



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Tula Rasi: 29.37 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

**Gulika** 3:54PM – 5:39PM  
**Yama** 12:25PM – 2:10PM  
**Rahu** 5:39PM – 7:23PM

**Vishakha** **Until 12:28PM**  
**Vyatipata\*** **Until 10:59PM**  
**Vanija** **Until 7:23PM**  
**Dvitiya** **Until 8:01AM**

**Ganesha:** Blue *Sunrise: 5:28AM*  
**Muruqa:** Yellow *Sunset: 7:23PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

Winterthur, Switzerland  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**1**

**Monday, April 22, 2019**

Vrischika Rasi: 13.12 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

**Gulika** 2:10PM – 3:55PM  
**Yama** 10:40AM – 12:25PM  
**Rahu** 7:11AM – 8:56AM

**Anuradha** **Until 12:13PM**  
**Variyan** **Until 9:23PM**  
**Bava** **Until 6:39PM**  
**Tritiya** **Until 6:54AM**

**Ganesha:** Blue *Sunrise: 5:26AM*  
**Muruqa:** Yellow *Sunset: 7:24PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

Winterthur, Switzerland  
Sun 1 Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**2**

**Tuesday, April 23, 2019**

Vrischika Rasi: 26.22 Tithi 19 – 20

Routine Work Marana Yoga

Until 12:35PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 12:25PM – 2:10PM  
**Yama** 8:55AM – 10:40AM  
**Rahu** 3:55PM – 5:41PM

**Jyeshtha\*** **Until 12:35PM**  
**Parigha\*** **Until 8:27PM**  
**Kaulava** **Until 6:43PM**  
**Chaturthi\*** **Until 6:33AM**

**Ganesha:** Blue *Sunrise: 5:24AM*  
**Muruqa:** Yellow *Sunset: 7:26PM*  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

Winterthur, Switzerland  
Sun 2 Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 9.07 Tithi 20 – 21

Routine Work Marana Yoga

Until 2:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:39AM – 12:25PM  
**Yama** 7:08AM – 8:54AM  
**Rahu** 12:25PM – 2:10PM

**Mula\*** **Until 2:04PM**  
**Shiva** **Until 8:09PM**  
**Gara** **Until 7:36PM**  
**Panchami** **Until 7:02AM**

**Ganesha:** Yellow *Sunrise: 5:23AM*  
**Muruqa:** Yellow *Sunset: 7:27PM*  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra+Chaitra**

Winterthur, Switzerland  
Sun 3 Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Sivaloka Day**

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 21.31 Tithi 21 – 22

Creative Work Siddha Yoga

Until 4:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 8:53AM – 10:39AM  
**Yama** 5:21AM – 7:07AM  
**Rahu** 2:11PM – 3:57PM

**Purvashadha\*** **Until 4:08PM**  
**Siddha** **Until 8:23PM**  
**Visti** **Until 9:12PM**  
**Shashthi\*** **Until 8:18AM**

**Ganesha:** Yellow *Sunrise: 5:21AM*  
**Muruqa:** Yellow *Sunset: 7:29PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra+Chaitra**

Winterthur, Switzerland  
Sun 4 Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**Devaloka Day**

**5**

**Friday, April 26, 2019**

**Retreat Star**

Makara Rasi: 3.38 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 7:05AM – 8:52AM  
**Yama** 3:57PM – 5:44PM  
**Rahu** 10:38AM – 12:25PM

**Uttarashadha** **Until 6:35PM**  
**Sadhya** **Until 9:04PM**  
**Balava** **Until 11:22PM**  
**Saptami** **Until 10:13AM**

**Ganesha:** Red *Sunrise: 5:19AM*  
**Muruqa:** Yellow *Sunset: 7:30PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra+Chaitra**

Winterthur, Switzerland  
Sun 5 Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Devaloka Day**

**Saturday, April 27, 2019**

**Retreat Star**

Makara Rasi: 15.34 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 5:17AM – 7:04AM  
**Yama** 2:11PM – 3:58PM  
**Rahu** 8:51AM – 10:38AM

**Shravana** **Until 9:44PM**  
**Subha** **Until 10:01PM**  
**Taitila** **Until 1:51AM Sun**  
**Ashtami\*** **Until 12:34PM**

**Ganesha:** Green *Sunrise: 5:17AM*  
**Muruqa:** Yellow *Sunset: 7:31PM*  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra+Chaitra**

Winterthur, Switzerland  
Sun 6 Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 7 Sutra 14
Makara Rasi: 27.23	Tithi 24 – 25	<b>Gulika</b> 3:59PM – 5:46PM	<b>Dhanishtha</b> <b>Until 12:48AM Mon</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:16AM	Vikarin 5121
		Yama 12:24PM – 2:11PM	Sukla <b>Until 11:01PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 3
	294583469	<b>Rahu</b> 5:46PM – 7:33PM	Vanija <b>Until 4:24AM Mon</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 3:06PM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 12:48AM Mon				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 8 Sutra 15
Kumbha Rasi: 9.13	Tithi 25 – 26	<b>Gulika</b> 2:12PM – 3:59PM	<b>Shatabhishak</b> <b>Until 3:34AM Tue</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:14AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:37AM – 12:24PM	Brahma <b>Until 11:57PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 7:01AM – 8:49AM	Bava <b>Until 6:46AM Tue</b>	<b>Nataraja:</b> Clear		2nd Phase
Until 3:34AM Tue			<b>Dashami</b> <b>Until 5:36PM</b>	Moon – Purple		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 16
Kumbha Rasi: 21.07	Tithi 26	<b>Gulika</b> 12:24PM – 2:12PM	<b>Purvaprossthapada*</b> <b>Until 6:21AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:12AM	Vikarin 5121
		Yama 8:48AM – 10:36AM	Indra <b>Until 12:39AM Wed</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 3
	214583469	<b>Rahu</b> 4:00PM – 5:48PM	Bava <b>Until 6:46AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 7:49PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 6:21AM Wed				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 17
Meena Rasi: 3.08	Tithi 27	<b>Gulika</b> 10:36AM – 12:24PM	<b>Purvaprossthapada*</b> <b>Until 6:21AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:11AM	Vikarin 5121
		Yama 6:59AM – 8:47AM	Vaidhriti* <b>Until 12:59AM Thu</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:37PM	Moon 4 - Phase 3
	214583469	<b>Rahu</b> 12:24PM – 2:12PM	Kaulava <b>Until 8:47AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 9:36PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 6:21AM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Winterthur, Switzerland Sun 11 Sutra 18
Meena Rasi: 15.22	Tithi 28	<b>Gulika</b> 8:46AM – 10:35AM	<b>Uttaraprossthapada</b> <b>Until 8:31AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:09AM	Vikarin 5121
		Yama 5:09AM – 6:58AM	Vishkambha* <b>Until 12:56AM Fri</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 3
	215583469	<b>Rahu</b> 2:12PM – 4:01PM	Gara <b>Until 10:19AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 10:52PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 10:01AM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

*Pradosha Vrata (Fasting)*

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 12 Sutra 19
Meena Rasi: 27.48	Tithi 29	<b>Gulika</b> 6:57AM – 8:46AM	<b>Revati</b> <b>Until 10:01AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:07AM	Vikarin 5121
		Yama 4:02PM – 5:51PM	Priti <b>Until 12:28AM Sat</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 3
	215583469	<b>Rahu</b> 10:35AM – 12:24PM	Visti <b>Until 11:19AM</b>	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:36PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 10:01AM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 20
Mesha Rasi: 10.29	Tithi 30	<b>Gulika</b> 5:06AM – 6:55AM	<b>Ashvini</b> <b>Until 11:18AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:06AM	Vikarin 5121
		Yama 2:13PM – 4:02PM	Ayushman <b>Until 11:34PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 3
	225583469	<b>Rahu</b> 8:45AM – 10:34AM	Catuspada <b>Until 11:47AM</b>	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 11:47PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 11:55AM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Winterthur, Switzerland Sun 14 Sutra 21
Mesha Rasi: 23.26	Tithi 1	<b>Gulika</b> 4:03PM – 5:53PM	<b>Bharani</b> <b>Until 11:55AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:04AM	Vikarin 5121
		Yama 12:23PM – 2:13PM	Saubhagya <b>Until 10:18PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 3
	225583469	<b>Rahu</b> 5:53PM – 7:42PM	Kintughna <b>Until 11:43AM</b>	<b>Nataraja:</b> Clear		Prathama
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 11:30PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 11:55AM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 15 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 2:13PM – 4:03PM	<b>Krittika</b> Until 11:58AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM	
Vrishabha Rasi: 7	Tithi 2	Yama 10:33AM – 12:23PM	Sobhana Until 8:43PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	225583469	<b>Rahu</b> 6:53AM – 8:43AM	Balava Until 11:13AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya</b> Until 10:49PM	Moon – White		<b>Bhuloka Day</b>
Until 11:58AM				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:23PM – 2:14PM	<b>Rohini</b> Until 11:56AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:01AM	
Vrishabha Rasi: 19.59	Tithi 3	Yama 8:42AM – 10:33AM	Athiganda* Until 6:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:45PM	Moon 4 - Phase 4
<b>Creative Work</b> Amrita Yoga	235583469	<b>Rahu</b> 4:04PM – 5:55PM	Taitila Until 10:21AM	<b>Nataraja:</b> Clear		3rd Phase
Until 11:56AM			<b>Tritiya</b> Until 9:46PM	Moon – Yellow		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Vishti* Karana Chaturthyam Titau				Winterthur, Switzerland Sun 17 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:32AM – 12:23PM	<b>Mrigashira</b> Until 11:27AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:00AM	
Mithuna Rasi: 3.33	Tithi 4	Yama 6:51AM – 8:42AM	Sukarma Until 4:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 4
<b>Creative Work</b> Siddha Yoga	235583469	<b>Rahu</b> 12:23PM – 2:14PM	Vanija Until 9:10AM	<b>Nataraja:</b> Clear		3rd Phase
Until 11:56AM			<b>Chaturthi*</b> Until 8:27PM	Moon – Yellow		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:41AM – 10:32AM	<b>Ardra</b> Until 10:35AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:58AM	
Mithuna Rasi: 17.16	Tithi 5	Yama 4:58AM – 6:50AM	Dhriti Until 2:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:48PM	Moon 4 - Phase 4
<b>Routine Work</b> Marana Yoga	235583469	<b>Rahu</b> 2:14PM – 4:05PM	Bava Until 7:43AM	<b>Nataraja:</b> Clear		3rd Phase
Until 10:35AM			<b>Panchami</b> Until 6:54PM	Moon – Yellow		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau				Winterthur, Switzerland Sun 19 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 6:49AM – 8:40AM	<b>Punarvasu</b> Until 9:48AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:57AM	
Kataka Rasi: 1.07	Tithi 6 – 7	Yama 4:06PM – 5:57PM	Shula* Until 11:59AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 4
<b>Creative Work</b> Siddha Yoga	245583469	<b>Rahu</b> 10:32AM – 12:23PM	Kaulava Until 6:04AM	<b>Nataraja:</b> Clear		3rd Phase
Until 9:48AM			<b>Shashthi*</b> Until 5:09PM	Moon – Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Vaisaka-Chaitra</b>		

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 27 Vikarin 5121
<b>6</b>		<b>Gulika</b> 4:56AM – 6:48AM	<b>Pushya</b> Until 8:40AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:56AM	
Kataka Rasi: 15.05	Tithi 7 – 8	Yama 2:15PM – 4:07PM	Ganda* Until 9:22AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 4
<b>Creative Work</b> Siddha Yoga	245583469	<b>Rahu</b> 8:39AM – 10:31AM	Vishti Until 2:11AM Sun	<b>Nataraja:</b> Clear		3rd Phase
Until 8:40AM			<b>Saptami</b> Until 3:12PM	Moon – Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Vaisaka-Chaitra</b>		

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 21 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 4:07PM – 5:59PM	<b>Ashlesha*</b> Until 7:14AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:54AM	
Kataka Rasi: 29.11	Tithi 8 – 9	Yama 12:23PM – 2:15PM	Vridhhi Until 6:38AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:52PM	Moon 4 - Phase 4
<b>Creative Work</b> Siddha Yoga	246583469	<b>Rahu</b> 5:59PM – 7:52PM	Balava Until 12:00AM Mon	<b>Nataraja:</b> Clear		Ashtami
Until 7:14AM			<b>Ashtami*</b> Until 1:05PM	Moon – Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>		


<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 22 Sutra 29 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:15PM – 4:08PM	<b>Purvaphalguni</b> Until 4:22AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM	
Simha Rasi: 13.22	Tithi 9 – 10	Yama 10:30AM – 12:23PM	Vyaghata* Until 12:46AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:53PM	Moon 4 - Phase 4
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 6:45AM – 8:38AM	Taitila Until 9:41PM	<b>Nataraja:</b> Clear		Navami
<b>Creative Work</b> Siddha Yoga			<b>Navami*</b> Until 10:50AM	Moon – Red		<b>Bhuloka Day</b>
Until 4:22AM Tue				<b>Vaisaka-Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>1</b>		<b>Tuesday, May 14, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Winterthur, Switzerland Sun 23 Sutra 30
Simha Rasi: 27.38	Tithi 10 – 11	<b>Gulika</b> 12:23PM – 2:16PM	<b>Uttaraphalguni</b> Until 2:37AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	Vikarin 5121	
		Yama 8:37AM – 10:30AM	Harshana Until 9:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:54PM	Moon 4 - Phase 5	
	256583469	<b>Rahu</b> 4:09PM – 6:01PM	Vanija Until 7:19PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:29AM	Moon – Red	<b>Bhuloka Day</b>		
Until 2:37AM Wed				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, May 15, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau	Winterthur, Switzerland Sun 24 Sutra 31
Kanya Rasi: 11.55	Tithi 11 – 12	<b>Gulika</b> 10:30AM – 12:23PM	<b>Hasta</b> Until 1:11AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Vikarin 5121	
		Yama 6:44AM – 8:37AM	Vajra* Until 6:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:55PM	Moon 4 - Phase 5	
	266583469	<b>Rahu</b> 12:23PM – 2:16PM	Balava Until 3:45AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 6:06AM	Moon – Green	<b>Devaloka Day</b>		
Until 1:11AM Thu				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Thursday, May 16, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Winterthur, Switzerland Sun 25 Sutra 32
Kanya Rasi: 26.11	Tithi 13	<b>Gulika</b> 8:36AM – 10:29AM	<b>Chitra</b> Until 11:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:49AM	Vikarin 5121	
		Yama 4:49AM – 6:43AM	Siddhi Until 3:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:57PM	Moon 4 - Phase 5	
	266583469	<b>Rahu</b> 2:16PM – 4:10PM	Kaulava Until 2:39PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 1:34AM Fri	Moon – Green	<b>Devaloka Day</b>		
Until 11:45PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Friday, May 17, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau	Winterthur, Switzerland Sun 26 Sutra 33
Tula Rasi: 10.19	Tithi 14	<b>Gulika</b> 6:42AM – 8:35AM	<b>Svati</b> Until 10:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM	Vikarin 5121	
		Yama 4:10PM – 6:04PM	Vyatipata* Until 1:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:58PM	Moon 4 - Phase 5	
	266583469	<b>Rahu</b> 10:29AM – 12:23PM	Gara Until 12:35PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:39PM	Moon – Green	<b>Devaloka Day</b>		
				<b>Vaisaka-Vaikasi</b>			

		<b>Saturday, May 18, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau	Winterthur, Switzerland Sun 27 Sutra 34
<b>Copper Retreat Star</b>		<b>Gulika</b> 4:47AM – 6:41AM	<b>Vishakha</b> Until 9:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:47AM	Vikarin 5121	
Tula Rasi: 24.17	Tithi 15	Yama 2:17PM – 4:11PM	Variyan Until 10:37AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:59PM	Moon 4 - Phase 5	
	276583469	<b>Rahu</b> 8:35AM – 10:29AM	Visti Until 10:52AM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:09PM	Moon – Orange	<b>Bhuloka Day</b>		
				<b>Vaisaka-Vaikasi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>0</b>		<b>Sunday, May 19, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau	Winterthur, Switzerland Sun 28 Sutra 35
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:12PM – 6:06PM	<b>Anuradha</b> Until 9:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:46AM	Vikarin 5121	
Vrischika Rasi: 7.58	Tithi 16	Yama 12:23PM – 2:17PM	Parigha* Until 8:32AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:00PM	Moon 4 - Phase 5	
	277583469	<b>Rahu</b> 6:06PM – 8:00PM	Balava Until 9:36AM	<b>Nataraja:</b> Clear		Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 9:10PM	Moon – Orange	<b>Devaloka Day</b>		
				<b>Vaisaka-Vaikasi</b>			



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 21.19 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:18PM – 4:12PM  
**Yama** 10:28AM – 12:23PM  
**Rahu** 6:39AM – 8:34AM  
**Jyeshtha\* Until 9:47PM**  
Shiva Until 6:56AM  
Taitila Until 8:56AM  
**Dvitiya Until 8:49PM**

**Ganesha:** Yellow *Sunrise:* 4:45AM  
**Muruqa:** Yellow *Sunset:* 8:02PM  
**Nataraja:** Clear  
Moon – Orange  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Winterthur, Switzerland  
Sun 1 Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 4.19 Tithi 18  
Creative Work Amrita Yoga  
Until 10:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 12:23PM – 2:18PM  
**Yama** 8:33AM – 10:28AM  
**Rahu** 4:13PM – 6:08PM  
**Mula\* Until 10:59PM**  
Sadhya Until 5:18AM Wed  
Vanija Until 8:55AM  
**Tritiya Until 9:10PM**

**Ganesha:** Red *Sunrise:* 4:44AM  
**Muruqa:** Yellow *Sunset:* 8:03PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Winterthur, Switzerland  
Sun 2 Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 16.59 Tithi 19  
Creative Work Amrita Yoga  
Until 12:43AM Thu  
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 10:28AM – 12:23PM  
**Yama** 6:38AM – 8:33AM  
**Rahu** 12:23PM – 2:18PM  
**Purvashadha\* Until 12:43AM Thu**  
Subha Until 5:19AM Thu  
Bava Until 9:37AM  
**Chaturthi\* Until 10:12PM**

**Ganesha:** Red *Sunrise:* 4:42AM  
**Muruqa:** Yellow *Sunset:* 8:04PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Winterthur, Switzerland  
Sun 3 Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 29.21 Tithi 20  
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 8:32AM – 10:28AM  
**Yama** 4:41AM – 6:37AM  
**Rahu** 2:19PM – 4:14PM  
**Uttarashadha Until 2:52AM Fri**  
Sukla Until 5:45AM Fri  
Kaulava Until 10:59AM  
**Panchami Until 11:51PM**

**Ganesha:** Red *Sunrise:* 4:41AM  
**Muruqa:** Yellow *Sunset:* 8:05PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Devaloka Day**  
**Vaisaka-Vaikasi**

Winterthur, Switzerland  
Sun 4 Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**4**

**Friday, May 24, 2019**

Makara Rasi: 11.29 Tithi 21  
Routine Work Marana Yoga  
Until 5:47AM Sat  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 6:36AM – 8:32AM  
**Yama** 4:15PM – 6:10PM  
**Rahu** 10:28AM – 12:23PM  
**Shravana Until 5:47AM Sat**  
Brahma Until 6:31AM Sat  
Gara Until 12:54PM  
**Shashthi\* Until 1:59AM Sat**

**Ganesha:** Green *Sunrise:* 4:41AM  
**Muruqa:** Yellow *Sunset:* 8:06PM  
**Nataraja:** Clear  
Moon – Purple  
**Bhuloka Day**  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

Winterthur, Switzerland  
Sun 5 Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**5**

**Saturday, May 25, 2019**

Makara Rasi: 23.26 Tithi 22  
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika** 4:40AM – 6:36AM  
**Yama** 2:19PM – 4:15PM  
**Rahu** 8:31AM – 10:27AM  
**Dhanishtha Until 8:44AM Sun**  
Brahma Until 6:31AM  
Visti Until 3:11PM  
**Saptami Until 4:22AM Sun**

**Ganesha:** Green *Sunrise:* 4:40AM  
**Muruqa:** Yellow *Sunset:* 8:07PM  
**Nataraja:** Clear  
Moon – Purple  
**Bhuloka Day**  
**Vaisaka-Vaikasi**  
Devaloka Time: 3:PM to 6:PM

Winterthur, Switzerland  
Sun 6 Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**D**

**Sunday, May 26, 2019**

**Retreat Star**

Kumbha Rasi: 5.18 Tithi 23  
Routine Work Marana Yoga  
Until 8:44AM  
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 4:16PM – 6:12PM  
**Yama** 12:23PM – 2:20PM  
**Rahu** 6:12PM – 8:08PM  
**Dhanishtha Until 8:44AM**  
Indra Until 7:29AM  
Balava Until 5:37PM  
**Ashtami\* Until 6:47AM Mon**

**Ganesha:** Blue *Sunrise:* 4:39AM  
**Muruqa:** Yellow *Sunset:* 8:08PM  
**Nataraja:** Clear  
Moon – Purple  
**Sivaloka Day**  
**Vaisaka-Vaikasi**

Winterthur, Switzerland  
Sun 7 Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Monday, May 27, 2019**

**Retreat Star**

Kumbha Rasi: 17.1 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 11:32AM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:20PM – 4:16PM  
**Yama** 10:27AM – 12:24PM  
**Rahu** 6:34AM – 8:31AM  
**Shatabhishak Until 11:32AM**  
Vaidhriti\* Until 8:25AM  
Taitila Until 7:57PM  
**Ashtami\* Until 6:47AM**

**Ganesha:** Blue *Sunrise:* 4:38AM  
**Muruqa:** Yellow *Sunset:* 8:09PM  
**Nataraja:** Clear  
Moon – Purple  
**Sivaloka Day**  
**Vaisaka-Vaikasi**

Winterthur, Switzerland  
Sun 8 Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Winterthur, Switzerland Sun 9	Sutra 44
Kumbha Rasi: 29.06	Tithi 24 – 25	<b>Gulika</b> 12:24PM – 2:20PM	<b>Purvaproshtapada* Until 2:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:37AM	Vikarin 5121		
		Yama 8:30AM – 10:27AM	Vishkambha* Until 9:12AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:10PM	Moon 5 - Phase 7		
		318683469 <b>Rahu</b> 4:17PM – 6:14PM	Vanija Until 10:00PM	<b>Nataraja:</b> Clear		2nd Phase		
Routine Work	Marana Yoga		<b>Navami* Until 9:00AM</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 2:26PM				<b>Vaisaka-Vaikasi</b>				
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Winterthur, Switzerland Sun 10	Sutra 45
Meena Rasi: 11.11	Tithi 25 – 26	<b>Gulika</b> 10:27AM – 12:24PM	<b>Uttaraproshtapada Until 4:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:36AM	Vikarin 5121		
		Yama 6:33AM – 8:30AM	Priti Until 9:43AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:11PM	Moon 5 - Phase 7		
		318683469 <b>Rahu</b> 12:24PM – 2:21PM	Bava Until 11:34PM	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Siddha Yoga		<b>Dashami Until 10:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 4:45PM				<b>Vaisaka-Vaikasi</b>				
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Winterthur, Switzerland Sun 11	Sutra 46
Meena Rasi: 23.28	Tithi 26 – 27	<b>Gulika</b> 8:30AM – 10:27AM	<b>Revati Until 6:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:35AM	Vikarin 5121		
		Yama 4:35AM – 6:33AM	Ayushman Until 9:47AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:12PM	Moon 5 - Phase 7		
		318683469 <b>Rahu</b> 2:21PM – 4:18PM	Kaulava Until 12:33AM Fri	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Siddha Yoga		<b>Ekadashi* Until 12:07PM</b>	Moon – Clear		<b>Sivaloka Day</b>		
Until 6:22PM				<b>Vaisaka-Vaikasi</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Winterthur, Switzerland Sun 12	Sutra 47
Mesha Rasi: 6.01	Tithi 27 – 28	<b>Gulika</b> 6:32AM – 8:29AM	<b>Ashvini Until 7:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:35AM	Vikarin 5121		
		Yama 4:19PM – 6:16PM	Saubhagya Until 9:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:13PM	Moon 5 - Phase 7		
		328683469 <b>Rahu</b> 10:27AM – 12:24PM	Gara Until 12:54AM Sat	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Amrita Yoga		<b>Dvadashi* Until 12:47PM</b>	Moon – White		<b>Devaloka Day</b>		
Until 7:42PM				<b>Vaisaka-Vaikasi</b>				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Winterthur, Switzerland Sun 13	Sutra 48
Mesha Rasi: 18.53	Tithi 28 – 29	<b>Gulika</b> 4:34AM – 6:32AM	<b>Bharani Until 8:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:34AM	Vikarin 5121		
		Yama 2:22PM – 4:19PM	Sobhana Until 8:30AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:14PM	Moon 5 - Phase 7		
		329683469 <b>Rahu</b> 8:29AM – 10:27AM	Visti Until 12:37AM Sun	<b>Nataraja:</b> Clear		2nd Phase		
Creative Work	Siddha Yoga		<b>Trayodashi* Until 12:49PM</b>	Moon – White		<b>Bhuloka Day</b>		
Until 8:14PM				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>●</b>		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Winterthur, Switzerland Sun 14	Sutra 49
<b>Retreat Star</b>		<b>Gulika</b> 4:20PM – 6:18PM	<b>Krittika Until 8:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:34AM	Vikarin 5121		
Vrishabha Rasi: 2.03	Tithi 29 – 30	Yama 12:24PM – 2:22PM	Athiganda* Until 7:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 7		
		329683469 <b>Rahu</b> 6:18PM – 8:15PM	Catuspada Until 11:44PM	<b>Nataraja:</b> Clear		Amavasya		
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:14PM</b>	Moon – White		<b>Bhuloka Day</b>		
				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Winterthur, Switzerland Sun 15	Sutra 50
Vrishabha Rasi: 15.32	Tithi 30 – 1	<b>Gulika</b> 2:22PM – 4:20PM	<b>Rohini Until 7:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:33AM	Vikarin 5121		
<b>Family Home Evening</b>		Yama 10:27AM – 12:25PM	Dhriti Until 3:01AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:16PM	Moon 5 - Phase 7		
		339683469 <b>Rahu</b> 6:31AM – 8:29AM	Kintughna Until 10:22PM	<b>Nataraja:</b> Clear		Prathama		
Creative Work	Amrita Yoga		<b>Amavasya* Until 11:05AM</b>	Moon – Yellow		<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM		

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Winterthur, Switzerland Sun 16 Sutra 51 Vikarin 5121
Vrishabha Rasi: 29.18	Tithi 1 – 2	<b>Gulika</b> 12:25PM – 2:23PM	<b>Mrigashira Until 6:39PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:32AM	
		Yama 8:29AM – 10:27AM	Shula* Until 12:28AM Wed	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:17PM	Moon 5 - Phase 8
		339683461 <b>Rahu</b> 4:21PM – 6:19PM	Balava Until 8:35PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 9:30AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 6:39PM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Winterthur, Switzerland Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 13.17	Tithi 2 – 3	<b>Gulika</b> 10:27AM – 12:25PM	<b>Ardra Until 5:14PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:32AM	
		Yama 6:30AM – 8:28AM	Ganda* Until 9:42PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:18PM	Moon 5 - Phase 8
		339683461 <b>Rahu</b> 12:25PM – 2:23PM	Taitila Until 6:31PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:34AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau	Winterthur, Switzerland Sun 18 Sutra 53 Vikarin 5121
Mithuna Rasi: 27.26	Tithi 4	<b>Gulika</b> 8:28AM – 10:27AM	<b>Punarvasu Until 3:55PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:31AM	
		Yama 4:31AM – 6:30AM	Vridhi Until 6:48PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:19PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 2:23PM – 4:22PM	Vanija Until 4:15PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 3:04AM Fri</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Winterthur, Switzerland Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 11.41	Tithi 5	<b>Gulika</b> 6:30AM – 8:28AM	<b>Pushya Until 2:21PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:31AM	
		Yama 4:22PM – 6:21PM	Dhruva Until 3:49PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:19PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 10:27AM – 12:25PM	Bava Until 1:54PM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 12:42AM Sat</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Winterthur, Switzerland Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 25.58	Tithi 6	<b>Gulika</b> 4:31AM – 6:29AM	<b>Ashlesha* Until 12:38PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:31AM	
		Yama 2:24PM – 4:23PM	Vyaghata* Until 12:50PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:20PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 8:28AM – 10:27AM	Kaulava Until 11:32AM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 10:20PM</b>	Moon – Blue	<b>Bhuloka Day</b>
Until 12:38PM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Winterthur, Switzerland Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 10.13	Tithi 7	<b>Gulika</b> 4:23PM – 6:22PM	<b>Magha* Until 11:14AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:30AM	
		Yama 12:26PM – 2:24PM	Harshana Until 9:53AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:21PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 6:22PM – 8:21PM	Gara Until 9:12AM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Saptami Until 8:03PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 11:14AM				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Winterthur, Switzerland Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 24.25	Tithi 8 – 9	<b>Gulika</b> 2:25PM – 4:24PM	<b>Purvaphalguni Until 9:48AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:30AM	
<b>Family Home Evening</b>		Yama 10:27AM – 12:26PM	Vajra* Until 7:00AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:21PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 6:29AM – 8:28AM	Visti Until 6:58AM	<b>Nataraja:</b> Yellow	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:52PM</b>	Moon – Red	<b>Devaloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	

<b>Retreat Star</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Winterthur, Switzerland Sun 23 Sutra 58 Vikarin 5121
Kanya Rasi: 8.32	Tithi 9 – 10	<b>Gulika</b> 12:26PM – 2:25PM	<b>Uttaraphalguni Until 8:21AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:30AM	
		Yama 8:28AM – 10:27AM	Vyatipata* Until 1:36AM Wed	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:22PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 4:24PM – 6:23PM	Taitila Until 2:53AM Wed	<b>Nataraja:</b> Yellow	Navami
Creative Work	Amrita Yoga		<b>Navami* Until 3:49PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 8:21AM				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Siddha Yoga					


Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

<b>1</b>		<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Varija Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 24 Sutra 59	
Kanya Rasi: 22.32	Tithi 10 – 11	<b>Gulika</b> 10:27AM – 12:26PM	<b>Hasta</b> <b>Until 7:21AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:30AM	Vikarin 5121	
		Yama 6:29AM – 8:28AM	Variyan <b>Until 11:07PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:23PM	Moon 5 - Phase 9	
	361683461	<b>Rahu</b> 12:26PM – 2:25PM	Varija <b>Until 1:08AM Thu</b>	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 1:58PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 7:21AM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 25 Sutra 60	
Tula Rasi: 6.25	Tithi 11 – 12	<b>Gulika</b> 8:28AM – 10:27AM	<b>Chitra</b> <b>Until 6:25AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
		Yama 4:29AM – 6:29AM	Parigha* <b>Until 8:51PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:23PM	Moon 5 - Phase 9	
	361683461	<b>Rahu</b> 2:26PM – 4:25PM	Bava <b>Until 11:39PM</b>	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 12:20PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 6:25AM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 61	
Tula Rasi: 20.07	Tithi 12 – 13	<b>Gulika</b> 6:29AM – 8:28AM	<b>Vishakha</b> <b>Until 5:27AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
		Yama 4:25PM – 6:24PM	Shiva <b>Until 6:52PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:24PM	Moon 5 - Phase 9	
	371693461	<b>Rahu</b> 10:27AM – 12:27PM	Kaulava <b>Until 10:29PM</b>	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 11:00AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
			<i>Pradosha Vrata</i>				

<b>4</b>		<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 62	
Vrischika Rasi: 3.38	Tithi 13 – 14	<b>Gulika</b> 4:29AM – 6:29AM	<b>Anuradha</b> <b>Until 5:33AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
		Yama 2:26PM – 4:25PM	Siddha <b>Until 5:09PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:24PM	Moon 5 - Phase 9	
	371793461	<b>Rahu</b> 8:28AM – 10:27AM	Gara <b>Until 9:43PM</b>	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> <b>Until 10:01AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 5:33AM Sun				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

		<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Winterthur, Switzerland Sutra 63	
<b>Copper Retreat Star</b>							
Vrischika Rasi: 16.54	Tithi 14 – 15	<b>Gulika</b> 4:26PM – 6:25PM	<b>Jyeshtha*</b> <b>Until 6:00AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
		Yama 12:27PM – 2:26PM	Sadhya <b>Until 3:49PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:25PM	Moon 5 - Phase 9	
	371793461	<b>Rahu</b> 6:25PM – 8:25PM	Visti <b>Until 9:25PM</b>	<b>Nataraja:</b> Yellow		Purnima	
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 9:29AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 6:00AM Mon		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>Monday, June 17, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Winterthur, Switzerland Sutra 64	
Vrischika Rasi: 29.55	Tithi 15 – 16	<b>Gulika</b> 2:27PM – 4:26PM	<b>Jyeshtha*</b> <b>Until 6:00AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:28AM – 12:27PM	Subha <b>Until 2:55PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:25PM	Moon 5 - Phase 9	
	371793461	<b>Rahu</b> 6:29AM – 8:28AM	Balava <b>Until 9:39PM</b>	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> <b>Until 9:27AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 6:00AM				<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Winterthur, Switzerland  
Sutra 65

Dhanus Rasi: 12.39 Tithi 16 – 17

**Gulika** 12:27PM – 2:27PM  
Yama 8:28AM – 10:28AM  
381793461 **Rahu** 4:26PM – 6:26PM

**Mula\* Until 7:16AM**  
Sukla Until 2:26PM  
Taitila Until 10:28PM  
**Prathama\* Until 9:58AM**

**Ganesha:** Clear *Sunrise: 4:29AM*  
**Muruqa:** Blue *Sunset: 8:25PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 7:16AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

**Gulika** 10:28AM – 12:28PM  
Yama 6:29AM – 8:28AM  
382793461 **Rahu** 12:28PM – 2:27PM

**Purvashadha\* Until 8:57AM**  
Brahma Until 2:24PM  
Vanija Until 11:49PM  
**Dvitiya Until 11:03AM**

**Ganesha:** Purple *Sunrise: 4:29AM*  
**Muruqa:** Blue *Sunset: 8:26PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili\* Yoga Visti\*/Bava Karana Trilya/Chaturthyam Titau

Winterthur, Switzerland  
Sun 2 Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

**Gulika** 8:29AM – 10:28AM  
Yama 4:29AM – 6:29AM  
382793461 **Rahu** 2:27PM – 4:27PM

**Uttarashadha Until 10:59AM**  
Indra Until 2:47PM  
Bava Until 1:40AM Fri  
**Tritiya Until 12:40PM**

**Ganesha:** Purple *Sunrise: 4:29AM*  
**Muruqa:** Blue *Sunset: 8:26PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 10:59AM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili\*/Vishkambha\* Yoga Bala\*/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland  
Sun 3 Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

**Gulika** 6:29AM – 8:29AM  
Yama 4:27PM – 6:27PM  
392793461 **Rahu** 10:28AM – 12:28PM

**Shravana Until 1:46PM**  
Vaidhrili\* Until 3:27PM  
Kaulava Until 3:51AM Sat  
**Chaturthi\* Until 2:42PM**

**Ganesha:** Clear *Sunrise: 4:30AM*  
**Muruqa:** Blue *Sunset: 8:26PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 1:46PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

**Gulika** 4:30AM – 6:29AM  
Yama 2:28PM – 4:27PM  
392793461 **Rahu** 8:29AM – 10:29AM

**Dhanishtha Until 4:39PM**  
Vishkambha\* Until 4:21PM  
Gara Until 6:13AM Sun  
**Panchami Until 5:00PM**

**Ganesha:** Clear *Sunrise: 4:30AM*  
**Muruqa:** Blue *Sunset: 8:26PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 4:39PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland  
Sun 5 Sutra 70

Kumbha Rasi: 13.16 Tithi 21

**Gulika** 4:27PM – 6:27PM  
Yama 12:28PM – 2:28PM  
392793461 **Rahu** 6:27PM – 8:27PM

**Shatabhishak Until 7:27PM**  
Priti Until 5:20PM  
Gara Until 6:13AM  
**Shashthi\* Until 7:24PM**

**Ganesha:** Clear *Sunrise: 4:30AM*  
**Muruqa:** Blue *Sunset: 8:27PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 71

Kumbha Rasi: 25.08 Tithi 22

**Family Home Evening**

**Gulika** 2:28PM – 4:28PM  
Yama 10:29AM – 12:29PM  
312793461 **Rahu** 6:30AM – 8:30AM

**Purvaproshtapada\* Until 10:29PM**  
Ayushman Until 6:12PM  
Visti Until 8:35AM  
**Saptami Until 9:41PM**

**Ganesha:** Yellow *Sunrise: 4:30AM*  
**Muruqa:** Blue *Sunset: 8:27PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 10:29PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**



**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland  
Sun 7 Sutra 72

Meena Rasi: 7.05 Tithi 23

**Gulika** 12:29PM – 2:28PM  
Yama 8:30AM – 10:29AM  
312793461 **Rahu** 4:28PM – 6:27PM

**Uttaraproshtapada Until 1:03AM Wed**  
Saubhagya Until 6:53PM  
Balava Until 10:45AM  
**Ashtami\* Until 11:40PM**

**Ganesha:** Yellow *Sunrise: 4:31AM*  
**Muruqa:** Blue *Sunset: 8:27PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Creative Work Amrita Yoga  
Until 1:03AM Wed  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland  
Sun 8 Sutra 73

Meena Rasi: 19.1 Tithi 24

**Gulika** 10:30AM – 12:29PM  
Yama 6:31AM – 8:30AM  
312793461 **Rahu** 12:29PM – 2:28PM

**Revati Until 2:59AM Thu**  
Sobhana Until 7:14PM  
Taitila Until 12:31PM  
**Navami\* Until 1:10AM Thu**

**Ganesha:** Yellow *Sunrise: 4:31AM*  
**Muruqa:** Blue *Sunset: 8:27PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Routine Work Marana Yoga  
Until 2:59AM Thu  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 74	
Mesha Rasi: 1.28	Tithi 25	Gulika 8:30AM – 10:30AM	Ashvini Until 4:38AM Fri	Ganesha: Blue	Sunrise: 4:32AM		Vikarin 5121
		Yama 4:32AM – 6:31AM	Athiganda* Until 7:06PM	Muruqa: Blue	Sunset: 8:27PM	Moon 6 - Phase 11	
	322793461	Rahu 2:29PM – 4:28PM	Vanija Until 1:43PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 2:04AM Fri	Moon – White			Devaloka Day
Until 4:38AM Fri				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 75	
Mesha Rasi: 14.02	Tithi 26	Gulika 6:31AM – 8:31AM	Bharani Until 5:26AM Sat	Ganesha: Blue	Sunrise: 4:32AM		Vikarin 5121
		Yama 4:28PM – 6:27PM	Sukarma Until 6:27PM	Muruqa: Blue	Sunset: 8:27PM	Moon 6 - Phase 11	
	322793461	Rahu 10:30AM – 12:29PM	Bava Until 2:16PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 2:15AM Sat	Moon – White			Devaloka Day
Until 5:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Winterthur, Switzerland Sun 11 Sutra 76	
Mesha Rasi: 26.58	Tithi 27	Gulika 4:33AM – 6:32AM	Krittika Until 5:22AM Sun	Ganesha: Blue	Sunrise: 4:33AM		Vikarin 5121
		Yama 2:29PM – 4:28PM	Dhriti Until 5:14PM	Muruqa: Blue	Sunset: 8:27PM	Moon 6 - Phase 11	
	322793461	Rahu 8:31AM – 10:30AM	Kaulava Until 2:06PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:43AM Sun	Moon – White			Devaloka Day
Until 5:22AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 12 Sutra 77	
Vrishabha Rasi: 10.15	Tithi 28	Gulika 4:28PM – 6:27PM	Rohini Until 4:56AM Mon	Ganesha: Blue	Sunrise: 4:33AM		Vikarin 5121
		Yama 12:30PM – 2:29PM	Shula* Until 3:25PM	Muruqa: Blue	Sunset: 8:26PM	Moon 6 - Phase 11	
	322793461	Rahu 6:27PM – 8:26PM	Gara Until 1:12PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:29AM Mon	Moon – Yellow			Devaloka Day
Until 4:56AM Mon				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga			Pradosha Vrata (Fasting)				
<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Winterthur, Switzerland Sun 13 Sutra 78	
Vrishabha Rasi: 23.56	Tithi 29	Gulika 2:29PM – 4:28PM	Mrigashira Until 3:46AM Tue	Ganesha: Blue	Sunrise: 4:34AM		Vikarin 5121
Family Home Evening		Yama 10:31AM – 12:30PM	Ganda* Until 1:06PM	Muruqa: Blue	Sunset: 8:26PM	Moon 6 - Phase 11	
	322793461	Rahu 6:33AM – 8:32AM	Visti Until 11:39AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 10:39PM	Moon – Yellow			Devaloka Day
Until 3:46AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Winterthur, Switzerland Sun 14 Sutra 79	
Mithuna Rasi: 7.59	Tithi 30	Gulika 12:30PM – 2:29PM	Ardra Until 1:59AM Wed	Ganesha: Blue	Sunrise: 4:34AM		Vikarin 5121
		Yama 8:32AM – 10:31AM	Vridhhi Until 10:20AM	Muruqa: Blue	Sunset: 8:26PM	Moon 6 - Phase 11	
	322793461	Rahu 4:28PM – 6:27PM	Catuspada Until 9:33AM	Nataraja: Yellow		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 8:18PM	Moon – Yellow			Devaloka Day
Until 1:59AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 80	
Mithuna Rasi: 22.2	Tithi 1 – 2	Gulika 10:31AM – 12:30PM	Punarvasu Until 12:08AM Thu	Ganesha: Yellow	Sunrise: 4:35AM		Vikarin 5121
		Yama 6:34AM – 8:33AM	Dhruva Until 7:12AM	Muruqa: Blue	Sunset: 8:26PM	Moon 6 - Phase 11	
	343793461	Rahu 12:30PM – 2:29PM	Kintughna Until 7:00AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 5:36PM	Moon – Blue			Sivaloka Day
Until 12:08AM Thu				Ashada-Ani			
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Winterthur, Switzerland Sun 16      Sutra 81	
Kataka Rasi: 6.53	Tithi 2 – 3	<b>Gulika</b> 8:33AM – 10:32AM	<b>Pushya</b> <b>Until 9:58PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM	Vikarin 5121		
		Yama 4:35AM – 6:34AM	Harshana <b>Until 12:19AM</b> Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:25PM	Moon 6 - Phase 12		
		343793461 <b>Rahu</b> 2:29PM – 4:28PM	Taitila <b>Until 1:10AM</b> Fri	<b>Nataraja:</b> Yellow		3rd Phase		
Creative Work	Amrita Yoga		<b>Dvitiya</b> <b>Until 2:39PM</b>	Moon – Blue		<b>Sivaloka Day</b>		
Until 9:58PM				<b>Ashada-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Winterthur, Switzerland Sun 17      Sutra 82	
Kataka Rasi: 21.34	Tithi 3 – 4	<b>Gulika</b> 6:35AM – 8:33AM	<b>Ashlesha*</b> <b>Until 7:37PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:36AM	Vikarin 5121		
		Yama 4:28PM – 6:26PM	Vajra* <b>Until 8:45PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:25PM	Moon 6 - Phase 12		
		343793461 <b>Rahu</b> 10:32AM – 12:31PM	Vanija <b>Until 10:08PM</b>	<b>Nataraja:</b> Yellow		3rd Phase		
Routine Work	Marana Yoga		<b>Tritiya</b> <b>Until 11:37AM</b>	Moon – Blue		<b>Sivaloka Day</b>		
				<b>Ashada-Ani</b>				

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Winterthur, Switzerland Sun 18      Sutra 83	
Simha Rasi: 6.15	Tithi 4 – 5	<b>Gulika</b> 4:37AM – 6:35AM	<b>Magha*</b> <b>Until 5:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:37AM	Vikarin 5121		
		Yama 2:29PM – 4:28PM	Siddhi <b>Until 5:17PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:25PM	Moon 6 - Phase 12		
		353793461 <b>Rahu</b> 8:34AM – 10:32AM	Bava <b>Until 7:11PM</b>	<b>Nataraja:</b> Yellow		3rd Phase		
Creative Work	Amrita Yoga		<b>Chaturthi*</b> <b>Until 8:37AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>		
Until 5:37PM				<b>Ashada-Ani</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau			Winterthur, Switzerland Sun 19      Sutra 84	
Simha Rasi: 20.5	Tithi 6	<b>Gulika</b> 4:28PM – 6:26PM	<b>Purvaphalguni</b> <b>Until 3:40PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:38AM	Vikarin 5121		
		Yama 12:31PM – 2:29PM	Vyatipata* <b>Until 1:59PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:24PM	Moon 6 - Phase 12		
		453793461 <b>Rahu</b> 6:26PM – 8:24PM	Kaulava <b>Until 4:27PM</b>	<b>Nataraja:</b> Yellow		3rd Phase		
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 3:10AM</b> Mon	Moon – Red		<b>Sivaloka Day</b>		
Until 3:40PM				<b>Ashada-Ani</b>				
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Winterthur, Switzerland Sun 20      Sutra 85	
Kanya Rasi: 5.14	Tithi 7	<b>Gulika</b> 2:29PM – 4:27PM	<b>Uttaraphalguni</b> <b>Until 1:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:38AM	Vikarin 5121		
<b>Family Home Evening</b>		Yama 10:33AM – 12:31PM	Variyan <b>Until 10:53AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:24PM	Moon 6 - Phase 12		
		453793461 <b>Rahu</b> 6:37AM – 8:35AM	Gara <b>Until 2:00PM</b>	<b>Nataraja:</b> Yellow		3rd Phase		
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 12:53AM</b> Tue	Moon – Red		<b>Sivaloka Day</b>		
		<b>Chidambaram Abhishekam</b>		<b>Ashada-Ani</b>				

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Winterthur, Switzerland Sun 21      Sutra 86	
Kanya Rasi: 19.24	Tithi 8	<b>Gulika</b> 12:31PM – 2:29PM	<b>Hasta</b> <b>Until 12:43PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:39AM	Vikarin 5121		
		Yama 8:35AM – 10:33AM	Parigha* <b>Until 8:06AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:23PM	Moon 6 - Phase 12		
		463793461 <b>Rahu</b> 4:27PM – 6:25PM	Visti <b>Until 11:54AM</b>	<b>Nataraja:</b> Yellow		Ashtami		
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 11:00PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>		
				<b>Ashada-Ani</b>				

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Winterthur, Switzerland Sun 22      Sutra 87	
Tula Rasi: 3.19	Tithi 9	<b>Gulika</b> 10:34AM – 12:31PM	<b>Chitra</b> <b>Until 11:50AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:40AM	Vikarin 5121		
		Yama 6:38AM – 8:36AM	Siddha <b>Until 3:32AM</b> Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:23PM	Moon 6 - Phase 12		
		463893461 <b>Rahu</b> 12:31PM – 2:29PM	Balava <b>Until 10:14AM</b>	<b>Nataraja:</b> Yellow		Navami		
Creative Work	Siddha Yoga		<b>Navami*</b> <b>Until 9:32PM</b>	Moon – Green		<b>Sivaloka Day</b>		
				<b>Ashada-Ani</b>				

1	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23    Sutra 88
	Tula Rasi: 16.58	Tithi 10	<b>Gulika</b> 8:36AM – 10:34AM	<b>Svati</b> Until 11:15AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:41AM		Vikarin 5121
			Yama 4:41AM – 6:39AM	Sadhya Until 1:48AM Fri	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:22PM		Moon 6 - Phase 13
	463893461	<b>Rahu</b> 2:29PM – 4:27PM		Taitila Until 9:00AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Amrita Yoga			<b>Dashami</b> Until 8:32PM	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>		
Until 11:15AM							
Then Creative Work - Siddha Yoga							

2	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24    Sutra 89
	Vrischika Rasi: 0.2	Tithi 11	<b>Gulika</b> 6:39AM – 8:37AM	<b>Vishakha</b> Until 11:25AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:42AM		Vikarin 5121
			Yama 4:27PM – 6:24PM	Subha Until 12:28AM Sat	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:21PM		Moon 6 - Phase 13
	473893461	<b>Rahu</b> 10:34AM – 12:32PM		Vanija Until 8:13AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Siddha Yoga			<b>Ekadashi</b> Until 8:00PM	<b>Ashada*Ani</b>	<b>Devaloka Day</b>		

3	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25    Sutra 90
	Vrischika Rasi: 13.28	Tithi 12	<b>Gulika</b> 4:43AM – 6:40AM	<b>Anuradha</b> Until 11:54AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:43AM		Vikarin 5121
			Yama 2:29PM – 4:26PM	Sukla Until 11:29PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:21PM		Moon 6 - Phase 13
	473893461	<b>Rahu</b> 8:37AM – 10:35AM		Bava Until 7:56AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Siddha Yoga			<b>Dvadashi</b> Until 7:56PM	<b>Ashada*Ani</b>	<b>Devaloka Day</b>		

4	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26    Sutra 91
	Vrischika Rasi: 26.2	Tithi 13	<b>Gulika</b> 4:26PM – 6:23PM	<b>Jyeshtha*</b> Until 12:43PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:44AM		Vikarin 5121
			Yama 12:32PM – 2:29PM	Brahma Until 10:53PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:20PM		Moon 6 - Phase 13
	473893461	<b>Rahu</b> 6:23PM – 8:20PM		Kaulava Until 8:07AM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work    Marana Yoga			<b>Trayodashi</b> Until 8:22PM	<b>Ashada*Ani</b>	<b>Devaloka Day</b>		
Until 12:43PM							
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata</i>							

5	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27    Sutra 92
	Dhanus Rasi: 9	Tithi 14	<b>Gulika</b> 2:29PM – 4:26PM	<b>Mula*</b> Until 2:18PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:45AM		Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:35AM – 12:32PM	Indra Until 10:41PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:19PM		Moon 6 - Phase 13
	483893461	<b>Rahu</b> 6:42AM – 8:38AM		Gara Until 8:47AM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work    Siddha Yoga			<b>Chaturdashi*</b> Until 9:16PM	<b>Ashada*Ani</b>	<b>Sivaloka Day</b>		
Until 2:18PM							
Then Routine Work - Marana Yoga							

○	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sun 28    Sutra 93
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:32PM – 2:29PM	<b>Purvashadha*</b> Until 4:10PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:46AM		Vikarin 5121
	Dhanus Rasi: 21.26	Tithi 15	Yama 8:39AM – 10:35AM	Vaidhriti* Until 10:48PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:18PM		Moon 6 - Phase 13
	483893461	<b>Rahu</b> 4:25PM – 6:22PM		Visti Until 9:54AM	<b>Nataraja:</b> Yellow		Purnima
Creative Work    Siddha Yoga			<b>Purnima*</b> Until 10:37PM	<b>Ashada*Adi</b>	<b>Sivaloka Day</b>		
Until 4:10PM							
Then Routine Work - Prabalarishta Yoga							
		<b>Partial Lunar Eclipse</b> <b>Satguru Purnima</b>					

○	<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Winterthur, Switzerland Sun 29    Sutra 94
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:36AM – 12:32PM	<b>Uttarashadha</b> Until 6:18PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:47AM		Vikarin 5121
	Makara Rasi: 3.41	Tithi 16	Yama 6:43AM – 8:39AM	Vishkambha* Until 11:14PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:17PM		Moon 6 - Phase 13
	484893462	<b>Rahu</b> 12:32PM – 2:28PM		Balava Until 11:28AM	<b>Nataraja:</b> White		Prathama
Creative Work    Amrita Yoga			<b>Prathama*</b> Until 12:23AM Thu	<b>Ashada*Adi</b>	<b>Subha Subha Sivaloka Day</b>		
Until 6:18PM							
Then Creative Work - Siddha Yoga							



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 15.47 Tithi 17  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika 8:40AM – 10:36AM**  
Yama 4:48AM – 6:44AM  
Rahu 2:28PM – 4:24PM

**Shravana Until 9:05PM**  
Priti Until 11:57PM  
Taitila Until 1:24PM  
Dvitiya Until 2:28AM Fri

Winterthur, Switzerland  
Sun 1 Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Ganesha: Clear Sunrise: 4:48AM  
Muruga: Blue Sunset: 8:17PM  
Nataraja: White  
Moon – Purple

**Subha Sivaloka Day**  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Makara Rasi: 27.46 Tithi 18  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika 6:45AM – 8:41AM**  
Yama 4:24PM – 6:20PM  
Rahu 10:36AM – 12:32PM

**Dhanishtha Until 11:57PM**  
Ayushman Until 12:49AM Sat  
Vanija Until 3:37PM  
Tritiya Until 4:47AM Sat

Winterthur, Switzerland  
Sun 2 Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Ganesha: Clear Sunrise: 4:49AM  
Muruga: Blue Sunset: 8:16PM  
Nataraja: White  
Moon – Purple

**Subha Sivaloka Day**  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 9.39 Tithi 19  
Creative Work Amrita Yoga  
Until 2:45AM Sun  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

**Gulika 4:50AM – 6:46AM**  
Yama 2:28PM – 4:24PM  
Rahu 8:41AM – 10:37AM

**Shatabhishak Until 2:45AM Sun**  
Saubhagya Until 1:48AM Sun  
Bava Until 6:00PM  
Chaturthi\* Until 7:12AM Sun

Winterthur, Switzerland  
Sun 3 Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Ganesha: Clear Sunrise: 4:50AM  
Muruga: Blue Sunset: 8:15PM  
Nataraja: White  
Moon – Purple

**Subha Sivaloka Day**  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 21.31 Tithi 19 – 20  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika 4:23PM – 6:18PM**  
Yama 12:32PM – 2:28PM  
Rahu 6:18PM – 8:14PM

**Purvaproshtapada\* Until 5:53AM Mon**  
Sobhana Until 2:46AM Mon  
Kaulava Until 8:25PM  
Chaturthi\* Until 7:12AM

Winterthur, Switzerland  
Sun 4 Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Ganesha: Clear Sunrise: 4:51AM  
Muruga: Blue Sunset: 8:14PM  
Nataraja: White  
Moon – Clear

**Subha Sivaloka Day**  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 3.23 Tithi 20 – 21  
**Family Home Evening**  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika 2:27PM – 4:23PM**  
Yama 10:37AM – 12:32PM  
Rahu 6:47AM – 8:42AM

**Uttaraproshtapada Until 8:40AM Tue**  
Athiganda\* Until 3:35AM Tue  
Gara Until 10:42PM  
Panchami Until 9:34AM

Winterthur, Switzerland  
Sun 5 Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Ganesha: Clear Sunrise: 4:52AM  
Muruga: Blue Sunset: 8:13PM  
Nataraja: White  
Moon – Clear

**Subha Sivaloka Day**  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 15.19 Tithi 21 – 22  
Creative Work Amrita Yoga  
Until 8:40AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika 12:32PM – 2:27PM**  
Yama 8:43AM – 10:38AM  
Rahu 4:22PM – 6:17PM

**Uttaraproshtapada Until 8:40AM**  
Sukarma Until 4:11AM Wed  
Visti Until 12:42AM Wed  
Shashthi\* Until 11:44AM

Winterthur, Switzerland  
Sun 6 Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Ganesha: Clear Sunrise: 4:53AM  
Muruga: Blue Sunset: 8:12PM  
Nataraja: White  
Moon – Clear

**Subha Sivaloka Day**  
Ashada-Adi

**D**

**Wednesday, July 24, 2019**  
**Retreat Star**

Meena Rasi: 27.23 Tithi 22 – 23  
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika 10:38AM – 12:32PM**  
Yama 6:49AM – 8:43AM  
Rahu 12:32PM – 2:27PM

**Revati Until 10:57AM**  
Dhriti Until 4:26AM Thu  
Balava Until 2:16AM Thu  
Saptami Until 1:32PM

Winterthur, Switzerland  
Sun 7 Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

Ganesha: Clear Sunrise: 4:54AM  
Muruga: Blue Sunset: 8:10PM  
Nataraja: White  
Moon – Clear

**Subha Sivaloka Day**  
Ashada-Adi

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 9.4 Tithi 23 – 24  
Creative Work Amrita Yoga  
Until 1:04PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika 8:44AM – 10:38AM**  
Yama 4:56AM – 6:50AM  
Rahu 2:27PM – 4:21PM

**Ashvini Until 1:04PM**  
Shula\* Until 4:10AM Fri  
Taitila Until 3:13AM Fri  
Ashtami\* Until 2:48PM

Winterthur, Switzerland  
Sun 8 Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami

Ganesha: White Sunrise: 4:56AM  
Muruga: Blue Sunset: 8:09PM  
Nataraja: White  
Moon – White

**Subha Subha Sivaloka Day**  
Ashada-Adi


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 103	
Mesha Rasi: 22.11	Tithi 24 – 25	<b>Gulika</b> 6:51AM – 8:45AM	<b>Bharani</b> Until 2:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:57AM	Vikarin 5121	
		Yama 4:20PM – 6:14PM	Ganda* Until 3:22AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:08PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	424893462 <b>Rahu</b> 10:39AM – 12:32PM	Vanija Until 3:27AM Sat	<b>Nataraja:</b> White		2nd Phase	
			<b>Navami*</b> Until 3:25PM	Moon – White		Subha Subha Sivaloka Day	
				<b>Ashada-Adi</b>			

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 104	
Vrishabha Rasi: 5.04	Tithi 25 – 26	<b>Gulika</b> 4:58AM – 6:52AM	<b>Krittika</b> Until 2:49PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM	Vikarin 5121	
		Yama 2:26PM – 4:20PM	Vriddhi Until 1:57AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:07PM	Moon 7 - Phase 15	
Creative Work	Amrita Yoga	424893462 <b>Rahu</b> 8:45AM – 10:39AM	Bava Until 2:55AM Sun	<b>Nataraja:</b> White		2nd Phase	
			<b>Dashami</b> Until 3:16PM	Moon – White		Subha Subha Sivaloka Day	
				<b>Ashada-Adi</b>			

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 11 Sutra 105	
Vrishabha Rasi: 18.21	Tithi 26 – 27	<b>Gulika</b> 4:19PM – 6:12PM	<b>Rohini</b> Until 2:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Vikarin 5121	
		Yama 12:32PM – 2:26PM	Dhruva Until 11:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:06PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	434893462 <b>Rahu</b> 6:12PM – 8:06PM	Kaulava Until 1:36AM Mon	<b>Nataraja:</b> White		2nd Phase	
			<b>Ekadashi*</b> Until 2:20PM	Moon – Yellow		Subha Sivaloka Day	
				<b>Ashada-Adi</b>			

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 12 Sutra 106	
Mithuna Rasi: 2.04	Tithi 27 – 28	<b>Gulika</b> 2:25PM – 4:18PM	<b>Mrigashira</b> Until 1:51PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:39AM – 12:32PM	Vyaghata* Until 9:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:04PM	Moon 7 - Phase 15	
Creative Work	Amrita Yoga	435893462 <b>Rahu</b> 6:53AM – 8:46AM	Gara Until 11:35PM	<b>Nataraja:</b> White		2nd Phase	
Until 1:51PM			<b>Dvadashi*</b> Until 12:39PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 13 Sutra 107	
Mithuna Rasi: 16.14	Tithi 28 – 29	<b>Gulika</b> 12:32PM – 2:25PM	<b>Ardra</b> Until 12:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:02AM	Vikarin 5121	
		Yama 8:47AM – 10:40AM	Harshana Until 6:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:03PM	Moon 7 - Phase 15	
Routine Work	Marana Yoga	435893462 <b>Rahu</b> 4:18PM – 6:10PM	Visti Until 8:57PM	<b>Nataraja:</b> White		2nd Phase	
Until 12:07PM			<b>Trayodashi*</b> Until 10:19AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>			

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 14 Sutra 108	
<b>Retreat Star</b>		<b>Gulika</b> 10:40AM – 12:32PM	<b>Punarvasu</b> Until 10:09AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:03AM	Vikarin 5121	
Kataka Rasi: 0.46	Tithi 29 – 30	Yama 6:55AM – 8:48AM	Vajra* Until 2:33PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:02PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	445893462 <b>Rahu</b> 12:32PM – 2:25PM	Naga Until 4:11AM Thu	<b>Nataraja:</b> White		Amavasya	
			<b>Chaturdashi*</b> Until 7:27AM	Moon – Blue		Sivaloka Day	
				<b>Ashada-Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Winterthur, Switzerland Sun 15 Sutra 109	
Kataka Rasi: 15.37	Tithi 1	<b>Gulika</b> 8:48AM – 10:40AM	<b>Pushya</b> Until 7:40AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:04AM	Vikarin 5121	
		Yama 5:04AM – 6:56AM	Siddhi Until 10:43AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:00PM	Moon 7 - Phase 15	
Creative Work	Amrita Yoga	445893462 <b>Rahu</b> 2:24PM – 4:16PM	Kintughna Until 2:28PM	<b>Nataraja:</b> White		Prathama	
Until 7:40AM			<b>Prathama*</b> Until 12:41AM Fri	Moon – Blue		Sivaloka Day	
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 0.38	Tithi 2	<b>Gulika</b> 6:57AM – 8:49AM	<b>Magha* Until 2:13AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM		
		Yama 4:16PM – 6:07PM	Vyatipata* Until 6:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:59PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 10:40AM – 12:32PM	Balava Until 10:55AM	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 9:07PM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 2:13AM Sat				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 15.41	Tithi 3 – 4	<b>Gulika</b> 5:07AM – 6:58AM	<b>Purvaphalguni Until 11:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:07AM		
		Yama 2:24PM – 4:15PM	Parigha* Until 10:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:58PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 8:49AM – 10:41AM	Taitila Until 7:22AM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 5:37PM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 11:36PM				<b>Sravana-Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 0.37	Tithi 4 – 5	<b>Gulika</b> 4:14PM – 6:05PM	<b>Uttaraphalguni Until 9:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM		
		Yama 12:32PM – 2:23PM	Shiva Until 7:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:56PM		Moon 7 - Phase 16
		455993462 <b>Rahu</b> 6:05PM – 7:56PM	Bava Until 12:51AM Mon	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 2:20PM</b>	<b>Moon – Red</b>		<b>Subha Sivaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana-Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Winterthur, Switzerland Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 15.19	Tithi 5 – 6	<b>Gulika</b> 2:23PM – 4:13PM	<b>Hasta Until 7:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:09AM		
<b>Family Home Evening</b>		Yama 10:41AM – 12:32PM	Siddha Until 3:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:55PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 7:00AM – 8:51AM	Kaulava Until 10:10PM	<b>Nataraja:</b> White			3rd Phase
Until 7:17PM			<b>Panchami Until 11:26AM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Sravana-Adi</b>			

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 29.41	Tithi 6 – 7	<b>Gulika</b> 12:32PM – 2:22PM	<b>Chitra Until 5:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM		
		Yama 8:51AM – 10:41AM	Sadhya Until 12:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:53PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 4:13PM – 6:03PM	Gara Until 8:02PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:00AM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Winterthur, Switzerland Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 13.41	Tithi 7 – 8	<b>Gulika</b> 10:42AM – 12:32PM	<b>Svati Until 4:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:12AM		
		Yama 7:02AM – 8:52AM	Subha Until 10:21AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 12:32PM – 2:22PM	Visti Until 6:30PM	<b>Nataraja:</b> White			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 7:10AM</b>	<b>Moon – Green</b>		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 27.16	Tithi 9	<b>Gulika</b> 8:52AM – 10:42AM	<b>Vishakha Until 4:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:13AM		
		Yama 5:13AM – 7:03AM	Sukla Until 8:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:50PM		Moon 7 - Phase 16
		476993462 <b>Rahu</b> 2:21PM – 4:11PM	Balava Until 5:39PM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 5:28AM Fri</b>	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>1</b>	<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 117
	Wrischika Rasi: 10.29	Tithi 10	<b>Gulika</b> 7:04AM – 8:53AM	<b>Anuradha</b> Until 5:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM	Vikarin 5121
			Yama 4:10PM – 5:59PM	Brahma Until 7:02AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:49PM	Moon 7 - Phase 17
	476993462	<b>Rahu</b> 10:42AM – 12:31PM		Taitila Until 5:28PM	<b>Nataraja:</b> White		4th Phase
Creative Work Siddha Yoga			<b>Dashami</b> Until 5:36AM Sat	Moon – Orange		<b>Sivaloka Day</b>	
Until 5:24PM				<b>Sravana-Adi</b>			
Then Routine Work - Marana Yoga							


<b>2</b>	<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Vishti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 118
	Wrischika Rasi: 23.23	Tithi 11	<b>Gulika</b> 5:16AM – 7:04AM	<b>Jyeshtha*</b> Until 6:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM	Vikarin 5121
			Yama 2:20PM – 4:09PM	Indra Until 6:10AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM	Moon 7 - Phase 17
	476993462	<b>Rahu</b> 8:53AM – 10:42AM		Vanija Until 5:55PM	<b>Nataraja:</b> White		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 6:20AM Sun	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>3</b>	<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vishti*/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 119
	Dhanus Rasi: 5.59	Tithi 11 – 12	<b>Gulika</b> 4:08PM – 5:57PM	<b>Mula*</b> Until 8:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	Vikarin 5121
			Yama 12:31PM – 2:20PM	Vishkambha* Until 5:46AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 17
	486993462	<b>Rahu</b> 5:57PM – 7:45PM		Bava Until 6:56PM	<b>Nataraja:</b> White		4th Phase
Creative Work Amrita Yoga			<b>Ekadashi</b> Until 6:20AM	Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 8:12PM				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 120
	Dhanus Rasi: 18.21	Tithi 12 – 13	<b>Gulika</b> 2:19PM – 4:07PM	<b>Purvashadha*</b> Until 10:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:43AM – 12:31PM	Priti Until 6:07AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:44PM	Moon 7 - Phase 17
	486993462	<b>Rahu</b> 7:06AM – 8:55AM		Kaulava Until 8:25PM	<b>Nataraja:</b> White		4th Phase
Routine Work Marana Yoga			<b>Dvadashi</b> Until 7:36AM	Moon – Light Blue		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

*Pradosha Vrata*

<b>5</b>	<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 121
	Makara Rasi: 0.32	Tithi 13 – 14	<b>Gulika</b> 12:31PM – 2:19PM	<b>Uttarashadha</b> Until 12:38AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	Vikarin 5121
			Yama 8:55AM – 10:43AM	Priti Until 6:07AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 17
	486993462	<b>Rahu</b> 4:06PM – 5:54PM		Gara Until 10:16PM	<b>Nataraja:</b> White		4th Phase
Routine Work Prabalarishta Yoga			<b>Trayodashi</b> Until 9:17AM	Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 12:38AM Wed				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

	<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vishti* Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sutra 122
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:43AM – 12:31PM	<b>Shravana</b> Until 3:33AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:21AM	Vikarin 5121
	Makara Rasi: 12.35	Tithi 14 – 15	Yama 7:08AM – 8:56AM	Ayushman Until 6:42AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:40PM	Moon 7 - Phase 17
	496993462	<b>Rahu</b> 12:31PM – 2:18PM		Vishti Until 12:25AM Thu	<b>Nataraja:</b> White		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 11:18AM	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>0</b>	<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sutra 123
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:56AM – 10:43AM	<b>Dhanishtha</b> Until 6:27AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	Vikarin 5121
	Makara Rasi: 24.32	Tithi 15 – 16	Yama 5:22AM – 7:09AM	Saubhagya Until 7:29AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 17
	497993462	<b>Rahu</b> 2:17PM – 4:05PM		Balava Until 2:44AM Fri	<b>Nataraja:</b> White		Prathama
Creative Work Siddha Yoga			<b>Purnima*</b> Until 1:32PM	Moon – Purple		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 6.26    Tilthi 16 – 17

497993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    7:10AM – 8:57AM  
Yama        4:04PM – 5:50PM  
**Rahu**        10:44AM – 12:30PM

**Dhanishtha** **Until 6:27AM**  
Sobhana **Until 8:24AM**  
Taitila **Until 5:10AM Sat**  
**Prathama\* Until 3:55PM**

**Ganesha:** Yellow    *Sunrise: 5:23AM*  
**Muruqa:** Blue        *Sunset: 7:37PM*  
**Nataraja:** White  
Moon – Purple  
**Sravana-Adi**

Winterthur, Switzerland  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 18.17    Tilthi 17

497993462

Creative Work    Amrita Yoga

Until 9:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara Karana Dvitiyayam Titau

**Gulika**    5:25AM – 7:11AM  
Yama        2:16PM – 4:03PM  
**Rahu**        8:57AM – 10:44AM

**Shatabhishak** **Until 9:16AM**  
Athiganda\* **Until 9:21AM**  
Gara **Until 6:21PM**  
**Dvitiya Until 6:21PM**

**Ganesha:** Yellow    *Sunrise: 5:25AM*  
**Muruqa:** Blue        *Sunset: 7:35PM*  
**Nataraja:** White  
Moon – Purple  
**Sravana-Avani**

Winterthur, Switzerland  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**2**

**Sunday, August 18, 2019**

Meena Rasi: 0.09    Tilthi 18

517993462

Creative Work    Siddha Yoga

Until 12:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Trilyayam Titau

**Gulika**    4:02PM – 5:48PM  
Yama        12:30PM – 2:16PM  
**Rahu**        5:48PM – 7:34PM

**Purvaproshtapada\* Until 12:25PM**  
Sukarma **Until 10:18AM**  
Vanija **Until 7:35AM**  
**Tritiya Until 8:45PM**

**Ganesha:** White    *Sunrise: 5:26AM*  
**Muruqa:** Blue        *Sunset: 7:34PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Winterthur, Switzerland  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**3**

**Monday, August 19, 2019**

Meena Rasi: 12.02    Tilthi 19

517993462

**Family Home Evening**

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    2:15PM – 4:01PM  
Yama        10:44AM – 12:30PM  
**Rahu**        7:13AM – 8:58AM

**Uttaraproshtapada Until 3:16PM**  
Dhriti **Until 11:12AM**  
Bava **Until 9:55AM**  
**Chaturthi\* Until 11:00PM**

**Ganesha:** White    *Sunrise: 5:27AM*  
**Muruqa:** Blue        *Sunset: 7:32PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Winterthur, Switzerland  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 24    Tilthi 20

517993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    12:29PM – 2:14PM  
Yama        8:59AM – 10:44AM  
**Rahu**        4:00PM – 5:45PM

**Revati Until 5:46PM**  
Shula\* **Until 11:54AM**  
Kaulava **Until 12:03PM**  
**Panchami Until 12:59AM Wed**

**Ganesha:** White    *Sunrise: 5:29AM*  
**Muruqa:** Blue        *Sunset: 7:30PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

Winterthur, Switzerland  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 6.05    Tilthi 21

527993462

Routine Work    Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    10:44AM – 12:29PM  
Yama        7:15AM – 9:00AM  
**Rahu**        12:29PM – 2:14PM

**Ashvini Until 8:14PM**  
Ganda\* **Until 12:22PM**  
Gara **Until 1:52PM**  
**Shashthi\* Until 2:35AM Thu**

**Ganesha:** Clear    *Sunrise: 5:30AM*  
**Muruqa:** Blue        *Sunset: 7:28PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Winterthur, Switzerland  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 18.2    Tilthi 22

528993462

Creative Work    Siddha Yoga

Until 10:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    9:00AM – 10:44AM  
Yama        5:31AM – 7:16AM  
**Rahu**        2:13PM – 3:58PM

**Bharani Until 10:04PM**  
Vridhhi **Until 12:30PM**  
Visti **Until 3:13PM**  
**Saptami Until 3:39AM Fri**

**Ganesha:** White    *Sunrise: 5:31AM*  
**Muruqa:** Blue        *Sunset: 7:26PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Winterthur, Switzerland  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vrishabha Rasi: 0.49    Tilthi 23

528993462

Creative Work    Siddha Yoga

Until 11:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    7:17AM – 9:01AM  
Yama        3:57PM – 5:40PM  
**Rahu**        10:45AM – 12:29PM

**Krittika Until 11:07PM**  
Dhruva **Until 12:09PM**  
Balava **Until 3:58PM**  
**Ashtami\* Until 4:03AM Sat**

**Ganesha:** White    *Sunrise: 5:33AM*  
**Muruqa:** Blue        *Sunset: 7:24PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

Winterthur, Switzerland  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Sivaloka Day**

**Saturday, August 24, 2019**

**Retreat Star**

Vrishabha Rasi: 13.37    Tilthi 24

538993462

Creative Work    Amrita Yoga

Until 11:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    5:34AM – 7:18AM  
Yama        2:12PM – 3:55PM  
**Rahu**        9:01AM – 10:45AM

**Rohini Until 11:45PM**  
Vyaghata\* **Until 11:16AM**  
Taitila **Until 4:00PM**  
**Navami\* Until 3:42AM Sun**

**Ganesha:** Clear    *Sunrise: 5:34AM*  
**Muruqa:** Blue        *Sunset: 7:23PM*  
**Nataraja:** White  
Moon – Yellow  
**Sravana-Avani**

Winterthur, Switzerland  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

**Subha Sivaloka Day**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1 Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 133 Vikarin 5121
Wishabha Rasi: 26.47	Tithi 25	<b>Gulika</b> 3:54PM – 5:38PM	<b>Mrigashira</b> Until 11:27PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:35AM
		Yama 12:28PM – 2:11PM	Harshana Until 9:46AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:21PM
538993462	<b>Rahu</b> 5:38PM – 7:21PM		Vanija Until 3:14PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		Dashami Until 2:33AM Mon	Moon – Yellow
				<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>

<b>2 Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 10.25	Tithi 26	<b>Gulika</b> 2:11PM – 3:53PM	<b>Ardra</b> Until 10:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:37AM
<b>Family Home Evening</b>		Yama 10:45AM – 12:28PM	Vajra* Until 7:37AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:19PM
538993462	<b>Rahu</b> 7:19AM – 9:02AM		Bava Until 1:42PM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		Ekadashi* Until 12:38AM Tue	Moon – Yellow
Until 10:15PM				<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>

<b>3 Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Winterthur, Switzerland Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 24.3	Tithi 27	<b>Gulika</b> 12:27PM – 2:10PM	<b>Punarvasu</b> Until 8:39PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:38AM
		Yama 9:03AM – 10:45AM	Vyatipata* Until 1:36AM Wed	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:17PM
548993462	<b>Rahu</b> 3:52PM – 5:35PM		Kaulava Until 11:26AM	<b>Nataraja:</b> White
Creative Work	Siddha Yoga		Dvadashi* Until 10:03PM	Moon – Blue
				<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>

<b>4 Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau		Winterthur, Switzerland Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 9.02	Tithi 28	<b>Gulika</b> 10:45AM – 12:27PM	<b>Pushya</b> Until 6:20PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:39AM
		Yama 7:21AM – 9:03AM	Varyan Until 9:51PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:15PM
549993463	<b>Rahu</b> 12:27PM – 2:09PM		Gara Until 8:34AM	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga		Trayodashi* Until 6:55PM	Moon – Blue
				<b>Devaloka Day</b>
				<b>Sravana-Avani</b>
				<i>Pradosha Vrata (Fasting)</i>

<b>5 Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 23.56	Tithi 29 – 30	<b>Gulika</b> 9:04AM – 10:45AM	<b>Ashlesha*</b> Until 3:29PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:41AM
		Yama 5:41AM – 7:22AM	Parigha* Until 5:49PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:13PM
549193463	<b>Rahu</b> 2:08PM – 3:50PM		Catuspada Until 1:31AM Fri	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga		Chaturdashi* Until 3:23PM	Moon – Blue
Until 3:29PM				<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>

<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 138 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 7:23AM – 9:04AM	<b>Magha*</b> Until 12:39PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:42AM
Simha Rasi: 9.06	Tithi 30 – 1	Yama 3:49PM – 5:30PM	Shiva Until 1:36PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:11PM
559193463	<b>Rahu</b> 10:45AM – 12:27PM		Kintughna Until 9:41PM	<b>Nataraja:</b> Clear
Routine Work	Marana Yoga		Amavasya* Until 11:36AM	Moon – Red
Until 12:39PM		<b>Varalakshmi Vratam</b>		<b>Sravana-Avani</b>
Then Creative Work - Siddha Yoga				<b>Sivaloka Day</b>

<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 139 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:43AM – 7:24AM	<b>Purvaphalguni</b> Until 9:37AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:43AM
Simha Rasi: 24.21	Tithi 1 – 2	Yama 2:07PM – 3:48PM	Siddha Until 9:18AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:09PM
559193463	<b>Rahu</b> 9:05AM – 10:46AM		Kaulava Until 4:00AM Sun	<b>Nataraja:</b> Clear
Creative Work	Siddha Yoga		Prathama* Until 7:45AM	Moon – Red
Until 9:37AM				<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Bhadrapada-Avani</b>

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

1	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trilayam Titau				Winterthur, Switzerland Sun 16 Sutra 140
	Kanya Rasi: 9.32	Tithi 3	559193463	<b>Gulika</b> 3:47PM – 5:27PM Yama 12:26PM – 2:06PM <b>Rahu</b> 5:27PM – 7:07PM	<b>Uttaraphalguni</b> Until 6:35AM Subha Until 1:11AM Mon Taitila Until 2:14PM <b>Tritiya</b> Until 12:31AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Red	Sunrise: 5:45AM Sunset: 7:07PM Moon 8 - Phase 20 3rd Phase
	Creative Work	Amrita Yoga				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>

2	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau				Winterthur, Switzerland Sun 17 Sutra 141
	Kanya Rasi: 24.3	Tithi 4	569193463	<b>Gulika</b> 2:06PM – 3:46PM Yama 10:46AM – 12:26PM <b>Rahu</b> 7:26AM – 9:06AM	<b>Chitra</b> Until 1:56AM Tue Sukla Until 9:35PM Vanija Until 10:57AM <b>Chaturthi*</b> Until 9:28PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	Sunrise: 5:46AM Sunset: 7:05PM Moon 8 - Phase 20 3rd Phase
	Family Home Evening	Prabalarishta Yoga		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>
	Until 1:56AM Tue	Then Creative Work - Siddha Yoga					

3	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 142
	Tula Rasi: 9.06	Tithi 5	569193463	<b>Gulika</b> 12:25PM – 2:05PM Yama 9:06AM – 10:46AM <b>Rahu</b> 3:44PM – 5:24PM	<b>Svati</b> Until 12:15AM Wed Brahma Until 6:28PM Bava Until 8:10AM <b>Panchami</b> Until 7:00PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Green	Sunrise: 5:47AM Sunset: 7:03PM Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>

4	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 19 Sutra 143
	Tula Rasi: 23.15	Tithi 6 – 7	579193463	<b>Gulika</b> 10:46AM – 12:25PM Yama 7:28AM – 9:07AM <b>Rahu</b> 12:25PM – 2:04PM	<b>Vishakha</b> Until 11:35PM Indra Until 3:57PM Kaulava Until 6:02AM <b>Shashthi*</b> Until 5:14PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	Sunrise: 5:49AM Sunset: 7:01PM Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga				<b>Bhadrapada-Avani</b>	<b>Subha Sivaloka Day</b>

5	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 144
	Vrischika Rasi: 6.56	Tithi 7 – 8	571193463	<b>Gulika</b> 9:07AM – 10:46AM Yama 5:50AM – 7:29AM <b>Rahu</b> 2:03PM – 3:42PM	<b>Anuradha</b> Until 11:35PM Vaidhriti* Until 2:04PM Visti Until 4:08AM Fri <b>Saptami</b> Until 4:17PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	Sunrise: 5:50AM Sunset: 6:59PM Moon 8 - Phase 20 3rd Phase
	Creative Work	Siddha Yoga				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>
	Until 11:35PM	Then Routine Work - Prabalarishta Yoga					

D	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 21 Sutra 145
	<b>Retreat Star</b>		571193463	<b>Gulika</b> 7:29AM – 9:08AM Yama 3:41PM – 5:19PM <b>Rahu</b> 10:46AM – 12:24PM	<b>Jyeshtha*</b> Until 12:13AM Sat Vishkambha* Until 12:50PM Balava Until 4:25AM Sat <b>Ashtami*</b> Until 4:10PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Orange	Sunrise: 5:51AM Sunset: 6:57PM Moon 8 - Phase 20 Ashtami
	Vrischika Rasi: 20.09	Tithi 8 – 9				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>
	Routine Work	Marana Yoga					

D	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 22 Sutra 146
	<b>Retreat Star</b>		581193463	<b>Gulika</b> 5:52AM – 7:30AM Yama 2:02PM – 3:40PM <b>Rahu</b> 9:08AM – 10:46AM	<b>Mula*</b> Until 1:56AM Sun Priti Until 12:15PM Taitila Until 5:27AM Sun <b>Navami*</b> Until 4:49PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Blue <b>Nataraja:</b> Clear Moon – Light Blue	Sunrise: 5:52AM Sunset: 6:55PM Moon 8 - Phase 20 Navami
	Dhanu Rasi: 2.57	Tithi 9 – 10				<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau			Winterthur, Switzerland Sun 23 Sutra 147
Dhanus Rasi: 15.25	Tithi 10	<b>Gulika</b> 3:39PM – 5:16PM	<b>Purvashadha* Until 4:05AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 12:24PM – 2:01PM	Ayushman Until 12:11PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:53PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 5:16PM – 6:53PM	Gara Until 6:10PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga				Moon – Light Blue	<b>Devaloka Day</b>
Until 4:05AM Mon		<b>Grandparent's Day</b>	<b>Dashami Until 6:10PM</b>	<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga					

<b>2 Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			Winterthur, Switzerland Sun 24 Sutra 148
Dhanus Rasi: 27.38	Tithi 11	<b>Gulika</b> 2:00PM – 3:37PM	<b>Uttarashadha Until 6:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:55AM	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:46AM – 12:23PM	Saubhagya Until 12:34PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:51PM	Moon 8 - Phase 21
Routine Work Marana Yoga	581193463	<b>Rahu</b> 7:32AM – 9:09AM	Vanija Until 7:05AM	<b>Nataraja:</b> Clear	4th Phase
Until 6:30AM Tue			<b>Ekadashi Until 8:03PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>	

<b>3 Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			Winterthur, Switzerland Sun 25 Sutra 149
Makara Rasi: 9.4	Tithi 12	<b>Gulika</b> 12:23PM – 2:00PM	<b>Uttarashadha Until 6:30AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:56AM	Vikarin 5121
		Yama 9:10AM – 10:46AM	Sobhana Until 1:16PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:49PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 3:36PM – 5:13PM	Bava Until 9:09AM	<b>Nataraja:</b> Clear	4th Phase
Routine Work Prabalarishta Yoga			<b>Dvadashi Until 10:16PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 6:30AM				<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			Winterthur, Switzerland Sun 26 Sutra 150
Makara Rasi: 21.34	Tithi 13	<b>Gulika</b> 10:46AM – 12:23PM	<b>Shravana Until 9:32AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:58AM	Vikarin 5121
		Yama 7:34AM – 9:10AM	Athiganda* Until 2:07PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:47PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 12:23PM – 1:59PM	Kaulava Until 11:29AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga			<b>Trayodashi Until 12:41AM Thu</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 9:32AM		<b>Avani Avittam</b>	<b>Pradosha Vrata</b>	<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga					

<b>5 Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			Winterthur, Switzerland Sun 27 Sutra 151
Kumbha Rasi: 3.26	Tithi 14	<b>Gulika</b> 9:11AM – 10:46AM	<b>Dhanishtha Until 12:31PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 5:59AM – 7:35AM	Sukarma Until 3:04PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:45PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 1:58PM – 3:34PM	Gara Until 1:57PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi* Until 3:09AM Fri</b>	Moon – Purple	<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>	<b>Bhadrapada-Avani</b>		

<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			Winterthur, Switzerland Sutra 152
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:36AM – 9:11AM	<b>Shatabhishak Until 3:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:00AM	Vikarin 5121
Kumbha Rasi: 15.17	Tithi 15	Yama 3:33PM – 5:08PM	Dhriti Until 4:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:43PM	Moon 8 - Phase 21
	591113463	<b>Rahu</b> 10:47AM – 12:22PM	Visti Until 4:24PM	<b>Nataraja:</b> Clear	Purnima
Creative Work Siddha Yoga			<b>Purnima* Until 5:36AM Sat</b>	Moon – Purple	<b>Sivaloka Day</b>
			<b>Bhadrapada-Avani</b>		

<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau			Winterthur, Switzerland Sutra 153
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:02AM – 7:37AM	<b>Purvaproshtapada* Until 6:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:02AM	Vikarin 5121
Kumbha Rasi: 27.1	Tithi 16	Yama 1:56PM – 3:31PM	Shula* Until 4:53PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:41PM	Moon 8 - Phase 21
	511113463	<b>Rahu</b> 9:12AM – 10:47AM	Balava Until 6:48PM	<b>Nataraja:</b> Clear	Prathama
Routine Work Marana Yoga			<b>Prathama* Until 7:55AM Sun</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 6:25PM			<b>Bhadrapada-Avani</b>		
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



**Sunday, September 15, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Uttaraproshtapada Nakshatra Ganda \*Vridhi Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Winterthur, Switzerland  
 Sutra 154  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Meena Rasi: 9.04 Tithi 16 – 17

**Gulika** 3:30PM – 5:05PM  
**Yama** 12:21PM – 1:56PM  
**Rahu** 5:05PM – 6:39PM

**Uttaraproshtapada Until 9:13PM**  
**Ganda\* Until 5:40PM**  
**Taitila Until 9:03PM**  
**Prathama\* Until 7:55AM**

**Ganesha:** Yellow *Sunrise: 6:03AM*  
**Muruqa:** Purple *Sunset: 6:39PM*  
**Nataraja:** Clear  
 Moon – Clear

**Sivaloka Day**

Creative Work Amrita Yoga

**1**

**Monday, September 16, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Revati Nakshatra Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland  
 Sun 1 Sutra 155  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Meena Rasi: 21.03 Tithi 17 – 18

**Gulika** 1:55PM – 3:29PM  
**Yama** 10:47AM – 12:21PM  
**Rahu** 7:38AM – 9:13AM

**Revati Until 11:39PM**  
**Vridhi Until 6:20PM**  
**Vanija Until 11:06PM**  
**Dvitiya Until 10:05AM**

**Ganesha:** Yellow *Sunrise: 6:04AM*  
**Muruqa:** Purple *Sunset: 6:37PM*  
**Nataraja:** Clear  
 Moon – Clear

**Sivaloka Day**

Family Home Evening  
 Creative Work Siddha Yoga

**2**

**Tuesday, September 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Winterthur, Switzerland  
 Sun 2 Sutra 156  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Mesha Rasi: 3.06 Tithi 18 – 19

**Gulika** 12:20PM – 1:54PM  
**Yama** 9:13AM – 10:47AM  
**Rahu** 3:28PM – 5:02PM

**Ashvini Until 2:11AM Wed**  
**Dhruva Until 6:46PM**  
**Bava Until 12:55AM Wed**  
**Tritiya Until 12:02PM**

**Ganesha:** White *Sunrise: 6:06AM*  
**Muruqa:** Purple *Sunset: 6:35PM*  
**Nataraja:** Clear  
 Moon – White

**Devaloka Day**

Creative Work Siddha Yoga

**3**

**Wednesday, September 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
 Bharani Nakshatra Vyaghata \*Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland  
 Sun 3 Sutra 157  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Mesha Rasi: 15.16 Tithi 19 – 20

**Gulika** 10:47AM – 12:20PM  
**Yama** 7:40AM – 9:14AM  
**Rahu** 12:20PM – 1:53PM

**Bharani Until 4:13AM Thu**  
**Vyaghata\* Until 6:59PM**  
**Kaulava Until 2:23AM Thu**  
**Chaturthi\* Until 1:41PM**

**Ganesha:** White *Sunrise: 6:07AM*  
**Muruqa:** Purple *Sunset: 6:33PM*  
**Nataraja:** Clear  
 Moon – White

**Devaloka Day**

Creative Work Siddha Yoga  
 Until 4:13AM Thu  
 Then Routine Work - Marana Yoga

**4**

**Thursday, September 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
 Kritika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Winterthur, Switzerland  
 Sun 4 Sutra 158  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Mesha Rasi: 27.35 Tithi 20 – 21

**Gulika** 9:14AM – 10:47AM  
**Yama** 6:08AM – 7:41AM  
**Rahu** 1:53PM – 3:25PM

**Kritika Until 5:39AM Fri**  
**Harshana Until 6:55PM**  
**Gara Until 3:26AM Fri**  
**Panchami Until 2:57PM**

**Ganesha:** White *Sunrise: 6:08AM*  
**Muruqa:** Purple *Sunset: 6:31PM*  
**Nataraja:** Clear  
 Moon – White

**Devaloka Day**

Routine Work Marana Yoga

**5**

**Friday, September 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Rohini Nakshatra Vajra \*Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland  
 Sun 5 Sutra 159  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Vrishabha Rasi: 10.05 Tithi 21 – 22

**Gulika** 7:42AM – 9:15AM  
**Yama** 3:24PM – 4:57PM  
**Rahu** 10:47AM – 12:19PM

**Rohini Until 6:52AM Sat**  
**Vajra\* Until 6:24PM**  
**Visti Until 3:55AM Sat**  
**Shashthi\* Until 3:44PM**

**Ganesha:** Clear *Sunrise: 6:10AM*  
**Muruqa:** Purple *Sunset: 6:29PM*  
**Nataraja:** Clear  
 Moon – Yellow

**Sivaloka Day**

Routine Work Marana Yoga  
 Until 6:52AM Sat  
 Then Creative Work - Siddha Yoga

**6**

**Saturday, September 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Siddhi/Vyatipata \*Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland  
 Sun 6 Sutra 160  
 Vikarin 5121  
 Moon 9 - Phase 22  
 1st Phase

Vrishabha Rasi: 22.51 Tithi 22 – 23

**Gulika** 6:11AM – 7:43AM  
**Yama** 1:51PM – 3:23PM  
**Rahu** 9:15AM – 10:47AM

**Rohini Until 6:52AM**  
**Siddhi Until 5:26PM**  
**Balava Until 3:45AM Sun**  
**Saptami Until 3:54PM**

**Ganesha:** Clear *Sunrise: 6:11AM*  
**Muruqa:** Purple *Sunset: 6:27PM*  
**Nataraja:** Clear  
 Moon – Yellow

**Sivaloka Day**

Creative Work Amrita Yoga  
 Until 6:52AM  
 Then Creative Work - Siddha Yoga

**D**

**Sunday, September 22, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Vyatipata \*Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland  
 Sun 7 Sutra 161  
 Vikarin 5121  
 Moon 9 - Phase 22  
 Ashtami

Mithuna Rasi: 5.56 Tithi 23 – 24

**Gulika** 3:22PM – 4:53PM  
**Yama** 12:19PM – 1:50PM  
**Rahu** 4:53PM – 6:25PM

**Mrigashira Until 7:17AM**  
**Vyatipata\* Until 3:55PM**  
**Taitila Until 2:52AM Mon**  
**Ashtami\* Until 3:23PM**

**Ganesha:** Orange *Sunrise: 6:12AM*  
**Muruqa:** Purple *Sunset: 6:25PM*  
**Nataraja:** Clear  
 Moon – Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

**Monday, September 23, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
 Ardra/Punarvasu Nakshatra Variyan/Parigha \*Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Winterthur, Switzerland  
 Sun 8 Sutra 162  
 Vikarin 5121  
 Moon 9 - Phase 22  
 Navami

Mithuna Rasi: 19.25 Tithi 24 – 25

**Gulika** 1:49PM – 3:21PM  
**Yama** 10:47AM – 12:18PM  
**Rahu** 7:45AM – 9:16AM

**Ardra Until 6:50AM**  
**Variyan Until 1:48PM**  
**Vanija Until 1:16AM Tue**  
**Navami\* Until 2:08PM**

**Ganesha:** Orange *Sunrise: 6:14AM*  
**Muruqa:** Purple *Sunset: 6:23PM*  
**Nataraja:** Clear  
 Moon – Yellow

**Sivaloka Day**

Family Home Evening  
 Creative Work Siddha Yoga  
 Until 6:50AM  
 Then Creative Work - Amrita Yoga

1	<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 163
	Kataka Rasi: 3.2	Tithi 25 – 26	<b>Gulika</b>	<b>12:18PM – 1:49PM</b>	<b>Pushya Until 4:18AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:15AM	Vikarin 5121
			Yama	9:17AM – 10:47AM	Parigha* Until 11:08AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:21PM	Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 <b>Rahu</b>	<b>3:19PM – 4:50PM</b>	Bava Until 10:59PM	<b>Nataraja:</b> Clear	2nd Phase
				<b>Dashami Until 12:11PM</b>	Moon – Blue	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

2	<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 164
	Kataka Rasi: 17.41	Tithi 26 – 27	<b>Gulika</b>	<b>10:47AM – 12:18PM</b>	<b>Ashlesha* Until 1:57AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:16AM	Vikarin 5121
			Yama	7:47AM – 9:17AM	Shiva Until 7:56AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:19PM	Moon 9 - Phase 23
	Creative Work	Siddha Yoga	542213463 <b>Rahu</b>	<b>12:18PM – 1:48PM</b>	Kaulava Until 8:07PM	<b>Nataraja:</b> Clear	2nd Phase
				<b>Ekadashi* Until 9:36AM</b>	Moon – Blue	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		
						Then Creative Work - Amrita Yoga	

3	<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 11 Sutra 165
	Simha Rasi: 2.25	Tithi 27 – 28	<b>Gulika</b>	<b>9:17AM – 10:47AM</b>	<b>Magha* Until 11:26PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM	Vikarin 5121
			Yama	6:18AM – 7:48AM	Sadhya Until 12:18AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:17PM	Moon 9 - Phase 23
	Creative Work	Amrita Yoga	552213463 <b>Rahu</b>	<b>1:47PM – 3:17PM</b>	Vanija Until 2:59AM Fri	<b>Nataraja:</b> Clear	2nd Phase
				<b>Dvadashi* Until 6:29AM</b>	Moon – Red	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		
					<i>Pradosha Vrata (Fasting)</i>		
						Then Creative Work - Siddha Yoga	

4	<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 12 Sutra 166
	Simha Rasi: 17.28	Tithi 29	<b>Gulika</b>	<b>7:49AM – 9:18AM</b>	<b>Purvaphalguni Until 8:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:19AM	Vikarin 5121
			Yama	3:16PM – 4:45PM	Subha Until 8:07PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:15PM	Moon 9 - Phase 23
	Creative Work	Siddha Yoga	552213463 <b>Rahu</b>	<b>10:47AM – 12:17PM</b>	Visti Until 1:09PM	<b>Nataraja:</b> Clear	2nd Phase
				<b>Chaturdashi* Until 11:15PM</b>	Moon – Red	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

●	<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 167
	<b>Retreat Star</b>		<b>Gulika</b>	<b>6:20AM – 7:49AM</b>	<b>Uttaraphalguni Until 5:24PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:20AM	Vikarin 5121
	Kanya Rasi: 2.4	Tithi 30	Yama	1:46PM – 3:15PM	Sukla Until 3:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:13PM	Moon 9 - Phase 23
	Routine Work	Marana Yoga	652213463 <b>Rahu</b>	<b>9:19AM – 10:48AM</b>	Catuspada Until 9:22AM	<b>Nataraja:</b> Clear	Amavasya
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Amavasya* Until 7:28PM</b>	Moon – Red	<b>Devaloka Day</b>	
					<b>Bhadrapada•Puratasi</b>		

●	<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Winterthur, Switzerland Sun 14 Sutra 168
	<b>Retreat Star</b>		<b>Gulika</b>	<b>3:14PM – 4:42PM</b>	<b>Hasta Until 2:39PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:22AM	Vikarin 5121
	Kanya Rasi: 17.53	Tithi 1 – 2	Yama	12:16PM – 1:45PM	Brahma Until 11:39AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:11PM	Moon 9 - Phase 23
	Creative Work	Amrita Yoga	663213463 <b>Rahu</b>	<b>4:42PM – 6:11PM</b>	Balava Until 2:04AM Mon	<b>Nataraja:</b> Clear	Prathama
				<b>Prathama* Until 3:47PM</b>	Moon – Green	<b>Devaloka Day</b>	
		<b>Navaratri Begins</b>			<b>Ashvina•Puratasi</b>		
						Then Creative Work - Siddha Yoga	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>1</b>		<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 169 Vikarin 5121	
Tula Rasi: 2.55	Tithi 2 – 3	<b>Gulika</b>	1:44PM – 3:12PM	<b>Chitra Until 12:02PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:23AM	
<b>Family Home Evening</b>	663213463	Yama	10:48AM – 12:16PM	Indra Until 7:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:09PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		<b>Rahu</b>	7:51AM – 9:20AM	Taitila Until 10:54PM	<b>Nataraja:</b> Clear		3rd Phase
Until 12:02PM				<b>Dvitiya Until 12:24PM</b>	Moon – Green		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashvina+Puratasi</b>		

<b>2</b>		<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 16 Sutra 170 Vikarin 5121	
Tula Rasi: 17.38	Tithi 3 – 4	<b>Gulika</b>	12:16PM – 1:43PM	<b>Svati Until 9:45AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:24AM	
	663213463	Yama	9:20AM – 10:48AM	Vishkambha* Until 12:54AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	3:11PM – 4:39PM	Vanija Until 8:17PM	<b>Nataraja:</b> Clear		3rd Phase
Until 9:45AM				<b>Tritiya Until 9:30AM</b>	Moon – Green		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashvina+Puratasi</b>		

<b>3</b>		<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 17 Sutra 171 Vikarin 5121	
Vrischika Rasi: 1.56	Tithi 4 – 5	<b>Gulika</b>	10:48AM – 12:15PM	<b>Vishakha Until 8:23AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM	
	673213463	Yama	7:53AM – 9:21AM	Priti Until 10:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	12:15PM – 1:43PM	Bava Until 6:22PM	<b>Nataraja:</b> Clear		3rd Phase
				<b>Chaturthi* Until 7:13AM</b>	Moon – Orange		<b>Devaloka Day</b>
					<b>Ashvina+Puratasi</b>		

<b>4</b>		<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Winterthur, Switzerland Sun 18 Sutra 172 Vikarin 5121	
Vrischika Rasi: 15.44	Tithi 6	<b>Gulika</b>	9:21AM – 10:48AM	<b>Anuradha Until 7:38AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	
	673213463	Yama	6:27AM – 7:54AM	Ayushman Until 8:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		<b>Rahu</b>	1:42PM – 3:09PM	Kaulava Until 5:17PM	<b>Nataraja:</b> Clear		3rd Phase
Until 7:38AM				<b>Shashthi* Until 5:03AM Fri</b>	Moon – Orange		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Ashvina+Puratasi</b>		

<b>5</b>		<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 19 Sutra 173 Vikarin 5121	
Vrischika Rasi: 29.02	Tithi 7	<b>Gulika</b>	7:55AM – 9:22AM	<b>Jyeshtha* Until 7:36AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM	
	673213463	Yama	3:08PM – 4:34PM	Saubhagya Until 7:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 24
Routine Work Marana Yoga		<b>Rahu</b>	10:48AM – 12:15PM	Gara Until 5:06PM	<b>Nataraja:</b> Clear		3rd Phase
Until 7:36AM				<b>Saptami Until 5:19AM Sat</b>	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Ashvina+Puratasi</b>		

<b>6</b>		<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 20 Sutra 174 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b>	6:30AM – 7:56AM	<b>Mula* Until 8:45AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM	
Dhanus Rasi: 11.52	Tithi 8	Yama	1:40PM – 3:07PM	Sobhana Until 6:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 24
	683213463	<b>Rahu</b>	9:22AM – 10:48AM	Visti Until 5:47PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work Siddha Yoga				<b>Ashtami* Until 6:24AM Sun</b>	Moon – Light Blue		<b>Sivaloka Day</b>
		<b>Durga Ashtami</b>			<b>Ashvina+Puratasi</b>		

<b>7</b>		<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Winterthur, Switzerland Sun 21 Sutra 175 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b>	3:05PM – 4:31PM	<b>Purvashadha* Until 10:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	
Dhanus Rasi: 24.2	Tithi 8 – 9	Yama	12:14PM – 1:40PM	Athiganda* Until 6:55PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
	683213463	<b>Rahu</b>	4:31PM – 5:57PM	Balava Until 7:14PM	<b>Nataraja:</b> Clear		Navami
Creative Work Siddha Yoga				<b>Ashtami* Until 6:24AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Until 10:32AM		<b>Saraswathi Puja (Tamil Nadu)</b>			<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga							

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 22 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:39PM – 3:04PM	<b>Uttarashadha</b> Until 12:46PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM	
Makara Rasi: 6.31	Tithi 9 – 10	Yama 10:49AM – 12:14PM	Sukarma Until 7:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:58AM – 9:23AM	Taitila Until 9:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Navami*</b> Until 8:11AM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 12:46PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 23 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:13PM – 1:38PM	<b>Shravana</b> Until 3:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	
Makara Rasi: 18.29	Tithi 10 – 11	Yama 9:24AM – 10:49AM	Dhriti Until 8:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 3:03PM – 4:28PM	Vanija Until 11:40PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Vijaya Dasami</b>	Moon – Purple		<b>Sivaloka Day</b>
			<b>Dashami</b> Until 10:25AM	<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:49AM – 12:13PM	<b>Dhanishtha</b> Until 6:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	
Kumbha Rasi: 0.22	Tithi 11 – 12	Yama 8:00AM – 9:24AM	Shula* Until 9:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 12:13PM – 1:38PM	Bava Until 2:13AM Thu	<b>Nataraja:</b> Purple		4th Phase
Routine Work Prabalarishta Yoga			<b>Ekadashi</b> Until 12:55PM	Moon – Purple		<b>Sivaloka Day</b>
Until 6:46PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 25 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:25AM – 10:49AM	<b>Shatabhishak</b> Until 9:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	
Kumbha Rasi: 12.12	Tithi 12 – 13	Yama 6:37AM – 8:01AM	Ganda* Until 10:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213464	<b>Rahu</b> 1:37PM – 3:01PM	Kaulava Until 4:43AM Fri	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 3:27PM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
			<i>Pradosha Vrata</i>			

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 26 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 8:02AM – 9:26AM	<b>Purvaproshtapada*</b> Until 12:40AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM	
Kumbha Rasi: 24.04	Tithi 13 – 14	Yama 3:00PM – 4:23PM	Vriddhi Until 11:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	613213464	<b>Rahu</b> 10:49AM – 12:13PM	Gara Until 7:04AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 5:53PM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 181 Vikarin 5121
<b>6</b>		<b>Gulika</b> 6:40AM – 8:03AM	<b>Uttaraproshtapada</b> Until 3:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:40AM	
Meena Rasi: 5.58	Tithi 14	Yama 1:36PM – 2:59PM	Dhruva Until 11:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	613213464	<b>Rahu</b> 9:26AM – 10:49AM	Gara Until 7:04AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 8:08PM	Moon – Clear		<b>Sivaloka Day</b>
Until 3:21AM Sun				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sutra 182 Vikarin 5121
<b>○</b>		<b>Gulika</b> 2:58PM – 4:20PM	<b>Revati</b> Until 5:38AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:41AM	
Meena Rasi: 17.59	Tithi 15	Yama 12:12PM – 1:35PM	Vyaghata* Until 12:08AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
<b>Copper Retreat Star</b>	614213464	<b>Rahu</b> 4:20PM – 5:43PM	Visti Until 9:11AM	<b>Nataraja:</b> Purple		Purnima
Creative Work Amrita Yoga			<b>Purnima*</b> Until 10:07PM	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 5:38AM Mon				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Monday, October 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Winterthur, Switzerland Sutra 183 Vikarin 5121
<b>○</b>		<b>Gulika</b> 1:34PM – 2:57PM	<b>Ashvini</b> Until 7:57AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	
Mesha Rasi: 0.05	Tithi 16	Yama 10:50AM – 12:12PM	Harshana Until 12:25AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
<b>Silver Retreat Star</b>	624213464	<b>Rahu</b> 8:05AM – 9:27AM	Balava Until 11:02AM	<b>Nataraja:</b> Purple		Prathama
Creative Work Siddha Yoga			<b>Prathama*</b> Until 11:50PM	Moon – White		<b>Subha Subha Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 12.19 Tithi 17

624213464

Gulika

12:12PM - 1:34PM

Yama

9:28AM - 10:50AM

Rahu

2:56PM - 4:18PM

Ashvini Until 7:57AM

Vajra\* Until 12:25AM Wed

Taitila Until 12:35PM

Dvitiya Until 1:13AM Wed

Ganesha: White

Sunrise: 6:44AM

Muruqa: Purple

Sunset: 5:39PM

Nataraja: Purple

Moon - White

Subha Subha Sivaloka Day

Ashvina-Puratasi

Creative Work Siddha Yoga

Wednesday, October 16, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 24.41 Tithi 18

624213464

Gulika

10:50AM - 12:12PM

Yama

8:07AM - 9:28AM

Rahu

12:12PM - 1:33PM

Bharani Until 9:48AM

Siddhi Until 12:11AM Thu

Vanija Until 1:49PM

Tritiya Until 2:17AM Thu

Ganesha: White

Sunrise: 6:45AM

Muruqa: Purple

Sunset: 5:38PM

Nataraja: Purple

Moon - White

Subha Subha Sivaloka Day

Ashvina-Puratasi

Creative Work Siddha Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

Thursday, October 17, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

Winterthur, Switzerland

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 7.12 Tithi 19

624313464

Gulika

9:29AM - 10:50AM

Yama

6:47AM - 8:08AM

Rahu

1:32PM - 2:54PM

Krittika Until 11:09AM

Vyatipata\* Until 11:40PM

Bava Until 2:42PM

Chaturthi\* Until 2:58AM Fri

Ganesha: Yellow

Sunrise: 6:47AM

Muruqa: Purple

Sunset: 5:36PM

Nataraja: Purple

Moon - White

Subha Sivaloka Day

Ashvina-Aipasi

Routine Work Marana Yoga

Friday, October 18, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 19.53 Tithi 20

634313464

Gulika

8:09AM - 9:30AM

Yama

2:53PM - 4:13PM

Rahu

10:50AM - 12:11PM

Rohini Until 12:27PM

Varyan Until 10:49PM

Kaulava Until 3:11PM

Panchami Until 3:14AM Sat

Ganesha: White

Sunrise: 6:48AM

Muruqa: Purple

Sunset: 5:34PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Routine Work Marana Yoga

Until 12:27PM

Then Creative Work - Siddha Yoga

Saturday, October 19, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthayam Titau

Winterthur, Switzerland

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 2.46 Tithi 21

634313464

Gulika

6:50AM - 8:10AM

Yama

1:31PM - 2:52PM

Rahu

9:30AM - 10:51AM

Mrigashira Until 1:09PM

Parigha\* Until 9:36PM

Gara Until 3:13PM

Shashthi\* Until 3:01AM Sun

Ganesha: White

Sunrise: 6:50AM

Muruqa: Purple

Sunset: 5:32PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

Sunday, October 20, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 15.55 Tithi 22

634313464

Gulika

2:51PM - 4:10PM

Yama

12:11PM - 1:31PM

Rahu

4:10PM - 5:30PM

Ardra Until 1:12PM

Shiva Until 7:59PM

Visti Until 2:44PM

Saptami Until 2:15AM Mon

Ganesha: White

Sunrise: 6:51AM

Muruqa: Purple

Sunset: 5:30PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

Monday, October 21, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 29.2 Tithi 23

644313464

Gulika

1:30PM - 2:50PM

Yama

10:51AM - 12:11PM

Rahu

8:12AM - 9:32AM

Punarvasu Until 1:01PM

Siddha Until 5:54PM

Balava Until 1:41PM

Ashtami\* Until 12:56AM Tue

Ganesha: Clear

Sunrise: 6:53AM

Muruqa: Purple

Sunset: 5:29PM

Nataraja: Purple

Moon - Blue

Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Amrita Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 13.05 Tithi 24

644313464

Gulika

12:10PM - 1:29PM

Yama

9:32AM - 10:51AM

Rahu

2:49PM - 4:08PM

Pushya Until 12:07PM

Sadhya Until 3:21PM

Taitila Until 12:04PM

Navami\* Until 11:02PM

Ganesha: Clear

Sunrise: 6:54AM

Muruqa: Purple

Sunset: 5:27PM

Nataraja: Purple

Moon - Blue

Subha Sivaloka Day

Ashvina-Aipasi


Creative Work Siddha Yoga

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Winterthur, Switzerland Sun 9 Sutra 192	
Kataka Rasi: 27.12	Tithi 25	<b>Gulika</b> 10:52AM – 12:10PM	<b>Ashlesha* Until 10:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:56AM	Vikarin 5121	
		Yama 8:14AM – 9:33AM	Subha Until 12:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	644313464 <b>Rahu</b> 12:10PM – 1:29PM	Vanija Until 9:55AM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dashami Until 8:38PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 10 Sutra 193	
Simha Rasi: 11.39	Tithi 26 – 27	<b>Gulika</b> 9:34AM – 10:52AM	<b>Magha* Until 8:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:57AM	Vikarin 5121	
		Yama 6:57AM – 8:15AM	Sukla Until 9:02AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	654313464 <b>Rahu</b> 1:28PM – 2:47PM	Bava Until 7:16AM	<b>Nataraja:</b> Purple		2nd Phase	
Until 8:45AM			<b>Ekadashi* Until 5:47PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina•Aipasi</b>			

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillal/Gara Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 11 Sutra 194	
Simha Rasi: 26.22	Tithi 27 – 28	<b>Gulika</b> 8:16AM – 9:34AM	<b>Purvaphalguni Until 6:27AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:59AM	Vikarin 5121	
		Yama 2:46PM – 4:04PM	Indra Until 1:31AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	655313464 <b>Rahu</b> 10:52AM – 12:10PM	Gara Until 12:59AM Sat	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dvadashi* Until 2:38PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 12 Sutra 195	
Kanya Rasi: 11.16	Tithi 28 – 29	<b>Gulika</b> 7:00AM – 8:17AM	<b>Hasta Until 1:19AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:00AM	Vikarin 5121	
		Yama 1:27PM – 2:45PM	Vaidhriti* Until 9:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 27	
Routine Work	Marana Yoga	665313464 <b>Rahu</b> 9:35AM – 10:52AM	Visti Until 9:37PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 1:19AM Sun			<b>Trayodashi* Until 11:17AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina•Aipasi</b>			

		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 13 Sutra 196	
<b>Retreat Star</b>		<b>Gulika</b> 2:44PM – 4:01PM	<b>Chitra Until 10:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:01AM	Vikarin 5121	
Kanya Rasi: 26.14	Tithi 29 – 30	Yama 12:10PM – 1:27PM	Vishkambha* Until 5:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 27	
Creative Work	Siddha Yoga	665313464 <b>Rahu</b> 4:01PM – 5:18PM	Catuspada Until 6:18PM	<b>Nataraja:</b> Purple		Amavasya	
			<b>Chaturdashi* Until 7:55AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>			

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Winterthur, Switzerland Sun 14 Sutra 197	
Tula Rasi: 11.05	Tithi 1	<b>Gulika</b> 1:26PM – 2:43PM	<b>Svati Until 8:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:03AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:53AM – 12:10PM	Priti Until 1:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 27	
Creative Work	Amrita Yoga	665313464 <b>Rahu</b> 8:20AM – 9:36AM	Kintughna Until 3:12PM	<b>Nataraja:</b> Purple		Prathama	
Until 8:24PM			<b>Prathama* Until 1:47AM Tue</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 25.43	Tithi 2	<b>Gulika</b> 12:10PM – 1:26PM	<b>Vishakha</b> Until 6:42PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:04AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Marana Yoga	Yama 9:37AM – 10:53AM	Ayushman Until 10:32AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	<b>Subha Sivaloka Day</b>	
Until 6:42PM		<b>Rahu</b> 2:42PM – 3:59PM	Balava Until 12:31PM	<b>Nataraja:</b> Purple		<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga			<b>Dvitiya</b> Until 11:21PM	Moon – Orange			

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 199 Vikarin 5121	
Virshchika Rasi: 9.59	Tithi 3	<b>Gulika</b> 10:54AM – 12:10PM	<b>Anuradha</b> Until 5:29PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Siddha Yoga	Yama 8:22AM – 9:38AM	Saubhagya Until 7:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM	<b>Subha Sivaloka Day</b>	
Until 6:42PM		<b>Rahu</b> 12:10PM – 1:26PM	Taitila Until 10:22AM	<b>Nataraja:</b> Purple		<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga			<b>Tritiya</b> Until 9:33PM	Moon – Orange			

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Winterthur, Switzerland Sun 17 Sutra 200 Vikarin 5121	
Virshchika Rasi: 23.49	Tithi 4	<b>Gulika</b> 9:38AM – 10:54AM	<b>Jyeshtha*</b> Until 4:51PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:07AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Prabalarishta Yoga	Yama 7:07AM – 8:23AM	Athiganda* Until 3:24AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	<b>Subha Sivaloka Day</b>	
Until 4:51PM		<b>Rahu</b> 1:25PM – 2:41PM	Vanija Until 8:57AM	<b>Nataraja:</b> Purple		<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga			<b>Chaturthi*</b> Until 8:31PM	Moon – Orange			

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Winterthur, Switzerland Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 7.1	Tithi 5	<b>Gulika</b> 8:24AM – 9:39AM	<b>Mula*</b> Until 5:20PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:09AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Amrita Yoga	Yama 2:40PM – 3:55PM	Sukarma Until 2:18AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	<b>Subha Subha Sivaloka Day</b>	
Until 5:20PM		<b>Rahu</b> 10:54AM – 12:10PM	Bava Until 8:21AM	<b>Nataraja:</b> Purple		<b>Kartika•Aipasi</b>	
Then Routine Work - Prabalarishta Yoga			<b>Panchami</b> Until 8:21PM	Moon – Light Blue			

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Winterthur, Switzerland Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 20.05	Tithi 6	<b>Gulika</b> 7:10AM – 8:25AM	<b>Purvashadha*</b> Until 6:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:10AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Siddha Yoga	Yama 1:24PM – 2:39PM	Dhriti Until 1:53AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	<b>Subha Subha Sivaloka Day</b>	
Until 6:31PM		<b>Rahu</b> 9:40AM – 10:55AM	Kaulava Until 8:37AM	<b>Nataraja:</b> Purple		<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga		<b>Skanda Shasthi</b>	<b>Shashthi*</b> Until 9:02PM	Moon – Light Blue			

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 2.37	Tithi 7	<b>Gulika</b> 2:38PM – 3:53PM	<b>Uttarashadha</b> Until 8:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:12AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Amrita Yoga	Yama 12:09PM – 1:24PM	Shula* Until 1:59AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	<b>Subha Subha Sivaloka Day</b>	
Until 10:57PM		<b>Rahu</b> 3:53PM – 5:07PM	Gara Until 9:42AM	<b>Nataraja:</b> Purple		<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga			<b>Saptami</b> Until 10:30PM	Moon – Light Blue			

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 14.49	Tithi 8	<b>Gulika</b> 1:24PM – 2:38PM	<b>Shravana</b> Until 10:57PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:13AM	Moon 10 - Phase 28 Ashtami	
<b>Family Home Evening</b>		Yama 10:55AM – 12:10PM	Ganda* Until 2:32AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	<b>Sivaloka Day</b>	
Creative Work	Amrita Yoga	<b>Rahu</b> 8:27AM – 9:41AM	Visti Until 11:29AM	<b>Nataraja:</b> Purple		<b>Kartika•Aipasi</b>	
Until 10:57PM			<b>Ashtami*</b> Until 12:33AM Tue	Moon – Purple			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 26.5	Tithi 9	<b>Gulika</b> 12:10PM – 1:23PM	<b>Dhanishtha</b> Until 1:49AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:15AM	Moon 10 - Phase 28 Navami	
Routine Work	Siddha Yoga	Yama 9:42AM – 10:56AM	Vriddhi Until 3:21AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	<b>Sivaloka Day</b>	
Until 10:57PM		<b>Rahu</b> 2:37PM – 3:50PM	Balava Until 1:45PM	<b>Nataraja:</b> Purple		<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga			<b>Navami*</b> Until 2:58AM Wed	Moon – Purple			


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.43	Tithi 10	<b>Gulika</b> 10:56AM – 12:10PM	<b>Shatabhishak</b> Until 4:39AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:16AM	
			Yama 8:30AM – 9:43AM	Dhruva Until 4:14AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 29
	696313464		<b>Rahu</b> 12:10PM – 1:23PM	Taitila Until 4:16PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:31AM Thu	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.34	Tithi 11	<b>Gulika</b> 9:44AM – 10:57AM	<b>Purvaproshtapada*</b> Until 7:44AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:18AM	
			Yama 7:18AM – 8:31AM	Vyaghata* Until 5:04AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 29
	716313464		<b>Rahu</b> 1:23PM – 2:35PM	Vanija Until 6:47PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:58AM Fri	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 2.28	Tithi 11 – 12	<b>Gulika</b> 8:32AM – 9:45AM	<b>Purvaproshtapada*</b> Until 7:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:19AM	
			Yama 2:35PM – 3:47PM	Harshana Until 5:44AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 29
	716313464		<b>Rahu</b> 10:57AM – 12:10PM	Bava Until 9:08PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:58AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 14.26	Tithi 12 – 13	<b>Gulika</b> 7:21AM – 8:33AM	<b>Uttaraproshtapada</b> Until 10:25AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:21AM	
			Yama 1:22PM – 2:34PM	Vajra* Until 6:08AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 29
	716313464		<b>Rahu</b> 9:45AM – 10:58AM	Kaulava Until 11:12PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 10:11AM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 10:25AM				<b>Kartika-Aipasi</b>			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.32	Tithi 13 – 14	<b>Gulika</b> 2:34PM – 3:45PM	<b>Revati</b> Until 12:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:22AM	
			Yama 12:10PM – 1:22PM	Vajra* Until 6:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 29
	716313464		<b>Rahu</b> 3:45PM – 4:57PM	Gara Until 12:52AM Mon	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 12:03PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 12:37PM				<b>Kartika-Aipasi</b>			
Then Creative Work - Siddha Yoga							

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sutra 211 Vikarin 5121
	Mesha Rasi: 8.48	Tithi 14 – 15	<b>Gulika</b> 1:21PM – 2:33PM	<b>Ashvini</b> Until 2:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:24AM	
	<b>Family Home Evening</b>		Yama 10:58AM – 12:10PM	Siddhi Until 6:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 29
	727313464		<b>Rahu</b> 8:35AM – 9:47AM	Visti Until 2:07AM Tue	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:32PM	Moon – White		<b>Subha Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

<b>6</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sutra 212 Vikarin 5121
	Mesha Rasi: 21.15	Tithi 15 – 16	<b>Gulika</b> 12:10PM – 1:21PM	<b>Bharani</b> Until 4:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:25AM	
			Yama 9:48AM – 10:59AM	Vyatipata* Until 6:03AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 29
	727413464		<b>Rahu</b> 2:32PM – 3:44PM	Balava Until 2:57AM Wed	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 2:34PM	Moon – White		<b>Sivaloka Day</b>	
				<b>Kartika-Aipasi</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vrishabha Rasi: 3.53 Tithi 16 – 17

727413464

Creative Work Amrita Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 10:59AM – 12:10PM  
**Yama** 8:38AM – 9:49AM  
**Rahu** 12:10PM – 1:21PM

**Krittika Until 5:19PM**  
Parigha\* Until 4:39AM Thu  
Taitila Until 3:22AM Thu  
Prathama\* Until 3:11PM

**Ganesha:** White *Sunrise:* 7:27AM  
**Muruqa:** Purple *Sunset:* 4:54PM  
**Nataraja:** Purple  
Moon – White  
**Kartika-Aipasi**

Sivaloka Day

Winterthur, Switzerland  
Sutra 213  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

1

Thursday, November 14, 2019

Vrishabha Rasi: 16.43 Tithi 17 – 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 9:49AM – 11:00AM  
**Yama** 7:28AM – 8:39AM  
**Rahu** 1:21PM – 2:31PM

**Rohini Until 6:14PM**  
Shiva Until 3:31AM Fri  
Vanija Until 3:23AM Fri  
Dvitiya Until 3:24PM

**Ganesha:** Clear *Sunrise:* 7:28AM  
**Muruqa:** Purple *Sunset:* 4:52PM  
**Nataraja:** Purple  
Moon – Yellow  
**Kartika-Aipasi**

Subha Sivaloka Day

Winterthur, Switzerland  
Sun 1 Sutra 214  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

2

Friday, November 15, 2019

Vrishabha Rasi: 29.43 Tithi 18 – 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 8:40AM – 9:50AM  
**Yama** 2:31PM – 3:41PM  
**Rahu** 11:00AM – 12:11PM

**Mrigashira Until 6:38PM**  
Siddha Until 2:03AM Sat  
Bava Until 3:02AM Sat  
Tritiya Until 3:14PM

**Ganesha:** Clear *Sunrise:* 7:30AM  
**Muruqa:** Purple *Sunset:* 4:51PM  
**Nataraja:** Purple  
Moon – Yellow  
**Kartika-Aipasi**

Subha Sivaloka Day

Winterthur, Switzerland  
Sun 2 Sutra 215  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 12.56 Tithi 19 – 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 7:31AM – 8:41AM  
**Yama** 1:21PM – 2:30PM  
**Rahu** 9:51AM – 11:01AM

**Ardra Until 6:32PM**  
Sadhya Until 12:19AM Sun  
Kaulava Until 2:20AM Sun  
Chaturthi\* Until 2:42PM

**Ganesha:** Clear *Sunrise:* 7:31AM  
**Muruqa:** Purple *Sunset:* 4:50PM  
**Nataraja:** Purple  
Moon – Yellow  
**Kartika-Kartikai**

Subha Sivaloka Day

Winterthur, Switzerland  
Sun 3 Sutra 216  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

4

Sunday, November 17, 2019

Mithuna Rasi: 26.2 Tithi 20 – 21

747413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 2:30PM – 3:40PM  
**Yama** 12:11PM – 1:20PM  
**Rahu** 3:40PM – 4:49PM

**Punarvasu Until 6:24PM**  
Subha Until 10:20PM  
Gara Until 1:17AM Mon  
Panchami Until 1:50PM

**Ganesha:** Purple *Sunrise:* 7:33AM  
**Muruqa:** Purple *Sunset:* 4:49PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Kartikai**

Devaloka Day

Winterthur, Switzerland  
Sun 4 Sutra 217  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 9.55 Tithi 21 – 22

748413465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 1:20PM – 2:30PM  
**Yama** 11:02AM – 12:11PM  
**Rahu** 8:43AM – 9:53AM

**Pushya Until 5:46PM**  
Sukla Until 8:03PM  
Visti Until 11:53PM  
Shashthi\* Until 12:37PM

**Ganesha:** Clear *Sunrise:* 7:34AM  
**Muruqa:** Purple *Sunset:* 4:48PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Kartikai**

Sivaloka Day

Winterthur, Switzerland  
Sun 5 Sutra 218  
Vikarin 5121  
Moon 11 - Phase 30  
1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 23.43 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplami/Ashlamyam Titau

**Gulika** 12:11PM – 1:20PM  
**Yama** 9:53AM – 11:02AM  
**Rahu** 2:29PM – 3:38PM

**Ashlesha\* Until 4:40PM**  
Brahma Until 5:31PM  
Balava Until 10:10PM  
Saptami Until 11:03AM

**Ganesha:** Clear *Sunrise:* 7:36AM  
**Muruqa:** Purple *Sunset:* 4:47PM  
**Nataraja:** Clear  
Moon – Blue  
**Kartika-Kartikai**

Sivaloka Day

Winterthur, Switzerland  
Sun 6 Sutra 219  
Vikarin 5121  
Moon 11 - Phase 30  
Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 7.42 Tithi 23 – 24

758413465

Creative Work Siddha Yoga

Until 3:32PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 11:03AM – 12:12PM  
**Yama** 8:46AM – 9:54AM  
**Rahu** 12:12PM – 1:20PM

**Magha\* Until 3:32PM**  
Indra Until 2:44PM  
Taitila Until 8:08PM  
Ashtami\* Until 9:10AM

**Ganesha:** White *Sunrise:* 7:37AM  
**Muruqa:** Purple *Sunset:* 4:46PM  
**Nataraja:** Clear  
Moon – Red  
**Kartika-Kartikai**

Subha Sivaloka Day

Winterthur, Switzerland  
Sun 7 Sutra 220  
Vikarin 5121  
Moon 11 - Phase 30  
Navami

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Winterthur, Switzerland Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 21.54	Tithi 24 – 25	<b>Gulika</b> 9:55AM – 11:03AM	<b>Purvaphalguni</b> Until 1:59PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:38AM	Moon 11 - Phase 31
		<b>Yama</b> 7:38AM – 8:47AM	Vaidhriti* Until 11:42AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:45PM	2nd Phase
758413465		<b>Rahu</b> 1:20PM – 2:28PM	Visti Until 4:33AM Fri	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:59AM	<b>Moon – Red</b>	<b>Subha Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prithi Yoga Bava/Balava Karana Ekadashyam Titau	Winterthur, Switzerland Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 6.16	Tithi 26	<b>Gulika</b> 8:48AM – 9:56AM	<b>Uttaraphalguni</b> Until 12:03PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:40AM	Moon 11 - Phase 31
		<b>Yama</b> 2:28PM – 3:36PM	Vishkambha* Until 8:29AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:44PM	2nd Phase
758413465		<b>Rahu</b> 11:04AM – 12:12PM	Bava Until 3:17PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:57AM Sat	<b>Moon – Red</b>	<b>Subha Sivaloka Day</b>
Until 12:03PM				<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	Winterthur, Switzerland Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 20.44	Tithi 27	<b>Gulika</b> 7:41AM – 8:49AM	<b>Hasta</b> Until 10:16AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:41AM	Moon 11 - Phase 31
		<b>Yama</b> 1:20PM – 2:28PM	Ayushman Until 1:45AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:43PM	2nd Phase
768413465		<b>Rahu</b> 9:57AM – 11:05AM	Kaulava Until 12:39PM	<b>Nataraja:</b> Clear	
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 11:17PM	<b>Moon – Green</b>	<b>Sivaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Winterthur, Switzerland Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 5.15	Tithi 28	<b>Gulika</b> 2:28PM – 3:35PM	<b>Chitra</b> Until 8:20AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:43AM	Moon 11 - Phase 31
		<b>Yama</b> 12:13PM – 1:20PM	Saubhagya Until 10:25PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:43PM	2nd Phase
769413465		<b>Rahu</b> 3:35PM – 4:43PM	Gara Until 9:59AM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:40PM	<b>Moon – Green</b>	<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>	
			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Winterthur, Switzerland Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 19.41	Tithi 29	<b>Gulika</b> 1:20PM – 2:27PM	<b>Svati</b> Until 6:21AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:44AM	Moon 11 - Phase 31
<b>Family Home Evening</b>		<b>Yama</b> 11:06AM – 12:13PM	Sobhana Until 7:15PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:42PM	2nd Phase
769413465		<b>Rahu</b> 8:51AM – 9:58AM	Visti Until 7:26AM	<b>Nataraja:</b> Clear	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:14PM	<b>Moon – Green</b>	<b>Devaloka Day</b>
Until 6:21AM				<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Winterthur, Switzerland Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 3.58	Tithi 30 – 1	<b>Gulika</b> 12:13PM – 1:20PM	<b>Anuradha</b> Until 3:42AM Wed	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:45AM	Moon 11 - Phase 31
		<b>Yama</b> 9:59AM – 11:06AM	Athiganda* Until 4:20PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:41PM	Amavasya
779413465		<b>Rahu</b> 2:27PM – 3:34PM	Kintughna Until 3:16AM Wed	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 4:08PM	<b>Moon – Orange</b>	<b>Devaloka Day</b>
				<b>Karttika-Karttikai</b>	

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Winterthur, Switzerland Sun 14 Sutra 227 Vikarin 5121
Vrischika Rasi: 17.59	Tithi 1 – 2	<b>Gulika</b> 11:07AM – 12:14PM	<b>Jyeshtha*</b> Until 2:53AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:47AM	Moon 11 - Phase 31
		<b>Yama</b> 8:53AM – 10:00AM	Sukarma Until 1:49PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:40PM	Prathama
779413465		<b>Rahu</b> 12:14PM – 1:20PM	Balava Until 1:55AM Thu	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:30PM	<b>Moon – Orange</b>	<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 228 Vikarin 5121	
Dhanus Rasi: 1.39	Tithi 2 – 3	<b>Gulika</b> 10:01AM – 11:07AM	<b>Mula* Until 3:02AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:48AM		
		Yama 7:48AM – 8:54AM	Dhriti Until 11:47AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:40PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 1:20PM – 2:27PM	Taitila Until 1:15AM Fri	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:29PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:02AM Fri				<b>Margasira•Karttikai</b>			
Then Routine Work - Prabalarishta Yoga							

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 16 Sutra 229 Vikarin 5121	
Dhanus Rasi: 14.56	Tithi 3 – 4	<b>Gulika</b> 8:56AM – 10:02AM	<b>Purvashadha* Until 3:45AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:49AM		
		Yama 2:27PM – 3:33PM	Shula* Until 10:16AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:39PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 11:08AM – 12:14PM	Vanija Until 1:19AM Sat	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 1:10PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 3:45AM Sat				<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Winterthur, Switzerland Sun 17 Sutra 230 Vikarin 5121	
Dhanus Rasi: 27.51	Tithi 4 – 5	<b>Gulika</b> 7:51AM – 8:57AM	<b>Uttarashadha Until 5:01AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:51AM		
		Yama 1:21PM – 2:27PM	Ganda* Until 9:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:39PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:03AM – 11:09AM	Bava Until 2:08AM Sun	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 1:37PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:01AM Sun				<b>Margasira•Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Winterthur, Switzerland Sun 18 Sutra 231 Vikarin 5121	
Makara Rasi: 10.25	Tithi 5 – 6	<b>Gulika</b> 2:27PM – 3:32PM	<b>Shravana Until 7:16AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:52AM		
		Yama 12:15PM – 1:21PM	Vridhi Until 9:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:38PM		Moon 11 - Phase 32
		799413465 <b>Rahu</b> 3:32PM – 4:38PM	Kaulava Until 3:39AM Mon	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 2:47PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:16AM Mon				<b>Margasira•Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Winterthur, Switzerland Sun 19 Sutra 232 Vikarin 5121	
Makara Rasi: 22.41	Tithi 6 – 7	<b>Gulika</b> 1:21PM – 2:27PM	<b>Shravana Until 7:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:53AM		
<b>Family Home Evening</b>		Yama 11:10AM – 12:15PM	Dhruva Until 9:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:38PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 8:59AM – 10:04AM	Gara Until 5:42AM Tue	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 4:35PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 7:16AM				<b>Margasira•Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saplamyam Titau		Winterthur, Switzerland Sun 20 Sutra 233 Vikarin 5121	
Kumbha Rasi: 4.44	Tithi 7	<b>Gulika</b> 12:16PM – 1:21PM	<b>Dhanishtha Until 9:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:54AM		
		Yama 10:05AM – 11:10AM	Vyaghata* Until 9:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:27PM – 3:32PM	Vanija Until 6:51PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:51PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:51AM				<b>Margasira•Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Winterthur, Switzerland Sun 21 Sutra 234 Vikarin 5121	
Kumbha Rasi: 16.4	Tithi 8	<b>Gulika</b> 11:11AM – 12:16PM	<b>Shatabhishak Until 12:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:55AM		
		Yama 9:01AM – 10:06AM	Harshana Until 10:27AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 12:16PM – 1:21PM	Visti Until 8:05AM	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 12:33PM				<b>Margasira•Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 22 Sutra 235 Vikarin 5121	
Kumbha Rasi: 28.32	Tithi 9	<b>Gulika</b> 10:07AM – 11:12AM	<b>Purvaproshtapada* Until 3:39PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:57AM		
		Yama 7:57AM – 9:02AM	Vajra* Until 11:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:37PM		Moon 11 - Phase 32
		711413465 <b>Rahu</b> 1:22PM – 2:27PM	Balava Until 10:36AM	<b>Nataraja:</b> Clear			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 11:48PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Margasira•Karttikai</b>			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 10.27	Tithi 10	<b>Gulika</b> 9:02AM – 10:07AM	<b>Uttaraproshtapada</b> Until 6:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:58AM			
		Yama 2:27PM – 3:32PM	Siddhi Until 11:59AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM			Moon 11 - Phase 33
		711413465 <b>Rahu</b> 11:12AM – 12:17PM	Taitila Until 1:00PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:05AM Sat	Moon – Clear			<b>Sivaloka Day</b>	
				Margasira-Karttikai				
<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 22.27	Tithi 11	<b>Gulika</b> 7:59AM – 9:03AM	<b>Revati</b> Until 8:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:59AM			
		Yama 1:22PM – 2:27PM	Vyatipata* Until 12:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM			Moon 11 - Phase 33
		711513465 <b>Rahu</b> 10:08AM – 11:13AM	Vanija Until 3:07PM	<b>Nataraja:</b> Clear				4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 3:59AM Sun	Moon – Clear			<b>Subha Sivaloka Day</b>	
Until 8:46PM				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								
<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Winterthur, Switzerland Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 5	Tithi 12	<b>Gulika</b> 2:27PM – 3:32PM	<b>Ashvini</b> Until 10:59PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:00AM			
		Yama 12:18PM – 1:22PM	Variyan Until 12:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM			Moon 11 - Phase 33
		721513465 <b>Rahu</b> 3:32PM – 4:36PM	Bava Until 4:47PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 5:24AM Mon	Moon – White			<b>Sivaloka Day</b>	
Until 10:59PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								
<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 16.58	Tithi 13	<b>Gulika</b> 1:23PM – 2:27PM	<b>Bharani</b> Until 12:30AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:01AM			
<b>Family Home Evening</b>		Yama 11:14AM – 12:18PM	Parigha* Until 12:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM			Moon 11 - Phase 33
		721513465 <b>Rahu</b> 9:05AM – 10:10AM	Kaulava Until 5:55PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:15AM Tue	Moon – White			<b>Sivaloka Day</b>	
				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				
<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 240 Vikarin 5121
Mesha Rasi: 29.34	Tithi 13 – 14	<b>Gulika</b> 12:19PM – 1:23PM	<b>Krittika</b> Until 1:18AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:02AM			
		Yama 10:10AM – 11:15AM	Shiva Until 11:54AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:36PM			Moon 11 - Phase 33
		721513465 <b>Rahu</b> 2:27PM – 3:32PM	Gara Until 6:29PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 6:15AM	Moon – White			<b>Sivaloka Day</b>	
		<b>Krittika Deepam</b>		Margasira-Karttikai				
<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sutra 241 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 11:15AM – 12:19PM	<b>Rohini</b> Until 1:52AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:03AM			
Vrishabha Rasi: 12.27	Tithi 14 – 15	Yama 9:07AM – 10:11AM	Siddha Until 10:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM			Moon 11 - Phase 33
		731523465 <b>Rahu</b> 12:19PM – 1:23PM	Visti Until 6:28PM	<b>Nataraja:</b> Clear				Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:31AM	Moon – Yellow			<b>Sivaloka Day</b>	
Until 1:52AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								
<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Winterthur, Switzerland Sutra 242 Vikarin 5121		
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:12AM – 11:16AM	<b>Mrigashira</b> Until 1:48AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:04AM			
Vrishabha Rasi: 25.36	Tithi 15 – 16	Yama 8:04AM – 9:08AM	Sadhya Until 9:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM			Moon 11 - Phase 33
		732523465 <b>Rahu</b> 1:24PM – 2:28PM	Kaulava Until 5:27AM Fri	<b>Nataraja:</b> Clear				Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 6:14AM	Moon – Yellow			<b>Devaloka Day</b>	
Until 1:48AM Fri		<b>Vinayaga Viratam Begins</b>		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Tailila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland  
Sutra 243

Mithuna Rasi: 9.01 Tithi 17

732523465

**Gulika** 9:08AM – 10:12AM  
Yama 2:28PM – 3:32PM  
**Rahu** 11:16AM – 12:20PM

**Ardra Until 1:09AM Sat**  
Subha Until 7:28AM  
Taitila Until 4:56PM  
**Dvitiya Until 4:16AM Sat**

**Ganesha:** Clear *Sunrise:* 8:05AM  
**Muruqa:** Clear *Sunset:* 4:36PM  
**Nataraja:** Clear  
Moon – Yellow  
**Margasira-Karttikai**

Moon 12 - Phase 34  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Winterthur, Switzerland  
Sun 1 Sutra 244

Mithuna Rasi: 22.41 Tithi 18

742523465

**Gulika** 8:05AM – 9:09AM  
Yama 1:25PM – 2:28PM  
**Rahu** 10:13AM – 11:17AM

**Punarvasu Until 12:29AM Sun**  
Brahma Until 2:49AM Sun  
Vanija Until 3:34PM  
**Tritiya Until 2:45AM Sun**

**Ganesha:** Purple *Sunrise:* 8:05AM  
**Muruqa:** Clear *Sunset:* 4:36PM  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Karttikai**

Moon 12 - Phase 34  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Winterthur, Switzerland  
Sun 2 Sutra 245

Kataka Rasi: 6.31 Tithi 19

742523465

**Gulika** 2:29PM – 3:33PM  
Yama 12:21PM – 1:25PM  
**Rahu** 3:33PM – 4:36PM

**Pushya Until 11:25PM**  
Indra Until 12:11AM Mon  
Bava Until 1:55PM  
**Chaturthi\* Until 1:00AM Mon**

**Ganesha:** Purple *Sunrise:* 8:06AM  
**Muruqa:** Clear *Sunset:* 4:36PM  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Karttikai**

Moon 12 - Phase 34  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland  
Sun 3 Sutra 246

Kataka Rasi: 20.31 Tithi 20

742523465

**Gulika** 1:25PM – 2:29PM  
Yama 11:18AM – 12:22PM  
**Rahu** 9:11AM – 10:14AM

**Ashlesha\* Until 10:02PM**  
Vaidhriti\* Until 9:24PM  
Kaulava Until 12:04PM  
**Panchami Until 11:04PM**

**Ganesha:** Purple *Sunrise:* 8:07AM  
**Muruqa:** Clear *Sunset:* 4:37PM  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Markali**

Moon 12 - Phase 34  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Family Home Evening  
Until 10:02PM  
Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 247

Simha Rasi: 4.35 Tithi 21

852523465

**Gulika** 12:22PM – 1:26PM  
Yama 10:15AM – 11:19AM  
**Rahu** 2:29PM – 3:33PM

**Magha\* Until 8:50PM**  
Vishkambha\* Until 6:33PM  
Gara Until 10:06AM  
**Shashthi\* Until 9:03PM**

**Ganesha:** Purple *Sunrise:* 8:08AM  
**Muruqa:** Clear *Sunset:* 4:37PM  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

Moon 12 - Phase 34  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland  
Sun 5 Sutra 248

Simha Rasi: 18.43 Tithi 22

852523465

**Gulika** 11:19AM – 12:23PM  
Yama 9:12AM – 10:16AM  
**Rahu** 12:23PM – 1:26PM

**Purvaphalguni Until 7:27PM**  
Priti Until 3:40PM  
Visti Until 8:02AM  
**Saptami Until 6:59PM**

**Ganesha:** Purple *Sunrise:* 8:08AM  
**Muruqa:** Clear *Sunset:* 4:37PM  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

Moon 12 - Phase 34  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashami/Navamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 249

Kanya Rasi: 2.53 Tithi 23 – 24

852523465

**Gulika** 10:16AM – 11:20AM  
Yama 8:09AM – 9:13AM  
**Rahu** 1:27PM – 2:30PM

**Uttaraphalguni Until 5:55PM**  
Ayushman Until 12:44PM  
Taitila Until 3:53AM Fri  
**Ashtami\* Until 4:54PM**

**Ganesha:** Purple *Sunrise:* 8:09AM  
**Muruqa:** Clear *Sunset:* 4:37PM  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

Moon 12 - Phase 34  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 5:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Winterthur, Switzerland  
Sun 7 Sutra 250

Kanya Rasi: 17.02 Tithi 24 – 25

862523465

**Gulika** 9:13AM – 10:17AM  
Yama 2:31PM – 3:34PM  
**Rahu** 11:20AM – 12:24PM

**Hasta Until 4:41PM**  
Saubhagya Until 9:50AM  
Vanija Until 1:51AM Sat  
**Navami\* Until 2:50PM**

**Ganesha:** Clear *Sunrise:* 8:10AM  
**Muruqa:** Clear *Sunset:* 4:38PM  
**Nataraja:** Clear  
Moon – Green  
**Margasira-Markali**

Moon 12 - Phase 34  
Navami

**Devaloka Day**

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Winterthur, Switzerland Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 1.09	Tithi 25 – 26	862523465	<b>Gulika</b> 8:10AM – 9:14AM <b>Yama</b> 1:28PM – 2:31PM <b>Rahu</b> 10:17AM – 11:21AM	<b>Chitra</b> Until 3:22PM Sobhana Until 6:59AM Bava Until 11:54PM Dashami Until 12:51PM	<b>Ganesha:</b> Clear <i>Sunrise: 8:10AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:38PM</i> <b>Nataraja:</b> Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 3:22PM					
Then Creative Work - Siddha Yoga					
<b>2</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Winterthur, Switzerland Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 15.13	Tithi 26 – 27	862523465	<b>Gulika</b> 2:32PM – 3:35PM <b>Yama</b> 12:25PM – 1:28PM <b>Rahu</b> 3:35PM – 4:39PM	<b>Svati</b> Until 2:03PM Sukarma Until 1:33AM Mon Kaulava Until 10:07PM Ekadashi* Until 10:58AM	<b>Ganesha:</b> Clear <i>Sunrise: 8:11AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:39PM</i> <b>Nataraja:</b> Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Margasira*Markali	Devaloka Day
Until 2:03PM					
Then Routine Work - Marana Yoga					
<b>3</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Winterthur, Switzerland Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 29.1	Tithi 27 – 28	872523465	<b>Gulika</b> 1:29PM – 2:32PM <b>Yama</b> 11:22AM – 12:25PM <b>Rahu</b> 9:15AM – 10:18AM	<b>Vishakha</b> Until 1:13PM Dhriti Until 11:07PM Gara Until 8:34PM Dvadashi* Until 9:17AM	<b>Ganesha:</b> White <i>Sunrise: 8:11AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:39PM</i> <b>Nataraja:</b> Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:13PM					
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			
<b>4</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Winterthur, Switzerland Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 12.57	Tithi 28 – 29	872523465	<b>Gulika</b> 12:26PM – 1:29PM <b>Yama</b> 10:19AM – 11:22AM <b>Rahu</b> 2:33PM – 3:36PM	<b>Anuradha</b> Until 12:31PM Shula* Until 8:54PM Visti Until 7:19PM Trayodashi* Until 7:52AM	<b>Ganesha:</b> White <i>Sunrise: 8:12AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:40PM</i> <b>Nataraja:</b> Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:31PM					
Then Routine Work - Marana Yoga					
<b>Retreat Star</b>		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Winterthur, Switzerland Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 26.32	Tithi 29 – 30	872523465	<b>Gulika</b> 11:23AM – 12:26PM <b>Yama</b> 9:16AM – 10:19AM <b>Rahu</b> 12:26PM – 1:30PM	<b>Jyeshtha*</b> Until 12:02PM Ganda* Until 7:02PM Catuspada Until 6:29PM Chaturdashi* Until 6:49AM	<b>Ganesha:</b> White <i>Sunrise: 8:12AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:41PM</i> <b>Nataraja:</b> Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:02PM					
Then Routine Work - Marana Yoga					
<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Winterthur, Switzerland Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 9.52	Tithi 30 – 1	883523465	<b>Gulika</b> 10:20AM – 11:23AM <b>Yama</b> 8:12AM – 9:16AM <b>Rahu</b> 1:30PM – 2:34PM	<b>Mula*</b> Until 12:19PM Vriddhi Until 5:34PM Kintughna Until 6:09PM Amavasya* Until 6:14AM	<b>Ganesha:</b> Orange <i>Sunrise: 8:12AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:41PM</i> <b>Nataraja:</b> Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Pausha*Markali	Devaloka Day

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau				Winterthur, Switzerland Sun 14 Sutra 257 Vikarin 5121	
Dhanus Rasi: 22.55	Tithi 1 – 2	<b>Gulika</b> 9:16AM – 10:20AM	<b>Purvashadha* Until 12:59PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:13AM				
		Yama 2:35PM – 3:38PM	Dhruva Until 4:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:42PM				Moon 12 - Phase 36
		883523466 <b>Rahu</b> 11:24AM – 12:27PM	Balava Until 6:22PM	<b>Nataraja:</b> Orange					3rd Phase
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 6:10AM</b>	<b>Moon – Light Blue</b>				<b>Devaloka Day</b>	
Until 12:59PM				<b>Pausha-Markali</b>					
Then Routine Work - Marana Yoga									

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvilya/Tritilyayam Titau				Winterthur, Switzerland Sun 15 Sutra 258 Vikarin 5121	
Makara Rasi: 5.41	Tithi 2 – 3	<b>Gulika</b> 8:13AM – 9:17AM	<b>Uttarashadha Until 2:04PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:13AM				
		Yama 1:32PM – 2:35PM	Vyaghata* Until 3:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM				Moon 12 - Phase 36
		883523466 <b>Rahu</b> 10:20AM – 11:24AM	Taitila Until 7:12PM	<b>Nataraja:</b> Orange					3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 6:42AM</b>	<b>Moon – Light Blue</b>				<b>Devaloka Day</b>	
Until 2:04PM				<b>Pausha-Markali</b>					
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Winterthur, Switzerland Sun 16 Sutra 259 Vikarin 5121	
Makara Rasi: 18.1	Tithi 3 – 4	<b>Gulika</b> 2:36PM – 3:40PM	<b>Shravana Until 4:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:13AM				
		Yama 12:28PM – 1:32PM	Harshana Until 3:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM				Moon 12 - Phase 36
		893523466 <b>Rahu</b> 3:40PM – 4:44PM	Vanija Until 8:37PM	<b>Nataraja:</b> Orange					3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 7:49AM</b>	<b>Moon – Purple</b>				<b>Devaloka Day</b>	
Until 4:02PM				<b>Pausha-Markali</b>					
Then Routine Work - Marana Yoga									

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 17 Sutra 260 Vikarin 5121	
Kumbha Rasi: 0.26	Tithi 4 – 5	<b>Gulika</b> 1:33PM – 2:37PM	<b>Dhanishtha Until 6:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:13AM				
<b>Family Home Evening</b>		Yama 11:25AM – 12:29PM	Vajra* Until 4:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM				Moon 12 - Phase 36
		893523466 <b>Rahu</b> 9:17AM – 10:21AM	Bava Until 10:31PM	<b>Nataraja:</b> Orange					3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:29AM</b>	<b>Moon – Purple</b>				<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>					

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 18 Sutra 261 Vikarin 5121	
Kumbha Rasi: 12.31	Tithi 5 – 6	<b>Gulika</b> 12:29PM – 1:33PM	<b>Shatabhishak Until 8:50PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:13AM				
		Yama 10:21AM – 11:25AM	Siddhi Until 4:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM				Moon 12 - Phase 36
		893523466 <b>Rahu</b> 2:37PM – 3:41PM	Kaulava Until 12:48AM Wed	<b>Nataraja:</b> Orange					3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 11:36AM</b>	<b>Moon – Purple</b>				<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>					

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 19 Sutra 262 Vikarin 5121	
Kumbha Rasi: 24.27	Tithi 6 – 7	<b>Gulika</b> 11:26AM – 12:30PM	<b>Purvaproshtapada* Until 11:54PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:13AM				
		Yama 9:18AM – 10:22AM	Vyatipata* Until 5:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM				Moon 12 - Phase 36
		813623466 <b>Rahu</b> 12:30PM – 1:34PM	Gara Until 3:17AM Thu	<b>Nataraja:</b> Orange					3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 2:01PM</b>	<b>Moon – Clear</b>				<b>Bhuloka Day</b>	
Until 11:54PM				<b>Pausha-Markali</b>				<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>							

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 20 Sutra 263 Vikarin 5121	
Meena Rasi: 6.2	Tithi 7 – 8	<b>Gulika</b> 10:22AM – 11:26AM	<b>Uttaraproshtapada Until 2:48AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:13AM				
		Yama 8:13AM – 9:18AM	Variyan Until 6:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM				Moon 12 - Phase 36
		813623466 <b>Rahu</b> 1:35PM – 2:39PM	Visti Until 5:46AM Fri	<b>Nataraja:</b> Orange					3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 4:31PM</b>	<b>Moon – Clear</b>				<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>				<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 264 Vikarin 5121	
Meena Rasi: 18.14	Tithi 8	<b>Gulika</b> 9:18AM – 10:22AM	<b>Revati Until 5:23AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:13AM				
		Yama 2:40PM – 3:45PM	Parigha* Until 6:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM				Moon 12 - Phase 36
		813623466 <b>Rahu</b> 11:27AM – 12:31PM	Bava Until 6:55PM	<b>Nataraja:</b> Orange					Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 6:55PM</b>	<b>Moon – Clear</b>				<b>Bhuloka Day</b>	
				<b>Pausha-Markali</b>				<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 265 Vikarin 5121	
Mesha Rasi: 0.13	Tithi 9	<b>Gulika</b> 8:13AM – 9:18AM	<b>Ashvini Until 7:54AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:13AM				
		Yama 1:36PM – 2:41PM	Shiva Until 7:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM				Moon 12 - Phase 36
		823623466 <b>Rahu</b> 10:22AM – 11:27AM	Balava Until 8:02AM	<b>Nataraja:</b> Orange					Navami
Creative Work	Siddha Yoga		<b>Navami* Until 9:01PM</b>	<b>Moon – White</b>				<b>Devaloka Day</b>	
Until 7:54AM Sun				<b>Pausha-Markali</b>					
Then Routine Work - Prabalarishta Yoga									

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1 Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.21	Tithi 10	<b>Gulika</b> 2:42PM – 3:46PM	<b>Ashvini</b> Until 7:54AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:13AM	<i>Sunset:</i> 4:51PM	Moon 12 - Phase 37 4th Phase
		Yama 12:32PM – 1:37PM	Siddha Until 7:27PM	<b>Muruqa:</b> Clear		
	823623466	<b>Rahu</b> 3:46PM – 4:51PM	Taitila Until 9:54AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 7:54AM		<b>Subramuniyaswami Jayanti</b>	<b>Dashami</b> Until 10:36PM	<b>Pausha-Markali</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2 Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Winterthur, Switzerland Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.43	Tithi 11	<b>Gulika</b> 1:38PM – 2:42PM	<b>Bharani</b> Until 9:44AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:13AM	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 37 4th Phase
<b>Family Home Evening</b>		Yama 11:28AM – 12:33PM	Sadhya Until 7:06PM	<b>Muruqa:</b> Clear		
Creative Work	Siddha Yoga	<b>Rahu</b> 9:18AM – 10:23AM	Vanija Until 11:11AM	<b>Nataraja:</b> Orange		
Until 9:44AM				Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 11:33PM	<b>Pausha-Markali</b>		

<b>3 Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.22	Tithi 12	<b>Gulika</b> 12:33PM – 1:38PM	<b>Krittika</b> Until 10:45AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:12AM	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 37 4th Phase
		Yama 10:23AM – 11:28AM	Subha Until 6:13PM	<b>Muruqa:</b> Clear		
	823623466	<b>Rahu</b> 2:43PM – 3:48PM	Bava Until 11:47AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 10:45AM			<b>Dvadashi</b> Until 11:47PM	<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.22	Tithi 13	<b>Gulika</b> 11:28AM – 12:33PM	<b>Rohini</b> Until 11:22AM	<b>Ganesha:</b> White <i>Sunrise:</i> 8:12AM	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 37 4th Phase
		Yama 9:17AM – 10:23AM	Sukla Until 4:44PM	<b>Muruqa:</b> Clear		
	833623466	<b>Rahu</b> 12:33PM – 1:39PM	Kaulava Until 11:38AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Yellow		<b>Bhuloka Day</b>
			<b>Trayodashi</b> Until 11:17PM	<b>Pausha-Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
			<i>Pradosha Vrata</i>			

<b>5 Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.44	Tithi 14	<b>Gulika</b> 10:23AM – 11:28AM	<b>Mrigashira</b> Until 11:09AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:12AM	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 37 4th Phase
		Yama 8:12AM – 9:17AM	Brahma Until 2:44PM	<b>Muruqa:</b> Clear		
	834623466	<b>Rahu</b> 1:39PM – 2:45PM	Gara Until 10:48AM	<b>Nataraja:</b> Orange		
Routine Work	Marana Yoga			Moon – Yellow		<b>Devaloka Day</b>
			<b>Chaturdashi*</b> Until 10:07PM	<b>Pausha-Markali</b>		

<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Winterthur, Switzerland Sutra 271 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:17AM – 10:23AM	<b>Ardra</b> Until 10:10AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:11AM	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 37 Purnima
Mithuna Rasi: 17.29	Tithi 15	Yama 2:46PM – 3:51PM	Indra Until 12:16PM	<b>Muruqa:</b> Clear		
		<b>Rahu</b> 11:29AM – 12:34PM	Visti Until 9:19AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>
		<b>Penumbral Lunar Eclipse</b>	<b>Purnima*</b> Until 8:22PM	<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>				

<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Winterthur, Switzerland Sutra 272 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:11AM – 9:17AM	<b>Punarvasu</b> Until 8:59AM	<b>Ganesha:</b> White <i>Sunrise:</i> 8:11AM	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 37 Prathama
Kataka Rasi: 1.34	Tithi 16	Yama 1:41PM – 2:47PM	Vaidhriti* Until 9:22AM	<b>Muruqa:</b> Clear		
		<b>Rahu</b> 10:23AM – 11:29AM	Balava Until 7:20AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – Blue		<b>Sivaloka Day</b>
			<b>Prathama*</b> Until 6:10PM	<b>Pausha-Markali</b>		



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha\* Nakshatra Vishkambha\*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:47PM - 3:54PM  
Yama 12:35PM - 1:41PM  
Rahu 3:54PM - 5:00PM

Pushya Until 7:17AM  
Vishkambha\* Until 6:12AM  
Vanija Until 2:21AM Mon  
Dvitiya Until 3:40PM

Ganesha: White  
Muruqa: Clear  
Nataraja: Orange  
Moon - Blue  
Pausha-Markali

Sunrise: 8:10AM  
Sunset: 5:00PM

Winterthur, Switzerland  
Sun 1 Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

854623466

Family Home Evening

Routine Work Marana Yoga

Until 3:21AM Tue

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:42PM - 2:48PM  
Yama 11:29AM - 12:35PM  
Rahu 9:16AM - 10:23AM

Magha\* Until 3:21AM Tue  
Ayushman Until 11:24PM  
Bava Until 11:39PM  
Tritiya Until 12:59PM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Markali

Sunrise: 8:10AM  
Sunset: 5:01PM

Winterthur, Switzerland  
Sun 2 Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 1:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:36PM - 1:42PM  
Yama 10:23AM - 11:29AM  
Rahu 2:49PM - 3:56PM

Purvaphalguni Until 1:23AM Wed  
Saubhagya Until 7:58PM  
Kaulava Until 8:57PM  
Chaturthi\* Until 10:16AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 8:09AM  
Sunset: 5:02PM

Winterthur, Switzerland  
Sun 3 Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 11:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:29AM - 12:36PM  
Yama 9:16AM - 10:22AM  
Rahu 12:36PM - 1:43PM

Uttaraphalguni Until 11:26PM  
Sobhana Until 4:40PM  
Gara Until 6:24PM  
Panchami Until 7:38AM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Orange  
Moon - Red  
Pausha-Thai

Sunrise: 8:09AM  
Sunset: 5:04PM

Winterthur, Switzerland  
Sun 4 Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

864623466

Routine Work Marana Yoga

Until 10:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 10:22AM - 11:29AM  
Yama 8:08AM - 9:15AM  
Rahu 1:44PM - 2:51PM

Hasta Until 10:00PM  
Athiganda\* Until 1:30PM  
Visti Until 4:04PM  
Saptami Until 2:59AM Fri

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 8:08AM  
Sunset: 5:05PM

Winterthur, Switzerland  
Sun 5 Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:15AM - 10:22AM  
Yama 2:52PM - 3:59PM  
Rahu 11:29AM - 12:37PM

Chitra Until 8:43PM  
Sukarma Until 10:35AM  
Balava Until 2:01PM  
Ashtami\* Until 1:06AM Sat

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 8:07AM  
Sunset: 5:06PM

Winterthur, Switzerland  
Sun 6 Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula\* Yoga Tailila/Gara Karana Navamyam Titau

Gulika 8:06AM - 9:14AM  
Yama 1:45PM - 2:53PM  
Rahu 10:22AM - 11:29AM

Svati Until 7:39PM  
Dhriti Until 7:56AM  
Tailila Until 12:19PM  
Navami\* Until 11:35PM

Ganesha: Purple  
Muruqa: Clear  
Nataraja: Orange  
Moon - Green  
Pausha-Thai

Sunrise: 8:06AM  
Sunset: 5:08PM

Winterthur, Switzerland  
Sun 7 Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami

Sivaloka Day

<b>1</b>	<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau			Winterthur, Switzerland Sun 8 Sutra 280
	Tula Rasi: 25.49	Tithi 25	<b>Gulika</b> 2:53PM – 4:01PM	<b>Vishakha</b> Until 7:14PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:06AM	Vikarin 5121
			Yama 12:37PM – 1:45PM	Ganda* Until 3:30AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:09PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	874623466 <b>Rahu</b> 4:01PM – 5:09PM	Vanija Until 10:58AM	<b>Nataraja:</b> Orange	2nd Phase
			<b>Dashami</b> Until 10:26PM	Moon – Orange	<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai		

<b>2</b>	<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau			Winterthur, Switzerland Sun 9 Sutra 281
	Vrischika Rasi: 9.23	Tithi 26	<b>Gulika</b> 1:46PM – 2:54PM	<b>Anuradha</b> Until 7:02PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 8:05AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 11:30AM – 12:38PM	Vriddhi Until 1:45AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:11PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	874623466 <b>Rahu</b> 9:13AM – 10:21AM	Bava Until 10:01AM	<b>Nataraja:</b> Orange	2nd Phase
			<b>Ekadashi*</b> Until 9:40PM	Moon – Orange	<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai		

<b>3</b>	<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau			Winterthur, Switzerland Sun 10 Sutra 282
	Vrischika Rasi: 22.43	Tithi 27	<b>Gulika</b> 12:38PM – 1:47PM	<b>Jyeshtha*</b> Until 7:05PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 8:04AM	Vikarin 5121
			Yama 10:21AM – 11:30AM	Dhruva Until 12:17AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:12PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	875623466 <b>Rahu</b> 2:55PM – 4:04PM	Kaulava Until 9:27AM	<b>Nataraja:</b> Orange	2nd Phase
			<b>Dvadashi*</b> Until 9:18PM	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM	

<b>4</b>	<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau			Winterthur, Switzerland Sun 11 Sutra 283
	Dhanus Rasi: 5.5	Tithi 28	<b>Gulika</b> 11:30AM – 12:38PM	<b>Mula*</b> Until 7:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 8:03AM	Vikarin 5121
			Yama 9:12AM – 10:21AM	Vyaghata* Until 11:10PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:14PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 <b>Rahu</b> 12:38PM – 1:47PM	Gara Until 9:18AM	<b>Nataraja:</b> Orange	2nd Phase
			<b>Trayodashi*</b> Until 9:21PM	Moon – Light Blue	<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM	

<b>5</b>	<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Winterthur, Switzerland Sun 12 Sutra 284
	Dhanus Rasi: 18.46	Tithi 29	<b>Gulika</b> 10:20AM – 11:29AM	<b>Purvashadha*</b> Until 8:51PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 8:02AM	Vikarin 5121
			Yama 8:02AM – 9:11AM	Harshana Until 10:23PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:15PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	885623466 <b>Rahu</b> 1:48PM – 2:57PM	Visti* Until 9:34AM	<b>Nataraja:</b> Orange	2nd Phase
			<b>Chaturdashi*</b> Until 9:50PM	Moon – Light Blue	<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM	

<b>●</b>	<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Winterthur, Switzerland Sun 13 Sutra 285
	<b>Retreat Star</b>		<b>Gulika</b> 9:10AM – 10:20AM	<b>Uttarashadha</b> Until 10:07PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 8:01AM	Vikarin 5121
	Makara Rasi: 1.28	Tithi 30	Yama 2:58PM – 4:07PM	Vajra* Until 9:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:17PM	Moon 1 - Phase 39
	Routine Work	Marana Yoga	885623466 <b>Rahu</b> 11:29AM – 12:39PM	Catuspada Until 10:15AM	<b>Nataraja:</b> Orange	Amavasya
			<b>Amavasya*</b> Until 10:44PM	Moon – Light Blue	<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM	

<b>●</b>	<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau			Winterthur, Switzerland Sun 14 Sutra 286
	<b>Retreat Star</b>		<b>Gulika</b> 8:00AM – 9:10AM	<b>Shravana</b> Until 12:08AM Sun	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 8:00AM	Vikarin 5121
	Makara Rasi: 13.59	Tithi 1	Yama 1:49PM – 2:59PM	Siddhi Until 9:46PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:18PM	Moon 1 - Phase 39
	Creative Work	Siddha Yoga	995623466 <b>Rahu</b> 10:20AM – 11:29AM	Kintughna Until 11:23AM	<b>Nataraja:</b> Orange	Prathama
			<b>Prathama*</b> Until 12:05AM Sun	Moon – Purple	<b>Bhuloka Day</b>	
				<b>Magha</b> -Thai	<b>Devaloka Time:</b> 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Winterthur, Switzerland Sun 15 Sutra 287	
Makara Rasi: 26.19	Tithi 2	<b>Gulika</b> 2:59PM – 4:10PM	<b>Dhanishtha</b> Until 2:21AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:59AM		Vikarin 5121	
		Yama 12:39PM – 1:49PM	Vyatipata* Until 9:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:20PM		Moon 1 - Phase 40	
		995723466 <b>Rahu</b> 4:10PM – 5:20PM	Balava Until 12:56PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 1:50AM Mon	Moon – Purple				<b>Devaloka Day</b>
Until 2:21AM Mon				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau			Winterthur, Switzerland Sun 16 Sutra 288	
Kumbha Rasi: 8.29	Tithi 3	<b>Gulika</b> 1:50PM – 3:00PM	<b>Shatabhishak</b> Until 4:45AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:58AM		Vikarin 5121	
Family Home Evening		Yama 11:29AM – 12:39PM	Variyan Until 10:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 <b>Rahu</b> 9:08AM – 10:19AM	Taitila Until 2:52PM	<b>Nataraja:</b> Orange			3rd Phase	
Until 4:45AM Tue			<b>Tritiya</b> Until 3:56AM Tue	Moon – Purple				<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>				

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Visli* Karana Chaturthyam Titau			Winterthur, Switzerland Sun 17 Sutra 289	
Kumbha Rasi: 20.32	Tithi 4	<b>Gulika</b> 12:40PM – 1:50PM	<b>Purvaprossthapada*</b> Until 7:44AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:57AM		Vikarin 5121	
		Yama 10:18AM – 11:29AM	Parigha* Until 11:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:23PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 3:01PM – 4:12PM	Vanija Until 5:06PM	<b>Nataraja:</b> Orange			3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 6:18AM Wed	Moon – Clear				<b>Sivaloka Day</b>
Until 7:44AM Wed				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Shiva Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau			Winterthur, Switzerland Sun 18 Sutra 290	
Meena Rasi: 2.28	Tithi 4 – 5	<b>Gulika</b> 11:29AM – 12:40PM	<b>Purvaprossthapada*</b> Until 7:44AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:56AM		Vikarin 5121	
		Yama 9:07AM – 10:18AM	Shiva Until 11:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:24PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 12:40PM – 1:51PM	Bava Until 7:34PM	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> Until 6:18AM	Moon – Clear				<b>Sivaloka Day</b>
Until 7:44AM				<b>Magha-Thai</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Winterthur, Switzerland Sun 19 Sutra 291	
Meena Rasi: 14.2	Tithi 5 – 6	<b>Gulika</b> 10:17AM – 11:29AM	<b>Uttaraprossthapada</b> Until 10:41AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:54AM		Vikarin 5121	
		Yama 7:54AM – 9:06AM	Siddha Until 12:40AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM		Moon 1 - Phase 40	
		915723466 <b>Rahu</b> 1:51PM – 3:03PM	Kaulava Until 10:06PM	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 8:49AM	Moon – Clear				<b>Sivaloka Day</b>
				<b>Magha-Thai</b>				

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Winterthur, Switzerland Sun 20 Sutra 292	
Meena Rasi: 26.13	Tithi 6 – 7	<b>Gulika</b> 9:05AM – 10:17AM	<b>Revati</b> Until 1:26PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:53AM		Vikarin 5121	
		Yama 3:04PM – 4:16PM	Sadhya Until 1:25AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM		Moon 1 - Phase 40	
		916723466 <b>Rahu</b> 11:28AM – 12:40PM	Gara Until 12:32AM Sat	<b>Nataraja:</b> Orange			3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 11:19AM	Moon – Clear				<b>Devaloka Day</b>
Until 1:26PM				<b>Magha-Thai</b>				
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau			Winterthur, Switzerland Sun 21 Sutra 293	
Mesha Rasi: 8.09	Tithi 7 – 8	<b>Gulika</b> 7:53AM – 9:05AM	<b>Ashvini</b> Until 4:20PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:53AM		Vikarin 5121	
		Yama 1:52PM – 3:04PM	Subha Until 1:57AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 10:17AM – 11:28AM	Visli Until 2:40AM Sun	<b>Nataraja:</b> Orange			Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 1:38PM	Moon – White				<b>Bhuloka Day</b>
				<b>Magha-Thai</b>				Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Winterthur, Switzerland Sun 22 Sutra 294	
Mesha Rasi: 20.13	Tithi 8 – 9	<b>Gulika</b> 3:05PM – 4:17PM	<b>Bharani</b> Until 6:39PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:52AM		Vikarin 5121	
		Yama 12:40PM – 1:52PM	Sukla Until 2:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM		Moon 1 - Phase 40	
		926723466 <b>Rahu</b> 4:17PM – 5:29PM	Balava Until 4:18AM Mon	<b>Nataraja:</b> Orange			Navami	
Routine Work	Prabalarishta Yoga		<b>Ashtami*</b> Until 3:32PM	Moon – White				<b>Bhuloka Day</b>
Until 6:39PM				<b>Magha-Thai</b>				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Winterthur, Switzerland Sun 23 Sutra 295 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:53PM – 3:05PM	<b>Krittika Until 8:12PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:50AM
Vrishabha Rasi: 2.3	Tithi 9 – 10	Yama 11:28AM – 12:40PM	Brahma Until 1:42AM Tue	<b>Muruḡa:</b> Clear <i>Sunset:</i> 5:30PM
<b>Family Home Evening</b>	926723466	<b>Rahu</b> 9:03AM – 10:15AM	Taitila Until 5:13AM Tue	<b>Nataraja:</b> Orange
Routine Work Marana Yoga			Navami* Until 4:50PM	Moon – White
Until 8:12PM				<b>Magha-Thai</b>
Then Creative Work - Amrita Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Winterthur, Switzerland Sun 24 Sutra 296 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:41PM – 1:53PM	<b>Rohini Until 9:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:49AM
Vrishabha Rasi: 15.05	Tithi 10 – 11	Yama 10:15AM – 11:28AM	Indra Until 12:44AM Wed	<b>Muruḡa:</b> Clear <i>Sunset:</i> 5:32PM
	936723467	<b>Rahu</b> 3:06PM – 4:19PM	Vanija Until 5:19AM Wed	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga			Dashami Until 5:21PM	Moon – Yellow
Until 9:20PM				<b>Magha-Thai</b>
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 25 Sutra 297 Vikarin 5121
<b>3</b>		<b>Gulika</b> 11:27AM – 12:41PM	<b>Mrigashira Until 9:29PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:48AM
Vrishabha Rasi: 28.04	Tithi 11 – 12	Yama 9:01AM – 10:14AM	Vaidhriti* Until 11:05PM	<b>Muruḡa:</b> Clear <i>Sunset:</i> 5:34PM
	936723467	<b>Rahu</b> 12:41PM – 1:54PM	Bava Until 4:35AM Thu	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Ekadashi Until 5:02PM	Moon – Yellow
				<b>Magha-Thai</b>
				<b>Devaloka Day</b>

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 298 Vikarin 5121
<b>4</b>		<b>Gulika</b> 10:14AM – 11:27AM	<b>Ardra Until 8:41PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:46AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 7:46AM – 9:00AM	Vishkambha* Until 8:48PM	<b>Muruḡa:</b> Clear <i>Sunset:</i> 5:35PM
	936723467	<b>Rahu</b> 1:54PM – 3:08PM	Kaulava Until 3:03AM Fri	<b>Nataraja:</b> Clear
Routine Work Marana Yoga			Dvadashi Until 3:54PM	Moon – Yellow
Until 8:41PM				<b>Magha-Thai</b>
Then Creative Work - Amrita Yoga				<b>Devaloka Day</b>
				<i>Pradosha Vrata</i>

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 299 Vikarin 5121
<b>5</b>		<b>Gulika</b> 8:59AM – 10:13AM	<b>Punarvasu Until 7:28PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:45AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 3:09PM – 4:23PM	Priti Until 5:57PM	<b>Muruḡa:</b> Clear <i>Sunset:</i> 5:37PM
	947723467	<b>Rahu</b> 11:27AM – 12:41PM	Gara Until 12:50AM Sat	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Trayodashi Until 2:00PM	Moon – Blue
Until 7:28PM				<b>Magha-Thai</b>
Then Routine Work - Marana Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Winterthur, Switzerland Sutra 300 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 7:43AM – 8:58AM	<b>Pushya Until 5:31PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:43AM
Kataka Rasi: 9.39	Tithi 14 – 15	Yama 1:55PM – 3:10PM	Ayushman Until 2:36PM	<b>Muruḡa:</b> Clear <i>Sunset:</i> 5:38PM
	947723467	<b>Rahu</b> 10:12AM – 11:27AM	Visti Until 10:03PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Chaturdashi* Until 11:29AM	Moon – Blue
Until 5:31PM		<b>Thai Pusam</b>		<b>Magha-Thai</b>
Then Routine Work - Marana Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Winterthur, Switzerland Sutra 301 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:10PM – 4:25PM	<b>Ashlesha* Until 3:01PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:42AM
Kataka Rasi: 24.19	Tithi 15 – 16	Yama 12:41PM – 1:56PM	Saubhagya Until 10:54AM	<b>Muruḡa:</b> Clear <i>Sunset:</i> 5:40PM
	947723467	<b>Rahu</b> 4:25PM – 5:40PM	Balava Until 6:54PM	<b>Nataraja:</b> Clear
Creative Work Siddha Yoga			Purnima* Until 8:30AM	Moon – Blue
Until 3:01PM				<b>Magha-Thai</b>
Then Routine Work - Marana Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM





Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland

Sutra 302

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 9.14 Tithi 17

Family Home Evening 957723467

Routine Work Marana Yoga

Until 12:33PM

Then Creative Work - Siddha Yoga

Gulika 1:56PM - 3:11PM

Yama 11:26AM - 12:41PM

Rahu 8:56AM - 10:11AM

Magha\* Until 12:33PM

Sobhana Until 6:59AM

Taitila Until 3:31PM

Dvitiya Until 1:47AM Tue

Ganesha: Red Sunrise: 7:41AM

Muruqa: Clear Sunset: 5:41PM

Nataraja: Clear

Moon - Red  
Magha\*Thai

Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 303

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Simha Rasi: 24.14 Tithi 18

957723467

Creative Work Siddha Yoga

Until 9:52AM

Then Creative Work - Amrita Yoga

Gulika 12:41PM - 1:56PM

Yama 10:10AM - 11:25AM

Rahu 3:12PM - 4:27PM

Purvaphalguni Until 9:52AM

Sukarma Until 10:57PM

Vanija Until 12:06PM

Tritiya Until 10:24PM

Ganesha: Red Sunrise: 7:39AM

Muruqa: Clear Sunset: 5:43PM

Nataraja: Clear

Moon - Red  
Magha\*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Winterthur, Switzerland

Sun 2 Sutra 304

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 9.12 Tithi 19

957723467

Creative Work Amrita Yoga

Until 7:08AM

Then Routine Work - Marana Yoga

Gulika 11:25AM - 12:41PM

Yama 8:53AM - 10:09AM

Rahu 12:41PM - 1:57PM

Uttaraphalguni Until 7:08AM

Dhriti Until 7:07PM

Bava Until 8:47AM

Chaturthi\* Until 7:11PM

Ganesha: Red Sunrise: 7:37AM

Muruqa: Clear Sunset: 5:44PM

Nataraja: Clear

Moon - Red  
Magha\*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland

Sun 3 Sutra 305

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Kanya Rasi: 23.58 Tithi 20 - 21

967723467

Creative Work Siddha Yoga

Gulika 10:08AM - 11:25AM

Yama 7:36AM - 8:52AM

Rahu 1:57PM - 3:13PM

Chitra Until 2:58AM Fri

Shula\* Until 3:32PM

Gara Until 3:03AM Fri

Panchami Until 4:19PM

Ganesha: Green Sunrise: 7:36AM

Muruqa: Clear Sunset: 5:46PM

Nataraja: Clear

Moon - Green  
Magha\*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhdi Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland

Sun 4 Sutra 306

Vikarin 5121

Moon 2 - Phase 42

1st Phase

Tula Rasi: 8.28 Tithi 21 - 22

968723467

Creative Work Siddha Yoga

Gulika 8:51AM - 10:08AM

Yama 3:14PM - 4:31PM

Rahu 11:24AM - 12:41PM

Svati Until 1:23AM Sat

Ganda\* Until 12:20PM

Vistii Until 12:54AM Sat

Shashthi\* Until 1:53PM

Ganesha: White Sunrise: 7:34AM

Muruqa: Clear Sunset: 5:48PM

Nataraja: Clear

Moon - Green  
Magha\*Masi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 307

Vikarin 5121

Moon 2 - Phase 42

Ashtami

Tula Rasi: 22.36 Tithi 22 - 23

978723467

Creative Work Siddha Yoga

Until 12:39AM Sun

Then Routine Work - Marana Yoga

Gulika 7:33AM - 8:50AM

Yama 1:58PM - 3:15PM

Rahu 10:07AM - 11:24AM

Vishakha Until 12:39AM Sun

Vridhdi Until 9:35AM

Balava Until 11:19PM

Saptami Until 12:01PM

Ganesha: Clear Sunrise: 7:33AM

Muruqa: Clear Sunset: 5:49PM

Nataraja: Clear

Moon - Orange  
Magha\*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 308

Vikarin 5121

Moon 2 - Phase 42

Navami

Vrischika Rasi: 6.22 Tithi 23 - 24

978723467

Routine Work Marana Yoga

Until 12:23AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:16PM - 4:33PM

Yama 12:41PM - 1:58PM

Rahu 4:33PM - 5:51PM

Anuradha Until 12:23AM Mon

Dhruva Until 7:17AM

Taitila Until 10:22PM

Ashtami\* Until 10:44AM

Ganesha: Clear Sunrise: 7:31AM

Muruqa: Clear Sunset: 5:51PM

Nataraja: Clear

Moon - Orange  
Magha\*Masi

Devaloka Day

<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Winterthur, Switzerland Sun 7 Sutra 309 Vikarin 5121	
<b>1</b>	Vrischika Rasi: 19.46 Tithi 24 – 25 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 12:33AM Tue Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:59PM – 3:16PM Yama 11:23AM – 12:41PM <b>Rahu</b> 8:47AM – 10:05AM	<b>Jyeshtha* Until 12:33AM Tue</b> Harshana Until 4:12AM Tue Vanija Until 10:01PM <b>Navami* Until 10:06AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:29AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:52PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Magha-Masi</b>	Moon 2 - Phase 43 2nd Phase <b>Devaloka Day</b>

<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 8 Sutra 310 Vikarin 5121	
<b>2</b>	Dhanus Rasi: 2.5 Tithi 25 – 26 Creative Work Amrita Yoga	<b>Gulika</b> 12:41PM – 1:59PM Yama 10:04AM – 11:22AM <b>Rahu</b> 3:17PM – 4:35PM	<b>Mula* Until 1:36AM Wed</b> Vajra* Until 3:19AM Wed Bava Until 10:16PM <b>Dashami Until 10:03AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:28AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:54PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Winterthur, Switzerland Sun 9 Sutra 311 Vikarin 5121	
<b>3</b>	Dhanus Rasi: 15.39 Tithi 26 – 27 Creative Work Amrita Yoga Until 2:58AM Thu Then Routine Work - Marana Yoga	<b>Gulika</b> 11:22AM – 12:41PM Yama 8:45AM – 10:03AM <b>Rahu</b> 12:41PM – 1:59PM	<b>Purvashadha* Until 2:58AM Thu</b> Siddhi Until 2:49AM Thu Kaulava Until 11:01PM <b>Ekadashi* Until 10:34AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:26AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:55PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Winterthur, Switzerland Sun 10 Sutra 312 Vikarin 5121	
<b>4</b>	Dhanus Rasi: 28.14 Tithi 27 – 28 Routine Work Marana Yoga	<b>Gulika</b> 10:02AM – 11:21AM Yama 7:24AM – 8:43AM <b>Rahu</b> 2:00PM – 3:19PM	<b>Uttarashadha Until 4:35AM Fri</b> Vyatipata* Until 2:40AM Fri Gara Until 12:12AM Fri <b>Dvadashi* Until 11:32AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:24AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:57PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Magha-Masi</b>	Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata (Fasting)*

<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Winterthur, Switzerland Sun 11 Sutra 313 Vikarin 5121	
<b>5</b>	Makara Rasi: 10.38 Tithi 28 – 29 Routine Work Marana Yoga Until 6:52AM Sat Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:42AM – 10:01AM Yama 3:19PM – 4:39PM <b>Rahu</b> 11:21AM – 12:40PM	<b>Shravana Until 6:52AM Sat</b> Variyan Until 2:45AM Sat Vistil Until 1:45AM Sat <b>Trayodashi* Until 12:55PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:22AM</i> <b>Muruqa:</b> Clear <i>Sunset: 5:58PM</i> <b>Nataraja:</b> Clear Moon – Purple <b>Magha-Masi</b>	Moon 2 - Phase 43 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Winterthur, Switzerland Sun 12 Sutra 314 Vikarin 5121	
<b>Retreat Star</b>	Makara Rasi: 22.53 Tithi 29 – 30 Creative Work Siddha Yoga	<b>Gulika</b> 7:21AM – 8:41AM Yama 2:00PM – 3:20PM <b>Rahu</b> 10:00AM – 11:20AM	<b>Shravana Until 6:52AM</b> Parigha* Until 3:04AM Sun Catuspada Until 3:36AM Sun <b>Chaturdashi* Until 2:37PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:21AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:00PM</i> <b>Nataraja:</b> Clear Moon – Purple <b>Magha-Masi</b>	Moon 2 - Phase 43 Amavasya <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Winterthur, Switzerland Sun 13 Sutra 315 Vikarin 5121	
<b>Retreat Star</b>	Kumbha Rasi: 5.01 Tithi 30 – 1 Routine Work Marana Yoga Until 9:16AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:21PM – 4:41PM Yama 12:40PM – 2:00PM <b>Rahu</b> 4:41PM – 6:01PM	<b>Dhanishtha Until 9:16AM</b> Shiva Until 3:36AM Mon Kintughna Until 5:42AM Mon <b>Amavasya* Until 4:36PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:19AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:01PM</i> <b>Nataraja:</b> Clear Moon – Purple <b>Phalgun-Masi</b>	Moon 2 - Phase 43 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau				Winterthur, Switzerland Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 17.03 Family Home Evening Creative Work Siddha Yoga Until 11:43AM Then Routine Work - Marana Yoga	Tithi 1 999823467	<b>Gulika</b> 2:01PM – 3:21PM Yama 11:19AM – 12:40PM <b>Rahu</b> 8:38AM – 9:59AM	<b>Shatabhishak</b> Until 11:43AM Siddha Until 4:15AM Tue Bava Until 6:48PM <b>Prathama*</b> Until 6:48PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Sunrise: 7:17AM Sunset: 6:03PM Moon 2 - Phase 44 3rd Phase
<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Winterthur, Switzerland Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Kumbha Rasi: 29.01 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Tithi 2 919823467	<b>Gulika</b> 12:40PM – 2:01PM Yama 9:58AM – 11:19AM <b>Rahu</b> 3:22PM – 4:43PM	<b>Purvaproshtapada*</b> Until 2:41PM Sadhya Until 5:02AM Wed Balava Until 8:00AM <b>Dvitiya</b> Until 9:11PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Devaloka Day</b> Sunrise: 7:15AM Sunset: 6:04PM Moon 2 - Phase 44 3rd Phase
<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Winterthur, Switzerland Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 10.55 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	Tithi 3 919823467	<b>Gulika</b> 11:18AM – 12:40PM Yama 8:35AM – 9:57AM <b>Rahu</b> 12:40PM – 2:01PM	<b>Uttaraproshtapada</b> Until 5:36PM Subha Until 5:55AM Thu Tailila Until 10:27AM <b>Tritiya</b> Until 11:41PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Devaloka Day</b> Sunrise: 7:13AM Sunset: 6:06PM Moon 2 - Phase 44 3rd Phase
<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Winterthur, Switzerland Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 22.47 Creative Work Siddha Yoga Until 8:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	<b>Gulika</b> 9:56AM – 11:18AM Yama 7:12AM – 8:34AM <b>Rahu</b> 2:01PM – 3:23PM	<b>Revati</b> Until 8:25PM Sukla Until 6:45AM Fri Vanija Until 12:58PM <b>Chaturthi*</b> Until 2:12AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Devaloka Day</b> Sunrise: 7:12AM Sunset: 6:07PM Moon 2 - Phase 44 3rd Phase
<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Winterthur, Switzerland Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 4.39 Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	<b>Gulika</b> 8:32AM – 9:55AM Yama 3:24PM – 4:47PM <b>Rahu</b> 11:17AM – 12:39PM	<b>Ashvini</b> Until 11:29PM Sukla Until 6:45AM Bava Until 3:27PM <b>Panchami</b> Until 4:37AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Sunrise: 7:10AM Sunset: 6:09PM Moon 2 - Phase 44 3rd Phase
<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Winterthur, Switzerland Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 16.34 Creative Work Siddha Yoga	Tithi 6 921823467	<b>Gulika</b> 7:08AM – 8:31AM Yama 2:02PM – 3:25PM <b>Rahu</b> 9:54AM – 11:16AM	<b>Bharani</b> Until 2:10AM Sun Brahma Until 7:31AM Kaulava Until 5:45PM <b>Shashthi*</b> Until 6:45AM Sun	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Sunrise: 7:08AM Sunset: 6:10PM Moon 2 - Phase 44 3rd Phase
<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>	Mesha Rasi: 28.35 Creative Work Siddha Yoga Until 4:16AM Mon Then Creative Work - Amrita Yoga	Tithi 6 – 7 921833467	<b>Gulika</b> 3:26PM – 4:50PM Yama 12:39PM – 2:02PM <b>Rahu</b> 4:50PM – 6:13PM	<b>Krittika</b> Until 4:16AM Mon Indra Until 8:05AM Gara Until 7:41PM <b>Shashthi*</b> Until 6:45AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Sunrise: 7:04AM Sunset: 6:13PM Moon 2 - Phase 44 3rd Phase
<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>	Vrishabha Rasi: 10.48 Family Home Evening Creative Work Amrita Yoga Until 6:04AM Tue Then Creative Work - Siddha Yoga	Tithi 7 – 8 931833467	<b>Gulika</b> 2:03PM – 3:27PM Yama 11:14AM – 12:39PM <b>Rahu</b> 8:26AM – 9:50AM	<b>Rohini</b> Until 6:04AM Tue Vaidhriti* Until 8:14AM Visti Until 9:01PM <b>Saptami</b> Until 8:25AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b> Sunrise: 7:02AM Sunset: 6:15PM Moon 2 - Phase 44 Ashtami
<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>	Vrishabha Rasi: 23.17 Creative Work Amrita Yoga Until 6:04AM Then Creative Work - Siddha Yoga	Tithi 8 – 9 931833467	<b>Gulika</b> 12:38PM – 2:03PM Yama 9:49AM – 11:14AM <b>Rahu</b> 3:27PM – 4:52PM	<b>Rohini</b> Until 6:04AM Vishkambha* Until 7:54AM Balava Until 9:36PM <b>Ashtami*</b> Until 9:23AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b> Sunrise: 7:00AM Sunset: 6:16PM Moon 2 - Phase 44 Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Winterthur, Switzerland Sun 23 Sutra 325	
Mithuna Rasi: 6.09	Tithi 9 – 10	<b>Gulika</b> 11:13AM – 12:38PM	<b>Mrigashira</b> Until 6:55AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:58AM	Vikarin 5121	
		Yama 8:23AM – 9:48AM	Priti Until 6:57AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 45	
931833467	<b>Rahu</b> 12:38PM – 2:03PM		Taitila Until 9:19PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 9:33AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Phalguna-Masi</b>			

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Winterthur, Switzerland Sun 24 Sutra 326	
Mithuna Rasi: 19.28	Tithi 10 – 11	<b>Gulika</b> 9:47AM – 11:13AM	<b>Ardra</b> Until 6:47AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:56AM	Vikarin 5121	
		Yama 6:56AM – 8:22AM	Saubhagya Until 2:58AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 45	
131833467	<b>Rahu</b> 2:03PM – 3:29PM		Vanija Until 8:09PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 8:49AM	Moon – Yellow		<b>Devaloka Day</b>	
Until 6:47AM				<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Winterthur, Switzerland Sun 25 Sutra 327	
Kataka Rasi: 3.16	Tithi 11 – 12	<b>Gulika</b> 8:20AM – 9:46AM	<b>Punarvasu</b> Until 6:05AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:55AM	Vikarin 5121	
		Yama 3:29PM – 4:55PM	Sobhana Until 12:00AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 45	
141833467	<b>Rahu</b> 11:12AM – 12:38PM		Bava Until 6:10PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:14AM	Moon – Blue		<b>Bhuloka Day</b>	
Until 6:05AM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Winterthur, Switzerland Sun 26 Sutra 328	
Kataka Rasi: 17.34	Tithi 13	<b>Gulika</b> 6:53AM – 8:19AM	<b>Ashlesha*</b> Until 2:07AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:53AM	Vikarin 5121	
		Yama 2:04PM – 3:30PM	Athiganda* Until 8:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 45	
141833467	<b>Rahu</b> 9:45AM – 11:11AM		Kaulava Until 3:29PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 1:54AM Sun	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

*Pradosha Vrata*

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Winterthur, Switzerland Sun 27 Sutra 329	
Simha Rasi: 2.19	Tithi 14	<b>Gulika</b> 3:30PM – 4:57PM	<b>Magha*</b> Until 11:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:51AM	Vikarin 5121	
		Yama 12:37PM – 2:04PM	Sukarma Until 4:34PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 45	
151833467	<b>Rahu</b> 4:57PM – 6:24PM		Gara Until 12:15PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 10:27PM	Moon – Red		<b>Devaloka Day</b>	
Until 11:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Winterthur, Switzerland Sutra 330	
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:04PM – 3:31PM	<b>Purvaphalguni</b> Until 8:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:49AM	Vikarin 5121	
Simha Rasi: 17.24	Tithi 15	Yama 11:10AM – 12:37PM	Dhriti Until 12:23PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 45	
<b>Family Home Evening</b>	152833467	<b>Rahu</b> 8:16AM – 9:43AM	Visti Until 8:38AM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 6:43PM	Moon – Red		<b>Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalguna-Masi</b>			

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sutra 331	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:37PM – 2:04PM	<b>Uttaraphalguni</b> Until 5:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:47AM	Vikarin 5121	
Kanya Rasi: 2.4	Tithi 16 – 17	Yama 9:42AM – 11:09AM	Shula* Until 8:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 45	
152833467	<b>Rahu</b> 3:32PM – 4:59PM		Taitila Until 12:59AM Wed	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 2:53PM	Moon – Red		<b>Sivaloka Day</b>	
Until 5:22PM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Winterthur, Switzerland

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

Gulika

11:08AM - 12:36PM

Yama

8:13AM - 9:41AM

Rahu

12:36PM - 2:04PM

Hasta Until 2:31PM

Vriddhi Until 11:31PM

Vanija Until 9:18PM

Dvitiya Until 11:06AM

Ganesha: Clear

Sunrise: 6:45AM

Muruqa: Orange

Sunset: 6:28PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Winterthur, Switzerland

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.02 Tithi 18 - 19

162833467

Gulika

9:39AM - 11:08AM

Yama

6:43AM - 8:11AM

Rahu

2:04PM - 3:33PM

Chitra Until 11:49AM

Dhruva Until 7:36PM

Balava Until 4:25AM Fri

Tritiya Until 7:33AM

Ganesha: Clear

Sunrise: 6:43AM

Muruqa: Orange

Sunset: 6:29PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

Until 11:49AM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Winterthur, Switzerland

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.5 Tithi 20

162833467

Gulika

8:10AM - 9:38AM

Yama

3:33PM - 5:02PM

Rahu

11:07AM - 12:36PM

Svati Until 9:24AM

Vyaghata\* Until 4:06PM

Kaulava Until 3:04PM

Panchami Until 1:50AM Sat

Ganesha: Clear

Sunrise: 6:41AM

Muruqa: Orange

Sunset: 6:31PM

Nataraja: Clear

Moon - Green

Devaloka Day

Phalguna-Masi

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau

Winterthur, Switzerland

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.14 Tithi 21

172833467

Gulika

6:39AM - 8:08AM

Yama

2:05PM - 3:34PM

Rahu

9:37AM - 11:06AM

Vishakha Until 7:51AM

Harshana Until 1:08PM

Gara Until 12:49PM

Shashthi\* Until 11:56PM

Ganesha: Purple

Sunrise: 6:39AM

Muruqa: Orange

Sunset: 6:32PM

Nataraja: Clear

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Winterthur, Switzerland

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.1 Tithi 22

172833468

Gulika

3:34PM - 5:04PM

Yama

12:35PM - 2:05PM

Rahu

5:04PM - 6:34PM

Anuradha Until 6:52AM

Vajra\* Until 10:44AM

Visti Until 11:17AM

Saptami Until 10:48PM

Ganesha: Purple

Sunrise: 6:37AM

Muruqa: Orange

Sunset: 6:34PM

Nataraja: Purple

Moon - Orange

Subha Sivaloka Day

Phalguna-Panguni

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Winterthur, Switzerland

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.37 Tithi 23

172933468

Gulika

2:05PM - 3:35PM

Yama

11:05AM - 12:35PM

Rahu

8:05AM - 9:35AM

Jyeshtha\* Until 6:31AM

Siddhi Until 8:58AM

Balava Until 10:33AM

Ashtami\* Until 10:28PM

Ganesha: Clear

Sunrise: 6:35AM

Muruqa: Orange

Sunset: 6:35PM

Nataraja: Purple

Moon - Orange

Sivaloka Day

Phalguna-Panguni

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Vyatipata\*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Winterthur, Switzerland

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.4 Tithi 24

182933468

Gulika

12:35PM - 2:05PM

Yama

9:34AM - 11:04AM

Rahu

3:36PM - 5:06PM

Mula\* Until 7:13AM

Vyatipata\* Until 7:50AM

Taitila Until 10:36AM

Navami\* Until 10:52PM

Ganesha: Purple

Sunrise: 6:33AM

Muruqa: Orange

Sunset: 6:37PM

Nataraja: Purple

Moon - Light Blue

Devaloka Day

Phalguna-Panguni

Creative Work Amrita Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Winterthur, Switzerland Sun 8 Sutra 339
Dhanus Rasi: 25.22	Tithi 25	<b>Gulika</b> 11:03AM – 12:34PM	<b>Purvashadha* Until 8:29AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:31AM	Vikarin 5121
		Yama 8:02AM – 9:33AM	Variyan Until 7:14AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:38PM	Moon 3 - Phase 47
182933468	<b>Rahu</b> 12:34PM – 2:05PM		Vanija Until 11:21AM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Amrita Yoga		<b>Dashami Until 11:57PM</b>	Moon – Light Blue	<b>Devaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Winterthur, Switzerland Sun 9 Sutra 340
Makara Rasi: 7.46	Tithi 26	<b>Gulika</b> 9:31AM – 11:03AM	<b>Uttarashadha Until 10:10AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 6:29AM – 8:00AM	Parigha* Until 7:07AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:39PM	Moon 3 - Phase 47
182933468	<b>Rahu</b> 2:05PM – 3:37PM		Bava Until 12:42PM	<b>Nataraja:</b> Purple	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 1:32AM Fri</b>	Moon – Light Blue	<b>Devaloka Day</b>
Until 10:10AM				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Winterthur, Switzerland Sun 10 Sutra 341
Makara Rasi: 19.59	Tithi 27	<b>Gulika</b> 7:58AM – 9:30AM	<b>Shravana Until 12:37PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:27AM	Vikarin 5121
		Yama 3:37PM – 5:09PM	Shiva Until 7:23AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 47
192933468	<b>Rahu</b> 11:02AM – 12:34PM		Kaulava Until 2:30PM	<b>Nataraja:</b> Purple	2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 3:29AM Sat</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 12:37PM				<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Winterthur, Switzerland Sun 11 Sutra 342
Kumbha Rasi: 2.03	Tithi 28	<b>Gulika</b> 6:25AM – 7:57AM	<b>Dhanishtha Until 3:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM	Vikarin 5121
		Yama 2:06PM – 3:38PM	Siddha Until 7:53AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 47
192933468	<b>Rahu</b> 9:29AM – 11:01AM		Gara Until 4:36PM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 5:42AM Sun</b>	Moon – Purple	<b>Sivaloka Day</b>
Until 3:12PM				<b>Phalguna-Panguni</b>	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvashadha Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau	Winterthur, Switzerland Sun 12 Sutra 343
Kumbha Rasi: 14.02	Tithi 29	<b>Gulika</b> 3:38PM – 5:11PM	<b>Shatabhishak Until 5:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM	Vikarin 5121
		Yama 12:33PM – 2:06PM	Sadhya Until 8:34AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:44PM	Moon 3 - Phase 47
192933468	<b>Rahu</b> 5:11PM – 6:44PM		Visti Until 6:53PM	<b>Nataraja:</b> Purple	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:03AM Mon</b>	Moon – Purple	<b>Sivaloka Day</b>
				<b>Phalguna-Panguni</b>	

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha/Purvashadha Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Winterthur, Switzerland Sun 13 Sutra 344
Kumbha Rasi: 25.58	Tithi 29 – 30	<b>Gulika</b> 2:06PM – 3:39PM	<b>Purvashadha* Until 8:51PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:21AM	Vikarin 5121
<b>Family Home Evening</b>	113933468	Yama 11:00AM – 12:33PM	Subha Until 9:22AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:45PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	<b>Rahu</b> 7:54AM – 9:27AM	Catuspada Until 9:17PM	<b>Nataraja:</b> Purple	Amavasya
Until 8:51PM			<b>Chaturdashi* Until 8:03AM</b>	Moon – Clear	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>	

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Winterthur, Switzerland Sun 14 Sutra 345
Meena Rasi: 7.51	Tithi 30 – 1	<b>Gulika</b> 12:33PM – 2:06PM	<b>Uttarashadha* Until 11:47PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:19AM	Vikarin 5121
		Yama 9:26AM – 10:59AM	Sukla Until 10:12AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:46PM	Moon 3 - Phase 47
113933468	<b>Rahu</b> 3:39PM – 5:13PM		Kintughna Until 11:43PM	<b>Nataraja:</b> Purple	Prathama
Creative Work	Amrita Yoga		<b>Amavasya* Until 10:28AM</b>	Moon – Clear	<b>Sivaloka Day</b>
Until 11:47PM		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>	
Then Creative Work - Siddha Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Winterthur, Switzerland Sun 15 Sutra 346	
Meena Rasi: 19.44	Tithi 1 – 2	<b>Gulika</b> 10:58AM – 12:32PM	<b>Revati Until 2:33AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM		Vikarin 5121
		Yama 7:51AM – 9:24AM	Brahma Until 11:04AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:48PM		Moon 3 - Phase 48
		113933468 <b>Rahu</b> 12:32PM – 2:06PM	Balava Until 2:10AM Thu	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga		<b>Prathama* Until 12:55PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 2:33AM Thu				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Winterthur, Switzerland Sun 16 Sutra 347	
Mesha Rasi: 1.37	Tithi 2 – 3	<b>Gulika</b> 9:23AM – 10:58AM	<b>Ashvini Until 5:36AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:15AM		Vikarin 5121
		Yama 6:15AM – 7:49AM	Indra Until 11:55AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:49PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 2:06PM – 3:41PM	Taitila Until 4:33AM Fri	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 3:21PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 5:36AM Fri		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Winterthur, Switzerland Sun 17 Sutra 348	
Mesha Rasi: 13.31	Tithi 3 – 4	<b>Gulika</b> 7:47AM – 9:22AM	<b>Bharani Until 8:19AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:13AM		Vikarin 5121
		Yama 3:41PM – 5:16PM	Vaidhriti* Until 12:41PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:51PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 10:57AM – 12:32PM	Vanija Until 6:47AM Sat	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 5:40PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 8:19AM Sat				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Winterthur, Switzerland Sun 18 Sutra 349	
Mesha Rasi: 25.29	Tithi 4	<b>Gulika</b> 6:11AM – 7:46AM	<b>Bharani Until 8:19AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:11AM		Vikarin 5121
		Yama 2:07PM – 3:42PM	Vishkambha* Until 1:20PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:52PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 9:21AM – 10:56AM	Vanija Until 6:47AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 7:47PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 8:19AM				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Winterthur, Switzerland Sun 19 Sutra 350	
Virshabha Rasi: 7.34	Tithi 5	<b>Gulika</b> 3:42PM – 5:18PM	<b>Krittika Until 10:37AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:09AM		Vikarin 5121
		Yama 12:31PM – 2:07PM	Priti Until 1:46PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:53PM		Moon 3 - Phase 48
		123933468 <b>Rahu</b> 5:18PM – 6:53PM	Bava Until 8:44AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 9:33PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Winterthur, Switzerland Sun 20 Sutra 351	
Virshabha Rasi: 19.48	Tithi 6	<b>Gulika</b> 2:07PM – 3:43PM	<b>Rohini Until 12:50PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:07AM		Vikarin 5121
<b>Family Home Evening</b>		Yama 10:55AM – 12:31PM	Ayushman Until 1:50PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:55PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 7:43AM – 9:19AM	Kaulava Until 10:16AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 10:49PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Winterthur, Switzerland Sun 21 Sutra 352	
Mithuna Rasi: 2.16	Tithi 7	<b>Gulika</b> 12:30PM – 2:07PM	<b>Mrigashira Until 2:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM		Vikarin 5121
		Yama 9:18AM – 10:54AM	Saubhagya Until 1:26PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:56PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 3:43PM – 5:20PM	Gara Until 11:13AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 11:25PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 2:17PM				<b>Chaitra•Panguni</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Winterthur, Switzerland Sun 22 Sutra 353	
Mithuna Rasi: 15.04	Tithi 8	<b>Gulika</b> 10:54AM – 12:30PM	<b>Ardra Until 2:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM		Vikarin 5121
		Yama 7:41AM – 9:18AM	Sobhana Until 12:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:56PM		Moon 3 - Phase 48
		133933468 <b>Rahu</b> 12:30PM – 2:07PM	Visti Until 11:26AM	<b>Nataraja:</b> Purple			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:14PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau		Winterthur, Switzerland Sun 23 Sutra 354	
Mithuna Rasi: 28.16	Tithi 9	<b>Gulika</b> 9:16AM – 10:53AM	<b>Punarvasu Until 2:59PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:03AM		Vikarin 5121
		Yama 6:03AM – 7:40AM	Athiganda* Until 10:52AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:58PM		Moon 3 - Phase 48
		143933468 <b>Rahu</b> 2:07PM – 3:44PM	Balava Until 10:51AM	<b>Nataraja:</b> Purple			Navami
Creative Work	Amrita Yoga		<b>Navami* Until 10:13PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>	<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Winterthur, Switzerland Sun 24 Sutra 355
	Kataka Rasi: 11.55	Tithi 10	<b>Gulika</b> 7:38AM – 9:15AM	<b>Pushya</b> Until 2:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:01AM	Vikarin 5121
			Yama 3:44PM – 5:22PM	Sukarma Until 8:37AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:53AM – 12:30PM	Taitila Until 9:26AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Yogaswami Mahasamadhi</b>	<b>Dashami</b> Until 8:25PM	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>	

<b>2</b>	<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 25 Sutra 356
	Kataka Rasi: 26.04	Tithi 11 – 12	<b>Gulika</b> 5:59AM – 7:36AM	<b>Ashlesha*</b> Until 12:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	Vikarin 5121
			Yama 2:07PM – 3:45PM	Shula* Until 2:20AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 <b>Rahu</b> 9:14AM – 10:52AM	Vanija Until 7:15AM	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadashi</b> Until 5:54PM	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>		
			Until 12:24PM				
			Then Creative Work - Amrita Yoga				

<b>3</b>	<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Winterthur, Switzerland Sun 26 Sutra 357
	Simha Rasi: 10.39	Tithi 12 – 13	<b>Gulika</b> 3:46PM – 5:24PM	<b>Magha*</b> Until 10:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:57AM	Vikarin 5121
			Yama 12:29PM – 2:07PM	Ganda* Until 10:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	153933468 <b>Rahu</b> 5:24PM – 7:02PM	Kaulava Until 1:05AM Mon	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashi</b> Until 2:47PM	<b>Chaitra•Panguni</b>	<b>Subha Sivaloka Day</b>		
			Until 10:19AM				
			Then Creative Work - Siddha Yoga	<i>Pradosha Vrata</i>			

<b>4</b>	<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Winterthur, Switzerland Sun 27 Sutra 358
	Simha Rasi: 25.37	Tithi 13 – 14	<b>Gulika</b> 2:08PM – 3:46PM	<b>Purvaphalguni</b> Until 7:38AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:50AM – 12:29PM	Vridhhi Until 6:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:33AM – 9:12AM	Gara Until 9:23PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi</b> Until 11:15AM	<b>Chaitra•Panguni</b>	<b>Sivaloka Day</b>		

	<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Winterthur, Switzerland Sun 28 Sutra 359
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:29PM – 2:08PM	<b>Hasta</b> Until 1:34AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	Vikarin 5121
	Kanya Rasi: 10.5	Tithi 14 – 15	Yama 9:11AM – 10:50AM	Dhruva Until 2:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:05PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:47PM – 5:26PM	Bava Until 3:33AM Wed	<b>Nataraja:</b> Purple		Purnima
			<b>Chaturdashi*</b> Until 7:27AM	<b>Chaitra•Panguni</b>	<b>Devaloka Day</b>		
			<b>Panguni Uttiram</b>				
			<b>Hanuman Jayanti</b>				

	<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Winterthur, Switzerland Sun 29 Sutra 360
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:49AM – 12:28PM	<b>Chitra</b> Until 10:33PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:51AM	Vikarin 5121
	Kanya Rasi: 26.08	Tithi 16	Yama 7:30AM – 9:10AM	Vyaghata* Until 9:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 12:28PM – 2:08PM	Balava Until 1:39PM	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama*</b> Until 11:45PM	<b>Chaitra•Panguni</b>	<b>Devaloka Day</b>		





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Winterthur, Switzerland  
Sutra 361

Tula Rasi: 11.21 Tithi 17

**Gulika** 9:09AM – 10:48AM  
Yama 5:49AM – 7:29AM  
164134468 **Rahu** 2:08PM – 3:48PM

**Svati** Until 7:39PM  
Vajra\* Until 1:28AM Fri  
Taitila Until 9:57AM  
Dvitiya Until 8:12PM

**Ganesha:** White *Sunrise:* 5:49AM  
**Muruqa:** Clear *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Creative Work Amrita Yoga  
Until 7:39PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Winterthur, Switzerland  
Sun 1 Sutra 362

Tula Rasi: 26.19 Tithi 18 – 19

**Gulika** 7:27AM – 9:07AM  
Yama 3:48PM – 5:29PM  
174134468 **Rahu** 10:48AM – 12:28PM

**Vishakha** Until 5:27PM  
Siddhi Until 9:54PM  
Vanija Until 6:36AM  
Tritiya Until 5:06PM

**Ganesha:** Yellow *Sunrise:* 5:47AM  
**Muruqa:** Clear *Sunset:* 7:09PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Winterthur, Switzerland  
Sun 2 Sutra 363

Virchika Rasi: 10.53 Tithi 19 – 20

**Gulika** 5:45AM – 7:26AM  
Yama 2:08PM – 3:49PM  
174134468 **Rahu** 9:06AM – 10:47AM

**Anuradha** Until 3:43PM  
Vyatipata\* Until 6:51PM  
Kaulava Until 1:36AM Sun  
Chaturthi\* Until 2:34PM

**Ganesha:** Yellow *Sunrise:* 5:45AM  
**Muruqa:** Clear *Sunset:* 7:10PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha/Mula\* Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Winterthur, Switzerland  
Sun 3 Sutra 364

Virchika Rasi: 24.59 Tithi 20 – 21

**Gulika** 3:49PM – 5:30PM  
Yama 12:27PM – 2:08PM  
174134468 **Rahu** 5:30PM – 7:12PM

**Jyeshtha\*** Until 2:33PM  
Variyan Until 4:23PM  
Gara Until 12:12AM Mon  
Panchami Until 12:47PM

**Ganesha:** Yellow *Sunrise:* 5:43AM  
**Muruqa:** Clear *Sunset:* 7:12PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

Moon 4 - Phase 50  
1st Phase

Routine Work Marana Yoga  
Until 2:33PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Winterthur, Switzerland  
Sun 4 Sutra 1

Dhanus Rasi: 8.37 Tithi 21 – 22

**Family Home Evening**

**Gulika** 2:09PM – 3:50PM  
Yama 10:46AM – 12:27PM  
184134468 **Rahu** 7:23AM – 9:04AM

**Mula\*** Until 2:31PM  
Parigha\* Until 2:36PM  
Visti Until 11:39PM  
Shashthi\* Until 11:48AM

**Ganesha:** Blue *Sunrise:* 5:41AM  
**Muruqa:** Clear *Sunset:* 7:13PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga  
Until 2:31PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**D**

**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Winterthur, Switzerland  
Sun 5 Sutra 2

Dhanus Rasi: 21.46 Tithi 22 – 23

**Gulika** 12:27PM – 2:09PM  
Yama 9:03AM – 10:45AM  
284134468 **Rahu** 3:51PM – 5:32PM

**Purvashadha\*** Until 3:09PM  
Shiva Until 1:30PM  
Balava Until 11:57PM  
Saptami Until 11:41AM

**Ganesha:** Yellow *Sunrise:* 5:39AM  
**Muruqa:** Clear *Sunset:* 7:14PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
Ashtami

Creative Work Siddha Yoga  
Until 3:09PM  
Then Routine Work - Prabalarishta Yoga

**Sivaloka Day**

**Wednesday, April 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Winterthur, Switzerland  
Sun 6 Sutra 3

Makara Rasi: 4.29 Tithi 23 – 24

**Gulika** 10:44AM – 12:27PM  
Yama 7:20AM – 9:02AM  
284134468 **Rahu** 12:27PM – 2:09PM

**Uttarashadha** Until 4:24PM  
Siddha Until 1:00PM  
Taitila Until 12:59AM Thu  
Ashtami\* Until 12:22PM

**Ganesha:** Yellow *Sunrise:* 5:37AM  
**Muruqa:** Clear *Sunset:* 7:16PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

Moon 4 - Phase 50  
Navami

Creative Work Amrita Yoga  
Until 4:24PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Winterthur, Switzerland Sun 7 Sutra 4
	Makara Rasi: 16.54	Tithi 24 – 25	<b>Gulika</b> 9:01AM – 10:44AM	<b>Shravana Until 6:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:36AM	Sarvari 5122
			Yama 5:36AM – 7:18AM	Sadhya Until 1:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	294134468 <b>Rahu</b> 2:09PM – 3:52PM	Vanija Until 2:38AM Fri	<b>Nataraja:</b> Purple		2nd Phase
		Chidambaram Abhishekam		<b>Navami* Until 1:44PM</b>	<b>Chaitra+Chaitra</b>	<b>Devaloka Day</b>	


<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Winterthur, Switzerland Sun 8 Sutra 5
	Makara Rasi: 29.04	Tithi 25 – 26	<b>Gulika</b> 7:17AM – 9:00AM	<b>Dhanishtha Until 9:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:34AM	Sarvari 5122
			Yama 3:52PM – 5:35PM	Subha Until 1:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	294134468 <b>Rahu</b> 10:43AM – 12:26PM	Bava Until 4:43AM Sat	<b>Nataraja:</b> Purple		2nd Phase
				<b>Dashami Until 3:37PM</b>	<b>Chaitra+Chaitra</b>	<b>Devaloka Day</b>	


<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Winterthur, Switzerland Sun 9 Sutra 6
	Kumbha Rasi: 11.05	Tithi 26 – 27	<b>Gulika</b> 5:32AM – 7:15AM	<b>Shatabhishak Until 11:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:32AM	Sarvari 5122
			Yama 2:09PM – 3:53PM	Sukla Until 2:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 1
	Creative Work	Amrita Yoga	295134468 <b>Rahu</b> 8:59AM – 10:42AM	Kaulava Until 7:03AM Sun	<b>Nataraja:</b> Purple		2nd Phase
		Until 11:46PM Then Routine Work - Marana Yoga		<b>Ekadashi* Until 5:51PM</b>	<b>Chaitra+Chaitra</b>	<b>Sivaloka Day</b>	

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Winterthur, Switzerland Sun 10 Sutra 7
	Kumbha Rasi: 22.59	Tithi 27	<b>Gulika</b> 3:53PM – 5:37PM	<b>Purvaproshtapada* Until 2:53AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:30AM	Sarvari 5122
			Yama 12:26PM – 2:10PM	Brahma Until 3:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 <b>Rahu</b> 5:37PM – 7:21PM	Kaulava Until 7:03AM	<b>Nataraja:</b> Purple		2nd Phase
				<b>Dvadashi* Until 8:15PM</b>	<b>Chaitra+Chaitra</b>	<b>Sivaloka Day</b>	

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Winterthur, Switzerland Sun 11 Sutra 8
	Meena Rasi: 4.52	Tithi 28	<b>Gulika</b> 2:10PM – 3:54PM	<b>Uttaraproshtapada Until 5:51AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:28AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:41AM – 12:25PM	Indra Until 4:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 <b>Rahu</b> 7:13AM – 8:57AM	Gara Until 9:30AM	<b>Nataraja:</b> Purple		2nd Phase
				<b>Trayodashi* Until 10:42PM</b>	<b>Chaitra+Chaitra</b>	<b>Sivaloka Day</b>	
		<i>Pradosha Vrata (Fasting)</i>					

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Winterthur, Switzerland Sun 12 Sutra 9
	Meena Rasi: 16.44	Tithi 29	<b>Gulika</b> 12:25PM – 2:10PM	<b>Revati Until 8:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:26AM	Sarvari 5122
			Yama 8:56AM – 10:41AM	Vaidhriti* Until 4:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 <b>Rahu</b> 3:55PM – 5:39PM	Visti Until 11:56AM	<b>Nataraja:</b> Purple		2nd Phase
		Until 8:35AM Wed Then Routine Work - Marana Yoga		<b>Chaturdashi* Until 1:06AM Wed</b>	<b>Chaitra+Chaitra</b>	<b>Sivaloka Day</b>	

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Winterthur, Switzerland Sun 13 Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 10:40AM – 12:25PM	<b>Revati Until 8:35AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:25AM	Sarvari 5122
	Meena Rasi: 28.37	Tithi 30	Yama 7:10AM – 8:55AM	Vishkambha* Until 5:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 1
	Routine Work	Marana Yoga	215134468 <b>Rahu</b> 12:25PM – 2:10PM	Catuspada Until 2:17PM	<b>Nataraja:</b> Purple		Amavasya
				<b>Amavasya* Until 3:23AM Thu</b>	<b>Chaitra+Chaitra</b>	<b>Sivaloka Day</b>	

	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Winterthur, Switzerland Sun 14 Sutra 11
	<b>Retreat Star</b>		<b>Gulika</b> 8:54AM – 10:39AM	<b>Ashvini Until 11:31AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:23AM	Sarvari 5122
	Mesha Rasi: 10.34	Tithi 1	Yama 5:23AM – 7:08AM	Priti Until 6:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 1
	Creative Work	Amrita Yoga	225134468 <b>Rahu</b> 2:10PM – 3:56PM	Kintughna Until 4:29PM	<b>Nataraja:</b> Purple		Prathama
		Until 11:31AM Then Creative Work - Siddha Yoga		<b>Prathama* Until 5:29AM Fri</b>	<b>Vaisaka+Chaitra</b>	<b>Sivaloka Day</b>	

<b>1</b>	<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau				Winterthur, Switzerland Sun 15	Sutra 12
	Mesha Rasi: 22.35	Tithi 2	<b>Gulika</b> 7:07AM – 8:53AM	<b>Bharani</b> Until 2:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:21AM	Sarvari 5122	
			Yama 3:56PM – 5:42PM	Ayushman Until 6:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	225134469 <b>Rahu</b> 10:39AM – 12:25PM	Balava Until 6:28PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Dvitiya</b> Until 7:21AM Sat	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>			

<b>2</b>	<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Winterthur, Switzerland Sun 16	Sutra 13
	Vrishabha Rasi: 4.41	Tithi 2 – 3	<b>Gulika</b> 5:19AM – 7:06AM	<b>Krittika</b> Until 4:16PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:19AM	Sarvari 5122	
			Yama 2:11PM – 3:57PM	Saubhagya Until 7:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	225134469 <b>Rahu</b> 8:52AM – 10:38AM	Taitila Until 8:11PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Dvitiya</b> Until 7:21AM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>			

<b>3</b>	<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Winterthur, Switzerland Sun 17	Sutra 14	
	Vrishabha Rasi: 16.55	Tithi 3 – 4	<b>Gulika</b> 3:58PM – 5:44PM	<b>Rohini</b> Until 6:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:18AM	Sarvari 5122		
			Yama 12:24PM – 2:11PM	Sobhana Until 7:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 2		
	Creative Work	Siddha Yoga	235134469 <b>Rahu</b> 5:44PM – 7:31PM	Vanija Until 9:32PM	<b>Nataraja:</b> Clear		3rd Phase		
			<b>Akshaya Tritiya</b>	<b>Tritiya</b> Until 8:53AM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>			

<b>4</b>	<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Winterthur, Switzerland Sun 18	Sutra 15	
	Vrishabha Rasi: 29.19	Tithi 4 – 5	<b>Gulika</b> 2:11PM – 3:58PM	<b>Mrigashira</b> Until 8:00PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM	Sarvari 5122		
	<b>Family Home Evening</b>		Yama 10:37AM – 12:24PM	Athiganda* Until 7:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 2		
	Creative Work	Amrita Yoga	235134469 <b>Rahu</b> 7:03AM – 8:50AM	Bava Until 10:27PM	<b>Nataraja:</b> Clear		3rd Phase		
Until 8:00PM Then Creative Work - Siddha Yoga			<b>Adi Sankara Jayanthi</b>	<b>Chaturthi*</b> Until 10:02AM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>			

<b>5</b>	<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Winterthur, Switzerland Sun 19	Sutra 16
	Mithuna Rasi: 11.56	Tithi 5 – 6	<b>Gulika</b> 12:24PM – 2:11PM	<b>Ardra</b> Until 8:55PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:14AM	Sarvari 5122	
			Yama 8:49AM – 10:37AM	Sukarma Until 6:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 2	
	Routine Work	Marana Yoga	236134469 <b>Rahu</b> 3:59PM – 5:46PM	Kaulava Until 10:49PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 8:55PM Then Creative Work - Siddha Yoga			<b>Panchami</b> Until 10:41AM	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			

<b>6</b>	<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Winterthur, Switzerland Sun 20	Sutra 17
	Mithuna Rasi: 24.49	Tithi 6 – 7	<b>Gulika</b> 10:36AM – 12:24PM	<b>Punarvasu</b> Until 9:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:13AM	Sarvari 5122	
			Yama 7:00AM – 8:48AM	Dhriti Until 5:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 2	
	Creative Work	Siddha Yoga	246134469 <b>Rahu</b> 12:24PM – 2:12PM	Gara Until 10:34PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Shashthi*</b> Until 10:45AM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>			

<b>D</b>	<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Winterthur, Switzerland Sun 21	Sutra 18
	<b>Retreat Star</b>		<b>Gulika</b> 8:47AM – 10:36AM	<b>Pushya</b> Until 9:23PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM	Sarvari 5122	
	Kataka Rasi: 8.01	Tithi 7 – 8	Yama 5:11AM – 6:59AM	Shula* Until 3:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 2	
	Creative Work	Amrita Yoga	246134469 <b>Rahu</b> 2:12PM – 4:00PM	Visti Until 9:40PM	<b>Nataraja:</b> Clear		Ashtami	
Until 9:23PM Then Creative Work - Siddha Yoga			<b>Saptami</b> Until 10:11AM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>			

<b>D</b>	<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhii Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Winterthur, Switzerland Sun 22	Sutra 19
	<b>Retreat Star</b>		<b>Gulika</b> 6:57AM – 8:46AM	<b>Ashlesha*</b> Until 8:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM	Sarvari 5122	
	Kataka Rasi: 21.34	Tithi 8 – 9	Yama 4:01PM – 5:50PM	Ganda* Until 1:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 2	
	Routine Work	Marana Yoga	246134469 <b>Rahu</b> 10:35AM – 12:24PM	Balava Until 8:06PM	<b>Nataraja:</b> Clear		Navami	
			<b>Ashtami*</b> Until 8:57AM	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau			Winterthur, Switzerland Sun 23 Sutra 20	
Simha Rasi: 5.32	Tithi 9 – 10	<b>Gulika</b> 5:06AM – 6:56AM	<b>Magha* Until 7:06PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM	Sarvari 5122		
		Yama 2:13PM – 4:02PM	Vriddhi Until 10:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 3		
		256134469 <b>Rahu</b> 8:45AM – 10:34AM	Gara Until 4:36AM Sun	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Amrita Yoga		<b>Navami* Until 7:04AM</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>		
Until 7:06PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau			Winterthur, Switzerland Sun 24 Sutra 21	
Simha Rasi: 19.53	Tithi 11	<b>Gulika</b> 4:03PM – 5:52PM	<b>Purvaphalguni Until 5:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM	Sarvari 5122		
		Yama 12:23PM – 2:13PM	Dhruva Until 7:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 4 - Phase 3		
		256134469 <b>Rahu</b> 5:52PM – 7:42PM	Vanija Until 3:11PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga		<b>Ekadashi Until 1:38AM Mon</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>		
Until 5:08PM				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau			Winterthur, Switzerland Sun 25 Sutra 22	
Kanya Rasi: 4.34	Tithi 12	<b>Gulika</b> 2:13PM – 4:03PM	<b>Uttaraphalguni Until 2:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM	Sarvari 5122		
<b>Family Home Evening</b>		Yama 10:33AM – 12:23PM	Harshana Until 12:10AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 3		
		256234469 <b>Rahu</b> 6:53AM – 8:43AM	Bava Until 12:02PM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga		<b>Dvadashi Until 10:20PM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Winterthur, Switzerland Sun 26 Sutra 23	
Kanya Rasi: 19.31	Tithi 13	<b>Gulika</b> 12:23PM – 2:14PM	<b>Hasta Until 12:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Sarvari 5122		
		Yama 8:42AM – 10:33AM	Vajra* Until 8:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:45PM	Moon 4 - Phase 3		
		267234469 <b>Rahu</b> 4:04PM – 5:54PM	Kaulava Until 8:36AM	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga		<b>Trayodashi Until 6:48PM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau			Winterthur, Switzerland Sun 27 Sutra 24	
Tula Rasi: 4.34	Tithi 14 – 15	<b>Gulika</b> 10:32AM – 12:23PM	<b>Chitra Until 9:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:00AM	Sarvari 5122		
		Yama 6:51AM – 8:42AM	Siddhi Until 4:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 3		
		267234469 <b>Rahu</b> 12:23PM – 2:14PM	Visli Until 1:29AM Thu	<b>Nataraja:</b> Clear		4th Phase		
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:14PM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>		
				<b>Vaisaka*Chaitra</b>				

		<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Winterthur, Switzerland Sun 27 Sutra 24	
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:41AM – 10:32AM	<b>Svati Until 6:28AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:59AM	Sarvari 5122		
Tula Rasi: 19.37	Tithi 15 – 16	Yama 4:59AM – 6:50AM	Vyatipata* Until 12:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 3		
		267234469 <b>Rahu</b> 2:14PM – 4:05PM	Balava Until 10:07PM	<b>Nataraja:</b> Clear		Purnima		
Creative Work	Amrita Yoga		<b>Purnima* Until 11:45AM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>		
Until 6:28AM		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka*Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>Friday, May 8, 2020</b>		<b>Silver Retreat Star</b>			Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Winterthur, Switzerland Sun 26 Sutra 26	
Vrischika Rasi: 4.28	Tithi 16 – 17	<b>Gulika</b> 6:49AM – 8:40AM	<b>Anuradha Until 2:03AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:57AM	Sarvari 5122			
		Yama 4:06PM – 5:57PM	Variyan Until 8:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 3			
		277234469 <b>Rahu</b> 10:32AM – 12:23PM	Taitila Until 7:07PM	<b>Nataraja:</b> Clear		Prathama			
Creative Work	Siddha Yoga		<b>Prathama* Until 8:33AM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>			
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM			

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda