



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Tula Rasi: 29.37 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 3:32PM – 5:24PM  
**Yama** 11:47AM – 1:40PM  
**Rahu** 5:24PM – 7:17PM

**Vishakha** **Until 12:28PM**  
**Vyatipata\*** **Until 10:59PM**  
**Vanija** **Until 7:23PM**  
**Dvitiya** **Until 8:01AM**

**Ganesha:** Blue *Sunrise:* 4:18AM  
**Muruqa:** Yellow *Sunset:* 7:17PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

Stockholm, Sweden  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**1**

**Monday, April 22, 2019**

Vrischika Rasi: 13.12 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 1:40PM – 3:33PM  
**Yama** 9:54AM – 11:47AM  
**Rahu** 6:08AM – 8:01AM

**Anuradha** **Until 12:13PM**  
**Variyan** **Until 9:23PM**  
**Bava** **Until 6:39PM**  
**Tritiya** **Until 6:54AM**

**Ganesha:** Blue *Sunrise:* 4:15AM  
**Muruqa:** Yellow *Sunset:* 7:19PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

Stockholm, Sweden  
Sun 1 Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**2**

**Tuesday, April 23, 2019**

Vrischika Rasi: 26.22 Tithi 19 – 20

Routine Work Marana Yoga

Until 12:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:47AM – 1:41PM  
**Yama** 8:00AM – 9:53AM  
**Rahu** 3:34PM – 5:28PM

**Jyeshtha\*** **Until 12:35PM**  
**Parigha\*** **Until 8:27PM**  
**Kaulava** **Until 6:43PM**  
**Chaturthi\*** **Until 6:33AM**

**Ganesha:** Blue *Sunrise:* 4:12AM  
**Muruqa:** Yellow *Sunset:* 7:21PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra\*Chaitra**

Stockholm, Sweden  
Sun 2 Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 9.07 Tithi 20 – 21

Routine Work Marana Yoga

Until 2:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 9:52AM – 11:47AM  
**Yama** 6:04AM – 7:58AM  
**Rahu** 11:47AM – 1:41PM

**Mula\*** **Until 2:04PM**  
**Shiva** **Until 8:09PM**  
**Gara** **Until 7:36PM**  
**Panchami** **Until 7:02AM**

**Ganesha:** Yellow *Sunrise:* 4:10AM  
**Muruqa:** Yellow *Sunset:* 7:24PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra\*Chaitra**

Stockholm, Sweden  
Sun 3 Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 21.31 Tithi 21 – 22

Creative Work Siddha Yoga

Until 4:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 7:57AM – 9:52AM  
**Yama** 4:07AM – 6:02AM  
**Rahu** 1:41PM – 3:36PM

**Purvashadha\*** **Until 4:08PM**  
**Siddha** **Until 8:23PM**  
**Visti** **Until 9:12PM**  
**Shashthi\*** **Until 8:18AM**

**Ganesha:** Yellow *Sunrise:* 4:07AM  
**Muruqa:** Yellow *Sunset:* 7:26PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

Stockholm, Sweden  
Sun 4 Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**D**

**Friday, April 26, 2019**

**Retreat Star**

Makara Rasi: 3.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 6:00AM – 7:55AM  
**Yama** 3:37PM – 5:33PM  
**Rahu** 9:51AM – 11:46AM

**Uttarashadha** **Until 6:35PM**  
**Sadhya** **Until 9:04PM**  
**Balava** **Until 11:22PM**  
**Saptami** **Until 10:13AM**

**Ganesha:** Red *Sunrise:* 4:04AM  
**Muruqa:** Yellow *Sunset:* 7:29PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

Stockholm, Sweden  
Sun 5 Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Devaloka Day**

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 15.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 4:01AM – 5:58AM  
**Yama** 1:42PM – 3:39PM  
**Rahu** 7:54AM – 9:50AM

**Shravana** **Until 9:44PM**  
**Subha** **Until 10:01PM**  
**Taitila** **Until 1:51AM Sun**  
**Ashtami\*** **Until 12:34PM**

**Ganesha:** Green *Sunrise:* 4:01AM  
**Muruqa:** Yellow *Sunset:* 7:31PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra\*Chaitra**

Stockholm, Sweden  
Sun 6 Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stockholm, Sweden Sun 7 Sutra 14
Makara Rasi: 27.23	Tithi 24 – 25	<b>Gulika</b> 3:40PM – 5:37PM	<b>Dhanishtha</b> Until 12:48AM Mon	<b>Ganesha:</b> Green <i>Sunrise:</i> 3:59AM		Vikarin 5121
	294583469	Yama 11:46AM – 1:43PM	Sukla Until 11:01PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:33PM		Moon 4 - Phase 3
Routine Work	Marana Yoga	<b>Rahu</b> 5:37PM – 7:33PM	Vanija Until 4:24AM Mon	<b>Nataraja:</b> Clear		2nd Phase
Until 12:48AM Mon			<b>Navami*</b> Until 3:06PM	Moon – Purple	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 8 Sutra 15
Kumbha Rasi: 9.13	Tithi 25 – 26	<b>Gulika</b> 1:43PM – 3:41PM	<b>Shatabhishak</b> Until 3:34AM Tue	<b>Ganesha:</b> Green <i>Sunrise:</i> 3:56AM		Vikarin 5121
<b>Family Home Evening</b>	294583469	Yama 9:48AM – 11:46AM	Brahma Until 11:57PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:36PM		Moon 4 - Phase 3
Creative Work	Siddha Yoga	<b>Rahu</b> 5:54AM – 7:51AM	Bava Until 6:46AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Until 3:34AM Tue			<b>Dashami</b> Until 5:36PM	Moon – Purple	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 16
Kumbha Rasi: 21.07	Tithi 26	<b>Gulika</b> 11:46AM – 1:44PM	<b>Purvaproshtapada*</b> Until 6:21AM Wed	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:53AM		Vikarin 5121
	214583469	Yama 7:50AM – 9:48AM	Indra Until 12:39AM Wed	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:38PM		Moon 4 - Phase 3
Routine Work	Marana Yoga	<b>Rahu</b> 3:42PM – 5:40PM	Bava Until 6:46AM	<b>Nataraja:</b> Clear		2nd Phase
Until 6:21AM Wed			<b>Ekadashi*</b> Until 7:49PM	Moon – Clear	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 17
Meena Rasi: 3.08	Tithi 27	<b>Gulika</b> 9:47AM – 11:46AM	<b>Purvaproshtapada*</b> Until 6:21AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:51AM		Vikarin 5121
	214583469	Yama 5:50AM – 7:48AM	Vaidhriti* Until 12:59AM Thu	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:40PM		Moon 4 - Phase 3
Creative Work	Amrita Yoga	<b>Rahu</b> 11:46AM – 1:44PM	Kaulava Until 8:47AM	<b>Nataraja:</b> Clear		2nd Phase
Until 6:21AM			<b>Dvadashi*</b> Until 9:36PM	Moon – Clear	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 18
Meena Rasi: 15.22	Tithi 28	<b>Gulika</b> 7:47AM – 9:46AM	<b>Uttaraproshtapada</b> Until 8:31AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:48AM		Vikarin 5121
	215583469	Yama 3:48AM – 5:48AM	Vishkambha* Until 12:56AM Fri	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:43PM		Moon 4 - Phase 3
Creative Work	Siddha Yoga	<b>Rahu</b> 1:45PM – 3:44PM	Gara Until 10:19AM	<b>Nataraja:</b> Clear		2nd Phase
Until 10:01AM			<b>Trayodashi*</b> Until 10:52PM	Moon – Clear	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

*Pradosha Vrata (Fasting)*

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 19
Meena Rasi: 27.48	Tithi 29	<b>Gulika</b> 5:46AM – 7:46AM	<b>Revati</b> Until 10:01AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:46AM		Vikarin 5121
	215583469	Yama 3:45PM – 5:45PM	Priti Until 12:28AM Sat	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:45PM		Moon 4 - Phase 3
Creative Work	Siddha Yoga	<b>Rahu</b> 9:45AM – 11:45AM	Visti Until 11:19AM	<b>Nataraja:</b> Clear		2nd Phase
Until 10:01AM			<b>Chaturdashi*</b> Until 11:36PM	Moon – Clear	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 20
Mesha Rasi: 10.29	Tithi 30	<b>Gulika</b> 3:43AM – 5:44AM	<b>Ashvini</b> Until 11:18AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:43AM		Vikarin 5121
	225583469	Yama 1:46PM – 3:46PM	Ayushman Until 11:34PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:48PM		Moon 4 - Phase 3
Creative Work	Siddha Yoga	<b>Rahu</b> 7:44AM – 9:45AM	Catuspada Until 11:47AM	<b>Nataraja:</b> Clear		Amavasya
Until 11:55AM			<b>Amavasya*</b> Until 11:47PM	Moon – White	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 14 Sutra 21
Mesha Rasi: 23.26	Tithi 1	<b>Gulika</b> 3:48PM – 5:49PM	<b>Bharani</b> Until 11:55AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:40AM		Vikarin 5121
	225583469	Yama 11:45AM – 1:46PM	Saubhagya Until 10:18PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:50PM		Moon 4 - Phase 3
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 5:49PM – 7:50PM	Kintughna Until 11:43AM	<b>Nataraja:</b> Clear		Prathama
Until 11:55AM			<b>Prathama*</b> Until 11:30PM	Moon – White	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka*Chaitra</b>	Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau			Stockholm, Sweden Sun 15 Sutra 22
<b>1</b>		<b>Gulika</b> 1:47PM – 3:49PM	<b>Krittika</b> Until 11:58AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:38AM	Vikarin 5121
Vrishabha Rasi: 7	Tithi 2	Yama 9:43AM – 11:45AM	Sobhana Until 8:43PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:52PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 5:40AM – 7:42AM	Balava Until 11:13AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga				Moon – White	
Until 11:58AM			<b>Dvitiya</b> Until 10:49PM	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau			Stockholm, Sweden Sun 16 Sutra 23
<b>2</b>		<b>Gulika</b> 11:45AM – 1:47PM	<b>Rohini</b> Until 11:56AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:35AM	Vikarin 5121
Vrishabha Rasi: 19.59	Tithi 3	Yama 7:40AM – 9:43AM	Athiganda* Until 6:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:52PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 3:50PM – 5:52PM	Taitila Until 10:21AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga				Moon – Yellow	
Until 11:56AM		<b>Akshaya Tritiya</b>	<b>Tritiya</b> Until 9:46PM	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Vishti* Karana Chaturthyam Titau			Stockholm, Sweden Sun 17 Sutra 24
<b>3</b>		<b>Gulika</b> 9:42AM – 11:45AM	<b>Mrigashira</b> Until 11:27AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:33AM	Vikarin 5121
Mithuna Rasi: 3.33	Tithi 4	Yama 5:36AM – 7:39AM	Sukarma Until 4:44PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:57PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 11:45AM – 1:48PM	Vanija Until 9:10AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga				Moon – Yellow	
			<b>Chaturthi*</b> Until 8:27PM	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau			Stockholm, Sweden Sun 18 Sutra 25
<b>4</b>		<b>Gulika</b> 7:38AM – 9:41AM	<b>Ardra</b> Until 10:35AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 3:31AM	Vikarin 5121
Mithuna Rasi: 17.16	Tithi 5	Yama 3:31AM – 5:34AM	Dhriti Until 2:28PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:59PM	Moon 4 - Phase 4
235583469		<b>Rahu</b> 1:49PM – 3:52PM	Bava Until 7:43AM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga				Moon – Yellow	
Until 10:35AM			<b>Panchami</b> Until 6:54PM	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau			Stockholm, Sweden Sun 19 Sutra 26
<b>5</b>		<b>Gulika</b> 5:32AM – 7:37AM	<b>Punarvasu</b> Until 9:48AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 3:28AM	Vikarin 5121
Kataka Rasi: 1.07	Tithi 6 – 7	Yama 3:53PM – 5:57PM	Shula* Until 11:59AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:02PM	Moon 4 - Phase 4
245583469		<b>Rahu</b> 9:41AM – 11:45AM	Kaulava Until 6:04AM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga				Moon – Blue	
Until 9:48AM			<b>Shashthi*</b> Until 5:09PM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Vishti* Karana Saplamyashamyam Titau			Stockholm, Sweden Sun 20 Sutra 27
<b>6</b>		<b>Gulika</b> 3:26AM – 5:31AM	<b>Pushya</b> Until 8:40AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 3:26AM	Vikarin 5121
Kataka Rasi: 15.05	Tithi 7 – 8	Yama 1:50PM – 3:54PM	Ganda* Until 9:22AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:04PM	Moon 4 - Phase 4
245583469		<b>Rahu</b> 7:35AM – 9:40AM	Vishti Until 2:11AM Sun	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga				Moon – Blue	
Until 8:40AM			<b>Saptami</b> Until 3:12PM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Stockholm, Sweden Sun 21 Sutra 28
<b>Retreat Star</b>		<b>Gulika</b> 3:56PM – 6:01PM	<b>Ashlesha*</b> Until 7:14AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:23AM	Vikarin 5121
Kataka Rasi: 29.11	Tithi 8 – 9	Yama 11:45AM – 1:50PM	Vridhhi Until 6:38AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:06PM	Moon 4 - Phase 4
246583469		<b>Rahu</b> 6:01PM – 8:06PM	Balava Until 12:00AM Mon	<b>Nataraja:</b> Clear	Ashtami
Creative Work Siddha Yoga				Moon – Blue	
Until 7:14AM		<b>Mother's Day</b>	<b>Ashtami*</b> Until 1:05PM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					


<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Stockholm, Sweden Sun 22 Sutra 29
<b>Retreat Star</b>		<b>Gulika</b> 1:51PM – 3:57PM	<b>Purvaphalguni</b> Until 4:22AM Tue	<b>Ganesha:</b> White <i>Sunrise:</i> 3:21AM	Vikarin 5121
Simha Rasi: 13.22	Tithi 9 – 10	Yama 9:39AM – 11:45AM	Vyaghata* Until 12:46AM Tue	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:08PM	Moon 4 - Phase 4
256583469		<b>Rahu</b> 5:27AM – 7:33AM	Taitila Until 9:41PM	<b>Nataraja:</b> Clear	Navami
Creative Work Siddha Yoga				Moon – Red	
Until 4:22AM Tue			<b>Navami*</b> Until 10:50AM	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, May 14, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stockholm, Sweden Sun 23 Sutra 30	
Simha Rasi: 27.38	Tithi 10 – 11	<b>Gulika</b> 11:45AM – 1:51PM	<b>Uttaraphalguni</b> Until 2:37AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:19AM			Vikarin 5121	
		Yama 7:32AM – 9:38AM	Harshana Until 9:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:11PM			Moon 4 - Phase 5	
		266583469 <b>Rahu</b> 3:58PM – 6:04PM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:29AM	Moon – Red			<b>Bhuloka Day</b>		
Until 2:37AM Wed				<b>Vaisaka-Chaitra</b>			Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Wednesday, May 15, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau		Stockholm, Sweden Sun 24 Sutra 31	
Kanya Rasi: 11.55	Tithi 11 – 12	<b>Gulika</b> 9:38AM – 11:45AM	<b>Hasta</b> Until 1:11AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:17AM			Vikarin 5121	
		Yama 5:24AM – 7:31AM	Vajra* Until 6:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:13PM			Moon 4 - Phase 5	
		266583469 <b>Rahu</b> 11:45AM – 1:52PM	Balava Until 3:45AM Thu	<b>Nataraja:</b> Clear				4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 6:06AM	Moon – Green			<b>Devaloka Day</b>		
Until 1:11AM Thu				<b>Vaisaka-Vaikasi</b>					
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Thursday, May 16, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stockholm, Sweden Sun 25 Sutra 32	
Kanya Rasi: 26.11	Tithi 13	<b>Gulika</b> 7:30AM – 9:37AM	<b>Chitra</b> Until 11:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:14AM			Vikarin 5121	
		Yama 3:14AM – 5:22AM	Siddhi Until 3:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:15PM			Moon 4 - Phase 5	
		266583469 <b>Rahu</b> 1:52PM – 4:00PM	Kaulava Until 2:39PM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 1:34AM Fri	Moon – Green			<b>Devaloka Day</b>		
Until 11:45PM				<b>Vaisaka-Vaikasi</b>					
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>						

<b>4</b>		<b>Friday, May 17, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau		Stockholm, Sweden Sun 26 Sutra 33	
Tula Rasi: 10.19	Tithi 14	<b>Gulika</b> 5:20AM – 7:28AM	<b>Svati</b> Until 10:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:12AM			Vikarin 5121	
		Yama 4:01PM – 6:09PM	Vyatipata* Until 1:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:17PM			Moon 4 - Phase 5	
		266583469 <b>Rahu</b> 9:37AM – 11:45AM	Gara Until 12:35PM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:39PM	Moon – Green			<b>Devaloka Day</b>		
				<b>Vaisaka-Vaikasi</b>					

		<b>Saturday, May 18, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau		Stockholm, Sweden Sun 27 Sutra 34	
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:10AM – 5:19AM	<b>Vishakha</b> Until 9:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:10AM			Vikarin 5121	
Tula Rasi: 24.17	Tithi 15	Yama 1:54PM – 4:02PM	Variyan Until 10:37AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:20PM			Moon 4 - Phase 5	
		276583469 <b>Rahu</b> 7:27AM – 9:36AM	Visti Until 10:52AM	<b>Nataraja:</b> Clear				Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:09PM	Moon – Orange			<b>Bhuloka Day</b>		
				<b>Vaisaka-Vaikasi</b>			Devaloka Time: 3:PM to 6:PM		

<b>0</b>		<b>Sunday, May 19, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau		Stockholm, Sweden Sutra 35	
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:03PM – 6:13PM	<b>Anuradha</b> Until 9:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:08AM			Vikarin 5121	
Vrischika Rasi: 7.58	Tithi 16	Yama 11:45AM – 1:54PM	Parigha* Until 8:32AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:22PM			Moon 4 - Phase 5	
		277583469 <b>Rahu</b> 6:13PM – 8:22PM	Balava Until 9:36AM	<b>Nataraja:</b> Clear				Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 9:10PM	Moon – Orange			<b>Devaloka Day</b>		
				<b>Vaisaka-Vaikasi</b>					



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 21.19 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika 1:55PM – 4:04PM**  
Yama 9:35AM – 11:45AM  
**Rahu 5:16AM – 7:25AM**  
**Jyeshtha\* Until 9:47PM**  
Shiva Until 6:56AM  
Taitila Until 8:56AM  
**Dvitiya Until 8:49PM**

Stockholm, Sweden  
Sun 1 Sutra 36 Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Yellow Sunrise: 3:06AM  
Muruga: Yellow Sunset: 8:24PM  
Nataraja: Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 4.19 Tithi 18  
Creative Work Amrita Yoga  
Until 10:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika 11:45AM – 1:55PM**  
Yama 7:24AM – 9:35AM  
**Rahu 4:05PM – 6:16PM**  
**Mula\* Until 10:59PM**  
Sadhya Until 5:18AM Wed  
Vanija Until 8:55AM  
**Tritiya Until 9:10PM**

Stockholm, Sweden  
Sun 2 Sutra 37 Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red Sunrise: 3:04AM  
Muruga: Yellow Sunset: 8:26PM  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 16.59 Tithi 19  
Creative Work Amrita Yoga  
Until 12:43AM Thu  
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika 9:34AM – 11:45AM**  
Yama 5:13AM – 7:23AM  
**Rahu 11:45AM – 1:56PM**  
**Purvashadha\* Until 12:43AM Thu**  
Subha Until 5:19AM Thu  
Bava Until 9:37AM  
**Chaturthi\* Until 10:12PM**

Stockholm, Sweden  
Sun 3 Sutra 38 Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red Sunrise: 3:02AM  
Muruga: Yellow Sunset: 8:28PM  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 29.21 Tithi 20  
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika 7:23AM – 9:34AM**  
Yama 3:00AM – 5:11AM  
**Rahu 1:56PM – 4:08PM**  
**Uttarashadha Until 2:52AM Fri**  
Sukla Until 5:45AM Fri  
Kaulava Until 10:59AM  
**Panchami Until 11:51PM**

Stockholm, Sweden  
Sun 4 Sutra 39 Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Devaloka Day**  
Ganesha: Red Sunrise: 3:00AM  
Muruga: Yellow Sunset: 8:30PM  
Nataraja: Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**4**

**Friday, May 24, 2019**

Makara Rasi: 11.29 Tithi 21  
Routine Work Marana Yoga  
Until 5:47AM Sat  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika 5:10AM – 7:22AM**  
Yama 4:09PM – 6:20PM  
**Rahu 9:33AM – 11:45AM**  
**Shravana Until 5:47AM Sat**  
Brahma Until 6:31AM Sat  
Gara Until 12:54PM  
**Shashthi\* Until 1:59AM Sat**

Stockholm, Sweden  
Sun 5 Sutra 40 Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Bhuloka Day**  
Ganesha: Green Sunrise: 2:58AM  
Muruga: Yellow Sunset: 8:32PM  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, May 25, 2019**

Makara Rasi: 23.26 Tithi 22  
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Saplamyam Titau  
**Gulika 2:56AM – 5:09AM**  
Yama 1:57PM – 4:10PM  
**Rahu 7:21AM – 9:33AM**  
**Dhanishtha Until 8:44AM Sun**  
Brahma Until 6:31AM  
Visti Until 3:11PM  
**Saptami Until 4:22AM Sun**

Stockholm, Sweden  
Sun 6 Sutra 41 Vikarin 5121  
Moon 5 - Phase 6  
1st Phase  
**Bhuloka Day**  
Ganesha: Green Sunrise: 2:56AM  
Muruga: Yellow Sunset: 8:34PM  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 5.18 Tithi 23  
Routine Work Marana Yoga  
Until 8:44AM  
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika 4:11PM – 6:23PM**  
Yama 11:45AM – 1:58PM  
**Rahu 6:23PM – 8:36PM**  
**Dhanishtha Until 8:44AM**  
Indra Until 7:29AM  
Balava Until 5:37PM  
**Ashtami\* Until 6:47AM Mon**

Stockholm, Sweden  
Sun 7 Sutra 42 Vikarin 5121  
Moon 5 - Phase 6  
Ashtami  
**Sivaloka Day**  
Ganesha: Blue Sunrise: 2:55AM  
Muruga: Yellow Sunset: 8:36PM  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 17.1 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 11:32AM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprossthapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 1:59PM – 4:12PM**  
Yama 9:32AM – 11:45AM  
**Rahu 5:06AM – 7:19AM**  
**Shatabhishak Until 11:32AM**  
Vaidhriti\* Until 8:25AM  
Taitila Until 7:57PM  
**Ashtami\* Until 6:47AM**

Stockholm, Sweden  
Sun 8 Sutra 43 Vikarin 5121  
Moon 5 - Phase 6  
Navami  
**Sivaloka Day**  
Ganesha: Blue Sunrise: 2:53AM  
Muruga: Yellow Sunset: 8:38PM  
Nataraja: Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashmyam Titau	Stockholm, Sweden Sun 9 Sutra 44
Kumbha Rasi: 29.06	Tithi 24 – 25	<b>Gulika</b> 11:46AM – 1:59PM	<b>Purvaproshtapada* Until 2:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:51AM	Vikarin 5121	
		Yama 7:18AM – 9:32AM	Vishkambha* Until 9:12AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:40PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 4:13PM – 6:26PM	Vanija Until 10:00PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Navami* Until 9:00AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:26PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Stockholm, Sweden Sun 10 Sutra 45
Meena Rasi: 11.11	Tithi 25 – 26	<b>Gulika</b> 9:32AM – 11:46AM	<b>Uttaraproshtapada Until 4:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:50AM	Vikarin 5121	
		Yama 5:04AM – 7:18AM	Priti Until 9:43AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:42PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 11:46AM – 2:00PM	Bava Until 11:34PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 10:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 4:45PM				<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Stockholm, Sweden Sun 11 Sutra 46
Meena Rasi: 23.28	Tithi 26 – 27	<b>Gulika</b> 7:17AM – 9:31AM	<b>Revati Until 6:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:48AM	Vikarin 5121	
		Yama 2:48AM – 5:02AM	Ayushman Until 9:47AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:44PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 2:00PM – 4:15PM	Kaulava Until 12:33AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 12:07PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:22PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Stockholm, Sweden Sun 12 Sutra 47
Mesha Rasi: 6.01	Tithi 27 – 28	<b>Gulika</b> 5:01AM – 7:16AM	<b>Ashvini Until 7:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 2:47AM	Vikarin 5121	
		Yama 4:16PM – 6:30PM	Saubhagya Until 9:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:45PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b> 9:31AM – 11:46AM	Gara Until 12:54AM Sat	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 12:47PM</b>	Moon – White		<b>Devaloka Day</b>	
Until 7:42PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Stockholm, Sweden Sun 13 Sutra 48
Mesha Rasi: 18.53	Tithi 28 – 29	<b>Gulika</b> 2:45AM – 5:00AM	<b>Bharani Until 8:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 2:45AM	Vikarin 5121	
		Yama 2:01PM – 4:16PM	Sobhana Until 8:30AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:47PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 7:16AM – 9:31AM	Visti Until 12:37AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 12:49PM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 8:14PM				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>●</b>		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Stockholm, Sweden Sun 14 Sutra 49
<b>Retreat Star</b>		<b>Gulika</b> 4:17PM – 6:33PM	<b>Krittika Until 8:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 2:44AM	Vikarin 5121	
Vrishabha Rasi: 2.03	Tithi 29 – 30	Yama 11:46AM – 2:02PM	Athiganda* Until 7:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:49PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 6:33PM – 8:49PM	Catuspada Until 11:44PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:14PM</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Stockholm, Sweden Sun 15 Sutra 50
Vrishabha Rasi: 15.32	Tithi 30 – 1	<b>Gulika</b> 2:02PM – 4:18PM	<b>Rohini Until 7:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 2:42AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 9:30AM – 11:46AM	Dhriti Until 3:01AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:50PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b> 4:58AM – 7:14AM	Kintughna Until 10:22PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Amavasya* Until 11:05AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stockholm, Sweden Sun 16 Sutra 51 Vikarin 5121
Vrishabha Rasi: 29.18	Tithi 1 – 2	<b>Gulika</b> 11:46AM – 2:03PM	<b>Mrigashira Until 6:39PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 2:41AM	Moon 5 - Phase 8
		Yama 7:14AM – 9:30AM	Shula* Until 12:28AM Wed	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:52PM	3rd Phase
		339683461 <b>Rahu</b> 4:19PM – 6:35PM	Balava Until 8:35PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Prathama* Until 9:30AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 6:39PM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Stockholm, Sweden Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 13.17	Tithi 2 – 3	<b>Gulika</b> 9:30AM – 11:47AM	<b>Ardra Until 5:14PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 2:40AM	Moon 5 - Phase 8
		Yama 4:57AM – 7:13AM	Ganda* Until 9:42PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:53PM	3rd Phase
		339683461 <b>Rahu</b> 11:47AM – 2:03PM	Taitila Until 6:31PM	<b>Nataraja:</b> Yellow	
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:34AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau	Stockholm, Sweden Sun 18 Sutra 53 Vikarin 5121
Mithuna Rasi: 27.26	Tithi 4	<b>Gulika</b> 7:13AM – 9:30AM	<b>Punarvasu Until 3:55PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 2:39AM	Moon 5 - Phase 8
		Yama 2:39AM – 4:56AM	Vridhi Until 6:48PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:55PM	3rd Phase
		349683461 <b>Rahu</b> 2:04PM – 4:21PM	Vanija Until 4:15PM	<b>Nataraja:</b> Yellow	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 3:04AM Fri</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Stockholm, Sweden Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 11.41	Tithi 5	<b>Gulika</b> 4:55AM – 7:12AM	<b>Pushya Until 2:21PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 2:38AM	Moon 5 - Phase 8
		Yama 4:21PM – 6:39PM	Dhruva Until 3:49PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:56PM	3rd Phase
		349683461 <b>Rahu</b> 9:30AM – 11:47AM	Bava Until 1:54PM	<b>Nataraja:</b> Yellow	
Routine Work	Marana Yoga		<b>Panchami Until 12:42AM Sat</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Stockholm, Sweden Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 25.58	Tithi 6	<b>Gulika</b> 2:37AM – 4:55AM	<b>Ashlesha* Until 12:38PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 2:37AM	Moon 5 - Phase 8
		Yama 2:05PM – 4:22PM	Vyaghata* Until 12:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:57PM	3rd Phase
		349683461 <b>Rahu</b> 7:12AM – 9:30AM	Kaulava Until 11:32AM	<b>Nataraja:</b> Yellow	
Routine Work	Marana Yoga		<b>Shashthi* Until 10:20PM</b>	Moon – Blue	<b>Bhuloka Day</b>
Until 12:38PM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Stockholm, Sweden Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 10.13	Tithi 7	<b>Gulika</b> 4:23PM – 6:41PM	<b>Magha* Until 11:14AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 2:36AM	Moon 5 - Phase 8
		Yama 11:47AM – 2:05PM	Harshana Until 9:53AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:58PM	3rd Phase
		351683461 <b>Rahu</b> 6:41PM – 8:58PM	Gara Until 9:12AM	<b>Nataraja:</b> Yellow	
Routine Work	Marana Yoga		<b>Saptami Until 8:03PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 11:14AM				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Stockholm, Sweden Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 24.25	Tithi 8 – 9	<b>Gulika</b> 2:05PM – 4:23PM	<b>Purvaphalguni Until 9:48AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 2:35AM	Moon 5 - Phase 8
<b>Family Home Evening</b>		Yama 9:29AM – 11:47AM	Vajra* Until 7:00AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:59PM	Ashtami
		351683461 <b>Rahu</b> 4:53AM – 7:11AM	Visti Until 6:58AM	<b>Nataraja:</b> Yellow	
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:52PM</b>	Moon – Red	<b>Devaloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	

<b>Retreat Star</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Stockholm, Sweden Sun 23 Sutra 58 Vikarin 5121
Kanya Rasi: 8.32	Tithi 9 – 10	<b>Gulika</b> 11:48AM – 2:06PM	<b>Uttaraphalguni Until 8:21AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 2:35AM	Moon 5 - Phase 8
		Yama 7:11AM – 9:29AM	Vyatipata* Until 1:36AM Wed	<b>Muruqa:</b> Yellow <i>Sunset:</i> 9:01PM	Navami
		351683461 <b>Rahu</b> 4:24PM – 6:42PM	Taitila Until 2:53AM Wed	<b>Nataraja:</b> Yellow	
Creative Work	Amrita Yoga		<b>Navami* Until 3:49PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 8:21AM				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Siddha Yoga					

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time


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<b>1</b>		<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyian Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Stockholm, Sweden Sun 24 Sutra 59	
Kanya Rasi: 22.32	Tithi 10 – 11	<b>Gulika</b>	<b>9:29AM – 11:48AM</b>	<b>Hasta Until 7:21AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 2:34AM</i>	Vikarin 5121
		Yama	4:53AM – 7:11AM	Variyan Until 11:07PM	<b>Muruqa: Yellow</b>	<i>Sunset: 9:02PM</i>	Moon 5 - Phase 9
	361683461	<b>Rahu</b>	<b>11:48AM – 2:06PM</b>	Vanija Until 1:08AM Thu	<b>Nataraja: Yellow</b>		4th Phase
Routine Work	Marana Yoga			<b>Dashami Until 1:58PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 7:21AM					<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stockholm, Sweden Sun 25 Sutra 60	
Tula Rasi: 6.25	Tithi 11 – 12	<b>Gulika</b>	<b>7:11AM – 9:29AM</b>	<b>Chitra Until 6:25AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 2:34AM</i>	Vikarin 5121
		Yama	2:34AM – 4:52AM	Parigha* Until 8:51PM	<b>Muruqa: Yellow</b>	<i>Sunset: 9:02PM</i>	Moon 5 - Phase 9
	361683461	<b>Rahu</b>	<b>2:07PM – 4:25PM</b>	Bava Until 11:39PM	<b>Nataraja: Yellow</b>		4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi Until 12:20PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 6:25AM					<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 26 Sutra 61	
Tula Rasi: 20.07	Tithi 12 – 13	<b>Gulika</b>	<b>4:52AM – 7:11AM</b>	<b>Vishakha Until 5:27AM Sat</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 2:33AM</i>	Vikarin 5121
		Yama	4:26PM – 6:45PM	Shiva Until 6:52PM	<b>Muruqa: Blue</b>	<i>Sunset: 9:03PM</i>	Moon 5 - Phase 9
	371693461	<b>Rahu</b>	<b>9:29AM – 11:48AM</b>	Kaulava Until 10:29PM	<b>Nataraja: Yellow</b>		4th Phase
Creative Work	Siddha Yoga			<b>Dvadashi Until 11:00AM</b>	Moon – Orange	<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>			<b>Jyeshtha-Vaikasi</b>		
				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 62	
Vrischika Rasi: 3.38	Tithi 13 – 14	<b>Gulika</b>	<b>2:33AM – 4:52AM</b>	<b>Anuradha Until 5:33AM Sun</b>	<b>Ganesha: White</b>	<i>Sunrise: 2:33AM</i>	Vikarin 5121
		Yama	2:07PM – 4:26PM	Siddha Until 5:09PM	<b>Muruqa: Blue</b>	<i>Sunset: 9:04PM</i>	Moon 5 - Phase 9
	371793461	<b>Rahu</b>	<b>7:11AM – 9:29AM</b>	Gara Until 9:43PM	<b>Nataraja: Yellow</b>		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi Until 10:01AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
Until 5:33AM Sun					<b>Jyeshtha-Ani</b>		
Then Routine Work - Marana Yoga							

		<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stockholm, Sweden Sutra 63	
<b>Copper Retreat Star</b>							
Vrischika Rasi: 16.54	Tithi 14 – 15	<b>Gulika</b>	<b>4:27PM – 6:46PM</b>	<b>Jyeshtha* Until 6:00AM Mon</b>	<b>Ganesha: White</b>	<i>Sunrise: 2:32AM</i>	Vikarin 5121
		Yama	11:49AM – 2:08PM	Sadhya Until 3:49PM	<b>Muruqa: Blue</b>	<i>Sunset: 9:05PM</i>	Moon 5 - Phase 9
	371793461	<b>Rahu</b>	<b>6:46PM – 9:05PM</b>	Visti Until 9:25PM	<b>Nataraja: Yellow</b>		Purnima
Routine Work	Marana Yoga			<b>Chaturdashi* Until 9:29AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
Until 6:00AM Mon		<b>Father's Day</b>			<b>Jyeshtha-Ani</b>		
Then Creative Work - Siddha Yoga							

<b>Monday, June 17, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stockholm, Sweden Sutra 64	
Vrischika Rasi: 29.55	Tithi 15 – 16	<b>Gulika</b>	<b>2:08PM – 4:27PM</b>	<b>Jyeshtha* Until 6:00AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 2:32AM</i>	Vikarin 5121
<b>Family Home Evening</b>		Yama	9:30AM – 11:49AM	Subha Until 2:55PM	<b>Muruqa: Blue</b>	<i>Sunset: 9:05PM</i>	Moon 5 - Phase 9
	371793461	<b>Rahu</b>	<b>4:51AM – 7:10AM</b>	Balava Until 9:39PM	<b>Nataraja: Yellow</b>		Prathama
Creative Work	Siddha Yoga			<b>Purnima* Until 9:27AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
Until 6:00AM					<b>Jyeshtha-Ani</b>		
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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Tuesday, June 18, 2019  
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stockholm, Sweden  
Sutra 65

Dhanus Rasi: 12.39 Tithi 16 – 17

Gulika 11:49AM – 2:08PM  
Yama 7:11AM – 9:30AM  
Rahu 4:27PM – 6:47PM

Mula\* Until 7:16AM  
Sukla Until 2:26PM  
Taitila Until 10:28PM  
Prathama\* Until 9:58AM

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon – Light Blue  
Jyeshtha-Ani

Sunrise: 2:32AM  
Sunset: 9:06PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

Until 7:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stockholm, Sweden  
Sun 1 Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

Gulika 9:30AM – 11:49AM  
Yama 4:51AM – 7:11AM  
Rahu 11:49AM – 2:08PM

Purvashadha\* Until 8:57AM  
Brahma Until 2:24PM  
Vanija Until 11:49PM  
Dvitiya Until 11:03AM

Ganesha: Purple  
Muruga: Blue  
Nataraja: Yellow  
Moon – Light Blue  
Jyeshtha-Ani

Sunrise: 2:32AM  
Sunset: 9:06PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Stockholm, Sweden  
Sun 2 Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

Gulika 7:11AM – 9:30AM  
Yama 2:32AM – 4:51AM  
Rahu 2:09PM – 4:28PM

Uttarashadha Until 10:59AM  
Indra Until 2:47PM  
Bava Until 1:40AM Fri  
Tritiya Until 12:40PM

Ganesha: Purple  
Muruga: Blue  
Nataraja: Yellow  
Moon – Light Blue  
Jyeshtha-Ani

Sunrise: 2:32AM  
Sunset: 9:07PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 10:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bala\*/Kaulava Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden  
Sun 3 Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

Gulika 4:52AM – 7:11AM  
Yama 4:28PM – 6:48PM  
Rahu 9:30AM – 11:50AM

Shravana Until 1:46PM  
Vaidhriti\* Until 3:27PM  
Kaulava Until 3:51AM Sat  
Chaturthi\* Until 2:42PM

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon – Purple  
Jyeshtha-Ani

Sunrise: 2:32AM  
Sunset: 9:07PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 1:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden  
Sun 4 Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

Gulika 2:32AM – 4:52AM  
Yama 2:09PM – 4:28PM  
Rahu 7:11AM – 9:30AM

Dhanishtha Until 4:39PM  
Vishkambha\* Until 4:21PM  
Gara Until 6:13AM Sun  
Panchami Until 5:00PM

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon – Purple  
Jyeshtha-Ani

Sunrise: 2:32AM  
Sunset: 9:07PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Stockholm, Sweden  
Sun 5 Sutra 70

Kumbha Rasi: 13.16 Tithi 21

Gulika 4:29PM – 6:48PM  
Yama 11:50AM – 2:09PM  
Rahu 6:48PM – 9:07PM

Shatabhishak Until 7:27PM  
Priti Until 5:20PM  
Gara Until 6:13AM  
Shashthi\* Until 7:24PM

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon – Purple  
Jyeshtha-Ani

Sunrise: 2:33AM  
Sunset: 9:07PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthpada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Stockholm, Sweden  
Sun 6 Sutra 71

Kumbha Rasi: 25.08 Tithi 22

Gulika 2:09PM – 4:29PM  
Yama 9:31AM – 11:50AM  
Rahu 4:52AM – 7:12AM

Purvaprosarthpada\* Until 10:29PM  
Ayushman Until 6:12PM  
Visti Until 8:35AM  
Saptami Until 9:41PM

Ganesha: Yellow  
Muruga: Blue  
Nataraja: Yellow  
Moon – Clear  
Jyeshtha-Ani

Sunrise: 2:33AM  
Sunset: 9:07PM

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga

Until 10:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

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Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Stockholm, Sweden  
Sun 7 Sutra 72

Meena Rasi: 7.05 Tithi 23

Gulika 11:50AM – 2:10PM  
Yama 7:12AM – 9:31AM  
Rahu 4:29PM – 6:48PM

Uttaraprosarthpada Until 1:03AM Wed  
Saubhagya Until 6:53PM  
Balava Until 10:45AM  
Ashtami\* Until 11:40PM

Ganesha: Yellow  
Muruga: Blue  
Nataraja: Yellow  
Moon – Clear  
Jyeshtha-Ani

Sunrise: 2:34AM  
Sunset: 9:07PM

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga

Until 1:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Stockholm, Sweden  
Sun 8 Sutra 73

Meena Rasi: 19.1 Tithi 24

Gulika 9:31AM – 11:51AM  
Yama 4:53AM – 7:12AM  
Rahu 11:51AM – 2:10PM

Revati Until 2:59AM Thu  
Sobhana Until 7:14PM  
Taitila Until 12:31PM  
Navami\* Until 1:10AM Thu

Ganesha: Yellow  
Muruga: Blue  
Nataraja: Yellow  
Moon – Clear  
Jyeshtha-Ani

Sunrise: 2:34AM  
Sunset: 9:07PM

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga

Until 2:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Stockholm, Sweden Sun 9 Sutra 74	
Mesha Rasi: 1.28	Tithi 25	Gulika 7:13AM – 9:32AM	Ashvini Until 4:38AM Fri	Ganesha: Blue	Sunrise: 2:35AM		Vikarin 5121
		Yama 2:35AM – 4:54AM	Athiganda* Until 7:06PM	Muruqa: Blue	Sunset: 9:07PM		Moon 6 - Phase 11
		322793461 Rahu 2:10PM – 4:29PM	Vanija Until 1:43PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 2:04AM Fri	Moon – White		<b>Devaloka Day</b>	
Until 4:38AM Fri				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Stockholm, Sweden Sun 10 Sutra 75	
Mesha Rasi: 14.02	Tithi 26	Gulika 4:54AM – 7:13AM	Bharani Until 5:26AM Sat	Ganesha: Blue	Sunrise: 2:35AM		Vikarin 5121
		Yama 4:29PM – 6:47PM	Sukarma Until 6:27PM	Muruqa: Blue	Sunset: 9:06PM		Moon 6 - Phase 11
		322793461 Rahu 9:32AM – 11:51AM	Bava Until 2:16PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:15AM Sat	Moon – White		<b>Devaloka Day</b>	
Until 5:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Stockholm, Sweden Sun 11 Sutra 76	
Mesha Rasi: 26.58	Tithi 27	Gulika 2:36AM – 4:55AM	Krittika Until 5:22AM Sun	Ganesha: Blue	Sunrise: 2:36AM		Vikarin 5121
		Yama 2:10PM – 4:28PM	Dhriti Until 5:14PM	Muruqa: Blue	Sunset: 9:06PM		Moon 6 - Phase 11
		322793461 Rahu 7:14AM – 9:32AM	Kaulava Until 2:06PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:43AM Sun	Moon – White		<b>Devaloka Day</b>	
Until 5:22AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Stockholm, Sweden Sun 12 Sutra 77	
Vrishabha Rasi: 10.15	Tithi 28	Gulika 4:28PM – 6:47PM	Rohini Until 4:56AM Mon	Ganesha: Blue	Sunrise: 2:37AM		Vikarin 5121
		Yama 11:51AM – 2:10PM	Shula* Until 3:25PM	Muruqa: Blue	Sunset: 9:05PM		Moon 6 - Phase 11
		322793461 Rahu 6:47PM – 9:05PM	Gara Until 1:12PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:29AM Mon	Moon – Yellow		<b>Devaloka Day</b>	
Until 4:56AM Mon				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				
<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stockholm, Sweden Sun 13 Sutra 78	
Vrishabha Rasi: 23.56	Tithi 29	Gulika 2:10PM – 4:28PM	Mrigashira Until 3:46AM Tue	Ganesha: Blue	Sunrise: 2:38AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 9:33AM – 11:51AM	Ganda* Until 1:06PM	Muruqa: Blue	Sunset: 9:05PM		Moon 6 - Phase 11
		322793461 Rahu 4:56AM – 7:15AM	Visti Until 11:39AM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 10:39PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 3:46AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stockholm, Sweden Sun 14 Sutra 79	
Mithuna Rasi: 7.59	Tithi 30	Gulika 11:52AM – 2:10PM	Ardra Until 1:59AM Wed	Ganesha: Blue	Sunrise: 2:39AM		Vikarin 5121
		Yama 7:15AM – 9:33AM	Vridhhi Until 10:20AM	Muruqa: Blue	Sunset: 9:04PM		Moon 6 - Phase 11
		322793461 Rahu 4:28PM – 6:46PM	Catuspada Until 9:33AM	Nataraja: Yellow			Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:18PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 1:59AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Stockholm, Sweden Sun 15 Sutra 80	
Mithuna Rasi: 22.2	Tithi 1 – 2	Gulika 9:34AM – 11:52AM	Punarvasu Until 12:08AM Thu	Ganesha: Yellow	Sunrise: 2:40AM		Vikarin 5121
		Yama 4:58AM – 7:16AM	Dhruva Until 7:12AM	Muruqa: Blue	Sunset: 9:03PM		Moon 6 - Phase 11
		343793461 Rahu 11:52AM – 2:10PM	Kintughna Until 7:00AM	Nataraja: Yellow			Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:36PM	Moon – Blue		<b>Sivaloka Day</b>	
Until 12:08AM Thu				Ashada-Ani			
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Stockholm, Sweden Sun 16 Sutra 81	
Kataka Rasi: 6.53	Tithi 2 - 3	343793461	<b>Gulika</b> 7:17AM - 9:34AM <b>Yama</b> 2:41AM - 4:59AM <b>Rahu</b> 2:10PM - 4:27PM	<b>Pushya Until 9:58PM</b> Harshana Until 12:19AM Fri Taitila Until 1:10AM Fri <b>Dvitiya Until 2:39PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Blue <b>Ashada-Ani</b>	<b>Sunrise:</b> 2:41AM <b>Sunset:</b> 9:03PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	<b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 9:58PM Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Stockholm, Sweden Sun 17 Sutra 82	
Kataka Rasi: 21.34	Tithi 3 - 4	343793461	<b>Gulika</b> 5:00AM - 7:17AM <b>Yama</b> 4:27PM - 6:44PM <b>Rahu</b> 9:35AM - 11:52AM	<b>Ashlesha* Until 7:37PM</b> Vajra* Until 8:45PM Vanija Until 10:08PM <b>Tritiya Until 11:37AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Blue <b>Ashada-Ani</b>	<b>Sunrise:</b> 2:43AM <b>Sunset:</b> 9:02PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	<b>Sivaloka Day</b>
Routine Work Marana Yoga								

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Stockholm, Sweden Sun 18 Sutra 83	
Simha Rasi: 6.15	Tithi 4 - 5	353793461	<b>Gulika</b> 2:44AM - 5:01AM <b>Yama</b> 2:09PM - 4:26PM <b>Rahu</b> 7:18AM - 9:35AM	<b>Magha* Until 5:37PM</b> Siddhi Until 5:17PM Bava Until 7:11PM <b>Chaturthi* Until 8:37AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Red <b>Ashada-Ani</b>	<b>Sunrise:</b> 2:44AM <b>Sunset:</b> 9:01PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	<b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga Until 5:37PM Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Stockholm, Sweden Sun 19 Sutra 84	
Simha Rasi: 20.5	Tithi 6	453793461	<b>Gulika</b> 4:26PM - 6:43PM <b>Yama</b> 11:52AM - 2:09PM <b>Rahu</b> 6:43PM - 9:00PM	<b>Purvaphalguni Until 3:40PM</b> Vyatipata* Until 1:59PM Kaulava Until 4:27PM <b>Shashthi* Until 3:10AM Mon</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Red <b>Ashada-Ani</b>	<b>Sunrise:</b> 2:45AM <b>Sunset:</b> 9:00PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	<b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 3:40PM Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Stockholm, Sweden Sun 20 Sutra 85	
Kanya Rasi: 5.14	Tithi 7	453793461	<b>Gulika</b> 2:09PM - 4:26PM <b>Yama</b> 9:36AM - 11:53AM <b>Rahu</b> 5:03AM - 7:20AM	<b>Uttaraphalguni Until 1:52PM</b> Varyan Until 10:53AM Gara Until 2:00PM <b>Saptami Until 12:53AM Tue</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Red <b>Ashada-Ani</b>	<b>Sunrise:</b> 2:47AM <b>Sunset:</b> 8:59PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	<b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga		Chidambaram Abhishekam						

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Stockholm, Sweden Sun 21 Sutra 86	
Kanya Rasi: 19.24	Tithi 8	463793461	<b>Gulika</b> 11:53AM - 2:09PM <b>Yama</b> 7:20AM - 9:37AM <b>Rahu</b> 4:25PM - 6:41PM	<b>Hasta Until 12:43PM</b> Parigha* Until 8:06AM Visti Until 11:54AM <b>Ashtami* Until 11:00PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Green <b>Ashada-Ani</b>	<b>Sunrise:</b> 2:48AM <b>Sunset:</b> 8:57PM	Vikarin 5121 Moon 6 - Phase 12 Ashtami	<b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Stockholm, Sweden Sun 22 Sutra 87	
Tula Rasi: 3.19	Tithi 9	463893461	<b>Gulika</b> 9:37AM - 11:53AM <b>Yama</b> 5:05AM - 7:21AM <b>Rahu</b> 11:53AM - 2:09PM	<b>Chitra Until 11:50AM</b> Siddha Until 3:32AM Thu Balava Until 10:14AM <b>Navami* Until 9:32PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon - Green <b>Ashada-Ani</b>	<b>Sunrise:</b> 2:50AM <b>Sunset:</b> 8:56PM	Vikarin 5121 Moon 6 - Phase 12 Navami	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

1	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Stockholm, Sweden Sun 23    Sutra 88
	Tula Rasi: 16.58	Tithi 10	<b>Gulika</b> 7:22AM – 9:37AM	<b>Svati</b> Until 11:15AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 2:51AM		Vikarin 5121
			Yama 2:51AM – 5:07AM	Sadhya Until 1:48AM Fri	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:55PM		Moon 6 - Phase 13
	463893461	<b>Rahu</b> 2:08PM – 4:24PM		Taitila Until 9:00AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Amrita Yoga			<b>Dashami</b> Until 8:32PM	<b>Ashada*Ani</b>		<b>Sivaloka Day</b>	
Until 11:15AM							
Then Creative Work - Siddha Yoga							

2	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Stockholm, Sweden Sun 24    Sutra 89
	Vrischika Rasi: 0.2	Tithi 11	<b>Gulika</b> 5:08AM – 7:23AM	<b>Vishakha</b> Until 11:25AM	<b>Ganesha:</b> White <i>Sunrise:</i> 2:53AM		Vikarin 5121
			Yama 4:23PM – 6:38PM	Subha Until 12:28AM Sat	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:53PM		Moon 6 - Phase 13
	473893461	<b>Rahu</b> 9:38AM – 11:53AM		Vanija Until 8:13AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Siddha Yoga			<b>Ekadashi</b> Until 8:00PM	<b>Ashada*Ani</b>		<b>Devaloka Day</b>	

3	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Stockholm, Sweden Sun 25    Sutra 90
	Vrischika Rasi: 13.28	Tithi 12	<b>Gulika</b> 2:54AM – 5:09AM	<b>Anuradha</b> Until 11:54AM	<b>Ganesha:</b> White <i>Sunrise:</i> 2:54AM		Vikarin 5121
			Yama 2:08PM – 4:23PM	Sukla Until 11:29PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:52PM		Moon 6 - Phase 13
	473893461	<b>Rahu</b> 7:24AM – 9:38AM		Bava Until 7:56AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Siddha Yoga			<b>Dvadashi</b> Until 7:56PM	<b>Ashada*Ani</b>		<b>Devaloka Day</b>	

4	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stockholm, Sweden Sun 26    Sutra 91
	Vrischika Rasi: 26.2	Tithi 13	<b>Gulika</b> 4:22PM – 6:36PM	<b>Jyeshtha*</b> Until 12:43PM	<b>Ganesha:</b> White <i>Sunrise:</i> 2:56AM		Vikarin 5121
			Yama 11:53AM – 2:08PM	Brahma Until 10:53PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:50PM		Moon 6 - Phase 13
	473893461	<b>Rahu</b> 6:36PM – 8:50PM		Kaulava Until 8:07AM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work    Marana Yoga			<b>Trayodashi</b> Until 8:22PM	<b>Ashada*Ani</b>		<b>Devaloka Day</b>	
Until 12:43PM							
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata</i>							

5	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Stockholm, Sweden Sun 27    Sutra 92
	Dhanus Rasi: 9	Tithi 14	<b>Gulika</b> 2:07PM – 4:21PM	<b>Mula*</b> Until 2:18PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 2:58AM		Vikarin 5121
			Yama 9:39AM – 11:53AM	Indra Until 10:41PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:49PM		Moon 6 - Phase 13
	483893461	<b>Rahu</b> 5:12AM – 7:26AM		Gara Until 8:47AM	<b>Nataraja:</b> Yellow		4th Phase
Family Home Evening			<b>Chaturdashi*</b> Until 9:16PM	<b>Ashada*Ani</b>		<b>Sivaloka Day</b>	
Creative Work    Siddha Yoga							
Until 2:18PM							
Then Routine Work - Marana Yoga							

○	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Stockholm, Sweden Sun 28    Sutra 93
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:53AM – 2:07PM	<b>Purvashadha*</b> Until 4:10PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 3:00AM		Vikarin 5121
	Dhanus Rasi: 21.26	Tithi 15	Yama 7:27AM – 9:40AM	Vaidhriti* Until 10:48PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:47PM		Moon 6 - Phase 13
	483893461	<b>Rahu</b> 4:20PM – 6:34PM		Visti Until 9:54AM	<b>Nataraja:</b> Yellow		Purnima
Creative Work    Siddha Yoga			<b>Purnima*</b> Until 10:37PM	<b>Ashada*Adi</b>		<b>Sivaloka Day</b>	
Until 4:10PM							
Then Routine Work - Prabalarishta Yoga							
		<b>Partial Lunar Eclipse</b>					
		<b>Satguru Purnima</b>					

○	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Stockholm, Sweden Sun 29    Sutra 94
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:41AM – 11:54AM	<b>Uttarashadha</b> Until 6:18PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 3:02AM		Vikarin 5121
	Makara Rasi: 3.41	Tithi 16	Yama 5:15AM – 7:28AM	Vishkambha* Until 11:14PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:45PM		Moon 6 - Phase 13
	484893462	<b>Rahu</b> 11:54AM – 2:06PM		Balava Until 11:28AM	<b>Nataraja:</b> White		Prathama
Creative Work    Amrita Yoga			<b>Prathama*</b> Until 12:23AM Thu	<b>Ashada*Adi</b>		<b>Subha Subha Sivaloka Day</b>	
Until 6:18PM							
Then Creative Work - Siddha Yoga							



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 15.47 Tithi 17  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 7:29AM - 9:41AM  
Yama 3:03AM - 5:16AM  
Rahu 2:06PM - 4:19PM  
Shravana Until 9:05PM  
Priti Until 11:57PM  
Taitila Until 1:24PM  
Dvitiya Until 2:28AM Fri

Stockholm, Sweden  
Sun 1 Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:03AM  
Muruga: Blue Sunset: 8:44PM  
Nataraja: White  
Moon - Purple  
Subha Sivaloka Day  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Makara Rasi: 27.46 Tithi 18  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
Gulika 5:17AM - 7:30AM  
Yama 4:18PM - 6:30PM  
Rahu 9:42AM - 11:54AM  
Dhanishtha Until 11:57PM  
Ayushman Until 12:49AM Sat  
Vanija Until 3:37PM  
Tritiya Until 4:47AM Sat

Stockholm, Sweden  
Sun 2 Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:05AM  
Muruga: Blue Sunset: 8:42PM  
Nataraja: White  
Moon - Purple  
Subha Sivaloka Day  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 9.39 Tithi 19  
Creative Work Amrita Yoga  
Until 2:45AM Sun  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau  
Gulika 3:07AM - 5:19AM  
Yama 2:05PM - 4:17PM  
Rahu 7:31AM - 9:42AM  
Shatabhishak Until 2:45AM Sun  
Saubhagya Until 1:48AM Sun  
Bava Until 6:00PM  
Chaturthi\* Until 7:12AM Sun

Stockholm, Sweden  
Sun 3 Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:07AM  
Muruga: Blue Sunset: 8:40PM  
Nataraja: White  
Moon - Purple  
Subha Sivaloka Day  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 21.31 Tithi 19 - 20  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
Gulika 4:16PM - 6:27PM  
Yama 11:54AM - 2:05PM  
Rahu 6:27PM - 8:38PM  
Purvaproshtapada\* Until 5:53AM Mon  
Sobhana Until 2:46AM Mon  
Kaulava Until 8:25PM  
Chaturthi\* Until 7:12AM

Stockholm, Sweden  
Sun 4 Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:09AM  
Muruga: Blue Sunset: 8:38PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 3.23 Tithi 20 - 21  
Family Home Evening  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
Gulika 2:04PM - 4:15PM  
Yama 9:43AM - 11:54AM  
Rahu 5:22AM - 7:33AM  
Uttaraproshtapada Until 8:40AM Tue  
Athiganda\* Until 3:35AM Tue  
Gara Until 10:42PM  
Panchami Until 9:34AM

Stockholm, Sweden  
Sun 5 Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:11AM  
Muruga: Blue Sunset: 8:36PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 15.19 Tithi 21 - 22  
Creative Work Amrita Yoga  
Until 8:40AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 11:54AM - 2:04PM  
Yama 7:34AM - 9:44AM  
Rahu 4:14PM - 6:24PM  
Uttaraproshtapada Until 8:40AM  
Sukarma Until 4:11AM Wed  
Visti Until 12:42AM Wed  
Shashthi\* Until 11:44AM

Stockholm, Sweden  
Sun 6 Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 3:13AM  
Muruga: Blue Sunset: 8:34PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Meena Rasi: 27.23 Tithi 22 - 23  
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
Gulika 9:44AM - 11:54AM  
Yama 5:25AM - 7:35AM  
Rahu 11:54AM - 2:03PM  
Revati Until 10:57AM  
Dhriti Until 4:26AM Thu  
Balava Until 2:16AM Thu  
Saptami Until 1:32PM

Stockholm, Sweden  
Sun 7 Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami  
Ganesha: Clear Sunrise: 3:16AM  
Muruga: Blue Sunset: 8:32PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**Thursday, July 25, 2019**  
**Retreat Star**

Mesha Rasi: 9.4 Tithi 23 - 24  
Creative Work Amrita Yoga  
Until 1:04PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
Gulika 7:36AM - 9:45AM  
Yama 3:18AM - 5:27AM  
Rahu 2:03PM - 4:12PM  
Ashvini Until 1:04PM  
Shula\* Until 4:10AM Fri  
Taitila Until 3:13AM Fri  
Ashtami\* Until 2:48PM

Stockholm, Sweden  
Sun 8 Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami  
Ganesha: White Sunrise: 3:18AM  
Muruga: Blue Sunset: 8:30PM  
Nataraja: White  
Moon - White  
Subha Subha Sivaloka Day  
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Stockholm, Sweden Sun 9 Sutra 103 Vikarin 5121
Mesha Rasi: 22.11	Tithi 24 – 25	<b>Gulika</b> 5:28AM – 7:37AM	<b>Bharani</b> <b>Until 2:23PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:20AM		
		Yama 4:11PM – 6:19PM	Ganda* <b>Until 3:22AM</b> Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:28PM		Moon 7 - Phase 15
		424893462 <b>Rahu</b> 9:45AM – 11:54AM	Vanija <b>Until 3:27AM</b> Sat	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 3:25PM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Stockholm, Sweden Sun 10 Sutra 104 Vikarin 5121
Vrishabha Rasi: 5.04	Tithi 25 – 26	<b>Gulika</b> 3:22AM – 5:30AM	<b>Krittika</b> <b>Until 2:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:22AM		
		Yama 2:02PM – 4:10PM	Vriddhi <b>Until 1:57AM</b> Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:26PM		Moon 7 - Phase 15
		424893462 <b>Rahu</b> 7:38AM – 9:46AM	Bava <b>Until 2:55AM</b> Sun	<b>Nataraja:</b> White			2nd Phase
Creative Work	Amrita Yoga		<b>Dashami Until 3:16PM</b>	Moon – White		<b>Subha Subha Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Stockholm, Sweden Sun 11 Sutra 105 Vikarin 5121
Vrishabha Rasi: 18.21	Tithi 26 – 27	<b>Gulika</b> 4:09PM – 6:16PM	<b>Rohini</b> <b>Until 2:47PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:24AM		
		Yama 11:54AM – 2:01PM	Dhruva <b>Until 11:53PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:24PM		Moon 7 - Phase 15
		434893462 <b>Rahu</b> 6:16PM – 8:24PM	Kaulava <b>Until 1:36AM</b> Mon	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 2:20PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau			Stockholm, Sweden Sun 12 Sutra 106 Vikarin 5121
Mithuna Rasi: 2.04	Tithi 27 – 28	<b>Gulika</b> 2:01PM – 4:08PM	<b>Mrigashira</b> <b>Until 1:51PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:26AM		
<b>Family Home Evening</b>		Yama 9:47AM – 11:54AM	Vyaghata* <b>Until 9:14PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:21PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	435893462 <b>Rahu</b> 5:33AM – 7:40AM	Gara <b>Until 11:35PM</b>	<b>Nataraja:</b> White			2nd Phase
Until 1:51PM			<b>Dvadashi* Until 12:39PM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga						<b>Ashada-Adi</b>	
						<b>Pradosha Vrata (Fasting)</b>	

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Stockholm, Sweden Sun 13 Sutra 107 Vikarin 5121
Mithuna Rasi: 16.14	Tithi 28 – 29	<b>Gulika</b> 11:54AM – 2:00PM	<b>Ardra</b> <b>Until 12:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:28AM		
		Yama 7:41AM – 9:47AM	Harshana <b>Until 6:07PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:19PM		Moon 7 - Phase 15
		435893462 <b>Rahu</b> 4:06PM – 6:13PM	Visti <b>Until 8:57PM</b>	<b>Nataraja:</b> White			2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 10:19AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Until 12:07PM						<b>Ashada-Adi</b>	
Then Creative Work - Siddha Yoga							

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau			Stockholm, Sweden Sun 14 Sutra 108 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 9:48AM – 11:54AM	<b>Punarvasu</b> <b>Until 10:09AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:31AM		
Kataka Rasi: 0.46	Tithi 29 – 30	Yama 5:36AM – 7:42AM	Vajra* <b>Until 2:33PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:17PM		Moon 7 - Phase 15
		445893462 <b>Rahu</b> 11:54AM – 1:59PM	Naga <b>Until 4:11AM</b> Thu	<b>Nataraja:</b> White			Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:27AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau			Stockholm, Sweden Sun 15 Sutra 109 Vikarin 5121
Kataka Rasi: 15.37	Tithi 1	<b>Gulika</b> 7:43AM – 9:48AM	<b>Pushya</b> <b>Until 7:40AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:33AM		
		Yama 3:33AM – 5:38AM	Siddhi <b>Until 10:43AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:14PM		Moon 7 - Phase 15
		445893462 <b>Rahu</b> 1:59PM – 4:04PM	Kintughna <b>Until 2:28PM</b>	<b>Nataraja:</b> White			Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 12:41AM</b> Fri	Moon – Blue		<b>Sivaloka Day</b>	
Until 7:40AM						<b>Sravana-Adi</b>	
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau			Stockholm, Sweden Sun 16 Sutra 110 Vikarin 5121
Simha Rasi: 0.38	Tithi 2	<b>Gulika</b> 5:40AM – 7:44AM	<b>Magha* Until 2:13AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:35AM		
		Yama 4:03PM – 6:07PM	Vyatipata* Until 6:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:12PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 9:49AM – 11:54AM	Balava Until 10:55AM	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 9:07PM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 2:13AM Sat				<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau			Stockholm, Sweden Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 15.41	Tithi 3 – 4	<b>Gulika</b> 3:37AM – 5:41AM	<b>Purvaphalguni Until 11:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:37AM		
		Yama 1:58PM – 4:02PM	Parigha* Until 10:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:10PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 7:45AM – 9:49AM	Taitila Until 7:22AM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 5:37PM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 11:36PM				<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Stockholm, Sweden Sun 18 Sutra 112 Vikarin 5121
Kanya Rasi: 0.37	Tithi 4 – 5	<b>Gulika</b> 4:00PM – 6:04PM	<b>Uttaraphalguni Until 9:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:40AM		
		Yama 11:53AM – 1:57PM	Shiva Until 7:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:07PM		Moon 7 - Phase 16
		455993462 <b>Rahu</b> 6:04PM – 8:07PM	Bava Until 12:51AM Mon	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 2:20PM</b>	<b>Moon – Red</b>		<b>Subha Sivaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana*Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Stockholm, Sweden Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 15.19	Tithi 5 – 6	<b>Gulika</b> 1:56PM – 3:59PM	<b>Hasta Until 7:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:42AM		
<b>Family Home Evening</b>		Yama 9:50AM – 11:53AM	Siddha Until 3:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:05PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 5:45AM – 7:48AM	Kaulava Until 10:10PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 11:26AM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
Until 7:17PM				<b>Sravana*Adi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau			Stockholm, Sweden Sun 20 Sutra 114 Vikarin 5121
Kanya Rasi: 29.41	Tithi 6 – 7	<b>Gulika</b> 11:53AM – 1:55PM	<b>Chitra Until 5:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM		
		Yama 7:49AM – 9:51AM	Sadhya Until 12:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:02PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 3:58PM – 6:00PM	Gara Until 8:02PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:00AM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Stockholm, Sweden Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 13.41	Tithi 7 – 8	<b>Gulika</b> 9:51AM – 11:53AM	<b>Svati Until 4:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:46AM		
		Yama 5:48AM – 7:50AM	Subha Until 10:21AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:00PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 11:53AM – 1:55PM	Visti Until 6:30PM	<b>Nataraja:</b> White			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 7:10AM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau			Stockholm, Sweden Sun 22 Sutra 116 Vikarin 5121
Tula Rasi: 27.16	Tithi 9	<b>Gulika</b> 7:51AM – 9:52AM	<b>Vishakha Until 4:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:49AM		
		Yama 3:49AM – 5:50AM	Sukla Until 8:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:57PM		Moon 7 - Phase 16
		476993462 <b>Rahu</b> 1:54PM – 3:55PM	Balava Until 5:39PM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 5:28AM Fri</b>	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

1	<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Stockholm, Sweden Sun 23 Sutra 117
	Wrischika Rasi: 10.29	Tithi 10	476993462	Gulika 5:51AM – 7:52AM Yama 3:54PM – 5:54PM Rahu 9:52AM – 11:53AM	Anuradha Until 5:24PM Brahma Until 7:02AM Taitila Until 5:28PM Dashami Until 5:36AM Sat	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 3:51AM Sunset: 7:55PM Moon 7 - Phase 17 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day
	Until 5:24PM						
Then Routine Work - Marana Yoga							

2	<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Vishti* Karana Ekadashyam Titau				Stockholm, Sweden Sun 24 Sutra 118
	Wrischika Rasi: 23.23	Tithi 11	476993462	Gulika 3:53AM – 5:53AM Yama 1:52PM – 3:52PM Rahu 7:53AM – 9:53AM	Jyeshtha* Until 6:22PM Indra Until 6:10AM Vanija Until 5:55PM Ekadashi Until 6:20AM Sun	Ganesha: Purple Muruqa: Blue Nataraja: White Moon – Orange	Sunrise: 3:53AM Sunset: 7:52PM Moon 7 - Phase 17 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day

3	<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vishti*/Bava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 25 Sutra 119
	Dhanus Rasi: 5.59	Tithi 11 – 12	486993462	Gulika 3:51PM – 5:50PM Yama 11:52AM – 1:52PM Rahu 5:50PM – 7:49PM	Mula* Until 8:12PM Vishkambha* Until 5:46AM Mon Bava Until 6:56PM Ekadashi Until 6:20AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 3:56AM Sunset: 7:49PM Moon 7 - Phase 17 4th Phase
	Creative Work Amrita Yoga						Subha Sivaloka Day
	Until 8:12PM						
Then Creative Work - Siddha Yoga							

4	<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 26 Sutra 120
	Dhanus Rasi: 18.21	Tithi 12 – 13	486993462	Gulika 1:51PM – 3:50PM Yama 9:54AM – 11:52AM Rahu 5:56AM – 7:55AM	Purvashadha* Until 10:20PM Priti Until 6:07AM Tue Kaulava Until 8:25PM Dvadashi Until 7:36AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 3:58AM Sunset: 7:47PM Moon 7 - Phase 17 4th Phase
	Family Home Evening						Subha Sivaloka Day
	Routine Work Marana Yoga						
<i>Pradosha Vrata</i>							

5	<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 27 Sutra 121
	Makara Rasi: 0.32	Tithi 13 – 14	486993462	Gulika 11:52AM – 1:50PM Yama 7:56AM – 9:54AM Rahu 3:48PM – 5:46PM	Uttarashadha Until 12:38AM Wed Priti Until 6:07AM Gara Until 10:16PM Trayodashi Until 9:17AM	Ganesha: Clear Muruqa: Blue Nataraja: White Moon – Light Blue	Sunrise: 4:00AM Sunset: 7:44PM Moon 7 - Phase 17 4th Phase
	Routine Work Prabalarishta Yoga						Subha Sivaloka Day
	Until 12:38AM Wed						
Then Creative Work - Siddha Yoga							

○	<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vishti* Karana Chaturdashi/Purnimayam Titau				Stockholm, Sweden Sutra 122
	<b>Copper Retreat Star</b>						
	Makara Rasi: 12.35	Tithi 14 – 15	496993462	Gulika 9:55AM – 11:52AM Yama 6:00AM – 7:57AM Rahu 11:52AM – 1:49PM	Shravana Until 3:33AM Thu Ayushman Until 6:42AM Vishti Until 12:25AM Thu Chaturdashi* Until 11:18AM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 4:02AM Sunset: 7:41PM Moon 7 - Phase 17 Purnima
	Creative Work Siddha Yoga						Sivaloka Day
Raksha Bandhan							

○	<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stockholm, Sweden Sutra 123
	<b>Silver Retreat Star</b>						
	Makara Rasi: 24.32	Tithi 15 – 16	497993462	Gulika 7:58AM – 9:55AM Yama 4:05AM – 6:02AM Rahu 1:49PM – 3:45PM	Dhanishtha Until 6:27AM Fri Saubhagya Until 7:29AM Balava Until 2:44AM Fri Purnima* Until 1:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Purple	Sunrise: 4:05AM Sunset: 7:39PM Moon 7 - Phase 17 Prathama
	Creative Work Siddha Yoga						Subha Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 6.26    Tilthi 16 – 17

497993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    6:03AM – 7:59AM  
**Yama**    3:44PM – 5:40PM  
**Rahu**    9:55AM – 11:52AM

**Dhanishtha Until 6:27AM**  
Sobhana Until 8:24AM  
Taitila Until 5:10AM Sat  
**Prathama\* Until 3:55PM**

**Ganesha:** Yellow    *Sunrise:* 4:07AM  
**Muruqa:** Blue    *Sunset:* 7:36PM  
**Nataraja:** White  
Moon – Purple

**Sravana-Adi**

Stockholm, Sweden  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 18.17    Tilthi 17

497993462

Creative Work    Amrita Yoga

Until 9:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara Karana Dvitiyayam Titau

**Gulika**    4:09AM – 6:05AM  
**Yama**    1:47PM – 3:42PM  
**Rahu**    8:00AM – 9:56AM

**Shatabhishak Until 9:16AM**  
Athiganda\* Until 9:21AM  
Gara Until 6:21PM  
**Dvitiya Until 6:21PM**

**Ganesha:** Yellow    *Sunrise:* 4:09AM  
**Muruqa:** Blue    *Sunset:* 7:33PM  
**Nataraja:** White  
Moon – Purple

**Sravana-Avani**

Stockholm, Sweden  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**2**

**Sunday, August 18, 2019**

Meena Rasi: 0.09    Tilthi 18

517993462

Creative Work    Siddha Yoga

Until 12:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Trilyayam Titau

**Gulika**    3:41PM – 5:36PM  
**Yama**    11:51AM – 1:46PM  
**Rahu**    5:36PM – 7:31PM

**Purvaproshtapada\* Until 12:25PM**  
Sukarma Until 10:18AM  
Vanija Until 7:35AM  
**Tritiya Until 8:45PM**

**Ganesha:** White    *Sunrise:* 4:12AM  
**Muruqa:** Blue    *Sunset:* 7:31PM  
**Nataraja:** White  
Moon – Clear

**Sravana-Avani**

Stockholm, Sweden  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**3**

**Monday, August 19, 2019**

Meena Rasi: 12.02    Tilthi 19

517993462

**Family Home Evening**

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    1:45PM – 3:39PM  
**Yama**    9:57AM – 11:51AM  
**Rahu**    6:08AM – 8:02AM

**Uttaraproshtapada Until 3:16PM**  
Dhriti Until 11:12AM  
Bava Until 9:55AM  
**Chaturthi\* Until 11:00PM**

**Ganesha:** White    *Sunrise:* 4:14AM  
**Muruqa:** Blue    *Sunset:* 7:28PM  
**Nataraja:** White  
Moon – Clear

**Sravana-Avani**

Stockholm, Sweden  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 24    Tilthi 20

517993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    11:51AM – 1:44PM  
**Yama**    8:04AM – 9:57AM  
**Rahu**    3:38PM – 5:31PM

**Revati Until 5:46PM**  
Shula\* Until 11:54AM  
Kaulava Until 12:03PM  
**Panchami Until 12:59AM Wed**

**Ganesha:** White    *Sunrise:* 4:16AM  
**Muruqa:** Blue    *Sunset:* 7:25PM  
**Nataraja:** White  
Moon – Clear

**Sravana-Avani**

Stockholm, Sweden  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 6.05    Tilthi 21

527993462

Routine Work    Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    9:57AM – 11:50AM  
**Yama**    6:12AM – 8:05AM  
**Rahu**    11:50AM – 1:43PM

**Ashvini Until 8:14PM**  
Ganda\* Until 12:22PM  
Gara Until 1:52PM  
**Shashthi\* Until 2:35AM Thu**

**Ganesha:** Clear    *Sunrise:* 4:19AM  
**Muruqa:** Blue    *Sunset:* 7:22PM  
**Nataraja:** White  
Moon – White

**Sravana-Avani**

Stockholm, Sweden  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 18.2    Tilthi 22

528993462

Creative Work    Siddha Yoga

Until 10:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    8:06AM – 9:58AM  
**Yama**    4:21AM – 6:13AM  
**Rahu**    1:43PM – 3:35PM

**Bharani Until 10:04PM**  
Vridhhi Until 12:30PM  
Visti Until 3:13PM  
**Saptami Until 3:39AM Fri**

**Ganesha:** White    *Sunrise:* 4:21AM  
**Muruqa:** Blue    *Sunset:* 7:19PM  
**Nataraja:** White  
Moon – White

**Sravana-Avani**

Stockholm, Sweden  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**Friday, August 23, 2019**

**Retreat Star**

Vrishabha Rasi: 0.49    Tilthi 23

528993462

Creative Work    Siddha Yoga

Until 11:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    6:15AM – 8:07AM  
**Yama**    3:33PM – 5:25PM  
**Rahu**    9:58AM – 11:50AM

**Krittika Until 11:07PM**  
Dhruva Until 12:09PM  
Balava Until 3:58PM  
**Ashtami\* Until 4:03AM Sat**

**Ganesha:** White    *Sunrise:* 4:23AM  
**Muruqa:** Blue    *Sunset:* 7:17PM  
**Nataraja:** White  
Moon – White

**Sravana-Avani**

Stockholm, Sweden  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Sivaloka Day**

**Saturday, August 24, 2019**

**Retreat Star**

Vrishabha Rasi: 13.37    Tilthi 24

538993462

Creative Work    Amrita Yoga

Until 11:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    4:26AM – 6:17AM  
**Yama**    1:41PM – 3:32PM  
**Rahu**    8:08AM – 9:59AM

**Rohini Until 11:45PM**  
Vyaghata\* Until 11:16AM  
Taitila Until 4:00PM  
**Navami\* Until 3:42AM Sun**

**Ganesha:** Clear    *Sunrise:* 4:26AM  
**Muruqa:** Blue    *Sunset:* 7:14PM  
**Nataraja:** White  
Moon – Yellow

**Sravana-Avani**

Stockholm, Sweden  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

**Subha Sivaloka Day**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau		Stockholm, Sweden Sun 9 Sutra 133	
538993462	Vishabha Rasi: 26.47 Tithi 25 Creative Work Siddha Yoga	<b>Gulika</b> 3:30PM – 5:21PM Yama 11:49AM – 1:40PM <b>Rahu</b> 5:21PM – 7:11PM	<b>Mrigashira</b> Until 11:27PM Harshana Until 9:46AM Vanija Until 3:14PM Dashami Until 2:33AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 4:28AM <b>Sunset:</b> 7:11PM	<b>Subha Sivaloka Day</b>	Vikarin 5121 Moon 8 - Phase 19 2nd Phase

<b>2</b>		<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Stockholm, Sweden Sun 10 Sutra 134	
538993462	Mithuna Rasi: 10.25 Tithi 26 Family Home Evening Creative Work Siddha Yoga Until 10:15PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:39PM – 3:29PM Yama 9:59AM – 11:49AM <b>Rahu</b> 6:20AM – 8:10AM	<b>Ardra</b> Until 10:15PM Vajra* Until 7:37AM Bava Until 1:42PM Ekadashi* Until 12:38AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 4:30AM <b>Sunset:</b> 7:08PM	<b>Subha Sivaloka Day</b>	Vikarin 5121 Moon 8 - Phase 19 2nd Phase

<b>3</b>		<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Stockholm, Sweden Sun 11 Sutra 135	
548993462	Mithuna Rasi: 24.3 Tithi 27 Creative Work Siddha Yoga	<b>Gulika</b> 11:49AM – 1:38PM Yama 8:11AM – 10:00AM <b>Rahu</b> 3:27PM – 5:16PM	<b>Punarvasu</b> Until 8:39PM Vyatipata* Until 1:36AM Wed Kaulava Until 11:26AM Dvadashi* Until 10:03PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Blue <b>Nataraja:</b> White Moon – Blue	<b>Sunrise:</b> 4:32AM <b>Sunset:</b> 7:05PM	<b>Sivaloka Day</b>	Vikarin 5121 Moon 8 - Phase 19 2nd Phase

<b>4</b>		<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Stockholm, Sweden Sun 12 Sutra 136	
549993463	Kataka Rasi: 9.02 Tithi 28 Creative Work Siddha Yoga	<b>Gulika</b> 10:00AM – 11:49AM Yama 6:23AM – 8:12AM <b>Rahu</b> 11:49AM – 1:37PM	<b>Pushya</b> Until 6:20PM Variyan Until 9:51PM Gara Until 8:34AM Trayodashi* Until 6:55PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 4:35AM <b>Sunset:</b> 7:02PM	<b>Devaloka Day</b>	Vikarin 5121 Moon 8 - Phase 19 2nd Phase

<b>5</b>		<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stockholm, Sweden Sun 13 Sutra 137	
549193463	Kataka Rasi: 23.56 Tithi 29 – 30 Creative Work Siddha Yoga Until 3:29PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:13AM – 10:00AM Yama 4:37AM – 6:25AM <b>Rahu</b> 1:36PM – 3:24PM	<b>Ashlesha*</b> Until 3:29PM Parigha* Until 5:49PM Catuspada Until 1:31AM Fri Chaturdashi* Until 3:23PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 4:37AM <b>Sunset:</b> 7:00PM	<b>Sivaloka Day</b>	Vikarin 5121 Moon 8 - Phase 19 2nd Phase

		<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stockholm, Sweden Sun 14 Sutra 138	
559193463	Retreat Star Simha Rasi: 9.06 Tithi 30 – 1 Routine Work Marana Yoga Until 12:39PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:26AM – 8:14AM Yama 3:22PM – 5:09PM <b>Rahu</b> 10:01AM – 11:48AM Varalakshmi Vratam	<b>Magha*</b> Until 12:39PM Shiva Until 1:36PM Kintughna Until 9:41PM Amavasya* Until 11:36AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:39AM <b>Sunset:</b> 6:57PM	<b>Sivaloka Day</b>	Vikarin 5121 Moon 8 - Phase 19 Amavasya

<b>6</b>		<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Stockholm, Sweden Sun 15 Sutra 139	
559193463	Retreat Star Simha Rasi: 24.21 Tithi 1 – 2 Creative Work Siddha Yoga Until 9:37AM Then Routine Work - Marana Yoga	<b>Gulika</b> 4:42AM – 6:28AM Yama 1:34PM – 3:21PM <b>Rahu</b> 8:15AM – 10:01AM	<b>Purvaphalguni</b> Until 9:37AM Siddha Until 9:18AM Kaulava Until 4:00AM Sun Prathama* Until 7:45AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:42AM <b>Sunset:</b> 6:54PM	<b>Sivaloka Day</b>	Vikarin 5121 Moon 8 - Phase 19 Prathama

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trilyayam Titau				Stockholm, Sweden Sun 16 Sutra 140
	Kanya Rasi: 9.32	Tithi 3	<b>Gulika</b> 3:19PM – 5:05PM	<b>Uttaraphalguni</b> Until 6:35AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	Vikarin 5121
			Yama 11:47AM – 1:33PM	Subha Until 1:11AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	559193463 <b>Rahu</b> 5:05PM – 6:51PM	Taitila Until 2:14PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 12:31AM Mon	Moon – Red		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Stockholm, Sweden Sun 17 Sutra 141
	Kanya Rasi: 24.3	Tithi 4	<b>Gulika</b> 1:32PM – 3:17PM	<b>Chitra</b> Until 1:56AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:46AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:02AM – 11:47AM	Sukla Until 9:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 <b>Rahu</b> 6:31AM – 8:17AM	Vanija Until 10:57AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Ganesha Chaturthi</b>	<b>Chaturthi*</b> Until 9:28PM	Moon – Green	<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>3</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Stockholm, Sweden Sun 18 Sutra 142
	Tula Rasi: 9.06	Tithi 5	<b>Gulika</b> 11:47AM – 1:31PM	<b>Svati</b> Until 12:15AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:48AM	Vikarin 5121
			Yama 8:18AM – 10:02AM	Brahma Until 6:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 <b>Rahu</b> 3:16PM – 5:00PM	Bava Until 8:10AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 7:00PM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>4</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 19 Sutra 143
	Tula Rasi: 23.15	Tithi 6 – 7	<b>Gulika</b> 10:02AM – 11:46AM	<b>Vishakha</b> Until 11:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:51AM	Vikarin 5121
			Yama 6:35AM – 8:18AM	Indra Until 3:57PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 <b>Rahu</b> 11:46AM – 1:30PM	Kaulava Until 6:02AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> Until 5:14PM	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>5</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 20 Sutra 144
	Vrischika Rasi: 6.56	Tithi 7 – 8	<b>Gulika</b> 8:19AM – 10:03AM	<b>Anuradha</b> Until 11:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:53AM	Vikarin 5121
			Yama 4:53AM – 6:36AM	Vaidhriti* Until 2:04PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	571193463 <b>Rahu</b> 1:29PM – 3:13PM	Visti Until 4:08AM Fri	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> Until 4:17PM	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>6</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 21 Sutra 145
	<b>Retreat Star</b>		<b>Gulika</b> 6:38AM – 8:20AM	<b>Jyeshtha*</b> Until 12:13AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:55AM	Vikarin 5121
	Vrischika Rasi: 20.09	Tithi 8 – 9	Yama 3:11PM – 4:54PM	Vishkambha* Until 12:50PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	571193463 <b>Rahu</b> 10:03AM – 11:46AM	Balava Until 4:25AM Sat	<b>Nataraja:</b> Clear		Ashtami
			<b>Ashtami*</b> Until 4:10PM	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>7</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stockholm, Sweden Sun 22 Sutra 146
	<b>Retreat Star</b>		<b>Gulika</b> 4:57AM – 6:39AM	<b>Mula*</b> Until 1:56AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:57AM	Vikarin 5121
	Dhanus Rasi: 2.57	Tithi 9 – 10	Yama 1:27PM – 3:09PM	Priti Until 12:15PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	581193463 <b>Rahu</b> 8:21AM – 10:03AM	Taitila Until 5:27AM Sun	<b>Nataraja:</b> Clear		Navami
			<b>Navami*</b> Until 4:49PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau			Stockholm, Sweden Sun 23 Sutra 147	
Dhanus Rasi: 15.25	Tithi 10	<b>Gulika</b> 3:08PM – 4:49PM	<b>Purvashadha* Until 4:05AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:00AM</i>		Vikarin 5121
		Yama 11:45AM – 1:26PM	Ayushman Until 12:11PM	<b>Muruqa:</b> Blue <i>Sunset: 6:30PM</i>		Moon 8 - Phase 21
	581193463	<b>Rahu</b> 4:49PM – 6:30PM	Gara Until 6:10PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue	<b>Devaloka Day</b>	
Until 4:05AM Mon		<b>Grandparent's Day</b>	<b>Dashami Until 6:10PM</b>	<b>Bhadrapada-Avani</b>		
Then Routine Work - Marana Yoga						

<b>2 Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Stockholm, Sweden Sun 24 Sutra 148	
Dhanus Rasi: 27.38	Tithi 11	<b>Gulika</b> 1:25PM – 3:06PM	<b>Uttarashadha Until 6:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:02AM</i>		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:04AM – 11:45AM	Saubhagya Until 12:34PM	<b>Muruqa:</b> Blue <i>Sunset: 6:27PM</i>		Moon 8 - Phase 21
Routine Work	Marana Yoga	<b>Rahu</b> 6:43AM – 8:23AM	Vanija Until 7:05AM	<b>Nataraja:</b> Clear		4th Phase
Until 6:30AM Tue			<b>Ekadashi Until 8:03PM</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>		

<b>3 Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Stockholm, Sweden Sun 25 Sutra 149	
Makara Rasi: 9.4	Tithi 12	<b>Gulika</b> 11:44AM – 1:24PM	<b>Uttarashadha Until 6:30AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:04AM</i>		Vikarin 5121
		Yama 8:24AM – 10:04AM	Sobhana Until 1:16PM	<b>Muruqa:</b> Blue <i>Sunset: 6:24PM</i>		Moon 8 - Phase 21
	581193463	<b>Rahu</b> 3:04PM – 4:44PM	Bava Until 9:09AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Prabalarishta Yoga		<b>Dvadashi Until 10:16PM</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Until 6:30AM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Stockholm, Sweden Sun 26 Sutra 150	
Makara Rasi: 21.34	Tithi 13	<b>Gulika</b> 10:05AM – 11:44AM	<b>Shravana Until 9:32AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:06AM</i>		Vikarin 5121
		Yama 6:46AM – 8:25AM	Athiganda* Until 2:07PM	<b>Muruqa:</b> Blue <i>Sunset: 6:21PM</i>		Moon 8 - Phase 21
	591193463	<b>Rahu</b> 11:44AM – 1:23PM	Kaulava Until 11:29AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 12:41AM Thu</b>	Moon – Purple	<b>Sivaloka Day</b>	
Until 9:32AM		<b>Avani Avittam</b>		<b>Bhadrapada-Avani</b>		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

<b>5 Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Stockholm, Sweden Sun 27 Sutra 151	
Kumbha Rasi: 3.26	Tithi 14	<b>Gulika</b> 8:26AM – 10:05AM	<b>Dhanishtha Until 12:31PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:09AM</i>		Vikarin 5121
		Yama 5:09AM – 6:47AM	Sukarma Until 3:04PM	<b>Muruqa:</b> Blue <i>Sunset: 6:19PM</i>		Moon 8 - Phase 21
	591193463	<b>Rahu</b> 1:22PM – 3:01PM	Gara Until 1:57PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:09AM Fri</b>	Moon – Purple	<b>Sivaloka Day</b>	
		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>		

<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Stockholm, Sweden Sutra 152	
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:49AM – 8:27AM	<b>Shatabhishak Until 3:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:11AM</i>		Vikarin 5121
Kumbha Rasi: 15.17	Tithi 15	Yama 2:59PM – 4:37PM	Dhriti Until 4:01PM	<b>Muruqa:</b> Purple <i>Sunset: 6:16PM</i>		Moon 8 - Phase 21
	591113463	<b>Rahu</b> 10:05AM – 11:43AM	Visti Until 4:24PM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 5:36AM Sat</b>	Moon – Purple	<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>		

<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau			Stockholm, Sweden Sutra 153	
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:13AM – 6:51AM	<b>Purvaproshtapada* Until 6:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:13AM</i>		Vikarin 5121
Kumbha Rasi: 27.1	Tithi 16	Yama 1:20PM – 2:58PM	Shula* Until 4:53PM	<b>Muruqa:</b> Purple <i>Sunset: 6:13PM</i>		Moon 8 - Phase 21
	511113463	<b>Rahu</b> 8:28AM – 10:05AM	Balava Until 6:48PM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 7:55AM Sun</b>	Moon – Clear	<b>Sivaloka Day</b>	
Until 6:25PM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda




<b>1</b>	<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 163
	Kataka Rasi: 3.2	Tithi 25 – 26	<b>Gulika</b> 11:39AM – 1:10PM	<b>Pushya</b> <b>Until 4:18AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:36AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 5:43PM</i>	Vikarin 5121
			Yama 8:38AM – 10:08AM	Parigha* Until 11:08AM			Moon 9 - Phase 23
	Creative Work Siddha Yoga	542213463	<b>Rahu</b> 2:41PM – 4:12PM	Bava Until 10:59PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> <b>Until 12:11PM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>		
				<b>Bhadrapada•Puratasi</b>			

<b>2</b>	<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 164
	Kataka Rasi: 17.41	Tithi 26 – 27	<b>Gulika</b> 10:09AM – 11:39AM	<b>Ashlesha*</b> <b>Until 1:57AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:38AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 5:40PM</i>	Vikarin 5121
			Yama 7:08AM – 8:39AM	Shiva Until 7:56AM			Moon 9 - Phase 23
	Creative Work Siddha Yoga	542213463	<b>Rahu</b> 11:39AM – 1:09PM	Kaulava Until 8:07PM	<b>Nataraja:</b> Clear		2nd Phase
Until 1:57AM Thu			<b>Ekadashi*</b> <b>Until 9:36AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>		
Then Creative Work - Amrita Yoga				<b>Bhadrapada•Puratasi</b>			

<b>3</b>	<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 165
	Simha Rasi: 2.25	Tithi 27 – 28	<b>Gulika</b> 8:39AM – 10:09AM	<b>Magha*</b> <b>Until 11:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:40AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 5:37PM</i>	Vikarin 5121
			Yama 5:40AM – 7:10AM	Sadhya Until 12:18AM Fri			Moon 9 - Phase 23
	Creative Work Amrita Yoga	552213463	<b>Rahu</b> 1:08PM – 2:38PM	Vanija Until 2:59AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Until 11:26PM			<b>Dvadashi*</b> <b>Until 6:29AM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga				<b>Bhadrapada•Puratasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 166
	Simha Rasi: 17.28	Tithi 29	<b>Gulika</b> 7:12AM – 8:40AM	<b>Purvaphalguni</b> <b>Until 8:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:43AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 5:34PM</i>	Vikarin 5121
			Yama 2:36PM – 4:05PM	Subha Until 8:07PM			Moon 9 - Phase 23
	Creative Work Siddha Yoga	552213463	<b>Rahu</b> 10:09AM – 11:38AM	Visti Until 1:09PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi*</b> <b>Until 11:15PM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>		
				<b>Bhadrapada•Puratasi</b>			

	<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 167
	<b>Retreat Star</b>		<b>Gulika</b> 5:45AM – 7:13AM	<b>Uttaraphalguni</b> <b>Until 5:24PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:45AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 5:31PM</i>	Vikarin 5121
	Kanya Rasi: 2.4	Tithi 30	Yama 1:06PM – 2:35PM	Sukla Until 3:51PM			Moon 9 - Phase 23
	Routine Work Marana Yoga	652213463	<b>Rahu</b> 8:41AM – 10:10AM	Catuspada Until 9:22AM	<b>Nataraja:</b> Clear		Amavasya
		<b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Amavasya*</b> <b>Until 7:28PM</b>	<b>Moon – Red</b>	<b>Devaloka Day</b>		
				<b>Bhadrapada•Puratasi</b>			

<b>Retreat Star</b>	<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stockholm, Sweden Sun 14 Sutra 168
	Kanya Rasi: 17.53	Tithi 1 – 2	<b>Gulika</b> 2:33PM – 4:01PM	<b>Hasta</b> <b>Until 2:39PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:47AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 5:28PM</i>	Vikarin 5121
			Yama 11:38AM – 1:05PM	Brahma Until 11:39AM			Moon 9 - Phase 23
	Creative Work Amrita Yoga	663213463	<b>Rahu</b> 4:01PM – 5:28PM	Balava Until 2:04AM Mon	<b>Nataraja:</b> Clear		Prathama
Until 2:39PM			<b>Prathama*</b> <b>Until 3:47PM</b>	<b>Moon – Green</b>	<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Stockholm, Sweden Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.55	Tithi 2 – 3	<b>Gulika</b>	1:04PM – 2:31PM	<b>Chitra Until 12:02PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:49AM
<b>Family Home Evening</b>	663213463	Yama	10:10AM – 11:37AM	Indra Until 7:41AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:25PM
Routine Work Prabalarishta Yoga		<b>Rahu</b>	7:16AM – 8:43AM	Taitila Until 10:54PM	<b>Nataraja:</b> Clear
Until 12:02PM				Dvitiya Until 12:24PM	Moon – Green
Then Creative Work - Amrita Yoga					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>2</b>		<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau	Stockholm, Sweden Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.38	Tithi 3 – 4	<b>Gulika</b>	11:37AM – 1:03PM	<b>Svati Until 9:45AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:52AM
	663213463	Yama	8:44AM – 10:11AM	Vishkambha* Until 12:54AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:22PM
Creative Work Siddha Yoga		<b>Rahu</b>	2:30PM – 3:56PM	Vanija Until 8:17PM	<b>Nataraja:</b> Clear
Until 9:45AM				Tritiya Until 9:30AM	Moon – Green
Then Routine Work - Marana Yoga					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>3</b>		<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Stockholm, Sweden Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.56	Tithi 4 – 5	<b>Gulika</b>	10:11AM – 11:37AM	<b>Vishakha Until 8:23AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:54AM
	673213463	Yama	7:20AM – 8:45AM	Priti Until 10:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:19PM
Creative Work Siddha Yoga		<b>Rahu</b>	11:37AM – 1:02PM	Bava Until 6:22PM	<b>Nataraja:</b> Clear
				Chaturthi* Until 7:13AM	Moon – Orange
					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>4</b>		<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau	Stockholm, Sweden Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.44	Tithi 6	<b>Gulika</b>	8:46AM – 10:11AM	<b>Anuradha Until 7:38AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:56AM
	673213463	Yama	5:56AM – 7:21AM	Ayushman Until 8:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:16PM
Creative Work Siddha Yoga		<b>Rahu</b>	1:01PM – 2:26PM	Kaulava Until 5:17PM	<b>Nataraja:</b> Clear
Until 7:38AM				Shashthi* Until 5:03AM Fri	Moon – Orange
Then Routine Work - Prabalarishta Yoga					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>5</b>		<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau	Stockholm, Sweden Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 29.02	Tithi 7	<b>Gulika</b>	7:23AM – 8:47AM	<b>Jyeshtha* Until 7:36AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:59AM
	673213463	Yama	2:25PM – 3:49PM	Saubhagya Until 7:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:14PM
Routine Work Marana Yoga		<b>Rahu</b>	10:12AM – 11:36AM	Gara Until 5:06PM	<b>Nataraja:</b> Clear
Until 7:36AM				Saptami Until 5:19AM Sat	Moon – Orange
Then Creative Work - Amrita Yoga					<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>Retreat Star</b>		<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau	Stockholm, Sweden Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.52	Tithi 8	<b>Gulika</b>	6:01AM – 7:25AM	<b>Mula* Until 8:45AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:01AM
	683213463	Yama	12:59PM – 2:23PM	Sobhana Until 6:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:11PM
Creative Work Siddha Yoga		<b>Rahu</b>	8:48AM – 10:12AM	Visti Until 5:47PM	<b>Nataraja:</b> Clear
				Ashtami* Until 6:24AM Sun	Moon – Light Blue
		<b>Durga Ashtami</b>			<b>Sivaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>Retreat Star</b>		<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Stockholm, Sweden Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 24.2	Tithi 8 – 9	<b>Gulika</b>	2:22PM – 3:45PM	<b>Purvashadha* Until 10:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:03AM
	683213463	Yama	11:35AM – 12:59PM	Athiganda* Until 6:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:08PM
Creative Work Siddha Yoga		<b>Rahu</b>	3:45PM – 5:08PM	Balava Until 7:14PM	<b>Nataraja:</b> Clear
Until 10:32AM				Ashtami* Until 6:24AM	Moon – Light Blue
Then Creative Work - Amrita Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>			<b>Sivaloka Day</b>
					<b>Ashvina+Puratasi</b>

<b>1</b>	<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stockholm, Sweden
	Makara Rasi: 6.31	Tithi 9 – 10	<b>Gulika</b> 12:58PM – 2:20PM	<b>Uttarashadha</b> Until 12:46PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Sun 22 Sutra 176
	<b>Family Home Evening</b>	683213463	Yama 10:13AM – 11:35AM	Sukarma Until 7:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Vikarin 5121
	Routine Work Marana Yoga		<b>Rahu</b> 7:28AM – 8:50AM	Taitila Until 9:17PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 25
Until 12:46PM			<b>Navami*</b> Until 8:11AM	Moon – Light Blue		4th Phase	
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Stockholm, Sweden
	Makara Rasi: 18.29	Tithi 10 – 11	<b>Gulika</b> 11:35AM – 12:57PM	<b>Shravana</b> Until 3:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:08AM	Sun 23 Sutra 177
	<b>Family Home Evening</b>	693213464	Yama 8:51AM – 10:13AM	Dhriti Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM	Vikarin 5121
	Routine Work Siddha Yoga		<b>Rahu</b> 2:18PM – 3:40PM	Vanija Until 11:40PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Until 12:46PM			<b>Dashami</b> Until 10:25AM	Moon – Purple		4th Phase	
Then Creative Work - Amrita Yoga		<b>Vijaya Dasami</b>		<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden
	Kumbha Rasi: 0.22	Tithi 11 – 12	<b>Gulika</b> 10:13AM – 11:35AM	<b>Dhanishtha</b> Until 6:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	Sun 24 Sutra 178
	<b>Family Home Evening</b>	693213464	Yama 7:31AM – 8:52AM	Shula* Until 9:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Vikarin 5121
	Routine Work Prabalarishta Yoga		<b>Rahu</b> 11:35AM – 12:56PM	Bava Until 2:13AM Thu	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Until 6:46PM			<b>Ekadashi</b> Until 12:55PM	Moon – Purple		4th Phase	
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden
	Kumbha Rasi: 12.12	Tithi 12 – 13	<b>Gulika</b> 8:53AM – 10:14AM	<b>Shatabhishak</b> Until 9:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	Sun 25 Sutra 179
	<b>Family Home Evening</b>	693213464	Yama 6:13AM – 7:33AM	Ganda* Until 10:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Vikarin 5121
	Routine Work Siddha Yoga		<b>Rahu</b> 12:55PM – 2:15PM	Kaulava Until 4:43AM Fri	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Until 12:46PM			<b>Dvadashi</b> Until 3:27PM	Moon – Purple		4th Phase	
Then Creative Work - Siddha Yoga		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden
	Kumbha Rasi: 24.04	Tithi 13 – 14	<b>Gulika</b> 7:35AM – 8:54AM	<b>Purvaproshtapada*</b> Until 12:40AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:15AM	Sun 26 Sutra 180
	<b>Family Home Evening</b>	613213464	Yama 2:14PM – 3:33PM	Vriddhi Until 11:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM	Vikarin 5121
	Routine Work Siddha Yoga		<b>Rahu</b> 10:14AM – 11:34AM	Gara Until 7:04AM Sat	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Until 12:46PM			<b>Trayodashi</b> Until 5:53PM	Moon – Clear		4th Phase	
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	

<b>6</b>	<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Stockholm, Sweden
	Meena Rasi: 5.58	Tithi 14	<b>Gulika</b> 6:17AM – 7:36AM	<b>Uttaraproshtapada</b> Until 3:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:17AM	Sun 27 Sutra 181
	<b>Family Home Evening</b>	613213464	Yama 12:53PM – 2:12PM	Dhruva Until 11:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Vikarin 5121
	Routine Work Siddha Yoga		<b>Rahu</b> 8:56AM – 10:15AM	Gara Until 7:04AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Until 12:46PM			<b>Chaturdashi*</b> Until 8:08PM	Moon – Clear		4th Phase	
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>	

	<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Stockholm, Sweden
	Meena Rasi: 17.59	Tithi 15	<b>Gulika</b> 2:11PM – 3:29PM	<b>Revati</b> Until 5:38AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM	Sutra 182
	<b>Family Home Evening</b>	614213464	Yama 11:34AM – 12:52PM	Vyaghata* Until 12:08AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:48PM	Vikarin 5121
	Routine Work Amrita Yoga		<b>Rahu</b> 3:29PM – 4:48PM	Visti Until 9:11AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Until 5:38AM Mon			<b>Purnima*</b> Until 10:07PM	Moon – Clear		Purnima	
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	

<b>Silver Retreat Star</b>	<b>Monday, October 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Stockholm, Sweden
	Mesha Rasi: 0.05	Tithi 16	<b>Gulika</b> 12:51PM – 2:09PM	<b>Ashvini</b> Until 7:57AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	Sutra 183
	<b>Family Home Evening</b>	624213464	Yama 10:15AM – 11:33AM	Harshana Until 12:25AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
	Routine Work Siddha Yoga		<b>Rahu</b> 7:40AM – 8:58AM	Balava Until 11:02AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25
Until 12:46PM			<b>Prathama*</b> Until 11:50PM	Moon – White		Prathama	
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>		<b>Subha Subha Sivaloka Day</b>	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Tuesday, October 15, 2019

Gold Retreat Star

Mesha Rasi: 12.19      Tithi 17

624213464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden

Sun 1      Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

**Gulika**      11:33AM – 12:50PM      **Ashvini Until 7:57AM**

**Yama**      8:59AM – 10:16AM      **Vajra\* Until 12:25AM Wed**

**Rahu**      2:07PM – 3:25PM      **Taitila Until 12:35PM**

**Dvitiya Until 1:13AM Wed**

**Ganesha:** White      *Sunrise:* 6:24AM

**Muruqa:** Purple      *Sunset:* 4:42PM

**Nataraja:** Purple

Moon – White      **Subha Subha Sivaloka Day**

**Ashvina+Puratasi**

1

Wednesday, October 16, 2019

Mesha Rasi: 24.41      Tithi 18

624213464

Creative Work      Siddha Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stockholm, Sweden

Sun 2      Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

**Gulika**      10:16AM – 11:33AM      **Bharani Until 9:48AM**

**Yama**      7:43AM – 9:00AM      **Siddhi Until 12:11AM Thu**

**Rahu**      11:33AM – 12:49PM      **Vanija Until 1:49PM**

**Tritiya Until 2:17AM Thu**

**Ganesha:** White      *Sunrise:* 6:27AM

**Muruqa:** Purple      *Sunset:* 4:39PM

**Nataraja:** Purple

Moon – White      **Subha Subha Sivaloka Day**

**Ashvina+Puratasi**

2

Thursday, October 17, 2019

Vrishabha Rasi: 7.12      Tithi 19

624313464

Routine Work      Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Stockholm, Sweden

Sun 3      Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

**Gulika**      9:01AM – 10:17AM      **Krittika Until 11:09AM**

**Yama**      6:29AM – 7:45AM      **Vyatipata\* Until 11:40PM**

**Rahu**      12:49PM – 2:04PM      **Bava Until 2:42PM**

**Chaturthi\* Until 2:58AM Fri**

**Ganesha:** Yellow      *Sunrise:* 6:29AM

**Muruqa:** Purple      *Sunset:* 4:36PM

**Nataraja:** Purple

Moon – White      **Subha Sivaloka Day**

**Ashvina+Aipasi**

3

Friday, October 18, 2019

Vrishabha Rasi: 19.53      Tithi 20

634313464

Routine Work      Marana Yoga

Until 12:27PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Stockholm, Sweden

Sun 4      Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

**Gulika**      7:47AM – 9:02AM      **Rohini Until 12:27PM**

**Yama**      2:03PM – 3:18PM      **Varyan Until 10:49PM**

**Rahu**      10:17AM – 11:32AM      **Kaulava Until 3:11PM**

**Panchami Until 3:14AM Sat**

**Ganesha:** White      *Sunrise:* 6:31AM

**Muruqa:** Purple      *Sunset:* 4:33PM

**Nataraja:** Purple

Moon – Yellow      **Sivaloka Day**

**Ashvina+Aipasi**

4

Saturday, October 19, 2019

Mithuna Rasi: 2.46      Tithi 21

634313464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthayam Titau

Stockholm, Sweden

Sun 5      Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

**Gulika**      6:34AM – 7:48AM      **Mrigashira Until 1:09PM**

**Yama**      12:47PM – 2:01PM      **Parigha\* Until 9:36PM**

**Rahu**      9:03AM – 10:18AM      **Gara Until 3:13PM**

**Shashthi\* Until 3:01AM Sun**

**Ganesha:** White      *Sunrise:* 6:34AM

**Muruqa:** Purple      *Sunset:* 4:31PM

**Nataraja:** Purple

Moon – Yellow      **Sivaloka Day**

**Ashvina+Aipasi**

5

Sunday, October 20, 2019

Mithuna Rasi: 15.55      Tithi 22

634313464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Stockholm, Sweden

Sun 6      Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

**Gulika**      2:00PM – 3:14PM      **Ardra Until 1:12PM**

**Yama**      11:32AM – 12:46PM      **Shiva Until 7:59PM**

**Rahu**      3:14PM – 4:28PM      **Visti Until 2:44PM**

**Saptami Until 2:15AM Mon**

**Ganesha:** White      *Sunrise:* 6:36AM

**Muruqa:** Purple      *Sunset:* 4:28PM

**Nataraja:** Purple

Moon – Yellow      **Sivaloka Day**

**Ashvina+Aipasi**

D

Monday, October 21, 2019

Retreat Star

Mithuna Rasi: 29.2      Tithi 23

644313464

Family Home Evening

Creative Work      Amrita Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Stockholm, Sweden

Sun 7      Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

**Gulika**      12:45PM – 1:59PM      **Punarvasu Until 1:01PM**

**Yama**      10:19AM – 11:32AM      **Siddha Until 5:54PM**

**Rahu**      7:52AM – 9:05AM      **Balava Until 1:41PM**

**Ashtami\* Until 12:56AM Tue**

**Ganesha:** Clear      *Sunrise:* 6:39AM

**Muruqa:** Purple      *Sunset:* 4:25PM

**Nataraja:** Purple

Moon – Blue      **Subha Sivaloka Day**

**Ashvina+Aipasi**

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 13.05      Tithi 24

644313464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Stockholm, Sweden

Sun 8      Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

**Gulika**      11:32AM – 12:44PM      **Pushya Until 12:07PM**

**Yama**      9:06AM – 10:19AM      **Sadhya Until 3:21PM**

**Rahu**      1:57PM – 3:10PM      **Taitila Until 12:04PM**

**Navami\* Until 11:02PM**

**Ganesha:** Clear      *Sunrise:* 6:41AM

**Muruqa:** Purple      *Sunset:* 4:22PM

**Nataraja:** Purple

Moon – Blue      **Subha Sivaloka Day**

**Ashvina+Aipasi**

1	<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Stockholm, Sweden Sun 9 Sutra 192	
	Kataka Rasi: 27.12	Tithi 25	<b>Gulika</b> 10:20AM – 11:32AM	<b>Ashlesha* Until 10:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:43AM		Vikarin 5121
			Yama 7:56AM – 9:08AM	Subha Until 12:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:20PM		Moon 10 - Phase 27
	Creative Work	Siddha Yoga	644313464 <b>Rahu</b> 11:32AM – 12:44PM	Vanija Until 9:55AM	<b>Nataraja:</b> Purple			2nd Phase
			<b>Dashami Until 8:38PM</b>	Moon – Blue			<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>				

2	<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 193	
	Simha Rasi: 11.39	Tithi 26 – 27	<b>Gulika</b> 9:09AM – 10:20AM	<b>Magha* Until 8:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM		Vikarin 5121
			Yama 6:46AM – 7:57AM	Sukla Until 9:02AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:17PM		Moon 10 - Phase 27
	Creative Work	Amrita Yoga	654313464 <b>Rahu</b> 12:43PM – 1:54PM	Bava Until 7:16AM	<b>Nataraja:</b> Purple			2nd Phase
Until 8:45AM			<b>Ekadashi* Until 5:47PM</b>	Moon – Red			<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina•Aipasi</b>				

3	<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillal/Gara Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 194	
	Simha Rasi: 26.22	Tithi 27 – 28	<b>Gulika</b> 7:59AM – 9:10AM	<b>Purvaphalguni Until 6:27AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM		Vikarin 5121
			Yama 1:53PM – 3:04PM	Indra Until 1:31AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:14PM		Moon 10 - Phase 27
	Creative Work	Siddha Yoga	655313464 <b>Rahu</b> 10:21AM – 11:31AM	Gara Until 12:59AM Sat	<b>Nataraja:</b> Purple			2nd Phase
			<b>Dvadashi* Until 2:38PM</b>	Moon – Red			<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>				
				<i>Pradosha Vrata (Fasting)</i>				

4	<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 195	
	Kanya Rasi: 11.16	Tithi 28 – 29	<b>Gulika</b> 6:51AM – 8:01AM	<b>Hasta Until 1:19AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:51AM		Vikarin 5121
			Yama 12:41PM – 1:52PM	Vaidhriti* Until 9:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:12PM		Moon 10 - Phase 27
	Routine Work	Marana Yoga	665313464 <b>Rahu</b> 9:11AM – 10:21AM	Visti Until 9:37PM	<b>Nataraja:</b> Purple			2nd Phase
Until 1:19AM Sun			<b>Trayodashi* Until 11:17AM</b>	Moon – Green			<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina•Aipasi</b>				

●	<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 196	
	<b>Retreat Star</b>		<b>Gulika</b> 1:50PM – 3:00PM	<b>Chitra Until 10:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:53AM		Vikarin 5121
	Kanya Rasi: 26.14	Tithi 29 – 30	Yama 11:31AM – 12:41PM	Vishkambha* Until 5:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:09PM		Moon 10 - Phase 27
	Creative Work	Siddha Yoga	665313464 <b>Rahu</b> 3:00PM – 4:09PM	Catuspada Until 6:18PM	<b>Nataraja:</b> Purple			Amavasya
			<b>Chaturdashi* Until 7:55AM</b>	Moon – Green			<b>Subha Sivaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>				

●	<b>Monday, October 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 14 Sutra 197	
	<b>Retreat Star</b>		<b>Gulika</b> 12:40PM – 1:49PM	<b>Svati Until 8:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:56AM		Vikarin 5121
	Tula Rasi: 11.05	Tithi 1	Yama 10:22AM – 11:31AM	Priti Until 1:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:06PM		Moon 10 - Phase 27
	<b>Family Home Evening</b>		665313464 <b>Rahu</b> 8:05AM – 9:13AM	Kintughna Until 3:12PM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 1:47AM Tue</b>	Moon – Green			<b>Subha Sivaloka Day</b>	
Until 8:24PM		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>				
Then Routine Work - Marana Yoga								

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Stockholm, Sweden Sun 15 Sutra 198	
Tula Rasi: 25.43	Tithi 2	<b>Gulika</b> 11:31AM – 12:39PM	<b>Vishakha</b> Until 6:42PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:58AM		Vikarin 5121
		Yama 9:15AM – 10:23AM	Ayushman Until 10:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:04PM		Moon 10 - Phase 28
		675313464 <b>Rahu</b> 1:47PM – 2:56PM	Balava Until 12:31PM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 11:21PM	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 6:42PM				<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Stockholm, Sweden Sun 16 Sutra 199	
Virshika Rasi: 9.59	Tithi 3	<b>Gulika</b> 10:23AM – 11:31AM	<b>Anuradha</b> Until 5:29PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:01AM		Vikarin 5121
		Yama 8:08AM – 9:16AM	Saubhagya Until 7:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:01PM		Moon 10 - Phase 28
		675313464 <b>Rahu</b> 11:31AM – 12:39PM	Taitila Until 10:22AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 9:33PM	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Kartika•Aipasi</b>			

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau		Stockholm, Sweden Sun 17 Sutra 200	
Virshika Rasi: 23.49	Tithi 4	<b>Gulika</b> 9:17AM – 10:24AM	<b>Jyeshtha*</b> Until 4:51PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:03AM		Vikarin 5121
		Yama 7:03AM – 8:10AM	Athiganda* Until 3:24AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:59PM		Moon 10 - Phase 28
		675313464 <b>Rahu</b> 12:38PM – 1:45PM	Vanija Until 8:57AM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 8:31PM	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 4:51PM				<b>Kartika•Aipasi</b>			
Then Creative Work - Siddha Yoga							


<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Stockholm, Sweden Sun 18 Sutra 201	
Dhanus Rasi: 7.1	Tithi 5	<b>Gulika</b> 8:12AM – 9:18AM	<b>Mula*</b> Until 5:20PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:06AM		Vikarin 5121
		Yama 1:44PM – 2:50PM	Sukarma Until 2:18AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:56PM		Moon 10 - Phase 28
		685313464 <b>Rahu</b> 10:25AM – 11:31AM	Bava Until 8:21AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 8:21PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 5:20PM				<b>Kartika•Aipasi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Stockholm, Sweden Sun 19 Sutra 202	
Dhanus Rasi: 20.05	Tithi 6	<b>Gulika</b> 7:08AM – 8:14AM	<b>Purvashadha*</b> Until 6:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:08AM		Vikarin 5121
		Yama 12:37PM – 1:42PM	Dhriti Until 1:53AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:54PM		Moon 10 - Phase 28
		685313464 <b>Rahu</b> 9:19AM – 10:25AM	Kaulava Until 8:37AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 9:02PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 6:31PM				<b>Kartika•Aipasi</b>			
Then Routine Work - Marana Yoga		<b>Skanda Shasthi</b>					

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Stockholm, Sweden Sun 20 Sutra 203	
Makara Rasi: 2.37	Tithi 7	<b>Gulika</b> 1:41PM – 2:46PM	<b>Uttarashadha</b> Until 8:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:10AM		Vikarin 5121
		Yama 11:31AM – 12:36PM	Shula* Until 1:59AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:51PM		Moon 10 - Phase 28
		685313464 <b>Rahu</b> 2:46PM – 3:51PM	Gara Until 9:42AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Saptami</b> Until 10:30PM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
				<b>Kartika•Aipasi</b>			

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Stockholm, Sweden Sun 21 Sutra 204	
Makara Rasi: 14.49	Tithi 8	<b>Gulika</b> 12:35PM – 1:40PM	<b>Shravana</b> Until 10:57PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:13AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:26AM – 11:31AM	Ganda* Until 2:32AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:49PM		Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 <b>Rahu</b> 8:17AM – 9:22AM	Visti Until 11:29AM	<b>Nataraja:</b> Purple			Ashtami
Until 10:57PM			<b>Ashtami*</b> Until 12:33AM Tue	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Kartika•Aipasi</b>			

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Stockholm, Sweden Sun 22 Sutra 205	
Makara Rasi: 26.5	Tithi 9	<b>Gulika</b> 11:31AM – 12:35PM	<b>Dhanishtha</b> Until 1:49AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:15AM		Vikarin 5121
		Yama 9:23AM – 10:27AM	Vriddhi Until 3:21AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:46PM		Moon 10 - Phase 28
		696313464 <b>Rahu</b> 1:39PM – 2:42PM	Balava Until 1:45PM	<b>Nataraja:</b> Purple			Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:58AM Wed	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Kartika•Aipasi</b>			

<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Stockholm, Sweden Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.43	Tithi 10	<b>Gulika</b> 10:28AM – 11:31AM <b>Yama</b> 8:21AM – 9:24AM <b>Rahu</b> 11:31AM – 12:34PM	<b>Shatabhishak</b> Until 4:39AM Thu Dhruva Until 4:14AM Thu Taitila Until 4:16PM <b>Dashami</b> Until 5:31AM Thu	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 3:44PM	Moon 10 - Phase 29 4th Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					
<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Stockholm, Sweden Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.34	Tithi 11	<b>Gulika</b> 9:26AM – 10:28AM <b>Yama</b> 7:20AM – 8:23AM <b>Rahu</b> 12:34PM – 1:36PM	<b>Purvaproshtapada*</b> Until 7:44AM Fri Vyaghata* Until 5:04AM Fri Vanija Until 6:47PM <b>Ekadashi</b> Until 7:58AM Fri	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 3:42PM	Moon 10 - Phase 29 4th Phase <b>Subha Sivaloka Day</b>
	Creative Work	Siddha Yoga					
<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 2.28	Tithi 11 – 12	<b>Gulika</b> 8:25AM – 9:27AM <b>Yama</b> 1:35PM – 2:37PM <b>Rahu</b> 10:29AM – 11:31AM	<b>Purvaproshtapada*</b> Until 7:44AM Harshana Until 5:44AM Sat Bava Until 9:08PM <b>Ekadashi</b> Until 7:58AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 7:23AM <b>Sunset:</b> 3:39PM	Moon 10 - Phase 29 4th Phase <b>Subha Sivaloka Day</b>
	Creative Work	Siddha Yoga					
<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stockholm, Sweden Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 14.26	Tithi 12 – 13	<b>Gulika</b> 7:25AM – 8:27AM <b>Yama</b> 12:33PM – 1:34PM <b>Rahu</b> 9:28AM – 10:30AM	<b>Uttaraproshtapada</b> Until 10:25AM Vajra* Until 6:08AM Sun Kaulava Until 11:12PM <b>Dvadashi</b> Until 10:11AM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 7:25AM <b>Sunset:</b> 3:37PM	Moon 10 - Phase 29 4th Phase <b>Subha Sivaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 10:25AM						
	Then Routine Work - Prabararishta Yoga						
<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.32	Tithi 13 – 14	<b>Gulika</b> 1:33PM – 2:34PM <b>Yama</b> 11:31AM – 12:32PM <b>Rahu</b> 2:34PM – 3:35PM	<b>Revati</b> Until 12:37PM Vajra* Until 6:08AM Gara Until 12:52AM Mon <b>Trayodashi</b> Until 12:03PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 7:28AM <b>Sunset:</b> 3:35PM	Moon 10 - Phase 29 4th Phase <b>Subha Sivaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 12:37PM						
	Then Creative Work - Siddha Yoga						
	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stockholm, Sweden Sutra 211 Vikarin 5121
	Mesha Rasi: 8.48	Tithi 14 – 15	<b>Gulika</b> 12:32PM – 1:32PM <b>Yama</b> 10:31AM – 11:31AM <b>Rahu</b> 8:30AM – 9:31AM	<b>Ashvini</b> Until 2:45PM Siddhi Until 6:15AM Visti Until 2:07AM Tue <b>Chaturdashi*</b> Until 1:32PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 7:30AM <b>Sunset:</b> 3:32PM	Moon 10 - Phase 29 Purnima <b>Subha Sivaloka Day</b>
	Family Home Evening						
	Creative Work	Siddha Yoga					
<b>6</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stockholm, Sweden Sutra 212 Vikarin 5121
	Mesha Rasi: 21.15	Tithi 15 – 16	<b>Gulika</b> 11:31AM – 12:31PM <b>Yama</b> 9:32AM – 10:32AM <b>Rahu</b> 1:31PM – 2:31PM	<b>Bharani</b> Until 4:19PM Vyatipata* Until 6:03AM Balava Until 2:57AM Wed <b>Purnima*</b> Until 2:34PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 7:33AM <b>Sunset:</b> 3:30PM	Moon 10 - Phase 29 Prathama <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vishabha Rasi: 3.53 Tithi 16 – 17

727413464

Creative Work Amrita Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:32AM – 11:32AM  
Yama 8:34AM – 9:33AM  
Rahu 11:32AM – 12:31PM

Krittika Until 5:19PM  
Parigha\* Until 4:39AM Thu  
Taitila Until 3:22AM Thu  
Prathama\* Until 3:11PM

Ganesha: White Sunrise: 7:35AM  
Muruga: Purple Sunset: 3:28PM  
Nataraja: Purple  
Moon – White  
Karttika-Aipasi

Sivaloka Day

Stockholm, Sweden  
Sutra 213  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

1

Thursday, November 14, 2019

Vishabha Rasi: 16.43 Tithi 17 – 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 9:35AM – 10:33AM  
Yama 7:37AM – 8:36AM  
Rahu 12:30PM – 1:29PM

Rohini Until 6:14PM  
Shiva Until 3:31AM Fri  
Vanija Until 3:23AM Fri  
Dvitiya Until 3:24PM

Ganesha: Clear Sunrise: 7:37AM  
Muruga: Purple Sunset: 3:26PM  
Nataraja: Purple  
Moon – Yellow  
Karttika-Aipasi

Subha Sivaloka Day

Stockholm, Sweden  
Sun 1 Sutra 214  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

2

Friday, November 15, 2019

Vishabha Rasi: 29.43 Tithi 18 – 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 8:38AM – 9:36AM  
Yama 1:28PM – 2:26PM  
Rahu 10:34AM – 11:32AM

Mrigashira Until 6:38PM  
Siddha Until 2:03AM Sat  
Bava Until 3:02AM Sat  
Tritiya Until 3:14PM

Ganesha: Clear Sunrise: 7:40AM  
Muruga: Purple Sunset: 3:24PM  
Nataraja: Purple  
Moon – Yellow  
Karttika-Aipasi

Subha Sivaloka Day

Stockholm, Sweden  
Sun 2 Sutra 215  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 12.56 Tithi 19 – 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:42AM – 8:40AM  
Yama 12:30PM – 1:27PM  
Rahu 9:37AM – 10:35AM

Ardra Until 6:32PM  
Sadhya Until 12:19AM Sun  
Kaulava Until 2:20AM Sun  
Chaturthi\* Until 2:42PM

Ganesha: Clear Sunrise: 7:42AM  
Muruga: Purple Sunset: 3:22PM  
Nataraja: Purple  
Moon – Yellow  
Karttika-Karttikai

Subha Sivaloka Day

Stockholm, Sweden  
Sun 3 Sutra 216  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

4

Sunday, November 17, 2019

Mithuna Rasi: 26.2 Tithi 20 – 21

747413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:26PM – 2:23PM  
Yama 11:32AM – 12:29PM  
Rahu 2:23PM – 3:20PM

Punarvasu Until 6:24PM  
Subha Until 10:20PM  
Gara Until 1:17AM Mon  
Panchami Until 1:50PM

Ganesha: Purple Sunrise: 7:45AM  
Muruga: Purple Sunset: 3:20PM  
Nataraja: Clear  
Moon – Blue  
Karttika-Karttikai

Devaloka Day

Stockholm, Sweden  
Sun 4 Sutra 217  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 9.55 Tithi 21 – 22

748413465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 12:29PM – 1:25PM  
Yama 10:36AM – 11:32AM  
Rahu 8:43AM – 9:40AM

Pushya Until 5:46PM  
Sukla Until 8:03PM  
Visti Until 11:53PM  
Shashthi\* Until 12:37PM

Ganesha: Clear Sunrise: 7:47AM  
Muruga: Purple Sunset: 3:18PM  
Nataraja: Clear  
Moon – Blue  
Karttika-Karttikai

Sivaloka Day

Stockholm, Sweden  
Sun 5 Sutra 218  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 23.43 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamy/Ashlamyam Titau

Gulika 11:33AM – 12:29PM  
Yama 9:41AM – 10:37AM  
Rahu 1:24PM – 2:20PM

Ashlesha\* Until 4:40PM  
Brahma Until 5:31PM  
Balava Until 10:10PM  
Saptami Until 11:03AM

Ganesha: Clear Sunrise: 7:49AM  
Muruga: Purple Sunset: 3:16PM  
Nataraja: Clear  
Moon – Blue  
Karttika-Karttikai

Sivaloka Day

Stockholm, Sweden  
Sun 6 Sutra 219  
Vikarin 5121  
Moon 11 - Phase 30  
Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 7.42 Tithi 23 – 24

758413465

Creative Work Siddha Yoga

Until 3:32PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:38AM – 11:33AM  
Yama 8:47AM – 9:42AM  
Rahu 11:33AM – 12:28PM

Magha\* Until 3:32PM  
Indra Until 2:44PM  
Taitila Until 8:08PM  
Ashtami\* Until 9:10AM

Ganesha: White Sunrise: 7:52AM  
Muruga: Purple Sunset: 3:14PM  
Nataraja: Clear  
Moon – Red  
Karttika-Karttikai

Subha Sivaloka Day

Stockholm, Sweden  
Sun 7 Sutra 220  
Vikarin 5121  
Moon 11 - Phase 30  
Navami

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Stockholm, Sweden Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 21.54	Tithi 24 – 25	<b>Gulika</b> 9:44AM – 10:38AM	<b>Purvaphalguni</b> Until 1:59PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:54AM	
		<b>Yama</b> 7:54AM – 8:49AM	Vaidhriti* Until 11:42AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:12PM	Moon 11 - Phase 31
	758413465	<b>Rahu</b> 12:28PM – 1:23PM	Visti Until 4:33AM Fri	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:59AM	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prithi Yoga Bava/Balava Karana Ekadashyam Titau	Stockholm, Sweden Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 6.16	Tithi 26	<b>Gulika</b> 8:51AM – 9:45AM	<b>Uttaraphalguni</b> Until 12:03PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:56AM	
		<b>Yama</b> 1:22PM – 2:16PM	Vishkambha* Until 8:29AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:11PM	Moon 11 - Phase 31
	758413465	<b>Rahu</b> 10:39AM – 11:33AM	Bava Until 3:17PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:57AM Sat	Moon – Red	<b>Subha Sivaloka Day</b>
Until 12:03PM				<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	Stockholm, Sweden Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 20.44	Tithi 27	<b>Gulika</b> 7:59AM – 8:52AM	<b>Hasta</b> Until 10:16AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:59AM	
		<b>Yama</b> 12:28PM – 1:21PM	Ayushman Until 1:45AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:09PM	Moon 11 - Phase 31
	768413465	<b>Rahu</b> 9:46AM – 10:40AM	Kaulava Until 12:39PM	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 11:17PM	Moon – Green	<b>Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Stockholm, Sweden Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 5.15	Tithi 28	<b>Gulika</b> 1:21PM – 2:14PM	<b>Chitra</b> Until 8:20AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:01AM	
		<b>Yama</b> 11:34AM – 12:27PM	Saubhagya Until 10:25PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:07PM	Moon 11 - Phase 31
	769413465	<b>Rahu</b> 2:14PM – 3:07PM	Gara Until 9:59AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:40PM	Moon – Green	<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Stockholm, Sweden Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 19.41	Tithi 29	<b>Gulika</b> 12:27PM – 1:20PM	<b>Svati</b> Until 6:21AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:03AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:42AM – 11:34AM	Sobhana Until 7:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:06PM	Moon 11 - Phase 31
	769413465	<b>Rahu</b> 8:56AM – 9:49AM	Visti Until 7:26AM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:14PM	Moon – Green	<b>Devaloka Day</b>
Until 6:21AM				<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Stockholm, Sweden Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.58	Tithi 30 – 1	<b>Gulika</b> 11:35AM – 12:27PM	<b>Anuradha</b> Until 3:42AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:05AM	
		<b>Yama</b> 9:50AM – 10:42AM	Athiganda* Until 4:20PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:04PM	Moon 11 - Phase 31
	779413465	<b>Rahu</b> 1:19PM – 2:12PM	Kintughna Until 3:16AM Wed	<b>Nataraja:</b> Clear	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 4:08PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stockholm, Sweden Sun 14 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.59	Tithi 1 – 2	<b>Gulika</b> 10:43AM – 11:35AM	<b>Jyeshtha*</b> Until 2:53AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 8:07AM	
		<b>Yama</b> 8:59AM – 9:51AM	Sukarma Until 1:49PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 3:03PM	Moon 11 - Phase 31
	779413465	<b>Rahu</b> 11:35AM – 12:27PM	Balava Until 1:55AM Thu	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:30PM	Moon – Orange	<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stockholm, Sweden Sun 15 Sutra 228 Vikarin 5121	
Dhanus Rasi: 1.39	Tithi 2 – 3	<b>Gulika</b> 9:52AM – 10:44AM	<b>Mula* Until 3:02AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:09AM		
		Yama 8:09AM – 9:01AM	Dhriti Until 11:47AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:01PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 12:27PM – 1:18PM	Taitila Until 1:15AM Fri	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:29PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:02AM Fri				<b>Margasira•Karttikai</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stockholm, Sweden Sun 16 Sutra 229 Vikarin 5121	
Dhanus Rasi: 14.56	Tithi 3 – 4	<b>Gulika</b> 9:03AM – 9:54AM	<b>Purvashadha* Until 3:45AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:11AM		
		Yama 1:18PM – 2:09PM	Shula* Until 10:16AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:00PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:45AM – 11:36AM	Vanija Until 1:19AM Sat	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 1:10PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:45AM Sat				<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stockholm, Sweden Sun 17 Sutra 230 Vikarin 5121	
Dhanus Rasi: 27.51	Tithi 4 – 5	<b>Gulika</b> 8:14AM – 9:04AM	<b>Uttarashadha Until 5:01AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:14AM		
		Yama 12:27PM – 1:17PM	Ganda* Until 9:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 2:59PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:55AM – 10:45AM	Bava Until 2:08AM Sun	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 1:37PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:01AM Sun				<b>Margasira•Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stockholm, Sweden Sun 18 Sutra 231 Vikarin 5121	
Makara Rasi: 10.25	Tithi 5 – 6	<b>Gulika</b> 1:17PM – 2:07PM	<b>Shravana Until 7:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:15AM		
		Yama 11:36AM – 12:27PM	Vridhi Until 9:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 2:57PM		Moon 11 - Phase 32
		799413465 <b>Rahu</b> 2:07PM – 2:57PM	Kaulava Until 3:39AM Mon	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 2:47PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:16AM Mon				<b>Margasira•Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stockholm, Sweden Sun 19 Sutra 232 Vikarin 5121	
Makara Rasi: 22.41	Tithi 6 – 7	<b>Gulika</b> 12:27PM – 1:17PM	<b>Shravana Until 7:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:17AM		
<b>Family Home Evening</b>		Yama 10:47AM – 11:37AM	Dhruva Until 9:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 2:56PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 9:07AM – 9:57AM	Gara Until 5:42AM Tue	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:35PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:16AM				<b>Margasira•Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saplamyam Titau		Stockholm, Sweden Sun 20 Sutra 233 Vikarin 5121	
Kumbha Rasi: 4.44	Tithi 7	<b>Gulika</b> 11:37AM – 12:27PM	<b>Dhanishtha Until 9:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:19AM		
		Yama 9:58AM – 10:48AM	Vyaghata* Until 9:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 2:55PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 1:16PM – 2:06PM	Vanija Until 6:51PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:51AM				<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Stockholm, Sweden Sun 21 Sutra 234 Vikarin 5121	
Kumbha Rasi: 16.4	Tithi 8	<b>Gulika</b> 10:49AM – 11:38AM	<b>Shatabhishak Until 12:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:21AM		
		Yama 9:10AM – 9:59AM	Harshana Until 10:27AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 2:54PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 11:38AM – 12:27PM	Visti Until 8:05AM	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 12:33PM				<b>Margasira•Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Stockholm, Sweden Sun 22 Sutra 235 Vikarin 5121	
Kumbha Rasi: 28.32	Tithi 9	<b>Gulika</b> 10:00AM – 10:49AM	<b>Purvaproshtapada* Until 3:39PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:23AM		
		Yama 8:23AM – 9:12AM	Vajra* Until 11:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 2:53PM		Moon 11 - Phase 32
		711413465 <b>Rahu</b> 12:27PM – 1:16PM	Balava Until 10:36AM	<b>Nataraja:</b> Clear			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 11:48PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Margasira•Karttikai</b>			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Stockholm, Sweden
Meena Rasi: 10.27	Tithi 10	711413465	<b>Gulika</b> 9:13AM – 10:02AM <b>Yama</b> 1:15PM – 2:04PM <b>Rahu</b> 10:50AM – 11:38AM	<b>Uttaraproshtapada</b> Until 6:27PM Siddhi Until 11:59AM Taitila Until 1:00PM <b>Dashami</b> Until 2:05AM Sat	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 8:25AM <b>Sunset:</b> 2:52PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		


<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Stockholm, Sweden
Meena Rasi: 22.27	Tithi 11	711513465	<b>Gulika</b> 8:26AM – 9:14AM <b>Yama</b> 12:27PM – 1:15PM <b>Rahu</b> 10:03AM – 10:51AM	<b>Revati</b> Until 8:46PM Vyatipata* Until 12:31PM Vanija Until 3:07PM <b>Ekadashi</b> Until 3:59AM Sun	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 8:26AM <b>Sunset:</b> 2:52PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work Prabalarishta Yoga Until 8:46PM Then Creative Work - Siddha Yoga						<b>Subha Sivaloka Day</b>		

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Stockholm, Sweden
Mesha Rasi: 5	Tithi 12	721513465	<b>Gulika</b> 1:15PM – 2:03PM <b>Yama</b> 11:39AM – 12:27PM <b>Rahu</b> 2:03PM – 2:51PM	<b>Ashvini</b> Until 10:59PM Variyan Until 12:43PM Bava Until 4:47PM <b>Dvodashi</b> Until 5:24AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 8:28AM <b>Sunset:</b> 2:51PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 10:59PM Then Routine Work - Prabalarishta Yoga						<b>Sivaloka Day</b>		

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stockholm, Sweden
Mesha Rasi: 16.58	Tithi 13	721513465	<b>Gulika</b> 12:27PM – 1:15PM <b>Yama</b> 10:52AM – 11:40AM <b>Rahu</b> 9:17AM – 10:05AM	<b>Bharani</b> Until 12:30AM Tue Parigha* Until 12:31PM Kaulava Until 5:55PM <b>Trayodashi</b> Until 6:15AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 8:29AM <b>Sunset:</b> 2:50PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening Creative Work Siddha Yoga						<b>Sivaloka Day</b>		

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stockholm, Sweden
Mesha Rasi: 29.34	Tithi 13 – 14	721513465	<b>Gulika</b> 11:40AM – 12:28PM <b>Yama</b> 10:06AM – 10:53AM <b>Rahu</b> 1:15PM – 2:02PM	<b>Krittika</b> Until 1:18AM Wed Shiva Until 11:54AM Gara Until 6:29PM <b>Trayodashi</b> Until 6:15AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 8:31AM <b>Sunset:</b> 2:50PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>		

		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stockholm, Sweden		
<b>Copper Retreat Star</b>		Vrishabha Rasi: 12.27 Tithi 14 – 15		731523465	<b>Gulika</b> 10:54AM – 11:41AM <b>Yama</b> 9:19AM – 10:07AM <b>Rahu</b> 11:41AM – 12:28PM	<b>Rohini</b> Until 1:52AM Thu Siddha Until 10:49AM Visti Until 6:28PM <b>Chaturdashi*</b> Until 6:31AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 8:32AM <b>Sunset:</b> 2:49PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Creative Work Siddha Yoga Until 1:52AM Thu Then Routine Work - Marana Yoga						<b>Sivaloka Day</b>				

<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Stockholm, Sweden				
<b>Silver Retreat Star</b>		Vrishabha Rasi: 25.36 Tithi 15 – 16		732523465	<b>Gulika</b> 10:07AM – 10:54AM <b>Yama</b> 8:34AM – 9:21AM <b>Rahu</b> 12:28PM – 1:15PM	<b>Mrigashira</b> Until 1:48AM Fri Sadhya Until 9:20AM Kaulava Until 5:27AM Fri <b>Purnima*</b> Until 6:14AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 8:34AM <b>Sunset:</b> 2:49PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work Marana Yoga Until 1:48AM Fri Then Creative Work - Siddha Yoga						<b>Devaloka Day</b>				

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 9.01 Tithi 17

732523465

**Gulika** 9:22AM – 10:08AM  
**Yama** 1:15PM – 2:02PM  
**Rahu** 10:55AM – 11:42AM

**Ardra Until 1:09AM Sat**  
Subha Until 7:28AM  
Taitila Until 4:56PM

**Dvitiya Until 4:16AM Sat**

**Ganesha:** Clear **Sunrise:** 8:35AM

**Muruqa:** Clear **Sunset:** 2:49PM

**Nataraja:** Clear

Moon – Yellow

**Margasira-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 22.41 Tithi 18

742523465

**Gulika** 8:36AM – 9:23AM  
**Yama** 12:29PM – 1:15PM  
**Rahu** 10:09AM – 10:56AM

**Punarvasu Until 12:29AM Sun**

Brahma Until 2:49AM Sun

Vanija Until 3:34PM

**Tritiya Until 2:45AM Sun**

**Ganesha:** Purple **Sunrise:** 8:36AM

**Muruqa:** Clear **Sunset:** 2:48PM

**Nataraja:** Clear

Moon – Blue

**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Stockholm, Sweden

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 6.31 Tithi 19

742523465

**Gulika** 1:16PM – 2:02PM  
**Yama** 11:43AM – 12:29PM  
**Rahu** 2:02PM – 2:48PM

**Pushya Until 11:25PM**

Indra Until 12:11AM Mon

Bava Until 1:55PM

**Chaturthi\* Until 1:00AM Mon**

**Ganesha:** Purple **Sunrise:** 8:37AM

**Muruqa:** Clear **Sunset:** 2:48PM

**Nataraja:** Clear

Moon – Blue

**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Stockholm, Sweden

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 20.31 Tithi 20

742523465

**Gulika** 12:30PM – 1:16PM  
**Yama** 10:57AM – 11:43AM  
**Rahu** 9:25AM – 10:11AM

**Ashlesha\* Until 10:02PM**

Vaidhriti\* Until 9:24PM

Kaulava Until 12:04PM

**Panchami Until 11:04PM**

**Ganesha:** Purple **Sunrise:** 8:38AM

**Muruqa:** Clear **Sunset:** 2:48PM

**Nataraja:** Clear

Moon – Blue

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 10:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Stockholm, Sweden

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 4.35 Tithi 21

852523465

**Gulika** 11:44AM – 12:30PM  
**Yama** 10:11AM – 10:58AM  
**Rahu** 1:16PM – 2:02PM

**Magha\* Until 8:50PM**

Vishkambha\* Until 6:33PM

Gara Until 10:06AM

**Shashthi\* Until 9:03PM**

**Ganesha:** Purple **Sunrise:** 8:39AM

**Muruqa:** Clear **Sunset:** 2:48PM

**Nataraja:** Clear

Moon – Red

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Stockholm, Sweden

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 18.43 Tithi 22

852523465

**Gulika** 10:58AM – 11:44AM  
**Yama** 9:26AM – 10:12AM  
**Rahu** 11:44AM – 12:30PM

**Purvaphalguni Until 7:27PM**

Priti Until 3:40PM

Visti Until 8:02AM

**Saptami Until 6:59PM**

**Ganesha:** Purple **Sunrise:** 8:40AM

**Muruqa:** Clear **Sunset:** 2:48PM

**Nataraja:** Clear

Moon – Red

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashami/Navamyam Titau

Stockholm, Sweden

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 2.53 Tithi 23 – 24

852523465

**Gulika** 10:13AM – 10:59AM  
**Yama** 8:41AM – 9:27AM  
**Rahu** 12:31PM – 1:17PM

**Uttaraphalguni Until 5:55PM**

Ayushman Until 12:44PM

Taitila Until 3:53AM Fri

**Ashtami\* Until 4:54PM**

**Ganesha:** Purple **Sunrise:** 8:41AM

**Muruqa:** Clear **Sunset:** 2:49PM

**Nataraja:** Clear

Moon – Red

**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Until 5:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stockholm, Sweden

Sun 7 Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 17.02 Tithi 24 – 25

862523465

**Gulika** 9:28AM – 10:13AM  
**Yama** 1:17PM – 2:03PM  
**Rahu** 10:59AM – 11:45AM

**Hasta Until 4:41PM**

Saubhagya Until 9:50AM

Vanija Until 1:51AM Sat

**Navami\* Until 2:50PM**

**Ganesha:** Clear **Sunrise:** 8:42AM

**Muruqa:** Clear **Sunset:** 2:49PM

**Nataraja:** Clear

Moon – Green

**Margasira-Markali**

**Devaloka Day**

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


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<b>1</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Stockholm, Sweden Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 1.09	Tithi 25 – 26	<b>Gulika</b> 8:42AM – 9:28AM	<b>Chitra</b> Until 3:22PM	<b>Ganesha:</b> Clear <i>Sunrise: 8:42AM</i>	
		Yama 12:32PM – 1:18PM	Sobhana Until 6:59AM	<b>Muruqa:</b> Clear <i>Sunset: 2:49PM</i>	Moon 12 - Phase 35
	862523465	<b>Rahu</b> 10:14AM – 11:00AM	Bava Until 11:54PM	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga	<b>Day 1 of Pancha Ganapati</b>		Moon – Green	<b>Devaloka Day</b>
Until 3:22PM			<b>Dashami</b> Until 12:51PM	<b>Margasira*Markali</b>	
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Stockholm, Sweden Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 15.13	Tithi 26 – 27	<b>Gulika</b> 1:18PM – 2:04PM	<b>Svati</b> Until 2:03PM	<b>Ganesha:</b> Clear <i>Sunrise: 8:43AM</i>	
		Yama 11:46AM – 12:32PM	Sukarma Until 1:33AM Mon	<b>Muruqa:</b> Clear <i>Sunset: 2:50PM</i>	Moon 12 - Phase 35
	862523465	<b>Rahu</b> 2:04PM – 2:50PM	Kaulava Until 10:07PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga	<b>Day 2 of Pancha Ganapati</b>		Moon – Green	<b>Devaloka Day</b>
Until 2:03PM			<b>Ekadashi*</b> Until 10:58AM	<b>Margasira*Markali</b>	
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Stockholm, Sweden Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 29.1	Tithi 27 – 28	<b>Gulika</b> 12:33PM – 1:19PM	<b>Vishakha</b> Until 1:13PM	<b>Ganesha:</b> White <i>Sunrise: 8:43AM</i>	
<b>Family Home Evening</b>		Yama 11:01AM – 11:47AM	Dhriti Until 11:07PM	<b>Muruqa:</b> Clear <i>Sunset: 2:50PM</i>	Moon 12 - Phase 35
	872523465	<b>Rahu</b> 9:29AM – 10:15AM	Gara Until 8:34PM	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga	<b>Day 3 of Pancha Ganapati</b>		Moon – Orange	<b>Bhuloka Day</b>
Until 1:13PM			<b>Dvadashi*</b> Until 9:17AM	<b>Margasira*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>4</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Stockholm, Sweden Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.57	Tithi 28 – 29	<b>Gulika</b> 11:47AM – 12:33PM	<b>Anuradha</b> Until 12:31PM	<b>Ganesha:</b> White <i>Sunrise: 8:44AM</i>	
		Yama 10:15AM – 11:01AM	Shula* Until 8:54PM	<b>Muruqa:</b> Clear <i>Sunset: 2:51PM</i>	Moon 12 - Phase 35
	872523465	<b>Rahu</b> 1:19PM – 2:05PM	Visti Until 7:19PM	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga	<b>Day 4 of Pancha Ganapati</b>		Moon – Orange	<b>Bhuloka Day</b>
Until 12:31PM			<b>Trayodashi*</b> Until 7:52AM	<b>Margasira*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Stockholm, Sweden Sun 12 Sutra 255 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 11:02AM – 11:48AM	<b>Jyeshtha*</b> Until 12:02PM	<b>Ganesha:</b> White <i>Sunrise: 8:44AM</i>	
Vrischika Rasi: 26.32	Tithi 29 – 30	Yama 9:30AM – 10:16AM	Ganda* Until 7:02PM	<b>Muruqa:</b> Clear <i>Sunset: 2:52PM</i>	Moon 12 - Phase 35
	872523465	<b>Rahu</b> 11:48AM – 12:34PM	Catuspada Until 6:29PM	<b>Nataraja:</b> Clear	Amavasya
Creative Work	Siddha Yoga	<b>Day 5 of Pancha Ganapati</b>		Moon – Orange	<b>Bhuloka Day</b>
Until 12:02PM			<b>Chaturdashi*</b> Until 6:49AM	<b>Margasira*Markali</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga					

<b>Thursday, December 26, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Stockholm, Sweden Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.52	Tithi 30 – 1	<b>Gulika</b> 10:16AM – 11:02AM	<b>Mula*</b> Until 12:19PM	<b>Ganesha:</b> Orange <i>Sunrise: 8:44AM</i>	
		Yama 8:44AM – 9:30AM	Vriddhi Until 5:34PM	<b>Muruqa:</b> Clear <i>Sunset: 2:53PM</i>	Moon 12 - Phase 35
	883523465	<b>Rahu</b> 12:35PM – 1:21PM	Kintughna Until 6:09PM	<b>Nataraja:</b> Clear	Prathama
Creative Work	Siddha Yoga	<b>Annular Solar Eclipse</b>		Moon – Light Blue	<b>Devaloka Day</b>
			<b>Amavasya*</b> Until 6:14AM	<b>Pausha*Markali</b>	

<b>1</b>		<b>Friday, December 27, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dviliyayam Titau		Stockholm, Sweden Sun 14 Sutra 257	
Dhanus Rasi: 22.55	Tithi 1 – 2	<b>Gulika</b> 9:30AM – 10:17AM	<b>Purvashadha* Until 12:59PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:44AM			Vikarin 5121	
		Yama 1:21PM – 2:07PM	Dhruva Until 4:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 2:54PM			Moon 12 - Phase 36	
		883523466 <b>Rahu</b> 11:03AM – 11:49AM	Balava Until 6:22PM	<b>Nataraja:</b> Orange				3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 6:10AM</b>	<b>Moon – Light Blue</b>				<b>Devaloka Day</b>	
Until 12:59PM				<b>Pausha-Markali</b>					
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Saturday, December 28, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dviliya/Triliyayam Titau		Stockholm, Sweden Sun 15 Sutra 258	
Makara Rasi: 5.41	Tithi 2 – 3	<b>Gulika</b> 8:44AM – 9:31AM	<b>Uttarashadha Until 2:04PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:44AM			Vikarin 5121	
		Yama 12:36PM – 1:22PM	Vyaghata* Until 3:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 2:55PM			Moon 12 - Phase 36	
		883523466 <b>Rahu</b> 10:17AM – 11:03AM	Taitila Until 7:12PM	<b>Nataraja:</b> Orange				3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya Until 6:42AM</b>	<b>Moon – Light Blue</b>				<b>Devaloka Day</b>	
Until 2:04PM				<b>Pausha-Markali</b>					
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Sunday, December 29, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Triliya/Chaturthyam Titau		Stockholm, Sweden Sun 16 Sutra 259	
Makara Rasi: 18.1	Tithi 3 – 4	<b>Gulika</b> 1:23PM – 2:09PM	<b>Shravana Until 4:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:44AM			Vikarin 5121	
		Yama 11:50AM – 12:36PM	Harshana Until 3:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 2:56PM			Moon 12 - Phase 36	
		893523466 <b>Rahu</b> 2:09PM – 2:56PM	Vanija Until 8:37PM	<b>Nataraja:</b> Orange				3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya Until 7:49AM</b>	<b>Moon – Purple</b>				<b>Devaloka Day</b>	
Until 4:02PM				<b>Pausha-Markali</b>					
Then Routine Work - Marana Yoga									

<b>4</b>		<b>Monday, December 30, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stockholm, Sweden Sun 17 Sutra 260	
Kumbha Rasi: 0.26	Tithi 4 – 5	<b>Gulika</b> 12:37PM – 1:24PM	<b>Dhanishtha Until 6:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:44AM			Vikarin 5121	
<b>Family Home Evening</b>		Yama 11:04AM – 11:50AM	Vajra* Until 4:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 2:57PM			Moon 12 - Phase 36	
		893523466 <b>Rahu</b> 9:31AM – 10:17AM	Bava Until 10:31PM	<b>Nataraja:</b> Orange				3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:29AM</b>	<b>Moon – Purple</b>				<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>					

<b>5</b>		<b>Tuesday, December 31, 2019</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stockholm, Sweden Sun 18 Sutra 261	
Kumbha Rasi: 12.31	Tithi 5 – 6	<b>Gulika</b> 11:51AM – 12:38PM	<b>Shatabhishak Until 8:50PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:44AM			Vikarin 5121	
		Yama 10:17AM – 11:04AM	Siddhi Until 4:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 2:58PM			Moon 12 - Phase 36	
		893523466 <b>Rahu</b> 1:25PM – 2:11PM	Kaulava Until 12:48AM Wed	<b>Nataraja:</b> Orange				3rd Phase	
Routine Work	Marana Yoga		<b>Panchami Until 11:36AM</b>	<b>Moon – Purple</b>				<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>					

<b>6</b>		<b>Wednesday, January 1, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stockholm, Sweden Sun 19 Sutra 262	
Kumbha Rasi: 24.27	Tithi 6 – 7	<b>Gulika</b> 11:05AM – 11:52AM	<b>Purvaproshtapada* Until 11:54PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:43AM			Vikarin 5121	
		Yama 9:30AM – 10:17AM	Vyatipata* Until 5:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:01PM			Moon 12 - Phase 36	
		813623466 <b>Rahu</b> 11:52AM – 12:39PM	Gara Until 3:17AM Thu	<b>Nataraja:</b> Orange				3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 2:01PM</b>	<b>Moon – Clear</b>				<b>Bhuloka Day</b>	
Until 11:54PM				<b>Pausha-Markali</b>				Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>							

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stockholm, Sweden Sun 20 Sutra 263	
Meena Rasi: 6.2	Tithi 7 – 8	<b>Gulika</b> 10:17AM – 11:05AM	<b>Uttaraproshtapada Until 2:48AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:43AM			Vikarin 5121	
		Yama 8:43AM – 9:30AM	Variyan Until 6:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:02PM			Moon 12 - Phase 36	
		813623466 <b>Rahu</b> 12:40PM – 1:27PM	Visti Until 5:46AM Fri	<b>Nataraja:</b> Orange				3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 4:31PM</b>	<b>Moon – Clear</b>				<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>				Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau		Stockholm, Sweden Sun 21 Sutra 264	
Meena Rasi: 18.14	Tithi 8	<b>Gulika</b> 9:30AM – 10:17AM	<b>Revati Until 5:23AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:42AM			Vikarin 5121	
		Yama 1:28PM – 2:16PM	Parigha* Until 6:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:04PM			Moon 12 - Phase 36	
		813623466 <b>Rahu</b> 11:05AM – 11:53AM	Bava Until 6:55PM	<b>Nataraja:</b> Orange				Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 6:55PM</b>	<b>Moon – Clear</b>				<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>				Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Stockholm, Sweden Sun 22 Sutra 265	
Mesha Rasi: 0.13	Tithi 9	<b>Gulika</b> 8:41AM – 9:29AM	<b>Ashvini Until 7:54AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:41AM			Vikarin 5121	
		Yama 12:41PM – 1:29PM	Shiva Until 7:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:05PM			Moon 12 - Phase 36	
		823623466 <b>Rahu</b> 10:17AM – 11:05AM	Balava Until 8:02AM	<b>Nataraja:</b> Orange				Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 9:01PM</b>	<b>Moon – White</b>				<b>Devaloka Day</b>	
Until 7:54AM Sun				<b>Pausha-Markali</b>					
Then Routine Work - Prabalarishta Yoga									

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1 Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Stockholm, Sweden Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.21	Tithi 10	<b>Gulika</b> 1:30PM – 2:19PM	<b>Ashvini</b> Until 7:54AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:41AM	<i>Sunset:</i> 3:07PM	Moon 12 - Phase 37 4th Phase
		Yama 11:54AM – 12:42PM	Siddha Until 7:27PM	<b>Muruqa:</b> Clear		
	823623466	<b>Rahu</b> 2:19PM – 3:07PM	Taitila Until 9:54AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 7:54AM		<b>Subramuniyaswami Jayanti</b>	<b>Dashami</b> Until 10:36PM	<b>Pausha-Markali</b>		
Then Routine Work - Prabalarishta Yoga						
<b>2 Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Stockholm, Sweden Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.43	Tithi 11	<b>Gulika</b> 12:43PM – 1:32PM	<b>Bharani</b> Until 9:44AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:40AM	<i>Sunset:</i> 3:09PM	Moon 12 - Phase 37 4th Phase
<b>Family Home Evening</b>		Yama 11:06AM – 11:54AM	Sadhya Until 7:06PM	<b>Muruqa:</b> Clear		
Creative Work	Siddha Yoga	823623466 <b>Rahu</b> 9:28AM – 10:17AM	Vanija Until 11:11AM	<b>Nataraja:</b> Orange		
Until 9:44AM		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 11:33PM	Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>		
<b>3 Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Stockholm, Sweden Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.22	Tithi 12	<b>Gulika</b> 11:55AM – 12:44PM	<b>Krittika</b> Until 10:45AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:39AM	<i>Sunset:</i> 3:11PM	Moon 12 - Phase 37 4th Phase
		Yama 10:17AM – 11:06AM	Subha Until 6:13PM	<b>Muruqa:</b> Clear		
	823623466	<b>Rahu</b> 1:33PM – 2:22PM	Bava Until 11:47AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 11:47PM	Moon – White		<b>Devaloka Day</b>
Until 10:45AM				<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						
<b>4 Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stockholm, Sweden Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.22	Tithi 13	<b>Gulika</b> 11:06AM – 11:55AM	<b>Rohini</b> Until 11:22AM	<b>Ganesha:</b> White <i>Sunrise:</i> 8:38AM	<i>Sunset:</i> 3:12PM	Moon 12 - Phase 37 4th Phase
		Yama 9:27AM – 10:17AM	Sukla Until 4:44PM	<b>Muruqa:</b> Clear		
	833623466	<b>Rahu</b> 11:55AM – 12:45PM	Kaulava Until 11:38AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 11:17PM	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Pausha-Markali</b>		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata</i>
<b>5 Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Stockholm, Sweden Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.44	Tithi 14	<b>Gulika</b> 10:16AM – 11:06AM	<b>Mrigashira</b> Until 11:09AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:37AM	<i>Sunset:</i> 3:14PM	Moon 12 - Phase 37 4th Phase
		Yama 8:37AM – 9:27AM	Brahma Until 2:44PM	<b>Muruqa:</b> Clear		
	834623466	<b>Rahu</b> 12:45PM – 1:35PM	Gara Until 10:48AM	<b>Nataraja:</b> Orange		
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 10:07PM	Moon – Yellow		<b>Devaloka Day</b>
				<b>Pausha-Markali</b>		
<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Stockholm, Sweden Sutra 271 Vikarin 5121
Mithuna Rasi: 17.29	Tithi 15	<b>Gulika</b> 9:26AM – 10:16AM	<b>Ardra</b> Until 10:10AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:36AM	<i>Sunset:</i> 3:16PM	Moon 12 - Phase 37 Purnima
		Yama 1:36PM – 2:26PM	Indra Until 12:16PM	<b>Muruqa:</b> Clear		
	834623466	<b>Rahu</b> 11:06AM – 11:56AM	Visti Until 9:19AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 8:22PM	Moon – Yellow		<b>Devaloka Day</b>
		<b>Penumbral Lunar Eclipse</b>		<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>				
<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Stockholm, Sweden Sutra 272 Vikarin 5121
Kataka Rasi: 1.34	Tithi 16	<b>Gulika</b> 8:35AM – 9:25AM	<b>Punarvasu</b> Until 8:59AM	<b>Ganesha:</b> White <i>Sunrise:</i> 8:35AM	<i>Sunset:</i> 3:18PM	Moon 12 - Phase 37 Prathama
		Yama 12:47PM – 1:37PM	Vaidhriti* Until 9:22AM	<b>Muruqa:</b> Clear		
	844623466	<b>Rahu</b> 10:16AM – 11:06AM	Balava Until 7:20AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:10PM	Moon – Blue		<b>Sivaloka Day</b>
				<b>Pausha-Markali</b>		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Vishkambha\*7/Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:39PM - 2:29PM  
Yama 11:57AM - 12:48PM  
Rahu 2:29PM - 3:20PM

Pushya Until 7:17AM  
Vishkambha\* Until 6:12AM  
Vanija Until 2:21AM Mon  
Dvitiya Until 3:40PM

Ganesha: White  
Muruqa: Clear  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Sunrise: 8:33AM  
Sunset: 3:20PM

Sivaloka Day

Stockholm, Sweden  
Sun 1 Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

854623466

Family Home Evening

Routine Work Marana Yoga

Until 3:21AM Tue

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:49PM - 1:40PM  
Yama 11:06AM - 11:57AM  
Rahu 9:23AM - 10:15AM

Magha\* Until 3:21AM Tue  
Ayushman Until 11:24PM  
Bava Until 11:39PM  
Tritiya Until 12:59PM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Markali

Sunrise: 8:32AM  
Sunset: 3:22PM

Devaloka Day

Stockholm, Sweden  
Sun 2 Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 1:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:58AM - 12:49PM  
Yama 10:14AM - 11:06AM  
Rahu 1:41PM - 2:33PM

Purvaphalguni Until 1:23AM Wed  
Saubhagya Until 7:58PM  
Kaulava Until 8:57PM  
Chaturthi\* Until 10:16AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 8:31AM  
Sunset: 3:25PM

Devaloka Day

Stockholm, Sweden  
Sun 3 Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:06AM - 11:58AM  
Yama 9:21AM - 10:14AM  
Rahu 11:58AM - 12:50PM

Uttaraphalguni Until 11:26PM  
Sobhana Until 4:40PM  
Gara Until 6:24PM  
Panchami Until 7:38AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 8:29AM  
Sunset: 3:27PM

Devaloka Day

Stockholm, Sweden  
Sun 4 Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

864623466

Routine Work Marana Yoga

Until 10:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 10:13AM - 11:06AM  
Yama 8:28AM - 9:20AM  
Rahu 12:51PM - 1:44PM

Hasta Until 10:00PM  
Athiganda\* Until 1:30PM  
Visti Until 4:04PM  
Saptami Until 2:59AM Fri

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 8:28AM  
Sunset: 3:29PM

Sivaloka Day

Stockholm, Sweden  
Sun 5 Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:19AM - 10:12AM  
Yama 1:45PM - 2:38PM  
Rahu 11:06AM - 11:59AM

Chitra Until 8:43PM  
Sukarma Until 10:35AM  
Balava Until 2:01PM  
Ashtami\* Until 1:06AM Sat

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 8:26AM  
Sunset: 3:31PM

Sivaloka Day

Stockholm, Sweden  
Sun 6 Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula\* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 8:25AM - 9:18AM  
Yama 12:53PM - 1:46PM  
Rahu 10:12AM - 11:05AM

Svati Until 7:39PM  
Dhriti Until 7:56AM  
Tailila Until 12:19PM  
Navami\* Until 11:35PM

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 8:25AM  
Sunset: 3:33PM

Sivaloka Day

Stockholm, Sweden  
Sun 7 Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

1	<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Stockholm, Sweden Sun 8 Sutra 280
	Tula Rasi: 25.49	Tithi 25	<b>Gulika</b> 1:47PM – 2:42PM	<b>Vishakha</b> Until 7:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:23AM	Vikarin 5121
			Yama 11:59AM – 12:53PM	Ganda* Until 3:30AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:36PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	874623466 <b>Rahu</b> 2:42PM – 3:36PM	Vanija Until 10:58AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dashami</b> Until 10:26PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

2	<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Stockholm, Sweden Sun 9 Sutra 281
	Vrischika Rasi: 9.23	Tithi 26	<b>Gulika</b> 12:54PM – 1:49PM	<b>Anuradha</b> Until 7:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:21AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 11:05AM – 12:00PM	Vriddhi Until 1:45AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:38PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	874623466 <b>Rahu</b> 9:16AM – 10:10AM	Bava Until 10:01AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Ekadashi*</b> Until 9:40PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

3	<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 282
	Vrischika Rasi: 22.43	Tithi 27	<b>Gulika</b> 12:00PM – 12:55PM	<b>Jyeshtha*</b> Until 7:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:19AM	Vikarin 5121
			Yama 10:10AM – 11:05AM	Dhruva Until 12:17AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:40PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	875623466 <b>Rahu</b> 1:50PM – 2:45PM	Kaulava Until 9:27AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dvadashi*</b> Until 9:18PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

4	<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 283
	Dhanus Rasi: 5.5	Tithi 28	<b>Gulika</b> 11:05AM – 12:00PM	<b>Mula*</b> Until 7:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:18AM	Vikarin 5121
			Yama 9:13AM – 10:09AM	Vyaghata* Until 11:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:43PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 <b>Rahu</b> 12:00PM – 12:56PM	Gara Until 9:18AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Trayodashi*</b> Until 9:21PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

5	<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 284
	Dhanus Rasi: 18.46	Tithi 29	<b>Gulika</b> 10:08AM – 11:04AM	<b>Purvashadha*</b> Until 8:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:16AM	Vikarin 5121
			Yama 8:16AM – 9:12AM	Harshana Until 10:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:45PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	885623466 <b>Rahu</b> 12:57PM – 1:53PM	Visti* Until 9:34AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Chaturdashi*</b> Until 9:50PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

●	<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 285
	<b>Retreat Star</b>		<b>Gulika</b> 9:11AM – 10:07AM	<b>Uttarashadha</b> Until 10:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:14AM	Vikarin 5121
	Makara Rasi: 1.28	Tithi 30	Yama 1:54PM – 2:51PM	Vajra* Until 9:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:48PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 <b>Rahu</b> 11:04AM – 12:01PM	Catuspada Until 10:15AM	<b>Nataraja:</b> Orange		Amavasya
			<b>Amavasya*</b> Until 10:44PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

●	<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 14 Sutra 286
	<b>Retreat Star</b>		<b>Gulika</b> 8:12AM – 9:09AM	<b>Shravana</b> Until 12:08AM Sun	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:12AM	Vikarin 5121
	Makara Rasi: 13.59	Tithi 1	Yama 12:58PM – 1:55PM	Siddhi Until 9:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:50PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	995623466 <b>Rahu</b> 10:06AM – 11:04AM	Kintughna Until 11:23AM	<b>Nataraja:</b> Orange		Prathama
			<b>Prathama*</b> Until 12:05AM Sun	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Magha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>	<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stockholm, Sweden Sun 15 Sutra 287
	Makara Rasi: 26.19	Tithi 2	<b>Gulika</b> 1:57PM – 2:55PM Yama 12:01PM – 12:59PM <b>Rahu</b> 2:55PM – 3:52PM	<b>Dhanishtha</b> Until 2:21AM Mon Vyatipata* Until 9:57PM Balava Until 12:56PM <b>Dvitiya</b> Until 1:50AM Mon	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Magha-Thai</b>	<i>Sunrise:</i> 8:10AM <i>Sunset:</i> 3:52PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Devaloka Day</b>
	Routine Work	Marana Yoga	Until 2:21AM Mon Then Creative Work - Siddha Yoga				

<b>2</b>	<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Stockholm, Sweden Sun 16 Sutra 288
	Kumbha Rasi: 8.29	Tithi 3	<b>Gulika</b> 1:00PM – 1:58PM Yama 11:03AM – 12:01PM <b>Rahu</b> 9:06AM – 10:05AM	<b>Shatabhishak</b> Until 4:45AM Tue Variyan Until 10:23PM Taitila Until 2:52PM <b>Tritiya</b> Until 3:56AM Tue	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Magha-Thai</b>	<i>Sunrise:</i> 8:08AM <i>Sunset:</i> 3:55PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Devaloka Day</b>
	Family Home Evening	Siddha Yoga	Until 4:45AM Tue Then Routine Work - Marana Yoga				

<b>3</b>	<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Stockholm, Sweden Sun 17 Sutra 289
	Kumbha Rasi: 20.32	Tithi 4	<b>Gulika</b> 12:02PM – 1:00PM Yama 10:04AM – 11:03AM <b>Rahu</b> 1:59PM – 2:58PM	<b>Purvaprossthapada*</b> Until 7:44AM Wed Parigha* Until 11:02PM Vanija Until 5:06PM <b>Chaturthi*</b> Until 6:18AM Wed	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha-Thai</b>	<i>Sunrise:</i> 8:06AM <i>Sunset:</i> 3:57PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Sivaloka Day</b>
	Routine Work	Marana Yoga	Until 7:44AM Wed Then Creative Work - Siddha Yoga				

<b>4</b>	<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stockholm, Sweden Sun 18 Sutra 290
	Meena Rasi: 2.28	Tithi 4 – 5	<b>Gulika</b> 11:02AM – 12:02PM Yama 9:03AM – 10:03AM <b>Rahu</b> 12:02PM – 1:01PM	<b>Purvaprossthapada*</b> Until 7:44AM Shiva Until 11:51PM Bava Until 7:34PM <b>Chaturthi*</b> Until 6:18AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha-Thai</b>	<i>Sunrise:</i> 8:04AM <i>Sunset:</i> 4:00PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Sivaloka Day</b>
	Creative Work	Amrita Yoga	Until 7:44AM Then Creative Work - Siddha Yoga				

<b>5</b>	<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stockholm, Sweden Sun 19 Sutra 291
	Meena Rasi: 14.2	Tithi 5 – 6	<b>Gulika</b> 10:02AM – 11:02AM Yama 8:01AM – 9:02AM <b>Rahu</b> 1:02PM – 2:02PM	<b>Uttaraprossthapada</b> Until 10:41AM Siddha Until 12:40AM Fri Kaulava Until 10:06PM <b>Panchami</b> Until 8:49AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha-Thai</b>	<i>Sunrise:</i> 8:01AM <i>Sunset:</i> 4:02PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga	Until 1:26PM Then Creative Work - Amrita Yoga				

<b>6</b>	<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 20 Sutra 292
	Meena Rasi: 26.13	Tithi 6 – 7	<b>Gulika</b> 9:00AM – 10:01AM Yama 2:03PM – 3:04PM <b>Rahu</b> 11:01AM – 12:02PM	<b>Revati</b> Until 1:26PM Sadhya Until 1:25AM Sat Gara Until 12:32AM Sat <b>Shashthi*</b> Until 11:19AM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha-Thai</b>	<i>Sunrise:</i> 7:59AM <i>Sunset:</i> 4:05PM	Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga	Until 1:26PM Then Creative Work - Amrita Yoga				

<b>D</b>	<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 21 Sutra 293
	Mesha Rasi: 8.09	Tithi 7 – 8	<b>Gulika</b> 7:59AM – 9:00AM Yama 1:03PM – 2:03PM <b>Rahu</b> 10:01AM – 11:01AM	<b>Ashvini</b> Until 4:20PM Subha Until 1:57AM Sun Visti Until 2:40AM Sun <b>Saptami</b> Until 1:38PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha-Thai</b>	<i>Sunrise:</i> 7:59AM <i>Sunset:</i> 4:05PM	Vikarin 5121 Moon 1 - Phase 40 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga	Until 1:26PM Then Creative Work - Amrita Yoga				

<b>D</b>	<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 22 Sutra 294
	Mesha Rasi: 20.13	Tithi 8 – 9	<b>Gulika</b> 2:05PM – 3:06PM Yama 12:02PM – 1:03PM <b>Rahu</b> 3:06PM – 4:07PM	<b>Bharani</b> Until 6:39PM Sukla Until 2:05AM Mon Balava Until 4:18AM Mon <b>Ashtami*</b> Until 3:32PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha-Thai</b>	<i>Sunrise:</i> 7:57AM <i>Sunset:</i> 4:07PM	Vikarin 5121 Moon 1 - Phase 40 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Routine Work	Prabalarishta Yoga	Until 6:39PM Then Creative Work - Siddha Yoga				

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Stockholm, Sweden Sun 23 Sutra 295	
<b>1</b>		<b>Gulika</b> 1:04PM – 2:06PM	<b>Krittika Until 8:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:55AM
Vrishabha Rasi: 2.3	Tithi 9 – 10	Yama 11:00AM – 12:02PM	Brahma Until 1:42AM Tue	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:10PM
<b>Family Home Evening</b>	926723466	<b>Rahu</b> 8:57AM – 9:58AM	Taitila Until 5:13AM Tue	<b>Nataraja:</b> Orange	Moon 1 - Phase 41
Routine Work Marana Yoga			<b>Navami* Until 4:50PM</b>	Moon – White	4th Phase
Until 8:12PM				<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Stockholm, Sweden Sun 24 Sutra 296	
<b>2</b>		<b>Gulika</b> 12:02PM – 1:05PM	<b>Rohini Until 9:20PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:52AM
Vrishabha Rasi: 15.05	Tithi 10 – 11	Yama 9:57AM – 11:00AM	Indra Until 12:44AM Wed	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:12PM
	936723467	<b>Rahu</b> 2:07PM – 3:10PM	Vanija Until 5:19AM Wed	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Creative Work Amrita Yoga			<b>Dashami Until 5:21PM</b>	Moon – Yellow	4th Phase
Until 9:20PM				<b>Magha*Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stockholm, Sweden Sun 25 Sutra 297	
<b>3</b>		<b>Gulika</b> 10:59AM – 12:02PM	<b>Mrigashira Until 9:29PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:50AM
Vrishabha Rasi: 28.04	Tithi 11 – 12	Yama 8:53AM – 9:56AM	Vaidhriti* Until 11:05PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:15PM
	936723467	<b>Rahu</b> 12:02PM – 1:06PM	Bava Until 4:35AM Thu	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			<b>Ekadashi Until 5:02PM</b>	Moon – Yellow	4th Phase
				<b>Magha*Thai</b>	<b>Devaloka Day</b>

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stockholm, Sweden Sun 26 Sutra 298	
<b>4</b>		<b>Gulika</b> 9:55AM – 10:59AM	<b>Ardra Until 8:41PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:48AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 7:48AM – 8:51AM	Vishkambha* Until 8:48PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:17PM
	936723467	<b>Rahu</b> 1:06PM – 2:10PM	Kaulava Until 3:03AM Fri	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Routine Work Marana Yoga			<b>Dvadashi Until 3:54PM</b>	Moon – Yellow	4th Phase
Until 8:41PM				<b>Magha*Thai</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

*Pradosha Vrata*

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stockholm, Sweden Sun 27 Sutra 299	
<b>5</b>		<b>Gulika</b> 8:50AM – 9:54AM	<b>Punarvasu Until 7:28PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:45AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 2:11PM – 3:16PM	Priti Until 5:57PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:20PM
	947723467	<b>Rahu</b> 10:58AM – 12:03PM	Gara Until 12:50AM Sat	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
Creative Work Siddha Yoga			<b>Trayodashi Until 2:00PM</b>	Moon – Blue	4th Phase
Until 7:28PM				<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stockholm, Sweden Sutra 300	
<b>○</b>		<b>Gulika</b> 7:43AM – 8:48AM	<b>Pushya Until 5:31PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:43AM
<b>Copper Retreat Star</b>		Yama 1:08PM – 2:13PM	Ayushman Until 2:36PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:23PM
Kataka Rasi: 9.39	Tithi 14 – 15	<b>Rahu</b> 9:53AM – 10:58AM	Visti Until 10:03PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
	947723467		<b>Chaturdashi* Until 11:29AM</b>	Moon – Blue	Purnima
Creative Work Siddha Yoga		<b>Thai Pusam</b>		<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Until 5:31PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stockholm, Sweden Sutra 301	
<b>○</b>		<b>Gulika</b> 2:14PM – 3:20PM	<b>Ashlesha* Until 3:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:40AM
<b>Silver Retreat Star</b>		Yama 12:03PM – 1:08PM	Saubhagya Until 10:54AM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 4:25PM
Kataka Rasi: 24.19	Tithi 15 – 16	<b>Rahu</b> 3:20PM – 4:25PM	Balava Until 6:54PM	<b>Nataraja:</b> Clear	Moon 1 - Phase 41
	947723467		<b>Purnima* Until 8:30AM</b>	Moon – Blue	Prathama
Creative Work Siddha Yoga				<b>Magha*Thai</b>	<b>Bhuloka Day</b>
Until 3:01PM					Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9.14 Tithi 17

Family Home Evening

957723467

Gulika

1:09PM - 2:15PM

Magha\* Until 12:33PM

Ganesha: Red

Sunrise: 7:38AM

Yama

10:57AM - 12:03PM

Sobhana Until 6:59AM

Muruqa: Clear

Sunset: 4:28PM

Routine Work Marana Yoga

Until 12:33PM

Then Creative Work - Siddha Yoga

Rahu

8:44AM - 9:50AM

Taitila Until 3:31PM

Nataraja: Clear

Moon - Red

Magha\*Thai

Devaloka Day

Tuesday, February 11, 2020

1

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Stockholm, Sweden

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 24.14 Tithi 18

Creative Work Siddha Yoga

Until 9:52AM

Then Creative Work - Amrita Yoga

957723467

Gulika

12:03PM - 1:10PM

Purvaphalguni Until 9:52AM

Ganesha: Red

Sunrise: 7:35AM

Yama

9:49AM - 10:56AM

Sukarma Until 10:57PM

Muruqa: Clear

Sunset: 4:30PM

Until 9:52AM

Then Creative Work - Amrita Yoga

Rahu

2:16PM - 3:23PM

Vanija Until 12:06PM

Nataraja: Clear

Moon - Red

Magha\*Thai

Devaloka Day

Wednesday, February 12, 2020

2

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Stockholm, Sweden

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 9.12 Tithi 19

Creative Work Amrita Yoga

Until 7:08AM

Then Routine Work - Marana Yoga

957723467

Gulika

10:55AM - 12:03PM

Uttaraphalguni Until 7:08AM

Ganesha: Red

Sunrise: 7:33AM

Yama

8:40AM - 9:48AM

Dhriti Until 7:07PM

Muruqa: Clear

Sunset: 4:33PM

Until 7:08AM

Then Routine Work - Marana Yoga

Rahu

12:03PM - 1:10PM

Bava Until 8:47AM

Nataraja: Clear

Moon - Red

Magha\*Thai

Devaloka Day

Thursday, February 13, 2020

3

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.58 Tithi 20 - 21

Creative Work Siddha Yoga

967723467

Gulika

9:47AM - 10:55AM

Chitra Until 2:58AM Fri

Ganesha: Green

Sunrise: 7:30AM

Yama

7:30AM - 8:38AM

Shula\* Until 3:32PM

Muruqa: Clear

Sunset: 4:35PM

Until 7:08AM

Then Routine Work - Marana Yoga

Rahu

1:11PM - 2:19PM

Gara Until 3:03AM Fri

Nataraja: Clear

Moon - Green

Magha\*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Friday, February 14, 2020

4

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhi Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 8.28 Tithi 21 - 22

Creative Work Siddha Yoga

968723467

Gulika

8:36AM - 9:45AM

Svati Until 1:23AM Sat

Ganesha: White

Sunrise: 7:28AM

Yama

2:20PM - 3:29PM

Ganda\* Until 12:20PM

Muruqa: Clear

Sunset: 4:38PM

Until 12:39AM Sun

Then Routine Work - Marana Yoga

Rahu

10:54AM - 12:03PM

Vistii Until 12:54AM Sat

Nataraja: Clear

Moon - Green

Magha\*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Saturday, February 15, 2020

5

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.36 Tithi 22 - 23

Creative Work Siddha Yoga

Until 12:39AM Sun

Then Routine Work - Marana Yoga

978723467

Gulika

7:25AM - 8:35AM

Vishakha Until 12:39AM Sun

Ganesha: Clear

Sunrise: 7:25AM

Yama

1:12PM - 2:22PM

Vridhi Until 9:35AM

Muruqa: Clear

Sunset: 4:40PM

Until 12:39AM Sun

Then Routine Work - Marana Yoga

Rahu

9:44AM - 10:53AM

Balava Until 11:19PM

Nataraja: Clear

Moon - Orange

Magha\*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stockholm, Sweden

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 6.22 Tithi 23 - 24

Routine Work Marana Yoga

Until 12:23AM Mon

Then Creative Work - Siddha Yoga

978723467

Gulika

2:23PM - 3:33PM

Anuradha Until 12:23AM Mon

Ganesha: Clear

Sunrise: 7:22AM

Yama

12:03PM - 1:13PM

Dhruva Until 7:17AM

Muruqa: Clear

Sunset: 4:43PM

Then Creative Work - Siddha Yoga

Rahu

3:33PM - 4:43PM

Taitila Until 10:22PM

Nataraja: Clear

Moon - Orange

Magha\*Masi

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam			Stockholm, Sweden	
1		Jyeshtha* Until 12:33AM Tue			Sun 7 Sutra 309	
Vrischika Rasi: 19.46 Tithi 24 – 25		Gulika 1:13PM – 2:24PM	Ganesha: Clear Sunrise: 7:20AM		Vikarin 5121	
Family Home Evening 978723467		Yama 10:52AM – 12:03PM	Muruqa: Clear Sunset: 4:45PM		Moon 2 - Phase 43	
Creative Work Siddha Yoga		Rahu 8:31AM – 9:41AM	Nataraja: Clear		2nd Phase	
Until 12:33AM Tue		Vanija Until 10:01PM			Moon – Orange	
Then Creative Work - Amrita Yoga		Navami* Until 10:06AM			Magha-Masi	
<b>Devaloka Day</b>						

<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam			Stockholm, Sweden	
2		Mula* Until 1:36AM Wed			Sun 8 Sutra 310	
Dhanus Rasi: 2.5 Tithi 25 – 26		Gulika 12:03PM – 1:14PM	Ganesha: Purple Sunrise: 7:17AM		Vikarin 5121	
988723467		Yama 9:40AM – 10:51AM	Muruqa: Clear Sunset: 4:48PM		Moon 2 - Phase 43	
Creative Work Amrita Yoga		Rahu 2:25PM – 3:37PM	Nataraja: Clear		2nd Phase	
		Vajra* Until 3:19AM Wed			Moon – Light Blue	
		Bava Until 10:16PM			Dashami* Until 10:03AM	
		Dashedmi Until 10:03AM			Magha-Masi	
<b>Bhuloka Day</b>						
Devaloka Time: 3:PM to 6:PM						

<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam			Stockholm, Sweden	
3		Purvashadha* Until 2:58AM Thu			Sun 9 Sutra 311	
Dhanus Rasi: 15.39 Tithi 26 – 27		Gulika 10:50AM – 12:02PM	Ganesha: Purple Sunrise: 7:15AM		Vikarin 5121	
988723467		Yama 8:26AM – 9:38AM	Muruqa: Clear Sunset: 4:50PM		Moon 2 - Phase 43	
Creative Work Amrita Yoga		Rahu 12:02PM – 1:14PM	Nataraja: Clear		2nd Phase	
Until 2:58AM Thu		Siddhi Until 2:49AM Thu			Moon – Light Blue	
Then Routine Work - Marana Yoga		Kaulava Until 11:01PM			Ekadashi* Until 10:34AM	
<b>Bhuloka Day</b>						
Devaloka Time: 3:PM to 6:PM						

<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam			Stockholm, Sweden	
4		Uttarashadha Until 4:35AM Fri			Sun 10 Sutra 312	
Dhanus Rasi: 28.14 Tithi 27 – 28		Gulika 9:37AM – 10:50AM	Ganesha: Purple Sunrise: 7:12AM		Vikarin 5121	
989823467		Yama 7:12AM – 8:24AM	Muruqa: Clear Sunset: 4:53PM		Moon 2 - Phase 43	
Routine Work Marana Yoga		Rahu 1:15PM – 2:28PM	Nataraja: Clear		2nd Phase	
		Vyatipata* Until 2:40AM Fri			Moon – Light Blue	
		Gara Until 12:12AM Fri			Dvadashi* Until 11:32AM	
		Dvadashi* Until 11:32AM			Magha-Masi	
<b>Bhuloka Day</b>						
Devaloka Time: 3:PM to 6:PM						
<i>Pradosha Vrata (Fasting)</i>						

<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam			Stockholm, Sweden	
5		Shravana Until 6:52AM Sat			Sun 11 Sutra 313	
Makara Rasi: 10.38 Tithi 28 – 29		Gulika 8:22AM – 9:36AM	Ganesha: Light Blue Sunrise: 7:09AM		Vikarin 5121	
999823467		Yama 2:29PM – 3:42PM	Muruqa: Clear Sunset: 4:55PM		Moon 2 - Phase 43	
Routine Work Marana Yoga		Rahu 10:49AM – 12:02PM	Nataraja: Clear		2nd Phase	
Until 6:52AM Sat		Visti Until 1:45AM Sat			Moon – Purple	
Then Creative Work - Siddha Yoga		Trayodashi* Until 12:55PM			Magha-Masi	
<b>Bhuloka Day</b>						
Devaloka Time: 3:PM to 6:PM						

<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam			Stockholm, Sweden	
Retreat Star		Shravana Until 6:52AM			Sun 12 Sutra 314	
Makara Rasi: 22.53 Tithi 29 – 30		Gulika 7:06AM – 8:20AM	Ganesha: Light Blue Sunrise: 7:06AM		Vikarin 5121	
999823467		Yama 1:16PM – 2:30PM	Muruqa: Clear Sunset: 4:58PM		Moon 2 - Phase 43	
Creative Work Siddha Yoga		Rahu 9:34AM – 10:48AM	Nataraja: Clear		Amavasya	
		Parigha* Until 3:04AM Sun			Moon – Purple	
		Catuspada Until 3:36AM Sun			Chaturdashi* Until 2:37PM	
<b>Bhuloka Day</b>						
Devaloka Time: 3:PM to 6:PM						

<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam			Stockholm, Sweden	
Retreat Star		Dhanishtha Until 9:16AM			Sun 13 Sutra 315	
Kumbha Rasi: 5.01 Tithi 30 – 1		Gulika 2:31PM – 3:46PM	Ganesha: Light Blue Sunrise: 7:04AM		Vikarin 5121	
999823467		Yama 12:02PM – 1:17PM	Muruqa: Clear Sunset: 5:00PM		Moon 2 - Phase 43	
Routine Work Marana Yoga		Rahu 3:46PM – 5:00PM	Nataraja: Clear		Prathama	
Until 9:16AM		Shiva Until 3:36AM Mon			Moon – Purple	
Then Creative Work - Siddha Yoga		Kintughna Until 5:42AM Mon			Amavasya* Until 4:36PM	
<b>Bhuloka Day</b>						
Devaloka Time: 3:PM to 6:PM						

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 17.03 Family Home Evening Creative Work Siddha Yoga Until 11:43AM Then Routine Work - Marana Yoga	Tithi 1 999823467	<b>Gulika</b> 1:17PM – 2:32PM Yama 10:47AM – 12:02PM <b>Rahu</b> 8:16AM – 9:31AM	<b>Shatabhishak</b> Until 11:43AM Siddha Until 4:15AM Tue Bava Until 6:48PM <b>Prathama*</b> Until 6:48PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 7:01AM <b>Sunset:</b> 5:03PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Stockholm, Sweden Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Kumbha Rasi: 29.01 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Tithi 2 919823467	<b>Gulika</b> 12:02PM – 1:18PM Yama 9:30AM – 10:46AM <b>Rahu</b> 2:34PM – 3:49PM	<b>Purvaproshtapada*</b> Until 2:41PM Sadhya Until 5:02AM Wed Balava Until 8:00AM <b>Dvitiya</b> Until 9:11PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:58AM <b>Sunset:</b> 5:05PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Stockholm, Sweden Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 10.55 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	Tithi 3 919823467	<b>Gulika</b> 10:45AM – 12:02PM Yama 8:12AM – 9:28AM <b>Rahu</b> 12:02PM – 1:18PM	<b>Uttaraproshtapada</b> Until 5:36PM Subha Until 5:55AM Thu Tailila Until 10:27AM <b>Tritiya</b> Until 11:41PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:55AM <b>Sunset:</b> 5:08PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Stockholm, Sweden Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 22.47 Creative Work Siddha Yoga Until 8:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	<b>Gulika</b> 9:27AM – 10:44AM Yama 6:53AM – 8:10AM <b>Rahu</b> 1:19PM – 2:36PM	<b>Revati</b> Until 8:25PM Sukla Until 6:45AM Fri Vanija Until 12:58PM <b>Chaturthi*</b> Until 2:12AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:53AM <b>Sunset:</b> 5:10PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>
<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Stockholm, Sweden Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 4.39 Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	<b>Gulika</b> 8:08AM – 9:25AM Yama 2:37PM – 3:55PM <b>Rahu</b> 10:43AM – 12:01PM	<b>Ashvini</b> Until 11:29PM Sukla Until 6:45AM Bava Until 3:27PM <b>Panchami</b> Until 4:37AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:50AM <b>Sunset:</b> 5:13PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Stockholm, Sweden Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 16.34 Creative Work Siddha Yoga	Tithi 6 921823467	<b>Gulika</b> 6:47AM – 8:05AM Yama 1:20PM – 2:38PM <b>Rahu</b> 9:24AM – 10:42AM	<b>Bharani</b> Until 2:10AM Sun Brahma Until 7:31AM Kaulava Until 5:45PM <b>Shashthi*</b> Until 6:45AM Sun	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 5:15PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Stockholm, Sweden Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>	Mesha Rasi: 28.35 Creative Work Siddha Yoga Until 4:16AM Mon Then Creative Work - Amrita Yoga	Tithi 6 – 7 921833467	<b>Gulika</b> 2:40PM – 4:00PM Yama 12:01PM – 1:20PM <b>Rahu</b> 4:00PM – 5:20PM	<b>Krittika</b> Until 4:16AM Mon Indra Until 8:05AM Gara Until 7:41PM <b>Shashthi*</b> Until 6:45AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:41AM <b>Sunset:</b> 5:20PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stockholm, Sweden Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>	Vrishabha Rasi: 10.48 Family Home Evening Creative Work Amrita Yoga Until 6:04AM Tue Then Creative Work - Siddha Yoga	Tithi 7 – 8 931833467	<b>Gulika</b> 1:21PM – 2:41PM Yama 10:40AM – 12:00PM <b>Rahu</b> 7:59AM – 9:19AM	<b>Rohini</b> Until 6:04AM Tue Vaidhriti* Until 8:14AM Visti Until 9:01PM <b>Saptami</b> Until 8:25AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 5:22PM Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>
<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stockholm, Sweden Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>	Vrishabha Rasi: 23.17 Creative Work Amrita Yoga Until 6:04AM Then Creative Work - Siddha Yoga	Tithi 8 – 9 931833467	<b>Gulika</b> 12:00PM – 1:21PM Yama 9:18AM – 10:39AM <b>Rahu</b> 2:43PM – 4:04PM	<b>Rohini</b> Until 6:04AM Vishkambha* Until 7:54AM Balava Until 9:36PM <b>Ashtami*</b> Until 9:23AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:35AM <b>Sunset:</b> 5:25PM Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Stockholm, Sweden Sun 23 Sutra 325
Mithuna Rasi: 6.09	Tithi 9 – 10	931833467	<b>Gulika</b> 10:38AM – 12:00PM Yama 7:54AM – 9:16AM <b>Rahu</b> 12:00PM – 1:22PM	<b>Mrigashira</b> Until 6:55AM Priti Until 6:57AM Taitila Until 9:19PM <b>Navami*</b> Until 9:33AM
Creative Work	Siddha Yoga		<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Orange <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b>
<b>2</b>		<b>Thursday, March 5, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Stockholm, Sweden Sun 24 Sutra 326
Mithuna Rasi: 19.28	Tithi 10 – 11	131833467	<b>Gulika</b> 9:15AM – 10:37AM Yama 6:30AM – 7:52AM <b>Rahu</b> 1:22PM – 2:45PM	<b>Ardra</b> Until 6:47AM Saubhagya Until 2:58AM Fri Vanija Until 8:09PM <b>Dashami</b> Until 8:49AM
Routine Work	Marana Yoga		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> Orange <i>Sunset:</i> 5:30PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b>
Until 6:47AM			<b>Phalguna-Masi</b>	
Then Creative Work - Amrita Yoga				
<b>3</b>		<b>Friday, March 6, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau	Stockholm, Sweden Sun 25 Sutra 327
Kataka Rasi: 3.16	Tithi 11 – 12	141833467	<b>Gulika</b> 7:50AM – 9:13AM Yama 2:46PM – 4:09PM <b>Rahu</b> 10:36AM – 11:59AM	<b>Punarvasu</b> Until 6:05AM Sobhana Until 12:00AM Sat Bava Until 6:10PM <b>Ekadashi</b> Until 7:14AM
Creative Work	Siddha Yoga		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> Orange <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Clear Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 6:05AM			<b>Phalguna-Masi</b>	
Then Routine Work - Marana Yoga				
<b>4</b>		<b>Saturday, March 7, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Stockholm, Sweden Sun 26 Sutra 328
Kataka Rasi: 17.34	Tithi 13	141833467	<b>Gulika</b> 6:24AM – 7:48AM Yama 1:23PM – 2:47PM <b>Rahu</b> 9:12AM – 10:35AM	<b>Ashlesha*</b> Until 2:07AM Sun Athiganda* Until 8:29PM Kaulava Until 3:29PM <b>Trayodashi</b> Until 1:54AM Sun
Routine Work	Marana Yoga		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> Orange <i>Sunset:</i> 5:35PM <b>Nataraja:</b> Clear Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
			<b>Phalguna-Masi</b>	
			<i>Pradosha Vrata</i>	
<b>5</b>		<b>Sunday, March 8, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau	Stockholm, Sweden Sun 27 Sutra 329
Simha Rasi: 2.19	Tithi 14	151833467	<b>Gulika</b> 2:48PM – 4:12PM Yama 11:59AM – 1:23PM <b>Rahu</b> 4:12PM – 5:37PM	<b>Magha*</b> Until 11:33PM Sukarma Until 4:34PM Gara Until 12:15PM <b>Chaturdashi*</b> Until 10:27PM
Routine Work	Marana Yoga		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:21AM <b>Muruqa:</b> Orange <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Clear Moon – Red	<b>Devaloka Day</b>
Until 11:33PM			<b>Chidambaram Abhishekam</b>	
Then Creative Work - Siddha Yoga			<b>Phalguna-Masi</b>	
<b>○</b>		<b>Monday, March 9, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau	Stockholm, Sweden Sutra 330
Simha Rasi: 17.24	Tithi 15	152833467	<b>Gulika</b> 1:24PM – 2:49PM Yama 10:34AM – 11:59AM <b>Rahu</b> 7:43AM – 9:08AM	<b>Purvaphalguni</b> Until 8:34PM Dhriti Until 12:23PM Visti Until 8:38AM <b>Purnima*</b> Until 6:43PM
<b>Family Home Evening</b>			<b>Holi</b>	
Creative Work	Siddha Yoga		<b>Ganesha:</b> White <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Orange <i>Sunset:</i> 5:39PM <b>Nataraja:</b> Clear Moon – Red	<b>Sivaloka Day</b>
			<b>Phalguna-Masi</b>	
<b>○</b>		<b>Tuesday, March 10, 2020</b>	Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Stockholm, Sweden Sutra 331
Kanya Rasi: 2.4	Tithi 16 – 17	152833467	<b>Gulika</b> 11:58AM – 1:24PM Yama 9:07AM – 10:33AM <b>Rahu</b> 2:50PM – 4:16PM	<b>Uttaraphalguni</b> Until 5:22PM Shula* Until 8:01AM Taitila Until 12:59AM Wed <b>Prathama*</b> Until 2:53PM
Creative Work	Amrita Yoga		<b>Ganesha:</b> White <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> Orange <i>Sunset:</i> 5:42PM <b>Nataraja:</b> Clear Moon – Red	<b>Sivaloka Day</b>
Until 5:22PM			<b>Phalguna-Masi</b>	
Then Creative Work - Siddha Yoga				



Wednesday, March 11, 2020

Gold Retreat Star

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

Gulika 10:32AM - 11:58AM  
Yama 7:39AM - 9:05AM  
Rahu 11:58AM - 1:25PM

Routine Work Marana Yoga  
Until 2:31PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Hasta Until 2:31PM  
Vriddhi Until 11:31PM  
Vanija Until 9:18PM  
Dvitiya Until 11:06AM

Ganesha: Clear Sunrise: 6:12AM  
Muruga: Orange Sunset: 5:44PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Masi

Devaloka Day

Stockholm, Sweden  
Sun 1 Sutra 332  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

1

Thursday, March 12, 2020

Tula Rasi: 3.02 Tithi 18 - 19

162833467

Gulika 9:04AM - 10:31AM  
Yama 6:09AM - 7:37AM  
Rahu 1:25PM - 2:52PM

Creative Work Siddha Yoga  
Until 11:49AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chatrthyam Titau

Chitra Until 11:49AM  
Dhruva Until 7:36PM  
Balava Until 4:25AM Fri  
Tritiya Until 7:33AM

Ganesha: Clear Sunrise: 6:09AM  
Muruga: Orange Sunset: 5:46PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Masi

Devaloka Day

Stockholm, Sweden  
Sun 2 Sutra 333  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

2

Friday, March 13, 2020

Tula Rasi: 17.5 Tithi 20

162833467

Gulika 7:34AM - 9:02AM  
Yama 2:53PM - 4:21PM  
Rahu 10:30AM - 11:58AM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Svati Until 9:24AM  
Vyaghata\* Until 4:06PM  
Kaulava Until 3:04PM  
Panchami Until 1:50AM Sat

Ganesha: Clear Sunrise: 6:06AM  
Muruga: Orange Sunset: 5:49PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Masi

Devaloka Day

Stockholm, Sweden  
Sun 3 Sutra 334  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

3

Saturday, March 14, 2020

Vrischika Rasi: 2.14 Tithi 21

172833467

Gulika 6:04AM - 7:32AM  
Yama 1:26PM - 2:54PM  
Rahu 9:00AM - 10:29AM

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Vishakha Until 7:51AM  
Harshana Until 1:08PM  
Gara Until 12:49PM  
Shashthi\* Until 11:56PM

Ganesha: Purple Sunrise: 6:04AM  
Muruga: Orange Sunset: 5:51PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Sivaloka Day

Stockholm, Sweden  
Sun 4 Sutra 335  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

4

Sunday, March 15, 2020

Vrischika Rasi: 16.1 Tithi 22

172833468

Gulika 2:55PM - 4:24PM  
Yama 11:57AM - 1:26PM  
Rahu 4:24PM - 5:54PM

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Anuradha Until 6:52AM  
Vajra\* Until 10:44AM  
Visti Until 11:17AM  
Saptami Until 10:48PM

Ganesha: Purple Sunrise: 6:01AM  
Muruga: Orange Sunset: 5:54PM  
Nataraja: Purple  
Moon - Orange  
Phalguna-Panguni

Subha Sivaloka Day

Stockholm, Sweden  
Sun 5 Sutra 336  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

D

Monday, March 16, 2020

Retreat Star

Vrischika Rasi: 29.37 Tithi 23

172933468

Gulika 1:27PM - 2:56PM  
Yama 10:27AM - 11:57AM  
Rahu 7:27AM - 8:57AM

Family Home Evening  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Jyeshtha\* Until 6:31AM  
Siddhi Until 8:58AM  
Balava Until 10:33AM  
Ashtami\* Until 10:28PM

Ganesha: Clear Sunrise: 5:58AM  
Muruga: Orange Sunset: 5:56PM  
Nataraja: Purple  
Moon - Orange  
Phalguna-Panguni

Sivaloka Day

Stockholm, Sweden  
Sun 6 Sutra 337  
Vikarin 5121  
Moon 3 - Phase 46  
Ashtami

Tuesday, March 17, 2020

Retreat Star

Dhanus Rasi: 12.4 Tithi 24

182933468

Gulika 11:56AM - 1:27PM  
Yama 8:56AM - 10:26AM  
Rahu 2:57PM - 4:28PM

Creative Work Amrita Yoga  
Until 7:13AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Mula\* Until 7:13AM  
Vyatipata\* Until 7:50AM  
Taitila Until 10:36AM  
Navami\* Until 10:52PM

Ganesha: Purple Sunrise: 5:55AM  
Muruga: Orange Sunset: 5:58PM  
Nataraja: Purple  
Moon - Light Blue  
Phalguna-Panguni

Devaloka Day

Stockholm, Sweden  
Sun 7 Sutra 338  
Vikarin 5121  
Moon 3 - Phase 46  
Navami

<b>1</b>	<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Stockholm, Sweden	
	Dhanus Rasi: 25.22	Tithi 25	182933468	<b>Gulika</b> Yama <b>Rahu</b>	10:25AM – 11:56AM 7:23AM – 8:54AM 11:56AM – 1:27PM	<b>Purvashadha* Until 8:29AM</b> Variyan Until 7:14AM Vanija Until 11:21AM Dashami Until 11:57PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Light Blue <b>Phalguna-Panguni</b>	Sun 8 Sutra 339 Vikarin 5121 Moon 3 - Phase 47 2nd Phase <b>Devaloka Day</b>
	Creative Work	Amrita Yoga						

<b>2</b>	<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Stockholm, Sweden	
	Makara Rasi: 7.46	Tithi 26	182933468	<b>Gulika</b> Yama <b>Rahu</b>	8:52AM – 10:24AM 5:49AM – 7:21AM 1:28PM – 2:59PM	<b>Uttarashadha Until 10:10AM</b> Parigha* Until 7:07AM Bava Until 12:42PM Ekadashi* Until 1:32AM Fri	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Light Blue <b>Phalguna-Panguni</b>	Sun 9 Sutra 340 Vikarin 5121 Moon 3 - Phase 47 2nd Phase <b>Devaloka Day</b>
	Routine Work	Marana Yoga						
	Until 10:10AM							

<b>3</b>	<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stockholm, Sweden	
	Makara Rasi: 19.59	Tithi 27	192933468	<b>Gulika</b> Yama <b>Rahu</b>	7:18AM – 8:51AM 3:00PM – 4:33PM 10:23AM – 11:56AM	<b>Shravana Until 12:37PM</b> Shiva Until 7:23AM Kaulava Until 2:30PM Dvadashi* Until 3:29AM Sat	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sun 10 Sutra 341 Vikarin 5121 Moon 3 - Phase 47 2nd Phase <b>Sivaloka Day</b>
	Routine Work	Marana Yoga						
	Until 12:37PM							

<b>4</b>	<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Stockholm, Sweden	
	Kumbha Rasi: 2.03	Tithi 28	192933468	<b>Gulika</b> Yama <b>Rahu</b>	5:43AM – 7:16AM 1:28PM – 3:01PM 8:49AM – 10:22AM	<b>Dhanishtha Until 3:12PM</b> Siddha Until 7:53AM Gara Until 4:36PM Trayodashi* Until 5:42AM Sun	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sun 11 Sutra 342 Vikarin 5121 Moon 3 - Phase 47 2nd Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga						
	Until 3:12PM							

<b>5</b>	<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvashrothapada* Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau				Stockholm, Sweden	
	Kumbha Rasi: 14.02	Tithi 29	192933468	<b>Gulika</b> Yama <b>Rahu</b>	3:03PM – 4:36PM 11:55AM – 1:29PM 4:36PM – 6:10PM	<b>Shatabhishak Until 5:48PM</b> Sadhya Until 8:34AM Visti Until 6:53PM Chaturdashi* Until 8:03AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sun 12 Sutra 343 Vikarin 5121 Moon 3 - Phase 47 2nd Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga						

<b>Monday, March 23, 2020</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvashrothapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stockholm, Sweden	
	Kumbha Rasi: 25.58	Tithi 29 – 30	113933468	<b>Gulika</b> Yama <b>Rahu</b>	1:29PM – 3:04PM 10:20AM – 11:55AM 7:11AM – 8:46AM	<b>Purvashrothapada* Until 8:51PM</b> Subha Until 9:22AM Catuspada Until 9:17PM Chaturdashi* Until 8:03AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>	Sun 13 Sutra 344 Vikarin 5121 Moon 3 - Phase 47 Amavasya <b>Sivaloka Day</b>
	Family Home Evening							
	Routine Work	Marana Yoga						

<b>Tuesday, March 24, 2020</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashrothapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stockholm, Sweden	
	Meena Rasi: 7.51	Tithi 30 – 1	113933468	<b>Gulika</b> Yama <b>Rahu</b>	11:54AM – 1:29PM 8:44AM – 10:19AM 3:05PM – 4:40PM	<b>Uttarashrothapada Until 11:47PM</b> Sukla Until 10:12AM Kintughna Until 11:43PM Amavasya* Until 10:28AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Panguni</b>	Sun 14 Sutra 345 Vikarin 5121 Moon 3 - Phase 47 Prathama <b>Sivaloka Day</b>
	Creative Work	Amrita Yoga						
	Until 11:47PM							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stockholm, Sweden Sun 15 Sutra 346	
Meena Rasi: 19.44	Tithi 1 – 2	<b>Gulika</b> 10:18AM – 11:54AM	<b>Revati Until 2:33AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:31AM		Vikarin 5121
		Yama 7:07AM – 8:43AM	Brahma Until 11:04AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:17PM		Moon 3 - Phase 48
		113933468 <b>Rahu</b> 11:54AM – 1:30PM	Balava Until 2:10AM Thu	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 12:55PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:33AM Thu				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stockholm, Sweden Sun 16 Sutra 347	
Mesha Rasi: 1.37	Tithi 2 – 3	<b>Gulika</b> 8:41AM – 10:17AM	<b>Ashvini Until 5:36AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:28AM		Vikarin 5121
		Yama 5:28AM – 7:05AM	Indra Until 11:55AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:19PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 1:30PM – 3:07PM	Taitila Until 4:33AM Fri	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 3:21PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 5:36AM Fri		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stockholm, Sweden Sun 17 Sutra 348	
Mesha Rasi: 13.31	Tithi 3 – 4	<b>Gulika</b> 7:02AM – 8:39AM	<b>Bharani Until 8:19AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:25AM		Vikarin 5121
		Yama 3:08PM – 4:45PM	Vaidhriti* Until 12:41PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:16AM – 11:53AM	Vanija Until 6:47AM Sat	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 5:40PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 8:19AM Sat				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Stockholm, Sweden Sun 18 Sutra 349	
Mesha Rasi: 25.29	Tithi 4	<b>Gulika</b> 5:22AM – 7:00AM	<b>Bharani Until 8:19AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:22AM		Vikarin 5121
		Yama 1:31PM – 3:09PM	Vishkambha* Until 1:20PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 8:38AM – 10:15AM	Vanija Until 6:47AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 7:47PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 8:19AM				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Stockholm, Sweden Sun 19 Sutra 350	
Vrishabha Rasi: 7.34	Tithi 5	<b>Gulika</b> 3:10PM – 4:48PM	<b>Krittika Until 10:37AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:19AM		Vikarin 5121
		Yama 11:53AM – 1:31PM	Priti Until 1:46PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:26PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 4:48PM – 6:26PM	Bava Until 8:44AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 9:33PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Stockholm, Sweden Sun 20 Sutra 351	
Vrishabha Rasi: 19.48	Tithi 6	<b>Gulika</b> 1:32PM – 3:11PM	<b>Rohini Until 12:50PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:16AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:14AM – 11:53AM	Ayushman Until 1:50PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:29PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 6:55AM – 8:34AM	Kaulava Until 10:16AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 10:49PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Stockholm, Sweden Sun 21 Sutra 352	
Mithuna Rasi: 2.16	Tithi 7	<b>Gulika</b> 11:52AM – 1:32PM	<b>Mrigashira Until 2:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:13AM		Vikarin 5121
		Yama 8:33AM – 10:13AM	Saubhagya Until 1:26PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 3:12PM – 4:51PM	Gara Until 11:13AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 11:25PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 2:17PM				<b>Chaitra•Panguni</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Stockholm, Sweden Sun 22 Sutra 353	
Mithuna Rasi: 15.04	Tithi 8	<b>Gulika</b> 10:13AM – 11:52AM	<b>Ardra Until 2:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:13AM		Vikarin 5121
		Yama 6:53AM – 8:33AM	Sobhana Until 12:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 11:52AM – 1:32PM	Visti Until 11:26AM	<b>Nataraja:</b> Purple			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:14PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau		Stockholm, Sweden Sun 23 Sutra 354	
Mithuna Rasi: 28.16	Tithi 9	<b>Gulika</b> 8:31AM – 10:12AM	<b>Punarvasu Until 2:59PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM		Vikarin 5121
		Yama 5:10AM – 6:51AM	Athiganda* Until 10:52AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:34PM		Moon 3 - Phase 48
		143933468 <b>Rahu</b> 1:32PM – 3:13PM	Balava Until 10:51AM	<b>Nataraja:</b> Purple			Navami
Creative Work	Amrita Yoga		<b>Navami* Until 10:13PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Stockholm, Sweden Sun 24 Sutra 355
Kataka Rasi: 11.55	Tithi 10	<b>Gulika</b> 6:49AM – 8:30AM	<b>Pushya</b> Until 2:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM	Vikarin 5121	
		Yama 3:14PM – 4:55PM	Sukarma Until 8:37AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:11AM – 11:52AM	Taitila Until 9:26AM	<b>Nataraja:</b> Purple		4th Phase	
			Dashami Until 8:25PM	Moon – Blue		<b>Sivaloka Day</b>	
		Yogaswami Mahasamadhi		Chaitra•Panguni			

<b>2</b>		<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Stockholm, Sweden Sun 25 Sutra 356
Kataka Rasi: 26.04	Tithi 11 – 12	<b>Gulika</b> 5:05AM – 6:46AM	<b>Ashlesha*</b> Until 12:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:05AM	Vikarin 5121	
		Yama 1:33PM – 3:15PM	Shula* Until 2:20AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 8:28AM – 10:10AM	Vanija Until 7:15AM	<b>Nataraja:</b> Purple		4th Phase	
Until 12:24PM			Ekadashi Until 5:54PM	Moon – Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

<b>3</b>		<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Stockholm, Sweden Sun 26 Sutra 357
Simha Rasi: 10.39	Tithi 12 – 13	<b>Gulika</b> 3:16PM – 4:58PM	<b>Magha*</b> Until 10:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:02AM	Vikarin 5121	
		Yama 11:51AM – 1:33PM	Ganda* Until 10:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 49	
Routine Work	Marana Yoga	153933468 <b>Rahu</b> 4:58PM – 6:41PM	Kaulava Until 1:05AM Mon	<b>Nataraja:</b> Purple		4th Phase	
Until 10:19AM			Dvadashi Until 2:47PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			
			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Stockholm, Sweden Sun 27 Sutra 358
Simha Rasi: 25.37	Tithi 13 – 14	<b>Gulika</b> 1:34PM – 3:17PM	<b>Purvaphalguni</b> Until 7:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:59AM	Vikarin 5121	
Family Home Evening		Yama 10:08AM – 11:51AM	Vriddhi Until 6:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 6:42AM – 8:25AM	Gara Until 9:23PM	<b>Nataraja:</b> Purple		4th Phase	
			Trayodashi Until 11:15AM	Moon – Red		<b>Sivaloka Day</b>	
				Chaitra•Panguni			

		<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			Stockholm, Sweden Sutra 359
Kanya Rasi: 10.5	Tithi 14 – 15	<b>Gulika</b> 11:51AM – 1:34PM	<b>Hasta</b> Until 1:34AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM	Vikarin 5121	
		Yama 8:23AM – 10:07AM	Dhruva Until 2:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:18PM – 5:02PM	Bava Until 3:33AM Wed	<b>Nataraja:</b> Purple		Purnima	
			Chaturdashi* Until 7:27AM	Moon – Green		<b>Devaloka Day</b>	
		Panguni Uttiram Hanuman Jayanti		Chaitra•Panguni			

<b>Wednesday, April 8, 2020</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			Stockholm, Sweden Sutra 360
Kanya Rasi: 26.08	Tithi 16	<b>Gulika</b> 10:06AM – 11:50AM	<b>Chitra</b> Until 10:33PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	Vikarin 5121	
		Yama 6:37AM – 8:22AM	Vyaghata* Until 9:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 49	
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 11:50AM – 1:35PM	Balava Until 1:39PM	<b>Nataraja:</b> Purple		Prathama	
			Prathama* Until 11:45PM	Moon – Green		<b>Devaloka Day</b>	
				Chaitra•Panguni			





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Stockholm, Sweden  
Sutra 361

Tula Rasi: 11.21 Tithi 17

**Gulika** 8:20AM – 10:05AM  
Yama 4:50AM – 6:35AM  
164134468 **Rahu** 1:35PM – 3:20PM

**Svati Until 7:39PM**  
Vajra\* Until 1:28AM Fri  
Taitila Until 9:57AM  
**Dvitiya Until 8:12PM**

**Ganesha:** White *Sunrise:* 4:50AM  
**Muruqa:** Clear *Sunset:* 6:50PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Creative Work Amrita Yoga  
Until 7:39PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Stockholm, Sweden  
Sun 1 Sutra 362

Tula Rasi: 26.19 Tithi 18 – 19

**Gulika** 6:33AM – 8:18AM  
Yama 3:21PM – 5:07PM  
174134468 **Rahu** 10:04AM – 11:50AM

**Vishakha Until 5:27PM**  
Siddhi Until 9:54PM  
Vanija Until 6:36AM  
**Tritiya Until 5:06PM**

**Ganesha:** Yellow *Sunrise:* 4:47AM  
**Muruqa:** Clear *Sunset:* 6:52PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stockholm, Sweden  
Sun 2 Sutra 363

Vischika Rasi: 10.53 Tithi 19 – 20

**Gulika** 4:44AM – 6:31AM  
Yama 1:36PM – 3:22PM  
174134468 **Rahu** 8:17AM – 10:03AM

**Anuradha Until 3:43PM**  
Vyatipata\* Until 6:51PM  
Kaulava Until 1:36AM Sun  
**Chaturthi\* Until 2:34PM**

**Ganesha:** Yellow *Sunrise:* 4:44AM  
**Muruqa:** Clear *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Varyani/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stockholm, Sweden  
Sun 3 Sutra 364

Vischika Rasi: 24.59 Tithi 20 – 21

**Gulika** 3:23PM – 5:10PM  
Yama 11:49AM – 1:36PM  
174134468 **Rahu** 5:10PM – 6:57PM

**Jyeshtha\* Until 2:33PM**  
Varyani Until 4:23PM  
Gara Until 12:12AM Mon  
**Panchami Until 12:47PM**

**Ganesha:** Yellow *Sunrise:* 4:41AM  
**Muruqa:** Clear *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Routine Work Marana Yoga  
Until 2:33PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stockholm, Sweden  
Sun 4 Sutra 1

Dhanus Rasi: 8.37 Tithi 21 – 22

**Family Home Evening**

**Gulika** 1:37PM – 3:24PM  
Yama 10:01AM – 11:49AM  
184134468 **Rahu** 6:26AM – 8:14AM

**Mula\* Until 2:31PM**  
Parigha\* Until 2:36PM  
Visti Until 11:39PM  
**Shashthi\* Until 11:48AM**

**Ganesha:** Blue *Sunrise:* 4:38AM  
**Muruqa:** Clear *Sunset:* 6:59PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga  
Until 2:31PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stockholm, Sweden  
Sun 5 Sutra 2

Dhanus Rasi: 21.46 Tithi 22 – 23

**Gulika** 11:49AM – 1:37PM  
Yama 8:12AM – 10:00AM  
284134468 **Rahu** 3:25PM – 5:13PM

**Purvashadha\* Until 3:09PM**  
Shiva Until 1:30PM  
Balava Until 11:57PM  
**Saptami Until 11:41AM**

**Ganesha:** Yellow *Sunrise:* 4:36AM  
**Muruqa:** Clear *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
Ashtami

Creative Work Siddha Yoga  
Until 3:09PM  
Then Routine Work - Prabalarishta Yoga

**Sivaloka Day**

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stockholm, Sweden  
Sun 6 Sutra 3

Makara Rasi: 4.29 Tithi 23 – 24

**Gulika** 10:00AM – 11:48AM  
Yama 6:22AM – 8:11AM  
284134468 **Rahu** 11:48AM – 1:37PM

**Uttarashadha Until 4:24PM**  
Siddha Until 1:00PM  
Taitila Until 12:59AM Thu  
**Ashtami\* Until 12:22PM**

**Ganesha:** Yellow *Sunrise:* 4:33AM  
**Muruqa:** Clear *Sunset:* 7:04PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
Navami

Creative Work Amrita Yoga  
Until 4:24PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stockholm, Sweden Sun 7 Sutra 4
	Makara Rasi: 16.54	Tithi 24 – 25	<b>Gulika</b> 8:09AM – 9:59AM	<b>Shravana Until 6:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:30AM	Sarvari 5122
			Yama 4:30AM – 6:19AM	Sadhya Until 1:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	294134468 <b>Rahu</b> 1:38PM – 3:27PM	Vanija Until 2:38AM Fri	<b>Nataraja:</b> Purple		2nd Phase
		Chidambaram Abhishekam	<b>Navami* Until 1:44PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			


<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Stockholm, Sweden Sun 8 Sutra 5
	Makara Rasi: 29.04	Tithi 25 – 26	<b>Gulika</b> 6:17AM – 8:08AM	<b>Dhanishtha Until 9:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:27AM	Sarvari 5122
			Yama 3:28PM – 5:19PM	Subha Until 1:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	294134468 <b>Rahu</b> 9:58AM – 11:48AM	Bava Until 4:43AM Sat	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami Until 3:37PM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			


<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stockholm, Sweden Sun 9 Sutra 6
	Kumbha Rasi: 11.05	Tithi 26 – 27	<b>Gulika</b> 4:24AM – 6:15AM	<b>Shatabhishak Until 11:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:24AM	Sarvari 5122
			Yama 1:39PM – 3:29PM	Sukla Until 2:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 1
	Creative Work	Amrita Yoga	295134468 <b>Rahu</b> 8:06AM – 9:57AM	Kaulava Until 7:03AM Sun	<b>Nataraja:</b> Purple		2nd Phase
		Until 11:46PM	<b>Ekadashi* Until 5:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
		Then Routine Work - Marana Yoga		<b>Chaitra*Chaitra</b>			

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stockholm, Sweden Sun 10 Sutra 7
	Kumbha Rasi: 22.59	Tithi 27	<b>Gulika</b> 3:31PM – 5:22PM	<b>Purvaproshtapada* Until 2:53AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:21AM	Sarvari 5122
			Yama 11:48AM – 1:39PM	Brahma Until 3:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 <b>Rahu</b> 5:22PM – 7:14PM	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadashi* Until 8:15PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Stockholm, Sweden Sun 11 Sutra 8
	Meena Rasi: 4.52	Tithi 28	<b>Gulika</b> 1:39PM – 3:32PM	<b>Uttaraproshtapada Until 5:51AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:19AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 9:55AM – 11:47AM	Indra Until 4:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 <b>Rahu</b> 6:11AM – 8:03AM	Gara Until 9:30AM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi* Until 10:42PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stockholm, Sweden Sun 12 Sutra 9
	Meena Rasi: 16.44	Tithi 29	<b>Gulika</b> 11:47AM – 1:40PM	<b>Revati Until 8:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:16AM	Sarvari 5122
			Yama 8:01AM – 9:54AM	Vaidhriti* Until 4:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 <b>Rahu</b> 3:33PM – 5:26PM	Visti Until 11:56AM	<b>Nataraja:</b> Purple		2nd Phase
		Until 8:35AM Wed	<b>Chaturdashi* Until 1:06AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>	
		Then Routine Work - Marana Yoga		<b>Chaitra*Chaitra</b>			

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stockholm, Sweden Sun 13 Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 9:53AM – 11:47AM	<b>Revati Until 8:35AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:13AM	Sarvari 5122
	Meena Rasi: 28.37	Tithi 30	Yama 6:07AM – 8:00AM	Vishkambha* Until 5:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 1
	Routine Work	Marana Yoga	215134468 <b>Rahu</b> 11:47AM – 1:40PM	Catuspada Until 2:17PM	<b>Nataraja:</b> Purple		Amavasya
			<b>Amavasya* Until 3:23AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Stockholm, Sweden Sun 14 Sutra 11
	<b>Retreat Star</b>		<b>Gulika</b> 7:59AM – 9:53AM	<b>Ashvini Until 11:31AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:10AM	Sarvari 5122
	Mesha Rasi: 10.34	Tithi 1	Yama 4:10AM – 6:04AM	Priti Until 6:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 1
	Creative Work	Amrita Yoga	225134468 <b>Rahu</b> 1:41PM – 3:35PM	Kintughna Until 4:29PM	<b>Nataraja:</b> Purple		Prathama
		Until 11:31AM	<b>Prathama* Until 5:29AM Fri</b>	Moon – White		<b>Sivaloka Day</b>	
		Then Creative Work - Siddha Yoga		<b>Vaisaka*Chaitra</b>			

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau		Stockholm, Sweden Sun 15 Sutra 12	
Mesha Rasi: 22.35	Tithi 2	<b>Gulika</b> 6:02AM – 7:57AM	<b>Bharani</b> Until 2:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:08AM	Sarvari 5122	
		Yama 3:36PM – 5:31PM	Ayushman Until 6:59PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 2	
225134469	<b>Rahu</b> 9:52AM – 11:47AM		Balava Until 6:28PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 7:21AM Sat	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stockholm, Sweden Sun 16 Sutra 13	
Vrishabha Rasi: 4.41	Tithi 2 – 3	<b>Gulika</b> 4:05AM – 6:00AM	<b>Krittika</b> Until 4:16PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:05AM	Sarvari 5122	
		Yama 1:42PM – 3:37PM	Saubhagya Until 7:19PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 2	
225134469	<b>Rahu</b> 7:56AM – 9:51AM		Taitila Until 8:11PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 7:21AM	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Stockholm, Sweden Sun 17 Sutra 14	
Vrishabha Rasi: 16.55	Tithi 3 – 4	<b>Gulika</b> 3:38PM – 5:34PM	<b>Rohini</b> Until 6:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:02AM	Sarvari 5122	
		Yama 11:46AM – 1:42PM	Sobhana Until 7:24PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 2	
235134469	<b>Rahu</b> 5:34PM – 7:30PM		Vanija Until 9:32PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 8:53AM	Moon – Yellow		<b>Devaloka Day</b>	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>			

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stockholm, Sweden Sun 18 Sutra 15	
Vrishabha Rasi: 29.19	Tithi 4 – 5	<b>Gulika</b> 1:43PM – 3:39PM	<b>Mrigashira</b> Until 8:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:59AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 9:49AM – 11:46AM	Athiganda* Until 7:07PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 2	
235134469	<b>Rahu</b> 5:56AM – 7:53AM		Bava Until 10:27PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 10:02AM	Moon – Yellow		<b>Devaloka Day</b>	
Until 8:00PM		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stockholm, Sweden Sun 19 Sutra 16	
Mithuna Rasi: 11.56	Tithi 5 – 6	<b>Gulika</b> 11:46AM – 1:43PM	<b>Ardra</b> Until 8:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:57AM	Sarvari 5122	
		Yama 7:51AM – 9:49AM	Sukarma Until 6:27PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 2	
236134469	<b>Rahu</b> 3:40PM – 5:38PM		Kaulava Until 10:49PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Panchami</b> Until 10:41AM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 8:55PM				<b>Vaisaka-Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stockholm, Sweden Sun 20 Sutra 17	
Mithuna Rasi: 24.49	Tithi 6 – 7	<b>Gulika</b> 9:48AM – 11:46AM	<b>Punarvasu</b> Until 9:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:54AM	Sarvari 5122	
		Yama 5:52AM – 7:50AM	Dhriti Until 5:19PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 4 - Phase 2	
246134469	<b>Rahu</b> 11:46AM – 1:44PM		Gara Until 10:34PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 10:45AM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stockholm, Sweden Sun 21 Sutra 18	
Kataka Rasi: 8.01	Tithi 7 – 8	<b>Gulika</b> 7:49AM – 9:47AM	<b>Pushya</b> Until 9:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:51AM	Sarvari 5122	
		Yama 3:51AM – 5:50AM	Shula* Until 3:39PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 2	
246134469	<b>Rahu</b> 1:44PM – 3:43PM		Visti Until 9:40PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 10:11AM	Moon – Blue		<b>Devaloka Day</b>	
Until 9:23PM				<b>Vaisaka-Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stockholm, Sweden Sun 22 Sutra 19	
Kataka Rasi: 21.34	Tithi 8 – 9	<b>Gulika</b> 5:46AM – 7:46AM	<b>Ashlesha*</b> Until 8:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:46AM	Sarvari 5122	
		Yama 3:45PM – 5:45PM	Ganda* Until 1:27PM	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 7:45PM	Moon 4 - Phase 2	
246134469	<b>Rahu</b> 9:46AM – 11:45AM		Balava Until 8:06PM	<b>Nataraja:</b> Clear		Navami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 8:57AM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, May 2, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau		Stockholm, Sweden Sun 23 Sutra 20	
Simha Rasi: 5.32	Tithi 9 – 10	<b>Gulika</b> 3:44AM – 5:44AM	<b>Magha* Until 7:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM			Sarvari 5122	
		Yama 1:46PM – 3:46PM	Vriddhi Until 10:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:47PM			Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 7:44AM – 9:45AM	Gara Until 4:36AM Sun	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Amrita Yoga	<b>Navami* Until 7:04AM</b>		Moon – Red			<b>Bhuloka Day</b>		
Until 7:06PM				<b>Vaisaka*Chaitra</b>			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Sunday, May 3, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau		Stockholm, Sweden Sun 24 Sutra 21	
Simha Rasi: 19.53	Tithi 11	<b>Gulika</b> 3:47PM – 5:48PM	<b>Purvaphalguni Until 5:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:41AM			Sarvari 5122	
		Yama 11:45AM – 1:46PM	Dhruva Until 7:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:47PM			Moon 4 - Phase 3	
		256134469 <b>Rahu</b> 5:48PM – 7:49PM	Vanija Until 3:11PM	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Siddha Yoga	<b>Ekadashi Until 1:38AM Mon</b>		Moon – Red			<b>Bhuloka Day</b>		
Until 5:08PM				<b>Vaisaka*Chaitra</b>			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga									

<b>3</b>		<b>Monday, May 4, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Stockholm, Sweden Sun 25 Sutra 22	
Kanya Rasi: 4.34	Tithi 12	<b>Gulika</b> 1:47PM – 3:48PM	<b>Uttaraphalguni Until 2:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:39AM			Sarvari 5122	
<b>Family Home Evening</b>		Yama 9:43AM – 11:45AM	Harshana Until 12:10AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:52PM			Moon 4 - Phase 3	
		256234469 <b>Rahu</b> 5:40AM – 7:42AM	Bava Until 12:02PM	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Siddha Yoga	<b>Dvadashi Until 10:20PM</b>		Moon – Red			<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>					

<b>4</b>		<b>Tuesday, May 5, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Stockholm, Sweden Sun 26 Sutra 23	
Kanya Rasi: 19.31	Tithi 13	<b>Gulika</b> 11:45AM – 1:47PM	<b>Hasta Until 12:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:36AM			Sarvari 5122	
		Yama 7:41AM – 9:43AM	Vajra* Until 8:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:54PM			Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 3:49PM – 5:52PM	Kaulava Until 8:36AM	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Siddha Yoga	<b>Trayodashi Until 6:48PM</b>		Moon – Green			<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>					
								<i>Pradosha Vrata</i>	

<b>5</b>		<b>Wednesday, May 6, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau		Stockholm, Sweden Sun 27 Sutra 24	
Tula Rasi: 4.34	Tithi 14 – 15	<b>Gulika</b> 9:42AM – 11:45AM	<b>Chitra Until 9:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:34AM			Sarvari 5122	
		Yama 5:36AM – 7:39AM	Siddhi Until 4:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:56PM			Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 11:45AM – 1:48PM	Visli Until 1:29AM Thu	<b>Nataraja:</b> Clear					4th Phase
Creative Work	Siddha Yoga	<b>Chaturdashi* Until 3:14PM</b>		Moon – Green			<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>					

		<b>Thursday, May 7, 2020</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Stockholm, Sweden Sutra 25	
Tula Rasi: 19.37	Tithi 15 – 16	<b>Gulika</b> 7:38AM – 9:41AM	<b>Svati Until 6:28AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:31AM			Sarvari 5122	
		Yama 3:31AM – 5:35AM	Vyatipata* Until 12:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:59PM			Moon 4 - Phase 3	
		267234469 <b>Rahu</b> 1:48PM – 3:52PM	Balava Until 10:07PM	<b>Nataraja:</b> Clear					Purnima
Creative Work	Amrita Yoga	<b>Purnima* Until 11:45AM</b>		Moon – Green			<b>Devaloka Day</b>		
Until 6:28AM				<b>Vaisaka*Chaitra</b>					
Then Creative Work - Siddha Yoga									

<b>Friday, May 8, 2020</b>		<b>Silver Retreat Star</b>				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Stockholm, Sweden Sutra 26	
Vrischika Rasi: 4.28	Tithi 16 – 17	<b>Gulika</b> 5:33AM – 7:37AM	<b>Anuradha Until 2:03AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:29AM			Sarvari 5122	
		Yama 3:53PM – 5:57PM	Variyan Until 8:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:01PM			Moon 4 - Phase 3	
		277234469 <b>Rahu</b> 9:41AM – 11:45AM	Taitila Until 7:07PM	<b>Nataraja:</b> Clear					Prathama
Creative Work	Siddha Yoga	<b>Prathama* Until 8:33AM</b>		Moon – Orange			<b>Bhuloka Day</b>		
				<b>Vaisaka*Chaitra</b>			Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda