



Saturday, May 9, 2020
Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal
Sutra 27

Vrischika Rasi: 16.19 Tithi 17 – 18

277234469

Gulika 5:04AM – 6:44AM
Yama 1:26PM – 3:07PM
Rahu 8:25AM – 10:05AM

Anuradha Until 6:33AM
Parigha* Until 9:33AM
Vanija Until 9:07PM
Dvitiya Until 10:16AM

Ganesha: Purple *Sunrise:* 5:04AM
Muruqa: Clear *Sunset:* 6:28PM
Nataraja: Clear
Moon – Orange
Vaisaka-Chaitra

Sarvari 5122
Moon 5 - Phase 4
1st Phase

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Sunday, May 10, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Kathmandu, Nepal
Sun 1 Sutra 28

Dhanus Rasi: 0.33 Tithi 18 – 19

287234469

Gulika 3:07PM – 4:48PM
Yama 11:46AM – 1:26PM
Rahu 4:48PM – 6:28PM

Mula* Until 4:12AM Mon
Shiva Until 6:40AM
Bava Until 7:16PM
Tritiya Until 8:05AM

Ganesha: Clear *Sunrise:* 5:03AM
Muruqa: Clear *Sunset:* 6:28PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Sarvari 5122
Moon 5 - Phase 4
1st Phase

Creative Work Amrita Yoga

Until 4:12AM Mon
Then Routine Work - Marana Yoga

Mother's Day

Devaloka Day

2

Monday, May 11, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal
Sun 2 Sutra 29

Dhanus Rasi: 14.2 Tithi 19 – 20

287234469

Gulika 1:26PM – 3:07PM
Yama 10:05AM – 11:46AM
Rahu 6:43AM – 8:24AM

Purvashadha* Until 4:09AM Tue
Sadhya Until 2:40AM Tue
Kaulava Until 6:10PM
Chaturthi* Until 6:36AM

Ganesha: Clear *Sunrise:* 5:03AM
Muruqa: Clear *Sunset:* 6:29PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Sarvari 5122
Moon 5 - Phase 4
1st Phase

Routine Work Marana Yoga

Until 4:09AM Tue
Then Routine Work - Prabalarishta Yoga

Devaloka Day

3

Tuesday, May 12, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal
Sun 3 Sutra 30

Dhanus Rasi: 27.4 Tithi 21

288244469

Gulika 11:46AM – 1:27PM
Yama 8:24AM – 10:05AM
Rahu 3:08PM – 4:48PM

Uttarashadha Until 4:45AM Wed
Subha Until 1:38AM Wed
Gara Until 5:53PM
Shashthi* Until 6:02AM Wed

Ganesha: Purple *Sunrise:* 5:02AM
Muruqa: Orange *Sunset:* 6:29PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Chaitra

Sarvari 5122
Moon 5 - Phase 4
1st Phase

Routine Work Prabalarishta Yoga

Until 4:45AM Wed
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Wednesday, May 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sun 4 Sutra 31

Makara Rasi: 10.34 Tithi 21 – 22

298244469

Gulika 10:05AM – 11:46AM
Yama 6:43AM – 8:24AM
Rahu 11:46AM – 1:27PM

Shravana Until 6:25AM Thu
Sukla Until 1:12AM Thu
Visti Until 6:24PM
Shashthi* Until 6:02AM

Ganesha: Clear *Sunrise:* 5:02AM
Muruqa: Orange *Sunset:* 6:30PM
Nataraja: Clear
Moon – Purple
Vaisaka-Chaitra

Sarvari 5122
Moon 5 - Phase 4
1st Phase

Creative Work Siddha Yoga

Chidambaram Abhishekam

Devaloka Day

D

Thursday, May 14, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 32

Makara Rasi: 23.07 Tithi 22 – 23

298244469

Gulika 8:23AM – 10:05AM
Yama 5:01AM – 6:42AM
Rahu 1:27PM – 3:08PM

Shravana Until 6:25AM
Brahma Until 1:19AM Fri
Balava Until 7:38PM
Saptami Until 6:55AM

Ganesha: Clear *Sunrise:* 5:01AM
Muruqa: Orange *Sunset:* 6:30PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sarvari 5122
Moon 5 - Phase 4
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Friday, May 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 33

Kumbha Rasi: 5.22 Tithi 23 – 24

298244469

Gulika 6:42AM – 8:23AM
Yama 3:08PM – 4:50PM
Rahu 10:04AM – 11:46AM

Dhanishtha Until 8:33AM
Indra Until 1:50AM Sat
Taitila Until 9:26PM
Ashtami* Until 8:27AM

Ganesha: Clear *Sunrise:* 5:00AM
Muruqa: Orange *Sunset:* 6:31PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sarvari 5122
Moon 5 - Phase 4
Navami

Creative Work Siddha Yoga

Devaloka Day

1	Saturday, May 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kathmandu, Nepal
	Kumbha Rasi: 17.26	Tithi 24 – 25	298244469	Gulika 5:00AM – 6:41AM Yama 1:27PM – 3:09PM Rahu 8:23AM – 10:04AM	Shatabhishak Until 10:58AM Vaidhriti* Until 2:36AM Sun Vanija Until 11:36PM Navami* Until 10:27AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Purple Vaisaka-Vaikasi	Sun 7 Sutra 34 Sarvari 5122 Moon 5 - Phase 5 2nd Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until	10:58AM					
	Then	Routine Work - Marana Yoga					

2	Sunday, May 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal
	Kumbha Rasi: 29.22	Tithi 25 – 26	218244469	Gulika 3:09PM – 4:51PM Yama 11:46AM – 1:27PM Rahu 4:51PM – 6:32PM	Purvaproshtapada* Until 1:59PM Vishkambha* Until 3:30AM Mon Bava Until 1:57AM Mon Dashami Until 12:44PM	Ganesha: Red Muruqa: Orange Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sun 8 Sutra 35 Sarvari 5122 Moon 5 - Phase 5 2nd Phase Devaloka Day
	Creative Work	Siddha Yoga					
	Until	1:59PM					
	Then	Creative Work - Amrita Yoga					


3	Monday, May 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal
	Meena Rasi: 11.15	Tithi 26 – 27	219244469	Gulika 1:28PM – 3:09PM Yama 10:04AM – 11:46AM Rahu 6:41AM – 8:22AM	Uttaraproshtapada Until 4:56PM Priti Until 4:26AM Tue Kaulava Until 4:21AM Tue Ekadashi* Until 3:08PM	Ganesha: Green Muruqa: Orange Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sun 9 Sutra 36 Sarvari 5122 Moon 5 - Phase 5 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

4	Tuesday, May 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Ayushman Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal
	Meena Rasi: 23.08	Tithi 27 – 28	219244469	Gulika 11:46AM – 1:28PM Yama 8:22AM – 10:04AM Rahu 3:10PM – 4:51PM	Revati Until 7:40PM Ayushman Until 5:16AM Wed Gara Until 6:38AM Wed Dvadashi* Until 5:29PM	Ganesha: Green Muruqa: Orange Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sun 10 Sutra 37 Sarvari 5122 Moon 5 - Phase 5 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

Pradosha Vrata (Fasting)

5	Wednesday, May 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Kathmandu, Nepal
	Mesha Rasi: 5.03	Tithi 28	229244469	Gulika 10:04AM – 11:46AM Yama 6:40AM – 8:22AM Rahu 11:46AM – 1:28PM	Ashvini Until 10:34PM Saubhagya Until 5:57AM Thu Gara Until 6:38AM Trayodashi* Until 7:40PM	Ganesha: White Muruqa: Orange Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sun 11 Sutra 38 Sarvari 5122 Moon 5 - Phase 5 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga					
	Until	10:34PM					
	Then	Creative Work - Siddha Yoga					

6	Thursday, May 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vistil*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal
	Mesha Rasi: 17.03	Tithi 29	229244469	Gulika 8:22AM – 10:04AM Yama 4:58AM – 6:40AM Rahu 1:28PM – 3:10PM	Bharani Until 1:01AM Fri Sobhana Until 6:24AM Fri Vistil Until 8:41AM Chaturdashi* Until 9:35PM	Ganesha: White Muruqa: Orange Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sun 12 Sutra 39 Sarvari 5122 Moon 5 - Phase 5 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

	Friday, May 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal
	Retreat Star			Gulika 6:39AM – 8:22AM Yama 3:11PM – 4:53PM Rahu 10:04AM – 11:46AM	Krittika Until 2:59AM Sat Sobhana Until 6:24AM Catuspada Until 10:26AM Amavasya* Until 11:09PM	Ganesha: White Muruqa: Orange Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sun 13 Sutra 40 Sarvari 5122 Moon 5 - Phase 5 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Mesha Rasi: 29.11	Tithi 30	229244469				
	Creative Work	Siddha Yoga					
	Until	2:59AM Sat					
	Then	Creative Work - Amrita Yoga					

Retreat Star	Saturday, May 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal
	Vrshabha Rasi: 11.28	Tithi 1	239244469	Gulika 4:57AM – 6:39AM Yama 1:28PM – 3:11PM Rahu 8:21AM – 10:04AM	Rohini Until 4:52AM Sun Athiganda* Until 6:33AM Kintughna Until 11:48AM Prathama* Until 12:19AM Sun	Ganesha: Green Muruqa: Orange Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Sun 14 Sutra 41 Sarvari 5122 Moon 5 - Phase 5 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga					
	Until	4:52AM Sun					
	Then	Creative Work - Siddha Yoga					

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1 Sunday, May 24, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Vrishabha Rasi: 23.55 Tithi 2		Mrigashira Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dviliyayam Titau		Sun 15 Sutra 42	
Creative Work Siddha Yoga		Gulika 3:11PM – 4:54PM	Mrigashira Until 6:10AM Mon	Ganesha: Green <i>Sunrise:</i> 4:56AM	Sarvari 5122
		Yama 11:46AM – 1:29PM	Sukarma Until 6:24AM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 5 - Phase 6
		239244469 Rahu 4:54PM – 6:36PM	Balava Until 12:45PM	Nataraja: Clear	3rd Phase
			Dvitiya Until 1:03AM Mon	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

2 Monday, May 25, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 6.34 Tithi 3		Mrigashira/Ardra Nakshatra Shula* Yoga Taitila/Gara Karana Triliyayam Titau		Sun 16 Sutra 43	
Family Home Evening		Gulika 1:29PM – 3:11PM	Mrigashira Until 6:10AM	Ganesha: White <i>Sunrise:</i> 4:56AM	Sarvari 5122
Creative Work Amrita Yoga		Yama 10:04AM – 11:46AM	Shula* Until 5:04AM Tue	Muruqa: Orange <i>Sunset:</i> 6:37PM	Moon 5 - Phase 6
Until 6:10AM		339244469 Rahu 6:39AM – 8:21AM	Taitila Until 1:16PM	Nataraja: Clear	3rd Phase
Then Creative Work - Siddha Yoga			Tritiya Until 1:19AM Tue	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3 Tuesday, May 26, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Kathmandu, Nepal	
Mithuna Rasi: 19.26 Tithi 4		Ardra/Punarvasu Nakshatra Ganda* Yoga Vanija/Visiti* Karana Chaturthyam Titau		Sun 17 Sutra 44	
Routine Work Marana Yoga		Gulika 11:46AM – 1:29PM	Ardra Until 6:53AM	Ganesha: Light Blue <i>Sunrise:</i> 4:56AM	Sarvari 5122
Until 6:53AM		Yama 8:21AM – 10:04AM	Ganda* Until 3:51AM Wed	Muruqa: Orange <i>Sunset:</i> 6:37PM	Moon 5 - Phase 6
Then Creative Work - Siddha Yoga		331244469 Rahu 3:12PM – 4:54PM	Vanija Until 1:19PM	Nataraja: Clear	3rd Phase
			Chaturthi* Until 1:09AM Wed	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4 Wednesday, May 27, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Kathmandu, Nepal	
Kataka Rasi: 2.31 Tithi 5		Punarvasu/Pushya Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau		Sun 18 Sutra 45	
Creative Work Siddha Yoga		Gulika 10:04AM – 11:47AM	Punarvasu Until 7:27AM	Ganesha: Purple <i>Sunrise:</i> 4:55AM	Sarvari 5122
		Yama 6:38AM – 8:21AM	Vriddhi Until 2:18AM Thu	Muruqa: Orange <i>Sunset:</i> 6:38PM	Moon 5 - Phase 6
		341244469 Rahu 11:47AM – 1:29PM	Bava Until 12:55PM	Nataraja: Clear	3rd Phase
			Panchami Until 12:31AM Thu	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5 Thursday, May 28, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Kathmandu, Nepal	
Kataka Rasi: 15.52 Tithi 6		Pushya/Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 19 Sutra 46	
Creative Work Amrita Yoga		Gulika 8:21AM – 10:04AM	Pushya Until 7:25AM	Ganesha: Purple <i>Sunrise:</i> 4:55AM	Sarvari 5122
Until 7:25AM		Yama 4:55AM – 6:38AM	Dhruva Until 12:21AM Fri	Muruqa: Orange <i>Sunset:</i> 6:38PM	Moon 5 - Phase 6
Then Creative Work - Siddha Yoga		341244469 Rahu 1:30PM – 3:12PM	Kaulava Until 12:03PM	Nataraja: Clear	3rd Phase
			Shashthi* Until 11:26PM	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

6 Friday, May 29, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Kathmandu, Nepal	
Kataka Rasi: 29.28 Tithi 7		Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20 Sutra 47	
Routine Work Marana Yoga		Gulika 6:38AM – 8:21AM	Ashlesha* Until 6:47AM	Ganesha: Clear <i>Sunrise:</i> 4:55AM	Sarvari 5122
		Yama 3:13PM – 4:56PM	Vyaghata* Until 10:03PM	Muruqa: Orange <i>Sunset:</i> 6:39PM	Moon 5 - Phase 6
		341344469 Rahu 10:04AM – 11:47AM	Gara Until 10:44AM	Nataraja: Clear	3rd Phase
			Saptami Until 9:54PM	Moon – Blue	Devaloka Day
				Jyeshtha-Vaikasi	

Retreat Star		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Kathmandu, Nepal	
Simha Rasi: 13.19 Tithi 8		Magha*/Purvaphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ashlamyam Titau		Sun 21 Sutra 48	
Creative Work Amrita Yoga		Gulika 4:55AM – 6:38AM	Magha* Until 6:00AM	Ganesha: Purple <i>Sunrise:</i> 4:55AM	Sarvari 5122
Until 6:00AM		Yama 1:30PM – 3:13PM	Harshana Until 7:25PM	Muruqa: Orange <i>Sunset:</i> 6:39PM	Moon 5 - Phase 6
Then Creative Work - Siddha Yoga		351344469 Rahu 8:21AM – 10:04AM	Visti Until 8:59AM	Nataraja: Clear	Ashtami
			Ashtami* Until 7:56PM	Moon – Red	Sivaloka Day
				Jyeshtha-Vaikasi	

Retreat Star		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kathmandu, Nepal	
Simha Rasi: 27.26 Tithi 9 – 10		Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Taitila Karana Navami/Dashamyam Titau		Sun 22 Sutra 49	
Creative Work Amrita Yoga		Gulika 3:13PM – 4:57PM	Uttaraphalguni Until 2:51AM Mon	Ganesha: Purple <i>Sunrise:</i> 4:54AM	Sarvari 5122
Until 2:51AM Mon		Yama 11:47AM – 1:30PM	Vajra* Until 4:28PM	Muruqa: Orange <i>Sunset:</i> 6:40PM	Moon 5 - Phase 6
Then Creative Work - Siddha Yoga		351344469 Rahu 4:57PM – 6:40PM	Balava Until 6:50AM	Nataraja: Clear	Navami
			Navami* Until 5:36PM	Moon – Red	Sivaloka Day
				Jyeshtha-Vaikasi	


The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Monday, June 1, 2020	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hasla Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 23 Sutra 50
	Kanya Rasi: 11.48 Tithi 10 – 11	Gulika 1:30PM – 3:14PM Hasta Until 1:02AM Tue	Ganesha: Clear <i>Sunrise:</i> 4:54AM Sarvari 5122
	Family Home Evening 361344469	Yama 10:04AM – 11:47AM Siddhi Until 1:15PM	Muruqa: Orange <i>Sunset:</i> 6:40PM Moon 5 - Phase 7
	Creative Work Siddha Yoga	Rahu 6:37AM – 8:21AM Vanija Until 1:34AM Tue	Nataraja: Clear 4th Phase
		Dashami Until 2:57PM	Devaloka Day Moon – Green Jyeshtha-Vaikasi

2	Tuesday, June 2, 2020	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 24 Sutra 51
	Kanya Rasi: 26.2 Tithi 11 – 12	Gulika 11:47AM – 1:31PM Chitra Until 10:54PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM Sarvari 5122
	Creative Work Siddha Yoga	Yama 8:21AM – 10:04AM Vyatipata* Until 9:51AM	Muruqa: Orange <i>Sunset:</i> 6:41PM Moon 5 - Phase 7
		Rahu 3:14PM – 4:57PM Bava Until 10:37PM	Nataraja: Clear 4th Phase
		Ekadashi Until 12:05PM	Devaloka Day Moon – Green Jyeshtha-Vaikasi

3	Wednesday, June 3, 2020	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 25 Sutra 52
	Tula Rasi: 11 Tithi 12 – 13	Gulika 10:04AM – 11:48AM Svati Until 8:34PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM Sarvari 5122
	Creative Work Siddha Yoga	Yama 6:37AM – 8:21AM Variyan Until 6:20AM	Muruqa: Orange <i>Sunset:</i> 6:41PM Moon 5 - Phase 7
		Rahu 11:48AM – 1:31PM Kaulava Until 7:36PM	Nataraja: Clear 4th Phase
		Dvadashi Until 9:06AM	Devaloka Day Moon – Green Jyeshtha-Vaikasi
		<i>Pradosha Vrata</i>	

4	Thursday, June 4, 2020	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 26 Sutra 53
	Tula Rasi: 25.4 Tithi 13 – 14	Gulika 8:21AM – 10:04AM Vishakha Until 6:35PM	Ganesha: White <i>Sunrise:</i> 4:54AM Sarvari 5122
	Creative Work Siddha Yoga	Yama 4:54AM – 6:37AM Shiva Until 11:24PM	Muruqa: Orange <i>Sunset:</i> 6:42PM Moon 5 - Phase 7
		Rahu 1:31PM – 3:15PM Vanija Until 3:15AM Fri	Nataraja: Clear 4th Phase
	Vaikasi Visakam	Trayodashi Until 6:06AM	Sivaloka Day Moon – Orange Jyeshtha-Vaikasi

	Friday, June 5, 2020	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau	Kathmandu, Nepal Sun 27 Sutra 54
	Copper Retreat Star	Gulika 6:37AM – 8:21AM Anuradha Until 4:41PM	Ganesha: Yellow <i>Sunrise:</i> 4:54AM Sarvari 5122
	Vrischika Rasi: 10.14 Tithi 15	Yama 3:15PM – 4:58PM Siddha Until 8:10PM	Muruqa: Orange <i>Sunset:</i> 6:42PM Moon 5 - Phase 7
	Creative Work Siddha Yoga	Rahu 10:04AM – 11:48AM Visti Until 1:56PM	Nataraja: Yellow Purnima
		Purnima* Until 12:41AM Sat	Devaloka Day Moon – Orange Jyeshtha-Vaikasi
	Penumbral Lunar Eclipse		
	Then Routine Work - Marana Yoga		

Silver Retreat Star	Saturday, June 6, 2020	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Kathmandu, Nepal Sun 28 Sutra 55
	Silver Retreat Star	Gulika 4:54AM – 6:37AM Jyeshtha* Until 3:01PM	Ganesha: Yellow <i>Sunrise:</i> 4:54AM Sarvari 5122
	Vrischika Rasi: 24.35 Tithi 16	Yama 1:32PM – 3:15PM Sadhya Until 5:16PM	Muruqa: Orange <i>Sunset:</i> 6:42PM Moon 5 - Phase 7
	Creative Work Siddha Yoga	Rahu 8:21AM – 10:04AM Balava Until 11:33AM	Nataraja: Yellow Prathama
		Prathama* Until 10:31PM	Devaloka Day Moon – Orange Jyeshtha-Vaikasi



Sunday, June 7, 2020
Gold Retreat Star

Dhanus Rasi: 8.38 Tithi 17

382344461

Gulika 3:16PM – 4:59PM
Yama 11:48AM – 1:32PM
Rahu 4:59PM – 6:43PM

Creative Work Amrita Yoga
Until 2:07PM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvityayam Titau

Kathmandu, Nepal
Sun 1 Sutra 56
Sarvari 5122
Moon 6 - Phase 8
1st Phase

Ganesha: Blue *Sunrise:* 4:54AM
Muruqa: Orange *Sunset:* 6:43PM
Nataraja: Yellow
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Monday, June 8, 2020

Dhanus Rasi: 22.2 Tithi 18

382344461

Gulika 1:32PM – 3:16PM
Yama 10:05AM – 11:48AM
Rahu 6:37AM – 8:21AM

Family Home Evening
Routine Work Marana Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Trityayam Titau

Kathmandu, Nepal
Sun 2 Sutra 57
Sarvari 5122
Moon 6 - Phase 8
1st Phase

Ganesha: Blue *Sunrise:* 4:53AM
Muruqa: Orange *Sunset:* 6:43PM
Nataraja: Yellow
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Tuesday, June 9, 2020

Makara Rasi: 5.38 Tithi 19

382344461

Gulika 11:49AM – 1:32PM
Yama 8:21AM – 10:05AM
Rahu 3:16PM – 5:00PM

Routine Work Prabalarishta Yoga
Until 1:50PM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Brahma/Indra Yoga Bava/Balava Karana Chaturthayam Titau

Kathmandu, Nepal
Sun 3 Sutra 58
Sarvari 5122
Moon 6 - Phase 8
1st Phase

Ganesha: Blue *Sunrise:* 4:53AM
Muruqa: Orange *Sunset:* 6:44PM
Nataraja: Yellow
Moon – Light Blue

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Wednesday, June 10, 2020

Makara Rasi: 18.34 Tithi 20

392344461

Gulika 10:05AM – 11:49AM
Yama 6:37AM – 8:21AM
Rahu 11:49AM – 1:33PM

Creative Work Siddha Yoga
Until 2:59PM
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal
Sun 4 Sutra 59
Sarvari 5122
Moon 6 - Phase 8
1st Phase

Ganesha: Red *Sunrise:* 4:53AM
Muruqa: Orange *Sunset:* 6:44PM
Nataraja: Yellow
Moon – Purple

Devaloka Day

4

Thursday, June 11, 2020

Kumbha Rasi: 1.1 Tithi 21

392344461

Gulika 8:21AM – 10:05AM
Yama 4:53AM – 6:37AM
Rahu 1:33PM – 3:17PM

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal
Sun 5 Sutra 60
Sarvari 5122
Moon 6 - Phase 8
1st Phase

Ganesha: Red *Sunrise:* 4:53AM
Muruqa: Orange *Sunset:* 6:44PM
Nataraja: Yellow
Moon – Purple

Devaloka Day

5

Friday, June 12, 2020

Kumbha Rasi: 13.29 Tithi 22

392344461

Gulika 6:37AM – 8:21AM
Yama 3:17PM – 5:01PM
Rahu 10:05AM – 11:49AM

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Saptamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 61
Sarvari 5122
Moon 6 - Phase 8
1st Phase

Ganesha: Red *Sunrise:* 4:54AM
Muruqa: Orange *Sunset:* 6:45PM
Nataraja: Yellow
Moon – Purple

Devaloka Day

D

Saturday, June 13, 2020
Retreat Star

Kumbha Rasi: 25.35 Tithi 23

312344461

Gulika 4:54AM – 6:38AM
Yama 1:33PM – 3:17PM
Rahu 8:21AM – 10:05AM

Routine Work Marana Yoga
Until 9:29PM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 62
Sarvari 5122
Moon 6 - Phase 8
Ashtami

Ganesha: Clear *Sunrise:* 4:54AM
Muruqa: Orange *Sunset:* 6:45PM
Nataraja: Yellow
Moon – Clear

Devaloka Day

Sunday, June 14, 2020

Retreat Star

Meena Rasi: 7.34 Tithi 24

312344461

Gulika 3:18PM – 5:02PM
Yama 11:50AM – 1:34PM
Rahu 5:02PM – 6:46PM

Creative Work Amrita Yoga
Until 12:20AM Mon
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal
Sun 8 Sutra 63
Sarvari 5122
Moon 6 - Phase 8
Navami

Ganesha: Clear *Sunrise:* 4:54AM
Muruqa: Orange *Sunset:* 6:46PM
Nataraja: Yellow
Moon – Clear

Devaloka Day


1	Monday, June 15, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dasharyam Titau				Kathmandu, Nepal Sun 9
	Meena Rasi: 19.28	Tithi 25	Gulika 1:34PM – 3:18PM	Revati Until 3:03AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Sarvari 5122
	Family Home Evening	312344461	Yama 10:06AM – 11:50AM	Saubhagya Until 12:44PM	Muruqa: Orange	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 9
	Creative Work Siddha Yoga		Rahu 6:38AM – 8:22AM	Vanija Until 4:30PM	Nataraja: Yellow		2nd Phase
			Dashami Until 5:38AM Tue	Moon – Clear		Devaloka Day	
				Jyeshtha-Ani			

2	Tuesday, June 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava Karana Ekadashyam Titau				Kathmandu, Nepal Sun 10
	Mesha Rasi: 1.22	Tithi 26	Gulika 11:50AM – 1:34PM	Ashvini Until 5:59AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Sarvari 5122
		322344461	Yama 8:22AM – 10:06AM	Sobhana Until 1:37PM	Muruqa: Orange	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 9
	Creative Work Siddha Yoga		Rahu 3:18PM – 5:02PM	Bava Until 6:45PM	Nataraja: Yellow		2nd Phase
			Ekadashi* Until 7:47AM Wed	Moon – White		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	

3	Wednesday, June 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 11
	Mesha Rasi: 13.2	Tithi 26 – 27	Gulika 10:06AM – 11:50AM	Bharani Until 8:27AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Sarvari 5122
		322344461	Yama 6:38AM – 8:22AM	Athiganda* Until 2:18PM	Muruqa: Orange	<i>Sunset:</i> 6:46PM	Moon 6 - Phase 9
	Creative Work Siddha Yoga		Rahu 11:50AM – 1:34PM	Kaulava Until 8:46PM	Nataraja: Yellow		2nd Phase
Until 8:27AM Thu			Ekadashi* Until 7:47AM	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	

4	Thursday, June 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 12
	Mesha Rasi: 25.25	Tithi 27 – 28	Gulika 8:22AM – 10:06AM	Bharani Until 8:27AM	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Sarvari 5122
		322344461	Yama 4:54AM – 6:38AM	Sukarma Until 2:45PM	Muruqa: Orange	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 9
	Creative Work Siddha Yoga		Rahu 1:34PM – 3:19PM	Gara Until 10:24PM	Nataraja: Yellow		2nd Phase
Until 8:27AM			Dvadashi* Until 9:37AM	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, June 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 13
	Vrishabha Rasi: 7.4	Tithi 28 – 29	Gulika 6:38AM – 8:23AM	Krittika Until 10:20AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:54AM	Sarvari 5122
		323344461	Yama 3:19PM – 5:03PM	Dhriti Until 2:51PM	Muruqa: Orange	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 9
	Creative Work Siddha Yoga		Rahu 10:07AM – 11:51AM	Visti Until 11:33PM	Nataraja: Yellow		2nd Phase
Until 10:20AM			Trayodashi* Until 11:02AM	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	

	Saturday, June 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 14
	Retreat Star		Gulika 4:55AM – 6:39AM	Rohini Until 12:03PM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Sarvari 5122
	Vrishabha Rasi: 20.08	Tithi 29 – 30	Yama 1:35PM – 3:19PM	Shula* Until 2:31PM	Muruqa: Orange	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 9
		333344461	Rahu 8:23AM – 10:07AM	Catuspada Until 12:10AM Sun	Nataraja: Yellow		Amavasya
Creative Work Amrita Yoga			Chaturdashi* Until 11:55AM	Moon – Yellow		Bhuloka Day	
Until 12:03PM				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Retreat Star	Sunday, June 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 15
	Mithuna Rasi: 2.52	Tithi 30 – 1	Gulika 3:19PM – 5:03PM	Mrigashira Until 1:03PM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Sarvari 5122
		333344461	Yama 11:51AM – 1:35PM	Ganda* Until 1:45PM	Muruqa: Orange	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 9
	Creative Work Siddha Yoga		Rahu 5:03PM – 6:47PM	Kintughna Until 12:13AM Mon	Nataraja: Yellow		Prathama
			Amavasya* Until 12:15PM	Moon – Yellow		Bhuloka Day	
		Father's Day		Ashada-Ani		Devaloka Time: 3:PM to 6:PM	
		Annular Solar Eclipse					

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Monday, June 22, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 71
1	Mithuna Rasi: 15.51 Tithi 1 – 2 Family Home Evening Creative Work Siddha Yoga Until 1:23PM Then Creative Work - Amrita Yoga	333344461	Gulika 1:35PM – 3:19PM Yama 10:07AM – 11:51AM Rahu 6:39AM – 8:23AM	Ardra Until 1:23PM Vriddhi Until 12:35PM Balava Until 11:46PM Prathama* Until 12:02PM	Ganesha: Purple Muruqa: Orange Nataraja: Yellow Moon – Yellow Ashada*Ani	Sarvari 5122 Moon 6 - Phase 10 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, June 23, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 17 Sutra 72
2	Mithuna Rasi: 29.07 Tithi 2 – 3 Creative Work Siddha Yoga	343444461	Gulika 11:52AM – 1:36PM Yama 8:23AM – 10:07AM Rahu 3:20PM – 5:04PM	Punarvasu Until 1:32PM Dhruva Until 11:00AM Taitila Until 10:51PM Dvitiya Until 11:20AM	Ganesha: Purple Muruqa: Orange Nataraja: Yellow Moon – Blue Ashada*Ani	Sarvari 5122 Moon 6 - Phase 10 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, June 24, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal Sun 18 Sutra 73
3	Kataka Rasi: 13 Tithi 3 – 4 Creative Work Siddha Yoga	343444461	Gulika 10:08AM – 11:52AM Yama 6:40AM – 8:24AM Rahu 11:52AM – 1:36PM	Pushya Until 1:07PM Vyaghata* Until 9:05AM Vanija Until 9:32PM Tritiya Until 10:13AM	Ganesha: Purple Muruqa: Orange Nataraja: Yellow Moon – Blue Ashada*Ani	Sarvari 5122 Moon 6 - Phase 10 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, June 25, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 19 Sutra 74
4	Kataka Rasi: 26.19 Tithi 4 – 5 Creative Work Siddha Yoga Until 12:14PM Then Creative Work - Amrita Yoga	343444461	Gulika 8:24AM – 10:08AM Yama 4:56AM – 6:40AM Rahu 1:36PM – 3:20PM	Ashlesha* Until 12:14PM Harshana Until 6:54AM Bava Until 7:55PM Chaturthi* Until 8:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Yellow Moon – Blue Ashada*Ani	Sarvari 5122 Moon 6 - Phase 10 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Friday, June 26, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 20 Sutra 75
5	Simha Rasi: 10.12 Tithi 5 – 6 Routine Work Marana Yoga Until 11:21AM Then Creative Work - Siddha Yoga	353444461	Gulika 6:40AM – 8:24AM Yama 3:20PM – 5:04PM Rahu 10:08AM – 11:52AM	Magha* Until 11:21AM Siddhi Until 1:50AM Sat Kaulava Until 6:03PM Panchami Until 6:59AM	Ganesha: Clear Muruqa: Orange Nataraja: Yellow Moon – Red Ashada*Ani	Sarvari 5122 Moon 6 - Phase 10 3rd Phase Devaloka Day

Saturday, June 27, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Kathmandu, Nepal Sun 21 Sutra 76
6	Simha Rasi: 24.14 Tithi 7 Creative Work Siddha Yoga Until 10:08AM Then Routine Work - Marana Yoga	353444461	Gulika 4:56AM – 6:40AM Yama 1:36PM – 3:20PM Rahu 8:24AM – 10:08AM	Purvaphalguni Until 10:08AM Vyatipata* Until 11:05PM Gara Until 3:59PM Saptami Until 2:52AM Sun	Ganesha: Clear Muruqa: Orange Nataraja: Yellow Moon – Red Ashada*Ani	Sarvari 5122 Moon 6 - Phase 10 3rd Phase Devaloka Day

Sunday, June 28, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 22 Sutra 77
Retreat Star	Kanya Rasi: 8.22 Tithi 8 Creative Work Amrita Yoga	353444461	Gulika 3:20PM – 5:04PM Yama 11:53AM – 1:36PM Rahu 5:04PM – 6:48PM	Uttaraphalguni Until 8:36AM Variyan Until 8:11PM Visti Until 1:46PM Ashtami* Until 12:36AM Mon	Ganesha: Clear Muruqa: Orange Nataraja: Yellow Moon – Red Ashada*Ani	Sarvari 5122 Moon 6 - Phase 10 Ashtami Devaloka Day

Monday, June 29, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 23 Sutra 78
Retreat Star	Kanya Rasi: 22.35 Tithi 9 Family Home Evening Creative Work Siddha Yoga Until 7:14AM Then Routine Work - Prabalarishta Yoga	363444461	Gulika 1:37PM – 3:21PM Yama 10:09AM – 11:53AM Rahu 6:41AM – 8:25AM	Hasta Until 7:14AM Parigha* Until 5:15PM Balava Until 11:27AM Navami* Until 10:15PM	Ganesha: White Muruqa: Orange Nataraja: Yellow Moon – Green Ashada*Ani	Sarvari 5122 Moon 6 - Phase 10 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM

1	Tuesday, June 30, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 24 Sutra 79
	Tula Rasi: 6.51	Tithi 10	Gulika 11:53AM – 1:37PM	Svati Until 3:57AM Wed	Ganesha: White	<i>Sunrise:</i> 4:57AM	Sarvari 5122
			Yama 8:25AM – 10:09AM	Shiva Until 2:16PM	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	363444461 Rahu 3:21PM – 5:05PM	Taitila Until 9:05AM	Nataraja: Yellow		4th Phase
			Dashami Until 7:53PM	Moon – Green		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

2	Wednesday, July 1, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 80
	Tula Rasi: 21.07	Tithi 11 – 12	Gulika 10:09AM – 11:53AM	Vishakha Until 2:35AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM	Sarvari 5122
			Yama 6:42AM – 8:25AM	Siddha Until 11:18AM	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	373444461 Rahu 11:53AM – 1:37PM	Vanija Until 6:43AM	Nataraja: Yellow		4th Phase
			Ekadashi Until 5:32PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

3	Thursday, July 2, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 81
	Vrischika Rasi: 5.2	Tithi 12 – 13	Gulika 8:26AM – 10:10AM	Anuradha Until 1:13AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM	Sarvari 5122
			Yama 4:58AM – 6:42AM	Sadhya Until 8:24AM	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	373444461 Rahu 1:37PM – 3:21PM	Kaulava Until 2:17AM Fri	Nataraja: Yellow		4th Phase
			Dvadashi Until 3:18PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			
				<i>Pradosha Vrata</i>			

4	Friday, July 3, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 82
	Vrischika Rasi: 19.28	Tithi 13 – 14	Gulika 6:42AM – 8:26AM	Jyeshtha* Until 11:57PM	Ganesha: Red	<i>Sunrise:</i> 4:59AM	Sarvari 5122
			Yama 3:21PM – 5:05PM	Sukla Until 3:06AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
	Routine Work	Marana Yoga	374444461 Rahu 10:10AM – 11:53AM	Gara Until 12:22AM Sat	Nataraja: Yellow		4th Phase
			Trayodashi Until 1:16PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

○	Saturday, July 4, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sun 28 Sutra 83
	Copper Retreat Star		Gulika 4:59AM – 6:43AM	Mula* Until 11:18PM	Ganesha: Blue	<i>Sunrise:</i> 4:59AM	Sarvari 5122
	Dhanus Rasi: 3.24	Tithi 14 – 15	Yama 1:37PM – 3:21PM	Brahma Until 12:50AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	384444461 Rahu 8:26AM – 10:10AM	Visti Until 10:49PM	Nataraja: Yellow		Purnima
			Chaturdashi* Until 11:32AM	Moon – Light Blue		Bhuloka Day	
			Satguru Purnima	Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

○	Sunday, July 5, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal Sun 29 Sutra 84
	Silver Retreat Star		Gulika 3:21PM – 5:05PM	Purvashadha* Until 10:57PM	Ganesha: Blue	<i>Sunrise:</i> 4:59AM	Sarvari 5122
	Dhanus Rasi: 17.07	Tithi 15 – 16	Yama 11:54AM – 1:37PM	Indra Until 10:58PM	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	384444461 Rahu 5:05PM – 6:48PM	Balava Until 9:42PM	Nataraja: Yellow		Prathama
			Purnima* Until 10:11AM	Moon – Light Blue		Bhuloka Day	
			Penumbral Lunar Eclipse	Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Monday, July 6, 2020
Gold Retreat Star

Makara Rasi: 0.34 Tithi 16 – 17
Family Home Evening
Routine Work Marana Yoga
Until 10:59PM
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:38PM – 3:21PM
Yama 10:10AM – 11:54AM
Rahu 6:43AM – 8:27AM

Uttarashadha Until 10:59PM
Vaidhriti* Until 9:30PM
Taitila Until 9:07PM
Prathama* Until 9:19AM

Kathmandu, Nepal
Sutra 85
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Ganesh: Red *Sunrise: 5:00AM*
Muruqa: Orange *Sunset: 6:48PM*
Nataraja: Yellow
Moon – Light Blue

Devaloka Day

1

Tuesday, July 7, 2020

Makara Rasi: 13.43 Tithi 17 – 18
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 11:54AM – 1:38PM
Yama 8:27AM – 10:11AM
Rahu 3:21PM – 5:05PM

Shravana Until 11:54PM
Vishkambha* Until 8:30PM
Vanija Until 9:07PM
Dvitiya Until 9:01AM

Kathmandu, Nepal
Sun 1 Sutra 86
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Ganesh: Blue *Sunrise: 5:00AM*
Muruqa: Orange *Sunset: 6:48PM*
Nataraja: Yellow
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Wednesday, July 8, 2020

Makara Rasi: 26.33 Tithi 18 – 19
Routine Work Prabalarishta Yoga
Until 1:16AM Thu
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 10:11AM – 11:54AM
Yama 6:44AM – 8:27AM
Rahu 11:54AM – 1:38PM

Dhanishtha Until 1:16AM Thu
Priti Until 8:01PM
Bava Until 9:44PM
Tritiya Until 9:20AM

Kathmandu, Nepal
Sun 2 Sutra 87
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Ganesh: Blue *Sunrise: 5:01AM*
Muruqa: Orange *Sunset: 6:48PM*
Nataraja: Yellow
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, July 9, 2020

Kumbha Rasi: 9.07 Tithi 19 – 20
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:28AM – 10:11AM
Yama 5:01AM – 6:44AM
Rahu 1:38PM – 3:21PM

Shatabhishak Until 3:01AM Fri
Ayushman Until 7:57PM
Kaulava Until 10:56PM
Chaturthi* Until 10:14AM

Kathmandu, Nepal
Sun 3 Sutra 88
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Ganesh: Blue *Sunrise: 5:01AM*
Muruqa: Orange *Sunset: 6:48PM*
Nataraja: Yellow
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, July 10, 2020

Kumbha Rasi: 21.25 Tithi 20 – 21
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:45AM – 8:28AM
Yama 3:21PM – 5:04PM
Rahu 10:11AM – 11:55AM

Purvaproshtapada* Until 5:34AM Sat
Saubhagya Until 8:17PM
Gara Until 12:37AM Sat
Panchami Until 11:42AM

Kathmandu, Nepal
Sun 4 Sutra 89
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Ganesh: Green *Sunrise: 5:02AM*
Muruqa: Orange *Sunset: 6:48PM*
Nataraja: Yellow
Moon – Clear

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Saturday, July 11, 2020

Meena Rasi: 3.32 Tithi 21 – 22
Creative Work Siddha Yoga
Until 8:17AM Sun
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Gulika 5:02AM – 6:45AM
Yama 1:38PM – 3:21PM
Rahu 8:28AM – 10:12AM

Uttaraproshtapada Until 8:17AM Sun
Sobhana Until 8:58PM
Visti Until 2:41AM Sun
Shashthi* Until 1:36PM

Kathmandu, Nepal
Sun 5 Sutra 90
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Ganesh: Green *Sunrise: 5:02AM*
Muruqa: Orange *Sunset: 6:47PM*
Nataraja: Yellow
Moon – Clear

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

6

Sunday, July 12, 2020

Meena Rasi: 15.31 Tithi 22 – 23
Creative Work Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Saplamy/Ashlmyam Titau

Gulika 3:21PM – 5:04PM
Yama 11:55AM – 1:38PM
Rahu 5:04PM – 6:47PM

Uttaraproshtapada Until 8:17AM
Athiganda* Until 9:47PM
Balava Until 4:58AM Mon
Saptami Until 3:47PM

Kathmandu, Nepal
Sun 6 Sutra 91
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Ganesh: Green *Sunrise: 5:03AM*
Muruqa: Orange *Sunset: 6:47PM*
Nataraja: Yellow
Moon – Clear

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Monday, July 13, 2020
Retreat Star

Meena Rasi: 27.26 Tithi 23
Family Home Evening
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava Karana Ashtamyam Titau

Gulika 1:38PM – 3:21PM
Yama 10:12AM – 11:55AM
Rahu 6:46AM – 8:29AM

Revati Until 10:59AM
Sukarma Until 10:41PM
Kaulava Until 6:06PM
Ashtami* Until 6:06PM

Kathmandu, Nepal
Sun 7 Sutra 92
Sarvari 5122
Moon 7 - Phase 12
Ashtami

Ganesh: Green *Sunrise: 5:03AM*
Muruqa: Orange *Sunset: 6:47PM*
Nataraja: Yellow
Moon – Clear

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Tuesday, July 14, 2020

Retreat Star

Mesha Rasi: 9.2 Tithi 24
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Gulika 11:55AM – 1:38PM
Yama 8:29AM – 10:12AM
Rahu 3:21PM – 5:04PM

Ashvini Until 2:00PM
Dhriti Until 11:30PM
Taitila Until 7:15AM
Navami* Until 8:19PM

Kathmandu, Nepal
Sun 8 Sutra 93
Sarvari 5122
Moon 7 - Phase 12
Navami

Ganesh: Orange *Sunrise: 5:03AM*
Muruqa: Orange *Sunset: 6:47PM*
Nataraja: Yellow
Moon – White

Devaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Wednesday, July 22, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 101
	Kataka Rasi: 22.13	Tithi 2	Gulika 10:14AM – 11:56AM	Ashlesha* Until 7:05PM	Ganesha: Purple <i>Sunrise: 5:08AM</i>	Muruqa: Clear <i>Sunset: 6:44PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 6:50AM – 8:32AM	Siddhi Until 2:53PM			3rd Phase
	445554462	Rahu 11:56AM – 1:38PM		Balava Until 8:27AM	Nataraja: White Moon – Blue	Devaloka Day	
Creative Work Siddha Yoga		Dvitiya Until 7:21PM		Sravana-Adi			

2	Thursday, July 23, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Varyan Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 102
	Simha Rasi: 6.22	Tithi 3 – 4	Gulika 8:32AM – 10:14AM	Magha* Until 5:41PM	Ganesha: Light Blue <i>Sunrise: 5:08AM</i>	Muruqa: Clear <i>Sunset: 6:43PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 5:08AM – 6:50AM	Vyatipata* Until 11:59AM			3rd Phase
	455554462	Rahu 1:37PM – 3:19PM		Taitila Until 6:14AM	Nataraja: White Moon – Red	Devaloka Day	
Creative Work Amrita Yoga Until 5:41PM Then Creative Work - Siddha Yoga		Tritiya Until 5:01PM		Sravana-Adi			

3	Friday, July 24, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 103
	Simha Rasi: 20.41	Tithi 4 – 5	Gulika 6:50AM – 8:32AM	Purvaphalguni Until 3:59PM	Ganesha: Light Blue <i>Sunrise: 5:09AM</i>	Muruqa: Clear <i>Sunset: 6:43PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 3:19PM – 5:01PM	Varyan Until 8:55AM			3rd Phase
	455554462	Rahu 10:14AM – 11:56AM		Bava Until 1:17AM Sat	Nataraja: White Moon – Red	Devaloka Day	
Creative Work Siddha Yoga		Nag Panchami		Chaturthi* Until 2:32PM			

4	Saturday, July 25, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 19 Sutra 104
	Kanya Rasi: 5.02	Tithi 5 – 6	Gulika 5:09AM – 6:51AM	Uttaraphalguni Until 2:07PM	Ganesha: Purple <i>Sunrise: 5:09AM</i>	Muruqa: Clear <i>Sunset: 6:42PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 1:37PM – 3:19PM	Shiva Until 2:43AM Sun			3rd Phase
	456554462	Rahu 8:32AM – 10:14AM		Kaulava Until 10:46PM	Nataraja: White Moon – Red	Devaloka Day	
Routine Work Marana Yoga		Panchami Until 12:00PM		Sravana-Adi			

5	Sunday, July 26, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 105
	Kanya Rasi: 19.23	Tithi 6 – 7	Gulika 3:19PM – 5:00PM	Hasta Until 12:35PM	Ganesha: Clear <i>Sunrise: 5:10AM</i>	Muruqa: Clear <i>Sunset: 6:41PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 11:56AM – 1:37PM	Siddha Until 11:41PM			3rd Phase
	466554462	Rahu 5:00PM – 6:41PM		Gara Until 8:21PM	Nataraja: White Moon – Green	Sivaloka Day	
Creative Work Amrita Yoga Until 12:35PM Then Creative Work - Siddha Yoga		Shashthi* Until 9:31AM		Sravana-Adi			

D	Monday, July 27, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Vanija/Visli* Karana Sapthami/Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 106
	Retreat Star		Gulika 1:37PM – 3:18PM	Chitra Until 11:03AM	Ganesha: Clear <i>Sunrise: 5:10AM</i>	Muruqa: Clear <i>Sunset: 6:41PM</i>	Sarvari 5122 Moon 7 - Phase 14
	Tula Rasi: 3.4	Tithi 7 – 8	Yama 10:14AM – 11:56AM	Sadhya Until 8:48PM			Ashtami
	466554462	Rahu 6:52AM – 8:33AM		Visti Until 6:04PM	Nataraja: White Moon – Green	Sivaloka Day	
Family Home Evening Routine Work Prabalarishta Yoga Until 11:03AM Then Creative Work - Amrita Yoga		Saptami Until 7:10AM		Sravana-Adi			

D	Tuesday, July 28, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 107
	Retreat Star		Gulika 11:56AM – 1:37PM	Svati Until 9:33AM	Ganesha: Clear <i>Sunrise: 5:11AM</i>	Muruqa: Clear <i>Sunset: 6:40PM</i>	Sarvari 5122 Moon 7 - Phase 14
	Tula Rasi: 17.49	Tithi 9	Yama 8:33AM – 10:14AM	Subha Until 6:06PM			Navami
	466554462	Rahu 3:18PM – 4:59PM		Balava Until 4:00PM	Nataraja: White Moon – Green	Sivaloka Day	
Creative Work Siddha Yoga Until 9:33AM Then Routine Work - Marana Yoga		Navami* Until 3:02AM Wed		Sravana-Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Wednesday, July 29, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 108
	Vrischika Rasi: 1.5	Tithi 10	Gulika 10:14AM – 11:56AM	Vishakha Until 8:34AM	Ganesha: White	Sunrise: 5:11AM	Sarvari 5122
			Yama 6:52AM – 8:33AM	Sukla Until 3:34PM	Muruga: Clear	Sunset: 6:40PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	476554462 Rahu 11:56AM – 1:37PM	Taitila Until 2:09PM	Nataraja: White		4th Phase
			Dashami Until 1:18AM Thu	Sravana-Adi	Devaloka Day		

2	Thursday, July 30, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 109
	Vrischika Rasi: 15.41	Tithi 11	Gulika 8:34AM – 10:15AM	Anuradha Until 7:41AM	Ganesha: White	Sunrise: 5:12AM	Sarvari 5122
			Yama 5:12AM – 6:53AM	Brahma Until 1:15PM	Muruga: Clear	Sunset: 6:39PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	476554462 Rahu 1:36PM – 3:17PM	Vanija Until 12:34PM	Nataraja: White		4th Phase
			Ekadashi Until 11:51PM	Sravana-Adi	Devaloka Day		
			Then Routine Work - Prabararishta Yoga				

3	Friday, July 31, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 110
	Vrischika Rasi: 29.23	Tithi 12	Gulika 6:53AM – 8:34AM	Jyeshtha* Until 6:56AM	Ganesha: White	Sunrise: 5:12AM	Sarvari 5122
			Yama 3:17PM – 4:58PM	Indra Until 11:11AM	Muruga: Clear	Sunset: 6:38PM	Moon 7 - Phase 15
	Routine Work	Marana Yoga	476554462 Rahu 10:15AM – 11:55AM	Bava Until 11:16AM	Nataraja: White		4th Phase
			Varalakshmi Vratam	Dvadashi Until 10:42PM	Sravana-Adi	Devaloka Day	
			Then Creative Work - Amrita Yoga				

4	Saturday, August 1, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 111
	Dhanus Rasi: 12.53	Tithi 13	Gulika 5:13AM – 6:54AM	Mula* Until 6:47AM	Ganesha: White	Sunrise: 5:13AM	Sarvari 5122
			Yama 1:36PM – 3:17PM	Vaidhriti* Until 9:21AM	Muruga: Clear	Sunset: 6:38PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	487554462 Rahu 8:34AM – 10:15AM	Kaulava Until 10:16AM	Nataraja: White		4th Phase
			Trayodashi Until 9:53PM	Moon – Light Blue	Subha Sivaloka Day		
			<i>Pradosha Vrata</i>				

5	Sunday, August 2, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 112
	Dhanus Rasi: 26.12	Tithi 14	Gulika 3:16PM – 4:57PM	Purvashadha* Until 6:49AM	Ganesha: White	Sunrise: 5:13AM	Sarvari 5122
			Yama 11:55AM – 1:36PM	Vishkambha* Until 7:48AM	Muruga: Clear	Sunset: 6:37PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	487554462 Rahu 4:57PM – 6:37PM	Gara Until 9:38AM	Nataraja: White		4th Phase
			Chaturdashi* Until 9:27PM	Moon – Light Blue	Subha Sivaloka Day		
			Then Creative Work - Amrita Yoga				

O	Monday, August 3, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Kathmandu, Nepal Sutra 113
	Copper Retreat Star		Gulika 1:36PM – 3:16PM	Uttarashadha Until 7:06AM	Ganesha: White	Sunrise: 5:14AM	Sarvari 5122
	Makara Rasi: 9.18	Tithi 15	Yama 10:15AM – 11:55AM	Priti Until 6:35AM	Muruga: Clear	Sunset: 6:36PM	Moon 7 - Phase 15
	Family Home Evening	487554462 Rahu 6:54AM – 8:35AM	Visti Until 9:25AM	Nataraja: White			Purnima
			Raksha Bandhan	Purnima* Until 9:27PM	Moon – Light Blue	Subha Sivaloka Day	
			Then Creative Work - Amrita Yoga				

O	Tuesday, August 4, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 114
	Silver Retreat Star		Gulika 11:55AM – 1:35PM	Shravana Until 8:08AM	Ganesha: Yellow	Sunrise: 5:14AM	Sarvari 5122
	Makara Rasi: 22.11	Tithi 16	Yama 8:35AM – 10:15AM	Saubhagya Until 5:12AM Wed	Muruga: Clear	Sunset: 6:36PM	Moon 7 - Phase 15
	Creative Work	Siddha Yoga	497554462 Rahu 3:15PM – 4:56PM	Balava Until 9:38AM	Nataraja: White		Prathama
			Prathama* Until 9:54PM	Moon – Purple	Sivaloka Day		
			Then Creative Work - Amrita Yoga				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 5, 2020

Gold Retreat Star

Kumbha Rasi: 4.5 Tithi 17
497554462
Routine Work Prabalarishta Yoga
Until 9:29AM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 10:15AM – 11:55AM
Yama 6:55AM – 8:35AM
Rahu 11:55AM – 1:35PM
Dhanishtha Until 9:29AM
Sobhana Until 5:06AM Thu
Taitila Until 10:20AM
Dvitiya Until 10:51PM

Ganesha: Yellow *Sunrise:* 5:15AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: White
Moon – Purple
Sravana-Adi

Sivaloka Day

Kathmandu, Nepal
Sun 1 Sutra 115
Sarvari 5122
Moon 8 - Phase 16
1st Phase

1

Thursday, August 6, 2020

Kumbha Rasi: 17.16 Tithi 18
497554462
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Triliyayam Titau

Gulika 8:35AM – 10:15AM
Yama 5:16AM – 6:55AM
Rahu 1:35PM – 3:15PM
Shatabhishak Until 11:08AM
Athiganda* Until 5:20AM Fri
Vanija Until 11:31AM
Tritiya Until 12:16AM Fri

Ganesha: Yellow *Sunrise:* 5:16AM
Muruqa: Clear *Sunset:* 6:34PM
Nataraja: White
Moon – Purple
Sravana-Adi

Sivaloka Day

Kathmandu, Nepal
Sun 2 Sutra 116
Sarvari 5122
Moon 8 - Phase 16
1st Phase

2

Friday, August 7, 2020

Kumbha Rasi: 29.31 Tithi 19
417554462
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 6:56AM – 8:35AM
Yama 3:14PM – 4:54PM
Rahu 10:15AM – 11:55AM
Purvaproshtapada* Until 1:33PM
Sukarma Until 5:53AM Sat
Bava Until 1:10PM
Chaturthi* Until 2:07AM Sat

Ganesha: Clear *Sunrise:* 5:16AM
Muruqa: Clear *Sunset:* 6:33PM
Nataraja: White
Moon – Clear
Sravana-Adi

Sivaloka Day

Kathmandu, Nepal
Sun 3 Sutra 117
Sarvari 5122
Moon 8 - Phase 16
1st Phase

3

Saturday, August 8, 2020

Meena Rasi: 11.35 Tithi 20
418554462
Creative Work Siddha Yoga
Until 4:10PM
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 5:17AM – 6:56AM
Yama 1:34PM – 3:14PM
Rahu 8:36AM – 10:15AM
Uttaraproshtapada Until 4:10PM
Dhriti Until 6:42AM Sun
Kaulava Until 3:12PM
Panchami Until 4:18AM Sun

Ganesha: Purple *Sunrise:* 5:17AM
Muruqa: Clear *Sunset:* 6:33PM
Nataraja: White
Moon – Clear
Sravana-Adi

Devaloka Day

Kathmandu, Nepal
Sun 4 Sutra 118
Sarvari 5122
Moon 8 - Phase 16
1st Phase

4

Sunday, August 9, 2020

Meena Rasi: 23.32 Tithi 21
418554462
Creative Work Amrita Yoga
Until 6:52PM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 3:13PM – 4:52PM
Yama 11:54AM – 1:34PM
Rahu 4:52PM – 6:32PM
Revati Until 6:52PM
Dhriti Until 6:42AM
Gara Until 5:29PM
Shashthi* Until 6:40AM Mon

Ganesha: Purple *Sunrise:* 5:17AM
Muruqa: Clear *Sunset:* 6:32PM
Nataraja: White
Moon – Clear
Sravana-Adi

Devaloka Day

Kathmandu, Nepal
Sun 5 Sutra 119
Sarvari 5122
Moon 8 - Phase 16
1st Phase

5

Monday, August 10, 2020

Mesha Rasi: 5.25 Tithi 21 – 22
428554462
Family Home Evening
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 1:33PM – 3:13PM
Yama 10:15AM – 11:54AM
Rahu 6:57AM – 8:36AM
Ashvini Until 10:00PM
Shula* Until 7:36AM
Visti Until 7:53PM
Shashthi* Until 6:40AM

Ganesha: Clear *Sunrise:* 5:18AM
Muruqa: Clear *Sunset:* 6:31PM
Nataraja: White
Moon – White
Sravana-Adi

Sivaloka Day

Kathmandu, Nepal
Sun 6 Sutra 120
Sarvari 5122
Moon 8 - Phase 16
1st Phase

D

Tuesday, August 11, 2020

Retreat Star

Mesha Rasi: 17.17 Tithi 22 – 23
428554462
Creative Work Siddha Yoga
Until 12:50AM Wed
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 11:54AM – 1:33PM
Yama 8:36AM – 10:15AM
Rahu 3:12PM – 4:51PM
Bharani Until 12:50AM Wed
Ganda* Until 8:32AM
Balava Until 10:11PM
Saptami Until 9:02AM

Ganesha: Clear *Sunrise:* 5:18AM
Muruqa: Clear *Sunset:* 6:30PM
Nataraja: White
Moon – White
Sravana-Adi

Sivaloka Day

Kathmandu, Nepal
Sun 7 Sutra 121
Sarvari 5122
Moon 8 - Phase 16
Ashtami

Wednesday, August 12, 2020

Retreat Star

Mesha Rasi: 29.14 Tithi 23 – 24
428554462
Creative Work Amrita Yoga
Until 3:11AM Thu
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:15AM – 11:54AM
Yama 6:58AM – 8:36AM
Rahu 11:54AM – 1:33PM
Krittika Until 3:11AM Thu
Vridhhi Until 9:18AM
Taitila Until 12:09AM Thu
Ashtami* Until 11:12AM

Ganesha: Clear *Sunrise:* 5:19AM
Muruqa: Clear *Sunset:* 6:29PM
Nataraja: White
Moon – White
Sravana-Adi

Sivaloka Day

Kathmandu, Nepal
Sun 8 Sutra 122
Sarvari 5122
Moon 8 - Phase 16
Navami

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1	Thursday, August 13, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kathmandu, Nepal Sun 9 Sutra 123
	Vrishabha Rasi: 11.2 Tithi 24 – 25	438654462	Gulika 8:36AM – 10:15AM Yama 5:19AM – 6:58AM Rahu 1:32PM – 3:11PM	Rohini Until 5:18AM Fri Dhruva Until 9:44AM Vanija Until 1:34AM Fri Navami* Until 12:55PM	Ganesha: Clear <i>Sunrise:</i> 5:19AM Muruqa: Clear <i>Sunset:</i> 6:28PM Nataraja: White Moon – Yellow	Sivaloka Day	Sarvari 5122 Moon 8 - Phase 17 2nd Phase
	Routine Work Marana Yoga						
	Until 5:18AM Fri Then Creative Work - Siddha Yoga						

2	Friday, August 14, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 124
	Vrishabha Rasi: 23.41 Tithi 25 – 26	439654462	Gulika 6:58AM – 8:37AM Yama 3:11PM – 4:49PM Rahu 10:15AM – 11:54AM	Mrigashira Until 6:33AM Sat Vyaghata* Until 9:42AM Bava Until 2:17AM Sat Dashami Until 2:00PM	Ganesha: White <i>Sunrise:</i> 5:20AM Muruqa: Clear <i>Sunset:</i> 6:28PM Nataraja: White Moon – Yellow	Devaloka Day	Sarvari 5122 Moon 8 - Phase 17 2nd Phase
	Creative Work Siddha Yoga						

3	Saturday, August 15, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 11 Sutra 125
	Mithuna Rasi: 6.22 Tithi 26 – 27	439654462	Gulika 5:20AM – 6:59AM Yama 1:32PM – 3:10PM Rahu 8:37AM – 10:15AM	Mrigashira Until 6:33AM Harshana Until 9:06AM Kaulava Until 2:13AM Sun Ekadashi* Until 2:20PM	Ganesha: White <i>Sunrise:</i> 5:20AM Muruqa: Clear <i>Sunset:</i> 6:27PM Nataraja: White Moon – Yellow	Devaloka Day	Sarvari 5122 Moon 8 - Phase 17 2nd Phase
	Creative Work Siddha Yoga						

4	Sunday, August 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 12 Sutra 126
	Mithuna Rasi: 19.25 Tithi 27 – 28	439654462	Gulika 3:09PM – 4:48PM Yama 11:53AM – 1:31PM Rahu 4:48PM – 6:26PM	Ardra Until 6:52AM Vajra* Until 7:50AM Gara Until 1:20AM Mon Dvadashi* Until 1:51PM	Ganesha: White <i>Sunrise:</i> 5:21AM Muruqa: Clear <i>Sunset:</i> 6:26PM Nataraja: White Moon – Yellow	Devaloka Day	Sarvari 5122 Moon 8 - Phase 17 2nd Phase
	Creative Work Siddha Yoga						
			<i>Pradosha Vrata (Fasting)</i>				

5	Monday, August 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 13 Sutra 127
	Kataka Rasi: 2.55 Tithi 28 – 29 Family Home Evening	549654462	Gulika 1:31PM – 3:09PM Yama 10:15AM – 11:53AM Rahu 6:59AM – 8:37AM	Punarvasu Until 6:43AM Vyatipata* Until 3:30AM Tue Visti Until 11:44PM Trayodashi* Until 12:36PM	Ganesha: White <i>Sunrise:</i> 5:21AM Muruqa: Clear <i>Sunset:</i> 6:25PM Nataraja: White Moon – Blue	Devaloka Day	Sarvari 5122 Moon 8 - Phase 17 2nd Phase
	Creative Work Amrita Yoga						
	Until 6:43AM Then Creative Work - Siddha Yoga						

	Tuesday, August 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 14 Sutra 128		
	Retreat Star		Kataka Rasi: 16.5 Tithi 29 – 30	549654462	Gulika 11:53AM – 1:31PM Yama 8:37AM – 10:15AM Rahu 3:08PM – 4:46PM	Ashlesha* Until 3:59AM Wed Variyan Until 12:32AM Wed Catuspada Until 9:30PM Chaturdashi* Until 10:40AM	Ganesha: White <i>Sunrise:</i> 5:22AM Muruqa: Clear <i>Sunset:</i> 6:24PM Nataraja: White Moon – Blue	Devaloka Day	Sarvari 5122 Moon 8 - Phase 17 Amavasya
	Creative Work Siddha Yoga								

6	Wednesday, August 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 15 Sutra 129		
	Retreat Star		Simha Rasi: 1.07 Tithi 30 – 1	559654462	Gulika 10:15AM – 11:53AM Yama 7:00AM – 8:37AM Rahu 11:53AM – 1:30PM	Magha* Until 2:06AM Thu Parigha* Until 9:14PM Kintughna Until 6:49PM Amavasya* Until 8:12AM	Ganesha: Green <i>Sunrise:</i> 5:22AM Muruqa: Clear <i>Sunset:</i> 6:23PM Nataraja: White Moon – Red	Devaloka Day	Sarvari 5122 Moon 8 - Phase 17 Prathama
	Creative Work Siddha Yoga								
			Bhadrapada-Avani						

1	Thursday, August 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 130
	Simha Rasi: 15.42	Tithi 2	Gulika 8:37AM – 10:15AM	Purvaphalguni Until 11:51PM	Ganesha: Green <i>Sunrise:</i> 5:23AM		Sarvari 5122
			Yama 5:23AM – 7:00AM	Shiva Until 5:41PM	Muruqa: Clear <i>Sunset:</i> 6:22PM		Moon 8 - Phase 18
	559654462	Rahu 1:30PM – 3:07PM	Balava Until 3:49PM		Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 2:14AM Fri	Moon – Red		Devaloka Day	
				Bhadrapada-Avani			

2	Friday, August 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 17 Sutra 131
	Kanya Rasi: 0.27	Tithi 3	Gulika 7:00AM – 8:38AM	Uttaraphalguni Until 9:21PM	Ganesha: Green <i>Sunrise:</i> 5:23AM		Sarvari 5122
			Yama 3:06PM – 4:44PM	Siddha Until 2:00PM	Muruqa: Clear <i>Sunset:</i> 6:21PM		Moon 8 - Phase 18
	559654462	Rahu 10:15AM – 11:52AM	Taitila Until 12:40PM		Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:05PM	Moon – Red		Devaloka Day	
Until 9:21PM				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

3	Saturday, August 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 18 Sutra 132
	Kanya Rasi: 15.14	Tithi 4	Gulika 5:24AM – 7:01AM	Hasta Until 7:11PM	Ganesha: Blue <i>Sunrise:</i> 5:24AM		Sarvari 5122
			Yama 1:29PM – 3:06PM	Sadhya Until 10:20AM	Muruqa: Clear <i>Sunset:</i> 6:20PM		Moon 8 - Phase 18
	561654462	Rahu 8:38AM – 10:15AM	Vanija Until 9:32AM		Nataraja: White		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 7:59PM	Moon – Green		Devaloka Day	
		Ganesha Chaturthi		Bhadrapada-Avani			

4	Sunday, August 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Bava/Kaulava Karana Panchami/Shashtyam Titau				Kathmandu, Nepal Sun 19 Sutra 133
	Kanya Rasi: 29.55	Tithi 5 – 6	Gulika 3:05PM – 4:42PM	Chitra Until 5:06PM	Ganesha: Blue <i>Sunrise:</i> 5:24AM		Sarvari 5122
			Yama 11:52AM – 1:28PM	Subha Until 6:49AM	Muruqa: Clear <i>Sunset:</i> 6:19PM		Moon 8 - Phase 18
	561654462	Rahu 4:42PM – 6:19PM	Bava Until 6:32AM		Nataraja: White		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 5:06PM	Moon – Green		Devaloka Day	
				Bhadrapada-Avani			

5	Monday, August 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Taitila/Gara Karana Shashti/Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 134
	Tula Rasi: 14.25	Tithi 6 – 7	Gulika 1:28PM – 3:05PM	Svati Until 3:11PM	Ganesha: Blue <i>Sunrise:</i> 5:25AM		Sarvari 5122
	Family Home Evening		Yama 10:15AM – 11:51AM	Brahma Until 12:27AM Tue	Muruqa: Clear <i>Sunset:</i> 6:18PM		Moon 8 - Phase 18
	561654462	Rahu 7:01AM – 8:38AM	Gara Until 1:24AM Tue		Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Shashti* Until 2:32PM	Moon – Green		Devaloka Day	
Until 3:11PM				Bhadrapada-Avani			
Then Routine Work - Marana Yoga							

D	Tuesday, August 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 135
	Retreat Star		Gulika 11:51AM – 1:27PM	Vishakha Until 1:57PM	Ganesha: Yellow <i>Sunrise:</i> 5:25AM		Sarvari 5122
	Tula Rasi: 28.4	Tithi 7 – 8	Yama 8:38AM – 10:15AM	Indra Until 9:47PM	Muruqa: Clear <i>Sunset:</i> 6:17PM		Moon 8 - Phase 18
	571654462	Rahu 3:04PM – 4:40PM	Visti Until 11:27PM		Nataraja: White		Ashtami
Routine Work	Marana Yoga		Saptami Until 12:21PM	Moon – Orange		Sivaloka Day	
Until 1:57PM				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

W	Wednesday, August 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 136
	Retreat Star		Gulika 10:14AM – 11:51AM	Anuradha Until 1:02PM	Ganesha: Yellow <i>Sunrise:</i> 5:26AM		Sarvari 5122
	Vrischika Rasi: 12.37	Tithi 8 – 9	Yama 7:02AM – 8:38AM	Vaidhriti* Until 7:29PM	Muruqa: Clear <i>Sunset:</i> 6:16PM		Moon 8 - Phase 18
	571654462	Rahu 11:51AM – 1:27PM	Balava Until 9:59PM		Nataraja: White		Navami
Creative Work	Siddha Yoga		Ashtami* Until 10:38AM	Moon – Orange		Sivaloka Day	
				Bhadrapada-Avani			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1	Thursday, August 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha/Mula* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 137
	Wrischika Rasi: 26.17	Tithi 9 – 10	Gulika 8:38AM – 10:14AM	Jyeshtha* Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sarvari 5122
			Yama 5:26AM – 7:02AM	Vishkambha* Until 5:34PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 19
		571654463	Rahu 1:27PM – 3:03PM	Taitila Until 8:58PM	Nataraja: Clear		4th Phase
	Routine Work	Prabalarishta Yoga				Devaloka Day	
		Until 12:26PM	Navami* Until 9:24AM	Bhadrapada-Avani			
		Then Creative Work - Siddha Yoga					


2	Friday, August 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 138
	Dhanus Rasi: 9.41	Tithi 10 – 11	Gulika 7:02AM – 8:38AM	Mula* Until 12:35PM	Ganesha: White	<i>Sunrise:</i> 5:27AM	Sarvari 5122
			Yama 3:02PM – 4:38PM	Priti Until 4:02PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 19
		581654463	Rahu 10:14AM – 11:50AM	Vanija Until 8:25PM	Nataraja: Clear		4th Phase
	Creative Work	Amrita Yoga				Bhuloka Day	
		Until 12:35PM	Dashami Until 8:37AM	Bhadrapada-Avani		Devaloka Time: 3:PM to 6:PM	
		Then Routine Work - Prabalarishta Yoga					

3	Saturday, August 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 139
	Dhanus Rasi: 22.51	Tithi 11 – 12	Gulika 5:27AM – 7:03AM	Purvashadha* Until 1:01PM	Ganesha: White	<i>Sunrise:</i> 5:27AM	Sarvari 5122
			Yama 1:26PM – 3:01PM	Ayushman Until 2:49PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 19
		581654463	Rahu 8:38AM – 10:14AM	Bava Until 8:17PM	Nataraja: Clear		4th Phase
	Creative Work	Siddha Yoga				Bhuloka Day	
		Until 1:01PM	Ekadashi Until 8:17AM	Bhadrapada-Avani		Devaloka Time: 3:PM to 6:PM	
		Then Routine Work - Marana Yoga					

4	Sunday, August 30, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 140
	Makara Rasi: 5.48	Tithi 12 – 13	Gulika 3:01PM – 4:36PM	Uttarashadha Until 1:41PM	Ganesha: White	<i>Sunrise:</i> 5:27AM	Sarvari 5122
			Yama 11:50AM – 1:25PM	Saubhagya Until 1:55PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 19
		581654463	Rahu 4:36PM – 6:12PM	Kaulava Until 8:34PM	Nataraja: Clear		4th Phase
	Creative Work	Amrita Yoga				Bhuloka Day	
			Dvadashi Until 8:22AM	Bhadrapada-Avani		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5	Monday, August 31, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 141
	Makara Rasi: 18.34	Tithi 13 – 14	Gulika 1:25PM – 3:00PM	Shravana Until 3:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Sarvari 5122
	Family Home Evening		Yama 10:14AM – 11:49AM	Sobhana Until 1:21PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 19
		591654463	Rahu 7:03AM – 8:39AM	Gara Until 9:13PM	Nataraja: Clear		4th Phase
	Creative Work	Amrita Yoga				Devaloka Day	
		Until 3:03PM	Chidambaram Abhishekam	Trayodashi Until 8:49AM	Bhadrapada-Avani		
		Then Creative Work - Siddha Yoga					

	Tuesday, September 1, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Kathmandu, Nepal Sutra 142
	Copper Retreat Star		Gulika 11:49AM – 1:24PM	Dhanishtha Until 4:37PM	Ganesha: Purple	<i>Sunrise:</i> 5:28AM	Sarvari 5122
	Kumbha Rasi: 1.08	Tithi 14 – 15	Yama 8:39AM – 10:14AM	Athiganda* Until 1:02PM	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 19
		592654463	Rahu 2:59PM – 4:34PM	Vistil Until 10:15PM	Nataraja: Clear		Purnima
	Creative Work	Siddha Yoga				Sivaloka Day	
		Until 4:37PM	Avani Avittam	Chaturdashi* Until 9:40AM	Bhadrapada-Avani		
		Then Routine Work - Marana Yoga					

	Wednesday, September 2, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kathmandu, Nepal Sutra 143
	Silver Retreat Star		Gulika 10:14AM – 11:49AM	Shatabhishak Until 6:23PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM	Sarvari 5122
	Kumbha Rasi: 13.34	Tithi 15 – 16	Yama 7:04AM – 8:39AM	Sukarma Until 1:01PM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 19
		592654463	Rahu 11:49AM – 1:23PM	Balava Until 11:39PM	Nataraja: Clear		Prathama
	Creative Work	Siddha Yoga				Sivaloka Day	
		Until 6:23PM	Purnima* Until 10:53AM	Bhadrapada-Avani			
		Then Creative Work - Amrita Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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Thursday, September 3, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal

Sutra 144

Kumbha Rasi: 25.49 Tithi 16 – 17

Gulika 8:39AM – 10:13AM
Yama 5:29AM – 7:04AM
Rahu 1:23PM – 2:58PM

Purvaprosarthapada* Until 8:50PM
Dhriti Until 1:18PM
Taitila Until 1:24AM Fri
Prathama* Until 12:28PM

Ganesha: Purple Sunrise: 5:29AM
Muruqa: Clear Sunset: 6:07PM
Nataraja: Clear
Moon – Clear

Sarvari 5122
Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Avani

1

Friday, September 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal

Sutra 145

Meena Rasi: 7.56 Tithi 17 – 18

Gulika 7:04AM – 8:39AM
Yama 2:57PM – 4:32PM
Rahu 10:13AM – 11:48AM

Uttaraprosarthapada Until 11:26PM
Shula* Until 1:50PM
Vanija Until 3:30AM Sat
Dvitiya Until 2:23PM

Ganesha: Purple Sunrise: 5:30AM
Muruqa: Clear Sunset: 6:06PM
Nataraja: Clear
Moon – Clear

Sarvari 5122
Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Avani

2

Saturday, September 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ganda*/Vridhi/ Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Kathmandu, Nepal

Sutra 146

Meena Rasi: 19.56 Tithi 18 – 19

Gulika 5:30AM – 7:05AM
Yama 1:22PM – 2:56PM
Rahu 8:39AM – 10:13AM

Revati Until 2:07AM Sun
Ganda* Until 2:35PM
Bava Until 5:51AM Sun
Tritiya Until 4:37PM

Ganesha: Purple Sunrise: 5:30AM
Muruqa: Clear Sunset: 6:05PM
Nataraja: Clear
Moon – Clear

Sarvari 5122
Moon 9 - Phase 20
1st Phase

Routine Work Prabalarishta Yoga

Sivaloka Day

Bhadrapada-Avani

Until 2:07AM Sun

Then Creative Work - Siddha Yoga

3

Sunday, September 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Vridhi/Dhruva Yoga Balava Karana Chaturthiyam Titau

Kathmandu, Nepal

Sutra 147

Mesha Rasi: 1.49 Tithi 19

Gulika 2:56PM – 4:30PM
Yama 11:47AM – 1:21PM
Rahu 4:30PM – 6:04PM

Ashvini Until 5:19AM Mon
Vridhi Until 3:32PM
Balava Until 7:04PM
Chaturthi* Until 7:04PM

Ganesha: Clear Sunrise: 5:31AM
Muruqa: Clear Sunset: 6:04PM
Nataraja: Clear
Moon – White

Sarvari 5122
Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

4

Monday, September 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kathmandu, Nepal

Sutra 148

Mesha Rasi: 13.4 Tithi 20

Gulika 1:21PM – 2:55PM
Yama 10:13AM – 11:47AM
Rahu 7:05AM – 8:39AM

Bharani Until 8:21AM Tue
Dhruva Until 4:31PM
Kaulava Until 8:21AM
Panchami Until 9:35PM

Ganesha: White Sunrise: 5:31AM
Muruqa: Clear Sunset: 6:03PM
Nataraja: Clear
Moon – White

Sarvari 5122
Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 3:PM to 6:PM

5

Tuesday, September 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Sutra 149

Mesha Rasi: 25.29 Tithi 21

Gulika 11:47AM – 1:20PM
Yama 8:39AM – 10:13AM
Rahu 2:54PM – 4:28PM

Bharani Until 8:21AM
Vyaghata* Until 5:28PM
Gara Until 10:51AM
Shashthi* Until 12:00AM Wed

Ganesha: White Sunrise: 5:32AM
Muruqa: Clear Sunset: 6:02PM
Nataraja: Clear
Moon – White

Sarvari 5122
Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 3:PM to 6:PM

6

Wednesday, September 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sutra 150

Vrishabha Rasi: 7.24 Tithi 22

Gulika 10:13AM – 11:46AM
Yama 7:06AM – 8:39AM
Rahu 11:46AM – 1:20PM

Krittika Until 11:01AM
Harshana Until 6:12PM
Visti Until 1:07PM
Saptami Until 2:04AM Thu

Ganesha: White Sunrise: 5:32AM
Muruqa: Clear Sunset: 6:00PM
Nataraja: Clear
Moon – White

Sarvari 5122
Moon 9 - Phase 20
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 3:PM to 6:PM

Then Creative Work - Siddha Yoga

D

Thursday, September 10, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sutra 151

Vrishabha Rasi: 19.28 Tithi 23

Gulika 8:39AM – 10:12AM
Yama 5:32AM – 7:06AM
Rahu 1:19PM – 2:53PM

Rohini Until 1:36PM
Vajra* Until 6:32PM
Balava Until 2:55PM
Ashtami* Until 3:34AM Fri

Ganesha: Yellow Sunrise: 5:32AM
Muruqa: Clear Sunset: 5:59PM
Nataraja: Clear
Moon – Yellow

Sarvari 5122
Moon 9 - Phase 20
Ashtami

Routine Work Marana Yoga

Devaloka Day

Bhadrapada-Avani

Friday, September 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal

Sutra 152

Mithuna Rasi: 1.46 Tithi 24

Gulika 7:06AM – 8:39AM
Yama 2:52PM – 4:25PM
Rahu 10:12AM – 11:45AM

Mrigashira Until 3:23PM
Siddhi Until 6:21PM
Taitila Until 4:04PM
Navami* Until 4:20AM Sat

Ganesha: Yellow Sunrise: 5:33AM
Muruqa: Clear Sunset: 5:58PM
Nataraja: Clear
Moon – Yellow

Sarvari 5122
Moon 9 - Phase 20
Navami

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	Saturday, September 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata/Variyan Yoga Vanija/Vistii* Karana Dashamyam Titau				Kathmandu, Nepal Sun 9 Sutra 153
	Mithuna Rasi: 14.24	Tithi 25	Gulika 5:33AM – 7:06AM	Ardra Until 4:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Sarvari 5122
			Yama 1:18PM – 2:51PM	Vyatipata* Until 5:32PM	Muruqa: Clear	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 21
	Creative Work Siddha Yoga	532754463	Rahu 8:39AM – 10:12AM	Vanija Until 4:24PM	Nataraja: Clear		2nd Phase
			Dashami Until 4:14AM Sun	Bhadrapada-Avani		Devaloka Day	

2	Sunday, September 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ekadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 154
	Mithuna Rasi: 27.27	Tithi 26	Gulika 2:50PM – 4:23PM	Punarvasu Until 4:31PM	Ganesha: Blue	<i>Sunrise:</i> 5:34AM	Sarvari 5122
			Yama 11:45AM – 1:18PM	Variyan Until 4:00PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM	Moon 9 - Phase 21
	Creative Work Siddha Yoga	542754463	Rahu 4:23PM – 5:56PM	Bava Until 3:52PM	Nataraja: Clear		2nd Phase
		Grandparent's Day	Ekadashi* Until 3:15AM Mon	Bhadrapada-Avani		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Monday, September 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kathmandu, Nepal Sun 11 Sutra 155
	Kataka Rasi: 10.59	Tithi 27	Gulika 1:17PM – 2:50PM	Pushya Until 3:49PM	Ganesha: Blue	<i>Sunrise:</i> 5:34AM	Sarvari 5122
	Family Home Evening		Yama 10:12AM – 11:44AM	Parigha* Until 1:48PM	Muruqa: Clear	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 21
	Creative Work Siddha Yoga	542754463	Rahu 7:07AM – 8:39AM	Kaulava Until 2:28PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 1:28AM Tue	Bhadrapada-Avani		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

4	Tuesday, September 15, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				Kathmandu, Nepal Sun 12 Sutra 156
	Kataka Rasi: 24.59	Tithi 28	Gulika 11:44AM – 1:16PM	Ashlesha* Until 2:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:35AM	Sarvari 5122
			Yama 8:39AM – 10:12AM	Shiva Until 10:59AM	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 21
	Creative Work Siddha Yoga	543754463	Rahu 2:49PM – 4:21PM	Gara Until 12:19PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 10:58PM	Bhadrapada-Avani		Devaloka Day	
			<i>Pradosha Vrata (Fasting)</i>				

5	Wednesday, September 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 13 Sutra 157
	Simha Rasi: 9.28	Tithi 29	Gulika 10:12AM – 11:44AM	Magha* Until 12:18PM	Ganesha: Red	<i>Sunrise:</i> 5:35AM	Sarvari 5122
			Yama 7:07AM – 8:39AM	Siddha Until 7:37AM	Muruqa: Clear	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 21
	Creative Work Siddha Yoga	553754463	Rahu 11:44AM – 1:16PM	Vistii Until 9:32AM	Nataraja: Clear		2nd Phase
		Until 12:18PM	Chaturdashi* Until 7:57PM	Bhadrapada-Puratasi		Devaloka Day	
		Then Creative Work - Amrita Yoga					

●	Thursday, September 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 158
	Retreat Star		Gulika 8:39AM – 10:11AM	Purvaphalguni Until 9:48AM	Ganesha: Red	<i>Sunrise:</i> 5:36AM	Sarvari 5122
	Simha Rasi: 24.17	Tithi 30 – 1	Yama 5:36AM – 7:08AM	Subha Until 11:53PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 21
	Creative Work Siddha Yoga	553764463	Rahu 1:15PM – 2:47PM	Catuspada Until 6:17AM	Nataraja: Clear		Amavasya
		Mahalaya Amavasyai (Tamil Nadu)	Amavasya* Until 4:32PM	Bhadrapada-Puratasi		Sivaloka Day	

●	Friday, September 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 159
	Retreat Star		Gulika 7:08AM – 8:40AM	Uttaraphalguni Until 6:54AM	Ganesha: Red	<i>Sunrise:</i> 5:36AM	Sarvari 5122
	Kanya Rasi: 9.2	Tithi 1 – 2	Yama 2:46PM – 4:18PM	Sukla Until 7:44PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 21
	Creative Work Siddha Yoga	553764463	Rahu 10:11AM – 11:43AM	Balava Until 11:06PM	Nataraja: Clear		Prathama
		Until 6:54AM	Prathama* Until 12:55PM	Ashvina Adhika-Puratasi		Sivaloka Day	
		Then Creative Work - Amrita Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Saturday, September 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal
	Kanya Rasi: 24.28	Tithi 2 – 3	563764463	Gulika 5:36AM – 7:08AM Yama 1:14PM – 2:46PM Rahu 8:40AM – 10:11AM	Chitra Until 1:25AM Sun Brahma Until 3:38PM Taitila Until 7:30PM Dvitiya Until 9:16AM	Ganesha: Yellow <i>Sunrise:</i> 5:36AM Muruqa: Purple <i>Sunset:</i> 5:49PM Nataraja: Clear Moon – Green	Sun 16 Sutra 160 Sarvari 5122 Moon 9 - Phase 22 3rd Phase Sivaloka Day
Routine Work Marana Yoga		Until 1:25AM Sun		Then Creative Work - Siddha Yoga			

2	Sunday, September 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Chaturthiyam Titau				Kathmandu, Nepal
	Tula Rasi: 9.31	Tithi 4	563764463	Gulika 2:45PM – 4:16PM Yama 11:42AM – 1:14PM Rahu 4:16PM – 5:48PM	Svati Until 10:47PM Indra Until 11:41AM Vanija Until 4:07PM Chaturthi* Until 2:32AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:37AM Muruqa: Purple <i>Sunset:</i> 5:48PM Nataraja: Clear Moon – Green	Sun 17 Sutra 161 Sarvari 5122 Moon 9 - Phase 22 3rd Phase Sivaloka Day
Creative Work Siddha Yoga		Until 10:47PM		Then Routine Work - Marana Yoga			

3	Monday, September 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal
	Tula Rasi: 24.2	Tithi 5	573764463	Gulika 1:13PM – 2:44PM Yama 10:11AM – 11:42AM Rahu 7:09AM – 8:40AM	Vishakha Until 8:49PM Vaidhriti* Until 8:00AM Bava Until 1:05PM Panchami Until 11:44PM	Ganesha: White <i>Sunrise:</i> 5:37AM Muruqa: Purple <i>Sunset:</i> 5:46PM Nataraja: Clear Moon – Orange	Sun 18 Sutra 162 Sarvari 5122 Moon 9 - Phase 22 3rd Phase Subha Sivaloka Day
Routine Work Marana Yoga		Until 8:49PM		Then Creative Work - Siddha Yoga			

4	Tuesday, September 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau				Kathmandu, Nepal
	Vrischika Rasi: 8.49	Tithi 6	573764463	Gulika 11:42AM – 1:13PM Yama 8:40AM – 10:11AM Rahu 2:43PM – 4:14PM	Anuradha Until 7:16PM Priti Until 1:53AM Wed Kaulava Until 10:33AM Shashthi* Until 9:30PM	Ganesha: White <i>Sunrise:</i> 5:38AM Muruqa: Purple <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Orange	Sun 19 Sutra 163 Sarvari 5122 Moon 9 - Phase 22 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga		Until 7:16PM		Then Routine Work - Marana Yoga			

5	Wednesday, September 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Gara/Vanija Karana Saptamyam Titau				Kathmandu, Nepal
	Vrischika Rasi: 22.54	Tithi 7	573764463	Gulika 10:10AM – 11:41AM Yama 7:09AM – 8:40AM Rahu 11:41AM – 1:12PM	Jyeshtha* Until 6:11PM Ayushman Until 11:34PM Gara Until 8:38AM Saptami Until 7:53PM	Ganesha: White <i>Sunrise:</i> 5:38AM Muruqa: Purple <i>Sunset:</i> 5:44PM Nataraja: Clear Moon – Orange	Sun 20 Sutra 164 Sarvari 5122 Moon 9 - Phase 22 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga		Until 6:11PM		Then Routine Work - Marana Yoga			

☾	Thursday, September 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal	
	Retreat Star		Dhanus Rasi: 6.35	Tithi 8	583764463	Gulika 8:40AM – 10:10AM Yama 5:39AM – 7:09AM Rahu 1:11PM – 2:42PM	Mula* Until 6:04PM Saubhagya Until 9:47PM Visti Until 7:21AM Ashtami* Until 6:57PM	Ganesha: Clear <i>Sunrise:</i> 5:39AM Muruqa: Purple <i>Sunset:</i> 5:43PM Nataraja: Clear Moon – Light Blue
Creative Work Siddha Yoga								

☽	Friday, September 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal	
	Retreat Star		Dhanus Rasi: 19.54	Tithi 9	583764463	Gulika 7:10AM – 8:40AM Yama 2:41PM – 4:12PM Rahu 10:10AM – 11:41AM	Purvashadha* Until 6:26PM Sobhana Until 8:33PM Balava Until 6:45AM Navami* Until 6:40PM	Ganesha: Clear <i>Sunrise:</i> 5:39AM Muruqa: Purple <i>Sunset:</i> 5:42PM Nataraja: Clear Moon – Light Blue
Routine Work Prabalarishta Yoga		Until 6:26PM		Then Routine Work - Marana Yoga				


1	Saturday, September 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 167
	Makara Rasi: 2.52	Tithi 10	Gulika 5:40AM – 7:10AM Yama 1:10PM – 2:40PM Rahu 8:40AM – 10:10AM	Uttarashadha Until 7:13PM Athiganda* Until 7:44PM Taitila Until 6:46AM Dashami Until 6:58PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Light Blue	<i>Sunrise:</i> 5:40AM <i>Sunset:</i> 5:41PM	Sarvari 5122 Moon 9 - Phase 23 4th Phase Sivaloka Day
Routine Work Marana Yoga Until 7:13PM Then Creative Work - Siddha Yoga							


2	Sunday, September 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 168
	Makara Rasi: 15.35	Tithi 11	Gulika 2:40PM – 4:10PM Yama 11:40AM – 1:10PM Rahu 4:10PM – 5:40PM	Shravana Until 8:49PM Sukarma Until 7:19PM Vanija Until 7:20AM Ekadashi Until 7:47PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple	<i>Sunrise:</i> 5:40AM <i>Sunset:</i> 5:40PM	Sarvari 5122 Moon 9 - Phase 23 4th Phase Sivaloka Day
Creative Work Amrita Yoga Until 8:49PM Then Routine Work - Marana Yoga							

3	Monday, September 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 169
	Makara Rasi: 28.05	Tithi 12	Gulika 1:09PM – 2:39PM Yama 10:10AM – 11:40AM Rahu 7:10AM – 8:40AM	Dhanishtha Until 10:39PM Dhriti Until 7:15PM Bava Until 8:23AM Dvadashi Until 9:01PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple	<i>Sunrise:</i> 5:41AM <i>Sunset:</i> 5:38PM	Sarvari 5122 Moon 9 - Phase 23 4th Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga							

4	Tuesday, September 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 170
	Kumbha Rasi: 10.25	Tithi 13	Gulika 11:39AM – 1:09PM Yama 8:40AM – 10:10AM Rahu 2:38PM – 4:08PM	Shatabhishak Until 12:39AM Wed Shula* Until 7:24PM Kaulava Until 9:47AM Trayodashi Until 10:36PM	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Purple	<i>Sunrise:</i> 5:41AM <i>Sunset:</i> 5:37PM	Sarvari 5122 Moon 9 - Phase 23 4th Phase Devaloka Day
Routine Work Marana Yoga Until 12:39AM Wed Then Creative Work - Amrita Yoga		Chidambaram Abhishekam Kadaitswami Mahasamadhi	Pradosha Vrata				

5	Wednesday, September 30, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 171
	Kumbha Rasi: 22.37	Tithi 14	Gulika 10:10AM – 11:39AM Yama 7:11AM – 8:40AM Rahu 11:39AM – 1:08PM	Purvaproshtapada* Until 3:15AM Thu Ganda* Until 7:48PM Gara Until 11:31AM Chaturdashi* Until 12:28AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	<i>Sunrise:</i> 5:42AM <i>Sunset:</i> 5:36PM	Sarvari 5122 Moon 9 - Phase 23 4th Phase Devaloka Day
Creative Work Amrita Yoga Until 3:15AM Thu Then Creative Work - Siddha Yoga							

	Thursday, October 1, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau				Kathmandu, Nepal Sutra 172
	Meena Rasi: 4.42	Tithi 15	Gulika 8:40AM – 10:09AM Yama 5:42AM – 7:11AM Rahu 1:08PM – 2:37PM	Uttaraproshtapada Until 5:55AM Fri Vriddhi Until 8:24PM Visti Until 1:31PM Purnima* Until 2:35AM Fri	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	<i>Sunrise:</i> 5:42AM <i>Sunset:</i> 5:35PM	Sarvari 5122 Moon 9 - Phase 23 Purnima Devaloka Day
Creative Work Siddha Yoga							

	Friday, October 2, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 173
	Meena Rasi: 16.42	Tithi 16	Gulika 7:11AM – 8:40AM Yama 2:36PM – 4:05PM Rahu 10:09AM – 11:38AM	Revati Until 8:37AM Sat Dhruva Until 9:09PM Balava Until 3:45PM Prathama* Until 4:55AM Sat	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Clear	<i>Sunrise:</i> 5:43AM <i>Sunset:</i> 5:34PM	Sarvari 5122 Moon 9 - Phase 23 Prathama Sivaloka Day
Creative Work Siddha Yoga							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502



Saturday, October 3, 2020
Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Vyaghata* Yoga Tailita Karana Dvitiyayam Titau

Kathmandu, Nepal
Sutra 174

Meena Rasi: 28.37 Tithi 17

Gulika 5:43AM – 7:12AM
Yama 1:07PM – 2:35PM
Rahu 8:40AM – 10:09AM

Revati Until 8:37AM
Vyaghata* Until 10:03PM
Tailita Until 6:11PM
Dvitiya Until 7:25AM Sun

Ganesha: Clear *Sunrise: 5:43AM*
Muruga: Purple *Sunset: 5:33PM*
Nataraja: Clear
Moon – Clear
Ashvina Adhika-Puratasi

Sarvari 5122
Moon 10 - Phase 24
1st Phase

Routine Work Prabalarishta Yoga
Until 8:37AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Sunday, October 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 175

Mesha Rasi: 10.28 Tithi 17 – 18

Gulika 2:35PM – 4:03PM
Yama 11:38AM – 1:06PM
Rahu 4:03PM – 5:32PM

Ashvini Until 11:48AM
Harshana Until 11:02PM
Vanija Until 8:44PM
Dvitiya Until 7:25AM

Ganesha: Purple *Sunrise: 5:44AM*
Muruga: Purple *Sunset: 5:32PM*
Nataraja: Clear
Moon – White
Ashvina Adhika-Puratasi

Sarvari 5122
Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga
Until 11:48AM
Then Routine Work - Prabalarishta Yoga

Subha Sivaloka Day

2

Monday, October 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Kathmandu, Nepal
Sun 2 Sutra 176

Mesha Rasi: 22.17 Tithi 18 – 19

Gulika 1:06PM – 2:34PM
Yama 10:09AM – 11:37AM
Rahu 7:12AM – 8:41AM

Bharani Until 2:52PM
Vajra* Until 11:59PM
Bava Until 11:17PM
Tritiya Until 10:00AM

Ganesha: Purple *Sunrise: 5:44AM*
Muruga: Purple *Sunset: 5:31PM*
Nataraja: Clear
Moon – White
Ashvina Adhika-Puratasi

Sarvari 5122
Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga
Until 2:52PM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

3

Tuesday, October 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal
Sun 3 Sutra 177

Mrishabha Rasi: 4.07 Tithi 19 – 20

Gulika 11:37AM – 1:05PM
Yama 8:41AM – 10:09AM
Rahu 2:33PM – 4:01PM

Krittika Until 5:41PM
Siddhi Until 12:51AM Wed
Kaulava Until 1:43AM Wed
Chaturthi* Until 12:30PM

Ganesha: Purple *Sunrise: 5:45AM*
Muruga: Purple *Sunset: 5:29PM*
Nataraja: Clear
Moon – White
Ashvina Adhika-Puratasi

Sarvari 5122
Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga
Until 5:41PM
Then Creative Work - Amrita Yoga

Subha Sivaloka Day

4

Wednesday, October 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyatipata* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Kathmandu, Nepal
Sun 4 Sutra 178

Mrishabha Rasi: 16.02 Tithi 20 – 21

Gulika 10:09AM – 11:37AM
Yama 7:13AM – 8:41AM
Rahu 11:37AM – 1:05PM

Rohini Until 8:34PM
Vyatipata* Until 1:29AM Thu
Gara Until 3:48AM Thu
Panchami Until 2:47PM

Ganesha: Clear *Sunrise: 5:45AM*
Muruga: Purple *Sunset: 5:28PM*
Nataraja: Purple
Moon – Yellow
Ashvina Adhika-Puratasi

Sarvari 5122
Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

5

Thursday, October 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal
Sun 5 Sutra 179

Mrishabha Rasi: 28.05 Tithi 21 – 22

Gulika 8:41AM – 10:09AM
Yama 5:46AM – 7:13AM
Rahu 1:04PM – 2:32PM

Mrigashira Until 10:50PM
Variyan Until 1:41AM Fri
Visti Until 5:22AM Fri
Shashthi* Until 4:39PM

Ganesha: Clear *Sunrise: 5:46AM*
Muruga: Purple *Sunset: 5:27PM*
Nataraja: Purple
Moon – Yellow
Ashvina Adhika-Puratasi

Sarvari 5122
Moon 10 - Phase 24
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

6

Friday, October 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 180

Mithuna Rasi: 10.21 Tithi 22 – 23

Gulika 7:14AM – 8:41AM
Yama 2:31PM – 3:59PM
Rahu 10:09AM – 11:36AM

Ardra Until 12:18AM Sat
Parigha* Until 1:23AM Sat
Balava Until 6:13AM Sat
Saptami Until 5:52PM

Ganesha: Clear *Sunrise: 5:46AM*
Muruga: Purple *Sunset: 5:26PM*
Nataraja: Purple
Moon – Yellow
Ashvina Adhika-Puratasi

Sarvari 5122
Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

D

Saturday, October 10, 2020
Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 181

Mithuna Rasi: 22.56 Tithi 23

Gulika 5:47AM – 7:14AM
Yama 1:03PM – 2:31PM
Rahu 8:41AM – 10:09AM

Punarvasu Until 1:18AM Sun
Shiva Until 12:28AM Sun
Balava Until 6:13AM
Ashtami* Until 6:19PM

Ganesha: White *Sunrise: 5:47AM*
Muruga: Purple *Sunset: 5:25PM*
Nataraja: Purple
Moon – Blue
Ashvina Adhika-Puratasi

Sarvari 5122
Moon 10 - Phase 24
Ashtami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

Sunday, October 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Siddha Yoga Tailita/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal
Sun 8 Sutra 182

Kataka Rasi: 5.54 Tithi 24 – 25

Gulika 2:30PM – 3:57PM
Yama 11:36AM – 1:03PM
Rahu 3:57PM – 5:24PM

Pushya Until 1:17AM Mon
Siddha Until 10:50PM
Tailita Until 6:14AM
Navami* Until 5:54PM

Ganesha: Clear *Sunrise: 5:47AM*
Muruga: Purple *Sunset: 5:24PM*
Nataraja: Purple
Moon – Blue
Ashvina Adhika-Puratasi

Sarvari 5122
Moon 10 - Phase 24
Navami

Creative Work Siddha Yoga


Subha Sivaloka Day


1	Monday, October 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 183
	Kataka Rasi: 19.2	Tithi 25 – 26	Gulika	1:02PM – 2:29PM	Ashlesha* Until 12:18AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:48AM
	Family Home Evening	645864464	Yama	10:08AM – 11:35AM	Sadhya Until 8:33PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM
	Creative Work	Siddha Yoga	Rahu	7:15AM – 8:42AM	Bava Until 3:42AM Tue	Nataraja: Purple	Moon 10 - Phase 25
				Dashami Until 4:38PM	Moon – Blue	Subha Sivaloka Day	2nd Phase
					Ashvina Adhika-Puratasi		

2	Tuesday, October 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 184
	Simha Rasi: 3.16	Tithi 26 – 27	Gulika	11:35AM – 1:02PM	Magha* Until 10:51PM	Ganesha: White	<i>Sunrise:</i> 5:48AM
		655864464	Yama	8:42AM – 10:08AM	Subha Until 5:38PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM
	Creative Work	Siddha Yoga	Rahu	2:29PM – 3:55PM	Kaulava Until 1:17AM Wed	Nataraja: Purple	Moon 10 - Phase 25
				Ekadashi* Until 2:34PM	Moon – Red	Sivaloka Day	2nd Phase
					Ashvina Adhika-Puratasi		

3	Wednesday, October 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 185
	Simha Rasi: 17.4	Tithi 27 – 28	Gulika	10:08AM – 11:35AM	Purvaphalguni Until 8:38PM	Ganesha: White	<i>Sunrise:</i> 5:49AM
		655864464	Yama	7:15AM – 8:42AM	Sukla Until 2:10PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM
	Creative Work	Amrita Yoga	Rahu	11:35AM – 1:01PM	Gara Until 10:15PM	Nataraja: Purple	Moon 10 - Phase 25
				Dvadashi* Until 11:49AM	Moon – Red	Sivaloka Day	2nd Phase
					Ashvina Adhika-Puratasi		
					<i>Pradosha Vrata (Fasting)</i>		

4	Thursday, October 15, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 186
	Kanya Rasi: 2.29	Tithi 28 – 29	Gulika	8:42AM – 10:08AM	Uttaraphalguni Until 5:50PM	Ganesha: White	<i>Sunrise:</i> 5:49AM
		655864464	Yama	5:49AM – 7:16AM	Brahma Until 10:17AM	Muruqa: Purple	<i>Sunset:</i> 5:20PM
		Amrita Yoga	Rahu	1:01PM – 2:27PM	Vistil Until 6:47PM	Nataraja: Purple	Moon 10 - Phase 25
Until 5:50PM				Trayodashi* Until 8:33AM	Moon – Red	Sivaloka Day	2nd Phase
Then Routine Work - Marana Yoga					Ashvina Adhika-Puratasi		

	Friday, October 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 187
	Retreat Star		Gulika	7:16AM – 8:42AM	Hasta Until 3:00PM	Ganesha: Green	<i>Sunrise:</i> 5:50AM
	Kanya Rasi: 17.36	Tithi 30	Yama	2:27PM – 3:53PM	Indra Until 6:08AM	Muruqa: Purple	<i>Sunset:</i> 5:19PM
		665864464	Rahu	10:08AM – 11:35AM	Catuspada Until 3:02PM	Nataraja: Purple	Moon 10 - Phase 25
Creative Work	Amrita Yoga			Amavasya* Until 1:06AM Sat	Moon – Green	Sivaloka Day	Amavasya
Until 3:00PM					Ashvina Adhika-Puratasi		
Then Creative Work - Siddha Yoga							

	Saturday, October 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 188
	Retreat Star		Gulika	5:51AM – 7:16AM	Chitra Until 11:56AM	Ganesha: Green	<i>Sunrise:</i> 5:51AM
	Tula Rasi: 2.52	Tithi 1	Yama	1:00PM – 2:26PM	Vishkambha* Until 9:29PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM
		665864464	Rahu	8:42AM – 10:08AM	Kintughna Until 11:11AM	Nataraja: Purple	Moon 10 - Phase 25
Routine Work	Marana Yoga			Prathama* Until 9:16PM	Moon – Green	Sivaloka Day	Prathama
Until 11:56AM					Ashvina-Aipasi		
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Sunday, October 25, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 22 Sutra 196	
Makara Rasi: 25.07	Tithi 9 – 10	Gulika 2:22PM – 3:46PM	Dhanishtha Until 4:22AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:55AM				
		Yama 11:33AM – 12:58PM	Ganda* Until 12:26AM Mon	Muruga: Purple	<i>Sunset:</i> 5:11PM			Moon 10 - Phase 27	
		696864464 Rahu 3:46PM – 5:11PM	Taitila Until 8:18PM	Nataraja: Purple				4th Phase	
Routine Work	Marana Yoga		Navami* Until 7:41AM	Moon – Purple			Subha Sivaloka Day		
Until 4:22AM Mon				Ashvina-Aipasi					
Then Creative Work - Siddha Yoga									

2		Monday, October 26, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 23 Sutra 197	
Kumbha Rasi: 7.29	Tithi 10 – 11	Gulika 12:57PM – 2:22PM	Shatabhishak Until 6:27AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:56AM				
Family Home Evening		Yama 10:09AM – 11:33AM	Vriddhi Until 12:39AM Tue	Muruga: Purple	<i>Sunset:</i> 5:10PM			Moon 10 - Phase 27	
Creative Work	Siddha Yoga	696864464 Rahu 7:20AM – 8:44AM	Vanija Until 9:54PM	Nataraja: Purple				4th Phase	
Until 6:27AM Tue			Vijaya Dasami	Moon – Purple			Subha Sivaloka Day		
Then Routine Work - Marana Yoga			Dashami Until 9:01AM	Ashvina-Aipasi					

3		Tuesday, October 27, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Kathmandu, Nepal Sun 24 Sutra 198	
Kumbha Rasi: 19.4	Tithi 11 – 12	Gulika 11:33AM – 12:57PM	Shatabhishak Until 6:27AM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM				
		Yama 8:45AM – 10:09AM	Dhruva Until 1:07AM Wed	Muruga: Purple	<i>Sunset:</i> 5:09PM			Moon 10 - Phase 27	
		696964464 Rahu 2:21PM – 3:45PM	Bava Until 11:52PM	Nataraja: Purple				4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 10:49AM	Moon – Purple			Sivaloka Day		
Until 9:12AM				Ashvina-Aipasi					
Then Creative Work - Siddha Yoga									

4		Wednesday, October 28, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 25 Sutra 199	
Meena Rasi: 1.43	Tithi 12 – 13	Gulika 10:09AM – 11:33AM	Purvaprosnthapada* Until 9:12AM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM				
		Yama 7:21AM – 8:45AM	Vyaghata* Until 1:47AM Thu	Muruga: Purple	<i>Sunset:</i> 5:08PM			Moon 10 - Phase 27	
		617964464 Rahu 11:33AM – 12:57PM	Kaulava Until 2:07AM Thu	Nataraja: Purple				4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 12:56PM	Moon – Clear			Subha Sivaloka Day		
Until 9:12AM				Ashvina-Aipasi					
Then Creative Work - Siddha Yoga									

5		Thursday, October 29, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosnthapada*/Revati Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 26 Sutra 200	
Meena Rasi: 13.41	Tithi 13 – 14	Gulika 8:45AM – 10:09AM	Uttaraprosnthapada Until 11:59AM	Ganesha: Yellow	<i>Sunrise:</i> 5:58AM				
		Yama 5:58AM – 7:22AM	Harshana Until 2:36AM Fri	Muruga: Purple	<i>Sunset:</i> 5:08PM			Moon 10 - Phase 27	
		617964464 Rahu 12:56PM – 2:20PM	Gara Until 4:31AM Fri	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 3:17PM	Moon – Clear			Subha Sivaloka Day		
Until 2:45PM				Ashvina-Aipasi					
Then Creative Work - Amrita Yoga									

6		Friday, October 30, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau		Kathmandu, Nepal Sun 27 Sutra 201	
Meena Rasi: 25.35	Tithi 14 – 15	Gulika 7:22AM – 8:46AM	Revati Until 2:45PM	Ganesha: Yellow	<i>Sunrise:</i> 5:59AM				
		Yama 2:20PM – 3:43PM	Vajra* Until 3:27AM Sat	Muruga: Purple	<i>Sunset:</i> 5:07PM			Moon 10 - Phase 27	
		617964464 Rahu 10:09AM – 11:33AM	Visti Until 7:02AM Sat	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga		Chaturdashy* Until 5:45PM	Moon – Clear			Subha Sivaloka Day		
Until 2:45PM				Ashvina-Aipasi					
Then Creative Work - Amrita Yoga									

○		Saturday, October 31, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Visti*/Bava Karana Purnimayam Titau		Kathmandu, Nepal Sutra 202	
Copper Retreat Star		Gulika 5:59AM – 7:23AM	Ashvini Until 5:54PM	Ganesha: White	<i>Sunrise:</i> 5:59AM				
Mesha Rasi: 7.26	Tithi 15	Yama 12:56PM – 2:19PM	Siddhi Until 4:21AM Sun	Muruga: Purple	<i>Sunset:</i> 5:06PM			Moon 10 - Phase 27	
		627964464 Rahu 8:46AM – 10:09AM	Visti Until 7:02AM	Nataraja: Purple				Purnima	
Creative Work	Siddha Yoga		Purnima* Until 8:17PM	Moon – White			Subha Subha Sivaloka Day		
Until 8:53PM				Ashvina-Aipasi					
Then Creative Work - Siddha Yoga									

○		Sunday, November 1, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau		Kathmandu, Nepal Sutra 203	
Silver Retreat Star		Gulika 2:19PM – 3:42PM	Bharani Until 8:53PM	Ganesha: White	<i>Sunrise:</i> 6:00AM				
Mesha Rasi: 19.18	Tithi 16	Yama 11:33AM – 12:56PM	Vyatipata* Until 5:14AM Mon	Muruga: Purple	<i>Sunset:</i> 5:05PM			Moon 10 - Phase 27	
		627964464 Rahu 3:42PM – 5:05PM	Balava Until 9:34AM	Nataraja: Purple				Prathama	
Routine Work	Prabalarishta Yoga		Prathama* Until 10:48PM	Moon – White			Subha Subha Sivaloka Day		
Until 8:53PM				Ashvina-Aipasi					
Then Creative Work - Siddha Yoga									

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, November 2, 2020
Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Varigan Yoga Tailila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal
Sun 1 Sutra 204

Vrishabha Rasi: 1.1 Tithi 17
Family Home Evening 627964464
Routine Work Marana Yoga
Until 11:36PM
Then Creative Work - Amrita Yoga

Gulika 12:56PM – 2:19PM
Yama 10:10AM – 11:33AM
Rahu 7:24AM – 8:47AM
Krittika Until 11:36PM
Variyan Until 5:59AM Tue
Taitila Until 12:02PM
Dvitiya Until 1:12AM Tue

Ganesha: White *Sunrise:* 6:01AM
Muruqa: Purple *Sunset:* 5:05PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Aipasi

Sarvari 5122
Moon 11 - Phase 28
1st Phase

1

Tuesday, November 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Kathmandu, Nepal
Sun 2 Sutra 205

Vrishabha Rasi: 13.05 Tithi 18
637964464
Creative Work Amrita Yoga
Until 2:28AM Wed
Then Creative Work - Siddha Yoga

Gulika 11:33AM – 12:55PM
Yama 8:47AM – 10:10AM
Rahu 2:18PM – 3:41PM
Rohini Until 2:28AM Wed
Parigha* Until 6:34AM Wed
Vanija Until 2:22PM
Tritiya Until 3:24AM Wed

Ganesha: Clear *Sunrise:* 6:01AM
Muruqa: Purple *Sunset:* 5:04PM
Nataraja: Purple
Moon – Yellow
Subha Sivaloka Day
Ashvina•Aipasi

Sarvari 5122
Moon 11 - Phase 28
1st Phase

2

Wednesday, November 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal
Sun 3 Sutra 206

Vrishabha Rasi: 25.06 Tithi 19
638964464
Creative Work Siddha Yoga
Until 4:50AM Thu
Then Routine Work - Marana Yoga

Gulika 10:10AM – 11:33AM
Yama 7:25AM – 8:47AM
Rahu 11:33AM – 12:55PM
Mrigashira Until 4:50AM Thu
Parigha* Until 6:34AM
Bava Until 4:24PM
Chaturthi* Until 5:16AM Thu

Ganesha: White *Sunrise:* 6:02AM
Muruqa: Purple *Sunset:* 5:03PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Sarvari 5122
Moon 11 - Phase 28
1st Phase

3

Thursday, November 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Kaulava Karana Panchamyam Titau

Kathmandu, Nepal
Sun 4 Sutra 207

Mithuna Rasi: 7.15 Tithi 20
638964464
Routine Work Marana Yoga
Until 6:36AM Fri
Then Creative Work - Siddha Yoga

Gulika 8:48AM – 10:10AM
Yama 6:03AM – 7:25AM
Rahu 12:55PM – 2:18PM
Ardra Until 6:36AM Fri
Shiva Until 6:54AM
Kaulava Until 6:03PM
Panchami Until 6:39AM Fri

Ganesha: White *Sunrise:* 6:03AM
Muruqa: Purple *Sunset:* 5:03PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Sarvari 5122
Moon 11 - Phase 28
1st Phase

4

Friday, November 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal
Sun 5 Sutra 208

Mithuna Rasi: 19.36 Tithi 20 – 21
638964464
Creative Work Siddha Yoga

Gulika 7:26AM – 8:48AM
Yama 2:17PM – 3:40PM
Rahu 10:10AM – 11:33AM
Ardra Until 6:36AM
Siddha Until 6:51AM
Gara Until 7:09PM
Panchami Until 6:39AM

Ganesha: White *Sunrise:* 6:03AM
Muruqa: Purple *Sunset:* 5:02PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Sarvari 5122
Moon 11 - Phase 28
1st Phase

5

Saturday, November 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Kathmandu, Nepal
Sun 6 Sutra 209

Kataka Rasi: 2.12 Tithi 21 – 22
748964464
Creative Work Siddha Yoga

Gulika 6:04AM – 7:26AM
Yama 12:55PM – 2:17PM
Rahu 8:49AM – 10:11AM
Punarvasu Until 8:06AM
Sadhya Until 6:21AM
Visti Until 7:36PM
Shashthi* Until 7:26AM

Ganesha: White *Sunrise:* 6:04AM
Muruqa: Purple *Sunset:* 5:01PM
Nataraja: Purple
Moon – Blue
Sivaloka Day
Ashvina•Aipasi

Sarvari 5122
Moon 11 - Phase 28
1st Phase

D

Sunday, November 8, 2020
Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal
Sun 7 Sutra 210

Kataka Rasi: 15.08 Tithi 22 – 23
748964464
Creative Work Siddha Yoga

Gulika 2:17PM – 3:39PM
Yama 11:33AM – 12:55PM
Rahu 3:39PM – 5:01PM
Pushya Until 8:46AM
Sukla Until 3:41AM Mon
Balava Until 7:19PM
Saptami Until 7:32AM

Ganesha: White *Sunrise:* 6:05AM
Muruqa: Purple *Sunset:* 5:01PM
Nataraja: Purple
Moon – Blue
Sivaloka Day
Ashvina•Aipasi

Sarvari 5122
Moon 11 - Phase 28
Ashtami

Monday, November 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal
Sun 8 Sutra 211

Kataka Rasi: 28.28 Tithi 23 – 24
748964464
Family Home Evening
Creative Work Siddha Yoga
Until 8:33AM
Then Routine Work - Marana Yoga

Gulika 12:55PM – 2:17PM
Yama 10:11AM – 11:33AM
Rahu 7:27AM – 8:49AM
Ashlesha* Until 8:33AM
Brahma Until 1:28AM Tue
Taitila Until 6:17PM
Ashtami* Until 6:53AM

Ganesha: White *Sunrise:* 6:06AM
Muruqa: Purple *Sunset:* 5:00PM
Nataraja: Purple
Moon – Blue
Sivaloka Day
Ashvina•Aipasi


Sarvari 5122
Moon 11 - Phase 28
Navami


1	Tuesday, November 10, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Vanija/Vistii* Karana Dashamyam Titau				Kathmandu, Nepal
	Simha Rasi: 12.13	Tithi 25	Gulika 11:33AM – 12:55PM	Magha* Until 7:55AM	Ganesha: Orange	<i>Sunrise:</i> 6:06AM	Sun 9 Sutra 212
			Yama 8:50AM – 10:11AM	Indra Until 10:42PM	Muruqa: Purple	<i>Sunset:</i> 5:00PM	Sarvari 5122
	Creative Work	Siddha Yoga	759964464 Rahu 2:16PM – 3:38PM	Vanija Until 4:32PM	Nataraja: Purple		Moon 11 - Phase 29
			Dashami Until 3:23AM Wed	Moon – Red		2nd Phase	
				Ashvina•Aipasi		Subha Sivaloka Day	

2	Wednesday, November 11, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhritii* Yoga Bava/Balava Karana Ekadashyam Titau				Kathmandu, Nepal
	Simha Rasi: 26.23	Tithi 26	Gulika 10:12AM – 11:33AM	Purvaphalguni Until 6:27AM	Ganesha: Orange	<i>Sunrise:</i> 6:07AM	Sun 10 Sutra 213
			Yama 7:29AM – 8:50AM	Vaidhritii* Until 7:24PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Sarvari 5122
	Creative Work	Amrita Yoga	759964464 Rahu 11:33AM – 12:55PM	Bava Until 2:07PM	Nataraja: Purple		Moon 11 - Phase 29
			Ekadashi* Until 12:41AM Thu	Moon – Red		2nd Phase	
				Ashvina•Aipasi		Subha Sivaloka Day	

3	Thursday, November 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vishkambha*/Pritii Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kathmandu, Nepal
	Kanya Rasi: 10.58	Tithi 27	Gulika 8:51AM – 10:12AM	Hasta Until 1:54AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 6:08AM	Sun 11 Sutra 214
			Yama 6:08AM – 7:29AM	Vishkambha* Until 3:42PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Sarvari 5122
	Routine Work	Marana Yoga	769964464 Rahu 12:55PM – 2:16PM	Kaulava Until 11:10AM	Nataraja: Purple		Moon 11 - Phase 29
			Dvadashi* Until 9:31PM	Moon – Green		2nd Phase	
				Ashvina•Aipasi		Sivaloka Day	
						Then Creative Work - Siddha Yoga	

4	Friday, November 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Pritii/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Kathmandu, Nepal
	Kanya Rasi: 25.53	Tithi 28	Gulika 7:30AM – 8:51AM	Chitra Until 11:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:09AM	Sun 12 Sutra 215
			Yama 2:16PM – 3:37PM	Pritii Until 11:43AM	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Sarvari 5122
	Creative Work	Siddha Yoga	769964464 Rahu 10:12AM – 11:33AM	Gara Until 7:49AM	Nataraja: Purple		Moon 11 - Phase 29
			Trayodashi* Until 6:01PM	Moon – Green		2nd Phase	
				Ashvina•Aipasi		Sivaloka Day	
						Subramuniyaswami Mahasamadhi	
						<i>Pradosha Vrata (Fasting)</i>	

	Saturday, November 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal
	Retreat Star		Gulika 6:09AM – 7:30AM	Svati Until 8:04PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:09AM	Sun 13 Sutra 216
	Tula Rasi: 11	Tithi 29 – 30	Yama 12:55PM – 2:16PM	Ayushman Until 7:31AM	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Sarvari 5122
	Creative Work	Siddha Yoga	769964464 Rahu 8:52AM – 10:13AM	Catuspada Until 12:32AM Sun	Nataraja: Purple		Moon 11 - Phase 29
			Chaturdashi* Until 2:22PM	Moon – Green		Amavasya	
				Ashvina•Aipasi		Sivaloka Day	

	Sunday, November 15, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal
	Retreat Star		Gulika 2:16PM – 3:37PM	Vishakha Until 5:19PM	Ganesha: Purple	<i>Sunrise:</i> 6:10AM	Sun 14 Sutra 217
	Tula Rasi: 26.11	Tithi 30 – 1	Yama 11:34AM – 12:55PM	Sobhana Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 4:57PM	Sarvari 5122
	Routine Work	Marana Yoga	779964464 Rahu 3:37PM – 4:57PM	Kintughna Until 8:56PM	Nataraja: Purple		Moon 11 - Phase 29
			Amavasya* Until 10:42AM	Moon – Orange		Prathama	
				Kartika•Aipasi		Sivaloka Day	
						Skanda Shasthi Begins	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

Monday, November 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Bava/Kaulava Karana Prathama/Dviliyayam Titau				Kathmandu, Nepal Sun 15 Sutra 218
1	Vrishchika Rasi: 11.16 Family Home Evening Creative Work Siddha Yoga	Tithi 1 - 2 779964464	Gulika 12:55PM - 2:16PM Yama 10:13AM - 11:34AM Rahu 7:32AM - 8:52AM	Anuradha Until 2:40PM Athiganda* Until 7:12PM Kaulava Until 4:01AM Tue Prathama* Until 7:12AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon - Orange	Sunrise: 6:11AM Sunset: 4:57PM Moon 11 - Phase 30 3rd Phase Sivaloka Day Karttika-Karttikai
Tuesday, November 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal Sun 16 Sutra 219
2	Vrishchika Rasi: 26.06 Routine Work Marana Yoga Until 12:15PM Then Creative Work - Amrita Yoga	Tithi 3 779964465	Gulika 11:34AM - 12:55PM Yama 8:53AM - 10:14AM Rahu 2:15PM - 3:36PM	Jyeshtha* Until 12:15PM Sukarma Until 3:37PM Taitila Until 2:37PM Tritiya Until 1:20AM Wed	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon - Orange	Sunrise: 6:12AM Sunset: 4:57PM Moon 11 - Phase 30 3rd Phase Devaloka Day Karttika-Karttikai
Wednesday, November 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Kathmandu, Nepal Sun 17 Sutra 220
3	Dhanus Rasi: 10.34 Routine Work Marana Yoga Until 10:40AM Then Creative Work - Amrita Yoga	Tithi 4 781964465	Gulika 10:14AM - 11:34AM Yama 7:33AM - 8:53AM Rahu 11:34AM - 12:55PM	Mula* Until 10:40AM Dhriti Until 12:30PM Vanija Until 12:14PM Chaturthi* Until 11:16PM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon - Light Blue	Sunrise: 6:12AM Sunset: 4:56PM Moon 11 - Phase 30 3rd Phase Sivaloka Day Karttika-Karttikai
Thursday, November 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal Sun 18 Sutra 221
4	Dhanus Rasi: 24.35 Creative Work Siddha Yoga Until 9:36AM Then Routine Work - Marana Yoga	Tithi 5 781964465	Gulika 8:54AM - 10:14AM Yama 6:13AM - 7:34AM Rahu 12:55PM - 2:15PM	Purvashadha* Until 9:36AM Shula* Until 9:55AM Bava Until 10:32AM Panchami Until 9:58PM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon - Light Blue	Sunrise: 6:13AM Sunset: 4:56PM Moon 11 - Phase 30 3rd Phase Sivaloka Day Karttika-Karttikai
Friday, November 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Kathmandu, Nepal Sun 19 Sutra 222
5	Makara Rasi: 8.09 Routine Work Marana Yoga	Tithi 6 781164465	Gulika 7:34AM - 8:54AM Yama 2:15PM - 3:36PM Rahu 10:15AM - 11:35AM	Uttarashadha Until 9:10AM Ganda* Until 7:58AM Kaulava Until 9:38AM Shashthi* Until 9:28PM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon - Light Blue	Sunrise: 6:14AM Sunset: 4:56PM Moon 11 - Phase 30 3rd Phase Devaloka Day Karttika-Karttikai
Saturday, November 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Kathmandu, Nepal Sun 20 Sutra 223
6	Makara Rasi: 21.16 Creative Work Siddha Yoga	Tithi 7 791164465	Gulika 6:15AM - 7:35AM Yama 12:55PM - 2:15PM Rahu 8:55AM - 10:15AM	Shravana Until 9:51AM Vridhi Until 6:40AM Gara Until 9:33AM Saptami Until 9:48PM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon - Purple	Sunrise: 6:15AM Sunset: 4:56PM Moon 11 - Phase 30 3rd Phase Sivaloka Day Karttika-Karttikai
Sunday, November 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Kathmandu, Nepal Sun 21 Sutra 224
Retreat Star	Kumbha Rasi: 3.59 Routine Work Marana Yoga Until 11:08AM Then Creative Work - Siddha Yoga	Tithi 8 791164465	Gulika 2:15PM - 3:35PM Yama 11:35AM - 12:55PM Rahu 3:35PM - 4:55PM	Dhanishtha Until 11:08AM Vyaghata* Until 5:50AM Mon Visti Until 10:16AM Ashtami* Until 10:52PM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon - Purple	Sunrise: 6:16AM Sunset: 4:55PM Moon 11 - Phase 30 Ashtami Sivaloka Day Karttika-Karttikai
Monday, November 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 225
Retreat Star	Kumbha Rasi: 16.23 Family Home Evening Creative Work Siddha Yoga Until 12:55PM Then Routine Work - Marana Yoga	Tithi 9 791174465	Gulika 12:56PM - 2:15PM Yama 10:16AM - 11:36AM Rahu 7:36AM - 8:56AM	Shatabhishak Until 12:55PM Harshana Until 6:09AM Tue Balava Until 11:41AM Navami* Until 12:35AM Tue	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon - Purple	Sunrise: 6:16AM Sunset: 4:55PM Moon 11 - Phase 30 Navami Devaloka Day Karttika-Karttikai

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Tuesday, November 24, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Dashamyam Titau		Kathmandu, Nepal Sun 23 Sutra 226	
Kumbha Rasi: 28.32	Tithi 10	Gulika 11:36AM – 12:56PM	Purvaproshtapada* Until 3:32PM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM				Sarvari 5122
		Yama 8:57AM – 10:16AM	Harshana Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM				Moon 11 - Phase 31
		711174465 Rahu 2:15PM – 3:35PM	Taitila Until 1:38PM	Nataraja: Clear					4th Phase
Routine Work	Marana Yoga		Dashami Until 2:44AM Wed	Moon – Clear				Devaloka Day	
Until 3:32PM								Karttika-Karttikai	
Then Creative Work - Amrita Yoga									

2		Wednesday, November 25, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Kathmandu, Nepal Sun 24 Sutra 227	
Meena Rasi: 10.32	Tithi 11	Gulika 10:17AM – 11:36AM	Uttaraproshtapada Until 6:20PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM				Sarvari 5122
		Yama 7:37AM – 8:57AM	Vajra* Until 6:44AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM				Moon 11 - Phase 31
		711174465 Rahu 11:36AM – 12:56PM	Vanija Until 3:58PM	Nataraja: Clear					4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 5:11AM Thu	Moon – Clear				Devaloka Day	
Until 6:20PM								Karttika-Karttikai	
Then Routine Work - Marana Yoga									

3		Thursday, November 26, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Dvadashyam Titau		Kathmandu, Nepal Sun 25 Sutra 228	
Meena Rasi: 22.26	Tithi 12	Gulika 8:58AM – 10:17AM	Revati Until 9:09PM	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM				Sarvari 5122
		Yama 6:19AM – 7:38AM	Siddhi Until 7:32AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM				Moon 11 - Phase 31
		711174465 Rahu 12:56PM – 2:16PM	Bava Until 6:29PM	Nataraja: Clear					4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:46AM Fri	Moon – Clear				Devaloka Day	
Until 9:09PM								Karttika-Karttikai	
Then Creative Work - Amrita Yoga									

4		Friday, November 27, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 26 Sutra 229	
Mesha Rasi: 4.16	Tithi 12 – 13	Gulika 7:39AM – 8:58AM	Ashvini Until 12:20AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:19AM				Sarvari 5122
		Yama 2:16PM – 3:35PM	Vyatipata* Until 8:27AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM				Moon 11 - Phase 31
		721174465 Rahu 10:18AM – 11:37AM	Kaulava Until 9:05PM	Nataraja: Clear					4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 7:46AM	Moon – White				Bhuloka Day	
Until 12:20AM Sat								Karttika-Karttikai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga									
									<i>Pradosha Vrata</i>

5		Saturday, November 28, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 27 Sutra 230	
Mesha Rasi: 16.07	Tithi 13 – 14	Gulika 6:20AM – 7:39AM	Bharani Until 3:15AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:20AM				Sarvari 5122
		Yama 12:57PM – 3:16PM	Variyan Until 9:18AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM				Moon 11 - Phase 31
		722174465 Rahu 8:59AM – 10:18AM	Gara Until 11:36PM	Nataraja: Clear					4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:20AM	Moon – White				Bhuloka Day	
Until 5:50AM Mon								Karttika-Karttikai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga									

○		Sunday, November 29, 2020				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kathmandu, Nepal Sutra 231	
Copper Retreat Star		Gulika 2:16PM – 3:35PM	Krittika Until 5:50AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:21AM				Sarvari 5122
Mesha Rasi: 28.01	Tithi 14 – 15	Yama 11:38AM – 12:57PM	Parigha* Until 10:05AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM				Moon 11 - Phase 31
		722174465 Rahu 3:35PM – 4:54PM	Visti Until 1:55AM Mon	Nataraja: Clear					Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 12:46PM	Moon – White				Bhuloka Day	
Until 5:50AM Mon		Krittika Deepam						Karttika-Karttikai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga									

Monday, November 30, 2020		Silver Retreat Star				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kathmandu, Nepal Sutra 232	
Mrishabha Rasi: 9.59	Tithi 15 – 16	Gulika 12:57PM – 2:16PM	Rohini Until 8:28AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:22AM				Sarvari 5122
Family Home Evening		Yama 10:19AM – 11:38AM	Shiva Until 10:42AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM				Moon 11 - Phase 31
		722174465 Rahu 7:41AM – 9:00AM	Balava Until 3:59AM Tue	Nataraja: Clear					Prathama
Creative Work	Amrita Yoga		Purnima* Until 2:58PM	Moon – White				Bhuloka Day	
Until 8:28AM Tue		Penumbra Lunar Eclipse						Karttika-Karttikai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins							



Tuesday, December 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau

Kathmandu, Nepal

Sutra 233

Sarvari 5122

Vrishabha Rasi: 22.04 Tithi 16 – 17

732174465

Gulika
Yama
Rahu

11:38AM – 12:57PM
9:00AM – 10:19AM
2:16PM – 3:35PM

Rohini Until 8:28AM

Siddha Until 11:05AM

Taitila Until 5:41AM Wed

Prathama* Until 4:52PM

Ganesha: Yellow

Sunrise: 6:22AM

Muruqa: Clear

Sunset: 4:54PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 8:28AM

Then Creative Work - Siddha Yoga

1

Wednesday, December 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Gara Karana Dvitiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 234

Sarvari 5122

Mithuna Rasi: 4.17 Tithi 17

732174465

Gulika
Yama
Rahu

10:20AM – 11:39AM
7:42AM – 9:01AM
11:39AM – 12:58PM

Mrigashira Until 10:36AM

Sadhya Until 11:11AM

Gara Until 6:22PM

Dvitiya Until 6:22PM

Ganesha: Yellow

Sunrise: 6:23AM

Muruqa: Clear

Sunset: 4:54PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

2

Thursday, December 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Kathmandu, Nepal

Sun 2 Sutra 235

Sarvari 5122

Mithuna Rasi: 16.41 Tithi 18

732174465

Gulika
Yama
Rahu

9:02AM – 10:20AM
6:24AM – 7:43AM
12:58PM – 2:17PM

Ardra Until 12:10PM

Subha Until 11:00AM

Vanija Until 6:59AM

Tritiya Until 7:27PM

Ganesha: Yellow

Sunrise: 6:24AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 12:10PM

Then Creative Work - Amrita Yoga

3

Friday, December 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal

Sun 3 Sutra 236

Sarvari 5122

Mithuna Rasi: 29.17 Tithi 19

742174465

Gulika
Yama
Rahu

7:43AM – 9:02AM
2:17PM – 3:36PM
10:21AM – 11:40AM

Punarvasu Until 1:37PM

Sukla Until 10:26AM

Bava Until 7:50AM

Chaturthi* Until 8:04PM

Ganesha: White

Sunrise: 6:25AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 1:37PM

Then Routine Work - Marana Yoga

4

Saturday, December 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Kaulava/Tailita Karana Panchamyam Titau

Kathmandu, Nepal

Sun 4 Sutra 237

Sarvari 5122

Kataka Rasi: 12.05 Tithi 20

742174465

Gulika
Yama
Rahu

6:25AM – 7:44AM
12:59PM – 2:17PM
9:03AM – 10:21AM

Pushya Until 2:26PM

Brahma Until 9:30AM

Kaulava Until 8:12AM

Panchami Until 8:10PM

Ganesha: White

Sunrise: 6:25AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 2:26PM

Then Routine Work - Marana Yoga

5

Sunday, December 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Kathmandu, Nepal

Sun 5 Sutra 238

Sarvari 5122

Kataka Rasi: 25.1 Tithi 21

742174465

Gulika
Yama
Rahu

2:18PM – 3:36PM
11:40AM – 12:59PM
3:36PM – 4:55PM

Ashlesha* Until 2:36PM

Indra Until 8:12AM

Gara Until 8:03AM

Shashthi* Until 7:46PM

Ganesha: White

Sunrise: 6:26AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 2:36PM

Then Routine Work - Marana Yoga

6

Monday, December 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkamba* Yoga Visti*/Bava Karana Saplamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 239

Sarvari 5122

Simha Rasi: 8.3 Tithi 22

752174465

Gulika
Yama
Rahu

12:59PM – 2:18PM
10:22AM – 11:41AM
7:45AM – 9:04AM

Magha* Until 2:32PM

Vaidhriti* Until 6:26AM

Visti Until 7:22AM

Saptami Until 6:49PM

Ganesha: Clear

Sunrise: 6:27AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Clear

Moon – Red

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 2:32PM

Then Creative Work - Siddha Yoga

Retreat Star

Tuesday, December 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 240

Sarvari 5122

Simha Rasi: 22.09 Tithi 23 – 24

752174465

Gulika
Yama
Rahu

11:41AM – 1:00PM
9:04AM – 10:23AM
2:18PM – 3:37PM

Purvaphalguni Until 1:48PM

Priti Until 1:42AM Wed

Balava Until 6:09AM

Ashtami* Until 5:20PM

Ganesha: Clear

Sunrise: 6:27AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Clear

Moon – Red

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 1:48PM

Then Creative Work - Amrita Yoga

Wednesday, December 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kathmandu, Nepal

Sun 8 Sutra 241

Sarvari 5122

Kanya Rasi: 6.07 Tithi 24 – 25

752174465

Gulika
Yama
Rahu

10:23AM – 11:42AM
7:47AM – 9:05AM
11:42AM – 1:00PM

Uttaraphalguni Until 12:25PM

Ayushman Until 10:44PM

Vanija Until 2:12AM Thu

Navami* Until 3:21PM

Ganesha: Clear

Sunrise: 6:28AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Clear

Moon – Red

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 12:25PM

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1	Thursday, December 10, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Hasla/Chitra Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 242	
	Kanya Rasi: 20.23	Tithi 25 – 26	Gulika 9:06AM – 10:24AM	Hasta Until 10:53AM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Sarvari 5122	
			Yama 6:29AM – 7:47AM	Saubhagya Until 7:25PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 33	
		762174465	Rahu 1:01PM – 2:19PM	Bava Until 11:35PM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga			Dashami Until 12:55PM			Bhuloka Day		
Until 10:53AM			Karttika-Karttikai			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

2	Friday, December 11, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kathmandu, Nepal Sun 10 Sutra 243	
	Tula Rasi: 4.55	Tithi 26 – 27	Gulika 7:48AM – 9:06AM	Chitra Until 8:50AM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Sarvari 5122	
			Yama 2:19PM – 3:38PM	Sobhana Until 3:52PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 33	
		762174465	Rahu 10:24AM – 11:43AM	Kaulava Until 8:39PM	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga			Ekadashi* Until 10:08AM			Bhuloka Day		
			Karttika-Karttikai			Devaloka Time: 3:PM to 6:PM		

3	Saturday, December 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mantra Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 11 Sutra 244	
	Tula Rasi: 19.4	Tithi 27 – 28	Gulika 6:30AM – 7:48AM	Svati Until 6:24AM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Sarvari 5122	
			Yama 1:01PM – 2:20PM	Athiganda* Until 12:06PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 33	
		763174465	Rahu 9:07AM – 10:25AM	Vanija Until 3:56AM Sun	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga			Dvadashi* Until 7:05AM			Devaloka Day		
			Karttika-Karttikai					
			<i>Pradosha Vrata (Fasting)</i>					

4	Sunday, December 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 12 Sutra 245	
	Vrishchika Rasi: 4.3	Tithi 29	Gulika 2:20PM – 3:38PM	Anuradha Until 1:41AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Sarvari 5122	
			Yama 11:44AM – 1:02PM	Sukarma Until 8:17AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 33	
		773174465	Rahu 3:38PM – 4:57PM	Visti Until 2:22PM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga			Chaturdashi* Until 12:47AM Mon			Devaloka Day		
Until 1:41AM Mon			Karttika-Karttikai					
Then Creative Work - Siddha Yoga								

	Monday, December 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kathmandu, Nepal Sun 13 Sutra 246	
	Retreat Star		Gulika 1:02PM – 2:21PM	Jyeshtha* Until 11:17PM	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Sarvari 5122	
	Vrishchika Rasi: 19.19	Tithi 30	Yama 10:26AM – 11:44AM	Shula* Until 12:51AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 33	
	Family Home Evening	773174465	Rahu 7:50AM – 9:08AM	Catuspada Until 11:16AM	Nataraja: Clear		Amavasya	
Creative Work Siddha Yoga			Amavasya* Until 9:47PM			Devaloka Day		
			Karttika-Karttikai					
Total Solar Eclipse								

	Tuesday, December 15, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kathmandu, Nepal Sun 14 Sutra 247	
	Retreat Star		Gulika 11:45AM – 1:03PM	Mula* Until 9:30PM	Ganesha: Purple	<i>Sunrise:</i> 6:32AM	Sarvari 5122	
	Dhanus Rasi: 3.59	Tithi 1	Yama 9:08AM – 10:26AM	Ganda* Until 9:29PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 33	
		783274465	Rahu 2:21PM – 3:39PM	Kintughna Until 8:25AM	Nataraja: Clear		Prathama	
Creative Work Amrita Yoga			Prathama* Until 7:07PM			Bhuloka Day		
Until 9:30PM			Markali Pillaiyar			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								
			Margasira-Markali					

1	Wednesday, December 16, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Kathmandu, Nepal			
	Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Sun 15		Sutra 248	
	Gulika 10:27AM – 11:45AM	Purvashadha* Until 8:02PM	Ganesha: Light Blue	Sunrise: 6:33AM	Sarvari 5122	
	Yama 7:51AM – 9:09AM	Vriddhi Until 6:31PM	Muruqa: Clear	Sunset: 4:58PM	Moon 12 - Phase 34	
Dhanus Rasi: 18.23	Tithi 2 – 3	883274465	Rahu 11:45AM – 1:03PM	Taitila Until 4:02AM Thu	3rd Phase	
Creative Work	Amrita Yoga			Dvitiya Until 4:54PM	Bhuloka Day	
				Margasira*Markali	Devaloka Time: 3:PM to 6:PM	

2	Thursday, December 17, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Kathmandu, Nepal			
	Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau		Sun 16		Sutra 249	
	Gulika 9:09AM – 10:27AM	Uttarashadha Until 7:02PM	Ganesha: Light Blue	Sunrise: 6:33AM	Sarvari 5122	
	Yama 6:33AM – 7:51AM	Dhruva Until 4:01PM	Muruqa: Clear	Sunset: 4:58PM	Moon 12 - Phase 34	
Makara Rasi: 2.26	Tithi 3 – 4	883274465	Rahu 1:04PM – 2:22PM	Vanija Until 2:45AM Fri	3rd Phase	
Routine Work	Marana Yoga			Tritiya Until 3:17PM	Bhuloka Day	
Until 7:02PM				Margasira*Markali	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

3	Friday, December 18, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Kathmandu, Nepal			
	Shravana Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Sun 17		Sutra 250	
	Gulika 7:52AM – 9:10AM	Shravana Until 7:03PM	Ganesha: Purple	Sunrise: 6:34AM	Sarvari 5122	
	Yama 2:22PM – 3:40PM	Vyaghata* Until 2:04PM	Muruqa: Clear	Sunset: 4:58PM	Moon 12 - Phase 34	
Makara Rasi: 16.05	Tithi 4 – 5	893274465	Rahu 10:28AM – 11:46AM	Bava Until 2:14AM Sat	3rd Phase	
Routine Work	Marana Yoga			Chaturthi* Until 2:23PM	Bhuloka Day	
Until 7:03PM				Margasira*Markali	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

4	Saturday, December 19, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Kathmandu, Nepal			
	Dhanishtha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Sun 18		Sutra 251	
	Gulika 6:34AM – 7:52AM	Dhanishtha Until 7:40PM	Ganesha: Purple	Sunrise: 6:34AM	Sarvari 5122	
	Yama 1:05PM – 2:23PM	Harshana Until 12:45PM	Muruqa: Clear	Sunset: 4:59PM	Moon 12 - Phase 34	
Makara Rasi: 29.19	Tithi 5 – 6	893274465	Rahu 9:10AM – 10:29AM	Kaulava Until 2:30AM Sun	3rd Phase	
Creative Work	Siddha Yoga			Panchami Until 2:15PM	Bhuloka Day	
Until 7:40PM				Margasira*Markali	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

5	Sunday, December 20, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Kathmandu, Nepal			
	Shatabhishak Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Sun 19		Sutra 252	
	Gulika 2:23PM – 3:41PM	Shatabhishak Until 8:52PM	Ganesha: Purple	Sunrise: 6:35AM	Sarvari 5122	
	Yama 11:47AM – 1:05PM	Vajra* Until 12:01PM	Muruqa: Clear	Sunset: 4:59PM	Moon 12 - Phase 34	
Kumbha Rasi: 12.08	Tithi 6 – 7	893274465	Rahu 3:41PM – 4:59PM	Gara Until 3:32AM Mon	3rd Phase	
Creative Work	Siddha Yoga			Shashthi* Until 2:55PM	Bhuloka Day	
				Margasira*Markali	Devaloka Time: 3:PM to 6:PM	

Vinayaga Viratam Ends

6	Monday, December 21, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Kathmandu, Nepal			
	Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Sun 20		Sutra 253	
	Gulika 1:06PM – 2:24PM	Purvaproshtapada* Until 11:04PM	Ganesha: Green	Sunrise: 6:35AM	Sarvari 5122	
	Yama 10:30AM – 11:48AM	Siddhi Until 11:51AM	Muruqa: Clear	Sunset: 5:00PM	Moon 12 - Phase 34	
Kumbha Rasi: 24.37	Tithi 7 – 8	813274465	Rahu 7:53AM – 9:11AM	Visti Until 5:14AM Tue	3rd Phase	
Family Home Evening				Saptami Until 4:17PM	Bhuloka Day	
Routine Work	Marana Yoga			Margasira*Markali	Devaloka Time: 3:PM to 6:PM	
Until 11:04PM						
Then Creative Work - Siddha Yoga						

Retreat Star	Tuesday, December 22, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Kathmandu, Nepal			
	Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava Karana Ashtamyam Titau		Sun 21		Sutra 254	
	Gulika 11:48AM – 1:06PM	Uttaraproshtapada Until 1:37AM Wed	Ganesha: Green	Sunrise: 6:36AM	Sarvari 5122	
	Yama 9:12AM – 10:30AM	Vyatipata* Until 12:10PM	Muruqa: Clear	Sunset: 5:00PM	Moon 12 - Phase 34	
Meena Rasi: 6.5	Tithi 8	813274465	Rahu 2:24PM – 3:42PM	Bava Until 6:16PM	Ashtami	
Creative Work	Amrita Yoga			Ashtami* Until 6:16PM	Bhuloka Day	
Until 1:37AM Wed				Margasira*Markali	Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga						

Retreat Star	Wednesday, December 23, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Kathmandu, Nepal			
	Revati Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 22		Sutra 255	
	Gulika 10:31AM – 11:49AM	Revati Until 4:21AM Thu	Ganesha: Green	Sunrise: 6:36AM	Sarvari 5122	
	Yama 7:54AM – 9:12AM	Variyan Until 12:48PM	Muruqa: Clear	Sunset: 5:01PM	Moon 12 - Phase 34	
Meena Rasi: 18.5	Tithi 9	813274465	Rahu 11:49AM – 1:07PM	Balava Until 7:27AM	Navami	
Routine Work	Marana Yoga			Navami* Until 8:40PM	Bhuloka Day	
Until 4:21AM Thu				Margasira*Markali	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Thursday, December 24, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dashamyam Titau		Kathmandu, Nepal Sun 23 Sutra 256	
Mesha Rasi: 0.43	Tithi 10	823274465	Gulika 9:13AM – 10:31AM Yama 6:37AM – 7:55AM Rahu 1:07PM – 2:25PM	Ashvini Until 7:34AM Fri Parigha* Until 1:38PM Taitila Until 9:59AM Dashami Until 11:16PM	Ganesha: Red <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:01PM Nataraja: Clear Moon – White	Devaloka Day Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Creative Work Amrita Yoga Until 7:34AM Fri Then Creative Work - Siddha Yoga		Day 4 of Pancha Ganapati		Margasira-Markali			


2		Friday, December 25, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau		Kathmandu, Nepal Sun 24 Sutra 257	
Mesha Rasi: 12.33	Tithi 11	823274465	Gulika 7:55AM – 9:13AM Yama 2:26PM – 3:44PM Rahu 10:32AM – 11:50AM	Ashvini Until 7:34AM Shiva Until 2:33PM Vanija Until 12:36PM Ekadashi Until 1:52AM Sat	Ganesha: Red <i>Sunrise:</i> 6:37AM Muruqa: Clear <i>Sunset:</i> 5:02PM Nataraja: Clear Moon – White	Devaloka Day Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Creative Work Amrita Yoga Until 7:34AM Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati		Margasira-Markali			

3		Saturday, December 26, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Dvadashyam Titau		Kathmandu, Nepal Sun 25 Sutra 258	
Mesha Rasi: 24.25	Tithi 12	824274466	Gulika 6:38AM – 7:56AM Yama 1:08PM – 2:26PM Rahu 9:14AM – 10:32AM	Bharani Until 10:32AM Siddha Until 3:21PM Bava Until 3:08PM Dvadashi Until 4:17AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:03PM Nataraja: Orange Moon – White	Sivaloka Day Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Creative Work Siddha Yoga Until 10:32AM Then Creative Work - Amrita Yoga				Margasira-Markali			

4		Sunday, December 27, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kathmandu, Nepal Sun 26 Sutra 259	
Vrishabha Rasi: 6.2	Tithi 13	824274466	Gulika 2:27PM – 3:45PM Yama 11:51AM – 1:09PM Rahu 3:45PM – 5:03PM	Krittika Until 1:07PM Sadhya Until 3:57PM Kaulava Until 5:23PM Trayodashi Until 6:20AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:03PM Nataraja: Orange Moon – White	Sivaloka Day Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Creative Work Siddha Yoga				Margasira-Markali			

Pradosha Vrata

5		Monday, December 28, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 27 Sutra 260	
Vrishabha Rasi: 18.25	Tithi 13 – 14	834274466	Gulika 1:09PM – 2:27PM Yama 10:33AM – 11:51AM Rahu 7:57AM – 9:15AM	Rohini Until 3:38PM Subha Until 4:16PM Gara Until 7:13PM Trayodashi Until 6:20AM	Ganesha: Yellow <i>Sunrise:</i> 6:38AM Muruqa: Clear <i>Sunset:</i> 5:04PM Nataraja: Orange Moon – Yellow	Devaloka Day Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Family Home Evening Creative Work Amrita Yoga				Margasira-Markali			

		Tuesday, December 29, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kathmandu, Nepal Sutra 261	
Mithuna Rasi: 0.41	Tithi 14 – 15	834274466	Gulika 11:52AM – 1:10PM Yama 9:15AM – 10:33AM Rahu 2:28PM – 3:46PM	Mrigashira Until 5:32PM Sukla Until 4:10PM Visti Until 8:32PM Chaturdashi* Until 7:55AM	Ganesha: Yellow <i>Sunrise:</i> 6:39AM Muruqa: Clear <i>Sunset:</i> 5:05PM Nataraja: Orange Moon – Yellow	Devaloka Day Sarvari 5122 Moon 12 - Phase 35 Purnima	
Creative Work Siddha Yoga Until 5:32PM Then Routine Work - Marana Yoga				Margasira-Markali			

Wednesday, December 30, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kathmandu, Nepal Sutra 262	
Mithuna Rasi: 13.1	Tithi 15 – 16	834274466	Gulika 10:34AM – 11:52AM Yama 7:57AM – 9:16AM Rahu 11:52AM – 1:10PM	Ardra Until 6:45PM Brahma Until 3:42PM Balava Until 9:20PM Purnima* Until 8:59AM	Ganesha: Yellow <i>Sunrise:</i> 6:39AM Muruqa: Clear <i>Sunset:</i> 5:05PM Nataraja: Orange Moon – Yellow	Devaloka Day Sarvari 5122 Moon 12 - Phase 35 Prathama	
Creative Work Siddha Yoga				Margasira-Markali			

Ardra Darshanam



Thursday, December 31, 2020

Gold Retreat Star

Mithuna Rasi: 25.54 Tithi 16 - 17

844274466

Creative Work Amrita Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 9:16AM - 10:34AM
Yama 6:39AM - 7:58AM
Rahu 1:11PM - 2:29PM

Punarvasu Until 7:47PM
Indra Until 2:50PM
Taitila Until 9:36PM
Prathama* Until 9:31AM

Ganesha: White *Sunrise:* 6:39AM
Muruqa: Clear *Sunset:* 5:06PM
Nataraja: Orange
Moon - Blue
Margasira*Markali

Kathmandu, Nepal
Sutra 263
Sarvari 5122
Moon 13 - Phase 36
1st Phase

Sivaloka Day

1

Friday, January 1, 2021

Kataka Rasi: 8.52 Tithi 17 - 18

844274466

Routine Work Marana Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:58AM - 9:16AM
Yama 2:29PM - 3:48PM
Rahu 10:34AM - 11:53AM

Pushya Until 8:12PM
Vaidhriti* Until 1:34PM
Vanija Until 9:24PM
Dvitiya Until 9:32AM

Ganesha: White *Sunrise:* 6:39AM
Muruqa: Clear *Sunset:* 5:06PM
Nataraja: Orange
Moon - Blue
Margasira*Markali

Kathmandu, Nepal
Sun 1 Sutra 264
Sarvari 5122
Moon 13 - Phase 36
1st Phase

Sivaloka Day

2

Saturday, January 2, 2021

Kataka Rasi: 22.04 Tithi 18 - 19

844274466

Routine Work Marana Yoga

Until 8:04PM

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 6:40AM - 7:58AM
Yama 1:11PM - 2:30PM
Rahu 9:16AM - 10:35AM

Ashlesha* Until 8:04PM
Vishkambha* Until 11:58AM
Bava Until 8:48PM
Tritiya Until 9:08AM

Ganesha: White *Sunrise:* 6:40AM
Muruqa: Clear *Sunset:* 5:07PM
Nataraja: Orange
Moon - Blue
Margasira*Markali

Kathmandu, Nepal
Sun 2 Sutra 265
Sarvari 5122
Moon 13 - Phase 36
1st Phase

Sivaloka Day

3

Sunday, January 3, 2021

Simha Rasi: 5.29 Tithi 19 - 20

854274466

Routine Work Marana Yoga

Until 7:53PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 2:30PM - 3:49PM
Yama 11:54AM - 1:12PM
Rahu 3:49PM - 5:07PM

Magha* Until 7:53PM
Priti Until 10:06AM
Kaulava Until 7:49PM
Chaturthi* Until 8:20AM

Ganesha: Clear *Sunrise:* 6:40AM
Muruqa: Clear *Sunset:* 5:07PM
Nataraja: Orange
Moon - Red
Margasira*Markali

Kathmandu, Nepal
Sun 3 Sutra 266
Sarvari 5122
Moon 13 - Phase 36
1st Phase

Devaloka Day

4

Monday, January 4, 2021

Simha Rasi: 19.05 Tithi 20 - 21

Family Home Evening

854274466

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:12PM - 2:31PM
Yama 10:35AM - 11:54AM
Rahu 7:59AM - 9:17AM

Purvaphalguni Until 7:14PM
Ayushman Until 7:56AM
Gara Until 6:33PM
Panchami Until 7:12AM

Ganesha: Clear *Sunrise:* 6:40AM
Muruqa: Clear *Sunset:* 5:08PM
Nataraja: Orange
Moon - Red
Margasira*Markali

Kathmandu, Nepal
Sun 4 Sutra 267
Sarvari 5122
Moon 13 - Phase 36
1st Phase

Devaloka Day

5

Tuesday, January 5, 2021

Kanya Rasi: 2.51 Tithi 22

854274466

Creative Work Amrita Yoga

Until 6:11PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 11:54AM - 1:13PM
Yama 9:17AM - 10:36AM
Rahu 2:32PM - 3:50PM

Uttaraphalguni Until 6:11PM
Sobhana Until 3:00AM Wed
Visti Until 4:59PM
Saptami Until 4:06AM Wed

Ganesha: Clear *Sunrise:* 6:40AM
Muruqa: Clear *Sunset:* 5:09PM
Nataraja: Orange
Moon - Red
Margasira*Markali

Kathmandu, Nepal
Sun 5 Sutra 268
Sarvari 5122
Moon 13 - Phase 36
1st Phase

Devaloka Day

D

Wednesday, January 6, 2021

Retreat Star

Kanya Rasi: 16.47 Tithi 23

864274466

Routine Work Marana Yoga

Until 5:11PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 10:36AM - 11:55AM
Yama 7:59AM - 9:18AM
Rahu 11:55AM - 1:14PM

Hasta Until 5:11PM
Athiganda* Until 12:14AM Thu
Balava Until 3:11PM
Ashtami* Until 2:11AM Thu

Ganesha: Purple *Sunrise:* 6:40AM
Muruqa: Clear *Sunset:* 5:09PM
Nataraja: Orange
Moon - Green
Margasira*Markali

Kathmandu, Nepal
Sun 6 Sutra 269
Sarvari 5122
Moon 13 - Phase 36
Ashtami

Sivaloka Day

Thursday, January 7, 2021

Retreat Star

Tula Rasi: 0.51 Tithi 24

865274466

Creative Work Siddha Yoga

Until 3:50PM

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Gulika 9:18AM - 10:37AM
Yama 6:41AM - 7:59AM
Rahu 1:14PM - 2:33PM

Chitra Until 3:50PM
Sukarma Until 9:18PM
Taitila Until 1:10PM
Navami* Until 12:04AM Fri

Ganesha: Clear *Sunrise:* 6:41AM
Muruqa: Clear *Sunset:* 5:10PM
Nataraja: Orange
Moon - Green
Margasira*Markali

Kathmandu, Nepal
Sun 7 Sutra 270
Sarvari 5122
Moon 13 - Phase 36
Navami

Devaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Friday, January 8, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Kathmandu, Nepal Sun 8 Sutra 271
	Tula Rasi: 15.04	Tithi 25	Gulika 7:59AM – 9:18AM	Svati Until 2:08PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sarvari 5122
			Yama 2:33PM – 3:52PM	Dhriti Until 6:14PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	865274466 Rahu 10:37AM – 11:56AM	Vanija Until 10:57AM	Nataraja: Orange		2nd Phase
			Dashami Until 9:47PM	Moon – Green		Devaloka Day	
				Margasira -Markali			

2	Saturday, January 9, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadashyam Titau				Kathmandu, Nepal Sun 9 Sutra 272
	Tula Rasi: 29.22	Tithi 26	Gulika 6:41AM – 8:00AM	Vishakha Until 12:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sarvari 5122
			Yama 1:15PM – 2:34PM	Shula* Until 3:03PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	875374466 Rahu 9:18AM – 10:37AM	Bava Until 8:36AM	Nataraja: Orange		2nd Phase
			Ekadashi* Until 7:23PM	Moon – Orange		Devaloka Day	
				Margasira -Markali			

3	Sunday, January 10, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Kathmandu, Nepal Sun 10 Sutra 273
	Vrischika Rasi: 13.44	Tithi 27 – 28	Gulika 2:34PM – 3:53PM	Anuradha Until 10:52AM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sarvari 5122
			Yama 11:57AM – 1:16PM	Ganda* Until 11:51AM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 13 - Phase 37
	Routine Work	Marana Yoga	875374466 Rahu 3:53PM – 5:12PM	Kaulava Until 6:11AM	Nataraja: Orange		2nd Phase
			Dvadashi* Until 4:57PM	Moon – Orange		Devaloka Day	
				Margasira -Markali			
				<i>Pradosha Vrata (Fasting)</i>			

4	Monday, January 11, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kathmandu, Nepal Sun 11 Sutra 274
	Vrischika Rasi: 28.05	Tithi 28 – 29	Gulika 1:16PM – 2:35PM	Jyeshtha* Until 9:02AM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sarvari 5122
	Family Home Evening		Yama 10:38AM – 11:57AM	Vridhhi Until 8:41AM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	875374466 Rahu 8:00AM – 9:19AM	Visti Until 1:28AM Tue	Nataraja: Orange		2nd Phase
			Trayodashi* Until 2:35PM	Moon – Orange		Devaloka Day	
				Margasira -Markali			

●	Tuesday, January 12, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kathmandu, Nepal Sun 12 Sutra 275
	Retreat Star		Gulika 11:57AM – 1:17PM	Mula* Until 7:37AM	Ganesha: Orange	<i>Sunrise:</i> 6:41AM	Sarvari 5122
	Dhanus Rasi: 12.22	Tithi 29 – 30	Yama 9:19AM – 10:38AM	Vyaghata* Until 2:45AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:14PM	Moon 13 - Phase 37
	Creative Work	Amrita Yoga	885374466 Rahu 2:36PM – 3:55PM	Catuspada Until 11:24PM	Nataraja: Orange		Amavasya
			Chaturdashi* Until 12:23PM	Moon – Light Blue		Devaloka Day	
				Margasira -Markali			
				Hanumath Jayanthi (Tamil Nadu)			

●	Wednesday, January 13, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kathmandu, Nepal Sun 13 Sutra 276
	Retreat Star		Gulika 10:39AM – 11:58AM	Purvashadha* Until 6:19AM	Ganesha: Orange	<i>Sunrise:</i> 6:41AM	Sarvari 5122
	Dhanus Rasi: 26.28	Tithi 30 – 1	Yama 8:00AM – 9:19AM	Harshana Until 12:12AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Moon 13 - Phase 37
	Creative Work	Amrita Yoga	885374466 Rahu 11:58AM – 1:17PM	Kintughna Until 9:42PM	Nataraja: Orange		Prathama
			Amavasya* Until 10:29AM	Moon – Light Blue		Devaloka Day	
				Pausha -Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

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1	Thursday, January 14, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kathmandu, Nepal Sun 14 Sutra 277
	Makara Rasi: 10.19	Tithi 1 – 2	Gulika 9:20AM – 10:39AM	Shravana Until 5:02AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sarvari 5122
	895374466	Rahu	Yama 6:41AM – 8:00AM	Vajra* Until 10:02PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga		Balava Until 8:29PM	Nataraja: Orange		3rd Phase	
			Thai Pongal	Prathama* Until 9:00AM	Moon – Purple	Devaloka Day	
					Pausha*Thai		

2	Friday, January 15, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kathmandu, Nepal Sun 15 Sutra 278
	Makara Rasi: 23.52	Tithi 2 – 3	Gulika 8:00AM – 9:20AM	Dhanishtha Until 5:16AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sarvari 5122
	895374466	Rahu	Yama 2:37PM – 3:57PM	Siddhi Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga		Taitila Until 7:51PM	Nataraja: Orange		3rd Phase	
Until 5:16AM Sat			Dvitiya Until 8:04AM	Moon – Purple		Devaloka Day	
Then Creative Work - Amrita Yoga				Pausha*Thai			

3	Saturday, January 16, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kathmandu, Nepal Sun 16 Sutra 279
	Kumbha Rasi: 7.04	Tithi 3 – 4	Gulika 6:41AM – 8:00AM	Shatabhishak Until 6:00AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sarvari 5122
	895374466	Rahu	Yama 1:18PM – 2:38PM	Vyatipata* Until 7:11PM	Muruqa: Clear	<i>Sunset:</i> 5:17PM	Moon 13 - Phase 38
Creative Work	Amrita Yoga		Vanija Until 7:54PM	Nataraja: Orange		3rd Phase	
Until 6:00AM Sun			Tritiya Until 7:46AM	Moon – Purple		Devaloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai			

4	Sunday, January 17, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kathmandu, Nepal Sun 17 Sutra 280
	Kumbha Rasi: 19.55	Tithi 4 – 5	Gulika 2:39PM – 3:58PM	Shatabhishak Until 6:00AM	Ganesha: White	<i>Sunrise:</i> 6:41AM	Sarvari 5122
	896374466	Rahu	Yama 11:59AM – 1:19PM	Varyan Until 6:32PM	Muruqa: Clear	<i>Sunset:</i> 5:18PM	Moon 13 - Phase 38
Creative Work	Siddha Yoga		Bava Until 8:39PM	Nataraja: Orange		3rd Phase	
			Chaturthi* Until 8:10AM	Moon – Purple		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

5	Monday, January 18, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kathmandu, Nepal Sun 18 Sutra 281
	Meena Rasi: 2.26	Tithi 5 – 6	Gulika 1:19PM – 2:39PM	Purvaproshtapada* Until 7:43AM	Ganesha: Blue	<i>Sunrise:</i> 6:41AM	Sarvari 5122
	816374466	Rahu	Yama 10:40AM – 12:00PM	Parigha* Until 6:26PM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 13 - Phase 38
Family Home Evening			Kaulava Until 10:05PM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 9:16AM	Moon – Clear		Bhuloka Day	
Until 7:43AM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6	Tuesday, January 19, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal Sun 19 Sutra 282
	Meena Rasi: 14.41	Tithi 6 – 7	Gulika 12:00PM – 1:20PM	Uttaraproshtapada Until 9:54AM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	Sarvari 5122
	816374466	Rahu	Yama 9:20AM – 10:40AM	Shiva Until 6:47PM	Muruqa: Clear	<i>Sunset:</i> 5:19PM	Moon 13 - Phase 38
Creative Work	Amrita Yoga		Gara Until 12:05AM Wed	Nataraja: Orange		3rd Phase	
Until 9:54AM			Shashthi* Until 11:00AM	Moon – Clear		Bhuloka Day	
Then Creative Work - Siddha Yoga				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

☾	Wednesday, January 20, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal Sun 20 Sutra 283
	Retreat Star		Gulika 10:40AM – 12:00PM	Revati Until 12:25PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	Sarvari 5122
	Meena Rasi: 26.43	Tithi 7 – 8	Yama 8:00AM – 9:20AM	Siddha Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 13 - Phase 38
816374466	Rahu	Rahu 12:00PM – 1:20PM	Visti Until 2:31AM Thu	Nataraja: Orange		Ashtami	
Routine Work	Marana Yoga		Saptami Until 1:15PM	Moon – Clear		Bhuloka Day	
				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	

☽	Thursday, January 21, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal Sun 21 Sutra 284
	Retreat Star		Gulika 9:20AM – 10:40AM	Ashvini Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:40AM	Sarvari 5122
	Mesha Rasi: 8.37	Tithi 8 – 9	Yama 6:40AM – 8:00AM	Sadhya Until 8:20PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 13 - Phase 38
826374466	Rahu	Rahu 1:21PM – 2:41PM	Balava Until 5:09AM Fri	Nataraja: Orange		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 3:48PM	Moon – White		Devaloka Day	
Until 3:33PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							

1	Friday, January 22, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Subha Yoga Kaulava Karana Navamyam Titau				Kathmandu, Nepal Sun 22 Sutra 285
	Mesha Rasi: 20.26	Tithi 9	Gulika 8:00AM – 9:20AM Yama 2:41PM – 4:02PM Rahu 10:41AM – 12:01PM	Bharani Until 6:37PM Subha Until 9:15PM Kaulava Until 6:27PM Navami* Until 6:27PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 6:40AM Sunset: 5:22PM	Sarvari 5122 Moon 13 - Phase 39 4th Phase Devaloka Day
Creative Work		Siddha Yoga					Pausha-Thai
2	Saturday, January 23, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau				Kathmandu, Nepal Sun 23 Sutra 286
	Vrishabha Rasi: 2.17	Tithi 10	Gulika 6:39AM – 8:00AM Yama 1:21PM – 2:42PM Rahu 9:20AM – 10:41AM	Krittika Until 9:20PM Sukla Until 10:00PM Taitila Until 7:44AM Dashami Until 8:55PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 6:39AM Sunset: 5:23PM	Sarvari 5122 Moon 13 - Phase 39 4th Phase Devaloka Day
Creative Work		Amrita Yoga					Pausha-Thai
3	Sunday, January 24, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma Yoga Vanija/Visli* Karana Ekadashyam Titau				Kathmandu, Nepal Sun 24 Sutra 287
	Vrishabha Rasi: 14.14	Tithi 11	Gulika 2:42PM – 4:03PM Yama 12:01PM – 1:22PM Rahu 4:03PM – 5:23PM	Rohini Until 11:59PM Brahma Until 10:26PM Vanija Until 10:01AM Ekadashi Until 10:58PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 6:39AM Sunset: 5:23PM	Sarvari 5122 Moon 13 - Phase 39 4th Phase Sivaloka Day
Creative Work		Siddha Yoga					Pausha-Thai
4	Monday, January 25, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau				Kathmandu, Nepal Sun 25 Sutra 288
	Vrishabha Rasi: 26.23	Tithi 12	Gulika 1:22PM – 2:43PM Yama 10:41AM – 12:02PM Rahu 8:00AM – 9:20AM	Mrigashira Until 1:55AM Tue Indra Until 10:28PM Bava Until 11:48AM Dvadashi Until 12:26AM Tue	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 6:39AM Sunset: 5:24PM	Sarvari 5122 Moon 13 - Phase 39 4th Phase Sivaloka Day
Family Home Evening		Amrita Yoga					Pausha-Thai
Creative Work		Marana Yoga					Sivaloka Day
Until 1:55AM Tue							
Then Routine Work - Marana Yoga							
5	Tuesday, January 26, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kathmandu, Nepal Sun 26 Sutra 289
	Mithuna Rasi: 8.47	Tithi 13	Gulika 12:02PM – 1:23PM Yama 9:20AM – 10:41AM Rahu 2:43PM – 4:04PM	Ardra Until 3:03AM Wed Vaidhriti* Until 9:57PM Kaulava Until 12:56PM Trayodashi Until 1:13AM Wed	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 6:39AM Sunset: 5:25PM	Sarvari 5122 Moon 13 - Phase 39 4th Phase Sivaloka Day
Routine Work		Marana Yoga					Pausha-Thai
Until 3:03AM Wed							
Then Creative Work - Siddha Yoga							Pradosha Vrata
6	Wednesday, January 27, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kathmandu, Nepal Sun 27 Sutra 290
	Mithuna Rasi: 21.29	Tithi 14	Gulika 10:41AM – 12:02PM Yama 7:59AM – 9:20AM Rahu 12:02PM – 1:23PM	Punarvasu Until 3:49AM Thu Vishkambha* Until 8:55PM Gara Until 1:22PM Chaturdashi* Until 1:19AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Blue	Sunrise: 6:38AM Sunset: 5:26PM	Sarvari 5122 Moon 13 - Phase 39 4th Phase Devaloka Day
Creative Work		Siddha Yoga					Pausha-Thai
Until 3:49AM Thu							
Then Creative Work - Amrita Yoga							
O	Thursday, January 28, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Visli*/Bava Karana Purnimayam Titau				Kathmandu, Nepal Sutra 291
	Kataka Rasi: 4.31	Tithi 15	Gulika 9:20AM – 10:41AM Yama 6:38AM – 7:59AM Rahu 1:23PM – 2:44PM	Pushya Until 3:49AM Fri Priti Until 7:24PM Visli* Until 1:08PM Purnima* Until 12:46AM Fri	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Blue	Sunrise: 6:38AM Sunset: 5:27PM	Sarvari 5122 Moon 13 - Phase 39 Purnima Devaloka Day
Creative Work		Amrita Yoga					Pausha-Thai
Until 3:49AM Fri							
Then Routine Work - Marana Yoga							
O	Friday, January 29, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Kathmandu, Nepal Sutra 292
	Kataka Rasi: 17.53	Tithi 16	Gulika 7:59AM – 9:20AM Yama 2:45PM – 4:06PM Rahu 10:41AM – 12:02PM	Ashlesha* Until 3:10AM Sat Ayushman Until 5:24PM Balava Until 12:18PM Prathama* Until 11:41PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Blue	Sunrise: 6:37AM Sunset: 5:27PM	Sarvari 5122 Moon 13 - Phase 39 Prathama Devaloka Day
Routine Work		Marana Yoga					Pausha-Thai
Until 3:10AM Sat							
Then Creative Work - Amrita Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang



Saturday, January 30, 2021

Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Kathmandu, Nepal

Sutra 293

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Simha Rasi: 1.32

Tithi 17

957374466

Gulika 6:37AM – 7:58AM
Yama 1:24PM – 2:45PM
Rahu 9:20AM – 10:41AM

Magha* Until 2:25AM Sun
Saubhagya Until 3:04PM
Taitila Until 11:00AM
Dvitiya Until 10:11PM

Ganesha: Purple *Sunrise:* 6:37AM
Muruqa: Clear *Sunset:* 5:28PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Sivaloka Day

Creative Work Amrita Yoga

Until 2:25AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, January 31, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trityayam Titau

Kathmandu, Nepal

Sun 1 Sutra 294

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Simha Rasi: 15.25

Tithi 18

958374466

Gulika 2:46PM – 4:07PM
Yama 12:03PM – 1:24PM
Rahu 4:07PM – 5:29PM

Purvaphalguni Until 1:14AM Mon
Sobhana Until 12:29PM
Vanija Until 9:19AM
Tritiya Until 8:22PM

Ganesha: Clear *Sunrise:* 6:36AM
Muruqa: Clear *Sunset:* 5:29PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

2

Monday, February 1, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthyam Titau

Kathmandu, Nepal

Sun 2 Sutra 295

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Simha Rasi: 29.27

Tithi 19

958374466

Gulika 1:24PM – 2:46PM
Yama 10:41AM – 12:03PM
Rahu 7:58AM – 9:20AM

Uttaraphalguni Until 11:46PM
Athiganda* Until 9:41AM
Bava Until 7:25AM
Chaturthi* Until 6:23PM

Ganesha: Clear *Sunrise:* 6:36AM
Muruqa: Clear *Sunset:* 5:29PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

3

Tuesday, February 2, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kathmandu, Nepal

Sun 3 Sutra 296

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 13.35

Tithi 20 – 21

968374466

Gulika 12:03PM – 1:25PM
Yama 9:19AM – 10:41AM
Rahu 2:46PM – 4:08PM

Hasta Until 10:31PM
Sukarma Until 6:48AM
Gara Until 3:17AM Wed
Panchami Until 4:19PM

Ganesha: White *Sunrise:* 6:36AM
Muruqa: Clear *Sunset:* 5:30PM
Nataraja: Orange
Moon – Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Wednesday, February 3, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kathmandu, Nepal

Sun 4 Sutra 297

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 27.44

Tithi 21 – 22

968474467

Gulika 10:41AM – 12:03PM
Yama 7:57AM – 9:19AM
Rahu 12:03PM – 1:25PM

Chitra Until 9:08PM
Shula* Until 1:00AM Thu
Visti Until 1:13AM Thu
Shashthi* Until 2:13PM

Ganesha: Clear *Sunrise:* 6:35AM
Muruqa: Clear *Sunset:* 5:31PM
Nataraja: Clear
Moon – Green
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

D

Thursday, February 4, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 298

Sarvari 5122

Moon 1 - Phase 40

Ashtami

Tula Rasi: 11.53

Tithi 22 – 23

968474467

Gulika 9:19AM – 10:41AM
Yama 6:35AM – 7:57AM
Rahu 1:25PM – 2:47PM

Svati Until 7:39PM
Ganda* Until 10:09PM
Balava Until 11:12PM
Saptami Until 12:11PM

Ganesha: Clear *Sunrise:* 6:35AM
Muruqa: Clear *Sunset:* 5:31PM
Nataraja: Clear
Moon – Green
Pausha*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 7:39PM

Then Creative Work - Siddha Yoga

Friday, February 5, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 299

Sarvari 5122

Moon 1 - Phase 40

Navami

Tula Rasi: 25.59

Tithi 23 – 24

978474467

Gulika 7:57AM – 9:19AM
Yama 2:48PM – 4:10PM
Rahu 10:41AM – 12:03PM

Vishakha Until 6:32PM
Vriddhi Until 7:23PM
Taitila Until 9:16PM
Ashtami* Until 10:12AM

Ganesha: White *Sunrise:* 6:34AM
Muruqa: Clear *Sunset:* 5:32PM
Nataraja: Clear
Moon – Orange
Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

1		Saturday, February 6, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 7 Sutra 300	
Wrischika Rasi: 10.01	Tithi 24 – 25	979484467	Gulika 6:34AM – 7:56AM Yama 1:26PM – 2:48PM Rahu 9:19AM – 10:41AM	Anuradha Until 5:22PM Dhruva Until 4:40PM Vanija Until 7:26PM Navami* Until 8:19AM	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:34AM Sunset: 5:33PM	Sarvari 5122 Moon 1 - Phase 41 2nd Phase Sivaloka Day
Creative Work Siddha Yoga							
2		Sunday, February 7, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Dashami/Ekodashyam Titau		Kathmandu, Nepal Sun 8 Sutra 301	
Wrischika Rasi: 24	Tithi 25 – 26	979484467	Gulika 2:49PM – 4:11PM Yama 12:03PM – 1:26PM Rahu 4:11PM – 5:34PM	Jyeshtha* Until 4:10PM Vyaghata* Until 2:03PM Balava Until 4:53AM Mon Dashami Until 6:32AM	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:33AM Sunset: 5:34PM	Sarvari 5122 Moon 1 - Phase 41 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 4:10PM Then Creative Work - Amrita Yoga							
3		Monday, February 8, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Kathmandu, Nepal Sun 9 Sutra 302	
Dhanus Rasi: 7.54	Tithi 27	989484467	Gulika 1:26PM – 2:49PM Yama 10:41AM – 12:04PM Rahu 7:55AM – 9:18AM	Mula* Until 3:24PM Harshana Until 11:34AM Kaulava Until 4:08PM Dvodashi* Until 3:24AM Tue	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:33AM Sunset: 5:34PM	Sarvari 5122 Moon 1 - Phase 41 2nd Phase Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 3:24PM Then Routine Work - Marana Yoga							
4		Tuesday, February 9, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 10 Sutra 303	
Dhanus Rasi: 21.42	Tithi 28	989484467	Gulika 12:04PM – 1:26PM Yama 9:18AM – 10:41AM Rahu 2:49PM – 4:12PM	Purvashadha* Until 2:40PM Vajra* Until 9:11AM Gara Until 2:45PM Trayodashi* Until 2:08AM Wed <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:32AM Sunset: 5:35PM	Sarvari 5122 Moon 1 - Phase 41 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 2:40PM Then Routine Work - Prabararishta Yoga							
5		Wednesday, February 10, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Siddhi*/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 11 Sutra 304	
Makara Rasi: 5.22	Tithi 29	989484467	Gulika 10:41AM – 12:04PM Yama 7:54AM – 9:17AM Rahu 12:04PM – 1:27PM	Uttarashadha Until 2:03PM Siddhi Until 7:02AM Visti Until 1:38PM Chaturdashi* Until 1:10AM Thu	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:31AM Sunset: 5:36PM	Sarvari 5122 Moon 1 - Phase 41 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 2:03PM Then Creative Work - Siddha Yoga							
Retreat Star		Thursday, February 11, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Shrivana/Dhanishtha Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kathmandu, Nepal Sun 12 Sutra 305	
Makara Rasi: 18.5	Tithi 30	999484467	Gulika 9:17AM – 10:40AM Yama 6:31AM – 7:54AM Rahu 1:27PM – 2:50PM	Shravana Until 2:05PM Variyan Until 3:31AM Fri Catuspada Until 12:51PM Amavasya* Until 12:36AM Fri	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Purple Pausha*Thai	Sunrise: 6:31AM Sunset: 5:37PM	Sarvari 5122 Moon 1 - Phase 41 Amavasya Devaloka Day
Creative Work Siddha Yoga							
Retreat Star		Friday, February 12, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Kathmandu, Nepal Sun 13 Sutra 306	
Kumbha Rasi: 2.05	Tithi 1	999484467	Gulika 7:53AM – 9:17AM Yama 2:51PM – 4:14PM Rahu 10:40AM – 12:04PM	Dhanishtha Until 2:22PM Parigha* Until 2:18AM Sat Kintughna Until 12:30PM Prathama* Until 12:30AM Sat	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Purple Magha*Masi	Sunrise: 6:30AM Sunset: 5:37PM	Sarvari 5122 Moon 1 - Phase 41 Prathama Devaloka Day
Creative Work Siddha Yoga							

1	Saturday, February 13, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kathmandu, Nepal
	Kumbha Rasi: 15.05	Tithi 2	Gulika 6:29AM – 7:53AM	Shatabhishak Until 3:01PM	Ganesha: Blue	Sunrise: 6:29AM	Sun 14 Sutra 307
	999484467	Rahu 9:16AM – 10:40AM	Yama 1:27PM – 2:51PM	Shiva Until 1:32AM Sun	Muruqa: White	Sunset: 5:38PM	Sarvari 5122
Creative Work Amrita Yoga				Balava Until 12:41PM	Nataraja: Clear		Moon 1 - Phase 42
Until 3:01PM				Dvitiya Until 12:57AM Sun	Moon – Purple		3rd Phase
Then Routine Work - Marana Yoga					Magha-Masi		Devaloka Day

2	Sunday, February 14, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau				Kathmandu, Nepal
	Kumbha Rasi: 27.49	Tithi 3	Gulika 2:51PM – 4:15PM	Purvaproshtapada* Until 4:32PM	Ganesha: Red	Sunrise: 6:28AM	Sun 15 Sutra 308
	911484467	Rahu 4:15PM – 5:39PM	Yama 12:04PM – 1:27PM	Siddha Until 1:10AM Mon	Muruqa: White	Sunset: 5:39PM	Sarvari 5122
Creative Work Siddha Yoga				Taitila Until 1:25PM	Nataraja: Clear		Moon 1 - Phase 42
Until 4:32PM				Tritiya Until 2:00AM Mon	Moon – Clear		3rd Phase
Then Creative Work - Amrita Yoga					Magha-Masi		Sivaloka Day

3	Monday, February 15, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Vanija/Visiti* Karana Chaturthyam Titau				Kathmandu, Nepal
	Meena Rasi: 10.17	Tithi 4	Gulika 1:28PM – 2:52PM	Uttaraproshtapada Until 6:28PM	Ganesha: Red	Sunrise: 6:28AM	Sun 16 Sutra 309
	911484467	Rahu 7:52AM – 9:16AM	Yama 10:40AM – 12:04PM	Sadhya Until 1:17AM Tue	Muruqa: White	Sunset: 5:40PM	Sarvari 5122
Family Home Evening				Vanija Until 2:45PM	Nataraja: Clear		Moon 1 - Phase 42
Creative Work Siddha Yoga				Chaturthi* Until 3:37AM Tue	Moon – Clear		3rd Phase
					Magha-Masi		Sivaloka Day

4	Tuesday, February 16, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau				Kathmandu, Nepal
	Meena Rasi: 22.3	Tithi 5	Gulika 12:04PM – 1:28PM	Revati Until 8:45PM	Ganesha: Red	Sunrise: 6:27AM	Sun 17 Sutra 310
	911484467	Rahu 2:52PM – 4:16PM	Yama 9:15AM – 10:39AM	Subha Until 1:47AM Wed	Muruqa: White	Sunset: 5:40PM	Sarvari 5122
Creative Work Siddha Yoga				Bava Until 4:39PM	Nataraja: Clear		Moon 1 - Phase 42
				Panchami Until 5:45AM Wed	Moon – Clear		3rd Phase
					Magha-Masi		Sivaloka Day
Subramuniyaswami Siva Vision Day							

5	Wednesday, February 17, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Kaulava Karana Shashthyam Titau				Kathmandu, Nepal
	Mesha Rasi: 4.31	Tithi 6	Gulika 10:39AM – 12:04PM	Ashvini Until 11:46PM	Ganesha: Blue	Sunrise: 6:26AM	Sun 18 Sutra 311
	921484467	Rahu 12:04PM – 1:28PM	Yama 7:51AM – 9:15AM	Sukla Until 2:34AM Thu	Muruqa: White	Sunset: 5:41PM	Sarvari 5122
Routine Work Marana Yoga				Kaulava Until 7:00PM	Nataraja: Clear		Moon 1 - Phase 42
Until 11:46PM				Shashthi* Until 8:15AM Thu	Moon – White		3rd Phase
Then Creative Work - Siddha Yoga					Magha-Masi		Devaloka Day

6	Thursday, February 18, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kathmandu, Nepal
	Mesha Rasi: 16.24	Tithi 6 – 7	Gulika 9:14AM – 10:39AM	Bharani Until 2:50AM Fri	Ganesha: Blue	Sunrise: 6:25AM	Sun 19 Sutra 312
	921484467	Rahu 1:28PM – 2:53PM	Yama 6:25AM – 7:50AM	Brahma Until 3:32AM Fri	Muruqa: White	Sunset: 5:42PM	Sarvari 5122
Creative Work Siddha Yoga				Gara Until 9:37PM	Nataraja: Clear		Moon 1 - Phase 42
				Shashthi* Until 8:15AM	Moon – White		3rd Phase
					Magha-Masi		Devaloka Day

D	Friday, February 19, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Indra Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau				Kathmandu, Nepal
	Retreat Star		Gulika 7:49AM – 9:14AM	Krittika Until 5:44AM Sat	Ganesha: Blue	Sunrise: 6:25AM	Sun 20 Sutra 313
	Mesha Rasi: 28.13	Tithi 7 – 8	Yama 2:53PM – 4:18PM	Indra Until 4:29AM Sat	Muruqa: White	Sunset: 5:42PM	Sarvari 5122
Creative Work Siddha Yoga				Visiti Until 12:16AM Sat	Nataraja: Clear		Moon 1 - Phase 42
Until 5:44AM Sat				Saptami Until 10:56AM	Moon – White		Ashtami
Then Creative Work - Amrita Yoga					Magha-Masi		Devaloka Day

D	Saturday, February 20, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kathmandu, Nepal
	Retreat Star		Gulika 6:24AM – 7:49AM	Rohini Until 8:41AM Sun	Ganesha: Yellow	Sunrise: 6:24AM	Sun 21 Sutra 314
	Vrishabha Rasi: 10.02	Tithi 8 – 9	Yama 1:28PM – 2:53PM	Vaidhriti* Until 5:12AM Sun	Muruqa: White	Sunset: 5:43PM	Sarvari 5122
Creative Work Amrita Yoga				Balava Until 2:41AM Sun	Nataraja: Clear		Moon 1 - Phase 42
Until 8:41AM Sun				Ashtami* Until 1:30PM	Moon – Yellow		Navami
Then Creative Work - Siddha Yoga					Magha-Masi		Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Sunday, February 21, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal
	Rohini/Mrigashira Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau						Sun 22 Sutra 315
	Gulika	2:53PM – 4:19PM	Rohini Until 8:41AM	Ganesha: Yellow	Sunrise: 6:23AM		Sarvari 5122
	Yama	12:03PM – 1:28PM	Vishkambha* Until 5:33AM Mon	Muruqa: White	Sunset: 5:44PM	Moon 1 - Phase 43	
931484467	Rahu	4:19PM – 5:44PM	Taitila Until 4:36AM Mon	Nataraja: Clear		4th Phase	
Wishabha Rasi: 21.58	Tithi 9 – 10		Navami* Until 3:42PM	Moon – Yellow			
Creative Work	Siddha Yoga			Magha-Masi		Sivaloka Day	


2	Monday, February 22, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Kathmandu, Nepal
	Mrigashira/Ardra Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau						Sun 23 Sutra 316
	Gulika	1:28PM – 2:54PM	Mrigashira Until 10:57AM	Ganesha: Yellow	Sunrise: 6:22AM		Sarvari 5122
	Yama	10:38AM – 12:03PM	Priti Until 5:23AM Tue	Muruqa: White	Sunset: 5:44PM	Moon 1 - Phase 43	
931484467	Rahu	7:47AM – 9:13AM	Vanija Until 5:49AM Tue	Nataraja: Clear		4th Phase	
Mithuna Rasi: 4.07	Tithi 10 – 11		Dashami Until 5:17PM	Moon – Yellow			
Family Home Evening				Magha-Masi		Sivaloka Day	
Creative Work	Amrita Yoga						
Until 10:57AM							
Then Creative Work - Siddha Yoga							

3	Tuesday, February 23, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				Kathmandu, Nepal
	Ardra/Punarvasu Nakshatra Ayushman Yoga Visti* Karana Ekadashyam Titau						Sun 24 Sutra 317
	Gulika	12:03PM – 1:29PM	Ardra Until 12:22PM	Ganesha: Yellow	Sunrise: 6:21AM		Sarvari 5122
	Yama	9:12AM – 10:38AM	Ayushman Until 4:34AM Wed	Muruqa: White	Sunset: 5:45PM	Moon 1 - Phase 43	
931484467	Rahu	2:54PM – 4:20PM	Visti Until 6:07PM	Nataraja: Clear		4th Phase	
Mithuna Rasi: 16.33	Tithi 11		Ekadashi Until 6:07PM	Moon – Yellow			
Routine Work	Marana Yoga			Magha-Masi		Sivaloka Day	
Until 12:22PM							
Then Creative Work - Siddha Yoga							

4	Wednesday, February 24, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Kathmandu, Nepal
	Punarvasu/Pushya Nakshatra Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau						Sun 25 Sutra 318
	Gulika	10:37AM – 12:03PM	Punarvasu Until 1:18PM	Ganesha: Yellow	Sunrise: 6:20AM		Sarvari 5122
	Yama	7:46AM – 9:12AM	Saubhagya Until 3:08AM Thu	Muruqa: White	Sunset: 5:46PM	Moon 1 - Phase 43	
942484467	Rahu	12:03PM – 1:29PM	Bava Until 6:14AM	Nataraja: Clear		4th Phase	
Mithuna Rasi: 29.21	Tithi 12		Dvadashi Until 6:07PM	Moon – Blue			
Creative Work	Siddha Yoga			Magha-Masi		Sivaloka Day	

5	Thursday, February 25, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Kathmandu, Nepal
	Pushya/Ashlesha* Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Sun 26 Sutra 319
	Gulika	9:11AM – 10:37AM	Pushya Until 1:17PM	Ganesha: Yellow	Sunrise: 6:19AM		Sarvari 5122
	Yama	6:19AM – 7:45AM	Sobhana Until 1:07AM Fri	Muruqa: White	Sunset: 5:46PM	Moon 1 - Phase 43	
942484467	Rahu	1:29PM – 2:55PM	Gara Until 4:41AM Fri	Nataraja: Clear		4th Phase	
Kataka Rasi: 12.34	Tithi 13 – 14		Trayodashi Until 5:20PM	Moon – Blue			
Creative Work	Amrita Yoga			Magha-Masi		Sivaloka Day	
Until 1:17PM							
Then Creative Work - Siddha Yoga							

6	Friday, February 26, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				Kathmandu, Nepal
	Ashlesha*/Magha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau						Sun 27 Sutra 320
	Gulika	7:44AM – 9:10AM	Ashlesha* Until 12:26PM	Ganesha: Yellow	Sunrise: 6:18AM		Sarvari 5122
	Yama	2:55PM – 4:21PM	Athiganda* Until 10:33PM	Muruqa: White	Sunset: 5:47PM	Moon 1 - Phase 43	
942484467	Rahu	10:37AM – 12:03PM	Visti Until 2:53AM Sat	Nataraja: Clear		4th Phase	
Kataka Rasi: 26.11	Tithi 14 – 15		Chaturdashi* Until 3:50PM	Moon – Blue			
Routine Work	Marana Yoga			Magha-Masi		Sivaloka Day	
		Chidambaram Abhishekam					

	Saturday, February 27, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Kathmandu, Nepal
	Copper Retreat Star		Magha*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 321
	Gulika	6:17AM – 7:44AM	Magha* Until 11:17AM	Ganesha: White	Sunrise: 6:17AM		Sarvari 5122
	Yama	1:29PM – 2:55PM	Sukarma Until 7:35PM	Muruqa: White	Sunset: 5:48PM	Moon 1 - Phase 43	
952484467	Rahu	9:10AM – 10:36AM	Balava Until 12:36AM Sun	Nataraja: Clear		Purnima	
Simha Rasi: 10.11	Tithi 15 – 16		Purnima* Until 1:47PM	Moon – Red			
Creative Work	Amrita Yoga			Magha-Masi		Subha Sivaloka Day	
Until 11:17AM							
Then Creative Work - Siddha Yoga							

○	Sunday, February 28, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Kathmandu, Nepal
	Silver Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Sutra 322
	Gulika	2:55PM – 4:22PM	Purvaphalguni Until 9:34AM	Ganesha: Clear	Sunrise: 6:16AM		Sarvari 5122
	Yama	12:02PM – 1:29PM	Dhriti Until 4:20PM	Muruqa: White	Sunset: 5:48PM	Moon 1 - Phase 43	
952584467	Rahu	4:22PM – 5:48PM	Taitila Until 10:00PM	Nataraja: Clear		Prathama	
Simha Rasi: 24.3	Tithi 16 – 17		Prathama* Until 11:19AM	Moon – Red			
Creative Work	Siddha Yoga			Magha-Masi		Sivaloka Day	
Until 9:34AM							
Then Creative Work - Amrita Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Monday, March 1, 2021
Gold Retreat Star

Kanya Rasi: 9.01 Tithi 17 - 18
Family Home Evening
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

Gulika 1:29PM - 2:56PM
Yama 10:35AM - 12:02PM
Rahu 7:41AM - 9:08AM

Uttaraphalguni Until 7:28AM
Shula* Until 12:53PM
Vanija Until 7:13PM
Dvitiya Until 8:36AM

Kathmandu, Nepal
Sun 1 Sutra 323
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon - Red

Sunrise: 6:14AM
Sunset: 5:49PM

Sivaloka Day
Magha-Masi

1

Tuesday, March 2, 2021

Kanya Rasi: 23.37 Tithi 19
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:02PM - 1:29PM
Yama 9:08AM - 10:35AM
Rahu 2:56PM - 4:23PM

Chitra Until 3:29AM Wed
Ganda* Until 9:24AM
Bava Until 4:24PM
Chaturthi* Until 3:00AM Wed

Kathmandu, Nepal
Sun 2 Sutra 324
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Ganesha: Purple
Muruqa: White
Nataraja: Clear
Moon - Green

Sunrise: 6:13AM
Sunset: 5:50PM

Devaloka Day
Magha-Masi

2

Wednesday, March 3, 2021

Tula Rasi: 8.11 Tithi 20
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:34AM - 12:02PM
Yama 7:40AM - 9:07AM
Rahu 12:02PM - 1:29PM

Svati Until 1:27AM Thu
Dhruva Until 2:39AM Thu
Kaulava Until 1:41PM
Panchami Until 12:23AM Thu

Kathmandu, Nepal
Sun 3 Sutra 325
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Ganesha: Purple
Muruqa: White
Nataraja: Clear
Moon - Green

Sunrise: 6:12AM
Sunset: 5:51PM

Devaloka Day
Magha-Masi

3

Thursday, March 4, 2021

Tula Rasi: 22.38 Tithi 21
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:06AM - 10:34AM
Yama 6:11AM - 7:39AM
Rahu 1:29PM - 2:56PM

Vishakha Until 11:57PM
Vyaghata* Until 11:33PM
Gara Until 11:11AM
Shashthi* Until 10:00PM

Kathmandu, Nepal
Sun 4 Sutra 326
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon - Orange

Sunrise: 6:11AM
Sunset: 5:51PM

Sivaloka Day
Magha-Masi

4

Friday, March 5, 2021

Vrischika Rasi: 6.53 Tithi 22
Creative Work Siddha Yoga
Until 10:38PM
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:38AM - 9:06AM
Yama 2:56PM - 4:24PM
Rahu 10:33AM - 12:01PM

Anuradha Until 10:38PM
Harshana Until 8:44PM
Visti Until 8:57AM
Saptami Until 7:56PM

Kathmandu, Nepal
Sun 5 Sutra 327
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Ganesha: Yellow
Muruqa: White
Nataraja: Clear
Moon - Orange

Sunrise: 6:10AM
Sunset: 5:52PM

Sivaloka Day
Magha-Masi

●

Saturday, March 6, 2021
Retreat Star

Vrischika Rasi: 20.56 Tithi 23
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:09AM - 7:37AM
Yama 1:29PM - 2:57PM
Rahu 9:05AM - 10:33AM

Jyeshtha* Until 9:30PM
Vajra* Until 6:09PM
Balava Until 7:03AM
Ashtami* Until 6:13PM

Kathmandu, Nepal
Sun 6 Sutra 328
Sarvari 5122
Moon 2 - Phase 44
Ashtami

Ganesha: Yellow
Muruqa: White
Nataraja: Clear
Moon - Orange

Sunrise: 6:09AM
Sunset: 5:52PM

Sivaloka Day
Magha-Masi

Sunday, March 7, 2021
Retreat Star

Dhanus Rasi: 4.47 Tithi 24 - 25
Creative Work Amrita Yoga
Until 9:01PM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 2:57PM - 4:25PM
Yama 12:01PM - 1:29PM
Rahu 4:25PM - 5:53PM

Mula* Until 9:01PM
Siddhi Until 3:52PM
Vanija Until 4:18AM Mon
Navami* Until 4:50PM

Kathmandu, Nepal
Sun 7 Sutra 329
Sarvari 5122
Moon 2 - Phase 44
Navami

Ganesha: Blue
Muruqa: White
Nataraja: Clear
Moon - Light Blue

Sunrise: 6:08AM
Sunset: 5:53PM


Devaloka Day
Magha-Masi

1	Monday, March 8, 2021	Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vyalipata*/Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Kathmandu, Nepal Sun 8 Sutra 330
	Dhanus Rasi: 18.24 Tithi 25 – 26 Family Home Evening Routine Work Marana Yoga	182584467	Sarvari 5122 Moon 2 - Phase 45 2nd Phase
		Gulika 1:29PM – 2:57PM Yama 10:32AM – 12:00PM Rahu 7:36AM – 9:04AM	Purvashadha* Until 8:42PM Vyatipata* Until 1:52PM Bava Until 3:26AM Tue Dashami Until 3:48PM
		Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Magha•Masi	Sunrise: 6:07AM Sunset: 5:54PM Devaloka Day

2	Tuesday, March 9, 2021	Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kathmandu, Nepal Sun 9 Sutra 331
	Makara Rasi: 1.5 Tithi 26 – 27 Routine Work Prabalarishta Yoga Until 8:35PM Then Creative Work - Siddha Yoga	182584467	Sarvari 5122 Moon 2 - Phase 45 2nd Phase
		Gulika 12:00PM – 1:29PM Yama 9:03AM – 10:32AM Rahu 2:57PM – 4:26PM	Uttarashadha Until 8:35PM Variyan Until 12:06PM Kaulava Until 2:54AM Wed Ekadashi* Until 3:06PM
		Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Magha•Masi	Sunrise: 6:06AM Sunset: 5:54PM Devaloka Day

3	Wednesday, March 10, 2021	Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kathmandu, Nepal Sun 10 Sutra 332
	Makara Rasi: 15.05 Tithi 27 – 28 Creative Work Siddha Yoga Until 9:05PM Then Routine Work - Prabalarishta Yoga	193584467	Sarvari 5122 Moon 2 - Phase 45 2nd Phase
		Gulika 10:31AM – 12:00PM Yama 7:34AM – 9:03AM Rahu 12:00PM – 1:29PM	Shravana Until 9:05PM Parigha* Until 10:37AM Gara Until 2:42AM Thu Dvadashi* Until 2:44PM
		Ganesha: Green Muruqa: White Nataraja: Clear Moon – Purple Magha•Masi	Sunrise: 6:05AM Sunset: 5:55PM Subha Sivaloka Day <i>Pradosha Vrata (Fasting)</i>

4	Thursday, March 11, 2021	Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kathmandu, Nepal Sun 11 Sutra 333
	Makara Rasi: 28.1 Tithi 28 – 29 Creative Work Siddha Yoga	193584467	Sarvari 5122 Moon 2 - Phase 45 2nd Phase
		Gulika 9:02AM – 10:31AM Yama 6:04AM – 7:33AM Rahu 1:29PM – 2:57PM	Dhanishtha Until 9:47PM Shiva Until 9:26AM Visti Until 2:52AM Fri Trayodashi* Until 2:43PM
		Ganesha: Green Muruqa: White Nataraja: Clear Moon – Purple Magha•Masi	Sunrise: 6:04AM Sunset: 5:55PM Subha Sivaloka Day Mahasivaratri (Lunar) Mahasivaratri (Solar)

	Friday, March 12, 2021	Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kathmandu, Nepal Sun 12 Sutra 334
	Retreat Star Kumbha Rasi: 11.03 Tithi 29 – 30 Creative Work Siddha Yoga	193584467	Sarvari 5122 Moon 2 - Phase 45 Amavasya
		Gulika 7:32AM – 9:01AM Yama 2:58PM – 4:27PM Rahu 10:30AM – 11:59AM	Shatabhishak Until 10:42PM Siddha Until 8:30AM Catuspada Until 3:27AM Sat Chaturdashi* Until 3:05PM
		Ganesha: Green Muruqa: White Nataraja: Clear Moon – Purple Magha•Masi	Sunrise: 6:03AM Sunset: 5:56PM Subha Sivaloka Day

Retreat Star	Saturday, March 13, 2021	Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kathmandu, Nepal Sun 13 Sutra 335
	Kumbha Rasi: 23.44 Tithi 30 – 1 Routine Work Marana Yoga Until 12:22AM Sun Then Creative Work - Amrita Yoga	113584467	Sarvari 5122 Moon 2 - Phase 45 Prathama
		Gulika 6:02AM – 7:31AM Yama 1:28PM – 2:58PM Rahu 9:01AM – 10:30AM	Purvaproshtapada* Until 12:22AM Sun Sadhya Until 7:54AM Kintughna Until 4:27AM Sun Amavasya* Until 3:52PM
		Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Clear Phalguna•Masi	Sunrise: 6:02AM Sunset: 5:56PM Sivaloka Day

1		Sunday, March 14, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 14 Sutra 336	
Meena Rasi: 6.14	Tithi 1 – 2	Gulika 2:58PM – 4:27PM	Uttaraproshtapada Until 2:18AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:01AM		Sarvari 5122
		Yama 11:59AM – 1:28PM	Subha Until 7:39AM	Muruqa: White	<i>Sunset:</i> 5:57PM		Moon 2 - Phase 46
		113584467 Rahu 4:27PM – 5:57PM	Balava Until 5:56AM Mon	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Prathama* Until 5:07PM	Phalguna-Panguni		Sivaloka Day	
Until 2:18AM Mon		Karadaiyan Nombu (Tamil Nadu)					
Then Creative Work - Siddha Yoga							

2		Monday, March 15, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Kaulava Karana Dvitiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 337	
Meena Rasi: 18.32	Tithi 2	Gulika 1:28PM – 2:58PM	Revati Until 4:32AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:00AM		Sarvari 5122
Family Home Evening		Yama 10:29AM – 11:59AM	Sukla Until 7:44AM	Muruqa: White	<i>Sunset:</i> 5:57PM		Moon 2 - Phase 46
		113584468 Rahu 7:29AM – 8:59AM	Kaulava Until 6:49PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:49PM	Phalguna-Panguni		Subha Sivaloka Day	

3		Tuesday, March 16, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Taila/Gara Karana Tritiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 338	
Mesha Rasi: 0.38	Tithi 3	Gulika 11:58AM – 1:28PM	Ashvini Until 7:28AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:59AM		Sarvari 5122
		Yama 8:58AM – 10:28AM	Brahma Until 8:11AM	Muruqa: White	<i>Sunset:</i> 5:58PM		Moon 2 - Phase 46
		123584468 Rahu 2:58PM – 4:28PM	Taitila Until 7:52AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:58PM	Phalguna-Panguni		Subha Sivaloka Day	

4		Wednesday, March 17, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau		Kathmandu, Nepal Sun 17 Sutra 339	
Mesha Rasi: 12.35	Tithi 4	Gulika 10:28AM – 11:58AM	Ashvini Until 7:28AM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM		Sarvari 5122
		Yama 7:28AM – 8:58AM	Indra Until 8:56AM	Muruqa: White	<i>Sunset:</i> 5:58PM		Moon 2 - Phase 46
		123584468 Rahu 11:58AM – 1:28PM	Vanija Until 10:12AM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 11:27PM	Phalguna-Panguni		Subha Sivaloka Day	
Until 7:28AM							
Then Creative Work - Siddha Yoga							

5		Thursday, March 18, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Kathmandu, Nepal Sun 18 Sutra 340	
Mesha Rasi: 24.26	Tithi 5	Gulika 8:57AM – 10:27AM	Bharani Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM		Sarvari 5122
		Yama 5:56AM – 7:27AM	Vaidhriti* Until 9:53AM	Muruqa: White	<i>Sunset:</i> 5:59PM		Moon 2 - Phase 46
		123584468 Rahu 1:28PM – 2:58PM	Bava Until 12:48PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:08AM Fri	Phalguna-Panguni		Subha Sivaloka Day	
Until 10:32AM							
Then Routine Work - Marana Yoga							

6		Friday, March 19, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau		Kathmandu, Nepal Sun 19 Sutra 341	
Vrishabha Rasi: 6.13	Tithi 6	Gulika 7:26AM – 8:56AM	Krittika Until 1:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		Sarvari 5122
		Yama 2:58PM – 4:29PM	Vishkambha* Until 10:56AM	Muruqa: White	<i>Sunset:</i> 6:00PM		Moon 2 - Phase 46
		123584468 Rahu 10:27AM – 11:57AM	Kaulava Until 3:30PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 4:47AM Sat	Phalguna-Panguni		Subha Sivaloka Day	
Until 1:31PM							
Then Routine Work - Marana Yoga							

Retreat Star		Saturday, March 20, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara Karana Saptamyam Titau		Kathmandu, Nepal Sun 20 Sutra 342	
Vrishabha Rasi: 18.01	Tithi 7	Gulika 5:54AM – 7:25AM	Rohini Until 4:44PM	Ganesha: Purple	<i>Sunrise:</i> 5:54AM		Sarvari 5122
		Yama 1:28PM – 2:59PM	Priti Until 11:55AM	Muruqa: White	<i>Sunset:</i> 6:00PM		Moon 2 - Phase 46
		133584468 Rahu 8:56AM – 10:26AM	Gara Until 6:03PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 7:10AM Sun	Phalguna-Panguni		Subha Subha Sivaloka Day	
Until 4:44PM							
Then Creative Work - Siddha Yoga							

Retreat Star		Sunday, March 21, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Kathmandu, Nepal Sun 21 Sutra 343	
Vrishabha Rasi: 29.55	Tithi 7 – 8	Gulika 2:59PM – 4:30PM	Mrigashira Until 7:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:53AM		Sarvari 5122
		Yama 11:57AM – 1:28PM	Ayushman Until 12:38PM	Muruqa: White	<i>Sunset:</i> 6:01PM		Moon 2 - Phase 46
		133584468 Rahu 4:30PM – 6:01PM	Visti Until 8:12PM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:10AM	Phalguna-Panguni		Subha Subha Sivaloka Day	

Retreat Star		Monday, March 22, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Kathmandu, Nepal Sun 22 Sutra 344	
Mithuna Rasi: 12.02	Tithi 8 – 9	Gulika 1:28PM – 2:59PM	Ardra Until 9:18PM	Ganesha: Purple	<i>Sunrise:</i> 5:52AM		Sarvari 5122
Family Home Evening		Yama 10:25AM – 11:57AM	Saubhagya Until 12:55PM	Muruqa: White	<i>Sunset:</i> 6:01PM		Moon 2 - Phase 46
		133584468 Rahu 7:23AM – 8:54AM	Balava Until 9:43PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Ashtami* Until 9:02AM	Phalguna-Panguni		Subha Subha Sivaloka Day	
Until 9:18PM							
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Tuesday, March 23, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kathmandu, Nepal Sun 23 Sutra 345	
Mithuna Rasi: 24.26	Tithi 9 – 10	Gulika 11:56AM – 1:28PM	Punarvasu Until 10:46PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM		Sarvari 5122
		Yama 8:54AM – 10:25AM	Sobhana Until 12:38PM	Muruqa: White	<i>Sunset:</i> 6:02PM		Moon 2 - Phase 47
143584468	Rahu 2:59PM – 4:30PM		Taitila Until 10:25PM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Navami* Until 10:09AM	Moon – Blue		Subha Sivaloka Day	
				Phalguna•Panguni			
2		Wednesday, March 24, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kathmandu, Nepal Sun 24 Sutra 346	
Kataka Rasi: 7.13	Tithi 10 – 11	Gulika 10:24AM – 11:56AM	Pushya Until 11:12PM	Ganesha: White	<i>Sunrise:</i> 5:50AM		Sarvari 5122
		Yama 7:21AM – 8:53AM	Athiganda* Until 11:40AM	Muruqa: White	<i>Sunset:</i> 6:02PM		Moon 2 - Phase 47
144584468	Rahu 11:56AM – 1:28PM		Vanija Until 10:14PM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Dashami Until 10:25AM	Moon – Blue		Sivaloka Day	
				Phalguna•Panguni			
3		Thursday, March 25, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Kathmandu, Nepal Sun 25 Sutra 347	
Kataka Rasi: 20.27	Tithi 11 – 12	Gulika 8:52AM – 10:24AM	Ashlesha* Until 10:38PM	Ganesha: White	<i>Sunrise:</i> 5:49AM		Sarvari 5122
		Yama 5:49AM – 7:20AM	Sukarma Until 10:01AM	Muruqa: White	<i>Sunset:</i> 6:03PM		Moon 2 - Phase 47
144584468	Rahu 1:27PM – 2:59PM		Bava Until 9:11PM	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:47AM	Moon – Blue		Sivaloka Day	
Until 10:38PM		Yogaswami Mahasamadhi		Phalguna•Panguni			
Then Creative Work - Amrita Yoga							
4		Friday, March 26, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kathmandu, Nepal Sun 26 Sutra 348	
Simha Rasi: 4.09	Tithi 12 – 13	Gulika 7:19AM – 8:51AM	Magha* Until 9:37PM	Ganesha: White	<i>Sunrise:</i> 5:48AM		Sarvari 5122
		Yama 2:59PM – 4:31PM	Dhriti Until 7:44AM	Muruqa: White	<i>Sunset:</i> 6:03PM		Moon 2 - Phase 47
154684468	Rahu 10:23AM – 11:55AM		Kaulava Until 7:21PM	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga		Dvadashi Until 8:20AM	Moon – Red		Subha Subha Sivaloka Day	
Until 9:37PM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				
5		Saturday, March 27, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 27 Sutra 349	
Simha Rasi: 18.19	Tithi 13 – 14	Gulika 5:46AM – 7:19AM	Purvaphalguni Until 7:50PM	Ganesha: White	<i>Sunrise:</i> 5:46AM		Sarvari 5122
		Yama 1:27PM – 2:59PM	Ganda* Until 1:29AM Sun	Muruqa: White	<i>Sunset:</i> 6:04PM		Moon 2 - Phase 47
154684468	Rahu 8:51AM – 10:23AM		Vanija Until 3:27AM Sun	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:10AM	Moon – Red		Subha Subha Sivaloka Day	
Until 7:50PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							
○		Sunday, March 28, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau		Kathmandu, Nepal Sutra 350	
Kanya Rasi: 2.52	Tithi 15	Gulika 2:59PM – 4:32PM	Uttaraphalguni Until 5:27PM	Ganesha: White	<i>Sunrise:</i> 5:45AM		Sarvari 5122
		Yama 11:55AM – 1:27PM	Vriddhi Until 9:48PM	Muruqa: White	<i>Sunset:</i> 6:04PM		Moon 2 - Phase 47
154684468	Rahu 4:32PM – 6:04PM		Visti Until 1:56PM	Nataraja: Purple			Purnima
Creative Work	Amrita Yoga		Purnima* Until 12:19AM Mon	Moon – Red		Subha Subha Sivaloka Day	
		Panguni Uttiram		Phalguna•Panguni			
		Holi					
○		Monday, March 29, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Kathmandu, Nepal Sutra 351	
Kanya Rasi: 17.41	Tithi 16	Gulika 1:27PM – 3:00PM	Hasta Until 3:02PM	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM		Sarvari 5122
Family Home Evening		Yama 10:22AM – 11:54AM	Dhruva Until 5:53PM	Muruqa: White	<i>Sunset:</i> 6:05PM		Moon 2 - Phase 47
164684468	Rahu 7:17AM – 8:49AM		Balava Until 10:40AM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:56PM	Moon – Green		Subha Sivaloka Day	
Until 3:02PM				Phalguna•Panguni			
Then Routine Work - Prabalarishta Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 30, 2021

Gold Retreat Star

Tula Rasi: 2.4 Tithi 17 - 18

164684468

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata /Harshana Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Kathmandu, Nepal

Sun 1 Sutra 352

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Gulika 11:54AM - 1:27PM

Yama 8:49AM - 10:21AM

Rahu 3:00PM - 4:32PM

Chitra Until 12:23PM

Vyaghata* Until 1:55PM

Taitila Until 7:14AM

Dvitiya Until 5:30PM

Ganesha: Yellow Sunrise: 5:43AM

Muruqa: White Sunset: 6:05PM

Nataraja: Purple

Moon - Green

Phalgun-Panguni

Subha Sivaloka Day

Wednesday, March 31, 2021

1

Tula Rasi: 17.38 Tithi 18 - 19

164684468

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Kathmandu, Nepal

Sun 2 Sutra 353

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Gulika 10:21AM - 11:54AM

Yama 7:15AM - 8:48AM

Rahu 11:54AM - 1:27PM

Svati Until 9:39AM

Harshana Until 10:00AM

Bava Until 12:35AM Thu

Tritiya Until 2:09PM

Ganesha: Yellow Sunrise: 5:42AM

Muruqa: White Sunset: 6:06PM

Nataraja: Purple

Moon - Green

Phalgun-Panguni

Subha Sivaloka Day

Thursday, April 1, 2021

2

Vrischika Rasi: 2.28 Tithi 19 - 20

174684468

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kathmandu, Nepal

Sun 3 Sutra 354

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Gulika 8:48AM - 10:21AM

Yama 5:42AM - 7:15AM

Rahu 1:27PM - 3:00PM

Vishakha Until 7:23AM

Vajra* Until 6:14AM

Kaulava Until 9:38PM

Chaturthi* Until 11:02AM

Ganesha: Blue Sunrise: 5:42AM

Muruqa: White Sunset: 6:06PM

Nataraja: Purple

Moon - Orange

Phalgun-Panguni

Subha Subha Sivaloka Day

Friday, April 2, 2021

3

Vrischika Rasi: 17.04 Tithi 20 - 21

174684468

Routine Work Marana Yoga

Until 3:34AM Sat

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Kathmandu, Nepal

Sun 4 Sutra 355

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Gulika 7:14AM - 8:47AM

Yama 3:00PM - 4:33PM

Rahu 10:20AM - 11:54AM

Jyeshtha* Until 3:34AM Sat

Vyatipata* Until 11:39PM

Gara Until 7:05PM

Panchami Until 8:17AM

Ganesha: Blue Sunrise: 5:41AM

Muruqa: White Sunset: 6:06PM

Nataraja: Purple

Moon - Orange

Phalgun-Panguni

Subha Subha Sivaloka Day

Saturday, April 3, 2021

4

Dhanus Rasi: 1.2 Tithi 22

184684468

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Varyan Yoga Visti*/Bava Karana Saptamyam Titau

Kathmandu, Nepal

Sun 5 Sutra 356

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Gulika 5:40AM - 7:13AM

Yama 1:27PM - 3:00PM

Rahu 8:46AM - 10:20AM

Mula* Until 2:37AM Sun

Varyan Until 8:55PM

Visti Until 5:02PM

Saptami Until 4:12AM Sun

Ganesha: Red Sunrise: 5:40AM

Muruqa: White Sunset: 6:07PM

Nataraja: Purple

Moon - Light Blue

Phalgun-Panguni

Subha Sivaloka Day

Sunday, April 4, 2021

D

Retreat Star

Dhanus Rasi: 15.16 Tithi 23

184684468

Creative Work Siddha Yoga

Until 2:04AM Mon

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kathmandu, Nepal

Sun 6 Sutra 357

Sarvari 5122

Moon 3 - Phase 48

Ashtami

Gulika 3:00PM - 4:34PM

Yama 11:53AM - 1:27PM

Rahu 4:34PM - 6:07PM

Purvashadha* Until 2:04AM Mon

Parigha* Until 6:40PM

Balava Until 3:33PM

Ashtami* Until 2:59AM Mon

Ganesha: Red Sunrise: 5:39AM

Muruqa: White Sunset: 6:07PM

Nataraja: Purple

Moon - Light Blue

Phalgun-Panguni

Subha Sivaloka Day

Monday, April 5, 2021

Retreat Star

Dhanus Rasi: 28.52 Tithi 24

185684468

Family Home Evening

Routine Work Marana Yoga

Until 1:55AM Tue

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

Kathmandu, Nepal

Sun 7 Sutra 358

Sarvari 5122

Moon 3 - Phase 48

Navami

Gulika 1:26PM - 3:00PM

Yama 10:19AM - 11:53AM

Rahu 7:11AM - 8:45AM

Uttarashadha Until 1:55AM Tue

Shiva Until 4:52PM

Taitila Until 2:36PM

Navami* Until 2:19AM Tue

Ganesha: Green Sunrise: 5:37AM

Muruqa: White Sunset: 6:08PM

Nataraja: Purple

Moon - Light Blue

Phalgun-Panguni

Sivaloka Day

1		Tuesday, April 6, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Visiti* Karana Dashamyam Titau		Kathmandu, Nepal Sun 8 Sutra 359	
Makara Rasi: 12.09	Tithi 25	Gulika 11:52AM – 1:26PM	Shravana Until 2:35AM Wed	Ganesha: Orange <i>Sunrise: 5:36AM</i>			Sarvari 5122
		Yama 8:44AM – 10:18AM	Siddha Until 3:28PM	Muruqa: White <i>Sunset: 6:08PM</i>			Moon 3 - Phase 49
		195684468 Rahu 3:00PM – 4:34PM	Vanija Until 2:12PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:11AM Wed	Moon – Purple		Subha Sivaloka Day	
Until 2:35AM Wed				Phalguna-Panguni			
Then Routine Work - Prabalarishta Yoga							

2		Wednesday, April 7, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau		Kathmandu, Nepal Sun 9 Sutra 360	
Makara Rasi: 25.1	Tithi 26	Gulika 10:18AM – 11:52AM	Dhanishtha Until 3:33AM Thu	Ganesha: Orange <i>Sunrise: 5:35AM</i>			Sarvari 5122
		Yama 7:09AM – 8:44AM	Sadhya Until 2:28PM	Muruqa: White <i>Sunset: 6:09PM</i>			Moon 3 - Phase 49
		195684468 Rahu 11:52AM – 1:26PM	Bava Until 2:19PM	Nataraja: Purple			2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 2:31AM Thu	Moon – Purple		Subha Sivaloka Day	
Until 3:33AM Thu				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

3		Thursday, April 8, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Tailita Karana Dvadashyam Titau		Kathmandu, Nepal Sun 10 Sutra 361	
Kumbha Rasi: 7.57	Tithi 27	Gulika 8:43AM – 10:17AM	Shatabhishak Until 4:48AM Fri	Ganesha: Orange <i>Sunrise: 5:34AM</i>			Sarvari 5122
		Yama 5:34AM – 7:09AM	Subha Until 1:51PM	Muruqa: White <i>Sunset: 6:09PM</i>			Moon 3 - Phase 49
		195684468 Rahu 1:26PM – 3:01PM	Kaulava Until 2:53PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:18AM Fri	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

4		Friday, April 9, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Kathmandu, Nepal Sun 11 Sutra 362	
Kumbha Rasi: 20.32	Tithi 28	Gulika 7:08AM – 8:42AM	Purvaproshtapada* Until 6:46AM Sat	Ganesha: Light Blue <i>Sunrise: 5:33AM</i>			Sarvari 5122
		Yama 3:01PM – 4:35PM	Sukla Until 1:32PM	Muruqa: White <i>Sunset: 6:10PM</i>			Moon 3 - Phase 49
		115684468 Rahu 10:17AM – 11:51AM	Gara Until 3:52PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:29AM Sat	Moon – Clear		Sivaloka Day	
				Phalguna-Panguni			
				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, April 10, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau		Kathmandu, Nepal Sun 12 Sutra 363	
Meena Rasi: 2.56	Tithi 29	Gulika 5:32AM – 7:07AM	Purvaproshtapada* Until 6:46AM	Ganesha: Light Blue <i>Sunrise: 5:32AM</i>			Sarvari 5122
		Yama 1:26PM – 3:01PM	Brahma Until 1:32PM	Muruqa: White <i>Sunset: 6:10PM</i>			Moon 3 - Phase 49
		115684468 Rahu 8:42AM – 10:16AM	Vistii Until 5:15PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 6:03AM Sun	Moon – Clear		Sivaloka Day	
Until 6:46AM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

Retreat Star		Sunday, April 11, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Indra/Vaidhrili* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Kathmandu, Nepal Sun 13 Sutra 364	
Meena Rasi: 15.1	Tithi 29 – 30	Gulika 3:01PM – 4:36PM	Uttaraproshtapada Until 8:56AM	Ganesha: Light Blue <i>Sunrise: 5:31AM</i>			Sarvari 5122
		Yama 11:51AM – 1:26PM	Indra Until 1:51PM	Muruqa: White <i>Sunset: 6:11PM</i>			Moon 3 - Phase 49
		115684468 Rahu 4:36PM – 6:11PM	Catuspada Until 7:00PM	Nataraja: Purple			Amavasya
Creative Work	Amrita Yoga		Chaturdashi* Until 6:03AM	Moon – Clear		Sivaloka Day	
				Phalguna-Panguni			

Retreat Star		Monday, April 12, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili*/Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Kathmandu, Nepal Sun 14 Sutra 1	
Meena Rasi: 27.16	Tithi 30 – 1	Gulika 1:26PM – 3:01PM	Revati Until 11:17AM	Ganesha: Light Blue <i>Sunrise: 5:30AM</i>			Sarvari 5122
Family Home Evening		Yama 10:15AM – 11:51AM	Vaidhrili* Until 2:24PM	Muruqa: White <i>Sunset: 6:11PM</i>			Moon 3 - Phase 49
		115684468 Rahu 7:05AM – 8:40AM	Kintughna Until 9:07PM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Amavasya* Until 8:00AM	Moon – Clear		Sivaloka Day	
		Chellappaswami Mahasamadhi		Chaitra-Panguni			

1		Tuesday, April 13, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Priti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kathmandu, Nepal Sun 15 Sutra 2	
Mesha Rasi: 9.13	Tithi 1 – 2	Gulika 11:50AM – 1:26PM	Ashvini Until 2:17PM	Ganesha: Purple	Sunrise: 5:29AM		Sarvari 5122
		Yama 8:40AM – 10:15AM	Vishkambha* Until 3:12PM	Muruqa: White	Sunset: 6:12PM		Moon 3 - Phase 50
125684468		Rahu 3:01PM – 4:37PM	Balava Until 11:31PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 10:15AM	Moon – White		Sivaloka Day	
				Chaitra•Panguni			
2		Wednesday, April 14, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kathmandu, Nepal Sun 16 Sutra 3	
Mesha Rasi: 21.05	Tithi 2 – 3	Gulika 10:15AM – 11:50AM	Bharani Until 5:20PM	Ganesha: Light Blue	Sunrise: 5:28AM		Plava 5123
		Yama 7:03AM – 8:39AM	Priti Until 4:13PM	Muruqa: White	Sunset: 6:12PM		Moon 3 - Phase 50
225684468		Rahu 11:50AM – 1:26PM	Taitila Until 2:07AM Thu	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 12:47PM	Moon – White		Sivaloka Day	
Until 5:20PM		Tamil New Year		Chaitra•Chaitra			
Then Creative Work - Amrita Yoga							
3		Thursday, April 15, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kathmandu, Nepal Sun 17 Sutra 4	
Wrishabha Rasi: 2.52	Tithi 3 – 4	Gulika 8:38AM – 10:14AM	Krittika Until 8:20PM	Ganesha: Purple	Sunrise: 5:27AM		Plava 5123
		Yama 5:27AM – 7:03AM	Ayushman Until 5:17PM	Muruqa: White	Sunset: 6:13PM		Moon 3 - Phase 50
226684468		Rahu 1:26PM – 3:01PM	Vanija Until 4:48AM Fri	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 3:26PM	Moon – White		Sivaloka Day	
				Chaitra•Chaitra			
4		Friday, April 16, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti* Karana Chaturthyam Titau		Kathmandu, Nepal Sun 18 Sutra 5	
Wrishabha Rasi: 14.38	Tithi 4	Gulika 7:02AM – 8:38AM	Rohini Until 11:39PM	Ganesha: Light Blue	Sunrise: 5:26AM		Plava 5123
		Yama 3:02PM – 4:38PM	Saubhagya Until 6:21PM	Muruqa: White	Sunset: 6:13PM		Moon 3 - Phase 50
236684468		Rahu 10:14AM – 11:50AM	Visti Until 6:06PM	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 6:06PM	Moon – Yellow		Sivaloka Day	
Until 11:39PM				Chaitra•Chaitra			
Then Creative Work - Siddha Yoga							
5		Saturday, April 17, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau		Kathmandu, Nepal Sun 19 Sutra 6	
Wrishabha Rasi: 26.27	Tithi 5	Gulika 5:25AM – 7:01AM	Mrigashira Until 2:34AM Sun	Ganesha: Light Blue	Sunrise: 5:25AM		Plava 5123
		Yama 1:26PM – 3:02PM	Sobhana Until 7:18PM	Muruqa: White	Sunset: 6:14PM		Moon 3 - Phase 50
236684468		Rahu 8:37AM – 10:13AM	Bava Until 7:23AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:34PM	Moon – Yellow		Sivaloka Day	
				Chaitra•Chaitra			
6		Sunday, April 18, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Kathmandu, Nepal Sun 20 Sutra 7	
Mithuna Rasi: 8.22	Tithi 6	Gulika 3:02PM – 4:38PM	Ardra Until 4:53AM Mon	Ganesha: Light Blue	Sunrise: 5:24AM		Plava 5123
		Yama 11:49AM – 1:25PM	Athiganda* Until 4:53AM Mon	Muruqa: White	Sunset: 6:15PM		Moon 3 - Phase 50
236684468		Rahu 4:38PM – 6:15PM	Kaulava Until 9:41AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 10:37PM	Moon – Yellow		Sivaloka Day	
Until 4:53AM Mon				Chaitra•Chaitra			
Then Creative Work - Amrita Yoga							
Retreat Star		Monday, April 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau		Kathmandu, Nepal Sun 21 Sutra 8	
Mithuna Rasi: 20.29	Tithi 7	Gulika 1:25PM – 3:02PM	Punarvasu Until 6:54AM Tue	Ganesha: Orange	Sunrise: 5:23AM		Plava 5123
Family Home Evening		Yama 10:12AM – 11:49AM	Sukarma Until 8:06PM	Muruqa: White	Sunset: 6:15PM		Moon 3 - Phase 50
246684468		Rahu 6:59AM – 8:36AM	Gara Until 11:27AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 12:04AM Tue	Moon – Blue		Subha Sivaloka Day	
Until 6:54AM Tue				Chaitra•Chaitra			
Then Creative Work - Siddha Yoga							
Retreat Star		Tuesday, April 20, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau		Kathmandu, Nepal Sun 22 Sutra 9	
Kataka Rasi: 2.51	Tithi 8	Gulika 11:49AM – 1:25PM	Punarvasu Until 6:54AM	Ganesha: Clear	Sunrise: 5:22AM		Plava 5123
		Yama 8:35AM – 10:12AM	Dhriti Until 7:44PM	Muruqa: White	Sunset: 6:16PM		Moon 3 - Phase 50
246784468		Rahu 3:02PM – 4:39PM	Visti Until 12:32PM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 12:46AM Wed	Moon – Blue		Subha Sivaloka Day	
				Chaitra•Chaitra			
Retreat Star		Wednesday, April 21, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau		Kathmandu, Nepal Sun 23 Sutra 10	
Kataka Rasi: 15.35	Tithi 9	Gulika 10:12AM – 11:48AM	Pushya Until 7:59AM	Ganesha: Clear	Sunrise: 5:21AM		Plava 5123
		Yama 6:58AM – 8:35AM	Shula* Until 6:42PM	Muruqa: White	Sunset: 6:16PM		Moon 3 - Phase 50
246784468		Rahu 11:48AM – 1:25PM	Balava Until 12:49PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 12:36AM Thu	Moon – Blue		Subha Sivaloka Day	
		Sri Rama Navami		Chaitra•Chaitra			

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time


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1		Thursday, April 22, 2021				Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Dashamyam Titau		Kathmandu, Nepal Sun 24 Sutra 11	
Kataka Rasi: 28.44	Tithi 10	Gulika 8:34AM – 10:11AM	Ashlesha* Until 8:06AM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM			Plava 5123	
		Yama 5:20AM – 6:57AM	Ganda* Until 4:59PM	Muruqa: White	<i>Sunset:</i> 6:17PM			Moon 3 - Phase 1	
		247784468 Rahu 1:25PM – 3:02PM	Taitila Until 12:13PM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga	Dashami Until 11:35PM		Moon – Blue			Subha Sivaloka Day		
Until 8:06AM							Chaitra*Chaitra		
Then Creative Work - Amrita Yoga									

2		Friday, April 23, 2021				Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau		Kathmandu, Nepal Sun 25 Sutra 12	
Simha Rasi: 12.22	Tithi 11	Gulika 6:56AM – 8:33AM	Magha* Until 7:40AM	Ganesha: Green	<i>Sunrise:</i> 5:19AM			Plava 5123	
		Yama 3:03PM – 4:40PM	Vridhi Until 2:37PM	Muruqa: White	<i>Sunset:</i> 6:17PM			Moon 3 - Phase 1	
		257784468 Rahu 10:11AM – 11:48AM	Vanija Until 10:47AM	Nataraja: Purple				4th Phase	
Routine Work	Marana Yoga	Ekadashi Until 9:46PM		Moon – Red			Sivaloka Day		
Until 7:40AM							Chaitra*Chaitra		
Then Creative Work - Siddha Yoga									

3		Saturday, April 24, 2021				Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau		Kathmandu, Nepal Sun 26 Sutra 13	
Simha Rasi: 26.28	Tithi 12	Gulika 5:18AM – 6:55AM	Purvaphalguni Until 6:19AM	Ganesha: Green	<i>Sunrise:</i> 5:18AM			Plava 5123	
		Yama 1:25PM – 3:03PM	Dhruva Until 11:38AM	Muruqa: White	<i>Sunset:</i> 6:18PM			Moon 3 - Phase 1	
		257784468 Rahu 8:33AM – 10:10AM	Bava Until 8:36AM	Nataraja: Purple				4th Phase	
Creative Work	Siddha Yoga	Dvadashi Until 7:15PM		Moon – Red			Sivaloka Day		
Until 6:19AM							Chaitra*Chaitra		
Then Routine Work - Marana Yoga									

4		Sunday, April 25, 2021				Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kathmandu, Nepal Sun 27 Sutra 14	
Kanya Rasi: 11.01	Tithi 13 – 14	Gulika 3:03PM – 4:41PM	Hasta Until 1:52AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:17AM			Plava 5123	
		Yama 11:48AM – 1:25PM	Vyaghata* Until 8:10AM	Muruqa: White	<i>Sunset:</i> 6:18PM			Moon 3 - Phase 1	
		267784469 Rahu 4:41PM – 6:18PM	Gara Until 2:31AM Mon	Nataraja: Clear				4th Phase	
Creative Work	Amrita Yoga	Trayodashi Until 4:11PM		Moon – Green			Sivaloka Day		
Until 1:52AM Mon							Chaitra*Chaitra		
Then Routine Work - Prabalarishta Yoga									
							<i>Pradosha Vrata</i>		

		Monday, April 26, 2021				Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kathmandu, Nepal Sutra 15	
Copper Retreat Star		Gulika 1:25PM – 3:03PM	Chitra Until 11:05PM	Ganesha: Red	<i>Sunrise:</i> 5:16AM			Plava 5123	
Kanya Rasi: 25.54	Tithi 14 – 15	Yama 10:10AM – 11:47AM	Vajra* Until 12:14AM Tue	Muruqa: White	<i>Sunset:</i> 6:19PM			Moon 3 - Phase 1	
Family Home Evening		267784469 Rahu 6:54AM – 8:32AM	Visti Until 10:55PM	Nataraja: Clear				Purnima	
Routine Work	Prabalarishta Yoga	Chaturdashi* Until 12:44PM		Moon – Green			Sivaloka Day		
Until 11:05PM							Chaitra*Chaitra		
Then Creative Work - Amrita Yoga									
							Chitra Purnima (Tamil Nadu)		
							Hanuman Jayanti		

5		Tuesday, April 27, 2021				Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kathmandu, Nepal Sutra 16	
Silver Retreat Star		Gulika 11:47AM – 1:25PM	Svati Until 8:01PM	Ganesha: Red	<i>Sunrise:</i> 5:15AM			Plava 5123	
Tula Rasi: 11.01	Tithi 15 – 16	Yama 8:31AM – 10:09AM	Siddhi Until 8:02PM	Muruqa: White	<i>Sunset:</i> 6:19PM			Moon 3 - Phase 1	
		267784469 Rahu 3:03PM – 4:41PM	Balava Until 7:11PM	Nataraja: Clear				Prathama	
Creative Work	Siddha Yoga	Purnima* Until 9:03AM		Moon – Green			Sivaloka Day		
Until 8:01PM							Chaitra*Chaitra		
Then Routine Work - Marana Yoga									