



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 27.48 Tithi 17

278784469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 11:01AM – 12:32PM
Yama 8:00AM – 9:30AM
Rahu 12:32PM – 2:02PM

Vishakha Until 2:44PM
Vyatipata* Until 1:22PM
Taitila Until 12:57PM
Dvitiya Until 11:08PM

Ganesha: Blue Sunrise: 6:29AM
Muruga: White Sunset: 6:34PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Devaloka Day

Nairobi, Kenya
Sutra 17
Plava 5123
Moon 4 - Phase 2 - 1st Phase

1

Thursday, April 29, 2021

Vrischika Rasi: 12.54 Tithi 18

278784469

Creative Work Siddha Yoga

Until 12:01PM

Then Routine Work - Prabararishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 9:30AM – 11:01AM
Yama 6:29AM – 8:00AM
Rahu 2:02PM – 3:33PM

Anuradha Until 12:01PM
Variyan Until 9:19AM
Vanija Until 9:24AM
Tritiya Until 7:43PM

Ganesha: Blue Sunrise: 6:29AM
Muruga: White Sunset: 6:34PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Devaloka Day

Nairobi, Kenya
Sun 1 Sutra 18
Plava 5123
Moon 4 - Phase 2 - 1st Phase

2

Friday, April 30, 2021

Vrischika Rasi: 27.46 Tithi 19 – 20

278784469

Routine Work Marana Yoga

Until 9:31AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:00AM – 9:30AM
Yama 3:32PM – 5:03PM
Rahu 11:01AM – 12:31PM

Jyeshtha* Until 9:31AM
Shiva Until 2:11AM Sat
Bava Until 6:10AM
Chaturthi* Until 4:42PM

Ganesha: Blue Sunrise: 6:29AM
Muruga: White Sunset: 6:33PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Devaloka Day

Nairobi, Kenya
Sun 2 Sutra 19
Plava 5123
Moon 4 - Phase 2 - 2nd Phase

3

Saturday, May 1, 2021

Dhanus Rasi: 12.16 Tithi 20 – 21

288794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:29AM – 8:00AM
Yama 2:02PM – 3:32PM
Rahu 9:30AM – 11:01AM

Mula* Until 7:45AM
Siddha Until 11:15PM
Gara Until 1:12AM Sun
Panchami Until 2:12PM

Ganesha: Red Sunrise: 6:29AM
Muruga: Yellow Sunset: 6:33PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Nairobi, Kenya
Sun 3 Sutra 20
Plava 5123
Moon 4 - Phase 2 - 3rd Phase

4

Sunday, May 2, 2021

Dhanus Rasi: 26.23 Tithi 21 – 22

288794469

Creative Work Siddha Yoga

Until 6:28AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:32PM – 5:03PM
Yama 12:31PM – 2:02PM
Rahu 5:03PM – 6:33PM

Purvashadha* Until 6:28AM
Sadhya Until 8:53PM
Visti Until 11:40PM
Shashthi* Until 12:20PM

Ganesha: Red Sunrise: 6:29AM
Muruga: Yellow Sunset: 6:33PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Nairobi, Kenya
Sun 4 Sutra 21
Plava 5123
Moon 4 - Phase 2 - 4th Phase

Monday, May 3, 2021

Retreat Star

Makara Rasi: 10.05 Tithi 22 – 23

Family Home Evening

298794469

Creative Work Amrita Yoga

Until 5:54AM Tue

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shrivana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:01PM – 3:32PM
Yama 11:00AM – 12:31PM
Rahu 7:59AM – 9:30AM

Shrivana Until 5:54AM Tue
Subha Until 7:04PM
Balava Until 10:50PM
Saptami Until 11:09AM

Ganesha: Green Sunrise: 6:29AM
Muruga: Yellow Sunset: 6:33PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Nairobi, Kenya
Sun 5 Sutra 22
Plava 5123
Moon 4 - Phase 2 - 5th Phase

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 23.22 Tithi 23 – 24

298794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:31PM – 2:01PM
Yama 9:30AM – 11:00AM
Rahu 3:32PM – 5:02PM

Dhanishtha Until 6:39AM Wed
Sukla Until 5:48PM
Taitila Until 10:42PM
Ashtami* Until 10:40AM

Ganesha: Green Sunrise: 6:29AM
Muruga: Yellow Sunset: 6:33PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Nairobi, Kenya
Sun 6 Sutra 23
Plava 5123
Moon 4 - Phase 2 - 6th Phase

1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 7 Sutra 24
	Kumbha Rasi: 6.19	Tithi 24 – 25	Gulika 11:00AM – 12:31PM	Dhanishtha Until 6:39AM	Ganesha: Red	<i>Sunrise:</i> 6:29AM	Plava 5123
			Yama 7:59AM – 9:30AM	Brahma Until 5:04PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 3 - 7
	299794469		Rahu 12:31PM – 2:01PM	Vanija Until 11:13PM	Nataraja: Clear		2nd Phase
Routine Work Prabalarishta Yoga Until 6:39AM Then Creative Work - Siddha Yoga		Navami* Until 10:52AM		Chaitra*Chaitra		Devaloka Day	


2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vistii*/Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 8 Sutra 25
	Kumbha Rasi: 18.56	Tithi 25 – 26	Gulika 9:30AM – 11:00AM	Shatabhishak Until 7:51AM	Ganesha: Red	<i>Sunrise:</i> 6:29AM	Plava 5123
			Yama 6:29AM – 7:59AM	Indra Until 4:49PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 3 - 8
	299794469		Rahu 2:01PM – 3:32PM	Bava Until 12:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga		Dashami Until 11:41AM		Chaitra*Chaitra		Devaloka Day	

3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 9 Sutra 26
	Meena Rasi: 1.19	Tithi 26 – 27	Gulika 7:59AM – 9:30AM	Purvaproshtapada* Until 9:54AM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Plava 5123
			Yama 3:32PM – 5:02PM	Vaidhriti* Until 4:57PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 3 - 9
	219794469		Rahu 11:00AM – 12:31PM	Kaulava Until 1:54AM Sat	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga		Ekadashi* Until 1:02PM		Chaitra*Chaitra		Devaloka Day	

4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 10 Sutra 27
	Meena Rasi: 13.31	Tithi 27 – 28	Gulika 6:29AM – 7:59AM	Uttaraproshtapada Until 12:14PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Plava 5123
			Yama 2:01PM – 3:32PM	Vishkambha* Until 5:25PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 3 - 10
	219794469		Rahu 9:30AM – 11:00AM	Gara Until 3:53AM Sun	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga Until 12:14PM Then Routine Work - Prabalarishta Yoga		Dvadashi* Until 2:50PM		Chaitra*Chaitra		Devaloka Day	
<i>Pradosha Vrata (Fasting)</i>							

5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 11 Sutra 28
	Meena Rasi: 25.33	Tithi 28 – 29	Gulika 3:32PM – 5:02PM	Revati Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Plava 5123
			Yama 12:30PM – 2:01PM	Priti Until 6:10PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 3 - 11
	219794469		Rahu 5:02PM – 6:33PM	Visti Until 6:11AM Mon	Nataraja: Clear		2nd Phase
Creative Work Amrita Yoga Until 2:45PM Then Creative Work - Siddha Yoga		Mother's Day		Trayodashi* Until 4:59PM		Chaitra*Chaitra	Devaloka Day

6	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 12 Sutra 29
	Mesha Rasi: 7.28	Tithi 29	Gulika 2:01PM – 3:31PM	Ashvini Until 5:52PM	Ganesha: Orange	<i>Sunrise:</i> 6:28AM	Plava 5123
	Family Home Evening		Yama 11:00AM – 12:30PM	Ayushman Until 7:05PM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 3 - 12
	229794469		Rahu 7:59AM – 9:29AM	Visti Until 6:11AM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga		Chaturdashi* Until 7:24PM		Chaitra*Chaitra		Devaloka Day	

	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 30
	Retreat Star		Gulika 12:30PM – 2:01PM	Bharani Until 8:59PM	Ganesha: Orange	<i>Sunrise:</i> 6:28AM	Plava 5123
	Mesha Rasi: 19.18	Tithi 30	Yama 9:29AM – 11:00AM	Saubhagya Until 8:08PM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 3 - 13
	229794469		Rahu 3:31PM – 5:02PM	Catuspada Until 8:41AM	Nataraja: Clear		Amavasya
Creative Work Siddha Yoga		Amavasya* Until 9:58PM		Chaitra*Chaitra		Devaloka Day	

Retreat Star	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 31
	Vrishabha Rasi: 1.05	Tithi 1	Gulika 11:00AM – 12:30PM	Krittika Until 11:58PM	Ganesha: Orange	<i>Sunrise:</i> 6:28AM	Plava 5123
			Yama 7:59AM – 9:29AM	Sobhana Until 9:16PM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 3 - 14
	229794469		Rahu 12:30PM – 2:01PM	Kintughna Until 11:19AM	Nataraja: Clear		Prathama
Creative Work Amrita Yoga Until 11:58PM Then Creative Work - Siddha Yoga		Prathama* Until 12:36AM Thu		Vaisaka*Chaitra		Devaloka Day	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Nairobi, Kenya Sun 15 Sutra 32 Plava 5123
	Vrishabha Rasi: 12.52	Tithi 2	Gulika 9:29AM – 11:00AM Yama 6:28AM – 7:59AM 231794469 Rahu 2:01PM – 3:31PM	Rohini Until 3:15AM Fri Athiganda* Until 10:19PM Balava Until 1:56PM Dvitiya Until 3:10AM Fri	Ganesha: Red <i>Sunrise:</i> 6:28AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Yellow Devaloka Day Vaisaka-Chaitra
	Routine Work	Marana Yoga			
	Until 3:15AM Fri	Then Creative Work - Siddha Yoga			

2	Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Nairobi, Kenya Sun 16 Sutra 33 Plava 5123
	Vrishabha Rasi: 24.41	Tithi 3	Gulika 7:59AM – 9:29AM Yama 3:31PM – 5:02PM 231794469 Rahu 11:00AM – 12:30PM	Mrigashira Until 6:10AM Sat Sukarma Until 11:15PM Taitila Until 4:24PM Tritiya Until 5:32AM Sat	Ganesha: Red <i>Sunrise:</i> 6:28AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Yellow Devaloka Day Vaisaka-Vaikasi
	Creative Work	Siddha Yoga			

3	Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Vanija Karana Chaturthyam Titau		Nairobi, Kenya Sun 17 Sutra 34 Plava 5123
	Mithuna Rasi: 6.34	Tithi 4	Gulika 6:28AM – 7:59AM Yama 2:01PM – 3:31PM 231894469 Rahu 9:29AM – 11:00AM	Mrigashira Until 6:10AM Dhriti Until 11:59PM Vanija Until 6:37PM Chaturthi* Until 7:34AM Sun	Ganesha: Green <i>Sunrise:</i> 6:28AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Vaisaka-Vaikasi
	Creative Work	Siddha Yoga			

4	Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Nairobi, Kenya Sun 18 Sutra 35 Plava 5123
	Mithuna Rasi: 18.36	Tithi 4 – 5	Gulika 3:31PM – 5:02PM Yama 12:30PM – 2:01PM 231894469 Rahu 5:02PM – 6:32PM	Ardra Until 8:35AM Shula* Until 12:21AM Mon Bava Until 8:26PM Chaturthi* Until 7:34AM	Ganesha: Green <i>Sunrise:</i> 6:28AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Vaisaka-Vaikasi
	Creative Work	Siddha Yoga			

5	Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Nairobi, Kenya Sun 19 Sutra 36 Plava 5123
	Kataka Rasi: 0.49	Tithi 5 – 6	Gulika 2:01PM – 3:31PM Yama 11:00AM – 12:30PM 241894469 Rahu 7:59AM – 9:29AM	Punarvasu Until 10:53AM Ganda* Until 12:19AM Tue Kaulava Until 9:43PM Panchami Until 9:08AM	Ganesha: Red <i>Sunrise:</i> 6:29AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Blue Devaloka Day Vaisaka-Vaikasi
	Family Home Evening	Amrita Yoga			
	Until 10:53AM	Then Creative Work - Siddha Yoga			

6	Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Nairobi, Kenya Sun 20 Sutra 37 Plava 5123
	Kataka Rasi: 13.16	Tithi 6 – 7	Gulika 12:30PM – 2:01PM Yama 9:29AM – 11:00AM 241894469 Rahu 3:31PM – 5:02PM	Pushya Until 12:26PM Vriddhi Until 11:47PM Gara Until 10:21PM Shashthi* Until 10:06AM	Ganesha: Red <i>Sunrise:</i> 6:29AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Blue Devaloka Day Vaisaka-Vaikasi
	Creative Work	Siddha Yoga			

D	Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Nairobi, Kenya Sun 21 Sutra 38 Plava 5123
	Retreat Star		Gulika 11:00AM – 12:30PM Yama 7:59AM – 9:30AM 241894469 Rahu 12:30PM – 2:01PM	Ashlesha* Until 1:10PM Dhruva Until 10:39PM Visti Until 10:15PM Saptami Until 10:23AM	Ganesha: Red <i>Sunrise:</i> 6:29AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Blue Devaloka Day Vaisaka-Vaikasi
	Kataka Rasi: 26.02	Tithi 7 – 8			
	Creative Work	Siddha Yoga			

D	Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Nairobi, Kenya Sun 22 Sutra 39 Plava 5123
	Retreat Star		Gulika 9:30AM – 11:00AM Yama 6:29AM – 7:59AM 251894469 Rahu 2:01PM – 3:31PM	Magha* Until 1:27PM Vyaghata* Until 8:56PM Balava Until 9:25PM Ashtami* Until 9:54AM	Ganesha: Blue <i>Sunrise:</i> 6:29AM Muruqa: Yellow <i>Sunset:</i> 6:32PM Nataraja: Clear Moon – Red Bhuloka Day Devaloka Time: 3:PM to 6:PM Vaisaka-Vaikasi
	Simha Rasi: 9.1	Tithi 8 – 9			
	Creative Work	Amrita Yoga			


1	Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Visti* Karana Navami/Dashmyam Titau				Nairobi, Kenya
	Simha Rasi: 22.42	Tithi 9 – 10	Gulika 7:59AM – 9:30AM	Purvaphalguni Until 12:51PM	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	Sun 23 Sutra 40
			Yama 3:32PM – 5:02PM	Harshana Until 6:37PM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Plava 5123
	251894469	Rahu 11:00AM – 12:31PM		Taitila Until 7:49PM	Nataraja: Clear		Moon 4 - Phase 5 - 23
Creative Work	Siddha Yoga		Navami* Until 8:41AM	Moon – Red		4th Phase	
				Vaisaka-Vaikasi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	


2	Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Nairobi, Kenya
	Kanya Rasi: 6.41	Tithi 10 – 11	Gulika 6:29AM – 7:59AM	Uttaraphalguni Until 11:25AM	Ganesha: Blue	<i>Sunrise:</i> 6:29AM	Sun 24 Sutra 41
			Yama 2:01PM – 3:32PM	Vajra* Until 3:44PM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Plava 5123
	251894469	Rahu 9:30AM – 11:00AM		Visti Until 4:11AM Sun	Nataraja: Clear		Moon 4 - Phase 5 - 24
Routine Work	Marana Yoga		Dashami Until 6:45AM	Moon – Red		4th Phase	
				Vaisaka-Vaikasi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3	Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvodashyam Titau				Nairobi, Kenya
	Kanya Rasi: 21.05	Tithi 12	Gulika 3:32PM – 5:02PM	Hasta Until 9:39AM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Sun 25 Sutra 42
			Yama 12:31PM – 2:01PM	Siddhi Until 12:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Plava 5123
	262894469	Rahu 5:02PM – 6:33PM		Bava Until 2:43PM	Nataraja: Clear		Moon 4 - Phase 5 - 25
Creative Work	Amrita Yoga		Dvodashi Until 1:07AM Mon	Moon – Green		4th Phase	
Until 9:39AM				Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

4	Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nairobi, Kenya
	Tula Rasi: 5.52	Tithi 13	Gulika 2:01PM – 3:32PM	Chitra Until 7:16AM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Sun 26 Sutra 43
	Family Home Evening		Yama 11:00AM – 12:31PM	Vyatipata* Until 8:40AM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Plava 5123
	262894469	Rahu 7:59AM – 9:30AM		Kaulava Until 11:26AM	Nataraja: Clear		Moon 4 - Phase 5 - 26
Routine Work	Prabalarishta Yoga		Trayodashi Until 9:39PM	Moon – Green		4th Phase	
Until 7:16AM				Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Amrita Yoga							
						<i>Pradosha Vrata</i>	

5	Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya
	Tula Rasi: 20.54	Tithi 14 – 15	Gulika 12:31PM – 2:01PM	Vishakha Until 1:39AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sun 27 Sutra 44
			Yama 9:30AM – 11:00AM	Parigha* Until 12:29AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Plava 5123
	272894469	Rahu 3:32PM – 5:02PM		Gara Until 7:51AM	Nataraja: Clear		Moon 4 - Phase 5 - 27
Routine Work	Marana Yoga		Chaturdashi* Until 5:59PM	Moon – Orange		4th Phase	
Until 1:39AM Wed		Vaikasi Visakam		Vaisaka-Vaikasi		Devaloka Day	
Then Creative Work - Siddha Yoga							

	Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya
	Copper Retreat Star		Gulika 11:01AM – 12:31PM	Anuradha Until 10:44PM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Sutra 45
	Vrischika Rasi: 6.04	Tithi 15 – 16	Yama 8:00AM – 9:30AM	Shiva Until 8:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Plava 5123
	372894469	Rahu 12:31PM – 2:01PM		Balava Until 12:23AM Thu	Nataraja: Clear		Moon 4 - Phase 5 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:13PM	Moon – Orange			
		Budha Purnima (Tamil Nadu)		Vaisaka-Vaikasi		Sivaloka Day	

	Thursday, May 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya
	Silver Retreat Star		Gulika 9:30AM – 11:01AM	Jyeshtha* Until 7:51PM	Ganesha: White	<i>Sunrise:</i> 6:29AM	Sutra 46
	Vrischika Rasi: 21.14	Tithi 16 – 17	Yama 6:29AM – 8:00AM	Siddha Until 4:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Plava 5123
	372894469	Rahu 2:02PM – 3:32PM		Taitila Until 8:49PM	Nataraja: Clear		Moon 4 - Phase 5 - Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 10:33AM	Moon – Orange			
Until 7:51PM				Vaisaka-Vaikasi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Nairobi, Kenya on 5/23/1

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Friday, May 28, 2021
Gold Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Gara/Visli* Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 47

Plava 5123

Dhanus Rasi: 6.13 Tithi 17 - 18

382894469

Gulika 8:00AM - 9:30AM
Yama 3:32PM - 5:03PM
Rahu 11:01AM - 12:31PM

Mula* Until 5:32PM
Sadhya Until 12:26PM
Visti Until 4:06AM Sat
Dvitiya Until 7:08AM

Ganesha: Clear *Sunrise: 6:29AM*
Muruqa: Yellow *Sunset: 6:33PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Moon 5 - Phase 6 - 1
1st Phase

Creative Work Amrita Yoga

Until 5:32PM

Then Routine Work - Prabalarishta Yoga

1

Saturday, May 29, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthiyam Titau

Nairobi, Kenya

Sun 2 Sutra 48

Plava 5123

Dhanus Rasi: 20.54 Tithi 19

382894469

Gulika 6:30AM - 8:00AM
Yama 2:02PM - 3:32PM
Rahu 9:30AM - 11:01AM

Purvashadha* Until 3:34PM
Subha Until 8:59AM
Bava Until 2:47PM
Chaturthi* Until 1:35AM Sun

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Yellow *Sunset: 6:33PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Moon 5 - Phase 6 - 2
1st Phase

Creative Work Siddha Yoga

Until 3:34PM

Then Routine Work - Marana Yoga

2

Sunday, May 30, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 49

Plava 5123

Makara Rasi: 5.12 Tithi 20

382894469

Gulika 3:32PM - 5:03PM
Yama 12:31PM - 2:02PM
Rahu 5:03PM - 6:33PM

Uttarashadha Until 2:03PM
Brahma Until 6:00AM
Kaulava Until 12:36PM
Panchami Until 11:44PM

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Yellow *Sunset: 6:33PM*
Nataraja: Clear
Moon - Light Blue
Vaisaka-Vaikasi

Devaloka Day

Moon 5 - Phase 6 - 3
1st Phase

Creative Work Amrita Yoga

3

Monday, May 31, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 50

Plava 5123

Makara Rasi: 19.04 Tithi 21

392894469

Gulika 2:02PM - 3:33PM
Yama 11:01AM - 12:32PM
Rahu 8:00AM - 9:31AM

Shravana Until 1:32PM
Indra Until 1:43AM Tue
Gara Until 11:06AM
Shashthi* Until 10:38PM

Ganesha: Purple *Sunrise: 6:30AM*
Muruqa: Yellow *Sunset: 6:33PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Moon 5 - Phase 6 - 4
1st Phase

Creative Work Amrita Yoga

Until 1:32PM

Then Creative Work - Siddha Yoga

4

Tuesday, June 1, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Nairobi, Kenya

Sun 5 Sutra 51

Plava 5123

Kumbha Rasi: 2.29 Tithi 22

392894469

Gulika 12:32PM - 2:02PM
Yama 9:31AM - 11:01AM
Rahu 3:33PM - 5:03PM

Dhanishtha Until 1:38PM
Vaidhriti* Until 12:30AM Wed
Visti Until 10:23AM
Saptami Until 10:18PM

Ganesha: Purple *Sunrise: 6:30AM*
Muruqa: Yellow *Sunset: 6:34PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Moon 5 - Phase 6 - 5
1st Phase

Creative Work Siddha Yoga

Until 1:38PM

Then Routine Work - Marana Yoga

D

Wednesday, June 2, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak*/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 52

Plava 5123

Kumbha Rasi: 15.29 Tithi 23

392894469

Gulika 11:01AM - 12:32PM
Yama 8:01AM - 9:31AM
Rahu 12:32PM - 2:02PM

Shatabhishak Until 2:20PM
Vishkambha* Until 11:54PM
Balava Until 10:27AM
Ashtami* Until 10:45PM

Ganesha: Purple *Sunrise: 6:30AM*
Muruqa: Yellow *Sunset: 6:34PM*
Nataraja: Clear
Moon - Purple
Vaisaka-Vaikasi

Sivaloka Day

Moon 5 - Phase 6 - 6
Ashtami

Creative Work Siddha Yoga

Until 2:20PM

Then Creative Work - Amrita Yoga

Thursday, June 3, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttarproshthapada Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 53

Plava 5123

Kumbha Rasi: 28.07 Tithi 24

312894469

Gulika 9:31AM - 11:02AM
Yama 6:30AM - 8:01AM
Rahu 2:03PM - 3:33PM

Purvaprosarthapada* Until 4:04PM
Priti Until 11:52PM
Taitila Until 11:15AM
Navami* Until 11:53PM

Ganesha: Blue *Sunrise: 6:30AM*
Muruqa: Yellow *Sunset: 6:34PM*
Nataraja: Clear
Moon - Clear
Vaisaka-Vaikasi

Sivaloka Day

Moon 5 - Phase 6 - 7
Navami

Creative Work Siddha Yoga


1	Friday, June 4, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya	
	Meena Rasi: 10.27	Tithi 25	Uttaraproshtapada Nakshatra Ayushman Yoga Vanija/Vistii* Karana Dashamyam Titau				Sun 8 Sutra 54
	Creative Work Siddha Yoga	312894469	Gulika 8:01AM – 9:31AM	Uttaraproshtapada Until 6:15PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Plava 5123
			Yama 3:33PM – 5:04PM	Ayushman Until 12:15AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 7 - 8
		Rahu 11:02AM – 12:32PM	Vanija Until 12:43PM	Nataraja: Clear		2nd Phase	
			Dashami Until 1:37AM Sat	Moon – Clear		Sivaloka Day	
				Vaisaka-Vaikasi			

2	Saturday, June 5, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam				Nairobi, Kenya	
	Meena Rasi: 22.33	Tithi 26	Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 55
	Routine Work Prabalarishta Yoga	312894461	Gulika 6:31AM – 8:01AM	Revati Until 8:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Plava 5123
			Yama 2:03PM – 3:33PM	Saubhagya Until 1:01AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 7 - 9
		Rahu 9:32AM – 11:02AM	Bava Until 2:41PM	Nataraja: Yellow		2nd Phase	
			Ekadashi* Until 3:48AM Sun	Moon – Clear		Sivaloka Day	
				Vaisaka-Vaikasi			

3	Sunday, June 6, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya	
	Mesha Rasi: 4.29	Tithi 27	Ashvini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 56
	Creative Work Siddha Yoga	323894461	Gulika 3:33PM – 5:04PM	Ashvini Until 11:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Plava 5123
			Yama 12:33PM – 2:03PM	Sobhana Until 2:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 7 - 10
		Rahu 5:04PM – 6:34PM	Kaulava Until 5:02PM	Nataraja: Yellow		2nd Phase	
			Dvadashi* Until 6:16AM Mon	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4	Monday, June 7, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Nairobi, Kenya	
	Mesha Rasi: 16.19	Tithi 27 – 28	Bharani Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 57
	Family Home Evening	323894461	Gulika 2:03PM – 3:34PM	Bharani Until 3:02AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Plava 5123
			Yama 11:02AM – 12:33PM	Athiganda* Until 3:07AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 5 - Phase 7 - 11
		Rahu 8:02AM – 9:32AM	Gara Until 7:36PM	Nataraja: Yellow		2nd Phase	
			Dvadashi* Until 6:16AM	Moon – White		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, June 8, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam				Nairobi, Kenya	
	Mesha Rasi: 28.07	Tithi 28 – 29	Krittika Nakshatra Sukarma Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 58
	Creative Work Siddha Yoga	323994461	Gulika 12:33PM – 2:03PM	Krittika Until 6:02AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:31AM	Plava 5123
			Yama 9:32AM – 11:03AM	Sukarma Until 4:14AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 7 - 12
		Rahu 3:34PM – 5:04PM	Vistii Until 10:13PM	Nataraja: Yellow		2nd Phase	
			Trayodashi* Until 8:53AM	Moon – White		Devaloka Day	
				Vaisaka-Vaikasi			

	Wednesday, June 9, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam				Nairobi, Kenya	
	Retreat Star		Krittika/Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 59
	Vrishabha Rasi: 9.53	Tithi 29 – 30	Gulika 11:03AM – 12:33PM	Krittika Until 6:02AM	Ganesha: Red	<i>Sunrise:</i> 6:31AM	Plava 5123
	Creative Work Amrita Yoga	323994461	Yama 8:02AM – 9:32AM	Dhriti Until 5:17AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 7 - 13
		Rahu 12:33PM – 2:04PM	Catuspada Until 12:44AM Thu	Nataraja: Yellow		Amavasya	
			Chaturdashi* Until 11:28AM	Moon – White		Devaloka Day	
				Vaisaka-Vaikasi			

Retreat Star	Thursday, June 10, 2021	Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Nairobi, Kenya	
	Vrishabha Rasi: 21.43	Tithi 30 – 1	Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 60
	Routine Work Marana Yoga	333994461	Gulika 9:33AM – 11:03AM	Rohini Until 9:14AM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Plava 5123
			Yama 6:32AM – 8:02AM	Shula* Until 6:07AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Moon 5 - Phase 7 - 14
		Rahu 2:04PM – 3:34PM	Kintughna Until 3:03AM Fri	Nataraja: Yellow		Prathama	
			Amavasya* Until 1:54PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Friday, June 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 15
	Mithuna Rasi: 3.38	Tithi 1 – 2	Gulika 8:02AM – 9:33AM	Mrigashira Until 12:02PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Sutra 61
			Yama 3:34PM – 5:05PM	Shula* Until 6:07AM	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Plava 5123
	333994461	Rahu	11:03AM – 12:34PM	Balava Until 5:02AM Sat	Nataraja: Yellow		Moon 5 - Phase 8 - 15 3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 4:04PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2	Saturday, June 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhi* Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Nairobi, Kenya Sun 16
	Mithuna Rasi: 15.41	Tithi 2 – 3	Gulika 6:32AM – 8:03AM	Ardra Until 2:19PM	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Sutra 62
			Yama 2:04PM – 3:35PM	Ganda* Until 6:43AM	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Plava 5123
	333994461	Rahu	9:33AM – 11:03AM	Taitila Until 6:37AM Sun	Nataraja: Yellow		Moon 5 - Phase 8 - 16 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 5:52PM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

3	Sunday, June 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trityayam Titau				Nairobi, Kenya Sun 17
	Mithuna Rasi: 27.54	Tithi 3	Gulika 3:35PM – 5:05PM	Punarvasu Until 4:32PM	Ganesha: Red	<i>Sunrise:</i> 6:32AM	Sutra 63
			Yama 12:34PM – 2:04PM	Vridhi Until 7:02AM	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Plava 5123
	343994461	Rahu	5:05PM – 6:36PM	Taitila Until 6:37AM	Nataraja: Yellow		Moon 5 - Phase 8 - 17 3rd Phase
Creative Work	Siddha Yoga		Tritya Until 7:14PM	Moon – Blue		Devaloka Day	
				Jyeshtha-Vaikasi			

4	Monday, June 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Dhruva/Nyaghata* Yoga Vanija/Visti* Karana Chaturtham Titau				Nairobi, Kenya Sun 18
	Kataka Rasi: 10.19	Tithi 4	Gulika 2:05PM – 3:35PM	Pushya Until 6:07PM	Ganesha: Red	<i>Sunrise:</i> 6:33AM	Sutra 64
	Family Home Evening		Yama 11:04AM – 12:34PM	Dhruva Until 6:57AM	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Plava 5123
	343994461	Rahu	8:03AM – 9:33AM	Vanija Until 7:45AM	Nataraja: Yellow		Moon 5 - Phase 8 - 18 3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:07PM	Moon – Blue		Devaloka Day	
				Jyeshtha-Vaikasi			

5	Tuesday, June 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya Sun 19
	Kataka Rasi: 22.56	Tithi 5	Gulika 12:34PM – 2:05PM	Ashlesha* Until 7:03PM	Ganesha: Red	<i>Sunrise:</i> 6:33AM	Sutra 65
			Yama 9:34AM – 11:04AM	Vyaghata* Until 6:30AM	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Plava 5123
	343994461	Rahu	3:35PM – 5:06PM	Bava Until 8:23AM	Nataraja: Yellow		Moon 5 - Phase 8 - 19 3rd Phase
Creative Work	Siddha Yoga		Panchami Until 8:29PM	Moon – Blue		Devaloka Day	
				Jyeshtha-Ani			

6	Wednesday, June 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Nairobi, Kenya Sun 20
	Simha Rasi: 5.49	Tithi 6	Gulika 11:04AM – 12:35PM	Magha* Until 7:45PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Sutra 66
			Yama 8:03AM – 9:34AM	Vajra* Until 4:18AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Plava 5123
	353994461	Rahu	12:35PM – 2:05PM	Kaulava Until 8:28AM	Nataraja: Yellow		Moon 5 - Phase 8 - 20 3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 8:17PM	Moon – Red		Sivaloka Day	
Until 7:45PM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

7	Thursday, June 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya Sun 21
	Retreat Star		Gulika 9:34AM – 11:04AM	Purvaphalguni Until 7:43PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Sutra 67
	Simha Rasi: 18.59	Tithi 7	Yama 6:33AM – 8:04AM	Siddhi Until 2:31AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Plava 5123
	353994461	Rahu	2:05PM – 3:36PM	Gara Until 8:00AM	Nataraja: Yellow		Moon 5 - Phase 8 - 21 3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:32PM	Moon – Red		Sivaloka Day	
				Jyeshtha-Ani			

8	Friday, June 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya Sun 22
	Retreat Star		Gulika 8:04AM – 9:34AM	Uttaraphalguni Until 6:59PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Sutra 68
	Kanya Rasi: 2.28	Tithi 8	Yama 3:36PM – 5:06PM	Vyatipata* Until 12:16AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Plava 5123
	353994461	Rahu	11:05AM – 12:35PM	Visti Until 6:57AM	Nataraja: Yellow		Moon 5 - Phase 8 - 22 Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:11PM	Moon – Red		Sivaloka Day	
Until 6:59PM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

9	Saturday, June 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 23
	Retreat Star		Gulika 6:34AM – 8:04AM	Hasta Until 5:58PM	Ganesha: Yellow	<i>Sunrise:</i> 6:34AM	Sutra 69
	Kanya Rasi: 16.18	Tithi 9 – 10	Yama 2:06PM – 3:36PM	Variyan Until 9:33PM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Plava 5123
	363994461	Rahu	9:34AM – 11:05AM	Taitila Until 3:09AM Sun	Nataraja: Yellow		Moon 5 - Phase 8 - 23 Navami
Routine Work	Marana Yoga		Navami* Until 4:16PM	Moon – Green		Devaloka Day	
				Jyeshtha-Ani			

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

Il times are standard time. Calculated for Nairobi, Kenya on 5/23/1


www.gurudeva.org/panchang

1	Sunday, June 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 70
	Tula Rasi: 0.28	Tithi 10 – 11	Gulika 3:36PM – 5:07PM	Chitra Until 4:18PM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Plava 5123
			Yama 12:35PM – 2:06PM	Parigha* Until 6:27PM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9 - 24
	Creative Work	Siddha Yoga	364994461 Rahu 5:07PM – 6:37PM	Vanija Until 12:30AM Mon	Nataraja: Yellow		4th Phase
			Father's Day	Dashami Until 1:51PM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Monday, June 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 25 Sutra 71
	Tula Rasi: 14.58	Tithi 11 – 12	Gulika 2:06PM – 3:37PM	Svati Until 2:05PM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Plava 5123
	Family Home Evening		Yama 11:05AM – 12:36PM	Shiva Until 3:00PM	Muruqa: Yellow	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 9 - 25
	Creative Work	Amrita Yoga	364994461 Rahu 8:04AM – 9:35AM	Bava Until 9:28PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 11:01AM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
			Then Routine Work - Marana Yoga				

3	Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 72
	Tula Rasi: 29.43	Tithi 12 – 13	Gulika 12:36PM – 2:06PM	Vishakha Until 11:49AM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Plava 5123
			Yama 9:35AM – 11:05AM	Siddha Until 11:17AM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 9 - 26
	Routine Work	Marana Yoga	374994461 Rahu 3:37PM – 5:07PM	Kaulava Until 6:11PM	Nataraja: Yellow		4th Phase
			Dvadashi Until 7:50AM	Jyeshtha-Ani	Devaloka Day		
			Then Creative Work - Siddha Yoga				
			<i>Pradosha Vrata</i>				

4	Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 73
	Vrischika Rasi: 14.38	Tithi 14	Gulika 11:06AM – 12:36PM	Anuradha Until 9:14AM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Plava 5123
			Yama 8:05AM – 9:35AM	Sadhya Until 7:25AM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 9 - 27
	Creative Work	Siddha Yoga	374994461 Rahu 12:36PM – 2:07PM	Gara Until 2:44PM	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 1:00AM Thu	Jyeshtha-Ani	Devaloka Day		

	Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Nairobi, Kenya Sun 27 Sutra 74
	Vrischika Rasi: 29.36	Tithi 15	Gulika 9:36AM – 11:06AM	Jyeshtha* Until 6:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Plava 5123
			Yama 6:35AM – 8:05AM	Sukla Until 11:41PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 9 - Purnima
	Creative Work	Siddha Yoga	374994461 Rahu 2:07PM – 3:37PM	Visti Until 11:18AM	Nataraja: Yellow		
			Purnima* Until 9:37PM	Jyeshtha-Ani	Devaloka Day		
			Then Creative Work - Siddha Yoga				

5	Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Nairobi, Kenya Sun 28 Sutra 75
	Dhanus Rasi: 14.29	Tithi 16	Gulika 8:05AM – 9:36AM	Purvashadha* Until 1:53AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:35AM	Plava 5123
			Yama 3:37PM – 5:08PM	Brahma Until 8:04PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 9 - Prathama
	Routine Work	Prabalarishta Yoga	384994461 Rahu 11:06AM – 12:37PM	Balava Until 8:01AM	Nataraja: Yellow		
			Prathama* Until 6:28PM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
			Then Routine Work - Marana Yoga				

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

11 times are standard time. Calculated for Nairobi, Kenya on 5/23/1

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Saturday, June 26, 2021
Gold Retreat Star

Dhanus Rasi: 29.09 Tithi 17 - 18

384994461

Routine Work Marana Yoga

Until 11:56PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 76

Plava 5123

Gulika 6:35AM - 8:06AM

Yama 2:07PM - 3:38PM

Rahu 9:36AM - 11:06AM

Uttarashadha Until 11:56PM

Indra Until 4:46PM

Vanija Until 2:30AM Sun

Dvitiya Until 3:41PM

Ganesha: Purple

Muruqa: Yellow

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Sunrise: 6:35AM

Sunset: 6:38PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 6 - Phase 10 - 1

1st Phase

1

Sunday, June 27, 2021

Makara Rasi: 13.29 Tithi 18 - 19

394994461

Creative Work Amrita Yoga

Until 10:51PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 77

Plava 5123

Gulika 3:38PM - 5:08PM

Yama 12:37PM - 2:07PM

Rahu 5:08PM - 6:39PM

Shravana Until 10:51PM

Vaidhriti* Until 1:53PM

Bava Until 12:32AM Mon

Tritiya Until 1:25PM

Ganesha: Clear

Muruqa: Yellow

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sunrise: 6:35AM

Sunset: 6:39PM

Devaloka Day

Moon 6 - Phase 10 - 2

1st Phase

2

Monday, June 28, 2021

Makara Rasi: 27.26 Tithi 19 - 20

Family Home Evening

394994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 78

Plava 5123

Gulika 2:08PM - 3:38PM

Yama 11:07AM - 12:37PM

Rahu 8:06AM - 9:36AM

Dhanishtha Until 10:19PM

Vishkambha* Until 11:33AM

Kaulava Until 11:17PM

Chaturthi* Until 11:48AM

Ganesha: Clear

Muruqa: Yellow

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sunrise: 6:36AM

Sunset: 6:39PM

Devaloka Day

Moon 6 - Phase 10 - 3

1st Phase

3

Tuesday, June 29, 2021

Kumbha Rasi: 10.56 Tithi 20 - 21

394994461

Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 79

Plava 5123

Gulika 12:37PM - 2:08PM

Yama 9:37AM - 11:07AM

Rahu 3:38PM - 5:09PM

Shatabhishak Until 10:24PM

Priti Until 9:50AM

Gara Until 10:49PM

Panchami Until 10:56AM

Ganesha: Clear

Muruqa: Yellow

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sunrise: 6:36AM

Sunset: 6:39PM

Devaloka Day

Moon 6 - Phase 10 - 4

1st Phase

4

Wednesday, June 30, 2021

Kumbha Rasi: 24 Tithi 21 - 22

314994461

Creative Work Amrita Yoga

Until 11:34PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproskthapada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 80

Plava 5123

Gulika 11:07AM - 12:38PM

Yama 8:06AM - 9:37AM

Rahu 12:38PM - 2:08PM

Purvaproskthapada* Until 11:34PM

Ayushman Until 8:44AM

Visti Until 11:09PM

Shashthi* Until 10:52AM

Ganesha: Yellow

Muruqa: Yellow

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sunrise: 6:36AM

Sunset: 6:39PM

Devaloka Day

Moon 6 - Phase 10 - 5

1st Phase

5

Thursday, July 1, 2021

Retreat Star

Meena Rasi: 6.41 Tithi 22 - 23

314994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproskthapada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Saplam/Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 81

Plava 5123

Gulika 9:37AM - 11:07AM

Yama 6:36AM - 8:07AM

Rahu 2:08PM - 3:39PM

Uttaraproskthapada Until 1:20AM Fri

Saubhagya Until 8:16AM

Balava Until 12:14AM Fri

Saptami Until 11:35AM

Ganesha: Yellow

Muruqa: Yellow

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sunrise: 6:36AM

Sunset: 6:39PM

Devaloka Day

Moon 6 - Phase 10 - 6

Ashtami

Friday, July 2, 2021

Retreat Star

Meena Rasi: 19.02 Tithi 23 - 24

315994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 82

Plava 5123

Gulika 8:07AM - 9:37AM

Yama 3:39PM - 5:09PM

Rahu 11:08AM - 12:38PM

Revati Until 3:33AM Sat

Sobhana Until 8:23AM

Taitila Until 1:59AM Sat

Ashtami* Until 1:01PM

Ganesha: White

Muruqa: Yellow

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sunrise: 6:36AM

Sunset: 6:40PM

Sivaloka Day

Moon 6 - Phase 10 - 7

Navami

1	Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya Sun 16 Sutra 91
	Kataka Rasi: 7.13	Tithi 2	Gulika 3:40PM – 5:11PM	Pushya Until 11:53PM	Ganesha: Red	<i>Sunrise:</i> 6:38AM	Plava 5123
			Yama 12:39PM – 2:10PM	Harshana Until 2:02PM	Muruqa: Yellow	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 12 - 16
	445194461	Rahu 5:11PM – 6:41PM	Balava Until 5:41PM	Dvitiya Until 5:52AM Mon	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga			Moon – Blue		Devaloka Day	
				Ashada*Ani			

2	Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Tritiyayam Titau				Nairobi, Kenya Sun 17 Sutra 92
	Kataka Rasi: 19.55	Tithi 3	Gulika 2:10PM – 3:40PM	Ashlesha* Until 12:35AM Tue	Ganesha: Blue	<i>Sunrise:</i> 6:38AM	Plava 5123
	Family Home Evening		Yama 11:09AM – 12:40PM	Vajra* Until 1:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 12 - 17
	446194461	Rahu 8:08AM – 9:39AM	Taitila Until 5:58PM	Tritiya Until 5:55AM Tue	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga			Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

3	Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthayam Titau				Nairobi, Kenya Sun 18 Sutra 93
	Simha Rasi: 2.5	Tithi 4	Gulika 12:40PM – 2:10PM	Magha* Until 1:10AM Wed	Ganesha: Blue	<i>Sunrise:</i> 6:38AM	Plava 5123
			Yama 9:39AM – 11:09AM	Siddhi Until 12:17PM	Muruqa: Yellow	<i>Sunset:</i> 6:41PM	Moon 6 - Phase 12 - 18
	456194461	Rahu 3:41PM – 5:11PM	Vanija Until 5:48PM	Chaturthi* Until 5:33AM Wed	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga			Moon – Red		Bhuloka Day	
Until 1:10AM Wed				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4	Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya Sun 19 Sutra 94
	Simha Rasi: 15.59	Tithi 5	Gulika 11:09AM – 12:40PM	Purvaphalguni Until 1:11AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:38AM	Plava 5123
			Yama 8:09AM – 9:39AM	Vyatipata* Until 10:54AM	Muruqa: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 19
	456194461	Rahu 12:40PM – 2:10PM	Bava Until 5:13PM	Panchami Until 4:46AM Thu	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga			Moon – Red		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

5	Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya Sun 20 Sutra 95
	Simha Rasi: 29.21	Tithi 6	Gulika 9:39AM – 11:09AM	Uttaraphalguni Until 12:41AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:38AM	Plava 5123
			Yama 6:38AM – 8:09AM	Variyan Until 9:11AM	Muruqa: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 20
	456194461	Rahu 2:10PM – 3:41PM	Kaulava Until 4:15PM	Shashthi* Until 3:37AM Fri	Nataraja: Yellow		3rd Phase
	Amrita Yoga			Moon – Red		Bhuloka Day	
		Chidambaram Abhishekam		Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

6	Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya Sun 21 Sutra 96
	Kanya Rasi: 12.56	Tithi 7	Gulika 8:09AM – 9:39AM	Hasta Until 12:07AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Plava 5123
			Yama 3:41PM – 5:11PM	Parigha* Until 7:11AM	Muruqa: Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 21
	466194461	Rahu 11:10AM – 12:40PM	Gara Until 2:55PM	Saptami Until 2:05AM Sat	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga			Moon – Green		Devaloka Day	
Until 12:07AM Sat				Ashada*Adi			
Then Routine Work - Marana Yoga							

☾	Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya Sun 22 Sutra 97
	Retreat Star		Gulika 6:38AM – 8:09AM	Chitra Until 11:02PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Plava 5123
	Kanya Rasi: 26.44	Tithi 8	Yama 2:11PM – 3:41PM	Siddha Until 2:17AM Sun	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 22
	466195462	Rahu 9:39AM – 11:10AM	Visti Until 1:13PM	Ashtami* Until 12:13AM Sun	Nataraja: White		Ashtami
Routine Work	Marana Yoga			Moon – Green		Subha Sivaloka Day	
Until 11:02PM				Ashada*Adi			
Then Creative Work - Siddha Yoga							

☽	Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya Sun 23 Sutra 98
	Retreat Star		Gulika 3:41PM – 5:12PM	Svati Until 9:30PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	Plava 5123
	Tula Rasi: 10.44	Tithi 9	Yama 12:40PM – 2:11PM	Sadhya Until 11:25PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 23
	466195462	Rahu 5:12PM – 6:42PM	Balava Until 11:10AM	Navami* Until 10:00PM	Nataraja: White		Navami
Creative Work	Siddha Yoga			Moon – Green		Subha Sivaloka Day	
Until 9:30PM				Ashada*Adi			
Then Routine Work - Marana Yoga							


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Monday, July 19, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Nairobi, Kenya Sun 24 Sutra 99 Plava 5123	
Tula Rasi: 24.58	Tithi 10	Gulika	2:11PM – 3:41PM	Vishakha Until 7:56PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	
Family Home Evening	477195462	Yama	11:10AM – 12:40PM	Subha Until 8:20PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13 - 24
Routine Work Marana Yoga		Rahu	8:09AM – 9:39AM	Taitila Until 8:49AM	Nataraja: White		4th Phase
Until 7:56PM				Dashami Until 7:31PM	Moon – Orange		Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Ashada*Adi		

2		Tuesday, July 20, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Nairobi, Kenya Sun 25 Sutra 100 Plava 5123	
Vrischika Rasi: 9.23	Tithi 11 – 12	Gulika	12:40PM – 2:11PM	Anuradha Until 6:01PM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	
	477195462	Yama	9:39AM – 11:10AM	Sukla Until 5:02PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13 - 25
Creative Work Siddha Yoga		Rahu	3:41PM – 5:12PM	Vanija Until 6:11AM	Nataraja: White		4th Phase
Until 6:01PM				Ekadashi Until 4:47PM	Moon – Orange		Subha Sivaloka Day
Then Routine Work - Marana Yoga					Ashada*Adi		

3		Wednesday, July 21, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 26 Sutra 101 Plava 5123	
Vrischika Rasi: 23.56	Tithi 12 – 13	Gulika	11:10AM – 12:40PM	Jyeshtha* Until 3:49PM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	
	477195462	Yama	8:09AM – 9:39AM	Brahma Until 1:37PM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13 - 26
Creative Work Siddha Yoga		Rahu	12:40PM – 2:11PM	Kaulava Until 12:28AM Thu	Nataraja: White		4th Phase
Until 3:49PM				Dvadashi Until 1:55PM	Moon – Orange		Subha Sivaloka Day
Then Routine Work - Marana Yoga					Ashada*Adi		

4		Thursday, July 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 27 Sutra 102 Plava 5123	
Dhanus Rasi: 8.32	Tithi 13 – 14	Gulika	9:40AM – 11:10AM	Mula* Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 6:39AM	
	487195462	Yama	6:39AM – 8:09AM	Indra Until 10:12AM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13 - 27
Creative Work Siddha Yoga		Rahu	2:11PM – 3:41PM	Gara Until 9:35PM	Nataraja: White		4th Phase
				Trayodashi Until 11:00AM	Moon – Light Blue		Subha Subha Sivaloka Day
					Ashada*Adi		

		Friday, July 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Nairobi, Kenya Sutra 103 Plava 5123	
Copper Retreat Star		Gulika	8:09AM – 9:40AM	Purvashadha* Until 11:51AM	Ganesha: White	<i>Sunrise:</i> 6:39AM	
Dhanus Rasi: 23.07	Tithi 14 – 15	Yama	3:41PM – 5:12PM	Vaidhriti* Until 6:48AM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13 -
	487195462	Rahu	11:10AM – 12:40PM	Visti Until 6:51PM	Nataraja: White		Purnima
Routine Work Prabalarishta Yoga				Chaturdashi* Until 8:10AM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 11:51AM		Satguru Purnima			Ashada*Adi		
Then Routine Work - Marana Yoga							

Saturday, July 24, 2021		Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Nairobi, Kenya Sutra 104 Plava 5123	
Silver Retreat Star		Gulika	6:39AM – 8:09AM	Uttarashadha Until 9:58AM	Ganesha: White	<i>Sunrise:</i> 6:39AM	
Makara Rasi: 7.32	Tithi 16	Yama	2:11PM – 3:41PM	Priti Until 12:41AM Sun	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 13 -
	487195462	Rahu	9:40AM – 11:10AM	Balava Until 4:24PM	Nataraja: White		Prathama
Routine Work Marana Yoga				Prathama* Until 3:18AM Sun	Moon – Light Blue		Subha Subha Sivaloka Day
Until 9:58AM					Ashada*Adi		
Then Creative Work - Siddha Yoga							



Sunday, July 25, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya
Sutra 105
Plava 5123
Moon 7 - Phase 14 -
1st Phase

Makara Rasi: 21.44 Tithi 17
498195462
Creative Work Amrita Yoga
Until 8:44AM
Then Routine Work - Marana Yoga

Gulika 3:41PM – 5:12PM
Yama 12:41PM – 2:11PM
Rahu 5:12PM – 6:42PM

Shravana Until 8:44AM
Ayushman Until 10:09PM
Taitila Until 2:22PM
Dvitiya Until 1:32AM Mon

Ganesha: White *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

1

Monday, July 26, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 106
Plava 5123
Moon 7 - Phase 14 - 1
1st Phase

Kumbha Rasi: 5.35 Tithi 18
498195462
Family Home Evening
Creative Work Siddha Yoga

Gulika 2:11PM – 3:41PM
Yama 11:10AM – 12:41PM
Rahu 8:09AM – 9:40AM

Dhanishtha Until 7:54AM
Saubhagya Until 8:06PM
Vanija Until 12:54PM
Tritiya Until 12:24AM Tue

Ganesha: White *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

2

Tuesday, July 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 2 Sutra 107
Plava 5123
Moon 7 - Phase 14 - 2
1st Phase

Kumbha Rasi: 19.03 Tithi 19
498195462
Routine Work Marana Yoga

Gulika 12:41PM – 2:11PM
Yama 9:40AM – 11:10AM
Rahu 3:41PM – 5:12PM

Shatabhishak Until 7:33AM
Sobhana Until 6:39PM
Bava Until 12:07PM
Chaturthi* Until 11:59PM

Ganesha: White *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

3

Wednesday, July 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 3 Sutra 108
Plava 5123
Moon 7 - Phase 14 - 3
1st Phase

Meena Rasi: 2.07 Tithi 20
418295462
Creative Work Amrita Yoga
Until 8:15AM
Then Creative Work - Siddha Yoga

Gulika 11:10AM – 12:41PM
Yama 8:09AM – 9:40AM
Rahu 12:41PM – 2:11PM

Purvaproshtapada* Until 8:15AM
Athiganda* Until 5:46PM
Kaulava Until 12:05PM
Panchami Until 12:21AM Thu

Ganesha: Yellow *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

4

Thursday, July 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 4 Sutra 109
Plava 5123
Moon 7 - Phase 14 - 4
1st Phase

Meena Rasi: 14.49 Tithi 21
418295462
Creative Work Siddha Yoga

Gulika 9:40AM – 11:10AM
Yama 6:39AM – 8:09AM
Rahu 2:11PM – 3:41PM

Uttaraproshtapada Until 9:33AM
Sukarma Until 5:31PM
Gara Until 12:50PM
Shashthi* Until 1:27AM Fri

Ganesha: Yellow *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

5

Friday, July 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 5 Sutra 110
Plava 5123
Moon 7 - Phase 14 - 5
1st Phase

Meena Rasi: 27.1 Tithi 22
418295462
Creative Work Siddha Yoga
Until 11:23AM
Then Creative Work - Amrita Yoga

Gulika 8:09AM – 9:39AM
Yama 3:41PM – 5:12PM
Rahu 11:10AM – 12:40PM

Revati Until 11:23AM
Dhriti Until 5:48PM
Visti Until 2:17PM
Saptami Until 3:13AM Sat

Ganesha: Yellow *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

6

Saturday, July 31, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 6 Sutra 111
Plava 5123
Moon 7 - Phase 14 - 6
Ashtami

Mesha Rasi: 9.16 Tithi 23
428215462
Creative Work Siddha Yoga

Gulika 6:38AM – 8:09AM
Yama 2:11PM – 3:41PM
Rahu 9:39AM – 11:10AM

Ashvini Until 2:07PM
Shula* Until 6:30PM
Balava Until 4:19PM
Ashtami* Until 5:28AM Sun

Ganesha: Blue *Sunrise:* 6:38AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Subha Sivaloka Day

Sunday, August 1, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda* Yoga Taitila Karana Navamyam Titau

Nairobi, Kenya
Sun 7 Sutra 112
Plava 5123
Moon 7 - Phase 14 - 7
Navami

Mesha Rasi: 21.11 Tithi 24
429215462
Routine Work Prabalarishta Yoga
Until 5:05PM
Then Creative Work - Siddha Yoga

Gulika 3:41PM – 5:12PM
Yama 12:40PM – 2:11PM
Rahu 5:12PM – 6:42PM

Bharani Until 5:05PM
Ganda* Until 7:28PM
Taitila Until 6:43PM
Navami* Until 7:58AM Mon

Ganesha: Red *Sunrise:* 6:38AM
Muruqa: White *Sunset:* 6:42PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Monday, August 2, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Nairobi, Kenya Sun 8 Sutra 113 Plava 5123
	Wishabha Rasi: 3.01 Tithi 24 – 25	Gulika 2:11PM – 3:41PM Yama 11:10AM – 12:40PM Rahu 8:09AM – 9:39AM	Krittika Until 8:01PM Vridhhi Until 8:34PM Vanija Until 9:16PM Navami* Until 7:58AM
	Family Home Evening 429215462	Ganesha: Red Sunrise: 6:38AM Muruqa: White Sunset: 6:42PM Nataraja: White Moon – White	Subha Sivaloka Day
	Routine Work Marana Yoga Until 8:01PM Then Creative Work - Amrita Yoga		


2	Tuesday, August 3, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sun 9 Sutra 114 Plava 5123
	Wishabha Rasi: 14.49 Tithi 25 – 26	Gulika 12:40PM – 2:11PM Yama 9:39AM – 11:10AM Rahu 3:41PM – 5:12PM	Rohini Until 11:12PM Dhruva Until 9:32PM Bava Until 11:43PM Dashami Until 10:30AM
	439215462	Ganesha: Green Sunrise: 6:38AM Muruqa: White Sunset: 6:42PM Nataraja: White Moon – Yellow	Sivaloka Day
	Creative Work Amrita Yoga Until 11:12PM Then Creative Work - Siddha Yoga		

3	Wednesday, August 4, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sun 10 Sutra 115 Plava 5123
	Wishabha Rasi: 26.42 Tithi 26 – 27	Gulika 11:10AM – 12:40PM Yama 8:09AM – 9:39AM Rahu 12:40PM – 2:11PM	Mrigashira Until 1:54AM Thu Vyaghata* Until 10:18PM Kaulava Until 1:49AM Thu Ekadashi* Until 12:48PM
	439215462	Ganesha: Green Sunrise: 6:38AM Muruqa: White Sunset: 6:42PM Nataraja: White Moon – Yellow	Sivaloka Day
	Creative Work Siddha Yoga Until 1:54AM Thu Then Routine Work - Marana Yoga		

4	Thursday, August 5, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Nairobi, Kenya Sun 11 Sutra 116 Plava 5123
	Mithuna Rasi: 8.43 Tithi 27 – 28	Gulika 9:39AM – 11:10AM Yama 6:38AM – 8:09AM Rahu 2:11PM – 3:41PM	Ardra Until 3:57AM Fri Harshana Until 10:42PM Gara Until 3:26AM Fri Dvadashi* Until 2:40PM
	439215462	Ganesha: Green Sunrise: 6:38AM Muruqa: White Sunset: 6:42PM Nataraja: White Moon – Yellow	Sivaloka Day
	Routine Work Marana Yoga Until 3:57AM Fri Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>

5	Friday, August 6, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Nairobi, Kenya Sun 12 Sutra 117 Plava 5123
	Mithuna Rasi: 20.58 Tithi 28 – 29	Gulika 8:08AM – 9:39AM Yama 3:41PM – 5:11PM Rahu 11:09AM – 12:40PM	Punarvasu Until 5:46AM Sat Vajra* Until 10:38PM Visti Until 4:28AM Sat Trayodashi* Until 4:00PM
	449215462	Ganesha: White Sunrise: 6:38AM Muruqa: White Sunset: 6:42PM Nataraja: White Moon – Blue	Sivaloka Day
	Creative Work Siddha Yoga		

6	Saturday, August 7, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Nairobi, Kenya Sun 13 Sutra 118 Plava 5123
	Kataka Rasi: 3.26 Tithi 29 – 30	Gulika 6:38AM – 8:08AM Yama 2:10PM – 3:41PM Rahu 9:39AM – 11:09AM	Pushya Until 6:50AM Sun Siddhi Until 10:07PM Catuspada Until 4:54AM Sun Chaturdashi* Until 4:44PM
	449215462	Ganesha: White Sunrise: 6:38AM Muruqa: White Sunset: 6:42PM Nataraja: White Moon – Blue	Sivaloka Day
	Creative Work Siddha Yoga		

	Sunday, August 8, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Nairobi, Kenya Sun 14 Sutra 119 Plava 5123
	Retreat Star Kataka Rasi: 16.13 Tithi 30 – 1	Gulika 3:41PM – 5:11PM Yama 12:40PM – 2:10PM Rahu 5:11PM – 6:42PM	Pushya Until 6:50AM Vyatipata* Until 9:08PM Kintughna Until 4:45AM Mon Amavasya* Until 4:52PM
	449215462	Ganesha: White Sunrise: 6:38AM Muruqa: White Sunset: 6:42PM Nataraja: White Moon – Blue	Sivaloka Day
	Creative Work Siddha Yoga		

Monday, August 9, 2021	Retreat Star	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Nairobi, Kenya Sun 15 Sutra 120 Plava 5123
	Kataka Rasi: 29.15 Tithi 1 – 2	Gulika 2:10PM – 3:41PM Yama 11:09AM – 12:40PM Rahu 8:08AM – 9:39AM	Ashlesha* Until 7:11AM Variyan Until 7:43PM Balava Until 4:06AM Tue Prathama* Until 4:28PM
	441215462	Ganesha: Light Blue Sunrise: 6:37AM Muruqa: White Sunset: 6:42PM Nataraja: White Moon – Blue	Sivaloka Day
	Creative Work Siddha Yoga Until 7:11AM Then Routine Work - Marana Yoga		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Nairobi, Kenya on 5/23/1

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1		Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Trililyayam Titau		Nairobi, Kenya	
Simha Rasi: 12.34	Tithi 2 – 3	Gulika 12:39PM – 2:10PM	Magha* Until 7:22AM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM	Sun 16	Sutra 121
		Yama 9:38AM – 11:09AM	Parigha* Until 5:57PM	Muruqa: White	<i>Sunset:</i> 6:42PM		Plava 5123
Creative Work	Siddha Yoga	451215462 Rahu 3:40PM – 5:11PM	Taitila Until 3:03AM Wed	Nataraja: White			Moon 7 - Phase 16 - 16
			Dvitiya Until 3:36PM	Moon – Red			3rd Phase
				Sravana-Adi		Sivaloka Day	

2		Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Triliya/Chaturtham Titau		Nairobi, Kenya	
Simha Rasi: 26.05	Tithi 3 – 4	Gulika 11:09AM – 12:39PM	Purvaphalguni Until 7:00AM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM	Sun 17	Sutra 122
		Yama 8:08AM – 9:38AM	Shiva Until 3:55PM	Muruqa: White	<i>Sunset:</i> 6:41PM		Plava 5123
Creative Work	Amrita Yoga	451215462 Rahu 12:39PM – 2:10PM	Vanija Until 1:41AM Thu	Nataraja: White			Moon 7 - Phase 16 - 17
			Tritiya Until 2:23PM	Moon – Red			3rd Phase
				Sravana-Adi		Sivaloka Day	

3		Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vistil/Bava Karana Chaturthi/Panchamyam Titau		Nairobi, Kenya	
Kanya Rasi: 9.48	Tithi 4 – 5	Gulika 9:38AM – 11:09AM	Uttaraphalguni Until 6:11AM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM	Sun 18	Sutra 123
		Yama 6:37AM – 8:07AM	Siddha Until 1:38PM	Muruqa: White	<i>Sunset:</i> 6:41PM		Plava 5123
	Amrita Yoga	451215462 Rahu 2:10PM – 3:40PM	Bava Until 12:04AM Fri	Nataraja: White			Moon 7 - Phase 16 - 18
Until 6:11AM			Chaturthi* Until 12:53PM	Moon – Red			3rd Phase
Then Routine Work - Marana Yoga		Nag Panchami		Sravana-Adi		Sivaloka Day	

4		Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashtham Titau		Nairobi, Kenya	
Kanya Rasi: 23.39	Tithi 5 – 6	Gulika 8:07AM – 9:38AM	Chitra Until 4:23AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	Sun 19	Sutra 124
		Yama 3:40PM – 5:11PM	Sadhya Until 11:12AM	Muruqa: White	<i>Sunset:</i> 6:41PM		Plava 5123
Creative Work	Siddha Yoga	461215462 Rahu 11:08AM – 12:39PM	Kaulava Until 10:17PM	Nataraja: White			Moon 7 - Phase 16 - 19
			Panchami Until 11:11AM	Moon – Green			3rd Phase
				Sravana-Adi		Subha Sivaloka Day	

5		Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Nairobi, Kenya	
Tula Rasi: 8	Tithi 6 – 7	Gulika 6:37AM – 8:07AM	Svati Until 3:03AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	Sun 20	Sutra 125
		Yama 2:09PM – 3:40PM	Subha Until 8:39AM	Muruqa: White	<i>Sunset:</i> 6:41PM		Plava 5123
Creative Work	Siddha Yoga	461215462 Rahu 9:38AM – 11:08AM	Gara Until 8:22PM	Nataraja: White			Moon 7 - Phase 16 - 20
Until 3:03AM Sun			Shashthi* Until 9:19AM	Moon – Green			3rd Phase
Then Routine Work - Marana Yoga				Sravana-Adi		Subha Sivaloka Day	

Retreat Star		Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Nairobi, Kenya	
Tula Rasi: 21.38	Tithi 7 – 8	Gulika 3:40PM – 5:10PM	Vishakha Until 1:54AM Mon	Ganesha: White	<i>Sunrise:</i> 6:36AM	Sun 21	Sutra 126
		Yama 12:39PM – 2:09PM	Brahma Until 3:13AM Mon	Muruqa: White	<i>Sunset:</i> 6:41PM		Plava 5123
Routine Work	Marana Yoga	471215462 Rahu 5:10PM – 6:41PM	Vistil Until 6:20PM	Nataraja: White			Moon 7 - Phase 16 - 21
Until 1:54AM Mon			Saptami Until 7:21AM	Moon – Orange			Ashtami
Then Creative Work - Siddha Yoga				Sravana-Adi		Sivaloka Day	

Retreat Star		Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Nairobi, Kenya	
Vrischika Rasi: 5.44	Tithi 9	Gulika 2:09PM – 3:39PM	Anuradha Until 12:31AM Tue	Ganesha: White	<i>Sunrise:</i> 6:36AM	Sun 22	Sutra 127
Family Home Evening		Yama 11:08AM – 12:38PM	Indra Until 12:25AM Tue	Muruqa: White	<i>Sunset:</i> 6:41PM		Plava 5123
Creative Work	Siddha Yoga	471215462 Rahu 8:07AM – 9:37AM	Balava Until 4:12PM	Nataraja: White			Moon 7 - Phase 16 - 22
Until 12:31AM Tue			Navami* Until 3:05AM Tue	Moon – Orange			Navami
Then Routine Work - Marana Yoga				Sravana-Avani		Sivaloka Day	

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Tuesday, August 24, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 135

Plava 5123

Kumbha Rasi: 27.13 Tithi 17 - 18

Gulika 12:36PM - 2:07PM

Purvaproshtapada* Until 5:14PM

Ganesha: Yellow

Sunrise: 6:34AM

Moon 8 - Phase 18 - 1

1st Phase

Routine Work Marana Yoga

Yama 9:35AM - 11:06AM

Dhriti Until 3:22AM Wed

Muruqa: White

Sunset: 6:39PM

Until 5:14PM

Rahu 3:38PM - 5:08PM

Vanija Until 1:36AM Wed

Nataraja: White

Subha Sivaloka Day

Then Creative Work - Amrita Yoga

Moon - Clear
Sravana-Avani

Wednesday, August 25, 2021

1

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 136

Plava 5123

Meena Rasi: 10.1 Tithi 18 - 19

Gulika 11:06AM - 12:36PM

Uttaraproshtapada Until 6:15PM

Ganesha: Yellow

Sunrise: 6:34AM

Moon 8 - Phase 18 - 2

1st Phase

Creative Work Siddha Yoga

Yama 8:04AM - 9:35AM

Shula* Until 2:51AM Thu

Muruqa: White

Sunset: 6:39PM

Until 6:15PM

Rahu 12:36PM - 2:07PM

Bava Until 2:12AM Thu

Nataraja: White

Subha Sivaloka Day

Then Routine Work - Marana Yoga

Moon - Clear
Sravana-Avani

Thursday, August 26, 2021

2

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 137

Plava 5123

Meena Rasi: 22.47 Tithi 19 - 20

Gulika 9:35AM - 11:05AM

Revati Until 7:47PM

Ganesha: Yellow

Sunrise: 6:33AM

Moon 8 - Phase 18 - 3

1st Phase

Creative Work Siddha Yoga

Yama 6:33AM - 8:04AM

Ganda* Until 2:52AM Fri

Muruqa: White

Sunset: 6:38PM

Until 7:47PM

Rahu 2:07PM - 3:37PM

Kaulava Until 3:28AM Fri

Nataraja: White

Subha Sivaloka Day

Then Creative Work - Amrita Yoga

Moon - Clear
Sravana-Avani

Friday, August 27, 2021

3

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 138

Plava 5123

Mesha Rasi: 5.07 Tithi 20 - 21

Gulika 8:04AM - 9:34AM

Ashvini Until 10:16PM

Ganesha: White

Sunrise: 6:33AM

Moon 8 - Phase 18 - 4

1st Phase

Creative Work Amrita Yoga

Yama 3:37PM - 5:08PM

Vriddhi Until 3:22AM Sat

Muruqa: White

Sunset: 6:38PM

Until 10:16PM

Rahu 11:05AM - 12:36PM

Gara Until 5:22AM Sat

Nataraja: White

Sivaloka Day

Then Creative Work - Siddha Yoga

Moon - White
Sravana-Avani

Saturday, August 28, 2021

4

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 5 Sutra 139

Plava 5123

Mesha Rasi: 17.11 Tithi 21

Gulika 6:33AM - 8:03AM

Bharani Until 1:04AM Sun

Ganesha: White

Sunrise: 6:33AM

Moon 8 - Phase 18 - 5

1st Phase

Creative Work Siddha Yoga

Yama 2:06PM - 3:37PM

Dhruva Until 4:12AM Sun

Muruqa: White

Sunset: 6:38PM

Until 7:47PM

Rahu 9:34AM - 11:05AM

Vanija Until 6:28PM

Nataraja: Clear

Devaloka Day

Then Creative Work - Siddha Yoga

Moon - White
Sravana-Avani

Sunday, August 29, 2021

5

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Visti/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 6 Sutra 140

Plava 5123

Mesha Rasi: 29.05 Tithi 22

Gulika 3:36PM - 5:07PM

Krittika Until 3:57AM Mon

Ganesha: White

Sunrise: 6:33AM

Moon 8 - Phase 18 - 6

1st Phase

Creative Work Siddha Yoga

Yama 12:35PM - 2:06PM

Vyaghata* Until 5:13AM Mon

Muruqa: White

Sunset: 6:38PM

Until 3:57AM Mon

Rahu 5:07PM - 6:38PM

Visti Until 7:42AM

Nataraja: Clear

Devaloka Day

Then Creative Work - Amrita Yoga

Moon - White
Sravana-Avani

Monday, August 30, 2021

D

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 7 Sutra 141

Plava 5123

Vrishabha Rasi: 10.55 Tithi 23

Gulika 2:05PM - 3:36PM

Rohini Until 7:12AM Tue

Ganesha: Clear

Sunrise: 6:32AM

Moon 8 - Phase 18 - 7

Ashtami

Family Home Evening

Yama 11:04AM - 12:35PM

Harshana Until 6:16AM Tue

Muruqa: White

Sunset: 6:37PM

Creative Work Amrita Yoga

Rahu 8:03AM - 9:33AM

Balava Until 10:15AM

Nataraja: Clear

Sivaloka Day

Until 7:12AM Tue

Then Creative Work - Siddha Yoga

Krishna Janmashtami

Ashtami* Until 11:30PM

Moon - Yellow
Sravana-Avani

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 8 Sutra 142

Plava 5123

Vrishabha Rasi: 22.44 Tithi 24

Gulika 12:34PM - 2:05PM

Rohini Until 7:12AM

Ganesha: Clear

Sunrise: 6:32AM

Moon 8 - Phase 18 - 8

Navami

Creative Work Amrita Yoga

Yama 9:33AM - 11:04AM

Harshana Until 6:16AM

Muruqa: White

Sunset: 6:37PM

Until 7:12AM

Rahu 3:36PM - 5:06PM

Taitila Until 12:45PM

Nataraja: Clear

Sivaloka Day

Then Creative Work - Siddha Yoga

Navami* Until 1:53AM Wed

Moon - Yellow
Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

11 times are standard time. Calculated for Nairobi, Kenya on 5/23/1

www.gurudeva.org/panchang

1	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra /Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya Sun 9 Sutra 143
	Mithuna Rasi: 4.38	Tithi 25	Gulika 11:03AM – 12:34PM	Mrigashira Until 10:02AM	Ganesha: Orange	Sunrise: 6:32AM	Plava 5123
			Yama 8:02AM – 9:33AM	Vajra* Until 7:06AM	Muruqa: White	Sunset: 6:37PM	Moon 8 - Phase 19 - 9
			533315463 Rahu 12:34PM – 2:05PM	Vanija Until 2:58PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga		Dashami Until 3:52AM Thu		Moon – Yellow	Sivaloka Day		
				Srivana-Avani			

2	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 10 Sutra 144
	Mithuna Rasi: 16.43	Tithi 26	Gulika 9:33AM – 11:03AM	Ardra Until 12:15PM	Ganesha: Orange	Sunrise: 6:31AM	Plava 5123
			Yama 6:31AM – 8:02AM	Siddhi Until 7:36AM	Muruqa: White	Sunset: 6:36PM	Moon 8 - Phase 19 - 10
			533315463 Rahu 2:04PM – 3:35PM	Bava Until 4:39PM	Nataraja: Clear		2nd Phase
Routine Work Marana Yoga Until 12:15PM Then Creative Work - Amrita Yoga		Ekadashi* Until 5:14AM Fri		Moon – Yellow	Sivaloka Day		
				Srivana-Avani			

3	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Nairobi, Kenya Sun 11 Sutra 145
	Mithuna Rasi: 29.03	Tithi 27	Gulika 8:02AM – 9:32AM	Punarvasu Until 2:10PM	Ganesha: Light Blue	Sunrise: 6:31AM	Plava 5123
			Yama 3:35PM – 5:06PM	Vyatipata* Until 7:38AM	Muruqa: White	Sunset: 6:36PM	Moon 8 - Phase 19 - 11
			533315463 Rahu 11:03AM – 12:34PM	Kaulava Until 5:41PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga Until 2:10PM Then Routine Work - Marana Yoga		Dvadashti* Until 5:55AM Sat		Moon – Blue	Devaloka Day		
				Srivana-Avani			

4	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varyan/Parigha* Yoga Gara Karana Trayodashyam Titau				Nairobi, Kenya Sun 12 Sutra 146
	Kataka Rasi: 11.42	Tithi 28	Gulika 6:30AM – 8:01AM	Pushya Until 3:14PM	Ganesha: Light Blue	Sunrise: 6:30AM	Plava 5123
			Yama 2:04PM – 3:35PM	Varyan Until 7:05AM	Muruqa: White	Sunset: 6:36PM	Moon 8 - Phase 19 - 12
			533315463 Rahu 9:32AM – 11:03AM	Gara Until 6:00PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga Until 3:14PM Then Routine Work - Marana Yoga		Trayodashi* Until 5:53AM Sun		Moon – Blue	Devaloka Day		
				Srivana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 13 Sutra 147
	Kataka Rasi: 24.41	Tithi 29	Gulika 3:34PM – 5:05PM	Ashlesha* Until 3:28PM	Ganesha: Light Blue	Sunrise: 6:30AM	Plava 5123
			Yama 12:33PM – 2:04PM	Parigha* Until 6:00AM	Muruqa: White	Sunset: 6:36PM	Moon 8 - Phase 19 - 13
			533315463 Rahu 5:05PM – 6:36PM	Visti Until 5:37PM	Nataraja: Clear		2nd Phase
Creative Work Siddha Yoga Until 3:28PM Then Routine Work - Marana Yoga		Chaturdashi* Until 5:10AM Mon		Moon – Blue	Devaloka Day		
				Srivana-Avani			

●	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya Sun 14 Sutra 148
	Retreat Star		Gulika 2:03PM – 3:34PM	Magha* Until 3:22PM	Ganesha: Purple	Sunrise: 6:30AM	Plava 5123
	Simha Rasi: 8.02	Tithi 30	Yama 11:02AM – 12:33PM	Siddha Until 2:18AM Tue	Muruqa: White	Sunset: 6:35PM	Moon 8 - Phase 19 - 14
	Family Home Evening		533315463 Rahu 8:00AM – 9:31AM	Catuspada Until 4:37PM	Nataraja: Clear		Amavasya
Routine Work Marana Yoga Until 3:22PM Then Creative Work - Siddha Yoga		Amavasya* Until 3:53AM Tue		Moon – Red	Devaloka Day		
				Srivana-Avani			

●	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya Sun 15 Sutra 149
	Retreat Star		Gulika 12:32PM – 2:03PM	Purvaphalguni Until 2:35PM	Ganesha: Purple	Sunrise: 6:29AM	Plava 5123
	Simha Rasi: 21.41	Tithi 1	Yama 9:31AM – 11:01AM	Sadhya Until 11:50PM	Muruqa: White	Sunset: 6:35PM	Moon 8 - Phase 19 - 15
			533315463 Rahu 3:34PM – 5:04PM	Kintughna Until 3:05PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga Until 2:35PM Then Creative Work - Amrita Yoga		Prathama* Until 2:09AM Wed		Moon – Red	Devaloka Day		
				Bhadrapada-Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya Sun 16 Sutra 150 Plava 5123
	Kanya Rasi: 5.38	Tithi 2	Gulika 11:01AM – 12:32PM	Uttaraphalguni Until 1:17PM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	
			Yama 8:00AM – 9:30AM	Subha Until 9:06PM	Muruqa: White	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20 - 16
	563315463	Rahu 12:32PM – 2:03PM	Balava Until 1:10PM		Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga Until 1:17PM Then Routine Work - Marana Yoga			Dvitiya Until 12:04AM Thu	Bhadrapada-Avani		Devaloka Day	

2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Nairobi, Kenya Sun 17 Sutra 151 Plava 5123
	Kanya Rasi: 19.46	Tithi 3	Gulika 9:30AM – 11:01AM	Hasta Until 11:59AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:29AM	
			Yama 6:29AM – 7:59AM	Sukla Until 6:09PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 - 17
	563315463	Rahu 2:02PM – 3:33PM	Taitila Until 10:58AM		Nataraja: Clear		3rd Phase
Routine Work Marana Yoga Until 11:59AM Then Creative Work - Siddha Yoga			Tritiya Until 9:48PM	Bhadrapada-Avani		Devaloka Day	

3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Nairobi, Kenya Sun 18 Sutra 152 Plava 5123
	Tula Rasi: 4.01	Tithi 4	Gulika 7:59AM – 9:30AM	Chitra Until 10:25AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:28AM	
			Yama 3:33PM – 5:03PM	Brahma Until 3:08PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 - 18
	563315463	Rahu 11:00AM – 12:31PM	Vanija Until 8:38AM		Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga		Ganesha Chaturthi	Chaturthi* Until 7:26PM	Bhadrapada-Avani		Devaloka Day	

4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya Sun 19 Sutra 153 Plava 5123
	Tula Rasi: 18.19	Tithi 5 – 6	Gulika 6:28AM – 7:59AM	Svati Until 8:40AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:28AM	
			Yama 2:02PM – 3:32PM	Indra Until 12:07PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 - 19
	563315463	Rahu 9:29AM – 11:00AM	Bava Until 6:16AM		Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Panchami Until 5:04PM	Bhadrapada-Avani		Devaloka Day	

5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya Sun 20 Sutra 154 Plava 5123
	Vrischika Rasi: 2.35	Tithi 6 – 7	Gulika 3:32PM – 5:03PM	Vishakha Until 7:15AM	Ganesha: Orange	<i>Sunrise:</i> 6:28AM	
			Yama 12:30PM – 2:01PM	Vaidhriti* Until 9:08AM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20 - 20
	573315463	Rahu 5:03PM – 6:33PM	Gara Until 1:42AM Mon		Nataraja: Clear		3rd Phase
Routine Work Marana Yoga		Grandparent's Day	Shashthi* Until 2:47PM	Bhadrapada-Avani		Sivaloka Day	

D	Monday, September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya Sun 21 Sutra 155 Plava 5123
	Retreat Star		Gulika 2:01PM – 3:32PM	Jyeshtha* Until 4:22AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:27AM	
	Vrischika Rasi: 16.46	Tithi 7 – 8	Yama 10:59AM – 12:30PM	Vishkambha* Until 6:14AM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20 - 21
	573315463	Rahu 7:58AM – 9:29AM	Visti Until 11:37PM		Nataraja: Clear		Ashtami
Creative Work Siddha Yoga Until 4:22AM Tue Then Creative Work - Amrita Yoga			Saptami Until 12:37PM	Bhadrapada-Avani		Sivaloka Day	

D	Tuesday, September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya Sun 22 Sutra 156 Plava 5123
	Retreat Star		Gulika 12:30PM – 2:00PM	Mula* Until 3:22AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:27AM	
	Dhanu Rasi: 0.52	Tithi 8 – 9	Yama 9:28AM – 10:59AM	Ayushman Until 12:50AM Wed	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20 - 22
	583315463	Rahu 3:31PM – 5:02PM	Balava Until 9:41PM		Nataraja: Clear		Navami
Creative Work Amrita Yoga			Ashtami* Until 10:36AM	Bhadrapada-Avani		Devaloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Sutra 164

Plava 5123

Meena Rasi: 18.28 Tithi 17

514415463

Gulika 10:56AM – 12:27PM
Yama 7:54AM – 9:25AM
Rahu 12:27PM – 1:58PM

Revati Until 4:01AM Thu

Vriddhi Until 11:20AM

Taitila Until 3:48PM

Dvitiya Until 4:22AM Thu

Ganesha: Red Sunrise: 6:24AM

Muruqa: White Sunset: 6:30PM

Nataraja: Clear

Moon – Clear

Moon 9 - Phase 22 -

1st Phase

Sivaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 4:01AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 165

Plava 5123

Mesha Rasi: 0.56 Tithi 18

524415463

Gulika 9:25AM – 10:56AM
Yama 6:23AM – 7:54AM
Rahu 1:57PM – 3:28PM

Ashvini Until 6:22AM Fri

Dhruva Until 11:14AM

Vanija Until 5:08PM

Tritiya Until 5:59AM Fri

Ganesha: Green Sunrise: 6:23AM

Muruqa: White Sunset: 6:30PM

Nataraja: Clear

Moon – White

Moon 9 - Phase 22 - 1

1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 6:22AM Fri

Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Bava Karana Chaturthayam Titau

Nairobi, Kenya

Sun 2 Sutra 166

Plava 5123

Mesha Rasi: 13.08 Tithi 19

524415463

Gulika 7:54AM – 9:25AM
Yama 3:28PM – 4:59PM
Rahu 10:55AM – 12:26PM

Ashvini Until 6:22AM

Vyaghata* Until 11:35AM

Bava Until 7:01PM

Chaturthi* Until 8:07AM Sat

Ganesha: Green Sunrise: 6:23AM

Muruqa: White Sunset: 6:29PM

Nataraja: Clear

Moon – White

Moon 9 - Phase 22 - 2

1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 6:22AM

Then Creative Work - Siddha Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 167

Plava 5123

Mesha Rasi: 25.09 Tithi 19 – 20

524415463

Gulika 6:23AM – 7:53AM
Yama 1:57PM – 3:28PM
Rahu 9:24AM – 10:55AM

Bharani Until 9:02AM

Harshana Until 12:19PM

Kaulava Until 9:21PM

Chaturthi* Until 8:07AM

Ganesha: Green Sunrise: 6:23AM

Muruqa: White Sunset: 6:29PM

Nataraja: Clear

Moon – White

Moon 9 - Phase 22 - 3

1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 9:02AM

Then Creative Work - Amrita Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 168

Plava 5123

Vrishabha Rasi: 7.01 Tithi 20 – 21

524415463

Gulika 3:27PM – 4:58PM
Yama 12:26PM – 1:56PM
Rahu 4:58PM – 6:29PM

Krittika Until 11:52AM

Vajra* Until 1:16PM

Gara Until 11:57PM

Panchami Until 10:36AM

Ganesha: Green Sunrise: 6:22AM

Muruqa: White Sunset: 6:29PM

Nataraja: Clear

Moon – White

Moon 9 - Phase 22 - 4

1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Nairobi, Kenya

Sun 5 Sutra 169

Plava 5123

Vrishabha Rasi: 18.49 Tithi 21 – 22

634415463

Gulika 1:56PM – 3:27PM
Yama 10:54AM – 12:25PM
Rahu 7:53AM – 9:23AM

Rohini Until 3:11PM

Siddhi Until 2:19PM

Visti Until 2:34AM Tue

Shashthi* Until 1:15PM

Ganesha: Green Sunrise: 6:22AM

Muruqa: White Sunset: 6:29PM

Nataraja: Clear

Moon – Yellow

Moon 9 - Phase 22 - 5

1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Tuesday, September 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vyalipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 170

Plava 5123

Mithuna Rasi: 0.37 Tithi 22 – 23

635415463

Gulika 12:25PM – 1:56PM
Yama 9:23AM – 10:54AM
Rahu 3:27PM – 4:57PM

Mrigashira Until 6:13PM

Vyalipata* Until 3:19PM

Balava Until 4:59AM Wed

Saptami Until 3:48PM

Ganesha: White Sunrise: 6:21AM

Muruqa: White Sunset: 6:28PM

Nataraja: Clear

Moon – Yellow

Moon 9 - Phase 22 - 6

1st Phase

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 6:13PM

Then Routine Work - Marana Yoga

D

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 7 Sutra 171

Plava 5123

Mithuna Rasi: 12.31 Tithi 23

635415463

Gulika 10:54AM – 12:24PM
Yama 7:52AM – 9:23AM
Rahu 12:24PM – 1:55PM

Ardra Until 8:44PM

Variyan Until 4:01PM

Kaulava Until 6:00PM

Ashtami* Until 6:00PM

Ganesha: White Sunrise: 6:21AM

Muruqa: White Sunset: 6:28PM

Nataraja: Clear

Moon – Yellow

Moon 9 - Phase 22 - 7

Ashtami

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Thursday, September 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 8 Sutra 172

Plava 5123

Mithuna Rasi: 24.36 Tithi 24

645415463

Gulika 9:22AM – 10:53AM
Yama 6:21AM – 7:52AM
Rahu 1:55PM – 3:26PM

Punarvasu Until 11:01PM

Parigha* Until 4:19PM

Taitila Until 6:55AM

Navami* Until 7:38PM

Ganesha: Clear Sunrise: 6:21AM

Muruqa: White Sunset: 6:28PM

Nataraja: Clear

Moon – Blue

Moon 9 - Phase 22 - 8

Navami

Sivaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

11 times are standard time. Calculated for Nairobi, Kenya on 5/23/1

www.gurudeva.org/panchang

1	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya Sun 9 Sutra 173 Plava 5123
	Kataka Rasi: 6.57	Tithi 25	Gulika 7:51AM – 9:22AM	Pushya Until 12:26AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	
			Yama 3:26PM – 4:56PM	Shiva Until 4:06PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23 - 9
	Routine Work	Marana Yoga	645415463 Rahu 10:53AM – 12:24PM	Vanija Until 8:13AM	Nataraja: Clear		2nd Phase
			Dashami Until 8:33PM	Moon – Blue		Sivaloka Day	
				Bhadrapada-Puratasi			

2	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 10 Sutra 174 Plava 5123
	Kataka Rasi: 19.38	Tithi 26	Gulika 6:20AM – 7:51AM	Ashlesha* Until 12:54AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	
			Yama 1:54PM – 3:25PM	Siddha Until 3:14PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23 - 10
	Routine Work	Marana Yoga	645415463 Rahu 9:22AM – 10:53AM	Bava Until 8:44AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 8:41PM	Moon – Blue		Sivaloka Day	
				Bhadrapada-Puratasi			

3	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Nairobi, Kenya Sun 11 Sutra 175 Plava 5123
	Simha Rasi: 2.43	Tithi 27	Gulika 3:25PM – 4:56PM	Magha* Until 12:56AM Mon	Ganesha: Purple	<i>Sunrise:</i> 6:20AM	
			Yama 12:23PM – 1:54PM	Sadhya Until 1:45PM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23 - 11
	Routine Work	Marana Yoga	655415463 Rahu 4:56PM – 6:27PM	Kaulava Until 8:28AM	Nataraja: Clear		2nd Phase
Until 12:56AM Mon			Dvadashti* Until 8:01PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			

4	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 12 Sutra 176 Plava 5123
	Simha Rasi: 16.13	Tithi 28	Gulika 1:54PM – 3:25PM	Purvaphalguni Until 12:06AM Tue	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	
	Family Home Evening		Yama 10:52AM – 12:23PM	Subha Until 11:41AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23 - 12
	Creative Work	Siddha Yoga	655415463 Rahu 7:50AM – 9:21AM	Gara Until 7:25AM	Nataraja: Clear		2nd Phase
Until 12:06AM Tue			Trayodashi* Until 6:38PM	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Puratasi			
				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 177 Plava 5123
	Kanya Rasi: 0.06	Tithi 29 – 30	Gulika 12:23PM – 1:53PM	Uttaraphalguni Until 10:34PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	
			Yama 9:21AM – 10:52AM	Sukla Until 9:05AM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 23 - 13
	Creative Work	Amrita Yoga	655415463 Rahu 3:24PM – 4:55PM	Catuspada Until 3:27AM Wed	Nataraja: Clear		2nd Phase
Until 10:34PM			Chaturdashi* Until 4:37PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			

●	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 178 Plava 5123
	Retreat Star		Gulika 10:51AM – 12:22PM	Hasta Until 8:52PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:19AM	
	Kanya Rasi: 14.21	Tithi 30 – 1	Yama 7:50AM – 9:20AM	Brahma Until 6:03AM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 23 - 14
	Routine Work	Marana Yoga	665415463 Rahu 12:22PM – 1:53PM	Kintughna Until 12:48AM Thu	Nataraja: Clear		Amavasya
Until 8:52PM			Amavasya* Until 2:09PM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			
				Mahalaya Amavasai (Tamil Nadu)			

●	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 15 Sutra 179 Plava 5123
	Retreat Star		Gulika 9:20AM – 10:51AM	Chitra Until 6:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:18AM	
	Kanya Rasi: 28.52	Tithi 1 – 2	Yama 6:18AM – 7:49AM	Vaidhriti* Until 11:10PM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 9 - Phase 23 - 15
	Creative Work	Siddha Yoga	665415463 Rahu 1:53PM – 3:24PM	Balava Until 9:53PM	Nataraja: Clear		Prathama
Until 6:45PM			Prathama* Until 11:20AM	Moon – Green		Devaloka Day	
Then Creative Work - Amrita Yoga				Ashvina-Puratasi			
				Navaratri Begins			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

all times are standard time. Calculated for Nairobi, Kenya on 5/23/1

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1	Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya
	Tula Rasi: 13.33	Tithi 2 – 3	Gulika 7:49AM – 9:20AM	Svati Until 4:22PM	Ganesha: Orange	<i>Sunrise:</i> 6:18AM	Sun 16 Sutra 180
	Creative Work	Siddha Yoga	Yama 3:24PM – 4:55PM	Vishkamba* Until 7:33PM	Muruqa: White	<i>Sunset:</i> 6:25PM	Plava 5123
		666415464	Rahu 10:51AM – 12:22PM	Taitila Until 6:52PM	Nataraja: Purple		Moon 9 - Phase 24 - 16
				Dvitiya Until 8:21AM	Moon – Green		3rd Phase
					Ashvina+Puratasi	Subha Sivaloka Day	


2	Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthiyam Titau				Nairobi, Kenya
	Tula Rasi: 28.16	Tithi 4	Gulika 6:18AM – 7:49AM	Vishakha Until 2:16PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Sun 17 Sutra 181
	Creative Work	Siddha Yoga	Yama 1:52PM – 3:23PM	Priti Until 3:58PM	Muruqa: White	<i>Sunset:</i> 6:25PM	Plava 5123
		676415464	Rahu 9:20AM – 10:50AM	Vanija Until 3:52PM	Nataraja: Purple		Moon 9 - Phase 24 - 17
				Chaturthi* Until 2:24AM Sun	Moon – Orange		3rd Phase
					Ashvina+Puratasi	Subha Sivaloka Day	

3	Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya
	Vrischika Rasi: 12.55	Tithi 5	Gulika 3:23PM – 4:54PM	Anuradha Until 12:11PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Sun 18 Sutra 182
	Routine Work	Marana Yoga	Yama 12:21PM – 1:52PM	Ayushman Until 12:29PM	Muruqa: White	<i>Sunset:</i> 6:25PM	Plava 5123
		676415464	Rahu 4:54PM – 6:25PM	Bava Until 1:02PM	Nataraja: Purple		Moon 9 - Phase 24 - 18
				Panchami Until 11:41PM	Moon – Orange		3rd Phase
					Ashvina+Puratasi	Subha Sivaloka Day	

4	Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya
	Vrischika Rasi: 27.23	Tithi 6	Gulika 1:52PM – 3:23PM	Jyeshtha* Until 10:12AM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	Sun 19 Sutra 183
	Family Home Evening		Yama 10:50AM – 12:21PM	Saubhagya Until 9:13AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Plava 5123
Creative Work	Siddha Yoga	676515464	Rahu 7:48AM – 9:19AM	Kaulava Until 10:27AM	Nataraja: Purple		Moon 9 - Phase 24 - 19
				Shashthi* Until 9:16PM	Moon – Orange		3rd Phase
					Ashvina+Puratasi	Sivaloka Day	

5	Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Atthiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya
	Dhanus Rasi: 11.39	Tithi 7	Gulika 12:21PM – 1:52PM	Mula* Until 8:50AM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Sun 20 Sutra 184
	Creative Work	Amrita Yoga	Yama 9:19AM – 10:50AM	Sobhana Until 6:14AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Plava 5123
		686515464	Rahu 3:23PM – 4:54PM	Gara Until 8:12AM	Nataraja: Purple		Moon 9 - Phase 24 - 20
				Saptami Until 7:12PM	Moon – Light Blue		3rd Phase
					Ashvina+Puratasi	Subha Sivaloka Day	

	Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya
	Retreat Star		Gulika 10:49AM – 12:20PM	Purvashadha* Until 7:43AM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Sun 21 Sutra 185
	Dhanus Rasi: 25.4	Tithi 8 – 9	Yama 7:47AM – 9:18AM	Sukarma Until 1:12AM Thu	Muruqa: White	<i>Sunset:</i> 6:24PM	Plava 5123
Creative Work	Amrita Yoga	686515464	Rahu 12:20PM – 1:51PM	Visti Until 6:21AM	Nataraja: Purple		Moon 9 - Phase 24 - 21
				Ashtami* Until 5:33PM	Moon – Light Blue		Ashtami
			Durga Ashtami		Ashvina+Puratasi	Subha Sivaloka Day	

	Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nairobi, Kenya
	Retreat Star		Gulika 9:18AM – 10:49AM	Uttarashadha Until 6:52AM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Sun 22 Sutra 186
	Makara Rasi: 9.25	Tithi 9 – 10	Yama 6:16AM – 7:47AM	Dhriti Until 11:12PM	Muruqa: White	<i>Sunset:</i> 6:24PM	Plava 5123
Routine Work	Marana Yoga	686515464	Rahu 1:51PM – 3:22PM	Taitila Until 3:53AM Fri	Nataraja: Purple		Moon 9 - Phase 24 - 22
				Navami* Until 4:20PM	Moon – Light Blue		Navami
			Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	Subha Sivaloka Day	



Friday, October 22, 2021
Gold Retreat Star

Mesha Rasi: 21.28 Tithi 17
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 7:45AM – 9:16AM
Yama 3:21PM – 4:52PM
Rahu 10:48AM – 12:19PM

Bharani Until 4:25PM
Siddhi Until 7:07PM
Taitila Until 8:52AM
Dvitiya Until 10:01PM

Nairobi, Kenya
Sun 1 Sutra 194
Plava 5123
Moon 10 - Phase 26 - 1
1st Phase

Ganesha: Clear *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

1

Saturday, October 23, 2021

Vrishabha Rasi: 3.23 Tithi 18
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:14AM – 7:45AM
Yama 1:50PM – 3:21PM
Rahu 9:16AM – 10:47AM

Krittika Until 7:13PM
Vyatipata* Until 8:02PM
Vanija Until 11:17AM
Tritiya Until 12:34AM Sun

Nairobi, Kenya
Sun 2 Sutra 195
Plava 5123
Moon 10 - Phase 26 - 2
1st Phase

Ganesha: Clear *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

2

Sunday, October 24, 2021

Vrishabha Rasi: 15.13 Tithi 19
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:20PM – 4:52PM
Yama 12:18PM – 1:49PM
Rahu 4:52PM – 6:23PM

Rohini Until 10:32PM
Variyan Until 9:03PM
Bava Until 1:56PM
Chaturthi* Until 3:16AM Mon

Nairobi, Kenya
Sun 3 Sutra 196
Plava 5123
Moon 10 - Phase 26 - 3
1st Phase

Ganesha: Purple *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

3

Monday, October 25, 2021

Vrishabha Rasi: 26.59 Tithi 20
Family Home Evening
Creative Work Amrita Yoga
Until 1:41AM Tue
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:49PM – 3:20PM
Yama 10:47AM – 12:18PM
Rahu 7:45AM – 9:16AM

Mrigashira Until 1:41AM Tue
Parigha* Until 10:05PM
Kaulava Until 4:39PM
Panchami Until 5:57AM Tue

Nairobi, Kenya
Sun 4 Sutra 197
Plava 5123
Moon 10 - Phase 26 - 4
1st Phase

Ganesha: Purple *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:23PM
Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

4

Tuesday, October 26, 2021

Mithuna Rasi: 8.47 Tithi 21
Routine Work Marana Yoga
Until 4:28AM Wed
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Gara Karana Shashthyam Titau

Gulika 12:18PM – 1:49PM
Yama 9:16AM – 10:47AM
Rahu 3:20PM – 4:51PM

Ardra Until 4:28AM Wed
Shiva Until 11:01PM
Gara Until 7:13PM
Shashthi* Until 8:22AM Wed

Nairobi, Kenya
Sun 5 Sutra 198
Plava 5123
Moon 10 - Phase 26 - 5
1st Phase

Ganesha: Purple *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

5

Wednesday, October 27, 2021

Mithuna Rasi: 20.4 Tithi 21 – 22
Creative Work Siddha Yoga
Until 7:11AM Thu
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:47AM – 12:18PM
Yama 7:45AM – 9:16AM
Rahu 12:18PM – 1:49PM

Punarvasu Until 7:11AM Thu
Siddha Until 11:37PM
Visti Until 9:27PM
Shashthi* Until 8:22AM

Nairobi, Kenya
Sun 6 Sutra 199
Plava 5123
Moon 10 - Phase 26 - 6
1st Phase

Ganesha: Clear *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

D

Thursday, October 28, 2021
Retreat Star

Kataka Rasi: 2.43 Tithi 22 – 23
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Gulika 9:16AM – 10:47AM
Yama 6:13AM – 7:45AM
Rahu 1:49PM – 3:20PM

Punarvasu Until 7:11AM
Sadhya Until 11:48PM
Balava Until 11:07PM
Saptami Until 10:21AM

Nairobi, Kenya
Sun 7 Sutra 200
Plava 5123
Moon 10 - Phase 26 - 7
Ashtami

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

Friday, October 29, 2021

Retreat Star

Kataka Rasi: 15.02 Tithi 23 – 24
Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:44AM – 9:16AM
Yama 3:20PM – 4:51PM
Rahu 10:47AM – 12:18PM

Pushya Until 9:08AM
Subha Until 11:27PM
Taitila Until 12:05AM Sat
Ashtami* Until 11:41AM

Nairobi, Kenya
Sun 8 Sutra 201
Plava 5123
Moon 10 - Phase 26 - 8
Navami

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Clear *Sunset:* 6:22PM
Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1		Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Nairobi, Kenya Sun 9 Sutra 202 Plava 5123	
Kataka Rasi: 27.4	Tithi 24 – 25	Gulika 6:13AM – 7:44AM	Ashlesha* Until 10:12AM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM
		Yama 1:49PM – 3:20PM	Sukla Until 10:28PM				Moon 10 - Phase 27 - 9
		649525464 Rahu 9:15AM – 10:47AM	Vanija Until 12:14AM Sun	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Navami* Until 12:15PM	Moon – Blue		Subha Sivaloka Day	
Until 10:12AM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga							

2		Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau		Nairobi, Kenya Sun 10 Sutra 203 Plava 5123	
Simha Rasi: 10.41	Tithi 25 – 26	Gulika 3:20PM – 4:51PM	Magha* Until 10:46AM	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM
		Yama 12:18PM – 1:49PM	Brahma Until 8:49PM				Moon 10 - Phase 27 - 10
		649525464 Rahu 4:51PM – 6:22PM	Bava Until 11:33PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dashami Until 11:59AM	Moon – Red		Sivaloka Day	
Until 10:46AM				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

3		Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Nairobi, Kenya Sun 11 Sutra 204 Plava 5123	
Simha Rasi: 24.09	Tithi 26 – 27	Gulika 1:49PM – 3:20PM	Purvaphalguni Until 10:23AM	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM
Family Home Evening		Yama 10:47AM – 12:18PM	Indra Until 6:34PM				Moon 10 - Phase 27 - 11
		649525464 Rahu 7:44AM – 9:15AM	Kaulava Until 10:05PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 10:54AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

4		Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 12 Sutra 205 Plava 5123	
Kanya Rasi: 8.04	Tithi 27 – 28	Gulika 12:18PM – 1:49PM	Uttaraphalguni Until 9:07AM	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM
		Yama 9:15AM – 10:46AM	Vaidhriti* Until 3:43PM				Moon 10 - Phase 27 - 12
		649525464 Rahu 3:20PM – 4:51PM	Gara Until 7:55PM	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 9:03AM	Moon – Red		Sivaloka Day	
Until 9:07AM				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 13 Sutra 206 Plava 5123	
Kanya Rasi: 22.25	Tithi 28 – 29	Gulika 10:46AM – 12:18PM	Hasta Until 7:30AM	Ganesha: Red	<i>Sunrise:</i> 6:13AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM
		Yama 7:44AM – 9:15AM	Vishkambha* Until 12:23PM				Moon 10 - Phase 27 - 13
		649525464 Rahu 12:18PM – 1:49PM	Sakuni Until 3:37AM Thu	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 6:35AM	Moon – Green		Sivaloka Day	
Until 7:30AM		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day					

Retreat Star		Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Nairobi, Kenya Sun 14 Sutra 207 Plava 5123	
Tula Rasi: 7.07	Tithi 30	Gulika 9:15AM – 10:46AM	Svati Until 2:32AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:13AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM
		Yama 6:13AM – 7:44AM	Priti Until 8:42AM				Moon 10 - Phase 27 - 14
		649525464 Rahu 1:49PM – 3:20PM	Catuspada Until 2:01PM	Nataraja: Purple			Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 12:19AM Fri	Moon – Green		Sivaloka Day	
Until 2:32AM Fri				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, November 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Nairobi, Kenya Sun 15 Sutra 208 Plava 5123	
Tula Rasi: 22.04	Tithi 1	Gulika 7:44AM – 9:15AM	Vishakha Until 11:56PM	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM
		Yama 3:20PM – 4:51PM	Saubhagya Until 12:39AM Sat				Moon 10 - Phase 27 - 15
		671625464 Rahu 10:46AM – 12:18PM	Kintughna Until 10:36AM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:49PM	Moon – Orange		Devaloka Day	
		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya
	Wrischika Rasi: 7.08	Tithi 2 - 3	Gulika 6:13AM - 7:44AM	Anuradha Until 9:11PM	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	Sun 16 Sutra 209
			Yama 1:49PM - 3:20PM	Sobhana Until 8:36PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Plava 5123
	781625464	Rahu 9:15AM - 10:46AM	Balava Until 7:04AM	Dvitiya Until 5:18PM	Nataraja: Purple		Moon 10 - Phase 28 - 16
Creative Work	Siddha Yoga			Moon - Orange		3rd Phase	
				Kartika-Aipasi		Devaloka Day	

2	Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nairobi, Kenya
	Wrischika Rasi: 22.1	Tithi 3 - 4	Gulika 3:20PM - 4:51PM	Jyeshtha* Until 6:27PM	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	Sun 17 Sutra 210
			Yama 12:18PM - 1:49PM	Athiganda* Until 4:38PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Plava 5123
	771625464	Rahu 4:51PM - 6:23PM	Vanija Until 12:19AM Mon	Tritiya Until 1:55PM	Nataraja: Purple		Moon 10 - Phase 28 - 17
Routine Work	Marana Yoga			Moon - Orange		3rd Phase	
Until 6:27PM				Kartika-Aipasi		Devaloka Day	
Then Creative Work - Amrita Yoga							

3	Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya
	Dhanus Rasi: 7.02	Tithi 4 - 5	Gulika 1:49PM - 3:20PM	Mula* Until 4:18PM	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	Sun 18 Sutra 211
	Family Home Evening		Yama 10:47AM - 12:18PM	Sukarma Until 12:55PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Plava 5123
	781625464	Rahu 7:44AM - 9:15AM	Bava Until 9:23PM	Chaturthi* Until 10:47AM	Nataraja: Purple		Moon 10 - Phase 28 - 18
Creative Work	Siddha Yoga			Moon - Light Blue		3rd Phase	
Until 4:18PM				Kartika-Aipasi		Devaloka Day	
Then Routine Work - Marana Yoga							

4	Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya
	Dhanus Rasi: 21.37	Tithi 5 - 6	Gulika 12:18PM - 1:49PM	Purvashadha* Until 2:26PM	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	Sun 19 Sutra 212
			Yama 9:15AM - 10:47AM	Dhriti Until 9:33AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Plava 5123
	781625464	Rahu 3:20PM - 4:52PM	Kaulava Until 6:55PM	Panchami Until 8:04AM	Nataraja: Purple		Moon 10 - Phase 28 - 19
Creative Work	Siddha Yoga			Moon - Light Blue		3rd Phase	
Until 2:26PM		Skanda Shasthi		Kartika-Aipasi		Devaloka Day	
Then Routine Work - Prabalarishta Yoga							

5	Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya
	Makara Rasi: 5.5	Tithi 7	Gulika 10:47AM - 12:18PM	Uttarashadha Until 12:58PM	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	Sun 20 Sutra 213
			Yama 7:44AM - 9:15AM	Shula* Until 6:35AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Plava 5123
	781625464	Rahu 12:18PM - 1:49PM	Gara Until 5:00PM	Saptami Until 4:15AM Thu	Nataraja: Purple		Moon 10 - Phase 28 - 20
Creative Work	Amrita Yoga			Moon - Light Blue		3rd Phase	
Until 12:58PM				Kartika-Aipasi		Devaloka Day	
Then Creative Work - Siddha Yoga							

☾	Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya
	Retreat Star		Gulika 9:16AM - 10:47AM	Shravana Until 12:23PM	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	Sun 21 Sutra 214
	Makara Rasi: 19.42	Tithi 8	Yama 6:13AM - 7:44AM	Vriddhi Until 2:09AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Plava 5123
	791625464	Rahu 1:49PM - 3:21PM	Visti Until 3:42PM	Ashtami* Until 3:17AM Fri	Nataraja: Purple		Moon 10 - Phase 28 - 21
Creative Work	Siddha Yoga			Moon - Purple		Ashtami	
				Kartika-Aipasi		Sivaloka Day	

☽	Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya
	Retreat Star		Gulika 7:44AM - 9:16AM	Dhanishtha Until 12:18PM	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	Sun 22 Sutra 215
	Kumbha Rasi: 3.1	Tithi 9	Yama 3:21PM - 4:52PM	Dhruva Until 12:40AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Plava 5123
	791625464	Rahu 10:47AM - 12:18PM	Balava Until 3:04PM	Navami* Until 2:58AM Sat	Nataraja: Purple		Moon 10 - Phase 28 - 22
Creative Work	Siddha Yoga			Moon - Purple		Navami	
				Kartika-Aipasi		Sivaloka Day	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya
Sutra 223
Plava 5123
Moon 11 - Phase 30 -
1st Phase

Vrishabha Rasi: 11.58 Tithi 16 - 17

732625465

Gulika 6:14AM - 7:46AM
Yama 1:51PM - 3:22PM
Rahu 9:17AM - 10:48AM

Rohini Until 5:07AM Sun
Shiva Until 2:20AM Sun
Taitila Until 4:00AM Sun
Prathama* Until 2:37PM

Ganesha: Purple *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 6:25PM

Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 5:07AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya
Sun 1 Sutra 224
Plava 5123
Moon 11 - Phase 30 - 1
1st Phase

Vrishabha Rasi: 23.46 Tithi 17 - 18

732625465

Gulika 3:23PM - 4:54PM
Yama 12:20PM - 1:51PM
Rahu 4:54PM - 6:25PM

Mrigashira Until 8:14AM Mon
Siddha Until 3:19AM Mon
Vanija Until 6:42AM Mon
Dvitiya Until 5:20PM

Ganesha: Purple *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 6:25PM

Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya
Sun 2 Sutra 225
Plava 5123
Moon 11 - Phase 30 - 2
1st Phase

Mithuna Rasi: 5.33 Tithi 18

732625465

Gulika 1:51PM - 3:23PM
Yama 10:49AM - 12:20PM
Rahu 7:46AM - 9:17AM

Mrigashira Until 8:14AM
Sadhya Until 4:14AM Tue
Vanija Until 6:42AM
Tritiya Until 8:00PM

Ganesha: Purple *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 6:25PM

Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 8:14AM

Then Creative Work - Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya
Sun 3 Sutra 226
Plava 5123
Moon 11 - Phase 30 - 3
1st Phase

Mithuna Rasi: 17.23 Tithi 19

732625465

Gulika 12:20PM - 1:52PM
Yama 9:18AM - 10:49AM
Rahu 3:23PM - 4:54PM

Ardra Until 11:04AM
Subha Until 4:59AM Wed
Bava Until 9:17AM
Chaturthi* Until 10:28PM

Ganesha: Purple *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 6:26PM

Nataraja: Clear
Moon - Yellow

Sivaloka Day

Routine Work Marana Yoga

Until 11:04AM

Then Creative Work - Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya
Sun 4 Sutra 227
Plava 5123
Moon 11 - Phase 30 - 4
1st Phase

Mithuna Rasi: 29.19 Tithi 20

742625465

Gulika 10:49AM - 12:21PM
Yama 7:47AM - 9:18AM
Rahu 12:21PM - 1:52PM

Punarvasu Until 1:59PM
Sukla Until 5:26AM Thu
Kaulava Until 11:36AM
Panchami Until 12:36AM Thu

Ganesha: Clear *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 6:26PM

Nataraja: Clear
Moon - Blue

Devaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya
Sun 5 Sutra 228
Plava 5123
Moon 11 - Phase 30 - 5
1st Phase

Kataka Rasi: 11.24 Tithi 21

742625465

Gulika 9:18AM - 10:50AM
Yama 6:16AM - 7:47AM
Rahu 1:52PM - 3:24PM

Pushya Until 4:19PM
Brahma Until 5:30AM Fri
Gara Until 1:31PM
Shashthi* Until 2:15AM Fri

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 6:26PM

Nataraja: Clear
Moon - Blue

Devaloka Day

Creative Work Amrita Yoga

Until 4:19PM

Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya
Sun 6 Sutra 229
Plava 5123
Moon 11 - Phase 30 - 6
1st Phase

Kataka Rasi: 23.41 Tithi 22

742625465

Gulika 7:47AM - 9:19AM
Yama 3:24PM - 4:55PM
Rahu 10:50AM - 12:21PM

Ashlesha* Until 5:57PM
Indra Until 5:07AM Sat
Visti Until 2:52PM
Saptami Until 3:16AM Sat

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 6:27PM

Nataraja: Clear
Moon - Blue

Devaloka Day

Routine Work Marana Yoga

Then Creative Work - Siddha Yoga

Retreat Star

Saturday, November 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya
Sun 7 Sutra 230
Plava 5123
Moon 11 - Phase 30 - 7
Ashtami

Simha Rasi: 6.15 Tithi 23

752625465

Gulika 6:16AM - 7:47AM
Yama 1:53PM - 3:24PM
Rahu 9:19AM - 10:50AM

Magha* Until 7:14PM
Vaidhriti* Until 4:07AM Sun
Balava Until 3:32PM
Ashtami* Until 3:34AM Sun

Ganesha: White *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 6:27PM

Nataraja: Clear
Moon - Red

Sivaloka Day

Creative Work Amrita Yoga

Until 7:14PM

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya
Sun 8 Sutra 231
Plava 5123
Moon 11 - Phase 30 - 8
Navami

Simha Rasi: 19.09 Tithi 24

753625465

Gulika 3:25PM - 4:56PM
Yama 12:22PM - 1:53PM
Rahu 4:56PM - 6:27PM

Purvaphalguni Until 7:37PM
Vishkambha* Until 2:32AM Mon
Taitila Until 3:26PM
Navami* Until 3:04AM Mon

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 6:27PM

Nataraja: Clear
Moon - Red

Devaloka Day

Creative Work Siddha Yoga

Until 7:37PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

It times are standard time. Calculated for Nairobi, Kenya on 5/23/1


www.gurudeva.org/panchang


1	Monday, November 29, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Vanija/Visli* Karana Dashamyam Titau				Nairobi, Kenya Sun 9
	Kanya Rasi: 2.28	Tithi 25	Gulika 1:54PM – 3:25PM	Uttaraphalguni Until 7:04PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Sutra 232
	Family Home Evening	753625465	Yama 10:51AM – 12:22PM	Priti Until 12:20AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 7:48AM – 9:19AM	Vanija Until 2:32PM	Nataraja: Clear		Moon 11 - Phase 31 - 9
			Dashami Until 1:47AM Tue	Moon – Red		2nd Phase	
				Karttika-Karttikai		Devaloka Day	

2	Tuesday, November 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 10
	Kanya Rasi: 16.14	Tithi 26	Gulika 12:23PM – 1:54PM	Hasta Until 6:04PM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM	Sutra 233
		763725465	Yama 9:20AM – 10:51AM	Ayushman Until 9:32PM	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 3:25PM – 4:57PM	Bava Until 12:53PM	Nataraja: Clear		Moon 11 - Phase 31 - 10
			Ekadashi* Until 11:46PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Devaloka Day	

3	Wednesday, December 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Nairobi, Kenya Sun 11
	Tula Rasi: 0.26	Tithi 27	Gulika 10:52AM – 12:23PM	Chitra Until 4:17PM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM	Sutra 234
		763725465	Yama 7:49AM – 9:20AM	Saubhagya Until 6:12PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 12:23PM – 1:54PM	Kaulava Until 10:32AM	Nataraja: Clear		Moon 11 - Phase 31 - 11
			Dvadashi* Until 9:07PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Devaloka Day	

4	Thursday, December 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 12
	Tula Rasi: 15.04	Tithi 28 – 29	Gulika 9:21AM – 10:52AM	Svati Until 1:49PM	Ganesha: Yellow	<i>Sunrise:</i> 6:18AM	Sutra 235
		763725465	Yama 6:18AM – 7:49AM	Sobhana Until 2:28PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Plava 5123
	Creative Work Amrita Yoga		Rahu 1:55PM – 3:26PM	Gara Until 7:36AM	Nataraja: Clear		Moon 11 - Phase 31 - 12
Until 1:49PM			Trayodashi* Until 5:58PM	Moon – Green		2nd Phase	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai		Devaloka Day	

	Friday, December 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya Sun 13
	Retreat Star		Gulika 7:50AM – 9:21AM	Vishakha Until 11:14AM	Ganesha: Red	<i>Sunrise:</i> 6:18AM	Sutra 236
	Vrischika Rasi: 0.02	Tithi 29 – 30	Yama 3:27PM – 4:58PM	Athiganda* Until 10:24AM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Plava 5123
		773725465	Rahu 10:52AM – 12:24PM	Catuspada Until 12:38AM Sat	Nataraja: Clear		Moon 11 - Phase 31 - 13
Creative Work Siddha Yoga			Chaturdashi* Until 2:27PM	Moon – Orange		Amavasya	
				Karttika-Karttikai		Devaloka Day	

	Saturday, December 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 14
	Retreat Star		Gulika 6:19AM – 7:50AM	Anuradha Until 8:17AM	Ganesha: Red	<i>Sunrise:</i> 6:19AM	Sutra 237
	Vrischika Rasi: 15.12	Tithi 30 – 1	Yama 1:56PM – 3:27PM	Sukarma Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Plava 5123
		773725465	Rahu 9:21AM – 10:53AM	Kintughna Until 8:53PM	Nataraja: Clear		Moon 11 - Phase 31 - 14
Creative Work Siddha Yoga			Amavasya* Until 10:44AM	Moon – Orange		Prathama	
				Margasira-Karttikai		Devaloka Day	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 15
	Dhanus Rasi: 0.26	Tithi 1 – 2	783725465	Gulika 3:27PM – 4:59PM Yama 12:25PM – 1:56PM Rahu 4:59PM – 6:30PM	Mula* Until 2:25AM Mon Shula* Until 9:37PM Kaulava Until 3:24AM Mon Prathama* Until 7:00AM	Ganesha: Yellow Muruqa: Clear Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sunrise: 6:19AM Sunset: 6:30PM Moon 11 - Phase 32 - 15 3rd Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until 2:25AM Mon		Then Routine Work - Marana Yoga				

2	Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Nairobi, Kenya Sun 16
	Dhanus Rasi: 15.34	Tithi 3	783725465	Gulika 1:56PM – 3:28PM Yama 10:54AM – 12:25PM Rahu 7:51AM – 9:22AM	Purvashadha* Until 11:50PM Ganda* Until 5:35PM Taitila Until 1:42PM Tritiya Until 12:05AM Tue	Ganesha: Yellow Muruqa: Clear Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sunrise: 6:19AM Sunset: 6:31PM Moon 11 - Phase 32 - 16 3rd Phase Devaloka Day
	Family Home Evening	Marana Yoga					
	Routine Work		Then Routine Work - Marana Yoga				

3	Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Nairobi, Kenya Sun 17
	Makara Rasi: 0.27	Tithi 4	783725465	Gulika 12:25PM – 1:57PM Yama 9:23AM – 10:54AM Rahu 3:28PM – 5:00PM	Uttarashadha Until 9:33PM Vridhhi Until 1:54PM Vanija Until 10:36AM Chaturthi* Until 9:13PM	Ganesha: Yellow Muruqa: Clear Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sunrise: 6:20AM Sunset: 6:31PM Moon 11 - Phase 32 - 17 3rd Phase Devaloka Day
	Routine Work	Prabalarishta Yoga					
	Until 9:33PM		Then Creative Work - Siddha Yoga				

4	Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya Sun 18
	Makara Rasi: 14.58	Tithi 5	793725465	Gulika 10:54AM – 12:26PM Yama 7:52AM – 9:23AM Rahu 12:26PM – 1:57PM	Shravana Until 8:09PM Dhruva Until 10:37AM Bava Until 8:01AM Panchami Until 6:56PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 6:20AM Sunset: 6:31PM Moon 11 - Phase 32 - 18 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
	Until 8:09PM		Then Routine Work - Prabalarishta Yoga				

5	Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya Sun 19
	Makara Rasi: 29.03	Tithi 6 – 7	793725465	Gulika 9:23AM – 10:55AM Yama 6:21AM – 7:52AM Rahu 1:58PM – 3:29PM	Dhanishtha Until 7:18PM Vyaghata* Until 7:54AM Kaulava Until 6:05AM Shashthi* Until 5:23PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 6:21AM Sunset: 6:32PM Moon 11 - Phase 32 - 19 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					
			Vinayaga Viratam Ends				

6	Friday, December 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya Sun 20
	Kumbha Rasi: 12.4	Tithi 7 – 8	793725465	Gulika 7:52AM – 9:24AM Yama 3:30PM – 5:01PM Rahu 10:55AM – 12:27PM	Shatabhishak Until 7:05PM Vajra* Until 4:19AM Sat Visti Until 4:33AM Sat Saptami Until 4:37PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 6:21AM Sunset: 6:32PM Moon 11 - Phase 32 - 20 3rd Phase Sivaloka Day
	Creative Work	Siddha Yoga					

D	Saturday, December 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manla Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya Sun 21
	Retreat Star		713725465	Gulika 6:21AM – 7:53AM Yama 1:59PM – 3:30PM Rahu 9:24AM – 10:56AM	Purvaproshtapada* Until 7:57PM Siddhi Until 3:28AM Sun Balava Until 5:01AM Sun Ashtami* Until 4:40PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Clear Margasira-Karttikai	Sunrise: 6:21AM Sunset: 6:33PM Moon 11 - Phase 32 - 21 Ashtami Sivaloka Day
	Routine Work	Marana Yoga					
	Until 7:57PM		Then Creative Work - Siddha Yoga				

D	Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 22
	Retreat Star		713725465	Gulika 3:30PM – 5:02PM Yama 12:28PM – 1:59PM Rahu 5:02PM – 6:33PM	Uttaraproshtapada Until 9:26PM Vyatipata* Until 3:11AM Mon Taitila Until 6:12AM Mon Navami* Until 5:30PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Clear Margasira-Karttikai	Sunrise: 6:22AM Sunset: 6:33PM Moon 11 - Phase 32 - 22 Navami Sivaloka Day
	Creative Work	Amrita Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Nairobi, Kenya Sun 23 Sutra 246 Plava 5123
	Meena Rasi: 21.04	Tithi 10	Gulika 2:00PM – 3:31PM	Revati Until 11:22PM	Ganesha: Yellow	<i>Sunrise:</i> 6:22AM	
	Family Home Evening	714725465	Yama 10:57AM – 12:28PM	Variyan Until 3:22AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 11 - Phase 33 - 23
	Creative Work Siddha Yoga		Rahu 7:54AM – 9:25AM	Taitila Until 6:12AM	Nataraja: Clear		4th Phase
			Dashami Until 7:01PM	Moon – Clear		Devaloka Day	
				Margasira-Karttikai			

2	Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 247 Plava 5123
	Mesha Rasi: 3.15	Tithi 11	Gulika 12:29PM – 2:00PM	Ashvini Until 2:08AM Wed	Ganesha: White	<i>Sunrise:</i> 6:23AM	
		724725465	Yama 9:26AM – 10:57AM	Parigha* Until 3:56AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 11 - Phase 33 - 24
	Creative Work Siddha Yoga		Rahu 3:31PM – 5:03PM	Vanija Until 8:01AM	Nataraja: Clear		4th Phase
		Gita Jayanthi	Ekadashi Until 9:05PM	Moon – White		Bhuloka Day	
				Margasira-Karttikai		Devaloka Time: 3:PM to 6:PM	

3	Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvodashyam Titau				Nairobi, Kenya Sun 25 Sutra 248 Plava 5123
	Mesha Rasi: 15.14	Tithi 12	Gulika 10:58AM – 12:29PM	Bharani Until 5:04AM Thu	Ganesha: White	<i>Sunrise:</i> 6:23AM	
		724725465	Yama 7:55AM – 9:26AM	Shiva Until 4:46AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 11 - Phase 33 - 25
	Creative Work Siddha Yoga		Rahu 12:29PM – 2:00PM	Bava Until 10:18AM	Nataraja: Clear		4th Phase
Until 5:04AM Thu			Dvadashi Until 11:33PM	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Margasira-Karttikai		Devaloka Time: 3:PM to 6:PM	

4	Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 249 Plava 5123
	Mesha Rasi: 27.07	Tithi 13	Gulika 9:27AM – 10:58AM	Krittika Until 8:00AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	
		824725465	Yama 6:24AM – 7:55AM	Siddha Until 5:42AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 11 - Phase 33 - 26
	Routine Work Marana Yoga		Rahu 2:01PM – 3:32PM	Kaulava Until 12:53PM	Nataraja: Clear		4th Phase
		Markali Pillaiyar	Trayodashi Until 2:13AM Fri	Moon – White		Devaloka Day	
				Margasira-Markali			
				<i>Pradosha Vrata</i>			

5	Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 250 Plava 5123
	Vrisabha Rasi: 8.55	Tithi 14	Gulika 7:56AM – 9:27AM	Krittika Until 8:00AM	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM	
		824725465	Yama 3:33PM – 5:04PM	Sadhya Until 6:41AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Moon 11 - Phase 33 - 27
	Creative Work Siddha Yoga		Rahu 10:59AM – 12:30PM	Gara Until 3:36PM	Nataraja: Clear		4th Phase
Until 8:00AM			Chaturdashi* Until 4:57AM Sat	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga				Margasira-Markali			

○	Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Visti* Karana Purnimayam Titau				Nairobi, Kenya Sun 28 Sutra 251 Plava 5123
	Copper Retreat Star		Gulika 6:25AM – 7:56AM	Rohini Until 11:19AM	Ganesha: White	<i>Sunrise:</i> 6:25AM	
	Vrisabha Rasi: 20.43	Tithi 15	Yama 2:02PM – 3:33PM	Sadhya Until 6:41AM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Moon 11 - Phase 33 - Purnima
	Creative Work Amrita Yoga	834725465	Rahu 9:28AM – 10:59AM	Visti Until 6:20PM	Nataraja: Clear		
Until 11:19AM			Purnima* Until 7:38AM Sun	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira-Markali		Devaloka Time: 3:PM to 6:PM	

○	Sunday, December 19, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya Sun 29 Sutra 252 Plava 5123
	Silver Retreat Star		Gulika 3:34PM – 5:05PM	Mrigashira Until 2:23PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	
	Mithuna Rasi: 2.31	Tithi 15 – 16	Yama 12:31PM – 2:02PM	Subha Until 7:39AM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 11 - Phase 33 - Prathama
	Creative Work Siddha Yoga	834725465	Rahu 5:05PM – 6:37PM	Balava Until 8:56PM	Nataraja: Clear		
			Purnima* Until 7:38AM	Moon – Yellow		Bhuloka Day	
				Margasira-Markali		Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Sutra 253

Plava 5123

Mithuna Rasi: 14.23 Tithi 16 – 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 5:06PM

Then Creative Work - Amrita Yoga

Gulika

2:03PM – 3:34PM

Yama

11:00AM – 12:31PM

Rahu

7:57AM – 9:29AM

Ardra Until 5:06PM

Sukla Until 8:27AM

Taitila Until 11:21PM

Prathama* Until 10:09AM

Ganesha: White

Sunrise: 6:26AM

Muruqa: Clear

Sunset: 6:37PM

Nataraja: Clear

Moon – Yellow

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1

Tuesday, December 21, 2021

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 254

Plava 5123

Mithuna Rasi: 26.21 Tithi 17 – 18

844725465

Creative Work Siddha Yoga

Gulika

12:32PM – 2:03PM

Yama

9:29AM – 11:01AM

Rahu

3:35PM – 5:06PM

Punarvasu Until 7:54PM

Brahma Until 9:05AM

Vanija Until 1:28AM Wed

Dvitiya Until 12:25PM

Ganesha: Clear

Sunrise: 6:26AM

Muruqa: Clear

Sunset: 6:38PM

Nataraja: Clear

Moon – Blue

Margasira*Markali

Devaloka Day

2

Wednesday, December 22, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Vistri*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 8.25 Tithi 18 – 19

844725465

Creative Work Siddha Yoga

Gulika

11:01AM – 12:32PM

Yama

7:58AM – 9:30AM

Rahu

12:32PM – 2:04PM

Pushya Until 10:13PM

Indra Until 9:31AM

Bava Until 3:15AM Thu

Tritiya Until 2:23PM

Ganesha: Clear

Sunrise: 6:27AM

Muruqa: Clear

Sunset: 6:38PM

Nataraja: Clear

Moon – Blue

Margasira*Markali

Devaloka Day

3

Thursday, December 23, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 20.38 Tithi 19 – 20

844725465

Creative Work Siddha Yoga

Until 12:01AM Fri

Then Routine Work - Marana Yoga

Gulika

9:30AM – 11:02AM

Yama

6:27AM – 7:59AM

Rahu

2:04PM – 3:36PM

Ashlesha* Until 12:01AM Fri

Vaidhriti* Until 9:39AM

Kaulava Until 4:37AM Fri

Chaturthi* Until 3:58PM

Ganesha: Clear

Sunrise: 6:27AM

Muruqa: Clear

Sunset: 6:39PM

Nataraja: Clear

Moon – Blue

Margasira*Markali

Devaloka Day

4

Friday, December 24, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 3.01 Tithi 20 – 21

854725465

Routine Work Marana Yoga

Until 1:40AM Sat

Then Creative Work - Siddha Yoga

Gulika

7:59AM – 9:31AM

Yama

3:36PM – 5:08PM

Rahu

11:02AM – 12:33PM

Magha* Until 1:40AM Sat

Vishkambha* Until 9:28AM

Gara Until 5:30AM Sat

Panchami Until 5:06PM

Ganesha: Purple

Sunrise: 6:28AM

Muruqa: Clear

Sunset: 6:39PM

Nataraja: Clear

Moon – Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Saturday, December 25, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Vanija/Vistri* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 15.37 Tithi 21 – 22

855825465

Creative Work Siddha Yoga

Until 2:37AM Sun

Then Creative Work - Amrita Yoga

Gulika

6:28AM – 8:00AM

Yama

2:05PM – 3:37PM

Rahu

9:31AM – 11:03AM

Purvaphalguni Until 2:37AM Sun

Priti Until 8:55AM

Vistri Until 5:49AM Sun

Shashthi* Until 5:43PM

Ganesha: Purple

Sunrise: 6:28AM

Muruqa: Clear

Sunset: 6:40PM

Nataraja: Clear

Moon – Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

6

Sunday, December 26, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 259

Plava 5123

Simha Rasi: 28.29 Tithi 22 – 23

855825466

Creative Work Amrita Yoga

Until 2:50AM Mon

Then Creative Work - Siddha Yoga

Gulika

3:37PM – 5:09PM

Yama

12:34PM – 2:06PM

Rahu

5:09PM – 6:40PM

Uttaraphalguni Until 2:50AM Mon

Ayushman Until 7:54AM

Balava Until 5:30AM Mon

Saptami Until 5:43PM

Ganesha: Purple

Sunrise: 6:29AM

Muruqa: Clear

Sunset: 6:40PM

Nataraja: Orange

Moon – Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 11.4 Tithi 23 – 24

Family Home Evening 865825466

Creative Work Siddha Yoga

Gulika

2:06PM – 3:38PM

Yama

11:04AM – 12:35PM

Rahu

8:01AM – 9:32AM

Hasta Until 2:40AM Tue

Saubhagya Until 6:24AM

Taitila Until 4:30AM Tue

Ashtami* Until 5:04PM

Ganesha: Clear

Sunrise: 6:29AM

Muruqa: Clear

Sunset: 6:41PM

Nataraja: Orange

Moon – Green

Margasira*Markali

Devaloka Day

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya

Sun 8 Sutra 261

Plava 5123

Kanya Rasi: 25.13 Tithi 24 – 25

865825466

Creative Work Siddha Yoga

Gulika

12:35PM – 2:07PM

Yama

9:33AM – 11:04AM

Rahu

3:38PM – 5:10PM

Chitra Until 1:43AM Wed

Athiganda* Until 1:49AM Wed

Vanija Until 2:50AM Wed

Navami* Until 3:44PM

Ganesha: Clear

Sunrise: 6:30AM

Muruqa: Clear

Sunset: 6:41PM

Nataraja: Orange

Moon – Green

Margasira*Markali

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

ll times are standard time. Calculated for Nairobi, Kenya on 5/23/1


www.gurudeva.org/panchang

1	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Nairobi, Kenya
			Svati Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 262
	Tula Rasi: 9.11	Tithi 25 – 26	Gulika 11:04AM – 12:36PM	Svati Until 12:00AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Plava 5123
	865825466	Rahu 12:36PM – 2:07PM	Yama 8:02AM – 9:33AM	Sukarma Until 10:46PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 12 - Phase 35 - 9
Creative Work	Siddha Yoga		Bava Until 12:33AM Thu	Nataraja: Orange		2nd Phase	
			Dashami Until 1:45PM	Moon – Green		Devaloka Day	
				Margasira*Markali			

2	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Nairobi, Kenya
			Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 263
	Tula Rasi: 23.32	Tithi 26 – 27	Gulika 9:34AM – 11:05AM	Vishakha Until 10:02PM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Plava 5123
	875825466	Rahu 2:08PM – 3:39PM	Yama 6:31AM – 8:02AM	Dhriti Until 7:17PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 12 - Phase 35 - 10
Creative Work	Siddha Yoga		Kaulava Until 9:44PM	Nataraja: Orange		2nd Phase	
			Ekadashi* Until 11:11AM	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

3	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Nairobi, Kenya
			Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 264
	Vrischika Rasi: 8.14	Tithi 27 – 28	Gulika 8:03AM – 9:34AM	Anuradha Until 7:30PM	Ganesha: White	<i>Sunrise:</i> 6:31AM	Plava 5123
	875825466	Rahu 11:05AM – 12:37PM	Yama 3:40PM – 5:11PM	Shula* Until 3:25PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 35 - 11
Creative Work	Siddha Yoga		Gara Until 6:29PM	Nataraja: Orange		2nd Phase	
Until 7:30PM			Dvadashi* Until 8:08AM	Moon – Orange		Bhuloka Day	
Then Routine Work - Marana Yoga				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Nairobi, Kenya
			Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 265
	Vrischika Rasi: 23.14	Tithi 29	Gulika 6:32AM – 8:03AM	Jyeshtha* Until 4:35PM	Ganesha: White	<i>Sunrise:</i> 6:32AM	Plava 5123
	875825466	Rahu 9:35AM – 11:06AM	Yama 2:09PM – 3:40PM	Ganda* Until 11:20AM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 12 - Phase 35 - 12
Creative Work	Siddha Yoga		Visti Until 2:59PM	Nataraja: Orange		2nd Phase	
			Chaturdashi* Until 1:09AM Sun	Moon – Orange		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Nairobi, Kenya
	Retreat Star		Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 266
	Dhanus Rasi: 8.22	Tithi 30	Gulika 3:41PM – 5:12PM	Mula* Until 1:50PM	Ganesha: Green	<i>Sunrise:</i> 6:32AM	Plava 5123
	885825466	Rahu 5:12PM – 6:44PM	Yama 12:38PM – 2:09PM	Vriddhi Until 7:08AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 35 - 13
Creative Work	Amrita Yoga		Catuspada Until 11:21AM	Nataraja: Orange		Amavasya	
Until 1:50PM			Amavasya* Until 9:32PM	Moon – Light Blue		Bhuloka Day	
Then Creative Work - Siddha Yoga		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

Monday, January 3, 2022	Retreat Star		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Nairobi, Kenya
			Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 267
	Dhanus Rasi: 23.31	Tithi 1	Gulika 2:10PM – 3:41PM	Purvashadha* Until 11:01AM	Ganesha: Green	<i>Sunrise:</i> 6:33AM	Plava 5123
	885825466	Rahu 8:04AM – 9:35AM	Yama 11:07AM – 12:38PM	Vyaghata* Until 10:52PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 35 - 14
Family Home Evening			Kintughna Until 7:46AM	Nataraja: Orange		Prathama	
Routine Work	Marana Yoga		Prathama* Until 6:02PM	Moon – Light Blue		Bhuloka Day	
				Pausha*Markali		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, January 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau		Nairobi, Kenya Sun 15 Sutra 268 Plava 5123		
Makara Rasi: 8.29	Tithi 2 – 3	Gulika 12:39PM – 2:10PM	Uttarashadha Until 8:18AM	Ganesha: Orange	<i>Sunrise:</i> 6:33AM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 12 - Phase 36 - 15 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 9:36AM – 11:07AM	Harshana Until 7:06PM	Nataraja: Orange		Moon – Light Blue		Devaloka Day
Until 8:18AM		886825466 Rahu 3:42PM – 5:13PM	Taitila Until 1:26AM Wed	Pausha-Markali				
Then Creative Work - Siddha Yoga			Dvitiya Until 2:51PM					

2		Wednesday, January 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Nairobi, Kenya Sun 16 Sutra 269 Plava 5123		
Makara Rasi: 23.09	Tithi 3 – 4	Gulika 11:08AM – 12:39PM	Shravana Until 6:16AM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 36 - 16 3rd Phase
Creative Work	Siddha Yoga	Yama 8:05AM – 9:36AM	Vajra* Until 3:44PM	Nataraja: Orange		Moon – Purple		Devaloka Day
Until 6:16AM		896825466 Rahu 12:39PM – 2:11PM	Vanija Until 11:00PM	Pausha-Markali				
Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Jayanti	Tritiya Until 12:07PM					

3		Thursday, January 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Nairobi, Kenya Sun 17 Sutra 270 Plava 5123		
Kumbha Rasi: 7.25	Tithi 4 – 5	Gulika 9:37AM – 11:08AM	Shatabhishak Until 3:41AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 12 - Phase 36 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 6:34AM – 8:05AM	Siddhi Until 12:53PM	Nataraja: Orange		Moon – Purple		Devaloka Day
Until 6:16AM		896825466 Rahu 2:11PM – 3:43PM	Bava Until 9:16PM	Pausha-Markali				
Then Routine Work - Prabalarishta Yoga			Chaturthi* Until 10:01AM					

4		Friday, January 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Nairobi, Kenya Sun 18 Sutra 271 Plava 5123		
Kumbha Rasi: 21.13	Tithi 5 – 6	Gulika 8:06AM – 9:37AM	Purvaproshtapada* Until 3:48AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:34AM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 12 - Phase 36 - 18 3rd Phase
Creative Work	Siddha Yoga	Yama 3:43PM – 5:14PM	Vyatipata* Until 10:40AM	Nataraja: Orange		Moon – Clear		Devaloka Day
Until 4:37AM Sun		816825466 Rahu 11:09AM – 12:40PM	Kaulava Until 8:21PM	Pausha-Markali				
Then Creative Work - Amrita Yoga			Panchami Until 8:41AM					

5		Saturday, January 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Nairobi, Kenya Sun 19 Sutra 272 Plava 5123		
Meena Rasi: 4.31	Tithi 6 – 7	Gulika 6:35AM – 8:06AM	Uttaraproshtapada Until 4:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:35AM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 12 - Phase 36 - 19 3rd Phase
Creative Work	Siddha Yoga	Yama 2:12PM – 3:43PM	Variyan Until 9:07AM	Nataraja: Orange		Moon – Clear		Devaloka Day
Until 4:37AM Sun		816825466 Rahu 9:38AM – 11:09AM	Gara Until 8:20PM	Pausha-Markali				
Then Creative Work - Amrita Yoga			Shashthi* Until 8:13AM					

Retreat Star		Sunday, January 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Nairobi, Kenya Sun 20 Sutra 273 Plava 5123		
Meena Rasi: 17.23	Tithi 7 – 8	Gulika 3:44PM – 5:15PM	Revati Until 6:07AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:35AM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 12 - Phase 36 - 20 Ashtami
Creative Work	Amrita Yoga	Yama 12:41PM – 2:12PM	Parigha* Until 8:15AM	Nataraja: Orange		Moon – Clear		Devaloka Day
Until 6:07AM Mon		816825466 Rahu 5:15PM – 6:47PM	Visti Until 9:11PM	Pausha-Markali				
Then Creative Work - Siddha Yoga			Saptami Until 8:38AM					

Retreat Star		Monday, January 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Nairobi, Kenya Sun 21 Sutra 274 Plava 5123		
Meena Rasi: 29.51	Tithi 8 – 9	Gulika 2:13PM – 3:44PM	Revati Until 6:07AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 12 - Phase 36 - 21 Navami
Family Home Evening		Yama 11:10AM – 12:41PM	Shiva Until 8:03AM	Nataraja: Orange		Moon – Clear		Devaloka Day
Creative Work	Siddha Yoga	816825466 Rahu 8:07AM – 9:39AM	Balava Until 10:49PM	Pausha-Markali				
Then Creative Work - Siddha Yoga			Ashtami* Until 9:54AM					

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Sutra 283

Plava 5123

Moon 1 - Phase 38 - 1st Phase

Kataka Rasi: 17.36 Tithi 17

Gulika 11:13AM – 12:45PM
Yama 8:11AM – 9:42AM
848935466 Rahu 12:45PM – 2:16PM

Ashlesha* Until 5:42AM Thu
Priti Until 1:33PM
Taitila Until 5:03PM
Dvitiya Until 5:34AM Thu

Ganesha: Yellow Sunrise: 6:39AM
Muruga: Purple Sunset: 6:50PM
Nataraja: Orange
Moon – Blue
Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

Until 5:42AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Vanija Karana Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 284

Plava 5123

Moon 1 - Phase 38 - 1st Phase

Simha Rasi: 0.04 Tithi 18

Gulika 9:42AM – 11:14AM
Yama 6:40AM – 8:11AM
858935466 Rahu 2:16PM – 3:48PM

Magha* Until 7:10AM Fri
Ayushman Until 1:10PM
Vanija Until 6:02PM
Tritiya Until 6:21AM Fri

Ganesha: White Sunrise: 6:40AM
Muruga: Purple Sunset: 6:50PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 7:10AM Fri

Then Creative Work - Siddha Yoga

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Nairobi, Kenya

Sun 2 Sutra 285

Plava 5123

Moon 1 - Phase 38 - 2 1st Phase

Simha Rasi: 12.42 Tithi 18 – 19

Gulika 8:11AM – 9:43AM
Yama 3:48PM – 5:19PM
858935466 Rahu 11:14AM – 12:45PM

Magha* Until 7:10AM
Saubhagya Until 12:31PM
Bava Until 6:37PM
Tritiya Until 6:21AM

Ganesha: White Sunrise: 6:40AM
Muruga: Purple Sunset: 6:51PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 7:10AM

Then Creative Work - Siddha Yoga

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 286

Plava 5123

Moon 1 - Phase 38 - 3 1st Phase

Simha Rasi: 25.31 Tithi 19 – 20

Gulika 6:40AM – 8:12AM
Yama 2:17PM – 3:48PM
858935466 Rahu 9:43AM – 11:14AM

Purvaphalguni Until 8:06AM
Sobhana Until 11:35AM
Kaulava Until 6:49PM
Chaturthi* Until 6:45AM

Ganesha: White Sunrise: 6:40AM
Muruga: Purple Sunset: 6:51PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 8:06AM

Then Routine Work - Marana Yoga

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 287

Plava 5123

Moon 1 - Phase 38 - 4 1st Phase

Kanya Rasi: 8.32 Tithi 20 – 21

Gulika 3:48PM – 5:20PM
Yama 12:46PM – 2:17PM
858935466 Rahu 5:20PM – 6:51PM

Uttaraphalguni Until 8:30AM
Athiganda* Until 10:18AM
Gara Until 6:36PM
Panchami Until 6:44AM

Ganesha: White Sunrise: 6:41AM
Muruga: Purple Sunset: 6:51PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Devaloka Day

Creative Work Amrita Yoga

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 288

Plava 5123

Moon 1 - Phase 38 - 5 1st Phase

Kanya Rasi: 21.46 Tithi 21 – 22

Gulika 2:17PM – 3:49PM
Yama 11:15AM – 12:46PM
869935466 Rahu 8:12AM – 9:43AM

Hasta Until 8:47AM
Sukarma Until 8:42AM
Bava Until 5:24AM Tue
Shashthi* Until 6:18AM

Ganesha: Orange Sunrise: 6:41AM
Muruga: Purple Sunset: 6:51PM
Nataraja: Orange
Moon – Green
Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

Until 8:47AM

Then Routine Work - Prabalarishta Yoga

☾

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 289

Plava 5123

Moon 1 - Phase 38 - 6 Ashtami

Tula Rasi: 5.16 Tithi 23

Gulika 12:46PM – 2:18PM
Yama 9:44AM – 11:15AM
969935466 Rahu 3:49PM – 5:20PM

Chitra Until 8:28AM
Dhriti Until 6:45AM
Balava Until 4:47PM
Ashtami* Until 4:01AM Wed

Ganesha: Green Sunrise: 6:41AM
Muruga: Purple Sunset: 6:51PM
Nataraja: Orange
Moon – Green
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 290

Plava 5123

Moon 1 - Phase 38 - 7 Navami

Tula Rasi: 19.02 Tithi 24

Gulika 11:15AM – 12:46PM
Yama 8:13AM – 9:44AM
969935466 Rahu 12:46PM – 2:18PM

Svati Until 7:31AM
Ganda* Until 1:39AM Thu
Taitila Until 3:09PM
Navami* Until 2:08AM Thu

Ganesha: Green Sunrise: 6:41AM
Muruga: Purple Sunset: 6:52PM
Nataraja: Orange
Moon – Green
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1	Thursday, January 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Vanija/Visli* Karana Dashamyam Titau				Nairobi, Kenya Sun 8 Sutra 291
	Vrischika Rasi: 3.06	Tithi 25	Gulika	9:44AM – 11:15AM	Vishakha Until 6:23AM	Ganesha: Orange	Plava 5123
			Yama	6:42AM – 8:13AM	Vriddhi Until 10:34PM	Muruqa: Purple	Moon 1 - Phase 39 - 8
	Creative Work	Siddha Yoga	979935466 Rahu	2:18PM – 3:49PM	Vanija Until 1:03PM	Nataraja: Orange	2nd Phase
			Dashami Until 11:49PM		Moon – Orange	Sivaloka Day	
					Pausha*Thai		

2	Friday, January 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 9 Sutra 292
	Vrischika Rasi: 17.28	Tithi 26	Gulika	8:13AM – 9:44AM	Jyeshtha* Until 2:27AM Sat	Ganesha: Orange	Plava 5123
			Yama	3:49PM – 5:21PM	Dhruva Until 7:08PM	Muruqa: Purple	Moon 1 - Phase 39 - 9
	Routine Work	Marana Yoga	979935466 Rahu	11:16AM – 12:47PM	Bava Until 10:31AM	Nataraja: Orange	2nd Phase
			Ekadashi* Until 9:06PM		Moon – Orange	Sivaloka Day	
					Pausha*Thai		

3	Saturday, January 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Nairobi, Kenya Sun 10 Sutra 293
	Dhanus Rasi: 2.05	Tithi 27	Gulika	6:42AM – 8:13AM	Mula* Until 12:16AM Sun	Ganesha: Light Blue	Plava 5123
			Yama	2:18PM – 3:50PM	Vyaghata* Until 3:29PM	Muruqa: Purple	Moon 1 - Phase 39 - 10
	Creative Work	Siddha Yoga	989935466 Rahu	9:45AM – 11:16AM	Kaulava Until 7:39AM	Nataraja: Orange	2nd Phase
			Dvadashti* Until 6:06PM		Moon – Light Blue	Devaloka Day	
					Pausha*Thai		

4	Sunday, January 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 11 Sutra 294
	Dhanus Rasi: 16.52	Tithi 28 – 29	Gulika	3:50PM – 5:21PM	Purvashadha* Until 9:49PM	Ganesha: Light Blue	Plava 5123
			Yama	12:47PM – 2:19PM	Harshana Until 11:42AM	Muruqa: Purple	Moon 1 - Phase 39 - 11
	Creative Work	Siddha Yoga	989935466 Rahu	5:21PM – 6:52PM	Visti Until 1:22AM Mon	Nataraja: Orange	2nd Phase
			Trayodashi* Until 2:57PM		Moon – Light Blue	Devaloka Day	
					Pausha*Thai		
			<i>Pradosha Vrata (Fasting)</i>				

●	Monday, January 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya Sun 12 Sutra 295
	Retreat Star		Gulika	2:19PM – 3:50PM	Uttarashadha Until 7:16PM	Ganesha: Light Blue	Plava 5123
	Makara Rasi: 1.43	Tithi 29 – 30	Yama	11:16AM – 12:47PM	Vajra* Until 7:51AM	Muruqa: Purple	Moon 1 - Phase 39 - 12
	Family Home Evening		989935466 Rahu	8:14AM – 9:45AM	Catuspada Until 10:15PM	Nataraja: Orange	Amavasya
			Chaturdashi* Until 11:46AM		Moon – Light Blue	Devaloka Day	
					Pausha*Thai		

●	Tuesday, February 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 13 Sutra 296
	Retreat Star		Gulika	12:47PM – 2:19PM	Shravana Until 5:12PM	Ganesha: Clear	Plava 5123
	Makara Rasi: 16.29	Tithi 30 – 1	Yama	9:45AM – 11:16AM	Vyatipata* Until 12:37AM Wed	Muruqa: Purple	Moon 1 - Phase 39 - 13
	Creative Work	Siddha Yoga	991935466 Rahu	3:50PM – 5:21PM	Kintughna Until 7:21PM	Nataraja: Orange	Prathama
			Amavasya* Until 8:45AM		Moon – Purple	Sivaloka Day	
					Magha*Thai		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan Yoga Bava/Kaulava Karana Prathama/Dvityayam Titau				Nairobi, Kenya
	Kumbha Rasi: 1.04	Tithi 1 – 2	Gulika 11:16AM – 12:48PM Yama 8:14AM – 9:45AM 991935467 Rahu 12:48PM – 2:19PM	Dhanishtha Until 3:22PM Variyan Until 9:26PM Kaulava Until 3:46AM Thu Prathama* Until 6:01AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Purple Magha-Thai	Sunrise: 6:43AM Sunset: 6:53PM	Sun 14 Sutra 297 Plava 5123 Moon 1 - Phase 40 - 14 3rd Phase Sivaloka Day
Routine Work Prabalarishta Yoga Until 3:22PM Then Creative Work - Siddha Yoga							

2	Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Taitila/Gara Karana Trityayam Titau				Nairobi, Kenya
	Kumbha Rasi: 15.17	Tithi 3	Gulika 9:45AM – 11:16AM Yama 6:43AM – 8:14AM 991935467 Rahu 2:19PM – 3:50PM	Shatabhishak Until 1:55PM Parigha* Until 6:44PM Taitila Until 2:54PM Tritiya Until 2:09AM Fri	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Magha-Thai	Sunrise: 6:43AM Sunset: 6:53PM	Sun 15 Sutra 298 Plava 5123 Moon 1 - Phase 40 - 15 3rd Phase Sivaloka Day
Creative Work Siddha Yoga							

3	Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Nairobi, Kenya
	Kumbha Rasi: 29.07	Tithi 4	Gulika 8:14AM – 9:45AM Yama 3:50PM – 5:22PM 991935467 Rahu 11:17AM – 12:48PM	Purvaproshtapada* Until 1:27PM Shiva Until 4:38PM Vanija Until 1:38PM Chaturthi* Until 1:18AM Sat	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Clear Magha-Thai	Sunrise: 6:43AM Sunset: 6:53PM	Sun 16 Sutra 299 Plava 5123 Moon 1 - Phase 40 - 16 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga							

4	Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya
	Meena Rasi: 12.3	Tithi 5	Gulika 6:43AM – 8:14AM Yama 2:19PM – 3:50PM 991935467 Rahu 9:45AM – 11:17AM	Uttaraproshtapada Until 1:37PM Siddha Until 3:09PM Bava Until 1:12PM Panchami Until 1:17AM Sun	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Clear Magha-Thai	Sunrise: 6:43AM Sunset: 6:53PM	Sun 17 Sutra 300 Plava 5123 Moon 1 - Phase 40 - 17 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 1:37PM Then Routine Work - Prabalarishta Yoga							

5	Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya
	Meena Rasi: 25.26	Tithi 6	Gulika 3:50PM – 5:22PM Yama 12:48PM – 2:19PM 991935467 Rahu 5:22PM – 6:53PM	Revati Until 2:29PM Sadhya Until 2:21PM Kaulava Until 1:38PM Shashthi* Until 2:09AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon – Clear Magha-Thai	Sunrise: 6:43AM Sunset: 6:53PM	Sun 18 Sutra 301 Plava 5123 Moon 1 - Phase 40 - 18 3rd Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 2:29PM Then Creative Work - Siddha Yoga							

6	Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya
	Mesha Rasi: 7.58	Tithi 7	Gulika 2:19PM – 3:50PM Yama 11:17AM – 12:48PM 921935467 Rahu 8:14AM – 9:46AM	Ashvini Until 4:28PM Subha Until 2:12PM Gara Until 2:54PM Saptami Until 3:48AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 6:43AM Sunset: 6:53PM	Sun 19 Sutra 302 Plava 5123 Moon 1 - Phase 40 - 19 3rd Phase Sivaloka Day
Family Home Evening Creative Work Siddha Yoga							

D	Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya
	Mesha Rasi: 20.1	Tithi 8	Gulika 12:48PM – 2:19PM Yama 9:46AM – 11:17AM 921935467 Rahu 3:51PM – 5:22PM	Bharani Until 6:57PM Sukla Until 2:34PM Visti Until 4:53PM Ashtami* Until 6:03AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 6:43AM Sunset: 6:53PM	Sun 20 Sutra 303 Plava 5123 Moon 1 - Phase 40 - 20 Ashtami Sivaloka Day
Creative Work Siddha Yoga							

D	Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya
	Vrishabha Rasi: 2.08	Tithi 8 – 9	Gulika 11:17AM – 12:48PM Yama 8:15AM – 9:46AM 921935467 Rahu 12:48PM – 2:19PM	Krittika Until 9:44PM Brahma Until 3:20PM Balava Until 7:22PM Ashtami* Until 6:03AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 6:43AM Sunset: 6:53PM	Sun 21 Sutra 304 Plava 5123 Moon 1 - Phase 40 - 21 Navami Sivaloka Day
Creative Work Amrita Yoga Until 9:44PM Then Creative Work - Siddha Yoga							

1	Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nairobi, Kenya
	Vishabha Rasi: 13.58	Tithi 9 – 10	Gulika 9:46AM – 11:17AM	Rohini Until 1:03AM Fri	Ganesha: White	<i>Sunrise:</i> 6:44AM	Sun 22 Sutra 305
	931935467		Yama 6:44AM – 8:15AM	Indra Until 4:20PM	Muruqa: Purple	<i>Sunset:</i> 6:53PM	Plava 5123
	Routine Work Marana Yoga		Rahu 2:19PM – 3:51PM	Taitila Until 10:05PM	Nataraja: Clear		Moon 1 - Phase 41 - 22
			Navami* Until 8:41AM	Moon – Yellow		4th Phase	
				Magha-Thai		Subha Sivaloka Day	

2	Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya
	Vishabha Rasi: 25.45	Tithi 10 – 11	Gulika 8:15AM – 9:46AM	Mrigashira Until 4:09AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Sun 23 Sutra 306
	932935467		Yama 3:51PM – 5:22PM	Vaidhriti* Until 5:19PM	Muruqa: Purple	<i>Sunset:</i> 6:53PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 11:17AM – 12:48PM	Vanija Until 12:46AM Sat	Nataraja: Clear		Moon 1 - Phase 41 - 23
			Dashami Until 11:26AM	Moon – Yellow		4th Phase	
				Magha-Thai		Sivaloka Day	

3	Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya
	Mithuna Rasi: 7.34	Tithi 11 – 12	Gulika 6:44AM – 8:15AM	Ardra Until 6:48AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Sun 24 Sutra 307
	932935467		Yama 2:19PM – 3:51PM	Vishkambha* Until 6:10PM	Muruqa: Purple	<i>Sunset:</i> 6:53PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 9:46AM – 11:17AM	Bava Until 3:12AM Sun	Nataraja: Clear		Moon 1 - Phase 41 - 24
			Ekadashi Until 2:01PM	Moon – Yellow		4th Phase	
				Magha-Thai		Sivaloka Day	

4	Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya
	Mithuna Rasi: 19.3	Tithi 12 – 13	Gulika 3:51PM – 5:22PM	Ardra Until 6:48AM	Ganesha: Red	<i>Sunrise:</i> 6:44AM	Sun 25 Sutra 308
	932135467		Yama 12:48PM – 2:19PM	Priti Until 6:45PM	Muruqa: Purple	<i>Sunset:</i> 6:53PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 5:22PM – 6:53PM	Kaulava Until 5:13AM Mon	Nataraja: Clear		Moon 1 - Phase 41 - 25
			Dvadashi Until 4:15PM	Moon – Yellow		4th Phase	
				Magha-Masi		Sivaloka Day	

Pradosha Vrata

5	Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Taitila Karana Trayodashyam Titau				Nairobi, Kenya
	Kataka Rasi: 2	Tithi 13	Gulika 2:19PM – 3:51PM	Punarvasu Until 9:23AM	Ganesha: Blue	<i>Sunrise:</i> 6:44AM	Sun 26 Sutra 309
	942135467		Yama 11:17AM – 12:48PM	Ayushman Until 6:57PM	Muruqa: Purple	<i>Sunset:</i> 6:53PM	Plava 5123
	Family Home Evening		Rahu 8:15AM – 9:46AM	Taitila Until 6:00PM	Nataraja: Clear		Moon 1 - Phase 41 - 26
Creative Work Amrita Yoga			Trayodashi Until 6:00PM	Moon – Blue		4th Phase	
Until 9:23AM				Magha-Masi		Devaloka Day	
Then Creative Work - Siddha Yoga							

6	Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau				Nairobi, Kenya
	Kataka Rasi: 13.55	Tithi 14	Gulika 12:48PM – 2:19PM	Pushya Until 11:18AM	Ganesha: Blue	<i>Sunrise:</i> 6:44AM	Sun 27 Sutra 310
	942135467		Yama 9:46AM – 11:17AM	Saubhagya Until 6:46PM	Muruqa: Purple	<i>Sunset:</i> 6:53PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 3:51PM – 5:22PM	Gara Until 6:42AM	Nataraja: Clear		Moon 1 - Phase 41 - 27
			Chaturdashi* Until 7:14PM	Moon – Blue		4th Phase	
		Chidambaram Abhishekam		Magha-Masi		Devaloka Day	

○	Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Visti*/Bava Karana Purnimayam Titau				Nairobi, Kenya
	Copper Retreat Star		Gulika 11:17AM – 12:48PM	Ashlesha* Until 12:33PM	Ganesha: Blue	<i>Sunrise:</i> 6:44AM	Sutra 311
	Kataka Rasi: 26.26	Tithi 15	Yama 8:15AM – 9:46AM	Sobhana Until 6:12PM	Muruqa: Purple	<i>Sunset:</i> 6:53PM	Plava 5123
	942135467		Rahu 12:48PM – 2:19PM	Visti Until 7:40AM	Nataraja: Clear		Moon 1 - Phase 41 -
Creative Work Siddha Yoga			Purnima* Until 7:57PM	Moon – Blue		Purnima	
				Magha-Masi		Devaloka Day	

○	Thursday, February 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Nairobi, Kenya
	Silver Retreat Star		Gulika 9:46AM – 11:17AM	Magha* Until 1:39PM	Ganesha: Yellow	<i>Sunrise:</i> 6:44AM	Sutra 312
	Simha Rasi: 9.13	Tithi 16	Yama 6:44AM – 8:15AM	Athiganda* Until 5:13PM	Muruqa: Purple	<i>Sunset:</i> 6:53PM	Plava 5123
	952135467		Rahu 2:19PM – 3:50PM	Balava Until 8:08AM	Nataraja: Clear		Moon 1 - Phase 41 -
Creative Work Amrita Yoga			Prathama* Until 8:10PM	Moon – Red		Prathama	
Until 1:39PM				Magha-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

Il times are standard time. Calculated for Nairobi, Kenya on 5/23/1

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Friday, February 18, 2022

Gold Retreat Star

Simha Rasi: 22.11 Tithi 17

952135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 313

Plava 5123

Moon 2 - Phase 42 - 1

1st Phase

Gulika 8:15AM - 9:46AM

Yama 3:50PM - 5:21PM

Rahu 11:17AM - 12:48PM

Purvaphalguni Until 2:09PM

Sukarma Until 3:56PM

Taitila Until 8:08AM

Dvitiya Until 7:59PM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Clear

Moon - Red

Magha-Masi

Sunrise: 6:44AM

Sunset: 6:53PM

Sivaloka Day

Saturday, February 19, 2022

1

Kanya Rasi: 5.23 Tithi 18

952135467

Routine Work Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Nairobi, Kenya

Sun 2 Sutra 314

Plava 5123

Moon 2 - Phase 42 - 2

1st Phase

Gulika 6:44AM - 8:15AM

Yama 2:19PM - 3:50PM

Rahu 9:46AM - 11:17AM

Uttaraphalguni Until 2:10PM

Dhriti Until 2:23PM

Vanija Until 7:46AM

Tritiya Until 7:26PM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Clear

Moon - Red

Magha-Masi

Sunrise: 6:44AM

Sunset: 6:52PM

Sivaloka Day

Sunday, February 20, 2022

2

Kanya Rasi: 18.44 Tithi 19

962135467

Creative Work Amrita Yoga

Until 2:10PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya

Sun 3 Sutra 315

Plava 5123

Moon 2 - Phase 42 - 3

1st Phase

Gulika 3:50PM - 5:21PM

Yama 12:48PM - 2:19PM

Rahu 5:21PM - 6:52PM

Hasta Until 2:10PM

Shula* Until 12:34PM

Bava Until 7:04AM

Chaturthi* Until 6:35PM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - Green

Magha-Masi

Sunrise: 6:44AM

Sunset: 6:52PM

Devaloka Day

Monday, February 21, 2022

3

Tula Rasi: 2.16 Tithi 20 - 21

Family Home Evening

Routine Work Prabalarishta Yoga

Until 1:45PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 316

Plava 5123

Moon 2 - Phase 42 - 4

1st Phase

Gulika 2:19PM - 3:50PM

Yama 11:17AM - 12:48PM

Rahu 8:15AM - 9:46AM

Chitra Until 1:45PM

Ganda* Until 10:33AM

Kaulava Until 6:05AM

Panchami Until 5:28PM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - Green

Magha-Masi

Sunrise: 6:44AM

Sunset: 6:52PM

Devaloka Day

Tuesday, February 22, 2022

4

Tula Rasi: 15.55 Tithi 21 - 22

962135467

Creative Work Siddha Yoga

Until 12:57PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 317

Plava 5123

Moon 2 - Phase 42 - 5

1st Phase

Gulika 12:48PM - 2:19PM

Yama 9:46AM - 11:17AM

Rahu 3:50PM - 5:21PM

Svati Until 12:57PM

Vridhi Until 8:20AM

Visti Until 3:21AM Wed

Shashthi* Until 4:06PM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - Green

Magha-Masi

Sunrise: 6:43AM

Sunset: 6:52PM

Devaloka Day

Wednesday, February 23, 2022

Retreat Star

Tula Rasi: 29.44 Tithi 22 - 23

972135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 318

Plava 5123

Moon 2 - Phase 42 - 6

Ashtami

Gulika 11:17AM - 12:48PM

Yama 8:14AM - 9:46AM

Rahu 12:48PM - 2:19PM

Vishakha Until 12:11PM

Vyaghata* Until 3:17AM Thu

Balava Until 1:36AM Thu

Saptami Until 2:29PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Orange

Magha-Masi

Sunrise: 6:43AM

Sunset: 6:52PM

Sivaloka Day

Thursday, February 24, 2022

Retreat Star

Vrischika Rasi: 13.42 Tithi 23 - 24

973135467

Creative Work Siddha Yoga

Until 11:02AM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 319

Plava 5123

Moon 2 - Phase 42 - 7

Navami

Gulika 9:45AM - 11:16AM

Yama 6:43AM - 8:14AM

Rahu 2:19PM - 3:50PM

Anuradha Until 11:02AM

Harshana Until 12:30AM Fri

Taitila Until 11:37PM

Ashtami* Until 12:38PM

Ganesha: Purple

Muruqa: Purple

Nataraja: Clear

Moon - Orange

Magha-Masi

Sunrise: 6:43AM

Sunset: 6:52PM

Subha Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

ll times are standard time. Calculated for Nairobi, Kenya on 5/23/1

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1		Friday, February 25, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Nairobi, Kenya Sun 8 Sutra 320 Plava 5123
Virschika Rasi: 27.49	Tithi 24 – 25	Gulika 8:14AM – 9:45AM	Jyeshtha* Until 9:31AM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM		
		Yama 3:49PM – 5:20PM	Vajra* Until 9:29PM	Muruqa: Purple	<i>Sunset:</i> 6:51PM		Moon 2 - Phase 43 - 8
		973135467 Rahu 11:16AM – 12:47PM	Vanija Until 9:25PM	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Navami* Until 10:31AM	Moon – Orange		Subha Sivaloka Day	
Until 9:31AM				Magha-Masi			
Then Creative Work - Amrita Yoga							

2		Saturday, February 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Nairobi, Kenya Sun 9 Sutra 321 Plava 5123
Dhanus Rasi: 12.05	Tithi 25 – 26	Gulika 6:43AM – 8:14AM	Mula* Until 8:04AM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM		
		Yama 2:18PM – 3:49PM	Siddhi Until 6:21PM	Muruqa: Purple	<i>Sunset:</i> 6:51PM		Moon 2 - Phase 43 - 9
		983135467 Rahu 9:45AM – 11:16AM	Bava Until 7:01PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 8:13AM	Moon – Light Blue		Sivaloka Day	
				Magha-Masi			

3		Sunday, February 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Tailita Karana Dvadashyam Titau			Nairobi, Kenya Sun 10 Sutra 322 Plava 5123
Dhanus Rasi: 26.28	Tithi 27	Gulika 3:49PM – 5:20PM	Purvashadha* Until 6:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM		
		Yama 12:47PM – 2:18PM	Vyatipata* Until 3:09PM	Muruqa: Purple	<i>Sunset:</i> 6:51PM		Moon 2 - Phase 43 - 10
		983135467 Rahu 5:20PM – 6:51PM	Kaulava Until 4:32PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:15AM Mon	Moon – Light Blue		Sivaloka Day	
Until 6:20AM				Magha-Masi			
Then Creative Work - Amrita Yoga							

4		Monday, February 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau			Nairobi, Kenya Sun 11 Sutra 323 Plava 5123
Makara Rasi: 10.52	Tithi 28	Gulika 2:18PM – 3:49PM	Shravana Until 2:49AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:43AM		
Family Home Evening		Yama 11:16AM – 12:47PM	Variyan Until 11:54AM	Muruqa: Purple	<i>Sunset:</i> 6:51PM		Moon 2 - Phase 43 - 11
Creative Work	Amrita Yoga	993135467 Rahu 8:14AM – 9:45AM	Gara Until 2:02PM	Nataraja: Clear			2nd Phase
Until 2:49AM Tue			Trayodashi* Until 12:48AM Tue	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga				Magha-Masi			
			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, March 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Nairobi, Kenya Sun 12 Sutra 324 Plava 5123
Makara Rasi: 25.13	Tithi 29	Gulika 12:47PM – 2:17PM	Dhanishtha Until 1:17AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:43AM		
		Yama 9:45AM – 11:16AM	Parigha* Until 8:46AM	Muruqa: Purple	<i>Sunset:</i> 6:50PM		Moon 2 - Phase 43 - 12
		993135467 Rahu 3:48PM – 5:19PM	Visti Until 11:39AM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:32PM	Moon – Purple		Sivaloka Day	
				Magha-Masi			

		Wednesday, March 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Nairobi, Kenya Sun 13 Sutra 325 Plava 5123
Retreat Star		Gulika 11:15AM – 12:46PM	Shatabhishak Until 11:57PM	Ganesha: Orange	<i>Sunrise:</i> 6:42AM		
Kumbha Rasi: 9.26	Tithi 30	Yama 8:13AM – 9:44AM	Siddha Until 3:10AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:50PM		Moon 2 - Phase 43 - 13
		993135467 Rahu 12:46PM – 2:17PM	Catuspada Until 9:31AM	Nataraja: Clear			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 8:35PM	Moon – Purple		Sivaloka Day	
Until 11:57PM				Magha-Masi			
Then Creative Work - Amrita Yoga							

Thursday, March 3, 2022		Retreat Star		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau			Nairobi, Kenya Sun 14 Sutra 326 Plava 5123
Kumbha Rasi: 23.23	Tithi 1	Gulika 9:44AM – 11:15AM	Purvaproshtapada* Until 11:24PM	Ganesha: Green	<i>Sunrise:</i> 6:42AM		
		Yama 6:42AM – 8:13AM	Sadhya Until 12:56AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:50PM		Moon 2 - Phase 43 - 14
		913135467 Rahu 2:17PM – 3:48PM	Kintughna Until 7:48AM	Nataraja: Clear			Prathama
Creative Work	Siddha Yoga		Prathama* Until 7:07PM	Moon – Clear		Subha Sivaloka Day	
				Phalgun-Masi			

1		Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya
Meena Rasi: 7.02	Tithi 2	Gulika 8:13AM – 9:44AM	Uttaraproshtapada Until 11:20PM	Ganesha: Green	<i>Sunrise:</i> 6:42AM	Sun 15	Sutra 327	Plava 5123
		Yama 3:48PM – 5:19PM	Subha Until 11:13PM	Muruḡa: Purple	<i>Sunset:</i> 6:50PM			Moon 2 - Phase 44 - 15
Creative Work	Siddha Yoga	913135467 Rahu 11:15AM – 12:46PM	Balava Until 6:37AM	Nataraja: Clear				3rd Phase
			Dvitiya Until 6:15PM	Moon – Clear				Subha Sivaloka Day
				Phalguna-Masi				

2		Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Nairobi, Kenya
Meena Rasi: 20.19	Tithi 3	Gulika 6:42AM – 8:13AM	Revati Until 11:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:42AM	Sun 16	Sutra 328	Plava 5123
		Yama 2:17PM – 3:48PM	Sukla Until 10:03PM	Muruḡa: Purple	<i>Sunset:</i> 6:49PM			Moon 2 - Phase 44 - 16
Routine Work	Prabalarishta Yoga	113135467 Rahu 9:44AM – 11:15AM	Taitila Until 6:06AM	Nataraja: Clear				3rd Phase
Until 11:48PM			Tritiya Until 6:06PM	Moon – Clear				Sivaloka Day
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day		Phalguna-Masi				

3		Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Vanija/Visiti* Karana Chaturthyam Titau				Nairobi, Kenya
Mesha Rasi: 3.12	Tithi 4	Gulika 3:47PM – 5:18PM	Ashvini Until 1:20AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:42AM	Sun 17	Sutra 329	Plava 5123
		Yama 12:45PM – 2:16PM	Brahma Until 9:29PM	Muruḡa: Purple	<i>Sunset:</i> 6:49PM			Moon 2 - Phase 44 - 17
Creative Work	Siddha Yoga	123135467 Rahu 5:18PM – 6:49PM	Vanija Until 6:20AM	Nataraja: Clear				3rd Phase
			Chaturthi* Until 6:43PM	Moon – White				Sivaloka Day
				Phalguna-Masi				

4		Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya
Mesha Rasi: 15.44	Tithi 5	Gulika 2:16PM – 3:47PM	Bharani Until 3:25AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sun 18	Sutra 330	Plava 5123
Family Home Evening		Yama 11:14AM – 12:45PM	Indra Until 9:30PM	Muruḡa: Purple	<i>Sunset:</i> 6:49PM			Moon 2 - Phase 44 - 18
Creative Work	Siddha Yoga	123135467 Rahu 8:12AM – 9:43AM	Bava Until 7:20AM	Nataraja: Clear				3rd Phase
			Panchami Until 8:05PM	Moon – White				Sivaloka Day
				Phalguna-Masi				

5		Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya
Mesha Rasi: 27.58	Tithi 6	Gulika 12:45PM – 2:16PM	Krittika Until 5:53AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sun 19	Sutra 331	Plava 5123
		Yama 9:43AM – 11:14AM	Vaidhriti* Until 9:58PM	Muruḡa: Purple	<i>Sunset:</i> 6:49PM			Moon 2 - Phase 44 - 19
Creative Work	Siddha Yoga	123135467 Rahu 3:47PM – 5:18PM	Kaulava Until 9:02AM	Nataraja: Clear				3rd Phase
			Shashthi* Until 10:04PM	Moon – White				Sivaloka Day
				Phalguna-Masi				

6		Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya
Vrishabha Rasi: 9.58	Tithi 7	Gulika 11:14AM – 12:45PM	Rohini Until 9:02AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	Sun 20	Sutra 332	Plava 5123
		Yama 8:12AM – 9:43AM	Vishkambha* Until 10:46PM	Muruḡa: Clear	<i>Sunset:</i> 6:48PM			Moon 2 - Phase 44 - 20
Creative Work	Siddha Yoga	123235477 Rahu 12:45PM – 2:16PM	Gara Until 11:16AM	Nataraja: Green				3rd Phase
Until 9:02AM Thu			Saptami Until 12:30AM Thu	Moon – White				Bhuloka Day
Then Routine Work - Marana Yoga				Phalguna-Masi				Devaloka Time: 12:PM to 3:PM

Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visiti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya
Vrishabha Rasi: 21.5	Tithi 8	Gulika 9:43AM – 11:14AM	Rohini Until 9:02AM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sun 21	Sutra 333	Plava 5123
		Yama 6:41AM – 8:12AM	Priti Until 11:45PM	Muruḡa: Clear	<i>Sunset:</i> 6:48PM			Moon 2 - Phase 44 - 21
Routine Work	Marana Yoga	133235477 Rahu 2:15PM – 3:46PM	Visiti Until 1:50PM	Nataraja: Green				Ashtami
			Ashtami* Until 3:07AM Fri	Moon – Yellow				Devaloka Day
				Phalguna-Masi				

Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya
Mithuna Rasi: 3.38	Tithi 9	Gulika 8:12AM – 9:42AM	Mrigashira Until 12:06PM	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	Sun 22	Sutra 334	Plava 5123
		Yama 3:46PM – 5:17PM	Ayushman Until 12:40AM Sat	Muruḡa: Clear	<i>Sunset:</i> 6:48PM			Moon 2 - Phase 44 - 22
Creative Work	Siddha Yoga	134235477 Rahu 11:13AM – 12:44PM	Balava Until 4:27PM	Nataraja: Green				Navami
			Navami* Until 5:40AM Sat	Moon – Yellow				Sivaloka Day
				Phalguna-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Saturday, March 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Taitila Karana Dashamyam Titau				Nairobi, Kenya
	Mithuna Rasi: 15.3	Tithi 10	Gulika 6:40AM – 8:11AM	Ardra Until 2:52PM	Ganesha: Purple	Sunrise: 6:40AM	Sun 23 Sutra 335
			Yama 2:15PM – 3:46PM	Saubhagya Until 1:23AM Sun	Muruqa: Clear	Sunset: 6:48PM	Plava 5123
	134235477	Rahu 9:42AM – 11:13AM		Taitila Until 6:51PM	Nataraja: Green		Moon 2 - Phase 45 - 23
Creative Work	Siddha Yoga		Dashami Until 7:53AM Sun	Moon – Yellow		4th Phase	
				Phalgun-Masi		Sivaloka Day	

2	Sunday, March 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya
	Mithuna Rasi: 27.28	Tithi 10 – 11	Gulika 3:45PM – 5:16PM	Punarvasu Until 5:35PM	Ganesha: Clear	Sunrise: 6:40AM	Sun 24 Sutra 336
			Yama 12:44PM – 2:15PM	Sobhana Until 1:47AM Mon	Muruqa: Clear	Sunset: 6:47PM	Plava 5123
	144235477	Rahu 5:16PM – 6:47PM		Vanija Until 8:51PM	Nataraja: Green		Moon 2 - Phase 45 - 24
Creative Work	Siddha Yoga		Dashami Until 7:53AM	Moon – Blue		4th Phase	
				Phalgun-Masi		Devaloka Day	

3	Monday, March 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya
	Kataka Rasi: 9.38	Tithi 11 – 12	Gulika 2:14PM – 3:45PM	Pushya Until 7:37PM	Ganesha: Clear	Sunrise: 6:40AM	Sun 25 Sutra 337
	Family Home Evening		Yama 11:13AM – 12:43PM	Athiganda* Until 1:43AM Tue	Muruqa: Clear	Sunset: 6:47PM	Plava 5123
	144235477	Rahu 8:11AM – 9:42AM		Bava Until 10:16PM	Nataraja: Green		Moon 2 - Phase 45 - 25
Creative Work	Siddha Yoga		Dashami Until 7:53AM	Moon – Blue		4th Phase	
		Karadaiyan Nombu (Tamil Nadu)		Phalgun-Panguni		Devaloka Day	

4	Tuesday, March 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya
	Kataka Rasi: 22.04	Tithi 12 – 13	Gulika 12:43PM – 2:14PM	Ashlesha* Until 8:53PM	Ganesha: Clear	Sunrise: 6:40AM	Sun 26 Sutra 338
			Yama 9:41AM – 11:12AM	Sukarma Until 1:10AM Wed	Muruqa: Clear	Sunset: 6:47PM	Plava 5123
	144235478	Rahu 3:45PM – 5:16PM		Kaulava Until 11:04PM	Nataraja: White		Moon 2 - Phase 45 - 26
Creative Work	Siddha Yoga		Dvadashi Until 10:44AM	Moon – Blue		4th Phase	
				Phalgun-Panguni		Devaloka Day	
				<i>Pradosha Vrata</i>			

5	Wednesday, March 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya
	Simha Rasi: 4.46	Tithi 13 – 14	Gulika 11:12AM – 12:43PM	Magha* Until 9:51PM	Ganesha: White	Sunrise: 6:39AM	Sun 27 Sutra 339
			Yama 8:10AM – 9:41AM	Dhriti Until 12:08AM Thu	Muruqa: Clear	Sunset: 6:46PM	Plava 5123
	154235478	Rahu 12:43PM – 2:14PM		Gara Until 11:12PM	Nataraja: White		Moon 2 - Phase 45 - 27
Creative Work	Siddha Yoga		Trayodashi Until 11:11AM	Moon – Red		4th Phase	
Until 9:51PM				Phalgun-Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga							

	Thursday, March 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya
	Copper Retreat Star		Gulika 9:41AM – 11:12AM	Purvaphalguni Until 10:04PM	Ganesha: White	Sunrise: 6:39AM	Sutra 340
	Simha Rasi: 17.46	Tithi 14 – 15	Yama 6:39AM – 8:10AM	Shula* Until 10:37PM	Muruqa: Clear	Sunset: 6:46PM	Plava 5123
	154235478	Rahu 2:13PM – 3:44PM		Visti Until 10:45PM	Nataraja: White		Moon 2 - Phase 45 - Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 11:02AM	Moon – Red			
		Panguni Uttiram		Phalgun-Panguni		Sivaloka Day	
		Holi					

6	Friday, March 18, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya
	Silver Retreat Star		Gulika 8:10AM – 9:41AM	Uttaraphalguni Until 9:39PM	Ganesha: White	Sunrise: 6:39AM	Sutra 341
	Kanya Rasi: 1.05	Tithi 15 – 16	Yama 3:44PM – 5:15PM	Ganda* Until 8:43PM	Muruqa: Clear	Sunset: 6:46PM	Plava 5123
	154235478	Rahu 11:11AM – 12:42PM		Balava Until 9:48PM	Nataraja: White		Moon 2 - Phase 45 - Prathama
Creative Work	Siddha Yoga		Purnima* Until 10:19AM	Moon – Red			
Until 9:39PM				Phalgun-Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Saturday, March 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Sutra 342

Plava 5123

Kanya Rasi: 14.4 Tithi 16 - 17

164235478

Gulika 6:39AM - 8:10AM
Yama 2:13PM - 3:44PM
Rahu 9:40AM - 11:11AM

Hasta Until 9:07PM
Vriddhi Until 6:30PM
Taitila Until 8:26PM
Prathama* Until 9:08AM

Ganesha: Yellow *Sunrise:* 6:39AM

Muruqa: Clear *Sunset:* 6:45PM

Nataraja: White

Moon - Green

Devaloka Day

Moon 3 - Phase 46 - 1st Phase

Routine Work Marana Yoga

Sunday, March 20, 2022

1

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 343

Plava 5123

Kanya Rasi: 28.27 Tithi 17 - 18

164235478

Gulika 3:43PM - 5:14PM
Yama 12:42PM - 2:13PM
Rahu 5:14PM - 6:45PM

Chitra Until 8:08PM
Dhruva Until 4:00PM
Vanija Until 6:45PM
Dvitiya Until 7:36AM

Ganesha: Yellow *Sunrise:* 6:38AM

Muruqa: Clear *Sunset:* 6:45PM

Nataraja: White

Moon - Green

Devaloka Day

Moon 3 - Phase 46 - 1st Phase

Creative Work Siddha Yoga

Monday, March 21, 2022

2

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 344

Plava 5123

Tula Rasi: 12.25 Tithi 19

164235478

Gulika 2:12PM - 3:43PM
Yama 11:11AM - 12:41PM
Rahu 8:09AM - 9:40AM

Svati Until 6:49PM
Vyaghata* Until 1:21PM
Bava Until 4:53PM
Chaturthi* Until 3:52AM Tue

Ganesha: Yellow *Sunrise:* 6:38AM

Muruqa: Clear *Sunset:* 6:45PM

Nataraja: White

Moon - Green

Devaloka Day

Moon 3 - Phase 46 - 2nd Phase

Creative Work Amrita Yoga

Until 6:49PM

Then Routine Work - Marana Yoga

Tuesday, March 22, 2022

3

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 345

Plava 5123

Tula Rasi: 26.28 Tithi 20

174235478

Gulika 12:41PM - 2:12PM
Yama 9:39AM - 11:10AM
Rahu 3:43PM - 5:14PM

Vishakha Until 5:40PM
Harshana Until 10:36AM
Kaulava Until 2:53PM
Panchami Until 1:50AM Wed

Ganesha: Blue *Sunrise:* 6:38AM

Muruqa: Clear *Sunset:* 6:44PM

Nataraja: White

Moon - Orange

Sivaloka Day

Moon 3 - Phase 46 - 3rd Phase

Routine Work Marana Yoga

Until 5:40PM

Then Creative Work - Siddha Yoga

Wednesday, March 23, 2022

4

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 346

Plava 5123

Virchika Rasi: 10.35 Tithi 21

175235478

Gulika 11:10AM - 12:41PM
Yama 8:08AM - 9:39AM
Rahu 12:41PM - 2:12PM

Anuradha Until 4:19PM
Vajra* Until 7:46AM
Gara Until 12:49PM
Shashthi* Until 11:45PM

Ganesha: Yellow *Sunrise:* 6:38AM

Muruqa: Clear *Sunset:* 6:44PM

Nataraja: White

Moon - Orange

Devaloka Day

Moon 3 - Phase 46 - 4th Phase

Creative Work Siddha Yoga

Thursday, March 24, 2022

5

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 347

Plava 5123

Virchika Rasi: 24.43 Tithi 22

175235478

Gulika 9:39AM - 11:10AM
Yama 6:37AM - 8:08AM
Rahu 2:11PM - 3:42PM

Jyeshtha* Until 2:49PM
Vyatipata* Until 2:06AM Fri
Visti Until 10:44AM
Saptami Until 9:40PM

Ganesha: Yellow *Sunrise:* 6:37AM

Muruqa: Clear *Sunset:* 6:44PM

Nataraja: White

Moon - Orange

Devaloka Day

Moon 3 - Phase 46 - 5th Phase

Routine Work Prabalarishta Yoga

Until 2:49PM

Then Creative Work - Siddha Yoga

Friday, March 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 348

Plava 5123

Dhanus Rasi: 8.5 Tithi 23

185235478

Gulika 8:08AM - 9:39AM
Yama 3:42PM - 5:13PM
Rahu 11:09AM - 12:40PM

Mula* Until 1:37PM
Variyan Until 11:16PM
Balava Until 8:39AM
Ashtami* Until 7:37PM

Ganesha: Blue *Sunrise:* 6:37AM

Muruqa: Clear *Sunset:* 6:43PM

Nataraja: White

Moon - Light Blue

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Moon 3 - Phase 46 - 6th Phase

Creative Work Amrita Yoga

Until 1:37PM

Then Routine Work - Prabalarishta Yoga

Saturday, March 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya

Sun 7 Sutra 349

Plava 5123

Dhanus Rasi: 22.56 Tithi 24 - 25

185235478

Gulika 6:37AM - 8:08AM
Yama 2:11PM - 3:41PM
Rahu 9:38AM - 11:09AM

Purvashadha* Until 12:19PM
Parigha* Until 8:30PM
Taitila Until 6:37AM
Navami* Until 5:36PM

Ganesha: Blue *Sunrise:* 6:37AM

Muruqa: Clear *Sunset:* 6:43PM

Nataraja: White

Moon - Light Blue

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Moon 3 - Phase 46 - 7th Phase

Creative Work Siddha Yoga

Until 12:19PM

Then Routine Work - Marana Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

Il times are standard time. Calculated for Nairobi, Kenya on 5/23/1

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1 Sunday, March 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 8 Sutra 350 Plava 5123
Makara Rasi: 7.01	Tithi 25 – 26	Gulika 3:41PM – 5:12PM	Uttarashadha Until 10:57AM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	
		Yama 12:40PM – 2:10PM	Shiva Until 5:48PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 47 - 8
		185235478 Rahu 5:12PM – 6:43PM	Bava Until 2:45AM Mon	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 3:39PM	Moon – Light Blue		
				Phalguna•Panguni	Bhuloka Day	Devaloka Time: 12:PM to 3:PM

2 Monday, March 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Nairobi, Kenya Sun 9 Sutra 351 Plava 5123
Makara Rasi: 21.01	Tithi 26 – 27	Gulika 2:10PM – 3:41PM	Shravana Until 9:58AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	
Family Home Evening		Yama 11:09AM – 12:39PM	Siddha Until 3:11PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 47 - 9
Creative Work	Amrita Yoga	195235478 Rahu 8:07AM – 9:38AM	Kaulava Until 1:01AM Tue	Nataraja: White		2nd Phase
Until 9:58AM			Ekadashi* Until 1:51PM	Moon – Purple		
Then Creative Work - Siddha Yoga				Phalguna•Panguni	Devaloka Day	

3 Tuesday, March 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Tailala/Gara Karana Dvadashti/Trayodashyam Titau				Nairobi, Kenya Sun 10 Sutra 352 Plava 5123
Kumbha Rasi: 4.55	Tithi 27 – 28	Gulika 12:39PM – 2:10PM	Dhanishtha Until 9:01AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	
		Yama 9:37AM – 11:08AM	Sadhya Until 12:45PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 47 - 10
		195235478 Rahu 3:40PM – 5:11PM	Gara Until 11:32PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashti* Until 12:13PM	Moon – Purple		
Until 9:01AM				Phalguna•Panguni	Devaloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, March 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 11 Sutra 353 Plava 5123
Kumbha Rasi: 18.4	Tithi 28 – 29	Gulika 11:08AM – 12:39PM	Shatabhishak Until 8:11AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	
		Yama 8:06AM – 9:37AM	Subha Until 10:33AM	Muruqa: White	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 47 - 11
		195245478 Rahu 12:39PM – 2:09PM	Visti Until 10:21PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:52AM	Moon – Purple		
Until 8:11AM				Phalguna•Panguni	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

Thursday, March 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Nairobi, Kenya Sun 12 Sutra 354 Plava 5123
Retreat Star		Gulika 9:37AM – 11:08AM	Purvaproshtapada* Until 8:01AM	Ganesha: Green	<i>Sunrise:</i> 6:35AM	
Meena Rasi: 2.12	Tithi 29 – 30	Yama 6:35AM – 8:06AM	Sukla Until 8:37AM	Muruqa: White	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 47 - 12
		115245478 Rahu 2:09PM – 3:40PM	Catuspada Until 9:36PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 9:54AM	Moon – Clear		
				Phalguna•Panguni	Bhuloka Day	

Friday, April 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 13 Sutra 355 Plava 5123
Retreat Star		Gulika 8:06AM – 9:37AM	Uttaraproshtapada Until 8:09AM	Ganesha: Green	<i>Sunrise:</i> 6:35AM	
Meena Rasi: 15.29	Tithi 30 – 1	Yama 3:40PM – 5:11PM	Brahma Until 7:04AM	Muruqa: White	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 47 - 13
		115245478 Rahu 11:08AM – 12:38PM	Kintughna Until 9:23PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 9:24AM	Moon – Clear		
		Yugadhi		Chaitra•Panguni	Bhuloka Day	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Saturday, April 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 14 Sutra 356 Plava 5123
Meena Rasi: 28.29	Tithi 1 – 2	Gulika 6:35AM – 8:06AM	Revati Until 8:40AM	Ganesha: Red	<i>Sunrise:</i> 6:35AM			
		Yama 2:09PM – 3:40PM	Vaidhrili* Until 5:20AM Sun	Muruqa: White	<i>Sunset:</i> 6:41PM		Moon 3 - Phase 48 - 14	3rd Phase
		116245478 Rahu 9:37AM – 11:07AM	Balava Until 9:45PM	Nataraja: White				
Routine Work	Prabalarishta Yoga		Prathama* Until 9:28AM	Moon – Clear		Bhuloka Day		
Until 8:40AM		Chellappaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga								

2		Sunday, April 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya Sun 15 Sutra 357 Plava 5123
Mesha Rasi: 11.11	Tithi 2 – 3	Gulika 3:39PM – 5:10PM	Ashvini Until 10:06AM	Ganesha: White	<i>Sunrise:</i> 6:35AM			
		Yama 12:38PM – 2:09PM	Vishkambha* Until 5:11AM Mon	Muruqa: White	<i>Sunset:</i> 6:41PM		Moon 3 - Phase 48 - 15	3rd Phase
		126345478 Rahu 5:10PM – 6:41PM	Taitila Until 10:45PM	Nataraja: White				
Creative Work	Siddha Yoga		Dvitiya Until 10:09AM	Moon – White		Bhuloka Day		
Until 10:06AM				Chaitra•Panguni				
Then Routine Work - Prabalarishta Yoga								

3		Monday, April 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nairobi, Kenya Sun 16 Sutra 358 Plava 5123
Mesha Rasi: 23.36	Tithi 3 – 4	Gulika 2:08PM – 3:39PM	Bharani Until 11:59AM	Ganesha: White	<i>Sunrise:</i> 6:35AM			
Family Home Evening		Yama 11:07AM – 12:37PM	Priti Until 5:30AM Tue	Muruqa: White	<i>Sunset:</i> 6:40PM		Moon 3 - Phase 48 - 16	3rd Phase
		126345478 Rahu 8:05AM – 9:36AM	Vanija Until 12:20AM Tue	Nataraja: White				
Creative Work	Siddha Yoga		Tritiya Until 11:27AM	Moon – White		Bhuloka Day		
Until 11:59AM				Chaitra•Panguni				
Then Routine Work - Marana Yoga								

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya Sun 17 Sutra 359 Plava 5123
Vrishabha Rasi: 5.47	Tithi 4 – 5	Gulika 12:37PM – 2:08PM	Krittika Until 2:13PM	Ganesha: White	<i>Sunrise:</i> 6:34AM			
		Yama 9:36AM – 11:06AM	Ayushman Until 6:09AM Wed	Muruqa: White	<i>Sunset:</i> 6:40PM		Moon 3 - Phase 48 - 17	3rd Phase
		126345478 Rahu 3:39PM – 5:09PM	Bava Until 2:25AM Wed	Nataraja: White				
Creative Work	Siddha Yoga		Chaturthi* Until 1:18PM	Moon – White		Bhuloka Day		
Until 2:13PM				Chaitra•Panguni				
Then Creative Work - Amrita Yoga								

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya Sun 18 Sutra 360 Plava 5123
Vrishabha Rasi: 17.46	Tithi 5 – 6	Gulika 11:06AM – 12:37PM	Rohini Until 5:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM			
		Yama 8:05AM – 9:36AM	Ayushman Until 6:09AM	Muruqa: White	<i>Sunset:</i> 6:40PM		Moon 3 - Phase 48 - 18	3rd Phase
		136345478 Rahu 12:37PM – 2:08PM	Kaulava Until 4:51AM Thu	Nataraja: White				
Creative Work	Siddha Yoga		Panchami Until 3:35PM	Moon – Yellow		Bhuloka Day		
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM		

6		Thursday, April 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila Karana Shashthyam Titau				Nairobi, Kenya Sun 19 Sutra 361 Plava 5123
Vrishabha Rasi: 29.39	Tithi 6	Gulika 9:35AM – 11:06AM	Mrigashira Until 8:13PM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM			
		Yama 6:34AM – 8:05AM	Saubhagya Until 7:02AM	Muruqa: White	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 48 - 19	3rd Phase
		136345478 Rahu 2:07PM – 3:38PM	Taitila Until 6:06PM	Nataraja: White				
Routine Work	Marana Yoga		Shashthi* Until 6:06PM	Moon – Yellow		Bhuloka Day		
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM		

Retreat Star		Friday, April 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya Sun 20 Sutra 362 Plava 5123
Mithuna Rasi: 11.29	Tithi 7	Gulika 8:04AM – 9:35AM	Ardra Until 11:03PM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM			
		Yama 3:38PM – 5:08PM	Sobhana Until 8:01AM	Muruqa: White	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 48 - 20	3rd Phase
		136345478 Rahu 11:06AM – 12:36PM	Gara Until 7:23AM	Nataraja: White				
Creative Work	Siddha Yoga		Saptami Until 8:36PM	Moon – Yellow		Bhuloka Day		
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM		

Retreat Star		Saturday, April 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya Sun 21 Sutra 363 Plava 5123
Mithuna Rasi: 23.21	Tithi 8	Gulika 6:33AM – 8:04AM	Punarvasu Until 1:59AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:33AM			
		Yama 2:07PM – 3:37PM	Athiganda* Until 8:53AM	Muruqa: White	<i>Sunset:</i> 6:39PM		Moon 3 - Phase 48 - 21	Ashtami
		147345478 Rahu 9:35AM – 11:05AM	Visti Until 9:49AM	Nataraja: White				
Creative Work	Siddha Yoga		Ashtami* Until 10:54PM	Moon – Blue		Bhuloka Day		
				Chaitra•Panguni		Devaloka Time: 9:AM to12:PM		

Retreat Star		Sunday, April 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya Sun 22 Sutra 364 Plava 5123
Kataka Rasi: 5.2	Tithi 9	Gulika 3:37PM – 5:08PM	Pushya Until 4:19AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:33AM			
		Yama 12:36PM – 2:06PM	Sukarma Until 9:31AM	Muruqa: White	<i>Sunset:</i> 6:38PM		Moon 3 - Phase 48 - 22	Navami
		147345478 Rahu 5:08PM – 6:38PM	Balava Until 11:54AM	Nataraja: White				
Creative Work	Siddha Yoga		Navami* Until 12:45AM Mon	Moon – Blue		Bhuloka Day		
		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 9:AM to12:PM		

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<h1 style="font-size: 2em; margin: 0;">1</h1> <p style="margin: 0;">Kataka Rasi: 17.31 Tithi 10</p> <p style="margin: 0;">Family Home Evening</p> <p style="margin: 0;">Creative Work Siddha Yoga</p>	Monday, April 11, 2022	Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau	Nairobi, Kenya Sun 23	
	<p style="margin: 0;">Gulika 2:06PM – 3:37PM</p> <p style="margin: 0;">Yama 11:05AM – 12:35PM</p> <p style="margin: 0;">147345478 Rahu 8:03AM – 9:34AM</p>	<p style="margin: 0;">Ashlesha* Until 5:54AM Tue</p> <p style="margin: 0;">Dhriti Until 9:46AM</p> <p style="margin: 0;">Taitila Until 1:28PM</p> <p style="margin: 0;">Yogaswami Mahasamadhi</p>	<p style="margin: 0;">Ganesha: Clear <i>Sunrise: 6:33AM</i></p> <p style="margin: 0;">Muruga: White <i>Sunset: 6:38PM</i></p> <p style="margin: 0;">Nataraja: White</p> <p style="margin: 0;">Moon – Blue</p>	<p style="margin: 0;">Plava 5123</p> <p style="margin: 0;">Moon 3 - Phase 49 - 23</p> <p style="margin: 0;">4th Phase</p> <p style="margin: 0;">Bhuloka Day</p> <p style="margin: 0;">Devaloka Time: 9:AM to 12:PM</p>
	Chaitra•Panguni			

<h1 style="font-size: 2em; margin: 0;">2</h1> <p style="margin: 0;">Kataka Rasi: 29.58 Tithi 11</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 7:06AM Wed</p> <p style="margin: 0;">Then Creative Work - Amrita Yoga</p>	Tuesday, April 12, 2022	Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau	Nairobi, Kenya Sun 24	
	<p style="margin: 0;">Gulika 12:35PM – 2:06PM</p> <p style="margin: 0;">Yama 9:34AM – 11:05AM</p> <p style="margin: 0;">147345478 Rahu 3:37PM – 5:07PM</p>	<p style="margin: 0;">Magha* Until 7:06AM Wed</p> <p style="margin: 0;">Shula* Until 9:31AM</p> <p style="margin: 0;">Vanija Until 2:23PM</p> <p style="margin: 0;">Ekadashi Until 2:33AM Wed</p>	<p style="margin: 0;">Ganesha: Clear <i>Sunrise: 6:33AM</i></p> <p style="margin: 0;">Muruga: White <i>Sunset: 6:38PM</i></p> <p style="margin: 0;">Nataraja: White</p> <p style="margin: 0;">Moon – Blue</p>	<p style="margin: 0;">Plava 5123</p> <p style="margin: 0;">Moon 3 - Phase 49 - 24</p> <p style="margin: 0;">4th Phase</p> <p style="margin: 0;">Bhuloka Day</p> <p style="margin: 0;">Devaloka Time: 9:AM to 12:PM</p>
	Chaitra•Panguni			

<h1 style="font-size: 2em; margin: 0;">3</h1> <p style="margin: 0;">Simha Rasi: 12.43 Tithi 12</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 7:06AM</p> <p style="margin: 0;">Then Creative Work - Amrita Yoga</p>	Wednesday, April 13, 2022	Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Dvadashyam Titau	Nairobi, Kenya Sun 25	
	<p style="margin: 0;">Gulika 11:04AM – 12:35PM</p> <p style="margin: 0;">Yama 8:03AM – 9:34AM</p> <p style="margin: 0;">157345478 Rahu 12:35PM – 2:06PM</p>	<p style="margin: 0;">Magha* Until 7:06AM</p> <p style="margin: 0;">Ganda* Until 8:43AM</p> <p style="margin: 0;">Bava Until 2:34PM</p> <p style="margin: 0;">Dvadashi Until 2:22AM Thu</p>	<p style="margin: 0;">Ganesha: Purple <i>Sunrise: 6:32AM</i></p> <p style="margin: 0;">Muruga: White <i>Sunset: 6:38PM</i></p> <p style="margin: 0;">Nataraja: White</p> <p style="margin: 0;">Moon – Red</p>	<p style="margin: 0;">Plava 5123</p> <p style="margin: 0;">Moon 3 - Phase 49 - 25</p> <p style="margin: 0;">4th Phase</p> <p style="margin: 0;">Devaloka Day</p>
	Chaitra•Panguni			

<h1 style="font-size: 2em; margin: 0;">4</h1> <p style="margin: 0;">Simha Rasi: 25.51 Tithi 13</p> <p style="margin: 0;">Creative Work Siddha Yoga</p>	Thursday, April 14, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau	Nairobi, Kenya Sun 26	
	<p style="margin: 0;">Gulika 9:33AM – 11:04AM</p> <p style="margin: 0;">Yama 6:32AM – 8:03AM</p> <p style="margin: 0;">157345478 Rahu 2:05PM – 3:36PM</p>	<p style="margin: 0;">Purvaphalguni Until 7:27AM</p> <p style="margin: 0;">Vridhi Until 7:22AM</p> <p style="margin: 0;">Kaulava Until 2:01PM</p> <p style="margin: 0;">Trayodashi Until 1:29AM Fri</p>	<p style="margin: 0;">Ganesha: Purple <i>Sunrise: 6:32AM</i></p> <p style="margin: 0;">Muruga: White <i>Sunset: 6:37PM</i></p> <p style="margin: 0;">Nataraja: White</p> <p style="margin: 0;">Moon – Red</p>	<p style="margin: 0;">Subhakrit 5124</p> <p style="margin: 0;">Moon 3 - Phase 49 - 26</p> <p style="margin: 0;">4th Phase</p> <p style="margin: 0;">Devaloka Day</p>
	Chaitra•Chaitra			
	<i>Pradosha Vrata</i>			

<h1 style="font-size: 2em; margin: 0;">5</h1> <p style="margin: 0;">Kanya Rasi: 9.21 Tithi 14</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 6:58AM</p> <p style="margin: 0;">Then Creative Work - Amrita Yoga</p>	Friday, April 15, 2022	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau	Nairobi, Kenya Sun 27	
	<p style="margin: 0;">Gulika 8:03AM – 9:33AM</p> <p style="margin: 0;">Yama 3:36PM – 5:06PM</p> <p style="margin: 0;">258345478 Rahu 11:04AM – 12:34PM</p>	<p style="margin: 0;">Uttaraphalguni Until 6:58AM</p> <p style="margin: 0;">Vyaghata* Until 3:02AM Sat</p> <p style="margin: 0;">Gara Until 12:49PM</p> <p style="margin: 0;">Chaturdashi* Until 11:58PM</p>	<p style="margin: 0;">Ganesha: White <i>Sunrise: 6:32AM</i></p> <p style="margin: 0;">Muruga: White <i>Sunset: 6:37PM</i></p> <p style="margin: 0;">Nataraja: White</p> <p style="margin: 0;">Moon – Red</p>	<p style="margin: 0;">Subhakrit 5124</p> <p style="margin: 0;">Moon 3 - Phase 49 - 27</p> <p style="margin: 0;">4th Phase</p> <p style="margin: 0;">Bhuloka Day</p>
	Chaitra•Chaitra			

<h1 style="font-size: 2em; margin: 0;">O</h1> <p style="margin: 0;">Kanya Rasi: 23.13 Tithi 15</p> <p style="margin: 0;">Routine Work Marana Yoga</p>	Saturday, April 16, 2022 Copper Retreat Star	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau	Nairobi, Kenya Sun 28	
	<p style="margin: 0;">Gulika 6:32AM – 8:02AM</p> <p style="margin: 0;">Yama 2:05PM – 3:35PM</p> <p style="margin: 0;">268345478 Rahu 9:33AM – 11:04AM</p>	<p style="margin: 0;">Hasta Until 6:11AM</p> <p style="margin: 0;">Harshana Until 12:15AM Sun</p> <p style="margin: 0;">Visti Until 11:02AM</p> <p style="margin: 0;">Purnima* Until 9:57PM</p>	<p style="margin: 0;">Ganesha: Clear <i>Sunrise: 6:32AM</i></p> <p style="margin: 0;">Muruga: White <i>Sunset: 6:37PM</i></p> <p style="margin: 0;">Nataraja: White</p> <p style="margin: 0;">Moon – Green</p>	<p style="margin: 0;">Subhakrit 5124</p> <p style="margin: 0;">Moon 3 - Phase 49 - Purnima</p> <p style="margin: 0;">Bhuloka Day</p> <p style="margin: 0;">Devaloka Time: 6:AM to 9:AM</p>
	Chitra Purnima (Tamil Nadu) Hanuman Jayanti			

<p style="margin: 0;">Tula Rasi: 7.23 Tithi 16</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 2:55AM Mon</p> <p style="margin: 0;">Then Routine Work - Marana Yoga</p>	Sunday, April 17, 2022 Silver Retreat Star	Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau	Nairobi, Kenya Sun 29	
	<p style="margin: 0;">Gulika 3:35PM – 5:06PM</p> <p style="margin: 0;">Yama 12:34PM – 2:05PM</p> <p style="margin: 0;">268345478 Rahu 5:06PM – 6:36PM</p>	<p style="margin: 0;">Svati Until 2:55AM Mon</p> <p style="margin: 0;">Vajra* Until 9:09PM</p> <p style="margin: 0;">Balava Until 8:48AM</p> <p style="margin: 0;">Prathama* Until 7:33PM</p>	<p style="margin: 0;">Ganesha: Clear <i>Sunrise: 6:31AM</i></p> <p style="margin: 0;">Muruga: White <i>Sunset: 6:36PM</i></p> <p style="margin: 0;">Nataraja: White</p> <p style="margin: 0;">Moon – Green</p>	<p style="margin: 0;">Subhakrit 5124</p> <p style="margin: 0;">Moon 3 - Phase 49 - Prathama</p> <p style="margin: 0;">Bhuloka Day</p> <p style="margin: 0;">Devaloka Time: 6:AM to 9:AM</p>
	Chaitra•Chaitra			