 3:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:11AM	
Family Home Evening		Yama 10:24AM – 12:09PM	Brahma Until 11:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:55AM – 8:40AM	Bava Until 6:46AM Tue	Nataraja: Clear		2nd Phase
Until 3:34AM Tue			Dashami Until 5:36PM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Rome, Italy Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 21.07	Tithi 26	Gulika 12:08PM – 1:53PM	Purvaproshtapada* Until 6:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:10AM	
		Yama 8:39AM – 10:24AM	Indra Until 12:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3
	214583469	Rahu 3:38PM – 5:22PM	Bava Until 6:46AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 7:49PM	Moon – Clear		Bhuloka Day
Until 6:21AM Wed				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Rome, Italy Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 3.08	Tithi 27	Gulika 10:23AM – 12:08PM	Purvaproshtapada* Until 6:21AM	Ganesha: Purple	<i>Sunrise:</i> 5:08AM	
		Yama 6:53AM – 8:38AM	Vaidhriti* Until 12:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3
	214583469	Rahu 12:08PM – 1:53PM	Kaulava Until 8:47AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 9:36PM	Moon – Clear		Bhuloka Day
Until 6:21AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Rome, Italy Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 15.22	Tithi 28	Gulika 8:38AM – 10:23AM	Uttaraproshtapada Until 8:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:07AM	
		Yama 5:07AM – 6:52AM	Vishkambha* Until 12:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 3
	215583469	Rahu 1:53PM – 3:39PM	Gara Until 10:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:52PM	Moon – Clear		Bhuloka Day
Until 10:01AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Pradosha Vrata (Fasting)

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rome, Italy Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 27.48	Tithi 29	Gulika 6:51AM – 8:37AM	Revati Until 10:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:06AM	
		Yama 3:39PM – 5:25PM	Priti Until 12:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3
	215583469	Rahu 10:22AM – 12:08PM	Visti Until 11:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:36PM	Moon – Clear		Bhuloka Day
Until 10:01AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rome, Italy Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 10.29	Tithi 30	Gulika 5:05AM – 6:50AM	Ashvini Until 11:18AM	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	
		Yama 1:54PM – 3:40PM	Ayushman Until 11:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 3
	225583469	Rahu 8:36AM – 10:22AM	Catuspada Until 11:47AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 11:47PM	Moon – White		Bhuloka Day
Until 11:55AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 23.26	Tithi 1	Gulika 3:40PM – 5:26PM	Bharani Until 11:55AM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	
		Yama 12:08PM – 1:54PM	Saubhagya Until 10:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3
	225583469	Rahu 5:26PM – 7:12PM	Kintughna Until 11:43AM	Nataraja: Clear		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 11:30PM	Moon – White		Bhuloka Day
Until 11:55AM				Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau	Rome, Italy Sun 15 Sutra 22
Vrishabha Rasi: 7	Tithi 2	Gulika 1:54PM – 3:41PM	Krittika Until 11:58AM	Ganesha: Purple <i>Sunrise:</i> 5:02AM	Vikarin 5121
Family Home Evening	225583469	Yama 10:21AM – 12:08PM	Sobhana Until 8:43PM	Muruqa: Yellow <i>Sunset:</i> 7:13PM	Moon 4 - Phase 4
Routine Work Marana Yoga		Rahu 6:48AM – 8:35AM	Balava Until 11:13AM	Nataraja: Clear	3rd Phase
Until 11:58AM			Dvitiya Until 10:49PM	Moon – White	Bhuloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

2		Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau	Rome, Italy Sun 16 Sutra 23
Vrishabha Rasi: 19.59	Tithi 3	Gulika 12:08PM – 1:54PM	Rohini Until 11:56AM	Ganesha: Light Blue <i>Sunrise:</i> 5:01AM	Vikarin 5121
	235583469	Yama 8:34AM – 10:21AM	Athiganda* Until 6:50PM	Muruqa: Yellow <i>Sunset:</i> 7:15PM	Moon 4 - Phase 4
Creative Work Amrita Yoga		Rahu 3:41PM – 5:28PM	Taitila Until 10:21AM	Nataraja: Clear	3rd Phase
Until 11:56AM		Akshaya Tritiya	Tritiya Until 9:46PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

3		Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau	Rome, Italy Sun 17 Sutra 24
Mithuna Rasi: 3.33	Tithi 4	Gulika 10:21AM – 12:08PM	Mrigashira Until 11:27AM	Ganesha: Light Blue <i>Sunrise:</i> 5:00AM	Vikarin 5121
	235583469	Yama 6:47AM – 8:34AM	Sukarma Until 4:44PM	Muruqa: Yellow <i>Sunset:</i> 7:16PM	Moon 4 - Phase 4
Creative Work Siddha Yoga		Rahu 12:08PM – 1:55PM	Vanija Until 9:10AM	Nataraja: Clear	3rd Phase
			Chaturthi* Until 8:27PM	Moon – Yellow	Bhuloka Day
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

4		Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau	Rome, Italy Sun 18 Sutra 25
Mithuna Rasi: 17.16	Tithi 5	Gulika 8:33AM – 10:20AM	Ardra Until 10:35AM	Ganesha: Light Blue <i>Sunrise:</i> 4:58AM	Vikarin 5121
	235583469	Yama 4:58AM – 6:46AM	Dhriti Until 2:28PM	Muruqa: Yellow <i>Sunset:</i> 7:17PM	Moon 4 - Phase 4
Routine Work Marana Yoga		Rahu 1:55PM – 3:42PM	Bava Until 7:43AM	Nataraja: Clear	3rd Phase
Until 10:35AM			Panchami Until 6:54PM	Moon – Yellow	Bhuloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

5		Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau	Rome, Italy Sun 19 Sutra 26
Kataka Rasi: 1.07	Tithi 6 – 7	Gulika 6:45AM – 8:32AM	Punarvasu Until 9:48AM	Ganesha: Orange <i>Sunrise:</i> 4:57AM	Vikarin 5121
	245583469	Yama 3:43PM – 5:30PM	Shula* Until 11:59AM	Muruqa: Yellow <i>Sunset:</i> 7:18PM	Moon 4 - Phase 4
Creative Work Siddha Yoga		Rahu 10:20AM – 12:08PM	Kaulava Until 6:04AM	Nataraja: Clear	3rd Phase
Until 9:48AM			Shashthi* Until 5:09PM	Moon – Blue	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	

6		Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Rome, Italy Sun 20 Sutra 27
Kataka Rasi: 15.05	Tithi 7 – 8	Gulika 4:56AM – 6:44AM	Pushya Until 8:40AM	Ganesha: Orange <i>Sunrise:</i> 4:56AM	Vikarin 5121
	245583469	Yama 1:55PM – 3:43PM	Ganda* Until 9:22AM	Muruqa: Yellow <i>Sunset:</i> 7:19PM	Moon 4 - Phase 4
Creative Work Siddha Yoga		Rahu 8:32AM – 10:20AM	Visti Until 2:11AM Sun	Nataraja: Clear	3rd Phase
Until 8:40AM			Saptami Until 3:12PM	Moon – Blue	Devaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra	

☾		Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Rome, Italy Sun 21 Sutra 28
Retreat Star		Gulika 3:44PM – 5:32PM	Ashlesha* Until 7:14AM	Ganesha: Clear <i>Sunrise:</i> 4:55AM	Vikarin 5121
Kataka Rasi: 29.11	Tithi 8 – 9	Yama 12:07PM – 1:56PM	Vridhhi Until 6:38AM	Muruqa: Yellow <i>Sunset:</i> 7:20PM	Moon 4 - Phase 4
	246583469	Rahu 5:32PM – 7:20PM	Balava Until 12:00AM Mon	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga		Mother's Day	Ashtami* Until 1:05PM	Moon – Blue	Devaloka Day
Until 7:14AM				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					


☽		Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Rome, Italy Sun 22 Sutra 29
Retreat Star		Gulika 1:56PM – 3:44PM	Purvaphalguni Until 4:22AM Tue	Ganesha: White <i>Sunrise:</i> 4:54AM	Vikarin 5121
Simha Rasi: 13.22	Tithi 9 – 10	Yama 10:19AM – 12:07PM	Vyaghata* Until 12:46AM Tue	Muruqa: Yellow <i>Sunset:</i> 7:21PM	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 6:42AM – 8:31AM	Taitila Until 9:41PM	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Navami* Until 10:50AM	Moon – Red	Bhuloka Day
Until 4:22AM Tue				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rome, Italy Sutra 30
Simha Rasi: 27.38	Tithi 10 – 11	Gulika	12:07PM – 1:56PM	Uttaraphalguni Until 2:37AM Wed	Ganesha: White	<i>Sunrise: 4:53AM</i>	Sun 23	Vikarin 5121
		Yama	8:30AM – 10:19AM	Harshana Until 9:45PM	Muruqa: Yellow	<i>Sunset: 7:22PM</i>		Moon 4 - Phase 5
		266583469 Rahu	3:45PM – 5:33PM	Vanija Until 7:19PM	Nataraja: Clear			4th Phase
Creative Work	Amrita Yoga			Dashami Until 8:29AM	Moon – Red		Bhuloka Day	
Until 2:37AM Wed					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sutra 31
Kanya Rasi: 11.55	Tithi 11 – 12	Gulika	10:19AM – 12:07PM	Hasta Until 1:11AM Thu	Ganesha: Yellow	<i>Sunrise: 4:52AM</i>	Sun 24	Vikarin 5121
		Yama	6:41AM – 8:30AM	Vajra* Until 6:44PM	Muruqa: Yellow	<i>Sunset: 7:23PM</i>		Moon 4 - Phase 5
		266583469 Rahu	12:07PM – 1:56PM	Balava Until 3:45AM Thu	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga			Ekadashi Until 6:06AM	Moon – Green		Devaloka Day	
Until 1:11AM Thu					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy Sutra 32
Kanya Rasi: 26.11	Tithi 13	Gulika	8:29AM – 10:18AM	Chitra Until 11:45PM	Ganesha: Yellow	<i>Sunrise: 4:51AM</i>	Sun 25	Vikarin 5121
		Yama	4:51AM – 6:40AM	Siddhi Until 3:49PM	Muruqa: Yellow	<i>Sunset: 7:24PM</i>		Moon 4 - Phase 5
		266583469 Rahu	1:57PM – 3:46PM	Kaulava Until 2:39PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 1:34AM Fri	Moon – Green		Devaloka Day	
Until 11:45PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>				

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sutra 33
Tula Rasi: 10.19	Tithi 14	Gulika	6:39AM – 8:29AM	Svati Until 10:26PM	Ganesha: Yellow	<i>Sunrise: 4:50AM</i>	Sun 26	Vikarin 5121
		Yama	3:46PM – 5:35PM	Vyatipata* Until 1:05PM	Muruqa: Yellow	<i>Sunset: 7:25PM</i>		Moon 4 - Phase 5
		266583469 Rahu	10:18AM – 12:07PM	Gara Until 12:35PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 11:39PM	Moon – Green		Devaloka Day	
					Vaisaka-Vaikasi			

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy Sutra 34
Copper Retreat Star		Gulika	4:49AM – 6:39AM	Vishakha Until 9:48PM	Ganesha: Blue	<i>Sunrise: 4:49AM</i>	Sun 27	Vikarin 5121
Tula Rasi: 24.17	Tithi 15	Yama	1:57PM – 3:47PM	Variyan Until 10:37AM	Muruqa: Yellow	<i>Sunset: 7:26PM</i>		Moon 4 - Phase 5
		276583469 Rahu	8:28AM – 10:18AM	Visti Until 10:52AM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga			Purnima* Until 10:09PM	Moon – Orange		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Sunday, May 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sutra 35		
Silver Retreat Star		Gulika	3:47PM – 5:37PM	Anuradha Until 9:33PM	Ganesha: Yellow	<i>Sunrise: 4:48AM</i>		Vikarin 5121
Vrischika Rasi: 7.58	Tithi 16	Yama	12:08PM – 1:57PM	Parigha* Until 8:32AM	Muruqa: Yellow	<i>Sunset: 7:27PM</i>		Moon 4 - Phase 5
		277583469 Rahu	5:37PM – 7:27PM	Balava Until 9:36AM	Nataraja: Clear			Prathama
Routine Work	Marana Yoga			Prathama* Until 9:10PM	Moon – Orange		Devaloka Day	
					Vaisaka-Vaikasi			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 21.19 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:58PM – 3:48PM
Yama 10:18AM – 12:08PM
Rahu 6:37AM – 8:27AM

Jyeshtha* Until 9:47PM
Shiva Until 6:56AM
Taitila Until 8:56AM
Dvitiya Until 8:49PM

Rome, Italy
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 4:47AM
Muruqa: Yellow *Sunset:* 7:28PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 4.19 Tithi 18
Creative Work Amrita Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:08PM – 1:58PM
Yama 8:27AM – 10:17AM
Rahu 3:48PM – 5:38PM

Mula* Until 10:59PM
Sadhya Until 5:18AM Wed
Vanija Until 8:55AM
Tritiya Until 9:10PM

Rome, Italy
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:47AM
Muruqa: Yellow *Sunset:* 7:29PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.59 Tithi 19
Creative Work Amrita Yoga
Until 12:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:17AM – 12:08PM
Yama 6:36AM – 8:27AM
Rahu 12:08PM – 1:58PM

Purvashadha* Until 12:43AM Thu
Subha Until 5:19AM Thu
Bava Until 9:37AM
Chaturthi* Until 10:12PM

Rome, Italy
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:46AM
Muruqa: Yellow *Sunset:* 7:30PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 29.21 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:26AM – 10:17AM
Yama 4:45AM – 6:36AM
Rahu 1:58PM – 3:49PM

Uttarashadha Until 2:52AM Fri
Sukla Until 5:45AM Fri
Kaulava Until 10:59AM
Panchami Until 11:51PM

Rome, Italy
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:45AM
Muruqa: Yellow *Sunset:* 7:30PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 11.29 Tithi 21
Routine Work Marana Yoga
Until 5:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:35AM – 8:26AM
Yama 3:50PM – 5:40PM
Rahu 10:17AM – 12:08PM

Shravana Until 5:47AM Sat
Brahma Until 6:31AM Sat
Gara Until 12:54PM
Shashthi* Until 1:59AM Sat

Rome, Italy
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:44AM
Muruqa: Yellow *Sunset:* 7:31PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 23.26 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 4:44AM – 6:35AM
Yama 1:59PM – 3:50PM
Rahu 8:26AM – 10:17AM

Dhanishtha Until 8:44AM Sun
Brahma Until 6:31AM
Visti Until 3:11PM
Saptami Until 4:22AM Sun

Rome, Italy
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:44AM
Muruqa: Yellow *Sunset:* 7:32PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 5.18 Tithi 23
Routine Work Marana Yoga
Until 8:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:51PM – 5:42PM
Yama 12:08PM – 1:59PM
Rahu 5:42PM – 7:33PM

Dhanishtha Until 8:44AM
Indra Until 7:29AM
Balava Until 5:37PM
Ashtami* Until 6:47AM Mon

Rome, Italy
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 4:43AM
Muruqa: Yellow *Sunset:* 7:33PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 17.1 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 11:32AM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:00PM – 3:51PM
Yama 10:17AM – 12:08PM
Rahu 6:34AM – 8:25AM

Shatabhishak Until 11:32AM
Vaidhriti* Until 8:25AM
Taitila Until 7:57PM
Ashtami* Until 6:47AM

Rome, Italy
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Blue *Sunrise:* 4:42AM
Muruqa: Yellow *Sunset:* 7:34PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Rome, Italy Sutra 44
Kumbha Rasi: 29.06	Tithi 24 – 25	Gulika	12:08PM – 2:00PM	Purvaproshtapada* Until 2:26PM	Ganesha: Purple	<i>Sunrise:</i> 4:42AM	Vikarin 5121
		Yama	8:25AM – 10:17AM	Vishkambha* Until 9:12AM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 7
		318683469 Rahu	3:52PM – 5:43PM	Vanija Until 10:00PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Navami* Until 9:00AM	Moon – Clear		Sivaloka Day
Until 2:26PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Rome, Italy Sutra 45
Meena Rasi: 11.11	Tithi 25 – 26	Gulika	10:17AM – 12:08PM	Uttaraproshtapada Until 4:45PM	Ganesha: Purple	<i>Sunrise:</i> 4:41AM	Vikarin 5121
		Yama	6:33AM – 8:25AM	Priti Until 9:43AM	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 7
		318683469 Rahu	12:08PM – 2:00PM	Bava Until 11:34PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 10:50AM	Moon – Clear		Sivaloka Day
Until 4:45PM					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Rome, Italy Sutra 46
Meena Rasi: 23.28	Tithi 26 – 27	Gulika	8:24AM – 10:16AM	Revati Until 6:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:40AM	Vikarin 5121
		Yama	4:40AM – 6:32AM	Ayushman Until 9:47AM	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 7
		318683469 Rahu	2:00PM – 3:52PM	Kaulava Until 12:33AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 12:07PM	Moon – Clear		Sivaloka Day
Until 6:22PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Rome, Italy Sutra 47
Mesha Rasi: 6.01	Tithi 27 – 28	Gulika	6:32AM – 8:24AM	Ashvini Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Vikarin 5121
		Yama	3:53PM – 5:45PM	Saubhagya Until 9:23AM	Muruqa: Yellow	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 7
		328683469 Rahu	10:16AM – 12:09PM	Gara Until 12:54AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 12:47PM	Moon – White		Devaloka Day
Until 7:42PM					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Rome, Italy Sutra 48
Mesha Rasi: 18.53	Tithi 28 – 29	Gulika	4:39AM – 6:32AM	Bharani Until 8:14PM	Ganesha: White	<i>Sunrise:</i> 4:39AM	Vikarin 5121
		Yama	2:01PM – 3:53PM	Sobhana Until 8:30AM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 7
		329683469 Rahu	8:24AM – 10:16AM	Visti Until 12:37AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 12:49PM	Moon – White		Bhuloka Day
Until 8:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

●		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Rome, Italy Sutra 49
Retreat Star		Gulika	3:54PM – 5:46PM	Krittika Until 8:02PM	Ganesha: White	<i>Sunrise:</i> 4:39AM	Vikarin 5121
Vrishabha Rasi: 2.03	Tithi 29 – 30	Yama	12:09PM – 2:01PM	Athiganda* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 7
		329683469 Rahu	5:46PM – 7:39PM	Catuspada Until 11:44PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 12:14PM	Moon – White		Bhuloka Day
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Rome, Italy Sutra 50
Vrishabha Rasi: 15.32	Tithi 30 – 1	Gulika	2:02PM – 3:54PM	Rohini Until 7:37PM	Ganesha: Green	<i>Sunrise:</i> 4:39AM	Vikarin 5121
Family Home Evening		Yama	10:16AM – 12:09PM	Dhriti Until 3:01AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 7
		339683469 Rahu	6:31AM – 8:24AM	Kintughna Until 10:22PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Amavasya* Until 11:05AM	Moon – Yellow		Bhuloka Day
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Rome, Italy Sun 16 Sutra 51 Vikarin 5121
Vrishabha Rasi: 29.18	Tithi 1 – 2	Gulika 12:09PM – 2:02PM	Mrigashira Until 6:39PM	Ganesha: Green	<i>Sunrise:</i> 4:38AM	
		Yama 8:24AM – 10:16AM	Shula* Until 12:28AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:40PM	Moon 5 - Phase 8
		339683461 Rahu 3:55PM – 5:47PM	Balava Until 8:35PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 9:30AM	Moon – Yellow		Bhuloka Day
Until 6:39PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Rome, Italy Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 13.17	Tithi 2 – 3	Gulika 10:16AM – 12:09PM	Ardra Until 5:14PM	Ganesha: Green	<i>Sunrise:</i> 4:38AM	
		Yama 6:31AM – 8:24AM	Ganda* Until 9:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 8
		339683461 Rahu 12:09PM – 2:02PM	Taitila Until 6:31PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:34AM	Moon – Yellow		Bhuloka Day
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau		Rome, Italy Sun 18 Sutra 53 Vikarin 5121
Mithuna Rasi: 27.26	Tithi 4	Gulika 8:24AM – 10:17AM	Punarvasu Until 3:55PM	Ganesha: White	<i>Sunrise:</i> 4:38AM	
		Yama 4:38AM – 6:31AM	Vridhi Until 6:48PM	Muruqa: Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 8
		349683461 Rahu 2:03PM – 3:56PM	Vanija Until 4:15PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 3:04AM Fri	Moon – Blue		Bhuloka Day
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Rome, Italy Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 11.41	Tithi 5	Gulika 6:30AM – 8:23AM	Pushya Until 2:21PM	Ganesha: White	<i>Sunrise:</i> 4:37AM	
		Yama 3:56PM – 5:49PM	Dhruva Until 3:49PM	Muruqa: Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 8
		349683461 Rahu 10:17AM – 12:10PM	Bava Until 1:54PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Panchami Until 12:42AM Sat	Moon – Blue		Bhuloka Day
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Rome, Italy Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 25.58	Tithi 6	Gulika 4:37AM – 6:30AM	Ashlesha* Until 12:38PM	Ganesha: White	<i>Sunrise:</i> 4:37AM	
		Yama 2:03PM – 3:56PM	Vyaghata* Until 12:50PM	Muruqa: Yellow	<i>Sunset:</i> 7:43PM	Moon 5 - Phase 8
		349683461 Rahu 8:23AM – 10:17AM	Kaulava Until 11:32AM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 10:20PM	Moon – Blue		Bhuloka Day
Until 12:38PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Rome, Italy Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 10.13	Tithi 7	Gulika 3:57PM – 5:50PM	Magha* Until 11:14AM	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM	
		Yama 12:10PM – 2:03PM	Harshana Until 9:53AM	Muruqa: Yellow	<i>Sunset:</i> 7:43PM	Moon 5 - Phase 8
		351683461 Rahu 5:50PM – 7:43PM	Gara Until 9:12AM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Saptami Until 8:03PM	Moon – Red		Devaloka Day
Until 11:14AM				Jyeshtha-Vaikasi		
Then Creative Work - Siddha Yoga						

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau		Rome, Italy Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 24.25	Tithi 8 – 9	Gulika 2:04PM – 3:57PM	Purvaphalguni Until 9:48AM	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM	
Family Home Evening		Yama 10:17AM – 12:10PM	Vajra* Until 7:00AM	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Moon 5 - Phase 8
		351683461 Rahu 6:30AM – 8:23AM	Visti Until 6:58AM	Nataraja: Yellow		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:52PM	Moon – Red		Devaloka Day
				Jyeshtha-Vaikasi		

Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rome, Italy Sun 23 Sutra 58 Vikarin 5121
Kanya Rasi: 8.32	Tithi 9 – 10	Gulika 12:10PM – 2:04PM	Uttaraphalguni Until 8:21AM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	
		Yama 8:23AM – 10:17AM	Vyatipata* Until 1:36AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Moon 5 - Phase 8
		351683461 Rahu 3:57PM – 5:51PM	Taitila Until 2:53AM Wed	Nataraja: Yellow		Navami
Creative Work	Amrita Yoga		Navami* Until 3:49PM	Moon – Red		Devaloka Day
Until 8:21AM				Jyeshtha-Vaikasi		
Then Creative Work - Siddha Yoga						


Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Rome, Italy
			Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24
	Kanya Rasi: 22.32	Tithi 10 – 11	Gulika 10:17AM – 12:11PM	Hasta Until 7:21AM	Ganesha: White	<i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 6:30AM – 8:23AM	Variyan Until 11:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 9
		361683461 Rahu 12:11PM – 2:04PM	Vanija Until 1:08AM Thu	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Dashami Until 1:58PM	Moon – Green	Bhuloka Day		
Until 7:21AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Rome, Italy
			Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25
	Tula Rasi: 6.25	Tithi 11 – 12	Gulika 8:24AM – 10:17AM	Chitra Until 6:25AM	Ganesha: White	<i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 4:36AM – 6:30AM	Parigha* Until 8:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:45PM	Moon 5 - Phase 9
		361683461 Rahu 2:05PM – 3:58PM	Bava Until 11:39PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 12:20PM	Moon – Green	Bhuloka Day		
Until 6:25AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Rome, Italy
			Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26
	Tula Rasi: 20.07	Tithi 12 – 13	Gulika 6:30AM – 8:24AM	Vishakha Until 5:27AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 3:58PM – 5:52PM	Shiva Until 6:52PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 9
		371693461 Rahu 10:17AM – 12:11PM	Kaulava Until 10:29PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:00AM	Moon – Orange	Sivaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Rome, Italy
			Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27
	Vrischika Rasi: 3.38	Tithi 13 – 14	Gulika 4:36AM – 6:30AM	Anuradha Until 5:33AM Sun	Ganesha: White	<i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 2:05PM – 3:59PM	Siddha Until 5:09PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 9
		371793461 Rahu 8:24AM – 10:17AM	Gara Until 9:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 10:01AM	Moon – Orange	Subha Sivaloka Day		
Until 5:33AM Sun				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Rome, Italy
			Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 63
	Vrischika Rasi: 16.54	Tithi 14 – 15	Gulika 3:59PM – 5:53PM	Jyeshtha* Until 6:00AM Mon	Ganesha: White	<i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 12:11PM – 2:05PM	Sadhya Until 3:49PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 9
		371793461 Rahu 5:53PM – 7:47PM	Visti Until 9:25PM	Nataraja: Yellow		Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 9:29AM	Moon – Orange	Subha Sivaloka Day		
Until 6:00AM Mon		Father's Day		Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Rome, Italy
			Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64
	Vrischika Rasi: 29.55	Tithi 15 – 16	Gulika 2:06PM – 3:59PM	Jyeshtha* Until 6:00AM	Ganesha: White	<i>Sunrise:</i> 4:36AM	Vikarin 5121
			Yama 10:18AM – 12:12PM	Subha Until 2:55PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 9
Family Home Evening		371793461 Rahu 6:30AM – 8:24AM	Balava Until 9:39PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 9:27AM	Moon – Orange	Subha Sivaloka Day		
Until 6:00AM				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rome, Italy
Sutra 65

Dhanus Rasi: 12.39 Tithi 16 – 17

Gulika 12:12PM – 2:06PM
Yama 8:24AM – 10:18AM
Rahu 4:00PM – 5:54PM

Mula* Until 7:16AM
Sukla Until 2:26PM
Taitila Until 10:28PM
Prathama* Until 9:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:36AM
Sunset: 7:47PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 7:16AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Rome, Italy
Sun 1
Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

Gulika 10:18AM – 12:12PM
Yama 6:30AM – 8:24AM
Rahu 12:12PM – 2:06PM

Purvashadha* Until 8:57AM
Brahma Until 2:24PM
Vanija Until 11:49PM
Dvitiya Until 11:03AM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:36AM
Sunset: 7:48PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhrili* Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Rome, Italy
Sun 2
Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

Gulika 8:24AM – 10:18AM
Yama 4:37AM – 6:31AM
Rahu 2:06PM – 4:00PM

Uttarashadha Until 10:59AM
Indra Until 2:47PM
Bava Until 1:40AM Fri
Tritiya Until 12:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 7:48PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 10:59AM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili*/Vishkambha* Yoga Bala*/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy
Sun 3
Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

Gulika 6:31AM – 8:25AM
Yama 4:00PM – 5:54PM
Rahu 10:19AM – 12:13PM

Shravana Until 1:46PM
Vaidhrili* Until 3:27PM
Kaulava Until 3:51AM Sat
Chaturthi* Until 2:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 7:48PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 1:46PM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rome, Italy
Sun 4
Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

Gulika 4:37AM – 6:31AM
Yama 2:07PM – 4:01PM
Rahu 8:25AM – 10:19AM

Dhanishtha Until 4:39PM
Vishkambha* Until 4:21PM
Gara Until 6:13AM Sun
Panchami Until 5:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 7:48PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 4:39PM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Rome, Italy
Sun 5
Sutra 70

Kumbha Rasi: 13.16 Tithi 21

Gulika 4:01PM – 5:55PM
Yama 12:13PM – 2:07PM
Rahu 5:55PM – 7:49PM

Shatabhishak Until 7:27PM
Priti Until 5:20PM
Gara Until 6:13AM
Shashthi* Until 7:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:37AM
Sunset: 7:49PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Rome, Italy
Sun 6
Sutra 71

Kumbha Rasi: 25.08 Tithi 22

Family Home Evening

Gulika 2:07PM – 4:01PM
Yama 10:19AM – 12:13PM
Rahu 6:31AM – 8:25AM

Purvaproshtapada* Until 10:29PM
Ayushman Until 6:12PM
Visti Until 8:35AM
Saptami Until 9:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:38AM
Sunset: 7:49PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 10:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy
Sun 7
Sutra 72

Meena Rasi: 7.05 Tithi 23

Gulika 12:13PM – 2:07PM
Yama 8:26AM – 10:19AM
Rahu 4:01PM – 5:55PM

Uttaraproshtapada Until 1:03AM Wed
Saubhagya Until 6:53PM
Balava Until 10:45AM
Ashtami* Until 11:40PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:38AM
Sunset: 7:49PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 1:03AM Wed
Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy
Sun 8
Sutra 73

Meena Rasi: 19.1 Tithi 24

Gulika 10:20AM – 12:14PM
Yama 6:32AM – 8:26AM
Rahu 12:14PM – 2:07PM

Revati Until 2:59AM Thu
Sobhana Until 7:14PM
Taitila Until 12:31PM
Navami* Until 1:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:38AM
Sunset: 7:49PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 2:59AM Thu
Then Creative Work - Amrita Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Rome, Italy Sun 9 Sutra 74
Mesha Rasi: 1.28	Tithi 25	Gulika 8:26AM – 10:20AM	Ashvini Until 4:38AM Fri	Ganesha: Blue	Sunrise: 4:39AM	Vikarin 5121
		Yama 4:39AM – 6:32AM	Athiganda* Until 7:06PM	Muruqa: Blue	Sunset: 7:49PM	Moon 6 - Phase 11
		322793461 Rahu 2:08PM – 4:01PM	Vanija Until 1:43PM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 2:04AM Fri	Moon – White		Devaloka Day
Until 4:38AM Fri				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga						
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Rome, Italy Sun 10 Sutra 75
Mesha Rasi: 14.02	Tithi 26	Gulika 6:33AM – 8:26AM	Bharani Until 5:26AM Sat	Ganesha: Blue	Sunrise: 4:39AM	Vikarin 5121
		Yama 4:01PM – 5:55PM	Sukarma Until 6:27PM	Muruqa: Blue	Sunset: 7:49PM	Moon 6 - Phase 11
		322793461 Rahu 10:20AM – 12:14PM	Bava Until 2:16PM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:15AM Sat	Moon – White		Devaloka Day
Until 5:26AM Sat				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Rome, Italy Sun 11 Sutra 76
Mesha Rasi: 26.58	Tithi 27	Gulika 4:39AM – 6:33AM	Krittika Until 5:22AM Sun	Ganesha: Blue	Sunrise: 4:39AM	Vikarin 5121
		Yama 2:08PM – 4:02PM	Dhriti Until 5:14PM	Muruqa: Blue	Sunset: 7:49PM	Moon 6 - Phase 11
		322793461 Rahu 8:27AM – 10:20AM	Kaulava Until 2:06PM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:43AM Sun	Moon – White		Devaloka Day
Until 5:22AM Sun				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga						
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Rome, Italy Sun 12 Sutra 77
Vrishabha Rasi: 10.15	Tithi 28	Gulika 4:02PM – 5:55PM	Rohini Until 4:56AM Mon	Ganesha: Blue	Sunrise: 4:40AM	Vikarin 5121
		Yama 12:14PM – 2:08PM	Shula* Until 3:25PM	Muruqa: Blue	Sunset: 7:49PM	Moon 6 - Phase 11
		322793461 Rahu 5:55PM – 7:49PM	Gara Until 1:12PM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:29AM Mon	Moon – Yellow		Devaloka Day
Until 4:56AM Mon				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						
						Pradosha Vrata (Fasting)
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rome, Italy Sun 13 Sutra 78
Vrishabha Rasi: 23.56	Tithi 29	Gulika 2:08PM – 4:02PM	Mrigashira Until 3:46AM Tue	Ganesha: Blue	Sunrise: 4:40AM	Vikarin 5121
Family Home Evening		Yama 10:21AM – 12:15PM	Ganda* Until 1:06PM	Muruqa: Blue	Sunset: 7:49PM	Moon 6 - Phase 11
		322793461 Rahu 6:34AM – 8:27AM	Visti* Until 11:39AM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 10:39PM	Moon – Yellow		Devaloka Day
Until 3:46AM Tue				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rome, Italy Sun 14 Sutra 79
Mithuna Rasi: 7.59	Tithi 30	Gulika 12:15PM – 2:08PM	Ardra Until 1:59AM Wed	Ganesha: Blue	Sunrise: 4:41AM	Vikarin 5121
		Yama 8:28AM – 10:21AM	Vridhhi Until 10:20AM	Muruqa: Blue	Sunset: 7:49PM	Moon 6 - Phase 11
		322793461 Rahu 4:02PM – 5:55PM	Catuspada Until 9:33AM	Nataraja: Yellow		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:18PM	Moon – Yellow		Devaloka Day
Until 1:59AM Wed				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga						
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Rome, Italy Sun 15 Sutra 80
Mithuna Rasi: 22.2	Tithi 1 – 2	Gulika 10:22AM – 12:15PM	Punarvasu Until 12:08AM Thu	Ganesha: Yellow	Sunrise: 4:41AM	Vikarin 5121
		Yama 6:35AM – 8:28AM	Dhruva Until 7:12AM	Muruqa: Blue	Sunset: 7:48PM	Moon 6 - Phase 11
		343793461 Rahu 12:15PM – 2:08PM	Kintughna Until 7:00AM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:36PM	Moon – Blue		Sivaloka Day
Until 12:08AM Thu				Ashada-Ani		
Then Creative Work - Amrita Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rome, Italy Sun 16 Sutra 81
Kataka Rasi: 6.53	Tithi 2 - 3	Gulika 8:28AM - 10:22AM	Pushya Until 9:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:42AM		Vikarin 5121	
		Yama 4:42AM - 6:35AM	Harshana Until 12:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:48PM		Moon 6 - Phase 12	
		343793461 Rahu 2:08PM - 4:02PM	Taitila Until 1:10AM Fri	Nataraja: Yellow			3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 2:39PM	Moon - Blue		Sivaloka Day		
Until 9:58PM				Ashada-Ani				
Then Creative Work - Siddha Yoga								

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Rome, Italy Sun 17 Sutra 82
Kataka Rasi: 21.34	Tithi 3 - 4	Gulika 6:36AM - 8:29AM	Ashlesha* Until 7:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM		Vikarin 5121	
		Yama 4:02PM - 5:55PM	Vajra* Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 7:48PM		Moon 6 - Phase 12	
		343793461 Rahu 10:22AM - 12:15PM	Vanija Until 10:08PM	Nataraja: Yellow			3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 11:37AM	Moon - Blue		Sivaloka Day		
				Ashada-Ani				

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy Sun 18 Sutra 83
Simha Rasi: 6.15	Tithi 4 - 5	Gulika 4:43AM - 6:36AM	Magha* Until 5:37PM	Ganesha: White	<i>Sunrise:</i> 4:43AM		Vikarin 5121	
		Yama 2:08PM - 4:02PM	Siddhi Until 5:17PM	Muruqa: Blue	<i>Sunset:</i> 7:48PM		Moon 6 - Phase 12	
		353793461 Rahu 8:29AM - 10:22AM	Bava Until 7:11PM	Nataraja: Yellow			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 8:37AM	Moon - Red		Subha Sivaloka Day		
Until 5:37PM				Ashada-Ani				
Then Creative Work - Siddha Yoga								

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Rome, Italy Sun 19 Sutra 84
Simha Rasi: 20.5	Tithi 6	Gulika 4:01PM - 5:54PM	Purvaphalguni Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM		Vikarin 5121	
		Yama 12:16PM - 2:08PM	Vyatipata* Until 1:59PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM		Moon 6 - Phase 12	
		453793461 Rahu 5:54PM - 7:47PM	Kaulava Until 4:27PM	Nataraja: Yellow			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:10AM Mon	Moon - Red		Sivaloka Day		
Until 3:40PM				Ashada-Ani				
Then Creative Work - Amrita Yoga								

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Rome, Italy Sun 20 Sutra 85
Kanya Rasi: 5.14	Tithi 7	Gulika 2:09PM - 4:01PM	Uttaraphalguni Until 1:52PM	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM		Vikarin 5121	
Family Home Evening		Yama 10:23AM - 12:16PM	Varyan Until 10:53AM	Muruqa: Blue	<i>Sunset:</i> 7:47PM		Moon 6 - Phase 12	
		453793461 Rahu 6:37AM - 8:30AM	Gara Until 2:00PM	Nataraja: Yellow			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 12:53AM Tue	Moon - Red		Sivaloka Day		
		Chidambaram Abhishekam		Ashada-Ani				

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Rome, Italy Sun 21 Sutra 86
Kanya Rasi: 19.24	Tithi 8	Gulika 12:16PM - 2:09PM	Hasta Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 4:45AM		Vikarin 5121	
		Yama 8:30AM - 10:23AM	Parigha* Until 8:06AM	Muruqa: Blue	<i>Sunset:</i> 7:47PM		Moon 6 - Phase 12	
		463793461 Rahu 4:01PM - 5:54PM	Visti Until 11:54AM	Nataraja: Yellow			Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 11:00PM	Moon - Green		Subha Sivaloka Day		
				Ashada-Ani				

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy Sun 22 Sutra 87
Tula Rasi: 3.19	Tithi 9	Gulika 10:23AM - 12:16PM	Chitra Until 11:50AM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM		Vikarin 5121	
		Yama 6:38AM - 8:31AM	Siddha Until 3:32AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:46PM		Moon 6 - Phase 12	
		463893461 Rahu 12:16PM - 2:09PM	Balava Until 10:14AM	Nataraja: Yellow			Navami	
Creative Work	Siddha Yoga		Navami* Until 9:32PM	Moon - Green		Sivaloka Day		
				Ashada-Ani				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy Sun 23 Sutra 88
Tula Rasi: 16.58	Tithi 10	Gulika 8:31AM – 10:24AM	Svati Until 11:15AM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM		Vikarin 5121	
		Yama 4:46AM – 6:39AM	Sadhya Until 1:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:46PM		Moon 6 - Phase 13	
		463893461 Rahu 2:09PM – 4:01PM	Taitila Until 9:00AM	Nataraja: Yellow			4th Phase	
Creative Work	Amrita Yoga		Dashami Until 8:32PM	Moon – Green		Sivaloka Day		
Until 11:15AM				Ashada•Ani				
Then Creative Work - Siddha Yoga								

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Rome, Italy Sun 24 Sutra 89
Vrischika Rasi: 0.2	Tithi 11	Gulika 6:39AM – 8:32AM	Vishakha Until 11:25AM	Ganesha: White	<i>Sunrise:</i> 4:47AM		Vikarin 5121	
		Yama 4:01PM – 5:53PM	Subha Until 12:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:45PM		Moon 6 - Phase 13	
		473893461 Rahu 10:24AM – 12:16PM	Vanija Until 8:13AM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:00PM	Moon – Orange		Devaloka Day		
				Ashada•Ani				

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Rome, Italy Sun 25 Sutra 90
Vrischika Rasi: 13.28	Tithi 12	Gulika 4:48AM – 6:40AM	Anuradha Until 11:54AM	Ganesha: White	<i>Sunrise:</i> 4:48AM		Vikarin 5121	
		Yama 2:08PM – 4:01PM	Sukla Until 11:29PM	Muruqa: Blue	<i>Sunset:</i> 7:45PM		Moon 6 - Phase 13	
		473893461 Rahu 8:32AM – 10:24AM	Bava Until 7:56AM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:56PM	Moon – Orange		Devaloka Day		
				Ashada•Ani				

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy Sun 26 Sutra 91
Vrischika Rasi: 26.2	Tithi 13	Gulika 4:00PM – 5:52PM	Jyeshtha* Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 4:49AM		Vikarin 5121	
		Yama 12:16PM – 2:08PM	Brahma Until 10:53PM	Muruqa: Blue	<i>Sunset:</i> 7:44PM		Moon 6 - Phase 13	
		473893461 Rahu 5:52PM – 7:44PM	Kaulava Until 8:07AM	Nataraja: Yellow			4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 8:22PM	Moon – Orange		Devaloka Day		
Until 12:43PM				Ashada•Ani				
Then Creative Work - Amrita Yoga								

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sun 27 Sutra 92
Dhanus Rasi: 9	Tithi 14	Gulika 2:08PM – 4:00PM	Mula* Until 2:18PM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM		Vikarin 5121	
Family Home Evening		Yama 10:25AM – 12:17PM	Indra Until 10:41PM	Muruqa: Blue	<i>Sunset:</i> 7:44PM		Moon 6 - Phase 13	
		483893461 Rahu 6:41AM – 8:33AM	Gara Until 8:47AM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:16PM	Moon – Light Blue		Sivaloka Day		
Until 2:18PM				Ashada•Ani				
Then Routine Work - Marana Yoga								

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy Sun 28 Sutra 93
Dhanus Rasi: 21.26	Tithi 15	Gulika 12:17PM – 2:08PM	Purvashadha* Until 4:10PM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM		Vikarin 5121	
		Yama 8:33AM – 10:25AM	Vaidhriti* Until 10:48PM	Muruqa: Blue	<i>Sunset:</i> 7:43PM		Moon 6 - Phase 13	
		483893461 Rahu 4:00PM – 5:51PM	Visti Until 9:54AM	Nataraja: Yellow			Purnima	
Creative Work	Siddha Yoga		Purnima* Until 10:37PM	Moon – Light Blue		Sivaloka Day		
Until 4:10PM				Ashada•Adi				
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima						

Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sun 29 Sutra 94
Silver Retreat Star		Gulika 10:25AM – 12:17PM	Uttarashadha Until 6:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	Vikarin 5121
Makara Rasi: 3.41	Tithi 16	Yama 6:43AM – 8:34AM	Vishkambha* Until 11:14PM	Muruqa: Blue	<i>Sunset:</i> 7:42PM	Moon 6 - Phase 13
		484893462 Rahu 12:17PM – 2:08PM	Balava Until 11:28AM	Nataraja: White		Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:23AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day
Until 6:18PM				Ashada•Adi		
Then Creative Work - Siddha Yoga						



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 15.47 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:34AM – 10:26AM
Yama 4:52AM – 6:43AM
Rahu 2:08PM – 3:59PM
Shravana Until 9:05PM
Priti Until 11:57PM
Taitila Until 1:24PM
Dvitiya Until 2:28AM Fri

Rome, Italy
Sutra 95
Sun 1
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:52AM
Muruga: Blue Sunset: 7:42PM
Nataraja: White
Moon - Purple
Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Makara Rasi: 27.46 Tithi 18
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 6:44AM – 8:35AM
Yama 3:59PM – 5:50PM
Rahu 10:26AM – 12:17PM
Dhanishtha Until 11:57PM
Ayushman Until 12:49AM Sat
Vanija Until 3:37PM
Tritiya Until 4:47AM Sat

Rome, Italy
Sutra 96
Sun 2
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:53AM
Muruga: Blue Sunset: 7:41PM
Nataraja: White
Moon - Purple
Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 9.39 Tithi 19
Creative Work Amrita Yoga
Until 2:45AM Sun
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau
Gulika 4:54AM – 6:45AM
Yama 2:08PM – 3:59PM
Rahu 8:35AM – 10:26AM
Shatabhishak Until 2:45AM Sun
Saubhagya Until 1:48AM Sun
Bava Until 6:00PM
Chaturthi* Until 7:12AM Sun

Rome, Italy
Sutra 97
Sun 3
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:54AM
Muruga: Blue Sunset: 7:40PM
Nataraja: White
Moon - Purple
Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 21.31 Tithi 19 – 20
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 3:58PM – 5:49PM
Yama 12:17PM – 2:08PM
Rahu 5:49PM – 7:39PM
Purvaproshtapada* Until 5:53AM Mon
Sobhana Until 2:46AM Mon
Kaulava Until 8:25PM
Chaturthi* Until 7:12AM

Rome, Italy
Sutra 98
Sun 4
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:55AM
Muruga: Blue Sunset: 7:39PM
Nataraja: White
Moon - Clear
Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 3.23 Tithi 20 – 21
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 2:07PM – 3:58PM
Yama 10:27AM – 12:17PM
Rahu 6:46AM – 8:36AM
Uttaraproshtapada Until 8:40AM Tue
Athiganda* Until 3:35AM Tue
Gara Until 10:42PM
Panchami Until 9:34AM

Rome, Italy
Sutra 99
Sun 5
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:55AM
Muruga: Blue Sunset: 7:39PM
Nataraja: White
Moon - Clear
Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 15.19 Tithi 21 – 22
Creative Work Amrita Yoga
Until 8:40AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 12:17PM – 2:07PM
Yama 8:37AM – 10:27AM
Rahu 3:57PM – 5:48PM
Uttaraproshtapada Until 8:40AM
Sukarma Until 4:11AM Wed
Visti Until 12:42AM Wed
Shashthi* Until 11:44AM

Rome, Italy
Sutra 100
Sun 6
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:56AM
Muruga: Blue Sunset: 7:38PM
Nataraja: White
Moon - Clear
Subha Sivaloka Day
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Meena Rasi: 27.23 Tithi 22 – 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:27AM – 12:17PM
Yama 6:47AM – 8:37AM
Rahu 12:17PM – 2:07PM
Revati Until 10:57AM
Dhriti Until 4:26AM Thu
Balava Until 2:16AM Thu
Saptami Until 1:32PM

Rome, Italy
Sutra 101
Sun 7
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Ganesha: Clear Sunrise: 4:57AM
Muruga: Blue Sunset: 7:37PM
Nataraja: White
Moon - Clear
Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 9.4 Tithi 23 – 24
Creative Work Amrita Yoga
Until 1:04PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:38AM – 10:27AM
Yama 4:58AM – 6:48AM
Rahu 2:07PM – 3:57PM
Ashvini Until 1:04PM
Shula* Until 4:10AM Fri
Taitila Until 3:13AM Fri
Ashtami* Until 2:48PM

Rome, Italy
Sutra 102
Sun 8
Vikarin 5121
Moon 7 - Phase 14
Navami
Ganesha: White Sunrise: 4:58AM
Muruga: Blue Sunset: 7:36PM
Nataraja: White
Moon - White
Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Rome, Italy Sutra 103 Vikarin 5121
	Mesha Rasi: 22.11	Tithi 24 – 25	Gulika 6:49AM – 8:38AM	Bharani Until 2:23PM	Ganesha: White	<i>Sunrise:</i> 4:59AM	Sun 9
			Yama 3:56PM – 5:46PM	Ganda* Until 3:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	424893462 Rahu 10:28AM – 12:17PM	Vanija Until 3:27AM Sat	Nataraja: White		2nd Phase
			Navami* Until 3:25PM	Moon – White		Subha Subha Sivaloka Day	
				Ashada-Adi			

2	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy Sutra 104 Vikarin 5121
	Vrishabha Rasi: 5.04	Tithi 25 – 26	Gulika 5:00AM – 6:49AM	Krittika Until 2:49PM	Ganesha: White	<i>Sunrise:</i> 5:00AM	Sun 10
			Yama 2:06PM – 3:56PM	Vriddhi Until 1:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 15
	Creative Work	Amrita Yoga	424893462 Rahu 8:39AM – 10:28AM	Bava Until 2:55AM Sun	Nataraja: White		2nd Phase
			Dashami Until 3:16PM	Moon – White		Subha Subha Sivaloka Day	
				Ashada-Adi			

3	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sutra 105 Vikarin 5121
	Vrishabha Rasi: 18.21	Tithi 26 – 27	Gulika 3:55PM – 5:44PM	Rohini Until 2:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM	Sun 11
			Yama 12:17PM – 2:06PM	Dhruva Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	424893462 Rahu 5:44PM – 7:33PM	Kaulava Until 1:36AM Mon	Nataraja: White		2nd Phase
			Ekadashi* Until 2:20PM	Moon – Yellow		Subha Sivaloka Day	
				Ashada-Adi			

4	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sutra 106 Vikarin 5121
	Mithuna Rasi: 2.04	Tithi 27 – 28	Gulika 2:06PM – 3:55PM	Mrigashira Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 5:02AM	Sun 12
	Family Home Evening		Yama 10:28AM – 12:17PM	Vyaghata* Until 9:14PM	Muruqa: Blue	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15
	Creative Work	Amrita Yoga	435893462 Rahu 6:51AM – 8:40AM	Gara Until 11:35PM	Nataraja: White		2nd Phase
			Dvadashi* Until 12:39PM	Moon – Yellow		Sivaloka Day	
				Ashada-Adi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sutra 107 Vikarin 5121
	Mithuna Rasi: 16.14	Tithi 28 – 29	Gulika 12:17PM – 2:06PM	Ardra Until 12:07PM	Ganesha: White	<i>Sunrise:</i> 5:03AM	Sun 13
			Yama 8:40AM – 10:28AM	Harshana Until 6:07PM	Muruqa: Blue	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15
	Routine Work	Marana Yoga	435893462 Rahu 3:54PM – 5:43PM	Visti Until 8:57PM	Nataraja: White		2nd Phase
			Trayodashi* Until 10:19AM	Moon – Yellow		Sivaloka Day	
				Ashada-Adi			

●	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Rome, Italy Sutra 108 Vikarin 5121
	Retreat Star		Gulika 10:29AM – 12:17PM	Punarvasu Until 10:09AM	Ganesha: Green	<i>Sunrise:</i> 5:04AM	Sun 14
	Kataka Rasi: 0.46	Tithi 29 – 30	Yama 6:52AM – 8:40AM	Vajra* Until 2:33PM	Muruqa: Blue	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	445893462 Rahu 12:17PM – 2:05PM	Naga Until 4:11AM Thu	Nataraja: White		Amavasya
			Chaturdashi* Until 7:27AM	Moon – Blue		Sivaloka Day	
				Ashada-Adi			

●	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy Sutra 109 Vikarin 5121
	Retreat Star		Gulika 8:41AM – 10:29AM	Pushya Until 7:40AM	Ganesha: Green	<i>Sunrise:</i> 5:05AM	Sun 15
	Kataka Rasi: 15.37	Tithi 1	Yama 5:05AM – 6:53AM	Siddhi Until 10:43AM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 15
	Creative Work	Amrita Yoga	445893462 Rahu 2:05PM – 3:53PM	Kintughna Until 2:28PM	Nataraja: White		Prathama
			Prathama* Until 12:41AM Fri	Moon – Blue		Sivaloka Day	
				Sravana-Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Rome, Italy Sutra 110 Vikarin 5121
Simha Rasi: 0.38	Tithi 2	Gulika 6:54AM – 8:41AM	Magha* Until 2:13AM Sat	Ganesha: White	<i>Sunrise:</i> 5:06AM	Sun 16
		Yama 3:52PM – 5:40PM	Vyatipata* Until 6:45AM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 16
		455893462 Rahu 10:29AM – 12:17PM	Balava Until 10:55AM	Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 9:07PM	Moon – Red		Sivaloka Day
Until 2:13AM Sat				Sravana*Adi		
Then Creative Work - Siddha Yoga						

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Rome, Italy Sutra 111 Vikarin 5121
Simha Rasi: 15.41	Tithi 3 – 4	Gulika 5:07AM – 6:54AM	Purvaphalguni Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 5:07AM	Sun 17
		Yama 2:04PM – 3:52PM	Parigha* Until 10:49PM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 16
		455893462 Rahu 8:42AM – 10:29AM	Taitila Until 7:22AM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:37PM	Moon – Red		Sivaloka Day
Until 11:36PM				Sravana*Adi		
Then Routine Work - Marana Yoga						

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Rome, Italy Sutra 112 Vikarin 5121
Kanya Rasi: 0.37	Tithi 4 – 5	Gulika 3:51PM – 5:38PM	Uttaraphalguni Until 9:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM	Sun 18
		Yama 12:17PM – 2:04PM	Shiva Until 7:08PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 16
		455993462 Rahu 5:38PM – 7:25PM	Bava Until 12:51AM Mon	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 2:20PM	Moon – Red		Subha Sivaloka Day
		Nag Panchami		Sravana*Adi		

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Rome, Italy Sutra 113 Vikarin 5121
Kanya Rasi: 15.19	Tithi 5 – 6	Gulika 2:03PM – 3:50PM	Hasta Until 7:17PM	Ganesha: White	<i>Sunrise:</i> 5:09AM	Sun 19
Family Home Evening		Yama 10:30AM – 12:17PM	Siddha Until 3:45PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:56AM – 8:43AM	Kaulava Until 10:10PM	Nataraja: White		3rd Phase
Until 7:17PM			Panchami Until 11:26AM	Moon – Green		Subha Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga				Sravana*Adi		

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Rome, Italy Sutra 114 Vikarin 5121
Kanya Rasi: 29.41	Tithi 6 – 7	Gulika 12:16PM – 2:03PM	Chitra Until 5:52PM	Ganesha: White	<i>Sunrise:</i> 5:10AM	Sun 20
		Yama 8:43AM – 10:30AM	Sadhya Until 12:48PM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 16
		465993462 Rahu 3:50PM – 5:36PM	Gara Until 8:02PM	Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:00AM	Moon – Green		Subha Subha Sivaloka Day
				Sravana*Adi		

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Rome, Italy Sutra 115 Vikarin 5121
Tula Rasi: 13.41	Tithi 7 – 8	Gulika 10:30AM – 12:16PM	Svati Until 4:54PM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Sun 21
		Yama 6:57AM – 8:44AM	Subha Until 10:21AM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16
		465993462 Rahu 12:16PM – 2:03PM	Visti Until 6:30PM	Nataraja: White		Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:10AM	Moon – Green		Subha Subha Sivaloka Day
				Sravana*Adi		

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Rome, Italy Sutra 116 Vikarin 5121
Tula Rasi: 27.16	Tithi 9	Gulika 8:44AM – 10:30AM	Vishakha Until 4:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:12AM	Sun 22
		Yama 5:12AM – 6:58AM	Sukla Until 8:25AM	Muruqa: Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 16
		476993462 Rahu 2:02PM – 3:48PM	Balava Until 5:39PM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 5:28AM Fri	Moon – Orange		Sivaloka Day
				Sravana*Adi		

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau			Rome, Italy Sutra 117 Vikarin 5121
Wrischika Rasi: 10.29	Tithi 10	Gulika 6:59AM – 8:44AM	Anuradha Until 5:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:13AM	Sun 23	
		Yama 3:48PM – 5:33PM	Brahma Until 7:02AM	Muruqa: Blue	<i>Sunset:</i> 7:19PM		Moon 7 - Phase 17
		476993462 Rahu 10:30AM – 12:16PM	Taitila Until 5:28PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:36AM Sat	Moon – Orange		Sivaloka Day	
Until 5:24PM							
Then Routine Work - Marana Yoga							


2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visiti* Karana Ekadashyam Titau			Rome, Italy Sutra 118 Vikarin 5121
Wrischika Rasi: 23.23	Tithi 11	Gulika 5:14AM – 6:59AM	Jyeshtha* Until 6:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:14AM	Sun 24	
		Yama 2:01PM – 3:47PM	Indra Until 6:10AM	Muruqa: Blue	<i>Sunset:</i> 7:19PM		Moon 7 - Phase 17
		476993462 Rahu 8:45AM – 10:30AM	Vanija Until 5:55PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 6:20AM Sun	Moon – Orange		Sivaloka Day	

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Visiti*/Bava Karana Ekadashi/Dvadashyam Titau			Rome, Italy Sutra 119 Vikarin 5121
Dhanus Rasi: 5.59	Tithi 11 – 12	Gulika 3:46PM – 5:31PM	Mula* Until 8:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Sun 25	
		Yama 12:16PM – 2:01PM	Vishkambha* Until 5:46AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:17PM		Moon 7 - Phase 17
		486993462 Rahu 5:31PM – 7:17PM	Bava Until 6:56PM	Nataraja: White			4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 6:20AM	Moon – Light Blue		Subha Sivaloka Day	
Until 8:12PM							
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Rome, Italy Sutra 120 Vikarin 5121
Dhanus Rasi: 18.21	Tithi 12 – 13	Gulika 2:01PM – 3:45PM	Purvashadha* Until 10:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Sun 26	
Family Home Evening		Yama 10:31AM – 12:16PM	Priti Until 6:07AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:15PM		Moon 7 - Phase 17
Routine Work	Marana Yoga	486993462 Rahu 7:01AM – 8:46AM	Kaulava Until 8:25PM	Nataraja: White			4th Phase
			Dvadashi Until 7:36AM	Moon – Light Blue		Subha Sivaloka Day	

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Rome, Italy Sutra 121 Vikarin 5121
Makara Rasi: 0.32	Tithi 13 – 14	Gulika 12:15PM – 2:00PM	Uttarashadha Until 12:38AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Sun 27	
		Yama 8:46AM – 10:31AM	Priti Until 6:07AM	Muruqa: Blue	<i>Sunset:</i> 7:14PM		Moon 7 - Phase 17
		486993462 Rahu 3:45PM – 5:29PM	Gara Until 10:16PM	Nataraja: White			4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 9:17AM	Moon – Light Blue		Subha Sivaloka Day	
Until 12:38AM Wed							
Then Creative Work - Siddha Yoga							

		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau			Rome, Italy Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:31AM – 12:15PM	Shravana Until 3:33AM Thu	Ganesha: White	<i>Sunrise:</i> 5:18AM		
Makara Rasi: 12.35	Tithi 14 – 15	Yama 7:02AM – 8:47AM	Ayushman Until 6:42AM	Muruqa: Blue	<i>Sunset:</i> 7:12PM		Moon 7 - Phase 17
		496993462 Rahu 12:15PM – 2:00PM	Visiti Until 12:25AM Thu	Nataraja: White			Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 11:18AM	Moon – Purple		Sivaloka Day	
		Raksha Bandhan					

Thursday, August 15, 2019		Silver Retreat Star			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Rome, Italy Sutra 123 Vikarin 5121
Makara Rasi: 24.32	Tithi 15 – 16	Gulika 8:47AM – 10:31AM	Dhanishtha Until 6:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM			
		Yama 5:19AM – 7:03AM	Saubhagya Until 7:29AM	Muruqa: Blue	<i>Sunset:</i> 7:11PM		Moon 7 - Phase 17	
		497993462 Rahu 1:59PM – 3:43PM	Balava Until 2:44AM Fri	Nataraja: White			Prathama	
Creative Work	Siddha Yoga		Purnima* Until 1:32PM	Moon – Purple		Subha Sivaloka Day		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rome, Italy
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 6.26 Tilthi 16 – 17

Gulika 7:04AM – 8:47AM
Yama 3:42PM – 5:26PM
497993462 **Rahu** 10:31AM – 12:15PM

Dhanishtha **Until 6:27AM**
Sobhana **Until 8:24AM**
Taitila **Until 5:10AM Sat**
Prathama* Until 3:55PM

Ganesha: Yellow *Sunrise: 5:20AM*
Muruqa: Blue *Sunset: 7:10PM*
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Athiganda*/Sukarma Yoga Gara Karana Dvitiyayam Titau

Rome, Italy
Sun 1
Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 18.17 Tilthi 17

Gulika 5:21AM – 7:04AM
Yama 1:58PM – 3:41PM
497993462 **Rahu** 8:48AM – 10:31AM

Shatabhishak **Until 9:16AM**
Athiganda* **Until 9:21AM**
Gara **Until 6:21PM**
Dvitiya Until 6:21PM

Ganesha: Yellow *Sunrise: 5:21AM*
Muruqa: Blue *Sunset: 7:07PM*
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 9:16AM

Then Routine Work - Marana Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trilyayam Titau

Rome, Italy
Sun 2
Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 0.09 Tilthi 18

Gulika 3:41PM – 5:24PM
Yama 12:14PM – 1:58PM
517993462 **Rahu** 5:24PM – 7:07PM

Purvaprossthapada* Until 12:25PM
Sukarma **Until 10:18AM**
Vanija **Until 7:35AM**
Tritiya Until 8:45PM

Ganesha: White *Sunrise: 5:22AM*
Muruqa: Blue *Sunset: 7:07PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:25PM

Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprossthapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Rome, Italy
Sun 3
Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 12.02 Tilthi 19

Family Home Evening

Gulika 1:57PM – 3:40PM
Yama 10:31AM – 12:14PM
517993462 **Rahu** 7:06AM – 8:49AM

Uttaraprossthapada Until 3:16PM
Dhriti **Until 11:12AM**
Bava **Until 9:55AM**
Chaturthi* Until 11:00PM

Ganesha: White *Sunrise: 5:23AM*
Muruqa: Blue *Sunset: 7:05PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy
Sun 4
Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 24 Tilthi 20

Gulika 12:14PM – 1:56PM
Yama 8:49AM – 10:32AM
517993462 **Rahu** 3:39PM – 5:21PM

Revati Until 5:46PM
Shula* **Until 11:54AM**
Kaulava **Until 12:03PM**
Panchami Until 12:59AM Wed

Ganesha: White *Sunrise: 5:24AM*
Muruqa: Blue *Sunset: 7:04PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Rome, Italy
Sun 5
Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 6.05 Tilthi 21

Gulika 10:32AM – 12:14PM
Yama 7:07AM – 8:49AM
527993462 **Rahu** 12:14PM – 1:56PM

Ashvini Until 8:14PM
Ganda* **Until 12:22PM**
Gara **Until 1:52PM**
Shashthi* Until 2:35AM Thu

Ganesha: Clear *Sunrise: 5:25AM*
Muruqa: Blue *Sunset: 7:02PM*
Nataraja: White
Moon – White

Subha Sivaloka Day

Routine Work Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Rome, Italy
Sun 6
Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 18.2 Tilthi 22

Gulika 8:50AM – 10:32AM
Yama 5:26AM – 7:08AM
528993462 **Rahu** 1:55PM – 3:37PM

Bharani Until 10:04PM
Vridhhi **Until 12:30PM**
Visti **Until 3:13PM**
Saptami Until 3:39AM Fri

Ganesha: White *Sunrise: 5:26AM*
Muruqa: Blue *Sunset: 7:01PM*
Nataraja: White
Moon – White

Sivaloka Day

Creative Work Siddha Yoga

Until 10:04PM

Then Routine Work - Marana Yoga

Retreat Star

Friday, August 23, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy
Sun 7
Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Vrishabha Rasi: 0.49 Tilthi 23

Gulika 7:09AM – 8:50AM
Yama 3:36PM – 5:18PM
528993462 **Rahu** 10:32AM – 12:13PM

Krittika Until 11:07PM
Dhruva **Until 12:09PM**
Balava **Until 3:58PM**
Ashtami* Until 4:03AM Sat

Ganesha: White *Sunrise: 5:27AM*
Muruqa: Blue *Sunset: 6:59PM*
Nataraja: White
Moon – White

Sivaloka Day

Creative Work Siddha Yoga

Until 11:07PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy
Sun 8
Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Vrishabha Rasi: 13.37 Tilthi 24

Gulika 5:28AM – 7:09AM
Yama 1:54PM – 3:35PM
538993462 **Rahu** 8:51AM – 10:32AM

Rohini Until 11:45PM
Vyaghata* **Until 11:16AM**
Taitila **Until 4:00PM**
Navami* Until 3:42AM Sun

Ganesha: Clear *Sunrise: 5:28AM*
Muruqa: Blue *Sunset: 6:58PM*
Nataraja: White
Moon – Yellow

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 11:45PM

Then Creative Work - Siddha Yoga

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau		Rome, Italy Sutra 133
538993462	Gulika 3:34PM – 5:15PM Yama 12:13PM – 1:54PM Rahu 5:15PM – 6:56PM	Mrigashira Until 11:27PM Harshana Until 9:46AM Vanija Until 3:14PM Dashami Until 2:33AM Mon	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:29AM Sunset: 6:56PM	Sun 9 Moon 8 - Phase 19 2nd Phase	Subha Sivaloka Day
Vishabha Rasi: 26.47 Tithi 25 Creative Work Siddha Yoga						


2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Rome, Italy Sutra 134
538993462	Gulika 1:53PM – 3:33PM Yama 10:32AM – 12:12PM Rahu 7:11AM – 8:51AM	Ardra Until 10:15PM Vajra* Until 7:37AM Bava Until 1:42PM Ekadashi* Until 12:38AM Tue	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Yellow	Sunrise: 5:30AM Sunset: 6:53PM	Sun 10 Moon 8 - Phase 19 2nd Phase	Subha Sivaloka Day
Mithuna Rasi: 10.25 Tithi 26 Family Home Evening Creative Work Siddha Yoga Until 10:15PM Then Creative Work - Amrita Yoga						

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Rome, Italy Sutra 135
548993462	Gulika 12:12PM – 1:52PM Yama 8:52AM – 10:32AM Rahu 3:33PM – 5:13PM	Punarvasu Until 8:39PM Vyatipata* Until 1:36AM Wed Kaulava Until 11:26AM Dvadashi* Until 10:03PM	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Blue	Sunrise: 5:31AM Sunset: 6:53PM	Sun 11 Moon 8 - Phase 19 2nd Phase	Sivaloka Day
Mithuna Rasi: 24.3 Tithi 27 Creative Work Siddha Yoga						

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Rome, Italy Sutra 136
549993463	Gulika 10:32AM – 12:12PM Yama 7:12AM – 8:52AM Rahu 12:12PM – 1:52PM	Pushya Until 6:20PM Variyan Until 9:51PM Gara Until 8:34AM Trayodashi* Until 6:55PM	Ganesha: Light Blue Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 5:32AM Sunset: 6:51PM	Sun 12 Moon 8 - Phase 19 2nd Phase	Devaloka Day
Kataka Rasi: 9.02 Tithi 28 Creative Work Siddha Yoga						

Pradosha Vrata (Fasting)

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Rome, Italy Sutra 137
549193463	Gulika 8:52AM – 10:32AM Yama 5:33AM – 7:13AM Rahu 1:51PM – 3:31PM	Ashlesha* Until 3:29PM Parigha* Until 5:49PM Catuspada Until 1:31AM Fri Chaturdashi* Until 3:23PM	Ganesha: Orange Muruqa: Blue Nataraja: Clear Moon – Blue	Sunrise: 5:33AM Sunset: 6:50PM	Sun 13 Moon 8 - Phase 19 2nd Phase	Sivaloka Day
Kataka Rasi: 23.56 Tithi 29 – 30 Creative Work Siddha Yoga Until 3:29PM Then Creative Work - Amrita Yoga						

		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Rome, Italy Sutra 138
559193463	Gulika 7:14AM – 8:53AM Yama 3:30PM – 5:09PM Rahu 10:32AM – 12:11PM	Magha* Until 12:39PM Shiva Until 1:36PM Kintughna Until 9:41PM Amavasya* Until 11:36AM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:34AM Sunset: 6:48PM	Sun 14 Moon 8 - Phase 19 Amavasya	Sivaloka Day
Simha Rasi: 9.06 Tithi 30 – 1 Routine Work Marana Yoga Until 12:39PM Then Creative Work - Siddha Yoga		Varalakshmi Vratam				

6		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Rome, Italy Sutra 139
559193463	Gulika 5:35AM – 7:14AM Yama 1:50PM – 3:29PM Rahu 8:53AM – 10:32AM	Purvaphalguni Until 9:37AM Siddha Until 9:18AM Kaulava Until 4:00AM Sun Prathama* Until 7:45AM	Ganesha: Clear Muruqa: Blue Nataraja: Clear Moon – Red	Sunrise: 5:35AM Sunset: 6:46PM	Sun 15 Moon 8 - Phase 19 Prathama	Sivaloka Day
Simha Rasi: 24.21 Tithi 1 – 2 Creative Work Siddha Yoga Until 9:37AM Then Routine Work - Marana Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trilayam Titau				Rome, Italy Sun 16 Sutra 140
	Kanya Rasi: 9.32	Tithi 3	Gulika 3:28PM – 5:06PM	Uttaraphalguni Until 6:35AM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	Vikarin 5121
			Yama 12:11PM – 1:49PM	Subha Until 1:11AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	559193463 Rahu 5:06PM – 6:45PM	Taitila Until 2:14PM	Nataraja: Clear		3rd Phase
			Tritiya Until 12:31AM Mon	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Rome, Italy Sun 17 Sutra 141
	Kanya Rasi: 24.3	Tithi 4	Gulika 1:48PM – 3:27PM	Chitra Until 1:56AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:37AM	Vikarin 5121
	Family Home Evening		Yama 10:32AM – 12:10PM	Sukla Until 9:35PM	Muruqa: Blue	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 Rahu 7:16AM – 8:54AM	Vanija Until 10:57AM	Nataraja: Clear		3rd Phase
			Ganesha Chaturthi	Chaturthi* Until 9:28PM	Moon – Green	Sivaloka Day	
				Bhadrapada-Avani			

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sun 18 Sutra 142
	Tula Rasi: 9.06	Tithi 5	Gulika 12:10PM – 1:48PM	Svati Until 12:15AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:38AM	Vikarin 5121
			Yama 8:54AM – 10:32AM	Brahma Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 Rahu 3:26PM – 5:04PM	Bava Until 8:10AM	Nataraja: Clear		3rd Phase
			Panchami Until 7:00PM	Moon – Green		Sivaloka Day	
				Bhadrapada-Avani			

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 19 Sutra 143
	Tula Rasi: 23.15	Tithi 6 – 7	Gulika 10:32AM – 12:10PM	Vishakha Until 11:35PM	Ganesha: Green	<i>Sunrise:</i> 5:39AM	Vikarin 5121
			Yama 7:17AM – 8:55AM	Indra Until 3:57PM	Muruqa: Blue	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 Rahu 12:10PM – 1:47PM	Kaulava Until 6:02AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 5:14PM	Moon – Orange		Subha Sivaloka Day	
				Bhadrapada-Avani			

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy Sun 20 Sutra 144
	Vrischika Rasi: 6.56	Tithi 7 – 8	Gulika 8:55AM – 10:32AM	Anuradha Until 11:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:40AM	Vikarin 5121
			Yama 5:40AM – 7:18AM	Vaidhriti* Until 2:04PM	Muruqa: Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	571193463 Rahu 1:47PM – 3:24PM	Visti Until 4:08AM Fri	Nataraja: Clear		3rd Phase
			Saptami Until 4:17PM	Moon – Orange		Sivaloka Day	
				Bhadrapada-Avani			

6	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy Sun 21 Sutra 145
	Retreat Star		Gulika 7:18AM – 8:55AM	Jyeshtha* Until 12:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:41AM	Vikarin 5121
	Vrischika Rasi: 20.09	Tithi 8 – 9	Yama 3:23PM – 5:00PM	Vishkambha* Until 12:50PM	Muruqa: Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	571193463 Rahu 10:32AM – 12:09PM	Balava Until 4:25AM Sat	Nataraja: Clear		Ashtami
			Ashtami* Until 4:10PM	Moon – Orange		Sivaloka Day	
				Bhadrapada-Avani			

7	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rome, Italy Sun 22 Sutra 146
	Retreat Star		Gulika 5:42AM – 7:19AM	Mula* Until 1:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:42AM	Vikarin 5121
	Dhanus Rasi: 2.57	Tithi 9 – 10	Yama 1:45PM – 3:22PM	Priti Until 12:15PM	Muruqa: Blue	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	581193463 Rahu 8:56AM – 10:32AM	Taitila Until 5:27AM Sun	Nataraja: Clear		Navami
			Navami* Until 4:49PM	Moon – Light Blue		Devaloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau				Rome, Italy Sutra 147
Dhanus Rasi: 15.25	Tithi 10	Gulika 3:21PM – 4:57PM	Purvashadha* Until 4:05AM Mon	Ganesha: Green <i>Sunrise: 5:43AM</i>	Sun 23	Vikarin 5121
581193463	Rahu 4:57PM – 6:33PM	Yama 12:08PM – 1:44PM	Ayushman Until 12:11PM	Muruqa: Blue <i>Sunset: 6:33PM</i>		Moon 8 - Phase 21
Creative Work Siddha Yoga			Gara Until 6:10PM	Nataraja: Clear		4th Phase
Until 4:05AM Mon		Grandparent's Day	Dashami Until 6:10PM	Moon – Light Blue	Devaloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Avani		

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Rome, Italy Sutra 148
Dhanus Rasi: 27.38	Tithi 11	Gulika 1:44PM – 3:20PM	Uttarashadha Until 6:30AM Tue	Ganesha: Green <i>Sunrise: 5:44AM</i>	Sun 24	Vikarin 5121
581193463	Rahu 7:20AM – 8:56AM	Yama 10:32AM – 12:08PM	Saubhagya Until 12:34PM	Muruqa: Blue <i>Sunset: 6:31PM</i>		Moon 8 - Phase 21
Family Home Evening			Vanija Until 7:05AM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Ekadashi Until 8:03PM	Moon – Light Blue	Devaloka Day	
Until 6:30AM Tue				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Rome, Italy Sutra 149
Makara Rasi: 9.4	Tithi 12	Gulika 12:08PM – 1:43PM	Uttarashadha Until 6:30AM	Ganesha: Green <i>Sunrise: 5:45AM</i>	Sun 25	Vikarin 5121
581193463	Rahu 3:19PM – 4:54PM	Yama 8:57AM – 10:32AM	Sobhana Until 1:16PM	Muruqa: Blue <i>Sunset: 6:30PM</i>		Moon 8 - Phase 21
Routine Work Prabalarishta Yoga			Bava Until 9:09AM	Nataraja: Clear		4th Phase
Until 6:30AM			Dvadashi Until 10:16PM	Moon – Light Blue	Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy Sutra 150
Makara Rasi: 21.34	Tithi 13	Gulika 10:32AM – 12:07PM	Shravana Until 9:32AM	Ganesha: Red <i>Sunrise: 5:47AM</i>	Sun 26	Vikarin 5121
591193463	Rahu 12:07PM – 1:42PM	Yama 7:22AM – 8:57AM	Athiganda* Until 2:07PM	Muruqa: Blue <i>Sunset: 6:28PM</i>		Moon 8 - Phase 21
Creative Work Siddha Yoga			Kaulava Until 11:29AM	Nataraja: Clear		4th Phase
Until 9:32AM		Avani Avittam	Trayodashi Until 12:41AM Thu	Moon – Purple	Sivaloka Day	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>	Bhadrapada-Avani		

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sutra 151
Kumbha Rasi: 3.26	Tithi 14	Gulika 8:57AM – 10:32AM	Dhanishtha Until 12:31PM	Ganesha: Red <i>Sunrise: 5:48AM</i>	Sun 27	Vikarin 5121
591193463	Rahu 1:42PM – 3:17PM	Yama 5:48AM – 7:22AM	Sukarma Until 3:04PM	Muruqa: Blue <i>Sunset: 6:26PM</i>		Moon 8 - Phase 21
Creative Work Siddha Yoga			Gara Until 1:57PM	Nataraja: Clear		4th Phase
		Chidambaram Abhishekam	Chaturdashi* Until 3:09AM Fri	Moon – Purple	Sivaloka Day	
				Bhadrapada-Avani		

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy Sutra 152
Copper Retreat Star		Gulika 7:23AM – 8:58AM	Shatabhishak Until 3:20PM	Ganesha: Red <i>Sunrise: 5:49AM</i>		Vikarin 5121
Kumbha Rasi: 15.17	Tithi 15	Yama 3:16PM – 4:50PM	Dhriti Until 4:01PM	Muruqa: Purple <i>Sunset: 6:25PM</i>		Moon 8 - Phase 21
591113463	Rahu 10:32AM – 12:07PM		Visti Until 4:24PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga			Purnima* Until 5:36AM Sat	Moon – Purple	Sivaloka Day	
				Bhadrapada-Avani		

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau				Rome, Italy Sutra 153
Silver Retreat Star		Gulika 5:50AM – 7:24AM	Purvaproshtapada* Until 6:25PM	Ganesha: Red <i>Sunrise: 5:50AM</i>		Vikarin 5121
Kumbha Rasi: 27.1	Tithi 16	Yama 1:40PM – 3:14PM	Shula* Until 4:53PM	Muruqa: Purple <i>Sunset: 6:23PM</i>		Moon 8 - Phase 21
511113463	Rahu 8:58AM – 10:32AM		Balava Until 6:48PM	Nataraja: Clear		Prathama
Routine Work Marana Yoga			Prathama* Until 7:55AM Sun	Moon – Clear	Sivaloka Day	
Until 6:25PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda *Vridhdi Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Rome, Italy
Sutra 154

Meena Rasi: 9.04 Tithi 16 – 17

Gulika 3:13PM – 4:47PM
Yama 12:06PM – 1:40PM
Rahu 4:47PM – 6:21PM

Uttaraproshtapada Until 9:13PM
Ganda* Until 5:40PM
Tailila Until 9:03PM
Prathama* Until 7:55AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon – Clear

Sunrise: 5:51AM
Sunset: 6:21PM

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Bhadrapada*Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vridhdi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy
Sutra 155

Meena Rasi: 21.03 Tithi 17 – 18

Gulika 1:39PM – 3:12PM
Yama 10:32AM – 12:05PM
Rahu 7:25AM – 8:59AM

Revati Until 11:39PM
Vridhdi Until 6:20PM
Vanija Until 11:06PM
Dvitiya Until 10:05AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon – Clear

Sunrise: 5:52AM
Sunset: 6:19PM

Moon 9 - Phase 22
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada*Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rome, Italy
Sutra 156

Mesha Rasi: 3.06 Tithi 18 – 19

Gulika 12:05PM – 1:38PM
Yama 8:59AM – 10:32AM
Rahu 3:11PM – 4:44PM

Ashvini Until 2:11AM Wed
Dhruva Until 6:46PM
Bava Until 12:55AM Wed
Tritiya Until 12:02PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – White

Sunrise: 5:53AM
Sunset: 6:18PM

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada*Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy
Sutra 157

Mesha Rasi: 15.16 Tithi 19 – 20

Gulika 10:32AM – 12:05PM
Yama 7:26AM – 8:59AM
Rahu 12:05PM – 1:38PM

Bharani Until 4:13AM Thu
Vyaghata* Until 6:59PM
Kaulava Until 2:23AM Thu
Chaturthi* Until 1:41PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – White

Sunrise: 5:54AM
Sunset: 6:16PM

Moon 9 - Phase 22
1st Phase

Creative Work Siddha Yoga
Until 4:13AM Thu
Then Routine Work - Marana Yoga

Devaloka Day

Bhadrapada*Puratasi

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Tailila/Gara Karana Panchami/Shashtyam Titau

Rome, Italy
Sutra 158

Mesha Rasi: 27.35 Tithi 20 – 21

Gulika 9:00AM – 10:32AM
Yama 5:55AM – 7:27AM
Rahu 1:37PM – 3:09PM

Krittika Until 5:39AM Fri
Harshana Until 6:55PM
Gara Until 3:26AM Fri
Panchami Until 2:57PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – White

Sunrise: 5:55AM
Sunset: 6:14PM

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga

Devaloka Day

Bhadrapada*Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy
Sutra 159

Vrisabha Rasi: 10.05 Tithi 21 – 22

Gulika 7:28AM – 9:00AM
Yama 3:08PM – 4:40PM
Rahu 10:32AM – 12:04PM

Rohini Until 6:52AM Sat
Vajra* Until 6:24PM
Visti Until 3:55AM Sat
Shashthi* Until 3:44PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Yellow

Sunrise: 5:56AM
Sunset: 6:12PM

Moon 9 - Phase 22
1st Phase

Routine Work Marana Yoga
Until 6:52AM Sat
Then Creative Work - Siddha Yoga

Sivaloka Day

Bhadrapada*Puratasi

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy
Sutra 160

Vrisabha Rasi: 22.51 Tithi 22 – 23

Gulika 5:57AM – 7:28AM
Yama 1:35PM – 3:07PM
Rahu 9:00AM – 10:32AM

Rohini Until 6:52AM
Siddhi Until 5:26PM
Balava Until 3:45AM Sun
Saptami Until 3:54PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Yellow

Sunrise: 5:57AM
Sunset: 6:11PM

Moon 9 - Phase 22
1st Phase

Creative Work Amrita Yoga
Until 6:52AM
Then Creative Work - Siddha Yoga

Sivaloka Day

Bhadrapada*Puratasi

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Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatiyata*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Rome, Italy
Sutra 161

Mithuna Rasi: 5.56 Tithi 23 – 24

Gulika 3:06PM – 4:38PM
Yama 12:03PM – 1:35PM
Rahu 4:38PM – 6:09PM

Mrigashira Until 7:17AM
Vyatiyata* Until 3:55PM
Tailila Until 2:52AM Mon
Ashtami* Until 3:23PM

Ganesha: Orange
Muruqa: Purple
Nataraja: Clear
Moon – Yellow

Sunrise: 5:58AM
Sunset: 6:09PM

Moon 9 - Phase 22
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada*Puratasi

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rome, Italy
Sutra 162

Mithuna Rasi: 19.25 Tithi 24 – 25

Gulika 1:34PM – 3:05PM
Yama 10:32AM – 12:03PM
Rahu 7:30AM – 9:01AM

Ardra Until 6:50AM
Variyan Until 1:48PM
Vanija Until 1:16AM Tue
Navami* Until 2:08PM

Ganesha: Orange
Muruqa: Purple
Nataraja: Clear
Moon – Yellow

Sunrise: 5:59AM
Sunset: 6:07PM

Moon 9 - Phase 22
Navami

Family Home Evening
Creative Work Siddha Yoga
Until 6:50AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Bhadrapada*Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Rome, Italy Sutra 163
Kataka Rasi: 3.2	Tithi 25 – 26	Gulika 12:03PM – 1:33PM	Pushya Until 4:18AM Wed	Ganesha: Light Blue	Sunrise: 6:00AM	Vikarin 5121
		Yama 9:01AM – 10:32AM	Parigha* Until 11:08AM	Muruqa: Purple	Sunset: 6:05PM	Moon 9 - Phase 23
		542213463 Rahu 3:04PM – 4:35PM	Bava Until 10:59PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:11PM	Moon – Blue		Devaloka Day
				Bhadrapada•Puratasi		

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Rome, Italy Sutra 164
Kataka Rasi: 17.41	Tithi 26 – 27	Gulika 10:32AM – 12:02PM	Ashlesha* Until 1:57AM Thu	Ganesha: Light Blue	Sunrise: 6:01AM	Vikarin 5121
		Yama 7:31AM – 9:02AM	Shiva Until 7:56AM	Muruqa: Purple	Sunset: 6:04PM	Moon 9 - Phase 23
		542213463 Rahu 12:02PM – 1:33PM	Kaulava Until 8:07PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekdashi* Until 9:36AM	Moon – Blue		Devaloka Day
Until 1:57AM Thu				Bhadrapada•Puratasi		
Then Creative Work - Amrita Yoga						

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Rome, Italy Sutra 165
Simha Rasi: 2.25	Tithi 27 – 28	Gulika 9:02AM – 10:32AM	Magha* Until 11:26PM	Ganesha: Purple	Sunrise: 6:02AM	Vikarin 5121
		Yama 6:02AM – 7:32AM	Sadhya Until 12:18AM Fri	Muruqa: Purple	Sunset: 6:02PM	Moon 9 - Phase 23
		552213463 Rahu 1:32PM – 3:02PM	Vanija Until 2:59AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 6:29AM	Moon – Red		Devaloka Day
Until 11:26PM				Bhadrapada•Puratasi		
Then Creative Work - Siddha Yoga						
				Pradosha Vrata (Fasting)		

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Rome, Italy Sutra 166
Simha Rasi: 17.28	Tithi 29	Gulika 7:33AM – 9:02AM	Purvaphalguni Until 8:31PM	Ganesha: Purple	Sunrise: 6:03AM	Vikarin 5121
		Yama 3:01PM – 4:31PM	Subha Until 8:07PM	Muruqa: Purple	Sunset: 6:00PM	Moon 9 - Phase 23
		552213463 Rahu 10:32AM – 12:02PM	Visti Until 1:09PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:15PM	Moon – Red		Devaloka Day
				Bhadrapada•Puratasi		

●		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rome, Italy Sutra 167
Retreat Star		Gulika 6:04AM – 7:33AM	Uttaraphalguni Until 5:24PM	Ganesha: Light Blue	Sunrise: 6:04AM	Vikarin 5121
Kanya Rasi: 2.4	Tithi 30	Yama 1:31PM – 3:00PM	Sukla Until 3:51PM	Muruqa: Purple	Sunset: 5:59PM	Moon 9 - Phase 23
		652213463 Rahu 9:03AM – 10:32AM	Catuspada Until 9:22AM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 7:28PM	Moon – Red		Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada•Puratasi		

●		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Rome, Italy Sutra 168
Retreat Star		Gulika 2:59PM – 4:28PM	Hasta Until 2:39PM	Ganesha: Light Blue	Sunrise: 6:05AM	Vikarin 5121
Kanya Rasi: 17.53	Tithi 1 – 2	Yama 12:01PM – 1:30PM	Brahma Until 11:39AM	Muruqa: Purple	Sunset: 5:57PM	Moon 9 - Phase 23
		663213463 Rahu 4:28PM – 5:57PM	Balava Until 2:04AM Mon	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 3:47PM	Moon – Green		Devaloka Day
Until 2:39PM		Navaratri Begins		Ashvina•Puratasi		
Then Creative Work - Siddha Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Rome, Italy Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.55	Tithi 2 – 3	Gulika	1:29PM – 2:58PM	Chitra Until 12:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:06AM	
Family Home Evening	663213463	Yama	10:32AM – 12:01PM	Indra Until 7:41AM	Muruqa: Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 24
Routine Work	Prabalarishta Yoga	Rahu	7:35AM – 9:03AM	Taitila Until 10:54PM	Nataraja: Clear	3rd Phase
Until 12:02PM				Dvitiya Until 12:24PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi	

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Rome, Italy Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.38	Tithi 3 – 4	Gulika	12:00PM – 1:29PM	Svati Until 9:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:07AM	
	663213463	Yama	9:04AM – 10:32AM	Vishkambha* Until 12:54AM Wed	Muruqa: Purple <i>Sunset:</i> 5:53PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	2:57PM – 4:25PM	Vanija Until 8:17PM	Nataraja: Clear	3rd Phase
Until 9:45AM				Tritiya Until 9:30AM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga					Ashvina+Puratasi	

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Rome, Italy Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.56	Tithi 4 – 5	Gulika	10:32AM – 12:00PM	Vishakha Until 8:23AM	Ganesha: Purple <i>Sunrise:</i> 6:08AM	
	673213463	Yama	7:36AM – 9:04AM	Priti Until 10:22PM	Muruqa: Purple <i>Sunset:</i> 5:52PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	12:00PM – 1:28PM	Bava Until 6:22PM	Nataraja: Clear	3rd Phase
Until 9:45AM				Chaturthi* Until 7:13AM	Moon – Orange	Devaloka Day
Then Routine Work - Marana Yoga					Ashvina+Puratasi	

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Rome, Italy Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.44	Tithi 6	Gulika	9:04AM – 10:32AM	Anuradha Until 7:38AM	Ganesha: Purple <i>Sunrise:</i> 6:09AM	
	673213463	Yama	6:09AM – 7:37AM	Ayushman Until 8:29PM	Muruqa: Purple <i>Sunset:</i> 5:50PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	1:27PM – 2:55PM	Kaulava Until 5:17PM	Nataraja: Clear	3rd Phase
Until 7:38AM				Shashthi* Until 5:03AM Fri	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga					Ashvina+Puratasi	

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Rome, Italy Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 29.02	Tithi 7	Gulika	7:38AM – 9:05AM	Jyeshtha* Until 7:36AM	Ganesha: Purple <i>Sunrise:</i> 6:10AM	
	673213463	Yama	2:04PM – 4:21PM	Saubhagya Until 7:19PM	Muruqa: Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 24
Routine Work	Marana Yoga	Rahu	10:32AM – 11:59AM	Gara Until 5:06PM	Nataraja: Clear	3rd Phase
Until 7:36AM				Saptami Until 5:19AM Sat	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi	

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Rome, Italy Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.52	Tithi 8	Gulika	6:11AM – 7:38AM	Mula* Until 8:45AM	Ganesha: Clear <i>Sunrise:</i> 6:11AM	
	683213463	Yama	1:26PM – 2:53PM	Sobhana Until 6:51PM	Muruqa: Purple <i>Sunset:</i> 5:47PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	9:05AM – 10:32AM	Visti Until 5:47PM	Nataraja: Clear	Ashtami
Until 10:32AM				Ashtami* Until 6:24AM Sun	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami			Ashvina+Puratasi	

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Rome, Italy Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 24.2	Tithi 8 – 9	Gulika	2:52PM – 4:18PM	Purvashadha* Until 10:32AM	Ganesha: Clear <i>Sunrise:</i> 6:12AM	
	683213463	Yama	11:59AM – 1:25PM	Athiganda* Until 6:55PM	Muruqa: Purple <i>Sunset:</i> 5:45PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	4:18PM – 5:45PM	Balava Until 7:14PM	Nataraja: Clear	Navami
Until 10:32AM				Ashtami* Until 6:24AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)			Ashvina+Puratasi	

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rome, Italy Sutra 176 Vikarin 5121
1		Gulika 1:25PM – 2:51PM	Uttarashadha Until 12:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Sun 22
Makara Rasi: 6.31	Tithi 9 – 10	Yama 10:32AM – 11:58AM	Sukarma Until 7:28PM	Muruga: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:40AM – 9:06AM	Taitila Until 9:17PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Navami* Until 8:11AM	Moon – Light Blue		Sivaloka Day
Until 12:46PM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rome, Italy Sutra 177 Vikarin 5121
2		Gulika 11:58AM – 1:24PM	Shravana Until 3:45PM	Ganesha: White	<i>Sunrise:</i> 6:15AM	Sun 23
Makara Rasi: 18.29	Tithi 10 – 11	Yama 9:06AM – 10:32AM	Dhriti Until 8:18PM	Muruga: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
693213464		Rahu 2:50PM – 4:16PM	Vanija Until 11:40PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Vijaya Dasami	Moon – Purple		Sivaloka Day
			Dashami Until 10:25AM	Ashvina+Puratasi		

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sutra 178 Vikarin 5121
3		Gulika 10:32AM – 11:58AM	Dhanishtha Until 6:46PM	Ganesha: White	<i>Sunrise:</i> 6:16AM	Sun 24
Kumbha Rasi: 0.22	Tithi 11 – 12	Yama 7:41AM – 9:07AM	Shula* Until 9:13PM	Muruga: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 25
693213464		Rahu 11:58AM – 1:23PM	Bava Until 2:13AM Thu	Nataraja: Purple		4th Phase
Routine Work	Prabalarishta Yoga		Ekadashi Until 12:55PM	Moon – Purple		Sivaloka Day
Until 6:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sutra 179 Vikarin 5121
4		Gulika 9:07AM – 10:32AM	Shatabhishak Until 9:36PM	Ganesha: White	<i>Sunrise:</i> 6:17AM	Sun 25
Kumbha Rasi: 12.12	Tithi 12 – 13	Yama 6:17AM – 7:42AM	Ganda* Until 10:09PM	Muruga: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 25
693213464		Rahu 1:23PM – 2:48PM	Kaulava Until 4:43AM Fri	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:27PM	Moon – Purple		Sivaloka Day
		Kadaitswami Mahasamadhi		Ashvina+Puratasi		
			<i>Pradosha Vrata</i>			

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sutra 180 Vikarin 5121
5		Gulika 7:43AM – 9:08AM	Purvaproshtapada* Until 12:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	Sun 26
Kumbha Rasi: 24.04	Tithi 13 – 14	Yama 2:47PM – 4:12PM	Vriddhi Until 11:00PM	Muruga: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
613213464		Rahu 10:32AM – 11:57AM	Gara Until 7:04AM Sat	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 5:53PM	Moon – Clear		Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sutra 181 Vikarin 5121
6		Gulika 6:19AM – 7:43AM	Uttaraproshtapada Until 3:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:19AM	Sun 27
Meena Rasi: 5.58	Tithi 14	Yama 1:22PM – 2:46PM	Dhruva Until 11:40PM	Muruga: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 25
613213464		Rahu 9:08AM – 10:33AM	Gara Until 7:04AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:08PM	Moon – Clear		Sivaloka Day
Until 3:21AM Sun				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy Sutra 182 Vikarin 5121
○		Gulika 2:45PM – 4:09PM	Revati Until 5:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM	Sun 28
Meena Rasi: 17.59	Tithi 15	Yama 11:57AM – 1:21PM	Vyaghata* Until 12:08AM Mon	Muruga: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
614213464		Rahu 4:09PM – 5:34PM	Visti Until 9:11AM	Nataraja: Purple		Purnima
Creative Work	Amrita Yoga		Purnima* Until 10:07PM	Moon – Clear		Subha Sivaloka Day
Until 5:38AM Mon				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sutra 183 Vikarin 5121
○		Gulika 1:20PM – 2:44PM	Ashvini Until 7:57AM Tue	Ganesha: White	<i>Sunrise:</i> 6:21AM	Sun 29
Mesha Rasi: 0.05	Tithi 16	Yama 10:33AM – 11:57AM	Harshana Until 12:25AM Tue	Muruga: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
624213464		Rahu 7:45AM – 9:09AM	Balava Until 11:02AM	Nataraja: Purple		Prathama
Family Home Evening			Prathama* Until 11:50PM	Moon – White		Subha Subha Sivaloka Day
Creative Work	Siddha Yoga			Ashvina+Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy
Sutra 184

Mesha Rasi: 12.19 Tithi 17

624213464

Gulika 11:56AM – 1:20PM
Yama 9:09AM – 10:33AM
Rahu 2:43PM – 4:07PM

Ashvini Until 7:57AM
Vajra* Until 12:25AM Wed
Taitila Until 12:35PM
Dvitiya Until 1:13AM Wed

Ganesha: White *Sunrise:* 6:22AM
Muruqa: Purple *Sunset:* 5:30PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy
Sutra 185

Mesha Rasi: 24.41 Tithi 18

624213464

Gulika 10:33AM – 11:56AM
Yama 7:47AM – 9:10AM
Rahu 11:56AM – 1:19PM

Bharani Until 9:48AM
Siddhi Until 12:11AM Thu
Vanija Until 1:49PM
Tritiya Until 2:17AM Thu

Ganesha: White *Sunrise:* 6:23AM
Muruqa: Purple *Sunset:* 5:29PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Rome, Italy
Sutra 186

Vrishabha Rasi: 7.12 Tithi 19

624313464

Gulika 9:10AM – 10:33AM
Yama 6:25AM – 7:47AM
Rahu 1:19PM – 2:42PM

Krittika Until 11:09AM
Vyatipata* Until 11:40PM
Bava Until 2:42PM
Chaturthi* Until 2:58AM Fri

Ganesha: Yellow *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 5:27PM
Nataraja: Purple
Moon – White
Subha Sivaloka Day
Ashvina•Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy
Sutra 187

Vrishabha Rasi: 19.53 Tithi 20

634313464

Gulika 7:48AM – 9:11AM
Yama 2:41PM – 4:03PM
Rahu 10:33AM – 11:56AM

Rohini Until 12:27PM
Varyan Until 10:49PM
Kaulava Until 3:11PM
Panchami Until 3:14AM Sat

Ganesha: White *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 5:26PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Routine Work Marana Yoga

Until 12:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Rome, Italy
Sutra 188

Mithuna Rasi: 2.46 Tithi 21

634313464

Gulika 6:27AM – 7:49AM
Yama 1:18PM – 2:40PM
Rahu 9:11AM – 10:33AM

Mrigashira Until 1:09PM
Parigha* Until 9:36PM
Gara Until 3:13PM
Shashthi* Until 3:01AM Sun

Ganesha: White *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 5:24PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Rome, Italy
Sutra 189

Mithuna Rasi: 15.55 Tithi 22

634313464

Gulika 2:39PM – 4:01PM
Yama 11:55AM – 1:17PM
Rahu 4:01PM – 5:23PM

Ardra Until 1:12PM
Shiva Until 7:59PM
Visti Until 2:44PM
Saptami Until 2:15AM Mon

Ganesha: White *Sunrise:* 6:28AM
Muruqa: Purple *Sunset:* 5:23PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy
Sutra 190

Mithuna Rasi: 29.2 Tithi 23

644313464

Gulika 1:17PM – 2:38PM
Yama 10:34AM – 11:55AM
Rahu 7:51AM – 9:12AM

Punarvasu Until 1:01PM
Siddha Until 5:54PM
Balava Until 1:41PM
Ashtami* Until 12:56AM Tue

Ganesha: Clear *Sunrise:* 6:29AM
Muruqa: Purple *Sunset:* 5:21PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Amrita Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy
Sutra 191

Kataka Rasi: 13.05 Tithi 24

644313464

Gulika 11:55AM – 1:16PM
Yama 9:13AM – 10:34AM
Rahu 2:37PM – 3:59PM

Pushya Until 12:07PM
Sadhya Until 3:21PM
Taitila Until 12:04PM
Navami* Until 11:02PM

Ganesha: Clear *Sunrise:* 6:30AM
Muruqa: Purple *Sunset:* 5:20PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Rome, Italy
Kataka Rasi: 27.12	Tithi 25	Gulika 10:34AM – 11:55AM	Ashlesha* Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Sun 9 Sutra 192
		Yama 7:52AM – 9:13AM	Subha Until 12:24PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Vikarin 5121
Creative Work	Siddha Yoga	644313464 Rahu 11:55AM – 1:16PM	Vanija Until 9:55AM	Nataraja: Purple		Moon 10 - Phase 27
			Dashami Until 8:38PM	Moon – Blue		2nd Phase
				Subha Sivaloka Day		
				Ashvina•Aipasi		

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Rome, Italy
Simha Rasi: 11.39	Tithi 26 – 27	Gulika 9:14AM – 10:34AM	Magha* Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	Sun 10 Sutra 193
		Yama 6:33AM – 7:53AM	Sukla Until 9:02AM	Muruqa: Purple	<i>Sunset:</i> 5:17PM	Vikarin 5121
Creative Work	Amrita Yoga	654313464 Rahu 1:15PM – 2:36PM	Bava Until 7:16AM	Nataraja: Purple		Moon 10 - Phase 27
Until 8:45AM			Ekadashi* Until 5:47PM	Moon – Red		2nd Phase
Then Creative Work - Siddha Yoga				Sivaloka Day		
				Ashvina•Aipasi		

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillala/Gara Karana Dvadashi/Trayodashyam Titau		Rome, Italy
Simha Rasi: 26.22	Tithi 27 – 28	Gulika 7:54AM – 9:14AM	Purvaphalguni Until 6:27AM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Sun 11 Sutra 194
		Yama 2:35PM – 3:55PM	Indra Until 1:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Vikarin 5121
Creative Work	Siddha Yoga	655313464 Rahu 10:34AM – 11:55AM	Gara Until 12:59AM Sat	Nataraja: Purple		Moon 10 - Phase 27
			Dvadashi* Until 2:38PM	Moon – Red		2nd Phase
				Subha Sivaloka Day		
				Ashvina•Aipasi		
				<i>Pradosha Vrata (Fasting)</i>		

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Rome, Italy
Kanya Rasi: 11.16	Tithi 28 – 29	Gulika 6:35AM – 7:55AM	Hasta Until 1:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:35AM	Sun 12 Sutra 195
		Yama 1:14PM – 2:34PM	Vaidhriti* Until 9:34PM	Muruqa: Purple	<i>Sunset:</i> 5:14PM	Vikarin 5121
Routine Work	Marana Yoga	665313464 Rahu 9:15AM – 10:35AM	Visti Until 9:37PM	Nataraja: Purple		Moon 10 - Phase 27
Until 1:19AM Sun			Trayodashi* Until 11:17AM	Moon – Green		2nd Phase
Then Creative Work - Siddha Yoga				Subha Sivaloka Day		
				Ashvina•Aipasi		
				Deepavali Hindu Solidarity Day		

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Rome, Italy
Kanya Rasi: 26.14	Tithi 29 – 30	Gulika 2:34PM – 3:53PM	Chitra Until 10:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:36AM	Sun 13 Sutra 196
		Yama 11:54AM – 1:14PM	Vishkambha* Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Vikarin 5121
Creative Work	Siddha Yoga	665313464 Rahu 3:53PM – 5:13PM	Catuspada Until 6:18PM	Nataraja: Purple		Moon 10 - Phase 27
			Chaturdashi* Until 7:55AM	Moon – Green		Amavasya
				Subha Sivaloka Day		
				Ashvina•Aipasi		
				Subramuniyaswami Mahasamadhi		

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Rome, Italy
Tula Rasi: 11.05	Tithi 1	Gulika 1:14PM – 2:33PM	Svati Until 8:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:37AM	Sun 14 Sutra 197
Family Home Evening		Yama 10:35AM – 11:54AM	Priti Until 1:57PM	Muruqa: Purple	<i>Sunset:</i> 5:11PM	Vikarin 5121
Creative Work	Amrita Yoga	665313464 Rahu 7:57AM – 9:16AM	Kintughna Until 3:12PM	Nataraja: Purple		Moon 10 - Phase 27
Until 8:24PM			Prathama* Until 1:47AM Tue	Moon – Green		Prathama
Then Routine Work - Marana Yoga				Subha Sivaloka Day		
				Kartika•Aipasi		
				Skanda Shasthi Begins		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Rome, Italy Sutra 198 Vikarin 5121
Tula Rasi: 25.43	Tithi 2	Gulika 11:54AM – 1:13PM	Vishakha Until 6:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Sun 15
		Yama 9:16AM – 10:35AM	Ayushman Until 10:32AM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 28
		675313464 Rahu 2:32PM – 3:51PM	Balava Until 12:31PM	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 11:21PM	Moon – Orange		Subha Sivaloka Day
Until 6:42PM				Kartika•Aipasi		
Then Creative Work - Siddha Yoga						

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Rome, Italy Sutra 199 Vikarin 5121
Virshika Rasi: 9.59	Tithi 3	Gulika 10:36AM – 11:54AM	Anuradha Until 5:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	Sun 16
		Yama 7:58AM – 9:17AM	Saubhagya Until 7:34AM	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
		675313464 Rahu 11:54AM – 1:13PM	Taitila Until 10:22AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:33PM	Moon – Orange		Subha Sivaloka Day
				Kartika•Aipasi		

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau		Rome, Italy Sutra 200 Vikarin 5121
Virshika Rasi: 23.49	Tithi 4	Gulika 9:18AM – 10:36AM	Jyeshtha* Until 4:51PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sun 17
		Yama 6:41AM – 7:59AM	Athiganda* Until 3:24AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28
		675313464 Rahu 1:13PM – 2:31PM	Vanija Until 8:57AM	Nataraja: Purple		3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 8:31PM	Moon – Orange		Subha Sivaloka Day
Until 4:51PM				Kartika•Aipasi		
Then Creative Work - Siddha Yoga						

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Rome, Italy Sutra 201 Vikarin 5121
Dhanus Rasi: 7.1	Tithi 5	Gulika 8:00AM – 9:18AM	Mula* Until 5:20PM	Ganesha: Purple	<i>Sunrise:</i> 6:42AM	Sun 18
		Yama 2:30PM – 3:48PM	Sukarma Until 2:18AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
		685313464 Rahu 10:36AM – 11:54AM	Bava Until 8:21AM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:21PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 5:20PM				Kartika•Aipasi		
Then Routine Work - Prabalarishta Yoga						

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Rome, Italy Sutra 202 Vikarin 5121
Dhanus Rasi: 20.05	Tithi 6	Gulika 6:43AM – 8:01AM	Purvashadha* Until 6:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM	Sun 19
		Yama 1:12PM – 2:30PM	Dhriti Until 1:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
		685313464 Rahu 9:19AM – 10:36AM	Kaulava Until 8:37AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:02PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 6:31PM		Skanda Shasthi		Kartika•Aipasi		
Then Routine Work - Marana Yoga						

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Rome, Italy Sutra 203 Vikarin 5121
Makara Rasi: 2.37	Tithi 7	Gulika 2:29PM – 3:46PM	Uttarashadha Until 8:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:44AM	Sun 20
		Yama 11:54AM – 1:12PM	Shula* Until 1:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
		685313464 Rahu 3:46PM – 5:04PM	Gara Until 9:42AM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 10:30PM	Moon – Light Blue		Subha Subha Sivaloka Day
				Kartika•Aipasi		

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Rome, Italy Sutra 204 Vikarin 5121
Makara Rasi: 14.49	Tithi 8	Gulika 1:11PM – 2:28PM	Shravana Until 10:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:46AM	Sun 21
Family Home Evening		Yama 10:37AM – 11:54AM	Ganda* Until 2:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu 8:03AM – 9:20AM	Visti Until 11:29AM	Nataraja: Purple		Ashtami
Until 10:57PM			Ashtami* Until 12:33AM Tue	Moon – Purple		Sivaloka Day
Then Creative Work - Siddha Yoga				Kartika•Aipasi		

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Rome, Italy Sutra 205 Vikarin 5121
Makara Rasi: 26.5	Tithi 9	Gulika 11:54AM – 1:11PM	Dhanishtha Until 1:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:47AM	Sun 22
		Yama 9:21AM – 10:37AM	Vriddhi Until 3:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28
		696313464 Rahu 2:28PM – 3:45PM	Balava Until 1:45PM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga		Navami* Until 2:58AM Wed	Moon – Purple		Sivaloka Day
				Kartika•Aipasi		

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.43	Tithi 10	Gulika 10:38AM – 11:54AM	Shatabhishak Until 4:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:48AM	
			Yama 8:05AM – 9:21AM	Dhruva Until 4:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
	696313464		Rahu 11:54AM – 1:11PM	Taitila Until 4:16PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Rome, Italy Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.34	Tithi 11	Gulika 9:22AM – 10:38AM	Purvaproshtapada* Until 7:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM	
			Yama 6:49AM – 8:06AM	Vyaghata* Until 5:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29
	716313464		Rahu 1:10PM – 2:27PM	Vanija Until 6:47PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM Fri	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 2.28	Tithi 11 – 12	Gulika 8:06AM – 9:22AM	Purvaproshtapada* Until 7:44AM	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM	
			Yama 2:26PM – 3:42PM	Harshana Until 5:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Moon 10 - Phase 29
	716313464		Rahu 10:38AM – 11:54AM	Bava Until 9:08PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 14.26	Tithi 12 – 13	Gulika 6:52AM – 8:07AM	Uttaraproshtapada Until 10:25AM	Ganesha: Yellow	<i>Sunrise:</i> 6:52AM	
			Yama 1:10PM – 2:26PM	Vajra* Until 6:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 29
	716313464		Rahu 9:23AM – 10:39AM	Kaulava Until 11:12PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:11AM	Moon – Clear		Subha Sivaloka Day	
Until 10:25AM				Kartika-Aipasi			
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.32	Tithi 13 – 14	Gulika 2:25PM – 3:41PM	Revati Until 12:37PM	Ganesha: Yellow	<i>Sunrise:</i> 6:53AM	
			Yama 11:54AM – 1:10PM	Vajra* Until 6:08AM	Muruqa: Purple	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 29
	716313464		Rahu 3:41PM – 4:56PM	Gara Until 12:52AM Mon	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 12:03PM	Moon – Clear		Subha Sivaloka Day	
Until 12:37PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

○	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rome, Italy Sun 27 Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:10PM – 2:25PM	Ashvini Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	
	Mesha Rasi: 8.48	Tithi 14 – 15	Yama 10:39AM – 11:55AM	Siddhi Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 29
	Family Home Evening		Rahu 8:09AM – 9:24AM	Visti Until 2:07AM Tue	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 1:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rome, Italy Sun 27 Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 11:55AM – 1:10PM	Bharani Until 4:19PM	Ganesha: White	<i>Sunrise:</i> 6:55AM	
	Mesha Rasi: 21.15	Tithi 15 – 16	Yama 9:25AM – 10:40AM	Vyatipata* Until 6:03AM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 29
	727413464		Rahu 2:24PM – 3:39PM	Balava Until 2:57AM Wed	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 2:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau		Rome, Italy
Simha Rasi: 21.54	Tithi 24 – 25	Gulika	9:31AM – 10:44AM	Purvaphalguni Until 1:59PM	Ganesha: White <i>Sunrise: 7:06AM</i>	Sun 8 Sutra 221
		Yama	7:06AM – 8:19AM	Vaidhrili* Until 11:42AM	Muruqa: Purple <i>Sunset: 4:47PM</i>	Vikarin 5121
		758413465 Rahu	1:09PM – 2:22PM	Visti Until 4:33AM Fri	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga			Navami* Until 6:59AM	Moon – Red	2nd Phase
					Subha Sivaloka Day	
					Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prili Yoga Bava/Balava Karana Ekadashyam Titau		Rome, Italy
Kanya Rasi: 6.16	Tithi 26	Gulika	8:20AM – 9:32AM	Uttaraphalguni Until 12:03PM	Ganesha: White <i>Sunrise: 7:07AM</i>	Sun 9 Sutra 222
		Yama	2:21PM – 3:34PM	Vishkambha* Until 8:29AM	Muruqa: Purple <i>Sunset: 4:46PM</i>	Vikarin 5121
		758413465 Rahu	10:44AM – 11:57AM	Bava Until 3:17PM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga			Ekadashi* Until 1:57AM Sat	Moon – Red	2nd Phase
Until 12:03PM					Subha Sivaloka Day	
Then Creative Work - Amrita Yoga					Karttika-Karttikai	

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau		Rome, Italy
Kanya Rasi: 20.44	Tithi 27	Gulika	7:09AM – 8:21AM	Hasta Until 10:16AM	Ganesha: Yellow <i>Sunrise: 7:09AM</i>	Sun 10 Sutra 223
		Yama	1:09PM – 2:21PM	Ayushman Until 1:45AM Sun	Muruqa: Purple <i>Sunset: 4:45PM</i>	Vikarin 5121
		768413465 Rahu	9:33AM – 10:45AM	Kaulava Until 12:39PM	Nataraja: Clear	Moon 11 - Phase 31
Routine Work	Marana Yoga			Dvadashi* Until 11:17PM	Moon – Green	2nd Phase
					Sivaloka Day	
					Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		Rome, Italy
Tula Rasi: 5.15	Tithi 28	Gulika	2:21PM – 3:33PM	Chitra Until 8:20AM	Ganesha: Blue <i>Sunrise: 7:10AM</i>	Sun 11 Sutra 224
		Yama	11:57AM – 1:09PM	Saubhagya Until 10:25PM	Muruqa: Purple <i>Sunset: 4:45PM</i>	Vikarin 5121
		769413465 Rahu	3:33PM – 4:45PM	Gara Until 9:59AM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga			Trayodashi* Until 8:40PM	Moon – Green	2nd Phase
					Devaloka Day	
					Karttika-Karttikai	
					<i>Pradosha Vrata (Fasting)</i>	

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rome, Italy
Tula Rasi: 19.41	Tithi 29	Gulika	1:09PM – 2:21PM	Svati Until 6:21AM	Ganesha: Blue <i>Sunrise: 7:11AM</i>	Sun 12 Sutra 225
Family Home Evening		Yama	10:46AM – 11:58AM	Sobhana Until 7:15PM	Muruqa: Purple <i>Sunset: 4:44PM</i>	Vikarin 5121
		769413465 Rahu	8:23AM – 9:34AM	Visti Until 7:26AM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Amrita Yoga			Chaturdashi* Until 6:14PM	Moon – Green	2nd Phase
Until 6:21AM					Devaloka Day	
Then Routine Work - Marana Yoga					Karttika-Karttikai	

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Rome, Italy
Vrischika Rasi: 3.58	Tithi 30 – 1	Gulika	11:58AM – 1:09PM	Anuradha Until 3:42AM Wed	Ganesha: Blue <i>Sunrise: 7:12AM</i>	Sun 13 Sutra 226
		Yama	9:35AM – 10:46AM	Athiganda* Until 4:20PM	Muruqa: Purple <i>Sunset: 4:44PM</i>	Vikarin 5121
		779413465 Rahu	2:21PM – 3:32PM	Kintughna Until 3:16AM Wed	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga			Amavasya* Until 4:08PM	Moon – Orange	Amavasya
					Devaloka Day	
					Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Rome, Italy
Vrischika Rasi: 17.59	Tithi 1 – 2	Gulika	10:47AM – 11:58AM	Jyeshtha* Until 2:53AM Thu	Ganesha: Blue <i>Sunrise: 7:13AM</i>	Sun 14 Sutra 227
		Yama	8:24AM – 9:36AM	Sukarma Until 1:49PM	Muruqa: Purple <i>Sunset: 4:43PM</i>	Vikarin 5121
		779413465 Rahu	11:58AM – 1:09PM	Balava Until 1:55AM Thu	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga			Prathama* Until 2:30PM	Moon – Orange	Prathama
					Devaloka Day	
					Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Rome, Italy Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 1.39	Tithi 2 – 3	Gulika Yama 789413465	9:36AM – 10:47AM 7:14AM – 8:25AM Rahu 1:10PM – 2:21PM	Mula* Until 3:02AM Fri Dhriti Until 11:47AM Taitila Until 1:15AM Fri Dvitiya Until 1:29PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Margasira•Karttikai	Sunrise: 7:14AM Sunset: 4:43PM Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga Until 3:02AM Fri Then Routine Work - Prabalarishta Yoga						Devaloka Day

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Rome, Italy Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 14.56	Tithi 3 – 4	Gulika Yama 789413465	8:26AM – 9:37AM 2:21PM – 3:32PM Rahu 10:48AM – 11:59AM	Purvashadha* Until 3:45AM Sat Shula* Until 10:16AM Vanija Until 1:19AM Sat Tritiya Until 1:10PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Margasira•Karttikai	Sunrise: 7:15AM Sunset: 4:43PM Moon 11 - Phase 32 3rd Phase
Routine Work Prabalarishta Yoga Until 3:45AM Sat Then Routine Work - Marana Yoga						Devaloka Day

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Rome, Italy Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 27.51	Tithi 4 – 5	Gulika Yama 789413465	7:16AM – 8:27AM 1:10PM – 2:21PM Rahu 9:38AM – 10:49AM	Uttarashadha Until 5:01AM Sun Ganda* Until 9:21AM Bava Until 2:08AM Sun Chaturthi* Until 1:37PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Margasira•Karttikai	Sunrise: 7:16AM Sunset: 4:42PM Moon 11 - Phase 32 3rd Phase
Routine Work Marana Yoga Until 5:01AM Sun Then Creative Work - Amrita Yoga						Devaloka Day

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Rome, Italy Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 10.25	Tithi 5 – 6	Gulika Yama 799413465	2:21PM – 3:31PM 12:00PM – 1:10PM Rahu 3:31PM – 4:42PM	Shravana Until 7:16AM Mon Vridhi Until 9:01AM Kaulava Until 3:39AM Mon Panchami Until 2:47PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Purple Margasira•Karttikai	Sunrise: 7:17AM Sunset: 4:42PM Moon 11 - Phase 32 3rd Phase
Creative Work Amrita Yoga Until 7:16AM Mon Then Creative Work - Siddha Yoga						Sivaloka Day

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Rome, Italy Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 22.41	Tithi 6 – 7	Gulika Yama 791413465	1:10PM – 2:21PM 10:50AM – 12:00PM Rahu 8:29AM – 9:39AM	Shravana Until 7:16AM Dhruva Until 9:09AM Gara Until 5:42AM Tue Shashthi* Until 4:35PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Margasira•Karttikai	Sunrise: 7:18AM Sunset: 4:42PM Moon 11 - Phase 32 3rd Phase
Family Home Evening Creative Work Amrita Yoga Until 7:16AM Then Creative Work - Siddha Yoga						Sivaloka Day

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saplamyam Titau		Rome, Italy Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 4.44	Tithi 7	Gulika Yama 791413465	12:00PM – 1:11PM 9:40AM – 10:50AM Rahu 2:21PM – 3:31PM	Dhanishtha Until 9:51AM Vyaghata* Until 9:41AM Vanija Until 6:51PM Saptami Until 6:51PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Margasira•Karttikai	Sunrise: 7:19AM Sunset: 4:41PM Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga Until 9:51AM Then Routine Work - Marana Yoga						Sivaloka Day

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Rome, Italy Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 16.4	Tithi 8	Gulika Yama 791413465	10:51AM – 12:01PM 8:31AM – 9:41AM Rahu 12:01PM – 1:11PM	Shatabhishak Until 12:33PM Harshana Until 10:27AM Visti Until 8:05AM Ashtami* Until 9:19PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Margasira•Karttikai	Sunrise: 7:20AM Sunset: 4:41PM Moon 11 - Phase 32 Ashtami
Creative Work Siddha Yoga Until 12:33PM Then Creative Work - Amrita Yoga						Sivaloka Day

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Rome, Italy Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 28.32	Tithi 9	Gulika Yama 711413465	9:41AM – 10:51AM 7:21AM – 8:31AM Rahu 1:11PM – 2:21PM	Purvaproshtapada* Until 3:39PM Vajra* Until 11:15AM Balava Until 10:36AM Navami* Until 11:48PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear Margasira•Karttikai	Sunrise: 7:21AM Sunset: 4:41PM Moon 11 - Phase 32 Navami
Creative Work Siddha Yoga						Sivaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy
Meena Rasi: 10.27	Tithi 10	711413465	Gulika 8:32AM – 9:42AM Yama 2:21PM – 3:31PM Rahu 10:52AM – 12:02PM	Uttaraproshtapada Until 6:27PM Siddhi Until 11:59AM Taitila Until 1:00PM Dashami Until 2:05AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:22AM Sunset: 4:41PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						Sivaloka Day		


2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Rome, Italy
Meena Rasi: 22.27	Tithi 11	711513465	Gulika 7:23AM – 8:33AM Yama 1:12PM – 2:21PM Rahu 9:43AM – 10:52AM	Revati Until 8:46PM Vyatipata* Until 12:31PM Vanija Until 3:07PM Ekadashi Until 3:59AM Sun	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:23AM Sunset: 4:41PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work Prabalarishta Yoga Until 8:46PM Then Creative Work - Siddha Yoga						Subha Sivaloka Day		

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Rome, Italy
Mesha Rasi: 5	Tithi 12	721513465	Gulika 2:22PM – 3:31PM Yama 12:03PM – 1:12PM Rahu 3:31PM – 4:41PM	Ashvini Until 10:59PM Variyan Until 12:43PM Bava Until 4:47PM Dvodashi Until 5:24AM Mon	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:24AM Sunset: 4:41PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 10:59PM Then Routine Work - Prabalarishta Yoga						Sivaloka Day		

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy
Mesha Rasi: 16.58	Tithi 13	721513465	Gulika 1:12PM – 2:22PM Yama 10:54AM – 12:03PM Rahu 8:35AM – 9:44AM	Bharani Until 12:30AM Tue Parigha* Until 12:31PM Kaulava Until 5:55PM Trayodashi Until 6:15AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:25AM Sunset: 4:41PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening Creative Work Siddha Yoga						Sivaloka Day		

Pradosha Vrata

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy
Mesha Rasi: 29.34	Tithi 13 – 14	721513465	Gulika 12:03PM – 1:13PM Yama 9:45AM – 10:54AM Rahu 2:22PM – 3:31PM	Krittika Until 1:18AM Wed Shiva Until 11:54AM Gara Until 6:29PM Trayodashi Until 6:15AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:26AM Sunset: 4:41PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						Sivaloka Day		

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rome, Italy	
Copper Retreat Star		731523465		Gulika 10:55AM – 12:04PM Yama 8:36AM – 9:45AM Rahu 12:04PM – 1:13PM	Rohini Until 1:52AM Thu Siddha Until 10:49AM Visti Until 6:28PM Chaturdashi* Until 6:31AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:27AM Sunset: 4:41PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 12.27 Tithi 14 – 15 Creative Work Siddha Yoga Until 1:52AM Thu Then Routine Work - Marana Yoga						Sivaloka Day			

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Rome, Italy			
Silver Retreat Star		732523465		Gulika 9:46AM – 10:55AM Yama 7:28AM – 8:37AM Rahu 1:14PM – 2:23PM	Mrigashira Until 1:48AM Fri Sadhya Until 9:20AM Kaulava Until 5:27AM Fri Purnima* Until 6:14AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:28AM Sunset: 4:41PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Vrishabha Rasi: 25.36 Tithi 15 – 16 Routine Work Marana Yoga Until 1:48AM Fri Then Creative Work - Siddha Yoga						Devaloka Day			

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy

Sutra 243

Vikarin 5121

Mithuna Rasi: 9.01 Tithi 17

732523465

Gulika 8:38AM – 9:47AM
Yama 2:23PM – 3:32PM
Rahu 10:56AM – 12:05PM

Ardra Until 1:09AM Sat
Subha Until 7:28AM
Taitila Until 4:56PM

Dvitiya Until 4:16AM Sat

Ganesha: Clear *Sunrise:* 7:29AM
Muruqa: Clear *Sunset:* 4:41PM

Nataraja: Clear
Moon – Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy

Sutra 244

Vikarin 5121

Mithuna Rasi: 22.41 Tithi 18

742523465

Gulika 7:29AM – 8:38AM
Yama 1:14PM – 2:23PM
Rahu 9:47AM – 10:56AM

Punarvasu Until 12:29AM Sun
Brahma Until 2:49AM Sun
Vanija Until 3:34PM

Tritiya Until 2:45AM Sun

Ganesha: Purple *Sunrise:* 7:29AM
Muruqa: Clear *Sunset:* 4:41PM

Nataraja: Clear
Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Rome, Italy

Sutra 245

Vikarin 5121

Kataka Rasi: 6.31 Tithi 19

742523465

Gulika 2:24PM – 3:33PM
Yama 12:06PM – 1:15PM
Rahu 3:33PM – 4:42PM

Pushya Until 11:25PM
Indra Until 12:11AM Mon
Bava Until 1:55PM

Chaturthi* Until 1:00AM Mon

Ganesha: Purple *Sunrise:* 7:30AM
Muruqa: Clear *Sunset:* 4:42PM

Nataraja: Clear
Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy

Sutra 246

Vikarin 5121

Kataka Rasi: 20.31 Tithi 20

742523465

Gulika 1:15PM – 2:24PM
Yama 10:57AM – 12:06PM
Rahu 8:40AM – 9:49AM

Ashlesha* Until 10:02PM
Vaidhriti* Until 9:24PM
Kaulava Until 12:04PM

Panchami Until 11:04PM

Ganesha: Purple *Sunrise:* 7:31AM
Muruqa: Clear *Sunset:* 4:42PM

Nataraja: Clear
Moon – Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 10:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Rome, Italy

Sutra 247

Vikarin 5121

Simha Rasi: 4.35 Tithi 21

852523465

Gulika 12:07PM – 1:16PM
Yama 9:49AM – 10:58AM
Rahu 2:24PM – 3:33PM

Magha* Until 8:50PM
Vishkambha* Until 6:33PM
Gara Until 10:06AM

Shashthi* Until 9:03PM

Ganesha: Purple *Sunrise:* 7:31AM
Muruqa: Clear *Sunset:* 4:42PM

Nataraja: Clear
Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Rome, Italy

Sutra 248

Vikarin 5121

Simha Rasi: 18.43 Tithi 22

852523465

Gulika 10:58AM – 12:07PM
Yama 8:41AM – 9:50AM
Rahu 12:07PM – 1:16PM

Purvaphalguni Until 7:27PM
Priti Until 3:40PM
Visti Until 8:02AM

Saptami Until 6:59PM

Ganesha: Purple *Sunrise:* 7:32AM
Muruqa: Clear *Sunset:* 4:43PM

Nataraja: Clear
Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashami/Navamyam Titau

Rome, Italy

Sutra 249

Vikarin 5121

Kanya Rasi: 2.53 Tithi 23 – 24

852523465

Gulika 9:50AM – 10:59AM
Yama 7:33AM – 8:41AM
Rahu 1:17PM – 2:25PM

Uttaraphalguni Until 5:55PM
Ayushman Until 12:44PM
Taitila Until 3:53AM Fri

Ashtami* Until 4:54PM

Ganesha: Purple *Sunrise:* 7:33AM
Muruqa: Clear *Sunset:* 4:43PM

Nataraja: Clear
Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 5:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Rome, Italy

Sutra 250

Vikarin 5121

Kanya Rasi: 17.02 Tithi 24 – 25

862523465

Gulika 8:42AM – 9:51AM
Yama 2:26PM – 3:35PM
Rahu 11:00AM – 12:08PM

Hasta Until 4:41PM
Saubhagya Until 9:50AM
Vanija Until 1:51AM Sat

Navami* Until 2:50PM

Ganesha: Clear *Sunrise:* 7:33AM
Muruqa: Clear *Sunset:* 4:43PM

Nataraja: Clear
Moon – Green

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Rome, Italy Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 1.09	Tithi 25 – 26	Gulika 7:34AM – 8:43AM	Chitra Until 3:22PM	Ganesha: Clear <i>Sunrise: 7:34AM</i>	
		Yama 1:18PM – 2:26PM	Sobhana Until 6:59AM	Muruqa: Clear <i>Sunset: 4:44PM</i>	Moon 12 - Phase 35
	862523465	Rahu 9:51AM – 11:00AM	Bava Until 11:54PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Green	Devaloka Day
Until 3:22PM		Day 1 of Pancha Ganapati	Dashami Until 12:51PM	Margasira*Markali	
Then Creative Work - Siddha Yoga					

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Rome, Italy Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 15.13	Tithi 26 – 27	Gulika 2:27PM – 3:36PM	Svati Until 2:03PM	Ganesha: Clear <i>Sunrise: 7:34AM</i>	
		Yama 12:09PM – 1:18PM	Sukarma Until 1:33AM Mon	Muruqa: Clear <i>Sunset: 4:44PM</i>	Moon 12 - Phase 35
	862523465	Rahu 3:36PM – 4:44PM	Kaulava Until 10:07PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Green	Devaloka Day
Until 2:03PM		Day 2 of Pancha Ganapati	Ekadashi* Until 10:58AM	Margasira*Markali	
Then Routine Work - Marana Yoga					

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Rome, Italy Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 29.1	Tithi 27 – 28	Gulika 1:19PM – 2:27PM	Vishakha Until 1:13PM	Ganesha: White <i>Sunrise: 7:35AM</i>	
Family Home Evening		Yama 11:01AM – 12:10PM	Dhriti Until 11:07PM	Muruqa: Clear <i>Sunset: 4:45PM</i>	Moon 12 - Phase 35
	872523465	Rahu 8:44AM – 9:52AM	Gara Until 8:34PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga			Moon – Orange	Bhuloka Day
Until 1:13PM		Day 3 of Pancha Ganapati	Dvadashi* Until 9:17AM	Margasira*Markali	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Rome, Italy Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.57	Tithi 28 – 29	Gulika 12:10PM – 1:19PM	Anuradha Until 12:31PM	Ganesha: White <i>Sunrise: 7:35AM</i>	
		Yama 9:53AM – 11:02AM	Shula* Until 8:54PM	Muruqa: Clear <i>Sunset: 4:45PM</i>	Moon 12 - Phase 35
	872523465	Rahu 2:28PM – 3:37PM	Visti Until 7:19PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga			Moon – Orange	Bhuloka Day
Until 12:31PM		Day 4 of Pancha Ganapati	Trayodashi* Until 7:52AM	Margasira*Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Rome, Italy Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 26.32	Tithi 29 – 30	Gulika 11:02AM – 12:11PM	Jyeshtha* Until 12:02PM	Ganesha: White <i>Sunrise: 7:36AM</i>	
		Yama 8:44AM – 9:53AM	Ganda* Until 7:02PM	Muruqa: Clear <i>Sunset: 4:46PM</i>	Moon 12 - Phase 35
	872523465	Rahu 12:11PM – 1:20PM	Catuspada Until 6:29PM	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga			Moon – Orange	Bhuloka Day
Until 12:02PM		Day 5 of Pancha Ganapati	Chaturdashi* Until 6:49AM	Margasira*Markali	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Rome, Italy Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.52	Tithi 30 – 1	Gulika 9:54AM – 11:03AM	Mula* Until 12:19PM	Ganesha: Orange <i>Sunrise: 7:36AM</i>	
		Yama 7:36AM – 8:45AM	Vriddhi Until 5:34PM	Muruqa: Clear <i>Sunset: 4:47PM</i>	Moon 12 - Phase 35
	883523465	Rahu 1:20PM – 2:29PM	Kintughna Until 6:09PM	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga			Moon – Light Blue	Devaloka Day
		Annular Solar Eclipse	Amavasya* Until 6:14AM	Pausha*Markali	

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau				Rome, Italy
Dhanus Rasi: 22.55	Tithi 1 – 2	Gulika 8:45AM – 9:54AM	Purvashadha* Until 12:59PM	Ganesha: Orange	<i>Sunrise:</i> 7:36AM	Sun 14	Sutra 257	Vikarin 5121
		Yama 2:30PM – 3:38PM	Dhruva Until 4:31PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM			Moon 12 - Phase 36
		883523466 Rahu 11:03AM – 12:12PM	Balava Until 6:22PM	Nataraja: Orange				3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 6:10AM	Moon – Light Blue			Devaloka Day	
Until 12:59PM				Pausha-Markali				
Then Routine Work - Marana Yoga								

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvilya/Trilyayam Titau				Rome, Italy
Makara Rasi: 5.41	Tithi 2 – 3	Gulika 7:37AM – 8:46AM	Uttarashadha Until 2:04PM	Ganesha: Orange	<i>Sunrise:</i> 7:37AM	Sun 15	Sutra 258	Vikarin 5121
		Yama 1:21PM – 2:30PM	Vyaghata* Until 3:56PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM			Moon 12 - Phase 36
		883523466 Rahu 9:54AM – 11:03AM	Taitila Until 7:12PM	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:42AM	Moon – Light Blue			Devaloka Day	
Until 2:04PM				Pausha-Markali				
Then Creative Work - Siddha Yoga								

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Rome, Italy
Makara Rasi: 18.1	Tithi 3 – 4	Gulika 2:31PM – 3:40PM	Shravana Until 4:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM	Sun 16	Sutra 259	Vikarin 5121
		Yama 12:13PM – 1:22PM	Harshana Until 3:48PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM			Moon 12 - Phase 36
		893523466 Rahu 3:40PM – 4:49PM	Vanija Until 8:37PM	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 7:49AM	Moon – Purple			Devaloka Day	
Until 4:02PM				Pausha-Markali				
Then Routine Work - Marana Yoga								

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy
Kumbha Rasi: 0.26	Tithi 4 – 5	Gulika 1:22PM – 2:31PM	Dhanishtha Until 6:20PM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM	Sun 17	Sutra 260	Vikarin 5121
Family Home Evening		Yama 11:04AM – 12:13PM	Vajra* Until 4:03PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM			Moon 12 - Phase 36
		893523466 Rahu 8:46AM – 9:55AM	Bava Until 10:31PM	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 9:29AM	Moon – Purple			Devaloka Day	
				Pausha-Markali				

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rome, Italy
Kumbha Rasi: 12.31	Tithi 5 – 6	Gulika 12:14PM – 1:23PM	Shatabhishak Until 8:50PM	Ganesha: Clear	<i>Sunrise:</i> 7:37AM	Sun 18	Sutra 261	Vikarin 5121
		Yama 9:56AM – 11:05AM	Siddhi Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM			Moon 12 - Phase 36
		893523466 Rahu 2:32PM – 3:41PM	Kaulava Until 12:48AM Wed	Nataraja: Orange				3rd Phase
Routine Work	Marana Yoga		Panchami Until 11:36AM	Moon – Purple			Devaloka Day	
				Pausha-Markali				

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy
Kumbha Rasi: 24.27	Tithi 6 – 7	Gulika 11:05AM – 12:15PM	Purvaproshtapada* Until 11:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:38AM	Sun 19	Sutra 262	Vikarin 5121
		Yama 8:47AM – 9:56AM	Vyatipata* Until 5:21PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM			Moon 12 - Phase 36
		813623466 Rahu 12:15PM – 1:24PM	Gara Until 3:17AM Thu	Nataraja: Orange				3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:01PM	Moon – Clear			Bhuloka Day	
Until 11:54PM				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy
Meena Rasi: 6.2	Tithi 7 – 8	Gulika 9:56AM – 11:06AM	Uttaraproshtapada Until 2:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:38AM	Sun 20	Sutra 263	Vikarin 5121
		Yama 7:38AM – 8:47AM	Variyan Until 6:08PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM			Moon 12 - Phase 36
		813623466 Rahu 1:25PM – 2:34PM	Visti Until 5:46AM Fri	Nataraja: Orange				3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:31PM	Moon – Clear			Bhuloka Day	
				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau				Rome, Italy
Meena Rasi: 18.14	Tithi 8	Gulika 8:47AM – 9:57AM	Revati Until 5:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:38AM	Sun 21	Sutra 264	Vikarin 5121
		Yama 2:35PM – 3:44PM	Parigha* Until 6:51PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM			Moon 12 - Phase 36
		813623466 Rahu 11:06AM – 12:16PM	Bava Until 6:55PM	Nataraja: Orange				Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:55PM	Moon – Clear			Bhuloka Day	
				Pausha-Markali			Devaloka Time: 3:PM to 6:PM	

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Rome, Italy
Mesha Rasi: 0.13	Tithi 9	Gulika 7:38AM – 8:47AM	Ashvini Until 7:54AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:38AM	Sun 22	Sutra 265	Vikarin 5121
		Yama 1:26PM – 2:35PM	Shiva Until 7:21PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM			Moon 12 - Phase 36
		823623466 Rahu 9:57AM – 11:07AM	Balava Until 8:02AM	Nataraja: Orange				Navami
Creative Work	Siddha Yoga		Navami* Until 9:01PM	Moon – White			Devaloka Day	
Until 7:54AM Sun				Pausha-Markali				
Then Routine Work - Prabalarishta Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.21	Tithi 10	Gulika 2:36PM – 3:46PM	Ashvini Until 7:54AM	Ganesha: Yellow <i>Sunrise:</i> 7:38AM		
		Yama 12:17PM – 1:26PM	Siddha Until 7:27PM	Muruqa: Clear <i>Sunset:</i> 4:56PM		Moon 12 - Phase 37
	823623466	Rahu 3:46PM – 4:56PM	Taitila Until 9:54AM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga			Moon – White	Devaloka Day	
Until 7:54AM		Subramuniyaswami Jayanti	Dashami Until 10:36PM	Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Rome, Italy Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.43	Tithi 11	Gulika 1:27PM – 2:37PM	Bharani Until 9:44AM	Ganesha: Yellow <i>Sunrise:</i> 7:38AM		
Family Home Evening		Yama 11:07AM – 12:17PM	Sadhya Until 7:06PM	Muruqa: Clear <i>Sunset:</i> 4:57PM		Moon 12 - Phase 37
Creative Work	Siddha Yoga	823623466 Rahu 8:47AM – 9:57AM	Vanija Until 11:11AM	Nataraja: Orange		4th Phase
Until 9:44AM		Vaikuntha Ekadasi	Ekadashi Until 11:33PM	Moon – White	Devaloka Day	
Then Routine Work - Marana Yoga				Pausha-Markali		

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Rome, Italy Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.22	Tithi 12	Gulika 12:18PM – 1:28PM	Krittika Until 10:45AM	Ganesha: Yellow <i>Sunrise:</i> 7:37AM		
		Yama 9:57AM – 11:07AM	Subha Until 6:13PM	Muruqa: Clear <i>Sunset:</i> 4:58PM		Moon 12 - Phase 37
	823623466	Rahu 2:38PM – 3:48PM	Bava Until 11:47AM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 11:47PM	Moon – White	Devaloka Day	
Until 10:45AM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rome, Italy Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.22	Tithi 13	Gulika 11:08AM – 12:18PM	Rohini Until 11:22AM	Ganesha: White <i>Sunrise:</i> 7:37AM		
		Yama 8:47AM – 9:58AM	Sukla Until 4:44PM	Muruqa: Clear <i>Sunset:</i> 4:59PM		Moon 12 - Phase 37
	833623466	Rahu 12:18PM – 1:28PM	Kaulava Until 11:38AM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:17PM	Moon – Yellow	Bhuloka Day	
				Pausha-Markali	Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Rome, Italy Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.44	Tithi 14	Gulika 9:58AM – 11:08AM	Mrigashira Until 11:09AM	Ganesha: Yellow <i>Sunrise:</i> 7:37AM		
		Yama 7:37AM – 8:47AM	Brahma Until 2:44PM	Muruqa: Clear <i>Sunset:</i> 5:00PM		Moon 12 - Phase 37
	834623466	Rahu 1:29PM – 2:39PM	Gara Until 10:48AM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 10:07PM	Moon – Yellow	Devaloka Day	
				Pausha-Markali		

Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Rome, Italy Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 8:47AM – 9:58AM	Ardra Until 10:10AM	Ganesha: Yellow <i>Sunrise:</i> 7:37AM		
Mithuna Rasi: 17.29	Tithi 15	Yama 2:40PM – 3:50PM	Indra Until 12:16PM	Muruqa: Clear <i>Sunset:</i> 5:01PM		Moon 12 - Phase 37
	834623466	Rahu 11:08AM – 12:19PM	Visti Until 9:19AM	Nataraja: Orange		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:22PM	Moon – Yellow	Devaloka Day	
		Penumbral Lunar Eclipse		Pausha-Markali		
		Ardra Darshanam				

Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 7:37AM – 8:47AM	Punarvasu Until 8:59AM	Ganesha: White <i>Sunrise:</i> 7:37AM		
Kataka Rasi: 1.34	Tithi 16	Yama 1:30PM – 2:40PM	Vaidhriti* Until 9:22AM	Muruqa: Clear <i>Sunset:</i> 5:02PM		Moon 12 - Phase 37
	844623466	Rahu 9:58AM – 11:09AM	Balava Until 7:20AM	Nataraja: Orange		Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:10PM	Moon – Blue	Sivaloka Day	
				Pausha-Markali		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:41PM - 3:52PM
Yama 12:20PM - 1:30PM
Rahu 3:52PM - 5:03PM

Pushya Until 7:17AM
Vishkambha* Until 6:12AM
Vanija Until 2:21AM Mon
Dvitiya Until 3:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 7:36AM
Sunset: 5:03PM

Rome, Italy
Sun 1
Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

854623466

Family Home Evening

Routine Work Marana Yoga

Until 3:21AM Tue

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:31PM - 2:42PM
Yama 11:09AM - 12:20PM
Rahu 8:47AM - 9:58AM

Magha* Until 3:21AM Tue
Ayushman Until 11:24PM
Bava Until 11:39PM
Tritiya Until 12:59PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Markali

Sunrise: 7:36AM
Sunset: 5:04PM

Rome, Italy
Sun 2
Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 1:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:20PM - 1:32PM
Yama 9:58AM - 11:09AM
Rahu 2:43PM - 3:54PM

Purvaphalguni Until 1:23AM Wed
Saubhagya Until 7:58PM
Kaulava Until 8:57PM
Chaturthi* Until 10:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 7:35AM
Sunset: 5:05PM

Rome, Italy
Sun 3
Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:09AM - 12:21PM
Yama 8:46AM - 9:58AM
Rahu 12:21PM - 1:32PM

Uttaraphalguni Until 11:26PM
Sobhana Until 4:40PM
Gara Until 6:24PM
Panchami Until 7:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 7:35AM
Sunset: 5:06PM

Rome, Italy
Sun 4
Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

864623466

Routine Work Marana Yoga

Until 10:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:58AM - 11:09AM
Yama 7:35AM - 8:46AM
Rahu 1:33PM - 2:44PM

Hasta Until 10:00PM
Athiganda* Until 1:30PM
Visti Until 4:04PM
Saptami Until 2:59AM Fri

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:35AM
Sunset: 5:07PM

Rome, Italy
Sun 5
Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:46AM - 9:58AM
Yama 2:45PM - 3:57PM
Rahu 11:10AM - 12:21PM

Chitra Until 8:43PM
Sukarma Until 10:35AM
Balava Until 2:01PM
Ashtami* Until 1:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:34AM
Sunset: 5:09PM

Rome, Italy
Sun 6
Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 7:34AM - 8:46AM
Yama 1:34PM - 2:46PM
Rahu 9:58AM - 11:10AM

Svati Until 7:39PM
Dhriti Until 7:56AM
Tailila Until 12:19PM
Navami* Until 11:35PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:34AM
Sunset: 5:10PM

Rome, Italy
Sun 7
Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Rome, Italy Sutra 280
Tula Rasi: 25.49	Tithi 25	Gulika 2:46PM – 3:59PM	Vishakha Until 7:14PM	Ganesha: Clear <i>Sunrise:</i> 7:33AM	Sun 8 Vikarin 5121
		Yama 12:22PM – 1:34PM	Ganda* Until 3:30AM Mon	Muruqa: Clear <i>Sunset:</i> 5:11PM	Moon 1 - Phase 39
		874623466 Rahu 3:59PM – 5:11PM	Vanija Until 10:58AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 10:26PM	Moon – Orange	Devaloka Day
				Pausha*Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau	Rome, Italy Sutra 281
Vrischika Rasi: 9.23	Tithi 26	Gulika 1:35PM – 2:47PM	Anuradha Until 7:02PM	Ganesha: Clear <i>Sunrise:</i> 7:32AM	Sun 9 Vikarin 5121
Family Home Evening		Yama 11:10AM – 12:22PM	Vriddhi Until 1:45AM Tue	Muruqa: Clear <i>Sunset:</i> 5:12PM	Moon 1 - Phase 39
		874623466 Rahu 8:45AM – 9:57AM	Bava Until 10:01AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 9:40PM	Moon – Orange	Devaloka Day
				Pausha*Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau	Rome, Italy Sutra 282
Vrischika Rasi: 22.43	Tithi 27	Gulika 12:23PM – 1:35PM	Jyeshtha* Until 7:05PM	Ganesha: Purple <i>Sunrise:</i> 7:32AM	Sun 10 Vikarin 5121
Family Home Evening		Yama 9:57AM – 11:10AM	Dhruva Until 12:17AM Wed	Muruqa: Clear <i>Sunset:</i> 5:13PM	Moon 1 - Phase 39
		875623466 Rahu 2:48PM – 4:01PM	Kaulava Until 9:27AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:18PM	Moon – Orange	Bhuloka Day
Until 7:05PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Rome, Italy Sutra 283
Dhanus Rasi: 5.5	Tithi 28	Gulika 11:10AM – 12:23PM	Mula* Until 7:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:31AM	Sun 11 Vikarin 5121
		Yama 8:44AM – 9:57AM	Vyaghata* Until 11:10PM	Muruqa: Clear <i>Sunset:</i> 5:15PM	Moon 1 - Phase 39
		885623466 Rahu 12:23PM – 1:36PM	Gara Until 9:18AM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 9:21PM	Moon – Light Blue	Bhuloka Day
Until 7:51PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Rome, Italy Sutra 284
Dhanus Rasi: 18.46	Tithi 29	Gulika 9:57AM – 11:10AM	Purvashadha* Until 8:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:30AM	Sun 12 Vikarin 5121
		Yama 7:30AM – 8:44AM	Harshana Until 10:23PM	Muruqa: Clear <i>Sunset:</i> 5:16PM	Moon 1 - Phase 39
		885623466 Rahu 1:36PM – 2:49PM	Visti* Until 9:34AM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:50PM	Moon – Light Blue	Bhuloka Day
Until 8:51PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Rome, Italy Sutra 285
Makara Rasi: 1.28	Tithi 30	Gulika 8:43AM – 9:56AM	Uttarashadha Until 10:07PM	Ganesha: Light Blue <i>Sunrise:</i> 7:30AM	Sun 13 Vikarin 5121
		Yama 2:50PM – 4:04PM	Vajra* Until 9:54PM	Muruqa: Clear <i>Sunset:</i> 5:17PM	Moon 1 - Phase 39
		885623466 Rahu 11:10AM – 12:23PM	Catuspada Until 10:15AM	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 10:44PM	Moon – Light Blue	Bhuloka Day
				Pausha*Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Rome, Italy Sutra 286
Makara Rasi: 13.59	Tithi 1	Gulika 7:29AM – 8:42AM	Shravana Until 12:08AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 7:29AM	Sun 14 Vikarin 5121
		Yama 1:37PM – 2:51PM	Siddhi Until 9:46PM	Muruqa: Clear <i>Sunset:</i> 5:18PM	Moon 1 - Phase 39
		995623466 Rahu 9:56AM – 11:10AM	Kintughna Until 11:23AM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:05AM Sun	Moon – Purple	Bhuloka Day
Until 12:08AM Sun				Magha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rome, Italy
	Makara Rasi: 26.19	Tithi 2	Gulika 2:52PM – 4:06PM	Dhanishtha Until 2:21AM Mon	Ganesha: Orange <i>Sunrise:</i> 7:28AM	Sun 15	Sutra 287
			Yama 12:24PM – 1:38PM	Vyatipata* Until 9:57PM	Muruqa: Clear <i>Sunset:</i> 5:20PM		Vikarin 5121
		995723466 Rahu 4:06PM – 5:20PM	Balava Until 12:56PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
	Routine Work	Marana Yoga		Dvitiya Until 1:50AM Mon	Magha-Thai	Devaloka Day	
	Until 2:21AM Mon						
	Then Creative Work - Siddha Yoga						

2	Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Rome, Italy
	Kumbha Rasi: 8.29	Tithi 3	Gulika 1:38PM – 2:52PM	Shatabhishak Until 4:45AM Tue	Ganesha: Orange <i>Sunrise:</i> 7:27AM	Sun 16	Sutra 288
			Yama 11:10AM – 12:24PM	Variyan Until 10:23PM	Muruqa: Clear <i>Sunset:</i> 5:21PM		Vikarin 5121
	Family Home Evening	995723466 Rahu 8:41AM – 9:56AM	Taitila Until 2:52PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
	Creative Work	Siddha Yoga		Tritiya Until 3:56AM Tue	Magha-Thai	Devaloka Day	
	Until 4:45AM Tue						
	Then Routine Work - Marana Yoga						

3	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Rome, Italy
	Kumbha Rasi: 20.32	Tithi 4	Gulika 12:24PM – 1:39PM	Purvaprossthapada* Until 7:44AM Wed	Ganesha: Green <i>Sunrise:</i> 7:26AM	Sun 17	Sutra 289
			Yama 9:55AM – 11:10AM	Parigha* Until 11:02PM	Muruqa: Clear <i>Sunset:</i> 5:22PM		Vikarin 5121
		915723466 Rahu 2:53PM – 4:08PM	Vanija Until 5:06PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
	Routine Work	Marana Yoga		Chaturthi* Until 6:18AM Wed	Magha-Thai	Sivaloka Day	
	Until 7:44AM Wed						
	Then Creative Work - Siddha Yoga						

4	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*Uttaraprossthapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy
	Meena Rasi: 2.28	Tithi 4 – 5	Gulika 11:10AM – 12:24PM	Purvaprossthapada* Until 7:44AM	Ganesha: Green <i>Sunrise:</i> 7:25AM	Sun 18	Sutra 290
			Yama 8:40AM – 9:55AM	Shiva Until 11:51PM	Muruqa: Clear <i>Sunset:</i> 5:23PM		Vikarin 5121
		915723466 Rahu 12:24PM – 1:39PM	Bava Until 7:34PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
	Creative Work	Amrita Yoga		Chaturthi* Until 6:18AM	Magha-Thai	Sivaloka Day	
	Until 7:44AM						
	Then Creative Work - Siddha Yoga						

5	Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rome, Italy
	Meena Rasi: 14.2	Tithi 5 – 6	Gulika 9:54AM – 11:09AM	Uttaraprossthapada Until 10:41AM	Ganesha: Green <i>Sunrise:</i> 7:24AM	Sun 19	Sutra 291
			Yama 7:24AM – 8:39AM	Siddha Until 12:40AM Fri	Muruqa: Clear <i>Sunset:</i> 5:25PM		Vikarin 5121
		915723466 Rahu 1:40PM – 2:55PM	Kaulava Until 10:06PM	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
	Creative Work	Siddha Yoga		Panchami Until 8:49AM	Magha-Thai	Sivaloka Day	
	Until 1:26PM						
	Then Creative Work - Amrita Yoga						

6	Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy
	Meena Rasi: 26.13	Tithi 6 – 7	Gulika 8:39AM – 9:54AM	Revati Until 1:26PM	Ganesha: Orange <i>Sunrise:</i> 7:23AM	Sun 20	Sutra 292
			Yama 2:55PM – 4:11PM	Sadhya Until 1:25AM Sat	Muruqa: Clear <i>Sunset:</i> 5:26PM		Vikarin 5121
		916723466 Rahu 11:09AM – 12:25PM	Gara Until 12:32AM Sat	Nataraja: Orange		Moon 1 - Phase 40	3rd Phase
	Creative Work	Siddha Yoga		Shashthi* Until 11:19AM	Magha-Thai	Devaloka Day	
	Until 1:26PM						
	Then Creative Work - Amrita Yoga						

☾	Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy
	Retreat Star		Gulika 7:23AM – 8:39AM	Ashvini Until 4:20PM	Ganesha: Green <i>Sunrise:</i> 7:23AM	Sun 21	Sutra 293
	Mesha Rasi: 8.09	Tithi 7 – 8	Yama 1:40PM – 2:55PM	Subha Until 1:57AM Sun	Muruqa: Clear <i>Sunset:</i> 5:26PM		Vikarin 5121
		926723466 Rahu 9:54AM – 11:09AM	Visti Until 2:40AM Sun	Nataraja: Orange		Moon 1 - Phase 40	Ashtami
	Creative Work	Siddha Yoga		Saptami Until 1:38PM	Magha-Thai	Bhuloka Day	
	Until 6:39PM					Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

☾	Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy
	Retreat Star		Gulika 2:56PM – 4:12PM	Bharani Until 6:39PM	Ganesha: Green <i>Sunrise:</i> 7:22AM	Sun 22	Sutra 294
	Mesha Rasi: 20.13	Tithi 8 – 9	Yama 12:25PM – 1:40PM	Sukla Until 2:05AM Mon	Muruqa: Clear <i>Sunset:</i> 5:27PM		Vikarin 5121
		926723466 Rahu 4:12PM – 5:27PM	Balava Until 4:18AM Mon	Nataraja: Orange		Moon 1 - Phase 40	Navami
	Routine Work	Prabalarishta Yoga		Ashtami* Until 3:32PM	Magha-Thai	Bhuloka Day	
	Until 6:39PM					Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rome, Italy Sutra 295 Vikarin 5121
1		Gulika 1:41PM – 2:57PM	Krittika Until 8:12PM	Ganesha: Green <i>Sunrise:</i> 7:21AM
Vrishabha Rasi: 2.3	Tithi 9 – 10	Yama 11:09AM – 12:25PM	Brahma Until 1:42AM Tue	Muruḡa: Clear <i>Sunset:</i> 5:28PM
Family Home Evening	926723466	Rahu 8:37AM – 9:53AM	Taitila Until 5:13AM Tue	Nataraja: Orange
Routine Work Marana Yoga			Navami* Until 4:50PM	Moon – White
Until 8:12PM				Magha-Thai
Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Rome, Italy Sutra 296 Vikarin 5121
2		Gulika 12:25PM – 1:41PM	Rohini Until 9:20PM	Ganesha: Red <i>Sunrise:</i> 7:20AM
Vrishabha Rasi: 15.05	Tithi 10 – 11	Yama 9:53AM – 11:09AM	Indra Until 12:44AM Wed	Muruḡa: Clear <i>Sunset:</i> 5:30PM
	936723467	Rahu 2:57PM – 4:14PM	Vanija Until 5:19AM Wed	Nataraja: Clear
Creative Work Amrita Yoga			Dashami Until 5:21PM	Moon – Yellow
Until 9:20PM				Magha-Thai
Then Creative Work - Siddha Yoga				Devaloka Day

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Rome, Italy Sutra 297 Vikarin 5121
3		Gulika 11:09AM – 12:25PM	Mrigashira Until 9:29PM	Ganesha: Red <i>Sunrise:</i> 7:19AM
Vrishabha Rasi: 28.04	Tithi 11 – 12	Yama 8:36AM – 9:52AM	Vaidhriti* Until 11:05PM	Muruḡa: Clear <i>Sunset:</i> 5:31PM
	936723467	Rahu 12:25PM – 1:42PM	Bava Until 4:35AM Thu	Nataraja: Clear
Creative Work Siddha Yoga			Ekadashi Until 5:02PM	Moon – Yellow
				Magha-Thai
				Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Rome, Italy Sutra 298 Vikarin 5121
4		Gulika 9:52AM – 11:08AM	Ardra Until 8:41PM	Ganesha: Red <i>Sunrise:</i> 7:18AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 7:18AM – 8:35AM	Vishkambha* Until 8:48PM	Muruḡa: Clear <i>Sunset:</i> 5:32PM
	936723467	Rahu 1:42PM – 2:59PM	Kaulava Until 3:03AM Fri	Nataraja: Clear
Routine Work Marana Yoga			Dvadashi Until 3:54PM	Moon – Yellow
Until 8:41PM				Magha-Thai
Then Creative Work - Amrita Yoga				Devaloka Day
				<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Rome, Italy Sutra 299 Vikarin 5121
5		Gulika 8:34AM – 9:51AM	Punarvasu Until 7:28PM	Ganesha: Blue <i>Sunrise:</i> 7:17AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 2:59PM – 4:16PM	Priti Until 5:57PM	Muruḡa: Clear <i>Sunset:</i> 5:34PM
	947723467	Rahu 11:08AM – 12:25PM	Gara Until 12:50AM Sat	Nataraja: Clear
Creative Work Siddha Yoga			Trayodashi Until 2:00PM	Moon – Blue
Until 7:28PM				Magha-Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Rome, Italy Sutra 300 Vikarin 5121
○	Copper Retreat Star	Gulika 7:16AM – 8:33AM	Pushya Until 5:31PM	Ganesha: Blue <i>Sunrise:</i> 7:16AM
Kataka Rasi: 9.39	Tithi 14 – 15	Yama 1:43PM – 3:00PM	Ayushman Until 2:36PM	Muruḡa: Clear <i>Sunset:</i> 5:35PM
	947723467	Rahu 9:51AM – 11:08AM	Visti Until 10:03PM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 11:29AM	Moon – Blue
Until 5:31PM		Thai Pusam		Magha-Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Rome, Italy Sutra 301 Vikarin 5121
○	Silver Retreat Star	Gulika 3:01PM – 4:18PM	Ashlesha* Until 3:01PM	Ganesha: Blue <i>Sunrise:</i> 7:15AM
Kataka Rasi: 24.19	Tithi 15 – 16	Yama 12:25PM – 1:43PM	Saubhagya Until 10:54AM	Muruḡa: Clear <i>Sunset:</i> 5:36PM
	947723467	Rahu 4:18PM – 5:36PM	Balava Until 6:54PM	Nataraja: Clear
Creative Work Siddha Yoga			Purnima* Until 8:30AM	Moon – Blue
Until 3:01PM				Magha-Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Simha Rasi: 9.14 Tithi 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 12:33PM
Then Creative Work - Siddha Yoga

Gulika 1:43PM – 3:01PM
Yama 11:07AM – 12:25PM
Rahu 8:31AM – 9:49AM

Magha* Until 12:33PM
Sobhana Until 6:59AM
Taitila Until 3:31PM
Dvitiya Until 1:47AM Tue

Ganesha: Red *Sunrise: 7:13AM*
Muruqa: Clear *Sunset: 5:37PM*
Nataraja: Clear
Moon – Red
Magha+Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Rome, Italy
Sun 1
Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Simha Rasi: 24.14 Tithi 18
957723467
Creative Work Siddha Yoga
Until 9:52AM
Then Creative Work - Amrita Yoga

Gulika 12:25PM – 1:44PM
Yama 9:49AM – 11:07AM
Rahu 3:02PM – 4:20PM

Purvaphalguni Until 9:52AM
Sukarma Until 10:57PM
Vanija Until 12:06PM
Tritiya Until 10:24PM

Ganesha: Red *Sunrise: 7:12AM*
Muruqa: Clear *Sunset: 5:39PM*
Nataraja: Clear
Moon – Red
Magha+Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Rome, Italy
Sun 2
Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Kanya Rasi: 9.12 Tithi 19
957723467
Creative Work Amrita Yoga
Until 7:08AM
Then Routine Work - Marana Yoga

Gulika 11:07AM – 12:25PM
Yama 8:30AM – 9:48AM
Rahu 12:25PM – 1:44PM

Uttaraphalguni Until 7:08AM
Dhriti Until 7:07PM
Bava Until 8:47AM
Chaturthi* Until 7:11PM

Ganesha: Red *Sunrise: 7:11AM*
Muruqa: Clear *Sunset: 5:40PM*
Nataraja: Clear
Moon – Red
Magha+Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Rome, Italy
Sun 3
Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Kanya Rasi: 23.58 Tithi 20 – 21
967723467
Creative Work Siddha Yoga

Gulika 9:48AM – 11:06AM
Yama 7:10AM – 8:29AM
Rahu 1:44PM – 3:03PM

Chitra Until 2:58AM Fri
Shula* Until 3:32PM
Gara Until 3:03AM Fri
Panchami Until 4:19PM

Ganesha: Green *Sunrise: 7:10AM*
Muruqa: Clear *Sunset: 5:41PM*
Nataraja: Clear
Moon – Green
Magha+Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy
Sun 4
Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Tula Rasi: 8.28 Tithi 21 – 22
968723467
Creative Work Siddha Yoga

Gulika 8:28AM – 9:47AM
Yama 3:04PM – 4:23PM
Rahu 11:06AM – 12:25PM

Svati Until 1:23AM Sat
Ganda* Until 12:20PM
Visti Until 12:54AM Sat
Shashthi* Until 1:53PM

Ganesha: White *Sunrise: 7:08AM*
Muruqa: Clear *Sunset: 5:42PM*
Nataraja: Clear
Moon – Green
Magha+Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020
Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy
Sun 5
Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Tula Rasi: 22.36 Tithi 22 – 23
978723467
Creative Work Siddha Yoga
Until 12:39AM Sun
Then Routine Work - Marana Yoga

Gulika 7:07AM – 8:27AM
Yama 1:45PM – 3:04PM
Rahu 9:46AM – 11:06AM

Vishakha Until 12:39AM Sun
Vridhhi Until 9:35AM
Balava Until 11:19PM
Saptami Until 12:01PM

Ganesha: Clear *Sunrise: 7:07AM*
Muruqa: Clear *Sunset: 5:44PM*
Nataraja: Clear
Moon – Orange
Magha+Masi

Devaloka Day

Sunday, February 16, 2020
Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy
Sun 6
Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Vrischika Rasi: 6.22 Tithi 23 – 24
978723467
Routine Work Marana Yoga
Until 12:23AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:05PM – 4:25PM
Yama 12:25PM – 1:45PM
Rahu 4:25PM – 5:45PM

Anuradha Until 12:23AM Mon
Dhruva Until 7:17AM
Taitila Until 10:22PM
Ashtami* Until 10:44AM

Ganesha: Clear *Sunrise: 7:06AM*
Muruqa: Clear *Sunset: 5:45PM*
Nataraja: Clear
Moon – Orange
Magha+Masi

Devaloka Day

1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Rome, Italy Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 19.46	Tithi 24 – 25	Gulika 1:45PM – 3:06PM	Jyeshtha* Until 12:33AM Tue	Ganesha: Clear <i>Sunrise: 7:04AM</i>	
Family Home Evening	978723467	Yama 11:05AM – 12:25PM	Harshana Until 4:12AM Tue	Muruqa: Clear <i>Sunset: 5:46PM</i>	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 8:25AM – 9:45AM	Vanija Until 10:01PM	Nataraja: Clear	2nd Phase
Until 12:33AM Tue			Navami* Until 10:06AM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Rome, Italy Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 2.5	Tithi 25 – 26	Gulika 12:25PM – 1:46PM	Mula* Until 1:36AM Wed	Ganesha: Purple <i>Sunrise: 7:03AM</i>	
	988723467	Yama 9:44AM – 11:05AM	Vajra* Until 3:19AM Wed	Muruqa: Clear <i>Sunset: 5:47PM</i>	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 3:06PM – 4:27PM	Bava Until 10:16PM	Nataraja: Clear	2nd Phase
			Dashami Until 10:03AM	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Rome, Italy Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 15.39	Tithi 26 – 27	Gulika 11:04AM – 12:25PM	Purvashadha* Until 2:58AM Thu	Ganesha: Purple <i>Sunrise: 7:02AM</i>	
	988723467	Yama 8:22AM – 9:43AM	Siddhi Until 2:49AM Thu	Muruqa: Clear <i>Sunset: 5:49PM</i>	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 12:25PM – 1:46PM	Kaulava Until 11:01PM	Nataraja: Clear	2nd Phase
Until 2:58AM Thu			Ekadashi* Until 10:34AM	Moon – Light Blue	Bhuloka Day
Then Routine Work - Marana Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Rome, Italy Sun 10 Sutra 312 Vikarin 5121
Dhanus Rasi: 28.14	Tithi 27 – 28	Gulika 9:43AM – 11:04AM	Uttarashadha Until 4:35AM Fri	Ganesha: Purple <i>Sunrise: 7:00AM</i>	
	989823467	Yama 7:00AM – 8:21AM	Vyatipata* Until 2:40AM Fri	Muruqa: Clear <i>Sunset: 5:50PM</i>	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 1:46PM – 3:07PM	Gara Until 12:12AM Fri	Nataraja: Clear	2nd Phase
			Dvadashi* Until 11:32AM	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Rome, Italy Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 10.38	Tithi 28 – 29	Gulika 8:20AM – 9:42AM	Shravana Until 6:52AM Sat	Ganesha: Light Blue <i>Sunrise: 6:59AM</i>	
	999823467	Yama 3:08PM – 4:29PM	Variyan Until 2:45AM Sat	Muruqa: Clear <i>Sunset: 5:51PM</i>	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 11:03AM – 12:25PM	Visti Until 1:45AM Sat	Nataraja: Clear	2nd Phase
Until 6:52AM Sat			Trayodashi* Until 12:55PM	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)		Magha-Masi	Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)			

●		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Rome, Italy Sun 12 Sutra 314 Vikarin 5121
Retreat Star		Gulika 6:57AM – 8:19AM	Shravana Until 6:52AM	Ganesha: Light Blue <i>Sunrise: 6:57AM</i>	
Makara Rasi: 22.53	Tithi 29 – 30	Yama 1:47PM – 3:08PM	Parigha* Until 3:04AM Sun	Muruqa: Clear <i>Sunset: 5:52PM</i>	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 9:41AM – 11:03AM	Catuspada Until 3:36AM Sun	Nataraja: Clear	Amavasya
			Chaturdashi* Until 2:37PM	Moon – Purple	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

○		Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Rome, Italy Sun 13 Sutra 315 Vikarin 5121
Retreat Star		Gulika 3:09PM – 4:31PM	Dhanishtha Until 9:16AM	Ganesha: Light Blue <i>Sunrise: 6:56AM</i>	
Kumbha Rasi: 5.01	Tithi 30 – 1	Yama 12:25PM – 1:47PM	Shiva Until 3:36AM Mon	Muruqa: Clear <i>Sunset: 5:53PM</i>	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 4:31PM – 5:53PM	Kintughna Until 5:42AM Mon	Nataraja: Clear	Prathama
Until 9:16AM			Amavasya* Until 4:36PM	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga				Phalgun-Masi	Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau				Rome, Italy Sun 14 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 17.03 Family Home Evening Creative Work Siddha Yoga Until 11:43AM Then Routine Work - Marana Yoga	Gulika 1:47PM – 3:10PM Yama 11:02AM – 12:24PM Rahu 8:17AM – 9:39AM	Shatabhishak Until 11:43AM Siddha Until 4:15AM Tue Bava Until 6:48PM Prathama* Until 6:48PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:54AM Sunset: 5:55PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Rome, Italy Sun 15 Sutra 317 Vikarin 5121
2	Kumbha Rasi: 29.01 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Gulika 12:24PM – 1:47PM Yama 9:39AM – 11:01AM Rahu 3:10PM – 4:33PM	Purvaproshtapada* Until 2:41PM Sadhya Until 5:02AM Wed Balava Until 8:00AM Dvitiya Until 9:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:53AM Sunset: 5:56PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Rome, Italy Sun 16 Sutra 318 Vikarin 5121
3	Meena Rasi: 10.55 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	Gulika 11:01AM – 12:24PM Yama 8:15AM – 9:38AM Rahu 12:24PM – 1:47PM	Uttaraproshtapada Until 5:36PM Subha Until 5:55AM Thu Tailila Until 10:27AM Tritiya Until 11:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:51AM Sunset: 5:57PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Rome, Italy Sun 17 Sutra 319 Vikarin 5121
4	Meena Rasi: 22.47 Creative Work Siddha Yoga Until 8:25PM Then Creative Work - Amrita Yoga	Gulika 9:37AM – 11:00AM Yama 6:50AM – 8:13AM Rahu 1:48PM – 3:11PM	Revati Until 8:25PM Sukla Until 6:45AM Fri Vanija Until 12:58PM Chaturthi* Until 2:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:50AM Sunset: 5:58PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Rome, Italy Sun 18 Sutra 320 Vikarin 5121
5	Mesha Rasi: 4.39 Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga	Gulika 8:12AM – 9:36AM Yama 3:12PM – 4:35PM Rahu 11:00AM – 12:24PM	Ashvini Until 11:29PM Sukla Until 6:45AM Bava Until 3:27PM Panchami Until 4:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 6:48AM Sunset: 5:59PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Rome, Italy Sun 19 Sutra 321 Vikarin 5121
6	Mesha Rasi: 16.34 Creative Work Siddha Yoga	Gulika 6:47AM – 8:11AM Yama 1:48PM – 3:12PM Rahu 9:35AM – 10:59AM	Bharani Until 2:10AM Sun Brahma Until 7:31AM Kaulava Until 5:45PM Shashthi* Until 6:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 6:47AM Sunset: 6:01PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 20 Sutra 322 Vikarin 5121
Retreat Star	Mesha Rasi: 28.35 Creative Work Siddha Yoga Until 4:16AM Mon Then Creative Work - Amrita Yoga	Gulika 3:13PM – 4:38PM Yama 12:23PM – 1:48PM Rahu 4:38PM – 6:03PM	Krittika Until 4:16AM Mon Indra Until 8:05AM Gara Until 7:41PM Shashthi* Until 6:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White	Sunrise: 6:44AM Sunset: 6:03PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy Sun 21 Sutra 323 Vikarin 5121
Retreat Star	Vrishabha Rasi: 10.48 Family Home Evening Creative Work Amrita Yoga Until 6:04AM Tue Then Creative Work - Siddha Yoga	Gulika 1:48PM – 3:14PM Yama 10:58AM – 12:23PM Rahu 8:07AM – 9:33AM	Rohini Until 6:04AM Tue Vaidhriti* Until 8:14AM Visti Until 9:01PM Saptami Until 8:25AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 6:42AM Sunset: 6:04PM	Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy Sun 22 Sutra 324 Vikarin 5121
Retreat Star	Vrishabha Rasi: 23.17 Creative Work Amrita Yoga Until 6:04AM Then Creative Work - Siddha Yoga	Gulika 12:23PM – 1:48PM Yama 9:32AM – 10:57AM Rahu 3:14PM – 4:40PM	Rohini Until 6:04AM Vishkambha* Until 7:54AM Balava Until 9:36PM Ashtami* Until 9:23AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 6:40AM Sunset: 6:05PM	Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Rome, Italy Sutra 325
Mithuna Rasi: 6.09	Tithi 9 – 10	Gulika 10:57AM – 12:23PM	Mrigashira Until 6:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Vikarin 5121
		Yama 8:05AM – 9:31AM	Priti Until 6:57AM	Muruqa: Orange	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 45
		931833467 Rahu 12:23PM – 1:49PM	Taitila Until 9:19PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:33AM	Moon – Yellow		Devaloka Day
				Phalguna-Masi		

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Rome, Italy Sutra 326
Mithuna Rasi: 19.28	Tithi 10 – 11	Gulika 9:30AM – 10:56AM	Ardra Until 6:47AM	Ganesha: Red	<i>Sunrise:</i> 6:37AM	Vikarin 5121
		Yama 6:37AM – 8:03AM	Saubhagya Until 2:58AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45
		131833467 Rahu 1:49PM – 3:15PM	Vanija Until 8:09PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dashami Until 8:49AM	Moon – Yellow		Devaloka Day
Until 6:47AM				Phalguna-Masi		
Then Creative Work - Amrita Yoga						

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Rome, Italy Sutra 327
Kataka Rasi: 3.16	Tithi 11 – 12	Gulika 8:02AM – 9:29AM	Punarvasu Until 6:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	Vikarin 5121
		Yama 3:15PM – 4:42PM	Sobhana Until 12:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 45
		141833467 Rahu 10:55AM – 12:22PM	Bava Until 6:10PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:14AM	Moon – Blue		Bhuloka Day
Until 6:05AM				Phalguna-Masi		
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Rome, Italy Sutra 328
Kataka Rasi: 17.34	Tithi 13	Gulika 6:34AM – 8:01AM	Ashlesha* Until 2:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Vikarin 5121
		Yama 1:49PM – 3:16PM	Athiganda* Until 8:29PM	Muruqa: Orange	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 45
		141833467 Rahu 9:28AM – 10:55AM	Kaulava Until 3:29PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 1:54AM Sun	Moon – Blue		Bhuloka Day
				Phalguna-Masi		
						Devaloka Time: 3:PM to 6:PM
				<i>Pradosha Vrata</i>		

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Rome, Italy Sutra 329
Simha Rasi: 2.19	Tithi 14	Gulika 3:16PM – 4:44PM	Magha* Until 11:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama 12:22PM – 1:49PM	Sukarma Until 4:34PM	Muruqa: Orange	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 45
		151833467 Rahu 4:44PM – 6:11PM	Gara Until 12:15PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 10:27PM	Moon – Red		Devaloka Day
Until 11:33PM		Chidambaram Abhishekam		Phalguna-Masi		
Then Creative Work - Siddha Yoga						

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Rome, Italy Sutra 330
Copper Retreat Star		Gulika 1:49PM – 3:17PM	Purvaphalguni Until 8:34PM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Vikarin 5121
Simha Rasi: 17.24	Tithi 15	Yama 10:54AM – 12:21PM	Dhriti Until 12:23PM	Muruqa: Orange	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45
Family Home Evening		152833467 Rahu 7:58AM – 9:26AM	Visti Until 8:38AM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:43PM	Moon – Red		Sivaloka Day
		Holi		Phalguna-Masi		

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Rome, Italy Sutra 331
Silver Retreat Star		Gulika 12:21PM – 1:49PM	Uttaraphalguni Until 5:22PM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Vikarin 5121
Kanya Rasi: 2.4	Tithi 16 – 17	Yama 9:25AM – 10:53AM	Shula* Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 45
		152833467 Rahu 3:17PM – 4:45PM	Taitila Until 12:59AM Wed	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 2:53PM	Moon – Red		Sivaloka Day
Until 5:22PM				Phalguna-Masi		
Then Creative Work - Siddha Yoga						



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rome, Italy

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

Gulika 10:52AM - 12:21PM
Yama 7:56AM - 9:24AM
Rahu 12:21PM - 1:49PM

Hasta **Until 2:31PM**
Vriddhi **Until 11:31PM**
Vanija **Until 9:18PM**
Dvitiya **Until 11:06AM**

Ganesha: Clear *Sunrise: 6:27AM*
Muruqa: Orange *Sunset: 6:14PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Rome, Italy

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.02 Tithi 18 - 19

162833467

Gulika 9:23AM - 10:52AM
Yama 6:26AM - 7:54AM
Rahu 1:49PM - 3:18PM

Chitra **Until 11:49AM**
Dhruva **Until 7:36PM**
Balava **Until 4:25AM Fri**
Tritiya **Until 7:33AM**

Ganesha: Clear *Sunrise: 6:26AM*
Muruqa: Orange *Sunset: 6:16PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 11:49AM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Rome, Italy

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.5 Tithi 20

162833467

Gulika 7:53AM - 9:22AM
Yama 3:18PM - 4:48PM
Rahu 10:51AM - 12:20PM

Svati **Until 9:24AM**
Vyaghata* **Until 4:06PM**
Kaulava **Until 3:04PM**
Panchami **Until 1:50AM Sat**

Ganesha: Clear *Sunrise: 6:24AM*
Muruqa: Orange *Sunset: 6:17PM*
Nataraja: Clear
Moon - Green
Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Rome, Italy

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.14 Tithi 21

172833467

Gulika 6:22AM - 7:52AM
Yama 1:49PM - 3:19PM
Rahu 9:21AM - 10:51AM

Vishakha **Until 7:51AM**
Harshana **Until 1:08PM**
Gara **Until 12:49PM**
Shashthi* **Until 11:56PM**

Ganesha: Purple *Sunrise: 6:22AM*
Muruqa: Orange *Sunset: 6:18PM*
Nataraja: Clear
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Rome, Italy

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.1 Tithi 22

172833468

Gulika 3:19PM - 4:49PM
Yama 12:20PM - 1:50PM
Rahu 4:49PM - 6:19PM

Anuradha **Until 6:52AM**
Vajra* **Until 10:44AM**
Visti **Until 11:17AM**
Saptami **Until 10:48PM**

Ganesha: Purple *Sunrise: 6:21AM*
Muruqa: Orange *Sunset: 6:19PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rome, Italy

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.37 Tithi 23

172933468

Gulika 1:50PM - 3:20PM
Yama 10:49AM - 12:19PM
Rahu 7:49AM - 9:19AM

Jyeshtha* **Until 6:31AM**
Siddhi **Until 8:58AM**
Balava **Until 10:33AM**
Ashtami* **Until 10:28PM**

Ganesha: Clear *Sunrise: 6:19AM*
Muruqa: Orange *Sunset: 6:20PM*
Nataraja: Purple
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Vriyan Yoga Taitila/Gara Karana Navamyam Titau

Rome, Italy

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.4 Tithi 24

182933468

Gulika 12:19PM - 1:50PM
Yama 9:18AM - 10:49AM
Rahu 3:20PM - 4:51PM

Mula* **Until 7:13AM**
Vyatipata* **Until 7:50AM**
Taitila **Until 10:36AM**
Navami* **Until 10:52PM**

Ganesha: Purple *Sunrise: 6:17AM*
Muruqa: Orange *Sunset: 6:21PM*
Nataraja: Purple
Moon - Light Blue
Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		Rome, Italy
Dhanus Rasi: 25.22	Tithi 25	Gulika	10:48AM – 12:19PM	Purvashadha* Until 8:29AM	Ganesha: Purple	Sun 8 Sutra 339
		Yama	7:46AM – 9:17AM	Variyan Until 7:14AM	Muruqa: Orange	Vikarin 5121
		182933468 Rahu	12:19PM – 1:50PM	Vanija Until 11:21AM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Amrita Yoga			Dashami Until 11:57PM	Moon – Light Blue	2nd Phase
					Phalguna-Panguni	Devaloka Day

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Rome, Italy
Makara Rasi: 7.46	Tithi 26	Gulika	9:16AM – 10:47AM	Uttarashadha Until 10:10AM	Ganesha: Purple	Sun 9 Sutra 340
		Yama	6:14AM – 7:45AM	Parigha* Until 7:07AM	Muruqa: Orange	Vikarin 5121
		182933468 Rahu	1:50PM – 3:21PM	Bava Until 12:42PM	Nataraja: Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga			Ekadashi* Until 1:32AM Fri	Moon – Light Blue	2nd Phase
Until 10:10AM					Phalguna-Panguni	Devaloka Day
Then Creative Work - Siddha Yoga						

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Rome, Italy
Makara Rasi: 19.59	Tithi 27	Gulika	7:44AM – 9:15AM	Shravana Until 12:37PM	Ganesha: Clear	Sun 10 Sutra 341
		Yama	3:21PM – 4:53PM	Shiva Until 7:23AM	Muruqa: Orange	Vikarin 5121
		192933468 Rahu	10:47AM – 12:18PM	Kaulava Until 2:30PM	Nataraja: Purple	Moon 3 - Phase 47
Routine Work	Marana Yoga			Dvadashi* Until 3:29AM Sat	Moon – Purple	2nd Phase
Until 12:37PM					Phalguna-Panguni	Sivaloka Day
Then Creative Work - Siddha Yoga						

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Rome, Italy
Kumbha Rasi: 2.03	Tithi 28	Gulika	6:10AM – 7:42AM	Dhanishtha Until 3:12PM	Ganesha: Clear	Sun 11 Sutra 342
		Yama	1:50PM – 3:22PM	Siddha Until 7:53AM	Muruqa: Orange	Vikarin 5121
		192933468 Rahu	9:14AM – 10:46AM	Gara Until 4:36PM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Siddha Yoga			Trayodashi* Until 5:42AM Sun	Moon – Purple	2nd Phase
Until 3:12PM					Phalguna-Panguni	Sivaloka Day
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata (Fasting)</i>

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvashrothapada* Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau		Rome, Italy
Kumbha Rasi: 14.02	Tithi 29	Gulika	3:22PM – 4:54PM	Shatabhishak Until 5:48PM	Ganesha: Clear	Sun 12 Sutra 343
		Yama	12:18PM – 1:50PM	Sadhya Until 8:34AM	Muruqa: Orange	Vikarin 5121
		192933468 Rahu	4:54PM – 6:27PM	Visti Until 6:53PM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Siddha Yoga			Chaturdashi* Until 8:03AM Mon	Moon – Purple	2nd Phase
					Phalguna-Panguni	Sivaloka Day

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvashrothapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Rome, Italy
Kumbha Rasi: 25.58	Tithi 29 – 30	Gulika	1:50PM – 3:23PM	Purvashrothapada* Until 8:51PM	Ganesha: Yellow	Sun 13 Sutra 344
Family Home Evening		Yama	10:45AM – 12:17PM	Subha Until 9:22AM	Muruqa: Orange	Vikarin 5121
Routine Work	Marana Yoga	113933468 Rahu	7:40AM – 9:12AM	Catuspada Until 9:17PM	Nataraja: Purple	Moon 3 - Phase 47
Until 8:51PM				Chaturdashi* Until 8:03AM	Moon – Clear	Amavasya
Then Creative Work - Siddha Yoga					Phalguna-Panguni	Sivaloka Day

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashrothapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Rome, Italy
Meena Rasi: 7.51	Tithi 30 – 1	Gulika	12:17PM – 1:50PM	Uttarashrothapada Until 11:47PM	Ganesha: Yellow	Sun 14 Sutra 345
		Yama	9:11AM – 10:44AM	Sukla Until 10:12AM	Muruqa: Orange	Vikarin 5121
		113933468 Rahu	3:23PM – 4:56PM	Kintughna Until 11:43PM	Nataraja: Purple	Moon 3 - Phase 47
Creative Work	Amrita Yoga			Amavasya* Until 10:28AM	Moon – Clear	Prathama
Until 11:47PM		Yugadhi			Chaitra-Panguni	Sivaloka Day
Then Creative Work - Siddha Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Rome, Italy Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 19.44	Tithi 1 – 2	Gulika 10:43AM – 12:17PM	Revati Until 2:33AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:04AM	
		Yama 7:37AM – 9:10AM	Brahma Until 11:04AM	Muruqa: Orange <i>Sunset:</i> 6:30PM	Moon 3 - Phase 48
		113933468 Rahu 12:17PM – 1:50PM	Balava Until 2:10AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 12:55PM	Moon – Clear	Sivaloka Day
Until 2:33AM Thu				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Rome, Italy Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 1.37	Tithi 2 – 3	Gulika 9:09AM – 10:43AM	Ashvini Until 5:36AM Fri	Ganesha: Red <i>Sunrise:</i> 6:02AM	
		Yama 6:02AM – 7:36AM	Indra Until 11:55AM	Muruqa: Orange <i>Sunset:</i> 6:31PM	Moon 3 - Phase 48
		123933468 Rahu 1:50PM – 3:24PM	Taitila Until 4:33AM Fri	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 3:21PM	Moon – White	Sivaloka Day
Until 5:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Rome, Italy Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 13.31	Tithi 3 – 4	Gulika 7:34AM – 9:08AM	Bharani Until 8:19AM Sat	Ganesha: Red <i>Sunrise:</i> 6:00AM	
		Yama 3:24PM – 4:58PM	Vaidhriti* Until 12:41PM	Muruqa: Orange <i>Sunset:</i> 6:32PM	Moon 3 - Phase 48
		123933468 Rahu 10:42AM – 12:16PM	Vanija Until 6:47AM Sat	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:40PM	Moon – White	Sivaloka Day
Until 8:19AM Sat				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau	Rome, Italy Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 25.29	Tithi 4	Gulika 5:59AM – 7:33AM	Bharani Until 8:19AM	Ganesha: Red <i>Sunrise:</i> 5:59AM	
		Yama 1:50PM – 3:24PM	Vishkambha* Until 1:20PM	Muruqa: Orange <i>Sunset:</i> 6:33PM	Moon 3 - Phase 48
		123933468 Rahu 9:07AM – 10:41AM	Vanija Until 6:47AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 7:47PM	Moon – White	Sivaloka Day
Until 8:19AM				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Rome, Italy Sun 19 Sutra 350 Vikarin 5121
Vrishabha Rasi: 7.34	Tithi 5	Gulika 3:25PM – 5:00PM	Krittika Until 10:37AM	Ganesha: Red <i>Sunrise:</i> 5:57AM	
		Yama 12:16PM – 1:50PM	Priti Until 1:46PM	Muruqa: Orange <i>Sunset:</i> 6:34PM	Moon 3 - Phase 48
		123933468 Rahu 5:00PM – 6:34PM	Bava Until 8:44AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:33PM	Moon – White	Sivaloka Day
				Chaitra•Panguni	

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Rome, Italy Sun 20 Sutra 351 Vikarin 5121
Vrishabha Rasi: 19.48	Tithi 6	Gulika 1:50PM – 3:25PM	Rohini Until 12:50PM	Ganesha: Blue <i>Sunrise:</i> 5:55AM	
Family Home Evening		Yama 10:40AM – 12:15PM	Ayushman Until 1:50PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		133933468 Rahu 7:30AM – 9:05AM	Kaulava Until 10:16AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 10:49PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Rome, Italy Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 2.16	Tithi 7	Gulika 12:15PM – 1:50PM	Mrigashira Until 2:17PM	Ganesha: Blue <i>Sunrise:</i> 5:53AM	
		Yama 9:04AM – 10:40AM	Saubhagya Until 1:26PM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 3 - Phase 48
		133933468 Rahu 3:26PM – 5:01PM	Gara Until 11:13AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:25PM	Moon – Yellow	Subha Sivaloka Day
Until 2:17PM				Chaitra•Panguni	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Rome, Italy Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 15.04	Tithi 8	Gulika 10:40AM – 12:15PM	Ardra Until 2:53PM	Ganesha: Blue <i>Sunrise:</i> 5:53AM	
		Yama 7:29AM – 9:04AM	Sobhana Until 12:29PM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 3 - Phase 48
		133933468 Rahu 12:15PM – 1:50PM	Visti Until 11:26AM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:14PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Rome, Italy Sun 23 Sutra 354 Vikarin 5121
Mithuna Rasi: 28.16	Tithi 9	Gulika 9:03AM – 10:39AM	Punarvasu Until 2:59PM	Ganesha: Yellow <i>Sunrise:</i> 5:52AM	
		Yama 5:52AM – 7:27AM	Athiganda* Until 10:52AM	Muruqa: Orange <i>Sunset:</i> 6:37PM	Moon 3 - Phase 48
		143933468 Rahu 1:50PM – 3:26PM	Balava Until 10:51AM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 10:13PM	Moon – Blue	Sivaloka Day
		Sri Rama Navami		Chaitra•Panguni	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1 Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Rome, Italy Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 11.55	Tithi 10	Gulika 7:26AM – 9:02AM	Pushya Until 2:08PM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM	
		Yama 3:26PM – 5:02PM	Sukarma Until 8:37AM	Muruqa: Orange	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
143933468	Rahu 10:38AM – 12:14PM		Taitila Until 9:26AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Moon – Blue		Sivaloka Day
		Yogaswami Mahasamadhi	Dashami Until 8:25PM	Chaitra•Panguni		

2 Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Rome, Italy Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 26.04	Tithi 11 – 12	Gulika 5:48AM – 7:25AM	Ashlesha* Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	
		Yama 1:50PM – 3:27PM	Shula* Until 2:20AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49
143933468	Rahu 9:01AM – 10:38AM		Vanija Until 7:15AM	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Moon – Blue		Sivaloka Day
Until 12:24PM			Ekadashi Until 5:54PM	Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

3 Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rome, Italy Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 10.39	Tithi 12 – 13	Gulika 3:27PM – 5:04PM	Magha* Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 5:47AM	
		Yama 12:14PM – 1:50PM	Ganda* Until 10:29PM	Muruqa: Orange	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 49
153933468	Rahu 5:04PM – 6:41PM		Kaulava Until 1:05AM Mon	Nataraja: Purple		4th Phase
Routine Work	Marana Yoga			Moon – Red		Subha Sivaloka Day
Until 10:19AM			Dvadashi Until 2:47PM	Chaitra•Panguni		
Then Creative Work - Siddha Yoga						
				<i>Pradosha Vrata</i>		

4 Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rome, Italy Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 25.37	Tithi 13 – 14	Gulika 1:51PM – 3:28PM	Purvaphalguni Until 7:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	
		Yama 10:36AM – 12:13PM	Vriddhi Until 6:21PM	Muruqa: Orange	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 49
154933468	Rahu 7:22AM – 8:59AM		Gara Until 9:23PM	Nataraja: Purple		4th Phase
Family Home Evening				Moon – Red		Sivaloka Day
Creative Work	Siddha Yoga		Trayodashi Until 11:15AM	Chaitra•Panguni		

○ Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Rome, Italy Sun 28 Sutra 359 Vikarin 5121
Copper Retreat Star		Gulika 12:13PM – 1:51PM	Hasta Until 1:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	
Kanya Rasi: 10.5	Tithi 14 – 15	Yama 8:58AM – 10:36AM	Dhruva Until 2:01PM	Muruqa: Orange	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 49
164933468	Rahu 3:28PM – 5:05PM		Bava Until 3:33AM Wed	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga			Moon – Green		Devaloka Day
		Panguni Uttiram	Chaturdashi* Until 7:27AM	Chaitra•Panguni		
		Hanuman Jayanti				

Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Rome, Italy Sun 29 Sutra 360 Vikarin 5121
Silver Retreat Star		Gulika 10:35AM – 12:13PM	Chitra Until 10:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	
Kanya Rasi: 26.08	Tithi 16	Yama 7:20AM – 8:57AM	Vyaghata* Until 9:40AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 49
164934468	Rahu 12:13PM – 1:51PM		Balava Until 1:39PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga			Moon – Green		Devaloka Day
			Prathama* Until 11:45PM	Chaitra•Panguni		



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Rome, Italy
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 11.21 Tithi 17

164134468

Gulika 8:56AM – 10:35AM
Yama 5:40AM – 7:18AM
Rahu 1:51PM – 3:29PM

Svati Until 7:39PM
Vajra* Until 1:28AM Fri
Taitila Until 9:57AM
Dvitiya Until 8:12PM

Ganesha: White *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 7:39PM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Rome, Italy
Sun 1
Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 26.19 Tithi 18 – 19

174134468

Gulika 7:17AM – 8:55AM
Yama 3:29PM – 5:08PM
Rahu 10:34AM – 12:12PM

Vishakha Until 5:27PM
Siddhi Until 9:54PM
Vanija Until 6:36AM
Tritiya Until 5:06PM

Ganesha: Yellow *Sunrise:* 5:39AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rome, Italy
Sun 2
Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 10.53 Tithi 19 – 20

174134468

Gulika 5:37AM – 7:16AM
Yama 1:51PM – 3:30PM
Rahu 8:55AM – 10:33AM

Anuradha Until 3:43PM
Vyatipata* Until 6:51PM
Kaulava Until 1:36AM Sun
Chaturthi* Until 2:34PM

Ganesha: Yellow *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rome, Italy
Sun 3
Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 24.59 Tithi 20 – 21

174134468

Gulika 3:30PM – 5:09PM
Yama 12:12PM – 1:51PM
Rahu 5:09PM – 6:48PM

Jyeshtha* Until 2:33PM
Varyan Until 4:23PM
Gara Until 12:12AM Mon
Panchami Until 12:47PM

Ganesha: Yellow *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:48PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 2:33PM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rome, Italy
Sun 4
Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 8.37 Tithi 21 – 22

184134468

Gulika 1:51PM – 3:30PM
Yama 10:32AM – 12:12PM
Rahu 7:13AM – 8:53AM

Mula* Until 2:31PM
Parigha* Until 2:36PM
Visti Until 11:39PM
Shashthi* Until 11:48AM

Ganesha: Blue *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:49PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 2:31PM

Then Routine Work - Marana Yoga

Tamil New Year

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rome, Italy
Sun 5
Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 21.46 Tithi 22 – 23

284134468

Gulika 12:11PM – 1:51PM
Yama 8:52AM – 10:32AM
Rahu 3:31PM – 5:11PM

Purvashadha* Until 3:09PM
Shiva Until 1:30PM
Balava Until 11:57PM
Saptami Until 11:41AM

Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:50PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 3:09PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rome, Italy
Sun 6
Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 4.29 Tithi 23 – 24

284134468

Gulika 10:31AM – 12:11PM
Yama 7:11AM – 8:51AM
Rahu 12:11PM – 1:51PM

Uttarashadha Until 4:24PM
Siddha Until 1:00PM
Taitila Until 12:59AM Thu
Ashtami* Until 12:22PM

Ganesha: Yellow *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 6:52PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 4:24PM

Then Creative Work - Siddha Yoga

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Rome, Italy
	Makara Rasi: 16.54	Tithi 24 – 25	294134468	Gulika 8:50AM – 10:30AM Yama 5:29AM – 7:09AM Rahu 1:51PM – 3:32PM	Shravana Until 6:36PM Sadhya Until 1:02PM Vanija Until 2:38AM Fri Navami* Until 1:44PM	Ganesha: Blue <i>Sunrise:</i> 5:29AM Muruqa: Clear <i>Sunset:</i> 6:53PM Nataraja: Purple Moon – Purple	Sun 7 Sutra 4 Sarvari 5122 Moon 4 - Phase 1 2nd Phase
	Creative Work	Siddha Yoga		Chidambaram Abhishekam		Chaitra•Chaitra	Devaloka Day

2	Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Rome, Italy
	Makara Rasi: 29.04	Tithi 25 – 26	294134468	Gulika 7:08AM – 8:49AM Yama 3:32PM – 5:13PM Rahu 10:30AM – 12:11PM	Dhanishtha Until 9:07PM Subha Until 1:30PM Bava Until 4:43AM Sat Dashami Until 3:37PM	Ganesha: Blue <i>Sunrise:</i> 5:27AM Muruqa: Clear <i>Sunset:</i> 6:54PM Nataraja: Purple Moon – Purple	Sun 8 Sutra 5 Sarvari 5122 Moon 4 - Phase 1 2nd Phase
	Creative Work	Siddha Yoga				Chaitra•Chaitra	Devaloka Day


3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rome, Italy
	Kumbha Rasi: 11.05	Tithi 26 – 27	295134468	Gulika 5:26AM – 7:07AM Yama 1:51PM – 3:33PM Rahu 8:48AM – 10:29AM	Shatabhishak Until 11:46PM Sukla Until 2:12PM Kaulava Until 7:03AM Sun Ekadashi* Until 5:51PM	Ganesha: Yellow <i>Sunrise:</i> 5:26AM Muruqa: Clear <i>Sunset:</i> 6:55PM Nataraja: Purple Moon – Purple	Sun 9 Sutra 6 Sarvari 5122 Moon 4 - Phase 1 2nd Phase
	Creative Work	Amrita Yoga				Chaitra•Chaitra	Sivaloka Day
	Until 11:46PM	Then Routine Work - Marana Yoga					


4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rome, Italy
	Kumbha Rasi: 22.59	Tithi 27	215134468	Gulika 3:33PM – 5:14PM Yama 12:10PM – 1:52PM Rahu 5:14PM – 6:56PM	Purvaproshtapada* Until 2:53AM Mon Brahma Until 3:04PM Kaulava Until 7:03AM Dvadashi* Until 8:15PM	Ganesha: Yellow <i>Sunrise:</i> 5:24AM Muruqa: Clear <i>Sunset:</i> 6:56PM Nataraja: Purple Moon – Clear	Sun 10 Sutra 7 Sarvari 5122 Moon 4 - Phase 1 2nd Phase
	Creative Work	Siddha Yoga				Chaitra•Chaitra	Sivaloka Day

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Rome, Italy
	Meena Rasi: 4.52	Tithi 28	215134468	Gulika 1:52PM – 3:33PM Yama 10:28AM – 12:10PM Rahu 7:05AM – 8:46AM	Uttaraproshtapada Until 5:51AM Tue Indra Until 4:00PM Gara Until 9:30AM Trayodashi* Until 10:42PM	Ganesha: Yellow <i>Sunrise:</i> 5:23AM Muruqa: Clear <i>Sunset:</i> 6:57PM Nataraja: Purple Moon – Clear	Sun 11 Sutra 8 Sarvari 5122 Moon 4 - Phase 1 2nd Phase
	Family Home Evening					Chaitra•Chaitra	Sivaloka Day
	Creative Work	Siddha Yoga					

Pradosha Vrata (Fasting)

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rome, Italy
	Meena Rasi: 16.44	Tithi 29	215134468	Gulika 12:10PM – 1:52PM Yama 8:46AM – 10:28AM Rahu 3:34PM – 5:16PM	Revati Until 8:35AM Wed Vaidhriti* Until 4:53PM Visti Until 11:56AM Chaturdashi* Until 1:06AM Wed	Ganesha: Yellow <i>Sunrise:</i> 5:21AM Muruqa: Clear <i>Sunset:</i> 6:58PM Nataraja: Purple Moon – Clear	Sun 12 Sutra 9 Sarvari 5122 Moon 4 - Phase 1 2nd Phase
	Creative Work	Siddha Yoga				Chaitra•Chaitra	Sivaloka Day
	Until 8:35AM Wed	Then Routine Work - Marana Yoga					

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rome, Italy
	Meena Rasi: 28.37	Tithi 30	215134468	Gulika 10:27AM – 12:10PM Yama 7:02AM – 8:45AM Rahu 12:10PM – 1:52PM	Revati Until 8:35AM Vishkambha* Until 5:43PM Catuspada Until 2:17PM Amavasya* Until 3:23AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:20AM Muruqa: Clear <i>Sunset:</i> 6:59PM Nataraja: Purple Moon – Clear	Sun 13 Sutra 10 Sarvari 5122 Moon 4 - Phase 1 Amavasya
	Routine Work	Marana Yoga				Chaitra•Chaitra	Sivaloka Day

	Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Rome, Italy
	Mesha Rasi: 10.34	Tithi 1	225134468	Gulika 8:44AM – 10:27AM Yama 5:18AM – 7:01AM Rahu 1:52PM – 3:35PM	Ashvini Until 11:31AM Priti Until 6:27PM Kintughna Until 4:29PM Prathama* Until 5:29AM Fri	Ganesha: Red <i>Sunrise:</i> 5:18AM Muruqa: Clear <i>Sunset:</i> 7:00PM Nataraja: Purple Moon – White	Sun 14 Sutra 11 Sarvari 5122 Moon 4 - Phase 1 Prathama
	Creative Work	Amrita Yoga				Vaisaka•Chaitra	Sivaloka Day
	Until 11:31AM	Then Creative Work - Siddha Yoga					

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau				Rome, Italy Sun 15 Sutra 12
Mesha Rasi: 22.35	Tithi 2	Gulika 7:00AM – 8:43AM	Bharani Until 2:06PM	Ganesha: Red	<i>Sunrise:</i> 5:17AM		Sarvari 5122	
		Yama 3:35PM – 5:18PM	Ayushman Until 6:59PM	Muruḡa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 2		
		225134469 Rahu 10:26AM – 12:09PM	Balava Until 6:28PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Dvitiya Until 7:21AM Sat	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rome, Italy Sun 16 Sutra 13
Vrishabha Rasi: 4.41	Tithi 2 – 3	Gulika 5:16AM – 6:59AM	Krittika Until 4:16PM	Ganesha: Red	<i>Sunrise:</i> 5:16AM		Sarvari 5122	
		Yama 1:52PM – 3:36PM	Saubhagya Until 7:19PM	Muruḡa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2		
		225134469 Rahu 8:42AM – 10:26AM	Taitila Until 8:11PM	Nataraja: Clear		3rd Phase		
Creative Work	Amrita Yoga		Dvitiya Until 7:21AM	Moon – White		Devaloka Day		
				Vaisaka-Chaitra				

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Rome, Italy Sun 17 Sutra 14
Vrishabha Rasi: 16.55	Tithi 3 – 4	Gulika 3:36PM – 5:20PM	Rohini Until 6:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM		Sarvari 5122	
		Yama 12:09PM – 1:52PM	Sobhana Until 7:24PM	Muruḡa: Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 2		
		235134469 Rahu 5:20PM – 7:03PM	Vanija Until 9:32PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Tritiya Until 8:53AM	Moon – Yellow		Devaloka Day		
		Akshaya Tritiya		Vaisaka-Chaitra				

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rome, Italy Sun 18 Sutra 15
Vrishabha Rasi: 29.19	Tithi 4 – 5	Gulika 1:53PM – 3:37PM	Mrigashira Until 8:00PM	Ganesha: Yellow	<i>Sunrise:</i> 5:13AM		Sarvari 5122	
Family Home Evening		Yama 10:25AM – 12:09PM	Athiganda* Until 7:07PM	Muruḡa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 2		
Creative Work	Amrita Yoga	235134469 Rahu 6:57AM – 8:41AM	Bava Until 10:27PM	Nataraja: Clear		3rd Phase		
Until 8:00PM			Chaturthi* Until 10:02AM	Moon – Yellow		Devaloka Day		
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra				

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rome, Italy Sun 19 Sutra 16
Mithuna Rasi: 11.56	Tithi 5 – 6	Gulika 12:09PM – 1:53PM	Ardra Until 8:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:11AM		Sarvari 5122	
		Yama 8:40AM – 10:24AM	Sukarma Until 6:27PM	Muruḡa: Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 2		
		236134469 Rahu 3:37PM – 5:21PM	Kaulava Until 10:49PM	Nataraja: Clear		3rd Phase		
Routine Work	Marana Yoga		Panchami Until 10:41AM	Moon – Yellow		Bhuloka Day		
Until 8:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rome, Italy Sun 20 Sutra 17
Mithuna Rasi: 24.49	Tithi 6 – 7	Gulika 10:24AM – 12:08PM	Punarvasu Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM		Sarvari 5122	
		Yama 6:55AM – 8:39AM	Dhriti Until 5:19PM	Muruḡa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 2		
		246134469 Rahu 12:08PM – 1:53PM	Gara Until 10:34PM	Nataraja: Clear		3rd Phase		
Creative Work	Siddha Yoga		Shashthi* Until 10:45AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rome, Italy Sun 21 Sutra 18
Kataka Rasi: 8.01	Tithi 7 – 8	Gulika 8:38AM – 10:23AM	Pushya Until 9:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM		Sarvari 5122	
		Yama 5:09AM – 6:54AM	Shula* Until 3:39PM	Muruḡa: Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 2		
		246134469 Rahu 1:53PM – 3:38PM	Visti Until 9:40PM	Nataraja: Clear		Ashtami		
Creative Work	Amrita Yoga		Saptami Until 10:11AM	Moon – Blue		Devaloka Day		
Until 9:23PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rome, Italy Sun 22 Sutra 19
Kataka Rasi: 21.34	Tithi 8 – 9	Gulika 6:52AM – 8:37AM	Ashlesha* Until 8:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM		Sarvari 5122	
		Yama 3:39PM – 5:24PM	Ganda* Until 1:27PM	Muruḡa: Clear	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 2		
		246134469 Rahu 10:23AM – 12:08PM	Balava Until 8:06PM	Nataraja: Clear		Navami		
Routine Work	Marana Yoga		Ashtami* Until 8:57AM	Moon – Blue		Devaloka Day		
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Rome, Italy Sutra 20
Simha Rasi: 5.32	Tithi 9 – 10	Gulika 5:05AM – 6:51AM	Magha* Until 7:06PM	Ganesha: White	<i>Sunrise:</i> 5:05AM	Sarvari 5122
		Yama 1:54PM – 3:39PM	Vriddhi Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 3
		256134469 Rahu 8:36AM – 10:22AM	Gara Until 4:36AM Sun	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Navami* Until 7:04AM	Moon – Red		
Until 7:06PM				Vaisaka*Chaitra		Bhuloka Day
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Rome, Italy Sutra 21
Simha Rasi: 19.53	Tithi 11	Gulika 3:40PM – 5:26PM	Purvaphalguni Until 5:08PM	Ganesha: White	<i>Sunrise:</i> 5:04AM	Sarvari 5122
		Yama 12:08PM – 1:54PM	Dhruva Until 7:34AM	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3
		256134469 Rahu 5:26PM – 7:12PM	Vanija Until 3:11PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 1:38AM Mon	Moon – Red		
Until 5:08PM				Vaisaka*Chaitra		Bhuloka Day
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Rome, Italy Sutra 22
Kanya Rasi: 4.34	Tithi 12	Gulika 1:54PM – 3:40PM	Uttaraphalguni Until 2:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Sarvari 5122
Family Home Evening		Yama 10:21AM – 12:08PM	Harshana Until 12:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 3
		256234469 Rahu 6:49AM – 8:35AM	Bava Until 12:02PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:20PM	Moon – Red		
				Vaisaka*Chaitra		Devaloka Day

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Rome, Italy Sutra 23
Kanya Rasi: 19.31	Tithi 13	Gulika 12:08PM – 1:54PM	Hasta Until 12:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:01AM	Sarvari 5122
		Yama 8:34AM – 10:21AM	Vajra* Until 8:09PM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 3
		267234469 Rahu 3:41PM – 5:28PM	Kaulava Until 8:36AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:48PM	Moon – Green		
				Vaisaka*Chaitra		Devaloka Day
						<i>Pradosha Vrata</i>

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Rome, Italy Sutra 24
Tula Rasi: 4.34	Tithi 14 – 15	Gulika 10:21AM – 12:08PM	Chitra Until 9:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	Sarvari 5122
		Yama 6:47AM – 8:34AM	Siddhi Until 4:06PM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 3
		267234469 Rahu 12:08PM – 1:54PM	Visli Until 1:29AM Thu	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:14PM	Moon – Green		
				Vaisaka*Chaitra		Devaloka Day

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Rome, Italy Sutra 25
Tula Rasi: 19.37	Tithi 15 – 16	Gulika 8:33AM – 10:20AM	Svati Until 6:28AM	Ganesha: Clear	<i>Sunrise:</i> 4:59AM	Sarvari 5122
		Yama 4:59AM – 6:46AM	Vyatipata* Until 12:09PM	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 3
		267234469 Rahu 1:55PM – 3:42PM	Balava Until 10:07PM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Purnima* Until 11:45AM	Moon – Green		
Until 6:28AM				Vaisaka*Chaitra		Devaloka Day
Then Creative Work - Siddha Yoga		Budha Purnima (Tamil Nadu)				

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Rome, Italy Sutra 26
Vrischika Rasi: 4.28	Tithi 16 – 17	Gulika 6:45AM – 8:33AM	Anuradha Until 2:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:58AM	Sarvari 5122
		Yama 3:42PM – 5:30PM	Variyan Until 8:25AM	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 3
		277234469 Rahu 10:20AM – 12:07PM	Taitila Until 7:07PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:33AM	Moon – Orange		
				Vaisaka*Chaitra		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda