



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 27.1 Tithi 17

277784469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 10:27AM - 12:04PM
Yama 7:13AM - 8:50AM
Rahu 12:04PM - 1:41PM

Vishakha Until 3:44PM
Vyatipata* Until 2:22PM
Taitila Until 1:57PM
Dvitiya Until 12:08AM Thu

Ganesha: Blue Sunrise: 5:36AM
Muruga: White Sunset: 6:33PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Devaloka Day

Muscat, Oman
Sutra 17
Plava 5123
Moon 4 - Phase 2 - 1st Phase

1

Thursday, April 29, 2021

Vrischika Rasi: 12.16 Tithi 18

278784469

Creative Work Siddha Yoga

Until 1:01PM

Then Routine Work - Prabararishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 8:50AM - 10:27AM
Yama 5:35AM - 7:12AM
Rahu 1:41PM - 3:19PM

Anuradha Until 1:01PM
Variyan Until 10:19AM
Vanija Until 10:24AM
Tritiya Until 8:43PM

Ganesha: Blue Sunrise: 5:35AM
Muruga: White Sunset: 6:33PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Devaloka Day

Muscat, Oman
Sun 1 Sutra 18
Plava 5123
Moon 4 - Phase 2 - 1st Phase

2

Friday, April 30, 2021

Vrischika Rasi: 27.08 Tithi 19 - 20

278784469

Routine Work Marana Yoga

Until 10:31AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:12AM - 8:49AM
Yama 3:19PM - 4:56PM
Rahu 10:27AM - 12:04PM

Jyeshtha* Until 10:31AM
Parigha* Until 6:33AM
Bava Until 7:10AM
Chaturthi* Until 5:42PM

Ganesha: Blue Sunrise: 5:34AM
Muruga: White Sunset: 6:34PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Devaloka Day

Muscat, Oman
Sun 2 Sutra 19
Plava 5123
Moon 4 - Phase 2 - 2nd Phase

3

Saturday, May 1, 2021

Dhanus Rasi: 11.41 Tithi 20 - 21

288794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 5:34AM - 7:11AM
Yama 1:41PM - 3:19PM
Rahu 8:49AM - 10:26AM

Mula* Until 8:45AM
Siddha Until 12:15AM Sun
Gara Until 2:12AM Sun
Panchami Until 3:12PM

Ganesha: Red Sunrise: 5:34AM
Muruga: Yellow Sunset: 6:34PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Devaloka Day

Muscat, Oman
Sun 3 Sutra 20
Plava 5123
Moon 4 - Phase 2 - 3rd Phase

4

Sunday, May 2, 2021

Dhanus Rasi: 25.49 Tithi 21 - 22

288794469

Creative Work Siddha Yoga

Until 7:28AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:19PM - 4:57PM
Yama 12:04PM - 1:42PM
Rahu 4:57PM - 6:35PM

Purvashadha* Until 7:28AM
Sadhya Until 9:53PM
Visti Until 12:40AM Mon
Shashthi* Until 1:20PM

Ganesha: Red Sunrise: 5:33AM
Muruga: Yellow Sunset: 6:35PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Devaloka Day

Muscat, Oman
Sun 4 Sutra 21
Plava 5123
Moon 4 - Phase 2 - 4th Phase

Monday, May 3, 2021

Retreat Star

Makara Rasi: 9.31 Tithi 22 - 23

Family Home Evening

288794469

Routine Work Marana Yoga

Until 6:41AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:42PM - 3:19PM
Yama 10:26AM - 12:04PM
Rahu 7:10AM - 8:48AM

Uttarashadha Until 6:41AM
Subha Until 8:04PM
Balava Until 11:50PM
Saptami Until 12:09PM

Ganesha: Red Sunrise: 5:32AM
Muruga: Yellow Sunset: 6:35PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Devaloka Day

Muscat, Oman
Sun 5 Sutra 22
Plava 5123
Moon 4 - Phase 2 - 5th Phase

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 22.5 Tithi 23 - 24

298794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:04PM - 1:42PM
Yama 8:48AM - 10:26AM
Rahu 3:20PM - 4:58PM

Shravana Until 6:54AM
Sukla Until 6:48PM
Taitila Until 11:42PM
Ashtami* Until 11:40AM

Ganesha: Green Sunrise: 5:31AM
Muruga: Yellow Sunset: 6:36PM
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Muscat, Oman
Sun 6 Sutra 23
Plava 5123
Moon 4 - Phase 2 - 6th Phase

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

Il times are standard time. Calculated for Muscat, Oman on 5/23/1

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1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Muscat, Oman
	Kumbha Rasi: 5.46	Tithi 24 – 25	Gulika 10:25AM – 12:03PM	Dhanishtha Until 7:39AM	Ganesha: Red <i>Sunrise:</i> 5:31AM	Sun 7	Sutra 24
	299794469	Rahu 12:03PM – 1:42PM	Yama 7:09AM – 8:47AM	Brahma Until 6:04PM	Muruqa: Yellow <i>Sunset:</i> 6:36PM		Plava 5123
	Routine Work Prabalarishta Yoga Until 7:39AM Then Creative Work - Siddha Yoga			Vanija Until 12:13AM Thu	Nataraja: Clear		Moon 4 - Phase 3 - 7 2nd Phase
			Navami* Until 11:52AM	Chaitra*Chaitra		Devaloka Day	


2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Muscat, Oman
	Kumbha Rasi: 18.25	Tithi 25 – 26	Gulika 8:47AM – 10:25AM	Shatabhishak Until 8:51AM	Ganesha: Red <i>Sunrise:</i> 5:30AM	Sun 8	Sutra 25
	299794469	Rahu 1:42PM – 3:20PM	Yama 5:30AM – 7:09AM	Indra Until 5:49PM	Muruqa: Yellow <i>Sunset:</i> 6:37PM		Plava 5123
	Creative Work Siddha Yoga			Bava Until 1:19AM Fri	Nataraja: Clear		Moon 4 - Phase 3 - 8 2nd Phase
			Dashami Until 12:41PM	Chaitra*Chaitra		Devaloka Day	

3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Muscat, Oman
	Meena Rasi: 0.49	Tithi 26 – 27	Gulika 7:08AM – 8:46AM	Purvaproshtapada* Until 10:54AM	Ganesha: Clear <i>Sunrise:</i> 5:30AM	Sun 9	Sutra 26
	219794469	Rahu 10:25AM – 12:03PM	Yama 3:20PM – 4:59PM	Vaidhrili* Until 5:57PM	Muruqa: Yellow <i>Sunset:</i> 6:37PM		Plava 5123
	Creative Work Siddha Yoga			Kaulava Until 2:54AM Sat	Nataraja: Clear		Moon 4 - Phase 3 - 9 2nd Phase
			Ekadashi* Until 2:02PM	Chaitra*Chaitra		Devaloka Day	

4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Taila/Gara Karana Dvadashti/Trayodashyam Titau				Muscat, Oman
	Meena Rasi: 13.01	Tithi 27 – 28	Gulika 5:29AM – 7:08AM	Uttaraproshtapada Until 1:14PM	Ganesha: Clear <i>Sunrise:</i> 5:29AM	Sun 10	Sutra 27
	219794469	Rahu 8:46AM – 10:25AM	Yama 1:42PM – 3:20PM	Vishkambha* Until 6:25PM	Muruqa: Yellow <i>Sunset:</i> 6:37PM		Plava 5123
	Creative Work Siddha Yoga Until 1:14PM Then Routine Work - Prabalarishta Yoga			Gara Until 4:53AM Sun	Nataraja: Clear		Moon 4 - Phase 3 - 10 2nd Phase
			Dvadashti* Until 3:50PM	Chaitra*Chaitra		Devaloka Day	
			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman
	Meena Rasi: 25.03	Tithi 28 – 29	Gulika 3:21PM – 4:59PM	Revati Until 3:45PM	Ganesha: Clear <i>Sunrise:</i> 5:28AM	Sun 11	Sutra 28
	219794469	Rahu 4:59PM – 6:38PM	Yama 12:03PM – 1:42PM	Priti Until 7:10PM	Muruqa: Yellow <i>Sunset:</i> 6:38PM		Plava 5123
	Creative Work Amrita Yoga Until 3:45PM Then Creative Work - Siddha Yoga			Visti Until 7:11AM Mon	Nataraja: Clear		Moon 4 - Phase 3 - 11 2nd Phase
			Trayodashi* Until 5:59PM	Chaitra*Chaitra		Devaloka Day	
			Mother's Day				

6	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman
	Mesha Rasi: 6.58	Tithi 29	Gulika 1:42PM – 3:21PM	Ashvini Until 6:52PM	Ganesha: Orange <i>Sunrise:</i> 5:28AM	Sun 12	Sutra 29
	229794469	Rahu 7:07AM – 8:45AM	Yama 10:24AM – 12:03PM	Ayushman Until 8:05PM	Muruqa: Yellow <i>Sunset:</i> 6:38PM		Plava 5123
	Family Home Evening Creative Work Siddha Yoga			Visti Until 7:11AM	Nataraja: Clear		Moon 4 - Phase 3 - 12 2nd Phase
			Chaturdashi* Until 8:24PM	Chaitra*Chaitra		Devaloka Day	

	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Muscat, Oman
	Mesha Rasi: 18.48	Tithi 30	Gulika 12:03PM – 1:42PM	Bharani Until 9:59PM	Ganesha: Orange <i>Sunrise:</i> 5:27AM	Sun 13	Sutra 30
	229794469	Rahu 3:21PM – 5:00PM	Yama 8:45AM – 10:24AM	Saubhagya Until 9:08PM	Muruqa: Yellow <i>Sunset:</i> 6:39PM		Plava 5123
	Creative Work Siddha Yoga			Catuspada Until 9:41AM	Nataraja: Clear		Moon 4 - Phase 3 - 13 Amavasya
			Amavasya* Until 10:58PM	Chaitra*Chaitra		Devaloka Day	

Retreat Star	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Muscat, Oman
	Vrishabha Rasi: 0.35	Tithi 1	Gulika 10:24AM – 12:03PM	Krittika Until 12:58AM Thu	Ganesha: Orange <i>Sunrise:</i> 5:27AM	Sun 14	Sutra 31
	229794469	Rahu 12:03PM – 1:42PM	Yama 7:06AM – 8:45AM	Sobhana Until 10:16PM	Muruqa: Yellow <i>Sunset:</i> 6:39PM		Plava 5123
	Creative Work Amrita Yoga Until 12:58AM Thu Then Routine Work - Marana Yoga			Kintughna Until 12:19PM	Nataraja: Clear		Moon 4 - Phase 3 - 14 Prathama
			Prathama* Until 1:36AM Thu	Vaisaka*Chaitra		Devaloka Day	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1 Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Muscat, Oman Sun 15 Sutra 32 Plava 5123	
Vrishabha Rasi: 12.22	Tithi 2	Gulika 8:45AM – 10:24AM	Rohini Until 4:15AM Fri	Ganesha: Red <i>Sunrise:</i> 5:26AM	
		Yama 5:26AM – 7:05AM	Athiganda* Until 11:19PM	Muruqa: Yellow <i>Sunset:</i> 6:40PM	Moon 4 - Phase 4 - 15
231794469		Rahu 1:42PM – 3:21PM	Balava Until 2:56PM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 4:10AM Fri	Moon – Yellow	Devaloka Day
Until 4:15AM Fri				Vaisaka-Chaitra	
Then Creative Work - Siddha Yoga					

2 Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Muscat, Oman Sun 16 Sutra 33 Plava 5123	
Vrishabha Rasi: 24.11	Tithi 3	Gulika 7:05AM – 8:44AM	Mrigashira Until 7:10AM Sat	Ganesha: Red <i>Sunrise:</i> 5:26AM	
		Yama 3:22PM – 5:01PM	Sukarma Until 12:15AM Sat	Muruqa: Yellow <i>Sunset:</i> 6:40PM	Moon 4 - Phase 4 - 16
231794469		Rahu 10:24AM – 12:03PM	Taitila Until 5:24PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:32AM Sat	Moon – Yellow	Devaloka Day
				Vaisaka-Vaikasi	

3 Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau		Muscat, Oman Sun 17 Sutra 34 Plava 5123	
Mithuna Rasi: 6.05	Tithi 3 – 4	Gulika 5:25AM – 7:05AM	Mrigashira Until 7:10AM	Ganesha: Green <i>Sunrise:</i> 5:25AM	
		Yama 1:42PM – 3:22PM	Dhriti Until 12:59AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:41PM	Moon 4 - Phase 4 - 17
231894469		Rahu 8:44AM – 10:24AM	Vanija Until 7:37PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:32AM	Moon – Yellow	Bhuloka Day
		Akshaya Tritiya		Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM

4 Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Muscat, Oman Sun 18 Sutra 35 Plava 5123	
Mithuna Rasi: 18.05	Tithi 4 – 5	Gulika 3:22PM – 5:02PM	Ardra Until 9:35AM	Ganesha: Green <i>Sunrise:</i> 5:25AM	
		Yama 12:03PM – 1:43PM	Shula* Until 1:21AM Mon	Muruqa: Yellow <i>Sunset:</i> 6:41PM	Moon 4 - Phase 4 - 18
231894469		Rahu 5:02PM – 6:41PM	Bava Until 9:26PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:34AM	Moon – Yellow	Bhuloka Day
		Adi Sankara Jayanthi		Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM

5 Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Muscat, Oman Sun 19 Sutra 36 Plava 5123	
Kataka Rasi: 0.17	Tithi 5 – 6	Gulika 1:43PM – 3:22PM	Punarvasu Until 11:53AM	Ganesha: Red <i>Sunrise:</i> 5:24AM	
Family Home Evening		Yama 10:23AM – 12:03PM	Ganda* Until 1:19AM Tue	Muruqa: Yellow <i>Sunset:</i> 6:42PM	Moon 4 - Phase 4 - 19
241894469		Rahu 7:04AM – 8:44AM	Kaulava Until 10:43PM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 10:08AM	Moon – Blue	Devaloka Day
Until 11:53AM				Vaisaka-Vaikasi	
Then Creative Work - Siddha Yoga					

6 Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Muscat, Oman Sun 20 Sutra 37 Plava 5123	
Kataka Rasi: 12.44	Tithi 6 – 7	Gulika 12:03PM – 1:43PM	Pushya Until 1:26PM	Ganesha: Red <i>Sunrise:</i> 5:24AM	
		Yama 8:44AM – 10:23AM	Vriddhi Until 12:47AM Wed	Muruqa: Yellow <i>Sunset:</i> 6:42PM	Moon 4 - Phase 4 - 20
241894469		Rahu 3:23PM – 5:02PM	Gara Until 11:21PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:06AM	Moon – Blue	Devaloka Day
				Vaisaka-Vaikasi	

Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 38 Plava 5123	
Retreat Star		Gulika 10:23AM – 12:03PM	Ashlesha* Until 2:10PM	Ganesha: Red <i>Sunrise:</i> 5:24AM	
Kataka Rasi: 25.29	Tithi 7 – 8	Yama 7:03AM – 8:43AM	Dhruva Until 11:39PM	Muruqa: Yellow <i>Sunset:</i> 6:43PM	Moon 4 - Phase 4 - 21
241894469		Rahu 12:03PM – 1:43PM	Visti Until 11:15PM	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga		Saptami Until 11:23AM	Moon – Blue	Devaloka Day
				Vaisaka-Vaikasi	

Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Muscat, Oman Sun 22 Sutra 39 Plava 5123	
Retreat Star		Gulika 8:43AM – 10:23AM	Magha* Until 2:27PM	Ganesha: Blue <i>Sunrise:</i> 5:23AM	
Simha Rasi: 9	Tithi 8 – 9	Yama 5:23AM – 7:03AM	Vyaghata* Until 9:56PM	Muruqa: Yellow <i>Sunset:</i> 6:43PM	Moon 4 - Phase 4 - 22
251894469		Rahu 1:43PM – 3:23PM	Balava Until 10:25PM	Nataraja: Clear	Navami
Creative Work	Amrita Yoga		Ashtami* Until 10:54AM	Moon – Red	Bhuloka Day
Until 2:27PM				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

Il times are standard time. Calculated for Muscat, Oman on 5/23/1

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1 Friday, May 21, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Muscat, Oman Sun 23 Sutra 40 Plava 5123	
Simha Rasi: 22.08	Tithi 9 – 10	Gulika 7:03AM – 8:43AM Yama 3:23PM – 5:04PM 251894469 Rahu 10:23AM – 12:03PM	Purvaphalguni Until 1:51PM Harshana Until 7:37PM Taitila Until 8:49PM Navami* Until 9:41AM
Creative Work	Siddha Yoga	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red	Sunrise: 5:23AM Sunset: 6:44PM Bhuloka Day Devaloka Time: 3:PM to 6:PM

2 Saturday, May 22, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 24 Sutra 41 Plava 5123	
Kanya Rasi: 6.06	Tithi 10 – 11	Gulika 5:22AM – 7:03AM Yama 1:44PM – 3:24PM 251894469 Rahu 8:43AM – 10:23AM	Uttaraphalguni Until 12:25PM Vajra* Until 4:44PM Vanija Until 6:33PM Dashami Until 7:45AM
Routine Work	Marana Yoga	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red	Sunrise: 5:22AM Sunset: 6:44PM Bhuloka Day Devaloka Time: 3:PM to 6:PM

3 Sunday, May 23, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau		Muscat, Oman Sun 25 Sutra 42 Plava 5123	
Kanya Rasi: 20.29	Tithi 12	Gulika 3:24PM – 5:04PM Yama 12:03PM – 1:44PM 262894469 Rahu 5:04PM – 6:45PM	Hasta Until 10:39AM Siddhi Until 1:23PM Bava Until 3:43PM Dvadashi Until 2:07AM Mon
Creative Work	Amrita Yoga	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Green	Sunrise: 5:22AM Sunset: 6:45PM Sivaloka Day

4 Monday, May 24, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 43 Plava 5123	
Tula Rasi: 5.14	Tithi 13	Gulika 1:44PM – 3:24PM Yama 10:23AM – 12:03PM 262894469 Rahu 7:02AM – 8:43AM	Chitra Until 8:16AM Vyatipata* Until 9:40AM Kaulava Until 12:26PM Trayodashi Until 10:39PM <i>Pradosha Vrata</i>
Family Home Evening	Prabalarishta Yoga	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Green	Sunrise: 5:22AM Sunset: 6:45PM Sivaloka Day

5 Tuesday, May 25, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 44 Plava 5123	
Tula Rasi: 20.16	Tithi 14	Gulika 12:04PM – 1:44PM Yama 8:43AM – 10:23AM 272894469 Rahu 3:25PM – 5:05PM	Vishakha Until 2:39AM Wed Parigha* Until 1:29AM Wed Gara Until 8:51AM Chaturdashi* Until 6:59PM
Routine Work	Marana Yoga	Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – Orange	Sunrise: 5:22AM Sunset: 6:46PM Devaloka Day

Wednesday, May 26, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Muscat, Oman Sutra 45 Plava 5123	
Vrischika Rasi: 5.26	Tithi 15 – 16	Gulika 10:23AM – 12:04PM Yama 7:02AM – 8:42AM 372894469 Rahu 12:04PM – 1:44PM	Anuradha Until 11:44PM Shiva Until 9:20PM Balava Until 1:23AM Thu Purnima* Until 3:13PM
Creative Work	Siddha Yoga	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Orange	Sunrise: 5:21AM Sunset: 6:46PM Sivaloka Day

Thursday, May 27, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Muscat, Oman Sutra 46 Plava 5123	
Vrischika Rasi: 20.36	Tithi 16 – 17	Gulika 8:42AM – 10:23AM Yama 5:21AM – 7:02AM 372894469 Rahu 1:44PM – 3:25PM	Jyeshtha* Until 8:51PM Siddha Until 5:15PM Taitila Until 9:49PM Prathama* Until 11:33AM
Routine Work	Prabalarishta Yoga	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Orange	Sunrise: 5:21AM Sunset: 6:46PM Sivaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

It times are standard time. Calculated for Muscat, Oman on 5/23/1

www.gurudeva.org/panchang



Friday, May 28, 2021
Gold Retreat Star

Dhanus Rasi: 5.35 Tilthi 17 – 18

382894469

Creative Work Amrita Yoga

Until 6:32PM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 47

Plava 5123

Gulika 7:02AM – 8:42AM

Yama 3:25PM – 5:06PM

Rahu 10:23AM – 12:04PM

Mula* Until 6:32PM

Sadhya Until 1:26PM

Vanija Until 6:34PM

Dvitiya Until 8:08AM

Ganesha: Clear *Sunrise:* 5:21AM

Muruqa: Yellow *Sunset:* 6:47PM

Nataraja: Clear

Moon – Light Blue

Vaisaka-Vaikasi

Devaloka Day

1 **Saturday, May 29, 2021**

Dhanus Rasi: 20.18 Tilthi 19

382894469

Creative Work Siddha Yoga

Until 4:34PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthiyam Titau

Muscat, Oman

Sun 2 Sutra 48

Plava 5123

Gulika 5:21AM – 7:01AM

Yama 1:45PM – 3:26PM

Rahu 8:42AM – 10:23AM

Purvashadha* Until 4:34PM

Subha Until 9:59AM

Bava Until 3:47PM

Chaturthi* Until 2:35AM Sun

Ganesha: Clear *Sunrise:* 5:21AM

Muruqa: Yellow *Sunset:* 6:47PM

Nataraja: Clear

Moon – Light Blue

Vaisaka-Vaikasi

Devaloka Day

2 **Sunday, May 30, 2021**

Makara Rasi: 4.37 Tilthi 20

382894469

Creative Work Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 49

Plava 5123

Gulika 3:26PM – 5:07PM

Yama 12:04PM – 1:45PM

Rahu 5:07PM – 6:48PM

Uttarashadha Until 3:03PM

Sukla Until 6:59AM

Kaulava Until 1:36PM

Panchami Until 12:44AM Mon

Ganesha: Clear *Sunrise:* 5:20AM

Muruqa: Yellow *Sunset:* 6:48PM

Nataraja: Clear

Moon – Light Blue

Vaisaka-Vaikasi

Devaloka Day

3 **Monday, May 31, 2021**

Makara Rasi: 18.3 Tilthi 21

392894469

Family Home Evening

Creative Work Amrita Yoga

Until 2:32PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 50

Plava 5123

Gulika 1:45PM – 3:26PM

Yama 10:23AM – 12:04PM

Rahu 7:01AM – 8:42AM

Shravana Until 2:32PM

Indra Until 2:43AM Tue

Gara Until 12:06PM

Shashthi* Until 11:38PM

Ganesha: Purple *Sunrise:* 5:20AM

Muruqa: Yellow *Sunset:* 6:48PM

Nataraja: Clear

Moon – Purple

Vaisaka-Vaikasi

Sivaloka Day

4 **Tuesday, June 1, 2021**

Kumbha Rasi: 1.56 Tilthi 22

392894469

Creative Work Siddha Yoga

Until 2:38PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Muscat, Oman

Sun 5 Sutra 51

Plava 5123

Gulika 12:04PM – 1:45PM

Yama 8:42AM – 10:23AM

Rahu 3:27PM – 5:08PM

Dhanishtha Until 2:38PM

Vaidhriti* Until 1:30AM Wed

Visti Until 11:23AM

Saptami Until 11:18PM

Ganesha: Purple *Sunrise:* 5:20AM

Muruqa: Yellow *Sunset:* 6:49PM

Nataraja: Clear

Moon – Purple

Vaisaka-Vaikasi

Sivaloka Day

Retreat Star **Wednesday, June 2, 2021**

Kumbha Rasi: 14.57 Tilthi 23

392894469

Creative Work Siddha Yoga

Until 3:20PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 52

Plava 5123

Gulika 10:23AM – 12:05PM

Yama 7:01AM – 8:42AM

Rahu 12:05PM – 1:46PM

Shatabhishak Until 3:20PM

Vishkambha* Until 12:54AM Thu

Balava Until 11:27AM

Ashtami* Until 11:45PM

Ganesha: Purple *Sunrise:* 5:20AM

Muruqa: Yellow *Sunset:* 6:49PM

Nataraja: Clear

Moon – Purple

Vaisaka-Vaikasi

Sivaloka Day

Retreat Star **Thursday, June 3, 2021**

Kumbha Rasi: 27.35 Tilthi 24

312894469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 7 Sutra 53

Plava 5123

Gulika 8:42AM – 10:23AM

Yama 5:20AM – 7:01AM

Rahu 1:46PM – 3:27PM

Purvaprosarthapada* Until 5:04PM

Priti Until 12:52AM Fri

Taitila Until 12:15PM

Navami* Until 12:53AM Fri

Ganesha: Blue *Sunrise:* 5:20AM

Muruqa: Yellow *Sunset:* 6:50PM

Nataraja: Clear

Moon – Clear

Vaisaka-Vaikasi

Sivaloka Day

1		Friday, June 4, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Muscat, Oman
Meena Rasi: 9.56	Tithi 25	Gulika	7:01AM – 8:42AM	Uttaraproshtapada Until 7:15PM	Ganesha: Blue	<i>Sunrise:</i> 5:20AM	Sun 8	Sutra 54
		Yama	3:27PM – 5:09PM	Ayushman Until 1:15AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:50PM		Plava 5123
Creative Work	Siddha Yoga	312894461 Rahu	10:24AM – 12:05PM	Vanija Until 1:43PM	Nataraja: Clear			Moon 5 - Phase 7 - 8
				Dashami Until 2:37AM Sat	Moon – Clear			2nd Phase
					Vaisaka-Vaikasi		Sivaloka Day	

2		Saturday, June 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Muscat, Oman
Meena Rasi: 22.03	Tithi 26	Gulika	5:20AM – 7:01AM	Revati Until 9:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:20AM	Sun 9	Sutra 55
		Yama	1:46PM – 3:28PM	Saubhagya Until 2:01AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:50PM		Plava 5123
Routine Work	Prabalarishta Yoga	312894461 Rahu	8:42AM – 10:24AM	Bava Until 3:41PM	Nataraja: Yellow			Moon 5 - Phase 7 - 9
Until 9:45PM				Ekadashi* Until 4:48AM Sun	Moon – Clear			2nd Phase
Then Creative Work - Siddha Yoga					Vaisaka-Vaikasi		Sivaloka Day	

3		Sunday, June 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Kaulava Karana Dvadashyam Titau				Muscat, Oman
Mesha Rasi: 4	Tithi 27	Gulika	3:28PM – 5:09PM	Ashvini Until 12:54AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:20AM	Sun 10	Sutra 56
		Yama	12:05PM – 1:47PM	Sobhana Until 3:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:51PM		Plava 5123
Creative Work	Siddha Yoga	323894461 Rahu	5:09PM – 6:51PM	Kaulava Until 6:02PM	Nataraja: Yellow			Moon 5 - Phase 7 - 10
				Dvadashi* Until 7:16AM Mon	Moon – White			2nd Phase
					Vaisaka-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

4		Monday, June 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
Mesha Rasi: 15.5	Tithi 27 – 28	Gulika	1:47PM – 3:28PM	Bharani Until 4:02AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:20AM	Sun 11	Sutra 57
Family Home Evening		Yama	10:24AM – 12:05PM	Athiganda* Until 4:07AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:51PM		Plava 5123
Creative Work	Siddha Yoga	323894461 Rahu	7:01AM – 8:43AM	Gara Until 8:36PM	Nataraja: Yellow			Moon 5 - Phase 7 - 11
				Dvadashi* Until 7:16AM	Moon – White			2nd Phase
					Vaisaka-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, June 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman
Mesha Rasi: 27.37	Tithi 28 – 29	Gulika	12:06PM – 1:47PM	Krittika Until 7:02AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:20AM	Sun 12	Sutra 58
		Yama	8:43AM – 10:24AM	Sukarma Until 5:14AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:52PM		Plava 5123
Creative Work	Siddha Yoga	323994461 Rahu	3:29PM – 5:10PM	Visti Until 11:13PM	Nataraja: Yellow			Moon 5 - Phase 7 - 12
				Trayodashi* Until 9:53AM	Moon – White			2nd Phase
					Vaisaka-Vaikasi		Devaloka Day	

Retreat Star		Wednesday, June 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman
Vrishabha Rasi: 9.24	Tithi 29 – 30	Gulika	10:24AM – 12:06PM	Krittika Until 7:02AM	Ganesha: Red	<i>Sunrise:</i> 5:20AM	Sun 13	Sutra 59
		Yama	7:01AM – 8:43AM	Dhriti Until 6:17AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:52PM		Plava 5123
Creative Work	Amrita Yoga	323994461 Rahu	12:06PM – 1:47PM	Catuspada Until 1:44AM Thu	Nataraja: Yellow			Moon 5 - Phase 7 - 13
Until 7:02AM				Chaturdashi* Until 12:28PM	Moon – White			Amavasya
Then Creative Work - Siddha Yoga					Vaisaka-Vaikasi		Devaloka Day	

Retreat Star		Thursday, June 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman
Vrishabha Rasi: 21.13	Tithi 30 – 1	Gulika	8:43AM – 10:24AM	Rohini Until 10:14AM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM	Sun 14	Sutra 60
		Yama	5:20AM – 7:01AM	Dhriti Until 6:17AM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM		Plava 5123
Routine Work	Marana Yoga	333994461 Rahu	1:48PM – 3:29PM	Kintughna Until 4:03AM Fri	Nataraja: Yellow			Moon 5 - Phase 7 - 14
				Amavasya* Until 2:54PM	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi		Devaloka Day	

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


1		Friday, June 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Muscat, Oman Sun 15 Sutra 61		
Mithuna Rasi: 3.08	Tithi 1 – 2	Gulika 7:01AM – 8:43AM	Mrigashira Until 1:02PM	Ganesha: Yellow	Sunrise: 5:20AM	Muruqa: Yellow	Sunset: 6:53PM	Moon 5 - Phase 8 - 15 3rd Phase
333994461		Yama 3:29PM – 5:11PM	Shula* Until 7:07AM	Nataraja: Yellow				
Creative Work	Siddha Yoga	Rahu 10:25AM – 12:06PM	Balava Until 6:02AM Sat	Moon – Yellow				Devaloka Day
			Prathama* Until 5:04PM	Jyeshtha-Vaikasi				
2		Saturday, June 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau		Muscat, Oman Sun 16 Sutra 62		
Mithuna Rasi: 15.11	Tithi 2	Gulika 5:20AM – 7:01AM	Ardra Until 3:19PM	Ganesha: Yellow	Sunrise: 5:20AM	Muruqa: Yellow	Sunset: 6:53PM	Moon 5 - Phase 8 - 16 3rd Phase
333994461		Yama 1:48PM – 3:30PM	Ganda* Until 7:43AM	Nataraja: Yellow				
Creative Work	Siddha Yoga	Rahu 8:43AM – 10:25AM	Balava Until 6:02AM	Moon – Yellow				Devaloka Day
			Dvitiya Until 6:52PM	Jyeshtha-Vaikasi				
3		Sunday, June 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Tailila/Gara Karana Tritiyayam Titau		Muscat, Oman Sun 17 Sutra 63		
Mithuna Rasi: 27.23	Tithi 3	Gulika 3:30PM – 5:12PM	Punarvasu Until 5:32PM	Ganesha: Red	Sunrise: 5:20AM	Muruqa: Yellow	Sunset: 6:53PM	Moon 5 - Phase 8 - 17 3rd Phase
343994461		Yama 12:07PM – 1:48PM	Vridhhi Until 8:02AM	Nataraja: Yellow				
Creative Work	Siddha Yoga	Rahu 5:12PM – 6:53PM	Taitila Until 7:37AM	Moon – Blue				Devaloka Day
			Tritiya Until 8:14PM	Jyeshtha-Vaikasi				
4		Monday, June 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visiti* Karana Chaturthyam Titau		Muscat, Oman Sun 18 Sutra 64		
Kataka Rasi: 9.47	Tithi 4	Gulika 1:48PM – 3:30PM	Pushya Until 7:07PM	Ganesha: Red	Sunrise: 5:20AM	Muruqa: Yellow	Sunset: 6:54PM	Moon 5 - Phase 8 - 18 3rd Phase
343994461		Yama 10:25AM – 12:07PM	Dhruva Until 7:57AM	Nataraja: Yellow				
Family Home Evening		Rahu 7:02AM – 8:43AM	Vanija Until 8:45AM	Moon – Blue				Devaloka Day
Creative Work	Siddha Yoga		Chaturthi* Until 9:07PM	Jyeshtha-Vaikasi				
5		Tuesday, June 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau		Muscat, Oman Sun 19 Sutra 65		
Kataka Rasi: 22.24	Tithi 5	Gulika 12:07PM – 1:49PM	Ashlesha* Until 8:03PM	Ganesha: Red	Sunrise: 5:20AM	Muruqa: Yellow	Sunset: 6:54PM	Moon 5 - Phase 8 - 19 3rd Phase
343994461		Yama 8:43AM – 10:25AM	Vyaghata* Until 7:30AM	Nataraja: Yellow				
Creative Work	Siddha Yoga	Rahu 3:30PM – 5:12PM	Bava Until 9:23AM	Moon – Blue				Devaloka Day
			Panchami Until 9:29PM	Jyeshtha-Ani				
6		Wednesday, June 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Muscat, Oman Sun 20 Sutra 66		
Simha Rasi: 5.16	Tithi 6	Gulika 10:25AM – 12:07PM	Magha* Until 8:45PM	Ganesha: Blue	Sunrise: 5:20AM	Muruqa: Yellow	Sunset: 6:54PM	Moon 5 - Phase 8 - 20 3rd Phase
353994461		Yama 7:02AM – 8:44AM	Harshana Until 6:38AM	Nataraja: Yellow				
Creative Work	Siddha Yoga	Rahu 12:07PM – 1:49PM	Kaulava Until 9:28AM	Moon – Red				Sivaloka Day
Until 8:45PM			Shashthi* Until 9:17PM	Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								
Retreat Star		Thursday, June 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Muscat, Oman Sun 21 Sutra 67		
Simha Rasi: 18.26	Tithi 7	Gulika 8:44AM – 10:26AM	Purvaphalguni Until 8:43PM	Ganesha: Blue	Sunrise: 5:20AM	Muruqa: Yellow	Sunset: 6:55PM	Moon 5 - Phase 8 - 21 3rd Phase
353994461		Yama 5:20AM – 7:02AM	Siddhi Until 3:31AM Fri	Nataraja: Yellow				
Creative Work	Siddha Yoga	Rahu 1:49PM – 3:31PM	Gara Until 9:00AM	Moon – Red				Sivaloka Day
			Saptami Until 8:32PM	Jyeshtha-Ani				
Retreat Star		Friday, June 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau		Muscat, Oman Sun 22 Sutra 68		
Kanya Rasi: 1.54	Tithi 8	Gulika 7:02AM – 8:44AM	Uttaraphalguni Until 7:59PM	Ganesha: Blue	Sunrise: 5:20AM	Muruqa: Yellow	Sunset: 6:55PM	Moon 5 - Phase 8 - 22 Ashtami
353994461		Yama 3:31PM – 5:13PM	Vyatipata* Until 1:16AM Sat	Nataraja: Yellow				
Creative Work	Siddha Yoga	Rahu 10:26AM – 12:08PM	Visti Until 7:57AM	Moon – Red				Sivaloka Day
Until 7:59PM			Ashtami* Until 7:11PM	Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								
Retreat Star		Saturday, June 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Taitila Karana Navami/Dashamyam Titau		Muscat, Oman Sun 23 Sutra 69		
Kanya Rasi: 15.43	Tithi 9 – 10	Gulika 5:21AM – 7:02AM	Hasta Until 6:58PM	Ganesha: Yellow	Sunrise: 5:21AM	Muruqa: Yellow	Sunset: 6:55PM	Moon 5 - Phase 8 - 23 Navami
363994461		Yama 1:50PM – 3:31PM	Variyan Until 10:33PM	Nataraja: Yellow				
Routine Work	Marana Yoga	Rahu 8:44AM – 10:26AM	Balava Until 6:19AM	Moon – Green				Devaloka Day
			Navami* Until 5:16PM	Jyeshtha-Ani				

1	Sunday, June 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Muscat, Oman
	Kanya Rasi: 29.52	Tithi 10 – 11	364994461	Gulika 3:32PM – 5:13PM	Chitra Until 5:18PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Green	Sun 24 Sutra 70 Plava 5123 Moon 5 - Phase 9 - 24 4th Phase
	Creative Work	Siddha Yoga		Yama 12:08PM – 1:50PM	Parigha* Until 7:27PM	Sunrise: 5:21AM Sunset: 6:55PM	
				Rahu 5:13PM – 6:55PM	Vanija Until 1:30AM Mon	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM
			Father's Day		Dashami Until 2:51PM		

2	Monday, June 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman
	Tula Rasi: 14.21	Tithi 11 – 12	364994461	Gulika 1:50PM – 3:32PM	Svati Until 3:05PM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Green	Sun 25 Sutra 71 Plava 5123 Moon 5 - Phase 9 - 25 4th Phase
	Family Home Evening	Amrita Yoga		Yama 10:26AM – 12:08PM	Shiva Until 4:00PM	Sunrise: 5:21AM Sunset: 6:56PM	
	Until 3:05PM			Rahu 7:03AM – 8:45AM	Bava Until 10:28PM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga			Ekadashi Until 12:01PM		Dvadashi Until 8:50AM		

3	Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
	Tula Rasi: 29.06	Tithi 12 – 13	374994461	Gulika 12:08PM – 1:50PM	Vishakha Until 12:49PM	Ganesha: Clear Muruqa: Yellow Nataraja: Yellow Moon – Orange	Sun 26 Sutra 72 Plava 5123 Moon 5 - Phase 9 - 26 4th Phase
	Routine Work	Marana Yoga		Yama 8:45AM – 10:27AM	Siddha Until 12:17PM	Sunrise: 5:21AM Sunset: 6:56PM	
	Until 12:49PM			Rahu 3:32PM – 5:14PM	Kaulava Until 7:11PM	Jyeshtha-Ani	Devaloka Day
Then Creative Work - Siddha Yoga			Dvadashi Until 8:50AM		Pradosha Vrata		

4	Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman
	Vrischika Rasi: 14.01	Tithi 14	374994461	Gulika 10:27AM – 12:09PM	Anuradha Until 10:14AM	Ganesha: Clear Muruqa: Yellow Nataraja: Yellow Moon – Orange	Sun 27 Sutra 73 Plava 5123 Moon 5 - Phase 9 - 27 4th Phase
	Creative Work	Siddha Yoga		Yama 7:03AM – 8:45AM	Sadhya Until 8:25AM	Sunrise: 5:21AM Sunset: 6:56PM	
				Rahu 12:09PM – 1:50PM	Gara Until 3:44PM	Jyeshtha-Ani	Devaloka Day
			Chaturdashi* Until 2:00AM Thu		Purnima* Until 10:37PM		

	Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman
	Copper Retreat Star			Gulika 8:45AM – 10:27AM	Jyeshtha* Until 7:29AM	Ganesha: Clear Muruqa: Yellow Nataraja: Yellow Moon – Orange	Sutra 74 Plava 5123 Moon 5 - Phase 9 - Purnima
	Vrischika Rasi: 28.59	Tithi 15	374994461	Yama 5:22AM – 7:03AM	Sukla Until 12:41AM Fri	Sunrise: 5:22AM Sunset: 6:56PM	
	Routine Work	Prabalarishta Yoga		Rahu 1:51PM – 3:32PM	Visti Until 12:18PM	Jyeshtha-Ani	Devaloka Day
Until 7:29AM			Purnima* Until 10:37PM		Jyeshtha-Ani		
Then Creative Work - Siddha Yoga							

5	Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman
	Silver Retreat Star			Gulika 7:04AM – 8:45AM	Purvashadha* Until 2:53AM Sat	Ganesha: Purple Muruqa: Yellow Nataraja: Yellow Moon – Light Blue	Sutra 75 Plava 5123 Moon 5 - Phase 9 - Prathama
	Dhanus Rasi: 13.52	Tithi 16	384994461	Yama 3:33PM – 5:14PM	Brahma Until 9:04PM	Sunrise: 5:22AM Sunset: 6:56PM	
	Routine Work	Prabalarishta Yoga		Rahu 10:27AM – 12:09PM	Balava Until 9:01AM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:53AM Sat			Prathama* Until 7:28PM		Jyeshtha-Ani		
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

all times are standard time. Calculated for Muscat, Oman on 5/23/1

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Saturday, June 26, 2021
Gold Retreat Star

Dhanus Rasi: 28.33 Tithi 17 – 18

384994461

Routine Work Marana Yoga
Until 12:56AM Sun
Then Creative Work - Amrita Yoga

Gulika 5:22AM – 7:04AM
Yama 1:51PM – 3:33PM
Rahu 8:46AM – 10:28AM

Uttarashadha Until 12:56AM Sun
Indra Until 5:46PM
Taitila Until 6:02AM
Dvitiya Until 4:41PM

Ganesha: Purple
Muruqa: Yellow
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 5:22AM
Sunset: 6:56PM

Muscat, Oman
Sun 1 Sutra 76
Plava 5123
Moon 6 - Phase 10 - 1
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Sunday, June 27, 2021

Makara Rasi: 12.54 Tithi 18 – 19

394994461

Creative Work Amrita Yoga
Until 11:51PM
Then Routine Work - Marana Yoga

Gulika 3:33PM – 5:15PM
Yama 12:10PM – 1:51PM
Rahu 5:15PM – 6:57PM

Shravana Until 11:51PM
Vaidhriti* Until 2:53PM
Bava Until 1:32AM Mon
Tritiya Until 2:25PM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:22AM
Sunset: 6:57PM

Muscat, Oman
Sun 2 Sutra 77
Plava 5123
Moon 6 - Phase 10 - 2
1st Phase

Devaloka Day

2

Monday, June 28, 2021

Makara Rasi: 26.51 Tithi 19 – 20

394994461

Family Home Evening
Creative Work Siddha Yoga

Gulika 1:51PM – 3:33PM
Yama 10:28AM – 12:10PM
Rahu 7:04AM – 8:46AM

Dhanishtha Until 11:19PM
Vishkambha* Until 12:33PM
Kaulava Until 12:17AM Tue
Chaturthi* Until 12:48PM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:23AM
Sunset: 6:57PM

Muscat, Oman
Sun 3 Sutra 78
Plava 5123
Moon 6 - Phase 10 - 3
1st Phase

Devaloka Day

3

Tuesday, June 29, 2021

Kumbha Rasi: 10.22 Tithi 20 – 21

394994461

Routine Work Marana Yoga

Gulika 12:10PM – 1:52PM
Yama 8:46AM – 10:28AM
Rahu 3:33PM – 5:15PM

Shatabhishak Until 11:24PM
Priti Until 10:50AM
Gara Until 11:49PM
Panchami Until 11:56AM

Ganesha: Clear
Muruqa: Yellow
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 5:23AM
Sunset: 6:57PM

Muscat, Oman
Sun 4 Sutra 79
Plava 5123
Moon 6 - Phase 10 - 4
1st Phase

Devaloka Day

4

Wednesday, June 30, 2021

Kumbha Rasi: 23.28 Tithi 21 – 22

314994461

Creative Work Amrita Yoga
Until 12:34AM Thu
Then Creative Work - Siddha Yoga

Gulika 10:28AM – 12:10PM
Yama 7:05AM – 8:47AM
Rahu 12:10PM – 1:52PM

Purvaproshtapada* Until 12:34AM Thu
Ayushman Until 9:44AM
Visti Until 12:09AM Thu
Shashthi* Until 11:52AM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:23AM
Sunset: 6:57PM

Muscat, Oman
Sun 5 Sutra 80
Plava 5123
Moon 6 - Phase 10 - 5
1st Phase

Devaloka Day

Retreat Star

Thursday, July 1, 2021

Meena Rasi: 6.1 Tithi 22 – 23

314994461

Creative Work Siddha Yoga

Gulika 8:47AM – 10:29AM
Yama 5:24AM – 7:05AM
Rahu 1:52PM – 3:34PM

Uttaraproshtapada Until 2:20AM Fri
Saubhagya Until 9:16AM
Balava Until 1:14AM Fri
Saptami Until 12:35PM

Ganesha: Yellow
Muruqa: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 6:57PM

Muscat, Oman
Sun 6 Sutra 81
Plava 5123
Moon 6 - Phase 10 - 6
Ashtami

Devaloka Day

Friday, July 2, 2021
Retreat Star

Meena Rasi: 18.32 Tithi 23 – 24

315994461

Creative Work Siddha Yoga

Gulika 7:06AM – 8:47AM
Yama 3:34PM – 5:15PM
Rahu 10:29AM – 12:10PM

Revati Until 4:33AM Sat
Sobhana Until 9:23AM
Taitila Until 2:59AM Sat
Ashtami* Until 2:01PM

Ganesha: White
Muruqa: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 6:57PM

Muscat, Oman
Sun 7 Sutra 82
Plava 5123
Moon 6 - Phase 10 - 7
Navami

Sivaloka Day

1	Saturday, July 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Muscat, Oman
	Mesha Rasi: 0.38	Tithi 24 – 25	Gulika 5:24AM – 7:06AM	Ashvini Until 7:34AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Sun 8 Sutra 83
	325194461	Rahu 8:48AM – 10:29AM	Yama 1:52PM – 3:34PM	Athiganda* Until 9:56AM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Plava 5123
Creative Work Siddha Yoga			Vanija Until 5:13AM Sun	Nataraja: Yellow		Moon 6 - Phase 11 - 8	
Until 7:34AM Sun			Navami* Until 4:02PM	Moon – White		2nd Phase	
Then Routine Work - Prabalarishta Yoga				Jyeshtha-Ani		Devaloka Day	


2	Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Visti* Karana Dashamyam Titau				Muscat, Oman
	Mesha Rasi: 12.33	Tithi 25	Gulika 3:34PM – 5:15PM	Ashvini Until 7:34AM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Sun 9 Sutra 84
	325194461	Rahu 5:15PM – 6:57PM	Yama 12:11PM – 1:52PM	Sukarma Until 10:50AM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Plava 5123
Creative Work Siddha Yoga			Visti Until 6:25PM	Nataraja: Yellow		Moon 6 - Phase 11 - 9	
Until 7:34AM			Dashami Until 6:25PM	Moon – White		2nd Phase	
Then Routine Work - Prabalarishta Yoga				Jyeshtha-Ani		Devaloka Day	

3	Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Muscat, Oman
	Mesha Rasi: 24.22	Tithi 26	Gulika 1:53PM – 3:34PM	Bharani Until 10:39AM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Sun 10 Sutra 85
	325194461	Rahu 7:07AM – 8:48AM	Yama 10:30AM – 12:11PM	Dhriti Until 11:56AM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Plava 5123
Family Home Evening			Bava Until 7:43AM	Nataraja: Yellow		Moon 6 - Phase 11 - 10	
Creative Work Siddha Yoga			Ekadashi* Until 9:00PM	Moon – White		2nd Phase	
Until 10:39AM				Jyeshtha-Ani		Devaloka Day	
Then Routine Work - Marana Yoga							

4	Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Muscat, Oman
	Vrishabha Rasi: 6.09	Tithi 27	Gulika 12:11PM – 1:53PM	Krittika Until 1:38PM	Ganesha: White	<i>Sunrise:</i> 5:25AM	Sun 11 Sutra 86
	425194461	Rahu 3:34PM – 5:15PM	Yama 8:48AM – 10:30AM	Shula* Until 1:02PM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Plava 5123
Creative Work Siddha Yoga			Kaulava Until 10:18AM	Nataraja: Yellow		Moon 6 - Phase 11 - 11	
Until 1:38PM			Dvadashi* Until 11:32PM	Moon – White		2nd Phase	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		Sivaloka Day	

5	Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau				Muscat, Oman
	Vrishabha Rasi: 17.59	Tithi 28	Gulika 10:30AM – 12:11PM	Rohini Until 4:48PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sun 12 Sutra 87
	435194461	Rahu 12:11PM – 1:53PM	Yama 7:07AM – 8:49AM	Ganda* Until 2:02PM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Plava 5123
Creative Work Siddha Yoga			Gara Until 12:46PM	Nataraja: Yellow		Moon 6 - Phase 11 - 12	
			Trayodashi* Until 1:52AM Thu	Moon – Yellow		2nd Phase	
			<i>Pradosha Vrata (Fasting)</i>	Jyeshtha-Ani		Devaloka Day	

6	Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman
	Vrishabha Rasi: 29.53	Tithi 29	Gulika 8:49AM – 10:30AM	Mrigashira Until 7:29PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sun 13 Sutra 88
	435194461	Rahu 1:53PM – 3:34PM	Yama 5:26AM – 7:08AM	Vridhi Until 2:49PM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Plava 5123
Routine Work Marana Yoga			Visti Until 2:55PM	Nataraja: Yellow		Moon 6 - Phase 11 - 13	
			Chaturdashi* Until 3:50AM Fri	Moon – Yellow		2nd Phase	
				Jyeshtha-Ani		Devaloka Day	

	Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Muscat, Oman
	Retreat Star		Gulika 7:08AM – 8:49AM	Ardra Until 9:36PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Sun 14 Sutra 89
	Mithuna Rasi: 11.58	Tithi 30	Yama 3:34PM – 5:15PM	Dhruva Until 3:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Plava 5123
435194461	Rahu 10:30AM – 12:12PM		Catuspada Until 4:40PM	Nataraja: Yellow		Moon 6 - Phase 11 - 14	
Creative Work Siddha Yoga			Amavasya* Until 5:20AM Sat	Moon – Yellow		Amavasya	
				Jyeshtha-Ani		Devaloka Day	

Retreat Star	Saturday, July 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Muscat, Oman
	Mithuna Rasi: 24.13	Tithi 1	Gulika 5:27AM – 7:08AM	Punarvasu Until 11:34PM	Ganesha: Red	<i>Sunrise:</i> 5:27AM	Sun 15 Sutra 90
	445194461	Rahu 8:49AM – 10:31AM	Yama 1:53PM – 3:34PM	Vyaghata* Until 3:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Plava 5123
Creative Work Siddha Yoga			Kintughna Until 5:55PM	Nataraja: Yellow		Moon 6 - Phase 11 - 15	
			Prathama* Until 6:21AM Sun	Moon – Blue		Prathama	
				Ashada-Ani		Devaloka Day	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Muscat, Oman Sun 16 Sutra 91
Kataka Rasi: 6.41	Tithi 1 – 2	Gulika 3:34PM – 5:15PM	Pushya Until 12:53AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:27AM	Plava 5123
		Yama 12:12PM – 1:53PM	Harshana Until 3:02PM	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 12 - 16
		445194461 Rahu 5:15PM – 6:56PM	Balava Until 6:41PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 6:21AM	Moon – Blue		Devaloka Day
				Ashada*Ani		

2 Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Muscat, Oman Sun 17 Sutra 92
Kataka Rasi: 19.23	Tithi 2 – 3	Gulika 1:53PM – 3:34PM	Ashlesha* Until 1:35AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	Plava 5123
Family Home Evening		Yama 10:31AM – 12:12PM	Vajra* Until 2:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 12 - 17
		446194461 Rahu 7:09AM – 8:50AM	Taitila Until 6:58PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:52AM	Moon – Blue		Bhuloka Day
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM

3 Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Muscat, Oman Sun 18 Sutra 93
Simha Rasi: 2.18	Tithi 3 – 4	Gulika 12:12PM – 1:53PM	Magha* Until 2:10AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	Plava 5123
		Yama 8:50AM – 10:31AM	Siddhi Until 1:17PM	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 12 - 18
		456194461 Rahu 3:34PM – 5:15PM	Vanija Until 6:48PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:55AM	Moon – Red		Bhuloka Day
Until 2:10AM Wed				Ashada*Ani		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

4 Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Muscat, Oman Sun 19 Sutra 94
Simha Rasi: 15.26	Tithi 4 – 5	Gulika 10:31AM – 12:12PM	Purvaphalguni Until 2:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Plava 5123
		Yama 7:10AM – 8:50AM	Vyatipata* Until 11:54AM	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 12 - 19
		456194461 Rahu 12:12PM – 1:53PM	Bava Until 6:13PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 6:33AM	Moon – Red		Bhuloka Day
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM

5 Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Muscat, Oman Sun 20 Sutra 95
Simha Rasi: 28.47	Tithi 6	Gulika 8:51AM – 10:32AM	Uttaraphalguni Until 1:41AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Plava 5123
		Yama 5:29AM – 7:10AM	Varyan Until 10:11AM	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 6 - Phase 12 - 20
		456194461 Rahu 1:53PM – 3:34PM	Kaulava Until 5:15PM	Nataraja: Yellow		3rd Phase
	Amrita Yoga		Shashthi* Until 4:37AM Fri	Moon – Red		Bhuloka Day
		Chidambaram Abhishekam		Ashada*Ani		Devaloka Time: 3:PM to 6:PM

6 Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman Sun 21 Sutra 96
Kanya Rasi: 12.22	Tithi 7	Gulika 7:10AM – 8:51AM	Hasta Until 1:07AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Plava 5123
		Yama 3:34PM – 5:15PM	Parigha* Until 8:11AM	Muruqa: Yellow	<i>Sunset:</i> 6:55PM	Moon 6 - Phase 12 - 21
		466194461 Rahu 10:32AM – 12:13PM	Gara Until 3:55PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Saptami Until 3:05AM Sat	Moon – Green		Devaloka Day
Until 1:07AM Sat				Ashada*Adi		
Then Routine Work - Marana Yoga						

☾ Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman Sun 22 Sutra 97
Retreat Star		Gulika 5:30AM – 7:11AM	Chitra Until 12:02AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Plava 5123
Kanya Rasi: 26.09	Tithi 8	Yama 1:53PM – 3:34PM	Siddha Until 3:17AM Sun	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 6 - Phase 12 - 22
		466195462 Rahu 8:51AM – 10:32AM	Visti Until 2:13PM	Nataraja: White		Ashtami
Routine Work	Marana Yoga		Ashtami* Until 1:13AM Sun	Moon – Green		Subha Sivaloka Day
Until 12:02AM Sun				Ashada*Adi		
Then Creative Work - Siddha Yoga						

☽ Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Muscat, Oman Sun 23 Sutra 98
Retreat Star		Gulika 3:34PM – 5:14PM	Svati Until 10:30PM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Plava 5123
Tula Rasi: 10.09	Tithi 9	Yama 12:13PM – 1:53PM	Sadhya Until 12:25AM Mon	Muruqa: White	<i>Sunset:</i> 6:55PM	Moon 6 - Phase 12 - 23
		466195462 Rahu 5:14PM – 6:55PM	Balava Until 12:10PM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 11:00PM	Moon – Green		Subha Sivaloka Day
Until 10:30PM				Ashada*Adi		
Then Routine Work - Marana Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Monday, July 19, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Muscat, Oman Sun 24 Sutra 99
	Tula Rasi: 24.22 Family Home Evening Routine Work Marana Yoga Until 8:56PM Then Creative Work - Siddha Yoga	Tithi 10 477195462	Gulika 1:53PM – 3:34PM Yama 10:32AM – 12:13PM Rahu 7:11AM – 8:52AM	Vishakha Until 8:56PM Subha Until 9:20PM Taitila Until 9:49AM Dashami Until 8:31PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:31AM Sunset: 6:55PM	Plava 5123 Moon 6 - Phase 13 - 24 4th Phase Subha Sivaloka Day

2	Tuesday, July 20, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 25 Sutra 100
	Vrischika Rasi: 8.47 Creative Work Siddha Yoga Until 7:01PM Then Routine Work - Marana Yoga	Tithi 11 – 12 477195462	Gulika 12:13PM – 1:53PM Yama 8:52AM – 10:32AM Rahu 3:34PM – 5:14PM	Anuradha Until 7:01PM Sukla Until 6:02PM Vanija Until 7:11AM Ekadashi Until 5:47PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:31AM Sunset: 6:54PM	Plava 5123 Moon 6 - Phase 13 - 25 4th Phase Subha Sivaloka Day

3	Wednesday, July 21, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 101
	Vrischika Rasi: 23.2 Creative Work Siddha Yoga Until 4:49PM Then Routine Work - Marana Yoga	Tithi 12 – 13 477195462	Gulika 10:33AM – 12:13PM Yama 7:12AM – 8:52AM Rahu 12:13PM – 1:53PM	Jyeshtha* Until 4:49PM Brahma Until 2:37PM Kaulava Until 1:28AM Thu Dvadashi Until 2:55PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:32AM Sunset: 6:54PM	Plava 5123 Moon 6 - Phase 13 - 26 4th Phase Subha Sivaloka Day

4	Thursday, July 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 102
	Dhanus Rasi: 7.56 Creative Work Siddha Yoga	Tithi 13 – 14 487195462	Gulika 8:53AM – 10:33AM Yama 5:32AM – 7:12AM Rahu 1:53PM – 3:33PM	Mula* Until 2:51PM Indra Until 11:12AM Gara Until 10:35PM Trayodashi Until 12:00PM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue	Sunrise: 5:32AM Sunset: 6:54PM	Plava 5123 Moon 6 - Phase 13 - 27 4th Phase Subha Subha Sivaloka Day

	Friday, July 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sutra 103
	Copper Retreat Star		Dhanus Rasi: 22.31 Routine Work Prabalarishta Yoga Until 12:51PM Then Routine Work - Marana Yoga	Tithi 14 – 15 487195462	Gulika 7:13AM – 8:53AM Yama 3:33PM – 5:13PM Rahu 10:33AM – 12:13PM	Purvashadha* Until 12:51PM Vaidhriti* Until 7:48AM Visti Until 7:51PM Chaturdashi* Until 9:10AM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue

Silver Retreat Star	Saturday, July 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Muscat, Oman Sutra 104
	Makara Rasi: 6.57 Routine Work Marana Yoga Until 10:58AM Then Creative Work - Siddha Yoga	Tithi 15 – 16 487195462	Gulika 5:33AM – 7:13AM Yama 1:53PM – 3:33PM Rahu 8:53AM – 10:33AM	Uttarashadha Until 10:58AM Priti Until 1:41AM Sun Kaulava Until 4:18AM Sun Purnima* Until 6:33AM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue	Sunrise: 5:33AM Sunset: 6:53PM	Plava 5123 Moon 6 - Phase 13 - Prathama Subha Subha Sivaloka Day



Sunday, July 25, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman
Sutra 105
Plava 5123
Moon 7 - Phase 14 -
1st Phase

Makara Rasi: 21.08 Tithi 17
498195462
Creative Work Amrita Yoga
Until 9:44AM
Then Routine Work - Marana Yoga

Gulika 3:33PM – 5:13PM
Yama 12:13PM – 1:53PM
Rahu 5:13PM – 6:52PM

Shravana Until 9:44AM
Ayushman Until 11:09PM
Taitila Until 3:22PM
Dvitiya Until 2:32AM Mon

Ganesha: White *Sunrise:* 5:33AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

1

Monday, July 26, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman
Sun 1 Sutra 106
Plava 5123
Moon 7 - Phase 14 - 1
1st Phase

Kumbha Rasi: 5.01 Tithi 18
498195462
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:53PM – 3:33PM
Yama 10:33AM – 12:13PM
Rahu 7:14AM – 8:53AM

Dhanishtha Until 8:54AM
Saubhagya Until 9:06PM
Vanija Until 1:54PM
Tritiya Until 1:24AM Tue

Ganesha: White *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

2

Tuesday, July 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman
Sun 2 Sutra 107
Plava 5123
Moon 7 - Phase 14 - 2
1st Phase

Kumbha Rasi: 18.29 Tithi 19
498195462
Routine Work Marana Yoga

Gulika 12:13PM – 1:53PM
Yama 8:54AM – 10:33AM
Rahu 3:32PM – 5:12PM

Shatabhishak Until 8:33AM
Sobhana Until 7:39PM
Bava Until 1:07PM
Chaturthi* Until 12:59AM Wed

Ganesha: White *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 6:52PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

3

Wednesday, July 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman
Sun 3 Sutra 108
Plava 5123
Moon 7 - Phase 14 - 3
1st Phase

Meena Rasi: 1.35 Tithi 20
418295462
Creative Work Amrita Yoga
Until 9:15AM
Then Creative Work - Siddha Yoga

Gulika 10:33AM – 12:13PM
Yama 7:14AM – 8:54AM
Rahu 12:13PM – 1:53PM

Purvaproshtapada* Until 9:15AM
Athiganda* Until 6:46PM
Kaulava Until 1:05PM
Panchami Until 1:21AM Thu

Ganesha: Yellow *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 6:51PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

4

Thursday, July 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman
Sun 4 Sutra 109
Plava 5123
Moon 7 - Phase 14 - 4
1st Phase

Meena Rasi: 14.17 Tithi 21
418295462
Creative Work Siddha Yoga

Gulika 8:54AM – 10:34AM
Yama 5:35AM – 7:15AM
Rahu 1:52PM – 3:32PM

Uttaraproshtapada Until 10:33AM
Sukarma Until 6:31PM
Gara Until 1:50PM
Shashthi* Until 2:27AM Fri

Ganesha: Yellow *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 6:51PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

5

Friday, July 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman
Sun 5 Sutra 110
Plava 5123
Moon 7 - Phase 14 - 5
1st Phase

Meena Rasi: 26.4 Tithi 22
418295462
Creative Work Siddha Yoga
Until 12:23PM
Then Creative Work - Amrita Yoga

Gulika 7:15AM – 8:54AM
Yama 3:32PM – 5:11PM
Rahu 10:34AM – 12:13PM

Revati Until 12:23PM
Dhriti* Until 6:48PM
Visti* Until 3:17PM
Saptami Until 4:13AM Sat

Ganesha: Yellow *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:50PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

D

Saturday, July 31, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman
Sun 6 Sutra 111
Plava 5123
Moon 7 - Phase 14 - 6
Ashtami

Mesha Rasi: 8.46 Tithi 23
428215462
Creative Work Siddha Yoga

Gulika 5:36AM – 7:15AM
Yama 1:52PM – 3:31PM
Rahu 8:54AM – 10:34AM

Ashvini Until 3:07PM
Shula* Until 7:30PM
Balava Until 5:19PM
Ashtami* Until 6:28AM Sun

Ganesha: Blue *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 6:50PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Sivaloka Day

Sunday, August 1, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman
Sun 7 Sutra 112
Plava 5123
Moon 7 - Phase 14 - 7
Navami

Mesha Rasi: 20.42 Tithi 23 – 24
429215462
Routine Work Prabalarishta Yoga
Until 6:05PM
Then Creative Work - Siddha Yoga

Gulika 3:31PM – 5:10PM
Yama 12:13PM – 1:52PM
Rahu 5:10PM – 6:49PM

Bharani Until 6:05PM
Ganda* Until 8:28PM
Taitila Until 7:43PM
Ashtami* Until 6:28AM

Ganesha: Red *Sunrise:* 5:37AM
Muruqa: White *Sunset:* 6:49PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

Monday, August 2, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Muscat, Oman
1				Sun 8 Sutra 113
Vrishabha Rasi: 2.31	Tithi 24 – 25	Gulika 1:52PM – 3:31PM	Krittika Until 9:01PM	Ganesha: Red Sunrise: 5:37AM
Family Home Evening	429215462	Yama 10:34AM – 12:13PM	Vridhhi Until 9:34PM	Muruqa: White Sunset: 6:49PM
Routine Work Marana Yoga		Rahu 7:16AM – 8:55AM	Vanija Until 10:16PM	Nataraja: White
Until 9:01PM			Navami* Until 8:58AM	Moon – White
Then Creative Work - Amrita Yoga				Ashada-Adi
				Subha Sivaloka Day

Tuesday, August 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Muscat, Oman
2				Sun 9 Sutra 114
Vrishabha Rasi: 14.2	Tithi 25 – 26	Gulika 12:13PM – 1:51PM	Rohini Until 12:12AM Wed	Ganesha: Green Sunrise: 5:37AM
	439215462	Yama 8:55AM – 10:34AM	Dhruva Until 10:32PM	Muruqa: White Sunset: 6:49PM
Creative Work Amrita Yoga		Rahu 3:30PM – 5:09PM	Bava Until 12:43AM Wed	Nataraja: White
Until 12:12AM Wed			Dashami Until 11:30AM	Moon – Yellow
Then Creative Work - Siddha Yoga				Ashada-Adi
				Sivaloka Day

Wednesday, August 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman
3				Sun 10 Sutra 115
Vrishabha Rasi: 26.12	Tithi 26 – 27	Gulika 10:34AM – 12:13PM	Mrigashira Until 2:54AM Thu	Ganesha: Green Sunrise: 5:38AM
	439215462	Yama 7:17AM – 8:55AM	Vyaghata* Until 11:18PM	Muruqa: White Sunset: 6:47PM
Creative Work Siddha Yoga		Rahu 12:13PM – 1:51PM	Kaulava Until 2:49AM Thu	Nataraja: White
Until 2:54AM Thu			Ekadashi* Until 1:48PM	Moon – Yellow
Then Routine Work - Marana Yoga				Ashada-Adi
				Sivaloka Day

Thursday, August 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau		Muscat, Oman
4				Sun 11 Sutra 116
Mithuna Rasi: 8.13	Tithi 27 – 28	Gulika 8:55AM – 10:34AM	Ardra Until 4:57AM Fri	Ganesha: Green Sunrise: 5:38AM
	439215462	Yama 5:38AM – 7:17AM	Harshana Until 11:42PM	Muruqa: White Sunset: 6:47PM
Routine Work Marana Yoga		Rahu 1:51PM – 3:30PM	Gara Until 4:26AM Fri	Nataraja: White
Until 4:57AM Fri			Dvadashi* Until 3:40PM	Moon – Yellow
Then Creative Work - Siddha Yoga				Ashada-Adi
				Sivaloka Day
				<i>Pradosha Vrata (Fasting)</i>

Friday, August 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman
5				Sun 12 Sutra 117
Mithuna Rasi: 20.26	Tithi 28 – 29	Gulika 7:17AM – 8:56AM	Punarvasu Until 6:46AM Sat	Ganesha: White Sunrise: 5:39AM
	449215462	Yama 3:29PM – 5:08PM	Vajra* Until 11:38PM	Muruqa: White Sunset: 6:46PM
Creative Work Siddha Yoga		Rahu 10:34AM – 12:12PM	Visti Until 5:28AM Sat	Nataraja: White
			Trayodashi* Until 5:00PM	Moon – Blue
				Ashada-Adi
				Sivaloka Day

Saturday, August 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mani Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Muscat, Oman
6				Sun 13 Sutra 118
Kataka Rasi: 2.55	Tithi 29 – 30	Gulika 5:39AM – 7:17AM	Punarvasu Until 6:46AM	Ganesha: White Sunrise: 5:39AM
	449215462	Yama 1:51PM – 3:29PM	Siddhi Until 11:07PM	Muruqa: White Sunset: 6:45PM
Creative Work Siddha Yoga		Rahu 8:56AM – 10:34AM	Catuspada Until 5:54AM Sun	Nataraja: White
			Chaturdashi* Until 5:44PM	Moon – Blue
				Ashada-Adi
				Sivaloka Day

Sunday, August 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Muscat, Oman
Retreat Star				Sun 14 Sutra 119
Kataka Rasi: 15.4	Tithi 30 – 1	Gulika 3:28PM – 5:07PM	Pushya Until 7:50AM	Ganesha: White Sunrise: 5:39AM
	449215462	Yama 12:12PM – 1:50PM	Vyatipata* Until 10:08PM	Muruqa: White Sunset: 6:45PM
Creative Work Siddha Yoga		Rahu 5:07PM – 6:45PM	Kintughna Until 5:45AM Mon	Nataraja: White
			Amavasya* Until 5:52PM	Moon – Blue
				Ashada-Adi
				Sivaloka Day

Monday, August 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Muscat, Oman
Retreat Star				Sun 15 Sutra 120
Kataka Rasi: 28.42	Tithi 1 – 2	Gulika 1:50PM – 3:28PM	Ashlesha* Until 8:11AM	Ganesha: Light Blue Sunrise: 5:40AM
Family Home Evening	441215462	Yama 10:34AM – 12:12PM	Variyan Until 8:43PM	Muruqa: White Sunset: 6:44PM
Creative Work Siddha Yoga		Rahu 7:18AM – 8:56AM	Balava Until 5:06AM Tue	Nataraja: White
Until 8:11AM			Prathama* Until 5:28PM	Moon – Blue
Then Routine Work - Marana Yoga				Sravana-Adi
				Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Muscat, Oman on 5/23/1

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1		Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dviliya/Trityayam Titau		Muscat, Oman	
Simha Rasi: 12	Tithi 2 – 3	451215462	Gulika Yama Rahu	12:12PM – 1:50PM 8:56AM – 10:34AM 3:28PM – 5:06PM	Magha* Until 8:22AM Parigha* Until 6:57PM Taitila Until 4:03AM Wed Dvitiya Until 4:36PM	Ganesha: Purple Muruqa: White Nataraja: White Moon – Red	Sunrise: 5:40AM Sunset: 6:43PM Moon 7 - Phase 16 - 16 3rd Phase
Creative Work	Siddha Yoga					Sravana-Adi	Sivaloka Day

2		Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Triliya/Chaturtham Titau		Muscat, Oman	
Simha Rasi: 25.31	Tithi 3 – 4	451215462	Gulika Yama Rahu	10:34AM – 12:12PM 7:18AM – 8:56AM 12:12PM – 1:49PM	Purvaphalguni Until 8:00AM Shiva Until 4:55PM Vanija Until 2:41AM Thu Tritiya Until 3:23PM	Ganesha: Purple Muruqa: White Nataraja: White Moon – Red	Sunrise: 5:41AM Sunset: 6:43PM Moon 7 - Phase 16 - 17 3rd Phase
Creative Work	Amrita Yoga					Sravana-Adi	Sivaloka Day

3		Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau		Muscat, Oman	
Kanya Rasi: 9.13	Tithi 4 – 5	451215462	Gulika Yama Rahu	8:56AM – 10:34AM 5:41AM – 7:19AM 1:49PM – 3:27PM	Uttaraphalguni Until 7:11AM Siddha Until 2:38PM Bava Until 1:04AM Fri Chaturthi* Until 1:53PM	Ganesha: Purple Muruqa: White Nataraja: White Moon – Red	Sunrise: 5:41AM Sunset: 6:42PM Moon 7 - Phase 16 - 18 3rd Phase
Amrita Yoga			Nag Panchami			Sravana-Adi	Sivaloka Day
Until 7:11AM							
Then Routine Work - Marana Yoga							

4		Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Muscat, Oman	
Kanya Rasi: 23.04	Tithi 5 – 6	461215462	Gulika Yama Rahu	7:19AM – 8:56AM 3:26PM – 5:04PM 10:34AM – 12:11PM	Hasta Until 6:26AM Sadhya Until 12:12PM Kaulava Until 11:17PM Panchami Until 12:11PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Green	Sunrise: 5:42AM Sunset: 6:41PM Moon 7 - Phase 16 - 19 3rd Phase
Creative Work	Amrita Yoga					Sravana-Adi	Subha Sivaloka Day
Until 6:26AM							
Then Creative Work - Siddha Yoga							

5		Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Muscat, Oman	
Tula Rasi: 7.01	Tithi 6 – 7	461215462	Gulika Yama Rahu	5:42AM – 7:19AM 1:49PM – 3:26PM 8:57AM – 10:34AM	Svati Until 4:03AM Sun Subha Until 9:39AM Gara Until 9:22PM Shashthi* Until 10:19AM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Green	Sunrise: 5:42AM Sunset: 6:40PM Moon 7 - Phase 16 - 20 3rd Phase
Creative Work	Siddha Yoga					Sravana-Adi	Subha Sivaloka Day
Until 4:03AM Sun							
Then Routine Work - Marana Yoga							

Retreat Star		Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Muscat, Oman	
Tula Rasi: 21.02	Tithi 7 – 8	471215462	Gulika Yama Rahu	3:25PM – 5:03PM 12:11PM – 1:48PM 5:03PM – 6:40PM	Vishakha Until 2:54AM Mon Sukla Until 6:58AM Visti Until 7:20PM Saptami Until 8:21AM	Ganesha: White Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:42AM Sunset: 6:40PM Moon 7 - Phase 16 - 21 Ashtami
Routine Work	Marana Yoga					Sravana-Adi	Sivaloka Day
Until 2:54AM Mon							
Then Creative Work - Siddha Yoga							

Retreat Star		Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Indra Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau		Muscat, Oman	
Vrischika Rasi: 5.08	Tithi 8 – 9	471215462	Gulika Yama Rahu	1:48PM – 3:25PM 10:34AM – 12:11PM 7:20AM – 8:57AM	Anuradha Until 1:31AM Tue Indra Until 1:25AM Tue Kaulava Until 4:05AM Tue Ashtami* Until 6:15AM	Ganesha: White Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:43AM Sunset: 6:39PM Moon 7 - Phase 16 - 22 Navami
Family Home Evening	Siddha Yoga					Sravana-Avani	Sivaloka Day
Until 1:31AM Tue							
Then Routine Work - Marana Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Tuesday, August 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau				Muscat, Oman
	Vrischika Rasi: 19.18	Tithi 10	571215462	Gulika Yama Rahu	12:11PM – 1:47PM 8:57AM – 10:34AM 3:24PM – 5:01PM	Jyeshtha* Until 11:56PM Vaidhriti* Until 10:31PM Taitila Until 3:00PM Dashami Until 1:51AM Wed	Sun 23 Sutra 128 Plava 5123 Moon 7 - Phase 17 - 23 4th Phase
	Routine Work Marana Yoga						Sunrise: 5:43AM Sunset: 6:38PM
	Until 11:56PM						Moon - Orange Subha Sivaloka Day
Then Creative Work - Amrita Yoga						Sravana-Avani	

2	Wednesday, August 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Ekadashyam Titau				Muscat, Oman
	Dhanus Rasi: 3.29	Tithi 11	581215462	Gulika Yama Rahu	10:34AM – 12:10PM 7:20AM – 8:57AM 12:10PM – 1:47PM	Mula* Until 10:36PM Vishkambha* Until 7:37PM Vanija Until 12:45PM Ekadashi Until 11:36PM	Sun 24 Sutra 129 Plava 5123 Moon 7 - Phase 17 - 24 4th Phase
	Routine Work Marana Yoga						Sunrise: 5:43AM Sunset: 6:37PM
	Until 10:36PM						Moon - Light Blue Sivaloka Day
Then Creative Work - Amrita Yoga						Sravana-Avani	

3	Thursday, August 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Muscat, Oman
	Dhanus Rasi: 17.42	Tithi 12	582215462	Gulika Yama Rahu	8:57AM – 10:34AM 5:44AM – 7:20AM 1:47PM – 3:23PM	Purvashadha* Until 9:10PM Priti Until 4:46PM Bava Until 10:30AM Dvadashi Until 9:24PM	Sun 25 Sutra 130 Plava 5123 Moon 7 - Phase 17 - 25 4th Phase
	Creative Work Siddha Yoga						Sunrise: 5:44AM Sunset: 6:36PM
	Until 9:10PM						Moon - Light Blue Sivaloka Day
Then Routine Work - Marana Yoga						Sravana-Avani	

4	Friday, August 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Muscat, Oman
	Makara Rasi: 1.51	Tithi 13	582215462	Gulika Yama Rahu	7:21AM – 8:57AM 3:23PM – 4:59PM 10:33AM – 12:10PM	Uttarashadha Until 7:44PM Ayushman Until 1:58PM Kaulava Until 8:21AM Trayodashi Until 7:19PM	Sun 26 Sutra 131 Plava 5123 Moon 7 - Phase 17 - 26 4th Phase
	Routine Work Marana Yoga						Sunrise: 5:44AM Sunset: 6:36PM
							Moon - Light Blue Sivaloka Day
				Chidambaram Abhishekam		Sravana-Avani	
				<i>Pradosha Vrata</i>			

5	Saturday, August 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman
	Makara Rasi: 15.54	Tithi 14 – 15	592215462	Gulika Yama Rahu	5:45AM – 7:21AM 1:46PM – 3:22PM 8:57AM – 10:33AM	Shravana Until 6:48PM Saubhagya Until 11:21AM Gara Until 6:23AM Chaturdashi* Until 5:29PM	Sun 27 Sutra 132 Plava 5123 Moon 7 - Phase 17 - 27 4th Phase
	Creative Work Siddha Yoga						Sunrise: 5:45AM Sunset: 6:35PM
							Moon - Purple Subha Sivaloka Day
						Sravana-Avani	

○	Sunday, August 22, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Muscat, Oman
	Copper Retreat Star						Sutra 133 Plava 5123
	Makara Rasi: 29.46	Tithi 15 – 16	592315462	Gulika Yama Rahu	3:22PM – 4:58PM 12:09PM – 1:46PM 4:58PM – 6:34PM	Dhanishtha Until 6:06PM Sobhana Until 9:00AM Balava Until 3:26AM Mon Purnima* Until 3:59PM	Moon 7 - Phase 17 - Purnima
	Routine Work Marana Yoga						Sunrise: 5:45AM Sunset: 6:34PM
Until 6:06PM						Moon - Purple Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Avani Avittam		Sravana-Avani	

○	Monday, August 23, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhisak/Purvaprosithapada* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Muscat, Oman
	Silver Retreat Star						Sutra 134 Plava 5123
	Kumbha Rasi: 13.22	Tithi 16 – 17	592315462	Gulika Yama Rahu	1:45PM – 3:21PM 10:33AM – 12:09PM 7:21AM – 8:57AM	Shatabhisak Until 5:43PM Athiganda* Until 6:59AM Taitila Until 2:42AM Tue Prathama* Until 2:58PM	Moon 7 - Phase 17 - Prathama
	Family Home Evening						Sunrise: 5:45AM Sunset: 6:33PM
Creative Work Siddha Yoga						Moon - Purple Subha Sivaloka Day	
Until 5:43PM						Sravana-Avani	
Then Routine Work - Marana Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Tuesday, August 24, 2021

Gold Retreat Star

Kumbha Rasi: 26.4 Tithi 17 - 18

512315462

Routine Work Marana Yoga

Until 6:14PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Muscat, Oman

Sun 1 Sutra 135

Plava 5123

Gulika 12:09PM - 1:45PM **Purvaproshtapada* Until 6:14PM**
Yama 8:57AM - 10:33AM
Rahu 3:21PM - 4:56PM

Ganesha: Yellow **Sunrise:** 5:46AM
Muruqa: White **Sunset:** 6:32PM
Nataraja: White
Moon - Clear

Subha Sivaloka Day

Sravana-Avani

1 Wednesday, August 25, 2021

Meena Rasi: 9.38 Tithi 18 - 19

512315462

Creative Work Siddha Yoga

Until 7:15PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Muscat, Oman

Sun 2 Sutra 136

Plava 5123

Gulika 10:33AM - 12:09PM **Uttaraproshtapada Until 7:15PM**
Yama 7:22AM - 8:57AM
Rahu 12:09PM - 1:44PM

Ganesha: Yellow **Sunrise:** 5:46AM
Muruqa: White **Sunset:** 6:31PM
Nataraja: White
Moon - Clear

Subha Sivaloka Day

Sravana-Avani

2 Thursday, August 26, 2021

Meena Rasi: 22.16 Tithi 19 - 20

512315462

Creative Work Siddha Yoga

Until 8:47PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 137

Plava 5123

Gulika 8:57AM - 10:33AM **Revati Until 8:47PM**
Yama 5:46AM - 7:22AM
Rahu 1:44PM - 3:19PM

Ganesha: Yellow **Sunrise:** 5:46AM
Muruqa: White **Sunset:** 6:30PM
Nataraja: White
Moon - Clear

Subha Sivaloka Day

Sravana-Avani

3 Friday, August 27, 2021

Mesha Rasi: 5 Tithi 20 - 21

522315462

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 138

Plava 5123

Gulika 7:22AM - 8:57AM **Ashvini Until 11:16PM**
Yama 3:19PM - 4:54PM
Rahu 10:33AM - 12:08PM

Ganesha: White **Sunrise:** 5:47AM
Muruqa: White **Sunset:** 6:29PM
Nataraja: White
Moon - White

Sivaloka Day

Sravana-Avani

4 Saturday, August 28, 2021

Mesha Rasi: 16.41 Tithi 21

522315463

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 5 Sutra 139

Plava 5123

Gulika 5:47AM - 7:22AM **Bharani Until 2:04AM Sun**
Yama 1:43PM - 3:18PM
Rahu 8:57AM - 10:33AM

Ganesha: White **Sunrise:** 5:47AM
Muruqa: White **Sunset:** 6:29PM
Nataraja: Clear
Moon - White

Devaloka Day

Sravana-Avani

5 Sunday, August 29, 2021

Mesha Rasi: 28.36 Tithi 22

522315463

Creative Work Siddha Yoga

Until 4:57AM Mon

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman

Sun 6 Sutra 140

Plava 5123

Gulika 3:18PM - 4:53PM **Krittika Until 4:57AM Mon**
Yama 12:07PM - 1:43PM
Rahu 4:53PM - 6:28PM

Ganesha: White **Sunrise:** 5:47AM
Muruqa: White **Sunset:** 6:28PM
Nataraja: Clear
Moon - White

Devaloka Day

Sravana-Avani

Monday, August 30, 2021

Retreat Star

Vrishabha Rasi: 10.25 Tithi 23

Family Home Evening

532315463

Creative Work Amrita Yoga

Until 8:12AM Tue

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 7 Sutra 141

Plava 5123

Gulika 1:42PM - 3:17PM **Rohini Until 8:12AM Tue**
Yama 10:32AM - 12:07PM
Rahu 7:23AM - 8:57AM

Ganesha: Clear **Sunrise:** 5:48AM
Muruqa: White **Sunset:** 6:27PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Sravana-Avani

Krishna Janmashtami

Ashtami* Until 12:30AM Tue

Tuesday, August 31, 2021

Retreat Star

Vrishabha Rasi: 22.14 Tithi 24

532315463

Creative Work Amrita Yoga

Until 8:12AM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 8 Sutra 142

Plava 5123

Gulika 12:07PM - 1:42PM **Rohini Until 8:12AM**
Yama 8:57AM - 10:32AM
Rahu 3:16PM - 4:51PM

Ganesha: Clear **Sunrise:** 5:48AM
Muruqa: White **Sunset:** 6:26PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Sravana-Avani

Navami* Until 2:53AM Wed

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

11 times are standard time. Calculated for Muscat, Oman on 5/23/1

www.gurudeva.org/panchang

1	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Muscat, Oman
	Mithuna Rasi: 4.08	Tithi 25	533315463	Gulika 10:32AM – 12:07PM	Mrigashira Until 11:02AM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Yellow	Sun 9 Sutra 143 Plava 5123 Moon 8 - Phase 19 - 9 2nd Phase
	Creative Work	Siddha Yoga		Rahu 12:07PM – 1:41PM	Vajra* Until 8:06AM Vanija Until 3:58PM Dashami Until 4:52AM Thu	Sunrise: 5:48AM Sunset: 6:25PM	Sivaloka Day
					Sravana-Avani		

2	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Muscat, Oman
	Mithuna Rasi: 16.13	Tithi 26	533315463	Gulika 8:57AM – 10:32AM	Ardra Until 1:15PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow	Sun 10 Sutra 144 Plava 5123 Moon 8 - Phase 19 - 10 2nd Phase
	Routine Work	Marana Yoga		Yama 5:49AM – 7:23AM	Siddhi Until 8:36AM Bava Until 5:39PM Ekadashi* Until 6:14AM Fri	Sunrise: 5:49AM Sunset: 6:24PM	Sivaloka Day
	Until 1:15PM	Then Creative Work - Amrita Yoga		Rahu 1:41PM – 3:15PM	Sravana-Avani		

3	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman
	Mithuna Rasi: 28.32	Tithi 26 – 27	533315463	Gulika 7:23AM – 8:57AM	Punarvasu Until 3:10PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 11 Sutra 145 Plava 5123 Moon 8 - Phase 19 - 11 2nd Phase
	Creative Work	Siddha Yoga		Yama 3:14PM – 4:49PM	Vyatipata* Until 8:38AM Kaulava Until 6:41PM Ekadashi* Until 6:14AM	Sunrise: 5:49AM Sunset: 6:23PM	Devaloka Day
	Until 3:10PM	Then Routine Work - Marana Yoga		Rahu 10:32AM – 12:06PM	Sravana-Avani		

4	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
	Kataka Rasi: 11.1	Tithi 27 – 28	533315463	Gulika 5:49AM – 7:23AM	Pushya Until 4:14PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 12 Sutra 146 Plava 5123 Moon 8 - Phase 19 - 12 2nd Phase
	Creative Work	Siddha Yoga		Yama 1:40PM – 3:14PM	Varyan Until 8:05AM Gara Until 7:00PM Dvadashi* Until 6:55AM	Sunrise: 5:49AM Sunset: 6:22PM	Devaloka Day
	Until 4:14PM	Then Routine Work - Marana Yoga		Rahu 8:57AM – 10:32AM	Sravana-Avani		

Pradosha Vrata (Fasting)

5	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman
	Kataka Rasi: 24.08	Tithi 28 – 29	533315463	Gulika 3:13PM – 4:47PM	Ashlesha* Until 4:28PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 13 Sutra 147 Plava 5123 Moon 8 - Phase 19 - 13 2nd Phase
	Creative Work	Siddha Yoga		Yama 12:05PM – 1:39PM	Parigha* Until 7:00AM Visti Until 6:37PM Trayodashi* Until 6:53AM	Sunrise: 5:50AM Sunset: 6:21PM	Devaloka Day
	Until 4:28PM	Then Routine Work - Marana Yoga		Rahu 4:47PM – 6:21PM	Sravana-Avani		

●	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman
	Simha Rasi: 7.28	Tithi 29 – 30	533315463	Gulika 1:39PM – 3:12PM	Magha* Until 4:22PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 14 Sutra 148 Plava 5123 Moon 8 - Phase 19 - 14 Amavasya
	Family Home Evening			Yama 10:31AM – 12:05PM	Siddha Until 3:18AM Tue Naga Until 4:53AM Tue Chaturdashi* Until 6:10AM	Sunrise: 5:50AM Sunset: 6:20PM	Devaloka Day
	Routine Work	Marana Yoga		Rahu 7:24AM – 8:57AM	Sravana-Avani		

●	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Muscat, Oman
	Simha Rasi: 21.07	Tithi 1	533315463	Gulika 12:05PM – 1:38PM	Purvaphalguni Until 3:35PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 15 Sutra 149 Plava 5123 Moon 8 - Phase 19 - 15 Prathama
	Creative Work	Siddha Yoga		Yama 8:57AM – 10:31AM	Sadhya Until 12:50AM Wed Kintughna Until 4:05PM Prathama* Until 3:09AM Wed	Sunrise: 5:50AM Sunset: 6:19PM	Devaloka Day
	Until 3:35PM	Then Creative Work - Amrita Yoga		Rahu 3:12PM – 4:45PM	Bhadrapada-Avani		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Muscat, Oman Sun 16 Sutra 150 Plava 5123	
Kanya Rasi: 5.03	Tithi 2	Gulika 10:31AM – 12:04PM	Uttaraphalguni Until 2:17PM	Ganesha: Purple	<i>Sunrise:</i> 5:51AM	Muruqa: White	<i>Sunset:</i> 6:18PM
		Yama 7:24AM – 8:57AM	Subha Until 10:06PM	Nataraja: Clear			Moon 8 - Phase 20 - 16
		553315463 Rahu 12:04PM – 1:38PM	Balava Until 2:10PM	Moon – Red			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 1:04AM Thu	Bhadrapada-Avani		Devaloka Day	
Until 2:17PM							
Then Routine Work - Marana Yoga							

2		Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau		Muscat, Oman Sun 17 Sutra 151 Plava 5123	
Kanya Rasi: 19.11	Tithi 3	Gulika 8:57AM – 10:31AM	Hasta Until 12:59PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:51AM	Muruqa: White	<i>Sunset:</i> 6:17PM
		Yama 5:51AM – 7:24AM	Sukla Until 7:09PM	Nataraja: Clear			Moon 8 - Phase 20 - 17
		563315463 Rahu 1:37PM – 3:10PM	Taitila Until 11:58AM	Moon – Green			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 10:48PM	Bhadrapada-Avani		Devaloka Day	
Until 12:59PM							
Then Creative Work - Siddha Yoga							

3		Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau		Muscat, Oman Sun 18 Sutra 152 Plava 5123	
Tula Rasi: 3.26	Tithi 4	Gulika 7:24AM – 8:57AM	Chitra Until 11:25AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:51AM	Muruqa: White	<i>Sunset:</i> 6:16PM
		Yama 3:10PM – 4:43PM	Brahma Until 4:08PM	Nataraja: Clear			Moon 8 - Phase 20 - 18
		563315463 Rahu 10:30AM – 12:04PM	Vanija Until 9:38AM	Moon – Green			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:26PM	Bhadrapada-Avani		Devaloka Day	
		Ganesha Chaturthi					

4		Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Muscat, Oman Sun 19 Sutra 153 Plava 5123	
Tula Rasi: 17.43	Tithi 5	Gulika 5:52AM – 7:25AM	Svati Until 9:40AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:52AM	Muruqa: White	<i>Sunset:</i> 6:15PM
		Yama 1:36PM – 3:09PM	Indra Until 1:07PM	Nataraja: Clear			Moon 8 - Phase 20 - 19
		563315463 Rahu 8:57AM – 10:30AM	Bava Until 7:16AM	Moon – Green			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:04PM	Bhadrapada-Avani		Devaloka Day	

5		Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Muscat, Oman Sun 20 Sutra 154 Plava 5123	
Vrischika Rasi: 1.59	Tithi 6 – 7	Gulika 3:08PM – 4:41PM	Vishakha Until 8:15AM	Ganesha: Orange	<i>Sunrise:</i> 5:52AM	Muruqa: White	<i>Sunset:</i> 6:14PM
		Yama 12:03PM – 1:36PM	Vaidhriti* Until 10:08AM	Nataraja: Clear			Moon 8 - Phase 20 - 20
		573315463 Rahu 4:41PM – 6:14PM	Gara Until 2:42AM Mon	Moon – Orange			3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 3:47PM	Bhadrapada-Avani		Sivaloka Day	
		Grandparent's Day					

Monday, September 13, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Muscat, Oman Sun 21 Sutra 155 Plava 5123	
Vrischika Rasi: 16.11	Tithi 7 – 8	Gulika 1:35PM – 3:08PM	Anuradha Until 6:49AM	Ganesha: Orange	<i>Sunrise:</i> 5:52AM	Muruqa: White	<i>Sunset:</i> 6:13PM
Family Home Evening		Yama 10:30AM – 12:02PM	Vishkambha* Until 7:14AM	Nataraja: Clear			Moon 8 - Phase 20 - 21
		573315463 Rahu 7:25AM – 8:57AM	Visti Until 12:37AM Tue	Moon – Orange			Ashtami
Creative Work	Siddha Yoga		Saptami Until 1:37PM	Bhadrapada-Avani		Sivaloka Day	

Tuesday, September 14, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Muscat, Oman Sun 22 Sutra 156 Plava 5123	
Dhanus Rasi: 0.17	Tithi 8 – 9	Gulika 12:02PM – 1:35PM	Mula* Until 4:22AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:53AM	Muruqa: White	<i>Sunset:</i> 6:12PM
		Yama 8:57AM – 10:30AM	Ayushman Until 1:50AM Wed	Nataraja: Clear			Moon 8 - Phase 20 - 22
		583315463 Rahu 3:07PM – 4:39PM	Balava Until 10:41PM	Moon – Light Blue			Navami
Creative Work	Amrita Yoga		Ashtami* Until 11:36AM	Bhadrapada-Avani		Devaloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 **Wednesday, September 15, 2021** Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Muscat, Oman
Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau Sun 23 Sutra 157
Dhanus Rasi: 14.16 Tithi 9 – 10 **Gulika** 10:30AM – 12:02PM **Purvashadha* Until 3:24AM Thu** **Ganesha:** Green **Sunrise:** 5:53AM Plava 5123
Yama 7:25AM – 8:57AM **Muruqa:** White **Sunset:** 6:11PM Moon 8 - Phase 21 - 23
Rahu 12:02PM – 1:34PM **Saubhagya Until 11:20PM** **Nataraja:** Clear 4th Phase
Taitila Until 8:56PM **Moon – Light Blue**
Navami* Until 9:46AM **Bhadrapada*Avani**
Creative Work Amrita Yoga **Devaloka Day**
Until 3:24AM Thu
Then Routine Work - Marana Yoga

2 **Thursday, September 16, 2021** Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Muscat, Oman
Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 158
Dhanus Rasi: 28.09 Tithi 10 – 11 **Gulika** 8:57AM – 10:29AM **Uttarashadha Until 2:29AM Fri** **Ganesha:** Green **Sunrise:** 5:53AM Plava 5123
Yama 5:53AM – 7:25AM **Muruqa:** White **Sunset:** 6:10PM Moon 8 - Phase 21 - 24
Rahu 1:33PM – 3:06PM **Sobhana Until 9:00PM** **Nataraja:** Clear 4th Phase
Vanija Until 7:22PM **Moon – Light Blue**
Dashami Until 8:06AM **Bhadrapada*Puratasi**
Routine Work Marana Yoga **Devaloka Day**

3 **Friday, September 17, 2021** Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Muscat, Oman
Shravana Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau Sun 25 Sutra 159
Makara Rasi: 11.55 Tithi 11 – 12 **Gulika** 7:25AM – 8:57AM **Shravana Until 2:05AM Sat** **Ganesha:** Red **Sunrise:** 5:53AM Plava 5123
Yama 3:05PM – 4:37PM **Athiganda* Until 6:49PM** **Muruqa:** White **Sunset:** 6:09PM Moon 8 - Phase 21 - 25
Rahu 10:29AM – 12:01PM **Bava Until 6:01PM** **Nataraja:** Clear 4th Phase
Ekadashi Until 6:39AM **Moon – Purple**
Bhadrapada*Puratasi
Routine Work Marana Yoga **Sivaloka Day**
Until 2:05AM Sat
Then Creative Work - Siddha Yoga

4 **Saturday, September 18, 2021** Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Muscat, Oman
Dhanishtha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 160
Makara Rasi: 25.32 Tithi 13 **Gulika** 5:54AM – 7:26AM **Dhanishtha Until 1:50AM Sun** **Ganesha:** Red **Sunrise:** 5:54AM Plava 5123
Yama 1:32PM – 3:04PM **Sukarma Until 4:52PM** **Muruqa:** White **Sunset:** 6:08PM Moon 8 - Phase 21 - 26
Rahu 8:57AM – 10:29AM **Kaulava Until 4:56PM** **Nataraja:** Clear 4th Phase
Trayodashi Until 4:30AM Sun **Moon – Purple**
Bhadrapada*Puratasi
Creative Work Siddha Yoga **Sivaloka Day**
Pradosha Vrata

5 **Sunday, September 19, 2021** Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Muscat, Oman
Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 161
Kumbha Rasi: 8.58 Tithi 14 **Gulika** 3:03PM – 4:35PM **Shatabhishak Until 1:47AM Mon** **Ganesha:** Red **Sunrise:** 5:54AM Plava 5123
Yama 12:00PM – 1:32PM **Dhriti Until 3:12PM** **Muruqa:** White **Sunset:** 6:07PM Moon 8 - Phase 21 - 27
Rahu 4:35PM – 6:07PM **Gara Until 4:12PM** **Nataraja:** Clear 4th Phase
Chaturdashi* Until 3:58AM Mon **Moon – Purple**
Bhadrapada*Puratasi
Creative Work Siddha Yoga **Sivaloka Day**
Until 1:47AM Mon
Chidambaram Abhishekam
Then Routine Work - Marana Yoga

Monday, September 20, 2021 Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Muscat, Oman
Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau Sutra 162
Copper Retreat Star **Gulika** 1:31PM – 3:03PM **Purvaproshtapada* Until 2:29AM Tue** **Ganesha:** Red **Sunrise:** 5:54AM Plava 5123
Kumbha Rasi: 22.13 Tithi 15 **Yama** 10:29AM – 12:00PM **Shula* Until 1:50PM** **Muruqa:** White **Sunset:** 6:06PM Moon 8 - Phase 21 -
Family Home Evening **Rahu** 7:26AM – 8:57AM **Visti Until 3:53PM** **Nataraja:** Clear Purnima
Routine Work Marana Yoga **Sivaloka Day**
Until 2:29AM Tue
Then Creative Work - Amrita Yoga **Bhadrapada*Puratasi**

Tuesday, September 21, 2021 Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Muscat, Oman
Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau Sutra 163
Silver Retreat Star **Gulika** 12:00PM – 1:31PM **Uttaraproshtapada Until 3:33AM Wed** **Ganesha:** Red **Sunrise:** 5:55AM Plava 5123
Meena Rasi: 5.13 Tithi 16 **Yama** 8:57AM – 10:28AM **Ganda* Until 12:52PM** **Muruqa:** White **Sunset:** 6:05PM Moon 8 - Phase 21 -
Rahu 3:02PM – 4:33PM **Balava Until 4:03PM** **Nataraja:** Clear Prathama
Creative Work Amrita Yoga **Sivaloka Day**
Until 3:33AM Wed
Then Routine Work - Marana Yoga **Bhadrapada*Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Sutra 164

Plava 5123

Meena Rasi: 17.56

Tithi 17

Gulika

10:28AM – 11:59AM

Revati Until 5:01AM Thu

Ganesha: Red

Sunrise: 5:55AM

Moon 9 - Phase 22 -

1st Phase

Yama

7:26AM – 8:57AM

Vriddhi Until 12:20PM

Muruqa: White

Sunset: 6:04PM

Routine Work Marana Yoga

514415463

Rahu

11:59AM – 1:30PM

Taitila Until 4:48PM

Nataraja: Clear

Moon – Clear

Sivaloka Day

Until 5:01AM Thu

Then Creative Work - Amrita Yoga

Bhadrapada-Puratasi

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Vanija Karana Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 165

Plava 5123

Mesha Rasi: 0.25

Tithi 18

Gulika

8:57AM – 10:28AM

Ashvini Until 7:22AM Fri

Ganesha: Green

Sunrise: 5:55AM

Moon 9 - Phase 22 - 1

1st Phase

Yama

5:55AM – 7:26AM

Dhruva Until 12:14PM

Muruqa: White

Sunset: 6:03PM

Creative Work Amrita Yoga

524415463

Rahu

1:30PM – 3:01PM

Vanija Until 6:08PM

Nataraja: Clear

Moon – White

Devaloka Day

Until 7:22AM Fri

Then Creative Work - Siddha Yoga

Bhadrapada-Puratasi

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Muscat, Oman

Sun 2 Sutra 166

Plava 5123

Mesha Rasi: 12.38

Tithi 18 – 19

Gulika

7:26AM – 8:57AM

Ashvini Until 7:22AM

Ganesha: Green

Sunrise: 5:56AM

Moon 9 - Phase 22 - 2

1st Phase

Yama

3:00PM – 4:31PM

Vyaghata* Until 12:35PM

Muruqa: White

Sunset: 6:01PM

Creative Work Amrita Yoga

524415463

Rahu

10:28AM – 11:59AM

Bava Until 8:01PM

Nataraja: Clear

Moon – White

Devaloka Day

Until 7:22AM

Then Creative Work - Siddha Yoga

Bhadrapada-Puratasi

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana*/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 167

Plava 5123

Mesha Rasi: 24.39

Tithi 19 – 20

Gulika

5:56AM – 7:27AM

Bharani Until 10:02AM

Ganesha: Green

Sunrise: 5:56AM

Moon 9 - Phase 22 - 3

1st Phase

Yama

1:29PM – 2:59PM

Harshana Until 1:19PM

Muruqa: White

Sunset: 6:00PM

Creative Work Siddha Yoga

524415463

Rahu

8:57AM – 10:28AM

Kaulava Until 10:21PM

Nataraja: Clear

Moon – White

Devaloka Day

Until 10:02AM

Then Creative Work - Amrita Yoga

Bhadrapada-Puratasi

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 168

Plava 5123

Vrishabha Rasi: 6.31

Tithi 20 – 21

Gulika

2:59PM – 4:29PM

Krittika Until 12:52PM

Ganesha: Green

Sunrise: 5:56AM

Moon 9 - Phase 22 - 4

1st Phase

Yama

11:58AM – 1:28PM

Vajra* Until 2:16PM

Muruqa: White

Sunset: 5:59PM

Creative Work Siddha Yoga

524415463

Rahu

4:29PM – 5:59PM

Gara Until 12:57AM Mon

Nataraja: Clear

Moon – White

Devaloka Day

Panchami Until 11:36AM

Bhadrapada-Puratasi

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 169

Plava 5123

Vrishabha Rasi: 18.19

Tithi 21 – 22

Gulika

1:28PM – 2:58PM

Rohini Until 4:11PM

Ganesha: Green

Sunrise: 5:57AM

Moon 9 - Phase 22 - 5

1st Phase

Yama

10:27AM – 11:58AM

Siddhi Until 3:19PM

Muruqa: White

Sunset: 5:58PM

Family Home Evening

634415463

Rahu

7:27AM – 8:57AM

Visti Until 3:34AM Tue

Nataraja: Clear

Moon – Yellow

Devaloka Day

Shashthi* Until 2:15PM

Bhadrapada-Puratasi

6

Tuesday, September 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 170

Plava 5123

Mithuna Rasi: 0.07

Tithi 22 – 23

Gulika

11:57AM – 1:27PM

Mrigashira Until 7:13PM

Ganesha: White

Sunrise: 5:57AM

Moon 9 - Phase 22 - 6

1st Phase

Yama

8:57AM – 10:27AM

Vyatipata* Until 4:19PM

Muruqa: White

Sunset: 5:57PM

Creative Work Siddha Yoga

635415463

Rahu

2:57PM – 4:27PM

Balava Until 5:59AM Wed

Nataraja: Clear

Moon – Yellow

Devaloka Day

Saptami Until 4:48PM

Bhadrapada-Puratasi

Then Routine Work - Marana Yoga

D

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 7 Sutra 171

Plava 5123

Mithuna Rasi: 12.01

Tithi 23

Gulika

10:27AM – 11:57AM

Ardra Until 9:44PM

Ganesha: White

Sunrise: 5:57AM

Moon 9 - Phase 22 - 7

Ashtami

Yama

7:27AM – 8:57AM

Variyan Until 5:01PM

Muruqa: White

Sunset: 5:56PM

Creative Work Siddha Yoga

635415463

Rahu

11:57AM – 1:27PM

Kaulava Until 7:00PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Ashtami* Until 7:00PM

Bhadrapada-Puratasi

Thursday, September 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 8 Sutra 172

Plava 5123

Mithuna Rasi: 24.05

Tithi 24

Gulika

8:57AM – 10:27AM

Punarvasu Until 12:01AM Fri

Ganesha: Clear

Sunrise: 5:58AM

Moon 9 - Phase 22 - 8

Navami

Yama

5:58AM – 7:27AM

Parigha* Until 5:19PM

Muruqa: White

Sunset: 5:55PM

Creative Work Amrita Yoga

645415463

Rahu

1:26PM – 2:56PM

Taitila Until 7:55AM

Nataraja: Clear

Moon – Blue

Sivaloka Day

Navami* Until 8:38PM

Bhadrapada-Puratasi

Then Routine Work - Marana Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

11 times are standard time. Calculated for Muscat, Oman on 5/23/1

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1	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Muscat, Oman
	Kataka Rasi: 6.26	Tithi 25	645415463	Gulika 7:28AM – 8:57AM Yama 2:55PM – 4:25PM Rahu 10:27AM – 11:56AM	Pushya Until 1:26AM Sat Shiva Until 5:06PM Vanija Until 9:13AM Dashami Until 9:33PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:58AM Sunset: 5:54PM Moon 9 - Phase 23 - 9 2nd Phase
	Routine Work	Marana Yoga					Sivaloka Day Bhadrapada-Puratasi

2	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Muscat, Oman
	Kataka Rasi: 19.06	Tithi 26	645415463	Gulika 5:58AM – 7:28AM Yama 1:25PM – 2:55PM Rahu 8:57AM – 10:27AM	Ashlesha* Until 1:54AM Sun Siddha Until 4:14PM Bava Until 9:44AM Ekadashi* Until 9:41PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:58AM Sunset: 5:53PM Moon 9 - Phase 23 - 10 2nd Phase
	Routine Work	Marana Yoga					Sivaloka Day Bhadrapada-Puratasi

3	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Muscat, Oman
	Simha Rasi: 2.1	Tithi 27	655415463	Gulika 2:54PM – 4:23PM Yama 11:56AM – 1:25PM Rahu 4:23PM – 5:52PM	Magha* Until 1:56AM Mon Sadhya Until 2:45PM Kaulava Until 9:28AM Dvadashti* Until 9:01PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:59AM Sunset: 5:52PM Moon 9 - Phase 23 - 11 2nd Phase
	Routine Work	Marana Yoga					Devaloka Day Bhadrapada-Puratasi
	Until 1:56AM Mon	Then Creative Work - Siddha Yoga					

4	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Muscat, Oman
	Simha Rasi: 15.38	Tithi 28	655415463	Gulika 1:24PM – 2:53PM Yama 10:26AM – 11:55AM Rahu 7:28AM – 8:57AM	Purvaphalguni Until 1:06AM Tue Subha Until 12:41PM Gara Until 8:25AM Trayodashi* Until 7:38PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:59AM Sunset: 5:51PM Moon 9 - Phase 23 - 12 2nd Phase
	Family Home Evening	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada-Puratasi
	Until 1:06AM Tue	Then Creative Work - Amrita Yoga					<i>Pradosha Vrata (Fasting)</i>

5	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman
	Simha Rasi: 29.31	Tithi 29 – 30	655415463	Gulika 11:55AM – 1:24PM Yama 8:57AM – 10:26AM Rahu 2:53PM – 4:22PM	Uttaraphalguni Until 11:34PM Sukla Until 10:05AM Visti Until 6:43AM Chaturdashi* Until 5:37PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:59AM Sunset: 5:50PM Moon 9 - Phase 23 - 13 2nd Phase
	Creative Work	Amrita Yoga					Devaloka Day Bhadrapada-Puratasi
	Until 11:34PM	Then Creative Work - Siddha Yoga					

●	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman
	Retreat Star		665415463	Gulika 10:26AM – 11:55AM Yama 7:29AM – 8:57AM Rahu 11:55AM – 1:23PM	Hasta Until 9:52PM Brahma Until 7:03AM Kintughna Until 1:48AM Thu Amavasya* Until 3:09PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 6:00AM Sunset: 5:50PM Moon 9 - Phase 23 - 14 Amavasya
	Kanya Rasi: 13.45	Tithi 30 – 1		Mahalaya Amavasai (Tamil Nadu)			Devaloka Day Bhadrapada-Puratasi
	Routine Work	Marana Yoga					

●	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Muscat, Oman
	Retreat Star		665415463	Gulika 8:57AM – 10:26AM Yama 6:00AM – 7:29AM Rahu 1:23PM – 2:51PM	Chitra Until 7:45PM Vaidhriti* Until 12:10AM Fri Balava Until 10:53PM Prathama* Until 12:20PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 6:00AM Sunset: 5:49PM Moon 9 - Phase 23 - 15 Prathama
	Kanya Rasi: 28.16	Tithi 1 – 2		Navaratri Begins			Devaloka Day Ashvina-Puratasi
	Creative Work	Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Il times are standard time. Calculated for Muscat, Oman on 5/23/1

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1	Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Muscat, Oman
	Tula Rasi: 12.56	Tithi 2 – 3	666415464	Gulika 7:29AM – 8:57AM Yama 2:51PM – 4:19PM Rahu 10:26AM – 11:54AM	Svati Until 5:22PM Vishkambha* Until 8:33PM Taitila Until 7:52PM Dvitiya Until 9:21AM	Ganesha: Orange Muruqa: White Nataraja: Purple Moon – Green	Sun 16 Sutra 180 Plava 5123 Moon 9 - Phase 24 - 16 3rd Phase
	Creative Work	Siddha Yoga				Ashvina+Puratasi	Subha Sivaloka Day

2	Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Tritiya/Chaturthiyam Titau				Muscat, Oman
	Tula Rasi: 27.39	Tithi 3 – 4	676415464	Gulika 6:01AM – 7:29AM Yama 1:22PM – 2:50PM Rahu 8:57AM – 10:26AM	Vishakha Until 3:16PM Priti Until 4:58PM Visti Until 3:24AM Sun Tritiya Until 6:20AM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	Sun 17 Sutra 181 Plava 5123 Moon 9 - Phase 24 - 17 3rd Phase
	Creative Work	Siddha Yoga				Ashvina+Puratasi	Subha Sivaloka Day

3	Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman
	Vrischika Rasi: 12.18	Tithi 5	676415464	Gulika 2:50PM – 4:18PM Yama 11:54AM – 1:22PM Rahu 4:18PM – 5:46PM	Anuradha Until 1:11PM Ayushman Until 1:29PM Bava Until 2:02PM Panchami Until 12:41AM Mon	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	Sun 18 Sutra 182 Plava 5123 Moon 9 - Phase 24 - 18 3rd Phase
	Routine Work	Marana Yoga				Ashvina+Puratasi	Subha Sivaloka Day

4	Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Muscat, Oman
	Vrischika Rasi: 26.47	Tithi 6	676515464	Gulika 1:21PM – 2:49PM Yama 10:25AM – 11:53AM Rahu 7:30AM – 8:58AM	Jyeshtha* Until 11:12AM Saubhagya Until 10:13AM Kaulava Until 11:27AM Shashthi* Until 10:16PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Orange	Sun 19 Sutra 183 Plava 5123 Moon 9 - Phase 24 - 19 3rd Phase
	Family Home Evening	Creative Work	Siddha Yoga			Ashvina+Puratasi	Sivaloka Day

5	Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman
	Dhanus Rasi: 11.04	Tithi 7	686515464	Gulika 11:53AM – 1:21PM Yama 8:58AM – 10:25AM Rahu 2:48PM – 4:16PM	Mula* Until 9:50AM Sobhana Until 7:14AM Gara Until 9:12AM Saptami Until 8:12PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sun 20 Sutra 184 Plava 5123 Moon 9 - Phase 24 - 20 3rd Phase
	Creative Work	Amrita Yoga				Ashvina+Puratasi	Subha Sivaloka Day

D	Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman
	Retreat Star		686515464	Gulika 10:25AM – 11:53AM Yama 7:30AM – 8:58AM Rahu 11:53AM – 1:20PM	Purvashadha* Until 8:43AM Sukarma Until 2:12AM Thu Visti Until 7:21AM Ashtami* Until 6:33PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sun 21 Sutra 185 Plava 5123 Moon 9 - Phase 24 - 21 Ashtami
	Creative Work	Amrita Yoga		Durga Ashtami		Ashvina+Puratasi	Subha Sivaloka Day

D	Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Muscat, Oman
	Retreat Star		686515464	Gulika 8:58AM – 10:25AM Yama 6:03AM – 7:30AM Rahu 1:20PM – 2:47PM	Uttarashadha Until 7:52AM Dhriti Until 12:12AM Fri Taitila Until 4:53AM Fri Navami* Until 5:20PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sun 22 Sutra 186 Plava 5123 Moon 9 - Phase 24 - 22 Navami
	Routine Work	Marana Yoga		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	Subha Sivaloka Day

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

1	Friday, October 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Muscat, Oman
	Makara Rasi: 22.22	Tithi 10 – 11	697515464	Gulika 7:31AM – 8:58AM Yama 2:47PM – 4:14PM Rahu 10:25AM – 11:52AM	Shravana Until 7:43AM Shula* Until 10:30PM Vanija Until 4:18AM Sat Dashami Until 4:31PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Purple	Sun 23 Sutra 187 Plava 5123 Moon 9 - Phase 25 - 23 4th Phase
	Routine Work	Marana Yoga				Ashvina+Puratasi	Subha Sivaloka Day
	Until 7:43AM		Then Creative Work - Siddha Yoga				

2	Saturday, October 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman
	Kumbha Rasi: 5.39	Tithi 11 – 12	697515464	Gulika 6:04AM – 7:31AM Yama 1:19PM – 2:46PM Rahu 8:58AM – 10:25AM	Dhanishtha Until 7:50AM Ganda* Until 9:09PM Bava Until 4:07AM Sun Ekadashi Until 4:08PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Purple	Sun 24 Sutra 188 Plava 5123 Moon 9 - Phase 25 - 24 4th Phase
	Creative Work	Siddha Yoga		Kadaitswami Mahasamadhi	Ashvina+Puratasi		Subha Sivaloka Day
	Until 7:50AM		Then Creative Work - Amrita Yoga				

3	Sunday, October 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
	Kumbha Rasi: 18.43	Tithi 12 – 13	697515464	Gulika 2:46PM – 4:13PM Yama 11:52AM – 1:19PM Rahu 4:13PM – 5:40PM	Shatabhishak Until 8:13AM Vriddhi Until 8:08PM Kaulava Until 4:22AM Mon Dvadashi Until 4:10PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Purple	Sun 25 Sutra 189 Plava 5123 Moon 9 - Phase 25 - 25 4th Phase
	Creative Work	Siddha Yoga			Ashvina+Puratasi		Subha Sivaloka Day
	Until 9:18AM		Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>		

4	Monday, October 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Dhruva Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman
	Meena Rasi: 1.34	Tithi 13 – 14	617515464	Gulika 1:18PM – 2:45PM Yama 10:25AM – 11:52AM Rahu 7:31AM – 8:58AM	Purvaprosarthapada* Until 9:18AM Dhruva Until 7:26PM Gara Until 5:03AM Tue Trayodashi Until 4:38PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Clear	Sun 26 Sutra 190 Plava 5123 Moon 9 - Phase 25 - 26 4th Phase
	Routine Work	Marana Yoga			Ashvina+Puratasi		Subha Sivaloka Day
	Until 9:18AM		Then Creative Work - Siddha Yoga				

5	Tuesday, October 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman
	Meena Rasi: 14.13	Tithi 14 – 15	617515464	Gulika 11:52AM – 1:18PM Yama 8:58AM – 10:25AM Rahu 2:45PM – 4:11PM	Uttaraprosarthapada Until 10:41AM Vyaghata* Until 7:05PM Visti Until 6:12AM Wed Chaturdashi* Until 5:33PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Clear	Sun 27 Sutra 191 Plava 5123 Moon 9 - Phase 25 - 27 4th Phase
	Creative Work	Amrita Yoga			Ashvina+Puratasi		Subha Sivaloka Day
	Until 10:41AM		Then Creative Work - Siddha Yoga				

○	Wednesday, October 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman
	Copper Retreat Star		617515464	Gulika 10:25AM – 11:51AM Yama 7:32AM – 8:58AM Rahu 11:51AM – 1:18PM	Revati Until 12:20PM Harshana Until 7:07PM Visti Until 6:12AM Purnima* Until 6:56PM	Ganesha: Yellow Muruqa: White Nataraja: Purple Moon – Clear	Sun 28 Sutra 192 Plava 5123 Moon 9 - Phase 25 - Purnima
	Routine Work	Marana Yoga			Ashvina+Puratasi	Subha Sivaloka Day	
	Until 2:45PM		Then Creative Work - Siddha Yoga				

○	Thursday, October 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman
	Silver Retreat Star		628515464	Gulika 8:59AM – 10:25AM Yama 6:06AM – 7:32AM Rahu 1:17PM – 2:44PM	Ashvini Until 2:45PM Vajra* Until 7:27PM Balava Until 7:49AM Prathama* Until 8:46PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – White	Sun 29 Sutra 193 Plava 5123 Moon 9 - Phase 25 - Prathama
	Creative Work	Amrita Yoga			Ashvina+Puratasi	Subha Sivaloka Day	
	Until 2:45PM		Then Creative Work - Siddha Yoga				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Friday, October 22, 2021
Gold Retreat Star

Mesha Rasi: 20.58 Tithi 17
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 7:33AM – 8:59AM
Yama 2:43PM – 4:09PM
Rahu 10:25AM – 11:51AM

Bharani Until 5:25PM
Siddhi Until 8:07PM
Tailila Until 9:52AM
Dvitiya Until 11:01PM

Muscat, Oman
Sun 1 Sutra 194
Plava 5123
Moon 10 - Phase 26 - 1
1st Phase

Ganesha: Clear *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 5:35PM
Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

1

Saturday, October 23, 2021

Vrishabha Rasi: 2.53 Tithi 18
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:07AM – 7:33AM
Yama 1:17PM – 2:43PM
Rahu 8:59AM – 10:25AM

Krittika Until 8:13PM
Vyatipata* Until 9:02PM
Vanija Until 12:17PM
Tritiya Until 1:34AM Sun

Muscat, Oman
Sun 2 Sutra 195
Plava 5123
Moon 10 - Phase 26 - 2
1st Phase

Ganesha: Clear *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 5:35PM
Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

2

Sunday, October 24, 2021

Vrishabha Rasi: 14.43 Tithi 19
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:42PM – 4:08PM
Yama 11:51AM – 1:17PM
Rahu 4:08PM – 5:34PM

Rohini Until 11:32PM
Variyan Until 10:03PM
Bava Until 2:56PM
Chaturthi* Until 4:16AM Mon

Muscat, Oman
Sun 3 Sutra 196
Plava 5123
Moon 10 - Phase 26 - 3
1st Phase

Ganesha: Purple *Sunrise:* 6:08AM
Muruqa: White *Sunset:* 5:34PM
Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

3

Monday, October 25, 2021

Vrishabha Rasi: 26.29 Tithi 20
Family Home Evening
Creative Work Amrita Yoga
Until 2:41AM Tue
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Kaulava/Tailita Karana Panchamyam Titau

Gulika 1:16PM – 2:42PM
Yama 10:25AM – 11:51AM
Rahu 7:34AM – 8:59AM

Mrigashira Until 2:41AM Tue
Parigha* Until 11:05PM
Kaulava Until 5:39PM
Panchami Until 6:57AM Tue

Muscat, Oman
Sun 4 Sutra 197
Plava 5123
Moon 10 - Phase 26 - 4
1st Phase

Ganesha: Purple *Sunrise:* 6:08AM
Muruqa: White *Sunset:* 5:33PM
Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

4

Tuesday, October 26, 2021

Mithuna Rasi: 8.17 Tithi 20 – 21
Routine Work Marana Yoga
Until 5:28AM Wed
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:50AM – 1:16PM
Yama 9:00AM – 10:25AM
Rahu 2:41PM – 4:07PM

Ardra Until 5:28AM Wed
Shiva Until 12:01AM Wed
Gara Until 8:13PM
Panchami Until 6:57AM

Muscat, Oman
Sun 5 Sutra 198
Plava 5123
Moon 10 - Phase 26 - 5
1st Phase

Ganesha: Purple *Sunrise:* 6:09AM
Muruqa: White *Sunset:* 5:32PM
Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

5

Wednesday, October 27, 2021

Mithuna Rasi: 20.1 Tithi 21 – 22
Creative Work Siddha Yoga
Until 8:11AM Thu
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:25AM – 11:50AM
Yama 7:34AM – 9:00AM
Rahu 11:50AM – 1:16PM

Punarvasu Until 8:11AM Thu
Siddha Until 12:37AM Thu
Visti Until 10:27PM
Shashthi* Until 9:22AM

Muscat, Oman
Sun 6 Sutra 199
Plava 5123
Moon 10 - Phase 26 - 6
1st Phase

Ganesha: Clear *Sunrise:* 6:09AM
Muruqa: White *Sunset:* 5:32PM
Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

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Thursday, October 28, 2021
Retreat Star

Kataka Rasi: 2.13 Tithi 22 – 23
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Gulika 9:00AM – 10:25AM
Yama 6:10AM – 7:35AM
Rahu 1:15PM – 2:41PM

Punarvasu Until 8:11AM
Sadhya Until 12:48AM Fri
Balava Until 12:07AM Fri
Saptami Until 11:21AM

Muscat, Oman
Sun 7 Sutra 200
Plava 5123
Moon 10 - Phase 26 - 7
Ashtami

Ganesha: White *Sunrise:* 6:10AM
Muruqa: Clear *Sunset:* 5:31PM
Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

Friday, October 29, 2021

Retreat Star

Kataka Rasi: 14.31 Tithi 23 – 24
Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Kaulava/Tailita Karana Ashtami/Navamyam Titau

Gulika 7:35AM – 9:00AM
Yama 2:40PM – 4:05PM
Rahu 10:25AM – 11:50AM

Pushya Until 10:08AM
Subha Until 12:27AM Sat
Tailita Until 1:05AM Sat
Ashtami* Until 12:41PM

Muscat, Oman
Sun 8 Sutra 201
Plava 5123
Moon 10 - Phase 26 - 8
Navami

Ganesha: White *Sunrise:* 6:10AM
Muruqa: Clear *Sunset:* 5:30PM
Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1		Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Muscat, Oman Sun 9 Sutra 202	
Kataka Rasi: 27.07	Tithi 24 – 25	Gulika 6:11AM – 7:36AM	Ashlesha* Until 11:12AM	Ganesha: White	<i>Sunrise:</i> 6:11AM		Plava 5123
		Yama 1:15PM – 2:40PM	Sukla Until 11:28PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 10 - Phase 27 - 9	
	649525464	Rahu 9:00AM – 10:25AM	Vanija Until 1:14AM Sun	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Navami* Until 1:15PM	Moon – Blue		Subha Sivaloka Day	
Until 11:12AM				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga							

2		Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vistii*/Bava Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 10 Sutra 203	
Simha Rasi: 10.08	Tithi 25 – 26	Gulika 2:40PM – 4:04PM	Magha* Until 11:46AM	Ganesha: Yellow	<i>Sunrise:</i> 6:11AM		Plava 5123
		Yama 11:50AM – 1:15PM	Brahma Until 9:49PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 10 - Phase 27 - 10	
	649525464	Rahu 4:04PM – 5:29PM	Bava Until 12:33AM Mon	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dashami Until 12:59PM	Moon – Red		Sivaloka Day	
Until 11:46AM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

3		Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 11 Sutra 204	
Simha Rasi: 23.35	Tithi 26 – 27	Gulika 1:15PM – 2:39PM	Purvaphalguni Until 11:23AM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM		Plava 5123
Family Home Evening		Yama 10:25AM – 11:50AM	Indra Until 7:34PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 10 - Phase 27 - 11	
	649525464	Rahu 7:36AM – 9:01AM	Kaulava Until 11:05PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:54AM	Moon – Red		Sivaloka Day	
				Ashvina•Aipasi			


4		Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhritii*/Vishkambha* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 12 Sutra 205	
Kanya Rasi: 7.29	Tithi 27 – 28	Gulika 11:50AM – 1:14PM	Uttaraphalguni Until 10:07AM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM		Plava 5123
		Yama 9:01AM – 10:26AM	Vaidhritii* Until 4:43PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 10 - Phase 27 - 12	
	649525464	Rahu 2:39PM – 4:03PM	Gara Until 8:55PM	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 10:03AM	Moon – Red		Sivaloka Day	
Until 10:07AM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

5		Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Pritii Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 13 Sutra 206	
Kanya Rasi: 21.49	Tithi 28 – 29	Gulika 10:26AM – 11:50AM	Hasta Until 8:30AM	Ganesha: Red	<i>Sunrise:</i> 6:13AM		Plava 5123
		Yama 7:37AM – 9:01AM	Vishkambha* Until 1:23PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 27 - 13	
	649525464	Rahu 11:50AM – 1:14PM	Vistii Until 6:11PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 7:35AM	Moon – Green		Sivaloka Day	
Until 8:30AM		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day					

Retreat Star		Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Pritii/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Muscat, Oman Sun 14 Sutra 207	
Tula Rasi: 6.3	Tithi 30	Gulika 9:02AM – 10:26AM	Chitra Until 6:15AM	Ganesha: Red	<i>Sunrise:</i> 6:13AM		Plava 5123
		Yama 6:13AM – 7:38AM	Pritii Until 9:42AM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 27 - 14	
	649525464	Rahu 1:14PM – 2:38PM	Catuspada Until 3:01PM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:19AM Fri	Moon – Green		Sivaloka Day	
Until 6:15AM				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga							

Retreat Star		Friday, November 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Muscat, Oman Sun 15 Sutra 208	
Tula Rasi: 21.27	Tithi 1	Gulika 7:38AM – 9:02AM	Vishakha Until 12:56AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:14AM		Plava 5123
		Yama 2:38PM – 4:02PM	Saubhagya Until 1:39AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Moon 10 - Phase 27 - 15	
	671625464	Rahu 10:26AM – 11:50AM	Kintughna Until 11:36AM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Prathama* Until 9:49PM	Moon – Orange		Devaloka Day	
		Skanda Shasthi Begins		Kartika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Saturday, November 6, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau	Muscat, Oman Sun 16 Sutra 209 Plava 5123
Wrischika Rasi: 6.31	Tithi 2	Gulika 6:15AM – 7:38AM Yama 1:14PM – 2:38PM Rahu 9:02AM – 10:26AM	Anuradha Until 10:11PM Sobhana Until 9:36PM Balava Until 8:04AM Dvitiya Until 6:18PM
Creative Work	Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:15AM Muruqa: Clear <i>Sunset:</i> 5:26PM Nataraja: Purple Moon – Orange Devaloka Day Kartika•Aipasi
<hr/>			
2	Sunday, November 7, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Muscat, Oman Sun 17 Sutra 210 Plava 5123
Wrischika Rasi: 21.32	Tithi 3 – 4	Gulika 2:38PM – 4:01PM Yama 11:50AM – 1:14PM Rahu 4:01PM – 5:25PM	Jyeshtha* Until 7:27PM Athiganda* Until 5:38PM Vanija Until 1:19AM Mon Tritiya Until 2:55PM
Routine Work	Marana Yoga		Ganesha: Blue <i>Sunrise:</i> 6:15AM Muruqa: Clear <i>Sunset:</i> 5:25PM Nataraja: Purple Moon – Orange Devaloka Day Kartika•Aipasi
Until 7:27PM			
Then Creative Work - Amrita Yoga			
<hr/>			
3	Monday, November 8, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Muscat, Oman Sun 18 Sutra 211 Plava 5123
Dhanus Rasi: 6.25	Tithi 4 – 5	Gulika 1:14PM – 2:37PM Yama 10:27AM – 11:50AM Rahu 7:39AM – 9:03AM	Mula* Until 5:18PM Sukarma Until 1:55PM Bava Until 10:23PM Chaturthi* Until 11:47AM
Family Home Evening			Ganesha: Blue <i>Sunrise:</i> 6:16AM Muruqa: Clear <i>Sunset:</i> 5:25PM Nataraja: Purple Moon – Light Blue Devaloka Day Kartika•Aipasi
Creative Work	Siddha Yoga		
Until 5:18PM			
Then Routine Work - Marana Yoga			
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4	Tuesday, November 9, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Muscat, Oman Sun 19 Sutra 212 Plava 5123
Dhanus Rasi: 21.01	Tithi 5 – 6	Gulika 11:50AM – 1:14PM Yama 9:03AM – 10:27AM Rahu 2:37PM – 4:01PM	Purvashadha* Until 3:26PM Dhriti Until 10:33AM Kaulava Until 7:55PM Panchami Until 9:04AM
Creative Work	Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 6:16AM Muruqa: Clear <i>Sunset:</i> 5:24PM Nataraja: Purple Moon – Light Blue Devaloka Day Kartika•Aipasi
Until 3:26PM			
Then Routine Work - Prabararishta Yoga			
<hr/>			
5	Wednesday, November 10, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Muscat, Oman Sun 20 Sutra 213 Plava 5123
Makara Rasi: 5.16	Tithi 6 – 7	Gulika 10:27AM – 11:50AM Yama 7:40AM – 9:04AM Rahu 11:50AM – 1:14PM	Uttarashadha Until 1:58PM Shula* Until 7:35AM Gara Until 6:00PM Shashthi* Until 6:52AM
Creative Work	Amrita Yoga		Ganesha: Blue <i>Sunrise:</i> 6:17AM Muruqa: Clear <i>Sunset:</i> 5:24PM Nataraja: Purple Moon – Light Blue Devaloka Day Kartika•Aipasi
Until 1:58PM			
Then Creative Work - Siddha Yoga			
<hr/>			
	Thursday, November 11, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau	Muscat, Oman Sun 21 Sutra 214 Plava 5123
Makara Rasi: 19.08	Tithi 8	Gulika 9:04AM – 10:27AM Yama 6:18AM – 7:41AM Rahu 1:14PM – 2:37PM	Shravana Until 1:23PM Vriddhi Until 3:09AM Fri Visti Until 4:42PM Ashtami* Until 4:17AM Fri
Creative Work	Siddha Yoga		Ganesha: Yellow <i>Sunrise:</i> 6:18AM Muruqa: Clear <i>Sunset:</i> 5:23PM Nataraja: Purple Moon – Purple Sivaloka Day Kartika•Aipasi
<hr/>			
	Friday, November 12, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau	Muscat, Oman Sun 22 Sutra 215 Plava 5123
Kumbha Rasi: 2.37	Tithi 9	Gulika 7:41AM – 9:04AM Yama 2:37PM – 4:00PM Rahu 10:28AM – 11:51AM	Dhanishtha Until 1:18PM Dhruva Until 1:40AM Sat Balava Until 4:04PM Navami* Until 3:58AM Sat
Creative Work	Siddha Yoga		Ganesha: Yellow <i>Sunrise:</i> 6:18AM Muruqa: Clear <i>Sunset:</i> 5:23PM Nataraja: Purple Moon – Purple Sivaloka Day Kartika•Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Saturday, November 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau		Muscat, Oman Sun 23 Sutra 216 Plava 5123	
Kumbha Rasi: 15.46	Tithi 10	Gulika 6:19AM – 7:42AM	Shatabhishak Until 1:41PM	Ganesha: Yellow	Sunrise: 6:19AM	Moon 10 - Phase 29 - 23	4th Phase
		Yama 1:14PM – 2:37PM	Vyaghata* Until 12:42AM Sun	Muruqa: Clear	Sunset: 5:23PM		
		791625464 Rahu 9:05AM – 10:28AM	Taitila Until 4:04PM	Nataraja: Purple			
Creative Work Amrita Yoga			Dashami Until 4:16AM Sun	Moon – Purple		Sivaloka Day	
Until 1:41PM				Kartika-Aipasi			
Then Routine Work - Marana Yoga							
2		Sunday, November 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau		Muscat, Oman Sun 24 Sutra 217 Plava 5123	
Kumbha Rasi: 28.35	Tithi 11	Gulika 2:37PM – 3:59PM	Purvaproshtapada* Until 2:58PM	Ganesha: Clear	Sunrise: 6:20AM	Moon 10 - Phase 29 - 24	4th Phase
		Yama 11:51AM – 1:14PM	Harshana Until 12:11AM Mon	Muruqa: Clear	Sunset: 5:22PM		
		711625464 Rahu 3:59PM – 5:22PM	Vanija Until 4:40PM	Nataraja: Purple			
Creative Work Siddha Yoga			Ekadashi Until 5:09AM Mon	Moon – Clear		Sivaloka Day	
Until 2:58PM				Kartika-Aipasi			
Then Creative Work - Amrita Yoga							
3		Monday, November 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Muscat, Oman Sun 25 Sutra 218 Plava 5123	
Meena Rasi: 11.1	Tithi 12	Gulika 1:14PM – 2:36PM	Uttaraproshtapada Until 4:37PM	Ganesha: White	Sunrise: 6:20AM	Moon 10 - Phase 29 - 25	4th Phase
Family Home Evening		Yama 10:28AM – 11:51AM	Vajra* Until 12:02AM Tue	Muruqa: Clear	Sunset: 5:22PM		
		712625464 Rahu 7:43AM – 9:06AM	Bava Until 5:48PM	Nataraja: Purple			
Creative Work Siddha Yoga			Dvadashi Until 6:32AM Tue	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			
4		Tuesday, November 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 219 Plava 5123	
Meena Rasi: 23.31	Tithi 12 – 13	Gulika 11:51AM – 1:14PM	Revati Until 6:33PM	Ganesha: White	Sunrise: 6:21AM	Moon 10 - Phase 29 - 26	4th Phase
		Yama 9:06AM – 10:29AM	Siddhi Until 12:14AM Wed	Muruqa: Clear	Sunset: 5:22PM		
		712625464 Rahu 2:36PM – 3:59PM	Kaulava Until 7:24PM	Nataraja: Purple			
Creative Work Siddha Yoga			Dvadashi Until 6:32AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Kartikai			
<i>Pradosha Vrata</i>							
5		Wednesday, November 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 220 Plava 5123	
Mesha Rasi: 5.41	Tithi 13 – 14	Gulika 10:29AM – 11:51AM	Ashvini Until 9:12PM	Ganesha: Clear	Sunrise: 6:22AM	Moon 10 - Phase 29 - 27	4th Phase
		Yama 7:44AM – 9:06AM	Vyatipata* Until 12:44AM Thu	Muruqa: Clear	Sunset: 5:21PM		
		722625465 Rahu 11:51AM – 1:14PM	Gara Until 9:25PM	Nataraja: Clear			
Routine Work Marana Yoga			Trayodashi Until 8:21AM	Moon – White		Devaloka Day	
Until 9:12PM				Kartika-Kartikai			
Then Creative Work - Siddha Yoga							
○		Thursday, November 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Muscat, Oman Sutra 221 Plava 5123	
Mesha Rasi: 17.43	Tithi 14 – 15	Gulika 9:07AM – 10:29AM	Bharani Until 11:59PM	Ganesha: Clear	Sunrise: 6:22AM	Moon 10 - Phase 29 - Purnima	
		Yama 6:22AM – 7:45AM	Variyan Until 1:27AM Fri	Muruqa: Clear	Sunset: 5:21PM		
		722625465 Rahu 1:14PM – 2:36PM	Visti Until 11:45PM	Nataraja: Clear			
Creative Work Siddha Yoga			Chaturdashi* Until 10:31AM	Moon – White		Devaloka Day	
Until 11:59PM				Kartika-Kartikai			
Then Routine Work - Marana Yoga							
○		Friday, November 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Muscat, Oman Sutra 222 Plava 5123	
Mesha Rasi: 29.38	Tithi 15 – 16	Gulika 7:45AM – 9:07AM	Krittika Until 2:49AM Sat	Ganesha: Clear	Sunrise: 6:23AM	Moon 10 - Phase 29 - Prathama	
		Yama 2:36PM – 3:58PM	Parigha* Until 2:20AM Sat	Muruqa: Clear	Sunset: 5:21PM		
		722625465 Rahu 10:30AM – 11:52AM	Balava Until 2:18AM Sat	Nataraja: Clear			
Creative Work Siddha Yoga			Purnima* Until 12:59PM	Moon – White		Devaloka Day	
Until 2:49AM Sat				Kartika-Kartikai			
Then Creative Work - Amrita Yoga		Krittika Deepam Vinayaga Viratam Begins					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Sutra 223

Plava 5123

Vrishabha Rasi: 11.28 Tithi 16 - 17

732625465

Gulika

6:24AM - 7:46AM

Yama

1:14PM - 2:36PM

Rahu

9:08AM - 10:30AM

Rohini Until 6:07AM Sun

Shiva Until 3:20AM Sun

Taitila Until 5:00AM Sun

Prathama* Until 3:37PM

Ganesha: Purple

Sunrise: 6:24AM

Muruga: Clear

Sunset: 5:21PM

Nataraja: Clear

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 6:07AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Gara Karana Dvitiyayam Titau

Muscat, Oman

Sun 1 Sutra 224

Plava 5123

Vrishabha Rasi: 23.16 Tithi 17

732625465

Gulika

2:36PM - 3:58PM

Yama

11:52AM - 1:14PM

Rahu

3:58PM - 5:20PM

Rohini Until 6:07AM

Siddha Until 4:19AM Mon

Gara Until 6:20PM

Dvitiya Until 6:20PM

Ganesha: Purple

Sunrise: 6:24AM

Muruga: Clear

Sunset: 5:20PM

Nataraja: Clear

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman

Sun 2 Sutra 225

Plava 5123

Mithuna Rasi: 5.04 Tithi 18

732625465

Gulika

1:14PM - 2:36PM

Yama

10:31AM - 11:53AM

Rahu

7:47AM - 9:09AM

Mrigashira Until 9:14AM

Sadhya Until 5:14AM Tue

Vanija Until 7:42AM

Tritiya Until 9:00PM

Ganesha: Purple

Sunrise: 6:25AM

Muruga: Clear

Sunset: 5:20PM

Nataraja: Clear

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 9:14AM

Then Creative Work - Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman

Sun 3 Sutra 226

Plava 5123

Mithuna Rasi: 16.54 Tithi 19

732625465

Gulika

11:53AM - 1:15PM

Yama

9:09AM - 10:31AM

Rahu

2:36PM - 3:58PM

Ardra Until 12:04PM

Subha Until 5:59AM Wed

Bava Until 10:17AM

Chaturthi* Until 11:28PM

Ganesha: Purple

Sunrise: 6:26AM

Muruga: Clear

Sunset: 5:20PM

Nataraja: Clear

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga

Until 12:04PM

Then Creative Work - Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 4 Sutra 227

Plava 5123

Mithuna Rasi: 28.49 Tithi 20

742625465

Gulika

10:31AM - 11:53AM

Yama

7:48AM - 9:10AM

Rahu

11:53AM - 1:15PM

Punarvasu Until 2:59PM

Sukla Until 6:26AM Thu

Kaulava Until 12:36PM

Panchami Until 1:36AM Thu

Ganesha: Clear

Sunrise: 6:26AM

Muruga: Clear

Sunset: 5:20PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthiyam Titau

Muscat, Oman

Sun 5 Sutra 228

Plava 5123

Kataka Rasi: 10.53 Tithi 21

742625465

Gulika

9:10AM - 10:32AM

Yama

6:27AM - 7:49AM

Rahu

1:15PM - 2:37PM

Pushya Until 5:19PM

Sukla Until 6:26AM

Gara Until 2:31PM

Shashthi* Until 3:15AM Fri

Ganesha: Clear

Sunrise: 6:27AM

Muruga: Clear

Sunset: 5:20PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman

Sun 6 Sutra 229

Plava 5123

Kataka Rasi: 23.1 Tithi 22

742625465

Gulika

7:49AM - 9:11AM

Yama

2:37PM - 3:58PM

Rahu

10:32AM - 11:54AM

Ashlesha* Until 6:57PM

Brahma Until 6:30AM

Visti Until 3:52PM

Saptami Until 4:16AM Sat

Ganesha: Clear

Sunrise: 6:28AM

Muruga: Clear

Sunset: 5:20PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Devaloka Day

Routine Work Marana Yoga

D

Saturday, November 27, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 7 Sutra 230

Plava 5123

Simha Rasi: 5.43 Tithi 23

752625465

Gulika

6:28AM - 7:50AM

Yama

1:15PM - 2:37PM

Rahu

9:11AM - 10:33AM

Magha* Until 8:14PM

Indra Until 6:07AM

Balava Until 4:32PM

Ashtami* Until 4:34AM Sun

Ganesha: White

Sunrise: 6:28AM

Muruga: Clear

Sunset: 5:20PM

Nataraja: Clear

Moon - Red

Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 8 Sutra 231

Plava 5123

Simha Rasi: 18.37 Tithi 24

752625465

Gulika

2:37PM - 3:58PM

Yama

11:54AM - 1:16PM

Rahu

3:58PM - 5:20PM

Purvaphalguni Until 8:37PM

Vishkambha* Until 3:32AM Mon

Taitila Until 4:26PM

Navami* Until 4:04AM Mon

Ganesha: White

Sunrise: 6:29AM

Muruga: Clear

Sunset: 5:20PM

Nataraja: Clear

Moon - Red

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Until 8:37PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 5/23/1

www.gurudeva.org/panchang


1	Monday, November 29, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Muscat, Oman
	Kanya Rasi: 1.54	Tithi 25	Gulika 1:16PM – 2:37PM	Uttaraphalguni Until 8:04PM	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Sun 9 Sutra 232
	Family Home Evening	753625465	Yama 10:33AM – 11:55AM	Priti Until 1:20AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 31 - 9
	Creative Work Siddha Yoga		Rahu 7:51AM – 9:12AM	Vanija Until 3:32PM	Nataraja: Clear		2nd Phase
			Dashami Until 2:47AM Tue	Karttika-Karttikai		Devaloka Day	

2	Tuesday, November 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Muscat, Oman
	Kanya Rasi: 15.38	Tithi 26	Gulika 11:55AM – 1:16PM	Hasta Until 7:04PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Sun 10 Sutra 233
		763725465	Yama 9:13AM – 10:34AM	Ayushman Until 10:32PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 31 - 10
	Creative Work Siddha Yoga		Rahu 2:37PM – 3:59PM	Bava Until 1:53PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 12:46AM Wed	Karttika-Karttikai		Devaloka Day	

3	Wednesday, December 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Muscat, Oman
	Kanya Rasi: 29.5	Tithi 27	Gulika 10:34AM – 11:55AM	Chitra Until 5:17PM	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM	Sun 11 Sutra 234
		763725465	Yama 7:52AM – 9:13AM	Saubhagya Until 7:12PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 31 - 11
	Creative Work Siddha Yoga		Rahu 11:55AM – 1:16PM	Kaulava Until 11:32AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 10:07PM	Karttika-Karttikai		Devaloka Day	

4	Thursday, December 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Muscat, Oman
	Tula Rasi: 14.27	Tithi 28	Gulika 9:14AM – 10:35AM	Svati Until 2:49PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Sun 12 Sutra 235
		763725465	Yama 6:32AM – 7:53AM	Sobhana Until 3:28PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 31 - 12
	Creative Work Amrita Yoga		Rahu 1:17PM – 2:38PM	Gara Until 8:36AM	Nataraja: Clear		2nd Phase
Until 2:49PM			Trayodashi* Until 6:58PM	Karttika-Karttikai		Devaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Friday, December 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarna Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman
	Tula Rasi: 29.24	Tithi 29 – 30	Gulika 7:53AM – 9:14AM	Vishakha Until 12:14PM	Ganesha: Red	<i>Sunrise:</i> 6:32AM	Sun 13 Sutra 236
		773725465	Yama 2:38PM – 3:59PM	Athiganda* Until 11:24AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 31 - 13
	Creative Work Siddha Yoga		Rahu 10:35AM – 11:56AM	Catuspada Until 1:38AM Sat	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 3:27PM	Karttika-Karttikai		Devaloka Day	

	Saturday, December 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarna/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman
	Retreat Star		Gulika 6:33AM – 7:54AM	Anuradha Until 9:17AM	Ganesha: Red	<i>Sunrise:</i> 6:33AM	Sun 14 Sutra 237
	Vrischika Rasi: 14.34	Tithi 30 – 1	Yama 1:17PM – 2:38PM	Sukarna Until 7:09AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 31 - 14
		773725465	Rahu 9:15AM – 10:36AM	Kintughna Until 9:53PM	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga			Amavasya* Until 11:44AM	Karttika-Karttikai		Devaloka Day	

	Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Muscat, Oman
	Retreat Star		Gulika 2:39PM – 3:59PM	Jyeshtha* Until 6:10AM	Ganesha: Red	<i>Sunrise:</i> 6:34AM	Sun 15 Sutra 238
	Vrischika Rasi: 29.48	Tithi 1 – 2	Yama 11:57AM – 1:18PM	Shula* Until 10:37PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 31 - 15
		773725465	Rahu 3:59PM – 5:20PM	Balava Until 6:11PM	Nataraja: Clear		Prathama
Routine Work Marana Yoga			Prathama* Until 8:00AM	Margasira-Karttikai		Devaloka Day	
Until 6:10AM							
Then Creative Work - Amrita Yoga							

1	Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyam Titau				Muscat, Oman
	Dhanus Rasi: 14.56	Tithi 3	Gulika 1:18PM – 2:39PM	Purvashadha* Until 12:50AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:35AM	Sun 16	Sutra 239
Family Home Evening	783725465	Rahu 7:55AM – 9:16AM	Ganda* Until 6:35PM	Muruqa: Clear <i>Sunset:</i> 5:20PM	Moon 11 - Phase 32 - 16	Plava 5123	
Routine Work Marana Yoga			Taitila Until 2:42PM	Nataraja: Clear	3rd Phase		
Until 12:50AM Tue			Tritiya Until 1:05AM Tue	Moon – Light Blue	Devaloka Day		
Then Routine Work - Prabalarishta Yoga				Margasira-Karttikai			

2	Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Chaturtham Titau				Muscat, Oman
	Dhanus Rasi: 29.5	Tithi 4	Gulika 11:58AM – 1:19PM	Uttarashadha Until 10:33PM	Ganesha: Yellow <i>Sunrise:</i> 6:35AM	Sun 17	Sutra 240
783725465	Rahu 2:39PM – 4:00PM	Yama 9:17AM – 10:37AM	Vriddhi Until 2:54PM	Muruqa: Clear <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 17	Plava 5123	
Routine Work Prabalarishta Yoga			Vanija Until 11:36AM	Nataraja: Clear	3rd Phase		
Until 10:33PM			Chaturthi* Until 10:13PM	Moon – Light Blue	Devaloka Day		
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

3	Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman
	Makara Rasi: 14.22	Tithi 5	Gulika 10:38AM – 11:58AM	Shravana Until 9:09PM	Ganesha: White <i>Sunrise:</i> 6:36AM	Sun 18	Sutra 241
793725465	Rahu 11:58AM – 1:19PM	Yama 7:56AM – 9:17AM	Dhruva Until 11:37AM	Muruqa: Clear <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 18	Plava 5123	
Creative Work Siddha Yoga			Bava Until 9:01AM	Nataraja: Clear	3rd Phase		
Until 9:09PM			Panchami Until 7:56PM	Moon – Purple	Sivaloka Day		
Then Routine Work - Prabalarishta Yoga				Margasira-Karttikai			

4	Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashtham Titau				Muscat, Oman
	Makara Rasi: 28.28	Tithi 6	Gulika 9:18AM – 10:38AM	Dhanishtha Until 8:18PM	Ganesha: White <i>Sunrise:</i> 6:36AM	Sun 19	Sutra 242
793725465	Rahu 1:19PM – 2:40PM	Yama 6:36AM – 7:57AM	Vyaghata* Until 8:54AM	Muruqa: Clear <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 19	Plava 5123	
Creative Work Siddha Yoga			Kaulava Until 7:05AM	Nataraja: Clear	3rd Phase		
			Shashthi* Until 6:23PM	Moon – Purple	Sivaloka Day		
				Margasira-Karttikai			

Vinayaga Viratam Ends

5	Friday, December 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Muscat, Oman
	Kumbha Rasi: 12.07	Tithi 7 – 8	Gulika 7:58AM – 9:18AM	Shatabhishak Until 8:05PM	Ganesha: White <i>Sunrise:</i> 6:37AM	Sun 20	Sutra 243
793725465	Rahu 10:39AM – 11:59AM	Yama 2:40PM – 4:01PM	Harshana Until 6:48AM	Muruqa: Clear <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 20	Plava 5123	
Creative Work Siddha Yoga			Visti Until 5:33AM Sat	Nataraja: Clear	3rd Phase		
			Saptami Until 5:37PM	Moon – Purple	Sivaloka Day		
				Margasira-Karttikai			

Retreat Star	Saturday, December 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Muscat, Oman
	Kumbha Rasi: 25.19	Tithi 8 – 9	Gulika 6:38AM – 7:58AM	Purvaproshtapada* Until 8:57PM	Ganesha: White <i>Sunrise:</i> 6:38AM	Sun 21	Sutra 244
713725465	Rahu 9:19AM – 10:39AM	Yama 1:20PM – 2:41PM	Siddhi Until 4:28AM Sun	Muruqa: Clear <i>Sunset:</i> 5:22PM	Moon 11 - Phase 32 - 21	Plava 5123	
Routine Work Marana Yoga			Balava Until 6:01AM Sun	Nataraja: Clear	Ashtami		
Until 8:57PM			Ashtami* Until 5:40PM	Moon – Clear	Sivaloka Day		
Then Creative Work - Siddha Yoga				Margasira-Karttikai			

Retreat Star	Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Muscat, Oman
	Meena Rasi: 8.06	Tithi 9	Gulika 2:41PM – 4:01PM	Uttaraproshtapada Until 10:26PM	Ganesha: White <i>Sunrise:</i> 6:38AM	Sun 22	Sutra 245
713725465	Rahu 4:01PM – 5:22PM	Yama 12:00PM – 1:21PM	Vyatipata* Until 4:11AM Mon	Muruqa: Clear <i>Sunset:</i> 5:22PM	Moon 11 - Phase 32 - 22	Plava 5123	
Creative Work Amrita Yoga			Balava Until 6:01AM	Nataraja: Clear	Navami		
			Navami* Until 6:30PM	Moon – Clear	Sivaloka Day		
				Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1	Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Muscat, Oman Sun 23 Sutra 246 Plava 5123
	Meena Rasi: 20.33	Tithi 10	Gulika 1:21PM – 2:41PM	Revati Until 12:22AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	
	Family Home Evening	714725465	Yama 10:40AM – 12:01PM	Variyan Until 4:22AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 23 - 23
	Creative Work Siddha Yoga		Rahu 7:59AM – 9:20AM	Taitila Until 7:12AM	Nataraja: Clear		4th Phase
			Dashami Until 8:01PM	Moon – Clear		Devaloka Day	
				Margasira-Karttikai			

2	Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Muscat, Oman Sun 24 Sutra 247 Plava 5123
	Mesha Rasi: 2.44	Tithi 11	Gulika 12:01PM – 1:21PM	Ashvini Until 3:08AM Wed	Ganesha: White	<i>Sunrise:</i> 6:40AM	
		724725465	Yama 9:20AM – 10:41AM	Parigha* Until 4:56AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 33 - 24
	Creative Work Siddha Yoga		Rahu 2:42PM – 4:02PM	Vanija Until 9:01AM	Nataraja: Clear		4th Phase
		Gita Jayanthi	Ekadashi Until 10:05PM	Moon – White		Bhuloka Day	
				Margasira-Karttikai		Devaloka Time: 3:PM to 6:PM	

3	Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvodashyam Titau				Muscat, Oman Sun 25 Sutra 248 Plava 5123
	Mesha Rasi: 14.44	Tithi 12	Gulika 10:41AM – 12:02PM	Bharani Until 6:04AM Thu	Ganesha: White	<i>Sunrise:</i> 6:40AM	
		724725465	Yama 8:01AM – 9:21AM	Shiva Until 5:46AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 11 - Phase 33 - 25
	Creative Work Siddha Yoga		Rahu 12:02PM – 1:22PM	Bava Until 11:18AM	Nataraja: Clear		4th Phase
Until 6:04AM Thu			Dvadashi Until 12:33AM Thu	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Margasira-Karttikai		Devaloka Time: 3:PM to 6:PM	

4	Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Muscat, Oman Sun 26 Sutra 249 Plava 5123
	Mesha Rasi: 26.37	Tithi 13	Gulika 9:21AM – 10:42AM	Bharani Until 6:04AM	Ganesha: Yellow	<i>Sunrise:</i> 6:41AM	
		824725465	Yama 6:41AM – 8:01AM	Siddha Until 6:42AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 11 - Phase 33 - 26
	Creative Work Siddha Yoga		Rahu 1:22PM – 2:43PM	Kaulava Until 1:53PM	Nataraja: Clear		4th Phase
Until 6:04AM		Markali Pillaiyar	Trayodashi Until 3:13AM Fri	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	Margasira-Markali			

5	Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman Sun 27 Sutra 250 Plava 5123
	Vrishabha Rasi: 8.26	Tithi 14	Gulika 8:02AM – 9:22AM	Krittika Until 9:00AM	Ganesha: Yellow	<i>Sunrise:</i> 6:41AM	
		824725465	Yama 2:43PM – 4:03PM	Siddha Until 6:42AM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 11 - Phase 33 - 27
	Creative Work Siddha Yoga		Rahu 10:42AM – 12:03PM	Gara Until 4:36PM	Nataraja: Clear		4th Phase
Until 9:00AM			Chaturdashi* Until 5:57AM Sat	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga				Margasira-Markali			

	Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Visti* Karana Purnimayam Titau				Muscat, Oman Sun 27 Sutra 251 Plava 5123
	Vrishabha Rasi: 20.13	Tithi 15	Gulika 6:42AM – 8:02AM	Rohini Until 12:19PM	Ganesha: White	<i>Sunrise:</i> 6:42AM	
		834725465	Yama 1:23PM – 2:44PM	Sadhya Until 7:41AM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 11 - Phase 33 - Purnima
	Creative Work Amrita Yoga		Rahu 9:22AM – 10:43AM	Visti Until 7:20PM	Nataraja: Clear		
Until 12:19PM			Purnima* Until 8:38AM Sun	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira-Markali		Devaloka Time: 3:PM to 6:PM	

Sunday, December 19, 2021	Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Muscat, Oman Sun 27 Sutra 252 Plava 5123
	Mithuna Rasi: 2.02	Tithi 15 – 16	Gulika 2:44PM – 4:04PM	Mrigashira Until 3:23PM	Ganesha: White	<i>Sunrise:</i> 6:42AM	
		834725465	Yama 12:04PM – 1:24PM	Subha Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 11 - Phase 33 - Prathama
	Creative Work Siddha Yoga		Rahu 4:04PM – 5:25PM	Balava Until 9:56PM	Nataraja: Clear		
			Purnima* Until 8:38AM	Moon – Yellow		Bhuloka Day	
				Margasira-Markali		Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Sutra 253

Plava 5123

Mithuna Rasi: 13.53 Tithi 16 - 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 6:06PM

Then Creative Work - Amrita Yoga

Gulika 1:24PM - 2:44PM
Yama 10:44AM - 12:04PM
Rahu 8:03AM - 9:24AM

Ardra Darshanam

Ardra Until 6:06PM
Sukla Until 9:27AM
Taitila Until 12:21AM Tue
Prathama* Until 11:09AM

Ganesha: White Sunrise: 6:43AM
Muruqa: Clear Sunset: 5:25PM
Nataraja: Clear
Moon - Yellow

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Tuesday, December 21, 2021

1

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 254

Plava 5123

Mithuna Rasi: 25.5 Tithi 17 - 18

844725465

Creative Work Siddha Yoga

Gulika 12:05PM - 1:25PM
Yama 9:24AM - 10:44AM
Rahu 2:45PM - 4:05PM

Day 1 of Pancha Ganapati

Punarvasu Until 8:54PM
Brahma Until 10:05AM
Vanija Until 2:28AM Wed
Dvitiya Until 1:25PM

Ganesha: Clear Sunrise: 6:44AM
Muruqa: Clear Sunset: 5:25PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Margasira*Markali

Wednesday, December 22, 2021

2

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Muscat, Oman

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 7.55 Tithi 18 - 19

844725465

Creative Work Siddha Yoga

Gulika 10:45AM - 12:05PM
Yama 8:04AM - 9:25AM
Rahu 12:05PM - 1:25PM

Day 2 of Pancha Ganapati

Pushya Until 11:13PM
Indra Until 10:31AM
Bava Until 4:15AM Thu
Tritiya Until 3:23PM

Ganesha: Clear Sunrise: 6:44AM
Muruqa: Clear Sunset: 5:26PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Margasira*Markali

Thursday, December 23, 2021

3

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 20.07 Tithi 19 - 20

844725465

Creative Work Siddha Yoga

Until 1:01AM Fri

Then Routine Work - Marana Yoga

Gulika 9:25AM - 10:45AM
Yama 6:45AM - 8:05AM
Rahu 1:26PM - 2:46PM

Day 3 of Pancha Ganapati

Ashlesha* Until 1:01AM Fri
Vaidhriti* Until 10:39AM
Kaulava Until 5:37AM Fri
Chaturthi* Until 4:58PM

Ganesha: Clear Sunrise: 6:45AM
Muruqa: Clear Sunset: 5:26PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Margasira*Markali

Friday, December 24, 2021

4

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 2.29 Tithi 20

854725465

Routine Work Marana Yoga

Until 2:40AM Sat

Then Creative Work - Siddha Yoga

Gulika 8:05AM - 9:26AM
Yama 2:47PM - 4:07PM
Rahu 10:46AM - 12:06PM

Day 4 of Pancha Ganapati

Magha* Until 2:40AM Sat
Vishkambha* Until 10:28AM
Taitila Until 6:06PM
Panchami Until 6:06PM

Ganesha: Purple Sunrise: 6:45AM
Muruqa: Clear Sunset: 5:27PM
Nataraja: Clear
Moon - Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira*Markali

Saturday, December 25, 2021

5

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 15.05 Tithi 21

855825465

Creative Work Siddha Yoga

Until 3:37AM Sun

Then Creative Work - Amrita Yoga

Gulika 6:45AM - 8:06AM
Yama 1:27PM - 2:47PM
Rahu 9:26AM - 10:46AM

Day 5 of Pancha Ganapati

Purvaphalguni Until 3:37AM Sun
Priti Until 9:55AM
Gara Until 6:30AM
Shashthi* Until 6:43PM

Ganesha: Purple Sunrise: 6:45AM
Muruqa: Clear Sunset: 5:28PM
Nataraja: Clear
Moon - Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira*Markali

Sunday, December 26, 2021

6

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saplamyam Titau

Muscat, Oman

Sun 6 Sutra 259

Plava 5123

Simha Rasi: 27.56 Tithi 22

855825466

Creative Work Amrita Yoga

Until 3:50AM Mon

Then Creative Work - Siddha Yoga

Gulika 2:48PM - 4:08PM
Yama 12:07PM - 1:27PM
Rahu 4:08PM - 5:28PM

Uttaraphalguni Until 3:50AM Mon

Ayushman Until 8:54AM
Visti Until 6:49AM
Saptami Until 6:43PM

Ganesha: Purple Sunrise: 6:46AM
Muruqa: Clear Sunset: 5:28PM
Nataraja: Orange
Moon - Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira*Markali

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 11.07 Tithi 23

Family Home Evening 865825466

Creative Work Siddha Yoga

Gulika 1:28PM - 2:48PM
Yama 10:47AM - 12:08PM
Rahu 8:07AM - 9:27AM

Hasta Until 3:40AM Tue

Saubhagya Until 7:24AM
Balava Until 6:30AM
Ashtami* Until 6:04PM

Ganesha: Clear Sunrise: 6:46AM
Muruqa: Clear Sunset: 5:29PM
Nataraja: Orange
Moon - Green

Devaloka Day

Margasira*Markali

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Muscat, Oman

Sun 8 Sutra 261

Plava 5123

Kanya Rasi: 24.39 Tithi 24 - 25

865825466

Creative Work Siddha Yoga

Gulika 12:08PM - 1:28PM
Yama 9:27AM - 10:48AM
Rahu 2:49PM - 4:09PM

Chitra Until 2:43AM Wed

Athiganda* Until 2:49AM Wed
Vanija Until 3:50AM Wed
Navami* Until 4:44PM

Ganesha: Clear Sunrise: 6:47AM
Muruqa: Clear Sunset: 5:29PM
Nataraja: Orange
Moon - Green

Devaloka Day

Margasira*Markali

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

ll times are standard time. Calculated for Muscat, Oman on 5/23/1


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1	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Muscat, Oman
	Tula Rasi: 8.35	Tithi 25 – 26	Gulika 10:48AM – 12:08PM	Svati Until 1:00AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Sun 9 Sutra 262
			Yama 8:07AM – 9:28AM	Sukarma Until 11:46PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Plava 5123
	865825466	Rahu 12:08PM – 1:29PM	Bava Until 1:33AM Thu	Nataraja: Orange			Moon 12 - Phase 35 - 9 2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:45PM	Moon – Green		Devaloka Day	
				Margasira*Markali			

2	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman
	Tula Rasi: 22.55	Tithi 26 – 27	Gulika 9:28AM – 10:49AM	Vishakha Until 11:02PM	Ganesha: White	<i>Sunrise:</i> 6:48AM	Sun 10 Sutra 263
			Yama 6:48AM – 8:08AM	Dhriti Until 8:17PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Plava 5123
	875825466	Rahu 1:29PM – 2:50PM	Kaulava Until 10:44PM	Nataraja: Orange			Moon 12 - Phase 35 - 10 2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 12:11PM	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

3	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
	Vrischika Rasi: 7.38	Tithi 27 – 28	Gulika 8:08AM – 9:29AM	Anuradha Until 8:30PM	Ganesha: White	<i>Sunrise:</i> 6:48AM	Sun 11 Sutra 264
			Yama 2:50PM – 4:11PM	Shula* Until 4:25PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Plava 5123
	875825466	Rahu 10:49AM – 12:09PM	Gara Until 7:29PM	Nataraja: Orange			Moon 12 - Phase 35 - 11 2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 9:08AM	Moon – Orange		Bhuloka Day	
Until 8:30PM				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

4	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman
	Vrischika Rasi: 22.36	Tithi 29	Gulika 6:48AM – 8:09AM	Jyeshtha* Until 5:35PM	Ganesha: White	<i>Sunrise:</i> 6:48AM	Sun 12 Sutra 265
			Yama 1:30PM – 2:51PM	Ganda* Until 12:20PM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Plava 5123
	875825466	Rahu 9:29AM – 10:50AM	Visti Until 3:59PM	Nataraja: Orange			Moon 12 - Phase 35 - 12 2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:09AM Sun	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Muscat, Oman
	Retreat Star		Gulika 2:51PM – 4:12PM	Mula* Until 2:50PM	Ganesha: Green	<i>Sunrise:</i> 6:48AM	Sun 13 Sutra 266
	Dhanus Rasi: 7.44	Tithi 30	Yama 12:10PM – 1:31PM	Vriddhi Until 8:08AM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Plava 5123
	885825466	Rahu 4:12PM – 5:32PM	Catuspada Until 12:21PM	Nataraja: Orange			Moon 12 - Phase 35 - 13 Amavasya
Creative Work	Amrita Yoga		Catuspada Until 12:21PM	Moon – Light Blue		Bhuloka Day	
Until 2:50PM		Hanumath Jayanthi (Tamil Nadu)	Amavasya* Until 10:32PM	Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Monday, January 3, 2022	Retreat Star		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Muscat, Oman
	Family Home Evening		Gulika 1:31PM – 2:52PM	Purvashadha* Until 12:01PM	Ganesha: Green	<i>Sunrise:</i> 6:49AM	Sun 14 Sutra 267
	Dhanus Rasi: 22.53	Tithi 1	Yama 10:50AM – 12:11PM	Vyaghata* Until 11:52PM	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Plava 5123
	885825466	Rahu 8:09AM – 9:30AM	Kintughna Until 8:46AM	Nataraja: Orange			Moon 12 - Phase 35 - 14 Prathama
Routine Work	Marana Yoga		Prathama* Until 7:02PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Markali		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, January 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Muscat, Oman Sun 15 Sutra 268 Plava 5123
Makara Rasi: 7.52	Tithi 2 – 3	Gulika	12:11PM – 1:32PM	Uttarashadha Until 9:18AM	Ganesha: Orange	<i>Sunrise:</i> 6:49AM
		Yama	9:30AM – 10:51AM	Harshana Until 8:06PM	Muruqa: Clear	<i>Sunset:</i> 5:34PM
		886825466 Rahu	2:53PM – 4:13PM	Taitila Until 2:26AM Wed	Nataraja: Orange	Moon 12 - Phase 36 - 15
Routine Work	Prabalarishta Yoga			Dvitiya Until 3:51PM	Moon – Light Blue	3rd Phase
Until 9:18AM					Pausha-Markali	Devaloka Day
Then Creative Work - Siddha Yoga						

2		Wednesday, January 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Muscat, Oman Sun 16 Sutra 269 Plava 5123
Makara Rasi: 22.33	Tithi 3 – 4	Gulika	10:51AM – 12:12PM	Shravana Until 7:16AM	Ganesha: Clear	<i>Sunrise:</i> 6:49AM
		Yama	8:10AM – 9:31AM	Vajra* Until 4:44PM	Muruqa: Clear	<i>Sunset:</i> 5:34PM
		896825466 Rahu	12:12PM – 1:32PM	Vanija Until 12:00AM Thu	Nataraja: Orange	Moon 12 - Phase 36 - 16
Creative Work	Siddha Yoga			Tritiya Until 1:07PM	Moon – Purple	3rd Phase
Until 7:16AM		Subramuniyaswami Jayanti			Pausha-Markali	Devaloka Day
Then Routine Work - Prabalarishta Yoga						

3		Thursday, January 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Muscat, Oman Sun 17 Sutra 270 Plava 5123
Kumbha Rasi: 6.5	Tithi 4 – 5	Gulika	9:31AM – 10:52AM	Shatabhishak Until 4:41AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:50AM
		Yama	6:50AM – 8:10AM	Siddhi Until 1:53PM	Muruqa: Clear	<i>Sunset:</i> 5:35PM
		896825466 Rahu	1:33PM – 2:54PM	Bava Until 10:16PM	Nataraja: Orange	Moon 12 - Phase 36 - 17
Creative Work	Siddha Yoga			Chaturthi* Until 11:01AM	Moon – Purple	3rd Phase
					Pausha-Markali	Devaloka Day

4		Friday, January 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Muscat, Oman Sun 18 Sutra 271 Plava 5123
Kumbha Rasi: 20.39	Tithi 5 – 6	Gulika	8:10AM – 9:31AM	Purvaproshtapada* Until 4:48AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:50AM
		Yama	2:54PM – 4:15PM	Vyatipata* Until 11:40AM	Muruqa: Clear	<i>Sunset:</i> 5:36PM
		816825466 Rahu	10:52AM – 12:13PM	Kaulava Until 9:21PM	Nataraja: Orange	Moon 12 - Phase 36 - 18
Creative Work	Siddha Yoga			Panchami Until 9:41AM	Moon – Clear	3rd Phase
					Pausha-Markali	Devaloka Day

5		Saturday, January 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Muscat, Oman Sun 19 Sutra 272 Plava 5123
Meena Rasi: 3.59	Tithi 6 – 7	Gulika	6:50AM – 8:11AM	Uttaraproshtapada Until 5:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:50AM
		Yama	1:34PM – 2:55PM	Variyan Until 10:07AM	Muruqa: Clear	<i>Sunset:</i> 5:36PM
		816825466 Rahu	9:32AM – 10:52AM	Gara Until 9:20PM	Nataraja: Orange	Moon 12 - Phase 36 - 19
Creative Work	Siddha Yoga			Shashthi* Until 9:13AM	Moon – Clear	3rd Phase
Until 5:37AM Sun					Pausha-Markali	Devaloka Day
Then Creative Work - Amrita Yoga						

Retreat Star		Sunday, January 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Muscat, Oman Sun 20 Sutra 273 Plava 5123
Meena Rasi: 16.51	Tithi 7 – 8	Gulika	2:55PM – 4:16PM	Revati Until 7:07AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:50AM
		Yama	12:14PM – 1:34PM	Parigha* Until 9:15AM	Muruqa: Clear	<i>Sunset:</i> 5:37PM
		816825466 Rahu	4:16PM – 5:37PM	Visti Until 10:11PM	Nataraja: Orange	Moon 12 - Phase 36 - 20
Creative Work	Amrita Yoga			Saptami Until 9:38AM	Moon – Clear	Ashtami
Until 7:07AM Mon					Pausha-Markali	Devaloka Day
Then Creative Work - Siddha Yoga						

Retreat Star		Monday, January 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Muscat, Oman Sun 21 Sutra 274 Plava 5123
Meena Rasi: 29.2	Tithi 8 – 9	Gulika	1:35PM – 2:56PM	Revati Until 7:07AM	Ganesha: Red	<i>Sunrise:</i> 6:50AM
Family Home Evening		Yama	10:53AM – 12:14PM	Shiva Until 9:03AM	Muruqa: Clear	<i>Sunset:</i> 5:38PM
		816825466 Rahu	8:11AM – 9:32AM	Balava Until 11:49PM	Nataraja: Orange	Moon 12 - Phase 36 - 21
Creative Work	Siddha Yoga			Ashtami* Until 10:54AM	Moon – Clear	Navami
					Pausha-Markali	Devaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Tuesday, January 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Muscat, Oman Sun 22 Sutra 275 Plava 5123
Mesha Rasi: 11.3	Tithi 9 – 10	Gulika 12:14PM – 1:35PM	Ashvini Until 9:38AM	Ganesha: Red	<i>Sunrise:</i> 6:50AM	
		Yama 9:32AM – 10:53AM	Siddha Until 9:22AM	Muruqa: Clear	<i>Sunset:</i> 5:38PM	Moon 12 - Phase 37 - 22
		827825466 Rahu 2:56PM – 4:17PM	Taitila Until 2:05AM Wed	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Navami* Until 12:52PM	Moon – White		Devaloka Day
				Pausha-Markali		

2		Wednesday, January 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 23 Sutra 276 Plava 5123
Mesha Rasi: 23.27	Tithi 10 – 11	Gulika 10:54AM – 12:15PM	Bharani Until 12:29PM	Ganesha: Red	<i>Sunrise:</i> 6:50AM	
		Yama 8:11AM – 9:33AM	Sadhya Until 10:05AM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 12 - Phase 37 - 23
		827825466 Rahu 12:15PM – 1:36PM	Vanija Until 4:43AM Thu	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Dashami Until 3:21PM	Moon – White		Devaloka Day
Until 12:29PM				Pausha-Markali		
Then Creative Work - Amrita Yoga						

3		Thursday, January 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Visti* Karana Ekadashyam Titau		Muscat, Oman Sun 24 Sutra 277 Plava 5123
Vrishabha Rasi: 5.16	Tithi 11	Gulika 9:33AM – 10:54AM	Krittika Until 3:27PM	Ganesha: Red	<i>Sunrise:</i> 6:50AM	
		Yama 6:50AM – 8:12AM	Subha Until 11:04AM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 12 - Phase 37 - 24
		827825466 Rahu 1:36PM – 2:58PM	Visti Until 6:05PM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 6:05PM	Moon – White		Devaloka Day
		Vaikuntha Ekadasi		Pausha-Markali		

4		Friday, January 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Muscat, Oman Sun 25 Sutra 278 Plava 5123
Vrishabha Rasi: 17.02	Tithi 12	Gulika 8:12AM – 9:33AM	Rohini Until 6:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	
		Yama 2:58PM – 4:19PM	Sukla Until 12:05PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 37 - 25
		827825466 Rahu 10:54AM – 12:16PM	Bava Until 7:31AM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 8:52PM	Moon – Yellow		Bhuloka Day
Until 6:48PM		Thai Pongal		Pausha-Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

5		Saturday, January 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau		Muscat, Oman Sun 26 Sutra 279 Plava 5123
Vrishabha Rasi: 28.49	Tithi 13	Gulika 6:50AM – 8:12AM	Mrigashira Until 9:52PM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	
		Yama 1:37PM – 2:59PM	Brahma Until 1:02PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Moon 12 - Phase 37 - 26
		827825466 Rahu 9:33AM – 10:55AM	Kaulava Until 10:14AM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 11:30PM	Moon – Yellow		Bhuloka Day
				Pausha-Thai		Devaloka Time: 3:PM to 6:PM

Pradosha Vrata

6		Sunday, January 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		Muscat, Oman Sun 27 Sutra 280 Plava 5123
Mithuna Rasi: 10.41	Tithi 14	Gulika 2:59PM – 4:21PM	Ardra Until 12:30AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	
		Yama 12:16PM – 1:38PM	Indra Until 1:50PM	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Moon 12 - Phase 37 - 27
		827825466 Rahu 4:21PM – 5:42PM	Gara Until 12:44PM	Nataraja: Orange		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:51AM Mon	Moon – Yellow		Bhuloka Day
Until 12:30AM Mon				Pausha-Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

○		Monday, January 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		Muscat, Oman Sutra 281 Plava 5123
Copper Retreat Star		Gulika 1:38PM – 3:00PM	Punarvasu Until 3:06AM Tue	Ganesha: Red	<i>Sunrise:</i> 6:50AM	
Mithuna Rasi: 22.4	Tithi 15	Yama 10:55AM – 12:17PM	Vaidhriti* Until 2:21PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 12 - Phase 37 -
Family Home Evening		848835466 Rahu 8:12AM – 9:34AM	Visti Until 2:54PM	Nataraja: Orange		Purnima
Creative Work	Amrita Yoga		Purnima* Until 3:49AM Tue	Moon – Blue		Sivaloka Day
Until 3:06AM Tue				Pausha-Thai		
Then Creative Work - Siddha Yoga						

○		Tuesday, January 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Muscat, Oman Sutra 282 Plava 5123
Silver Retreat Star		Gulika 12:17PM – 1:39PM	Pushya Until 5:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:50AM	
Kataka Rasi: 4.47	Tithi 16	Yama 9:34AM – 10:55AM	Vishkambha* Until 2:35PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 12 - Phase 37 -
		848835466 Rahu 3:00PM – 4:22PM	Balava Until 4:41PM	Nataraja: Orange		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:24AM Wed	Moon – Blue		Sivaloka Day
		Thai Pusam		Pausha-Thai		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

all times are standard time. Calculated for Muscat, Oman on 5/23/1

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Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukstayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Taitila Karana Dvitiyayam Titau

Muscat, Oman

Sutra 283

Plava 5123

Kataka Rasi: 17.05 Tithi 17

848935466 Rahu 12:17PM - 1:39PM

Gulika 10:56AM - 12:17PM

Yama 8:12AM - 9:34AM

Ashlesha* Until 6:42AM Thu

Priti Until 2:33PM

Taitila Until 6:03PM

Dvitiya Until 6:34AM Thu

Ganesha: Yellow Sunrise: 6:50AM

Muruqa: Purple Sunset: 5:44PM

Nataraja: Orange

Moon - Blue

Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

Until 6:42AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukstayam
Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 284

Plava 5123

Kataka Rasi: 29.32 Tithi 17 - 18

848935466 Rahu 1:39PM - 3:01PM

Gulika 9:34AM - 10:56AM

Yama 6:50AM - 8:12AM

Rahu 1:39PM - 3:01PM

Ashlesha* Until 6:42AM

Ayushman Until 2:10PM

Vanija Until 7:02PM

Dvitiya Until 6:34AM

Ganesha: Yellow Sunrise: 6:50AM

Muruqa: Purple Sunset: 5:45PM

Nataraja: Orange

Moon - Blue

Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

Until 6:42AM

Then Creative Work - Amrita Yoga

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukstayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vistil*/Bava Karana Tritiya/Chaturtham Titau

Muscat, Oman

Sun 2 Sutra 285

Plava 5123

Simha Rasi: 12.1 Tithi 18 - 19

858935466 Rahu 10:56AM - 12:18PM

Gulika 8:12AM - 9:34AM

Yama 3:02PM - 4:24PM

Rahu 10:56AM - 12:18PM

Magha* Until 8:10AM

Saubhagya Until 1:31PM

Bava Until 7:37PM

Tritiya Until 7:21AM

Ganesha: White Sunrise: 6:50AM

Muruqa: Purple Sunset: 5:46PM

Nataraja: Orange

Moon - Red

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 8:10AM

Then Creative Work - Siddha Yoga

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukstayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 286

Plava 5123

Simha Rasi: 24.59 Tithi 19 - 20

858935466 Rahu 9:34AM - 10:56AM

Gulika 6:50AM - 8:12AM

Yama 1:40PM - 3:02PM

Rahu 9:34AM - 10:56AM

Purvaphalguni Until 9:06AM

Sobhana Until 12:35PM

Kaulava Until 7:49PM

Chaturthi* Until 7:45AM

Ganesha: White Sunrise: 6:50AM

Muruqa: Purple Sunset: 5:46PM

Nataraja: Orange

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 9:06AM

Then Routine Work - Marana Yoga

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukstayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Muscat, Oman

Sun 4 Sutra 287

Plava 5123

Kanya Rasi: 7.59 Tithi 20 - 21

858935466 Rahu 4:25PM - 5:47PM

Gulika 3:03PM - 4:25PM

Yama 12:18PM - 1:41PM

Rahu 4:25PM - 5:47PM

Uttaraphalguni Until 9:30AM

Athiganda* Until 11:18AM

Gara Until 7:36PM

Panchami Until 7:44AM

Ganesha: White Sunrise: 6:50AM

Muruqa: Purple Sunset: 5:47PM

Nataraja: Orange

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Amrita Yoga

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukstayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 288

Plava 5123

Kanya Rasi: 21.13 Tithi 21 - 22

869935466 Rahu 8:12AM - 9:34AM

Gulika 1:41PM - 3:03PM

Yama 10:56AM - 12:19PM

Rahu 8:12AM - 9:34AM

Hasta Until 9:47AM

Sukarma Until 9:42AM

Vistil Until 6:56PM

Shashthi* Until 7:18AM

Ganesha: Orange Sunrise: 6:50AM

Muruqa: Purple Sunset: 5:48PM

Nataraja: Orange

Moon - Green

Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

Until 9:47AM

Then Routine Work - Prabalarishta Yoga

6

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukstayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 289

Plava 5123

Tula Rasi: 4.41 Tithi 22 - 23

969935466 Rahu 3:04PM - 4:26PM

Gulika 12:19PM - 1:41PM

Yama 9:34AM - 10:57AM

Rahu 3:04PM - 4:26PM

Chitra Until 9:28AM

Dhriti Until 7:45AM

Kaulava Until 5:01AM Wed

Saptami Until 6:24AM

Ganesha: Green Sunrise: 6:49AM

Muruqa: Purple Sunset: 5:49PM

Nataraja: Orange

Moon - Green

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukstayam
Svati/Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 7 Sutra 290

Plava 5123

Tula Rasi: 18.27 Tithi 24

969935466 Rahu 12:19PM - 1:42PM

Gulika 10:57AM - 12:19PM

Yama 8:12AM - 9:34AM

Rahu 12:19PM - 1:42PM

Svati Until 8:31AM

Ganda* Until 2:39AM Thu

Taitila Until 4:09PM

Navami* Until 3:08AM Thu

Ganesha: Green Sunrise: 6:49AM

Muruqa: Purple Sunset: 5:49PM

Nataraja: Orange

Moon - Green

Pausha*Thai

Devaloka Day


Creative Work Siddha Yoga

1	Thursday, January 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Vanija/Visli* Karana Dashamyam Titau				Muscat, Oman
	Vrischika Rasi: 2.3	Tithi 25	Gulika 9:34AM – 10:57AM	Vishakha Until 7:23AM	Ganesha: Orange	<i>Sunrise:</i> 6:49AM	Sun 8 Sutra 291
			Yama 6:49AM – 8:11AM	Vridhi Until 11:34PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Plava 5123
	979935466	Rahu 1:42PM – 3:05PM	Vanija Until 2:03PM		Nataraja: Orange		Moon 1 - Phase 39 - 8
Creative Work	Siddha Yoga		Dashami Until 12:49AM Fri	Moon – Orange		2nd Phase	
				Pausha • Thai		Sivaloka Day	

2	Friday, January 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Muscat, Oman
	Vrischika Rasi: 16.52	Tithi 26	Gulika 8:11AM – 9:34AM	Jyeshtha* Until 3:27AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:49AM	Sun 9 Sutra 292
			Yama 3:05PM – 4:28PM	Dhruva Until 8:08PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Plava 5123
	979935466	Rahu 10:57AM – 12:20PM	Bava Until 11:31AM		Nataraja: Orange		Moon 1 - Phase 39 - 9
Routine Work	Marana Yoga		Ekadashi* Until 10:06PM	Moon – Orange		2nd Phase	
Until 3:27AM Sat				Pausha • Thai		Sivaloka Day	
Then Creative Work - Siddha Yoga							

3	Saturday, January 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Muscat, Oman
	Dhanus Rasi: 1.28	Tithi 27	Gulika 6:48AM – 8:11AM	Mula* Until 1:16AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:48AM	Sun 10 Sutra 293
			Yama 1:43PM – 3:06PM	Vyaghata* Until 4:29PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Plava 5123
	989935466	Rahu 9:34AM – 10:57AM	Kaulava Until 8:39AM		Nataraja: Orange		Moon 1 - Phase 39 - 10
Creative Work	Siddha Yoga		Dvadashi* Until 7:06PM	Moon – Light Blue		2nd Phase	
				Pausha • Thai		Devaloka Day	

4	Sunday, January 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman
	Dhanus Rasi: 16.15	Tithi 28 – 29	Gulika 3:06PM – 4:29PM	Purvashadha* Until 10:49PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:48AM	Sun 11 Sutra 294
			Yama 12:20PM – 1:43PM	Harshana Until 12:42PM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Plava 5123
	989935466	Rahu 4:29PM – 5:52PM	Visti Until 2:22AM Mon		Nataraja: Orange		Moon 1 - Phase 39 - 11
Creative Work	Siddha Yoga		Trayodashi* Until 3:57PM	Moon – Light Blue		2nd Phase	
Until 10:49PM				Pausha • Thai		Devaloka Day	
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

	Monday, January 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman
	Retreat Star		Gulika 1:43PM – 3:06PM	Uttarashadha Until 8:16PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:48AM	Sun 12 Sutra 295
	Makara Rasi: 1.06	Tithi 29 – 30	Yama 10:57AM – 12:20PM	Vajra* Until 8:51AM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Plava 5123
	989935466	Rahu 8:11AM – 9:34AM	Catuspada Until 11:15PM		Nataraja: Orange		Moon 1 - Phase 39 - 12
Family Home Evening			Chaturdashi* Until 12:46PM	Moon – Light Blue		Amavasya	
Routine Work	Marana Yoga			Pausha • Thai		Devaloka Day	
Until 8:16PM							
Then Creative Work - Amrita Yoga							

5	Tuesday, February 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman
	Retreat Star		Gulika 12:20PM – 1:43PM	Shravana Until 6:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM	Sun 13 Sutra 296
	Makara Rasi: 15.53	Tithi 30 – 1	Yama 9:34AM – 10:57AM	Vyatipata* Until 1:37AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Plava 5123
	991935466	Rahu 3:06PM – 4:30PM	Kintughna Until 8:21PM		Nataraja: Orange		Moon 1 - Phase 39 - 13
Creative Work	Siddha Yoga		Amavasya* Until 9:45AM	Moon – Purple		Prathama	
				Magha • Thai		Sivaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan Yoga Bava/Kaulava Karana Prathama/Dvityayam Titau				Muscat, Oman
	Kumbha Rasi: 0.28	Tithi 1 – 2	Gulika 10:57AM – 12:20PM	Dhanishtha Until 4:22PM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Sun 14 Sutra 297
	Routine Work	Prabalarishta Yoga	Yama 8:10AM – 9:34AM	Variyan Until 10:26PM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Plava 5123
		991935466	Rahu 12:20PM – 1:44PM	Kaulava Until 4:46AM Thu	Nataraja: Orange		Moon 1 - Phase 40 - 14
				Prathama* Until 7:01AM	Moon – Purple		3rd Phase
					Magha*Thai	Sivaloka Day	

2	Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Taitila/Gara Karana Trityayam Titau				Muscat, Oman
	Kumbha Rasi: 14.43	Tithi 3	Gulika 9:34AM – 10:57AM	Shatabhishak Until 2:55PM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Sun 15 Sutra 298
			991935467	Yama 6:47AM – 8:10AM	Parigha* Until 7:44PM	Muruqa: Purple	<i>Sunset:</i> 5:54PM
			Rahu 1:44PM – 3:07PM	Taitila Until 3:54PM	Nataraja: Clear		Moon 1 - Phase 40 - 15
				Tritiya Until 3:09AM Fri	Moon – Purple		3rd Phase
					Magha*Thai	Sivaloka Day	

3	Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Muscat, Oman
	Kumbha Rasi: 28.33	Tithi 4	Gulika 8:10AM – 9:33AM	Purvaproshtapada* Until 2:27PM	Ganesha: Purple	<i>Sunrise:</i> 6:46AM	Sun 16 Sutra 299
			991935467	Yama 3:08PM – 4:31PM	Shiva Until 5:38PM	Muruqa: Purple	<i>Sunset:</i> 5:55PM
			Rahu 10:57AM – 12:21PM	Vanija Until 2:38PM	Nataraja: Clear		Moon 1 - Phase 40 - 16
				Chaturthi* Until 2:18AM Sat	Moon – Clear		3rd Phase
					Magha*Thai	Subha Sivaloka Day	

4	Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman
	Meena Rasi: 11.57	Tithi 5	Gulika 6:46AM – 8:10AM	Uttaraproshtapada Until 2:37PM	Ganesha: Purple	<i>Sunrise:</i> 6:46AM	Sun 17 Sutra 300
			991935467	Yama 1:44PM – 3:08PM	Siddha Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 5:55PM
			Rahu 9:33AM – 10:57AM	Bava Until 2:12PM	Nataraja: Clear		Moon 1 - Phase 40 - 17
				Panchami Until 2:17AM Sun	Moon – Clear		3rd Phase
					Magha*Thai	Subha Sivaloka Day	

5	Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Muscat, Oman
	Meena Rasi: 24.54	Tithi 6	Gulika 3:08PM – 4:32PM	Revati Until 3:29PM	Ganesha: Purple	<i>Sunrise:</i> 6:45AM	Sun 18 Sutra 301
			991935467	Yama 12:21PM – 1:45PM	Sadhya Until 3:21PM	Muruqa: Purple	<i>Sunset:</i> 5:56PM
			Rahu 4:32PM – 5:56PM	Kaulava Until 2:38PM	Nataraja: Clear		Moon 1 - Phase 40 - 18
				Shashthi* Until 3:09AM Mon	Moon – Clear		3rd Phase
					Magha*Thai	Subha Sivaloka Day	

6	Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman
	Mesha Rasi: 7.27	Tithi 7	Gulika 1:45PM – 3:09PM	Ashvini Until 5:28PM	Ganesha: Clear	<i>Sunrise:</i> 6:45AM	Sun 19 Sutra 302
	Family Home Evening		921935467	Yama 10:57AM – 12:21PM	Subha Until 3:12PM	Muruqa: Purple	<i>Sunset:</i> 5:57PM
			Rahu 8:09AM – 9:33AM	Gara Until 3:54PM	Nataraja: Clear		Moon 1 - Phase 40 - 19
				Saptami Until 4:48AM Tue	Moon – White		3rd Phase
					Magha*Thai	Sivaloka Day	

D	Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Muscat, Oman
	Mesha Rasi: 19.4	Tithi 8	Gulika 12:21PM – 1:45PM	Bharani Until 7:57PM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Sun 20 Sutra 303
	Retreat Star		921935467	Yama 9:33AM – 10:57AM	Sukla Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 5:57PM
			Rahu 3:09PM – 4:33PM	Visti Until 5:53PM	Nataraja: Clear		Moon 1 - Phase 40 - 20
				Ashtami* Until 7:03AM Wed	Moon – White		Ashtami
					Magha*Thai	Sivaloka Day	

D	Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Muscat, Oman
	Vrishabha Rasi: 1.38	Tithi 8 – 9	Gulika 10:57AM – 12:21PM	Krittika Until 10:44PM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Sun 21 Sutra 304
	Retreat Star		921935467	Yama 8:08AM – 9:32AM	Brahma Until 4:20PM	Muruqa: Purple	<i>Sunset:</i> 5:58PM
			Rahu 12:21PM – 1:45PM	Balava Until 8:22PM	Nataraja: Clear		Moon 1 - Phase 40 - 21
				Ashtami* Until 7:03AM	Moon – White		Navami
					Magha*Thai	Sivaloka Day	

1	Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Muscat, Oman
	Vrishabha Rasi: 13.29	Tithi 9 – 10	Gulika 9:32AM – 10:57AM	Rohini Until 2:03AM Fri	Ganesha: White	<i>Sunrise:</i> 6:43AM	Sun 22 Sutra 305
			Yama 6:43AM – 8:08AM	Indra Until 5:20PM	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Plava 5123
	931935467	Rahu 1:45PM – 3:10PM		Taitila Until 11:05PM	Nataraja: Clear		Moon 1 - Phase 41 - 22 4th Phase
Routine Work Marana Yoga		Navami* Until 9:41AM		Moon – Yellow	Subha Sivaloka Day		
Until 2:03AM Fri				Magha-Thai			
Then Creative Work - Siddha Yoga							


2	Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Muscat, Oman
	Vrishabha Rasi: 25.16	Tithi 10 – 11	Gulika 8:07AM – 9:32AM	Mrigashira Until 5:09AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	Sun 23 Sutra 306
			Yama 3:10PM – 4:35PM	Vaidhriti* Until 6:19PM	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Plava 5123
	932935467	Rahu 10:56AM – 12:21PM		Vanija Until 1:46AM Sat	Nataraja: Clear		Moon 1 - Phase 41 - 23 4th Phase
Creative Work Siddha Yoga		Dashami Until 12:26PM		Moon – Yellow	Sivaloka Day		
				Magha-Thai			

3	Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman
	Mithuna Rasi: 7.05	Tithi 11 – 12	Gulika 6:42AM – 8:07AM	Ardra Until 7:48AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	Sun 24 Sutra 307
			Yama 1:46PM – 3:10PM	Vishkambha* Until 7:10PM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Plava 5123
	932935467	Rahu 9:32AM – 10:56AM		Bava Until 4:12AM Sun	Nataraja: Clear		Moon 1 - Phase 41 - 24 4th Phase
Creative Work Siddha Yoga		Ekadashi Until 3:01PM		Moon – Yellow	Sivaloka Day		
				Magha-Thai			

4	Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
	Mithuna Rasi: 19	Tithi 12 – 13	Gulika 3:11PM – 4:35PM	Ardra Until 7:48AM	Ganesha: Red	<i>Sunrise:</i> 6:42AM	Sun 25 Sutra 308
			Yama 12:21PM – 1:46PM	Priti Until 7:45PM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Plava 5123
	932135467	Rahu 4:35PM – 6:00PM		Kaulava Until 6:13AM Mon	Nataraja: Clear		Moon 1 - Phase 41 - 25 4th Phase
Creative Work Siddha Yoga		Dvadashi Until 5:15PM		Moon – Yellow	Sivaloka Day		
				Magha-Masi			
				<i>Pradosha Vrata</i>			

5	Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau				Muscat, Oman
	Kataka Rasi: 1.05	Tithi 13	Gulika 1:46PM – 3:11PM	Punarvasu Until 10:23AM	Ganesha: Blue	<i>Sunrise:</i> 6:41AM	Sun 26 Sutra 309
			Yama 10:56AM – 12:21PM	Ayushman Until 7:57PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Plava 5123
	942135467	Rahu 8:06AM – 9:31AM		Kaulava Until 6:13AM	Nataraja: Clear		Moon 1 - Phase 41 - 26 4th Phase
Creative Work Amrita Yoga		Trayodashi Until 7:00PM		Moon – Blue	Devaloka Day		
Until 10:23AM				Magha-Masi			
Then Creative Work - Siddha Yoga							

6	Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman
	Kataka Rasi: 13.23	Tithi 14	Gulika 12:21PM – 1:46PM	Pushya Until 12:18PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	Sun 27 Sutra 310
			Yama 9:31AM – 10:56AM	Saubhagya Until 7:46PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM	Plava 5123
	942135467	Rahu 3:11PM – 4:36PM		Gara Until 7:42AM	Nataraja: Clear		Moon 1 - Phase 41 - 27 4th Phase
Creative Work Siddha Yoga		Chaturdashi* Until 8:14PM		Moon – Blue	Devaloka Day		
				Magha-Masi			
				Chidambaram Abhishekam			

	Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman
	Copper Retreat Star		Gulika 10:56AM – 12:21PM	Ashlesha* Until 1:33PM	Ganesha: Blue	<i>Sunrise:</i> 6:40AM	Sutra 311
	Kataka Rasi: 25.55	Tithi 15	Yama 8:05AM – 9:30AM	Sobhana Until 7:12PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Plava 5123
	942135467	Rahu 12:21PM – 1:46PM		Visti Until 8:40AM	Nataraja: Clear		Moon 1 - Phase 41 - Purnima
Creative Work Siddha Yoga		Purnima* Until 8:57PM		Moon – Blue	Devaloka Day		
				Magha-Masi			

○	Thursday, February 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman
	Silver Retreat Star		Gulika 9:30AM – 10:55AM	Magha* Until 2:39PM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	Sutra 312
	Simha Rasi: 8.4	Tithi 16	Yama 6:39AM – 8:05AM	Athiganda* Until 6:13PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Plava 5123
	952135467	Rahu 1:46PM – 3:12PM		Balava Until 9:08AM	Nataraja: Clear		Moon 1 - Phase 41 - Prathama
Creative Work Amrita Yoga		Prathama* Until 9:10PM		Moon – Red	Sivaloka Day		
Until 2:39PM				Magha-Masi			
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada



Friday, February 18, 2022

Gold Retreat Star

Simha Rasi: 21.39 Tithi 17

952135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Muscat, Oman

Sun 1 Sutra 313

Plava 5123

Moon 2 - Phase 42 - 1

1st Phase

Gulika 8:04AM - 9:30AM
Yama 3:12PM - 4:38PM
Rahu 10:55AM - 12:21PM

Purvaphalguni Until 3:09PM
Sukarma Until 4:56PM
Taitila Until 9:08AM
Dvitiya Until 8:59PM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 6:38AM
Sunset: 6:03PM

Sivaloka Day

1

Saturday, February 19, 2022

Kanya Rasi: 4.5 Tithi 18

952135467

Routine Work Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Muscat, Oman

Sun 2 Sutra 314

Plava 5123

Moon 2 - Phase 42 - 2

1st Phase

Gulika 6:38AM - 8:04AM
Yama 1:47PM - 3:12PM
Rahu 9:29AM - 10:55AM

Uttaraphalguni Until 3:10PM
Dhriti Until 3:23PM
Vanija Until 8:46AM
Tritiya Until 8:26PM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 6:38AM
Sunset: 6:04PM

Sivaloka Day

2

Sunday, February 20, 2022

Kanya Rasi: 18.11 Tithi 19

962135467

Creative Work Amrita Yoga
Until 3:10PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Muscat, Oman

Sun 3 Sutra 315

Plava 5123

Moon 2 - Phase 42 - 3

1st Phase

Gulika 3:12PM - 4:38PM
Yama 12:21PM - 1:47PM
Rahu 4:38PM - 6:04PM

Hasta Until 3:10PM
Shula* Until 1:34PM
Bava Until 8:04AM
Chaturthi* Until 7:35PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:37AM
Sunset: 6:04PM

Devaloka Day

3

Monday, February 21, 2022

Tula Rasi: 1.41 Tithi 20

962135467

Family Home Evening
Routine Work Prabalarishta Yoga
Until 2:45PM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 4 Sutra 316

Plava 5123

Moon 2 - Phase 42 - 4

1st Phase

Gulika 1:47PM - 3:13PM
Yama 10:55AM - 12:21PM
Rahu 8:02AM - 9:28AM

Chitra Until 2:45PM
Ganda* Until 11:33AM
Kaulava Until 7:05AM
Panchami Until 6:28PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:36AM
Sunset: 6:05PM

Devaloka Day

4

Tuesday, February 22, 2022

Tula Rasi: 15.21 Tithi 21 - 22

962135467

Creative Work Siddha Yoga
Until 1:57PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 317

Plava 5123

Moon 2 - Phase 42 - 5

1st Phase

Gulika 12:20PM - 1:47PM
Yama 9:28AM - 10:54AM
Rahu 3:13PM - 4:39PM

Svati Until 1:57PM
Vridhi Until 9:20AM
Visti Until 4:21AM Wed
Shashthi* Until 5:06PM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 6:36AM
Sunset: 6:05PM

Devaloka Day

5

Wednesday, February 23, 2022

Tula Rasi: 29.09 Tithi 22 - 23

972135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 318

Plava 5123

Moon 2 - Phase 42 - 6

1st Phase

Gulika 10:54AM - 12:20PM
Yama 8:01AM - 9:28AM
Rahu 12:20PM - 1:47PM

Vishakha Until 1:11PM
Dhruva Until 6:55AM
Balava Until 2:36AM Thu
Saptami Until 3:29PM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:35AM
Sunset: 6:06PM

Sivaloka Day

D

Thursday, February 24, 2022

Retreat Star

Vrischika Rasi: 13.07 Tithi 23 - 24

973135467

Creative Work Siddha Yoga
Until 12:02PM
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Muscat, Oman

Sun 7 Sutra 319

Plava 5123

Moon 2 - Phase 42 - 7

Ashtami

Gulika 9:27AM - 10:54AM
Yama 6:34AM - 8:01AM
Rahu 1:47PM - 3:13PM

Anuradha Until 12:02PM
Harshana Until 1:30AM Fri
Taitila Until 12:37AM Fri
Ashtami* Until 1:38PM

Ganesha: Purple
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:34AM
Sunset: 6:06PM

Subha Sivaloka Day

Friday, February 25, 2022

Retreat Star

Vrischika Rasi: 27.14 Tithi 24 - 25

973135467

Routine Work Marana Yoga
Until 10:31AM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Muscat, Oman

Sun 8 Sutra 320

Plava 5123

Moon 2 - Phase 42 - 8

Navami

Gulika 8:00AM - 9:27AM
Yama 3:14PM - 4:40PM
Rahu 10:53AM - 12:20PM

Jyeshtha* Until 10:31AM
Vajra* Until 10:29PM
Vanija Until 10:25PM
Navami* Until 11:31AM

Ganesha: Purple
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:33AM
Sunset: 6:07PM

Subha Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

all times are standard time. Calculated for Muscat, Oman on 5/23/1


www.gurudeva.org/panchang

1	Saturday, February 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Muscat, Oman
	Dhanus Rasi: 11.29	Tithi 25 – 26	Gulika 6:32AM – 7:59AM	Mula* Until 9:04AM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Sun 9 Sutra 321
			Yama 1:47PM – 3:14PM	Siddhi Until 7:21PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Plava 5123
	983135467	Rahu 9:26AM – 10:53AM	Bava Until 8:01PM	Dashami Until 9:13AM	Nataraja: Clear		Moon 2 - Phase 43 - 9 2nd Phase
Creative Work	Siddha Yoga			Moon – Light Blue		Sivaloka Day	
				Magha-Masi			

2	Sunday, February 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Muscat, Oman
	Dhanus Rasi: 25.52	Tithi 26 – 27	Gulika 3:14PM – 4:41PM	Purvashadha* Until 7:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Sun 10 Sutra 322
			Yama 12:20PM – 1:47PM	Vyatipata* Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Plava 5123
	983135467	Rahu 4:41PM – 6:08PM	Taitila Until 4:15AM Mon	Ekadashi* Until 6:46AM	Nataraja: Clear		Moon 2 - Phase 43 - 10 2nd Phase
Creative Work	Siddha Yoga			Moon – Light Blue		Sivaloka Day	
Until 7:20AM				Magha-Masi			
Then Creative Work - Amrita Yoga							

3	Monday, February 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Muscat, Oman
	Makara Rasi: 10.16	Tithi 28	Gulika 1:47PM – 3:14PM	Shravana Until 3:49AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Sun 11 Sutra 323
	Family Home Evening		Yama 10:52AM – 12:20PM	Variyan Until 12:54PM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Plava 5123
	983135467	Rahu 7:58AM – 9:25AM	Gara Until 3:02PM	Trayodashi* Until 1:48AM Tue	Nataraja: Clear		Moon 2 - Phase 43 - 11 2nd Phase
Creative Work	Amrita Yoga			Moon – Purple		Sivaloka Day	
Until 3:49AM Tue				Magha-Masi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4	Tuesday, March 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman
	Makara Rasi: 24.37	Tithi 29	Gulika 12:19PM – 1:47PM	Dhanishtha Until 2:17AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:29AM	Sun 12 Sutra 324
			Yama 9:24AM – 10:52AM	Parigha* Until 9:46AM	Muruqa: Purple	<i>Sunset:</i> 6:09PM	Plava 5123
	983135467	Rahu 3:14PM – 4:42PM	Visti Until 12:39PM	Chaturdashi* Until 11:32PM	Nataraja: Clear		Moon 2 - Phase 43 - 12 2nd Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day	
				Magha-Masi			

	Wednesday, March 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Muscat, Oman
	Retreat Star		Gulika 10:51AM – 12:19PM	Shatabhishak Until 12:57AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:28AM	Sun 13 Sutra 325
	Kumbha Rasi: 8.5	Tithi 30	Yama 7:56AM – 9:24AM	Shiva Until 6:49AM	Muruqa: Purple	<i>Sunset:</i> 6:10PM	Plava 5123
	983135467	Rahu 12:19PM – 1:47PM	Catuspada Until 10:31AM	Amavasya* Until 9:35PM	Nataraja: Clear		Moon 2 - Phase 43 - 13 Amavasya
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day	
				Magha-Masi			

Retreat Star	Thursday, March 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Muscat, Oman
	Retreat Star		Gulika 9:23AM – 10:51AM	Purvaproshtapada* Until 12:24AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:27AM	Sun 14 Sutra 326
	Kumbha Rasi: 22.49	Tithi 1	Yama 6:27AM – 7:55AM	Sadhya Until 1:56AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:10PM	Plava 5123
	983135467	Rahu 1:47PM – 3:15PM	Kintughna Until 8:48AM	Prathama* Until 8:07PM	Nataraja: Clear		Moon 2 - Phase 43 - 14 Prathama
Creative Work	Siddha Yoga			Moon – Clear		Subha Sivaloka Day	
				Phalgun-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Muscat, Oman
Meena Rasi: 6.28	Tithi 2	Gulika 7:55AM – 9:23AM	Uttaraproshtapada Until 12:20AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:27AM	Sun 15	Sutra 327	Plava 5123
		Yama 3:15PM – 4:43PM	Subha Until 12:13AM Sat	Muruḡa: Purple	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44 - 15		3rd Phase
		913135467 Rahu 10:51AM – 12:19PM	Balava Until 7:37AM	Nataraja: Clear		Moon – Clear		Subha Sivaloka Day
Creative Work	Siddha Yoga		Dvitiya Until 7:15PM	Phalguna-Masi				
Until 12:20AM Sat								
Then Routine Work - Prabalarishta Yoga								

2		Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Muscat, Oman
Meena Rasi: 19.46	Tithi 3	Gulika 6:26AM – 7:54AM	Revati Until 12:48AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:26AM	Sun 16	Sutra 328	Plava 5123
		Yama 1:47PM – 3:15PM	Sukla Until 11:03PM	Muruḡa: Purple	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 44 - 16		3rd Phase
		113135467 Rahu 9:22AM – 10:50AM	Taitila Until 7:06AM	Nataraja: Clear		Moon – Clear		Sivaloka Day
Routine Work	Prabalarishta Yoga		Tritiya Until 7:06PM	Phalguna-Masi				
Until 12:48AM Sun								
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day						

3		Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Vanija/Visiti* Karana Chaturthayam Titau				Muscat, Oman
Mesha Rasi: 2.4	Tithi 4	Gulika 3:15PM – 4:43PM	Ashvini Until 2:20AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Sun 17	Sutra 329	Plava 5123
		Yama 12:18PM – 1:47PM	Brahma Until 10:29PM	Muruḡa: Purple	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44 - 17		3rd Phase
		123135467 Rahu 4:43PM – 6:12PM	Vanija Until 7:20AM	Nataraja: Clear		Moon – White		Sivaloka Day
Creative Work	Siddha Yoga		Chaturthi* Until 7:43PM	Phalguna-Masi				

4		Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman
Mesha Rasi: 15.13	Tithi 5	Gulika 1:47PM – 3:15PM	Bharani Until 4:25AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Sun 18	Sutra 330	Plava 5123
Family Home Evening		Yama 10:49AM – 12:18PM	Indra Until 10:30PM	Muruḡa: Purple	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 44 - 18		3rd Phase
		123135467 Rahu 7:52AM – 9:21AM	Bava Until 8:20AM	Nataraja: Clear		Moon – White		Sivaloka Day
Creative Work	Siddha Yoga		Panchami Until 9:05PM	Phalguna-Masi				

5		Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Muscat, Oman
Mesha Rasi: 27.28	Tithi 6	Gulika 12:18PM – 1:46PM	Krittika Until 6:53AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sun 19	Sutra 331	Plava 5123
		Yama 9:20AM – 10:49AM	Vaidhriti* Until 10:58PM	Muruḡa: Purple	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44 - 19		3rd Phase
		123135467 Rahu 3:15PM – 4:44PM	Kaulava Until 10:02AM	Nataraja: Clear		Moon – White		Sivaloka Day
Creative Work	Siddha Yoga		Shashthi* Until 11:04PM	Phalguna-Masi				

6		Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman
Vrishabha Rasi: 9.28	Tithi 7	Gulika 10:49AM – 12:17PM	Krittika Until 6:53AM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	Sun 20	Sutra 332	Plava 5123
		Yama 7:51AM – 9:20AM	Vishkambha* Until 11:46PM	Muruḡa: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44 - 20		3rd Phase
		123235477 Rahu 12:17PM – 1:46PM	Gara Until 12:16PM	Nataraja: Green		Moon – White		Bhuloka Day
Creative Work	Amrita Yoga		Saptami Until 1:30AM Thu	Phalguna-Masi		Devaloka Time: 12:PM to 3:PM		
Until 6:53AM								
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visiti*/Bava Karana Ashtamyam Titau				Muscat, Oman
Vrishabha Rasi: 21.2	Tithi 8	Gulika 9:19AM – 10:48AM	Rohini Until 10:02AM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Sun 21	Sutra 333	Plava 5123
		Yama 6:21AM – 7:50AM	Priti Until 12:45AM Fri	Muruḡa: Clear	<i>Sunset:</i> 6:13PM	Moon 2 - Phase 44 - 21		Ashtami
		133235477 Rahu 1:46PM – 3:15PM	Visiti Until 2:50PM	Nataraja: Green		Moon – Yellow		Devaloka Day
Routine Work	Marana Yoga		Ashtami* Until 4:07AM Fri	Phalguna-Masi				

Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Muscat, Oman
Mithuna Rasi: 3.09	Tithi 9	Gulika 7:49AM – 9:19AM	Mrigashira Until 1:06PM	Ganesha: Purple	<i>Sunrise:</i> 6:20AM	Sun 22	Sutra 334	Plava 5123
		Yama 3:15PM – 4:45PM	Ayushman Until 1:40AM Sat	Muruḡa: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 44 - 22		Navami
		134235477 Rahu 10:48AM – 12:17PM	Balava Until 5:27PM	Nataraja: Green		Moon – Yellow		Sivaloka Day
Creative Work	Siddha Yoga		Navami* Until 6:40AM Sat	Phalguna-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Saturday, March 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau			Muscat, Oman Sun 23 Sutra 335 Plava 5123
Mithuna Rasi: 15	Tithi 9 – 10	Gulika 6:19AM – 7:49AM	Ardra Until 3:52PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM		
		Yama 1:46PM – 3:15PM	Saubhagya Until 2:23AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45 - 23	
134235477		Rahu 9:18AM – 10:47AM	Taitila Until 7:51PM	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 6:40AM	Moon – Yellow			Sivaloka Day
				Phalgun-Masi			

2		Sunday, March 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Muscat, Oman Sun 24 Sutra 336 Plava 5123
Mithuna Rasi: 26.58	Tithi 10 – 11	Gulika 3:16PM – 4:45PM	Punarvasu Until 6:35PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM		
		Yama 12:16PM – 1:46PM	Sobhana Until 2:47AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 - 24	
144235477		Rahu 4:45PM – 6:15PM	Vanija Until 9:51PM	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 8:53AM	Moon – Blue			Devaloka Day
				Phalgun-Masi			

3		Monday, March 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Muscat, Oman Sun 25 Sutra 337 Plava 5123
Kataka Rasi: 9.08	Tithi 11 – 12	Gulika 1:46PM – 3:16PM	Pushya Until 8:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM		
		Yama 10:46AM – 12:16PM	Athiganda* Until 2:43AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 - 25	
144235477		Rahu 7:47AM – 9:17AM	Bava Until 11:16PM	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga			Moon – Blue			Devaloka Day
		Karadayyan Nombu (Tamil Nadu)	Ekadashi Until 10:37AM	Phalgun-Panguni			

4		Tuesday, March 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Muscat, Oman Sun 26 Sutra 338 Plava 5123
Kataka Rasi: 21.32	Tithi 12 – 13	Gulika 12:16PM – 1:46PM	Ashlesha* Until 9:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		
		Yama 9:16AM – 10:46AM	Sukarma Until 2:10AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45 - 26	
144235478		Rahu 3:16PM – 4:46PM	Kaulava Until 12:04AM Wed	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:44AM	Moon – Blue			Devaloka Day
				Phalgun-Panguni			
				<i>Pradosha Vrata</i>			

5		Wednesday, March 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Muscat, Oman Sun 27 Sutra 339 Plava 5123
Simha Rasi: 4.14	Tithi 13 – 14	Gulika 10:46AM – 12:16PM	Magha* Until 10:51PM	Ganesha: White	<i>Sunrise:</i> 6:15AM		
		Yama 7:45AM – 9:15AM	Dhriti Until 1:08AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45 - 27	
154235478		Rahu 12:16PM – 1:46PM	Gara Until 12:12AM Thu	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 12:11PM	Moon – Red			Sivaloka Day
Until 10:51PM				Phalgun-Panguni			
Then Creative Work - Amrita Yoga							

○		Thursday, March 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Muscat, Oman Sutra 340 Plava 5123
Copper Retreat Star		Gulika 9:15AM – 10:45AM	Purvaphalguni Until 11:04PM	Ganesha: White	<i>Sunrise:</i> 6:14AM		
Simha Rasi: 17.13	Tithi 14 – 15	Yama 6:14AM – 7:45AM	Shula* Until 11:37PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45 -	
154235478		Rahu 1:46PM – 3:16PM	Visti Until 11:45PM	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:02PM	Moon – Red			Sivaloka Day
		Panguni Uttiram		Phalgun-Panguni			
		Holi					

Friday, March 18, 2022		Silver Retreat Star			Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Muscat, Oman Sutra 341 Plava 5123
Kanya Rasi: 0.31	Tithi 15 – 16	Gulika 7:44AM – 9:14AM	Uttaraphalguni Until 10:39PM	Ganesha: White	<i>Sunrise:</i> 6:13AM			
		Yama 3:16PM – 4:46PM	Ganda* Until 9:43PM	Muruqa: Clear	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 45 -		
154235478		Rahu 10:45AM – 12:15PM	Balava Until 10:48PM	Nataraja: White		Prathama		
Creative Work	Siddha Yoga		Purnima* Until 11:19AM	Moon – Red			Sivaloka Day	
Until 10:39PM				Phalgun-Panguni				
Then Creative Work - Amrita Yoga								

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Saturday, March 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Muscat, Oman

Sutra 342

Plava 5123

Kanya Rasi: 14.05 Tithi 16 - 17

164235478

Gulika 6:12AM - 7:43AM
Yama 1:45PM - 3:16PM
Rahu 9:14AM - 10:44AM

Hasta Until 10:07PM
Vriddhi Until 7:30PM
Taitila Until 9:26PM

Ganesha: Yellow *Sunrise:* 6:12AM
Muruqa: Clear *Sunset:* 6:17PM
Nataraja: White

Moon 3 - Phase 46 - 1st Phase

Routine Work Marana Yoga

Prathama* Until 10:08AM

Phalguna-Panguni

Devaloka Day

1

Sunday, March 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Muscat, Oman

Sun 1 Sutra 343

Plava 5123

Kanya Rasi: 27.52 Tithi 17 - 18

164235478

Gulika 3:16PM - 4:47PM
Yama 12:14PM - 1:45PM
Rahu 4:47PM - 6:17PM

Chitra Until 9:08PM
Dhruva Until 5:00PM
Vanija Until 7:45PM

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: Clear *Sunset:* 6:17PM
Nataraja: White

Moon 3 - Phase 46 - 1st Phase

Creative Work Siddha Yoga

Dvitiya Until 8:36AM

Phalguna-Panguni

Devaloka Day

2

Monday, March 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Muscat, Oman

Sun 2 Sutra 344

Plava 5123

Tula Rasi: 11.49 Tithi 18 - 19

164235478

Gulika 1:45PM - 3:16PM
Yama 10:43AM - 12:14PM
Rahu 7:41AM - 9:12AM

Svati Until 7:49PM
Vyaghata* Until 2:21PM
Balava Until 4:52AM Tue

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: Clear *Sunset:* 6:18PM
Nataraja: White

Moon 3 - Phase 46 - 2 1st Phase

Creative Work Amrita Yoga

Tritiya Until 6:49AM

Phalguna-Panguni

Devaloka Day

Until 7:49PM

Then Routine Work - Marana Yoga

3

Tuesday, March 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Muscat, Oman

Sun 3 Sutra 345

Plava 5123

Tula Rasi: 25.53 Tithi 20

174235478

Gulika 12:14PM - 1:45PM
Yama 9:12AM - 10:43AM
Rahu 3:16PM - 4:47PM

Vishakha Until 6:40PM
Harshana Until 11:36AM
Kaulava Until 3:53PM

Ganesha: Blue *Sunrise:* 6:10AM
Muruqa: Clear *Sunset:* 6:18PM
Nataraja: White

Moon 3 - Phase 46 - 3 1st Phase

Routine Work Marana Yoga

Panchami Until 2:50AM Wed

Phalguna-Panguni

Sivaloka Day

Until 6:40PM

Then Creative Work - Siddha Yoga

4

Wednesday, March 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Muscat, Oman

Sun 4 Sutra 346

Plava 5123

Virchika Rasi: 9.59 Tithi 21

175235478

Gulika 10:42AM - 12:14PM
Yama 7:40AM - 9:11AM
Rahu 12:14PM - 1:45PM

Anuradha Until 5:19PM
Vajra* Until 8:46AM
Gara Until 1:49PM

Ganesha: Yellow *Sunrise:* 6:09AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: White

Moon 3 - Phase 46 - 4 1st Phase

Creative Work Siddha Yoga

Shashthi* Until 12:45AM Thu

Phalguna-Panguni

Devaloka Day

5

Thursday, March 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Muscat, Oman

Sun 5 Sutra 347

Plava 5123

Virchika Rasi: 24.07 Tithi 22

175235478

Gulika 9:10AM - 10:42AM
Yama 6:08AM - 7:39AM
Rahu 1:45PM - 3:16PM

Jyeshtha* Until 3:49PM
Vyatipata* Until 3:06AM Fri
Visti Until 11:44AM

Ganesha: Yellow *Sunrise:* 6:08AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: White

Moon 3 - Phase 46 - 5 1st Phase

Routine Work Prabalarishta Yoga

Saptami Until 10:40PM

Phalguna-Panguni

Devaloka Day

Until 3:49PM

Then Creative Work - Siddha Yoga

D

Friday, March 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Muscat, Oman

Sun 6 Sutra 348

Plava 5123

Dhanu Rasi: 8.15 Tithi 23

185235478

Gulika 7:38AM - 9:10AM
Yama 3:16PM - 4:48PM
Rahu 10:41AM - 12:13PM

Mula* Until 2:37PM
Variyan Until 12:16AM Sat
Balava Until 9:39AM

Ganesha: Blue *Sunrise:* 6:07AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: White

Moon 3 - Phase 46 - 6 Ashtami

Creative Work Amrita Yoga

Ashtami* Until 8:37PM

Phalguna-Panguni

Bhuloka Day

Until 2:37PM

Then Routine Work - Prabalarishta Yoga

Devaloka Time: 12:PM to 3:PM

Saturday, March 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Muscat, Oman

Sun 7 Sutra 349

Plava 5123

Dhanu Rasi: 22.22 Tithi 24

185235478

Gulika 6:06AM - 7:37AM
Yama 1:44PM - 3:16PM
Rahu 9:09AM - 10:41AM

Purvashadha* Until 1:19PM
Parigha* Until 9:30PM
Taitila Until 7:37AM

Ganesha: Blue *Sunrise:* 6:06AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: White

Moon 3 - Phase 46 - 7 Navami

Creative Work Siddha Yoga

Navami* Until 6:36PM

Phalguna-Panguni

Bhuloka Day

Until 1:19PM

Then Routine Work - Marana Yoga

Devaloka Time: 12:PM to 3:PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

It times are standard time. Calculated for Muscat, Oman on 5/23/1

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1 Sunday, March 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashtyam Titau				Muscat, Oman Sun 8 Sutra 350 Plava 5123
Makara Rasi: 6.26	Tithi 25 – 26	Gulika 3:16PM – 4:48PM	Uttarashadha Until 11:57AM	Ganesha: Blue	<i>Sunrise:</i> 6:05AM	
		Yama 12:12PM – 1:44PM	Shiva Until 6:48PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47 - 8
		185235478 Rahu 4:48PM – 6:20PM	Bava Until 3:45AM Mon	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 4:39PM	Moon – Light Blue		
				Phalguna-Panguni		Bhuloka Day Devaloka Time: 12:PM to 3:PM

2 Monday, March 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Muscat, Oman Sun 9 Sutra 351 Plava 5123
Makara Rasi: 20.26	Tithi 26 – 27	Gulika 1:44PM – 3:16PM	Shravana Until 10:58AM	Ganesha: Red	<i>Sunrise:</i> 6:04AM	
Family Home Evening		Yama 10:40AM – 12:12PM	Siddha Until 4:11PM	Muruqa: Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47 - 9
Creative Work	Amrita Yoga	195235478 Rahu 7:36AM – 9:08AM	Kaulava Until 2:01AM Tue	Nataraja: White		2nd Phase
Until 10:58AM			Ekadashi* Until 2:51PM	Moon – Purple		
Then Creative Work - Siddha Yoga				Phalguna-Panguni		Devaloka Day

3 Tuesday, March 29, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 10 Sutra 352 Plava 5123
Kumbha Rasi: 4.2	Tithi 27 – 28	Gulika 12:12PM – 1:44PM	Dhanishtha Until 10:01AM	Ganesha: Red	<i>Sunrise:</i> 6:03AM	
		Yama 9:07AM – 10:39AM	Sadhya Until 1:45PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47 - 10
		195235478 Rahu 3:16PM – 4:49PM	Gara Until 12:32AM Wed	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:13PM	Moon – Purple		
Until 10:01AM				Phalguna-Panguni		Devaloka Day
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, March 30, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 11 Sutra 353 Plava 5123
Kumbha Rasi: 18.05	Tithi 28 – 29	Gulika 10:39AM – 12:11PM	Shatabhishak Until 9:11AM	Ganesha: Red	<i>Sunrise:</i> 6:02AM	
		Yama 7:34AM – 9:07AM	Subha Until 11:33AM	Muruqa: White	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47 - 11
		195245478 Rahu 12:11PM – 1:44PM	Visti Until 11:21PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:52AM	Moon – Purple		
Until 9:11AM				Phalguna-Panguni		Bhuloka Day Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

Thursday, March 31, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Muscat, Oman Sun 12 Sutra 354 Plava 5123
Retreat Star		Gulika 9:06AM – 10:39AM	Purvaproshtapada* Until 9:01AM	Ganesha: Green	<i>Sunrise:</i> 6:01AM	
Meena Rasi: 1.38	Tithi 29 – 30	Yama 6:01AM – 7:33AM	Sukla Until 9:37AM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 47 - 12
		115245478 Rahu 1:44PM – 3:16PM	Catuspada Until 10:36PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 10:54AM	Moon – Clear		
				Phalguna-Panguni		Bhuloka Day

Friday, April 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman Sun 13 Sutra 355 Plava 5123
Retreat Star		Gulika 7:33AM – 9:06AM	Uttaraproshtapada Until 9:09AM	Ganesha: Green	<i>Sunrise:</i> 6:01AM	
Meena Rasi: 14.56	Tithi 30 – 1	Yama 3:16PM – 4:49PM	Brahma Until 8:04AM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 47 - 13
		115245478 Rahu 10:39AM – 12:11PM	Kintughna Until 10:23PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 10:24AM	Moon – Clear		
		Yugadhi		Chaitra-Panguni		Bhuloka Day

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

ll times are standard time. Calculated for Muscat, Oman on 5/23/1

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1		Saturday, April 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Muscat, Oman
Meena Rasi: 27.56	Tithi 1 – 2	Gulika 6:00AM – 7:32AM	Revati Until 9:40AM	Ganesha: Red	<i>Sunrise:</i> 6:00AM	Sun 14 Sutra 356
		Yama 1:44PM – 3:16PM	Indra Until 6:59AM	Muruqa: White	<i>Sunset:</i> 6:22PM	Plava 5123
		126345478 Rahu 9:05AM – 10:38AM	Balava Until 10:45PM	Nataraja: White		Moon 3 - Phase 48 - 14
Routine Work	Prabalarishta Yoga			Moon – Clear		3rd Phase
Until 9:40AM		Chellappaswami Mahasamadhi	Prathama* Until 10:28AM	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

2		Sunday, April 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Muscat, Oman
Mesha Rasi: 10.4	Tithi 2 – 3	Gulika 3:16PM – 4:49PM	Ashvini Until 11:06AM	Ganesha: White	<i>Sunrise:</i> 5:59AM	Sun 15 Sutra 357
		Yama 12:11PM – 1:43PM	Vaidhriti* Until 6:20AM	Muruqa: White	<i>Sunset:</i> 6:22PM	Plava 5123
		126345478 Rahu 4:49PM – 6:22PM	Taitila Until 11:45PM	Nataraja: White		Moon 3 - Phase 48 - 15
Creative Work	Siddha Yoga			Moon – White		3rd Phase
Until 11:06AM			Dvitiya Until 11:09AM	Chaitra•Panguni	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga						

3		Monday, April 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Muscat, Oman
Mesha Rasi: 23.05	Tithi 3 – 4	Gulika 1:43PM – 3:16PM	Bharani Until 12:59PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	Sun 16 Sutra 358
Family Home Evening		Yama 10:37AM – 12:10PM	Vishkambha* Until 6:11AM	Muruqa: White	<i>Sunset:</i> 6:23PM	Plava 5123
		126345478 Rahu 7:31AM – 9:04AM	Vanija Until 1:20AM Tue	Nataraja: White		Moon 3 - Phase 48 - 16
Creative Work	Siddha Yoga			Moon – White		3rd Phase
Until 12:59PM			Tritiya Until 12:27PM	Chaitra•Panguni	Bhuloka Day	
Then Routine Work - Marana Yoga						

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Muscat, Oman
Vrishabha Rasi: 5.17	Tithi 4 – 5	Gulika 12:10PM – 1:43PM	Krittika Until 3:13PM	Ganesha: White	<i>Sunrise:</i> 5:57AM	Sun 17 Sutra 359
		Yama 9:03AM – 10:37AM	Priti Until 6:30AM	Muruqa: White	<i>Sunset:</i> 6:23PM	Plava 5123
		126345478 Rahu 3:17PM – 4:50PM	Bava Until 3:25AM Wed	Nataraja: White		Moon 3 - Phase 48 - 17
Creative Work	Siddha Yoga			Moon – White		3rd Phase
Until 3:13PM			Chaturthi* Until 2:18PM	Chaitra•Panguni	Bhuloka Day	
Then Creative Work - Amrita Yoga						

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Muscat, Oman
Vrishabha Rasi: 17.16	Tithi 5 – 6	Gulika 10:36AM – 12:10PM	Rohini Until 6:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Sun 18 Sutra 360
		Yama 7:29AM – 9:03AM	Ayushman Until 7:09AM	Muruqa: White	<i>Sunset:</i> 6:23PM	Plava 5123
		136345478 Rahu 12:10PM – 1:43PM	Kaulava Until 5:51AM Thu	Nataraja: White		Moon 3 - Phase 48 - 18
Creative Work	Siddha Yoga			Moon – Yellow		3rd Phase
			Panchami Until 4:35PM	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

6		Thursday, April 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila Karana Shashthyam Titau		Muscat, Oman
Vrishabha Rasi: 29.09	Tithi 6	Gulika 9:02AM – 10:36AM	Mrigashira Until 9:13PM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM	Sun 19 Sutra 361
		Yama 5:55AM – 7:28AM	Saubhagya Until 8:02AM	Muruqa: White	<i>Sunset:</i> 6:24PM	Plava 5123
		136345478 Rahu 1:43PM – 3:17PM	Taitila Until 7:06PM	Nataraja: White		Moon 3 - Phase 48 - 19
Routine Work	Marana Yoga			Moon – Yellow		3rd Phase
			Shashthi* Until 7:06PM	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

Retreat Star		Friday, April 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Muscat, Oman
Mithuna Rasi: 10.59	Tithi 7	Gulika 7:28AM – 9:02AM	Ardra Until 12:03AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	Sun 20 Sutra 362
		Yama 3:17PM – 4:50PM	Sobhana Until 9:01AM	Muruqa: White	<i>Sunset:</i> 6:24PM	Plava 5123
		136345478 Rahu 10:35AM – 12:09PM	Gara Until 8:23AM	Nataraja: White		Moon 3 - Phase 48 - 20
Creative Work	Siddha Yoga			Moon – Yellow		3rd Phase
			Saptami Until 9:36PM	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 6:AM to 9:AM

Retreat Star		Saturday, April 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Muscat, Oman
Mithuna Rasi: 22.52	Tithi 8	Gulika 5:53AM – 7:27AM	Punarvasu Until 2:59AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:53AM	Sun 21 Sutra 363
		Yama 1:43PM – 3:17PM	Athiganda* Until 9:53AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Plava 5123
		147345478 Rahu 9:01AM – 10:35AM	Visti Until 10:49AM	Nataraja: White		Moon 3 - Phase 48 - 21
Creative Work	Siddha Yoga			Moon – Blue		Ashtami
			Ashtami* Until 11:54PM	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

Retreat Star		Sunday, April 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Muscat, Oman
Kataka Rasi: 4.5	Tithi 9	Gulika 3:17PM – 4:51PM	Pushya Until 5:19AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	Sun 22 Sutra 364
		Yama 12:09PM – 1:43PM	Sukarma Until 10:31AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Plava 5123
		147345478 Rahu 4:51PM – 6:25PM	Balava Until 12:54PM	Nataraja: White		Moon 3 - Phase 48 - 22
Creative Work	Siddha Yoga			Moon – Blue		Navami
		Sri Rama Navami	Navami* Until 1:45AM Mon	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


1	Monday, April 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Muscat, Oman
	Kataka Rasi: 17	Tithi 10	Gulika 1:43PM – 3:17PM	Ashlesha* Until 6:54AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	Plava 5123
	Family Home Evening	147345478	Yama 10:34AM – 12:08PM	Dhriti Until 10:46AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 49 - 23
	Creative Work Siddha Yoga		Rahu 7:25AM – 9:00AM	Taitila Until 2:28PM	Nataraja: White		4th Phase
			Dashami Until 3:00AM Tue	Chaitra•Panguni		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

2	Tuesday, April 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Magha* Nakshatra Shula* Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Muscat, Oman
	Kataka Rasi: 29.26	Tithi 11	Gulika 12:08PM – 1:42PM	Ashlesha* Until 6:54AM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Plava 5123
		147345478	Yama 8:59AM – 10:34AM	Shula* Until 10:31AM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 49 - 24
	Creative Work Siddha Yoga		Rahu 3:17PM – 4:51PM	Vanija Until 3:23PM	Nataraja: White		4th Phase
			Ekadashi Until 3:33AM Wed	Chaitra•Panguni		Bhuloka Day Devaloka Time: 9:AM to 12:PM	

3	Wednesday, April 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Dvadashyam Titau				Muscat, Oman
	Simha Rasi: 12.11	Tithi 12	Gulika 10:33AM – 12:08PM	Magha* Until 8:06AM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	Plava 5123
		157345478	Yama 7:24AM – 8:58AM	Ganda* Until 9:43AM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 49 - 25
	Creative Work Siddha Yoga		Rahu 12:08PM – 1:42PM	Bava Until 3:34PM	Nataraja: White		4th Phase
			Dvadashi Until 3:22AM Thu	Chaitra•Panguni		Devaloka Day	

4	Thursday, April 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Muscat, Oman
	Simha Rasi: 25.18	Tithi 13	Gulika 8:58AM – 10:33AM	Purvaphalguni Until 8:27AM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	Subhakrit 5124
		157345478	Yama 5:48AM – 7:23AM	Vridhi Until 8:22AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 49 - 26
	Creative Work Siddha Yoga		Rahu 1:42PM – 3:17PM	Kaulava Until 3:01PM	Nataraja: White		4th Phase
		Tamil New Year	Trayodashi Until 2:29AM Fri	Chaitra•Chaitra		Devaloka Day	
			<i>Pradosha Vrata</i>				

5	Friday, April 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman
	Kanya Rasi: 8.47	Tithi 14	Gulika 7:22AM – 8:57AM	Uttaraphalguni Until 7:58AM	Ganesha: White	<i>Sunrise:</i> 5:47AM	Subhakrit 5124
		258345478	Yama 3:17PM – 4:52PM	Dhruva Until 6:26AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 49 - 27
	Creative Work Siddha Yoga		Rahu 10:32AM – 12:07PM	Gara Until 1:49PM	Nataraja: White		4th Phase
			Chaturdashi* Until 12:58AM Sat	Chaitra•Chaitra		Bhuloka Day	

	Saturday, April 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman
	Copper Retreat Star		Gulika 5:47AM – 7:22AM	Hasta Until 7:11AM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Subhakrit 5124
	Kanya Rasi: 22.38	Tithi 15	Yama 1:42PM – 3:17PM	Harshana Until 1:15AM Sun	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 49 - Purnima
	Routine Work Marana Yoga	268345478	Rahu 8:57AM – 10:32AM	Visti Until 12:02PM	Nataraja: White		
		Chitra Purnima (Tamil Nadu)	Purnima* Until 10:57PM	Chaitra•Chaitra		Bhuloka Day Devaloka Time: 6:AM to 9:AM	
		Hanuman Jayanti					

Sunday, April 17, 2022	Silver Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman
	Tula Rasi: 6.47	Tithi 16	Gulika 3:17PM – 4:52PM	Svati Until 3:55AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Subhakrit 5124
		268345478	Yama 12:07PM – 1:42PM	Vajra* Until 10:09PM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 49 - Prathama
	Creative Work Siddha Yoga		Rahu 4:52PM – 6:28PM	Balava Until 9:48AM	Nataraja: White		
			Prathama* Until 8:33PM	Chaitra•Chaitra		Bhuloka Day Devaloka Time: 6:AM to 9:AM	

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for on 5/23/19

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