



Wednesday, April 28, 2021
Gold Retreat Star

Vrischika Rasi: 3.29 Tithi 17 – 18

278784469

Creative Work Siddha Yoga
Until 3:01AM Thu
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 10:27AM – 12:11PM
Yama 6:59AM – 8:43AM
Rahu 12:11PM – 1:55PM

Anuradha Until 3:01AM Thu
Variyan Until 12:19AM Thu
Vanija Until 12:24AM Thu
Dvitiya Until 2:08PM

Ganesha: Blue *Sunrise:* 5:15AM
Muruqa: White *Sunset:* 7:07PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Des Moines, IA
Sutra 17
Plava 5123
Moon 4 - Phase 3 -
1st Phase

Devaloka Day

1

Thursday, April 29, 2021

Vrischika Rasi: 18.31 Tithi 18 – 19

278784469

Routine Work Prabalarishta Yoga
Until 12:31AM Fri
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha* Yoga Visli*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 8:42AM – 10:27AM
Yama 5:14AM – 6:58AM
Rahu 1:55PM – 3:40PM

Jyeshtha* Until 12:31AM Fri
Parigha* Until 8:33PM
Bava Until 9:10PM
Tritiya Until 10:43AM

Ganesha: Blue *Sunrise:* 5:14AM
Muruqa: White *Sunset:* 7:09PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Des Moines, IA
Sun 1 Sutra 18
Plava 5123
Moon 4 - Phase 3 - 1
1st Phase

Devaloka Day

2

Friday, April 30, 2021

Dhanus Rasi: 3.15 Tithi 19 – 20

288784469

Creative Work Amrita Yoga
Until 10:45PM
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:57AM – 8:42AM
Yama 3:40PM – 5:25PM
Rahu 10:26AM – 12:11PM

Mula* Until 10:45PM
Shiva Until 5:11PM
Kaulava Until 6:24PM
Chaturthi* Until 7:42AM

Ganesha: Red *Sunrise:* 5:12AM
Muruqa: White *Sunset:* 7:10PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Des Moines, IA
Sun 2 Sutra 19
Plava 5123
Moon 4 - Phase 3 - 2
1st Phase

Sivaloka Day

3

Saturday, May 1, 2021

Dhanus Rasi: 17.37 Tithi 21

288794469

Creative Work Siddha Yoga
Until 9:28PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashtyayam Titau

Gulika 5:11AM – 6:56AM
Yama 1:56PM – 3:41PM
Rahu 8:41AM – 10:26AM

Purvashadha* Until 9:28PM
Siddha Until 2:15PM
Gara Until 4:12PM
Shashty* Until 3:20AM Sun

Ganesha: Red *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 7:11PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Des Moines, IA
Sun 3 Sutra 20
Plava 5123
Moon 4 - Phase 3 - 3
1st Phase

Devaloka Day

4

Sunday, May 2, 2021

Makara Rasi: 1.34 Tithi 22

288794469

Creative Work Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Vistii*/Bava Karana Saptamyam Titau

Gulika 3:41PM – 5:27PM
Yama 12:11PM – 1:56PM
Rahu 5:27PM – 7:12PM

Uttarashadha Until 8:41PM
Sadhya Until 11:53AM
Vistii Until 2:40PM
Saptami Until 2:09AM Mon

Ganesha: Red *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 7:12PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Des Moines, IA
Sun 4 Sutra 21
Plava 5123
Moon 4 - Phase 3 - 4
1st Phase

Devaloka Day

Monday, May 3, 2021

Retreat Star

Makara Rasi: 15.07 Tithi 23

298794469

Family Home Evening
Creative Work Amrita Yoga
Until 8:54PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:56PM – 3:42PM
Yama 10:25AM – 12:11PM
Rahu 6:54AM – 8:40AM

Shravana Until 8:54PM
Subha Until 10:04AM
Balava Until 1:50PM
Ashtami* Until 1:40AM Tue

Ganesha: Green *Sunrise:* 5:08AM
Muruqa: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Des Moines, IA
Sun 5 Sutra 22
Plava 5123
Moon 4 - Phase 3 - 5
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 28.16 Tithi 24

298794469

Creative Work Siddha Yoga
Until 9:39PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:11PM – 1:56PM
Yama 8:39AM – 10:25AM
Rahu 3:42PM – 5:28PM

Dhanishtha Until 9:39PM
Sukla Until 8:48AM
Taitila Until 1:42PM
Navami* Until 1:52AM Wed

Ganesha: Green *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Des Moines, IA
Sun 6 Sutra 23
Plava 5123
Moon 4 - Phase 3 - 6
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1		Wednesday, May 5, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Vanija/Visiti* Karana Dashamyam Titau				Des Moines, IA
Kumbha Rasi: 11.05	Tithi 25	Gulika	10:24AM – 12:10PM	Shatabhishak	Until 10:51PM	Ganesha: Red	<i>Sunrise:</i> 5:06AM	Sun 7 Sutra 24
		Yama	6:52AM – 8:38AM	Brahma	Until 8:04AM	Muruqa: Yellow	<i>Sunset:</i> 7:15PM	Plava 5123
		299794469 Rahu	12:10PM – 1:57PM	Vanija	Until 2:13PM	Nataraja: Clear		Moon 4 - Phase 4 - 7
Creative Work	Siddha Yoga			Dashami	Until 2:41AM Thu	Moon – Purple		2nd Phase
Until 10:51PM						Chaitra•Chaitra		Devaloka Day
Then Creative Work - Amrita Yoga								

2		Thursday, May 6, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA
Kumbha Rasi: 23.37	Tithi 26	Gulika	8:38AM – 10:24AM	Purvaproshtapada*	Until 12:54AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	Sun 8 Sutra 25
		Yama	5:05AM – 6:51AM	Indra	Until 7:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Plava 5123
		219794469 Rahu	1:57PM – 3:43PM	Bava	Until 3:19PM	Nataraja: Clear		Moon 4 - Phase 4 - 8
Creative Work	Siddha Yoga			Ekadashi*	Until 4:02AM Fri	Moon – Clear		2nd Phase
						Chaitra•Chaitra		Devaloka Day

3		Friday, May 7, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Tailila Karana Dvadashtyam Titau				Des Moines, IA
Meena Rasi: 5.55	Tithi 27	Gulika	6:50AM – 8:37AM	Uttaraproshtapada	Until 3:14AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	Sun 9 Sutra 26
		Yama	3:44PM – 5:30PM	Vaidhrili*	Until 7:57AM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Plava 5123
		219794469 Rahu	10:24AM – 12:10PM	Kaulava	Until 4:54PM	Nataraja: Clear		Moon 4 - Phase 4 - 9
Creative Work	Siddha Yoga			Dvadashti*	Until 5:50AM Sat	Moon – Clear		2nd Phase
Until 3:14AM Sat						Chaitra•Chaitra		Devaloka Day
Then Routine Work - Prabalarishta Yoga								

4		Saturday, May 8, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Gara Karana Trayodashyam Titau				Des Moines, IA
Meena Rasi: 18.02	Tithi 28	Gulika	5:02AM – 6:49AM	Revati	Until 5:45AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Sun 10 Sutra 27
		Yama	1:57PM – 3:44PM	Vishkambha*	Until 8:25AM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Plava 5123
		219794469 Rahu	8:36AM – 10:23AM	Gara	Until 6:53PM	Nataraja: Clear		Moon 4 - Phase 4 - 10
Routine Work	Prabalarishta Yoga			Trayodashi*	Until 7:59AM Sun	Moon – Clear		2nd Phase
Until 5:45AM Sun						Chaitra•Chaitra		Devaloka Day
Then Creative Work - Siddha Yoga								

5		Sunday, May 9, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
Mesha Rasi: 0.02	Tithi 28 – 29	Gulika	3:45PM – 5:32PM	Ashvini	Until 8:52AM Mon	Ganesha: Orange	<i>Sunrise:</i> 5:01AM	Sun 11 Sutra 28
		Yama	12:10PM – 1:57PM	Priti	Until 9:10AM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Plava 5123
		229794469 Rahu	5:32PM – 7:19PM	Visti	Until 9:11PM	Nataraja: Clear		Moon 4 - Phase 4 - 11
Creative Work	Siddha Yoga			Trayodashi*	Until 7:59AM	Moon – White		2nd Phase
						Chaitra•Chaitra		Devaloka Day

Monday, May 10, 2021		Retreat Star		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau				Des Moines, IA
Mesha Rasi: 11.55	Tithi 29 – 30	Gulika	1:58PM – 3:45PM	Ashvini	Until 8:52AM	Ganesha: Orange	<i>Sunrise:</i> 5:00AM	Sun 12 Sutra 29
Family Home Evening		Yama	10:23AM – 12:10PM	Ayushman	Until 10:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Plava 5123
Creative Work	Siddha Yoga	229794469 Rahu	6:48AM – 8:35AM	Catuspada	Until 11:41PM	Nataraja: Clear		Moon 4 - Phase 4 - 12
				Chaturdashii*	Until 10:24AM	Moon – White		Amavasya
						Chaitra•Chaitra		Devaloka Day

Tuesday, May 11, 2021		Retreat Star		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA
Mesha Rasi: 23.43	Tithi 30 – 1	Gulika	12:10PM – 1:58PM	Bharani	Until 11:59AM	Ganesha: Orange	<i>Sunrise:</i> 4:59AM	Sun 13 Sutra 30
		Yama	8:35AM – 10:22AM	Saubhagya	Until 11:08AM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Plava 5123
		229794469 Rahu	3:46PM – 5:33PM	Kintughna	Until 2:19AM Wed	Nataraja: Clear		Moon 4 - Phase 4 - 13
Creative Work	Siddha Yoga			Amavasya*	Until 12:58PM	Moon – White		Prathama
						Vaisaka•Chaitra		Devaloka Day

1	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
	Wrishabha Rasi: 5.3	Tithi 1 – 2	221794469	Gulika Yama Rahu	10:22AM – 12:10PM 6:46AM – 8:34AM 12:10PM – 1:58PM	Krittika Until 2:58PM Sobhana Until 12:16PM Balava Until 4:56AM Thu Prathama* Until 3:36PM	Sun 14 Sutra 31 Plava 5123 Moon 4 - Phase 5 - 14 3rd Phase
	Creative Work	Amrita Yoga				Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – White	Devaloka Day
	Until 2:58PM	Then Creative Work - Siddha Yoga				Sunrise: 4:58AM Sunset: 7:22PM	

2	Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	Wrishabha Rasi: 17.17	Tithi 2	231794469	Gulika Yama Rahu	8:33AM – 10:22AM 4:57AM – 6:45AM 1:58PM – 3:47PM	Rohini Until 6:15PM Athiganda* Until 1:19PM Kaulava Until 6:10PM Dvitiya Until 6:10PM	Sun 15 Sutra 32 Plava 5123 Moon 4 - Phase 5 - 15 3rd Phase
	Routine Work	Marana Yoga				Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Yellow	Devaloka Day
						Sunrise: 4:57AM Sunset: 7:23PM	

3	Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau				Des Moines, IA
	Wrishabha Rasi: 29.08	Tithi 3	231894469	Gulika Yama Rahu	6:44AM – 8:33AM 3:47PM – 5:36PM 10:21AM – 12:10PM	Mrigashira Until 9:10PM Sukarma Until 2:15PM Tailila Until 7:24AM Tritiya Until 8:32PM	Sun 16 Sutra 33 Plava 5123 Moon 4 - Phase 5 - 16 3rd Phase
	Creative Work	Siddha Yoga		Akshaya Tritiya		Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Bhuloka Day
						Sunrise: 4:56AM Sunset: 7:24PM	Devaloka Time: 3:PM to 6:PM

4	Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Des Moines, IA
	Mithuna Rasi: 11.04	Tithi 4	231894469	Gulika Yama Rahu	4:55AM – 6:44AM 1:59PM – 3:48PM 8:32AM – 10:21AM	Ardra Until 11:35PM Dhriti Until 2:59PM Vanija Until 9:37AM Chaturthi* Until 10:34PM	Sun 17 Sutra 34 Plava 5123 Moon 4 - Phase 5 - 17 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Bhuloka Day
						Sunrise: 4:55AM Sunset: 7:25PM	Devaloka Time: 3:PM to 6:PM

5	Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
	Mithuna Rasi: 23.09	Tithi 5	241894469	Gulika Yama Rahu	3:48PM – 5:37PM 12:10PM – 1:59PM 5:37PM – 7:26PM	Punarvasu Until 1:53AM Mon Shula* Until 3:21PM Bava Until 11:26AM Panchami Until 12:08AM Mon	Sun 18 Sutra 35 Plava 5123 Moon 4 - Phase 5 - 18 3rd Phase
	Creative Work	Siddha Yoga		Adi Sankara Jayanthi		Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue	Devaloka Day
						Sunrise: 4:54AM Sunset: 7:26PM	

6	Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhii Yoga Kaulava/Tailila Karana Shashthyam Titau				Des Moines, IA
	Kataka Rasi: 5.26	Tithi 6	241894469	Gulika Yama Rahu	1:59PM – 3:49PM 10:21AM – 12:10PM 6:42AM – 8:31AM	Pushya Until 3:26AM Tue Ganda* Until 3:19PM Kaulava Until 12:43PM Shashthi* Until 1:06AM Tue	Sun 19 Sutra 36 Plava 5123 Moon 4 - Phase 5 - 19 3rd Phase
	Family Home Evening	Siddha Yoga				Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue	Devaloka Day
						Sunrise: 4:53AM Sunset: 7:27PM	

Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vridhii/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA
Retreat Star		241894469	Gulika Yama Rahu	12:10PM – 2:00PM 8:31AM – 10:21AM 3:49PM – 5:39PM	Ashlesha* Until 4:10AM Wed Vridhii Until 2:47PM Gara Until 1:21PM Saptami Until 1:23AM Wed	Sun 20 Sutra 37 Plava 5123 Moon 4 - Phase 5 - 20 3rd Phase
Creative Work	Siddha Yoga				Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue	Devaloka Day
					Sunrise: 4:52AM Sunset: 7:28PM	

☾	Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
	Retreat Star		251894469	Gulika Yama Rahu	10:20AM – 12:10PM 6:41AM – 8:31AM 12:10PM – 2:00PM	Magha* Until 4:27AM Thu Dhruva Until 1:39PM Visti Until 1:15PM Ashtami* Until 12:54AM Thu	Sun 21 Sutra 38 Plava 5123 Moon 4 - Phase 5 - 21 Ashtami
	Creative Work	Siddha Yoga				Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red	Bhuloka Day
						Sunrise: 4:51AM Sunset: 7:29PM	Devaloka Time: 3:PM to 6:PM

Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
Retreat Star		251894469	Gulika Yama Rahu	8:30AM – 10:20AM 4:50AM – 6:40AM 2:00PM – 3:50PM	Purvaphalguni Until 3:51AM Fri Vyaghata* Until 11:56AM Balava Until 12:25PM Navami* Until 11:41PM	Sun 22 Sutra 39 Plava 5123 Moon 4 - Phase 5 - 22 Navami
Creative Work	Siddha Yoga				Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red	Bhuloka Day
					Sunrise: 4:50AM Sunset: 7:30PM	Devaloka Time: 3:PM to 6:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

ll times are standard time. Calculated for Des Moines, IA on 5/23/1

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1	Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA
	Simha Rasi: 27.54	Tithi 10	Gulika 6:40AM – 8:30AM	Uttaraphalguni Until 2:25AM Sat	Ganesha: Blue	<i>Sunrise:</i> 4:49AM	Sun 23 Sutra 40
		251894469	Yama 3:51PM – 5:41PM	Harshana Until 9:37AM	Muruqa: Yellow	<i>Sunset:</i> 7:31PM	Plava 5123
			Rahu 10:20AM – 12:10PM	Taitila Until 10:49AM	Nataraja: Clear		Moon 4 - Phase 6 - 23
				Dashami Until 9:45PM	Moon – Red		4th Phase
					Vaisaka-Vaikasi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2	Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA
	Kanya Rasi: 12.02	Tithi 11	Gulika 4:49AM – 6:39AM	Hasta Until 12:39AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM	Sun 24 Sutra 41
		261894469	Yama 2:01PM – 3:51PM	Vajra* Until 6:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:32PM	Plava 5123
			Rahu 8:29AM – 10:20AM	Vanija Until 8:33AM	Nataraja: Clear		Moon 4 - Phase 6 - 24
				Ekadashi Until 7:11PM	Moon – Green		4th Phase
					Vaisaka-Vaikasi	Devaloka Day	

3	Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Kanya Rasi: 26.35	Tithi 12 – 13	Gulika 3:52PM – 5:42PM	Chitra Until 10:16PM	Ganesha: White	<i>Sunrise:</i> 4:48AM	Sun 25 Sutra 42
		262894469	Yama 12:10PM – 2:01PM	Vyatipata* Until 11:40PM	Muruqa: Yellow	<i>Sunset:</i> 7:33PM	Plava 5123
			Rahu 5:42PM – 7:33PM	Kaulava Until 2:26AM Mon	Nataraja: Clear		Moon 4 - Phase 6 - 25
				Dvadashi Until 4:07PM	Moon – Green		4th Phase
					Vaisaka-Vaikasi	Sivaloka Day	

Pradosha Vrata

4	Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Tula Rasi: 11.29	Tithi 13 – 14	Gulika 2:01PM – 3:52PM	Svati Until 7:25PM	Ganesha: White	<i>Sunrise:</i> 4:47AM	Sun 26 Sutra 43
		262894469	Yama 10:20AM – 12:10PM	Varyan Until 7:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Plava 5123
			Rahu 6:38AM – 8:29AM	Gara Until 10:51PM	Nataraja: Clear		Moon 4 - Phase 6 - 26
				Trayodashi Until 12:39PM	Moon – Green		4th Phase
					Vaisaka-Vaikasi	Sivaloka Day	

	Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA
	Copper Retreat Star		Gulika 12:11PM – 2:02PM	Vishakha Until 4:39PM	Ganesha: White	<i>Sunrise:</i> 4:46AM	Sun 27 Sutra 44
	Tula Rasi: 26.35	Tithi 14 – 15	Yama 8:29AM – 10:20AM	Parigha* Until 3:29PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Plava 5123
		372894469	Rahu 3:53PM – 5:44PM	Visti Until 7:07PM	Nataraja: Clear		Moon 4 - Phase 6 - 27
				Chaturdashi* Until 8:59AM	Moon – Orange		Purnima
					Vaisaka-Vaikasi	Sivaloka Day	

5	Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA
	Silver Retreat Star		Gulika 10:19AM – 12:11PM	Anuradha Until 1:44PM	Ganesha: White	<i>Sunrise:</i> 4:46AM	Sun 28 Sutra 45
	Vrischika Rasi: 11.46	Tithi 16	Yama 6:37AM – 8:28AM	Shiva Until 11:20AM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Plava 5123
		372894469	Rahu 12:11PM – 2:02PM	Balava Until 3:23PM	Nataraja: Clear		Moon 4 - Phase 6 - Prathama
				Prathama* Until 1:33AM Thu	Moon – Orange		
					Vaisaka-Vaikasi	Sivaloka Day	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, May 27, 2021
Gold Retreat Star

Vrischika Rasi: 26.52 Tithi 17
372894469
Routine Work Prabalarishta Yoga
Until 10:51AM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvityayam Titau

Gulika 8:28AM – 10:19AM **Jyeshtha* Until 10:51AM**
Yama 4:45AM – 6:37AM Siddha Until 7:15AM
Rahu 2:02PM – 3:54PM Taitila Until 11:49AM
Dvitiya Until 10:08PM

Ganesha: White *Sunrise:* 4:45AM
Muruqa: Yellow *Sunset:* 7:36PM
Nataraja: Clear
Moon – Orange **Sivaloka Day**
Vaisaka-Vaikasi

Des Moines, IA
Sutra 46
Plava 5123
Moon 5 - Phase 7 -
1st Phase

1

Friday, May 28, 2021

Dhanus Rasi: 11.46 Tithi 18
382894469
Creative Work Amrita Yoga
Until 8:32AM
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 6:36AM – 8:28AM **Mula* Until 8:32AM**
Yama 3:54PM – 5:46PM Subha Until 11:59PM
Rahu 10:19AM – 12:11PM Vanija Until 8:34AM
Tritiya Until 7:06PM

Ganesha: Clear *Sunrise:* 4:45AM
Muruqa: Yellow *Sunset:* 7:37PM
Nataraja: Clear
Moon – Light Blue **Devaloka Day**
Vaisaka-Vaikasi

Des Moines, IA
Sun 1 Sutra 47
Plava 5123
Moon 5 - Phase 7 -
1st Phase

2

Saturday, May 29, 2021

Dhanus Rasi: 26.19 Tithi 19 – 20
382894469
Creative Work Siddha Yoga
Until 6:34AM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 4:44AM – 6:36AM **Purvashadha* Until 6:34AM**
Yama 2:03PM – 3:54PM Sukla Until 8:59PM
Rahu 8:27AM – 10:19AM Kaulava Until 3:36AM Sun
Chaturthi* Until 4:35PM

Ganesha: Clear *Sunrise:* 4:44AM
Muruqa: Yellow *Sunset:* 7:38PM
Nataraja: Clear
Moon – Light Blue **Devaloka Day**
Vaisaka-Vaikasi

Des Moines, IA
Sun 2 Sutra 48
Plava 5123
Moon 5 - Phase 7 -
1st Phase

3

Sunday, May 30, 2021

Makara Rasi: 10.27 Tithi 20 – 21
392894469
Creative Work Amrita Yoga
Until 4:32AM Mon
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 3:55PM – 5:47PM **Shravana Until 4:32AM Mon**
Yama 12:11PM – 2:03PM Brahma Until 6:32PM
Rahu 5:47PM – 7:39PM Gara Until 2:06AM Mon
Panchami Until 2:44PM

Ganesha: Purple *Sunrise:* 4:43AM
Muruqa: Yellow *Sunset:* 7:39PM
Nataraja: Clear
Moon – Purple **Sivaloka Day**
Vaisaka-Vaikasi

Des Moines, IA
Sun 3 Sutra 49
Plava 5123
Moon 5 - Phase 7 -
1st Phase

4

Monday, May 31, 2021

Makara Rasi: 24.09 Tithi 21 – 22
392894469
Family Home Evening
Creative Work Siddha Yoga
Until 4:38AM Tue
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 2:03PM – 3:55PM **Dhanishtha Until 4:38AM Tue**
Yama 10:19AM – 12:11PM Indra Until 4:43PM
Rahu 6:35AM – 8:27AM Visti Until 1:23AM Tue
Shashthi* Until 1:38PM

Ganesha: Purple *Sunrise:* 4:43AM
Muruqa: Yellow *Sunset:* 7:40PM
Nataraja: Clear
Moon – Purple **Sivaloka Day**
Vaisaka-Vaikasi

Des Moines, IA
Sun 4 Sutra 50
Plava 5123
Moon 5 - Phase 7 -
1st Phase

●

Tuesday, June 1, 2021
Retreat Star

Kumbha Rasi: 7.24 Tithi 22 – 23
392894469
Routine Work Marana Yoga
Until 5:20AM Wed
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 12:11PM – 2:04PM **Shatabhishak Until 5:20AM Wed**
Yama 8:27AM – 10:19AM Vaidhriti* Until 3:30PM
Rahu 3:56PM – 5:48PM Balava Until 1:27AM Wed
Saptami Until 1:18PM

Ganesha: Purple *Sunrise:* 4:42AM
Muruqa: Yellow *Sunset:* 7:40PM
Nataraja: Clear
Moon – Purple **Sivaloka Day**
Vaisaka-Vaikasi

Des Moines, IA
Sun 5 Sutra 51
Plava 5123
Moon 5 - Phase 7 -
Ashtami

Wednesday, June 2, 2021
Retreat Star

Kumbha Rasi: 20.16 Tithi 23 – 24
312894469
Creative Work Amrita Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproskthapada* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:19AM – 12:12PM **Purvaproskthapada* Until 7:04AM Thu**
Yama 6:34AM – 8:27AM Vishkambha* Until 2:54PM
Rahu 12:12PM – 2:04PM Taitila Until 2:15AM Thu
Ashtami* Until 1:45PM

Ganesha: Blue *Sunrise:* 4:42AM
Muruqa: Yellow *Sunset:* 7:41PM
Nataraja: Clear
Moon – Clear **Sivaloka Day**
Vaisaka-Vaikasi

Des Moines, IA
Sun 6 Sutra 52
Plava 5123
Moon 5 - Phase 7 -
Navami

1	Thursday, June 3, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashyam Titau				Des Moines, IA
	Meena Rasi: 2.46	Tithi 24 – 25	Gulika 8:27AM – 10:19AM	Purvaproshtapada* Until 7:04AM	Ganesha: Blue	<i>Sunrise:</i> 4:42AM	Sun 7 Sutra 53
			Yama 4:42AM – 6:34AM	Priti Until 2:52PM	Muruqa: Yellow	<i>Sunset:</i> 7:42PM	Plava 5123
	312894469	Rahu 2:04PM – 3:57PM		Vanija Until 3:43AM Fri	Nataraja: Clear		Moon 5 - Phase 8 - 7
Creative Work	Siddha Yoga		Navami* Until 2:53PM	Moon – Clear		2nd Phase	
				Vaisaka-Vaikasi		Sivaloka Day	


2	Friday, June 4, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Meena Rasi: 15.01	Tithi 25 – 26	Gulika 6:34AM – 8:27AM	Uttaraproshtapada Until 9:15AM	Ganesha: Blue	<i>Sunrise:</i> 4:41AM	Sun 8 Sutra 54
			Yama 3:57PM – 5:50PM	Ayushman Until 3:15PM	Muruqa: Yellow	<i>Sunset:</i> 7:42PM	Plava 5123
	312894469	Rahu 10:19AM – 12:12PM		Bava Until 5:41AM Sat	Nataraja: Clear		Moon 5 - Phase 8 - 8
Creative Work	Siddha Yoga		Dashami Until 4:37PM	Moon – Clear		2nd Phase	
				Vaisaka-Vaikasi		Sivaloka Day	


3	Saturday, June 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Balava Karana Ekadashyam Titau				Des Moines, IA
	Meena Rasi: 27.03	Tithi 26	Gulika 4:41AM – 6:34AM	Revati Until 11:45AM	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM	Sun 9 Sutra 55
			Yama 2:05PM – 3:58PM	Saubhagya Until 4:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:43PM	Plava 5123
	312894461	Rahu 8:26AM – 10:19AM		Balava Until 6:48PM	Nataraja: Yellow		Moon 5 - Phase 8 - 9
Routine Work	Prabalarishta Yoga		Ekadashi* Until 6:48PM	Moon – Clear		2nd Phase	
Until 11:45AM				Vaisaka-Vaikasi		Devaloka Day	
Then Creative Work - Siddha Yoga							

4	Sunday, June 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Des Moines, IA
	Mesha Rasi: 8.56	Tithi 27	Gulika 3:58PM – 5:51PM	Ashvini Until 2:54PM	Ganesha: Blue	<i>Sunrise:</i> 4:41AM	Sun 10 Sutra 56
			Yama 12:12PM – 2:05PM	Sobhana Until 5:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Plava 5123
	323894461	Rahu 5:51PM – 7:44PM		Kaulava Until 8:02AM	Nataraja: Yellow		Moon 5 - Phase 8 - 10
Creative Work	Siddha Yoga		Dvadashi* Until 9:16PM	Moon – White		2nd Phase	
Until 2:54PM				Vaisaka-Vaikasi		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga						Devaloka Time: 3:PM to 6:PM	

5	Monday, June 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA
	Mesha Rasi: 20.45	Tithi 28	Gulika 2:05PM – 3:58PM	Bharani Until 6:02PM	Ganesha: Blue	<i>Sunrise:</i> 4:40AM	Sun 11 Sutra 57
	Family Home Evening		Yama 10:19AM – 12:12PM	Athiganda* Until 6:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Plava 5123
	323894461	Rahu 6:33AM – 8:26AM		Gara Until 10:36AM	Nataraja: Yellow		Moon 5 - Phase 8 - 11
Creative Work	Siddha Yoga		Trayodashi* Until 11:53PM	Moon – White		2nd Phase	
Until 6:02PM				Vaisaka-Vaikasi		Bhuloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			Devaloka Time: 3:PM to 6:PM	

6	Tuesday, June 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Des Moines, IA
	Vrishabha Rasi: 2.31	Tithi 29	Gulika 12:13PM – 2:06PM	Krittika Until 9:02PM	Ganesha: Red	<i>Sunrise:</i> 4:40AM	Sun 12 Sutra 58
			Yama 8:26AM – 10:19AM	Sukarma Until 7:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:45PM	Plava 5123
	323994461	Rahu 3:59PM – 5:52PM		Visti Until 1:13PM	Nataraja: Yellow		Moon 5 - Phase 8 - 12
Creative Work	Siddha Yoga		Chaturdashi* Until 2:28AM Wed	Moon – White		2nd Phase	
Until 9:02PM				Vaisaka-Vaikasi		Devaloka Day	
Then Creative Work - Amrita Yoga							

	Wednesday, June 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA
	Retreat Star		Gulika 10:20AM – 12:13PM	Rohini Until 12:14AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM	Sun 13 Sutra 59
	Vrishabha Rasi: 14.19	Tithi 30	Yama 6:33AM – 8:26AM	Dhriti Until 8:17PM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Plava 5123
	333994461	Rahu 12:13PM – 2:06PM		Catuspada Until 3:44PM	Nataraja: Yellow		Moon 5 - Phase 8 - 13
Creative Work	Siddha Yoga		Amavasya* Until 4:54AM Thu	Moon – Yellow		Amavasya	
Until 12:14AM Thu				Vaisaka-Vaikasi		Devaloka Day	
Then Routine Work - Marana Yoga							

	Thursday, June 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna* Karana Prathamayam Titau				Des Moines, IA
	Retreat Star		Gulika 8:26AM – 10:20AM	Mrigashira Until 3:02AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM	Sun 14 Sutra 60
	Vrishabha Rasi: 26.11	Tithi 1	Yama 4:40AM – 6:33AM	Shula* Until 9:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Plava 5123
	333994461	Rahu 2:06PM – 4:00PM		Kintughna Until 6:03PM	Nataraja: Yellow		Moon 5 - Phase 8 - 14
Routine Work	Marana Yoga		Prathama* Until 7:04AM Fri	Moon – Yellow		Prathama	
Until 3:02AM Fri				Jyeshtha-Vaikasi		Devaloka Day	
Then Creative Work - Siddha Yoga							

1	Friday, June 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
	Mithuna Rasi: 8.08	Tithi 1 – 2	333994461	Gulika 6:33AM – 8:26AM Yama 4:00PM – 5:53PM Rahu 10:20AM – 12:13PM	Ardra Until 5:19AM Sat Ganda* Until 9:43PM Balava Until 8:02PM Prathama* Until 7:04AM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Yellow Jyeshtha-Vaikasi	Sunrise: 4:40AM Sunset: 7:47PM Moon 5 - Phase 9 - 15 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

2	Saturday, June 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
	Mithuna Rasi: 20.15	Tithi 2 – 3	343994461	Gulika 4:40AM – 6:33AM Yama 2:07PM – 4:00PM Rahu 8:26AM – 10:20AM	Punarvasu Until 7:32AM Sun Vriddhi Until 10:02PM Taitila Until 9:37PM Dvitiya Until 8:52AM	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Sunrise: 4:40AM Sunset: 7:47PM Moon 5 - Phase 9 - 16 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

3	Sunday, June 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Des Moines, IA
	Kataka Rasi: 2.32	Tithi 3 – 4	343994461	Gulika 4:01PM – 5:54PM Yama 12:14PM – 2:07PM Rahu 5:54PM – 7:48PM	Punarvasu Until 7:32AM Dhruva Until 9:57PM Vanija Until 10:45PM Tritiya Until 10:14AM	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Sunrise: 4:39AM Sunset: 7:48PM Moon 5 - Phase 9 - 17 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

4	Monday, June 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Kataka Rasi: 15.01	Tithi 4 – 5	343994461	Gulika 2:07PM – 4:01PM Yama 10:20AM – 12:14PM Rahu 6:33AM – 8:27AM	Pushya Until 9:07AM Vyaghata* Until 9:30PM Bava Until 11:23PM Chaturthi* Until 11:07AM	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Blue Jyeshtha-Ani	Sunrise: 4:39AM Sunset: 7:48PM Moon 5 - Phase 9 - 18 3rd Phase Devaloka Day
	Family Home Evening						
	Creative Work	Siddha Yoga					

5	Tuesday, June 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
	Kataka Rasi: 27.44	Tithi 5 – 6	343994461	Gulika 12:14PM – 2:08PM Yama 8:27AM – 10:20AM Rahu 4:01PM – 5:55PM	Ashlesha* Until 10:03AM Harshana Until 8:38PM Kaulava Until 11:28PM Panchami Until 11:29AM	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Blue Jyeshtha-Ani	Sunrise: 4:39AM Sunset: 7:48PM Moon 5 - Phase 9 - 19 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

6	Wednesday, June 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Simha Rasi: 10.43	Tithi 6 – 7	353994461	Gulika 10:20AM – 12:14PM Yama 6:33AM – 8:27AM Rahu 12:14PM – 2:08PM	Magha* Until 10:45AM Vajra* Until 7:18PM Gara Until 11:00PM Shashthi* Until 11:17AM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Red Jyeshtha-Ani	Sunrise: 4:39AM Sunset: 7:49PM Moon 5 - Phase 9 - 20 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 10:45AM						
Then Creative Work - Amrita Yoga							

D	Thursday, June 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saplamani/Ashlamyam Titau				Des Moines, IA
	Retreat Star		353994461	Gulika 8:27AM – 10:21AM Yama 4:40AM – 6:33AM Rahu 2:08PM – 4:02PM	Purvaphalguni Until 10:43AM Siddhi Until 5:31PM Visti Until 9:57PM Saptami Until 10:32AM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Red Jyeshtha-Ani	Sunrise: 4:40AM Sunset: 7:49PM Moon 5 - Phase 9 - 21 Ashtami Sivaloka Day
	Simha Rasi: 24	Tithi 7 – 8					
	Creative Work	Siddha Yoga					

D	Friday, June 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
	Retreat Star		353994461	Gulika 6:33AM – 8:27AM Yama 4:02PM – 5:56PM Rahu 10:21AM – 12:15PM	Uttaraphalguni Until 9:59AM Vyatipata* Until 3:16PM Balava Until 8:19PM Ashtami* Until 9:11AM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Red Jyeshtha-Ani	Sunrise: 4:40AM Sunset: 7:49PM Moon 5 - Phase 9 - 22 Navami Sivaloka Day
	Kanya Rasi: 7.37	Tithi 8 – 9					
	Creative Work	Siddha Yoga					
Until 9:59AM							
Then Creative Work - Amrita Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

ll times are standard time. Calculated for Des Moines, IA on 5/23/1

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1	Saturday, June 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA Sun 23 Sutra 69
	Kanya Rasi: 21.34	Tithi 9 – 10	Gulika 4:40AM – 6:33AM	Hasta Until 8:58AM	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM	Plava 5123
			Yama 2:09PM – 4:02PM	Variyan Until 12:33PM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 10 - 23
	Routine Work	Marana Yoga	Rahu 8:27AM – 10:21AM	Taitila Until 6:09PM	Nataraja: Yellow		4th Phase
			Navami* Until 7:16AM	Moon – Green		Devaloka Day	
				Jyeshtha-Ani			

2	Sunday, June 20, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svatil Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 70
	Tula Rasi: 5.52	Tithi 11	Gulika 4:02PM – 5:56PM	Chitra Until 7:18AM	Ganesha: White	<i>Sunrise:</i> 4:40AM	Plava 5123
			Yama 12:15PM – 2:09PM	Parigha* Until 9:27AM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 10 - 24
	Creative Work	Siddha Yoga	Rahu 5:56PM – 7:50PM	Vanija Until 3:30PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 2:01AM Mon	Moon – Green		Bhuloka Day	
		Father's Day		Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	

3	Monday, June 21, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 71
	Tula Rasi: 20.28	Tithi 12	Gulika 2:09PM – 4:03PM	Vishakha Until 2:49AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Plava 5123
	Family Home Evening		Yama 10:21AM – 12:15PM	Shiva Until 6:00AM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 10 - 25
	Routine Work	Marana Yoga	Rahu 6:34AM – 8:28AM	Bava Until 12:28PM	Nataraja: Yellow		4th Phase
			Dvadashi Until 10:50PM	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			

4	Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 72
	Vrischika Rasi: 5.18	Tithi 13	Gulika 12:15PM – 2:09PM	Anuradha Until 12:14AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Plava 5123
			Yama 8:28AM – 10:22AM	Sadhya Until 10:25PM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 10 - 26
	Creative Work	Siddha Yoga	Rahu 4:03PM – 5:57PM	Kaulava Until 9:11AM	Nataraja: Yellow		4th Phase
			Trayodashi Until 7:27PM	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani		Tour Day	
				<i>Pradosha Vrata</i>			

5	Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashil/Purnimayam Titau				Des Moines, IA Sun 27 Sutra 73
	Vrischika Rasi: 20.15	Tithi 14 – 15	Gulika 10:22AM – 12:16PM	Jyeshtha* Until 9:29PM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Plava 5123
			Yama 6:34AM – 8:28AM	Subha Until 6:32PM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 10 - 27
	Creative Work	Siddha Yoga	Rahu 12:16PM – 2:09PM	Visti Until 2:18AM Thu	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 4:00PM	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			

○	Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA Sun 28 Sutra 74
	Copper Retreat Star		Gulika 8:28AM – 10:22AM	Mula* Until 7:07PM	Ganesha: Purple	<i>Sunrise:</i> 4:41AM	Plava 5123
	Dhanus Rasi: 5.12	Tithi 15 – 16	Yama 4:41AM – 6:35AM	Sukla Until 2:41PM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 10 - Purnima
	Creative Work	Siddha Yoga	Rahu 2:10PM – 4:03PM	Balava Until 11:01PM	Nataraja: Yellow		
			Purnima* Until 12:37PM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	

○	Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sun 29 Sutra 75
	Silver Retreat Star		Gulika 6:35AM – 8:29AM	Purvashadha* Until 4:53PM	Ganesha: Purple	<i>Sunrise:</i> 4:41AM	Plava 5123
	Dhanus Rasi: 20.01	Tithi 16 – 17	Yama 4:03PM – 5:57PM	Brahma Until 11:04AM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 10 - Prathama
	Creative Work	Siddha Yoga	Rahu 10:22AM – 12:16PM	Taitila Until 8:02PM	Nataraja: Yellow		
			Prathama* Until 9:28AM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 3:PM to 6:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda



Saturday, June 26, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhrili* Yoga Gara/Visli* Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 76

Plava 5123

Moon 6 - Phase 11 - 1

1st Phase

Makara Rasi: 4.34 Tithi 17 - 18

384994461

Gulika 4:42AM - 6:35AM
Yama 2:10PM - 4:04PM
Rahu 8:29AM - 10:23AM

Uttarashadha Until 2:56PM
Indra Until 7:46AM
Visti Until 4:25AM Sun
Dvitiya Until 6:41AM

Ganesha: Purple
Muruqa: Yellow
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:42AM
Sunset: 7:51PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 2:56PM

Then Creative Work - Siddha Yoga

1

Sunday, June 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Bava/Balava Karana Chaturthiyam Titau

Des Moines, IA

Sun 2 Sutra 77

Plava 5123

Moon 6 - Phase 11 - 2

1st Phase

Makara Rasi: 18.46 Tithi 19

394994461

Gulika 4:04PM - 5:57PM
Yama 12:16PM - 2:10PM
Rahu 5:57PM - 7:51PM

Shravana Until 1:51PM
Vishkambha* Until 2:33AM Mon
Bava Until 3:32PM
Chaturthi* Until 2:48AM Mon

Ganesha: Clear
Muruqa: Yellow
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:42AM
Sunset: 7:51PM

Devaloka Day

Creative Work Amrita Yoga

Until 1:51PM

Then Routine Work - Marana Yoga

2

Monday, June 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 78

Plava 5123

Moon 6 - Phase 11 - 3

1st Phase

Kumbha Rasi: 2.32 Tithi 20

394994461

Gulika 2:10PM - 4:04PM
Yama 10:23AM - 12:17PM
Rahu 6:36AM - 8:29AM

Dhanishtha Until 1:19PM
Priti Until 12:50AM Tue
Kaulava Until 2:17PM
Panchami Until 1:56AM Tue

Ganesha: Clear
Muruqa: Yellow
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:42AM
Sunset: 7:51PM

Devaloka Day

Creative Work Siddha Yoga

3

Tuesday, June 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 79

Plava 5123

Moon 6 - Phase 11 - 4

1st Phase

Kumbha Rasi: 15.53 Tithi 21

394994461

Gulika 12:17PM - 2:10PM
Yama 8:30AM - 10:23AM
Rahu 4:04PM - 5:57PM

Shatabhishak Until 1:24PM
Ayushman Until 11:44PM
Gara Until 1:49PM
Shashthi* Until 1:52AM Wed

Ganesha: Clear
Muruqa: Yellow
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 7:51PM

Devaloka Day

Routine Work Marana Yoga

4

Wednesday, June 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 80

Plava 5123

Moon 6 - Phase 11 - 5

1st Phase

Kumbha Rasi: 28.48 Tithi 22

314994461

Gulika 10:24AM - 12:17PM
Yama 6:37AM - 8:30AM
Rahu 12:17PM - 2:10PM

Purvaproshtapada* Until 2:34PM
Saubhagya Until 11:16PM
Visti Until 2:09PM
Saptami Until 2:35AM Thu

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:43AM
Sunset: 7:51PM

Devaloka Day

Creative Work Amrita Yoga

Until 2:34PM

Then Creative Work - Siddha Yoga

●

Thursday, July 1, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 81

Plava 5123

Moon 6 - Phase 11 - 6

Ashtami

Meena Rasi: 11.21 Tithi 23

314994461

Gulika 8:30AM - 10:24AM
Yama 4:44AM - 6:37AM
Rahu 2:11PM - 4:04PM

Uttaraproshtapada Until 4:20PM
Sobhana Until 11:23PM
Balava Until 3:14PM
Ashtami* Until 4:01AM Fri

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:44AM
Sunset: 7:51PM

Devaloka Day

Creative Work Siddha Yoga

Friday, July 2, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA

Sun 7 Sutra 82

Plava 5123

Moon 6 - Phase 11 - 7

Navami

Meena Rasi: 23.36 Tithi 24

315194461

Gulika 6:37AM - 8:31AM
Yama 4:04PM - 5:57PM
Rahu 10:24AM - 12:17PM

Revati Until 6:33PM
Athiganda* Until 11:56PM
Taitila Until 4:59PM
Navami* Until 6:02AM Sat

Ganesha: White
Muruqa: Yellow
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:44AM
Sunset: 7:51PM

Sivaloka Day

Creative Work Siddha Yoga

Until 6:33PM

Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Des Moines, IA
	Mesha Rasi: 5.37	Tithi 24 – 25	Gulika 4:45AM – 6:38AM	Ashvini Until 9:34PM	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Sun 8 Sutra 83
			Yama 2:11PM – 4:04PM	Sukarma Until 12:50AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Plava 5123
	325194461	Rahu 8:31AM – 10:24AM		Vanija Until 7:13PM	Nataraja: Yellow		Moon 6 - Phase 12 - 8 2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:02AM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			


2	Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Mesha Rasi: 17.29	Tithi 25 – 26	Gulika 4:04PM – 5:57PM	Bharani Until 12:39AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Sun 9 Sutra 84
			Yama 12:18PM – 2:11PM	Dhriti Until 1:56AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Plava 5123
	325194461	Rahu 5:57PM – 7:50PM		Bava Until 9:43PM	Nataraja: Yellow		Moon 6 - Phase 12 - 9 2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 8:25AM	Moon – White		Devaloka Day	
Until 12:39AM Mon				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							


3	Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Mesha Rasi: 29.17	Tithi 26 – 27	Gulika 2:11PM – 4:04PM	Krittika Until 3:38AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Sun 10 Sutra 85
			Yama 10:25AM – 12:18PM	Shula* Until 3:02AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Plava 5123
	325194461	Rahu 6:39AM – 8:32AM		Kaulava Until 12:18AM Tue	Nataraja: Yellow		Moon 6 - Phase 12 - 10 2nd Phase
Family Home Evening	Marana Yoga		Ekadashi* Until 11:00AM	Moon – White		Devaloka Day	
Until 3:38AM Tue				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

4	Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Vrishabha Rasi: 11.04	Tithi 27 – 28	Gulika 12:18PM – 2:11PM	Rohini Until 6:48AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Sun 11 Sutra 86
			Yama 8:32AM – 10:25AM	Ganda* Until 4:02AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Plava 5123
	435194461	Rahu 4:04PM – 5:57PM		Gara Until 2:46AM Wed	Nataraja: Yellow		Moon 6 - Phase 12 - 11 2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:32PM	Moon – Yellow		Devaloka Day	
Until 6:48AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Vriddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Vrishabha Rasi: 22.56	Tithi 28 – 29	Gulika 10:25AM – 12:18PM	Rohini Until 6:48AM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Sun 12 Sutra 87
			Yama 6:40AM – 8:33AM	Vriddhi Until 4:49AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Plava 5123
	435194461	Rahu 12:18PM – 2:11PM		Visti Until 4:55AM Thu	Nataraja: Yellow		Moon 6 - Phase 12 - 12 2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:52PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			

6	Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA
	Mithuna Rasi: 4.54	Tithi 29 – 30	Gulika 8:33AM – 10:26AM	Mrigashira Until 9:29AM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Sun 13 Sutra 88
			Yama 4:48AM – 6:40AM	Dhruva Until 5:15AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Plava 5123
	435194461	Rahu 2:11PM – 4:04PM		Catuspada Until 6:40AM Fri	Nataraja: Yellow		Moon 6 - Phase 12 - 13 2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 5:50PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			

	Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA
	Retreat Star		Gulika 6:41AM – 8:33AM	Ardra Until 11:36AM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Sun 14 Sutra 89
	Mithuna Rasi: 17.02	Tithi 30	Yama 4:03PM – 5:56PM	Vyaghata* Until 5:20AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Plava 5123
	435194461	Rahu 10:26AM – 12:18PM		Catuspada Until 6:40AM	Nataraja: Yellow		Moon 6 - Phase 12 - 14 Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 7:20PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Ani			

	Saturday, July 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA
	Retreat Star		Gulika 4:49AM – 6:42AM	Punarvasu Until 1:34PM	Ganesha: Red	<i>Sunrise:</i> 4:49AM	Sun 15 Sutra 90
	Mithuna Rasi: 29.23	Tithi 1	Yama 2:11PM – 4:03PM	Harshana Until 5:02AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Plava 5123
	445194461	Rahu 8:34AM – 10:26AM		Kintughna Until 7:55AM	Nataraja: Yellow		Moon 6 - Phase 12 - 15 Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:21PM	Moon – Blue		Devaloka Day	
				Ashada-Ani			

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1 Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA Sun 16 Sutra 91
Kataka Rasi: 11.57	Tithi 2	Gulika 4:03PM – 5:55PM	Pushya Until 2:53PM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Plava 5123
		Yama 12:19PM – 2:11PM	Vajra* Until 4:20AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Moon 6 - Phase 13 - 16
446194461	Rahu 5:55PM – 7:48PM		Balava Until 8:41AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:52PM	Moon – Blue		
				Ashada*Ani	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

2 Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA Sun 17 Sutra 92
Kataka Rasi: 24.44	Tithi 3	Gulika 2:11PM – 4:03PM	Ashlesha* Until 3:35PM	Ganesha: Blue	<i>Sunrise:</i> 4:51AM	Plava 5123
Family Home Evening		Yama 10:27AM – 12:19PM	Siddhi Until 3:17AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 13 - 17
446194461	Rahu 6:43AM – 8:35AM		Taitila Until 8:58AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 8:55PM	Moon – Blue		
Until 3:35PM				Ashada*Ani	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

3 Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Des Moines, IA Sun 18 Sutra 93
Simha Rasi: 7.45	Tithi 4	Gulika 12:19PM – 2:11PM	Magha* Until 4:10PM	Ganesha: Blue	<i>Sunrise:</i> 4:51AM	Plava 5123
		Yama 8:35AM – 10:27AM	Vyatipata* Until 1:54AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:47PM	Moon 6 - Phase 13 - 18
456194461	Rahu 4:03PM – 5:55PM		Vanija Until 8:48AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:33PM	Moon – Red		
				Ashada*Ani	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

4 Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA Sun 19 Sutra 94
Simha Rasi: 20.59	Tithi 5	Gulika 10:27AM – 12:19PM	Purvaphalguni Until 4:11PM	Ganesha: Blue	<i>Sunrise:</i> 4:52AM	Plava 5123
		Yama 6:44AM – 8:36AM	Variyan Until 12:11AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Moon 6 - Phase 13 - 19
456194461	Rahu 12:19PM – 2:11PM		Bava Until 8:13AM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 7:46PM	Moon – Red		
				Ashada*Ani	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

5 Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA Sun 20 Sutra 95
Kanya Rasi: 4.25	Tithi 6	Gulika 8:36AM – 10:28AM	Uttaraphalguni Until 3:41PM	Ganesha: Blue	<i>Sunrise:</i> 4:53AM	Plava 5123
		Yama 4:53AM – 6:44AM	Parigha* Until 10:11PM	Muruqa: Yellow	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13 - 20
456194461	Rahu 2:11PM – 4:02PM		Kaulava Until 7:15AM	Nataraja: Yellow		3rd Phase
Amrita Yoga			Shashthi* Until 6:37PM	Moon – Red		
Until 3:41PM		Chidambaram Abhishekam		Ashada*Ani	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

6 Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA Sun 21 Sutra 96
Kanya Rasi: 18.05	Tithi 7 – 8	Gulika 6:45AM – 8:37AM	Hasta Until 3:07PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Plava 5123
		Yama 4:02PM – 5:53PM	Shiva Until 7:53PM	Muruqa: White	<i>Sunset:</i> 7:45PM	Moon 6 - Phase 13 - 21
466195462	Rahu 10:28AM – 12:19PM		Visti Until 4:13AM Sat	Nataraja: White		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 5:05PM	Moon – Green		
Until 3:07PM				Ashada*Adi	Subha Sivaloka Day	
Then Creative Work - Siddha Yoga						

Retreat Star		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA Sun 22 Sutra 97
Tula Rasi: 1.58	Tithi 8 – 9	Gulika 4:55AM – 6:46AM	Chitra Until 2:02PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Plava 5123
		Yama 2:11PM – 4:02PM	Siddha Until 5:17PM	Muruqa: White	<i>Sunset:</i> 7:44PM	Moon 6 - Phase 13 - 22
466195462	Rahu 8:37AM – 10:28AM		Balava Until 2:10AM Sun	Nataraja: White		Ashtami
Routine Work	Marana Yoga		Ashtami* Until 3:13PM	Moon – Green		
Until 2:02PM				Ashada*Adi	Subha Sivaloka Day	
Then Creative Work - Siddha Yoga						


Retreat Star		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA Sun 23 Sutra 98
Tula Rasi: 16.03	Tithi 9 – 10	Gulika 4:01PM – 5:52PM	Svati Until 12:30PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Plava 5123
		Yama 12:19PM – 2:10PM	Sadhya Until 2:25PM	Muruqa: White	<i>Sunset:</i> 7:43PM	Moon 6 - Phase 13 - 23
466195462	Rahu 5:52PM – 7:43PM		Taitila Until 11:49PM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 1:00PM	Moon – Green		
Until 12:30PM				Ashada*Adi	Subha Sivaloka Day	
Then Routine Work - Marana Yoga						


1	Monday, July 19, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 99
	Vrischika Rasi: 0.21 Tithi 10 – 11	477195462	Gulika 2:10PM – 4:01PM Yama 10:29AM – 12:20PM Rahu 6:47AM – 8:38AM	Vishakha Until 10:56AM Subha Until 11:20AM Vanija Until 9:11PM Dashami Until 10:31AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Ashada*Adi	<i>Sunrise:</i> 4:56AM <i>Sunset:</i> 7:43PM	Plava 5123 Moon 6 - Phase 14 - 24 4th Phase
	Family Home Evening				Subha Sivaloka Day		
	Routine Work Marana Yoga						
	Until 10:56AM Then Creative Work - Siddha Yoga						

2	Tuesday, July 20, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau				Des Moines, IA Sun 25 Sutra 100
	Vrischika Rasi: 14.5 Tithi 11 – 12	477195462	Gulika 12:20PM – 2:10PM Yama 8:38AM – 10:29AM Rahu 4:01PM – 5:51PM	Anuradha Until 9:01AM Sukla Until 8:02AM Bava Until 6:23PM Ekadashi Until 7:47AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Ashada*Adi	<i>Sunrise:</i> 4:57AM <i>Sunset:</i> 7:42PM	Plava 5123 Moon 6 - Phase 14 - 25 4th Phase
	Creative Work Siddha Yoga				Subha Sivaloka Day		
	Until 9:01AM Then Routine Work - Marana Yoga						

3	Wednesday, July 21, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 101
	Vrischika Rasi: 29.25 Tithi 13	477195462	Gulika 10:29AM – 12:20PM Yama 6:48AM – 8:39AM Rahu 12:20PM – 2:10PM	Jyeshtha* Until 6:49AM Indra Until 1:12AM Thu Kaulava Until 3:28PM Trayodashi Until 2:00AM Thu <i>Pradosha Vrata</i>	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Ashada*Adi	<i>Sunrise:</i> 4:58AM <i>Sunset:</i> 7:41PM	Plava 5123 Moon 6 - Phase 14 - 26 4th Phase
	Creative Work Siddha Yoga				Subha Sivaloka Day		
	Until 6:49AM Then Routine Work - Marana Yoga						

4	Thursday, July 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 102
	Dhanus Rasi: 14.01 Tithi 14	487195462	Gulika 8:39AM – 10:29AM Yama 4:59AM – 6:49AM Rahu 2:10PM – 4:00PM	Purvashadha* Until 2:51AM Fri Vaidhriti* Until 9:48PM Gara Until 12:35PM Chaturdashi* Until 11:10PM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Ashada*Adi	<i>Sunrise:</i> 4:59AM <i>Sunset:</i> 7:40PM	Plava 5123 Moon 6 - Phase 14 - 27 4th Phase
	Creative Work Siddha Yoga				Subha Subha Sivaloka Day		
	Until 2:51AM Fri Then Routine Work - Marana Yoga						

	Friday, July 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA Sun 28 Sutra 103		
	Copper Retreat Star		Dhanus Rasi: 28.33 Tithi 15	487195462	Gulika 6:50AM – 8:40AM Yama 4:00PM – 5:50PM Rahu 10:30AM – 12:20PM	Uttarashadha Until 12:58AM Sat Vishkambha* Until 6:36PM Visti Until 9:51AM Purnima* Until 8:33PM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Ashada*Adi	<i>Sunrise:</i> 5:00AM <i>Sunset:</i> 7:40PM	Plava 5123 Moon 6 - Phase 14 - Purnima
	Routine Work Marana Yoga				Subha Subha Sivaloka Day				
	Until 12:58AM Sat Then Creative Work - Siddha Yoga								

	Saturday, July 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sun 29 Sutra 104		
	Silver Retreat Star		Makara Rasi: 12.54 Tithi 16	497195462	Gulika 5:01AM – 6:50AM Yama 2:09PM – 3:59PM Rahu 8:40AM – 10:30AM	Shravana Until 11:44PM Priti Until 3:41PM Balava Until 7:24AM Prathama* Until 6:18PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Purple Ashada*Adi	<i>Sunrise:</i> 5:01AM <i>Sunset:</i> 7:39PM	Plava 5123 Moon 6 - Phase 14 - Prathama
	Creative Work Siddha Yoga				Subha Sivaloka Day				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 25, 2021
Gold Retreat Star

Makara Rasi: 26.58 Tithi 17 – 18

498195462

Gulika
Yama
Rahu

3:59PM – 5:48PM
12:20PM – 2:09PM
5:48PM – 7:38PM

Dhanishtha Until 10:54PM
Ayushman Until 1:09PM
Vanija Until 3:54AM Mon
Dvitiya Until 4:32PM

Ganesha: White
Muruqa: White
Nataraja: White
Moon – Purple
Ashada-Adi

Sunrise: 5:02AM
Sunset: 7:38PM

Des Moines, IA
Sun 1 Sutra 105
Plava 5123
Moon 7 - Phase 15 - 1
1st Phase

Routine Work Marana Yoga
Until 10:54PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Monday, July 26, 2021

Kumbha Rasi: 10.4 Tithi 18 – 19

498195462

Gulika
Yama
Rahu

2:09PM – 3:58PM
10:30AM – 12:20PM
6:52AM – 8:41AM

Shatabhishak Until 10:33PM
Saubhagya Until 11:06AM
Bava Until 3:07AM Tue
Tritiya Until 3:24PM

Ganesha: White
Muruqa: White
Nataraja: White
Moon – Purple
Ashada-Adi

Sunrise: 5:03AM
Sunset: 7:37PM

Des Moines, IA
Sun 2 Sutra 106
Plava 5123
Moon 7 - Phase 15 - 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 10:33PM
Then Routine Work - Marana Yoga

Sivaloka Day

2

Tuesday, July 27, 2021

Kumbha Rasi: 23.59 Tithi 19 – 20

418295462

Gulika
Yama
Rahu

12:20PM – 2:09PM
8:42AM – 10:31AM
3:58PM – 5:47PM

Purvaproshthapada* Until 11:15PM
Sobhana Until 9:39AM
Kaulava Until 3:05AM Wed
Chaturthi* Until 2:59PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Ashada-Adi

Sunrise: 5:03AM
Sunset: 7:36PM

Des Moines, IA
Sun 3 Sutra 107
Plava 5123
Moon 7 - Phase 15 - 3
1st Phase

Routine Work Marana Yoga
Until 11:15PM
Then Creative Work - Amrita Yoga

Subha Sivaloka Day

3

Wednesday, July 28, 2021

Meena Rasi: 6.55 Tithi 20 – 21

418295462

Gulika
Yama
Rahu

10:31AM – 12:20PM
6:53AM – 8:42AM
12:20PM – 2:08PM

Uttaraproshtapada Until 12:33AM Thu
Athiganda* Until 8:46AM
Gara Until 3:50AM Thu
Panchami Until 3:21PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Ashada-Adi

Sunrise: 5:04AM
Sunset: 7:35PM

Des Moines, IA
Sun 4 Sutra 108
Plava 5123
Moon 7 - Phase 15 - 4
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

4

Thursday, July 29, 2021

Meena Rasi: 19.29 Tithi 21 – 22

418295462

Gulika
Yama
Rahu

8:42AM – 10:31AM
5:05AM – 6:54AM
2:08PM – 3:57PM

Revati Until 2:23AM Fri
Sukarma Until 8:31AM
Vistii Until 5:17AM Fri
Shashthi* Until 4:27PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Ashada-Adi

Sunrise: 5:05AM
Sunset: 7:34PM

Des Moines, IA
Sun 5 Sutra 109
Plava 5123
Moon 7 - Phase 15 - 5
1st Phase

Creative Work Siddha Yoga
Until 2:23AM Fri
Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Friday, July 30, 2021

Mesha Rasi: 1.44 Tithi 22

428295462

Gulika
Yama
Rahu

6:55AM – 8:43AM
3:56PM – 5:45PM
10:31AM – 12:20PM

Ashvini Until 5:07AM Sat
Dhriti Until 8:48AM
Bava Until 6:13PM
Saptami Until 6:13PM

Ganesha: Blue
Muruqa: White
Nataraja: White
Moon – White
Ashada-Adi

Sunrise: 5:06AM
Sunset: 7:33PM

Des Moines, IA
Sun 6 Sutra 110
Plava 5123
Moon 7 - Phase 15 - 6
1st Phase

Creative Work Amrita Yoga
Until 5:07AM Sat
Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

D

Saturday, July 31, 2021
Retreat Star

Mesha Rasi: 13.46 Tithi 23

428215462

Gulika
Yama
Rahu

5:07AM – 6:55AM
2:08PM – 3:56PM
8:43AM – 10:31AM

Bharani Until 8:05AM Sun
Shula* Until 9:30AM
Balava Until 7:19AM
Ashtami* Until 8:28PM

Ganesha: Blue
Muruqa: White
Nataraja: White
Moon – White
Ashada-Adi

Sunrise: 5:07AM
Sunset: 7:32PM

Des Moines, IA
Sun 7 Sutra 111
Plava 5123
Moon 7 - Phase 15 - 7
Ashtami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

Sunday, August 1, 2021
Retreat Star

Mesha Rasi: 25.38 Tithi 24

429215462

Gulika
Yama
Rahu

3:55PM – 5:43PM
12:19PM – 2:07PM
5:43PM – 7:31PM

Bharani Until 8:05AM
Ganda* Until 10:28AM
Taitila Until 9:43AM
Navami* Until 10:58PM

Ganesha: Red
Muruqa: White
Nataraja: White
Moon – White
Ashada-Adi

Sunrise: 5:08AM
Sunset: 7:31PM

Des Moines, IA
Sun 8 Sutra 112
Plava 5123
Moon 7 - Phase 15 - 8
Navami

Routine Work Prabalarishta Yoga
Until 8:05AM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Des Moines, IA on 5/23/1

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1		Monday, August 2, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Des Moines, IA Sun 9 Sutra 113 Plava 5123	
Vrishabha Rasi: 7.26	Tithi 25	Gulika	2:07PM – 3:54PM	Krittika Until 11:01AM	Ganesha: Red	<i>Sunrise:</i> 5:09AM	
Family Home Evening	429215462	Yama	10:32AM – 12:19PM	Vriddhi Until 11:34AM	Muruqa: White	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 16 - 9
Routine Work	Marana Yoga	Rahu	6:57AM – 8:44AM	Vanija Until 12:16PM	Nataraja: White		2nd Phase
Until 11:01AM				Dashami Until 1:30AM Tue	Moon – White		Subha Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada-Adi		
2		Tuesday, August 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Des Moines, IA Sun 10 Sutra 114 Plava 5123	
Vrishabha Rasi: 19.16	Tithi 26	Gulika	12:19PM – 2:07PM	Rohini Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 5:10AM	
	439215462	Yama	8:45AM – 10:32AM	Dhruva Until 12:32PM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 16 - 10
Creative Work	Amrita Yoga	Rahu	3:54PM – 5:41PM	Bava Until 2:43PM	Nataraja: White		2nd Phase
Until 2:12PM				Ekadashi* Until 3:48AM Wed	Moon – Yellow		Sivaloka Day
Then Creative Work - Siddha Yoga					Ashada-Adi		Tour Day
3		Wednesday, August 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Des Moines, IA Sun 11 Sutra 115 Plava 5123	
Mithuna Rasi: 1.11	Tithi 27	Gulika	10:32AM – 12:19PM	Mrigashira Until 4:54PM	Ganesha: Green	<i>Sunrise:</i> 5:11AM	
	439215462	Yama	6:58AM – 8:45AM	Vyaghata* Until 1:18PM	Muruqa: White	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 16 - 11
Creative Work	Siddha Yoga	Rahu	12:19PM – 2:06PM	Kaulava Until 4:49PM	Nataraja: White		2nd Phase
				Dvadashi* Until 5:40AM Thu	Moon – Yellow		Sivaloka Day
					Ashada-Adi		
4		Thursday, August 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Gara Karana Trayodashyam Titau		Des Moines, IA Sun 12 Sutra 116 Plava 5123	
Mithuna Rasi: 13.17	Tithi 28	Gulika	8:46AM – 10:32AM	Ardra Until 6:57PM	Ganesha: Green	<i>Sunrise:</i> 5:12AM	
	439215462	Yama	5:12AM – 6:59AM	Harshana Until 1:42PM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 16 - 12
Routine Work	Marana Yoga	Rahu	2:06PM – 3:53PM	Gara Until 6:26PM	Nataraja: White		2nd Phase
Until 6:57PM				Trayodashi* Until 7:00AM Fri	Moon – Yellow		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada-Adi		
					<i>Pradosha Vrata (Fasting)</i>		
5		Friday, August 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA Sun 13 Sutra 117 Plava 5123	
Mithuna Rasi: 25.37	Tithi 28 – 29	Gulika	7:00AM – 8:46AM	Punarvasu Until 8:46PM	Ganesha: White	<i>Sunrise:</i> 5:13AM	
	449215462	Yama	3:52PM – 5:38PM	Vajra* Until 1:38PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 16 - 13
Creative Work	Siddha Yoga	Rahu	10:33AM – 12:19PM	Visti Until 7:28PM	Nataraja: White		2nd Phase
Until 8:46PM				Trayodashi* Until 7:00AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Ashada-Adi		
Retreat Star		Saturday, August 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mani Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Des Moines, IA Sun 14 Sutra 118 Plava 5123	
Kataka Rasi: 8.12	Tithi 29 – 30	Gulika	5:14AM – 7:00AM	Pushya Until 9:50PM	Ganesha: White	<i>Sunrise:</i> 5:14AM	
	449215462	Yama	2:05PM – 3:51PM	Siddhi Until 1:07PM	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16 - 14
Creative Work	Siddha Yoga	Rahu	8:47AM – 10:33AM	Catuspada Until 7:54PM	Nataraja: White		Amavasya
Until 9:50PM				Chaturdashi* Until 7:44AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Ashada-Adi		
Retreat Star		Sunday, August 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Des Moines, IA Sun 15 Sutra 119 Plava 5123	
Kataka Rasi: 21.04	Tithi 30 – 1	Gulika	3:51PM – 5:36PM	Ashlesha* Until 10:11PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:15AM	
	441215462	Yama	12:19PM – 2:05PM	Vyatipata* Until 12:08PM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 - 15
Creative Work	Siddha Yoga	Rahu	5:36PM – 7:22PM	Kintughna Until 7:45PM	Nataraja: White		Prathama
Until 10:11PM				Amavasya* Until 7:52AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Sravana-Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

Il times are standard time. Calculated for Des Moines, IA on 5/23/1

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1		Monday, August 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Des Moines, IA Sun 16 Sutra 120 Plava 5123	
Simha Rasi: 4.13	Tithi 1 - 2	Gulika	2:04PM - 3:50PM	Magha* Until 10:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:16AM	
Family Home Evening	451215462	Yama	10:33AM - 12:19PM	Variyan Until 10:43AM	Muruqa: White	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 17 - 16
Routine Work	Marana Yoga	Rahu	7:02AM - 8:47AM	Balava Until 7:06PM	Nataraja: White		3rd Phase
Until 10:22PM				Prathama* Until 7:28AM	Moon - Red		Sivaloka Day
Then Creative Work - Siddha Yoga					Sravana-Adi		

2		Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Des Moines, IA Sun 17 Sutra 121 Plava 5123	
Simha Rasi: 17.37	Tithi 2 - 3	Gulika	12:18PM - 2:04PM	Purvaphalguni Until 10:00PM	Ganesha: Purple	<i>Sunrise:</i> 5:17AM	
	451215462	Yama	8:48AM - 10:33AM	Parigha* Until 8:57AM	Muruqa: White	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 17 - 17
Creative Work	Siddha Yoga	Rahu	3:49PM - 5:34PM	Taitila Until 6:03PM	Nataraja: White		3rd Phase
Until 10:00PM				Dvitiya Until 6:36AM	Moon - Red		Sivaloka Day
Then Creative Work - Amrita Yoga					Sravana-Adi		Tour Day

3		Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau		Des Moines, IA Sun 18 Sutra 122 Plava 5123	
Kanya Rasi: 1.13	Tithi 4	Gulika	10:33AM - 12:18PM	Uttaraphalguni Until 9:11PM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	
	451215462	Yama	7:03AM - 8:48AM	Shiva Until 6:55AM	Muruqa: White	<i>Sunset:</i> 7:18PM	Moon 7 - Phase 17 - 18
Creative Work	Amrita Yoga	Rahu	12:18PM - 2:03PM	Vanija Until 4:41PM	Nataraja: White		3rd Phase
Until 9:11PM				Chaturthi* Until 3:53AM Thu	Moon - Red		Sivaloka Day
Then Routine Work - Marana Yoga					Sravana-Adi		

4		Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Des Moines, IA Sun 19 Sutra 123 Plava 5123	
Kanya Rasi: 14.59	Tithi 5	Gulika	8:49AM - 10:33AM	Hasta Until 8:26PM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	
	461215462	Yama	5:19AM - 7:04AM	Sadhya Until 2:12AM Fri	Muruqa: White	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 17 - 19
Routine Work	Marana Yoga	Rahu	2:03PM - 3:48PM	Bava Until 3:04PM	Nataraja: White		3rd Phase
Until 8:26PM				Panchami Until 2:11AM Fri	Moon - Green		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Nag Panchami			Sravana-Adi		

5		Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Des Moines, IA Sun 20 Sutra 124 Plava 5123	
Kanya Rasi: 28.52	Tithi 6	Gulika	7:05AM - 8:49AM	Chitra Until 7:23PM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	
	461215462	Yama	3:47PM - 5:31PM	Subha Until 11:39PM	Muruqa: White	<i>Sunset:</i> 7:16PM	Moon 7 - Phase 17 - 20
Creative Work	Siddha Yoga	Rahu	10:34AM - 12:18PM	Kaulava Until 1:17PM	Nataraja: White		3rd Phase
				Shashthi* Until 12:19AM Sat	Moon - Green		Subha Sivaloka Day
					Sravana-Adi		

6		Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Des Moines, IA Sun 21 Sutra 125 Plava 5123	
Tula Rasi: 12.51	Tithi 7	Gulika	5:21AM - 7:05AM	Svati Until 6:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	
	461215462	Yama	2:02PM - 3:46PM	Sukla Until 8:58PM	Muruqa: White	<i>Sunset:</i> 7:14PM	Moon 7 - Phase 17 - 21
Creative Work	Siddha Yoga	Rahu	8:50AM - 10:34AM	Gara Until 11:22AM	Nataraja: White		3rd Phase
				Saptami Until 10:21PM	Moon - Green		Subha Sivaloka Day
					Sravana-Adi		

☾		Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Des Moines, IA Sun 22 Sutra 126 Plava 5123	
Retreat Star		Gulika	3:45PM - 5:29PM	Vishakha Until 4:54PM	Ganesha: White	<i>Sunrise:</i> 5:22AM	
Tula Rasi: 26.55	Tithi 8	Yama	12:18PM - 2:01PM	Brahma Until 6:13PM	Muruqa: White	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 17 - 22
	471215462	Rahu	5:29PM - 7:13PM	Visti Until 9:20AM	Nataraja: White		Ashtami
Routine Work	Marana Yoga			Ashtami* Until 8:15PM	Moon - Orange		Sivaloka Day
					Sravana-Adi		

☽		Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau		Des Moines, IA Sun 23 Sutra 127 Plava 5123	
Retreat Star		Gulika	2:01PM - 3:44PM	Anuradha Until 3:31PM	Ganesha: White	<i>Sunrise:</i> 5:23AM	
Vrischika Rasi: 11.02	Tithi 9	Yama	10:34AM - 12:17PM	Indra Until 3:25PM	Muruqa: White	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17 - 23
	471215462	Rahu	7:07AM - 8:50AM	Balava Until 7:12AM	Nataraja: White		Navami
Family Home Evening				Navami* Until 6:05PM	Moon - Orange		Sivaloka Day
Creative Work	Siddha Yoga				Sravana-Avani		


Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1	Tuesday, August 17, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhrili*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Des Moines, IA
				Sun 24 Sutra 128
Vrischika Rasi: 25.13	Tithi 10 – 11	Gulika 12:17PM – 2:00PM	Jyeshtha* Until 1:56PM	Ganesha: Clear
		Yama 8:51AM – 10:34AM	Vaidhrili* Until 12:31PM	Muruqa: White
	571215462	Rahu 3:44PM – 5:27PM	Vanija Until 2:45AM Wed	Nataraja: White
Routine Work	Marana Yoga		Dashami Until 3:51PM	Moon – Orange
Until 1:56PM				Sravana*Avani
Then Creative Work - Amrita Yoga				Subha Sivaloka Day

2	Wednesday, August 18, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha*/Priti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Des Moines, IA
				Sun 25 Sutra 129
Dhanus Rasi: 9.25	Tithi 11 – 12	Gulika 10:34AM – 12:17PM	Mula* Until 12:36PM	Ganesha: White
		Yama 7:08AM – 8:51AM	Vishkambha* Until 9:37AM	Muruqa: White
	581215462	Rahu 12:17PM – 2:00PM	Bava Until 12:30AM Thu	Nataraja: White
Routine Work	Marana Yoga		Ekadashi Until 1:36PM	Moon – Light Blue
Until 12:36PM				Sravana*Avani
Then Creative Work - Amrita Yoga				Sivaloka Day

3	Thursday, August 19, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Prili*/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Des Moines, IA
				Sun 26 Sutra 130
Dhanus Rasi: 23.36	Tithi 12 – 13	Gulika 8:52AM – 10:34AM	Purvashadha* Until 11:10AM	Ganesha: Green
		Yama 5:26AM – 7:09AM	Priti Until 6:46AM	Muruqa: White
	582215462	Rahu 1:59PM – 3:42PM	Kaulava Until 10:21PM	Nataraja: White
Creative Work	Siddha Yoga		Dvadashi Until 11:24AM	Moon – Light Blue
Until 11:10AM				Sravana*Avani
Then Routine Work - Marana Yoga				Sivaloka Day

4	Friday, August 20, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya Yoga Tailila*/Gara Karana Trayodashi/Chaturdashyam Titau		Des Moines, IA
				Sun 27 Sutra 131
Makara Rasi: 7.43	Tithi 13 – 14	Gulika 7:10AM – 8:52AM	Uttarashadha Until 9:44AM	Ganesha: Green
		Yama 3:41PM – 5:23PM	Saubhagya Until 1:21AM Sat	Muruqa: White
	582215462	Rahu 10:34AM – 12:16PM	Gara Until 8:23PM	Nataraja: White
Routine Work	Marana Yoga		Trayodashi Until 9:19AM	Moon – Light Blue
		Chidambaram Abhishekam		Sravana*Avani
				Sivaloka Day

	Saturday, August 21, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Des Moines, IA
	Copper Retreat Star			Sutra 132
Makara Rasi: 21.42	Tithi 14 – 15	Gulika 5:28AM – 7:10AM	Shravana Until 8:48AM	Ganesha: Yellow
		Yama 1:58PM – 3:40PM	Sobhana Until 11:00PM	Muruqa: White
	592315462	Rahu 8:52AM – 10:34AM	Visti Until 6:42PM	Nataraja: White
Creative Work	Siddha Yoga		Chaturdashi* Until 7:29AM	Moon – Purple
		Avani Avittam		Sravana*Avani
				Subha Sivaloka Day

Silver Retreat Star	Sunday, August 22, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Des Moines, IA
				Sutra 133
Kumbha Rasi: 5.28	Tithi 16	Gulika 3:39PM – 5:21PM	Dhanishtha Until 8:06AM	Ganesha: Yellow
		Yama 12:16PM – 1:58PM	Athiganda* Until 8:59PM	Muruqa: White
	592315462	Rahu 5:21PM – 7:03PM	Kaulava Until 5:26PM	Nataraja: White
Routine Work	Marana Yoga		Prathama* Until 4:58AM Mon	Moon – Purple
Until 8:06AM				Sravana*Avani
Then Creative Work - Siddha Yoga				Subha Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

Il times are standard time. Calculated for Des Moines, IA on 5/23/1

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Monday, August 23, 2021
Gold Retreat Star

Kumbha Rasi: 18.57 Tithi 17
Family Home Evening
Creative Work Siddha Yoga
Until 7:43AM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:57PM – 3:38PM
Yama 10:34AM – 12:16PM
Rahu 7:12AM – 8:53AM

Shatabhishak Until 7:43AM
Sukarma Until 7:25PM
Taitila Until 4:42PM
Dvitiya Until 4:33AM Tue

Ganesha: Yellow *Sunrise: 5:30AM*
Muruqa: White *Sunset: 7:01PM*
Nataraja: White
Moon – Purple
Sravana-Avani

Des Moines, IA
Sutra 134
Plava 5123
Moon 8 - Phase 19 -
1st Phase

Subha Sivaloka Day

1

Tuesday, August 24, 2021

Meena Rasi: 2.07 Tithi 18
Routine Work Marana Yoga
Until 8:14AM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:15PM – 1:56PM
Yama 8:53AM – 10:34AM
Rahu 3:37PM – 5:19PM

Purvaproshtapada* Until 8:14AM
Dhriti Until 6:22PM
Vanija Until 4:36PM
Tritiya Until 4:47AM Wed

Ganesha: Yellow *Sunrise: 5:31AM*
Muruqa: White *Sunset: 7:00PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Des Moines, IA
Sun 1 Sutra 135
Plava 5123
Moon 8 - Phase 19 - 1
1st Phase

Subha Sivaloka Day

2

Wednesday, August 25, 2021

Meena Rasi: 14.56 Tithi 19
Creative Work Siddha Yoga
Until 9:15AM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:34AM – 12:15PM
Yama 7:13AM – 8:54AM
Rahu 12:15PM – 1:56PM

Uttaraproshtapada Until 9:15AM
Shula* Until 5:51PM
Bava Until 5:12PM
Chaturthi* Until 5:44AM Thu

Ganesha: Yellow *Sunrise: 5:32AM*
Muruqa: White *Sunset: 6:58PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Des Moines, IA
Sun 2 Sutra 136
Plava 5123
Moon 8 - Phase 19 - 2
1st Phase

Subha Sivaloka Day

3

Thursday, August 26, 2021

Meena Rasi: 27.26 Tithi 20
Creative Work Siddha Yoga
Until 10:47AM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhdi Yoga Kaulava Karana Panchamyam Titau

Gulika 8:54AM – 10:35AM
Yama 5:33AM – 7:14AM
Rahu 1:55PM – 3:36PM

Revati Until 10:47AM
Ganda* Until 5:52PM
Kaulava Until 6:28PM
Panchami Until 7:20AM Fri

Ganesha: Yellow *Sunrise: 5:33AM*
Muruqa: White *Sunset: 6:56PM*
Nataraja: White
Moon – Clear
Sravana-Avani

Des Moines, IA
Sun 3 Sutra 137
Plava 5123
Moon 8 - Phase 19 - 3
1st Phase

Subha Sivaloka Day

4

Friday, August 27, 2021

Mesha Rasi: 9.4 Tithi 20 – 21
Creative Work Amrita Yoga
Until 1:16PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhdi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 7:14AM – 8:55AM
Yama 3:35PM – 5:15PM
Rahu 10:35AM – 12:15PM

Ashvini Until 1:16PM
Vridhdi Until 6:22PM
Gara Until 8:22PM
Panchami Until 7:20AM

Ganesha: White *Sunrise: 5:34AM*
Muruqa: White *Sunset: 6:55PM*
Nataraja: Clear
Moon – White
Sravana-Avani

Des Moines, IA
Sun 4 Sutra 138
Plava 5123
Moon 8 - Phase 19 - 4
1st Phase

Devaloka Day

5

Saturday, August 28, 2021

Mesha Rasi: 21.4 Tithi 21 – 22
Creative Work Siddha Yoga
Until 4:04PM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 5:35AM – 7:15AM
Yama 1:54PM – 3:34PM
Rahu 8:55AM – 10:35AM

Bharani Until 4:04PM
Dhruva Until 7:12PM
Visti Until 10:42PM
Shashthi* Until 9:28AM

Ganesha: White *Sunrise: 5:35AM*
Muruqa: White *Sunset: 6:53PM*
Nataraja: Clear
Moon – White
Sravana-Avani

Des Moines, IA
Sun 5 Sutra 139
Plava 5123
Moon 8 - Phase 19 - 5
1st Phase

Devaloka Day

D

Sunday, August 29, 2021
Retreat Star

Vrishabha Rasi: 3.32 Tithi 22 – 23
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:33PM – 5:12PM
Yama 12:14PM – 1:53PM
Rahu 5:12PM – 6:52PM

Krittika Until 6:57PM
Vyaghata* Until 8:13PM
Balava Until 1:15AM Mon
Saptami Until 11:56AM

Ganesha: White *Sunrise: 5:36AM*
Muruqa: White *Sunset: 6:52PM*
Nataraja: Clear
Moon – White
Sravana-Avani

Des Moines, IA
Sun 6 Sutra 140
Plava 5123
Moon 8 - Phase 19 - 6
Ashtami

Devaloka Day

Krishna Janmashtami

Monday, August 30, 2021
Retreat Star

Vrishabha Rasi: 15.2 Tithi 23 – 24
Family Home Evening
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:53PM – 3:32PM
Yama 10:35AM – 12:14PM
Rahu 7:17AM – 8:56AM

Rohini Until 10:12PM
Harshana Until 9:16PM
Taitila Until 3:45AM Tue
Ashtami* Until 2:30PM

Ganesha: Clear *Sunrise: 5:37AM*
Muruqa: White *Sunset: 6:50PM*
Nataraja: Clear
Moon – Yellow
Sravana-Avani

Des Moines, IA
Sun 7 Sutra 141
Plava 5123
Moon 8 - Phase 19 - 7
Navami

Sivaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

ll times are standard time. Calculated for Des Moines, IA on 5/23/1

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1	Tuesday, August 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Des Moines, IA
	Wishabha Rasi: 27.11	Titthi 24 – 25	532315463	Sun 8	Sutra 142	Plava 5123	Moon 8 - Phase 20 - 8 2nd Phase
	Creative Work	Siddha Yoga	Gulika 12:13PM – 1:52PM	Mrigashira Until 1:02AM Wed	Ganesha: Clear	Sunrise: 5:38AM	
			Yama 8:56AM – 10:35AM	Vajra* Until 10:06PM	Muruga: White	Sunset: 6:48PM	
		Rahu 3:31PM – 5:10PM	Vanija Until 5:58AM Wed	Nataraja: Clear		Sivaloka Day	
			Navami* Until 4:53PM	Moon – Yellow			
				Sravana-Avani			

2	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Visti* Karana Dashmyam Titau				Des Moines, IA
	Mithuna Rasi: 9.08	Titthi 25	533315463	Sun 9	Sutra 143	Plava 5123	Moon 8 - Phase 20 - 9 2nd Phase
	Creative Work	Siddha Yoga	Gulika 10:35AM – 12:13PM	Ardra Until 3:15AM Thu	Ganesha: Orange	Sunrise: 5:39AM	
	Until 3:15AM Thu		Yama 7:18AM – 8:56AM	Siddhi Until 10:36PM	Muruga: White	Sunset: 6:47PM	
Then Creative Work - Amrita Yoga		Rahu 12:13PM – 1:52PM	Visti Until 6:52PM	Nataraja: Clear		Sivaloka Day	
			Dashami Until 6:52PM	Moon – Yellow			
				Sravana-Avani			

3	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA
	Mithuna Rasi: 21.19	Titthi 26	543315463	Sun 10	Sutra 144	Plava 5123	Moon 8 - Phase 20 - 10 2nd Phase
	Creative Work	Amrita Yoga	Gulika 8:57AM – 10:35AM	Punarvasu Until 5:10AM Fri	Ganesha: Light Blue	Sunrise: 5:40AM	
	Until 5:10AM Fri		Yama 5:40AM – 7:19AM	Vyatipata* Until 10:38PM	Muruga: White	Sunset: 6:45PM	
Then Routine Work - Marana Yoga		Rahu 1:51PM – 3:29PM	Bava Until 7:39AM	Nataraja: Clear		Devaloka Day	
			Ekadashi* Until 8:14PM	Moon – Blue			
				Sravana-Avani			

4	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Des Moines, IA
	Kataka Rasi: 3.46	Titthi 27	543315463	Sun 11	Sutra 145	Plava 5123	Moon 8 - Phase 20 - 11 2nd Phase
	Routine Work	Marana Yoga	Gulika 7:19AM – 8:57AM	Pushya Until 6:14AM Sat	Ganesha: Light Blue	Sunrise: 5:41AM	
			Yama 3:28PM – 5:06PM	Varyan Until 10:05PM	Muruga: White	Sunset: 6:43PM	
		Rahu 10:35AM – 12:12PM	Kaulava Until 8:41AM	Nataraja: Clear		Devaloka Day	
			Dvadashi* Until 8:55PM	Moon – Blue			
				Sravana-Avani			

5	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA
	Kataka Rasi: 16.32	Titthi 28	543315463	Sun 12	Sutra 146	Plava 5123	Moon 8 - Phase 20 - 12 2nd Phase
	Creative Work	Siddha Yoga	Gulika 5:42AM – 7:20AM	Pushya Until 6:14AM	Ganesha: Light Blue	Sunrise: 5:42AM	
	Until 6:14AM		Yama 1:50PM – 3:27PM	Parigha* Until 9:00PM	Muruga: White	Sunset: 6:42PM	
Then Routine Work - Marana Yoga		Rahu 8:57AM – 10:35AM	Gara Until 9:00AM	Nataraja: Clear		Devaloka Day	
			Trayodashi* Until 8:53PM	Moon – Blue			
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

6	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Des Moines, IA
	Kataka Rasi: 29.39	Titthi 29	543315463	Sun 13	Sutra 147	Plava 5123	Moon 8 - Phase 20 - 13 2nd Phase
	Creative Work	Siddha Yoga	Gulika 3:26PM – 5:03PM	Ashlesha* Until 6:28AM	Ganesha: Light Blue	Sunrise: 5:43AM	
	Until 6:28AM		Yama 12:12PM – 1:49PM	Shiva Until 7:24PM	Muruga: White	Sunset: 6:40PM	
Then Routine Work - Marana Yoga		Rahu 5:03PM – 6:40PM	Visti Until 8:37AM	Nataraja: Clear		Devaloka Day	
			Chaturdashi* Until 8:10PM	Moon – Blue			
				Sravana-Avani			

	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA
	Retreat Star		Sun 14	Sutra 148	Plava 5123		
	Simha Rasi: 13.07	Titthi 30	553315463	Moon 8 - Phase 20 - 14	Amavasya		
	Family Home Evening		Gulika 1:48PM – 3:25PM	Magha* Until 6:22AM	Ganesha: Purple	Sunrise: 5:44AM	
Routine Work	Marana Yoga	Yama 10:35AM – 12:11PM	Siddha Until 5:18PM	Muruga: White	Sunset: 6:38PM		
Until 6:22AM		Rahu 7:21AM – 8:58AM	Catuspada Until 7:37AM	Nataraja: Clear		Devaloka Day	
Then Creative Work - Siddha Yoga			Amavasya* Until 6:53PM	Moon – Red			
				Sravana-Avani			

Retreat Star	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
	Simha Rasi: 26.53	Titthi 1 – 2	553315463	Sun 15	Sutra 149	Plava 5123	Moon 8 - Phase 20 - 15 Prathama
	Creative Work	Amrita Yoga	Gulika 12:11PM – 1:48PM	Uttaraphalguni Until 4:17AM Wed	Ganesha: Purple	Sunrise: 5:46AM	
	Until 4:17AM Wed		Yama 8:58AM – 10:35AM	Sadhya Until 2:50PM	Muruga: White	Sunset: 6:37PM	
Then Routine Work - Marana Yoga		Rahu 3:24PM – 5:00PM	Kintughna Until 6:05AM	Nataraja: Clear		Devaloka Day	
			Prathama* Until 5:09PM	Moon – Red			
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
	Kanya Rasi: 10.55	Tithi 2 – 3	563315463	Gulika 10:35AM – 12:11PM Yama 7:23AM – 8:59AM Rahu 12:11PM – 1:47PM	Hasta Until 2:59AM Thu Subha Until 12:06PM Taitila Until 1:58AM Thu Dvitiya Until 3:04PM	Ganesha: Light Blue <i>Sunrise: 5:47AM</i> Muruga: White <i>Sunset: 6:35PM</i> Nataraja: Clear Moon – Green	Sun 16 Sutra 150 Plava 5123 Moon 8 - Phase 21 - 16 3rd Phase
	Routine Work	Marana Yoga					Devaloka Day
	Until 2:59AM Thu Then Creative Work - Siddha Yoga					Bhadrapada-Avani	

2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Des Moines, IA
	Kanya Rasi: 25.07	Tithi 3 – 4	563315463	Gulika 8:59AM – 10:35AM Yama 5:48AM – 7:23AM Rahu 1:46PM – 3:22PM	Chitra Until 1:25AM Fri Sukla Until 9:09AM Vanija Until 11:38PM Tritiya Until 12:48PM	Ganesha: Light Blue <i>Sunrise: 5:48AM</i> Muruga: White <i>Sunset: 6:33PM</i> Nataraja: Clear Moon – Green	Sun 17 Sutra 151 Plava 5123 Moon 8 - Phase 21 - 17 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day
						Bhadrapada-Avani	

3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Tula Rasi: 9.23	Tithi 4 – 5	563315463	Gulika 7:24AM – 8:59AM Yama 3:21PM – 4:56PM Rahu 10:35AM – 12:10PM	Svati Until 11:40PM Brahma Until 6:08AM Bava Until 9:16PM Chaturthi* Until 10:26AM	Ganesha: Light Blue <i>Sunrise: 5:49AM</i> Muruga: White <i>Sunset: 6:32PM</i> Nataraja: Clear Moon – Green	Sun 18 Sutra 152 Plava 5123 Moon 8 - Phase 21 - 18 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day
						Bhadrapada-Avani	

4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
	Tula Rasi: 23.4	Tithi 5 – 6	573315463	Gulika 5:50AM – 7:25AM Yama 1:45PM – 3:20PM Rahu 9:00AM – 10:35AM	Vishakha Until 10:15PM Vaidhriti* Until 12:08AM Sun Kaulava Until 6:56PM Panchami Until 8:04AM	Ganesha: Orange <i>Sunrise: 5:50AM</i> Muruga: White <i>Sunset: 6:30PM</i> Nataraja: Clear Moon – Orange	Sun 19 Sutra 153 Plava 5123 Moon 8 - Phase 21 - 19 3rd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
						Bhadrapada-Avani	

5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA
	Vrischika Rasi: 7.55	Tithi 7	573315463	Gulika 3:19PM – 4:54PM Yama 12:09PM – 1:44PM Rahu 4:54PM – 6:28PM	Anuradha Until 8:49PM Vishkambha* Until 9:14PM Gara Until 4:42PM Saptami Until 3:37AM Mon	Ganesha: Orange <i>Sunrise: 5:51AM</i> Muruga: White <i>Sunset: 6:28PM</i> Nataraja: Clear Moon – Orange	Sun 20 Sutra 154 Plava 5123 Moon 8 - Phase 21 - 20 3rd Phase
	Routine Work	Marana Yoga					Sivaloka Day
						Bhadrapada-Avani	

D	Monday, September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vistit/Bava Karana Ashtamyam Titau				Des Moines, IA
	Retreat Star		573315463	Gulika 1:43PM – 3:18PM Yama 10:35AM – 12:09PM Rahu 7:26AM – 9:00AM	Jyeshtha* Until 7:22PM Priti Until 6:29PM Vistit Until 2:37PM Ashtami* Until 1:36AM Tue	Ganesha: Orange <i>Sunrise: 5:52AM</i> Muruga: White <i>Sunset: 6:27PM</i> Nataraja: Clear Moon – Orange	Sun 21 Sutra 155 Plava 5123 Moon 8 - Phase 21 - 21 Ashtami
	Vrischika Rasi: 22.04	Tithi 8					Sivaloka Day
	Family Home Evening					Bhadrapada-Avani	

D	Tuesday, September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	Retreat Star		583315463	Gulika 12:09PM – 1:43PM Yama 9:01AM – 10:35AM Rahu 3:17PM – 4:51PM	Mula* Until 6:22PM Ayushman Until 3:50PM Balava Until 12:41PM Navami* Until 11:46PM	Ganesha: Green <i>Sunrise: 5:53AM</i> Muruga: White <i>Sunset: 6:25PM</i> Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 156 Plava 5123 Moon 8 - Phase 21 - 22 Navami
	Dhanu Rasi: 6.07	Tithi 9					Devaloka Day
	Creative Work	Amrita Yoga				Bhadrapada-Avani	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA
	Dhanus Rasi: 20.04	Tithi 10	584415463	Gulika 10:35AM – 12:08PM	Purvashadha* Until 5:24PM	Ganesha: Green <i>Sunrise:</i> 5:54AM	Sun 23 Sutra 157 Plava 5123
				Yama 7:27AM – 9:01AM	Saubhagya Until 1:20PM	Muruqa: White <i>Sunset:</i> 6:23PM	Moon 8 - Phase 22 - 23 4th Phase
	Creative Work	Amrita Yoga		Rahu 12:08PM – 1:42PM	Taitila Until 10:56AM Dashami Until 10:06PM	Nataraja: Clear Moon – Light Blue	Devaloka Day Bhadrapada-Avani

2	Thursday, September 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA
	Makara Rasi: 3.54	Tithi 11	584415463	Gulika 9:01AM – 10:35AM	Uttarashadha Until 4:29PM	Ganesha: Green <i>Sunrise:</i> 5:55AM	Sun 24 Sutra 158 Plava 5123
				Yama 5:55AM – 7:28AM	Sobhana Until 11:00AM	Muruqa: White <i>Sunset:</i> 6:21PM	Moon 8 - Phase 22 - 24 4th Phase
	Routine Work	Marana Yoga		Rahu 1:41PM – 3:15PM	Vanija Until 9:22AM Ekadashi Until 8:39PM	Nataraja: Clear Moon – Light Blue	Devaloka Day Bhadrapada-Puratasi

3	Friday, September 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Des Moines, IA
	Makara Rasi: 17.36	Tithi 12	594415463	Gulika 7:29AM – 9:02AM	Shravana Until 4:05PM	Ganesha: Red <i>Sunrise:</i> 5:56AM	Sun 25 Sutra 159 Plava 5123
				Yama 3:14PM – 4:47PM	Athiganda* Until 8:49AM	Muruqa: White <i>Sunset:</i> 6:20PM	Moon 8 - Phase 22 - 25 4th Phase
	Routine Work	Marana Yoga		Rahu 10:35AM – 12:08PM	Bava Until 8:01AM Dvadashi Until 7:25PM	Nataraja: Clear Moon – Purple	Sivaloka Day Bhadrapada-Puratasi

4	Saturday, September 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA
	Kumbha Rasi: 1.09	Tithi 13	594415463	Gulika 5:57AM – 7:29AM	Dhanishtha Until 3:50PM	Ganesha: Red <i>Sunrise:</i> 5:57AM	Sun 26 Sutra 160 Plava 5123
				Yama 1:40PM – 3:13PM	Sukarma Until 6:52AM	Muruqa: White <i>Sunset:</i> 6:18PM	Moon 8 - Phase 22 - 26 4th Phase
	Creative Work	Siddha Yoga		Rahu 9:02AM – 10:35AM	Kaulava Until 6:56AM Trayodashi Until 6:30PM	Nataraja: Clear Moon – Purple	Sivaloka Day Bhadrapada-Puratasi

Pradosha Vrata

5	Sunday, September 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shula* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA
	Kumbha Rasi: 14.31	Tithi 14 – 15	594415463	Gulika 3:12PM – 4:44PM	Shatabhishak Until 3:47PM	Ganesha: Red <i>Sunrise:</i> 5:58AM	Sun 27 Sutra 161 Plava 5123
				Yama 12:07PM – 1:39PM	Shula* Until 3:50AM Mon	Muruqa: White <i>Sunset:</i> 6:16PM	Moon 8 - Phase 22 - 27 4th Phase
	Creative Work	Siddha Yoga		Rahu 4:44PM – 6:16PM	Gara Until 6:12AM Chaturdashi* Until 5:58PM	Nataraja: Clear Moon – Purple	Sivaloka Day Bhadrapada-Puratasi

○	Monday, September 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA
	Copper Retreat Star		514415463	Gulika 1:39PM – 3:10PM	Purvaprosarthapada* Until 4:29PM	Ganesha: Red <i>Sunrise:</i> 5:59AM	Sutra 162 Plava 5123
	Kumbha Rasi: 27.4	Tithi 15 – 16		Yama 10:35AM – 12:07PM	Ganda* Until 2:52AM Tue	Muruqa: White <i>Sunset:</i> 6:14PM	Moon 8 - Phase 22 - Purnima
	Family Home Evening			Rahu 7:31AM – 9:03AM	Balava Until 6:03AM Tue Purnima* Until 5:53PM	Nataraja: Clear Moon – Clear	Sivaloka Day Bhadrapada-Puratasi

○	Tuesday, September 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA
	Silver Retreat Star		514415463	Gulika 12:06PM – 1:38PM	Uttaraprosarthapada Until 5:33PM	Ganesha: Red <i>Sunrise:</i> 6:00AM	Sutra 163 Plava 5123
	Meena Rasi: 10.33	Tithi 16		Yama 9:03AM – 10:35AM	Vriddhi Until 2:20AM Wed	Muruqa: White <i>Sunset:</i> 6:13PM	Moon 8 - Phase 22 - Prathama
	Creative Work	Amrita Yoga		Rahu 3:09PM – 4:41PM	Balava Until 6:03AM Prathama* Until 6:20PM	Nataraja: Clear Moon – Clear	Sivaloka Day Bhadrapada-Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

ll times are standard time. Calculated for Des Moines, IA on 5/23/1

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Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Sun 1 Sutra 164

Plava 5123

Moon 9 - Phase 23 - 1

1st Phase

Meena Rasi: 23.1 Tithi 17

514415463

Gulika 10:35AM - 12:06PM
Yama 7:32AM - 9:03AM
Rahu 12:06PM - 1:37PM

Revati Until 7:01PM
Dhruva Until 2:14AM Thu
Taitila Until 6:48AM
Dvitiya Until 7:22PM

Ganesha: Red Sunrise: 6:01AM
Muruga: White Sunset: 6:11PM
Nataraja: Clear
Moon - Clear
Bhadrapada-Puratasi

Sivaloka Day

Routine Work Marana Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Des Moines, IA

Sun 2 Sutra 165

Plava 5123

Moon 9 - Phase 23 - 2

1st Phase

Mesha Rasi: 5.32 Tithi 18

524415463

Gulika 9:04AM - 10:35AM
Yama 6:02AM - 7:33AM
Rahu 1:36PM - 3:07PM

Ashvini Until 9:22PM
Vyaghata* Until 2:35AM Fri
Vanija Until 8:08AM
Tritiya Until 8:59PM

Ganesha: Green Sunrise: 6:02AM
Muruga: White Sunset: 6:09PM
Nataraja: Clear
Moon - White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga
Until 9:22PM
Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 3 Sutra 166

Plava 5123

Moon 9 - Phase 23 - 3

1st Phase

Mesha Rasi: 17.4 Tithi 19

524415463

Gulika 7:33AM - 9:04AM
Yama 3:06PM - 4:37PM
Rahu 10:35AM - 12:05PM

Bharani Until 12:02AM Sat
Harshana Until 3:19AM Sat
Bava Until 10:01AM
Chaturthi* Until 11:07PM

Ganesha: Green Sunrise: 6:03AM
Muruga: White Sunset: 6:08PM
Nataraja: Clear
Moon - White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga
Until 12:02AM Sat
Then Creative Work - Amrita Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 4 Sutra 167

Plava 5123

Moon 9 - Phase 23 - 4

1st Phase

Mesha Rasi: 29.37 Tithi 20

524415463

Gulika 6:04AM - 7:34AM
Yama 1:35PM - 3:05PM
Rahu 9:04AM - 10:35AM

Krittika Until 2:52AM Sun
Vajra* Until 4:16AM Sun
Kaulava Until 12:21PM
Panchami Until 1:36AM Sun

Ganesha: Green Sunrise: 6:04AM
Muruga: White Sunset: 6:06PM
Nataraja: Clear
Moon - White
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga
Until 2:52AM Sun
Then Creative Work - Siddha Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 5 Sutra 168

Plava 5123

Moon 9 - Phase 23 - 5

1st Phase

Vrishabha Rasi: 11.26 Tithi 21

534415463

Gulika 3:04PM - 4:34PM
Yama 12:04PM - 1:34PM
Rahu 4:34PM - 6:04PM

Rohini Until 6:11AM Mon
Siddhi Until 5:19AM Mon
Gara Until 2:57PM
Shashthi* Until 4:15AM Mon

Ganesha: Orange Sunrise: 6:05AM
Muruga: White Sunset: 6:04PM
Nataraja: Clear
Moon - Yellow
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga
Until 6:11AM Mon
Then Creative Work - Amrita Yoga

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA

Sun 6 Sutra 169

Plava 5123

Moon 9 - Phase 23 - 6

1st Phase

Vrishabha Rasi: 23.14 Tithi 22

634415463

Gulika 1:34PM - 3:03PM
Yama 10:35AM - 12:04PM
Rahu 7:35AM - 9:05AM

Rohini Until 6:11AM
Vyatipata* Until 6:19AM Tue
Visti Until 5:34PM
Saptami Until 6:48AM Tue

Ganesha: Green Sunrise: 6:06AM
Muruga: White Sunset: 6:02PM
Nataraja: Clear
Moon - Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Family Home Evening

D

Tuesday, September 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Des Moines, IA

Sun 7 Sutra 170

Plava 5123

Moon 9 - Phase 23 - 7

Ashtami

Mithuna Rasi: 5.04 Tithi 22 - 23

635415463

Gulika 12:04PM - 1:33PM
Yama 9:05AM - 10:35AM
Rahu 3:02PM - 4:31PM

Mrigashira Until 9:13AM
Vyatipata* Until 6:19AM
Balava Until 7:59PM
Saptami Until 6:48AM

Ganesha: White Sunrise: 6:07AM
Muruga: White Sunset: 6:01PM
Nataraja: Clear
Moon - Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga
Until 9:13AM
Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 8 Sutra 171

Plava 5123

Moon 9 - Phase 23 - 8

Navami

Mithuna Rasi: 17.01 Tithi 23 - 24

635415463

Gulika 10:35AM - 12:03PM
Yama 7:37AM - 9:06AM
Rahu 12:03PM - 1:32PM

Ardra Until 11:44AM
Variyan Until 7:01AM
Taitila Until 9:55PM
Ashtami* Until 9:00AM

Ganesha: White Sunrise: 6:08AM
Muruga: White Sunset: 5:59PM
Nataraja: Clear
Moon - Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

ll times are standard time. Calculated for Des Moines, IA on 5/23/1

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1	Thursday, September 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Des Moines, IA
	Mithuna Rasi: 29.11	Tithi 24 – 25	645415463	Gulika 9:06AM – 10:35AM	Punarvasu Until 2:01PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sun 9 Sutra 172 Plava 5123 Moon 9 - Phase 24 - 9 2nd Phase
	Creative Work	Amrita Yoga		Yama 6:09AM – 7:37AM	Parigha* Until 7:19AM	Sunrise: 6:09AM Sunset: 5:57PM	
				Rahu 1:32PM – 3:00PM	Vanija Until 11:13PM		Sivaloka Day
				Navami* Until 10:38AM	Bhadrapada-Puratasi		

2	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Kataka Rasi: 11.4	Tithi 25 – 26	645415463	Gulika 7:38AM – 9:06AM	Pushya Until 3:26PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sun 10 Sutra 173 Plava 5123 Moon 9 - Phase 24 - 10 2nd Phase
	Routine Work	Marana Yoga		Yama 2:59PM – 4:27PM	Shiva Until 7:06AM	Sunrise: 6:10AM Sunset: 5:56PM	
				Rahu 10:35AM – 12:03PM	Bava Until 11:44PM		Sivaloka Day
				Dashami Until 11:33AM	Bhadrapada-Puratasi		

3	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Kataka Rasi: 24.29	Tithi 26 – 27	645415463	Gulika 6:11AM – 7:39AM	Ashlesha* Until 3:54PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sun 11 Sutra 174 Plava 5123 Moon 9 - Phase 24 - 11 2nd Phase
	Routine Work	Marana Yoga		Yama 1:30PM – 2:58PM	Siddha Until 6:14AM	Sunrise: 6:11AM Sunset: 5:54PM	
	Until 3:54PM	Then Creative Work - Amrita Yoga		Rahu 9:07AM – 10:35AM	Kaulava Until 11:28PM		Sivaloka Day
				Ekadashi* Until 11:41AM	Bhadrapada-Puratasi		

4	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Simha Rasi: 7.43	Tithi 27 – 28	655415463	Gulika 2:57PM – 4:25PM	Magha* Until 3:56PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 12 Sutra 175 Plava 5123 Moon 9 - Phase 24 - 12 2nd Phase
	Routine Work	Marana Yoga		Yama 12:02PM – 1:30PM	Subha Until 2:41AM Mon	Sunrise: 6:12AM Sunset: 5:52PM	
	Until 3:56PM	Then Creative Work - Siddha Yoga		Rahu 4:25PM – 5:52PM	Gara Until 10:25PM		Devaloka Day
				Dvadashi* Until 11:01AM	Bhadrapada-Puratasi		
				<i>Pradosha Vrata (Fasting)</i>			

5	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Simha Rasi: 21.22	Tithi 28 – 29	655415463	Gulika 1:29PM – 2:56PM	Purvaphalguni Until 3:06PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 13 Sutra 176 Plava 5123 Moon 9 - Phase 24 - 13 2nd Phase
	Family Home Evening	Creative Work	Siddha Yoga	Yama 10:35AM – 12:02PM	Sukla Until 12:05AM Tue	Sunrise: 6:13AM Sunset: 5:51PM	
	Until 1:34PM	Then Creative Work - Siddha Yoga		Rahu 7:40AM – 9:07AM	Visti Until 8:43PM		Devaloka Day
				Trayodashi* Until 9:38AM	Bhadrapada-Puratasi		

●	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA		
	Retreat Star		Kanya Rasi: 5.25	Tithi 29 – 30	655415463	Gulika 12:02PM – 1:28PM	Uttaraphalguni Until 1:34PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 14 Sutra 177 Plava 5123 Moon 9 - Phase 24 - 14 Amavasya
	Creative Work	Amrita Yoga		Yama 9:08AM – 10:35AM	Brahma Until 9:03PM	Sunrise: 6:14AM Sunset: 5:49PM			
	Until 1:34PM	Then Creative Work - Siddha Yoga		Rahu 2:55PM – 4:22PM	Catuspada Until 6:27PM		Devaloka Day		
			Mahalaya Amavasai (Tamil Nadu)	Chaturdashi* Until 7:37AM	Bhadrapada-Puratasi				

●	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA		
	Retreat Star		Kanya Rasi: 19.46	Tithi 1	665415463	Gulika 10:35AM – 12:01PM	Hasta Until 11:52AM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sun 15 Sutra 178 Plava 5123 Moon 9 - Phase 24 - 15 Prathama
	Routine Work	Marana Yoga		Yama 7:42AM – 9:08AM	Indra Until 5:43PM	Sunrise: 6:15AM Sunset: 5:47PM			
	Until 11:52AM	Then Creative Work - Siddha Yoga		Rahu 12:01PM – 1:28PM	Kintughna Until 3:48PM		Devaloka Day		
			Navaratri Begins	Prathama* Until 2:20AM Thu	Ashvina-Puratasi				

1	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	Tula Rasi: 4.22	Tithi 2	Gulika Yama	9:09AM – 10:35AM 6:16AM – 7:42AM	Chitra Until 9:45AM Vaidhriti* Until 2:10PM	Ganesha: Orange Muruqa: White Nataraja: Purple Moon – Green	Sun 16 Sutra 179 Plava 5123 Moon 9 - Phase 25 - 16 3rd Phase
	Creative Work	Siddha Yoga	666415464	Rahu 1:27PM – 2:53PM	Dvitiya Until 11:21PM	Ashvina+Puratasi	Subha Sivaloka Day
Until 9:45AM		Then Creative Work - Amrita Yoga					

2	Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA
	Tula Rasi: 19.04	Tithi 3	Gulika Yama	7:43AM – 9:09AM 2:52PM – 4:18PM	Svati Until 7:22AM Vishkambha* Until 10:33AM	Ganesha: Orange Muruqa: White Nataraja: Purple Moon – Green	Sun 17 Sutra 180 Plava 5123 Moon 9 - Phase 25 - 17 3rd Phase
	Creative Work	Siddha Yoga	666415464	Rahu 10:35AM – 12:01PM	Taitila Until 9:52AM Tritiya Until 8:20PM	Ashvina+Puratasi	Subha Sivaloka Day
Until 9:45AM		Then Creative Work - Amrita Yoga					

3	Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Vrischika Rasi: 3.46	Tithi 4 – 5	Gulika Yama	6:18AM – 7:44AM 1:26PM – 2:51PM	Anuradha Until 3:11AM Sun Priti Until 6:58AM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	Sun 18 Sutra 181 Plava 5123 Moon 9 - Phase 25 - 18 3rd Phase
	Creative Work	Siddha Yoga	676415464	Rahu 9:09AM – 10:35AM	Vanija Until 6:52AM Chaturthi* Until 5:24PM	Ashvina+Puratasi	Subha Sivaloka Day
Until 3:11AM Sun		Then Routine Work - Marana Yoga					

4	Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
	Vrischika Rasi: 18.22	Tithi 5 – 6	Gulika Yama	2:50PM – 4:16PM 12:00PM – 1:25PM	Jyeshtha* Until 1:12AM Mon Saubhagya Until 12:13AM Mon	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	Sun 19 Sutra 182 Plava 5123 Moon 9 - Phase 25 - 19 3rd Phase
	Routine Work	Marana Yoga	676415464	Rahu 4:16PM – 5:41PM	Kaulava Until 1:27AM Mon Panchami Until 2:41PM	Ashvina+Puratasi	Subha Sivaloka Day
Until 1:12AM Mon		Then Creative Work - Siddha Yoga					

5	Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Dhanus Rasi: 2.46	Tithi 6 – 7	Gulika Yama	1:25PM – 2:49PM 10:35AM – 12:00PM	Mula* Until 11:50PM Sobhana Until 9:14PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sun 20 Sutra 183 Plava 5123 Moon 9 - Phase 25 - 20 3rd Phase
	Family Home Evening		686515464	Rahu 7:45AM – 9:10AM	Gara Until 11:12PM Shashthi* Until 12:16PM	Ashvina+Puratasi	Subha Sivaloka Day
Until 11:50PM		Then Routine Work - Marana Yoga					

D	Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA
	Retreat Star		Gulika Yama	12:00PM – 1:24PM 9:11AM – 10:35AM	Purvashadha* Until 10:43PM Athiganda* Until 6:33PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sun 21 Sutra 184 Plava 5123 Moon 9 - Phase 25 - 21 Ashtami
	Dhanus Rasi: 16.56	Tithi 7 – 8	686515464	Rahu 2:49PM – 4:13PM	Visti Until 9:21PM Saptami Until 10:12AM	Ashvina+Puratasi	Subha Sivaloka Day
Until 10:43PM		Then Routine Work - Prabarishhta Yoga					

D	Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
	Retreat Star		Gulika Yama	10:35AM – 11:59AM 7:47AM – 9:11AM	Uttarashadha Until 9:52PM Sukarma Until 4:12PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sun 22 Sutra 185 Plava 5123 Moon 9 - Phase 25 - 22 Navami
	Makara Rasi: 0.51	Tithi 8 – 9	686515464	Rahu 11:59AM – 1:24PM	Balava Until 7:54PM Ashtami* Until 8:33AM	Ashvina+Puratasi	Subha Sivaloka Day
Until 9:52PM		Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
	Makara Rasi: 14.31	Tithi 9 – 10	696515464	Gulika 9:12AM – 10:35AM	Shravana Until 9:43PM	Ganesha: White Muruqa: White Nataraja: Purple Moon – Purple	Sun 23 Sutra 186 Plava 5123 Moon 9 - Phase 26 - 23 4th Phase
	Creative Work	Siddha Yoga		Yama 6:24AM – 7:48AM	Dhriti Until 2:12PM	Sunrise: 6:24AM Sunset: 5:34PM	
				Rahu 1:23PM – 2:47PM	Taitila Until 6:53PM	Sivaloka Day	
				Navami* Until 7:20AM	Ashvina•Puratasi		

2	Friday, October 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Makara Rasi: 27.55	Tithi 10 – 11	697515464	Gulika 7:48AM – 9:12AM	Dhanishtha Until 9:50PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Purple	Sun 24 Sutra 187 Plava 5123 Moon 9 - Phase 26 - 24 4th Phase
	Creative Work	Siddha Yoga		Yama 2:46PM – 4:09PM	Shula* Until 12:30PM	Sunrise: 6:25AM Sunset: 5:33PM	
				Rahu 10:35AM – 11:59AM	Vanija Until 6:18PM	Subha Sivaloka Day	
			Vijaya Dasami	Dashami Until 6:31AM	Ashvina•Puratasi		

3	Saturday, October 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Kumbha Rasi: 11.07	Tithi 11 – 12	697515464	Gulika 6:26AM – 7:49AM	Shatabhishak Until 10:13PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Purple	Sun 25 Sutra 188 Plava 5123 Moon 9 - Phase 26 - 25 4th Phase
	Creative Work	Amrita Yoga		Yama 1:22PM – 2:45PM	Ganda* Until 11:09AM	Sunrise: 6:26AM Sunset: 5:31PM	
	Until 10:13PM			Rahu 9:12AM – 10:36AM	Bava Until 6:07PM	Subha Sivaloka Day	
Then Routine Work - Marana Yoga			Kadaitswami Mahasamadhi	Ekadashi Until 6:08AM	Ashvina•Puratasi		

4	Sunday, October 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Kumbha Rasi: 24.05	Tithi 12 – 13	617515464	Gulika 2:44PM – 4:07PM	Purvaproshtapada* Until 11:18PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Clear	Sun 26 Sutra 189 Plava 5123 Moon 9 - Phase 26 - 26 4th Phase
	Creative Work	Siddha Yoga		Yama 11:58AM – 1:21PM	Vridhi Until 10:08AM	Sunrise: 6:27AM Sunset: 5:30PM	
	Until 11:18PM			Rahu 4:07PM – 5:30PM	Kaulava Until 6:22PM	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Dvadashi Until 6:10AM	Ashvina•Aipasi		
				<i>Pradosha Vrata</i>			

5	Monday, October 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Meena Rasi: 6.52	Tithi 13 – 14	617515464	Gulika 1:21PM – 2:43PM	Uttaraproshtapada Until 12:41AM Tue	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Clear	Sun 27 Sutra 190 Plava 5123 Moon 9 - Phase 26 - 27 4th Phase
	Family Home Evening			Yama 10:36AM – 11:58AM	Dhruva Until 9:26AM	Sunrise: 6:28AM Sunset: 5:28PM	
	Creative Work	Siddha Yoga		Rahu 7:51AM – 9:13AM	Gara Until 7:03PM	Subha Sivaloka Day	
				Trayodashi Until 6:38AM	Ashvina•Aipasi	Tour Day	

	Tuesday, October 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA
	Copper Retreat Star			Gulika 11:58AM – 1:20PM	Revati Until 2:20AM Wed	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Clear	Sutra 191 Plava 5123 Moon 9 - Phase 26 - Purnima
	Meena Rasi: 19.25	Tithi 14 – 15	617515464	Yama 9:14AM – 10:36AM	Vyaghata* Until 9:05AM	Sunrise: 6:30AM Sunset: 5:27PM	
	Creative Work	Siddha Yoga		Rahu 2:42PM – 4:05PM	Visti Until 8:12PM	Subha Sivaloka Day	
Until 2:20AM Wed				Chaturdashi* Until 7:33AM	Ashvina•Aipasi		
Then Routine Work - Marana Yoga							

○	Wednesday, October 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA
	Silver Retreat Star			Gulika 10:36AM – 11:58AM	Ashvini Until 4:45AM Thu	Ganesha: White Muruqa: White Nataraja: Purple Moon – White	Sutra 192 Plava 5123 Moon 9 - Phase 26 - Prathama
	Mesha Rasi: 1.47	Tithi 15 – 16	627515464	Yama 7:52AM – 9:14AM	Harshana Until 9:07AM	Sunrise: 6:31AM Sunset: 5:25PM	
	Routine Work	Marana Yoga		Rahu 11:58AM – 1:20PM	Balava Until 9:49PM	Subha Sivaloka Day	
Until 4:45AM Thu				Purnima* Until 8:56AM	Ashvina•Aipasi		
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 21, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA
Sutra 193
Plava 5123
Moon 10 - Phase 27 -
1st Phase

Mesha Rasi: 13.57 Tithi 16 - 17

628515464

Gulika 9:15AM - 10:36AM
Yama 6:32AM - 7:53AM
Rahu 1:19PM - 2:41PM

Bharani Until 7:25AM Fri
Vajra* Until 9:27AM
Taitila Until 11:52PM
Prathama* Until 10:46AM

Ganesha: Clear *Sunrise: 6:32AM*

Muruqa: White *Sunset: 5:24PM*

Nataraja: Purple
Moon - White

Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

1

Friday, October 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatalpata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA
Sun 1 Sutra 194
Plava 5123
Moon 10 - Phase 27 - 1
1st Phase

Mesha Rasi: 25.57 Tithi 17 - 18

628515464

Gulika 7:54AM - 9:15AM
Yama 2:40PM - 4:01PM
Rahu 10:36AM - 11:58AM

Bharani Until 7:25AM
Siddhi Until 10:07AM
Vanija Until 2:17AM Sat
Dvitiya Until 1:01PM

Ganesha: Clear *Sunrise: 6:33AM*

Muruqa: White *Sunset: 5:22PM*

Nataraja: Purple
Moon - White

Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

2

Saturday, October 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatalpata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA
Sun 2 Sutra 195
Plava 5123
Moon 10 - Phase 27 - 2
1st Phase

Virshabha Rasi: 7.5 Tithi 18 - 19

628515464

Gulika 6:34AM - 7:55AM
Yama 1:18PM - 2:39PM
Rahu 9:16AM - 10:37AM

Krittika Until 10:13AM
Vyatalpata* Until 11:02AM
Bava Until 4:56AM Sun
Tritiya Until 3:34PM

Ganesha: Clear *Sunrise: 6:34AM*

Muruqa: White *Sunset: 5:21PM*

Nataraja: Purple
Moon - White

Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Amrita Yoga

3

Sunday, October 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Balava Karana Chaturthyam Titau

Des Moines, IA
Sun 3 Sutra 196
Plava 5123
Moon 10 - Phase 27 - 3
1st Phase

Virshabha Rasi: 19.38 Tithi 19

638515464

Gulika 2:38PM - 3:59PM
Yama 11:57AM - 1:18PM
Rahu 3:59PM - 5:19PM

Rohini Until 1:32PM
Variyan Until 12:03PM
Balava Until 6:16PM
Chaturthi* Until 6:16PM

Ganesha: Purple *Sunrise: 6:35AM*

Muruqa: White *Sunset: 5:19PM*

Nataraja: Purple
Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

4

Monday, October 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA
Sun 4 Sutra 197
Plava 5123
Moon 10 - Phase 27 - 4
1st Phase

Mithuna Rasi: 1.24 Tithi 20

638515464

Gulika 1:17PM - 2:38PM
Yama 10:37AM - 11:57AM
Rahu 7:57AM - 9:17AM

Mrigashira Until 4:41PM
Parigha* Until 1:05PM
Kaulava Until 7:39AM
Panchami Until 8:57PM

Ganesha: Purple *Sunrise: 6:36AM*

Muruqa: White *Sunset: 5:18PM*

Nataraja: Purple
Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

5

Tuesday, October 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA
Sun 5 Sutra 198
Plava 5123
Moon 10 - Phase 27 - 5
1st Phase

Mithuna Rasi: 13.13 Tithi 21

638515464

Gulika 11:57AM - 1:17PM
Yama 9:17AM - 10:37AM
Rahu 2:37PM - 3:57PM

Ardra Until 7:28PM
Shiva Until 2:01PM
Gara Until 10:13AM
Shashthi* Until 11:22PM

Ganesha: Purple *Sunrise: 6:38AM*

Muruqa: White *Sunset: 5:17PM*

Nataraja: Purple
Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

Routine Work Marana Yoga

Until 7:28PM

Then Creative Work - Siddha Yoga

6

Wednesday, October 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadnya Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA
Sun 6 Sutra 199
Plava 5123
Moon 10 - Phase 27 - 6
1st Phase

Mithuna Rasi: 25.1 Tithi 22

648515464

Gulika 10:37AM - 11:57AM
Yama 7:58AM - 9:18AM
Rahu 11:57AM - 1:17PM

Punarvasu Until 10:11PM
Siddha Until 2:37PM
Visti Until 12:27PM
Saptami Until 1:21AM Thu

Ganesha: Clear *Sunrise: 6:39AM*

Muruqa: White *Sunset: 5:15PM*

Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

D

Thursday, October 28, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA
Sun 7 Sutra 200
Plava 5123
Moon 10 - Phase 27 - 7
Ashtami

Kataka Rasi: 7.18 Tithi 23

649525464

Gulika 9:18AM - 10:38AM
Yama 6:40AM - 7:59AM
Rahu 1:16PM - 2:35PM

Pushya Until 12:08AM Fri
Sadhya Until 2:48PM
Balava Until 2:07PM
Ashtami* Until 2:41AM Fri

Ganesha: White *Sunrise: 6:40AM*

Muruqa: Clear *Sunset: 5:14PM*

Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Ashvina-Aipasi

Creative Work Amrita Yoga

Until 12:08AM Fri

Then Routine Work - Marana Yoga

Friday, October 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA
Sun 8 Sutra 201
Plava 5123
Moon 10 - Phase 27 - 8
Navami

Kataka Rasi: 19.43 Tithi 24

649525464

Gulika 8:00AM - 9:19AM
Yama 2:35PM - 3:54PM
Rahu 10:38AM - 11:57AM

Ashlesha* Until 1:12AM Sat
Subha Until 2:27PM
Taitila Until 3:05PM
Navami* Until 3:15AM Sat

Ganesha: White *Sunrise: 6:41AM*

Muruqa: Clear *Sunset: 5:13PM*

Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Ashvina-Aipasi

Routine Work Marana Yoga

Until 1:12AM Sat

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

ll times are standard time. Calculated for Des Moines, IA on 5/23/1

www.gurudeva.org/panchang

1 Saturday, October 30, 2021 Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Des Moines, IA
 Magha* Nakshatra Sukla/Brahma Yoga Vanija/Visiti* Karana Dashamyam Titau Sun 9 Sutra 202

Simha Rasi: 2.29	Tithi 25	Gulika 6:42AM - 8:01AM	Magha* Until 1:46AM Sun	Ganesha: Yellow	Sunrise: 6:42AM	
		Yama 1:15PM - 2:34PM	Sukla Until 1:28PM	Muruga: Clear	Sunset: 5:11PM	Moon 10 - Phase 28 - 9
	659525464	Rahu 9:20AM - 10:38AM	Vanija Until 3:14PM	Nataraja: Purple		2nd Phase
			Dashami Until 2:59AM Sun	Moon - Red		Sivaloka Day

Creative Work Amrita Yoga
 Until 1:46AM Sun
 Then Creative Work - Siddha Yoga

2 Sunday, October 31, 2021 Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Des Moines, IA
 Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 203

Simha Rasi: 15.41	Tithi 26	Gulika 2:33PM - 3:52PM	Purvaphalguni Until 1:23AM Mon	Ganesha: Yellow	Sunrise: 6:43AM	Plava 5123
		Yama 11:57AM - 1:15PM	Brahma Until 11:49AM	Muruga: Clear	Sunset: 5:10PM	Moon 10 - Phase 28 - 10
	659525464	Rahu 3:52PM - 5:10PM	Bava Until 2:33PM	Nataraja: Purple		2nd Phase
			Ekadashi* Until 1:54AM Mon	Moon - Red		Sivaloka Day

Creative Work Siddha Yoga
 Ashvina•Aipasi

3 Monday, November 1, 2021 Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Des Moines, IA
 Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 11 Sutra 204

Simha Rasi: 29.19	Tithi 27	Gulika 1:15PM - 2:33PM	Uttaraphalguni Until 12:07AM Tue	Ganesha: Yellow	Sunrise: 6:45AM	Plava 5123
Family Home Evening		Yama 10:39AM - 11:57AM	Indra Until 9:34AM	Muruga: Clear	Sunset: 5:09PM	Moon 10 - Phase 28 - 11
	659525464	Rahu 8:03AM - 9:21AM	Kaulava Until 1:05PM	Nataraja: Purple		2nd Phase
			Dvadashi* Until 12:03AM Tue	Moon - Red		Sivaloka Day

Creative Work Siddha Yoga
 Ashvina•Aipasi

4 Tuesday, November 2, 2021 Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Des Moines, IA
 Hasta Nakshatra Vaidhriti*Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 205


Kanya Rasi: 13.24	Tithi 28	Gulika 11:57AM - 1:14PM	Hasta Until 10:30PM	Ganesha: Red	Sunrise: 6:46AM	Plava 5123
		Yama 9:21AM - 10:39AM	Vaidhriti* Until 6:43AM	Muruga: Clear	Sunset: 5:08PM	Moon 10 - Phase 28 - 12
	669525464	Rahu 2:32PM - 3:50PM	Gara Until 10:55AM	Nataraja: Purple		2nd Phase
			Trayodashi* Until 9:35PM	Moon - Green		Sivaloka Day

Creative Work Siddha Yoga
 Ashvina•Aipasi
Pradosha Vrata (Fasting)

5 Wednesday, November 3, 2021 Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Des Moines, IA
 Chitra Nakshatra Priti Yoga Visiti*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 206

Kanya Rasi: 27.53	Tithi 29	Gulika 10:39AM - 11:57AM	Chitra Until 8:15PM	Ganesha: Red	Sunrise: 6:47AM	Plava 5123
		Yama 8:04AM - 9:22AM	Priti Until 11:42PM	Muruga: Clear	Sunset: 5:06PM	Moon 10 - Phase 28 - 13
	669525464	Rahu 11:57AM - 1:14PM	Visti Until 8:11AM	Nataraja: Purple		2nd Phase
			Chaturdashi* Until 6:37PM	Moon - Green		Sivaloka Day

Creative Work Siddha Yoga
 Subramuniyaswami Mahasamadhi
 Deepavali Hindu Solidarity Day
 Ashvina•Aipasi

 **Thursday, November 4, 2021** Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Des Moines, IA
 Svati/Vishakha Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 207

Tula Rasi: 12.42	Tithi 30 - 1	Gulika 9:23AM - 10:40AM	Svati Until 5:32PM	Ganesha: Red	Sunrise: 6:48AM	Plava 5123
		Yama 6:48AM - 8:05AM	Ayushman Until 7:44PM	Muruga: Clear	Sunset: 5:05PM	Moon 10 - Phase 28 - 14
	661525464	Rahu 1:14PM - 2:31PM	Kintughna Until 1:36AM Fri	Nataraja: Purple		Amavasya
			Amavasya* Until 3:19PM	Moon - Green		Sivaloka Day

Creative Work Amrita Yoga
 Until 5:32PM
 Then Creative Work - Siddha Yoga
 Ashvina•Aipasi

Friday, November 5, 2021 Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Des Moines, IA
 Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 15 Sutra 208

Tula Rasi: 27.43	Tithi 1 - 2	Gulika 8:06AM - 9:23AM	Vishakha Until 2:56PM	Ganesha: Blue	Sunrise: 6:49AM	Plava 5123
		Yama 2:30PM - 3:47PM	Saubhagya Until 3:39PM	Muruga: Clear	Sunset: 5:04PM	Moon 10 - Phase 28 - 15
	671625464	Rahu 10:40AM - 11:57AM	Balava Until 10:04PM	Nataraja: Purple		Prathama
			Prathama* Until 11:49AM	Moon - Orange		Devaloka Day

Creative Work Siddha Yoga
 Skanda Shasthi Begins
 Karttika•Aipasi

1	Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau				Des Moines, IA
	Vrischika Rasi: 12.47	Tithi 2 – 3	771625464	Gulika 6:51AM – 8:07AM	Anuradha Until 12:11PM	Ganesha: Blue Sunrise: 6:51AM	Sun 16 Sutra 209
				Yama 1:13PM – 2:30PM	Sobhana Until 11:36AM	Muruga: Clear Sunset: 5:03PM	Plava 5123
	Creative Work	Siddha Yoga		Rahu 9:24AM – 10:40AM	Taitila Until 6:36PM	Nataraja: Purple Moon – Orange	Moon 10 - Phase 29 - 16 3rd Phase
			Dvitiya Until 8:18AM		Kartika•Aipasi	Devaloka Day	

2	Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukama Yoga Vanija/Visti* Karana Chaturtham Titau				Des Moines, IA
	Vrischika Rasi: 27.46	Tithi 4	771625464	Gulika 2:29PM – 3:46PM	Jyeshtha* Until 9:27AM	Ganesha: Blue Sunrise: 6:52AM	Sun 17 Sutra 210
				Yama 11:57AM – 1:13PM	Athiganda* Until 7:38AM	Muruga: Clear Sunset: 5:02PM	Plava 5123
	Routine Work	Marana Yoga		Rahu 3:46PM – 5:02PM	Vanija Until 3:19PM	Nataraja: Purple Moon – Orange	Moon 10 - Phase 29 - 17 3rd Phase
			Chaturthi* Until 1:47AM Mon		Kartika•Aipasi	Devaloka Day	
							Then Creative Work - Amrita Yoga

3	Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
	Dhanus Rasi: 12.32	Tithi 5	781625464	Gulika 1:13PM – 2:29PM	Mula* Until 7:18AM	Ganesha: Blue Sunrise: 6:53AM	Sun 18 Sutra 211
	Family Home Evening			Yama 10:41AM – 11:57AM	Dhriti Until 12:33AM Tue	Muruga: Clear Sunset: 5:01PM	Plava 5123
	Creative Work	Siddha Yoga		Rahu 8:09AM – 9:25AM	Bava Until 12:23PM	Nataraja: Purple Moon – Light Blue	Moon 10 - Phase 29 - 18 3rd Phase
			Panchami Until 11:04PM		Kartika•Aipasi	Devaloka Day	
							Then Routine Work - Marana Yoga

4	Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA
	Dhanus Rasi: 26.59	Tithi 6	781625464	Gulika 11:57AM – 1:13PM	Uttarashadha Until 3:58AM Wed	Ganesha: Blue Sunrise: 6:54AM	Sun 19 Sutra 212
				Yama 9:26AM – 10:41AM	Shula* Until 9:35PM	Muruga: Clear Sunset: 5:00PM	Plava 5123
	Routine Work	Prabalarishta Yoga		Rahu 2:28PM – 3:44PM	Kaulava Until 9:55AM	Nataraja: Purple Moon – Light Blue	Moon 10 - Phase 29 - 19 3rd Phase
			Skanda Shasthi	Shashthi* Until 8:52PM	Kartika•Aipasi	Devaloka Day	
							Then Creative Work - Siddha Yoga

5	Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA
	Makara Rasi: 11.05	Tithi 7	791625464	Gulika 10:42AM – 11:57AM	Shravana Until 3:23AM Thu	Ganesha: Yellow Sunrise: 6:56AM	Sun 20 Sutra 213
				Yama 8:11AM – 9:26AM	Ganda* Until 7:06PM	Muruga: Clear Sunset: 4:59PM	Plava 5123
	Creative Work	Siddha Yoga		Rahu 11:57AM – 1:13PM	Gara Until 8:00AM	Nataraja: Purple Moon – Purple	Moon 10 - Phase 29 - 20 3rd Phase
			Saptami Until 7:15PM		Kartika•Aipasi	Sivaloka Day	

D	Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
	Retreat Star			Gulika 9:27AM – 10:42AM	Dhanishtha Until 3:18AM Fri	Ganesha: Yellow Sunrise: 6:57AM	Sun 21 Sutra 214
	Makara Rasi: 24.47	Tithi 8	791625464	Yama 6:57AM – 8:12AM	Vriddhi Until 5:09PM	Muruga: Clear Sunset: 4:58PM	Plava 5123
	Creative Work	Siddha Yoga		Rahu 1:12PM – 2:27PM	Visti Until 6:42AM	Nataraja: Purple Moon – Purple	Moon 10 - Phase 29 - 21 Ashtami
			Ashtami* Until 6:17PM		Kartika•Aipasi	Sivaloka Day	

D	Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
	Retreat Star			Gulika 8:13AM – 9:28AM	Shatabhishak Until 3:41AM Sat	Ganesha: Yellow Sunrise: 6:58AM	Sun 22 Sutra 215
	Kumbha Rasi: 8.08	Tithi 9 – 10	791625464	Yama 2:27PM – 3:42PM	Dhruva Until 3:40PM	Muruga: Clear Sunset: 4:57PM	Plava 5123
	Creative Work	Siddha Yoga		Rahu 10:42AM – 11:57AM	Balava Until 6:04AM	Nataraja: Purple Moon – Purple	Moon 10 - Phase 29 - 22 Navami
			Navami* Until 5:58PM		Kartika•Aipasi	Sivaloka Day	
							Then Routine Work - Marana Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


1	Saturday, November 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA
	Kumbha Rasi: 21.08	Tithi 10	Gulika 6:59AM – 8:14AM	Purvaproshtapada* Until 4:58AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:59AM	Sun 23 Sutra 216
			Yama 1:12PM – 2:27PM	Vyaghata* Until 2:42PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Plava 5123
		711625464	Rahu 9:28AM – 10:43AM	Taitila Until 6:04AM	Nataraja: Purple		Moon 10 - Phase 30 - 23
Routine Work	Marana Yoga		Dashami Until 6:16PM	Moon – Clear		4th Phase	
Until 4:58AM Sun				Karttika•Aipasi		Sivaloka Day	
Then Creative Work - Amrita Yoga							


2	Sunday, November 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA
	Meena Rasi: 3.52	Tithi 11	Gulika 2:26PM – 3:41PM	Uttaraproshtapada Until 6:37AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:00AM	Sun 24 Sutra 217
			Yama 11:58AM – 1:12PM	Harshana Until 2:11PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Plava 5123
		711625464	Rahu 3:41PM – 4:55PM	Vanija Until 6:40AM	Nataraja: Purple		Moon 10 - Phase 30 - 24
Creative Work	Amrita Yoga		Ekadashi Until 7:09PM	Moon – Clear		4th Phase	
Until 6:37AM Mon				Karttika•Aipasi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

3	Monday, November 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Des Moines, IA
	Meena Rasi: 16.2	Tithi 12	Gulika 1:12PM – 2:26PM	Uttaraproshtapada Until 6:37AM	Ganesha: White	<i>Sunrise:</i> 7:02AM	Sun 25 Sutra 218
	Family Home Evening		Yama 10:44AM – 11:58AM	Vajra* Until 2:02PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Plava 5123
		712625464	Rahu 8:16AM – 9:30AM	Bava Until 7:48AM	Nataraja: Purple		Moon 10 - Phase 30 - 25
Creative Work	Siddha Yoga		Dvadashi Until 8:32PM	Moon – Clear		4th Phase	
				Karttika•Aipasi		Subha Sivaloka Day	

4	Tuesday, November 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA
	Meena Rasi: 28.37	Tithi 13	Gulika 11:58AM – 1:12PM	Revati Until 8:33AM	Ganesha: White	<i>Sunrise:</i> 7:03AM	Sun 26 Sutra 219
			Yama 9:30AM – 10:44AM	Siddhi Until 2:14PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Plava 5123
		712625465	Rahu 2:26PM – 3:39PM	Kaulava Until 9:24AM	Nataraja: Clear		Moon 10 - Phase 30 - 26
Creative Work	Siddha Yoga		Trayodashi Until 10:21PM	Moon – Clear		4th Phase	
				Karttika•Kartikai		Sivaloka Day	
				<i>Pradosha Vrata</i>			

5	Wednesday, November 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA
	Mesha Rasi: 10.43	Tithi 14	Gulika 10:45AM – 11:58AM	Ashvini Until 11:12AM	Ganesha: Clear	<i>Sunrise:</i> 7:04AM	Sun 27 Sutra 220
			Yama 8:18AM – 9:31AM	Vyatipata* Until 2:44PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Plava 5123
		722625465	Rahu 11:58AM – 1:12PM	Gara Until 11:25AM	Nataraja: Clear		Moon 10 - Phase 30 - 27
Routine Work	Marana Yoga		Chaturdashi* Until 12:31AM Thu	Moon – White		4th Phase	
Until 11:12AM				Karttika•Kartikai		Devaloka Day	
Then Creative Work - Siddha Yoga							

	Thursday, November 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA
	Mesha Rasi: 22.42	Tithi 15	Gulika 9:32AM – 10:45AM	Bharani Until 1:59PM	Ganesha: Clear	<i>Sunrise:</i> 7:05AM	Sutra 221
			Yama 7:05AM – 8:18AM	Varyan Until 3:27PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Plava 5123
		722625465	Rahu 1:12PM – 2:25PM	Visti Until 1:45PM	Nataraja: Clear		Moon 10 - Phase 30 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:59AM Fri	Moon – White			
Until 1:59PM				Karttika•Kartikai		Devaloka Day	
Then Routine Work - Marana Yoga							

	Friday, November 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA
	Vrishabha Rasi: 4.34	Tithi 16	Gulika 8:19AM – 9:32AM	Krittika Until 4:49PM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	Sutra 222
			Yama 2:25PM – 3:38PM	Parigha* Until 4:20PM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Plava 5123
		722625465	Rahu 10:46AM – 11:59AM	Balava Until 4:18PM	Nataraja: Clear		Moon 10 - Phase 30 - Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:37AM Sat	Moon – White			
Until 4:49PM				Karttika•Kartikai		Devaloka Day	
Then Routine Work - Marana Yoga		Vinayaga Viratam Begins					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva/Siddha Yoga Tailila Karana Dvitiyayam Titau

Des Moines, IA
Sutra 223
Plava 5123
Moon 11 - Phase 31 -
1st Phase

Vrishabha Rasi: 16.23 Tithi 17
732625465
Creative Work Amrita Yoga
Until 8:07PM
Then Creative Work - Siddha Yoga

Gulika 7:07AM – 8:20AM
Yama 1:12PM – 2:25PM
Rahu 9:33AM – 10:46AM

Rohini Until 8:07PM
Shiva Until 5:20PM
Tailila Until 7:00PM
Dvitiya Until 8:20AM Sun

Ganesha: Purple *Sunrise:* 7:07AM
Muruqa: Clear *Sunset:* 4:50PM
Nataraja: Clear
Moon – Yellow
Sivaloka Day
Karttika-Karttikai

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA
Sun 1 Sutra 224
Plava 5123
Moon 11 - Phase 31 - 1
1st Phase

Vrishabha Rasi: 28.11 Tithi 17 – 18
732625465
Creative Work Siddha Yoga

Gulika 2:24PM – 3:37PM
Yama 11:59AM – 1:12PM
Rahu 3:37PM – 4:50PM

Mrigashira Until 11:14PM
Siddha Until 6:19PM
Vanija Until 9:42PM
Dvitiya Until 8:20AM

Ganesha: Purple *Sunrise:* 7:09AM
Muruqa: Clear *Sunset:* 4:50PM
Nataraja: Clear
Moon – Yellow
Sivaloka Day
Karttika-Karttikai

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA
Sun 2 Sutra 225
Plava 5123
Moon 11 - Phase 31 - 2
1st Phase

Mithuna Rasi: 9.59 Tithi 18 – 19
732625465
Creative Work Siddha Yoga

Gulika 1:12PM – 2:24PM
Yama 10:47AM – 11:59AM
Rahu 8:22AM – 9:35AM

Ardra Until 2:04AM Tue
Sadhya Until 7:14PM
Bava Until 12:17AM Tue
Tritiya Until 11:00AM

Ganesha: Purple *Sunrise:* 7:10AM
Muruqa: Clear *Sunset:* 4:49PM
Nataraja: Clear
Moon – Yellow
Sivaloka Day
Karttika-Karttikai

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA
Sun 3 Sutra 226
Plava 5123
Moon 11 - Phase 31 - 3
1st Phase

Mithuna Rasi: 21.51 Tithi 19 – 20
742625465
Creative Work Siddha Yoga

Gulika 12:00PM – 1:12PM
Yama 9:35AM – 10:47AM
Rahu 2:24PM – 3:36PM

Punarvasu Until 4:59AM Wed
Subha Until 7:59PM
Kaulava Until 2:36AM Wed
Chaturthi* Until 1:28PM

Ganesha: Clear *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 4:48PM
Nataraja: Clear
Moon – Blue
Devaloka Day
Karttika-Karttikai

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA
Sun 4 Sutra 227
Plava 5123
Moon 11 - Phase 31 - 4
1st Phase

Kataka Rasi: 3.5 Tithi 20 – 21
742625465
Creative Work Siddha Yoga

Gulika 10:48AM – 12:00PM
Yama 8:24AM – 9:36AM
Rahu 12:00PM – 1:12PM

Pushya Until 7:19AM Thu
Sukla Until 8:26PM
Gara Until 4:31AM Thu
Panchami Until 3:36PM

Ganesha: Clear *Sunrise:* 7:12AM
Muruqa: Clear *Sunset:* 4:48PM
Nataraja: Clear
Moon – Blue
Devaloka Day
Karttika-Karttikai

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA
Sun 5 Sutra 228
Plava 5123
Moon 11 - Phase 31 - 5
1st Phase

Kataka Rasi: 15.59 Tithi 21 – 22
742625465
Creative Work Amrita Yoga
Until 7:19AM
Then Creative Work - Siddha Yoga

Gulika 9:37AM – 10:49AM
Yama 7:13AM – 8:25AM
Rahu 1:12PM – 2:24PM

Pushya Until 7:19AM
Brahma Until 8:30PM
Visti Until 5:52AM Fri
Shashthi* Until 5:15PM

Ganesha: Clear *Sunrise:* 7:13AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
Moon – Blue
Devaloka Day
Karttika-Karttikai

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Bava Karana Saptamyam Titau

Des Moines, IA
Sun 6 Sutra 229
Plava 5123
Moon 11 - Phase 31 - 6
1st Phase

Kataka Rasi: 28.22 Tithi 22
742625465
Routine Work Marana Yoga

Gulika 8:26AM – 9:37AM
Yama 2:24PM – 3:35PM
Rahu 10:49AM – 12:01PM

Ashlesha* Until 8:57AM
Indra Until 8:07PM
Bava Until 6:16PM
Saptami Until 6:16PM

Ganesha: Clear *Sunrise:* 7:14AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
Moon – Blue
Devaloka Day
Karttika-Karttikai

D

Saturday, November 27, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA
Sun 7 Sutra 230
Plava 5123
Moon 11 - Phase 31 - 7
Ashtami

Simha Rasi: 11.02 Tithi 23
752625465
Creative Work Amrita Yoga
Until 10:14AM
Then Creative Work - Siddha Yoga

Gulika 7:15AM – 8:27AM
Yama 1:12PM – 2:24PM
Rahu 9:38AM – 10:50AM

Magha* Until 10:14AM
Vaidhriti* Until 7:07PM
Balava Until 6:32AM
Ashtami* Until 6:34PM

Ganesha: White *Sunrise:* 7:15AM
Muruqa: Clear *Sunset:* 4:46PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Karttika-Karttikai

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Navamyam Titau

Des Moines, IA
Sun 8 Sutra 231
Plava 5123
Moon 11 - Phase 31 - 8
Navami

Simha Rasi: 24.06 Tithi 24
753625465
Creative Work Siddha Yoga
Until 10:37AM
Then Creative Work - Amrita Yoga

Gulika 2:24PM – 3:35PM
Yama 12:01PM – 1:12PM
Rahu 3:35PM – 4:46PM

Purvaphalguni Until 10:37AM
Vishkambha* Until 5:32PM
Tailila Until 6:26AM
Navami* Until 6:04PM


Ganesha: Clear *Sunrise:* 7:17AM
Muruqa: Clear *Sunset:* 4:46PM
Nataraja: Clear
Moon – Red
Devaloka Day
Karttika-Karttikai

1	Monday, November 29, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Prithi/Ayushman Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau	Des Moines, IA
	Kanya Rasi: 7.34 Tithi 25 – 26	Gulika 1:13PM – 2:24PM Uttaraphalguni Until 10:04AM	Sun 9 Sutra 232
	Family Home Evening 753625465	Yama 10:51AM – 12:02PM Priti Until 3:20PM	Plava 5123
	Creative Work Siddha Yoga	Rahu 8:29AM – 9:40AM Bava Until 3:53AM Tue	Moon 11 - Phase 32 - 9 2nd Phase
		Dashami Until 4:47PM	Devaloka Day
		Ganesha: Clear Sunrise: 7:18AM	
		Muruqa: Clear Sunset: 4:46PM	
		Nataraja: Clear	
		Moon – Red	
		Karttika-Karttikai	

2	Tuesday, November 30, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Des Moines, IA
	Kanya Rasi: 21.3 Tithi 26 – 27	Gulika 12:02PM – 1:13PM Hasta Until 9:04AM	Sun 10 Sutra 233
	Family Home Evening 753625465	Yama 9:40AM – 10:51AM Ayushman Until 12:32PM	Plava 5123
	Creative Work Siddha Yoga	Rahu 2:24PM – 3:34PM Kaulava Until 1:32AM Wed	Moon 11 - Phase 32 - 10 2nd Phase
		Ekadashi* Until 2:46PM	Devaloka Day
		Ganesha: Yellow Sunrise: 7:19AM	
		Muruqa: Clear Sunset: 4:45PM	
		Nataraja: Clear	
		Moon – Green	
		Karttika-Karttikai	

3	Wednesday, December 1, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	Des Moines, IA
	Tula Rasi: 5.53 Tithi 27 – 28	Gulika 10:52AM – 12:02PM Chitra Until 7:17AM	Sun 11 Sutra 234
	Family Home Evening 753625465	Yama 8:30AM – 9:41AM Saubhagya Until 9:12AM	Plava 5123
	Creative Work Siddha Yoga	Rahu 12:02PM – 1:13PM Gara Until 10:36PM	Moon 11 - Phase 32 - 11 2nd Phase
		Dvadashi* Until 12:07PM	Devaloka Day
		Ganesha: Yellow Sunrise: 7:20AM	
		Muruqa: Clear Sunset: 4:45PM	
		Nataraja: Clear	
		Moon – Green	
		Karttika-Karttikai	
		<i>Pradosha Vrata (Fasting)</i>	

4	Thursday, December 2, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Athiganda* Yoga Vanja/Vistit* Karana Trayodashi/Chaturdashyam Titau	Des Moines, IA
	Tula Rasi: 20.38 Tithi 28 – 29	Gulika 9:42AM – 10:52AM Vishakha Until 2:14AM Fri	Sun 12 Sutra 235
	Family Home Evening 753625465	Yama 7:21AM – 8:31AM Athiganda* Until 1:24AM Fri	Plava 5123
	Creative Work Siddha Yoga	Rahu 1:13PM – 2:24PM Visti Until 7:15PM	Moon 11 - Phase 32 - 12 2nd Phase
		Trayodashi* Until 8:58AM	Devaloka Day
		Ganesha: Red Sunrise: 7:21AM	
		Muruqa: Clear Sunset: 4:45PM	
		Nataraja: Clear	
		Moon – Orange	
		Karttika-Karttikai	

	Friday, December 3, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Des Moines, IA
	Retreat Star	Gulika 8:32AM – 9:42AM Anuradha Until 11:17PM	Sun 13 Sutra 236
	Vrischika Rasi: 5.42 Tithi 30	Yama 2:24PM – 3:34PM Sukarma Until 9:09PM	Plava 5123
	Family Home Evening 753625465	Rahu 10:53AM – 12:03PM Catuspada Until 3:38PM	Moon 11 - Phase 32 - 13 Amavasya
		Amavasya* Until 1:44AM Sat	Devaloka Day
		Ganesha: Red Sunrise: 7:22AM	
		Muruqa: Clear Sunset: 4:44PM	
		Nataraja: Clear	
		Moon – Orange	
		Karttika-Karttikai	
		Then Routine Work - Marana Yoga	

Retreat Star	Saturday, December 4, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau	Des Moines, IA
	Vrischika Rasi: 20.55 Tithi 1	Gulika 7:23AM – 8:33AM Jyeshtha* Until 8:10PM	Sun 14 Sutra 237
	Family Home Evening 753625465	Yama 1:14PM – 2:24PM Dhriti Until 4:51PM	Plava 5123
	Creative Work Siddha Yoga	Rahu 9:43AM – 10:53AM Kintughna Until 11:53AM	Moon 11 - Phase 32 - 14 Prathama
		Prathama* Until 10:00PM	Devaloka Day
		Ganesha: Red Sunrise: 7:23AM	
		Muruqa: Clear Sunset: 4:44PM	
		Nataraja: Clear	
		Moon – Orange	
		Margasira-Karttikai	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	Dhanus Rasi: 6.07	Tithi 2	Gulika 2:24PM – 3:34PM	Mula* Until 5:25PM	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	Sun 15 Sutra 238
	783725465	Rahu	Yama 12:04PM – 1:14PM	Shula* Until 12:37PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
Creative Work Amrita Yoga			3:34PM – 4:44PM	Balava Until 8:11AM	Nataraja: Clear		Moon 11 - Phase 33 - 15
Until 5:25PM				Dvitiya Until 6:24PM	Moon – Light Blue		3rd Phase
Then Creative Work - Siddha Yoga					Margasira-Karttikai	Devaloka Day	

2	Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha* Nakshatra Ganda*/Vridhi* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Des Moines, IA
	Dhanus Rasi: 21.11	Tithi 3 – 4	Gulika 1:14PM – 2:24PM	Purvashadha* Until 2:50PM	Ganesha: Yellow	<i>Sunrise:</i> 7:25AM	Sun 16 Sutra 239
	783725465	Rahu	Yama 10:54AM – 12:04PM	Ganda* Until 8:35AM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
Family Home Evening			8:35AM – 9:45AM	Vanija Until 1:36AM Tue	Nataraja: Clear		Moon 11 - Phase 33 - 16
Routine Work Marana Yoga				Tritiya Until 3:05PM	Moon – Light Blue		3rd Phase
					Margasira-Karttikai	Devaloka Day	

3	Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Makara Rasi: 5.56	Tithi 4 – 5	Gulika 12:05PM – 1:15PM	Uttarashadha Until 12:33PM	Ganesha: Yellow	<i>Sunrise:</i> 7:26AM	Sun 17 Sutra 240
	783725465	Rahu	Yama 9:45AM – 10:55AM	Dhruva Until 1:37AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
Routine Work Prabalarishta Yoga			2:24PM – 3:34PM	Bava Until 11:01PM	Nataraja: Clear		Moon 11 - Phase 33 - 17
Until 12:33PM				Chaturthi* Until 12:13PM	Moon – Light Blue		3rd Phase
Then Creative Work - Siddha Yoga					Margasira-Karttikai	Devaloka Day	Tour Day

4	Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau				Des Moines, IA
	Makara Rasi: 20.18	Tithi 5 – 6	Gulika 10:56AM – 12:05PM	Shravana Until 11:09AM	Ganesha: White	<i>Sunrise:</i> 7:27AM	Sun 18 Sutra 241
	793725465	Rahu	Yama 8:36AM – 9:46AM	Vyaghata* Until 10:54PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
Creative Work Siddha Yoga			12:05PM – 1:15PM	Kaulava Until 9:05PM	Nataraja: Clear		Moon 11 - Phase 33 - 18
Until 11:09AM				Panchami Until 9:56AM	Moon – Purple		3rd Phase
Then Routine Work - Prabalarishta Yoga					Margasira-Karttikai	Sivaloka Day	

5	Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Kumbha Rasi: 4.13	Tithi 6 – 7	Gulika 9:47AM – 10:56AM	Dhanishtha Until 10:18AM	Ganesha: White	<i>Sunrise:</i> 7:27AM	Sun 19 Sutra 242
	793725465	Rahu	Yama 7:27AM – 8:37AM	Harshana Until 8:48PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
Creative Work Siddha Yoga			1:15PM – 2:25PM	Gara Until 7:55PM	Nataraja: Clear		Moon 11 - Phase 33 - 19
				Shashthi* Until 8:23AM	Moon – Purple		3rd Phase
					Margasira-Karttikai	Sivaloka Day	

Vinayaga Viratam Ends

Friday, December 10, 2021	Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak*/Purvaprosarthapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau				Des Moines, IA
	Kumbha Rasi: 17.4	Tithi 7 – 8	Gulika 8:38AM – 9:47AM	Shatabhishak Until 10:05AM	Ganesha: White	<i>Sunrise:</i> 7:28AM	Sun 20 Sutra 243
	793725465	Rahu	Yama 2:25PM – 3:35PM	Vajra* Until 7:19PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
Creative Work Siddha Yoga			10:57AM – 12:06PM	Visti Until 7:33PM	Nataraja: Clear		Moon 11 - Phase 33 - 20
				Saptami Until 7:37AM	Moon – Purple		Ashtami
					Margasira-Karttikai	Sivaloka Day	

Saturday, December 11, 2021	Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
	Meena Rasi: 0.41	Tithi 8 – 9	Gulika 7:29AM – 8:39AM	Purvaprosarthapada* Until 10:57AM	Ganesha: White	<i>Sunrise:</i> 7:29AM	Sun 21 Sutra 244
	713725465	Rahu	Yama 1:16PM – 2:25PM	Siddhi Until 6:28PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
Routine Work Marana Yoga			9:48AM – 10:57AM	Balava Until 8:01PM	Nataraja: Clear		Moon 11 - Phase 33 - 21
Until 10:57AM				Ashtami* Until 7:40AM	Moon – Clear		Navami
Then Creative Work - Siddha Yoga					Margasira-Karttikai	Sivaloka Day	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1		Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
Meena Rasi: 13.19	Tithi 9 – 10	Gulika	2:26PM – 3:35PM	Uttaraproshtapada	Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 7:30AM	Sun 22 Sutra 245
		Yama	12:07PM – 1:16PM	Vyatipata*	Until 6:11PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
		714725465 Rahu	3:35PM – 4:44PM	Taitila	Until 9:12PM	Nataraja: Clear		Moon 11 - Phase 34 - 22
Creative Work	Amrita Yoga			Navami*	Until 8:30AM	Moon – Clear		4th Phase
						Margasira-Karttikai		Devaloka Day

2		Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA
Meena Rasi: 25.4	Tithi 10 – 11	Gulika	1:17PM – 2:26PM	Revati	Until 2:22PM	Ganesha: Yellow	<i>Sunrise:</i> 7:31AM	Sun 23 Sutra 246
Family Home Evening		Yama	10:58AM – 12:08PM	Variyan	Until 6:22PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
		714725465 Rahu	8:40AM – 9:49AM	Vanija	Until 11:01PM	Nataraja: Clear		Moon 11 - Phase 34 - 23
Creative Work	Siddha Yoga			Gita Jayanthi	Dashami	Moon – Clear		4th Phase
					Until 10:01AM	Margasira-Karttikai		Devaloka Day

3		Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
Mesha Rasi: 7.46	Tithi 11 – 12	Gulika	12:08PM – 1:17PM	Ashvini	Until 5:08PM	Ganesha: White	<i>Sunrise:</i> 7:32AM	Sun 24 Sutra 247
		Yama	9:50AM – 10:59AM	Parigha*	Until 6:56PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Plava 5123
		724725465 Rahu	2:26PM – 3:35PM	Bava	Until 1:18AM Wed	Nataraja: Clear		Moon 11 - Phase 34 - 24
Creative Work	Siddha Yoga			Ekadashi	Until 12:05PM	Moon – White		4th Phase
						Margasira-Karttikai		Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

4		Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
Mesha Rasi: 19.42	Tithi 12 – 13	Gulika	10:59AM – 12:09PM	Bharani	Until 8:04PM	Ganesha: White	<i>Sunrise:</i> 7:32AM	Sun 25 Sutra 248
		Yama	8:41AM – 9:50AM	Shiva	Until 7:46PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Plava 5123
		724725465 Rahu	12:09PM – 1:18PM	Kaulava	Until 3:53AM Thu	Nataraja: Clear		Moon 11 - Phase 34 - 25
Creative Work	Siddha Yoga			Dvadashi	Until 2:33PM	Moon – White		4th Phase
Until 8:04PM		Markali Pillaiyar				Margasira-Markali		Bhuloka Day
Then Creative Work - Amrita Yoga					<i>Pradosha Vrata</i>			Devaloka Time: 3:PM to 6:PM

5		Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
Vrishabha Rasi: 1.32	Tithi 13 – 14	Gulika	9:51AM – 11:00AM	Krittika	Until 11:00PM	Ganesha: Yellow	<i>Sunrise:</i> 7:33AM	Sun 26 Sutra 249
		Yama	7:33AM – 8:42AM	Siddha	Until 8:42PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Plava 5123
		824725465 Rahu	1:18PM – 2:27PM	Gara	Until 6:36AM Fri	Nataraja: Clear		Moon 11 - Phase 34 - 26
Routine Work	Marana Yoga			Trayodashi	Until 5:13PM	Moon – White		4th Phase
						Margasira-Markali		Devaloka Day

6		Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA
Vrishabha Rasi: 13.2	Tithi 14	Gulika	8:43AM – 9:52AM	Rohini	Until 2:19AM Sat	Ganesha: White	<i>Sunrise:</i> 7:34AM	Sun 27 Sutra 250
		Yama	2:27PM – 3:36PM	Sadhya	Until 9:41PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Plava 5123
		834725465 Rahu	11:01AM – 12:10PM	Gara	Until 6:36AM	Nataraja: Clear		Moon 11 - Phase 34 - 27
Routine Work	Marana Yoga			Chaturdashi*	Until 7:57PM	Moon – Yellow		4th Phase
Until 2:19AM Sat						Margasira-Markali		Bhuloka Day
Then Creative Work - Siddha Yoga								Devaloka Time: 3:PM to 6:PM

○		Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA
Copper Retreat Star		Gulika	7:34AM – 8:43AM	Mrigashira	Until 5:23AM Sun	Ganesha: White	<i>Sunrise:</i> 7:34AM	Sutra 251
Vrishabha Rasi: 25.08	Tithi 15	Yama	1:19PM – 2:28PM	Subha	Until 10:39PM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Plava 5123
		834725465 Rahu	9:52AM – 11:01AM	Visti	Until 9:20AM	Nataraja: Clear		Moon 11 - Phase 34 -
Creative Work	Siddha Yoga			Purnima*	Until 10:38PM	Moon – Yellow		Purnima
						Margasira-Markali		Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

○		Sunday, December 19, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA
Silver Retreat Star		Gulika	2:28PM – 3:37PM	Ardra	Until 8:06AM Mon	Ganesha: White	<i>Sunrise:</i> 7:35AM	Sutra 252
Mithuna Rasi: 6.58	Tithi 16	Yama	12:11PM – 1:19PM	Sukla	Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Plava 5123
		834725465 Rahu	3:37PM – 4:46PM	Balava	Until 11:56AM	Nataraja: Clear		Moon 11 - Phase 34 -
Creative Work	Siddha Yoga			Prathama*	Until 1:09AM Mon	Moon – Yellow		Prathama
Until 8:06AM Mon						Margasira-Markali		Bhuloka Day
Then Creative Work - Amrita Yoga								Devaloka Time: 3:PM to 6:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

ll times are standard time. Calculated for Des Moines, IA on 5/23/1

www.gurudeva.org/panchang



Monday, December 20, 2021

Gold Retreat Star

Mithuna Rasi: 18.52 Tithi 17
Family Home Evening 834725465
Creative Work Siddha Yoga
Until 8:06AM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:20PM - 2:29PM
Yama 11:02AM - 12:11PM
Rahu 8:44AM - 9:53AM

Ardra Darshanam

Ardra Until 8:06AM
Brahma Until 12:05AM Tue
Taitila Until 2:21PM
Dvitiya Until 3:25AM Tue

Ganesha: White Sunrise: 7:35AM
Muruga: Clear Sunset: 4:47PM
Nataraja: Clear
Moon - Yellow

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Des Moines, IA
Sutra 253
Plava 5123
Moon 12 - Phase 35 -
1st Phase

1

Tuesday, December 21, 2021

Kataka Rasi: 0.52 Tithi 18
844725465
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:12PM - 1:20PM
Yama 9:54AM - 11:03AM
Rahu 2:29PM - 3:38PM

Day 1 of Pancha Ganapati

Punarvasu Until 10:54AM
Indra Until 12:31AM Wed
Vanija Until 4:28PM
Tritiya Until 5:23AM Wed

Ganesha: Clear Sunrise: 7:36AM
Muruga: Clear Sunset: 4:47PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Margasira-Markali

Des Moines, IA
Sun 1 Sutra 254
Plava 5123
Moon 12 - Phase 35 - 1
1st Phase

2

Wednesday, December 22, 2021

Kataka Rasi: 12.59 Tithi 19
844725465
Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Bava Karana Chaturthayam Titau

Gulika 11:03AM - 12:12PM
Yama 8:45AM - 9:54AM
Rahu 12:12PM - 1:21PM

Day 2 of Pancha Ganapati

Pushya Until 1:13PM
Vaidhriti* Until 12:39AM Thu
Bava Until 6:15PM
Chaturthi* Until 6:58AM Thu

Ganesha: Clear Sunrise: 7:36AM
Muruga: Clear Sunset: 4:48PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Margasira-Markali

Des Moines, IA
Sun 2 Sutra 255
Plava 5123
Moon 12 - Phase 35 - 2
1st Phase

3

Thursday, December 23, 2021

Kataka Rasi: 25.15 Tithi 19 - 20
844725465
Creative Work Siddha Yoga
Until 3:01PM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:55AM - 11:04AM
Yama 7:37AM - 8:46AM
Rahu 1:21PM - 2:30PM

Day 3 of Pancha Ganapati

Ashlesha* Until 3:01PM
Vishkambha* Until 12:28AM Fri
Kaulava Until 7:37PM
Chaturthi* Until 6:58AM

Ganesha: Clear Sunrise: 7:37AM
Muruga: Clear Sunset: 4:48PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Margasira-Markali

Des Moines, IA
Sun 3 Sutra 256
Plava 5123
Moon 12 - Phase 35 - 3
1st Phase

4

Friday, December 24, 2021

Simha Rasi: 7.43 Tithi 20 - 21
854725465
Routine Work Marana Yoga
Until 4:40PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 8:46AM - 9:55AM
Yama 2:31PM - 3:40PM
Rahu 11:04AM - 12:13PM

Day 4 of Pancha Ganapati

Magha* Until 4:40PM
Priti Until 11:55PM
Gara Until 8:30PM
Panchami Until 8:06AM

Ganesha: Purple Sunrise: 7:37AM
Muruga: Clear Sunset: 4:49PM
Nataraja: Clear
Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Des Moines, IA
Sun 4 Sutra 257
Plava 5123
Moon 12 - Phase 35 - 4
1st Phase

5

Saturday, December 25, 2021

Simha Rasi: 20.25 Tithi 21 - 22
855825465
Creative Work Siddha Yoga
Until 5:37PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Gulika 7:38AM - 8:47AM
Yama 1:23PM - 2:31PM
Rahu 9:56AM - 11:05AM

Day 5 of Pancha Ganapati

Purvaphalguni Until 5:37PM
Ayushman Until 10:54PM
Visti Until 8:49PM
Shashthi* Until 8:43AM

Ganesha: Purple Sunrise: 7:38AM
Muruga: Clear Sunset: 4:49PM
Nataraja: Clear
Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Des Moines, IA
Sun 5 Sutra 258
Plava 5123
Moon 12 - Phase 35 - 5
1st Phase

D

Sunday, December 26, 2021

Retreat Star

Kanya Rasi: 3.23 Tithi 22 - 23
855825466
Creative Work Amrita Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:32PM - 3:41PM
Yama 12:14PM - 1:23PM
Rahu 3:41PM - 4:50PM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 5:50PM
Saubhagya Until 9:24PM
Balava Until 8:30PM
Saptami Until 8:43AM

Ganesha: Purple Sunrise: 7:38AM
Muruga: Clear Sunset: 4:50PM
Nataraja: Orange
Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Des Moines, IA
Sun 6 Sutra 259
Plava 5123
Moon 12 - Phase 35 - 6
Ashtami

Monday, December 27, 2021

Retreat Star

Kanya Rasi: 16.43 Tithi 23 - 24
Family Home Evening 855825466
Creative Work Siddha Yoga
Until 5:40PM
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:24PM - 2:33PM
Yama 11:06AM - 12:15PM
Rahu 8:47AM - 9:57AM

Day 5 of Pancha Ganapati

Hasta Until 5:40PM
Sobhana Until 7:23PM
Taitila Until 7:30PM
Ashtami* Until 8:04AM

Ganesha: Clear Sunrise: 7:38AM
Muruga: Clear Sunset: 4:51PM
Nataraja: Orange
Moon - Green

Devaloka Day

Margasira-Markali

Des Moines, IA
Sun 7 Sutra 260
Plava 5123
Moon 12 - Phase 35 - 7
Navami

1	Tuesday, December 28, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Athiganda*/Sukarma Yoga Gara/Visli* Karana Navami/Dashamyam Titau				Des Moines, IA
	Tula Rasi: 0.25	Tithi 24 – 25	865825466	Gulika Yama Rahu	12:15PM – 1:24PM 9:57AM – 11:06AM 2:33PM – 3:42PM	Chitra Until 4:43PM Athiganda* Until 4:49PM Visti Until 4:45AM Wed Navami* Until 6:44AM	Sun 8 Sutra 261 Plava 5123 Moon 12 - Phase 36 - 8 2nd Phase
	Creative Work	Siddha Yoga				Ganesh: Clear Muruqa: Clear Nataraja: Orange Moon – Green	Sunrise: 7:39AM Sunset: 4:51PM Devaloka Day
						Margasira*Markali	

2	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA
	Tula Rasi: 14.31	Tithi 26	865825466	Gulika Yama Rahu	11:06AM – 12:16PM 8:48AM – 9:57AM 12:16PM – 1:25PM	Svati Until 3:00PM Sukarma Until 1:46PM Bava Until 3:33PM Ekadashi* Until 2:11AM Thu	Sun 9 Sutra 262 Plava 5123 Moon 12 - Phase 36 - 9 2nd Phase
	Creative Work	Siddha Yoga				Ganesh: Clear Muruqa: Clear Nataraja: Orange Moon – Green	Sunrise: 7:39AM Sunset: 4:52PM Devaloka Day
						Margasira*Markali	

3	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvodashyam Titau				Des Moines, IA
	Tula Rasi: 29.01	Tithi 27	875825466	Gulika Yama Rahu	9:58AM – 11:07AM 7:39AM – 8:48AM 1:25PM – 2:34PM	Vishakha Until 1:02PM Dhriti Until 10:17AM Kaulava Until 12:44PM Dvodashi* Until 11:08PM	Sun 10 Sutra 263 Plava 5123 Moon 12 - Phase 36 - 10 2nd Phase
	Creative Work	Siddha Yoga				Ganesh: White Muruqa: Clear Nataraja: Orange Moon – Orange	Sunrise: 7:39AM Sunset: 4:53PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
						Margasira*Markali	

4	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA
	Vrischika Rasi: 13.5	Tithi 28	875825466	Gulika Yama Rahu	8:49AM – 9:58AM 2:35PM – 3:44PM 11:07AM – 12:17PM	Anuradha Until 10:30AM Shula* Until 6:25AM Gara Until 9:29AM Trayodashi* Until 7:45PM	Sun 11 Sutra 264 Plava 5123 Moon 12 - Phase 36 - 11 2nd Phase
	Creative Work	Siddha Yoga				Ganesh: White Muruqa: Clear Nataraja: Orange Moon – Orange	Sunrise: 7:39AM Sunset: 4:54PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 10:30AM Then Routine Work - Marana Yoga					Margasira*Markali	

5	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA
	Vrischika Rasi: 28.54	Tithi 29 – 30	875825466	Gulika Yama Rahu	7:40AM – 8:49AM 1:26PM – 2:36PM 9:58AM – 11:08AM	Jyeshtha* Until 7:35AM Vriddhi Until 10:08PM Catuspada Until 2:21AM Sun Chaturdashi* Until 4:09PM	Sun 12 Sutra 265 Plava 5123 Moon 12 - Phase 36 - 12 2nd Phase
	Creative Work	Siddha Yoga				Ganesh: White Muruqa: Clear Nataraja: Orange Moon – Orange	Sunrise: 7:40AM Sunset: 4:55PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
						Margasira*Markali	

●	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA
	Retreat Star			Gulika Yama Rahu	2:36PM – 3:46PM 12:18PM – 1:27PM 3:46PM – 4:55PM	Purvashadha* Until 2:01AM Mon Dhruva Until 5:55PM Kintughna Until 10:46PM Amavasya* Until 12:32PM	Sun 13 Sutra 266 Plava 5123 Moon 12 - Phase 36 - 13 Amavasya
	Dhanus Rasi: 14.04	Tithi 30 – 1	885825466			Ganesh: Green Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 7:40AM Sunset: 4:55PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga				Margasira*Markali	

●	Monday, January 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
	Retreat Star			Gulika Yama Rahu	1:28PM – 2:37PM 11:08AM – 12:18PM 8:49AM – 9:59AM	Uttarashadha Until 11:18PM Vyaghata* Until 1:52PM Balava Until 7:25PM Prathama* Until 9:02AM	Sun 14 Sutra 267 Plava 5123 Moon 12 - Phase 36 - 14 Prathama
	Dhanus Rasi: 29.09	Tithi 1 – 2	886825466			Ganesh: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 7:40AM Sunset: 4:56PM Devaloka Day
	Family Home Evening Routine Work Marana Yoga Until 11:18PM Then Creative Work - Amrita Yoga					Pausha*Markali	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Tuesday, January 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA
	Makara Rasi: 14.02	Tithi 3	Gulika Yama	12:18PM – 1:28PM 9:59AM – 11:09AM	Shravana Until 9:16PM Harshana Until 10:06AM	Ganesha: Clear Muruqa: Clear	Sun 15 Sutra 268 Plava 5123
	Creative Work	Siddha Yoga	896825466 Rahu	2:38PM – 3:47PM	Taitila Until 4:26PM	Sunrise: 7:40AM Sunset: 4:57PM	Moon 12 - Phase 37 - 15 3rd Phase
				Tritiya Until 3:07AM Wed	Nataraja: Orange Moon – Purple	Devaloka Day	

2	Wednesday, January 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Vanija/Visiti* Karana Chaturthyam Titau				Des Moines, IA
	Makara Rasi: 28.34	Tithi 4	Gulika Yama	11:09AM – 12:19PM 8:50AM – 9:59AM	Dhanishtha Until 7:41PM Vajra* Until 6:44AM	Ganesha: Clear Muruqa: Clear	Sun 16 Sutra 269 Plava 5123
	Routine Work	Prabalarishta Yoga	896825466 Rahu	12:19PM – 1:29PM	Vanija Until 2:00PM	Sunrise: 7:40AM Sunset: 4:57PM	Moon 12 - Phase 37 - 16 3rd Phase
	Until 7:41PM Then Creative Work - Siddha Yoga			Subramuniyaswami Jayanti	Chaturthi* Until 1:01AM Thu	Nataraja: Orange Moon – Purple	Devaloka Day

3	Thursday, January 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
	Kumbha Rasi: 12.39	Tithi 5	Gulika Yama	10:00AM – 11:09AM 7:40AM – 8:50AM	Shatabhishak Until 6:41PM Vyatipata* Until 1:40AM Fri	Ganesha: Clear Muruqa: Clear	Sun 17 Sutra 270 Plava 5123
	Creative Work	Siddha Yoga	896825466 Rahu	1:29PM – 2:39PM	Bava Until 12:16PM	Sunrise: 7:40AM Sunset: 4:59PM	Moon 12 - Phase 37 - 17 3rd Phase
				Panchami Until 11:41PM	Nataraja: Orange Moon – Purple	Devaloka Day	

4	Friday, January 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA
	Kumbha Rasi: 26.16	Tithi 6	Gulika Yama	8:50AM – 10:00AM 2:40PM – 3:50PM	Purvaproshtapada* Until 6:48PM Variyan Until 12:07AM Sat	Ganesha: Red Muruqa: Clear	Sun 18 Sutra 271 Plava 5123
	Creative Work	Siddha Yoga	816825466 Rahu	11:10AM – 12:20PM	Kaulava Until 11:21AM	Sunrise: 7:40AM Sunset: 5:00PM	Moon 12 - Phase 37 - 18 3rd Phase
				Shashthi* Until 11:13PM	Nataraja: Orange Moon – Clear	Devaloka Day	

5	Saturday, January 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Gara/Vanija Karana Saplamyam Titau				Des Moines, IA
	Meena Rasi: 9.23	Tithi 7	Gulika Yama	7:39AM – 8:50AM 1:30PM – 2:41PM	Uttaraproshtapada Until 7:37PM Parigha* Until 11:15PM	Ganesha: Red Muruqa: Clear	Sun 19 Sutra 272 Plava 5123
	Creative Work	Siddha Yoga	816825466 Rahu	10:00AM – 11:10AM	Gara Until 11:20AM	Sunrise: 7:39AM Sunset: 5:01PM	Moon 12 - Phase 37 - 19 3rd Phase
	Until 7:37PM Then Routine Work - Prabalarishta Yoga			Saptami Until 11:38PM	Nataraja: Orange Moon – Clear	Devaloka Day	

D	Sunday, January 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
	Retreat Star		Gulika Yama	2:41PM – 3:52PM 12:21PM – 1:31PM	Revati Until 9:07PM Shiva Until 11:03PM	Ganesha: Red Muruqa: Clear	Sun 20 Sutra 273 Plava 5123
	Meena Rasi: 22.06	Tithi 8	816825466 Rahu	3:52PM – 5:02PM	Visti Until 12:11PM	Sunrise: 7:39AM Sunset: 5:02PM	Moon 12 - Phase 37 - 20 Ashtami
	Creative Work Amrita Yoga Until 9:07PM Then Creative Work - Siddha Yoga			Ashtami* Until 12:54AM Mon	Nataraja: Orange Moon – Clear	Devaloka Day	

D	Monday, January 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	Retreat Star		Gulika Yama	1:32PM – 2:42PM 11:11AM – 12:21PM	Ashvini Until 11:38PM Siddha Until 11:22PM	Ganesha: Blue Muruqa: Clear	Sun 21 Sutra 274 Plava 5123
	Mesha Rasi: 4.26	Tithi 9	826825466 Rahu	8:50AM – 10:00AM	Balava Until 1:49PM	Sunrise: 7:39AM Sunset: 5:03PM	Moon 12 - Phase 37 - 21 Navami
	Family Home Evening Creative Work Siddha Yoga			Navami* Until 2:52AM Tue	Nataraja: Orange Moon – White	Sivaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1	Tuesday, January 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA
	Mesha Rasi: 16.3	Tithi 10	827825466	Gulika 12:21PM – 1:32PM Yama 10:00AM – 11:11AM Rahu 2:43PM – 3:54PM	Bharani Until 2:29AM Wed Sadhya Until 12:05AM Wed Taitila Until 4:05PM Dashami Until 5:21AM Wed	Ganesha: Red <i>Sunrise:</i> 7:39AM Muruga: Clear <i>Sunset:</i> 5:04PM Nataraja: Orange Moon – White Pausha-Markali	Sun 22 Sutra 275 Plava 5123 Moon 12 - Phase 38 - 22 4th Phase Devaloka Day
Creative Work Siddha Yoga							
Until 2:29AM Wed							
Then Creative Work - Amrita Yoga							


2	Wednesday, January 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha Yoga Vanija Karana Ekadashyam Titau				Des Moines, IA
	Mesha Rasi: 28.23	Tithi 11	827825466	Gulika 11:11AM – 12:22PM Yama 8:49AM – 10:00AM Rahu 12:22PM – 1:33PM	Krittika Until 5:27AM Thu Subha Until 1:04AM Thu Vanija Until 6:43PM Ekadashi Until 8:05AM Thu	Ganesha: Red <i>Sunrise:</i> 7:39AM Muruga: Clear <i>Sunset:</i> 5:05PM Nataraja: Orange Moon – White Pausha-Markali	Sun 23 Sutra 276 Plava 5123 Moon 12 - Phase 38 - 23 4th Phase Devaloka Day
Creative Work Amrita Yoga							
Until 5:27AM Thu							
Then Routine Work - Marana Yoga							

3	Thursday, January 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Vrishabha Rasi: 10.1	Tithi 11 – 12	837825466	Gulika 10:00AM – 11:11AM Yama 7:38AM – 8:49AM Rahu 1:33PM – 2:44PM	Rohini Until 8:48AM Fri Sukla Until 2:05AM Fri Bava Until 9:31PM Ekadashi Until 8:05AM	Ganesha: Blue <i>Sunrise:</i> 7:38AM Muruga: Clear <i>Sunset:</i> 5:06PM Nataraja: Orange Moon – Yellow Pausha-Markali	Sun 24 Sutra 277 Plava 5123 Moon 12 - Phase 38 - 24 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga							
Until 8:48AM Fri							
Then Creative Work - Siddha Yoga							

4	Friday, January 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Vrishabha Rasi: 21.56	Tithi 12 – 13	837825466	Gulika 8:49AM – 10:00AM Yama 2:45PM – 3:56PM Rahu 11:11AM – 12:23PM	Rohini Until 8:48AM Brahma Until 3:02AM Sat Kaulava Until 12:14AM Sat Dvadashi Until 10:52AM	Ganesha: Blue <i>Sunrise:</i> 7:38AM Muruga: Clear <i>Sunset:</i> 5:07PM Nataraja: Orange Moon – Yellow Pausha-Thai	Sun 25 Sutra 278 Plava 5123 Moon 12 - Phase 38 - 25 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga							
Until 8:48AM							
Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>					

5	Saturday, January 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Mithuna Rasi: 3.45	Tithi 13 – 14	837825466	Gulika 7:37AM – 8:49AM Yama 1:34PM – 2:46PM Rahu 10:00AM – 11:12AM	Mrigashira Until 11:52AM Indra Until 3:50AM Sun Gara Until 2:44AM Sun Trayodashi Until 1:30PM	Ganesha: Blue <i>Sunrise:</i> 7:37AM Muruga: Clear <i>Sunset:</i> 5:09PM Nataraja: Orange Moon – Yellow Pausha-Thai	Sun 26 Sutra 279 Plava 5123 Moon 12 - Phase 38 - 26 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

6	Sunday, January 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA
	Mithuna Rasi: 15.4	Tithi 14 – 15	837825466	Gulika 2:47PM – 3:58PM Yama 12:23PM – 1:35PM Rahu 3:58PM – 5:10PM	Ardra Until 2:30PM Vaidhriti* Until 4:21AM Mon Visti Until 4:54AM Mon Chaturdashi* Until 3:51PM	Ganesha: Blue <i>Sunrise:</i> 7:37AM Muruga: Clear <i>Sunset:</i> 5:10PM Nataraja: Orange Moon – Yellow Pausha-Thai	Sun 27 Sutra 280 Plava 5123 Moon 12 - Phase 38 - 27 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

	Monday, January 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA	
	Copper Retreat Star		Mithuna Rasi: 27.42	Tithi 15 – 16	848835466	Gulika 1:36PM – 2:47PM Yama 11:12AM – 12:24PM Rahu 8:48AM – 10:00AM	Punarvasu Until 5:06PM Vishkambha* Until 4:35AM Tue Balava Until 6:41AM Tue Purnima* Until 5:49PM	Ganesha: Red <i>Sunrise:</i> 7:37AM Muruga: Purple <i>Sunset:</i> 5:11PM Nataraja: Orange Moon – Blue Pausha-Thai
Family Home Evening								
Creative Work Amrita Yoga								
Until 5:06PM								
Then Creative Work - Siddha Yoga								

○	Tuesday, January 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA	
	Silver Retreat Star		Kataka Rasi: 9.53	Tithi 16	848835466	Gulika 12:24PM – 1:36PM Yama 10:00AM – 11:12AM Rahu 2:48PM – 4:00PM	Pushya Until 7:10PM Priti Until 4:33AM Wed Balava Until 6:41AM Prathama* Until 7:24PM	Ganesha: Red <i>Sunrise:</i> 7:36AM Muruga: Purple <i>Sunset:</i> 5:12PM Nataraja: Orange Moon – Blue Pausha-Thai
Creative Work Siddha Yoga								
		Thai Pusam						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA

Sun 1 Sutra 283

Plava 5123

Moon 1 - Phase 39 - 1

1st Phase

Kataka Rasi: 22.15 Tithi 17

848935466 Rahu

Gulika 11:12AM - 12:24PM

Yama 8:48AM - 10:00AM

Rahu 12:24PM - 1:37PM

Ashlesha* Until 8:42PM

Ayushman Until 4:10AM Thu

Taitila Until 8:03AM

Dvitiya Until 8:34PM

Ganesha: Yellow Sunrise: 7:35AM

Muruqa: Purple Sunset: 5:13PM

Nataraja: Orange

Moon - Blue

Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Des Moines, IA

Sun 2 Sutra 284

Plava 5123

Moon 1 - Phase 39 - 2

1st Phase

Simha Rasi: 4.47 Tithi 18

858935466 Rahu

Gulika 10:00AM - 11:12AM

Yama 7:35AM - 8:47AM

Rahu 1:37PM - 2:50PM

Magha* Until 10:10PM

Saubhagya Until 3:31AM Fri

Vanija Until 9:02AM

Tritiya Until 9:21PM

Ganesha: White Sunrise: 7:35AM

Muruqa: Purple Sunset: 5:14PM

Nataraja: Orange

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 10:10PM

Then Creative Work - Siddha Yoga

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA

Sun 3 Sutra 285

Plava 5123

Moon 1 - Phase 39 - 3

1st Phase

Simha Rasi: 17.29 Tithi 19

858935466 Rahu

Gulika 8:47AM - 10:00AM

Yama 2:50PM - 4:03PM

Rahu 11:12AM - 12:25PM

Purvaphalguni Until 11:06PM

Sobhana Until 2:35AM Sat

Bava Until 9:37AM

Chaturthi* Until 9:45PM

Ganesha: White Sunrise: 7:34AM

Muruqa: Purple Sunset: 5:16PM

Nataraja: Orange

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA

Sun 4 Sutra 286

Plava 5123

Moon 1 - Phase 39 - 4

1st Phase

Kanya Rasi: 0.23 Tithi 20

858935466 Rahu

Gulika 7:34AM - 8:47AM

Yama 1:38PM - 2:51PM

Rahu 9:59AM - 11:12AM

Uttaraphalguni Until 11:30PM

Athiganda* Until 1:18AM Sun

Kaulava Until 9:49AM

Panchami Until 9:44PM

Ganesha: White Sunrise: 7:34AM

Muruqa: Purple Sunset: 5:17PM

Nataraja: Orange

Moon - Red

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA

Sun 5 Sutra 287

Plava 5123

Moon 1 - Phase 39 - 5

1st Phase

Kanya Rasi: 13.28 Tithi 21

868935466 Rahu

Gulika 2:52PM - 4:05PM

Yama 12:26PM - 1:39PM

Rahu 4:05PM - 5:18PM

Hasta Until 11:47PM

Sukarma Until 11:42PM

Gara Until 9:36AM

Shashthi* Until 9:18PM

Ganesha: Clear Sunrise: 7:33AM

Muruqa: Purple Sunset: 5:18PM

Nataraja: Orange

Moon - Green

Pausha*Thai

Sivaloka Day

Creative Work Amrita Yoga

Until 11:47PM

Then Creative Work - Siddha Yoga

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Des Moines, IA

Sun 6 Sutra 288

Plava 5123

Moon 1 - Phase 39 - 6

1st Phase

Kanya Rasi: 26.48 Tithi 22

969935466 Rahu

Gulika 1:39PM - 2:53PM

Yama 11:12AM - 12:26PM

Rahu 8:46AM - 9:59AM

Chitra Until 11:28PM

Dhriti Until 9:45PM

Visti Until 8:56AM

Saptami Until 8:24PM

Ganesha: Green Sunrise: 7:32AM

Muruqa: Purple Sunset: 5:19PM

Nataraja: Orange

Moon - Green

Pausha*Thai

Devaloka Day

Routine Work Prabalarishta Yoga

Until 11:28PM

Then Creative Work - Amrita Yoga

D

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA

Sun 7 Sutra 289

Plava 5123

Moon 1 - Phase 39 - 7

Ashtami

Tula Rasi: 10.23 Tithi 23

969935466 Rahu

Gulika 12:26PM - 1:40PM

Yama 9:59AM - 11:12AM

Rahu 2:53PM - 4:07PM

Svati Until 10:31PM

Shula* Until 7:23PM

Balava Until 7:47AM

Ashtami* Until 7:01PM

Ganesha: Green Sunrise: 7:31AM

Muruqa: Purple Sunset: 5:21PM

Nataraja: Orange

Moon - Green

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 10:31PM

Then Routine Work - Marana Yoga

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Ganda*/Vridhhi Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA

Sun 8 Sutra 290

Plava 5123

Moon 1 - Phase 39 - 8

Navami

Tula Rasi: 24.16 Tithi 24 - 25

979935466 Rahu

Gulika 11:12AM - 12:26PM

Yama 8:45AM - 9:58AM

Rahu 12:26PM - 1:40PM

Vishakha Until 9:23PM

Ganda* Until 4:39PM

Taitila Until 6:09AM

Navami* Until 5:08PM

Ganesha: Orange Sunrise: 7:31AM

Muruqa: Purple Sunset: 5:22PM

Nataraja: Orange

Moon - Orange

Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Ill times are standard time. Calculated for Des Moines, IA on 5/23/1


www.gurudeva.org/panchang

1		Thursday, January 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Des Moines, IA
Vrischika Rasi: 8.27		Tithi 25 – 26		Sun 9			Sutra 291
979935466		Gulika	9:58AM – 11:12AM	Anuradha Until 7:40PM	Ganesha: Orange	<i>Sunrise:</i> 7:30AM	Plava 5123
Creative Work		Yama	7:30AM – 8:44AM	Vriddhi Until 1:34PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 40 - 9
Siddha Yoga		Rahu	1:41PM – 2:55PM	Bava Until 1:31AM Fri	Nataraja: Orange		2nd Phase
Until 7:40PM		Dashami Until 2:49PM			Moon – Orange		
Then Routine Work - Prabalarishta Yoga					Pausha*Thai		Sivaloka Day

2		Friday, January 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Des Moines, IA
Vrischika Rasi: 22.55		Tithi 26 – 27		Sun 10			Sutra 292
979935466		Gulika	8:43AM – 9:58AM	Jyeshtha* Until 5:27PM	Ganesha: Orange	<i>Sunrise:</i> 7:29AM	Plava 5123
Routine Work		Yama	2:55PM – 4:10PM	Dhruva Until 10:08AM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 40 - 10
Marana Yoga		Rahu	11:12AM – 12:27PM	Kaulava Until 10:39PM	Nataraja: Orange		2nd Phase
Until 5:27PM		Ekadashi* Until 12:06PM			Moon – Orange		
Then Creative Work - Amrita Yoga					Pausha*Thai		Sivaloka Day

3		Saturday, January 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau			Des Moines, IA
Dhanus Rasi: 7.37		Tithi 27 – 28		Sun 11			Sutra 293
989935466		Gulika	7:28AM – 8:43AM	Mula* Until 3:16PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:28AM	Plava 5123
Creative Work		Yama	1:41PM – 2:56PM	Vyaghata* Until 6:29AM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 40 - 11
Siddha Yoga		Rahu	9:58AM – 11:12AM	Gara Until 7:33PM	Nataraja: Orange		2nd Phase
Until 5:27PM		Dvadashi* Until 9:06AM			Moon – Light Blue		
Then Creative Work - Amrita Yoga					Pausha*Thai		Devaloka Day
<i>Pradosha Vrata (Fasting)</i>							

4		Sunday, January 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Des Moines, IA
Dhanus Rasi: 22.26		Tithi 29		Sun 12			Sutra 294
989935466		Gulika	2:57PM – 4:12PM	Purvashadha* Until 12:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:27AM	Plava 5123
Creative Work		Yama	12:27PM – 1:42PM	Vajra* Until 10:51PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 40 - 12
Siddha Yoga		Rahu	4:12PM – 5:27PM	Visti Until 4:22PM	Nataraja: Orange		2nd Phase
Until 12:49PM		Chaturdashi* Until 2:46AM Mon			Moon – Light Blue		
Then Creative Work - Amrita Yoga					Pausha*Thai		Devaloka Day

		Monday, January 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Des Moines, IA
Retreat Star		Sun 13		Sutra 295			
Makara Rasi: 7.16		Tithi 30		Plava 5123			
981935466		Gulika	1:42PM – 2:58PM	Uttarashadha Until 10:16AM	Ganesha: Orange	<i>Sunrise:</i> 7:26AM	Plava 5123
Family Home Evening		Yama	11:12AM – 12:27PM	Siddhi Until 7:07PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40 - 13
Routine Work		Rahu	8:42AM – 9:57AM	Catuspada Until 1:15PM	Nataraja: Orange		Amavasya
Marana Yoga		Amavasya* Until 11:45PM			Moon – Light Blue		
Until 10:16AM					Pausha*Thai		Sivaloka Day
Then Creative Work - Amrita Yoga							

Retreat Star		Tuesday, February 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau			Des Moines, IA
Makara Rasi: 21.59		Tithi 1		Sun 14			Sutra 296
991935466		Gulika	12:27PM – 1:42PM	Shravana Until 8:12AM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	Plava 5123
Creative Work		Yama	9:57AM – 11:12AM	Vyatipata* Until 3:37PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40 - 14
Siddha Yoga		Rahu	2:58PM – 4:13PM	Kintughna Until 10:21AM	Nataraja: Orange		Prathama
Until 10:16AM		Prathama* Until 9:01PM			Moon – Purple		
Then Creative Work - Amrita Yoga					Magha*Thai		Sivaloka Day

1	Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhshak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	Kumbha Rasi: 6.26	Tithi 2	Gulika 11:12AM – 12:27PM	Dhanishtha Until 6:22AM	Ganesha: Clear	<i>Sunrise:</i> 7:25AM	Sun 15 Sutra 297
	Routine Work	Prabalarishta Yoga	Yama 8:41AM – 9:56AM	Variyan Until 12:26PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Plava 5123
		991935466	Rahu 12:27PM – 1:43PM	Balava Until 7:51AM	Nataraja: Orange		Moon 1 - Phase 41 - 15
				Dvitiya Until 6:46PM	Moon – Purple		3rd Phase
					Magha-Thai		Sivaloka Day

2	Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Des Moines, IA
	Kumbha Rasi: 20.32	Tithi 3 – 4	Gulika 9:56AM – 11:12AM	Purvaproshtapada* Until 4:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 7:24AM	Sun 16 Sutra 298
			Yama 7:24AM – 8:40AM	Parigha* Until 9:44AM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Plava 5123
		991935467	Rahu 1:43PM – 2:59PM	Vanija Until 4:38AM Fri	Nataraja: Clear		Moon 1 - Phase 41 - 16
				Tritiya Until 5:09PM	Moon – Clear		3rd Phase
					Magha-Thai		Subha Sivaloka Day

3	Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Meena Rasi: 4.11	Tithi 4 – 5	Gulika 8:39AM – 9:55AM	Uttaraproshtapada Until 4:37AM Sat	Ganesha: Purple	<i>Sunrise:</i> 7:23AM	Sun 17 Sutra 299
			Yama 3:00PM – 4:16PM	Shiva Until 7:38AM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Plava 5123
		991935467	Rahu 11:12AM – 12:28PM	Bava Until 4:12AM Sat	Nataraja: Clear		Moon 1 - Phase 41 - 17
				Chaturthi* Until 4:18PM	Moon – Clear		3rd Phase
					Magha-Thai		Subha Sivaloka Day

4	Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
	Meena Rasi: 17.24	Tithi 5 – 6	Gulika 7:22AM – 8:39AM	Revati Until 5:29AM Sun	Ganesha: Purple	<i>Sunrise:</i> 7:22AM	Sun 18 Sutra 300
			Yama 1:44PM – 3:00PM	Siddha Until 6:09AM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Plava 5123
		991935467	Rahu 9:55AM – 11:11AM	Kaulava Until 4:38AM Sun	Nataraja: Clear		Moon 1 - Phase 41 - 18
				Panchami Until 4:17PM	Moon – Clear		3rd Phase
					Magha-Thai		Subha Sivaloka Day

5	Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Subha Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Mesha Rasi: 0.1	Tithi 6 – 7	Gulika 3:01PM – 4:18PM	Ashvini Until 7:28AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:21AM	Sun 19 Sutra 301
			Yama 12:28PM – 1:44PM	Subha Until 5:12AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Plava 5123
		921935467	Rahu 4:18PM – 5:34PM	Gara Until 5:54AM Mon	Nataraja: Clear		Moon 1 - Phase 41 - 19
				Shashthi* Until 5:09PM	Moon – White		3rd Phase
					Magha-Thai		Sivaloka Day

6	Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Vanija Karana Saptamyam Titau				Des Moines, IA
	Mesha Rasi: 12.34	Tithi 7	Gulika 1:45PM – 3:02PM	Ashvini Until 7:28AM	Ganesha: Clear	<i>Sunrise:</i> 7:20AM	Sun 20 Sutra 302
	Family Home Evening		Yama 11:11AM – 12:28PM	Sukla Until 5:34AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Plava 5123
		921935467	Rahu 8:37AM – 9:54AM	Vanija Until 6:48PM	Nataraja: Clear		Moon 1 - Phase 41 - 20
				Saptami Until 6:48PM	Moon – White		3rd Phase
					Magha-Thai		Sivaloka Day

D	Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
	Retreat Star		Gulika 12:28PM – 1:45PM	Bharani Until 9:57AM	Ganesha: Clear	<i>Sunrise:</i> 7:19AM	Sun 21 Sutra 303
	Mesha Rasi: 24.41	Tithi 8	Yama 9:53AM – 11:11AM	Brahma Until 6:20AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Plava 5123
		921935467	Rahu 3:02PM – 4:20PM	Visti Until 7:53AM	Nataraja: Clear		Moon 1 - Phase 41 - 21
				Ashtami* Until 9:03PM	Moon – White		Ashtami
					Magha-Thai		Sivaloka Day

D	Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	Retreat Star		Gulika 11:10AM – 12:28PM	Krittika Until 12:44PM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	Sun 22 Sutra 304
	Vrishabha Rasi: 6.35	Tithi 9	Yama 8:35AM – 9:53AM	Brahma Until 6:20AM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Plava 5123
		921935467	Rahu 12:28PM – 1:45PM	Balava Until 10:22AM	Nataraja: Clear		Moon 1 - Phase 41 - 22
				Navami* Until 11:41PM	Moon – White		Navami
					Magha-Thai		Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

1	Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA	
	Vrishabha Rasi: 18.23	Tithi 10	931935467	Sun 23	Sutra 305	Plava 5123		
	Routine Work	Marana Yoga	Gulika 9:52AM – 11:10AM Yama 7:17AM – 8:34AM Rahu 1:46PM – 3:04PM	Rohini Until 4:03PM Indra Until 7:20AM Taitila Until 1:05PM Dashami Until 2:26AM Fri	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 7:17AM Sunset: 5:39PM	Moon 1 - Phase 42 - 23 4th Phase	Subha Sivaloka Day
					Magha-Thai			

2	Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA	
	Mithuna Rasi: 0.11	Tithi 11	932935467	Sun 24	Sutra 306	Plava 5123		
	Creative Work	Siddha Yoga	Gulika 8:34AM – 9:52AM Yama 3:04PM – 4:22PM Rahu 11:10AM – 12:28PM	Mrigashira Until 7:09PM Vaidhriti* Until 8:19AM Vanija Until 3:46PM Ekadashi Until 5:01AM Sat	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 7:15AM Sunset: 5:41PM	Moon 1 - Phase 42 - 24 4th Phase	Sivaloka Day
					Magha-Thai			

3	Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Bava Karana Dvadashyam Titau				Des Moines, IA	
	Mithuna Rasi: 12.02	Tithi 12	932135467	Sun 25	Sutra 307	Plava 5123		
	Creative Work	Siddha Yoga	Gulika 7:14AM – 8:33AM Yama 1:46PM – 3:05PM Rahu 9:51AM – 11:10AM	Ardra Until 9:48PM Vishkambha* Until 9:10AM Bava Until 6:12PM Dvadashi Until 7:15AM Sun	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 7:14AM Sunset: 5:42PM	Moon 1 - Phase 42 - 25 4th Phase	Sivaloka Day
					Magha-Masi			

4	Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA	
	Mithuna Rasi: 24.01	Tithi 12 – 13	942135467	Sun 26	Sutra 308	Plava 5123		
	Creative Work	Siddha Yoga	Gulika 3:06PM – 4:24PM Yama 12:28PM – 1:47PM Rahu 4:24PM – 5:43PM	Punarvasu Until 12:23AM Mon Priti Until 9:45AM Kaulava Until 8:13PM Dvadashi Until 7:15AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 7:13AM Sunset: 5:43PM	Moon 1 - Phase 42 - 26 4th Phase	Devaloka Day
					Magha-Masi			

Pradosha Vrata

5	Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA		
	Kataka Rasi: 6.11	Tithi 13 – 14	942135467	Sun 27	Sutra 309	Plava 5123			
	Family Home Evening	Creative Work	Siddha Yoga	Gulika 1:47PM – 3:06PM Yama 11:09AM – 12:28PM Rahu 8:31AM – 9:50AM	Pushya Until 2:18AM Tue Ayushman Until 9:57AM Gara Until 9:42PM Trayodashi Until 9:00AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 7:12AM Sunset: 5:44PM	Moon 1 - Phase 42 - 27 4th Phase	Devaloka Day
					Magha-Masi				

Chidambaram Abhishekam

○	Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA	
	Copper Retreat Star		Kataka Rasi: 18.35	Tithi 14 – 15	942135467	Sun 28	Sutra 310	Plava 5123
	Creative Work	Siddha Yoga	Gulika 12:28PM – 1:47PM Yama 9:49AM – 11:09AM Rahu 3:07PM – 4:26PM	Ashlesha* Until 3:33AM Wed Saubhagya Until 9:46AM Visti Until 10:40PM Chaturdashi* Until 10:14AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 7:10AM Sunset: 5:46PM	Moon 1 - Phase 42 - Purnima	Devaloka Day
					Magha-Masi			

Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA	
Silver Retreat Star		Simha Rasi: 1.12	Tithi 15 – 16	952135467	Sun 29	Sutra 311	Plava 5123
Creative Work	Siddha Yoga	Gulika 11:08AM – 12:28PM Yama 8:29AM – 9:48AM Rahu 12:28PM – 1:48PM	Magha* Until 4:39AM Thu Sobhana Until 9:12AM Balava Until 11:08PM Purnima* Until 10:57AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Red	Sunrise: 7:09AM Sunset: 5:47PM	Moon 1 - Phase 42 - Prathama	Sivaloka Day
				Magha-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Des Moines, IA on 5/23/1

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Thursday, February 17, 2022
Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA
Sutra 312
Plava 5123
Moon 2 - Phase 43 -
1st Phase

Simha Rasi: 14.03 Tithi 16 - 17

952135467

Gulika 9:48AM - 11:08AM
Yama 7:08AM - 8:28AM
Rahu 1:48PM - 3:08PM

Purvaphalguni Until 5:09AM Fri
Athiganda* Until 8:13AM
Taitila Until 11:08PM
Prathama* Until 11:10AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 7:08AM
Sunset: 5:48PM

Sivaloka Day

Creative Work Siddha Yoga

1

Friday, February 18, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA
Sun 1 Sutra 313
Plava 5123
Moon 2 - Phase 43 - 1
1st Phase

Simha Rasi: 27.07 Tithi 17 - 18

952135467

Gulika 8:27AM - 9:47AM
Yama 3:09PM - 4:29PM
Rahu 11:07AM - 12:28PM

Uttaraphalguni Until 5:10AM Sat
Sukarma Until 6:56AM
Vanija Until 10:46PM
Dvitiya Until 10:59AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 7:06AM
Sunset: 5:49PM

Sivaloka Day

Creative Work Siddha Yoga

Until 5:10AM Sat
Then Routine Work - Marana Yoga

2

Saturday, February 19, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA
Sun 2 Sutra 314
Plava 5123
Moon 2 - Phase 43 - 2
1st Phase

Kanya Rasi: 10.22 Tithi 18 - 19

962135467

Gulika 7:05AM - 8:26AM
Yama 1:48PM - 3:09PM
Rahu 9:46AM - 11:07AM

Hasta Until 5:10AM Sun
Shula* Until 3:34AM Sun
Bava Until 10:04PM
Tritiya Until 10:26AM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 7:05AM
Sunset: 5:51PM

Devaloka Day

Routine Work Marana Yoga

Until 5:10AM Sun
Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

3

Sunday, February 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA
Sun 3 Sutra 315
Plava 5123
Moon 2 - Phase 43 - 3
1st Phase

Kanya Rasi: 23.47 Tithi 19 - 20

962135467

Gulika 3:10PM - 4:31PM
Yama 12:28PM - 1:49PM
Rahu 4:31PM - 5:52PM

Chitra Until 4:45AM Mon
Ganda* Until 1:33AM Mon
Kaulava Until 9:05PM
Chaturthi* Until 9:35AM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 7:04AM
Sunset: 5:52PM

Devaloka Day

Creative Work Siddha Yoga

Until 4:45AM Mon
Then Creative Work - Amrita Yoga

4

Monday, February 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA
Sun 4 Sutra 316
Plava 5123
Moon 2 - Phase 43 - 4
1st Phase

Tula Rasi: 7.22 Tithi 20 - 21

962135467

Gulika 1:49PM - 3:10PM
Yama 11:06AM - 12:28PM
Rahu 8:23AM - 9:45AM

Svati Until 3:57AM Tue
Vriddhi Until 11:20PM
Gara Until 7:50PM
Panchami Until 8:28AM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 7:02AM
Sunset: 5:53PM

Devaloka Day

Creative Work Amrita Yoga

Until 3:57AM Tue
Then Routine Work - Marana Yoga

5

Tuesday, February 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Des Moines, IA
Sun 5 Sutra 317
Plava 5123
Moon 2 - Phase 43 - 5
1st Phase

Tula Rasi: 21.05 Tithi 21 - 22

972135467

Gulika 12:27PM - 1:49PM
Yama 9:44AM - 11:06AM
Rahu 3:11PM - 4:32PM

Vishakha Until 3:11AM Wed
Dhruva Until 8:55PM
Visti Until 6:21PM
Shashthi* Until 7:06AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 7:01AM
Sunset: 5:54PM

Sivaloka Day

Routine Work Marana Yoga

Until 3:11AM Wed
Then Creative Work - Siddha Yoga

D

Wednesday, February 23, 2022
Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA
Sun 6 Sutra 318
Plava 5123
Moon 2 - Phase 43 - 6
Ashtami

Vrischika Rasi: 4.57 Tithi 23

972135467

Gulika 11:05AM - 12:27PM
Yama 8:21AM - 9:43AM
Rahu 12:27PM - 1:49PM

Anuradha Until 2:02AM Thu
Vyaghata* Until 6:17PM
Balava Until 4:36PM
Ashtami* Until 3:38AM Thu

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:59AM
Sunset: 5:55PM

Sivaloka Day

Creative Work Siddha Yoga

Until 2:02AM Thu
Then Routine Work - Prabalarishta Yoga

Thursday, February 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA
Sun 7 Sutra 319
Plava 5123
Moon 2 - Phase 43 - 7
Navami

Vrischika Rasi: 18.59 Tithi 24

973135467

Gulika 9:42AM - 11:05AM
Yama 6:58AM - 8:20AM
Rahu 1:50PM - 3:12PM

Jyeshtha* Until 12:31AM Fri
Harshana Until 3:30PM
Taitila Until 2:37PM
Navami* Until 1:31AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:58AM
Sunset: 5:57PM

Subha Sivaloka Day

Routine Work Prabalarishta Yoga

Until 12:31AM Fri
Then Creative Work - Amrita Yoga


Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Friday, February 25, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Des Moines, IA
			Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 320
Dhanus Rasi: 3.1	Tithi 25	983135467	Gulika 8:19AM – 9:42AM	Mula* Until 11:04PM	Ganesha: Clear	<i>Sunrise:</i> 6:56AM	Plava 5123
			Yama 3:12PM – 4:35PM	Vajra* Until 12:29PM	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 44 - 8
			Rahu 11:04AM – 12:27PM	Vanija Until 12:25PM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga				Dashami Until 11:13PM	Moon – Light Blue		Sivaloka Day
Until 11:04PM					Magha-Masi		
Then Routine Work - Prabalarishta Yoga							

2	Saturday, February 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam				Des Moines, IA
			Purvashadha* Nakshatra Siddhi/Vyatipala* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 321
Dhanus Rasi: 17.28	Tithi 26	983135467	Gulika 6:55AM – 8:18AM	Purvashadha* Until 9:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:56AM	Plava 5123
			Yama 1:50PM – 3:13PM	Siddhi Until 9:21AM	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 44 - 9
			Rahu 9:41AM – 11:04AM	Bava Until 10:01AM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga				Ekadashi* Until 8:46PM	Moon – Light Blue		Sivaloka Day
Until 9:20PM					Magha-Masi		
Then Routine Work - Marana Yoga							

3	Sunday, February 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
			Uttarashadha Nakshatra Vyatipala*/Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 322
Makara Rasi: 1.52	Tithi 27	983135467	Gulika 3:13PM – 4:37PM	Uttarashadha Until 7:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM	Plava 5123
			Yama 12:27PM – 1:50PM	Siddhi Until 6:09AM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 44 - 10
			Rahu 4:37PM – 6:00PM	Kaulava Until 7:32AM	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga				Dvadashi* Until 6:15PM	Moon – Light Blue		Sivaloka Day
Until 5:49PM					Magha-Masi		
Then Routine Work - Siddha Yoga							

4	Monday, February 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				Des Moines, IA
			Shravana/Dhanishtha Nakshatra Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 323
Makara Rasi: 16.16	Tithi 28 – 29	993135467	Gulika 1:50PM – 3:14PM	Shravana Until 5:49PM	Ganesha: Orange	<i>Sunrise:</i> 6:52AM	Plava 5123
Family Home Evening			Yama 11:03AM – 12:27PM	Parigha* Until 11:46PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44 - 11
Creative Work Amrita Yoga			Rahu 8:15AM – 9:39AM	Visti Until 2:39AM Tue	Nataraja: Clear		2nd Phase
Until 5:49PM				Trayodashi* Until 3:48PM	Moon – Purple		Sivaloka Day
Then Creative Work - Siddha Yoga			Mahasivaratri (Solar)	<i>Pradosha Vrata (Fasting)</i>	Magha-Masi		

	Tuesday, March 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Des Moines, IA
	Retreat Star		Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Sun 12 Sutra 324
Kumbha Rasi: 0.34	Tithi 29 – 30	993135467	Gulika 12:26PM – 1:51PM	Dhanishtha Until 4:17PM	Ganesha: Orange	<i>Sunrise:</i> 6:49AM	Plava 5123
			Yama 9:37AM – 11:02AM	Shiva Until 8:49PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 44 - 12
			Rahu 3:15PM – 4:39PM	Catuspada Until 12:31AM Wed	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga				Chaturdashil* Until 1:32PM	Moon – Purple		Sivaloka Day
Until 4:17PM					Magha-Masi		
Then Routine Work - Marana Yoga							

Retreat Star	Wednesday, March 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Des Moines, IA
			Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 325
Kumbha Rasi: 14.42	Tithi 30 – 1	993135467	Gulika 11:01AM – 12:26PM	Shatabhishak Until 2:57PM	Ganesha: Orange	<i>Sunrise:</i> 6:47AM	Plava 5123
			Yama 8:12AM – 9:37AM	Siddha Until 6:10PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 44 - 13
			Rahu 12:26PM – 1:51PM	Kintughna Until 10:48PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga				Amavasya* Until 11:35AM	Moon – Purple		Sivaloka Day
Until 2:57PM					Phalgun-Masi		
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 3, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproskthapada/Uttaraproskthapada Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
Kumbha Rasi: 28.33	Tithi 1 – 2	Gulika	9:36AM – 11:01AM	Purvaproskthapada* Until 2:24PM	Ganesha: Green	<i>Sunrise:</i> 6:46AM	Sun 14	Sutra 326
		Yama	6:46AM – 8:11AM	Sadhya Until 3:56PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM		Plava 5123
913135467		Rahu	1:51PM – 3:16PM	Balava Until 9:37PM	Nataraja: Clear		Moon 2 - Phase 45 - 14	3rd Phase
Creative Work	Siddha Yoga			Prathama* Until 10:07AM	Moon – Clear		Subha Sivaloka Day	
					Phalguna-Masi			

2		Friday, March 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproskthapada/Revati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
Meena Rasi: 12.04	Tithi 2 – 3	Gulika	8:09AM – 9:35AM	Uttaraproskthapada Until 2:20PM	Ganesha: Green	<i>Sunrise:</i> 6:44AM	Sun 15	Sutra 327
		Yama	3:16PM – 4:42PM	Subha Until 2:13PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM		Plava 5123
913135467		Rahu	11:00AM – 12:26PM	Taitila Until 9:06PM	Nataraja: Clear		Moon 2 - Phase 45 - 15	3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 9:15AM	Moon – Clear		Subha Sivaloka Day	
					Phalguna-Masi			

3		Saturday, March 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Des Moines, IA
Meena Rasi: 25.11	Tithi 3 – 4	Gulika	6:42AM – 8:08AM	Revati Until 2:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:42AM	Sun 16	Sutra 328
		Yama	1:51PM – 3:17PM	Sukla Until 1:03PM	Muruqa: Purple	<i>Sunset:</i> 6:08PM		Plava 5123
113135467		Rahu	9:34AM – 11:00AM	Vanija Until 9:20PM	Nataraja: Clear		Moon 2 - Phase 45 - 16	3rd Phase
Routine Work	Prabalarishta Yoga			Tritiya Until 9:06AM	Moon – Clear		Sivaloka Day	
Until 2:48PM					Phalguna-Masi			
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day					

4		Sunday, March 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
Mesha Rasi: 7.56	Tithi 4 – 5	Gulika	3:17PM – 4:43PM	Ashvini Until 4:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sun 17	Sutra 329
		Yama	12:25PM – 1:51PM	Brahma Until 12:29PM	Muruqa: Purple	<i>Sunset:</i> 6:09PM		Plava 5123
123135467		Rahu	4:43PM – 6:09PM	Bava Until 10:20PM	Nataraja: Clear		Moon 2 - Phase 45 - 17	3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 9:43AM	Moon – White		Sivaloka Day	
Until 4:20PM					Phalguna-Masi			
Then Routine Work - Prabalarishta Yoga								

5		Monday, March 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
Mesha Rasi: 20.21	Tithi 5 – 6	Gulika	1:51PM – 3:18PM	Bharani Until 6:25PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Sun 18	Sutra 330
Family Home Evening		Yama	10:58AM – 12:25PM	Indra Until 12:30PM	Muruqa: Purple	<i>Sunset:</i> 6:11PM		Plava 5123
123135467		Rahu	8:06AM – 9:32AM	Kaulava Until 12:02AM Tue	Nataraja: Clear		Moon 2 - Phase 45 - 18	3rd Phase
Creative Work	Siddha Yoga			Panchami Until 11:05AM	Moon – White		Sivaloka Day	
Until 6:25PM					Phalguna-Masi			
Then Routine Work - Marana Yoga								

6		Tuesday, March 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
Virshabha Rasi: 2.29	Tithi 6 – 7	Gulika	12:25PM – 1:51PM	Krittika Until 8:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Sun 19	Sutra 331
		Yama	9:31AM – 10:58AM	Vaidhriti* Until 12:58PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM		Plava 5123
123135477		Rahu	3:18PM – 4:45PM	Gara Until 2:16AM Wed	Nataraja: Green		Moon 2 - Phase 45 - 19	3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 1:04PM	Moon – White		Devaloka Day	
Until 8:53PM					Phalguna-Masi			
Then Creative Work - Amrita Yoga								

Retreat Star		Wednesday, March 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA
Virshabha Rasi: 14.25	Tithi 7 – 8	Gulika	10:57AM – 12:24PM	Rohini Until 12:02AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	Sun 20	Sutra 332
		Yama	8:03AM – 9:30AM	Vishkambha* Until 1:46PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM		Plava 5123
133235477		Rahu	12:24PM – 1:52PM	Visti Until 4:50AM Thu	Nataraja: Green		Moon 2 - Phase 45 - 20	3rd Phase
Creative Work	Siddha Yoga			Saptami Until 3:30PM	Moon – Yellow		Devaloka Day	
Until 12:02AM Thu					Phalguna-Masi			
Then Routine Work - Marana Yoga								

Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Bava Karana Ashtamyam Titau				Des Moines, IA
Virshabha Rasi: 26.16	Tithi 8	Gulika	9:29AM – 10:57AM	Mrigashira Until 3:06AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:34AM	Sun 21	Sutra 333
		Yama	6:34AM – 8:02AM	Priti Until 2:45PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM		Plava 5123
134235477		Rahu	1:52PM – 3:19PM	Bava Until 6:07PM	Nataraja: Green		Moon 2 - Phase 45 - 21	Ashtami
Routine Work	Marana Yoga			Ashtami* Until 6:07PM	Moon – Yellow		Sivaloka Day	
Until 3:06AM Fri					Phalguna-Masi			
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
Mithuna Rasi: 8.05	Tithi 9	Gulika	8:00AM – 9:28AM	Ardra Until 5:52AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	Sun 22	Sutra 334
		Yama	3:20PM – 4:47PM	Ayushman Until 3:40PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM		Plava 5123
134235477		Rahu	10:56AM – 12:24PM	Balava Until 7:27AM	Nataraja: Green		Moon 2 - Phase 45 - 22	Navami
Creative Work	Siddha Yoga			Navami* Until 8:40PM	Moon – Yellow		Sivaloka Day	
					Phalguna-Masi			

The birth of the world, its maintenance, its destruction, the soul's obscurity and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1	Saturday, March 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA
	Mithuna Rasi: 19.58	Tithi 10	Gulika Yama	6:31AM – 7:59AM 1:52PM – 3:20PM	Punarvasu Until 8:35AM Sun Saubhagya Until 4:23PM Taitila Until 9:51AM Dashami Until 10:53PM	Ganesha: Purple Muruga: Clear Nataraja: Green Moon – Yellow	Sun 23 Sutra 335 Plava 5123 Moon 2 - Phase 46 - 23 4th Phase
	Creative Work	Siddha Yoga	144235477 Rahu	9:27AM – 10:55AM		Sunrise: 6:31AM Sunset: 6:16PM	Sivaloka Day
							Phalguna-Masi

2	Sunday, March 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA
	Kataka Rasi: 2.01	Tithi 11	Gulika Yama	3:20PM – 4:49PM 12:23PM – 1:52PM	Punarvasu Until 8:35AM Sobhana Until 4:47PM Vanija Until 11:51AM Ekadashi Until 12:37AM Mon	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Blue	Sun 24 Sutra 336 Plava 5123 Moon 2 - Phase 46 - 24 4th Phase
	Creative Work	Siddha Yoga	144235477 Rahu	4:49PM – 6:17PM		Sunrise: 6:29AM Sunset: 6:17PM	Devaloka Day
							Phalguna-Masi

3	Monday, March 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashtyam Titau				Des Moines, IA
	Kataka Rasi: 14.16	Tithi 12	Gulika Yama	1:52PM – 3:21PM 10:54AM – 12:23PM	Pushya Until 10:37AM Athiganda* Until 4:43PM Bava Until 1:16PM Dvadashti Until 1:44AM Tue	Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Blue	Sun 25 Sutra 337 Plava 5123 Moon 2 - Phase 46 - 25 4th Phase
	Family Home Evening		144235477 Rahu	7:57AM – 9:25AM		Sunrise: 6:28AM Sunset: 6:18PM	Devaloka Day
	Creative Work	Siddha Yoga					Phalguna-Panguni

4	Tuesday, March 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA
	Kataka Rasi: 26.47	Tithi 13	Gulika Yama	12:23PM – 1:52PM 9:24AM – 10:54AM	Ashlesha* Until 11:53AM Sukarma Until 4:10PM Kaulava Until 2:04PM Trayodashi Until 2:11AM Wed	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Blue	Sun 26 Sutra 338 Plava 5123 Moon 2 - Phase 46 - 26 4th Phase
	Creative Work	Siddha Yoga	144235478 Rahu	3:21PM – 4:50PM		Sunrise: 6:26AM Sunset: 6:20PM	Devaloka Day
							Phalguna-Panguni

Pradosha Vrata

5	Wednesday, March 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA
	Simha Rasi: 9.37	Tithi 14	Gulika Yama	10:53AM – 12:23PM 7:54AM – 9:23AM	Magha* Until 12:51PM Dhriti Until 3:08PM Gara Until 2:12PM Chaturdashi* Until 2:02AM Thu	Ganesha: White Muruga: Clear Nataraja: White Moon – Red	Sun 27 Sutra 339 Plava 5123 Moon 2 - Phase 46 - 27 4th Phase
	Creative Work	Siddha Yoga	154235478 Rahu	12:23PM – 1:52PM		Sunrise: 6:24AM Sunset: 6:21PM	Sivaloka Day
	Until 12:51PM	Then Creative Work - Amrita Yoga					Phalguna-Panguni

○	Thursday, March 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA
	Copper Retreat Star		Gulika Yama	9:22AM – 10:52AM 6:23AM – 7:53AM	Purvaphalguni Until 1:04PM Shula* Until 1:37PM Visti Until 1:45PM Purnima* Until 1:19AM Fri	Ganesha: White Muruga: Clear Nataraja: White Moon – Red	Sun 28 Sutra 340 Plava 5123 Moon 2 - Phase 46 - Purnima
	Simha Rasi: 22.44	Tithi 15	154235478 Rahu	1:52PM – 3:22PM		Sunrise: 6:23AM Sunset: 6:22PM	Sivaloka Day
	Creative Work	Siddha Yoga					Phalguna-Panguni

○	Friday, March 18, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA
	Silver Retreat Star		Gulika Yama	7:51AM – 9:21AM 3:22PM – 4:53PM	Uttaraphalguni Until 12:39PM Ganda* Until 11:43AM Balava Until 12:48PM Prathama* Until 12:08AM Sat	Ganesha: White Muruga: Clear Nataraja: White Moon – Red	Sun 29 Sutra 341 Plava 5123 Moon 2 - Phase 46 - Prathama
	Kanya Rasi: 6.08	Tithi 16	154235478 Rahu	10:52AM – 12:22PM		Sunrise: 6:21AM Sunset: 6:23PM	Sivaloka Day
	Creative Work	Siddha Yoga					Phalguna-Panguni

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Des Moines, IA on 5/23/1

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Saturday, March 19, 2022
Gold Retreat Star

Kanya Rasi: 19.49 Tithi 17
164235478
Routine Work Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 6:19AM – 7:50AM **Hasta** **Until 12:07PM**
Yama 1:52PM – 3:23PM Vridhhi **Until 9:30AM**
Rahu 9:20AM – 10:51AM Taitila **Until 11:26AM**
Dvitiya **Until 10:36PM**

Des Moines, IA
Sun 1 Sutra 342
Plava 5123
Moon 3 - Phase 47 - 1
1st Phase

Ganesha: Yellow *Sunrise:* 6:19AM
Muruqa: Clear *Sunset:* 6:24PM
Nataraja: White
Moon – Green **Devaloka Day**
Phalguna-Panguni

1

Sunday, March 20, 2022

Tula Rasi: 3.4 Tithi 18
164235478
Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 3:23PM – 4:54PM **Chitra** **Until 11:08AM**
Yama 12:21PM – 1:52PM Dhruva **Until 7:00AM**
Rahu 4:54PM – 6:25PM Vanija **Until 9:45AM**
Tritiya **Until 8:49PM**

Des Moines, IA
Sun 2 Sutra 343
Plava 5123
Moon 3 - Phase 47 - 2
1st Phase

Ganesha: Yellow *Sunrise:* 6:18AM
Muruqa: Clear *Sunset:* 6:25PM
Nataraja: White
Moon – Green **Devaloka Day**
Phalguna-Panguni

2

Monday, March 21, 2022

Tula Rasi: 17.4 Tithi 19
164235478
Family Home Evening
Creative Work Amrita Yoga
Until 9:49AM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 1:52PM – 3:24PM **Svati** **Until 9:49AM**
Yama 10:50AM – 12:21PM Harshana **Until 1:36AM Tue**
Rahu 7:47AM – 9:18AM Bava **Until 7:53AM**
Chaturthi* **Until 6:52PM**

Des Moines, IA
Sun 3 Sutra 344
Plava 5123
Moon 3 - Phase 47 - 3
1st Phase

Ganesha: Yellow *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 6:26PM
Nataraja: White
Moon – Green **Devaloka Day**
Phalguna-Panguni

3

Tuesday, March 22, 2022

Virchika Rasi: 1.45 Tithi 20 – 21
174235478
Routine Work Marana Yoga
Until 8:40AM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 12:21PM – 1:52PM **Vishakha** **Until 8:40AM**
Yama 9:17AM – 10:49AM Vajra* **Until 10:46PM**
Rahu 3:24PM – 4:56PM Gara **Until 3:49AM Wed**
Panchami **Until 4:50PM**

Des Moines, IA
Sun 4 Sutra 345
Plava 5123
Moon 3 - Phase 47 - 4
1st Phase

Ganesha: Blue *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 6:27PM
Nataraja: White
Moon – Orange **Sivaloka Day**
Phalguna-Panguni

4

Wednesday, March 23, 2022

Virchika Rasi: 15.52 Tithi 21 – 22
175235478
Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Gulika 10:48AM – 12:20PM **Anuradha** **Until 7:19AM**
Yama 7:45AM – 9:16AM Siddhi **Until 7:55PM**
Rahu 12:20PM – 1:52PM Visti **Until 1:44AM Thu**
Shashthi* **Until 2:45PM**

Des Moines, IA
Sun 5 Sutra 346
Plava 5123
Moon 3 - Phase 47 - 5
1st Phase

Ganesha: Yellow *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 6:28PM
Nataraja: White
Moon – Orange **Devaloka Day**
Phalguna-Panguni

●

Thursday, March 24, 2022

Retreat Star

Dhanus Rasi: 0.01 Tithi 22 – 23
185235478
Creative Work Siddha Yoga
Until 4:37AM Fri
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:15AM – 10:48AM **Mula*** **Until 4:37AM Fri**
Yama 6:11AM – 7:43AM Vyatipata* **Until 5:06PM**
Rahu 1:52PM – 3:25PM Balava **Until 11:39PM**
Saptami **Until 12:40PM**

Des Moines, IA
Sun 6 Sutra 347
Plava 5123
Moon 3 - Phase 47 - 6
Ashtami

Ganesha: Blue *Sunrise:* 6:11AM
Muruqa: Clear *Sunset:* 6:29PM
Nataraja: White
Moon – Light Blue **Bhuloka Day**
Phalguna-Panguni Devaloka Time: 12:PM to 3:PM

Friday, March 25, 2022

Retreat Star

Dhanus Rasi: 14.08 Tithi 23 – 24
185235478
Routine Work Prabalarishta Yoga
Until 3:19AM Sat
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:42AM – 9:14AM **Purvashadha*** **Until 3:19AM Sat**
Yama 3:25PM – 4:58PM Variyan **Until 2:16PM**
Rahu 10:47AM – 12:20PM Taitila **Until 9:37PM**
Ashtami* **Until 10:37AM**

Des Moines, IA
Sun 7 Sutra 348
Plava 5123
Moon 3 - Phase 47 - 7
Navami

Ganesha: Blue *Sunrise:* 6:09AM
Muruqa: Clear *Sunset:* 6:31PM
Nataraja: White
Moon – Light Blue **Bhuloka Day**
Phalguna-Panguni Devaloka Time: 12:PM to 3:PM

1		Saturday, March 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Des Moines, IA Sun 8 Sutra 349	
Dhanus Rasi: 28.13	Tithi 24 – 25	Gulika 6:07AM – 7:40AM	Uttarashadha Until 1:57AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	Plava 5123	
		Yama 1:53PM – 3:26PM	Parigha* Until 11:30AM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 48 - 8	
		185235478 Rahu 9:13AM – 10:47AM	Vanija Until 7:38PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 8:36AM	Moon – Light Blue		Bhuloka Day	
Until 1:57AM Sun				Phalguna-Panguni		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

2		Sunday, March 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Des Moines, IA Sun 9 Sutra 350	
Makara Rasi: 12.16	Tithi 25 – 26	Gulika 3:26PM – 4:59PM	Shravana Until 12:58AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:06AM	Plava 5123	
		Yama 12:19PM – 1:53PM	Shiva Until 8:48AM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 48 - 9	
		195235478 Rahu 4:59PM – 6:33PM	Balava Until 4:51AM Mon	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 6:39AM	Moon – Purple		Devaloka Day	
Until 12:58AM Mon				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

3		Monday, March 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau		Des Moines, IA Sun 10 Sutra 351	
Makara Rasi: 26.14	Tithi 27	Gulika 1:53PM – 3:26PM	Dhanishtha Until 12:01AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:04AM	Plava 5123	
Family Home Evening		Yama 10:45AM – 12:19PM	Siddha Until 6:11AM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 48 - 10	
		195235478 Rahu 7:38AM – 9:12AM	Kaulava Until 4:01PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 3:13AM Tue	Moon – Purple		Devaloka Day	
Until 12:01AM Tue				Phalguna-Panguni			
Then Routine Work - Marana Yoga							

4		Tuesday, March 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Gara/Vanija Karana Trayodashyam Titau		Des Moines, IA Sun 11 Sutra 352	
Kumbha Rasi: 10.05	Tithi 28	Gulika 12:19PM – 1:53PM	Shatabhishak Until 11:11PM	Ganesha: Red	<i>Sunrise:</i> 6:02AM	Plava 5123	
		Yama 9:11AM – 10:45AM	Subha Until 1:33AM Wed	Muruqa: White	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 48 - 11	
		195245478 Rahu 3:27PM – 5:01PM	Gara Until 2:32PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 1:52AM Wed	Moon – Purple		Bhuloka Day	
				Phalguna-Panguni		Devaloka Time: 6:AM to 9:AM	
						<i>Pradosha Vrata (Fasting)</i>	

5		Wednesday, March 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Des Moines, IA Sun 12 Sutra 353	
Kumbha Rasi: 23.46	Tithi 29	Gulika 10:44AM – 12:18PM	Purvaproshtapada* Until 11:01PM	Ganesha: Green	<i>Sunrise:</i> 6:01AM	Plava 5123	
		Yama 7:35AM – 9:10AM	Sukla Until 11:37PM	Muruqa: White	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 48 - 12	
		115245478 Rahu 12:18PM – 1:53PM	Visti Until 1:21PM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 12:54AM Thu	Moon – Clear		Bhuloka Day	
Until 11:01PM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, March 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Des Moines, IA Sun 13 Sutra 354	
Meena Rasi: 7.13	Tithi 30	Gulika 9:09AM – 10:43AM	Uttaraproshtapada Until 11:09PM	Ganesha: Green	<i>Sunrise:</i> 5:59AM	Plava 5123	
		Yama 5:59AM – 7:34AM	Brahma Until 10:04PM	Muruqa: White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 48 - 13	
		115245478 Rahu 1:53PM – 3:28PM	Catuspada Until 12:36PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 12:24AM Fri	Moon – Clear		Bhuloka Day	
				Phalguna-Panguni			

Retreat Star		Friday, April 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Des Moines, IA Sun 14 Sutra 355	
Meena Rasi: 20.23	Tithi 1	Gulika 7:34AM – 9:09AM	Revati Until 11:40PM	Ganesha: Red	<i>Sunrise:</i> 5:59AM	Plava 5123	
		Yama 3:28PM – 5:02PM	Indra Until 8:59PM	Muruqa: White	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 48 - 14	
		116245478 Rahu 10:43AM – 12:18PM	Kintughna Until 12:23PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:28AM Sat	Moon – Clear		Bhuloka Day	
Until 11:40PM		Yugadhi		Chaitra-Panguni		Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Amrita Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Saturday, April 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	Mesha Rasi: 3.17	Tithi 2	Gulika 5:57AM – 7:32AM	Ashvini Until 1:06AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM	Sun 15 Sutra 356
			Yama 1:53PM – 3:28PM	Vaidhriti* Until 8:20PM	Muruḡa: White	<i>Sunset:</i> 6:38PM	Plava 5123
			126345478 Rahu 9:08AM – 10:43AM	Balava Until 12:45PM	Nataraja: White		Moon 3 - Phase 49 - 15 3rd Phase
		Creative Work Siddha Yoga		Moon – White		Bhuloka Day	
		Until 1:06AM Sun	Chellappaswami Mahasamadhi	Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM	
		Then Routine Work - Prabalarishta Yoga					

2	Sunday, April 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA
	Mesha Rasi: 15.52	Tithi 3	Gulika 3:28PM – 5:04PM	Bharani Until 2:59AM Mon	Ganesha: White	<i>Sunrise:</i> 5:56AM	Sun 16 Sutra 357
			Yama 12:17PM – 1:53PM	Vishkambha* Until 8:11PM	Muruḡa: White	<i>Sunset:</i> 6:39PM	Plava 5123
			126345478 Rahu 5:04PM – 6:39PM	Taitila Until 1:45PM	Nataraja: White		Moon 3 - Phase 49 - 16 3rd Phase
		Routine Work Prabalarishta Yoga		Moon – White		Bhuloka Day	
		Until 2:59AM Mon	Tritiya Until 2:27AM Mon	Chaitra•Panguni			
		Then Routine Work - Marana Yoga					

3	Monday, April 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturhyam Titau				Des Moines, IA
	Mesha Rasi: 28.11	Tithi 4	Gulika 1:53PM – 3:29PM	Krittika Until 5:13AM Tue	Ganesha: White	<i>Sunrise:</i> 5:54AM	Sun 17 Sutra 358
	Family Home Evening		Yama 10:41AM – 12:17PM	Priti Until 8:30PM	Muruḡa: White	<i>Sunset:</i> 6:40PM	Plava 5123
			126345478 Rahu 7:30AM – 9:06AM	Vanija Until 3:20PM	Nataraja: White		Moon 3 - Phase 49 - 17 3rd Phase
		Routine Work Marana Yoga		Moon – White		Bhuloka Day	
		Until 5:13AM Tue	Chaturthi* Until 4:18AM Tue	Chaitra•Panguni			
		Then Creative Work - Amrita Yoga					

4	Tuesday, April 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
	Vrishabha Rasi: 10.17	Tithi 5	Gulika 12:17PM – 1:53PM	Rohini Until 8:12AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	Sun 18 Sutra 359
			Yama 9:05AM – 10:41AM	Ayushman Until 9:09PM	Muruḡa: White	<i>Sunset:</i> 6:41PM	Plava 5123
			136345478 Rahu 3:29PM – 5:05PM	Bava Until 5:25PM	Nataraja: White		Moon 3 - Phase 49 - 18 3rd Phase
		Creative Work Amrita Yoga		Moon – Yellow		Bhuloka Day	
		Until 8:12AM Wed	Panchami Until 6:35AM Wed	Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	
		Then Creative Work - Siddha Yoga					

5	Wednesday, April 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
	Vrishabha Rasi: 22.14	Tithi 5 – 6	Gulika 10:40AM – 12:17PM	Rohini Until 8:12AM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Sun 19 Sutra 360
			Yama 7:27AM – 9:04AM	Saubhagya Until 10:02PM	Muruḡa: White	<i>Sunset:</i> 6:42PM	Plava 5123
			136345478 Rahu 12:17PM – 1:53PM	Kaulava Until 7:51PM	Nataraja: White		Moon 3 - Phase 49 - 19 3rd Phase
		Creative Work Siddha Yoga		Moon – Yellow		Bhuloka Day	
			Panchami Until 6:35AM	Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	

6	Thursday, April 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Mithuna Rasi: 4.05	Tithi 6 – 7	Gulika 9:03AM – 10:39AM	Mrigashira Until 11:13AM	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Sun 20 Sutra 361
			Yama 5:49AM – 7:26AM	Sobhana Until 11:01PM	Muruḡa: White	<i>Sunset:</i> 6:43PM	Plava 5123
			136345478 Rahu 1:53PM – 3:30PM	Gara Until 10:23PM	Nataraja: White		Moon 3 - Phase 49 - 20 3rd Phase
		Routine Work Marana Yoga		Moon – Yellow		Bhuloka Day	
			Shashthi* Until 9:06AM	Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	

D	Friday, April 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA
	Retreat Star		Gulika 7:25AM – 9:02AM	Ardra Until 2:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Sun 21 Sutra 362
	Mithuna Rasi: 15.55	Tithi 7 – 8	Yama 3:30PM – 5:07PM	Athiganda* Until 11:53PM	Muruḡa: White	<i>Sunset:</i> 6:45PM	Plava 5123
			136345478 Rahu 10:39AM – 12:16PM	Visti Until 12:49AM Sat	Nataraja: White		Moon 3 - Phase 49 - 21 Ashtami
		Creative Work Siddha Yoga		Moon – Yellow		Bhuloka Day	
			Saptami Until 11:36AM	Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	

D	Saturday, April 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
	Retreat Star		Gulika 5:46AM – 7:23AM	Punarvasu Until 4:59PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Sun 22 Sutra 363
	Mithuna Rasi: 27.5	Tithi 8 – 9	Yama 1:53PM – 3:31PM	Sukarma Until 12:31AM Sun	Muruḡa: White	<i>Sunset:</i> 6:46PM	Plava 5123
			147345478 Rahu 9:01AM – 10:38AM	Balava Until 2:54AM Sun	Nataraja: White		Moon 3 - Phase 49 - 22 Navami
		Creative Work Siddha Yoga		Moon – Blue		Bhuloka Day	
			Ashtami* Until 1:54PM	Chaitra•Panguni		Devaloka Time: 9:AM to 12:PM	
		Sri Rama Navami					

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

ll times are standard time. Calculated for Des Moines, IA on 5/23/1

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1	Sunday, April 10, 2022	Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
	Kataka Rasi: 9.53 Tithi 9 – 10	Gulika 3:31PM – 5:09PM	Pushya Until 7:19PM	Ganesha: Clear Sunrise: 5:44AM	Sun 23 Sutra 364	Plava 5123
	147345478 Rahu 5:09PM – 6:47PM	Yama 12:15PM – 1:53PM	Dhriti Until 12:46AM Mon	Muruga: White Sunset: 6:47PM	Moon 3 - Phase 50 - 23	
	Creative Work Siddha Yoga	Taitila Until 4:28AM Mon	Nataraja: White	Moon – Blue	4th Phase	
		Navami* Until 3:45PM	Chaitra•Panguni	Bhuloka Day Devaloka Time: 9:AM to 12:PM		

2	Monday, April 11, 2022	Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Kataka Rasi: 22.09 Tithi 10 – 11	Gulika 1:53PM – 3:31PM	Ashlesha* Until 8:54PM	Ganesha: Clear Sunrise: 5:42AM	Sun 24	Plava 5123
	147345478 Rahu 7:21AM – 8:59AM	Yama 10:37AM – 12:15PM	Shula* Until 12:31AM Tue	Muruga: White Sunset: 6:48PM	Moon 3 - Phase 50 - 24	
	Creative Work Siddha Yoga	Vanija Until 5:23AM Tue	Nataraja: White	Moon – Blue	4th Phase	
Until 8:54PM	Yogaswami Mahasamadhi	Dashami Until 5:00PM	Chaitra•Panguni	Bhuloka Day Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga						

3	Tuesday, April 12, 2022	Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Des Moines, IA
	Simha Rasi: 4.43 Tithi 11 – 12	Gulika 12:15PM – 1:53PM	Magha* Until 10:06PM	Ganesha: Purple Sunrise: 5:41AM	Sun 25	Plava 5123
	157345478 Rahu 3:32PM – 5:10PM	Yama 8:58AM – 10:36AM	Ganda* Until 11:43PM	Muruga: White Sunset: 6:49PM	Moon 3 - Phase 50 - 25	
	Creative Work Siddha Yoga	Bava Until 5:34AM Wed	Nataraja: White	Moon – Red	4th Phase	
		Ekadashi Until 5:33PM	Chaitra•Panguni	Devaloka Day		

4	Wednesday, April 13, 2022	Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Des Moines, IA
	Simha Rasi: 17.36 Tithi 12 – 13	Gulika 10:36AM – 12:15PM	Purvaphalguni Until 10:27PM	Ganesha: Purple Sunrise: 5:39AM	Sun 26	Subhakit 5124
	157345478 Rahu 12:15PM – 1:53PM	Yama 7:18AM – 8:57AM	Vriddhi Until 10:22PM	Muruga: White Sunset: 6:50PM	Moon 3 - Phase 50 - 26	
	Creative Work Amrita Yoga	Kaulava Until 5:01AM Thu	Nataraja: White	Moon – Red	4th Phase	
	Tamil New Year	Dvodashi Until 5:22PM	Chaitra•Chaitra	Devaloka Day		
				<i>Pradosha Vrata</i>		

5	Thursday, April 14, 2022	Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Kanya Rasi: 0.52 Tithi 13 – 14	Gulika 8:56AM – 10:35AM	Uttaraphalguni Until 9:58PM	Ganesha: Clear Sunrise: 5:38AM	Sun 27	Subhakit 5124
	257345478 Rahu 1:54PM – 3:33PM	Yama 5:38AM – 7:17AM	Dhruva Until 8:26PM	Muruga: White Sunset: 6:51PM	Moon 3 - Phase 50 - 27	
	Amrita Yoga	Gara Until 3:49AM Fri	Nataraja: White	Moon – Red	4th Phase	
Until 9:58PM		Trayodashi Until 4:29PM	Chaitra•Chaitra	Bhuloka Day Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga						

O	Friday, April 15, 2022	Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA
	Copper Retreat Star	Gulika 7:16AM – 8:55AM	Hasta Until 9:11PM	Ganesha: Clear Sunrise: 5:36AM	Subhakit 5124	Subhakit 5124
	Kanya Rasi: 14.31 Tithi 14 – 15	Yama 3:33PM – 5:13PM	Vyaghata* Until 6:02PM	Muruga: White Sunset: 6:52PM	Moon 3 - Phase 50 -	
	268345478 Rahu 10:35AM – 12:14PM	Visti Until 2:02AM Sat	Nataraja: White	Moon – Green	Purnima	
Creative Work Amrita Yoga	Chitra Purnima (Tamil Nadu)	Chaturdashi* Until 2:58PM	Chaitra•Chaitra	Bhuloka Day Devaloka Time: 6:AM to 9:AM		
Until 9:11PM	Hanuman Jayanti					
Then Creative Work - Siddha Yoga						

O	Saturday, April 16, 2022	Subhakit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA
	Silver Retreat Star	Gulika 5:35AM – 7:14AM	Chitra Until 7:47PM	Ganesha: Clear Sunrise: 5:35AM	Subhakit 5124	Subhakit 5124
	Kanya Rasi: 28.29 Tithi 15 – 16	Yama 1:54PM – 3:34PM	Harshana Until 3:15PM	Muruga: White Sunset: 6:53PM	Moon 3 - Phase 50 -	
	268345478 Rahu 8:54AM – 10:34AM	Balava Until 11:48PM	Nataraja: White	Moon – Green	Prathama	
Routine Work Marana Yoga		Purnima* Until 12:57PM	Chaitra•Chaitra	Bhuloka Day Devaloka Time: 6:AM to 9:AM		
Until 7:47PM						
Then Creative Work - Siddha Yoga						

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for on 5/23/19

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