



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 28.26 Tithi 17

Creative Work Siddha Yoga

278784469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 10:20AM - 12:04PM
Yama 6:52AM - 8:36AM
Rahu 12:04PM - 1:47PM

Vishakha Until 1:44PM
Vyatipata* Until 12:22PM
Taitila Until 11:57AM
Dvitiya Until 10:08PM

Ganesha: Blue Sunrise: 5:08AM
Muruga: White Sunset: 6:59PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Istanbul, Turkey
Sun 1 Sutra 18
Plava 5123
Moon 4 - Phase 2 - 1st Phase

Devaloka Day

1

Thursday, April 29, 2021

Vrischika Rasi: 13.31 Tithi 18

Creative Work Siddha Yoga

Until 11:01AM

Then Routine Work - Prabararishta Yoga

278784469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 8:35AM - 10:19AM
Yama 5:07AM - 6:51AM
Rahu 1:47PM - 3:32PM

Anuradha Until 11:01AM
Variyan Until 8:19AM
Vanija Until 8:24AM
Tritiya Until 6:43PM

Ganesha: Blue Sunrise: 5:07AM
Muruga: White Sunset: 7:00PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Istanbul, Turkey
Sun 2 Sutra 19
Plava 5123
Moon 4 - Phase 2 - 1st Phase

Devaloka Day

2

Friday, April 30, 2021

Vrischika Rasi: 28.22 Tithi 19 - 20

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Amrita Yoga

278784469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:50AM - 8:34AM
Yama 3:32PM - 5:16PM
Rahu 10:19AM - 12:03PM

Jyeshtha* Until 8:31AM
Shiva Until 1:11AM Sat
Kaulava Until 2:24AM Sat
Chaturthi* Until 3:42PM

Ganesha: Blue Sunrise: 5:06AM
Muruga: White Sunset: 7:01PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Istanbul, Turkey
Sun 3 Sutra 20
Plava 5123
Moon 4 - Phase 2 - 3 1st Phase

Devaloka Day

3

Saturday, May 1, 2021

Dhanus Rasi: 12.52 Tithi 20 - 21

Creative Work Siddha Yoga

288794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 5:04AM - 6:49AM
Yama 1:48PM - 3:32PM
Rahu 8:34AM - 10:18AM

Mula* Until 6:45AM
Siddha Until 10:15PM
Gara Until 12:12AM Sun
Panchami Until 1:12PM

Ganesha: Red Sunrise: 5:04AM
Muruga: Yellow Sunset: 7:02PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Istanbul, Turkey
Sun 4 Sutra 21
Plava 5123
Moon 4 - Phase 2 - 4 1st Phase

Devaloka Day

4

Sunday, May 2, 2021

Dhanus Rasi: 26.58 Tithi 21 - 22

Creative Work Amrita Yoga

288794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:33PM - 5:18PM
Yama 12:03PM - 1:48PM
Rahu 5:18PM - 7:03PM

Uttarashadha Until 4:41AM Mon
Sadhya Until 7:53PM
Visti Until 10:40PM
Shashthi* Until 11:20AM

Ganesha: Red Sunrise: 5:03AM
Muruga: Yellow Sunset: 7:03PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Istanbul, Turkey
Sun 5 Sutra 22
Plava 5123
Moon 4 - Phase 2 - 5 1st Phase

Devaloka Day

Monday, May 3, 2021

Retreat Star

Makara Rasi: 10.38 Tithi 22 - 23

Family Home Evening

Creative Work Amrita Yoga

Until 4:54AM Tue

Then Creative Work - Siddha Yoga

298794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shrivana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:48PM - 3:33PM
Yama 10:18AM - 12:03PM
Rahu 6:47AM - 8:32AM

Shrivana Until 4:54AM Tue
Subha Until 6:04PM
Balava Until 9:50PM
Saptami Until 10:09AM

Ganesha: Green Sunrise: 5:02AM
Muruga: Yellow Sunset: 7:04PM
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Istanbul, Turkey
Sun 6 Sutra 23
Plava 5123
Moon 4 - Phase 2 - 6 Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 23.55 Tithi 23 - 24

Creative Work Siddha Yoga

298794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:03PM - 1:48PM
Yama 8:32AM - 10:17AM
Rahu 3:34PM - 5:19PM

Dhanishtha Until 5:39AM Wed
Sukla Until 4:48PM
Taitila Until 9:42PM
Ashtami* Until 9:40AM

Ganesha: Green Sunrise: 5:01AM
Muruga: Yellow Sunset: 7:05PM
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Istanbul, Turkey
Sun 6 Sutra 23
Plava 5123
Moon 4 - Phase 2 - 6 Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Istanbul, Turkey
	Kumbha Rasi: 6.5	Tithi 24 – 25	Gulika 10:17AM – 12:03PM	Shatabhishak Until 6:51AM Thu	Ganesha: Red	<i>Sunrise:</i> 4:59AM	Sun 7 Sutra 24
			Yama 6:45AM – 8:31AM	Brahma Until 4:04PM	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Plava 5123
	299794469	Rahu 12:03PM – 1:49PM		Vanija Until 10:13PM	Nataraja: Clear		Moon 4 - Phase 3 - 7
Creative Work	Siddha Yoga		Navami* Until 9:52AM	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	


2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Kumbha Rasi: 19.28	Tithi 25 – 26	Gulika 8:30AM – 10:16AM	Shatabhishak Until 6:51AM	Ganesha: Red	<i>Sunrise:</i> 4:58AM	Sun 8 Sutra 25
			Yama 4:58AM – 6:44AM	Indra Until 3:49PM	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Plava 5123
	299794469	Rahu 1:49PM – 3:35PM		Bava Until 11:19PM	Nataraja: Clear		Moon 4 - Phase 3 - 8
Creative Work	Siddha Yoga		Dashami Until 10:41AM	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	

3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Meena Rasi: 1.5	Tithi 26 – 27	Gulika 6:43AM – 8:30AM	Purvaproshtapada* Until 8:54AM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sun 9 Sutra 26
			Yama 3:35PM – 5:22PM	Vaidhrili* Until 3:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Plava 5123
	219794469	Rahu 10:16AM – 12:03PM		Kaulava Until 12:54AM Sat	Nataraja: Clear		Moon 4 - Phase 3 - 9
Creative Work	Siddha Yoga		Ekadashi* Until 12:02PM	Moon – Clear		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	

4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
	Meena Rasi: 14.01	Tithi 27 – 28	Gulika 4:56AM – 6:42AM	Uttaraproshtapada Until 11:14AM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM	Sun 10 Sutra 27
			Yama 1:49PM – 3:36PM	Vishkambha* Until 4:25PM	Muruqa: Yellow	<i>Sunset:</i> 7:09PM	Plava 5123
	219794469	Rahu 8:29AM – 10:16AM		Gara Until 2:53AM Sun	Nataraja: Clear		Moon 4 - Phase 3 - 10
Creative Work	Siddha Yoga		Dvadashi* Until 1:50PM	Moon – Clear		2nd Phase	
Until 11:14AM				Chaitra*Chaitra		Devaloka Day	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Meena Rasi: 26.02	Tithi 28 – 29	Gulika 3:36PM – 5:23PM	Revati Until 1:45PM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Sun 11 Sutra 28
			Yama 12:02PM – 1:49PM	Priti Until 5:10PM	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Plava 5123
	219794469	Rahu 5:23PM – 7:10PM		Vistii Until 5:11AM Mon	Nataraja: Clear		Moon 4 - Phase 3 - 11
Creative Work	Amrita Yoga		Trayodashi* Until 3:59PM	Moon – Clear		2nd Phase	
Until 1:45PM		Mother's Day		Chaitra*Chaitra		Devaloka Day	
Then Creative Work - Siddha Yoga							

6	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Sakuni* Karana Chaturdashyam Titau				Istanbul, Turkey
	Mesha Rasi: 7.58	Tithi 29	Gulika 1:50PM – 3:37PM	Ashvini Until 4:52PM	Ganesha: Orange	<i>Sunrise:</i> 4:54AM	Sun 12 Sutra 29
	Family Home Evening		Yama 10:15AM – 12:02PM	Ayushman Until 6:05PM	Muruqa: Yellow	<i>Sunset:</i> 7:11PM	Plava 5123
	229794469	Rahu 6:41AM – 8:28AM		Sakuni Until 6:24PM	Nataraja: Clear		Moon 4 - Phase 3 - 12
Creative Work	Siddha Yoga		Chaturdashi* Until 6:24PM	Moon – White		2nd Phase	
				Chaitra*Chaitra		Devaloka Day	

	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Istanbul, Turkey
	Retreat Star		Gulika 12:02PM – 1:50PM	Bharani Until 7:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:52AM	Sun 13 Sutra 30
	Mesha Rasi: 19.47	Tithi 30	Yama 8:27AM – 10:15AM	Saubhagya Until 7:08PM	Muruqa: Yellow	<i>Sunset:</i> 7:12PM	Plava 5123
	229794469	Rahu 3:37PM – 5:25PM		Catuspada Until 7:41AM	Nataraja: Clear		Moon 4 - Phase 3 - 13
Creative Work	Siddha Yoga		Amavasya* Until 8:58PM	Moon – White		Amavasya	
				Chaitra*Chaitra		Devaloka Day	

Retreat Star	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Istanbul, Turkey
	Retreat Star		Gulika 10:15AM – 12:02PM	Krittika Until 10:58PM	Ganesha: Orange	<i>Sunrise:</i> 4:51AM	Sun 14 Sutra 31
	Vrishabha Rasi: 1.34	Tithi 1	Yama 6:39AM – 8:27AM	Sobhana Until 8:16PM	Muruqa: Yellow	<i>Sunset:</i> 7:13PM	Plava 5123
	229794469	Rahu 12:02PM – 1:50PM		Kintughna Until 10:19AM	Nataraja: Clear		Moon 4 - Phase 3 - 14
Creative Work	Amrita Yoga		Prathama* Until 11:36PM	Moon – White		Prathama	
Until 10:58PM				Vaisaka*Chaitra		Devaloka Day	
Then Creative Work - Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey
	231794469		Gulika 8:26AM – 10:14AM	Rohini Until 2:15AM Fri	Ganesha: Red	Sunrise: 4:50AM	Sun 15 Sutra 32
			Yama 4:50AM – 6:38AM	Athiganda* Until 9:19PM	Muruqa: Yellow	Sunset: 7:14PM	Plava 5123
			Rahu 1:50PM – 3:38PM	Balava Until 12:56PM	Nataraja: Clear		Moon 4 - Phase 4 - 15 3rd Phase
			Dvitiya Until 2:10AM Fri	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

2	Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau				Istanbul, Turkey
	231894469		Gulika 6:38AM – 8:26AM	Mrigashira Until 5:10AM Sat	Ganesha: Green	Sunrise: 4:49AM	Sun 16 Sutra 33
			Yama 3:39PM – 5:27PM	Sukarma Until 10:15PM	Muruqa: Yellow	Sunset: 7:15PM	Plava 5123
			Rahu 10:14AM – 12:02PM	Taitila Until 3:24PM	Nataraja: Clear		Moon 4 - Phase 4 - 16 3rd Phase
			Tritiya Until 4:32AM Sat	Moon – Yellow		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3	Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthiyam Titau				Istanbul, Turkey
	231894469		Gulika 4:48AM – 6:37AM	Ardra Until 7:35AM Sun	Ganesha: Green	Sunrise: 4:48AM	Sun 17 Sutra 34
			Yama 1:51PM – 3:39PM	Dhriti Until 10:59PM	Muruqa: Yellow	Sunset: 7:16PM	Plava 5123
			Rahu 8:25AM – 10:14AM	Vanija Until 5:37PM	Nataraja: Clear		Moon 4 - Phase 4 - 17 3rd Phase
			Chaturthi* Until 6:34AM Sun	Moon – Yellow		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4	Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey
	231894469		Gulika 3:40PM – 5:28PM	Ardra Until 7:35AM	Ganesha: Green	Sunrise: 4:47AM	Sun 18 Sutra 35
			Yama 12:02PM – 1:51PM	Shula* Until 11:21PM	Muruqa: Yellow	Sunset: 7:17PM	Plava 5123
			Rahu 5:28PM – 7:17PM	Bava Until 7:26PM	Nataraja: Clear		Moon 4 - Phase 4 - 18 3rd Phase
			Chaturthi* Until 6:34AM	Moon – Yellow		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5	Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Istanbul, Turkey
	241894469		Gulika 1:51PM – 3:40PM	Punarvasu Until 9:53AM	Ganesha: Red	Sunrise: 4:46AM	Sun 19 Sutra 36
			Yama 10:13AM – 12:02PM	Ganda* Until 11:19PM	Muruqa: Yellow	Sunset: 7:18PM	Plava 5123
			Rahu 6:35AM – 8:24AM	Kaulava Until 8:43PM	Nataraja: Clear		Moon 4 - Phase 4 - 19 3rd Phase
			Panchami Until 8:08AM	Moon – Blue		Devaloka Day	
				Vaisaka-Vaikasi			

6	Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Istanbul, Turkey
	241894469		Gulika 12:02PM – 1:52PM	Pushya Until 11:26AM	Ganesha: Red	Sunrise: 4:46AM	Sun 20 Sutra 37
			Yama 8:24AM – 10:13AM	Vriddhi Until 10:47PM	Muruqa: Yellow	Sunset: 7:19PM	Plava 5123
			Rahu 3:41PM – 5:30PM	Gara Until 9:21PM	Nataraja: Clear		Moon 4 - Phase 4 - 20 3rd Phase
			Shashthi* Until 9:06AM	Moon – Blue		Devaloka Day	
				Vaisaka-Vaikasi			

Retreat Star	Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Istanbul, Turkey
	241894469		Gulika 10:13AM – 12:02PM	Ashlesha* Until 12:10PM	Ganesha: Red	Sunrise: 4:45AM	Sun 21 Sutra 38
			Yama 6:34AM – 8:23AM	Dhruva Until 9:39PM	Muruqa: Yellow	Sunset: 7:20PM	Plava 5123
			Rahu 12:02PM – 1:52PM	Visti Until 9:15PM	Nataraja: Clear		Moon 4 - Phase 4 - 21 Ashtami
			Saptami Until 9:23AM	Moon – Blue		Devaloka Day	
				Vaisaka-Vaikasi			

Retreat Star	Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey
	251894469		Gulika 8:23AM – 10:13AM	Magha* Until 12:27PM	Ganesha: Blue	Sunrise: 4:44AM	Sun 22 Sutra 39
			Yama 4:44AM – 6:33AM	Vyaghata* Until 7:56PM	Muruqa: Yellow	Sunset: 7:21PM	Plava 5123
			Rahu 1:52PM – 3:42PM	Balava Until 8:25PM	Nataraja: Clear		Moon 4 - Phase 4 - 22 Navami
			Ashtami* Until 8:54AM	Moon – Red		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1	Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey
	Simha Rasi: 23.17	Tithi 9 – 10	Gulika 6:33AM – 8:23AM	Purvaphalguni Until 11:51AM	Ganesha: Blue	<i>Sunrise:</i> 4:43AM	Sun 23 Sutra 40
			Yama 3:42PM – 5:32PM	Harshana Until 5:37PM	Muruqa: Yellow	<i>Sunset:</i> 7:22PM	Plava 5123
	251894469	Rahu 10:13AM – 12:02PM		Taitila Until 6:49PM	Nataraja: Clear		Moon 4 - Phase 5 - 23
Creative Work	Siddha Yoga		Navami* Until 7:41AM	Moon – Red		4th Phase	
				Vaisaka-Vaikasi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2	Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Ekadashyam Titau				Istanbul, Turkey
	Kanya Rasi: 7.17	Tithi 11	Gulika 4:42AM – 6:32AM	Uttaraphalguni Until 10:25AM	Ganesha: Blue	<i>Sunrise:</i> 4:42AM	Sun 24 Sutra 41
			Yama 1:53PM – 3:43PM	Vajra* Until 2:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Plava 5123
	251894469	Rahu 8:22AM – 10:12AM		Vanija Until 4:33PM	Nataraja: Clear		Moon 4 - Phase 5 - 24
Routine Work	Marana Yoga		Ekadashi Until 3:11AM Sun	Moon – Red		4th Phase	
				Vaisaka-Vaikasi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3	Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Istanbul, Turkey
	Kanya Rasi: 21.42	Tithi 12	Gulika 3:43PM – 5:33PM	Hasta Until 8:39AM	Ganesha: White	<i>Sunrise:</i> 4:41AM	Sun 25 Sutra 42
			Yama 12:03PM – 1:53PM	Siddhi Until 11:23AM	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Plava 5123
	262894469	Rahu 5:33PM – 7:24PM		Bava Until 1:43PM	Nataraja: Clear		Moon 4 - Phase 5 - 25
Creative Work	Amrita Yoga		Dvadashi Until 12:07AM Mon	Moon – Green		4th Phase	
Until 8:39AM				Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

4	Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Istanbul, Turkey
	Tula Rasi: 6.29	Tithi 13	Gulika 1:53PM – 3:44PM	Chitra Until 6:16AM	Ganesha: White	<i>Sunrise:</i> 4:41AM	Sun 26 Sutra 43
			Yama 10:12AM – 12:03PM	Vyatipata* Until 7:40AM	Muruqa: Yellow	<i>Sunset:</i> 7:25PM	Plava 5123
	262894469	Rahu 6:31AM – 8:22AM		Kaulava Until 10:26AM	Nataraja: Clear		Moon 4 - Phase 5 - 26
Family Home Evening	Prabalarishta Yoga		Trayodashi Until 8:39PM	Moon – Green		4th Phase	
Until 6:16AM				Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Amrita Yoga							
						<i>Pradosha Vrata</i>	

5	Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey
	Tula Rasi: 21.32	Tithi 14 – 15	Gulika 12:03PM – 1:53PM	Vishakha Until 12:39AM Wed	Ganesha: White	<i>Sunrise:</i> 4:40AM	Sun 27 Sutra 44
			Yama 8:21AM – 10:12AM	Parigha* Until 11:29PM	Muruqa: Yellow	<i>Sunset:</i> 7:25PM	Plava 5123
	372894469	Rahu 3:44PM – 5:35PM		Gara Until 6:51AM	Nataraja: Clear		Moon 4 - Phase 5 - 27
Routine Work	Marana Yoga		Chaturdashi* Until 4:59PM	Moon – Orange		4th Phase	
Until 12:39AM Wed		Vaikasi Visakam		Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

	Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey
	Copper Retreat Star		Gulika 10:12AM – 12:03PM	Anuradha Until 9:44PM	Ganesha: White	<i>Sunrise:</i> 4:39AM	Sutra 45
	Vrischika Rasi: 6.43	Tithi 15 – 16	Yama 6:30AM – 8:21AM	Shiva Until 7:20PM	Muruqa: Yellow	<i>Sunset:</i> 7:26PM	Plava 5123
			372894469 Rahu 12:03PM – 1:54PM	Balava Until 11:23PM	Nataraja: Clear		Moon 4 - Phase 5 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:13PM	Moon – Orange			
		Budha Purnima (Tamil Nadu)		Vaisaka-Vaikasi		Sivaloka Day	

	Thursday, May 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey
	Silver Retreat Star		Gulika 8:21AM – 10:12AM	Jyeshtha* Until 6:51PM	Ganesha: White	<i>Sunrise:</i> 4:39AM	Sutra 46
	Vrischika Rasi: 21.52	Tithi 16 – 17	Yama 4:39AM – 6:30AM	Siddha Until 3:15PM	Muruqa: Yellow	<i>Sunset:</i> 7:27PM	Plava 5123
			372894469 Rahu 1:54PM – 3:45PM	Taitila Until 7:49PM	Nataraja: Clear		Moon 4 - Phase 5 - Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 9:33AM	Moon – Orange			
Until 6:51PM				Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

1 times are standard time. Calculated for Istanbul, Turkey on 5/23/

www.gurudeva.org/panchang



Friday, May 28, 2021
Gold Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Gara/Vishti* Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey
Sun 1 Sutra 47

Dhanus Rasi: 6.5 Tithi 17 - 18

Gulika 6:29AM - 8:21AM
Yama 3:46PM - 5:37PM
382894469 **Rahu** 10:12AM - 12:03PM

Mula* Until 4:32PM
Sadhya Until 11:26AM
Visti Until 3:06AM Sat
Dvitiya Until 6:08AM

Ganesha: Clear *Sunrise: 4:38AM*
Muruqa: Yellow *Sunset: 7:28PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Plava 5123
Moon 5 - Phase 6 - 1
1st Phase

Creative Work Amrita Yoga

Until 4:32PM

Then Routine Work - Prabalarishta Yoga

Devaloka Day

1

Saturday, May 29, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthiyam Titau

Istanbul, Turkey
Sun 2 Sutra 48

Dhanus Rasi: 21.31 Tithi 19

Gulika 4:38AM - 6:29AM
Yama 1:55PM - 3:46PM
382894469 **Rahu** 8:20AM - 10:12AM

Purvashadha* Until 2:34PM
Subha Until 7:59AM
Bava Until 1:47PM
Chaturthi* Until 12:35AM Sun

Ganesha: Clear *Sunrise: 4:38AM*
Muruqa: Yellow *Sunset: 7:29PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Plava 5123
Moon 5 - Phase 6 - 2
1st Phase

Creative Work Siddha Yoga

Until 2:34PM

Then Routine Work - Marana Yoga

Devaloka Day

2

Sunday, May 30, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey
Sun 3 Sutra 49

Makara Rasi: 5.47 Tithi 20

Gulika 3:46PM - 5:38PM
Yama 12:03PM - 1:55PM
382894469 **Rahu** 5:38PM - 7:30PM

Uttarashadha Until 1:03PM
Brahma Until 2:32AM Mon
Kaulava Until 11:36AM
Panchami Until 10:44PM

Ganesha: Clear *Sunrise: 4:37AM*
Muruqa: Yellow *Sunset: 7:30PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Plava 5123
Moon 5 - Phase 6 - 3
1st Phase

Creative Work Amrita Yoga

Devaloka Day

3

Monday, May 31, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey
Sun 4 Sutra 50

Makara Rasi: 19.38 Tithi 21

Gulika 1:55PM - 3:47PM
Yama 10:12AM - 12:03PM
392894469 **Rahu** 6:28AM - 8:20AM

Shravana Until 12:32PM
Indra Until 12:43AM Tue
Gara Until 10:06AM
Shashthi* Until 9:38PM

Ganesha: Purple *Sunrise: 4:36AM*
Muruqa: Yellow *Sunset: 7:30PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Plava 5123
Moon 5 - Phase 6 - 4
1st Phase

Creative Work Amrita Yoga

Until 12:32PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Tuesday, June 1, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Istanbul, Turkey
Sun 5 Sutra 51

Kumbha Rasi: 3.02 Tithi 22

Gulika 12:04PM - 1:55PM
Yama 8:20AM - 10:12AM
392894469 **Rahu** 3:47PM - 5:39PM

Dhanishtha Until 12:38PM
Vaidhriti* Until 11:30PM
Visti Until 9:23AM
Saptami Until 9:18PM

Ganesha: Purple *Sunrise: 4:36AM*
Muruqa: Yellow *Sunset: 7:31PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Plava 5123
Moon 5 - Phase 6 - 5
1st Phase

Creative Work Siddha Yoga

Until 12:38PM

Then Routine Work - Marana Yoga

Sivaloka Day

5

Wednesday, June 2, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak*/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey
Sun 6 Sutra 52

Kumbha Rasi: 16.01 Tithi 23

Gulika 10:12AM - 12:04PM
Yama 6:28AM - 8:20AM
392894469 **Rahu** 12:04PM - 1:56PM

Shatabhishak Until 1:20PM
Vishkambha* Until 10:54PM
Balava Until 9:27AM
Ashtami* Until 9:45PM

Ganesha: Purple *Sunrise: 4:36AM*
Muruqa: Yellow *Sunset: 7:32PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Plava 5123
Moon 5 - Phase 6 - 6
Ashtami

Creative Work Siddha Yoga

Until 1:20PM

Then Creative Work - Amrita Yoga

Sivaloka Day

Thursday, June 3, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey
Sun 7 Sutra 53

Kumbha Rasi: 28.38 Tithi 24

Gulika 8:20AM - 10:12AM
Yama 4:35AM - 6:27AM
312894469 **Rahu** 1:56PM - 3:48PM

Purvaprosarthapada* Until 3:04PM
Priti Until 10:52PM
Taitila Until 10:15AM
Navami* Until 10:53PM

Ganesha: Blue *Sunrise: 4:35AM*
Muruqa: Yellow *Sunset: 7:33PM*
Nataraja: Clear
Moon - Clear
Vaisaka-Vaikasi

Plava 5123
Moon 5 - Phase 6 - 7
Navami

Creative Work Siddha Yoga

Sivaloka Day

1	Friday, June 4, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Istanbul, Turkey	
	Meena Rasi: 10.58	Tithi 25					Sun 8 Sutra 54	
			312894469	Gulika 6:27AM – 8:19AM Yama 3:49PM – 5:41PM Rahu 10:12AM – 12:04PM	Uttaraproshtapada Until 5:15PM Ayushman Until 11:15PM Vanija Until 11:43AM Dashami Until 12:37AM Sat	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:35AM Sunset: 7:33PM	Plava 5123 Moon 5 - Phase 7 - 8 2nd Phase Sivaloka Day
	Creative Work	Siddha Yoga						

2	Saturday, June 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey	
	Meena Rasi: 23.03	Tithi 26					Sun 9 Sutra 55	
			313894461	Gulika 4:34AM – 6:27AM Yama 1:57PM – 3:49PM Rahu 8:19AM – 10:12AM	Revati Until 7:45PM Saubhagya Until 12:01AM Sun Bava Until 1:41PM Ekadashi* Until 2:48AM Sun	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:34AM Sunset: 7:34PM	Plava 5123 Moon 5 - Phase 7 - 9 2nd Phase Devaloka Day
	Routine Work	Prabalarishta Yoga						

3	Sunday, June 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Istanbul, Turkey	
	Mesha Rasi: 4.59	Tithi 27					Sun 10 Sutra 56	
			323894461	Gulika 3:50PM – 5:42PM Yama 12:04PM – 1:57PM Rahu 5:42PM – 7:35PM	Ashvini Until 10:54PM Sobhana Until 1:01AM Mon Kaulava Until 4:02PM Dvadashti* Until 5:16AM Mon	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – White Vaisaka-Vaikasi	Sunrise: 4:34AM Sunset: 7:35PM	Plava 5123 Moon 5 - Phase 7 - 10 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga						

4	Monday, June 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Gara Karana Trayodashyam Titau				Istanbul, Turkey	
	Mesha Rasi: 16.49	Tithi 28					Sun 11 Sutra 57	
	Family Home Evening		323894461	Gulika 1:57PM – 3:50PM Yama 10:12AM – 12:05PM Rahu 6:27AM – 8:19AM	Bharani Until 2:02AM Tue Athiganda* Until 2:07AM Tue Gara Until 6:36PM Trayodashi* Until 7:53AM Tue	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – White Vaisaka-Vaikasi	Sunrise: 4:34AM Sunset: 7:35PM	Plava 5123 Moon 5 - Phase 7 - 11 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga						

Pradosha Vrata (Fasting)

5	Tuesday, June 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey	
	Mesha Rasi: 28.36	Tithi 28 – 29					Sun 12 Sutra 58	
			323994461	Gulika 12:05PM – 1:58PM Yama 8:19AM – 10:12AM Rahu 3:50PM – 5:43PM	Krittika Until 5:02AM Wed Sukarma Until 3:14AM Wed Visti Until 9:13PM Trayodashi* Until 7:53AM	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – White Vaisaka-Vaikasi	Sunrise: 4:34AM Sunset: 7:36PM	Plava 5123 Moon 5 - Phase 7 - 12 2nd Phase Devaloka Day
	Creative Work	Siddha Yoga						

	Wednesday, June 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey
	Retreat Star						Sun 13 Sutra 59
	Vrishabha Rasi: 10.23	Tithi 29 – 30					Plava 5123
			333994461	Gulika 10:12AM – 12:05PM Yama 6:26AM – 8:19AM Rahu 12:05PM – 1:58PM	Rohini Until 8:14AM Thu Dhriti Until 4:17AM Thu Catuspada Until 11:44PM Chaturdashi* Until 10:28AM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Yellow Vaisaka-Vaikasi	Sunrise: 4:33AM Sunset: 7:36PM

6	Thursday, June 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey
	Retreat Star						Sun 14 Sutra 60
	Vrishabha Rasi: 22.13	Tithi 30 – 1					Plava 5123
			333994461	Gulika 8:19AM – 10:12AM Yama 4:33AM – 6:26AM Rahu 1:58PM – 3:51PM	Rohini Until 8:14AM Shula* Until 5:07AM Fri Kintughna Until 2:03AM Fri Amavasya* Until 12:54PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Yellow Jyeshtha-Vaikasi	Sunrise: 4:33AM Sunset: 7:37PM

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Friday, June 11, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey
Mithuna Rasi: 4.08	Tithi 1 – 2	Gulika 6:26AM – 8:19AM	Mrigashira Until 11:02AM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Sun 15	Sutra 61	
		Yama 3:51PM – 5:44PM	Ganda* Until 5:43AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:38PM		Plava 5123	
		Rahu 10:12AM – 12:05PM	Balava Until 4:02AM Sat	Nataraja: Yellow			Moon 5 - Phase 8 - 15	
Creative Work	Siddha Yoga		Prathama* Until 3:04PM	Moon – Yellow			3rd Phase	
				Devaloka Day				
				Jyeshtha-Vaikasi				
2		Saturday, June 12, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey
Mithuna Rasi: 16.11	Tithi 2 – 3	Gulika 4:33AM – 6:26AM	Ardra Until 1:19PM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Sun 16	Sutra 62	
		Yama 1:59PM – 3:52PM	Vriddhi Until 6:02AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:38PM		Plava 5123	
		Rahu 8:19AM – 10:12AM	Taitila Until 5:37AM Sun	Nataraja: Yellow			Moon 5 - Phase 8 - 16	
Creative Work	Siddha Yoga		Dvitiya Until 4:52PM	Moon – Yellow			3rd Phase	
				Devaloka Day				
				Jyeshtha-Vaikasi				
3		Sunday, June 13, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi/Dhruva Yoga Gara Karana Tritiyayam Titau				Istanbul, Turkey
Mithuna Rasi: 28.25	Tithi 3	Gulika 3:52PM – 5:45PM	Punarvasu Until 3:32PM	Ganesha: Red	<i>Sunrise:</i> 4:33AM	Sun 17	Sutra 63	
		Yama 12:06PM – 1:59PM	Vriddhi Until 6:02AM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM		Plava 5123	
		Rahu 5:45PM – 7:38PM	Gara Until 6:14PM	Nataraja: Yellow			Moon 5 - Phase 8 - 17	
Creative Work	Siddha Yoga		Tritiya Until 6:14PM	Moon – Blue			3rd Phase	
				Devaloka Day				
				Jyeshtha-Vaikasi				
4		Monday, June 14, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Vanija/Vishti* Karana Chaturthyam Titau				Istanbul, Turkey
Kataka Rasi: 10.5	Tithi 4	Gulika 1:59PM – 3:52PM	Pushya Until 5:07PM	Ganesha: Red	<i>Sunrise:</i> 4:33AM	Sun 18	Sutra 64	
Family Home Evening		Yama 10:13AM – 12:06PM	Vyaghata* Until 5:30AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:39PM		Plava 5123	
		Rahu 6:26AM – 8:19AM	Vanija Until 6:45AM	Nataraja: Yellow			Moon 5 - Phase 8 - 18	
Creative Work	Siddha Yoga		Chaturthi* Until 7:07PM	Moon – Blue			3rd Phase	
				Devaloka Day				
				Jyeshtha-Vaikasi				
5		Tuesday, June 15, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey
Kataka Rasi: 23.28	Tithi 5	Gulika 12:06PM – 1:59PM	Ashlesha* Until 6:03PM	Ganesha: Red	<i>Sunrise:</i> 4:33AM	Sun 19	Sutra 65	
		Yama 8:19AM – 10:13AM	Harshana Until 4:38AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:39PM		Plava 5123	
		Rahu 3:53PM – 5:46PM	Bava Until 7:23AM	Nataraja: Yellow			Moon 5 - Phase 8 - 19	
Creative Work	Siddha Yoga		Panchami Until 7:29PM	Moon – Blue			3rd Phase	
				Devaloka Day				
				Jyeshtha-Ani				
6		Wednesday, June 16, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey
Simha Rasi: 6.22	Tithi 6	Gulika 10:13AM – 12:06PM	Magha* Until 6:45PM	Ganesha: Blue	<i>Sunrise:</i> 4:33AM	Sun 20	Sutra 66	
		Yama 6:26AM – 8:20AM	Vajra* Until 3:18AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:40PM		Plava 5123	
		Rahu 12:06PM – 2:00PM	Kaulava Until 7:28AM	Nataraja: Yellow			Moon 5 - Phase 8 - 20	
Creative Work	Siddha Yoga		Shashthi* Until 7:17PM	Moon – Red			3rd Phase	
Until 6:45PM				Sivaloka Day				
Then Creative Work - Amrita Yoga				Jyeshtha-Ani				
Retreat Star		Thursday, June 17, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey
Simha Rasi: 19.32	Tithi 7	Gulika 8:20AM – 10:13AM	Purvaphalguni Until 6:43PM	Ganesha: Blue	<i>Sunrise:</i> 4:33AM	Sun 21	Sutra 67	
		Yama 4:33AM – 6:26AM	Siddhi Until 1:31AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:40PM		Plava 5123	
		Rahu 2:00PM – 3:53PM	Gara Until 7:00AM	Nataraja: Yellow			Moon 5 - Phase 8 - 21	
Creative Work	Siddha Yoga		Saptami Until 6:32PM	Moon – Red			3rd Phase	
				Sivaloka Day				
				Jyeshtha-Ani				
Retreat Star		Friday, June 18, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey
Kanya Rasi: 3.02	Tithi 8 – 9	Gulika 6:26AM – 8:20AM	Uttaraphalguni Until 5:59PM	Ganesha: Blue	<i>Sunrise:</i> 4:33AM	Sun 22	Sutra 68	
		Yama 3:54PM – 5:47PM	Vyatipata* Until 11:16PM	Muruqa: Yellow	<i>Sunset:</i> 7:40PM		Plava 5123	
		Rahu 10:13AM – 12:07PM	Balava Until 4:19AM Sat	Nataraja: Yellow			Moon 5 - Phase 8 - 22	
Creative Work	Siddha Yoga		Ashtami* Until 5:11PM	Moon – Red			Ashtami	
Until 5:59PM				Sivaloka Day				
Then Creative Work - Amrita Yoga				Jyeshtha-Ani				
Retreat Star		Saturday, June 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey
Kanya Rasi: 16.53	Tithi 9 – 10	Gulika 4:33AM – 6:27AM	Hasta Until 4:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:33AM	Sun 23	Sutra 69	
		Yama 2:00PM – 3:54PM	Variyan Until 8:33PM	Muruqa: Yellow	<i>Sunset:</i> 7:41PM		Plava 5123	
		Rahu 8:20AM – 10:13AM	Taitila Until 2:09AM Sun	Nataraja: Yellow			Moon 5 - Phase 8 - 23	
Routine Work	Marana Yoga		Navami* Until 3:16PM	Moon – Green			Navami	
				Devaloka Day				
				Jyeshtha-Ani				

1 Sunday, June 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey
		Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 70
Tula Rasi: 1.04	Tithi 10 - 11	Gulika 3:54PM - 5:48PM	Chitra Until 3:18PM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Plava 5123
		Yama 12:07PM - 2:01PM	Parigha* Until 5:27PM	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 9 - 24
	364994461	Rahu 5:48PM - 7:41PM	Vanija Until 11:30PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:51PM	Moon - Green		
		Father's Day		Jyeshtha-Ani		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

2 Monday, June 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
		Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 71
Tula Rasi: 15.34	Tithi 11 - 12	Gulika 2:01PM - 3:54PM	Svati Until 1:05PM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Plava 5123
Family Home Evening		Yama 10:14AM - 12:07PM	Shiva Until 2:00PM	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 9 - 25
Creative Work	Amrita Yoga	Rahu 6:27AM - 8:20AM	Bava Until 8:28PM	Nataraja: Yellow		4th Phase
Until 1:05PM			Ekadashi Until 10:01AM	Moon - Green		
Then Routine Work - Marana Yoga				Jyeshtha-Ani		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

3 Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey
		Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 72
Vrischika Rasi: 0.2	Tithi 12 - 13	Gulika 12:08PM - 2:01PM	Vishakha Until 10:49AM	Ganesha: Clear	<i>Sunrise:</i> 4:34AM	Plava 5123
		Yama 8:21AM - 10:14AM	Siddha Until 10:17AM	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Moon 5 - Phase 9 - 26
	374994461	Rahu 3:54PM - 5:48PM	Taitila Until 3:27AM Wed	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 6:50AM	Moon - Orange		
Until 10:49AM				Jyeshtha-Ani		Devaloka Day
Then Creative Work - Siddha Yoga						
						<i>Pradosha Vrata</i>

4 Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Istanbul, Turkey
		Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 73
Vrischika Rasi: 15.16	Tithi 14	Gulika 10:14AM - 12:08PM	Anuradha Until 8:14AM	Ganesha: Clear	<i>Sunrise:</i> 4:34AM	Plava 5123
		Yama 6:27AM - 8:21AM	Sadhya Until 6:25AM	Muruqa: Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 9 - 27
	374994461	Rahu 12:08PM - 2:01PM	Gara Until 1:44PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:00AM Thu	Moon - Orange		
				Jyeshtha-Ani		Devaloka Day

Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Istanbul, Turkey
		Mula* Nakshatra Sukla Yoga Visti/Bava Karana Purnimayam Titau				Sutra 74
Dhanus Rasi: 0.14	Tithi 15	Gulika 8:21AM - 10:15AM	Mula* Until 3:07AM Fri	Ganesha: Purple	<i>Sunrise:</i> 4:34AM	Plava 5123
		Yama 4:34AM - 6:28AM	Sukla Until 10:41PM	Muruqa: Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 9 -
	384994461	Rahu 2:01PM - 3:55PM	Visti Until 10:18AM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:37PM	Moon - Light Blue		
Until 3:07AM Fri				Jyeshtha-Ani		Bhuloka Day
Then Routine Work - Prabalarishta Yoga						Devaloka Time: 3:PM to 6:PM

Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey
		Purvashadha* Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Sutra 75
Dhanus Rasi: 15.06	Tithi 16 - 17	Gulika 6:28AM - 8:21AM	Purvashadha* Until 12:53AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:35AM	Plava 5123
		Yama 3:55PM - 5:48PM	Brahma Until 7:04PM	Muruqa: Yellow	<i>Sunset:</i> 7:42PM	Moon 5 - Phase 9 -
	384994461	Rahu 10:15AM - 12:08PM	Balava Until 7:01AM	Nataraja: Yellow		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 5:28PM	Moon - Light Blue		
Until 12:53AM Sat				Jyeshtha-Ani		Bhuloka Day
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

1 times are standard time. Calculated for Istanbul, Turkey on 5/23/

www.gurudeva.org/panchang



Saturday, June 26, 2021
Gold Retreat Star

Dhanus Rasi: 29.45 Tithi 17 – 18

384994461

Routine Work Marana Yoga

Until 10:56PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Istanbul, Turkey

Sun 1 Sutra 76

Plava 5123

Gulika 4:35AM – 6:28AM

Yama 2:02PM – 3:55PM

Rahu 8:22AM – 10:15AM

Uttarashadha Until 10:56PM

Indra Until 3:46PM

Vanija Until 1:30AM Sun

Dvitiya Until 2:41PM

Ganesha: Purple

Muruqa: Yellow

Nataraja: Yellow

Moon – Light Blue

Jyeshtha-Ani

Sunrise: 4:35AM

Sunset: 7:42PM

Moon 6 - Phase 10 - 1

1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1

Sunday, June 27, 2021

Makara Rasi: 14.05 Tithi 18 – 19

394994461

Creative Work Amrita Yoga

Until 9:51PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Istanbul, Turkey

Sun 2 Sutra 77

Plava 5123

Gulika 3:55PM – 5:49PM

Yama 12:09PM – 2:02PM

Rahu 5:49PM – 7:42PM

Shravana Until 9:51PM

Vaidhriti* Until 12:53PM

Bava Until 11:32PM

Tritiya Until 12:25PM

Ganesha: Clear

Muruqa: Yellow

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sunrise: 4:35AM

Sunset: 7:42PM

Moon 6 - Phase 10 - 2

1st Phase

Devaloka Day

2

Monday, June 28, 2021

Makara Rasi: 28 Tithi 19 – 20

394994461

Family Home Evening

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 78

Plava 5123

Gulika 2:02PM – 3:55PM

Yama 10:15AM – 12:09PM

Rahu 6:29AM – 8:22AM

Dhanishtha Until 9:19PM

Vishkambha* Until 10:33AM

Kaulava Until 10:17PM

Chaturthi* Until 10:48AM

Ganesha: Clear

Muruqa: Yellow

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sunrise: 4:36AM

Sunset: 7:42PM

Moon 6 - Phase 10 - 3

1st Phase

Devaloka Day

3

Tuesday, June 29, 2021

Kumbha Rasi: 11.29 Tithi 20 – 21

394994461

Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 79

Plava 5123

Gulika 12:09PM – 2:02PM

Yama 8:22AM – 10:16AM

Rahu 3:55PM – 5:49PM

Shatabhishak Until 9:24PM

Priti Until 8:50AM

Gara Until 9:49PM

Panchami Until 9:56AM

Ganesha: Clear

Muruqa: Yellow

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sunrise: 4:36AM

Sunset: 7:42PM

Moon 6 - Phase 10 - 4

1st Phase

Devaloka Day

4

Wednesday, June 30, 2021

Kumbha Rasi: 24.32 Tithi 21 – 22

314994461

Creative Work Amrita Yoga

Until 10:34PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproskthapada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 80

Plava 5123

Gulika 10:16AM – 12:09PM

Yama 6:30AM – 8:23AM

Rahu 12:09PM – 2:02PM

Purvaproskthapada* Until 10:34PM

Ayushman Until 7:44AM

Visti Until 10:09PM

Shashthi* Until 9:52AM

Ganesha: Yellow

Muruqa: Yellow

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Sunrise: 4:36AM

Sunset: 7:42PM

Moon 6 - Phase 10 - 5

1st Phase

Devaloka Day

5

Thursday, July 1, 2021

Retreat Star

Meena Rasi: 7.12 Tithi 22 – 23

314994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproskthapada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 81

Plava 5123

Gulika 8:23AM – 10:16AM

Yama 4:37AM – 6:30AM

Rahu 2:02PM – 3:56PM

Uttaraproskthapada Until 12:20AM Fri

Saubhagya Until 7:16AM

Balava Until 11:14PM

Saptami Until 10:35AM

Ganesha: Yellow

Muruqa: Yellow

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Sunrise: 4:37AM

Sunset: 7:42PM

Moon 6 - Phase 10 - 6

Ashtami

Devaloka Day

Friday, July 2, 2021

Retreat Star

Meena Rasi: 19.32 Tithi 23 – 24

315994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 82

Plava 5123

Gulika 6:30AM – 8:23AM

Yama 3:56PM – 5:49PM

Rahu 10:17AM – 12:10PM

Revati Until 2:33AM Sat

Sobhana Until 7:23AM

Taitila Until 12:59AM Sat

Ashtami* Until 12:01PM

Ganesha: White

Muruqa: Yellow

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Sunrise: 4:37AM

Sunset: 7:42PM

Moon 6 - Phase 10 - 7

Navami

Sivaloka Day

1	Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey
	Kataka Rasi: 7.44	Tithi 2	Gulika 3:55PM – 5:47PM	Pushya Until 10:53PM	Ganesha: Red	<i>Sunrise:</i> 4:43AM	Sun 16 Sutra 91
			Yama 12:11PM – 2:03PM	Harshana Until 1:02PM	Muruqa: Yellow	<i>Sunset:</i> 7:39PM	Plava 5123
	445194461	Rahu 5:47PM – 7:39PM	Balava Until 4:41PM		Nataraja: Yellow		Moon 6 - Phase 12 - 16 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:52AM Mon	Moon – Blue		Devaloka Day	
				Ashada-Ani			

2	Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Istanbul, Turkey
	Kataka Rasi: 20.27	Tithi 3	Gulika 2:03PM – 3:55PM	Ashlesha* Until 11:35PM	Ganesha: Blue	<i>Sunrise:</i> 4:44AM	Sun 17 Sutra 92
	Family Home Evening		Yama 10:19AM – 12:11PM	Vajra* Until 12:20PM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Plava 5123
	446194461	Rahu 6:36AM – 8:27AM	Taitila Until 4:58PM		Nataraja: Yellow		Moon 6 - Phase 12 - 17 3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 4:55AM Tue	Moon – Blue		Bhuloka Day	
Until 11:35PM				Ashada-Ani		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

3	Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Istanbul, Turkey
	Simha Rasi: 3.23	Tithi 4	Gulika 12:11PM – 2:03PM	Magha* Until 12:10AM Wed	Ganesha: Blue	<i>Sunrise:</i> 4:44AM	Sun 18 Sutra 93
			Yama 8:28AM – 10:20AM	Siddhi Until 11:17AM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Plava 5123
	456194461	Rahu 3:55PM – 5:46PM	Vanija Until 4:48PM		Nataraja: Yellow		Moon 6 - Phase 12 - 18 3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 4:33AM Wed	Moon – Red		Bhuloka Day	
Until 12:10AM Wed				Ashada-Ani		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4	Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey
	Simha Rasi: 16.32	Tithi 5	Gulika 10:20AM – 12:11PM	Purvaphalguni Until 12:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 4:45AM	Sun 19 Sutra 94
			Yama 6:37AM – 8:28AM	Vyatipata* Until 9:54AM	Muruqa: Yellow	<i>Sunset:</i> 7:37PM	Plava 5123
	456194461	Rahu 12:11PM – 2:03PM	Bava Until 4:13PM		Nataraja: Yellow		Moon 6 - Phase 12 - 19 3rd Phase
Creative Work	Amrita Yoga		Panchami Until 3:46AM Thu	Moon – Red		Bhuloka Day	
				Ashada-Ani		Devaloka Time: 3:PM to 6:PM	

5	Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey
	Simha Rasi: 29.55	Tithi 6	Gulika 8:29AM – 10:20AM	Uttaraphalguni Until 11:41PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Sun 20 Sutra 95
			Yama 4:46AM – 6:37AM	Variyan Until 8:11AM	Muruqa: Yellow	<i>Sunset:</i> 7:37PM	Plava 5123
	456194461	Rahu 2:03PM – 3:54PM	Kaulava Until 3:15PM		Nataraja: Yellow		Moon 6 - Phase 12 - 20 3rd Phase
Amrita Yoga			Shashthi* Until 2:37AM Fri	Moon – Red		Bhuloka Day	
Until 11:41PM		Chidambaram Abhishekam		Ashada-Ani		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

6	Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey
	Kanya Rasi: 13.3	Tithi 7	Gulika 6:38AM – 8:29AM	Hasta Until 11:07PM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Sun 21 Sutra 96
			Yama 3:54PM – 5:45PM	Parigha* Until 6:11AM	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Plava 5123
	466194461	Rahu 10:20AM – 12:11PM	Gara Until 1:55PM		Nataraja: Yellow		Moon 6 - Phase 12 - 21 3rd Phase
Creative Work	Amrita Yoga		Saptami Until 1:05AM Sat	Moon – Green		Devaloka Day	
Until 11:07PM				Ashada-Adi			
Then Creative Work - Siddha Yoga							

Retreat Star	Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey
	Kanya Rasi: 27.19	Tithi 8	Gulika 4:48AM – 6:39AM	Chitra Until 10:02PM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Sun 22 Sutra 97
			Yama 2:03PM – 3:54PM	Siddha Until 1:17AM Sun	Muruqa: White	<i>Sunset:</i> 7:36PM	Plava 5123
	466195462	Rahu 8:30AM – 10:21AM	Visti Until 12:13PM		Nataraja: White		Moon 6 - Phase 12 - 22 Ashtami
Routine Work	Marana Yoga		Ashtami* Until 11:13PM	Moon – Green		Subha Sivaloka Day	
Until 10:02PM				Ashada-Adi			
Then Creative Work - Siddha Yoga							

Retreat Star	Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey
	Tula Rasi: 11.2	Tithi 9	Gulika 3:53PM – 5:44PM	Svati Until 8:30PM	Ganesha: Yellow	<i>Sunrise:</i> 4:48AM	Sun 23 Sutra 98
			Yama 12:12PM – 2:02PM	Sadhya Until 10:25PM	Muruqa: White	<i>Sunset:</i> 7:35PM	Plava 5123
	466195462	Rahu 5:44PM – 7:35PM	Balava Until 10:10AM		Nataraja: White		Moon 6 - Phase 12 - 23 Navami
Creative Work	Siddha Yoga		Navami* Until 9:00PM	Moon – Green		Subha Sivaloka Day	
Until 8:30PM				Ashada-Adi			
Then Routine Work - Marana Yoga							


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Monday, July 19, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Istanbul, Turkey
		Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 99
Tula Rasi: 25.34	Tithi 10	Gulika 2:02PM – 3:53PM	Vishakha Until 6:56PM	Ganesha: Yellow Sunrise: 4:49AM
Family Home Evening	477195462	Yama 10:21AM – 12:12PM	Subha Until 7:20PM	Muruqa: White Sunset: 7:34PM
Routine Work Marana Yoga		Rahu 6:40AM – 8:30AM	Taitila Until 7:49AM	Nataraja: White
Until 6:56PM			Dashami Until 6:31PM	Moon – Orange
Then Creative Work - Siddha Yoga				Ashada*Adi
				Subha Sivaloka Day

2	Tuesday, July 20, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Istanbul, Turkey
		Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 100
Vrischika Rasi: 9.59	Tithi 11 – 12	Gulika 12:12PM – 2:02PM	Anuradha Until 5:01PM	Ganesha: Yellow Sunrise: 4:50AM
	477195462	Yama 8:31AM – 10:21AM	Sukla Until 4:02PM	Muruqa: White Sunset: 7:34PM
Creative Work Siddha Yoga		Rahu 3:53PM – 5:43PM	Bava Until 2:23AM Wed	Nataraja: White
Until 5:01PM			Ekadashi Until 3:47PM	Moon – Orange
Then Routine Work - Marana Yoga				Ashada*Adi
				Subha Sivaloka Day

3	Wednesday, July 21, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Istanbul, Turkey
		Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 101
Vrischika Rasi: 24.32	Tithi 12 – 13	Gulika 10:22AM – 12:12PM	Jyeshtha* Until 2:49PM	Ganesha: Yellow Sunrise: 4:51AM
	477195462	Yama 6:41AM – 8:31AM	Brahma Until 12:37PM	Muruqa: White Sunset: 7:33PM
Creative Work Siddha Yoga		Rahu 12:12PM – 2:02PM	Kaulava Until 11:28PM	Nataraja: White
Until 2:49PM			Dvadashi Until 12:55PM	Moon – Orange
Then Routine Work - Marana Yoga				Ashada*Adi
				Subha Sivaloka Day
				<i>Pradosha Vrata</i>

4	Thursday, July 22, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Istanbul, Turkey
		Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 102
Dhanus Rasi: 9.09	Tithi 13 – 14	Gulika 8:32AM – 10:22AM	Mula* Until 12:51PM	Ganesha: White Sunrise: 4:52AM
	487195462	Yama 4:52AM – 6:42AM	Indra Until 9:12AM	Muruqa: White Sunset: 7:32PM
Creative Work Siddha Yoga		Rahu 2:02PM – 3:52PM	Gara Until 8:35PM	Nataraja: White
			Trayodashi Until 10:00AM	Moon – Light Blue
				Ashada*Adi
				Subha Subha Sivaloka Day

	Friday, July 23, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Istanbul, Turkey
	Copper Retreat Star	Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Sutra 103
Dhanus Rasi: 23.43	Tithi 14 – 15	Gulika 6:42AM – 8:32AM	Purvashadha* Until 10:51AM	Ganesha: White Sunrise: 4:53AM
	487195462	Yama 3:52PM – 5:41PM	Vishkambha* Until 2:36AM Sat	Muruqa: White Sunset: 7:31PM
Routine Work Prabalarishta Yoga		Rahu 10:22AM – 12:12PM	Bava Until 4:33AM Sat	Nataraja: White
Until 10:51AM			Chaturdashi* Until 7:10AM	Moon – Light Blue
Then Routine Work - Marana Yoga		Satguru Purnima		Ashada*Adi
				Subha Subha Sivaloka Day

Silver Retreat Star	Saturday, July 24, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Istanbul, Turkey
		Uttarashadha/Shravana Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 104
Makara Rasi: 8.08	Tithi 16	Gulika 4:54AM – 6:43AM	Uttarashadha Until 8:58AM	Ganesha: White Sunrise: 4:54AM
	487195462	Yama 2:02PM – 3:51PM	Priti Until 11:41PM	Muruqa: White Sunset: 7:30PM
Routine Work Marana Yoga		Rahu 8:33AM – 10:22AM	Balava Until 3:24PM	Nataraja: White
Until 8:58AM			Prathama* Until 2:18AM Sun	Moon – Light Blue
Then Creative Work - Siddha Yoga				Ashada*Adi
				Subha Subha Sivaloka Day



Sunday, July 25, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey
Sutra 105

Makara Rasi: 22.19 Tithi 17

Gulika 3:51PM – 5:40PM
Yama 12:12PM – 2:01PM
498195462 **Rahu** 5:40PM – 7:29PM

Shravana Until 7:44AM
Ayushman Until 9:09PM
Taitila Until 1:22PM

Ganesha: White *Sunrise:* 4:54AM
Muruqa: White *Sunset:* 7:29PM
Nataraja: White
Moon – Purple

Moon 7 - Phase 14 -
1st Phase

Creative Work Amrita Yoga

Dvitiya Until 12:32AM Mon

Ashada-Adi

Sivaloka Day

Until 7:44AM
Then Routine Work - Marana Yoga

1

Monday, July 26, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey
Sun 1 Sutra 106

Kumbha Rasi: 6.09 Tithi 18

Gulika 2:01PM – 3:50PM
Yama 10:23AM – 12:12PM
498195462 **Rahu** 6:45AM – 8:34AM

Dhanishtha Until 6:54AM
Saubhagya Until 7:06PM
Vanija Until 11:54AM

Ganesha: White *Sunrise:* 4:55AM
Muruqa: White *Sunset:* 7:28PM
Nataraja: White
Moon – Purple

Moon 7 - Phase 14 - 1
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Tritiya Until 11:24PM

Ashada-Adi

Sivaloka Day

Until 7:44AM
Then Routine Work - Marana Yoga

2

Tuesday, July 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthiyam Titau

Istanbul, Turkey
Sun 2 Sutra 107

Kumbha Rasi: 19.36 Tithi 19

Gulika 12:12PM – 2:01PM
Yama 8:34AM – 10:23AM
498195462 **Rahu** 3:50PM – 5:39PM

Shatabhishak Until 6:33AM
Sobhana Until 5:39PM
Bava Until 11:07AM

Ganesha: White *Sunrise:* 4:56AM
Muruqa: White *Sunset:* 7:28PM
Nataraja: White
Moon – Purple

Moon 7 - Phase 14 - 2
1st Phase

Routine Work Marana Yoga

Chaturthi* Until 10:59PM

Ashada-Adi

Sivaloka Day

Until 7:44AM
Then Routine Work - Marana Yoga

3

Wednesday, July 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprosarthapada*Uttaraprosarthapada Nakshatra Sukarma/Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey
Sun 3 Sutra 108

Meena Rasi: 2.39 Tithi 20

Gulika 10:23AM – 12:12PM
Yama 6:46AM – 8:35AM
418295462 **Rahu** 12:12PM – 2:01PM

Purvaprosarthapada* Until 7:15AM
Athiganda* Until 4:46PM
Kaulava Until 11:05AM

Ganesha: Yellow *Sunrise:* 4:57AM
Muruqa: White *Sunset:* 7:27PM
Nataraja: White
Moon – Clear

Moon 7 - Phase 14 - 3
1st Phase

Creative Work Amrita Yoga

Panchami Until 11:21PM

Ashada-Adi

Subha Sivaloka Day

Until 7:15AM
Then Creative Work - Siddha Yoga

4

Thursday, July 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey
Sun 4 Sutra 109

Meena Rasi: 15.2 Tithi 21

Gulika 8:35AM – 10:23AM
Yama 4:58AM – 6:47AM
418295462 **Rahu** 2:00PM – 3:49PM

Uttaraprosarthapada Until 8:33AM
Sukarma Until 4:31PM
Gara Until 11:50AM

Ganesha: Yellow *Sunrise:* 4:58AM
Muruqa: White *Sunset:* 7:26PM
Nataraja: White
Moon – Clear

Moon 7 - Phase 14 - 4
1st Phase

Creative Work Siddha Yoga

Shashthi* Until 12:27AM Fri

Ashada-Adi

Subha Sivaloka Day

Until 7:44AM
Then Routine Work - Marana Yoga

5

Friday, July 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Istanbul, Turkey
Sun 5 Sutra 110

Meena Rasi: 27.41 Tithi 22

Gulika 6:47AM – 8:35AM
Yama 3:48PM – 5:36PM
418295462 **Rahu** 10:24AM – 12:12PM

Revati Until 10:23AM
Dhriti Until 4:48PM
Visti Until 1:17PM

Ganesha: Yellow *Sunrise:* 4:59AM
Muruqa: White *Sunset:* 7:25PM
Nataraja: White
Moon – Clear

Moon 7 - Phase 14 - 5
1st Phase

Creative Work Siddha Yoga

Saptami Until 2:13AM Sat

Ashada-Adi

Subha Sivaloka Day

Until 10:23AM
Then Creative Work - Amrita Yoga

D

Saturday, July 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey
Sun 6 Sutra 111

Mesha Rasi: 9.46 Tithi 23

Gulika 5:00AM – 6:48AM
Yama 2:00PM – 3:48PM
428215462 **Rahu** 8:36AM – 10:24AM

Ashvini Until 1:07PM
Shula* Until 5:30PM
Balava Until 3:19PM

Ganesha: Blue *Sunrise:* 5:00AM
Muruqa: White *Sunset:* 7:24PM
Nataraja: White
Moon – White

Moon 7 - Phase 14 - 6
Ashtami

Creative Work Siddha Yoga

Ashtami* Until 4:28AM Sun

Ashada-Adi

Subha Sivaloka Day

Until 7:44AM
Then Routine Work - Marana Yoga

Sunday, August 1, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey
Sun 7 Sutra 112

Mesha Rasi: 21.41 Tithi 24

Gulika 3:47PM – 5:35PM
Yama 12:12PM – 1:59PM
429215462 **Rahu** 5:35PM – 7:22PM

Bharani Until 4:05PM
Ganda* Until 6:28PM
Taitila Until 5:43PM

Ganesha: Red *Sunrise:* 5:01AM
Muruqa: White *Sunset:* 7:22PM
Nataraja: White
Moon – White

Moon 7 - Phase 14 - 7
Navami

Routine Work Prabalarishta Yoga

Navami* Until 6:58AM Mon

Ashada-Adi

Subha Sivaloka Day

Until 4:05PM
Then Creative Work - Siddha Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

I times are standard time. Calculated for Istanbul, Turkey on 5/23/

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1	Monday, August 2, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
			Krittika Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 113
	429215462	Gulika 1:59PM – 3:47PM Yama 10:24AM – 12:12PM Rahu 6:49AM – 8:37AM	Krittika Until 7:01PM Vridhhi Until 7:34PM Vanija Until 8:16PM Navami* Until 6:58AM	Ganesha: Red Muruqa: White Nataraja: White Moon – White	Sunrise: 5:02AM Sunset: 7:21PM	Sun 8 Sutra 113 Plava 5123 Moon 7 - Phase 15 - 8 2nd Phase	
	Vrishabha Rasi: 3.3 Tithi 24 – 25 Family Home Evening Routine Work Marana Yoga Until 7:01PM Then Creative Work - Amrita Yoga		Subha Sivaloka Day Ashada-Adi				


2	Tuesday, August 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey
			Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 114
	439215462	Gulika 12:12PM – 1:59PM Yama 8:37AM – 10:24AM Rahu 3:46PM – 5:33PM	Rohini Until 10:12PM Dhruva Until 8:32PM Bava Until 10:43PM Dashami Until 9:30AM	Ganesha: Green Muruqa: White Nataraja: White Moon – Yellow	Sunrise: 5:03AM Sunset: 7:20PM	Sun 9 Sutra 114 Plava 5123 Moon 7 - Phase 15 - 9 2nd Phase	
	Vrishabha Rasi: 15.19 Tithi 25 – 26 Creative Work Amrita Yoga Until 10:12PM Then Creative Work - Siddha Yoga		Sivaloka Day Ashada-Adi				

3	Wednesday, August 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam				Istanbul, Turkey
			Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 115
	439215462	Gulika 10:25AM – 12:12PM Yama 6:51AM – 8:38AM Rahu 12:12PM – 1:58PM	Mrigashira Until 12:54AM Thu Vyaghata* Until 9:18PM Kaulava Until 12:49AM Thu Ekadashi* Until 11:48AM	Ganesha: Green Muruqa: White Nataraja: White Moon – Yellow	Sunrise: 5:04AM Sunset: 7:19PM	Sun 10 Sutra 115 Plava 5123 Moon 7 - Phase 15 - 10 2nd Phase	
	Vrishabha Rasi: 27.12 Tithi 26 – 27 Creative Work Siddha Yoga Until 12:54AM Thu Then Routine Work - Marana Yoga		Sivaloka Day Ashada-Adi				

4	Thursday, August 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam				Istanbul, Turkey
			Ardra Nakshatra Harshana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 116
	439215462	Gulika 8:38AM – 10:25AM Yama 5:05AM – 6:52AM Rahu 1:58PM – 3:45PM	Ardra Until 2:57AM Fri Harshana Until 9:42PM Gara Until 2:26AM Fri Dvadashi* Until 1:40PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Yellow	Sunrise: 5:05AM Sunset: 7:18PM	Sun 11 Sutra 116 Plava 5123 Moon 7 - Phase 15 - 11 2nd Phase	
	Mithuna Rasi: 9.14 Tithi 27 – 28 Routine Work Marana Yoga Until 2:57AM Fri Then Creative Work - Siddha Yoga		Sivaloka Day Ashada-Adi <i>Pradosha Vrata (Fasting)</i>				

5	Friday, August 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey
			Punarvasu Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 117
	449215462	Gulika 6:52AM – 8:39AM Yama 3:44PM – 5:30PM Rahu 10:25AM – 12:11PM	Punarvasu Until 4:46AM Sat Vajra* Until 9:38PM Visti Until 3:28AM Sat Trayodashi* Until 3:00PM	Ganesha: White Muruqa: White Nataraja: White Moon – Blue	Sunrise: 5:06AM Sunset: 7:17PM	Sun 12 Sutra 117 Plava 5123 Moon 7 - Phase 15 - 12 2nd Phase	
	Mithuna Rasi: 21.28 Tithi 28 – 29 Creative Work Siddha Yoga		Sivaloka Day Ashada-Adi				

6	Saturday, August 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam				Istanbul, Turkey
			Pushya Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 118
	449215462	Gulika 5:07AM – 6:53AM Yama 1:57PM – 3:43PM Rahu 8:39AM – 10:25AM	Pushya Until 5:50AM Sun Siddhi Until 9:07PM Catuspada Until 3:54AM Sun Chaturdashi* Until 3:44PM	Ganesha: White Muruqa: White Nataraja: White Moon – Blue	Sunrise: 5:07AM Sunset: 7:15PM	Sun 13 Sutra 118 Plava 5123 Moon 7 - Phase 15 - 13 2nd Phase	
	Kataka Rasi: 3.58 Tithi 29 – 30 Creative Work Siddha Yoga		Sivaloka Day Ashada-Adi				

	Sunday, August 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey
	Retreat Star		Ashlesha* Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 119
	449215462	Gulika 3:43PM – 5:28PM Yama 12:11PM – 1:57PM Rahu 5:28PM – 7:14PM	Ashlesha* Until 6:11AM Mon Vyatipata* Until 8:08PM Kintughna Until 3:45AM Mon Amavasya* Until 3:52PM	Ganesha: White Muruqa: White Nataraja: White Moon – Blue	Sunrise: 5:08AM Sunset: 7:14PM	Sun 14 Sutra 119 Plava 5123 Moon 7 - Phase 15 - 14 Amavasya	
	Kataka Rasi: 16.45 Tithi 30 – 1 Creative Work Siddha Yoga Until 6:11AM Mon Then Routine Work - Marana Yoga		Sivaloka Day Ashada-Adi				

Retreat Star	Monday, August 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
			Ashlesha*/Magha* Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 120
	441215462	Gulika 1:56PM – 3:42PM Yama 10:25AM – 12:11PM Rahu 6:54AM – 8:40AM	Ashlesha* Until 6:11AM Variyan Until 6:43PM Balava Until 3:06AM Tue Prathama* Until 3:28PM	Ganesha: Light Blue Muruqa: White Nataraja: White Moon – Blue	Sunrise: 5:09AM Sunset: 7:13PM	Sun 15 Sutra 120 Plava 5123 Moon 7 - Phase 15 - 15 Prathama	
	Kataka Rasi: 29.48 Tithi 1 – 2 Family Home Evening Creative Work Siddha Yoga Until 6:11AM Then Routine Work - Marana Yoga		Sivaloka Day Sravana-Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1 times are standard time. Calculated for Istanbul, Turkey on 5/23/

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1		Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau		Istanbul, Turkey	
Simha Rasi: 13.07	Tithi 2 – 3	Gulika 12:11PM – 1:56PM	Magha* Until 6:22AM	Ganesha: Purple	<i>Sunrise:</i> 5:10AM	Sun 16	Sutra 121
		Yama 8:40AM – 10:26AM	Parigha* Until 4:57PM	Muruqa: White	<i>Sunset:</i> 7:12PM		Plava 5123
		451215462 Rahu 3:41PM – 5:26PM	Taitila Until 2:03AM Wed	Nataraja: White			Moon 7 - Phase 16 - 16
Creative Work	Siddha Yoga		Dvitiya Until 2:36PM	Moon – Red			3rd Phase
				Sravana-Adi		Sivaloka Day	

2		Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trilaya/Chaturtham Titau		Istanbul, Turkey	
Simha Rasi: 26.4	Tithi 3 – 4	Gulika 10:26AM – 12:11PM	Purvaphalguni Until 6:00AM	Ganesha: Purple	<i>Sunrise:</i> 5:11AM	Sun 17	Sutra 122
		Yama 6:56AM – 8:41AM	Shiva Until 2:55PM	Muruqa: White	<i>Sunset:</i> 7:10PM		Plava 5123
		451215462 Rahu 12:11PM – 1:56PM	Vanija Until 12:41AM Thu	Nataraja: White			Moon 7 - Phase 16 - 17
Creative Work	Amrita Yoga		Tritiya Until 1:23PM	Moon – Red			3rd Phase
				Sravana-Adi		Sivaloka Day	

3		Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Istanbul, Turkey	
Kanya Rasi: 10.22	Tithi 4 – 5	Gulika 8:41AM – 10:26AM	Hasta Until 4:26AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:12AM	Sun 18	Sutra 123
		Yama 5:12AM – 6:56AM	Siddha Until 12:38PM	Muruqa: White	<i>Sunset:</i> 7:09PM		Plava 5123
		461215462 Rahu 1:55PM – 3:40PM	Bava Until 11:04PM	Nataraja: White			Moon 7 - Phase 16 - 18
Routine Work	Marana Yoga		Chaturthi* Until 11:53AM	Moon – Green			3rd Phase
Until 4:26AM Fri		Nag Panchami		Sravana-Adi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

4		Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Istanbul, Turkey	
Kanya Rasi: 24.13	Tithi 5 – 6	Gulika 6:57AM – 8:42AM	Chitra Until 3:23AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:13AM	Sun 19	Sutra 124
		Yama 3:39PM – 5:23PM	Sadhya Until 10:12AM	Muruqa: White	<i>Sunset:</i> 7:08PM		Plava 5123
		461215462 Rahu 10:26AM – 12:10PM	Kaulava Until 9:17PM	Nataraja: White			Moon 7 - Phase 16 - 19
Creative Work	Siddha Yoga		Panchami Until 10:11AM	Moon – Green			3rd Phase
				Sravana-Adi		Subha Sivaloka Day	

5		Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Istanbul, Turkey	
Tula Rasi: 8.11	Tithi 6 – 7	Gulika 5:14AM – 6:58AM	Svati Until 2:03AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:14AM	Sun 20	Sutra 125
		Yama 1:54PM – 3:38PM	Subha Until 7:39AM	Muruqa: White	<i>Sunset:</i> 7:06PM		Plava 5123
		461215462 Rahu 8:42AM – 10:26AM	Gara Until 7:22PM	Nataraja: White			Moon 7 - Phase 16 - 20
Creative Work	Siddha Yoga		Shashthi* Until 8:19AM	Moon – Green			3rd Phase
Until 2:03AM Sun				Sravana-Adi		Subha Sivaloka Day	
Then Routine Work - Marana Yoga							

Retreat Star		Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		Istanbul, Turkey	
Tula Rasi: 22.13	Tithi 7 – 8	Gulika 3:37PM – 5:21PM	Vishakha Until 12:54AM Mon	Ganesha: White	<i>Sunrise:</i> 5:15AM	Sun 21	Sutra 126
		Yama 12:10PM – 1:54PM	Brahma Until 2:13AM Mon	Muruqa: White	<i>Sunset:</i> 7:05PM		Plava 5123
		471215462 Rahu 5:21PM – 7:05PM	Bava Until 4:15AM Mon	Nataraja: White			Moon 7 - Phase 16 - 21
Routine Work	Marana Yoga		Saptami Until 6:21AM	Moon – Orange			Ashtami
Until 12:54AM Mon				Sravana-Adi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star		Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Istanbul, Turkey	
Vrischika Rasi: 6.19	Tithi 9	Gulika 1:53PM – 3:37PM	Anuradha Until 11:31PM	Ganesha: White	<i>Sunrise:</i> 5:16AM	Sun 22	Sutra 127
Family Home Evening		Yama 10:26AM – 12:10PM	Indra Until 11:25PM	Muruqa: White	<i>Sunset:</i> 7:04PM		Plava 5123
		471215462 Rahu 6:59AM – 8:43AM	Balava Until 3:12PM	Nataraja: White			Moon 7 - Phase 16 - 22
Creative Work	Siddha Yoga		Navami* Until 2:05AM Tue	Moon – Orange			Navami
				Sravana-Avani		Sivaloka Day	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Tuesday, August 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey
	Vrischika Rasi: 20.29	Tithi 10	571215462	Gulika 12:09PM – 1:53PM Yama 8:43AM – 10:26AM Rahu 3:36PM – 5:19PM	Jyeshtha* Until 9:56PM Vaidhriti* Until 8:31PM Taitila Until 1:00PM Dashami Until 11:51PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:17AM Sunset: 7:02PM Moon 7 - Phase 17 - 23 4th Phase
	Routine Work Marana Yoga						Subha Sivaloka Day
	Until 9:56PM						
Then Creative Work - Amrita Yoga							

2	Wednesday, August 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey
	Dhanus Rasi: 4.41	Tithi 11	581215462	Gulika 10:26AM – 12:09PM Yama 7:01AM – 8:44AM Rahu 12:09PM – 1:52PM	Mula* Until 8:36PM Vishkambha* Until 5:37PM Vanija Until 10:45AM Ekadashi Until 9:36PM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue	Sunrise: 5:18AM Sunset: 7:01PM Moon 7 - Phase 17 - 24 4th Phase
	Routine Work Marana Yoga						Sivaloka Day
	Until 8:36PM						
Then Creative Work - Amrita Yoga							

3	Thursday, August 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Istanbul, Turkey
	Dhanus Rasi: 18.53	Tithi 12	582215462	Gulika 8:44AM – 10:26AM Yama 5:19AM – 7:01AM Rahu 1:52PM – 3:34PM	Purvashadha* Until 7:10PM Priti Until 2:46PM Bava Until 8:30AM Dvadashi Until 7:24PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Light Blue	Sunrise: 5:19AM Sunset: 6:59PM Moon 7 - Phase 17 - 25 4th Phase
	Creative Work Siddha Yoga						Sivaloka Day
	Until 7:10PM						
Then Routine Work - Marana Yoga							

4	Friday, August 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Makara Rasi: 3.02	Tithi 13 – 14	582215462	Gulika 7:02AM – 8:44AM Yama 3:33PM – 5:16PM Rahu 10:27AM – 12:09PM	Uttarashadha Until 5:44PM Ayushman Until 11:58AM Kaulava Until 6:21AM Trayodashi Until 5:19PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Light Blue	Sunrise: 5:20AM Sunset: 6:58PM Moon 7 - Phase 17 - 26 4th Phase
	Routine Work Marana Yoga						Sivaloka Day
<i>Pradosha Vrata</i>							

5	Saturday, August 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey
	Makara Rasi: 17.04	Tithi 14 – 15	592215462	Gulika 5:21AM – 7:03AM Yama 1:51PM – 3:32PM Rahu 8:45AM – 10:27AM	Shravana Until 4:48PM Saubhagya Until 9:21AM Visti Until 2:42AM Sun Chaturdashi* Until 3:29PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Purple	Sunrise: 5:21AM Sunset: 6:56PM Moon 7 - Phase 17 - 27 4th Phase
	Creative Work Siddha Yoga						Subha Sivaloka Day

○	Sunday, August 22, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey		
	Copper Retreat Star		Kumbha Rasi: 0.54	Tithi 15 – 16	592315462	Gulika 3:32PM – 5:13PM Yama 12:08PM – 1:50PM Rahu 5:13PM – 6:55PM	Dhanishtha Until 4:06PM Sobhana Until 7:00AM Balava Until 1:26AM Mon Purnima* Until 1:59PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Purple	Sunrise: 5:22AM Sunset: 6:55PM Moon 7 - Phase 17 - Purnima
	Routine Work Marana Yoga						Subha Sivaloka Day		
	Until 4:06PM								
Then Creative Work - Siddha Yoga									

○	Monday, August 23, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey		
	Silver Retreat Star		Kumbha Rasi: 14.29	Tithi 16 – 17	592315462	Gulika 1:49PM – 3:31PM Yama 10:27AM – 12:08PM Rahu 7:04AM – 8:45AM	Shatabhishak Until 3:43PM Sukarma Until 3:25AM Tue Taitila Until 12:42AM Tue Prathama* Until 12:58PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Purple	Sunrise: 5:23AM Sunset: 6:53PM Moon 7 - Phase 17 - Prathama
	Creative Work Siddha Yoga						Subha Sivaloka Day		
	Until 3:43PM								
Then Routine Work - Marana Yoga									

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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Tuesday, August 24, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 135

Plava 5123

Moon 8 - Phase 18 - 1

1st Phase

Kumbha Rasi: 27.46 Tithi 17 - 18

Gulika 12:08PM - 1:49PM

Yama 8:46AM - 10:27AM

Rahu 3:30PM - 5:11PM

Purvaproshtapada* Until 4:14PM

Dhriti Until 2:22AM Wed

Vanija Until 12:36AM Wed

Dvitiya Until 12:33PM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 5:24AM

Sunset: 6:52PM

Subha Sivaloka Day

Routine Work Marana Yoga

Until 4:14PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Istanbul, Turkey

Sun 2 Sutra 136

Plava 5123

Moon 8 - Phase 18 - 2

1st Phase

Meena Rasi: 10.42 Tithi 18 - 19

Gulika 10:27AM - 12:08PM

Yama 7:05AM - 8:46AM

Rahu 12:08PM - 1:48PM

Uttaraproshtapada Until 5:15PM

Shula* Until 1:51AM Thu

Bava Until 1:12AM Thu

Tritiya Until 12:47PM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 5:25AM

Sunset: 6:50PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 5:15PM

Then Routine Work - Marana Yoga

2

Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 137

Plava 5123

Moon 8 - Phase 18 - 3

1st Phase

Meena Rasi: 23.19 Tithi 19 - 20

Gulika 8:47AM - 10:27AM

Yama 5:26AM - 7:06AM

Rahu 1:48PM - 3:28PM

Revati Until 6:47PM

Ganda* Until 1:52AM Fri

Kaulava Until 2:28AM Fri

Chaturthi* Until 1:44PM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 5:26AM

Sunset: 6:49PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:47PM

Then Creative Work - Amrita Yoga

3

Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Taila/Gara Karana Panchami/Shashtyam Titau

Istanbul, Turkey

Sun 4 Sutra 138

Plava 5123

Moon 8 - Phase 18 - 4

1st Phase

Mesha Rasi: 5.37 Tithi 20 - 21

Gulika 7:07AM - 8:47AM

Yama 3:27PM - 5:07PM

Rahu 10:27AM - 12:07PM

Ashvini Until 9:16PM

Vriddhi Until 2:22AM Sat

Gara Until 4:22AM Sat

Panchami Until 3:20PM

Ganesha: White

Muruqa: White

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 5:27AM

Sunset: 6:47PM

Sivaloka Day

Creative Work Amrita Yoga

Until 9:16PM

Then Creative Work - Siddha Yoga

4

Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 139

Plava 5123

Moon 8 - Phase 18 - 5

1st Phase

Mesha Rasi: 17.41 Tithi 21 - 22

Gulika 5:28AM - 7:08AM

Yama 1:46PM - 3:26PM

Rahu 8:47AM - 10:27AM

Bharani Until 12:04AM Sun

Dhruva Until 3:12AM Sun

Visti Until 6:42AM Sun

Shashthi* Until 5:28PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Sravana-Avani

Sunrise: 5:28AM

Sunset: 6:46PM

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, August 29, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Istanbul, Turkey

Sun 6 Sutra 140

Plava 5123

Moon 8 - Phase 18 - 6

1st Phase

Mesha Rasi: 29.35 Tithi 22

Gulika 3:25PM - 5:05PM

Yama 12:06PM - 1:46PM

Rahu 5:05PM - 6:44PM

Krittika Until 2:57AM Mon

Vyaghata* Until 4:13AM Mon

Visti Until 6:42AM

Saptami Until 7:56PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Sravana-Avani

Sunrise: 5:29AM

Sunset: 6:44PM

Devaloka Day

Creative Work Siddha Yoga

Until 2:57AM Mon

Then Creative Work - Amrita Yoga

D

Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Sun 7 Sutra 141

Plava 5123

Moon 8 - Phase 18 - 7

Ashtami

Vrishabha Rasi: 11.24 Tithi 23

Gulika 1:45PM - 3:24PM

Yama 10:27AM - 12:06PM

Rahu 7:09AM - 8:48AM

Rohini Until 6:12AM Tue

Harshana Until 5:16AM Tue

Balava Until 9:15AM

Ashtami* Until 10:30PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Yellow

Sravana-Avani

Sunrise: 5:30AM

Sunset: 6:42PM

Sivaloka Day

Creative Work Amrita Yoga

Until 6:12AM Tue

Then Creative Work - Siddha Yoga

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Taila/Gara Karana Navamyam Titau

Istanbul, Turkey

Sun 8 Sutra 142

Plava 5123

Moon 8 - Phase 18 - 8

Navami

Vrishabha Rasi: 23.13 Tithi 24

Gulika 12:06PM - 1:45PM

Yama 8:48AM - 10:27AM

Rahu 3:23PM - 5:02PM

Rohini Until 6:12AM

Vajra* Until 6:06AM Wed

Taitila Until 11:45AM

Navami* Until 12:53AM Wed

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Yellow

Sravana-Avani

Sunrise: 5:31AM

Sunset: 6:41PM

Sivaloka Day

Creative Work Amrita Yoga

Until 6:12AM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

1 times are standard time. Calculated for Istanbul, Turkey on 5/23/

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1		Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra /Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Istanbul, Turkey Sun 9 Sutra 143 Plava 5123	
Mithuna Rasi: 5.08	Tithi 25	Gulika 10:27AM – 12:05PM	Mrigashira Until 9:02AM	Ganesha: Orange	<i>Sunrise:</i> 5:32AM	Muruqa: White	<i>Sunset:</i> 6:39PM
		Yama 7:10AM – 8:49AM	Vajra* Until 6:06AM	Nataraja: Clear			
		533315463 Rahu 12:05PM – 1:44PM	Vanija Until 1:58PM	Moon – Yellow			Sivaloka Day
Creative Work	Siddha Yoga		Dashami Until 2:52AM Thu	Sravana•Avani			
2		Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Istanbul, Turkey Sun 10 Sutra 144 Plava 5123	
Mithuna Rasi: 17.14	Tithi 26	Gulika 8:49AM – 10:27AM	Ardra Until 11:15AM	Ganesha: Orange	<i>Sunrise:</i> 5:33AM	Muruqa: White	<i>Sunset:</i> 6:38PM
		Yama 5:33AM – 7:11AM	Siddhi Until 6:36AM	Nataraja: Clear			
		533315463 Rahu 1:43PM – 3:21PM	Bava Until 3:39PM	Moon – Yellow			Sivaloka Day
Routine Work	Marana Yoga		Ekadashi* Until 4:14AM Fri	Sravana•Avani			
Until 11:15AM							
Then Creative Work - Amrita Yoga							
3		Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvodashyam Titau		Istanbul, Turkey Sun 11 Sutra 145 Plava 5123	
Mithuna Rasi: 29.34	Tithi 27	Gulika 7:12AM – 8:49AM	Punarvasu Until 1:10PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:34AM	Muruqa: White	<i>Sunset:</i> 6:36PM
		Yama 3:20PM – 4:58PM	Vyatipata* Until 6:38AM	Nataraja: Clear			
		533315463 Rahu 10:27AM – 12:05PM	Kaulava Until 4:41PM	Moon – Blue			Devaloka Day
Creative Work	Siddha Yoga		Dvadashi* Until 4:55AM Sat	Sravana•Avani			
Until 1:10PM							
Then Routine Work - Marana Yoga							
4		Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Istanbul, Turkey Sun 12 Sutra 146 Plava 5123	
Kataka Rasi: 12.14	Tithi 28	Gulika 5:35AM – 7:12AM	Pushya Until 2:14PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:35AM	Muruqa: White	<i>Sunset:</i> 6:34PM
		Yama 1:42PM – 3:19PM	Variyan Until 6:05AM	Nataraja: Clear			
		533315463 Rahu 8:50AM – 10:27AM	Gara Until 5:00PM	Moon – Blue			Devaloka Day
Creative Work	Siddha Yoga		Trayodashi* Until 4:53AM Sun	Sravana•Avani			
Until 2:14PM			<i>Pradosha Vrata (Fasting)</i>				
Then Routine Work - Marana Yoga							
5		Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Istanbul, Turkey Sun 13 Sutra 147 Plava 5123	
Kataka Rasi: 25.14	Tithi 29	Gulika 3:18PM – 4:55PM	Ashlesha* Until 2:28PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:36AM	Muruqa: White	<i>Sunset:</i> 6:33PM
		Yama 12:04PM – 1:41PM	Shiva Until 3:24AM Mon	Nataraja: Clear			
		533315463 Rahu 4:55PM – 6:33PM	Visti Until 4:37PM	Moon – Blue			Devaloka Day
Creative Work	Siddha Yoga		Chaturdashi* Until 4:10AM Mon	Sravana•Avani			
Until 2:28PM							
Then Routine Work - Marana Yoga							
Monday, September 6, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Istanbul, Turkey Sun 14 Sutra 148 Plava 5123	
Simha Rasi: 8.35	Tithi 30	Gulika 1:41PM – 3:17PM	Magha* Until 2:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:37AM	Muruqa: White	<i>Sunset:</i> 6:31PM
Family Home Evening		Yama 10:27AM – 12:04PM	Siddha Until 1:18AM Tue	Nataraja: Clear			
Routine Work	Marana Yoga	533315463 Rahu 7:13AM – 8:50AM	Catuspada Until 3:37PM	Moon – Red			Devaloka Day
Until 2:22PM			Amavasya* Until 2:53AM Tue	Sravana•Avani			
Then Creative Work - Siddha Yoga							
Tuesday, September 7, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau		Istanbul, Turkey Sun 15 Sutra 149 Plava 5123	
Simha Rasi: 22.16	Tithi 1	Gulika 12:03PM – 1:40PM	Purvaphalguni Until 1:35PM	Ganesha: Purple	<i>Sunrise:</i> 5:38AM	Muruqa: White	<i>Sunset:</i> 6:29PM
		Yama 8:51AM – 10:27AM	Sadhya Until 10:50PM	Nataraja: Clear			
		533315463 Rahu 3:16PM – 4:53PM	Kintughna Until 2:05PM	Moon – Red			Devaloka Day
Creative Work	Siddha Yoga		Prathama* Until 1:09AM Wed	Bhadrapada•Avani			
Until 1:35PM							
Then Creative Work - Amrita Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey
	Kanya Rasi: 6.13	Tithi 2	Gulika 10:27AM – 12:03PM	Uttaraphalguni Until 12:17PM	Ganesha: Purple	Sunrise: 5:39AM	Sun 16 Sutra 150
			Yama 7:15AM – 8:51AM	Subha Until 8:06PM	Muruqa: White	Sunset: 6:28PM	Plava 5123
		563315463	Rahu 12:03PM – 1:39PM	Balava Until 12:10PM	Nataraja: Clear		Moon 8 - Phase 20 - 16
Creative Work Amrita Yoga			Dvitiya Until 11:04PM	Moon – Red		3rd Phase	
Until 12:17PM				Bhadrapada-Avani		Devaloka Day	
Then Routine Work - Marana Yoga							

2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Istanbul, Turkey
	Kanya Rasi: 20.22	Tithi 3	Gulika 8:51AM – 10:27AM	Hasta Until 10:59AM	Ganesha: Light Blue	Sunrise: 5:40AM	Sun 17 Sutra 151
			Yama 5:40AM – 7:15AM	Sukla Until 5:09PM	Muruqa: White	Sunset: 6:26PM	Plava 5123
		563315463	Rahu 1:39PM – 3:14PM	Taitila Until 9:58AM	Nataraja: Clear		Moon 8 - Phase 20 - 17
Routine Work Marana Yoga			Tritiya Until 8:48PM	Moon – Green		3rd Phase	
Until 10:59AM				Bhadrapada-Avani		Devaloka Day	
Then Creative Work - Siddha Yoga							

3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthiyam Titau				Istanbul, Turkey
	Tula Rasi: 4.37	Tithi 4	Gulika 7:16AM – 8:52AM	Chitra Until 9:25AM	Ganesha: Light Blue	Sunrise: 5:41AM	Sun 18 Sutra 152
			Yama 3:13PM – 4:49PM	Brahma Until 2:08PM	Muruqa: White	Sunset: 6:24PM	Plava 5123
		563315463	Rahu 10:27AM – 12:02PM	Vanija Until 7:38AM	Nataraja: Clear		Moon 8 - Phase 20 - 18
Creative Work Siddha Yoga			Ganesha Chaturthi	Chaturthi* Until 6:26PM	Moon – Green		3rd Phase
				Bhadrapada-Avani		Devaloka Day	

4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Istanbul, Turkey
	Tula Rasi: 18.55	Tithi 5 – 6	Gulika 5:42AM – 7:17AM	Svati Until 7:40AM	Ganesha: Light Blue	Sunrise: 5:42AM	Sun 19 Sutra 153
			Yama 1:37PM – 3:12PM	Indra Until 11:07AM	Muruqa: White	Sunset: 6:23PM	Plava 5123
		563315463	Rahu 8:52AM – 10:27AM	Kaulava Until 2:56AM Sun	Nataraja: Clear		Moon 8 - Phase 20 - 19
Creative Work Siddha Yoga			Panchami Until 4:04PM	Moon – Green		3rd Phase	
				Bhadrapada-Avani		Devaloka Day	

5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Istanbul, Turkey
	Vrischika Rasi: 3.1	Tithi 6 – 7	Gulika 3:11PM – 4:46PM	Vishakha Until 6:15AM	Ganesha: Orange	Sunrise: 5:43AM	Sun 20 Sutra 154
			Yama 12:02PM – 1:37PM	Vaidhriti* Until 8:08AM	Muruqa: White	Sunset: 6:21PM	Plava 5123
		573315463	Rahu 4:46PM – 6:21PM	Gara Until 12:42AM Mon	Nataraja: Clear		Moon 8 - Phase 20 - 20
Routine Work Marana Yoga			Grandparent's Day	Shashthi* Until 1:47PM	Moon – Orange		3rd Phase
				Bhadrapada-Avani		Sivaloka Day	

D	Monday, September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Istanbul, Turkey
	Retreat Star		Gulika 1:36PM – 3:10PM	Jyeshtha* Until 3:22AM Tue	Ganesha: Orange	Sunrise: 5:44AM	Sun 21 Sutra 155
	Vrischika Rasi: 17.22	Tithi 7 – 8	Yama 10:27AM – 12:01PM	Priti Until 2:29AM Tue	Muruqa: White	Sunset: 6:19PM	Plava 5123
			Rahu 7:18AM – 8:53AM	Visti Until 10:37PM	Nataraja: Clear		Moon 8 - Phase 20 - 21
Family Home Evening			Saptami Until 11:37AM	Moon – Orange		Ashtami	
Creative Work Siddha Yoga				Bhadrapada-Avani		Sivaloka Day	
Until 3:22AM Tue							
Then Creative Work - Amrita Yoga							

D	Tuesday, September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey
	Retreat Star		Gulika 12:01PM – 1:35PM	Mula* Until 2:22AM Wed	Ganesha: Green	Sunrise: 5:45AM	Sun 22 Sutra 156
	Dhanus Rasi: 1.27	Tithi 8 – 9	Yama 8:53AM – 10:27AM	Ayushman Until 11:50PM	Muruqa: White	Sunset: 6:17PM	Plava 5123
			Rahu 3:09PM – 4:43PM	Balava Until 8:41PM	Nataraja: Clear		Moon 8 - Phase 20 - 22
Creative Work Amrita Yoga			Ashtami* Until 9:36AM	Moon – Light Blue		Navami	
				Bhadrapada-Avani		Devaloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Wednesday, September 15, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Istanbul, Turkey
	Dhanus Rasi: 15.26 Tilthi 9 – 10	Gulika 10:27AM – 12:01PM Yama 7:19AM – 8:53AM Rahu 12:01PM – 1:34PM	Sun 23 Sutra 157 Plava 5123
	583315463	Purvashadha* Until 1:24AM Thu Saubhagya Until 9:20PM Taitila Until 6:56PM Navami* Until 7:46AM	Ganesha: Green <i>Sunrise:</i> 5:46AM Muruqa: White <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Light Blue
	Creative Work Amrita Yoga Until 1:24AM Thu Then Routine Work - Marana Yoga		Moon 8 - Phase 21 - 23 4th Phase Devaloka Day Bhadrapada-Avani

2	Thursday, September 16, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau	Istanbul, Turkey
	Dhanus Rasi: 29.18 Tilthi 10 – 11	Gulika 8:53AM – 10:27AM Yama 5:47AM – 7:20AM Rahu 1:34PM – 3:07PM	Sun 24 Sutra 158 Plava 5123
	584415463	Uttarashadha Until 12:29AM Fri Sobhana Until 7:00PM Visti Until 4:39AM Fri Dashami Until 6:06AM	Ganesha: Green <i>Sunrise:</i> 5:47AM Muruqa: White <i>Sunset:</i> 6:14PM Nataraja: Clear Moon – Light Blue
	Routine Work Marana Yoga		Moon 8 - Phase 21 - 24 4th Phase Devaloka Day Bhadrapada-Puratasi

3	Friday, September 17, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau	Istanbul, Turkey
	Makara Rasi: 13.03 Tilthi 12	Gulika 7:21AM – 8:54AM Yama 3:06PM – 4:39PM Rahu 10:27AM – 12:00PM	Sun 25 Sutra 159 Plava 5123
	594415463	Shravana Until 12:05AM Sat Athiganda* Until 4:49PM Bava Until 4:01PM Dvadashi Until 3:25AM Sat	Ganesha: Red <i>Sunrise:</i> 5:48AM Muruqa: White <i>Sunset:</i> 6:12PM Nataraja: Clear Moon – Purple
	Routine Work Marana Yoga Until 12:05AM Sat Then Creative Work - Siddha Yoga		Moon 8 - Phase 21 - 25 4th Phase Sivaloka Day Bhadrapada-Puratasi

4	Saturday, September 18, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Istanbul, Turkey
	Makara Rasi: 26.4 Tilthi 13	Gulika 5:49AM – 7:21AM Yama 1:32PM – 3:05PM Rahu 8:54AM – 10:27AM	Sun 26 Sutra 160 Plava 5123
	594415463	Dhanishtha Until 11:50PM Sukarma Until 2:52PM Kaulava Until 2:56PM Trayodashi Until 2:30AM Sun	Ganesha: Red <i>Sunrise:</i> 5:49AM Muruqa: White <i>Sunset:</i> 6:11PM Nataraja: Clear Moon – Purple
	Creative Work Siddha Yoga Until 11:50PM Then Creative Work - Amrita Yoga		Moon 8 - Phase 21 - 26 4th Phase Sivaloka Day Bhadrapada-Puratasi <i>Pradosha Vrata</i>

5	Sunday, September 19, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau	Istanbul, Turkey
	Kumbha Rasi: 10.05 Tilthi 14	Gulika 3:04PM – 4:36PM Yama 11:59AM – 1:32PM Rahu 4:36PM – 6:09PM	Sun 27 Sutra 161 Plava 5123
	594415463	Shatabhishak Until 11:47PM Dhriti Until 1:12PM Gara Until 2:12PM Chaturdashi* Until 1:58AM Mon	Ganesha: Red <i>Sunrise:</i> 5:50AM Muruqa: White <i>Sunset:</i> 6:09PM Nataraja: Clear Moon – Purple
	Creative Work Siddha Yoga Chidambaram Abhishekam		Moon 8 - Phase 21 - 27 4th Phase Sivaloka Day Bhadrapada-Puratasi

○	Monday, September 20, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau	Istanbul, Turkey
	Copper Retreat Star Kumbha Rasi: 23.18 Tilthi 15	Gulika 1:31PM – 3:03PM Yama 10:27AM – 11:59AM Rahu 7:23AM – 8:55AM	Sutra 162 Plava 5123
	514415463	Purvaproshtapada* Until 12:29AM Tue Shula* Until 11:50AM Visti Until 1:53PM Purnima* Until 1:53AM Tue	Ganesha: Red <i>Sunrise:</i> 5:51AM Muruqa: White <i>Sunset:</i> 6:07PM Nataraja: Clear Moon – Clear
	Family Home Evening Routine Work Marana Yoga Until 12:29AM Tue Then Creative Work - Amrita Yoga		Moon 8 - Phase 21 - Purnima Sivaloka Day Bhadrapada-Puratasi

○	Tuesday, September 21, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau	Istanbul, Turkey
	Silver Retreat Star Meena Rasi: 6.17 Tilthi 16	Gulika 11:59AM – 1:30PM Yama 8:55AM – 10:27AM Rahu 3:02PM – 4:34PM	Sutra 163 Plava 5123
	514415463	Uttaraproshtapada Until 1:33AM Wed Ganda* Until 10:52AM Balava Until 2:03PM Prathama* Until 2:20AM Wed	Ganesha: Red <i>Sunrise:</i> 5:52AM Muruqa: White <i>Sunset:</i> 6:05PM Nataraja: Clear Moon – Clear
	Creative Work Amrita Yoga Until 1:33AM Wed Then Routine Work - Marana Yoga		Moon 8 - Phase 21 - Prathama Sivaloka Day Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Sutra 164

Plava 5123

Moon 9 - Phase 22 -

1st Phase

Meena Rasi: 18.59 Tithi 17

514415463 **Gulika** 10:27AM – 11:58AM
Yama 7:24AM – 8:55AM
Rahu 11:58AM – 1:30PM

Revati Until 3:01AM Thu

Vriddhi Until 10:20AM

Taitila Until 2:48PM

Dvitiya Until 3:22AM Thu

Ganesha: Red **Sunrise:** 5:53AM

Muruqa: White **Sunset:** 6:04PM

Nataraja: Clear

Moon – Clear

Bhadrapada-Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 3:01AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Trityayam Titau

Istanbul, Turkey

Sun 1 Sutra 165

Plava 5123

Moon 9 - Phase 22 - 1

1st Phase

Mesha Rasi: 1.26 Tithi 18

524415463 **Gulika** 8:56AM – 10:27AM
Yama 5:54AM – 7:25AM
Rahu 1:29PM – 3:00PM

Ashvini Until 5:22AM Fri

Dhruva Until 10:14AM

Vanija Until 4:08PM

Tritiya Until 4:59AM Fri

Ganesha: Green **Sunrise:** 5:54AM

Muruqa: White **Sunset:** 6:02PM

Nataraja: Clear

Moon – White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 5:22AM Fri

Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Bava Karana Chaturthyam Titau

Istanbul, Turkey

Sun 2 Sutra 166

Plava 5123

Moon 9 - Phase 22 - 2

1st Phase

Mesha Rasi: 13.38 Tithi 19

524415463 **Gulika** 7:25AM – 8:56AM
Yama 2:59PM – 4:30PM
Rahu 10:27AM – 11:57AM

Bharani Until 8:02AM Sat

Vyaghata* Until 10:35AM

Bava Until 6:01PM

Chaturthi* Until 7:07AM Sat

Ganesha: Green **Sunrise:** 5:55AM

Muruqa: White **Sunset:** 6:00PM

Nataraja: Clear

Moon – White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 8:02AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 167

Plava 5123

Moon 9 - Phase 22 - 3

1st Phase

Mesha Rasi: 25.39 Tithi 19 – 20

524415463 **Gulika** 5:56AM – 7:26AM
Yama 1:28PM – 2:58PM
Rahu 8:56AM – 10:27AM

Bharani Until 8:02AM

Harshana Until 11:19AM

Kaulava Until 8:21PM

Chaturthi* Until 7:07AM

Ganesha: Green **Sunrise:** 5:56AM

Muruqa: White **Sunset:** 5:59PM

Nataraja: Clear

Moon – White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 8:02AM

Then Creative Work - Amrita Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 168

Plava 5123

Moon 9 - Phase 22 - 4

1st Phase

Vrishabha Rasi: 7.31 Tithi 20 – 21

524415463 **Gulika** 2:57PM – 4:27PM
Yama 11:57AM – 1:27PM
Rahu 4:27PM – 5:57PM

Krittika Until 10:52AM

Vajra* Until 12:16PM

Gara Until 10:57PM

Panchami Until 9:36AM

Ganesha: Green **Sunrise:** 5:57AM

Muruqa: White **Sunset:** 5:57PM

Nataraja: Clear

Moon – White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Istanbul, Turkey

Sun 5 Sutra 169

Plava 5123

Moon 9 - Phase 22 - 5

1st Phase

Vrishabha Rasi: 19.18 Tithi 21 – 22

634415463 **Gulika** 1:26PM – 2:56PM
Yama 10:27AM – 11:56AM
Rahu 7:27AM – 8:57AM

Rohini Until 2:11PM

Siddhi Until 1:19PM

Visti Until 1:34AM Tue

Shashthi* Until 12:15PM

Ganesha: Green **Sunrise:** 5:58AM

Muruqa: White **Sunset:** 5:55PM

Nataraja: Clear

Moon – Yellow

Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Family Home Evening

D

Tuesday, September 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saplamy/Ashlamyam Titau

Istanbul, Turkey

Sun 6 Sutra 170

Plava 5123

Moon 9 - Phase 22 - 6

Ashtami

Mithuna Rasi: 1.07 Tithi 22 – 23

635415463 **Gulika** 11:56AM – 1:25PM
Yama 8:57AM – 10:27AM
Rahu 2:55PM – 4:24PM

Mrigashira Until 5:13PM

Vyatipata* Until 2:19PM

Balava Until 3:59AM Wed

Saptami Until 2:48PM

Ganesha: White **Sunrise:** 5:59AM

Muruqa: White **Sunset:** 5:54PM

Nataraja: Clear

Moon – Yellow

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 5:13PM

Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Variyan/Parigaha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 171

Plava 5123

Moon 9 - Phase 22 - 7

Navami

Mithuna Rasi: 13.01 Tithi 23 – 24

635415463 **Gulika** 10:27AM – 11:56AM
Yama 7:29AM – 8:58AM
Rahu 11:56AM – 1:25PM

Ardra Until 7:44PM

Variyan Until 3:01PM

Taitila Until 5:55AM Thu

Ashtami* Until 5:00PM

Ganesha: White **Sunrise:** 6:00AM

Muruqa: White **Sunset:** 5:52PM

Nataraja: Clear

Moon – Yellow

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

1	Thursday, September 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Parigha/Shiva Yoga Gara Karana Navamyam Titau				Istanbul, Turkey
	Mithuna Rasi: 25.07	Tithi 24	Gulika 8:58AM – 10:27AM	Punarvasu Until 10:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:01AM	Sun 8 Sutra 172
			Yama 6:01AM – 7:29AM	Parigha* Until 3:19PM	Muruqa: White	<i>Sunset:</i> 5:50PM	Plava 5123
	Creative Work	Amrita Yoga	645415463 Rahu 1:24PM – 2:53PM	Gara Until 6:38PM	Nataraja: Clear		Moon 9 - Phase 23 - 8 2nd Phase
			Navami* Until 6:38PM	Moon – Blue		Sivaloka Day	
						Bhadrapada-Puratasi	


2	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Istanbul, Turkey
	Kataka Rasi: 7.28	Tithi 25	Gulika 7:30AM – 8:58AM	Pushya Until 11:26PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	Sun 9 Sutra 173
			Yama 2:52PM – 4:20PM	Shiva Until 3:06PM	Muruqa: White	<i>Sunset:</i> 5:49PM	Plava 5123
	Routine Work	Marana Yoga	645415463 Rahu 10:27AM – 11:55AM	Vanija Until 7:13AM	Nataraja: Clear		Moon 9 - Phase 23 - 9 2nd Phase
			Dashami Until 7:33PM	Moon – Blue		Sivaloka Day	
						Bhadrapada-Puratasi	

3	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey
	Kataka Rasi: 20.1	Tithi 26	Gulika 6:03AM – 7:31AM	Ashlesha* Until 11:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Sun 10 Sutra 174
			Yama 1:23PM – 2:51PM	Siddha Until 2:14PM	Muruqa: White	<i>Sunset:</i> 5:47PM	Plava 5123
	Routine Work	Marana Yoga	645415463 Rahu 8:59AM – 10:27AM	Bava Until 7:44AM	Nataraja: Clear		Moon 9 - Phase 23 - 10 2nd Phase
			Ekadashi* Until 7:41PM	Moon – Blue		Sivaloka Day	
						Bhadrapada-Puratasi	

4	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvodashyam Titau				Istanbul, Turkey
	Simha Rasi: 3.16	Tithi 27	Gulika 2:50PM – 4:18PM	Magha* Until 11:56PM	Ganesha: Purple	<i>Sunrise:</i> 6:04AM	Sun 11 Sutra 175
			Yama 11:54AM – 1:22PM	Sadhya Until 12:45PM	Muruqa: White	<i>Sunset:</i> 5:45PM	Plava 5123
	Routine Work	Marana Yoga	655415463 Rahu 4:18PM – 5:45PM	Kaulava Until 7:28AM	Nataraja: Clear		Moon 9 - Phase 23 - 11 2nd Phase
			Dvadashi* Until 7:01PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	

5	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Simha Rasi: 16.47	Tithi 28 – 29	Gulika 1:22PM – 2:49PM	Purvaphalguni Until 11:06PM	Ganesha: Purple	<i>Sunrise:</i> 6:05AM	Sun 12 Sutra 176
	Family Home Evening		Yama 10:27AM – 11:54AM	Subha Until 10:41AM	Muruqa: White	<i>Sunset:</i> 5:44PM	Plava 5123
	Creative Work	Siddha Yoga	655415463 Rahu 7:32AM – 8:59AM	Gara Until 6:25AM	Nataraja: Clear		Moon 9 - Phase 23 - 12 2nd Phase
			Trayodashi* Until 5:38PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	
						<i>Pradosha Vrata (Fasting)</i>	

6	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey
	Kanya Rasi: 0.41	Tithi 29 – 30	Gulika 11:54AM – 1:21PM	Uttaraphalguni Until 9:34PM	Ganesha: Purple	<i>Sunrise:</i> 6:06AM	Sun 13 Sutra 177
			Yama 9:00AM – 10:27AM	Sukla Until 8:05AM	Muruqa: White	<i>Sunset:</i> 5:42PM	Plava 5123
	Creative Work	Amrita Yoga	655415463 Rahu 2:48PM – 4:15PM	Catuspada Until 2:27AM Wed	Nataraja: Clear		Moon 9 - Phase 23 - 13 2nd Phase
			Chaturdashi* Until 3:37PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	

	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey
	Retreat Star		Gulika 10:27AM – 11:54AM	Hasta Until 7:52PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:07AM	Sun 14 Sutra 178
	Kanya Rasi: 14.57	Tithi 30 – 1	Yama 7:34AM – 9:00AM	Indra Until 1:43AM Thu	Muruqa: White	<i>Sunset:</i> 5:40PM	Plava 5123
			665415463 Rahu 11:54AM – 1:20PM	Kintughna Until 11:48PM	Nataraja: Clear		Moon 9 - Phase 23 - 14 Amavasya
			Amavasya* Until 1:09PM	Moon – Green		Devaloka Day	
						Bhadrapada-Puratasi	
						Mahalaya Amavasai (Tamil Nadu)	

7	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey
	Retreat Star		Gulika 9:01AM – 10:27AM	Chitra Until 5:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:08AM	Sun 15 Sutra 179
	Kanya Rasi: 29.29	Tithi 1 – 2	Yama 6:08AM – 7:34AM	Vaidhriti* Until 10:10PM	Muruqa: White	<i>Sunset:</i> 5:39PM	Plava 5123
			665415463 Rahu 1:20PM – 2:46PM	Balava Until 8:53PM	Nataraja: Clear		Moon 9 - Phase 23 - 15 Prathama
			Prathama* Until 10:20AM	Moon – Green		Devaloka Day	
						Ashvina-Puratasi	
						Navaratri Begins	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1 times are standard time. Calculated for Istanbul, Turkey on 5/23/

www.gurudeva.org/panchang

1		Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau		Istanbul, Turkey	
Tula Rasi: 14.1	Tithi 2 - 3	Gulika 7:35AM - 9:01AM	Svati Until 3:22PM	Ganesha: Orange	<i>Sunrise:</i> 6:09AM	Sun 16	Sutra 180
		Yama 2:45PM - 4:11PM	Vishkamba* Until 6:33PM	Muruqa: White	<i>Sunset:</i> 5:37PM		Plava 5123
666415464		Rahu 10:27AM - 11:53AM	Gara Until 4:20AM Sat	Nataraja: Purple		Moon 9 - Phase 24 - 16	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:21AM	Moon - Green		Subha Sivaloka Day	
				Ashvina+Puratasi			

2		Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturtham Titau		Istanbul, Turkey	
Tula Rasi: 28.53	Tithi 4	Gulika 6:10AM - 7:36AM	Vishakha Until 1:16PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Sun 17	Sutra 181
		Yama 1:18PM - 2:44PM	Priti Until 2:58PM	Muruqa: White	<i>Sunset:</i> 5:35PM		Plava 5123
676415464		Rahu 9:01AM - 10:27AM	Vanija Until 2:52PM	Nataraja: Purple		Moon 9 - Phase 24 - 17	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:24AM Sun	Moon - Orange		Subha Sivaloka Day	
				Ashvina+Puratasi			

3		Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Istanbul, Turkey	
Vrischika Rasi: 13.31	Tithi 5	Gulika 2:43PM - 4:08PM	Anuradha Until 11:11AM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	Sun 18	Sutra 182
		Yama 11:52AM - 1:18PM	Ayushman Until 11:29AM	Muruqa: White	<i>Sunset:</i> 5:34PM		Plava 5123
676415464		Rahu 4:08PM - 5:34PM	Bava Until 12:02PM	Nataraja: Purple		Moon 9 - Phase 24 - 18	3rd Phase
Routine Work	Marana Yoga		Panchami Until 10:41PM	Moon - Orange		Subha Sivaloka Day	
				Ashvina+Puratasi			

4		Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau		Istanbul, Turkey	
Vrischika Rasi: 27.59	Tithi 6	Gulika 1:17PM - 2:42PM	Jyeshtha* Until 9:12AM	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	Sun 19	Sutra 183
Family Home Evening		Yama 10:27AM - 11:52AM	Saubhagya Until 8:13AM	Muruqa: White	<i>Sunset:</i> 5:32PM		Plava 5123
676515464		Rahu 7:37AM - 9:02AM	Kaulava Until 9:27AM	Nataraja: Purple		Moon 9 - Phase 24 - 19	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:16PM	Moon - Orange		Sivaloka Day	
				Ashvina+Puratasi			

5		Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau		Istanbul, Turkey	
Dhanus Rasi: 12.14	Tithi 7	Gulika 11:52AM - 1:17PM	Mula* Until 7:50AM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Sun 20	Sutra 184
		Yama 9:03AM - 10:27AM	Athiganda* Until 2:33AM Wed	Muruqa: White	<i>Sunset:</i> 5:31PM		Plava 5123
686515464		Rahu 2:41PM - 4:06PM	Gara Until 7:12AM	Nataraja: Purple		Moon 9 - Phase 24 - 20	3rd Phase
Creative Work	Amrita Yoga		Saptami Until 6:12PM	Moon - Light Blue		Subha Sivaloka Day	
Until 7:50AM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Istanbul, Turkey	
Dhanus Rasi: 26.14	Tithi 8 - 9	Gulika 10:27AM - 11:52AM	Purvashadha* Until 6:43AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Sun 21	Sutra 185
		Yama 7:39AM - 9:03AM	Sukarma Until 12:12AM Thu	Muruqa: White	<i>Sunset:</i> 5:29PM		Plava 5123
686515464		Rahu 11:52AM - 1:16PM	Balava Until 3:54AM Thu	Nataraja: Purple		Moon 9 - Phase 24 - 21	Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 4:33PM	Moon - Light Blue		Subha Sivaloka Day	
				Ashvina+Puratasi			
		Durga Ashtami					

Retreat Star		Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Istanbul, Turkey	
Makara Rasi: 9.59	Tithi 9 - 10	Gulika 9:03AM - 10:27AM	Shravana Until 5:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Sun 22	Sutra 186
		Yama 6:15AM - 7:39AM	Dhriti Until 10:12PM	Muruqa: White	<i>Sunset:</i> 5:27PM		Plava 5123
686515464		Rahu 1:15PM - 2:39PM	Taitila Until 2:53AM Fri	Nataraja: Purple		Moon 9 - Phase 24 - 22	Navami
Creative Work	Siddha Yoga		Navami* Until 3:20PM	Moon - Light Blue		Subha Sivaloka Day	
				Ashvina+Puratasi			
		Saraswathi Puja (Tamil Nadu)					



Friday, October 22, 2021
Gold Retreat Star

Mesha Rasi: 21.58 Tithi 17
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:46AM – 9:07AM
Yama 2:33PM – 3:54PM
Rahu 10:29AM – 11:50AM

Bharani Until 3:25PM
Siddhi Until 6:07PM
Taitila Until 7:52AM
Dvitiya Until 9:01PM

Istanbul, Turkey
Sun 1 Sutra 194
Plava 5123
Moon 10 - Phase 26 - 1
1st Phase

Ganesha: Clear *Sunrise:* 6:24AM
Muruqa: White *Sunset:* 5:15PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina-Aipasi

1

Saturday, October 23, 2021

Vrishabha Rasi: 3.53 Tithi 18
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:25AM – 7:47AM
Yama 1:11PM – 2:32PM
Rahu 9:08AM – 10:29AM

Krittika Until 6:13PM
Vyatipata* Until 7:02PM
Vanija Until 10:17AM
Tritiya Until 11:34PM

Istanbul, Turkey
Sun 2 Sutra 195
Plava 5123
Moon 10 - Phase 26 - 2
1st Phase

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: White *Sunset:* 5:14PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina-Aipasi

2

Sunday, October 24, 2021

Vrishabha Rasi: 15.42 Tithi 19
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:31PM – 3:52PM
Yama 11:50AM – 1:10PM
Rahu 3:52PM – 5:13PM

Rohini Until 9:32PM
Variyan Until 8:03PM
Bava Until 12:56PM
Chaturthi* Until 2:16AM Mon

Istanbul, Turkey
Sun 3 Sutra 196
Plava 5123
Moon 10 - Phase 26 - 3
1st Phase

Ganesha: Purple *Sunrise:* 6:27AM
Muruqa: White *Sunset:* 5:13PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina-Aipasi

3

Monday, October 25, 2021

Vrishabha Rasi: 27.28 Tithi 20
Family Home Evening
Creative Work Amrita Yoga
Until 12:41AM Tue
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:10PM – 2:30PM
Yama 10:29AM – 11:50AM
Rahu 7:48AM – 9:09AM

Mrigashira Until 12:41AM Tue
Parigha* Until 9:05PM
Kaulava Until 3:39PM
Panchami Until 4:57AM Tue

Istanbul, Turkey
Sun 4 Sutra 197
Plava 5123
Moon 10 - Phase 26 - 4
1st Phase

Ganesha: Purple *Sunrise:* 6:28AM
Muruqa: White *Sunset:* 5:11PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina-Aipasi

4

Tuesday, October 26, 2021

Mithuna Rasi: 9.16 Tithi 21
Routine Work Marana Yoga
Until 3:28AM Wed
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Gara Karana Shashthyam Titau

Gulika 11:49AM – 1:10PM
Yama 9:09AM – 10:29AM
Rahu 2:30PM – 3:50PM

Ardra Until 3:28AM Wed
Shiva Until 10:01PM
Gara Until 6:13PM
Shashthi* Until 7:22AM Wed

Istanbul, Turkey
Sun 5 Sutra 198
Plava 5123
Moon 10 - Phase 26 - 5
1st Phase

Ganesha: Purple *Sunrise:* 6:29AM
Muruqa: White *Sunset:* 5:10PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina-Aipasi

5

Wednesday, October 27, 2021

Mithuna Rasi: 21.1 Tithi 21 – 22
Creative Work Siddha Yoga
Until 6:11AM Thu
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:29AM – 11:49AM
Yama 7:50AM – 9:10AM
Rahu 11:49AM – 1:09PM

Punarvasu Until 6:11AM Thu
Siddha Until 10:37PM
Visti Until 8:27PM
Shashthi* Until 7:22AM

Istanbul, Turkey
Sun 6 Sutra 199
Plava 5123
Moon 10 - Phase 26 - 6
1st Phase

Ganesha: Clear *Sunrise:* 6:30AM
Muruqa: White *Sunset:* 5:09PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina-Aipasi



Thursday, October 28, 2021
Retreat Star

Kataka Rasi: 3.14 Tithi 22 – 23
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Gulika 9:10AM – 10:30AM
Yama 6:31AM – 7:51AM
Rahu 1:09PM – 2:28PM

Punarvasu Until 6:11AM
Sadhya Until 10:48PM
Balava Until 10:07PM
Saptami Until 9:21AM

Istanbul, Turkey
Sun 7 Sutra 200
Plava 5123
Moon 10 - Phase 26 - 7
Ashtami

Ganesha: White *Sunrise:* 6:31AM
Muruqa: Clear *Sunset:* 5:07PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina-Aipasi

Friday, October 29, 2021

Retreat Star

Kataka Rasi: 15.33 Tithi 23 – 24
Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:52AM – 9:11AM
Yama 2:28PM – 3:47PM
Rahu 10:30AM – 11:49AM

Pushya Until 8:08AM
Subha Until 10:27PM
Taitila Until 11:05PM
Ashtami* Until 10:41AM

Istanbul, Turkey
Sun 8 Sutra 201
Plava 5123
Moon 10 - Phase 26 - 8
Navami

Ganesha: White *Sunrise:* 6:32AM
Muruqa: Clear *Sunset:* 5:06PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina-Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1		Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Istanbul, Turkey Sun 9 Sutra 202	
Kataka Rasi: 28.11	Tithi 24 – 25	Gulika 6:34AM – 7:52AM	Ashlesha* Until 9:12AM	Ganesha: White	<i>Sunrise:</i> 6:34AM		
		Yama 1:08PM – 2:27PM	Sukla Until 9:28PM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 27 - 9	
	649525464	Rahu 9:11AM – 10:30AM	Vanija Until 11:14PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Navami* Until 11:15AM	Moon – Blue		Subha Sivaloka Day	
Until 9:12AM				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga							

2		Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vistii*/Bava Karana Dashami/Ekodashyam Titau		Istanbul, Turkey Sun 10 Sutra 203	
Simha Rasi: 11.14	Tithi 25 – 26	Gulika 2:26PM – 3:45PM	Magha* Until 9:46AM	Ganesha: Yellow	<i>Sunrise:</i> 6:35AM		Plava 5123
		Yama 11:49AM – 1:08PM	Brahma Until 7:49PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 27 - 10	
	659525464	Rahu 3:45PM – 5:03PM	Bava Until 10:33PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dashami Until 10:59AM	Moon – Red		Sivaloka Day	
Until 9:46AM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

3		Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Istanbul, Turkey Sun 11 Sutra 204	
Simha Rasi: 24.43	Tithi 26 – 27	Gulika 1:07PM – 2:26PM	Purvaphalguni Until 9:23AM	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM		Plava 5123
Family Home Evening		Yama 10:31AM – 11:49AM	Indra Until 5:34PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 27 - 11	
	659525464	Rahu 7:54AM – 9:12AM	Kaulava Until 9:05PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 9:54AM	Moon – Red		Sivaloka Day	
				Ashvina•Aipasi			

4		Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Istanbul, Turkey Sun 12 Sutra 205	
Kanya Rasi: 8.4	Tithi 27 – 28	Gulika 11:49AM – 1:07PM	Uttaraphalguni Until 8:07AM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM		Plava 5123
		Yama 9:13AM – 10:31AM	Vaidhriti* Until 2:43PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 27 - 12	
	659525464	Rahu 2:25PM – 3:43PM	Gara Until 6:55PM	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 8:03AM	Moon – Red		Sivaloka Day	
Until 8:07AM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

5		Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Istanbul, Turkey Sun 13 Sutra 206	
Kanya Rasi: 23.01	Tithi 29	Gulika 10:31AM – 11:49AM	Hasta Until 6:30AM	Ganesha: Red	<i>Sunrise:</i> 6:38AM		Plava 5123
		Yama 7:56AM – 9:14AM	Vishkambha* Until 11:23AM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 10 - Phase 27 - 13	
	669525464	Rahu 11:49AM – 1:07PM	Visti Until 4:11PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 2:37AM Thu	Moon – Green		Sivaloka Day	
Until 6:30AM		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day					

Retreat Star		Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Istanbul, Turkey Sun 14 Sutra 207	
Tula Rasi: 7.44	Tithi 30	Gulika 9:14AM – 10:32AM	Svati Until 1:32AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:39AM		Plava 5123
		Yama 6:39AM – 7:57AM	Priti Until 7:42AM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 10 - Phase 27 - 14	
	669525464	Rahu 1:06PM – 2:24PM	Catuspada Until 1:01PM	Nataraja: Purple			Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 11:19PM	Moon – Green		Sivaloka Day	
Until 1:32AM Fri				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, November 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Istanbul, Turkey Sun 15 Sutra 208	
Tula Rasi: 22.42	Tithi 1	Gulika 7:58AM – 9:15AM	Vishakha Until 10:56PM	Ganesha: Blue	<i>Sunrise:</i> 6:41AM		Plava 5123
		Yama 2:23PM – 3:40PM	Saubhagya Until 11:39PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 10 - Phase 27 - 15	
	671625464	Rahu 10:32AM – 11:49AM	Kintughna Until 9:36AM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:49PM	Moon – Orange		Devaloka Day	
		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey
	Wrischika Rasi: 7.46	Tithi 2 - 3	Gulika 6:42AM - 7:59AM	Anuradha Until 8:11PM	Ganesha: Blue	<i>Sunrise:</i> 6:42AM	Sun 16 Sutra 209
			Yama 1:06PM - 2:23PM	Sobhana Until 7:36PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Plava 5123
	781625464	Rahu 9:15AM - 10:32AM	Balava Until 6:04AM	Dvitiya Until 4:18PM	Nataraja: Purple		Moon 10 - Phase 28 - 16
Creative Work	Siddha Yoga			Moon - Orange		3rd Phase	
				Kartika-Aipasi		Devaloka Day	

2	Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Istanbul, Turkey
	Wrischika Rasi: 22.47	Tithi 3 - 4	Gulika 2:22PM - 3:39PM	Jyeshtha* Until 5:27PM	Ganesha: Blue	<i>Sunrise:</i> 6:43AM	Sun 17 Sutra 210
			Yama 11:49AM - 1:06PM	Athiganda* Until 3:38PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Plava 5123
	781625464	Rahu 3:39PM - 4:55PM	Vanija Until 11:19PM	Tritiya Until 12:55PM	Nataraja: Purple		Moon 10 - Phase 28 - 17
Routine Work	Marana Yoga			Moon - Orange		3rd Phase	
Until 5:27PM				Kartika-Aipasi		Devaloka Day	
Then Creative Work - Amrita Yoga							

3	Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey
	Dhanus Rasi: 7.38	Tithi 4 - 5	Gulika 1:05PM - 2:22PM	Mula* Until 3:18PM	Ganesha: Blue	<i>Sunrise:</i> 6:44AM	Sun 18 Sutra 211
	Family Home Evening		Yama 10:33AM - 11:49AM	Sukarma Until 11:55AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Plava 5123
	781625464	Rahu 8:00AM - 9:17AM	Bava Until 8:23PM	Chaturthi* Until 9:47AM	Nataraja: Purple		Moon 10 - Phase 28 - 18
Creative Work	Siddha Yoga			Moon - Light Blue		3rd Phase	
Until 3:18PM				Kartika-Aipasi		Devaloka Day	
Then Routine Work - Marana Yoga							

4	Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau				Istanbul, Turkey
	Dhanus Rasi: 22.13	Tithi 5 - 6	Gulika 11:49AM - 1:05PM	Purvashadha* Until 1:26PM	Ganesha: Blue	<i>Sunrise:</i> 6:45AM	Sun 19 Sutra 212
			Yama 9:17AM - 10:33AM	Dhriti Until 8:33AM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Plava 5123
	781625464	Rahu 2:21PM - 3:37PM	Taitila Until 4:52AM Wed	Panchami Until 7:04AM	Nataraja: Purple		Moon 10 - Phase 28 - 19
Creative Work	Siddha Yoga			Moon - Light Blue		3rd Phase	
Until 1:26PM		Skanda Shasthi		Kartika-Aipasi		Devaloka Day	
Then Routine Work - Prabalarishta Yoga							

5	Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Saplamyam Titau				Istanbul, Turkey
	Makara Rasi: 6.26	Tithi 7	Gulika 10:34AM - 11:49AM	Uttarashadha Until 11:58AM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM	Sun 20 Sutra 213
			Yama 8:02AM - 9:18AM	Ganda* Until 3:06AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Plava 5123
	781625464	Rahu 11:49AM - 1:05PM	Gara Until 4:00PM	Saptami Until 3:15AM Thu	Nataraja: Purple		Moon 10 - Phase 28 - 20
Creative Work	Amrita Yoga			Moon - Light Blue		3rd Phase	
Until 11:58AM				Kartika-Aipasi		Devaloka Day	
Then Creative Work - Siddha Yoga							

☾	Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey
	Retreat Star		Gulika 9:19AM - 10:34AM	Shravana Until 11:23AM	Ganesha: Yellow	<i>Sunrise:</i> 6:48AM	Sun 21 Sutra 214
	Makara Rasi: 20.16	Tithi 8	Yama 6:48AM - 8:03AM	Vriddhi Until 1:09AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Plava 5123
	791625464	Rahu 1:05PM - 2:20PM	Visti Until 2:42PM	Ashtami* Until 2:17AM Fri	Nataraja: Purple		Moon 10 - Phase 28 - 21
Creative Work	Siddha Yoga			Moon - Purple		Ashtami	
				Kartika-Aipasi		Sivaloka Day	

☽	Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey
	Retreat Star		Gulika 8:04AM - 9:19AM	Dhanishtha Until 11:18AM	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM	Sun 22 Sutra 215
	Kumbha Rasi: 3.44	Tithi 9	Yama 2:20PM - 3:35PM	Dhruva Until 11:40PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Plava 5123
	791625464	Rahu 10:34AM - 11:50AM	Balava Until 2:04PM	Navami* Until 1:58AM Sat	Nataraja: Purple		Moon 10 - Phase 28 - 22
Creative Work	Siddha Yoga			Moon - Purple		Navami	
				Kartika-Aipasi		Sivaloka Day	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Saturday, November 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau		Istanbul, Turkey Sun 23 Sutra 216 Plava 5123	
Kumbha Rasi: 16.5	Tithi 10	Gulika 6:50AM – 8:05AM	Yama 1:05PM – 2:19PM	Rahu 9:20AM – 10:35AM	Shatabhishak Until 11:41AM	Ganesha: Yellow	Sunrise: 6:50AM
Creative Work	Amrita Yoga				Vyaghata* Until 10:42PM	Muruqa: Clear	Sunset: 4:49PM
Until 11:41AM					Taitila Until 2:04PM	Nataraja: Purple	Moon 10 - Phase 29 - 23
Then Routine Work - Marana Yoga					Dashami Until 2:16AM Sun	Moon - Purple	4th Phase
						Karttika-Aipasi	Sivaloka Day
2		Sunday, November 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau		Istanbul, Turkey Sun 24 Sutra 217 Plava 5123	
Kumbha Rasi: 29.39	Tithi 11	Gulika 2:19PM – 3:34PM	Yama 11:50AM – 1:04PM	Rahu 3:34PM – 4:48PM	Purvaproshtapada* Until 12:58PM	Ganesha: Clear	Sunrise: 6:51AM
Creative Work	Siddha Yoga				Harshana Until 10:11PM	Muruqa: Clear	Sunset: 4:48PM
Until 12:58PM					Vanija Until 2:40PM	Nataraja: Purple	Moon 10 - Phase 29 - 24
Then Creative Work - Amrita Yoga					Ekadashi Until 3:09AM Mon	Moon - Clear	4th Phase
						Karttika-Aipasi	Sivaloka Day
3		Monday, November 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Istanbul, Turkey Sun 25 Sutra 218 Plava 5123	
Meena Rasi: 12.12	Tithi 12	Gulika 1:04PM – 2:19PM	Yama 10:36AM – 11:50AM	Rahu 8:07AM – 9:21AM	Uttaraproshtapada Until 2:37PM	Ganesha: White	Sunrise: 6:53AM
Family Home Evening					Vajra* Until 10:02PM	Muruqa: Clear	Sunset: 4:47PM
Creative Work	Siddha Yoga				Bava Until 3:48PM	Nataraja: Purple	Moon 10 - Phase 29 - 25
					Dvadashi Until 4:32AM Tue	Moon - Clear	4th Phase
						Karttika-Aipasi	Subha Sivaloka Day
4		Tuesday, November 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Istanbul, Turkey Sun 26 Sutra 219 Plava 5123	
Meena Rasi: 24.32	Tithi 13	Gulika 11:50AM – 1:04PM	Yama 9:22AM – 10:36AM	Rahu 2:18PM – 3:32PM	Revati Until 4:33PM	Ganesha: White	Sunrise: 6:54AM
Creative Work	Siddha Yoga				Siddhi Until 10:14PM	Muruqa: Clear	Sunset: 4:47PM
					Kaulava Until 5:24PM	Nataraja: Purple	Moon 10 - Phase 29 - 26
					Trayodashi Until 6:21AM Wed	Moon - Clear	4th Phase
						Karttika-Kartikai	Subha Sivaloka Day
							<i>Pradosha Vrata</i>
5		Wednesday, November 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Istanbul, Turkey Sun 27 Sutra 220 Plava 5123	
Mesha Rasi: 6.42	Tithi 13 – 14	Gulika 10:37AM – 11:50AM	Yama 8:09AM – 9:23AM	Rahu 11:50AM – 1:04PM	Ashvini Until 7:12PM	Ganesha: Clear	Sunrise: 6:55AM
Routine Work	Marana Yoga				Vyatipata* Until 10:44PM	Muruqa: Clear	Sunset: 4:46PM
Until 7:12PM					Gara Until 7:25PM	Nataraja: Clear	Moon 10 - Phase 29 - 27
Then Creative Work - Siddha Yoga					Trayodashi Until 6:21AM	Moon - White	4th Phase
						Karttika-Kartikai	Devaloka Day
○		Thursday, November 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Istanbul, Turkey Sutra 221 Plava 5123	
Mesha Rasi: 18.43	Tithi 14 – 15	Gulika 9:23AM – 10:37AM	Yama 6:56AM – 8:10AM	Rahu 1:04PM – 2:18PM	Bharani Until 9:59PM	Ganesha: Clear	Sunrise: 6:56AM
Creative Work	Siddha Yoga				Variyan Until 11:27PM	Muruqa: Clear	Sunset: 4:45PM
Until 9:59PM					Visti Until 9:45PM	Nataraja: Clear	Moon 10 - Phase 29 - Purnima
Then Routine Work - Marana Yoga					Chaturdashi* Until 8:31AM	Moon - White	
						Karttika-Kartikai	Devaloka Day
○		Friday, November 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Istanbul, Turkey Sutra 222 Plava 5123	
Vrishabha Rasi: 0.37	Tithi 15 – 16	Gulika 8:11AM – 9:24AM	Yama 2:18PM – 3:31PM	Rahu 10:37AM – 11:51AM	Krittika Until 12:49AM Sat	Ganesha: Clear	Sunrise: 6:57AM
Creative Work	Siddha Yoga				Parigha* Until 12:20AM Sat	Muruqa: Clear	Sunset: 4:44PM
Until 12:49AM Sat					Balava Until 12:18AM Sat	Nataraja: Clear	Moon 10 - Phase 29 - Prathama
Then Creative Work - Amrita Yoga					Purnima* Until 10:59AM	Moon - White	
						Karttika-Kartikai	Devaloka Day
					Krittika Deepam		
					Vinayaga Viratam Begins		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey

Sutra 223

Plava 5123

Vrishabha Rasi: 12.28 Tithi 16 - 17

732625465

Gulika 6:58AM - 8:12AM
Yama 1:04PM - 2:17PM
Rahu 9:25AM - 10:38AM

Rohini Until 4:07AM Sun
Shiva Until 1:20AM Sun
Taitila Until 3:00AM Sun
Prathama* Until 1:37PM

Ganesha: Purple *Sunrise:* 6:58AM
Muruqa: Clear *Sunset:* 4:44PM
Nataraja: Clear
Moon - Yellow

Moon 11 - Phase 30 - 1st Phase

Sivaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 4:07AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 224

Plava 5123

Vrishabha Rasi: 24.15 Tithi 17 - 18

732625465

Gulika 2:17PM - 3:30PM
Yama 11:51AM - 1:04PM
Rahu 3:30PM - 4:43PM

Mrigashira Until 7:14AM Mon
Siddha Until 2:19AM Mon
Vanija Until 5:42AM Mon
Dvitiya Until 4:20PM

Ganesha: Purple *Sunrise:* 7:00AM
Muruqa: Clear *Sunset:* 4:43PM
Nataraja: Clear
Moon - Yellow

Moon 11 - Phase 30 - 1st Phase

Sivaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 2 Sutra 225

Plava 5123

Mithuna Rasi: 6.03 Tithi 18

732625465

Gulika 1:04PM - 2:17PM
Yama 10:39AM - 11:52AM
Rahu 8:13AM - 9:26AM

Mrigashira Until 7:14AM
Sadhya Until 3:14AM Tue
Visti Until 7:00PM
Tritiya Until 7:00PM

Ganesha: Purple *Sunrise:* 7:01AM
Muruqa: Clear *Sunset:* 4:42PM
Nataraja: Clear
Moon - Yellow

Moon 11 - Phase 30 - 2 1st Phase

Sivaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 7:14AM

Then Creative Work - Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthiyam Titau

Istanbul, Turkey

Sun 3 Sutra 226

Plava 5123

Mithuna Rasi: 17.53 Tithi 19

732625465

Gulika 11:52AM - 1:04PM
Yama 9:27AM - 10:39AM
Rahu 2:17PM - 3:29PM

Ardra Until 10:04AM
Subha Until 3:59AM Wed
Bava Until 8:17AM
Chaturthi* Until 9:28PM

Ganesha: Purple *Sunrise:* 7:02AM
Muruqa: Clear *Sunset:* 4:42PM
Nataraja: Clear
Moon - Yellow

Moon 11 - Phase 30 - 3 1st Phase

Sivaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 10:04AM

Then Creative Work - Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 4 Sutra 227

Plava 5123

Mithuna Rasi: 29.49 Tithi 20

742625465

Gulika 10:40AM - 11:52AM
Yama 8:15AM - 9:28AM
Rahu 11:52AM - 1:04PM

Punarvasu Until 12:59PM
Sukla Until 4:26AM Thu
Kaulava Until 10:36AM
Panchami Until 11:36PM

Ganesha: Clear *Sunrise:* 7:03AM
Muruqa: Clear *Sunset:* 4:41PM
Nataraja: Clear
Moon - Blue

Moon 11 - Phase 30 - 4 1st Phase

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Gara/Vanija Karana Shashthiyam Titau

Istanbul, Turkey

Sun 5 Sutra 228

Plava 5123

Kataka Rasi: 11.55 Tithi 21

742625465

Gulika 9:28AM - 10:40AM
Yama 7:04AM - 8:16AM
Rahu 1:04PM - 2:17PM

Pushya Until 3:19PM
Brahma Until 4:30AM Fri
Gara Until 12:31PM
Shashthi* Until 1:15AM Fri

Ganesha: Clear *Sunrise:* 7:04AM
Muruqa: Clear *Sunset:* 4:41PM
Nataraja: Clear
Moon - Blue

Moon 11 - Phase 30 - 5 1st Phase

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 3:19PM

Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Istanbul, Turkey

Sun 6 Sutra 229

Plava 5123

Kataka Rasi: 24.12 Tithi 22

742625465

Gulika 8:17AM - 9:29AM
Yama 2:16PM - 3:28PM
Rahu 10:41AM - 11:53AM

Ashlesha* Until 4:57PM
Indra Until 4:07AM Sat
Visti Until 1:52PM
Saptami Until 2:16AM Sat

Ganesha: Clear *Sunrise:* 7:05AM
Muruqa: Clear *Sunset:* 4:40PM
Nataraja: Clear
Moon - Blue

Moon 11 - Phase 30 - 6 1st Phase

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

●

Saturday, November 27, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Sun 7 Sutra 230

Plava 5123

Simha Rasi: 6.47 Tithi 23

752625465

Gulika 7:06AM - 8:18AM
Yama 1:05PM - 2:16PM
Rahu 9:30AM - 10:41AM

Magha* Until 6:14PM
Vaidhriti* Until 3:07AM Sun
Balava Until 2:32PM
Ashtami* Until 2:34AM Sun

Ganesha: White *Sunrise:* 7:06AM
Muruqa: Clear *Sunset:* 4:40PM
Nataraja: Clear
Moon - Red

Moon 11 - Phase 30 - 7 Ashtami

Sivaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 6:14PM

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey

Sun 8 Sutra 231

Plava 5123

Simha Rasi: 19.42 Tithi 24

753625465

Gulika 2:16PM - 3:28PM
Yama 11:53AM - 1:05PM
Rahu 3:28PM - 4:39PM

Purvaphalguni Until 6:37PM
Vishkambha* Until 1:32AM Mon
Taitila Until 2:26PM
Navami* Until 2:04AM Mon

Ganesha: Clear *Sunrise:* 7:07AM
Muruqa: Clear *Sunset:* 4:39PM
Nataraja: Clear
Moon - Red

Moon 11 - Phase 30 - 8 Navami

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 6:37PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1 times are standard time. Calculated for Istanbul, Turkey on 5/23/


www.gurudeva.org/panchang


1	Monday, November 29, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Vanija/Visli* Karana Dashamyam Titau				Istanbul, Turkey
	Kanya Rasi: 3.02	Tithi 25	Gulika 1:05PM – 2:16PM	Uttaraphalguni Until 6:04PM	Ganesha: Clear	<i>Sunrise:</i> 7:09AM	Sun 9 Sutra 232
	Family Home Evening	753625465	Yama 10:42AM – 11:54AM	Priti Until 11:20PM	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 31 - 9
	Creative Work Siddha Yoga		Rahu 8:20AM – 9:31AM	Vanija Until 1:32PM	Nataraja: Clear		2nd Phase
			Dashami Until 12:47AM Tue	Karttika-Karttikai	Devaloka Day		

2	Tuesday, November 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Istanbul, Turkey
	Kanya Rasi: 16.49	Tithi 26	Gulika 11:54AM – 1:05PM	Hasta Until 5:04PM	Ganesha: Yellow	<i>Sunrise:</i> 7:10AM	Sun 10 Sutra 233
		763725465	Yama 9:32AM – 10:43AM	Ayushman Until 8:32PM	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 31 - 10
	Creative Work Siddha Yoga		Rahu 2:16PM – 3:27PM	Bava Until 11:53AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 10:46PM	Karttika-Karttikai	Devaloka Day		

3	Wednesday, December 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Istanbul, Turkey
	Tula Rasi: 1.02	Tithi 27	Gulika 10:43AM – 11:54AM	Chitra Until 3:17PM	Ganesha: Yellow	<i>Sunrise:</i> 7:11AM	Sun 11 Sutra 234
		763725465	Yama 8:22AM – 9:33AM	Saubhagya Until 5:12PM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 31 - 11
	Creative Work Siddha Yoga		Rahu 11:54AM – 1:05PM	Kaulava Until 9:32AM	Nataraja: Clear		2nd Phase
			Dvadashti* Until 8:07PM	Karttika-Karttikai	Devaloka Day		

4	Thursday, December 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Tula Rasi: 15.41	Tithi 28 – 29	Gulika 9:33AM – 10:44AM	Svati Until 12:49PM	Ganesha: Yellow	<i>Sunrise:</i> 7:12AM	Sun 12 Sutra 235
		763725465	Yama 7:12AM – 8:22AM	Sobhana Until 1:28PM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 31 - 12
	Creative Work Amrita Yoga		Rahu 1:06PM – 2:16PM	Gara Until 6:36AM	Nataraja: Clear		2nd Phase
Until 12:49PM			Trayodashi* Until 4:58PM	Karttika-Karttikai	Devaloka Day		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

	Friday, December 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Istanbul, Turkey
	Retreat Star		Gulika 8:23AM – 9:34AM	Vishakha Until 10:14AM	Ganesha: Red	<i>Sunrise:</i> 7:13AM	Sun 13 Sutra 236
	Vrischika Rasi: 0.4	Tithi 29 – 30	Yama 2:16PM – 3:27PM	Athiganda* Until 9:24AM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 31 - 13
		773725465	Rahu 10:45AM – 11:55AM	Catuspada Until 11:38PM	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga			Chaturdashi* Until 1:27PM	Karttika-Karttikai	Devaloka Day		

	Saturday, December 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey
	Retreat Star		Gulika 7:14AM – 8:24AM	Anuradha Until 7:17AM	Ganesha: Red	<i>Sunrise:</i> 7:14AM	Sun 14 Sutra 237
	Vrischika Rasi: 15.5	Tithi 30 – 1	Yama 1:06PM – 2:17PM	Dhriti Until 12:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 31 - 14
		773725465	Rahu 9:35AM – 10:45AM	Kintughna Until 7:53PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Amavasya* Until 9:44AM	Margasira-Karttikai	Devaloka Day		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey
	Dhanus Rasi: 1.04	Tithi 1 – 2	783725465	Gulika 2:17PM – 3:27PM Yama 11:56AM – 1:06PM Rahu 3:27PM – 4:37PM	Mula* Until 1:25AM Mon Shula* Until 8:37PM Kaulava Until 2:24AM Mon Prathama* Until 6:00AM	Ganesha: Yellow Muruqa: Clear Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sun 15 Sutra 238 Plava 5123 Moon 11 - Phase 32 - 15 3rd Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until 1:25AM Mon						
Then Routine Work - Marana Yoga							

2	Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda* Vriddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Istanbul, Turkey
	Dhanus Rasi: 16.11	Tithi 3	783725465	Gulika 1:07PM – 2:17PM Yama 10:46AM – 11:56AM Rahu 8:26AM – 9:36AM	Purvashadha* Until 10:50PM Ganda* Until 4:35PM Taitila Until 12:42PM Tritiya Until 11:05PM	Ganesha: Yellow Muruqa: Clear Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sun 16 Sutra 239 Plava 5123 Moon 11 - Phase 32 - 16 3rd Phase Devaloka Day
	Family Home Evening	Marana Yoga					
	Routine Work						

3	Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Chaturthayam Titau				Istanbul, Turkey
	Makara Rasi: 1.04	Tithi 4	783725465	Gulika 11:57AM – 1:07PM Yama 9:37AM – 10:47AM Rahu 2:17PM – 3:27PM	Uttarashadha Until 8:33PM Vriddhi Until 12:54PM Vanija Until 9:36AM Chaturthi* Until 8:13PM	Ganesha: Yellow Muruqa: Clear Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sun 17 Sutra 240 Plava 5123 Moon 11 - Phase 32 - 17 3rd Phase Devaloka Day
	Routine Work	Prabalarishta Yoga					
	Until 8:33PM						
Then Creative Work - Siddha Yoga							

4	Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau				Istanbul, Turkey
	Makara Rasi: 15.34	Tithi 5 – 6	793725465	Gulika 10:47AM – 11:57AM Yama 8:27AM – 9:37AM Rahu 11:57AM – 1:07PM	Shravana Until 7:09PM Dhruva Until 9:37AM Bava Until 7:01AM Panchami Until 5:56PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Margasira-Karttikai	Sun 18 Sutra 241 Plava 5123 Moon 11 - Phase 32 - 18 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 7:09PM						
Then Routine Work - Prabalarishta Yoga							

5	Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Istanbul, Turkey
	Makara Rasi: 29.38	Tithi 6 – 7	793725465	Gulika 9:38AM – 10:48AM Yama 7:18AM – 8:28AM Rahu 1:08PM – 2:18PM	Dhanishtha Until 6:18PM Vyaghata* Until 6:54AM Gara Until 3:55AM Fri Shashthi* Until 4:23PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Margasira-Karttikai	Sun 19 Sutra 242 Plava 5123 Moon 11 - Phase 32 - 19 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 6:57PM						
Then Routine Work - Siddha Yoga							

Vinayaga Viratam Ends

6	Friday, December 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Istanbul, Turkey
	Kumbha Rasi: 13.14	Tithi 7 – 8	793725465	Gulika 8:29AM – 9:39AM Yama 2:18PM – 3:28PM Rahu 10:48AM – 11:58AM	Shatabhishak Until 6:05PM Vajra* Until 3:19AM Sat Visti Until 3:33AM Sat Saptami Until 3:37PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Margasira-Karttikai	Sun 20 Sutra 243 Plava 5123 Moon 11 - Phase 32 - 20 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 6:57PM						
Then Routine Work - Siddha Yoga							

D	Saturday, December 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manla Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Istanbul, Turkey
	Retreat Star		713725465	Gulika 7:20AM – 8:30AM Yama 1:08PM – 2:18PM Rahu 9:39AM – 10:49AM	Purvaproshtapada* Until 6:57PM Siddhi Until 2:28AM Sun Balava Until 4:01AM Sun Ashtami* Until 3:40PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Clear Margasira-Karttikai	Sun 21 Sutra 244 Plava 5123 Moon 11 - Phase 32 - 21 Ashtami Sivaloka Day
	Routine Work	Marana Yoga					
	Until 6:57PM						
Then Creative Work - Siddha Yoga							

D	Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey
	Retreat Star		713725465	Gulika 2:18PM – 3:28PM Yama 11:59AM – 1:09PM Rahu 3:28PM – 4:37PM	Uttaraproshtapada Until 8:26PM Vyatipata* Until 2:11AM Mon Taitila Until 5:12AM Mon Navami* Until 4:30PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Clear Margasira-Karttikai	Sun 22 Sutra 245 Plava 5123 Moon 11 - Phase 32 - 22 Navami Sivaloka Day
	Creative Work	Amrita Yoga					
	Until 6:57PM						
Then Routine Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Gara Karana Dashamyam Titau				Istanbul, Turkey Sun 23 Sutra 246 Plava 5123
	Meena Rasi: 21.35	Tithi 10	Gulika 1:09PM – 2:19PM	Revati Until 10:22PM	Ganesha: Yellow	<i>Sunrise:</i> 7:22AM	
	Family Home Evening	714725465	Yama 10:50AM – 12:00PM	Variyan Until 2:22AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 23 - 23
	Creative Work Siddha Yoga		Rahu 8:31AM – 9:41AM	Gara Until 6:01PM	Nataraja: Clear		4th Phase
			Dashami Until 6:01PM	Moon – Clear	Devaloka Day		
				Margasira-Karttikai			

2	Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Istanbul, Turkey Sun 24 Sutra 247 Plava 5123
	Mesha Rasi: 3.45	Tithi 11	Gulika 12:00PM – 1:10PM	Ashvini Until 1:08AM Wed	Ganesha: White	<i>Sunrise:</i> 7:22AM	
		724725465	Yama 9:41AM – 10:51AM	Parigha* Until 2:56AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 33 - 24
	Creative Work Siddha Yoga		Rahu 2:19PM – 3:28PM	Vanija Until 7:01AM	Nataraja: Clear		4th Phase
			Gita Jayanthi	Ekadashi Until 8:05PM	Moon – White	Bhuloka Day	
					Margasira-Karttikai	Devaloka Time: 3:PM to 6:PM	

3	Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvodashyam Titau				Istanbul, Turkey Sun 25 Sutra 248 Plava 5123
	Mesha Rasi: 15.44	Tithi 12	Gulika 10:51AM – 12:01PM	Bharani Until 4:04AM Thu	Ganesha: White	<i>Sunrise:</i> 7:23AM	
		724725465	Yama 8:33AM – 9:42AM	Shiva Until 3:46AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 33 - 25
	Creative Work Siddha Yoga		Rahu 12:01PM – 1:10PM	Bava Until 9:18AM	Nataraja: Clear		4th Phase
				Dvadashi Until 10:33PM	Moon – White	Bhuloka Day	
					Margasira-Karttikai	Devaloka Time: 3:PM to 6:PM	

4	Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Istanbul, Turkey Sun 26 Sutra 249 Plava 5123
	Mesha Rasi: 27.37	Tithi 13	Gulika 9:42AM – 10:52AM	Krittika Until 7:00AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:24AM	
		824725465	Yama 7:24AM – 8:33AM	Siddha Until 4:42AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 11 - Phase 33 - 26
	Routine Work Marana Yoga		Rahu 1:10PM – 2:20PM	Kaulava Until 11:53AM	Nataraja: Clear		4th Phase
			Markali Pillaiyar	Trayodashi Until 1:13AM Fri	Moon – White	Devaloka Day	
					Margasira-Markali		
						<i>Pradosha Vrata</i>	

5	Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Istanbul, Turkey Sun 27 Sutra 250 Plava 5123
	Vrishabha Rasi: 9.25	Tithi 14	Gulika 8:34AM – 9:43AM	Krittika Until 7:00AM	Ganesha: Yellow	<i>Sunrise:</i> 7:25AM	
		824725465	Yama 2:20PM – 3:29PM	Sadhya Until 5:41AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 33 - 27
	Creative Work Siddha Yoga		Rahu 10:52AM – 12:02PM	Gara Until 2:36PM	Nataraja: Clear		4th Phase
				Chaturdashi* Until 3:57AM Sat	Moon – White	Devaloka Day	
					Margasira-Markali		

○	Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey Sutra 251 Plava 5123
	Copper Retreat Star		Gulika 7:25AM – 8:34AM	Rohini Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 7:25AM	
	Vrishabha Rasi: 21.12	Tithi 15	Yama 1:11PM – 2:21PM	Subha Until 6:39AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 33 - Purnima
		834725465	Rahu 9:44AM – 10:53AM	Visti Until 5:20PM	Nataraja: Clear		
				Purnima* Until 6:38AM Sun	Moon – Yellow	Bhuloka Day	
					Margasira-Markali	Devaloka Time: 3:PM to 6:PM	

○	Sunday, December 19, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey Sutra 252 Plava 5123
	Silver Retreat Star		Gulika 2:21PM – 3:30PM	Mrigashira Until 1:23PM	Ganesha: White	<i>Sunrise:</i> 7:26AM	
	Mithuna Rasi: 3.01	Tithi 15 – 16	Yama 12:03PM – 1:12PM	Subha Until 6:39AM	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 11 - Phase 33 - Prathama
		834725465	Rahu 3:30PM – 4:39PM	Balava Until 7:56PM	Nataraja: Clear		
				Purnima* Until 6:38AM	Moon – Yellow	Bhuloka Day	
					Margasira-Markali	Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Istanbul, Turkey

Sutra 253

Plava 5123

Mithuna Rasi: 14.53 Tithi 16 – 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 4:06PM

Then Creative Work - Amrita Yoga

Gulika 1:12PM – 2:21PM
Yama 10:54AM – 12:03PM
Rahu 8:36AM – 9:45AM

Ardra Darshanam

Ardra Until 4:06PM
Sukla Until 7:27AM
Taitila Until 10:21PM
Prathama* Until 9:09AM

Ganesha: White Sunrise: 7:26AM
Muruqa: Clear Sunset: 4:40PM
Nataraja: Clear
Moon – Yellow

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Tuesday, December 21, 2021

1

Mithuna Rasi: 26.51 Tithi 17 – 18

844725465

Creative Work Siddha Yoga

Gulika 12:04PM – 1:13PM
Yama 9:45AM – 10:54AM
Rahu 2:22PM – 3:31PM

Day 1 of Pancha Ganapati

Punarvasu Until 6:54PM
Brahma Until 8:05AM
Vanija Until 12:28AM Wed
Dvitiya Until 11:25AM

Ganesha: Clear Sunrise: 7:27AM
Muruqa: Clear Sunset: 4:40PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Margasira*Markali

Wednesday, December 22, 2021

2

Kataka Rasi: 8.55 Tithi 18 – 19

844725465

Creative Work Siddha Yoga

Gulika 10:55AM – 12:04PM
Yama 8:37AM – 9:46AM
Rahu 12:04PM – 1:13PM

Day 2 of Pancha Ganapati

Pushya Until 9:13PM
Indra Until 8:31AM
Bava Until 2:15AM Thu
Tritiya Until 1:23PM

Ganesha: Clear Sunrise: 7:27AM
Muruqa: Clear Sunset: 4:41PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Margasira*Markali

Thursday, December 23, 2021

3

Kataka Rasi: 21.08 Tithi 19 – 20

844725465

Creative Work Siddha Yoga

Until 11:01PM

Then Creative Work - Amrita Yoga

Gulika 9:46AM – 10:55AM
Yama 7:28AM – 8:37AM
Rahu 1:14PM – 2:23PM

Day 3 of Pancha Ganapati

Ashlesha* Until 11:01PM
Vaidhriti* Until 8:39AM
Kaulava Until 3:37AM Fri
Chaturthi* Until 2:58PM

Ganesha: Clear Sunrise: 7:28AM
Muruqa: Clear Sunset: 4:41PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Margasira*Markali

Friday, December 24, 2021

4

Simha Rasi: 3.32 Tithi 20 – 21

854725465

Routine Work Marana Yoga

Until 12:40AM Sat

Then Creative Work - Siddha Yoga

Gulika 8:38AM – 9:47AM
Yama 2:24PM – 3:33PM
Rahu 10:56AM – 12:05PM

Day 4 of Pancha Ganapati

Magha* Until 12:40AM Sat
Vishkambha* Until 8:28AM
Gara Until 4:30AM Sat
Panchami Until 4:06PM

Ganesha: Purple Sunrise: 7:28AM
Muruqa: Clear Sunset: 4:42PM
Nataraja: Clear
Moon – Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira*Markali

Saturday, December 25, 2021

5

Simha Rasi: 16.09 Tithi 21 – 22

855825465

Creative Work Siddha Yoga

Until 1:37AM Sun

Then Creative Work - Amrita Yoga

Gulika 7:29AM – 8:38AM
Yama 1:15PM – 2:24PM
Rahu 9:47AM – 10:56AM

Day 5 of Pancha Ganapati

Purvaphalguni Until 1:37AM Sun
Priti Until 7:55AM
Visti Until 4:49AM Sun
Shashthi* Until 4:43PM

Ganesha: Purple Sunrise: 7:29AM
Muruqa: Clear Sunset: 4:43PM
Nataraja: Clear
Moon – Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira*Markali

Sunday, December 26, 2021

6

Simha Rasi: 29.02 Tithi 22 – 23

855825466

Creative Work Amrita Yoga

Until 1:50AM Mon

Then Creative Work - Siddha Yoga

Gulika 2:25PM – 3:34PM
Yama 12:06PM – 1:15PM
Rahu 3:34PM – 4:43PM

Uttaraphalguni Until 1:50AM Mon

Ayushman Until 6:54AM
Balava Until 4:30AM Mon
Saptami Until 4:43PM

Ganesha: Purple Sunrise: 7:29AM
Muruqa: Clear Sunset: 4:43PM
Nataraja: Orange
Moon – Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira*Markali

Monday, December 27, 2021

Retreat Star

Kanya Rasi: 12.13 Tithi 23 – 24

865825466

Creative Work Siddha Yoga

Gulika 1:16PM – 2:25PM
Yama 10:57AM – 12:07PM
Rahu 8:39AM – 9:48AM

Hasta Until 1:40AM Tue
Sobhana Until 3:23AM Tue
Taitila Until 3:30AM Tue
Ashtami* Until 4:04PM

Ganesha: Clear Sunrise: 7:29AM
Muruqa: Clear Sunset: 4:44PM
Nataraja: Orange
Moon – Green

Devaloka Day

Margasira*Markali

Tuesday, December 28, 2021

Retreat Star

Kanya Rasi: 25.47 Tithi 24 – 25

865825466

Creative Work Siddha Yoga

Gulika 12:07PM – 1:16PM
Yama 9:48AM – 10:58AM
Rahu 2:26PM – 3:35PM

Chitra Until 12:43AM Wed
Athiganda* Until 12:49AM Wed
Vanija Until 1:50AM Wed
Navami* Until 2:44PM

Ganesha: Clear Sunrise: 7:30AM
Muruqa: Clear Sunset: 4:45PM
Nataraja: Orange
Moon – Green

Devaloka Day

Margasira*Markali

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

1 times are standard time. Calculated for Istanbul, Turkey on 5/23/


www.gurudeva.org/panchang

1	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Tula Rasi: 9.46	Tithi 25 – 26	Gulika 10:58AM – 12:08PM	Svati Until 11:00PM	Ganesha: Clear	<i>Sunrise:</i> 7:30AM	Sun 9 Sutra 262
			Yama 8:39AM – 9:49AM	Sukarma Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Plava 5123
	865825466	Rahu 12:08PM – 1:17PM	Bava Until 11:33PM	Nataraja: Orange			Moon 12 - Phase 35 - 9 2nd Phase
Creative Work	Siddha Yoga		Dashami Until 12:45PM	Moon – Green		Devaloka Day	
				Margasira*Markali			

2	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Tula Rasi: 24.08	Tithi 26 – 27	Gulika 9:49AM – 10:59AM	Vishakha Until 9:02PM	Ganesha: White	<i>Sunrise:</i> 7:30AM	Sun 10 Sutra 263
			Yama 7:30AM – 8:40AM	Dhriti Until 6:17PM	Muruqa: Clear	<i>Sunset:</i> 4:46PM	Plava 5123
	875825466	Rahu 1:18PM – 2:27PM	Kaulava Until 8:44PM	Nataraja: Orange			Moon 12 - Phase 35 - 10 2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 10:11AM	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

3	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
	Vrischika Rasi: 8.52	Tithi 27 – 28	Gulika 8:40AM – 9:50AM	Anuradha Until 6:30PM	Ganesha: White	<i>Sunrise:</i> 7:30AM	Sun 11 Sutra 264
			Yama 2:28PM – 3:37PM	Shula* Until 2:25PM	Muruqa: Clear	<i>Sunset:</i> 4:47PM	Plava 5123
	875825466	Rahu 10:59AM – 12:09PM	Vanija Until 3:45AM Sat	Nataraja: Orange			Moon 12 - Phase 35 - 11 2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 7:08AM	Moon – Orange		Bhuloka Day	
Until 6:30PM				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

4	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Istanbul, Turkey
	Vrischika Rasi: 23.52	Tithi 29	Gulika 7:31AM – 8:40AM	Jyeshtha* Until 3:35PM	Ganesha: White	<i>Sunrise:</i> 7:31AM	Sun 12 Sutra 265
			Yama 1:19PM – 2:28PM	Ganda* Until 10:20AM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Plava 5123
	875825466	Rahu 9:50AM – 10:59AM	Visti Until 1:59PM	Nataraja: Orange			Moon 12 - Phase 35 - 12 2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:09AM Sun	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Istanbul, Turkey
	Retreat Star		Gulika 2:29PM – 3:39PM	Mula* Until 12:50PM	Ganesha: Green	<i>Sunrise:</i> 7:31AM	Sun 13 Sutra 266
	Dhanus Rasi: 9	Tithi 30	Yama 12:10PM – 1:19PM	Vriddhi Until 6:08AM	Muruqa: Clear	<i>Sunset:</i> 4:48PM	Plava 5123
	885825466	Rahu 3:39PM – 4:48PM	Catuspada Until 10:21AM	Nataraja: Orange			Moon 12 - Phase 35 - 13 Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 8:32PM	Moon – Light Blue		Bhuloka Day	
Until 12:50PM		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Retreat Star	Monday, January 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey
	Dhanus Rasi: 24.08	Tithi 1 – 2	Gulika 1:20PM – 2:30PM	Purvashadha* Until 10:01AM	Ganesha: Green	<i>Sunrise:</i> 7:31AM	Sun 14 Sutra 267
	Family Home Evening		Yama 11:00AM – 12:10PM	Vyaghata* Until 9:52PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Plava 5123
	885825466	Rahu 8:41AM – 9:50AM	Kintughna Until 6:46AM	Nataraja: Orange			Moon 12 - Phase 35 - 14 Prathama
Routine Work	Marana Yoga		Prathama* Until 5:02PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Markali		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, January 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Istanbul, Turkey Sun 15 Sutra 268 Plava 5123	
Makara Rasi: 9.06	Tithi 2 – 3	Gulika 12:11PM – 1:20PM	Uttarashadha Until 7:18AM	Ganesha: Orange	<i>Sunrise:</i> 7:31AM	Muruqa: Clear	<i>Sunset:</i> 4:50PM
		Yama 9:51AM – 11:01AM	Harshana Until 6:06PM				Moon 12 - Phase 36 - 15
		886825466 Rahu 2:30PM – 3:40PM	Taitila Until 12:26AM Wed	Nataraja: Orange			3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 1:51PM	Moon – Light Blue		Devaloka Day	
Until 7:18AM				Pausha-Markali			
Then Creative Work - Siddha Yoga							

2		Wednesday, January 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Istanbul, Turkey Sun 16 Sutra 269 Plava 5123	
Makara Rasi: 23.46	Tithi 3 – 4	Gulika 11:01AM – 12:11PM	Dhanishtha Until 3:41AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:31AM	Muruqa: Clear	<i>Sunset:</i> 4:51PM
		Yama 8:41AM – 9:51AM	Vajra* Until 2:44PM				Moon 12 - Phase 36 - 16
		896825466 Rahu 12:11PM – 1:21PM	Vanija Until 10:00PM	Nataraja: Orange			3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 11:07AM	Moon – Purple		Devaloka Day	
Until 3:41AM Thu		Subramuniyaswami Jayanti		Pausha-Markali			
Then Creative Work - Siddha Yoga							

3		Thursday, January 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Istanbul, Turkey Sun 17 Sutra 270 Plava 5123	
Kumbha Rasi: 8	Tithi 4 – 5	Gulika 9:51AM – 11:01AM	Shatabhishak Until 2:41AM Fri	Ganesha: Clear	<i>Sunrise:</i> 7:31AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM
		Yama 7:31AM – 8:41AM	Siddhi Until 11:53AM				Moon 12 - Phase 36 - 17
		896825466 Rahu 1:22PM – 2:32PM	Bava Until 8:16PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 9:01AM	Moon – Purple		Devaloka Day	
				Pausha-Markali			

4		Friday, January 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Istanbul, Turkey Sun 18 Sutra 271 Plava 5123	
Kumbha Rasi: 21.47	Tithi 5 – 6	Gulika 8:41AM – 9:51AM	Purvaproshtapada* Until 2:48AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:31AM	Muruqa: Clear	<i>Sunset:</i> 4:53PM
		Yama 2:32PM – 3:43PM	Vyatipata* Until 9:40AM				Moon 12 - Phase 36 - 18
		816825466 Rahu 11:02AM – 12:12PM	Kaulava Until 7:21PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:41AM	Moon – Clear		Devaloka Day	
				Pausha-Markali			

5		Saturday, January 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Istanbul, Turkey Sun 19 Sutra 272 Plava 5123	
Meena Rasi: 5.04	Tithi 6 – 7	Gulika 7:31AM – 8:41AM	Uttaraproshtapada Until 3:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:31AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM
		Yama 1:23PM – 2:33PM	Variyan Until 8:07AM				Moon 12 - Phase 36 - 19
		816825466 Rahu 9:52AM – 11:02AM	Gara Until 7:20PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:13AM	Moon – Clear		Devaloka Day	
Until 3:37AM Sun				Pausha-Markali			
Then Creative Work - Amrita Yoga							

☾		Sunday, January 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Istanbul, Turkey Sun 20 Sutra 273 Plava 5123	
Retreat Star		Gulika 2:34PM – 3:44PM	Revati Until 5:07AM Mon	Ganesha: Red	<i>Sunrise:</i> 7:31AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM
Meena Rasi: 17.55	Tithi 7 – 8	Yama 12:13PM – 1:23PM	Parigha* Until 7:15AM				Moon 12 - Phase 36 - 20
		816825466 Rahu 3:44PM – 4:55PM	Visti Until 8:11PM	Nataraja: Orange			Ashtami
Creative Work	Amrita Yoga		Saptami Until 7:38AM	Moon – Clear		Devaloka Day	
Until 5:07AM Mon				Pausha-Markali			
Then Creative Work - Siddha Yoga							

☽		Monday, January 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Istanbul, Turkey Sun 21 Sutra 274 Plava 5123	
Retreat Star		Gulika 1:24PM – 2:35PM	Ashvini Until 7:38AM Tue	Ganesha: Blue	<i>Sunrise:</i> 7:30AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM
Mesha Rasi: 0.22	Tithi 8 – 9	Yama 11:02AM – 12:13PM	Shiva Until 7:03AM				Moon 12 - Phase 36 - 21
Family Home Evening		826825466 Rahu 8:41AM – 9:52AM	Balava Until 9:49PM	Nataraja: Orange			Navami
Creative Work	Siddha Yoga		Ashtami* Until 8:54AM	Moon – White		Sivaloka Day	
				Pausha-Markali			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Tuesday, January 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Istanbul, Turkey
	Mesha Rasi: 12.3	Tithi 9 – 10	Gulika 12:14PM – 1:24PM	Ashvini Until 7:38AM	Ganesha: Red	<i>Sunrise:</i> 7:30AM	Sun 22 Sutra 275
			Yama 9:52AM – 11:03AM	Siddha Until 7:22AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Plava 5123
	827825466	Rahu 2:35PM – 3:46PM	Taitila Until 12:05AM Wed	Navami* Until 10:52AM	Nataraja: Orange		Moon 12 - Phase 37 - 22 4th Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
				Pausha-Markali			

2	Wednesday, January 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Mesha Rasi: 24.26	Tithi 10 – 11	Gulika 11:03AM – 12:14PM	Bharani Until 10:29AM	Ganesha: Red	<i>Sunrise:</i> 7:30AM	Sun 23 Sutra 276
			Yama 8:41AM – 9:52AM	Sadhya Until 8:05AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Plava 5123
	827825466	Rahu 12:14PM – 1:25PM	Vanija Until 2:43AM Thu	Dashami Until 1:21PM	Nataraja: Orange		Moon 12 - Phase 37 - 23 4th Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
Until 10:29AM		Vaikuntha Ekadasi		Pausha-Markali			
Then Creative Work - Amrita Yoga							

3	Thursday, January 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Vrishabha Rasi: 6.15	Tithi 11 – 12	Gulika 9:52AM – 11:03AM	Krittika Until 1:27PM	Ganesha: Red	<i>Sunrise:</i> 7:30AM	Sun 24 Sutra 277
			Yama 7:30AM – 8:41AM	Subha Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Plava 5123
	827825466	Rahu 1:26PM – 2:37PM	Bava Until 5:31AM Fri	Ekadashi Until 4:05PM	Nataraja: Orange		Moon 12 - Phase 37 - 24 4th Phase
Routine Work	Marana Yoga			Moon – White		Devaloka Day	
				Pausha-Markali			

4	Friday, January 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Balava Karana Dvadashyam Titau				Istanbul, Turkey
	Vrishabha Rasi: 18.01	Tithi 12	Gulika 8:41AM – 9:52AM	Rohini Until 4:48PM	Ganesha: Blue	<i>Sunrise:</i> 7:29AM	Sun 25 Sutra 278
			Yama 2:38PM – 3:49PM	Sukla Until 10:05AM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Plava 5123
	827825466	Rahu 11:03AM – 12:15PM	Balava Until 6:52PM	Dvadashi Until 6:52PM	Nataraja: Orange		Moon 12 - Phase 37 - 25 4th Phase
Routine Work	Marana Yoga			Moon – Yellow		Bhuloka Day	
Until 4:48PM		Thai Pongal		Pausha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

5	Saturday, January 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Istanbul, Turkey
	Vrishabha Rasi: 29.49	Tithi 13	Gulika 7:29AM – 8:40AM	Mrigashira Until 7:52PM	Ganesha: Blue	<i>Sunrise:</i> 7:29AM	Sun 26 Sutra 279
			Yama 1:27PM – 2:38PM	Brahma Until 11:02AM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Plava 5123
	827825466	Rahu 9:52AM – 11:04AM	Kaulava Until 8:14AM	Trayodashi Until 9:30PM	Nataraja: Orange		Moon 12 - Phase 37 - 26 4th Phase
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day	
				Pausha-Thai		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>			

6	Sunday, January 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Istanbul, Turkey
	Mithuna Rasi: 11.41	Tithi 14	Gulika 2:39PM – 3:51PM	Ardra Until 10:30PM	Ganesha: Blue	<i>Sunrise:</i> 7:28AM	Sun 27 Sutra 280
			Yama 12:15PM – 1:27PM	Indra Until 11:50AM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Plava 5123
	827825466	Rahu 3:51PM – 5:03PM	Gara Until 10:44AM	Chaturdashi* Until 11:51PM	Nataraja: Orange		Moon 12 - Phase 37 - 27 4th Phase
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day	
				Pausha-Thai		Devaloka Time: 3:PM to 6:PM	

○	Monday, January 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey
	Copper Retreat Star		Gulika 1:28PM – 2:40PM	Punarvasu Until 1:06AM Tue	Ganesha: Red	<i>Sunrise:</i> 7:28AM	Sutra 281
	Mithuna Rasi: 23.4	Tithi 15	Yama 11:04AM – 12:16PM	Vaidhriti* Until 12:21PM	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Plava 5123
	Family Home Evening	848835466	Rahu 8:40AM – 9:52AM	Visti Until 12:54PM	Nataraja: Orange		Moon 12 - Phase 37 - Purnima
Creative Work	Amrita Yoga		Purnima* Until 1:49AM Tue	Moon – Blue		Sivaloka Day	
Until 1:06AM Tue				Pausha-Thai			
Then Creative Work - Siddha Yoga							

	Tuesday, January 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Prathamayam Titau				Istanbul, Turkey
	Silver Retreat Star		Gulika 12:16PM – 1:28PM	Pushya Until 3:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:27AM	Sutra 282
	Kataka Rasi: 5.49	Tithi 16	Yama 9:52AM – 11:04AM	Vishkambha* Until 12:35PM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Plava 5123
	848835466	Rahu 2:41PM – 3:53PM	Balava Until 2:41PM	Prathama* Until 3:24AM Wed	Nataraja: Orange		Moon 12 - Phase 37 - Prathama
Creative Work	Siddha Yoga			Moon – Blue		Sivaloka Day	
		Thai Pusam		Pausha-Thai			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Sutra 283

Plava 5123

Kataka Rasi: 18.07 Tithi 17

Gulika 11:04AM – 12:16PM
Yama 8:39AM – 9:52AM
848935466 **Rahu** 12:16PM – 1:29PM

Ashlesha* Until 4:42AM Thu
Priti Until 12:33PM
Taitila Until 4:03PM
Dvitiya Until 4:34AM Thu

Ganesha: Yellow *Sunrise:* 7:27AM
Muruqa: Purple *Sunset:* 5:06PM
Nataraja: Orange
Moon – Blue

Moon 1 - Phase 38 -
1st Phase

Creative Work Siddha Yoga

Until 4:42AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Pausha-Thai

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 284

Plava 5123

Simha Rasi: 0.35 Tithi 18

Gulika 9:52AM – 11:04AM
Yama 7:26AM – 8:39AM
858935466 **Rahu** 1:29PM – 2:42PM

Magha* Until 6:10AM Fri
Ayushman Until 12:10PM
Vanija Until 5:02PM
Tritiya Until 5:21AM Fri

Ganesha: White *Sunrise:* 7:26AM
Muruqa: Purple *Sunset:* 5:07PM
Nataraja: Orange
Moon – Red

Moon 1 - Phase 38 - 1
1st Phase

Creative Work Amrita Yoga

Until 6:10AM Fri

Then Creative Work - Siddha Yoga

Devaloka Day

Pausha-Thai

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthayam Titau

Istanbul, Turkey

Sun 2 Sutra 285

Plava 5123

Simha Rasi: 13.14 Tithi 19

Gulika 8:39AM – 9:51AM
Yama 2:43PM – 3:56PM
858935466 **Rahu** 11:04AM – 12:17PM

Magha* Until 6:10AM
Saubhagya Until 11:31AM
Bava Until 5:37PM
Chaturthi* Until 5:45AM Sat

Ganesha: White *Sunrise:* 7:26AM
Muruqa: Purple *Sunset:* 5:08PM
Nataraja: Orange
Moon – Red

Moon 1 - Phase 38 - 2
1st Phase

Routine Work Marana Yoga

Until 6:10AM

Then Creative Work - Siddha Yoga

Devaloka Day

Pausha-Thai

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 286

Plava 5123

Simha Rasi: 26.04 Tithi 20

Gulika 7:25AM – 8:38AM
Yama 1:30PM – 2:43PM
858935466 **Rahu** 9:51AM – 11:04AM

Purvaphalguni Until 7:06AM
Sobhana Until 10:35AM
Kaulava Until 5:49PM
Panchami Until 5:44AM Sun

Ganesha: White *Sunrise:* 7:25AM
Muruqa: Purple *Sunset:* 5:10PM
Nataraja: Orange
Moon – Red

Moon 1 - Phase 38 - 3
1st Phase

Creative Work Siddha Yoga

Until 7:06AM

Then Routine Work - Marana Yoga

Devaloka Day

Pausha-Thai

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 287

Plava 5123

Kanya Rasi: 9.05 Tithi 21

Gulika 2:44PM – 3:57PM
Yama 12:18PM – 1:31PM
858935466 **Rahu** 3:57PM – 5:11PM

Uttaraphalguni Until 7:30AM
Athiganda* Until 9:18AM
Gara Until 5:36PM
Shashthi* Until 5:18AM Mon

Ganesha: White *Sunrise:* 7:25AM
Muruqa: Purple *Sunset:* 5:11PM
Nataraja: Orange
Moon – Red

Moon 1 - Phase 38 - 4
1st Phase

Creative Work Amrita Yoga

Devaloka Day

Pausha-Thai

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Saplamyam Titau

Istanbul, Turkey

Sun 5 Sutra 288

Plava 5123

Kanya Rasi: 22.2 Tithi 22

Family Home Evening

Gulika 1:31PM – 2:45PM
Yama 11:04AM – 12:18PM
869935466 **Rahu** 8:37AM – 9:51AM

Hasta Until 7:47AM
Sukarma Until 7:42AM
Visti Until 4:56PM
Saptami Until 4:24AM Tue

Ganesha: Orange *Sunrise:* 7:24AM
Muruqa: Purple *Sunset:* 5:12PM
Nataraja: Orange
Moon – Green

Moon 1 - Phase 38 - 5
1st Phase

Creative Work Siddha Yoga

Until 7:47AM

Then Routine Work - Prabalarishta Yoga

Sivaloka Day

Pausha-Thai

D

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 289

Plava 5123

Tula Rasi: 5.49 Tithi 23

Gulika 12:18PM – 1:32PM
Yama 9:51AM – 11:04AM
969935466 **Rahu** 2:46PM – 3:59PM

Chitra Until 7:28AM
Shula* Until 3:23AM Wed
Balava Until 3:47PM
Ashtami* Until 3:01AM Wed

Ganesha: Green *Sunrise:* 7:23AM
Muruqa: Purple *Sunset:* 5:13PM
Nataraja: Orange
Moon – Green

Moon 1 - Phase 38 - 6
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Pausha-Thai

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 290

Plava 5123

Tula Rasi: 19.37 Tithi 24

Gulika 11:04AM – 12:18PM
Yama 8:36AM – 9:50AM
969935466 **Rahu** 12:18PM – 1:32PM

Svati Until 6:31AM
Ganda* Until 12:39AM Thu
Taitila Until 2:09PM
Navami* Until 1:08AM Thu

Ganesha: Green *Sunrise:* 7:22AM
Muruqa: Purple *Sunset:* 5:14PM
Nataraja: Orange
Moon – Green

Moon 1 - Phase 38 - 7
Navami

Creative Work Siddha Yoga

Devaloka Day


Pausha-Thai

1	Thursday, January 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Istanbul, Turkey
			Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 291
	Wrischika Rasi: 3.41	Tithi 25	Gulika 9:50AM – 11:04AM	Anuradha Until 3:40AM Fri	Ganesha: Orange	<i>Sunrise:</i> 7:22AM	Plava 5123
	979935466	Rahu	Yama 7:22AM – 8:36AM	Vriddhi Until 9:34PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 39 - 8
Creative Work	Siddha Yoga		Vanija Until 12:03PM	Nataraja: Orange		2nd Phase	
Until 3:40AM Fri			Dashami Until 10:49PM	Moon – Orange			
Then Routine Work - Marana Yoga				Pausha • Thai		Sivaloka Day	

2	Friday, January 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey
			Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 292
	Wrischika Rasi: 18.04	Tithi 26	Gulika 8:35AM – 9:50AM	Jyeshtha* Until 1:27AM Sat	Ganesha: Orange	<i>Sunrise:</i> 7:21AM	Plava 5123
	979935466	Rahu	Yama 2:48PM – 4:02PM	Dhruva Until 6:08PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 39 - 9
Routine Work	Marana Yoga		Bava Until 9:31AM	Nataraja: Orange		2nd Phase	
Until 1:27AM Sat			Ekadashi* Until 8:06PM	Moon – Orange			
Then Creative Work - Siddha Yoga				Pausha • Thai		Sivaloka Day	

3	Saturday, January 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Istanbul, Turkey
			Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10 Sutra 293
	Dhanus Rasi: 2.41	Tithi 27 – 28	Gulika 7:20AM – 8:35AM	Mula* Until 11:16PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:20AM	Plava 5123
	989935466	Rahu	Yama 1:34PM – 2:49PM	Vyaghata* Until 2:29PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 39 - 10
Creative Work	Siddha Yoga		Kaulava Until 6:39AM	Nataraja: Orange		2nd Phase	
Until 8:49PM			Dvadashi* Until 5:06PM	Moon – Light Blue			
Then Creative Work - Amrita Yoga				Pausha • Thai		Devaloka Day	
<i>Pradosha Vrata (Fasting)</i>							

4	Sunday, January 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey
			Purvashadha* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11 Sutra 294
	Dhanus Rasi: 17.29	Tithi 28 – 29	Gulika 2:49PM – 4:04PM	Purvashadha* Until 8:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:19AM	Plava 5123
	989935466	Rahu	Yama 12:19PM – 1:34PM	Harshana Until 10:42AM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 39 - 11
Creative Work	Siddha Yoga		Visti Until 12:22AM Mon	Nataraja: Orange		2nd Phase	
Until 8:49PM			Trayodashi* Until 1:57PM	Moon – Light Blue			
Then Creative Work - Amrita Yoga				Pausha • Thai		Devaloka Day	

	Monday, January 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Istanbul, Turkey
	Retreat Star		Uttarashadha Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 295
	Makara Rasi: 2.2	Tithi 29 – 30	Gulika 1:35PM – 2:50PM	Uttarashadha Until 6:16PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:18AM	Plava 5123
	989935466	Rahu	Yama 11:04AM – 12:19PM	Vajra* Until 6:51AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39 - 12
Family Home Evening			Catuspada Until 9:15PM	Nataraja: Orange		Amavasya	
Routine Work	Marana Yoga		Chaturdashi* Until 10:46AM	Moon – Light Blue			
Until 6:16PM				Pausha • Thai		Devaloka Day	
Then Creative Work - Amrita Yoga							

	Tuesday, February 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey
	Retreat Star		Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 296
	Makara Rasi: 17.06	Tithi 30 – 1	Gulika 12:19PM – 1:35PM	Shravana Until 4:12PM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	Plava 5123
	991935466	Rahu	Yama 9:49AM – 11:04AM	Vyatipata* Until 11:37PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39 - 13
Creative Work	Siddha Yoga		Kintughna Until 6:21PM	Nataraja: Orange		Prathama	
Until 6:16PM			Amavasya* Until 7:45AM	Moon – Purple			
Then Creative Work - Amrita Yoga				Magha • Thai		Sivaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Istanbul, Turkey	
	Kumbha Rasi: 1.4	Tithi 2	Gulika 11:04AM – 12:19PM	Dhanishtha Until 2:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	Sun 14	Sutra 297
	Routine Work	Prabalarishta Yoga	Yama 8:33AM – 9:48AM	Variyan Until 8:26PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Plava 5123	
Until 2:22PM		991935467	Rahu 12:19PM – 1:35PM	Balava Until 3:51PM	Nataraja: Orange	Moon 1 - Phase 40 - 14		
Then Creative Work - Siddha Yoga				Dvitiya Until 2:46AM Thu	Moon – Purple	3rd Phase		
					Magha-Thai	Sivaloka Day		

2	Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Istanbul, Turkey	
	Kumbha Rasi: 15.53	Tithi 3	Gulika 9:48AM – 11:04AM	Shatabhishak Until 12:55PM	Ganesha: Clear	<i>Sunrise:</i> 7:16AM	Sun 15	Sutra 298
	Creative Work	Siddha Yoga	Yama 7:16AM – 8:32AM	Parigha* Until 5:44PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Plava 5123	
991935467		Rahu 1:35PM – 2:51PM	Taitila Until 1:54PM	Nataraja: Clear	Moon 1 - Phase 40 - 15		3rd Phase	
				Tritiya Until 1:09AM Fri	Moon – Purple	Sivaloka Day		
					Magha-Thai			

3	Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Istanbul, Turkey	
	Kumbha Rasi: 29.41	Tithi 4	Gulika 8:31AM – 9:47AM	Purvaproshtapada* Until 12:27PM	Ganesha: Purple	<i>Sunrise:</i> 7:15AM	Sun 16	Sutra 299
	Creative Work	Siddha Yoga	Yama 2:52PM – 4:08PM	Shiva Until 3:38PM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Plava 5123	
991935467		Rahu 11:04AM – 12:20PM	Vanija Until 12:38PM	Nataraja: Clear	Moon 1 - Phase 40 - 16		3rd Phase	
				Chaturthi* Until 12:18AM Sat	Moon – Clear	Subha Sivaloka Day		
					Magha-Thai			

4	Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey	
	Meena Rasi: 13.03	Tithi 5	Gulika 7:14AM – 8:31AM	Uttaraproshtapada Until 12:37PM	Ganesha: Purple	<i>Sunrise:</i> 7:14AM	Sun 17	Sutra 300
	Creative Work	Siddha Yoga	Yama 1:36PM – 2:53PM	Siddha Until 2:09PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM	Plava 5123	
991935467		Rahu 9:47AM – 11:03AM	Bava Until 12:12PM	Nataraja: Clear	Moon 1 - Phase 40 - 17		3rd Phase	
Until 12:37PM				Panchami Until 12:17AM Sun	Moon – Clear	Subha Sivaloka Day		
Then Routine Work - Prabalarishta Yoga					Magha-Thai			

5	Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey	
	Meena Rasi: 25.58	Tithi 6	Gulika 2:53PM – 4:10PM	Revati Until 1:29PM	Ganesha: Purple	<i>Sunrise:</i> 7:13AM	Sun 18	Sutra 301
	Creative Work	Amrita Yoga	Yama 12:20PM – 1:37PM	Sadhya Until 1:21PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Plava 5123	
991935467		Rahu 4:10PM – 5:27PM	Kaulava Until 12:38PM	Nataraja: Clear	Moon 1 - Phase 40 - 18		3rd Phase	
Until 1:29PM				Shashthi* Until 1:09AM Mon	Moon – Clear	Subha Sivaloka Day		
Then Creative Work - Siddha Yoga					Magha-Thai			

6	Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey	
	Mesha Rasi: 8.29	Tithi 7	Gulika 1:37PM – 2:54PM	Ashvini Until 3:28PM	Ganesha: Clear	<i>Sunrise:</i> 7:12AM	Sun 19	Sutra 302
	Family Home Evening		Yama 11:03AM – 12:20PM	Subha Until 1:12PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Plava 5123	
921935467		Rahu 8:29AM – 9:46AM	Gara Until 1:54PM	Nataraja: Clear	Moon 1 - Phase 40 - 19		3rd Phase	
Creative Work		Siddha Yoga		Saptami Until 2:48AM Tue	Moon – White	Sivaloka Day		
					Magha-Thai			

D	Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey	
	Mesha Rasi: 20.4	Tithi 8	Gulika 12:20PM – 1:37PM	Bharani Until 5:57PM	Ganesha: Clear	<i>Sunrise:</i> 7:11AM	Sun 20	Sutra 303
	Creative Work	Siddha Yoga	Yama 9:46AM – 11:03AM	Sukla Until 1:34PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Plava 5123	
921935467		Rahu 2:55PM – 4:12PM	Visti Until 3:53PM	Nataraja: Clear	Moon 1 - Phase 40 - 20		Ashtami	
				Ashtami* Until 5:03AM Wed	Moon – White	Sivaloka Day		
					Magha-Thai			

D	Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Balava Karana Navamyam Titau				Istanbul, Turkey	
	Vrishabha Rasi: 2.38	Tithi 9	Gulika 11:03AM – 12:20PM	Krittika Until 8:44PM	Ganesha: Clear	<i>Sunrise:</i> 7:10AM	Sun 21	Sutra 304
	Creative Work	Amrita Yoga	Yama 8:27AM – 9:45AM	Brahma Until 2:20PM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Plava 5123	
921935467		Rahu 12:20PM – 1:38PM	Balava Until 6:22PM	Nataraja: Clear	Moon 1 - Phase 40 - 21		Navami	
Until 8:44PM				Navami* Until 7:41AM Thu	Moon – White	Sivaloka Day		
Then Creative Work - Siddha Yoga					Magha-Thai			

1	Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Istanbul, Turkey
	Vishabha Rasi: 14.28	Tithi 9 – 10	Gulika 9:44AM – 11:02AM	Rohini Until 12:03AM Fri	Ganesha: White	<i>Sunrise:</i> 7:09AM	Sun 22 Sutra 305
	931935467	Rahu 1:38PM – 2:56PM	Yama 7:09AM – 8:27AM	Indra Until 3:20PM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Plava 5123
Routine Work	Marana Yoga		Taitila Until 9:05PM	Nataraja: Clear		Moon 1 - Phase 41 - 22	
Until 12:03AM Fri			Navami* Until 7:41AM	Moon – Yellow		4th Phase	
Then Creative Work - Siddha Yoga				Magha-Thai		Subha Sivaloka Day	

2	Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Vishabha Rasi: 26.14	Tithi 10 – 11	Gulika 8:26AM – 9:44AM	Mrigashira Until 3:09AM Sat	Ganesha: Clear	<i>Sunrise:</i> 7:07AM	Sun 23 Sutra 306
	932935467	Rahu 11:02AM – 12:20PM	Yama 2:57PM – 4:15PM	Vaidhriti* Until 4:19PM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Plava 5123
Creative Work	Siddha Yoga		Vanija Until 11:46PM	Nataraja: Clear		Moon 1 - Phase 41 - 23	
			Dashami Until 10:26AM	Moon – Yellow		4th Phase	
				Magha-Thai		Sivaloka Day	

3	Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Mithuna Rasi: 8.04	Tithi 11 – 12	Gulika 7:06AM – 8:25AM	Ardra Until 5:48AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:06AM	Sun 24 Sutra 307
	932135467	Rahu 9:43AM – 11:02AM	Yama 1:39PM – 2:57PM	Vishkambha* Until 5:10PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Plava 5123
Creative Work	Siddha Yoga		Bava Until 2:12AM Sun	Nataraja: Clear		Moon 1 - Phase 41 - 24	
			Ekadashi Until 1:01PM	Moon – Yellow		4th Phase	
				Magha-Masi		Sivaloka Day	

4	Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
	Mithuna Rasi: 20	Tithi 12 – 13	Gulika 2:58PM – 4:17PM	Punarvasu Until 8:23AM Mon	Ganesha: Blue	<i>Sunrise:</i> 7:05AM	Sun 25 Sutra 308
	942135467	Rahu 4:17PM – 5:36PM	Yama 12:20PM – 1:39PM	Priti Until 5:45PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Plava 5123
Creative Work	Siddha Yoga		Kaulava Until 4:13AM Mon	Nataraja: Clear		Moon 1 - Phase 41 - 25	
			Dvadashi Until 3:15PM	Moon – Blue		4th Phase	
				Magha-Masi		Devaloka Day	

Pradosha Vrata

5	Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Kataka Rasi: 2.07	Tithi 13 – 14	Gulika 1:39PM – 2:58PM	Punarvasu Until 8:23AM	Ganesha: Blue	<i>Sunrise:</i> 7:04AM	Sun 26 Sutra 309
	942135467	Rahu 8:23AM – 9:42AM	Yama 11:01AM – 12:20PM	Ayushman Until 5:57PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Plava 5123
Family Home Evening			Gara Until 5:42AM Tue	Nataraja: Clear		Moon 1 - Phase 41 - 26	
Creative Work	Amrita Yoga		Trayodashi Until 5:00PM	Moon – Blue		4th Phase	
Until 8:23AM				Magha-Masi		Devaloka Day	
Then Creative Work - Siddha Yoga							

6	Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija Karana Chaturdashyam Titau				Istanbul, Turkey
	Kataka Rasi: 14.25	Tithi 14	Gulika 12:20PM – 1:40PM	Pushya Until 10:18AM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM	Sun 27 Sutra 310
	942135467	Rahu 2:59PM – 4:19PM	Yama 9:41AM – 11:01AM	Saubhagya Until 5:46PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Plava 5123
Creative Work	Siddha Yoga		Vanija Until 6:14PM	Nataraja: Clear		Moon 1 - Phase 41 - 27	
			Chaturdashi* Until 6:14PM	Moon – Blue		4th Phase	
				Magha-Masi		Devaloka Day	

Chidambaram Abhishekam

○	Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Istanbul, Turkey
	Copper Retreat Star		Gulika 11:00AM – 12:20PM	Ashlesha* Until 11:33AM	Ganesha: Blue	<i>Sunrise:</i> 7:01AM	Sutra 311
	Kataka Rasi: 26.58	Tithi 15	Yama 8:21AM – 9:41AM	Sobhana Until 5:12PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Plava 5123
942135467	Rahu 12:20PM – 1:40PM		Visti Until 6:40AM	Nataraja: Clear		Moon 1 - Phase 41 - Purnima	
Creative Work	Siddha Yoga		Purnima* Until 6:57PM	Moon – Blue			
				Magha-Masi		Devaloka Day	

○	Thursday, February 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Istanbul, Turkey
	Silver Retreat Star		Gulika 9:40AM – 11:00AM	Magha* Until 12:39PM	Ganesha: Yellow	<i>Sunrise:</i> 7:00AM	Sutra 312
	Simha Rasi: 9.44	Tithi 16	Yama 7:00AM – 8:20AM	Athiganda* Until 4:13PM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Plava 5123
952135467	Rahu 1:40PM – 3:00PM		Balava Until 7:08AM	Nataraja: Clear		Moon 1 - Phase 41 - Prathama	
Creative Work	Amrita Yoga		Prathama* Until 7:10PM	Moon – Red			
Until 12:39PM				Magha-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

Times are standard time. Calculated for Istanbul, Turkey on 5/23/

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Friday, February 18, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Istanbul, Turkey

Sun 1 Sutra 313

Plava 5123

Moon 2 - Phase 42 - 1

1st Phase

Simha Rasi: 22.44 Tithi 17

952135467

Gulika 8:19AM – 9:39AM
Yama 3:01PM – 4:21PM
Rahu 11:00AM – 12:20PM

Purvaphalguni Until 1:09PM
Sukarma Until 2:56PM
Taitila Until 7:08AM
Dvitiya Until 6:59PM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon – Red
Magha-Masi

Sunrise: 6:59AM
Sunset: 5:42PM

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, February 19, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Istanbul, Turkey

Sun 2 Sutra 314

Plava 5123

Moon 2 - Phase 42 - 2

1st Phase

Kanya Rasi: 5.56 Tithi 18

952135467

Gulika 6:57AM – 8:18AM
Yama 1:41PM – 3:01PM
Rahu 9:39AM – 10:59AM

Uttaraphalguni Until 1:10PM
Dhriti Until 1:23PM
Vanija Until 6:46AM
Tritiya Until 6:26PM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon – Red
Magha-Masi

Sunrise: 6:57AM
Sunset: 5:43PM

Sivaloka Day

Routine Work Marana Yoga

2

Sunday, February 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Istanbul, Turkey

Sun 3 Sutra 315

Plava 5123

Moon 2 - Phase 42 - 3

1st Phase

Kanya Rasi: 19.18 Tithi 19 – 20

962135467

Gulika 3:02PM – 4:23PM
Yama 12:20PM – 1:41PM
Rahu 4:23PM – 5:44PM

Hasta Until 1:10PM
Shula* Until 11:34AM
Bava Until 6:04AM
Chaturthi* Until 5:35PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – Green
Magha-Masi

Sunrise: 6:56AM
Sunset: 5:44PM

Devaloka Day

Creative Work Amrita Yoga
Until 1:10PM
Then Creative Work - Siddha Yoga

3

Monday, February 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Istanbul, Turkey

Sun 4 Sutra 316

Plava 5123

Moon 2 - Phase 42 - 4

1st Phase

Tula Rasi: 2.49 Tithi 20 – 21

962135467

Gulika 1:41PM – 3:03PM
Yama 10:58AM – 12:20PM
Rahu 8:16AM – 9:37AM

Chitra Until 12:45PM
Ganda* Until 9:33AM
Gara Until 3:50AM Tue
Panchami Until 4:28PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – Green
Magha-Masi

Sunrise: 6:54AM
Sunset: 5:45PM

Devaloka Day

Family Home Evening
Routine Work Prabalarishta Yoga
Until 12:45PM
Then Creative Work - Amrita Yoga

4

Tuesday, February 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Istanbul, Turkey

Sun 5 Sutra 317

Plava 5123

Moon 2 - Phase 42 - 5

1st Phase

Tula Rasi: 16.29 Tithi 21 – 22

962135467

Gulika 12:20PM – 1:41PM
Yama 9:36AM – 10:58AM
Rahu 3:03PM – 4:25PM

Svati Until 11:57AM
Vridhi Until 7:20AM
Visti Until 2:21AM Wed
Shashthi* Until 3:06PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon – Green
Magha-Masi

Sunrise: 6:53AM
Sunset: 5:46PM

Devaloka Day

Creative Work Siddha Yoga
Until 11:57AM
Then Routine Work - Marana Yoga

5

Wednesday, February 23, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Istanbul, Turkey

Sun 6 Sutra 318

Plava 5123

Moon 2 - Phase 42 - 6

Ashtami

Vrischika Rasi: 0.19 Tithi 22 – 23

972135467

Gulika 10:58AM – 12:20PM
Yama 8:14AM – 9:36AM
Rahu 12:20PM – 1:42PM

Vishakha Until 11:11AM
Vyaghata* Until 2:17AM Thu
Balava Until 12:36AM Thu
Saptami Until 1:29PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon – Orange
Magha-Masi

Sunrise: 6:52AM
Sunset: 5:48PM

Sivaloka Day

Creative Work Siddha Yoga

Thursday, February 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Istanbul, Turkey

Sun 7 Sutra 319

Plava 5123

Moon 2 - Phase 42 - 7

Navami

Vrischika Rasi: 14.17 Tithi 23 – 24

973135467

Gulika 9:35AM – 10:57AM
Yama 6:50AM – 8:12AM
Rahu 1:42PM – 3:04PM

Anuradha Until 10:02AM
Harshana Until 11:30PM
Taitila Until 10:37PM
Ashtami* Until 11:38AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Clear
Moon – Orange
Magha-Masi

Sunrise: 6:50AM
Sunset: 5:49PM

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 10:02AM
Then Routine Work - Prabalarishta Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1 times are standard time. Calculated for Istanbul, Turkey on 5/23/

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1	Friday, February 25, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam				Istanbul, Turkey	
	Vrischika Rasi: 28.25 Tithi 24 – 25		Jyeshtha* Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8 Sutra 320	
	973135467		Gulika 8:11AM – 9:34AM	Jyeshtha* Until 8:31AM	Ganesha: Purple	<i>Sunrise:</i> 6:49AM	Plava 5123	
	Routine Work Marana Yoga Until 8:31AM Then Creative Work - Amrita Yoga		Yama 3:05PM – 4:27PM	Vajra* Until 8:29PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 43 - 8 2nd Phase	
		Rahu 10:57AM – 12:19PM	Vanija Until 8:25PM	Nataraja: Clear	Subha Sivaloka Day			
			Navami* Until 9:31AM	Moon – Orange	Magha-Masi			

2	Saturday, February 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam				Istanbul, Turkey	
	Dhanus Rasi: 12.41 Tithi 25 – 26		Mula* Purvashadha* Nakshatra Siddhi/Vyalipata* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 321	
	983135467		Gulika 6:47AM – 8:10AM	Mula* Until 7:04AM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Plava 5123	
	Creative Work Siddha Yoga		Yama 1:42PM – 3:05PM	Siddhi Until 5:21PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 43 - 9 2nd Phase	
		Rahu 9:33AM – 10:56AM	Bava Until 6:01PM	Nataraja: Clear	Sivaloka Day			
			Dashami Until 7:13AM	Moon – Light Blue	Magha-Masi			

3	Sunday, February 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Istanbul, Turkey	
	Dhanus Rasi: 27.04 Tithi 27		Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvodashyam Titau				Sun 10 Sutra 322	
	983135467		Gulika 3:06PM – 4:29PM	Uttarashadha Until 3:24AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:46AM	Plava 5123	
	Creative Work Amrita Yoga		Yama 12:19PM – 1:42PM	Vyatipata* Until 2:09PM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 43 - 10 2nd Phase	
		Rahu 4:29PM – 5:52PM	Kaulava Until 3:32PM	Nataraja: Clear	Sivaloka Day			
			Dvadashi* Until 2:15AM Mon	Moon – Light Blue	Magha-Masi			

4	Monday, February 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam				Istanbul, Turkey	
	Makara Rasi: 11.28 Tithi 28		Shravana Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 323	
	993135467		Gulika 1:43PM – 3:06PM	Shravana Until 1:49AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:44AM	Plava 5123	
	Family Home Evening Creative Work Amrita Yoga Until 1:49AM Tue Then Creative Work - Siddha Yoga		Yama 10:55AM – 12:19PM	Variyan Until 10:54AM	Muruqa: Purple	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 43 - 11 2nd Phase	
		Rahu 8:08AM – 9:32AM	Gara Until 1:02PM	Nataraja: Clear	Sivaloka Day			
			Trayodashi* Until 11:48PM	Moon – Purple	Magha-Masi			
			Mahasivaratri (Solar)	Pradosha Vrata (Fasting)				

5	Tuesday, March 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Istanbul, Turkey	
	Makara Rasi: 25.49 Tithi 29		Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 324	
	993135467		Gulika 12:18PM – 1:43PM	Dhanishtha Until 12:17AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:41AM	Plava 5123	
	Creative Work Siddha Yoga		Yama 9:30AM – 10:54AM	Parigha* Until 7:46AM	Muruqa: Purple	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 43 - 12 2nd Phase	
		Rahu 3:07PM – 4:31PM	Visti Until 10:39AM	Nataraja: Clear	Sivaloka Day			
			Chaturdashi* Until 9:32PM	Moon – Purple	Magha-Masi			

	Wednesday, March 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam				Istanbul, Turkey	
	Retreat Star		Shatabhishak Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyam Titau				Sun 13 Sutra 325	
	Kumbha Rasi: 10.01 Tithi 30		Siddha Until 2:10AM Thu				Plava 5123	
	993135467		Gulika 10:54AM – 12:18PM	Shatabhishak Until 10:57PM	Ganesha: Orange	<i>Sunrise:</i> 6:40AM	Moon 2 - Phase 43 - 13 Amavasya	
Creative Work Siddha Yoga Until 10:57PM Then Creative Work - Amrita Yoga		Yama 8:04AM – 9:29AM	Catuspada Until 8:31AM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Sivaloka Day		
		Rahu 12:18PM – 1:43PM	Amavasya* Until 7:35PM	Nataraja: Clear	Magha-Masi			
				Moon – Purple				

	Thursday, March 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Istanbul, Turkey	
	Retreat Star		Purvaproshtapada* Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 326	
	Kumbha Rasi: 23.58 Tithi 1		Sadhya Until 11:56PM				Plava 5123	
	913135467		Gulika 9:28AM – 10:53AM	Purvaproshtapada* Until 10:24PM	Ganesha: Green	<i>Sunrise:</i> 6:38AM	Moon 2 - Phase 43 - 14 Prathama	
Creative Work Siddha Yoga		Yama 6:38AM – 8:03AM	Kintughna Until 6:48AM	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Sivaloka Day		
		Rahu 1:43PM – 3:08PM	Prathama* Until 6:07PM	Nataraja: Clear	Subha Sivaloka Day			
				Moon – Clear	Phalgun-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey Sun 15 Sutra 327	
Meena Rasi: 7.35	Tithi 2 - 3	Gulika 8:02AM - 9:27AM	Uttaraproshtapada Until 10:20PM	Ganesha: Green	<i>Sunrise:</i> 6:37AM			Plava 5123	
		Yama 3:09PM - 4:34PM	Subha Until 10:13PM	Muruqa: Purple	<i>Sunset:</i> 5:59PM			Moon 2 - Phase 44 - 15	
Creative Work	Siddha Yoga	913135467 Rahu 10:53AM - 12:18PM	Taitila Until 5:06AM Sat	Nataraja: Clear				3rd Phase	
			Dvitiya Until 5:15PM	Moon - Clear				Subha Sivaloka Day	
				Phalguna-Masi					

2		Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Istanbul, Turkey Sun 16 Sutra 328	
Meena Rasi: 20.51	Tithi 3 - 4	Gulika 6:35AM - 8:01AM	Revati Until 10:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:35AM			Plava 5123	
		Yama 1:43PM - 3:09PM	Sukla Until 9:03PM	Muruqa: Purple	<i>Sunset:</i> 6:00PM			Moon 2 - Phase 44 - 16	
Routine Work	Prabalarishta Yoga	113135467 Rahu 9:26AM - 10:52AM	Vanija Until 5:20AM Sun	Nataraja: Clear				3rd Phase	
Until 10:48PM			Tritiya Until 5:06PM	Moon - Clear				Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Masi					

3		Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey Sun 17 Sutra 329	
Mesha Rasi: 3.43	Tithi 4 - 5	Gulika 3:09PM - 4:36PM	Ashvini Until 12:20AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:33AM			Plava 5123	
		Yama 12:17PM - 1:43PM	Brahma Until 8:29PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM			Moon 2 - Phase 44 - 17	
Creative Work	Siddha Yoga	123135467 Rahu 4:36PM - 6:02PM	Bava Until 6:20AM Mon	Nataraja: Clear				3rd Phase	
			Chaturthi* Until 5:43PM	Moon - White				Sivaloka Day	
				Phalguna-Masi					

4		Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Istanbul, Turkey Sun 18 Sutra 330	
Mesha Rasi: 16.14	Tithi 5	Gulika 1:44PM - 3:10PM	Bharani Until 2:25AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:32AM			Plava 5123	
Family Home Evening		Yama 10:51AM - 12:17PM	Indra Until 8:30PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM			Moon 2 - Phase 44 - 18	
Creative Work	Siddha Yoga	123135467 Rahu 7:58AM - 9:24AM	Bava Until 6:20AM	Nataraja: Clear				3rd Phase	
			Panchami Until 7:05PM	Moon - White				Sivaloka Day	
				Phalguna-Masi					

5		Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Istanbul, Turkey Sun 19 Sutra 331	
Mesha Rasi: 28.28	Tithi 6	Gulika 12:17PM - 1:44PM	Krittika Until 4:53AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:30AM			Plava 5123	
		Yama 9:24AM - 10:50AM	Vaidhriti* Until 8:58PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM			Moon 2 - Phase 44 - 19	
Creative Work	Siddha Yoga	123135467 Rahu 3:10PM - 4:37PM	Kaulava Until 8:02AM	Nataraja: Clear				3rd Phase	
			Shashthi* Until 9:04PM	Moon - White				Sivaloka Day	
				Phalguna-Masi					

6		Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey Sun 20 Sutra 332	
Vrishabha Rasi: 10.28	Tithi 7	Gulika 10:50AM - 12:17PM	Rohini Until 8:02AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:29AM			Plava 5123	
		Yama 7:56AM - 9:23AM	Vishkambha* Until 9:46PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM			Moon 2 - Phase 44 - 20	
Creative Work	Siddha Yoga	133235477 Rahu 12:17PM - 1:44PM	Gara Until 10:16AM	Nataraja: Green				3rd Phase	
Until 8:02AM Thu			Saptami Until 11:30PM	Moon - Yellow				Devaloka Day	
Then Routine Work - Marana Yoga				Phalguna-Masi					

Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey Sun 21 Sutra 333	
Vrishabha Rasi: 22.19	Tithi 8	Gulika 9:22AM - 10:49AM	Rohini Until 8:02AM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM			Plava 5123	
		Yama 6:27AM - 7:54AM	Priti Until 10:45PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM			Moon 2 - Phase 44 - 21	
Routine Work	Marana Yoga	133235477 Rahu 1:44PM - 3:11PM	Visti Until 12:50PM	Nataraja: Green				Ashtami	
			Ashtami* Until 2:07AM Fri	Moon - Yellow				Devaloka Day	
				Phalguna-Masi					

Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey Sun 22 Sutra 334	
Mithuna Rasi: 4.08	Tithi 9	Gulika 7:53AM - 9:21AM	Mrigashira Until 11:06AM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM			Plava 5123	
		Yama 3:12PM - 4:39PM	Ayushman Until 11:40PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM			Moon 2 - Phase 44 - 22	
Creative Work	Siddha Yoga	134235477 Rahu 10:48AM - 12:16PM	Balava Until 3:27PM	Nataraja: Green				Navami	
			Navami* Until 4:40AM Sat	Moon - Yellow				Sivaloka Day	
				Phalguna-Masi					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajasa is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Saturday, March 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Istanbul, Turkey
	Mithuna Rasi: 15.59	Tithi 10	Gulika 6:24AM – 7:52AM	Ardra Until 1:52PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	Sun 23 Sutra 335
			Yama 1:44PM – 3:12PM	Saubhagya Until 12:23AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Plava 5123
	134235477	Rahu 9:20AM – 10:48AM		Taitila Until 5:51PM	Nataraja: Green		Moon 2 - Phase 45 - 23
Creative Work	Siddha Yoga		Dashami Until 6:53AM Sun	Moon – Yellow		4th Phase	
				Phalgun-Masi		Sivaloka Day	

2	Sunday, March 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
	Mithuna Rasi: 27.59	Tithi 10 – 11	Gulika 3:13PM – 4:41PM	Punarvasu Until 4:35PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sun 24 Sutra 336
			Yama 12:16PM – 1:44PM	Sobhana Until 12:47AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Plava 5123
	144235477	Rahu 4:41PM – 6:09PM		Vanija Until 7:51PM	Nataraja: Green		Moon 2 - Phase 45 - 24
Creative Work	Siddha Yoga		Dashami Until 6:53AM	Moon – Blue		4th Phase	
				Phalgun-Masi		Devaloka Day	

3	Monday, March 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
	Kataka Rasi: 10.09	Tithi 11 – 12	Gulika 1:44PM – 3:13PM	Pushya Until 6:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Sun 25 Sutra 337
	Family Home Evening		Yama 10:47AM – 12:15PM	Athiganda* Until 12:43AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Plava 5123
	144235477	Rahu 7:49AM – 9:18AM		Bava Until 9:16PM	Nataraja: Green		Moon 2 - Phase 45 - 25
Creative Work	Siddha Yoga		Dashami Until 6:53AM	Moon – Blue		4th Phase	
		Karadaiyan Nombu (Tamil Nadu)	Ekadashi Until 8:37AM	Phalgun-Panguni		Devaloka Day	

4	Tuesday, March 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
	Kataka Rasi: 22.35	Tithi 12 – 13	Gulika 12:15PM – 1:44PM	Ashlesha* Until 7:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sun 26 Sutra 338
			Yama 9:17AM – 10:46AM	Sukarma Until 12:10AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Plava 5123
	144235478	Rahu 3:13PM – 4:42PM		Kaulava Until 10:04PM	Nataraja: White		Moon 2 - Phase 45 - 26
Creative Work	Siddha Yoga		Dvadashi Until 9:44AM	Moon – Blue		4th Phase	
				Phalgun-Panguni		Devaloka Day	
				<i>Pradosha Vrata</i>			

5	Wednesday, March 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
	Simha Rasi: 5.18	Tithi 13 – 14	Gulika 10:45AM – 12:15PM	Magha* Until 8:51PM	Ganesha: White	<i>Sunrise:</i> 6:17AM	Sun 27 Sutra 339
			Yama 7:47AM – 9:16AM	Dhriti Until 11:08PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Plava 5123
	154235478	Rahu 12:15PM – 1:44PM		Gara Until 10:12PM	Nataraja: White		Moon 2 - Phase 45 - 27
Creative Work	Siddha Yoga		Trayodashi Until 10:11AM	Moon – Red		4th Phase	
Until 8:51PM				Phalgun-Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga							

	Thursday, March 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Istanbul, Turkey
	Copper Retreat Star		Gulika 9:15AM – 10:45AM	Purvaphalguni Until 9:04PM	Ganesha: White	<i>Sunrise:</i> 6:15AM	Sutra 340
	Simha Rasi: 18.19	Tithi 14 – 15	Yama 6:15AM – 7:45AM	Shula* Until 9:37PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Plava 5123
	154235478	Rahu 1:44PM – 3:14PM		Visti Until 9:45PM	Nataraja: White		Moon 2 - Phase 45 - Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 10:02AM	Moon – Red		4th Phase	
		Panguni Uttiram		Phalgun-Panguni		Sivaloka Day	
		Holi					

Friday, March 18, 2022	Silver Retreat Star		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Istanbul, Turkey
	Silver Retreat Star		Gulika 7:44AM – 9:14AM	Uttaraphalguni Until 8:39PM	Ganesha: White	<i>Sunrise:</i> 6:14AM	Sutra 341
	Kanya Rasi: 1.38	Tithi 15 – 16	Yama 3:15PM – 4:45PM	Ganda* Until 7:43PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Plava 5123
	154235478	Rahu 10:44AM – 12:14PM		Balava Until 8:48PM	Nataraja: White		Moon 2 - Phase 45 - Prathama
Creative Work	Siddha Yoga		Purnima* Until 9:19AM	Moon – Red		4th Phase	
Until 8:39PM				Phalgun-Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscurity and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Saturday, March 19, 2022

Gold Retreat Star

Kanya Rasi: 15.14 Tithi 16 - 17

164235478

Routine Work Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika

6:12AM - 7:43AM

Yama

1:44PM - 3:15PM

Rahu

9:13AM - 10:44AM

Hasta Until 8:07PM

Vriddhi Until 5:30PM

Taitila Until 7:26PM

Prathama* Until 8:08AM

Ganesha: Yellow

Sunrise: 6:12AM

Muruqa: Clear

Sunset: 6:16PM

Nataraja: White

Moon - Green

Phalguna-Panguni

Devaloka Day

Istanbul, Turkey

Sutra 342

Plava 5123

Moon 3 - Phase 46 - 1st Phase

1 Sunday, March 20, 2022

Kanya Rasi: 29.02 Tithi 17 - 18

164235478

Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Visti* Karana Dvitiya/Trityayam Titau

Gulika

3:15PM - 4:46PM

Yama

12:14PM - 1:45PM

Rahu

4:46PM - 6:17PM

Chitra Until 7:08PM

Dhruva Until 3:00PM

Visti Until 4:49AM Mon

Dvitiya Until 6:36AM

Ganesha: Yellow

Sunrise: 6:10AM

Muruqa: Clear

Sunset: 6:17PM

Nataraja: White

Moon - Green

Phalguna-Panguni

Devaloka Day

Istanbul, Turkey

Sun 1 Sutra 343

Plava 5123

Moon 3 - Phase 46 - 1st Phase

2 Monday, March 21, 2022

Tula Rasi: 12.59 Tithi 19

164235478

Family Home Evening

Creative Work Amrita Yoga

Until 5:49PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika

1:45PM - 3:16PM

Yama

10:42AM - 12:13PM

Rahu

7:40AM - 9:11AM

Svati Until 5:49PM

Vyaghata* Until 12:21PM

Bava Until 3:53PM

Chaturthi* Until 2:52AM Tue

Ganesha: Yellow

Sunrise: 6:09AM

Muruqa: Clear

Sunset: 6:18PM

Nataraja: White

Moon - Green

Phalguna-Panguni

Devaloka Day

Istanbul, Turkey

Sun 2 Sutra 344

Plava 5123

Moon 3 - Phase 46 - 2nd Phase

3 Tuesday, March 22, 2022

Tula Rasi: 27.03 Tithi 20

174235478

Routine Work Marana Yoga

Until 4:40PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika

12:13PM - 1:45PM

Yama

9:10AM - 10:42AM

Rahu

3:16PM - 4:48PM

Vishakha Until 4:40PM

Harshana Until 9:36AM

Kaulava Until 1:53PM

Panchami Until 12:50AM Wed

Ganesha: Blue

Sunrise: 6:07AM

Muruqa: Clear

Sunset: 6:19PM

Nataraja: White

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Istanbul, Turkey

Sun 3 Sutra 345

Plava 5123

Moon 3 - Phase 46 - 3rd Phase

4 Wednesday, March 23, 2022

Virchika Rasi: 11.1 Tithi 21

175235478

Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika

10:41AM - 12:13PM

Yama

7:37AM - 9:09AM

Rahu

12:13PM - 1:45PM

Anuradha Until 3:19PM

Vajra* Until 6:46AM

Gara Until 11:49AM

Shashthi* Until 10:45PM

Ganesha: Yellow

Sunrise: 6:05AM

Muruqa: Clear

Sunset: 6:20PM

Nataraja: White

Moon - Orange

Phalguna-Panguni

Devaloka Day

Istanbul, Turkey

Sun 4 Sutra 346

Plava 5123

Moon 3 - Phase 46 - 4th Phase

5 Thursday, March 24, 2022

Virchika Rasi: 25.18 Tithi 22

175235478

Routine Work Prabalarishta Yoga

Until 1:49PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika

9:08AM - 10:40AM

Yama

6:04AM - 7:36AM

Rahu

1:45PM - 3:17PM

Jyeshtha* Until 1:49PM

Vyatipata* Until 1:06AM Fri

Visti Until 9:44AM

Saptami Until 8:40PM

Ganesha: Yellow

Sunrise: 6:04AM

Muruqa: Clear

Sunset: 6:21PM

Nataraja: White

Moon - Orange

Phalguna-Panguni

Devaloka Day

Istanbul, Turkey

Sun 5 Sutra 347

Plava 5123

Moon 3 - Phase 46 - 5th Phase

Friday, March 25, 2022

Retreat Star

Dhanus Rasi: 9.25 Tithi 23

185235478

Creative Work Amrita Yoga

Until 12:37PM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika

7:35AM - 9:07AM

Yama

3:17PM - 4:50PM

Rahu

10:40AM - 12:12PM

Mula* Until 12:37PM

Variyan Until 10:16PM

Balava Until 7:39AM

Ashtami* Until 6:37PM

Ganesha: Blue

Sunrise: 6:02AM

Muruqa: Clear

Sunset: 6:22PM

Nataraja: White

Moon - Light Blue

Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Istanbul, Turkey

Sun 6 Sutra 348

Plava 5123

Moon 3 - Phase 46 - 6th Phase

Ashtami

Saturday, March 26, 2022

Retreat Star

Dhanus Rasi: 23.32 Tithi 24 - 25

185235478

Creative Work Siddha Yoga

Until 11:19AM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika

6:00AM - 7:33AM

Yama

1:45PM - 3:18PM

Rahu

9:06AM - 10:39AM

Purvashadha* Until 11:19AM

Parigha* Until 7:30PM

Vanija Until 3:38AM Sun

Navami* Until 4:36PM

Ganesha: Blue

Sunrise: 6:00AM

Muruqa: Clear

Sunset: 6:23PM

Nataraja: White

Moon - Light Blue

Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Istanbul, Turkey

Sun 7 Sutra 349

Plava 5123

Moon 3 - Phase 46 - 7th Phase

Navami

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

1 times are standard time. Calculated for Istanbul, Turkey on 5/23/

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1 Sunday, March 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Istanbul, Turkey
Makara Rasi: 8	Tithi 25 – 26	Gulika 3:18PM – 4:51PM	Uttarashadha Until 9:57AM	Ganesha: Blue	<i>Sunrise:</i> 5:59AM	Sun 8 Sutra 350
		Yama 12:12PM – 1:45PM	Shiva Until 4:48PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Plava 5123
		185235478 Rahu 4:51PM – 6:24PM	Bava Until 1:45AM Mon	Nataraja: White		Moon 3 - Phase 47 - 8
Creative Work	Amrita Yoga		Dashami Until 2:39PM	Moon – Light Blue		2nd Phase
				Phalgunapanguni	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

2 Monday, March 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Istanbul, Turkey
Makara Rasi: 21.36	Tithi 26 – 27	Gulika 1:45PM – 3:18PM	Shravana Until 8:58AM	Ganesha: Red	<i>Sunrise:</i> 5:57AM	Sun 9 Sutra 351
Family Home Evening		Yama 10:38AM – 12:11PM	Siddha Until 2:11PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Plava 5123
Creative Work	Amrita Yoga	195235478 Rahu 7:31AM – 9:04AM	Kaulava Until 12:01AM Tue	Nataraja: White		Moon 3 - Phase 47 - 9
Until 8:58AM			Ekadashi* Until 12:51PM	Moon – Purple		2nd Phase
Then Creative Work - Siddha Yoga				Phalgunapanguni	Devaloka Day	

3 Tuesday, March 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Istanbul, Turkey
Kumbha Rasi: 5.29	Tithi 27 – 28	Gulika 12:11PM – 1:45PM	Dhanishtha Until 8:01AM	Ganesha: Red	<i>Sunrise:</i> 5:55AM	Sun 10 Sutra 352
		Yama 9:03AM – 10:37AM	Sadhya Until 11:45AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Plava 5123
		195245478 Rahu 3:19PM – 4:53PM	Gara Until 10:32PM	Nataraja: White		Moon 3 - Phase 47 - 10
Creative Work	Siddha Yoga		Dvadashi* Until 11:13AM	Moon – Purple		2nd Phase
Until 8:01AM				Phalgunapanguni	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, March 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Istanbul, Turkey
Kumbha Rasi: 19.14	Tithi 28 – 29	Gulika 10:36AM – 12:11PM	Shatabhishak Until 7:11AM	Ganesha: Red	<i>Sunrise:</i> 5:54AM	Sun 11 Sutra 353
		Yama 7:28AM – 9:02AM	Subha Until 9:33AM	Muruqa: White	<i>Sunset:</i> 6:28PM	Plava 5123
		195245478 Rahu 12:11PM – 1:45PM	Visti Until 9:21PM	Nataraja: White		Moon 3 - Phase 47 - 11
Creative Work	Siddha Yoga		Trayodashi* Until 9:52AM	Moon – Purple		2nd Phase
Until 7:11AM				Phalgunapanguni	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

Thursday, March 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Istanbul, Turkey
Retreat Star		Gulika 9:01AM – 10:36AM	Purvaproshtapada* Until 7:01AM	Ganesha: Green	<i>Sunrise:</i> 5:52AM	Sun 12 Sutra 354
Meena Rasi: 2.46	Tithi 29 – 30	Yama 5:52AM – 7:27AM	Sukla Until 7:37AM	Muruqa: White	<i>Sunset:</i> 6:29PM	Plava 5123
		115245478 Rahu 1:45PM – 3:20PM	Catuspada Until 8:36PM	Nataraja: White		Moon 3 - Phase 47 - 12
Creative Work	Siddha Yoga		Chaturdash* Until 8:54AM	Moon – Clear		Amavasya
				Phalgunapanguni	Bhuloka Day	

Friday, April 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Istanbul, Turkey
Retreat Star		Gulika 7:27AM – 9:01AM	Uttaraproshtapada Until 7:09AM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	Sun 13 Sutra 355
Meena Rasi: 16.02	Tithi 30 – 1	Yama 3:20PM – 4:54PM	Brahma Until 6:04AM	Muruqa: White	<i>Sunset:</i> 6:29PM	Plava 5123
		116245478 Rahu 10:36AM – 12:10PM	Kintughna Until 8:23PM	Nataraja: White		Moon 3 - Phase 47 - 13
Creative Work	Siddha Yoga		Amavasya* Until 8:24AM	Moon – Clear		Prathama
		Yugadhi		Chaitrapanguni	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Saturday, April 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Istanbul, Turkey
Meena Rasi: 29.01	Tithi 1 – 2	Gulika 5:50AM – 7:25AM	Revati Until 7:40AM	Ganesha: Red Sunrise: 5:50AM		Sun 14	Sutra 356	
		Yama 1:45PM – 3:20PM	Vaidhrili* Until 4:20AM Sun	Muruqa: White Sunset: 6:30PM			Plava 5123	
		116245478 Rahu 9:00AM – 10:35AM	Balava Until 8:45PM	Nataraja: White		Moon 3 - Phase 48 - 14	3rd Phase	
Routine Work	Prabalarishta Yoga		Prathama* Until 8:28AM	Chaitra-Panguni	Bhuloka Day			
Until 7:40AM		Chellappaswami Mahasamadhi			Devaloka Time: 9:AM to 12:PM			
Then Creative Work - Siddha Yoga								

2		Sunday, April 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Istanbul, Turkey
Mesha Rasi: 11.42	Tithi 2 – 3	Gulika 3:20PM – 4:56PM	Ashvini Until 9:06AM	Ganesha: White Sunrise: 5:49AM		Sun 15	Sutra 357	
		Yama 12:10PM – 1:45PM	Vishkambha* Until 4:11AM Mon	Muruqa: White Sunset: 6:31PM			Plava 5123	
		126345478 Rahu 4:56PM – 6:31PM	Taitila Until 9:45PM	Nataraja: White		Moon 3 - Phase 48 - 15	3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 9:09AM	Chaitra-Panguni	Bhuloka Day			
Until 9:06AM								
Then Routine Work - Prabalarishta Yoga								

3		Monday, April 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Istanbul, Turkey
Mesha Rasi: 24.07	Tithi 3 – 4	Gulika 1:45PM – 3:21PM	Bharani Until 10:59AM	Ganesha: White Sunrise: 5:47AM		Sun 16	Sutra 358	
Family Home Evening		Yama 10:34AM – 12:09PM	Priti Until 4:30AM Tue	Muruqa: White Sunset: 6:32PM			Plava 5123	
		126345478 Rahu 7:23AM – 8:58AM	Vanija Until 11:20PM	Nataraja: White		Moon 3 - Phase 48 - 16	3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 10:27AM	Chaitra-Panguni	Bhuloka Day			
Until 10:59AM								
Then Routine Work - Marana Yoga								

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Istanbul, Turkey
Vrishabha Rasi: 6.17	Tithi 4 – 5	Gulika 12:09PM – 1:45PM	Krittika Until 1:13PM	Ganesha: White Sunrise: 5:45AM		Sun 17	Sutra 359	
		Yama 8:57AM – 10:33AM	Ayushman Until 5:09AM Wed	Muruqa: White Sunset: 6:33PM			Plava 5123	
		126345478 Rahu 3:21PM – 4:57PM	Bava Until 1:25AM Wed	Nataraja: White		Moon 3 - Phase 48 - 17	3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 12:18PM	Chaitra-Panguni	Bhuloka Day			
Until 1:13PM								
Then Creative Work - Amrita Yoga								

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Istanbul, Turkey
Vrishabha Rasi: 18.16	Tithi 5 – 6	Gulika 10:33AM – 12:09PM	Rohini Until 4:12PM	Ganesha: Clear Sunrise: 5:44AM		Sun 18	Sutra 360	
		Yama 7:20AM – 8:56AM	Saubhagya Until 6:02AM Thu	Muruqa: White Sunset: 6:34PM			Plava 5123	
		136345478 Rahu 12:09PM – 1:45PM	Kaulava Until 3:51AM Thu	Nataraja: White		Moon 3 - Phase 48 - 18	3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 2:35PM	Chaitra-Panguni	Bhuloka Day			
					Devaloka Time: 6:AM to 9:AM			

6		Thursday, April 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Istanbul, Turkey
Mithuna Rasi: 0.08	Tithi 6 – 7	Gulika 8:55AM – 10:32AM	Mrigashira Until 7:13PM	Ganesha: Clear Sunrise: 5:42AM		Sun 19	Sutra 361	
		Yama 5:42AM – 7:19AM	Saubhagya Until 6:02AM	Muruqa: White Sunset: 6:35PM			Plava 5123	
		136345478 Rahu 1:45PM – 3:22PM	Gara Until 6:23AM Fri	Nataraja: White		Moon 3 - Phase 48 - 19	3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 5:06PM	Chaitra-Panguni	Bhuloka Day			
					Devaloka Time: 6:AM to 9:AM			

Retreat Star		Friday, April 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Istanbul, Turkey
Mithuna Rasi: 11.58	Tithi 7	Gulika 7:17AM – 8:54AM	Ardra Until 10:03PM	Ganesha: Clear Sunrise: 5:40AM		Sun 20	Sutra 362	
		Yama 3:22PM – 4:59PM	Sobhana Until 7:01AM	Muruqa: White Sunset: 6:36PM			Plava 5123	
		136345478 Rahu 10:31AM – 12:08PM	Gara Until 6:23AM	Nataraja: White		Moon 3 - Phase 48 - 20	3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 7:36PM	Chaitra-Panguni	Bhuloka Day			
					Devaloka Time: 6:AM to 9:AM			

Retreat Star		Saturday, April 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Istanbul, Turkey
Mithuna Rasi: 23.51	Tithi 8	Gulika 5:39AM – 7:16AM	Punarvasu Until 12:59AM Sun	Ganesha: Clear Sunrise: 5:39AM		Sun 21	Sutra 363	
		Yama 1:45PM – 3:23PM	Athiganda* Until 7:53AM	Muruqa: White Sunset: 6:37PM			Plava 5123	
		147345478 Rahu 8:53AM – 10:31AM	Visti Until 8:49AM	Nataraja: White		Moon 3 - Phase 48 - 21	Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 9:54PM	Chaitra-Panguni	Bhuloka Day			
					Devaloka Time: 9:AM to 12:PM			

Retreat Star		Sunday, April 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Istanbul, Turkey
Kataka Rasi: 5.5	Tithi 9	Gulika 3:23PM – 5:01PM	Pushya Until 3:19AM Mon	Ganesha: Clear Sunrise: 5:37AM		Sun 22	Sutra 364	
		Yama 12:08PM – 1:45PM	Sukarma Until 8:31AM	Muruqa: White Sunset: 6:38PM			Plava 5123	
		147345478 Rahu 5:01PM – 6:38PM	Balava Until 10:54AM	Nataraja: White		Moon 3 - Phase 48 - 22	Navami	
Creative Work	Siddha Yoga		Navami* Until 11:45PM	Chaitra-Panguni	Bhuloka Day			
		Sri Rama Navami			Devaloka Time: 9:AM to 12:PM			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Monday, April 11, 2022	Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau	Istanbul, Turkey
	Kataka Rasi: 18.02 Tithi 10	Gulika 1:45PM – 3:23PM Ashlesha* Until 4:54AM Tue	Sun 23 Plava 5123
	Family Home Evening 147345478	Rahu 7:14AM – 8:52AM	Moon 3 - Phase 49 - 23 4th Phase
	Creative Work Siddha Yoga	Yogaswami Mahasamadhi	Bhuloka Day Devaloka Time: 9:AM to 12:PM


2	Tuesday, April 12, 2022	Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau	Istanbul, Turkey
	Simha Rasi: 0.29 Tithi 11	Gulika 12:07PM – 1:45PM Magha* Until 6:06AM Wed	Sun 24 Plava 5123
	157345478	Rahu 3:24PM – 5:02PM	Moon 3 - Phase 49 - 24 4th Phase
	Creative Work Siddha Yoga Until 6:06AM Wed Then Creative Work - Amrita Yoga	Ekadashi Until 1:33AM Wed	Devaloka Day


3	Wednesday, April 13, 2022	Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhdi Yoga Bava/Balava Karana Dvadashyam Titau	Istanbul, Turkey
	Simha Rasi: 13.16 Tithi 12	Gulika 10:28AM – 12:07PM Magha* Until 6:06AM	Sun 25 Plava 5123
	157345478	Rahu 12:07PM – 1:46PM	Moon 3 - Phase 49 - 25 4th Phase
	Creative Work Siddha Yoga Until 6:06AM Then Creative Work - Amrita Yoga	Dvadashi Until 1:22AM Thu	Devaloka Day

4	Thursday, April 14, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau	Istanbul, Turkey
	Simha Rasi: 26.25 Tithi 13	Gulika 8:49AM – 10:28AM Purvaphalguni Until 6:27AM	Sun 26 Subhakrit 5124
	257345478	Rahu 1:46PM – 3:25PM	Moon 3 - Phase 49 - 26 4th Phase
	Creative Work Siddha Yoga	Tamil New Year Trayodashi Until 12:29AM Fri	Bhuloka Day Devaloka Time: 9:AM to 12:PM

Pradosha Vrata

5	Friday, April 15, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau	Istanbul, Turkey
	Kanya Rasi: 9.55 Tithi 14	Gulika 7:09AM – 8:48AM Hasta Until 5:11AM Sat	Sun 27 Subhakrit 5124
	258345478	Rahu 10:27AM – 12:06PM	Moon 3 - Phase 49 - 27 4th Phase
	Creative Work Amrita Yoga Until 5:11AM Sat Then Routine Work - Marana Yoga	Chaturdashi* Until 10:58PM	Bhuloka Day

	Saturday, April 16, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau	Istanbul, Turkey
	Kanya Rasi: 23.48 Tithi 15	Gulika 5:28AM – 7:07AM Chitra Until 3:47AM Sun	Sun 28 Subhakrit 5124
	268345478	Rahu 8:47AM – 10:27AM	Moon 3 - Phase 49 - Purnima
	Routine Work Marana Yoga Until 3:47AM Sun Then Creative Work - Siddha Yoga	Chitra Purnima (Tamil Nadu) Hanuman Jayanti	Bhuloka Day Devaloka Time: 6:AM to 9:AM

	Sunday, April 17, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau	Istanbul, Turkey
	Tula Rasi: 7.58 Tithi 16	Gulika 3:26PM – 5:06PM Svati Until 1:55AM Mon	Sun 29 Subhakrit 5124
	268345478	Rahu 5:06PM – 6:46PM	Moon 3 - Phase 49 - Prathama
	Creative Work Siddha Yoga Until 1:55AM Mon Then Routine Work - Marana Yoga	Prathama* Until 6:33PM	Bhuloka Day Devaloka Time: 6:AM to 9:AM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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