



**Saturday, May 9, 2020**  
**Gold Retreat Star**

Vrischika Rasi: 15.43 Tithi 17 - 18

Creative Work Siddha Yoga

277234469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 5:37AM - 7:13AM  
**Yama** 1:38PM - 3:15PM  
**Rahu** 8:50AM - 10:26AM

**Anuradha Until 7:33AM**  
**Parigha\* Until 10:33AM**  
**Vanija Until 10:07PM**  
**Dvitiya Until 11:16AM**

**Ganesha:** Purple *Sunrise: 5:37AM*  
**Muruqa:** Clear *Sunset: 6:27PM*  
**Nataraja:** Clear  
Moon - Orange

**Vaisaka\*Chaitra**

Yangon, Myanmar  
Sutra 27  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Sunday, May 10, 2020**

Vrischika Rasi: 29.58 Tithi 18 - 19

Creative Work Amrita Yoga

Until 5:12AM Mon

Then Routine Work - Marana Yoga

277234469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika** 3:15PM - 4:51PM  
**Yama** 12:02PM - 1:38PM  
**Rahu** 4:51PM - 6:28PM

**Mula\* Until 5:12AM Mon**  
**Shiva Until 7:40AM**  
**Bava Until 8:16PM**  
**Tritiya Until 9:05AM**

**Ganesha:** Purple *Sunrise: 5:37AM*  
**Muruqa:** Clear *Sunset: 6:28PM*  
**Nataraja:** Clear  
Moon - Orange

**Vaisaka\*Chaitra**

Yangon, Myanmar  
Sun 1 Sutra 28  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Monday, May 11, 2020**

Dhanus Rasi: 13.46 Tithi 19 - 20

**Family Home Evening**

Routine Work Marana Yoga

Until 5:09AM Tue

Then Routine Work - Prabalarishta Yoga

287234469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 1:38PM - 3:15PM  
**Yama** 10:26AM - 12:02PM  
**Rahu** 7:13AM - 8:49AM

**Purvashadha\* Until 5:09AM Tue**  
**Sadhya Until 3:40AM Tue**  
**Kaulava Until 7:10PM**  
**Chaturthi\* Until 7:36AM**

**Ganesha:** Clear *Sunrise: 5:36AM*  
**Muruqa:** Clear *Sunset: 6:28PM*  
**Nataraja:** Clear  
Moon - Light Blue

**Vaisaka\*Chaitra**

Yangon, Myanmar  
Sun 2 Sutra 29  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**Devaloka Day**

**3**

**Tuesday, May 12, 2020**

Dhanus Rasi: 27.07 Tithi 20 - 21

Routine Work Prabalarishta Yoga

Until 5:45AM Wed

Then Creative Work - Siddha Yoga

288244469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 12:02PM - 1:39PM  
**Yama** 8:49AM - 10:25AM  
**Rahu** 3:15PM - 4:52PM

**Uttarashadha Until 5:45AM Wed**  
**Subha Until 2:38AM Wed**  
**Gara Until 6:53PM**  
**Panchami Until 6:54AM**

**Ganesha:** Purple *Sunrise: 5:36AM*  
**Muruqa:** Orange *Sunset: 6:28PM*  
**Nataraja:** Clear  
Moon - Light Blue

**Vaisaka\*Chaitra**

Yangon, Myanmar  
Sun 3 Sutra 30  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**Sivaloka Day**

**4**

**Wednesday, May 13, 2020**

Makara Rasi: 10.02 Tithi 21 - 22

Creative Work Siddha Yoga

298244469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 10:25AM - 12:02PM  
**Yama** 7:12AM - 8:49AM  
**Rahu** 12:02PM - 1:39PM

**Shravana Until 7:25AM Thu**  
**Sukla Until 2:12AM Thu**  
**Visti Until 7:24PM**  
**Shashthi\* Until 7:02AM**

**Ganesha:** Clear *Sunrise: 5:36AM*  
**Muruqa:** Orange *Sunset: 6:28PM*  
**Nataraja:** Clear  
Moon - Purple

**Vaisaka\*Chaitra**

Yangon, Myanmar  
Sun 4 Sutra 31  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**Devaloka Day**

Chidambaram Abhishekam

**D**

**Thursday, May 14, 2020**

**Retreat Star**

Makara Rasi: 22.35 Tithi 22 - 23

Creative Work Siddha Yoga

298244469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:49AM - 10:25AM  
**Yama** 5:35AM - 7:12AM  
**Rahu** 1:39PM - 3:15PM

**Shravana Until 7:25AM**  
**Brahma Until 2:19AM Fri**  
**Balava Until 8:38PM**  
**Saptami Until 7:55AM**

**Ganesha:** Clear *Sunrise: 5:35AM*  
**Muruqa:** Orange *Sunset: 6:29PM*  
**Nataraja:** Clear  
Moon - Purple

**Vaisaka\*Vaikasi**

Yangon, Myanmar  
Sun 5 Sutra 32  
Sarvari 5122  
Moon 5 - Phase 4  
Ashtami

**Devaloka Day**

**Friday, May 15, 2020**

**Retreat Star**

Kumbha Rasi: 4.52 Tithi 23 - 24

Creative Work Siddha Yoga

298244469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 7:12AM - 8:48AM  
**Yama** 3:16PM - 4:52PM  
**Rahu** 10:25AM - 12:02PM

**Dhanishtha Until 9:33AM**  
**Indra Until 2:50AM Sat**  
**Taitila Until 10:26PM**  
**Ashtami\* Until 9:27AM**

**Ganesha:** Clear *Sunrise: 5:35AM*  
**Muruqa:** Orange *Sunset: 6:29PM*  
**Nataraja:** Clear  
Moon - Purple

**Vaisaka\*Vaikasi**

Yangon, Myanmar  
Sun 6 Sutra 33  
Sarvari 5122  
Moon 5 - Phase 4  
Navami

**Devaloka Day**

<b>1</b>	<b>Saturday, May 16, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Yangon, Myanmar
	Kumbha Rasi: 16.56	Tithi 24 – 25	<b>Gulika</b> 5:35AM – 7:11AM	<b>Shatabhishak</b> Until 11:58AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	Sun 7
			Yama 1:39PM – 3:16PM	Vaidhriti* Until 3:36AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:29PM	Sarvari 5122
	298244469	<b>Rahu</b> 8:48AM – 10:25AM		Vanija Until 12:36AM Sun	<b>Nataraja:</b> Clear		Moon 5 - Phase 5
Creative Work	Amrita Yoga		Navami* Until 11:27AM	Moon – Purple		2nd Phase	
Until 11:58AM				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							


<b>2</b>	<b>Sunday, May 17, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 28.52	Tithi 25 – 26	<b>Gulika</b> 3:16PM – 4:53PM	<b>Purvaproshtapada*</b> Until 2:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:34AM	Sun 8
			Yama 12:02PM – 1:39PM	Vishkambha* Until 4:30AM Mon	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:30PM	Sarvari 5122
	218244469	<b>Rahu</b> 4:53PM – 6:30PM		Bava Until 2:57AM Mon	<b>Nataraja:</b> Clear		Moon 5 - Phase 5
Creative Work	Siddha Yoga		Dashami Until 1:44PM	Moon – Clear		2nd Phase	
Until 2:59PM				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, May 18, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Meena Rasi: 10.45	Tithi 26 – 27	<b>Gulika</b> 1:39PM – 3:16PM	<b>Uttaraproshtapada</b> Until 5:56PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:34AM	Sun 9
			Yama 10:25AM – 12:02PM	Priti Until 5:26AM Tue	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:30PM	Sarvari 5122
	219244469	<b>Rahu</b> 7:11AM – 8:48AM		Kaulava Until 5:21AM Tue	<b>Nataraja:</b> Clear		Moon 5 - Phase 5
Family Home Evening			Ekadashi* Until 4:08PM	Moon – Clear		2nd Phase	
Creative Work	Siddha Yoga			<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Tuesday, May 19, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Ayushman Yoga Taitila Karana Dvadashyam Titau				Yangon, Myanmar
	Meena Rasi: 22.38	Tithi 27	<b>Gulika</b> 12:02PM – 1:39PM	<b>Revati</b> Until 8:40PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:34AM	Sun 10
			Yama 8:48AM – 10:25AM	Ayushman Until 6:16AM Wed	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:30PM	Sarvari 5122
	219244469	<b>Rahu</b> 3:16PM – 4:53PM		Taitila Until 6:29PM	<b>Nataraja:</b> Clear		Moon 5 - Phase 5
Creative Work	Siddha Yoga		Dvadashi* Until 6:29PM	Moon – Clear		2nd Phase	
Then Routine Work - Marana Yoga				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Wednesday, May 20, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar
	Mesha Rasi: 4.33	Tithi 28	<b>Gulika</b> 10:25AM – 12:02PM	<b>Ashvini</b> Until 11:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM	Sun 11
			Yama 7:11AM – 8:48AM	Ayushman Until 6:16AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM	Sarvari 5122
	229244469	<b>Rahu</b> 12:02PM – 1:39PM		Gara Until 7:38AM	<b>Nataraja:</b> Clear		Moon 5 - Phase 5
Routine Work	Marana Yoga		Trayodashi* Until 8:40PM	Moon – White		2nd Phase	
Until 11:34PM				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>6</b>	<b>Thursday, May 21, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar
	Mesha Rasi: 16.33	Tithi 29	<b>Gulika</b> 8:48AM – 10:25AM	<b>Bharani</b> Until 2:01AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:33AM	Sun 12
			Yama 5:33AM – 7:11AM	Saubhagya Until 6:57AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM	Sarvari 5122
	229244469	<b>Rahu</b> 1:39PM – 3:17PM		Visti Until 9:41AM	<b>Nataraja:</b> Clear		Moon 5 - Phase 5
Creative Work	Siddha Yoga		Chaturdashi* Until 10:35PM	Moon – White		2nd Phase	
Then Routine Work - Marana Yoga				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	

	<b>Friday, May 22, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 7:10AM – 8:48AM	<b>Krittika</b> Until 3:59AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:33AM	Sun 13
	Mesha Rasi: 28.4	Tithi 30	Yama 3:17PM – 4:54PM	Sobhana Until 7:24AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM	Sarvari 5122
	229244469	<b>Rahu</b> 10:25AM – 12:02PM		Catuspada Until 11:26AM	<b>Nataraja:</b> Clear		Moon 5 - Phase 5
Creative Work	Siddha Yoga		Amavasya* Until 12:09AM Sat	Moon – White		Amavasya	
Until 3:59AM Sat				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>	<b>Saturday, May 23, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar
	Vrishabha Rasi: 10.56	Tithi 1	<b>Gulika</b> 5:33AM – 7:10AM	<b>Rohini</b> Until 5:52AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:33AM	Sun 14
			Yama 1:40PM – 3:17PM	Athiganda* Until 7:33AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM	Sarvari 5122
	239244469	<b>Rahu</b> 8:48AM – 10:25AM		Kintughna Until 12:48PM	<b>Nataraja:</b> Clear		Moon 5 - Phase 5
Creative Work	Amrita Yoga		Prathama* Until 1:19AM Sun	Moon – Yellow		Prathama	
Until 5:52AM Sun				<b>Jyeshtha-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>		<b>Sunday, May 24, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 42	
Vrishabha Rasi: 23.23	Tithi 2	<b>Gulika</b> 3:17PM – 4:55PM	<b>Mrigashira</b> Until 7:10AM Mon	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:33AM	Sarvari 5122	
		Yama 12:03PM – 1:40PM	Sukarma Until 7:24AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 6	
		239244469 <b>Rahu</b> 4:55PM – 6:32PM	Balava Until 1:45PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 2:03AM Mon	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Monday, May 25, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau		Yangon, Myanmar Sun 16 Sutra 43	
Mithuna Rasi: 6.02	Tithi 3	<b>Gulika</b> 1:40PM – 3:18PM	<b>Mrigashira</b> Until 7:10AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:33AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:25AM – 12:03PM	Dhriti Until 6:55AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6	
Creative Work	Amrita Yoga	339244469 <b>Rahu</b> 7:10AM – 8:48AM	Taitila Until 2:16PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 7:10AM			<b>Tritiya</b> Until 2:19AM Tue	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Tuesday, May 26, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Yangon, Myanmar Sun 17 Sutra 44	
Mithuna Rasi: 18.53	Tithi 4	<b>Gulika</b> 12:03PM – 1:40PM	<b>Ardra</b> Until 7:53AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:33AM	Sarvari 5122	
		Yama 8:48AM – 10:25AM	Shula* Until 6:04AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6	
		331244469 <b>Rahu</b> 3:18PM – 4:55PM	Vanija Until 2:19PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 2:09AM Wed	Moon – Yellow		<b>Bhuloka Day</b>	
Until 7:53AM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, May 27, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 45	
Kataka Rasi: 1.58	Tithi 5	<b>Gulika</b> 10:25AM – 12:03PM	<b>Punarvasu</b> Until 8:27AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	Sarvari 5122	
		Yama 7:10AM – 8:48AM	Vriddhi Until 3:18AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 6	
		341244469 <b>Rahu</b> 12:03PM – 1:40PM	Bava Until 1:55PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 1:31AM Thu	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Thursday, May 28, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Yangon, Myanmar Sun 19 Sutra 46	
Kataka Rasi: 15.18	Tithi 6	<b>Gulika</b> 8:48AM – 10:25AM	<b>Pushya</b> Until 8:25AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	Sarvari 5122	
		Yama 5:32AM – 7:10AM	Dhruva Until 1:21AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 6	
		341244469 <b>Rahu</b> 1:41PM – 3:18PM	Kaulava Until 1:03PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 12:26AM Fri	Moon – Blue		<b>Bhuloka Day</b>	
Until 8:25AM				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Friday, May 29, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 47	
Kataka Rasi: 28.53	Tithi 7	<b>Gulika</b> 7:10AM – 8:48AM	<b>Ashlesha*</b> Until 7:47AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	Sarvari 5122	
		Yama 3:19PM – 4:56PM	Vyaghata* Until 11:03PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 6	
		341344469 <b>Rahu</b> 10:25AM – 12:03PM	Gara Until 11:44AM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Saptami</b> Until 10:54PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

<b>Retreat Star</b>		<b>Saturday, May 30, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 48	
Simha Rasi: 12.44	Tithi 8	<b>Gulika</b> 5:32AM – 7:10AM	<b>Magha*</b> Until 7:00AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	Sarvari 5122	
		Yama 1:41PM – 3:19PM	Harshana Until 8:25PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 6	
		351344469 <b>Rahu</b> 8:48AM – 10:25AM	Visti Until 9:59AM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 8:56PM	Moon – Red		<b>Sivaloka Day</b>	
Until 7:00AM				<b>Jyeshtha-Vaikasi</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Sunday, May 31, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 49	
Simha Rasi: 26.5	Tithi 9	<b>Gulika</b> 3:19PM – 4:57PM	<b>Uttaraphalguni</b> Until 3:51AM Mon	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	Sarvari 5122	
		Yama 12:03PM – 1:41PM	Vajra* Until 5:28PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 6	
		351344469 <b>Rahu</b> 4:57PM – 6:35PM	Balava Until 7:50AM	<b>Nataraja:</b> Clear		Navami	
Creative Work	Amrita Yoga		<b>Navami*</b> Until 6:36PM	Moon – Red		<b>Sivaloka Day</b>	
Until 3:51AM Mon				<b>Jyeshtha-Vaikasi</b>			
Then Creative Work - Siddha Yoga							


The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Monday, June 1, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hasla Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 23
	Kanya Rasi: 11.11	Tithi 10 – 11	Gulika 1:41PM – 3:19PM	Hasta Until 2:02AM Tue	Ganesha: Clear	Sunrise: 5:32AM	Sutra 50
	Family Home Evening	361344469	Yama 10:26AM – 12:04PM	Siddhi Until 2:15PM	Muruqa: Orange	Sunset: 6:35PM	Sarvari 5122
	Creative Work	Siddha Yoga	Rahu 7:10AM – 8:48AM	Vanija Until 2:34AM Tue	Nataraja: Clear		Moon 5 - Phase 7 4th Phase
			Dashami Until 3:57PM	Moon – Green	Devaloka Day		
			Jyeshtha-Vaikasi				

<b>2</b>	<b>Tuesday, June 2, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 24
	Kanya Rasi: 25.44	Tithi 11 – 12	Gulika 12:04PM – 1:42PM	Chitra Until 11:54PM	Ganesha: Clear	Sunrise: 5:32AM	Sutra 51
	Creative Work	Siddha Yoga	Yama 8:48AM – 10:26AM	Vyatipata* Until 10:51AM	Muruqa: Orange	Sunset: 6:35PM	Sarvari 5122
	361344469		Rahu 3:19PM – 4:57PM	Bava Until 11:37PM	Nataraja: Clear		Moon 5 - Phase 7 4th Phase
			Ekadashi Until 1:05PM	Moon – Green	Devaloka Day		
			Jyeshtha-Vaikasi				

<b>3</b>	<b>Wednesday, June 3, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 25
	Tula Rasi: 10.23	Tithi 12 – 13	Gulika 10:26AM – 12:04PM	Svati Until 9:34PM	Ganesha: Clear	Sunrise: 5:32AM	Sutra 52
	Creative Work	Siddha Yoga	Yama 7:10AM – 8:48AM	Variyan Until 7:20AM	Muruqa: Orange	Sunset: 6:36PM	Sarvari 5122
	361344469		Rahu 12:04PM – 1:42PM	Kaulava Until 8:36PM	Nataraja: Clear		Moon 5 - Phase 7 4th Phase
			Dvadashi Until 10:06AM	Moon – Green	Devaloka Day		
			Jyeshtha-Vaikasi				
			Pradosha Vrata				

<b>4</b>	<b>Thursday, June 4, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 26
	Tula Rasi: 25.03	Tithi 13 – 14	Gulika 8:48AM – 10:26AM	Vishakha Until 7:35PM	Ganesha: White	Sunrise: 5:32AM	Sutra 53
	Creative Work	Siddha Yoga	Yama 5:32AM – 7:10AM	Shiva Until 12:24AM Fri	Muruqa: Orange	Sunset: 6:36PM	Sarvari 5122
	361344469		Rahu 1:42PM – 3:20PM	Vanija Until 4:15AM Fri	Nataraja: Clear		Moon 5 - Phase 7 4th Phase
			Trayodashi Until 7:06AM	Moon – Orange	Sivaloka Day		
			Jyeshtha-Vaikasi				
			Vaikasi Visakam				

	<b>Friday, June 5, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sun 27
	<b>Copper Retreat Star</b>		Gulika 7:10AM – 8:48AM	Anuradha Until 5:41PM	Ganesha: Yellow	Sunrise: 5:32AM	Sutra 54
	Vrischika Rasi: 9.38	Tithi 15	Yama 3:20PM – 4:58PM	Siddha Until 9:10PM	Muruqa: Orange	Sunset: 6:36PM	Sarvari 5122
	Creative Work	Siddha Yoga	Rahu 10:26AM – 12:04PM	Visti Until 2:56PM	Nataraja: Yellow		Moon 5 - Phase 7 Purnima
Until 5:41PM		Penumbral Lunar Eclipse	Purnima* Until 1:41AM Sat	Moon – Orange	Devaloka Day		
			Jyeshtha-Vaikasi				
			Then Routine Work - Marana Yoga				

<b>5</b>	<b>Saturday, June 6, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sun 28
	<b>Silver Retreat Star</b>		Gulika 5:32AM – 7:10AM	Jyeshtha* Until 4:01PM	Ganesha: Yellow	Sunrise: 5:32AM	Sutra 55
	Vrischika Rasi: 23.59	Tithi 16	Yama 1:42PM – 3:21PM	Sadhya Until 6:16PM	Muruqa: Orange	Sunset: 6:37PM	Sarvari 5122
	Creative Work	Siddha Yoga	Rahu 8:48AM – 10:26AM	Balava Until 12:33PM	Nataraja: Yellow		Moon 5 - Phase 7 Prathama
			Prathama* Until 11:31PM	Moon – Orange	Devaloka Day		
			Jyeshtha-Vaikasi				



**Sunday, June 7, 2020**  
**Gold Retreat Star**

Dhanus Rasi: 8.04      Tithi 17  
382344461  
Creative Work    Amrita Yoga  
Until 3:07PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvityayam Titau  
**Gulika**    3:21PM – 4:59PM    **Mula\* Until 3:07PM**  
Yama        12:05PM – 1:43PM    Subha Until 3:48PM  
**Rahu**        4:59PM – 6:37PM        Taitila Until 10:39AM  
Dvitiya Until 9:54PM

Yangon, Myanmar  
Sun 1      Sutra 56  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase  
**Ganesha:** Blue      *Sunrise:* 5:32AM  
**Muruqa:** Orange    *Sunset:* 6:37PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Monday, June 8, 2020**

Dhanus Rasi: 21.46      Tithi 18  
382344461  
Family Home Evening  
Routine Work    Marana Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Trityayam Titau  
**Gulika**    1:43PM – 3:21PM    **Purvashadha\* Until 2:43PM**  
Yama        10:27AM – 12:05PM    Sukla Until 1:49PM  
**Rahu**        7:10AM – 8:48AM        Vanija Until 9:21AM  
Tritiya Until 8:56PM

Yangon, Myanmar  
Sun 2      Sutra 57  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase  
**Ganesha:** Blue      *Sunrise:* 5:32AM  
**Muruqa:** Orange    *Sunset:* 6:37PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Tuesday, June 9, 2020**

Makara Rasi: 5.05      Tithi 19  
382344461  
Routine Work    Prabalarishta Yoga  
Until 2:50PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha\*/Shravana Nakshatra Brahma/Indra Yoga Bava/Balava Karana Chaturthayam Titau  
**Gulika**    12:05PM – 1:43PM    **Uttarashadha Until 2:50PM**  
Yama        8:49AM – 10:27AM    Brahma Until 12:25PM  
**Rahu**        3:21PM – 4:59PM        Bava Until 8:44AM  
Chaturthi\* Until 8:41PM

Yangon, Myanmar  
Sun 3      Sutra 58  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase  
**Ganesha:** Blue      *Sunrise:* 5:32AM  
**Muruqa:** Orange    *Sunset:* 6:38PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Wednesday, June 10, 2020**

Makara Rasi: 18.02      Tithi 20  
392344461  
Creative Work    Siddha Yoga  
Until 3:59PM  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika**    10:27AM – 12:05PM    **Shravana Until 3:59PM**  
Yama        7:11AM – 8:49AM        Indra Until 11:36AM  
**Rahu**        12:05PM – 1:43PM        Kaulava Until 8:50AM  
Panchami Until 9:09PM

Yangon, Myanmar  
Sun 4      Sutra 59  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase  
**Ganesha:** Red        *Sunrise:* 5:32AM  
**Muruqa:** Orange    *Sunset:* 6:38PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**  
**Devaloka Day**

**4**

**Thursday, June 11, 2020**

Kumbha Rasi: 0.38      Tithi 21  
392344461  
Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika**    8:49AM – 10:27AM    **Dhanishtha Until 5:39PM**  
Yama        5:32AM – 7:11AM        Vaidhriti\* Until 11:18AM  
**Rahu**        1:44PM – 3:22PM        Gara Until 9:39AM  
Shashthi\* Until 10:17PM

Yangon, Myanmar  
Sun 5      Sutra 60  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase  
**Ganesha:** Red        *Sunrise:* 5:32AM  
**Muruqa:** Orange    *Sunset:* 6:38PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**  
**Devaloka Day**

**5**

**Friday, June 12, 2020**

Kumbha Rasi: 12.58      Tithi 22  
392344461  
Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika**    7:11AM – 8:49AM        **Shatabhishak Until 7:42PM**  
Yama        3:22PM – 5:00PM        Vishkambha\* Until 11:30AM  
**Rahu**        10:27AM – 12:06PM    Visti Until 11:05AM  
Saptami Until 11:58PM

Yangon, Myanmar  
Sun 6      Sutra 61  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase  
**Ganesha:** Red        *Sunrise:* 5:33AM  
**Muruqa:** Orange    *Sunset:* 6:39PM  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**  
**Devaloka Day**

**D**

**Saturday, June 13, 2020**  
**Retreat Star**

Kumbha Rasi: 25.05      Tithi 23  
312344461  
Routine Work    Marana Yoga  
Until 10:29PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika**    5:33AM – 7:11AM        **Purvaproshtapada\* Until 10:29PM**  
Yama        1:44PM – 3:22PM        Priti Until 12:04PM  
**Rahu**        8:49AM – 10:27AM        Balava Until 12:59PM  
Ashtami\* Until 2:02AM Sun

Yangon, Myanmar  
Sun 7      Sutra 62  
Sarvari 5122  
Moon 6 - Phase 8  
Ashtami  
**Ganesha:** Clear      *Sunrise:* 5:33AM  
**Muruqa:** Orange    *Sunset:* 6:39PM  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Vaikasi**  
**Devaloka Day**

**Sunday, June 14, 2020**

**Retreat Star**

Meena Rasi: 7.04      Tithi 24  
312344461  
Creative Work    Amrita Yoga  
Until 1:20AM Mon  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika**    3:23PM – 5:01PM        **Uttaraproshtapada Until 1:20AM Mon**  
Yama        12:06PM – 1:44PM        Ayushman Until 12:50PM  
**Rahu**        5:01PM – 6:39PM        Taitila Until 3:11PM  
Navami\* Until 4:19AM Mon

Yangon, Myanmar  
Sun 8      Sutra 63  
Sarvari 5122  
Moon 6 - Phase 8  
Navami  
**Ganesha:** Clear      *Sunrise:* 5:33AM  
**Muruqa:** Orange    *Sunset:* 6:39PM  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**  
**Devaloka Day**


<b>1</b>		<b>Monday, June 15, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukhtayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dasharyam Titau		Yangon, Myanmar Sun 9 Sutra 64	
Meena Rasi: 18.58	Tithi 25	<b>Gulika</b>	1:44PM – 3:23PM	<b>Revati Until 4:03AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	Sarvari 5122
<b>Family Home Evening</b>	312344461	<b>Yama</b>	10:28AM – 12:06PM	Saubhagya Until 1:44PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	7:11AM – 8:50AM	Vanija Until 5:30PM	<b>Nataraja:</b> Yellow		2nd Phase
				<b>Dashami Until 6:38AM Tue</b>	Moon – Clear		<b>Devaloka Day</b>
					<b>Jyeshtha-Ani</b>		

<b>2</b>		<b>Tuesday, June 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukhtayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 10 Sutra 65	
Mesha Rasi: 0.52	Tithi 25 – 26	<b>Gulika</b>	12:06PM – 1:45PM	<b>Ashvini Until 6:59AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:33AM	Sarvari 5122
	322344461	<b>Yama</b>	8:50AM – 10:28AM	Sobhana Until 2:37PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	3:23PM – 5:01PM	Bava Until 7:45PM	<b>Nataraja:</b> Yellow		2nd Phase
				<b>Dashami Until 6:38AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Wednesday, June 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukhtayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 11 Sutra 66	
Mesha Rasi: 12.5	Tithi 26 – 27	<b>Gulika</b>	10:28AM – 12:07PM	<b>Ashvini Until 6:59AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:33AM	Sarvari 5122
	322344461	<b>Yama</b>	7:12AM – 8:50AM	Athiganda* Until 3:18PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 9
Routine Work	Marana Yoga	<b>Rahu</b>	12:07PM – 1:45PM	Kaulava Until 9:46PM	<b>Nataraja:</b> Yellow		2nd Phase
Until 6:59AM				<b>Ekadashi* Until 8:47AM</b>	Moon – White		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Thursday, June 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukhtayam Bharani/Krittika Nakshatra Sukarma/Dhriti* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 12 Sutra 67	
Mesha Rasi: 24.55	Tithi 27 – 28	<b>Gulika</b>	8:50AM – 10:28AM	<b>Bharani Until 9:27AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:33AM	Sarvari 5122
	322344461	<b>Yama</b>	5:33AM – 7:12AM	Sukarma Until 3:45PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	1:45PM – 3:23PM	Gara Until 11:24PM	<b>Nataraja:</b> Yellow		2nd Phase
Until 9:27AM				<b>Dvadashi* Until 10:37AM</b>	Moon – White		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM
							<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Friday, June 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 13 Sutra 68	
Vrishabha Rasi: 7.09	Tithi 28 – 29	<b>Gulika</b>	7:12AM – 8:50AM	<b>Krittika Until 11:20AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:34AM	Sarvari 5122
	323344461	<b>Yama</b>	3:24PM – 5:02PM	Dhriti Until 3:51PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	10:29AM – 12:07PM	Visti Until 12:33AM Sat	<b>Nataraja:</b> Yellow		2nd Phase
Until 11:20AM				<b>Trayodashi* Until 12:02PM</b>	Moon – White		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM

		<b>Saturday, June 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukhtayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Yangon, Myanmar Sun 14 Sutra 69	
<b>Retreat Star</b>		<b>Gulika</b>	5:34AM – 7:12AM	<b>Rohini Until 1:03PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:34AM	Sarvari 5122
Vrishabha Rasi: 19.37	Tithi 29 – 30	<b>Yama</b>	1:46PM – 3:24PM	Shula* Until 3:31PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 9
	333344461	<b>Rahu</b>	8:51AM – 10:29AM	Catuspada Until 1:10AM Sun	<b>Nataraja:</b> Yellow		Amavasya
Creative Work	Amrita Yoga			<b>Chaturdashi* Until 12:55PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 1:03PM					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

<b>Sunday, June 21, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yukhtayam Mrigashira/Ardra Nakshatra Ganda*/Vridhhi* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Yangon, Myanmar Sun 15 Sutra 70	
Mithuna Rasi: 2.2	Tithi 30 – 1	<b>Gulika</b>	3:24PM – 5:02PM	<b>Mrigashira Until 2:03PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:34AM	Sarvari 5122
	333344461	<b>Yama</b>	12:07PM – 1:46PM	Ganda* Until 2:45PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	5:02PM – 6:41PM	Kintughna Until 1:13AM Mon	<b>Nataraja:</b> Yellow		Prathama
				<b>Amavasya* Until 1:15PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Ashada-Ani</b>		Devaloka Time: 3:PM to 6:PM
				<b>Father's Day</b>			
				<b>Annular Solar Eclipse</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>Monday, June 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 16 Sutra 71
<b>1</b>		<b>Gulika</b> 1:46PM – 3:24PM	<b>Ardra</b> Until 2:23PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:34AM	Sarvari 5122
Mithuna Rasi: 15.19	Tithi 1 – 2	Yama 10:29AM – 12:08PM	Vriddhi Until 1:35PM	<b>Muruga:</b> Orange	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 10
<b>Family Home Evening</b>	333344461	<b>Rahu</b> 7:13AM – 8:51AM	Balava Until 12:46AM Tue	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work Siddha Yoga			<b>Prathama* Until 1:02PM</b>	Moon – Yellow		
Until 2:23PM				<b>Ashada*Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Tuesday, June 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar Sun 17 Sutra 72
<b>2</b>		<b>Gulika</b> 12:08PM – 1:46PM	<b>Punarvasu</b> Until 2:32PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:35AM	Sarvari 5122
Mithuna Rasi: 28.33	Tithi 2 – 3	Yama 8:51AM – 10:30AM	Dhruva Until 12:00PM	<b>Muruga:</b> Orange	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 10
<b>Family Home Evening</b>	343344461	<b>Rahu</b> 3:25PM – 5:03PM	Taitila Until 11:51PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 12:20PM</b>	Moon – Blue		
Until 2:23PM				<b>Ashada*Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Yangon, Myanmar Sun 18 Sutra 73
<b>3</b>		<b>Gulika</b> 10:30AM – 12:08PM	<b>Pushya</b> Until 2:07PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:35AM	Sarvari 5122
Kataka Rasi: 12.02	Tithi 3 – 4	Yama 7:13AM – 8:51AM	Vyaghata* Until 10:05AM	<b>Muruga:</b> Orange	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 10
<b>Family Home Evening</b>	343444461	<b>Rahu</b> 12:08PM – 1:46PM	Vanija Until 10:32PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 11:13AM</b>	Moon – Blue		
Until 2:23PM				<b>Ashada*Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Thursday, June 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar Sun 19 Sutra 74
<b>4</b>		<b>Gulika</b> 8:52AM – 10:30AM	<b>Ashlesha*</b> Until 1:14PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:35AM	Sarvari 5122
Kataka Rasi: 25.44	Tithi 4 – 5	Yama 5:35AM – 7:13AM	Harshana Until 7:54AM	<b>Muruga:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 10
<b>Family Home Evening</b>	343444461	<b>Rahu</b> 1:47PM – 3:25PM	Bava Until 8:55PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 9:45AM</b>	Moon – Blue		
Until 1:14PM				<b>Ashada*Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Friday, June 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar Sun 20 Sutra 75
<b>5</b>		<b>Gulika</b> 7:14AM – 8:52AM	<b>Magha*</b> Until 12:21PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	Sarvari 5122
Simha Rasi: 9.37	Tithi 5 – 6	Yama 3:25PM – 5:03PM	Siddhi Until 2:50AM Sat	<b>Muruga:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 10
<b>Family Home Evening</b>	353444461	<b>Rahu</b> 10:30AM – 12:08PM	Kaulava Until 7:03PM	<b>Nataraja:</b> Yellow		3rd Phase
Routine Work Marana Yoga			<b>Panchami Until 7:59AM</b>	Moon – Red		
Until 12:21PM				<b>Ashada*Ani</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Saturday, June 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata* Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Yangon, Myanmar Sun 21 Sutra 76
<b>6</b>		<b>Gulika</b> 5:36AM – 7:14AM	<b>Purvaphalguni</b> Until 11:08AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM	Sarvari 5122
Simha Rasi: 23.38	Tithi 6 – 7	Yama 1:47PM – 3:25PM	Vyalipata* Until 12:05AM Sun	<b>Muruga:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 10
<b>Family Home Evening</b>	353444461	<b>Rahu</b> 8:52AM – 10:30AM	Vanija Until 3:52AM Sun	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi* Until 6:01AM</b>	Moon – Red		
Until 11:08AM				<b>Ashada*Ani</b>	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>				

<b>Sunday, June 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 22 Sutra 77
<b>Retreat Star</b>		<b>Gulika</b> 3:25PM – 5:04PM	<b>Uttaraphalguni</b> Until 9:36AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM	Sarvari 5122
Kanya Rasi: 7.47	Tithi 8	Yama 12:09PM – 1:47PM	Variyan Until 9:11PM	<b>Muruga:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 10
<b>Family Home Evening</b>	353444461	<b>Rahu</b> 5:04PM – 6:42PM	Visti Until 2:46PM	<b>Nataraja:</b> Yellow		Ashtami
Creative Work Amrita Yoga			<b>Ashtami* Until 1:36AM Mon</b>	Moon – Red		
Until 8:14AM				<b>Ashada*Ani</b>	<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga						


<b>Monday, June 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 23 Sutra 78
<b>Retreat Star</b>		<b>Gulika</b> 1:47PM – 3:26PM	<b>Hasta</b> Until 8:14AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:36AM	Sarvari 5122
Kanya Rasi: 21.59	Tithi 9	Yama 10:31AM – 12:09PM	Parigha* Until 6:15PM	<b>Muruga:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 10
<b>Family Home Evening</b>	363444461	<b>Rahu</b> 7:14AM – 8:53AM	Balava Until 12:27PM	<b>Nataraja:</b> Yellow		Navami
Creative Work Siddha Yoga			<b>Navami* Until 11:15PM</b>	Moon – Green		
Until 8:14AM				<b>Ashada*Ani</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Prabalarishta Yoga						

<b>1</b>		<b>Tuesday, June 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svatil Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau			Yangon, Myanmar Sun 24 Sutra 79
Tula Rasi: 6.15	Tithi 10	<b>Gulika</b> 12:09PM – 1:48PM	<b>Chitra</b> Until 6:40AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:36AM	Sarvari 5122	
		Yama 8:53AM – 10:31AM	Shiva Until 3:16PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11	
		363444461 <b>Rahu</b> 3:26PM – 5:04PM	Taitila Until 10:05AM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:53PM	Moon – Green		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
				<b>Ashada*Ani</b>			

<b>2</b>		<b>Wednesday, July 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Vanija/Vistil* Karana Ekadashyam Titau			Yangon, Myanmar Sun 25 Sutra 80
Tula Rasi: 20.31	Tithi 11	<b>Gulika</b> 10:31AM – 12:09PM	<b>Vishakha</b> Until 3:35AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:37AM	Sarvari 5122	
		Yama 7:15AM – 8:53AM	Siddha Until 12:18PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11	
		373444461 <b>Rahu</b> 12:09PM – 1:48PM	Vanija Until 7:43AM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 6:32PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>3</b>		<b>Thursday, July 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Yangon, Myanmar Sun 26 Sutra 81
Vrischika Rasi: 4.45	Tithi 12 – 13	<b>Gulika</b> 8:53AM – 10:31AM	<b>Anuradha</b> Until 2:13AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:37AM	Sarvari 5122	
		Yama 5:37AM – 7:15AM	Sadhya Until 9:24AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11	
		373444461 <b>Rahu</b> 1:48PM – 3:26PM	Kaulava Until 3:17AM Fri	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 4:18PM	Moon – Orange		<b>Devaloka Day</b>	
Until 2:13AM Fri				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Friday, July 3, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Yangon, Myanmar Sun 27 Sutra 82
Vrischika Rasi: 18.52	Tithi 13 – 14	<b>Gulika</b> 7:15AM – 8:54AM	<b>Jyeshtha*</b> Until 12:57AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:37AM	Sarvari 5122	
		Yama 3:26PM – 5:04PM	Subha Until 6:39AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11	
		374444461 <b>Rahu</b> 10:32AM – 12:10PM	Gara Until 1:22AM Sat	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 2:16PM	Moon – Orange		<b>Devaloka Day</b>	
Until 12:57AM Sat				<b>Ashada*Ani</b>			
Then Creative Work - Siddha Yoga							

		<b>Saturday, July 4, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Brahma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau			Yangon, Myanmar Sun 28 Sutra 83
Dhanus Rasi: 2.5	Tithi 14 – 15	<b>Gulika</b> 5:38AM – 7:16AM	<b>Mula*</b> Until 12:18AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:38AM	Sarvari 5122	
		Yama 1:48PM – 3:26PM	Brahma Until 1:50AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11	
		384444461 <b>Rahu</b> 8:54AM – 10:32AM	Vistil Until 11:49PM	<b>Nataraja:</b> Yellow		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:32PM	Moon – Light Blue		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
				<b>Ashada*Ani</b>			
		<b>Satguru Purnima</b>					

<b>0</b>		<b>Sunday, July 5, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Yangon, Myanmar Sun 29 Sutra 84
Dhanus Rasi: 16.34	Tithi 15 – 16	<b>Gulika</b> 3:26PM – 5:04PM	<b>Purvashadha*</b> Until 11:57PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:38AM	Sarvari 5122	
		Yama 12:10PM – 1:48PM	Indra Until 11:58PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11	
		384444461 <b>Rahu</b> 5:04PM – 6:42PM	Balava Until 10:42PM	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 11:11AM	Moon – Light Blue		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Until 11:57PM				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga		<b>Penumbra Lunar Eclipse</b>					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





**Monday, July 6, 2020**  
**Gold Retreat Star**

Makara Rasi: 0.01    Tithi 16 – 17  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 11:59PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau  
**Gulika** 1:48PM – 3:26PM    **Uttarashadha Until 11:59PM**  
Yama 10:32AM – 12:10PM    Vaidhriti\* Until 10:30PM  
**Rahu** 7:16AM – 8:54AM    Taitila Until 10:07PM  
Prathama\* Until 10:19AM

Yangon, Myanmar    Sutra 85  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Devaloka Day**

**Ganesha:** Red    *Sunrise:* 5:38AM  
**Muruqa:** Orange    *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Ashada-Ani**

**1** **Tuesday, July 7, 2020**

Makara Rasi: 13.1    Tithi 17 – 18  
494444461  
Creative Work    Siddha Yoga  
Until 12:54AM Wed  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika** 12:11PM – 1:49PM    **Shravana Until 12:54AM Wed**  
Yama 8:55AM – 10:33AM    Vishkambha\* Until 9:30PM  
**Rahu** 3:27PM – 5:05PM    Vanija Until 10:07PM  
Dvitiya Until 10:01AM

Yangon, Myanmar    Sun 1    Sutra 86  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Blue    *Sunrise:* 5:39AM  
**Muruqa:** Orange    *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada-Ani**

**2** **Wednesday, July 8, 2020**

Makara Rasi: 26.01    Tithi 18 – 19  
494444461  
Routine Work    Prabalarishta Yoga  
Until 2:16AM Thu  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 10:33AM – 12:11PM    **Dhanishtha Until 2:16AM Thu**  
Yama 7:17AM – 8:55AM    Priti Until 9:01PM  
**Rahu** 12:11PM – 1:49PM    Bava Until 10:44PM  
Tritiya Until 10:20AM

Yangon, Myanmar    Sun 2    Sutra 87  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Blue    *Sunrise:* 5:39AM  
**Muruqa:** Orange    *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada-Ani**

**3** **Thursday, July 9, 2020**

Kumbha Rasi: 8.35    Tithi 19 – 20  
494444461  
Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 8:55AM – 10:33AM    **Shatabhishak Until 4:01AM Fri**  
Yama 5:39AM – 7:17AM    Ayushman Until 8:57PM  
**Rahu** 1:49PM – 3:27PM    Kaulava Until 11:56PM  
Chaturthi\* Until 11:14AM

Yangon, Myanmar    Sun 3    Sutra 88  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Blue    *Sunrise:* 5:39AM  
**Muruqa:** Orange    *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada-Ani**

**4** **Friday, July 10, 2020**

Kumbha Rasi: 20.55    Tithi 20 – 21  
414444461  
Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 7:17AM – 8:55AM    **Purvaproshtapada\* Until 6:34AM Sat**  
Yama 3:27PM – 5:05PM    Saubhagya Until 9:17PM  
**Rahu** 10:33AM – 12:11PM    Gara Until 1:37AM Sat  
Panchami Until 12:42PM

Yangon, Myanmar    Sun 4    Sutra 89  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Green    *Sunrise:* 5:39AM  
**Muruqa:** Orange    *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada-Ani**

**5** **Saturday, July 11, 2020**

Meena Rasi: 3.02    Tithi 21 – 22  
414444461  
Routine Work    Marana Yoga  
Until 6:34AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mani Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika** 5:40AM – 7:18AM    **Purvaproshtapada\* Until 6:34AM**  
Yama 1:49PM – 3:27PM    Sobhana Until 9:58PM  
**Rahu** 8:55AM – 10:33AM    Visti Until 3:41AM Sun  
Shashthi\* Until 2:36PM

Yangon, Myanmar    Sun 5    Sutra 90  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Green    *Sunrise:* 5:40AM  
**Muruqa:** Orange    *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada-Ani**

**6** **Sunday, July 12, 2020**

Meena Rasi: 15.01    Tithi 22 – 23  
414444461  
Creative Work    Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada\*/Uttaraproshtapada Revati Nakshatra Athiganda\* Yoga Bava/Balava Karana Sapthami/Ashlamyam Titau  
**Gulika** 3:27PM – 5:05PM    **Uttaraproshtapada Until 9:17AM**  
Yama 12:11PM – 1:49PM    Athiganda\* Until 10:47PM  
**Rahu** 5:05PM – 6:42PM    Balava Until 5:58AM Mon  
Sapthami Until 4:47PM

Yangon, Myanmar    Sun 6    Sutra 91  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Green    *Sunrise:* 5:40AM  
**Muruqa:** Orange    *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada-Ani**

**Monday, July 13, 2020**  
**Retreat Star**

Meena Rasi: 26.56    Tithi 23  
414444461  
**Family Home Evening**  
Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava Karana Ashtamyam Titau  
**Gulika** 1:49PM – 3:27PM    **Revati Until 11:59AM**  
Yama 10:34AM – 12:11PM    Sukarma Until 11:41PM  
**Rahu** 7:18AM – 8:56AM    Kaulava Until 7:06PM  
Ashtami\* Until 7:06PM

Yangon, Myanmar    Sun 7    Sutra 92  
Sarvari 5122  
Moon 7 - Phase 12  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Green    *Sunrise:* 5:40AM  
**Muruqa:** Orange    *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada-Ani**

**Tuesday, July 14, 2020**

**Retreat Star**

Mesha Rasi: 8.5    Tithi 24  
424444461  
Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhriti Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika** 12:11PM – 1:49PM    **Ashvini Until 3:00PM**  
Yama 8:56AM – 10:34AM    Dhriti Until 12:30AM Wed  
**Rahu** 3:27PM – 5:04PM    Taitila Until 8:15AM  
Navami\* Until 9:19PM

Yangon, Myanmar    Sun 8    Sutra 93  
Sarvari 5122  
Moon 7 - Phase 12  
Navami  
**Devaloka Day**

**Ganesha:** Orange    *Sunrise:* 5:41AM  
**Muruqa:** Orange    *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon – White  
**Ashada-Ani**

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Wednesday, July 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam			Yangon, Myanmar
			Bharani/Krittika Nakshatra Shula* Yoga Vanija/Visti* Karana Dashamyam Titau			Sun 9 Sutra 94
Mesha Rasi: 20.49	Tithi 25	<b>Gulika</b> 10:34AM – 12:12PM	<b>Bharani</b> Until 5:37PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:41AM	Sarvari 5122
		Yama 7:19AM – 8:56AM	Shula* Until 1:02AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13
	425444461	<b>Rahu</b> 12:12PM – 1:49PM	Vanija Until 10:21AM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:15PM	Moon – White		<b>Devaloka Day</b>
Until 5:37PM				<b>Ashada-Ani</b>		
Then Creative Work - Amrita Yoga						

<b>2</b>	<b>Thursday, July 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam			Yangon, Myanmar
			Krittika Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau			Sun 10 Sutra 95
Vrishabha Rasi: 2.55	Tithi 26	<b>Gulika</b> 8:57AM – 10:34AM	<b>Krittika</b> Until 7:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:41AM	Sarvari 5122
		Yama 5:41AM – 7:19AM	Ganda* Until 1:14AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13
	425454461	<b>Rahu</b> 1:49PM – 3:27PM	Bava Until 12:04PM	<b>Nataraja:</b> Yellow		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 12:43AM Fri	Moon – White		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

<b>3</b>	<b>Friday, July 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam			Yangon, Myanmar
			Rohini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau			Sun 11 Sutra 96
Vrishabha Rasi: 15.15	Tithi 27	<b>Gulika</b> 7:19AM – 8:57AM	<b>Rohini</b> Until 9:26PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:42AM	Sarvari 5122
		Yama 3:27PM – 5:04PM	Vriddhi Until 12:57AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 13
	435454462	<b>Rahu</b> 10:34AM – 12:12PM	Kaulava Until 1:14PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 1:34AM Sat	Moon – Yellow		<b>Devaloka Day</b>
Until 9:26PM				<b>Ashada-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>	<b>Saturday, July 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam			Yangon, Myanmar
			Mrigashira Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau			Sun 12 Sutra 97
Vrishabha Rasi: 27.52	Tithi 28	<b>Gulika</b> 5:42AM – 7:19AM	<b>Mrigashira</b> Until 10:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:42AM	Sarvari 5122
		Yama 1:49PM – 3:27PM	Dhruva Until 12:06AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 13
	435454462	<b>Rahu</b> 8:57AM – 10:34AM	Gara Until 1:45PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 1:44AM Sun	Moon – Yellow		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Sunday, July 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam			Yangon, Myanmar
			Ardra Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Sun 13 Sutra 98
Mithuna Rasi: 10.47	Tithi 29	<b>Gulika</b> 3:27PM – 5:04PM	<b>Ardra</b> Until 10:32PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:42AM	Sarvari 5122
		Yama 12:12PM – 1:49PM	Vyaghata* Until 10:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 13
	435554462	<b>Rahu</b> 5:04PM – 6:41PM	Visti* Until 1:34PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:13AM Mon	Moon – Yellow		<b>Devaloka Day</b>
				<b>Ashada-Adi</b>		

	<b>Monday, July 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam			Yangon, Myanmar
	<b>Retreat Star</b>		Punarvasu Nakshatra Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Sun 14 Sutra 99
Mithuna Rasi: 24.04	Tithi 30	<b>Gulika</b> 1:49PM – 3:26PM	<b>Punarvasu</b> Until 10:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:43AM	Sarvari 5122
<b>Family Home Evening</b>		Yama 10:35AM – 12:12PM	Harshana Until 8:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 13
Creative Work	Amrita Yoga	445554462 <b>Rahu</b> 7:20AM – 8:57AM	Catuspada Until 12:44PM	<b>Nataraja:</b> White		Amavasya
Until 10:21PM			<b>Amavasya*</b> Until 12:05AM Tue	Moon – Blue		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>		

<b>Retreat Star</b>	<b>Tuesday, July 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam			Yangon, Myanmar
			Pushya Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau			Sun 15 Sutra 100
Kataka Rasi: 7.42	Tithi 1	<b>Gulika</b> 12:12PM – 1:49PM	<b>Pushya</b> Until 9:30PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:43AM	Sarvari 5122
		Yama 8:57AM – 10:35AM	Vajra* Until 6:33PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 13
	445554462	<b>Rahu</b> 3:26PM – 5:04PM	Kintughna Until 11:20AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:25PM	Moon – Blue		<b>Devaloka Day</b>
				<b>Sravana-Adi</b>		

1	<b>Wednesday, July 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar Sun 16 Sutra 101
	Kataka Rasi: 21.37	Tithi 2	<b>Gulika</b> 10:35AM – 12:12PM	<b>Ashlesha* Until 8:05PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:43AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:41PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 7:20AM – 8:58AM	Siddhi Until 3:53PM			3rd Phase
	Creative Work	Siddha Yoga	445554462 <b>Rahu</b> 12:12PM – 1:49PM	Balava Until 9:27AM	<b>Nataraja:</b> White Moon – Blue	<b>Devaloka Day</b>	
			<b>Dvitiya Until 8:21PM</b>	<b>Sravana-Adi</b>			

2	<b>Thursday, July 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Yangon, Myanmar Sun 17 Sutra 102
	Simha Rasi: 5.47	Tithi 3	<b>Gulika</b> 8:58AM – 10:35AM	<b>Magha* Until 6:41PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:44AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:40PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 5:44AM – 7:21AM	Vyatipata* Until 12:59PM			3rd Phase
	Creative Work	Amrita Yoga	455554462 <b>Rahu</b> 1:49PM – 3:26PM	Taitila Until 7:14AM	<b>Nataraja:</b> White Moon – Red	<b>Devaloka Day</b>	
			<b>Tritiya Until 6:01PM</b>	<b>Sravana-Adi</b>			
		Then Creative Work - Siddha Yoga					

3	<b>Friday, July 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 103
	Simha Rasi: 20.05	Tithi 4 – 5	<b>Gulika</b> 7:21AM – 8:58AM	<b>Purvaphalguni Until 4:59PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:44AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:40PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 3:26PM – 5:03PM	Variyan Until 9:55AM			3rd Phase
	Creative Work	Siddha Yoga	455554462 <b>Rahu</b> 10:35AM – 12:12PM	Bava Until 2:17AM Sat	<b>Nataraja:</b> White Moon – Red	<b>Devaloka Day</b>	
			<b>Chaturthi* Until 3:32PM</b>	<b>Sravana-Adi</b>			

4	<b>Saturday, July 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar Sun 19 Sutra 104
	Kanya Rasi: 4.27	Tithi 5 – 6	<b>Gulika</b> 5:44AM – 7:21AM	<b>Uttaraphalguni Until 3:07PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:44AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:40PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 1:49PM – 3:26PM	Parigha* Until 6:48AM			3rd Phase
	Routine Work	Marana Yoga	456554462 <b>Rahu</b> 8:58AM – 10:35AM	Kaulava Until 11:46PM	<b>Nataraja:</b> White Moon – Red	<b>Devaloka Day</b>	
			<b>Panchami Until 1:00PM</b>	<b>Sravana-Adi</b>			
		Nag Panchami					

5	<b>Sunday, July 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 105
	Kanya Rasi: 18.48	Tithi 6 – 7	<b>Gulika</b> 3:26PM – 5:03PM	<b>Hasta Until 1:35PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:45AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:39PM</i>	Sarvari 5122 Moon 7 - Phase 14
			Yama 12:12PM – 1:49PM	Siddha Until 12:41AM Mon			3rd Phase
	Creative Work	Amrita Yoga	466554462 <b>Rahu</b> 5:03PM – 6:39PM	Gara Until 9:21PM	<b>Nataraja:</b> White Moon – Green	<b>Sivaloka Day</b>	
			<b>Shashthi* Until 10:31AM</b>	<b>Sravana-Adi</b>			
		Then Creative Work - Siddha Yoga					

D	<b>Monday, July 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Vanija/Visli* Karana Sapthami/Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 106
	<b>Retreat Star</b>		<b>Gulika</b> 1:49PM – 3:26PM	<b>Chitra Until 12:03PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:45AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:39PM</i>	Sarvari 5122 Moon 7 - Phase 14
	Tula Rasi: 3.04	Tithi 7 – 8	Yama 10:35AM – 12:12PM	Sadhya Until 9:48PM			Ashtami
	<b>Family Home Evening</b>		466554462 <b>Rahu</b> 7:22AM – 8:58AM	Visli Until 7:04PM	<b>Nataraja:</b> White Moon – Green	<b>Sivaloka Day</b>	
			<b>Saptami Until 8:10AM</b>	<b>Sravana-Adi</b>			
		Then Creative Work - Amrita Yoga					

D	<b>Tuesday, July 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 107
	<b>Retreat Star</b>		<b>Gulika</b> 12:12PM – 1:49PM	<b>Svati Until 10:33AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:45AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:39PM</i>	Sarvari 5122 Moon 7 - Phase 14
	Tula Rasi: 17.14	Tithi 9	Yama 8:59AM – 10:35AM	Subha Until 7:06PM			Navami
	<b>Family Home Evening</b>		466554462 <b>Rahu</b> 3:25PM – 5:02PM	Kaulava Until 5:00PM	<b>Nataraja:</b> White Moon – Green	<b>Sivaloka Day</b>	
			<b>Navami* Until 4:02AM Wed</b>	<b>Sravana-Adi</b>			
		Then Routine Work - Marana Yoga					

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	<b>Wednesday, July 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 23 Sutra 108
	Vrischika Rasi: 1.15	Tithi 10	476554462	Gulika 10:35AM – 12:12PM Yama 7:22AM – 8:59AM Rahu 12:12PM – 1:49PM	Vishakha Until 9:34AM Sukla Until 4:34PM Taitila Until 3:09PM Dashami Until 2:18AM Thu	Ganesha: White Sunrise: 5:45AM Muruga: Clear Sunset: 6:38PM Nataraja: White Moon – Orange Savana*Adi	Sarvari 5122 Moon 7 - Phase 15 4th Phase Devaloka Day
	Creative Work Siddha Yoga						

2	<b>Thursday, July 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Ekadashyam Titau				Yangon, Myanmar Sun 24 Sutra 109
	Vrischika Rasi: 15.07	Tithi 11	476554462	Gulika 8:59AM – 10:35AM Yama 5:46AM – 7:22AM Rahu 1:48PM – 3:25PM	Anuradha Until 8:41AM Brahma Until 2:15PM Vanija Until 1:34PM Ekadashi Until 12:51AM Fri	Ganesha: White Sunrise: 5:46AM Muruga: Clear Sunset: 6:38PM Nataraja: White Moon – Orange Savana*Adi	Sarvari 5122 Moon 7 - Phase 15 4th Phase Devaloka Day
	Creative Work Siddha Yoga						
	Until 8:41AM Then Routine Work - Prabararishta Yoga						

3	<b>Friday, July 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 25 Sutra 110
	Vrischika Rasi: 28.49	Tithi 12	476554462	Gulika 7:22AM – 8:59AM Yama 3:25PM – 5:01PM Rahu 10:35AM – 12:12PM	Jyeshtha* Until 7:56AM Indra Until 12:11PM Bava Until 12:16PM Dvadashi Until 11:42PM	Ganesha: White Sunrise: 5:46AM Muruga: Clear Sunset: 6:38PM Nataraja: White Moon – Orange Savana*Adi	Sarvari 5122 Moon 7 - Phase 15 4th Phase Devaloka Day
	Routine Work Marana Yoga						
	Until 7:56AM Then Creative Work - Amrita Yoga						

4	<b>Saturday, August 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26 Sutra 111
	Dhanus Rasi: 12.2	Tithi 13	487554462	Gulika 5:46AM – 7:23AM Yama 1:48PM – 3:25PM Rahu 8:59AM – 10:35AM	Mula* Until 7:47AM Vaidhriti* Until 10:21AM Kaulava Until 11:16AM Trayodashi Until 10:53PM	Ganesha: White Sunrise: 5:46AM Muruga: Clear Sunset: 6:37PM Nataraja: White Moon – Light Blue Savana*Adi	Sarvari 5122 Moon 7 - Phase 15 4th Phase Subha Sivaloka Day
	Creative Work Siddha Yoga						
	<i>Pradosha Vrata</i>						

5	<b>Sunday, August 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 112
	Dhanus Rasi: 25.39	Tithi 14	487554462	Gulika 3:24PM – 5:01PM Yama 12:12PM – 1:48PM Rahu 5:01PM – 6:37PM	Purvashadha* Until 7:49AM Vishkambha* Until 8:48AM Gara Until 10:38AM Chaturdashi* Until 10:27PM	Ganesha: White Sunrise: 5:47AM Muruga: Clear Sunset: 6:37PM Nataraja: White Moon – Light Blue Savana*Adi	Sarvari 5122 Moon 7 - Phase 15 4th Phase Subha Sivaloka Day
	Creative Work Siddha Yoga						
	Until 7:49AM Then Creative Work - Amrita Yoga						

O	<b>Monday, August 3, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sutra 113		
	<b>Copper Retreat Star</b>		Makara Rasi: 8.46	Tithi 15	487554462	Gulika 1:48PM – 3:24PM Yama 10:35AM – 12:12PM Rahu 7:23AM – 8:59AM	Uttarashadha Until 8:06AM Priti Until 7:35AM Visti Until 10:25AM Purnima* Until 10:27PM	Ganesha: White Sunrise: 5:47AM Muruga: Clear Sunset: 6:36PM Nataraja: White Moon – Light Blue Savana*Adi	Sarvari 5122 Moon 7 - Phase 15 Purnima Subha Sivaloka Day
	Family Home Evening								
	Routine Work Marana Yoga								

O	<b>Tuesday, August 4, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sutra 114		
	<b>Silver Retreat Star</b>		Makara Rasi: 21.39	Tithi 16	497554462	Gulika 12:12PM – 1:48PM Yama 8:59AM – 10:35AM Rahu 3:24PM – 5:00PM	Shravana Until 9:08AM Ayushman Until 6:42AM Balava Until 10:38AM Prathama* Until 10:54PM	Ganesha: Yellow Sunrise: 5:47AM Muruga: Clear Sunset: 6:36PM Nataraja: White Moon – Purple Savana*Adi	Sarvari 5122 Moon 7 - Phase 15 Prathama Sivaloka Day
	Creative Work Siddha Yoga								

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 5, 2020

Gold Retreat Star

Kumbha Rasi: 4.19 Tithi 17  
497554462  
Routine Work Prabalarishta Yoga  
Until 10:29AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvityayam Titau  
Gulika 10:35AM - 12:11PM  
Yama 7:23AM - 8:59AM  
Rahu 12:11PM - 1:47PM  
Dhanishtha Until 10:29AM  
Saubhagya Until 6:12AM  
Tailila Until 11:20AM  
Dvitiya Until 11:51PM

Yangon, Myanmar  
Sun 1 Sutra 115  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase  
Sivaloka Day  
Ganesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Sunrise: 5:47AM  
Sunset: 6:36PM  
Srivana-Adi

1

Thursday, August 6, 2020

Kumbha Rasi: 16.46 Tithi 18  
497554462  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau  
Gulika 8:59AM - 10:35AM  
Yama 5:48AM - 7:24AM  
Rahu 1:47PM - 3:23PM  
Shatabhishak Until 12:08PM  
Sobhana Until 6:06AM  
Vanija Until 12:31PM  
Tritiya Until 1:16AM Fri

Yangon, Myanmar  
Sun 2 Sutra 116  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase  
Sivaloka Day  
Ganesha: Yellow  
Muruga: Clear  
Nataraja: White  
Moon - Purple  
Sunrise: 5:48AM  
Sunset: 6:35PM  
Srivana-Adi

2

Friday, August 7, 2020

Kumbha Rasi: 29 Tithi 19  
417554462  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Chaturthiyam Titau  
Gulika 7:24AM - 9:00AM  
Yama 3:23PM - 4:59PM  
Rahu 10:35AM - 12:11PM  
Purvaproshtapada\* Until 2:33PM  
Athiganda\* Until 6:20AM  
Bava Until 2:10PM  
Chaturthi\* Until 3:07AM Sat

Yangon, Myanmar  
Sun 3 Sutra 117  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase  
Sivaloka Day  
Ganesha: Clear  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Sunrise: 5:48AM  
Sunset: 6:35PM  
Srivana-Adi

3

Saturday, August 8, 2020

Meena Rasi: 11.05 Tithi 20  
418554462  
Creative Work Siddha Yoga  
Until 5:10PM  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada\*/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailila Karana Panchamyam Titau  
Gulika 5:48AM - 7:24AM  
Yama 1:47PM - 3:23PM  
Rahu 9:00AM - 10:35AM  
Uttaraproshtapada Until 5:10PM  
Sukarma Until 6:53AM  
Kaulava Until 4:12PM  
Panchami Until 5:18AM Sun

Yangon, Myanmar  
Sun 4 Sutra 118  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase  
Devaloka Day  
Ganesha: Purple  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Sunrise: 5:48AM  
Sunset: 6:34PM  
Srivana-Adi

4

Sunday, August 9, 2020

Meena Rasi: 23.02 Tithi 21  
418554462  
Creative Work Amrita Yoga  
Until 7:52PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Dhriti/Shula\* Yoga Gara Karana Shashthiyam Titau  
Gulika 3:22PM - 4:58PM  
Yama 12:11PM - 1:47PM  
Rahu 4:58PM - 6:34PM  
Revati Until 7:52PM  
Dhriti Until 7:42AM  
Gara Until 6:29PM  
Shashthi\* Until 7:40AM Mon

Yangon, Myanmar  
Sun 5 Sutra 119  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase  
Devaloka Day  
Ganesha: Purple  
Muruga: Clear  
Nataraja: White  
Moon - Clear  
Sunrise: 5:48AM  
Sunset: 6:34PM  
Srivana-Adi

5

Monday, August 10, 2020

Mesha Rasi: 4.55 Tithi 21 - 22  
428554462  
Family Home Evening  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 1:46PM - 3:22PM  
Yama 10:35AM - 12:11PM  
Rahu 7:24AM - 9:00AM  
Ashvini Until 11:00PM  
Shula\* Until 8:36AM  
Visti Until 8:53PM  
Shashthi\* Until 7:40AM

Yangon, Myanmar  
Sun 6 Sutra 120  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase  
Sivaloka Day  
Ganesha: Clear  
Muruga: Clear  
Nataraja: White  
Moon - White  
Sunrise: 5:49AM  
Sunset: 6:33PM  
Srivana-Adi

D

Tuesday, August 11, 2020

Retreat Star

Mesha Rasi: 16.47 Tithi 22 - 23  
428554462  
Creative Work Siddha Yoga  
Until 1:50AM Wed  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
Gulika 12:11PM - 1:46PM  
Yama 9:00AM - 10:35AM  
Rahu 3:22PM - 4:57PM  
Bharani Until 1:50AM Wed  
Ganda\* Until 9:32AM  
Balava Until 11:11PM  
Saptami Until 10:02AM

Yangon, Myanmar  
Sun 7 Sutra 121  
Sarvari 5122  
Moon 8 - Phase 16  
Ashtami  
Sivaloka Day  
Ganesha: Clear  
Muruga: Clear  
Nataraja: White  
Moon - White  
Sunrise: 5:49AM  
Sunset: 6:32PM  
Srivana-Adi

Wednesday, August 12, 2020

Retreat Star

Mesha Rasi: 28.44 Tithi 23 - 24  
428554462  
Creative Work Amrita Yoga  
Until 4:11AM Thu  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Vridhhi/Dhruva Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau  
Gulika 10:35AM - 12:10PM  
Yama 7:24AM - 9:00AM  
Rahu 12:10PM - 1:46PM  
Krittika Until 4:11AM Thu  
Vridhhi Until 10:18AM  
Tailila Until 1:09AM Thu  
Ashtami\* Until 12:12PM

Yangon, Myanmar  
Sun 8 Sutra 122  
Sarvari 5122  
Moon 8 - Phase 16  
Navami  
Sivaloka Day  
Ganesha: Clear  
Muruga: Clear  
Nataraja: White  
Moon - White  
Sunrise: 5:49AM  
Sunset: 6:32PM  
Srivana-Adi

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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<b>1</b>		<b>Thursday, August 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 9 Sutra 123	
Vrishabha Rasi: 10.5	Tithi 24 – 25	<b>Gulika</b> 9:00AM – 10:35AM	<b>Rohini</b> Until 6:18AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM		Sarvari 5122
		Yama 5:49AM – 7:24AM	Dhruva Until 10:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:31PM		Moon 8 - Phase 17
		438654462 <b>Rahu</b> 1:46PM – 3:21PM	Vanija Until 2:34AM Fri	<b>Nataraja:</b> White			2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 1:55PM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 6:18AM Fri				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, August 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 10 Sutra 124	
Vrishabha Rasi: 23.1	Tithi 25 – 26	<b>Gulika</b> 7:25AM – 9:00AM	<b>Rohini</b> Until 6:18AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:49AM		Sarvari 5122
		Yama 3:20PM – 4:56PM	Vyaghata* Until 10:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:31PM		Moon 8 - Phase 17
		439654462 <b>Rahu</b> 10:35AM – 12:10PM	Bava Until 3:17AM Sat	<b>Nataraja:</b> White			2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:00PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 6:18AM				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Saturday, August 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 11 Sutra 125	
Mithuna Rasi: 5.49	Tithi 26 – 27	<b>Gulika</b> 5:50AM – 7:25AM	<b>Mrigashira</b> Until 7:33AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM		Sarvari 5122
		Yama 1:45PM – 3:20PM	Harshana Until 10:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:30PM		Moon 8 - Phase 17
		439654462 <b>Rahu</b> 9:00AM – 10:35AM	Kaulava Until 3:13AM Sun	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 3:20PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>4</b>		<b>Sunday, August 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 12 Sutra 126	
Mithuna Rasi: 18.52	Tithi 27 – 28	<b>Gulika</b> 3:20PM – 4:55PM	<b>Ardra</b> Until 7:52AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM		Sarvari 5122
		Yama 12:10PM – 1:45PM	Vajra* Until 8:50AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM		Moon 8 - Phase 17
		439654462 <b>Rahu</b> 4:55PM – 6:29PM	Gara Until 2:20AM Mon	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 2:51PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, August 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 13 Sutra 127	
Kataka Rasi: 2.2	Tithi 28 – 29	<b>Gulika</b> 1:44PM – 3:19PM	<b>Punarvasu</b> Until 7:43AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM		Sarvari 5122
<b>Family Home Evening</b>		Yama 10:35AM – 12:09PM	Siddhi Until 6:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM		Moon 8 - Phase 17
		549654462 <b>Rahu</b> 7:25AM – 9:00AM	Visti Until 12:44AM Tue	<b>Nataraja:</b> White			2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 1:36PM	Moon – Blue		<b>Devaloka Day</b>	
Until 7:43AM				<b>Sravana-Avani</b>			
Then Creative Work - Siddha Yoga							

		<b>Tuesday, August 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Yangon, Myanmar Sun 14 Sutra 128	
<b>Retreat Star</b>		<b>Gulika</b> 12:09PM – 1:44PM	<b>Pushya</b> Until 6:42AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM		Sarvari 5122
Kataka Rasi: 16.14	Tithi 29 – 30	Yama 9:00AM – 10:34AM	Variyan Until 1:32AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM		Moon 8 - Phase 17
		549654462 <b>Rahu</b> 3:19PM – 4:53PM	Catuspada Until 10:30PM	<b>Nataraja:</b> White			Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:40AM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>Retreat Star</b>		<b>Wednesday, August 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Yangon, Myanmar Sun 15 Sutra 129	
Simha Rasi: 0.31	Tithi 30 – 1	<b>Gulika</b> 10:34AM – 12:09PM	<b>Magha*</b> Until 3:06AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:50AM		Sarvari 5122
		Yama 7:25AM – 9:00AM	Parigha* Until 10:14PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM		Moon 8 - Phase 17
		559654462 <b>Rahu</b> 12:09PM – 1:44PM	Kintughna Until 7:49PM	<b>Nataraja:</b> White			Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 9:12AM	Moon – Red		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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<b>1</b>	<b>Thursday, August 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 16 Sutra 130
	Simha Rasi: 15.05	Tithi 1 – 2	<b>Gulika</b> 9:00AM – 10:34AM	<b>Purvaphalguni</b> Until 12:51AM Fri	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:51AM	Sarvari 5122
			Yama 5:51AM – 7:25AM	Shiva Until 6:41PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 18
	Creative Work	Siddha Yoga	559654462 <b>Rahu</b> 1:43PM – 3:18PM	Kaulava Until 3:14AM Fri	<b>Nataraja:</b> White		3rd Phase
			<b>Prathama*</b> Until 6:20AM	<b>Moon – Red</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

<b>2</b>	<b>Friday, August 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trityayam Titau				Yangon, Myanmar Sun 17 Sutra 131
	Simha Rasi: 29.5	Tithi 3	<b>Gulika</b> 7:25AM – 9:00AM	<b>Uttaraphalguni</b> Until 10:21PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:51AM	Sarvari 5122
			Yama 3:17PM – 4:52PM	Siddha Until 3:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 18
	Creative Work	Siddha Yoga	559654462 <b>Rahu</b> 10:34AM – 12:08PM	Taitila Until 1:40PM	<b>Nataraja:</b> White		3rd Phase
			<b>Tritiya</b> Until 12:05AM Sat	<b>Moon – Red</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

<b>3</b>	<b>Saturday, August 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturtham Titau				Yangon, Myanmar Sun 18 Sutra 132
	Kanya Rasi: 14.37	Tithi 4	<b>Gulika</b> 5:51AM – 7:25AM	<b>Hasta</b> Until 8:11PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:51AM	Sarvari 5122
			Yama 1:43PM – 3:17PM	Sadhya Until 11:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 18
	Routine Work	Marana Yoga	561654462 <b>Rahu</b> 9:00AM – 10:34AM	Vanija Until 10:32AM	<b>Nataraja:</b> White		3rd Phase
			<b>Chaturthi*</b> Until 8:59PM	<b>Moon – Green</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

<b>4</b>	<b>Sunday, August 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar Sun 19 Sutra 133
	Kanya Rasi: 29.19	Tithi 5	<b>Gulika</b> 3:16PM – 4:51PM	<b>Chitra</b> Until 6:06PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:51AM	Sarvari 5122
			Yama 12:08PM – 1:42PM	Subha Until 7:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 18
	Creative Work	Siddha Yoga	561654462 <b>Rahu</b> 4:51PM – 6:25PM	Bava Until 7:32AM	<b>Nataraja:</b> White		3rd Phase
			<b>Panchami</b> Until 6:06PM	<b>Moon – Green</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

<b>5</b>	<b>Monday, August 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 134
	Tula Rasi: 13.49	Tithi 6 – 7	<b>Gulika</b> 1:42PM – 3:16PM	<b>Svati</b> Until 4:11PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:51AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:34AM – 12:08PM	Brahma Until 1:27AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 18
	Creative Work	Amrita Yoga	561654462 <b>Rahu</b> 7:25AM – 8:59AM	Gara Until 2:24AM Tue	<b>Nataraja:</b> White		3rd Phase
			<b>Shashthi*</b> Until 3:32PM	<b>Moon – Green</b>		<b>Devaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

<b>D</b>	<b>Tuesday, August 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 135
	Tula Rasi: 28.05	Tithi 7 – 8	<b>Gulika</b> 12:07PM – 1:41PM	<b>Vishakha</b> Until 2:57PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM	Sarvari 5122
			Yama 8:59AM – 10:33AM	Indra Until 10:47PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 18
	Routine Work	Marana Yoga	571654462 <b>Rahu</b> 3:15PM – 4:49PM	Visti Until 12:27AM Wed	<b>Nataraja:</b> White		Ashtami
			<b>Saptami</b> Until 1:21PM	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

<b>D</b>	<b>Wednesday, August 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 136
	Vrischika Rasi: 12.03	Tithi 8 – 9	<b>Gulika</b> 10:33AM – 12:07PM	<b>Anuradha</b> Until 2:02PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:52AM	Sarvari 5122
			Yama 7:25AM – 8:59AM	Vaidhriti* Until 8:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 18
	Creative Work	Siddha Yoga	571654462 <b>Rahu</b> 12:07PM – 1:41PM	Balava Until 10:59PM	<b>Nataraja:</b> White		Navami
			<b>Ashtami*</b> Until 11:38AM	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
				<b>Bhadrapada*Avani</b>			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1</b>	<b>Thursday, August 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar
	Wrischika Rasi: 25.44	Tithi 9 – 10	<b>Gulika</b> 8:59AM – 10:33AM	<b>Jyeshtha* Until 1:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:52AM	Sun 23 Sutra 137
			Yama 5:52AM – 7:25AM	Vishkambha* Until 6:34PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM	Sarvari 5122
		571654463	<b>Rahu</b> 1:41PM – 3:14PM	Taitila Until 9:58PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19 4th Phase
	Routine Work Prabalarishta Yoga		<b>Navami* Until 10:24AM</b>	Moon – Orange		<b>Devaloka Day</b>	
	Until 1:26PM			<b>Bhadrapada*Avani</b>			
	Then Creative Work - Siddha Yoga						


<b>2</b>	<b>Friday, August 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Dhanus Rasi: 9.08	Tithi 10 – 11	<b>Gulika</b> 7:25AM – 8:59AM	<b>Mula* Until 1:35PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM	Sun 24 Sutra 138
			Yama 3:14PM – 4:48PM	Priti Until 5:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:21PM	Sarvari 5122
		581654463	<b>Rahu</b> 10:33AM – 12:07PM	Vanija Until 9:25PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19 4th Phase
	Creative Work Amrita Yoga		<b>Dashami Until 9:37AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
	Until 1:35PM			<b>Bhadrapada*Avani</b>		Devaloka Time: 3:PM to 6:PM	
	Then Routine Work - Prabalarishta Yoga						

<b>3</b>	<b>Saturday, August 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Dhanus Rasi: 22.18	Tithi 11 – 12	<b>Gulika</b> 5:52AM – 7:26AM	<b>Purvashadha* Until 2:01PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM	Sun 25 Sutra 139
			Yama 1:40PM – 3:13PM	Ayushman Until 3:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:21PM	Sarvari 5122
		581654463	<b>Rahu</b> 8:59AM – 10:33AM	Bava Until 9:17PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19 4th Phase
	Creative Work Siddha Yoga		<b>Ekadashi Until 9:17AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
	Until 2:01PM			<b>Bhadrapada*Avani</b>		Devaloka Time: 3:PM to 6:PM	
	Then Routine Work - Marana Yoga						

<b>4</b>	<b>Sunday, August 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Makara Rasi: 5.16	Tithi 12 – 13	<b>Gulika</b> 3:13PM – 4:46PM	<b>Uttarashadha Until 2:41PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM	Sun 26 Sutra 140
			Yama 12:06PM – 1:39PM	Saubhagya Until 2:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
		581654463	<b>Rahu</b> 4:46PM – 6:20PM	Kaulava Until 9:34PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19 4th Phase
	Creative Work Amrita Yoga		<b>Dvadashi Until 9:22AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada*Avani</b>		Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

<b>5</b>	<b>Monday, August 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Makara Rasi: 18.02	Tithi 13 – 14	<b>Gulika</b> 1:39PM – 3:12PM	<b>Shravana Until 4:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM	Sun 27 Sutra 141
	<b>Family Home Evening</b>		Yama 10:32AM – 12:06PM	Sobhana Until 2:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM	Sarvari 5122
		591654463	<b>Rahu</b> 7:26AM – 8:59AM	Gara Until 10:13PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19 4th Phase
	Creative Work Amrita Yoga		<b>Trayodashi Until 9:49AM</b>	Moon – Purple		<b>Devaloka Day</b>	
	Until 4:03PM	<b>Chidambaram Abhishekam</b>		<b>Bhadrapada*Avani</b>			
	Then Creative Work - Siddha Yoga						

	<b>Tuesday, September 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:05PM – 1:39PM	<b>Dhanishtha Until 5:37PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:52AM	Sun 28 Sutra 142
	Kumbha Rasi: 0.37	Tithi 14 – 15	Yama 8:59AM – 10:32AM	Athiganda* Until 2:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Sarvari 5122
		592654463	<b>Rahu</b> 3:12PM – 4:45PM	Vistil Until 11:15PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19 Purnima
	Creative Work Siddha Yoga		<b>Chaturdashi* Until 10:40AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
	Until 5:37PM	<b>Avani Avittam</b>		<b>Bhadrapada*Avani</b>			
	Then Routine Work - Marana Yoga						

<b>6</b>	<b>Wednesday, September 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:32AM – 12:05PM	<b>Shatabhishak Until 7:23PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:52AM	Sun 29 Sutra 143
	Kumbha Rasi: 13.02	Tithi 15 – 16	Yama 7:26AM – 8:59AM	Sukarma Until 2:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Sarvari 5122
		592654463	<b>Rahu</b> 12:05PM – 1:38PM	Balava Until 12:39AM Thu	<b>Nataraja:</b> Clear		Moon 8 - Phase 19 Prathama
	Creative Work Siddha Yoga		<b>Purnima* Until 11:53AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
	Until 7:23PM			<b>Bhadrapada*Avani</b>			
	Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

www.gurudeva.org/panchang





**Thursday, September 3, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprosarthpada\* Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar  
Sutra 144

Kumbha Rasi: 25.19 Tithi 16 – 17

512654463

**Gulika** 8:59AM – 10:32AM  
**Yama** 5:53AM – 7:26AM  
**Rahu** 1:38PM – 3:11PM

**Purvaprosarthpada\* Until 9:50PM**  
Dhriti Until 2:18PM  
Taitila Until 2:24AM Fri  
**Prathama\* Until 1:28PM**

**Ganesha:** Purple *Sunrise: 5:53AM*  
**Muruqa:** Clear *Sunset: 6:17PM*  
**Nataraja:** Clear  
Moon – Clear  
**Bhadrapada\*Avani**

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**1**

**Friday, September 4, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar  
Sun 1 Sutra 145

Meena Rasi: 7.26 Tithi 17 – 18

512654463

**Gulika** 7:26AM – 8:59AM  
**Yama** 3:10PM – 4:43PM  
**Rahu** 10:31AM – 12:04PM

**Uttaraprosarthpada Until 12:26AM Sat**  
Shula\* Until 2:50PM  
Vanija Until 4:30AM Sat  
**Dvitiya Until 3:23PM**

**Ganesha:** Purple *Sunrise: 5:53AM*  
**Muruqa:** Clear *Sunset: 6:16PM*  
**Nataraja:** Clear  
Moon – Clear  
**Bhadrapada\*Avani**

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

Until 12:26AM Sat

Then Routine Work - Prabalarishta Yoga

**2**

**Saturday, September 5, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Ganda\*/Vridhi\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar  
Sun 2 Sutra 146

Meena Rasi: 19.26 Tithi 18 – 19

512654463

**Gulika** 5:53AM – 7:26AM  
**Yama** 1:37PM – 3:10PM  
**Rahu** 8:58AM – 10:31AM

**Revati Until 3:07AM Sun**  
Ganda\* Until 3:35PM  
Bava Until 6:51AM Sun  
**Tritiya Until 5:37PM**

**Ganesha:** Purple *Sunrise: 5:53AM*  
**Muruqa:** Clear *Sunset: 6:15PM*  
**Nataraja:** Clear  
Moon – Clear  
**Bhadrapada\*Avani**

Moon 9 - Phase 20  
1st Phase

Routine Work Prabalarishta Yoga

**Sivaloka Day**

Until 3:07AM Sun

Then Creative Work - Siddha Yoga

**3**

**Sunday, September 6, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar  
Sun 3 Sutra 147

Mesha Rasi: 1.2 Tithi 19

522654463

**Gulika** 3:09PM – 4:42PM  
**Yama** 12:04PM – 1:36PM  
**Rahu** 4:42PM – 6:14PM

**Ashvini Until 6:19AM Mon**  
Vriddhi Until 4:32PM  
Bava Until 6:51AM  
**Chaturthi\* Until 8:04PM**

**Ganesha:** Clear *Sunrise: 5:53AM*  
**Muruqa:** Clear *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada\*Avani**

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Monday, September 7, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar  
Sun 4 Sutra 148

Mesha Rasi: 13.1 Tithi 20

522754463

**Gulika** 1:36PM – 3:08PM  
**Yama** 10:31AM – 12:03PM  
**Rahu** 7:26AM – 8:58AM

**Ashvini Until 6:19AM**  
Dhruva Until 5:31PM  
Kaulava Until 9:21AM  
**Panchami Until 10:35PM**

**Ganesha:** White *Sunrise: 5:53AM*  
**Muruqa:** Clear *Sunset: 6:14PM*  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada\*Avani**

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5**

**Tuesday, September 8, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar  
Sun 5 Sutra 149

Mesha Rasi: 25 Tithi 21

522754463

**Gulika** 12:03PM – 1:35PM  
**Yama** 8:58AM – 10:31AM  
**Rahu** 3:08PM – 4:40PM

**Bharani Until 9:21AM**  
Vyaghata\* Until 6:28PM  
Gara Until 11:51AM  
**Shashthi\* Until 1:00AM Wed**

**Ganesha:** White *Sunrise: 5:53AM*  
**Muruqa:** Clear *Sunset: 6:13PM*  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada\*Avani**

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**6**

**Wednesday, September 9, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Yangon, Myanmar  
Sun 6 Sutra 150

Vrishabha Rasi: 6.54 Tithi 22

522754463

**Gulika** 10:30AM – 12:03PM  
**Yama** 7:26AM – 8:58AM  
**Rahu** 12:03PM – 1:35PM

**Krittika Until 12:01PM**  
Harshana Until 7:12PM  
Visti Until 2:07PM  
**Saptami Until 3:04AM Thu**

**Ganesha:** White *Sunrise: 5:53AM*  
**Muruqa:** Clear *Sunset: 6:12PM*  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada\*Avani**

Moon 9 - Phase 20  
1st Phase

Creative Work Amrita Yoga

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Until 12:01PM

Then Creative Work - Siddha Yoga



**Thursday, September 10, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar  
Sun 7 Sutra 151

Vrishabha Rasi: 18.57 Tithi 23

532754463

**Gulika** 8:58AM – 10:30AM  
**Yama** 5:53AM – 7:26AM  
**Rahu** 1:35PM – 3:07PM

**Rohini Until 2:36PM**  
Vajra\* Until 7:32PM  
Balava Until 3:55PM  
**Ashtami\* Until 4:34AM Fri**

**Ganesha:** Yellow *Sunrise: 5:53AM*  
**Muruqa:** Clear *Sunset: 6:11PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Bhadrapada\*Avani**

Moon 9 - Phase 20  
Ashtami

Routine Work Marana Yoga

**Devaloka Day**

**Friday, September 11, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar  
Sun 8 Sutra 152

Mithuna Rasi: 1.14 Tithi 24

532754463

**Gulika** 7:26AM – 8:58AM  
**Yama** 3:06PM – 4:38PM  
**Rahu** 10:30AM – 12:02PM

**Mrigashira Until 4:23PM**  
Siddhi Until 7:21PM  
Taitila Until 5:04PM  
**Navami\* Until 5:20AM Sat**

**Ganesha:** Yellow *Sunrise: 5:53AM*  
**Muruqa:** Clear *Sunset: 6:10PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Bhadrapada\*Avani**

Moon 9 - Phase 20  
Navami

Creative Work Siddha Yoga

**Devaloka Day**

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda


<b>1</b>	<b>Saturday, September 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Vanija/Vistii* Karana Dashamyam Titau				Yangon, Myanmar Sun 9 Sutra 153
	Mithuna Rasi: 13.52	Tithi 25	<b>Gulika</b> 5:54AM – 7:26AM	<b>Ardra</b> Until 5:14PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:54AM	Sarvari 5122
			Yama 1:34PM – 3:06PM	Vyatipata* Until 6:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM	Moon 9 - Phase 21
	Creative Work	Siddha Yoga	532754463 <b>Rahu</b> 8:58AM – 10:30AM	Vanija Until 5:24PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 5:14AM Sun	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, September 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ekadashyam Titau				Yangon, Myanmar Sun 10 Sutra 154
	Mithuna Rasi: 26.54	Tithi 26	<b>Gulika</b> 3:05PM – 4:37PM	<b>Punarvasu</b> Until 5:31PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:54AM	Sarvari 5122
			Yama 12:01PM – 1:33PM	Variyan Until 5:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:09PM	Moon 9 - Phase 21
	Creative Work	Siddha Yoga	542754463 <b>Rahu</b> 4:37PM – 6:09PM	Bava Until 4:52PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 4:15AM Mon	<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
			<b>Grandparent's Day</b>				

<b>3</b>	<b>Monday, September 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Yangon, Myanmar Sun 11 Sutra 155
	Kataka Rasi: 10.25	Tithi 27	<b>Gulika</b> 1:33PM – 3:04PM	<b>Pushya</b> Until 4:49PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:54AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:29AM – 12:01PM	Parigha* Until 2:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 21
	Creative Work	Siddha Yoga	542754463 <b>Rahu</b> 7:26AM – 8:57AM	Kaulava Until 3:28PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 2:28AM Tue	<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Tuesday, September 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar Sun 12 Sutra 156
	Kataka Rasi: 24.24	Tithi 28	<b>Gulika</b> 12:01PM – 1:32PM	<b>Ashlesha*</b> Until 3:14PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:54AM	Sarvari 5122
			Yama 8:57AM – 10:29AM	Shiva Until 11:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 21
	Creative Work	Siddha Yoga	543754463 <b>Rahu</b> 3:04PM – 4:36PM	Gara Until 1:19PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 11:58PM	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Wednesday, September 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar Sun 13 Sutra 157
	Simha Rasi: 8.5	Tithi 29	<b>Gulika</b> 10:29AM – 12:00PM	<b>Magha*</b> Until 1:18PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:54AM	Sarvari 5122
			Yama 7:26AM – 8:57AM	Siddha Until 8:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 21
	Creative Work	Siddha Yoga	553754463 <b>Rahu</b> 12:00PM – 1:32PM	Vistii Until 10:32AM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi*</b> Until 8:57PM	<b>Bhadrapada-Puratasi</b>		<b>Devaloka Day</b>	
			Until 1:18PM				
			Then Creative Work - Amrita Yoga				

	<b>Thursday, September 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 14 Sutra 158
	Simha Rasi: 23.4	Tithi 30 – 1	<b>Gulika</b> 8:57AM – 10:28AM	<b>Purvaphalguni</b> Until 10:48AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:54AM	Sarvari 5122
			Yama 5:54AM – 7:25AM	Subha Until 12:53AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 21
	Creative Work	Siddha Yoga	553764463 <b>Rahu</b> 1:31PM – 3:03PM	Catuspada Until 7:17AM	<b>Nataraja:</b> Clear		Amavasya
			<b>Amavasya*</b> Until 5:32PM	<b>Bhadrapada-Puratasi</b>		<b>Sivaloka Day</b>	
			<b>Mahalaya Amavasai (Tamil Nadu)</b>				

<b>Retreat Star</b>	<b>Friday, September 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 15 Sutra 159
	Kanya Rasi: 8.43	Tithi 1 – 2	<b>Gulika</b> 7:25AM – 8:57AM	<b>Uttaraphalguni</b> Until 7:54AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:54AM	Sarvari 5122
			Yama 3:02PM – 4:33PM	Sukla Until 8:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 21
	Creative Work	Siddha Yoga	553764463 <b>Rahu</b> 10:28AM – 11:59AM	Balava Until 12:06AM Sat	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 1:55PM	<b>Ashvina Adhika-Puratasi</b>		<b>Sivaloka Day</b>	
			Until 7:54AM				
			Then Creative Work - Amrita Yoga				

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Saturday, September 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Yangon, Myanmar	
Kanya Rasi: 23.5	Tithi 2 – 3	Gulika	5:54AM – 7:25AM	Chitra Until 2:25AM Sun	Ganesha: Yellow	Sunrise: 5:54AM	Sun 16 Sutra 160
		Yama	1:30PM – 3:02PM	Brahma Until 4:38PM	Muruqa: Purple	Sunset: 6:04PM	Sarvari 5122
		Rahu	8:57AM – 10:28AM	Taitila Until 8:30PM	Nataraja: Clear		Moon 9 - Phase 22
Routine Work	Marana Yoga			Dvitiya Until 10:16AM	Moon – Green		3rd Phase
Until 2:25AM Sun					Ashvina Adhika-Puratasi		Sivaloka Day
Then Creative Work - Siddha Yoga							

2		Sunday, September 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau		Yangon, Myanmar	
Tula Rasi: 8.53	Tithi 3 – 4	Gulika	3:01PM – 4:32PM	Svati Until 11:47PM	Ganesha: Yellow	Sunrise: 5:54AM	Sun 17 Sutra 161
		Yama	11:59AM – 1:30PM	Indra Until 12:41PM	Muruqa: Purple	Sunset: 6:03PM	Sarvari 5122
		Rahu	4:32PM – 6:03PM	Visti Until 3:32AM Mon	Nataraja: Clear		Moon 9 - Phase 22
Creative Work	Siddha Yoga			Tritiya Until 6:45AM	Moon – Green		3rd Phase
Until 11:47PM					Ashvina Adhika-Puratasi		Sivaloka Day
Then Routine Work - Marana Yoga							

3		Monday, September 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Yangon, Myanmar	
Tula Rasi: 23.43	Tithi 5	Gulika	1:29PM – 3:00PM	Vishakha Until 9:49PM	Ganesha: White	Sunrise: 5:54AM	Sun 18 Sutra 162
Family Home Evening		Yama	10:27AM – 11:58AM	Vaidhriti* Until 9:00AM	Muruqa: Purple	Sunset: 6:02PM	Sarvari 5122
		Rahu	7:25AM – 8:56AM	Bava Until 2:05PM	Nataraja: Clear		Moon 9 - Phase 22
Routine Work	Marana Yoga			Panchami Until 12:44AM Tue	Moon – Orange		3rd Phase
Until 9:49PM					Ashvina Adhika-Puratasi		Subha Sivaloka Day
Then Creative Work - Siddha Yoga							

4		Tuesday, September 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau		Yangon, Myanmar	
Vrischika Rasi: 8.13	Tithi 6	Gulika	11:58AM – 1:29PM	Anuradha Until 8:16PM	Ganesha: White	Sunrise: 5:55AM	Sun 19 Sutra 163
		Yama	8:56AM – 10:27AM	Priti Until 2:53AM Wed	Muruqa: Purple	Sunset: 6:01PM	Sarvari 5122
		Rahu	3:00PM – 4:31PM	Kaulava Until 11:33AM	Nataraja: Clear		Moon 9 - Phase 22
Creative Work	Siddha Yoga			Shashthi* Until 10:30PM	Moon – Orange		3rd Phase
Until 8:16PM					Ashvina Adhika-Puratasi		Subha Sivaloka Day
Then Routine Work - Marana Yoga							

5		Wednesday, September 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Gara/Vanija Karana Saptamyam Titau		Yangon, Myanmar	
Vrischika Rasi: 22.19	Tithi 7	Gulika	10:27AM – 11:58AM	Jyeshtha* Until 7:11PM	Ganesha: White	Sunrise: 5:55AM	Sun 20 Sutra 164
		Yama	7:25AM – 8:56AM	Ayushman Until 12:34AM Thu	Muruqa: Purple	Sunset: 6:01PM	Sarvari 5122
		Rahu	11:58AM – 1:28PM	Gara Until 9:38AM	Nataraja: Clear		Moon 9 - Phase 22
Creative Work	Siddha Yoga			Saptami Until 8:53PM	Moon – Orange		3rd Phase
Until 7:11PM					Ashvina Adhika-Puratasi		Subha Sivaloka Day
Then Routine Work - Marana Yoga							

D		Thursday, September 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau		Yangon, Myanmar	
Retreat Star		Gulika	8:56AM – 10:27AM	Mula* Until 7:04PM	Ganesha: Clear	Sunrise: 5:55AM	Sun 21 Sutra 165
Dhanus Rasi: 6.02	Tithi 8	Yama	5:55AM – 7:25AM	Saubhagya Until 10:47PM	Muruqa: Purple	Sunset: 6:00PM	Sarvari 5122
		Rahu	1:28PM – 2:59PM	Visti Until 8:21AM	Nataraja: Clear		Moon 9 - Phase 22
Creative Work	Siddha Yoga			Ashtami* Until 7:57PM	Moon – Light Blue		Ashtami
					Ashvina Adhika-Puratasi		Sivaloka Day

F		Friday, September 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar	
Retreat Star		Gulika	7:25AM – 8:56AM	Purvashadha* Until 7:26PM	Ganesha: Clear	Sunrise: 5:55AM	Sun 22 Sutra 166
Dhanus Rasi: 19.21	Tithi 9	Yama	2:58PM – 4:29PM	Sobhana Until 9:33PM	Muruqa: Purple	Sunset: 5:59PM	Sarvari 5122
		Rahu	10:26AM – 11:57AM	Balava Until 7:45AM	Nataraja: Clear		Moon 9 - Phase 22
Routine Work	Prabalarishta Yoga			Navami* Until 7:40PM	Moon – Light Blue		Navami
Until 7:26PM					Ashvina Adhika-Puratasi		Sivaloka Day
Then Routine Work - Marana Yoga							


<b>1</b>	<b>Saturday, September 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar
	Makara Rasi: 2.2	Tithi 10	<b>Gulika</b> 5:55AM – 7:25AM	<b>Uttarashadha</b> Until 8:13PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Sun 23 Sutra 167
			Yama 1:27PM – 2:57PM	Athiganda* Until 8:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Sarvari 5122
		583764463	<b>Rahu</b> 8:56AM – 10:26AM	Taitila Until 7:46AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 23 4th Phase
Routine Work Marana Yoga			<b>Dashami</b> Until 7:58PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 8:13PM				<b>Ashvina Adhika-Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Sunday, September 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar
	Makara Rasi: 15.04	Tithi 11	<b>Gulika</b> 2:57PM – 4:27PM	<b>Shravana</b> Until 9:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Sun 24 Sutra 168
			Yama 11:56AM – 1:27PM	Sukarma Until 8:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Sarvari 5122
		693764463	<b>Rahu</b> 4:27PM – 5:57PM	Vanija Until 8:20AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 23 4th Phase
Creative Work Amrita Yoga			<b>Ekadashi</b> Until 8:47PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:49PM				<b>Ashvina Adhika-Puratasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Monday, September 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar
	Makara Rasi: 27.34	Tithi 12	<b>Gulika</b> 1:26PM – 2:56PM	<b>Dhanishtha</b> Until 11:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Sun 25 Sutra 169
	<b>Family Home Evening</b>		Yama 10:26AM – 11:56AM	Dhriti Until 8:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Sarvari 5122
		693764463	<b>Rahu</b> 7:25AM – 8:56AM	Bava Until 9:23AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 23 4th Phase
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 10:01PM	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Ashvina Adhika-Puratasi</b>			

<b>4</b>	<b>Tuesday, September 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 9.55	Tithi 13	<b>Gulika</b> 11:56AM – 1:26PM	<b>Shatabhishak</b> Until 1:39AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM	Sun 26 Sutra 170
			Yama 8:56AM – 10:26AM	Shula* Until 8:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM	Sarvari 5122
		694764463	<b>Rahu</b> 2:56PM – 4:26PM	Kaulava Until 10:47AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 23 4th Phase
Routine Work Marana Yoga			<b>Trayodashi</b> Until 11:36PM	Moon – Purple		<b>Devaloka Day</b>	
Until 1:39AM Wed		<b>Chidambaram Abhishekam</b>		<b>Ashvina Adhika-Puratasi</b>			
Then Creative Work - Amrita Yoga		<b>Kadaitswami Mahasamadhi</b>	<i>Pradosha Vrata</i>				

<b>5</b>	<b>Wednesday, September 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 22.07	Tithi 14	<b>Gulika</b> 10:25AM – 11:55AM	<b>Purvaproshtapada*</b> Until 4:15AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:56AM	Sun 27 Sutra 171
			Yama 7:25AM – 8:55AM	Ganda* Until 8:48PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Sarvari 5122
		614764463	<b>Rahu</b> 11:55AM – 1:25PM	Gara Until 12:31PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 23 4th Phase
Creative Work Amrita Yoga			<b>Chaturdashi*</b> Until 1:28AM Thu	Moon – Clear		<b>Devaloka Day</b>	
Until 4:15AM Thu				<b>Ashvina Adhika-Puratasi</b>			
Then Creative Work - Siddha Yoga							

	<b>Thursday, October 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:55AM – 10:25AM	<b>Uttaraproshtapada</b> Until 6:55AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:56AM	Sutra 172
	Meena Rasi: 4.12	Tithi 15	Yama 5:56AM – 7:26AM	Vriddhi Until 9:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Sarvari 5122
		614764463	<b>Rahu</b> 1:25PM – 2:55PM	Visti Until 2:31PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 23 Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 3:35AM Fri	Moon – Clear		<b>Devaloka Day</b>	
				<b>Ashvina Adhika-Puratasi</b>			

	<b>Friday, October 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:26AM – 8:55AM	<b>Uttaraproshtapada</b> Until 6:55AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	Sutra 173
	Meena Rasi: 16.12	Tithi 16	Yama 2:54PM – 4:24PM	Dhruva Until 10:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Sarvari 5122
		614864463	<b>Rahu</b> 10:25AM – 11:55AM	Balava Until 4:45PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 23 Prathama
Creative Work Siddha Yoga			<b>Prathama*</b> Until 5:55AM Sat	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Ashvina Adhika-Puratasi</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502



Saturday, October 3, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Vyaghata\* Yoga Tailila Karana Dvitiyayam Titau

Yangon, Myanmar

Sutra 174

Meena Rasi: 28.07 Tithi 17

614864463

**Gulika** 5:56AM – 7:26AM  
Yama 1:24PM – 2:54PM  
**Rahu** 8:55AM – 10:25AM

**Revati Until 9:37AM**  
Vyaghata\* Until 11:03PM  
Tailila Until 7:11PM  
**Dvitiya Until 8:25AM Sun**

**Ganesha:** Clear *Sunrise: 5:56AM*  
**Muruga:** Purple *Sunset: 5:53PM*  
**Nataraja:** Clear  
Moon – Clear  
**Ashvina Adhika-Puratasi**

Moon 10 - Phase 24  
1st Phase

**Sivaloka Day**

Routine Work Prabalarishta Yoga  
Until 9:37AM  
Then Creative Work - Siddha Yoga

1

Sunday, October 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 175

Mesha Rasi: 9.58 Tithi 17 – 18

624864463

**Gulika** 2:53PM – 4:23PM  
Yama 11:54AM – 1:24PM  
**Rahu** 4:23PM – 5:52PM

**Ashvini Until 12:48PM**  
Harshana Until 12:02AM Mon  
Vanija Until 9:44PM  
**Dvitiya Until 8:25AM**

**Ganesha:** Purple *Sunrise: 5:56AM*  
**Muruga:** Purple *Sunset: 5:52PM*  
**Nataraja:** Clear  
Moon – White  
**Ashvina Adhika-Puratasi**

Moon 10 - Phase 24  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga  
Until 12:48PM  
Then Routine Work - Prabalarishta Yoga

2

Monday, October 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 176

Mesha Rasi: 21.47 Tithi 18 – 19

624864463

**Gulika** 1:23PM – 2:53PM  
Yama 10:24AM – 11:54AM  
**Rahu** 7:26AM – 8:55AM

**Bharani Until 3:52PM**  
Vajra\* Until 12:59AM Tue  
Bava Until 12:17AM Tue  
**Tritiya Until 11:00AM**

**Ganesha:** Purple *Sunrise: 5:56AM*  
**Muruga:** Purple *Sunset: 5:51PM*  
**Nataraja:** Clear  
Moon – White  
**Ashvina Adhika-Puratasi**

Moon 10 - Phase 24  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga  
Until 3:52PM  
Then Routine Work - Marana Yoga

3

Tuesday, October 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 177

Vrishabha Rasi: 3.38 Tithi 19 – 20

624864463

**Gulika** 11:53AM – 1:23PM  
Yama 8:55AM – 10:24AM  
**Rahu** 2:52PM – 4:21PM

**Krittika Until 6:41PM**  
Siddhi Until 1:51AM Wed  
Kaulava Until 2:43AM Wed  
**Chaturthi\* Until 1:30PM**

**Ganesha:** Purple *Sunrise: 5:56AM*  
**Muruga:** Purple *Sunset: 5:51PM*  
**Nataraja:** Clear  
Moon – White  
**Ashvina Adhika-Puratasi**

Moon 10 - Phase 24  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga  
Until 6:41PM  
Then Creative Work - Amrita Yoga

4

Wednesday, October 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Vyatipata\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 178

Vrishabha Rasi: 15.32 Tithi 20 – 21

634864464

**Gulika** 10:24AM – 11:53AM  
Yama 7:26AM – 8:55AM  
**Rahu** 11:53AM – 1:22PM

**Rohini Until 9:34PM**  
Vyatipata\* Until 2:29AM Thu  
Gara Until 4:48AM Thu  
**Panchami Until 3:47PM**

**Ganesha:** Clear *Sunrise: 5:57AM*  
**Muruga:** Purple *Sunset: 5:50PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Ashvina Adhika-Puratasi**

Moon 10 - Phase 24  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

5

Thursday, October 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Variyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 179

Vrishabha Rasi: 27.34 Tithi 21 – 22

634864464

**Gulika** 8:55AM – 10:24AM  
Yama 5:57AM – 7:26AM  
**Rahu** 1:22PM – 2:51PM

**Mrigashira Until 11:50PM**  
Variyan Until 2:41AM Fri  
Visti Until 6:22AM Fri  
**Shashthi\* Until 5:39PM**

**Ganesha:** Clear *Sunrise: 5:57AM*  
**Muruga:** Purple *Sunset: 5:49PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Ashvina Adhika-Puratasi**

Moon 10 - Phase 24  
1st Phase

**Subha Sivaloka Day**

Routine Work Marana Yoga

6

Friday, October 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Parigha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Yangon, Myanmar

Sun 6 Sutra 180

Mithuna Rasi: 9.5 Tithi 22

634864464

**Gulika** 7:26AM – 8:55AM  
Yama 2:50PM – 4:19PM  
**Rahu** 10:24AM – 11:53AM

**Ardra Until 1:18AM Sat**  
Parigha\* Until 2:23AM Sat  
Visti Until 6:22AM  
**Saptami Until 6:52PM**

**Ganesha:** Clear *Sunrise: 5:57AM*  
**Muruga:** Purple *Sunset: 5:48PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Ashvina Adhika-Puratasi**

Moon 10 - Phase 24  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

D

Saturday, October 10, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 7 Sutra 181

Mithuna Rasi: 22.23 Tithi 23

644864464

**Gulika** 5:57AM – 7:26AM  
Yama 1:21PM – 2:50PM  
**Rahu** 8:55AM – 10:24AM

**Punarvasu Until 2:18AM Sun**  
Shiva Until 1:28AM Sun  
Balava Until 7:13AM  
**Ashtami\* Until 7:19PM**

**Ganesha:** White *Sunrise: 5:57AM*  
**Muruga:** Purple *Sunset: 5:48PM*  
**Nataraja:** Purple  
Moon – Blue  
**Ashvina Adhika-Puratasi**

Moon 10 - Phase 24  
Ashtami

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Sunday, October 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Siddha Yoga Tailila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 8 Sutra 182

Kataka Rasi: 5.21 Tithi 24

645864464

**Gulika** 2:50PM – 4:18PM  
Yama 11:52AM – 1:21PM  
**Rahu** 4:18PM – 5:47PM

**Pushya Until 2:17AM Mon**  
Siddha Until 11:50PM  
Tailila Until 7:14AM  
**Navami\* Until 6:54PM**

**Ganesha:** Clear *Sunrise: 5:57AM*  
**Muruga:** Purple *Sunset: 5:47PM*  
**Nataraja:** Purple  
Moon – Blue  
**Ashvina Adhika-Puratasi**

Moon 10 - Phase 24  
Navami

**Subha Sivaloka Day**


Creative Work Siddha Yoga

<b>1</b>	<b>Monday, October 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kataka Rasi: 18.46	Tithi 25 – 26	<b>Gulika</b> 1:20PM – 2:49PM	<b>Ashlesha* Until 1:18AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 9 Sutra 183
	<b>Family Home Evening</b>	645864464	<b>Yama</b> 10:23AM – 11:52AM	Sadhya Until 9:33PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Sarvari 5122
	Creative Work	Siddha Yoga	<b>Rahu</b> 7:26AM – 8:55AM	Vanija Until 6:23AM	<b>Nataraja:</b> Purple		Moon 10 - Phase 25
			<b>Dashami Until 5:38PM</b>	Moon – Blue		2nd Phase	
						<b>Subha Sivaloka Day</b>	
						<b>Ashvina Adhika-Puratasi</b>	

<b>2</b>	<b>Tuesday, October 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Yangon, Myanmar
	Simha Rasi: 14	Tithi 26 – 27	<b>Gulika</b> 11:52AM – 1:20PM	<b>Magha* Until 11:51PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Sun 10 Sutra 184
		655864464	<b>Yama</b> 8:55AM – 10:23AM	Subha Until 6:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Sarvari 5122
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:49PM – 4:17PM	Kaulava Until 2:17AM Wed	<b>Nataraja:</b> Purple		Moon 10 - Phase 25
			<b>Ekadashi* Until 3:34PM</b>	Moon – Red		2nd Phase	
						<b>Sivaloka Day</b>	
						<b>Ashvina Adhika-Puratasi</b>	

<b>3</b>	<b>Wednesday, October 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Taila/Gara Karana Dvodashi/Trayodashyam Titau				Yangon, Myanmar
	Simha Rasi: 17.03	Tithi 27 – 28	<b>Gulika</b> 10:23AM – 11:51AM	<b>Purvaphalguni Until 9:38PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Sun 11 Sutra 185
		655864464	<b>Yama</b> 7:26AM – 8:55AM	Sukla Until 3:10PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:45PM	Sarvari 5122
	Creative Work	Amrita Yoga	<b>Rahu</b> 11:51AM – 1:20PM	Gara Until 11:15PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 25
			<b>Dvodashi* Until 12:49PM</b>	Moon – Red		2nd Phase	
						<b>Sivaloka Day</b>	
						<b>Ashvina Adhika-Puratasi</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>	<b>Thursday, October 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Kanya Rasi: 1.52	Tithi 28 – 29	<b>Gulika</b> 8:55AM – 10:23AM	<b>Uttaraphalguni Until 6:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Sun 12 Sutra 186
		655864464	<b>Yama</b> 5:58AM – 7:26AM	Brahma Until 11:17AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Sarvari 5122
		Amrita Yoga	<b>Rahu</b> 1:19PM – 2:48PM	Visti Until 7:47PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 25
			<b>Trayodashi* Until 9:33AM</b>	Moon – Red		2nd Phase	
						<b>Sivaloka Day</b>	
						<b>Ashvina Adhika-Puratasi</b>	
						Until 6:50PM Then Routine Work - Marana Yoga	

	<b>Friday, October 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 7:27AM – 8:55AM	<b>Hasta Until 4:00PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:58AM	Sun 13 Sutra 187
	Kanya Rasi: 16.58	Tithi 30	<b>Yama</b> 2:47PM – 4:15PM	Indra Until 7:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Sarvari 5122
		665864464	<b>Rahu</b> 10:23AM – 11:51AM	Catuspada Until 4:02PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 25
			<b>Amavasya* Until 2:06AM Sat</b>	Moon – Green		Amavasya	
						<b>Sivaloka Day</b>	
						<b>Ashvina Adhika-Puratasi</b>	
						Until 4:00PM Then Creative Work - Siddha Yoga	

<b>Retreat Star</b>	<b>Saturday, October 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar
	Tula Rasi: 2.14	Tithi 1	<b>Gulika</b> 5:59AM – 7:27AM	<b>Chitra Until 12:56PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:59AM	Sun 14 Sutra 188
		665864464	<b>Yama</b> 1:19PM – 2:47PM	Vishkambha* Until 10:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM	Sarvari 5122
		Marana Yoga	<b>Rahu</b> 8:55AM – 10:23AM	Kintughna Until 12:11PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 25
			<b>Prathama* Until 10:16PM</b>	Moon – Green		Prathama	
						<b>Sivaloka Day</b>	
						<b>Ashvina-Aipasi</b>	
						Navaratri Begins Then Creative Work - Siddha Yoga	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Sunday, October 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 189	
Tula Rasi: 17.29	Tithi 2	Gulika 2:46PM – 4:14PM	Svati Until 9:49AM	Ganesha: Green	Sunrise: 5:59AM	Sarvari 5122	
		Yama 11:51AM – 1:19PM	Priti Until 6:18PM	Muruga: Purple	Sunset: 5:42PM	Moon 10 - Phase 26	
		665864464 Rahu 4:14PM – 5:42PM	Balava Until 8:25AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 6:35PM	Moon – Green		Sivaloka Day	
Until 9:49AM				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Monday, October 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Yangon, Myanmar Sun 16 Sutra 190	
Vischika Rasi: 2.34	Tithi 3 – 4	Gulika 1:18PM – 2:46PM	Vishakha Until 7:14AM	Ganesha: White	Sunrise: 5:59AM	Sarvari 5122	
Family Home Evening		Yama 10:23AM – 11:50AM	Ayushman Until 2:21PM	Muruga: Purple	Sunset: 5:42PM	Moon 10 - Phase 26	
Routine Work	Marana Yoga	675864464 Rahu 7:27AM – 8:55AM	Vanija Until 1:45AM Tue	Nataraja: Purple		3rd Phase	
Until 7:14AM			Tritiya Until 3:14PM	Moon – Orange		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina•Aipasi			

<b>3</b>		<b>Tuesday, October 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar Sun 17 Sutra 191	
Vischika Rasi: 17.19	Tithi 4 – 5	Gulika 11:50AM – 1:18PM	Jyeshtha* Until 3:03AM Wed	Ganesha: White	Sunrise: 5:59AM	Sarvari 5122	
		Yama 8:55AM – 10:23AM	Saubhagya Until 10:49AM	Muruga: Purple	Sunset: 5:41PM	Moon 10 - Phase 26	
		675864464 Rahu 2:46PM – 4:13PM	Bava Until 11:11PM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 12:22PM	Moon – Orange		Sivaloka Day	
				Ashvina•Aipasi			

<b>4</b>		<b>Wednesday, October 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Yangon, Myanmar Sun 18 Sutra 192	
Dhanus Rasi: 1.38	Tithi 5 – 6	Gulika 10:22AM – 11:50AM	Mula* Until 2:09AM Thu	Ganesha: Purple	Sunrise: 6:00AM	Sarvari 5122	
		Yama 7:27AM – 8:55AM	Sobhana Until 7:48AM	Muruga: Purple	Sunset: 5:40PM	Moon 10 - Phase 26	
		686864464 Rahu 11:50AM – 1:18PM	Kaulava Until 9:17PM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 10:07AM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 2:09AM Thu				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Thursday, October 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Taila/Gara Karana Shashthi/Saptamyam Titau		Yangon, Myanmar Sun 19 Sutra 193	
Dhanus Rasi: 15.31	Tithi 6 – 7	Gulika 8:55AM – 10:22AM	Purvashadha* Until 1:53AM Fri	Ganesha: Purple	Sunrise: 6:00AM	Sarvari 5122	
		Yama 6:00AM – 7:27AM	Sukarma Until 3:29AM Fri	Muruga: Purple	Sunset: 5:40PM	Moon 10 - Phase 26	
		686864464 Rahu 1:17PM – 2:45PM	Gara Until 8:09PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 8:36AM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 1:53AM Fri				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Friday, October 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 20 Sutra 194	
Dhanus Rasi: 28.55	Tithi 7 – 8	Gulika 7:28AM – 8:55AM	Uttarashadha Until 2:13AM Sat	Ganesha: Purple	Sunrise: 6:00AM	Sarvari 5122	
		Yama 2:45PM – 4:12PM	Dhriti Until 2:17AM Sat	Muruga: Purple	Sunset: 5:39PM	Moon 10 - Phase 26	
		686864464 Rahu 10:22AM – 11:50AM	Visti Until 7:49PM	Nataraja: Purple		Ashtami	
Routine Work	Marana Yoga		Saptami Until 7:52AM	Moon – Light Blue		Subha Subha Sivaloka Day	
Until 2:13AM Sat				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Saturday, October 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar Sun 21 Sutra 195	
Makara Rasi: 11.56	Tithi 8 – 9	Gulika 6:01AM – 7:28AM	Shravana Until 3:35AM Sun	Ganesha: Clear	Sunrise: 6:01AM	Sarvari 5122	
		Yama 1:17PM – 2:44PM	Shula* Until 1:37AM Sun	Muruga: Purple	Sunset: 5:39PM	Moon 10 - Phase 26	
		696864464 Rahu 8:55AM – 10:22AM	Balava Until 8:14PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 7:55AM	Moon – Purple		Subha Sivaloka Day	
Until 3:35AM Sun				Ashvina•Aipasi			
Then Routine Work - Marana Yoga		Saraswathi Puja (Tamil Nadu)					

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1</b>	<b>Sunday, October 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar
	Makara Rasi: 24.35	Tithi 9 – 10	696864464	<b>Gulika</b> 2:44PM – 4:11PM <b>Yama</b> 11:50AM – 1:17PM <b>Rahu</b> 4:11PM – 5:38PM	<b>Dhanishtha Until 5:22AM Mon</b> Ganda* Until 1:26AM Mon Taitila Until 9:18PM Navami* Until 8:41AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Purple	Sun 22 Sutra 196 Sarvari 5122 Moon 10 - Phase 27 4th Phase <b>Subha Sivaloka Day</b>
Routine Work Marana Yoga							
Until 5:22AM Mon							
Then Creative Work - Siddha Yoga							


<b>2</b>	<b>Monday, October 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 6.59	Tithi 10 – 11	696864464	<b>Gulika</b> 1:17PM – 2:44PM <b>Yama</b> 10:22AM – 11:49AM <b>Rahu</b> 7:28AM – 8:55AM	<b>Shatabhishak Until 7:27AM Tue</b> Vriddhi Until 1:39AM Tue Vanija Until 10:54PM Dashami Until 10:01AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Purple	Sun 23 Sutra 197 Sarvari 5122 Moon 10 - Phase 27 4th Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							
Until 7:27AM Tue							
Then Routine Work - Marana Yoga							


<b>3</b>	<b>Tuesday, October 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 19.1	Tithi 11 – 12	696964464	<b>Gulika</b> 11:49AM – 1:16PM <b>Yama</b> 8:55AM – 10:22AM <b>Rahu</b> 2:43PM – 4:10PM	<b>Shatabhishak Until 7:27AM</b> Dhruva Until 2:07AM Wed Bava Until 12:52AM Wed Ekadashi Until 11:49AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Purple	Sun 24 Sutra 198 Sarvari 5122 Moon 10 - Phase 27 4th Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga							
Until 10:12AM							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Wednesday, October 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Meena Rasi: 1.13	Tithi 12 – 13	617964464	<b>Gulika</b> 10:22AM – 11:49AM <b>Yama</b> 7:29AM – 8:56AM <b>Rahu</b> 11:49AM – 1:16PM	<b>Purvaproshtapada* Until 10:12AM</b> Vyaghata* Until 2:47AM Thu Kaulava Until 3:07AM Thu Dvadashi Until 1:56PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Clear	Sun 25 Sutra 199 Sarvari 5122 Moon 10 - Phase 27 4th Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga							
Until 10:12AM							
Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata</i>							

<b>5</b>	<b>Thursday, October 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Meena Rasi: 13.11	Tithi 13 – 14	617964464	<b>Gulika</b> 8:56AM – 10:22AM <b>Yama</b> 6:02AM – 7:29AM <b>Rahu</b> 1:16PM – 2:43PM	<b>Uttaraproshtapada Until 12:59PM</b> Harshana Until 3:36AM Fri Gara Until 5:31AM Fri Trayodashi Until 4:17PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Clear	Sun 26 Sutra 200 Sarvari 5122 Moon 10 - Phase 27 4th Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							
Until 3:45PM							
Then Creative Work - Amrita Yoga							

<b>6</b>	<b>Friday, October 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vanija Karana Chaturdashyam Titau				Yangon, Myanmar
	Meena Rasi: 25.05	Tithi 14	617964464	<b>Gulika</b> 7:29AM – 8:56AM <b>Yama</b> 2:42PM – 4:09PM <b>Rahu</b> 10:22AM – 11:49AM	<b>Revati Until 3:45PM</b> Vajra* Until 4:27AM Sat Vanija Until 6:45PM Chaturdashi* Until 6:45PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Clear	Sun 27 Sutra 201 Sarvari 5122 Moon 10 - Phase 27 4th Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							
Until 3:45PM							
Then Creative Work - Amrita Yoga							

	<b>Saturday, October 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vistil/Bava Karana Purnimayam Titau				Yangon, Myanmar
	Mesha Rasi: 6.57	Tithi 15	627964464	<b>Gulika</b> 6:03AM – 7:29AM <b>Yama</b> 1:16PM – 2:42PM <b>Rahu</b> 8:56AM – 10:23AM	<b>Ashvini Until 6:54PM</b> Siddhi Until 5:21AM Sun Vistil Until 8:02AM Purnima* Until 9:17PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – White	Sutra 202 Sarvari 5122 Moon 10 - Phase 27 Purnima <b>Subha Subha Sivaloka Day</b>
Creative Work Siddha Yoga							
Until 9:53PM							
Then Creative Work - Siddha Yoga							

	<b>Sunday, November 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar
	Mesha Rasi: 18.48	Tithi 16	627964464	<b>Gulika</b> 2:42PM – 4:09PM <b>Yama</b> 11:49AM – 1:16PM <b>Rahu</b> 4:09PM – 5:35PM	<b>Bharani Until 9:53PM</b> Vyatipata* Until 6:14AM Mon Balava Until 10:34AM Prathama* Until 11:48PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – White	Sutra 203 Sarvari 5122 Moon 10 - Phase 27 Prathama <b>Subha Subha Sivaloka Day</b>
Routine Work Prabalarishta Yoga							
Until 9:53PM							
Then Creative Work - Siddha Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda





Monday, November 2, 2020

Gold Retreat Star

Vrishabha Rasi: 0.4 Tithi 17  
Family Home Evening 627964464  
Routine Work Marana Yoga  
Until 12:36AM Tue  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Vyalipata Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:15PM - 2:42PM  
Yama 10:23AM - 11:49AM  
Rahu 7:30AM - 8:56AM  
Krittika Until 12:36AM Tue  
Vyatipata\* Until 6:14AM  
Taitila Until 1:02PM  
Dvitiya Until 2:12AM Tue

Yangon, Myanmar Sun 1 Sutra 204  
Sarvari 5122  
Moon 11 - Phase 28  
1st Phase  
Ganesha: White Sunrise: 6:04AM  
Muruga: Purple Sunset: 5:35PM  
Nataraja: Purple  
Moon - White Subha Subha Sivaloka Day  
Ashvina-Aipasi

1

Tuesday, November 3, 2020

Vrishabha Rasi: 12.35 Tithi 18  
637964464  
Creative Work Amrita Yoga  
Until 3:28AM Wed  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Varyan/Parigha\* Yoga Vanija/Visti\* Karana Trityayam Titau

Gulika 11:49AM - 1:15PM  
Yama 8:57AM - 10:23AM  
Rahu 2:42PM - 4:08PM  
Rohini Until 3:28AM Wed  
Varyan Until 6:59AM  
Vanija Until 3:22PM  
Tritiya Until 4:24AM Wed

Yangon, Myanmar Sun 2 Sutra 205  
Sarvari 5122  
Moon 11 - Phase 28  
1st Phase  
Ganesha: Clear Sunrise: 6:04AM  
Muruga: Purple Sunset: 5:34PM  
Nataraja: Purple  
Moon - Yellow Subha Sivaloka Day  
Ashvina-Aipasi

2

Wednesday, November 4, 2020

Vrishabha Rasi: 24.36 Tithi 19  
638964464  
Creative Work Siddha Yoga  
Until 5:50AM Thu  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 10:23AM - 11:49AM  
Yama 7:31AM - 8:57AM  
Rahu 11:49AM - 1:15PM  
Mrigashira Until 5:50AM Thu  
Parigha\* Until 7:34AM  
Bava Until 5:24PM  
Chaturthi\* Until 6:16AM Thu

Yangon, Myanmar Sun 3 Sutra 206  
Sarvari 5122  
Moon 11 - Phase 28  
1st Phase  
Ganesha: White Sunrise: 6:04AM  
Muruga: Purple Sunset: 5:34PM  
Nataraja: Purple  
Moon - Yellow Sivaloka Day  
Ashvina-Aipasi

3

Thursday, November 5, 2020

Mithuna Rasi: 6.44 Tithi 19 - 20  
638964464  
Routine Work Marana Yoga  
Until 7:36AM Fri  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:57AM - 10:23AM  
Yama 6:05AM - 7:31AM  
Rahu 1:15PM - 2:41PM  
Ardra Until 7:36AM Fri  
Shiva Until 7:54AM  
Kaulava Until 7:03PM  
Chaturthi\* Until 6:16AM

Yangon, Myanmar Sun 4 Sutra 207  
Sarvari 5122  
Moon 11 - Phase 28  
1st Phase  
Ganesha: White Sunrise: 6:05AM  
Muruga: Purple Sunset: 5:33PM  
Nataraja: Purple  
Moon - Yellow Sivaloka Day  
Ashvina-Aipasi

4

Friday, November 6, 2020

Mithuna Rasi: 19.05 Tithi 20 - 21  
638964464  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:31AM - 8:57AM  
Yama 2:41PM - 4:07PM  
Rahu 10:23AM - 11:49AM  
Ardra Until 7:36AM  
Siddha Until 7:51AM  
Gara Until 8:09PM  
Panchami Until 7:39AM

Yangon, Myanmar Sun 5 Sutra 208  
Sarvari 5122  
Moon 11 - Phase 28  
1st Phase  
Ganesha: White Sunrise: 6:05AM  
Muruga: Purple Sunset: 5:33PM  
Nataraja: Purple  
Moon - Yellow Sivaloka Day  
Ashvina-Aipasi

5

Saturday, November 7, 2020

Kataka Rasi: 1.4 Tithi 21 - 22  
748964464  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 6:06AM - 7:32AM  
Yama 1:15PM - 2:41PM  
Rahu 8:57AM - 10:23AM  
Punarvasu Until 9:06AM  
Sadhya Until 7:21AM  
Visti Until 8:36PM  
Shashthi\* Until 8:26AM

Yangon, Myanmar Sun 6 Sutra 209  
Sarvari 5122  
Moon 11 - Phase 28  
1st Phase  
Ganesha: White Sunrise: 6:06AM  
Muruga: Purple Sunset: 5:33PM  
Nataraja: Purple  
Moon - Blue Sivaloka Day  
Ashvina-Aipasi

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Sunday, November 8, 2020

Retreat Star

Kataka Rasi: 14.35 Tithi 22 - 23  
748964464  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:41PM - 4:07PM  
Yama 11:49AM - 1:15PM  
Rahu 4:07PM - 5:33PM  
Pushya Until 9:46AM  
Subha Until 6:19AM  
Balava Until 8:19PM  
Saptami Until 8:32AM

Yangon, Myanmar Sun 7 Sutra 210  
Sarvari 5122  
Moon 11 - Phase 28  
Ashtami  
Ganesha: White Sunrise: 6:06AM  
Muruga: Purple Sunset: 5:33PM  
Nataraja: Purple  
Moon - Blue Sivaloka Day  
Ashvina-Aipasi

Monday, November 9, 2020

Retreat Star

Kataka Rasi: 27.54 Tithi 23 - 24  
748964464  
Family Home Evening  
Creative Work Siddha Yoga  
Until 9:33AM  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:15PM - 2:41PM  
Yama 10:24AM - 11:49AM  
Rahu 7:32AM - 8:58AM  
Ashlesha\* Until 9:33AM  
Brahma Until 2:28AM Tue  
Taitila Until 7:17PM  
Ashtami\* Until 7:53AM

Yangon, Myanmar Sun 8 Sutra 211  
Sarvari 5122  
Moon 11 - Phase 28  
Navami  
Ganesha: White Sunrise: 6:07AM  
Muruga: Purple Sunset: 5:32PM  
Nataraja: Purple  
Moon - Blue Sivaloka Day  
Ashvina-Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, November 10, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Gara/Visli* Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 9 Sutra 212	
Simha Rasi: 11.37	Tithi 24 – 25	<b>Gulika</b> 11:50AM – 1:15PM	<b>Magha* Until 8:55AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:07AM		Sarvari 5122
		Yama 8:58AM – 10:24AM	Indra Until 11:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM		Moon 11 - Phase 29
		759964464 <b>Rahu</b> 2:41PM – 4:06PM	Visti Until 4:23AM Wed	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 6:28AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>2</b>		<b>Wednesday, November 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau		Yangon, Myanmar Sun 10 Sutra 213	
Simha Rasi: 25.47	Tithi 26	<b>Gulika</b> 10:24AM – 11:50AM	<b>Purvaphalguni Until 7:27AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:07AM		Sarvari 5122
		Yama 7:33AM – 8:59AM	Vaidhriti* Until 8:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM		Moon 11 - Phase 29
		759964464 <b>Rahu</b> 11:50AM – 1:15PM	Bava Until 3:07PM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 1:41AM Thu</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>3</b>		<b>Thursday, November 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Yangon, Myanmar Sun 11 Sutra 214	
Kanya Rasi: 10.22	Tithi 27	<b>Gulika</b> 8:59AM – 10:24AM	<b>Hasta Until 2:54AM Fri</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:08AM		Sarvari 5122
		Yama 6:08AM – 7:33AM	Vishkambha* Until 4:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM		Moon 11 - Phase 29
		769964464 <b>Rahu</b> 1:15PM – 2:41PM	Kaulava Until 12:10PM	<b>Nataraja:</b> Purple			2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 10:31PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 2:54AM Fri				<b>Ashvina-Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, November 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Yangon, Myanmar Sun 12 Sutra 215	
Kanya Rasi: 25.16	Tithi 28	<b>Gulika</b> 7:34AM – 8:59AM	<b>Chitra Until 12:07AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:08AM		Sarvari 5122
		Yama 2:41PM – 4:06PM	Priti Until 12:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29
		769964464 <b>Rahu</b> 10:25AM – 11:50AM	Gara Until 8:49AM	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 7:01PM</b>	Moon – Green		<b>Sivaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>			
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, November 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Yangon, Myanmar Sun 13 Sutra 216	
Tula Rasi: 10.22	Tithi 29 – 30	<b>Gulika</b> 6:09AM – 7:34AM	<b>Svati Until 9:04PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:09AM		Sarvari 5122
		Yama 1:15PM – 2:41PM	Ayushman Until 8:31AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29
		769964464 <b>Rahu</b> 8:59AM – 10:25AM	Catuspada Until 1:32AM Sun	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:22PM</b>	Moon – Green		<b>Sivaloka Day</b>	
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina-Aipasi</b>			

<b>Retreat Star</b>		<b>Sunday, November 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Yangon, Myanmar Sun 14 Sutra 217	
Tula Rasi: 25.33	Tithi 30 – 1	<b>Gulika</b> 2:41PM – 4:06PM	<b>Vishakha Until 6:19PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:09AM		Sarvari 5122
		Yama 11:50AM – 1:15PM	Sobhana Until 12:09AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29
		779964464 <b>Rahu</b> 4:06PM – 5:31PM	Kintughna Until 9:56PM	<b>Nataraja:</b> Purple			Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 11:42AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>Retreat Star</b>		<b>Monday, November 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 218	
Vrischika Rasi: 10.38	Tithi 1 – 2	<b>Gulika</b> 1:16PM – 2:41PM	<b>Anuradha Until 3:40PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:10AM		Sarvari 5122
<b>Family Home Evening</b>		Yama 10:25AM – 11:50AM	Athiganda* Until 8:12PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 29
		779964464 <b>Rahu</b> 7:35AM – 9:00AM	Balava Until 6:34PM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 8:12AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Skanda Shasthi Begins</b>		<b>Kartika-Kartikai</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, November 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Trityayam Titau		Yangon, Myanmar Sun 16 Sutra 219	
Vrischika Rasi: 25.29	Tithi 3	<b>Gulika</b> 11:51AM – 1:16PM	<b>Jyeshtha* Until 1:15PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:10AM	Sarvari 5122	
		Yama 9:01AM – 10:26AM	Sukarma Until 4:37PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 11 - Phase 30	
		779964465 <b>Rahu</b> 2:41PM – 4:06PM	Taitila Until 3:37PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 2:20AM Wed	Moon – Orange		<b>Devaloka Day</b>	
Until 1:15PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, November 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturtham Titau		Yangon, Myanmar Sun 17 Sutra 220	
Dhanus Rasi: 9.58	Tithi 4	<b>Gulika</b> 10:26AM – 11:51AM	<b>Mula* Until 11:40AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:11AM	Sarvari 5122	
		Yama 7:36AM – 9:01AM	Dhriti Until 1:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 11 - Phase 30	
		781964465 <b>Rahu</b> 11:51AM – 1:16PM	Vanija Until 1:14PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi* Until 12:16AM Thu</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 11:40AM				<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Thursday, November 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 221	
Dhanus Rasi: 24.01	Tithi 5	<b>Gulika</b> 9:01AM – 10:26AM	<b>Purvashadha* Until 10:36AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:11AM	Sarvari 5122	
		Yama 6:11AM – 7:36AM	Shula* Until 10:55AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 11 - Phase 30	
		781964465 <b>Rahu</b> 1:16PM – 2:41PM	Bava Until 11:32AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 10:58PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 10:36AM				<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Friday, November 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Yangon, Myanmar Sun 19 Sutra 222	
Makara Rasi: 7.35	Tithi 6	<b>Gulika</b> 7:37AM – 9:02AM	<b>Uttarashadha Until 10:10AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:12AM	Sarvari 5122	
		Yama 2:41PM – 4:06PM	Ganda* Until 8:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 11 - Phase 30	
		781164465 <b>Rahu</b> 10:26AM – 11:51AM	Kaulava Until 10:38AM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi* Until 10:28PM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
		<b>Skanda Shasthi</b>		<b>Karttika-Karttikai</b>			

<b>5</b>		<b>Saturday, November 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 223	
Makara Rasi: 20.43	Tithi 7	<b>Gulika</b> 6:13AM – 7:37AM	<b>Shravana Until 10:51AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:13AM	Sarvari 5122	
		Yama 1:16PM – 2:41PM	Vridhi Until 7:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 11 - Phase 30	
		791164465 <b>Rahu</b> 9:02AM – 10:27AM	Gara Until 10:33AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 10:48PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>Retreat Star</b>		<b>Sunday, November 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 224	
Kumbha Rasi: 3.28	Tithi 8	<b>Gulika</b> 2:41PM – 4:06PM	<b>Dhanishtha Until 12:08PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:13AM	Sarvari 5122	
		Yama 11:52AM – 1:16PM	Dhruva Until 6:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 11 - Phase 30	
		791164465 <b>Rahu</b> 4:06PM – 5:31PM	Visti Until 11:16AM	<b>Nataraja:</b> Clear		Ashtami	
Routine Work	Marana Yoga		<b>Ashtami* Until 11:52PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 12:08PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Monday, November 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 225	
Kumbha Rasi: 15.52	Tithi 9	<b>Gulika</b> 1:17PM – 2:41PM	<b>Shatabhishak Until 1:55PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:14AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:27AM – 11:52AM	Vyaghata* Until 6:50AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 11 - Phase 30	
Creative Work	Siddha Yoga	791174465 <b>Rahu</b> 7:38AM – 9:03AM	Balava Until 12:41PM	<b>Nataraja:</b> Clear		Navami	
Until 1:55PM			<b>Navami* Until 1:35AM Tue</b>	Moon – Purple		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Karttika-Karttikai</b>			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda


<b>1</b>		<b>Tuesday, November 24, 2020</b>				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 226	
Kumbha Rasi: 28.02	Tithi 10	<b>Gulika</b>	<b>11:52AM – 1:17PM</b>	<b>Purvaprosarthapada* Until 4:32PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:14AM		Sarvari 5122	
		Yama	9:03AM – 10:28AM	Harshana Until 7:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 31	
		711174465 <b>Rahu</b>	<b>2:41PM – 4:06PM</b>	Taitila Until 2:38PM	<b>Nataraja:</b> Clear			4th Phase	
Routine Work	Marana Yoga			<b>Dashami Until 3:44AM Wed</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 4:32PM								<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga									

<b>2</b>		<b>Wednesday, November 25, 2020</b>				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 227	
Meena Rasi: 10.02	Tithi 11	<b>Gulika</b>	<b>10:28AM – 11:53AM</b>	<b>Uttaraprosarthapada Until 7:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:15AM		Sarvari 5122	
		Yama	7:39AM – 9:04AM	Vajra* Until 7:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 31	
		711174465 <b>Rahu</b>	<b>11:53AM – 1:17PM</b>	Vanija Until 4:58PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 6:11AM Thu</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 7:20PM								<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga									

<b>3</b>		<b>Thursday, November 26, 2020</b>				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 228	
Meena Rasi: 21.56	Tithi 11 – 12	<b>Gulika</b>	<b>9:04AM – 10:29AM</b>	<b>Revati Until 10:09PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:15AM		Sarvari 5122	
		Yama	6:15AM – 7:40AM	Siddhi Until 8:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 31	
		711174465 <b>Rahu</b>	<b>1:17PM – 2:42PM</b>	Bava Until 7:29PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 6:11AM</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 10:09PM								<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Friday, November 27, 2020</b>				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 229	
Mesha Rasi: 3.47	Tithi 12 – 13	<b>Gulika</b>	<b>7:40AM – 9:05AM</b>	<b>Ashvini Until 1:20AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:16AM		Sarvari 5122	
		Yama	2:42PM – 4:06PM	Vyatipata* Until 9:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 31	
		721174465 <b>Rahu</b>	<b>10:29AM – 11:53AM</b>	Kaulava Until 10:05PM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga			<b>Dvadashi Until 8:46AM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 1:20AM Sat								<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga								<b>Karttika-Karttikai</b>	
								<i>Pradosha Vrata</i>	

<b>5</b>		<b>Saturday, November 28, 2020</b>				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 230	
Mesha Rasi: 15.38	Tithi 13 – 14	<b>Gulika</b>	<b>6:16AM – 7:41AM</b>	<b>Bharani Until 4:15AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:16AM		Sarvari 5122	
		Yama	1:18PM – 2:42PM	Variyan Until 10:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 31	
		722174465 <b>Rahu</b>	<b>9:05AM – 10:29AM</b>	Gara Until 12:36AM Sun	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 11:20AM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 6:50AM Mon								<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga								<b>Karttika-Karttikai</b>	

		<b>Sunday, November 29, 2020</b>				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Yangon, Myanmar Sutra 231	
Mesha Rasi: 27.31	Tithi 14 – 15	<b>Gulika</b>	<b>2:43PM – 4:07PM</b>	<b>Krittika Until 6:50AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:17AM		Sarvari 5122	
		Yama	11:54AM – 1:18PM	Parigha* Until 11:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 31	
		722174465 <b>Rahu</b>	<b>4:07PM – 5:31PM</b>	Visti Until 2:55AM Mon	<b>Nataraja:</b> Clear			Purnima	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 1:46PM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 6:50AM Mon								<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga								<b>Karttika-Karttikai</b>	

<b>Monday, November 30, 2020</b>		<b>Silver Retreat Star</b>				Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Yangon, Myanmar Sutra 232	
Vrishabha Rasi: 9.29	Tithi 15 – 16	<b>Gulika</b>	<b>1:19PM – 2:43PM</b>	<b>Krittika Until 6:50AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:18AM		Sarvari 5122	
<b>Family Home Evening</b>		Yama	10:30AM – 11:54AM	Shiva Until 11:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM		Moon 11 - Phase 31	
		722174465 <b>Rahu</b>	<b>7:42AM – 9:06AM</b>	Balava Until 4:59AM Tue	<b>Nataraja:</b> Clear			Prathama	
Routine Work	Marana Yoga			<b>Purnima* Until 3:58PM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 6:50AM								<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga		<b>Penumbra Lunar Eclipse</b>						<b>Karttika-Karttikai</b>	
		<b>Vinayaga Viratam Begins</b>							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, December 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Pratham/Dvitiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 233

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Vrishabha Rasi: 21.34 Tithi 16 - 17

732174465

Gulika

11:55AM - 1:19PM

Yama

9:07AM - 10:31AM

Rahu

2:43PM - 4:07PM

Rohini Until 9:28AM

Siddha Until 12:05PM

Taitila Until 6:41AM Wed

Prathama\* Until 5:52PM

Ganesha: Yellow

Sunrise: 6:18AM

Muruqa: Clear

Sunset: 5:31PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 9:28AM

Then Creative Work - Siddha Yoga

1

Wednesday, December 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar

Sun 2 Sutra 234

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 3.47 Tithi 17

732174465

Gulika

10:31AM - 11:55AM

Yama

7:43AM - 9:07AM

Rahu

11:55AM - 1:19PM

Mrigashira Until 11:36AM

Sadhya Until 12:11PM

Taitila Until 6:41AM

Dvitiya Until 7:22PM

Ganesha: Yellow

Sunrise: 6:19AM

Muruqa: Clear

Sunset: 5:32PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

2

Thursday, December 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Tritiyayam Titau

Yangon, Myanmar

Sun 3 Sutra 235

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 16.1 Tithi 18

732174465

Gulika

9:07AM - 10:32AM

Yama

6:19AM - 7:43AM

Rahu

1:20PM - 2:44PM

Ardra Until 1:10PM

Subha Until 12:00PM

Vanija Until 7:59AM

Tritiya Until 8:27PM

Ganesha: Yellow

Sunrise: 6:19AM

Muruqa: Clear

Sunset: 5:32PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 1:10PM

Then Creative Work - Amrita Yoga

3

Friday, December 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 4 Sutra 236

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 28.45 Tithi 19

742174465

Gulika

7:44AM - 9:08AM

Yama

2:44PM - 4:08PM

Rahu

10:32AM - 11:56AM

Punarvasu Until 2:37PM

Sukla Until 11:26AM

Bava Until 8:50AM

Chaturthi\* Until 9:04PM

Ganesha: White

Sunrise: 6:20AM

Muruqa: Clear

Sunset: 5:32PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 2:37PM

Then Routine Work - Marana Yoga

4

Saturday, December 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar

Sun 5 Sutra 237

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 11.34 Tithi 20

742174465

Gulika

6:21AM - 7:45AM

Yama

1:20PM - 2:44PM

Rahu

9:08AM - 10:32AM

Pushya Until 3:26PM

Brahma Until 10:30AM

Kaulava Until 9:12AM

Panchami Until 9:10PM

Ganesha: White

Sunrise: 6:21AM

Muruqa: Clear

Sunset: 5:32PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 3:26PM

Then Routine Work - Marana Yoga

5

Sunday, December 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar

Sun 6 Sutra 238

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 24.37 Tithi 21

742174465

Gulika

2:45PM - 4:09PM

Yama

11:57AM - 1:21PM

Rahu

4:09PM - 5:32PM

Ashlesha\* Until 3:36PM

Indra Until 9:12AM

Gara Until 9:03AM

Shashthi\* Until 8:46PM

Ganesha: White

Sunrise: 6:21AM

Muruqa: Clear

Sunset: 5:32PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 3:36PM

Then Routine Work - Marana Yoga

6

Monday, December 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\*/Vishkamba\* Yoga Visti\*/Bava Karana Saplamyam Titau

Yangon, Myanmar

Sun 7 Sutra 239

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Simha Rasi: 7.56 Tithi 22

752174465

Gulika

1:21PM - 2:45PM

Yama

10:33AM - 11:57AM

Rahu

7:46AM - 9:10AM

Magha\* Until 3:32PM

Vaidhriti\* Until 7:26AM

Visti Until 8:22AM

Saptami Until 7:49PM

Ganesha: Clear

Sunrise: 6:22AM

Muruqa: Clear

Sunset: 5:33PM

Nataraja: Clear

Moon - Red

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 3:32PM

Then Creative Work - Siddha Yoga

D

Tuesday, December 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 8 Sutra 240

Sarvari 5122

Moon 12 - Phase 32

Ashtami

Simha Rasi: 21.35 Tithi 23

752174465

Gulika

11:58AM - 1:22PM

Yama

9:10AM - 10:34AM

Rahu

2:45PM - 4:09PM

Purvaphalguni Until 2:48PM

Priti Until 2:42AM Wed

Balava Until 7:09AM

Ashtami\* Until 6:20PM

Ganesha: Clear

Sunrise: 6:22AM

Muruqa: Clear

Sunset: 5:33PM

Nataraja: Clear

Moon - Red

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 2:48PM

Then Creative Work - Amrita Yoga

Wednesday, December 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar

Sun 9 Sutra 241

Sarvari 5122

Moon 12 - Phase 32

Navami

Kanya Rasi: 5.32 Tithi 24 - 25

752174465

Gulika

10:34AM - 11:58AM

Yama

7:47AM - 9:11AM

Rahu

11:58AM - 1:22PM

Uttaraphalguni Until 1:25PM

Ayushman Until 11:44PM

Vanija Until 3:12AM Thu

Navami\* Until 4:21PM

Ganesha: Clear

Sunrise: 6:23AM

Muruqa: Clear

Sunset: 5:33PM

Nataraja: Clear

Moon - Red

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 1:25PM

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>	<b>Thursday, December 10, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kanya Rasi: 19.47	Tithi 25 – 26	<b>Gulika</b> 9:11AM – 10:35AM	<b>Hasta</b> <b>Until 11:53AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM	Sun 10 Sutra 242
			Yama 6:23AM – 7:47AM	Saubhagya <b>Until 8:25PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Sarvari 5122
		762174465	<b>Rahu</b> 1:22PM – 2:46PM	Bava <b>Until 12:35AM</b> Fri	<b>Nataraja:</b> Clear		Moon 12 - Phase 33 2nd Phase
Routine Work Marana Yoga			<b>Dashami</b> <b>Until 1:55PM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 11:53AM				<b>Karttika-Karttikai</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Friday, December 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Tula Rasi: 4.19	Tithi 26 – 27	<b>Gulika</b> 7:48AM – 9:12AM	<b>Chitra</b> <b>Until 9:50AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	Sun 11 Sutra 243
			Yama 2:47PM – 4:10PM	Sobhana <b>Until 4:52PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Sarvari 5122
		762174465	<b>Rahu</b> 10:35AM – 11:59AM	Kaulava <b>Until 9:39PM</b>	<b>Nataraja:</b> Clear		Moon 12 - Phase 33 2nd Phase
Creative Work Siddha Yoga			<b>Ekadashi*</b> <b>Until 11:08AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Karttika-Karttikai</b>		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Saturday, December 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantra Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Tula Rasi: 19.02	Tithi 27 – 28	<b>Gulika</b> 6:25AM – 7:48AM	<b>Svati</b> <b>Until 7:24AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	Sun 12 Sutra 244
			Yama 1:23PM – 2:47PM	Athiganda* <b>Until 1:06PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Sarvari 5122
		763174465	<b>Rahu</b> 9:12AM – 10:36AM	Gara <b>Until 6:32PM</b>	<b>Nataraja:</b> Clear		Moon 12 - Phase 33 2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi*</b> <b>Until 8:05AM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			
			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Sunday, December 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar
	Vrischika Rasi: 3.53	Tithi 29	<b>Gulika</b> 2:47PM – 4:11PM	<b>Anuradha</b> <b>Until 2:41AM Mon</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:25AM	Sun 13 Sutra 245
			Yama 12:00PM – 1:24PM	Sukarma <b>Until 9:17AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Sarvari 5122
		773174465	<b>Rahu</b> 4:11PM – 5:35PM	Visti <b>Until 3:22PM</b>	<b>Nataraja:</b> Clear		Moon 12 - Phase 33 2nd Phase
Routine Work Marana Yoga			<b>Chaturdashi*</b> <b>Until 1:47AM Mon</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 2:41AM Mon				<b>Karttika-Karttikai</b>			
Then Creative Work - Siddha Yoga							

	<b>Monday, December 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 1:24PM – 2:48PM	<b>Jyeshtha*</b> <b>Until 12:17AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:26AM	Sun 14 Sutra 246
	Vrischika Rasi: 18.42	Tithi 30	Yama 10:37AM – 12:00PM	Shula* <b>Until 1:51AM Tue</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Sarvari 5122
	<b>Family Home Evening</b>	773174465	<b>Rahu</b> 7:49AM – 9:13AM	Catuspada <b>Until 12:16PM</b>	<b>Nataraja:</b> Clear		Moon 12 - Phase 33 Amavasya
Creative Work Siddha Yoga			<b>Amavasya*</b> <b>Until 10:47PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 12:17AM Tue				<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga							

	<b>Tuesday, December 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 12:01PM – 1:25PM	<b>Mula*</b> <b>Until 10:30PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:26AM	Sun 15 Sutra 247
	Dhanus Rasi: 3.23	Tithi 1	Yama 9:14AM – 10:37AM	Ganda* <b>Until 10:29PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Sarvari 5122
		783274465	<b>Rahu</b> 2:48PM – 4:12PM	Kintughna <b>Until 9:25AM</b>	<b>Nataraja:</b> Clear		Moon 12 - Phase 33 Prathama
Creative Work Amrita Yoga			<b>Prathama*</b> <b>Until 8:07PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 10:30PM				<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>1</b>	<b>Wednesday, December 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Balava/Tailita Karana Dvitiya/Triliyayam Titau				Yangon, Myanmar Sun 16 Sutra 248
	Dhanus Rasi: 17.47	Tithi 2 – 3	<b>Gulika</b> 10:38AM – 12:01PM	<b>Purvashadha* Until 9:02PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:27AM	<i>Sunset:</i> 5:36PM	Sarvari 5122
			Yama 7:51AM – 9:14AM	Vriddhi Until 7:31PM	<b>Muruqa:</b> Clear		Moon 12 - Phase 34
	883274465		<b>Rahu</b> 12:01PM – 1:25PM	Balava Until 6:58AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 5:54PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Thursday, December 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Yangon, Myanmar Sun 17 Sutra 249
	Makara Rasi: 1.52	Tithi 3 – 4	<b>Gulika</b> 9:15AM – 10:38AM	<b>Uttarashadha Until 8:02PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:27AM	<i>Sunset:</i> 5:37PM	Sarvari 5122
			Yama 6:27AM – 7:51AM	Dhruva Until 5:01PM	<b>Muruqa:</b> Clear		Moon 12 - Phase 34
	883274465		<b>Rahu</b> 1:26PM – 2:49PM	Vanija Until 3:45AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 4:17PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 8:02PM				<b>Margasira*Markali</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Friday, December 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 250
	Makara Rasi: 15.31	Tithi 4 – 5	<b>Gulika</b> 7:52AM – 9:15AM	<b>Shravana Until 8:03PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM	<i>Sunset:</i> 5:37PM	Sarvari 5122
			Yama 2:50PM – 4:13PM	Vyaghata* Until 3:04PM	<b>Muruqa:</b> Clear		Moon 12 - Phase 34
	893274465		<b>Rahu</b> 10:39AM – 12:02PM	Bava Until 3:14AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 3:23PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 8:03PM				<b>Margasira*Markali</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Saturday, December 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar Sun 19 Sutra 251
	Makara Rasi: 28.46	Tithi 5 – 6	<b>Gulika</b> 6:28AM – 7:52AM	<b>Dhanishtha Until 8:40PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM	<i>Sunset:</i> 5:37PM	Sarvari 5122
			Yama 1:27PM – 2:50PM	Harshana Until 1:45PM	<b>Muruqa:</b> Clear		Moon 12 - Phase 34
	893274465		<b>Rahu</b> 9:16AM – 10:39AM	Kaulava Until 3:30AM Sun	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 3:15PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 8:40PM				<b>Margasira*Markali</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>5</b>	<b>Sunday, December 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 252
	Kumbha Rasi: 11.37	Tithi 6 – 7	<b>Gulika</b> 2:51PM – 4:14PM	<b>Shatabhishak Until 9:52PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:29AM	<i>Sunset:</i> 5:38PM	Sarvari 5122
			Yama 12:03PM – 1:27PM	Vajra* Until 1:01PM	<b>Muruqa:</b> Clear		Moon 12 - Phase 34
	893274465		<b>Rahu</b> 4:14PM – 5:38PM	Gara Until 4:32AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 3:55PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira*Markali</b>		Devaloka Time: 3:PM to 6:PM	

Vinayaga Viratam Ends

<b>6</b>	<b>Monday, December 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 253
	Kumbha Rasi: 24.06	Tithi 7 – 8	<b>Gulika</b> 1:28PM – 2:51PM	<b>Purvaproshtapada* Until 12:04AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:29AM	<i>Sunset:</i> 5:38PM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:40AM – 12:04PM	Siddhi Until 12:51PM	<b>Muruqa:</b> Clear		Moon 12 - Phase 34
	813274465		<b>Rahu</b> 7:53AM – 9:17AM	Visti Until 6:14AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Saptami Until 5:17PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 12:04AM Tue				<b>Margasira*Markali</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>D</b>	<b>Tuesday, December 22, 2020</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 22 Sutra 254
	<b>Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:28PM	<b>Uttaraproshtapada Until 2:37AM Wed</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM	<i>Sunset:</i> 5:39PM	Sarvari 5122
	Meena Rasi: 6.19	Tithi 8	Yama 9:17AM – 10:41AM	Vyatipata* Until 1:10PM	<b>Muruqa:</b> Clear		Moon 12 - Phase 34
	813274465		<b>Rahu</b> 2:52PM – 4:15PM	Visti Until 6:14AM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Amrita Yoga		<b>Ashtami* Until 7:16PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 2:37AM Wed				<b>Margasira*Markali</b>		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

<b>D</b>	<b>Wednesday, December 23, 2020</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 23 Sutra 255
	<b>Retreat Star</b>		<b>Gulika</b> 10:41AM – 12:05PM	<b>Revati Until 5:21AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM	<i>Sunset:</i> 5:39PM	Sarvari 5122
	Meena Rasi: 18.2	Tithi 9	Yama 7:54AM – 9:18AM	Variyan Until 1:48PM	<b>Muruqa:</b> Clear		Moon 12 - Phase 34
	813274465		<b>Rahu</b> 12:05PM – 1:29PM	Balava Until 8:27AM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Navami* Until 9:40PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 5:21AM Thu				<b>Margasira*Markali</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, December 24, 2020</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 24 Sutra 256	
Mesha Rasi: 0.13	Tithi 10	823274465	<b>Gulika</b> 9:18AM – 10:42AM Yama 6:31AM – 7:55AM <b>Rahu</b> 1:29PM – 2:53PM	<b>Ashvini Until 8:34AM Fri</b> Parigha* Until 2:38PM Taitila Until 10:59AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:40PM <b>Nataraja:</b> Clear Moon – White	<b>Devaloka Day</b> Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Creative Work Amrita Yoga Until 8:34AM Fri Then Creative Work - Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>		<b>Dashami Until 12:16AM Fri</b>			
<b>2</b>		<b>Friday, December 25, 2020</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 25 Sutra 257	
Mesha Rasi: 12.04	Tithi 11	823274465	<b>Gulika</b> 7:55AM – 9:19AM Yama 2:53PM – 4:17PM <b>Rahu</b> 10:42AM – 12:06PM	<b>Ashvini Until 8:34AM</b> Shiva Until 3:33PM Vanija Until 1:36PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:41PM <b>Nataraja:</b> Clear Moon – White	<b>Devaloka Day</b> Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Creative Work Amrita Yoga Until 8:34AM Then Creative Work - Siddha Yoga		<b>Day 5 of Pancha Ganapati</b>		<b>Ekadashi Until 2:52AM Sat</b>			
<b>3</b>		<b>Saturday, December 26, 2020</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 26 Sutra 258	
Mesha Rasi: 23.55	Tithi 12	824274466	<b>Gulika</b> 6:32AM – 7:55AM Yama 1:30PM – 2:54PM <b>Rahu</b> 9:19AM – 10:43AM	<b>Bharani Until 11:32AM</b> Siddha Until 4:21PM Bava Until 4:08PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:41PM <b>Nataraja:</b> Orange Moon – White	<b>Sivaloka Day</b> Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Creative Work Siddha Yoga Until 11:32AM Then Creative Work - Amrita Yoga				<b>Dvadashi Until 5:17AM Sun</b>			
<b>4</b>		<b>Sunday, December 27, 2020</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Kaulava Karana Trayodashyam Titau		Yangon, Myanmar Sun 27 Sutra 259	
Vrishabha Rasi: 5.5	Tithi 13	824274466	<b>Gulika</b> 2:54PM – 4:18PM Yama 12:07PM – 1:31PM <b>Rahu</b> 4:18PM – 5:42PM	<b>Krittika Until 2:07PM</b> Sadhya Until 4:57PM Kaulava Until 6:23PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:42PM <b>Nataraja:</b> Orange Moon – White	<b>Sivaloka Day</b> Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Creative Work Siddha Yoga				<b>Trayodashi Until 7:20AM Mon</b>			
				<i>Pradosha Vrata</i>			
<b>5</b>		<b>Monday, December 28, 2020</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sutra 260	
Vrishabha Rasi: 17.55	Tithi 13 – 14	834274466	<b>Gulika</b> 1:31PM – 2:55PM Yama 10:44AM – 12:07PM <b>Rahu</b> 7:56AM – 9:20AM	<b>Rohini Until 4:38PM</b> Subha Until 5:16PM Gara Until 8:13PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:42PM <b>Nataraja:</b> Orange Moon – Yellow	<b>Devaloka Day</b> Sarvari 5122 Moon 12 - Phase 35 4th Phase	
Family Home Evening Creative Work Amrita Yoga				<b>Trayodashi Until 7:20AM</b>			
<b>○</b>		<b>Tuesday, December 29, 2020</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Yangon, Myanmar Sutra 261	
Mithuna Rasi: 0.1	Tithi 14 – 15	834274466	<b>Gulika</b> 12:08PM – 1:32PM Yama 9:21AM – 10:44AM <b>Rahu</b> 2:55PM – 4:19PM	<b>Mrigashira Until 6:32PM</b> Sukla Until 5:10PM Visti Until 9:32PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Orange Moon – Yellow	<b>Devaloka Day</b> Sarvari 5122 Moon 12 - Phase 35 Purnima	
Creative Work Siddha Yoga Until 6:32PM Then Routine Work - Marana Yoga				<b>Chaturdashi* Until 8:55AM</b>			
<b>○</b>		<b>Wednesday, December 30, 2020</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Yangon, Myanmar Sutra 262	
Mithuna Rasi: 12.39	Tithi 15 – 16	834274466	<b>Gulika</b> 10:45AM – 12:08PM Yama 7:57AM – 9:21AM <b>Rahu</b> 12:08PM – 1:32PM	<b>Ardra Until 7:45PM</b> Brahma Until 4:42PM Balava Until 10:20PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Orange Moon – Yellow	<b>Devaloka Day</b> Sarvari 5122 Moon 12 - Phase 35 Prathama	
Creative Work Siddha Yoga				<b>Purnima* Until 9:59AM</b>			
				<b>Ardra Darshanam</b>			





Thursday, December 31, 2020

Gold Retreat Star

Mithuna Rasi: 25.22 Tithi 16 - 17

844274466

Creative Work Amrita Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 9:21AM - 10:45AM  
Yama 6:34AM - 7:58AM  
**Rahu** 1:33PM - 2:56PM

**Punarvasu** Until 8:47PM  
Indra Until 3:50PM  
Taitila Until 10:36PM  
Prathama\* Until 10:31AM

**Ganesha:** White *Sunrise:* 6:34AM  
**Muruqa:** Clear *Sunset:* 5:44PM  
**Nataraja:** Orange  
Moon - Blue  
Margasira\*Markali

Yangon, Myanmar  
Sutra 263  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

Sivaloka Day

1

Friday, January 1, 2021

Kataka Rasi: 8.2 Tithi 17 - 18

844274466

Routine Work Marana Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 7:58AM - 9:21AM  
Yama 2:56PM - 4:20PM  
**Rahu** 10:45AM - 12:09PM

**Pushya** Until 9:12PM  
Vaidhriti\* Until 2:34PM  
Vanija Until 10:24PM  
Dvitiya Until 10:32AM

**Ganesha:** White *Sunrise:* 6:34AM  
**Muruqa:** Clear *Sunset:* 5:44PM  
**Nataraja:** Orange  
Moon - Blue  
Margasira\*Markali

Yangon, Myanmar  
Sun 1 Sutra 264  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

Sivaloka Day

2

Saturday, January 2, 2021

Kataka Rasi: 21.31 Tithi 18 - 19

844274466

Routine Work Marana Yoga  
Until 9:04PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 6:34AM - 7:58AM  
Yama 1:33PM - 2:57PM  
**Rahu** 9:22AM - 10:46AM

**Ashlesha\*** Until 9:04PM  
Vishkambha\* Until 12:58PM  
Bava Until 9:48PM  
Tritiya Until 10:08AM

**Ganesha:** White *Sunrise:* 6:34AM  
**Muruqa:** Clear *Sunset:* 5:44PM  
**Nataraja:** Orange  
Moon - Blue  
Margasira\*Markali

Yangon, Myanmar  
Sun 2 Sutra 265  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

Sivaloka Day

3

Sunday, January 3, 2021

Simha Rasi: 4.55 Tithi 19 - 20

854274466

Routine Work Marana Yoga  
Until 8:53PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 2:57PM - 4:21PM  
Yama 12:10PM - 1:34PM  
**Rahu** 4:21PM - 5:45PM

**Magha\*** Until 8:53PM  
Priti Until 11:06AM  
Kaulava Until 8:49PM  
Chaturthi\* Until 9:20AM

**Ganesha:** Clear *Sunrise:* 6:35AM  
**Muruqa:** Clear *Sunset:* 5:45PM  
**Nataraja:** Orange  
Moon - Red  
Margasira\*Markali

Yangon, Myanmar  
Sun 3 Sutra 266  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

Devaloka Day

4

Monday, January 4, 2021

Simha Rasi: 18.31 Tithi 20 - 21

Family Home Evening

854274466

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 1:34PM - 2:58PM  
Yama 10:46AM - 12:10PM  
**Rahu** 7:59AM - 9:23AM

**Purvaphalguni** Until 8:14PM  
Ayushman Until 8:56AM  
Gara Until 7:33PM  
Panchami Until 8:12AM

**Ganesha:** Clear *Sunrise:* 6:35AM  
**Muruqa:** Clear *Sunset:* 5:46PM  
**Nataraja:** Orange  
Moon - Red  
Margasira\*Markali

Yangon, Myanmar  
Sun 4 Sutra 267  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

Devaloka Day

5

Tuesday, January 5, 2021

Kanya Rasi: 2.16 Tithi 21 - 22

854274466

Creative Work Amrita Yoga  
Until 7:11PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

**Gulika** 12:11PM - 1:35PM  
Yama 9:23AM - 10:47AM  
**Rahu** 2:59PM - 4:22PM

**Uttaraphalguni** Until 7:11PM  
Saubhagya Until 6:34AM  
Bava Until 5:06AM Wed  
Shashthi\* Until 6:47AM

**Ganesha:** Clear *Sunrise:* 6:35AM  
**Muruqa:** Clear *Sunset:* 5:46PM  
**Nataraja:** Orange  
Moon - Red  
Margasira\*Markali

Yangon, Myanmar  
Sun 5 Sutra 268  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

Devaloka Day

D

Wednesday, January 6, 2021

Retreat Star

Kanya Rasi: 16.11 Tithi 23

864274466

Routine Work Marana Yoga  
Until 6:11PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 10:47AM - 12:11PM  
Yama 7:59AM - 9:23AM  
**Rahu** 12:11PM - 1:35PM

**Hasta** Until 6:11PM  
Athiganda\* Until 1:14AM Thu  
Balava Until 4:11PM  
Ashtami\* Until 3:11AM Thu

**Ganesha:** Purple *Sunrise:* 6:36AM  
**Muruqa:** Clear *Sunset:* 5:47PM  
**Nataraja:** Orange  
Moon - Green  
Margasira\*Markali

Yangon, Myanmar  
Sun 6 Sutra 269  
Sarvari 5122  
Moon 13 - Phase 36  
Ashtami

Sivaloka Day

Thursday, January 7, 2021

Retreat Star

Tula Rasi: 0.16 Tithi 24

865274466

Creative Work Siddha Yoga  
Until 4:50PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 9:24AM - 10:48AM  
Yama 6:36AM - 8:00AM  
**Rahu** 1:36PM - 3:00PM

**Chitra** Until 4:50PM  
Sukarma Until 10:18PM  
Taitila Until 2:10PM  
Navami\* Until 1:04AM Fri

**Ganesha:** Clear *Sunrise:* 6:36AM  
**Muruqa:** Clear *Sunset:* 5:47PM  
**Nataraja:** Orange  
Moon - Green  
Margasira\*Markali

Yangon, Myanmar  
Sun 7 Sutra 270  
Sarvari 5122  
Moon 13 - Phase 36  
Navami

Devaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	<b>Friday, January 8, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Yangon, Myanmar Sun 8 Sutra 271
	Tula Rasi: 14.28	Tithi 25	<b>Gulika</b> 8:00AM – 9:24AM	<b>Svati</b> Until 3:08PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM	Sarvari 5122
			Yama 3:00PM – 4:24PM	Dhriti Until 7:14PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	865274466 <b>Rahu</b> 10:48AM – 12:12PM	Vanija Until 11:57AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dashami</b> Until 10:47PM	Moon – Green		<b>Devaloka Day</b>	
				<b>Margasira</b> *-Markali			

2	<b>Saturday, January 9, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadashyam Titau				Yangon, Myanmar Sun 9 Sutra 272
	Tula Rasi: 28.46	Tithi 26	<b>Gulika</b> 6:36AM – 8:00AM	<b>Vishakha</b> Until 1:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM	Sarvari 5122
			Yama 1:37PM – 3:01PM	Shula* Until 4:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	875374466 <b>Rahu</b> 9:24AM – 10:48AM	Bava Until 9:36AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Ekadashi*</b> Until 8:23PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Margasira</b> *-Markali			

3	<b>Sunday, January 10, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 10 Sutra 273
	Vrischika Rasi: 13.08	Tithi 27 – 28	<b>Gulika</b> 3:01PM – 4:25PM	<b>Anuradha</b> Until 11:52AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Sarvari 5122
			Yama 12:13PM – 1:37PM	Ganda* Until 12:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 13 - Phase 37
	Routine Work	Marana Yoga	875374466 <b>Rahu</b> 4:25PM – 5:49PM	Kaulava Until 7:11AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dvadashi*</b> Until 5:57PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Margasira</b> *-Markali			
				<i>Pradosha Vrata (Fasting)</i>			

4	<b>Monday, January 11, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 11 Sutra 274
	Vrischika Rasi: 27.3	Tithi 28 – 29	<b>Gulika</b> 1:37PM – 3:02PM	<b>Jyeshtha*</b> Until 10:02AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:49AM – 12:13PM	Vridhi Until 9:41AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	875374466 <b>Rahu</b> 8:01AM – 9:25AM	Visti Until 2:28AM Tue	<b>Nataraja:</b> Orange		2nd Phase
			<b>Trayodashi*</b> Until 3:35PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Margasira</b> *-Markali			

●	<b>Tuesday, January 12, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Yangon, Myanmar Sun 12 Sutra 275
	<b>Retreat Star</b>		<b>Gulika</b> 12:14PM – 1:38PM	<b>Mula*</b> Until 8:37AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:37AM	Sarvari 5122
	Dhanus Rasi: 11.46	Tithi 29 – 30	Yama 9:25AM – 10:50AM	Dhruva Until 6:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:51PM	Moon 13 - Phase 37
	Creative Work	Amrita Yoga	885374466 <b>Rahu</b> 3:02PM – 4:26PM	Catuspada Until 12:24AM Wed	<b>Nataraja:</b> Orange		Amavasya
			<b>Chaturdashi*</b> Until 1:23PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Margasira</b> *-Markali			
				<b>Hanumath Jayanthi (Tamil Nadu)</b>			

●	<b>Wednesday, January 13, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 13 Sutra 276
	<b>Retreat Star</b>		<b>Gulika</b> 10:50AM – 12:14PM	<b>Purvashadha*</b> Until 7:19AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:37AM	Sarvari 5122
	Dhanus Rasi: 25.53	Tithi 30 – 1	Yama 8:01AM – 9:26AM	Harshana Until 1:12AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:51PM	Moon 13 - Phase 37
	Creative Work	Amrita Yoga	885374466 <b>Rahu</b> 12:14PM – 1:38PM	Kintughna Until 10:42PM	<b>Nataraja:</b> Orange		Prathama
			<b>Amavasya*</b> Until 11:29AM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Pausha</b> *-Markali			

<b>1</b>	<b>Thursday, January 14, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar
	Makara Rasi: 9.44	Tithi 1 – 2	<b>Gulika</b> 9:26AM – 10:50AM	<b>Uttarashadha Until 6:17AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:37AM	Sun 14 Sutra 277
			Yama 6:37AM – 8:02AM	Vajra* Until 11:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM	Sarvari 5122
		885374466	<b>Rahu</b> 1:39PM – 3:03PM	Balava Until 9:29PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38
	Routine Work	Marana Yoga	<b>Thai Pongal</b>	Balava Until 9:29PM	Moon – Light Blue	3rd Phase	
	Until 6:17AM		<b>Prathama* Until 10:00AM</b>		<b>Pausha*Thai</b>	<b>Devaloka Day</b>	
	Then Creative Work - Siddha Yoga						

<b>2</b>	<b>Friday, January 15, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar
	Makara Rasi: 23.18	Tithi 2 – 3	<b>Gulika</b> 8:02AM – 9:26AM	<b>Shravana Until 6:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Sun 15 Sutra 278
			Yama 3:04PM – 4:28PM	Siddhi Until 9:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM	Sarvari 5122
		895374466	<b>Rahu</b> 10:50AM – 12:15PM	Taitila Until 8:51PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38
	Routine Work	Marana Yoga	<b>Dvitiya Until 9:04AM</b>	Balava Until 9:29PM	Moon – Purple	3rd Phase	
	Until 6:02AM				<b>Pausha*Thai</b>	<b>Devaloka Day</b>	
	Then Creative Work - Siddha Yoga						

<b>3</b>	<b>Saturday, January 16, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Yangon, Myanmar
	Kumbha Rasi: 6.31	Tithi 3 – 4	<b>Gulika</b> 6:38AM – 8:02AM	<b>Dhanishtha Until 6:16AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM	Sun 16 Sutra 279
			Yama 1:40PM – 3:04PM	Vyatipata* Until 8:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:53PM	Sarvari 5122
		895374466	<b>Rahu</b> 9:26AM – 10:51AM	Vanija Until 8:54PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38
	Creative Work	Siddha Yoga	<b>Tritiya Until 8:46AM</b>	Balava Until 9:29PM	Moon – Purple	3rd Phase	
	Until 6:16AM				<b>Pausha*Thai</b>	<b>Devaloka Day</b>	
	Then Creative Work - Amrita Yoga						

<b>4</b>	<b>Sunday, January 17, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar
	Kumbha Rasi: 19.23	Tithi 4 – 5	<b>Gulika</b> 3:05PM – 4:29PM	<b>Shatabhishak Until 7:00AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Sun 17 Sutra 280
			Yama 12:16PM – 1:40PM	Varyan Until 7:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:54PM	Sarvari 5122
		896374466	<b>Rahu</b> 4:29PM – 5:54PM	Bava Until 9:39PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38
	Creative Work	Siddha Yoga	<b>Chaturthi* Until 9:10AM</b>	Bava Until 9:39PM	Moon – Purple	3rd Phase	
	Until 6:16AM				<b>Pausha*Thai</b>	<b>Bhuloka Day</b>	
	Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Monday, January 18, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar
	Meena Rasi: 1.55	Tithi 5 – 6	<b>Gulika</b> 1:40PM – 3:05PM	<b>Purvaproshtapada* Until 8:43AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM	Sun 18 Sutra 281
	<b>Family Home Evening</b>		Yama 10:51AM – 12:16PM	Parigha* Until 7:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:54PM	Sarvari 5122
		816374466	<b>Rahu</b> 8:02AM – 9:27AM	Kaulava Until 11:05PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38
	Routine Work	Marana Yoga	<b>Panchami Until 10:16AM</b>	Balava Until 9:29PM	Moon – Clear	3rd Phase	
	Until 8:43AM				<b>Pausha*Thai</b>	<b>Bhuloka Day</b>	
	Then Creative Work - Siddha Yoga					Devaloka Time: 3:PM to 6:PM	

<b>6</b>	<b>Tuesday, January 19, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar
	Meena Rasi: 14.11	Tithi 6 – 7	<b>Gulika</b> 12:16PM – 1:41PM	<b>Uttaraproshtapada Until 10:54AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM	Sun 19 Sutra 282
			Yama 9:27AM – 10:52AM	Shiva Until 7:47PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:55PM	Sarvari 5122
		816374466	<b>Rahu</b> 3:05PM – 4:30PM	Gara Until 1:05AM Wed	<b>Nataraja:</b> Orange		Moon 13 - Phase 38
	Creative Work	Amrita Yoga	<b>Shashthi* Until 12:00PM</b>	Gara Until 1:05AM Wed	Moon – Clear	3rd Phase	
	Until 10:54AM				<b>Pausha*Thai</b>	<b>Bhuloka Day</b>	
	Then Creative Work - Siddha Yoga					Devaloka Time: 3:PM to 6:PM	

<b>☾</b>	<b>Wednesday, January 20, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 10:52AM – 12:17PM	<b>Revati Until 1:25PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM	Sun 20 Sutra 283
	Meena Rasi: 26.13	Tithi 7 – 8	Yama 8:02AM – 9:27AM	Siddha Until 8:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:55PM	Sarvari 5122
		816374466	<b>Rahu</b> 12:17PM – 1:41PM	Visti Until 3:31AM Thu	<b>Nataraja:</b> Orange		Moon 13 - Phase 38
	Routine Work	Marana Yoga	<b>Saptami Until 2:15PM</b>	Balava Until 9:29PM	Moon – Clear	Ashtami	
	Until 6:16AM				<b>Pausha*Thai</b>	<b>Bhuloka Day</b>	
	Then Creative Work - Siddha Yoga					Devaloka Time: 3:PM to 6:PM	

<b>☽</b>	<b>Thursday, January 21, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 9:27AM – 10:52AM	<b>Ashvini Until 4:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	Sun 21 Sutra 284
	Mesha Rasi: 8.07	Tithi 8 – 9	Yama 6:38AM – 8:03AM	Sadhya Until 9:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:56PM	Sarvari 5122
		826374466	<b>Rahu</b> 1:42PM – 3:06PM	Balava Until 6:09AM Fri	<b>Nataraja:</b> Orange		Moon 13 - Phase 38
	Creative Work	Amrita Yoga	<b>Ashtami* Until 4:48PM</b>	Balava Until 6:09AM Fri	Moon – White	Navami	
	Until 4:33PM				<b>Pausha*Thai</b>	<b>Devaloka Day</b>	
	Then Creative Work - Siddha Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

<b>1</b>		<b>Friday, January 22, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 285	
Mesha Rasi: 19.56	Tithi 9	<b>Gulika</b> 8:03AM – 9:27AM	<b>Bharani</b> Until 7:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
		Yama 3:07PM – 4:32PM	Subha Until 10:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:56PM	Moon 13 - Phase 39	
826374466	<b>Rahu</b> 10:52AM – 12:17PM		Balava Until 6:09AM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 7:27PM	Moon – White		<b>Devaloka Day</b>	
				<b>Pausha-Thai</b>			
<b>2</b>		<b>Saturday, January 23, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 286	
Vrishabha Rasi: 1.47	Tithi 10	<b>Gulika</b> 6:38AM – 8:03AM	<b>Krittika</b> Until 10:20PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
		Yama 1:42PM – 3:07PM	Sukla Until 11:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:57PM	Moon 13 - Phase 39	
826374466	<b>Rahu</b> 9:28AM – 10:52AM		Taitila Until 8:44AM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 9:55PM	Moon – White		<b>Devaloka Day</b>	
				<b>Pausha-Thai</b>			
<b>3</b>		<b>Sunday, January 24, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma Yoga Vanija/Visiti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 287	
Vrishabha Rasi: 13.44	Tithi 11	<b>Gulika</b> 3:08PM – 4:33PM	<b>Rohini</b> Until 12:59AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
		Yama 12:18PM – 1:43PM	Brahma Until 11:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:58PM	Moon 13 - Phase 39	
937374466	<b>Rahu</b> 4:33PM – 5:58PM		Vanija Until 11:01AM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 11:58PM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 12:59AM Mon				<b>Pausha-Thai</b>			
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Monday, January 25, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 288	
Vrishabha Rasi: 25.52	Tithi 12	<b>Gulika</b> 1:43PM – 3:08PM	<b>Mrigashira</b> Until 2:55AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:53AM – 12:18PM	Indra Until 11:28PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:58PM	Moon 13 - Phase 39	
937374466	<b>Rahu</b> 8:03AM – 9:28AM		Bava Until 12:48PM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 1:26AM Tue	Moon – Yellow		<b>Sivaloka Day</b>	
Until 2:55AM Tue				<b>Pausha-Thai</b>			
Then Routine Work - Marana Yoga							
<b>5</b>		<b>Tuesday, January 26, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 289	
Mithuna Rasi: 8.16	Tithi 13	<b>Gulika</b> 12:18PM – 1:43PM	<b>Ardra</b> Until 4:03AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
		Yama 9:28AM – 10:53AM	Vaidhriti* Until 10:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:59PM	Moon 13 - Phase 39	
937374466	<b>Rahu</b> 3:08PM – 4:34PM		Kaulava Until 1:56PM	<b>Nataraja:</b> Orange		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 2:13AM Wed	Moon – Yellow		<b>Sivaloka Day</b>	
Until 4:03AM Wed				<b>Pausha-Thai</b>			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			
<b>6</b>		<b>Wednesday, January 27, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 290	
Mithuna Rasi: 20.57	Tithi 14	<b>Gulika</b> 10:53AM – 12:18PM	<b>Punarvasu</b> Until 4:49AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Sarvari 5122	
		Yama 8:03AM – 9:28AM	Vishkambha* Until 9:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:59PM	Moon 13 - Phase 39	
947374466	<b>Rahu</b> 12:18PM – 1:44PM		Gara Until 2:22PM	<b>Nataraja:</b> Orange		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:19AM Thu	Moon – Blue		<b>Devaloka Day</b>	
Until 4:49AM Thu				<b>Pausha-Thai</b>			
Then Creative Work - Amrita Yoga							
<b>○</b>		<b>Thursday, January 28, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Visiti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sutra 291	
Kataka Rasi: 3.58	Tithi 15	<b>Gulika</b> 9:28AM – 10:53AM	<b>Pushya</b> Until 4:49AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Sarvari 5122	
		Yama 6:37AM – 8:03AM	Priti Until 8:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:00PM	Moon 13 - Phase 39	
947374466	<b>Rahu</b> 1:44PM – 3:09PM		Visiti Until 2:08PM	<b>Nataraja:</b> Orange		Purnima	
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 1:46AM Fri	Moon – Blue		<b>Devaloka Day</b>	
Until 4:49AM Fri		<b>Thai Pusam</b>		<b>Pausha-Thai</b>			
Then Routine Work - Marana Yoga							
<b>○</b>		<b>Friday, January 29, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sutra 292	
Kataka Rasi: 17.19	Tithi 16	<b>Gulika</b> 8:03AM – 9:28AM	<b>Ashlesha*</b> Until 4:10AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Sarvari 5122	
		Yama 3:09PM – 4:35PM	Ayushman Until 6:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:00PM	Moon 13 - Phase 39	
947374466	<b>Rahu</b> 10:53AM – 12:19PM		Balava Until 1:18PM	<b>Nataraja:</b> Orange		Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 12:41AM Sat	Moon – Blue		<b>Devaloka Day</b>	
Until 4:10AM Sat				<b>Pausha-Thai</b>			
Then Creative Work - Amrita Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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**Saturday, January 30, 2021****Gold Retreat Star**

Simha Rasi: 0.57      Tithi 17

957374466

Creative Work      Amrita Yoga

Until 3:25AM Sun

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau**Gulika** 6:37AM – 8:02AM  
Yama 1:44PM – 3:10PM  
**Rahu** 9:28AM – 10:53AM**Magha\* Until 3:25AM Sun**  
Saubhagya Until 4:04PM  
Taitila Until 12:00PM  
**Dvitiya Until 11:11PM****Ganesha:** Purple      *Sunrise:* 6:37AM  
**Muruqa:** Clear      *Sunset:* 6:01PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha\*Thai****Sivaloka Day**Yangon, Myanmar  
Sutra 293  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase**1****Sunday, January 31, 2021**

Simha Rasi: 14.5      Tithi 18

958374466

Creative Work      Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau**Gulika** 3:10PM – 4:36PM  
Yama 12:19PM – 1:45PM  
**Rahu** 4:36PM – 6:01PM**Purvaphalguni Until 2:14AM Mon**  
Sobhana Until 1:29PM  
Vanija Until 10:19AM  
**Tritiya Until 9:22PM****Ganesha:** Clear      *Sunrise:* 6:37AM  
**Muruqa:** Clear      *Sunset:* 6:01PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha\*Thai****Devaloka Day**Yangon, Myanmar  
Sun 1      Sutra 294  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase**2****Monday, February 1, 2021**

Simha Rasi: 28.52      Tithi 19

958374466

Creative Work      Siddha Yoga

**Family Home Evening**Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Chaturthyam Titau**Gulika** 1:45PM – 3:10PM  
Yama 10:53AM – 12:19PM  
**Rahu** 8:02AM – 9:28AM**Uttaraphalguni Until 12:46AM Tue**  
Athiganda\* Until 10:41AM  
Bava Until 8:25AM  
**Chaturthi\* Until 7:23PM****Ganesha:** Clear      *Sunrise:* 6:37AM  
**Muruqa:** Clear      *Sunset:* 6:01PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha\*Thai****Devaloka Day**Yangon, Myanmar  
Sun 2      Sutra 295  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase**3****Tuesday, February 2, 2021**

Kanya Rasi: 12.59      Tithi 20 – 21

968374466

Creative Work      Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau**Gulika** 12:19PM – 1:45PM  
Yama 9:28AM – 10:54AM  
**Rahu** 3:11PM – 4:36PM**Hasta Until 11:31PM**  
Sukarma Until 7:48AM  
Kaulava Until 6:22AM  
**Panchami Until 5:19PM****Ganesha:** White      *Sunrise:* 6:37AM  
**Muruqa:** Clear      *Sunset:* 6:02PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha\*Thai****Devaloka Day**

Devaloka Time: 3:PM to 6:PM

Yangon, Myanmar  
Sun 3      Sutra 296  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase**4****Wednesday, February 3, 2021**

Kanya Rasi: 27.09      Tithi 21 – 22

968474467

Creative Work      Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau**Gulika** 10:54AM – 12:19PM  
Yama 8:02AM – 9:28AM  
**Rahu** 12:19PM – 1:45PM**Chitra Until 10:08PM**  
Shula\* Until 2:00AM Thu  
Visti Until 2:13AM Thu  
**Shashthi\* Until 3:13PM****Ganesha:** Clear      *Sunrise:* 6:36AM  
**Muruqa:** Clear      *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai****Devaloka Day**Yangon, Myanmar  
Sun 4      Sutra 297  
Sarvari 5122  
Moon 1 - Phase 40  
1st Phase**D****Thursday, February 4, 2021****Retreat Star**

Tula Rasi: 11.17      Tithi 22 – 23

968474467

Creative Work      Amrita Yoga

Until 8:39PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau**Gulika** 9:28AM – 10:54AM  
Yama 6:36AM – 8:02AM  
**Rahu** 1:45PM – 3:11PM**Svati Until 8:39PM**  
Ganda\* Until 11:09PM  
Balava Until 12:12AM Fri  
**Saptami Until 1:11PM****Ganesha:** Clear      *Sunrise:* 6:36AM  
**Muruqa:** Clear      *Sunset:* 6:03PM  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai****Devaloka Day**Yangon, Myanmar  
Sun 5      Sutra 298  
Sarvari 5122  
Moon 1 - Phase 40  
Ashtami**Friday, February 5, 2021****Retreat Star**

Tula Rasi: 25.23      Tithi 23 – 24

978474467

Creative Work      Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau**Gulika** 8:02AM – 9:28AM  
Yama 3:11PM – 4:37PM  
**Rahu** 10:54AM – 12:20PM**Vishakha Until 7:32PM**  
Vriddhi Until 8:23PM  
Taitila Until 10:16PM  
**Ashtami\* Until 11:12AM****Ganesha:** White      *Sunrise:* 6:36AM  
**Muruqa:** Clear      *Sunset:* 6:03PM  
**Nataraja:** Clear  
Moon – Orange  
**Pausha\*Thai****Sivaloka Day**Yangon, Myanmar  
Sun 6      Sutra 299  
Sarvari 5122  
Moon 1 - Phase 40  
Navami


<b>1</b>	<b>Saturday, February 6, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Yangon, Myanmar
	Wrischika Rasi: 9.26	Tithi 24 – 25	<b>Gulika</b> 6:36AM – 8:02AM	<b>Anuradha</b> Until 6:22PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	Sun 7 Sutra 300
			Yama 1:46PM – 3:12PM	Dhruva Until 5:40PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:04PM	Sarvari 5122
	979484467	Rahu 9:28AM – 10:54AM	Vanija Until 8:26PM	Navami* Until 9:19AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga			Moon – Orange		2nd Phase	
				<b>Pausha*Thai</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Sunday, February 7, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Wrischika Rasi: 23.25	Tithi 25 – 26	<b>Gulika</b> 3:12PM – 4:38PM	<b>Jyeshtha*</b> Until 5:10PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:35AM	Sun 8 Sutra 301
			Yama 12:20PM – 1:46PM	Vyaghata* Until 3:03PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:04PM	Sarvari 5122
	979484467	Rahu 4:38PM – 6:04PM	Bava Until 6:43PM	Dashami Until 7:32AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Routine Work	Marana Yoga			Moon – Orange		2nd Phase	
Until 5:10PM				<b>Pausha*Thai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, February 8, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Yangon, Myanmar
	Dhanus Rasi: 7.2	Tithi 27	<b>Gulika</b> 1:46PM – 3:12PM	<b>Mula*</b> Until 4:24PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:35AM	Sun 9 Sutra 302
	<b>Family Home Evening</b>		Yama 10:54AM – 12:20PM	Harshana Until 12:34PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:05PM	Sarvari 5122
	989484467	Rahu 8:01AM – 9:27AM	Kaulava Until 5:08PM	Dvadashti* Until 4:24AM Tue	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga			Moon – Light Blue		2nd Phase	
Until 4:24PM				<b>Pausha*Thai</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Tuesday, February 9, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar
	Dhanus Rasi: 21.08	Tithi 28	<b>Gulika</b> 12:20PM – 1:46PM	<b>Purvashadha*</b> Until 3:40PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:35AM	Sun 10 Sutra 303
			Yama 9:27AM – 10:54AM	Vajra* Until 10:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:05PM	Sarvari 5122
	989484467	Rahu 3:12PM – 4:39PM	Gara Until 3:45PM	Trayodashi* Until 3:08AM Wed	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga			Moon – Light Blue		2nd Phase	
Until 3:40PM				<b>Pausha*Thai</b>		<b>Devaloka Day</b>	
Then Routine Work - Prabararishta Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Wednesday, February 10, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Siddhi*/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar
	Makara Rasi: 4.47	Tithi 29	<b>Gulika</b> 10:54AM – 12:20PM	<b>Uttarashadha</b> Until 3:03PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM	Sun 11 Sutra 304
			Yama 8:01AM – 9:27AM	Siddhi Until 8:02AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:06PM	Sarvari 5122
	989484467	Rahu 12:20PM – 1:46PM	Visti Until 2:38PM	Chaturdashi* Until 2:10AM Thu	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Amrita Yoga			Moon – Light Blue		2nd Phase	
Until 3:03PM				<b>Pausha*Thai</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

	<b>Thursday, February 11, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 9:27AM – 10:53AM	<b>Shravana</b> Until 3:05PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM	Sun 12 Sutra 305
	Makara Rasi: 18.17	Tithi 30	Yama 6:34AM – 8:00AM	Vyatipata* Until 6:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:06PM	Sarvari 5122
	999484467	Rahu 1:46PM – 3:13PM	Catuspada Until 1:51PM	Amavasya* Until 1:36AM Fri	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga			Moon – Purple		Amavasya	
				<b>Pausha*Thai</b>		<b>Devaloka Day</b>	

	<b>Friday, February 12, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 8:00AM – 9:27AM	<b>Dhanishtha</b> Until 3:22PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM	Sun 13 Sutra 306
	Kumbha Rasi: 1.32	Tithi 1	Yama 3:13PM – 4:40PM	Parigha* Until 3:18AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:06PM	Sarvari 5122
	999484467	Rahu 10:53AM – 12:20PM	Kintughna Until 1:30PM	Prathama* Until 1:30AM Sat	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga			Moon – Purple		Prathama	
				<b>Magha*Masi</b>		<b>Devaloka Day</b>	

<b>1</b>	<b>Saturday, February 13, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar
	Kumbha Rasi: 14.33	Tithi 2	<b>Gulika</b> 6:33AM – 8:00AM <b>Yama</b> 1:47PM – 3:13PM <b>Rahu</b> 9:27AM – 10:53AM	<b>Shatabhishak</b> Until 4:01PM Shiva Until 2:32AM Sun Balava Until 1:41PM <b>Dvitiya</b> Until 1:57AM Sun	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:33AM <b>Sunset:</b> 6:07PM	Sun 14 Sutra 307 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
	Creative Work Amrita Yoga Until 4:01PM Then Routine Work - Marana Yoga	999484467					<b>Devaloka Day</b>

<b>2</b>	<b>Sunday, February 14, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau				Yangon, Myanmar
	Kumbha Rasi: 27.17	Tithi 3	<b>Gulika</b> 3:14PM – 4:40PM <b>Yama</b> 12:20PM – 1:47PM <b>Rahu</b> 4:40PM – 6:07PM	<b>Purvaproshtapada*</b> Until 5:32PM Siddha Until 2:10AM Mon Taitila Until 2:25PM <b>Tritiya</b> Until 3:00AM Mon	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:33AM <b>Sunset:</b> 6:07PM	Sun 15 Sutra 308 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
	Creative Work Siddha Yoga Until 5:32PM Then Creative Work - Amrita Yoga	911484467					<b>Sivaloka Day</b>

<b>3</b>	<b>Monday, February 15, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Yangon, Myanmar
	Meena Rasi: 9.46	Tithi 4	<b>Gulika</b> 1:47PM – 3:14PM <b>Yama</b> 10:53AM – 12:20PM <b>Rahu</b> 7:59AM – 9:26AM	<b>Uttaraproshtapada</b> Until 7:28PM Sadhya Until 2:17AM Tue Vanija Until 3:45PM <b>Chaturthi*</b> Until 4:37AM Tue	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:32AM <b>Sunset:</b> 6:08PM	Sun 16 Sutra 309 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
	Family Home Evening Creative Work Siddha Yoga	911484467					<b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, February 16, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar
	Meena Rasi: 22	Tithi 5	<b>Gulika</b> 12:20PM – 1:47PM <b>Yama</b> 9:26AM – 10:53AM <b>Rahu</b> 3:14PM – 4:41PM	<b>Revati</b> Until 9:45PM Subha Until 2:47AM Wed Bava Until 5:39PM <b>Panchami</b> Until 6:45AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:32AM <b>Sunset:</b> 6:08PM	Sun 17 Sutra 310 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
	Creative Work Siddha Yoga	911484467					<b>Sivaloka Day</b>

Subramuniyaswami Siva Vision Day

<b>5</b>	<b>Wednesday, February 17, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashtyayam Titau				Yangon, Myanmar
	Mesha Rasi: 4.01	Tithi 5 – 6	<b>Gulika</b> 10:53AM – 12:20PM <b>Yama</b> 7:58AM – 9:26AM <b>Rahu</b> 12:20PM – 1:47PM	<b>Ashvini</b> Until 12:46AM Thu Sukla Until 3:34AM Thu Kaulava Until 8:00PM <b>Panchami</b> Until 6:45AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 6:08PM	Sun 18 Sutra 311 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
	Routine Work Marana Yoga Until 12:46AM Thu Then Creative Work - Siddha Yoga	921484467					<b>Devaloka Day</b>

<b>6</b>	<b>Thursday, February 18, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar
	Mesha Rasi: 15.54	Tithi 6 – 7	<b>Gulika</b> 9:25AM – 10:53AM <b>Yama</b> 6:31AM – 7:58AM <b>Rahu</b> 1:47PM – 3:14PM	<b>Bharani</b> Until 3:50AM Fri Brahma Until 4:32AM Fri Gara Until 10:37PM <b>Shashthi*</b> Until 9:15AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 6:09PM	Sun 19 Sutra 312 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
	Creative Work Siddha Yoga	921484467					<b>Devaloka Day</b>

<b>D</b>	<b>Friday, February 19, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Indra Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 7:58AM – 9:25AM <b>Yama</b> 3:14PM – 4:42PM <b>Rahu</b> 10:52AM – 12:20PM	<b>Krittika</b> Until 6:44AM Sat Indra Until 5:29AM Sat Visti Until 1:16AM Sat <b>Saptami</b> Until 11:56AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:30AM <b>Sunset:</b> 6:09PM	Sun 20 Sutra 313 Sarvari 5122 Moon 1 - Phase 42 Ashtami
	Creative Work Siddha Yoga Until 6:44AM Sat Then Creative Work - Amrita Yoga	921484467					<b>Devaloka Day</b>

<b>D</b>	<b>Saturday, February 20, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 6:30AM – 7:57AM <b>Yama</b> 1:47PM – 3:15PM <b>Rahu</b> 9:25AM – 10:52AM	<b>Krittika</b> Until 6:44AM Vaidhriti* Until 6:12AM Sun Balava Until 3:41AM Sun <b>Ashtami*</b> Until 2:30PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:30AM <b>Sunset:</b> 6:09PM	Sun 21 Sutra 314 Sarvari 5122 Moon 1 - Phase 42 Navami
	Creative Work Amrita Yoga	921484467					<b>Devaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Sunday, February 21, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar
	Vrishabha Rasi: 21.28	Tithi 9 – 10	931484467	Gulika Yama Rahu	3:15PM – 4:42PM 12:20PM – 1:47PM 4:42PM – 6:10PM	Rohini Until 9:41AM Vaidhriti* Until 6:12AM Taitila Until 5:36AM Mon Navami* Until 4:42PM	Sun 22 Sutra 315 Sarvari 5122 Moon 1 - Phase 43 4th Phase
	Creative Work Siddha Yoga					Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Yellow	Sunrise: 6:29AM Sunset: 6:10PM  Sivaloka Day
						Magha-Masi	


<b>2</b>	<b>Monday, February 22, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara Karana Dashamyam Titau				Yangon, Myanmar
	Mithuna Rasi: 4	Tithi 10	931484467	Gulika Yama Rahu	1:47PM – 3:15PM 10:52AM – 12:19PM 7:56AM – 9:24AM	Mrigashira Until 11:57AM Vishkambha* Until 6:33AM Gara Until 6:17PM Dashami Until 6:17PM	Sun 23 Sutra 316 Sarvari 5122 Moon 1 - Phase 43 4th Phase
	Family Home Evening Creative Work Amrita Yoga Until 11:57AM Then Creative Work - Siddha Yoga					Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Yellow	Sunrise: 6:29AM Sunset: 6:10PM  Sivaloka Day
						Magha-Masi	


<b>3</b>	<b>Tuesday, February 23, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar
	Mithuna Rasi: 16.01	Tithi 11	931484467	Gulika Yama Rahu	12:19PM – 1:47PM 9:24AM – 10:52AM 3:15PM – 4:43PM	Ardra Until 1:22PM Priti Until 6:23AM Vanija Until 6:49AM Ekadashi Until 7:07PM	Sun 24 Sutra 317 Sarvari 5122 Moon 1 - Phase 43 4th Phase
	Routine Work Marana Yoga Until 1:22PM Then Creative Work - Siddha Yoga					Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Yellow	Sunrise: 6:28AM Sunset: 6:10PM  Sivaloka Day
						Magha-Masi	

<b>4</b>	<b>Wednesday, February 24, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar
	Mithuna Rasi: 28.49	Tithi 12	942484467	Gulika Yama Rahu	10:51AM – 12:19PM 7:56AM – 9:23AM 12:19PM – 1:47PM	Punarvasu Until 2:18PM Saubhagya Until 4:08AM Thu Bava Until 7:14AM Dvadashi Until 7:07PM	Sun 25 Sutra 318 Sarvari 5122 Moon 1 - Phase 43 4th Phase
	Creative Work Siddha Yoga					Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 6:28AM Sunset: 6:11PM  Sivaloka Day
						Magha-Masi	

<b>5</b>	<b>Thursday, February 25, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar
	Kataka Rasi: 12	Tithi 13	942484467	Gulika Yama Rahu	9:23AM – 10:51AM 6:27AM – 7:55AM 1:47PM – 3:15PM	Pushya Until 2:17PM Sobhana Until 2:07AM Fri Kaulava Until 6:50AM Trayodashi Until 6:20PM	Sun 26 Sutra 319 Sarvari 5122 Moon 1 - Phase 43 4th Phase
	Creative Work Amrita Yoga Until 2:17PM Then Creative Work - Siddha Yoga					Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 6:27AM Sunset: 6:11PM  Sivaloka Day
						Magha-Masi	

<b>6</b>	<b>Friday, February 26, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar
	Kataka Rasi: 25.37	Tithi 14 – 15	942484467	Gulika Yama Rahu	7:55AM – 9:23AM 3:15PM – 4:43PM 10:51AM – 12:19PM	Ashlesha* Until 1:26PM Athiganda* Until 11:33PM Visti Until 3:53AM Sat Chaturdashi* Until 4:50PM	Sun 27 Sutra 320 Sarvari 5122 Moon 1 - Phase 43 4th Phase
	Routine Work Marana Yoga Chidambaram Abhishekam					Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 6:27AM Sunset: 6:11PM  Sivaloka Day
						Magha-Masi	

	<b>Saturday, February 27, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar	
	<b>Copper Retreat Star</b>			952484467	Gulika Yama Rahu	6:26AM – 7:54AM 1:47PM – 3:15PM 9:22AM – 10:51AM	Magha* Until 12:17PM Sukarma Until 8:35PM Balava Until 1:36AM Sun Purnima* Until 2:47PM	Sun 28 Sutra 321 Sarvari 5122 Moon 1 - Phase 43 Purnima
	Simha Rasi: 10 Tithi 15 – 16 Creative Work Amrita Yoga Until 12:17PM Then Creative Work - Siddha Yoga					Ganesha: White Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 6:26AM Sunset: 6:12PM  Subha Sivaloka Day	
						Magha-Masi		

	<b>Sunday, February 28, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar	
	<b>Silver Retreat Star</b>			952484467	Gulika Yama Rahu	3:15PM – 4:44PM 12:19PM – 1:47PM 4:44PM – 6:12PM	Purvaphalguni Until 10:34AM Dhriti Until 5:20PM Taitila Until 11:00PM Prathama* Until 12:19PM	Sun 29 Sutra 322 Sarvari 5122 Moon 1 - Phase 43 Prathama
	Simha Rasi: 23.54 Tithi 16 – 17 Creative Work Siddha Yoga Until 10:34AM Then Creative Work - Amrita Yoga					Ganesha: White Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 6:25AM Sunset: 6:12PM  Subha Sivaloka Day	
						Magha-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda





**Monday, March 1, 2021**  
**Gold Retreat Star**

Kanya Rasi: 8.25 Tithi 17 - 18  
Family Home Evening  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Dvilya/Tritiyam Titau

**Gulika** 1:47PM - 3:15PM  
Yama 10:50AM - 12:18PM  
**Rahu** 7:53AM - 9:21AM

**Uttaraphalguni Until 8:28AM**  
Shula\* Until 1:53PM  
Vanija Until 8:13PM  
**Dvitiya Until 9:36AM**

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Red  
**Magha-Masi**

**Sunrise:** 6:24AM  
**Sunset:** 6:12PM

Yangon, Myanmar  
Sun 1 Sutra 323  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Sivaloka Day**

**1**

**Tuesday, March 2, 2021**

Kanya Rasi: 23 Tithi 18 - 19  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\*/Vridhhi Yoga Visti\*/Balava Karana Tritiya/Chaturtham Titau

**Gulika** 12:18PM - 1:47PM  
Yama 9:21AM - 10:49AM  
**Rahu** 3:15PM - 4:44PM

**Hasta Until 6:31AM**  
Ganda\* Until 10:24AM  
Balava Until 4:00AM Wed  
**Tritiya Until 6:47AM**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Sunrise:** 6:23AM  
**Sunset:** 6:13PM

Yangon, Myanmar  
Sun 2 Sutra 324  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Devaloka Day**

**Maha Sankatahara Chaturthi**

**2**

**Wednesday, March 3, 2021**

Tula Rasi: 7.34 Tithi 20  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 10:49AM - 12:18PM  
Yama 7:52AM - 9:20AM  
**Rahu** 12:18PM - 1:47PM

**Svati Until 2:27AM Thu**  
Vridhhi Until 6:58AM  
Kaulava Until 2:41PM  
**Panchami Until 1:23AM Thu**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Sunrise:** 6:23AM  
**Sunset:** 6:13PM

Yangon, Myanmar  
Sun 3 Sutra 325  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Devaloka Day**

**3**

**Thursday, March 4, 2021**

Tula Rasi: 22.02 Tithi 21  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 9:20AM - 10:49AM  
Yama 6:22AM - 7:51AM  
**Rahu** 1:47PM - 3:15PM

**Vishakha Until 12:57AM Fri**  
Vyaghata\* Until 12:33AM Fri  
Gara Until 12:11PM  
**Shashthi\* Until 11:00PM**

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sunrise:** 6:22AM  
**Sunset:** 6:13PM

Yangon, Myanmar  
Sun 4 Sutra 326  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Sivaloka Day**

**4**

**Friday, March 5, 2021**

Vrischika Rasi: 6.18 Tithi 22  
Creative Work Siddha Yoga  
Until 11:38PM  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha Nakshatra Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 7:50AM - 9:19AM  
Yama 3:15PM - 4:44PM  
**Rahu** 10:48AM - 12:17PM

**Anuradha Until 11:38PM**  
Harshana Until 9:44PM  
Visti Until 9:57AM  
**Saptami Until 8:56PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sunrise:** 6:21AM  
**Sunset:** 6:13PM

Yangon, Myanmar  
Sun 5 Sutra 327  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Sivaloka Day**

**Retreat Star**

**Saturday, March 6, 2021**

Vrischika Rasi: 20.22 Tithi 23  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:21AM - 7:50AM  
Yama 1:46PM - 3:15PM  
**Rahu** 9:19AM - 10:48AM

**Jyeshtha\* Until 10:30PM**  
Vajra\* Until 7:09PM  
Balava Until 8:03AM  
**Ashtami\* Until 7:13PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sunrise:** 6:21AM  
**Sunset:** 6:14PM

Yangon, Myanmar  
Sun 6 Sutra 328  
Sarvari 5122  
Moon 2 - Phase 44  
Ashtami

**Sivaloka Day**

**Sunday, March 7, 2021**

**Retreat Star**

Dhanus Rasi: 4.12 Tithi 24 - 25  
Creative Work Amrita Yoga  
Until 10:01PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

**Gulika** 3:15PM - 4:45PM  
Yama 12:17PM - 1:46PM  
**Rahu** 4:45PM - 6:14PM

**Mula\* Until 10:01PM**  
Siddhi Until 4:52PM  
Taitila Until 6:30AM  
**Navami\* Until 5:50PM**

**Ganesha:** Blue  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Light Blue  
**Magha-Masi**

**Sunrise:** 6:20AM  
**Sunset:** 6:14PM

Yangon, Myanmar  
Sun 7 Sutra 329  
Sarvari 5122  
Moon 2 - Phase 44  
Navami

**Devaloka Day**

<b>Monday, March 8, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vyatipata/Variyan Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 8 Sutra 330
<b>1</b>	Dhanus Rasi: 17.5 Tithi 25 – 26 Family Home Evening Routine Work Marana Yoga	<b>Gulika</b> 1:46PM – 3:15PM Yama 10:47AM – 12:17PM 182584467 <b>Rahu</b> 7:49AM – 9:18AM	<b>Purvashadha* Until 9:42PM</b> Vyatipata* Until 2:52PM Bava Until 4:26AM Tue Dashami Until 4:48PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Light Blue Magha-Masi	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 6:14PM	Sarvari 5122 Moon 2 - Phase 45 2nd Phase Devaloka Day

<b>Tuesday, March 9, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 9 Sutra 331
<b>2</b>	Makara Rasi: 1.17 Tithi 26 – 27 Routine Work Prabalarishta Yoga Until 9:35PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:16PM – 1:46PM Yama 9:18AM – 10:47AM 182584467 <b>Rahu</b> 3:15PM – 4:45PM	<b>Uttarashadha Until 9:35PM</b> Variyan Until 1:06PM Kaulava Until 3:54AM Wed Ekadashi* Until 4:06PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Light Blue Magha-Masi	<b>Sunrise:</b> 6:19AM <b>Sunset:</b> 6:14PM	Sarvari 5122 Moon 2 - Phase 45 2nd Phase Devaloka Day

<b>Wednesday, March 10, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 10 Sutra 332
<b>3</b>	Makara Rasi: 14.32 Tithi 27 – 28 Creative Work Siddha Yoga Until 10:05PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 10:47AM – 12:16PM Yama 7:47AM – 9:17AM 193584467 <b>Rahu</b> 12:16PM – 1:46PM	<b>Shravana Until 10:05PM</b> Parigha* Until 11:37AM Gara Until 3:42AM Thu Dvadashi* Until 3:44PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Purple Magha-Masi	<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 6:15PM	Sarvari 5122 Moon 2 - Phase 45 2nd Phase Subha Sivaloka Day

<b>Thursday, March 11, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 11 Sutra 333
<b>4</b>	Makara Rasi: 27.37 Tithi 28 – 29 Creative Work Siddha Yoga	<b>Gulika</b> 9:17AM – 10:46AM Yama 6:17AM – 7:47AM 193584467 <b>Rahu</b> 1:46PM – 3:15PM	<b>Dhanishtha Until 10:47PM</b> Shiva Until 10:26AM Visti Until 3:52AM Fri Trayodashi* Until 3:43PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Purple Magha-Masi	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:15PM	Sarvari 5122 Moon 2 - Phase 45 2nd Phase Subha Sivaloka Day
		<b>Mahasivaratri (Lunar)</b> <b>Mahasivaratri (Solar)</b>				

<b>Friday, March 12, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Yangon, Myanmar Sun 12 Sutra 334
<b>5</b>	Kumbha Rasi: 10.31 Tithi 29 – 30 Creative Work Siddha Yoga	<b>Gulika</b> 7:46AM – 9:16AM Yama 3:15PM – 4:45PM 193584467 <b>Rahu</b> 10:46AM – 12:16PM	<b>Shatabhishak Until 11:42PM</b> Siddha Until 9:30AM Catuspada Until 4:27AM Sat Chaturdashi* Until 4:05PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Purple Magha-Masi	<b>Sunrise:</b> 6:16AM <b>Sunset:</b> 6:15PM	Sarvari 5122 Moon 2 - Phase 45 2nd Phase Subha Sivaloka Day

<b>Saturday, March 13, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 13 Sutra 335
<b>Retreat Star</b>	Kumbha Rasi: 23.13 Tithi 30 – 1 Routine Work Marana Yoga Until 1:22AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 6:16AM – 7:46AM Yama 1:45PM – 3:15PM 113584467 <b>Rahu</b> 9:16AM – 10:46AM	<b>Purvaproshtapada* Until 1:22AM Sun</b> Sadhya Until 8:54AM Kintughna Until 5:27AM Sun Amavasya* Until 4:52PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear Magha-Masi	<b>Sunrise:</b> 6:16AM <b>Sunset:</b> 6:15PM	Sarvari 5122 Moon 2 - Phase 45 Amavasya Sivaloka Day

<b>Sunday, March 14, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Bava Karana Prathamayam Titau				Yangon, Myanmar Sun 14 Sutra 336
<b>Retreat Star</b>	Meena Rasi: 5.43 Tithi 1 Creative Work Amrita Yoga Until 3:18AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 3:15PM – 4:45PM Yama 12:15PM – 1:45PM 113584467 <b>Rahu</b> 4:45PM – 6:15PM	<b>Uttaraproshtapada Until 3:18AM Mon</b> Subha Until 8:39AM Bava Until 6:07PM Prathama* Until 6:07PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear Phalgun-Panguni	<b>Sunrise:</b> 6:15AM <b>Sunset:</b> 6:15PM	Sarvari 5122 Moon 2 - Phase 45 Prathama Sivaloka Day
		<b>Karadaiyan Nombu (Tamil Nadu)</b>				

<b>Monday, March 15, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dviliyayam Titau		Yangon, Myanmar Sun 15 Sutra 337
<b>1</b>		<b>Gulika</b> 1:45PM – 3:15PM	<b>Revati Until 5:32AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:14AM
Meena Rasi: 18.01	Tithi 2	Yama 10:45AM – 12:15PM	Sukla Until 8:44AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:15PM
<b>Family Home Evening</b>	113584468	<b>Rahu</b> 7:44AM – 9:15AM	Balava Until 6:56AM	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Dvitiya Until 7:49PM	Moon – Clear
				<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>

<b>Tuesday, March 16, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Triliyayam Titau		Yangon, Myanmar Sun 16 Sutra 338
<b>2</b>		<b>Gulika</b> 12:15PM – 1:45PM	<b>Ashvini Until 8:28AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:14AM
Mesha Rasi: 0.08	Tithi 3	Yama 9:14AM – 10:44AM	Brahma Until 9:11AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:16PM
	123584468	<b>Rahu</b> 3:15PM – 4:45PM	Taitila Until 8:52AM	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Tritiya Until 9:58PM	Moon – White
				<b>Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>

<b>Wednesday, March 17, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau		Yangon, Myanmar Sun 17 Sutra 339
<b>3</b>		<b>Gulika</b> 10:44AM – 12:14PM	<b>Ashvini Until 8:28AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:13AM
Mesha Rasi: 12.06	Tithi 4	Yama 7:43AM – 9:14AM	Indra Until 9:56AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:16PM
	123584468	<b>Rahu</b> 12:14PM – 1:45PM	Vanija Until 11:12AM	<b>Nataraja:</b> Purple
Routine Work	Marana Yoga		Chaturthi* Until 12:27AM Thu	Moon – White
Until 8:28AM				<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>

<b>Thursday, March 18, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 340
<b>4</b>		<b>Gulika</b> 9:13AM – 10:44AM	<b>Bharani Until 11:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:12AM
Mesha Rasi: 23.56	Tithi 5	Yama 6:12AM – 7:43AM	Vaidhriti* Until 10:53AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:16PM
	123584468	<b>Rahu</b> 1:45PM – 3:15PM	Bava Until 1:48PM	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Panchami Until 3:08AM Fri	Moon – White
Until 11:32AM				<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Phalguna-Panguni</b>

<b>Friday, March 19, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailita Karana Shashthyam Titau		Yangon, Myanmar Sun 19 Sutra 341
<b>5</b>		<b>Gulika</b> 7:42AM – 9:12AM	<b>Krittika Until 2:31PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:11AM
Vrishabha Rasi: 5.43	Tithi 6	Yama 3:15PM – 4:46PM	Vishkambha* Until 11:56AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:16PM
	123584468	<b>Rahu</b> 10:43AM – 12:14PM	Kaulava Until 4:30PM	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Shashthi* Until 5:47AM Sat	Moon – White
Until 2:31PM				<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Phalguna-Panguni</b>

<b>Saturday, March 20, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara Karana Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 342
<b>6</b>		<b>Gulika</b> 6:10AM – 7:41AM	<b>Rohini Until 5:44PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:10AM
Vrishabha Rasi: 17.31	Tithi 7	Yama 1:44PM – 3:15PM	Priti Until 12:55PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:16PM
	133584468	<b>Rahu</b> 9:12AM – 10:43AM	Gara Until 7:03PM	<b>Nataraja:</b> Purple
Creative Work	Amrita Yoga		Saptami Until 8:10AM Sun	Moon – Yellow
Until 5:44PM				<b>Subha Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>

<b>Sunday, March 21, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 343
<b>Retreat Star</b>		<b>Gulika</b> 3:15PM – 4:46PM	<b>Mrigashira Until 8:24PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:10AM
Vrishabha Rasi: 29.25	Tithi 7 – 8	Yama 12:13PM – 1:44PM	Ayushman Until 1:38PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:17PM
	133584468	<b>Rahu</b> 4:46PM – 6:17PM	Visti Until 9:12PM	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Saptami Until 8:10AM	Moon – Yellow
				<b>Subha Subha Sivaloka Day</b>
				<b>Phalguna-Panguni</b>

<b>Monday, March 22, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 344
<b>Retreat Star</b>		<b>Gulika</b> 1:44PM – 3:15PM	<b>Ardra Until 10:18PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:09AM
Mithuna Rasi: 11.31	Tithi 8 – 9	Yama 10:42AM – 12:13PM	Saubhagya Until 1:55PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:17PM
<b>Family Home Evening</b>	133584468	<b>Rahu</b> 7:40AM – 9:11AM	Balava Until 10:43PM	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Ashtami* Until 10:02AM	Moon – Yellow
Until 10:18PM				<b>Subha Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Phalguna-Panguni</b>

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1</b>		<b>Tuesday, March 23, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 23 Sutra 345	
Mithuna Rasi: 23.55	Tithi 9 – 10	<b>Gulika</b> 12:13PM – 1:44PM	<b>Punarvasu</b> Until 11:46PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM		Sarvari 5122
		Yama 9:10AM – 10:41AM	Sobhana Until 1:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM		Moon 2 - Phase 47
		143584468 <b>Rahu</b> 3:15PM – 4:46PM	Taitila Until 11:25PM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 11:09AM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>		<b>Wednesday, March 24, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 346	
Kataka Rasi: 6.41	Tithi 10 – 11	<b>Gulika</b> 10:41AM – 12:12PM	<b>Pushya</b> Until 12:12AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:07AM		Sarvari 5122
		Yama 7:39AM – 9:10AM	Athiganda* Until 12:40PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM		Moon 2 - Phase 47
		144584468 <b>Rahu</b> 12:12PM – 1:43PM	Vanija Until 11:14PM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:25AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>		<b>Thursday, March 25, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 347	
Kataka Rasi: 19.53	Tithi 11 – 12	<b>Gulika</b> 9:09AM – 10:41AM	<b>Ashlesha*</b> Until 11:38PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:07AM		Sarvari 5122
		Yama 6:07AM – 7:38AM	Sukarma Until 11:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM		Moon 2 - Phase 47
		144584468 <b>Rahu</b> 1:43PM – 3:15PM	Bava Until 10:11PM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 10:47AM	Moon – Blue		<b>Sivaloka Day</b>	
Until 11:38PM		<b>Yogaswami Mahasamadhi</b>		<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, March 26, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 348	
Simha Rasi: 3.34	Tithi 12 – 13	<b>Gulika</b> 7:37AM – 9:09AM	<b>Magha*</b> Until 10:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM		Sarvari 5122
		Yama 3:15PM – 4:46PM	Dhriti Until 8:44AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM		Moon 2 - Phase 47
		154684468 <b>Rahu</b> 10:40AM – 12:12PM	Kaulava Until 8:21PM	<b>Nataraja:</b> Purple			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 9:20AM	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
Until 10:37PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, March 27, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 349	
Simha Rasi: 17.43	Tithi 13 – 14	<b>Gulika</b> 6:05AM – 7:37AM	<b>Purvaphalguni</b> Until 8:50PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:05AM		Sarvari 5122
		Yama 1:43PM – 3:14PM	Ganda* Until 2:29AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 47
		154684468 <b>Rahu</b> 9:08AM – 10:40AM	Vanija Until 4:27AM Sun	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:10AM	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
Until 8:50PM				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

		<b>Sunday, March 28, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sutra 350	
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:14PM – 4:46PM	<b>Uttaraphalguni</b> Until 6:27PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM		Sarvari 5122
Kanya Rasi: 2.15	Tithi 15	Yama 12:11PM – 1:43PM	Vridhhi Until 10:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 47
		154684468 <b>Rahu</b> 4:46PM – 6:18PM	Visti Until 2:56PM	<b>Nataraja:</b> Purple			Purnima
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 1:19AM Mon	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
		<b>Panguni Uttiram</b>		<b>Phalguna-Panguni</b>			
		<b>Holi</b>					

<b>Monday, March 29, 2021</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sutra 351	
Kanya Rasi: 17.04	Tithi 16	<b>Gulika</b> 1:43PM – 3:14PM	<b>Hasta</b> Until 4:02PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:04AM		Sarvari 5122
<b>Family Home Evening</b>		Yama 10:39AM – 12:11PM	Dhruva Until 6:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM		Moon 2 - Phase 47
		164684468 <b>Rahu</b> 7:35AM – 9:07AM	Balava Until 11:40AM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 9:56PM	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 4:02PM				<b>Phalguna-Panguni</b>			
Then Routine Work - Prabalarishta Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 30, 2021  
Gold Retreat Star

Tula Rasi: 2.02 Tithi 17  
Creative Work Siddha Yoga

164684468  
Rahu

Gulika 12:10PM – 1:42PM  
Yama 9:07AM – 10:39AM  
Rahu 3:14PM – 4:46PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata/Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Chitra Until 1:23PM  
Vyaghata\* Until 2:55PM  
Taitila Until 8:14AM  
Dvitiya Until 6:30PM

Ganesha: Yellow Sunrise: 6:03AM  
Muruqa: White Sunset: 6:18PM  
Nataraja: Purple  
Moon – Green  
Phalgun-Panguni

Yangon, Myanmar  
Sun 1 Sutra 352  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

Subha Sivaloka Day

1

Wednesday, March 31, 2021

Tula Rasi: 17.01 Tithi 18 – 19  
Creative Work Siddha Yoga

164684468  
Rahu

Gulika 10:38AM – 12:10PM  
Yama 7:34AM – 9:06AM  
Rahu 12:10PM – 1:42PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana/Vajra\* Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Svati Until 10:39AM  
Harshana Until 11:00AM  
Bava Until 1:35AM Thu  
Tritiya Until 3:09PM

Ganesha: Yellow Sunrise: 6:02AM  
Muruqa: White Sunset: 6:18PM  
Nataraja: Purple  
Moon – Green  
Phalgun-Panguni

Yangon, Myanmar  
Sun 2 Sutra 353  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

Subha Sivaloka Day

2

Thursday, April 1, 2021

Vrischika Rasi: 1.52 Tithi 19 – 20  
Creative Work Siddha Yoga

174684468  
Rahu

Gulika 9:06AM – 10:38AM  
Yama 6:02AM – 7:34AM  
Rahu 1:42PM – 3:14PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Vishakha Until 8:23AM  
Vajra\* Until 7:14AM  
Kaulava Until 10:38PM  
Chaturthi\* Until 12:02PM

Ganesha: Blue Sunrise: 6:02AM  
Muruqa: White Sunset: 6:18PM  
Nataraja: Purple  
Moon – Orange  
Phalgun-Panguni

Yangon, Myanmar  
Sun 3 Sutra 354  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

Subha Sivaloka Day

3

Friday, April 2, 2021

Vrischika Rasi: 16.28 Tithi 20 – 21  
Creative Work Siddha Yoga  
Until 6:19AM  
Then Routine Work - Marana Yoga

174684468  
Rahu

Gulika 7:33AM – 9:06AM  
Yama 3:14PM – 4:46PM  
Rahu 10:38AM – 12:10PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anuradha Until 6:19AM  
Vyatipata\* Until 12:39AM Sat  
Gara Until 8:05PM  
Panchami Until 9:17AM

Ganesha: Blue Sunrise: 6:01AM  
Muruqa: White Sunset: 6:18PM  
Nataraja: Purple  
Moon – Orange  
Phalgun-Panguni

Yangon, Myanmar  
Sun 4 Sutra 355  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

Subha Sivaloka Day

4

Saturday, April 3, 2021

Dhanus Rasi: 0.45 Tithi 21 – 22  
Creative Work Siddha Yoga

184684468  
Rahu

Gulika 6:01AM – 7:33AM  
Yama 1:42PM – 3:14PM  
Rahu 9:05AM – 10:37AM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Varyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Mula\* Until 3:37AM Sun  
Varyan Until 9:55PM  
Visti Until 6:02PM  
Shashthi\* Until 6:59AM

Ganesha: Red Sunrise: 6:01AM  
Muruqa: White Sunset: 6:19PM  
Nataraja: Purple  
Moon – Light Blue  
Phalgun-Panguni

Yangon, Myanmar  
Sun 5 Sutra 356  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

Subha Sivaloka Day

D

Sunday, April 4, 2021  
Retreat Star

Dhanus Rasi: 14.41 Tithi 23  
Creative Work Siddha Yoga  
Until 3:04AM Mon  
Then Routine Work - Marana Yoga

184684468  
Rahu

Gulika 3:14PM – 4:46PM  
Yama 12:09PM – 1:42PM  
Rahu 4:46PM – 6:19PM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Purvashadha\* Until 3:04AM Mon  
Parigha\* Until 7:40PM  
Balava Until 4:33PM  
Ashtami\* Until 3:59AM Mon

Ganesha: Red Sunrise: 6:00AM  
Muruqa: White Sunset: 6:19PM  
Nataraja: Purple  
Moon – Light Blue  
Phalgun-Panguni

Yangon, Myanmar  
Sun 6 Sutra 357  
Sarvari 5122  
Moon 3 - Phase 48  
Ashtami

Subha Sivaloka Day

Monday, April 5, 2021  
Retreat Star

Dhanus Rasi: 28.18 Tithi 24  
Family Home Evening  
Routine Work Marana Yoga  
Until 2:55AM Tue  
Then Creative Work - Siddha Yoga

185684468  
Rahu

Gulika 1:41PM – 3:14PM  
Yama 10:36AM – 12:09PM  
Rahu 7:31AM – 9:04AM

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

Uttarashadha Until 2:55AM Tue  
Shiva Until 5:52PM  
Taitila Until 3:36PM  
Navami\* Until 3:19AM Tue

Ganesha: Green Sunrise: 5:59AM  
Muruqa: White Sunset: 6:19PM  
Nataraja: Purple  
Moon – Light Blue  
Phalgun-Panguni

Yangon, Myanmar  
Sun 7 Sutra 358  
Sarvari 5122  
Moon 3 - Phase 48  
Navami

Sivaloka Day

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Tuesday, April 6, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Visiti* Karana Dashamyam Titau		Yangon, Myanmar Sun 8 Sutra 359
Makara Rasi: 12	Tithi 25	<b>Gulika</b> 12:09PM – 1:41PM	<b>Shravana Until 3:35AM Wed</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:58AM</i>		Sarvari 5122
		Yama 9:03AM – 10:36AM	Siddha Until 4:28PM	<b>Muruqa:</b> White <i>Sunset: 6:19PM</i>		Moon 3 - Phase 49
		195684468 <b>Rahu</b> 3:14PM – 4:46PM	Vanija Until 3:12PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 3:11AM Wed</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
Until 3:35AM Wed					<b>Phalguna-Panguni</b>	
Then Routine Work - Prabalarishta Yoga						

<b>2</b>		<b>Wednesday, April 7, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau		Yangon, Myanmar Sun 9 Sutra 360
Makara Rasi: 24.38	Tithi 26	<b>Gulika</b> 10:36AM – 12:08PM	<b>Dhanishtha Until 4:33AM Thu</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:58AM</i>		Sarvari 5122
		Yama 7:30AM – 9:03AM	Sadhya Until 3:28PM	<b>Muruqa:</b> White <i>Sunset: 6:19PM</i>		Moon 3 - Phase 49
		195684468 <b>Rahu</b> 12:08PM – 1:41PM	Bava Until 3:19PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 3:31AM Thu</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
Until 4:33AM Thu					<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Thursday, April 8, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Tailita Karana Dvadashyam Titau		Yangon, Myanmar Sun 10 Sutra 361
Kumbha Rasi: 7.25	Tithi 27	<b>Gulika</b> 9:02AM – 10:35AM	<b>Shatabhishak Until 5:48AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:57AM</i>		Sarvari 5122
		Yama 5:57AM – 7:30AM	Subha Until 2:51PM	<b>Muruqa:</b> White <i>Sunset: 6:19PM</i>		Moon 3 - Phase 49
		195684468 <b>Rahu</b> 1:41PM – 3:14PM	Kaulava Until 3:53PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 4:18AM Fri</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>	

<b>4</b>		<b>Friday, April 9, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Yangon, Myanmar Sun 11 Sutra 362
Kumbha Rasi: 20.01	Tithi 28	<b>Gulika</b> 7:29AM – 9:02AM	<b>Purvaproshtapada* Until 7:46AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:56AM</i>		Sarvari 5122
		Yama 3:14PM – 4:47PM	Sukla Until 2:32PM	<b>Muruqa:</b> White <i>Sunset: 6:20PM</i>		Moon 3 - Phase 49
		115684468 <b>Rahu</b> 10:35AM – 12:08PM	Gara Until 4:52PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 5:29AM Sat</b>	Moon – Clear	<b>Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>	
					<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Saturday, April 10, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti* Karana Chaturdashyam Titau		Yangon, Myanmar Sun 12 Sutra 363
Meena Rasi: 2.25	Tithi 29	<b>Gulika</b> 5:55AM – 7:28AM	<b>Purvaproshtapada* Until 7:46AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:55AM</i>		Sarvari 5122
		Yama 1:41PM – 3:14PM	Brahma Until 2:32PM	<b>Muruqa:</b> White <i>Sunset: 6:20PM</i>		Moon 3 - Phase 49
		115684468 <b>Rahu</b> 9:01AM – 10:34AM	Visti Until 6:15PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 7:03AM Sun</b>	Moon – Clear	<b>Sivaloka Day</b>	
Until 7:46AM					<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Sunday, April 11, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Indra/Vaidhrili* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Yangon, Myanmar Sun 13 Sutra 364
Meena Rasi: 14.4	Tithi 29 – 30	<b>Gulika</b> 3:14PM – 4:47PM	<b>Uttaraproshtapada Until 9:56AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:55AM</i>		Sarvari 5122
		Yama 12:07PM – 1:40PM	Indra Until 2:51PM	<b>Muruqa:</b> White <i>Sunset: 6:20PM</i>		Moon 3 - Phase 49
		115684468 <b>Rahu</b> 4:47PM – 6:20PM	Catuspada Until 8:00PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 7:03AM</b>	Moon – Clear	<b>Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>	


<b>Retreat Star</b>		<b>Monday, April 12, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili*/Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Yangon, Myanmar Sun 14 Sutra 1
Meena Rasi: 26.46	Tithi 30 – 1	<b>Gulika</b> 1:40PM – 3:13PM	<b>Revati Until 12:17PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:54AM</i>		Sarvari 5122
<b>Family Home Evening</b>		Yama 10:34AM – 12:07PM	Vaidhrili* Until 3:24PM	<b>Muruqa:</b> White <i>Sunset: 6:20PM</i>		Moon 3 - Phase 49
		115684468 <b>Rahu</b> 7:27AM – 9:00AM	Kintughna Until 10:07PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:00AM</b>	Moon – Clear	<b>Sivaloka Day</b>	
		<b>Chellappaswami Mahasamadhi</b>			<b>Chaitra-Panguni</b>	

<b>1</b>		<b>Tuesday, April 13, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Priti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sun 15 Sutra 2 Sarvari 5122	
Mesha Rasi: 8.43	Tithi 1 – 2	125684468	<b>Gulika</b> 12:07PM – 1:40PM <b>Yama</b> 9:00AM – 10:33AM <b>Rahu</b> 3:13PM – 4:47PM	<b>Ashvini</b> Until 3:17PM Vishkambha* Until 4:12PM Balava Until 12:31AM Wed Prathama* Until 11:15AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – White Chaitra•Panguni	<b>Sunrise:</b> 5:53AM <b>Sunset:</b> 6:20PM	Moon 3 - Phase 50 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga						
<b>2</b>		<b>Wednesday, April 14, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Yangon, Myanmar Sun 16 Sutra 3 Plava 5123	
Mesha Rasi: 20.35	Tithi 2 – 3	225684468	<b>Gulika</b> 10:33AM – 12:06PM <b>Yama</b> 7:26AM – 8:59AM <b>Rahu</b> 12:06PM – 1:40PM	<b>Bharani</b> Until 6:20PM Priti Until 5:13PM Taitila Until 3:07AM Thu Dvitiya Until 1:47PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – White Chaitra•Chaitra	<b>Sunrise:</b> 5:52AM <b>Sunset:</b> 6:20PM	Moon 3 - Phase 50 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga		Tamil New Year				
Until 6:20PM							
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Thursday, April 15, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Yangon, Myanmar Sun 17 Sutra 4 Plava 5123	
Vrishabha Rasi: 2.23	Tithi 3 – 4	226684468	<b>Gulika</b> 8:59AM – 10:33AM <b>Yama</b> 5:52AM – 7:25AM <b>Rahu</b> 1:40PM – 3:13PM	<b>Krittika</b> Until 9:20PM Ayushman Until 6:17PM Vanija Until 5:48AM Fri Tritiya Until 4:26PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – White Chaitra•Chaitra	<b>Sunrise:</b> 5:52AM <b>Sunset:</b> 6:21PM	Moon 3 - Phase 50 3rd Phase <b>Sivaloka Day</b>
Routine Work	Marana Yoga						
<b>4</b>		<b>Friday, April 16, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti* Karana Chaturthyam Titau		Yangon, Myanmar Sun 18 Sutra 5 Plava 5123	
Vrishabha Rasi: 14.09	Tithi 4	236684468	<b>Gulika</b> 7:25AM – 8:58AM <b>Yama</b> 3:13PM – 4:47PM <b>Rahu</b> 10:32AM – 12:06PM	<b>Rohini</b> Until 12:39AM Sat Saubhagya Until 7:21PM Visti Until 7:06PM Chaturthi* Until 7:06PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Yellow Chaitra•Chaitra	<b>Sunrise:</b> 5:51AM <b>Sunset:</b> 6:21PM	Moon 3 - Phase 50 3rd Phase <b>Sivaloka Day</b>
Routine Work	Marana Yoga						
Until 12:39AM Sat							
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Saturday, April 17, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau		Yangon, Myanmar Sun 19 Sutra 6 Plava 5123	
Vrishabha Rasi: 25.58	Tithi 5	236684468	<b>Gulika</b> 5:50AM – 7:24AM <b>Yama</b> 1:39PM – 3:13PM <b>Rahu</b> 8:58AM – 10:32AM	<b>Mrigashira</b> Until 3:34AM Sun Sobhana Until 8:18PM Bava Until 8:23AM Panchami Until 9:34PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Yellow Chaitra•Chaitra	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:21PM	Moon 3 - Phase 50 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga						
<b>6</b>		<b>Sunday, April 18, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Yangon, Myanmar Sun 20 Sutra 7 Plava 5123	
Mithuna Rasi: 7.52	Tithi 6	236684468	<b>Gulika</b> 3:13PM – 4:47PM <b>Yama</b> 12:05PM – 1:39PM <b>Rahu</b> 4:47PM – 6:21PM	<b>Ardra</b> Until 5:53AM Mon Athiganda* Until 8:55PM Kaulava Until 10:41AM Shashthi* Until 11:37PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Yellow Chaitra•Chaitra	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:21PM	Moon 3 - Phase 50 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga						
Until 5:53AM Mon							
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Monday, April 19, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau		Yangon, Myanmar Sun 21 Sutra 8 Plava 5123	
Mithuna Rasi: 19.58	Tithi 7	236684468	<b>Gulika</b> 1:39PM – 3:13PM <b>Yama</b> 10:31AM – 12:05PM <b>Rahu</b> 7:23AM – 8:57AM	<b>Punarvasu</b> Until 7:54AM Tue Sukarma Until 9:06PM Gara Until 12:27PM Saptami Until 1:04AM Tue	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Yellow Chaitra•Chaitra	<b>Sunrise:</b> 5:49AM <b>Sunset:</b> 6:21PM	Moon 3 - Phase 50 3rd Phase <b>Sivaloka Day</b>
Family Home Evening							
Creative Work	Amrita Yoga						
Until 7:54AM Tue							
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Tuesday, April 20, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti* Yoga Visti*/Bava Karana Ashtamyam Titau		Yangon, Myanmar Sun 22 Sutra 9 Plava 5123	
Kataka Rasi: 2.2	Tithi 8	246784468	<b>Gulika</b> 12:05PM – 1:39PM <b>Yama</b> 8:57AM – 10:31AM <b>Rahu</b> 3:13PM – 4:47PM	<b>Punarvasu</b> Until 7:54AM Dhriti Until 8:44PM Visti Until 1:32PM Ashtami* Until 1:46AM Wed	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Blue Chaitra•Chaitra	<b>Sunrise:</b> 5:48AM <b>Sunset:</b> 6:22PM	Moon 3 - Phase 50 Ashtami <b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga						
<b>Retreat Star</b>		<b>Wednesday, April 21, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 23 Sutra 10 Plava 5123	
Kataka Rasi: 15.02	Tithi 9	246784468	<b>Gulika</b> 10:30AM – 12:05PM <b>Yama</b> 7:22AM – 8:56AM <b>Rahu</b> 12:05PM – 1:39PM	<b>Pushya</b> Until 8:59AM Shula* Until 7:42PM Balava Until 1:49PM Navami* Until 1:36AM Thu	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Blue Chaitra•Chaitra	<b>Sunrise:</b> 5:48AM <b>Sunset:</b> 6:22PM	Moon 3 - Phase 50 Navami <b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga		Sri Rama Navami				

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Thursday, April 22, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Magha* Nakshatra Ganda* Vridhi Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 24 Sutra 11
Kataka Rasi: 28.11	Tithi 10	<b>Gulika</b> 8:56AM – 10:30AM	<b>Ashlesha* Until 9:06AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:47AM		Plava 5123	
		Yama 5:47AM – 7:21AM	Ganda* Until 5:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 1	
		247784468 <b>Rahu</b> 1:39PM – 3:13PM	Taitila Until 1:13PM	<b>Nataraja:</b> Purple			4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 12:35AM Fri</b>	Moon – Blue		<b>Subha Sivaloka Day</b>		
Until 9:06AM				<b>Chaitra*Chaitra</b>				
Then Creative Work - Amrita Yoga								
<b>2</b>		<b>Friday, April 23, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Purvaphalguni Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar Sun 25 Sutra 12
Simha Rasi: 11.47	Tithi 11	<b>Gulika</b> 7:21AM – 8:55AM	<b>Magha* Until 8:40AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:46AM		Plava 5123	
		Yama 3:13PM – 4:48PM	Vridhi Until 3:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 1	
		257784468 <b>Rahu</b> 10:30AM – 12:04PM	Vanija Until 11:47AM	<b>Nataraja:</b> Purple			4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi Until 10:46PM</b>	Moon – Red		<b>Sivaloka Day</b>		
Until 8:40AM				<b>Chaitra*Chaitra</b>				
Then Creative Work - Siddha Yoga								
<b>3</b>		<b>Saturday, April 24, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar Sun 26 Sutra 13
Simha Rasi: 25.52	Tithi 12	<b>Gulika</b> 5:46AM – 7:20AM	<b>Purvaphalguni Until 7:19AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:46AM		Plava 5123	
		Yama 1:39PM – 3:13PM	Dhruva Until 12:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM		Moon 3 - Phase 1	
		257784468 <b>Rahu</b> 8:55AM – 10:30AM	Bava Until 9:36AM	<b>Nataraja:</b> Purple			4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 8:15PM</b>	Moon – Red		<b>Sivaloka Day</b>		
Until 7:19AM				<b>Chaitra*Chaitra</b>				
Then Routine Work - Marana Yoga								
<b>4</b>		<b>Sunday, April 25, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 27 Sutra 14
Kanya Rasi: 10.23	Tithi 13 – 14	<b>Gulika</b> 3:13PM – 4:48PM	<b>Hasta Until 2:52AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM		Plava 5123	
		Yama 12:04PM – 1:39PM	Vyaghata* Until 9:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM		Moon 3 - Phase 1	
		267784469 <b>Rahu</b> 4:48PM – 6:23PM	Kaulava Until 6:48AM	<b>Nataraja:</b> Clear			4th Phase	
Creative Work	Amrita Yoga		<b>Trayodashi Until 5:11PM</b>	Moon – Green		<b>Sivaloka Day</b>		
Until 2:52AM Mon				<b>Chaitra*Chaitra</b>				
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>					
		<b>Monday, April 26, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar Sutra 15
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:39PM – 3:13PM	<b>Chitra Until 12:05AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM		Plava 5123	
Kanya Rasi: 25.17	Tithi 14 – 15	Yama 10:29AM – 12:04PM	Vajra* Until 1:14AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM		Moon 3 - Phase 1	
<b>Family Home Evening</b>		267784469 <b>Rahu</b> 7:19AM – 8:54AM	Visti Until 11:55PM	<b>Nataraja:</b> Clear			Purnima	
Routine Work	Prabalarishta Yoga		<b>Chaturdashi* Until 1:44PM</b>	Moon – Green		<b>Sivaloka Day</b>		
Until 12:05AM Tue				<b>Chaitra*Chaitra</b>				
Then Creative Work - Siddha Yoga		<b>Chitra Purnima (Tamil Nadu)</b> Hanuman Jayanti						
<b>5</b>		<b>Tuesday, April 27, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar Sutra 16
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:38PM	<b>Svati Until 9:01PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM		Plava 5123	
Tula Rasi: 10.23	Tithi 15 – 16	Yama 8:54AM – 10:29AM	Siddhi Until 9:02PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM		Moon 3 - Phase 1	
		267784469 <b>Rahu</b> 3:13PM – 4:48PM	Balava Until 8:11PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Siddha Yoga		<b>Purnima* Until 10:03AM</b>	Moon – Green		<b>Sivaloka Day</b>		
Until 9:01PM				<b>Chaitra*Chaitra</b>				
Then Routine Work - Marana Yoga								