



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 27.48 Tithi 17

Creative Work Siddha Yoga

278784469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 9:58AM - 11:36AM Vishakha Until 2:44PM
Yama 6:42AM - 8:20AM Vyatipata* Until 1:22PM
Rahu 11:36AM - 1:14PM Taitila Until 12:57PM
Dvitiya Until 11:08PM

Ganesha: Blue Sunrise: 5:04AM
Muruga: White Sunset: 6:08PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Devaloka Day

Manama, Bahrain
Sutra 17
Plava 5123
Moon 4 - Phase 2 - 1st Phase

1

Thursday, April 29, 2021

Vrischika Rasi: 12.54 Tithi 18

Creative Work Siddha Yoga

Until 12:01PM

Then Routine Work - Prabararishta Yoga

278784469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 8:20AM - 9:58AM Anuradha Until 12:01PM
Yama 5:03AM - 6:42AM Variyan Until 9:19AM
Rahu 1:14PM - 2:53PM Vanija Until 9:24AM
Tritiya Until 7:43PM

Ganesha: Blue Sunrise: 5:03AM
Muruga: White Sunset: 6:09PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Devaloka Day

Manama, Bahrain
Sun 1 Sutra 18
Plava 5123
Moon 4 - Phase 2 - 1st Phase

2

Friday, April 30, 2021

Vrischika Rasi: 27.46 Tithi 19 - 20

Routine Work Marana Yoga

Until 9:31AM

Then Creative Work - Amrita Yoga

278784469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:41AM - 8:19AM Jyeshtha* Until 9:31AM
Yama 2:53PM - 4:31PM Shiva Until 2:11AM Sat
Rahu 9:58AM - 11:36AM Bava Until 6:10AM
Chaturthi* Until 4:42PM

Ganesha: Blue Sunrise: 5:03AM
Muruga: White Sunset: 6:10PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Devaloka Day

Manama, Bahrain
Sun 2 Sutra 19
Plava 5123
Moon 4 - Phase 2 - 2 1st Phase

3

Saturday, May 1, 2021

Dhanus Rasi: 12.16 Tithi 20 - 21

Creative Work Siddha Yoga

288794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 5:02AM - 6:40AM Mula* Until 7:45AM
Yama 1:14PM - 2:53PM Siddha Until 11:15PM
Rahu 8:19AM - 9:57AM Gara Until 1:12AM Sun
Panchami Until 2:12PM

Ganesha: Red Sunrise: 5:02AM
Muruga: Yellow Sunset: 6:10PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Devaloka Day

Manama, Bahrain
Sun 3 Sutra 20
Plava 5123
Moon 4 - Phase 2 - 3 1st Phase

4

Sunday, May 2, 2021

Dhanus Rasi: 26.23 Tithi 21 - 22

Creative Work Siddha Yoga

Until 6:28AM

Then Creative Work - Amrita Yoga

288794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Gulika 2:53PM - 4:32PM Purvashadha* Until 6:28AM
Yama 11:36AM - 1:14PM Sadhya Until 8:53PM
Rahu 4:32PM - 6:11PM Visti Until 11:40PM
Shashthi* Until 12:20PM

Ganesha: Red Sunrise: 5:01AM
Muruga: Yellow Sunset: 6:11PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Devaloka Day

Manama, Bahrain
Sun 4 Sutra 21
Plava 5123
Moon 4 - Phase 2 - 4 1st Phase

Monday, May 3, 2021

Retreat Star

Makara Rasi: 10.05 Tithi 22 - 23

Family Home Evening

Creative Work Amrita Yoga

Until 5:54AM Tue

Then Creative Work - Siddha Yoga

298794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:15PM - 2:53PM Shravana Until 5:54AM Tue
Yama 9:57AM - 11:36AM Subha Until 7:04PM
Rahu 6:39AM - 8:18AM Balava Until 10:50PM
Saptami Until 11:09AM

Ganesha: Green Sunrise: 5:00AM
Muruga: Yellow Sunset: 6:11PM
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Manama, Bahrain
Sun 5 Sutra 22
Plava 5123
Moon 4 - Phase 2 - 5 Ashtami

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 23.22 Tithi 23 - 24

Creative Work Siddha Yoga

298794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 11:36AM - 1:15PM Dhanishtha Until 6:39AM Wed
Yama 8:18AM - 9:57AM Sukla Until 5:48PM
Rahu 2:54PM - 4:33PM Taitila Until 10:42PM
Ashtami* Until 10:40AM

Ganesha: Green Sunrise: 5:00AM
Muruga: Yellow Sunset: 6:12PM
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Manama, Bahrain
Sun 6 Sutra 23
Plava 5123
Moon 4 - Phase 2 - 6 Navami

1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Manama, Bahrain
	Kumbha Rasi: 6.19	Tithi 24 – 25	Gulika 9:56AM – 11:35AM	Dhanishtha Until 6:39AM	Ganesha: Red	<i>Sunrise:</i> 4:59AM	Sun 7 Sutra 24
			Yama 6:38AM – 8:17AM	Brahma Until 5:04PM	Muruqa: Yellow	<i>Sunset:</i> 6:12PM	Plava 5123
	299794469	Rahu 11:35AM – 1:15PM	Vanija Until 11:13PM	Nataraja: Clear			Moon 4 - Phase 3 - 7 2nd Phase
Routine Work Prabalarishta Yoga Until 6:39AM Then Creative Work - Siddha Yoga		Navami* Until 10:52AM		Chaitra*Chaitra		Devaloka Day	


2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain
	Kumbha Rasi: 18.56	Tithi 25 – 26	Gulika 8:17AM – 9:56AM	Shatabhishak Until 7:51AM	Ganesha: Red	<i>Sunrise:</i> 4:58AM	Sun 8 Sutra 25
			Yama 4:58AM – 6:37AM	Indra Until 4:49PM	Muruqa: Yellow	<i>Sunset:</i> 6:13PM	Plava 5123
	299794469	Rahu 1:15PM – 2:54PM	Bava Until 12:19AM Fri	Nataraja: Clear			Moon 4 - Phase 3 - 8 2nd Phase
Creative Work Siddha Yoga		Dashami Until 11:41AM		Chaitra*Chaitra		Devaloka Day	

3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain
	Meena Rasi: 1.19	Tithi 26 – 27	Gulika 6:37AM – 8:16AM	Purvaproshtapada* Until 9:54AM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sun 9 Sutra 26
			Yama 2:54PM – 4:34PM	Vaidhrili* Until 4:57PM	Muruqa: Yellow	<i>Sunset:</i> 6:13PM	Plava 5123
	219794469	Rahu 9:56AM – 11:35AM	Kaulava Until 1:54AM Sat	Nataraja: Clear			Moon 4 - Phase 3 - 9 2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 1:02PM		Chaitra*Chaitra		Devaloka Day	

4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain
	Meena Rasi: 13.31	Tithi 27 – 28	Gulika 4:57AM – 6:36AM	Uttaraproshtapada Until 12:14PM	Ganesha: Clear	<i>Sunrise:</i> 4:57AM	Sun 10 Sutra 27
			Yama 1:15PM – 2:55PM	Vishkambha* Until 5:25PM	Muruqa: Yellow	<i>Sunset:</i> 6:14PM	Plava 5123
	219794469	Rahu 8:16AM – 9:56AM	Gara Until 3:53AM Sun	Nataraja: Clear			Moon 4 - Phase 3 - 10 2nd Phase
Creative Work Siddha Yoga Until 12:14PM Then Routine Work - Prabalarishta Yoga		Dvadashi* Until 2:50PM		Chaitra*Chaitra		Devaloka Day	
<i>Pradosha Vrata (Fasting)</i>							

5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain
	Meena Rasi: 25.33	Tithi 28 – 29	Gulika 2:55PM – 4:35PM	Revati Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM	Sun 11 Sutra 28
			Yama 11:35AM – 1:15PM	Priti Until 6:10PM	Muruqa: Yellow	<i>Sunset:</i> 6:14PM	Plava 5123
	219794469	Rahu 4:35PM – 6:14PM	Visti Until 6:11AM Mon	Nataraja: Clear			Moon 4 - Phase 3 - 11 2nd Phase
Creative Work Amrita Yoga Until 2:45PM Then Creative Work - Siddha Yoga		Mother's Day		Trayodashi* Until 4:59PM		Devaloka Day	
Chaitra*Chaitra							

6	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Manama, Bahrain
	Mesha Rasi: 7.28	Tithi 29	Gulika 1:15PM – 2:55PM	Ashvini Until 5:52PM	Ganesha: Orange	<i>Sunrise:</i> 4:55AM	Sun 12 Sutra 29
	Family Home Evening		Yama 9:55AM – 11:35AM	Ayushman Until 7:05PM	Muruqa: Yellow	<i>Sunset:</i> 6:15PM	Plava 5123
	229794469	Rahu 6:35AM – 8:15AM	Visti Until 6:11AM	Nataraja: Clear			Moon 4 - Phase 3 - 12 2nd Phase
Creative Work Siddha Yoga		Chaturdashi* Until 7:24PM		Chaitra*Chaitra		Devaloka Day	

	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain
	Retreat Star		Gulika 11:35AM – 1:15PM	Bharani Until 8:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:55AM	Sun 13 Sutra 30
	Mesha Rasi: 19.18	Tithi 30	Yama 8:15AM – 9:55AM	Saubhagya Until 8:08PM	Muruqa: Yellow	<i>Sunset:</i> 6:15PM	Plava 5123
	229794469	Rahu 2:55PM – 4:35PM	Catuspada Until 8:41AM	Nataraja: Clear			Moon 4 - Phase 3 - 13 Amavasya
Creative Work Siddha Yoga		Amavasya* Until 9:58PM		Chaitra*Chaitra		Devaloka Day	

Retreat Star	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain
	Retreat Star		Gulika 9:55AM – 11:35AM	Krittika Until 11:58PM	Ganesha: Orange	<i>Sunrise:</i> 4:54AM	Sun 14 Sutra 31
	Vrishabha Rasi: 1.05	Tithi 1	Yama 6:34AM – 8:15AM	Sobhana Until 9:16PM	Muruqa: Yellow	<i>Sunset:</i> 6:16PM	Plava 5123
	229794469	Rahu 11:35AM – 1:15PM	Kintughna Until 11:19AM	Nataraja: Clear			Moon 4 - Phase 3 - 14 Prathama
Creative Work Amrita Yoga Until 11:58PM Then Creative Work - Siddha Yoga		Prathama* Until 12:36AM Thu		Vaisaka*Chaitra		Devaloka Day	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Manama, Bahrain Sun 15 Sutra 32 Plava 5123
	Vrishabha Rasi: 12.52	Tithi 2	Gulika 8:14AM – 9:55AM Yama 4:54AM – 6:34AM Rahu 1:15PM – 2:56PM	Rohini Until 3:15AM Fri Athiganda* Until 10:19PM Balava Until 1:56PM Dvitiya Until 3:10AM Fri	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:54AM Sunset: 6:16PM Moon 4 - Phase 4 - 15 3rd Phase Devaloka Day
	Routine Work	Marana Yoga				
	Until 3:15AM Fri Then Creative Work - Siddha Yoga					

2	Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau			Manama, Bahrain Sun 16 Sutra 33 Plava 5123
	Vrishabha Rasi: 24.41	Tithi 3	Gulika 6:34AM – 8:14AM Yama 2:56PM – 4:37PM Rahu 9:55AM – 11:35AM	Mrigashira Until 6:10AM Sat Sukarma Until 11:15PM Taitila Until 4:24PM Tritiya Until 5:32AM Sat	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi	Sunrise: 4:53AM Sunset: 6:17PM Moon 4 - Phase 4 - 16 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga				
			Akshaya Tritiya			

3	Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Vanija Karana Chaturthyam Titau			Manama, Bahrain Sun 17 Sutra 34 Plava 5123
	Mithuna Rasi: 6.34	Tithi 4	Gulika 4:53AM – 6:33AM Yama 1:16PM – 2:56PM Rahu 8:14AM – 9:54AM	Mrigashira Until 6:10AM Dhriti Until 11:59PM Vanija Until 6:37PM Chaturthi* Until 7:34AM Sun	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi	Sunrise: 4:53AM Sunset: 6:18PM Moon 4 - Phase 4 - 17 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga				

4	Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Manama, Bahrain Sun 18 Sutra 35 Plava 5123
	Mithuna Rasi: 18.36	Tithi 4 – 5	Gulika 2:57PM – 4:37PM Yama 11:35AM – 1:16PM Rahu 4:37PM – 6:18PM	Ardra Until 8:35AM Shula* Until 12:21AM Mon Bava Until 8:26PM Chaturthi* Until 7:34AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi	Sunrise: 4:52AM Sunset: 6:18PM Moon 4 - Phase 4 - 18 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga				
			Adi Sankara Jayanthi			

5	Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Manama, Bahrain Sun 19 Sutra 36 Plava 5123
	Kataka Rasi: 0.49	Tithi 5 – 6	Gulika 1:16PM – 2:57PM Yama 9:54AM – 11:35AM Rahu 6:32AM – 8:13AM	Punarvasu Until 10:53AM Ganda* Until 12:19AM Tue Kaulava Until 9:43PM Panchami Until 9:08AM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Vaikasi	Sunrise: 4:52AM Sunset: 6:19PM Moon 4 - Phase 4 - 19 3rd Phase Devaloka Day
	Family Home Evening	Amrita Yoga				
	Until 10:53AM Then Creative Work - Siddha Yoga					

6	Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Manama, Bahrain Sun 20 Sutra 37 Plava 5123
	Kataka Rasi: 13.16	Tithi 6 – 7	Gulika 11:35AM – 1:16PM Yama 8:13AM – 9:54AM Rahu 2:57PM – 4:38PM	Pushya Until 12:26PM Vriddhi Until 11:47PM Gara Until 10:21PM Shashthi* Until 10:06AM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Vaikasi	Sunrise: 4:51AM Sunset: 6:19PM Moon 4 - Phase 4 - 20 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga				

Retreat Star	Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Manama, Bahrain Sun 21 Sutra 38 Plava 5123
	Kataka Rasi: 26.02	Tithi 7 – 8	Gulika 9:54AM – 11:35AM Yama 6:32AM – 8:13AM Rahu 11:35AM – 1:16PM	Ashlesha* Until 1:10PM Dhruva Until 10:39PM Visti Until 10:15PM Saptami Until 10:23AM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Vaikasi	Sunrise: 4:51AM Sunset: 6:20PM Moon 4 - Phase 4 - 21 Ashtami Devaloka Day
	Creative Work	Siddha Yoga				

Retreat Star	Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Manama, Bahrain Sun 22 Sutra 39 Plava 5123
	Simha Rasi: 9.1	Tithi 8 – 9	Gulika 8:13AM – 9:54AM Yama 4:50AM – 6:31AM Rahu 1:16PM – 2:58PM	Magha* Until 1:27PM Vyaghata* Until 8:56PM Balava Until 9:25PM Ashtami* Until 9:54AM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red Vaisaka-Vaikasi	Sunrise: 4:50AM Sunset: 6:20PM Moon 4 - Phase 4 - 22 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga				
	Until 1:27PM Then Creative Work - Siddha Yoga					

1	Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Manama, Bahrain Sun 23 Sutra 40 Plava 5123	
	Simha Rasi: 22.42	Tithi 9 – 10	Gulika 6:31AM – 8:13AM	Purvaphalguni Until 12:51PM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Moon 4 - Phase 5 - 23	
			Yama 2:58PM – 4:39PM	Harshana Until 6:37PM	Muruqa: Yellow	<i>Sunset:</i> 6:21PM	4th Phase	
	251894469	Rahu 9:54AM – 11:35AM	Taitila Until 7:49PM		Nataraja: Clear	Bhuloka Day		
Creative Work Siddha Yoga		Navami* Until 8:41AM		Moon – Red	Devaloka Time: 3:PM to 6:PM			
		Vaisaka-Vaikasi						

2	Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra/Siddhi Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 41 Plava 5123	
	Kanya Rasi: 6.41	Tithi 10 – 11	Gulika 4:49AM – 6:31AM	Uttaraphalguni Until 11:25AM	Ganesha: Blue	<i>Sunrise:</i> 4:49AM	Moon 4 - Phase 5 - 24	
			Yama 1:17PM – 2:58PM	Vajra* Until 3:44PM	Muruqa: Yellow	<i>Sunset:</i> 6:21PM	4th Phase	
	251894469	Rahu 8:12AM – 9:54AM	Visti Until 4:11AM Sun		Nataraja: Clear	Bhuloka Day		
Routine Work Marana Yoga		Dashami Until 6:45AM		Moon – Red	Devaloka Time: 3:PM to 6:PM			
		Vaisaka-Vaikasi						

3	Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 42 Plava 5123	
	Kanya Rasi: 21.05	Tithi 12	Gulika 2:59PM – 4:40PM	Hasta Until 9:39AM	Ganesha: White	<i>Sunrise:</i> 4:49AM	Moon 4 - Phase 5 - 25	
			Yama 11:35AM – 1:17PM	Siddhi Until 12:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:22PM	4th Phase	
	262894469	Rahu 4:40PM – 6:22PM	Bava Until 2:43PM		Nataraja: Clear	Sivaloka Day		
Creative Work Amrita Yoga		Dvadashi Until 1:07AM Mon		Moon – Green	Devaloka Time: 3:PM to 6:PM			
Until 9:39AM				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

4	Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 43 Plava 5123	
	Tula Rasi: 5.52	Tithi 13	Gulika 1:17PM – 2:59PM	Chitra Until 7:16AM	Ganesha: White	<i>Sunrise:</i> 4:49AM	Moon 4 - Phase 5 - 26	
			Yama 9:54AM – 11:35AM	Vyatipata* Until 8:40AM	Muruqa: Yellow	<i>Sunset:</i> 6:22PM	4th Phase	
	262894469	Rahu 6:30AM – 8:12AM	Kaulava Until 11:26AM		Nataraja: Clear	Sivaloka Day		
Family Home Evening		Trayodashi Until 9:39PM		Moon – Green	Devaloka Time: 3:PM to 6:PM			
Routine Work Prabalarishta Yoga		Pradosha Vrata						
Until 7:16AM								
Then Creative Work - Amrita Yoga								

5	Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Manama, Bahrain Sun 27 Sutra 44 Plava 5123	
	Tula Rasi: 20.54	Tithi 14 – 15	Gulika 11:36AM – 1:17PM	Vishakha Until 1:39AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:48AM	Moon 4 - Phase 5 - 27	
			Yama 8:12AM – 9:54AM	Parigha* Until 12:29AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:23PM	4th Phase	
	272894469	Rahu 2:59PM – 4:41PM	Gara Until 7:51AM		Nataraja: Clear	Devaloka Day		
Routine Work Marana Yoga		Vaikasi Visakam		Moon – Orange	Devaloka Time: 3:PM to 6:PM			
Until 1:39AM Wed		Chaturdashi* Until 5:59PM		Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

	Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Manama, Bahrain Sun 28 Sutra 45 Plava 5123	
	Vrischika Rasi: 6.04	Tithi 15 – 16	Gulika 9:54AM – 11:36AM	Anuradha Until 10:44PM	Ganesha: White	<i>Sunrise:</i> 4:48AM	Moon 4 - Phase 5 - Purnima	
			Yama 6:30AM – 8:12AM	Shiva Until 8:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:23PM	4th Phase	
	372894469	Rahu 11:36AM – 1:18PM	Balava Until 12:23AM Thu		Nataraja: Clear	Sivaloka Day		
Creative Work Siddha Yoga		Purnima* Until 2:13PM		Moon – Orange	Devaloka Time: 3:PM to 6:PM			
		Budha Purnima (Tamil Nadu)						

	Thursday, May 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 29 Sutra 46 Plava 5123	
	Vrischika Rasi: 21.14	Tithi 16 – 17	Gulika 8:12AM – 9:54AM	Jyeshtha* Until 7:51PM	Ganesha: White	<i>Sunrise:</i> 4:48AM	Moon 4 - Phase 5 - Prathama	
			Yama 4:48AM – 6:30AM	Siddha Until 4:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:24PM	4th Phase	
	372894469	Rahu 1:18PM – 3:00PM	Taitila Until 8:49PM		Nataraja: Clear	Sivaloka Day		
Routine Work Prabalarishta Yoga		Prathama* Until 10:33AM		Moon – Orange	Devaloka Time: 3:PM to 6:PM			
Until 7:51PM				Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga								

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

times are standard time. Calculated for Manama, Bahrain on 5/23

www.gurudeva.org/panchang



Friday, May 28, 2021
Gold Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Gara/Vishti* Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 47

Plava 5123

Dhanus Rasi: 6.13 Tithi 17 - 18

382894469

Gulika

6:30AM - 8:12AM

Mula* Until 5:32PM

Ganesha: Clear

Sunrise: 4:47AM

Yama

3:00PM - 4:42PM

Sadhya Until 12:26PM

Muruqa: Yellow

Sunset: 6:24PM

Moon 5 - Phase 6 - 1

Rahu

9:54AM - 11:36AM

Visti Until 4:06AM Sat

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Until 5:32PM

Dvitiya Until 7:08AM

Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Then Routine Work - Prabalarishta Yoga

1

Saturday, May 29, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthiyam Titau

Manama, Bahrain

Sun 2 Sutra 48

Plava 5123

Dhanus Rasi: 20.54 Tithi 19

382894469

Gulika

4:47AM - 6:29AM

Purvashadha* Until 3:34PM

Ganesha: Clear

Sunrise: 4:47AM

Yama

1:18PM - 3:00PM

Subha Until 8:59AM

Muruqa: Yellow

Sunset: 6:25PM

Moon 5 - Phase 6 - 2

Rahu

8:12AM - 9:54AM

Bava Until 2:47PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Until 3:34PM

Chaturthi* Until 1:35AM Sun

Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Then Routine Work - Marana Yoga

2

Sunday, May 30, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 49

Plava 5123

Makara Rasi: 5.12 Tithi 20

382894469

Gulika

3:01PM - 4:43PM

Uttarashadha Until 2:03PM

Ganesha: Clear

Sunrise: 4:47AM

Yama

11:36AM - 1:18PM

Brahma Until 6:00AM

Muruqa: Yellow

Sunset: 6:25PM

Moon 5 - Phase 6 - 3

Rahu

4:43PM - 6:25PM

Kaulava Until 12:36PM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Panchami Until 11:44PM

Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Then Routine Work - Marana Yoga

3

Monday, May 31, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 50

Plava 5123

Makara Rasi: 19.04 Tithi 21

392894469

Gulika

1:19PM - 3:01PM

Shravana Until 1:32PM

Ganesha: Purple

Sunrise: 4:47AM

Family Home Evening

Yama

9:54AM - 11:36AM

Indra Until 1:43AM Tue

Muruqa: Yellow

Sunset: 6:26PM

Moon 5 - Phase 6 - 4

Rahu

6:29AM - 8:11AM

Gara Until 11:06AM

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Shashthi* Until 10:38PM

Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Until 1:32PM

Then Creative Work - Siddha Yoga

4

Tuesday, June 1, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Manama, Bahrain

Sun 5 Sutra 51

Plava 5123

Kumbha Rasi: 2.29 Tithi 22

392894469

Gulika

11:36AM - 1:19PM

Dhanishtha Until 1:38PM

Ganesha: Purple

Sunrise: 4:46AM

Creative Work Siddha Yoga

Yama

8:11AM - 9:54AM

Vaidhriti* Until 12:30AM Wed

Muruqa: Yellow

Sunset: 6:26PM

Moon 5 - Phase 6 - 5

Rahu

3:01PM - 4:44PM

Visti Until 10:23AM

Nataraja: Clear

1st Phase

Until 1:38PM

Saptami Until 10:18PM

Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Then Routine Work - Marana Yoga

D

Wednesday, June 2, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 52

Plava 5123

Kumbha Rasi: 15.29 Tithi 23

392894469

Gulika

9:54AM - 11:37AM

Shatabhishak Until 2:20PM

Ganesha: Purple

Sunrise: 4:46AM

Creative Work Siddha Yoga

Yama

6:29AM - 8:11AM

Vishkambha* Until 11:54PM

Muruqa: Yellow

Sunset: 6:27PM

Moon 5 - Phase 6 - 6

Rahu

11:37AM - 1:19PM

Balava Until 10:27AM

Nataraja: Clear

Ashtami

Until 2:20PM

Ashtami* Until 10:45PM

Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Then Creative Work - Amrita Yoga

Thursday, June 3, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 53

Plava 5123

Kumbha Rasi: 28.07 Tithi 24

312894469

Gulika

8:11AM - 9:54AM

Purvaprosarthapada* Until 4:04PM

Ganesha: Blue

Sunrise: 4:46AM

Creative Work Siddha Yoga

Yama

4:46AM - 6:29AM

Priti Until 11:52PM

Muruqa: Yellow

Sunset: 6:27PM

Moon 5 - Phase 6 - 7

Rahu

1:19PM - 3:02PM

Taitila Until 11:15AM

Nataraja: Clear

Navami

Until 2:20PM

Navami* Until 11:53PM

Moon - Clear
Vaisaka-Vaikasi

Sivaloka Day

Then Creative Work - Amrita Yoga


1	Friday, June 4, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Manama, Bahrain	
	Meena Rasi: 10.27	Tithi 25	Uttaraproshtapada Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 54
	312894461	Gulika 6:29AM – 8:11AM	Uttaraproshtapada Until 6:15PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Plava 5123	
	Creative Work Siddha Yoga	Yama 3:02PM – 4:45PM	Ayushman Until 12:15AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 7 - 8	
		Rahu 9:54AM – 11:37AM	Vanija Until 12:43PM	Nataraja: Clear		2nd Phase	
			Dashami Until 1:37AM Sat	Moon – Clear		Sivaloka Day	
				Vaisaka-Vaikasi			

2	Saturday, June 5, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Manama, Bahrain	
	Meena Rasi: 22.33	Tithi 26	Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 55
	312894461	Gulika 4:46AM – 6:29AM	Revati Until 8:45PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Plava 5123	
	Routine Work Prabalarishta Yoga	Yama 1:20PM – 3:03PM	Saubhagya Until 1:01AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:28PM	Moon 5 - Phase 7 - 9	
Until 8:45PM		Rahu 8:11AM – 9:54AM	Bava Until 2:41PM	Nataraja: Yellow		2nd Phase	
Then Creative Work - Siddha Yoga			Ekadashi* Until 3:48AM Sun	Moon – Clear		Sivaloka Day	
				Vaisaka-Vaikasi			

3	Sunday, June 6, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain	
	Mesha Rasi: 4.29	Tithi 27	Ashvini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 56
	323894461	Gulika 3:03PM – 4:46PM	Ashvini Until 11:54PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Plava 5123	
	Creative Work Siddha Yoga	Yama 11:37AM – 1:20PM	Sobhana Until 2:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 7 - 10	
Until 11:54PM		Rahu 4:46PM – 6:29PM	Kaulava Until 5:02PM	Nataraja: Yellow		2nd Phase	
Then Routine Work - Prabalarishta Yoga			Dvadashi* Until 6:16AM Mon	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4	Monday, June 7, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Manama, Bahrain	
	Mesha Rasi: 16.19	Tithi 27 – 28	Bharani Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 57
	323894461	Gulika 1:20PM – 3:03PM	Bharani Until 3:02AM Tue	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Plava 5123	
	Family Home Evening	Yama 9:54AM – 11:37AM	Athiganda* Until 3:07AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 7 - 11	
Creative Work Siddha Yoga		Rahu 6:29AM – 8:12AM	Gara Until 7:36PM	Nataraja: Yellow		2nd Phase	
			Dvadashi* Until 6:16AM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, June 8, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain	
	Mesha Rasi: 28.07	Tithi 28 – 29	Krittika Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 58
	323994461	Gulika 11:38AM – 1:21PM	Krittika Until 6:02AM Wed	Ganesha: Red	<i>Sunrise:</i> 4:46AM	Plava 5123	
	Creative Work Siddha Yoga	Yama 8:12AM – 9:55AM	Sukarma Until 4:14AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:29PM	Moon 5 - Phase 7 - 12	
		Rahu 3:04PM – 4:46PM	Visti Until 10:13PM	Nataraja: Yellow		2nd Phase	
			Trayodashi* Until 8:53AM	Moon – White		Devaloka Day	
				Vaisaka-Vaikasi			

	Wednesday, June 9, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Manama, Bahrain	
	Retreat Star	Krittika/Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 59	
	Vrishabha Rasi: 9.53	Tithi 29 – 30	Gulika 9:55AM – 11:38AM	Krittika Until 6:02AM	Ganesha: Red	<i>Sunrise:</i> 4:46AM	Plava 5123
	323994461	Yama 6:29AM – 8:12AM	Dhriti Until 5:17AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 5 - Phase 7 - 13	
Creative Work Amrita Yoga		Rahu 11:38AM – 1:21PM	Catuspada Until 12:44AM Thu	Nataraja: Yellow		Amavasya	
Until 6:02AM			Chaturdashi* Until 11:28AM	Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			

6	Thursday, June 10, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain	
	Retreat Star	Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 60	
	Vrishabha Rasi: 21.43	Tithi 30 – 1	Gulika 8:12AM – 9:55AM	Rohini Until 9:14AM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Plava 5123
	323994461	Yama 4:46AM – 6:29AM	Shula* Until 6:07AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 5 - Phase 7 - 14	
Routine Work Marana Yoga		Rahu 1:21PM – 3:04PM	Kintughna Until 3:03AM Fri	Nataraja: Yellow		Prathama	
			Amavasya* Until 1:54PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Friday, June 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 15 Sutra 61
	Mithuna Rasi: 3.38	Tithi 1 – 2	Gulika 6:29AM – 8:12AM	Mrigashira Until 12:02PM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Plava 5123
			Yama 3:04PM – 4:47PM	Shula* Until 6:07AM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 5 - Phase 8 - 15
	Creative Work	Siddha Yoga	333994461 Rahu 9:55AM – 11:38AM	Balava Until 5:02AM Sat Prathama* Until 4:04PM	Nataraja: Yellow Moon – Yellow		3rd Phase
							Devaloka Day

2	Saturday, June 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 62
	Mithuna Rasi: 15.41	Tithi 2 – 3	Gulika 4:46AM – 6:29AM	Ardra Until 2:19PM	Ganesha: Yellow	<i>Sunrise:</i> 4:46AM	Plava 5123
			Yama 1:22PM – 3:05PM	Ganda* Until 6:43AM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 5 - Phase 8 - 16
	Creative Work	Siddha Yoga	333994461 Rahu 8:12AM – 9:55AM	Taitila Until 6:37AM Sun Dvitiya Until 5:52PM	Nataraja: Yellow Moon – Yellow		3rd Phase
							Devaloka Day

3	Sunday, June 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 17 Sutra 63
	Mithuna Rasi: 27.54	Tithi 3	Gulika 3:05PM – 4:48PM	Punarvasu Until 4:32PM	Ganesha: Red	<i>Sunrise:</i> 4:46AM	Plava 5123
			Yama 11:39AM – 1:22PM	Vridhhi Until 7:02AM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 5 - Phase 8 - 17
	Creative Work	Siddha Yoga	343994461 Rahu 4:48PM – 6:31PM	Taitila Until 6:37AM Tritiya Until 7:14PM	Nataraja: Yellow Moon – Blue		3rd Phase
							Devaloka Day

4	Monday, June 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Dhruva/Nyaghata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Manama, Bahrain Sun 18 Sutra 64
	Kataka Rasi: 10.19	Tithi 4	Gulika 1:22PM – 3:05PM	Pushya Until 6:07PM	Ganesha: Red	<i>Sunrise:</i> 4:46AM	Plava 5123
	Family Home Evening		Yama 9:56AM – 11:39AM	Dhruva Until 6:57AM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 8 - 18
	Creative Work	Siddha Yoga	343994461 Rahu 6:29AM – 8:12AM	Vanija Until 7:45AM Chaturthi* Until 8:07PM	Nataraja: Yellow Moon – Blue		3rd Phase
							Devaloka Day

5	Tuesday, June 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 19 Sutra 65
	Kataka Rasi: 22.56	Tithi 5	Gulika 11:39AM – 1:22PM	Ashlesha* Until 7:03PM	Ganesha: Red	<i>Sunrise:</i> 4:46AM	Plava 5123
			Yama 8:12AM – 9:56AM	Vyaghata* Until 6:30AM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 8 - 19
	Creative Work	Siddha Yoga	343994461 Rahu 3:05PM – 4:49PM	Bava Until 8:23AM Panchami Until 8:29PM	Nataraja: Yellow Moon – Blue		3rd Phase
							Devaloka Day

6	Wednesday, June 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Manama, Bahrain Sun 20 Sutra 66
	Simha Rasi: 5.49	Tithi 6	Gulika 9:56AM – 11:39AM	Magha* Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Plava 5123
			Yama 6:29AM – 8:13AM	Vajra* Until 4:18AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Moon 5 - Phase 8 - 20
	Creative Work	Siddha Yoga	353994461 Rahu 11:39AM – 1:22PM	Kaulava Until 8:28AM Shashthi* Until 8:17PM	Nataraja: Yellow Moon – Red		3rd Phase
							Sivaloka Day

7	Thursday, June 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 21 Sutra 67
	Retreat Star		Gulika 8:13AM – 9:56AM	Purvaphalguni Until 7:43PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Plava 5123
	Simha Rasi: 18.59	Tithi 7	Yama 4:46AM – 6:30AM	Siddhi Until 2:31AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 8 - 21
	Creative Work	Siddha Yoga	353994461 Rahu 1:23PM – 3:06PM	Gara Until 8:00AM Saptami Until 7:32PM	Nataraja: Yellow Moon – Red		3rd Phase
							Sivaloka Day

8	Friday, June 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Manama, Bahrain Sun 22 Sutra 68
	Retreat Star		Gulika 6:30AM – 8:13AM	Uttaraphalguni Until 6:59PM	Ganesha: Blue	<i>Sunrise:</i> 4:46AM	Plava 5123
	Kanya Rasi: 2.28	Tithi 8	Yama 3:06PM – 4:50PM	Vyatipata* Until 12:16AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 8 - 22
	Creative Work	Siddha Yoga	353994461 Rahu 9:56AM – 11:40AM	Visti Until 6:57AM Ashtami* Until 6:11PM	Nataraja: Yellow Moon – Red		Ashtami
							Sivaloka Day

9	Saturday, June 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 23 Sutra 69
	Retreat Star		Gulika 4:47AM – 6:30AM	Hasta Until 5:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:47AM	Plava 5123
	Kanya Rasi: 16.18	Tithi 9 – 10	Yama 1:23PM – 3:06PM	Variyan Until 9:33PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 8 - 23
	Routine Work	Marana Yoga	363994461 Rahu 8:13AM – 9:56AM	Taitila Until 3:09AM Sun Navami* Until 4:16PM	Nataraja: Yellow Moon – Green		Navami
							Devaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

times are standard time. Calculated for Manama, Bahrain on 5/23

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1 Sunday, June 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 70 Plava 5123
Tula Rasi: 0.28	Tithi 10 – 11	Gulika 3:07PM – 4:50PM	Chitra Until 4:18PM	Ganesha: White	<i>Sunrise:</i> 4:47AM	
		Yama 11:40AM – 1:23PM	Parigha* Until 6:27PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 5 - Phase 9 - 24
		364994461 Rahu 4:50PM – 6:33PM	Vanija Until 12:30AM Mon	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:51PM	Moon – Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Father's Day		Jyeshtha-Ani		

2 Monday, June 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 71 Plava 5123
Tula Rasi: 14.58	Tithi 11 – 12	Gulika 1:24PM – 3:07PM	Svati Until 2:05PM	Ganesha: White	<i>Sunrise:</i> 4:47AM	
Family Home Evening		Yama 9:57AM – 11:40AM	Shiva Until 3:00PM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 9 - 25
Creative Work	Amrita Yoga	364994461 Rahu 6:30AM – 8:14AM	Bava Until 9:28PM	Nataraja: Yellow		4th Phase
Until 2:05PM			Ekadashi Until 11:01AM	Moon – Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga				Jyeshtha-Ani		

3 Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 72 Plava 5123
Tula Rasi: 29.43	Tithi 12 – 13	Gulika 11:40AM – 1:24PM	Vishakha Until 11:49AM	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	
		Yama 8:14AM – 9:57AM	Siddha Until 11:17AM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 9 - 26
		374994461 Rahu 3:07PM – 4:50PM	Kaulava Until 6:11PM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 7:50AM	Moon – Orange		Devaloka Day
Until 11:49AM				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 73 Plava 5123
Vrischika Rasi: 14.38	Tithi 14	Gulika 9:57AM – 11:41AM	Anuradha Until 9:14AM	Ganesha: Clear	<i>Sunrise:</i> 4:47AM	
		Yama 6:31AM – 8:14AM	Sadhya Until 7:25AM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 9 - 27
		374994461 Rahu 11:41AM – 1:24PM	Gara Until 2:44PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:00AM Thu	Moon – Orange		Devaloka Day
				Jyeshtha-Ani		

Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain Sun 27 Sutra 74 Plava 5123
Copper Retreat Star		Gulika 8:14AM – 9:58AM	Jyeshtha* Until 6:29AM	Ganesha: Clear	<i>Sunrise:</i> 4:48AM	
Vrischika Rasi: 29.36	Tithi 15	Yama 4:48AM – 6:31AM	Sukla Until 11:41PM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 9 -
		374994461 Rahu 1:24PM – 3:08PM	Visti Until 11:18AM	Nataraja: Yellow		Purnima
Routine Work	Prabalarishta Yoga		Purnima* Until 9:37PM	Moon – Orange		Devaloka Day
Until 6:29AM				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga						

Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sun 27 Sutra 75 Plava 5123
Silver Retreat Star		Gulika 6:31AM – 8:14AM	Purvashadha* Until 1:53AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:48AM	
Dhanus Rasi: 14.29	Tithi 16	Yama 3:08PM – 4:51PM	Brahma Until 8:04PM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 9 -
		384994461 Rahu 9:58AM – 11:41AM	Balava Until 8:01AM	Nataraja: Yellow		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 6:28PM	Moon – Light Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 1:53AM Sat				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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Saturday, June 26, 2021
Gold Retreat Star

Dhanus Rasi: 29.09 Tithi 17 – 18

384994461

Routine Work Marana Yoga

Until 11:56PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Manama, Bahrain

Sun 1 Sutra 76

Plava 5123

Gulika 4:48AM – 6:31AM

Uttarashadha Until 11:56PM

Ganesha: Purple

Sunrise: 4:48AM

Yama 1:25PM – 3:08PM

Indra Until 4:46PM

Muruqa: Yellow

Sunset: 6:34PM

Rahu 8:15AM – 9:58AM

Vanija Until 2:30AM Sun

Nataraja: Yellow

Moon 6 - Phase 10 - 1

1st Phase

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1

Sunday, June 27, 2021

Makara Rasi: 13.29 Tithi 18 – 19

394994461

Creative Work Amrita Yoga

Until 10:51PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 77

Plava 5123

Gulika 3:08PM – 4:51PM

Shravana Until 10:51PM

Ganesha: Clear

Sunrise: 4:48AM

Yama 11:42AM – 1:25PM

Vaidhriti* Until 1:53PM

Muruqa: Yellow

Sunset: 6:35PM

Rahu 4:51PM – 6:35PM

Bava Until 12:32AM Mon

Nataraja: Yellow

Moon 6 - Phase 10 - 2

1st Phase

Moon – Purple

Jyeshtha-Ani

Devaloka Day

2

Monday, June 28, 2021

Makara Rasi: 27.26 Tithi 19 – 20

394994461

Family Home Evening

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 78

Plava 5123

Gulika 1:25PM – 3:08PM

Dhanishtha Until 10:19PM

Ganesha: Clear

Sunrise: 4:49AM

Yama 9:58AM – 11:42AM

Vishkambha* Until 11:33AM

Muruqa: Yellow

Sunset: 6:35PM

Rahu 6:32AM – 8:15AM

Kaulava Until 11:17PM

Nataraja: Yellow

Moon 6 - Phase 10 - 3

1st Phase

Moon – Purple

Jyeshtha-Ani

Devaloka Day

3

Tuesday, June 29, 2021

Kumbha Rasi: 10.56 Tithi 20 – 21

394994461

Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 79

Plava 5123

Gulika 11:42AM – 1:25PM

Shatabhishak Until 10:24PM

Ganesha: Clear

Sunrise: 4:49AM

Yama 8:15AM – 9:59AM

Priti Until 9:50AM

Muruqa: Yellow

Sunset: 6:35PM

Rahu 3:08PM – 4:52PM

Gara Until 10:49PM

Nataraja: Yellow

Moon 6 - Phase 10 - 4

1st Phase

Moon – Purple

Jyeshtha-Ani

Devaloka Day

4

Wednesday, June 30, 2021

Kumbha Rasi: 24 Tithi 21 – 22

314994461

Creative Work Amrita Yoga

Until 11:34PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 80

Plava 5123

Gulika 9:59AM – 11:42AM

Purvaproshtapada* Until 11:34PM

Ganesha: Yellow

Sunrise: 4:49AM

Yama 6:33AM – 8:16AM

Ayushman Until 8:44AM

Muruqa: Yellow

Sunset: 6:35PM

Rahu 11:42AM – 1:25PM

Visti Until 11:09PM

Nataraja: Yellow

Moon 6 - Phase 10 - 5

1st Phase

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Retreat Star

Thursday, July 1, 2021

Meena Rasi: 6.41 Tithi 22 – 23

314994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 81

Plava 5123

Gulika 8:16AM – 9:59AM

Uttaraproshtapada Until 1:20AM Fri

Ganesha: Yellow

Sunrise: 4:50AM

Yama 4:50AM – 6:33AM

Saubhagya Until 8:16AM

Muruqa: Yellow

Sunset: 6:35PM

Rahu 1:25PM – 3:09PM

Balava Until 12:14AM Fri

Nataraja: Yellow

Moon 6 - Phase 10 - 6

Ashtami

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Friday, July 2, 2021

Retreat Star

Meena Rasi: 19.02 Tithi 23 – 24

315994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 82

Plava 5123

Gulika 6:33AM – 8:16AM

Revati Until 3:33AM Sat

Ganesha: White

Sunrise: 4:50AM

Yama 3:09PM – 4:52PM

Sobhana Until 8:23AM

Muruqa: Yellow

Sunset: 6:35PM

Rahu 9:59AM – 11:42AM

Taitila Until 1:59AM Sat

Nataraja: Yellow

Moon 6 - Phase 10 - 7

Navami

Moon – Clear

Jyeshtha-Ani

Sivaloka Day

1	Saturday, July 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 8 Sutra 83 Plava 5123
	Mesha Rasi: 1.08	Tithi 24 – 25	Gulika 4:50AM – 6:34AM Yama 1:26PM – 3:09PM Rahu 8:17AM – 10:00AM	Ashvini Until 6:34AM Sun Athiganda* Until 8:56AM Vanija Until 4:13AM Sun Navami* Until 3:02PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – White	Sunrise: 4:50AM Sunset: 6:35PM	Moon 6 - Phase 11 - 8 2nd Phase
	Creative Work	Siddha Yoga	325194461		Jyeshtha-Ani		Devaloka Day


2	Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 9 Sutra 84 Plava 5123
	Mesha Rasi: 13.02	Tithi 25 – 26	Gulika 3:09PM – 4:52PM Yama 11:43AM – 1:26PM Rahu 4:52PM – 6:35PM	Ashvini Until 6:34AM Sukarma Until 9:50AM Bava Until 6:43AM Mon Dashami Until 5:25PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – White	Sunrise: 4:51AM Sunset: 6:35PM	Moon 6 - Phase 11 - 9 2nd Phase
	Creative Work	Siddha Yoga	325194461		Jyeshtha-Ani		Devaloka Day

3	Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Manama, Bahrain Sun 10 Sutra 85 Plava 5123
	Mesha Rasi: 24.52	Tithi 26	Gulika 1:26PM – 3:09PM Yama 10:00AM – 11:43AM Rahu 6:34AM – 8:17AM	Bharani Until 9:39AM Dhriti Until 10:56AM Bava Until 6:43AM Ekadashi* Until 8:00PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – White	Sunrise: 4:51AM Sunset: 6:35PM	Moon 6 - Phase 11 - 10 2nd Phase
	Creative Work	Siddha Yoga	325194461		Jyeshtha-Ani		Devaloka Day

4	Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Manama, Bahrain Sun 11 Sutra 86 Plava 5123
	Vrishabha Rasi: 6.38	Tithi 27	Gulika 11:43AM – 1:26PM Yama 8:17AM – 10:00AM Rahu 3:09PM – 4:52PM	Krittika Until 12:38PM Shula* Until 12:02PM Kaulava Until 9:18AM Dvadashi* Until 10:32PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – White	Sunrise: 4:52AM Sunset: 6:35PM	Moon 6 - Phase 11 - 11 2nd Phase
	Creative Work	Siddha Yoga	425194461		Jyeshtha-Ani		Sivaloka Day

5	Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 12 Sutra 87 Plava 5123
	Vrishabha Rasi: 18.28	Tithi 28	Gulika 10:01AM – 11:43AM Yama 6:35AM – 8:18AM Rahu 11:43AM – 1:26PM	Rohini Until 3:48PM Ganda* Until 1:02PM Gara Until 11:46AM Trayodashi* Until 12:52AM Thu <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Yellow	Sunrise: 4:52AM Sunset: 6:35PM	Moon 6 - Phase 11 - 12 2nd Phase
	Creative Work	Siddha Yoga	435194461		Jyeshtha-Ani		Devaloka Day

6	Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Manama, Bahrain Sun 13 Sutra 88 Plava 5123
	Mithuna Rasi: 0.23	Tithi 29	Gulika 8:18AM – 10:01AM Yama 4:52AM – 6:35AM Rahu 1:26PM – 3:09PM	Mrigashira Until 6:29PM Vridhhi Until 1:49PM Visti Until 1:55PM Chaturdashi* Until 2:50AM Fri	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Yellow	Sunrise: 4:52AM Sunset: 6:35PM	Moon 6 - Phase 11 - 13 2nd Phase
	Routine Work	Marana Yoga	435194461		Jyeshtha-Ani		Devaloka Day

	Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain Sun 14 Sutra 89 Plava 5123
	Retreat Star		Gulika 6:36AM – 8:18AM Yama 3:09PM – 4:52PM Rahu 10:01AM – 11:44AM	Ardra Until 8:36PM Dhruva Until 2:15PM Catuspada Until 3:40PM Amavasya* Until 4:20AM Sat	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Yellow	Sunrise: 4:53AM Sunset: 6:34PM	Moon 6 - Phase 11 - 14 Amavasya
	Creative Work	Siddha Yoga	435194461		Jyeshtha-Ani		Devaloka Day

7	Saturday, July 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain Sun 15 Sutra 90 Plava 5123
	Retreat Star		Gulika 4:53AM – 6:36AM Yama 1:26PM – 3:09PM Rahu 8:19AM – 10:01AM	Punarvasu Until 10:34PM Vyaghata* Until 2:20PM Kintughna Until 4:55PM Prathama* Until 5:21AM Sun	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 4:53AM Sunset: 6:34PM	Moon 6 - Phase 11 - 15 Prathama
	Creative Work	Siddha Yoga	445194461		Ashada-Ani		Devaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Manama, Bahrain Sun 16 Sutra 91
Kataka Rasi: 7.13	Tithi 2	Gulika 3:09PM – 4:52PM	Pushya Until 11:53PM	Ganesha: Red	<i>Sunrise:</i> 4:54AM	Plava 5123
		Yama 11:44AM – 1:26PM	Harshana Until 2:02PM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 12 - 16
445194461	Rahu 4:52PM – 6:34PM		Balava Until 5:41PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 5:52AM Mon	Moon – Blue		Devaloka Day
				Ashada*Ani		

2 Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 17 Sutra 92
Kataka Rasi: 19.55	Tithi 3	Gulika 1:27PM – 3:09PM	Ashlesha* Until 12:35AM Tue	Ganesha: Blue	<i>Sunrise:</i> 4:54AM	Plava 5123
Family Home Evening		Yama 10:02AM – 11:44AM	Vajra* Until 1:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 12 - 17
446194461	Rahu 6:37AM – 8:19AM		Taitila Until 5:58PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:55AM Tue	Moon – Blue		Bhuloka Day
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM

3 Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Manama, Bahrain Sun 18 Sutra 93
Simha Rasi: 2.5	Tithi 4	Gulika 11:44AM – 1:27PM	Magha* Until 1:10AM Wed	Ganesha: Blue	<i>Sunrise:</i> 4:55AM	Plava 5123
		Yama 8:19AM – 10:02AM	Siddhi Until 12:17PM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 6 - Phase 12 - 18
456194461	Rahu 3:09PM – 4:51PM		Vanija Until 5:48PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 5:33AM Wed	Moon – Red		Bhuloka Day
Until 1:10AM Wed				Ashada*Ani		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

4 Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 19 Sutra 94
Simha Rasi: 15.59	Tithi 5	Gulika 10:02AM – 11:44AM	Purvaphalguni Until 1:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 4:55AM	Plava 5123
		Yama 6:37AM – 8:20AM	Vyatipata* Until 10:54AM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 12 - 19
456194461	Rahu 11:44AM – 1:27PM		Bava Until 5:13PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 4:46AM Thu	Moon – Red		Bhuloka Day
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM

5 Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Manama, Bahrain Sun 20 Sutra 95
Simha Rasi: 29.21	Tithi 6	Gulika 8:20AM – 10:02AM	Uttaraphalguni Until 12:41AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Plava 5123
		Yama 4:56AM – 6:38AM	Variyan Until 9:11AM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 12 - 20
456194461	Rahu 1:27PM – 3:09PM		Kaulava Until 4:15PM	Nataraja: Yellow		3rd Phase
Amrita Yoga		Chidambaram Abhishekam	Shashthi* Until 3:37AM Fri	Moon – Red		Bhuloka Day
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM

6 Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 21 Sutra 96
Kanya Rasi: 12.56	Tithi 7	Gulika 6:38AM – 8:20AM	Hasta Until 12:07AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Plava 5123
		Yama 3:09PM – 4:51PM	Parigha* Until 7:11AM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 12 - 21
466194461	Rahu 10:02AM – 11:44AM		Gara Until 2:55PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 2:05AM Sat	Moon – Green		Devaloka Day
Until 12:07AM Sat				Ashada*Adi		
Then Routine Work - Marana Yoga						

☾ Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Manama, Bahrain Sun 22 Sutra 97
Retreat Star		Gulika 4:57AM – 6:39AM	Chitra Until 11:02PM	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	Plava 5123
Kanya Rasi: 26.44	Tithi 8	Yama 1:27PM – 3:09PM	Siddha Until 2:17AM Sun	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 6 - Phase 12 - 22
466195462	Rahu 8:21AM – 10:03AM		Visti Until 1:13PM	Nataraja: White		Ashtami
Routine Work	Marana Yoga		Ashtami* Until 12:13AM Sun	Moon – Green		Subha Sivaloka Day
Until 11:02PM				Ashada*Adi		
Then Creative Work - Siddha Yoga						

☽ Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 23 Sutra 98
Retreat Star		Gulika 3:08PM – 4:50PM	Svati Until 9:30PM	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	Plava 5123
Tula Rasi: 10.44	Tithi 9	Yama 11:45AM – 1:27PM	Sadhya Until 11:25PM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 6 - Phase 12 - 23
466195462	Rahu 4:50PM – 6:32PM		Balava Until 11:10AM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 10:00PM	Moon – Green		Subha Sivaloka Day
Until 9:30PM				Ashada*Adi		
Then Routine Work - Marana Yoga						


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Monday, July 19, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Manama, Bahrain Sun 24 Sutra 99 Plava 5123	
	Tula Rasi: 24.58	Tithi 10	Gulika 1:27PM – 3:08PM	Vishakha Until 7:56PM	Ganesha: Yellow <i>Sunrise: 4:58AM</i>	
Family Home Evening	477195462	Rahu 6:39AM – 8:21AM	Subha Until 8:20PM	Muruqa: White <i>Sunset: 6:32PM</i>	Moon 6 - Phase 13 - 24	4th Phase
Routine Work	Marana Yoga		Taitila Until 8:49AM	Nataraja: White		
Until 7:56PM			Dashami Until 7:31PM	Moon – Orange	Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		

2	Tuesday, July 20, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 100 Plava 5123	
	Vrischika Rasi: 9.23	Tithi 11 – 12	Gulika 11:45AM – 1:26PM	Anuradha Until 6:01PM	Ganesha: Yellow <i>Sunrise: 4:58AM</i>	
477195462		Rahu 3:08PM – 4:50PM	Sukla Until 5:02PM	Muruqa: White <i>Sunset: 6:32PM</i>	Moon 6 - Phase 13 - 25	4th Phase
Creative Work	Siddha Yoga		Vanija Until 6:11AM	Nataraja: White		
Until 6:01PM			Ekadashi Until 4:47PM	Moon – Orange	Subha Sivaloka Day	
Then Routine Work - Marana Yoga				Ashada*Adi		

3	Wednesday, July 21, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 101 Plava 5123	
	Vrischika Rasi: 23.56	Tithi 12 – 13	Gulika 10:03AM – 11:45AM	Jyeshtha* Until 3:49PM	Ganesha: Yellow <i>Sunrise: 4:58AM</i>	
477195462		Rahu 11:45AM – 1:26PM	Brahma Until 1:37PM	Muruqa: White <i>Sunset: 6:31PM</i>	Moon 6 - Phase 13 - 26	4th Phase
Creative Work	Siddha Yoga		Kaulava Until 12:28AM Thu	Nataraja: White		
Until 3:49PM			Dvadashi Until 1:55PM	Moon – Orange	Subha Sivaloka Day	
Then Routine Work - Marana Yoga				Ashada*Adi		
				<i>Pradosha Vrata</i>		

4	Thursday, July 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 102 Plava 5123	
	Dhanus Rasi: 8.32	Tithi 13 – 14	Gulika 8:22AM – 10:03AM	Mula* Until 1:51PM	Ganesha: White <i>Sunrise: 4:59AM</i>	
487195462		Rahu 1:26PM – 3:08PM	Indra Until 10:12AM	Muruqa: White <i>Sunset: 6:31PM</i>	Moon 6 - Phase 13 - 27	4th Phase
Creative Work	Siddha Yoga		Gara Until 9:35PM	Nataraja: White		
			Trayodashi Until 11:00AM	Moon – Light Blue	Subha Subha Sivaloka Day	
				Ashada*Adi		

	Friday, July 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Manama, Bahrain Sutra 103 Plava 5123	
	Dhanus Rasi: 23.07	Tithi 14 – 15	Gulika 6:41AM – 8:22AM	Purvashadha* Until 11:51AM	Ganesha: White <i>Sunrise: 4:59AM</i>	
487195462		Rahu 10:04AM – 11:45AM	Vaidhriti* Until 6:48AM	Muruqa: White <i>Sunset: 6:30PM</i>	Moon 6 - Phase 13 -	Purnima
Routine Work	Prabalarishta Yoga		Visti Until 6:51PM	Nataraja: White		
Until 11:51AM			Chaturdashi* Until 8:10AM	Moon – Light Blue	Subha Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Satguru Purnima		Ashada*Adi		

Silver Retreat Star	Saturday, July 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Manama, Bahrain Sutra 104 Plava 5123	
	Makara Rasi: 7.32	Tithi 16	Gulika 5:00AM – 6:41AM	Uttarashadha Until 9:58AM	Ganesha: White <i>Sunrise: 5:00AM</i>	
487195462		Rahu 8:22AM – 10:04AM	Priti Until 12:41AM Sun	Muruqa: White <i>Sunset: 6:30PM</i>	Moon 6 - Phase 13 -	Prathama
Routine Work	Marana Yoga		Balava Until 4:24PM	Nataraja: White		
Until 9:58AM			Prathama* Until 3:18AM Sun	Moon – Light Blue	Subha Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		



Sunday, July 25, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Tailila/Gara Karana Dvitiyayam Titau

Manama, Bahrain
Sutra 105
Plava 5123
Moon 7 - Phase 14 -
1st Phase

Makara Rasi: 21.44 Tithi 17
498195462
Creative Work Amrita Yoga
Until 8:44AM
Then Routine Work - Marana Yoga

Gulika 3:07PM – 4:48PM
Yama 11:45AM – 1:26PM
Rahu 4:48PM – 6:29PM

Shravana Until 8:44AM
Ayushman Until 10:09PM
Tailila Until 2:22PM
Dvitiya Until 1:32AM Mon

Ganesha: White *Sunrise:* 5:00AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

1

Monday, July 26, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Manama, Bahrain
Sun 1 Sutra 106
Plava 5123
Moon 7 - Phase 14 - 1
1st Phase

Kumbha Rasi: 5.35 Tithi 18
498195462
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:26PM – 3:07PM
Yama 10:04AM – 11:45AM
Rahu 6:42AM – 8:23AM

Dhanishtha Until 7:54AM
Saubhagya Until 8:06PM
Vanija Until 12:54PM
Tritiya Until 12:24AM Tue

Ganesha: White *Sunrise:* 5:01AM
Muruqa: White *Sunset:* 6:29PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

2

Tuesday, July 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthayam Titau

Manama, Bahrain
Sun 2 Sutra 107
Plava 5123
Moon 7 - Phase 14 - 2
1st Phase

Kumbha Rasi: 19.03 Tithi 19
498195462
Routine Work Marana Yoga

Gulika 11:45AM – 1:26PM
Yama 8:23AM – 10:04AM
Rahu 3:07PM – 4:48PM

Shatabhishak Until 7:33AM
Sobhana Until 6:39PM
Bava Until 12:07PM
Chaturthi* Until 11:59PM

Ganesha: White *Sunrise:* 5:01AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

3

Wednesday, July 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Tailila Karana Panchamyam Titau

Manama, Bahrain
Sun 3 Sutra 108
Plava 5123
Moon 7 - Phase 14 - 3
1st Phase

Meena Rasi: 2.07 Tithi 20
418295462
Creative Work Amrita Yoga
Until 8:15AM
Then Creative Work - Siddha Yoga

Gulika 10:04AM – 11:45AM
Yama 6:43AM – 8:23AM
Rahu 11:45AM – 1:26PM

Purvaproshtapada* Until 8:15AM
Athiganda* Until 5:46PM
Kaulava Until 12:05PM
Panchami Until 12:21AM Thu

Ganesha: Yellow *Sunrise:* 5:02AM
Muruqa: White *Sunset:* 6:28PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

4

Thursday, July 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain
Sun 4 Sutra 109
Plava 5123
Moon 7 - Phase 14 - 4
1st Phase

Meena Rasi: 14.49 Tithi 21
418295462
Creative Work Siddha Yoga

Gulika 8:24AM – 10:04AM
Yama 5:02AM – 6:43AM
Rahu 1:26PM – 3:06PM

Uttaraproshtapada Until 9:33AM
Sukarma Until 5:31PM
Gara Until 12:50PM
Shashthi* Until 1:27AM Fri

Ganesha: Yellow *Sunrise:* 5:02AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

5

Friday, July 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Manama, Bahrain
Sun 5 Sutra 110
Plava 5123
Moon 7 - Phase 14 - 5
1st Phase

Meena Rasi: 27.1 Tithi 22
418295462
Creative Work Siddha Yoga
Until 11:23AM
Then Creative Work - Amrita Yoga

Gulika 6:43AM – 8:24AM
Yama 3:06PM – 4:46PM
Rahu 10:04AM – 11:45AM

Revati Until 11:23AM
Dhriti Until 5:48PM
Visti Until 2:17PM
Saptami Until 3:13AM Sat

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: White *Sunset:* 6:27PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

6

Saturday, July 31, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain
Sun 6 Sutra 111
Plava 5123
Moon 7 - Phase 14 - 6
Ashtami

Mesha Rasi: 9.16 Tithi 23
428215462
Creative Work Siddha Yoga

Gulika 5:04AM – 6:44AM
Yama 1:25PM – 3:06PM
Rahu 8:24AM – 10:05AM

Ashvini Until 2:07PM
Shula* Until 6:30PM
Balava Until 4:19PM
Ashtami* Until 5:28AM Sun

Ganesha: Blue *Sunrise:* 5:04AM
Muruqa: White *Sunset:* 6:26PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Subha Sivaloka Day

Sunday, August 1, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda* Yoga Tailila Karana Navamyam Titau

Manama, Bahrain
Sun 7 Sutra 112
Plava 5123
Moon 7 - Phase 14 - 7
Navami

Mesha Rasi: 21.11 Tithi 24
429215462
Routine Work Prabalarishta Yoga
Until 5:05PM
Then Creative Work - Siddha Yoga

Gulika 3:05PM – 4:45PM
Yama 11:45AM – 1:25PM
Rahu 4:45PM – 6:26PM

Bharani Until 5:05PM
Ganda* Until 7:28PM
Tailila Until 6:43PM
Navami* Until 7:58AM Mon

Ganesha: Red *Sunrise:* 5:04AM
Muruqa: White *Sunset:* 6:26PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

Monday, August 2, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
		Krittika Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 8 Sutra 113	
1		Gulika 1:25PM – 3:05PM	Krittika Until 8:01PM	Ganesha: Red	Sunrise: 5:05AM
Vrishabha Rasi: 3.01	Tithi 24 – 25	Yama 10:05AM – 11:45AM	Vridhhi Until 8:34PM	Muruqa: White	Sunset: 6:25PM
Family Home Evening	429215462	Rahu 6:45AM – 8:25AM	Vanija Until 9:16PM	Nataraja: White	Moon 7 - Phase 15 - 8
Routine Work	Marana Yoga		Navami* Until 7:58AM	Moon – White	2nd Phase
Until 8:01PM				Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Ashada-Adi	

Tuesday, August 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Manama, Bahrain	
		Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 9 Sutra 114	
2		Gulika 11:45AM – 1:25PM	Rohini Until 11:12PM	Ganesha: Green	Sunrise: 5:05AM
Vrishabha Rasi: 14.49	Tithi 25 – 26	Yama 8:25AM – 10:05AM	Dhruva Until 9:32PM	Muruqa: White	Sunset: 6:24PM
439215462		Rahu 3:04PM – 4:44PM	Bava Until 11:43PM	Nataraja: White	Moon 7 - Phase 15 - 9
Creative Work	Amrita Yoga		Dashami Until 10:30AM	Moon – Yellow	2nd Phase
Until 11:12PM				Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada-Adi	

Wednesday, August 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Manama, Bahrain	
		Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 10 Sutra 115	
3		Gulika 10:05AM – 11:45AM	Mrigashira Until 1:54AM Thu	Ganesha: Green	Sunrise: 5:05AM
Vrishabha Rasi: 26.42	Tithi 26 – 27	Yama 6:45AM – 8:25AM	Vyaghata* Until 10:18PM	Muruqa: White	Sunset: 6:24PM
439215462		Rahu 11:45AM – 1:24PM	Kaulava Until 1:49AM Thu	Nataraja: White	Moon 7 - Phase 15 - 10
Creative Work	Siddha Yoga		Ekadashi* Until 12:48PM	Moon – Yellow	2nd Phase
Until 1:54AM Thu				Sivaloka Day	
Then Routine Work - Marana Yoga				Ashada-Adi	

Thursday, August 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam		Manama, Bahrain	
		Ardra Nakshatra Harshana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11 Sutra 116	
4		Gulika 8:25AM – 10:05AM	Ardra Until 3:57AM Fri	Ganesha: Green	Sunrise: 5:06AM
Mithuna Rasi: 8.43	Tithi 27 – 28	Yama 5:06AM – 6:46AM	Harshana Until 10:42PM	Muruqa: White	Sunset: 6:23PM
439215462		Rahu 1:24PM – 3:04PM	Gara Until 3:26AM Fri	Nataraja: White	Moon 7 - Phase 15 - 11
Routine Work	Marana Yoga		Dvadashi* Until 2:40PM	Moon – Yellow	2nd Phase
Until 3:57AM Fri				Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada-Adi	
<i>Pradosha Vrata (Fasting)</i>					

Friday, August 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Manama, Bahrain	
		Punarvasu Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 117	
5		Gulika 6:46AM – 8:25AM	Punarvasu Until 5:46AM Sat	Ganesha: White	Sunrise: 5:06AM
Mithuna Rasi: 20.58	Tithi 28 – 29	Yama 3:03PM – 4:43PM	Vajra* Until 10:38PM	Muruqa: White	Sunset: 6:22PM
449215462		Rahu 10:05AM – 11:44AM	Visti Until 4:28AM Sat	Nataraja: White	Moon 7 - Phase 15 - 12
Creative Work	Siddha Yoga		Trayodashi* Until 4:00PM	Moon – Blue	2nd Phase
				Sivaloka Day	
				Ashada-Adi	

Saturday, August 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Manama, Bahrain	
		Pushya Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13 Sutra 118	
6		Gulika 5:07AM – 6:46AM	Pushya Until 6:50AM Sun	Ganesha: White	Sunrise: 5:07AM
Kataka Rasi: 3.26	Tithi 29 – 30	Yama 1:24PM – 3:03PM	Siddhi Until 10:07PM	Muruqa: White	Sunset: 6:21PM
449215462		Rahu 8:26AM – 10:05AM	Catuspada Until 4:54AM Sun	Nataraja: White	Moon 7 - Phase 15 - 13
Creative Work	Siddha Yoga		Chaturdashi* Until 4:44PM	Moon – Blue	2nd Phase
				Sivaloka Day	
				Ashada-Adi	

Sunday, August 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Manama, Bahrain	
		Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 119	
Retreat Star		Gulika 3:02PM – 4:42PM	Pushya Until 6:50AM	Ganesha: White	Sunrise: 5:07AM
Kataka Rasi: 16.13	Tithi 30 – 1	Yama 11:44AM – 1:23PM	Vyatipata* Until 9:08PM	Muruqa: White	Sunset: 6:21PM
449215462		Rahu 4:42PM – 6:21PM	Kintughna Until 4:45AM Mon	Nataraja: White	Moon 7 - Phase 15 - 14
Creative Work	Siddha Yoga		Amavasya* Until 4:52PM	Moon – Blue	Amavasya
				Sivaloka Day	
				Ashada-Adi	

Monday, August 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain	
		Ashlesha*/Magha* Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 120	
Retreat Star		Gulika 1:23PM – 3:02PM	Ashlesha* Until 7:11AM	Ganesha: Light Blue	Sunrise: 5:08AM
Kataka Rasi: 29.15	Tithi 1 – 2	Yama 10:05AM – 11:44AM	Variyan Until 7:43PM	Muruqa: White	Sunset: 6:20PM
441215462		Rahu 6:47AM – 8:26AM	Balava Until 4:06AM Tue	Nataraja: White	Moon 7 - Phase 15 - 15
Creative Work	Siddha Yoga		Prathama* Until 4:28PM	Moon – Blue	Prathama
Until 7:11AM				Sivaloka Day	
Then Routine Work - Marana Yoga				Sravana-Adi	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

times are standard time. Calculated for Manama, Bahrain on 5/23

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1		Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Trililyayam Titau		Manama, Bahrain Sun 16 Sutra 121 Plava 5123	
Simha Rasi: 12.34	Tithi 2 - 3	Gulika 11:44AM - 1:23PM	Magha* Until 7:22AM	Ganesha: Purple	Sunrise: 5:08AM	Moon 7 - Phase 16 - 16	3rd Phase
451215462	Rahu 3:02PM - 4:40PM	Yama 8:26AM - 10:05AM	Parigha* Until 5:57PM	Muruqa: White	Sunset: 6:19PM	Sivaloka Day	
Creative Work	Siddha Yoga		Taitila Until 3:03AM Wed	Nataraja: White			
			Dvitiya Until 3:36PM	Moon - Red			
				Sravana-Adi			
2		Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trililya/Chaturtham Titau		Manama, Bahrain Sun 17 Sutra 122 Plava 5123	
Simha Rasi: 26.05	Tithi 3 - 4	Gulika 10:05AM - 11:44AM	Purvaphalguni Until 7:00AM	Ganesha: Purple	Sunrise: 5:09AM	Moon 7 - Phase 16 - 17	3rd Phase
451215462	Rahu 11:44AM - 1:22PM	Yama 6:48AM - 8:26AM	Shiva Until 3:55PM	Muruqa: White	Sunset: 6:18PM	Sivaloka Day	
Creative Work	Amrita Yoga		Vanija Until 1:41AM Thu	Nataraja: White			
			Tritiya Until 2:23PM	Moon - Red			
				Sravana-Adi			
3		Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau		Manama, Bahrain Sun 18 Sutra 123 Plava 5123	
Kanya Rasi: 9.48	Tithi 4 - 5	Gulika 8:26AM - 10:05AM	Uttaraphalguni Until 6:11AM	Ganesha: Purple	Sunrise: 5:09AM	Moon 7 - Phase 16 - 18	3rd Phase
451215462	Rahu 1:22PM - 3:01PM	Yama 5:09AM - 6:48AM	Siddha Until 1:38PM	Muruqa: White	Sunset: 6:18PM	Sivaloka Day	
Amrita Yoga			Bava Until 12:04AM Fri	Nataraja: White			
Until 6:11AM			Chaturthi* Until 12:53PM	Moon - Red			
Then Routine Work - Marana Yoga		Nag Panchami		Sravana-Adi			
4		Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Manama, Bahrain Sun 19 Sutra 124 Plava 5123	
Kanya Rasi: 23.39	Tithi 5 - 6	Gulika 6:48AM - 8:27AM	Chitra Until 4:23AM Sat	Ganesha: Clear	Sunrise: 5:10AM	Moon 7 - Phase 16 - 19	3rd Phase
461215462	Rahu 10:05AM - 11:43AM	Yama 3:00PM - 4:38PM	Sadhya Until 11:12AM	Muruqa: White	Sunset: 6:17PM	Subha Sivaloka Day	
Creative Work	Siddha Yoga		Kaulava Until 10:17PM	Nataraja: White			
			Panchami Until 11:11AM	Moon - Green			
				Sravana-Adi			
5		Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Manama, Bahrain Sun 20 Sutra 125 Plava 5123	
Tula Rasi: 8	Tithi 6 - 7	Gulika 5:10AM - 6:49AM	Svati Until 3:03AM Sun	Ganesha: Clear	Sunrise: 5:10AM	Moon 7 - Phase 16 - 20	3rd Phase
461215462	Rahu 8:27AM - 10:05AM	Yama 1:21PM - 3:00PM	Subha Until 8:39AM	Muruqa: White	Sunset: 6:16PM	Subha Sivaloka Day	
Creative Work	Siddha Yoga		Gara Until 8:22PM	Nataraja: White			
Until 3:03AM Sun			Shashthi* Until 9:19AM	Moon - Green			
Then Routine Work - Marana Yoga				Sravana-Adi			
Retreat Star		Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau		Manama, Bahrain Sun 21 Sutra 126 Plava 5123	
Tula Rasi: 21.38	Tithi 7 - 8	Gulika 2:59PM - 4:37PM	Vishakha Until 1:54AM Mon	Ganesha: White	Sunrise: 5:11AM	Moon 7 - Phase 16 - 21	Ashtami
471215462	Rahu 4:37PM - 6:15PM	Yama 11:43AM - 1:21PM	Brahma Until 3:13AM Mon	Muruqa: White	Sunset: 6:15PM	Sivaloka Day	
Routine Work	Marana Yoga		Vistit Until 6:20PM	Nataraja: White			
Until 1:54AM Mon			Saptami Until 7:21AM	Moon - Orange			
Then Creative Work - Siddha Yoga				Sravana-Adi			
Retreat Star		Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 22 Sutra 127 Plava 5123	
Vrischika Rasi: 5.44	Tithi 9	Gulika 1:21PM - 2:59PM	Anuradha Until 12:31AM Tue	Ganesha: White	Sunrise: 5:11AM	Moon 7 - Phase 16 - 22	Navami
471215462	Rahu 6:49AM - 8:27AM	Yama 10:05AM - 11:43AM	Indra Until 12:25AM Tue	Muruqa: White	Sunset: 6:14PM	Sivaloka Day	
Family Home Evening			Balava Until 4:12PM	Nataraja: White			
Creative Work	Siddha Yoga		Navami* Until 3:05AM Tue	Moon - Orange			
Until 12:31AM Tue				Sravana-Avani			
Then Routine Work - Marana Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

times are standard time. Calculated for Manama, Bahrain on 5/23

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Tuesday, August 24, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthpada*Uttaraprosarthpada Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 135

Plava 5123

Kumbha Rasi: 27.13 Tithi 17 - 18

512315462

Gulika

11:41AM - 1:17PM

Yama

8:28AM - 10:04AM

Rahu

2:54PM - 4:30PM

Purvaprosarthpada* Until 5:14PM

Dhriti Until 3:22AM Wed

Vanija Until 1:36AM Wed

Dvitiya Until 1:33PM

Ganesha: Yellow

Sunrise: 5:15AM

Muruqa: White

Sunset: 6:07PM

Nataraja: White

Moon - Clear

Subha Sivaloka Day

Routine Work Marana Yoga

Until 5:14PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthpada Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 136

Plava 5123

Meena Rasi: 10.1 Tithi 18 - 19

512315462

Gulika

10:04AM - 11:41AM

Yama

6:52AM - 8:28AM

Rahu

11:41AM - 1:17PM

Uttaraprosarthpada Until 6:15PM

Shula* Until 2:51AM Thu

Bava Until 2:12AM Thu

Tritiya Until 1:47PM

Ganesha: Yellow

Sunrise: 5:15AM

Muruqa: White

Sunset: 6:06PM

Nataraja: White

Moon - Clear

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:15PM

Then Routine Work - Marana Yoga

2

Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 137

Plava 5123

Meena Rasi: 22.47 Tithi 19 - 20

512315462

Gulika

8:28AM - 10:04AM

Yama

5:16AM - 6:52AM

Rahu

1:16PM - 2:53PM

Revati Until 7:47PM

Ganda* Until 2:52AM Fri

Kaulava Until 3:28AM Fri

Chaturthi* Until 2:44PM

Ganesha: Yellow

Sunrise: 5:16AM

Muruqa: White

Sunset: 6:05PM

Nataraja: White

Moon - Clear

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 7:47PM

Then Creative Work - Amrita Yoga

3

Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 138

Plava 5123

Mesha Rasi: 5.07 Tithi 20 - 21

522315462

Gulika

6:52AM - 8:28AM

Yama

2:52PM - 4:28PM

Rahu

10:04AM - 11:40AM

Ashvini Until 10:16PM

Vriddhi Until 3:22AM Sat

Gara Until 5:22AM Sat

Panchami Until 4:20PM

Ganesha: White

Sunrise: 5:16AM

Muruqa: White

Sunset: 6:04PM

Nataraja: White

Moon - White

Sivaloka Day

Creative Work Amrita Yoga

Until 10:16PM

Then Creative Work - Siddha Yoga

4

Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 5 Sutra 139

Plava 5123

Mesha Rasi: 17.11 Tithi 21

522315463

Gulika

5:17AM - 6:52AM

Yama

1:16PM - 2:51PM

Rahu

8:28AM - 10:04AM

Bharani Until 1:04AM Sun

Dhruva Until 4:12AM Sun

Vanija Until 6:28PM

Shashthi* Until 6:28PM

Ganesha: White

Sunrise: 5:17AM

Muruqa: White

Sunset: 6:03PM

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, August 29, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 6 Sutra 140

Plava 5123

Mesha Rasi: 29.05 Tithi 22

522315463

Gulika

2:51PM - 4:26PM

Yama

11:39AM - 1:15PM

Rahu

4:26PM - 6:02PM

Krittika Until 3:57AM Mon

Vyaghata* Until 5:13AM Mon

Visti Until 7:42AM

Saptami Until 8:56PM

Ganesha: White

Sunrise: 5:17AM

Muruqa: White

Sunset: 6:02PM

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Until 3:57AM Mon

Then Creative Work - Amrita Yoga

D

Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 7 Sutra 141

Plava 5123

Vrishabha Rasi: 10.55 Tithi 23

532315463

Gulika

1:15PM - 2:50PM

Yama

10:04AM - 11:39AM

Rahu

6:53AM - 8:28AM

Rohini Until 7:12AM Tue

Harshana Until 6:16AM Tue

Balava Until 10:15AM

Ashtami* Until 11:30PM

Ganesha: Clear

Sunrise: 5:17AM

Muruqa: White

Sunset: 6:01PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 7:12AM Tue

Then Creative Work - Siddha Yoga

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 8 Sutra 142

Plava 5123

Vrishabha Rasi: 22.44 Tithi 24

532315463

Gulika

11:39AM - 1:14PM

Yama

8:28AM - 10:04AM

Rahu

2:49PM - 4:25PM

Rohini Until 7:12AM

Harshana Until 6:16AM

Taitila Until 12:45PM

Navami* Until 1:53AM Wed

Ganesha: Clear

Sunrise: 5:18AM

Muruqa: White

Sunset: 6:00PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 7:12AM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

times are standard time. Calculated for Manama, Bahrain on 5/23

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1		Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra /Siddhi Yoga Vanja/Visti* Karana Dashamyam Titau	Manama, Bahrain Sun 9 Sutra 143 Plava 5123
Mithuna Rasi: 4.38	Tithi 25	Gulika 10:03AM – 11:39AM	Mrigashira Until 10:02AM	Ganesha: Orange Sunrise: 5:18AM	Moon 8 - Phase 19 - 9
		Yama 6:53AM – 8:28AM	Vajra* Until 7:06AM	Muruqa: White Sunset: 5:59PM	2nd Phase
		533315463 Rahu 11:39AM – 1:14PM	Vanija Until 2:58PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Dashami Until 3:52AM Thu	Moon – Yellow	Sivaloka Day
				Sravana-Avani	
2		Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau	Manama, Bahrain Sun 10 Sutra 144 Plava 5123
Mithuna Rasi: 16.43	Tithi 26	Gulika 8:28AM – 10:03AM	Ardra Until 12:15PM	Ganesha: Orange Sunrise: 5:19AM	Moon 8 - Phase 19 - 10
		Yama 5:19AM – 6:54AM	Siddhi Until 7:36AM	Muruqa: White Sunset: 5:58PM	2nd Phase
		533315463 Rahu 1:13PM – 2:48PM	Bava Until 4:39PM	Nataraja: Clear	
Routine Work	Marana Yoga		Ekdashi* Until 5:14AM Fri	Moon – Yellow	Sivaloka Day
Until 12:15PM				Sravana-Avani	
Then Creative Work - Amrita Yoga					
3		Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvadashtyam Titau	Manama, Bahrain Sun 11 Sutra 145 Plava 5123
Mithuna Rasi: 29.03	Tithi 27	Gulika 6:54AM – 8:29AM	Punarvasu Until 2:10PM	Ganesha: Light Blue Sunrise: 5:19AM	Moon 8 - Phase 19 - 11
		Yama 2:47PM – 4:22PM	Vyatipata* Until 7:38AM	Muruqa: White Sunset: 5:57PM	2nd Phase
		533315463 Rahu 10:03AM – 11:38AM	Kaulava Until 5:41PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Dvadashti* Until 5:55AM Sat	Moon – Blue	Devaloka Day
Until 2:10PM				Sravana-Avani	
Then Routine Work - Marana Yoga					
4		Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Gara Karana Trayodashyam Titau	Manama, Bahrain Sun 12 Sutra 146 Plava 5123
Kataka Rasi: 11.42	Tithi 28	Gulika 5:20AM – 6:54AM	Pushya Until 3:14PM	Ganesha: Light Blue Sunrise: 5:20AM	Moon 8 - Phase 19 - 12
		Yama 1:12PM – 2:47PM	Variyan Until 7:05AM	Muruqa: White Sunset: 5:56PM	2nd Phase
		533315463 Rahu 8:29AM – 10:03AM	Gara Until 6:00PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Trayodashi* Until 5:53AM Sun	Moon – Blue	Devaloka Day
Until 3:14PM				Sravana-Avani	
Then Routine Work - Marana Yoga			Pradosha Vrata (Fasting)		
5		Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Manama, Bahrain Sun 13 Sutra 147 Plava 5123
Kataka Rasi: 24.41	Tithi 29	Gulika 2:46PM – 4:20PM	Ashlesha* Until 3:28PM	Ganesha: Light Blue Sunrise: 5:20AM	Moon 8 - Phase 19 - 13
		Yama 11:37AM – 1:12PM	Parigha* Until 6:00AM	Muruqa: White Sunset: 5:54PM	2nd Phase
		533315463 Rahu 4:20PM – 5:54PM	Visti Until 5:37PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Chaturdashi* Until 5:10AM Mon	Moon – Blue	Devaloka Day
Until 3:28PM				Sravana-Avani	
Then Routine Work - Marana Yoga					
Monday, September 6, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Manama, Bahrain Sun 14 Sutra 148 Plava 5123
Simha Rasi: 8.02	Tithi 30	Gulika 1:11PM – 2:45PM	Magha* Until 3:22PM	Ganesha: Purple Sunrise: 5:20AM	Moon 8 - Phase 19 - 14
Family Home Evening		Yama 10:03AM – 11:37AM	Siddha Until 2:18AM Tue	Muruqa: White Sunset: 5:53PM	Amavasya
		533315463 Rahu 6:55AM – 8:29AM	Catuspada Until 4:37PM	Nataraja: Clear	
Routine Work	Marana Yoga		Amavasya* Until 3:53AM Tue	Moon – Red	Devaloka Day
Until 3:22PM				Sravana-Avani	
Then Creative Work - Siddha Yoga					
Tuesday, September 7, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau	Manama, Bahrain Sun 15 Sutra 149 Plava 5123
Simha Rasi: 21.41	Tithi 1	Gulika 11:37AM – 1:10PM	Purvaphalguni Until 2:35PM	Ganesha: Purple Sunrise: 5:21AM	Moon 8 - Phase 19 - 15
		Yama 8:29AM – 10:03AM	Sadhya Until 11:50PM	Muruqa: White Sunset: 5:52PM	Prathama
		533315463 Rahu 2:44PM – 4:18PM	Kintughna Until 3:05PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 2:09AM Wed	Moon – Red	Devaloka Day
Until 2:35PM				Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Manama, Bahrain Sun 16 Sutra 150 Plava 5123
	Kanya Rasi: 5.38	Tithi 2	Gulika 10:02AM – 11:36AM	Uttaraphalguni Until 1:17PM	Ganesha: Purple	<i>Sunrise:</i> 5:21AM	
			Yama 6:55AM – 8:29AM	Subha Until 9:06PM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 20 - 16
		563315463	Rahu 11:36AM – 1:10PM	Balava Until 1:10PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 12:04AM Thu	Bhadrapada-Avani	Devaloka Day		
Until 1:17PM							
Then Routine Work - Marana Yoga							

2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 17 Sutra 151 Plava 5123
	Kanya Rasi: 19.46	Tithi 3	Gulika 8:29AM – 10:02AM	Hasta Until 11:59AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:22AM	
			Yama 5:22AM – 6:55AM	Sukla Until 6:09PM	Muruqa: White	<i>Sunset:</i> 5:50PM	Moon 8 - Phase 20 - 17
		563315463	Rahu 1:09PM – 2:43PM	Taitila Until 10:58AM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Tritiya Until 9:48PM	Bhadrapada-Avani	Devaloka Day		
Until 11:59AM							
Then Creative Work - Siddha Yoga							

3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthiyam Titau				Manama, Bahrain Sun 18 Sutra 152 Plava 5123
	Tula Rasi: 4.01	Tithi 4	Gulika 6:55AM – 8:29AM	Chitra Until 10:25AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:22AM	
			Yama 2:42PM – 4:16PM	Brahma Until 3:08PM	Muruqa: White	<i>Sunset:</i> 5:49PM	Moon 8 - Phase 20 - 18
		563315463	Rahu 10:02AM – 11:36AM	Vanija Until 8:38AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Ganesha Chaturthi	Chaturthi* Until 7:26PM	Bhadrapada-Avani	Devaloka Day	

4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau				Manama, Bahrain Sun 19 Sutra 153 Plava 5123
	Tula Rasi: 18.19	Tithi 5 – 6	Gulika 5:22AM – 6:56AM	Svati Until 8:40AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:22AM	
			Yama 1:08PM – 2:42PM	Indra Until 12:07PM	Muruqa: White	<i>Sunset:</i> 5:48PM	Moon 8 - Phase 20 - 19
		563315463	Rahu 8:29AM – 10:02AM	Bava Until 6:16AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 5:04PM	Bhadrapada-Avani	Devaloka Day		

5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 154 Plava 5123
	Vrischika Rasi: 2.35	Tithi 6 – 7	Gulika 2:41PM – 4:14PM	Vishakha Until 7:15AM	Ganesha: Orange	<i>Sunrise:</i> 5:23AM	
			Yama 11:35AM – 1:08PM	Vaidhriti* Until 9:08AM	Muruqa: White	<i>Sunset:</i> 5:47PM	Moon 8 - Phase 20 - 20
		573315463	Rahu 4:14PM – 5:47PM	Gara Until 1:42AM Mon	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Grandparent's Day	Shashthi* Until 2:47PM	Bhadrapada-Avani	Sivaloka Day	

Monday	September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 155 Plava 5123
	Retreat Star		Gulika 1:07PM – 2:40PM	Jyeshtha* Until 4:22AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:23AM	
	Vrischika Rasi: 16.46	Tithi 7 – 8	Yama 10:02AM – 11:34AM	Vishkambha* Until 6:14AM	Muruqa: White	<i>Sunset:</i> 5:46PM	Moon 8 - Phase 20 - 21
	Family Home Evening		Rahu 6:56AM – 8:29AM	Visti Until 11:37PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Saptami Until 12:37PM	Bhadrapada-Avani	Sivaloka Day		
Until 4:22AM Tue							
Then Creative Work - Amrita Yoga							

Tuesday	September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 22 Sutra 156 Plava 5123
	Retreat Star		Gulika 11:34AM – 1:07PM	Mula* Until 3:22AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:24AM	
	Dhanus Rasi: 0.52	Tithi 8 – 9	Yama 8:29AM – 10:01AM	Ayushman Until 12:50AM Wed	Muruqa: White	<i>Sunset:</i> 5:45PM	Moon 8 - Phase 20 - 22
		583315463	Rahu 2:39PM – 4:12PM	Balava Until 9:41PM	Nataraja: Clear		Navami
Creative Work Amrita Yoga			Ashtami* Until 10:36AM	Bhadrapada-Avani	Devaloka Day		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda


1	Wednesday, September 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 23 Sutra 157 Plava 5123	
	Dhanus Rasi: 14.51	Tithi 9 – 10	Gulika 10:01AM – 11:34AM Yama 6:56AM – 8:29AM Rahu 11:34AM – 1:06PM	Purvashadha* Until 2:24AM Thu Saubhagya Until 10:20PM Taitila Until 7:56PM Navami* Until 8:46AM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – Light Blue Bhadrapada-Avani	Sunrise: 5:24AM Sunset: 5:43PM	Moon 8 - Phase 21 - 23 4th Phase Devaloka Day	
Creative Work Amrita Yoga Until 2:24AM Thu Then Routine Work - Marana Yoga								


2	Thursday, September 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 158 Plava 5123	
	Dhanus Rasi: 28.44	Tithi 10 – 11	Gulika 8:29AM – 10:01AM Yama 5:24AM – 6:57AM Rahu 1:06PM – 2:38PM	Uttarashadha Until 1:29AM Fri Sobhana Until 8:00PM Vanija Until 6:22PM Dashami Until 7:06AM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – Light Blue Bhadrapada-Puratasi	Sunrise: 5:24AM Sunset: 5:42PM	Moon 8 - Phase 21 - 24 4th Phase Devaloka Day	
Routine Work Marana Yoga								

3	Friday, September 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Athiganda/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 159 Plava 5123	
	Makara Rasi: 12.29	Tithi 12	Gulika 6:57AM – 8:29AM Yama 2:37PM – 4:09PM Rahu 10:01AM – 11:33AM	Shravana Until 1:05AM Sat Athiganda* Until 5:49PM Bava Until 5:01PM Dvadashi Until 4:25AM Sat	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Purple Bhadrapada-Puratasi	Sunrise: 5:25AM Sunset: 5:41PM	Moon 8 - Phase 21 - 25 4th Phase Sivaloka Day	
Routine Work Marana Yoga Until 1:05AM Sat Then Creative Work - Siddha Yoga								

4	Saturday, September 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 160 Plava 5123	
	Makara Rasi: 26.05	Tithi 13	Gulika 5:25AM – 6:57AM Yama 1:05PM – 2:36PM Rahu 8:29AM – 10:01AM	Dhanishtha Until 12:50AM Sun Sukarma Until 3:52PM Kaulava Until 3:56PM Trayodashi Until 3:30AM Sun	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Purple Bhadrapada-Puratasi	Sunrise: 5:25AM Sunset: 5:40PM	Moon 8 - Phase 21 - 26 4th Phase Sivaloka Day	
Creative Work Siddha Yoga			<i>Pradosha Vrata</i>					

5	Sunday, September 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 161 Plava 5123	
	Kumbha Rasi: 9.32	Tithi 14	Gulika 2:36PM – 4:07PM Yama 11:32AM – 1:04PM Rahu 4:07PM – 5:39PM	Shatabhishak Until 12:47AM Mon Dhriti Until 2:12PM Gara Until 3:12PM Chaturdashi* Until 2:58AM Mon	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Purple Bhadrapada-Puratasi	Sunrise: 5:26AM Sunset: 5:39PM	Moon 8 - Phase 21 - 27 4th Phase Sivaloka Day	
Creative Work Siddha Yoga Until 12:47AM Mon Then Routine Work - Marana Yoga			Chidambaram Abhishekam					

	Monday, September 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain Sutra 162 Plava 5123	
	Kumbha Rasi: 22.46	Tithi 15	Gulika 1:03PM – 2:35PM Yama 10:00AM – 11:32AM Rahu 6:58AM – 8:29AM	Purvaproshtapada* Until 1:29AM Tue Shula* Until 12:50PM Visti Until 2:53PM Purnima* Until 2:53AM Tue	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Bhadrapada-Puratasi	Sunrise: 5:26AM Sunset: 5:38PM	Moon 8 - Phase 21 - Purnima Sivaloka Day	
Family Home Evening Routine Work Marana Yoga Until 1:29AM Tue Then Creative Work - Amrita Yoga								

	Tuesday, September 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sutra 163 Plava 5123	
	Meena Rasi: 5.44	Tithi 16	Gulika 11:32AM – 1:03PM Yama 8:29AM – 10:00AM Rahu 2:34PM – 4:05PM	Uttaraproshtapada Until 2:33AM Wed Ganda* Until 11:52AM Balava Until 3:03PM Prathama* Until 3:20AM Wed	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Bhadrapada-Puratasi	Sunrise: 5:26AM Sunset: 5:37PM	Moon 8 - Phase 21 - Prathama Sivaloka Day	
Creative Work Amrita Yoga Until 2:33AM Wed Then Routine Work - Marana Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Manama, Bahrain

Sutra 164

Plava 5123

Meena Rasi: 18.28 Tithi 17

Gulika 10:00AM – 11:31AM
Yama 6:58AM – 8:29AM
Rahu 11:31AM – 1:02PM

Revati Until 4:01AM Thu
Vriddhi Until 11:20AM
Tailila Until 3:48PM
Dvitiya Until 4:22AM Thu

Ganesha: Red Sunrise: 5:27AM
Muruqa: White Sunset: 5:36PM
Nataraja: Clear
Moon – Clear

Moon 9 - Phase 22 - 1st Phase

Sivaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 4:01AM Thu

Then Creative Work - Amrita Yoga

1 Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 165

Plava 5123

Mesha Rasi: 0.56 Tithi 18

Gulika 8:29AM – 10:00AM
Yama 5:27AM – 6:58AM
Rahu 1:02PM – 2:33PM

Ashvini Until 6:22AM Fri
Dhruva Until 11:14AM
Vanija Until 5:08PM
Tritiya Until 5:59AM Fri

Ganesha: Green Sunrise: 5:27AM
Muruqa: White Sunset: 5:35PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 22 - 1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 6:22AM Fri

Then Creative Work - Siddha Yoga

2 Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Bava Karana Chaturthayam Titau

Manama, Bahrain

Sun 2 Sutra 166

Plava 5123

Mesha Rasi: 13.08 Tithi 19

Gulika 6:58AM – 8:29AM
Yama 2:32PM – 4:03PM
Rahu 10:00AM – 11:31AM

Ashvini Until 6:22AM
Vyaghata* Until 11:35AM
Bava Until 7:01PM
Chaturthi* Until 8:07AM Sat

Ganesha: Green Sunrise: 5:28AM
Muruqa: White Sunset: 5:33PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 22 - 2 1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 6:22AM

Then Creative Work - Siddha Yoga

3 Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 167

Plava 5123

Mesha Rasi: 25.09 Tithi 19 – 20

Gulika 5:28AM – 6:59AM
Yama 1:01PM – 2:31PM
Rahu 8:29AM – 10:00AM

Bharani Until 9:02AM
Harshana Until 12:19PM
Kaulava Until 9:21PM
Chaturthi* Until 8:07AM

Ganesha: Green Sunrise: 5:28AM
Muruqa: White Sunset: 5:32PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 22 - 3 1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 9:02AM

Then Creative Work - Amrita Yoga

4 Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 168

Plava 5123

Vrishabha Rasi: 7.01 Tithi 20 – 21

Gulika 2:31PM – 4:01PM
Yama 11:30AM – 1:00PM
Rahu 4:01PM – 5:31PM

Krittika Until 11:52AM
Vajra* Until 1:16PM
Gara Until 11:57PM
Panchami Until 10:36AM

Ganesha: Green Sunrise: 5:29AM
Muruqa: White Sunset: 5:31PM
Nataraja: Clear
Moon – White

Moon 9 - Phase 22 - 4 1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

5 Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Manama, Bahrain

Sun 5 Sutra 169

Plava 5123

Vrishabha Rasi: 18.49 Tithi 21 – 22

Gulika 1:00PM – 2:30PM
Yama 9:59AM – 11:30AM
Rahu 6:59AM – 8:29AM

Rohini Until 3:11PM
Siddhi Until 2:19PM
Visti Until 2:34AM Tue
Shashthi* Until 1:15PM

Ganesha: Green Sunrise: 5:29AM
Muruqa: White Sunset: 5:30PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 22 - 5 1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

6 Tuesday, September 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 170

Plava 5123

Mithuna Rasi: 0.37 Tithi 22 – 23

Gulika 11:29AM – 12:59PM
Yama 8:29AM – 9:59AM
Rahu 2:29PM – 3:59PM

Mrigashira Until 6:13PM
Vyatipata* Until 3:19PM
Balava Until 4:59AM Wed
Saptami Until 3:48PM

Ganesha: White Sunrise: 5:29AM
Muruqa: White Sunset: 5:29PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 22 - 6 1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 6:13PM

Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 7 Sutra 171

Plava 5123

Mithuna Rasi: 12.31 Tithi 23

Gulika 9:59AM – 11:29AM
Yama 7:00AM – 8:29AM
Rahu 11:29AM – 12:59PM

Ardra Until 8:44PM
Variyan Until 4:01PM
Kaulava Until 6:00PM
Ashtami* Until 6:00PM

Ganesha: White Sunrise: 5:30AM
Muruqa: White Sunset: 5:28PM
Nataraja: Clear
Moon – Yellow

Moon 9 - Phase 22 - 7 Ashtami

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Thursday, September 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Navamyam Titau

Manama, Bahrain

Sun 8 Sutra 172

Plava 5123

Mithuna Rasi: 24.36 Tithi 24

Gulika 8:29AM – 9:59AM
Yama 5:30AM – 7:00AM
Rahu 12:58PM – 2:28PM

Punarvasu Until 11:01PM
Parigha* Until 4:19PM
Tailila Until 6:55AM
Navami* Until 7:38PM

Ganesha: Clear Sunrise: 5:30AM
Muruqa: White Sunset: 5:27PM
Nataraja: Clear
Moon – Blue

Moon 9 - Phase 22 - 8 Navami

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

times are standard time. Calculated for Manama, Bahrain on 5/23

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1	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Manama, Bahrain
	Kataka Rasi: 6.57	Tithi 25	Gulika 7:00AM – 8:29AM	Pushya Until 12:26AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Sun 9 Sutra 173
			Yama 2:27PM – 3:56PM	Shiva Until 4:06PM	Muruqa: White	<i>Sunset:</i> 5:26PM	Plava 5123
	Routine Work	Marana Yoga	645415463 Rahu 9:59AM – 11:28AM	Vanija Until 8:13AM	Nataraja: Clear		Moon 9 - Phase 23 - 9 2nd Phase
			Dashami Until 8:33PM	Moon – Blue		Sivaloka Day	
				Bhadrapada-Puratasi			

2	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Manama, Bahrain
	Kataka Rasi: 19.38	Tithi 26	Gulika 5:31AM – 7:00AM	Ashlesha* Until 12:54AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Sun 10 Sutra 174
			Yama 12:57PM – 2:26PM	Siddha Until 3:14PM	Muruqa: White	<i>Sunset:</i> 5:25PM	Plava 5123
	Routine Work	Marana Yoga	645415463 Rahu 8:30AM – 9:59AM	Bava Until 8:44AM	Nataraja: Clear		Moon 9 - Phase 23 - 10 2nd Phase
			Ekadashi* Until 8:41PM	Moon – Blue		Sivaloka Day	
				Bhadrapada-Puratasi			

3	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Manama, Bahrain
	Simha Rasi: 2.43	Tithi 27	Gulika 2:26PM – 3:55PM	Magha* Until 12:56AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:32AM	Sun 11 Sutra 175
			Yama 11:28AM – 12:57PM	Sadhya Until 1:45PM	Muruqa: White	<i>Sunset:</i> 5:24PM	Plava 5123
	Routine Work	Marana Yoga	645415463 Rahu 3:55PM – 5:24PM	Kaulava Until 8:28AM	Nataraja: Clear		Moon 9 - Phase 23 - 11 2nd Phase
			Dvadashti* Until 8:01PM	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			

4	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain
	Simha Rasi: 16.13	Tithi 28	Gulika 12:56PM – 2:25PM	Purvaphalguni Until 12:06AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:32AM	Sun 12 Sutra 176
	Family Home Evening		Yama 9:58AM – 11:27AM	Subha Until 11:41AM	Muruqa: White	<i>Sunset:</i> 5:23PM	Plava 5123
	Creative Work	Siddha Yoga	645415463 Rahu 7:01AM – 8:30AM	Gara Until 7:25AM	Nataraja: Clear		Moon 9 - Phase 23 - 12 2nd Phase
			Trayodashi* Until 6:38PM	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain
	Kanya Rasi: 0.06	Tithi 29 – 30	Gulika 11:27AM – 12:56PM	Uttaraphalguni Until 10:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:32AM	Sun 13 Sutra 177
			Yama 8:30AM – 9:58AM	Sukla Until 9:05AM	Muruqa: White	<i>Sunset:</i> 5:21PM	Plava 5123
	Creative Work	Amrita Yoga	645415463 Rahu 2:24PM – 3:53PM	Catuspada Until 3:27AM Wed	Nataraja: Clear		Moon 9 - Phase 23 - 13 2nd Phase
			Chaturdashi* Until 4:37PM	Moon – Red		Devaloka Day	
				Bhadrapada-Puratasi			

	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain
	Retreat Star		Gulika 9:58AM – 11:27AM	Hasta Until 8:52PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:33AM	Sun 14 Sutra 178
	Kanya Rasi: 14.21	Tithi 30 – 1	Yama 7:01AM – 8:30AM	Brahma Until 6:03AM	Muruqa: White	<i>Sunset:</i> 5:20PM	Plava 5123
	Routine Work	Marana Yoga	645415463 Rahu 11:27AM – 12:55PM	Kintughna Until 12:48AM Thu	Nataraja: Clear		Moon 9 - Phase 23 - 14 Amavasya
			Amavasya* Until 2:09PM	Moon – Green		Devaloka Day	
				Bhadrapada-Puratasi			

Retreat Star	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain
	Kanya Rasi: 28.52	Tithi 1 – 2	Gulika 8:30AM – 9:58AM	Chitra Until 6:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:33AM	Sun 15 Sutra 179
			Yama 5:33AM – 7:02AM	Vaidhriti* Until 11:10PM	Muruqa: White	<i>Sunset:</i> 5:19PM	Plava 5123
	Creative Work	Siddha Yoga	645415463 Rahu 12:55PM – 2:23PM	Balava Until 9:53PM	Nataraja: Clear		Moon 9 - Phase 23 - 15 Prathama
			Prathama* Until 11:20AM	Moon – Green		Devaloka Day	
				Ashvina-Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

times are standard time. Calculated for Manama, Bahrain on 5/23

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1		Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 180 Plava 5123	
Tula Rasi: 13.33	Tithi 2 - 3	Gulika 7:02AM - 8:30AM	Svati Until 4:22PM	Ganesha: Orange	<i>Sunrise:</i> 5:34AM	Muruqa: White	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 24 - 16	3rd Phase
Creative Work	Siddha Yoga	Yama 2:22PM - 3:50PM	Vishkamba* Until 7:33PM	Nataraja: Purple		Moon - Green		Subha Sivaloka Day	
		666415464 Rahu 9:58AM - 11:26AM	Taitila Until 6:52PM					Ashvina+Puratasi	
			Dvitiya Until 8:21AM						

2		Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Manama, Bahrain Sun 17 Sutra 181 Plava 5123	
Tula Rasi: 28.16	Tithi 4	Gulika 5:34AM - 7:02AM	Vishakha Until 2:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:34AM	Muruqa: White	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 24 - 17	3rd Phase
Creative Work	Siddha Yoga	Yama 12:54PM - 2:22PM	Priti Until 3:58PM	Nataraja: Purple		Moon - Orange		Subha Sivaloka Day	
		676415464 Rahu 8:30AM - 9:58AM	Vanija Until 3:52PM					Ashvina+Puratasi	
			Chaturthi* Until 2:24AM Sun						

3		Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 182 Plava 5123	
Vrischika Rasi: 12.55	Tithi 5	Gulika 2:21PM - 3:49PM	Anuradha Until 12:11PM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Muruqa: White	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 24 - 18	3rd Phase
Routine Work	Marana Yoga	Yama 11:26AM - 12:53PM	Ayushman Until 12:29PM	Nataraja: Purple		Moon - Orange		Subha Sivaloka Day	
		676415464 Rahu 3:49PM - 5:16PM	Bava Until 1:02PM					Ashvina+Puratasi	
			Panchami Until 11:41PM						

4		Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Manama, Bahrain Sun 19 Sutra 183 Plava 5123	
Vrischika Rasi: 27.23	Tithi 6	Gulika 12:53PM - 2:20PM	Jyeshtha* Until 10:12AM	Ganesha: Purple	<i>Sunrise:</i> 5:35AM	Muruqa: White	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 24 - 19	3rd Phase
Family Home Evening		Yama 9:58AM - 11:25AM	Saubhagya Until 9:13AM	Nataraja: Purple		Moon - Orange		Sivaloka Day	
Creative Work	Siddha Yoga	676515464 Rahu 7:03AM - 8:30AM	Kaulava Until 10:27AM					Ashvina+Puratasi	
			Shashthi* Until 9:16PM						

5		Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Atthiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 184 Plava 5123	
Dhanus Rasi: 11.39	Tithi 7	Gulika 11:25AM - 12:52PM	Mula* Until 8:50AM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	Muruqa: White	<i>Sunset:</i> 5:14PM	Moon 9 - Phase 24 - 20	3rd Phase
Creative Work	Amrita Yoga	Yama 8:30AM - 9:58AM	Sobhana Until 6:14AM	Nataraja: Purple		Moon - Light Blue		Subha Sivaloka Day	
Until 8:50AM		686515464 Rahu 2:20PM - 3:47PM	Gara Until 8:12AM					Ashvina+Puratasi	
Then Creative Work - Siddha Yoga			Saptami Until 7:12PM						

Retreat Star		Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 21 Sutra 185 Plava 5123	
Dhanus Rasi: 25.4	Tithi 8 - 9	Gulika 9:58AM - 11:25AM	Purvashadha* Until 7:43AM	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	Muruqa: White	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 24 - 21	Ashtami
Creative Work	Amrita Yoga	Yama 7:03AM - 8:31AM	Sukarma Until 1:12AM Thu	Nataraja: Purple		Moon - Light Blue		Subha Sivaloka Day	
		686515464 Rahu 11:25AM - 12:52PM	Visti Until 6:21AM					Ashvina+Puratasi	
			Ashtami* Until 5:33PM						
			Durga Ashtami						

Retreat Star		Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 22 Sutra 186 Plava 5123	
Makara Rasi: 9.25	Tithi 9 - 10	Gulika 8:31AM - 9:58AM	Uttarashadha Until 6:52AM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	Muruqa: White	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 24 - 22	Navami
Routine Work	Marana Yoga	Yama 5:37AM - 7:04AM	Dhriti Until 11:12PM	Nataraja: Purple		Moon - Light Blue		Subha Sivaloka Day	
Until 6:52AM		686515464 Rahu 12:51PM - 2:18PM	Taitila Until 3:53AM Fri					Ashvina+Puratasi	
Then Creative Work - Siddha Yoga			Navami* Until 4:20PM						
			Saraswathi Puja (Tamil Nadu)						


1		Friday, October 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Manama, Bahrain Sun 23 Sutra 187 Plava 5123	
Makara Rasi: 22.55	Tithi 10 – 11	Gulika	7:04AM – 8:31AM	Shravana Until 6:43AM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM		
		Yama	2:18PM – 3:45PM	Shula* Until 9:30PM	Muruqa: White	<i>Sunset:</i> 5:11PM	Moon 9 - Phase 25 - 23	4th Phase
		Rahu	9:58AM – 11:24AM	Vanija Until 3:18AM Sat	Nataraja: Purple			
Routine Work	Marana Yoga			Dashami Until 3:31PM	Moon – Purple		Subha Sivaloka Day	
Until 6:43AM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

2		Saturday, October 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau			Manama, Bahrain Sun 24 Sutra 188 Plava 5123	
Kumbha Rasi: 6.11	Tithi 11 – 12	Gulika	5:38AM – 7:04AM	Dhanishtha Until 6:50AM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM		
		Yama	12:51PM – 2:17PM	Ganda* Until 8:09PM	Muruqa: White	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 25 - 24	4th Phase
		Rahu	8:31AM – 9:58AM	Bava Until 3:07AM Sun	Nataraja: Purple			
Creative Work	Siddha Yoga			Ekadashi Until 3:08PM	Moon – Purple		Subha Sivaloka Day	
Until 6:50AM		Kadaitswami Mahasamadhi			Ashvina+Puratasi			
Then Creative Work - Amrita Yoga								

3		Sunday, October 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Manama, Bahrain Sun 25 Sutra 189 Plava 5123	
Kumbha Rasi: 19.15	Tithi 12 – 13	Gulika	2:17PM – 3:43PM	Shatabhishak Until 7:13AM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM		
		Yama	11:24AM – 12:50PM	Vriddhi Until 7:08PM	Muruqa: White	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 25 - 25	4th Phase
		Rahu	3:43PM – 5:09PM	Kaulava Until 3:22AM Mon	Nataraja: Purple			
Creative Work	Siddha Yoga			Dvadashi Until 3:10PM	Moon – Purple		Subha Sivaloka Day	
					Ashvina+Aipasi			
					<i>Pradosha Vrata</i>			

4		Monday, October 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Dhruva Yoga Tatilla/Gara Karana Trayodashi/Chaturdashyam Titau			Manama, Bahrain Sun 26 Sutra 190 Plava 5123	
Meena Rasi: 2.06	Tithi 13 – 14	Gulika	12:50PM – 2:16PM	Purvaprosnthapada* Until 8:18AM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM		
		Yama	9:57AM – 11:24AM	Dhruva Until 6:26PM	Muruqa: White	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 25 - 26	4th Phase
Family Home Evening		Rahu	7:05AM – 8:31AM	Gara Until 4:03AM Tue	Nataraja: Purple			
Routine Work	Marana Yoga			Trayodashi Until 3:38PM	Moon – Clear		Subha Sivaloka Day	
Until 8:18AM					Ashvina+Aipasi			
Then Creative Work - Siddha Yoga								

5		Tuesday, October 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosnthapada*/Revati Nakshatra Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau			Manama, Bahrain Sun 27 Sutra 191 Plava 5123	
Meena Rasi: 14.44	Tithi 14 – 15	Gulika	11:23AM – 12:49PM	Uttaraprosnthapada Until 9:41AM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM		
		Yama	8:31AM – 9:57AM	Vyaghata* Until 6:05PM	Muruqa: White	<i>Sunset:</i> 5:08PM	Moon 9 - Phase 25 - 27	4th Phase
		Rahu	2:16PM – 3:42PM	Vistil Until 5:12AM Wed	Nataraja: Purple			
Creative Work	Amrita Yoga			Chaturdashi* Until 4:33PM	Moon – Clear		Subha Sivaloka Day	
Until 9:41AM					Ashvina+Aipasi			
Then Creative Work - Siddha Yoga								

		Wednesday, October 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Manama, Bahrain Sutra 192 Plava 5123	
Meena Rasi: 27.1	Tithi 15 – 16	Gulika	9:57AM – 11:23AM	Revati Until 11:20AM	Ganesha: Yellow	<i>Sunrise:</i> 5:40AM		
		Yama	7:06AM – 8:32AM	Harshana Until 6:07PM	Muruqa: White	<i>Sunset:</i> 5:07PM	Moon 9 - Phase 25 - Purnima	
		Rahu	11:23AM – 12:49PM	Balava Until 6:49AM Thu	Nataraja: Purple			
Routine Work	Marana Yoga			Purnima* Until 5:56PM	Moon – Clear		Subha Sivaloka Day	
					Ashvina+Aipasi			

Thursday, October 21, 2021		Silver Retreat Star			Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau			Manama, Bahrain Sutra 193 Plava 5123	
Mesha Rasi: 9.25	Tithi 16	Gulika	8:32AM – 9:57AM	Ashvini Until 1:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:41AM			
		Yama	5:41AM – 7:06AM	Vajra* Until 6:27PM	Muruqa: White	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 25 - Prathama		
		Rahu	12:49PM – 2:14PM	Balava Until 6:49AM	Nataraja: Purple				
Creative Work	Amrita Yoga			Prathama* Until 7:46PM	Moon – White		Subha Sivaloka Day		
Until 1:45PM					Ashvina+Aipasi				
Then Creative Work - Siddha Yoga									

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Friday, October 22, 2021
Gold Retreat Star

Mesha Rasi: 21.28 Tilthi 17
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 7:07AM – 8:32AM
Yama 2:14PM – 3:39PM
Rahu 9:57AM – 11:23AM

Bharani Until 4:25PM
Siddhi Until 7:07PM
Tailila Until 8:52AM
Dvitiya Until 10:01PM

Manama, Bahrain
Sun 1 Sutra 194
Plava 5123
Moon 10 - Phase 26 - 1
1st Phase

Ganesha: Clear *Sunrise:* 5:41AM
Muruqa: White *Sunset:* 5:05PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina-Aipasi

1

Saturday, October 23, 2021

Vrishabha Rasi: 3.23 Tilthi 18
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:42AM – 7:07AM
Yama 12:48PM – 2:13PM
Rahu 8:32AM – 9:58AM

Krittika Until 7:13PM
Vyatipata* Until 8:02PM
Vanija Until 11:17AM
Tritiya Until 12:34AM Sun

Manama, Bahrain
Sun 2 Sutra 195
Plava 5123
Moon 10 - Phase 26 - 2
1st Phase

Ganesha: Clear *Sunrise:* 5:42AM
Muruqa: White *Sunset:* 5:04PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina-Aipasi

2

Sunday, October 24, 2021

Vrishabha Rasi: 15.13 Tilthi 19
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:13PM – 3:38PM
Yama 11:23AM – 12:48PM
Rahu 3:38PM – 5:03PM

Rohini Until 10:32PM
Variyan Until 9:03PM
Bava Until 1:56PM
Chaturthi* Until 3:16AM Mon

Manama, Bahrain
Sun 3 Sutra 196
Plava 5123
Moon 10 - Phase 26 - 3
1st Phase

Ganesha: Purple *Sunrise:* 5:42AM
Muruqa: White *Sunset:* 5:03PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina-Aipasi

3

Monday, October 25, 2021

Vrishabha Rasi: 26.59 Tilthi 20
Family Home Evening
Creative Work Amrita Yoga
Until 1:41AM Tue
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Kaulava/Tailita Karana Panchamyam Titau

Gulika 12:48PM – 2:12PM
Yama 9:58AM – 11:23AM
Rahu 7:08AM – 8:33AM

Mrigashira Until 1:41AM Tue
Parigha* Until 10:05PM
Kaulava Until 4:39PM
Panchami Until 5:57AM Tue

Manama, Bahrain
Sun 4 Sutra 197
Plava 5123
Moon 10 - Phase 26 - 4
1st Phase

Ganesha: Purple *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 5:02PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina-Aipasi

4

Tuesday, October 26, 2021

Mithuna Rasi: 8.47 Tilthi 21
Routine Work Marana Yoga
Until 4:28AM Wed
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Gara Karana Shashthyam Titau

Gulika 11:22AM – 12:47PM
Yama 8:33AM – 9:58AM
Rahu 2:12PM – 3:37PM

Ardra Until 4:28AM Wed
Shiva Until 11:01PM
Gara Until 7:13PM
Shashthi* Until 8:22AM Wed

Manama, Bahrain
Sun 5 Sutra 198
Plava 5123
Moon 10 - Phase 26 - 5
1st Phase

Ganesha: Purple *Sunrise:* 5:43AM
Muruqa: White *Sunset:* 5:02PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina-Aipasi

5

Wednesday, October 27, 2021

Mithuna Rasi: 20.4 Tilthi 21 – 22
Creative Work Siddha Yoga
Until 7:11AM Thu
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:58AM – 11:22AM
Yama 7:09AM – 8:33AM
Rahu 11:22AM – 12:47PM

Punarvasu Until 7:11AM Thu
Siddha Until 11:37PM
Visti Until 9:27PM
Shashthi* Until 8:22AM

Manama, Bahrain
Sun 6 Sutra 199
Plava 5123
Moon 10 - Phase 26 - 6
1st Phase

Ganesha: Clear *Sunrise:* 5:44AM
Muruqa: White *Sunset:* 5:01PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina-Aipasi

D

Thursday, October 28, 2021
Retreat Star

Kataka Rasi: 2.43 Tilthi 22 – 23
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Gulika 8:33AM – 9:58AM
Yama 5:45AM – 7:09AM
Rahu 12:47PM – 2:11PM

Punarvasu Until 7:11AM
Sadhya Until 11:48PM
Balava Until 11:07PM
Saptami Until 10:21AM

Manama, Bahrain
Sun 7 Sutra 200
Plava 5123
Moon 10 - Phase 26 - 7
Ashtami

Ganesha: White *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 5:00PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina-Aipasi

Friday, October 29, 2021

Retreat Star

Kataka Rasi: 15.02 Tilthi 23 – 24
Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Kaulava/Tailita Karana Ashtami/Navamyam Titau

Gulika 7:09AM – 8:34AM
Yama 2:11PM – 3:35PM
Rahu 9:58AM – 11:22AM

Pushya Until 9:08AM
Subha Until 11:27PM
Tailita Until 12:05AM Sat
Ashtami* Until 11:41AM

Manama, Bahrain
Sun 8 Sutra 201
Plava 5123
Moon 10 - Phase 26 - 8
Navami

Ganesha: White *Sunrise:* 5:45AM
Muruqa: Clear *Sunset:* 4:59PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina-Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


1	Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Manama, Bahrain
	Kataka Rasi: 27.4	Tithi 24 – 25	Gulika 5:46AM – 7:10AM	Ashlesha* Until 10:12AM	Ganesha: White	<i>Sunrise:</i> 5:46AM	Sun 9 Sutra 202
	649525464	Rahu 8:34AM – 9:58AM	Yama 12:46PM – 2:10PM	Sukla Until 10:28PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Plava 5123
Routine Work Marana Yoga		Vanija Until 12:14AM Sun		Nataraja: Purple	Moon 10 - Phase 27 - 9		
Until 10:12AM		Navami* Until 12:15PM		Moon – Blue	2nd Phase		
Then Creative Work - Amrita Yoga				Ashvina-Aipasi	Subha Sivaloka Day		

2	Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain
	Simha Rasi: 10.41	Tithi 25 – 26	Gulika 2:10PM – 3:34PM	Magha* Until 10:46AM	Ganesha: Yellow	<i>Sunrise:</i> 5:46AM	Sun 10 Sutra 203
	649525464	Rahu 3:34PM – 4:58PM	Yama 11:22AM – 12:46PM	Brahma Until 8:49PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Plava 5123
Routine Work Marana Yoga		Bava Until 11:33PM		Nataraja: Purple	Moon 10 - Phase 27 - 10		
Until 10:46AM		Dashami Until 11:59AM		Moon – Red	2nd Phase		
Then Creative Work - Siddha Yoga				Ashvina-Aipasi	Sivaloka Day		

3	Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain
	Simha Rasi: 24.09	Tithi 26 – 27	Gulika 12:46PM – 2:10PM	Purvaphalguni Until 10:23AM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM	Sun 11 Sutra 204
	649525464	Rahu 7:11AM – 8:35AM	Yama 9:58AM – 11:22AM	Indra Until 6:34PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Plava 5123
Family Home Evening		Kaulava Until 10:05PM		Nataraja: Purple	Moon 10 - Phase 27 - 11		
Creative Work Siddha Yoga		Ekadashi* Until 10:54AM		Moon – Red	2nd Phase		
				Ashvina-Aipasi	Sivaloka Day		

4	Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain
	Kanya Rasi: 8.04	Tithi 27 – 28	Gulika 11:22AM – 12:46PM	Uttaraphalguni Until 9:07AM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	Sun 12 Sutra 205
	649525464	Rahu 2:09PM – 3:33PM	Yama 8:35AM – 9:58AM	Vaidhriti* Until 3:43PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Plava 5123
Creative Work Amrita Yoga		Gara Until 7:55PM		Nataraja: Purple	Moon 10 - Phase 27 - 12		
Until 9:07AM		Dvadashi* Until 9:03AM		Moon – Red	2nd Phase		
Then Creative Work - Siddha Yoga				Ashvina-Aipasi	Sivaloka Day		
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain
	Kanya Rasi: 22.25	Tithi 28 – 29	Gulika 9:59AM – 11:22AM	Hasta Until 7:30AM	Ganesha: Red	<i>Sunrise:</i> 5:48AM	Sun 13 Sutra 206
	649525464	Rahu 11:22AM – 12:45PM	Yama 7:12AM – 8:35AM	Vishkambha* Until 12:23PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Plava 5123
Routine Work Marana Yoga		Sakuni Until 3:37AM Thu		Nataraja: Purple	Moon 10 - Phase 27 - 13		
Until 7:30AM		Trayodashi* Until 6:35AM		Moon – Green	2nd Phase		
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi	Sivaloka Day		
		Deepavali Hindu Solidarity Day					

	Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain
	Retreat Star		Gulika 8:36AM – 9:59AM	Svati Until 2:32AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:49AM	Sun 14 Sutra 207
	Tula Rasi: 7.07	Tithi 30	Yama 5:49AM – 7:12AM	Priti Until 8:42AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Plava 5123
Creative Work Amrita Yoga		Catuspada Until 2:01PM		Nataraja: Purple	Moon 10 - Phase 27 - 14		
Until 2:32AM Fri		Amavasya* Until 12:19AM Fri		Moon – Green	Amavasya		
Then Creative Work - Siddha Yoga				Ashvina-Aipasi	Sivaloka Day		

	Friday, November 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain
	Retreat Star		Gulika 7:13AM – 8:36AM	Vishakha Until 11:56PM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	Sun 15 Sutra 208
	Tula Rasi: 22.04	Tithi 1	Yama 2:08PM – 3:31PM	Saubhagya Until 12:39AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Plava 5123
Creative Work Siddha Yoga		Kintughna Until 10:36AM		Nataraja: Purple	Moon 10 - Phase 27 - 15		
		Prathama* Until 8:49PM		Moon – Orange	Prathama		
		Skanda Shasthi Begins		Kartika-Aipasi	Devaloka Day		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain
	Wrischika Rasi: 7.08	Tithi 2 - 3	Gulika 5:50AM - 7:13AM	Anuradha Until 9:11PM	Ganesha: Blue	<i>Sunrise:</i> 5:50AM	Sun 16 Sutra 209
			Yama 12:45PM - 2:08PM	Sobhana Until 8:36PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Plava 5123
	781625464	Rahu 8:36AM - 9:59AM	Balava Until 7:04AM	Dvitiya Until 5:18PM	Nataraja: Purple		Moon 10 - Phase 28 - 16
Creative Work	Siddha Yoga			Moon - Orange		3rd Phase	
				Kartika-Aipasi		Devaloka Day	

2	Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Manama, Bahrain
	Wrischika Rasi: 22.1	Tithi 3 - 4	Gulika 2:08PM - 3:30PM	Jyeshtha* Until 6:27PM	Ganesha: Blue	<i>Sunrise:</i> 5:51AM	Sun 17 Sutra 210
			Yama 11:22AM - 12:45PM	Athiganda* Until 4:38PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Plava 5123
	771625464	Rahu 3:30PM - 4:53PM	Vanija Until 12:19AM Mon	Tritiya Until 1:55PM	Nataraja: Purple		Moon 10 - Phase 28 - 17
Routine Work	Marana Yoga			Moon - Orange		3rd Phase	
Until 6:27PM				Kartika-Aipasi		Devaloka Day	
Then Creative Work - Amrita Yoga							

3	Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Manama, Bahrain
	Dhanus Rasi: 7.02	Tithi 4 - 5	Gulika 12:45PM - 2:07PM	Mula* Until 4:18PM	Ganesha: Blue	<i>Sunrise:</i> 5:52AM	Sun 18 Sutra 211
	Family Home Evening		Yama 10:00AM - 11:22AM	Sukarma Until 12:55PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Plava 5123
	781625464	Rahu 7:14AM - 8:37AM	Bava Until 9:23PM	Chaturthi* Until 10:47AM	Nataraja: Purple		Moon 10 - Phase 28 - 18
Creative Work	Siddha Yoga			Moon - Light Blue		3rd Phase	
Until 4:18PM				Kartika-Aipasi		Devaloka Day	
Then Routine Work - Marana Yoga							

4	Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Manama, Bahrain
	Dhanus Rasi: 21.37	Tithi 5 - 6	Gulika 11:22AM - 12:45PM	Purvashadha* Until 2:26PM	Ganesha: Blue	<i>Sunrise:</i> 5:52AM	Sun 19 Sutra 212
			Yama 8:37AM - 10:00AM	Dhriti Until 9:33AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Plava 5123
	781625464	Rahu 2:07PM - 3:30PM	Kaulava Until 6:55PM	Panchami Until 8:04AM	Nataraja: Purple		Moon 10 - Phase 28 - 19
Creative Work	Siddha Yoga			Moon - Light Blue		3rd Phase	
Until 2:26PM		Skanda Shasthi		Kartika-Aipasi		Devaloka Day	
Then Routine Work - Prabararishta Yoga							

5	Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain
	Makara Rasi: 5.5	Tithi 7	Gulika 10:00AM - 11:22AM	Uttarashadha Until 12:58PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	Sun 20 Sutra 213
			Yama 7:15AM - 8:38AM	Shula* Until 6:35AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Plava 5123
	781625464	Rahu 11:22AM - 12:45PM	Gara Until 5:00PM	Saptami Until 4:15AM Thu	Nataraja: Purple		Moon 10 - Phase 28 - 20
Creative Work	Amrita Yoga			Moon - Light Blue		3rd Phase	
Until 12:58PM				Kartika-Aipasi		Devaloka Day	
Then Creative Work - Siddha Yoga							

☾	Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Manama, Bahrain
	Retreat Star		Gulika 8:38AM - 10:00AM	Shravana Until 12:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:54AM	Sun 21 Sutra 214
	Makara Rasi: 19.42	Tithi 8	Yama 5:54AM - 7:16AM	Vriddhi Until 2:09AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Plava 5123
	791625464	Rahu 12:45PM - 2:07PM	Visti Until 3:42PM	Ashtami* Until 3:17AM Fri	Nataraja: Purple		Moon 10 - Phase 28 - 21
Creative Work	Siddha Yoga			Moon - Purple		Ashtami	
				Kartika-Aipasi		Sivaloka Day	

☽	Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain
	Retreat Star		Gulika 7:17AM - 8:39AM	Dhanishtha Until 12:18PM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM	Sun 22 Sutra 215
	Kumbha Rasi: 3.1	Tithi 9	Yama 2:07PM - 3:29PM	Dhruva Until 12:40AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Plava 5123
	791625464	Rahu 10:01AM - 11:23AM	Balava Until 3:04PM	Navami* Until 2:58AM Sat	Nataraja: Purple		Moon 10 - Phase 28 - 22
Creative Work	Siddha Yoga			Moon - Purple		Navami	
				Kartika-Aipasi		Sivaloka Day	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1		Saturday, November 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau		Manama, Bahrain Sun 23 Sutra 216 Plava 5123	
Kumbha Rasi: 16.18	Tithi 10	Gulika 5:55AM – 7:17AM	Shatabhishak Until 12:41PM	Ganesha: Yellow	Sunrise: 5:55AM		
		Yama 12:45PM – 2:06PM	Vyaghata* Until 11:42PM	Muruqa: Clear	Sunset: 4:50PM	Moon 10 - Phase 29 - 23	4th Phase
		791625464 Rahu 8:39AM – 10:01AM	Taitila Until 3:04PM	Nataraja: Purple			
Creative Work	Amrita Yoga		Dashami Until 3:16AM Sun	Moon – Purple		Sivaloka Day	
Until 12:41PM				Karttika-Aipasi			
Then Routine Work - Marana Yoga							

2		Sunday, November 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 217 Plava 5123	
Kumbha Rasi: 29.07	Tithi 11	Gulika 2:06PM – 3:28PM	Purvaproshtapada* Until 1:58PM	Ganesha: Clear	Sunrise: 5:56AM		
		Yama 11:23AM – 12:45PM	Harshana Until 11:11PM	Muruqa: Clear	Sunset: 4:50PM	Moon 10 - Phase 29 - 24	4th Phase
		711625464 Rahu 3:28PM – 4:50PM	Vanija Until 3:40PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Ekadashi Until 4:09AM Mon	Moon – Clear		Sivaloka Day	
Until 1:58PM				Karttika-Aipasi			
Then Creative Work - Amrita Yoga							

3		Monday, November 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Manama, Bahrain Sun 25 Sutra 218 Plava 5123	
Meena Rasi: 11.41	Tithi 12	Gulika 12:45PM – 2:06PM	Uttaraproshtapada Until 3:37PM	Ganesha: White	Sunrise: 5:57AM		
Family Home Evening		Yama 10:01AM – 11:23AM	Vajra* Until 11:02PM	Muruqa: Clear	Sunset: 4:49PM	Moon 10 - Phase 29 - 25	4th Phase
		712625464 Rahu 7:18AM – 8:40AM	Bava Until 4:48PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Dvadashi Until 5:32AM Tue	Moon – Clear		Subha Sivaloka Day	
				Karttika-Aipasi			

4		Tuesday, November 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Kaulava Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 219 Plava 5123	
Meena Rasi: 24.02	Tithi 13	Gulika 11:23AM – 12:45PM	Revati Until 5:33PM	Ganesha: White	Sunrise: 5:57AM		
		Yama 8:40AM – 10:02AM	Siddhi Until 11:14PM	Muruqa: Clear	Sunset: 4:49PM	Moon 10 - Phase 29 - 26	4th Phase
		712625464 Rahu 2:06PM – 3:28PM	Kaulava Until 6:24PM	Nataraja: Purple			
Creative Work	Siddha Yoga		Trayodashi Until 7:21AM Wed	Moon – Clear		Subha Sivaloka Day	
				Karttika-Kartikai			
				<i>Pradosha Vrata</i>			

5		Wednesday, November 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 220 Plava 5123	
Mesha Rasi: 6.12	Tithi 13 – 14	Gulika 10:02AM – 11:23AM	Ashvini Until 8:12PM	Ganesha: Clear	Sunrise: 5:58AM		
		Yama 7:19AM – 8:41AM	Vyatipata* Until 11:44PM	Muruqa: Clear	Sunset: 4:49PM	Moon 10 - Phase 29 - 27	4th Phase
		722625465 Rahu 11:23AM – 12:45PM	Gara Until 8:25PM	Nataraja: Clear			
Routine Work	Marana Yoga		Trayodashi Until 7:21AM	Moon – White		Devaloka Day	
Until 8:12PM				Karttika-Kartikai			
Then Creative Work - Siddha Yoga							

		Thursday, November 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Manama, Bahrain Sutra 221 Plava 5123	
Mesha Rasi: 18.13	Tithi 14 – 15	Gulika 8:41AM – 10:02AM	Bharani Until 10:59PM	Ganesha: Clear	Sunrise: 5:59AM		
		Yama 5:59AM – 7:20AM	Variyan Until 12:27AM Fri	Muruqa: Clear	Sunset: 4:48PM	Moon 10 - Phase 29 - Purnima	
		722625465 Rahu 12:45PM – 2:06PM	Visti Until 10:45PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 9:31AM	Moon – White		Devaloka Day	
Until 10:59PM				Karttika-Kartikai			
Then Routine Work - Marana Yoga							

Friday, November 19, 2021		Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Manama, Bahrain Sutra 222 Plava 5123	
Vrishabha Rasi: 0.08	Tithi 15 – 16	Gulika 7:21AM – 8:42AM	Krittika Until 1:49AM Sat	Ganesha: Clear	Sunrise: 6:00AM		
		Yama 2:06PM – 3:27PM	Parigha* Until 1:20AM Sat	Muruqa: Clear	Sunset: 4:48PM	Moon 10 - Phase 29 - Prathama	
		722625465 Rahu 10:03AM – 11:24AM	Balava Until 1:18AM Sat	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima* Until 11:59AM	Moon – White		Devaloka Day	
Until 1:49AM Sat				Karttika-Kartikai			
Then Creative Work - Amrita Yoga		Krittika Deepam					
		Vinayaga Viratam Begins					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain
Sutra 223
Plava 5123
Moon 11 - Phase 30 -
1st Phase

Vrishabha Rasi: 11.58 Tilthi 16 - 17

732625465

Gulika 6:00AM - 7:21AM
Yama 12:45PM - 2:06PM
Rahu 8:42AM - 10:03AM

Rohini Until 5:07AM Sun
Shiva Until 2:20AM Sun
Taitila Until 4:00AM Sun
Prathama* Until 2:37PM

Ganesha: Purple *Sunrise:* 6:00AM
Muruqa: Clear *Sunset:* 4:48PM

Nataraja: Clear
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 5:07AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain
Sun 1 Sutra 224
Plava 5123
Moon 11 - Phase 30 - 1
1st Phase

Vrishabha Rasi: 23.46 Tilthi 17 - 18

732625465

Gulika 2:06PM - 3:27PM
Yama 11:24AM - 12:45PM
Rahu 3:27PM - 4:47PM

Mrigashira Until 8:14AM Mon
Siddha Until 3:19AM Mon
Vanija Until 6:42AM Mon
Dvitiya Until 5:20PM

Ganesha: Purple *Sunrise:* 6:01AM
Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Manama, Bahrain
Sun 2 Sutra 225
Plava 5123
Moon 11 - Phase 30 - 2
1st Phase

Mithuna Rasi: 5.33 Tilthi 18

732625465

Gulika 12:45PM - 2:06PM
Yama 10:04AM - 11:25AM
Rahu 7:22AM - 8:43AM

Mrigashira Until 8:14AM
Sadhya Until 4:14AM Tue
Vanija Until 6:42AM
Tritiya Until 8:00PM

Ganesha: Purple *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 8:14AM

Then Creative Work - Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthiyam Titau

Manama, Bahrain
Sun 3 Sutra 226
Plava 5123
Moon 11 - Phase 30 - 3
1st Phase

Mithuna Rasi: 17.23 Tilthi 19

732625465

Gulika 11:25AM - 12:45PM
Yama 8:44AM - 10:04AM
Rahu 2:06PM - 3:26PM

Ardra Until 11:04AM
Subha Until 4:59AM Wed
Bava Until 9:17AM
Chaturthi* Until 10:28PM

Ganesha: Purple *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga

Until 11:04AM

Then Creative Work - Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain
Sun 4 Sutra 227
Plava 5123
Moon 11 - Phase 30 - 4
1st Phase

Mithuna Rasi: 29.19 Tilthi 20

742625465

Gulika 10:05AM - 11:25AM
Yama 7:24AM - 8:44AM
Rahu 11:25AM - 12:46PM

Punarvasu Until 1:59PM
Sukla Until 5:26AM Thu
Kaulava Until 11:36AM
Panchami Until 12:36AM Thu

Ganesha: Clear *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain
Sun 5 Sutra 228
Plava 5123
Moon 11 - Phase 30 - 5
1st Phase

Kataka Rasi: 11.24 Tilthi 21

742625465

Gulika 8:45AM - 10:05AM
Yama 6:04AM - 7:24AM
Rahu 12:46PM - 2:06PM

Pushya Until 4:19PM
Brahma Until 5:30AM Fri
Gara Until 1:31PM
Shashthi* Until 2:15AM Fri

Ganesha: Clear *Sunrise:* 6:04AM
Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 4:19PM

Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Manama, Bahrain
Sun 6 Sutra 229
Plava 5123
Moon 11 - Phase 30 - 6
1st Phase

Kataka Rasi: 23.41 Tilthi 22

742625465

Gulika 7:25AM - 8:45AM
Yama 2:06PM - 3:26PM
Rahu 10:05AM - 11:26AM

Ashlesha* Until 5:57PM
Indra Until 5:07AM Sat
Visti Until 2:52PM
Saptami Until 3:16AM Sat

Ganesha: Clear *Sunrise:* 6:05AM
Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Devaloka Day

Routine Work Marana Yoga

D

Saturday, November 27, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain
Sun 7 Sutra 230
Plava 5123
Moon 11 - Phase 30 - 7
Ashtami

Simha Rasi: 6.15 Tilthi 23

752625465

Gulika 6:06AM - 7:26AM
Yama 12:46PM - 2:06PM
Rahu 8:46AM - 10:06AM

Magha* Until 7:14PM
Vaidhriti* Until 4:07AM Sun
Balava Until 3:32PM
Ashtami* Until 3:34AM Sun

Ganesha: White *Sunrise:* 6:06AM
Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear
Moon - Red
Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 7:14PM

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain
Sun 8 Sutra 231
Plava 5123
Moon 11 - Phase 30 - 8
Navami

Simha Rasi: 19.09 Tilthi 24

753625465

Gulika 2:06PM - 3:26PM
Yama 11:26AM - 12:46PM
Rahu 3:26PM - 4:46PM

Purvaphalguni Until 7:37PM
Vishkambha* Until 2:32AM Mon
Taitila Until 3:26PM
Navami* Until 3:04AM Mon

Ganesha: Clear *Sunrise:* 6:06AM
Muruqa: Clear *Sunset:* 4:46PM

Nataraja: Clear
Moon - Red
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Until 7:37PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

times are standard time. Calculated for Manama, Bahrain on 5/23


www.gurudeva.org/panchang

1	Monday, November 29, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Vanija/Visli* Karana Dashamyam Titau	Manama, Bahrain Sun 9 Sutra 232 Plava 5123
	Kanya Rasi: 2.28 Tithi 25	Gulika 12:47PM – 2:07PM Uttaraphalguni Until 7:04PM	Ganesha: Clear <i>Sunrise:</i> 6:07AM
	Family Home Evening 753625465	Yama 10:07AM – 11:27AM	Muruqa: Clear <i>Sunset:</i> 4:46PM
	Creative Work Siddha Yoga	Rahu 7:27AM – 8:47AM	Nataraja: Clear Moon – Red
		Priti Until 12:20AM Tue Vanija Until 2:32PM Dashami Until 1:47AM Tue	Devaloka Day Karttika-Karttikai

2	Tuesday, November 30, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Manama, Bahrain Sun 10 Sutra 233 Plava 5123
	Kanya Rasi: 16.14 Tithi 26	Gulika 11:27AM – 12:47PM Hasta Until 6:04PM	Ganesha: Yellow <i>Sunrise:</i> 6:08AM
	763725465	Yama 8:47AM – 10:07AM	Muruqa: Clear <i>Sunset:</i> 4:46PM
	Creative Work Siddha Yoga	Rahu 2:07PM – 3:27PM	Nataraja: Clear Moon – Green
		Ayushman Until 9:32PM Bava Until 12:53PM Ekadashi* Until 11:46PM	Devaloka Day Karttika-Karttikai

3	Wednesday, December 1, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau	Manama, Bahrain Sun 11 Sutra 234 Plava 5123
	Tula Rasi: 0.26 Tithi 27	Gulika 10:08AM – 11:27AM Chitra Until 4:17PM	Ganesha: Yellow <i>Sunrise:</i> 6:08AM
	763725465	Yama 7:28AM – 8:48AM	Muruqa: Clear <i>Sunset:</i> 4:46PM
	Creative Work Siddha Yoga	Rahu 11:27AM – 12:47PM	Nataraja: Clear Moon – Green
		Saubhagya Until 6:12PM Kaulava Until 10:32AM Dvadashi* Until 9:07PM	Devaloka Day Karttika-Karttikai

4	Thursday, December 2, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau	Manama, Bahrain Sun 12 Sutra 235 Plava 5123
	Tula Rasi: 15.04 Tithi 28 – 29	Gulika 8:48AM – 10:08AM Svati Until 1:49PM	Ganesha: Yellow <i>Sunrise:</i> 6:09AM
	763725465	Yama 6:09AM – 7:29AM	Muruqa: Clear <i>Sunset:</i> 4:46PM
	Creative Work Amrita Yoga Until 1:49PM Then Creative Work - Siddha Yoga	Rahu 12:47PM – 2:07PM	Nataraja: Clear Moon – Green
		Sobhana Until 2:28PM Gara Until 7:36AM Trayodashi* Until 5:58PM	Devaloka Day Karttika-Karttikai
		<i>Pradosha Vrata (Fasting)</i>	

	Friday, December 3, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Manama, Bahrain Sun 13 Sutra 236 Plava 5123
	Retreat Star	Gulika 7:29AM – 8:49AM Vishakha Until 11:14AM	Ganesha: Red <i>Sunrise:</i> 6:10AM
	Vrischika Rasi: 0.02 Tithi 29 – 30	Yama 2:07PM – 3:27PM	Muruqa: Clear <i>Sunset:</i> 4:46PM
	773725465	Rahu 10:09AM – 11:28AM	Nataraja: Clear Moon – Orange
Creative Work Siddha Yoga		Athiganda* Until 10:24AM Catuspada Until 12:38AM Sat Chaturdashi* Until 2:27PM	Devaloka Day Karttika-Karttikai

Retreat Star	Saturday, December 4, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Manama, Bahrain Sun 14 Sutra 237 Plava 5123
	Vrischika Rasi: 15.12 Tithi 30 – 1	Gulika 6:11AM – 7:30AM Anuradha Until 8:17AM	Ganesha: Red <i>Sunrise:</i> 6:11AM
	773725465	Yama 12:48PM – 2:08PM	Muruqa: Clear <i>Sunset:</i> 4:47PM
	Creative Work Siddha Yoga	Rahu 8:50AM – 10:09AM	Nataraja: Clear Moon – Orange
		Sukarma Until 6:09AM Kintughna Until 8:53PM Amavasya* Until 10:44AM	Devaloka Day Margasira-Karttikai

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 15 Sutra 238 Plava 5123
	Dhanus Rasi: 0.26	Tithi 1 – 2	Gulika 2:08PM – 3:27PM	Mula* Until 2:25AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:11AM	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 32 - 15 3rd Phase
	Creative Work	Amrita Yoga	Yama 11:29AM – 12:48PM	Shula* Until 9:37PM	Muruqa: Clear		
	Until 2:25AM Mon	Then Routine Work - Marana Yoga	Rahu 3:27PM – 4:47PM	Kaulava Until 3:24AM Mon	Nataraja: Clear		
			Prathama* Until 7:00AM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

2	Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda*Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 239 Plava 5123
	Dhanus Rasi: 15.34	Tithi 3	Gulika 12:49PM – 2:08PM	Purvashadha* Until 11:50PM	Ganesha: Yellow <i>Sunrise:</i> 6:12AM	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 32 - 16 3rd Phase
	Family Home Evening		Yama 10:10AM – 11:29AM	Ganda* Until 5:35PM	Muruqa: Clear		
	Until 2:25AM Mon	Then Routine Work - Marana Yoga	Rahu 7:31AM – 8:51AM	Taitila Until 1:42PM	Nataraja: Clear		
			Tritiya Until 12:05AM Tue	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

3	Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Manama, Bahrain Sun 17 Sutra 240 Plava 5123
	Makara Rasi: 0.27	Tithi 4	Gulika 11:30AM – 12:49PM	Uttarashadha Until 9:33PM	Ganesha: Yellow <i>Sunrise:</i> 6:13AM	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 32 - 17 3rd Phase
	Routine Work	Prabalarishta Yoga	Yama 8:51AM – 10:11AM	Vridhhi Until 1:54PM	Muruqa: Clear		
	Until 9:33PM	Then Creative Work - Siddha Yoga	Rahu 2:08PM – 3:28PM	Vanija Until 10:36AM	Nataraja: Clear		
			Chaturthi* Until 9:13PM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

4	Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 241 Plava 5123
	Makara Rasi: 14.58	Tithi 5	Gulika 10:11AM – 11:30AM	Shravana Until 8:09PM	Ganesha: White <i>Sunrise:</i> 6:13AM	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 32 - 18 3rd Phase
	Creative Work	Siddha Yoga	Yama 7:33AM – 8:52AM	Dhruva Until 10:37AM	Muruqa: Clear		
	Until 8:09PM	Then Routine Work - Prabalarishta Yoga	Rahu 11:30AM – 12:50PM	Bava Until 8:01AM	Nataraja: Clear		
			Panchami Until 6:56PM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

5	Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 19 Sutra 242 Plava 5123
	Makara Rasi: 29.03	Tithi 6 – 7	Gulika 8:52AM – 10:12AM	Dhanishtha Until 7:18PM	Ganesha: White <i>Sunrise:</i> 6:14AM	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 32 - 19 3rd Phase
	Creative Work	Siddha Yoga	Yama 6:14AM – 7:33AM	Vyaghata* Until 7:54AM	Muruqa: Clear		
	Until 8:09PM		Rahu 12:50PM – 2:09PM	Kaulava Until 6:05AM	Nataraja: Clear		
			Shashthi* Until 5:23PM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

Vinayaga Viratam Ends

6	Friday, December 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 20 Sutra 243 Plava 5123
	Kumbha Rasi: 12.4	Tithi 7 – 8	Gulika 7:34AM – 8:53AM	Shatabhishak Until 7:05PM	Ganesha: White <i>Sunrise:</i> 6:15AM	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - 20 3rd Phase
	Creative Work	Siddha Yoga	Yama 2:09PM – 3:28PM	Vajra* Until 4:19AM Sat	Muruqa: Clear		
	Until 7:57PM		Rahu 10:12AM – 11:31AM	Visti Until 4:33AM Sat	Nataraja: Clear		
			Saptami Until 4:37PM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

D	Saturday, December 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manla Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 21 Sutra 244 Plava 5123
	Retreat Star		Gulika 6:15AM – 7:34AM	Purvaproshtapada* Until 7:57PM	Ganesha: White <i>Sunrise:</i> 6:15AM	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - 21 Ashtami
	Kumbha Rasi: 25.51	Tithi 8 – 9	Yama 12:51PM – 2:10PM	Siddhi Until 3:28AM Sun	Muruqa: Clear		
	Until 7:57PM		Rahu 8:54AM – 10:13AM	Balava Until 5:01AM Sun	Nataraja: Clear		
			Ashtami* Until 4:40PM	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

D	Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 22 Sutra 245 Plava 5123
	Retreat Star		Gulika 2:10PM – 3:29PM	Uttaraproshtapada Until 9:26PM	Ganesha: White <i>Sunrise:</i> 6:16AM	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32 - 22 Navami
	Meena Rasi: 8.37	Tithi 9 – 10	Yama 11:32AM – 12:51PM	Vyatipata* Until 3:11AM Mon	Muruqa: Clear		
	Until 7:57PM		Rahu 3:29PM – 4:48PM	Taitila Until 6:12AM Mon	Nataraja: Clear		
			Navami* Until 5:30PM	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau		Manama, Bahrain Sun 23 Sutra 246 Plava 5123	
	Meena Rasi: 21.04	Tithi 10	Gulika 12:52PM – 2:11PM	Revati Until 11:22PM	Ganesha: Yellow <i>Sunrise:</i> 6:17AM	
	Family Home Evening	714725465	Yama 10:14AM – 11:33AM	Variyan Until 3:22AM Tue	Muruqa: Clear <i>Sunset:</i> 4:48PM	Moon 11 - Phase 33 - 23
	Creative Work Siddha Yoga		Rahu 7:36AM – 8:55AM	Taitila Until 6:12AM	Nataraja: Clear	4th Phase
			Dashami Until 7:01PM	Moon – Clear	Devaloka Day	
				Margasira-Karttikai		

2	Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Manama, Bahrain Sun 24 Sutra 247 Plava 5123	
	Mesha Rasi: 3.15	Tithi 11	Gulika 11:33AM – 12:52PM	Ashvini Until 2:08AM Wed	Ganesha: White <i>Sunrise:</i> 6:17AM	
		724725465	Yama 8:55AM – 10:14AM	Parigha* Until 3:56AM Wed	Muruqa: Clear <i>Sunset:</i> 4:49PM	Moon 11 - Phase 33 - 24
	Creative Work Siddha Yoga		Rahu 2:11PM – 3:30PM	Vanija Until 8:01AM	Nataraja: Clear	4th Phase
		Gita Jayanthi	Ekadashi Until 9:05PM	Moon – White	Bhuloka Day	
				Margasira-Karttikai	Devaloka Time: 3:PM to 6:PM	

3	Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvodashyam Titau		Manama, Bahrain Sun 25 Sutra 248 Plava 5123	
	Mesha Rasi: 15.14	Tithi 12	Gulika 10:15AM – 11:34AM	Bharani Until 5:04AM Thu	Ganesha: White <i>Sunrise:</i> 6:18AM	
		724725465	Yama 7:37AM – 8:56AM	Shiva Until 4:46AM Thu	Muruqa: Clear <i>Sunset:</i> 4:49PM	Moon 11 - Phase 33 - 25
	Creative Work Siddha Yoga		Rahu 11:34AM – 12:52PM	Bava Until 10:18AM	Nataraja: Clear	4th Phase
			Dvadashi Until 11:33PM	Moon – White	Bhuloka Day	
				Margasira-Karttikai	Devaloka Time: 3:PM to 6:PM	

4	Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 249 Plava 5123	
	Mesha Rasi: 27.07	Tithi 13	Gulika 8:56AM – 10:15AM	Krittika Until 8:00AM Fri	Ganesha: Yellow <i>Sunrise:</i> 6:19AM	
		824725465	Yama 6:19AM – 7:37AM	Siddha Until 5:42AM Fri	Muruqa: Clear <i>Sunset:</i> 4:49PM	Moon 11 - Phase 33 - 26
	Routine Work Marana Yoga		Rahu 12:53PM – 2:12PM	Kaulava Until 12:53PM	Nataraja: Clear	4th Phase
		Markali Pillaiyar	Trayodashi Until 2:13AM Fri	Moon – White	Devaloka Day	
				Margasira-Markali		
				<i>Pradosha Vrata</i>		

5	Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 250 Plava 5123	
	Vrishabha Rasi: 8.55	Tithi 14	Gulika 7:38AM – 8:57AM	Krittika Until 8:00AM	Ganesha: Yellow <i>Sunrise:</i> 6:19AM	
		824725465	Yama 2:12PM – 3:31PM	Sadhya Until 6:41AM Sat	Muruqa: Clear <i>Sunset:</i> 4:50PM	Moon 11 - Phase 33 - 27
	Creative Work Siddha Yoga		Rahu 10:16AM – 11:35AM	Gara Until 3:36PM	Nataraja: Clear	4th Phase
			Chaturdashi* Until 4:57AM Sat	Moon – White	Devaloka Day	
				Margasira-Markali		

○	Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Visti* Karana Purnimayam Titau		Manama, Bahrain Sutra 251 Plava 5123	
	Copper Retreat Star		Gulika 6:20AM – 7:39AM	Rohini Until 11:19AM	Ganesha: White <i>Sunrise:</i> 6:20AM	
	Vrishabha Rasi: 20.43	Tithi 15	Yama 12:54PM – 2:13PM	Sadhya Until 6:41AM	Muruqa: Clear <i>Sunset:</i> 4:50PM	Moon 11 - Phase 33 - Purnima
		834725465	Rahu 8:57AM – 10:16AM	Visti Until 6:20PM	Nataraja: Clear	
			Purnima* Until 7:38AM Sun	Moon – Yellow	Bhuloka Day	
				Margasira-Markali	Devaloka Time: 3:PM to 6:PM	

○	Sunday, December 19, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Manama, Bahrain Sutra 252 Plava 5123	
	Silver Retreat Star		Gulika 2:13PM – 3:32PM	Mrigashira Until 2:23PM	Ganesha: White <i>Sunrise:</i> 6:20AM	
	Mithuna Rasi: 2.31	Tithi 15 – 16	Yama 11:36AM – 12:54PM	Subha Until 7:39AM	Muruqa: Clear <i>Sunset:</i> 4:51PM	Moon 11 - Phase 33 - Prathama
		834725465	Rahu 3:32PM – 4:51PM	Balava Until 8:56PM	Nataraja: Clear	
			Purnima* Until 7:38AM	Moon – Yellow	Bhuloka Day	
				Margasira-Markali	Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain

Sutra 253

Plava 5123

Mithuna Rasi: 14.23 Tithi 16 - 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 5:06PM

Then Creative Work - Amrita Yoga

Gulika 12:55PM - 2:14PM

Yama 10:17AM - 11:36AM

Rahu 7:40AM - 8:58AM

Ardra Until 5:06PM

Sukla Until 8:27AM

Taitila Until 11:21PM

Prathama* Until 10:09AM

Ganesha: White Sunrise: 6:21AM

Muruqa: Clear Sunset: 4:51PM

Nataraja: Clear

Moon - Yellow

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1

Tuesday, December 21, 2021

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 254

Plava 5123

Mithuna Rasi: 26.21 Tithi 17 - 18

844725465

Creative Work Siddha Yoga

Gulika 11:37AM - 12:55PM

Yama 8:59AM - 10:18AM

Rahu 2:14PM - 3:33PM

Punarvasu Until 7:54PM

Brahma Until 9:05AM

Vanija Until 1:28AM Wed

Dvitiya Until 12:25PM

Ganesha: Clear Sunrise: 6:21AM

Muruqa: Clear Sunset: 4:52PM

Nataraja: Clear

Moon - Blue

Margasira*Markali

Devaloka Day

Day 1 of Pancha Ganapati

2

Wednesday, December 22, 2021

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Vistri*/Bava Karana Tritiya/Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 8.25 Tithi 18 - 19

844725465

Creative Work Siddha Yoga

Gulika 10:18AM - 11:37AM

Yama 7:41AM - 8:59AM

Rahu 11:37AM - 12:56PM

Pushya Until 10:13PM

Indra Until 9:31AM

Bava Until 3:15AM Thu

Tritiya Until 2:23PM

Ganesha: Clear Sunrise: 6:22AM

Muruqa: Clear Sunset: 4:52PM

Nataraja: Clear

Moon - Blue

Margasira*Markali

Devaloka Day

Day 2 of Pancha Ganapati

3

Thursday, December 23, 2021

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 20.38 Tithi 19 - 20

844725465

Creative Work Siddha Yoga

Until 12:01AM Fri

Then Routine Work - Marana Yoga

Gulika 9:00AM - 10:19AM

Yama 6:22AM - 7:41AM

Rahu 12:56PM - 2:15PM

Ashlesha* Until 12:01AM Fri

Vaidhriti* Until 9:39AM

Kaulava Until 4:37AM Fri

Chaturthi* Until 3:58PM

Ganesha: Clear Sunrise: 6:22AM

Muruqa: Clear Sunset: 4:53PM

Nataraja: Clear

Moon - Blue

Margasira*Markali

Devaloka Day

Day 3 of Pancha Ganapati

4

Friday, December 24, 2021

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 3.01 Tithi 20 - 21

854725465

Routine Work Marana Yoga

Until 1:40AM Sat

Then Creative Work - Siddha Yoga

Gulika 7:42AM - 9:00AM

Yama 2:16PM - 3:34PM

Rahu 10:19AM - 11:38AM

Magha* Until 1:40AM Sat

Vishkambha* Until 9:28AM

Gara Until 5:30AM Sat

Panchami Until 5:06PM

Ganesha: Purple Sunrise: 6:23AM

Muruqa: Clear Sunset: 4:53PM

Nataraja: Clear

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Day 4 of Pancha Ganapati

5

Saturday, December 25, 2021

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Vanija/Vistri* Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 15.37 Tithi 21 - 22

855825465

Creative Work Siddha Yoga

Until 2:37AM Sun

Then Creative Work - Amrita Yoga

Gulika 6:23AM - 7:42AM

Yama 12:57PM - 2:16PM

Rahu 9:01AM - 10:20AM

Purvaphalguni Until 2:37AM Sun

Priti Until 8:55AM

Vistri Until 5:49AM Sun

Shashthi* Until 5:43PM

Ganesha: Purple Sunrise: 6:23AM

Muruqa: Clear Sunset: 4:54PM

Nataraja: Clear

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Day 5 of Pancha Ganapati

6

Sunday, December 26, 2021

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 259

Plava 5123

Simha Rasi: 28.29 Tithi 22 - 23

855825466

Creative Work Amrita Yoga

Until 2:50AM Mon

Then Creative Work - Siddha Yoga

Gulika 2:17PM - 3:35PM

Yama 11:39AM - 12:58PM

Rahu 3:35PM - 4:54PM

Uttaraphalguni Until 2:50AM Mon

Ayushman Until 7:54AM

Balava Until 5:30AM Mon

Saptami Until 5:43PM

Ganesha: Purple Sunrise: 6:24AM

Muruqa: Clear Sunset: 4:54PM

Nataraja: Orange

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Day 6 of Pancha Ganapati

D

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 11.4 Tithi 23 - 24

Family Home Evening 865825466

Creative Work Siddha Yoga

Gulika 12:58PM - 2:17PM

Yama 10:21AM - 11:40AM

Rahu 7:43AM - 9:02AM

Hasta Until 2:40AM Tue

Saubhagya Until 6:24AM

Taitila Until 4:30AM Tue

Ashtami* Until 5:04PM

Ganesha: Clear Sunrise: 6:24AM

Muruqa: Clear Sunset: 4:55PM

Nataraja: Orange

Moon - Green

Margasira*Markali

Devaloka Day

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Manama, Bahrain

Sun 8 Sutra 261

Plava 5123

Kanya Rasi: 25.13 Tithi 24 - 25

865825466

Creative Work Siddha Yoga

Gulika 11:40AM - 12:59PM

Yama 9:02AM - 10:21AM

Rahu 2:18PM - 3:37PM

Chitra Until 1:43AM Wed

Athiganda* Until 1:49AM Wed

Vanija Until 2:50AM Wed

Navami* Until 3:44PM

Ganesha: Clear Sunrise: 6:25AM

Muruqa: Clear Sunset: 4:55PM

Nataraja: Orange

Moon - Green

Margasira*Markali

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

times are standard time. Calculated for Manama, Bahrain on 5/23


www.gurudeva.org/panchang

1	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Manama, Bahrain
			Svati Nakshatra Sukarma Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 262
	Tula Rasi: 9.11	Tithi 25 – 26	Gulika 10:22AM – 11:41AM	Svati Until 12:00AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Plava 5123
	865825466	Rahu 11:41AM – 12:59PM	Yama 7:44AM – 9:03AM	Sukarma Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 35 - 9
Creative Work	Siddha Yoga		Bava Until 12:33AM Thu	Nataraja: Orange		2nd Phase	
			Dashami Until 1:45PM	Moon – Green		Devaloka Day	
				Margasira*Markali			

2	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Manama, Bahrain
			Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 263
	Tula Rasi: 23.32	Tithi 26 – 27	Gulika 9:03AM – 10:22AM	Vishakha Until 10:02PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Plava 5123
	875825466	Rahu 1:00PM – 2:19PM	Yama 6:25AM – 7:44AM	Dhriti Until 7:17PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 35 - 10
Creative Work	Siddha Yoga		Kaulava Until 9:44PM	Nataraja: Orange		2nd Phase	
			Ekadashi* Until 11:11AM	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

3	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Manama, Bahrain
			Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 264
	Vrischika Rasi: 8.14	Tithi 27 – 28	Gulika 7:45AM – 9:04AM	Anuradha Until 7:30PM	Ganesha: White	<i>Sunrise:</i> 6:26AM	Plava 5123
	875825466	Rahu 10:23AM – 11:41AM	Yama 2:19PM – 3:38PM	Shula* Until 3:25PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 35 - 11
Creative Work	Siddha Yoga		Gara Until 6:29PM	Nataraja: Orange		2nd Phase	
Until 7:30PM			Dvadashi* Until 8:08AM	Moon – Orange		Bhuloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>	Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

4	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Manama, Bahrain
			Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 265
	Vrischika Rasi: 23.14	Tithi 29	Gulika 6:26AM – 7:45AM	Jyeshtha* Until 4:35PM	Ganesha: White	<i>Sunrise:</i> 6:26AM	Plava 5123
	875825466	Rahu 9:04AM – 10:23AM	Yama 1:01PM – 2:20PM	Ganda* Until 11:20AM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 35 - 12
Creative Work	Siddha Yoga		Visti Until 2:59PM	Nataraja: Orange		2nd Phase	
			Chaturdashi* Until 1:09AM Sun	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain
	Retreat Star		Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 266
	Dhanus Rasi: 8.22	Tithi 30	Gulika 2:21PM – 3:40PM	Mula* Until 1:50PM	Ganesha: Green	<i>Sunrise:</i> 6:26AM	Plava 5123
	885825466	Rahu 3:40PM – 4:59PM	Yama 11:42AM – 1:02PM	Vriddhi Until 7:08AM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 35 - 13
Creative Work	Amrita Yoga		Catuspada Until 11:21AM	Nataraja: Orange		Amavasya	
Until 1:50PM			Amavasya* Until 9:32PM	Moon – Light Blue		Bhuloka Day	
Then Creative Work - Siddha Yoga		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

Monday, January 3, 2022	Retreat Star		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain
			Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 267
	Dhanus Rasi: 23.31	Tithi 1	Gulika 1:02PM – 2:21PM	Purvashadha* Until 11:01AM	Ganesha: Green	<i>Sunrise:</i> 6:26AM	Plava 5123
	885825466	Rahu 7:46AM – 9:05AM	Yama 10:24AM – 11:43AM	Vyaghata* Until 10:52PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 35 - 14
Family Home Evening			Kintughna Until 7:46AM	Nataraja: Orange		Prathama	
Routine Work	Marana Yoga		Prathama* Until 6:02PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Markali		Devaloka Time: 3:PM to 6:PM	

1	Tuesday, January 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 15 Sutra 268 Plava 5123
	Makara Rasi: 8.29	Tithi 2 – 3	Gulika 11:43AM – 1:03PM	Uttarashadha Until 8:18AM	Ganesha: Orange	<i>Sunrise:</i> 6:27AM	
			Yama 9:05AM – 10:24AM	Harshana Until 7:06PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 36 - 15
	Routine Work Prabalarishta Yoga Until 8:18AM Then Creative Work - Siddha Yoga	886825466	Rahu 2:22PM – 3:41PM	Taitila Until 1:26AM Wed Dvitiya Until 2:51PM	Nataraja: Orange Moon – Light Blue		3rd Phase Devaloka Day

2	Wednesday, January 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Manama, Bahrain Sun 16 Sutra 269 Plava 5123
	Makara Rasi: 23.09	Tithi 3 – 4	Gulika 10:25AM – 11:44AM	Shravana Until 6:16AM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	
			Yama 7:46AM – 9:05AM	Vajra* Until 3:44PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36 - 16
	Creative Work Siddha Yoga Until 6:16AM Then Routine Work - Prabalarishta Yoga	896825466	Rahu 11:44AM – 1:03PM	Vanija Until 11:00PM Tritiya Until 12:07PM	Nataraja: Orange Moon – Purple		3rd Phase Devaloka Day

3	Thursday, January 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Manama, Bahrain Sun 17 Sutra 270 Plava 5123
	Kumbha Rasi: 7.25	Tithi 4 – 5	Gulika 9:06AM – 10:25AM	Shatabhishak Until 3:41AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	
			Yama 6:27AM – 7:46AM	Siddhi Until 12:53PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36 - 17
	Creative Work Siddha Yoga	896825466	Rahu 1:04PM – 2:23PM	Bava Until 9:16PM Chaturthi* Until 10:01AM	Nataraja: Orange Moon – Purple		3rd Phase Devaloka Day

4	Friday, January 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Manama, Bahrain Sun 18 Sutra 271 Plava 5123
	Kumbha Rasi: 21.13	Tithi 5 – 6	Gulika 7:47AM – 9:06AM	Purvaproshtapada* Until 3:48AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:27AM	
			Yama 2:23PM – 3:43PM	Vyatipata* Until 10:40AM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 36 - 18
	Creative Work Siddha Yoga	816825466	Rahu 10:25AM – 11:45AM	Kaulava Until 8:21PM Panchami Until 8:41AM	Nataraja: Orange Moon – Clear		3rd Phase Devaloka Day

5	Saturday, January 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Manama, Bahrain Sun 19 Sutra 272 Plava 5123
	Meena Rasi: 4.31	Tithi 6 – 7	Gulika 6:27AM – 7:47AM	Uttaraproshtapada Until 4:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:27AM	
			Yama 1:05PM – 2:24PM	Variyan Until 9:07AM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 36 - 19
	Creative Work Siddha Yoga Until 4:37AM Sun Then Creative Work - Amrita Yoga	816825466	Rahu 9:06AM – 10:26AM	Gara Until 8:20PM Shashthi* Until 8:13AM	Nataraja: Orange Moon – Clear		3rd Phase Devaloka Day

☾	Sunday, January 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 20 Sutra 273 Plava 5123
	Retreat Star		Gulika 2:25PM – 3:44PM	Revati Until 6:07AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:28AM	
	Meena Rasi: 17.23	Tithi 7 – 8	Yama 11:46AM – 1:05PM	Parigha* Until 8:15AM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 36 - 20
	Creative Work Amrita Yoga Until 6:07AM Mon Then Creative Work - Siddha Yoga	816825466	Rahu 3:44PM – 5:04PM	Visti Until 9:11PM Saptami Until 8:38AM	Nataraja: Orange Moon – Clear		Ashtami Devaloka Day

☾	Monday, January 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 21 Sutra 274 Plava 5123
	Retreat Star		Gulika 1:06PM – 2:25PM	Revati Until 6:07AM	Ganesha: Red	<i>Sunrise:</i> 6:28AM	
	Meena Rasi: 29.51	Tithi 8 – 9	Yama 10:26AM – 11:46AM	Shiva Until 8:03AM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 36 - 21
	Family Home Evening Creative Work Siddha Yoga	816825466	Rahu 7:47AM – 9:07AM	Balava Until 10:49PM Ashtami* Until 9:54AM	Nataraja: Orange Moon – Clear		Navami Devaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Tuesday, January 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Manama, Bahrain	
	Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22		Sutra 275		Plava 5123	
	Mesha Rasi: 12	Tithi 9 – 10	Gulika 11:46AM – 1:06PM	Ashvini Until 8:38AM	Ganesha: Red	<i>Sunrise:</i> 6:28AM	Muruqa: Clear	<i>Sunset:</i> 5:05PM
	827825466	Rahu 2:26PM – 3:45PM	Yama 9:07AM – 10:27AM	Siddha Until 8:22AM	Nataraja: Orange	Moon – White	Moon 12 - Phase 37 - 22 4th Phase	
Creative Work	Siddha Yoga	Navami* Until 11:52AM			Pausha-Markali		Devaloka Day	

2	Wednesday, January 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Manama, Bahrain	
	Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23		Sutra 276		Plava 5123	
	Mesha Rasi: 23.57	Tithi 10 – 11	Gulika 10:27AM – 11:47AM	Bharani Until 11:29AM	Ganesha: Red	<i>Sunrise:</i> 6:28AM	Muruqa: Clear	<i>Sunset:</i> 5:06PM
	827825466	Rahu 11:47AM – 1:07PM	Yama 7:47AM – 9:07AM	Sadhya Until 9:05AM	Nataraja: Orange	Moon – White	Moon 12 - Phase 37 - 23 4th Phase	
Creative Work	Siddha Yoga	Vaikuntha Ekadasi			Pausha-Markali		Devaloka Day	
Until 11:29AM		Then Creative Work - Amrita Yoga						

3	Thursday, January 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Manama, Bahrain	
	Krittika/Rohini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24		Sutra 277		Plava 5123	
	Vrishabha Rasi: 5.46	Tithi 11 – 12	Gulika 9:07AM – 10:27AM	Krittika Until 2:27PM	Ganesha: Red	<i>Sunrise:</i> 6:28AM	Muruqa: Clear	<i>Sunset:</i> 5:07PM
	827825466	Rahu 1:07PM – 2:27PM	Yama 6:28AM – 7:48AM	Subha Until 10:04AM	Nataraja: Orange	Moon – White	Moon 12 - Phase 37 - 24 4th Phase	
Routine Work	Marana Yoga	Ekadashi Until 5:05PM			Pausha-Markali		Devaloka Day	

4	Friday, January 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Manama, Bahrain	
	Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 278		Plava 5123	
	Vrishabha Rasi: 17.32	Tithi 12	Gulika 7:48AM – 9:08AM	Rohini Until 5:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Muruqa: Clear	<i>Sunset:</i> 5:07PM
	827825466	Rahu 10:28AM – 11:48AM	Yama 2:28PM – 3:47PM	Sukla Until 11:05AM	Nataraja: Orange	Moon – Yellow	Moon 12 - Phase 37 - 25 4th Phase	
Routine Work	Marana Yoga	Thai Pongal			Pausha-Thai		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 5:48PM		Then Creative Work - Siddha Yoga						

5	Saturday, January 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Manama, Bahrain	
	Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 279		Plava 5123	
	Vrishabha Rasi: 29.19	Tithi 13	Gulika 6:28AM – 7:48AM	Mrigashira Until 8:52PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Muruqa: Clear	<i>Sunset:</i> 5:08PM
	827825466	Rahu 9:08AM – 10:28AM	Yama 1:08PM – 2:28PM	Brahma Until 12:02PM	Nataraja: Orange	Moon – Yellow	Moon 12 - Phase 37 - 26 4th Phase	
Creative Work	Siddha Yoga	Trayodashi Until 10:30PM			Pausha-Thai		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
<i>Pradosha Vrata</i>								

6	Sunday, January 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Manama, Bahrain	
	Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 280		Plava 5123	
	Mithuna Rasi: 11.11	Tithi 14	Gulika 2:29PM – 3:49PM	Ardra Until 11:30PM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Muruqa: Clear	<i>Sunset:</i> 5:09PM
	827825466	Rahu 3:49PM – 5:09PM	Yama 11:48AM – 1:08PM	Indra Until 12:50PM	Nataraja: Orange	Moon – Yellow	Moon 12 - Phase 37 - 27 4th Phase	
Creative Work	Siddha Yoga	Gara Until 11:44AM			Pausha-Thai		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Chaturdashi* Until 12:51AM Mon								

○	Monday, January 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Manama, Bahrain	
	Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 281		Plava 5123	
	Mithuna Rasi: 23.1	Tithi 15	Gulika 1:09PM – 2:29PM	Punarvasu Until 2:06AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:28AM	Muruqa: Purple	<i>Sunset:</i> 5:10PM
	848835466	Rahu 7:48AM – 9:08AM	Yama 10:28AM – 11:49AM	Vaidhriti* Until 1:21PM	Nataraja: Orange	Moon – Blue	Moon 12 - Phase 37 - Purnima	
Family Home Evening	Amrita Yoga	Visti Until 1:54PM			Pausha-Thai		Sivaloka Day	
Until 2:06AM Tue		Then Creative Work - Siddha Yoga						

○	Tuesday, January 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Manama, Bahrain	
	Pushya Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 282		Plava 5123	
	Kataka Rasi: 5.18	Tithi 16	Gulika 11:49AM – 1:09PM	Pushya Until 4:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:27AM	Muruqa: Purple	<i>Sunset:</i> 5:11PM
	848835466	Rahu 2:30PM – 3:50PM	Yama 9:08AM – 10:29AM	Vishkambha* Until 1:35PM	Nataraja: Orange	Moon – Blue	Moon 12 - Phase 37 - Prathama	
Creative Work	Siddha Yoga	Balava Until 3:41PM			Pausha-Thai		Sivaloka Day	
Thai Pusam				Prathama* Until 4:24AM Wed				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Wednesday, January 19, 2022
Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain
Sutra 283
Plava 5123
Moon 1 - Phase 38 -
1st Phase

Kataka Rasi: 17.36 Tithi 17
848935466
Creative Work Siddha Yoga
Until 5:42AM Thu
Then Creative Work - Amrita Yoga

Gulika 10:29AM – 11:49AM
Yama 7:48AM – 9:08AM
Rahu 11:49AM – 1:10PM

Ashlesha* Until 5:42AM Thu
Priti Until 1:33PM
Taitila Until 5:03PM
Dvitiya Until 5:34AM Thu

Ganesha: Yellow *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 5:11PM
Nataraja: Orange
Moon – Blue
Pausha*Thai

Sivaloka Day

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Vanija Karana Tritiyayam Titau

Manama, Bahrain
Sun 1 Sutra 284
Plava 5123
Moon 1 - Phase 38 - 1
1st Phase

Simha Rasi: 0.04 Tithi 18
858935466
Creative Work Amrita Yoga
Until 7:10AM Fri
Then Creative Work - Siddha Yoga

Gulika 9:08AM – 10:29AM
Yama 6:27AM – 7:48AM
Rahu 1:10PM – 2:31PM

Magha* Until 7:10AM Fri
Ayushman Until 1:10PM
Vanija Until 6:02PM
Tritiya Until 6:21AM Fri

Ganesha: White *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 5:12PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Manama, Bahrain
Sun 2 Sutra 285
Plava 5123
Moon 1 - Phase 38 - 2
1st Phase

Simha Rasi: 12.42 Tithi 18 – 19
858935466
Routine Work Marana Yoga
Until 7:10AM
Then Creative Work - Siddha Yoga

Gulika 7:48AM – 9:08AM
Yama 2:31PM – 3:52PM
Rahu 10:29AM – 11:50AM

Magha* Until 7:10AM
Saubhagya Until 12:31PM
Bava Until 6:37PM
Tritiya Until 6:21AM

Ganesha: White *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 5:13PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Manama, Bahrain
Sun 3 Sutra 286
Plava 5123
Moon 1 - Phase 38 - 3
1st Phase

Simha Rasi: 25.31 Tithi 19 – 20
858935466
Creative Work Siddha Yoga
Until 8:06AM
Then Routine Work - Marana Yoga

Gulika 6:27AM – 7:48AM
Yama 1:11PM – 2:32PM
Rahu 9:08AM – 10:29AM

Purvaphalguni Until 8:06AM
Sobhana Until 11:35AM
Kaulava Until 6:49PM
Chaturthi* Until 6:45AM

Ganesha: White *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 5:14PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain
Sun 4 Sutra 287
Plava 5123
Moon 1 - Phase 38 - 4
1st Phase

Kanya Rasi: 8.32 Tithi 20 – 21
858935466
Creative Work Amrita Yoga

Gulika 2:32PM – 3:53PM
Yama 11:50AM – 1:11PM
Rahu 3:53PM – 5:14PM

Uttaraphalguni Until 8:30AM
Athiganda* Until 10:18AM
Gara Until 6:36PM
Panchami Until 6:44AM

Ganesha: White *Sunrise:* 6:27AM
Muruqa: Purple *Sunset:* 5:14PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Manama, Bahrain
Sun 5 Sutra 288
Plava 5123
Moon 1 - Phase 38 - 5
1st Phase

Kanya Rasi: 21.46 Tithi 21 – 22
869935466
Family Home Evening
Creative Work Siddha Yoga
Until 8:47AM
Then Routine Work - Prabalarishta Yoga

Gulika 1:12PM – 2:33PM
Yama 10:30AM – 11:51AM
Rahu 7:47AM – 9:08AM

Hasta Until 8:47AM
Sukarma Until 8:42AM
Bava Until 5:24AM Tue
Shashthi* Until 6:18AM

Ganesha: Orange *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 5:15PM
Nataraja: Orange
Moon – Green
Pausha*Thai

Sivaloka Day

D

Tuesday, January 25, 2022
Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain
Sun 6 Sutra 289
Plava 5123
Moon 1 - Phase 38 - 6
Ashtami

Tula Rasi: 5.16 Tithi 23
969935466
Creative Work Siddha Yoga

Gulika 11:51AM – 1:12PM
Yama 9:08AM – 10:30AM
Rahu 2:33PM – 3:55PM

Chitra Until 8:28AM
Dhriti Until 6:45AM
Balava Until 4:47PM
Ashtami* Until 4:01AM Wed

Ganesha: Green *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 5:16PM
Nataraja: Orange
Moon – Green
Pausha*Thai

Devaloka Day

Wednesday, January 26, 2022
Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Manama, Bahrain
Sun 7 Sutra 290
Plava 5123
Moon 1 - Phase 38 - 7
Navami

Tula Rasi: 19.02 Tithi 24
969935466
Creative Work Siddha Yoga

Gulika 10:30AM – 11:51AM
Yama 7:47AM – 9:08AM
Rahu 11:51AM – 1:13PM

Svati Until 7:31AM
Ganda* Until 1:39AM Thu
Taitila Until 3:09PM
Navami* Until 2:08AM Thu

Ganesha: Green *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 5:17PM
Nataraja: Orange
Moon – Green
Pausha*Thai


Devaloka Day

1	Thursday, January 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Vanija/Visli* Karana Dashamyam Titau				Manama, Bahrain Sun 8 Sutra 291
	Vrischika Rasi: 3.06	Tithi 25	Gulika 9:08AM – 10:30AM	Vishakha Until 6:23AM	Ganesha: Orange	<i>Sunrise:</i> 6:25AM	Plava 5123
			Yama 6:25AM – 7:47AM	Vridhi Until 10:34PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 39 - 8
	979935466	Rahu 1:13PM – 2:34PM	Vanija Until 1:03PM		Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:49PM	Moon – Orange		Sivaloka Day	
				Pausha • Thai			

2	Friday, January 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Manama, Bahrain Sun 9 Sutra 292
	Vrischika Rasi: 17.28	Tithi 26	Gulika 7:47AM – 9:08AM	Jyeshtha* Until 2:27AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:25AM	Plava 5123
			Yama 2:35PM – 3:57PM	Dhruva Until 7:08PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 39 - 9
	979935466	Rahu 10:30AM – 11:52AM	Bava Until 10:31AM		Nataraja: Orange		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 9:06PM	Moon – Orange		Sivaloka Day	
Until 2:27AM Sat				Pausha • Thai			
Then Creative Work - Siddha Yoga							

3	Saturday, January 29, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Manama, Bahrain Sun 10 Sutra 293
	Dhanus Rasi: 2.05	Tithi 27	Gulika 6:25AM – 7:46AM	Mula* Until 12:16AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:25AM	Plava 5123
			Yama 1:14PM – 2:35PM	Vyaghata* Until 3:29PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 39 - 10
	989935466	Rahu 9:08AM – 10:30AM	Kaulava Until 7:39AM		Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:06PM	Moon – Light Blue		Devaloka Day	
				Pausha • Thai			

4	Sunday, January 30, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 11 Sutra 294
	Dhanus Rasi: 16.52	Tithi 28 – 29	Gulika 2:36PM – 3:58PM	Purvashadha* Until 9:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:24AM	Plava 5123
			Yama 11:52AM – 1:14PM	Harshana Until 11:42AM	Muruqa: Purple	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 39 - 11
	989935466	Rahu 3:58PM – 5:20PM	Visti Until 1:22AM Mon		Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 2:57PM	Moon – Light Blue		Devaloka Day	
Until 9:49PM				Pausha • Thai			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

	Monday, January 31, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain Sun 12 Sutra 295
	Retreat Star		Gulika 1:14PM – 2:36PM	Uttarashadha Until 7:16PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:24AM	Plava 5123
	Makara Rasi: 1.43	Tithi 29 – 30	Yama 10:30AM – 11:52AM	Vajra* Until 7:51AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39 - 12
	989935466	Rahu 7:46AM – 9:08AM	Catuspada Until 10:15PM		Nataraja: Orange		Amavasya
Family Home Evening			Chaturdashi* Until 11:46AM	Moon – Light Blue		Devaloka Day	
Routine Work	Marana Yoga			Pausha • Thai			
Until 7:16PM							
Then Creative Work - Amrita Yoga							

	Tuesday, February 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 13 Sutra 296
	Retreat Star		Gulika 11:52AM – 1:14PM	Shravana Until 5:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Plava 5123
	Makara Rasi: 16.29	Tithi 30 – 1	Yama 9:08AM – 10:30AM	Vyatipata* Until 12:37AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39 - 13
	991935466	Rahu 2:36PM – 3:58PM	Kintughna Until 7:21PM		Nataraja: Orange		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 8:45AM	Moon – Purple		Sivaloka Day	
				Magha • Thai			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austeriy, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain
	Kumbha Rasi: 1.04	Tithi 1 – 2	Gulika 10:30AM – 11:52AM	Dhanishtha Until 3:22PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sun 14 Sutra 297
		991935466	Yama 7:46AM – 9:08AM	Variyan Until 9:26PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Plava 5123
			Rahu 11:52AM – 1:15PM	Kaulava Until 3:46AM Thu	Nataraja: Orange		Moon 1 - Phase 40 - 14
	Routine Work	Prabalarishta Yoga		Prathama* Until 6:01AM	Moon – Purple		3rd Phase
	Until 3:22PM				Magha-Thai	Sivaloka Day	
	Then Creative Work - Siddha Yoga						

2	Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau				Manama, Bahrain
	Kumbha Rasi: 15.17	Tithi 3	Gulika 9:08AM – 10:30AM	Shatabhishak Until 1:55PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sun 15 Sutra 298
		991935467	Yama 6:23AM – 7:45AM	Parigha* Until 6:44PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Plava 5123
			Rahu 1:15PM – 2:37PM	Taitila Until 2:54PM	Nataraja: Clear		Moon 1 - Phase 40 - 15
	Creative Work	Siddha Yoga		Tritiya Until 2:09AM Fri	Moon – Purple		3rd Phase
					Magha-Thai	Sivaloka Day	

3	Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Manama, Bahrain
	Kumbha Rasi: 29.07	Tithi 4	Gulika 7:45AM – 9:07AM	Purvaproshtapada* Until 1:27PM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	Sun 16 Sutra 299
		911935467	Yama 2:38PM – 4:00PM	Shiva Until 4:38PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Plava 5123
			Rahu 10:30AM – 11:53AM	Vanija Until 1:38PM	Nataraja: Clear		Moon 1 - Phase 40 - 16
	Creative Work	Siddha Yoga		Chaturthi* Until 1:18AM Sat	Moon – Clear		3rd Phase
					Magha-Thai	Subha Sivaloka Day	

4	Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain
	Meena Rasi: 12.3	Tithi 5	Gulika 6:22AM – 7:45AM	Uttaraproshtapada Until 1:37PM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	Sun 17 Sutra 300
		911935467	Yama 1:15PM – 2:38PM	Siddha Until 3:09PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Plava 5123
			Rahu 9:07AM – 10:30AM	Bava Until 1:12PM	Nataraja: Clear		Moon 1 - Phase 40 - 17
	Creative Work	Siddha Yoga		Panchami Until 1:17AM Sun	Moon – Clear		3rd Phase
	Until 1:37PM				Magha-Thai	Subha Sivaloka Day	
	Then Routine Work - Prabalarishta Yoga						

5	Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Manama, Bahrain
	Meena Rasi: 25.26	Tithi 6	Gulika 2:38PM – 4:01PM	Revati Until 2:29PM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Sun 18 Sutra 301
		911935467	Yama 11:53AM – 1:16PM	Sadhya Until 2:21PM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Plava 5123
			Rahu 4:01PM – 5:24PM	Kaulava Until 1:38PM	Nataraja: Clear		Moon 1 - Phase 40 - 18
	Creative Work	Amrita Yoga		Shashthi* Until 2:09AM Mon	Moon – Clear		3rd Phase
	Until 2:29PM				Magha-Thai	Subha Sivaloka Day	
	Then Creative Work - Siddha Yoga						

6	Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain
	Mesha Rasi: 7.58	Tithi 7	Gulika 1:16PM – 2:39PM	Ashvini Until 4:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Sun 19 Sutra 302
	Family Home Evening		Yama 10:30AM – 11:53AM	Subha Until 2:12PM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Plava 5123
		921935467	Rahu 7:44AM – 9:07AM	Gara Until 2:54PM	Nataraja: Clear		Moon 1 - Phase 40 - 19
	Creative Work	Siddha Yoga		Saptami Until 3:48AM Tue	Moon – White		3rd Phase
					Magha-Thai	Sivaloka Day	

D	Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Manama, Bahrain
	Retreat Star		Gulika 11:53AM – 1:16PM	Bharani Until 6:57PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Sun 20 Sutra 303
	Mesha Rasi: 20.1	Tithi 8	Yama 9:07AM – 10:30AM	Sukla Until 2:34PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM	Plava 5123
		921935467	Rahu 2:39PM – 4:02PM	Visti Until 4:53PM	Nataraja: Clear		Moon 1 - Phase 40 - 20
	Creative Work	Siddha Yoga		Ashtami* Until 6:03AM Wed	Moon – White		Ashtami
					Magha-Thai	Sivaloka Day	

D	Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain
	Retreat Star		Gulika 10:30AM – 11:53AM	Krittika Until 9:44PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Sun 21 Sutra 304
	Vrishabha Rasi: 2.08	Tithi 8 – 9	Yama 7:43AM – 9:06AM	Brahma Until 3:20PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM	Plava 5123
		921935467	Rahu 11:53AM – 1:16PM	Balava Until 7:22PM	Nataraja: Clear		Moon 1 - Phase 40 - 21
	Creative Work	Amrita Yoga		Ashtami* Until 6:03AM	Moon – White		Navami
	Until 9:44PM				Magha-Thai	Sivaloka Day	
	Then Creative Work - Siddha Yoga						

1	Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Manama, Bahrain
	Vishabha Rasi: 13.58	Tithi 9 – 10	Gulika 9:06AM – 10:29AM	Rohini Until 1:03AM Fri	Ganesha: White	<i>Sunrise:</i> 6:19AM	Sun 22 Sutra 305
	931935467	Rahu 1:17PM – 2:40PM	Yama 6:19AM – 7:42AM	Indra Until 4:20PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Plava 5123
Routine Work	Marana Yoga		Taitila Until 10:05PM	Nataraja: Clear		Moon 1 - Phase 41 - 22	
Until 1:03AM Fri			Navami* Until 8:41AM	Moon – Yellow		4th Phase	
Then Creative Work - Siddha Yoga				Magha-Thai		Subha Sivaloka Day	

2	Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Manama, Bahrain
	Vishabha Rasi: 25.45	Tithi 10 – 11	Gulika 7:42AM – 9:06AM	Mrigashira Until 4:09AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Sun 23 Sutra 306
	932935467	Rahu 10:29AM – 11:53AM	Yama 2:40PM – 4:04PM	Vaidhriti* Until 5:19PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Plava 5123
Creative Work	Siddha Yoga		Vanija Until 12:46AM Sat	Nataraja: Clear		Moon 1 - Phase 41 - 23	
			Dashami Until 11:26AM	Moon – Yellow		4th Phase	
				Magha-Thai		Sivaloka Day	

3	Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain
	Mithuna Rasi: 7.34	Tithi 11 – 12	Gulika 6:18AM – 7:41AM	Ardra Until 6:48AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Sun 24 Sutra 307
	932935467	Rahu 9:05AM – 10:29AM	Yama 1:17PM – 2:41PM	Vishkambha* Until 6:10PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Plava 5123
Creative Work	Siddha Yoga		Bava Until 3:12AM Sun	Nataraja: Clear		Moon 1 - Phase 41 - 24	
			Ekadashi Until 2:01PM	Moon – Yellow		4th Phase	
				Magha-Thai		Sivaloka Day	

4	Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain
	Mithuna Rasi: 19.3	Tithi 12 – 13	Gulika 2:41PM – 4:05PM	Ardra Until 6:48AM	Ganesha: Red	<i>Sunrise:</i> 6:17AM	Sun 25 Sutra 308
	932135467	Rahu 4:05PM – 5:29PM	Yama 11:53AM – 1:17PM	Priti Until 6:45PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Plava 5123
Creative Work	Siddha Yoga		Kaulava Until 5:13AM Mon	Nataraja: Clear		Moon 1 - Phase 41 - 25	
			Dvadashi Until 4:15PM	Moon – Yellow		4th Phase	
				Magha-Masi		Sivaloka Day	
				<i>Pradosha Vrata</i>			

5	Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Taitila Karana Trayodashyam Titau				Manama, Bahrain
	Kataka Rasi: 2	Tithi 13	Gulika 1:17PM – 2:41PM	Punarvasu Until 9:23AM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	Sun 26 Sutra 309
	942135467	Rahu 7:40AM – 9:05AM	Yama 10:29AM – 11:53AM	Ayushman Until 6:57PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Plava 5123
Family Home Evening	Amrita Yoga		Taitila Until 6:00PM	Nataraja: Clear		Moon 1 - Phase 41 - 26	
Until 9:23AM			Trayodashi Until 6:00PM	Moon – Blue		4th Phase	
Then Creative Work - Siddha Yoga				Magha-Masi		Devaloka Day	

6	Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain
	Kataka Rasi: 13.55	Tithi 14	Gulika 11:53AM – 1:17PM	Pushya Until 11:18AM	Ganesha: Blue	<i>Sunrise:</i> 6:16AM	Sun 27 Sutra 310
	942135467	Rahu 2:42PM – 4:06PM	Yama 9:04AM – 10:29AM	Saubhagya Until 6:46PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Plava 5123
Creative Work	Siddha Yoga		Gara Until 6:42AM	Nataraja: Clear		Moon 1 - Phase 41 - 27	
			Chaturdashi* Until 7:14PM	Moon – Blue		4th Phase	
				Magha-Masi		Devaloka Day	
				Chidambaram Abhishekam			

○	Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain
	Copper Retreat Star		Gulika 10:28AM – 11:53AM	Ashlesha* Until 12:33PM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM	Sutra 311
	Kataka Rasi: 26.26	Tithi 15	Yama 7:39AM – 9:04AM	Sobhana Until 6:12PM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Plava 5123
942135467	Rahu 11:53AM – 1:18PM		Visti Until 7:40AM	Nataraja: Clear		Moon 1 - Phase 41 -	
Creative Work	Siddha Yoga		Purnima* Until 7:57PM	Moon – Blue		Purnima	
				Magha-Masi		Devaloka Day	

○	Thursday, February 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain
	Silver Retreat Star		Gulika 9:03AM – 10:28AM	Magha* Until 1:39PM	Ganesha: Yellow	<i>Sunrise:</i> 6:14AM	Sutra 312
	Simha Rasi: 9.13	Tithi 16	Yama 6:14AM – 7:39AM	Athiganda* Until 5:13PM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Plava 5123
952135467	Rahu 1:18PM – 2:42PM		Balava Until 8:08AM	Nataraja: Clear		Moon 1 - Phase 41 -	
Creative Work	Amrita Yoga		Prathama* Until 8:10PM	Moon – Red		Prathama	
Until 1:39PM				Magha-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.

Raurava Agama Kriya Pada

times are standard time. Calculated for Manama, Bahrain on 5/23

www.gurudeva.org/panchang



Friday, February 18, 2022

Gold Retreat Star

Simha Rasi: 22.11 Tithi 17

952135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Manama, Bahrain

Sun 1 Sutra 313

Plava 5123

Moon 2 - Phase 42 - 1

1st Phase

Gulika

7:38AM - 9:03AM

Yama

2:43PM - 4:08PM

Rahu

10:28AM - 11:53AM

Purvaphalguni Until 2:09PM

Sukarma Until 3:56PM

Taitila Until 8:08AM

Dvitiya Until 7:59PM

Ganesha: Yellow

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 5:32PM

Nataraja: Clear

Moon - Red

Magha-Masi

Sivaloka Day

1

Saturday, February 19, 2022

Kanya Rasi: 5.23 Tithi 18

952135467

Routine Work Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Manama, Bahrain

Sun 2 Sutra 314

Plava 5123

Moon 2 - Phase 42 - 2

1st Phase

Gulika

6:12AM - 7:38AM

Yama

1:18PM - 2:43PM

Rahu

9:03AM - 10:28AM

Uttaraphalguni Until 2:10PM

Dhriti Until 2:23PM

Vanija Until 7:46AM

Tritiya Until 7:26PM

Ganesha: Yellow

Sunrise: 6:12AM

Muruqa: Purple

Sunset: 5:33PM

Nataraja: Clear

Moon - Red

Magha-Masi

Sivaloka Day

2

Sunday, February 20, 2022

Kanya Rasi: 18.44 Tithi 19

962135467

Creative Work Amrita Yoga

Until 2:10PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Manama, Bahrain

Sun 3 Sutra 315

Plava 5123

Moon 2 - Phase 42 - 3

1st Phase

Gulika

2:43PM - 4:08PM

Yama

11:53AM - 1:18PM

Rahu

4:08PM - 5:34PM

Hasta Until 2:10PM

Shula* Until 12:34PM

Bava Until 7:04AM

Chaturthi* Until 6:35PM

Ganesha: White

Sunrise: 6:12AM

Muruqa: Purple

Sunset: 5:34PM

Nataraja: Clear

Moon - Green

Magha-Masi

Devaloka Day

3

Monday, February 21, 2022

Tula Rasi: 2.16 Tithi 20 - 21

Family Home Evening

Routine Work Prabalarishta Yoga

Until 1:45PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhhi Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 316

Plava 5123

Moon 2 - Phase 42 - 4

1st Phase

Gulika

1:18PM - 2:43PM

Yama

10:27AM - 11:53AM

Rahu

7:36AM - 9:02AM

Chitra Until 1:45PM

Ganda* Until 10:33AM

Kaulava Until 6:05AM

Panchami Until 5:28PM

Ganesha: White

Sunrise: 6:11AM

Muruqa: Purple

Sunset: 5:34PM

Nataraja: Clear

Moon - Green

Magha-Masi

Devaloka Day

4

Tuesday, February 22, 2022

Tula Rasi: 15.55 Tithi 21 - 22

962135467

Creative Work Siddha Yoga

Until 12:57PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 317

Plava 5123

Moon 2 - Phase 42 - 5

1st Phase

Gulika

11:52AM - 1:18PM

Yama

9:01AM - 10:27AM

Rahu

2:44PM - 4:09PM

Svati Until 12:57PM

Vridhhi Until 8:20AM

Visti Until 3:21AM Wed

Shashthi* Until 4:06PM

Ganesha: White

Sunrise: 6:10AM

Muruqa: Purple

Sunset: 5:35PM

Nataraja: Clear

Moon - Green

Magha-Masi

Devaloka Day

5

Wednesday, February 23, 2022

Retreat Star

Tula Rasi: 29.44 Tithi 22 - 23

972135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 318

Plava 5123

Moon 2 - Phase 42 - 6

Ashtami

Gulika

10:27AM - 11:52AM

Yama

7:35AM - 9:01AM

Rahu

11:52AM - 1:18PM

Vishakha Until 12:11PM

Vyaghata* Until 3:17AM Thu

Balava Until 1:36AM Thu

Saptami Until 2:29PM

Ganesha: Clear

Sunrise: 6:09AM

Muruqa: Purple

Sunset: 5:36PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Sivaloka Day

Thursday, February 24, 2022

Retreat Star

Vrischika Rasi: 13.42 Tithi 23 - 24

973135467

Creative Work Siddha Yoga

Until 11:02AM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Manama, Bahrain

Sun 7 Sutra 319

Plava 5123

Moon 2 - Phase 42 - 7

Navami

Gulika

9:00AM - 10:26AM

Yama

6:08AM - 7:34AM

Rahu

1:18PM - 2:44PM

Anuradha Until 11:02AM

Harshana Until 12:30AM Fri

Taitila Until 11:37PM

Ashtami* Until 12:38PM

Ganesha: Purple

Sunrise: 6:08AM

Muruqa: Purple

Sunset: 5:36PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Subha Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

times are standard time. Calculated for Manama, Bahrain on 5/23

www.gurudeva.org/panchang


1		Friday, February 25, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Manama, Bahrain Sun 8 Sutra 320 Plava 5123	
Vrischika Rasi: 27.49 Tithi 24 – 25		Gulika 7:34AM – 9:00AM	Jyeshtha* Until 9:31AM	Ganesha: Purple	<i>Sunrise:</i> 6:07AM			
		Yama 2:44PM – 4:11PM	Vajra* Until 9:29PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 43 - 8		
973135467		Rahu 10:26AM – 11:52AM	Vanija Until 9:25PM	Nataraja: Clear		2nd Phase		
Routine Work Marana Yoga		Navami* Until 10:31AM			Moon – Orange	Subha Sivaloka Day		
Until 9:31AM					Magha-Masi			
Then Creative Work - Amrita Yoga								

2		Saturday, February 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Manama, Bahrain Sun 9 Sutra 321 Plava 5123	
Dhanus Rasi: 12.05 Tithi 25 – 26		Gulika 6:07AM – 7:33AM	Mula* Until 8:04AM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM			
		Yama 1:18PM – 2:45PM	Siddhi Until 6:21PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 2 - Phase 43 - 9		
983135467		Rahu 8:59AM – 10:26AM	Bava Until 7:01PM	Nataraja: Clear		2nd Phase		
Creative Work Siddha Yoga		Dashami Until 8:13AM			Moon – Light Blue	Sivaloka Day		
					Magha-Masi			

3		Sunday, February 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Tailita Karana Dvadashyam Titau			Manama, Bahrain Sun 10 Sutra 322 Plava 5123	
Dhanus Rasi: 26.28 Tithi 27		Gulika 2:45PM – 4:11PM	Purvashadha* Until 6:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM			
		Yama 11:52AM – 1:18PM	Vyatipata* Until 3:09PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 2 - Phase 43 - 10		
983135467		Rahu 4:11PM – 5:38PM	Kaulava Until 4:32PM	Nataraja: Clear		2nd Phase		
Creative Work Siddha Yoga		Dvadashi* Until 3:15AM Mon			Moon – Light Blue	Sivaloka Day		
Until 6:20AM					Magha-Masi			
Then Creative Work - Amrita Yoga								

4		Monday, February 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Variyan/Patigha* Yoga Gara/Vanija Karana Trayodashyam Titau			Manama, Bahrain Sun 11 Sutra 323 Plava 5123	
Makara Rasi: 10.52 Tithi 28		Gulika 1:18PM – 2:45PM	Shravana Until 2:49AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:05AM			
Family Home Evening		Yama 10:25AM – 11:52AM	Variyan Until 11:54AM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 43 - 11		
993135467		Rahu 7:31AM – 8:58AM	Gara Until 2:02PM	Nataraja: Clear		2nd Phase		
Creative Work Amrita Yoga		Trayodashi* Until 12:48AM Tue			Moon – Purple	Sivaloka Day		
Until 2:49AM Tue					Magha-Masi			
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, March 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Manama, Bahrain Sun 12 Sutra 324 Plava 5123	
Makara Rasi: 25.13 Tithi 29		Gulika 11:51AM – 1:18PM	Dhanishtha Until 1:17AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:03AM			
		Yama 8:57AM – 10:24AM	Parigha* Until 8:46AM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 43 - 12		
993135467		Rahu 2:45PM – 4:13PM	Visti Until 11:39AM	Nataraja: Clear		2nd Phase		
Creative Work Siddha Yoga		Chaturdashi* Until 10:32PM			Moon – Purple	Sivaloka Day		
					Magha-Masi			

		Wednesday, March 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Manama, Bahrain Sun 13 Sutra 325 Plava 5123	
Retreat Star		Gulika 10:24AM – 11:51AM	Shatabhishak Until 11:57PM	Ganesha: Orange	<i>Sunrise:</i> 6:02AM			
Kumbha Rasi: 9.26 Tithi 30		Yama 7:29AM – 8:57AM	Siddha Until 3:10AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 2 - Phase 43 - 13		
993135467		Rahu 11:51AM – 1:18PM	Catuspada Until 9:31AM	Nataraja: Clear		Amavasya		
Creative Work Siddha Yoga		Amavasya* Until 8:35PM			Moon – Purple	Sivaloka Day		
Until 11:57PM					Magha-Masi			
Then Creative Work - Amrita Yoga								

Thursday, March 3, 2022		Retreat Star		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau			Manama, Bahrain Sun 14 Sutra 326 Plava 5123	
Kumbha Rasi: 23.23 Tithi 1		Gulika 8:56AM – 10:23AM	Purvaproshtapada* Until 11:24PM	Ganesha: Green	<i>Sunrise:</i> 6:01AM			
		Yama 6:01AM – 7:28AM	Sadhya Until 12:56AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 43 - 14		
913135467		Rahu 1:18PM – 2:46PM	Kintughna Until 7:48AM	Nataraja: Clear		Prathama		
Creative Work Siddha Yoga		Prathama* Until 7:07PM			Moon – Clear	Subha Sivaloka Day		
					Phalgun-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Manama, Bahrain Sun 15 Sutra 327 Plava 5123	
Meena Rasi: 7.02	Tithi 2	Gulika 7:28AM – 8:55AM	Uttaraproshtapada Until 11:20PM	Ganesha: Green	<i>Sunrise:</i> 6:00AM				
		Yama 2:46PM – 4:14PM	Subha Until 11:13PM	Muruḡa: Purple	<i>Sunset:</i> 5:41PM			Moon 2 - Phase 44 - 15	
913135467		Rahu 10:23AM – 11:51AM	Balava Until 6:37AM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 6:15PM	Moon – Clear				Subha Sivaloka Day	
				Phalguna-Masi					

2		Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 328 Plava 5123	
Meena Rasi: 20.19	Tithi 3	Gulika 5:59AM – 7:27AM	Revati Until 11:48PM	Ganesha: Orange	<i>Sunrise:</i> 5:59AM				
		Yama 1:18PM – 2:46PM	Sukla Until 10:03PM	Muruḡa: Purple	<i>Sunset:</i> 5:42PM			Moon 2 - Phase 44 - 16	
113135467		Rahu 8:55AM – 10:23AM	Taitila Until 6:06AM	Nataraja: Clear				3rd Phase	
Routine Work	Prabalarishta Yoga		Tritiya Until 6:06PM	Moon – Clear				Sivaloka Day	
Until 11:48PM				Phalguna-Masi					
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day							

3		Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Vanija/Visiti* Karana Chaturthyam Titau				Manama, Bahrain Sun 17 Sutra 329 Plava 5123	
Mesha Rasi: 3.12	Tithi 4	Gulika 2:46PM – 4:14PM	Ashvini Until 1:20AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:58AM				
		Yama 11:50AM – 1:18PM	Brahma Until 9:29PM	Muruḡa: Purple	<i>Sunset:</i> 5:42PM			Moon 2 - Phase 44 - 17	
123135467		Rahu 4:14PM – 5:42PM	Vanija Until 6:20AM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 6:43PM	Moon – White				Sivaloka Day	
				Phalguna-Masi					

4		Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 330 Plava 5123	
Mesha Rasi: 15.44	Tithi 5	Gulika 1:18PM – 2:46PM	Bharani Until 3:25AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:57AM				
		Yama 10:22AM – 11:50AM	Indra Until 9:30PM	Muruḡa: Purple	<i>Sunset:</i> 5:43PM			Moon 2 - Phase 44 - 18	
123135467		Rahu 7:25AM – 8:54AM	Bava Until 7:20AM	Nataraja: Clear				3rd Phase	
Family Home Evening			Panchami Until 8:05PM	Moon – White				Sivaloka Day	
Creative Work	Siddha Yoga			Phalguna-Masi					

5		Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Manama, Bahrain Sun 19 Sutra 331 Plava 5123	
Mesha Rasi: 27.58	Tithi 6	Gulika 11:50AM – 1:18PM	Krittika Until 5:53AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:56AM				
		Yama 8:53AM – 10:21AM	Vaidhriti* Until 9:58PM	Muruḡa: Purple	<i>Sunset:</i> 5:43PM			Moon 2 - Phase 44 - 19	
123135467		Rahu 2:47PM – 4:15PM	Kaulava Until 9:02AM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 10:04PM	Moon – White				Sivaloka Day	
				Phalguna-Masi					

6		Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 332 Plava 5123	
Vrishabha Rasi: 9.58	Tithi 7	Gulika 10:21AM – 11:50AM	Rohini Until 9:02AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:55AM				
		Yama 7:24AM – 8:52AM	Vishkambha* Until 10:46PM	Muruḡa: Clear	<i>Sunset:</i> 5:44PM			Moon 2 - Phase 44 - 20	
123235477		Rahu 11:50AM – 1:18PM	Gara Until 11:16AM	Nataraja: Green				3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 12:30AM Thu	Moon – White				Bhuloka Day	
Until 9:02AM Thu				Phalguna-Masi				Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga									

☾		Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visiti*/Bava Karana Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 333 Plava 5123	
Retreat Star		Gulika 8:52AM – 10:20AM	Rohini Until 9:02AM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM				
Vrishabha Rasi: 21.5	Tithi 8	Yama 5:54AM – 7:23AM	Priti Until 11:45PM	Muruḡa: Clear	<i>Sunset:</i> 5:45PM			Moon 2 - Phase 44 - 21	
133235477		Rahu 1:18PM – 2:47PM	Visiti Until 1:50PM	Nataraja: Green				Ashtami	
Routine Work	Marana Yoga		Ashtami* Until 3:07AM Fri	Moon – Yellow				Devaloka Day	
				Phalguna-Masi					

☽		Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 22 Sutra 334 Plava 5123	
Retreat Star		Gulika 7:22AM – 8:51AM	Mrigashira Until 12:06PM	Ganesha: Purple	<i>Sunrise:</i> 5:53AM				
Mithuna Rasi: 3.38	Tithi 9	Yama 2:47PM – 4:16PM	Ayushman Until 12:40AM Sat	Muruḡa: Clear	<i>Sunset:</i> 5:45PM			Moon 2 - Phase 44 - 22	
134235477		Rahu 10:20AM – 11:49AM	Balava Until 4:27PM	Nataraja: Green				Navami	
Creative Work	Siddha Yoga		Navami* Until 5:40AM Sat	Moon – Yellow				Sivaloka Day	
				Phalguna-Masi					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Saturday, March 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Taitila Karana Dashamyam Titau				Manama, Bahrain Sun 23 Sutra 335 Plava 5123
	Mithuna Rasi: 15.3	Tithi 10	Gulika 5:52AM – 7:21AM	Ardra Until 2:52PM	Ganesha: Purple <i>Sunrise: 5:52AM</i>	Muruqa: Clear <i>Sunset: 5:46PM</i>	Moon 2 - Phase 45 - 23 4th Phase
	134235477	Rahu 8:50AM – 10:20AM	Yama 1:18PM – 2:47PM	Saubhagya Until 1:23AM Sun	Nataraja: Green		
	Creative Work Siddha Yoga			Taitila Until 6:51PM	Moon – Yellow		Sivaloka Day
			Dashami Until 7:53AM Sun	Phalguna-Masi			

2	Sunday, March 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 336 Plava 5123
	Mithuna Rasi: 27.28	Tithi 10 – 11	Gulika 2:47PM – 4:17PM	Punarvasu Until 5:35PM	Ganesha: Clear <i>Sunrise: 5:51AM</i>	Muruqa: Clear <i>Sunset: 5:46PM</i>	Moon 2 - Phase 45 - 24 4th Phase
	144235477	Rahu 4:17PM – 5:46PM	Yama 11:48AM – 1:18PM	Sobhana Until 1:47AM Mon	Nataraja: Green		
	Creative Work Siddha Yoga			Vanija Until 8:51PM	Moon – Blue		Devaloka Day
			Dashami Until 7:53AM	Phalguna-Masi			

3	Monday, March 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 337 Plava 5123
	Kataka Rasi: 9.38	Tithi 11 – 12	Gulika 1:18PM – 2:47PM	Pushya Until 7:37PM	Ganesha: Clear <i>Sunrise: 5:50AM</i>	Muruqa: Clear <i>Sunset: 5:47PM</i>	Moon 2 - Phase 45 - 25 4th Phase
	144235477	Rahu 7:19AM – 8:49AM	Yama 10:19AM – 11:48AM	Athiganda* Until 1:43AM Tue	Nataraja: Green		
	Creative Work Siddha Yoga			Bava Until 10:16PM	Moon – Blue		Devaloka Day
		Karadaiyan Nombu (Tamil Nadu)	Ekadashi Until 9:37AM	Phalguna-Panguni			

4	Tuesday, March 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 338 Plava 5123
	Kataka Rasi: 22.04	Tithi 12 – 13	Gulika 11:48AM – 1:18PM	Ashlesha* Until 8:53PM	Ganesha: Clear <i>Sunrise: 5:49AM</i>	Muruqa: Clear <i>Sunset: 5:47PM</i>	Moon 2 - Phase 45 - 26 4th Phase
	144235478	Rahu 2:47PM – 4:17PM	Yama 8:48AM – 10:18AM	Sukarma Until 1:10AM Wed	Nataraja: White		
	Creative Work Siddha Yoga			Kaulava Until 11:04PM	Moon – Blue		Devaloka Day
			Dvadashi Until 10:44AM	Phalguna-Panguni			
			<i>Pradosha Vrata</i>				

5	Wednesday, March 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 339 Plava 5123
	Simha Rasi: 4.46	Tithi 13 – 14	Gulika 10:18AM – 11:48AM	Magha* Until 9:51PM	Ganesha: White <i>Sunrise: 5:48AM</i>	Muruqa: Clear <i>Sunset: 5:48PM</i>	Moon 2 - Phase 45 - 27 4th Phase
	154235478	Rahu 11:48AM – 1:18PM	Yama 7:18AM – 8:48AM	Dhriti Until 12:08AM Thu	Nataraja: White		
	Creative Work Siddha Yoga			Gara Until 11:12PM	Moon – Red		Sivaloka Day
			Trayodashi Until 11:11AM	Phalguna-Panguni			

	Thursday, March 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Manama, Bahrain Sutra 340 Plava 5123
	Simha Rasi: 17.46	Tithi 14 – 15	Gulika 8:47AM – 10:17AM	Purvaphalguni Until 10:04PM	Ganesha: White <i>Sunrise: 5:47AM</i>	Muruqa: Clear <i>Sunset: 5:48PM</i>	Moon 2 - Phase 45 - Purnima
	154235478	Rahu 1:18PM – 2:48PM	Yama 5:47AM – 7:17AM	Shula* Until 10:37PM	Nataraja: White		
	Creative Work Siddha Yoga			Visti Until 10:45PM	Moon – Red		Sivaloka Day
		Panguni Uttiram	Chaturdashi* Until 11:02AM	Phalguna-Panguni			
		Holi					

6	Friday, March 18, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Manama, Bahrain Sutra 341 Plava 5123
	Kanya Rasi: 1.05	Tithi 15 – 16	Gulika 7:16AM – 8:46AM	Uttaraphalguni Until 9:39PM	Ganesha: White <i>Sunrise: 5:46AM</i>	Muruqa: Clear <i>Sunset: 5:48PM</i>	Moon 2 - Phase 45 - Prathama
	154235478	Rahu 10:17AM – 11:47AM	Yama 2:48PM – 4:18PM	Ganda* Until 8:43PM	Nataraja: White		
	Creative Work Siddha Yoga			Balava Until 9:48PM	Moon – Red		Sivaloka Day
			Purnima* Until 10:19AM	Phalguna-Panguni			

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Saturday, March 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Manama, Bahrain

Sutra 342

Plava 5123

Kanya Rasi: 14.4 Tithi 16 - 17

164235478

Gulika

5:45AM - 7:15AM

Hasta Until 9:07PM

Ganesha: Yellow

Sunrise: 5:45AM

Yama

1:17PM - 2:48PM

Vriddhi Until 6:30PM

Muruqa: Clear

Sunset: 5:49PM

Moon 3 - Phase 46 -

1st Phase

Routine Work Marana Yoga

Prathama* Until 9:08AM

Phalgun-Panguni

Devaloka Day

1

Sunday, March 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Manama, Bahrain

Sun 1 Sutra 343

Plava 5123

Kanya Rasi: 28.27 Tithi 17 - 18

164235478

Gulika

2:48PM - 4:19PM

Chitra Until 8:08PM

Ganesha: Yellow

Sunrise: 5:43AM

Yama

11:46AM - 1:17PM

Dhruva Until 4:00PM

Muruqa: Clear

Sunset: 5:49PM

Moon 3 - Phase 46 - 1

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 7:36AM

Phalgun-Panguni

Devaloka Day

2

Monday, March 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Manama, Bahrain

Sun 2 Sutra 344

Plava 5123

Tula Rasi: 12.25 Tithi 19

164235478

Gulika

1:17PM - 2:48PM

Svati Until 6:49PM

Ganesha: Yellow

Sunrise: 5:42AM

Yama

10:15AM - 11:46AM

Vyaghata* Until 1:21PM

Muruqa: Clear

Sunset: 5:50PM

Moon 3 - Phase 46 - 2

1st Phase

Family Home Evening

Creative Work Amrita Yoga

Until 6:49PM

Then Routine Work - Marana Yoga

Chaturthi* Until 3:52AM Tue

Phalgun-Panguni

Devaloka Day

3

Tuesday, March 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Manama, Bahrain

Sun 3 Sutra 345

Plava 5123

Tula Rasi: 26.28 Tithi 20

174235478

Gulika

11:46AM - 1:17PM

Vishakha Until 5:40PM

Ganesha: Blue

Sunrise: 5:41AM

Yama

8:44AM - 10:15AM

Harshana Until 10:36AM

Muruqa: Clear

Sunset: 5:50PM

Moon 3 - Phase 46 - 3

1st Phase

Routine Work Marana Yoga

Until 5:40PM

Then Creative Work - Siddha Yoga

Panchami Until 1:50AM Wed

Phalgun-Panguni

Sivaloka Day

4

Wednesday, March 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Manama, Bahrain

Sun 4 Sutra 346

Plava 5123

Virchika Rasi: 10.35 Tithi 21

175235478

Gulika

10:14AM - 11:46AM

Anuradha Until 4:19PM

Ganesha: Yellow

Sunrise: 5:40AM

Yama

7:12AM - 8:43AM

Vajra* Until 7:46AM

Muruqa: Clear

Sunset: 5:51PM

Moon 3 - Phase 46 - 4

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 11:45PM

Phalgun-Panguni

Devaloka Day

5

Thursday, March 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Manama, Bahrain

Sun 5 Sutra 347

Plava 5123

Virchika Rasi: 24.43 Tithi 22

175235478

Gulika

8:42AM - 10:14AM

Jyeshtha* Until 2:49PM

Ganesha: Yellow

Sunrise: 5:39AM

Yama

5:39AM - 7:11AM

Vyatipata* Until 2:06AM Fri

Muruqa: Clear

Sunset: 5:51PM

Moon 3 - Phase 46 - 5

1st Phase

Routine Work Prabalarishta Yoga

Until 2:49PM

Then Creative Work - Siddha Yoga

Saptami Until 9:40PM

Phalgun-Panguni

Devaloka Day

6

Friday, March 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Manama, Bahrain

Sun 6 Sutra 348

Plava 5123

Dhanus Rasi: 8.5 Tithi 23

185235478

Gulika

7:10AM - 8:42AM

Mula* Until 1:37PM

Ganesha: Blue

Sunrise: 5:38AM

Yama

2:48PM - 4:20PM

Variyan Until 11:16PM

Muruqa: Clear

Sunset: 5:52PM

Moon 3 - Phase 46 - 6

Ashtami

Creative Work Amrita Yoga

Until 1:37PM

Then Routine Work - Prabalarishta Yoga

Ashtami* Until 7:37PM

Phalgun-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Saturday, March 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Manama, Bahrain

Sun 7 Sutra 349

Plava 5123

Dhanus Rasi: 22.56 Tithi 24 - 25

185235478

Gulika

5:37AM - 7:09AM

Purvashadha* Until 12:19PM

Ganesha: Blue

Sunrise: 5:37AM

Yama

1:17PM - 2:48PM

Parigha* Until 8:30PM

Muruqa: Clear

Sunset: 5:52PM

Moon 3 - Phase 46 - 7

Navami

Creative Work Siddha Yoga

Until 12:19PM

Then Routine Work - Marana Yoga

Navami* Until 5:36PM

Phalgun-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

times are standard time. Calculated for Manama, Bahrain on 5/23


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1	Sunday, March 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Manama, Bahrain
	Makara Rasi: 7.01	Tithi 25 – 26	Gulika 2:49PM – 4:21PM	Uttarashadha Until 10:57AM	Ganesha: Blue	<i>Sunrise:</i> 5:36AM	Sun 8 Sutra 350
			Yama 11:44AM – 1:16PM	Shiva Until 5:48PM	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Plava 5123
	Creative Work	Amrita Yoga	185235478 Rahu 4:21PM – 5:53PM	Bava Until 2:45AM Mon	Nataraja: White		Moon 3 - Phase 47 - 8 2nd Phase
			Dashami Until 3:39PM	Moon – Light Blue		Bhuloka Day	
				Phalguna•Panguni		Devaloka Time: 12:PM to 3:PM	

2	Monday, March 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain
	Makara Rasi: 21.01	Tithi 26 – 27	Gulika 1:16PM – 2:49PM	Shravana Until 9:58AM	Ganesha: Red	<i>Sunrise:</i> 5:35AM	Sun 9 Sutra 351
	Family Home Evening		Yama 10:12AM – 11:44AM	Siddha Until 3:11PM	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Plava 5123
	Creative Work	Amrita Yoga	195235478 Rahu 7:07AM – 8:39AM	Kaulava Until 1:01AM Tue	Nataraja: White		Moon 3 - Phase 47 - 9 2nd Phase
			Ekadashi* Until 1:51PM	Moon – Purple		Devaloka Day	
				Phalguna•Panguni			

3	Tuesday, March 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain
	Kumbha Rasi: 4.55	Tithi 27 – 28	Gulika 11:44AM – 1:16PM	Dhanishtha Until 9:01AM	Ganesha: Red	<i>Sunrise:</i> 5:34AM	Sun 10 Sutra 352
			Yama 8:39AM – 10:11AM	Sadhya Until 12:45PM	Muruqa: Clear	<i>Sunset:</i> 5:54PM	Plava 5123
	Creative Work	Siddha Yoga	195235478 Rahu 2:49PM – 4:21PM	Gara Until 11:32PM	Nataraja: White		Moon 3 - Phase 47 - 10 2nd Phase
			Dvadashi* Until 12:13PM	Moon – Purple		Devaloka Day	
				Phalguna•Panguni			
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, March 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain
	Kumbha Rasi: 18.4	Tithi 28 – 29	Gulika 10:11AM – 11:43AM	Shatabhishak Until 8:11AM	Ganesha: Red	<i>Sunrise:</i> 5:33AM	Sun 11 Sutra 353
			Yama 7:05AM – 8:38AM	Subha Until 10:33AM	Muruqa: White	<i>Sunset:</i> 5:54PM	Plava 5123
	Creative Work	Siddha Yoga	195245478 Rahu 11:43AM – 1:16PM	Visti Until 10:21PM	Nataraja: White		Moon 3 - Phase 47 - 11 2nd Phase
			Trayodashi* Until 10:52AM	Moon – Purple		Bhuloka Day	
				Phalguna•Panguni		Devaloka Time: 6:AM to 9:AM	

	Thursday, March 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Manama, Bahrain
	Retreat Star		Gulika 8:37AM – 10:10AM	Purvaproshtapada* Until 8:01AM	Ganesha: Green	<i>Sunrise:</i> 5:32AM	Sun 12 Sutra 354
	Meena Rasi: 2.12	Tithi 29 – 30	Yama 5:32AM – 7:05AM	Sukla Until 8:37AM	Muruqa: White	<i>Sunset:</i> 5:55PM	Plava 5123
	Creative Work	Siddha Yoga	115245478 Rahu 1:16PM – 2:49PM	Catuspada Until 9:36PM	Nataraja: White		Moon 3 - Phase 47 - 12 Amavasya
			Chaturdashi* Until 9:54AM	Moon – Clear		Bhuloka Day	
				Phalguna•Panguni			

Retreat Star	Friday, April 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain
	Meena Rasi: 15.29	Tithi 30 – 1	Gulika 7:05AM – 8:37AM	Uttaraproshtapada Until 8:09AM	Ganesha: Green	<i>Sunrise:</i> 5:32AM	Sun 13 Sutra 355
			Yama 2:49PM – 4:22PM	Brahma Until 7:04AM	Muruqa: White	<i>Sunset:</i> 5:55PM	Plava 5123
	Creative Work	Siddha Yoga	115245478 Rahu 10:10AM – 11:43AM	Kintughna Until 9:23PM	Nataraja: White		Moon 3 - Phase 47 - 13 Prathama
			Amavasya* Until 9:24AM	Moon – Clear		Bhuloka Day	
		Yugadhi		Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

times are standard time. Calculated for Manama, Bahrain on 5/23

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1		Saturday, April 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 14 Sutra 356	
Meena Rasi: 28.29	Tithi 1 – 2	Gulika 5:31AM – 7:04AM	Revati Until 8:40AM	Ganesha: Red Sunrise: 5:31AM					
		Yama 1:16PM – 2:49PM	Vaidhrili* Until 5:20AM Sun	Muruqa: White Sunset: 5:55PM					Moon 3 - Phase 48 - 14
		126245478 Rahu 8:37AM – 10:10AM	Balava Until 9:45PM	Nataraja: White					3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 9:28AM	Chaitra-Panguni				Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Until 8:40AM		Chellappaswami Mahasamadhi							
Then Creative Work - Siddha Yoga									

2		Sunday, April 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 15 Sutra 357	
Mesha Rasi: 11.11	Tithi 2 – 3	Gulika 2:49PM – 4:22PM	Ashvini Until 10:06AM	Ganesha: White Sunrise: 5:30AM					
		Yama 11:43AM – 1:16PM	Vishkambha* Until 5:11AM Mon	Muruqa: White Sunset: 5:56PM					Moon 3 - Phase 48 - 15
		126345478 Rahu 4:22PM – 5:56PM	Taitila Until 10:45PM	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 10:09AM	Chaitra-Panguni				Bhuloka Day	
Until 10:06AM									
Then Routine Work - Prabalarishta Yoga									

3		Monday, April 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Manama, Bahrain Sun 16 Sutra 358	
Mesha Rasi: 23.36	Tithi 3 – 4	Gulika 1:16PM – 2:49PM	Bharani Until 11:59AM	Ganesha: White Sunrise: 5:28AM					
Family Home Evening		Yama 10:09AM – 11:42AM	Priti Until 5:30AM Tue	Muruqa: White Sunset: 5:56PM					Moon 3 - Phase 48 - 16
		126345478 Rahu 7:02AM – 8:35AM	Vanija Until 12:20AM Tue	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:27AM	Chaitra-Panguni				Bhuloka Day	
Until 11:59AM									
Then Routine Work - Marana Yoga									

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Manama, Bahrain Sun 17 Sutra 359	
Vrishabha Rasi: 5.47	Tithi 4 – 5	Gulika 11:42AM – 1:16PM	Krittika Until 2:13PM	Ganesha: White Sunrise: 5:27AM					
		Yama 8:35AM – 10:08AM	Ayushman Until 6:09AM Wed	Muruqa: White Sunset: 5:57PM					Moon 3 - Phase 48 - 17
		126345478 Rahu 2:49PM – 4:23PM	Bava Until 2:25AM Wed	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 1:18PM	Chaitra-Panguni				Bhuloka Day	
Until 2:13PM									
Then Creative Work - Amrita Yoga									

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Manama, Bahrain Sun 18 Sutra 360	
Vrishabha Rasi: 17.46	Tithi 5 – 6	Gulika 10:08AM – 11:42AM	Rohini Until 5:12PM	Ganesha: Clear Sunrise: 5:26AM					
		Yama 7:00AM – 8:34AM	Ayushman Until 6:09AM	Muruqa: White Sunset: 5:57PM					Moon 3 - Phase 48 - 18
		136345478 Rahu 11:42AM – 1:15PM	Kaulava Until 4:51AM Thu	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:35PM	Chaitra-Panguni				Bhuloka Day	Devaloka Time: 6:AM to 9:AM

6		Thursday, April 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila Karana Shashthyam Titau				Manama, Bahrain Sun 19 Sutra 361	
Vrishabha Rasi: 29.39	Tithi 6	Gulika 8:33AM – 10:07AM	Mrigashira Until 8:13PM	Ganesha: Clear Sunrise: 5:25AM					
		Yama 5:25AM – 6:59AM	Saubhagya Until 7:02AM	Muruqa: White Sunset: 5:57PM					Moon 3 - Phase 48 - 19
		136345478 Rahu 1:15PM – 2:49PM	Taitila Until 6:06PM	Nataraja: White					3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 6:06PM	Chaitra-Panguni				Bhuloka Day	Devaloka Time: 6:AM to 9:AM

Retreat Star		Friday, April 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 362	
Mithuna Rasi: 11.29	Tithi 7	Gulika 6:58AM – 8:33AM	Ardra Until 11:03PM	Ganesha: Clear Sunrise: 5:24AM					
		Yama 2:50PM – 4:24PM	Sobhana Until 8:01AM	Muruqa: White Sunset: 5:58PM					Moon 3 - Phase 48 - 20
		136345478 Rahu 10:07AM – 11:41AM	Gara Until 7:23AM	Nataraja: White					3rd Phase
Creative Work	Siddha Yoga		Saptami Until 8:36PM	Chaitra-Panguni				Bhuloka Day	Devaloka Time: 6:AM to 9:AM

Retreat Star		Saturday, April 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 363	
Mithuna Rasi: 23.21	Tithi 8	Gulika 5:23AM – 6:58AM	Punarvasu Until 1:59AM Sun	Ganesha: Clear Sunrise: 5:23AM					
		Yama 1:15PM – 2:50PM	Athiganda* Until 8:53AM	Muruqa: White Sunset: 5:58PM					Moon 3 - Phase 48 - 21
		147345478 Rahu 8:32AM – 10:06AM	Visti Until 9:49AM	Nataraja: White					Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:54PM	Chaitra-Panguni				Bhuloka Day	Devaloka Time: 9:AM to 12:PM

Retreat Star		Sunday, April 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 22 Sutra 364	
Kataka Rasi: 5.2	Tithi 9	Gulika 2:50PM – 4:24PM	Pushya Until 4:19AM Mon	Ganesha: Clear Sunrise: 5:22AM					
		Yama 11:41AM – 1:15PM	Sukarma Until 9:31AM	Muruqa: White Sunset: 5:59PM					Moon 3 - Phase 48 - 22
		147345478 Rahu 4:24PM – 5:59PM	Balava Until 11:54AM	Nataraja: White					Navami
Creative Work	Siddha Yoga		Navami* Until 12:45AM Mon	Chaitra-Panguni				Bhuloka Day	Devaloka Time: 9:AM to 12:PM
		Sri Rama Navami							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Monday, April 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Manama, Bahrain Sun 23
	Kataka Rasi: 17.31	Tithi 10	Gulika 1:15PM – 2:50PM	Ashlesha* Until 5:54AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:21AM	Plava 5123
	Family Home Evening	147345478	Yama 10:05AM – 11:40AM	Dhriti Until 9:46AM	Muruqa: White	<i>Sunset:</i> 5:59PM	Moon 3 - Phase 49 - 23
	Creative Work Siddha Yoga		Rahu 6:56AM – 8:31AM	Taitila Until 1:28PM	Nataraja: White		4th Phase
		Yogaswami Mahasamadhi	Dashami Until 2:00AM Tue	Chaitra•Panguni		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

2	Tuesday, April 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 24
	Kataka Rasi: 29.58	Tithi 11	Gulika 11:40AM – 1:15PM	Magha* Until 7:06AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Plava 5123
		147345478	Yama 8:30AM – 10:05AM	Shula* Until 9:31AM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 49 - 24
	Creative Work Siddha Yoga		Rahu 2:50PM – 4:25PM	Vanija Until 2:23PM	Nataraja: White		4th Phase
			Ekadashi Until 2:33AM Wed	Chaitra•Panguni		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

3	Wednesday, April 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25
	Simha Rasi: 12.43	Tithi 12	Gulika 10:05AM – 11:40AM	Magha* Until 7:06AM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM	Plava 5123
		157345478	Yama 6:54AM – 8:29AM	Ganda* Until 8:43AM	Muruqa: White	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 49 - 25
	Creative Work Siddha Yoga		Rahu 11:40AM – 1:15PM	Bava Until 2:34PM	Nataraja: White		4th Phase
			Dvadashi Until 2:22AM Thu	Chaitra•Panguni		Devaloka Day	

4	Thursday, April 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Manama, Bahrain Sun 26
	Simha Rasi: 25.51	Tithi 13	Gulika 8:29AM – 10:04AM	Purvaphalguni Until 7:27AM	Ganesha: Purple	<i>Sunrise:</i> 5:18AM	Subhakrit 5124
		157345478	Yama 5:18AM – 6:53AM	Vridhi Until 7:22AM	Muruqa: White	<i>Sunset:</i> 6:01PM	Moon 3 - Phase 49 - 26
	Creative Work Siddha Yoga		Rahu 1:15PM – 2:50PM	Kaulava Until 2:01PM	Nataraja: White		4th Phase
		Tamil New Year	Trayodashi Until 1:29AM Fri	Chaitra•Chaitra		Devaloka Day	

5	Friday, April 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27
	Kanya Rasi: 9.21	Tithi 14	Gulika 6:53AM – 8:28AM	Uttaraphalguni Until 6:58AM	Ganesha: White	<i>Sunrise:</i> 5:17AM	Subhakrit 5124
		258345478	Yama 2:50PM – 4:26PM	Vyaghata* Until 3:02AM Sat	Muruqa: White	<i>Sunset:</i> 6:01PM	Moon 3 - Phase 49 - 27
	Creative Work Siddha Yoga		Rahu 10:04AM – 11:39AM	Gara Until 12:49PM	Nataraja: White		4th Phase
			Chaturdashi* Until 11:58PM	Chaitra•Chaitra		Bhuloka Day	

○	Saturday, April 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain Sun 28
	Copper Retreat Star		Gulika 5:16AM – 6:52AM	Hasta Until 6:11AM	Ganesha: Clear	<i>Sunrise:</i> 5:16AM	Subhakrit 5124
	Kanya Rasi: 23.13	Tithi 15	Yama 1:15PM – 2:50PM	Harshana Until 12:15AM Sun	Muruqa: White	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 49 - Purnima
		268345478	Rahu 8:28AM – 10:03AM	Visti Until 11:02AM	Nataraja: White		
		Chitra Purnima (Tamil Nadu)	Purnima* Until 9:57PM	Chaitra•Chaitra		Bhuloka Day Devaloka Time: 6:AM to 9:AM	
		Hanuman Jayanti					

○	Sunday, April 17, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sun 29
	Silver Retreat Star		Gulika 2:50PM – 4:26PM	Svati Until 2:55AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:15AM	Subhakrit 5124
	Tula Rasi: 7.23	Tithi 16	Yama 11:39AM – 1:15PM	Vajra* Until 9:09PM	Muruqa: White	<i>Sunset:</i> 6:02PM	Moon 3 - Phase 49 - Prathama
		268345478	Rahu 4:26PM – 6:02PM	Balava Until 8:48AM	Nataraja: White		
			Prathama* Until 7:33PM	Chaitra•Chaitra		Bhuloka Day Devaloka Time: 6:AM to 9:AM	