



Wednesday, April 28, 2021
Gold Retreat Star

Vrischika Rasi: 2.51 Tithi 17 – 18

278784469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 10:07AM – 11:52AM
Yama 6:38AM – 8:23AM
Rahu 11:52AM – 1:36PM

Vishakha Until 6:44AM
Variyan Until 1:19AM Thu
Vanija Until 1:24AM Thu
Dvitiya Until 3:08PM

Ganesha: Blue *Sunrise:* 4:53AM
Muruqa: White *Sunset:* 6:50PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Albany, NY
Sutra 17
Plava 5123
Moon 4 - Phase 3 -
1st Phase

Devaloka Day

1

Thursday, April 29, 2021

Vrischika Rasi: 17.53 Tithi 18 – 19

278784469

Routine Work Prabalarishta Yoga
Until 1:31AM Fri
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 8:22AM – 10:07AM
Yama 4:52AM – 6:37AM
Rahu 1:36PM – 3:21PM

Jyeshtha* Until 1:31AM Fri
Parigha* Until 9:33PM
Bava Until 10:10PM
Tritiya Until 11:43AM

Ganesha: Blue *Sunrise:* 4:52AM
Muruqa: White *Sunset:* 6:51PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Albany, NY
Sun 1
Sutra 18
Plava 5123
Moon 4 - Phase 3 - 1
1st Phase

Devaloka Day

2

Friday, April 30, 2021

Dhanus Rasi: 2.38 Tithi 19 – 20

288784469

Creative Work Amrita Yoga
Until 11:45PM
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:36AM – 8:21AM
Yama 3:22PM – 5:07PM
Rahu 10:06AM – 11:51AM

Mula* Until 11:45PM
Shiva Until 6:11PM
Kaulava Until 7:24PM
Chaturthi* Until 8:42AM

Ganesha: Red *Sunrise:* 4:51AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Albany, NY
Sun 2
Sutra 19
Plava 5123
Moon 4 - Phase 3 - 2
1st Phase

Sivaloka Day

3

Saturday, May 1, 2021

Dhanus Rasi: 17.01 Tithi 20 – 21

288794469

Creative Work Siddha Yoga
Until 10:28PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Gulika 4:49AM – 6:35AM
Yama 1:37PM – 3:22PM
Rahu 8:20AM – 10:06AM

Purvashadha* Until 10:28PM
Siddha Until 3:15PM
Vanija Until 4:20AM Sun
Panchami Until 6:12AM

Ganesha: Red *Sunrise:* 4:49AM
Muruqa: Yellow *Sunset:* 6:53PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Albany, NY
Sun 3
Sutra 20
Plava 5123
Moon 4 - Phase 3 - 3
1st Phase

Devaloka Day

4

Sunday, May 2, 2021

Makara Rasi: 1 Tithi 22

288794469

Creative Work Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:23PM – 5:08PM
Yama 11:51AM – 1:37PM
Rahu 5:08PM – 6:54PM

Uttarashadha Until 9:41PM
Sadhya Until 12:53PM
Visti Until 3:40PM
Saptami Until 3:09AM Mon

Ganesha: Red *Sunrise:* 4:48AM
Muruqa: Yellow *Sunset:* 6:54PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Albany, NY
Sun 4
Sutra 21
Plava 5123
Moon 4 - Phase 3 - 4
1st Phase

Devaloka Day

Monday, May 3, 2021

Retreat Star

Makara Rasi: 14.33 Tithi 23

Family Home Evening

298794469

Creative Work Amrita Yoga
Until 9:54PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:37PM – 3:23PM
Yama 10:05AM – 11:51AM
Rahu 6:33AM – 8:19AM

Shravana Until 9:54PM
Subha Until 11:04AM
Balava Until 2:50PM
Ashtami* Until 2:40AM Tue

Ganesha: Green *Sunrise:* 4:47AM
Muruqa: Yellow *Sunset:* 6:55PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Albany, NY
Sun 5
Sutra 22
Plava 5123
Moon 4 - Phase 3 - 5
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 27.43 Tithi 24

298794469

Creative Work Siddha Yoga
Until 10:39PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Gulika 11:51AM – 1:37PM
Yama 8:18AM – 10:04AM
Rahu 3:24PM – 5:10PM

Dhanishtha Until 10:39PM
Sukla Until 9:48AM
Taitila Until 2:42PM
Navami* Until 2:52AM Wed

Ganesha: Green *Sunrise:* 4:45AM
Muruqa: Yellow *Sunset:* 6:56PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Albany, NY
Sun 6
Sutra 23
Plava 5123
Moon 4 - Phase 3 - 6
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM


1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam				Albany, NY
			Shatabhishak Nakshatra Brahma/Indra Yoga Vanija/Visiti* Karana Dashamyam Titau				Sun 7
	Kumbha Rasi: 10.33	Tithi 25	Gulika 10:04AM – 11:51AM	Shatabhishak Until 11:51PM	Ganesha: Red	<i>Sunrise:</i> 4:44AM	Plava 5123
	299794469	Rahu 11:51AM – 1:37PM	Yama 6:31AM – 8:17AM	Brahma Until 9:04AM	Muruqa: Yellow	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 4 - 7
Creative Work Siddha Yoga		Vanija Until 3:13PM				2nd Phase	
Until 11:51PM		Dashami Until 3:41AM Thu				Devaloka Day	
Then Creative Work - Amrita Yoga		Chaitra*Chaitra					

2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Albany, NY
			Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 8
	Kumbha Rasi: 23.05	Tithi 26	Gulika 8:17AM – 10:04AM	Purvaproshtapada* Until 1:54AM Fri	Ganesha: Clear	<i>Sunrise:</i> 4:43AM	Plava 5123
	219794469	Rahu 1:38PM – 3:25PM	Yama 4:43AM – 6:30AM	Indra Until 8:49AM	Muruqa: Yellow	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4 - 8
Creative Work Siddha Yoga		Bava Until 4:19PM				2nd Phase	
		Ekadashi* Until 5:02AM Fri				Devaloka Day	
		Chaitra*Chaitra					

3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Albany, NY
			Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Sun 9
	Meena Rasi: 5.25	Tithi 27	Gulika 6:29AM – 8:16AM	Uttaraproshtapada Until 4:14AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Plava 5123
	219794469	Rahu 10:03AM – 11:51AM	Yama 3:25PM – 5:13PM	Vaidhrili* Until 8:57AM	Muruqa: Yellow	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 4 - 9
Creative Work Siddha Yoga		Kaulava Until 5:54PM				2nd Phase	
Until 4:14AM Sat		Dvadashi* Until 6:50AM Sat				Devaloka Day	
Then Routine Work - Prabalarishta Yoga		Chaitra*Chaitra					

4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam				Albany, NY
			Revati Nakshatra Vishkambha*/Priti Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10
	Meena Rasi: 17.32	Tithi 27 – 28	Gulika 4:40AM – 6:28AM	Revati Until 6:45AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Plava 5123
	219794469	Rahu 8:15AM – 10:03AM	Yama 1:38PM – 3:26PM	Vishkambha* Until 9:25AM	Muruqa: Yellow	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 4 - 10
Routine Work Prabalarishta Yoga		Gara Until 7:53PM				2nd Phase	
Until 6:45AM Sun		Dvadashi* Until 6:50AM				Devaloka Day	
Then Creative Work - Siddha Yoga		Chaitra*Chaitra					
		<i>Pradosha Vrata (Fasting)</i>					

5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Albany, NY
			Revati/Ashvini Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Sun 11
	Meena Rasi: 29.32	Tithi 28 – 29	Gulika 3:26PM – 5:14PM	Revati Until 6:45AM	Ganesha: Clear	<i>Sunrise:</i> 4:39AM	Plava 5123
	219794469	Rahu 5:14PM – 7:02PM	Yama 11:51AM – 1:38PM	Priti Until 10:10AM	Muruqa: Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 4 - 11
Creative Work Amrita Yoga		Visti Until 10:11PM				2nd Phase	
Until 6:45AM		Trayodashi* Until 8:59AM				Devaloka Day	
Then Creative Work - Siddha Yoga		Chaitra*Chaitra					

	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam				Albany, NY
	Retreat Star		Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau				Sun 12
	Mesha Rasi: 11.25	Tithi 29 – 30	Gulika 1:39PM – 3:27PM	Ashvini Until 9:52AM	Ganesha: Orange	<i>Sunrise:</i> 4:38AM	Plava 5123
	229794469	Rahu 6:26AM – 8:14AM	Yama 10:02AM – 11:50AM	Ayushman Until 11:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 4 - 12
Family Home Evening		Catuspada Until 12:41AM Tue				Amavasya	
Creative Work Siddha Yoga		Chaturdashii* Until 11:24AM				Devaloka Day	
		Chaitra*Chaitra					

6	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Albany, NY
	Retreat Star		Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13
	Mesha Rasi: 23.14	Tithi 30 – 1	Gulika 11:50AM – 1:39PM	Bharani Until 12:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:37AM	Plava 5123
	229794469	Rahu 3:27PM – 5:16PM	Yama 8:14AM – 10:02AM	Saubhagya Until 12:08PM	Muruqa: Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 4 - 13
Creative Work Siddha Yoga		Kintughna Until 3:19AM Wed				Prathama	
		Amavasya* Until 1:58PM				Devaloka Day	
		Vaisaka*Chaitra					

1		Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 14 Sutra 31 Plava 5123
Wishabha Rasi: 5.01	Tithi 1 – 2	Gulika 10:02AM – 11:50AM	Krittika Until 3:58PM	Ganesha: Orange	<i>Sunrise:</i> 4:36AM	
		Yama 6:24AM – 8:13AM	Sobhana Until 1:16PM	Muruqa: Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 5 - 14
		229794469 Rahu 11:50AM – 1:39PM	Balava Until 5:56AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Prathama* Until 4:36PM	Moon – White		Devaloka Day
Until 3:58PM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

2		Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Dvitiyayam Titau		Albany, NY Sun 15 Sutra 32 Plava 5123
Wishabha Rasi: 16.48	Tithi 2	Gulika 8:12AM – 10:01AM	Rohini Until 7:15PM	Ganesha: Red	<i>Sunrise:</i> 4:35AM	
		Yama 4:35AM – 6:24AM	Athiganda* Until 2:19PM	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 5 - 15
		231794469 Rahu 1:39PM – 3:28PM	Kaulava Until 7:10PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 7:10PM	Moon – Yellow		Devaloka Day
				Vaisaka-Chaitra		

3		Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau		Albany, NY Sun 16 Sutra 33 Plava 5123
Wishabha Rasi: 28.38	Tithi 3	Gulika 6:23AM – 8:12AM	Mrigashira Until 10:10PM	Ganesha: Green	<i>Sunrise:</i> 4:34AM	
		Yama 3:29PM – 5:18PM	Sukarma Until 3:15PM	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 5 - 16
		231894469 Rahu 10:01AM – 11:50AM	Taitila Until 8:24AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:32PM	Moon – Yellow		Bhuloka Day
		Akshaya Tritiya		Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

4		Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau		Albany, NY Sun 17 Sutra 34 Plava 5123
Mithuna Rasi: 10.34	Tithi 4	Gulika 4:32AM – 6:22AM	Ardra Until 12:35AM Sun	Ganesha: Green	<i>Sunrise:</i> 4:32AM	
		Yama 1:40PM – 3:29PM	Dhriti Until 3:59PM	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 5 - 17
		231894469 Rahu 8:11AM – 10:01AM	Vanija Until 10:37AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 11:34PM	Moon – Yellow		Bhuloka Day
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

5		Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 18 Sutra 35 Plava 5123
Mithuna Rasi: 22.38	Tithi 5	Gulika 3:30PM – 5:20PM	Punarvasu Until 2:53AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:31AM	
		Yama 11:50AM – 1:40PM	Shula* Until 4:21PM	Muruqa: Yellow	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 5 - 18
		241894469 Rahu 5:20PM – 7:09PM	Bava Until 12:26PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:08AM Mon	Moon – Blue		Devaloka Day
		Adi Sankara Jayanthi		Vaisaka-Vaikasi		

6		Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sun 19 Sutra 36 Plava 5123
Kataka Rasi: 4.56	Tithi 6	Gulika 1:40PM – 3:30PM	Pushya Until 4:26AM Tue	Ganesha: Red	<i>Sunrise:</i> 4:30AM	
Family Home Evening		Yama 10:00AM – 11:50AM	Ganda* Until 4:19PM	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 5 - 19
		241894469 Rahu 6:20AM – 8:10AM	Kaulava Until 1:43PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:06AM Tue	Moon – Blue		Devaloka Day
				Vaisaka-Vaikasi		

		Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 20 Sutra 37 Plava 5123
Retreat Star		Gulika 11:50AM – 1:41PM	Ashlesha* Until 5:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 4:30AM	
Kataka Rasi: 17.29	Tithi 7	Yama 8:10AM – 10:00AM	Vridhhi Until 3:47PM	Muruqa: Yellow	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 5 - 20
		241894469 Rahu 3:31PM – 5:21PM	Gara Until 2:21PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 2:23AM Wed	Moon – Blue		Devaloka Day
				Vaisaka-Vaikasi		

		Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 21 Sutra 38 Plava 5123
Retreat Star		Gulika 10:00AM – 11:50AM	Magha* Until 5:27AM Thu	Ganesha: Blue	<i>Sunrise:</i> 4:29AM	
Simha Rasi: 0.22	Tithi 8	Yama 6:19AM – 8:10AM	Dhruva Until 2:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 5 - 21
		251894469 Rahu 11:50AM – 1:41PM	Visti Until 2:15PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:54AM Thu	Moon – Red		Bhuloka Day
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

		Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22 Sutra 39 Plava 5123
Retreat Star		Gulika 8:09AM – 10:00AM	Purvaphalguni Until 4:51AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:28AM	
Simha Rasi: 13.38	Tithi 9	Yama 4:28AM – 6:18AM	Vyaghata* Until 12:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 5 - 22
		251894469 Rahu 1:41PM – 3:32PM	Balava Until 1:25PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Navami* Until 12:41AM Fri	Moon – Red		Bhuloka Day
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Albany, NY on 5/23/19

www.gurudeva.org/panchang


1		Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Albany, NY Sun 23 Sutra 40 Plava 5123
Simha Rasi: 27.19	Tithi 10	Gulika 6:18AM – 8:09AM	Uttaraphalguni Until 3:25AM Sat	Ganesha: Blue	<i>Sunrise:</i> 4:27AM			
		Yama 3:32PM – 5:23PM	Harshana Until 10:37AM	Muruqa: Yellow	<i>Sunset:</i> 7:14PM		Moon 4 - Phase 6 - 23	
		251894469 Rahu 10:00AM – 11:51AM	Taitila Until 11:49AM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dashami Until 10:45PM	Moon – Red		Bhuloka Day		
Until 3:25AM Sat				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga								

2		Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24 Sutra 41 Plava 5123
Kanya Rasi: 11.26	Tithi 11	Gulika 4:26AM – 6:17AM	Hasta Until 1:39AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 4:26AM			
		Yama 1:42PM – 3:33PM	Vajra* Until 7:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:15PM		Moon 4 - Phase 6 - 24	
		261894469 Rahu 8:08AM – 10:00AM	Vanija Until 9:33AM	Nataraja: Clear			4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 8:11PM	Moon – Green		Devaloka Day		
Until 1:39AM Sun				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

3		Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 25 Sutra 42 Plava 5123
Kanya Rasi: 25.59	Tithi 12 – 13	Gulika 3:33PM – 5:25PM	Chitra Until 11:16PM	Ganesha: White	<i>Sunrise:</i> 4:25AM			
		Yama 11:51AM – 1:42PM	Vyatipata* Until 12:40AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:16PM		Moon 4 - Phase 6 - 25	
		262894469 Rahu 5:25PM – 7:16PM	Bava Until 6:43AM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 5:07PM	Moon – Green		Sivaloka Day		
				Vaisaka-Vaikasi				

Pradosha Vrata

4		Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 26 Sutra 43 Plava 5123
Tula Rasi: 10.51	Tithi 13 – 14	Gulika 1:42PM – 3:34PM	Svati Until 8:25PM	Ganesha: White	<i>Sunrise:</i> 4:24AM			
		Yama 9:59AM – 11:51AM	Variyan Until 8:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM		Moon 4 - Phase 6 - 26	
Family Home Evening		262894469 Rahu 6:16AM – 8:08AM	Gara Until 11:51PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 1:39PM	Moon – Green		Sivaloka Day		
Until 8:25PM				Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga								

		Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sun 27 Sutra 44 Plava 5123
Copper Retreat Star		Gulika 11:51AM – 1:43PM	Vishakha Until 5:39PM	Ganesha: White	<i>Sunrise:</i> 4:24AM			
Tula Rasi: 25.57	Tithi 14 – 15	Yama 8:07AM – 9:59AM	Parigha* Until 4:29PM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM		Moon 4 - Phase 6 - 27	
		372894469 Rahu 3:34PM – 5:26PM	Visti Until 8:07PM	Nataraja: Clear			Purnima	
Routine Work	Marana Yoga		Chaturdashi* Until 9:59AM	Moon – Orange		Sivaloka Day		
Until 5:39PM		Vaikasi Visakam		Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

Silver Retreat Star		Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Albany, NY Sun 28 Sutra 45 Plava 5123
Silver Retreat Star		Gulika 9:59AM – 11:51AM	Anuradha Until 2:44PM	Ganesha: White	<i>Sunrise:</i> 4:23AM			
Vrischika Rasi: 11.08	Tithi 15 – 16	Yama 6:15AM – 8:07AM	Shiva Until 12:20PM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM		Moon 4 - Phase 6 -	
		372894469 Rahu 11:51AM – 1:43PM	Kaulava Until 2:33AM Thu	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga		Purnima* Until 6:13AM	Moon – Orange		Sivaloka Day		
				Vaisaka-Vaikasi				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, May 27, 2021
Gold Retreat Star

Vrischika Rasi: 26.15 Tithi 17
372894469
Routine Work Prabalarishta Yoga
Until 11:51AM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 8:07AM – 9:59AM
Yama 4:22AM – 6:15AM
Rahu 1:43PM – 3:35PM

Jyeshtha* Until 11:51AM
Siddha Until 8:15AM
Taitila Until 12:49PM
Dvitiya Until 11:08PM

Ganesha: White Sunrise: 4:22AM
Muruga: Yellow Sunset: 7:20PM
Nataraja: Clear
Moon – Orange

Sivaloka Day
Vaisaka-Vaikasi

Albany, NY
Sutra 46
Plava 5123
Moon 5 - Phase 7 -
1st Phase

1

Friday, May 28, 2021

Dhanus Rasi: 11.09 Tithi 18
382894469
Creative Work Amrita Yoga
Until 9:32AM
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 6:14AM – 8:06AM
Yama 3:36PM – 5:28PM
Rahu 9:59AM – 11:51AM

Mula* Until 9:32AM
Subha Until 12:59AM Sat
Vanija Until 9:34AM
Tritiya Until 8:06PM

Ganesha: Clear Sunrise: 4:22AM
Muruga: Yellow Sunset: 7:21PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

Albany, NY
Sun 1
Sutra 47
Plava 5123
Moon 5 - Phase 7 -
1st Phase

2

Saturday, May 29, 2021

Dhanus Rasi: 25.43 Tithi 19 – 20
382894469
Creative Work Siddha Yoga
Until 7:34AM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 4:21AM – 6:14AM
Yama 1:44PM – 3:36PM
Rahu 8:06AM – 9:59AM

Purvashadha* Until 7:34AM
Sukla Until 9:59PM
Bava Until 6:47AM
Chaturthi* Until 5:35PM

Ganesha: Clear Sunrise: 4:21AM
Muruga: Yellow Sunset: 7:22PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

Albany, NY
Sun 2
Sutra 48
Plava 5123
Moon 5 - Phase 7 -
1st Phase

3

Sunday, May 30, 2021

Makara Rasi: 9.52 Tithi 20 – 21
382894469
Creative Work Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Gulika 3:37PM – 5:30PM
Yama 11:51AM – 1:44PM
Rahu 5:30PM – 7:22PM

Uttarashadha Until 6:03AM
Brahma Until 7:32PM
Gara Until 3:06AM Mon
Panchami Until 3:44PM

Ganesha: Clear Sunrise: 4:21AM
Muruga: Yellow Sunset: 7:22PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

Albany, NY
Sun 3
Sutra 49
Plava 5123
Moon 5 - Phase 7 -
1st Phase

4

Monday, May 31, 2021

Makara Rasi: 23.35 Tithi 21 – 22
392894469
Family Home Evening
Creative Work Siddha Yoga
Until 5:38AM Tue
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 1:44PM – 3:37PM
Yama 9:59AM – 11:52AM
Rahu 6:13AM – 8:06AM

Dhanishtha Until 5:38AM Tue
Indra Until 5:43PM
Visti Until 2:23AM Tue
Shashthi* Until 2:38PM

Ganesha: Purple Sunrise: 4:20AM
Muruga: Yellow Sunset: 7:23PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Albany, NY
Sun 4
Sutra 50
Plava 5123
Moon 5 - Phase 7 -
1st Phase

D

Tuesday, June 1, 2021
Retreat Star

Kumbha Rasi: 6.52 Tithi 22 – 23
392894469
Routine Work Marana Yoga
Until 6:20AM Wed
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 11:52AM – 1:45PM
Yama 8:06AM – 9:59AM
Rahu 3:38PM – 5:31PM

Shatabhishak Until 6:20AM Wed
Vaidhriti* Until 4:30PM
Balava Until 2:27AM Wed
Saptami Until 2:18PM

Ganesha: Purple Sunrise: 4:20AM
Muruga: Yellow Sunset: 7:24PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Albany, NY
Sun 5
Sutra 51
Plava 5123
Moon 5 - Phase 7 -
Ashtami

Wednesday, June 2, 2021
Retreat Star

Kumbha Rasi: 19.44 Tithi 23 – 24
392894469
Creative Work Siddha Yoga
Until 6:20AM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha*/Prithi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:59AM – 11:52AM
Yama 6:12AM – 8:05AM
Rahu 11:52AM – 1:45PM

Shatabhishak Until 6:20AM
Vishkambha* Until 3:54PM
Taitila Until 3:15AM Thu
Ashtami* Until 2:45PM

Ganesha: Purple Sunrise: 4:19AM
Muruga: Yellow Sunset: 7:25PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Albany, NY
Sun 6
Sutra 52
Plava 5123
Moon 5 - Phase 7 -
Navami

1	Thursday, June 3, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashyam Titau				Albany, NY
	Meena Rasi: 2.16	Tithi 24 – 25	Gulika 8:05AM – 9:59AM	Purvaproshtapada* Until 8:04AM	Ganesha: Blue	Sunrise: 4:19AM	Sun 7 Sutra 53
			Yama 4:19AM – 6:12AM	Priti Until 3:52PM	Muruqa: Yellow	Sunset: 7:25PM	Plava 5123
	312894469	Rahu 1:45PM – 3:39PM		Vanija Until 4:43AM Fri	Nataraja: Clear		Moon 5 - Phase 8 - 7 2nd Phase
Creative Work	Siddha Yoga		Navami* Until 3:53PM	Moon – Clear		Sivaloka Day	
				Vaisaka-Vaikasi			


2	Friday, June 4, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Albany, NY
	Meena Rasi: 14.31	Tithi 25 – 26	Gulika 6:12AM – 8:05AM	Uttaraproshtapada Until 10:15AM	Ganesha: Blue	Sunrise: 4:18AM	Sun 8 Sutra 54
			Yama 3:39PM – 5:33PM	Ayushman Until 4:15PM	Muruqa: Yellow	Sunset: 7:26PM	Plava 5123
	312894469	Rahu 9:59AM – 11:52AM		Bava Until 6:41AM Sat	Nataraja: Clear		Moon 5 - Phase 8 - 8 2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:37PM	Moon – Clear		Sivaloka Day	
				Vaisaka-Vaikasi			


3	Saturday, June 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Albany, NY
	Meena Rasi: 26.33	Tithi 26	Gulika 4:18AM – 6:11AM	Revati Until 12:45PM	Ganesha: Yellow	Sunrise: 4:18AM	Sun 9 Sutra 55
			Yama 1:46PM – 3:40PM	Saubhagya Until 5:01PM	Muruqa: Yellow	Sunset: 7:27PM	Plava 5123
	312894461	Rahu 8:05AM – 9:59AM		Bava Until 6:41AM	Nataraja: Yellow		Moon 5 - Phase 8 - 9 2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 7:48PM	Moon – Clear		Devaloka Day	
Until 12:45PM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

4	Sunday, June 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Albany, NY
	Mesha Rasi: 8.26	Tithi 27	Gulika 3:40PM – 5:34PM	Ashvini Until 3:54PM	Ganesha: Blue	Sunrise: 4:18AM	Sun 10 Sutra 56
			Yama 11:53AM – 1:46PM	Sobhana Until 6:01PM	Muruqa: Yellow	Sunset: 7:28PM	Plava 5123
	323894461	Rahu 5:34PM – 7:28PM		Kaulava Until 9:02AM	Nataraja: Yellow		Moon 5 - Phase 8 - 10 2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:16PM	Moon – White		Bhuloka Day	
Until 3:54PM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Prabalarishta Yoga							

5	Monday, June 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Albany, NY
	Mesha Rasi: 20.15	Tithi 28	Gulika 1:47PM – 3:40PM	Bharani Until 7:02PM	Ganesha: Blue	Sunrise: 4:17AM	Sun 11 Sutra 57
	Family Home Evening		Yama 9:59AM – 11:53AM	Athiganda* Until 7:07PM	Muruqa: Yellow	Sunset: 7:28PM	Plava 5123
	323894461	Rahu 6:11AM – 8:05AM		Gara Until 11:36AM	Nataraja: Yellow		Moon 5 - Phase 8 - 11 2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:53AM Tue	Moon – White		Bhuloka Day	
Until 7:02PM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

6	Tuesday, June 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Albany, NY
	Vrishabha Rasi: 2.02	Tithi 29	Gulika 11:53AM – 1:47PM	Krittika Until 10:02PM	Ganesha: Red	Sunrise: 4:17AM	Sun 12 Sutra 58
			Yama 8:05AM – 9:59AM	Sukarma Until 8:14PM	Muruqa: Yellow	Sunset: 7:29PM	Plava 5123
	323994461	Rahu 3:41PM – 5:35PM		Visti Until 2:13PM	Nataraja: Yellow		Moon 5 - Phase 8 - 12 2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:28AM Wed	Moon – White		Devaloka Day	
Until 10:02PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

	Wednesday, June 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Albany, NY
	Retreat Star		Gulika 9:59AM – 11:53AM	Rohini Until 1:14AM Thu	Ganesha: Yellow	Sunrise: 4:17AM	Sun 13 Sutra 59
	Vrishabha Rasi: 13.49	Tithi 30	Yama 6:11AM – 8:05AM	Dhriti Until 9:17PM	Muruqa: Yellow	Sunset: 7:29PM	Plava 5123
	333994461	Rahu 11:53AM – 1:47PM		Catuspada Until 4:44PM	Nataraja: Yellow		Moon 5 - Phase 8 - 13 Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:54AM Thu	Moon – Yellow		Devaloka Day	
Until 1:14AM Thu				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

	Thursday, June 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna* Karana Prathamayam Titau				Albany, NY
	Retreat Star		Gulika 8:05AM – 9:59AM	Mrigashira Until 4:02AM Fri	Ganesha: Yellow	Sunrise: 4:17AM	Sun 14 Sutra 60
	Vrishabha Rasi: 25.41	Tithi 1	Yama 4:17AM – 6:11AM	Shula* Until 10:07PM	Muruqa: Yellow	Sunset: 7:30PM	Plava 5123
	333994461	Rahu 1:47PM – 3:42PM		Kintughna Until 7:03PM	Nataraja: Yellow		Moon 5 - Phase 8 - 14 Prathama
Routine Work	Marana Yoga		Prathama* Until 8:04AM Fri	Moon – Yellow		Devaloka Day	
Until 4:02AM Fri				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

1	Friday, June 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Albany, NY
	Mithuna Rasi: 7.38	Tithi 1 – 2	Gulika 6:11AM – 8:05AM	Ardra Until 6:19AM Sat	Ganesha: Yellow	Sunrise: 4:16AM	Sun 15 Sutra 61
	333994461	Rahu	Yama 3:42PM – 5:36PM	Ganda* Until 10:43PM	Muruqa: Yellow	Sunset: 7:31PM	Plava 5123 Moon 5 - Phase 9 - 15
	Creative Work	Siddha Yoga	Rahu 9:59AM – 11:53AM	Balava Until 9:02PM	Nataraja: Yellow		3rd Phase
			Prathama* Until 8:04AM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2	Saturday, June 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Albany, NY
	Mithuna Rasi: 19.44	Tithi 2 – 3	Gulika 4:16AM – 6:11AM	Ardra Until 6:19AM	Ganesha: Yellow	Sunrise: 4:16AM	Sun 16 Sutra 62
	333994461	Rahu	Yama 1:48PM – 3:42PM	Vriddhi Until 11:02PM	Muruqa: Yellow	Sunset: 7:31PM	Plava 5123 Moon 5 - Phase 9 - 16
	Creative Work	Siddha Yoga	Rahu 8:05AM – 9:59AM	Taitila Until 10:37PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 9:52AM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

3	Sunday, June 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Albany, NY
	Kataka Rasi: 2.01	Tithi 3 – 4	Gulika 3:43PM – 5:37PM	Punarvasu Until 8:32AM	Ganesha: Red	Sunrise: 4:16AM	Sun 17 Sutra 63
	343994461	Rahu	Yama 11:54AM – 1:48PM	Dhruva Until 10:57PM	Muruqa: Yellow	Sunset: 7:32PM	Plava 5123 Moon 5 - Phase 9 - 17
	Creative Work	Siddha Yoga	Rahu 5:37PM – 7:32PM	Vanija Until 11:45PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 11:14AM	Moon – Blue		Devaloka Day	
				Jyeshtha-Vaikasi			

4	Monday, June 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY
	Kataka Rasi: 14.29	Tithi 4 – 5	Gulika 1:49PM – 3:43PM	Pushya Until 10:07AM	Ganesha: Red	Sunrise: 4:16AM	Sun 18 Sutra 64
	343994461	Rahu	Yama 10:00AM – 11:54AM	Vyaghata* Until 10:30PM	Muruqa: Yellow	Sunset: 7:32PM	Plava 5123 Moon 5 - Phase 9 - 18
	Creative Work	Siddha Yoga	Rahu 6:11AM – 8:05AM	Bava Until 12:23AM Tue	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 12:07PM	Moon – Blue		Devaloka Day	
				Jyeshtha-Ani			

5	Tuesday, June 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY
	Kataka Rasi: 27.12	Tithi 5 – 6	Gulika 11:54AM – 1:49PM	Ashlesha* Until 11:03AM	Ganesha: Red	Sunrise: 4:16AM	Sun 19 Sutra 65
	343994461	Rahu	Yama 8:05AM – 10:00AM	Harshana Until 9:38PM	Muruqa: Yellow	Sunset: 7:32PM	Plava 5123 Moon 5 - Phase 9 - 19
	Creative Work	Siddha Yoga	Rahu 3:43PM – 5:38PM	Kaulava Until 12:28AM Wed	Nataraja: Yellow		3rd Phase
			Panchami Until 12:29PM	Moon – Blue		Devaloka Day	
				Jyeshtha-Ani			

6	Wednesday, June 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY
	Simha Rasi: 10.1	Tithi 6 – 7	Gulika 10:00AM – 11:54AM	Magha* Until 11:45AM	Ganesha: Blue	Sunrise: 4:16AM	Sun 20 Sutra 66
	353994461	Rahu	Yama 6:11AM – 8:05AM	Vajra* Until 8:18PM	Muruqa: Yellow	Sunset: 7:33PM	Plava 5123 Moon 5 - Phase 9 - 20
	Creative Work	Siddha Yoga	Rahu 11:54AM – 1:49PM	Gara Until 12:00AM Thu	Nataraja: Yellow		3rd Phase
			Shashthi* Until 12:17PM	Moon – Red		Sivaloka Day	
				Jyeshtha-Ani			

D	Thursday, June 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Albany, NY
	Retreat Star		Gulika 8:05AM – 10:00AM	Purvaphalguni Until 11:43AM	Ganesha: Blue	Sunrise: 4:16AM	Sun 21 Sutra 67
	Simha Rasi: 23.26	Tithi 7 – 8	Yama 4:16AM – 6:11AM	Siddhi Until 6:31PM	Muruqa: Yellow	Sunset: 7:33PM	Plava 5123 Moon 5 - Phase 9 - 21
	353994461	Rahu	Rahu 1:49PM – 3:44PM	Visti Until 10:57PM	Nataraja: Yellow		Ashtami
			Saptami Until 11:32AM	Moon – Red		Sivaloka Day	
				Jyeshtha-Ani			

D	Friday, June 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Varyayan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY
	Retreat Star		Gulika 6:11AM – 8:06AM	Uttaraphalguni Until 10:59AM	Ganesha: Blue	Sunrise: 4:16AM	Sun 22 Sutra 68
	Kanya Rasi: 7.02	Tithi 8 – 9	Yama 3:44PM – 5:39PM	Vyatipata* Until 4:16PM	Muruqa: Yellow	Sunset: 7:33PM	Plava 5123 Moon 5 - Phase 9 - 22
	353994461	Rahu	Rahu 10:00AM – 11:55AM	Balava Until 9:19PM	Nataraja: Yellow		Navami
			Ashtami* Until 10:11AM	Moon – Red		Sivaloka Day	
				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Albany, NY on 5/23/19

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1	Saturday, June 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY Sutra 69 Plava 5123
	Kanya Rasi: 20.59	Tithi 9 – 10	Gulika 4:16AM – 6:11AM	Hasta Until 9:58AM	Ganesha: Yellow	<i>Sunrise:</i> 4:16AM	Sun 23
			Yama 1:50PM – 3:44PM	Variyan Until 1:33PM	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 23
	Routine Work	Marana Yoga	363994461 Rahu 8:06AM – 10:00AM	Taitila Until 7:09PM	Nataraja: Yellow		4th Phase
			Navami* Until 8:16AM	Moon – Green		Devaloka Day	
				Jyeshtha-Ani			


2	Sunday, June 20, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sutra 70 Plava 5123
	Tula Rasi: 5.16	Tithi 11	Gulika 3:45PM – 5:39PM	Chitra Until 8:18AM	Ganesha: White	<i>Sunrise:</i> 4:17AM	Sun 24
			Yama 11:55AM – 1:50PM	Parigha* Until 10:27AM	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 24
	Creative Work	Siddha Yoga	364994461 Rahu 5:39PM – 7:34PM	Vanija Until 4:30PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 3:01AM Mon	Moon – Green		Bhuloka Day	
			Father's Day	Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	


3	Monday, June 21, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvodashyam Titau				Albany, NY Sutra 71 Plava 5123
	Tula Rasi: 19.51	Tithi 12	Gulika 1:50PM – 3:45PM	Svati Until 6:05AM	Ganesha: White	<i>Sunrise:</i> 4:17AM	Sun 25
	Family Home Evening		Yama 10:01AM – 11:56AM	Shiva Until 7:00AM	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 25
	Creative Work	Amrita Yoga	364994461 Rahu 6:11AM – 8:06AM	Bava Until 1:28PM	Nataraja: Yellow		4th Phase
			Dvadashi Until 11:50PM	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	

4	Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY Sutra 72 Plava 5123
	Vrischika Rasi: 4.4	Tithi 13	Gulika 11:56AM – 1:50PM	Anuradha Until 1:14AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:17AM	Sun 26
			Yama 8:06AM – 10:01AM	Sadhya Until 11:25PM	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 10 - 26
	Creative Work	Siddha Yoga	374994461 Rahu 3:45PM – 5:40PM	Kaulava Until 10:11AM	Nataraja: Yellow		4th Phase
			Trayodashi Until 8:27PM	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani		Tour Day	

Pradosha Vrata

5	Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sutra 73 Plava 5123
	Vrischika Rasi: 19.38	Tithi 14 – 15	Gulika 10:01AM – 11:56AM	Jyeshtha* Until 10:29PM	Ganesha: Clear	<i>Sunrise:</i> 4:17AM	Sun 27
			Yama 6:12AM – 8:07AM	Subha Until 7:32PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10 - 27
	Creative Work	Siddha Yoga	374994461 Rahu 11:56AM – 1:51PM	Gara Until 6:44AM	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 5:00PM	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			

	Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sutra 74 Plava 5123
	Dhanus Rasi: 4.35	Tithi 15 – 16	Gulika 8:07AM – 10:02AM	Mula* Until 8:07PM	Ganesha: Purple	<i>Sunrise:</i> 4:18AM	Sun 28
			Yama 4:18AM – 6:12AM	Sukla Until 3:41PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10 - Purnima
	Creative Work	Siddha Yoga	384994461 Rahu 1:51PM – 3:45PM	Balava Until 12:01AM Fri	Nataraja: Yellow		
			Purnima* Until 1:37PM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	

	Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Albany, NY Sutra 75 Plava 5123
	Dhanus Rasi: 19.24	Tithi 16 – 17	Gulika 6:13AM – 8:07AM	Purvashadha* Until 5:53PM	Ganesha: Purple	<i>Sunrise:</i> 4:18AM	Sun 29
			Yama 3:46PM – 5:40PM	Brahma Until 12:04PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 10 - Prathama
	Creative Work	Prabalarishta Yoga	384994461 Rahu 10:02AM – 11:56AM	Taitila Until 9:02PM	Nataraja: Yellow		
			Prathama* Until 10:28AM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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Saturday, June 26, 2021
Gold Retreat Star

Makara Rasi: 3.58 Tithi 17 - 18

384994461

Routine Work Marana Yoga
Until 3:56PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhrili* Yoga Gara/Vanija Karana Dvitiya/Trilayam Titau

Gulika 4:18AM - 6:13AM **Uttarashadha Until 3:56PM**
Yama 1:51PM - 3:46PM Indra Until 8:46AM
Rahu 8:07AM - 10:02AM Vanija Until 6:30PM
Dvitiya Until 7:41AM

Ganesha: Purple *Sunrise:* 4:18AM
Muruqa: Yellow *Sunset:* 7:35PM
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Albany, NY
Sun 1
Sutra 76
Plava 5123
Moon 6 - Phase 11 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Sunday, June 27, 2021

Makara Rasi: 18.11 Tithi 19

394994461

Creative Work Amrita Yoga
Until 2:51PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Bava/Balava Karana Chaturtham Titau

Gulika 3:46PM - 5:40PM **Shravana Until 2:51PM**
Yama 11:57AM - 1:51PM Vishkambha* Until 3:33AM Mon
Rahu 5:40PM - 7:35PM Bava Until 4:32PM
Chaturthi* Until 3:48AM Mon

Ganesha: Clear *Sunrise:* 4:19AM
Muruqa: Yellow *Sunset:* 7:35PM
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Albany, NY
Sun 2
Sutra 77
Plava 5123
Moon 6 - Phase 11 - 2
1st Phase

Devaloka Day

2

Monday, June 28, 2021

Kumbha Rasi: 1.59 Tithi 20

Family Home Evening

394994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:51PM - 3:46PM **Dhanishtha Until 2:19PM**
Yama 10:02AM - 11:57AM Priti Until 1:50AM Tue
Rahu 6:14AM - 8:08AM Kaulava Until 3:17PM
Panchami Until 2:56AM Tue

Ganesha: Clear *Sunrise:* 4:19AM
Muruqa: Yellow *Sunset:* 7:35PM
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Albany, NY
Sun 3
Sutra 78
Plava 5123
Moon 6 - Phase 11 - 3
1st Phase

Devaloka Day

3

Tuesday, June 29, 2021

Kumbha Rasi: 15.2 Tithi 21

394994461

Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:57AM - 1:52PM **Shatabhishak Until 2:24PM**
Yama 8:08AM - 10:03AM Ayushman Until 12:44AM Wed
Rahu 3:46PM - 5:40PM Gara Until 2:49PM
Shashthi* Until 2:52AM Wed

Ganesha: Clear *Sunrise:* 4:19AM
Muruqa: Yellow *Sunset:* 7:35PM
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Albany, NY
Sun 4
Sutra 79
Plava 5123
Moon 6 - Phase 11 - 4
1st Phase

Devaloka Day

4

Wednesday, June 30, 2021

Kumbha Rasi: 28.16 Tithi 22

314994461

Creative Work Amrita Yoga
Until 3:34PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 10:03AM - 11:57AM **Purvaproshtapada* Until 3:34PM**
Yama 6:14AM - 8:09AM Saubhagya Until 12:16AM Thu
Rahu 11:57AM - 1:52PM Visti Until 3:09PM
Saptami Until 3:35AM Thu

Ganesha: Yellow *Sunrise:* 4:20AM
Muruqa: Yellow *Sunset:* 7:35PM
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Albany, NY
Sun 5
Sutra 80
Plava 5123
Moon 6 - Phase 11 - 5
1st Phase

Devaloka Day

Retreat Star

Thursday, July 1, 2021

Meena Rasi: 10.5 Tithi 23

314994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:09AM - 10:03AM **Uttaraproshtapada Until 5:20PM**
Yama 4:20AM - 6:15AM Sobhana Until 12:23AM Fri
Rahu 1:52PM - 3:46PM Balava Until 4:14PM
Ashtami* Until 5:01AM Fri

Ganesha: Yellow *Sunrise:* 4:20AM
Muruqa: Yellow *Sunset:* 7:35PM
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Albany, NY
Sun 6
Sutra 81
Plava 5123
Moon 6 - Phase 11 - 6
Ashtami

Devaloka Day

Friday, July 2, 2021

Retreat Star

Meena Rasi: 23.05 Tithi 24

315194461

Creative Work Siddha Yoga
Until 7:33PM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 6:15AM - 8:09AM **Revati Until 7:33PM**
Yama 3:46PM - 5:40PM Athiganda* Until 12:56AM Sat
Rahu 10:04AM - 11:58AM Taitila Until 5:59PM
Navami* Until 7:02AM Sat

Ganesha: White *Sunrise:* 4:21AM
Muruqa: Yellow *Sunset:* 7:34PM
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Albany, NY
Sun 7
Sutra 82
Plava 5123
Moon 6 - Phase 11 - 7
Navami

Sivaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Albany, NY Sutra 83 Plava 5123
	Mesha Rasi: 5.07	Tithi 24 – 25	Gulika 4:22AM – 6:16AM	Ashvini Until 10:34PM	Ganesha: Yellow	Sunrise: 4:22AM	Sun 8
			Yama 1:52PM – 3:46PM	Sukarma Until 1:50AM Sun	Muruqa: Yellow	Sunset: 7:34PM	Moon 6 - Phase 12 - 8
	Creative Work	Siddha Yoga	325194461 Rahu 8:10AM – 10:04AM	Vanija Until 8:13PM	Nataraja: Yellow		2nd Phase
			Navami* Until 7:02AM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			


2	Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Albany, NY Sutra 84 Plava 5123
	Mesha Rasi: 16.59	Tithi 25 – 26	Gulika 3:46PM – 5:40PM	Bharani Until 1:39AM Mon	Ganesha: Yellow	Sunrise: 4:22AM	Sun 9
			Yama 11:58AM – 1:52PM	Dhriti Until 2:56AM Mon	Muruqa: Yellow	Sunset: 7:34PM	Moon 6 - Phase 12 - 9
	Routine Work	Prabalarishta Yoga	325194461 Rahu 5:40PM – 7:34PM	Bava Until 10:43PM	Nataraja: Yellow		2nd Phase
			Dashami Until 9:25AM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			


3	Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sutra 85 Plava 5123
	Mesha Rasi: 28.47	Tithi 26 – 27	Gulika 1:52PM – 3:46PM	Krittika Until 4:38AM Tue	Ganesha: Yellow	Sunrise: 4:23AM	Sun 10
	Family Home Evening		Yama 10:04AM – 11:58AM	Shula* Until 4:02AM Tue	Muruqa: Yellow	Sunset: 7:34PM	Moon 6 - Phase 12 - 10
	Routine Work	Marana Yoga	325194461 Rahu 6:17AM – 8:10AM	Kaulava Until 1:18AM Tue	Nataraja: Yellow		2nd Phase
			Ekadashi* Until 12:00PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

4	Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY Sutra 86 Plava 5123
	Vrishabha Rasi: 10.35	Tithi 27 – 28	Gulika 11:58AM – 1:52PM	Rohini Until 7:48AM Wed	Ganesha: Yellow	Sunrise: 4:23AM	Sun 11
			Yama 8:11AM – 10:05AM	Ganda* Until 5:02AM Wed	Muruqa: Yellow	Sunset: 7:33PM	Moon 6 - Phase 12 - 11
	Creative Work	Amrita Yoga	435194461 Rahu 3:46PM – 5:40PM	Gara Until 3:46AM Wed	Nataraja: Yellow		2nd Phase
			Dvadashi* Until 2:32PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sutra 87 Plava 5123
	Vrishabha Rasi: 22.26	Tithi 28 – 29	Gulika 10:05AM – 11:59AM	Rohini Until 7:48AM	Ganesha: Yellow	Sunrise: 4:24AM	Sun 12
			Yama 6:18AM – 8:11AM	Vriddhi Until 5:49AM Thu	Muruqa: Yellow	Sunset: 7:33PM	Moon 6 - Phase 12 - 12
	Creative Work	Siddha Yoga	435194461 Rahu 11:59AM – 1:52PM	Visti Until 5:55AM Thu	Nataraja: Yellow		2nd Phase
			Trayodashi* Until 4:52PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			

6	Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Albany, NY Sutra 88 Plava 5123
	Mithuna Rasi: 4.24	Tithi 29	Gulika 8:12AM – 10:05AM	Mrigashira Until 10:29AM	Ganesha: Yellow	Sunrise: 4:25AM	Sun 13
			Yama 4:25AM – 6:18AM	Dhruva Until 6:15AM Fri	Muruqa: Yellow	Sunset: 7:33PM	Moon 6 - Phase 12 - 13
	Routine Work	Marana Yoga	435194461 Rahu 1:52PM – 3:46PM	Sakuni Until 6:50PM	Nataraja: Yellow		2nd Phase
			Chaturdashi* Until 6:50PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			

	Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Albany, NY Sutra 89 Plava 5123
	Retreat Star		Gulika 6:19AM – 8:12AM	Ardra Until 12:36PM	Ganesha: Yellow	Sunrise: 4:25AM	Sun 14
	Mithuna Rasi: 16.32	Tithi 30	Yama 3:46PM – 5:39PM	Dhruva Until 6:15AM	Muruqa: Yellow	Sunset: 7:32PM	Moon 6 - Phase 12 - 14
	Creative Work	Siddha Yoga	435194461 Rahu 10:05AM – 11:59AM	Catuspada Until 7:40AM	Nataraja: Yellow		Amavasya
			Amavasya* Until 8:20PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			

	Saturday, July 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Albany, NY Sutra 90 Plava 5123
	Retreat Star		Gulika 4:26AM – 6:19AM	Punarvasu Until 2:34PM	Ganesha: Red	Sunrise: 4:26AM	Sun 15
	Mithuna Rasi: 28.52	Tithi 1	Yama 1:52PM – 3:45PM	Vyaghata* Until 6:20AM	Muruqa: Yellow	Sunset: 7:32PM	Moon 6 - Phase 12 - 15
	Creative Work	Siddha Yoga	445194461 Rahu 8:13AM – 10:06AM	Kintughna Until 8:55AM	Nataraja: Yellow		Prathama
			Prathama* Until 9:21PM	Moon – Blue		Devaloka Day	
				Ashada-Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY Sun 16 Sutra 91
	Kataka Rasi: 11.25	Tithi 2	Gulika 3:45PM – 5:38PM	Pushya Until 3:53PM	Ganesha: Blue	<i>Sunrise:</i> 4:27AM	Plava 5123
			Yama 11:59AM – 1:52PM	Harshana Until 6:02AM	Muruqa: Yellow	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 13 - 16
	Creative Work	Siddha Yoga	446194461 Rahu 5:38PM – 7:31PM	Balava Until 9:41AM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 9:52PM	Moon – Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Ashada*Ani			

2	Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Albany, NY Sun 17 Sutra 92
	Kataka Rasi: 24.12	Tithi 3	Gulika 1:52PM – 3:45PM	Ashlesha* Until 4:35PM	Ganesha: Blue	<i>Sunrise:</i> 4:28AM	Plava 5123
	Family Home Evening		Yama 10:06AM – 11:59AM	Siddhi Until 4:17AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 13 - 17
	Creative Work	Siddha Yoga	446194461 Rahu 6:21AM – 8:13AM	Taitila Until 9:58AM	Nataraja: Yellow		3rd Phase
			Tritiya Until 9:55PM	Moon – Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Ashada*Ani			

3	Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Albany, NY Sun 18 Sutra 93
	Simha Rasi: 7.12	Tithi 4	Gulika 11:59AM – 1:52PM	Magha* Until 5:10PM	Ganesha: Blue	<i>Sunrise:</i> 4:28AM	Plava 5123
			Yama 8:14AM – 10:07AM	Vyatipata* Until 2:54AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13 - 18
	Creative Work	Siddha Yoga	456194461 Rahu 3:45PM – 5:38PM	Vanija Until 9:48AM	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 9:33PM	Moon – Red		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Ashada*Ani			

4	Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY Sun 19 Sutra 94
	Simha Rasi: 20.25	Tithi 5	Gulika 10:07AM – 11:59AM	Purvaphalguni Until 5:11PM	Ganesha: Blue	<i>Sunrise:</i> 4:29AM	Plava 5123
			Yama 6:22AM – 8:14AM	Varyan Until 1:11AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:30PM	Moon 6 - Phase 13 - 19
	Creative Work	Amrita Yoga	456194461 Rahu 11:59AM – 1:52PM	Bava Until 9:13AM	Nataraja: Yellow		3rd Phase
			Panchami Until 8:46PM	Moon – Red		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Ashada*Ani			

5	Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Albany, NY Sun 20 Sutra 95
	Kanya Rasi: 3.51	Tithi 6	Gulika 8:15AM – 10:07AM	Uttaraphalguni Until 4:41PM	Ganesha: Blue	<i>Sunrise:</i> 4:30AM	Plava 5123
			Yama 4:30AM – 6:22AM	Parigha* Until 11:11PM	Muruqa: Yellow	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 13 - 20
		Amrita Yoga	456194461 Rahu 1:52PM – 3:44PM	Kaulava Until 8:15AM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 7:37PM	Moon – Red		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Ashada*Ani			

6	Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY Sun 21 Sutra 96
	Kanya Rasi: 17.3	Tithi 7	Gulika 6:23AM – 8:15AM	Hasta Until 4:07PM	Ganesha: Yellow	<i>Sunrise:</i> 4:31AM	Plava 5123
			Yama 3:44PM – 5:36PM	Shiva Until 8:53PM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13 - 21
	Creative Work	Amrita Yoga	466195461 Rahu 10:07AM – 12:00PM	Gara Until 6:55AM	Nataraja: Yellow		3rd Phase
			Saptami Until 6:05PM	Moon – Green		Sivaloka Day	
				Ashada*Adi			

D	Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 22 Sutra 97
	Retreat Star		Gulika 4:32AM – 6:24AM	Chitra Until 3:02PM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM	Plava 5123
	Tula Rasi: 1.22	Tithi 8 – 9	Yama 1:52PM – 3:44PM	Siddha Until 6:17PM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 13 - 22
			466195462 Rahu 8:16AM – 10:08AM	Balava Until 3:10AM Sun	Nataraja: White		Ashtami
			Ashtami* Until 4:13PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Adi			

D	Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY Sun 23 Sutra 98
	Retreat Star		Gulika 3:43PM – 5:35PM	Svati Until 1:30PM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Plava 5123
	Tula Rasi: 15.28	Tithi 9 – 10	Yama 12:00PM – 1:52PM	Sadhya Until 3:25PM	Muruqa: White	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13 - 23
			466195462 Rahu 5:35PM – 7:27PM	Taitila Until 12:49AM Mon	Nataraja: White		Navami
			Navami* Until 2:00PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Adi			

Monday, July 19, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY Sutra 99 Plava 5123
1		Gulika 1:51PM – 3:43PM	Vishakha Until 11:56AM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Sun 24
Tula Rasi: 29.45	Tithi 10 – 11	Yama 10:08AM – 12:00PM	Subha Until 12:20PM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 14 - 24
Family Home Evening	477195462	Rahu 6:25AM – 8:17AM	Vanija Until 10:11PM	Nataraja: White		4th Phase
Routine Work	Marana Yoga		Dashami Until 11:31AM	Moon – Orange		Subha Sivaloka Day
Until 11:56AM				Ashada-Adi		
Then Creative Work - Siddha Yoga						

Tuesday, July 20, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sutra 100 Plava 5123
2		Gulika 12:00PM – 1:51PM	Anuradha Until 10:01AM	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM	Sun 25
Vrischika Rasi: 14.13	Tithi 11 – 12	Yama 8:17AM – 10:09AM	Sukla Until 9:02AM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 14 - 25
477195462		Rahu 3:43PM – 5:34PM	Bava Until 7:23PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:47AM	Moon – Orange		Subha Sivaloka Day
Until 10:01AM				Ashada-Adi		
Then Routine Work - Marana Yoga						

Wednesday, July 21, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau				Albany, NY Sutra 101 Plava 5123
3		Gulika 10:09AM – 12:00PM	Jyeshtha* Until 7:49AM	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Sun 26
Vrischika Rasi: 28.48	Tithi 13	Yama 6:26AM – 8:18AM	Indra Until 2:12AM Thu	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 14 - 26
477195462		Rahu 12:00PM – 1:51PM	Kaulava Until 4:28PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 3:00AM Thu	Moon – Orange		Subha Sivaloka Day
Until 7:49AM				Ashada-Adi		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

Thursday, July 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sutra 102 Plava 5123
4		Gulika 8:18AM – 10:09AM	Purvashadha* Until 3:51AM Fri	Ganesha: White	<i>Sunrise:</i> 4:36AM	Sun 27
Dhanus Rasi: 13.25	Tithi 14	Yama 4:36AM – 6:27AM	Vaidhriti* Until 10:48PM	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 14 - 27
477195462		Rahu 1:51PM – 3:42PM	Gara Until 1:35PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:10AM Fri	Moon – Light Blue		Subha Subha Sivaloka Day
Until 3:51AM Fri				Ashada-Adi		
Then Routine Work - Marana Yoga						

Friday, July 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sutra 103 Plava 5123
○		Gulika 6:28AM – 8:19AM	Uttarashadha Until 1:58AM Sat	Ganesha: White	<i>Sunrise:</i> 4:37AM	Sun 28
Copper Retreat Star		Yama 3:41PM – 5:32PM	Vishkambha* Until 7:36PM	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 14 -
Dhanus Rasi: 27.57	Tithi 15	477195462	Visti Until 10:51AM	Nataraja: White		Purnima
Routine Work	Marana Yoga		Purnima* Until 9:33PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 1:58AM Sat		Satguru Purnima		Ashada-Adi		
Then Creative Work - Siddha Yoga						

Saturday, July 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sutra 104 Plava 5123
○		Gulika 4:38AM – 6:29AM	Shravana Until 12:44AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:38AM	Sun 29
Silver Retreat Star		Yama 1:51PM – 3:41PM	Priti Until 4:41PM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 14 -
Makara Rasi: 12.18	Tithi 16	497195462	Balava Until 8:24AM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:18PM	Moon – Purple		Subha Sivaloka Day
Until 12:44AM Sun				Ashada-Adi		
Then Routine Work - Marana Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 25, 2021
Gold Retreat Star

Makara Rasi: 26.23 Tithi 17 – 18

498195462

Gulika
Yama
Rahu

3:41PM – 5:31PM
12:00PM – 1:50PM
5:31PM – 7:21PM

Dhanishtha Until 11:54PM
Ayushman Until 2:09PM
Taitila Until 6:22AM
Dvitiya Until 5:32PM

Ganesha: White *Sunrise:* 4:39AM
Muruqa: White *Sunset:* 7:21PM
Nataraja: White
Moon – Purple
Ashada-Adi

Albany, NY
Sun 1
Sutra 105
Plava 5123
Moon 7 - Phase 15 - 1
1st Phase

Routine Work Marana Yoga

Until 11:54PM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Monday, July 26, 2021

Kumbha Rasi: 10.07 Tithi 18 – 19

498195462

Gulika
Yama
Rahu

1:50PM – 3:40PM
10:10AM – 12:00PM
6:30AM – 8:20AM

Shatabhishak Until 11:33PM
Saubhagya Until 12:06PM
Bava Until 4:07AM Tue
Tritiya Until 4:24PM

Ganesha: White *Sunrise:* 4:40AM
Muruqa: White *Sunset:* 7:20PM
Nataraja: White
Moon – Purple
Ashada-Adi

Albany, NY
Sun 2
Sutra 106
Plava 5123
Moon 7 - Phase 15 - 2
1st Phase

Family Home Evening

Creative Work Siddha Yoga

Until 11:33PM

Then Routine Work - Marana Yoga

Sivaloka Day

2

Tuesday, July 27, 2021

Kumbha Rasi: 23.27 Tithi 19 – 20

418295462

Gulika
Yama
Rahu

12:00PM – 1:50PM
8:20AM – 10:10AM
3:40PM – 5:29PM

Purvaproshtapada* Until 12:15AM We
Sobhana Until 10:39AM
Kaulava Until 4:05AM Wed
Chaturthi* Until 3:59PM

Ganesha: Yellow *Sunrise:* 4:41AM
Muruqa: White *Sunset:* 7:19PM
Nataraja: White
Moon – Clear
Ashada-Adi

Albany, NY
Sun 3
Sutra 107
Plava 5123
Moon 7 - Phase 15 - 3
1st Phase

Routine Work Marana Yoga

Until 12:15AM Wed

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

3

Wednesday, July 28, 2021

Meena Rasi: 6.23 Tithi 20 – 21

418295462

Gulika
Yama
Rahu

10:10AM – 12:00PM
6:31AM – 8:21AM
12:00PM – 1:50PM

Uttaraproshtapada Until 1:33AM Thu
Athiganda* Until 9:46AM
Gara Until 4:50AM Thu
Panchami Until 4:21PM

Ganesha: Yellow *Sunrise:* 4:42AM
Muruqa: White *Sunset:* 7:18PM
Nataraja: White
Moon – Clear
Ashada-Adi

Albany, NY
Sun 4
Sutra 108
Plava 5123
Moon 7 - Phase 15 - 4
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

4

Thursday, July 29, 2021

Meena Rasi: 18.58 Tithi 21 – 22

418295462

Gulika
Yama
Rahu

8:21AM – 10:11AM
4:43AM – 6:32AM
1:49PM – 3:39PM

Revati Until 3:23AM Fri
Sukarma Until 9:31AM
Vistii Until 6:17AM Fri
Shashthi* Until 5:27PM

Ganesha: Yellow *Sunrise:* 4:43AM
Muruqa: White *Sunset:* 7:17PM
Nataraja: White
Moon – Clear
Ashada-Adi

Albany, NY
Sun 5
Sutra 109
Plava 5123
Moon 7 - Phase 15 - 5
1st Phase

Creative Work Siddha Yoga

Until 3:23AM Fri

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Friday, July 30, 2021

Mesha Rasi: 1.14 Tithi 22

428295462

Gulika
Yama
Rahu

6:33AM – 8:22AM
3:38PM – 5:27PM
10:11AM – 12:00PM

Ashvini Until 6:07AM Sat
Dhriti Until 9:48AM
Vistii Until 6:17AM
Saptami Until 7:13PM

Ganesha: Blue *Sunrise:* 4:44AM
Muruqa: White *Sunset:* 7:16PM
Nataraja: White
Moon – White
Ashada-Adi

Albany, NY
Sun 6
Sutra 110
Plava 5123
Moon 7 - Phase 15 - 6
1st Phase

Creative Work Amrita Yoga

Until 6:07AM Sat

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

D

Saturday, July 31, 2021
Retreat Star

Mesha Rasi: 13.16 Tithi 23

428215462

Gulika
Yama
Rahu

4:45AM – 6:34AM
1:49PM – 3:37PM
8:22AM – 10:11AM

Ashvini Until 6:07AM
Shula* Until 10:30AM
Balava Until 8:19AM
Ashtami* Until 9:28PM

Ganesha: Blue *Sunrise:* 4:45AM
Muruqa: White *Sunset:* 7:15PM
Nataraja: White
Moon – White
Ashada-Adi

Albany, NY
Sun 7
Sutra 111
Plava 5123
Moon 7 - Phase 15 - 7
Ashtami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

Sunday, August 1, 2021

Retreat Star

Mesha Rasi: 25.08 Tithi 24

429215462

Gulika
Yama
Rahu

3:37PM – 5:25PM
12:00PM – 1:48PM
5:25PM – 7:14PM

Bharani Until 9:05AM
Ganda* Until 11:28AM
Taitila Until 10:43AM
Navami* Until 11:58PM

Ganesha: Red *Sunrise:* 4:46AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: White
Moon – White
Ashada-Adi

Albany, NY
Sun 8
Sutra 112
Plava 5123
Moon 7 - Phase 15 - 8
Navami

Routine Work Prabalarishta Yoga

Until 9:05AM

Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Albany, NY on 5/23/19

www.gurudeva.org/panchang

1		Monday, August 2, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Albany, NY Sutra 113 Plava 5123
Vrishabha Rasi: 6.56	Tithi 25	Gulika	1:48PM – 3:36PM	Krittika Until 12:01PM	Ganesha: Red	<i>Sunrise:</i> 4:47AM	Sun 9	
Family Home Evening	429215462	Yama	10:12AM – 12:00PM	Vriddhi Until 12:34PM	Muruqa: White	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 16 - 9	2nd Phase
Routine Work	Marana Yoga	Rahu	6:35AM – 8:23AM	Vanija Until 1:16PM	Nataraja: White			
Until 12:01PM				Dashami Until 2:30AM Tue	Moon – White		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga					Ashada-Adi			
2		Tuesday, August 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Albany, NY Sutra 114 Plava 5123
Vrishabha Rasi: 18.46	Tithi 26	Gulika	12:00PM – 1:48PM	Rohini Until 3:12PM	Ganesha: Green	<i>Sunrise:</i> 4:48AM	Sun 10	
	439215462	Yama	8:24AM – 10:12AM	Dhruva Until 1:32PM	Muruqa: White	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 16 - 10	2nd Phase
Creative Work	Amrita Yoga	Rahu	3:36PM – 5:23PM	Bava Until 3:43PM	Nataraja: White			
Until 3:12PM				Ekadashi* Until 4:48AM Wed	Moon – Yellow		Sivaloka Day	Tour Day
Then Creative Work - Siddha Yoga					Ashada-Adi			
3		Wednesday, August 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Albany, NY Sutra 115 Plava 5123
Mithuna Rasi: 0.41	Tithi 27	Gulika	10:12AM – 12:00PM	Mrigashira Until 5:54PM	Ganesha: Green	<i>Sunrise:</i> 4:49AM	Sun 11	
	439215462	Yama	6:37AM – 8:24AM	Vyaghata* Until 2:18PM	Muruqa: White	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 16 - 11	2nd Phase
Creative Work	Siddha Yoga	Rahu	12:00PM – 1:47PM	Kaulava Until 5:49PM	Nataraja: White			
				Dvadashi* Until 6:40AM Thu	Moon – Yellow		Sivaloka Day	
					Ashada-Adi			
4		Thursday, August 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashtyam Titau				Albany, NY Sutra 116 Plava 5123
Mithuna Rasi: 12.47	Tithi 27 – 28	Gulika	8:25AM – 10:12AM	Ardra Until 7:57PM	Ganesha: Green	<i>Sunrise:</i> 4:50AM	Sun 12	
	439215462	Yama	4:50AM – 6:37AM	Harshana Until 2:42PM	Muruqa: White	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 16 - 12	2nd Phase
Routine Work	Marana Yoga	Rahu	1:47PM – 3:34PM	Gara Until 7:26PM	Nataraja: White			
Until 7:57PM				Dvadashi* Until 6:40AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Amrita Yoga					Ashada-Adi			
					<i>Pradosha Vrata (Fasting)</i>			
5		Friday, August 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sutra 117 Plava 5123
Mithuna Rasi: 25.05	Tithi 28 – 29	Gulika	6:38AM – 8:25AM	Punarvasu Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 4:51AM	Sun 13	
	449215462	Yama	3:34PM – 5:21PM	Vajra* Until 2:38PM	Muruqa: White	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 16 - 13	2nd Phase
Creative Work	Siddha Yoga	Rahu	10:12AM – 11:59AM	Visti Until 8:28PM	Nataraja: White			
Until 9:46PM				Trayodashi* Until 8:00AM	Moon – Blue		Sivaloka Day	
Then Routine Work - Marana Yoga					Ashada-Adi			
Retreat Star		Saturday, August 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mani Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Albany, NY Sutra 118 Plava 5123
Kataka Rasi: 7.4	Tithi 29 – 30	Gulika	4:52AM – 6:39AM	Pushya Until 10:50PM	Ganesha: White	<i>Sunrise:</i> 4:52AM	Sun 14	
	449215462	Yama	1:46PM – 3:33PM	Siddhi Until 2:07PM	Muruqa: White	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 16 - 14	Amavasya
Creative Work	Siddha Yoga	Rahu	8:26AM – 10:12AM	Catuspada Until 8:54PM	Nataraja: White			
Until 10:50PM				Chaturdashi* Until 8:44AM	Moon – Blue		Sivaloka Day	
Then Routine Work - Marana Yoga					Ashada-Adi			
Retreat Star		Sunday, August 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukra Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Albany, NY Sutra 119 Plava 5123
Kataka Rasi: 20.32	Tithi 30 – 1	Gulika	3:32PM – 5:19PM	Ashlesha* Until 11:11PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:53AM	Sun 15	
	441215462	Yama	11:59AM – 1:46PM	Vyatipata* Until 1:08PM	Muruqa: White	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 16 - 15	Prathama
Creative Work	Siddha Yoga	Rahu	5:19PM – 7:05PM	Kintughna Until 8:45PM	Nataraja: White			
Until 11:11PM				Amavasya* Until 8:52AM	Moon – Blue		Sivaloka Day	
Then Routine Work - Marana Yoga					Sravana-Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

Monday, August 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Albany, NY
1						Sun 16
Simha Rasi: 3.4	Tithi 1 – 2	Gulika 1:45PM – 3:31PM	Magha* Until 11:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Sutra 120
Family Home Evening	451215462	Yama 10:13AM – 11:59AM	Variyan Until 11:43AM	Muruqa: White	<i>Sunset:</i> 7:04PM	Plava 5123
Routine Work	Marana Yoga	Rahu 6:40AM – 8:27AM	Balava Until 8:06PM	Nataraja: White		Moon 7 - Phase 17 - 16
Until 11:22PM			Prathama* Until 8:28AM	Moon – Red		3rd Phase
Then Creative Work - Siddha Yoga				Sravana-Adi		Sivaloka Day

Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Albany, NY
2						Sun 17
Simha Rasi: 17.03	Tithi 2 – 3	Gulika 11:59AM – 1:45PM	Purvaphalguni Until 11:00PM	Ganesha: Purple	<i>Sunrise:</i> 4:55AM	Sutra 121
	451215462	Yama 8:27AM – 10:13AM	Parigha* Until 9:57AM	Muruqa: White	<i>Sunset:</i> 7:02PM	Plava 5123
Creative Work	Siddha Yoga	Rahu 3:31PM – 5:17PM	Taitila Until 7:03PM	Nataraja: White		Moon 7 - Phase 17 - 17
Until 11:00PM			Dvitiya Until 7:36AM	Moon – Red		3rd Phase
Then Creative Work - Amrita Yoga				Sravana-Adi		Sivaloka Day
						Tour Day

Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vishti* Karana Tritiya/Chaturthyam Titau				Albany, NY
3						Sun 18
Kanya Rasi: 0.38	Tithi 3 – 4	Gulika 10:13AM – 11:59AM	Uttaraphalguni Until 10:11PM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM	Sutra 122
	451215462	Yama 6:42AM – 8:28AM	Shiva Until 7:55AM	Muruqa: White	<i>Sunset:</i> 7:01PM	Plava 5123
Creative Work	Amrita Yoga	Rahu 11:59AM – 1:44PM	Visti Until 4:53AM Thu	Nataraja: White		Moon 7 - Phase 17 - 18
Until 10:11PM			Tritiya Until 6:23AM	Moon – Red		3rd Phase
Then Routine Work - Marana Yoga				Sravana-Adi		Sivaloka Day

Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Albany, NY
4						Sun 19
Kanya Rasi: 14.24	Tithi 5	Gulika 8:28AM – 10:13AM	Hasta Until 9:26PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sutra 123
	461215462	Yama 4:57AM – 6:43AM	Sadhya Until 3:12AM Fri	Muruqa: White	<i>Sunset:</i> 7:00PM	Plava 5123
Routine Work	Marana Yoga	Rahu 1:44PM – 3:29PM	Bava Until 4:04PM	Nataraja: White		Moon 7 - Phase 17 - 19
Until 9:26PM			Panchami Until 3:11AM Fri	Moon – Green		3rd Phase
Then Creative Work - Siddha Yoga		Nag Panchami		Sravana-Adi		Subha Sivaloka Day

Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Albany, NY
5						Sun 20
Kanya Rasi: 28.17	Tithi 6	Gulika 6:43AM – 8:28AM	Chitra Until 8:23PM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM	Sutra 124
	461215462	Yama 3:28PM – 5:13PM	Subha Until 12:39AM Sat	Muruqa: White	<i>Sunset:</i> 6:58PM	Plava 5123
Creative Work	Siddha Yoga	Rahu 10:13AM – 11:58AM	Kaulava Until 2:17PM	Nataraja: White		Moon 7 - Phase 17 - 20
			Shashthi* Until 1:19AM Sat	Moon – Green		3rd Phase
				Sravana-Adi		Subha Sivaloka Day

Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY
6						Sun 21
Tula Rasi: 12.16	Tithi 7	Gulika 5:00AM – 6:44AM	Svati Until 7:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:00AM	Sutra 125
	461215462	Yama 1:43PM – 3:27PM	Sukla Until 9:58PM	Muruqa: White	<i>Sunset:</i> 6:57PM	Plava 5123
Creative Work	Siddha Yoga	Rahu 8:29AM – 10:13AM	Gara Until 12:22PM	Nataraja: White		Moon 7 - Phase 17 - 21
			Saptami Until 11:21PM	Moon – Green		3rd Phase
				Sravana-Adi		Subha Sivaloka Day

Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Albany, NY
Retreat Star						Sun 22
Tula Rasi: 26.19	Tithi 8	Gulika 3:27PM – 5:11PM	Vishakha Until 5:54PM	Ganesha: White	<i>Sunrise:</i> 5:01AM	Sutra 126
	471215462	Yama 11:58AM – 1:42PM	Brahma Until 7:13PM	Muruqa: White	<i>Sunset:</i> 6:55PM	Plava 5123
Routine Work	Marana Yoga	Rahu 5:11PM – 6:55PM	Visti Until 10:20AM	Nataraja: White		Moon 7 - Phase 17 - 22
			Ashtami* Until 9:15PM	Moon – Orange		Ashtami
				Sravana-Adi		Sivaloka Day

Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Albany, NY
Retreat Star						Sun 23
Vrischika Rasi: 10.27	Tithi 9	Gulika 1:42PM – 3:26PM	Anuradha Until 4:31PM	Ganesha: White	<i>Sunrise:</i> 5:02AM	Sutra 127
Family Home Evening	471215462	Yama 10:14AM – 11:58AM	Indra Until 4:25PM	Muruqa: White	<i>Sunset:</i> 6:54PM	Plava 5123
Creative Work	Siddha Yoga	Rahu 6:46AM – 8:30AM	Balava Until 8:12AM	Nataraja: White		Moon 7 - Phase 17 - 23
			Navami* Until 7:05PM	Moon – Orange		Navami
				Sravana-Avani		Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1	Tuesday, August 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhrili*/Vishkambha* Yoga Talitla/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY
	Vrischika Rasi: 24.37	Tithi 10 – 11	571215462	Sun 24	Sutra 128	Plava 5123	
	Routine Work	Marana Yoga	Until 2:56PM	Ganesha: Clear	Sunrise: 5:03AM	Moon 7 - Phase 18 - 24	4th Phase
	Then Creative Work - Amrita Yoga			Muruga: White	Sunset: 6:52PM		
			Rahu	Nataraja: White			
			Gulika	Moon – Orange		Subha Sivaloka Day	
			Yama	Sravana*Avani			
			11:58AM – 1:41PM	Jyeshtha* Until 2:56PM			
			8:30AM – 10:14AM	Vaidhrili* Until 1:31PM			
			3:25PM – 5:09PM	Vanija Until 6:00AM			
				Dashami Until 4:51PM			

2	Wednesday, August 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha*/Priti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY
	Dhanus Rasi: 8.49	Tithi 11 – 12	581215462	Sun 25	Sutra 129	Plava 5123	
	Routine Work	Marana Yoga	Until 1:36PM	Ganesha: White	Sunrise: 5:04AM	Moon 7 - Phase 18 - 25	4th Phase
	Then Creative Work - Amrita Yoga			Muruga: White	Sunset: 6:51PM		
			Rahu	Nataraja: White			
			Gulika	Moon – Light Blue		Sivaloka Day	
			Yama	Sravana*Avani			
			10:14AM – 11:57AM	Mula* Until 1:36PM			
			6:47AM – 8:31AM	Vishkambha* Until 10:37AM			
			11:57AM – 1:41PM	Bava Until 1:30AM Thu			
				Ekadashi Until 2:36PM			

3	Thursday, August 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Prili*/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY
	Dhanus Rasi: 23.01	Tithi 12 – 13	582215462	Sun 26	Sutra 130	Plava 5123	
	Creative Work	Siddha Yoga	Until 12:10PM	Ganesha: Green	Sunrise: 5:05AM	Moon 7 - Phase 18 - 26	4th Phase
	Then Routine Work - Marana Yoga			Muruga: White	Sunset: 6:49PM		
			Rahu	Nataraja: White			
			Gulika	Moon – Light Blue		Sivaloka Day	
			Yama	Sravana*Avani			
			8:31AM – 10:14AM	Purvashadha* Until 12:10PM			
			5:05AM – 6:48AM	Priti Until 7:46AM			
			1:40PM – 3:23PM	Kaulava Until 11:21PM			
				Dvadashi Until 12:24PM			
				<i>Pradosha Vrata</i>			

4	Friday, August 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya Yoga Talitla/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY
	Makara Rasi: 7.08	Tithi 13 – 14	582215462	Sun 27	Sutra 131	Plava 5123	
	Routine Work	Marana Yoga	Until 9:06AM	Ganesha: Green	Sunrise: 5:06AM	Moon 7 - Phase 18 - 27	4th Phase
	Then Creative Work - Siddha Yoga			Muruga: White	Sunset: 6:48PM		
			Rahu	Nataraja: White			
			Gulika	Moon – Light Blue		Sivaloka Day	
			Yama	Sravana*Avani			
			6:49AM – 8:31AM	Uttarashadha Until 10:44AM			
			3:22PM – 5:05PM	Saubhagya Until 2:21AM Sat			
			10:14AM – 11:57AM	Gara Until 9:23PM			
				Trayodashi Until 10:19AM			
			<i>Chidambaram Abhishekam</i>				

	Saturday, August 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY
	Copper Retreat Star						
	Makara Rasi: 21.07	Tithi 14 – 15	592315462	Sun 28	Sutra 132	Plava 5123	
	Creative Work	Siddha Yoga	Until 9:06AM	Ganesha: Yellow	Sunrise: 5:07AM	Moon 7 - Phase 18 - Purnima	
			Rahu	Muruga: White			
			Gulika	Nataraja: White			
			Yama	Moon – Purple		Subha Sivaloka Day	
			5:07AM – 6:49AM	Shravana Until 9:48AM			
			1:39PM – 3:21PM	Sobhana Until 12:00AM Sun			
			8:32AM – 10:14AM	Visti Until 7:42PM			
				Chaturdashi* Until 8:29AM			
			<i>Avani Avittam</i>				

5	Sunday, August 22, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY
	Silver Retreat Star						
	Kumbha Rasi: 4.54	Tithi 15 – 16	592315462	Sun 29	Sutra 133	Plava 5123	
	Routine Work	Marana Yoga	Until 9:06AM	Ganesha: Yellow	Sunrise: 5:08AM	Moon 7 - Phase 18 - Prathama	
			Rahu	Muruga: White			
			Gulika	Nataraja: White			
			Yama	Moon – Purple		Subha Sivaloka Day	
			3:21PM – 5:03PM	Dhanishtha Until 9:06AM			
			11:56AM – 1:38PM	Athiganda* Until 9:59PM			
			5:03PM – 6:45PM	Balava Until 6:26PM			
				Purnima* Until 6:59AM			
				<i>Sravana*Avani</i>			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Albany, NY on 5/23/19

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Monday, August 23, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY

Sutra 134

Plava 5123

Kumbha Rasi: 18.23 Tithi 17

Family Home Evening

592315462

Gulika

1:38PM – 3:20PM

Yama

10:14AM – 11:56AM

Rahu

6:51AM – 8:33AM

Shatabhishak Until 8:43AM

Sukarma Until 8:25PM

Taitila Until 5:42PM

Dvitiya Until 5:33AM Tue

Ganesha: Yellow

Sunrise: 5:09AM

Muruqa: White

Sunset: 6:43PM

Nataraja: White

Moon – Purple

Subha Sivaloka Day

Sravana-Avani

Moon 8 - Phase 19 -

1st Phase

Until 8:43AM

Then Routine Work - Marana Yoga

1

Tuesday, August 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Albany, NY

Sutra 135

Plava 5123

Meena Rasi: 1.34 Tithi 18

Routine Work Marana Yoga

Until 9:14AM

Then Creative Work - Amrita Yoga

512315462

Gulika

11:56AM – 1:37PM

Yama

8:33AM – 10:14AM

Rahu

3:19PM – 5:00PM

Purvaprosarthapada* Until 9:14AM

Dhriti Until 7:22PM

Vanija Until 5:36PM

Tritiya Until 5:47AM Wed

Ganesha: Yellow

Sunrise: 5:10AM

Muruqa: White

Sunset: 6:42PM

Nataraja: White

Moon – Clear

Subha Sivaloka Day

Sravana-Avani

Sun 1

Moon 8 - Phase 19 - 1

1st Phase

2

Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Shula* Yoga Bava Karana Chaturthyam Titau

Albany, NY

Sutra 136

Plava 5123

Meena Rasi: 14.25 Tithi 19

Creative Work Siddha Yoga

Until 10:15AM

Then Routine Work - Marana Yoga

512315462

Gulika

10:14AM – 11:56AM

Yama

6:52AM – 8:33AM

Rahu

11:56AM – 1:37PM

Uttaraprosarthapada Until 10:15AM

Shula* Until 6:51PM

Bava Until 6:12PM

Chaturthi* Until 6:44AM Thu

Ganesha: Yellow

Sunrise: 5:11AM

Muruqa: White

Sunset: 6:40PM

Nataraja: White

Moon – Clear

Subha Sivaloka Day

Sravana-Avani

Sun 2

Moon 8 - Phase 19 - 2

1st Phase

3

Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY

Sutra 137

Plava 5123

Meena Rasi: 26.56 Tithi 19 – 20

Creative Work Siddha Yoga

Until 11:47AM

Then Creative Work - Amrita Yoga

512315462

Gulika

8:34AM – 10:15AM

Yama

5:12AM – 6:53AM

Rahu

1:36PM – 3:17PM

Revati Until 11:47AM

Ganda* Until 6:52PM

Kaulava Until 7:28PM

Chaturthi* Until 6:44AM

Ganesha: Yellow

Sunrise: 5:12AM

Muruqa: White

Sunset: 6:38PM

Nataraja: White

Moon – Clear

Subha Sivaloka Day

Sravana-Avani

Sun 3

Moon 8 - Phase 19 - 3

1st Phase

4

Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sutra 138

Plava 5123

Mesha Rasi: 9.1 Tithi 20 – 21

Creative Work Amrita Yoga

Until 2:16PM

Then Creative Work - Siddha Yoga

522315463

Gulika

6:54AM – 8:34AM

Yama

3:16PM – 4:56PM

Rahu

10:15AM – 11:55AM

Ashvini Until 2:16PM

Vriddhi Until 7:22PM

Gara Until 9:22PM

Panchami Until 8:20AM

Ganesha: White

Sunrise: 5:13AM

Muruqa: White

Sunset: 6:37PM

Nataraja: Clear

Moon – White

Devaloka Day

Sravana-Avani

Sun 4

Moon 8 - Phase 19 - 4

1st Phase

5

Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY

Sutra 139

Plava 5123

Mesha Rasi: 21.1 Tithi 21 – 22

Creative Work Siddha Yoga

Until 5:04PM

Then Creative Work - Amrita Yoga

522315463

Gulika

5:14AM – 6:54AM

Yama

1:35PM – 3:15PM

Rahu

8:35AM – 10:15AM

Bharani Until 5:04PM

Dhruva Until 8:12PM

Visti Until 11:42PM

Shashthi* Until 10:28AM

Ganesha: White

Sunrise: 5:14AM

Muruqa: White

Sunset: 6:35PM

Nataraja: Clear

Moon – White

Devaloka Day

Sravana-Avani

Sun 5

Moon 8 - Phase 19 - 5

1st Phase

D

Sunday, August 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sutra 140

Plava 5123

Vrishabha Rasi: 3.02 Tithi 22 – 23

Creative Work Siddha Yoga

522315463

Gulika

3:14PM – 4:54PM

Yama

11:54AM – 1:34PM

Rahu

4:54PM – 6:33PM

Krittika Until 7:57PM

Vyaghata* Until 9:13PM

Balava Until 2:15AM Mon

Saptami Until 12:56PM

Ganesha: White

Sunrise: 5:15AM

Muruqa: White

Sunset: 6:33PM

Nataraja: Clear

Moon – White

Devaloka Day

Sravana-Avani

Sun 6

Moon 8 - Phase 19 - 6

Ashtami

Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sutra 141

Plava 5123

Vrishabha Rasi: 14.5 Tithi 23 – 24

Family Home Evening

532315463

Gulika

1:33PM – 3:13PM

Yama

10:15AM – 11:54AM

Rahu

6:56AM – 8:35AM

Rohini Until 11:12PM

Harshana Until 10:16PM

Taitila Until 4:45AM Tue

Ashtami* Until 3:30PM

Ganesha: Clear

Sunrise: 5:16AM

Muruqa: White

Sunset: 6:32PM

Nataraja: Clear

Moon – Yellow

Sivaloka Day

Sravana-Avani

Sun 7

Moon 8 - Phase 19 - 7

Navami

Creative Work Amrita Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1	Tuesday, August 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Albany, NY Sun 8 Sutra 142 Plava 5123
	Wishabha Rasi: 26.41	Tithi 24 – 25	Gulika Yama Rahu	11:54AM – 1:33PM 8:36AM – 10:15AM 3:12PM – 4:51PM	Mrigashira Until 2:02AM Wed Vajra* Until 11:06PM Vanija Until 6:58AM Wed Navami* Until 5:53PM	Ganesha: Clear Muruga: White Nataraja: Clear Moon – Yellow	Sunrise: 5:18AM Sunset: 6:30PM Moon 8 - Phase 20 - 8 2nd Phase
	Creative Work Siddha Yoga		Sivaloka Day				
							Sravana-Avani

2	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashmyam Titau				Albany, NY Sun 9 Sutra 143 Plava 5123
	Mithuna Rasi: 8.38	Tithi 25	Gulika Yama Rahu	10:15AM – 11:53AM 6:57AM – 8:36AM 11:53AM – 1:32PM	Ardra Until 4:15AM Thu Siddhi Until 11:36PM Vanija Until 6:58AM Dashami Until 7:52PM	Ganesha: Orange Muruga: White Nataraja: Clear Moon – Yellow	Sunrise: 5:19AM Sunset: 6:28PM Moon 8 - Phase 20 - 9 2nd Phase
	Creative Work Siddha Yoga Until 4:15AM Thu Then Creative Work - Amrita Yoga		Sivaloka Day				
							Sravana-Avani

3	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashmyam Titau				Albany, NY Sun 10 Sutra 144 Plava 5123
	Mithuna Rasi: 20.48	Tithi 26	Gulika Yama Rahu	8:36AM – 10:15AM 5:20AM – 6:58AM 1:32PM – 3:10PM	Punarvasu Until 6:10AM Fri Vyatipata* Until 11:38PM Bava Until 8:39AM Ekadashi* Until 9:14PM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 5:20AM Sunset: 6:27PM Moon 8 - Phase 20 - 10 2nd Phase
	Creative Work Amrita Yoga Until 6:10AM Fri Then Routine Work - Marana Yoga		Devaloka Day				
							Sravana-Avani

4	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashmyam Titau				Albany, NY Sun 11 Sutra 145 Plava 5123
	Kataka Rasi: 3.14	Tithi 27	Gulika Yama Rahu	6:59AM – 8:37AM 3:09PM – 4:47PM 10:15AM – 11:53AM	Punarvasu Until 6:10AM Variyan Until 11:05PM Kaulava Until 9:41AM Dvadashi* Until 9:55PM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 5:21AM Sunset: 6:25PM Moon 8 - Phase 20 - 11 2nd Phase
	Creative Work Siddha Yoga Until 6:10AM Then Routine Work - Marana Yoga		Devaloka Day				
							Sravana-Avani

5	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashmyam Titau				Albany, NY Sun 12 Sutra 146 Plava 5123
	Kataka Rasi: 15.59	Tithi 28	Gulika Yama Rahu	5:22AM – 6:59AM 1:30PM – 3:08PM 8:37AM – 10:15AM	Pushya Until 7:14AM Parigha* Until 10:00PM Gara Until 10:00AM Trayodashi* Until 9:53PM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 5:22AM Sunset: 6:23PM Moon 8 - Phase 20 - 12 2nd Phase
	Creative Work Siddha Yoga Until 7:14AM Then Routine Work - Marana Yoga		Devaloka Day				
							Sravana-Avani

6	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashmyam Titau				Albany, NY Sun 13 Sutra 147 Plava 5123
	Kataka Rasi: 29.05	Tithi 29	Gulika Yama Rahu	3:07PM – 4:44PM 11:52AM – 1:29PM 4:44PM – 6:21PM	Ashlesha* Until 7:28AM Shiva Until 8:24PM Visti Until 9:37AM Chaturdashi* Until 9:10PM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 5:23AM Sunset: 6:21PM Moon 8 - Phase 20 - 13 2nd Phase
	Creative Work Siddha Yoga Until 7:28AM Then Routine Work - Marana Yoga		Devaloka Day				
							Sravana-Avani

●	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Albany, NY Sun 14 Sutra 148 Plava 5123		
	Retreat Star		Simha Rasi: 12.33	Tithi 30	Gulika Yama Rahu	1:29PM – 3:06PM 10:15AM – 11:52AM 7:01AM – 8:38AM	Magha* Until 7:22AM Siddha Until 6:18PM Catuspada Until 8:37AM Amavasya* Until 7:53PM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Red	Sunrise: 5:24AM Sunset: 6:20PM Moon 8 - Phase 20 - 14 Amavasya
	Family Home Evening Routine Work Marana Yoga Until 7:22AM Then Creative Work - Siddha Yoga		Devaloka Day						
							Sravana-Avani		

●	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Albany, NY Sun 15 Sutra 149 Plava 5123		
	Retreat Star		Simha Rasi: 26.19	Tithi 1	Gulika Yama Rahu	11:51AM – 1:28PM 8:38AM – 10:15AM 3:05PM – 4:41PM	Purvaphalguni Until 6:35AM Sadhya Until 3:50PM Kintughna Until 7:05AM Prathama* Until 6:09PM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Red	Sunrise: 5:25AM Sunset: 6:18PM Moon 8 - Phase 20 - 15 Prathama
	Creative Work Siddha Yoga Until 6:35AM Then Creative Work - Amrita Yoga		Devaloka Day						
							Bhadrapada-Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Albany, NY Sun 16 Sutra 150 Plava 5123
	Kanya Rasi: 10.2	Tithi 2 – 3	Gulika 10:15AM – 11:51AM	Hasta Until 3:59AM Thu	Ganesha: Light Blue <i>Sunrise: 5:26AM</i>	Moon 8 - Phase 21 - 16	
		563315463	Yama 7:02AM – 8:39AM	Subha Until 1:06PM	Muruqa: White <i>Sunset: 6:16PM</i>	3rd Phase	
	Routine Work	Marana Yoga	Rahu 11:51AM – 1:27PM	Taitila Until 2:58AM Thu	Nataraja: Clear		Devaloka Day
				Moon – Green	Bhadrapada-Avani		
				Dvitiya Until 4:04PM			

2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Albany, NY Sun 17 Sutra 151 Plava 5123
	Kanya Rasi: 24.31	Tithi 3 – 4	Gulika 8:39AM – 10:15AM	Chitra Until 2:25AM Fri	Ganesha: Light Blue <i>Sunrise: 5:27AM</i>	Moon 8 - Phase 21 - 17	
		563315463	Yama 5:27AM – 7:03AM	Sukla Until 10:09AM	Muruqa: White <i>Sunset: 6:15PM</i>	3rd Phase	
	Creative Work	Siddha Yoga	Rahu 1:27PM – 3:03PM	Vanija Until 12:38AM Fri	Nataraja: Clear		Devaloka Day
				Moon – Green	Bhadrapada-Avani		
				Tritiya Until 1:48PM			

3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY Sun 18 Sutra 152 Plava 5123
	Tula Rasi: 8.47	Tithi 4 – 5	Gulika 7:04AM – 8:39AM	Svati Until 12:40AM Sat	Ganesha: Light Blue <i>Sunrise: 5:28AM</i>	Moon 8 - Phase 21 - 18	
		563315463	Yama 3:02PM – 4:37PM	Brahma Until 7:08AM	Muruqa: White <i>Sunset: 6:13PM</i>	3rd Phase	
	Creative Work	Siddha Yoga	Rahu 10:15AM – 11:50AM	Bava Until 10:16PM	Nataraja: Clear		Devaloka Day
		Ganesha Chaturthi		Moon – Green	Bhadrapada-Avani		
				Chaturthi* Until 11:26AM			

4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY Sun 19 Sutra 153 Plava 5123
	Tula Rasi: 23.04	Tithi 5 – 6	Gulika 5:29AM – 7:04AM	Vishakha Until 11:15PM	Ganesha: Orange <i>Sunrise: 5:29AM</i>	Moon 8 - Phase 21 - 19	
		573315463	Yama 1:25PM – 3:01PM	Vaidhriti* Until 1:08AM Sun	Muruqa: White <i>Sunset: 6:11PM</i>	3rd Phase	
	Creative Work	Siddha Yoga	Rahu 8:40AM – 10:15AM	Kaulava Until 7:56PM	Nataraja: Clear		Sivaloka Day
				Moon – Orange	Bhadrapada-Avani		
				Panchami Until 9:04AM			

5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Albany, NY Sun 20 Sutra 154 Plava 5123
	Vrischika Rasi: 7.19	Tithi 6 – 7	Gulika 3:00PM – 4:34PM	Anuradha Until 9:49PM	Ganesha: Orange <i>Sunrise: 5:30AM</i>	Moon 8 - Phase 21 - 20	
		573315463	Yama 11:50AM – 1:25PM	Vishkambha* Until 10:14PM	Muruqa: White <i>Sunset: 6:09PM</i>	3rd Phase	
	Routine Work	Marana Yoga	Rahu 4:34PM – 6:09PM	Vanija Until 4:37AM Mon	Nataraja: Clear		Sivaloka Day
		Grandparent's Day		Moon – Orange	Bhadrapada-Avani		
				Shashthi* Until 6:47AM			

D	Monday, September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vistit/Bava Karana Ashtamyam Titau				Albany, NY Sun 21 Sutra 155 Plava 5123
	Retreat Star		Gulika 1:24PM – 2:58PM	Jyeshtha* Until 8:22PM	Ganesha: Orange <i>Sunrise: 5:31AM</i>	Moon 8 - Phase 21 - 21	
	Vrischika Rasi: 21.29	Tithi 8	Yama 10:15AM – 11:49AM	Priti Until 7:29PM	Muruqa: White <i>Sunset: 6:08PM</i>	Ashtami	
	Family Home Evening	573315463	Rahu 7:06AM – 8:40AM	Vistit Until 3:37PM	Nataraja: Clear		Sivaloka Day
				Moon – Orange	Bhadrapada-Avani		
				Ashtami* Until 2:36AM Tue			

D	Tuesday, September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Albany, NY Sun 22 Sutra 156 Plava 5123
	Retreat Star		Gulika 11:49AM – 1:23PM	Mula* Until 7:22PM	Ganesha: Green <i>Sunrise: 5:32AM</i>	Moon 8 - Phase 21 - 22	
	Dhanu Rasi: 5.32	Tithi 9	Yama 8:41AM – 10:15AM	Ayushman Until 4:50PM	Muruqa: White <i>Sunset: 6:06PM</i>	Navami	
	Creative Work	Amrita Yoga	Rahu 2:57PM – 4:32PM	Balava Until 1:41PM	Nataraja: Clear		Devaloka Day
				Moon – Light Blue	Bhadrapada-Avani		
				Navami* Until 12:46AM Wed			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Albany, NY Sun 23 Sutra 157 Plava 5123
	Dhanus Rasi: 19.29	Tithi 10	Gulika 10:15AM – 11:49AM	Purvashadha* Until 6:24PM	Ganesha: White <i>Sunrise:</i> 5:33AM	Muruqa: White <i>Sunset:</i> 6:04PM	Moon 8 - Phase 22 - 23
			Yama 7:07AM – 8:41AM	Saubhagya Until 2:20PM	Nataraja: Clear		4th Phase
	583415463	Rahu 11:49AM – 1:22PM		Taitila Until 11:56AM	Moon – Light Blue		
Creative Work Amrita Yoga			Dashami Until 11:06PM	Bhadrapada*Avani	Devaloka Day		

2	Thursday, September 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24 Sutra 158 Plava 5123
	Makara Rasi: 3.2	Tithi 11	Gulika 8:41AM – 10:15AM	Uttarashadha Until 5:29PM	Ganesha: Green <i>Sunrise:</i> 5:34AM	Muruqa: White <i>Sunset:</i> 6:02PM	Moon 8 - Phase 22 - 24
			Yama 5:34AM – 7:08AM	Sobhana Until 12:00PM	Nataraja: Clear		4th Phase
	584415463	Rahu 1:22PM – 2:55PM		Vanija Until 10:22AM	Moon – Light Blue		
Routine Work Marana Yoga Until 5:29PM Then Creative Work - Siddha Yoga			Ekadashi Until 9:39PM	Bhadrapada*Puratasi	Devaloka Day		

3	Friday, September 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Albany, NY Sun 25 Sutra 159 Plava 5123
	Makara Rasi: 17.02	Tithi 12	Gulika 7:09AM – 8:42AM	Shravana Until 5:05PM	Ganesha: Red <i>Sunrise:</i> 5:35AM	Muruqa: White <i>Sunset:</i> 6:00PM	Moon 8 - Phase 22 - 25
			Yama 2:54PM – 4:27PM	Athiganda* Until 9:49AM	Nataraja: Clear		4th Phase
	594415463	Rahu 10:15AM – 11:48AM		Bava Until 9:01AM	Moon – Purple		
Routine Work Marana Yoga Until 5:05PM Then Creative Work - Siddha Yoga			Dvadashi Until 8:25PM	Bhadrapada*Puratasi	Sivaloka Day		

4	Saturday, September 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY Sun 26 Sutra 160 Plava 5123
	Kumbha Rasi: 0.35	Tithi 13	Gulika 5:37AM – 7:09AM	Dhanishtha Until 4:50PM	Ganesha: Red <i>Sunrise:</i> 5:37AM	Muruqa: White <i>Sunset:</i> 5:59PM	Moon 8 - Phase 22 - 26
			Yama 1:20PM – 2:53PM	Sukarma Until 7:52AM	Nataraja: Clear		4th Phase
	594415463	Rahu 8:42AM – 10:15AM		Kaulava Until 7:56AM	Moon – Purple		
Creative Work Siddha Yoga Until 4:50PM Then Creative Work - Amrita Yoga		Chidambaram Abhishekam	Trayodashi Until 7:30PM	Bhadrapada*Puratasi	Sivaloka Day		
<i>Pradosha Vrata</i>							

5	Sunday, September 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27 Sutra 161 Plava 5123
	Kumbha Rasi: 13.58	Tithi 14	Gulika 2:52PM – 4:24PM	Shatabhishak Until 4:47PM	Ganesha: Red <i>Sunrise:</i> 5:38AM	Muruqa: White <i>Sunset:</i> 5:57PM	Moon 8 - Phase 22 - 27
			Yama 11:47AM – 1:20PM	Dhriti Until 6:12AM	Nataraja: Clear		4th Phase
	594415463	Rahu 4:24PM – 5:57PM		Gara Until 7:12AM	Moon – Purple		
Creative Work Siddha Yoga			Chaturdashi* Until 6:58PM	Bhadrapada*Puratasi	Sivaloka Day		

○	Monday, September 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sun 28 Sutra 162 Plava 5123
	Copper Retreat Star		Gulika 1:19PM – 2:51PM	Purvaproshtapada* Until 5:29PM	Ganesha: Red <i>Sunrise:</i> 5:39AM	Muruqa: White <i>Sunset:</i> 5:55PM	Moon 8 - Phase 22 - Purnima
	Kumbha Rasi: 27.07	Tithi 15	Yama 10:15AM – 11:47AM	Ganda* Until 3:52AM Tue	Nataraja: Clear		
	514415463	Rahu 7:11AM – 8:43AM		Visti Until 6:53AM	Moon – Clear		
Family Home Evening Routine Work Marana Yoga Until 5:29PM Then Creative Work - Siddha Yoga			Purnima* Until 6:53PM	Bhadrapada*Puratasi	Sivaloka Day		

○	Tuesday, September 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sun 29 Sutra 163 Plava 5123
	Silver Retreat Star		Gulika 11:47AM – 1:18PM	Uttaraproshtapada Until 6:33PM	Ganesha: Red <i>Sunrise:</i> 5:40AM	Muruqa: White <i>Sunset:</i> 5:53PM	Moon 8 - Phase 22 - Prathama
	Meena Rasi: 10.01	Tithi 16	Yama 8:43AM – 10:15AM	Vriddhi Until 3:20AM Wed	Nataraja: Clear		
	514415463	Rahu 2:50PM – 4:22PM		Balava Until 7:03AM	Moon – Clear		
Creative Work Amrita Yoga Until 6:33PM Then Creative Work - Siddha Yoga			Prathama* Until 7:20PM	Bhadrapada*Puratasi	Sivaloka Day		

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Albany, NY on 5/23/19

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Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY
Sun 1
Sutra 164
Plava 5123
Moon 9 - Phase 23 - 1
1st Phase

Meena Rasi: 22.39 Tithi 17

514415463 Rahu 11:46AM - 1:18PM

Gulika 10:15AM - 11:46AM
Yama 7:12AM - 8:44AM

Revati Until 8:01PM
Dhruva Until 3:14AM Thu
Taitila Until 7:48AM
Dvitiya Until 8:22PM

Ganesha: Red Sunrise: 5:41AM
Muruga: White Sunset: 5:52PM
Nataraja: Clear
Moon - Clear

Sivaloka Day

Routine Work Marana Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trityayam Titau

Albany, NY
Sun 2
Sutra 165
Plava 5123
Moon 9 - Phase 23 - 2
1st Phase

Mesha Rasi: 5.01 Tithi 18

524415463 Rahu 1:17PM - 2:48PM

Gulika 8:44AM - 10:15AM
Yama 5:42AM - 7:13AM

Ashvini Until 10:22PM
Vyaghata* Until 3:35AM Fri
Vanija Until 9:08AM
Tritiya Until 9:59PM

Ganesha: Green Sunrise: 5:42AM
Muruga: White Sunset: 5:50PM
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Amrita Yoga

Until 10:22PM

Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY
Sun 3
Sutra 166
Plava 5123
Moon 9 - Phase 23 - 3
1st Phase

Mesha Rasi: 17.1 Tithi 19

524415463 Rahu 10:15AM - 11:45AM

Gulika 7:14AM - 8:44AM
Yama 2:47PM - 4:17PM

Bharani Until 1:02AM Sat
Harshana Until 4:19AM Sat
Bava Until 11:01AM
Chaturthi* Until 12:07AM Sat

Ganesha: Green Sunrise: 5:43AM
Muruga: White Sunset: 5:48PM
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Siddha Yoga

Until 1:02AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY
Sun 4
Sutra 167
Plava 5123
Moon 9 - Phase 23 - 4
1st Phase

Mesha Rasi: 29.07 Tithi 20

524415463 Rahu 8:45AM - 10:15AM

Gulika 5:44AM - 7:14AM
Yama 1:15PM - 2:46PM

Krittika Until 3:52AM Sun
Vajra* Until 5:16AM Sun
Kaulava Until 1:21PM
Panchami Until 2:36AM Sun

Ganesha: Green Sunrise: 5:44AM
Muruga: White Sunset: 5:46PM
Nataraja: Clear
Moon - White

Devaloka Day

Creative Work Amrita Yoga

Until 3:52AM Sun

Then Creative Work - Siddha Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY
Sun 5
Sutra 168
Plava 5123
Moon 9 - Phase 23 - 5
1st Phase

Vrishabha Rasi: 10.57 Tithi 21

534415463 Rahu 4:15PM - 5:44PM

Gulika 2:45PM - 4:15PM
Yama 11:45AM - 1:15PM

Rohini Until 7:11AM Mon
Siddhi Until 6:19AM Mon
Gara Until 3:57PM
Shashthi* Until 5:15AM Mon

Ganesha: Orange Sunrise: 5:45AM
Muruga: White Sunset: 5:44PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Until 7:11AM Mon

Then Creative Work - Amrita Yoga

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Saptamyam Titau

Albany, NY
Sun 6
Sutra 169
Plava 5123
Moon 9 - Phase 23 - 6
1st Phase

Vrishabha Rasi: 22.44 Tithi 22

634415463 Rahu 7:16AM - 8:45AM

Gulika 1:14PM - 2:44PM
Yama 10:15AM - 11:44AM

Rohini Until 7:11AM
Siddhi Until 6:19AM
Visti Until 6:34PM
Saptami Until 7:48AM Tue

Ganesha: Green Sunrise: 5:46AM
Muruga: White Sunset: 5:43PM
Nataraja: Clear
Moon - Yellow

Devaloka Day

Creative Work Amrita Yoga

Family Home Evening

D

Tuesday, September 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Varyan Yoga Bava/Balava Karana Saplamyam Titau

Albany, NY
Sun 7
Sutra 170
Plava 5123
Moon 9 - Phase 23 - 7
Ashtami

Mithuna Rasi: 4.34 Tithi 22 - 23

635415463 Rahu 2:43PM - 4:12PM

Gulika 11:44AM - 1:13PM
Yama 8:46AM - 10:15AM

Mrigashira Until 10:13AM
Vyatipata* Until 7:19AM
Balava Until 8:59PM
Saptami Until 7:48AM

Ganesha: White Sunrise: 5:47AM
Muruga: White Sunset: 5:41PM
Nataraja: Clear
Moon - Yellow

Devaloka Day

Creative Work Siddha Yoga

Until 10:13AM

Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY
Sun 8
Sutra 171
Plava 5123
Moon 9 - Phase 23 - 8
Navami

Mithuna Rasi: 16.31 Tithi 23 - 24

635415463 Rahu 11:44AM - 1:13PM

Gulika 10:15AM - 11:44AM
Yama 7:17AM - 8:46AM

Ardra Until 12:44PM
Varyan Until 8:01AM
Taitila Until 10:55PM
Ashtami* Until 10:00AM

Ganesha: White Sunrise: 5:48AM
Muruga: White Sunset: 5:39PM
Nataraja: Clear
Moon - Yellow

Devaloka Day

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Albany, NY on 5/23/19

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1	Thursday, September 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Albany, NY Sun 9 Sutra 172 Plava 5123
	Mithuna Rasi: 28.41	Tithi 24 – 25	Gulika 8:46AM – 10:15AM	Punarvasu Until 3:01PM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	
			Yama 5:49AM – 7:18AM	Parigha* Until 8:19AM	Muruqa: White	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24 - 9
	Creative Work	Amrita Yoga	645415463 Rahu 1:12PM – 2:40PM	Vanija Until 12:13AM Fri	Nataraja: Clear		2nd Phase
			Navami* Until 11:38AM	Moon – Blue		Sivaloka Day	
				Bhadrapada-Puratasi			

2	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau				Albany, NY Sun 10 Sutra 173 Plava 5123
	Kataka Rasi: 11.08	Tithi 25 – 26	Gulika 7:19AM – 8:47AM	Pushya Until 4:26PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
			Yama 2:39PM – 4:08PM	Shiva Until 8:06AM	Muruqa: White	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 24 - 10
	Routine Work	Marana Yoga	645415463 Rahu 10:15AM – 11:43AM	Bava Until 12:44AM Sat	Nataraja: Clear		2nd Phase
			Dashami Until 12:33PM	Moon – Blue		Sivaloka Day	
				Bhadrapada-Puratasi			

3	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 11 Sutra 174 Plava 5123
	Kataka Rasi: 23.57	Tithi 26 – 27	Gulika 5:52AM – 7:19AM	Ashlesha* Until 4:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	
			Yama 1:11PM – 2:38PM	Siddha Until 7:14AM	Muruqa: White	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24 - 11
	Routine Work	Marana Yoga	645415463 Rahu 8:47AM – 10:15AM	Kaulava Until 12:28AM Sun	Nataraja: Clear		2nd Phase
			Ekadashi* Until 12:41PM	Moon – Blue		Sivaloka Day	
				Bhadrapada-Puratasi			

4	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 12 Sutra 175 Plava 5123
	Simha Rasi: 7.1	Tithi 27 – 28	Gulika 2:37PM – 4:05PM	Magha* Until 4:56PM	Ganesha: Purple	<i>Sunrise:</i> 5:53AM	
			Yama 11:42AM – 1:10PM	Subha Until 3:41AM Mon	Muruqa: White	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24 - 12
	Routine Work	Marana Yoga	655415463 Rahu 4:05PM – 5:32PM	Gara Until 11:25PM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 12:01PM	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Vistit* Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 13 Sutra 176 Plava 5123
	Simha Rasi: 20.48	Tithi 28 – 29	Gulika 1:09PM – 2:36PM	Purvaphalguni Until 4:06PM	Ganesha: Purple	<i>Sunrise:</i> 5:54AM	
	Family Home Evening		Yama 10:15AM – 11:42AM	Sukla Until 1:05AM Tue	Muruqa: White	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 24 - 13
	Creative Work	Siddha Yoga	655415463 Rahu 7:21AM – 8:48AM	Vistit Until 9:43PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 10:38AM	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			

●	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Albany, NY Sun 14 Sutra 177 Plava 5123
	Retreat Star		Gulika 11:42AM – 1:09PM	Uttaraphalguni Until 2:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:55AM	
	Kanya Rasi: 4.49	Tithi 29 – 30	Yama 8:48AM – 10:15AM	Brahma Until 10:03PM	Muruqa: White	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24 - 14
	Creative Work	Amrita Yoga	655415463 Rahu 2:35PM – 4:02PM	Catuspada Until 7:27PM	Nataraja: Clear		Amavasya
			Chaturdashi* Until 8:37AM	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			
				Mahalaya Amavasai (Tamil Nadu)			

●	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Albany, NY Sun 15 Sutra 178 Plava 5123
	Retreat Star		Gulika 10:15AM – 11:42AM	Hasta Until 12:52PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:56AM	
	Kanya Rasi: 19.1	Tithi 30 – 1	Yama 7:22AM – 8:49AM	Indra Until 6:43PM	Muruqa: White	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 24 - 15
	Routine Work	Marana Yoga	665415463 Rahu 11:42AM – 1:08PM	Bava Until 3:20AM Thu	Nataraja: Clear		Prathama
			Amavasya* Until 6:09AM	Moon – Green		Devaloka Day	
				Ashvina-Puratasi			
				Navaratri Begins			

1	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY
	Tula Rasi: 3.45	Tithi 2	Gulika 8:49AM – 10:15AM	Chitra Until 10:45AM	Ganesha: Orange	<i>Sunrise: 5:57AM</i>	Sun 16 Sutra 179
		666415464	Yama 5:57AM – 7:23AM	Vaidhriti* Until 3:10PM	Muruqa: White	<i>Sunset: 5:25PM</i>	Plava 5123
			Rahu 1:07PM – 2:33PM	Balava Until 1:53PM	Nataraja: Purple		Moon 9 - Phase 25 - 16
				Dvitiya Until 12:21AM Fri	Moon – Green		3rd Phase
					Ashvina+Puratasi		Subha Sivaloka Day

2	Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Albany, NY
	Tula Rasi: 18.27	Tithi 3	Gulika 7:24AM – 8:50AM	Svati Until 8:22AM	Ganesha: Orange	<i>Sunrise: 5:58AM</i>	Sun 17 Sutra 180
		666415464	Yama 2:32PM – 3:58PM	Vishkambha* Until 11:33AM	Muruqa: White	<i>Sunset: 5:24PM</i>	Plava 5123
			Rahu 10:15AM – 11:41AM	Taitila Until 10:52AM	Nataraja: Purple		Moon 9 - Phase 25 - 17
				Tritiya Until 9:20PM	Moon – Green		3rd Phase
					Ashvina+Puratasi		Subha Sivaloka Day

3	Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Albany, NY
	Vrischika Rasi: 3.1	Tithi 4	Gulika 5:59AM – 7:25AM	Vishakha Until 6:16AM	Ganesha: Clear	<i>Sunrise: 5:59AM</i>	Sun 18 Sutra 181
		676415464	Yama 1:06PM – 2:31PM	Priti Until 7:58AM	Muruqa: White	<i>Sunset: 5:22PM</i>	Plava 5123
			Rahu 8:50AM – 10:15AM	Vanija Until 7:52AM	Nataraja: Purple		Moon 9 - Phase 25 - 18
				Chaturthi Until 6:24PM	Moon – Orange		3rd Phase
					Ashvina+Puratasi		Subha Sivaloka Day

4	Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY
	Vrischika Rasi: 17.46	Tithi 5 – 6	Gulika 2:30PM – 3:55PM	Jyeshtha* Until 2:12AM Mon	Ganesha: Clear	<i>Sunrise: 6:01AM</i>	Sun 19 Sutra 182
		676415464	Yama 11:40AM – 1:05PM	Saubhagya Until 1:13AM Mon	Muruqa: White	<i>Sunset: 5:20PM</i>	Plava 5123
			Rahu 3:55PM – 5:20PM	Kaulava Until 2:27AM Mon	Nataraja: Purple		Moon 9 - Phase 25 - 19
				Panchami Until 3:41PM	Moon – Orange		3rd Phase
					Ashvina+Puratasi		Subha Sivaloka Day

5	Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY
	Dhanus Rasi: 2.1	Tithi 6 – 7	Gulika 1:05PM – 2:29PM	Mula* Until 12:50AM Tue	Ganesha: Clear	<i>Sunrise: 6:02AM</i>	Sun 20 Sutra 183
Family Home Evening		686515464	Yama 10:16AM – 11:40AM	Sobhana Until 10:14PM	Muruqa: White	<i>Sunset: 5:19PM</i>	Plava 5123
			Rahu 7:26AM – 8:51AM	Gara Until 12:12AM Tue	Nataraja: Purple		Moon 9 - Phase 25 - 20
				Shashthi* Until 1:16PM	Moon – Light Blue		3rd Phase
					Ashvina+Puratasi		Subha Sivaloka Day

D	Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Albany, NY
	Retreat Star		Gulika 11:40AM – 1:04PM	Purvashadha* Until 11:43PM	Ganesha: Clear	<i>Sunrise: 6:03AM</i>	Sun 21 Sutra 184
	Dhanus Rasi: 16.21	Tithi 7 – 8	Yama 8:51AM – 10:16AM	Athiganda* Until 7:33PM	Muruqa: White	<i>Sunset: 5:17PM</i>	Plava 5123
		686515464	Rahu 2:29PM – 3:53PM	Visti Until 10:21PM	Nataraja: Purple		Moon 9 - Phase 25 - 21
				Saptami Until 11:12AM	Moon – Light Blue		Ashtami
			Durga Ashtami		Ashvina+Puratasi		Subha Sivaloka Day

D	Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY
	Retreat Star		Gulika 10:16AM – 11:40AM	Uttarashadha Until 10:52PM	Ganesha: Clear	<i>Sunrise: 6:04AM</i>	Sun 22 Sutra 185
	Makara Rasi: 0.16	Tithi 8 – 9	Yama 7:28AM – 8:52AM	Sukarma Until 5:12PM	Muruqa: White	<i>Sunset: 5:15PM</i>	Plava 5123
		686515464	Rahu 11:40AM – 1:04PM	Balava Until 8:54PM	Nataraja: Purple		Moon 9 - Phase 25 - 22
				Ashtami* Until 9:33AM	Moon – Light Blue		Navami
			Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi		Subha Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


1	Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY
	Makara Rasi: 13.56	Tithi 9 – 10	Gulika 8:52AM – 10:16AM	Shravana Until 10:43PM	Ganesha: White	<i>Sunrise:</i> 6:05AM	Sun 23 Sutra 186
			Yama 6:05AM – 7:29AM	Dhriti Until 3:12PM	Muruqa: White	<i>Sunset:</i> 5:14PM	Plava 5123
	Creative Work	Siddha Yoga	697515464 Rahu 1:03PM – 2:27PM	Taitila Until 7:53PM	Nataraja: Purple		Moon 9 - Phase 26 - 23 4th Phase
			Navami* Until 8:20AM	Moon – Purple		Sivaloka Day	
				Ashvina•Puratasi			


2	Friday, October 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY
	Makara Rasi: 27.22	Tithi 10 – 11	Gulika 7:30AM – 8:53AM	Dhanishtha Until 10:50PM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM	Sun 24 Sutra 187
			Yama 2:26PM – 3:49PM	Shula* Until 1:30PM	Muruqa: White	<i>Sunset:</i> 5:12PM	Plava 5123
	Creative Work	Siddha Yoga	697515464 Rahu 10:16AM – 11:39AM	Vanija Until 7:18PM	Nataraja: Purple		Moon 9 - Phase 26 - 24 4th Phase
			Vijaya Dasami	Moon – Purple		Subha Sivaloka Day	
			Dashami Until 7:31AM	Ashvina•Puratasi			

3	Saturday, October 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY
	Kumbha Rasi: 10.34	Tithi 11 – 12	Gulika 6:08AM – 7:30AM	Shatabhishak Until 11:13PM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	Sun 25 Sutra 188
			Yama 1:02PM – 2:25PM	Ganda* Until 12:09PM	Muruqa: White	<i>Sunset:</i> 5:11PM	Plava 5123
	Creative Work	Amrita Yoga	697515464 Rahu 8:53AM – 10:16AM	Bava Until 7:07PM	Nataraja: Purple		Moon 9 - Phase 26 - 25 4th Phase
			Kadaitswami Mahasamadhi	Moon – Purple		Subha Sivaloka Day	
			Ekadashi Until 7:08AM	Ashvina•Puratasi			

4	Sunday, October 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY
	Kumbha Rasi: 23.34	Tithi 12 – 13	Gulika 2:24PM – 3:46PM	Purvaproshtapada* Until 12:18AM	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM	Sun 26 Sutra 189
			Yama 11:39AM – 1:01PM	Vridhhi Until 11:08AM	Muruqa: White	<i>Sunset:</i> 5:09PM	Plava 5123
	Creative Work	Siddha Yoga	617515464 Rahu 3:46PM – 5:09PM	Kaulava Until 7:22PM	Nataraja: Purple		Moon 9 - Phase 26 - 26 4th Phase
			Dvadashi Until 7:10AM	Moon – Clear		Subha Sivaloka Day	
				Ashvina•Aipasi			
				<i>Pradosha Vrata</i>			

5	Monday, October 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY
	Meena Rasi: 6.2	Tithi 13 – 14	Gulika 1:01PM – 2:23PM	Uttaraproshtapada Until 1:41AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM	Sun 27 Sutra 190
	Family Home Evening		Yama 10:16AM – 11:39AM	Dhruva Until 10:26AM	Muruqa: White	<i>Sunset:</i> 5:07PM	Plava 5123
	Creative Work	Siddha Yoga	617515464 Rahu 7:32AM – 8:54AM	Gara Until 8:03PM	Nataraja: Purple		Moon 9 - Phase 26 - 27 4th Phase
			Trayodashi Until 7:38AM	Moon – Clear		Subha Sivaloka Day	
				Ashvina•Aipasi		Tour Day	

	Tuesday, October 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY
	Copper Retreat Star		Gulika 11:38AM – 1:00PM	Revati Until 3:20AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:11AM	Sun 28 Sutra 191
	Meena Rasi: 18.54	Tithi 14 – 15	Yama 8:55AM – 10:17AM	Vyaghata* Until 10:05AM	Muruqa: White	<i>Sunset:</i> 5:06PM	Plava 5123
	Creative Work	Siddha Yoga	617515464 Rahu 2:22PM – 3:44PM	Visti Until 9:12PM	Nataraja: Purple		Moon 9 - Phase 26 - Purnima
			Chaturdashi* Until 8:33AM	Moon – Clear		Subha Sivaloka Day	
				Ashvina•Aipasi			

	Wednesday, October 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY
	Silver Retreat Star		Gulika 10:17AM – 11:38AM	Ashvini Until 5:45AM Thu	Ganesha: White	<i>Sunrise:</i> 6:12AM	Sun 29 Sutra 192
	Mesha Rasi: 1.16	Tithi 15 – 16	Yama 7:34AM – 8:55AM	Harshana Until 10:07AM	Muruqa: White	<i>Sunset:</i> 5:04PM	Plava 5123
	Routine Work	Marana Yoga	627515464 Rahu 11:38AM – 1:00PM	Balava Until 10:49PM	Nataraja: Purple		Moon 9 - Phase 26 - Prathama
			Purnima* Until 9:56AM	Moon – White		Subha Subha Sivaloka Day	
				Ashvina•Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 21, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 193

Plava 5123

Mesha Rasi: 13.27 Tithi 16 - 17

628515464

Gulika 8:56AM - 10:17AM
Yama 6:13AM - 7:35AM
Rahu 12:59PM - 2:20PM

Bharani Until 8:25AM Fri
Vajra* Until 10:27AM
Taitila Until 12:52AM Fri
Prathama* Until 11:46AM

Ganesha: Clear *Sunrise: 6:13AM*

Muruqa: White *Sunset: 5:03PM*

Nataraja: Purple
Moon - White

Subha Sivaloka Day

Moon 10 - Phase 27 - 1st Phase

Creative Work Siddha Yoga

Friday, October 22, 2021

1

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sutra 194

Plava 5123

Mesha Rasi: 25.28 Tithi 17 - 18

628515464

Gulika 7:35AM - 8:56AM
Yama 2:20PM - 3:40PM
Rahu 10:17AM - 11:38AM

Bharani Until 8:25AM
Siddhi Until 11:07AM
Vanija Until 3:17AM Sat
Dvitiya Until 2:01PM

Ganesha: Clear *Sunrise: 6:15AM*

Muruqa: White *Sunset: 5:01PM*

Nataraja: Purple
Moon - White

Subha Sivaloka Day

Sun 1 Moon 10 - Phase 27 - 1st Phase

Creative Work Siddha Yoga

Saturday, October 23, 2021

2

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sutra 195

Plava 5123

Wrishabha Rasi: 7.2 Tithi 18 - 19

628515464

Gulika 6:16AM - 7:36AM
Yama 12:58PM - 2:19PM
Rahu 8:57AM - 10:17AM

Krittika Until 11:13AM
Vyatipata* Until 12:02PM
Bava Until 5:56AM Sun
Tritiya Until 4:34PM

Ganesha: Clear *Sunrise: 6:16AM*

Muruqa: White *Sunset: 5:00PM*

Nataraja: Purple
Moon - White

Subha Sivaloka Day

Sun 2 Moon 10 - Phase 27 - 2 1st Phase

Creative Work Amrita Yoga

Sunday, October 24, 2021

3

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Balava Karana Chaturthyam Titau

Albany, NY

Sutra 196

Plava 5123

Wrishabha Rasi: 19.08 Tithi 19

638515464

Gulika 2:18PM - 3:38PM
Yama 11:38AM - 12:58PM
Rahu 3:38PM - 4:58PM

Rohini Until 2:32PM
Variyan Until 1:03PM
Balava Until 7:16PM
Chaturthi* Until 7:16PM

Ganesha: Purple *Sunrise: 6:17AM*

Muruqa: White *Sunset: 4:58PM*

Nataraja: Purple
Moon - Yellow

Sivaloka Day

Sun 3 Moon 10 - Phase 27 - 3 1st Phase

Creative Work Siddha Yoga

Monday, October 25, 2021

4

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY

Sutra 197

Plava 5123

Mithuna Rasi: 0.55 Tithi 20

638515464

Gulika 12:57PM - 2:17PM
Yama 10:18AM - 11:38AM
Rahu 7:38AM - 8:58AM

Mrigashira Until 5:41PM
Parigha* Until 2:05PM
Kaulava Until 8:39AM
Panchami Until 9:57PM

Ganesha: Purple *Sunrise: 6:18AM*

Muruqa: White *Sunset: 4:57PM*

Nataraja: Purple
Moon - Yellow

Sivaloka Day

Sun 4 Moon 10 - Phase 27 - 4 1st Phase

Creative Work Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

Tuesday, October 26, 2021

5

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY

Sutra 198

Plava 5123

Mithuna Rasi: 12.44 Tithi 21

638515464

Gulika 11:37AM - 12:57PM
Yama 8:58AM - 10:18AM
Rahu 2:16PM - 3:36PM

Ardra Until 8:28PM
Shiva Until 3:01PM
Gara Until 11:13AM
Shashthi* Until 12:22AM Wed

Ganesha: Purple *Sunrise: 6:19AM*

Muruqa: White *Sunset: 4:55PM*

Nataraja: Purple
Moon - Yellow

Sivaloka Day

Sun 5 Moon 10 - Phase 27 - 5 1st Phase

Routine Work Marana Yoga

Until 8:28PM

Then Creative Work - Siddha Yoga

Wednesday, October 27, 2021

6

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadnya Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY

Sutra 199

Plava 5123

Mithuna Rasi: 24.4 Tithi 22

648515464

Gulika 10:18AM - 11:37AM
Yama 7:40AM - 8:59AM
Rahu 11:37AM - 12:57PM

Punarvasu Until 11:11PM
Siddha Until 3:37PM
Visti Until 1:27PM
Saptami Until 2:21AM Thu

Ganesha: Clear *Sunrise: 6:21AM*

Muruqa: White *Sunset: 4:54PM*

Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Sun 6 Moon 10 - Phase 27 - 6 1st Phase

Creative Work Siddha Yoga

Thursday, October 28, 2021

D

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY

Sutra 200

Plava 5123

Kataka Rasi: 6.47 Tithi 23

649525464

Gulika 9:00AM - 10:18AM
Yama 6:22AM - 7:41AM
Rahu 12:56PM - 2:15PM

Pushya Until 1:08AM Fri
Sadhya Until 3:48PM
Balava Until 3:07PM
Ashtami* Until 3:41AM Fri

Ganesha: White *Sunrise: 6:22AM*

Muruqa: Clear *Sunset: 4:53PM*

Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Sun 7 Moon 10 - Phase 27 - 7 Ashtami

Creative Work Amrita Yoga

Until 1:08AM Fri

Then Routine Work - Marana Yoga

Friday, October 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sutra 201

Plava 5123

Kataka Rasi: 19.12 Tithi 24

649525464

Gulika 7:42AM - 9:00AM
Yama 2:14PM - 3:33PM
Rahu 10:19AM - 11:37AM

Ashlesha* Until 2:12AM Sat
Subha Until 3:27PM
Taitila Until 4:05PM
Navami* Until 4:15AM Sat

Ganesha: White *Sunrise: 6:23AM*

Muruqa: Clear *Sunset: 4:51PM*

Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Sun 8 Moon 10 - Phase 27 - 8 Navami

Routine Work Marana Yoga

Until 2:12AM Sat

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Albany, NY on 5/23/19

www.gurudeva.org/panchang

1		Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau		Albany, NY Sun 16 Sutra 209 Plava 5123	
Wrischika Rasi: 12.1	Tithi 2 - 3	Gulika 6:33AM - 7:49AM	Anuradha Until 1:11PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Muruqa: Clear	<i>Sunset:</i> 4:41PM
		Yama 12:53PM - 2:09PM	Sobhana Until 12:36PM	Muruqa: Clear		Nataraja: Purple	Moon 10 - Phase 29 - 16
		771625464 Rahu 9:05AM - 10:21AM	Taitila Until 7:36PM	Moon - Orange			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:18AM	Kartika•Aipasi			Devaloka Day

2		Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukama Yoga Vanija/Visti* Karana Chaturtham Titau		Albany, NY Sun 17 Sutra 210 Plava 5123	
Wrischika Rasi: 27.08	Tithi 4	Gulika 2:09PM - 3:24PM	Jyeshtha* Until 10:27AM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	Muruqa: Clear	<i>Sunset:</i> 4:40PM
		Yama 11:37AM - 12:53PM	Athiganda* Until 8:38AM	Muruqa: Clear		Nataraja: Purple	Moon 10 - Phase 29 - 17
		771625464 Rahu 3:24PM - 4:40PM	Vanija Until 4:19PM	Moon - Orange			3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 2:47AM Mon	Kartika•Aipasi			Devaloka Day
Until 10:27AM							
Then Creative Work - Amrita Yoga							

3		Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 18 Sutra 211 Plava 5123	
Dhanus Rasi: 11.55	Tithi 5	Gulika 12:53PM - 2:08PM	Mula* Until 8:18AM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	Muruqa: Clear	<i>Sunset:</i> 4:39PM
Family Home Evening		Yama 10:22AM - 11:37AM	Dhriti Until 1:33AM Tue	Muruqa: Clear		Nataraja: Purple	Moon 10 - Phase 29 - 18
		781625464 Rahu 7:51AM - 9:06AM	Bava Until 1:23PM	Moon - Light Blue			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 12:04AM Tue	Kartika•Aipasi			Devaloka Day
Until 8:18AM							
Then Routine Work - Marana Yoga							

4		Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sun 19 Sutra 212 Plava 5123	
Dhanus Rasi: 26.23	Tithi 6	Gulika 11:37AM - 12:52PM	Purvashadha* Until 6:26AM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	Muruqa: Clear	<i>Sunset:</i> 4:38PM
		Yama 9:07AM - 10:22AM	Shula* Until 10:35PM	Muruqa: Clear		Nataraja: Purple	Moon 10 - Phase 29 - 19
		781625464 Rahu 2:08PM - 3:23PM	Kaulava Until 10:55AM	Moon - Light Blue			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:52PM	Kartika•Aipasi			Devaloka Day
Until 6:26AM							
Then Routine Work - Prabalarishta Yoga							

5		Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Saptamyam Titau		Albany, NY Sun 20 Sutra 213 Plava 5123	
Makara Rasi: 10.3	Tithi 7	Gulika 10:23AM - 11:37AM	Shravana Until 4:23AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Muruqa: Clear	<i>Sunset:</i> 4:37PM
		Yama 7:53AM - 9:08AM	Ganda* Until 8:06PM	Muruqa: Clear		Nataraja: Purple	Moon 10 - Phase 29 - 20
		791625464 Rahu 11:37AM - 12:52PM	Gara Until 9:00AM	Moon - Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 8:15PM	Kartika•Aipasi			Sivaloka Day

Retreat Star		Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 21 Sutra 214 Plava 5123	
Makara Rasi: 24.14	Tithi 8	Gulika 9:08AM - 10:23AM	Dhanishtha Until 4:18AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	Muruqa: Clear	<i>Sunset:</i> 4:36PM
		Yama 6:39AM - 7:54AM	Vriddhi Until 6:09PM	Muruqa: Clear		Nataraja: Purple	Moon 10 - Phase 29 - 21
		791625464 Rahu 12:52PM - 2:07PM	Visti Until 7:42AM	Moon - Purple			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 7:17PM	Kartika•Aipasi			Sivaloka Day

Retreat Star		Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22 Sutra 215 Plava 5123	
Kumbha Rasi: 7.35	Tithi 9	Gulika 7:55AM - 9:09AM	Shatabhishak Until 4:41AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:41AM	Muruqa: Clear	<i>Sunset:</i> 4:35PM
		Yama 2:06PM - 3:20PM	Dhruva Until 4:40PM	Muruqa: Clear		Nataraja: Purple	Moon 10 - Phase 29 - 22
		791625464 Rahu 10:23AM - 11:38AM	Balava Until 7:04AM	Moon - Purple			Navami
Creative Work	Siddha Yoga		Navami* Until 6:58PM	Kartika•Aipasi			Sivaloka Day
Until 4:41AM Sat							
Then Routine Work - Marana Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1		Saturday, November 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Albany, NY Sun 23 Sutra 216 Plava 5123
Kumbha Rasi: 20.37	Tithi 10	Gulika	6:42AM – 7:56AM	Purvaproshtapada* Until 5:58AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:42AM		
		Yama	12:52PM – 2:06PM	Vyaghata* Until 3:42PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 30 - 23	4th Phase
		711625464 Rahu	9:10AM – 10:24AM	Taitila Until 7:04AM	Nataraja: Purple			
Routine Work	Marana Yoga			Dashami Until 7:16PM	Moon – Clear		Sivaloka Day	
Until 5:58AM Sun					Karttika•Aipasi			
Then Creative Work - Amrita Yoga								

2		Sunday, November 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24 Sutra 217 Plava 5123
Meena Rasi: 3.2	Tithi 11	Gulika	2:05PM – 3:19PM	Uttaraproshtapada Until 7:37AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:43AM		
		Yama	11:38AM – 12:52PM	Harshana Until 3:11PM	Muruqa: Clear	<i>Sunset:</i> 4:33PM	Moon 10 - Phase 30 - 24	4th Phase
		711625464 Rahu	3:19PM – 4:33PM	Vanija Until 7:40AM	Nataraja: Purple			
Creative Work	Amrita Yoga			Ekadashi Until 8:09PM	Moon – Clear		Sivaloka Day	
Until 7:37AM Mon					Karttika•Aipasi			
Then Creative Work - Siddha Yoga								

3		Monday, November 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Albany, NY Sun 25 Sutra 218 Plava 5123
Meena Rasi: 15.49	Tithi 12	Gulika	12:52PM – 2:05PM	Uttaraproshtapada Until 7:37AM	Ganesha: White	<i>Sunrise:</i> 6:44AM		
Family Home Evening		Yama	10:25AM – 11:38AM	Vajra* Until 3:02PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 30 - 25	4th Phase
		712625464 Rahu	7:58AM – 9:11AM	Bava Until 8:48AM	Nataraja: Purple			
Creative Work	Siddha Yoga			Dvadashi Until 9:32PM	Moon – Clear		Subha Sivaloka Day	
					Karttika•Aipasi			

4		Tuesday, November 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY Sun 26 Sutra 219 Plava 5123
Meena Rasi: 28.06	Tithi 13	Gulika	11:38AM – 12:52PM	Revati Until 9:33AM	Ganesha: White	<i>Sunrise:</i> 6:46AM		
		Yama	9:12AM – 10:25AM	Siddhi Until 3:14PM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 10 - Phase 30 - 26	4th Phase
		712625465 Rahu	2:05PM – 3:18PM	Kaulava Until 10:24AM	Nataraja: Clear			
Creative Work	Siddha Yoga			Trayodashi Until 11:21PM	Moon – Clear		Sivaloka Day	
					Karttika•Kartikai			
					<i>Pradosha Vrata</i>			

5		Wednesday, November 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY Sun 27 Sutra 220 Plava 5123
Mesha Rasi: 10.13	Tithi 14	Gulika	10:26AM – 11:39AM	Ashvini Until 12:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM		
		Yama	8:00AM – 9:13AM	Vyatipata* Until 3:44PM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 30 - 27	4th Phase
		722625465 Rahu	11:39AM – 12:51PM	Gara Until 12:25PM	Nataraja: Clear			
Routine Work	Marana Yoga			Chaturdashi* Until 1:31AM Thu	Moon – White		Devaloka Day	
Until 12:12PM					Karttika•Kartikai			
Then Creative Work - Siddha Yoga								

		Thursday, November 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY Sun 28 Sutra 221 Plava 5123
Mesha Rasi: 22.12	Tithi 15	Gulika	9:13AM – 10:26AM	Bharani Until 2:59PM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM		
		Yama	6:48AM – 8:01AM	Variyan Until 4:27PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 30 - Purnima	
		722625465 Rahu	12:51PM – 2:04PM	Visti Until 2:45PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Purnima* Until 3:59AM Fri	Moon – White		Devaloka Day	
Until 2:59PM					Karttika•Kartikai			
Then Routine Work - Marana Yoga								

Friday, November 19, 2021		Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY Sun 29 Sutra 222 Plava 5123
Vrishabha Rasi: 4.05	Tithi 16	Gulika	8:02AM – 9:14AM	Krittika Until 5:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:49AM		
		Yama	2:04PM – 3:16PM	Parigha* Until 5:20PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 10 - Phase 30 - Prathama	
		722625465 Rahu	10:27AM – 11:39AM	Balava Until 5:18PM	Nataraja: Clear			
Creative Work	Siddha Yoga			Prathama* Until 6:37AM Sat	Moon – White		Devaloka Day	
Until 5:49PM					Karttika•Kartikai			
Then Routine Work - Marana Yoga								
								Vinayaga Viratam Begins

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY
Sutra 223
Plava 5123
Moon 11 - Phase 31 -
1st Phase

Vrishabha Rasi: 15.54 Tithi 16 - 17

732625465

Gulika 6:50AM - 8:03AM
Yama 12:51PM - 2:04PM
Rahu 9:15AM - 10:27AM

Rohini Until 9:07PM
Shiva Until 6:20PM
Taitila Until 8:00PM
Prathama* Until 6:37AM

Ganesha: Purple *Sunrise:* 6:50AM
Muruqa: Clear *Sunset:* 4:28PM

Nataraja: Clear
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga
Until 9:07PM
Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY
Sun 1
Sutra 224
Plava 5123
Moon 11 - Phase 31 - 1
1st Phase

Vrishabha Rasi: 27.41 Tithi 17 - 18

732625465

Gulika 2:03PM - 3:15PM
Yama 11:39AM - 12:51PM
Rahu 3:15PM - 4:27PM

Mrigashira Until 12:14AM Mon
Siddha Until 7:19PM
Vanija Until 10:42PM
Dvitiya Until 9:20AM

Ganesha: Purple *Sunrise:* 6:52AM
Muruqa: Clear *Sunset:* 4:27PM

Nataraja: Clear
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY
Sun 2
Sutra 225
Plava 5123
Moon 11 - Phase 31 - 2
1st Phase

Mithuna Rasi: 9.29 Tithi 18 - 19

732625465

Family Home Evening

Gulika 12:51PM - 2:03PM
Yama 10:28AM - 11:40AM
Rahu 8:05AM - 9:16AM

Ardra Until 3:04AM Tue
Sadhya Until 8:14PM
Bava Until 1:17AM Tue
Tritiya Until 12:00PM

Ganesha: Purple *Sunrise:* 6:53AM
Muruqa: Clear *Sunset:* 4:27PM

Nataraja: Clear
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY
Sun 3
Sutra 226
Plava 5123
Moon 11 - Phase 31 - 3
1st Phase

Mithuna Rasi: 21.22 Tithi 19 - 20

742625465

Gulika 11:40AM - 12:51PM
Yama 9:17AM - 10:29AM
Rahu 2:03PM - 3:14PM

Punarvasu Until 5:59AM Wed
Subha Until 8:59PM
Kaulava Until 3:36AM Wed
Chaturthi* Until 2:28PM

Ganesha: Clear *Sunrise:* 6:54AM
Muruqa: Clear *Sunset:* 4:26PM

Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY
Sun 4
Sutra 227
Plava 5123
Moon 11 - Phase 31 - 4
1st Phase

Kataka Rasi: 3.2 Tithi 20 - 21

742625465

Gulika 10:29AM - 11:40AM
Yama 8:07AM - 9:18AM
Rahu 11:40AM - 12:52PM

Pushya Until 8:19AM Thu
Sukla Until 9:26PM
Gara Until 5:31AM Thu
Panchami Until 4:36PM

Ganesha: Clear *Sunrise:* 6:55AM
Muruqa: Clear *Sunset:* 4:25PM

Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Vanija Karana Shashthyam Titau

Albany, NY
Sun 5
Sutra 228
Plava 5123
Moon 11 - Phase 31 - 5
1st Phase

Kataka Rasi: 15.28 Tithi 21

742625465

Gulika 9:19AM - 10:30AM
Yama 6:56AM - 8:07AM
Rahu 12:52PM - 2:03PM

Pushya Until 8:19AM
Brahma Until 9:30PM
Vanija Until 6:15PM
Shashthi* Until 6:15PM

Ganesha: Clear *Sunrise:* 6:56AM
Muruqa: Clear *Sunset:* 4:25PM

Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga
Until 8:19AM
Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY
Sun 6
Sutra 229
Plava 5123
Moon 11 - Phase 31 - 6
1st Phase

Kataka Rasi: 27.5 Tithi 22

742625465

Gulika 8:08AM - 9:19AM
Yama 2:03PM - 3:13PM
Rahu 10:30AM - 11:41AM

Ashlesha* Until 9:57AM
Indra Until 9:07PM
Visti Until 6:52AM
Saptami Until 7:16PM

Ganesha: Clear *Sunrise:* 6:58AM
Muruqa: Clear *Sunset:* 4:24PM

Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Devaloka Day

Routine Work Marana Yoga

D

Saturday, November 27, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY
Sun 7
Sutra 230
Plava 5123
Moon 11 - Phase 31 - 7
Ashtami

Simha Rasi: 10.31 Tithi 23

752625465

Gulika 6:59AM - 8:09AM
Yama 12:52PM - 2:02PM
Rahu 9:20AM - 10:31AM

Magha* Until 11:14AM
Vaidhriti* Until 8:07PM
Balava Until 7:32AM
Ashtami* Until 7:34PM

Ganesha: White *Sunrise:* 6:59AM
Muruqa: Clear *Sunset:* 4:24PM

Nataraja: Clear
Moon - Red
Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga
Until 11:14AM
Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY
Sun 8
Sutra 231
Plava 5123
Moon 11 - Phase 31 - 8
Navami

Simha Rasi: 23.32 Tithi 24

753625465

Gulika 2:02PM - 3:13PM
Yama 11:42AM - 12:52PM
Rahu 3:13PM - 4:23PM

Purvaphalguni Until 11:37AM
Vishkambha* Until 6:32PM
Taitila Until 7:26AM
Navami* Until 7:04PM

Ganesha: Clear *Sunrise:* 7:00AM
Muruqa: Clear *Sunset:* 4:23PM

Nataraja: Clear
Moon - Red
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 11:37AM
Then Creative Work - Amrita Yoga

1	Monday, November 29, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Prili/Ayushman Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Albany, NY	
					Sun 9	Sutra 232		
	Kanya Rasi: 7	Tithi 25 – 26	Gulika	12:52PM – 2:02PM	Uttaraphalguni Until 11:04AM	Ganesha: Clear	Sunrise: 7:01AM	Plava 5123
	Family Home Evening	753625465	Yama	10:32AM – 11:42AM	Priti	Muruga: Clear	Sunset: 4:23PM	Moon 11 - Phase 32 - 9
Creative Work	Siddha Yoga	Rahu	8:11AM – 9:21AM	Vanija	Nataraja: Clear			
				Dashami	Moon – Red	Devaloka Day		
				Until 5:47PM	Karttika-Karttikai			

2	Tuesday, November 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY	
					Sun 10	Sutra 233		
	Kanya Rasi: 20.55	Tithi 26 – 27	Gulika	11:42AM – 12:52PM	Hasta Until 10:04AM	Ganesha: Yellow	Sunrise: 7:02AM	Plava 5123
	763725465		Yama	9:22AM – 10:32AM	Ayushman	Muruga: Clear	Sunset: 4:23PM	Moon 11 - Phase 32 - 10
Creative Work	Siddha Yoga	Rahu	2:02PM – 3:12PM	Kaulava	Nataraja: Clear			
				Wed	Moon – Green	Devaloka Day		
				Ekadashi*	Karttika-Karttikai	Tour Day		
				Until 3:46PM				

3	Wednesday, December 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY	
					Sun 11	Sutra 234		
	Tula Rasi: 5.16	Tithi 27 – 28	Gulika	10:33AM – 11:43AM	Chitra Until 8:17AM	Ganesha: Yellow	Sunrise: 7:03AM	Plava 5123
	763725465		Yama	8:13AM – 9:23AM	Saubhagya	Muruga: Clear	Sunset: 4:22PM	Moon 11 - Phase 32 - 11
Creative Work	Siddha Yoga	Rahu	11:43AM – 12:53PM	Gara	Nataraja: Clear			
				Dvadashi*	Moon – Green	Devaloka Day		
				Until 1:07PM	Karttika-Karttikai			
				<i>Pradosha Vrata (Fasting)</i>				

4	Thursday, December 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Albany, NY	
					Sun 12	Sutra 235		
	Tula Rasi: 20.01	Tithi 28 – 29	Gulika	9:24AM – 10:33AM	Vishakha Until 3:14AM Fri	Ganesha: Red	Sunrise: 7:04AM	Plava 5123
	773725465		Yama	7:04AM – 8:14AM	Sobhana	Muruga: Clear	Sunset: 4:22PM	Moon 11 - Phase 32 - 12
Creative Work	Siddha Yoga	Rahu	12:53PM – 2:02PM	Visti	Nataraja: Clear			
				Trayodashi*	Moon – Orange	Devaloka Day		
				Until 9:58AM	Karttika-Karttikai			

●	Friday, December 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Albany, NY	
	Retreat Star				Sun 13	Sutra 236		
	Vrischika Rasi: 5.04	Tithi 29 – 30	Gulika	8:15AM – 9:24AM	Anuradha Until 12:17AM Sat	Ganesha: Red	Sunrise: 7:05AM	Plava 5123
	773725465		Yama	2:03PM – 3:12PM	Sukarma	Muruga: Clear	Sunset: 4:22PM	Moon 11 - Phase 32 - 13
Creative Work	Siddha Yoga	Rahu	10:34AM – 11:43AM	Naga	Nataraja: Clear			
				Chaturdashi*	Moon – Orange	Devaloka Day		
				Until 6:27AM	Karttika-Karttikai			

●	Saturday, December 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Albany, NY	
	Retreat Star				Sun 14	Sutra 237		
	Vrischika Rasi: 20.17	Tithi 1	Gulika	7:06AM – 8:16AM	Jyeshtha* Until 9:10PM	Ganesha: Red	Sunrise: 7:06AM	Plava 5123
	773725465		Yama	12:53PM – 2:03PM	Dhriti	Muruga: Clear	Sunset: 4:21PM	Moon 11 - Phase 32 - 14
Creative Work	Siddha Yoga	Rahu	9:25AM – 10:34AM	Kintughna	Nataraja: Clear			
				Prathama*	Moon – Orange	Devaloka Day		
				Until 11:00PM	Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1 Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dviliyayam Titau				Albany, NY Sun 15 Sutra 238 Plava 5123
Dhanus Rasi: 5.29	Tithi 2	Gulika 2:03PM – 3:12PM	Mula* Until 6:25PM	Ganesha: Yellow	<i>Sunrise:</i> 7:07AM	
		Yama 11:44AM – 12:54PM	Shula* Until 1:37PM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 - 15
		783725465 Rahu 3:12PM – 4:21PM	Balava Until 9:11AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 7:24PM	Moon – Light Blue		Devaloka Day
Until 6:25PM				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

2 Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritya/Chaturtham Titau				Albany, NY Sun 16 Sutra 239 Plava 5123
Dhanus Rasi: 20.34	Tithi 3 – 4	Gulika 12:54PM – 2:03PM	Purvashadha* Until 3:50PM	Ganesha: Yellow	<i>Sunrise:</i> 7:08AM	
		Yama 10:36AM – 11:45AM	Ganda* Until 9:35AM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 - 16
Family Home Evening		783725465 Rahu 8:17AM – 9:26AM	Vanija Until 2:36AM Tue	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 4:05PM	Moon – Light Blue		Devaloka Day
				Margasira-Karttikai		

3 Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY Sun 17 Sutra 240 Plava 5123
Makara Rasi: 5.2	Tithi 4 – 5	Gulika 11:45AM – 12:54PM	Uttarashadha Until 1:33PM	Ganesha: Yellow	<i>Sunrise:</i> 7:09AM	
		Yama 9:27AM – 10:36AM	Dhruva Until 2:37AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 - 17
		783725465 Rahu 2:03PM – 3:12PM	Bava Until 12:01AM Wed	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 1:13PM	Moon – Light Blue		Devaloka Day
Until 1:33PM				Margasira-Karttikai		Tour Day
Then Creative Work - Siddha Yoga						

4 Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Albany, NY Sun 18 Sutra 241 Plava 5123
Makara Rasi: 19.43	Tithi 5 – 6	Gulika 10:37AM – 11:46AM	Shravana Until 12:09PM	Ganesha: White	<i>Sunrise:</i> 7:10AM	
		Yama 8:19AM – 9:28AM	Vyaghata* Until 11:54PM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 - 18
		793725465 Rahu 11:46AM – 12:54PM	Kaulava Until 10:05PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:56AM	Moon – Purple		Sivaloka Day
Until 12:09PM				Margasira-Karttikai		
Then Routine Work - Prabalarishta Yoga						

5 Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Albany, NY Sun 19 Sutra 242 Plava 5123
Kumbha Rasi: 3.38	Tithi 6 – 7	Gulika 9:29AM – 10:37AM	Dhanishtha Until 11:18AM	Ganesha: White	<i>Sunrise:</i> 7:11AM	
		Yama 7:11AM – 8:20AM	Harshana Until 9:48PM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 - 19
		793725465 Rahu 12:55PM – 2:04PM	Gara Until 8:55PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:23AM	Moon – Purple		Sivaloka Day
				Margasira-Karttikai		

Vinayaga Viratam Ends

Friday, December 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau				Albany, NY Sun 20 Sutra 243 Plava 5123
Retreat Star		Gulika 8:21AM – 9:29AM	Shatabhishak Until 11:05AM	Ganesha: White	<i>Sunrise:</i> 7:12AM	
Kumbha Rasi: 17.07	Tithi 7 – 8	Yama 2:04PM – 3:12PM	Vajra* Until 8:19PM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 - 20
		793725465 Rahu 10:38AM – 11:46AM	Visti Until 8:33PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:37AM	Moon – Purple		Sivaloka Day
				Margasira-Karttikai		

Saturday, December 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY Sun 21 Sutra 244 Plava 5123
Retreat Star		Gulika 7:13AM – 8:21AM	Purvaprosarthapada* Until 11:57AM	Ganesha: White	<i>Sunrise:</i> 7:13AM	
Meena Rasi: 0.09	Tithi 8 – 9	Yama 12:55PM – 2:04PM	Siddhi Until 7:28PM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Moon 11 - Phase 33 - 21
		713725465 Rahu 9:30AM – 10:38AM	Balava Until 9:01PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami* Until 8:40AM	Moon – Clear		Sivaloka Day
Until 11:57AM				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Albany, NY
	Meena Rasi: 12.48	Tithi 9 – 10	Gulika 2:04PM – 3:13PM	Uttaraproshtapada Until 1:26PM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM	Sun 22 Sutra 245
			Yama 11:47AM – 12:56PM	Vyatipata* Until 7:11PM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Plava 5123
	Creative Work	Amrita Yoga	714725465 Rahu 3:13PM – 4:21PM	Taitila Until 10:12PM	Nataraja: Clear		Moon 11 - Phase 34 - 22 4th Phase
			Navami* Until 9:30AM	Margasira-Karttikai	Devaloka Day		


2	Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Albany, NY
	Meena Rasi: 25.09	Tithi 10 – 11	Gulika 12:56PM – 2:05PM	Revati Until 3:22PM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM	Sun 23 Sutra 246
	Family Home Evening		Yama 10:40AM – 11:48AM	Variyan Until 7:22PM	Muruqa: Clear	<i>Sunset:</i> 4:21PM	Plava 5123
	Creative Work	Siddha Yoga	714725465 Rahu 8:23AM – 9:31AM	Vanija Until 12:01AM Tue	Nataraja: Clear		Moon 11 - Phase 34 - 23 4th Phase
			Gita Jayanthi	Dashami Until 11:01AM	Margasira-Karttikai	Devaloka Day	


3	Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY
	Mesha Rasi: 7.16	Tithi 11 – 12	Gulika 11:48AM – 12:57PM	Ashvini Until 6:08PM	Ganesha: White	<i>Sunrise:</i> 7:15AM	Sun 24 Sutra 247
			Yama 9:32AM – 10:40AM	Parigha* Until 7:56PM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Plava 5123
	Creative Work	Siddha Yoga	724725465 Rahu 2:05PM – 3:13PM	Bava Until 2:18AM Wed	Nataraja: Clear		Moon 11 - Phase 34 - 24 4th Phase
			Ekadashi Until 1:05PM	Margasira-Karttikai	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4	Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY
	Mesha Rasi: 19.13	Tithi 12 – 13	Gulika 10:41AM – 11:49AM	Bharani Until 9:04PM	Ganesha: White	<i>Sunrise:</i> 7:16AM	Sun 25 Sutra 248
			Yama 8:24AM – 9:32AM	Shiva Until 8:46PM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Plava 5123
	Creative Work	Siddha Yoga	724725465 Rahu 11:49AM – 12:57PM	Kaulava Until 4:53AM Thu	Nataraja: Clear		Moon 11 - Phase 34 - 25 4th Phase
			Dvadashi Until 3:33PM	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
			<i>Pradosha Vrata</i>				

5	Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Taitila Karana Trayodashyam Titau				Albany, NY
	Vrishabha Rasi: 1.03	Tithi 13	Gulika 9:33AM – 10:41AM	Krittika Until 12:00AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:17AM	Sun 26 Sutra 249
			Yama 7:17AM – 8:25AM	Siddha Until 9:42PM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Plava 5123
	Routine Work	Marana Yoga	824725465 Rahu 12:58PM – 2:06PM	Taitila Until 6:13PM	Nataraja: Clear		Moon 11 - Phase 34 - 26 4th Phase
			Trayodashi Until 6:13PM	Margasira-Markali	Devaloka Day		

6	Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY
	Vrishabha Rasi: 12.51	Tithi 14	Gulika 8:25AM – 9:34AM	Rohini Until 3:19AM Sat	Ganesha: White	<i>Sunrise:</i> 7:17AM	Sun 27 Sutra 250
			Yama 2:06PM – 3:14PM	Sadhya Until 10:41PM	Muruqa: Clear	<i>Sunset:</i> 4:22PM	Plava 5123
	Routine Work	Marana Yoga	834725465 Rahu 10:42AM – 11:50AM	Gara Until 7:36AM	Nataraja: Clear		Moon 11 - Phase 34 - 27 4th Phase
			Chaturdashi* Until 8:57PM	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

	Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY
	Copper Retreat Star		Gulika 7:18AM – 8:26AM	Mrigashira Until 6:23AM Sun	Ganesha: White	<i>Sunrise:</i> 7:18AM	Sutra 251
	Vrishabha Rasi: 24.38	Tithi 15	Yama 12:58PM – 2:07PM	Subha Until 11:39PM	Muruqa: Clear	<i>Sunset:</i> 4:23PM	Plava 5123
	Creative Work	Siddha Yoga	834725465 Rahu 9:34AM – 10:42AM	Visti Until 10:20AM	Nataraja: Clear		Moon 11 - Phase 34 - Purnima
			Purnima* Until 11:38PM	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

	Sunday, December 19, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY
	Silver Retreat Star		Gulika 2:07PM – 3:15PM	Mrigashira Until 6:23AM	Ganesha: White	<i>Sunrise:</i> 7:19AM	Sutra 252
	Mithuna Rasi: 6.28	Tithi 16	Yama 11:51AM – 12:59PM	Sukla Until 12:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:23PM	Plava 5123
	Creative Work	Siddha Yoga	834725465 Rahu 3:15PM – 4:23PM	Balava Until 12:56PM	Nataraja: Clear		Moon 11 - Phase 34 - Prathama
			Prathama* Until 2:09AM Mon	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

Ardra Darshanam

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Albany, NY on 5/23/19

www.gurudeva.org/panchang



Monday, December 20, 2021

Gold Retreat Star

Mithuna Rasi: 18.22 Tithi 17
Family Home Evening 834725465
Creative Work Siddha Yoga
Until 9:06AM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:59PM - 2:07PM
Yama 10:43AM - 11:51AM
Rahu 8:27AM - 9:35AM
Ardra Until 9:06AM
Brahma Until 1:05AM Tue
Taitila Until 3:21PM
Dvitiya Until 4:25AM Tue

Ganesha: White Sunrise: 7:19AM
Muruga: Clear Sunset: 4:24PM

Nataraja: Clear Moon 12 - Phase 35 - 1st Phase

Moon - Yellow
Margasira-Markali
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Albany, NY
Sutra 253
Plava 5123

1

Tuesday, December 21, 2021

Kataka Rasi: 0.21 Tithi 18
844725465
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 11:52AM - 1:00PM
Yama 9:36AM - 10:44AM
Rahu 2:08PM - 3:16PM
Punarvasu Until 11:54AM
Indra Until 1:31AM Wed
Vanija Until 5:28PM
Tritiya Until 6:23AM Wed

Ganesha: Clear Sunrise: 7:20AM
Muruga: Clear Sunset: 4:24PM

Nataraja: Clear Moon 12 - Phase 35 - 1st Phase

Moon - Blue
Margasira-Markali
Devaloka Day

Albany, NY
Sun 1
Sutra 254
Plava 5123

2

Wednesday, December 22, 2021

Kataka Rasi: 12.28 Tithi 18 - 19
844725465
Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 10:44AM - 11:52AM
Yama 8:28AM - 9:36AM
Rahu 11:52AM - 1:00PM
Pushya Until 2:13PM
Vaidhriti* Until 1:39AM Thu
Bava Until 7:15PM
Tritiya Until 6:23AM

Ganesha: Clear Sunrise: 7:20AM
Muruga: Clear Sunset: 4:25PM

Nataraja: Clear Moon 12 - Phase 35 - 2nd Phase

Moon - Blue
Margasira-Markali
Devaloka Day

Albany, NY
Sun 2
Sutra 255
Plava 5123

3

Thursday, December 23, 2021

Kataka Rasi: 24.44 Tithi 19 - 20
844725465
Creative Work Siddha Yoga
Until 4:01PM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:37AM - 10:45AM
Yama 7:21AM - 8:29AM
Rahu 1:01PM - 2:09PM
Ashlesha* Until 4:01PM
Vishkambha* Until 1:28AM Fri
Kaulava Until 8:37PM
Chaturthi* Until 7:58AM

Ganesha: Clear Sunrise: 7:21AM
Muruga: Clear Sunset: 4:25PM

Nataraja: Clear Moon 12 - Phase 35 - 3rd Phase

Moon - Blue
Margasira-Markali
Devaloka Day

Albany, NY
Sun 3
Sutra 256
Plava 5123

4

Friday, December 24, 2021

Simha Rasi: 7.11 Tithi 20 - 21
854725465
Routine Work Marana Yoga
Until 5:40PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:29AM - 9:37AM
Yama 2:10PM - 3:18PM
Rahu 10:45AM - 11:53AM
Magha* Until 5:40PM
Priti Until 12:55AM Sat
Gara Until 9:30PM
Panchami Until 9:06AM

Ganesha: Purple Sunrise: 7:21AM
Muruga: Clear Sunset: 4:26PM

Nataraja: Clear Moon 12 - Phase 35 - 4th Phase

Moon - Red
Margasira-Markali
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Albany, NY
Sun 4
Sutra 257
Plava 5123

5

Saturday, December 25, 2021

Simha Rasi: 19.52 Tithi 21 - 22
855825465
Creative Work Siddha Yoga
Until 6:37PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:21AM - 8:30AM
Yama 1:02PM - 2:10PM
Rahu 9:38AM - 10:46AM
Purvaphalguni Until 6:37PM
Ayushman Until 11:54PM
Visti Until 9:49PM
Shashthi* Until 9:43AM

Ganesha: Purple Sunrise: 7:21AM
Muruga: Clear Sunset: 4:26PM

Nataraja: Clear Moon 12 - Phase 35 - 5th Phase

Moon - Red
Margasira-Markali
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Albany, NY
Sun 5
Sutra 258
Plava 5123

D

Sunday, December 26, 2021

Retreat Star

Kanya Rasi: 2.5 Tithi 22 - 23
855825466
Creative Work Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:11PM - 3:19PM
Yama 11:54AM - 1:03PM
Rahu 3:19PM - 4:27PM
Uttaraphalguni Until 6:50PM
Saubhagya Until 10:24PM
Balava Until 9:30PM
Saptami Until 9:43AM

Ganesha: Purple Sunrise: 7:22AM
Muruga: Clear Sunset: 4:27PM

Nataraja: Orange Moon 12 - Phase 35 - 6th Phase

Moon - Red
Margasira-Markali
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Albany, NY
Sun 6
Sutra 259
Plava 5123

Monday, December 27, 2021

Retreat Star

Kanya Rasi: 16.08 Tithi 23 - 24
85625466
Family Home Evening
Creative Work Siddha Yoga
Until 6:40PM
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:03PM - 2:11PM
Yama 10:47AM - 11:55AM
Rahu 8:30AM - 9:39AM
Hasta Until 6:40PM
Sobhana Until 8:23PM
Taitila Until 8:30PM
Ashtami* Until 9:04AM

Ganesha: Clear Sunrise: 7:22AM
Muruga: Clear Sunset: 4:28PM

Nataraja: Orange Moon 12 - Phase 35 - 7th Phase

Moon - Green
Margasira-Markali
Devaloka Day

Albany, NY
Sun 7
Sutra 260
Plava 5123

1	Tuesday, December 28, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashyam Titau				Albany, NY Sun 8 Sutra 261 Plava 5123
	Kanya Rasi: 29.5	Tithi 24 – 25	Gulika 11:55AM – 1:04PM	Chitra Until 5:43PM	Ganesha: Clear	<i>Sunrise:</i> 7:22AM	
			Yama 9:39AM – 10:47AM	Athiganda* Until 5:49PM	Muruqa: Clear	<i>Sunset:</i> 4:28PM	Moon 12 - Phase 36 - 8
	865825466	Rahu 2:12PM – 3:20PM		Vanija Until 6:50PM	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Green		Devaloka Day	
				Margasira*Markali			

2	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Albany, NY Sun 9 Sutra 262 Plava 5123
	Tula Rasi: 13.55	Tithi 26	Gulika 10:48AM – 11:56AM	Svati Until 4:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:23AM	
			Yama 8:31AM – 9:39AM	Sukarma Until 2:46PM	Muruqa: Clear	<i>Sunset:</i> 4:29PM	Moon 12 - Phase 36 - 9
	865825466	Rahu 11:56AM – 1:04PM		Bava Until 4:33PM	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:11AM Thu	Moon – Green		Devaloka Day	
				Margasira*Markali			

3	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvodashyam Titau				Albany, NY Sun 10 Sutra 263 Plava 5123
	Tula Rasi: 28.24	Tithi 27	Gulika 9:40AM – 10:48AM	Vishakha Until 2:02PM	Ganesha: White	<i>Sunrise:</i> 7:23AM	
			Yama 7:23AM – 8:31AM	Dhriti Until 11:17AM	Muruqa: Clear	<i>Sunset:</i> 4:30PM	Moon 12 - Phase 36 - 10
	875825466	Rahu 1:05PM – 2:13PM		Kaulava Until 1:44PM	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Dvodashi* Until 12:08AM Fri	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

4	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Albany, NY Sun 11 Sutra 264 Plava 5123
	Vrischika Rasi: 13.13	Tithi 28	Gulika 8:32AM – 9:40AM	Anuradha Until 11:30AM	Ganesha: White	<i>Sunrise:</i> 7:23AM	
			Yama 2:14PM – 3:22PM	Shula* Until 7:25AM	Muruqa: Clear	<i>Sunset:</i> 4:31PM	Moon 12 - Phase 36 - 11
	875825466	Rahu 10:48AM – 11:57AM		Gara Until 10:29AM	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:45PM	Moon – Orange		Bhuloka Day	
Until 11:30AM				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Albany, NY Sun 12 Sutra 265 Plava 5123
	Vrischika Rasi: 28.16	Tithi 29 – 30	Gulika 7:23AM – 8:32AM	Jyeshtha* Until 8:35AM	Ganesha: White	<i>Sunrise:</i> 7:23AM	
			Yama 1:06PM – 2:14PM	Vriddhi Until 11:08PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 36 - 12
	875825466	Rahu 9:40AM – 10:49AM		Visti Until 6:59AM	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:09PM	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

●	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Albany, NY Sun 13 Sutra 266 Plava 5123
	Retreat Star		Gulika 2:15PM – 3:24PM	Purvashadha* Until 3:01AM Mon	Ganesha: Green	<i>Sunrise:</i> 7:23AM	
	Dhanus Rasi: 13.25	Tithi 30 – 1	Yama 11:58AM – 1:06PM	Dhruva Until 6:55PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM	Moon 12 - Phase 36 - 13
	885825466	Rahu 3:24PM – 4:32PM		Kintughna Until 11:46PM	Nataraja: Orange		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:32PM	Moon – Light Blue		Bhuloka Day	
Until 3:01AM Mon		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

●	Monday, January 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Albany, NY Sun 14 Sutra 267 Plava 5123
	Retreat Star		Gulika 1:07PM – 2:16PM	Uttarashadha Until 12:18AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:23AM	
	Dhanus Rasi: 28.31	Tithi 1 – 2	Yama 10:50AM – 11:58AM	Vyaghata* Until 2:52PM	Muruqa: Clear	<i>Sunset:</i> 4:33PM	Moon 12 - Phase 36 - 14
	886825466	Rahu 8:32AM – 9:41AM		Balava Until 8:25PM	Nataraja: Orange		Prathama
Routine Work	Marana Yoga		Prathama* Until 10:02AM	Moon – Light Blue		Devaloka Day	
Until 12:18AM Tue				Pausha*Markali			
Then Creative Work - Siddha Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Tuesday, January 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau		Albany, NY Sun 15 Sutra 268 Plava 5123
Makara Rasi: 13.25	Tithi 2 - 3	Gulika 11:59AM - 1:08PM	Shravana Until 10:16PM	Ganesha: Clear	<i>Sunrise:</i> 7:23AM	
		Yama 9:41AM - 10:50AM	Harshana Until 11:06AM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 12 - Phase 37 - 15
		896825466 Rahu 2:17PM - 3:25PM	Gara Until 4:07AM Wed	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:51AM	Moon - Purple		Devaloka Day
				Pausha-Markali		

2		Wednesday, January 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Vanija/Visiti* Karana Chaturthyam Titau		Albany, NY Sun 16 Sutra 269 Plava 5123
Makara Rasi: 27.58	Tithi 4	Gulika 10:50AM - 11:59AM	Dhanishtha Until 8:41PM	Ganesha: Clear	<i>Sunrise:</i> 7:23AM	
		Yama 8:32AM - 9:41AM	Vajra* Until 7:44AM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 37 - 16
		896825466 Rahu 11:59AM - 1:08PM	Vanija Until 3:00PM	Nataraja: Orange		3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 2:01AM Thu	Moon - Purple		Devaloka Day
Until 8:41PM		Subramuniyaswami Jayanti		Pausha-Markali		
Then Creative Work - Siddha Yoga						

3		Thursday, January 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau		Albany, NY Sun 17 Sutra 270 Plava 5123
Kumbha Rasi: 12.04	Tithi 5	Gulika 9:41AM - 10:51AM	Shatabhishak Until 7:41PM	Ganesha: Clear	<i>Sunrise:</i> 7:23AM	
		Yama 7:23AM - 8:32AM	Vyatipata* Until 2:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 37 - 17
		896825466 Rahu 1:09PM - 2:18PM	Bava Until 1:16PM	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 12:41AM Fri	Moon - Purple		Devaloka Day
				Pausha-Markali		

4		Friday, January 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Albany, NY Sun 18 Sutra 271 Plava 5123
Kumbha Rasi: 25.42	Tithi 6	Gulika 8:32AM - 9:42AM	Purvaproshtapada* Until 7:48PM	Ganesha: Red	<i>Sunrise:</i> 7:23AM	
		Yama 2:19PM - 3:28PM	Variyan Until 1:07AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 37 - 18
		816825466 Rahu 10:51AM - 12:00PM	Kaulava Until 12:21PM	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 12:13AM Sat	Moon - Clear		Devaloka Day
				Pausha-Markali		

5		Saturday, January 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Gara/Vanija Karana Saplamyam Titau		Albany, NY Sun 19 Sutra 272 Plava 5123
Meena Rasi: 8.52	Tithi 7	Gulika 7:23AM - 8:32AM	Uttaraproshtapada Until 8:37PM	Ganesha: Red	<i>Sunrise:</i> 7:23AM	
		Yama 1:10PM - 2:19PM	Parigha* Until 12:15AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 37 - 19
		816825466 Rahu 9:42AM - 10:51AM	Gara Until 12:20PM	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:38AM Sun	Moon - Clear		Devaloka Day
Until 8:37PM				Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

Retreat Star		Sunday, January 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Albany, NY Sun 20 Sutra 273 Plava 5123
Meena Rasi: 21.34	Tithi 8	Gulika 2:20PM - 3:30PM	Revati Until 10:07PM	Ganesha: Red	<i>Sunrise:</i> 7:23AM	
		Yama 12:01PM - 1:11PM	Shiva Until 12:03AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 12 - Phase 37 - 20
		816825466 Rahu 3:30PM - 4:39PM	Visti Until 1:11PM	Nataraja: Orange		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 1:54AM Mon	Moon - Clear		Devaloka Day
Until 10:07PM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

Retreat Star		Monday, January 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 21 Sutra 274 Plava 5123
Mesha Rasi: 3.56	Tithi 9	Gulika 1:11PM - 2:21PM	Ashvini Until 12:38AM Tue	Ganesha: Blue	<i>Sunrise:</i> 7:23AM	
		Yama 10:52AM - 12:01PM	Siddha Until 12:22AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 37 - 21
		826825466 Rahu 8:32AM - 9:42AM	Balava Until 2:49PM	Nataraja: Orange		Navami
Family Home Evening			Navami* Until 3:52AM Tue	Moon - White		Sivaloka Day
Creative Work	Siddha Yoga			Pausha-Markali		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Tuesday, January 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau		Albany, NY Sun 22 Sutra 275 Plava 5123	
Mesha Rasi: 16	Tithi 10	Gulika 12:02PM – 1:12PM	Bharani Until 3:29AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:22AM	Muruqa: Clear	<i>Sunset:</i> 4:41PM
		Yama 9:42AM – 10:52AM	Sadhya Until 1:05AM Wed	Nataraja: Orange		Moon – White	Moon 12 - Phase 38 - 22
		827825466 Rahu 2:22PM – 3:32PM	Taitila Until 5:05PM				4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:21AM Wed	Pausha-Markali		Devaloka Day	
Until 3:29AM Wed							
Then Creative Work - Amrita Yoga							

2		Wednesday, January 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Albany, NY Sun 23 Sutra 276 Plava 5123	
Mesha Rasi: 27.53	Tithi 10 – 11	Gulika 10:52AM – 12:02PM	Krittika Until 6:27AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:22AM	Muruqa: Clear	<i>Sunset:</i> 4:43PM
		Yama 8:32AM – 9:42AM	Subha Until 2:04AM Thu	Nataraja: Orange		Moon – White	Moon 12 - Phase 38 - 23
		827825466 Rahu 12:02PM – 1:12PM	Vanija Until 7:43PM				4th Phase
Creative Work	Amrita Yoga		Dashami Until 6:21AM	Pausha-Markali		Devaloka Day	
Until 6:27AM Thu		Vaikuntha Ekadasi					
Then Routine Work - Marana Yoga							

3		Thursday, January 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Visti/Bava Karana Ekadashi/Dvodashyam Titau		Albany, NY Sun 24 Sutra 277 Plava 5123	
Vrishabha Rasi: 9.41	Tithi 11 – 12	Gulika 9:42AM – 10:52AM	Krittika Until 6:27AM	Ganesha: Red	<i>Sunrise:</i> 7:22AM	Muruqa: Clear	<i>Sunset:</i> 4:44PM
		Yama 7:22AM – 8:32AM	Sukla Until 3:05AM Fri	Nataraja: Orange		Moon – White	Moon 12 - Phase 38 - 24
		827825466 Rahu 1:13PM – 2:23PM	Bava Until 10:31PM				4th Phase
Routine Work	Marana Yoga		Ekadashi Until 9:05AM	Pausha-Markali		Devaloka Day	

4		Friday, January 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Albany, NY Sun 25 Sutra 278 Plava 5123	
Vrishabha Rasi: 21.27	Tithi 12 – 13	Gulika 8:32AM – 9:42AM	Rohini Until 9:48AM	Ganesha: Blue	<i>Sunrise:</i> 7:21AM	Muruqa: Clear	<i>Sunset:</i> 4:45PM
		Yama 2:24PM – 3:34PM	Brahma Until 4:02AM Sat	Nataraja: Orange		Moon – Yellow	Moon 12 - Phase 38 - 25
		827825466 Rahu 10:53AM – 12:03PM	Kaulava Until 1:14AM Sat				4th Phase
Routine Work	Marana Yoga		Dvodashi Until 11:52AM	Pausha-Thai		Bhuloka Day	
Until 9:48AM		Thai Pongal				Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

5		Saturday, January 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 26 Sutra 279 Plava 5123	
Mithuna Rasi: 3.16	Tithi 13 – 14	Gulika 7:21AM – 8:31AM	Mrigashira Until 12:52PM	Ganesha: Blue	<i>Sunrise:</i> 7:21AM	Muruqa: Clear	<i>Sunset:</i> 4:46PM
		Yama 1:14PM – 2:25PM	Indra Until 4:50AM Sun	Nataraja: Orange		Moon – Yellow	Moon 12 - Phase 38 - 26
		827825466 Rahu 9:42AM – 10:53AM	Gara Until 3:44AM Sun				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:30PM	Pausha-Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6		Sunday, January 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Albany, NY Sun 27 Sutra 280 Plava 5123	
Mithuna Rasi: 15.1	Tithi 14 – 15	Gulika 2:25PM – 3:36PM	Ardra Until 3:30PM	Ganesha: Blue	<i>Sunrise:</i> 7:20AM	Muruqa: Clear	<i>Sunset:</i> 4:47PM
		Yama 12:04PM – 1:15PM	Vaidhriti* Until 5:21AM Mon	Nataraja: Orange		Moon – Yellow	Moon 12 - Phase 38 - 27
		827825466 Rahu 3:36PM – 4:47PM	Visti Until 5:54AM Mon				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:51PM	Pausha-Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

○		Monday, January 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Bava Karana Purnimayam Titau		Albany, NY Sutra 281 Plava 5123	
Copper Retreat Star		Gulika 1:15PM – 2:26PM	Punarvasu Until 6:06PM	Ganesha: Red	<i>Sunrise:</i> 7:20AM	Muruqa: Purple	<i>Sunset:</i> 4:48PM
Mithuna Rasi: 27.11	Tithi 15	Yama 10:53AM – 12:04PM	Vishkambha* Until 5:35AM Tue	Nataraja: Orange		Moon – Blue	Moon 12 - Phase 38 - Purnima
Family Home Evening		848835466 Rahu 8:31AM – 9:42AM	Bava Until 6:49PM				
Creative Work	Amrita Yoga		Purnima* Until 6:49PM	Pausha-Thai		Sivaloka Day	
Until 6:06PM							
Then Creative Work - Siddha Yoga							

○		Tuesday, January 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Albany, NY Sutra 282 Plava 5123	
Silver Retreat Star		Gulika 12:04PM – 1:16PM	Pushya Until 8:10PM	Ganesha: Red	<i>Sunrise:</i> 7:19AM	Muruqa: Purple	<i>Sunset:</i> 4:50PM
Kataka Rasi: 9.23	Tithi 16	Yama 9:42AM – 10:53AM	Priti Until 5:33AM Wed	Nataraja: Orange		Moon – Blue	Moon 12 - Phase 38 - Prathama
		848835466 Rahu 2:27PM – 3:38PM	Balava Until 7:41AM				
Creative Work	Siddha Yoga		Prathama* Until 8:24PM	Pausha-Thai		Sivaloka Day	
		Thai Pusam					



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY
Sun 1
Sutra 283
Plava 5123
Moon 1 - Phase 39 - 1
1st Phase

Kataka Rasi: 21.44 Tithi 17

848935466 Rahu 12:05PM - 1:16PM

Gulika 10:53AM - 12:05PM
Yama 8:30AM - 9:42AM

Ashlesha* Until 9:42PM
Ayushman Until 5:10AM Thu

Ganesha: Yellow Sunrise: 7:19AM
Muruga: Purple Sunset: 4:51PM

Nataraja: Orange
Moon - Blue

Sivaloka Day

Creative Work Siddha Yoga

Dvitiya Until 9:34PM

Pausha*Thai

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Albany, NY
Sun 2
Sutra 284
Plava 5123
Moon 1 - Phase 39 - 2
1st Phase

Simha Rasi: 4.15 Tithi 18

858935466 Rahu 1:17PM - 2:28PM

Gulika 9:42AM - 10:53AM
Yama 7:18AM - 8:30AM

Magha* Until 11:10PM
Saubhagya Until 4:31AM Fri

Ganesha: White Sunrise: 7:18AM
Muruga: Purple Sunset: 4:52PM

Nataraja: Orange
Moon - Red

Devaloka Day

Creative Work Amrita Yoga

Until 11:10PM

Then Creative Work - Siddha Yoga

Tritiya Until 10:21PM

Pausha*Thai

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Albany, NY
Sun 3
Sutra 285
Plava 5123
Moon 1 - Phase 39 - 3
1st Phase

Simha Rasi: 16.57 Tithi 19

858935466 Rahu 10:53AM - 12:05PM

Gulika 8:29AM - 9:41AM
Yama 2:29PM - 3:41PM

Purvaphalguni Until 12:06AM Sat
Sobhana Until 3:35AM Sat

Ganesha: White Sunrise: 7:17AM
Muruga: Purple Sunset: 4:53PM

Nataraja: Orange
Moon - Red

Devaloka Day

Creative Work Siddha Yoga

Until 12:06AM Sat

Then Routine Work - Marana Yoga

Chaturthi* Until 10:45PM

Pausha*Thai

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Albany, NY
Sun 4
Sutra 286
Plava 5123
Moon 1 - Phase 39 - 4
1st Phase

Simha Rasi: 29.5 Tithi 20

858935466 Rahu 9:41AM - 10:53AM

Gulika 7:17AM - 8:29AM
Yama 1:18PM - 2:30PM

Uttaraphalguni Until 12:30AM Sun
Athiganda* Until 2:18AM Sun

Ganesha: White Sunrise: 7:17AM
Muruga: Purple Sunset: 4:54PM

Nataraja: Orange
Moon - Red

Devaloka Day

Routine Work Marana Yoga

Until 12:30AM Sun

Then Creative Work - Amrita Yoga

Panchami Until 10:44PM

Pausha*Thai

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Albany, NY
Sun 5
Sutra 287
Plava 5123
Moon 1 - Phase 39 - 5
1st Phase

Kanya Rasi: 12.55 Tithi 21

868935466 Rahu 3:43PM - 4:56PM

Gulika 2:31PM - 3:43PM
Yama 12:06PM - 1:18PM

Hasta Until 12:47AM Mon
Sukarma Until 12:42AM Mon

Ganesha: Clear Sunrise: 7:16AM
Muruga: Purple Sunset: 4:56PM

Nataraja: Orange
Moon - Green

Sivaloka Day

Creative Work Amrita Yoga

Until 12:47AM Mon

Then Routine Work - Prabalarishta Yoga

Shashthi* Until 10:18PM

Pausha*Thai

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Albany, NY
Sun 6
Sutra 288
Plava 5123
Moon 1 - Phase 39 - 6
1st Phase

Kanya Rasi: 26.14 Tithi 22

969935466 Rahu 8:28AM - 9:41AM

Gulika 1:19PM - 2:32PM
Yama 10:53AM - 12:06PM

Chitra Until 12:28AM Tue
Dhriti Until 10:45PM

Ganesha: Green Sunrise: 7:15AM
Muruga: Purple Sunset: 4:57PM

Nataraja: Orange
Moon - Green

Devaloka Day

Family Home Evening Prabalarishta Yoga

Until 12:28AM Tue

Then Creative Work - Siddha Yoga

Saptami Until 9:24PM

Pausha*Thai

D

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Albany, NY
Sun 7
Sutra 289
Plava 5123
Moon 1 - Phase 39 - 7
Ashtami

Tula Rasi: 9.49 Tithi 23

969935466 Rahu 2:32PM - 3:45PM

Gulika 12:06PM - 1:19PM
Yama 9:40AM - 10:53AM

Svati Until 11:31PM
Shula* Until 8:23PM

Ganesha: Green Sunrise: 7:14AM
Muruga: Purple Sunset: 4:58PM

Nataraja: Orange
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Until 11:31PM

Then Routine Work - Marana Yoga

Ashtami* Until 8:01PM

Pausha*Thai

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY
Sun 8
Sutra 290
Plava 5123
Moon 1 - Phase 39 - 8
Navami

Tula Rasi: 23.41 Tithi 24

979935466 Rahu 12:07PM - 1:20PM

Gulika 10:53AM - 12:07PM
Yama 8:27AM - 9:40AM

Vishakha Until 10:23PM
Ganda* Until 5:39PM

Ganesha: Orange Sunrise: 7:14AM
Muruga: Purple Sunset: 5:00PM

Nataraja: Orange
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Navami* Until 6:08PM


Pausha*Thai

1	Thursday, January 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Albany, NY
	Wrischika Rasi: 7.51	Tithi 25 – 26	Gulika 9:40AM – 10:53AM	Anuradha Until 8:40PM	Ganesha: Orange	<i>Sunrise:</i> 7:13AM	Sun 9 Sutra 291
Until 8:40PM		Yama 7:13AM – 8:26AM	Vridhhi Until 2:34PM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Plava 5123	
Then Routine Work - Prabalarishta Yoga	979935466	Rahu 1:20PM – 2:34PM	Bava Until 2:31AM Fri	Nataraja: Orange		Moon 1 - Phase 40 - 9	
			Dashami Until 3:49PM	Moon – Orange		2nd Phase	
				Pausha -Thai		Sivaloka Day	

2	Friday, January 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Albany, NY
	Wrischika Rasi: 22.19	Tithi 26 – 27	Gulika 8:26AM – 9:39AM	Jyeshtha* Until 6:27PM	Ganesha: Orange	<i>Sunrise:</i> 7:12AM	Sun 10 Sutra 292
Until 6:27PM		Yama 2:35PM – 3:48PM	Dhruva Until 11:08AM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Plava 5123	
Then Creative Work - Amrita Yoga	979935466	Rahu 10:53AM – 12:07PM	Kaulava Until 11:39PM	Nataraja: Orange		Moon 1 - Phase 40 - 10	
			Ekadashi* Until 1:06PM	Moon – Orange		2nd Phase	
				Pausha -Thai		Sivaloka Day	

3	Saturday, January 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Albany, NY
	Dhanus Rasi: 6.59	Tithi 27 – 28	Gulika 7:11AM – 8:25AM	Mula* Until 4:16PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:11AM	Sun 11 Sutra 293
Until 6:27PM		Yama 1:21PM – 2:35PM	Vyaghata* Until 7:29AM	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Plava 5123	
Then Creative Work - Amrita Yoga	989935466	Rahu 9:39AM – 10:53AM	Gara Until 8:33PM	Nataraja: Orange		Moon 1 - Phase 40 - 11	
			Dvadashi* Until 10:06AM	Moon – Light Blue		2nd Phase	
				Pausha -Thai		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

4	Sunday, January 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanja/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Albany, NY
	Dhanus Rasi: 21.49	Tithi 28 – 29	Gulika 2:36PM – 3:50PM	Purvashadha* Until 1:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:10AM	Sun 12 Sutra 294
Until 1:49PM		Yama 12:07PM – 1:22PM	Vajra* Until 11:51PM	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Plava 5123	
Then Creative Work - Amrita Yoga	989935466	Rahu 3:50PM – 5:05PM	Sakuni Until 3:46AM Mon	Nataraja: Orange		Moon 1 - Phase 40 - 12	
			Trayodashi* Until 6:57AM	Moon – Light Blue		2nd Phase	
				Pausha -Thai		Devaloka Day	

	Monday, January 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Albany, NY
	Retreat Star		Gulika 1:22PM – 2:37PM	Uttarashadha Until 11:16AM	Ganesha: Orange	<i>Sunrise:</i> 7:09AM	Sun 13 Sutra 295
Makara Rasi: 6.4	Tithi 30	Yama 10:53AM – 12:08PM	Siddhi Until 8:07PM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Plava 5123	
Family Home Evening	981935466	Rahu 8:24AM – 9:38AM	Catuspada Until 2:15PM	Nataraja: Orange		Moon 1 - Phase 40 - 13	
Then Creative Work - Amrita Yoga			Amavasya* Until 12:45AM Tue	Moon – Light Blue		Amavasya	
				Pausha -Thai		Sivaloka Day	

Retreat Star	Tuesday, February 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukra Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Albany, NY
	Makara Rasi: 21.23	Tithi 1	Gulika 12:08PM – 1:22PM	Shravana Until 9:12AM	Ganesha: Clear	<i>Sunrise:</i> 7:09AM	Sun 14 Sutra 296
Until 11:16AM		Yama 9:38AM – 10:53AM	Vyatipata* Until 4:37PM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Plava 5123	
Then Creative Work - Amrita Yoga	991935466	Rahu 2:37PM – 3:51PM	Kintughna Until 11:21AM	Nataraja: Orange		Moon 1 - Phase 40 - 14	
			Prathama* Until 10:01PM	Moon – Purple		Prathama	
				Magha -Thai		Sivaloka Day	

1		Wednesday, February 2, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY
Kumbha Rasi: 5.5	Tithi 2	Gulika	10:53AM – 12:08PM	Dhanishtha Until 7:22AM	Ganesha: Clear	<i>Sunrise: 7:08AM</i>	Sun 15	Sutra 297
		Yama	8:23AM – 9:38AM	Variyan Until 1:26PM	Muruqa: Purple	<i>Sunset: 5:07PM</i>		Plava 5123
		991935466 Rahu	12:08PM – 1:23PM	Balava Until 8:51AM	Nataraja: Orange		Moon 1 - Phase 41 - 15	3rd Phase
Routine Work	Prabalarishta Yoga			Dvitiya Until 7:46PM	Moon – Purple		Sivaloka Day	
Until 7:22AM					Magha-Thai			
Then Creative Work - Siddha Yoga								

2		Thursday, February 3, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Albany, NY
Kumbha Rasi: 19.57	Tithi 3	Gulika	9:37AM – 10:53AM	Purvaproshtapada* Until 5:27AM Fri	Ganesha: Clear	<i>Sunrise: 7:07AM</i>	Sun 16	Sutra 298
		Yama	7:07AM – 8:22AM	Parigha* Until 10:44AM	Muruqa: Purple	<i>Sunset: 5:09PM</i>		Plava 5123
		991935467 Rahu	1:23PM – 2:38PM	Taitila Until 6:54AM	Nataraja: Clear		Moon 1 - Phase 41 - 16	3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 6:09PM	Moon – Purple		Sivaloka Day	
					Magha-Thai			

3		Friday, February 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Albany, NY
Meena Rasi: 3.38	Tithi 4 – 5	Gulika	8:21AM – 9:37AM	Uttaraproshtapada Until 5:37AM Sat	Ganesha: Purple	<i>Sunrise: 7:06AM</i>	Sun 17	Sutra 299
		Yama	2:39PM – 3:54PM	Shiva Until 8:38AM	Muruqa: Purple	<i>Sunset: 5:10PM</i>		Plava 5123
		991935467 Rahu	10:52AM – 12:08PM	Bava Until 5:12AM Sat	Nataraja: Clear		Moon 1 - Phase 41 - 17	3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 5:18PM	Moon – Clear		Subha Sivaloka Day	
Until 5:37AM Sat					Magha-Thai			
Then Routine Work - Prabalarishta Yoga								

4		Saturday, February 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY
Meena Rasi: 16.52	Tithi 5 – 6	Gulika	7:05AM – 8:21AM	Revati Until 6:29AM Sun	Ganesha: Purple	<i>Sunrise: 7:05AM</i>	Sun 18	Sutra 300
		Yama	1:24PM – 2:40PM	Siddha Until 7:09AM	Muruqa: Purple	<i>Sunset: 5:11PM</i>		Plava 5123
		991935467 Rahu	9:36AM – 10:52AM	Kaulava Until 5:38AM Sun	Nataraja: Clear		Moon 1 - Phase 41 - 18	3rd Phase
Routine Work	Prabalarishta Yoga			Panchami Until 5:17PM	Moon – Clear		Subha Sivaloka Day	
Until 6:29AM Sun					Magha-Thai			
Then Creative Work - Siddha Yoga								

5		Sunday, February 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila Karana Shashthyam Titau				Albany, NY
Meena Rasi: 29.39	Tithi 6	Gulika	2:40PM – 3:56PM	Revati Until 6:29AM	Ganesha: Purple	<i>Sunrise: 7:04AM</i>	Sun 19	Sutra 301
		Yama	12:08PM – 1:24PM	Sadhya Until 6:21AM	Muruqa: Purple	<i>Sunset: 5:13PM</i>		Plava 5123
		991935467 Rahu	3:56PM – 5:13PM	Taitila Until 6:09PM	Nataraja: Clear		Moon 1 - Phase 41 - 19	3rd Phase
Creative Work	Amrita Yoga			Shashthi* Until 6:09PM	Moon – Clear		Subha Sivaloka Day	
Until 6:29AM					Magha-Thai			
Then Creative Work - Siddha Yoga								

6		Monday, February 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Albany, NY
Mesha Rasi: 12.04	Tithi 7	Gulika	1:25PM – 2:41PM	Ashvini Until 8:28AM	Ganesha: Clear	<i>Sunrise: 7:03AM</i>	Sun 20	Sutra 302
Family Home Evening		Yama	10:52AM – 12:08PM	Subha Until 6:12AM	Muruqa: Purple	<i>Sunset: 5:14PM</i>		Plava 5123
		921935467 Rahu	8:19AM – 9:35AM	Gara Until 6:54AM	Nataraja: Clear		Moon 1 - Phase 41 - 20	3rd Phase
Creative Work	Siddha Yoga			Saptami Until 7:48PM	Moon – White		Sivaloka Day	
					Magha-Thai			

Retreat Star		Tuesday, February 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Albany, NY
Mesha Rasi: 24.11	Tithi 8	Gulika	12:08PM – 1:25PM	Bharani Until 10:57AM	Ganesha: Clear	<i>Sunrise: 7:01AM</i>	Sun 21	Sutra 303
		Yama	9:35AM – 10:52AM	Sukla Until 6:34AM	Muruqa: Purple	<i>Sunset: 5:15PM</i>		Plava 5123
		921935467 Rahu	2:42PM – 3:58PM	Visti Until 8:53AM	Nataraja: Clear		Moon 1 - Phase 41 - 21	Ashtami
Creative Work	Siddha Yoga			Ashtami* Until 10:03PM	Moon – White		Sivaloka Day	
					Magha-Thai			

Retreat Star		Wednesday, February 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau				Albany, NY
Vrishabha Rasi: 6.05	Tithi 9	Gulika	10:51AM – 12:08PM	Krittika Until 1:44PM	Ganesha: Clear	<i>Sunrise: 7:00AM</i>	Sun 22	Sutra 304
		Yama	8:17AM – 9:34AM	Brahma Until 7:20AM	Muruqa: Purple	<i>Sunset: 5:16PM</i>		Plava 5123
		921935467 Rahu	12:08PM – 1:25PM	Balava Until 11:22AM	Nataraja: Clear		Moon 1 - Phase 41 - 22	Navami
Creative Work	Amrita Yoga			Navami* Until 12:41AM Thu	Moon – White		Sivaloka Day	
Until 1:44PM					Magha-Thai			
Then Creative Work - Siddha Yoga								

1	Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau				Albany, NY Sun 23 Sutra 305 Plava 5123
	Vrishabha Rasi: 17.54	Tithi 10	931935467	Gulika 9:34AM – 10:51AM Yama 6:59AM – 8:16AM Rahu 1:26PM – 2:43PM	Rohini Until 5:03PM Indra Until 8:20AM Taitila Until 2:05PM Dashami Until 3:26AM Fri	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha•Thai	Sunrise: 6:59AM Sunset: 5:18PM Moon 1 - Phase 42 - 23 4th Phase Subha Sivaloka Day
	Routine Work Marana Yoga						

2	Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY Sun 24 Sutra 306 Plava 5123
	Vrishabha Rasi: 29.41	Tithi 11	932935467	Gulika 8:15AM – 9:33AM Yama 2:44PM – 4:01PM Rahu 10:51AM – 12:08PM	Mrigashira Until 8:09PM Vaidhriti* Until 9:19AM Vanija Until 4:46PM Ekadashi Until 6:01AM Sat	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Yellow Magha•Thai	Sunrise: 6:58AM Sunset: 5:19PM Moon 1 - Phase 42 - 24 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

3	Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Albany, NY Sun 25 Sutra 307 Plava 5123
	Mithuna Rasi: 11.32	Tithi 11 – 12	932135467	Gulika 6:56AM – 8:14AM Yama 1:26PM – 2:44PM Rahu 9:32AM – 10:50AM	Ardra Until 10:48PM Vishkambha* Until 10:10AM Bava Until 7:12PM Ekadashi Until 6:01AM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Yellow Magha•Masi	Sunrise: 6:56AM Sunset: 5:20PM Moon 1 - Phase 42 - 25 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

4	Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Albany, NY Sun 26 Sutra 308 Plava 5123
	Mithuna Rasi: 23.31	Tithi 12 – 13	942135467	Gulika 2:45PM – 4:03PM Yama 12:08PM – 1:27PM Rahu 4:03PM – 5:22PM	Punarvasu Until 1:23AM Mon Priti Until 10:45AM Kaulava Until 9:13PM Dvadashi Until 8:15AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue Magha•Masi	Sunrise: 6:55AM Sunset: 5:22PM Moon 1 - Phase 42 - 26 4th Phase Devaloka Day
	Creative Work Siddha Yoga						
	<i>Pradosha Vrata</i>						

5	Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Albany, NY Sun 27 Sutra 309 Plava 5123
	Kataka Rasi: 5.41	Tithi 13 – 14	942135467	Gulika 1:27PM – 2:46PM Yama 10:50AM – 12:08PM Rahu 8:12AM – 9:31AM	Pushya Until 3:18AM Tue Ayushman Until 10:57AM Gara Until 10:42PM Trayodashi Until 10:00AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue Magha•Masi	Sunrise: 6:54AM Sunset: 5:23PM Moon 1 - Phase 42 - 27 4th Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga			Chidambaram Abhishekam			

	Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Albany, NY Sun 28 Sutra 310 Plava 5123		
	Copper Retreat Star		Kataka Rasi: 18.04	Tithi 14 – 15	942135467	Gulika 12:08PM – 1:27PM Yama 9:30AM – 10:49AM Rahu 2:46PM – 4:05PM	Ashlesha* Until 4:33AM Wed Saubhagya Until 10:46AM Visti Until 11:40PM Chaturdashi* Until 11:14AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue Magha•Masi	Sunrise: 6:52AM Sunset: 5:24PM Moon 1 - Phase 42 - Purnima Devaloka Day
	Creative Work Siddha Yoga								

	Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Albany, NY Sun 29 Sutra 311 Plava 5123		
	Silver Retreat Star		Simha Rasi: 0.4	Tithi 15 – 16	952135467	Gulika 10:49AM – 12:08PM Yama 8:10AM – 9:30AM Rahu 12:08PM – 1:28PM	Magha* Until 5:39AM Thu Sobhana Until 10:12AM Balava Until 12:08AM Thu Purnima* Until 11:57AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Red Magha•Masi	Sunrise: 6:51AM Sunset: 5:26PM Moon 1 - Phase 42 - Prathama Sivaloka Day
	Creative Work Siddha Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Albany, NY on 5/23/19

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Thursday, February 17, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Albany, NY

Sutra 312

Plava 5123

Simha Rasi: 13.31 Tithi 16 - 17

952135467

Gulika 9:29AM - 10:49AM
Yama 6:50AM - 8:09AM
Rahu 1:28PM - 2:48PM

Purvaphalguni Until 6:09AM Fri
Athiganda* Until 9:13AM
Taitila Until 12:08AM Fri
Prathama* Until 12:10PM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 6:50AM
Sunset: 5:27PM

Moon 2 - Phase 43 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Friday, February 18, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Albany, NY

Sutra 313

Plava 5123

Simha Rasi: 26.34 Tithi 17 - 18

952135467

Gulika 8:08AM - 9:28AM
Yama 2:48PM - 4:08PM
Rahu 10:48AM - 12:08PM

Purvaphalguni Until 6:09AM
Sukarma Until 7:56AM
Vanija Until 11:46PM
Dvitiya Until 11:59AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 6:48AM
Sunset: 5:29PM

Sun 1
Moon 2 - Phase 43 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, February 19, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Albany, NY

Sutra 314

Plava 5123

Kanya Rasi: 9.49 Tithi 18 - 19

952135467

Gulika 6:47AM - 8:07AM
Yama 1:28PM - 2:49PM
Rahu 9:27AM - 10:48AM

Uttaraphalguni Until 6:10AM
Dhriti Until 6:23AM
Bava Until 11:04PM
Tritiya Until 11:26AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 6:47AM
Sunset: 5:29PM

Sun 2
Moon 2 - Phase 43 - 2nd Phase

Sivaloka Day

Routine Work Marana Yoga

Maha Sankatahara Chaturthi

3

Sunday, February 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Albany, NY

Sutra 315

Plava 5123

Kanya Rasi: 23.14 Tithi 19 - 20

962135467

Gulika 2:49PM - 4:10PM
Yama 12:08PM - 1:29PM
Rahu 4:10PM - 5:31PM

Hasta Until 6:10AM
Ganda* Until 2:33AM Mon
Kaulava Until 10:05PM
Chaturthi* Until 10:35AM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:45AM
Sunset: 5:31PM

Sun 3
Moon 2 - Phase 43 - 3rd Phase

Devaloka Day

Creative Work Amrita Yoga

Until 6:10AM

Then Creative Work - Siddha Yoga

4

Monday, February 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sutra 316

Plava 5123

Tula Rasi: 6.47 Tithi 20 - 21

962135467

Gulika 1:29PM - 2:50PM
Yama 10:47AM - 12:08PM
Rahu 8:05AM - 9:26AM

Svati Until 4:57AM Tue
Vriddhi Until 12:20AM Tue
Gara Until 8:50PM
Panchami Until 9:28AM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:44AM
Sunset: 5:32PM

Sun 4
Moon 2 - Phase 43 - 4th Phase

Devaloka Day

Creative Work Amrita Yoga

Until 4:57AM Tue

Then Routine Work - Marana Yoga

5

Tuesday, February 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY

Sutra 317

Plava 5123

Tula Rasi: 20.31 Tithi 21 - 22

972135467

Gulika 12:08PM - 1:29PM
Yama 9:25AM - 10:46AM
Rahu 2:50PM - 4:12PM

Vishakha Until 4:11AM Wed
Dhruva Until 9:55PM
Visti Until 7:21PM
Shashthi* Until 8:06AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:42AM
Sunset: 5:33PM

Sun 5
Moon 2 - Phase 43 - 5th Phase

Sivaloka Day

Routine Work Marana Yoga

Until 4:11AM Wed

Then Creative Work - Siddha Yoga

D

Wednesday, February 23, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Albany, NY

Sutra 318

Plava 5123

Vrischika Rasi: 4.22 Tithi 22 - 23

972135467

Gulika 10:46AM - 12:08PM
Yama 8:03AM - 9:24AM
Rahu 12:08PM - 1:29PM

Anuradha Until 3:02AM Thu
Vyaghata* Until 7:17PM
Kaulava Until 4:38AM Thu
Saptami Until 6:29AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:41AM
Sunset: 5:34PM

Sun 6
Moon 2 - Phase 43 - 6th Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 3:02AM Thu

Then Routine Work - Prabalarishta Yoga

Thursday, February 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Albany, NY

Sutra 319

Plava 5123

Vrischika Rasi: 18.23 Tithi 24

973135467

Gulika 9:24AM - 10:46AM
Yama 6:39AM - 8:02AM
Rahu 1:30PM - 2:52PM

Jyeshtha* Until 1:31AM Fri
Harshana Until 4:30PM
Taitila Until 3:37PM
Navami* Until 2:31AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:39AM
Sunset: 5:36PM

Sun 7
Moon 2 - Phase 43 - 7th Phase

Subha Sivaloka Day

Routine Work Prabalarishta Yoga

Until 1:31AM Fri

Then Creative Work - Amrita Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Albany, NY on 5/23/19

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1		Friday, February 25, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Albany, NY Sun 8 Sutra 320 Plava 5123	
Dhanus Rasi: 2.34	Tithi 25	Gulika 8:00AM – 9:23AM	Mula* Until 12:04AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Moon 2 - Phase 44 - 8	
		Yama 2:52PM – 4:15PM	Vajra* Until 1:29PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	2nd Phase	
		983135467 Rahu 10:45AM – 12:07PM	Vanija Until 1:25PM	Nataraja: Clear		Sivaloka Day	
Creative Work	Amrita Yoga		Dashami Until 12:13AM Sat	Moon – Light Blue			
Until 12:04AM Sat				Magha-Masi			
Then Creative Work - Siddha Yoga							
2		Saturday, February 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipala* Yoga Bava/Balava Karana Ekadashyam Titau		Albany, NY Sun 9 Sutra 321 Plava 5123	
Dhanus Rasi: 16.52	Tithi 26	Gulika 6:36AM – 7:59AM	Purvashadha* Until 10:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	Moon 2 - Phase 44 - 9	
		Yama 1:30PM – 2:53PM	Siddhi Until 10:21AM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	2nd Phase	
		983135467 Rahu 9:22AM – 10:45AM	Bava Until 11:01AM	Nataraja: Clear		Sivaloka Day	
Creative Work	Siddha Yoga		Ekadashi* Until 9:46PM	Moon – Light Blue			
Until 10:20PM				Magha-Masi			
Then Routine Work - Marana Yoga							
3		Sunday, February 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipala*/Variyan Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Albany, NY Sun 10 Sutra 322 Plava 5123	
Makara Rasi: 1.16	Tithi 27	Gulika 2:53PM – 4:16PM	Uttarashadha Until 8:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Moon 2 - Phase 44 - 10	
		Yama 12:07PM – 1:30PM	Vyatipala* Until 7:09AM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	2nd Phase	
		983135467 Rahu 4:16PM – 5:39PM	Kaulava Until 8:32AM	Nataraja: Clear		Sivaloka Day	
Creative Work	Amrita Yoga		Dvadashti* Until 7:15PM	Moon – Light Blue			
Until 6:49PM				Magha-Masi			
Then Creative Work - Siddha Yoga							
4		Monday, February 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 11 Sutra 323 Plava 5123	
Makara Rasi: 15.4	Tithi 28 – 29	Gulika 1:30PM – 2:54PM	Shravana Until 6:49PM	Ganesha: Orange	<i>Sunrise:</i> 6:33AM	Moon 2 - Phase 44 - 11	
Family Home Evening		Yama 10:44AM – 12:07PM	Parigha* Until 12:46AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:41PM	2nd Phase	
Creative Work	Amrita Yoga	983135467 Rahu 7:57AM – 9:20AM	Gara Until 6:02AM	Nataraja: Clear		Sivaloka Day	
Until 6:49PM			Trayodashi* Until 4:48PM	Moon – Purple			
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)	Pradosha Vrata (Fasting)	Magha-Masi			
		Mahasivaratri (Solar)					
Retreat Star		Tuesday, March 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		Albany, NY Sun 12 Sutra 324 Plava 5123	
Makara Rasi: 29.59	Tithi 29 – 30	Gulika 12:07PM – 1:31PM	Dhanishtha Until 5:17PM	Ganesha: Orange	<i>Sunrise:</i> 6:30AM	Moon 2 - Phase 44 - 12	
		Yama 9:18AM – 10:42AM	Shiva Until 9:49PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Amavasya	
		983135467 Rahu 2:55PM – 4:19PM	Catuspada Until 1:31AM Wed	Nataraja: Clear		Sivaloka Day	
Creative Work	Siddha Yoga		Chaturdashil* Until 2:32PM	Moon – Purple			
Until 5:17PM				Magha-Masi			
Then Routine Work - Marana Yoga							
Retreat Star		Wednesday, March 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Albany, NY Sun 13 Sutra 325 Plava 5123	
Kumbha Rasi: 14.07	Tithi 30 – 1	Gulika 10:42AM – 12:06PM	Shatabhishak Until 3:57PM	Ganesha: Orange	<i>Sunrise:</i> 6:28AM	Moon 2 - Phase 44 - 13	
		Yama 7:53AM – 9:17AM	Siddha Until 7:10PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Prathama	
		983135467 Rahu 12:06PM – 1:31PM	Kintughna Until 11:48PM	Nataraja: Clear		Sivaloka Day	
Creative Work	Siddha Yoga		Amavasya* Until 12:35PM	Moon – Purple			
Until 3:57PM				Phalgun-Masi			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Albany, NY Sun 14 Sutra 326 Plava 5123	
Kumbha Rasi: 27.59	Tithi 1 – 2	Gulika Yama 913135467	9:17AM – 10:41AM 6:27AM – 7:52AM Rahu 1:31PM – 2:56PM	Purvaproshtapada* Until 3:24PM Sadhya Until 4:56PM Balava Until 10:37PM Prathama* Until 11:07AM	Ganesha: Green Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 6:27AM Sunset: 5:45PM	Moon 2 - Phase 45 - 14 3rd Phase Subha Sivaloka Day
Creative Work	Siddha Yoga						
2		Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Albany, NY Sun 15 Sutra 327 Plava 5123	
Meena Rasi: 11.3	Tithi 2 – 3	Gulika Yama 913135467	7:50AM – 9:16AM 2:56PM – 4:22PM Rahu 10:41AM – 12:06PM	Uttaraproshtapada Until 3:20PM Subha Until 3:13PM Taitila Until 10:06PM Dvitiya Until 10:15AM	Ganesha: Green Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 6:25AM Sunset: 5:47PM	Moon 2 - Phase 45 - 15 3rd Phase Subha Sivaloka Day
Creative Work	Siddha Yoga						
3		Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Albany, NY Sun 16 Sutra 328 Plava 5123	
Meena Rasi: 24.38	Tithi 3 – 4	Gulika Yama 113135467	6:24AM – 7:49AM 1:31PM – 2:57PM Rahu 9:15AM – 10:40AM	Revati Until 3:48PM Sukla Until 2:03PM Vanija Until 10:20PM Tritiya Until 10:06AM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 6:24AM Sunset: 5:48PM	Moon 2 - Phase 45 - 16 3rd Phase Sivaloka Day
Routine Work	Prabalarishta Yoga						
Until 3:48PM							
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day					
4		Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Albany, NY Sun 17 Sutra 329 Plava 5123	
Mesha Rasi: 7.25	Tithi 4 – 5	Gulika Yama 123135467	2:57PM – 4:23PM 12:06PM – 1:31PM Rahu 4:23PM – 5:49PM	Ashvini Until 5:20PM Brahma Until 1:29PM Bava Until 11:20PM Chaturthi* Until 10:43AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 6:22AM Sunset: 5:49PM	Moon 2 - Phase 45 - 17 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga						
Until 5:20PM							
Then Routine Work - Prabalarishta Yoga							
5		Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Albany, NY Sun 18 Sutra 330 Plava 5123	
Mesha Rasi: 19.5	Tithi 5 – 6	Gulika Yama 123135467	1:32PM – 2:58PM 10:39AM – 12:05PM Rahu 7:47AM – 9:13AM	Bharani Until 7:25PM Indra Until 1:30PM Kaulava Until 1:02AM Tue Panchami Until 12:05PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 6:20AM Sunset: 5:50PM	Moon 2 - Phase 45 - 18 3rd Phase Sivaloka Day
Family Home Evening							
Creative Work	Siddha Yoga						
Until 7:25PM							
Then Routine Work - Marana Yoga							
6		Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Albany, NY Sun 19 Sutra 331 Plava 5123	
Virshabha Rasi: 1.59	Tithi 6 – 7	Gulika Yama 123135477	12:05PM – 1:32PM 9:12AM – 10:38AM Rahu 2:58PM – 4:25PM	Krittika Until 9:53PM Vaidhriti* Until 1:58PM Gara Until 3:16AM Wed Shashthi* Until 2:04PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – White	Sunrise: 6:19AM Sunset: 5:51PM	Moon 2 - Phase 45 - 19 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 9:53PM							
Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Albany, NY Sun 20 Sutra 332 Plava 5123	
Virshabha Rasi: 13.56	Tithi 7 – 8	Gulika Yama 133235477	10:38AM – 12:05PM 7:44AM – 9:11AM Rahu 12:05PM – 1:32PM	Rohini Until 1:02AM Thu Vishkambha* Until 2:46PM Visti Until 5:50AM Thu Saptami Until 4:30PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Yellow	Sunrise: 6:17AM Sunset: 5:53PM	Moon 2 - Phase 45 - 20 3rd Phase Devaloka Day
Creative Work	Siddha Yoga						
Until 1:02AM Thu							
Then Routine Work - Marana Yoga							
Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Bava Karana Ashtamyam Titau		Albany, NY Sun 21 Sutra 333 Plava 5123	
Virshabha Rasi: 25.46	Tithi 8	Gulika Yama 134235477	9:10AM – 10:37AM 6:15AM – 7:43AM Rahu 1:32PM – 2:59PM	Mrigashira Until 4:06AM Fri Priti Until 3:45PM Bava Until 7:07PM Ashtami* Until 7:07PM	Ganesha: Purple Muruqa: Clear Nataraja: Green Moon – Yellow	Sunrise: 6:15AM Sunset: 5:54PM	Moon 2 - Phase 45 - 21 Ashtami Sivaloka Day
Routine Work	Marana Yoga						
Until 4:06AM Fri							
Then Creative Work - Siddha Yoga							
Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Albany, NY Sun 22 Sutra 334 Plava 5123	
Mithuna Rasi: 7.35	Tithi 9	Gulika Yama 134235477	7:41AM – 9:09AM 3:00PM – 4:27PM Rahu 10:37AM – 12:04PM	Ardra Until 6:52AM Sat Ayushman Until 4:40PM Balava Until 8:27AM Navami* Until 9:40PM	Ganesha: Purple Muruqa: Clear Nataraja: Green Moon – Yellow	Sunrise: 6:14AM Sunset: 5:55PM	Moon 2 - Phase 45 - 22 Navami Sivaloka Day
Creative Work	Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1		Saturday, March 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Albany, NY
Mithuna Rasi: 19.28	Tithi 10	Gulika 6:12AM – 7:40AM	Ardra Until 6:52AM	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	Sun 23	Sutra 335	Plava 5123
		Yama 1:32PM – 3:00PM	Saubhagya Until 5:23PM	Muruqa: Clear	<i>Sunset:</i> 5:56PM			Moon 2 - Phase 46 - 23
Creative Work	Siddha Yoga	134235477 Rahu 9:08AM – 10:36AM	Taitila Until 10:51AM	Nataraja: Green				4th Phase
			Dashami Until 11:53PM	Moon – Yellow		Sivaloka Day		
				Phalgun-Masi				

2		Sunday, March 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Albany, NY
Kataka Rasi: 1.3	Tithi 11	Gulika 3:01PM – 4:29PM	Punarvasu Until 9:35AM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Sun 24	Sutra 336	Plava 5123
		Yama 12:04PM – 1:32PM	Sobhana Until 5:47PM	Muruqa: Clear	<i>Sunset:</i> 5:57PM			Moon 2 - Phase 46 - 24
Creative Work	Siddha Yoga	144235477 Rahu 4:29PM – 5:57PM	Vanija Until 12:51PM	Nataraja: Green				4th Phase
			Ekadashi Until 1:37AM Mon	Moon – Blue		Devaloka Day		
				Phalgun-Masi				

3		Monday, March 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvodashyam Titau				Albany, NY
Kataka Rasi: 13.45	Tithi 12	Gulika 1:32PM – 3:01PM	Pushya Until 11:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	Sun 25	Sutra 337	Plava 5123
Family Home Evening		Yama 10:35AM – 12:03PM	Athiganda* Until 5:43PM	Muruqa: Clear	<i>Sunset:</i> 5:59PM			Moon 2 - Phase 46 - 25
Creative Work	Siddha Yoga	144235477 Rahu 7:37AM – 9:06AM	Bava Until 2:16PM	Nataraja: Green				4th Phase
			Dvodashi Until 2:44AM Tue	Moon – Blue		Devaloka Day		
		Karadayyan Nombu (Tamil Nadu)		Phalgun-Panguni				

4		Tuesday, March 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Albany, NY
Kataka Rasi: 26.16	Tithi 13	Gulika 12:03PM – 1:32PM	Ashlesha* Until 12:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Sun 26	Sutra 338	Plava 5123
		Yama 9:05AM – 10:34AM	Sukarma Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 6:00PM			Moon 2 - Phase 46 - 26
Creative Work	Siddha Yoga	144235478 Rahu 3:01PM – 4:31PM	Kaulava Until 3:04PM	Nataraja: White				4th Phase
			Trayodashi Until 3:11AM Wed	Moon – Blue		Devaloka Day		
				Phalgun-Panguni				
				<i>Pradosha Vrata</i>				

5		Wednesday, March 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Albany, NY
Simha Rasi: 9.04	Tithi 14	Gulika 10:33AM – 12:03PM	Magha* Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 6:05AM	Sun 27	Sutra 339	Plava 5123
		Yama 7:34AM – 9:04AM	Dhriti Until 4:08PM	Muruqa: Clear	<i>Sunset:</i> 6:01PM			Moon 2 - Phase 46 - 27
Creative Work	Siddha Yoga	154235478 Rahu 12:03PM – 1:32PM	Gara Until 3:12PM	Nataraja: White				4th Phase
Until 1:51PM			Chaturdashi* Until 3:02AM Thu	Moon – Red		Sivaloka Day		
Then Creative Work - Amrita Yoga				Phalgun-Panguni				

		Thursday, March 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Albany, NY
Simha Rasi: 22.11	Tithi 15	Gulika 9:03AM – 10:33AM	Purvaphalguni Until 2:04PM	Ganesha: White	<i>Sunrise:</i> 6:03AM		Sutra 340	Plava 5123
		Yama 6:03AM – 7:33AM	Shula* Until 2:37PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM			Moon 2 - Phase 46 - Purnima
Creative Work	Siddha Yoga	154235478 Rahu 1:32PM – 3:02PM	Visti Until 2:45PM	Nataraja: White				
			Purnima* Until 2:19AM Fri	Moon – Red		Sivaloka Day		
		Panguni Uttiram		Phalgun-Panguni				
		Holi						

Friday, March 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau				Albany, NY		
Silver Retreat Star		Gulika 7:32AM – 9:02AM	Uttaraphalguni Until 1:39PM	Ganesha: White	<i>Sunrise:</i> 6:01AM		Sutra 341	Plava 5123
Kanya Rasi: 5.35	Tithi 16	Yama 3:03PM – 4:33PM	Ganda* Until 12:43PM	Muruqa: Clear	<i>Sunset:</i> 6:03PM			Moon 2 - Phase 46 - Prathama
Creative Work	Siddha Yoga	154235478 Rahu 10:32AM – 12:02PM	Balava Until 1:48PM	Nataraja: White				
Until 1:39PM			Prathama* Until 1:08AM Sat	Moon – Red		Sivaloka Day		
Then Creative Work - Amrita Yoga				Phalgun-Panguni				

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Albany, NY on 5/23/19

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Saturday, March 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Albany, NY

Sutra 342

Plava 5123

Kanya Rasi: 19.14 Tithi 17

164235478

Gulika

6:00AM – 7:30AM

Yama

1:33PM – 3:03PM

Rahu

9:01AM – 10:31AM

Hasta Until 1:07PM

Vridhhi Until 10:30AM

Taitila Until 12:26PM

Dvitiya Until 11:36PM

Ganesha: Yellow

Sunrise: 6:00AM

Muruqa: Clear

Sunset: 6:04PM

Nataraja: White

Moon – Green

Phalguna-Panguni

Moon 3 - Phase 47 -

1st Phase

Devaloka Day

Routine Work Marana Yoga

1

Sunday, March 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Albany, NY

Sutra 343

Plava 5123

Tula Rasi: 3.05 Tithi 18

164235478

Gulika

3:04PM – 4:35PM

Yama

12:02PM – 1:33PM

Rahu

4:35PM – 6:05PM

Chitra Until 12:08PM

Dhruva Until 8:00AM

Vanija Until 10:45AM

Tritiya Until 9:49PM

Ganesha: Yellow

Sunrise: 5:58AM

Muruqa: Clear

Sunset: 6:05PM

Nataraja: White

Moon – Green

Phalguna-Panguni

Sun 1

Moon 3 - Phase 47 - 1

1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Monday, March 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturtham Titau

Albany, NY

Sutra 344

Plava 5123

Tula Rasi: 17.05 Tithi 19

164235478

Gulika

1:33PM – 3:04PM

Yama

10:30AM – 12:01PM

Rahu

7:28AM – 8:59AM

Svati Until 10:49AM

Harshana Until 2:36AM Tue

Bava Until 8:53AM

Chaturthi* Until 7:52PM

Ganesha: Yellow

Sunrise: 5:56AM

Muruqa: Clear

Sunset: 6:07PM

Nataraja: White

Moon – Green

Phalguna-Panguni

Sun 2

Moon 3 - Phase 47 - 2

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 10:49AM

Then Routine Work - Marana Yoga

3

Tuesday, March 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Albany, NY

Sutra 345

Plava 5123

Vrischika Rasi: 1.1 Tithi 20 – 21

174235478

Gulika

12:01PM – 1:33PM

Yama

8:58AM – 10:29AM

Rahu

3:04PM – 4:36PM

Vishakha Until 9:40AM

Vajra* Until 11:46PM

Kaulava Until 6:53AM

Panchami Until 5:50PM

Ganesha: Blue

Sunrise: 5:55AM

Muruqa: Clear

Sunset: 6:08PM

Nataraja: White

Moon – Orange

Phalguna-Panguni

Sun 3

Moon 3 - Phase 47 - 3

1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 9:40AM

Then Creative Work - Siddha Yoga

4

Wednesday, March 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Albany, NY

Sutra 346

Plava 5123

Vrischika Rasi: 15.17 Tithi 21 – 22

175235478

Gulika

10:29AM – 12:01PM

Yama

7:25AM – 8:57AM

Rahu

12:01PM – 1:33PM

Anuradha Until 8:19AM

Siddhi Until 8:55PM

Visti Until 2:44AM Thu

Shashthi* Until 3:45PM

Ganesha: Yellow

Sunrise: 5:53AM

Muruqa: Clear

Sunset: 6:09PM

Nataraja: White

Moon – Orange

Phalguna-Panguni

Sun 4

Moon 3 - Phase 47 - 4

1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Thursday, March 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Albany, NY

Sutra 347

Plava 5123

Vrischika Rasi: 29.25 Tithi 22 – 23

175235478

Gulika

8:56AM – 10:28AM

Yama

5:51AM – 7:23AM

Rahu

1:33PM – 3:05PM

Jyeshtha* Until 6:49AM

Vyatipata* Until 6:06PM

Balava Until 12:39AM Fri

Saptami Until 1:40PM

Ganesha: Yellow

Sunrise: 5:51AM

Muruqa: Clear

Sunset: 6:10PM

Nataraja: White

Moon – Orange

Phalguna-Panguni

Sun 5

Moon 3 - Phase 47 - 5

Ashtami

Devaloka Day

Routine Work Prabalarishta Yoga

Until 6:49AM

Then Creative Work - Siddha Yoga

Friday, March 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Albany, NY

Sutra 348

Plava 5123

Dhanus Rasi: 13.32 Tithi 23 – 24

185235478

Gulika

7:22AM – 8:55AM

Yama

3:06PM – 4:38PM

Rahu

10:28AM – 12:00PM

Purvashadha* Until 4:19AM Sat

Variyan Until 3:16PM

Taitila Until 10:37PM

Ashtami* Until 11:37AM

Ganesha: Blue

Sunrise: 5:49AM

Muruqa: Clear

Sunset: 6:11PM

Nataraja: White

Moon – Light Blue

Phalguna-Panguni

Sun 6

Moon 3 - Phase 47 - 6

Navami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 4:19AM Sat

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Albany, NY on 5/23/19

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1		Saturday, March 26, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Albany, NY Sun 7 Sutra 349 Plava 5123	
Dhanus Rasi: 27.38	Tithi 24 – 25	185235478	Gulika 5:48AM – 7:21AM Yama 1:33PM – 3:06PM Rahu 8:54AM – 10:27AM	Uttarashadha Until 2:57AM Sun Parigha* Until 12:30PM Vanija Until 8:38PM Navami* Until 9:36AM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Light Blue	Sunrise: 5:48AM Sunset: 6:12PM	Moon 3 - Phase 48 - 7 2nd Phase
Routine Work Marana Yoga Until 2:57AM Sun Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 12:PM to 3:PM			
2		Sunday, March 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Albany, NY Sun 8 Sutra 350 Plava 5123	
Makara Rasi: 11.41	Tithi 25 – 26	195235478	Gulika 3:07PM – 4:40PM Yama 12:00PM – 1:33PM Rahu 4:40PM – 6:13PM	Shravana Until 1:58AM Mon Shiva Until 9:48AM Bava Until 6:45PM Dashami Until 7:39AM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 5:46AM Sunset: 6:13PM	Moon 3 - Phase 48 - 8 2nd Phase
Creative Work Amrita Yoga Until 1:58AM Mon Then Creative Work - Siddha Yoga				Devaloka Day Phalgun-Panguni			
3		Monday, March 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Albany, NY Sun 9 Sutra 351 Plava 5123	
Makara Rasi: 25.4	Tithi 27	195235478	Gulika 1:33PM – 3:07PM Yama 10:26AM – 11:59AM Rahu 7:18AM – 8:52AM	Dhanishtha Until 1:01AM Tue Siddha Until 7:11AM Kaulava Until 5:01PM Dvadashti* Until 4:13AM Tue	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 5:44AM Sunset: 6:15PM	Moon 3 - Phase 48 - 9 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 1:01AM Tue Then Routine Work - Marana Yoga				Devaloka Day Phalgun-Panguni			
4		Tuesday, March 29, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Gara/Vanija Karana Trayodashyam Titau		Albany, NY Sun 10 Sutra 352 Plava 5123	
Kumbha Rasi: 9.31	Tithi 28	195245478	Gulika 11:59AM – 1:33PM Yama 8:51AM – 10:25AM Rahu 3:07PM – 4:42PM	Shatabhishak Until 12:11AM Wed Subha Until 2:33AM Wed Gara Until 3:32PM Trayodashi* Until 2:52AM Wed <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red Muruqa: White Nataraja: White Moon – Purple	Sunrise: 5:42AM Sunset: 6:16PM	Moon 3 - Phase 48 - 10 2nd Phase
Routine Work Marana Yoga Until 12:11AM Wed Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 6:AM to 9:AM Tour Day			
5		Wednesday, March 30, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Albany, NY Sun 11 Sutra 353 Plava 5123	
Kumbha Rasi: 23.12	Tithi 29	115245478	Gulika 10:24AM – 11:59AM Yama 7:15AM – 8:50AM Rahu 11:59AM – 1:33PM	Purvaproshtapada* Until 12:01AM Thu Sukla Until 12:37AM Thu Visti Until 2:21PM Chaturdashi* Until 1:54AM Thu	Ganesha: Green Muruqa: White Nataraja: White Moon – Clear	Sunrise: 5:41AM Sunset: 6:17PM	Moon 3 - Phase 48 - 11 2nd Phase
Creative Work Amrita Yoga Until 12:01AM Thu Then Creative Work - Siddha Yoga				Bhuloka Day Phalgun-Panguni			
Retreat Star		Thursday, March 31, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Albany, NY Sun 12 Sutra 354 Plava 5123	
Meena Rasi: 6.39	Tithi 30	115245478	Gulika 8:49AM – 10:24AM Yama 5:39AM – 7:14AM Rahu 1:33PM – 3:08PM	Uttaraproshtapada Until 12:09AM Fri Brahma Until 11:04PM Catuspada Until 1:36PM Amavasya* Until 1:24AM Fri	Ganesha: Green Muruqa: White Nataraja: White Moon – Clear	Sunrise: 5:39AM Sunset: 6:18PM	Moon 3 - Phase 48 - 12 Amavasya
Creative Work Siddha Yoga				Bhuloka Day Phalgun-Panguni			
Retreat Star		Friday, April 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Albany, NY Sun 13 Sutra 355 Plava 5123	
Meena Rasi: 19.51	Tithi 1	116245478	Gulika 7:14AM – 8:49AM Yama 3:08PM – 4:43PM Rahu 10:24AM – 11:58AM	Revati Until 12:40AM Sat Indra Until 9:59PM Kintughna Until 1:23PM Prathama* Until 1:28AM Sat	Ganesha: Red Muruqa: White Nataraja: White Moon – Clear	Sunrise: 5:39AM Sunset: 6:18PM	Moon 3 - Phase 48 - 13 Prathama
Creative Work Siddha Yoga		Yugadhi		Bhuloka Day Chaitra-Panguni		Devaloka Time: 9:AM to 12:PM	

1		Saturday, April 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Albany, NY
Mesha Rasi: 2.44	Tithi 2	Gulika 5:37AM – 7:12AM	Ashvini Until 2:06AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM	Sun 14	Sutra 356	
		Yama 1:33PM – 3:09PM	Vaidhriti* Until 9:20PM	Muruḡa: White	<i>Sunset:</i> 6:19PM		Plava 5123	
		126345478 Rahu 8:48AM – 10:23AM	Balava Until 1:45PM	Nataraja: White		Moon 3 - Phase 49 - 14	3rd Phase	
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day		
Until 2:06AM Sun		Chellappaswami Mahasamadhi	Dvitiya Until 2:09AM Sun	Chaitra•Panguni		Devaloka Time: 9:AM to12:PM		
Then Routine Work - Prabalarishta Yoga								

2		Sunday, April 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau				Albany, NY
Mesha Rasi: 15.21	Tithi 3	Gulika 3:09PM – 4:45PM	Bharani Until 3:59AM Mon	Ganesha: White	<i>Sunrise:</i> 5:35AM	Sun 15	Sutra 357	
		Yama 11:58AM – 1:33PM	Vishkambha* Until 9:11PM	Muruḡa: White	<i>Sunset:</i> 6:20PM		Plava 5123	
		126345478 Rahu 4:45PM – 6:20PM	Taitila Until 2:45PM	Nataraja: White		Moon 3 - Phase 49 - 15	3rd Phase	
Routine Work	Prabalarishta Yoga			Moon – White		Bhuloka Day		
Until 3:59AM Mon			Tritiya Until 3:27AM Mon	Chaitra•Panguni				
Then Routine Work - Marana Yoga								

3		Monday, April 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthyam Titau				Albany, NY
Mesha Rasi: 27.41	Tithi 4	Gulika 1:33PM – 3:09PM	Krittika Until 6:13AM Tue	Ganesha: White	<i>Sunrise:</i> 5:34AM	Sun 16	Sutra 358	
Family Home Evening		Yama 10:22AM – 11:58AM	Priti Until 9:30PM	Muruḡa: White	<i>Sunset:</i> 6:21PM		Plava 5123	
		126345478 Rahu 7:10AM – 8:46AM	Vanija Until 4:20PM	Nataraja: White		Moon 3 - Phase 49 - 16	3rd Phase	
Routine Work	Marana Yoga			Moon – White		Bhuloka Day		
Until 6:13AM Tue			Chaturthi* Until 5:18AM Tue	Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Bava Karana Panchamyam Titau				Albany, NY
Vrishabha Rasi: 9.47	Tithi 5	Gulika 11:57AM – 1:34PM	Krittika Until 6:13AM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Sun 17	Sutra 359	
		Yama 8:45AM – 10:21AM	Ayushman Until 10:09PM	Muruḡa: White	<i>Sunset:</i> 6:22PM		Plava 5123	
		126345478 Rahu 3:10PM – 4:46PM	Bava Until 6:25PM	Nataraja: White		Moon 3 - Phase 49 - 17	3rd Phase	
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day	Tour Day	
Until 6:13AM			Panchami Until 7:35AM Wed	Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Albany, NY
Vrishabha Rasi: 21.44	Tithi 5 – 6	Gulika 10:20AM – 11:57AM	Rohini Until 9:12AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Sun 18	Sutra 360	
		Yama 7:07AM – 8:44AM	Saubhagya Until 11:02PM	Muruḡa: White	<i>Sunset:</i> 6:24PM		Plava 5123	
		126345478 Rahu 11:57AM – 1:34PM	Kaulava Until 8:51PM	Nataraja: White		Moon 3 - Phase 49 - 18	3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day		
			Panchami Until 7:35AM	Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM		

6		Thursday, April 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Albany, NY
Mithuna Rasi: 3.35	Tithi 6 – 7	Gulika 8:43AM – 10:20AM	Mrigashira Until 12:13PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Sun 19	Sutra 361	
		Yama 5:29AM – 7:06AM	Sobhana Until 12:01AM Fri	Muruḡa: White	<i>Sunset:</i> 6:25PM		Plava 5123	
		126345478 Rahu 1:34PM – 3:11PM	Gara Until 11:23PM	Nataraja: White		Moon 3 - Phase 49 - 19	3rd Phase	
Routine Work	Marana Yoga			Moon – Yellow		Bhuloka Day		
			Shashthi* Until 10:06AM	Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM		

☾		Friday, April 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Albany, NY
Retreat Star		Gulika 7:04AM – 8:42AM	Ardra Until 3:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Sun 20	Sutra 362	
Mithuna Rasi: 15.26	Tithi 7 – 8	Yama 3:11PM – 4:48PM	Athiganda* Until 12:53AM Sat	Muruḡa: White	<i>Sunset:</i> 6:26PM		Plava 5123	
		126345478 Rahu 10:19AM – 11:56AM	Visti Until 1:49AM Sat	Nataraja: White		Moon 3 - Phase 49 - 20	Ashtami	
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day		
			Saptami Until 12:36PM	Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM		

☾		Saturday, April 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Albany, NY
Retreat Star		Gulika 5:25AM – 7:03AM	Punarvasu Until 5:59PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Sun 21	Sutra 363	
Mithuna Rasi: 27.2	Tithi 8 – 9	Yama 1:34PM – 3:12PM	Sukarma Until 1:31AM Sun	Muruḡa: White	<i>Sunset:</i> 6:27PM		Plava 5123	
		147345478 Rahu 8:41AM – 10:18AM	Balava Until 3:54AM Sun	Nataraja: White		Moon 3 - Phase 49 - 21	Navami	
Creative Work	Siddha Yoga			Moon – Blue		Bhuloka Day		
		Sri Rama Navami	Ashtami* Until 2:54PM	Chaitra•Panguni		Devaloka Time: 9:AM to12:PM		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

1		Sunday, April 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Albany, NY Sun 22 Sutra 364 Plava 5123	
Kataka Rasi: 9.22	Tithi 9 – 10	Gulika 3:12PM – 4:50PM	Pushya Until 8:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Moon 3 - Phase 50 - 22	
		Yama 11:56AM – 1:34PM	Dhriti Until 1:46AM Mon	Muruqa: White	<i>Sunset:</i> 6:28PM	4th Phase	
		147345478 Rahu 4:50PM – 6:28PM	Taitila Until 5:28AM Mon	Nataraja: White			
Creative Work	Siddha Yoga		Navami* Until 4:45PM	Moon – Blue		Bhuloka Day	
				Chaitra* Panguni		Devaloka Time: 9:AM to12:PM	


2		Monday, April 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Gara Karana Dashamyam Titau		Albany, NY Sun 23 Plava 5123	
Kataka Rasi: 21.38	Tithi 10	Gulika 1:34PM – 3:12PM	Ashlesha* Until 9:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Moon 3 - Phase 50 - 23	
Family Home Evening		Yama 10:17AM – 11:56AM	Shula* Until 1:31AM Tue	Muruqa: White	<i>Sunset:</i> 6:29PM	4th Phase	
Creative Work	Siddha Yoga	147345478 Rahu 7:00AM – 8:39AM	Gara Until 6:00PM	Nataraja: White			
Until 9:54PM			Dashami Until 6:00PM	Moon – Blue		Bhuloka Day	
Then Routine Work - Marana Yoga		Yogaswami Mahasamadhi		Chaitra* Panguni		Devaloka Time: 9:AM to12:PM	

3		Tuesday, April 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visiti* Karana Ekadashyam Titau		Albany, NY Sun 24 Plava 5123	
Simha Rasi: 4.11	Tithi 11	Gulika 11:55AM – 1:34PM	Magha* Until 11:06PM	Ganesha: Purple	<i>Sunrise:</i> 5:20AM	Moon 3 - Phase 50 - 24	
		Yama 8:38AM – 10:16AM	Ganda* Until 12:43AM Wed	Muruqa: White	<i>Sunset:</i> 6:30PM	4th Phase	
		157345478 Rahu 3:13PM – 4:52PM	Vanija Until 6:23AM	Nataraja: White			
Creative Work	Siddha Yoga		Ekadashi Until 6:33PM	Moon – Red		Devaloka Day	
				Chaitra* Panguni			

4		Wednesday, April 13, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau		Albany, NY Sun 25 Subhakit 5124	
Simha Rasi: 17.04	Tithi 12	Gulika 10:16AM – 11:55AM	Purvaphalguni Until 11:27PM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM	Moon 3 - Phase 50 - 25	
		Yama 6:58AM – 8:37AM	Vriddhi Until 11:22PM	Muruqa: White	<i>Sunset:</i> 6:31PM	4th Phase	
		157345478 Rahu 11:55AM – 1:34PM	Bava Until 6:34AM	Nataraja: White			
Creative Work	Amrita Yoga		Dvadashi Until 6:22PM	Moon – Red		Devaloka Day	
		Tamil New Year		Chaitra* Chaitra			

5		Thursday, April 14, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Albany, NY Sun 26 Subhakit 5124	
Kanya Rasi: 0.19	Tithi 13 – 14	Gulika 8:36AM – 10:15AM	Uttaraphalguni Until 10:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Moon 3 - Phase 50 - 26	
		Yama 5:17AM – 6:56AM	Dhruva Until 9:26PM	Muruqa: White	<i>Sunset:</i> 6:33PM	4th Phase	
		257345478 Rahu 1:34PM – 3:14PM	Kaulava Until 6:01AM	Nataraja: White			
	Amrita Yoga		Trayodashi Until 5:29PM	Moon – Red		Bhuloka Day	
Until 10:58PM				Chaitra* Chaitra		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

6		Friday, April 15, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau		Albany, NY Sun 27 Subhakit 5124	
Kanya Rasi: 13.56	Tithi 14 – 15	Gulika 6:55AM – 8:35AM	Hasta Until 10:11PM	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Moon 3 - Phase 50 - 27	
		Yama 3:14PM – 4:54PM	Vyaghata* Until 7:02PM	Muruqa: White	<i>Sunset:</i> 6:34PM	4th Phase	
		268345478 Rahu 10:15AM – 11:54AM	Visiti Until 3:02AM Sat	Nataraja: White			
Creative Work	Amrita Yoga		Chaturdashi* Until 3:58PM	Moon – Green		Bhuloka Day	
Until 10:11PM				Chaitra* Chaitra		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

		Saturday, April 16, 2022		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Albany, NY Subhakit 5124	
Kanya Rasi: 27.54	Tithi 15 – 16	Gulika 5:14AM – 6:54AM	Chitra Until 8:47PM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM	Moon 3 - Phase 50 - Purnima	
		Yama 1:34PM – 3:15PM	Harshana Until 4:15PM	Muruqa: White	<i>Sunset:</i> 6:35PM		
		268345478 Rahu 8:34AM – 10:14AM	Balava Until 12:48AM Sun	Nataraja: White			
Routine Work	Marana Yoga		Purnima* Until 1:57PM	Moon – Green		Bhuloka Day	
Until 8:47PM		Chitra Purnima (Tamil Nadu)		Chaitra* Chaitra		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

Sunday, April 17, 2022		Silver Retreat Star		Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Albany, NY Subhakit 5124	
Tula Rasi: 12.09	Tithi 16 – 17	Gulika 3:15PM – 4:55PM	Svati Until 6:55PM	Ganesha: Clear	<i>Sunrise:</i> 5:12AM	Moon 3 - Phase 50 - Prathama	
		Yama 11:54AM – 1:34PM	Vajra* Until 1:09PM	Muruqa: White	<i>Sunset:</i> 6:36PM		
		268345478 Rahu 4:55PM – 6:36PM	Taitila Until 10:16PM	Nataraja: White			
Creative Work	Siddha Yoga		Prathama* Until 11:33AM	Moon – Green		Bhuloka Day	
Until 6:55PM				Chaitra* Chaitra		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for on 5/23/19

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