



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 28.26 Tithi 17

Creative Work Siddha Yoga

278784469

Gulika 10:38AM - 12:05PM
Yama 7:44AM - 9:11AM
Rahu 12:05PM - 1:32PM

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Vishakha Until 1:44PM
Vyatipata* Until 12:22PM
Taitila Until 11:57AM
Dvitiya Until 10:08PM

Ganesha: Blue Sunrise: 6:17AM
Muruga: White Sunset: 5:53PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Devaloka Day

Lusaka, Zambia
Sutra 17
Plava 5123
Moon 4 - Phase 2 - 1st Phase

1

Thursday, April 29, 2021

Vrischika Rasi: 13.31 Tithi 18

Creative Work Siddha Yoga

Until 11:01AM

Then Routine Work - Prabararishta Yoga

278784469

Gulika 9:11AM - 10:38AM
Yama 6:17AM - 7:44AM
Rahu 1:32PM - 2:58PM

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Anuradha Until 11:01AM
Variyan Until 8:19AM
Vanija Until 8:24AM
Tritiya Until 6:43PM

Ganesha: Blue Sunrise: 6:17AM
Muruga: White Sunset: 5:52PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Devaloka Day

Lusaka, Zambia
Sun 1 Sutra 18
Plava 5123
Moon 4 - Phase 2 - 1st Phase

2

Friday, April 30, 2021

Vrischika Rasi: 28.22 Tithi 19 - 20

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Amrita Yoga

278784469

Gulika 7:44AM - 9:11AM
Yama 2:58PM - 4:25PM
Rahu 10:38AM - 12:05PM

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Jyeshtha* Until 8:31AM
Shiva Until 1:11AM Sat
Kaulava Until 2:24AM Sat
Chaturthi* Until 3:42PM

Ganesha: Blue Sunrise: 6:17AM
Muruga: White Sunset: 5:52PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Devaloka Day

Lusaka, Zambia
Sun 2 Sutra 19
Plava 5123
Moon 4 - Phase 2 - 2nd Phase

3

Saturday, May 1, 2021

Dhanus Rasi: 12.52 Tithi 20 - 21

Creative Work Siddha Yoga

288794469

Gulika 6:18AM - 7:44AM
Yama 1:31PM - 2:58PM
Rahu 9:11AM - 10:38AM

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mula* Until 6:45AM
Siddha Until 10:15PM
Gara Until 12:12AM Sun
Panchami Until 1:12PM

Ganesha: Red Sunrise: 6:18AM
Muruga: Yellow Sunset: 5:51PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Devaloka Day

Lusaka, Zambia
Sun 3 Sutra 20
Plava 5123
Moon 4 - Phase 2 - 3rd Phase

4

Sunday, May 2, 2021

Dhanus Rasi: 26.58 Tithi 21 - 22

Creative Work Amrita Yoga

288794469

Gulika 2:57PM - 4:24PM
Yama 12:04PM - 1:31PM
Rahu 4:24PM - 5:51PM

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Uttarashadha Until 4:41AM Mon
Sadhya Until 7:53PM
Visti Until 10:40PM
Shashthi* Until 11:20AM

Ganesha: Red Sunrise: 6:18AM
Muruga: Yellow Sunset: 5:51PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Devaloka Day

Lusaka, Zambia
Sun 4 Sutra 21
Plava 5123
Moon 4 - Phase 2 - 4th Phase

Monday, May 3, 2021

Retreat Star

Makara Rasi: 10.38 Tithi 22 - 23

Family Home Evening

Creative Work Amrita Yoga

Until 4:54AM Tue

Then Creative Work - Siddha Yoga

298794469

Gulika 1:31PM - 2:57PM
Yama 10:38AM - 12:04PM
Rahu 7:45AM - 9:11AM

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shravana Until 4:54AM Tue
Subha Until 6:04PM
Balava Until 9:50PM
Saptami Until 10:09AM

Ganesha: Green Sunrise: 6:18AM
Muruga: Yellow Sunset: 5:50PM
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Lusaka, Zambia
Sun 5 Sutra 22
Plava 5123
Moon 4 - Phase 2 - 5th Phase

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 23.55 Tithi 23 - 24

Creative Work Siddha Yoga

298794469

Gulika 12:04PM - 1:30PM
Yama 9:11AM - 10:38AM
Rahu 2:57PM - 4:23PM

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dhanishtha Until 5:39AM Wed
Sukla Until 4:48PM
Taitila Until 9:42PM
Ashtami* Until 9:40AM

Ganesha: Green Sunrise: 6:18AM
Muruga: Yellow Sunset: 5:50PM
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Lusaka, Zambia
Sun 6 Sutra 23
Plava 5123
Moon 4 - Phase 2 - 6th Phase

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

www.gurudeva.org/panchang

1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Varija Karana Navami/Dashamyam Titau				Lusaka, Zambia
	Kumbha Rasi: 6.5	Tithi 24 – 25	Gulika 10:38AM – 12:04PM	Shatabhishak Until 6:51AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:19AM	Sun 7 Sutra 24
			Yama 7:45AM – 9:11AM	Brahma Until 4:04PM	Muruqa: Yellow	<i>Sunset:</i> 5:49PM	Plava 5123
	299794469	Rahu 12:04PM – 1:30PM	Varija Until 10:13PM	Navami* Until 9:52AM	Nataraja: Clear		Moon 4 - Phase 3 - 7 2nd Phase
Creative Work	Siddha Yoga			Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			


2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau				Lusaka, Zambia
	Kumbha Rasi: 19.28	Tithi 25 – 26	Gulika 9:11AM – 10:38AM	Shatabhishak Until 6:51AM	Ganesha: Red	<i>Sunrise:</i> 6:19AM	Sun 8 Sutra 25
			Yama 6:19AM – 7:45AM	Indra Until 3:49PM	Muruqa: Yellow	<i>Sunset:</i> 5:49PM	Plava 5123
	299794469	Rahu 1:30PM – 2:56PM	Bava Until 11:19PM	Dashami Until 10:41AM	Nataraja: Clear		Moon 4 - Phase 3 - 8 2nd Phase
Creative Work	Siddha Yoga			Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia
	Meena Rasi: 1.5	Tithi 26 – 27	Gulika 7:45AM – 9:11AM	Purvaproshtapada* Until 8:54AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sun 9 Sutra 26
			Yama 2:56PM – 4:22PM	Vaidhrili* Until 3:57PM	Muruqa: Yellow	<i>Sunset:</i> 5:49PM	Plava 5123
	219794469	Rahu 10:38AM – 12:04PM	Kaulava Until 12:54AM Sat	Ekadashi* Until 12:02PM	Nataraja: Clear		Moon 4 - Phase 3 - 9 2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		Devaloka Day	
				Chaitra*Chaitra			

4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia
	Meena Rasi: 14.01	Tithi 27 – 28	Gulika 6:19AM – 7:45AM	Uttaraproshtapada Until 11:14AM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sun 10 Sutra 27
			Yama 1:30PM – 2:56PM	Vishkambha* Until 4:25PM	Muruqa: Yellow	<i>Sunset:</i> 5:48PM	Plava 5123
	219794469	Rahu 9:12AM – 10:38AM	Gara Until 2:53AM Sun	Dvadashi* Until 1:50PM	Nataraja: Clear		Moon 4 - Phase 3 - 10 2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		Devaloka Day	
Until 11:14AM				Chaitra*Chaitra			
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia
	Meena Rasi: 26.02	Tithi 28 – 29	Gulika 2:56PM – 4:22PM	Revati Until 1:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Sun 11 Sutra 28
			Yama 12:04PM – 1:30PM	Priti Until 5:10PM	Muruqa: Yellow	<i>Sunset:</i> 5:48PM	Plava 5123
	219794469	Rahu 4:22PM – 5:48PM	Vistil Until 5:11AM Mon	Trayodashi* Until 3:59PM	Nataraja: Clear		Moon 4 - Phase 3 - 11 2nd Phase
Creative Work	Amrita Yoga			Moon – Clear		Devaloka Day	
Until 1:45PM		Mother's Day		Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

6	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia
	Mesha Rasi: 7.58	Tithi 29	Gulika 1:30PM – 2:56PM	Ashvini Until 4:52PM	Ganesha: Orange	<i>Sunrise:</i> 6:20AM	Sun 12 Sutra 29
	Family Home Evening		Yama 10:38AM – 12:04PM	Ayushman Until 6:05PM	Muruqa: Yellow	<i>Sunset:</i> 5:47PM	Plava 5123
	229794469	Rahu 7:46AM – 9:12AM	Sakuni Until 6:24PM	Chaturdashi* Until 6:24PM	Nataraja: Clear		Moon 4 - Phase 3 - 12 2nd Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
				Chaitra*Chaitra			

	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lusaka, Zambia
	Retreat Star		Gulika 12:04PM – 1:29PM	Bharani Until 7:59PM	Ganesha: Orange	<i>Sunrise:</i> 6:20AM	Sun 13 Sutra 30
	Mesha Rasi: 19.47	Tithi 30	Yama 9:12AM – 10:38AM	Saubhagya Until 7:08PM	Muruqa: Yellow	<i>Sunset:</i> 5:47PM	Plava 5123
	229794469	Rahu 2:55PM – 4:21PM	Catuspada Until 7:41AM	Amavasya* Until 8:58PM	Nataraja: Clear		Moon 4 - Phase 3 - 13 Amavasya
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
				Chaitra*Chaitra			

Retreat Star	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Lusaka, Zambia
	Retreat Star		Gulika 10:38AM – 12:04PM	Krittika Until 10:58PM	Ganesha: Orange	<i>Sunrise:</i> 6:20AM	Sun 14 Sutra 31
	Vrishabha Rasi: 1.34	Tithi 1	Yama 7:46AM – 9:12AM	Sobhana Until 8:16PM	Muruqa: Yellow	<i>Sunset:</i> 5:47PM	Plava 5123
	229794469	Rahu 12:04PM – 1:29PM	Kintughna Until 10:19AM	Prathama* Until 11:36PM	Nataraja: Clear		Moon 4 - Phase 3 - 14 Prathama
Creative Work	Amrita Yoga			Moon – White		Devaloka Day	
Until 10:58PM				Vaisaka*Chaitra			
Then Creative Work - Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Thursday, May 13, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Lusaka, Zambia Sun 15 Sutra 32	
	Vrishabha Rasi: 13.22 Tithi 2	231794469	Gulika 9:12AM – 10:38AM Yama 6:21AM – 7:46AM Rahu 1:29PM – 2:55PM	Rohini Until 2:15AM Fri Athiganda* Until 9:19PM Balava Until 12:56PM Dvitiya Until 2:10AM Fri	Ganesha: Red <i>Sunrise:</i> 6:21AM Muruqa: Yellow <i>Sunset:</i> 5:46PM Nataraja: Clear Moon – Yellow Devaloka Day Vaisaka-Chaitra
	Routine Work Marana Yoga Until 2:15AM Fri Then Creative Work - Siddha Yoga			Moon 4 - Phase 4 - 15 3rd Phase	
					Moon 4 - Phase 4 - 15 3rd Phase

2	Friday, May 14, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Lusaka, Zambia Sun 16 Sutra 33	
	Vrishabha Rasi: 25.1 Tithi 3	231894469	Gulika 7:47AM – 9:12AM Yama 2:55PM – 4:21PM Rahu 10:38AM – 12:04PM	Mrigashira Until 5:10AM Sat Sukarma Until 10:15PM Taitila Until 3:24PM Tritiya Until 4:32AM Sat	Ganesha: Green <i>Sunrise:</i> 6:21AM Muruqa: Yellow <i>Sunset:</i> 5:46PM Nataraja: Clear Moon – Yellow Bhuloka Day Vaisaka-Vaikasi Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga		Akshaya Tritiya	Moon 4 - Phase 4 - 16 3rd Phase	
					Moon 4 - Phase 4 - 16 3rd Phase

3	Saturday, May 15, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthiyam Titau		Lusaka, Zambia Sun 17 Sutra 34	
	Mithuna Rasi: 7.04 Tithi 4	231894469	Gulika 6:21AM – 7:47AM Yama 1:29PM – 2:55PM Rahu 9:12AM – 10:38AM	Ardra Until 7:35AM Sun Dhriti Until 10:59PM Vanija Until 5:37PM Chaturthi* Until 6:34AM Sun	Ganesha: Green <i>Sunrise:</i> 6:21AM Muruqa: Yellow <i>Sunset:</i> 5:46PM Nataraja: Clear Moon – Yellow Bhuloka Day Vaisaka-Vaikasi Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga			Moon 4 - Phase 4 - 17 3rd Phase	
					Moon 4 - Phase 4 - 17 3rd Phase

4	Sunday, May 16, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 35	
	Mithuna Rasi: 19.06 Tithi 4 – 5	231894469	Gulika 2:55PM – 4:20PM Yama 12:04PM – 1:29PM Rahu 4:20PM – 5:46PM	Ardra Until 7:35AM Shula* Until 11:21PM Bava Until 7:26PM Chaturthi* Until 6:34AM	Ganesha: Green <i>Sunrise:</i> 6:22AM Muruqa: Yellow <i>Sunset:</i> 5:46PM Nataraja: Clear Moon – Yellow Bhuloka Day Vaisaka-Vaikasi Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga		Adi Sankara Jayanthi	Moon 4 - Phase 4 - 18 3rd Phase	
					Moon 4 - Phase 4 - 18 3rd Phase

5	Monday, May 17, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Lusaka, Zambia Sun 19 Sutra 36	
	Kataka Rasi: 1.19 Tithi 5 – 6 Family Home Evening	241894469	Gulika 1:29PM – 2:54PM Yama 10:38AM – 12:04PM Rahu 7:47AM – 9:13AM	Punarvasu Until 9:53AM Ganda* Until 11:19PM Kaulava Until 8:43PM Panchami Until 8:08AM	Ganesha: Red <i>Sunrise:</i> 6:22AM Muruqa: Yellow <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Blue Devaloka Day Vaisaka-Vaikasi
	Creative Work Amrita Yoga Until 9:53AM Then Creative Work - Siddha Yoga			Moon 4 - Phase 4 - 19 3rd Phase	
					Moon 4 - Phase 4 - 19 3rd Phase

6	Tuesday, May 18, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lusaka, Zambia Sun 20 Sutra 37	
	Kataka Rasi: 13.47 Tithi 6 – 7	241894469	Gulika 12:04PM – 1:29PM Yama 9:13AM – 10:38AM Rahu 2:54PM – 4:20PM	Pushya Until 11:26AM Vriddhi Until 10:47PM Gara Until 9:21PM Shashthi* Until 9:06AM	Ganesha: Red <i>Sunrise:</i> 6:22AM Muruqa: Yellow <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Blue Devaloka Day Vaisaka-Vaikasi
	Creative Work Siddha Yoga			Moon 4 - Phase 4 - 20 3rd Phase	
					Moon 4 - Phase 4 - 20 3rd Phase

D	Wednesday, May 19, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lusaka, Zambia Sun 21 Sutra 38	
	Kataka Rasi: 26.34 Tithi 7 – 8 Retreat Star	241894469	Gulika 10:38AM – 12:04PM Yama 7:48AM – 9:13AM Rahu 12:04PM – 1:29PM	Ashlesha* Until 12:10PM Dhruva Until 9:39PM Visti Until 9:15PM Saptami Until 9:23AM	Ganesha: Red <i>Sunrise:</i> 6:22AM Muruqa: Yellow <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Blue Devaloka Day Vaisaka-Vaikasi
	Creative Work Siddha Yoga			Moon 4 - Phase 4 - 21 Ashtami	
					Moon 4 - Phase 4 - 21 Ashtami

D	Thursday, May 20, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lusaka, Zambia Sun 22 Sutra 39	
	Simha Rasi: 9.43 Tithi 8 – 9 Retreat Star	251894469	Gulika 9:13AM – 10:38AM Yama 6:23AM – 7:48AM Rahu 1:29PM – 2:54PM	Magha* Until 12:27PM Vyaghata* Until 7:56PM Balava Until 8:25PM Ashtami* Until 8:54AM	Ganesha: Blue <i>Sunrise:</i> 6:23AM Muruqa: Yellow <i>Sunset:</i> 5:45PM Nataraja: Clear Moon – Red Bhuloka Day Vaisaka-Vaikasi Devaloka Time: 3:PM to 6:PM
	Creative Work Amrita Yoga Until 12:27PM Then Creative Work - Siddha Yoga			Moon 4 - Phase 4 - 22 Navami	
					Moon 4 - Phase 4 - 22 Navami


1	Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lusaka, Zambia
	Simha Rasi: 23.17	Tithi 9 – 10	Gulika 7:48AM – 9:13AM	Purvaphalguni Until 11:51AM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM	Sun 23 Sutra 40
			Yama 2:54PM – 4:19PM	Harshana Until 5:37PM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Plava 5123
	251894469	Rahu 10:39AM – 12:04PM		Taitila Until 6:49PM	Nataraja: Clear		Moon 4 - Phase 5 - 23 4th Phase
Creative Work	Siddha Yoga		Navami* Until 7:41AM	Moon – Red		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Vaisaka-Vaikasi			


2	Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Ekadashyam Titau				Lusaka, Zambia
	Kanya Rasi: 7.17	Tithi 11	Gulika 6:23AM – 7:49AM	Uttaraphalguni Until 10:25AM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM	Sun 24 Sutra 41
			Yama 1:29PM – 2:54PM	Vajra* Until 2:44PM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Plava 5123
	251894469	Rahu 9:14AM – 10:39AM		Vanija Until 4:33PM	Nataraja: Clear		Moon 4 - Phase 5 - 24 4th Phase
Routine Work	Marana Yoga		Ekadashi Until 3:11AM Sun	Moon – Red		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Vaisaka-Vaikasi			

3	Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia
	Kanya Rasi: 21.42	Tithi 12	Gulika 2:54PM – 4:19PM	Hasta Until 8:39AM	Ganesha: White	<i>Sunrise:</i> 6:24AM	Sun 25 Sutra 42
			Yama 12:04PM – 1:29PM	Siddhi Until 11:23AM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Plava 5123
	262894469	Rahu 4:19PM – 5:44PM		Bava Until 1:43PM	Nataraja: Clear		Moon 4 - Phase 5 - 25 4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 12:07AM Mon	Moon – Green		Sivaloka Day	
Until 8:39AM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

4	Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia
	Tula Rasi: 6.29	Tithi 13	Gulika 1:29PM – 2:54PM	Chitra Until 6:16AM	Ganesha: White	<i>Sunrise:</i> 6:24AM	Sun 26 Sutra 43
	Family Home Evening		Yama 10:39AM – 12:04PM	Vyatipata* Until 7:40AM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Plava 5123
	262894469	Rahu 7:49AM – 9:14AM		Kaulava Until 10:26AM	Nataraja: Clear		Moon 4 - Phase 5 - 26 4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 8:39PM	Moon – Green		Sivaloka Day	
Until 6:16AM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata</i>			

5	Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia
	Tula Rasi: 21.32	Tithi 14 – 15	Gulika 12:04PM – 1:29PM	Vishakha Until 12:39AM Wed	Ganesha: White	<i>Sunrise:</i> 6:24AM	Sun 27 Sutra 44
			Yama 9:14AM – 10:39AM	Parigha* Until 11:29PM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Plava 5123
	372894469	Rahu 2:54PM – 4:19PM		Gara Until 6:51AM	Nataraja: Clear		Moon 4 - Phase 5 - 27 4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 4:59PM	Moon – Orange		Sivaloka Day	
Until 12:39AM Wed		Vaikasi Visakam		Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

	Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia
	Copper Retreat Star		Gulika 10:39AM – 12:04PM	Anuradha Until 9:44PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Sutra 45
	Vrischika Rasi: 6.43	Tithi 15 – 16	Yama 7:50AM – 9:14AM	Shiva Until 7:20PM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Plava 5123
	372894469	Rahu 12:04PM – 1:29PM		Balava Until 11:23PM	Nataraja: Clear		Moon 4 - Phase 5 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:13PM	Moon – Orange		Sivaloka Day	
		Budha Purnima (Tamil Nadu)		Vaisaka-Vaikasi			

	Thursday, May 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia
	Silver Retreat Star		Gulika 9:15AM – 10:40AM	Jyeshtha* Until 6:51PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Sutra 46
	Vrischika Rasi: 21.52	Tithi 16 – 17	Yama 6:25AM – 7:50AM	Siddha Until 3:15PM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Plava 5123
	372894469	Rahu 1:29PM – 2:54PM		Taitila Until 7:49PM	Nataraja: Clear		Moon 4 - Phase 5 - Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 9:33AM	Moon – Orange		Sivaloka Day	
Until 6:51PM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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Friday, May 28, 2021
Gold Retreat Star

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Gara/Vishti* Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia
Sun 1
Sutra 47
Plava 5123
Moon 5 - Phase 6 - 1
1st Phase

Dhanus Rasi: 6.5 Tithi 17 - 18

382894469
Gulika 7:50AM - 9:15AM
Yama 2:54PM - 4:19PM
Rahu 10:40AM - 12:04PM

Mula* Until 4:32PM
Sadhya Until 11:26AM
Visti Until 3:06AM Sat
Dvitiya Until 6:08AM

Ganesha: Clear Sunrise: 6:25AM
Muruqa: Yellow Sunset: 5:44PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 4:32PM

Then Routine Work - Prabalarishta Yoga

1

Saturday, May 29, 2021

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthiyam Titau

Lusaka, Zambia
Sun 2
Sutra 48
Plava 5123
Moon 5 - Phase 6 - 2
1st Phase

Dhanus Rasi: 21.31 Tithi 19

382894469
Gulika 6:26AM - 7:50AM
Yama 1:29PM - 2:54PM
Rahu 9:15AM - 10:40AM

Purvashadha* Until 2:34PM
Subha Until 7:59AM
Bava Until 1:47PM
Chaturthi* Until 12:35AM Sun

Ganesha: Clear Sunrise: 6:26AM
Muruqa: Yellow Sunset: 5:44PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 2:34PM

Then Routine Work - Marana Yoga

2

Sunday, May 30, 2021

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia
Sun 3
Sutra 49
Plava 5123
Moon 5 - Phase 6 - 3
1st Phase

Makara Rasi: 5.47 Tithi 20

382894469
Gulika 2:54PM - 4:19PM
Yama 12:05PM - 1:29PM
Rahu 4:19PM - 5:44PM

Uttarashadha Until 1:03PM
Brahma Until 2:32AM Mon
Kaulava Until 11:36AM
Panchami Until 10:44PM

Ganesha: Clear Sunrise: 6:26AM
Muruqa: Yellow Sunset: 5:44PM
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

3

Monday, May 31, 2021

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia
Sun 4
Sutra 50
Plava 5123
Moon 5 - Phase 6 - 4
1st Phase

Makara Rasi: 19.38 Tithi 21

392894469
Gulika 1:30PM - 2:54PM
Yama 10:40AM - 12:05PM
Rahu 7:51AM - 9:16AM

Shravana Until 12:32PM
Indra Until 12:43AM Tue
Gara Until 10:06AM
Shashthi* Until 9:38PM

Ganesha: Purple Sunrise: 6:26AM
Muruqa: Yellow Sunset: 5:43PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Amrita Yoga

Until 12:32PM

Then Creative Work - Siddha Yoga

4

Tuesday, June 1, 2021

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Lusaka, Zambia
Sun 5
Sutra 51
Plava 5123
Moon 5 - Phase 6 - 5
1st Phase

Kumbha Rasi: 3.02 Tithi 22

392894469
Gulika 12:05PM - 1:30PM
Yama 9:16AM - 10:40AM
Rahu 2:54PM - 4:19PM

Dhanishtha Until 12:38PM
Vaidhriti* Until 11:30PM
Visti Until 9:23AM
Saptami Until 9:18PM

Ganesha: Purple Sunrise: 6:27AM
Muruqa: Yellow Sunset: 5:43PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

Until 12:38PM

Then Routine Work - Marana Yoga

Retreat Star

Wednesday, June 2, 2021

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak*/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 6
Sutra 52
Plava 5123
Moon 5 - Phase 6 - 6
Ashtami

Kumbha Rasi: 16.01 Tithi 23

392894469
Gulika 10:41AM - 12:05PM
Yama 7:51AM - 9:16AM
Rahu 12:05PM - 1:30PM

Shatabhishak Until 1:20PM
Vishkambha* Until 10:54PM
Balava Until 9:27AM
Ashtami* Until 9:45PM

Ganesha: Purple Sunrise: 6:27AM
Muruqa: Yellow Sunset: 5:43PM
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

Until 1:20PM

Then Creative Work - Amrita Yoga

Thursday, June 3, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttarproarthapada Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 7
Sutra 53
Plava 5123
Moon 5 - Phase 6 - 7
Navami

Kumbha Rasi: 28.38 Tithi 24

312894469
Gulika 9:16AM - 10:41AM
Yama 6:27AM - 7:52AM
Rahu 1:30PM - 2:54PM

Purvaprosarthapada* Until 3:04PM
Priti Until 10:52PM
Taitila Until 10:15AM
Navami* Until 10:53PM

Ganesha: Blue Sunrise: 6:27AM
Muruqa: Yellow Sunset: 5:43PM
Nataraja: Clear
Moon - Clear
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

1		Friday, June 4, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Lusaka, Zambia Sun 8 Sutra 54
Meena Rasi: 10.58	Tithi 25	Gulika 7:52AM – 9:17AM	Uttaraproshtapada Until 5:15PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM			Plava 5123
		Yama 2:54PM – 4:19PM	Ayushman Until 11:15PM	Muruqa: Yellow	<i>Sunset:</i> 5:43PM			Moon 5 - Phase 7 - 8
Creative Work	Siddha Yoga	312894461 Rahu 10:41AM – 12:06PM	Vanija Until 11:43AM	Nataraja: Clear				2nd Phase
			Dashami Until 12:37AM Sat	Moon – Clear			Sivaloka Day	
				Vaisaka-Vaikasi				

2		Saturday, June 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 9 Sutra 55
Meena Rasi: 23.03	Tithi 26	Gulika 6:28AM – 7:52AM	Revati Until 7:45PM	Ganesha: Yellow	<i>Sunrise:</i> 6:28AM			Plava 5123
		Yama 1:30PM – 2:55PM	Saubhagya Until 12:01AM Sun	Muruqa: Yellow	<i>Sunset:</i> 5:44PM			Moon 5 - Phase 7 - 9
Routine Work	Prabalarishta Yoga	313894461 Rahu 9:17AM – 10:41AM	Bava Until 1:41PM	Nataraja: Yellow				2nd Phase
Until 7:45PM			Ekadashi* Until 2:48AM Sun	Moon – Clear			Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi				

3		Sunday, June 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Lusaka, Zambia Sun 10 Sutra 56
Mesha Rasi: 4.59	Tithi 27	Gulika 2:55PM – 4:19PM	Ashvini Until 10:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM			Plava 5123
		Yama 12:06PM – 1:30PM	Sobhana Until 1:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 5:44PM			Moon 5 - Phase 7 - 10
Creative Work	Siddha Yoga	323894461 Rahu 4:19PM – 5:44PM	Kaulava Until 4:02PM	Nataraja: Yellow				2nd Phase
Until 10:54PM			Dvadashti* Until 5:16AM Mon	Moon – White			Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Vaisaka-Vaikasi			Devaloka Time: 3:PM to 6:PM	

4		Monday, June 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Gara Karana Trayodashyam Titau				Lusaka, Zambia Sun 11 Sutra 57
Mesha Rasi: 16.49	Tithi 28	Gulika 1:30PM – 2:55PM	Bharani Until 2:02AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:28AM			Plava 5123
Family Home Evening		Yama 10:42AM – 12:06PM	Athiganda* Until 2:07AM Tue	Muruqa: Yellow	<i>Sunset:</i> 5:44PM			Moon 5 - Phase 7 - 11
Creative Work	Siddha Yoga	323894461 Rahu 7:53AM – 9:17AM	Gara Until 6:36PM	Nataraja: Yellow				2nd Phase
			Trayodashi* Until 7:53AM Tue	Moon – White			Bhuloka Day	
				Vaisaka-Vaikasi			Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, June 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 58
Mesha Rasi: 28.36	Tithi 28 – 29	Gulika 12:06PM – 1:31PM	Krittika Until 5:02AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:29AM			Plava 5123
		Yama 9:18AM – 10:42AM	Sukarma Until 3:14AM Wed	Muruqa: Yellow	<i>Sunset:</i> 5:44PM			Moon 5 - Phase 7 - 12
Creative Work	Siddha Yoga	323994461 Rahu 2:55PM – 4:19PM	Visti Until 9:13PM	Nataraja: Yellow				2nd Phase
			Trayodashi* Until 7:53AM	Moon – White			Devaloka Day	
				Vaisaka-Vaikasi				

Retreat Star		Wednesday, June 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 59
Vrishabha Rasi: 10.23	Tithi 29 – 30	Gulika 10:42AM – 12:06PM	Rohini Until 8:14AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM			Plava 5123
		Yama 7:53AM – 9:18AM	Dhriti Until 4:17AM Thu	Muruqa: Yellow	<i>Sunset:</i> 5:44PM			Moon 5 - Phase 7 - 13
Creative Work	Siddha Yoga	333994461 Rahu 12:06PM – 1:31PM	Catuspada Until 11:44PM	Nataraja: Yellow				Amavasya
Until 8:14AM Thu			Chaturdashi* Until 10:28AM	Moon – Yellow			Devaloka Day	
Then Routine Work - Marana Yoga				Vaisaka-Vaikasi				

Retreat Star		Thursday, June 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia Sun 14 Sutra 60
Vrishabha Rasi: 22.13	Tithi 30 – 1	Gulika 9:18AM – 10:42AM	Rohini Until 8:14AM	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM			Plava 5123
		Yama 6:29AM – 7:54AM	Shula* Until 5:07AM Fri	Muruqa: Yellow	<i>Sunset:</i> 5:44PM			Moon 5 - Phase 7 - 14
Routine Work	Marana Yoga	333994461 Rahu 1:31PM – 2:55PM	Kintughna Until 2:03AM Fri	Nataraja: Yellow				Prathama
			Amavasya* Until 12:54PM	Moon – Yellow			Devaloka Day	
				Jyeshtha-Vaikasi				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Friday, June 11, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 15 Sutra 61 Plava 5123	
Mithuna Rasi: 4.08	Tithi 1 – 2	Gulika 7:54AM – 9:18AM	Mrigashira Until 11:02AM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8 - 15	3rd Phase
Creative Work	Siddha Yoga	Yama 2:55PM – 4:20PM	Ganda* Until 5:43AM Sat	Nataraja: Yellow					
		353994461 Rahu 10:43AM – 12:07PM	Balava Until 4:02AM Sat	Moon – Yellow					Devaloka Day
			Prathama* Until 3:04PM	Jyeshtha-Vaikasi					
2		Saturday, June 12, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lusaka, Zambia Sun 16 Sutra 62 Plava 5123	
Mithuna Rasi: 16.11	Tithi 2 – 3	Gulika 6:30AM – 7:54AM	Ardra Until 1:19PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8 - 16	3rd Phase
Creative Work	Siddha Yoga	Yama 1:31PM – 2:56PM	Vriddhi Until 6:02AM Sun	Nataraja: Yellow					
		353994461 Rahu 9:19AM – 10:43AM	Taitila Until 5:37AM Sun	Moon – Yellow					Devaloka Day
			Dvitiya Until 4:52PM	Jyeshtha-Vaikasi					
3		Sunday, June 13, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi/Dhruva Yoga Gara Karana Tritiyayam Titau				Lusaka, Zambia Sun 17 Sutra 63 Plava 5123	
Mithuna Rasi: 28.25	Tithi 3	Gulika 2:56PM – 4:20PM	Punarvasu Until 3:32PM	Ganesha: Red	<i>Sunrise:</i> 6:30AM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8 - 17	3rd Phase
Creative Work	Siddha Yoga	Yama 12:07PM – 1:31PM	Vriddhi Until 6:02AM	Nataraja: Yellow					
		353994461 Rahu 4:20PM – 5:44PM	Gara Until 6:14PM	Moon – Blue					Devaloka Day
			Tritiya Until 6:14PM	Jyeshtha-Vaikasi					
4		Monday, June 14, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Vanija/Vishti* Karana Chaturthyam Titau				Lusaka, Zambia Sun 18 Sutra 64 Plava 5123	
Kataka Rasi: 10.5	Tithi 4	Gulika 1:32PM – 2:56PM	Pushya Until 5:07PM	Ganesha: Red	<i>Sunrise:</i> 6:31AM	Muruqa: Yellow	<i>Sunset:</i> 5:44PM	Moon 5 - Phase 8 - 18	3rd Phase
Family Home Evening		Yama 10:43AM – 12:07PM	Vyaghata* Until 5:30AM Tue	Nataraja: Yellow					
Creative Work	Siddha Yoga	353994461 Rahu 7:55AM – 9:19AM	Vanija Until 6:45AM	Moon – Blue					Devaloka Day
			Chaturthi* Until 7:07PM	Jyeshtha-Vaikasi					
5		Tuesday, June 15, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 19 Sutra 65 Plava 5123	
Kataka Rasi: 23.28	Tithi 5	Gulika 12:08PM – 1:32PM	Ashlesha* Until 6:03PM	Ganesha: Red	<i>Sunrise:</i> 6:31AM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 8 - 19	3rd Phase
Creative Work	Siddha Yoga	Yama 9:19AM – 10:43AM	Harshana Until 4:38AM Wed	Nataraja: Yellow					
		353994461 Rahu 2:56PM – 4:20PM	Bava Until 7:23AM	Moon – Blue					Devaloka Day
			Panchami Until 7:29PM	Jyeshtha-Ani					
6		Wednesday, June 16, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Lusaka, Zambia Sun 20 Sutra 66 Plava 5123	
Simha Rasi: 6.22	Tithi 6	Gulika 10:44AM – 12:08PM	Magha* Until 6:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 8 - 20	3rd Phase
Creative Work	Siddha Yoga	Yama 7:55AM – 9:19AM	Vajra* Until 3:18AM Thu	Nataraja: Yellow					
Until 6:45PM		353994461 Rahu 12:08PM – 1:32PM	Kaulava Until 7:28AM	Moon – Red					Sivaloka Day
Then Creative Work - Amrita Yoga			Shashthi* Until 7:17PM	Jyeshtha-Ani					
Retreat Star		Thursday, June 17, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia Sun 21 Sutra 67 Plava 5123	
Simha Rasi: 19.32	Tithi 7	Gulika 9:20AM – 10:44AM	Purvaphalguni Until 6:43PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 8 - 21	3rd Phase
Creative Work	Siddha Yoga	Yama 6:31AM – 7:56AM	Siddhi Until 1:31AM Fri	Nataraja: Yellow					
		353994461 Rahu 1:32PM – 2:56PM	Gara Until 7:00AM	Moon – Red					Sivaloka Day
			Saptami Until 6:32PM	Jyeshtha-Ani					
Retreat Star		Friday, June 18, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 68 Plava 5123	
Kanya Rasi: 3.02	Tithi 8 – 9	Gulika 7:56AM – 9:20AM	Uttaraphalguni Until 5:59PM	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 8 - 22	Ashtami
Creative Work	Siddha Yoga	Yama 2:57PM – 4:21PM	Vyatipata* Until 11:16PM	Nataraja: Yellow					
Until 5:59PM		353994461 Rahu 10:44AM – 12:08PM	Balava Until 4:19AM Sat	Moon – Red					Sivaloka Day
Then Creative Work - Amrita Yoga			Ashtami* Until 5:11PM	Jyeshtha-Ani					
Retreat Star		Saturday, June 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 69 Plava 5123	
Kanya Rasi: 16.53	Tithi 9 – 10	Gulika 6:32AM – 7:56AM	Hasta Until 4:58PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 8 - 23	Navami
Routine Work	Marana Yoga	Yama 1:33PM – 2:57PM	Variyan Until 8:33PM	Nataraja: Yellow					
		363994461 Rahu 9:20AM – 10:44AM	Taitila Until 2:09AM Sun	Moon – Green					Devaloka Day
			Navami* Until 3:16PM	Jyeshtha-Ani					

1 Sunday, June 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 70 Plava 5123
Tula Rasi: 1.04	Tithi 10 - 11	Gulika 2:57PM - 4:21PM	Chitra Until 3:18PM	Ganesha: White	<i>Sunrise:</i> 6:32AM	
		Yama 12:09PM - 1:33PM	Parigha* Until 5:27PM	Muruqa: Yellow	<i>Sunset:</i> 5:45PM	Moon 5 - Phase 9 - 24
364994461		Rahu 4:21PM - 5:45PM	Vanija Until 11:30PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:51PM	Moon - Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Father's Day		Jyeshtha-Ani		

2 Monday, June 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 71 Plava 5123
Tula Rasi: 15.34	Tithi 11 - 12	Gulika 1:33PM - 2:57PM	Svati Until 1:05PM	Ganesha: White	<i>Sunrise:</i> 6:32AM	
Family Home Evening		Yama 10:45AM - 12:09PM	Shiva Until 2:00PM	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9 - 25
364994461		Rahu 7:56AM - 9:21AM	Bava Until 8:28PM	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 10:01AM	Moon - Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:05PM				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

3 Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 72 Plava 5123
Vrischika Rasi: 0.2	Tithi 12 - 13	Gulika 12:09PM - 1:33PM	Vishakha Until 10:49AM	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	
		Yama 9:21AM - 10:45AM	Siddha Until 10:17AM	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9 - 26
374994461		Rahu 2:58PM - 4:22PM	Taitila Until 3:27AM Wed	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 6:50AM	Moon - Orange		Devaloka Day
Until 10:49AM				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 73 Plava 5123
Vrischika Rasi: 15.16	Tithi 14	Gulika 10:45AM - 12:09PM	Anuradha Until 8:14AM	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	
		Yama 7:57AM - 9:21AM	Sadhya Until 6:25AM	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9 - 27
374994461		Rahu 12:09PM - 1:34PM	Gara Until 1:44PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 12:00AM Thu	Moon - Orange		Devaloka Day
				Jyeshtha-Ani		

Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti/Bava Karana Purnimayam Titau				Lusaka, Zambia Sun 27 Sutra 74 Plava 5123
Copper Retreat Star		Gulika 9:21AM - 10:45AM	Mula* Until 3:07AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	
Dhanus Rasi: 0.14	Tithi 15	Yama 6:33AM - 7:57AM	Sukla Until 10:41PM	Muruqa: Yellow	<i>Sunset:</i> 5:46PM	Moon 5 - Phase 9 -
384994461		Rahu 1:34PM - 2:58PM	Visti Until 10:18AM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:37PM	Moon - Light Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 3:07AM Fri				Jyeshtha-Ani		
Then Routine Work - Prabalarishta Yoga						

Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Lusaka, Zambia Sun 27 Sutra 75 Plava 5123
Silver Retreat Star		Gulika 7:57AM - 9:21AM	Purvashadha* Until 12:53AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:33AM	
Dhanus Rasi: 15.06	Tithi 16 - 17	Yama 2:58PM - 4:22PM	Brahma Until 7:04PM	Muruqa: Yellow	<i>Sunset:</i> 5:47PM	Moon 5 - Phase 9 -
384994461		Rahu 10:46AM - 12:10PM	Balava Until 7:01AM	Nataraja: Yellow		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 5:28PM	Moon - Light Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:53AM Sat				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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Saturday, June 26, 2021
Gold Retreat Star

Dhanus Rasi: 29.45 Tithi 17 – 18

384994461

Routine Work Marana Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 6:33AM – 7:57AM
Yama 1:34PM – 2:58PM
Rahu 9:22AM – 10:46AM
Uttarashadha Until 10:56PM
Indra Until 3:46PM
Vanija Until 1:30AM Sun
Dvitiya Until 2:41PM

Lusaka, Zambia
Sun 1 Sutra 76
Plava 5123
Moon 6 - Phase 10 - 1
1st Phase

Ganesha: Purple
Muruqa: Yellow
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani
Sunrise: 6:33AM
Sunset: 5:47PM

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Sunday, June 27, 2021

Makara Rasi: 14.05 Tithi 18 – 19

394994461

Creative Work Amrita Yoga
Until 9:51PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:59PM – 4:23PM
Yama 12:10PM – 1:34PM
Rahu 4:23PM – 5:47PM
Shravana Until 9:51PM
Vaidhriti* Until 12:53PM
Bava Until 11:32PM
Tritiya Until 12:25PM

Lusaka, Zambia
Sun 2 Sutra 77
Plava 5123
Moon 6 - Phase 10 - 2
1st Phase

Ganesha: Clear
Muruqa: Yellow
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani
Sunrise: 6:33AM
Sunset: 5:47PM

Devaloka Day

2

Monday, June 28, 2021

Makara Rasi: 28 Tithi 19 – 20

394994461

Family Home Evening
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:35PM – 2:59PM
Yama 10:46AM – 12:10PM
Rahu 7:58AM – 9:22AM
Dhanishtha Until 9:19PM
Vishkambha* Until 10:33AM
Kaulava Until 10:17PM
Chaturthi* Until 10:48AM

Lusaka, Zambia
Sun 3 Sutra 78
Plava 5123
Moon 6 - Phase 10 - 3
1st Phase

Ganesha: Clear
Muruqa: Yellow
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani
Sunrise: 6:34AM
Sunset: 5:47PM

Devaloka Day

3

Tuesday, June 29, 2021

Kumbha Rasi: 11.29 Tithi 20 – 21

394994461

Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 12:11PM – 1:35PM
Yama 9:22AM – 10:46AM
Rahu 2:59PM – 4:23PM
Shatabhishak Until 9:24PM
Priti Until 8:50AM
Gara Until 9:49PM
Panchami Until 9:56AM

Lusaka, Zambia
Sun 4 Sutra 79
Plava 5123
Moon 6 - Phase 10 - 4
1st Phase

Ganesha: Clear
Muruqa: Yellow
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani
Sunrise: 6:34AM
Sunset: 5:48PM

Devaloka Day

4

Wednesday, June 30, 2021

Kumbha Rasi: 24.32 Tithi 21 – 22

314994461

Creative Work Amrita Yoga
Until 10:34PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:47AM – 12:11PM
Yama 7:58AM – 9:22AM
Rahu 12:11PM – 1:35PM
Purvaproshtapada* Until 10:34PM
Ayushman Until 7:44AM
Visti Until 10:09PM
Shashthi* Until 9:52AM

Lusaka, Zambia
Sun 5 Sutra 80
Plava 5123
Moon 6 - Phase 10 - 5
1st Phase

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani
Sunrise: 6:34AM
Sunset: 5:48PM

Devaloka Day

Retreat Star

Thursday, July 1, 2021

Meena Rasi: 7.12 Tithi 22 – 23

314994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:23AM – 10:47AM
Yama 6:34AM – 7:58AM
Rahu 1:35PM – 3:00PM
Uttaraproshtapada Until 12:20AM Fri
Saubhagya Until 7:16AM
Balava Until 11:14PM
Saptami Until 10:35AM

Lusaka, Zambia
Sun 6 Sutra 81
Plava 5123
Moon 6 - Phase 10 - 6
Ashtami

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani
Sunrise: 6:34AM
Sunset: 5:48PM

Devaloka Day

Friday, July 2, 2021
Retreat Star

Meena Rasi: 19.32 Tithi 23 – 24

315994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:58AM – 9:23AM
Yama 3:00PM – 4:24PM
Rahu 10:47AM – 12:11PM
Revati Until 2:33AM Sat
Sobhana Until 7:23AM
Taitila Until 12:59AM Sat
Ashtami* Until 12:01PM

Lusaka, Zambia
Sun 7 Sutra 82
Plava 5123
Moon 6 - Phase 10 - 7
Navami

Ganesha: White
Muruqa: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani
Sunrise: 6:34AM
Sunset: 5:48PM

Sivaloka Day

1	Saturday, July 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Lusaka, Zambia
	Mesha Rasi: 1.38	Tithi 24 – 25	Gulika 6:34AM – 7:59AM	Ashvini Until 5:34AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Sun 8 Sutra 83
	325194461		Yama 1:36PM – 3:00PM	Athiganda* Until 7:56AM	Muruqa: Yellow	<i>Sunset:</i> 5:49PM	Plava 5123
		Rahu 9:23AM – 10:47AM	Vanija Until 3:13AM Sun	Nataraja: Yellow		Moon 6 - Phase 11 - 8	
			Navami* Until 2:02PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

2	Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lusaka, Zambia
	Mesha Rasi: 13.32	Tithi 25 – 26	Gulika 3:00PM – 4:25PM	Bharani Until 8:39AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Sun 9 Sutra 84
	325194461		Yama 12:12PM – 1:36PM	Sukarma Until 8:50AM	Muruqa: Yellow	<i>Sunset:</i> 5:49PM	Plava 5123
		Rahu 4:25PM – 5:49PM	Bava Until 5:43AM Mon	Nataraja: Yellow		Moon 6 - Phase 11 - 9	
			Dashami Until 4:25PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	


3	Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Balava Karana Ekadashyam Titau				Lusaka, Zambia
	Mesha Rasi: 25.21	Tithi 26	Gulika 1:36PM – 3:01PM	Bharani Until 8:39AM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Sun 10 Sutra 85
	325194461		Yama 10:47AM – 12:12PM	Dhriti Until 9:56AM	Muruqa: Yellow	<i>Sunset:</i> 5:49PM	Plava 5123
		Rahu 7:59AM – 9:23AM	Balava Until 7:00PM	Nataraja: Yellow		Moon 6 - Phase 11 - 10	
			Ekadashi* Until 7:00PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

4	Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Lusaka, Zambia
	Vrishabha Rasi: 7.08	Tithi 27	Gulika 12:12PM – 1:36PM	Krittika Until 11:38AM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Sun 11 Sutra 86
	425194461		Yama 9:23AM – 10:48AM	Shula* Until 11:02AM	Muruqa: Yellow	<i>Sunset:</i> 5:50PM	Plava 5123
		Rahu 3:01PM – 4:25PM	Kaulava Until 8:18AM	Nataraja: Yellow		Moon 6 - Phase 11 - 11	
			Dvadashi* Until 9:32PM	Moon – White		2nd Phase	
				Jyeshtha-Ani		Sivaloka Day	

5	Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Ganda*/Vridhdi Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia
	Vrishabha Rasi: 18.58	Tithi 28	Gulika 10:48AM – 12:12PM	Rohini Until 2:48PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Sun 12 Sutra 87
	435194461		Yama 7:59AM – 9:23AM	Ganda* Until 12:02PM	Muruqa: Yellow	<i>Sunset:</i> 5:50PM	Plava 5123
		Rahu 12:12PM – 1:37PM	Gara Until 10:46AM	Nataraja: Yellow		Moon 6 - Phase 11 - 12	
			Trayodashi* Until 11:52PM	Moon – Yellow		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

Pradosha Vrata (Fasting)

6	Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhdi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia
	Mithuna Rasi: 0.53	Tithi 29	Gulika 9:23AM – 10:48AM	Mrigashira Until 5:29PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Sun 13 Sutra 88
	435194461		Yama 6:34AM – 7:59AM	Vridhdi Until 12:49PM	Muruqa: Yellow	<i>Sunset:</i> 5:50PM	Plava 5123
		Rahu 1:37PM – 3:01PM	Visti Until 12:55PM	Nataraja: Yellow		Moon 6 - Phase 11 - 13	
			Chaturdashi* Until 1:50AM Fri	Moon – Yellow		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

	Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lusaka, Zambia
	Retreat Star		Gulika 7:59AM – 9:23AM	Ardra Until 7:36PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Sun 14 Sutra 89
	Mithuna Rasi: 12.59	Tithi 30	Yama 3:01PM – 4:26PM	Dhruva Until 1:15PM	Muruqa: Yellow	<i>Sunset:</i> 5:51PM	Plava 5123
435194461		Rahu 10:48AM – 12:12PM	Catuspada Until 2:40PM	Nataraja: Yellow		Moon 6 - Phase 11 - 14	
			Amavasya* Until 3:20AM Sat	Moon – Yellow		Amavasya	
				Jyeshtha-Ani		Devaloka Day	

Retreat Star	Saturday, July 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Lusaka, Zambia
	Mithuna Rasi: 25.15	Tithi 1	Gulika 6:34AM – 7:59AM	Punarvasu Until 9:34PM	Ganesha: Red	<i>Sunrise:</i> 6:34AM	Sun 15 Sutra 90
	445194461		Yama 1:37PM – 3:02PM	Vyaghata* Until 1:20PM	Muruqa: Yellow	<i>Sunset:</i> 5:51PM	Plava 5123
		Rahu 9:24AM – 10:48AM	Kintughna Until 3:55PM	Nataraja: Yellow		Moon 6 - Phase 11 - 15	
			Prathama* Until 4:21AM Sun	Moon – Blue		Prathama	
				Ashada-Ani		Devaloka Day	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lusaka, Zambia Sun 16 Sutra 91	
Kataka Rasi: 7.44	Tithi 2	Gulika 3:02PM – 4:27PM	Pushya Until 10:53PM	Ganesha: Red	<i>Sunrise:</i> 6:34AM			Plava 5123	
		Yama 12:13PM – 1:37PM	Harshana Until 1:02PM	Muruqa: Yellow	<i>Sunset:</i> 5:51PM		Moon 6 - Phase 12 - 16		
		445194461 Rahu 4:27PM – 5:51PM	Balava Until 4:41PM	Nataraja: Yellow			3rd Phase		
Creative Work	Siddha Yoga		Dvitiya Until 4:52AM Mon	Moon – Blue			Devaloka Day		
				Ashada*Ani					

2		Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra/Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Lusaka, Zambia Sun 17 Sutra 92	
Kataka Rasi: 20.27	Tithi 3	Gulika 1:38PM – 3:02PM	Ashlesha* Until 11:35PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM			Plava 5123	
Family Home Evening		Yama 10:48AM – 12:13PM	Vajra* Until 12:20PM	Muruqa: Yellow	<i>Sunset:</i> 5:51PM		Moon 6 - Phase 12 - 17		
Creative Work	Siddha Yoga	446194461 Rahu 7:59AM – 9:24AM	Taitila Until 4:58PM	Nataraja: Yellow			3rd Phase		
Until 11:35PM			Tritiya Until 4:55AM Tue	Moon – Blue			Bhuloka Day		
Then Routine Work - Marana Yoga				Ashada*Ani			Devaloka Time: 3:PM to 6:PM		

3		Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Lusaka, Zambia Sun 18 Sutra 93	
Simha Rasi: 3.23	Tithi 4	Gulika 12:13PM – 1:38PM	Magha* Until 12:10AM Wed	Ganesha: Blue	<i>Sunrise:</i> 6:34AM			Plava 5123	
		Yama 9:24AM – 10:48AM	Siddhi Until 11:17AM	Muruqa: Yellow	<i>Sunset:</i> 5:52PM		Moon 6 - Phase 12 - 18		
		456194461 Rahu 3:02PM – 4:27PM	Vanija Until 4:48PM	Nataraja: Yellow			3rd Phase		
Creative Work	Siddha Yoga		Chaturthi* Until 4:33AM Wed	Moon – Red			Bhuloka Day		
Until 12:10AM Wed				Ashada*Ani			Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga									

4		Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 19 Sutra 94	
Simha Rasi: 16.32	Tithi 5	Gulika 10:48AM – 12:13PM	Purvaphalguni Until 12:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:34AM			Plava 5123	
		Yama 7:59AM – 9:24AM	Vyatipata* Until 9:54AM	Muruqa: Yellow	<i>Sunset:</i> 5:52PM		Moon 6 - Phase 12 - 19		
		456194461 Rahu 12:13PM – 1:38PM	Bava Until 4:13PM	Nataraja: Yellow			3rd Phase		
Creative Work	Amrita Yoga		Panchami Until 3:46AM Thu	Moon – Red			Bhuloka Day		
				Ashada*Ani			Devaloka Time: 3:PM to 6:PM		

5		Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Lusaka, Zambia Sun 20 Sutra 95	
Simha Rasi: 29.55	Tithi 6	Gulika 9:24AM – 10:49AM	Uttaraphalguni Until 11:41PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM			Plava 5123	
		Yama 6:34AM – 7:59AM	Variyan Until 8:11AM	Muruqa: Yellow	<i>Sunset:</i> 5:52PM		Moon 6 - Phase 12 - 20		
		456194461 Rahu 1:38PM – 3:03PM	Kaulava Until 3:15PM	Nataraja: Yellow			3rd Phase		
	Amrita Yoga		Shashthi* Until 2:37AM Fri	Moon – Red			Bhuloka Day		
Until 11:41PM		Chidambaram Abhishekam		Ashada*Ani			Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

6		Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia Sun 21 Sutra 96	
Kanya Rasi: 13.3	Tithi 7	Gulika 7:59AM – 9:24AM	Hasta Until 11:07PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM			Plava 5123	
		Yama 3:03PM – 4:28PM	Parigha* Until 6:11AM	Muruqa: Yellow	<i>Sunset:</i> 5:53PM		Moon 6 - Phase 12 - 21		
		466194461 Rahu 10:49AM – 12:13PM	Gara Until 1:55PM	Nataraja: Yellow			3rd Phase		
Creative Work	Amrita Yoga		Saptami Until 1:05AM Sat	Moon – Green			Devaloka Day		
Until 11:07PM				Ashada*Adi					
Then Creative Work - Siddha Yoga									

Retreat Star		Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 22 Sutra 97	
Kanya Rasi: 27.19	Tithi 8	Gulika 6:34AM – 7:59AM	Chitra Until 10:02PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM			Plava 5123	
		Yama 1:38PM – 3:03PM	Siddha Until 1:17AM Sun	Muruqa: White	<i>Sunset:</i> 5:53PM		Moon 6 - Phase 12 - 22		
		466195462 Rahu 9:24AM – 10:49AM	Visti Until 12:13PM	Nataraja: White			Ashtami		
Routine Work	Marana Yoga		Ashtami* Until 11:13PM	Moon – Green			Subha Sivaloka Day		
Until 10:02PM				Ashada*Adi					
Then Creative Work - Siddha Yoga									

Retreat Star		Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 23 Sutra 98	
Tula Rasi: 11.2	Tithi 9	Gulika 3:03PM – 4:28PM	Svati Until 8:30PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM			Plava 5123	
		Yama 12:14PM – 1:38PM	Sadhya Until 10:25PM	Muruqa: White	<i>Sunset:</i> 5:53PM		Moon 6 - Phase 12 - 23		
		466195462 Rahu 4:28PM – 5:53PM	Balava Until 10:10AM	Nataraja: White			Navami		
Creative Work	Siddha Yoga		Navami* Until 9:00PM	Moon – Green			Subha Sivaloka Day		
Until 8:30PM				Ashada*Adi					
Then Routine Work - Marana Yoga									


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Monday, July 19, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 24 Sutra 99
	Tula Rasi: 25.34 Family Home Evening Routine Work Marana Yoga Until 6:56PM Then Creative Work - Siddha Yoga	Tithi 10 477195462	Gulika 1:39PM – 3:04PM Yama 10:49AM – 12:14PM Rahu 7:59AM – 9:24AM	Vishakha Until 6:56PM Subha Until 7:20PM Taitila Until 7:49AM Dashami Until 6:31PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Ashada•Adi	Sunrise: 6:34AM Sunset: 5:53PM	Plava 5123 Moon 6 - Phase 13 - 24 4th Phase Subha Sivaloka Day

2	Tuesday, July 20, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 100
	Vrischika Rasi: 9.59 Creative Work Siddha Yoga Until 5:01PM Then Routine Work - Marana Yoga	Tithi 11 – 12 477195462	Gulika 12:14PM – 1:39PM Yama 9:24AM – 10:49AM Rahu 3:04PM – 4:29PM	Anuradha Until 5:01PM Sukla Until 4:02PM Bava Until 2:23AM Wed Ekadashi Until 3:47PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Ashada•Adi	Sunrise: 6:34AM Sunset: 5:54PM	Plava 5123 Moon 6 - Phase 13 - 25 4th Phase Subha Sivaloka Day

3	Wednesday, July 21, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 101
	Vrischika Rasi: 24.32 Creative Work Siddha Yoga Until 2:49PM Then Routine Work - Marana Yoga	Tithi 12 – 13 477195462	Gulika 10:49AM – 12:14PM Yama 7:58AM – 9:24AM Rahu 12:14PM – 1:39PM	Jyeshtha* Until 2:49PM Brahma Until 12:37PM Kaulava Until 11:28PM Dvadashi Until 12:55PM <i>Pradosha Vrata</i>	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Ashada•Adi	Sunrise: 6:33AM Sunset: 5:54PM	Plava 5123 Moon 6 - Phase 13 - 26 4th Phase Subha Sivaloka Day

4	Thursday, July 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 102
	Dhanus Rasi: 9.09 Creative Work Siddha Yoga	Tithi 13 – 14 487195462	Gulika 9:24AM – 10:49AM Yama 6:33AM – 7:58AM Rahu 1:39PM – 3:04PM	Mula* Until 12:51PM Indra Until 9:12AM Gara Until 8:35PM Trayodashi Until 10:00AM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Ashada•Adi	Sunrise: 6:33AM Sunset: 5:54PM	Plava 5123 Moon 6 - Phase 13 - 27 4th Phase Subha Subha Sivaloka Day

	Friday, July 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sutra 103
	Copper Retreat Star		Dhanus Rasi: 23.43 Routine Work Prabalarishta Yoga Until 10:51AM Then Routine Work - Marana Yoga	Tithi 14 – 15 487195462	Gulika 7:58AM – 9:23AM Yama 3:04PM – 4:29PM Rahu 10:49AM – 12:14PM Satguru Purnima	Purvashadha* Until 10:51AM Vishkambha* Until 2:36AM Sat Bava Until 4:33AM Sat Chaturdashi* Until 7:10AM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Ashada•Adi

Silver Retreat Star	Saturday, July 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sutra 104
	Makara Rasi: 8.08 Routine Work Marana Yoga Until 8:58AM Then Creative Work - Siddha Yoga	Tithi 16 487195462	Gulika 6:33AM – 7:58AM Yama 1:39PM – 3:04PM Rahu 9:23AM – 10:49AM	Uttarashadha Until 8:58AM Priti Until 11:41PM Balava Until 3:24PM Prathama* Until 2:18AM Sun	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Ashada•Adi	Sunrise: 6:33AM Sunset: 5:55PM	Plava 5123 Moon 6 - Phase 13 - Prathama Subha Subha Sivaloka Day



Sunday, July 25, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia
Sutra 105
Plava 5123
Moon 7 - Phase 14 -
1st Phase

Makara Rasi: 22.19 Tithi 17
498195462
Creative Work Amrita Yoga
Until 7:44AM
Then Routine Work - Marana Yoga

Gulika 3:05PM – 4:30PM
Yama 12:14PM – 1:39PM
Rahu 4:30PM – 5:55PM

Shravana Until 7:44AM
Ayushman Until 9:09PM
Taitila Until 1:22PM
Dvitiya Until 12:32AM Mon

Ganesha: White *Sunrise:* 6:33AM
Muruqa: White *Sunset:* 5:55PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

1

Monday, July 26, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 106
Plava 5123
Moon 7 - Phase 14 - 1
1st Phase

Kumbha Rasi: 6.09 Tithi 18
498195462
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:39PM – 3:05PM
Yama 10:48AM – 12:14PM
Rahu 7:58AM – 9:23AM

Dhanishtha Until 6:54AM
Saubhagya Until 7:06PM
Vanija Until 11:54AM
Tritiya Until 11:24PM

Ganesha: White *Sunrise:* 6:32AM
Muruqa: White *Sunset:* 5:55PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

2

Tuesday, July 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia
Sun 2 Sutra 107
Plava 5123
Moon 7 - Phase 14 - 2
1st Phase

Kumbha Rasi: 19.36 Tithi 19
498195462
Routine Work Marana Yoga

Gulika 12:14PM – 1:39PM
Yama 9:23AM – 10:48AM
Rahu 3:05PM – 4:30PM

Shatabhishak Until 6:33AM
Sobhana Until 5:39PM
Bava Until 11:07AM
Chaturthi* Until 10:59PM

Ganesha: White *Sunrise:* 6:32AM
Muruqa: White *Sunset:* 5:56PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

3

Wednesday, July 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada* Nakshatra Sukarma/Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia
Sun 3 Sutra 108
Plava 5123
Moon 7 - Phase 14 - 3
1st Phase

Meena Rasi: 2.39 Tithi 20
418295462
Creative Work Amrita Yoga
Until 7:15AM
Then Creative Work - Siddha Yoga

Gulika 10:48AM – 12:14PM
Yama 7:57AM – 9:23AM
Rahu 12:14PM – 1:39PM

Purvaproshtapada* Until 7:15AM
Athiganda* Until 4:46PM
Kaulava Until 11:05AM
Panchami Until 11:21PM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruqa: White *Sunset:* 5:56PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

4

Thursday, July 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia
Sun 4 Sutra 109
Plava 5123
Moon 7 - Phase 14 - 4
1st Phase

Meena Rasi: 15.2 Tithi 21
418295462
Creative Work Siddha Yoga

Gulika 9:23AM – 10:48AM
Yama 6:31AM – 7:57AM
Rahu 1:39PM – 3:05PM

Uttaraproshtapada Until 8:33AM
Sukarma Until 4:31PM
Gara Until 11:50AM
Shashthi* Until 12:27AM Fri

Ganesha: Yellow *Sunrise:* 6:31AM
Muruqa: White *Sunset:* 5:56PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

5

Friday, July 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia
Sun 5 Sutra 110
Plava 5123
Moon 7 - Phase 14 - 5
1st Phase

Meena Rasi: 27.41 Tithi 22
418295462
Creative Work Siddha Yoga
Until 10:23AM
Then Creative Work - Amrita Yoga

Gulika 7:57AM – 9:22AM
Yama 3:05PM – 4:31PM
Rahu 10:48AM – 12:14PM

Revati Until 10:23AM
Dhriti Until 4:48PM
Visti Until 1:17PM
Saptami Until 2:13AM Sat

Ganesha: Yellow *Sunrise:* 6:31AM
Muruqa: White *Sunset:* 5:56PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

D

Saturday, July 31, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 6 Sutra 111
Plava 5123
Moon 7 - Phase 14 - 6
Ashtami

Mesha Rasi: 9.46 Tithi 23
428215462
Creative Work Siddha Yoga

Gulika 6:31AM – 7:57AM
Yama 1:40PM – 3:05PM
Rahu 9:22AM – 10:48AM

Ashvini Until 1:07PM
Shula* Until 5:30PM
Balava Until 3:19PM
Ashtami* Until 4:28AM Sun

Ganesha: Blue *Sunrise:* 6:31AM
Muruqa: White *Sunset:* 5:57PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Subha Sivaloka Day

Sunday, August 1, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 7 Sutra 112
Plava 5123
Moon 7 - Phase 14 - 7
Navami

Mesha Rasi: 21.41 Tithi 24
429215462
Routine Work Prabalarishta Yoga
Until 4:05PM
Then Creative Work - Siddha Yoga

Gulika 3:05PM – 4:31PM
Yama 12:14PM – 1:40PM
Rahu 4:31PM – 5:57PM

Bharani Until 4:05PM
Ganda* Until 6:28PM
Taitila Until 5:43PM
Navami* Until 6:58AM Mon

Ganesha: Red *Sunrise:* 6:30AM
Muruqa: White *Sunset:* 5:57PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Monday, August 2, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Lusaka, Zambia
	Wishabha Rasi: 3.3	Tithi 24 – 25	Gulika 1:40PM – 3:05PM	Krittika Until 7:01PM	Ganesha: Red	<i>Sunrise:</i> 6:30AM	Sun 8 Sutra 113
	Family Home Evening	429215462	Rahu 7:56AM – 9:22AM	Vriddhi Until 7:34PM	Muruqa: White	<i>Sunset:</i> 5:57PM	Plava 5123
	Routine Work Marana Yoga			Vanija Until 8:16PM	Nataraja: White		Moon 7 - Phase 15 - 8
Until 7:01PM			Navami* Until 6:58AM	Moon – White		2nd Phase	
Then Creative Work - Amrita Yoga				Ashada-Adi		Subha Sivaloka Day	


2	Tuesday, August 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lusaka, Zambia
	Wishabha Rasi: 15.19	Tithi 25 – 26	Gulika 12:14PM – 1:40PM	Rohini Until 10:12PM	Ganesha: Green	<i>Sunrise:</i> 6:30AM	Sun 9 Sutra 114
	439215462		Rahu 3:05PM – 4:31PM	Dhruva Until 8:32PM	Muruqa: White	<i>Sunset:</i> 5:57PM	Plava 5123
	Creative Work Amrita Yoga			Bava Until 10:43PM	Nataraja: White		Moon 7 - Phase 15 - 9
Until 10:12PM			Dashami Until 9:30AM	Moon – Yellow		2nd Phase	
Then Creative Work - Siddha Yoga				Ashada-Adi		Sivaloka Day	

3	Wednesday, August 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia
	Wishabha Rasi: 27.12	Tithi 26 – 27	Gulika 10:47AM – 12:13PM	Mrigashira Until 12:54AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:29AM	Sun 10 Sutra 115
	439215462		Rahu 12:13PM – 1:40PM	Vyaghata* Until 9:18PM	Muruqa: White	<i>Sunset:</i> 5:58PM	Plava 5123
	Creative Work Siddha Yoga			Kaulava Until 12:49AM Thu	Nataraja: White		Moon 7 - Phase 15 - 10
Until 12:54AM Thu			Ekadashi* Until 11:48AM	Moon – Yellow		2nd Phase	
Then Routine Work - Marana Yoga				Ashada-Adi		Sivaloka Day	

4	Thursday, August 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia
	Mithuna Rasi: 9.14	Tithi 27 – 28	Gulika 9:21AM – 10:47AM	Ardra Until 2:57AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:29AM	Sun 11 Sutra 116
	439215462		Rahu 1:40PM – 3:06PM	Harshana Until 9:42PM	Muruqa: White	<i>Sunset:</i> 5:58PM	Plava 5123
	Routine Work Marana Yoga			Gara Until 2:26AM Fri	Nataraja: White		Moon 7 - Phase 15 - 11
Until 2:57AM Fri			Dvadashi* Until 1:40PM	Moon – Yellow		2nd Phase	
Then Creative Work - Siddha Yoga				Ashada-Adi		Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, August 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia
	Mithuna Rasi: 21.28	Tithi 28 – 29	Gulika 7:55AM – 9:21AM	Punarvasu Until 4:46AM Sat	Ganesha: White	<i>Sunrise:</i> 6:29AM	Sun 12 Sutra 117
	449215462		Rahu 10:47AM – 12:13PM	Vajra* Until 9:38PM	Muruqa: White	<i>Sunset:</i> 5:58PM	Plava 5123
	Creative Work Siddha Yoga			Visti Until 3:28AM Sat	Nataraja: White		Moon 7 - Phase 15 - 12
Until 3:28AM Sat			Trayodashi* Until 3:00PM	Moon – Blue		2nd Phase	
				Ashada-Adi		Sivaloka Day	

6	Saturday, August 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia
	Kataka Rasi: 3.58	Tithi 29 – 30	Gulika 6:28AM – 7:54AM	Pushya Until 5:50AM Sun	Ganesha: White	<i>Sunrise:</i> 6:28AM	Sun 13 Sutra 118
	449215462		Rahu 9:21AM – 10:47AM	Siddhi Until 9:07PM	Muruqa: White	<i>Sunset:</i> 5:58PM	Plava 5123
	Creative Work Siddha Yoga			Catuspada Until 3:54AM Sun	Nataraja: White		Moon 7 - Phase 15 - 13
Until 3:54AM Sun			Chaturdashi* Until 3:44PM	Moon – Blue		2nd Phase	
				Ashada-Adi		Sivaloka Day	

	Sunday, August 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia
	Retreat Star		Gulika 3:06PM – 4:32PM	Ashlesha* Until 6:11AM Mon	Ganesha: White	<i>Sunrise:</i> 6:28AM	Sun 14 Sutra 119
	Kataka Rasi: 16.45	Tithi 30 – 1	Rahu 4:32PM – 5:58PM	Vyatipata* Until 8:08PM	Muruqa: White	<i>Sunset:</i> 5:58PM	Plava 5123
	449215462			Kintughna Until 3:45AM Mon	Nataraja: White		Moon 7 - Phase 15 - 14
Creative Work Siddha Yoga			Amavasya* Until 3:52PM	Moon – Blue		Amavasya	
Until 6:11AM Mon				Ashada-Adi		Sivaloka Day	
Then Routine Work - Marana Yoga							

Monday, August 9, 2021	Retreat Star		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia
	Retreat Star		Gulika 1:39PM – 3:06PM	Ashlesha* Until 6:11AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM	Sun 15 Sutra 120
	Kataka Rasi: 29.48	Tithi 1 – 2	Rahu 7:54AM – 9:20AM	Variyan Until 6:43PM	Muruqa: White	<i>Sunset:</i> 5:59PM	Plava 5123
	441215462			Balava Until 3:06AM Tue	Nataraja: White		Moon 7 - Phase 15 - 15
Creative Work Siddha Yoga			Prathama* Until 3:28PM	Moon – Blue		Prathama	
Until 6:11AM				Sravana-Adi		Sivaloka Day	
Then Routine Work - Marana Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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1		Tuesday, August 10, 2021				Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha/Purvaphalguni Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Trilyayam Titau		Lusaka, Zambia Sun 16 Sutra 121	
Simha Rasi: 13.07	Tithi 2 – 3	Gulika 12:13PM – 1:39PM	Magha* Until 6:22AM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM				
		Yama 9:20AM – 10:46AM	Parigha* Until 4:57PM	Muruqa: White	<i>Sunset:</i> 5:59PM			Moon 7 - Phase 16 - 16	
		451215462 Rahu 3:06PM – 4:32PM	Taitila Until 2:03AM Wed	Nataraja: White				3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 2:36PM	Moon – Red			Sivaloka Day		
				Sravana-Adi					

2		Wednesday, August 11, 2021				Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Triliya/Chaturtham Titau		Lusaka, Zambia Sun 17 Sutra 122	
Simha Rasi: 26.4	Tithi 3 – 4	Gulika 10:46AM – 12:13PM	Purvaphalguni Until 6:00AM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM				
		Yama 7:53AM – 9:19AM	Shiva Until 2:55PM	Muruqa: White	<i>Sunset:</i> 5:59PM			Moon 7 - Phase 16 - 17	
		451215462 Rahu 12:13PM – 1:39PM	Vanija Until 12:41AM Thu	Nataraja: White				3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 1:23PM	Moon – Red			Sivaloka Day		
				Sravana-Adi					

3		Thursday, August 12, 2021				Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 18 Sutra 123	
Kanya Rasi: 10.22	Tithi 4 – 5	Gulika 9:19AM – 10:46AM	Hasta Until 4:26AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:26AM				
		Yama 6:26AM – 7:52AM	Siddha Until 12:38PM	Muruqa: White	<i>Sunset:</i> 5:59PM			Moon 7 - Phase 16 - 18	
		461215462 Rahu 1:39PM – 3:06PM	Bava Until 11:04PM	Nataraja: White				3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 11:53AM	Moon – Green			Subha Sivaloka Day		
Until 4:26AM Fri		Nag Panchami		Sravana-Adi					
Then Creative Work - Siddha Yoga									

4		Friday, August 13, 2021				Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Lusaka, Zambia Sun 19 Sutra 124	
Kanya Rasi: 24.13	Tithi 5 – 6	Gulika 7:52AM – 9:19AM	Chitra Until 3:23AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:25AM				
		Yama 3:06PM – 4:33PM	Sadhya Until 10:12AM	Muruqa: White	<i>Sunset:</i> 5:59PM			Moon 7 - Phase 16 - 19	
		461215462 Rahu 10:46AM – 12:12PM	Kaulava Until 9:17PM	Nataraja: White				3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 10:11AM	Moon – Green			Subha Sivaloka Day		
				Sravana-Adi					

5		Saturday, August 14, 2021				Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Lusaka, Zambia Sun 20 Sutra 125	
Tula Rasi: 8.11	Tithi 6 – 7	Gulika 6:25AM – 7:52AM	Svati Until 2:03AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:25AM				
		Yama 1:39PM – 3:06PM	Subha Until 7:39AM	Muruqa: White	<i>Sunset:</i> 6:00PM			Moon 7 - Phase 16 - 20	
		461215462 Rahu 9:18AM – 10:45AM	Gara Until 7:22PM	Nataraja: White				3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 8:19AM	Moon – Green			Subha Sivaloka Day		
Until 2:03AM Sun				Sravana-Adi					
Then Routine Work - Marana Yoga									

Retreat Star		Sunday, August 15, 2021				Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		Lusaka, Zambia Sun 21 Sutra 126	
Tula Rasi: 22.13	Tithi 7 – 8	Gulika 3:06PM – 4:33PM	Vishakha Until 12:54AM Mon	Ganesha: White	<i>Sunrise:</i> 6:24AM				
		Yama 12:12PM – 1:39PM	Brahma Until 2:13AM Mon	Muruqa: White	<i>Sunset:</i> 6:00PM			Moon 7 - Phase 16 - 21	
		471215462 Rahu 4:33PM – 6:00PM	Bava Until 4:15AM Mon	Nataraja: White				Ashtami	
Routine Work	Marana Yoga		Saptami Until 6:21AM	Moon – Orange			Sivaloka Day		
Until 12:54AM Mon				Sravana-Adi					
Then Creative Work - Siddha Yoga									

Retreat Star		Monday, August 16, 2021				Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Lusaka, Zambia Sun 22 Sutra 127	
Vrischika Rasi: 6.19	Tithi 9	Gulika 1:39PM – 3:06PM	Anuradha Until 11:31PM	Ganesha: White	<i>Sunrise:</i> 6:24AM				
Family Home Evening		Yama 10:45AM – 12:12PM	Indra Until 11:25PM	Muruqa: White	<i>Sunset:</i> 6:00PM			Moon 7 - Phase 16 - 22	
		471215462 Rahu 7:51AM – 9:18AM	Balava Until 3:12PM	Nataraja: White				Navami	
Creative Work	Siddha Yoga		Navami* Until 2:05AM Tue	Moon – Orange			Sivaloka Day		
				Sravana-Avani					

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

l times are standard time. Calculated for Lusaka, Zambia on 5/23/

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1		Tuesday, August 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau		Lusaka, Zambia Sun 23 Sutra 128 Plava 5123	
Wrischika Rasi: 20.29	Tithi 10	Gulika 12:12PM – 1:39PM	Jyeshtha* Until 9:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM		
		Yama 9:17AM – 10:44AM	Vaidhriti* Until 8:31PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17 - 23	
		571215462 Rahu 3:06PM – 4:33PM	Taitila Until 1:00PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Dashami Until 11:51PM	Moon – Orange		Subha Sivaloka Day	
Until 9:56PM				Sravana•Avani			
Then Creative Work - Amrita Yoga							

2		Wednesday, August 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Lusaka, Zambia Sun 24 Sutra 129 Plava 5123	
Dhanus Rasi: 4.41	Tithi 11	Gulika 10:44AM – 12:11PM	Mula* Until 8:36PM	Ganesha: White	<i>Sunrise:</i> 6:22AM		
		Yama 7:50AM – 9:17AM	Vishkambha* Until 5:37PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17 - 24	
		581215462 Rahu 12:11PM – 1:39PM	Vanija Until 10:45AM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 9:36PM	Moon – Light Blue		Sivaloka Day	
Until 8:36PM				Sravana•Avani			
Then Creative Work - Amrita Yoga							

3		Thursday, August 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Lusaka, Zambia Sun 25 Sutra 130 Plava 5123	
Dhanus Rasi: 18.53	Tithi 12	Gulika 9:16AM – 10:44AM	Purvashadha* Until 7:10PM	Ganesha: Green	<i>Sunrise:</i> 6:22AM		
		Yama 6:22AM – 7:49AM	Priti Until 2:46PM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17 - 25	
		582215462 Rahu 1:38PM – 3:06PM	Bava Until 8:30AM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:24PM	Moon – Light Blue		Sivaloka Day	
Until 7:10PM				Sravana•Avani			
Then Routine Work - Marana Yoga							

4		Friday, August 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Lusaka, Zambia Sun 26 Sutra 131 Plava 5123	
Makara Rasi: 3.02	Tithi 13 – 14	Gulika 7:49AM – 9:16AM	Uttarashadha Until 5:44PM	Ganesha: Green	<i>Sunrise:</i> 6:21AM		
		Yama 3:06PM – 4:33PM	Ayushman Until 11:58AM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 7 - Phase 17 - 26	
		582215462 Rahu 10:43AM – 12:11PM	Kaulava Until 6:21AM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 5:19PM	Moon – Light Blue		Sivaloka Day	
		Chidambaram Abhishekam		Sravana•Avani			
				<i>Pradosha Vrata</i>			

5		Saturday, August 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Lusaka, Zambia Sun 27 Sutra 132 Plava 5123	
Makara Rasi: 17.04	Tithi 14 – 15	Gulika 6:21AM – 7:48AM	Shravana Until 4:48PM	Ganesha: Red	<i>Sunrise:</i> 6:21AM		
		Yama 1:38PM – 3:06PM	Saubhagya Until 9:21AM	Muruqa: White	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 17 - 27	
		592215462 Rahu 9:16AM – 10:43AM	Visti Until 2:42AM Sun	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:29PM	Moon – Purple		Subha Sivaloka Day	
				Sravana•Avani			

○		Sunday, August 22, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Lusaka, Zambia Sutra 133 Plava 5123	
Copper Retreat Star		Gulika 3:06PM – 4:33PM	Dhanishtha Until 4:06PM	Ganesha: Yellow	<i>Sunrise:</i> 6:20AM		
Kumbha Rasi: 0.54	Tithi 15 – 16	Yama 12:10PM – 1:38PM	Sobhana Until 7:00AM	Muruqa: White	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 17 -	
		592315462 Rahu 4:33PM – 6:01PM	Balava Until 1:26AM Mon	Nataraja: White		Purnima	
Routine Work	Marana Yoga		Purnima* Until 1:59PM	Moon – Purple		Subha Sivaloka Day	
Until 4:06PM		Avani Avittam		Sravana•Avani			
Then Creative Work - Siddha Yoga							

Monday, August 23, 2021		Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Lusaka, Zambia Sutra 134 Plava 5123	
Kumbha Rasi: 14.29	Tithi 16 – 17	Gulika 1:38PM – 3:05PM	Shatabhishak Until 3:43PM	Ganesha: Yellow	<i>Sunrise:</i> 6:19AM		
Family Home Evening		Yama 10:42AM – 12:10PM	Sukarma Until 3:25AM Tue	Muruqa: White	<i>Sunset:</i> 6:01PM	Moon 7 - Phase 17 -	
		592315462 Rahu 7:47AM – 9:15AM	Taitila Until 12:42AM Tue	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 12:58PM	Moon – Purple		Subha Sivaloka Day	
Until 3:43PM				Sravana•Avani			
Then Routine Work - Marana Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Tuesday, August 24, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 135

Plava 5123

Moon 8 - Phase 18 - 1

1st Phase

Kumbha Rasi: 27.46 Tithi 17 - 18

512315462

Gulika

12:10PM - 1:38PM

Yama

9:14AM - 10:42AM

Rahu

3:05PM - 4:33PM

Purvaprosarthapada* Until 4:14PM

Dhriti Until 2:22AM Wed

Vanija Until 12:36AM Wed

Dvitiya Until 12:33PM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 6:19AM

Sunset: 6:01PM

Subha Sivaloka Day

Routine Work Marana Yoga

Until 4:14PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Lusaka, Zambia

Sun 2 Sutra 136

Plava 5123

Moon 8 - Phase 18 - 2

1st Phase

Meena Rasi: 10.42 Tithi 18 - 19

512315462

Gulika

10:42AM - 12:10PM

Yama

7:46AM - 9:14AM

Rahu

12:10PM - 1:37PM

Uttaraprosarthapada Until 5:15PM

Shula* Until 1:51AM Thu

Bava Until 1:12AM Thu

Tritiya Until 12:47PM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 6:18AM

Sunset: 6:01PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 5:15PM

Then Routine Work - Marana Yoga

2

Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 137

Plava 5123

Moon 8 - Phase 18 - 3

1st Phase

Meena Rasi: 23.19 Tithi 19 - 20

512315462

Gulika

9:13AM - 10:41AM

Yama

6:17AM - 7:45AM

Rahu

1:37PM - 3:05PM

Revati Until 6:47PM

Ganda* Until 1:52AM Fri

Kaulava Until 2:28AM Fri

Chaturthi* Until 1:44PM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear

Sravana-Avani

Sunrise: 6:17AM

Sunset: 6:01PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:47PM

Then Creative Work - Amrita Yoga

3

Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 138

Plava 5123

Moon 8 - Phase 18 - 4

1st Phase

Mesha Rasi: 5.37 Tithi 20 - 21

522315462

Gulika

7:45AM - 9:13AM

Yama

3:05PM - 4:33PM

Rahu

10:41AM - 12:09PM

Ashvini Until 9:16PM

Vriddhi Until 2:22AM Sat

Gara Until 4:22AM Sat

Panchami Until 3:20PM

Ganesha: White

Muruqa: White

Nataraja: White

Moon - White

Sravana-Avani

Sunrise: 6:17AM

Sunset: 6:01PM

Sivaloka Day

Creative Work Amrita Yoga

Until 9:16PM

Then Creative Work - Siddha Yoga

4

Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 139

Plava 5123

Moon 8 - Phase 18 - 5

1st Phase

Mesha Rasi: 17.41 Tithi 21 - 22

522315463

Gulika

6:16AM - 7:44AM

Yama

1:37PM - 3:05PM

Rahu

9:12AM - 10:41AM

Bharani Until 12:04AM Sun

Dhruva Until 3:12AM Sun

Visti Until 6:42AM Sun

Shashthi* Until 5:28PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Sravana-Avani

Sunrise: 6:16AM

Sunset: 6:01PM

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, August 29, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia

Sun 6 Sutra 140

Plava 5123

Moon 8 - Phase 18 - 6

1st Phase

Mesha Rasi: 29.35 Tithi 22

522315463

Gulika

3:05PM - 4:33PM

Yama

12:08PM - 1:37PM

Rahu

4:33PM - 6:02PM

Krittika Until 2:57AM Mon

Vyaghata* Until 4:13AM Mon

Visti Until 6:42AM

Saptami Until 7:56PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White

Sravana-Avani

Sunrise: 6:15AM

Sunset: 6:02PM

Devaloka Day

Creative Work Siddha Yoga

Until 2:57AM Mon

Then Creative Work - Amrita Yoga

6

Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 7 Sutra 141

Plava 5123

Moon 8 - Phase 18 - 7

Ashtami

Vrishabha Rasi: 11.24 Tithi 23

532315463

Gulika

1:37PM - 3:05PM

Yama

10:40AM - 12:08PM

Rahu

7:43AM - 9:11AM

Rohini Until 6:12AM Tue

Harshana Until 5:16AM Tue

Balava Until 9:15AM

Ashtami* Until 10:30PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Yellow

Sravana-Avani

Sunrise: 6:15AM

Sunset: 6:02PM

Sivaloka Day

Creative Work Amrita Yoga

Until 6:12AM Tue

Then Creative Work - Siddha Yoga

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 8 Sutra 142

Plava 5123

Moon 8 - Phase 18 - 8

Navami

Vrishabha Rasi: 23.13 Tithi 24

532315463

Gulika

12:08PM - 1:36PM

Yama

9:11AM - 10:39AM

Rahu

3:05PM - 4:33PM

Rohini Until 6:12AM

Vajra* Until 6:06AM Wed

Taitila Until 11:45AM

Navami* Until 12:53AM Wed

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Yellow

Sravana-Avani

Sunrise: 6:14AM

Sunset: 6:02PM

Sivaloka Day

Creative Work Amrita Yoga

Until 6:12AM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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1	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Lusaka, Zambia
	Mithuna Rasi: 5.08	Tithi 25	533315463	Gulika 10:39AM – 12:08PM	Mrigashira Until 9:02AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow	Sun 9 Sutra 143 Plava 5123 Moon 8 - Phase 19 - 9 2nd Phase
	Creative Work	Siddha Yoga		Rahu 12:08PM – 1:36PM	Vajra* Until 6:06AM Vanija Until 1:58PM Dashami Until 2:52AM Thu	Sunrise: 6:13AM Sunset: 6:02PM	Sivaloka Day
						Sravana-Avani	

2	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia
	Mithuna Rasi: 17.14	Tithi 26	533315463	Gulika 9:10AM – 10:39AM	Ardra Until 11:15AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow	Sun 10 Sutra 144 Plava 5123 Moon 8 - Phase 19 - 10 2nd Phase
	Routine Work	Marana Yoga		Rahu 1:36PM – 3:05PM	Siddhi Until 6:36AM Bava Until 3:39PM Ekadashi* Until 4:14AM Fri	Sunrise: 6:13AM Sunset: 6:02PM	Sivaloka Day
	Until 11:15AM	Then Creative Work - Amrita Yoga				Sravana-Avani	

3	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Lusaka, Zambia
	Mithuna Rasi: 29.34	Tithi 27	533315463	Gulika 7:41AM – 9:09AM	Punarvasu Until 1:10PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 11 Sutra 145 Plava 5123 Moon 8 - Phase 19 - 11 2nd Phase
	Creative Work	Siddha Yoga		Rahu 10:38AM – 12:07PM	Vyatipata* Until 6:38AM Kaulava Until 4:41PM Dvadashti* Until 4:55AM Sat	Sunrise: 6:12AM Sunset: 6:02PM	Devaloka Day
	Until 1:10PM	Then Routine Work - Marana Yoga				Sravana-Avani	

4	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Lusaka, Zambia
	Kataka Rasi: 12.14	Tithi 28	533315463	Gulika 6:11AM – 7:40AM	Pushya Until 2:14PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 12 Sutra 146 Plava 5123 Moon 8 - Phase 19 - 12 2nd Phase
	Creative Work	Siddha Yoga		Rahu 9:09AM – 10:38AM	Variyan Until 6:05AM Gara Until 5:00PM Trayodashi* Until 4:53AM Sun	Sunrise: 6:11AM Sunset: 6:02PM	Devaloka Day
	Until 2:14PM	Then Routine Work - Marana Yoga				Sravana-Avani	

Pradosha Vrata (Fasting)

5	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia
	Kataka Rasi: 25.14	Tithi 29	533315463	Gulika 3:04PM – 4:33PM	Ashlesha* Until 2:28PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 13 Sutra 147 Plava 5123 Moon 8 - Phase 19 - 13 2nd Phase
	Creative Work	Siddha Yoga		Rahu 4:33PM – 6:02PM	Shiva Until 3:24AM Mon Visti Until 4:37PM Chaturdashi* Until 4:10AM Mon	Sunrise: 6:10AM Sunset: 6:02PM	Devaloka Day
	Until 2:28PM	Then Routine Work - Marana Yoga				Sravana-Avani	

●	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lusaka, Zambia
	Retreat Star			Gulika 1:35PM – 3:04PM	Magha* Until 2:22PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 14 Sutra 148 Plava 5123 Moon 8 - Phase 19 - 14 Amavasya
	Simha Rasi: 8.35	Tithi 30	533315463	Rahu 7:39AM – 9:08AM	Siddha Until 1:18AM Tue Catuspada Until 3:37PM Amavasya* Until 2:53AM Tue	Sunrise: 6:10AM Sunset: 6:02PM	Devaloka Day
	Family Home Evening	Routine Work				Sravana-Avani	

●	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Lusaka, Zambia
	Retreat Star			Gulika 12:06PM – 1:35PM	Purvaphalguni Until 1:35PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 15 Sutra 149 Plava 5123 Moon 8 - Phase 19 - 15 Prathama
	Simha Rasi: 22.16	Tithi 1	533315463	Rahu 3:04PM – 4:33PM	Sadhya Until 10:50PM Kintughna Until 2:05PM Prathama* Until 1:09AM Wed	Sunrise: 6:09AM Sunset: 6:02PM	Devaloka Day
	Creative Work	Siddha Yoga				Sravana-Avani	

Then Creative Work - Amrita Yoga

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lusaka, Zambia
	Kanya Rasi: 6.13	Tithi 2	Gulika Yama	10:36AM – 12:05PM 7:37AM – 9:07AM	Uttaraphalguni Until 12:17PM Subha Until 8:06PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 16 Sutra 150 Plava 5123 Moon 8 - Phase 20 - 16 3rd Phase
		553315463	Rahu	12:05PM – 1:34PM	Balava Until 12:10PM Dvitiya Until 11:04PM	Sunrise: 6:08AM Sunset: 6:02PM	Devaloka Day
	Creative Work Amrita Yoga Until 12:17PM Then Routine Work - Marana Yoga						Bhadrapada-Avani

2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Lusaka, Zambia
	Kanya Rasi: 20.22	Tithi 3	Gulika Yama	9:06AM – 10:35AM 6:07AM – 7:37AM	Hasta Until 10:59AM Sukla Until 5:09PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sun 17 Sutra 151 Plava 5123 Moon 8 - Phase 20 - 17 3rd Phase
		563315463	Rahu	1:34PM – 3:04PM	Taitila Until 9:58AM Tritiya Until 8:48PM	Sunrise: 6:07AM Sunset: 6:02PM	Devaloka Day
	Routine Work Marana Yoga Until 10:59AM Then Creative Work - Siddha Yoga						Bhadrapada-Avani

3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthayam Titau				Lusaka, Zambia
	Tula Rasi: 4.37	Tithi 4	Gulika Yama	7:36AM – 9:06AM 3:03PM – 4:33PM	Chitra Until 9:25AM Brahma Until 2:08PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sun 18 Sutra 152 Plava 5123 Moon 8 - Phase 20 - 18 3rd Phase
		563315463	Rahu	10:35AM – 12:05PM	Vanija Until 7:38AM Chaturthi* Until 6:26PM	Sunrise: 6:07AM Sunset: 6:02PM	Devaloka Day
	Creative Work Siddha Yoga		Ganesha Chaturthi				

4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Lusaka, Zambia
	Tula Rasi: 18.55	Tithi 5 – 6	Gulika Yama	6:06AM – 7:35AM 1:34PM – 3:03PM	Svati Until 7:40AM Indra Until 11:07AM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sun 19 Sutra 153 Plava 5123 Moon 8 - Phase 20 - 19 3rd Phase
		563315463	Rahu	9:05AM – 10:35AM	Kaulava Until 2:56AM Sun Panchami Until 4:04PM	Sunrise: 6:06AM Sunset: 6:03PM	Devaloka Day
	Creative Work Siddha Yoga						Bhadrapada-Avani

5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lusaka, Zambia
	Vrischika Rasi: 3.1	Tithi 6 – 7	Gulika Yama	3:03PM – 4:33PM 12:04PM – 1:34PM	Vishakha Until 6:15AM Vaidhriti* Until 8:08AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sun 20 Sutra 154 Plava 5123 Moon 8 - Phase 20 - 20 3rd Phase
		573315463	Rahu	4:33PM – 6:03PM	Gara Until 12:42AM Mon Shashthi* Until 1:47PM	Sunrise: 6:05AM Sunset: 6:03PM	Sivaloka Day
	Routine Work Marana Yoga		Grandparent's Day				

D	Monday, September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Lusaka, Zambia
	Retreat Star		Gulika Yama	1:33PM – 3:03PM 10:34AM – 12:03PM	Jyeshtha* Until 3:22AM Tue Priti Until 2:29AM Tue	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sun 21 Sutra 155 Plava 5123 Moon 8 - Phase 20 - 21 Ashtami
	Vrischika Rasi: 17.22	Tithi 7 – 8	Rahu	7:34AM – 9:04AM	Visti Until 10:37PM Saptami Until 11:37AM	Sunrise: 6:04AM Sunset: 6:03PM	Sivaloka Day
	Family Home Evening Creative Work Siddha Yoga Until 3:22AM Tue Then Creative Work - Amrita Yoga						Bhadrapada-Avani

D	Tuesday, September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Lusaka, Zambia
	Retreat Star		Gulika Yama	12:03PM – 1:33PM 9:03AM – 10:33AM	Mula* Until 2:22AM Wed Ayushman Until 11:50PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 156 Plava 5123 Moon 8 - Phase 20 - 22 Navami
	Dhanus Rasi: 1.27	Tithi 8 – 9	Rahu	3:03PM – 4:33PM	Balava Until 8:41PM Ashtami* Until 9:36AM	Sunrise: 6:04AM Sunset: 6:03PM	Devaloka Day
	Creative Work Amrita Yoga						Bhadrapada-Avani

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sutra 164

Plava 5123

Moon 9 - Phase 22 -

1st Phase

Meena Rasi: 18.59 Tithi 17

514415463

Gulika 10:30AM - 12:00PM
Yama 7:28AM - 8:59AM
Rahu 12:00PM - 1:31PM

Revati Until 3:01AM Thu
Vriddhi Until 10:20AM
Taitila Until 2:48PM

Ganesha: Red Sunrise: 5:57AM
Muruga: White Sunset: 6:03PM
Nataraja: Clear
Moon - Clear

Sivaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 3:01AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 165

Plava 5123

Moon 9 - Phase 22 - 1

1st Phase

Mesha Rasi: 1.26 Tithi 18

524415463

Gulika 8:58AM - 10:29AM
Yama 5:57AM - 7:27AM
Rahu 1:31PM - 3:02PM

Ashvini Until 5:22AM Fri
Dhruva Until 10:14AM
Vanija Until 4:08PM

Ganesha: Green Sunrise: 5:57AM
Muruga: White Sunset: 6:03PM
Nataraja: Clear
Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 5:22AM Fri

Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Bava Karana Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 166

Plava 5123

Moon 9 - Phase 22 - 2

1st Phase

Mesha Rasi: 13.38 Tithi 19

524415463

Gulika 7:27AM - 8:58AM
Yama 3:01PM - 4:32PM
Rahu 10:29AM - 12:00PM

Bharani Until 8:02AM Sat
Vyaghata* Until 10:35AM
Bava Until 6:01PM

Ganesha: Green Sunrise: 5:56AM
Muruga: White Sunset: 6:03PM
Nataraja: Clear
Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 8:02AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 167

Plava 5123

Moon 9 - Phase 22 - 3

1st Phase

Mesha Rasi: 25.39 Tithi 19 - 20

524415463

Gulika 5:55AM - 7:26AM
Yama 1:30PM - 3:01PM
Rahu 8:57AM - 10:28AM

Bharani Until 8:02AM
Harshana Until 11:19AM
Kaulava Until 8:21PM

Ganesha: Green Sunrise: 5:55AM
Muruga: White Sunset: 6:03PM
Nataraja: Clear
Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 8:02AM

Then Creative Work - Amrita Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 168

Plava 5123

Moon 9 - Phase 22 - 4

1st Phase

Vrishabha Rasi: 7.31 Tithi 20 - 21

524415463

Gulika 3:01PM - 4:32PM
Yama 11:59AM - 1:30PM
Rahu 4:32PM - 6:04PM

Krittika Until 10:52AM
Vajra* Until 12:16PM
Gara Until 10:57PM

Ganesha: Green Sunrise: 5:54AM
Muruga: White Sunset: 6:04PM
Nataraja: Clear
Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Panchami Until 9:36AM

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Lusaka, Zambia

Sun 5 Sutra 169

Plava 5123

Moon 9 - Phase 22 - 5

1st Phase

Vrishabha Rasi: 19.18 Tithi 21 - 22

634415463

Gulika 1:30PM - 3:01PM
Yama 10:27AM - 11:59AM
Rahu 7:25AM - 8:56AM

Rohini Until 2:11PM
Siddhi Until 1:19PM
Visti Until 1:34AM Tue

Ganesha: Green Sunrise: 5:53AM
Muruga: White Sunset: 6:04PM
Nataraja: Clear
Moon - Yellow

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Shashthi* Until 12:15PM

D

Tuesday, September 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saplamy/Ashlamyam Titau

Lusaka, Zambia

Sun 6 Sutra 170

Plava 5123

Moon 9 - Phase 22 - 6

Ashtami

Mithuna Rasi: 1.07 Tithi 22 - 23

635415463

Gulika 11:58AM - 1:30PM
Yama 8:55AM - 10:27AM
Rahu 3:01PM - 4:32PM

Mrigashira Until 5:13PM
Vyatipata* Until 2:19PM
Balava Until 3:59AM Wed

Ganesha: White Sunrise: 5:53AM
Muruga: White Sunset: 6:04PM
Nataraja: Clear
Moon - Yellow

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 5:13PM

Then Routine Work - Marana Yoga

Saptami Until 2:48PM

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Variyan/Parigaha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 171

Plava 5123

Moon 9 - Phase 22 - 7

Navami

Mithuna Rasi: 13.01 Tithi 23 - 24

635415463

Gulika 10:26AM - 11:58AM
Yama 7:23AM - 8:55AM
Rahu 11:58AM - 1:29PM

Ardra Until 7:44PM
Variyan Until 3:01PM
Taitila Until 5:55AM Thu

Ganesha: White Sunrise: 5:52AM
Muruga: White Sunset: 6:04PM
Nataraja: Clear
Moon - Yellow

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Ashtami* Until 5:00PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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1	Thursday, September 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Parigha/Shiva Yoga Gara Karana Navamyam Titau				Lusaka, Zambia
	Mithuna Rasi: 25.07	Tithi 24	Gulika 8:54AM – 10:26AM	Punarvasu Until 10:01PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Sun 8 Sutra 172
			Yama 5:51AM – 7:23AM	Parigha* Until 3:19PM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 23 - 8
	Creative Work	Amrita Yoga	645415463 Rahu 1:29PM – 3:01PM	Gara Until 6:38PM	Nataraja: Clear		2nd Phase
			Navami* Until 6:38PM	Moon – Blue		Sivaloka Day	
						Bhadrapada-Puratasi	


2	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Lusaka, Zambia
	Kataka Rasi: 7.28	Tithi 25	Gulika 7:22AM – 8:54AM	Pushya Until 11:26PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Sun 9 Sutra 173
			Yama 3:01PM – 4:32PM	Shiva Until 3:06PM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 23 - 9
	Routine Work	Marana Yoga	645415463 Rahu 10:26AM – 11:57AM	Vanija Until 7:13AM	Nataraja: Clear		2nd Phase
			Dashami Until 7:33PM	Moon – Blue		Sivaloka Day	
						Bhadrapada-Puratasi	

3	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia
	Kataka Rasi: 20.1	Tithi 26	Gulika 5:50AM – 7:21AM	Ashlesha* Until 11:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Sun 10 Sutra 174
			Yama 1:29PM – 3:00PM	Siddha Until 2:14PM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 23 - 10
	Routine Work	Marana Yoga	645415463 Rahu 8:53AM – 10:25AM	Bava Until 7:44AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 7:41PM	Moon – Blue		Sivaloka Day	
						Bhadrapada-Puratasi	

4	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvodashyam Titau				Lusaka, Zambia
	Simha Rasi: 3.16	Tithi 27	Gulika 3:00PM – 4:32PM	Magha* Until 11:56PM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	Sun 11 Sutra 175
			Yama 11:57AM – 1:28PM	Sadhya Until 12:45PM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 23 - 11
	Routine Work	Marana Yoga	655415463 Rahu 4:32PM – 6:04PM	Kaulava Until 7:28AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 7:01PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	

5	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia
	Simha Rasi: 16.47	Tithi 28 – 29	Gulika 1:28PM – 3:00PM	Purvaphalguni Until 11:06PM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	Sun 12 Sutra 176
	Family Home Evening		Yama 10:24AM – 11:56AM	Subha Until 10:41AM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 23 - 12
	Creative Work	Siddha Yoga	655415463 Rahu 7:20AM – 8:52AM	Gara Until 6:25AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 5:38PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	
						<i>Pradosha Vrata (Fasting)</i>	

6	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia
	Kanya Rasi: 0.41	Tithi 29 – 30	Gulika 11:56AM – 1:28PM	Uttaraphalguni Until 9:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:47AM	Sun 13 Sutra 177
			Yama 8:52AM – 10:24AM	Sukla Until 8:05AM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 23 - 13
	Creative Work	Amrita Yoga	655415463 Rahu 3:00PM – 4:32PM	Catuspada Until 2:27AM Wed	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 3:37PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	

	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia
	Retreat Star		Gulika 10:23AM – 11:56AM	Hasta Until 7:52PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:47AM	Sun 14 Sutra 178
	Kanya Rasi: 14.57	Tithi 30 – 1	Yama 7:19AM – 8:51AM	Indra Until 1:43AM Thu	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 23 - 14
			665415463 Rahu 11:56AM – 1:28PM	Kintughna Until 11:48PM	Nataraja: Clear		Amavasya
			Amavasya* Until 1:09PM	Moon – Green		Devaloka Day	
						Bhadrapada-Puratasi	

7	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia
	Retreat Star		Gulika 8:51AM – 10:23AM	Chitra Until 5:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:46AM	Sun 15 Sutra 179
	Kanya Rasi: 29.29	Tithi 1 – 2	Yama 5:46AM – 7:18AM	Vaidhriti* Until 10:10PM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 23 - 15
			665415463 Rahu 1:28PM – 3:00PM	Balava Until 8:53PM	Nataraja: Clear		Prathama
			Prathama* Until 10:20AM	Moon – Green		Devaloka Day	
						Ashvina-Puratasi	
			Navaratri Begins				

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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1		Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau			Lusaka, Zambia Sun 16 Sutra 180	
Tula Rasi: 14.1	Tithi 2 - 3	Gulika	7:18AM - 8:50AM	Svati Until 3:22PM	Ganesha: Orange	<i>Sunrise:</i> 5:45AM		Plava 5123
		Yama	3:00PM - 4:32PM	Vishkambha* Until 6:33PM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24 - 16	
666415464		Rahu	10:23AM - 11:55AM	Gara Until 4:20AM Sat	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga			Dvitiya Until 7:21AM	Moon - Green		Subha Sivaloka Day	
					Ashvina+Puratasi			

2		Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturtham Titau			Lusaka, Zambia Sun 17 Sutra 181	
Tula Rasi: 28.53	Tithi 4	Gulika	5:45AM - 7:17AM	Vishakha Until 1:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM		Plava 5123
		Yama	1:27PM - 3:00PM	Priti Until 2:58PM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24 - 17	
676415464		Rahu	8:50AM - 10:22AM	Vanija Until 2:52PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga			Chaturthi* Until 1:24AM Sun	Moon - Orange		Subha Sivaloka Day	
					Ashvina+Puratasi			

3		Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau			Lusaka, Zambia Sun 18 Sutra 182	
Vrischika Rasi: 13.31	Tithi 5	Gulika	3:00PM - 4:33PM	Anuradha Until 11:11AM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM		Plava 5123
		Yama	11:55AM - 1:27PM	Ayushman Until 11:29AM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24 - 18	
676415464		Rahu	4:33PM - 6:05PM	Bava Until 12:02PM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga			Panchami Until 10:41PM	Moon - Orange		Subha Sivaloka Day	
					Ashvina+Puratasi			

4		Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau			Lusaka, Zambia Sun 19 Sutra 183	
Vrischika Rasi: 27.59	Tithi 6	Gulika	1:27PM - 3:00PM	Jyeshtha* Until 9:12AM	Ganesha: Purple	<i>Sunrise:</i> 5:43AM		Plava 5123
Family Home Evening		Yama	10:21AM - 11:54AM	Saubhagya Until 8:13AM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24 - 19	
676515464		Rahu	7:16AM - 8:49AM	Kaulava Until 9:27AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga			Shashthi* Until 8:16PM	Moon - Orange		Sivaloka Day	
					Ashvina+Puratasi			

5		Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau			Lusaka, Zambia Sun 20 Sutra 184	
Dhanus Rasi: 12.14	Tithi 7	Gulika	11:54AM - 1:27PM	Mula* Until 7:50AM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM		Plava 5123
		Yama	8:48AM - 10:21AM	Athiganda* Until 2:33AM Wed	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24 - 20	
686515464		Rahu	3:00PM - 4:33PM	Gara Until 7:12AM	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga			Saptami Until 6:12PM	Moon - Light Blue		Subha Sivaloka Day	
Until 7:50AM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

Retreat Star		Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Lusaka, Zambia Sun 21 Sutra 185	
Dhanus Rasi: 26.14	Tithi 8 - 9	Gulika	10:21AM - 11:54AM	Purvashadha* Until 6:43AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM		Plava 5123
		Yama	7:15AM - 8:48AM	Sukarma Until 12:12AM Thu	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 24 - 21	
686515464		Rahu	11:54AM - 1:27PM	Balava Until 3:54AM Thu	Nataraja: Purple		Ashtami	
Creative Work	Amrita Yoga			Ashtami* Until 4:33PM	Moon - Light Blue		Subha Sivaloka Day	
					Ashvina+Puratasi			
		Durga Ashtami						

Retreat Star		Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Lusaka, Zambia Sun 22 Sutra 186	
Makara Rasi: 9.59	Tithi 9 - 10	Gulika	8:47AM - 10:20AM	Shravana Until 5:43AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:41AM		Plava 5123
		Yama	5:41AM - 7:14AM	Dhriti Until 10:12PM	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 24 - 22	
686515464		Rahu	1:27PM - 3:00PM	Taitila Until 2:53AM Fri	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga			Navami* Until 3:20PM	Moon - Light Blue		Subha Sivaloka Day	
					Ashvina+Puratasi			
		Saraswathi Puja (Tamil Nadu)						


1		Friday, October 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 23 Sutra 187 Plava 5123	
Makara Rasi: 23.29	Tithi 10 – 11	Gulika 7:14AM – 8:47AM	Dhanishtha Until 5:50AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:41AM				
		Yama 3:00PM – 4:33PM	Shula* Until 8:30PM	Muruqa: White	<i>Sunset:</i> 6:06PM			Moon 9 - Phase 25 - 23	4th Phase
		697515464 Rahu 10:20AM – 11:53AM	Vanija Until 2:18AM Sat	Nataraja: Purple					
Creative Work	Siddha Yoga		Dashami Until 2:31PM	Moon – Purple				Subha Sivaloka Day	
Until 5:50AM Sat								Ashvina+Puratasi	
Then Creative Work - Amrita Yoga									

2		Saturday, October 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 24 Sutra 188 Plava 5123	
Kumbha Rasi: 6.44	Tithi 11 – 12	Gulika 5:40AM – 7:13AM	Shatabhishak Until 6:13AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:40AM				
		Yama 1:26PM – 3:00PM	Ganda* Until 7:09PM	Muruqa: White	<i>Sunset:</i> 6:06PM			Moon 9 - Phase 25 - 24	4th Phase
		697515464 Rahu 8:46AM – 10:20AM	Bava Until 2:07AM Sun	Nataraja: Purple					
Creative Work	Amrita Yoga		Ekadashi Until 2:08PM	Moon – Purple				Subha Sivaloka Day	
Until 6:13AM Sun		Kadaitswami Mahasamadhi						Ashvina+Puratasi	
Then Creative Work - Siddha Yoga									

3		Sunday, October 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 25 Sutra 189 Plava 5123	
Kumbha Rasi: 19.47	Tithi 12 – 13	Gulika 3:00PM – 4:33PM	Shatabhishak Until 6:13AM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM				
		Yama 11:53AM – 1:26PM	Vriddhi Until 6:08PM	Muruqa: White	<i>Sunset:</i> 6:06PM			Moon 9 - Phase 25 - 25	4th Phase
		697515464 Rahu 4:33PM – 6:06PM	Kaulava Until 2:22AM Mon	Nataraja: Purple					
Creative Work	Siddha Yoga		Dvadashi Until 2:10PM	Moon – Purple				Subha Sivaloka Day	
								Ashvina+Aipasi	
								<i>Pradosha Vrata</i>	

4		Monday, October 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Titila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 26 Sutra 190 Plava 5123	
Meena Rasi: 2.38	Tithi 13 – 14	Gulika 1:26PM – 3:00PM	Purvaproshtapada* Until 7:18AM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM				
Family Home Evening		Yama 10:19AM – 11:53AM	Dhruva Until 5:26PM	Muruqa: White	<i>Sunset:</i> 6:07PM			Moon 9 - Phase 25 - 26	4th Phase
Routine Work	Marana Yoga	617515464 Rahu 7:12AM – 8:46AM	Gara Until 3:03AM Tue	Nataraja: Purple					
Until 7:18AM			Trayodashi Until 2:38PM	Moon – Clear				Subha Sivaloka Day	
Then Creative Work - Siddha Yoga								Ashvina+Aipasi	

5		Tuesday, October 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sun 27 Sutra 191 Plava 5123	
Meena Rasi: 15.16	Tithi 14 – 15	Gulika 11:52AM – 1:26PM	Uttaraproshtapada Until 8:41AM	Ganesha: Yellow	<i>Sunrise:</i> 5:38AM				
		Yama 8:45AM – 10:19AM	Vyaghata* Until 5:05PM	Muruqa: White	<i>Sunset:</i> 6:07PM			Moon 9 - Phase 25 - 27	4th Phase
		617515464 Rahu 3:00PM – 4:33PM	Visti Until 4:12AM Wed	Nataraja: Purple					
Creative Work	Amrita Yoga		Chaturdashi* Until 3:33PM	Moon – Clear				Subha Sivaloka Day	
Until 8:41AM								Ashvina+Aipasi	
Then Creative Work - Siddha Yoga									

		Wednesday, October 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sutra 192 Plava 5123	
Meena Rasi: 27.41	Tithi 15 – 16	Gulika 10:19AM – 11:52AM	Revati Until 10:20AM	Ganesha: Yellow	<i>Sunrise:</i> 5:37AM				
		Yama 7:11AM – 8:45AM	Harshana Until 5:07PM	Muruqa: White	<i>Sunset:</i> 6:07PM			Moon 9 - Phase 25 - Purnima	
		617515464 Rahu 11:52AM – 1:26PM	Balava Until 5:49AM Thu	Nataraja: Purple					
Routine Work	Marana Yoga		Purnima* Until 4:56PM	Moon – Clear				Subha Sivaloka Day	
								Ashvina+Aipasi	

Thursday, October 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sutra 193 Plava 5123		
Silver Retreat Star		Gulika 8:45AM – 10:18AM	Ashvini Until 12:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM			
Mesha Rasi: 9.55	Tithi 16	Yama 5:37AM – 7:11AM	Vajra* Until 5:27PM	Muruqa: White	<i>Sunset:</i> 6:07PM			Moon 9 - Phase 25 - Prathama
		628515464 Rahu 1:26PM – 3:00PM	Kaulava Until 6:46PM	Nataraja: Purple				
Creative Work	Amrita Yoga		Prathama* Until 6:46PM	Moon – White				Subha Sivaloka Day
Until 12:45PM								Ashvina+Aipasi
Then Creative Work - Siddha Yoga								

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Friday, October 22, 2021
Gold Retreat Star

Mesha Rasi: 21.58 Tithi 17
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:10AM – 8:44AM
Yama 3:00PM – 4:34PM
Rahu 10:18AM – 11:52AM

Bharani Until 3:25PM
Siddhi Until 6:07PM
Taitila Until 7:52AM
Dvitiya Until 9:01PM

Lusaka, Zambia
Sun 1 Sutra 194
Plava 5123
Moon 10 - Phase 26 - 1
1st Phase

Ganesha: Clear *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:08PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

1

Saturday, October 23, 2021

Vrishabha Rasi: 3.53 Tithi 18
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:36AM – 7:10AM
Yama 1:26PM – 3:00PM
Rahu 8:44AM – 10:18AM

Krittika Until 6:13PM
Vyatipata* Until 7:02PM
Vanija Until 10:17AM
Tritiya Until 11:34PM

Lusaka, Zambia
Sun 2 Sutra 195
Plava 5123
Moon 10 - Phase 26 - 2
1st Phase

Ganesha: Clear *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:08PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

2

Sunday, October 24, 2021

Vrishabha Rasi: 15.42 Tithi 19
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:00PM – 4:34PM
Yama 11:52AM – 1:26PM
Rahu 4:34PM – 6:08PM

Rohini Until 9:32PM
Variyan Until 8:03PM
Bava Until 12:56PM
Chaturthi* Until 2:16AM Mon

Lusaka, Zambia
Sun 3 Sutra 196
Plava 5123
Moon 10 - Phase 26 - 3
1st Phase

Ganesha: Purple *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 6:08PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

3

Monday, October 25, 2021

Vrishabha Rasi: 27.28 Tithi 20
Family Home Evening
Creative Work Amrita Yoga
Until 12:41AM Tue
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:26PM – 3:00PM
Yama 10:17AM – 11:52AM
Rahu 7:09AM – 8:43AM

Mrigashira Until 12:41AM Tue
Parigha* Until 9:05PM
Kaulava Until 3:39PM
Panchami Until 4:57AM Tue

Lusaka, Zambia
Sun 4 Sutra 197
Plava 5123
Moon 10 - Phase 26 - 4
1st Phase

Ganesha: Purple *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 6:08PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

4

Tuesday, October 26, 2021

Mithuna Rasi: 9.16 Tithi 21
Routine Work Marana Yoga
Until 3:28AM Wed
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Gara Karana Shashthyam Titau

Gulika 11:51AM – 1:26PM
Yama 8:43AM – 10:17AM
Rahu 3:00PM – 4:34PM

Ardra Until 3:28AM Wed
Shiva Until 10:01PM
Gara Until 6:13PM
Shashthi* Until 7:22AM Wed

Lusaka, Zambia
Sun 5 Sutra 198
Plava 5123
Moon 10 - Phase 26 - 5
1st Phase

Ganesha: Purple *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 6:09PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

5

Wednesday, October 27, 2021

Mithuna Rasi: 21.1 Tithi 21 – 22
Creative Work Siddha Yoga
Until 6:11AM Thu
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:17AM – 11:51AM
Yama 7:08AM – 8:43AM
Rahu 11:51AM – 1:26PM

Punarvasu Until 6:11AM Thu
Siddha Until 10:37PM
Visti Until 8:27PM
Shashthi* Until 7:22AM

Lusaka, Zambia
Sun 6 Sutra 199
Plava 5123
Moon 10 - Phase 26 - 6
1st Phase

Ganesha: Clear *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 6:09PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

D

Thursday, October 28, 2021
Retreat Star

Kataka Rasi: 3.14 Tithi 22 – 23
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Gulika 8:42AM – 10:17AM
Yama 5:33AM – 7:08AM
Rahu 1:26PM – 3:00PM

Punarvasu Until 6:11AM
Sadhya Until 10:48PM
Balava Until 10:07PM
Saptami Until 9:21AM

Lusaka, Zambia
Sun 7 Sutra 200
Plava 5123
Moon 10 - Phase 26 - 7
Ashtami

Ganesha: White *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:09PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

Friday, October 29, 2021

Retreat Star

Kataka Rasi: 15.33 Tithi 23 – 24
Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:07AM – 8:42AM
Yama 3:00PM – 4:35PM
Rahu 10:17AM – 11:51AM

Pushya Until 8:08AM
Subha Until 10:27PM
Taitila Until 11:05PM
Ashtami* Until 10:41AM

Lusaka, Zambia
Sun 8 Sutra 201
Plava 5123
Moon 10 - Phase 26 - 8
Navami

Ganesha: White *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:10PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1		Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 9 Sutra 202 Plava 5123		
Kataka Rasi: 28.11	Tithi 24 – 25	Gulika 5:32AM – 7:07AM	Ashlesha* Until 9:12AM	Ganesha: White	Sunrise: 5:32AM	Muruga: Clear	Sunset: 6:10PM	Moon 10 - Phase 27 - 9
		Yama 1:26PM – 3:01PM	Sukla Until 9:28PM	Nataraja: Purple		Moon – Blue		2nd Phase
		649525464 Rahu 8:42AM – 10:16AM	Vanija Until 11:14PM					
Routine Work	Marana Yoga		Navami* Until 11:15AM	Ashvina•Aipasi		Subha Sivaloka Day		
Until 9:12AM								
Then Creative Work - Amrita Yoga								
2		Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vistii*/Bava Karana Dashami/Ekadashyam Titau		Lusaka, Zambia Sun 10 Sutra 203 Plava 5123		
Simha Rasi: 11.14	Tithi 25 – 26	Gulika 3:01PM – 4:35PM	Magha* Until 9:46AM	Ganesha: Yellow	Sunrise: 5:32AM	Muruga: Clear	Sunset: 6:10PM	Moon 10 - Phase 27 - 10
		Yama 11:51AM – 1:26PM	Brahma Until 7:49PM	Nataraja: Purple		Moon – Red		2nd Phase
		649525464 Rahu 4:35PM – 6:10PM	Bava Until 10:33PM					
Routine Work	Marana Yoga		Dashami Until 10:59AM	Ashvina•Aipasi		Sivaloka Day		
Until 9:46AM								
Then Creative Work - Siddha Yoga								
3		Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Lusaka, Zambia Sun 11 Sutra 204 Plava 5123		
Simha Rasi: 24.43	Tithi 26 – 27	Gulika 1:26PM – 3:01PM	Purvaphalguni Until 9:23AM	Ganesha: Yellow	Sunrise: 5:31AM	Muruga: Clear	Sunset: 6:11PM	Moon 10 - Phase 27 - 11
Family Home Evening		Yama 10:16AM – 11:51AM	Indra Until 5:34PM	Nataraja: Purple		Moon – Red		2nd Phase
		649525464 Rahu 7:06AM – 8:41AM	Kaulava Until 9:05PM					
Creative Work	Siddha Yoga		Ekadashi* Until 9:54AM	Ashvina•Aipasi		Sivaloka Day		
4		Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Lusaka, Zambia Sun 12 Sutra 205 Plava 5123		
Kanya Rasi: 8.4	Tithi 27 – 28	Gulika 11:51AM – 1:26PM	Uttaraphalguni Until 8:07AM	Ganesha: Yellow	Sunrise: 5:31AM	Muruga: Clear	Sunset: 6:11PM	Moon 10 - Phase 27 - 12
		Yama 8:41AM – 10:16AM	Vaidhriti* Until 2:43PM	Nataraja: Purple		Moon – Red		2nd Phase
		649525464 Rahu 3:01PM – 4:36PM	Gara Until 6:55PM					
Creative Work	Amrita Yoga		Dvadashi* Until 8:03AM	Ashvina•Aipasi		Sivaloka Day		
Until 8:07AM								
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)				
5		Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Lusaka, Zambia Sun 13 Sutra 206 Plava 5123		
Kanya Rasi: 23.01	Tithi 29	Gulika 10:16AM – 11:51AM	Hasta Until 6:30AM	Ganesha: Red	Sunrise: 5:31AM	Muruga: Clear	Sunset: 6:11PM	Moon 10 - Phase 27 - 13
		Yama 7:06AM – 8:41AM	Vishkambha* Until 11:23AM	Nataraja: Purple		Moon – Green		2nd Phase
		649525464 Rahu 11:51AM – 1:26PM	Visti Until 4:11PM					
Routine Work	Marana Yoga		Chaturdashi* Until 2:37AM Thu	Ashvina•Aipasi		Sivaloka Day		
Until 6:30AM								
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi						
		Deepavali Hindu Solidarity Day						
Retreat Star		Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lusaka, Zambia Sun 14 Sutra 207 Plava 5123		
Tula Rasi: 7.44	Tithi 30	Gulika 8:41AM – 10:16AM	Svati Until 1:32AM Fri	Ganesha: Red	Sunrise: 5:30AM	Muruga: Clear	Sunset: 6:12PM	Moon 10 - Phase 27 - 14
		Yama 5:30AM – 7:05AM	Priti Until 7:42AM	Nataraja: Purple		Moon – Green		Amavasya
		649525464 Rahu 1:26PM – 3:01PM	Catuspada Until 1:01PM					
Creative Work	Amrita Yoga		Amavasya* Until 11:19PM	Ashvina•Aipasi		Sivaloka Day		
Until 1:32AM Fri								
Then Creative Work - Siddha Yoga								
Retreat Star		Friday, November 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 15 Sutra 208 Plava 5123		
Tula Rasi: 22.42	Tithi 1	Gulika 7:05AM – 8:40AM	Vishakha Until 10:56PM	Ganesha: Blue	Sunrise: 5:30AM	Muruga: Clear	Sunset: 6:12PM	Moon 10 - Phase 27 - 15
		Yama 3:02PM – 4:37PM	Saubhagya Until 11:39PM	Nataraja: Purple		Moon – Orange		Prathama
		671625464 Rahu 10:16AM – 11:51AM	Kintughna Until 9:36AM					
Creative Work	Siddha Yoga		Prathama* Until 7:49PM	Kartika•Aipasi		Devaloka Day		
		Skanda Shasthi Begins						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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1	Saturday, November 6, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Tailita Karana Dvitiya/Trityayam Titau			Lusaka, Zambia
	Wrischika Rasi: 7.46 Tithi 2 – 3	Gulika 5:30AM – 7:05AM	Anuradha Until 8:11PM	Ganesha: Blue <i>Sunrise:</i> 5:30AM	Sun 16 Sutra 209
	781625464	Yama 1:26PM – 3:02PM	Sobhana Until 7:36PM	Muruqa: Clear <i>Sunset:</i> 6:13PM	Plava 5123
	Creative Work Siddha Yoga	Rahu 8:40AM – 10:16AM	Balava Until 6:04AM	Nataraja: Purple Moon – Orange	Moon 10 - Phase 28 - 16 3rd Phase
		Dvitiya Until 4:18PM	Kartika •Aipasi	Devaloka Day	

2	Sunday, November 7, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritya/Chaturthyam Titau			Lusaka, Zambia
	Wrischika Rasi: 22.47 Tithi 3 – 4	Gulika 3:02PM – 4:37PM	Jyeshtha* Until 5:27PM	Ganesha: Blue <i>Sunrise:</i> 5:29AM	Sun 17 Sutra 210
	771625464	Yama 11:51AM – 1:27PM	Athiganda* Until 3:38PM	Muruqa: Clear <i>Sunset:</i> 6:13PM	Plava 5123
	Routine Work Marana Yoga	Rahu 4:37PM – 6:13PM	Vanija Until 11:19PM	Nataraja: Purple Moon – Orange	Moon 10 - Phase 28 - 17 3rd Phase
Until 5:27PM Then Creative Work - Amrita Yoga		Tritiya Until 12:55PM	Kartika •Aipasi	Devaloka Day	

3	Monday, November 8, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Lusaka, Zambia
	Dhanus Rasi: 7.38 Tithi 4 – 5	Gulika 1:27PM – 3:02PM	Mula* Until 3:18PM	Ganesha: Blue <i>Sunrise:</i> 5:29AM	Sun 18 Sutra 211
	Family Home Evening	Yama 10:16AM – 11:51AM	Sukarma Until 11:55AM	Muruqa: Clear <i>Sunset:</i> 6:13PM	Plava 5123
	781625464	Rahu 7:05AM – 8:40AM	Bava Until 8:23PM	Nataraja: Purple Moon – Light Blue	Moon 10 - Phase 28 - 18 3rd Phase
Creative Work Siddha Yoga		Chaturthi* Until 9:47AM	Kartika •Aipasi	Devaloka Day	
Until 3:18PM Then Routine Work - Marana Yoga					

4	Tuesday, November 9, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Tailita Karana Panchami/Shashthyam Titau			Lusaka, Zambia
	Dhanus Rasi: 22.13 Tithi 5 – 6	Gulika 11:51AM – 1:27PM	Purvashadha* Until 1:26PM	Ganesha: Blue <i>Sunrise:</i> 5:29AM	Sun 19 Sutra 212
	781625464	Yama 8:40AM – 10:16AM	Dhriti Until 8:33AM	Muruqa: Clear <i>Sunset:</i> 6:14PM	Plava 5123
	Creative Work Siddha Yoga	Rahu 3:03PM – 4:38PM	Taitila Until 4:52AM Wed	Nataraja: Purple Moon – Light Blue	Moon 10 - Phase 28 - 19 3rd Phase
Until 1:26PM Then Routine Work - Prabalarishta Yoga	Skanda Shasthi	Panchami Until 7:04AM	Kartika •Aipasi	Devaloka Day	

5	Wednesday, November 10, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Saplamyam Titau			Lusaka, Zambia
	Makara Rasi: 6.26 Tithi 7	Gulika 10:16AM – 11:51AM	Uttarashadha Until 11:58AM	Ganesha: Blue <i>Sunrise:</i> 5:28AM	Sun 20 Sutra 213
	781625464	Yama 7:04AM – 8:40AM	Ganda* Until 3:06AM Thu	Muruqa: Clear <i>Sunset:</i> 6:14PM	Plava 5123
	Creative Work Amrita Yoga	Rahu 11:51AM – 1:27PM	Gara Until 4:00PM	Nataraja: Purple Moon – Light Blue	Moon 10 - Phase 28 - 20 3rd Phase
Until 11:58AM Then Creative Work - Siddha Yoga		Saptami Until 3:15AM Thu	Kartika •Aipasi	Devaloka Day	

☾	Thursday, November 11, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau			Lusaka, Zambia
	Retreat Star	Gulika 8:40AM – 10:16AM	Shravana Until 11:23AM	Ganesha: Yellow <i>Sunrise:</i> 5:28AM	Sun 21 Sutra 214
	Makara Rasi: 20.16 Tithi 8	Yama 5:28AM – 7:04AM	Vriddhi Until 1:09AM Fri	Muruqa: Clear <i>Sunset:</i> 6:15PM	Plava 5123
	791625464	Rahu 1:27PM – 3:03PM	Visti Until 2:42PM	Nataraja: Purple Moon – Purple	Moon 10 - Phase 28 - 21 Ashtami
Creative Work Siddha Yoga		Ashtami* Until 2:17AM Fri	Kartika •Aipasi	Sivaloka Day	

☾	Friday, November 12, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau			Lusaka, Zambia
	Retreat Star	Gulika 7:04AM – 8:40AM	Dhanishtha Until 11:18AM	Ganesha: Yellow <i>Sunrise:</i> 5:28AM	Sun 22 Sutra 215
	Kumbha Rasi: 3.44 Tithi 9	Yama 3:03PM – 4:39PM	Dhruva Until 11:40PM	Muruqa: Clear <i>Sunset:</i> 6:15PM	Plava 5123
	791625464	Rahu 10:16AM – 11:52AM	Balava Until 2:04PM	Nataraja: Purple Moon – Purple	Moon 10 - Phase 28 - 22 Navami
Creative Work Siddha Yoga		Navami* Until 1:58AM Sat	Kartika •Aipasi	Sivaloka Day	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lusaka, Zambia
Sutra 223
Plava 5123
Moon 11 - Phase 30 -
1st Phase

Vrishabha Rasi: 12.28 Tilthi 16 – 17

732625465

Gulika 5:27AM – 7:03AM
Yama 1:29PM – 3:06PM
Rahu 8:40AM – 10:16AM

Rohini Until 4:07AM Sun
Shiva Until 1:20AM Sun
Taitila Until 3:00AM Sun
Prathama* Until 1:37PM

Ganesha: Purple *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 4:07AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia
Sun 1 Sutra 224
Plava 5123
Moon 11 - Phase 30 - 1
1st Phase

Vrishabha Rasi: 24.15 Tilthi 17 – 18

732625465

Gulika 3:06PM – 4:43PM
Yama 11:53AM – 1:30PM
Rahu 4:43PM – 6:20PM

Mrigashira Until 7:14AM Mon
Siddha Until 2:19AM Mon
Vanija Until 5:42AM Mon
Dvitiya Until 4:20PM

Ganesha: Purple *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Visti* Karana Tritiyayam Titau

Lusaka, Zambia
Sun 2 Sutra 225
Plava 5123
Moon 11 - Phase 30 - 2
1st Phase

Mithuna Rasi: 6.03 Tilthi 18

732625465

Gulika 1:30PM – 3:07PM
Yama 10:17AM – 11:53AM
Rahu 7:03AM – 8:40AM

Mrigashira Until 7:14AM
Sadhya Until 3:14AM Tue
Visti Until 7:00PM
Tritiya Until 7:00PM

Ganesha: Purple *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 7:14AM

Then Creative Work - Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia
Sun 3 Sutra 226
Plava 5123
Moon 11 - Phase 30 - 3
1st Phase

Mithuna Rasi: 17.53 Tilthi 19

732625465

Gulika 11:54AM – 1:30PM
Yama 8:40AM – 10:17AM
Rahu 3:07PM – 4:44PM

Ardra Until 10:04AM
Subha Until 3:59AM Wed
Bava Until 8:17AM
Chaturthi* Until 9:28PM

Ganesha: Purple *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 10:04AM

Then Creative Work - Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia
Sun 4 Sutra 227
Plava 5123
Moon 11 - Phase 30 - 4
1st Phase

Mithuna Rasi: 29.49 Tilthi 20

742625465

Gulika 10:17AM – 11:54AM
Yama 7:04AM – 8:40AM
Rahu 11:54AM – 1:31PM

Punarvasu Until 12:59PM
Sukla Until 4:26AM Thu
Kaulava Until 10:36AM
Panchami Until 11:36PM

Ganesha: Clear *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia
Sun 5 Sutra 228
Plava 5123
Moon 11 - Phase 30 - 5
1st Phase

Kataka Rasi: 11.55 Tilthi 21

742625465

Gulika 8:41AM – 10:17AM
Yama 5:27AM – 7:04AM
Rahu 1:31PM – 3:08PM

Pushya Until 3:19PM
Brahma Until 4:30AM Fri
Gara Until 12:31PM
Shashthi* Until 1:15AM Fri

Ganesha: Clear *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 3:19PM

Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Lusaka, Zambia
Sun 6 Sutra 229
Plava 5123
Moon 11 - Phase 30 - 6
1st Phase

Kataka Rasi: 24.12 Tilthi 22

742625465

Gulika 7:04AM – 8:41AM
Yama 3:08PM – 4:45PM
Rahu 10:18AM – 11:55AM

Ashlesha* Until 4:57PM
Indra Until 4:07AM Sat
Visti Until 1:52PM
Saptami Until 2:16AM Sat

Ganesha: Clear *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:23PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Retreat Star

Saturday, November 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sun 7 Sutra 230
Plava 5123
Moon 11 - Phase 30 - 7
Ashtami

Simha Rasi: 6.47 Tilthi 23

752625465

Gulika 5:27AM – 7:04AM
Yama 1:32PM – 3:09PM
Rahu 8:41AM – 10:18AM

Magha* Until 6:14PM
Vaidhriti* Until 3:07AM Sun
Balava Until 2:32PM
Ashtami* Until 2:34AM Sun

Ganesha: White *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:23PM
Nataraja: Clear
Moon – Red

Sivaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 6:14PM

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia
Sun 8 Sutra 231
Plava 5123
Moon 11 - Phase 30 - 8
Navami

Simha Rasi: 19.42 Tilthi 24

753625465

Gulika 3:09PM – 4:46PM
Yama 11:55AM – 1:32PM
Rahu 4:46PM – 6:23PM

Purvaphalguni Until 6:37PM
Vishkambha* Until 1:32AM Mon
Taitila Until 2:26PM
Navami* Until 2:04AM Mon

Ganesha: Clear *Sunrise:* 5:27AM
Muruqa: Clear *Sunset:* 6:23PM
Nataraja: Clear
Moon – Red

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 6:37PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/


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1	Monday, November 29, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Vanija/Visli* Karana Dashamyam Titau				Lusaka, Zambia Sun 9 Sutra 232 Plava 5123
	Kanya Rasi: 3.02	Tithi 25	Gulika 1:33PM – 3:10PM	Uttaraphalguni Until 6:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	
	Family Home Evening	753625465	Yama 10:18AM – 11:56AM	Priti Until 11:20PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 31 - 9
	Creative Work	Siddha Yoga	Rahu 7:04AM – 8:41AM	Vanija Until 1:32PM	Nataraja: Clear		2nd Phase
				Dashami Until 12:47AM Tue	Karttika-Karttikai	Devaloka Day	

2	Tuesday, November 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Lusaka, Zambia Sun 10 Sutra 233 Plava 5123
	Kanya Rasi: 16.49	Tithi 26	Gulika 11:56AM – 1:33PM	Hasta Until 5:04PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	
	Creative Work	763725465	Yama 8:42AM – 10:19AM	Ayushman Until 8:32PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 11 - Phase 31 - 10
	Creative Work	Siddha Yoga	Rahu 3:10PM – 4:47PM	Bava Until 11:53AM	Nataraja: Clear		2nd Phase
				Ekadashi* Until 10:46PM	Karttika-Karttikai	Devaloka Day	

3	Wednesday, December 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Lusaka, Zambia Sun 11 Sutra 234 Plava 5123
	Tula Rasi: 1.02	Tithi 27	Gulika 10:19AM – 11:56AM	Chitra Until 3:17PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	
	Creative Work	763725465	Yama 7:05AM – 8:42AM	Saubhagya Until 5:12PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 11 - Phase 31 - 11
	Creative Work	Siddha Yoga	Rahu 11:56AM – 1:34PM	Kaulava Until 9:32AM	Nataraja: Clear		2nd Phase
				Dvadashti* Until 8:07PM	Karttika-Karttikai	Devaloka Day	

4	Thursday, December 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 235 Plava 5123
	Tula Rasi: 15.41	Tithi 28 – 29	Gulika 8:42AM – 10:19AM	Svati Until 12:49PM	Ganesha: Yellow	<i>Sunrise:</i> 5:28AM	
	Creative Work	763725465	Yama 5:28AM – 7:05AM	Sobhana Until 1:28PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 11 - Phase 31 - 12
	Creative Work	Amrita Yoga	Rahu 1:34PM – 3:11PM	Gara Until 6:36AM	Nataraja: Clear		2nd Phase
Until 12:49PM Then Creative Work - Siddha Yoga				Trayodashi* Until 4:58PM	Karttika-Karttikai	Devaloka Day	
<i>Pradosha Vrata (Fasting)</i>							

	Friday, December 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 236 Plava 5123
	Retreat Star		Gulika 7:05AM – 8:42AM	Vishakha Until 10:14AM	Ganesha: Red	<i>Sunrise:</i> 5:28AM	
	Vrischika Rasi: 0.4	Tithi 29 – 30	Yama 3:12PM – 4:49PM	Athiganda* Until 9:24AM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 11 - Phase 31 - 13
	Creative Work	773725465	Rahu 10:20AM – 11:57AM	Catuspada Until 11:38PM	Nataraja: Clear		Amavasya
				Chaturdashi* Until 1:27PM	Karttika-Karttikai	Devaloka Day	

Retreat Star	Saturday, December 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia Sun 14 Sutra 237 Plava 5123
	Vrischika Rasi: 15.5	Tithi 30 – 1	Gulika 5:28AM – 7:05AM	Anuradha Until 7:17AM	Ganesha: Red	<i>Sunrise:</i> 5:28AM	
	Creative Work	773725465	Yama 1:35PM – 3:12PM	Dhriti Until 12:51AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 11 - Phase 31 - 14
	Creative Work	Siddha Yoga	Rahu 8:43AM – 10:20AM	Kintughna Until 7:53PM	Nataraja: Clear		Prathama
				Amavasya* Until 9:44AM	Margasira-Karttikai	Devaloka Day	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Lusaka, Zambia

Sutra 253

Plava 5123

Mithuna Rasi: 14.53 Tithi 16 - 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 4:06PM

Then Creative Work - Amrita Yoga

Gulika 1:43PM - 3:20PM

Yama 10:27AM - 12:05PM

Rahu 7:11AM - 8:49AM

Ardra Until 4:06PM

Sukla Until 7:27AM

Taitila Until 10:21PM

Prathama* Until 9:09AM

Ganesha: White Sunrise: 5:34AM

Muruqa: Clear Sunset: 6:36PM

Nataraja: Clear

Moon - Yellow

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 -

1st Phase

1

Tuesday, December 21, 2021

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 254

Plava 5123

Mithuna Rasi: 26.51 Tithi 17 - 18

844725465

Creative Work Siddha Yoga

Gulika 12:05PM - 1:43PM

Yama 8:50AM - 10:28AM

Rahu 3:21PM - 4:59PM

Punarvasu Until 6:54PM

Brahma Until 8:05AM

Vanija Until 12:28AM Wed

Dvitiya Until 11:25AM

Ganesha: Clear Sunrise: 5:34AM

Muruqa: Clear Sunset: 6:36PM

Nataraja: Clear

Moon - Blue

Margasira*Markali

Devaloka Day

Moon 12 - Phase 34 - 1

1st Phase

2

Wednesday, December 22, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 8.55 Tithi 18 - 19

844725465

Creative Work Siddha Yoga

Gulika 10:28AM - 12:06PM

Yama 7:12AM - 8:50AM

Rahu 12:06PM - 1:44PM

Pushya Until 9:13PM

Indra Until 8:31AM

Bava Until 2:15AM Thu

Tritiya Until 1:23PM

Ganesha: Clear Sunrise: 5:35AM

Muruqa: Clear Sunset: 6:37PM

Nataraja: Clear

Moon - Blue

Margasira*Markali

Devaloka Day

Moon 12 - Phase 34 - 2

1st Phase

3

Thursday, December 23, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 21.08 Tithi 19 - 20

844725465

Creative Work Siddha Yoga

Until 11:01PM

Then Creative Work - Amrita Yoga

Gulika 8:51AM - 10:28AM

Yama 5:35AM - 7:13AM

Rahu 1:44PM - 3:22PM

Ashlesha* Until 11:01PM

Vaidhriti* Until 8:39AM

Kaulava Until 3:37AM Fri

Chaturthi* Until 2:58PM

Ganesha: Clear Sunrise: 5:35AM

Muruqa: Clear Sunset: 6:37PM

Nataraja: Clear

Moon - Blue

Margasira*Markali

Devaloka Day

Moon 12 - Phase 34 - 3

1st Phase

4

Friday, December 24, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 3.32 Tithi 20 - 21

854725465

Routine Work Marana Yoga

Until 12:40AM Sat

Then Creative Work - Siddha Yoga

Gulika 7:13AM - 8:51AM

Yama 3:22PM - 5:00PM

Rahu 10:29AM - 12:07PM

Magha* Until 12:40AM Sat

Vishkambha* Until 8:28AM

Gara Until 4:30AM Sat

Panchami Until 4:06PM

Ganesha: Purple Sunrise: 5:36AM

Muruqa: Clear Sunset: 6:38PM

Nataraja: Clear

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 4

1st Phase

5

Saturday, December 25, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 16.09 Tithi 21 - 22

855825465

Creative Work Siddha Yoga

Until 1:37AM Sun

Then Creative Work - Amrita Yoga

Gulika 5:36AM - 7:14AM

Yama 1:45PM - 3:23PM

Rahu 8:52AM - 10:29AM

Purvaphalguni Until 1:37AM Sun

Priti Until 7:55AM

Visti Until 4:49AM Sun

Shashthi* Until 4:43PM

Ganesha: Purple Sunrise: 5:36AM

Muruqa: Clear Sunset: 6:38PM

Nataraja: Clear

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 5

1st Phase

6

Sunday, December 26, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 259

Plava 5123

Simha Rasi: 29.02 Tithi 22 - 23

855825466

Creative Work Amrita Yoga

Until 1:50AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:23PM - 5:01PM

Yama 12:08PM - 1:45PM

Rahu 5:01PM - 6:39PM

Uttaraphalguni Until 1:50AM Mon

Ayushman Until 6:54AM

Balava Until 4:30AM Mon

Saptami Until 4:43PM

Ganesha: Purple Sunrise: 5:37AM

Muruqa: Clear Sunset: 6:39PM

Nataraja: Orange

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 6

1st Phase

D

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 12.13 Tithi 23 - 24

Family Home Evening 865825466

Creative Work Siddha Yoga

Gulika 1:46PM - 3:24PM

Yama 10:31AM - 12:08PM

Rahu 7:15AM - 8:53AM

Hasta Until 1:40AM Tue

Sobhana Until 3:23AM Tue

Taitila Until 3:30AM Tue

Ashtami* Until 4:04PM

Ganesha: Clear Sunrise: 5:37AM

Muruqa: Clear Sunset: 6:39PM

Nataraja: Orange

Moon - Green

Margasira*Markali

Devaloka Day

Moon 12 - Phase 34 - 7

Ashtami

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Lusaka, Zambia

Sun 8 Sutra 261

Plava 5123

Kanya Rasi: 25.47 Tithi 24 - 25

865825466

Creative Work Siddha Yoga

Gulika 12:09PM - 1:46PM

Yama 8:53AM - 10:31AM

Rahu 3:24PM - 5:02PM

Chitra Until 12:43AM Wed

Athiganda* Until 12:49AM Wed

Vanija Until 1:50AM Wed

Navami* Until 2:44PM

Ganesha: Clear Sunrise: 5:38AM

Muruqa: Clear Sunset: 6:40PM

Nataraja: Orange

Moon - Green

Margasira*Markali

Devaloka Day

Moon 12 - Phase 34 - 8

Navami

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

www.gurudeva.org/panchang

1	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Sukarna Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Lusaka, Zambia
	Tula Rasi: 9.46	Tithi 25 – 26	865825466	Gulika Yama Rahu	10:32AM – 12:09PM 7:16AM – 8:54AM 12:09PM – 1:47PM	Svati Until 11:00PM Sukarna Until 9:46PM Bava Until 11:33PM Dashami Until 12:45PM	Sun 9 Sutra 262 Plava 5123 Moon 12 - Phase 35 - 9 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Green	Sunrise: 5:38AM Sunset: 6:40PM Devaloka Day
						Margasira*Markali	

2	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia
	Tula Rasi: 24.08	Tithi 26 – 27	875825466	Gulika Yama Rahu	8:54AM – 10:32AM 5:39AM – 7:17AM 1:47PM – 3:25PM	Vishakha Until 9:02PM Dhriti Until 6:17PM Kaulava Until 8:44PM Ekadashi* Until 10:11AM	Sun 10 Sutra 263 Plava 5123 Moon 12 - Phase 35 - 10 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Orange	Sunrise: 5:39AM Sunset: 6:40PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
						Margasira*Markali	

3	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia
	Vrischika Rasi: 8.52	Tithi 27 – 28	875825466	Gulika Yama Rahu	7:17AM – 8:55AM 3:25PM – 5:03PM 10:33AM – 12:10PM	Anuradha Until 6:30PM Shula* Until 2:25PM Vanija Until 3:45AM Sat Dvadashi* Until 7:08AM	Sun 11 Sutra 264 Plava 5123 Moon 12 - Phase 35 - 11 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Orange	Sunrise: 5:40AM Sunset: 6:41PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 6:30PM	Then Routine Work - Marana Yoga				Margasira*Markali	

4	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Lusaka, Zambia
	Vrischika Rasi: 23.52	Tithi 29	875825466	Gulika Yama Rahu	5:40AM – 7:18AM 1:48PM – 3:26PM 8:55AM – 10:33AM	Jyeshtha* Until 3:35PM Ganda* Until 10:20AM Visti Until 1:59PM Chaturdashi* Until 12:09AM Sun	Sun 12 Sutra 265 Plava 5123 Moon 12 - Phase 35 - 12 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Orange	Sunrise: 5:40AM Sunset: 6:41PM Bhuloka Day Devaloka Time: 3:PM to 6:PM
						Margasira*Markali	

●	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Lusaka, Zambia			
	Retreat Star			Dhanus Rasi: 9	Tithi 30	885825466	Gulika Yama Rahu	3:26PM – 5:04PM 12:11PM – 1:49PM 5:04PM – 6:42PM	Mula* Until 12:50PM Vriddhi Until 6:08AM Catuspada Until 10:21AM Amavasya* Until 8:32PM	Sun 13 Sutra 266 Plava 5123 Moon 12 - Phase 35 - 13 Amavasya
	Creative Work	Amrita Yoga					Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 5:41AM Sunset: 6:42PM Bhuloka Day Devaloka Time: 3:PM to 6:PM		
	Until 12:50PM	Then Creative Work - Siddha Yoga				Hanumath Jayanthi (Tamil Nadu)				

●	Monday, January 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia			
	Retreat Star			Dhanus Rasi: 24.08	Tithi 1 – 2	885825466	Gulika Yama Rahu	1:49PM – 3:27PM 10:34AM – 12:12PM 7:19AM – 8:56AM	Purvashadha* Until 10:01AM Vyaghata* Until 9:52PM Kintughna Until 6:46AM Prathama* Until 5:02PM	Sun 14 Sutra 267 Plava 5123 Moon 12 - Phase 35 - 14 Prathama
	Creative Work	Marana Yoga					Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 5:41AM Sunset: 6:42PM Bhuloka Day Devaloka Time: 3:PM to 6:PM		
	Family Home Evening	Routine Work				Pausha*Markali				

1		Tuesday, January 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Lusaka, Zambia Sun 15 Sutra 268 Plava 5123	
Makara Rasi: 9.06	Tithi 2 – 3	Gulika 12:12PM – 1:50PM	Uttarashadha Until 7:18AM	Ganesha: Orange	<i>Sunrise:</i> 5:42AM	Muruqa: Clear	<i>Sunset:</i> 6:42PM
		Yama 8:57AM – 10:34AM	Harshana Until 6:06PM			Moon 12 - Phase 36 - 15	
		886825466 Rahu 3:27PM – 5:05PM	Taitila Until 12:26AM Wed	Nataraja: Orange			3rd Phase
Routine Work	Prabalarishta Yoga	Dvitiya Until 1:51PM		Moon – Light Blue			Devaloka Day
Until 7:18AM						Pausha-Markali	
Then Creative Work - Siddha Yoga							

2		Wednesday, January 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Lusaka, Zambia Sun 16 Sutra 269 Plava 5123	
Makara Rasi: 23.46	Tithi 3 – 4	Gulika 10:35AM – 12:12PM	Dhanishtha Until 3:41AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Muruqa: Clear	<i>Sunset:</i> 6:43PM
		Yama 7:20AM – 8:57AM	Vajra* Until 2:44PM			Moon 12 - Phase 36 - 16	
		896825466 Rahu 12:12PM – 1:50PM	Vanija Until 10:00PM	Nataraja: Orange			3rd Phase
Routine Work	Prabalarishta Yoga	Tritiya Until 11:07AM		Moon – Purple			Devaloka Day
Until 3:41AM Thu		Subramuniyaswami Jayanti				Pausha-Markali	
Then Creative Work - Siddha Yoga							

3		Thursday, January 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau		Lusaka, Zambia Sun 17 Sutra 270 Plava 5123	
Kumbha Rasi: 8	Tithi 4 – 5	Gulika 8:58AM – 10:35AM	Shatabhishak Until 2:41AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Muruqa: Clear	<i>Sunset:</i> 6:43PM
		Yama 5:43AM – 7:21AM	Siddhi Until 11:53AM			Moon 12 - Phase 36 - 17	
		896825466 Rahu 1:50PM – 3:28PM	Bava Until 8:16PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga	Chaturthi* Until 9:01AM		Moon – Purple			Devaloka Day
						Pausha-Markali	

4		Friday, January 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Lusaka, Zambia Sun 18 Sutra 271 Plava 5123	
Kumbha Rasi: 21.47	Tithi 5 – 6	Gulika 7:21AM – 8:59AM	Purvaproshtapada* Until 2:48AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:44AM	Muruqa: Clear	<i>Sunset:</i> 6:43PM
		Yama 3:28PM – 5:06PM	Vyatipata* Until 9:40AM			Moon 12 - Phase 36 - 18	
		816825466 Rahu 10:36AM – 12:13PM	Kaulava Until 7:21PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga	Panchami Until 7:41AM		Moon – Clear			Devaloka Day
						Pausha-Markali	

5		Saturday, January 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Lusaka, Zambia Sun 19 Sutra 272 Plava 5123	
Meena Rasi: 5.04	Tithi 6 – 7	Gulika 5:44AM – 7:22AM	Uttaraproshtapada Until 3:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:44AM	Muruqa: Clear	<i>Sunset:</i> 6:43PM
		Yama 1:51PM – 3:29PM	Variyan Until 8:07AM			Moon 12 - Phase 36 - 19	
		816825466 Rahu 8:59AM – 10:36AM	Gara Until 7:20PM	Nataraja: Orange			3rd Phase
Creative Work	Siddha Yoga	Shashthi* Until 7:13AM		Moon – Clear			Devaloka Day
Until 3:37AM Sun						Pausha-Markali	
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, January 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Lusaka, Zambia Sun 20 Sutra 273 Plava 5123	
Meena Rasi: 17.55	Tithi 7 – 8	Gulika 3:29PM – 5:06PM	Revati Until 5:07AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:45AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM
		Yama 12:14PM – 1:52PM	Parigha* Until 7:15AM			Moon 12 - Phase 36 - 20	
		816825466 Rahu 5:06PM – 6:44PM	Visti Until 8:11PM	Nataraja: Orange			Ashtami
Creative Work	Amrita Yoga	Saptami Until 7:38AM		Moon – Clear			Devaloka Day
Until 5:07AM Mon						Pausha-Markali	
Then Creative Work - Siddha Yoga							

Retreat Star		Monday, January 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Lusaka, Zambia Sun 21 Sutra 274 Plava 5123	
Mesha Rasi: 0.22	Tithi 8 – 9	Gulika 1:52PM – 3:29PM	Ashvini Until 7:38AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:45AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM
		Yama 10:37AM – 12:15PM	Shiva Until 7:03AM			Moon 12 - Phase 36 - 21	
		826825466 Rahu 7:23AM – 9:00AM	Balava Until 9:49PM	Nataraja: Orange			Navami
Family Home Evening	Siddha Yoga	Ashtami* Until 8:54AM		Moon – White			Sivaloka Day
Creative Work						Pausha-Markali	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Tuesday, January 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Lusaka, Zambia
	Mesha Rasi: 12.3	Tithi 9 – 10	Gulika 12:15PM – 1:52PM	Ashvini Until 7:38AM	Ganesha: Red	<i>Sunrise:</i> 5:46AM	Sun 22 Sutra 275
			Yama 9:01AM – 10:38AM	Siddha Until 7:22AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Plava 5123
	827825466	Rahu 3:30PM – 5:07PM	Taitila Until 12:05AM Wed	Nataraja: Orange	Moon – White		Moon 12 - Phase 37 - 22 4th Phase
Creative Work	Siddha Yoga		Navami* Until 10:52AM	Pausha-Markali		Devaloka Day	


2	Wednesday, January 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia
	Mesha Rasi: 24.26	Tithi 10 – 11	Gulika 10:38AM – 12:15PM	Bharani Until 10:29AM	Ganesha: Red	<i>Sunrise:</i> 5:47AM	Sun 23 Sutra 276
			Yama 7:24AM – 9:01AM	Sadhya Until 8:05AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Plava 5123
	827825466	Rahu 12:15PM – 1:53PM	Vanija Until 2:43AM Thu	Nataraja: Orange	Moon – White		Moon 12 - Phase 37 - 23 4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:21PM	Pausha-Markali		Devaloka Day	
		Until 10:29AM	Vaikuntha Ekadasi				
		Then Creative Work - Amrita Yoga					

3	Thursday, January 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia
	Vrishabha Rasi: 6.15	Tithi 11 – 12	Gulika 9:02AM – 10:39AM	Krittika Until 1:27PM	Ganesha: Red	<i>Sunrise:</i> 5:47AM	Sun 24 Sutra 277
			Yama 5:47AM – 7:24AM	Subha Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Plava 5123
	827825466	Rahu 1:53PM – 3:30PM	Bava Until 5:31AM Fri	Nataraja: Orange	Moon – White		Moon 12 - Phase 37 - 24 4th Phase
Routine Work	Marana Yoga		Ekadashi Until 4:05PM	Pausha-Markali		Devaloka Day	

4	Friday, January 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Balava Karana Dvadashyam Titau				Lusaka, Zambia
	Vrishabha Rasi: 18.01	Tithi 12	Gulika 7:25AM – 9:02AM	Rohini Until 4:48PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	Sun 25 Sutra 278
			Yama 3:30PM – 5:07PM	Sukla Until 10:05AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Plava 5123
	827825466	Rahu 10:39AM – 12:16PM	Balava Until 6:52PM	Nataraja: Orange	Moon – Yellow		Moon 12 - Phase 37 - 25 4th Phase
Routine Work	Marana Yoga		Dvadashi Until 6:52PM	Pausha-Thai		Bhuloka Day	
		Until 4:48PM	Thai Pongal			Devaloka Time: 3:PM to 6:PM	
		Then Creative Work - Siddha Yoga					

5	Saturday, January 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia
	Vrishabha Rasi: 29.49	Tithi 13	Gulika 5:48AM – 7:25AM	Mrigashira Until 7:52PM	Ganesha: Blue	<i>Sunrise:</i> 5:48AM	Sun 26 Sutra 279
			Yama 1:54PM – 3:31PM	Brahma Until 11:02AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Plava 5123
	827825466	Rahu 9:02AM – 10:40AM	Kaulava Until 8:14AM	Nataraja: Orange	Moon – Yellow		Moon 12 - Phase 37 - 26 4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 9:30PM	Pausha-Thai		Bhuloka Day	
			<i>Pradosha Vrata</i>			Devaloka Time: 3:PM to 6:PM	

6	Sunday, January 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia
	Mithuna Rasi: 11.41	Tithi 14	Gulika 3:31PM – 5:08PM	Ardra Until 10:30PM	Ganesha: Blue	<i>Sunrise:</i> 5:49AM	Sun 27 Sutra 280
			Yama 12:17PM – 1:54PM	Indra Until 11:50AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Plava 5123
	827825466	Rahu 5:08PM – 6:45PM	Gara Until 10:44AM	Nataraja: Orange	Moon – Yellow		Moon 12 - Phase 37 - 27 4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:51PM	Pausha-Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

	Monday, January 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia
	Copper Retreat Star		Gulika 1:54PM – 3:31PM	Punarvasu Until 1:06AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Sun 28 Sutra 281
	Mithuna Rasi: 23.4	Tithi 15	Yama 10:40AM – 12:17PM	Vaidhriti* Until 12:21PM	Muruqa: Purple	<i>Sunset:</i> 6:45PM	Plava 5123
	Family Home Evening	848835466	Rahu 7:27AM – 9:03AM	Visti Until 12:54PM	Nataraja: Orange		Moon 12 - Phase 37 - Purnima
Creative Work	Amrita Yoga		Purnima* Until 1:49AM Tue	Pausha-Thai		Sivaloka Day	
		Until 1:06AM Tue					
		Then Creative Work - Siddha Yoga					

○	Tuesday, January 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia
	Silver Retreat Star		Gulika 12:18PM – 1:54PM	Pushya Until 3:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Sun 29 Sutra 282
	Kataka Rasi: 5.49	Tithi 16	Yama 9:04AM – 10:41AM	Vishkambha* Until 12:35PM	Muruqa: Purple	<i>Sunset:</i> 6:45PM	Plava 5123
	848835466	Rahu 3:31PM – 5:08PM	Balava Until 2:41PM	Nataraja: Orange	Moon – Blue		Moon 12 - Phase 37 - Prathama
Creative Work	Siddha Yoga		Prathama* Until 3:24AM Wed	Pausha-Thai		Sivaloka Day	
		Then Creative Work - Siddha Yoga	Thai Pusam				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sutra 283

Plava 5123

Kataka Rasi: 18.07 Tithi 17

848935466 **Gulika** 10:41AM – 12:18PM
Yama 7:28AM – 9:04AM
Rahu 12:18PM – 1:55PM

Ashlesha* Until 4:42AM Thu

Priti Until 12:33PM

Taitila Until 4:03PM

Dvitiya Until 4:34AM Thu

Ganesha: Yellow *Sunrise:* 5:51AM

Muruqa: Purple *Sunset:* 6:45PM

Nataraja: Orange

Moon – Blue

Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

Until 4:42AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 284

Plava 5123

Simha Rasi: 0.35 Tithi 18

858935466 **Gulika** 9:05AM – 10:41AM
Yama 5:51AM – 7:28AM
Rahu 1:55PM – 3:32PM

Magha* Until 6:10AM Fri

Ayushman Until 12:10PM

Vanija Until 5:02PM

Tritiya Until 5:21AM Fri

Ganesha: White *Sunrise:* 5:51AM

Muruqa: Purple *Sunset:* 6:45PM

Nataraja: Orange

Moon – Red

Pausha*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 6:10AM Fri

Then Creative Work - Siddha Yoga

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthayam Titau

Lusaka, Zambia

Sun 2 Sutra 285

Plava 5123

Simha Rasi: 13.14 Tithi 19

858935466 **Gulika** 7:29AM – 9:05AM
Yama 3:32PM – 5:08PM
Rahu 10:42AM – 12:18PM

Magha* Until 6:10AM

Saubhagya Until 11:31AM

Bava Until 5:37PM

Chaturthi* Until 5:45AM Sat

Ganesha: White *Sunrise:* 5:52AM

Muruqa: Purple *Sunset:* 6:45PM

Nataraja: Orange

Moon – Red

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 6:10AM

Then Creative Work - Siddha Yoga

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 286

Plava 5123

Simha Rasi: 26.04 Tithi 20

858935466 **Gulika** 5:52AM – 7:29AM
Yama 1:55PM – 3:32PM
Rahu 9:06AM – 10:42AM

Purvaphalguni Until 7:06AM

Sobhana Until 10:35AM

Kaulava Until 5:49PM

Panchami Until 5:44AM Sun

Ganesha: White *Sunrise:* 5:52AM

Muruqa: Purple *Sunset:* 6:45PM

Nataraja: Orange

Moon – Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 7:06AM

Then Routine Work - Marana Yoga

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 287

Plava 5123

Kanya Rasi: 9.05 Tithi 21

858935466 **Gulika** 3:32PM – 5:08PM
Yama 12:19PM – 1:55PM
Rahu 5:08PM – 6:45PM

Uttaraphalguni Until 7:30AM

Athiganda* Until 9:18AM

Gara Until 5:36PM

Shashthi* Until 5:18AM Mon

Ganesha: White *Sunrise:* 5:53AM

Muruqa: Purple *Sunset:* 6:45PM

Nataraja: Orange

Moon – Red

Pausha*Thai

Devaloka Day

Creative Work Amrita Yoga

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Saplamyam Titau

Lusaka, Zambia

Sun 5 Sutra 288

Plava 5123

Kanya Rasi: 22.2 Tithi 22

Family Home Evening 869935466

Gulika 1:56PM – 3:32PM
Yama 10:43AM – 12:19PM
Rahu 7:30AM – 9:06AM

Hasta Until 7:47AM

Sukarma Until 7:42AM

Visti Until 4:56PM

Saptami Until 4:24AM Tue

Ganesha: Orange *Sunrise:* 5:54AM

Muruqa: Purple *Sunset:* 6:45PM

Nataraja: Orange

Moon – Green

Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

Until 7:47AM

Then Routine Work - Prabalarishta Yoga

D

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 289

Plava 5123

Tula Rasi: 5.49 Tithi 23

969935466 **Gulika** 12:19PM – 1:56PM
Yama 9:07AM – 10:43AM
Rahu 3:32PM – 5:08PM

Chitra Until 7:28AM

Shula* Until 3:23AM Wed

Balava Until 3:47PM

Ashtami* Until 3:01AM Wed

Ganesha: Green *Sunrise:* 5:54AM

Muruqa: Purple *Sunset:* 6:45PM

Nataraja: Orange

Moon – Green

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 290

Plava 5123

Tula Rasi: 19.37 Tithi 24

969935466 **Gulika** 10:43AM – 12:20PM
Yama 7:31AM – 9:07AM
Rahu 12:20PM – 1:56PM

Svati Until 6:31AM

Ganda* Until 12:39AM Thu

Taitila Until 2:09PM

Navami* Until 1:08AM Thu

Ganesha: Green *Sunrise:* 5:55AM

Muruqa: Purple *Sunset:* 6:45PM

Nataraja: Orange

Moon – Green

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1	Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Lusaka, Zambia
	Kumbha Rasi: 1.4	Tithi 2	Gulika 10:45AM – 12:21PM	Dhanishtha Until 2:22PM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Sun 14 Sutra 297
		991935466	Yama 7:33AM – 9:09AM	Variyan Until 8:26PM	Muruqa: Purple	<i>Sunset:</i> 6:44PM	Plava 5123
			Rahu 12:21PM – 1:57PM	Balava Until 3:51PM	Nataraja: Orange		Moon 1 - Phase 40 - 14
	Routine Work	Prabalarishta Yoga		Dvitiya Until 2:46AM Thu	Moon – Purple		3rd Phase
	Until 2:22PM				Magha-Thai		Sivaloka Day
	Then Creative Work - Siddha Yoga						

2	Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Lusaka, Zambia
	Kumbha Rasi: 15.53	Tithi 3	Gulika 9:10AM – 10:45AM	Shatabhishak Until 12:55PM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Sun 15 Sutra 298
		991935467	Yama 5:58AM – 7:34AM	Parigha* Until 5:44PM	Muruqa: Purple	<i>Sunset:</i> 6:44PM	Plava 5123
			Rahu 1:57PM – 3:32PM	Taitila Until 1:54PM	Nataraja: Clear		Moon 1 - Phase 40 - 15
	Creative Work	Siddha Yoga		Tritiya Until 1:09AM Fri	Moon – Purple		3rd Phase
					Magha-Thai		Sivaloka Day

3	Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Lusaka, Zambia
	Kumbha Rasi: 29.41	Tithi 4	Gulika 7:34AM – 9:10AM	Purvaproshtapada* Until 12:27PM	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Sun 16 Sutra 299
		911935467	Yama 3:32PM – 5:08PM	Shiva Until 3:38PM	Muruqa: Purple	<i>Sunset:</i> 6:43PM	Plava 5123
			Rahu 10:45AM – 12:21PM	Vanija Until 12:38PM	Nataraja: Clear		Moon 1 - Phase 40 - 16
	Creative Work	Siddha Yoga		Chaturthi* Until 12:18AM Sat	Moon – Clear		3rd Phase
					Magha-Thai		Subha Sivaloka Day

4	Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia
	Meena Rasi: 13.03	Tithi 5	Gulika 5:59AM – 7:35AM	Uttaraproshtapada Until 12:37PM	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Sun 17 Sutra 300
		911935467	Yama 1:57PM – 3:32PM	Siddha Until 2:09PM	Muruqa: Purple	<i>Sunset:</i> 6:43PM	Plava 5123
			Rahu 9:10AM – 10:46AM	Bava Until 12:12PM	Nataraja: Clear		Moon 1 - Phase 40 - 17
	Creative Work	Siddha Yoga		Panchami Until 12:17AM Sun	Moon – Clear		3rd Phase
	Until 12:37PM				Magha-Thai		Subha Sivaloka Day
	Then Routine Work - Prabalarishta Yoga						

5	Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Lusaka, Zambia
	Meena Rasi: 25.58	Tithi 6	Gulika 3:32PM – 5:07PM	Revati Until 1:29PM	Ganesha: Purple	<i>Sunrise:</i> 6:00AM	Sun 18 Sutra 301
		911935467	Yama 12:21PM – 5:08PM	Sadhya Until 1:21PM	Muruqa: Purple	<i>Sunset:</i> 6:43PM	Plava 5123
			Rahu 5:07PM – 6:43PM	Kaulava Until 12:38PM	Nataraja: Clear		Moon 1 - Phase 40 - 18
	Creative Work	Amrita Yoga		Shashthi* Until 1:09AM Mon	Moon – Clear		3rd Phase
	Until 1:29PM				Magha-Thai		Subha Sivaloka Day
	Then Creative Work - Siddha Yoga						

6	Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia
	Mesha Rasi: 8.29	Tithi 7	Gulika 1:57PM – 3:32PM	Ashvini Until 3:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	Sun 19 Sutra 302
	Family Home Evening		Yama 10:46AM – 12:21PM	Subha Until 1:12PM	Muruqa: Purple	<i>Sunset:</i> 6:43PM	Plava 5123
		921935467	Rahu 7:35AM – 9:11AM	Gara Until 1:54PM	Nataraja: Clear		Moon 1 - Phase 40 - 19
	Creative Work	Siddha Yoga		Saptami Until 2:48AM Tue	Moon – White		3rd Phase
					Magha-Thai		Sivaloka Day

D	Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia
	Retreat Star		Gulika 12:21PM – 1:57PM	Bharani Until 5:57PM	Ganesha: Clear	<i>Sunrise:</i> 6:00AM	Sun 20 Sutra 303
	Mesha Rasi: 20.4	Tithi 8	Yama 9:11AM – 10:46AM	Sukla Until 1:34PM	Muruqa: Purple	<i>Sunset:</i> 6:42PM	Plava 5123
		921935467	Rahu 3:32PM – 5:07PM	Visti Until 3:53PM	Nataraja: Clear		Moon 1 - Phase 40 - 20
	Creative Work	Siddha Yoga		Ashtami* Until 5:03AM Wed	Moon – White		Ashtami
					Magha-Thai		Sivaloka Day

D	Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Balava Karana Navamyam Titau				Lusaka, Zambia
	Retreat Star		Gulika 10:46AM – 12:21PM	Krittika Until 8:44PM	Ganesha: Clear	<i>Sunrise:</i> 6:01AM	Sun 21 Sutra 304
	Vrishabha Rasi: 2.38	Tithi 9	Yama 7:36AM – 9:11AM	Brahma Until 2:20PM	Muruqa: Purple	<i>Sunset:</i> 6:42PM	Plava 5123
		921935467	Rahu 12:21PM – 1:57PM	Balava Until 6:22PM	Nataraja: Clear		Moon 1 - Phase 40 - 21
	Creative Work	Amrita Yoga		Navami* Until 7:41AM Thu	Moon – White		Navami
	Until 8:44PM				Magha-Thai		Sivaloka Day
	Then Creative Work - Siddha Yoga						

1	Thursday, February 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Lusaka, Zambia Sun 22 Sutra 305 Plava 5123
	Vishabha Rasi: 14.28	Tithi 9 – 10	Gulika 9:11AM – 10:46AM Yama 6:01AM – 7:36AM Rahu 1:56PM – 3:32PM	Rohini Until 12:03AM Fri Indra Until 3:20PM Taitila Until 9:05PM Navami* Until 7:41AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 6:01AM Sunset: 6:42PM	Moon 1 - Phase 41 - 22 4th Phase
	Routine Work	Marana Yoga					Subha Sivaloka Day
		Until 12:03AM Fri					
		Then Creative Work - Siddha Yoga					

2	Friday, February 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 23 Sutra 306 Plava 5123
	Vishabha Rasi: 26.14	Tithi 10 – 11	Gulika 7:37AM – 9:12AM Yama 3:31PM – 5:06PM Rahu 10:47AM – 12:21PM	Mrigashira Until 3:09AM Sat Vaidhriti* Until 4:19PM Vanija Until 11:46PM Dashami Until 10:26AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 6:02AM Sunset: 6:41PM	Moon 1 - Phase 41 - 23 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day

3	Saturday, February 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 24 Sutra 307 Plava 5123
	Mithuna Rasi: 8.04	Tithi 11 – 12	Gulika 6:02AM – 7:37AM Yama 1:56PM – 3:31PM Rahu 9:12AM – 10:47AM	Ardra Until 5:48AM Sun Vishkambha* Until 5:10PM Bava Until 2:12AM Sun Ekadashi Until 1:01PM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 6:02AM Sunset: 6:41PM	Moon 1 - Phase 41 - 24 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day

4	Sunday, February 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 25 Sutra 308 Plava 5123
	Mithuna Rasi: 20	Tithi 12 – 13	Gulika 3:31PM – 5:06PM Yama 12:21PM – 1:56PM Rahu 5:06PM – 6:40PM	Punarvasu Until 8:23AM Mon Priti Until 5:45PM Kaulava Until 4:13AM Mon Dvadashi Until 3:15PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 6:03AM Sunset: 6:40PM	Moon 1 - Phase 41 - 25 4th Phase
	Creative Work	Siddha Yoga					Devaloka Day

Pradosha Vrata

5	Monday, February 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 26 Sutra 309 Plava 5123
	Kataka Rasi: 2.07	Tithi 13 – 14	Gulika 1:56PM – 3:31PM Yama 10:47AM – 12:21PM Rahu 7:38AM – 9:12AM	Punarvasu Until 8:23AM Ayushman Until 5:57PM Gara Until 5:42AM Tue Trayodashi Until 5:00PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 6:03AM Sunset: 6:40PM	Moon 1 - Phase 41 - 26 4th Phase
	Family Home Evening	Amrita Yoga					Devaloka Day
		Until 8:23AM					
		Then Creative Work - Siddha Yoga					

6	Tuesday, February 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 310 Plava 5123
	Kataka Rasi: 14.25	Tithi 14	Gulika 12:21PM – 1:56PM Yama 9:12AM – 10:47AM Rahu 3:31PM – 5:05PM	Pushya Until 10:18AM Saubhagya Until 5:46PM Vanija Until 6:14PM Chaturdashi* Until 6:14PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 6:03AM Sunset: 6:40PM	Moon 1 - Phase 41 - 27 4th Phase
	Creative Work	Siddha Yoga	Chidambaram Abhishekam				

○	Wednesday, February 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia Sutra 311 Plava 5123
	Copper Retreat Star		Gulika 10:47AM – 12:21PM Yama 7:38AM – 9:13AM Rahu 12:21PM – 1:56PM	Ashlesha* Until 11:33AM Sobhana Until 5:12PM Visti Until 6:40AM Purnima* Until 6:57PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 6:04AM Sunset: 6:39PM	Moon 1 - Phase 41 - Purnima
	Creative Work	Siddha Yoga					Devaloka Day

○	Thursday, February 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sutra 312 Plava 5123
	Silver Retreat Star		Gulika 9:13AM – 10:47AM Yama 6:04AM – 7:38AM Rahu 1:56PM – 3:30PM	Magha* Until 12:39PM Athiganda* Until 4:13PM Balava Until 7:08AM Prathama* Until 7:10PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Red	Sunrise: 6:04AM Sunset: 6:39PM	Moon 1 - Phase 41 - Prathama
	Creative Work	Amrita Yoga					Sivaloka Day
		Until 12:39PM					
		Then Creative Work - Siddha Yoga					

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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Friday, February 18, 2022

Gold Retreat Star

Simha Rasi: 22.44 Tithi 17

952135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 313

Plava 5123

Moon 2 - Phase 42 - 1

1st Phase

Gulika 7:39AM - 9:13AM
Yama 3:30PM - 5:04PM
Rahu 10:47AM - 12:21PM

Purvaphalguni Until 1:09PM
Sukarma Until 2:56PM
Taitila Until 7:08AM
Dvitiya Until 6:59PM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 6:04AM
Sunset: 6:38PM

Sivaloka Day

1

Saturday, February 19, 2022

Kanya Rasi: 5.56 Tithi 18

952135467

Routine Work Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 2 Sutra 314

Plava 5123

Moon 2 - Phase 42 - 2

1st Phase

Gulika 6:05AM - 7:39AM
Yama 1:55PM - 3:29PM
Rahu 9:13AM - 10:47AM

Uttaraphalguni Until 1:10PM
Dhriti Until 1:23PM
Vanija Until 6:46AM
Tritiya Until 6:26PM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 6:05AM
Sunset: 6:38PM

Sivaloka Day

2

Sunday, February 20, 2022

Kanya Rasi: 19.18 Tithi 19 - 20

962135467

Creative Work Amrita Yoga

Until 1:10PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 315

Plava 5123

Moon 2 - Phase 42 - 3

1st Phase

Gulika 3:29PM - 5:03PM
Yama 12:21PM - 1:55PM
Rahu 5:03PM - 6:37PM

Hasta Until 1:10PM
Shula* Until 11:34AM
Bava Until 6:04AM
Chaturthi* Until 5:35PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:05AM
Sunset: 6:37PM

Devaloka Day

3

Monday, February 21, 2022

Tula Rasi: 2.49 Tithi 20 - 21

962135467

Family Home Evening

Routine Work Prabalarishta Yoga

Until 12:45PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 316

Plava 5123

Moon 2 - Phase 42 - 4

1st Phase

Gulika 1:55PM - 3:29PM
Yama 10:47AM - 12:21PM
Rahu 7:39AM - 9:13AM

Chitra Until 12:45PM
Ganda* Until 9:33AM
Gara Until 3:50AM Tue
Panchami Until 4:28PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:05AM
Sunset: 6:37PM

Devaloka Day

4

Tuesday, February 22, 2022

Tula Rasi: 16.29 Tithi 21 - 22

962135467

Creative Work Siddha Yoga

Until 11:57AM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 317

Plava 5123

Moon 2 - Phase 42 - 5

1st Phase

Gulika 12:21PM - 1:55PM
Yama 9:13AM - 10:47AM
Rahu 3:29PM - 5:02PM

Svati Until 11:57AM
Vridhi Until 7:20AM
Visti Until 2:21AM Wed
Shashthi* Until 3:06PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:06AM
Sunset: 6:36PM

Devaloka Day

5

Wednesday, February 23, 2022

Retreat Star

Vrischika Rasi: 0.19 Tithi 22 - 23

972135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 318

Plava 5123

Moon 2 - Phase 42 - 6

Ashtami

Gulika 10:47AM - 12:21PM
Yama 7:40AM - 9:13AM
Rahu 12:21PM - 1:55PM

Vishakha Until 11:11AM
Vyaghata* Until 2:17AM Thu
Balava Until 12:36AM Thu
Saptami Until 1:29PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:06AM
Sunset: 6:36PM

Sivaloka Day

Thursday, February 24, 2022

Retreat Star

Vrischika Rasi: 14.17 Tithi 23 - 24

973135467

Creative Work Siddha Yoga

Until 10:02AM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 319

Plava 5123

Moon 2 - Phase 42 - 7

Navami

Gulika 9:13AM - 10:47AM
Yama 6:06AM - 7:40AM
Rahu 1:54PM - 3:28PM

Anuradha Until 10:02AM
Harshana Until 11:30PM
Taitila Until 10:37PM
Ashtami* Until 11:38AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:06AM
Sunset: 6:35PM

Subha Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

l times are standard time. Calculated for Lusaka, Zambia on 5/23/

www.gurudeva.org/panchang


1		Friday, February 25, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 320 Plava 5123	
Virchika Rasi: 28.25	Tithi 24 – 25	Gulika 7:40AM – 9:14AM	Jyeshtha* Until 8:31AM	Ganesha: Purple	<i>Sunrise:</i> 6:06AM	Muruqa: Purple	<i>Sunset:</i> 6:35PM
		Yama 3:28PM – 5:01PM	Vajra* Until 8:29PM	Nataraja: Clear		Moon – Orange	Moon 2 - Phase 43 - 8
		973135467 Rahu 10:47AM – 12:21PM	Vanija Until 8:25PM	Magha-Masi			2nd Phase
Routine Work	Marana Yoga		Navami* Until 9:31AM			Subha Sivaloka Day	
Until 8:31AM							
Then Creative Work - Amrita Yoga							

2		Saturday, February 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyalipata* Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau		Lusaka, Zambia Sun 9 Sutra 321 Plava 5123	
Dhanus Rasi: 12.41	Tithi 25 – 26	Gulika 6:07AM – 7:40AM	Mula* Until 7:04AM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Muruqa: Purple	<i>Sunset:</i> 6:34PM
		Yama 1:54PM – 3:27PM	Siddhi Until 5:21PM	Nataraja: Clear		Moon – Light Blue	Moon 2 - Phase 43 - 9
		983135467 Rahu 9:14AM – 10:47AM	Bava Until 6:01PM	Magha-Masi			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 7:13AM			Sivaloka Day	

3		Sunday, February 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Dvodashyam Titau		Lusaka, Zambia Sun 10 Sutra 322 Plava 5123	
Dhanus Rasi: 27.04	Tithi 27	Gulika 3:27PM – 5:00PM	Uttarashadha Until 3:24AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Muruqa: Purple	<i>Sunset:</i> 6:33PM
		Yama 12:20PM – 1:54PM	Vyatipata* Until 2:09PM	Nataraja: Clear		Moon – Light Blue	Moon 2 - Phase 43 - 10
		983135467 Rahu 5:00PM – 6:33PM	Kaulava Until 3:32PM	Magha-Masi			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 2:15AM Mon			Sivaloka Day	

4		Monday, February 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 323 Plava 5123	
Makara Rasi: 11.28	Tithi 28	Gulika 1:53PM – 3:26PM	Shravana Until 1:49AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:07AM	Muruqa: Purple	<i>Sunset:</i> 6:33PM
Family Home Evening		Yama 10:47AM – 12:20PM	Variyan Until 10:54AM	Nataraja: Clear		Moon – Purple	Moon 2 - Phase 43 - 11
Creative Work	Amrita Yoga	993135467 Rahu 7:40AM – 9:14AM	Gara Until 1:02PM	Magha-Masi			2nd Phase
Until 1:49AM Tue			Trayodashi* Until 11:48PM			Sivaloka Day	
Then Creative Work - Siddha Yoga		Mahasivaratri (Solar)	<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, March 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 324 Plava 5123	
Makara Rasi: 25.49	Tithi 29	Gulika 12:20PM – 1:53PM	Dhanishtha Until 12:17AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:08AM	Muruqa: Purple	<i>Sunset:</i> 6:32PM
		Yama 9:14AM – 10:47AM	Parigha* Until 7:46AM	Nataraja: Clear		Moon – Purple	Moon 2 - Phase 43 - 12
		993135467 Rahu 3:26PM – 4:59PM	Visti Until 10:39AM	Magha-Masi			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:32PM			Sivaloka Day	

		Wednesday, March 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 325 Plava 5123	
Retreat Star		Gulika 10:47AM – 12:19PM	Shatabhishak Until 10:57PM	Ganesha: Orange	<i>Sunrise:</i> 6:08AM	Muruqa: Purple	<i>Sunset:</i> 6:31PM
Kumbha Rasi: 10.01	Tithi 30	Yama 7:41AM – 9:14AM	Siddha Until 2:10AM Thu	Nataraja: Clear		Moon – Purple	Moon 2 - Phase 43 - 13
		993135467 Rahu 12:19PM – 1:52PM	Catuspada Until 8:31AM	Magha-Masi			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 7:35PM			Sivaloka Day	
Until 10:57PM							
Then Creative Work - Amrita Yoga							

Thursday, March 3, 2022		Retreat Star		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 326 Plava 5123	
Kumbha Rasi: 23.58	Tithi 1	Gulika 9:14AM – 10:47AM	Purvaproshtapada* Until 10:24PM	Ganesha: Green	<i>Sunrise:</i> 6:08AM	Muruqa: Purple	<i>Sunset:</i> 6:30PM
		Yama 6:08AM – 7:41AM	Sadhya Until 11:56PM	Nataraja: Clear		Moon – Clear	Moon 2 - Phase 43 - 14
		913135467 Rahu 1:52PM – 3:25PM	Kintughna Until 6:48AM	Phalgun-Masi			Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:07PM			Subha Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lusaka, Zambia Sun 15 Sutra 327	
Meena Rasi: 7.35	Tithi 2 - 3	Gulika	7:41AM - 9:14AM	Uttaraproshtapada	Until 10:20PM	Ganesha: Green	<i>Sunrise:</i> 6:09AM		Plava 5123
		Yama	3:24PM - 4:57PM		Subha	Muruqa: Purple	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 44 - 15	
Creative Work	Siddha Yoga	913135467 Rahu	10:46AM - 12:19PM		Taitila	Nataraja: Clear		3rd Phase	
					Until 5:06AM Sat	Moon - Clear			Subha Sivaloka Day
					Dvitiya	Phalguna-Masi			
					Until 5:15PM				

2		Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau				Lusaka, Zambia Sun 16 Sutra 328	
Meena Rasi: 20.51	Tithi 3 - 4	Gulika	6:09AM - 7:41AM	Revati	Until 10:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:09AM		Plava 5123
		Yama	1:51PM - 3:24PM		Sukla	Muruqa: Purple	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 44 - 16	
Routine Work	Prabalarishta Yoga	113135467 Rahu	9:14AM - 10:46AM		Vanija	Nataraja: Clear		3rd Phase	
Until 10:48PM					Until 5:20AM Sun	Moon - Clear			Sivaloka Day
Then Creative Work - Siddha Yoga					Tritiya	Phalguna-Masi			
					Until 5:06PM				
									Subramuniyaswami Siva Vision Day

3		Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia Sun 17 Sutra 329	
Mesha Rasi: 3.43	Tithi 4 - 5	Gulika	3:24PM - 4:56PM	Ashvini	Until 12:20AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:09AM		Plava 5123
		Yama	12:19PM - 1:51PM		Brahma	Muruqa: Purple	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 44 - 17	
Creative Work	Siddha Yoga	123135467 Rahu	4:56PM - 6:28PM		Bava	Nataraja: Clear		3rd Phase	
					Until 6:20AM Mon	Moon - White			Sivaloka Day
					Chaturthi*	Phalguna-Masi			
					Until 5:43PM				

4		Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Lusaka, Zambia Sun 18 Sutra 330	
Mesha Rasi: 16.14	Tithi 5	Gulika	1:51PM - 3:23PM	Bharani	Until 2:25AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:09AM		Plava 5123
Family Home Evening		Yama	10:46AM - 12:18PM		Indra	Muruqa: Purple	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 44 - 18	
Creative Work	Siddha Yoga	123135467 Rahu	7:41AM - 9:14AM		Bava	Nataraja: Clear		3rd Phase	
					Until 6:20AM	Moon - White			Sivaloka Day
					Panchami	Phalguna-Masi			
					Until 7:05PM				

5		Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Lusaka, Zambia Sun 19 Sutra 331	
Mesha Rasi: 28.28	Tithi 6	Gulika	12:18PM - 1:50PM	Krittika	Until 4:53AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:09AM		Plava 5123
		Yama	9:14AM - 10:46AM		Vaidhriti*	Muruqa: Purple	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 44 - 19	
Creative Work	Siddha Yoga	123135467 Rahu	3:23PM - 4:55PM		Kaulava	Nataraja: Clear		3rd Phase	
					Until 8:02AM	Moon - White			Sivaloka Day
					Shashthi*	Phalguna-Masi			
					Until 9:04PM				

6		Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia Sun 20 Sutra 332	
Vrishabha Rasi: 10.28	Tithi 7	Gulika	10:46AM - 12:18PM	Rohini	Until 8:02AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:09AM		Plava 5123
		Yama	7:42AM - 9:14AM		Vishkambha*	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 44 - 20	
Creative Work	Siddha Yoga	133235477 Rahu	12:18PM - 1:50PM		Gara	Nataraja: Green		3rd Phase	
Until 8:02AM Thu					Until 10:16AM	Moon - Yellow			Devaloka Day
Then Routine Work - Marana Yoga					Saptami	Phalguna-Masi			
					Until 11:30PM				

Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 21 Sutra 333	
Vrishabha Rasi: 22.19	Tithi 8	Gulika	9:14AM - 10:46AM	Rohini	Until 8:02AM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM		Plava 5123
		Yama	6:10AM - 7:42AM		Priti	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 44 - 21	
Routine Work	Marana Yoga	133235477 Rahu	1:50PM - 3:22PM		Visti	Nataraja: Green		Ashtami	
					Until 12:50PM	Moon - Yellow			Devaloka Day
					Ashtami*	Phalguna-Masi			
					Until 2:07AM Fri				

Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 334	
Mithuna Rasi: 4.08	Tithi 9	Gulika	7:42AM - 9:14AM	Mrigashira	Until 11:06AM	Ganesha: Purple	<i>Sunrise:</i> 6:10AM		Plava 5123
		Yama	3:21PM - 4:53PM		Ayushman	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 44 - 22	
Creative Work	Siddha Yoga	134235477 Rahu	10:45AM - 12:17PM		Balava	Nataraja: Green		Navami	
					Until 3:27PM	Moon - Yellow			Sivaloka Day
					Navami*	Phalguna-Masi			
					Until 4:40AM Sat				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Saturday, March 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia
	Mithuna Rasi: 15.59	Tithi 10	Gulika 6:10AM – 7:42AM	Ardra Until 1:52PM	Ganesha: Purple	<i>Sunrise:</i> 6:10AM	Sun 23 Sutra 335
			Yama 1:49PM – 3:21PM	Saubhagya Until 12:23AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Plava 5123
	134235477	Rahu 9:14AM – 10:45AM		Taitila Until 5:51PM	Nataraja: Green		Moon 2 - Phase 45 - 23
Creative Work	Siddha Yoga		Dashami Until 6:53AM Sun	Moon – Yellow		4th Phase	
				Phalgun-Masi		Sivaloka Day	

2	Sunday, March 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Lusaka, Zambia
	Mithuna Rasi: 27.59	Tithi 10 – 11	Gulika 3:20PM – 4:52PM	Punarvasu Until 4:35PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Sun 24 Sutra 336
			Yama 12:17PM – 1:49PM	Sobhana Until 12:47AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Plava 5123
	144235477	Rahu 4:52PM – 6:24PM		Vanija Until 7:51PM	Nataraja: Green		Moon 2 - Phase 45 - 24
Creative Work	Siddha Yoga		Dashami Until 6:53AM	Moon – Blue		4th Phase	
				Phalgun-Masi		Devaloka Day	

3	Monday, March 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia
	Kataka Rasi: 10.09	Tithi 11 – 12	Gulika 1:48PM – 3:20PM	Pushya Until 6:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Sun 25 Sutra 337
	Family Home Evening		Yama 10:45AM – 12:17PM	Athiganda* Until 12:43AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Plava 5123
	144235477	Rahu 7:42AM – 9:13AM		Bava Until 9:16PM	Nataraja: Green		Moon 2 - Phase 45 - 25
Creative Work	Siddha Yoga		Dashami Until 6:53AM	Moon – Blue		4th Phase	
		Karadaiyan Nombu (Tamil Nadu)	Ekadashi Until 8:37AM	Phalgun-Panguni		Devaloka Day	

4	Tuesday, March 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia
	Kataka Rasi: 22.35	Tithi 12 – 13	Gulika 12:16PM – 1:48PM	Ashlesha* Until 7:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Sun 26 Sutra 338
			Yama 9:13AM – 10:45AM	Sukarma Until 12:10AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Plava 5123
	144235478	Rahu 3:19PM – 4:51PM		Kaulava Until 10:04PM	Nataraja: White		Moon 2 - Phase 45 - 26
Creative Work	Siddha Yoga		Dvadashi Until 9:44AM	Moon – Blue		4th Phase	
				Phalgun-Panguni		Devaloka Day	
				<i>Pradosha Vrata</i>			

5	Wednesday, March 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia
	Simha Rasi: 5.18	Tithi 13 – 14	Gulika 10:45AM – 12:16PM	Magha* Until 8:51PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Sun 27 Sutra 339
			Yama 7:42AM – 9:13AM	Dhriti Until 11:08PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Plava 5123
	154235478	Rahu 12:16PM – 1:47PM		Gara Until 10:12PM	Nataraja: White		Moon 2 - Phase 45 - 27
Creative Work	Siddha Yoga		Trayodashi Until 10:11AM	Moon – Red		4th Phase	
Until 8:51PM				Phalgun-Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga							

	Thursday, March 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia
	Copper Retreat Star		Gulika 9:13AM – 10:44AM	Purvaphalguni Until 9:04PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Sutra 340
	Simha Rasi: 18.19	Tithi 14 – 15	Yama 6:11AM – 7:42AM	Shula* Until 9:37PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Plava 5123
	154235478	Rahu 1:47PM – 3:18PM		Visti Until 9:45PM	Nataraja: White		Moon 2 - Phase 45 - Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 10:02AM	Moon – Red		4th Phase	
		Panguni Uttiram		Phalgun-Panguni		Sivaloka Day	
		Holi					

Friday, March 18, 2022	Silver Retreat Star		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia
	Silver Retreat Star		Gulika 7:42AM – 9:13AM	Uttaraphalguni Until 8:39PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Sutra 341
	Kanya Rasi: 1.38	Tithi 15 – 16	Yama 3:18PM – 4:49PM	Ganda* Until 7:43PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Plava 5123
	154235478	Rahu 10:44AM – 12:15PM		Balava Until 8:48PM	Nataraja: White		Moon 2 - Phase 45 - Prathama
Creative Work	Siddha Yoga		Purnima* Until 9:19AM	Moon – Red		4th Phase	
Until 8:39PM				Phalgun-Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Saturday, March 19, 2022

Gold Retreat Star

Kanya Rasi: 15.14 Tithi 16 - 17

164235478

Gulika 6:11AM - 7:42AM
Yama 1:46PM - 3:17PM
Rahu 9:13AM - 10:44AM

Routine Work Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Hasta Until 8:07PM
Vriddhi Until 5:30PM
Taitila Until 7:26PM
Prathama* Until 8:08AM

Ganesha: Yellow Sunrise: 6:11AM
Muruga: Clear Sunset: 6:19PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Devaloka Day

Lusaka, Zambia
Sutra 342
Plava 5123
Moon 3 - Phase 46 - 1st Phase

1

Sunday, March 20, 2022

Kanya Rasi: 29.02 Tithi 17 - 18

164235478

Gulika 3:17PM - 4:48PM
Yama 12:15PM - 1:46PM
Rahu 4:48PM - 6:19PM

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Chitra Until 7:08PM
Dhruva Until 3:00PM
Visti Until 4:49AM Mon
Dvitiya Until 6:36AM

Ganesha: Yellow Sunrise: 6:11AM
Muruga: Clear Sunset: 6:19PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Devaloka Day

Lusaka, Zambia
Sun 1 Sutra 343
Plava 5123
Moon 3 - Phase 46 - 1st Phase

2

Monday, March 21, 2022

Tula Rasi: 12.59 Tithi 19

164235478

Gulika 1:45PM - 3:16PM
Yama 10:44AM - 12:15PM
Rahu 7:42AM - 9:13AM

Family Home Evening

Creative Work Amrita Yoga

Until 5:49PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Svati Until 5:49PM
Vyaghata* Until 12:21PM
Bava Until 3:53PM
Chaturthi* Until 2:52AM Tue

Ganesha: Yellow Sunrise: 6:11AM
Muruga: Clear Sunset: 6:18PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Devaloka Day

Lusaka, Zambia
Sun 2 Sutra 344
Plava 5123
Moon 3 - Phase 46 - 2nd Phase

3

Tuesday, March 22, 2022

Tula Rasi: 27.03 Tithi 20

174235478

Gulika 12:14PM - 1:45PM
Yama 9:13AM - 10:44AM
Rahu 3:16PM - 4:46PM

Routine Work Marana Yoga

Until 4:40PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Vishakha Until 4:40PM
Harshana Until 9:36AM
Kaulava Until 1:53PM
Panchami Until 12:50AM Wed

Ganesha: Blue Sunrise: 6:11AM
Muruga: Clear Sunset: 6:17PM
Nataraja: White
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Lusaka, Zambia
Sun 3 Sutra 345
Plava 5123
Moon 3 - Phase 46 - 3rd Phase

4

Wednesday, March 23, 2022

Virchika Rasi: 11.1 Tithi 21

175235478

Gulika 10:43AM - 12:14PM
Yama 7:42AM - 9:13AM
Rahu 12:14PM - 1:45PM

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Anuradha Until 3:19PM
Vajra* Until 6:46AM
Gara Until 11:49AM
Shashthi* Until 10:45PM

Ganesha: Yellow Sunrise: 6:12AM
Muruga: Clear Sunset: 6:16PM
Nataraja: White
Moon - Orange
Phalguna-Panguni

Devaloka Day

Lusaka, Zambia
Sun 4 Sutra 346
Plava 5123
Moon 3 - Phase 46 - 4th Phase

5

Thursday, March 24, 2022

Virchika Rasi: 25.18 Tithi 22

175235478

Gulika 9:13AM - 10:43AM
Yama 6:12AM - 7:42AM
Rahu 1:44PM - 3:15PM

Routine Work Prabalarishta Yoga

Until 1:49PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Jyeshtha* Until 1:49PM
Vyatipata* Until 1:06AM Fri
Visti Until 9:44AM
Saptami Until 8:40PM

Ganesha: Yellow Sunrise: 6:12AM
Muruga: Clear Sunset: 6:16PM
Nataraja: White
Moon - Orange
Phalguna-Panguni

Devaloka Day

Lusaka, Zambia
Sun 5 Sutra 347
Plava 5123
Moon 3 - Phase 46 - 5th Phase

D

Friday, March 25, 2022

Retreat Star

Dhanus Rasi: 9.25 Tithi 23

185235478

Gulika 7:42AM - 9:13AM
Yama 3:14PM - 4:45PM
Rahu 10:43AM - 12:13PM

Creative Work Amrita Yoga

Until 12:37PM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Mula* Until 12:37PM
Variyan Until 10:16PM
Balava Until 7:39AM
Ashtami* Until 6:37PM

Ganesha: Blue Sunrise: 6:12AM
Muruga: Clear Sunset: 6:15PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Lusaka, Zambia
Sun 6 Sutra 348
Plava 5123
Moon 3 - Phase 46 - 6th Phase

Saturday, March 26, 2022

Retreat Star

Dhanus Rasi: 23.32 Tithi 24 - 25

185235478

Gulika 6:12AM - 7:42AM
Yama 1:43PM - 3:14PM
Rahu 9:13AM - 10:43AM

Creative Work Siddha Yoga

Until 11:19AM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Purvashadha* Until 11:19AM
Parigha* Until 7:30PM
Vanija Until 3:38AM Sun
Navami* Until 4:36PM

Ganesha: Blue Sunrise: 6:12AM
Muruga: Clear Sunset: 6:14PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Lusaka, Zambia
Sun 7 Sutra 349
Plava 5123
Moon 3 - Phase 46 - 7th Phase

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

www.gurudeva.org/panchang

1 Sunday, March 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Lusaka, Zambia Sun 8 Sutra 350 Plava 5123
Makara Rasi: 8	Tithi 25 – 26	Gulika 3:13PM – 4:43PM	Uttarashadha Until 9:57AM	Ganesha: Blue	<i>Sunrise:</i> 6:12AM	
		Yama 12:13PM – 1:43PM	Shiva Until 4:48PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 47 - 8
		185235478 Rahu 4:43PM – 6:13PM	Bava Until 1:45AM Mon	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 2:39PM	Moon – Light Blue		
				Phalguna•Panguni		Bhuloka Day Devaloka Time: 12:PM to 3:PM

2 Monday, March 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Lusaka, Zambia Sun 9 Sutra 351 Plava 5123
Makara Rasi: 21.36	Tithi 26 – 27	Gulika 1:43PM – 3:13PM	Shravana Until 8:58AM	Ganesha: Red	<i>Sunrise:</i> 6:12AM	
Family Home Evening		Yama 10:42AM – 12:12PM	Siddha Until 2:11PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 47 - 9
Creative Work	Amrita Yoga	195235478 Rahu 7:42AM – 9:12AM	Kaulava Until 12:01AM Tue	Nataraja: White		2nd Phase
Until 8:58AM			Ekadashi* Until 12:51PM	Moon – Purple		
Then Creative Work - Siddha Yoga				Phalguna•Panguni		Devaloka Day

3 Tuesday, March 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 10 Sutra 352 Plava 5123
Kumbha Rasi: 5.29	Tithi 27 – 28	Gulika 12:12PM – 1:42PM	Dhanishtha Until 8:01AM	Ganesha: Red	<i>Sunrise:</i> 6:12AM	
		Yama 9:12AM – 10:42AM	Sadhya Until 11:45AM	Muruqa: White	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 47 - 10
		195245478 Rahu 3:12PM – 4:42PM	Gara Until 10:32PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 11:13AM	Moon – Purple		
Until 8:01AM				Phalguna•Panguni		Bhuloka Day Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, March 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 11 Sutra 353 Plava 5123
Kumbha Rasi: 19.14	Tithi 28 – 29	Gulika 10:42AM – 12:12PM	Shatabhishak Until 7:11AM	Ganesha: Red	<i>Sunrise:</i> 6:12AM	
		Yama 7:42AM – 9:12AM	Subha Until 9:33AM	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47 - 11
		195245478 Rahu 12:12PM – 1:42PM	Visti Until 9:21PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 9:52AM	Moon – Purple		
Until 7:11AM				Phalguna•Panguni		Bhuloka Day Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

Thursday, March 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Lusaka, Zambia Sun 12 Sutra 354 Plava 5123
Retreat Star		Gulika 9:12AM – 10:42AM	Purvaproshtapada* Until 7:01AM	Ganesha: Green	<i>Sunrise:</i> 6:13AM	
Meena Rasi: 2.46	Tithi 29 – 30	Yama 6:13AM – 7:42AM	Sukla Until 7:37AM	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47 - 12
		115245478 Rahu 1:41PM – 3:11PM	Catuspada Until 8:36PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdash* Until 8:54AM	Moon – Clear		
				Phalguna•Panguni		Bhuloka Day

Friday, April 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Lusaka, Zambia Sun 13 Sutra 355 Plava 5123
Retreat Star		Gulika 7:42AM – 9:12AM	Uttaraproshtapada Until 7:09AM	Ganesha: Red	<i>Sunrise:</i> 6:13AM	
Meena Rasi: 16.02	Tithi 30 – 1	Yama 3:11PM – 4:41PM	Brahma Until 6:04AM	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 47 - 13
		116245478 Rahu 10:42AM – 12:12PM	Kintughna Until 8:23PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 8:24AM	Moon – Clear		
		Yugadhi		Chaitra•Panguni		Bhuloka Day Devaloka Time: 9:AM to 12:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

1 times are standard time. Calculated for Lusaka, Zambia on 5/23/

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1		Saturday, April 2, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Lusaka, Zambia Sun 14 Sutra 356	
Meena Rasi: 29.01	Tithi 1 – 2	Gulika 6:13AM – 7:42AM	Revati Until 7:40AM	Ganesha: Red	<i>Sunrise:</i> 6:13AM				
		Yama 1:41PM – 3:11PM	Vaidhrili* Until 4:20AM Sun	Muruqa: White	<i>Sunset:</i> 6:10PM		Moon 3 - Phase 48 - 14		
		116245478 Rahu 9:12AM – 10:42AM	Balava Until 8:45PM	Nataraja: White			3rd Phase		
Routine Work	Prabalarishta Yoga			Moon – Clear				Bhuloka Day	
Until 7:40AM		Chellappaswami Mahasamadhi	Prathama* Until 8:28AM	Chaitra•Panguni				Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga									

2		Sunday, April 3, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Lusaka, Zambia Sun 15 Sutra 357	
Mesha Rasi: 11.42	Tithi 2 – 3	Gulika 3:10PM – 4:40PM	Ashvini Until 9:06AM	Ganesha: White	<i>Sunrise:</i> 6:13AM				
		Yama 12:11PM – 1:40PM	Vishkambha* Until 4:11AM Mon	Muruqa: White	<i>Sunset:</i> 6:09PM		Moon 3 - Phase 48 - 15		
		126345478 Rahu 4:40PM – 6:09PM	Taitila Until 9:45PM	Nataraja: White			3rd Phase		
Creative Work	Siddha Yoga			Moon – White				Bhuloka Day	
Until 9:06AM			Dvitiya Until 9:09AM	Chaitra•Panguni					
Then Routine Work - Prabalarishta Yoga									

3		Monday, April 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Lusaka, Zambia Sun 16 Sutra 358	
Mesha Rasi: 24.07	Tithi 3 – 4	Gulika 1:40PM – 3:10PM	Bharani Until 10:59AM	Ganesha: White	<i>Sunrise:</i> 6:13AM				
Family Home Evening		Yama 10:41AM – 12:11PM	Priti Until 4:30AM Tue	Muruqa: White	<i>Sunset:</i> 6:08PM		Moon 3 - Phase 48 - 16		
		126345478 Rahu 7:42AM – 9:12AM	Vanija Until 11:20PM	Nataraja: White			3rd Phase		
Creative Work	Siddha Yoga			Moon – White				Bhuloka Day	
Until 10:59AM			Tritiya Until 10:27AM	Chaitra•Panguni					
Then Routine Work - Marana Yoga									

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Lusaka, Zambia Sun 17 Sutra 359	
Vrishabha Rasi: 6.17	Tithi 4 – 5	Gulika 12:10PM – 1:40PM	Krittika Until 1:13PM	Ganesha: White	<i>Sunrise:</i> 6:13AM				
		Yama 9:12AM – 10:41AM	Ayushman Until 5:09AM Wed	Muruqa: White	<i>Sunset:</i> 6:08PM		Moon 3 - Phase 48 - 17		
		126345478 Rahu 3:09PM – 4:38PM	Bava Until 1:25AM Wed	Nataraja: White			3rd Phase		
Creative Work	Siddha Yoga			Moon – White				Bhuloka Day	
Until 1:13PM			Chaturthi* Until 12:18PM	Chaitra•Panguni					
Then Creative Work - Amrita Yoga									

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Lusaka, Zambia Sun 18 Sutra 360	
Vrishabha Rasi: 18.16	Tithi 5 – 6	Gulika 10:41AM – 12:10PM	Rohini Until 4:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM				
		Yama 7:42AM – 9:12AM	Saubhagya Until 6:02AM Thu	Muruqa: White	<i>Sunset:</i> 6:07PM		Moon 3 - Phase 48 - 18		
		136345478 Rahu 12:10PM – 1:39PM	Kaulava Until 3:51AM Thu	Nataraja: White			3rd Phase		
Creative Work	Siddha Yoga			Moon – Yellow				Bhuloka Day	
			Panchami Until 2:35PM	Chaitra•Panguni				Devaloka Time: 6:AM to 9:AM	

6		Thursday, April 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Lusaka, Zambia Sun 19 Sutra 361	
Mithuna Rasi: 0.08	Tithi 6 – 7	Gulika 9:12AM – 10:41AM	Mrigashira Until 7:13PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM				
		Yama 6:13AM – 7:42AM	Saubhagya Until 6:02AM	Muruqa: White	<i>Sunset:</i> 6:06PM		Moon 3 - Phase 48 - 19		
		136345478 Rahu 1:39PM – 3:08PM	Gara Until 6:23AM Fri	Nataraja: White			3rd Phase		
Routine Work	Marana Yoga			Moon – Yellow				Bhuloka Day	
			Shashthi* Until 5:06PM	Chaitra•Panguni				Devaloka Time: 6:AM to 9:AM	

Retreat Star		Friday, April 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Lusaka, Zambia Sun 20 Sutra 362	
Mithuna Rasi: 11.58	Tithi 7	Gulika 7:42AM – 9:11AM	Ardra Until 10:03PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM				
		Yama 3:08PM – 4:37PM	Sobhana Until 7:01AM	Muruqa: White	<i>Sunset:</i> 6:06PM		Moon 3 - Phase 48 - 20		
		136345478 Rahu 10:40AM – 12:10PM	Gara Until 6:23AM	Nataraja: White			3rd Phase		
Creative Work	Siddha Yoga			Moon – Yellow				Bhuloka Day	
			Saptami Until 7:36PM	Chaitra•Panguni				Devaloka Time: 6:AM to 9:AM	

Retreat Star		Saturday, April 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Lusaka, Zambia Sun 21 Sutra 363	
Mithuna Rasi: 23.51	Tithi 8	Gulika 6:14AM – 7:42AM	Punarvasu Until 12:59AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:14AM				
		Yama 1:38PM – 3:07PM	Athiganda* Until 7:53AM	Muruqa: White	<i>Sunset:</i> 6:05PM		Moon 3 - Phase 48 - 21		
		147345478 Rahu 9:11AM – 10:40AM	Visti Until 8:49AM	Nataraja: White			Ashtami		
Creative Work	Siddha Yoga			Moon – Blue				Bhuloka Day	
			Ashtami* Until 9:54PM	Chaitra•Panguni				Devaloka Time: 9:AM to12:PM	

Retreat Star		Sunday, April 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Lusaka, Zambia Sun 22 Sutra 364	
Kataka Rasi: 5.5	Tithi 9	Gulika 3:07PM – 4:35PM	Pushya Until 3:19AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:14AM				
		Yama 12:09PM – 1:38PM	Sukarma Until 8:31AM	Muruqa: White	<i>Sunset:</i> 6:04PM		Moon 3 - Phase 48 - 22		
		147345478 Rahu 4:35PM – 6:04PM	Balava Until 10:54AM	Nataraja: White			Navami		
Creative Work	Siddha Yoga			Moon – Blue				Bhuloka Day	
		Sri Rama Navami	Navami* Until 11:45PM	Chaitra•Panguni				Devaloka Time: 9:AM to12:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


1 Kataka Rasi: 18.02 Family Home Evening Creative Work Siddha Yoga	Monday, April 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Lusaka, Zambia Sun 23
	147345478	Tithi 10	Gulika Yama Rahu	1:37PM – 3:06PM 10:40AM – 12:09PM 7:43AM – 9:11AM	Ashlesha* Until 4:54AM Tue Dhriti Until 8:46AM Taitila Until 12:28PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Blue	Sunrise: 6:14AM Sunset: 6:04PM Moon 3 - Phase 49 - 23 4th Phase
			Yogaswami Mahasamadhi	Dashami Until 1:00AM Tue	Chaitra•Panguni	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

2 Simha Rasi: 0.29 Creative Work Siddha Yoga Until 6:06AM Wed Then Creative Work - Amrita Yoga	Tuesday, April 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24
	157345478	Tithi 11	Gulika Yama Rahu	12:08PM – 1:37PM 9:11AM – 10:40AM 3:06PM – 4:34PM	Magha* Until 6:06AM Wed Shula* Until 8:31AM Vanija Until 1:23PM	Ganesha: Purple Muruqa: White Nataraja: White Moon – Red	Sunrise: 6:14AM Sunset: 6:03PM Moon 3 - Phase 49 - 24 4th Phase
					Ekadashi Until 1:33AM Wed	Chaitra•Panguni	Devaloka Day

3 Simha Rasi: 13.16 Creative Work Siddha Yoga Until 6:06AM Then Creative Work - Amrita Yoga	Wednesday, April 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25
	157345478	Tithi 12	Gulika Yama Rahu	10:40AM – 12:08PM 7:43AM – 9:11AM 12:08PM – 1:37PM	Magha* Until 6:06AM Ganda* Until 7:43AM Bava Until 1:34PM	Ganesha: Purple Muruqa: White Nataraja: White Moon – Red	Sunrise: 6:14AM Sunset: 6:02PM Moon 3 - Phase 49 - 25 4th Phase
					Dvadashi Until 1:22AM Thu	Chaitra•Panguni	Devaloka Day

4 Simha Rasi: 26.25 Creative Work Siddha Yoga	Thursday, April 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26
	257345478	Tithi 13	Gulika Yama Rahu	9:11AM – 10:39AM 6:14AM – 7:43AM 1:36PM – 3:05PM	Purvaphalguni Until 6:27AM Vridhi Until 6:22AM Kaulava Until 1:01PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Red	Sunrise: 6:14AM Sunset: 6:02PM Moon 3 - Phase 49 - 26 4th Phase
			Tamil New Year		Trayodashi Until 12:29AM Fri	Chaitra•Chaitra	Bhuloka Day Devaloka Time: 9:AM to 12:PM
	<i>Pradosha Vrata</i>						

5 Kanya Rasi: 9.55 Creative Work Amrita Yoga Until 5:11AM Sat Then Routine Work - Marana Yoga	Friday, April 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27
	258345478	Tithi 14	Gulika Yama Rahu	7:43AM – 9:11AM 3:04PM – 4:33PM 10:39AM – 12:08PM	Hasta Until 5:11AM Sat Vyaghata* Until 2:02AM Sat Gara Until 11:49AM	Ganesha: White Muruqa: White Nataraja: White Moon – Red	Sunrise: 6:14AM Sunset: 6:01PM Moon 3 - Phase 49 - 27 4th Phase
					Chaturdashi* Until 10:58PM	Chaitra•Chaitra	Bhuloka Day

 Kanya Rasi: 23.48 Routine Work Marana Yoga Until 3:47AM Sun Then Creative Work - Siddha Yoga	Saturday, April 16, 2022 Copper Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Lusaka, Zambia
	268345478	Tithi 15	Gulika Yama Rahu	6:15AM – 7:43AM 1:36PM – 3:04PM 9:11AM – 10:39AM	Chitra Until 3:47AM Sun Harshana Until 11:15PM Visti Until 10:02AM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Green	Sunrise: 6:15AM Sunset: 6:00PM Moon 3 - Phase 49 - Purnima
			Chitra Purnima (Tamil Nadu) Hanuman Jayanti		Purnima* Until 8:57PM	Chaitra•Chaitra	Bhuloka Day Devaloka Time: 6:AM to 9:AM

Tula Rasi: 7.58 Creative Work Siddha Yoga Until 1:55AM Mon Then Routine Work - Marana Yoga	Sunday, April 17, 2022 Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia
	268345478	Tithi 16	Gulika Yama Rahu	3:03PM – 4:31PM 12:07PM – 1:35PM 4:31PM – 6:00PM	Svati Until 1:55AM Mon Vajra* Until 8:09PM Balava Until 7:48AM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Green	Sunrise: 6:15AM Sunset: 6:00PM Moon 3 - Phase 49 - Prathama
					Prathama* Until 6:33PM	Chaitra•Chaitra	Bhuloka Day Devaloka Time: 6:AM to 9:AM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for on 5/23/19

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