



Saturday, May 9, 2020
Gold Retreat Star

Vrischika Rasi: 17.49 Tithi 17 - 18

277234469

Creative Work Siddha Yoga

Until 2:23AM Sun

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam
Jyeshtha* Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 4:55AM - 6:35AM
Yama 1:15PM - 2:55PM
Rahu 8:15AM - 9:55AM

Jyeshtha* Until 2:23AM Sun
Parigha* Until 7:03AM
Vanija Until 6:37PM
Dvitiya Until 7:46AM

Ganesha: Purple *Sunrise: 4:55AM*
Muruqa: Clear *Sunset: 6:15PM*
Nataraja: Clear
Moon - Orange
Vaisaka-Chaitra

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Manama, Bahrain
Sutra 27
Sarvari 5122
Moon 5 - Phase 4
1st Phase

1

Sunday, May 10, 2020

Dhanus Rasi: 2.01 Tithi 19

287234469

Creative Work Amrita Yoga

Until 1:42AM Mon

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:55PM - 4:35PM
Yama 11:35AM - 1:15PM
Rahu 4:35PM - 6:15PM

Mula* Until 1:42AM Mon
Siddha Until 1:50AM Mon
Bava Until 4:46PM
Chaturthi* Until 4:06AM Mon

Ganesha: Clear *Sunrise: 4:55AM*
Muruqa: Clear *Sunset: 6:15PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Chaitra

Devaloka Day

Manama, Bahrain
Sun 1 Sutra 28
Sarvari 5122
Moon 5 - Phase 4
1st Phase

2

Monday, May 11, 2020

Dhanus Rasi: 15.44 Tithi 20

Family Home Evening

287234469

Routine Work Marana Yoga

Until 1:39AM Tue

Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:15PM - 2:56PM
Yama 9:55AM - 11:35AM
Rahu 6:34AM - 8:15AM

Purvashadha* Until 1:39AM Tue
Sadhya Until 12:10AM Tue
Kaulava Until 3:40PM
Panchami Until 3:24AM Tue

Ganesha: Clear *Sunrise: 4:54AM*
Muruqa: Clear *Sunset: 6:16PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Chaitra

Devaloka Day

Manama, Bahrain
Sun 2 Sutra 29
Sarvari 5122
Moon 5 - Phase 4
1st Phase

3

Tuesday, May 12, 2020

Dhanus Rasi: 29.01 Tithi 21

288244469

Routine Work Prabalarishta Yoga

Until 2:15AM Wed

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:35AM - 1:15PM
Yama 8:14AM - 9:55AM
Rahu 2:56PM - 4:36PM

Uttarashadha Until 2:15AM Wed
Subha Until 11:08PM
Gara Until 3:23PM
Shashthi* Until 3:32AM Wed

Ganesha: Purple *Sunrise: 4:54AM*
Muruqa: Orange *Sunset: 6:16PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Chaitra

Sivaloka Day

Manama, Bahrain
Sun 3 Sutra 30
Sarvari 5122
Moon 5 - Phase 4
1st Phase

4

Wednesday, May 13, 2020

Makara Rasi: 11.53 Tithi 22

298244469

Creative Work Siddha Yoga

Chidambaram Abhishekam

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 9:55AM - 11:35AM
Yama 6:34AM - 8:14AM
Rahu 11:35AM - 1:16PM

Shravana Until 3:55AM Thu
Sukla Until 10:42PM
Visti Until 3:54PM
Saptami Until 4:25AM Thu

Ganesha: Clear *Sunrise: 4:53AM*
Muruqa: Orange *Sunset: 6:17PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Chaitra

Devaloka Day

Manama, Bahrain
Sun 4 Sutra 31
Sarvari 5122
Moon 5 - Phase 4
1st Phase

D

Thursday, May 14, 2020

Retreat Star

Makara Rasi: 24.24 Tithi 23

298244469

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:14AM - 9:54AM
Yama 4:53AM - 6:33AM
Rahu 1:16PM - 2:56PM

Dhanishtha Until 6:03AM Fri
Brahma Until 10:49PM
Balava Until 5:08PM
Ashtami* Until 5:57AM Fri

Ganesha: Clear *Sunrise: 4:53AM*
Muruqa: Orange *Sunset: 6:18PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Manama, Bahrain
Sun 5 Sutra 32
Sarvari 5122
Moon 5 - Phase 4
Ashtami

Friday, May 15, 2020

Retreat Star

Kumbha Rasi: 6.38 Tithi 24

298244469

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Indra Yoga Taitila Karana Navamyam Titau

Gulika 6:33AM - 8:14AM
Yama 2:57PM - 4:37PM
Rahu 9:54AM - 11:35AM

Dhanishtha Until 6:03AM
Indra Until 11:20PM
Taitila Until 6:56PM
Navami* Until 7:57AM Sat

Ganesha: Clear *Sunrise: 4:52AM*
Muruqa: Orange *Sunset: 6:18PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Devaloka Day

Manama, Bahrain
Sun 6 Sutra 33
Sarvari 5122
Moon 5 - Phase 4
Navami

1 Saturday, May 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 7 Sutra 34	
Kumbha Rasi: 18.41	Tithi 24 – 25	Gulika 4:52AM – 6:32AM	Shatabhishak Until 8:28AM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Sarvari 5122	
		Yama 1:16PM – 2:57PM	Vaidhriti* Until 12:06AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:19PM	Moon 5 - Phase 5	
		298244469 Rahu 8:13AM – 9:54AM	Vanija Until 9:06PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Navami* Until 7:57AM	Moon – Purple			Devaloka Day
Until 8:28AM							Vaisaka-Vaikasi
Then Routine Work - Marana Yoga							

2 Sunday, May 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 8 Sutra 35	
Meena Rasi: 0.37	Tithi 25 – 26	Gulika 2:57PM – 4:38PM	Purvaproshtapada* Until 11:29AM	Ganesha: Red	<i>Sunrise:</i> 4:51AM	Sarvari 5122	
		Yama 11:35AM – 1:16PM	Vishkambha* Until 1:00AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:19PM	Moon 5 - Phase 5	
		218244469 Rahu 4:38PM – 6:19PM	Bava Until 11:27PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 10:14AM	Moon – Clear			Devaloka Day
Until 11:29AM							Vaisaka-Vaikasi
Then Creative Work - Amrita Yoga							

3 Monday, May 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 9 Sutra 36	
Meena Rasi: 12.29	Tithi 26 – 27	Gulika 1:16PM – 2:57PM	Uttaraproshtapada Until 2:26PM	Ganesha: Green	<i>Sunrise:</i> 4:51AM	Sarvari 5122	
Family Home Evening		Yama 9:54AM – 11:35AM	Priti Until 1:56AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:20PM	Moon 5 - Phase 5	
		219244469 Rahu 6:32AM – 8:13AM	Kaulava Until 1:51AM Tue	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 12:38PM	Moon – Clear			Bhuloka Day
							Devaloka Time: 3:PM to 6:PM
							Vaisaka-Vaikasi

4 Tuesday, May 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 10 Sutra 37	
Meena Rasi: 24.22	Tithi 27 – 28	Gulika 11:35AM – 1:16PM	Revati Until 5:10PM	Ganesha: Green	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
		Yama 8:13AM – 9:54AM	Ayushman Until 2:46AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:20PM	Moon 5 - Phase 5	
		219244469 Rahu 2:58PM – 4:39PM	Gara Until 4:08AM Wed	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 2:59PM	Moon – Clear			Bhuloka Day
							Devaloka Time: 3:PM to 6:PM
							Vaisaka-Vaikasi
							<i>Pradosha Vrata (Fasting)</i>

5 Wednesday, May 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 11 Sutra 38	
Mesha Rasi: 6.17	Tithi 28 – 29	Gulika 9:54AM – 11:35AM	Ashvini Until 8:04PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
		Yama 6:31AM – 8:13AM	Saubhagya Until 3:27AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:21PM	Moon 5 - Phase 5	
		229244469 Rahu 11:35AM – 1:17PM	Visli Until 6:11AM Thu	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 5:10PM	Moon – White			Bhuloka Day
Until 8:04PM							Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							Vaisaka-Vaikasi

6 Thursday, May 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Visli*/Sakuni* Karana Chaturdashyam Titau				Manama, Bahrain Sun 12 Sutra 39	
Mesha Rasi: 18.19	Tithi 29	Gulika 8:12AM – 9:54AM	Bharani Until 10:31PM	Ganesha: White	<i>Sunrise:</i> 4:49AM	Sarvari 5122	
		Yama 4:49AM – 6:31AM	Sobhana Until 3:54AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:21PM	Moon 5 - Phase 5	
		229244469 Rahu 1:17PM – 2:58PM	Visli Until 6:11AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:05PM	Moon – White			Bhuloka Day
Until 10:31PM							Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							Vaisaka-Vaikasi

Friday, May 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Kritika Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain Sun 13 Sutra 40	
Retreat Star		Gulika 6:31AM – 8:12AM	Krittika Until 12:29AM Sat	Ganesha: White	<i>Sunrise:</i> 4:49AM	Sarvari 5122	
Vrishabha Rasi: 0.27	Tithi 30	Yama 2:59PM – 4:40PM	Athiganda* Until 4:03AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:22PM	Moon 5 - Phase 5	
		229244469 Rahu 9:54AM – 11:35AM	Catuspada Until 7:56AM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 8:39PM	Moon – White			Bhuloka Day
Until 12:29AM Sat							Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							Vaisaka-Vaikasi

Saturday, May 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain Sun 14 Sutra 41	
Retreat Star		Gulika 4:49AM – 6:30AM	Rohini Until 2:22AM Sun	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Sarvari 5122	
Vrishabha Rasi: 12.45	Tithi 1	Yama 1:17PM – 2:59PM	Sukarma Until 3:54AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:22PM	Moon 5 - Phase 5	
		239244469 Rahu 8:12AM – 9:54AM	Kintughna Until 9:18AM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 9:49PM	Moon – Yellow			Bhuloka Day
Until 2:22AM Sun							Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							Jyeshtha-Vaikasi

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1	Sunday, May 24, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau			Manama, Bahrain Sun 15 Sutra 42
	Vrishabha Rasi: 25.13 Titithi 2	239244469	Gulika 2:59PM – 4:41PM Yama 11:36AM – 1:17PM Rahu 4:41PM – 6:23PM	Mrigashira Until 3:40AM Mon Dhriti Until 3:25AM Mon Balava Until 10:15AM Dvitiya Until 10:33PM	Ganesha: Green <i>Sunrise:</i> 4:48AM Muruqa: Orange <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Yellow	Sarvari 5122 Moon 5 - Phase 6 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga					

2	Monday, May 25, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau			Manama, Bahrain Sun 16 Sutra 43
	Mithuna Rasi: 7.53 Titithi 3 Family Home Evening	339244469	Gulika 1:18PM – 3:00PM Yama 9:54AM – 11:36AM Rahu 6:30AM – 8:12AM	Ardra Until 4:23AM Tue Shula* Until 2:34AM Tue Taitila Until 10:46AM Tritiya Until 10:49PM	Ganesha: White <i>Sunrise:</i> 4:48AM Muruqa: Orange <i>Sunset:</i> 6:23PM Nataraja: Clear Moon – Yellow	Sarvari 5122 Moon 5 - Phase 6 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga					

3	Tuesday, May 26, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau			Manama, Bahrain Sun 17 Sutra 44
	Mithuna Rasi: 20.47 Titithi 4	341244469	Gulika 11:36AM – 1:18PM Yama 8:12AM – 9:54AM Rahu 3:00PM – 4:42PM	Punarvasu Until 4:57AM Wed Ganda* Until 1:21AM Wed Vanija Until 10:49AM Chaturthi Until 10:39PM	Ganesha: Purple <i>Sunrise:</i> 4:48AM Muruqa: Orange <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Blue	Sarvari 5122 Moon 5 - Phase 6 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga					

4	Wednesday, May 27, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau			Manama, Bahrain Sun 18 Sutra 45
	Kataka Rasi: 3.54 Titithi 5	341244469	Gulika 9:54AM – 11:36AM Yama 6:30AM – 8:12AM Rahu 11:36AM – 1:18PM	Pushya Until 4:55AM Thu Vriddhi Until 11:48PM Bava Until 10:25AM Panchami Until 10:01PM	Ganesha: Purple <i>Sunrise:</i> 4:47AM Muruqa: Orange <i>Sunset:</i> 6:24PM Nataraja: Clear Moon – Blue	Sarvari 5122 Moon 5 - Phase 6 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga					

5	Thursday, May 28, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau			Manama, Bahrain Sun 19 Sutra 46
	Kataka Rasi: 17.16 Titithi 6	341244469	Gulika 8:12AM – 9:54AM Yama 4:47AM – 6:29AM Rahu 1:18PM – 3:00PM	Ashlesha* Until 4:17AM Fri Dhruva Until 9:51PM Kaulava Until 9:33AM Shashthi* Until 8:56PM	Ganesha: Purple <i>Sunrise:</i> 4:47AM Muruqa: Orange <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Blue	Sarvari 5122 Moon 5 - Phase 6 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 4:17AM Fri Then Routine Work - Marana Yoga					

6	Friday, May 29, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau			Manama, Bahrain Sun 20 Sutra 47
	Simha Rasi: 0.53 Titithi 7	351344469	Gulika 6:29AM – 8:12AM Yama 3:01PM – 4:43PM Rahu 9:54AM – 11:36AM	Magha* Until 3:30AM Sat Vyaghata* Until 7:33PM Gara Until 8:14AM Saptami Until 7:24PM	Ganesha: Purple <i>Sunrise:</i> 4:47AM Muruqa: Orange <i>Sunset:</i> 6:25PM Nataraja: Clear Moon – Red	Sarvari 5122 Moon 5 - Phase 6 3rd Phase Sivaloka Day Jyeshtha-Vaikasi
	Routine Work Marana Yoga Until 3:30AM Sat Then Creative Work - Siddha Yoga					

☾	Saturday, May 30, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Ashtami/Navamyam Titau			Manama, Bahrain Sun 21 Sutra 48		
	Retreat Star		Simha Rasi: 14.47 Titithi 8 – 9	351344469	Gulika 4:47AM – 6:29AM Yama 1:19PM – 3:01PM Rahu 8:11AM – 9:54AM	Purvaphalguni Until 2:11AM Sun Harshana Until 4:55PM Visti Until 6:29AM Ashtami* Until 5:26PM	Ganesha: Purple <i>Sunrise:</i> 4:47AM Muruqa: Orange <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Red	Sarvari 5122 Moon 5 - Phase 6 Ashtami Sivaloka Day Jyeshtha-Vaikasi
	Creative Work Siddha Yoga Until 2:11AM Sun Then Creative Work - Amrita Yoga							

☽	Sunday, May 31, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Manama, Bahrain Sun 22 Sutra 49		
	Retreat Star		Simha Rasi: 28.55 Titithi 9 – 10	351344469	Gulika 3:01PM – 4:44PM Yama 11:36AM – 1:19PM Rahu 4:44PM – 6:26PM	Uttaraphalguni Until 12:21AM Mon Vajra* Until 1:58PM Taitila Until 1:50AM Mon Navami* Until 3:06PM	Ganesha: Purple <i>Sunrise:</i> 4:46AM Muruqa: Orange <i>Sunset:</i> 6:26PM Nataraja: Clear Moon – Red	Sarvari 5122 Moon 5 - Phase 6 Navami Sivaloka Day Jyeshtha-Vaikasi
	Creative Work Amrita Yoga Until 12:21AM Mon Then Creative Work - Siddha Yoga							


The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


1	Monday, June 1, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hasla Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Manama, Bahrain Sun 23 Sutra 50
	Kanya Rasi: 13.18 Tithi 10 – 11 Family Home Evening Creative Work Siddha Yoga Until 10:32PM Then Routine Work - Prabalarishta Yoga	Gulika 1:19PM – 3:02PM Yama 9:54AM – 11:37AM Rahu 6:29AM – 8:11AM	Hasta Until 10:32PM Siddhi Until 10:45AM Vanija Until 11:04PM Dashami Until 12:27PM

2	Tuesday, June 2, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Manama, Bahrain Sun 24 Sutra 51
	Kanya Rasi: 27.52 Tithi 11 – 12 Creative Work Siddha Yoga	Gulika 11:37AM – 1:19PM Yama 8:11AM – 9:54AM Rahu 3:02PM – 4:45PM	Chitra Until 8:24PM Vyatipata* Until 7:21AM Bava Until 8:07PM Ekadashi Until 9:35AM

3	Wednesday, June 3, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Parigha* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau	Manama, Bahrain Sun 25 Sutra 52
	Tula Rasi: 12.32 Tithi 12 – 13 Creative Work Siddha Yoga	Gulika 9:54AM – 11:37AM Yama 6:29AM – 8:11AM Rahu 11:37AM – 1:20PM	Svati Until 6:04PM Parigha* Until 12:18AM Thu Taitila Until 3:36AM Thu Dvadashi Until 6:36AM

4	Thursday, June 4, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau	Manama, Bahrain Sun 26 Sutra 53
	Tula Rasi: 27.11 Tithi 14 Creative Work Siddha Yoga	Gulika 8:11AM – 9:54AM Yama 4:46AM – 6:29AM Rahu 1:20PM – 3:03PM	Vishakha Until 4:05PM Shiva Until 8:54PM Gara Until 2:10PM Chaturdashi* Until 12:45AM Fri

	Friday, June 5, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	Manama, Bahrain Sun 27 Sutra 54
	Copper Retreat Star Vrischika Rasi: 11.44 Tithi 15 Creative Work Siddha Yoga Until 2:11PM Then Routine Work - Marana Yoga	Gulika 6:29AM – 8:12AM Yama 3:03PM – 4:46PM Rahu 9:54AM – 11:37AM	Anuradha Until 2:11PM Siddha Until 5:40PM Visti Until 11:26AM Purnima* Until 10:11PM

	Saturday, June 6, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Manama, Bahrain Sun 28 Sutra 55
	Silver Retreat Star Vrischika Rasi: 26.04 Tithi 16 Creative Work Siddha Yoga	Gulika 4:46AM – 6:29AM Yama 1:20PM – 3:03PM Rahu 8:12AM – 9:54AM	Jyeshtha* Until 12:31PM Sadhya Until 2:46PM Balava Until 9:03AM Prathama* Until 8:01PM



Sunday, June 7, 2020
Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvityayam Titau

Manama, Bahrain
Sun 1 Sutra 56

Dhanus Rasi: 10.05 Tithi 17

382344461

Gulika
Yama
Rahu

3:04PM – 4:46PM
11:38AM – 1:21PM
4:46PM – 6:29PM

Mula* Until 11:37AM
Subha Until 12:18PM
Taitila Until 7:09AM
Dvitiya Until 6:24PM

Ganesha: Blue
Muruqa: Orange
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Vaikasi

Sunrise: 4:46AM
Sunset: 6:29PM

Sarvari 5122
Moon 6 - Phase 8
1st Phase

Creative Work Amrita Yoga
Until 11:37AM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Monday, June 8, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Vistil*/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain
Sun 2 Sutra 57

Dhanus Rasi: 23.44 Tithi 18 – 19

382344461

Gulika
Yama
Rahu

1:21PM – 3:04PM
9:55AM – 11:38AM
6:29AM – 8:12AM

Purvashadha* Until 11:13AM
Sukla Until 10:19AM
Bava Until 5:14AM Tue
Tritiya Until 5:26PM

Ganesha: Blue
Muruqa: Orange
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Vaikasi

Sunrise: 4:46AM
Sunset: 6:30PM

Sarvari 5122
Moon 6 - Phase 8
1st Phase

Family Home Evening
Routine Work Marana Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Tuesday, June 9, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain
Sun 3 Sutra 58

Makara Rasi: 7 Tithi 19 – 20

382344461

Gulika
Yama
Rahu

11:38AM – 1:21PM
8:12AM – 9:55AM
3:04PM – 4:47PM

Uttarashadha Until 11:20AM
Brahma Until 8:55AM
Kaulava Until 5:20AM Wed
Chaturthi* Until 5:11PM

Ganesha: Blue
Muruqa: Orange
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Vaikasi

Sunrise: 4:46AM
Sunset: 6:30PM

Sarvari 5122
Moon 6 - Phase 8
1st Phase

Routine Work Prabalarishta Yoga
Until 11:20AM
Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Wednesday, June 10, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain
Sun 4 Sutra 59

Makara Rasi: 19.54 Tithi 20 – 21

392344461

Gulika
Yama
Rahu

9:55AM – 11:38AM
6:29AM – 8:12AM
11:38AM – 1:21PM

Shravana Until 12:29PM
Indra Until 8:06AM
Gara Until 6:09AM Thu
Panchami Until 5:39PM

Ganesha: Red
Muruqa: Orange
Nataraja: Yellow
Moon – Purple
Jyeshtha-Vaikasi

Sunrise: 4:46AM
Sunset: 6:31PM

Sarvari 5122
Moon 6 - Phase 8
1st Phase

Creative Work Siddha Yoga
Until 12:29PM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

4

Thursday, June 11, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain
Sun 5 Sutra 60

Kumbha Rasi: 2.28 Tithi 21

392344461

Gulika
Yama
Rahu

8:12AM – 9:55AM
4:46AM – 6:29AM
1:22PM – 3:05PM

Dhanishtha Until 2:09PM
Vaidhriti* Until 7:48AM
Gara Until 6:09AM
Shashthi* Until 6:47PM

Ganesha: Red
Muruqa: Orange
Nataraja: Yellow
Moon – Purple
Jyeshtha-Vaikasi

Sunrise: 4:46AM
Sunset: 6:31PM

Sarvari 5122
Moon 6 - Phase 8
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Friday, June 12, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak*/Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Vistil*/Bava Karana Saptamyam Titau

Manama, Bahrain
Sun 6 Sutra 61

Kumbha Rasi: 14.45 Tithi 22

392344461

Gulika
Yama
Rahu

6:29AM – 8:12AM
3:05PM – 4:48PM
9:55AM – 11:39AM

Shatabhishak Until 4:12PM
Vishkambha* Until 8:00AM
Vistil Until 7:35AM
Saptami Until 8:28PM

Ganesha: Red
Muruqa: Orange
Nataraja: Yellow
Moon – Purple
Jyeshtha-Vaikasi

Sunrise: 4:46AM
Sunset: 6:31PM

Sarvari 5122
Moon 6 - Phase 8
1st Phase

Creative Work Siddha Yoga

Devaloka Day

D

Saturday, June 13, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain
Sun 7 Sutra 62

Kumbha Rasi: 26.5 Tithi 23

312344461

Gulika
Yama
Rahu

4:46AM – 6:29AM
1:22PM – 3:05PM
8:12AM – 9:56AM

Purvaproshtapada* Until 6:59PM
Priti Until 8:34AM
Balava Until 9:29AM
Ashtami* Until 10:32PM

Ganesha: Clear
Muruqa: Orange
Nataraja: Yellow
Moon – Clear
Jyeshtha-Vaikasi

Sunrise: 4:46AM
Sunset: 6:32PM

Sarvari 5122
Moon 6 - Phase 8
Ashtami

Routine Work Marana Yoga
Until 6:59PM
Then Creative Work - Siddha Yoga

Devaloka Day

Sunday, June 14, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain
Sun 8 Sutra 63

Meena Rasi: 8.48 Tithi 24

312344461

Gulika
Yama
Rahu

3:05PM – 4:49PM
11:39AM – 1:22PM
4:49PM – 6:32PM

Uttaraproshtapada Until 9:50PM
Ayushman Until 9:20AM
Taitila Until 11:41AM
Navami* Until 12:49AM Mon

Ganesha: Clear
Muruqa: Orange
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:46AM
Sunset: 6:32PM

Sarvari 5122
Moon 6 - Phase 8
Navami

Creative Work Amrita Yoga

Devaloka Day

1		Monday, June 15, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Manama, Bahrain Sun 9 Sutra 64	
Meena Rasi: 20.42	Tithi 25	Gulika	1:22PM – 3:06PM	Revati Until 12:33AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:46AM	Sarvari 5122
Family Home Evening	312344461	Yama	9:56AM – 11:39AM	Saubhagya Until 10:14AM	Muruqa: Orange	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu	6:29AM – 8:13AM	Vanija Until 2:00PM	Nataraja: Yellow		2nd Phase
				Dashami Until 3:08AM Tue	Moon – Clear		Devaloka Day
					Jyeshtha-Ani		

2		Tuesday, June 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Manama, Bahrain Sun 10 Sutra 65	
Mesha Rasi: 2.37	Tithi 26	Gulika	11:39AM – 1:23PM	Ashvini Until 3:29AM Wed	Ganesha: Purple	<i>Sunrise:</i> 4:46AM	Sarvari 5122
	322344461	Yama	8:13AM – 9:56AM	Sobhana Until 11:07AM	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu	3:06PM – 4:49PM	Bava Until 4:15PM	Nataraja: Yellow		2nd Phase
				Ekadashi* Until 5:17AM Wed	Moon – White		Bhuloka Day
					Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM

3		Wednesday, June 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Dvadashyam Titau		Manama, Bahrain Sun 11 Sutra 66	
Mesha Rasi: 14.35	Tithi 27	Gulika	9:56AM – 11:40AM	Bharani Until 5:57AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:46AM	Sarvari 5122
	322344461	Yama	6:30AM – 8:13AM	Athiganda* Until 11:48AM	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu	11:40AM – 1:23PM	Kaulava Until 6:16PM	Nataraja: Yellow		2nd Phase
Until 5:57AM Thu				Dvadashi* Until 7:07AM Thu	Moon – White		Bhuloka Day
Then Routine Work - Marana Yoga					Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM

4		Thursday, June 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 12 Sutra 67	
Mesha Rasi: 26.41	Tithi 27 – 28	Gulika	8:13AM – 9:56AM	Krittika Until 7:50AM Fri	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	Sarvari 5122
	322344461	Yama	4:47AM – 6:30AM	Sukarma Until 12:15PM	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 9
Routine Work	Marana Yoga	Rahu	1:23PM – 3:06PM	Gara Until 7:54PM	Nataraja: Yellow		2nd Phase
				Dvadashi* Until 7:07AM	Moon – White		Bhuloka Day
					Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

5		Friday, June 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 13 Sutra 68	
Vrishabha Rasi: 8.58	Tithi 28 – 29	Gulika	6:30AM – 8:13AM	Krittika Until 7:50AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:47AM	Sarvari 5122
	323344461	Yama	3:07PM – 4:50PM	Dhriti Until 12:21PM	Muruqa: Orange	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu	9:57AM – 11:40AM	Visti Until 9:03PM	Nataraja: Yellow		2nd Phase
Until 7:50AM				Trayodashi* Until 8:32AM	Moon – White		Bhuloka Day
Then Routine Work - Marana Yoga					Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, June 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Manama, Bahrain Sun 14 Sutra 69	
Vrishabha Rasi: 21.27	Tithi 29 – 30	Gulika	4:47AM – 6:30AM	Rohini Until 9:33AM	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	Sarvari 5122
	333344461	Yama	1:24PM – 3:07PM	Shula* Until 12:01PM	Muruqa: Orange	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 9
Creative Work	Amrita Yoga	Rahu	8:14AM – 9:57AM	Catuspada Until 9:40PM	Nataraja: Yellow		Amavasya
Until 9:33AM				Chaturdashi* Until 9:25AM	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga					Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, June 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Manama, Bahrain Sun 15 Sutra 70	
Mithuna Rasi: 4.13	Tithi 30 – 1	Gulika	3:07PM – 4:50PM	Mrigashira Until 10:33AM	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	Sarvari 5122
	333344461	Yama	11:40AM – 1:24PM	Ganda* Until 11:15AM	Muruqa: Orange	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu	4:50PM – 6:34PM	Kintughna Until 9:43PM	Nataraja: Yellow		Prathama
				Amavasya* Until 9:45AM	Moon – Yellow		Bhuloka Day
					Ashada-Ani		Devaloka Time: 3:PM to 6:PM

Father's Day
Annular Solar Eclipse

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Monday, June 22, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Manama, Bahrain Sun 16 Sutra 71
1	Mithuna Rasi: 17.13 Family Home Evening Creative Work Siddha Yoga Until 10:53AM Then Creative Work - Amrita Yoga	Tithi 1 - 2 333444461	Gulika 1:24PM - 3:07PM Yama 9:57AM - 11:41AM Rahu 6:31AM - 8:14AM	Ardra Until 10:53AM Vridhhi Until 10:05AM Balava Until 9:16PM Prathama* Until 9:32AM	Ganesha: Purple Muruqa: Orange Nataraja: Yellow Moon - Yellow Ashada-Ani Sunrise: 4:47AM Sunset: 6:34PM Moon 6 - Phase 10 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, June 23, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Manama, Bahrain Sun 17 Sutra 72
2	Kataka Rasi: 0.3 Creative Work Siddha Yoga	Tithi 2 - 3 343444461	Gulika 11:41AM - 1:24PM Yama 8:14AM - 9:58AM Rahu 3:08PM - 4:51PM	Punarvasu Until 11:02AM Dhruva Until 8:30AM Taitila Until 8:21PM Dvitiya Until 8:50AM	Ganesha: Purple Muruqa: Orange Nataraja: Yellow Moon - Blue Ashada-Ani Sunrise: 4:48AM Sunset: 6:34PM Moon 6 - Phase 10 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, June 24, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Manama, Bahrain Sun 18 Sutra 73
3	Kataka Rasi: 14.01 Creative Work Siddha Yoga	Tithi 3 - 4 343444461	Gulika 9:58AM - 11:41AM Yama 6:31AM - 8:14AM Rahu 11:41AM - 1:24PM	Pushya Until 10:37AM Vyaghata* Until 6:35AM Vanija Until 7:02PM Tritiya Until 7:43AM	Ganesha: Purple Muruqa: Orange Nataraja: Yellow Moon - Blue Ashada-Ani Sunrise: 4:48AM Sunset: 6:34PM Moon 6 - Phase 10 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, June 25, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau			Manama, Bahrain Sun 19 Sutra 74
4	Kataka Rasi: 27.45 Creative Work Siddha Yoga Until 9:44AM Then Creative Work - Amrita Yoga	Tithi 4 - 5 343444461	Gulika 8:15AM - 9:58AM Yama 4:48AM - 6:31AM Rahu 1:25PM - 3:08PM	Ashlesha* Until 9:44AM Vajra* Until 1:57AM Fri Balava Until 4:29AM Fri Chaturthi* Until 6:15AM	Ganesha: Purple Muruqa: Orange Nataraja: Yellow Moon - Blue Ashada-Ani Sunrise: 4:48AM Sunset: 6:34PM Moon 6 - Phase 10 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Friday, June 26, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau			Manama, Bahrain Sun 20 Sutra 75
5	Simha Rasi: 11.4 Routine Work Marana Yoga Until 8:51AM Then Creative Work - Siddha Yoga	Tithi 6 353444461	Gulika 6:32AM - 8:15AM Yama 3:08PM - 4:51PM Rahu 9:58AM - 11:42AM	Magha* Until 8:51AM Siddhi Until 11:20PM Kaulava Until 3:33PM Shashthi* Until 2:31AM Sat	Ganesha: Clear Muruqa: Orange Nataraja: Yellow Moon - Red Ashada-Ani Sunrise: 4:48AM Sunset: 6:35PM Moon 6 - Phase 10 3rd Phase Devaloka Day

Saturday, June 27, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau			Manama, Bahrain Sun 21 Sutra 76
6	Simha Rasi: 25.42 Creative Work Siddha Yoga Until 7:38AM Then Routine Work - Marana Yoga	Tithi 7 353444461	Gulika 4:49AM - 6:32AM Yama 1:25PM - 3:08PM Rahu 8:15AM - 9:58AM	Purvaphalguni Until 7:38AM Vyatipata* Until 8:35PM Gara Until 1:29PM Saptami Until 12:22AM Sun	Ganesha: Clear Muruqa: Orange Nataraja: Yellow Moon - Red Ashada-Ani Sunrise: 4:49AM Sunset: 6:35PM Moon 6 - Phase 10 3rd Phase Devaloka Day

Sunday, June 28, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau			Manama, Bahrain Sun 22 Sutra 77
Retreat Star	Kanya Rasi: 9.51 Creative Work Amrita Yoga	Tithi 8 353444461	Gulika 3:08PM - 4:52PM Yama 11:42AM - 1:25PM Rahu 4:52PM - 6:35PM	Uttaraphalguni Until 6:06AM Variyan Until 5:41PM Visti Until 11:16AM Ashtami* Until 10:06PM	Ganesha: Clear Muruqa: Orange Nataraja: Yellow Moon - Red Ashada-Ani Sunrise: 4:49AM Sunset: 6:35PM Moon 6 - Phase 10 Ashtami Devaloka Day


Monday, June 29, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau			Manama, Bahrain Sun 23 Sutra 78
Retreat Star	Kanya Rasi: 24.04 Family Home Evening Routine Work Prabalarishta Yoga Until 3:10AM Tue Then Creative Work - Siddha Yoga	Tithi 9 363444461	Gulika 1:25PM - 3:08PM Yama 9:59AM - 11:42AM Rahu 6:33AM - 8:16AM	Chitra Until 3:10AM Tue Parigha* Until 2:45PM Balava Until 8:57AM Navami* Until 7:45PM	Ganesha: White Muruqa: Orange Nataraja: Yellow Moon - Green Ashada-Ani Sunrise: 4:49AM Sunset: 6:35PM Moon 6 - Phase 10 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 30, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau			Manama, Bahrain Sun 24 Sutra 79
Tula Rasi: 8.2	Tithi 10 – 11	Gulika 11:42AM – 1:25PM	Svati Until 1:27AM Wed	Ganesha: White	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
		Yama 8:16AM – 9:59AM	Shiva Until 11:46AM	Muruqa: Orange	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 11	
		363444461 Rahu 3:09PM – 4:52PM	Taitila Until 6:35AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 5:23PM	Moon – Green			Bhuloka Day
				Ashada*Ani			Devaloka Time: 3:PM to 6:PM

2		Wednesday, July 1, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Manama, Bahrain Sun 25 Sutra 80
Tula Rasi: 22.36	Tithi 11 – 12	Gulika 9:59AM – 11:42AM	Vishakha Until 12:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
		Yama 6:33AM – 8:16AM	Siddha Until 8:48AM	Muruqa: Orange	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 11	
		373444461 Rahu 11:42AM – 1:26PM	Bava Until 1:55AM Thu	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 3:02PM	Moon – Orange			Devaloka Day
				Ashada*Ani			

3		Thursday, July 2, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Manama, Bahrain Sun 26 Sutra 81
Vrischika Rasi: 6.49	Tithi 12 – 13	Gulika 8:17AM – 10:00AM	Anuradha Until 10:43PM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
		Yama 4:50AM – 6:34AM	Subha Until 3:09AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 11	
		373444461 Rahu 1:26PM – 3:09PM	Kaulava Until 11:47PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 12:48PM	Moon – Orange			Devaloka Day
Until 10:43PM				Ashada*Ani			
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>			

4		Friday, July 3, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Manama, Bahrain Sun 27 Sutra 82
Vrischika Rasi: 20.55	Tithi 13 – 14	Gulika 6:34AM – 8:17AM	Jyeshtha* Until 9:27PM	Ganesha: Red	<i>Sunrise:</i> 4:51AM	Sarvari 5122	
		Yama 3:09PM – 4:52PM	Sukla Until 12:36AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 11	
		374444461 Rahu 10:00AM – 11:43AM	Gara Until 9:52PM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 10:46AM	Moon – Orange			Devaloka Day
Until 9:27PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

		Saturday, July 4, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Manama, Bahrain Sun 28 Sutra 83
Dhanus Rasi: 4.5	Tithi 14 – 15	Gulika 4:51AM – 6:34AM	Mula* Until 8:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:51AM	Sarvari 5122	
		Yama 1:26PM – 3:09PM	Brahma Until 10:20PM	Muruqa: Orange	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 11	
		384444461 Rahu 8:17AM – 10:00AM	Visti Until 8:19PM	Nataraja: Yellow		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:02AM	Moon – Light Blue			Bhuloka Day
		Satguru Purnima		Ashada*Ani			Devaloka Time: 3:PM to 6:PM

Sunday, July 5, 2020		Silver Retreat Star			Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Manama, Bahrain Sun 29 Sutra 84
Dhanus Rasi: 18.32	Tithi 15 – 16	Gulika 3:09PM – 4:52PM	Purvashadha* Until 8:27PM	Ganesha: Blue	<i>Sunrise:</i> 4:52AM	Sarvari 5122		
		Yama 11:43AM – 1:26PM	Indra Until 8:28PM	Muruqa: Orange	<i>Sunset:</i> 6:35PM	Moon 6 - Phase 11		
		384444461 Rahu 4:52PM – 6:35PM	Balava Until 7:12PM	Nataraja: Yellow		Prathama		
Creative Work	Siddha Yoga		Purnima* Until 7:41AM	Moon – Light Blue			Bhuloka Day	
Until 8:27PM		Penumbra Lunar Eclipse		Ashada*Ani			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Monday, July 6, 2020
Gold Retreat Star

Makara Rasi: 1.57 Tithi 16 – 17
Family Home Evening
Routine Work Marana Yoga
Until 8:29PM
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau
Gulika 1:26PM – 3:09PM **Uttarashadha Until 8:29PM**
Yama 10:01AM – 11:43AM Vaidhriti* Until 7:00PM
Rahu 6:35AM – 8:18AM Taitila Until 6:37PM
Prathama* Until 6:49AM

Manama, Bahrain
Sutra 85
Sarvari 5122
Moon 7 - Phase 12
1st Phase
Devaloka Day

Ganesha: Red *Sunrise: 4:52AM*
Muruga: Orange *Sunset: 6:35PM*
Nataraja: Yellow
Moon – Light Blue
Ashada-Ani

1 Tuesday, July 7, 2020

Makara Rasi: 15.04 Tithi 17 – 18
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Gulika 11:44AM – 1:26PM **Shravana Until 9:24PM**
Yama 8:18AM – 10:01AM Vishkambha* Until 6:00PM
Rahu 3:09PM – 4:52PM Vanija Until 6:37PM
Dvitiya Until 6:31AM

Manama, Bahrain
Sun 1 Sutra 86
Sarvari 5122
Moon 7 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: Blue *Sunrise: 4:52AM*
Muruga: Orange *Sunset: 6:35PM*
Nataraja: Yellow
Moon – Purple
Ashada-Ani

2 Wednesday, July 8, 2020

Makara Rasi: 27.52 Tithi 18 – 19
Routine Work Prabalarishta Yoga
Until 10:46PM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau
Gulika 10:01AM – 11:44AM **Dhanishtha Until 10:46PM**
Yama 6:36AM – 8:18AM Priti Until 5:31PM
Rahu 11:44AM – 1:26PM Bava Until 7:14PM
Tritiya Until 6:50AM

Manama, Bahrain
Sun 2 Sutra 87
Sarvari 5122
Moon 7 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: Blue *Sunrise: 4:53AM*
Muruga: Orange *Sunset: 6:34PM*
Nataraja: Yellow
Moon – Purple
Ashada-Ani

3 Thursday, July 9, 2020

Kumbha Rasi: 10.24 Tithi 19 – 20
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 8:19AM – 10:01AM **Shatabhishak Until 12:31AM Fri**
Yama 4:53AM – 6:36AM Ayushman Until 5:27PM
Rahu 1:26PM – 3:09PM Kaulava Until 8:26PM
Chaturthi* Until 7:44AM

Manama, Bahrain
Sun 3 Sutra 88
Sarvari 5122
Moon 7 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: Blue *Sunrise: 4:53AM*
Muruga: Orange *Sunset: 6:34PM*
Nataraja: Yellow
Moon – Purple
Ashada-Ani

4 Friday, July 10, 2020

Kumbha Rasi: 22.41 Tithi 20 – 21
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 6:36AM – 8:19AM **Purvaproshtapada* Until 3:04AM Sat**
Yama 3:09PM – 4:52PM Saubhagya Until 5:47PM
Rahu 10:01AM – 11:44AM Gara Until 10:07PM
Panchami Until 9:12AM

Manama, Bahrain
Sun 4 Sutra 89
Sarvari 5122
Moon 7 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: Green *Sunrise: 4:54AM*
Muruga: Orange *Sunset: 6:34PM*
Nataraja: Yellow
Moon – Clear
Ashada-Ani

5 Saturday, July 11, 2020

Meena Rasi: 4.47 Tithi 21 – 22
Creative Work Siddha Yoga
Until 5:47AM Sun
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau
Gulika 4:54AM – 6:37AM **Uttaraproshtapada Until 5:47AM Sun**
Yama 1:27PM – 3:09PM Sobhana Until 6:28PM
Rahu 8:19AM – 10:02AM Visti Until 12:11AM Sun
Shashthi* Until 11:06AM

Manama, Bahrain
Sun 5 Sutra 90
Sarvari 5122
Moon 7 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: Green *Sunrise: 4:54AM*
Muruga: Orange *Sunset: 6:34PM*
Nataraja: Yellow
Moon – Clear
Ashada-Ani

Sunday, July 12, 2020
Retreat Star

Meena Rasi: 16.46 Tithi 22 – 23
Creative Work Amrita Yoga
Until 8:29AM Mon
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 3:09PM – 4:51PM **Revati Until 8:29AM Mon**
Yama 11:44AM – 1:27PM Athiganda* Until 7:17PM
Rahu 4:51PM – 6:34PM Balava Until 2:28AM Mon
Saptami Until 1:17PM

Manama, Bahrain
Sun 6 Sutra 91
Sarvari 5122
Moon 7 - Phase 12
Ashtami
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: Green *Sunrise: 4:55AM*
Muruga: Orange *Sunset: 6:34PM*
Nataraja: Yellow
Moon – Clear
Ashada-Ani

Monday, July 13, 2020

Retreat Star

Meena Rasi: 28.4 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 1:27PM – 3:09PM **Revati Until 8:29AM**
Yama 10:02AM – 11:44AM Sukarma Until 8:11PM
Rahu 6:37AM – 8:20AM Taitila Until 4:45AM Tue
Ashtami* Until 3:36PM

Manama, Bahrain
Sun 7 Sutra 92
Sarvari 5122
Moon 7 - Phase 12
Navami
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Ganesha: Green *Sunrise: 4:55AM*
Muruga: Orange *Sunset: 6:33PM*
Nataraja: Yellow
Moon – Clear
Ashada-Ani

1		Tuesday, July 14, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 8 Sutra 93
Mesha Rasi: 10.35	Tithi 24 – 25	Gulika	11:44AM – 1:27PM	Ashvini Until 11:30AM	Ganesha: Orange	<i>Sunrise: 4:56AM</i>		Sarvari 5122
		Yama	8:20AM – 10:02AM	Dhriti Until 9:00PM	Muruqa: Orange	<i>Sunset: 6:33PM</i>		Moon 7 - Phase 13
		424444461 Rahu	3:09PM – 4:51PM	Vanija Until 6:51AM Wed	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga			Navami* Until 5:49PM	Ashada-Ani		Devaloka Day	

2		Wednesday, July 15, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Vanija/Visi* Karana Dashamyam Titau				Manama, Bahrain Sun 9 Sutra 94
Mesha Rasi: 22.34	Tithi 25	Gulika	10:02AM – 11:44AM	Bharani Until 2:07PM	Ganesha: Clear	<i>Sunrise: 4:56AM</i>		Sarvari 5122
		Yama	6:38AM – 8:20AM	Shula* Until 9:32PM	Muruqa: Clear	<i>Sunset: 6:33PM</i>		Moon 7 - Phase 13
		425454461 Rahu	11:44AM – 1:27PM	Vanija Until 6:51AM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga			Dashami Until 7:45PM	Ashada-Ani		Devaloka Day	
Until 2:07PM								
Then Creative Work - Amrita Yoga								

3		Thursday, July 16, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau				Manama, Bahrain Sun 10 Sutra 95
Vrishabha Rasi: 4.43	Tithi 26	Gulika	8:21AM – 10:03AM	Krittika Until 4:09PM	Ganesha: Clear	<i>Sunrise: 4:57AM</i>		Sarvari 5122
		Yama	4:57AM – 6:39AM	Ganda* Until 9:44PM	Muruqa: Clear	<i>Sunset: 6:33PM</i>		Moon 7 - Phase 13
		425454461 Rahu	1:27PM – 3:09PM	Bava Until 8:34AM	Nataraja: Yellow			2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 9:13PM	Ashada-Adi		Devaloka Day	

4		Friday, July 17, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Kaulava/Tailita Karana Dvadashyam Titau				Manama, Bahrain Sun 11 Sutra 96
Vrishabha Rasi: 17.04	Tithi 27	Gulika	6:39AM – 8:21AM	Rohini Until 5:56PM	Ganesha: Purple	<i>Sunrise: 4:57AM</i>		Sarvari 5122
		Yama	3:08PM – 4:50PM	Vriddhi Until 9:27PM	Muruqa: Clear	<i>Sunset: 6:32PM</i>		Moon 7 - Phase 13
		435454462 Rahu	10:03AM – 11:45AM	Kaulava Until 9:44AM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga			Dvadashi* Until 10:04PM	Ashada-Adi		Devaloka Day	
Until 5:56PM								
Then Creative Work - Siddha Yoga								

5		Saturday, July 18, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 12 Sutra 97
Vrishabha Rasi: 29.43	Tithi 28	Gulika	4:58AM – 6:39AM	Mrigashira Until 6:54PM	Ganesha: Purple	<i>Sunrise: 4:58AM</i>		Sarvari 5122
		Yama	1:27PM – 3:08PM	Dhruva Until 8:36PM	Muruqa: Clear	<i>Sunset: 6:32PM</i>		Moon 7 - Phase 13
		435454462 Rahu	8:21AM – 10:03AM	Gara Until 10:15AM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 10:14PM	Ashada-Adi		Devaloka Day	

Pradosha Vrata (Fasting)

6		Sunday, July 19, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Manama, Bahrain Sun 13 Sutra 98
Mithuna Rasi: 12.42	Tithi 29	Gulika	3:08PM – 4:50PM	Ardra Until 7:02PM	Ganesha: Light Blue	<i>Sunrise: 4:58AM</i>		Sarvari 5122
		Yama	11:45AM – 1:26PM	Vyaghata* Until 7:14PM	Muruqa: Clear	<i>Sunset: 6:32PM</i>		Moon 7 - Phase 13
		435554462 Rahu	4:50PM – 6:32PM	Visti Until 10:04AM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 9:43PM	Ashada-Adi		Devaloka Day	

Monday, July 20, 2020		Retreat Star		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain Sun 14 Sutra 99
Mithuna Rasi: 26.02	Tithi 30	Gulika	1:26PM – 3:08PM	Punarvasu Until 6:51PM	Ganesha: Purple	<i>Sunrise: 4:58AM</i>		Sarvari 5122
Family Home Evening		Yama	10:03AM – 11:45AM	Harshana Until 5:22PM	Muruqa: Clear	<i>Sunset: 6:31PM</i>		Moon 7 - Phase 13
		445554462 Rahu	6:40AM – 8:22AM	Catuspada Until 9:14AM	Nataraja: White			Amavasya
Creative Work	Amrita Yoga			Amavasya* Until 8:35PM	Ashada-Adi		Devaloka Day	
Until 6:51PM								
Then Creative Work - Siddha Yoga								

Tuesday, July 21, 2020		Retreat Star		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain Sun 15 Sutra 100
Kataka Rasi: 9.43	Tithi 1	Gulika	11:45AM – 1:26PM	Pushya Until 6:00PM	Ganesha: Purple	<i>Sunrise: 4:59AM</i>		Sarvari 5122
		Yama	8:22AM – 10:03AM	Vajra* Until 3:03PM	Muruqa: Clear	<i>Sunset: 6:31PM</i>		Moon 7 - Phase 13
		445554462 Rahu	3:08PM – 4:49PM	Kintughna Until 7:50AM	Nataraja: White			Prathama
Creative Work	Siddha Yoga			Prathama* Until 6:55PM	Sravana-Adi		Devaloka Day	

1	Wednesday, July 22, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain
	Kataka Rasi: 23.4	Tithi 2 – 3	445554462	Gulika 11:45AM – 1:26PM	Ashlesha* Until 4:35PM Siddhi Until 12:23PM Taitila Until 3:44AM Thu Dvitiya Until 4:51PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Blue Savana-Adi	Sun 16 Sutra 101 Sarvari 5122 Moon 7 - Phase 14 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

2	Thursday, July 23, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Manama, Bahrain
	Simha Rasi: 7.51	Tithi 3 – 4	455554462	Gulika 1:26PM – 3:07PM	Magha* Until 3:11PM Vyatipata* Until 9:29AM Vanija Until 1:18AM Fri Tritiya Until 2:31PM	Ganesha: Light Blue Muruqa: Clear Nataraja: White Moon – Red Savana-Adi	Sun 17 Sutra 102 Sarvari 5122 Moon 7 - Phase 14 3rd Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until 3:11PM	Then Creative Work - Siddha Yoga					

3	Friday, July 24, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Manama, Bahrain
	Simha Rasi: 22.1	Tithi 4 – 5	455554462	Gulika 11:45AM – 1:26PM	Purvaphalguni Until 1:29PM Varyan Until 6:25AM Bava Until 10:47PM Chaturthi* Until 12:02PM	Ganesha: Light Blue Muruqa: Clear Nataraja: White Moon – Red Savana-Adi	Sun 18 Sutra 103 Sarvari 5122 Moon 7 - Phase 14 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga		Nag Panchami			

4	Saturday, July 25, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Manama, Bahrain
	Kanya Rasi: 6.32	Tithi 5 – 6	456554462	Gulika 8:23AM – 10:04AM	Uttaraphalguni Until 11:37AM Shiva Until 12:13AM Sun Kaulava Until 8:16PM Panchami Until 9:30AM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Red Savana-Adi	Sun 19 Sutra 104 Sarvari 5122 Moon 7 - Phase 14 3rd Phase Devaloka Day
	Routine Work	Marana Yoga					

5	Sunday, July 26, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Manama, Bahrain
	Kanya Rasi: 20.53	Tithi 6 – 7	466554462	Gulika 4:48PM – 6:28PM	Hasta Until 10:05AM Siddha Until 9:11PM Vanija Until 4:40AM Mon Shashthi* Until 7:01AM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Green Savana-Adi	Sun 20 Sutra 105 Sarvari 5122 Moon 7 - Phase 14 3rd Phase Sivaloka Day
	Creative Work	Amrita Yoga					
	Until 10:05AM	Then Creative Work - Siddha Yoga					

Monday, July 27, 2020	Retreat Star		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau				Manama, Bahrain
	Tula Rasi: 5.08	Tithi 8	466554462	Gulika 6:43AM – 8:23AM	Chitra Until 8:33AM Sadhya Until 6:18PM Visti Until 3:34PM Ashtami* Until 2:29AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Green Savana-Adi	Sun 21 Sutra 106 Sarvari 5122 Moon 7 - Phase 14 Ashtami Sivaloka Day
	Family Home Evening	Prabalarishta Yoga					
	Until 8:33AM	Then Creative Work - Amrita Yoga					

Tuesday, July 28, 2020	Retreat Star		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain
	Tula Rasi: 19.17	Tithi 9	466554462	Gulika 3:06PM – 4:47PM	Svati Until 7:03AM Subha Until 3:36PM Balava Until 1:30PM Navami* Until 12:32AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Green Savana-Adi	Sun 22 Sutra 107 Sarvari 5122 Moon 7 - Phase 14 Navami Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 7:03AM	Then Routine Work - Marana Yoga					

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Wednesday, July 29, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Manama, Bahrain Sun 23 Sutra 108	
Vrischika Rasi: 3.17		Tithi 10		Gulika 10:04AM – 11:45AM	Vishakha Until 6:04AM	Ganesha: White	<i>Sunrise:</i> 5:03AM	Sarvari 5122	
				Yama 6:43AM – 8:24AM	Sukla Until 1:04PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 7 - Phase 15	
Creative Work		Siddha Yoga		476554462 Rahu 11:45AM – 1:25PM	Taitila Until 11:39AM	Nataraja: White		4th Phase	
				Dashami Until 10:48PM		Savana-Adi		Devaloka Day	

2		Thursday, July 30, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 109	
Vrischika Rasi: 17.07		Tithi 11		Gulika 8:24AM – 10:05AM	Jyeshtha* Until 4:26AM Fri	Ganesha: White	<i>Sunrise:</i> 5:04AM	Sarvari 5122	
				Yama 5:04AM – 6:44AM	Brahma Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 15	
Routine Work		Prabalarishta Yoga		476554462 Rahu 1:25PM – 3:06PM	Vanija Until 10:04AM	Nataraja: White		4th Phase	
Until 4:26AM Fri				Ekadashi Until 9:21PM		Savana-Adi		Devaloka Day	
Then Creative Work - Amrita Yoga									

3		Friday, July 31, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 110	
Dhanus Rasi: 0.47		Tithi 12		Gulika 6:44AM – 8:24AM	Mula* Until 4:17AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Sarvari 5122	
				Yama 3:05PM – 4:45PM	Indra Until 8:41AM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 7 - Phase 15	
Creative Work		Amrita Yoga		486554462 Rahu 10:05AM – 11:45AM	Bava Until 8:46AM	Nataraja: White		4th Phase	
Until 4:17AM Sat				Dvadashi Until 8:12PM		Savana-Adi		Sivaloka Day	
Then Creative Work - Siddha Yoga				Varalakshmi Vratam					

4		Saturday, August 1, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 111	
Dhanus Rasi: 14.17		Tithi 13		Gulika 5:05AM – 6:45AM	Purvashadha* Until 4:19AM Sun	Ganesha: White	<i>Sunrise:</i> 5:05AM	Sarvari 5122	
				Yama 1:25PM – 3:05PM	Vaidhriti* Until 6:51AM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 15	
Creative Work		Siddha Yoga		487554462 Rahu 8:25AM – 10:05AM	Kaulava Until 7:46AM	Nataraja: White		4th Phase	
Until 4:19AM Sun				Trayodashi Until 7:23PM		Savana-Adi		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>					

5		Sunday, August 2, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 112	
Dhanus Rasi: 27.35		Tithi 14		Gulika 3:04PM – 4:44PM	Uttarashadha Until 4:36AM Mon	Ganesha: White	<i>Sunrise:</i> 5:05AM	Sarvari 5122	
				Yama 11:45AM – 1:25PM	Priti Until 4:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 15	
Creative Work		Amrita Yoga		487554462 Rahu 4:44PM – 6:24PM	Gara Until 7:08AM	Nataraja: White		4th Phase	
Until 5:38AM Tue				Chaturdashi* Until 6:57PM		Savana-Adi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga									

		Monday, August 3, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain Sutra 113	
Makara Rasi: 10.4		Tithi 15		Gulika 1:24PM – 3:04PM	Shravana Until 5:38AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	Sarvari 5122	
Family Home Evening				Yama 10:05AM – 11:45AM	Ayushman Until 3:12AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 15	
Creative Work		Amrita Yoga		497554462 Rahu 6:45AM – 8:25AM	Visti Until 6:55AM	Nataraja: White		Purnima	
Until 5:38AM Tue				Purnima* Until 6:57PM		Savana-Adi		Sivaloka Day	
Then Creative Work - Siddha Yoga				Raksha Bandhan					

0		Tuesday, August 4, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sutra 114	
Makara Rasi: 23.31		Tithi 16		Gulika 11:44AM – 1:24PM	Dhanishtha Until 6:59AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM	Sarvari 5122	
				Yama 8:25AM – 10:05AM	Saubhagya Until 2:42AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 15	
Creative Work		Siddha Yoga		497554462 Rahu 3:04PM – 4:43PM	Balava Until 7:08AM	Nataraja: White		Prathama	
				Prathama* Until 7:24PM		Savana-Adi		Sivaloka Day	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 5, 2020

Gold Retreat Star

Kumbha Rasi: 6.08 Tithi 17

497554462

Gulika 10:05AM - 11:44AM
Yama 6:46AM - 8:25AM
Rahu 11:44AM - 1:24PM

Routine Work Prabalarishta Yoga
Until 6:59AM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Dhanishtha Until 6:59AM
Sobhana Until 2:36AM Thu
Taitila Until 7:50AM
Dvitiya Until 8:21PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon - Purple
Sravana-Adi

Sunrise: 5:06AM
Sunset: 6:22PM

Manama, Bahrain
Sun 1 Sutra 115
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Sivaloka Day

1

Thursday, August 6, 2020

Kumbha Rasi: 18.34 Tithi 18

497554462

Gulika 8:26AM - 10:05AM
Yama 5:07AM - 6:46AM
Rahu 1:24PM - 3:03PM

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Shatabhishak Until 8:38AM
Athiganda* Until 2:50AM Fri
Vanija Until 9:01AM
Tritiya Until 9:46PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: White
Moon - Purple
Sravana-Adi

Sunrise: 5:07AM
Sunset: 6:21PM

Manama, Bahrain
Sun 2 Sutra 116
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Sivaloka Day

2

Friday, August 7, 2020

Meena Rasi: 0.47 Tithi 19

417554462

Gulika 6:47AM - 8:26AM
Yama 3:02PM - 4:42PM
Rahu 10:05AM - 11:44AM

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma Yoga Bava/Balava Karana Chaturthyam Titau

Purvaprosarthapada* Until 11:03AM
Sukarma Until 3:23AM Sat
Bava Until 10:40AM
Chaturthi* Until 11:37PM

Ganesha: Clear
Muruqa: Clear
Nataraja: White
Moon - Clear
Sravana-Adi

Sunrise: 5:07AM
Sunset: 6:21PM

Manama, Bahrain
Sun 3 Sutra 117
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Sivaloka Day

3

Saturday, August 8, 2020

Meena Rasi: 12.5 Tithi 20

418554462

Gulika 5:08AM - 6:47AM
Yama 1:23PM - 3:02PM
Rahu 8:26AM - 10:05AM

Creative Work Siddha Yoga

Until 1:40PM

Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Uttaraprosarthapada Until 1:40PM
Dhriti Until 4:12AM Sun
Kaulava Until 12:42PM
Panchami Until 1:48AM Sun

Ganesha: Purple
Muruqa: Clear
Nataraja: White
Moon - Clear
Sravana-Adi

Sunrise: 5:08AM
Sunset: 6:20PM

Manama, Bahrain
Sun 4 Sutra 118
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Devaloka Day

4

Sunday, August 9, 2020

Meena Rasi: 24.46 Tithi 21

418554462

Gulika 3:02PM - 4:40PM
Yama 11:44AM - 1:23PM
Rahu 4:40PM - 6:19PM

Creative Work Amrita Yoga

Until 4:22PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Shula* Yoga Gara/Vanija Karana Shashthyam Titau

Revati Until 4:22PM
Shula* Until 5:06AM Mon
Gara Until 2:59PM
Shashthi* Until 4:10AM Mon

Ganesha: Purple
Muruqa: Clear
Nataraja: White
Moon - Clear
Sravana-Adi

Sunrise: 5:08AM
Sunset: 6:19PM

Manama, Bahrain
Sun 5 Sutra 119
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Devaloka Day

5

Monday, August 10, 2020

Mesha Rasi: 6.39 Tithi 22

428554462

Gulika 1:22PM - 3:01PM
Yama 10:05AM - 11:44AM
Rahu 6:48AM - 8:26AM

Family Home Evening

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Ganda* Yoga Visti*/Bava Karana Saptamyam Titau

Ashvini Until 7:30PM
Ganda* Until 6:02AM Tue
Visti Until 5:23PM
Saptami Until 6:32AM Tue

Ganesha: Clear
Muruqa: Clear
Nataraja: White
Moon - White
Sravana-Adi

Sunrise: 5:09AM
Sunset: 6:18PM

Manama, Bahrain
Sun 6 Sutra 120
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Sivaloka Day

D

Tuesday, August 11, 2020

Retreat Star

Mesha Rasi: 18.32 Tithi 22 - 23

428554462

Gulika 11:44AM - 1:22PM
Yama 8:26AM - 10:05AM
Rahu 3:01PM - 4:39PM

Creative Work Siddha Yoga

Krishna Janmashtami

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bharani Until 10:20PM
Ganda* Until 6:02AM
Balava Until 7:41PM
Saptami Until 6:32AM

Ganesha: Clear
Muruqa: Clear
Nataraja: White
Moon - White
Sravana-Adi

Sunrise: 5:09AM
Sunset: 6:18PM

Manama, Bahrain
Sun 7 Sutra 121
Sarvari 5122
Moon 8 - Phase 16
Ashtami

Sivaloka Day

Wednesday, August 12, 2020

Retreat Star

Vrishabha Rasi: 0.29 Tithi 23 - 24

428554462

Gulika 10:05AM - 11:43AM
Yama 6:48AM - 8:27AM
Rahu 11:43AM - 1:22PM

Creative Work Amrita Yoga

Until 12:41AM Thu

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Krittika Until 12:41AM Thu
Vridhhi Until 6:48AM
Taitila Until 9:39PM
Ashtami* Until 8:42AM

Ganesha: Clear
Muruqa: Clear
Nataraja: White
Moon - White
Sravana-Adi

Sunrise: 5:10AM
Sunset: 6:17PM

Manama, Bahrain
Sun 8 Sutra 122
Sarvari 5122
Moon 8 - Phase 16
Navami

Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

www.gurudeva.org/panchang


1		Thursday, August 13, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Manama, Bahrain Sun 9 Sutra 123	
Vrishabha Rasi: 12.37 Tithi 24 – 25		Gulika 8:27AM – 10:05AM	Rohini Until 2:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	Sarvari 5122	
438654462		Yama 5:10AM – 6:49AM	Dhruva Until 7:14AM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 17	
Routine Work Marana Yoga		Rahu 1:21PM – 3:00PM	Vanija Until 11:04PM	Nataraja: White		2nd Phase	
Until 2:48AM Fri			Navami* Until 10:25AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Sravana-Adi			

2		Friday, August 14, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sun 10 Sutra 124	
Vrishabha Rasi: 24.59 Tithi 25 – 26		Gulika 6:49AM – 8:27AM	Mrigashira Until 4:03AM Sat	Ganesha: White	<i>Sunrise:</i> 5:11AM	Sarvari 5122	
439654462		Yama 2:59PM – 4:37PM	Vyaghata* Until 7:12AM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 17	
Creative Work Siddha Yoga		Rahu 10:05AM – 11:43AM	Bava Until 11:47PM	Nataraja: White		2nd Phase	
			Dashami Until 11:30AM	Moon – Yellow		Devaloka Day	
				Sravana-Adi			

3		Saturday, August 15, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sun 11 Sutra 125	
Mithuna Rasi: 7.42 Tithi 26 – 27		Gulika 5:11AM – 6:49AM	Ardra Until 4:22AM Sun	Ganesha: White	<i>Sunrise:</i> 5:11AM	Sarvari 5122	
439654462		Yama 1:21PM – 2:59PM	Harshana Until 6:36AM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 17	
Creative Work Siddha Yoga		Rahu 8:27AM – 10:05AM	Kaulava Until 11:43PM	Nataraja: White		2nd Phase	
			Ekadashi* Until 11:50AM	Moon – Yellow		Devaloka Day	
				Sravana-Adi			

4		Sunday, August 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 12 Sutra 126	
Mithuna Rasi: 20.49 Tithi 27 – 28		Gulika 2:58PM – 4:36PM	Punarvasu Until 4:13AM Mon	Ganesha: Green	<i>Sunrise:</i> 5:12AM	Sarvari 5122	
449654462		Yama 11:43AM – 1:20PM	Siddhi Until 3:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 17	
Creative Work Siddha Yoga		Rahu 4:36PM – 6:13PM	Gara Until 10:50PM	Nataraja: White		2nd Phase	
			Dvadashi* Until 11:21AM	Moon – Blue		Devaloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

5		Monday, August 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 13 Sutra 127	
Kataka Rasi: 4.2 Tithi 28 – 29		Gulika 1:20PM – 2:57PM	Pushya Until 3:12AM Tue	Ganesha: White	<i>Sunrise:</i> 5:12AM	Sarvari 5122	
Family Home Evening		Yama 10:05AM – 11:42AM	Vyatipata* Until 1:00AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 17	
459654462		Rahu 6:50AM – 8:27AM	Visti Until 9:14PM	Nataraja: White		2nd Phase	
Creative Work Siddha Yoga			Trayodashi* Until 10:06AM	Moon – Blue		Devaloka Day	
				Sravana-Avani			

		Tuesday, August 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Manama, Bahrain Sun 14 Sutra 128	
Retreat Star		Gulika 11:42AM – 1:19PM	Ashlesha* Until 1:29AM Wed	Ganesha: White	<i>Sunrise:</i> 5:13AM	Sarvari 5122	
Kataka Rasi: 18.18 Tithi 29 – 30		Yama 8:27AM – 10:05AM	Variyan Until 10:02PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 17	
459654462		Rahu 2:57PM – 4:34PM	Catuspada Until 7:00PM	Nataraja: White		Amavasya	
Creative Work Siddha Yoga			Chaturdashi* Until 8:10AM	Moon – Blue		Devaloka Day	
				Sravana-Avani			

Retreat Star		Wednesday, August 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Manama, Bahrain Sun 15 Sutra 129	
Simha Rasi: 2.38 Tithi 1		Gulika 10:05AM – 11:42AM	Magha* Until 11:36PM	Ganesha: Green	<i>Sunrise:</i> 5:13AM	Sarvari 5122	
459654462		Yama 6:50AM – 8:28AM	Parigha* Until 6:44PM	Muruqa: Clear	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 17	
Creative Work Siddha Yoga		Rahu 11:42AM – 1:19PM	Kintughna Until 4:19PM	Nataraja: White		Prathama	
Until 11:36PM			Prathama* Until 2:50AM Thu	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Avani			

1		Thursday, August 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Manama, Bahrain Sun 16 Sutra 130	
Simha Rasi: 17.14	Tithi 2	Gulika 8:28AM – 10:05AM	Purvaphalguni Until 9:21PM	Ganesha: Green	<i>Sunrise:</i> 5:14AM		Sarvari 5122
		Yama 5:14AM – 6:51AM	Shiva Until 3:11PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM		Moon 8 - Phase 18
		559654462 Rahu 1:19PM – 2:56PM	Balava Until 1:19PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 11:44PM	Moon – Red		Devaloka Day	
				Bhadrapada-Avani			

2		Friday, August 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau		Manama, Bahrain Sun 17 Sutra 131	
Kanya Rasi: 1.59	Tithi 3	Gulika 6:51AM – 8:28AM	Uttaraphalguni Until 6:51PM	Ganesha: Green	<i>Sunrise:</i> 5:14AM		Sarvari 5122
		Yama 2:55PM – 4:32PM	Siddha Until 11:30AM	Muruqa: Clear	<i>Sunset:</i> 6:09PM		Moon 8 - Phase 18
		559654462 Rahu 10:05AM – 11:41AM	Taitila Until 10:10AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:35PM	Moon – Red		Devaloka Day	
Until 6:51PM				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

3		Saturday, August 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 132	
Kanya Rasi: 16.46	Tithi 4 – 5	Gulika 5:14AM – 6:51AM	Hasta Until 4:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:14AM		Sarvari 5122
		Yama 1:18PM – 2:54PM	Sadhya Until 7:50AM	Muruqa: Clear	<i>Sunset:</i> 6:08PM		Moon 8 - Phase 18
		561654462 Rahu 8:28AM – 10:04AM	Vanija Until 7:02AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 5:29PM	Moon – Green		Devaloka Day	
		Ganesha Chaturthi		Bhadrapada-Avani			

4		Sunday, August 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Manama, Bahrain Sun 19 Sutra 133	
Tula Rasi: 1.26	Tithi 5 – 6	Gulika 2:54PM – 4:30PM	Chitra Until 2:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:15AM		Sarvari 5122
		Yama 11:41AM – 1:17PM	Sukla Until 12:59AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:07PM		Moon 8 - Phase 18
		561654462 Rahu 4:30PM – 6:07PM	Kaulava Until 1:17AM Mon	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:36PM	Moon – Green		Devaloka Day	
				Bhadrapada-Avani			

5		Monday, August 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Manama, Bahrain Sun 20 Sutra 134	
Tula Rasi: 15.55	Tithi 6 – 7	Gulika 1:17PM – 2:53PM	Svati Until 12:41PM	Ganesha: Blue	<i>Sunrise:</i> 5:15AM		Sarvari 5122
Family Home Evening		Yama 10:04AM – 11:41AM	Brahma Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM		Moon 8 - Phase 18
		561654462 Rahu 6:52AM – 8:28AM	Gara Until 10:54PM	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 12:02PM	Moon – Green		Devaloka Day	
Until 12:41PM				Bhadrapada-Avani			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, August 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Manama, Bahrain Sun 21 Sutra 135	
Vrischika Rasi: 0.08	Tithi 7 – 8	Gulika 11:40AM – 1:16PM	Vishakha Until 11:27AM	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM		Sarvari 5122
		Yama 8:28AM – 10:04AM	Indra Until 7:17PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM		Moon 8 - Phase 18
		571654462 Rahu 2:53PM – 4:29PM	Visti Until 8:57PM	Nataraja: White			Ashtami
Routine Work	Marana Yoga		Saptami Until 9:51AM	Moon – Orange		Sivaloka Day	
Until 11:27AM				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, August 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Manama, Bahrain Sun 22 Sutra 136	
Vrischika Rasi: 14.04	Tithi 8 – 9	Gulika 10:04AM – 11:40AM	Anuradha Until 10:32AM	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM		Sarvari 5122
		Yama 6:52AM – 8:28AM	Vaidhriti* Until 4:59PM	Muruqa: Clear	<i>Sunset:</i> 6:04PM		Moon 8 - Phase 18
		571654462 Rahu 11:40AM – 1:16PM	Balava Until 7:29PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Ashtami* Until 8:08AM	Moon – Orange		Sivaloka Day	
				Bhadrapada-Avani			


1	Thursday, August 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Manama, Bahrain Sun 23 Sutra 137	
	Wrischika Rasi: 27.42	Tithi 9 – 10	Gulika 8:28AM – 10:04AM Yama 5:17AM – 6:52AM Rahu 1:16PM – 2:51PM	Jyeshtha* Until 9:56AM Vishkambha* Until 3:04PM Taitila Until 6:28PM Navami* Until 6:54AM	Ganesha: Yellow Sunrise: 5:17AM Muruga: Clear Sunset: 6:03PM Nataraja: Clear Moon – Orange	Sarvari 5122 Moon 8 - Phase 19 4th Phase Devaloka Day
Routine Work Prabalarishta Yoga Until 9:56AM Then Creative Work - Siddha Yoga						


2	Friday, August 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 138	
	Dhanus Rasi: 11.04	Tithi 10 – 11	Gulika 6:53AM – 8:28AM Yama 2:51PM – 4:26PM Rahu 10:04AM – 11:39AM	Mula* Until 10:05AM Priti Until 1:32PM Visti Until 5:47AM Sat Dashami Until 6:07AM	Ganesha: White Sunrise: 5:17AM Muruga: Clear Sunset: 6:02PM Nataraja: Clear Moon – Light Blue	Sarvari 5122 Moon 8 - Phase 19 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 10:05AM Then Routine Work - Prabalarishta Yoga						

3	Saturday, August 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadashtyam Titau		Manama, Bahrain Sun 25 Sutra 139	
	Dhanus Rasi: 24.13	Tithi 12	Gulika 5:17AM – 6:53AM Yama 1:15PM – 2:50PM Rahu 8:28AM – 10:04AM	Purvashadha* Until 10:31AM Ayushman Until 12:19PM Bava Until 5:47PM Dvadashti Until 5:52AM Sun	Ganesha: White Sunrise: 5:17AM Muruga: Clear Sunset: 6:01PM Nataraja: Clear Moon – Light Blue	Sarvari 5122 Moon 8 - Phase 19 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 10:31AM Then Routine Work - Marana Yoga						

4	Sunday, August 30, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 140	
	Makara Rasi: 7.08	Tithi 13	Gulika 2:49PM – 4:25PM Yama 11:39AM – 1:14PM Rahu 4:25PM – 6:00PM	Uttarashadha Until 11:11AM Saubhagya Until 11:25AM Kaulava Until 6:04PM Trayodashi Until 6:19AM Mon	Ganesha: White Sunrise: 5:18AM Muruga: Clear Sunset: 6:00PM Nataraja: Clear Moon – Light Blue	Sarvari 5122 Moon 8 - Phase 19 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Then Routine Work - Marana Yoga <i>Pradosha Vrata</i>						

5	Monday, August 31, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 141	
	Makara Rasi: 19.52	Tithi 13 – 14	Gulika 1:14PM – 2:49PM Yama 10:03AM – 11:39AM Rahu 6:53AM – 8:28AM	Shravana Until 12:33PM Sobhana Until 10:51AM Gara Until 6:43PM Trayodashi Until 6:19AM	Ganesha: Clear Sunrise: 5:18AM Muruga: Clear Sunset: 5:59PM Nataraja: Clear Moon – Purple	Sarvari 5122 Moon 8 - Phase 19 4th Phase Devaloka Day
Family Home Evening Creative Work Amrita Yoga Until 12:33PM Then Creative Work - Siddha Yoga Chidambaram Abhishekam						

	Tuesday, September 1, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau		Manama, Bahrain Sutra 142	
	Kumbha Rasi: 2.26	Tithi 14 – 15	Gulika 11:38AM – 1:13PM Yama 8:28AM – 10:03AM Rahu 2:48PM – 4:23PM	Dhanishtha Until 2:07PM Athiganda* Until 10:32AM Visti Until 7:45PM Chaturdashy* Until 7:10AM	Ganesha: Purple Sunrise: 5:19AM Muruga: Clear Sunset: 5:58PM Nataraja: Clear Moon – Purple	Sarvari 5122 Moon 8 - Phase 19 Purnima Sivaloka Day
Creative Work Siddha Yoga Until 2:07PM Then Routine Work - Marana Yoga						

	Wednesday, September 2, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Manama, Bahrain Sutra 143	
	Kumbha Rasi: 14.5	Tithi 15 – 16	Gulika 10:03AM – 11:38AM Yama 6:54AM – 8:29AM Rahu 11:38AM – 1:13PM	Shatabhishak Until 3:53PM Sukarma Until 10:31AM Balava Until 9:09PM Purnima* Until 8:23AM	Ganesha: Purple Sunrise: 5:19AM Muruga: Clear Sunset: 5:57PM Nataraja: Clear Moon – Purple	Sarvari 5122 Moon 8 - Phase 19 Prathama Sivaloka Day
Creative Work Siddha Yoga Until 3:53PM Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda



Thursday, September 3, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain

Sutra 144

Kumbha Rasi: 27.05 Tithi 16 – 17

Gulika 8:29AM – 10:03AM
Yama 5:20AM – 6:54AM
Rahu 1:12PM – 2:47PM

Purvaproshtapada* Until 6:20PM
Dhriti Until 10:48AM
Tailila Until 10:54PM
Prathama* Until 9:58AM

Ganesha: Purple *Sunrise: 5:20AM*
Muruqa: Clear *Sunset: 5:56PM*
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Avani

1

Friday, September 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 145

Meena Rasi: 9.11 Tithi 17 – 18

Gulika 6:54AM – 8:29AM
Yama 2:46PM – 4:20PM
Rahu 10:03AM – 11:37AM

Uttaraproshtapada Until 8:56PM
Shula* Until 11:20AM
Vanija Until 1:00AM Sat
Dvitiya Until 11:53AM

Ganesha: Purple *Sunrise: 5:20AM*
Muruqa: Clear *Sunset: 5:54PM*
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Avani

2

Saturday, September 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ganda*/Vridhhi* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Manama, Bahrain

Sun 2 Sutra 146

Meena Rasi: 21.1 Tithi 18 – 19

Gulika 5:20AM – 6:55AM
Yama 1:11PM – 2:45PM
Rahu 8:29AM – 10:03AM

Revati Until 11:37PM
Ganda* Until 12:05PM
Bava Until 3:21AM Sun
Tritiya Until 2:07PM

Ganesha: Purple *Sunrise: 5:20AM*
Muruqa: Clear *Sunset: 5:53PM*
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 20
1st Phase

Routine Work Prabalarishta Yoga

Sivaloka Day

Bhadrapada-Avani

Until 11:37PM

Then Creative Work - Siddha Yoga

3

Sunday, September 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 147

Mesha Rasi: 3.04 Tithi 19 – 20

Gulika 2:44PM – 4:18PM
Yama 11:37AM – 1:10PM
Rahu 4:18PM – 5:52PM

Ashvini Until 2:49AM Mon
Vridhhi Until 1:02PM
Kaulava Until 5:51AM Mon
Chaturthi* Until 4:34PM

Ganesha: Clear *Sunrise: 5:21AM*
Muruqa: Clear *Sunset: 5:52PM*
Nataraja: Clear
Moon – White

Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

4

Monday, September 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Tailila Karana Panchamyam Titau

Manama, Bahrain

Sun 4 Sutra 148

Mesha Rasi: 14.53 Tithi 20

Family Home Evening

Gulika 1:10PM – 2:44PM
Yama 10:02AM – 11:36AM
Rahu 6:55AM – 8:29AM

Bharani Until 5:51AM Tue
Dhruva Until 2:01PM
Tailila Until 7:05PM
Panchami Until 7:05PM

Ganesha: White *Sunrise: 5:21AM*
Muruqa: Clear *Sunset: 5:51PM*
Nataraja: Clear
Moon – White

Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 3:PM to 6:PM

5

Tuesday, September 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 5 Sutra 149

Mesha Rasi: 26.44 Tithi 21

Gulika 11:36AM – 1:09PM
Yama 8:29AM – 10:02AM
Rahu 2:43PM – 4:17PM

Krittika Until 8:31AM Wed
Vyaghata* Until 2:58PM
Gara Until 8:21AM
Shashthi* Until 9:30PM

Ganesha: White *Sunrise: 5:22AM*
Muruqa: Clear *Sunset: 5:50PM*
Nataraja: Clear
Moon – White

Moon 9 - Phase 20
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 3:PM to 6:PM

6

Wednesday, September 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 6 Sutra 150

Vrishabha Rasi: 8.39 Tithi 22

Gulika 10:02AM – 11:36AM
Yama 6:55AM – 8:29AM
Rahu 11:36AM – 1:09PM

Krittika Until 8:31AM
Harshana Until 3:42PM
Visti Until 10:37AM
Saptami Until 11:34PM

Ganesha: White *Sunrise: 5:22AM*
Muruqa: Clear *Sunset: 5:49PM*
Nataraja: Clear
Moon – White

Moon 9 - Phase 20
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 3:PM to 6:PM

Until 8:31AM

Then Creative Work - Siddha Yoga



Thursday, September 10, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 7 Sutra 151

Vrishabha Rasi: 20.44 Tithi 23

Gulika 8:29AM – 10:02AM
Yama 5:22AM – 6:56AM
Rahu 1:08PM – 2:42PM

Rohini Until 11:06AM
Vajra* Until 4:02PM
Balava Until 12:25PM
Ashtami* Until 1:04AM Fri

Ganesha: Yellow *Sunrise: 5:22AM*
Muruqa: Clear *Sunset: 5:48PM*
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 20
Ashtami

Routine Work Marana Yoga

Devaloka Day

Bhadrapada-Avani

Friday, September 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 8 Sutra 152

Mithuna Rasi: 3.04 Tithi 24

Gulika 6:56AM – 8:29AM
Yama 2:41PM – 4:14PM
Rahu 10:02AM – 11:35AM

Mrigashira Until 12:53PM
Siddhi Until 3:51PM
Tailila Until 1:34PM
Navami* Until 1:50AM Sat

Ganesha: Yellow *Sunrise: 5:23AM*
Muruqa: Clear *Sunset: 5:47PM*
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 20
Navami

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omniscient on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	Saturday, September 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Dashamyam Titau				Manama, Bahrain Sun 9 Sutra 153
	Mithuna Rasi: 15.44	Tithi 25	Gulika 5:23AM – 6:56AM	Ardra Until 1:44PM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	Sarvari 5122
			Yama 1:07PM – 2:40PM	Vyatipata* Until 3:02PM	Muruqa: Clear	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 21
	532754463	Rahu 8:29AM – 10:02AM		Vanija Until 1:54PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:44AM Sun	Moon – Yellow		Devaloka Day	
				Bhadrapada-Avani			

2	Sunday, September 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ekadashyam Titau				Manama, Bahrain Sun 10 Sutra 154
	Mithuna Rasi: 28.5	Tithi 26	Gulika 2:39PM – 4:12PM	Punarvasu Until 2:01PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Sarvari 5122
			Yama 11:34AM – 1:07PM	Variyan Until 1:30PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM	Moon 9 - Phase 21
	542754463	Rahu 4:12PM – 5:45PM		Bava Until 1:22PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:45AM Mon	Moon – Blue		Bhuloka Day	
		Grandparent's Day		Bhadrapada-Avani		Devaloka Time: 3:PM to 6:PM	

3	Monday, September 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Manama, Bahrain Sun 11 Sutra 155
	Kataka Rasi: 12.25	Tithi 27	Gulika 1:06PM – 2:39PM	Pushya Until 1:19PM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Sarvari 5122
	Family Home Evening		Yama 10:01AM – 11:34AM	Parigha* Until 11:18AM	Muruqa: Clear	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 21
	542754463	Rahu 6:56AM – 8:29AM		Kaulava Until 11:58AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:58PM	Moon – Blue		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 3:PM to 6:PM	

4	Tuesday, September 15, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 12 Sutra 156
	Kataka Rasi: 26.29	Tithi 28	Gulika 11:33AM – 1:06PM	Ashlesha* Until 11:44AM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Sarvari 5122
			Yama 8:29AM – 10:01AM	Shiva Until 8:29AM	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 21
	543754463	Rahu 2:38PM – 4:10PM		Gara Until 9:49AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:28PM	Moon – Blue		Devaloka Day	
				Bhadrapada-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, September 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain Sun 13 Sutra 157
	Simha Rasi: 10.59	Tithi 29 – 30	Gulika 10:01AM – 11:33AM	Magha* Until 9:48AM	Ganesha: Red	<i>Sunrise:</i> 5:25AM	Sarvari 5122
			Yama 6:57AM – 8:29AM	Sadhya Until 1:22AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 21
	553754463	Rahu 11:33AM – 1:05PM		Visti Until 7:02AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:27PM	Moon – Red		Devaloka Day	
Until 9:48AM				Bhadrapada-Puratasi			
Then Creative Work - Amrita Yoga							

●	Thursday, September 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 14 Sutra 158
	Simha Rasi: 25.5	Tithi 30 – 1	Gulika 8:29AM – 10:01AM	Purvaphalguni Until 7:18AM	Ganesha: Red	<i>Sunrise:</i> 5:25AM	Sarvari 5122
			Yama 5:25AM – 6:57AM	Subha Until 9:23PM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 21
	553764463	Rahu 1:05PM – 2:36PM		Kintughna Until 12:15AM Fri	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 2:02PM	Moon – Red		Sivaloka Day	
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi			

●	Friday, September 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 15 Sutra 159
	Kanya Rasi: 10.55	Tithi 1 – 2	Gulika 6:57AM – 8:29AM	Hasta Until 1:41AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sarvari 5122
			Yama 2:36PM – 4:07PM	Sukla Until 5:14PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 21
	563764463	Rahu 10:01AM – 11:32AM		Balava Until 8:36PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 10:25AM	Moon – Green		Sivaloka Day	
Until 1:41AM Sat				Ashvina Adhika-Puratasi			
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Saturday, September 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Dvitya/Tritiyayam Titau		Manama, Bahrain Sun 16 Sutra 160	
Kanya Rasi: 26.02	Tithi 2 – 3	Gulika 5:26AM – 6:58AM	Chitra Until 10:55PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sarvari 5122	
		Yama 1:03PM – 2:35PM	Brahma Until 1:08PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 22	
		563764463 Rahu 8:29AM – 10:00AM	Gara Until 3:15AM Sun	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Dvitya Until 6:46AM	Moon – Green		Sivaloka Day	
Until 10:55PM				Ashvina Adhika-Puratasi			
Then Creative Work - Siddha Yoga							

2		Sunday, September 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Chaturthiyam Titau		Manama, Bahrain Sun 17 Sutra 161	
Tula Rasi: 11.04	Tithi 4	Gulika 2:34PM – 4:05PM	Svati Until 8:17PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sarvari 5122	
		Yama 11:32AM – 1:03PM	Indra Until 9:11AM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 22	
		563764463 Rahu 4:05PM – 5:37PM	Vanija Until 1:37PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 12:02AM Mon	Moon – Green		Sivaloka Day	
Until 8:17PM				Ashvina Adhika-Puratasi			
Then Routine Work - Marana Yoga							

3		Monday, September 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 162	
Tula Rasi: 25.52	Tithi 5	Gulika 1:02PM – 2:33PM	Vishakha Until 6:19PM	Ganesha: White	<i>Sunrise:</i> 5:27AM	Sarvari 5122	
Family Home Evening		Yama 10:00AM – 11:31AM	Vishkambha* Until 2:12AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 22	
		573764463 Rahu 6:58AM – 8:29AM	Bava Until 10:35AM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 9:14PM	Moon – Orange		Subha Sivaloka Day	
Until 6:19PM				Ashvina Adhika-Puratasi			
Then Creative Work - Siddha Yoga							

4		Tuesday, September 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau		Manama, Bahrain Sun 19 Sutra 163	
Vrischika Rasi: 10.18	Tithi 6	Gulika 11:31AM – 1:02PM	Anuradha Until 4:46PM	Ganesha: White	<i>Sunrise:</i> 5:27AM	Sarvari 5122	
		Yama 8:29AM – 10:00AM	Priti Until 11:23PM	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 22	
		573764463 Rahu 2:33PM – 4:04PM	Kaulava Until 8:03AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 7:00PM	Moon – Orange		Subha Sivaloka Day	
Until 4:46PM				Ashvina Adhika-Puratasi			
Then Routine Work - Marana Yoga							

5		Wednesday, September 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau		Manama, Bahrain Sun 20 Sutra 164	
Vrischika Rasi: 24.21	Tithi 7 – 8	Gulika 10:00AM – 11:31AM	Jyeshtha* Until 3:41PM	Ganesha: White	<i>Sunrise:</i> 5:28AM	Sarvari 5122	
		Yama 6:58AM – 8:29AM	Ayushman Until 9:04PM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 22	
		573764463 Rahu 11:31AM – 1:01PM	Gara Until 6:08AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 5:23PM	Moon – Orange		Subha Sivaloka Day	
Until 3:41PM				Ashvina Adhika-Puratasi			
Then Routine Work - Marana Yoga							

Retreat Star		Thursday, September 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Manama, Bahrain Sun 21 Sutra 165	
Dhanus Rasi: 7.59	Tithi 8 – 9	Gulika 8:29AM – 10:00AM	Mula* Until 3:34PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Sarvari 5122	
		Yama 5:28AM – 6:59AM	Saubhagya Until 7:17PM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 22	
		583764463 Rahu 1:01PM – 2:31PM	Balava Until 4:15AM Fri	Nataraja: Clear		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 4:27PM	Moon – Light Blue		Sivaloka Day	
				Ashvina Adhika-Puratasi			

Retreat Star		Friday, September 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Manama, Bahrain Sun 22 Sutra 166	
Dhanus Rasi: 21.16	Tithi 9 – 10	Gulika 6:59AM – 8:29AM	Purvashadha* Until 3:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Sarvari 5122	
		Yama 2:31PM – 4:01PM	Sobhana Until 6:03PM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 22	
		583764463 Rahu 10:00AM – 11:30AM	Taitila Until 4:16AM Sat	Nataraja: Clear		Navami	
Routine Work	Prabalarishta Yoga		Navami* Until 4:10PM	Moon – Light Blue		Sivaloka Day	
Until 3:56PM				Ashvina Adhika-Puratasi			
Then Routine Work - Marana Yoga							


1	Saturday, September 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Manama, Bahrain
	Makara Rasi: 4.13	Tithi 10 – 11	Gulika 5:29AM – 6:59AM	Uttarashadha Until 4:43PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Sun 23 Sutra 167
	Routine Work	Marana Yoga	Yama 1:00PM – 2:30PM	Athiganda* Until 5:14PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Sarvari 5122
		583764463	Rahu 8:29AM – 9:59AM	Vanija Until 4:50AM Sun	Nataraja: Clear		Moon 9 - Phase 23
				Dashami Until 4:28PM	Moon – Light Blue		4th Phase
					Ashvina Adhika-Puratasi		Sivaloka Day

2	Sunday, September 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain
	Makara Rasi: 16.54	Tithi 11 – 12	Gulika 2:29PM – 3:59PM	Shravana Until 6:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Sun 24 Sutra 168
			693764463	Yama 11:29AM – 12:59PM	Sukarma Until 4:49PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM
			Rahu 3:59PM – 5:29PM	Bava Until 5:53AM Mon	Nataraja: Clear		Moon 9 - Phase 23
				Ekadashi Until 5:17PM	Moon – Purple		4th Phase
					Ashvina Adhika-Puratasi		Sivaloka Day

3	Monday, September 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Balava Karana Dvadashyam Titau				Manama, Bahrain
	Makara Rasi: 29.23	Tithi 12	Gulika 12:59PM – 2:28PM	Dhanishtha Until 8:09PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Sun 25 Sutra 169
	Family Home Evening		693764463	Yama 9:59AM – 11:29AM	Dhriti Until 4:45PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM
			Rahu 7:00AM – 8:29AM	Balava Until 6:31PM	Nataraja: Clear		Moon 9 - Phase 23
				Dvadashi Until 6:31PM	Moon – Purple		4th Phase
					Ashvina Adhika-Puratasi		Sivaloka Day

4	Tuesday, September 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Manama, Bahrain
	Kumbha Rasi: 11.41	Tithi 13	Gulika 11:29AM – 12:58PM	Shatabhishak Until 10:09PM	Ganesha: Purple	<i>Sunrise:</i> 5:30AM	Sun 26 Sutra 170
			694764463	Yama 8:29AM – 9:59AM	Shula* Until 4:54PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM
			Rahu 2:28PM – 3:57PM	Kaulava Until 7:17AM	Nataraja: Clear		Moon 9 - Phase 23
				Trayodashi Until 8:06PM	Moon – Purple		4th Phase
					Ashvina Adhika-Puratasi		Devaloka Day

5	Wednesday, September 30, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain
	Kumbha Rasi: 23.53	Tithi 14	Gulika 9:59AM – 11:28AM	Purvaproshtapada* Until 12:45AM Thu	Ganesha: White	<i>Sunrise:</i> 5:31AM	Sun 27 Sutra 171
			614764463	Yama 7:00AM – 8:29AM	Ganda* Until 5:18PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM
			Rahu 11:28AM – 12:58PM	Gara Until 9:01AM	Nataraja: Clear		Moon 9 - Phase 23
				Chaturdashi* Until 9:58PM	Moon – Clear		4th Phase
					Ashvina Adhika-Puratasi		Devaloka Day

	Thursday, October 1, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain
	Meena Rasi: 5.58	Tithi 15	Gulika 8:30AM – 9:59AM	Uttaraproshtapada Until 3:25AM Fri	Ganesha: White	<i>Sunrise:</i> 5:31AM	Sun 28 Sutra 172
			614764463	Yama 5:31AM – 7:00AM	Vridhhi Until 5:54PM	Muruqa: Purple	<i>Sunset:</i> 5:25PM
			Rahu 12:57PM – 2:26PM	Visti Until 11:01AM	Nataraja: Clear		Moon 9 - Phase 23
				Purnima* Until 12:05AM Fri	Moon – Clear		Purnima
					Ashvina Adhika-Puratasi		Devaloka Day

Friday, October 2, 2020	Silver Retreat Star		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain
	Meena Rasi: 17.56	Tithi 16	Gulika 7:01AM – 8:30AM	Revati Until 6:07AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:32AM	Sun 29 Sutra 173
			614864463	Yama 2:26PM – 3:55PM	Dhruva Until 6:39PM	Muruqa: Purple	<i>Sunset:</i> 5:24PM
			Rahu 9:59AM – 11:28AM	Balava Until 1:15PM	Nataraja: Clear		Moon 9 - Phase 23
				Prathama* Until 2:25AM Sat	Moon – Clear		Prathama
					Ashvina Adhika-Puratasi		Sivaloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502



Saturday, October 3, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain

Sutra 174

Meena Rasi: 29.5 Tithi 17

Gulika 5:32AM – 7:01AM
Yama 12:56PM – 2:25PM
Rahu 8:30AM – 9:58AM

Revati Until 6:07AM
Vyaghata* Until 7:33PM
Taitila Until 3:41PM
Dvitiya Until 4:55AM Sun

Ganesha: Clear Sunrise: 5:32AM
Muruga: Purple Sunset: 5:23PM
Nataraja: Clear
Moon – Clear
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 6:07AM
Then Creative Work - Siddha Yoga

1

Sunday, October 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Vanija Karana Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 175

Mesha Rasi: 11.41 Tithi 18

Gulika 2:24PM – 3:53PM
Yama 11:27AM – 12:56PM
Rahu 3:53PM – 5:21PM

Ashvini Until 9:18AM
Harshana Until 8:32PM
Vanija Until 6:14PM
Tritiya Until 7:30AM Mon

Ganesha: Purple Sunrise: 5:32AM
Muruga: Purple Sunset: 5:21PM
Nataraja: Clear
Moon – White
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 9:18AM
Then Routine Work - Prabalarishta Yoga

2

Monday, October 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Manama, Bahrain

Sun 2 Sutra 176

Mesha Rasi: 23.31 Tithi 18 – 19

Family Home Evening 624864463

Gulika 12:55PM – 2:24PM
Yama 9:58AM – 11:27AM
Rahu 7:01AM – 8:30AM

Bharani Until 12:22PM
Vajra* Until 9:29PM
Bava Until 8:47PM
Tritiya Until 7:30AM

Ganesha: Purple Sunrise: 5:33AM
Muruga: Purple Sunset: 5:20PM
Nataraja: Clear
Moon – White
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 12:22PM
Then Routine Work - Marana Yoga

3

Tuesday, October 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 177

Vrishabha Rasi: 5.22 Tithi 19 – 20

Gulika 11:26AM – 12:55PM
Yama 8:30AM – 9:58AM
Rahu 2:23PM – 3:51PM

Krittika Until 3:11PM
Siddhi Until 10:21PM
Kaulava Until 11:13PM
Chaturthi* Until 10:00AM

Ganesha: Purple Sunrise: 5:33AM
Muruga: Purple Sunset: 5:19PM
Nataraja: Clear
Moon – White
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 3:11PM
Then Creative Work - Amrita Yoga

4

Wednesday, October 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Manama, Bahrain

Sun 4 Sutra 178

Vrishabha Rasi: 17.17 Tithi 20 – 21

Gulika 9:58AM – 11:26AM
Yama 7:02AM – 8:30AM
Rahu 11:26AM – 12:54PM

Rohini Until 6:04PM
Vyatipata* Until 10:59PM
Gara Until 1:18AM Thu
Panchami Until 12:17PM

Ganesha: Clear Sunrise: 5:34AM
Muruga: Purple Sunset: 5:18PM
Nataraja: Purple
Moon – Yellow
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

5

Thursday, October 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 179

Vrishabha Rasi: 29.2 Tithi 21 – 22

Gulika 8:30AM – 9:58AM
Yama 5:34AM – 7:02AM
Rahu 12:54PM – 2:22PM

Mrigashira Until 8:20PM
Variyan Until 11:11PM
Visti Until 2:52AM Fri
Shashthi* Until 2:09PM

Ganesha: Clear Sunrise: 5:34AM
Muruga: Purple Sunset: 5:17PM
Nataraja: Purple
Moon – Yellow
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

6

Friday, October 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 180

Mithuna Rasi: 11.38 Tithi 22 – 23

Gulika 7:02AM – 8:30AM
Yama 2:21PM – 3:49PM
Rahu 9:58AM – 11:26AM

Ardra Until 9:48PM
Parigha* Until 10:53PM
Balava Until 3:43AM Sat
Saptami Until 3:22PM

Ganesha: Clear Sunrise: 5:35AM
Muruga: Purple Sunset: 5:16PM
Nataraja: Purple
Moon – Yellow
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Saturday, October 10, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 181

Mithuna Rasi: 24.16 Tithi 23 – 24

Gulika 5:35AM – 7:03AM
Yama 12:53PM – 2:20PM
Rahu 8:30AM – 9:58AM

Punarvasu Until 10:48PM
Shiva Until 9:58PM
Taitila Until 3:44AM Sun
Ashtami* Until 3:49PM

Ganesha: White Sunrise: 5:35AM
Muruga: Purple Sunset: 5:15PM
Nataraja: Purple
Moon – Blue
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
Ashtami

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Sunday, October 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Manama, Bahrain

Sun 8 Sutra 182

Kataka Rasi: 7.17 Tithi 24 – 25

Gulika 2:20PM – 3:47PM
Yama 11:25AM – 12:52PM
Rahu 3:47PM – 5:14PM

Pushya Until 10:47PM
Siddha Until 8:20PM
Vanija Until 2:53AM Mon
Navami* Until 3:24PM

Ganesha: Clear Sunrise: 5:36AM
Muruga: Purple Sunset: 5:14PM
Nataraja: Purple
Moon – Blue
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
Navami

Subha Sivaloka Day

Creative Work Siddha Yoga


1	Monday, October 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 9 Sutra 183
	Kataka Rasi: 20.46	Tithi 25 – 26	Gulika	12:52PM – 2:19PM	Ashlesha* Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM
	Family Home Evening	645864464	Rahu	7:03AM – 8:31AM	Sadhya Until 6:03PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM
	Creative Work	Siddha Yoga			Bava Until 1:12AM Tue	Nataraja: Purple	Moon 10 - Phase 25
	Until 9:48PM				Dashami Until 2:08PM	Moon – Blue	2nd Phase
	Then Routine Work - Marana Yoga					Ashvina Adhika-Puratasi	Subha Sivaloka Day


2	Tuesday, October 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 10 Sutra 184
	Simha Rasi: 4.44	Tithi 26 – 27	Gulika	11:25AM – 12:51PM	Magha* Until 8:21PM	Ganesha: White	<i>Sunrise:</i> 5:37AM
		655864464	Rahu	2:18PM – 3:45PM	Subha Until 3:08PM	Muruqa: Purple	<i>Sunset:</i> 5:12PM
	Creative Work	Siddha Yoga			Kaulava Until 10:47PM	Nataraja: Purple	Moon 10 - Phase 25
					Ekadashi* Until 12:04PM	Moon – Red	2nd Phase
						Ashvina Adhika-Puratasi	Sivaloka Day

3	Wednesday, October 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 11 Sutra 185
	Simha Rasi: 19.11	Tithi 27 – 28	Gulika	9:58AM – 11:24AM	Purvaphalguni Until 6:08PM	Ganesha: White	<i>Sunrise:</i> 5:37AM
		655864464	Rahu	11:24AM – 12:51PM	Sukla Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 5:11PM
	Creative Work	Amrita Yoga			Gara Until 7:45PM	Nataraja: Purple	Moon 10 - Phase 25
					Dvadashi* Until 9:19AM	Moon – Red	2nd Phase
						Ashvina Adhika-Puratasi	Sivaloka Day

Pradosha Vrata (Fasting)

4	Thursday, October 15, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 12 Sutra 186
	Kanya Rasi: 4.02	Tithi 28 – 29	Gulika	8:31AM – 9:58AM	Uttaraphalguni Until 3:20PM	Ganesha: White	<i>Sunrise:</i> 5:38AM
		655864464	Rahu	12:51PM – 2:17PM	Brahma Until 7:47AM	Muruqa: Purple	<i>Sunset:</i> 5:10PM
		Amrita Yoga			Sakuni Until 2:25AM Fri	Nataraja: Purple	Moon 10 - Phase 25
	Until 3:20PM				Trayodashi* Until 6:03AM	Moon – Red	2nd Phase
	Then Routine Work - Marana Yoga					Ashvina Adhika-Puratasi	Sivaloka Day

	Friday, October 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain Sun 13 Sutra 187
	Retreat Star		Gulika	7:05AM – 8:31AM	Hasta Until 12:30PM	Ganesha: Green	<i>Sunrise:</i> 5:38AM
	Kanya Rasi: 19.11	Tithi 30	Rahu	9:57AM – 11:24AM	Vaidhriti* Until 11:18PM	Muruqa: Purple	<i>Sunset:</i> 5:09PM
	Creative Work	Amrita Yoga			Catuspada Until 12:32PM	Nataraja: Purple	Moon 10 - Phase 25
	Until 12:30PM				Amavasya* Until 10:36PM	Moon – Green	Amavasya
	Then Creative Work - Siddha Yoga					Ashvina Adhika-Puratasi	Sivaloka Day

	Saturday, October 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain Sun 14 Sutra 188
	Retreat Star		Gulika	5:39AM – 7:05AM	Chitra Until 9:26AM	Ganesha: Green	<i>Sunrise:</i> 5:39AM
	Tula Rasi: 4.28	Tithi 1	Rahu	8:31AM – 9:57AM	Vishkambha* Until 6:59PM	Muruqa: Purple	<i>Sunset:</i> 5:08PM
	Routine Work	Marana Yoga			Kintughna Until 8:41AM	Nataraja: Purple	Moon 10 - Phase 25
	Until 9:26AM				Prathama* Until 6:46PM	Moon – Green	Prathama
	Then Creative Work - Siddha Yoga		Navaratri Begins			Ashvina-Aipasi	Sivaloka Day

1		Sunday, October 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau		Manama, Bahrain Sun 15 Sutra 189	
Tula Rasi: 19.42	Tithi 2 – 3	Gulika	2:16PM – 3:42PM	Svati Until 6:19AM	Ganesha: Green	<i>Sunrise:</i> 5:39AM	Sarvari 5122
		Yama	11:23AM – 12:49PM	Priti Until 2:48PM	Muruqa: Purple	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 26
		665864464 Rahu	3:42PM – 5:08PM	Taitila Until 1:23AM Mon	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 3:05PM	Moon – Green		Sivaloka Day
Until 6:19AM					Ashvina•Aipasi		
Then Routine Work - Marana Yoga							

2		Monday, October 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Manama, Bahrain Sun 16 Sutra 190	
Vischika Rasi: 4.44	Tithi 3 – 4	Gulika	12:49PM – 2:15PM	Anuradha Until 1:25AM Tue	Ganesha: White	<i>Sunrise:</i> 5:40AM	Sarvari 5122
Family Home Evening		Yama	9:57AM – 11:23AM	Ayushman Until 10:51AM	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 26
Creative Work	Siddha Yoga	675864464 Rahu	7:06AM – 8:32AM	Vanija Until 10:15PM	Nataraja: Purple		3rd Phase
Until 1:25AM Tue				Tritiya Until 11:44AM	Moon – Orange		Sivaloka Day
Then Routine Work - Marana Yoga					Ashvina•Aipasi		

3		Tuesday, October 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Manama, Bahrain Sun 17 Sutra 191	
Vischika Rasi: 19.26	Tithi 4 – 5	Gulika	11:23AM – 12:49PM	Jyeshtha* Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 5:41AM	Sarvari 5122
		Yama	8:32AM – 9:57AM	Saubhagya Until 7:19AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 26
		675864464 Rahu	2:14PM – 3:40PM	Bava Until 7:41PM	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga			Chaturthi* Until 8:52AM	Moon – Orange		Sivaloka Day
Until 11:33PM					Ashvina•Aipasi		
Then Creative Work - Amrita Yoga							

4		Wednesday, October 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Balava/Taitila Karana Panchami/Shashthyam Titau		Manama, Bahrain Sun 18 Sutra 192	
Dhanus Rasi: 3.41	Tithi 5 – 6	Gulika	9:57AM – 11:23AM	Mula* Until 10:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	Sarvari 5122
		Yama	7:07AM – 8:32AM	Athiganda* Until 1:49AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 26
		686864464 Rahu	11:23AM – 12:48PM	Taitila Until 5:06AM Thu	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga			Panchami Until 6:37AM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 10:39PM					Ashvina•Aipasi		
Then Creative Work - Amrita Yoga							

5		Thursday, October 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau		Manama, Bahrain Sun 19 Sutra 193	
Dhanus Rasi: 17.29	Tithi 7	Gulika	8:32AM – 9:58AM	Purvashadha* Until 10:23PM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Sarvari 5122
		Yama	5:42AM – 7:07AM	Sukarma Until 11:59PM	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 26
		686864464 Rahu	12:48PM – 2:13PM	Gara Until 4:39PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Saptami Until 4:22AM Fri	Moon – Light Blue		Subha Subha Sivaloka Day
Until 10:23PM					Ashvina•Aipasi		
Then Routine Work - Marana Yoga							

Retreat Star		Friday, October 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau		Manama, Bahrain Sun 20 Sutra 194	
Makara Rasi: 0.51	Tithi 8	Gulika	7:07AM – 8:32AM	Uttarashadha Until 10:43PM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Sarvari 5122
		Yama	2:13PM – 3:38PM	Dhriti Until 10:47PM	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 26
		686864464 Rahu	9:58AM – 11:23AM	Visti Until 4:19PM	Nataraja: Purple		Ashtami
Routine Work	Marana Yoga			Ashtami* Until 4:25AM Sat	Moon – Light Blue		Subha Subha Sivaloka Day
					Ashvina•Aipasi		
		Durga Ashtami					

Retreat Star		Saturday, October 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 21 Sutra 195	
Makara Rasi: 13.47	Tithi 9	Gulika	5:43AM – 7:08AM	Shravana Until 12:05AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Sarvari 5122
		Yama	12:48PM – 2:12PM	Shula* Until 10:07PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 26
		696864464 Rahu	8:33AM – 9:58AM	Balava Until 4:44PM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga			Navami* Until 5:11AM Sun	Moon – Purple		Subha Sivaloka Day
Until 12:05AM Sun					Ashvina•Aipasi		
Then Routine Work - Marana Yoga		Saraswathi Puja (Tamil Nadu)					

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1		Sunday, October 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Manama, Bahrain Sun 22 Sutra 196	
Makara Rasi: 26.25	Tithi 10	Gulika 2:12PM – 3:37PM	Dhanishtha Until 1:52AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:43AM		Sarvari 5122
		Yama 11:22AM – 12:47PM	Ganda* Until 9:56PM	Muruga: Purple	<i>Sunset:</i> 5:02PM		Moon 10 - Phase 27
	696864464	Rahu 3:37PM – 5:02PM	Taitila Until 5:48PM	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga		Dashami Until 6:31AM Mon	Moon – Purple		Subha Sivaloka Day	
Until 1:52AM Mon							
Then Creative Work - Siddha Yoga							

2		Monday, October 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sun 23 Sutra 197	
Kumbha Rasi: 8.46	Tithi 10 – 11	Gulika 12:47PM – 2:12PM	Shatabhishak Until 3:57AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:44AM		Sarvari 5122
Family Home Evening		Yama 9:58AM – 11:22AM	Vriddhi Until 10:09PM	Muruga: Purple	<i>Sunset:</i> 5:01PM		Moon 10 - Phase 27
Creative Work	Siddha Yoga	Rahu 7:09AM – 8:33AM	Vanija Until 7:24PM	Nataraja: Purple			4th Phase
Until 3:57AM Tue			Dashami Until 6:31AM	Moon – Purple		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Vijaya Dasami					

3		Tuesday, October 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sun 24 Sutra 198	
Kumbha Rasi: 20.56	Tithi 11 – 12	Gulika 11:22AM – 12:47PM	Purvaprossthapada* Until 6:42AM Wed	Ganesha: White	<i>Sunrise:</i> 5:45AM		Sarvari 5122
		Yama 8:33AM – 9:58AM	Dhruva Until 10:37PM	Muruga: Purple	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 27
	616964464	Rahu 2:11PM – 3:36PM	Bava Until 9:22PM	Nataraja: Purple			4th Phase
Routine Work	Marana Yoga		Ekadashi Until 8:19AM	Moon – Clear		Sivaloka Day	
Until 6:42AM Wed							
Then Creative Work - Siddha Yoga							

4		Wednesday, October 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 25 Sutra 199	
Meena Rasi: 2.58	Tithi 12 – 13	Gulika 9:58AM – 11:22AM	Purvaprossthapada* Until 6:42AM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM		Sarvari 5122
		Yama 7:09AM – 8:34AM	Vyaghata* Until 11:17PM	Muruga: Purple	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 27
	617964464	Rahu 11:22AM – 12:46PM	Kaulava Until 11:37PM	Nataraja: Purple			4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 10:26AM	Moon – Clear		Subha Sivaloka Day	
Until 6:42AM							
Then Creative Work - Siddha Yoga							

5		Thursday, October 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 26 Sutra 200	
Meena Rasi: 14.55	Tithi 13 – 14	Gulika 8:34AM – 9:58AM	Uttaraprossthapada Until 9:29AM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM		Sarvari 5122
		Yama 5:46AM – 7:10AM	Harshana Until 12:06AM Fri	Muruga: Purple	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 27
	617964464	Rahu 12:46PM – 2:10PM	Gara Until 2:01AM Fri	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:47PM	Moon – Clear		Subha Sivaloka Day	
Until 12:15PM							
Then Creative Work - Amrita Yoga							

6		Friday, October 30, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Manama, Bahrain Sun 27 Sutra 201	
Meena Rasi: 26.49	Tithi 14 – 15	Gulika 7:10AM – 8:34AM	Revati Until 12:15PM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM		Sarvari 5122
		Yama 2:10PM – 3:34PM	Vajra* Until 12:57AM Sat	Muruga: Purple	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 27
	617964464	Rahu 9:58AM – 11:22AM	Visti Until 4:32AM Sat	Nataraja: Purple			4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:15PM	Moon – Clear		Subha Sivaloka Day	
Until 12:15PM							
Then Creative Work - Amrita Yoga							

○		Saturday, October 31, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Manama, Bahrain Sutra 202	
Copper Retreat Star		Gulika 5:47AM – 7:11AM	Ashvini Until 3:24PM	Ganesha: White	<i>Sunrise:</i> 5:47AM		Sarvari 5122
Mesha Rasi: 8.41	Tithi 15 – 16	Yama 12:46PM – 2:10PM	Siddhi Until 1:51AM Sun	Muruga: Purple	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 27
	627964464	Rahu 8:35AM – 9:58AM	Balava Until 7:04AM Sun	Nataraja: Purple			Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:47PM	Moon – White		Subha Subha Sivaloka Day	

○		Sunday, November 1, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau		Manama, Bahrain Sutra 203	
Silver Retreat Star		Gulika 2:09PM – 3:33PM	Bharani Until 6:23PM	Ganesha: White	<i>Sunrise:</i> 5:48AM		Sarvari 5122
Mesha Rasi: 20.32	Tithi 16	Yama 11:22AM – 12:46PM	Vyatipata* Until 2:44AM Mon	Muruga: Purple	<i>Sunset:</i> 4:56PM		Moon 10 - Phase 27
	627964464	Rahu 3:33PM – 4:56PM	Balava Until 7:04AM	Nataraja: Purple			Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 8:18PM	Moon – White		Subha Subha Sivaloka Day	
Until 6:23PM							
Then Creative Work - Siddha Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda



Monday, November 2, 2020

Gold Retreat Star

Vrishabha Rasi: 2.25 Tithi 17

Family Home Evening

Routine Work Marana Yoga

Until 9:06PM

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:45PM - 2:09PM
Yama 9:59AM - 11:22AM
Rahu 7:12AM - 8:35AM

Krittika Until 9:06PM
Varyan Until 3:29AM Tue
Taitila Until 9:32AM
Dvitiya Until 10:42PM

Ganesha: White Sunrise: 5:48AM
Muruga: Purple Sunset: 4:56PM
Nataraja: Purple
Moon - White Subha Subha Sivaloka Day
Ashvina-Aipasi

Manama, Bahrain
Sun 1 Sutra 204
Sarvari 5122
Moon 11 - Phase 28
1st Phase

1

Tuesday, November 3, 2020

Vrishabha Rasi: 14.2 Tithi 18

Creative Work Amrita Yoga

Until 11:58PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Parigha* Yoga Vanija/Visti* Karana Triliyayam Titau

Gulika 11:22AM - 12:45PM
Yama 8:36AM - 9:59AM
Rahu 2:09PM - 3:32PM

Rohini Until 11:58PM
Parigha* Until 4:04AM Wed
Vanija Until 11:52AM
Tritiya Until 12:54AM Wed

Ganesha: Clear Sunrise: 5:49AM
Muruga: Purple Sunset: 4:55PM
Nataraja: Purple
Moon - Yellow Subha Sivaloka Day
Ashvina-Aipasi

Manama, Bahrain
Sun 2 Sutra 205
Sarvari 5122
Moon 11 - Phase 28
1st Phase

2

Wednesday, November 4, 2020

Vrishabha Rasi: 26.22 Tithi 19

Creative Work Siddha Yoga

Until 2:20AM Thu

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:59AM - 11:22AM
Yama 7:13AM - 8:36AM
Rahu 11:22AM - 12:45PM

Mrigashira Until 2:20AM Thu
Shiva Until 4:24AM Thu
Bava Until 1:54PM
Chaturthi* Until 2:46AM Thu

Ganesha: White Sunrise: 5:50AM
Muruga: Purple Sunset: 4:54PM
Nataraja: Purple
Moon - Yellow Sivaloka Day
Ashvina-Aipasi

Manama, Bahrain
Sun 3 Sutra 206
Sarvari 5122
Moon 11 - Phase 28
1st Phase

3

Thursday, November 5, 2020

Mithuna Rasi: 8.32 Tithi 20

Routine Work Marana Yoga

Until 4:06AM Fri

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:36AM - 9:59AM
Yama 5:50AM - 7:13AM
Rahu 12:45PM - 2:08PM

Ardra Until 4:06AM Fri
Siddha Until 4:21AM Fri
Kaulava Until 3:33PM
Panchami Until 4:09AM Fri

Ganesha: White Sunrise: 5:50AM
Muruga: Purple Sunset: 4:54PM
Nataraja: Purple
Moon - Yellow Sivaloka Day
Ashvina-Aipasi

Manama, Bahrain
Sun 4 Sutra 207
Sarvari 5122
Moon 11 - Phase 28
1st Phase

4

Friday, November 6, 2020

Mithuna Rasi: 20.54 Tithi 21

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:14AM - 8:37AM
Yama 2:08PM - 3:30PM
Rahu 9:59AM - 11:22AM

Punarvasu Until 5:36AM Sat
Sadhya Until 3:51AM Sat
Gara Until 4:39PM
Shashthi* Until 4:56AM Sat

Ganesha: White Sunrise: 5:51AM
Muruga: Purple Sunset: 4:53PM
Nataraja: Purple
Moon - Blue Sivaloka Day
Ashvina-Aipasi

Manama, Bahrain
Sun 5 Sutra 208
Sarvari 5122
Moon 11 - Phase 28
1st Phase

5

Saturday, November 7, 2020

Kataka Rasi: 3.32 Tithi 22

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Subha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 5:52AM - 7:14AM
Yama 12:45PM - 2:07PM
Rahu 8:37AM - 10:00AM

Pushya Until 6:16AM Sun
Subha Until 2:49AM Sun
Visti Until 5:06PM
Saptami Until 5:02AM Sun

Ganesha: White Sunrise: 5:52AM
Muruga: Purple Sunset: 4:53PM
Nataraja: Purple
Moon - Blue Sivaloka Day
Ashvina-Aipasi

Manama, Bahrain
Sun 6 Sutra 209
Sarvari 5122
Moon 11 - Phase 28
1st Phase

D

Sunday, November 8, 2020

Retreat Star

Kataka Rasi: 16.31 Tithi 23

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 2:07PM - 3:30PM
Yama 11:22AM - 12:45PM
Rahu 3:30PM - 4:52PM

Pushya Until 6:16AM
Sukla Until 1:11AM Mon
Balava Until 4:49PM
Ashtami* Until 4:23AM Mon

Ganesha: White Sunrise: 5:52AM
Muruga: Purple Sunset: 4:52PM
Nataraja: Purple
Moon - Blue Sivaloka Day
Ashvina-Aipasi

Manama, Bahrain
Sun 7 Sutra 210
Sarvari 5122
Moon 11 - Phase 28
Ashtami

Monday, November 9, 2020

Retreat Star

Kataka Rasi: 29.52 Tithi 24

Family Home Evening

Creative Work Siddha Yoga

Until 6:03AM

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:45PM - 2:07PM
Yama 10:00AM - 11:22AM
Rahu 7:15AM - 8:38AM

Ashlesha* Until 6:03AM
Brahma Until 10:58PM
Taitila Until 3:47PM
Navami* Until 2:58AM Tue

Ganesha: White Sunrise: 5:53AM
Muruga: Purple Sunset: 4:52PM
Nataraja: Purple
Moon - Blue Sivaloka Day
Ashvina-Aipasi

Manama, Bahrain
Sun 8 Sutra 211
Sarvari 5122
Moon 11 - Phase 28
Navami

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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1		Tuesday, November 10, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Manama, Bahrain Sun 9 Sutra 212	
Simha Rasi: 13.4	Tithi 25	Gulika 11:22AM – 12:45PM	Purvaphalguni Until 3:57AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:54AM		Sarvari 5122
		Yama 8:38AM – 10:00AM	Indra Until 8:12PM	Muruqa: Purple	<i>Sunset:</i> 4:51PM		Moon 11 - Phase 29
		759964464 Rahu 2:07PM – 3:29PM	Vanija Until 2:02PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:53AM Wed	Moon – Red		Subha Sivaloka Day	
Until 3:57AM Wed				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga							

2		Wednesday, November 11, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Manama, Bahrain Sun 10 Sutra 213	
Simha Rasi: 27.53	Tithi 26	Gulika 10:01AM – 11:23AM	Uttaraphalguni Until 1:46AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:55AM		Sarvari 5122
		Yama 7:17AM – 8:39AM	Vaidhriti* Until 4:54PM	Muruqa: Purple	<i>Sunset:</i> 4:51PM		Moon 11 - Phase 29
		759964464 Rahu 11:23AM – 12:45PM	Bava Until 11:37AM	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 10:11PM	Moon – Red		Subha Sivaloka Day	
Until 1:46AM Thu				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

3		Thursday, November 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Manama, Bahrain Sun 11 Sutra 214	
Kanya Rasi: 12.31	Tithi 27	Gulika 8:39AM – 10:01AM	Hasta Until 11:24PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:55AM		Sarvari 5122
		Yama 5:55AM – 7:17AM	Vishkambha* Until 1:12PM	Muruqa: Purple	<i>Sunset:</i> 4:50PM		Moon 11 - Phase 29
		769964464 Rahu 12:45PM – 2:06PM	Kaulava Until 8:40AM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 7:01PM	Moon – Green		Sivaloka Day	
Until 11:24PM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

4		Friday, November 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 12 Sutra 215	
Kanya Rasi: 27.27	Tithi 28 – 29	Gulika 7:18AM – 8:39AM	Chitra Until 8:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:56AM		Sarvari 5122
		Yama 2:06PM – 3:28PM	Priti Until 9:13AM	Muruqa: Purple	<i>Sunset:</i> 4:50PM		Moon 11 - Phase 29
		769964464 Rahu 10:01AM – 11:23AM	Visti Until 1:43AM Sat	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:31PM	Moon – Green		Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
		Deepavali Hindu Solidarity Day	<i>Pradosha Vrata (Fasting)</i>				

Retreat Star		Saturday, November 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Manama, Bahrain Sun 13 Sutra 216	
Tula Rasi: 12.35	Tithi 29 – 30	Gulika 5:57AM – 7:18AM	Svati Until 5:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:57AM		Sarvari 5122
		Yama 12:45PM – 2:06PM	Saubhagya Until 12:47AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:49PM		Moon 11 - Phase 29
		769964464 Rahu 8:40AM – 10:01AM	Catuspada Until 10:02PM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 11:52AM	Moon – Green		Sivaloka Day	
				Ashvina•Aipasi			

Retreat Star		Sunday, November 15, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Manama, Bahrain Sun 14 Sutra 217	
Tula Rasi: 27.46	Tithi 30 – 1	Gulika 2:06PM – 3:28PM	Vishakha Until 2:49PM	Ganesha: Purple	<i>Sunrise:</i> 5:57AM		Sarvari 5122
		Yama 11:23AM – 12:45PM	Sobhana Until 8:39PM	Muruqa: Purple	<i>Sunset:</i> 4:49PM		Moon 11 - Phase 29
		779964464 Rahu 3:28PM – 4:49PM	Kintughna Until 6:26PM	Nataraja: Purple			Prathama
Routine Work	Marana Yoga		Amavasya* Until 8:12AM	Moon – Orange		Sivaloka Day	
		Skanda Shasthi Begins		Kartika•Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

Monday, November 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Manama, Bahrain Sun 15 Sutra 218		
1	Vriscika Rasi: 12.49 Family Home Evening Creative Work Siddha Yoga	Tithi 2 779964465	Gulika 12:45PM – 2:06PM Yama 10:02AM – 11:23AM Rahu 7:19AM – 8:41AM	Anuradha Until 12:10PM Athiganda* Until 4:42PM Balava Until 3:04PM Dvitiya Until 1:31AM Tue	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Orange Karttika-Karttikai	Sunrise: 5:58AM Sunset: 4:49PM Moon 11 - Phase 30 3rd Phase Devaloka Day

Tuesday, November 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau		Manama, Bahrain Sun 16 Sutra 219		
2	Vriscika Rasi: 27.37 Routine Work Marana Yoga Until 9:45AM Then Creative Work - Amrita Yoga	Tithi 3 779964465	Gulika 11:24AM – 12:45PM Yama 8:41AM – 10:02AM Rahu 2:06PM – 3:27PM	Jyeshtha* Until 9:45AM Sukarma Until 1:07PM Taitila Until 12:07PM Tritiya Until 10:50PM	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Orange Karttika-Karttikai	Sunrise: 5:59AM Sunset: 4:48PM Moon 11 - Phase 30 3rd Phase Devaloka Day

Wednesday, November 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau		Manama, Bahrain Sun 17 Sutra 220		
3	Dhanus Rasi: 12.02 Routine Work Marana Yoga Until 8:10AM Then Creative Work - Amrita Yoga	Tithi 4 781964465	Gulika 10:03AM – 11:24AM Yama 7:21AM – 8:42AM Rahu 11:24AM – 12:45PM	Mula* Until 8:10AM Dhriti Until 10:00AM Vanija Until 9:44AM Chaturthi* Until 8:46PM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon – Light Blue Karttika-Karttikai	Sunrise: 6:00AM Sunset: 4:48PM Moon 11 - Phase 30 3rd Phase Sivaloka Day

Thursday, November 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 221		
4	Dhanus Rasi: 26.01 Creative Work Siddha Yoga Until 7:06AM Then Routine Work - Marana Yoga	Tithi 5 781964465	Gulika 8:42AM – 10:03AM Yama 6:00AM – 7:21AM Rahu 12:45PM – 2:06PM	Purvashadha* Until 7:06AM Shula* Until 7:25AM Bava Until 8:02AM Panchami Until 7:28PM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon – Light Blue Karttika-Karttikai	Sunrise: 6:00AM Sunset: 4:48PM Moon 11 - Phase 30 3rd Phase Sivaloka Day

Friday, November 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Manama, Bahrain Sun 19 Sutra 222		
5	Makara Rasi: 9.32 Routine Work Marana Yoga	Tithi 6 781164465	Gulika 7:22AM – 8:43AM Yama 2:06PM – 3:27PM Rahu 10:03AM – 11:24AM	Uttarashadha Until 6:40AM Vriddhi Until 4:10AM Sat Kaulava Until 7:08AM Shashthi* Until 6:58PM	Ganesha: Light Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Karttika-Karttikai	Sunrise: 6:01AM Sunset: 4:47PM Moon 11 - Phase 30 3rd Phase Devaloka Day

Saturday, November 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Gara/Vanija Karana Saplamyam Titau		Manama, Bahrain Sun 20 Sutra 223		
6	Makara Rasi: 22.36 Creative Work Siddha Yoga	Tithi 7 791164465	Gulika 6:02AM – 7:22AM Yama 12:45PM – 2:06PM Rahu 8:43AM – 10:04AM	Shravana Until 7:21AM Dhruva Until 3:28AM Sun Gara Until 7:03AM Saptami Until 7:18PM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon – Purple Karttika-Karttikai	Sunrise: 6:02AM Sunset: 4:47PM Moon 11 - Phase 30 3rd Phase Sivaloka Day

Sunday, November 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau		Manama, Bahrain Sun 21 Sutra 224		
Retreat Star	Kumbha Rasi: 5.17 Routine Work Marana Yoga Until 8:38AM Then Creative Work - Siddha Yoga	Tithi 8 791164465	Gulika 2:06PM – 3:26PM Yama 11:25AM – 12:45PM Rahu 3:26PM – 4:47PM	Dhanishtha Until 8:38AM Vyaghata* Until 3:20AM Mon Visti Until 7:46AM Ashtami* Until 8:22PM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon – Purple Karttika-Karttikai	Sunrise: 6:03AM Sunset: 4:47PM Moon 11 - Phase 30 Ashtami Sivaloka Day

Monday, November 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 22 Sutra 225		
Retreat Star	Kumbha Rasi: 17.4 Family Home Evening Creative Work Siddha Yoga Until 10:25AM Then Routine Work - Marana Yoga	Tithi 9 791174465	Gulika 12:46PM – 2:06PM Yama 10:05AM – 11:25AM Rahu 7:24AM – 8:44AM	Shatabhishak Until 10:25AM Harshana Until 3:39AM Tue Balava Until 9:11AM Navami* Until 10:05PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Purple Karttika-Karttikai	Sunrise: 6:03AM Sunset: 4:47PM Moon 11 - Phase 30 Navami Devaloka Day

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1		Tuesday, November 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Vajra* Yoga Taitila/Gara Karana Dashamyam Titau		Manama, Bahrain Sun 23 Sutra 226	
Kumbha Rasi: 29.47	Tithi 10	Gulika 11:25AM – 12:46PM	Purvaprosarthapada* Until 1:02PM	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM		Sarvari 5122
		Yama 8:45AM – 10:05AM	Vajra* Until 4:14AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 31
		711174465 Rahu 2:06PM – 3:26PM	Taitila Until 11:08AM	Nataraja: Clear			4th Phase
Routine Work	Marana Yoga		Dashami Until 12:14AM Wed	Moon – Clear		Devaloka Day	
Until 1:02PM							
Then Creative Work - Amrita Yoga				Karttika-Karttikai			
2		Wednesday, November 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 227	
Meena Rasi: 11.47	Tithi 11	Gulika 10:05AM – 11:26AM	Uttaraprosarthapada Until 3:50PM	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM		Sarvari 5122
		Yama 7:25AM – 8:45AM	Siddhi Until 5:02AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 31
		711174465 Rahu 11:26AM – 12:46PM	Vanija Until 1:28PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 2:41AM Thu	Moon – Clear		Devaloka Day	
Until 3:50PM							
Then Routine Work - Marana Yoga				Karttika-Karttikai			
3		Thursday, November 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 228	
Meena Rasi: 23.4	Tithi 12	Gulika 8:46AM – 10:06AM	Revati Until 6:39PM	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM		Sarvari 5122
		Yama 6:06AM – 7:26AM	Vyatipata* Until 5:57AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:47PM		Moon 11 - Phase 31
		711174465 Rahu 12:46PM – 2:06PM	Bava Until 3:59PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 5:16AM Fri	Moon – Clear		Devaloka Day	
Until 6:39PM							
Then Creative Work - Amrita Yoga				Karttika-Karttikai			
4		Friday, November 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Kaulava Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 229	
Mesha Rasi: 5.31	Tithi 13	Gulika 7:26AM – 8:46AM	Ashvini Until 9:50PM	Ganesha: Blue	<i>Sunrise:</i> 6:06AM		Sarvari 5122
		Yama 2:06PM – 3:26PM	Varyan Until 6:48AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:46PM		Moon 11 - Phase 31
		721174465 Rahu 10:06AM – 11:26AM	Kaulava Until 6:35PM	Nataraja: Clear			4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 7:50AM Sat	Moon – White		Bhuloka Day	
Until 9:50PM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			
				<i>Pradosha Vrata</i>			
5		Saturday, November 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 230	
Mesha Rasi: 17.22	Tithi 13 – 14	Gulika 6:07AM – 7:27AM	Bharani Until 12:45AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:07AM		Sarvari 5122
		Yama 12:47PM – 2:07PM	Varyan Until 6:48AM	Muruqa: Clear	<i>Sunset:</i> 4:46PM		Moon 11 - Phase 31
		722174465 Rahu 8:47AM – 10:07AM	Gara Until 9:06PM	Nataraja: Clear			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:50AM	Moon – White		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
				Karttika-Karttikai			
○		Sunday, November 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Manama, Bahrain Sutra 231	
Copper Retreat Star		Gulika 2:07PM – 3:27PM	Krittika Until 3:20AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:08AM		Sarvari 5122
Mesha Rasi: 29.16	Tithi 14 – 15	Yama 11:27AM – 12:47PM	Parigha* Until 7:35AM	Muruqa: Clear	<i>Sunset:</i> 4:46PM		Moon 11 - Phase 31
		722174465 Rahu 3:27PM – 4:46PM	Visti Until 11:25PM	Nataraja: Clear			Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 10:16AM	Moon – White		Bhuloka Day	
Until 3:20AM Mon						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga		Krittika Deepam		Karttika-Karttikai			
Monday, November 30, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Manama, Bahrain Sutra 232	
Prithvya Rasi: 11.14	Tithi 15 – 16	Gulika 12:47PM – 2:07PM	Rohini Until 5:58AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM		Sarvari 5122
Family Home Evening		Yama 10:08AM – 11:27AM	Shiva Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 4:46PM		Moon 11 - Phase 31
		732174465 Rahu 7:28AM – 8:48AM	Balava Until 1:29AM Tue	Nataraja: Clear			Prathama
Creative Work	Amrita Yoga		Purnima* Until 12:28PM	Moon – Yellow		Devaloka Day	
Until 5:58AM Tue							
Then Creative Work - Siddha Yoga		Penumbra Lunar Eclipse		Karttika-Karttikai			
		Vinayaga Viratam Begins					



Tuesday, December 1, 2020
Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
 Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain
 Sutra 233
 Sarvari 5122
 Moon 12 - Phase 32
 1st Phase

Vrishabha Rasi: 23.2 Tithi 16 – 17

732174465

Gulika 11:28AM – 12:47PM
Yama 8:48AM – 10:08AM
Rahu 2:07PM – 3:27PM

Mrigashira Until 8:06AM Wed
 Siddha Until 8:35AM
 Taitila Until 3:11AM Wed
Prathama* Until 2:22PM

Ganesha: Yellow *Sunrise:* 6:09AM
Muruqa: Clear *Sunset:* 4:46PM
Nataraja: Clear
 Moon – Yellow

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, December 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
 Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain
 Sun 1 Sutra 234
 Sarvari 5122
 Moon 12 - Phase 32
 1st Phase

Mithuna Rasi: 5.35 Tithi 17 – 18

732174465

Gulika 10:09AM – 11:28AM
Yama 7:29AM – 8:49AM
Rahu 11:28AM – 12:48PM

Mrigashira Until 8:06AM
 Sadhya Until 8:41AM
 Vanija Until 4:29AM Thu
Dvitiya Until 3:52PM

Ganesha: Yellow *Sunrise:* 6:10AM
Muruqa: Clear *Sunset:* 4:46PM
Nataraja: Clear
 Moon – Yellow

Devaloka Day

Creative Work Siddha Yoga

2

Thursday, December 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain
 Sun 2 Sutra 235
 Sarvari 5122
 Moon 12 - Phase 32
 1st Phase

Mithuna Rasi: 17.59 Tithi 18 – 19

732174465

Gulika 8:50AM – 10:09AM
Yama 6:11AM – 7:30AM
Rahu 12:48PM – 2:08PM

Ardra Until 9:40AM
 Subha Until 8:30AM
 Bava Until 5:20AM Fri
Tritiya Until 4:57PM

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
 Moon – Yellow

Devaloka Day

Routine Work Marana Yoga

Until 9:40AM

Then Creative Work - Amrita Yoga

3

Friday, December 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain
 Sun 3 Sutra 236
 Sarvari 5122
 Moon 12 - Phase 32
 1st Phase

Kataka Rasi: 1 Tithi 19 – 20

742174465

Gulika 7:31AM – 8:50AM
Yama 2:08PM – 3:27PM
Rahu 10:10AM – 11:29AM

Punarvasu Until 11:07AM
 Sukla Until 7:56AM
 Kaulava Until 5:42AM Sat
Chaturthi* Until 5:34PM

Ganesha: White *Sunrise:* 6:11AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
 Moon – Blue

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 11:07AM

Then Routine Work - Marana Yoga

4

Saturday, December 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain
 Sun 4 Sutra 237
 Sarvari 5122
 Moon 12 - Phase 32
 1st Phase

Kataka Rasi: 13.26 Tithi 20 – 21

742174465

Gulika 6:12AM – 7:31AM
Yama 12:49PM – 2:08PM
Rahu 8:51AM – 10:10AM

Pushya Until 11:56AM
 Brahma Until 7:00AM
 Gara Until 5:33AM Sun
Panchami Until 5:40PM

Ganesha: White *Sunrise:* 6:12AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
 Moon – Blue

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 11:56AM

Then Routine Work - Marana Yoga

5

Sunday, December 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Manama, Bahrain
 Sun 5 Sutra 238
 Sarvari 5122
 Moon 12 - Phase 32
 1st Phase

Kataka Rasi: 26.32 Tithi 21 – 22

742174465

Gulika 2:08PM – 3:28PM
Yama 11:30AM – 12:49PM
Rahu 3:28PM – 4:47PM

Ashlesha* Until 12:06PM
 Vaidhriti* Until 3:56AM Mon
 Visti Until 4:52AM Mon
Shashthi* Until 5:16PM

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
 Moon – Blue

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 12:06PM

Then Routine Work - Marana Yoga

6

Monday, December 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
 Magha*/Purvaphalguni Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain
 Sun 6 Sutra 239
 Sarvari 5122
 Moon 12 - Phase 32
 1st Phase

Simha Rasi: 9.55 Tithi 22 – 23

752174465

Gulika 12:50PM – 2:09PM
Yama 10:11AM – 11:30AM
Rahu 7:33AM – 8:52AM

Magha* Until 12:02PM
 Vishkambha* Until 1:46AM Tue
 Balava Until 3:39AM Tue
Saptami Until 4:19PM

Ganesha: Clear *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
 Moon – Red

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 12:02PM

Then Creative Work - Siddha Yoga



Tuesday, December 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain
 Sun 7 Sutra 240
 Sarvari 5122
 Moon 12 - Phase 32
 Ashtami

Simha Rasi: 23.35 Tithi 23 – 24

752174465

Gulika 11:31AM – 12:50PM
Yama 8:52AM – 10:12AM
Rahu 2:09PM – 3:28PM

Purvaphalguni Until 11:18AM
 Priti Until 11:12PM
 Taitila Until 1:55AM Wed
Ashtami* Until 2:50PM

Ganesha: Clear *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
 Moon – Red

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 11:18AM

Then Creative Work - Amrita Yoga

Wednesday, December 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Manama, Bahrain
 Sun 8 Sutra 241
 Sarvari 5122
 Moon 12 - Phase 32
 Navami

Kanya Rasi: 7.35 Tithi 24 – 25

752174465

Gulika 10:12AM – 11:31AM
Yama 7:34AM – 8:53AM
Rahu 11:31AM – 12:50PM

Uttaraphalguni Until 9:55AM
 Ayushman Until 8:14PM
 Vanija Until 11:42PM
Navami* Until 12:51PM

Ganesha: Clear *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 4:48PM
Nataraja: Clear
 Moon – Red

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 9:55AM

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time


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1	Thursday, December 10, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 9 Sutra 242	
	Kanya Rasi: 21.53	Tithi 25 – 26	Gulika 8:54AM – 10:13AM	Hasta Until 8:23AM	Ganesha: Purple	<i>Sunrise:</i> 6:15AM	Sarvari 5122	
	762174465	Rahu 12:51PM – 2:10PM	Yama 6:15AM – 7:34AM	Saubhagya Until 4:55PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 33	2nd Phase
Routine Work	Marana Yoga		Bava Until 9:05PM	Nataraja: Clear				
Until 8:23AM			Dashami Until 10:25AM	Moon – Green		Bhuloka Day		
Then Creative Work - Siddha Yoga				Karttika-Karttikai		Devaloka Time: 3:PM to 6:PM		

2	Friday, December 11, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Manama, Bahrain Sun 10 Sutra 243	
	Tula Rasi: 6.27	Tithi 26 – 27	Gulika 7:35AM – 8:54AM	Chitra Until 6:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM	Sarvari 5122	
	762174465	Rahu 10:13AM – 11:32AM	Yama 2:10PM – 3:29PM	Sobhana Until 1:22PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 33	2nd Phase
Creative Work	Siddha Yoga		Kaulava Until 6:09PM	Nataraja: Clear				
			Ekadashi* Until 7:38AM	Moon – Green		Bhuloka Day		
				Karttika-Karttikai		Devaloka Time: 3:PM to 6:PM		

3	Saturday, December 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 11 Sutra 244	
	Tula Rasi: 21.12	Tithi 28	Gulika 6:17AM – 7:36AM	Vishakha Until 1:36AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:17AM	Sarvari 5122	
	773174465	Rahu 8:55AM – 10:14AM	Yama 12:52PM – 2:11PM	Athiganda* Until 9:36AM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Moon 12 - Phase 33	2nd Phase
Creative Work	Siddha Yoga		Gara Until 3:02PM	Nataraja: Clear				
Until 1:36AM Sun			Trayodashi* Until 1:26AM Sun	Moon – Orange		Devaloka Day		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai				

4	Sunday, December 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Manama, Bahrain Sun 12 Sutra 245	
	Vrischika Rasi: 6.02	Tithi 29	Gulika 2:11PM – 3:30PM	Anuradha Until 11:11PM	Ganesha: Orange	<i>Sunrise:</i> 6:17AM	Sarvari 5122	
	773174465	Rahu 3:30PM – 4:49PM	Yama 11:33AM – 12:52PM	Dhriti Until 2:00AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 33	2nd Phase
Routine Work	Marana Yoga		Visti Until 11:52AM	Nataraja: Clear				
			Chaturdashi* Until 10:17PM	Moon – Orange		Devaloka Day		
				Karttika-Karttikai				

	Monday, December 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain Sun 13 Sutra 246	
	Retreat Star		Gulika 12:52PM – 2:11PM	Jyeshtha* Until 8:47PM	Ganesha: Orange	<i>Sunrise:</i> 6:18AM	Sarvari 5122	
	Vrischika Rasi: 20.51	Tithi 30	Yama 10:15AM – 11:34AM	Shula* Until 10:21PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 33	Amavasya
Family Home Evening		Rahu 7:37AM – 8:56AM	Catuspada Until 8:46AM	Nataraja: Clear				
Creative Work	Siddha Yoga		Amavasya* Until 7:17PM	Moon – Orange		Devaloka Day		
			Total Solar Eclipse	Karttika-Karttikai				

Retreat Star	Tuesday, December 15, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 14 Sutra 247	
	Dhanus Rasi: 5.3	Tithi 1 – 2	Gulika 11:34AM – 12:53PM	Mula* Until 7:00PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
	783274465	Rahu 2:12PM – 3:31PM	Yama 8:56AM – 10:15AM	Ganda* Until 6:59PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 12 - Phase 33	Prathama
Creative Work	Amrita Yoga		Balava Until 3:28AM Wed	Nataraja: Clear				
Until 7:00PM			Prathama* Until 4:37PM	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Siddha Yoga				Margasira-Markali		Devaloka Time: 3:PM to 6:PM		

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1		Wednesday, December 16, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau		Manama, Bahrain Sun 15 Sutra 248	
Dhanus Rasi: 19.52	Tithi 2 – 3	Gulika 10:16AM – 11:35AM	Purvashadha* Until 5:32PM	Ganesha: Light Blue <i>Sunrise: 6:19AM</i>	Muruga: Clear <i>Sunset: 4:50PM</i>	Sarvari 5122 Moon 12 - Phase 34 3rd Phase	
Creative Work	Amrita Yoga	Yama 7:38AM – 8:57AM	Vriddhi Until 4:01PM	Nataraja: Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
		883274465 Rahu 11:35AM – 12:53PM	Taitila Until 1:32AM Thu	Margasira*Markali			
			Dvitiya Until 2:24PM				

2		Thursday, December 17, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Manama, Bahrain Sun 16 Sutra 249	
Makara Rasi: 3.53	Tithi 3 – 4	Gulika 8:57AM – 10:16AM	Uttarashadha Until 4:32PM	Ganesha: Light Blue <i>Sunrise: 6:20AM</i>	Muruga: Clear <i>Sunset: 4:50PM</i>	Sarvari 5122 Moon 12 - Phase 34 3rd Phase	
Routine Work	Marana Yoga	Yama 6:20AM – 7:39AM	Dhruva Until 1:31PM	Nataraja: Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 4:32PM		883274465 Rahu 12:54PM – 2:13PM	Vanija Until 12:15AM Fri	Margasira*Markali			
Then Creative Work - Siddha Yoga			Tritiya Until 12:47PM				

3		Friday, December 18, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Manama, Bahrain Sun 17 Sutra 250	
Makara Rasi: 17.29	Tithi 4 – 5	Gulika 7:39AM – 8:58AM	Shravana Until 4:33PM	Ganesha: Purple <i>Sunrise: 6:20AM</i>	Muruga: Clear <i>Sunset: 4:51PM</i>	Sarvari 5122 Moon 12 - Phase 34 3rd Phase	
Routine Work	Marana Yoga	Yama 2:13PM – 3:32PM	Vyaghata* Until 11:34AM	Nataraja: Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 4:33PM		893274465 Rahu 10:17AM – 11:36AM	Bava Until 11:44PM	Margasira*Markali			
Then Creative Work - Siddha Yoga			Chaturthi* Until 11:53AM				

4		Saturday, December 19, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Manama, Bahrain Sun 18 Sutra 251	
Kumbha Rasi: 0.4	Tithi 5 – 6	Gulika 6:21AM – 7:40AM	Dhanishtha Until 5:10PM	Ganesha: Purple <i>Sunrise: 6:21AM</i>	Muruga: Clear <i>Sunset: 4:51PM</i>	Sarvari 5122 Moon 12 - Phase 34 3rd Phase	
Creative Work	Siddha Yoga	Yama 12:55PM – 2:14PM	Harshana Until 10:15AM	Nataraja: Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 5:10PM		893274465 Rahu 8:58AM – 10:17AM	Kaulava Until 12:00AM Sun	Margasira*Markali			
Then Creative Work - Amrita Yoga			Panchami Until 11:45AM				

5		Sunday, December 20, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Manama, Bahrain Sun 19 Sutra 252	
Kumbha Rasi: 13.27	Tithi 6 – 7	Gulika 2:14PM – 3:33PM	Shatabhishak Until 6:22PM	Ganesha: Purple <i>Sunrise: 6:21AM</i>	Muruga: Clear <i>Sunset: 4:52PM</i>	Sarvari 5122 Moon 12 - Phase 34 3rd Phase	
Creative Work	Siddha Yoga	Yama 11:37AM – 12:55PM	Vajra* Until 9:31AM	Nataraja: Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
		893274465 Rahu 3:33PM – 4:52PM	Gara Until 1:02AM Mon	Margasira*Markali			
			Shashthi* Until 12:25PM				

Vinayaga Viratam Ends

Monday, December 21, 2020		Retreat Star		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Manama, Bahrain Sun 20 Sutra 253	
Kumbha Rasi: 25.54	Tithi 7 – 8	Gulika 12:56PM – 2:15PM	Purvaproshtapada* Until 8:34PM	Ganesha: Green <i>Sunrise: 6:22AM</i>	Muruga: Clear <i>Sunset: 4:52PM</i>	Sarvari 5122 Moon 12 - Phase 34 Ashtami	
Family Home Evening		Yama 10:18AM – 11:37AM	Siddhi Until 9:21AM	Nataraja: Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Routine Work	Marana Yoga	813274465 Rahu 7:41AM – 8:59AM	Visti Until 2:44AM Tue	Margasira*Markali			
Until 8:34PM			Saptami Until 1:47PM				
Then Creative Work - Siddha Yoga			Day 1 of Pancha Ganapati				

Tuesday, December 22, 2020		Retreat Star		Sarvari Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Manama, Bahrain Sun 21 Sutra 254	
Meena Rasi: 8.05	Tithi 8 – 9	Gulika 11:38AM – 12:56PM	Uttaraproshtapada Until 11:07PM	Ganesha: Green <i>Sunrise: 6:22AM</i>	Muruga: Clear <i>Sunset: 4:53PM</i>	Sarvari 5122 Moon 12 - Phase 34 Navami	
Creative Work	Amrita Yoga	Yama 9:00AM – 10:19AM	Vyatipata* Until 9:40AM	Nataraja: Clear	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 11:07PM		813274465 Rahu 2:15PM – 3:34PM	Balava Until 4:57AM Wed	Margasira*Markali			
Then Creative Work - Siddha Yoga			Ashtami* Until 3:46PM				
			Day 2 of Pancha Ganapati				

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, December 23, 2020		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Variyani/Parigha* Yoga Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 22 Sutra 255	
Meena Rasi: 20.05	Tithi 9	Gulika 10:19AM – 11:38AM	Revati Until 1:51AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:23AM	Sarvari 5122	
		Yama 7:42AM – 9:00AM	Variyan Until 10:18AM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 35	
		813274465 Rahu 11:38AM – 12:57PM	Kaulava Until 6:10PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga	Day 3 of Pancha Ganapati		Moon – Clear		Bhuloka Day	
Until 1:51AM Thu			Navami* Until 6:10PM	Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

2		Thursday, December 24, 2020		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dashamyam Titau		Manama, Bahrain Sun 23 Sutra 256	
Mesha Rasi: 1.57	Tithi 10	Gulika 9:01AM – 10:20AM	Ashvini Until 5:04AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:23AM	Sarvari 5122	
		Yama 6:23AM – 7:42AM	Parigha* Until 11:08AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 35	
		823274465 Rahu 12:57PM – 2:16PM	Taitila Until 7:29AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga	Day 4 of Pancha Ganapati		Moon – White		Devaloka Day	
Until 5:04AM Fri			Dashami Until 8:46PM	Margasira*Markali			
Then Creative Work - Siddha Yoga							

3		Friday, December 25, 2020		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 257	
Mesha Rasi: 13.47	Tithi 11	Gulika 7:43AM – 9:01AM	Bharani Until 8:02AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:24AM	Sarvari 5122	
		Yama 2:17PM – 3:35PM	Shiva Until 12:03PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 35	
		823274465 Rahu 10:20AM – 11:39AM	Vanija Until 10:06AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Moon – White		Devaloka Day	
Until 8:02AM Sat			Ekadashi Until 11:22PM	Margasira*Markali			
Then Creative Work - Amrita Yoga							

4		Saturday, December 26, 2020		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 258	
Mesha Rasi: 25.38	Tithi 12	Gulika 6:24AM – 7:43AM	Bharani Until 8:02AM	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	Sarvari 5122	
		Yama 12:58PM – 2:17PM	Siddha Until 12:51PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 35	
		824274466 Rahu 9:02AM – 10:21AM	Bava Until 12:38PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Moon – White		Sivaloka Day	
Until 8:02AM			Dvadashi Until 1:47AM Sun	Margasira*Markali			
Then Creative Work - Amrita Yoga							

5		Sunday, December 27, 2020		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 259	
Vrishabha Rasi: 7.35	Tithi 13	Gulika 2:18PM – 3:37PM	Krittika Until 10:37AM	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	Sarvari 5122	
		Yama 11:40AM – 12:59PM	Sadhya Until 1:27PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 35	
		824274466 Rahu 3:37PM – 4:55PM	Kaulava Until 2:53PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Moon – White		Sivaloka Day	
			Trayodashi Until 3:50AM Mon	Margasira*Markali			

Pradosha Vrata

6		Monday, December 28, 2020		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 260	
Vrishabha Rasi: 19.41	Tithi 14	Gulika 12:59PM – 2:18PM	Rohini Until 1:08PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sarvari 5122	
Family Home Evening		Yama 10:22AM – 11:41AM	Subha Until 1:46PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 35	
		834274466 Rahu 7:44AM – 9:03AM	Gara Until 4:43PM	Nataraja: Orange		4th Phase	
Creative Work	Amrita Yoga	Day 5 of Pancha Ganapati		Moon – Yellow		Devaloka Day	
			Chaturdashi* Until 5:25AM Tue	Margasira*Markali			

○		Tuesday, December 29, 2020		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti* Karana Purnimayam Titau		Manama, Bahrain Sutra 261	
Copper Retreat Star		Gulika 11:41AM – 1:00PM	Mrigashira Until 3:02PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sarvari 5122	
Mithuna Rasi: 1.59	Tithi 15	Yama 9:03AM – 10:22AM	Sukla Until 1:40PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 35	
		834274466 Rahu 2:19PM – 3:38PM	Visti Until 6:02PM	Nataraja: Orange		Purnima	
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Moon – Yellow		Devaloka Day	
Until 3:02PM			Purnima* Until 6:29AM Wed	Margasira*Markali			
Then Routine Work - Marana Yoga							

○		Wednesday, December 30, 2020		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Manama, Bahrain Sutra 262	
Silver Retreat Star		Gulika 10:23AM – 11:41AM	Ardra Until 4:15PM	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM	Sarvari 5122	
Mithuna Rasi: 14.29	Tithi 15 – 16	Yama 7:45AM – 9:04AM	Brahma Until 1:12PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 35	
		834274466 Rahu 11:41AM – 1:00PM	Balava Until 6:50PM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Moon – Yellow		Devaloka Day	
			Purnima* Until 6:29AM	Margasira*Markali			

Ardra Darshanam



Thursday, December 31, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain

Sutra 263

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Mithuna Rasi: 27.14 Tithi 16 - 17

844274466 Rahu 1:01PM - 2:20PM

Gulika 9:04AM - 10:23AM

Yama 6:26AM - 7:45AM

Punarvasu Until 5:17PM

Indra Until 12:20PM

Taitila Until 7:06PM

Prathama* Until 7:01AM

Ganesha: White

Muruqa: Clear

Nataraja: Orange

Moon - Blue

Margasira*Markali

Sunrise: 6:26AM

Sunset: 4:58PM

Sivaloka Day

Creative Work Amrita Yoga

1

Friday, January 1, 2021

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Manama, Bahrain

Sun 1 Sutra 264

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Kataka Rasi: 10.14 Tithi 17 - 18

844274466 Rahu 10:23AM - 11:42AM

Gulika 7:45AM - 9:04AM

Yama 2:20PM - 3:39PM

Pushya Until 5:42PM

Vaidhriti* Until 11:04AM

Vanija Until 6:54PM

Dvitiya Until 7:02AM

Ganesha: White

Muruqa: Clear

Nataraja: Orange

Moon - Blue

Margasira*Markali

Sunrise: 6:26AM

Sunset: 4:58PM

Sivaloka Day

Routine Work Marana Yoga

2

Saturday, January 2, 2021

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Tritya/Chaturthayam Titau

Manama, Bahrain

Sun 2 Sutra 265

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Kataka Rasi: 23.28 Tithi 18 - 19

844274466 Rahu 9:04AM - 10:23AM

Gulika 6:26AM - 7:45AM

Yama 1:02PM - 2:21PM

Ashlesha* Until 5:34PM

Vishkambha* Until 9:28AM

Bava Until 6:18PM

Tritya Until 6:38AM

Ganesha: White

Muruqa: Clear

Nataraja: Orange

Moon - Blue

Margasira*Markali

Sunrise: 6:26AM

Sunset: 4:58PM

Sivaloka Day

Routine Work Marana Yoga

Until 5:34PM

Then Creative Work - Amrita Yoga

3

Sunday, January 3, 2021

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 266

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Simha Rasi: 6.53 Tithi 20

854274466 Rahu 3:40PM - 4:59PM

Gulika 2:21PM - 3:40PM

Yama 11:43AM - 1:02PM

Magha* Until 5:23PM

Priti Until 7:36AM

Kaulava Until 5:19PM

Panchami Until 4:42AM Mon

Ganesha: Clear

Muruqa: Clear

Nataraja: Orange

Moon - Red

Margasira*Markali

Sunrise: 6:26AM

Sunset: 4:59PM

Devaloka Day

Routine Work Marana Yoga

Until 5:23PM

Then Creative Work - Siddha Yoga

4

Monday, January 4, 2021

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 267

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Simha Rasi: 20.3 Tithi 21

854274466 Rahu 7:46AM - 9:05AM

Gulika 1:03PM - 2:22PM

Yama 10:24AM - 11:43AM

Purvaphalguni Until 4:44PM

Saubhagya Until 3:04AM Tue

Gara Until 4:03PM

Shashthi* Until 3:17AM Tue

Ganesha: Clear

Muruqa: Clear

Nataraja: Orange

Moon - Red

Margasira*Markali

Sunrise: 6:27AM

Sunset: 5:00PM

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

5

Tuesday, January 5, 2021

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 268

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Kanya Rasi: 4.17 Tithi 22

854274466 Rahu 2:22PM - 3:42PM

Gulika 11:44AM - 1:03PM

Yama 9:05AM - 10:25AM

Uttaraphalguni Until 3:41PM

Sobhana Until 12:30AM Wed

Visti Until 2:29PM

Saptami Until 1:36AM Wed

Ganesha: Clear

Muruqa: Clear

Nataraja: Orange

Moon - Red

Margasira*Markali

Sunrise: 6:27AM

Sunset: 5:01PM

Devaloka Day

Creative Work Amrita Yoga

Until 3:41PM

Then Creative Work - Siddha Yoga

Subramuniyaswami Jayanti

6

Wednesday, January 6, 2021

Retreat Star

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 269

Sarvari 5122

Moon 13 - Phase 36

Ashtami

Kanya Rasi: 18.14 Tithi 23

864274466 Rahu 11:44AM - 1:04PM

Gulika 10:25AM - 11:44AM

Yama 7:46AM - 9:06AM

Hasta Until 2:41PM

Athiganda* Until 9:44PM

Balava Until 12:41PM

Ashtami* Until 11:41PM

Ganesha: Purple

Muruqa: Clear

Nataraja: Orange

Moon - Green

Margasira*Markali

Sunrise: 6:27AM

Sunset: 5:01PM

Sivaloka Day

Routine Work Marana Yoga

Until 2:41PM

Then Creative Work - Siddha Yoga

Thursday, January 7, 2021

Retreat Star

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 270

Sarvari 5122

Moon 13 - Phase 36

Navami

Tula Rasi: 2.2 Tithi 24

865274466 Rahu 1:04PM - 2:23PM

Gulika 9:06AM - 10:25AM

Yama 6:27AM - 7:47AM

Chitra Until 1:20PM

Sukarma Until 6:48PM

Taitila Until 10:40AM

Navami* Until 9:34PM

Ganesha: Clear

Muruqa: Clear

Nataraja: Orange

Moon - Green

Margasira*Markali

Sunrise: 6:27AM

Sunset: 5:02PM

Devaloka Day

Creative Work Siddha Yoga

Until 1:20PM

Then Creative Work - Amrita Yoga


To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Friday, January 8, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dashanayam Titau				Manama, Bahrain Sun 8 Sutra 271
	Tula Rasi: 16.33	Tithi 25	Gulika 7:47AM – 9:06AM	Svati Until 11:38AM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	Sarvari 5122
			Yama 2:24PM – 3:43PM	Dhriti Until 3:44PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	865274466 Rahu 10:26AM – 11:45AM	Vanija Until 8:27AM	Nataraja: Orange		2nd Phase
			Dashami Until 7:17PM	Moon – Green		Devaloka Day	
				Margasira-Markali			

2	Saturday, January 9, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 9 Sutra 272
	Vrischika Rasi: 0.52	Tithi 26 – 27	Gulika 6:28AM – 7:47AM	Vishakha Until 10:06AM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sarvari 5122
			Yama 1:05PM – 2:25PM	Shula* Until 12:33PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	875374466 Rahu 9:07AM – 10:26AM	Bava Until 6:06AM	Nataraja: Orange		2nd Phase
			Ekadashi* Until 4:53PM	Moon – Orange		Devaloka Day	
				Margasira-Markali			

3	Sunday, January 10, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhdi Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 10 Sutra 273
	Vrischika Rasi: 15.14	Tithi 27 – 28	Gulika 2:25PM – 3:45PM	Anuradha Until 8:22AM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sarvari 5122
			Yama 11:46AM – 1:06PM	Ganda* Until 9:21AM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 13 - Phase 37
	Routine Work	Marana Yoga	875374466 Rahu 3:45PM – 5:04PM	Gara Until 1:16AM Mon	Nataraja: Orange		2nd Phase
			Dvadashi* Until 2:27PM	Moon – Orange		Devaloka Day	
				Margasira-Markali			
				<i>Pradosha Vrata (Fasting)</i>			

4	Monday, January 11, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhdi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 11 Sutra 274
	Vrischika Rasi: 29.35	Tithi 28 – 29	Gulika 1:06PM – 2:26PM	Jyeshtha* Until 6:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sarvari 5122
	Family Home Evening		Yama 10:27AM – 11:46AM	Vridhdi Until 6:11AM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	875374466 Rahu 7:47AM – 9:07AM	Visti Until 10:58PM	Nataraja: Orange		2nd Phase
			Trayodashi* Until 12:05PM	Moon – Orange		Devaloka Day	
				Margasira-Markali			

	Tuesday, January 12, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain Sun 12 Sutra 275
	Retreat Star		Gulika 11:47AM – 1:07PM	Purvashadha* Until 3:49AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:28AM	Sarvari 5122
	Dhanus Rasi: 13.5	Tithi 29 – 30	Yama 9:07AM – 10:27AM	Vyaghata* Until 12:15AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	885374466 Rahu 2:26PM – 3:46PM	Catuspada Until 8:54PM	Nataraja: Orange		Amavasya
			Chaturdashi* Until 9:53AM	Moon – Light Blue		Devaloka Day	
				Margasira-Markali			
				Hanumath Jayanthi (Tamil Nadu)			

Retreat Star	Wednesday, January 13, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 13 Sutra 276
	Dhanus Rasi: 27.55	Tithi 30 – 1	Gulika 10:27AM – 11:47AM	Uttarashadha Until 2:47AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:28AM	Sarvari 5122
			Yama 7:48AM – 9:07AM	Harshana Until 9:42PM	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 13 - Phase 37
	Creative Work	Amrita Yoga	885374466 Rahu 11:47AM – 1:07PM	Kintughna Until 7:12PM	Nataraja: Orange		Prathama
			Amavasya* Until 7:59AM	Moon – Light Blue		Devaloka Day	
				Pausha-Markali			
				Then Creative Work - Amrita Yoga			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Thursday, January 14, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 14 Sutra 277
	Makara Rasi: 11.44	Tithi 1 – 2	Gulika 9:08AM – 10:28AM	Shravana Until 2:32AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sarvari 5122
			Yama 6:28AM – 7:48AM	Vajra* Until 7:32PM	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 13 - Phase 38
	Creative Work	Siddha Yoga	895374466 Rahu 1:08PM – 2:28PM	Kaulava Until 5:34AM Fri	Nataraja: Orange		3rd Phase
			Thai Pongal	Prathama* Until 6:30AM	Pausha-Thai	Devaloka Day	

2	Friday, January 15, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 15 Sutra 278
	Makara Rasi: 25.15	Tithi 3	Gulika 7:48AM – 9:08AM	Dhanishtha Until 2:46AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sarvari 5122
			Yama 2:28PM – 3:48PM	Siddhi Until 5:50PM	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Moon 13 - Phase 38
	Creative Work	Siddha Yoga	895374466 Rahu 10:28AM – 11:48AM	Taitila Until 5:21PM	Nataraja: Orange		3rd Phase
			Tritiya Until 5:16AM Sat	Pausha-Thai		Devaloka Day	
			Until 2:46AM Sat				
			Then Creative Work - Amrita Yoga				

3	Saturday, January 16, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthayam Titau				Manama, Bahrain Sun 16 Sutra 279
	Kumbha Rasi: 8.25	Tithi 4	Gulika 6:28AM – 7:48AM	Shatabhishak Until 3:30AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sarvari 5122
			Yama 1:08PM – 2:29PM	Vyatipata* Until 4:41PM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Moon 13 - Phase 38
	Creative Work	Amrita Yoga	895374466 Rahu 9:08AM – 10:28AM	Vanija Until 5:24PM	Nataraja: Orange		3rd Phase
			Chaturthi* Until 5:40AM Sun	Pausha-Thai		Devaloka Day	
			Until 3:30AM Sun				
			Then Creative Work - Siddha Yoga				

4	Sunday, January 17, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Bava Karana Panchamyam Titau				Manama, Bahrain Sun 17 Sutra 280
	Kumbha Rasi: 21.14	Tithi 5	Gulika 2:29PM – 3:49PM	Purvaproshtapada* Until 5:13AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Sarvari 5122
			Yama 11:49AM – 1:09PM	Variyan Until 4:02PM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Moon 13 - Phase 38
	Creative Work	Siddha Yoga	816374466 Rahu 3:49PM – 5:10PM	Bava Until 6:09PM	Nataraja: Orange		3rd Phase
			Panchami Until 6:46AM Mon	Pausha-Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

5	Monday, January 18, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Manama, Bahrain Sun 18 Sutra 281
	Meena Rasi: 3.43	Tithi 5 – 6	Gulika 1:09PM – 2:30PM	Uttaraproshtapada Until 7:24AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	Sarvari 5122
	Family Home Evening		Yama 10:29AM – 11:49AM	Parigha* Until 3:56PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 13 - Phase 38
	Creative Work	Siddha Yoga	816374466 Rahu 7:48AM – 9:08AM	Kaulava Until 7:35PM	Nataraja: Orange		3rd Phase
			Panchami Until 6:46AM	Pausha-Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6	Tuesday, January 19, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 19 Sutra 282
	Meena Rasi: 15.57	Tithi 6 – 7	Gulika 11:49AM – 1:10PM	Uttaraproshtapada Until 7:24AM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	Sarvari 5122
			Yama 9:08AM – 10:29AM	Shiva Until 4:17PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	Moon 13 - Phase 38
	Creative Work	Amrita Yoga	816374466 Rahu 2:30PM – 3:51PM	Gara Until 9:35PM	Nataraja: Orange		3rd Phase
			Shashthi* Until 8:30AM	Pausha-Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
			Until 7:24AM				
			Then Creative Work - Siddha Yoga				

☾	Wednesday, January 20, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 20 Sutra 283
	Retreat Star		Gulika 10:29AM – 11:50AM	Revati Until 9:55AM	Ganesha: Blue	<i>Sunrise:</i> 6:27AM	Sarvari 5122
	Meena Rasi: 27.58	Tithi 7 – 8	Yama 7:48AM – 9:08AM	Siddha Until 4:57PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 13 - Phase 38
	Routine Work	Marana Yoga	816374466 Rahu 11:50AM – 1:10PM	Visti Until 12:01AM Thu	Nataraja: Orange		Ashtami
			Saptami Until 10:45AM	Pausha-Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

☽	Thursday, January 21, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 21 Sutra 284
	Retreat Star		Gulika 9:08AM – 10:29AM	Ashvini Until 1:03PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Sarvari 5122
	Mesha Rasi: 9.5	Tithi 8 – 9	Yama 6:27AM – 7:48AM	Sadhya Until 5:50PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Moon 13 - Phase 38
	Creative Work	Amrita Yoga	826374466 Rahu 1:11PM – 2:31PM	Balava Until 2:39AM Fri	Nataraja: Orange		Navami
			Ashtami* Until 1:18PM	Pausha-Thai		Devaloka Day	
			Until 1:03PM				
			Then Creative Work - Siddha Yoga				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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1		Friday, January 22, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Manama, Bahrain Sun 22 Sutra 285	
Mesha Rasi: 21.4	Tithi 9 – 10	826374466	Gulika 7:48AM – 9:08AM Yama 2:32PM – 3:53PM Rahu 10:29AM – 11:50AM	Bharani Until 4:07PM Subha Until 6:45PM Taitila Until 5:14AM Sat Navami* Until 3:57PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Thai	Sunrise: 6:27AM Sunset: 5:14PM	Moon 13 - Phase 39 4th Phase Devaloka Day
Creative Work	Siddha Yoga						
2		Saturday, January 23, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Sukla Yoga Gara Karana Dashamyam Titau		Manama, Bahrain Sun 23 Sutra 286	
Vrishabha Rasi: 3.32	Tithi 10	826374466	Gulika 6:27AM – 7:47AM Yama 1:11PM – 2:32PM Rahu 9:08AM – 10:29AM	Krittika Until 6:50PM Sukla Until 7:30PM Gara Until 6:25PM Dashami Until 6:25PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Thai	Sunrise: 6:27AM Sunset: 5:14PM	Moon 13 - Phase 39 4th Phase Devaloka Day
Creative Work	Amrita Yoga						
3		Sunday, January 24, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 287	
Vrishabha Rasi: 15.3	Tithi 11	937374466	Gulika 2:33PM – 3:54PM Yama 11:51AM – 1:12PM Rahu 3:54PM – 5:15PM	Rohini Until 9:29PM Brahma Until 7:56PM Vanija Until 7:31AM Ekadashi Until 8:28PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Thai	Sunrise: 6:26AM Sunset: 5:15PM	Moon 13 - Phase 39 4th Phase Sivaloka Day
Creative Work	Siddha Yoga						
4		Monday, January 25, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 288	
Vrishabha Rasi: 27.4	Tithi 12	937374466	Gulika 1:12PM – 2:33PM Yama 10:30AM – 11:51AM Rahu 7:47AM – 9:08AM	Mrigashira Until 11:25PM Indra Until 7:58PM Bava Until 9:18AM Dvadashi Until 9:56PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Thai	Sunrise: 6:26AM Sunset: 5:16PM	Moon 13 - Phase 39 4th Phase Sivaloka Day
Family Home Evening	Amrita Yoga						
Until 11:25PM							
Then Creative Work - Siddha Yoga							
5		Tuesday, January 26, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 289	
Mithuna Rasi: 10.05	Tithi 13	937374466	Gulika 11:51AM – 1:13PM Yama 9:08AM – 10:30AM Rahu 2:34PM – 3:55PM	Ardra Until 12:33AM Wed Vaidhriti* Until 7:27PM Kaulava Until 10:26AM Trayodashi Until 10:43PM <i>Pradosha Vrata</i>	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Thai	Sunrise: 6:26AM Sunset: 5:17PM	Moon 13 - Phase 39 4th Phase Sivaloka Day
Routine Work	Marana Yoga						
Until 12:33AM Wed							
Then Creative Work - Siddha Yoga							
6		Wednesday, January 27, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 290	
Mithuna Rasi: 22.5	Tithi 14	947374466	Gulika 10:30AM – 11:51AM Yama 7:47AM – 9:08AM Rahu 11:51AM – 1:13PM	Punarvasu Until 1:19AM Thu Vishkambha* Until 6:25PM Gara Until 10:52AM Chaturdashi* Until 10:49PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Blue Pausha-Thai	Sunrise: 6:25AM Sunset: 5:17PM	Moon 13 - Phase 39 4th Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 1:19AM Thu							
Then Creative Work - Amrita Yoga							
○		Thursday, January 28, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau		Manama, Bahrain Sutra 291	
Kataka Rasi: 5.53	Tithi 15	947374466	Gulika 9:08AM – 10:30AM Yama 6:25AM – 7:47AM Rahu 1:13PM – 2:35PM	Pushya Until 1:19AM Fri Priti Until 4:54PM Visti Until 10:38AM Purnima* Until 10:16PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Blue Pausha-Thai	Sunrise: 6:25AM Sunset: 5:18PM	Moon 13 - Phase 39 Purnima Devaloka Day
Creative Work	Amrita Yoga						
Until 1:19AM Fri							
Then Routine Work - Marana Yoga							
○		Friday, January 29, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau		Manama, Bahrain Sutra 292	
Kataka Rasi: 19.17	Tithi 16	947374466	Gulika 7:46AM – 9:08AM Yama 2:35PM – 3:57PM Rahu 10:30AM – 11:52AM	Ashlesha* Until 12:40AM Sat Ayushman Until 2:54PM Balava Until 9:48AM Prathama* Until 9:11PM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Blue Pausha-Thai	Sunrise: 6:25AM Sunset: 5:19PM	Moon 13 - Phase 39 Prathama Devaloka Day
Routine Work	Marana Yoga						
Until 12:40AM Sat							
Then Creative Work - Amrita Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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**Saturday, January 30, 2021****Gold Retreat Star**Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain

Sun 1 Sutra 293

Simha Rasi: 2.58 Tithi 17

Gulika 6:24AM – 7:46AM

Yama 1:14PM – 2:36PM

958374466 **Rahu** 9:08AM – 10:30AM**Magha* Until 11:55PM**

Saubhagya Until 12:34PM

Taitila Until 8:30AM

Dvitiya Until 7:41PM**Ganesha:** Clear

Sunrise: 6:24AM

Muruqa: Clear

Sunset: 5:20PM

Nataraja: Orange

Moon – Red

Pausha*Thai**Devaloka Day**

Creative Work Amrita Yoga

Until 11:55PM

Then Creative Work - Siddha Yoga

1**Sunday, January 31, 2021**Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 294

Simha Rasi: 16.52 Tithi 18 – 19

Gulika 2:36PM – 3:58PM

Yama 11:52AM – 1:14PM

958374466 **Rahu** 3:58PM – 5:21PM**Purvaphalguni Until 10:44PM**

Sobhana Until 9:59AM

Vanija Until 6:49AM

Tritiya Until 5:52PM**Ganesha:** Clear

Sunrise: 6:24AM

Muruqa: Clear

Sunset: 5:21PM

Nataraja: Orange

Moon – Red

Pausha*Thai**Devaloka Day**

Creative Work Siddha Yoga

Until 10:44PM

Then Creative Work - Amrita Yoga

2**Monday, February 1, 2021**Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 295

Kanya Rasi: 0.55 Tithi 19 – 20

Gulika 1:14PM – 2:36PM

Yama 10:30AM – 11:52AM

958374466 **Rahu** 7:46AM – 9:08AM**Uttaraphalguni Until 9:16PM**

Athiganda* Until 7:11AM

Kaulava Until 2:52AM Tue

Chaturthi* Until 3:53PM**Ganesha:** Clear

Sunrise: 6:24AM

Muruqa: Clear

Sunset: 5:21PM

Nataraja: Orange

Moon – Red

Pausha*Thai**Devaloka Day**

Creative Work Siddha Yoga

3**Tuesday, February 2, 2021**Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 296

Kanya Rasi: 15.03 Tithi 20 – 21

Gulika 11:52AM – 1:15PM

Yama 9:08AM – 10:30AM

968374466 **Rahu** 2:37PM – 3:59PM**Hasta Until 8:01PM**

Dhriti Until 1:25AM Wed

Gara Until 12:47AM Wed

Panchami Until 1:49PM**Ganesha:** White

Sunrise: 6:23AM

Muruqa: Clear

Sunset: 5:21PM

Nataraja: Orange

Moon – Green

Pausha*Thai**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4**Wednesday, February 3, 2021**Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 297

Kanya Rasi: 29.13 Tithi 21 – 22

Gulika 10:30AM – 11:52AM

Yama 7:45AM – 9:08AM

968474467 **Rahu** 11:52AM – 1:15PM**Chitra Until 6:38PM**

Shula* Until 10:30PM

Visti Until 10:43PM

Shashthi* Until 11:43AM**Ganesha:** Clear

Sunrise: 6:23AM

Muruqa: Clear

Sunset: 5:23PM

Nataraja: Clear

Moon – Green

Pausha*Thai**Devaloka Day**

Creative Work Siddha Yoga

D**Thursday, February 4, 2021****Retreat Star**Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 298

Tula Rasi: 13.21 Tithi 22 – 23

Gulika 9:07AM – 10:30AM

Yama 6:22AM – 7:45AM

968474467 **Rahu** 1:15PM – 2:38PM**Svati Until 5:09PM**

Ganda* Until 7:39PM

Balava Until 8:42PM

Saptami Until 9:41AM**Ganesha:** Clear

Sunrise: 6:22AM

Muruqa: Clear

Sunset: 5:23PM

Nataraja: Clear

Moon – Green

Pausha*Thai**Devaloka Day**

Creative Work Amrita Yoga

Until 5:09PM

Then Creative Work - Siddha Yoga

Friday, February 5, 2021**Retreat Star**Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 299

Tula Rasi: 27.26 Tithi 23 – 24

Gulika 7:45AM – 9:07AM

Yama 2:38PM – 4:01PM

978474467 **Rahu** 10:30AM – 11:53AM**Vishakha Until 4:02PM**

Vriddhi Until 4:53PM

Taitila Until 6:46PM

Ashtami* Until 7:42AM**Ganesha:** White

Sunrise: 6:22AM

Muruqa: Clear

Sunset: 5:23PM

Nataraja: Clear

Moon – Orange

Pausha*Thai**Sivaloka Day**

Creative Work Siddha Yoga


1	Saturday, February 6, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistii* Karana Dashamyam Titau				Manama, Bahrain Sun 8 Sutra 300
	Wrischika Rasi: 11.29	Tithi 25	Gulika 6:21AM – 7:44AM	Anuradha Until 2:52PM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	Sarvari 5122
			Yama 1:16PM – 2:38PM	Dhruva Until 2:10PM	Muruqa: White	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 41
	979484467	Rahu 9:07AM – 10:30AM		Vanija Until 4:56PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:02AM Sun	Moon – Orange		Sivaloka Day	
				Pausha -Thai			

2	Sunday, February 7, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Manama, Bahrain Sun 9 Sutra 301
	Wrischika Rasi: 25.27	Tithi 26	Gulika 2:39PM – 4:02PM	Jyeshtha* Until 1:40PM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM	Sarvari 5122
			Yama 11:53AM – 1:16PM	Vyaghata* Until 11:33AM	Muruqa: White	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 41
	979484467	Rahu 4:02PM – 5:25PM		Bava Until 3:13PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 2:23AM Mon	Moon – Orange		Sivaloka Day	
Until 1:40PM				Pausha -Thai			
Then Creative Work - Amrita Yoga							

3	Monday, February 8, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Manama, Bahrain Sun 10 Sutra 302
	Dhanus Rasi: 9.21	Tithi 27	Gulika 1:16PM – 2:39PM	Mula* Until 12:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:20AM	Sarvari 5122
	Family Home Evening		Yama 10:30AM – 11:53AM	Harshana Until 9:04AM	Muruqa: White	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 41
	989484467	Rahu 7:43AM – 9:07AM		Kaulava Until 1:38PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashti* Until 12:54AM Tue	Moon – Light Blue		Devaloka Day	
Until 12:54PM				Pausha -Thai			
Then Routine Work - Marana Yoga							

4	Tuesday, February 9, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 11 Sutra 303
	Dhanus Rasi: 23.08	Tithi 28	Gulika 11:53AM – 1:16PM	Purvashadha* Until 12:10PM	Ganesha: Blue	<i>Sunrise:</i> 6:20AM	Sarvari 5122
			Yama 9:06AM – 10:30AM	Vajra* Until 6:41AM	Muruqa: White	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 41
	989484467	Rahu 2:40PM – 4:03PM		Gara Until 12:15PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:38PM	Moon – Light Blue		Devaloka Day	
Until 12:10PM				Pausha -Thai			
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Wednesday, February 10, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau				Manama, Bahrain Sun 12 Sutra 304
	Makara Rasi: 6.46	Tithi 29	Gulika 10:29AM – 11:53AM	Uttarashadha Until 11:33AM	Ganesha: Blue	<i>Sunrise:</i> 6:19AM	Sarvari 5122
			Yama 7:42AM – 9:06AM	Vyatipata* Until 2:38AM Thu	Muruqa: White	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 41
	989484467	Rahu 11:53AM – 1:17PM		Vistii Until 11:08AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 10:40PM	Moon – Light Blue		Devaloka Day	
Until 11:33AM				Pausha -Thai			
Then Creative Work - Siddha Yoga							

	Thursday, February 11, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain Sun 13 Sutra 305
	Retreat Star		Gulika 9:06AM – 10:29AM	Shravana Until 11:35AM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	Sarvari 5122
	Makara Rasi: 20.13	Tithi 30	Yama 6:18AM – 7:42AM	Variyan Until 1:01AM Fri	Muruqa: White	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 41
	999484467	Rahu 1:17PM – 2:40PM		Catuspada Until 10:21AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:06PM	Moon – Purple		Devaloka Day	
				Pausha -Thai			

	Friday, February 12, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain Sun 14 Sutra 306
	Retreat Star		Gulika 7:41AM – 9:05AM	Dhanishtha Until 11:52AM	Ganesha: Blue	<i>Sunrise:</i> 6:18AM	Sarvari 5122
	Kumbha Rasi: 3.27	Tithi 1	Yama 2:41PM – 4:05PM	Parigha* Until 11:48PM	Muruqa: White	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 41
	999484467	Rahu 10:29AM – 11:53AM		Kintughna Until 10:00AM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:00PM	Moon – Purple		Devaloka Day	
				Magha -Masi			

1	Sunday, February 21, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
	Rohini/Mrigashira Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau						Sun 23 Sutra 315
	Gulika	2:43PM – 4:09PM	Rohini Until 6:11AM	Ganesha: Yellow	Sunrise: 6:11AM		Sarvari 5122
	Yama	11:53AM – 1:18PM	Vishkambha* Until 3:03AM Mon	Muruqa: White	Sunset: 5:34PM	Moon 1 - Phase 43	
931484467	Rahu	4:09PM – 5:34PM	Taitila Until 2:06AM Mon	Nataraja: Clear		4th Phase	
Wishabha Rasi: 23.14	Tithi 9 – 10		Navami* Until 1:12PM	Moon – Yellow	Sivaloka Day		
Creative Work	Siddha Yoga						


2	Monday, February 22, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
	Mrigashira/Ardra Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau						Sun 24 Sutra 316
	Gulika	1:18PM – 2:44PM	Mrigashira Until 8:27AM	Ganesha: Yellow	Sunrise: 6:10AM		Sarvari 5122
	Yama	10:27AM – 11:52AM	Priti Until 2:53AM Tue	Muruqa: White	Sunset: 5:35PM	Moon 1 - Phase 43	
931484467	Rahu	7:36AM – 9:01AM	Vanija Until 3:19AM Tue	Nataraja: Clear		4th Phase	
Mithuna Rasi: 5.23	Tithi 10 – 11		Dashami Until 2:47PM	Moon – Yellow	Sivaloka Day		
Family Home Evening							
Creative Work	Amrita Yoga						
Until 8:27AM							
Then Creative Work - Siddha Yoga							

3	Tuesday, February 23, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain
	Ardra/Punarvasu Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau						Sun 25 Sutra 317
	Gulika	11:52AM – 1:18PM	Ardra Until 9:52AM	Ganesha: Yellow	Sunrise: 6:09AM		Sarvari 5122
	Yama	9:01AM – 10:27AM	Ayushman Until 2:04AM Wed	Muruqa: White	Sunset: 5:36PM	Moon 1 - Phase 43	
931484467	Rahu	2:44PM – 4:10PM	Bava Until 3:44AM Wed	Nataraja: Clear		4th Phase	
Mithuna Rasi: 17.52	Tithi 11 – 12		Ekadashi Until 3:37PM	Moon – Yellow	Sivaloka Day		
Routine Work	Marana Yoga						
Until 9:52AM							
Then Creative Work - Siddha Yoga							

4	Wednesday, February 24, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain
	Punarvasu/Pushya Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau						Sun 26 Sutra 318
	Gulika	10:26AM – 11:52AM	Punarvasu Until 10:48AM	Ganesha: Yellow	Sunrise: 6:08AM		Sarvari 5122
	Yama	7:34AM – 9:00AM	Saubhagya Until 12:38AM Thu	Muruqa: White	Sunset: 5:36PM	Moon 1 - Phase 43	
942484467	Rahu	11:52AM – 1:18PM	Kaulava Until 3:20AM Thu	Nataraja: Clear		4th Phase	
Kataka Rasi: 0.43	Tithi 12 – 13		Dvadashi Until 3:37PM	Moon – Blue	Sivaloka Day		
Creative Work	Siddha Yoga						

Pradosha Vrata

5	Thursday, February 25, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain
	Pushya/Ashlesha* Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Sun 27 Sutra 319
	Gulika	9:00AM – 10:26AM	Pushya Until 10:47AM	Ganesha: Yellow	Sunrise: 6:07AM		Sarvari 5122
	Yama	6:07AM – 7:34AM	Sobhana Until 10:37PM	Muruqa: White	Sunset: 5:37PM	Moon 1 - Phase 43	
942484467	Rahu	1:18PM – 2:44PM	Gara Until 2:11AM Fri	Nataraja: Clear		4th Phase	
Kataka Rasi: 13.58	Tithi 13 – 14		Trayodashi Until 2:50PM	Moon – Blue	Sivaloka Day		
Creative Work	Amrita Yoga						
Until 10:47AM							
Then Creative Work - Siddha Yoga							

	Friday, February 26, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
	Ashlesha*/Magha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau						Sutra 320
	Gulika	7:33AM – 8:59AM	Ashlesha* Until 9:56AM	Ganesha: Yellow	Sunrise: 6:07AM		Sarvari 5122
	Yama	2:45PM – 4:11PM	Athiganda* Until 8:03PM	Muruqa: White	Sunset: 5:37PM	Moon 1 - Phase 43	
942484467	Rahu	10:26AM – 11:52AM	Visti Until 12:23AM Sat	Nataraja: Clear		Purnima	
Kataka Rasi: 27.38	Tithi 14 – 15		Chaturdashi* Until 1:20PM	Moon – Blue	Sivaloka Day		
Routine Work	Marana Yoga						

Chidambaram Abhishekam

6	Saturday, February 27, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Manama, Bahrain
	Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau						Sutra 321
	Gulika	6:06AM – 7:32AM	Magha* Until 8:47AM	Ganesha: White	Sunrise: 6:06AM		Sarvari 5122
	Yama	1:18PM – 2:45PM	Sukarma Until 5:05PM	Muruqa: White	Sunset: 5:38PM	Moon 1 - Phase 43	
952484467	Rahu	8:59AM – 10:25AM	Balava Until 10:06PM	Nataraja: Clear		Prathama	
Simha Rasi: 11.4	Tithi 15 – 16		Purnima* Until 11:17AM	Moon – Red	Subha Sivaloka Day		
Creative Work	Amrita Yoga						
Until 8:47AM							
Then Creative Work - Siddha Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

www.gurudeva.org/panchang



Sunday, February 28, 2021

Gold Retreat Star

Simha Rasi: 26.01 Tithi 16 - 17

952584467

Creative Work Siddha Yoga

Until 7:04AM

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uтарыaphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Prathama/Dvilyayam Titau

Gulika 2:45PM - 4:12PM
Yama 11:52AM - 1:18PM
Rahu 4:12PM - 5:39PM

Purvaphalguni Until 7:04AM
Dhriti Until 1:50PM
Taitila Until 7:30PM
Prathama* Until 8:49AM

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 6:05AM
Sunset: 5:39PM

Manama, Bahrain
Sutra 322
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Sivaloka Day

1

Monday, March 1, 2021

Kanya Rasi: 10.32 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

962584467

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Dviliya/Trilyayam Titau

Gulika 1:18PM - 2:45PM
Yama 10:24AM - 11:51AM
Rahu 7:30AM - 8:57AM

Hasta Until 3:01AM Tue
Shula* Until 10:23AM
Visti Until 3:17AM Tue
Dvitiya Until 6:06AM

Ganesha: Purple
Muruqa: White
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:03AM
Sunset: 5:40PM

Manama, Bahrain
Sun 1 Sutra 323
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Devaloka Day

2

Tuesday, March 2, 2021

Kanya Rasi: 25.08 Tithi 19

Creative Work Siddha Yoga

962584467

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:51AM - 1:18PM
Yama 8:57AM - 10:24AM
Rahu 2:46PM - 4:13PM

Chitra Until 12:59AM Wed
Ganda* Until 6:54AM
Bava Until 1:54PM
Chaturthi* Until 12:30AM Wed

Ganesha: Purple
Muruqa: White
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:02AM
Sunset: 5:40PM

Manama, Bahrain
Sun 2 Sutra 324
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Devaloka Day

Maha Sankatahara Chaturthi

3

Wednesday, March 3, 2021

Tula Rasi: 9.41 Tithi 20

Creative Work Siddha Yoga

962584467

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:23AM - 11:51AM
Yama 7:28AM - 8:56AM
Rahu 11:51AM - 1:18PM

Svati Until 10:57PM
Dhruva Until 12:09AM Thu
Kaulava Until 11:11AM
Panchami Until 9:53PM

Ganesha: Purple
Muruqa: White
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:01AM
Sunset: 5:41PM

Manama, Bahrain
Sun 3 Sutra 325
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Devaloka Day

4

Thursday, March 4, 2021

Tula Rasi: 24.07 Tithi 21

Creative Work Siddha Yoga

972584467

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:55AM - 10:23AM
Yama 6:00AM - 7:28AM
Rahu 1:18PM - 2:46PM

Vishakha Until 9:27PM
Vyaghata* Until 9:03PM
Gara Until 8:41AM
Shashthi* Until 7:30PM

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:00AM
Sunset: 5:41PM

Manama, Bahrain
Sun 4 Sutra 326
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Sivaloka Day

5

Friday, March 5, 2021

Vrischika Rasi: 8.22 Tithi 22 - 23

Creative Work Siddha Yoga

Until 8:08PM

Then Routine Work - Marana Yoga

172584467

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:27AM - 8:55AM
Yama 2:46PM - 4:14PM
Rahu 10:23AM - 11:50AM

Anuradha Until 8:08PM
Harshana Until 6:14PM
Visti Until 6:27AM
Saptami Until 5:26PM

Ganesha: Yellow
Muruqa: White
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 5:59AM
Sunset: 5:42PM

Manama, Bahrain
Sun 5 Sutra 327
Sarvari 5122
Moon 2 - Phase 44
1st Phase

Sivaloka Day

D

Saturday, March 6, 2021

Retreat Star

Vrischika Rasi: 22.23 Tithi 23 - 24

Creative Work Siddha Yoga

172584467

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:58AM - 7:26AM
Yama 1:18PM - 2:46PM
Rahu 8:54AM - 10:22AM

Jyeshtha* Until 7:00PM
Vajra* Until 3:39PM
Taitila Until 3:00AM Sun
Ashtami* Until 3:43PM

Ganesha: Yellow
Muruqa: White
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 5:58AM
Sunset: 5:42PM

Manama, Bahrain
Sun 6 Sutra 328
Sarvari 5122
Moon 2 - Phase 44
Ashtami

Sivaloka Day

Sunday, March 7, 2021

Retreat Star

Dhanus Rasi: 6.12 Tithi 24 - 25

Creative Work Amrita Yoga

Until 6:31PM

Then Creative Work - Siddha Yoga

182584467

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 2:46PM - 4:15PM
Yama 11:50AM - 1:18PM
Rahu 4:15PM - 5:43PM

Mula* Until 6:31PM
Siddhi Until 1:22PM
Vanija Until 1:48AM Mon
Navami* Until 2:20PM

Ganesha: Blue
Muruqa: White
Nataraja: Clear
Moon - Light Blue
Magha-Masi

Sunrise: 5:57AM
Sunset: 5:43PM

Manama, Bahrain
Sun 7 Sutra 329
Sarvari 5122
Moon 2 - Phase 44
Navami

Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time


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1	Monday, March 8, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vyalipata/Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 8 Sutra 330
	Dhanus Rasi: 19.49	Tithi 25 – 26	Gulika 1:18PM – 2:47PM	Purvashadha* Until 6:12PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM	Sarvari 5122
	Family Home Evening	182584467	Yama 10:21AM – 11:50AM	Vyatipata* Until 11:22AM	Muruqa: White	<i>Sunset:</i> 5:43PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	Rahu 7:24AM – 8:53AM	Bava Until 12:56AM Tue	Nataraja: Clear		2nd Phase
			Dashami Until 1:18PM	Moon – Light Blue	Devaloka Day		
			Magha-Masi				

2	Tuesday, March 9, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 9 Sutra 331
	Makara Rasi: 3.13	Tithi 26 – 27	Gulika 11:50AM – 1:18PM	Uttarashadha Until 6:05PM	Ganesha: Blue	<i>Sunrise:</i> 5:55AM	Sarvari 5122
		182584467	Yama 8:52AM – 10:21AM	Variyan Until 9:36AM	Muruqa: White	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 45
	Routine Work	Prabalarishta Yoga	Rahu 2:47PM – 4:15PM	Kaulava Until 12:24AM Wed	Nataraja: Clear		2nd Phase
			Ekadashi* Until 12:36PM	Moon – Light Blue	Devaloka Day		
			Magha-Masi				

3	Wednesday, March 10, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 10 Sutra 332
	Makara Rasi: 16.27	Tithi 27 – 28	Gulika 10:20AM – 11:49AM	Shravana Until 6:35PM	Ganesha: Green	<i>Sunrise:</i> 5:54AM	Sarvari 5122
		193584467	Yama 7:23AM – 8:52AM	Parigha* Until 8:07AM	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 45
	Creative Work	Siddha Yoga	Rahu 11:49AM – 1:18PM	Gara Until 12:12AM Thu	Nataraja: Clear		2nd Phase
			Dvadashi* Until 12:14PM	Moon – Purple	Subha Sivaloka Day		
			<i>Pradosha Vrata (Fasting)</i>				

4	Thursday, March 11, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 11 Sutra 333
	Makara Rasi: 29.31	Tithi 28 – 29	Gulika 8:51AM – 10:20AM	Dhanishtha Until 7:17PM	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Sarvari 5122
		193584467	Yama 5:53AM – 7:22AM	Shiva Until 6:56AM	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 45
	Creative Work	Siddha Yoga	Rahu 1:18PM – 2:47PM	Visti Until 12:22AM Fri	Nataraja: Clear		2nd Phase
			Trayodashi* Until 12:13PM	Moon – Purple	Subha Sivaloka Day		
			Mahasivaratri (Lunar)				
			Mahasivaratri (Solar)				

	Friday, March 12, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain Sun 12 Sutra 334
	Retreat Star		Gulika 7:21AM – 8:50AM	Shatabhishak Until 8:12PM	Ganesha: Green	<i>Sunrise:</i> 5:52AM	Sarvari 5122
	Kumbha Rasi: 12.23	Tithi 29 – 30	Yama 2:47PM – 4:16PM	Siddha Until 6:00AM	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 45
		193584467	Rahu 10:20AM – 11:49AM	Catuspada Until 12:57AM Sat	Nataraja: Clear		Amavasya
			Chaturdashi* Until 12:35PM	Moon – Purple	Subha Sivaloka Day		
			Magha-Masi				

5	Saturday, March 13, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 13 Sutra 335
	Retreat Star		Gulika 5:51AM – 7:20AM	Purvaproshtpada* Until 9:52PM	Ganesha: Orange	<i>Sunrise:</i> 5:51AM	Sarvari 5122
	Kumbha Rasi: 25.03	Tithi 30 – 1	Yama 1:18PM – 2:47PM	Subha Until 5:09AM Sun	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 45
		113584467	Rahu 8:50AM – 10:19AM	Kintughna Until 1:57AM Sun	Nataraja: Clear		Prathama
			Amavasya* Until 1:22PM	Moon – Clear	Sivaloka Day		
			Phalguna-Masi				

1		Sunday, March 14, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Manama, Bahrain Sun 14 Sutra 336	
Meena Rasi: 7.32	Tithi 1 – 2	Gulika 2:47PM – 4:17PM	Uttaraproshtapada Until 11:48PM	Ganesha: Orange	<i>Sunrise:</i> 5:50AM		Sarvari 5122
		Yama 11:48AM – 1:18PM	Sukla Until 5:14AM Mon	Muruqa: White	<i>Sunset:</i> 5:47PM		Moon 2 - Phase 46
113584467	Rahu 4:17PM – 5:47PM		Balava Until 3:26AM Mon	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga			Moon – Clear		Sivaloka Day	
		Karadaiyan Nombu (Tamil Nadu)		Prathama* Until 2:37PM		Phalgun-Panguni	

2		Monday, March 15, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Brahma Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Manama, Bahrain Sun 15 Sutra 337	
Meena Rasi: 19.48	Tithi 2 – 3	Gulika 1:18PM – 2:47PM	Revati Until 2:02AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:49AM		Sarvari 5122
Family Home Evening		Yama 10:18AM – 11:48AM	Brahma Until 5:41AM Tue	Muruqa: White	<i>Sunset:</i> 5:47PM		Moon 2 - Phase 46
113584468	Rahu 7:19AM – 8:48AM		Taitila Until 5:22AM Tue	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:19PM	Moon – Clear		Subha Sivaloka Day	
				Phalgun-Panguni			

3		Tuesday, March 16, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Indra Yoga Gara Karana Tritiyayam Titau		Manama, Bahrain Sun 16 Sutra 338	
Mesha Rasi: 1.53	Tithi 3	Gulika 11:48AM – 1:18PM	Ashvini Until 4:58AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:48AM		Sarvari 5122
		Yama 8:48AM – 10:18AM	Indra Until 6:26AM Wed	Muruqa: White	<i>Sunset:</i> 5:48PM		Moon 2 - Phase 46
123584468	Rahu 2:48PM – 4:18PM		Gara Until 6:28PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:28PM	Moon – White		Subha Sivaloka Day	
				Phalgun-Panguni			

4		Wednesday, March 17, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau		Manama, Bahrain Sun 17 Sutra 339	
Mesha Rasi: 13.5	Tithi 4	Gulika 10:17AM – 11:47AM	Bharani Until 8:02AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:47AM		Sarvari 5122
		Yama 7:17AM – 8:47AM	Indra Until 6:26AM	Muruqa: White	<i>Sunset:</i> 5:48PM		Moon 2 - Phase 46
123584468	Rahu 11:47AM – 1:18PM		Vanija Until 7:42AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:57PM	Moon – White		Subha Sivaloka Day	
Until 8:02AM Thu				Phalgun-Panguni			
Then Routine Work - Marana Yoga							

5		Thursday, March 18, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 340	
Mesha Rasi: 25.4	Tithi 5	Gulika 8:46AM – 10:17AM	Bharani Until 8:02AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM		Sarvari 5122
		Yama 5:46AM – 7:16AM	Vaidhriti* Until 7:23AM	Muruqa: White	<i>Sunset:</i> 5:48PM		Moon 2 - Phase 46
123584468	Rahu 1:17PM – 2:48PM		Bava Until 10:18AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 11:38PM	Moon – White		Subha Sivaloka Day	
Until 8:02AM				Phalgun-Panguni			
Then Routine Work - Marana Yoga							

6		Friday, March 19, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Shashthyam Titau		Manama, Bahrain Sun 19 Sutra 341	
Vrishabha Rasi: 7.26	Tithi 6	Gulika 7:15AM – 8:46AM	Krittika Until 11:01AM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM		Sarvari 5122
		Yama 2:48PM – 4:18PM	Vishkambha* Until 8:26AM	Muruqa: White	<i>Sunset:</i> 5:49PM		Moon 2 - Phase 46
123584468	Rahu 10:16AM – 11:47AM		Kaulava Until 1:00PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:17AM Sat	Moon – White		Subha Sivaloka Day	
Until 11:01AM				Phalgun-Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Saturday, March 20, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau		Manama, Bahrain Sun 20 Sutra 342	
Vrishabha Rasi: 19.15	Tithi 7	Gulika 5:43AM – 7:14AM	Rohini Until 2:14PM	Ganesha: Purple	<i>Sunrise:</i> 5:43AM		Sarvari 5122
		Yama 1:17PM – 2:48PM	Priti Until 9:25AM	Muruqa: White	<i>Sunset:</i> 5:49PM		Moon 2 - Phase 46
133584468	Rahu 8:45AM – 10:16AM		Gara Until 3:33PM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga		Saptami Until 4:40AM Sun	Moon – Yellow		Subha Subha Sivaloka Day	
Until 2:14PM				Phalgun-Panguni			
Then Creative Work - Siddha Yoga							

Retreat Star		Sunday, March 21, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau		Manama, Bahrain Sun 21 Sutra 343	
Mithuna Rasi: 1.1	Tithi 8	Gulika 2:48PM – 4:19PM	Mrigashira Until 4:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM		Sarvari 5122
		Yama 11:46AM – 1:17PM	Ayushman Until 10:08AM	Muruqa: White	<i>Sunset:</i> 5:50PM		Moon 2 - Phase 46
133584468	Rahu 4:19PM – 5:50PM		Visti Until 5:42PM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:32AM Mon	Moon – Yellow		Subha Subha Sivaloka Day	
				Phalgun-Panguni			

Retreat Star		Monday, March 22, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Manama, Bahrain Sun 22 Sutra 344	
Mithuna Rasi: 13.19	Tithi 8 – 9	Gulika 1:17PM – 2:48PM	Ardra Until 6:48PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM		Sarvari 5122
Family Home Evening		Yama 10:15AM – 11:46AM	Saubhagya Until 10:25AM	Muruqa: White	<i>Sunset:</i> 5:50PM		Moon 2 - Phase 46
133584468	Rahu 7:12AM – 8:44AM		Balava Until 7:13PM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga		Ashtami* Until 6:32AM	Moon – Yellow		Subha Subha Sivaloka Day	
Until 6:48PM				Phalgun-Panguni			
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Tuesday, March 23, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Manama, Bahrain Sun 23 Sutra 346	
Mithuna Rasi: 25.45	Tithi 9 – 10	Gulika 11:46AM – 1:17PM	Punarvasu Until 8:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM	Sarvari 5122	
		Yama 8:43AM – 10:14AM	Sobhana Until 10:08AM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 47	
143584468	Rahu 2:48PM – 4:20PM		Taitila Until 7:55PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 7:39AM	Moon – Blue		Subha Sivaloka Day	
				Phalguna-Panguni			
2		Wednesday, March 24, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 346	
Kataka Rasi: 8.35	Tithi 10 – 11	Gulika 10:14AM – 11:45AM	Pushya Until 8:42PM	Ganesha: White	<i>Sunrise:</i> 5:39AM	Sarvari 5122	
		Yama 7:11AM – 8:42AM	Athiganda* Until 9:10AM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 47	
144584468	Rahu 11:45AM – 1:17PM		Vanija Until 7:44PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 7:55AM	Moon – Blue		Sivaloka Day	
				Phalguna-Panguni			
3		Thursday, March 25, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 347	
Kataka Rasi: 21.52	Tithi 11 – 12	Gulika 8:42AM – 10:13AM	Ashlesha* Until 8:08PM	Ganesha: White	<i>Sunrise:</i> 5:38AM	Sarvari 5122	
		Yama 5:38AM – 7:10AM	Sukarma Until 7:31AM	Muruqa: White	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 47	
144584468	Rahu 1:17PM – 2:48PM		Bava Until 6:41PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 7:17AM	Moon – Blue		Sivaloka Day	
Until 8:08PM		Yogaswami Mahasamadhi		Phalguna-Panguni			
Then Creative Work - Amrita Yoga							
4		Friday, March 26, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 348	
Simha Rasi: 5.37	Tithi 13	Gulika 7:09AM – 8:41AM	Magha* Until 7:07PM	Ganesha: White	<i>Sunrise:</i> 5:37AM	Sarvari 5122	
		Yama 2:48PM – 4:20PM	Shula* Until 2:20AM Sat	Muruqa: White	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 47	
154684468	Rahu 10:13AM – 11:45AM		Kaulava Until 4:51PM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 3:40AM Sat	Moon – Red		Subha Subha Sivaloka Day	
Until 7:07PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				
5		Saturday, March 27, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 349	
Simha Rasi: 19.49	Tithi 14	Gulika 5:36AM – 7:08AM	Purvaphalguni Until 5:20PM	Ganesha: White	<i>Sunrise:</i> 5:36AM	Sarvari 5122	
		Yama 1:16PM – 2:49PM	Ganda* Until 10:59PM	Muruqa: White	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 47	
154684468	Rahu 8:40AM – 10:12AM		Gara Until 2:23PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:57AM Sun	Moon – Red		Subha Subha Sivaloka Day	
Until 5:20PM				Phalguna-Panguni			
Then Routine Work - Marana Yoga							
○		Sunday, March 28, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau		Manama, Bahrain Sutra 350	
Copper Retreat Star		Gulika 2:49PM – 4:21PM	Uttaraphalguni Until 2:57PM	Ganesha: White	<i>Sunrise:</i> 5:35AM	Sarvari 5122	
Kanya Rasi: 4.23	Tithi 15	Yama 11:44AM – 1:16PM	Vriddhi Until 7:18PM	Muruqa: White	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 47	
		Rahu 4:21PM – 5:53PM	Visti Until 11:26AM	Nataraja: Purple		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 9:49PM	Moon – Red		Subha Subha Sivaloka Day	
		Panguni Uttiram		Phalguna-Panguni			
		Holi					
Monday, March 29, 2021		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Manama, Bahrain Sutra 351	
Kanya Rasi: 19.14	Tithi 16	Gulika 1:16PM – 2:49PM	Hasta Until 12:32PM	Ganesha: Yellow	<i>Sunrise:</i> 5:34AM	Sarvari 5122	
Family Home Evening		Yama 10:11AM – 11:44AM	Dhruva Until 3:23PM	Muruqa: White	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 47	
164684468	Rahu 7:06AM – 8:39AM		Balava Until 8:10AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 6:26PM	Moon – Green		Subha Sivaloka Day	
Until 12:32PM				Phalguna-Panguni			
Then Routine Work - Prabalarishta Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 30, 2021

Gold Retreat Star

Tula Rasi: 4.14 Tithi 17 - 18

Creative Work Siddha Yoga

164684468

Gulika 11:43AM - 1:16PM
Yama 8:38AM - 10:11AM
Rahu 2:49PM - 4:21PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chitra Until 9:53AM
Vyaghata* Until 11:25AM
Vanija Until 1:20AM Wed
Dvitiya Until 3:00PM

Ganesha: Yellow Sunrise: 5:33AM
Muruga: White Sunset: 5:54PM
Nataraja: Purple
Moon - Green
Phalgun-Panguni

Manama, Bahrain
Sun 1 Sutra 352
Sarvari 5122
Moon 3 - Phase 48
1st Phase

Subha Sivaloka Day

1

Wednesday, March 31, 2021

Tula Rasi: 19.11 Tithi 18 - 19

Creative Work Siddha Yoga

164684468

Gulika 10:10AM - 11:43AM
Yama 7:05AM - 8:37AM
Rahu 11:43AM - 1:16PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Svati Until 7:09AM
Harshana Until 7:30AM
Bava Until 10:05PM
Tritiya Until 11:39AM

Ganesha: Yellow Sunrise: 5:32AM
Muruga: White Sunset: 5:55PM
Nataraja: Purple
Moon - Green
Phalgun-Panguni

Manama, Bahrain
Sun 2 Sutra 353
Sarvari 5122
Moon 3 - Phase 48
1st Phase

Subha Sivaloka Day

2

Thursday, April 1, 2021

Vrischika Rasi: 4 Tithi 19 - 20

Creative Work Siddha Yoga

Until 2:49AM Fri

Then Routine Work - Marana Yoga

174684468

Gulika 8:37AM - 10:10AM
Yama 5:32AM - 7:05AM
Rahu 1:16PM - 2:49PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anuradha Until 2:49AM Fri
Siddhi Until 12:15AM Fri
Kaulava Until 7:08PM
Chaturthi* Until 8:32AM

Ganesha: Blue Sunrise: 5:32AM
Muruga: White Sunset: 5:55PM
Nataraja: Purple
Moon - Orange
Phalgun-Panguni

Manama, Bahrain
Sun 3 Sutra 354
Sarvari 5122
Moon 3 - Phase 48
1st Phase

Subha Subha Sivaloka Day

3

Friday, April 2, 2021

Vrischika Rasi: 18.34 Tithi 21

Routine Work Marana Yoga

Until 1:04AM Sat

Then Creative Work - Siddha Yoga

174684468

Gulika 7:04AM - 8:37AM
Yama 2:49PM - 4:22PM
Rahu 10:10AM - 11:43AM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Jyeshtha* Until 1:04AM Sat
Vyatipata* Until 9:09PM
Gara Until 4:35PM
Shashthi* Until 3:29AM Sat

Ganesha: Blue Sunrise: 5:31AM
Muruga: White Sunset: 5:55PM
Nataraja: Purple
Moon - Orange
Phalgun-Panguni

Manama, Bahrain
Sun 4 Sutra 355
Sarvari 5122
Moon 3 - Phase 48
1st Phase

Subha Subha Sivaloka Day

4

Saturday, April 3, 2021

Dhanus Rasi: 2.48 Tithi 22

Creative Work Siddha Yoga

184684468

Gulika 5:30AM - 7:03AM
Yama 1:16PM - 2:49PM
Rahu 8:36AM - 10:09AM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Varyan Yoga Visti/Bava Karana Saptamyam Titau

Mula* Until 12:07AM Sun
Varyan Until 6:25PM
Visti Until 2:32PM
Saptami Until 1:42AM Sun

Ganesha: Red Sunrise: 5:30AM
Muruga: White Sunset: 5:56PM
Nataraja: Purple
Moon - Light Blue
Phalgun-Panguni

Manama, Bahrain
Sun 5 Sutra 356
Sarvari 5122
Moon 3 - Phase 48
1st Phase

Subha Sivaloka Day

D

Sunday, April 4, 2021

Retreat Star

Dhanus Rasi: 16.42 Tithi 23

Creative Work Siddha Yoga

Until 11:34PM

Then Creative Work - Amrita Yoga

184684468

Gulika 2:49PM - 4:23PM
Yama 11:42AM - 1:16PM
Rahu 4:23PM - 5:56PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Purvashadha* Until 11:34PM
Parigha* Until 4:10PM
Balava Until 1:03PM
Ashtami* Until 12:29AM Mon

Ganesha: Red Sunrise: 5:28AM
Muruga: White Sunset: 5:56PM
Nataraja: Purple
Moon - Light Blue
Phalgun-Panguni

Manama, Bahrain
Sun 6 Sutra 357
Sarvari 5122
Moon 3 - Phase 48
Ashtami

Subha Sivaloka Day

Monday, April 5, 2021

Retreat Star

Makara Rasi: 0.16 Tithi 24

Family Home Evening

Routine Work Marana Yoga

Until 11:25PM

Then Creative Work - Amrita Yoga

185684468

Gulika 1:16PM - 2:49PM
Yama 10:08AM - 11:42AM
Rahu 7:01AM - 8:35AM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

Uttarashadha Until 11:25PM
Shiva Until 2:22PM
Taitila Until 12:06PM
Navami* Until 11:49PM

Ganesha: Green Sunrise: 5:27AM
Muruga: White Sunset: 5:57PM
Nataraja: Purple
Moon - Light Blue
Phalgun-Panguni

Manama, Bahrain
Sun 7 Sutra 358
Sarvari 5122
Moon 3 - Phase 48
Navami

Sivaloka Day

1		Tuesday, April 6, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Visiti* Karana Dashamyam Titau			Manama, Bahrain Sun 8 Sutra 359
Makara Rasi: 13.31	Tithi 25	Gulika 11:42AM – 1:15PM	Shravana Until 12:05AM Wed	Ganesha: Orange <i>Sunrise: 5:26AM</i>			Sarvari 5122
		Yama 8:34AM – 10:08AM	Siddha Until 12:58PM	Muruqa: White <i>Sunset: 5:57PM</i>			Moon 3 - Phase 49
		195684468 Rahu 2:49PM – 4:23PM	Vanija Until 11:42AM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:41PM	Moon – Purple		Subha Sivaloka Day	
Until 12:05AM Wed				Phalguna-Panguni			
Then Routine Work - Prabalarishta Yoga							

2		Wednesday, April 7, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau			Manama, Bahrain Sun 9 Sutra 360
Makara Rasi: 26.3	Tithi 26	Gulika 10:07AM – 11:41AM	Dhanishtha Until 1:03AM Thu	Ganesha: Orange <i>Sunrise: 5:25AM</i>			Sarvari 5122
		Yama 6:59AM – 8:33AM	Sadhya Until 11:58AM	Muruqa: White <i>Sunset: 5:57PM</i>			Moon 3 - Phase 49
		195684468 Rahu 11:41AM – 1:15PM	Bava Until 11:49AM	Nataraja: Purple			2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 12:01AM Thu	Moon – Purple		Subha Sivaloka Day	
Until 1:03AM Thu				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

3		Thursday, April 8, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau			Manama, Bahrain Sun 10 Sutra 361
Kumbha Rasi: 9.16	Tithi 27	Gulika 8:33AM – 10:07AM	Shatabhishak Until 2:18AM Fri	Ganesha: Orange <i>Sunrise: 5:24AM</i>			Sarvari 5122
		Yama 5:24AM – 6:58AM	Subha Until 11:21AM	Muruqa: White <i>Sunset: 5:58PM</i>			Moon 3 - Phase 49
		195684468 Rahu 1:15PM – 2:50PM	Kaulava Until 12:23PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 12:48AM Fri	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

4		Friday, April 9, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau			Manama, Bahrain Sun 11 Sutra 362
Kumbha Rasi: 21.5	Tithi 28	Gulika 6:58AM – 8:32AM	Purvaproshtapada* Until 4:16AM Sat	Ganesha: Light Blue <i>Sunrise: 5:23AM</i>			Sarvari 5122
		Yama 2:50PM – 4:24PM	Sukla Until 11:02AM	Muruqa: White <i>Sunset: 5:58PM</i>			Moon 3 - Phase 49
		115684468 Rahu 10:06AM – 11:41AM	Gara Until 1:22PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 1:59AM Sat	Moon – Clear		Sivaloka Day	
				Phalguna-Panguni			
				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, April 10, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Manama, Bahrain Sun 12 Sutra 363
Meena Rasi: 4.13	Tithi 29	Gulika 5:22AM – 6:57AM	Uttaraproshtapada Until 6:26AM Sun	Ganesha: Light Blue <i>Sunrise: 5:22AM</i>			Sarvari 5122
		Yama 1:15PM – 2:50PM	Brahma Until 11:02AM	Muruqa: White <i>Sunset: 5:59PM</i>			Moon 3 - Phase 49
		115684468 Rahu 8:31AM – 10:06AM	Visti Until 2:45PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:33AM Sun	Moon – Clear		Sivaloka Day	
Until 6:26AM Sun				Phalguna-Panguni			
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, April 11, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Manama, Bahrain Sun 13 Sutra 364
Meena Rasi: 16.26	Tithi 30	Gulika 2:50PM – 4:25PM	Uttaraproshtapada Until 6:26AM	Ganesha: Light Blue <i>Sunrise: 5:21AM</i>			Sarvari 5122
		Yama 11:40AM – 1:15PM	Indra Until 11:21AM	Muruqa: White <i>Sunset: 5:59PM</i>			Moon 3 - Phase 49
		115684468 Rahu 4:25PM – 5:59PM	Catuspada Until 4:30PM	Nataraja: Purple			Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 5:30AM Mon	Moon – Clear		Sivaloka Day	
				Phalguna-Panguni			


Retreat Star		Monday, April 12, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili*/Vishkambha* Yoga Kintughna* Karana Prathamayam Titau			Manama, Bahrain Sun 14 Sutra 1
Meena Rasi: 28.31	Tithi 1	Gulika 1:15PM – 2:50PM	Revati Until 8:47AM	Ganesha: Light Blue <i>Sunrise: 5:20AM</i>			Sarvari 5122
Family Home Evening		Yama 10:05AM – 11:40AM	Vaidhrili* Until 11:54AM	Muruqa: White <i>Sunset: 6:00PM</i>			Moon 3 - Phase 49
		115684468 Rahu 6:55AM – 8:30AM	Kintughna Until 6:37PM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:45AM Tue	Moon – Clear		Sivaloka Day	
		Chellappaswami Mahasamadhi		Chaitra-Panguni			

1		Tuesday, April 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*Priti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Manama, Bahrain Sun 15 Sutra 2	
Mesha Rasi: 10.28	Tithi 1 – 2	Gulika 11:40AM – 1:15PM	Ashvini Until 11:47AM	Ganesha: Purple	Sunrise: 5:19AM		Plava 5123
		Yama 8:29AM – 10:05AM	Vishkambha* Until 12:42PM	Muruqa: White	Sunset: 6:00PM		Moon 3 - Phase 1
125684468		Rahu 2:50PM – 4:25PM	Balava Until 9:01PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga			Moon – White		Sivaloka Day	
		Tamil New Year		Prathama* Until 7:45AM		Chaitra*Chaitra	
2		Wednesday, April 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Manama, Bahrain Sun 16 Sutra 3	
Mesha Rasi: 22.19	Tithi 2 – 3	Gulika 10:04AM – 11:39AM	Bharani Until 2:50PM	Ganesha: Light Blue	Sunrise: 5:18AM		Plava 5123
		Yama 6:53AM – 8:29AM	Priti Until 1:43PM	Muruqa: White	Sunset: 6:01PM		Moon 3 - Phase 1
225684468		Rahu 11:39AM – 1:15PM	Taitila Until 11:37PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga			Moon – White		Sivaloka Day	
Until 2:50PM			Dvitiya Until 10:17AM	Chaitra*Chaitra			
Then Creative Work - Amrita Yoga							
3		Thursday, April 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Manama, Bahrain Sun 17 Sutra 4	
Wrishabha Rasi: 4.06	Tithi 3 – 4	Gulika 8:28AM – 10:04AM	Krittika Until 5:50PM	Ganesha: Purple	Sunrise: 5:17AM		Plava 5123
		Yama 5:17AM – 6:53AM	Ayushman Until 2:47PM	Muruqa: White	Sunset: 6:01PM		Moon 3 - Phase 1
226684468		Rahu 1:15PM – 2:50PM	Vanija Until 2:18AM Fri	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga			Moon – White		Sivaloka Day	
			Tritiya Until 12:56PM	Chaitra*Chaitra			
4		Friday, April 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 5	
Wrishabha Rasi: 15.52	Tithi 4 – 5	Gulika 6:52AM – 8:28AM	Rohini Until 9:09PM	Ganesha: Light Blue	Sunrise: 5:16AM		Plava 5123
		Yama 2:50PM – 4:26PM	Saubhagya Until 3:51PM	Muruqa: White	Sunset: 6:02PM		Moon 3 - Phase 1
236684468		Rahu 10:03AM – 11:39AM	Bava Until 4:53AM Sat	Nataraja: Purple			3rd Phase
Routine Work	Marana Yoga			Moon – Yellow		Sivaloka Day	
Until 9:09PM			Chaturthi* Until 3:36PM	Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							
5		Saturday, April 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Balava Karana Panchamyam Titau		Manama, Bahrain Sun 19 Sutra 6	
Wrishabha Rasi: 27.41	Tithi 5	Gulika 5:15AM – 6:51AM	Mrigashira Until 12:04AM Sun	Ganesha: Light Blue	Sunrise: 5:15AM		Plava 5123
		Yama 1:15PM – 2:50PM	Sobhana Until 4:48PM	Muruqa: White	Sunset: 6:02PM		Moon 3 - Phase 1
236684468		Rahu 8:27AM – 10:03AM	Balava Until 6:04PM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga			Moon – Yellow		Sivaloka Day	
			Panchami Until 6:04PM	Chaitra*Chaitra			
6		Sunday, April 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau		Manama, Bahrain Sun 20 Sutra 7	
Mithuna Rasi: 9.37	Tithi 6	Gulika 2:51PM – 4:27PM	Ardra Until 2:23AM Mon	Ganesha: Light Blue	Sunrise: 5:14AM		Plava 5123
		Yama 11:38AM – 1:15PM	Athiganda* Until 5:25PM	Muruqa: White	Sunset: 6:03PM		Moon 3 - Phase 1
236684468		Rahu 4:27PM – 6:03PM	Kaulava Until 7:11AM	Nataraja: Purple			3rd Phase
Creative Work	Siddha Yoga			Moon – Yellow		Sivaloka Day	
Until 2:23AM Mon			Shashthi* Until 8:07PM	Chaitra*Chaitra			
Then Creative Work - Amrita Yoga							
Retreat Star		Monday, April 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Saptamyam Titau		Manama, Bahrain Sun 21 Sutra 8	
Mithuna Rasi: 21.45	Tithi 7	Gulika 1:14PM – 2:51PM	Punarvasu Until 4:24AM Tue	Ganesha: Orange	Sunrise: 5:13AM		Plava 5123
Family Home Evening		Yama 10:02AM – 11:38AM	Sukarma Until 5:36PM	Muruqa: White	Sunset: 6:03PM		Moon 3 - Phase 1
246684468		Rahu 6:50AM – 8:26AM	Gara Until 8:57AM	Nataraja: Purple			3rd Phase
Creative Work	Amrita Yoga			Moon – Blue		Subha Sivaloka Day	
Until 4:24AM Tue			Saptami Until 9:34PM	Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							
Retreat Star		Tuesday, April 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtamyam Titau		Manama, Bahrain Sun 22 Sutra 9	
Kataka Rasi: 4.1	Tithi 8	Gulika 11:38AM – 1:14PM	Pushya Until 5:29AM Wed	Ganesha: Clear	Sunrise: 5:12AM		Plava 5123
		Yama 8:25AM – 10:02AM	Dhriti Until 5:14PM	Muruqa: White	Sunset: 6:04PM		Moon 3 - Phase 1
246784468		Rahu 2:51PM – 4:27PM	Visti Until 10:02AM	Nataraja: Purple			Ashtami
Creative Work	Siddha Yoga			Moon – Blue		Subha Sivaloka Day	
			Ashtami* Until 10:16PM	Chaitra*Chaitra			
Retreat Star		Wednesday, April 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 23 Sutra 10	
Kataka Rasi: 16.56	Tithi 9	Gulika 10:01AM – 11:38AM	Ashlesha* Until 5:36AM Thu	Ganesha: Clear	Sunrise: 5:11AM		Plava 5123
		Yama 6:48AM – 8:25AM	Shula* Until 4:12PM	Muruqa: White	Sunset: 6:04PM		Moon 3 - Phase 1
246784468		Rahu 11:38AM – 1:14PM	Balava Until 10:19AM	Nataraja: Purple			Navami
Creative Work	Siddha Yoga			Moon – Blue		Subha Sivaloka Day	
Until 5:36AM Thu		Sri Rama Navami	Navami* Until 10:06PM	Chaitra*Chaitra			
Then Creative Work - Amrita Yoga							

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time

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1		Thursday, April 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau		Manama, Bahrain Sun 24 Sutra 11	
Simha Rasi: 0.08	Tithi 10	Gulika Yama	8:24AM – 10:01AM 5:10AM – 6:47AM	Magha* Until 5:10AM Fri Ganda* Until 2:29PM	Ganesha: Green Muruqa: White	Sunrise: 5:10AM Sunset: 6:05PM	Plava 5123 Moon 3 - Phase 2 4th Phase
		257784468 Rahu	1:14PM – 2:51PM	Taitila Until 9:43AM Dashami Until 9:05PM	Nataraja: Purple Moon – Red		Sivaloka Day
Creative Work Amrita Yoga Until 5:10AM Fri Then Creative Work - Siddha Yoga				Chaitra*Chaitra			
2		Friday, April 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau		Manama, Bahrain Sun 25 Sutra 12	
Simha Rasi: 13.49	Tithi 11	Gulika Yama	6:47AM – 8:23AM 2:51PM – 4:28PM	Purvaphalguni Until 3:49AM Sat Vriddhi Until 12:07PM	Ganesha: Green Muruqa: White	Sunrise: 5:10AM Sunset: 6:05PM	Plava 5123 Moon 3 - Phase 2 4th Phase
		257784468 Rahu	10:00AM – 11:37AM	Vanija Until 8:17AM Ekadashi Until 7:16PM	Nataraja: Purple Moon – Red		Sivaloka Day
Creative Work Siddha Yoga Until 3:49AM Sat Then Routine Work - Marana Yoga				Chaitra*Chaitra			
3		Saturday, April 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Nyaghata* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 13	
Simha Rasi: 27.58	Tithi 12 – 13	Gulika Yama	5:09AM – 6:46AM 1:14PM – 2:51PM	Uttaraphalguni Until 1:42AM Sun Dhruva Until 9:08AM	Ganesha: Green Muruqa: White	Sunrise: 5:09AM Sunset: 6:06PM	Plava 5123 Moon 3 - Phase 2 4th Phase
		257784469 Rahu	8:23AM – 10:00AM	Bava Until 6:06AM Dvadashi Until 4:45PM	Nataraja: Clear Moon – Red		Devaloka Day
Routine Work Marana Yoga Until 1:42AM Sun Then Creative Work - Amrita Yoga				Chaitra*Chaitra		Pradosha Vrata	
4		Sunday, April 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 14	
Kanya Rasi: 12.32	Tithi 13 – 14	Gulika Yama	2:52PM – 4:29PM 11:37AM – 1:14PM	Hasta Until 11:22PM Harshana Until 1:51AM Mon	Ganesha: Red Muruqa: White	Sunrise: 5:08AM Sunset: 6:06PM	Plava 5123 Moon 3 - Phase 2 4th Phase
		267784469 Rahu	4:29PM – 6:06PM	Gara Until 12:01AM Mon Trayodashi Until 1:41PM	Nataraja: Clear Moon – Green		Sivaloka Day
Creative Work Amrita Yoga Until 11:22PM Then Creative Work - Siddha Yoga				Chaitra*Chaitra			
		Monday, April 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Manama, Bahrain Sun 28 Sutra 15	
Kanya Rasi: 27.28	Tithi 14 – 15	Gulika Yama	1:14PM – 2:52PM 9:59AM – 11:37AM	Chitra Until 8:35PM Vajra* Until 9:44PM	Ganesha: Red Muruqa: White	Sunrise: 5:07AM Sunset: 6:07PM	Plava 5123 Moon 3 - Phase 2 Purnima
Family Home Evening		267784469 Rahu	6:44AM – 8:22AM	Visti Until 8:25PM Chaturdashi* Until 10:14AM	Nataraja: Clear Moon – Green		Sivaloka Day
Routine Work Prabalarishta Yoga Until 8:35PM Then Creative Work - Amrita Yoga		Chitra Purnima (Tamil Nadu) Hanuman Jayanti		Chaitra*Chaitra			
5		Tuesday, April 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Manama, Bahrain Sun 29 Sutra 16	
Tula Rasi: 12.37	Tithi 15 – 16	Gulika Yama	11:37AM – 1:14PM 8:21AM – 9:59AM	Svati Until 5:31PM Siddhi Until 5:32PM	Ganesha: Red Muruqa: White	Sunrise: 5:06AM Sunset: 6:07PM	Plava 5123 Moon 3 - Phase 2 Prathama
		267784469 Rahu	2:52PM – 4:30PM	Kaulava Until 2:47AM Wed Purnima* Until 6:33AM	Nataraja: Clear Moon – Green		Sivaloka Day
Creative Work Siddha Yoga Until 5:31PM Then Routine Work - Marana Yoga				Chaitra*Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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