



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 29.04 Tithi 17

278784469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 10:57AM - 12:29PM  
Yama 7:53AM - 9:25AM  
Rahu 12:29PM - 2:01PM  
Vishakha Until 12:44PM  
Vyatipata\* Until 11:22AM  
Taitila Until 10:57AM  
Dvitiya Until 9:08PM

Ganesha: Blue Sunrise: 6:21AM  
Muruqa: White Sunset: 6:37PM  
Nataraja: Clear  
Moon - Orange  
Chaitra\*Chaitra

Port Harcourt, Nigeria  
Sutra 17  
Plava 5123  
Moon 4 - Phase 2 - 1st Phase

Devaloka Day

1

Thursday, April 29, 2021

Vrischika Rasi: 14.09 Tithi 18 - 19

278784469

Creative Work Siddha Yoga

Until 10:01AM

Then Routine Work - Prabararishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Vanija/Bava Karana Trilya/Chaturthyam Titau

Gulika 9:25AM - 10:57AM  
Yama 6:21AM - 7:53AM  
Rahu 2:01PM - 3:33PM  
Anuradha Until 10:01AM  
Variyan Until 7:19AM  
Vanija Until 7:24AM  
Tritiya Until 5:43PM

Ganesha: Blue Sunrise: 6:21AM  
Muruqa: White Sunset: 6:37PM  
Nataraja: Clear  
Moon - Orange  
Chaitra\*Chaitra

Port Harcourt, Nigeria  
Sun 1 Sutra 18  
Plava 5123  
Moon 4 - Phase 2 - 1st Phase

Devaloka Day

2

Friday, April 30, 2021

Vrischika Rasi: 28.59 Tithi 19 - 20

278784469

Routine Work Marana Yoga

Until 7:31AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:53AM - 9:25AM  
Yama 3:33PM - 5:05PM  
Rahu 10:57AM - 12:29PM  
Jyeshtha\* Until 7:31AM  
Shiva Until 12:11AM Sat  
Kaulava Until 1:24AM Sat  
Chaturthi\* Until 2:42PM

Ganesha: Blue Sunrise: 6:21AM  
Muruqa: White Sunset: 6:37PM  
Nataraja: Clear  
Moon - Orange  
Chaitra\*Chaitra

Port Harcourt, Nigeria  
Sun 2 Sutra 19  
Plava 5123  
Moon 4 - Phase 2 - 2nd Phase

Devaloka Day

3

Saturday, May 1, 2021

Dhanus Rasi: 13.28 Tithi 20 - 21

288794469

Creative Work Siddha Yoga

Until 4:28AM Sun

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha\* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:21AM - 7:53AM  
Yama 2:01PM - 3:33PM  
Rahu 9:25AM - 10:57AM  
Purvashadha\* Until 4:28AM Sun  
Siddha Until 9:15PM  
Gara Until 11:12PM  
Panchami Until 12:12PM

Ganesha: Red Sunrise: 6:21AM  
Muruqa: Yellow Sunset: 6:37PM  
Nataraja: Clear  
Moon - Light Blue  
Chaitra\*Chaitra

Port Harcourt, Nigeria  
Sun 3 Sutra 20  
Plava 5123  
Moon 4 - Phase 2 - 3rd Phase

Devaloka Day

4

Sunday, May 2, 2021

Dhanus Rasi: 27.32 Tithi 21 - 22

288794469

Creative Work Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarahadha Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 3:33PM - 5:05PM  
Yama 12:29PM - 2:01PM  
Rahu 5:05PM - 6:37PM  
Uttarahadha Until 3:41AM Mon  
Sadhya Until 6:53PM  
Visti Until 9:40PM  
Shashthi\* Until 10:20AM

Ganesha: Red Sunrise: 6:21AM  
Muruqa: Yellow Sunset: 6:37PM  
Nataraja: Clear  
Moon - Light Blue  
Chaitra\*Chaitra

Port Harcourt, Nigeria  
Sun 4 Sutra 21  
Plava 5123  
Moon 4 - Phase 2 - 4th Phase

Devaloka Day

Monday, May 3, 2021

Retreat Star

Makara Rasi: 11.12 Tithi 22 - 23

Family Home Evening

298794469

Creative Work Amrita Yoga

Until 3:54AM Tue

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shrivana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:01PM - 3:33PM  
Yama 10:57AM - 12:29PM  
Rahu 7:52AM - 9:25AM  
Shrivana Until 3:54AM Tue  
Subha Until 5:04PM  
Balava Until 8:50PM  
Saptami Until 9:09AM

Ganesha: Green Sunrise: 6:20AM  
Muruqa: Yellow Sunset: 6:37PM  
Nataraja: Clear  
Moon - Purple  
Chaitra\*Chaitra

Port Harcourt, Nigeria  
Sun 5 Sutra 22  
Plava 5123  
Moon 4 - Phase 2 - 5th Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 24.28 Tithi 23 - 24

298794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:29PM - 2:01PM  
Yama 9:24AM - 10:57AM  
Rahu 3:33PM - 5:05PM  
Dhanishtha Until 4:39AM Wed  
Sukla Until 3:48PM  
Taitila Until 8:42PM  
Ashtami\* Until 8:40AM

Ganesha: Green Sunrise: 6:20AM  
Muruqa: Yellow Sunset: 6:37PM  
Nataraja: Clear  
Moon - Purple  
Chaitra\*Chaitra

Port Harcourt, Nigeria  
Sun 6 Sutra 23  
Plava 5123  
Moon 4 - Phase 2 - 6th Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, May 5, 2021</b>	Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Port Harcourt, Nigeria Sun 7 Sutra 24
	Kumbha Rasi: 7.22 Tithi 24 – 25	<b>Gulika</b> 10:56AM – 12:29PM <b>Yama</b> 7:52AM – 9:24AM <b>Rahu</b> 12:29PM – 2:01PM	<b>Shatabhishak</b> Until 5:51AM Thu Brahma Until 3:04PM Vanija Until 9:13PM Navami* Until 8:52AM
	299794469	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:20AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – Purple	Plava 5123 Moon 4 - Phase 3 - 7 2nd Phase
	Creative Work Siddha Yoga		<b>Devaloka Day</b> Chaitra•Chaitra


<b>2</b>	<b>Thursday, May 6, 2021</b>	Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekashyam Titau	Port Harcourt, Nigeria Sun 8 Sutra 25
	Kumbha Rasi: 19.59 Tithi 25 – 26	<b>Gulika</b> 9:24AM – 10:56AM <b>Yama</b> 6:20AM – 7:52AM <b>Rahu</b> 2:01PM – 3:33PM	<b>Purvaproshtapada*</b> Until 7:54AM Fri Indra Until 2:49PM Bava Until 10:19PM Dashami Until 9:41AM
	299794469	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:20AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – Purple	Plava 5123 Moon 4 - Phase 3 - 8 2nd Phase
	Creative Work Siddha Yoga		<b>Devaloka Day</b> Chaitra•Chaitra

<b>3</b>	<b>Friday, May 7, 2021</b>	Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvashyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 26
	Meena Rasi: 2.21 Tithi 26 – 27	<b>Gulika</b> 7:52AM – 9:24AM <b>Yama</b> 3:33PM – 5:05PM <b>Rahu</b> 10:56AM – 12:28PM	<b>Purvaproshtapada*</b> Until 7:54AM Vaidhriti* Until 2:57PM Kaulava Until 11:54PM Ekadashi* Until 11:02AM
	219794469	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:20AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – Clear	Plava 5123 Moon 4 - Phase 3 - 9 2nd Phase
	Creative Work Siddha Yoga		<b>Devaloka Day</b> Chaitra•Chaitra

<b>4</b>	<b>Saturday, May 8, 2021</b>	Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 27
	Meena Rasi: 14.31 Tithi 27 – 28	<b>Gulika</b> 6:19AM – 7:52AM <b>Yama</b> 2:01PM – 3:33PM <b>Rahu</b> 9:24AM – 10:56AM	<b>Uttaraproshtapada</b> Until 10:14AM Vishkambha* Until 3:25PM Gara Until 1:53AM Sun Dvadashi* Until 12:50PM
	219794469	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – Clear	Plava 5123 Moon 4 - Phase 3 - 10 2nd Phase
	Creative Work Siddha Yoga Until 10:14AM Then Routine Work - Prabalarishta Yoga		<b>Devaloka Day</b> Chaitra•Chaitra Pradosha Vrata (Fasting)

<b>5</b>	<b>Sunday, May 9, 2021</b>	Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 28
	Meena Rasi: 26.32 Tithi 28 – 29	<b>Gulika</b> 3:33PM – 5:05PM <b>Yama</b> 12:28PM – 2:01PM <b>Rahu</b> 5:05PM – 6:37PM	<b>Revati</b> Until 12:45PM Priti Until 4:10PM Visti Until 4:11AM Mon Trayodashi* Until 2:59PM
	219794469	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – Clear	Plava 5123 Moon 4 - Phase 3 - 11 2nd Phase
	Creative Work Amrita Yoga Until 12:45PM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b> Chaitra•Chaitra

<b>6</b>	<b>Monday, May 10, 2021</b>	Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau	Port Harcourt, Nigeria Sun 12 Sutra 29
	Mesha Rasi: 8.27 Tithi 29 – 30	<b>Gulika</b> 2:01PM – 3:33PM <b>Yama</b> 10:56AM – 12:28PM <b>Rahu</b> 7:51AM – 9:24AM	<b>Ashvini</b> Until 3:52PM Ayushman Until 5:05PM Catuspada Until 6:41AM Tue Chaturdashy* Until 5:24PM
	229794469	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – White	Plava 5123 Moon 4 - Phase 3 - 12 2nd Phase
	Creative Work Siddha Yoga Family Home Evening		<b>Devaloka Day</b> Chaitra•Chaitra

	<b>Tuesday, May 11, 2021</b>	Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Port Harcourt, Nigeria Sun 13 Sutra 30
	Mesha Rasi: 20.17 Tithi 30	<b>Gulika</b> 12:28PM – 2:01PM <b>Yama</b> 9:24AM – 10:56AM <b>Rahu</b> 3:33PM – 5:05PM	<b>Bharani</b> Until 6:59PM Saubhagya Until 6:08PM Catuspada Until 6:41AM Amavasya* Until 7:58PM
	229794469	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – White	Plava 5123 Moon 4 - Phase 3 - 13 Amavasya
	Creative Work Siddha Yoga		<b>Devaloka Day</b> Chaitra•Chaitra

<b>Retreat Star</b>	<b>Wednesday, May 12, 2021</b>	Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 31
	Vrishabha Rasi: 2.04 Tithi 1	<b>Gulika</b> 10:56AM – 12:28PM <b>Yama</b> 7:51AM – 9:24AM <b>Rahu</b> 12:28PM – 2:01PM	<b>Krittika</b> Until 9:58PM Sobhana Until 7:16PM Kintughna Until 9:19AM Prathama* Until 10:36PM
	229794469	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – White	Plava 5123 Moon 4 - Phase 3 - 14 Prathama
	Creative Work Amrita Yoga Until 9:58PM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b> Vaisaka•Chaitra

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>	<b>Thursday, May 13, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau			Port Harcourt, Nigeria Sun 15 Sutra 32 Plava 5123
	231794469	<b>Gulika</b> 9:23AM – 10:56AM <b>Yama</b> 6:19AM – 7:51AM <b>Rahu</b> 2:01PM – 3:33PM	<b>Rohini Until 1:15AM Fri</b> Athiganda* Until 8:19PM Balava Until 11:56AM <b>Dvitiya Until 1:10AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b>	Moon 4 - Phase 4 - 15 3rd Phase
	Routine Work Marana Yoga Until 1:15AM Fri Then Creative Work - Siddha Yoga					
			<b>Vaisaka-Chaitra</b>			

<b>2</b>	<b>Friday, May 14, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau			Port Harcourt, Nigeria Sun 16 Sutra 33 Plava 5123
	231894469	<b>Gulika</b> 7:51AM – 9:23AM <b>Yama</b> 3:33PM – 5:05PM <b>Rahu</b> 10:56AM – 12:28PM	<b>Mrigashira Until 4:10AM Sat</b> Sukarma Until 9:15PM Taitila Until 2:24PM <b>Tritiya Until 3:32AM Sat</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Bhuloka Day</b>	Moon 4 - Phase 4 - 16 3rd Phase
	Creative Work Siddha Yoga					
			<b>Vaisaka-Vaikasi</b> Devaloka Time: 3:PM to 6:PM			

<b>3</b>	<b>Saturday, May 15, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthiyam Titau			Port Harcourt, Nigeria Sun 17 Sutra 34 Plava 5123
	231894469	<b>Gulika</b> 6:19AM – 7:51AM <b>Yama</b> 2:01PM – 3:33PM <b>Rahu</b> 9:23AM – 10:56AM	<b>Ardra Until 6:35AM Sun</b> Dhriti Until 9:59PM Vanija Until 4:37PM <b>Chaturthi* Until 5:34AM Sun</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Bhuloka Day</b>	Moon 4 - Phase 4 - 17 3rd Phase
	Creative Work Siddha Yoga					
			<b>Vaisaka-Vaikasi</b> Devaloka Time: 3:PM to 6:PM			

<b>4</b>	<b>Sunday, May 16, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Bava Karana Panchamyam Titau			Port Harcourt, Nigeria Sun 18 Sutra 35 Plava 5123
	231894469	<b>Gulika</b> 3:33PM – 5:05PM <b>Yama</b> 12:28PM – 2:01PM <b>Rahu</b> 5:05PM – 6:38PM	<b>Ardra Until 6:35AM</b> Shula* Until 10:21PM Bava Until 6:26PM <b>Panchami Until 7:08AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Yellow	<b>Bhuloka Day</b>	Moon 4 - Phase 4 - 18 3rd Phase
	Creative Work Siddha Yoga					
			<b>Vaisaka-Vaikasi</b> Devaloka Time: 3:PM to 6:PM			

<b>5</b>	<b>Monday, May 17, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Port Harcourt, Nigeria Sun 19 Sutra 36 Plava 5123
	241894469	<b>Gulika</b> 2:01PM – 3:33PM <b>Yama</b> 10:56AM – 12:28PM <b>Rahu</b> 7:51AM – 9:23AM	<b>Punarvasu Until 8:53AM</b> Ganda* Until 10:19PM Kaulava Until 7:43PM <b>Panchami Until 7:08AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b>	Moon 4 - Phase 4 - 19 3rd Phase
	Creative Work Amrita Yoga Until 8:53AM Then Creative Work - Siddha Yoga					
			<b>Vaisaka-Vaikasi</b>			

<b>6</b>	<b>Tuesday, May 18, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Port Harcourt, Nigeria Sun 20 Sutra 37 Plava 5123
	241894469	<b>Gulika</b> 12:28PM – 2:01PM <b>Yama</b> 9:23AM – 10:56AM <b>Rahu</b> 3:33PM – 5:06PM	<b>Pushya Until 10:26AM</b> Vriddhi Until 9:47PM Gara Until 8:21PM <b>Shashthi* Until 8:06AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b>	Moon 4 - Phase 4 - 20 3rd Phase
	Creative Work Siddha Yoga					
			<b>Vaisaka-Vaikasi</b>			

<b>☽</b>	<b>Wednesday, May 19, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Port Harcourt, Nigeria Sun 21 Sutra 38 Plava 5123	
	<b>Retreat Star</b>		<b>Gulika</b> 10:56AM – 12:28PM <b>Yama</b> 7:51AM – 9:23AM <b>Rahu</b> 12:28PM – 2:01PM	<b>Ashlesha* Until 11:10AM</b> Dhruva Until 8:39PM Visti Until 8:15PM <b>Saptami Until 8:23AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b>	Moon 4 - Phase 4 - 21 Ashtami
	Creative Work Siddha Yoga						
			<b>Vaisaka-Vaikasi</b>				

<b>☽</b>	<b>Thursday, May 20, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Port Harcourt, Nigeria Sun 22 Sutra 39 Plava 5123	
	<b>Retreat Star</b>		<b>Gulika</b> 9:23AM – 10:56AM <b>Yama</b> 6:18AM – 7:51AM <b>Rahu</b> 2:01PM – 3:33PM	<b>Magha* Until 11:27AM</b> Vyaghata* Until 6:56PM Balava Until 7:25PM <b>Ashtami* Until 7:54AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Red	<b>Bhuloka Day</b>	Moon 4 - Phase 4 - 22 Navami
	Creative Work Amrita Yoga Until 11:27AM Then Creative Work - Siddha Yoga						
			<b>Vaisaka-Vaikasi</b> Devaloka Time: 3:PM to 6:PM				


<b>1</b>	<b>Friday, May 21, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 40 Plava 5123
	Simha Rasi: 23.51	Tithi 9 – 10	<b>Gulika</b> 7:51AM – 9:23AM	<b>Purvaphalguni Until 10:51AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:18AM	
			Yama 3:33PM – 5:06PM	Harshana Until 4:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 5 - 23
	251894469	<b>Rahu</b> 10:56AM – 12:28PM	Gara Until 4:45AM Sat	<b>Navami* Until 6:41AM</b>	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	


<b>2</b>	<b>Saturday, May 22, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 41 Plava 5123
	Kanya Rasi: 7.52	Tithi 11	<b>Gulika</b> 6:18AM – 7:51AM	<b>Uttaraphalguni Until 9:25AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:18AM	
			Yama 2:01PM – 3:34PM	Vajra* Until 1:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 5 - 24
	251894469	<b>Rahu</b> 9:23AM – 10:56AM	Vanija Until 3:33PM	<b>Ekadashi Until 2:11AM Sun</b>	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga			Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Sunday, May 23, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 42 Plava 5123
	Kanya Rasi: 22.19	Tithi 12	<b>Gulika</b> 3:34PM – 5:06PM	<b>Hasta Until 7:39AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:18AM	
			Yama 12:29PM – 2:01PM	Siddhi Until 10:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 5 - 25
	262894469	<b>Rahu</b> 5:06PM – 6:39PM	Bava Until 12:43PM	<b>Dvadashi Until 11:07PM</b>	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Green		<b>Sivaloka Day</b>	
Until 7:39AM							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Monday, May 24, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 43 Plava 5123
	Tula Rasi: 7.07	Tithi 13	<b>Gulika</b> 2:01PM – 3:34PM	<b>Svati Until 2:25AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:18AM	
	<b>Family Home Evening</b>		Yama 10:56AM – 12:29PM	Vyatipata* Until 6:40AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 5 - 26
	262894469	<b>Rahu</b> 7:51AM – 9:23AM	Kaulava Until 9:26AM	<b>Trayodashi Until 7:39PM</b>	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Green		<b>Sivaloka Day</b>	
Until 2:25AM Tue							
Then Routine Work - Marana Yoga							
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Tuesday, May 25, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 27 Sutra 44 Plava 5123
	Tula Rasi: 22.1	Tithi 14 – 15	<b>Gulika</b> 12:29PM – 2:01PM	<b>Vishakha Until 11:39PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:18AM	
			Yama 9:23AM – 10:56AM	Parigha* Until 10:29PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 5 - 27
	372894469	<b>Rahu</b> 3:34PM – 5:06PM	Visti Until 2:07AM Wed	<b>Chaturdashi* Until 3:59PM</b>	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga			Moon – Orange		<b>Sivaloka Day</b>	
Until 11:39PM							
Then Creative Work - Siddha Yoga		<b>Vaikasi Visakam</b>					

	<b>Wednesday, May 26, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sutra 45 Plava 5123
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:56AM – 12:29PM	<b>Anuradha Until 8:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:18AM	
	Vrischika Rasi: 7.2	Tithi 15 – 16	Yama 7:51AM – 9:24AM	Shiva Until 6:20PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 5 - Purnima
	372894469	<b>Rahu</b> 12:29PM – 2:01PM	Balava Until 10:23PM	<b>Purnima* Until 12:13PM</b>	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
		<b>Budha Purnima (Tamil Nadu)</b>					

	<b>Thursday, May 27, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Port Harcourt, Nigeria Sutra 46 Plava 5123
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:24AM – 10:56AM	<b>Jyeshtha* Until 5:51PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:18AM	
	Vrischika Rasi: 22.29	Tithi 16 – 17	Yama 6:18AM – 7:51AM	Siddha Until 2:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 5 - Prathama
	372894469	<b>Rahu</b> 2:02PM – 3:34PM	Taitila Until 6:49PM	<b>Prathama* Until 8:33AM</b>	<b>Nataraja:</b> Clear		
Routine Work	Prabalarishta Yoga			Moon – Orange		<b>Sivaloka Day</b>	
Until 5:51PM							
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/

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**Friday, May 28, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyam Titau

Port Harcourt, Nigeria  
Sun 1 Sutra 47

Dhanus Rasi: 7.27 Tithi 18

**Gulika** 7:51AM – 9:24AM  
**Yama** 3:34PM – 5:07PM  
**Rahu** 10:56AM – 12:29PM

**Mula\* Until 3:32PM**  
Sadhya Until 10:26AM  
Vanija Until 3:34PM  
Tritiya Until 2:06AM Sat

**Ganesha:** Clear *Sunrise: 6:18AM*  
**Muruqa:** Yellow *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Plava 5123  
Moon 5 - Phase 6 - 1  
1st Phase

Creative Work Amrita Yoga  
Until 3:32PM  
Then Routine Work - Prabararishta Yoga

**Devaloka Day**

**1**

**Saturday, May 29, 2021**

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturtham Titau

Port Harcourt, Nigeria  
Sun 2 Sutra 48

Dhanus Rasi: 22.07 Tithi 19

**Gulika** 6:18AM – 7:51AM  
**Yama** 2:02PM – 3:34PM  
**Rahu** 9:24AM – 10:56AM

**Purvashadha\* Until 1:34PM**  
Subha Until 6:59AM  
Bava Until 12:47PM  
**Chaturthi\* Until 11:35PM**

**Ganesha:** Clear *Sunrise: 6:18AM*  
**Muruqa:** Yellow *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Plava 5123  
Moon 5 - Phase 6 - 2  
1st Phase

Creative Work Siddha Yoga  
Until 1:34PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Sunday, May 30, 2021**

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria  
Sun 3 Sutra 49

Makara Rasi: 6.23 Tithi 20

**Gulika** 3:35PM – 5:07PM  
**Yama** 12:29PM – 2:02PM  
**Rahu** 5:07PM – 6:40PM

**Uttarashadha Until 12:03PM**  
Brahma Until 1:32AM Mon  
Kaulava Until 10:36AM  
**Panchami Until 9:44PM**

**Ganesha:** Clear *Sunrise: 6:19AM*  
**Muruqa:** Yellow *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Plava 5123  
Moon 5 - Phase 6 - 3  
1st Phase

Creative Work Amrita Yoga  
Until 1:34PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Monday, May 31, 2021**

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria  
Sun 4 Sutra 50

Makara Rasi: 20.12 Tithi 21

**Gulika** 2:02PM – 3:35PM  
**Yama** 10:57AM – 12:29PM  
**Rahu** 7:51AM – 9:24AM

**Shravana Until 11:32AM**  
Indra Until 11:43PM  
Gara Until 9:06AM  
**Shashthi\* Until 8:38PM**

**Ganesha:** Purple *Sunrise: 6:19AM*  
**Muruqa:** Yellow *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Plava 5123  
Moon 5 - Phase 6 - 4  
1st Phase

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 11:32AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Tuesday, June 1, 2021**

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shalabhishak Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Saplamyam Titau

Port Harcourt, Nigeria  
Sun 5 Sutra 51

Kumbha Rasi: 3.35 Tithi 22

**Gulika** 12:30PM – 2:02PM  
**Yama** 9:24AM – 10:57AM  
**Rahu** 3:35PM – 5:08PM

**Dhanishtha Until 11:38AM**  
Vaidhriti\* Until 10:30PM  
Visti Until 8:23AM  
**Saptami Until 8:18PM**

**Ganesha:** Purple *Sunrise: 6:19AM*  
**Muruqa:** Yellow *Sunset: 6:40PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Plava 5123  
Moon 5 - Phase 6 - 5  
1st Phase

Creative Work Siddha Yoga  
Until 11:38AM  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**5**

**Wednesday, June 2, 2021**

**Retreat Star**

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shalabhishak/Purvaprosarthapada\* Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 6 Sutra 52

Kumbha Rasi: 16.33 Tithi 23

**Gulika** 10:57AM – 12:30PM  
**Yama** 7:52AM – 9:24AM  
**Rahu** 12:30PM – 2:02PM

**Shatabhishak Until 12:20PM**  
Vishkambha\* Until 9:54PM  
Balava Until 8:27AM  
**Ashtami\* Until 8:45PM**

**Ganesha:** Purple *Sunrise: 6:19AM*  
**Muruqa:** Yellow *Sunset: 6:41PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Plava 5123  
Moon 5 - Phase 6 - 6  
Ashtami

Creative Work Siddha Yoga  
Until 12:20PM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**Thursday, June 3, 2021**

**Retreat Star**

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria  
Sun 7 Sutra 53

Kumbha Rasi: 29.09 Tithi 24

**Gulika** 9:24AM – 10:57AM  
**Yama** 6:19AM – 7:52AM  
**Rahu** 2:03PM – 3:35PM

**Purvaprosarthapada\* Until 2:04PM**  
Priti Until 9:52PM  
Taitila Until 9:15AM  
**Navami\* Until 9:53PM**

**Ganesha:** Blue *Sunrise: 6:19AM*  
**Muruqa:** Yellow *Sunset: 6:41PM*  
**Nataraja:** Clear  
Moon – Clear  
**Vaisaka-Vaikasi**

Plava 5123  
Moon 5 - Phase 6 - 7  
Navami

Creative Work Siddha Yoga

**Sivaloka Day**

<b>1</b>		<b>Friday, June 4, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 54	
Meena Rasi: 11.28	Tithi 25	<b>Gulika</b> 7:52AM – 9:25AM	<b>Uttaraproshtapada</b> Until 4:15PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM	Plava 5123	
		Yama 3:36PM – 5:08PM	Ayushman Until 10:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7 - 8	
Creative Work	Siddha Yoga	<b>Rahu</b> 10:57AM – 12:30PM	Vanija Until 10:43AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dashami</b> Until 11:37PM	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>2</b>		<b>Saturday, June 5, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 55	
Meena Rasi: 23.33	Tithi 26	<b>Gulika</b> 6:19AM – 7:52AM	<b>Revati</b> Until 6:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:19AM	Plava 5123	
		Yama 2:03PM – 3:36PM	Saubhagya Until 11:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7 - 9	
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 9:25AM – 10:57AM	Bava Until 12:41PM	<b>Nataraja:</b> Yellow		2nd Phase	
Until 6:45PM			<b>Ekadashi*</b> Until 1:48AM Sun	Moon – Clear		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Vaisaka-Vaikasi</b>			

<b>3</b>		<b>Sunday, June 6, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvodashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 56	
Mesha Rasi: 5.29	Tithi 27	<b>Gulika</b> 3:36PM – 5:09PM	<b>Ashvini</b> Until 9:54PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM	Plava 5123	
		Yama 12:30PM – 2:03PM	Sobhana Until 12:01AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Moon 5 - Phase 7 - 10	
Creative Work	Siddha Yoga	<b>Rahu</b> 5:09PM – 6:41PM	Kaulava Until 3:02PM	<b>Nataraja:</b> Yellow		2nd Phase	
Until 9:54PM			<b>Dvadashi*</b> Until 4:16AM Mon	Moon – White		<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>		<b>Monday, June 7, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 57	
Mesha Rasi: 17.19	Tithi 28	<b>Gulika</b> 2:03PM – 3:36PM	<b>Bharani</b> Until 1:02AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:19AM	Plava 5123	
Family Home Evening		Yama 10:58AM – 12:31PM	Athiganda* Until 1:07AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7 - 11	
Creative Work	Siddha Yoga	<b>Rahu</b> 7:52AM – 9:25AM	Gara Until 5:36PM	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Trayodashi*</b> Until 6:53AM Tue	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Tuesday, June 8, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 58	
Mesha Rasi: 29.05	Tithi 28 – 29	<b>Gulika</b> 12:31PM – 2:04PM	<b>Krittika</b> Until 4:02AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:20AM	Plava 5123	
		Yama 9:25AM – 10:58AM	Sukarma Until 2:14AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7 - 12	
Creative Work	Siddha Yoga	<b>Rahu</b> 3:36PM – 5:09PM	Visti Until 8:13PM	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Trayodashi*</b> Until 6:53AM	Moon – White		<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>Retreat Star</b>		<b>Wednesday, June 9, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 59	
Vrishabha Rasi: 10.52	Tithi 29 – 30	<b>Gulika</b> 10:58AM – 12:31PM	<b>Rohini</b> Until 7:14AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM	Plava 5123	
		Yama 7:53AM – 9:25AM	Dhriti Until 3:17AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7 - 13	
Creative Work	Siddha Yoga	<b>Rahu</b> 12:31PM – 2:04PM	Catuspada Until 10:44PM	<b>Nataraja:</b> Yellow		Amavasya	
Until 7:14AM Thu			<b>Chaturdashi*</b> Until 9:28AM	Moon – Yellow		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Vaisaka-Vaikasi</b>			

<b>Retreat Star</b>		<b>Thursday, June 10, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 60	
Vrishabha Rasi: 22.43	Tithi 30 – 1	<b>Gulika</b> 9:26AM – 10:58AM	<b>Rohini</b> Until 7:14AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM	Plava 5123	
		Yama 6:20AM – 7:53AM	Shula* Until 4:07AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 5 - Phase 7 - 14	
Routine Work	Marana Yoga	<b>Rahu</b> 2:04PM – 3:37PM	Kintughna Until 1:03AM Fri	<b>Nataraja:</b> Yellow		Prathama	
			<b>Amavasya*</b> Until 11:54AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1</b>	<b>Friday, June 11, 2021</b>	Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Port Harcourt, Nigeria Sun 15 Sutra 61 Plava 5123
	Mithuna Rasi: 4.38 Tithi 1 – 2 333994461 Creative Work Siddha Yoga	<b>Gulika</b> 7:53AM – 9:26AM <b>Yama</b> 3:37PM – 5:10PM <b>Rahu</b> 10:59AM – 12:31PM	<b>Mrigashira Until 10:02AM</b> Ganda* Until 4:43AM Sat Balava Until 3:02AM Sat Prathama* Until 2:04PM
		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow	<b>Devaloka Day</b> Sunrise: 6:20AM Sunset: 6:43PM
<b>2</b>	<b>Saturday, June 12, 2021</b>	Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Port Harcourt, Nigeria Sun 16 Sutra 62 Plava 5123
	Mithuna Rasi: 16.42 Tithi 2 – 3 333994461 Creative Work Siddha Yoga	<b>Gulika</b> 6:20AM – 7:53AM <b>Yama</b> 2:04PM – 3:37PM <b>Rahu</b> 9:26AM – 10:59AM	<b>Ardra Until 12:19PM</b> Vriddhi Until 5:02AM Sun Taitila Until 4:37AM Sun Dvitiya Until 3:52PM
		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow	<b>Devaloka Day</b> Sunrise: 6:20AM Sunset: 6:43PM
<b>3</b>	<b>Sunday, June 13, 2021</b>	Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Port Harcourt, Nigeria Sun 17 Sutra 63 Plava 5123
	Mithuna Rasi: 28.56 Tithi 3 – 4 343994461 Creative Work Siddha Yoga	<b>Gulika</b> 3:37PM – 5:10PM <b>Yama</b> 12:32PM – 2:05PM <b>Rahu</b> 5:10PM – 6:43PM	<b>Punarvasu Until 2:32PM</b> Dhruva Until 4:57AM Mon Vanija Until 5:45AM Mon Tritiya Until 5:14PM
		<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Devaloka Day</b> Sunrise: 6:20AM Sunset: 6:43PM
<b>4</b>	<b>Monday, June 14, 2021</b>	Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Visti* Karana Chaturthyam Titau	Port Harcourt, Nigeria Sun 18 Sutra 64 Plava 5123
	Kataka Rasi: 11.21 Tithi 4 Family Home Evening 343994461 Creative Work Siddha Yoga	<b>Gulika</b> 2:05PM – 3:38PM <b>Yama</b> 10:59AM – 12:32PM <b>Rahu</b> 7:53AM – 9:26AM	<b>Pushya Until 4:07PM</b> Vyaghata* Until 4:30AM Tue Visti Until 6:07PM Chaturthi* Until 6:07PM
		<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Devaloka Day</b> Sunrise: 6:21AM Sunset: 6:43PM
<b>5</b>	<b>Tuesday, June 15, 2021</b>	Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau	Port Harcourt, Nigeria Sun 19 Sutra 65 Plava 5123
	Kataka Rasi: 24 Tithi 5 343994461 Creative Work Siddha Yoga	<b>Gulika</b> 12:32PM – 2:05PM <b>Yama</b> 9:27AM – 10:59AM <b>Rahu</b> 3:38PM – 5:11PM	<b>Ashlesha* Until 5:03PM</b> Harshana Until 3:38AM Wed Bava Until 6:23AM Panchami Until 6:29PM
		<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Devaloka Day</b> Sunrise: 6:21AM Sunset: 6:44PM
<b>6</b>	<b>Wednesday, June 16, 2021</b>	Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau	Port Harcourt, Nigeria Sun 20 Sutra 66 Plava 5123
	Simha Rasi: 6.54 Tithi 6 353994461 Creative Work Siddha Yoga Until 5:45PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:00AM – 12:32PM <b>Yama</b> 7:54AM – 9:27AM <b>Rahu</b> 12:32PM – 2:05PM	<b>Magha* Until 5:45PM</b> Vajra* Until 2:18AM Thu Kaulava Until 6:28AM Shashthi* Until 6:17PM
		<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sivaloka Day</b> Sunrise: 6:21AM Sunset: 6:44PM
<b>Retreat Star</b>	<b>Thursday, June 17, 2021</b>	Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau	Port Harcourt, Nigeria Sun 21 Sutra 67 Plava 5123
	Simha Rasi: 20.05 Tithi 7 – 8 353994461 Creative Work Siddha Yoga	<b>Gulika</b> 9:27AM – 11:00AM <b>Yama</b> 6:21AM – 7:54AM <b>Rahu</b> 2:05PM – 3:38PM	<b>Purvaphalguni Until 5:43PM</b> Siddhi Until 12:31AM Fri Visti Until 6:00AM Saptami Until 5:32PM
		<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sivaloka Day</b> Sunrise: 6:21AM Sunset: 6:44PM
<b>Retreat Star</b>	<b>Friday, June 18, 2021</b>	Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyalipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 68 Plava 5123
	Kanya Rasi: 3.37 Tithi 8 – 9 353994461 Creative Work Siddha Yoga Until 4:59PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:54AM – 9:27AM <b>Yama</b> 3:39PM – 5:11PM <b>Rahu</b> 11:00AM – 12:33PM	<b>Uttaraphalguni Until 4:59PM</b> Vyalipata* Until 10:16PM Balava Until 3:19AM Sat Ashtami* Until 4:11PM
		<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sivaloka Day</b> Sunrise: 6:21AM Sunset: 6:44PM
<b>Retreat Star</b>	<b>Saturday, June 19, 2021</b>	Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Port Harcourt, Nigeria Sun 23 Sutra 69 Plava 5123
	Kanya Rasi: 17.28 Tithi 9 – 10 363994461 Routine Work Marana Yoga	<b>Gulika</b> 6:22AM – 7:54AM <b>Yama</b> 2:06PM – 3:39PM <b>Rahu</b> 9:27AM – 11:00AM	<b>Hasta Until 3:58PM</b> Variyan Until 7:33PM Taitila Until 1:09AM Sun Navami* Until 2:16PM
		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Green	<b>Devaloka Day</b> Sunrise: 6:22AM Sunset: 6:44PM

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

<b>1 Sunday, June 20, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 70 Plava 5123
Tula Rasi: 1.4	Tithi 10 – 11	<b>Gulika</b> 3:39PM – 5:12PM	<b>Chitra</b> Until 2:18PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	
		Yama 12:33PM – 2:06PM	Parigha* Until 4:27PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 9 - 24
	364994461	<b>Rahu</b> 5:12PM – 6:45PM	Vanija Until 10:30PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 11:51AM	Moon – Green		
		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2 Monday, June 21, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 71 Plava 5123
Tula Rasi: 16.11	Tithi 11 – 12	<b>Gulika</b> 2:06PM – 3:39PM	<b>Svati</b> Until 12:05PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	
<b>Family Home Evening</b>	364994461	Yama 11:01AM – 12:33PM	Shiva Until 1:00PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 9 - 25
Creative Work	Amrita Yoga	<b>Rahu</b> 7:55AM – 9:28AM	Bava Until 7:28PM	<b>Nataraja:</b> Yellow		4th Phase
Until 12:05PM			<b>Ekadashi</b> Until 9:01AM	Moon – Green		
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, June 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 72 Plava 5123
Vrischika Rasi: 0.57	Tithi 13	<b>Gulika</b> 12:34PM – 2:07PM	<b>Vishakha</b> Until 9:49AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM	
		Yama 9:28AM – 11:01AM	Siddha Until 9:17AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 9 - 26
	374994461	<b>Rahu</b> 3:39PM – 5:12PM	Kaulava Until 4:11PM	<b>Nataraja:</b> Yellow		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 2:27AM Wed	Moon – Orange		
Until 9:49AM				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>4 Wednesday, June 23, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 73 Plava 5123
Vrischika Rasi: 15.53	Tithi 14	<b>Gulika</b> 11:01AM – 12:34PM	<b>Anuradha</b> Until 7:14AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	
		Yama 7:55AM – 9:28AM	Subha Until 1:32AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 5 - Phase 9 - 27
	374994461	<b>Rahu</b> 12:34PM – 2:07PM	Gara Until 12:44PM	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 11:00PM	Moon – Orange		
				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>

<b>Thursday, June 24, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 27 Sutra 74 Plava 5123
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:28AM – 11:01AM	<b>Mula*</b> Until 2:07AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM	
Dhanus Rasi: 0.51	Tithi 15	Yama 6:23AM – 7:56AM	Sukla Until 9:41PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9 -
	384994461	<b>Rahu</b> 2:07PM – 3:40PM	Visti Until 9:18AM	<b>Nataraja:</b> Yellow		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 7:37PM	Moon – Light Blue		
Until 2:07AM Fri				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Routine Work - Prabalarishta Yoga						

<b>Friday, June 25, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 75 Plava 5123
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:56AM – 9:29AM	<b>Purvashadha*</b> Until 11:53PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM	
Dhanus Rasi: 15.43	Tithi 16 – 17	Yama 3:40PM – 5:13PM	Brahma Until 6:04PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 5 - Phase 9 -
	384994461	<b>Rahu</b> 11:01AM – 12:34PM	Balava Until 6:01AM	<b>Nataraja:</b> Yellow		Prathama
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> Until 4:28PM	Moon – Light Blue		
Until 11:53PM				<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						





**Saturday, June 26, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 1 Sutra 76

Makara Rasi: 0.22 Tithi 17 – 18

384994461

**Gulika** 6:23AM – 7:56AM  
**Yama** 2:07PM – 3:40PM  
**Rahu** 9:29AM – 11:02AM

**Uttarashadha Until 9:56PM**  
Indra Until 2:46PM  
Vanija Until 12:30AM Sun  
Dvitiya Until 1:41PM

**Ganesha:** Purple  
**Muruqa:** Yellow  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

*Sunrise:* 6:23AM  
*Sunset:* 6:46PM

Plava 5123  
Moon 6 - Phase 10 - 1  
1st Phase

Routine Work Marana Yoga

Until 9:56PM

Then Creative Work - Siddha Yoga

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**1**

**Sunday, June 27, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria  
Sun 2 Sutra 77

Makara Rasi: 14.4 Tithi 18 – 19

394994461

**Gulika** 3:40PM – 5:13PM  
**Yama** 12:35PM – 2:08PM  
**Rahu** 5:13PM – 6:46PM

**Shravana Until 8:51PM**  
Vaidhriti\* Until 11:53AM  
Bava Until 10:32PM  
Tritiya Until 11:25AM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 6:23AM  
*Sunset:* 6:46PM

Plava 5123  
Moon 6 - Phase 10 - 2  
1st Phase

Creative Work Amrita Yoga

Until 8:51PM

Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Monday, June 28, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\*/Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria  
Sun 3 Sutra 78

Makara Rasi: 28.34 Tithi 19 – 20

394994461

**Gulika** 2:08PM – 3:41PM  
**Yama** 11:02AM – 12:35PM  
**Rahu** 7:56AM – 9:29AM

**Dhanishtha Until 8:19PM**  
Vishkambha\* Until 9:33AM  
Kaulava Until 9:17PM  
Chaturthi\* Until 9:48AM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 6:24AM  
*Sunset:* 6:46PM

Moon 6 - Phase 10 - 3  
1st Phase

Family Home Evening Creative Work Siddha Yoga

**Devaloka Day**

**3**

**Tuesday, June 29, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria  
Sun 4 Sutra 79

Kumbha Rasi: 12.02 Tithi 20 – 21

394994461

**Gulika** 12:35PM – 2:08PM  
**Yama** 9:29AM – 11:02AM  
**Rahu** 3:41PM – 5:14PM

**Shatabhishak Until 8:24PM**  
Priti Until 7:50AM  
Gara Until 8:49PM  
Panchami Until 8:56AM

**Ganesha:** Clear  
**Muruqa:** Yellow  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

*Sunrise:* 6:24AM  
*Sunset:* 6:46PM

Plava 5123  
Moon 6 - Phase 10 - 4  
1st Phase

Routine Work Marana Yoga

**Devaloka Day**

**4**

**Wednesday, June 30, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria  
Sun 5 Sutra 80

Kumbha Rasi: 25.04 Tithi 21 – 22

314994461

**Gulika** 11:03AM – 12:35PM  
**Yama** 7:57AM – 9:30AM  
**Rahu** 12:35PM – 2:08PM

**Purvaproshtapada\* Until 9:34PM**  
Ayushman Until 6:44AM  
Visti Until 9:09PM  
Shashthi\* Until 8:52AM

**Ganesha:** Yellow  
**Muruqa:** Yellow  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 6:24AM  
*Sunset:* 6:47PM

Plava 5123  
Moon 6 - Phase 10 - 5  
1st Phase

Creative Work Amrita Yoga

Until 9:34PM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**Retreat Star**

**Thursday, July 1, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 6 Sutra 81

Meena Rasi: 7.43 Tithi 22 – 23

314994461

**Gulika** 9:30AM – 11:03AM  
**Yama** 6:24AM – 7:57AM  
**Rahu** 2:08PM – 3:41PM

**Uttaraproshtapada Until 11:20PM**  
Saubhagya Until 6:16AM  
Balava Until 10:14PM  
Saptami Until 9:35AM

**Ganesha:** Yellow  
**Muruqa:** Yellow  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 6:24AM  
*Sunset:* 6:47PM

Plava 5123  
Moon 6 - Phase 10 - 6  
Ashtami

Creative Work Siddha Yoga

**Devaloka Day**

**Friday, July 2, 2021**  
**Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria  
Sun 7 Sutra 82

Meena Rasi: 20.03 Tithi 23 – 24

315994461

**Gulika** 7:57AM – 9:30AM  
**Yama** 3:41PM – 5:14PM  
**Rahu** 11:03AM – 12:36PM

**Revati Until 1:33AM Sat**  
Sobhana Until 6:23AM  
Taitila Until 11:59PM  
Ashtami\* Until 11:01AM

**Ganesha:** White  
**Muruqa:** Yellow  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

*Sunrise:* 6:25AM  
*Sunset:* 6:47PM

Plava 5123  
Moon 6 - Phase 10 - 7  
Navami

Creative Work Siddha Yoga

**Sivaloka Day**

<b>1</b>	<b>Saturday, July 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 83 Plava 5123
	Mesha Rasi: 2.08	Tithi 24 – 25	<b>Gulika</b> 6:25AM – 7:58AM	<b>Ashvini</b> Until 4:34AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	
			Yama 2:09PM – 3:42PM	Athiganda* Until 6:56AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11 - 8
	325194461		<b>Rahu</b> 9:30AM – 11:03AM	Vanija Until 2:13AM Sun	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work Siddha Yoga			<b>Navami*</b> Until 1:02PM		<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>
Until 4:34AM Sun							
Then Routine Work - Prabalarishta Yoga							


<b>2</b>	<b>Sunday, July 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 84 Plava 5123
	Mesha Rasi: 14.02	Tithi 25 – 26	<b>Gulika</b> 3:42PM – 5:14PM	<b>Bharani</b> Until 7:39AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	
			Yama 12:36PM – 2:09PM	Sukarma Until 7:50AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11 - 9
	325194461		<b>Rahu</b> 5:14PM – 6:47PM	Bava Until 4:43AM Mon	<b>Nataraja:</b> Yellow		2nd Phase
Routine Work Prabalarishta Yoga			<b>Dashami</b> Until 3:25PM		<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>
Until 7:39AM Mon							
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Monday, July 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 85 Plava 5123
	Mesha Rasi: 25.5	Tithi 26	<b>Gulika</b> 2:09PM – 3:42PM	<b>Bharani</b> Until 7:39AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	
	<b>Family Home Evening</b>		Yama 11:04AM – 12:36PM	Dhriti Until 8:56AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 6 - Phase 11 - 10
	325194461		<b>Rahu</b> 7:58AM – 9:31AM	Balava Until 6:00PM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work Siddha Yoga			<b>Ekadashi*</b> Until 6:00PM		<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>
Until 7:39AM							
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Tuesday, July 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 86 Plava 5123
	Vrishabha Rasi: 7.38	Tithi 27	<b>Gulika</b> 12:36PM – 2:09PM	<b>Krittika</b> Until 10:38AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	
			Yama 9:31AM – 11:04AM	Shula* Until 10:02AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11 - 11
	425194461		<b>Rahu</b> 3:42PM – 5:15PM	Kaulava Until 7:18AM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi*</b> Until 8:32PM		<b>Jyeshtha-Ani</b>		<b>Sivaloka Day</b>
Until 10:38AM							
Then Creative Work - Amrita Yoga							

<b>5</b>	<b>Wednesday, July 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 87 Plava 5123
	Vrishabha Rasi: 19.28	Tithi 28	<b>Gulika</b> 11:04AM – 12:37PM	<b>Rohini</b> Until 1:48PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	
			Yama 7:58AM – 9:31AM	Ganda* Until 11:02AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11 - 12
	435194461		<b>Rahu</b> 12:37PM – 2:09PM	Gara Until 9:46AM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work Siddha Yoga			<b>Trayodashi*</b> Until 10:52PM		<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>				

<b>6</b>	<b>Thursday, July 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 13 Sutra 88 Plava 5123
	Mithuna Rasi: 1.23	Tithi 29	<b>Gulika</b> 9:31AM – 11:04AM	<b>Mrigashira</b> Until 4:29PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	
			Yama 6:26AM – 7:59AM	Vridhhi Until 11:49AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11 - 13
	435194461		<b>Rahu</b> 2:10PM – 3:42PM	Visti Until 11:55AM	<b>Nataraja:</b> Yellow		2nd Phase
Routine Work Marana Yoga			<b>Chaturdashi*</b> Until 12:50AM Fri		<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>

	<b>Friday, July 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 89 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 7:59AM – 9:31AM	<b>Ardra</b> Until 6:36PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	
	Mithuna Rasi: 13.29	Tithi 30	Yama 3:42PM – 5:15PM	Dhruva Until 12:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11 - 14
	435194461		<b>Rahu</b> 11:04AM – 12:37PM	Catuspada Until 1:40PM	<b>Nataraja:</b> Yellow		Amavasya
Creative Work Siddha Yoga			<b>Amavasya*</b> Until 2:20AM Sat		<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>

	<b>Saturday, July 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 90 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 6:26AM – 7:59AM	<b>Punarvasu</b> Until 8:34PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:26AM	
	Mithuna Rasi: 25.46	Tithi 1	Yama 2:10PM – 3:43PM	Vyaghata* Until 12:20PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 11 - 15
	445194461		<b>Rahu</b> 9:32AM – 11:04AM	Kintughna Until 2:55PM	<b>Nataraja:</b> Yellow		Prathama
Creative Work Siddha Yoga			<b>Prathama*</b> Until 3:21AM Sun		<b>Ashada-Ani</b>		<b>Devaloka Day</b>

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>	<b>Sunday, July 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Port Harcourt, Nigeria Sun 16    Sutra 91	
	Kataka Rasi: 8.16	Tithi 2	<b>Gulika</b> 3:43PM – 5:15PM	<b>Pushya</b> Until 9:53PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:26AM	Plava 5123	
			Yama 12:37PM – 2:10PM	Harshana Until 12:02PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12 - 16	
	Creative Work	Siddha Yoga	445194461 <b>Rahu</b> 5:15PM – 6:48PM	Balava Until 3:41PM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Dvitiya</b> Until 3:52AM Mon	Moon – Blue		<b>Devaloka Day</b>		
				<b>Ashada-Ani</b>				

<b>2</b>	<b>Monday, July 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra/Siddhi* Yoga Taitila/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 17    Sutra 92	
	Kataka Rasi: 20.59	Tithi 3	<b>Gulika</b> 2:10PM – 3:43PM	<b>Ashlesha*</b> Until 10:35PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:27AM	Plava 5123	
	<b>Family Home Evening</b>		Yama 11:05AM – 12:37PM	Vajra* Until 11:20AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12 - 17	
	Creative Work	Siddha Yoga	446194461 <b>Rahu</b> 7:59AM – 9:32AM	Taitila Until 3:58PM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Tritiya</b> Until 3:55AM Tue	Moon – Blue		<b>Bhuloka Day</b>		
				<b>Ashada-Ani</b>		Devaloka Time: 3:PM to 6:PM		

<b>3</b>	<b>Tuesday, July 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Port Harcourt, Nigeria Sun 18    Sutra 93	
	Simha Rasi: 3.56	Tithi 4	<b>Gulika</b> 12:37PM – 2:10PM	<b>Magha*</b> Until 11:10PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:27AM	Plava 5123	
			Yama 9:32AM – 11:05AM	Siddhi Until 10:17AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12 - 18	
	Creative Work	Siddha Yoga	456194461 <b>Rahu</b> 3:43PM – 5:16PM	Vanija Until 3:48PM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Chaturthi*</b> Until 3:33AM Wed	Moon – Red		<b>Bhuloka Day</b>		
				<b>Ashada-Ani</b>		Devaloka Time: 3:PM to 6:PM		

<b>4</b>	<b>Wednesday, July 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 19    Sutra 94	
	Simha Rasi: 17.06	Tithi 5	<b>Gulika</b> 11:05AM – 12:38PM	<b>Purvaphalguni</b> Until 11:11PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:27AM	Plava 5123	
			Yama 8:00AM – 9:32AM	Vyatipata* Until 8:54AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12 - 19	
	Creative Work	Amrita Yoga	456194461 <b>Rahu</b> 12:38PM – 2:10PM	Bava Until 3:13PM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Panchami</b> Until 2:46AM Thu	Moon – Red		<b>Bhuloka Day</b>		
				<b>Ashada-Ani</b>		Devaloka Time: 3:PM to 6:PM		

<b>5</b>	<b>Thursday, July 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Port Harcourt, Nigeria Sun 20    Sutra 95	
	Kanya Rasi: 0.29	Tithi 6	<b>Gulika</b> 9:32AM – 11:05AM	<b>Uttaraphalguni</b> Until 10:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:27AM	Plava 5123	
			Yama 6:27AM – 8:00AM	Variyan Until 7:11AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12 - 20	
			456194461 <b>Rahu</b> 2:10PM – 3:43PM	Kaulava Until 2:15PM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Shashthi*</b> Until 1:37AM Fri	Moon – Red		<b>Bhuloka Day</b>		
				<b>Ashada-Ani</b>		Devaloka Time: 3:PM to 6:PM		

<b>6</b>	<b>Friday, July 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Port Harcourt, Nigeria Sun 21    Sutra 96	
	Kanya Rasi: 14.04	Tithi 7	<b>Gulika</b> 8:00AM – 9:33AM	<b>Hasta</b> Until 10:07PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	Plava 5123	
			Yama 3:43PM – 5:16PM	Shiva Until 2:53AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12 - 21	
	Creative Work	Amrita Yoga	466194461 <b>Rahu</b> 11:05AM – 12:38PM	Gara Until 12:55PM	<b>Nataraja:</b> Yellow		3rd Phase	
			<b>Saptami</b> Until 12:05AM Sat	Moon – Green		<b>Devaloka Day</b>		
				<b>Ashada-Adi</b>				

<b>☾</b>	<b>Saturday, July 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Port Harcourt, Nigeria Sun 22    Sutra 97	
	<b>Retreat Star</b>		<b>Gulika</b> 6:27AM – 8:00AM	<b>Chitra</b> Until 9:02PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	Plava 5123	
	Kanya Rasi: 27.53	Tithi 8	Yama 2:10PM – 3:43PM	Siddha Until 12:17AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12 - 22	
			466195462 <b>Rahu</b> 9:33AM – 11:05AM	Visti Until 11:13AM	<b>Nataraja:</b> White		Ashtami	
			<b>Ashtami*</b> Until 10:13PM	Moon – Green		<b>Subha Sivaloka Day</b>		
				<b>Ashada-Adi</b>				

<b>☽</b>	<b>Sunday, July 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sathya Yoga Balava/Kaulava Karana Navamyam Titau				Port Harcourt, Nigeria Sun 23    Sutra 98	
	<b>Retreat Star</b>		<b>Gulika</b> 3:43PM – 5:16PM	<b>Svati</b> Until 7:30PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	Plava 5123	
	Tula Rasi: 11.55	Tithi 9	Yama 12:38PM – 2:11PM	Sathya Until 9:25PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 12 - 23	
			466195462 <b>Rahu</b> 5:16PM – 6:48PM	Balava Until 9:10AM	<b>Nataraja:</b> White		Navami	
			<b>Navami*</b> Until 8:00PM	Moon – Green		<b>Subha Sivaloka Day</b>		
				<b>Ashada-Adi</b>				

<b>Then Routine Work - Marana Yoga</b>							
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Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>		<b>Monday, July 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Taitila/Vanija Karana Dashami/Ekodashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 99 Plava 5123	
Tula Rasi: 26.1	Tithi 10 – 11	<b>Gulika</b>	2:11PM – 3:43PM	<b>Vishakha</b> Until 5:56PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	
<b>Family Home Evening</b>	477195462	<b>Yama</b>	11:05AM – 12:38PM	Subha Until 6:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13 - 24
Routine Work	Marana Yoga	<b>Rahu</b>	8:00AM – 9:33AM	Taitila Until 6:49AM	<b>Nataraja:</b> White		4th Phase
Until 5:56PM				<b>Dashami</b> Until 5:31PM	Moon – Orange		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada*Adi</b>		

<b>2</b>		<b>Tuesday, July 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 100 Plava 5123	
Vrischika Rasi: 10.35	Tithi 11 – 12	<b>Gulika</b>	12:38PM – 2:11PM	<b>Anuradha</b> Until 4:01PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	
477195462		<b>Yama</b>	9:33AM – 11:06AM	Sukla Until 3:02PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13 - 25
Creative Work	Siddha Yoga	<b>Rahu</b>	3:43PM – 5:16PM	Bava Until 1:23AM Wed	<b>Nataraja:</b> White		4th Phase
Until 4:01PM				<b>Ekadashi</b> Until 2:47PM	Moon – Orange		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashada*Adi</b>		

<b>3</b>		<b>Wednesday, July 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 101 Plava 5123	
Vrischika Rasi: 25.09	Tithi 12 – 13	<b>Gulika</b>	11:06AM – 12:38PM	<b>Jyeshtha*</b> Until 1:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:28AM	
477195462		<b>Yama</b>	8:00AM – 9:33AM	Brahma Until 11:37AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13 - 26
Creative Work	Siddha Yoga	<b>Rahu</b>	12:38PM – 2:11PM	Kaulava Until 10:28PM	<b>Nataraja:</b> White		4th Phase
Until 1:49PM				<b>Dvodashi</b> Until 11:55AM	Moon – Orange		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashada*Adi</b>		
					<i>Pradosha Vrata</i>		

<b>4</b>		<b>Thursday, July 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 102 Plava 5123	
Dhanus Rasi: 9.46	Tithi 13 – 14	<b>Gulika</b>	9:33AM – 11:06AM	<b>Mula*</b> Until 11:51AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	
487195462		<b>Yama</b>	6:28AM – 8:01AM	Indra Until 8:12AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13 - 27
Creative Work	Siddha Yoga	<b>Rahu</b>	2:11PM – 3:43PM	Gara Until 7:35PM	<b>Nataraja:</b> White		4th Phase
				<b>Trayodashi</b> Until 9:00AM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
					<b>Ashada*Adi</b>		

		<b>Friday, July 23, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sun 28 Sutra 103 Plava 5123	
<b>Copper Retreat Star</b>		<b>Gulika</b>	8:01AM – 9:33AM	<b>Purvashadha*</b> Until 9:51AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	
Dhanus Rasi: 24.2	Tithi 14 – 15	<b>Yama</b>	3:43PM – 5:16PM	Vishkambha* Until 1:36AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13 -
487195462		<b>Rahu</b>	11:06AM – 12:38PM	Bava Until 3:33AM Sat	<b>Nataraja:</b> White		Purnima
Routine Work	Prabalarishta Yoga			<b>Chaturdashi*</b> Until 6:10AM	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Until 9:51AM		<b>Satguru Purnima</b>			<b>Ashada*Adi</b>		
Then Routine Work - Marana Yoga							

<b>Saturday, July 24, 2021</b>		<b>Silver Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Port Harcourt, Nigeria Sun 29 Sutra 104 Plava 5123	
Makara Rasi: 8.44	Tithi 16	<b>Gulika</b>	6:28AM – 8:01AM	<b>Uttarashadha</b> Until 7:58AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	
487195462		<b>Yama</b>	2:11PM – 3:43PM	Priti Until 10:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 6 - Phase 13 -
Routine Work	Marana Yoga	<b>Rahu</b>	9:33AM – 11:06AM	Balava Until 2:24PM	<b>Nataraja:</b> White		Prathama
Until 7:58AM				<b>Prathama*</b> Until 1:18AM Sun	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Ashada*Adi</b>		



**Sunday, July 25, 2021**  
**Gold Retreat Star**

Makara Rasi: 22.53      Tithi 17  
498195462  
Creative Work      Amrita Yoga  
Until 6:44AM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**      3:43PM – 5:16PM  
Yama      12:38PM – 2:11PM  
**Rahu**      5:16PM – 6:48PM

**Shravana Until 6:44AM**  
Ayushman Until 8:09PM  
Taitila Until 12:22PM  
**Dvitiya Until 11:32PM**

**Ganesha:** White      *Sunrise:* 6:28AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

Port Harcourt, Nigeria  
Sun 1      Sutra 105  
Plava 5123  
Moon 7 - Phase 14 - 1  
1st Phase

**Sivaloka Day**

**1**

**Monday, July 26, 2021**

Kumbha Rasi: 6.43      Tithi 18  
498195462  
Family Home Evening  
Creative Work      Siddha Yoga  
Until 5:33AM Tue  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**      2:11PM – 3:43PM  
Yama      11:06AM – 12:38PM  
**Rahu**      8:01AM – 9:33AM

**Shatabhishak Until 5:33AM Tue**  
Saubhagya Until 6:06PM  
Vanija Until 10:54AM  
**Tritiya Until 10:24PM**

**Ganesha:** White      *Sunrise:* 6:28AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

Port Harcourt, Nigeria  
Sun 2      Sutra 106  
Plava 5123  
Moon 7 - Phase 14 - 2  
1st Phase

**Sivaloka Day**

**2**

**Tuesday, July 27, 2021**

Kumbha Rasi: 20.09      Tithi 19  
418295462  
Routine Work      Marana Yoga  
Until 6:15AM Wed  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprossthapada\* Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**      12:38PM – 2:11PM  
Yama      9:33AM – 11:06AM  
**Rahu**      3:43PM – 5:16PM

**Purvaprossthapada\* Until 6:15AM Wed**  
Sobhana Until 4:39PM  
Bava Until 10:07AM  
**Chaturthi\* Until 9:59PM**

**Ganesha:** Yellow      *Sunrise:* 6:29AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Port Harcourt, Nigeria  
Sun 3      Sutra 107  
Plava 5123  
Moon 7 - Phase 14 - 3  
1st Phase

**Subha Sivaloka Day**

**3**

**Wednesday, July 28, 2021**

Meena Rasi: 3.11      Tithi 20  
418295462  
Creative Work      Amrita Yoga  
Until 6:15AM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprossthapada\*/Uttaraprossthapada Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**      11:06AM – 12:38PM  
Yama      8:01AM – 9:33AM  
**Rahu**      12:38PM – 2:11PM

**Purvaprossthapada\* Until 6:15AM**  
Athiganda\* Until 3:46PM  
Kaulava Until 10:05AM  
**Panchami Until 10:21PM**

**Ganesha:** Yellow      *Sunrise:* 6:29AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Port Harcourt, Nigeria  
Sun 4      Sutra 108  
Plava 5123  
Moon 7 - Phase 14 - 4  
1st Phase

**Subha Sivaloka Day**

**4**

**Thursday, July 29, 2021**

Meena Rasi: 15.51      Tithi 21  
418295462  
Creative Work      Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprossthapada/Revati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**      9:33AM – 11:06AM  
Yama      6:29AM – 8:01AM  
**Rahu**      2:11PM – 3:43PM

**Uttaraprossthapada Until 7:33AM**  
Sukarma Until 3:31PM  
Gara Until 10:50AM  
**Shashthi\* Until 11:27PM**

**Ganesha:** Yellow      *Sunrise:* 6:29AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Port Harcourt, Nigeria  
Sun 5      Sutra 109  
Plava 5123  
Moon 7 - Phase 14 - 5  
1st Phase

**Subha Sivaloka Day**

**5**

**Friday, July 30, 2021**

Meena Rasi: 28.11      Tithi 22  
418295462  
Creative Work      Siddha Yoga  
Until 9:23AM  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti/Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**      8:01AM – 9:33AM  
Yama      3:43PM – 5:15PM  
**Rahu**      11:06AM – 12:38PM

**Revati Until 9:23AM**  
Dhriti Until 3:48PM  
Visti Until 12:17PM  
**Saptami Until 1:13AM Sat**

**Ganesha:** Yellow      *Sunrise:* 6:29AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

Port Harcourt, Nigeria  
Sun 6      Sutra 110  
Plava 5123  
Moon 7 - Phase 14 - 6  
1st Phase

**Subha Sivaloka Day**

**Retreat Star**

**Saturday, July 31, 2021**

Mesha Rasi: 10.16      Tithi 23  
428215462  
Creative Work      Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\*/Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**      6:29AM – 8:01AM  
Yama      2:10PM – 3:43PM  
**Rahu**      9:33AM – 11:06AM

**Ashvini Until 12:07PM**  
Shula\* Until 4:30PM  
Balava Until 2:19PM  
**Ashtami\* Until 3:28AM Sun**

**Ganesha:** Blue      *Sunrise:* 6:29AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

Port Harcourt, Nigeria  
Sun 7      Sutra 111  
Plava 5123  
Moon 7 - Phase 14 - 7  
Ashtami

**Subha Sivaloka Day**

**Sunday, August 1, 2021**

**Retreat Star**

Mesha Rasi: 22.11      Tithi 24  
429215462  
Routine Work      Prabalarishta Yoga  
Until 3:05PM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**      3:43PM – 5:15PM  
Yama      12:38PM – 2:10PM  
**Rahu**      5:15PM – 6:47PM

**Bharani Until 3:05PM**  
Ganda\* Until 5:28PM  
Taitila Until 4:43PM  
**Navami\* Until 5:58AM Mon**

**Ganesha:** Red      *Sunrise:* 6:29AM  
**Muruqa:** White      *Sunset:* 6:47PM  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

Port Harcourt, Nigeria  
Sun 8      Sutra 112  
Plava 5123  
Moon 7 - Phase 14 - 8  
Navami

**Subha Sivaloka Day**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>	<b>Monday, August 2, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vridhhi Yoga Vanija Karana Dashamyam Titau	Port Harcourt, Nigeria Sun 9 Sutra 113 Plava 5123
	Vrishabha Rasi: 3.59 Tithi 25 <b>Family Home Evening</b> Routine Work Marana Yoga Until 6:01PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 2:10PM – 3:43PM Yama 11:06AM – 12:38PM <b>Rahu</b> 8:01AM – 9:33AM	<b>Krittika Until 6:01PM</b> Vridhhi Until 6:34PM Vanija Until 7:16PM <b>Dashami Until 8:30AM Tue</b>

Ganesha: Red Sunrise: 6:29AM  
Muruqa: White Sunset: 6:47PM  
Nataraja: White  
Moon – White  
**Subha Sivaloka Day**  
Ashada-Adi

<b>2</b>	<b>Tuesday, August 3, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Port Harcourt, Nigeria Sun 10 Sutra 114 Plava 5123
	Vrishabha Rasi: 15.49 Tithi 25 – 26 439215462 Creative Work Amrita Yoga Until 9:12PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:38PM – 2:10PM Yama 9:33AM – 11:06AM <b>Rahu</b> 3:42PM – 5:15PM	<b>Rohini Until 9:12PM</b> Dhruva Until 7:32PM Bava Until 9:43PM <b>Dashami Until 8:30AM</b>

Ganesha: Green Sunrise: 6:29AM  
Muruqa: White Sunset: 6:47PM  
Nataraja: White  
Moon – Yellow  
**Sivaloka Day**  
Ashada-Adi

<b>3</b>	<b>Wednesday, August 4, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 11 Sutra 115 Plava 5123
	Vrishabha Rasi: 27.42 Tithi 26 – 27 439215462 Creative Work Siddha Yoga	<b>Gulika</b> 11:06AM – 12:38PM Yama 8:01AM – 9:33AM <b>Rahu</b> 12:38PM – 2:10PM	<b>Mrigashira Until 11:54PM</b> Vyaghata* Until 8:18PM Kaulava Until 11:49PM <b>Ekadashi* Until 10:48AM</b>

Ganesha: Green Sunrise: 6:29AM  
Muruqa: White Sunset: 6:47PM  
Nataraja: White  
Moon – Yellow  
**Sivaloka Day**  
Ashada-Adi


<b>4</b>	<b>Thursday, August 5, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Port Harcourt, Nigeria Sun 12 Sutra 116 Plava 5123
	Mithuna Rasi: 9.44 Tithi 27 – 28 439215462 Routine Work Marana Yoga Until 1:57AM Fri Then Creative Work - Siddha Yoga	<b>Gulika</b> 9:33AM – 11:06AM Yama 6:29AM – 8:01AM <b>Rahu</b> 2:10PM – 3:42PM	<b>Ardra Until 1:57AM Fri</b> Harshana Until 8:42PM Gara Until 1:26AM Fri <b>Dvadashi* Until 12:40PM</b>

Ganesha: Green Sunrise: 6:29AM  
Muruqa: White Sunset: 6:47PM  
Nataraja: White  
Moon – Yellow  
**Sivaloka Day**  
Ashada-Adi

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Friday, August 6, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Port Harcourt, Nigeria Sun 13 Sutra 117 Plava 5123
	Mithuna Rasi: 21.59 Tithi 28 – 29 449215462 Creative Work Siddha Yoga	<b>Gulika</b> 8:01AM – 9:33AM Yama 3:42PM – 5:14PM <b>Rahu</b> 11:05AM – 12:38PM	<b>Punarvasu Until 3:46AM Sat</b> Vajra* Until 8:38PM Visti Until 2:28AM Sat <b>Trayodashi* Until 2:00PM</b>

Ganesha: White Sunrise: 6:29AM  
Muruqa: White Sunset: 6:46PM  
Nataraja: White  
Moon – Blue  
**Sivaloka Day**  
Ashada-Adi

	<b>Saturday, August 7, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Port Harcourt, Nigeria Sun 14 Sutra 118 Plava 5123
	<b>Retreat Star</b> Kataka Rasi: 4.3 Tithi 29 – 30 449215462 Creative Work Siddha Yoga	<b>Gulika</b> 6:29AM – 8:01AM Yama 2:10PM – 3:42PM <b>Rahu</b> 9:33AM – 11:05AM	<b>Pushya Until 4:50AM Sun</b> Siddhi Until 8:07PM Catuspada Until 2:54AM Sun <b>Chaturdashi* Until 2:44PM</b>

Ganesha: White Sunrise: 6:29AM  
Muruqa: White Sunset: 6:46PM  
Nataraja: White  
Moon – Blue  
**Sivaloka Day**  
Ashada-Adi

<b>Retreat Star</b>	<b>Sunday, August 8, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Port Harcourt, Nigeria Sun 15 Sutra 119 Plava 5123
	Kataka Rasi: 17.17 Tithi 30 – 1 449215462 Creative Work Siddha Yoga Until 5:11AM Mon Then Routine Work - Marana Yoga	<b>Gulika</b> 3:42PM – 5:14PM Yama 12:37PM – 2:10PM <b>Rahu</b> 5:14PM – 6:46PM	<b>Ashlesha* Until 5:11AM Mon</b> Vyatipata* Until 7:08PM Kintughna Until 2:45AM Mon <b>Amavasya* Until 2:52PM</b>

Ganesha: White Sunrise: 6:29AM  
Muruqa: White Sunset: 6:46PM  
Nataraja: White  
Moon – Blue  
**Sivaloka Day**  
Sravana-Adi

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>	<b>Monday, August 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 120 Plava 5123	
	Simha Rasi: 0.21	Tithi 1 – 2	<b>Gulika</b> 2:09PM – 3:42PM	<b>Magha* Until 5:22AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM		
	<b>Family Home Evening</b>	451215462	Yama 11:05AM – 12:37PM	Variyan Until 5:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16 - 16	3rd Phase
	Routine Work Marana Yoga		<b>Rahu</b> 8:01AM – 9:33AM	Balava Until 2:06AM Tue	<b>Nataraja:</b> White			
			<b>Prathama* Until 2:28PM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>2</b>	<b>Tuesday, August 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Port Harcourt, Nigeria Sun 17 Sutra 121 Plava 5123	
	Simha Rasi: 13.41	Tithi 2 – 3	<b>Gulika</b> 12:37PM – 2:09PM	<b>Purvaphalguni Until 5:00AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM		
	<b>Family Home Evening</b>	451215462	Yama 9:33AM – 11:05AM	Parigha* Until 3:57PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Moon 7 - Phase 16 - 17	3rd Phase
	Routine Work Marana Yoga		<b>Rahu</b> 3:41PM – 5:13PM	Taitila Until 1:03AM Wed	<b>Nataraja:</b> White			
			<b>Dvitiya Until 1:36PM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>3</b>	<b>Wednesday, August 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Port Harcourt, Nigeria Sun 18 Sutra 122 Plava 5123	
	Simha Rasi: 27.13	Tithi 3 – 4	<b>Gulika</b> 11:05AM – 12:37PM	<b>Uttaraphalguni Until 4:11AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:29AM		
	<b>Family Home Evening</b>	451215462	Yama 8:01AM – 9:33AM	Shiva Until 1:55PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 16 - 18	3rd Phase
	Routine Work Marana Yoga		<b>Rahu</b> 12:37PM – 2:09PM	Vanija Until 11:41PM	<b>Nataraja:</b> White			
			<b>Tritiya Until 12:23PM</b>	<b>Moon – Red</b>			<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>4</b>	<b>Thursday, August 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddha/Sadhyha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 123 Plava 5123	
	Kanya Rasi: 10.57	Tithi 4 – 5	<b>Gulika</b> 9:33AM – 11:05AM	<b>Hasta Until 3:26AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM		
	<b>Family Home Evening</b>	461215462	Yama 6:29AM – 8:01AM	Siddha Until 11:38AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 16 - 19	3rd Phase
	Routine Work Marana Yoga		<b>Rahu</b> 2:09PM – 3:41PM	Bava Until 10:04PM	<b>Nataraja:</b> White			
			<b>Chaturthi* Until 10:53AM</b>	<b>Moon – Green</b>			<b>Subha Sivaloka Day</b>	
			<b>Nag Panchami</b>	<b>Sravana-Adi</b>				

<b>5</b>	<b>Friday, August 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhyha/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 124 Plava 5123	
	Kanya Rasi: 24.48	Tithi 5 – 6	<b>Gulika</b> 8:01AM – 9:33AM	<b>Chitra Until 2:23AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM		
	<b>Family Home Evening</b>	461215462	Yama 3:41PM – 5:13PM	Sadhyha Until 9:12AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Moon 7 - Phase 16 - 20	3rd Phase
	Routine Work Marana Yoga		<b>Rahu</b> 11:05AM – 12:37PM	Kaulava Until 8:17PM	<b>Nataraja:</b> White			
			<b>Panchami Until 9:11AM</b>	<b>Moon – Green</b>			<b>Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>6</b>	<b>Saturday, August 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 125 Plava 5123	
	Tula Rasi: 8.46	Tithi 6 – 7	<b>Gulika</b> 6:29AM – 8:01AM	<b>Svati Until 1:03AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM		
	<b>Family Home Evening</b>	461215462	Yama 2:08PM – 3:40PM	Subha Until 6:39AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 16 - 21	3rd Phase
	Routine Work Marana Yoga		<b>Rahu</b> 9:32AM – 11:04AM	Gara Until 6:22PM	<b>Nataraja:</b> White			
			<b>Shashthi* Until 7:19AM</b>	<b>Moon – Green</b>			<b>Subha Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>☾</b>	<b>Sunday, August 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 126 Plava 5123	
	<b>Retreat Star</b>		<b>Gulika</b> 3:40PM – 5:12PM	<b>Vishakha Until 11:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM		
	Tula Rasi: 22.48	Tithi 8	Yama 12:36PM – 2:08PM	Brahma Until 1:13AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 16 - 22	Ashtami
	<b>Family Home Evening</b>	471215462	<b>Rahu</b> 5:12PM – 6:44PM	Visti Until 4:20PM	<b>Nataraja:</b> White			
			<b>Ashtami* Until 3:15AM Mon</b>	<b>Moon – Orange</b>			<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>☽</b>	<b>Monday, August 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 127 Plava 5123	
	<b>Retreat Star</b>		<b>Gulika</b> 2:08PM – 3:40PM	<b>Anuradha Until 10:31PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM		
	Vrischika Rasi: 6.55	Tithi 9	Yama 11:04AM – 12:36PM	Indra Until 10:25PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:44PM	Moon 7 - Phase 16 - 23	Navami
	<b>Family Home Evening</b>	471215462	<b>Rahu</b> 8:00AM – 9:32AM	Balava Until 2:12PM	<b>Nataraja:</b> White			
			<b>Navami* Until 1:05AM Tue</b>	<b>Moon – Orange</b>			<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>				


Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita


<b>1</b>	<b>Tuesday, August 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 128 Plava 5123	
	Vrischika Rasi: 21.04	Tithi 10	<b>Gulika</b> 12:36PM – 2:08PM Yama 9:32AM – 11:04AM Rahu 3:40PM – 5:12PM	<b>Jyeshtha* Until 8:56PM</b> Vaidhriti* Until 7:31PM Tailila Until 12:00PM Dashami Until 10:51PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Orange	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 6:44PM	Moon 7 - Phase 17 - 24 4th Phase <b>Subha Sivaloka Day</b>	
Routine Work Marana Yoga Until 8:56PM Then Creative Work - Amrita Yoga								

<b>2</b>	<b>Wednesday, August 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 129 Plava 5123	
	Dhanus Rasi: 5.16	Tithi 11	<b>Gulika</b> 11:04AM – 12:36PM Yama 8:00AM – 9:32AM Rahu 12:36PM – 2:08PM	<b>Mula* Until 7:36PM</b> Vishkambha* Until 4:37PM Vanija Until 9:45AM Ekadashi Until 8:36PM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Light Blue	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 6:43PM	Moon 7 - Phase 17 - 25 4th Phase <b>Sivaloka Day</b>	
Routine Work Marana Yoga Until 7:36PM Then Creative Work - Amrita Yoga								

<b>3</b>	<b>Thursday, August 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 130 Plava 5123	
	Dhanus Rasi: 19.28	Tithi 12	<b>Gulika</b> 9:32AM – 11:04AM Yama 6:28AM – 8:00AM Rahu 2:07PM – 3:39PM	<b>Purvashadha* Until 6:10PM</b> Priti Until 1:46PM Bava Until 7:30AM Dvadashi Until 6:24PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Light Blue	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 6:43PM	Moon 7 - Phase 17 - 26 4th Phase <b>Sivaloka Day</b>	
Creative Work Siddha Yoga Until 6:10PM Then Routine Work - Marana Yoga								

<b>4</b>	<b>Friday, August 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 131 Plava 5123	
	Makara Rasi: 3.37	Tithi 13 – 14	<b>Gulika</b> 8:00AM – 9:32AM Yama 3:39PM – 5:11PM Rahu 11:03AM – 12:35PM	<b>Uttarashadha Until 4:44PM</b> Ayushman Until 10:58AM Gara Until 3:23AM Sat Trayodashi Until 4:19PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Light Blue	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 6:42PM	Moon 7 - Phase 17 - 27 4th Phase <b>Sivaloka Day</b>	
Routine Work Marana Yoga Chidambaram Abhishekam			<i>Pradosha Vrata</i>					

	<b>Saturday, August 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 132 Plava 5123	
	Makara Rasi: 17.38	Tithi 14 – 15	<b>Gulika</b> 6:28AM – 8:00AM Yama 2:07PM – 3:39PM Rahu 9:31AM – 11:03AM	<b>Shravana Until 3:48PM</b> Saubhagya Until 8:21AM Visti Until 1:42AM Sun Chaturdashi* Until 2:29PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Purple	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 6:42PM	Moon 7 - Phase 17 - Purnima <b>Subha Sivaloka Day</b>	
Creative Work Siddha Yoga Raksha Bandhan								

	<b>Sunday, August 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 133 Plava 5123	
	Kumbha Rasi: 1.29	Tithi 15 – 16	<b>Gulika</b> 3:38PM – 5:10PM Yama 12:35PM – 2:06PM Rahu 5:10PM – 6:42PM	<b>Dhanishtha Until 3:06PM</b> Siddhi Until 6:00AM Balava Until 12:26AM Mon Purnima* Until 12:59PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Purple	<b>Sunrise:</b> 6:28AM <b>Sunset:</b> 6:42PM	Moon 7 - Phase 17 - Prathama <b>Subha Sivaloka Day</b>	
Routine Work Marana Yoga Until 3:06PM Then Creative Work - Siddha Yoga			<b>Avani Avittam</b>					

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda





Monday, August 23, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sukrama Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 134

Plava 5123

Kumbha Rasi: 15.03 Tithi 16 – 17

Family Home Evening 592315462

Creative Work Siddha Yoga

Until 2:43PM

Then Routine Work - Marana Yoga

Gulika 2:06PM – 3:38PM

Yama 11:03AM – 12:34PM

Rahu 7:59AM – 9:31AM

Shatabhishak Until 2:43PM

Sukrama Until 2:25AM Tue

Taitila Until 11:42PM

Prathama\* Until 11:58AM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon – Purple

Sravana-Avani

Sunrise: 6:28AM

Sunset: 6:41PM

Subha Sivaloka Day

Moon 8 - Phase 18 -

1st Phase

1

Tuesday, August 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 135

Plava 5123

Kumbha Rasi: 28.19 Tithi 17 – 18

512315462

Routine Work Marana Yoga

Until 3:14PM

Then Creative Work - Amrita Yoga

Gulika 12:34PM – 2:06PM

Yama 9:31AM – 11:02AM

Rahu 3:38PM – 5:09PM

Purvaproshtapada\* Until 3:14PM

Dhriti Until 1:22AM Wed

Vanija Until 11:36PM

Dvitiya Until 11:33AM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon – Clear

Sravana-Avani

Sunrise: 6:27AM

Sunset: 6:41PM

Subha Sivaloka Day

Moon 8 - Phase 18 - 1

1st Phase

2

Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 136

Plava 5123

Meena Rasi: 11.14 Tithi 18 – 19

512315462

Creative Work Siddha Yoga

Until 4:15PM

Then Routine Work - Marana Yoga

Gulika 11:02AM – 12:34PM

Yama 7:59AM – 9:31AM

Rahu 12:34PM – 2:06PM

Uttaraproshtapada Until 4:15PM

Shula\* Until 12:51AM Thu

Bava Until 12:12AM Thu

Tritiya Until 11:47AM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon – Clear

Sravana-Avani

Sunrise: 6:27AM

Sunset: 6:41PM

Subha Sivaloka Day

Moon 8 - Phase 18 - 2

1st Phase

3

Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 137

Plava 5123

Meena Rasi: 23.5 Tithi 19 – 20

512315462

Creative Work Siddha Yoga

Until 5:47PM

Then Creative Work - Amrita Yoga

Gulika 9:30AM – 11:02AM

Yama 6:27AM – 7:59AM

Rahu 2:05PM – 3:37PM

Revati Until 5:47PM

Ganda\* Until 12:52AM Fri

Kaulava Until 1:28AM Fri

Chaturthi\* Until 12:44PM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon – Clear

Sravana-Avani

Sunrise: 6:27AM

Sunset: 6:40PM

Subha Sivaloka Day

Moon 8 - Phase 18 - 3

1st Phase

4

Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 138

Plava 5123

Mesha Rasi: 6.08 Tithi 20 – 21

522315463

Creative Work Amrita Yoga

Until 8:16PM

Then Creative Work - Siddha Yoga

Gulika 7:58AM – 9:30AM

Yama 3:37PM – 5:08PM

Rahu 11:02AM – 12:33PM

Ashvini Until 8:16PM

Vriddhi Until 1:22AM Sat

Gara Until 3:22AM Sat

Panchami Until 2:20PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon – White

Sravana-Avani

Sunrise: 6:27AM

Sunset: 6:40PM

Devaloka Day

Moon 8 - Phase 18 - 4

1st Phase

5

Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 139

Plava 5123

Mesha Rasi: 18.11 Tithi 21 – 22

522315463

Creative Work Siddha Yoga

Until 11:04PM

Then Creative Work - Amrita Yoga

Gulika 6:27AM – 7:58AM

Yama 2:05PM – 3:36PM

Rahu 9:30AM – 11:01AM

Bharani Until 11:04PM

Dhruva Until 2:12AM Sun

Visti Until 5:42AM Sun

Shashthi\* Until 4:28PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon – White

Sravana-Avani

Sunrise: 6:27AM

Sunset: 6:39PM

Devaloka Day

Moon 8 - Phase 18 - 5

1st Phase

6

Sunday, August 29, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vyaghata\* Yoga Bava Karana Saptamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 140

Plava 5123

Vrishabha Rasi: 0.05 Tithi 22

522315463

Creative Work Siddha Yoga

Until 1:57AM Mon

Then Creative Work - Amrita Yoga

Gulika 3:36PM – 5:07PM

Yama 12:33PM – 2:04PM

Rahu 5:07PM – 6:39PM

Krittika Until 1:57AM Mon

Vyaghata\* Until 3:13AM Mon

Bava Until 6:56PM

Saptami Until 6:56PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon – White

Sravana-Avani

Sunrise: 6:27AM

Sunset: 6:39PM

Devaloka Day

Moon 8 - Phase 18 - 6

1st Phase

Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 141

Plava 5123

Vrishabha Rasi: 11.53 Tithi 23

Family Home Evening 532315463

Creative Work Amrita Yoga

Until 5:12AM Tue

Then Creative Work - Siddha Yoga

Gulika 2:04PM – 3:36PM

Yama 11:01AM – 12:32PM

Rahu 7:58AM – 9:29AM

Krishna Janmashtami

Rohini Until 5:12AM Tue

Harshana Until 4:16AM Tue

Balava Until 8:15AM

Ashtami\* Until 9:30PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon – Yellow

Sravana-Avani

Sunrise: 6:26AM

Sunset: 6:39PM

Sivaloka Day

Moon 8 - Phase 18 - 7

Ashtami

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 8 Sutra 142

Plava 5123

Vrishabha Rasi: 23.43 Tithi 24

532315463

Creative Work Siddha Yoga

Gulika 12:32PM – 2:04PM

Yama 9:29AM – 11:01AM

Rahu 3:35PM – 5:07PM

Mrigashira Until 8:02AM Wed

Vajra\* Until 5:06AM Wed

Taitila Until 10:45AM

Navami\* Until 11:53PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon – Yellow

Sravana-Avani

Sunrise: 6:26AM

Sunset: 6:38PM

Sivaloka Day

Moon 8 - Phase 18 - 8

Navami

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, September 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 143 Plava 5123
	Mithuna Rasi: 5.38	Tithi 25	<b>Gulika</b> 11:00AM – 12:32PM	<b>Mrigashira</b> Until 8:02AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:26AM	
			Yama 7:57AM – 9:29AM	Siddhi Until 5:36AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19 - 9
	Creative Work	Siddha Yoga	533315463 <b>Rahu</b> 12:32PM – 2:03PM	Vanija Until 12:58PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 1:52AM Thu	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Sravana</b> •Avani			

<b>2</b>	<b>Thursday, September 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 144 Plava 5123
	Mithuna Rasi: 17.44	Tithi 26	<b>Gulika</b> 9:29AM – 11:00AM	<b>Ardra</b> Until 10:15AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:26AM	
			Yama 6:26AM – 7:57AM	Vyatipata* Until 5:38AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19 - 10
	Routine Work	Marana Yoga	533315463 <b>Rahu</b> 2:03PM – 3:34PM	Bava Until 2:39PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 3:14AM Fri	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Sravana</b> •Avani			

<b>3</b>	<b>Friday, September 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvodashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 145 Plava 5123
	Kataka Rasi: 0.05	Tithi 27	<b>Gulika</b> 7:57AM – 9:28AM	<b>Punarvasu</b> Until 12:10PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:26AM	
			Yama 3:34PM – 5:05PM	Variyan Until 5:05AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19 - 11
	Creative Work	Siddha Yoga	533315463 <b>Rahu</b> 11:00AM – 12:31PM	Kaulava Until 3:41PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi*</b> Until 3:55AM Sat	Moon – Blue		<b>Devaloka Day</b>	
				<b>Sravana</b> •Avani			

<b>4</b>	<b>Saturday, September 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 146 Plava 5123
	Kataka Rasi: 12.46	Tithi 28	<b>Gulika</b> 6:25AM – 7:57AM	<b>Pushya</b> Until 1:14PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:25AM	
			Yama 2:02PM – 3:34PM	Parigha* Until 4:00AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19 - 12
	Creative Work	Siddha Yoga	533315463 <b>Rahu</b> 9:28AM – 10:59AM	Gara Until 4:00PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 3:53AM Sun	Moon – Blue		<b>Devaloka Day</b>	
				<b>Sravana</b> •Avani			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, September 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 13 Sutra 147 Plava 5123
	Kataka Rasi: 25.47	Tithi 29	<b>Gulika</b> 3:33PM – 5:05PM	<b>Ashlesha*</b> Until 1:28PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:25AM	
			Yama 12:31PM – 2:02PM	Shiva Until 2:24AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19 - 13
	Creative Work	Siddha Yoga	533315463 <b>Rahu</b> 5:05PM – 6:36PM	Visti Until 3:37PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Chaturdashi*</b> Until 3:10AM Mon	Moon – Blue		<b>Devaloka Day</b>	
				<b>Sravana</b> •Avani			

	<b>Monday, September 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 148 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 2:02PM – 3:33PM	<b>Magha*</b> Until 1:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:25AM	
	Simha Rasi: 9.09	Tithi 30	Yama 10:59AM – 12:30PM	Siddha Until 12:18AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19 - 14
	<b>Family Home Evening</b>		533315463 <b>Rahu</b> 7:56AM – 9:28AM	Catuspada Until 2:37PM	<b>Nataraja:</b> Clear		Amavasya
			<b>Amavasya*</b> Until 1:53AM Tue	Moon – Red		<b>Devaloka Day</b>	
				<b>Sravana</b> •Avani			

<b>Retreat Star</b>	<b>Tuesday, September 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 149 Plava 5123
	Simha Rasi: 22.51	Tithi 1	<b>Gulika</b> 12:30PM – 2:01PM	<b>Purvaphalguni</b> Until 12:35PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:25AM	
			Yama 9:27AM – 10:59AM	Sadhya Until 9:50PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 19 - 15
	Creative Work	Siddha Yoga	533315463 <b>Rahu</b> 3:32PM – 5:04PM	Kintughna Until 1:05PM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 12:09AM Wed	Moon – Red		<b>Devaloka Day</b>	
				<b>Bhadrapada</b> •Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Wednesday, September 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 150 Plava 5123
	Kanya Rasi: 6.48	Tithi 2	<b>Gulika</b> 10:58AM – 12:30PM	<b>Uttaraphalguni</b> Until 11:17AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	
			Yama 7:56AM – 9:27AM	Subha Until 7:06PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20 - 16
	553315463	<b>Rahu</b> 12:30PM – 2:01PM	Balava Until 11:10AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 10:04PM	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
Until 11:17AM							
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Thursday, September 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 17 Sutra 151 Plava 5123
	Kanya Rasi: 20.58	Tithi 3	<b>Gulika</b> 9:27AM – 10:58AM	<b>Hasta</b> Until 9:59AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:24AM	
			Yama 6:24AM – 7:55AM	Sukla Until 4:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 - 17
	563315463	<b>Rahu</b> 2:00PM – 3:32PM	Taitila Until 8:58AM		<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Tritiya</b> Until 7:48PM	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
Until 9:59AM							
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Friday, September 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 152 Plava 5123
	Tula Rasi: 5.13	Tithi 4 – 5	<b>Gulika</b> 7:55AM – 9:26AM	<b>Chitra</b> Until 8:25AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:24AM	
			Yama 3:31PM – 5:02PM	Brahma Until 1:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 - 18
	563315463	<b>Rahu</b> 10:58AM – 12:29PM	Vanija Until 6:38AM		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 5:26PM	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
		<b>Ganesha Chaturthi</b>					

<b>4</b>	<b>Saturday, September 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 153 Plava 5123
	Tula Rasi: 19.3	Tithi 5 – 6	<b>Gulika</b> 6:24AM – 7:55AM	<b>Svati</b> Until 6:40AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:24AM	
			Yama 2:00PM – 3:31PM	Indra Until 10:07AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20 - 19
	563315463	<b>Rahu</b> 9:26AM – 10:57AM	Kaulava Until 1:56AM Sun		<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 3:04PM	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Sunday, September 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 154 Plava 5123
	Vrischika Rasi: 3.46	Tithi 6 – 7	<b>Gulika</b> 3:30PM – 5:02PM	<b>Anuradha</b> Until 3:49AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:24AM	
			Yama 12:28PM – 1:59PM	Vaidhriti* Until 7:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 20 - 20
	573315463	<b>Rahu</b> 5:02PM – 6:33PM	Gara Until 11:42PM		<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 12:47PM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Until 3:49AM Mon		<b>Grandparent's Day</b>					
Then Creative Work - Siddha Yoga							

<b>Monday, September 13, 2021</b>	<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visi* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 155 Plava 5123
	Vrischika Rasi: 17.56	Tithi 7 – 8	<b>Gulika</b> 1:59PM – 3:30PM	<b>Jyeshtha*</b> Until 2:22AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:23AM	
	<b>Family Home Evening</b>		Yama 10:57AM – 12:28PM	Priti Until 1:29AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20 - 21
	573315463	<b>Rahu</b> 7:54AM – 9:26AM	Visti Until 9:37PM		<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami</b> Until 10:37AM	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
Until 2:22AM Tue							
Then Creative Work - Amrita Yoga							

<b>Tuesday, September 14, 2021</b>	<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 156 Plava 5123
	Dhanus Rasi: 2.02	Tithi 8 – 9	<b>Gulika</b> 12:27PM – 1:59PM	<b>Mula*</b> Until 1:22AM Wed	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:23AM	
			Yama 9:25AM – 10:56AM	Ayushman Until 10:50PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20 - 22
	583315463	<b>Rahu</b> 3:30PM – 5:01PM	Balava Until 7:41PM		<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 8:36AM	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda


<b>1</b>	<b>Wednesday, September 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Gara Karana Navami/Dashmyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 157 Plava 5123	
	Dhanus Rasi: 16.01	Tithi 9 – 10	<b>Gulika</b> 10:56AM – 12:27PM	<b>Purvashadha* Until 12:24AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:23AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:31PM	Moon 8 - Phase 21 - 23 4th Phase	
	583315463		<b>Rahu</b> 12:27PM – 1:58PM	Saubhagya Until 8:20PM Gara Until 5:06AM Thu <b>Navami* Until 6:46AM</b>	<b>Nataraja:</b> Clear Moon – Light Blue	<b>Devaloka Day</b>		
Creative Work Amrita Yoga Until 12:24AM Thu Then Routine Work - Marana Yoga								


<b>2</b>	<b>Thursday, September 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 158 Plava 5123	
	Dhanus Rasi: 29.53	Tithi 11	<b>Gulika</b> 9:25AM – 10:56AM	<b>Uttarashadha Until 11:29PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:23AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:31PM	Moon 8 - Phase 21 - 24 4th Phase	
	584415463		<b>Rahu</b> 1:58PM – 3:29PM	Sobhana Until 6:00PM Vanija Until 4:22PM <b>Ekadashi Until 3:39AM Fri</b>	<b>Nataraja:</b> Clear Moon – Light Blue	<b>Devaloka Day</b>		
Routine Work Marana Yoga Until 11:29PM Then Creative Work - Siddha Yoga								

<b>3</b>	<b>Friday, September 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 159 Plava 5123	
	Makara Rasi: 13.37	Tithi 12	<b>Gulika</b> 7:53AM – 9:24AM	<b>Shravana Until 11:05PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:22AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:30PM	Moon 8 - Phase 21 - 25 4th Phase	
	594415463		<b>Rahu</b> 10:55AM – 12:26PM	Athiganda* Until 3:49PM Bava Until 3:01PM <b>Dvadashi Until 2:25AM Sat</b>	<b>Nataraja:</b> Clear Moon – Purple	<b>Sivaloka Day</b>		
Routine Work Marana Yoga Until 11:05PM Then Creative Work - Siddha Yoga								

<b>4</b>	<b>Saturday, September 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 160 Plava 5123	
	Makara Rasi: 27.13	Tithi 13	<b>Gulika</b> 6:22AM – 7:53AM	<b>Dhanishtha Until 10:50PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:22AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:30PM	Moon 8 - Phase 21 - 26 4th Phase	
	594415463		<b>Rahu</b> 9:24AM – 10:55AM	Sukarma Until 1:52PM Kaulava Until 1:56PM <b>Trayodashi Until 1:30AM Sun</b>	<b>Nataraja:</b> Clear Moon – Purple	<b>Sivaloka Day</b>		
Creative Work Siddha Yoga Until 10:50PM Then Creative Work - Amrita Yoga		<i>Pradosha Vrata</i>						

<b>5</b>	<b>Sunday, September 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 161 Plava 5123	
	Kumbha Rasi: 10.38	Tithi 14	<b>Gulika</b> 3:28PM – 4:58PM	<b>Shatabhishak Until 10:47PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:22AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:29PM	Moon 8 - Phase 21 - 27 4th Phase	
	594415463		<b>Rahu</b> 4:58PM – 6:29PM	Dhriti Until 12:12PM Gara Until 1:12PM <b>Chaturdashi* Until 12:58AM Mon</b>	<b>Nataraja:</b> Clear Moon – Purple	<b>Sivaloka Day</b>		
Creative Work Siddha Yoga		<b>Chidambaram Abhishekam</b>						

	<b>Monday, September 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 162 Plava 5123	
	Kumbha Rasi: 23.51	Tithi 15	<b>Gulika</b> 1:56PM – 3:27PM	<b>Purvaproshtapada* Until 11:29PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:22AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:29PM	Moon 8 - Phase 21 - Purnima	
	514415463		<b>Rahu</b> 7:53AM – 9:23AM	Shula* Until 10:50AM Visti Until 12:53PM <b>Purnima* Until 12:53AM Tue</b>	<b>Nataraja:</b> Clear Moon – Clear	<b>Sivaloka Day</b>		
Family Home Evening Routine Work Marana Yoga Until 11:29PM Then Creative Work - Siddha Yoga								

	<b>Tuesday, September 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 163 Plava 5123	
	Meena Rasi: 6.49	Tithi 16	<b>Gulika</b> 12:25PM – 1:56PM	<b>Uttaraproshtapada Until 12:33AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:21AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:28PM	Moon 8 - Phase 21 - Prathama	
	514415463		<b>Rahu</b> 3:27PM – 4:58PM	Ganda* Until 9:52AM Balava Until 1:03PM <b>Prathama* Until 1:20AM Wed</b>	<b>Nataraja:</b> Clear Moon – Clear	<b>Sivaloka Day</b>		
Creative Work Amrita Yoga Until 12:33AM Wed Then Routine Work - Marana Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 164

Plava 5123

Moon 9 - Phase 22 - 1

1st Phase

Meena Rasi: 19.31 Tithi 17

514415463 Rahu 12:25PM - 1:55PM

Gulika 10:54AM - 12:25PM

Yama 7:52AM - 9:23AM

Revati Until 2:01AM Thu

Vriddhi Until 9:20AM

Taitila Until 1:48PM

Dvitiya Until 2:22AM Thu

Ganesha: Red Sunrise: 6:21AM

Muruqa: White Sunset: 6:28PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 2:01AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Trityayam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 165

Plava 5123

Moon 9 - Phase 22 - 2

1st Phase

Mesha Rasi: 1.57 Tithi 18

524415463 Rahu 1:55PM - 3:26PM

Gulika 9:23AM - 10:53AM

Yama 6:21AM - 7:52AM

Rahu 1:55PM - 3:26PM

Ashvini Until 4:22AM Fri

Dhruva Until 9:14AM

Vanija Until 3:08PM

Tritiya Until 3:59AM Fri

Ganesha: Green Sunrise: 6:21AM

Muruqa: White Sunset: 6:27PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 4:22AM Fri

Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Chaturthayam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 166

Plava 5123

Moon 9 - Phase 22 - 3

1st Phase

Mesha Rasi: 14.09 Tithi 19

524415463 Rahu 10:53AM - 12:24PM

Gulika 7:52AM - 9:22AM

Yama 3:25PM - 4:56PM

Rahu 10:53AM - 12:24PM

Bharani Until 7:02AM Sat

Vyaghata\* Until 9:35AM

Bava Until 5:01PM

Chaturthi\* Until 6:07AM Sat

Ganesha: Green Sunrise: 6:21AM

Muruqa: White Sunset: 6:27PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 7:02AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 167

Plava 5123

Moon 9 - Phase 22 - 4

1st Phase

Mesha Rasi: 26.08 Tithi 19 - 20

524415463 Rahu 9:22AM - 10:53AM

Gulika 6:21AM - 7:51AM

Yama 1:54PM - 3:25PM

Rahu 9:22AM - 10:53AM

Bharani Until 7:02AM

Harshana Until 10:19AM

Kaulava Until 7:21PM

Chaturthi\* Until 6:07AM

Ganesha: Green Sunrise: 6:21AM

Muruqa: White Sunset: 6:27PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 7:02AM

Then Creative Work - Amrita Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthayam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 168

Plava 5123

Moon 9 - Phase 22 - 5

1st Phase

Vrishabha Rasi: 8 Tithi 20 - 21

524415463 Rahu 4:55PM - 6:26PM

Gulika 3:25PM - 4:55PM

Yama 12:23PM - 1:54PM

Rahu 4:55PM - 6:26PM

Krittika Until 9:52AM

Vajra\* Until 11:16AM

Gara Until 9:57PM

Panchami Until 8:36AM

Ganesha: Green Sunrise: 6:20AM

Muruqa: White Sunset: 6:26PM

Nataraja: Clear

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 169

Plava 5123

Moon 9 - Phase 22 - 6

1st Phase

Vrishabha Rasi: 19.47 Tithi 21 - 22

634415463 Rahu 7:51AM - 9:21AM

Gulika 1:54PM - 3:24PM

Yama 10:52AM - 12:23PM

Rahu 7:51AM - 9:21AM

Rohini Until 1:11PM

Siddhi Until 12:19PM

Visti Until 12:34AM Tue

Shashthi\* Until 11:15AM

Ganesha: Green Sunrise: 6:20AM

Muruqa: White Sunset: 6:26PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Tuesday, September 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saplamyam/Ashlamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 170

Plava 5123

Moon 9 - Phase 22 - 7

Ashtami

Mithuna Rasi: 2 Tithi 22 - 23

635415463 Rahu 3:24PM - 4:55PM

Gulika 12:23PM - 1:53PM

Yama 9:21AM - 10:52AM

Rahu 3:24PM - 4:55PM

Mrigashira Until 4:13PM

Vyatipata\* Until 1:19PM

Balava Until 2:59AM Wed

Saptami Until 1:48PM

Ganesha: White Sunrise: 6:20AM

Muruqa: White Sunset: 6:25PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Until 4:13PM

Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 8 Sutra 171

Plava 5123

Moon 9 - Phase 22 - 8

Navami

Mithuna Rasi: 13.31 Tithi 23 - 24

635415463 Rahu 12:22PM - 1:53PM

Gulika 10:52AM - 12:22PM

Yama 7:50AM - 9:21AM

Rahu 12:22PM - 1:53PM

Ardra Until 6:44PM

Variyan Until 2:01PM

Taitila Until 4:55AM Thu

Ashtami\* Until 4:00PM

Ganesha: White Sunrise: 6:20AM

Muruqa: White Sunset: 6:25PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/

www.gurudeva.org/panchang

1	<b>Thursday, September 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 172 Plava 5123	
	Mithuna Rasi: 25.37	Tithi 24 – 25	<b>Gulika</b> 9:21AM – 10:51AM	<b>Punarvasu</b> Until 9:01PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM		
			Yama 6:19AM – 7:50AM	Parigha* Until 2:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:24PM	Moon 9 - Phase 23 - 9	
	Creative Work	Amrita Yoga	645415463 <b>Rahu</b> 1:52PM – 3:23PM	Vanija Until 6:13AM Fri	<b>Nataraja:</b> Clear		2nd Phase	<b>Sivaloka Day</b>
			<b>Navami*</b> Until 5:38PM	Moon – Blue			<b>Bhadrapada-Puratasi</b>	

2	<b>Friday, October 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashmyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 173 Plava 5123	
	Kataka Rasi: 7.59	Tithi 25	<b>Gulika</b> 7:50AM – 9:20AM	<b>Pushya</b> Until 10:26PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM		
			Yama 3:23PM – 4:53PM	Shiva Until 2:06PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:24PM	Moon 9 - Phase 23 - 10	
	Routine Work	Marana Yoga	645415463 <b>Rahu</b> 10:51AM – 12:22PM	Vanija Until 6:13AM	<b>Nataraja:</b> Clear		2nd Phase	<b>Sivaloka Day</b>
			<b>Dashami</b> Until 6:33PM	Moon – Blue			<b>Bhadrapada-Puratasi</b>	

3	<b>Saturday, October 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 174 Plava 5123	
	Kataka Rasi: 20.43	Tithi 26	<b>Gulika</b> 6:19AM – 7:50AM	<b>Ashlesha*</b> Until 10:54PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM		
			Yama 1:52PM – 3:22PM	Siddha Until 1:14PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 23 - 11	
	Routine Work	Marana Yoga	645415463 <b>Rahu</b> 9:20AM – 10:51AM	Bava Until 6:44AM	<b>Nataraja:</b> Clear		2nd Phase	<b>Sivaloka Day</b>
			<b>Ekadashi*</b> Until 6:41PM	Moon – Blue			<b>Bhadrapada-Puratasi</b>	

4	<b>Sunday, October 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 175 Plava 5123	
	Simha Rasi: 3.49	Tithi 27	<b>Gulika</b> 3:22PM – 4:52PM	<b>Magha*</b> Until 10:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:19AM		
			Yama 12:21PM – 1:51PM	Sadhya Until 11:45AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 23 - 12	
	Routine Work	Marana Yoga	655415463 <b>Rahu</b> 4:52PM – 6:23PM	Kaulava Until 6:28AM	<b>Nataraja:</b> Clear		2nd Phase	<b>Devaloka Day</b>
			<b>Dvadashi*</b> Until 6:01PM	Moon – Red			<b>Bhadrapada-Puratasi</b>	

5	<b>Monday, October 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 13 Sutra 176 Plava 5123	
	Simha Rasi: 17.21	Tithi 28 – 29	<b>Gulika</b> 1:51PM – 3:22PM	<b>Purvaphalguni</b> Until 10:06PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:19AM		
	<b>Family Home Evening</b>		Yama 10:50AM – 12:21PM	Subha Until 9:41AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 9 - Phase 23 - 13	
	Creative Work	Siddha Yoga	655415463 <b>Rahu</b> 7:49AM – 9:20AM	Visti Until 3:43AM Tue	<b>Nataraja:</b> Clear		2nd Phase	<b>Devaloka Day</b>
			<b>Trayodashi*</b> Until 4:38PM	Moon – Red			<b>Bhadrapada-Puratasi</b>	

*Pradosha Vrata (Fasting)*

●	<b>Tuesday, October 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 177 Plava 5123	
	<b>Retreat Star</b>		<b>Gulika</b> 12:20PM – 1:51PM	<b>Uttaraphalguni</b> Until 8:34PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:18AM		
	Kanya Rasi: 1.17	Tithi 29 – 30	Yama 9:19AM – 10:50AM	Sukla Until 7:05AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 9 - Phase 23 - 14	
	Creative Work	Amrita Yoga	655415463 <b>Rahu</b> 3:21PM – 4:52PM	Catuspada Until 1:27AM Wed	<b>Nataraja:</b> Clear		Amavasya	<b>Devaloka Day</b>
			<b>Chaturdashi*</b> Until 2:37PM	Moon – Red			<b>Bhadrapada-Puratasi</b>	

**Mahalaya Amavasai (Tamil Nadu)**

●	<b>Wednesday, October 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 178 Plava 5123	
	<b>Retreat Star</b>		<b>Gulika</b> 10:50AM – 12:20PM	<b>Hasta</b> Until 6:52PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:18AM		
	Kanya Rasi: 15.33	Tithi 30 – 1	Yama 7:49AM – 9:19AM	Indra Until 12:43AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 9 - Phase 23 - 15	
	Routine Work	Marana Yoga	665415463 <b>Rahu</b> 12:20PM – 1:50PM	Kintughna Until 10:48PM	<b>Nataraja:</b> Clear		Prathama	<b>Devaloka Day</b>
			<b>Amavasya*</b> Until 12:09PM	Moon – Green			<b>Ashvina-Puratasi</b>	

**Navaratri Begins**

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/

www.gurudeva.org/panchang

<b>1</b>	<b>Thursday, October 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Port Harcourt, Nigeria Sun 16 Sutra 179 Plava 5123	
	Tula Rasi: 0.05	Tithi 1 – 2	<b>Gulika</b> 9:19AM – 10:49AM <b>Yama</b> 6:18AM – 7:49AM <b>Rahu</b> 1:50PM – 3:20PM	<b>Chitra</b> Until 4:45PM Vaidhriti* Until 9:10PM Balava Until 7:53PM <b>Prathama*</b> Until 9:20AM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 6:21PM	Moon 9 - Phase 24 - 16 3rd Phase <b>Sivaloka Day</b>	
	Creative Work Siddha Yoga Until 4:45PM Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>			

<b>2</b>	<b>Friday, October 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*Priti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Port Harcourt, Nigeria Sun 17 Sutra 180 Plava 5123	
	Tula Rasi: 14.46	Tithi 2 – 3	<b>Gulika</b> 7:48AM – 9:19AM <b>Yama</b> 3:20PM – 4:51PM <b>Rahu</b> 10:49AM – 12:19PM	<b>Svati</b> Until 2:22PM Vishkambha* Until 5:33PM Gara Until 3:20AM Sat <b>Dvitiya</b> Until 6:21AM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 6:21PM	Moon 9 - Phase 24 - 17 3rd Phase <b>Subha Sivaloka Day</b>	
	Creative Work Siddha Yoga				<b>Ashvina+Puratasi</b>			

<b>3</b>	<b>Saturday, October 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturtham Titau				Port Harcourt, Nigeria Sun 18 Sutra 181 Plava 5123	
	Tula Rasi: 29.29	Tithi 4	<b>Gulika</b> 6:18AM – 7:48AM <b>Yama</b> 1:49PM – 3:20PM <b>Rahu</b> 9:18AM – 10:49AM	<b>Vishakha</b> Until 12:16PM Priti Until 1:58PM Vanija Until 1:52PM <b>Chaturthi*</b> Until 12:24AM Sun	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 6:20PM	Moon 9 - Phase 24 - 18 3rd Phase <b>Subha Sivaloka Day</b>	
	Creative Work Siddha Yoga				<b>Ashvina+Puratasi</b>			

<b>4</b>	<b>Sunday, October 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 182 Plava 5123	
	Vrischika Rasi: 14.07	Tithi 5	<b>Gulika</b> 3:19PM – 4:50PM <b>Yama</b> 12:19PM – 1:49PM <b>Rahu</b> 4:50PM – 6:20PM	<b>Anuradha</b> Until 10:11AM Ayushman Until 10:29AM Bava Until 11:02AM <b>Panchami</b> Until 9:41PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:18AM <b>Sunset:</b> 6:20PM	Moon 9 - Phase 24 - 19 3rd Phase <b>Subha Sivaloka Day</b>	
	Routine Work Marana Yoga				<b>Ashvina+Puratasi</b>			

<b>5</b>	<b>Monday, October 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 183 Plava 5123	
	Vrischika Rasi: 28.35	Tithi 6	<b>Gulika</b> 1:49PM – 3:19PM <b>Yama</b> 10:48AM – 12:19PM <b>Rahu</b> 7:48AM – 9:18AM	<b>Jyeshtha*</b> Until 8:12AM Saubhagya Until 7:13AM Kaulava Until 8:27AM <b>Shashthi*</b> Until 7:16PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:20PM	Moon 9 - Phase 24 - 20 3rd Phase <b>Sivaloka Day</b>	
	Family Home Evening Creative Work Siddha Yoga				<b>Ashvina+Puratasi</b>			

<b>6</b>	<b>Tuesday, October 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 184 Plava 5123	
	Dhanus Rasi: 12.5	Tithi 7 – 8	<b>Gulika</b> 12:18PM – 1:49PM <b>Yama</b> 9:18AM – 10:48AM <b>Rahu</b> 3:19PM – 4:49PM	<b>Mula*</b> Until 6:50AM Athiganda* Until 1:33AM Wed Gara Until 6:12AM <b>Saptami</b> Until 5:12PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:19PM	Moon 9 - Phase 24 - 21 3rd Phase <b>Subha Sivaloka Day</b>	
	Creative Work Amrita Yoga Until 6:50AM Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>			

<b>D</b>	<b>Wednesday, October 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 185 Plava 5123	
	<b>Retreat Star</b>		<b>Gulika</b> 10:48AM – 12:18PM <b>Yama</b> 7:47AM – 9:18AM <b>Rahu</b> 12:18PM – 1:48PM	<b>Uttarashadha</b> Until 4:52AM Thu Sukarma Until 11:12PM Balava Until 2:54AM Thu <b>Ashtami*</b> Until 3:33PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Light Blue	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:19PM	Moon 9 - Phase 24 - 22 Ashtami <b>Subha Sivaloka Day</b>	
	Dhanus Rasi: 26.49 Tithi 8 – 9 Creative Work Amrita Yoga Until 4:52AM Thu Then Creative Work - Siddha Yoga		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			

<b>D</b>	<b>Thursday, October 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 186 Plava 5123	
	<b>Retreat Star</b>		<b>Gulika</b> 9:17AM – 10:48AM <b>Yama</b> 6:17AM – 7:47AM <b>Rahu</b> 1:48PM – 3:18PM	<b>Shravana</b> Until 4:43AM Fri Dhriti Until 9:12PM Taitila Until 1:53AM Fri <b>Navami*</b> Until 2:20PM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 6:17AM <b>Sunset:</b> 6:19PM	Moon 9 - Phase 24 - 23 Navami <b>Sivaloka Day</b>	
	Makara Rasi: 10.33 Tithi 9 – 10 Creative Work Siddha Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Puratasi</b>			

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

1	<b>Friday, October 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 187	
	Makara Rasi: 24.02	Tithi 10 – 11	<b>Gulika</b> 7:47AM – 9:17AM	<b>Dhanishtha</b> Until 4:50AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM		
			Yama 3:18PM – 4:48PM	Shula* Until 7:30PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 25 - 24	
		697515464	<b>Rahu</b> 10:47AM – 12:18PM	Vanija Until 1:18AM Sat	<b>Nataraja:</b> Purple		4th Phase	
Creative Work Siddha Yoga			<b>Vijaya Dasami</b>		<b>Ashvina•Puratasi</b>		<b>Subha Sivaloka Day</b>	
Until 4:50AM Sat								
Then Creative Work - Amrita Yoga								

2	<b>Saturday, October 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 188	
	Kumbha Rasi: 7.17	Tithi 11 – 12	<b>Gulika</b> 6:17AM – 7:47AM	<b>Shatabhishak</b> Until 5:13AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM		
			Yama 1:48PM – 3:18PM	Ganda* Until 6:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 25 - 25	
		697515464	<b>Rahu</b> 9:17AM – 10:47AM	Bava Until 1:07AM Sun	<b>Nataraja:</b> Purple		4th Phase	
Creative Work Amrita Yoga			<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina•Puratasi</b>		<b>Subha Sivaloka Day</b>	
Until 5:13AM Sun								
Then Creative Work - Siddha Yoga								

3	<b>Sunday, October 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 189	
	Kumbha Rasi: 20.2	Tithi 12 – 13	<b>Gulika</b> 3:17PM – 4:48PM	<b>Purvaproshtapada*</b> Until 6:18AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM		
			Yama 12:17PM – 1:47PM	Vriddhi Until 5:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 9 - Phase 25 - 26	
		617515464	<b>Rahu</b> 4:48PM – 6:18PM	Kaulava Until 1:22AM Mon	<b>Nataraja:</b> Purple		4th Phase	
Creative Work Siddha Yoga			<b>Dvadashi</b> Until 1:10PM		<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>	
			<i>Pradosha Vrata</i>					

4	<b>Monday, October 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Tailla/Gara Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 190	
	Meena Rasi: 3.1	Tithi 13 – 14	<b>Gulika</b> 1:47PM – 3:17PM	<b>Purvaproshtapada*</b> Until 6:18AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM		
	<b>Family Home Evening</b>		Yama 10:47AM – 12:17PM	Dhruva Until 4:26PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 25 - 27	
		617515464	<b>Rahu</b> 7:47AM – 9:17AM	Gara Until 2:03AM Tue	<b>Nataraja:</b> Purple		4th Phase	
Routine Work Marana Yoga			<b>Trayodashi</b> Until 1:38PM		<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>	
Until 6:18AM								
Then Creative Work - Siddha Yoga								

○	<b>Tuesday, October 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sun 27 Sutra 191	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:17PM – 1:47PM	<b>Uttaraproshtapada</b> Until 7:41AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM		
	Meena Rasi: 15.47	Tithi 14 – 15	Yama 9:17AM – 10:47AM	Vyaghata* Until 4:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 25 -	
		617515464	<b>Rahu</b> 3:17PM – 4:47PM	Visti Until 3:12AM Wed	<b>Nataraja:</b> Purple		Purnima	
Creative Work Amrita Yoga			<b>Chaturdashi*</b> Until 2:33PM		<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>	
Until 7:41AM								
Then Creative Work - Siddha Yoga								

○	<b>Wednesday, October 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sun 27 Sutra 192	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:47AM – 12:17PM	<b>Revati</b> Until 9:20AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM		
	Meena Rasi: 28.12	Tithi 15 – 16	Yama 7:47AM – 9:17AM	Harshana Until 4:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 25 -	
		617515464	<b>Rahu</b> 12:17PM – 1:47PM	Balava Until 4:49AM Thu	<b>Nataraja:</b> Purple		Prathama	
Routine Work Marana Yoga			<b>Purnima*</b> Until 3:56PM		<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





**Thursday, October 21, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vajra\* Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria  
Sutra 193

Mesha Rasi: 10.25 Tithi 16 - 17

**Gulika** 9:16AM - 10:46AM  
Yama 6:16AM - 7:46AM  
**Rahu** 1:46PM - 3:16PM

**Ashvini Until 11:45AM**  
Vajra\* Until 4:27PM  
Taitila Until 6:52AM Fri  
**Prathama\* Until 5:46PM**

**Ganesha:** Clear *Sunrise: 6:16AM*  
**Muruqa:** White *Sunset: 6:16PM*  
**Nataraja:** Purple  
Moon - White

Moon 10 - Phase 26 - 1st Phase

Creative Work Amrita Yoga  
Until 11:45AM  
Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**  
**Ashvina•Aipasi**

**1**

**Friday, October 22, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria  
Sun 1 Sutra 194

Mesha Rasi: 22.28 Tithi 17

**Gulika** 7:46AM - 9:16AM  
Yama 3:16PM - 4:46PM  
**Rahu** 10:46AM - 12:16PM

**Bharani Until 2:25PM**  
Siddhi Until 5:07PM  
Taitila Until 6:52AM  
**Dvitiya Until 8:01PM**

**Ganesha:** Clear *Sunrise: 6:16AM*  
**Muruqa:** White *Sunset: 6:16PM*  
**Nataraja:** Purple  
Moon - White

Moon 10 - Phase 26 - 1st Phase

Creative Work Siddha Yoga

**Subha Sivaloka Day**  
**Ashvina•Aipasi**

**2**

**Saturday, October 23, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 2 Sutra 195

Vishabha Rasi: 4.23 Tithi 18

**Gulika** 6:16AM - 7:46AM  
Yama 1:46PM - 3:16PM  
**Rahu** 9:16AM - 10:46AM

**Krittika Until 5:13PM**  
Vyatipata\* Until 6:02PM  
Vanija Until 9:17AM  
**Tritiya Until 10:34PM**

**Ganesha:** Clear *Sunrise: 6:16AM*  
**Muruqa:** White *Sunset: 6:16PM*  
**Nataraja:** Purple  
Moon - White

Moon 10 - Phase 26 - 2 1st Phase

Creative Work Amrita Yoga

**Subha Sivaloka Day**  
**Ashvina•Aipasi**

**3**

**Sunday, October 24, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria  
Sun 3 Sutra 196

Vishabha Rasi: 16.11 Tithi 19

**Gulika** 3:16PM - 4:46PM  
Yama 12:16PM - 1:46PM  
**Rahu** 4:46PM - 6:16PM

**Rohini Until 8:32PM**  
Variyan Until 7:03PM  
Bava Until 11:56AM  
**Chaturthi\* Until 1:16AM Mon**

**Ganesha:** Purple *Sunrise: 6:16AM*  
**Muruqa:** White *Sunset: 6:16PM*  
**Nataraja:** Purple  
Moon - Yellow

Moon 10 - Phase 26 - 3 1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**  
**Ashvina•Aipasi**

**4**

**Monday, October 25, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria  
Sun 4 Sutra 197

Vishabha Rasi: 27.58 Tithi 20

**Family Home Evening**

**Gulika** 1:46PM - 3:16PM  
Yama 10:46AM - 12:16PM  
**Rahu** 7:46AM - 9:16AM

**Mrigashira Until 11:41PM**  
Parigha\* Until 8:05PM  
Kaulava Until 2:39PM  
**Panchami Until 3:57AM Tue**

**Ganesha:** Purple *Sunrise: 6:16AM*  
**Muruqa:** White *Sunset: 6:15PM*  
**Nataraja:** Purple  
Moon - Yellow

Moon 10 - Phase 26 - 4 1st Phase

Creative Work Amrita Yoga

Until 11:41PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**  
**Ashvina•Aipasi**

**5**

**Tuesday, October 26, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria  
Sun 5 Sutra 198

Mithuna Rasi: 9.46 Tithi 21

**Gulika** 12:16PM - 1:46PM  
Yama 9:16AM - 10:46AM  
**Rahu** 3:16PM - 4:45PM

**Ardra Until 2:28AM Wed**  
Shiva Until 9:01PM  
Gara Until 5:13PM  
**Shashthi\* Until 6:22AM Wed**

**Ganesha:** Purple *Sunrise: 6:16AM*  
**Muruqa:** White *Sunset: 6:15PM*  
**Nataraja:** Purple  
Moon - Yellow

Moon 10 - Phase 26 - 5 1st Phase

Routine Work Marana Yoga

Until 2:28AM Wed

Then Creative Work - Siddha Yoga

**Sivaloka Day**  
**Ashvina•Aipasi**

**6**

**Wednesday, October 27, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria  
Sun 6 Sutra 199

Mithuna Rasi: 21.4 Tithi 21 - 22

**Gulika** 10:46AM - 12:16PM  
Yama 7:46AM - 9:16AM  
**Rahu** 12:16PM - 1:46PM

**Punarvasu Until 5:11AM Thu**  
Siddha Until 9:37PM  
Visti Until 7:27PM  
**Shashthi\* Until 6:22AM**

**Ganesha:** Clear *Sunrise: 6:16AM*  
**Muruqa:** White *Sunset: 6:15PM*  
**Nataraja:** Purple  
Moon - Blue

Moon 10 - Phase 26 - 6 1st Phase

Creative Work Siddha Yoga

Until 5:11AM Thu

Then Creative Work - Amrita Yoga

**Subha Sivaloka Day**  
**Ashvina•Aipasi**



**Thursday, October 28, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 7 Sutra 200

Kataka Rasi: 3.44 Tithi 22 - 23

**Gulika** 9:16AM - 10:46AM  
Yama 6:16AM - 7:46AM  
**Rahu** 1:45PM - 3:15PM

**Pushya Until 7:08AM Fri**  
Sadhya Until 9:48PM  
Balava Until 9:07PM  
**Saptami Until 8:21AM**

**Ganesha:** White *Sunrise: 6:16AM*  
**Muruqa:** Clear *Sunset: 6:15PM*  
**Nataraja:** Purple  
Moon - Blue

Moon 10 - Phase 26 - 7 Ashtami

Creative Work Amrita Yoga

Until 7:08AM Fri

Then Routine Work - Marana Yoga

**Subha Sivaloka Day**  
**Ashvina•Aipasi**

**Friday, October 29, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria  
Sun 8 Sutra 201

Kataka Rasi: 16.04 Tithi 23 - 24

**Gulika** 7:46AM - 9:16AM  
Yama 3:15PM - 4:45PM  
**Rahu** 10:46AM - 12:16PM

**Pushya Until 7:08AM**  
Subha Until 9:27PM  
Taitila Until 10:05PM  
**Ashtami\* Until 9:41AM**

**Ganesha:** White *Sunrise: 6:16AM*  
**Muruqa:** Clear *Sunset: 6:15PM*  
**Nataraja:** Purple  
Moon - Blue

Moon 10 - Phase 26 - 8 Navami

Routine Work Marana Yoga

**Subha Sivaloka Day**  
**Ashvina•Aipasi**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


<b>1</b>	<b>Saturday, October 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 202 Plava 5123
	Kataka Rasi: 28.44	Tithi 24 – 25	<b>Gulika</b> 6:16AM – 7:46AM	<b>Ashlesha* Until 8:12AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM	
			Yama 1:45PM – 3:15PM	Sukla Until 8:28PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 27 - 9
		649525464	<b>Rahu</b> 9:16AM – 10:46AM	Vanija Until 10:14PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work Marana Yoga				Moon – Blue		<b>Subha Sivaloka Day</b>	
Until 8:12AM							
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Sunday, October 31, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Purvaphalguni Nakshatra Brahma Yoga Vistit* Bava Karana Dashami/Ekodashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 203 Plava 5123
	Simha Rasi: 11.47	Tithi 25 – 26	<b>Gulika</b> 3:15PM – 4:45PM	<b>Magha* Until 8:46AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:16AM	
			Yama 12:15PM – 1:45PM	Brahma Until 6:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27 - 10
		659525464	<b>Rahu</b> 4:45PM – 6:14PM	Bava Until 9:33PM	<b>Nataraja:</b> Purple		2nd Phase
Routine Work Marana Yoga				Moon – Red		<b>Sivaloka Day</b>	
Until 8:46AM							
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Monday, November 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 204 Plava 5123
	Simha Rasi: 25.17	Tithi 26 – 27	<b>Gulika</b> 1:45PM – 3:15PM	<b>Purvaphalguni Until 8:23AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM	
	<b>Family Home Evening</b>		Yama 10:46AM – 12:15PM	Indra Until 4:34PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27 - 11
		659525464	<b>Rahu</b> 7:46AM – 9:16AM	Kaulava Until 8:05PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Siddha Yoga				Moon – Red		<b>Sivaloka Day</b>	

<b>4</b>	<b>Tuesday, November 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talita/Vanija Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 12 Sutra 205 Plava 5123
	Kanya Rasi: 9.15	Tithi 27 – 28	<b>Gulika</b> 12:15PM – 1:45PM	<b>Uttaraphalguni Until 7:07AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:17AM	
			Yama 9:16AM – 10:46AM	Vaidhriti* Until 1:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27 - 12
		659525464	<b>Rahu</b> 3:15PM – 4:44PM	Vanija Until 4:35AM Wed	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Amrita Yoga				Moon – Red		<b>Sivaloka Day</b>	
Until 7:07AM							
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Wednesday, November 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Vistit*/Sakuni* Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 13 Sutra 206 Plava 5123
	Kanya Rasi: 23.38	Tithi 29	<b>Gulika</b> 10:46AM – 12:15PM	<b>Chitra Until 3:15AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:17AM	
			Yama 7:46AM – 9:16AM	Vishkambha* Until 10:23AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27 - 13
		669525464	<b>Rahu</b> 12:15PM – 1:45PM	Vistit Until 3:11PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work Siddha Yoga				Moon – Green		<b>Sivaloka Day</b>	
Until 3:15AM Thu							
Then Creative Work - Amrita Yoga							

	<b>Thursday, November 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 207 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 9:16AM – 10:46AM	<b>Svati Until 12:32AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:17AM	
	Tula Rasi: 8.22	Tithi 30	Yama 6:17AM – 7:46AM	Priti Until 6:42AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27 - 14
		669525464	<b>Rahu</b> 1:45PM – 3:15PM	Catuspada Until 12:01PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work Amrita Yoga				Moon – Green		<b>Sivaloka Day</b>	
Until 12:32AM Fri							
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Friday, November 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 208 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 7:47AM – 9:16AM	<b>Vishakha Until 9:56PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:17AM	
	Tula Rasi: 23.19	Tithi 1	Yama 3:15PM – 4:44PM	Saubhagya Until 10:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 27 - 15
		671625464	<b>Rahu</b> 10:46AM – 12:15PM	Kintughna Until 8:36AM	<b>Nataraja:</b> Purple		Prathama
Creative Work Siddha Yoga				Moon – Orange		<b>Devaloka Day</b>	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda




<b>1</b>	<b>Saturday, November 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 216 Plava 5123
	Kumbha Rasi: 17.23	Tithi 10	<b>Gulika</b> 6:18AM – 7:48AM	<b>Shatabhishak</b> <b>Until 10:41AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:18AM	
			Yama 1:45PM – 3:15PM	Vyaghata* <b>Until 9:42PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29 - 23 4th Phase
		791625464	<b>Rahu</b> 9:17AM – 10:47AM	Taitila <b>Until 1:04PM</b>	<b>Nataraja:</b> Purple		
Creative Work Amrita Yoga Until 10:41AM Then Routine Work - Marana Yoga			<b>Dashami</b> <b>Until 1:16AM Sun</b>	<b>Kartika-Aipasi</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Sunday, November 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 217 Plava 5123
	Meena Rasi: 0.11	Tithi 11	<b>Gulika</b> 3:15PM – 4:44PM	<b>Purvaproshtapada*</b> <b>Until 11:58AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	
			Yama 12:16PM – 1:46PM	Harshana <b>Until 9:11PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29 - 24 4th Phase
		711625464	<b>Rahu</b> 4:44PM – 6:14PM	Vanija <b>Until 1:40PM</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga Until 11:58AM Then Creative Work - Amrita Yoga			<b>Ekadashi</b> <b>Until 2:09AM Mon</b>	<b>Kartika-Aipasi</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Monday, November 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 218 Plava 5123
	Meena Rasi: 12.43	Tithi 12	<b>Gulika</b> 1:46PM – 3:15PM	<b>Uttaraproshtapada</b> <b>Until 1:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:19AM	
	<b>Family Home Evening</b>		Yama 10:47AM – 12:16PM	Vajra* <b>Until 9:02PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29 - 25 4th Phase
		712625464	<b>Rahu</b> 7:48AM – 9:18AM	Bava <b>Until 2:48PM</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Dvadashi</b> <b>Until 3:32AM Tue</b>	<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Tuesday, November 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 219 Plava 5123
	Meena Rasi: 25.03	Tithi 13	<b>Gulika</b> 12:17PM – 1:46PM	<b>Revati</b> <b>Until 3:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:19AM	
			Yama 9:18AM – 10:47AM	Siddhi <b>Until 9:14PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29 - 26 4th Phase
		712625464	<b>Rahu</b> 3:15PM – 4:45PM	Kaulava <b>Until 4:24PM</b>	<b>Nataraja:</b> Purple		
Creative Work Siddha Yoga			<b>Trayodashi</b> <b>Until 5:21AM Wed</b>	<b>Kartika-Kartikai</b>		<b>Subha Sivaloka Day</b>	
<i>Pradosha Vrata</i>							

<b>5</b>	<b>Wednesday, November 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Gara Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 220 Plava 5123
	Mesha Rasi: 7.12	Tithi 14	<b>Gulika</b> 10:47AM – 12:17PM	<b>Ashvini</b> <b>Until 6:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM	
			Yama 7:49AM – 9:18AM	Vyatipata* <b>Until 9:44PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29 - 27 4th Phase
		722625465	<b>Rahu</b> 12:17PM – 1:46PM	Gara <b>Until 6:25PM</b>	<b>Nataraja:</b> Clear		
Routine Work Marana Yoga Until 6:12PM Then Creative Work - Siddha Yoga			<b>Chaturdashi*</b> <b>Until 7:31AM Thu</b>	<b>Kartika-Kartikai</b>		<b>Devaloka Day</b>	

	<b>Thursday, November 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Port Harcourt, Nigeria Sutra 221 Plava 5123
	Mesha Rasi: 19.13	Tithi 14 – 15	<b>Gulika</b> 9:18AM – 10:48AM	<b>Bharani</b> <b>Until 8:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM	
			Yama 6:20AM – 7:49AM	Variyan <b>Until 10:27PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29 - Purnima
		722625465	<b>Rahu</b> 1:46PM – 3:16PM	Visti <b>Until 8:45PM</b>	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga Until 8:59PM Then Routine Work - Marana Yoga			<b>Chaturdashi*</b> <b>Until 7:31AM</b>	<b>Kartika-Kartikai</b>		<b>Devaloka Day</b>	

<b>6</b>	<b>Friday, November 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Port Harcourt, Nigeria Sutra 222 Plava 5123
	Vrishabha Rasi: 1.07	Tithi 15 – 16	<b>Gulika</b> 7:49AM – 9:18AM	<b>Krittika</b> <b>Until 11:49PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM	
			Yama 3:16PM – 4:45PM	Parigha* <b>Until 11:20PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29 - Prathama
		722625465	<b>Rahu</b> 10:48AM – 12:17PM	Balava <b>Until 11:18PM</b>	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga Until 11:49PM Then Routine Work - Marana Yoga			<b>Purnima*</b> <b>Until 9:59AM</b>	<b>Kartika-Kartikai</b>		<b>Devaloka Day</b>	
		<b>Krittika Deepam</b> <b>Vinayaga Viratam Begins</b>					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



**Saturday, November 20, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria  
Sutra 223  
Plava 5123  
Moon 11 - Phase 30 -  
1st Phase

Vrishabha Rasi: 12.57    Tithi 16 - 17

732625465

**Gulika** 6:20AM - 7:49AM  
**Yama** 1:47PM - 3:16PM  
**Rahu** 9:19AM - 10:48AM

**Rohini Until 3:07AM Sun**  
Shiva Until 12:20AM Sun  
Taitila Until 2:00AM Sun  
**Prathama\* Until 12:37PM**

**Ganesha:** Purple    *Sunrise:* 6:20AM  
**Muruqa:** Clear    *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

**Karttika-Karttikai**

Creative Work    Amrita Yoga

Until 3:07AM Sun

Then Creative Work - Siddha Yoga

**1**

**Sunday, November 21, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 1    Sutra 224  
Plava 5123  
Moon 11 - Phase 30 - 1  
1st Phase

Vrishabha Rasi: 24.44    Tithi 17 - 18

732625465

**Gulika** 3:16PM - 4:46PM  
**Yama** 12:18PM - 1:47PM  
**Rahu** 4:46PM - 6:15PM

**Mrigashira Until 6:14AM Mon**  
Siddha Until 1:19AM Mon  
Vanija Until 4:42AM Mon  
**Dvitiya Until 3:20PM**

**Ganesha:** Purple    *Sunrise:* 6:20AM  
**Muruqa:** Clear    *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

**Karttika-Karttikai**

Creative Work    Siddha Yoga

**2**

**Monday, November 22, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 2    Sutra 225  
Plava 5123  
Moon 11 - Phase 30 - 2  
1st Phase

Mithuna Rasi: 6.32    Tithi 18

732625465

**Family Home Evening**

**Gulika** 1:47PM - 3:16PM  
**Yama** 10:49AM - 12:18PM  
**Rahu** 7:50AM - 9:19AM

**Mrigashira Until 6:14AM**  
Sadhya Until 2:14AM Tue  
Visti Until 6:00PM  
**Tritiya Until 6:00PM**

**Ganesha:** Purple    *Sunrise:* 6:21AM  
**Muruqa:** Clear    *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

**Karttika-Karttikai**

Creative Work    Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

**3**

**Tuesday, November 23, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthiyam Titau

Port Harcourt, Nigeria  
Sun 3    Sutra 226  
Plava 5123  
Moon 11 - Phase 30 - 3  
1st Phase

Mithuna Rasi: 18.23    Tithi 19

732625465

Routine Work    Marana Yoga

**Gulika** 12:18PM - 1:47PM  
**Yama** 9:20AM - 10:49AM  
**Rahu** 3:17PM - 4:46PM

**Ardra Until 9:04AM**  
Subha Until 2:59AM Wed  
Bava Until 7:17AM  
**Chaturthi\* Until 8:28PM**

**Ganesha:** Purple    *Sunrise:* 6:21AM  
**Muruqa:** Clear    *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon - Yellow

**Sivaloka Day**

**Karttika-Karttikai**

Until 9:04AM

Then Creative Work - Siddha Yoga

**4**

**Wednesday, November 24, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria  
Sun 4    Sutra 227  
Plava 5123  
Moon 11 - Phase 30 - 4  
1st Phase

Kataka Rasi: 0.19    Tithi 20

742625465

Creative Work    Siddha Yoga

**Gulika** 10:49AM - 12:18PM  
**Yama** 7:51AM - 9:20AM  
**Rahu** 12:18PM - 1:48PM

**Punarvasu Until 11:59AM**  
Sukla Until 3:26AM Thu  
Kaulava Until 9:36AM  
**Panchami Until 10:36PM**

**Ganesha:** Clear    *Sunrise:* 6:21AM  
**Muruqa:** Clear    *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon - Blue

**Devaloka Day**

**Karttika-Karttikai**

**5**

**Thursday, November 25, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma Yoga Gara/Vanija Karana Shashthiyam Titau

Port Harcourt, Nigeria  
Sun 5    Sutra 228  
Plava 5123  
Moon 11 - Phase 30 - 5  
1st Phase

Kataka Rasi: 12.25    Tithi 21

742625465

Creative Work    Amrita Yoga

**Gulika** 9:20AM - 10:49AM  
**Yama** 6:22AM - 7:51AM  
**Rahu** 1:48PM - 3:17PM

**Pushya Until 2:19PM**  
Brahma Until 3:30AM Fri  
Gara Until 11:31AM  
**Shashthi\* Until 12:15AM Fri**

**Ganesha:** Clear    *Sunrise:* 6:22AM  
**Muruqa:** Clear    *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon - Blue

**Devaloka Day**

**Karttika-Karttikai**

Until 2:19PM

Then Creative Work - Siddha Yoga

**6**

**Friday, November 26, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

Port Harcourt, Nigeria  
Sun 6    Sutra 229  
Plava 5123  
Moon 11 - Phase 30 - 6  
1st Phase

Kataka Rasi: 24.43    Tithi 22

742625465

Routine Work    Marana Yoga

**Gulika** 7:51AM - 9:21AM  
**Yama** 3:17PM - 4:47PM  
**Rahu** 10:50AM - 12:19PM

**Ashlesha\* Until 3:57PM**  
Indra Until 3:07AM Sat  
Visti Until 12:52PM  
**Saptami Until 1:16AM Sat**

**Ganesha:** Clear    *Sunrise:* 6:22AM  
**Muruqa:** Clear    *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon - Blue

**Devaloka Day**

**Karttika-Karttikai**

**Retreat Star**

**Saturday, November 27, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 7    Sutra 230  
Plava 5123  
Moon 11 - Phase 30 - 7  
Ashtami

Simha Rasi: 7.19    Tithi 23

752625465

Creative Work    Amrita Yoga

**Gulika** 6:23AM - 7:52AM  
**Yama** 1:49PM - 3:18PM  
**Rahu** 9:21AM - 10:50AM

**Magha\* Until 5:14PM**  
Vaidhriti\* Until 2:07AM Sun  
Balava Until 1:32PM  
**Ashtami\* Until 1:34AM Sun**

**Ganesha:** White    *Sunrise:* 6:23AM  
**Muruqa:** Clear    *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon - Red

**Sivaloka Day**

**Karttika-Karttikai**

Until 5:14PM

Then Creative Work - Siddha Yoga

**Sunday, November 28, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria  
Sun 8    Sutra 231  
Plava 5123  
Moon 11 - Phase 30 - 8  
Navami

Simha Rasi: 20.15    Tithi 24

753625465

Creative Work    Siddha Yoga

**Gulika** 3:18PM - 4:47PM  
**Yama** 12:20PM - 1:49PM  
**Rahu** 4:47PM - 6:16PM

**Purvaphalguni Until 5:37PM**  
Vishkambha\* Until 12:32AM Mon  
Taitila Until 1:26PM  
**Navami\* Until 1:04AM Mon**

**Ganesha:** Clear    *Sunrise:* 6:23AM  
**Muruqa:** Clear    *Sunset:* 6:16PM  
**Nataraja:** Clear  
Moon - Red

**Devaloka Day**

**Karttika-Karttikai**

Until 5:37PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/


www.gurudeva.org/panchang

<b>1</b>	<b>Monday, November 29, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria	
			Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 232	
	Kanya Rasi: 4	Tithi 25	<b>Gulika</b> 1:49PM – 3:18PM	<b>Uttaraphalguni</b> Until 5:04PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	Plava 5123	
	Family Home Evening	753625465	<b>Yama</b> 10:51AM – 12:20PM	Priti Until 10:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 11 - Phase 31 - 9	
Creative Work	Siddha Yoga	<b>Rahu</b> 7:52AM – 9:22AM	Vanija Until 12:32PM	<b>Nataraja:</b> Clear		2nd Phase		
			<b>Dashami</b> Until 11:47PM		<b>Moon – Red</b>	<b>Devaloka Day</b>		
					<b>Karttika-Karttikai</b>			

<b>2</b>	<b>Tuesday, November 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam				Port Harcourt, Nigeria	
			Hasta/Chitra Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 233	
	Kanya Rasi: 17.23	Tithi 26	<b>Gulika</b> 12:20PM – 1:50PM	<b>Hasta</b> Until 4:04PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM	Plava 5123	
		763725465	<b>Yama</b> 9:22AM – 10:51AM	Ayushman Until 7:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 11 - Phase 31 - 10	
Creative Work	Siddha Yoga	<b>Rahu</b> 3:19PM – 4:48PM	Bava Until 10:53AM	<b>Nataraja:</b> Clear		2nd Phase		
			<b>Ekadashi*</b> Until 9:46PM		<b>Moon – Green</b>	<b>Devaloka Day</b>		
					<b>Karttika-Karttikai</b>			

<b>3</b>	<b>Wednesday, December 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria	
			Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 234	
	Tula Rasi: 1.38	Tithi 27	<b>Gulika</b> 10:52AM – 12:21PM	<b>Chitra</b> Until 2:17PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:24AM	Plava 5123	
		763725465	<b>Yama</b> 7:53AM – 9:22AM	Saubhagya Until 4:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:17PM	Moon 11 - Phase 31 - 11	
Creative Work	Siddha Yoga	<b>Rahu</b> 12:21PM – 1:50PM	Kaulava Until 8:32AM	<b>Nataraja:</b> Clear		2nd Phase		
			<b>Dvadashi*</b> Until 7:07PM		<b>Moon – Green</b>	<b>Devaloka Day</b>		
					<b>Karttika-Karttikai</b>			

<b>4</b>	<b>Thursday, December 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria	
			Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 235	
	Tula Rasi: 16.18	Tithi 28 – 29	<b>Gulika</b> 9:23AM – 10:52AM	<b>Svati</b> Until 11:49AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	Plava 5123	
		763725465	<b>Yama</b> 6:25AM – 7:54AM	Sobhana Until 12:28PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 31 - 12	
Creative Work	Amrita Yoga	<b>Rahu</b> 1:50PM – 3:19PM	Visti Until 2:15AM Fri	<b>Nataraja:</b> Clear		2nd Phase		
Until 11:49AM			<b>Trayodashi*</b> Until 3:58PM		<b>Moon – Green</b>	<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Karttika-Karttikai</b>			
			<i>Pradosha Vrata (Fasting)</i>					

	<b>Friday, December 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria	
	<b>Retreat Star</b>		Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 236	
	Vrischika Rasi: 1.17	Tithi 29 – 30	<b>Gulika</b> 7:54AM – 9:23AM	<b>Vishakha</b> Until 9:14AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	Plava 5123	
		773725465	<b>Yama</b> 3:20PM – 4:49PM	Athiganda* Until 8:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 31 - 13	
Creative Work	Siddha Yoga	<b>Rahu</b> 10:52AM – 12:22PM	Catuspada Until 10:38PM	<b>Nataraja:</b> Clear		Amavasya		
			<b>Chaturdashi*</b> Until 12:27PM		<b>Moon – Orange</b>	<b>Devaloka Day</b>		
					<b>Karttika-Karttikai</b>			

<b>Retreat Star</b>	<b>Saturday, December 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria	
			Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 237	
	Vrischika Rasi: 16.28	Tithi 30 – 1	<b>Gulika</b> 6:25AM – 7:55AM	<b>Anuradha</b> Until 6:17AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	Plava 5123	
		773725465	<b>Yama</b> 1:51PM – 3:20PM	Dhriti Until 11:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 11 - Phase 31 - 14	
Creative Work	Siddha Yoga	<b>Rahu</b> 9:24AM – 10:53AM	Kintughna Until 6:53PM	<b>Nataraja:</b> Clear		Prathama		
			<b>Amavasya*</b> Until 8:44AM		<b>Moon – Orange</b>	<b>Devaloka Day</b>		
					<b>Margasira-Karttikai</b>			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>		<b>Sunday, December 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 238 Plava 5123	
Dhanus Rasi: 1.42	Tithi 2	<b>Gulika</b> 3:21PM – 4:50PM	<b>Mula* Until 12:25AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM
		Yama 12:22PM – 1:51PM	Shula* Until 7:37PM	<b>Nataraja:</b> Clear			Moon 11 - Phase 32 - 15
		783725465 <b>Rahu</b> 4:50PM – 6:19PM	Balava Until 3:11PM	Moon – Light Blue			3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 1:24AM Mon</b>	<b>Margasira-Karttikai</b>			<b>Devaloka Day</b>
Until 12:25AM Mon							
Then Routine Work	Marana Yoga						

<b>2</b>		<b>Monday, December 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda*Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		Port Harcourt, Nigeria Sun 16 Sutra 239 Plava 5123	
Dhanus Rasi: 16.49	Tithi 3	<b>Gulika</b> 1:52PM – 3:21PM	<b>Purvashadha* Until 9:50PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM
<b>Family Home Evening</b>		Yama 10:54AM – 12:23PM	Ganda* Until 3:35PM	<b>Nataraja:</b> Clear			Moon 11 - Phase 32 - 16
		783725465 <b>Rahu</b> 7:55AM – 9:25AM	Taitila Until 11:42AM	Moon – Light Blue			3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 10:05PM</b>	<b>Margasira-Karttikai</b>			<b>Devaloka Day</b>

<b>3</b>		<b>Tuesday, December 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 240 Plava 5123	
Makara Rasi: 1.4	Tithi 4	<b>Gulika</b> 12:23PM – 1:52PM	<b>Uttarashadha Until 7:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM
		Yama 9:25AM – 10:54AM	Vridhhi Until 11:54AM	<b>Nataraja:</b> Clear			Moon 11 - Phase 32 - 17
		783725465 <b>Rahu</b> 3:21PM – 4:50PM	Vanija Until 8:36AM	Moon – Light Blue			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi* Until 7:13PM</b>	<b>Margasira-Karttikai</b>			<b>Devaloka Day</b>
Until 7:33PM							
Then Creative Work	Siddha Yoga						

<b>4</b>		<b>Wednesday, December 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 241 Plava 5123	
Makara Rasi: 16.1	Tithi 5 – 6	<b>Gulika</b> 10:55AM – 12:24PM	<b>Shravana Until 6:09PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM
		Yama 7:56AM – 9:25AM	Dhruva Until 8:37AM	<b>Nataraja:</b> Clear			Moon 11 - Phase 32 - 18
		793725465 <b>Rahu</b> 12:24PM – 1:53PM	Bava Until 6:01AM	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 4:56PM</b>	<b>Margasira-Karttikai</b>			<b>Sivaloka Day</b>
Until 6:09PM							
Then Routine Work	Prabalarishta Yoga						

<b>5</b>		<b>Thursday, December 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 242 Plava 5123	
Kumbha Rasi: 0.12	Tithi 6 – 7	<b>Gulika</b> 9:26AM – 10:55AM	<b>Dhanishtha Until 5:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM
		Yama 6:28AM – 7:57AM	Harshana Until 3:48AM Fri	<b>Nataraja:</b> Clear			Moon 11 - Phase 32 - 19
		793725465 <b>Rahu</b> 1:53PM – 3:22PM	Gara Until 2:55AM Fri	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 3:23PM</b>	<b>Margasira-Karttikai</b>			<b>Sivaloka Day</b>

Vinayaga Viratam Ends

<b>Friday, December 10, 2021</b>		<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 243 Plava 5123	
Kumbha Rasi: 13.47	Tithi 7 – 8	<b>Gulika</b> 7:57AM – 9:26AM	<b>Shatabhishak Until 5:05PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:21PM
		Yama 3:23PM – 4:52PM	Vajra* Until 2:19AM Sat	<b>Nataraja:</b> Clear			Moon 11 - Phase 32 - 20
		793725465 <b>Rahu</b> 10:55AM – 12:24PM	Visti Until 2:33AM Sat	Moon – Purple			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 2:37PM</b>	<b>Margasira-Karttikai</b>			<b>Sivaloka Day</b>

<b>Saturday, December 11, 2021</b>		<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 244 Plava 5123	
Kumbha Rasi: 26.55	Tithi 8 – 9	<b>Gulika</b> 6:29AM – 7:58AM	<b>Purvaprosarthapada* Until 5:57PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:21PM
		Yama 1:54PM – 3:23PM	Siddhi Until 1:28AM Sun	<b>Nataraja:</b> Clear			Moon 11 - Phase 32 - 21
		713725465 <b>Rahu</b> 9:27AM – 10:56AM	Balava Until 3:01AM Sun	Moon – Clear			Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 2:40PM</b>	<b>Margasira-Karttikai</b>			<b>Sivaloka Day</b>
Until 5:57PM							
Then Creative Work	Siddha Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>	<b>Sunday, December 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyalipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 245 Plava 5123
	Meena Rasi: 9.4	Tithi 9 – 10	<b>Gulika</b> 3:23PM – 4:53PM	<b>Uttaraproshtapada</b> Until 7:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:29AM	
			Yama 12:25PM – 1:54PM	Vyatipata* Until 1:11AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM	Moon 11 - Phase 33 - 22
	Creative Work	Amrita Yoga	713725465 <b>Rahu</b> 4:53PM – 6:22PM	Taitila Until 4:12AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami*</b> Until 3:30PM	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			


<b>2</b>	<b>Monday, December 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 246 Plava 5123
	Meena Rasi: 22.05	Tithi 10 – 11	<b>Gulika</b> 1:55PM – 3:24PM	<b>Revati</b> Until 9:22PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:30AM	
	<b>Family Home Evening</b>		Yama 10:57AM – 12:26PM	Variyan Until 1:22AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM	Moon 11 - Phase 33 - 23
	Creative Work	Siddha Yoga	714725465 <b>Rahu</b> 7:59AM – 9:28AM	Vanija Until 6:01AM Tue	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 5:01PM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>3</b>	<b>Tuesday, December 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 247 Plava 5123
	Mesha Rasi: 4.15	Tithi 11	<b>Gulika</b> 12:26PM – 1:55PM	<b>Ashvini</b> Until 12:08AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	
			Yama 9:28AM – 10:57AM	Parigha* Until 1:56AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM	Moon 11 - Phase 33 - 24
	Creative Work	Siddha Yoga	724725465 <b>Rahu</b> 3:24PM – 4:53PM	Vanija Until 6:01AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 7:05PM	Moon – White		<b>Bhuloka Day</b>	
			<b>Gita Jayanthi</b>	<b>Margasira-Karttikai</b>		Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Wednesday, December 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 248 Plava 5123
	Mesha Rasi: 16.14	Tithi 12	<b>Gulika</b> 10:58AM – 12:27PM	<b>Bharani</b> Until 3:04AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:31AM	
			Yama 8:00AM – 9:29AM	Shiva Until 2:46AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:23PM	Moon 11 - Phase 33 - 25
	Creative Work	Siddha Yoga	724725465 <b>Rahu</b> 12:27PM – 1:56PM	Bava Until 8:18AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 9:33PM	Moon – White		<b>Bhuloka Day</b>	
			<b>Markali Pillaiyar</b>	<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Thursday, December 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 249 Plava 5123
	Mesha Rasi: 28.06	Tithi 13	<b>Gulika</b> 9:29AM – 10:58AM	<b>Krittika</b> Until 6:00AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:31AM	
			Yama 6:31AM – 8:00AM	Siddha Until 3:42AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:23PM	Moon 11 - Phase 33 - 26
	Routine Work	Marana Yoga	824725465 <b>Rahu</b> 1:56PM – 3:25PM	Kaulava Until 10:53AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 12:13AM Fri	Moon – White		<b>Devaloka Day</b>	
			<b>Pradosha Vrata</b>	<b>Margasira-Markali</b>			

<b>6</b>	<b>Friday, December 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 250 Plava 5123
	Vrishabha Rasi: 9.54	Tithi 14	<b>Gulika</b> 8:01AM – 9:30AM	<b>Krittika</b> Until 6:00AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:32AM	
			Yama 3:26PM – 4:55PM	Sadhya Until 4:41AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 33 - 27
	Creative Work	Siddha Yoga	824725465 <b>Rahu</b> 10:59AM – 12:28PM	Gara Until 1:36PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi*</b> Until 2:57AM Sat	Moon – White		<b>Devaloka Day</b>	
				<b>Margasira-Markali</b>			

	<b>Saturday, December 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 251 Plava 5123
	Vrishabha Rasi: 21.41	Tithi 15	<b>Gulika</b> 6:32AM – 8:01AM	<b>Rohini</b> Until 9:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	
			Yama 1:57PM – 3:26PM	Subha Until 5:39AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 33 -
	Creative Work	Amrita Yoga	834725465 <b>Rahu</b> 9:30AM – 10:59AM	Visti Until 4:20PM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima*</b> Until 5:38AM Sun	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	

<b>○</b>	<b>Sunday, December 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Balava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 29 Sutra 252 Plava 5123
	Mithuna Rasi: 3.3	Tithi 16	<b>Gulika</b> 3:27PM – 4:56PM	<b>Mrigashira</b> Until 12:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM	
			Yama 12:29PM – 1:58PM	Sukla Until 6:27AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Moon 11 - Phase 33 -
	Creative Work	Siddha Yoga	834725465 <b>Rahu</b> 4:56PM – 6:25PM	Balava Until 6:56PM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama*</b> Until 8:09AM Mon	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 253

Plava 5123

Mithuna Rasi: 15.23 Tithi 16 – 17

Family Home Evening

834725465

Gulika

1:58PM – 3:27PM

Ardra Until 3:06PM

Ganesha: White Sunrise: 6:33AM

Muruqa: Clear Sunset: 6:25PM

Moon 12 - Phase 34 -

1st Phase

Creative Work Siddha Yoga

Until 3:06PM

Then Creative Work - Amrita Yoga

Ardra Darshanam

Margasira-Markali

Devaloka Day

Devaloka Time: 3:PM to 6:PM

1

Tuesday, December 21, 2021

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 254

Plava 5123

Mithuna Rasi: 27.21 Tithi 17 – 18

Creative Work Siddha Yoga

Gulika

12:30PM – 1:59PM

Punarvasu Until 5:54PM

Ganesha: Clear Sunrise: 6:34AM

Muruqa: Clear Sunset: 6:26PM

Moon 12 - Phase 34 - 1

1st Phase

Yama

9:32AM – 11:01AM

Brahma Until 7:05AM

Nataraja: Clear

Devaloka Day

Rahu

3:28PM – 4:57PM

Vanija Until 11:28PM

Moon – Blue

Margasira-Markali

Day 1 of Pancha Ganapati

Dvitiya Until 10:25AM

2

Wednesday, December 22, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra/Vaidhriti\* Yoga Vistit\*/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 9.26 Tithi 18 – 19

Creative Work Siddha Yoga

Gulika

11:01AM – 12:30PM

Pushya Until 8:13PM

Ganesha: Clear Sunrise: 6:34AM

Muruqa: Clear Sunset: 6:26PM

Moon 12 - Phase 34 - 2

1st Phase

Yama

8:03AM – 9:32AM

Indra Until 7:31AM

Nataraja: Clear

Devaloka Day

Rahu

12:30PM – 1:59PM

Bava Until 1:15AM Thu

Moon – Blue

Margasira-Markali

Day 2 of Pancha Ganapati

Tritiya Until 12:23PM

3

Thursday, December 23, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 21.39 Tithi 19 – 20

Creative Work Siddha Yoga

Until 10:01PM

Then Creative Work - Amrita Yoga

Gulika

9:33AM – 11:02AM

Ashlesha\* Until 10:01PM

Ganesha: Clear Sunrise: 6:35AM

Muruqa: Clear Sunset: 6:27PM

Moon 12 - Phase 34 - 3

1st Phase

Yama

6:35AM – 8:04AM

Vaidhriti\* Until 7:39AM

Nataraja: Clear

Devaloka Day

Rahu

2:00PM – 3:29PM

Kaulava Until 2:37AM Fri

Moon – Blue

Margasira-Markali

Day 3 of Pancha Ganapati

Chaturthi\* Until 1:58PM

4

Friday, December 24, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 4.04 Tithi 20 – 21

Routine Work Marana Yoga

Until 11:40PM

Then Creative Work - Siddha Yoga

Gulika

8:04AM – 9:33AM

Magha\* Until 11:40PM

Ganesha: Purple Sunrise: 6:35AM

Muruqa: Clear Sunset: 6:27PM

Moon 12 - Phase 34 - 4

1st Phase

Yama

3:29PM – 4:58PM

Vishkambha\* Until 7:28AM

Nataraja: Clear

Devaloka Day

Rahu

11:02AM – 12:31PM

Gara Until 3:30AM Sat

Moon – Red

Margasira-Markali

Day 4 of Pancha Ganapati

Panchami Until 3:06PM

Devaloka Time: 3:PM to 6:PM

5

Saturday, December 25, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Vanija/Vistit\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 16.41 Tithi 21 – 22

Creative Work Siddha Yoga

Until 12:37AM Sun

Then Creative Work - Amrita Yoga

Gulika

6:36AM – 8:05AM

Purvaphalguni Until 12:37AM Sun

Ganesha: Purple Sunrise: 6:36AM

Muruqa: Clear Sunset: 6:28PM

Moon 12 - Phase 34 - 5

1st Phase

Yama

2:01PM – 3:30PM

Priti Until 6:55AM

Nataraja: Clear

Devaloka Day

Rahu

9:34AM – 11:03AM

Vistit Until 3:49AM Sun

Moon – Red

Margasira-Markali

Day 5 of Pancha Ganapati

Shashthi\* Until 3:43PM

Devaloka Time: 3:PM to 6:PM

6

Sunday, December 26, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 259

Plava 5123

Simha Rasi: 29.34 Tithi 22 – 23

Creative Work Amrita Yoga

Until 12:50AM Mon

Then Creative Work - Siddha Yoga

Gulika

3:30PM – 4:59PM

Uttaraphalguni Until 12:50AM Mon

Ganesha: Purple Sunrise: 6:36AM

Muruqa: Clear Sunset: 6:28PM

Moon 12 - Phase 34 - 6

1st Phase

Yama

12:32PM – 2:01PM

Saubhagya Until 4:24AM Mon

Nataraja: Orange

Devaloka Day

Rahu

4:59PM – 6:28PM

Balava Until 3:30AM Mon

Moon – Red

Margasira-Markali

Day 5 of Pancha Ganapati

Saptami Until 3:43PM

Devaloka Time: 3:PM to 6:PM

D

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 12.47 Tithi 23 – 24

Family Home Evening

855825466

Gulika

2:02PM – 3:31PM

Hasta Until 12:40AM Tue

Ganesha: Clear Sunrise: 6:37AM

Muruqa: Clear Sunset: 6:29PM

Moon 12 - Phase 34 - 7

Ashtami

Yama

11:04AM – 12:33PM

Sobhana Until 2:23AM Tue

Nataraja: Orange

Devaloka Day

Rahu

8:06AM – 9:35AM

Taitila Until 2:30AM Tue

Moon – Green

Margasira-Markali

Creative Work Siddha Yoga

Ashtami\* Until 3:04PM

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Athiganda\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Port Harcourt, Nigeria

Sun 8 Sutra 261

Plava 5123

Kanya Rasi: 26.22 Tithi 24 – 25

Creative Work Siddha Yoga

Gulika

12:33PM – 2:02PM

Chitra Until 11:43PM

Ganesha: Clear Sunrise: 6:37AM

Muruqa: Clear Sunset: 6:29PM

Moon 12 - Phase 34 - 8

Navami

Yama

9:35AM – 11:04AM

Athiganda\* Until 11:49PM

Nataraja: Orange

Devaloka Day

Rahu

3:31PM – 5:00PM

Vanija Until 12:50AM Wed

Moon – Green

Margasira-Markali

Navami\* Until 1:44PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/


www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, December 29, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Port Harcourt, Nigeria
			Svati Nakshatra Sukarma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 262
	Tula Rasi: 10.22	Tithi 25 – 26	<b>Gulika</b> 11:05AM – 12:34PM	<b>Svati</b> Until 10:00PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM	Plava 5123
	865825466	<b>Rahu</b> 12:34PM – 2:03PM	Yama 8:07AM – 9:36AM	Sukarma Until 8:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:30PM	Moon 12 - Phase 35 - 9
Creative Work	Siddha Yoga		Bava Until 10:33PM	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Dashami</b> Until 11:45AM	Moon – Green		<b>Devaloka Day</b>	
				<b>Margasira</b> *Markali			

<b>2</b>	<b>Thursday, December 30, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Port Harcourt, Nigeria
			Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 263
	Tula Rasi: 24.44	Tithi 26 – 27	<b>Gulika</b> 9:36AM – 11:05AM	<b>Vishakha</b> Until 8:02PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Plava 5123
	875825466	<b>Rahu</b> 2:03PM – 3:32PM	Yama 6:38AM – 8:07AM	Dhriti Until 5:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:30PM	Moon 12 - Phase 35 - 10
Creative Work	Siddha Yoga		Kaulava Until 7:44PM	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Ekadashi*</b> Until 9:11AM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Margasira</b> *Markali		Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, December 31, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Port Harcourt, Nigeria
			Anuradha/Jyeshtha* Nakshatra Shula/Ganda* Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 264
	Vrischika Rasi: 9.29	Tithi 27 – 28	<b>Gulika</b> 8:08AM – 9:37AM	<b>Anuradha</b> Until 5:30PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM	Plava 5123
	875825466	<b>Rahu</b> 11:06AM – 12:35PM	Yama 3:33PM – 5:02PM	Shula* Until 1:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 12 - Phase 35 - 11
Creative Work	Siddha Yoga		Vanija Until 2:45AM Sat	<b>Nataraja:</b> Orange		2nd Phase	
Until 5:30PM			<b>Dvadashi*</b> Until 6:08AM	Moon – Orange		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Margasira</b> *Markali		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, January 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Port Harcourt, Nigeria
			Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 265
	Vrischika Rasi: 24.29	Tithi 29	<b>Gulika</b> 6:39AM – 8:08AM	<b>Jyeshtha*</b> Until 2:35PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM	Plava 5123
	875825466	<b>Rahu</b> 9:37AM – 11:06AM	Yama 2:04PM – 3:33PM	Ganda* Until 9:20AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:31PM	Moon 12 - Phase 35 - 12
Creative Work	Siddha Yoga		Visti Until 12:59PM	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Chaturdashi*</b> Until 11:09PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Margasira</b> *Markali		Devaloka Time: 3:PM to 6:PM	

	<b>Sunday, January 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Port Harcourt, Nigeria
	<b>Retreat Star</b>		Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 266
	Dhanus Rasi: 9.38	Tithi 30	<b>Gulika</b> 3:34PM – 5:03PM	<b>Mula*</b> Until 11:50AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:39AM	Plava 5123
	885825466	<b>Rahu</b> 5:03PM – 6:32PM	Yama 12:36PM – 2:05PM	Dhruva Until 12:55AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 12 - Phase 35 - 13
Creative Work	Amrita Yoga		Catuspada Until 9:21AM	<b>Nataraja:</b> Orange		Amavasya	
Until 11:50AM			<b>Amavasya*</b> Until 7:32PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira</b> *Markali		Devaloka Time: 3:PM to 6:PM	

	<b>Monday, January 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Port Harcourt, Nigeria
	<b>Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 267
	Dhanus Rasi: 24.46	Tithi 1 – 2	<b>Gulika</b> 2:05PM – 3:34PM	<b>Purvashadha*</b> Until 9:01AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:40AM	Plava 5123
	886825466	<b>Rahu</b> 8:09AM – 9:38AM	Yama 11:07AM – 12:36PM	Vyaghata* Until 8:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 12 - Phase 35 - 14
<b>Family Home Evening</b>			Balava Until 2:25AM Tue	<b>Nataraja:</b> Orange		Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 4:02PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Pausha</b> *Markali			

<b>1</b>		<b>Tuesday, January 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 268 Plava 5123	
Makara Rasi: 9.43	Tithi 2 - 3	<b>Gulika</b>	12:37PM - 2:06PM	<b>Uttarashadha</b> Until 6:18AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:40AM	
		Yama	9:38AM - 11:08AM	Harshana Until 5:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:33PM	Moon 12 - Phase 36 - 15
		886825466 <b>Rahu</b>	3:35PM - 5:04PM	Taitila Until 11:26PM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Prabalarishta Yoga			<b>Dvitiya</b> Until 12:51PM	Moon - Light Blue		<b>Devaloka Day</b>
Until 6:18AM					<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, January 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 16 Sutra 269 Plava 5123	
Makara Rasi: 24.22	Tithi 3 - 4	<b>Gulika</b>	11:08AM - 12:37PM	<b>Dhanishtha</b> Until 2:41AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM	
		Yama	8:10AM - 9:39AM	Vajra* Until 1:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:33PM	Moon 12 - Phase 36 - 16
		896825466 <b>Rahu</b>	12:37PM - 2:06PM	Vanija Until 9:00PM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Prabalarishta Yoga			<b>Tritiya</b> Until 10:07AM	Moon - Purple		<b>Devaloka Day</b>
Until 2:41AM Thu		<b>Subramuniyaswami Jayanti</b>			<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Thursday, January 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyati-pata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 270 Plava 5123	
Kumbha Rasi: 8.35	Tithi 4 - 5	<b>Gulika</b>	9:39AM - 11:08AM	<b>Shatabhishak</b> Until 1:41AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM	
		Yama	6:41AM - 8:10AM	Siddhi Until 10:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 12 - Phase 36 - 17
		896825466 <b>Rahu</b>	2:07PM - 3:36PM	Bava Until 7:16PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Chaturthi*</b> Until 8:01AM	Moon - Purple		<b>Devaloka Day</b>
					<b>Pausha-Markali</b>		

<b>4</b>		<b>Friday, January 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyati-pata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 271 Plava 5123	
Kumbha Rasi: 22.2	Tithi 5 - 6	<b>Gulika</b>	8:11AM - 9:40AM	<b>Purvaproshtapada*</b> Until 1:48AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:42AM	
		Yama	3:36PM - 5:05PM	Vyati-pata* Until 8:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Moon 12 - Phase 36 - 18
		816825466 <b>Rahu</b>	11:09AM - 12:38PM	Kaulava Until 6:21PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Panchami</b> Until 6:41AM	Moon - Clear		<b>Devaloka Day</b>
					<b>Pausha-Markali</b>		

<b>5</b>		<b>Saturday, January 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 272 Plava 5123	
Meena Rasi: 5.37	Tithi 6 - 7	<b>Gulika</b>	6:42AM - 8:11AM	<b>Uttaraproshtapada</b> Until 2:37AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:42AM	
		Yama	2:07PM - 3:37PM	Variyan Until 7:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 12 - Phase 36 - 19
		816825466 <b>Rahu</b>	9:40AM - 11:09AM	Gara Until 6:20PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi*</b> Until 6:13AM	Moon - Clear		<b>Devaloka Day</b>
Until 2:37AM Sun					<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga							

<b>☾</b>		<b>Sunday, January 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 273 Plava 5123	
<b>Retreat Star</b>		<b>Gulika</b>	3:37PM - 5:06PM	<b>Revati</b> Until 4:07AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:42AM	
Meena Rasi: 18.26	Tithi 7 - 8	Yama	12:39PM - 2:08PM	Parigha* Until 6:15AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Moon 12 - Phase 36 - 20
		816825466 <b>Rahu</b>	5:06PM - 6:35PM	Visti Until 7:11PM	<b>Nataraja:</b> Orange		Ashtami
Creative Work	Amrita Yoga			<b>Saptami</b> Until 6:38AM	Moon - Clear		<b>Devaloka Day</b>
Until 4:07AM Mon					<b>Pausha-Markali</b>		
Then Creative Work - Siddha Yoga							

<b>☽</b>		<b>Monday, January 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 274 Plava 5123	
<b>Retreat Star</b>		<b>Gulika</b>	2:08PM - 3:37PM	<b>Ashvini</b> Until 6:38AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:43AM	
Mesha Rasi: 0.52	Tithi 8 - 9	Yama	11:10AM - 12:39PM	Shiva Until 6:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM	Moon 12 - Phase 36 - 21
<b>Family Home Evening</b>		826825466 <b>Rahu</b>	8:12AM - 9:41AM	Balava Until 8:49PM	<b>Nataraja:</b> Orange		Navami
Creative Work	Siddha Yoga			<b>Ashtami*</b> Until 7:54AM	Moon - White		<b>Sivaloka Day</b>
					<b>Pausha-Markali</b>		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	<b>Tuesday, January 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 275 Plava 5123	
	Mesha Rasi: 13.01	Tithi 9 – 10	<b>Gulika</b> 12:40PM – 2:09PM	<b>Ashvini</b> Until 6:38AM	<b>Ganesha:</b> Red <i>Sunrise: 6:43AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:36PM</i>	Moon 12 - Phase 37 - 22 4th Phase	
			Yama 9:41AM – 11:10AM	Siddha Until 6:22AM				
	Creative Work	Siddha Yoga	827825466 <b>Rahu</b> 3:38PM – 5:07PM	Taitila Until 11:05PM	<b>Nataraja:</b> Orange Moon – White	<b>Devaloka Day</b>		
			<b>Navami* Until 9:52AM</b>		<b>Pausha-Markali</b>			

2	<b>Wednesday, January 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 23 Sutra 276 Plava 5123	
	Mesha Rasi: 24.56	Tithi 10 – 11	<b>Gulika</b> 11:11AM – 12:40PM	<b>Bharani</b> Until 9:29AM	<b>Ganesha:</b> Red <i>Sunrise: 6:43AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:37PM</i>	Moon 12 - Phase 37 - 23 4th Phase	
			Yama 8:13AM – 9:42AM	Sadhya Until 7:05AM				
	Creative Work	Siddha Yoga	827825466 <b>Rahu</b> 12:40PM – 2:09PM	Vanija Until 1:43AM Thu	<b>Nataraja:</b> Orange Moon – White	<b>Devaloka Day</b>		
			<b>Vaikuntha Ekadasi</b>		<b>Dashami Until 12:21PM</b>		<b>Pausha-Markali</b>	
			Then Creative Work - Amrita Yoga					

3	<b>Thursday, January 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 24 Sutra 277 Plava 5123	
	Vrishabha Rasi: 6.44	Tithi 11 – 12	<b>Gulika</b> 9:42AM – 11:11AM	<b>Krittika</b> Until 12:27PM	<b>Ganesha:</b> Red <i>Sunrise: 6:44AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:37PM</i>	Moon 12 - Phase 37 - 24 4th Phase	
			Yama 6:44AM – 8:13AM	Subha Until 8:04AM				
	Routine Work	Marana Yoga	827825466 <b>Rahu</b> 2:10PM – 3:39PM	Bava Until 4:31AM Fri	<b>Nataraja:</b> Orange Moon – White	<b>Devaloka Day</b>		
			<b>Ekadashi Until 3:05PM</b>		<b>Pausha-Markali</b>			

4	<b>Friday, January 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 25 Sutra 278 Plava 5123	
	Vrishabha Rasi: 18.31	Tithi 12 – 13	<b>Gulika</b> 8:13AM – 9:42AM	<b>Rohini</b> Until 3:48PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:44AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:37PM</i>	Moon 12 - Phase 37 - 25 4th Phase	
			Yama 3:39PM – 5:08PM	Sukla Until 9:05AM				
	Routine Work	Marana Yoga	827825466 <b>Rahu</b> 11:12AM – 12:41PM	Kaulava Until 7:14AM Sat	<b>Nataraja:</b> Orange Moon – Yellow	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	
			<b>Thai Pongal</b>		<b>Dvadashi Until 5:52PM</b>		<b>Pausha-Thai</b>	
			Then Creative Work - Siddha Yoga		<i>Pradosha Vrata</i>			

5	<b>Saturday, January 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Port Harcourt, Nigeria Sun 26 Sutra 279 Plava 5123	
	Mithuna Rasi: 0.18	Tithi 13	<b>Gulika</b> 6:44AM – 8:14AM	<b>Mrigashira</b> Until 6:52PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:44AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:38PM</i>	Moon 12 - Phase 37 - 26 4th Phase	
			Yama 2:10PM – 3:39PM	Brahma Until 10:02AM				
	Creative Work	Siddha Yoga	827825466 <b>Rahu</b> 9:43AM – 11:12AM	Kaulava Until 7:14AM	<b>Nataraja:</b> Orange Moon – Yellow	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	
			<b>Trayodashi Until 8:30PM</b>		<b>Pausha-Thai</b>			

6	<b>Sunday, January 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Port Harcourt, Nigeria Sun 27 Sutra 280 Plava 5123	
	Mithuna Rasi: 12.11	Tithi 14	<b>Gulika</b> 3:40PM – 5:09PM	<b>Ardra</b> Until 9:30PM	<b>Ganesha:</b> Blue <i>Sunrise: 6:45AM</i>	<b>Muruqa:</b> Clear <i>Sunset: 6:38PM</i>	Moon 12 - Phase 37 - 27 4th Phase	
			Yama 12:41PM – 2:11PM	Indra Until 10:50AM				
	Creative Work	Siddha Yoga	827825466 <b>Rahu</b> 5:09PM – 6:38PM	Gara Until 9:44AM	<b>Nataraja:</b> Orange Moon – Yellow	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	
			<b>Chaturdashi* Until 10:51PM</b>		<b>Pausha-Thai</b>			

O	<b>Monday, January 17, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 281 Plava 5123	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:11PM – 3:40PM	<b>Punarvasu</b> Until 12:06AM Tue	<b>Ganesha:</b> Red <i>Sunrise: 6:45AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:39PM</i>	Moon 12 - Phase 37 - Purnima	
	Mithuna Rasi: 24.1	Tithi 15	Yama 11:13AM – 12:42PM	Vaidhriti* Until 11:21AM				
	<b>Family Home Evening</b>		848835466 <b>Rahu</b> 8:14AM – 9:43AM	Visti Until 11:54AM	<b>Nataraja:</b> Orange Moon – Blue	<b>Sivaloka Day</b>		
			<b>Purnima* Until 12:49AM Tue</b>		<b>Pausha-Thai</b>			
			Then Creative Work - Siddha Yoga					

O	<b>Tuesday, January 18, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Port Harcourt, Nigeria Sun 28 Sutra 282 Plava 5123	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:42PM – 2:11PM	<b>Pushya</b> Until 2:10AM Wed	<b>Ganesha:</b> Red <i>Sunrise: 6:45AM</i>	<b>Muruqa:</b> Purple <i>Sunset: 6:39PM</i>	Moon 12 - Phase 37 - Prathama	
	Kataka Rasi: 6.19	Tithi 16	Yama 9:44AM – 11:13AM	Vishkambha* Until 11:35AM				
	Creative Work	Siddha Yoga	848835466 <b>Rahu</b> 3:41PM – 5:10PM	Balava Until 1:41PM	<b>Nataraja:</b> Orange Moon – Blue	<b>Sivaloka Day</b>		
			<b>Prathama* Until 2:24AM Wed</b>		<b>Pausha-Thai</b>			
			Then Creative Work - Siddha Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Port Harcourt, Nigeria

Sutra 283

Plava 5123

Moon 1 - Phase 38 -

1st Phase

Kataka Rasi: 18.38

Tithi 17

Gulika

11:13AM - 12:42PM

Ashlesha\* Until 3:42AM Thu

Ganesha: Yellow

Sunrise: 6:45AM

Yama

8:15AM - 9:44AM

Priti Until 11:33AM

Muruqa: Purple

Sunset: 6:39PM

848935466

Rahu

12:42PM - 2:12PM

Taitila Until 3:03PM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Creative Work Siddha Yoga

Until 3:42AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Port Harcourt, Nigeria

Sun 1 Sutra 284

Plava 5123

Moon 1 - Phase 38 - 1

1st Phase

Simha Rasi: 1.07

Tithi 18

Gulika

9:44AM - 11:13AM

Magha\* Until 5:10AM Fri

Ganesha: White

Sunrise: 6:46AM

Yama

6:46AM - 8:15AM

Ayushman Until 11:10AM

Muruqa: Purple

Sunset: 6:40PM

858935466

Rahu

2:12PM - 3:41PM

Vanija Until 4:02PM

Nataraja: Orange

Moon - Red

Devaloka Day

Creative Work Amrita Yoga

Until 5:10AM Fri

Then Creative Work - Siddha Yoga

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Port Harcourt, Nigeria

Sun 2 Sutra 285

Plava 5123

Moon 1 - Phase 38 - 2

1st Phase

Simha Rasi: 13.46

Tithi 19

Gulika

8:15AM - 9:44AM

Purvaphalguni Until 6:06AM Sat

Ganesha: White

Sunrise: 6:46AM

Yama

3:42PM - 5:11PM

Saubhagya Until 10:31AM

Muruqa: Purple

Sunset: 6:40PM

858935466

Rahu

11:14AM - 12:43PM

Bava Until 4:37PM

Nataraja: Orange

Moon - Red

Devaloka Day

Creative Work Siddha Yoga

Until 6:06AM Sat

Then Routine Work - Marana Yoga

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Port Harcourt, Nigeria

Sun 3 Sutra 286

Plava 5123

Moon 1 - Phase 38 - 3

1st Phase

Simha Rasi: 26.36

Tithi 20

Gulika

6:46AM - 8:15AM

Purvaphalguni Until 6:06AM

Ganesha: White

Sunrise: 6:46AM

Yama

2:13PM - 3:42PM

Sobhana Until 9:35AM

Muruqa: Purple

Sunset: 6:41PM

858935466

Rahu

9:45AM - 11:14AM

Kaulava Until 4:49PM

Nataraja: Orange

Moon - Red

Devaloka Day

Creative Work Siddha Yoga

Until 6:06AM

Then Routine Work - Marana Yoga

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Port Harcourt, Nigeria

Sun 4 Sutra 287

Plava 5123

Moon 1 - Phase 38 - 4

1st Phase

Kanya Rasi: 9.38

Tithi 21

Gulika

3:42PM - 5:12PM

Uttaraphalguni Until 6:30AM

Ganesha: White

Sunrise: 6:46AM

Yama

12:44PM - 3:13PM

Athiganda\* Until 8:18AM

Muruqa: Purple

Sunset: 6:41PM

858935466

Rahu

5:12PM - 6:41PM

Gara Until 4:36PM

Nataraja: Orange

Moon - Red

Devaloka Day

Creative Work Amrita Yoga

Shashthi\* Until 4:18AM Mon

Pausha\*Thai

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Saplamyam Titau

Port Harcourt, Nigeria

Sun 5 Sutra 288

Plava 5123

Moon 1 - Phase 38 - 5

1st Phase

Kanya Rasi: 22.53

Tithi 22

Gulika

2:13PM - 3:43PM

Hasta Until 6:47AM

Ganesha: Green

Sunrise: 6:46AM

Yama

11:14AM - 12:44PM

Sukarma Until 6:42AM

Muruqa: Purple

Sunset: 6:41PM

Family Home Evening

969935466

Rahu

8:16AM - 9:45AM

Visti Until 3:56PM

Nataraja: Orange

Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Until 6:47AM

Then Routine Work - Prabalarishta Yoga

Saptami Until 3:24AM Tue

Pausha\*Thai

D

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Port Harcourt, Nigeria

Sun 6 Sutra 289

Plava 5123

Moon 1 - Phase 38 - 6

Ashtami

Tula Rasi: 6.23

Tithi 23

Gulika

12:44PM - 2:13PM

Chitra Until 6:28AM

Ganesha: Green

Sunrise: 6:47AM

Yama

9:45AM - 11:15AM

Shula\* Until 2:23AM Wed

Muruqa: Purple

Sunset: 6:42PM

969935466

Rahu

3:43PM - 5:12PM

Balava Until 2:47PM

Nataraja: Orange

Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Ashtami\* Until 2:01AM Wed

Pausha\*Thai

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

Port Harcourt, Nigeria

Sun 7 Sutra 290

Plava 5123

Moon 1 - Phase 38 - 7

Navami

Tula Rasi: 20.11

Tithi 24

Gulika

11:15AM - 12:44PM

Vishakha Until 4:23AM Thu

Ganesha: Orange

Sunrise: 6:47AM

Yama

8:16AM - 9:46AM

Ganda\* Until 11:39PM

Muruqa: Purple

Sunset: 6:42PM

979935466

Rahu

12:44PM - 2:14PM

Taitila Until 1:09PM

Nataraja: Orange

Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Navami\* Until 12:08AM Thu

Pausha\*Thai



<b>1</b>	<b>Wednesday, February 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Port Harcourt, Nigeria Sun 14 Sutra 297 Plava 5123	
	Kumbha Rasi: 2.16	Tithi 2	<b>Gulika</b> 11:16AM – 12:45PM Yama 8:17AM – 9:46AM 991935467 <b>Rahu</b> 12:45PM – 2:15PM	<b>Dhanishtha</b> Until 1:22PM Variyan Until 7:26PM Balava Until 2:51PM Dvitiya Until 1:46AM Thu	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Purple Magha-Thai	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:43PM	Moon 1 - Phase 40 - 14 3rd Phase	<b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 1:22PM Then Creative Work - Siddha Yoga								

<b>2</b>	<b>Thursday, February 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 298 Plava 5123	
	Kumbha Rasi: 16.28	Tithi 3	<b>Gulika</b> 9:46AM – 11:16AM Yama 6:47AM – 8:17AM 991935467 <b>Rahu</b> 2:15PM – 3:45PM	<b>Shatabhishak</b> Until 11:55AM Parigha* Until 4:44PM Taitila Until 12:54PM Tritiya Until 12:09AM Fri	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Purple Magha-Thai	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:44PM	Moon 1 - Phase 40 - 15 3rd Phase	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>3</b>	<b>Friday, February 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Port Harcourt, Nigeria Sun 16 Sutra 299 Plava 5123	
	Meena Rasi: 0.15	Tithi 4	<b>Gulika</b> 8:17AM – 9:47AM Yama 3:45PM – 5:14PM 991935467 <b>Rahu</b> 11:16AM – 12:46PM	<b>Purvaproshtapada*</b> Until 11:27AM Shiva Until 2:38PM Vanija Until 11:38AM Chaturthi* Until 11:18PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear Magha-Thai	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:44PM	Moon 1 - Phase 40 - 16 3rd Phase	<b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>4</b>	<b>Saturday, February 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 300 Plava 5123	
	Meena Rasi: 13.35	Tithi 5	<b>Gulika</b> 6:47AM – 8:17AM Yama 2:15PM – 3:45PM 991935467 <b>Rahu</b> 9:47AM – 11:16AM	<b>Uttaraproshtapada</b> Until 11:37AM Siddha Until 1:09PM Bava Until 11:12AM Panchami Until 11:17PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear Magha-Thai	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:44PM	Moon 1 - Phase 40 - 17 3rd Phase	<b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 11:37AM Then Routine Work - Prabalarishta Yoga								

<b>5</b>	<b>Sunday, February 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 301 Plava 5123	
	Meena Rasi: 26.29	Tithi 6	<b>Gulika</b> 3:45PM – 5:15PM Yama 12:46PM – 2:15PM 991935467 <b>Rahu</b> 5:15PM – 6:44PM	<b>Revati</b> Until 12:29PM Sadhya Until 12:21PM Kaulava Until 11:38AM Shashthi* Until 12:09AM Mon	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear Magha-Thai	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:44PM	Moon 1 - Phase 40 - 18 3rd Phase	<b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga Until 12:29PM Then Creative Work - Siddha Yoga								

<b>6</b>	<b>Monday, February 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 302 Plava 5123	
	Mesha Rasi: 8.59	Tithi 7	<b>Gulika</b> 2:16PM – 3:45PM Yama 11:16AM – 12:46PM 921935467 <b>Rahu</b> 8:17AM – 9:47AM	<b>Ashvini</b> Until 2:28PM Subha Until 12:12PM Gara Until 12:54PM Saptami Until 1:48AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White Magha-Thai	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:44PM	Moon 1 - Phase 40 - 19 3rd Phase	<b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga								

<b>D</b>	<b>Tuesday, February 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 303 Plava 5123	
	Mesha Rasi: 21.1	Tithi 8	<b>Gulika</b> 12:46PM – 2:16PM Yama 9:47AM – 11:16AM 921935467 <b>Rahu</b> 3:45PM – 5:15PM	<b>Bharani</b> Until 4:57PM Sukla Until 12:34PM Visti Until 2:53PM Ashtami* Until 4:03AM Wed	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White Magha-Thai	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:45PM	Moon 1 - Phase 40 - 20 Ashtami	<b>Sivaloka Day</b>
Creative Work Siddha Yoga								

<b>D</b>	<b>Wednesday, February 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 304 Plava 5123	
	Vrishabha Rasi: 3.08	Tithi 9	<b>Gulika</b> 11:16AM – 12:46PM Yama 8:17AM – 9:47AM 921935467 <b>Rahu</b> 12:46PM – 2:16PM	<b>Krittika</b> Until 7:44PM Brahma Until 1:20PM Balava Until 5:22PM Navami* Until 6:41AM Thu	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White Magha-Thai	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:45PM	Moon 1 - Phase 40 - 21 Navami	<b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 7:44PM Then Creative Work - Siddha Yoga								

<b>1</b>	<b>Thursday, February 10, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau	Port Harcourt, Nigeria Sun 22 Sutra 305 Plava 5123
	931935467	<b>Gulika</b> 9:47AM – 11:16AM Yama 6:47AM – 8:17AM <b>Rahu</b> 2:16PM – 3:45PM	<b>Rohini Until 11:03PM</b> Indra Until 2:20PM Taitila Until 8:05PM <b>Navami* Until 6:41AM</b>
	931935467	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:45PM <b>Subha Sivaloka Day</b>
	Routine Work Marana Yoga		

<b>2</b>	<b>Friday, February 11, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Port Harcourt, Nigeria Sun 23 Sutra 306 Plava 5123
	932935467	<b>Gulika</b> 8:17AM – 9:47AM Yama 3:46PM – 5:15PM <b>Rahu</b> 11:16AM – 12:46PM	<b>Mrigashira Until 2:09AM Sat</b> Vaidhriti* Until 3:19PM Vanija Until 10:46PM <b>Dashami Until 9:26AM</b>
	932935467	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:45PM <b>Sivaloka Day</b>
	Creative Work Siddha Yoga		

<b>3</b>	<b>Saturday, February 12, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Port Harcourt, Nigeria Sun 24 Sutra 307 Plava 5123
	932135467	<b>Gulika</b> 6:47AM – 8:17AM Yama 2:16PM – 3:46PM <b>Rahu</b> 9:47AM – 11:16AM	<b>Ardra Until 4:48AM Sun</b> Vishkambha* Until 4:10PM Bava Until 1:12AM Sun <b>Ekadashi Until 12:01PM</b>
	932135467	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:45PM <b>Sivaloka Day</b>
	Creative Work Siddha Yoga		

<b>4</b>	<b>Sunday, February 13, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Port Harcourt, Nigeria Sun 25 Sutra 308 Plava 5123
	942135467	<b>Gulika</b> 3:46PM – 5:15PM Yama 12:46PM – 2:16PM <b>Rahu</b> 5:15PM – 6:45PM	<b>Punarvasu Until 7:23AM Mon</b> Priti Until 4:45PM Kaulava Until 3:13AM Mon <b>Dvadashi Until 2:15PM</b>
	942135467	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:45PM <b>Devaloka Day</b>
	Creative Work Siddha Yoga		

Pradosha Vrata

<b>5</b>	<b>Monday, February 14, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Port Harcourt, Nigeria Sun 26 Sutra 309 Plava 5123
	942135467	<b>Gulika</b> 2:16PM – 3:46PM Yama 11:16AM – 12:46PM <b>Rahu</b> 8:17AM – 9:46AM	<b>Punarvasu Until 7:23AM</b> Ayushman Until 4:57PM Gara Until 4:42AM Tue <b>Trayodashi Until 4:00PM</b>
	942135467	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:45PM <b>Devaloka Day</b>
	Family Home Evening Creative Work Amrita Yoga Until 7:23AM Then Creative Work - Siddha Yoga		

<b>6</b>	<b>Tuesday, February 15, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Port Harcourt, Nigeria Sun 27 Sutra 310 Plava 5123
	942135467	<b>Gulika</b> 12:46PM – 2:16PM Yama 9:46AM – 11:16AM <b>Rahu</b> 3:46PM – 5:16PM	<b>Pushya Until 9:18AM</b> Saubhagya Until 4:46PM Visti Until 5:40AM Wed <b>Chaturdashi* Until 5:14PM</b>
	942135467	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:45PM <b>Devaloka Day</b>
	Creative Work Siddha Yoga	Chidambaram Abhishekam	

<b>○</b>	<b>Wednesday, February 16, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Port Harcourt, Nigeria Sun 28 Sutra 311 Plava 5123
	942135467	<b>Gulika</b> 11:16AM – 12:46PM Yama 8:16AM – 9:46AM <b>Rahu</b> 12:46PM – 2:16PM	<b>Ashlesha* Until 10:33AM</b> Sobhana Until 4:12PM Balava Until 6:08AM Thu <b>Purnima* Until 5:57PM</b>
	942135467	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 6:47AM <b>Sunset:</b> 6:45PM <b>Devaloka Day</b>
	Creative Work Siddha Yoga		

<b>○</b>	<b>Thursday, February 17, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau	Port Harcourt, Nigeria Sun 29 Sutra 312 Plava 5123
	952135467	<b>Gulika</b> 9:46AM – 11:16AM Yama 6:46AM – 8:16AM <b>Rahu</b> 2:16PM – 3:46PM	<b>Magha* Until 11:39AM</b> Athiganda* Until 3:13PM Balava Until 6:08AM <b>Prathama* Until 6:10PM</b>
	952135467	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:46AM <b>Sunset:</b> 6:45PM <b>Sivaloka Day</b>
	Creative Work Amrita Yoga Until 11:39AM Then Creative Work - Siddha Yoga		

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.

Raurava Agama Kriya Pada

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/

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Friday, February 18, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Port Harcourt, Nigeria  
Sun 1 Sutra 313

Simha Rasi: 23.17 Tithi 17 - 18

952135467

**Gulika** 8:16AM - 9:46AM  
Yama 3:46PM - 5:16PM  
**Rahu** 11:16AM - 12:46PM

**Purvaphalguni Until 12:09PM**  
Sukarma Until 1:56PM  
Taitila Until 6:08AM  
Dvitiya Until 5:59PM

**Ganesha:** Yellow  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Red  
**Magha-Masi**

*Sunrise:* 6:46AM  
*Sunset:* 6:45PM

Moon 2 - Phase 42 - 1  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

1

Saturday, February 19, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Port Harcourt, Nigeria  
Sun 2 Sutra 314

Kanya Rasi: 6.29 Tithi 18 - 19

952135467

**Gulika** 6:46AM - 8:16AM  
Yama 2:16PM - 3:46PM  
**Rahu** 9:46AM - 11:16AM

**Uttaraphalguni Until 12:10PM**  
Dhriti Until 12:23PM  
Bava Until 5:04AM Sun  
Tritiya Until 5:26PM

**Ganesha:** Yellow  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Red  
**Magha-Masi**

*Sunrise:* 6:46AM  
*Sunset:* 6:46PM

Moon 2 - Phase 42 - 2  
1st Phase

Routine Work Marana Yoga

**Sivaloka Day**

2

Sunday, February 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Port Harcourt, Nigeria  
Sun 3 Sutra 315

Kanya Rasi: 19.52 Tithi 19 - 20

962135467

**Gulika** 3:46PM - 5:16PM  
Yama 12:46PM - 2:16PM  
**Rahu** 5:16PM - 6:46PM

**Hasta Until 12:10PM**  
Shula\* Until 10:34AM  
Kaulava Until 4:05AM Mon  
Chaturthi\* Until 4:35PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

*Sunrise:* 6:46AM  
*Sunset:* 6:46PM

Moon 2 - Phase 42 - 3  
1st Phase

Creative Work Amrita Yoga

Until 12:10PM

Then Creative Work - Siddha Yoga

**Maha Sankatahara Chaturthi**

**Devaloka Day**

3

Monday, February 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Port Harcourt, Nigeria  
Sun 4 Sutra 316

Tula Rasi: 3.23 Tithi 20 - 21

962135467

**Gulika** 2:16PM - 3:46PM  
Yama 11:16AM - 12:46PM  
**Rahu** 8:16AM - 9:46AM

**Chitra Until 11:45AM**  
Ganda\* Until 8:33AM  
Gara Until 2:50AM Tue  
Panchami Until 3:28PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

*Sunrise:* 6:46AM  
*Sunset:* 6:46PM

Moon 2 - Phase 42 - 4  
1st Phase

**Family Home Evening**

Routine Work Prabalarishta Yoga

Until 11:45AM

Then Creative Work - Amrita Yoga

**Devaloka Day**

4

Tuesday, February 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Port Harcourt, Nigeria  
Sun 5 Sutra 317

Tula Rasi: 17.04 Tithi 21 - 22

962135467

**Gulika** 12:46PM - 2:16PM  
Yama 9:46AM - 11:16AM  
**Rahu** 3:46PM - 5:16PM

**Svati Until 10:57AM**  
Vridhhi Until 6:20AM  
Visti Until 1:21AM Wed  
Shashthi\* Until 2:06PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

*Sunrise:* 6:45AM  
*Sunset:* 6:46PM

Moon 2 - Phase 42 - 5  
1st Phase

Creative Work Siddha Yoga

Until 10:57AM

Then Routine Work - Marana Yoga

**Devaloka Day**

5

Wednesday, February 23, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Port Harcourt, Nigeria  
Sun 6 Sutra 318

Vrischika Rasi: 0.53 Tithi 22 - 23

972135467

**Gulika** 11:15AM - 12:45PM  
Yama 8:15AM - 9:45AM  
**Rahu** 12:45PM - 2:15PM

**Vishakha Until 10:11AM**  
Vyaghata\* Until 1:17AM Thu  
Balava Until 11:36PM  
Saptami Until 12:29PM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

*Sunrise:* 6:45AM  
*Sunset:* 6:46PM

Moon 2 - Phase 42 - 6  
Ashtami

Creative Work Siddha Yoga

**Sivaloka Day**

Thursday, February 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Port Harcourt, Nigeria  
Sun 7 Sutra 319

Vrischika Rasi: 14.52 Tithi 23 - 24

973135467

**Gulika** 9:45AM - 11:15AM  
Yama 6:45AM - 8:15AM  
**Rahu** 2:15PM - 3:45PM

**Anuradha Until 9:02AM**  
Harshana Until 10:30PM  
Taitila Until 9:37PM  
Ashtami\* Until 10:38AM

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

*Sunrise:* 6:45AM  
*Sunset:* 6:46PM

Moon 2 - Phase 42 - 7  
Navami

Creative Work Siddha Yoga

Until 9:02AM

Then Routine Work - Prabalarishta Yoga

**Subha Sivaloka Day**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/

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<b>1</b>		<b>Friday, February 25, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Port Harcourt, Nigeria Sun 8 Sutra 320 Plava 5123	
Vrischika Rasi: 29.01	Tithi 24 – 25	<b>Gulika</b> 8:15AM – 9:45AM	<b>Jyeshtha* Until 7:31AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:45AM		
		Yama 3:45PM – 5:15PM	Vajra* Until 7:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 43 - 8	
		973135467 <b>Rahu</b> 11:15AM – 12:45PM	Vanija Until 7:25PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Navami* Until 8:31AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 7:31AM				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Saturday, February 26, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyalipata* Yoga Visi*/Balava Karana Dashami/Ekadashyam Titau		Port Harcourt, Nigeria Sun 9 Sutra 321 Plava 5123	
Dhanus Rasi: 13.17	Tithi 25 – 26	<b>Gulika</b> 6:45AM – 8:15AM	<b>Mula* Until 6:04AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:45AM		
		Yama 2:15PM – 3:45PM	Siddhi Until 4:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 43 - 9	
		983135467 <b>Rahu</b> 9:45AM – 11:15AM	Balava Until 3:46AM Sun	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 6:13AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>3</b>		<b>Sunday, February 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvodashyam Titau		Port Harcourt, Nigeria Sun 10 Sutra 322 Plava 5123	
Dhanus Rasi: 27.4	Tithi 27	<b>Gulika</b> 3:45PM – 5:15PM	<b>Uttarashadha Until 2:24AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:44AM		
		Yama 12:45PM – 2:15PM	Vyatipata* Until 1:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 43 - 10	
		983135467 <b>Rahu</b> 5:15PM – 6:45PM	Kaulava Until 2:32PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi* Until 1:15AM Mon</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>4</b>		<b>Monday, February 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 11 Sutra 323 Plava 5123	
Makara Rasi: 12.04	Tithi 28	<b>Gulika</b> 2:15PM – 3:45PM	<b>Shravana Until 12:49AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:44AM		
<b>Family Home Evening</b>		Yama 11:14AM – 12:45PM	Variyan Until 9:54AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 43 - 11	
Creative Work	Amrita Yoga	993135467 <b>Rahu</b> 8:14AM – 9:44AM	Gara Until 12:02PM	<b>Nataraja:</b> Clear		2nd Phase	
Until 12:49AM Tue			<b>Trayodashi* Until 10:48PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Solar)</b>	<i>Pradosha Vrata (Fasting)</i>	<b>Magha-Masi</b>			

<b>5</b>		<b>Tuesday, March 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 12 Sutra 324 Plava 5123	
Makara Rasi: 26.25	Tithi 29	<b>Gulika</b> 12:44PM – 2:15PM	<b>Dhanishtha Until 11:17PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:43AM		
		Yama 9:44AM – 11:14AM	Parigha* Until 6:46AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 43 - 12	
		993135467 <b>Rahu</b> 3:45PM – 5:15PM	Visti Until 9:39AM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:32PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 11:17PM				<b>Magha-Masi</b>			
Then Routine Work - Marana Yoga							

		<b>Wednesday, March 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Port Harcourt, Nigeria Sun 13 Sutra 325 Plava 5123	
<b>Retreat Star</b>		<b>Gulika</b> 11:14AM – 12:44PM	<b>Shatabhishak Until 9:57PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:43AM		
Kumbha Rasi: 11	Tithi 30	Yama 8:13AM – 9:44AM	Siddha Until 1:10AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 43 - 13	
		993135467 <b>Rahu</b> 12:44PM – 2:14PM	Catuspada Until 7:31AM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 6:35PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:57PM				<b>Magha-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>Thurs</b>		<b>Thursday, March 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 326 Plava 5123	
<b>Retreat Star</b>		<b>Gulika</b> 9:43AM – 11:14AM	<b>Purvaproshtapada* Until 9:24PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:43AM		
Kumbha Rasi: 24.32	Tithi 1 – 2	Yama 6:43AM – 8:13AM	Sadhya Until 10:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 43 - 14	
		913135467 <b>Rahu</b> 2:14PM – 3:44PM	Balava Until 4:37AM Fri	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama* Until 5:07PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Phalgun-Masi</b>			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Friday, March 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Port Harcourt, Nigeria Sun 15 Sutra 327 Plava 5123	
Meena Rasi: 8.09	Tithi 2 – 3	<b>Gulika</b> 8:13AM – 9:43AM	<b>Uttaraproshtapada</b> Until 9:20PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:42AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44 - 15 3rd Phase	
Creative Work	Siddha Yoga	Yama 3:44PM – 5:15PM	Subha Until 9:13PM	<b>Nataraja:</b> Clear				<b>Subha Sivaloka Day</b>	
		913135467 <b>Rahu</b> 11:13AM – 12:44PM	Taitila Until 4:06AM Sat	Moon – Clear				<b>Phalguna-Masi</b>	
			<b>Dvitiya</b> Until 4:15PM						
<b>2</b>		<b>Saturday, March 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau				Port Harcourt, Nigeria Sun 16 Sutra 328 Plava 5123	
Meena Rasi: 21.23	Tithi 3 – 4	<b>Gulika</b> 6:42AM – 8:12AM	<b>Revati</b> Until 9:48PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:42AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44 - 16 3rd Phase	
Routine Work	Prabalarishta Yoga	Yama 2:14PM – 3:44PM	Sukla Until 8:03PM	<b>Nataraja:</b> Clear				<b>Sivaloka Day</b>	
Until 9:48PM		113135467 <b>Rahu</b> 9:43AM – 11:13AM	Vanija Until 4:20AM Sun	Moon – Clear				<b>Phalguna-Masi</b>	
Then Creative Work - Siddha Yoga			<b>Tritiya</b> Until 4:06PM						
								<b>Subramuniyaswami Siva Vision Day</b>	
<b>3</b>		<b>Sunday, March 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Port Harcourt, Nigeria Sun 17 Sutra 329 Plava 5123	
Mesha Rasi: 4.15	Tithi 4 – 5	<b>Gulika</b> 3:44PM – 5:14PM	<b>Ashvini</b> Until 11:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:42AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44 - 17 3rd Phase	
Creative Work	Siddha Yoga	Yama 12:43PM – 2:14PM	Brahma Until 7:29PM	<b>Nataraja:</b> Clear				<b>Sivaloka Day</b>	
Until 11:20PM		123135467 <b>Rahu</b> 5:14PM – 6:45PM	Bava Until 5:20AM Mon	Moon – White				<b>Phalguna-Masi</b>	
Then Routine Work - Prabalarishta Yoga			<b>Chaturthi*</b> Until 4:43PM						
<b>4</b>		<b>Monday, March 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava Karana Panchamyam Titau				Port Harcourt, Nigeria Sun 18 Sutra 330 Plava 5123	
Mesha Rasi: 16.46	Tithi 5	<b>Gulika</b> 2:13PM – 3:44PM	<b>Bharani</b> Until 1:25AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 44 - 18 3rd Phase	
Family Home Evening		Yama 11:13AM – 12:43PM	Indra Until 7:30PM	<b>Nataraja:</b> Clear				<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga	123135467 <b>Rahu</b> 8:12AM – 9:42AM	Balava Until 6:05PM	Moon – White				<b>Phalguna-Masi</b>	
			<b>Panchami</b> Until 6:05PM						
<b>5</b>		<b>Tuesday, March 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Port Harcourt, Nigeria Sun 19 Sutra 331 Plava 5123	
Mesha Rasi: 28.58	Tithi 6	<b>Gulika</b> 12:43PM – 2:13PM	<b>Krittika</b> Until 3:53AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 44 - 19 3rd Phase	
Creative Work	Siddha Yoga	Yama 9:42AM – 11:12AM	Vaidhriti* Until 7:58PM	<b>Nataraja:</b> Clear				<b>Sivaloka Day</b>	
		123135467 <b>Rahu</b> 3:44PM – 5:14PM	Kaulava Until 7:02AM	Moon – White				<b>Phalguna-Masi</b>	
			<b>Shashthi*</b> Until 8:04PM						
<b>6</b>		<b>Wednesday, March 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Port Harcourt, Nigeria Sun 20 Sutra 332 Plava 5123	
Vrishabha Rasi: 10.58	Tithi 7	<b>Gulika</b> 11:12AM – 12:43PM	<b>Rohini</b> Until 7:02AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:41AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 44 - 20 3rd Phase	
Creative Work	Siddha Yoga	Yama 8:11AM – 9:42AM	Vishkambha* Until 8:46PM	<b>Nataraja:</b> Green				<b>Devaloka Day</b>	
Until 7:02AM Thu		133235477 <b>Rahu</b> 12:43PM – 2:13PM	Gara Until 9:16AM	Moon – Yellow				<b>Phalguna-Masi</b>	
Then Routine Work - Marana Yoga			<b>Saptami</b> Until 10:30PM						
<b>☾</b>		<b>Thursday, March 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Port Harcourt, Nigeria Sun 21 Sutra 333 Plava 5123	
Vrishabha Rasi: 22.49	Tithi 8	<b>Gulika</b> 9:41AM – 11:12AM	<b>Rohini</b> Until 7:02AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 44 - 21 Ashtami	
Routine Work	Marana Yoga	Yama 6:40AM – 8:11AM	Priti Until 9:45PM	<b>Nataraja:</b> Green				<b>Devaloka Day</b>	
		133235477 <b>Rahu</b> 2:13PM – 3:43PM	Visti Until 11:50AM	Moon – Yellow				<b>Phalguna-Masi</b>	
			<b>Ashtami*</b> Until 1:07AM Fri						
<b>☽</b>		<b>Friday, March 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Port Harcourt, Nigeria Sun 22 Sutra 334 Plava 5123	
Mithuna Rasi: 4.38	Tithi 9	<b>Gulika</b> 8:10AM – 9:41AM	<b>Mrigashira</b> Until 10:06AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 44 - 22 Navami	
Creative Work	Siddha Yoga	Yama 3:43PM – 5:14PM	Ayushman Until 10:40PM	<b>Nataraja:</b> Green				<b>Sivaloka Day</b>	
		134235477 <b>Rahu</b> 11:11AM – 12:42PM	Balava Until 2:27PM	Moon – Yellow				<b>Phalguna-Masi</b>	
			<b>Navami*</b> Until 3:40AM Sat						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Saturday, March 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 23 Sutra 335 Plava 5123	
Mithuna Rasi: 16.29	Tithi 10	<b>Gulika</b> 6:40AM – 8:10AM	<b>Ardra</b> Until 12:52PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:40AM	Moon 2 - Phase 45 - 23 4th Phase	
		Yama 2:12PM – 3:43PM	Saubhagya Until 11:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45 - 23 4th Phase	
134235477	<b>Rahu</b> 9:41AM – 11:11AM		Taitila Until 4:51PM	<b>Nataraja:</b> Green		Moon - Yellow	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:53AM Sun	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
<b>2</b>		<b>Sunday, March 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Vanija Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 24 Sutra 336 Plava 5123	
Mithuna Rasi: 28.29	Tithi 11	<b>Gulika</b> 3:43PM – 5:13PM	<b>Punarvasu</b> Until 3:35PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	Moon 2 - Phase 45 - 24 4th Phase	
		Yama 12:41PM – 2:12PM	Sobhana Until 11:47PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45 - 24 4th Phase	
144235477	<b>Rahu</b> 5:13PM – 6:44PM		Vanija Until 6:51PM	<b>Nataraja:</b> Green		Moon - Blue	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:37AM Mon	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
<b>3</b>		<b>Monday, March 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Port Harcourt, Nigeria Sun 25 Sutra 337 Plava 5123	
Kataka Rasi: 10.4	Tithi 11 – 12	<b>Gulika</b> 2:12PM – 3:42PM	<b>Pushya</b> Until 5:37PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	Moon 2 - Phase 45 - 25 4th Phase	
<b>Family Home Evening</b>		Yama 11:11AM – 12:41PM	Athiganda* Until 11:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 45 - 25 4th Phase	
144235477	<b>Rahu</b> 8:09AM – 9:40AM		Bava Until 8:16PM	<b>Nataraja:</b> Green		Moon - Blue	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:37AM	<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	
		<b>Karadaiyan Nombu (Tamil Nadu)</b>					
<b>4</b>		<b>Tuesday, March 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Port Harcourt, Nigeria Sun 26 Sutra 338 Plava 5123	
Kataka Rasi: 23.06	Tithi 12 – 13	<b>Gulika</b> 12:41PM – 2:12PM	<b>Ashlesha*</b> Until 6:53PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM	Moon 2 - Phase 45 - 26 4th Phase	
		Yama 9:40AM – 11:10AM	Sukarma Until 11:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 45 - 26 4th Phase	
144235478	<b>Rahu</b> 3:42PM – 5:13PM		Kaulava Until 9:04PM	<b>Nataraja:</b> White		Moon - Blue	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 8:44AM	<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>	
			<i>Pradosha Vrata</i>				
<b>5</b>		<b>Wednesday, March 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27 Sutra 339 Plava 5123	
Simha Rasi: 5.5	Tithi 13 – 14	<b>Gulika</b> 11:10AM – 12:41PM	<b>Magha*</b> Until 7:51PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Moon 2 - Phase 45 - 27 4th Phase	
		Yama 8:09AM – 9:39AM	Dhriti Until 10:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 45 - 27 4th Phase	
154235478	<b>Rahu</b> 12:41PM – 2:11PM		Gara Until 9:12PM	<b>Nataraja:</b> White		Moon - Red	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 9:11AM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 7:51PM							
Then Creative Work - Amrita Yoga							
<b>○</b>		<b>Thursday, March 17, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Port Harcourt, Nigeria Sutra 340 Plava 5123	
Simha Rasi: 18.52	Tithi 14 – 15	<b>Gulika</b> 9:39AM – 11:10AM	<b>Purvaphalguni</b> Until 8:04PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Moon 2 - Phase 45 - Purnima	
		Yama 6:38AM – 8:08AM	Shula* Until 8:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 45 - Purnima	
154235478	<b>Rahu</b> 2:11PM – 3:42PM		Visti Until 8:45PM	<b>Nataraja:</b> White		Moon - Red	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:02AM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
		<b>Panguni Uttiram</b>					
		<b>Holi</b>					
<b>Friday, March 18, 2022</b>		<b>Friday, March 18, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Port Harcourt, Nigeria Sutra 341 Plava 5123	
Kanya Rasi: 2.12	Tithi 15 – 16	<b>Gulika</b> 8:08AM – 9:39AM	<b>Uttaraphalguni</b> Until 7:39PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	Moon 2 - Phase 45 - Prathama	
		Yama 3:42PM – 5:12PM	Ganda* Until 6:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 45 - Prathama	
154235478	<b>Rahu</b> 11:09AM – 12:40PM		Balava Until 7:48PM	<b>Nataraja:</b> White		Moon - Red	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 8:19AM	<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>	
Until 7:39PM							
Then Creative Work - Amrita Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Saturday, March 19, 2022

Gold Retreat Star

Kanya Rasi: 15.48 Tithi 16 - 17

164235478

Routine Work Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 6:37AM - 8:07AM  
Yama 2:11PM - 3:41PM  
Rahu 9:38AM - 11:09AM

Hasta Until 7:07PM  
Vriddhi Until 4:30PM  
Taitila Until 6:26PM  
Prathama\* Until 7:08AM

Ganesha: Yellow Sunrise: 6:37AM  
Muruga: Clear Sunset: 6:43PM  
Nataraja: White  
Moon - Green  
Phalgun-Panguni

Port Harcourt, Nigeria  
Sutra 342  
Plava 5123  
Moon 3 - Phase 46 -  
1st Phase

Devaloka Day

1

Sunday, March 20, 2022

Kanya Rasi: 29.37 Tithi 18

164235478

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Gulika 3:41PM - 5:12PM  
Yama 12:39PM - 2:10PM  
Rahu 5:12PM - 6:43PM

Chitra Until 6:08PM  
Dhruva Until 2:00PM  
Vanija Until 4:45PM  
Tritiya Until 3:49AM Mon

Ganesha: Yellow Sunrise: 6:36AM  
Muruga: Clear Sunset: 6:43PM  
Nataraja: White  
Moon - Green  
Phalgun-Panguni

Port Harcourt, Nigeria  
Sun 1 Sutra 343  
Plava 5123  
Moon 3 - Phase 46 - 1  
1st Phase

Devaloka Day

2

Monday, March 21, 2022

Tula Rasi: 13.34 Tithi 19

164235478

Family Home Evening

Creative Work Amrita Yoga

Until 4:49PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\*/Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:10PM - 3:41PM  
Yama 11:08AM - 12:39PM  
Rahu 8:07AM - 9:38AM

Svati Until 4:49PM  
Vyaghata\* Until 11:21AM  
Bava Until 2:53PM  
Chaturthi\* Until 1:52AM Tue

Ganesha: Yellow Sunrise: 6:36AM  
Muruga: Clear Sunset: 6:42PM  
Nataraja: White  
Moon - Green  
Phalgun-Panguni

Port Harcourt, Nigeria  
Sun 2 Sutra 344  
Plava 5123  
Moon 3 - Phase 46 - 2  
1st Phase

Devaloka Day

3

Tuesday, March 22, 2022

Tula Rasi: 27.38 Tithi 20

174235478

Routine Work Marana Yoga

Until 3:40PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:39PM - 2:10PM  
Yama 9:37AM - 11:08AM  
Rahu 3:41PM - 5:11PM

Vishakha Until 3:40PM  
Harshana Until 8:36AM  
Kaulava Until 12:53PM  
Panchami Until 11:50PM

Ganesha: Blue Sunrise: 6:35AM  
Muruga: Clear Sunset: 6:42PM  
Nataraja: White  
Moon - Orange  
Phalgun-Panguni

Port Harcourt, Nigeria  
Sun 3 Sutra 345  
Plava 5123  
Moon 3 - Phase 46 - 3  
1st Phase

Sivaloka Day

4

Wednesday, March 23, 2022

Virchika Rasi: 11.45 Tithi 21

175235478

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:08AM - 12:39PM  
Yama 8:06AM - 9:37AM  
Rahu 12:39PM - 2:09PM

Anuradha Until 2:19PM  
Siddhi Until 2:55AM Thu  
Gara Until 10:49AM  
Shashthi\* Until 9:45PM

Ganesha: Yellow Sunrise: 6:35AM  
Muruga: Clear Sunset: 6:42PM  
Nataraja: White  
Moon - Orange  
Phalgun-Panguni

Port Harcourt, Nigeria  
Sun 4 Sutra 346  
Plava 5123  
Moon 3 - Phase 46 - 4  
1st Phase

Devaloka Day

5

Thursday, March 24, 2022

Virchika Rasi: 25.53 Tithi 22

175235478

Routine Work Prabalarishta Yoga

Until 12:49PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 9:36AM - 11:07AM  
Yama 6:35AM - 8:06AM  
Rahu 2:09PM - 3:40PM

Jyeshtha\* Until 12:49PM  
Vyatipata\* Until 12:06AM Fri  
Visti Until 8:44AM  
Saptami Until 7:40PM

Ganesha: Yellow Sunrise: 6:35AM  
Muruga: Clear Sunset: 6:42PM  
Nataraja: White  
Moon - Orange  
Phalgun-Panguni

Port Harcourt, Nigeria  
Sun 5 Sutra 347  
Plava 5123  
Moon 3 - Phase 46 - 5  
1st Phase

Devaloka Day

D

Friday, March 25, 2022

Retreat Star

Dhanus Rasi: 10.01 Tithi 23 - 24

185235478

Creative Work Amrita Yoga

Until 11:37AM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:05AM - 9:36AM  
Yama 3:40PM - 5:11PM  
Rahu 11:07AM - 12:38PM

Mula\* Until 11:37AM  
Variyan Until 9:16PM  
Balava Until 6:39AM  
Ashtami\* Until 5:37PM

Ganesha: Blue Sunrise: 6:34AM  
Muruga: Clear Sunset: 6:42PM  
Nataraja: White  
Moon - Light Blue  
Phalgun-Panguni

Port Harcourt, Nigeria  
Sun 6 Sutra 348  
Plava 5123  
Moon 3 - Phase 46 - 6  
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Saturday, March 26, 2022

Retreat Star

Dhanus Rasi: 24.07 Tithi 24 - 25

185235478

Creative Work Siddha Yoga

Until 10:19AM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 6:34AM - 8:05AM  
Yama 2:09PM - 3:40PM  
Rahu 9:36AM - 11:07AM

Purvashadha\* Until 10:19AM  
Parigha\* Until 6:30PM  
Vanija Until 2:38AM Sun  
Navami\* Until 3:36PM

Ganesha: Blue Sunrise: 6:34AM  
Muruga: Clear Sunset: 6:42PM  
Nataraja: White  
Moon - Light Blue  
Phalgun-Panguni

Port Harcourt, Nigeria  
Sun 7 Sutra 349  
Plava 5123  
Moon 3 - Phase 46 - 7  
Navami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

nes are standard time. Calculated for Port Harcourt, Nigeria on 5/

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<b>1 Sunday, March 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Port Harcourt, Nigeria Sun 8 Sutra 350 Plava 5123
Makara Rasi: 8.11	Tithi 25 – 26	<b>Gulika</b> 3:39PM – 5:10PM	<b>Uttarashadha</b> Until 8:57AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:33AM	
		Yama 12:37PM – 2:08PM	Shiva Until 3:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 47 - 8
		185235478 <b>Rahu</b> 5:10PM – 6:41PM	Bava Until 12:45AM Mon	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 1:39PM	Moon – Light Blue		
				<b>Phalguna•Panguni</b>		<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>2 Monday, March 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Port Harcourt, Nigeria Sun 9 Sutra 351 Plava 5123
Makara Rasi: 22.11	Tithi 26 – 27	<b>Gulika</b> 2:08PM – 3:39PM	<b>Shravana</b> Until 7:58AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:33AM	
<b>Family Home Evening</b>		Yama 11:06AM – 12:37PM	Siddha Until 1:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 47 - 9
Creative Work	Amrita Yoga	195235478 <b>Rahu</b> 8:04AM – 9:35AM	Kaulava Until 11:01PM	<b>Nataraja:</b> White		2nd Phase
Until 7:58AM			<b>Ekadashi*</b> Until 11:51AM	Moon – Purple		
Then Creative Work - Siddha Yoga				<b>Phalguna•Panguni</b>		<b>Devaloka Day</b>

<b>3 Tuesday, March 29, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Port Harcourt, Nigeria Sun 10 Sutra 352 Plava 5123
Kumbha Rasi: 6.04	Tithi 27 – 28	<b>Gulika</b> 12:37PM – 2:08PM	<b>Dhanishtha</b> Until 7:01AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:32AM	
		Yama 9:35AM – 11:06AM	Sadhya Until 10:45AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 47 - 10
		195245478 <b>Rahu</b> 3:39PM – 5:10PM	Gara Until 9:32PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 10:13AM	Moon – Purple		
Until 7:01AM				<b>Phalguna•Panguni</b>		<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4 Wednesday, March 30, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Port Harcourt, Nigeria Sun 11 Sutra 353 Plava 5123
Kumbha Rasi: 19.48	Tithi 28 – 29	<b>Gulika</b> 11:05AM – 12:36PM	<b>Shatabhishak</b> Until 6:11AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:32AM	
		Yama 8:03AM – 9:34AM	Subha Until 8:33AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 47 - 11
		195245478 <b>Rahu</b> 12:36PM – 2:08PM	Visti Until 8:21PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:52AM	Moon – Purple		
Until 6:11AM				<b>Phalguna•Panguni</b>		<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

<b>Thursday, March 31, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Port Harcourt, Nigeria Sun 12 Sutra 354 Plava 5123
<b>Retreat Star</b>		<b>Gulika</b> 9:34AM – 11:05AM	<b>Purvaproshtapada*</b> Until 6:01AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:32AM	
Meena Rasi: 3.19	Tithi 29 – 30	Yama 6:32AM – 8:03AM	Sukla Until 6:37AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 47 - 12
		115245478 <b>Rahu</b> 2:07PM – 3:38PM	Catuspada Until 7:36PM	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:54AM	Moon – Clear		
				<b>Phalguna•Panguni</b>		<b>Bhuloka Day</b>

<b>Friday, April 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Port Harcourt, Nigeria Sun 13 Sutra 355 Plava 5123
<b>Retreat Star</b>		<b>Gulika</b> 8:03AM – 9:34AM	<b>Uttaraproshtapada</b> Until 6:09AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:32AM	
Meena Rasi: 16.35	Tithi 30 – 1	Yama 3:38PM – 5:10PM	Indra Until 3:59AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 47 - 13
		116245478 <b>Rahu</b> 11:05AM – 12:36PM	Kintughna Until 7:23PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 7:24AM	Moon – Clear		
		<b>Yugadhi</b>		<b>Chaitra•Panguni</b>		<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>		<b>Saturday, April 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 14 Sutra 356 Plava 5123	
Meena Rasi: 29.33	Tithi 1 – 2	<b>Gulika</b> 6:31AM – 8:02AM	<b>Revati Until 6:40AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:31AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:41PM
		Yama 2:07PM – 3:38PM	Vaidhrili* Until 3:20AM Sun	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 14	3rd Phase
		116245478 <b>Rahu</b> 9:34AM – 11:05AM	Balava Until 7:45PM	Moon – Clear		<b>Bhuloka Day</b>	
Routine Work	Prabalarishta Yoga	Chellappaswami Mahasamadhi		Prathama* Until 7:28AM		Chaitra•Panguni	
Until 6:40AM						Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, April 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Port Harcourt, Nigeria Sun 15 Sutra 357 Plava 5123	
Mesha Rasi: 12.14	Tithi 2 – 3	<b>Gulika</b> 3:38PM – 5:09PM	<b>Ashvini Until 8:06AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:31AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:40PM
		Yama 12:36PM – 2:07PM	Vishkambha* Until 3:11AM Mon	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 15	3rd Phase
		126345478 <b>Rahu</b> 5:09PM – 6:40PM	Taitila Until 8:45PM	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	Dvitiya Until 8:09AM		Chaitra•Panguni			
Until 8:06AM							
Then Routine Work - Prabalarishta Yoga							

<b>3</b>		<b>Monday, April 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Port Harcourt, Nigeria Sun 16 Sutra 358 Plava 5123	
Mesha Rasi: 24.37	Tithi 3 – 4	<b>Gulika</b> 2:06PM – 3:38PM	<b>Bharani Until 9:59AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:40PM
<b>Family Home Evening</b>		Yama 11:04AM – 12:35PM	Priti Until 3:30AM Tue	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 16	3rd Phase
		126345478 <b>Rahu</b> 8:02AM – 9:33AM	Vanija Until 10:20PM	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	Tritiya Until 9:27AM		Chaitra•Panguni			
Until 9:59AM							
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Tuesday, April 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Port Harcourt, Nigeria Sun 17 Sutra 359 Plava 5123	
Vrishabha Rasi: 6.47	Tithi 4 – 5	<b>Gulika</b> 12:35PM – 2:06PM	<b>Krittika Until 12:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:40PM
		Yama 9:32AM – 11:04AM	Ayushman Until 4:09AM Wed	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 17	3rd Phase
		126345478 <b>Rahu</b> 3:37PM – 5:09PM	Bava Until 12:25AM Wed	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	Chaturthi* Until 11:18AM		Chaitra•Panguni			
Until 12:13PM							
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, April 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Port Harcourt, Nigeria Sun 18 Sutra 360 Plava 5123	
Vrishabha Rasi: 18.46	Tithi 5 – 6	<b>Gulika</b> 11:03AM – 12:35PM	<b>Rohini Until 3:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:40PM
		Yama 8:01AM – 9:32AM	Saubhagya Until 5:02AM Thu	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 18	3rd Phase
		136345478 <b>Rahu</b> 12:35PM – 2:06PM	Kaulava Until 2:51AM Thu	Moon – Yellow		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	Panchami Until 1:35PM		Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	

<b>6</b>		<b>Thursday, April 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Port Harcourt, Nigeria Sun 19 Sutra 361 Plava 5123	
Mithuna Rasi: 0.38	Tithi 6 – 7	<b>Gulika</b> 9:32AM – 11:03AM	<b>Mrigashira Until 6:13PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:40PM
		Yama 6:29AM – 8:00AM	Sobhana Until 6:01AM Fri	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 19	3rd Phase
		136345478 <b>Rahu</b> 2:06PM – 3:37PM	Gara Until 5:23AM Fri	Moon – Yellow		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga	Shashthi* Until 4:06PM		Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b>		<b>Friday, April 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija Karana Saptamyam Titau		Port Harcourt, Nigeria Sun 20 Sutra 362 Plava 5123	
Mithuna Rasi: 12.28	Tithi 7	<b>Gulika</b> 8:00AM – 9:31AM	<b>Ardra Until 9:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM
		Yama 3:37PM – 5:08PM	Sobhana Until 6:01AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 20	3rd Phase
		136345478 <b>Rahu</b> 11:03AM – 12:34PM	Vanija Until 6:36PM	Moon – Yellow		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	Saptami Until 6:36PM		Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b>		<b>Saturday, April 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Port Harcourt, Nigeria Sun 21 Sutra 363 Plava 5123	
Mithuna Rasi: 24.2	Tithi 8	<b>Gulika</b> 6:28AM – 8:00AM	<b>Punarvasu Until 11:59PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM
		Yama 2:05PM – 3:37PM	Athiganda* Until 6:53AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 21	Ashtami
		147345478 <b>Rahu</b> 9:31AM – 11:02AM	Visti Until 7:49AM	Moon – Blue		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	Ashtami* Until 8:54PM		Chaitra•Panguni		Devaloka Time: 9:AM to12:PM	

<b>Retreat Star</b>		<b>Sunday, April 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Port Harcourt, Nigeria Sun 22 Sutra 364 Plava 5123	
Kataka Rasi: 6.2	Tithi 9	<b>Gulika</b> 3:36PM – 5:08PM	<b>Pushya Until 2:19AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM
		Yama 12:34PM – 2:05PM	Sukarma Until 7:31AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 22	Navami
		147345478 <b>Rahu</b> 5:08PM – 6:39PM	Balava Until 9:54AM	Moon – Blue		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga	Navami* Until 10:45PM		Chaitra•Panguni		Devaloka Time: 9:AM to12:PM	
		Sri Rama Navami					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


<b>1</b>		<b>Monday, April 11, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau		Port Harcourt, Nigeria Sun 23	
Kataka Rasi: 18.32	Tithi 10	<b>Gulika</b>	2:05PM – 3:36PM	<b>Ashlesha* Until 3:54AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	Plava 5123
<b>Family Home Evening</b>	147345478	<b>Yama</b>	11:02AM – 12:33PM	Dhriti Until 7:46AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49 - 23
Creative Work Siddha Yoga		<b>Rahu</b>	7:59AM – 9:30AM	Taitila Until 11:28AM	<b>Nataraja:</b> White		4th Phase
		<b>Yogaswami Mahasamadhi</b>		<b>Dashami Until 12:00AM Tue</b>	<b>Chaitra•Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>2</b>		<b>Tuesday, April 12, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Port Harcourt, Nigeria Sun 24	
Simha Rasi: 1.01	Tithi 11	<b>Gulika</b>	12:33PM – 2:04PM	<b>Magha* Until 5:06AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	Plava 5123
	157345478	<b>Yama</b>	9:30AM – 11:02AM	Shula* Until 7:31AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49 - 24
Creative Work Siddha Yoga		<b>Rahu</b>	3:36PM – 5:07PM	Vanija Until 12:23PM	<b>Nataraja:</b> White		4th Phase
Until 5:06AM Wed				<b>Ekadashi Until 12:33AM Wed</b>	<b>Chaitra•Panguni</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Wednesday, April 13, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Dvodashyam Titau		Port Harcourt, Nigeria Sun 25	
Simha Rasi: 13.48	Tithi 12	<b>Gulika</b>	11:01AM – 12:33PM	<b>Purvaphalguni Until 5:27AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:27AM	Plava 5123
	157345478	<b>Yama</b>	7:58AM – 9:30AM	Ganda* Until 6:43AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49 - 25
Creative Work Amrita Yoga		<b>Rahu</b>	12:33PM – 2:04PM	Bava Until 12:34PM	<b>Nataraja:</b> White		4th Phase
				<b>Dvodashi Until 12:22AM Thu</b>	<b>Chaitra•Panguni</b>	<b>Devaloka Day</b>	

<b>4</b>		<b>Thursday, April 14, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau		Port Harcourt, Nigeria Sun 26	
Simha Rasi: 26.58	Tithi 13	<b>Gulika</b>	9:29AM – 11:01AM	<b>Uttaraphalguni Until 4:58AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Subhakit 5124
	257345478	<b>Yama</b>	6:26AM – 7:58AM	Dhruva Until 3:26AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM	Moon 3 - Phase 49 - 26
Amrita Yoga		<b>Rahu</b>	2:04PM – 3:36PM	Kaulava Until 12:01PM	<b>Nataraja:</b> White		4th Phase
		<b>Tamil New Year</b>		<b>Trayodashi Until 11:29PM</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Friday, April 15, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Port Harcourt, Nigeria Sun 27	
Kanya Rasi: 10.3	Tithi 14	<b>Gulika</b>	7:58AM – 9:29AM	<b>Hasta Until 4:11AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Subhakit 5124
	268345478	<b>Yama</b>	3:35PM – 5:07PM	Vyaghata* Until 1:02AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 - 27
Creative Work Amrita Yoga		<b>Rahu</b>	11:01AM – 12:32PM	Gara Until 10:49AM	<b>Nataraja:</b> White		4th Phase
Until 4:11AM Sat				<b>Chaturdashi* Until 9:58PM</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga							

		<b>Saturday, April 16, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau		Port Harcourt, Nigeria Sun 28	
Kanya Rasi: 24.23	Tithi 15	<b>Gulika</b>	6:26AM – 7:57AM	<b>Chitra Until 2:47AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Subhakit 5124
	268345478	<b>Yama</b>	2:04PM – 3:35PM	Harshana Until 10:15PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 - Purnima
Routine Work Marana Yoga		<b>Rahu</b>	9:29AM – 11:00AM	Visti Until 9:02AM	<b>Nataraja:</b> White		
Until 2:47AM Sun		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Purnima* Until 7:57PM</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>					

<b>Sunday, April 17, 2022</b>		<b>Silver Retreat Star</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Port Harcourt, Nigeria Sun 29	
Tula Rasi: 8.34	Tithi 16 – 17	<b>Gulika</b>	3:35PM – 5:07PM	<b>Svati Until 12:55AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	Subhakit 5124
	268345478	<b>Yama</b>	12:32PM – 2:03PM	Vajra* Until 7:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 49 - Prathama
Creative Work Siddha Yoga		<b>Rahu</b>	5:07PM – 6:38PM	Balava Until 6:48AM	<b>Nataraja:</b> White		
Until 12:55AM Mon				<b>Prathama* Until 5:33PM</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga							