



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 25.43 Tithi 16 - 17

277784469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Vyatipata/Variyan Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gulika 10:16AM - 11:51AM
Yama 7:06AM - 8:41AM
Rahu 11:51AM - 1:26PM
Vishakha Until 6:02PM
Vyatipata* Until 4:40PM
Gara Until 2:26AM Thu
Prathama* Until 6:05AM

Ganesha: Blue Sunrise: 5:31AM
Muruga: White Sunset: 6:12PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Pyinmana, Myanmar
Sutra 17
Plava 5123
Moon 4 - Phase 2 - 1st Phase

Devaloka Day

1

Thursday, April 29, 2021

Vrischika Rasi: 10.5 Tithi 18

278784469

Creative Work Siddha Yoga

Until 3:19PM

Then Routine Work - Prabararishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 8:41AM - 10:16AM
Yama 5:30AM - 7:05AM
Rahu 1:26PM - 3:02PM
Anuradha Until 3:19PM
Variyan Until 12:37PM
Vanija Until 12:42PM
Tritiya Until 11:01PM

Ganesha: Blue Sunrise: 5:30AM
Muruga: White Sunset: 6:12PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Pyinmana, Myanmar
Sun 1 Sutra 18
Plava 5123
Moon 4 - Phase 2 - 1st Phase

Devaloka Day

2

Friday, April 30, 2021

Vrischika Rasi: 25.44 Tithi 19

278784469

Routine Work Marana Yoga

Until 12:49PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 7:05AM - 8:40AM
Yama 3:02PM - 4:37PM
Rahu 10:16AM - 11:51AM
Jyeshtha* Until 12:49PM
Parigha* Until 8:51AM
Bava Until 9:28AM
Chaturthi* Until 8:00PM

Ganesha: Blue Sunrise: 5:30AM
Muruga: White Sunset: 6:12PM
Nataraja: Clear
Moon - Orange
Chaitra*Chaitra

Pyinmana, Myanmar
Sun 2 Sutra 19
Plava 5123
Moon 4 - Phase 2 - 2 1st Phase

Devaloka Day

3

Saturday, May 1, 2021

Dhanus Rasi: 10.18 Tithi 20 - 21

288794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Gulika 5:29AM - 7:05AM
Yama 1:26PM - 3:02PM
Rahu 8:40AM - 10:15AM
Mula* Until 11:03AM
Siddha Until 2:33AM Sun
Kaulava Until 6:42AM
Panchami Until 5:30PM

Ganesha: Red Sunrise: 5:29AM
Muruga: Yellow Sunset: 6:13PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Pyinmana, Myanmar
Sun 3 Sutra 20
Plava 5123
Moon 4 - Phase 2 - 3 1st Phase

Devaloka Day

4

Sunday, May 2, 2021

Dhanus Rasi: 24.28 Tithi 21 - 22

288794469

Creative Work Siddha Yoga

Until 9:46AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:02PM - 4:37PM
Yama 11:51AM - 1:26PM
Rahu 4:37PM - 6:13PM
Purvashadha* Until 9:46AM
Sadhya Until 12:11AM Mon
Visti Until 2:58AM Mon
Shashthi* Until 3:38PM

Ganesha: Red Sunrise: 5:29AM
Muruga: Yellow Sunset: 6:13PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Pyinmana, Myanmar
Sun 4 Sutra 21
Plava 5123
Moon 4 - Phase 2 - 4 1st Phase

Devaloka Day

Monday, May 3, 2021

Retreat Star

Makara Rasi: 8.13 Tithi 22 - 23

Family Home Evening

Routine Work Marana Yoga

Until 8:59AM

Then Creative Work - Amrita Yoga

288794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:26PM - 3:02PM
Yama 10:15AM - 11:51AM
Rahu 7:04AM - 8:39AM
Uttarashadha Until 8:59AM
Subha Until 10:22PM
Balava Until 2:08AM Tue
Saptami Until 2:27PM

Ganesha: Red Sunrise: 5:28AM
Muruga: Yellow Sunset: 6:13PM
Nataraja: Clear
Moon - Light Blue
Chaitra*Chaitra

Pyinmana, Myanmar
Sun 5 Sutra 22
Plava 5123
Moon 4 - Phase 2 - 5 Ashtami

Devaloka Day

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 21.34 Tithi 23 - 24

298794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 11:51AM - 1:26PM
Yama 8:39AM - 10:15AM
Rahu 3:02PM - 4:38PM
Shravana Until 9:12AM
Sukla Until 9:06PM
Taitila Until 2:00AM Wed
Ashtami* Until 1:58PM

Ganesha: Green Sunrise: 5:28AM
Muruga: Yellow Sunset: 6:13PM
Nataraja: Clear
Moon - Purple
Chaitra*Chaitra

Pyinmana, Myanmar
Sun 6 Sutra 23
Plava 5123
Moon 4 - Phase 2 - 6 Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Pyinmana, Myanmar Sun 7 Sutra 24
	Kumbha Rasi: 4.33	Tithi 24 – 25	Gulika 10:15AM – 11:50AM	Dhanishtha Until 9:57AM	Ganesha: Red	<i>Sunrise:</i> 5:27AM	Plava 5123
	299794469	Rahu 11:50AM – 1:26PM	Yama 7:03AM – 8:39AM	Brahma Until 8:22PM	Muruqa: Yellow	<i>Sunset:</i> 6:14PM	Moon 4 - Phase 3 - 7
	Routine Work Prabalarishta Yoga Until 9:57AM Then Creative Work - Siddha Yoga			Vanija Until 2:31AM Thu Navami* Until 2:10PM	Nataraja: Clear Moon – Purple		2nd Phase Devaloka Day


2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 8 Sutra 25
	Kumbha Rasi: 17.13	Tithi 25 – 26	Gulika 8:39AM – 10:14AM	Shatabhishak Until 11:09AM	Ganesha: Red	<i>Sunrise:</i> 5:27AM	Plava 5123
	299794469	Rahu 1:26PM – 3:02PM	Yama 5:27AM – 7:03AM	Indra Until 8:07PM	Muruqa: Yellow	<i>Sunset:</i> 6:14PM	Moon 4 - Phase 3 - 8
	Creative Work Siddha Yoga			Bava Until 3:37AM Fri Dashami Until 2:59PM	Nataraja: Clear Moon – Purple		2nd Phase Devaloka Day

3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 26
	Kumbha Rasi: 29.38	Tithi 26 – 27	Gulika 7:02AM – 8:38AM	Purvaproshtapada* Until 1:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Plava 5123
	219794469	Rahu 10:14AM – 11:50AM	Yama 3:02PM – 4:38PM	Vaidhriti* Until 8:15PM	Muruqa: Yellow	<i>Sunset:</i> 6:14PM	Moon 4 - Phase 3 - 9
	Creative Work Siddha Yoga			Kaulava Until 5:12AM Sat Ekadashi* Until 4:20PM	Nataraja: Clear Moon – Clear		2nd Phase Devaloka Day

4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Taitila Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 27
	Meena Rasi: 11.51	Tithi 27	Gulika 5:26AM – 7:02AM	Uttaraproshtapada Until 3:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Plava 5123
	219794469	Rahu 8:38AM – 10:14AM	Yama 1:26PM – 3:02PM	Vishkambha* Until 8:43PM	Muruqa: Yellow	<i>Sunset:</i> 6:15PM	Moon 4 - Phase 3 - 10
	Creative Work Siddha Yoga Until 3:32PM Then Routine Work - Prabalarishta Yoga			Taitila Until 6:08PM Dvadashi* Until 6:08PM	Nataraja: Clear Moon – Clear		2nd Phase Devaloka Day

5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 28
	Meena Rasi: 23.54	Tithi 28	Gulika 3:03PM – 4:39PM	Revati Until 6:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM	Plava 5123
	219794469	Rahu 4:39PM – 6:15PM	Yama 11:50AM – 1:26PM	Priti Until 9:28PM	Muruqa: Yellow	<i>Sunset:</i> 6:15PM	Moon 4 - Phase 3 - 11
	Creative Work Amrita Yoga Until 6:03PM Then Creative Work - Siddha Yoga			Gara Until 7:11AM Trayodashi* Until 8:17PM	Nataraja: Clear Moon – Clear		2nd Phase Devaloka Day

6	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 29
	Mesha Rasi: 5.5	Tithi 29	Gulika 1:26PM – 3:03PM	Ashvini Until 9:10PM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM	Plava 5123
	229794469	Rahu 7:01AM – 8:38AM	Yama 10:14AM – 11:50AM	Ayushman Until 10:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:15PM	Moon 4 - Phase 3 - 12
	Family Home Evening Creative Work Siddha Yoga			Visti Until 9:29AM Chaturdashi* Until 10:42PM	Nataraja: Clear Moon – White		2nd Phase Devaloka Day

	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pyinmana, Myanmar Sun 13 Sutra 30
	Mesha Rasi: 17.4	Tithi 30	Gulika 11:50AM – 1:26PM	Bharani Until 12:17AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:25AM	Plava 5123
	229794469	Rahu 3:03PM – 4:39PM	Yama 8:37AM – 10:14AM	Saubhagya Until 11:26PM	Muruqa: Yellow	<i>Sunset:</i> 6:16PM	Moon 4 - Phase 3 - 13
	Creative Work Siddha Yoga Until 12:17AM Wed Then Creative Work - Amrita Yoga			Catuspada Until 11:59AM Amavasya* Until 1:16AM Wed	Nataraja: Clear Moon – White		Amavasya Devaloka Day

Retreat Star	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Pyinmana, Myanmar Sun 14 Sutra 31
	Mesha Rasi: 29.28	Tithi 1	Gulika 10:14AM – 11:50AM	Krittika Until 3:16AM Thu	Ganesha: Orange	<i>Sunrise:</i> 5:24AM	Plava 5123
	229794469	Rahu 11:50AM – 1:27PM	Yama 7:01AM – 8:37AM	Sobhana Until 12:34AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:16PM	Moon 4 - Phase 3 - 14
	Creative Work Amrita Yoga Until 3:16AM Thu Then Routine Work - Marana Yoga			Kintughna Until 2:37PM Prathama* Until 3:54AM Thu	Nataraja: Clear Moon – White		Prathama Devaloka Day

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pyinmana, Myanmar Sun 15 Sutra 32
	231794469	Gulika 8:37AM – 10:14AM Yama 5:24AM – 7:00AM Rahu 1:27PM – 3:03PM	Rohini Until 6:33AM Fri Athiganda* Until 1:37AM Fri Balava Until 5:14PM Dvitiya Until 6:28AM Fri	Ganesha: Red <i>Sunrise:</i> 5:24AM Muruqa: Yellow <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra		Moon 4 - Phase 4 - 15 3rd Phase Devaloka Day	
	Routine Work Marana Yoga Until 6:33AM Fri Then Creative Work - Siddha Yoga						

2	Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Pyinmana, Myanmar Sun 16 Sutra 33
	231794469	Gulika 7:00AM – 8:37AM Yama 3:03PM – 4:40PM Rahu 10:13AM – 11:50AM	Rohini Until 6:33AM Sukarma Until 2:33AM Sat Taitila Until 7:42PM Dvitiya Until 6:28AM	Ganesha: Red <i>Sunrise:</i> 5:24AM Muruqa: Yellow <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi		Moon 4 - Phase 4 - 16 3rd Phase Devaloka Day	
	Routine Work Marana Yoga Until 6:33AM Then Creative Work - Siddha Yoga						

3	Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Pyinmana, Myanmar Sun 17 Sutra 34
	231894469	Gulika 5:23AM – 7:00AM Yama 1:27PM – 3:03PM Rahu 8:37AM – 10:13AM	Mrigashira Until 9:28AM Dhriti Until 3:17AM Sun Vanija Until 9:55PM Tritiya Until 8:50AM	Ganesha: Green <i>Sunrise:</i> 5:23AM Muruqa: Yellow <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi		Moon 4 - Phase 4 - 17 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Creative Work Siddha Yoga Akshaya Tritiya						

4	Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau				Pyinmana, Myanmar Sun 18 Sutra 35
	231894469	Gulika 3:04PM – 4:40PM Yama 11:50AM – 1:27PM Rahu 4:40PM – 6:17PM	Ardra Until 11:53AM Shula* Until 3:39AM Mon Bava Until 11:44PM Chatrthi* Until 10:52AM	Ganesha: Green <i>Sunrise:</i> 5:23AM Muruqa: Yellow <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi		Moon 4 - Phase 4 - 18 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Creative Work Siddha Yoga Adi Sankara Jayanthi						

5	Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pyinmana, Myanmar Sun 19 Sutra 36
	241894469	Gulika 1:27PM – 3:04PM Yama 10:13AM – 11:50AM Rahu 7:00AM – 8:36AM	Punarvasu Until 2:11PM Ganda* Until 3:37AM Tue Kaulava Until 1:01AM Tue Panchami Until 12:26PM	Ganesha: Red <i>Sunrise:</i> 5:23AM Muruqa: Yellow <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Blue Vaisaka-Vaikasi		Moon 4 - Phase 4 - 19 3rd Phase Devaloka Day	
	Family Home Evening Creative Work Amrita Yoga Until 2:11PM Then Creative Work - Siddha Yoga						

6	Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Pyinmana, Myanmar Sun 20 Sutra 37
	241894469	Gulika 11:50AM – 1:27PM Yama 8:36AM – 10:13AM Rahu 3:04PM – 4:41PM	Pushya Until 3:44PM Vriddhi Until 3:05AM Wed Gara Until 1:39AM Wed Shashthi* Until 1:24PM	Ganesha: Red <i>Sunrise:</i> 5:22AM Muruqa: Yellow <i>Sunset:</i> 6:18PM Nataraja: Clear Moon – Blue Vaisaka-Vaikasi		Moon 4 - Phase 4 - 20 3rd Phase Devaloka Day	
	Creative Work Siddha Yoga						

☾	Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 38
	241894469	Gulika 10:13AM – 11:50AM Yama 6:59AM – 8:36AM Rahu 11:50AM – 1:27PM	Ashlesha* Until 4:28PM Dhruva Until 1:57AM Thu Visti Until 1:33AM Thu Saptami Until 1:41PM	Ganesha: Red <i>Sunrise:</i> 5:22AM Muruqa: Yellow <i>Sunset:</i> 6:18PM Nataraja: Clear Moon – Blue Vaisaka-Vaikasi		Moon 4 - Phase 4 - 21 Ashtami Devaloka Day	
	Creative Work Siddha Yoga Retreat Star						

☾	Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 39
	251894469	Gulika 8:36AM – 10:13AM Yama 5:22AM – 6:59AM Rahu 1:27PM – 3:04PM	Magha* Until 4:45PM Vyaghata* Until 12:14AM Fri Balava Until 12:43AM Fri Ashtami* Until 1:12PM	Ganesha: Blue <i>Sunrise:</i> 5:22AM Muruqa: Yellow <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Red Vaisaka-Vaikasi		Moon 4 - Phase 4 - 22 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Creative Work Amrita Yoga Until 4:45PM Then Creative Work - Siddha Yoga						

1	Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pyinmana, Myanmar Sun 23 Sutra 40
	Simha Rasi: 20.49	Tithi 9 – 10	Gulika	6:59AM – 8:36AM	Purvaphalguni Until 4:09PM	Ganesha: Blue	Sunrise: 5:22AM Plava 5123
			Yama	3:05PM – 4:42PM	Harshana Until 9:55PM	Muruqa: Yellow	Sunset: 6:19PM Moon 4 - Phase 5 - 23
	Creative Work	Siddha Yoga	251894469 Rahu	10:13AM – 11:50AM	Taitila Until 11:07PM	Nataraja: Clear	4th Phase
			Navami* Until 11:59AM	Vaisaka-Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2	Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 24 Sutra 41
	Kanya Rasi: 4.44	Tithi 10 – 11	Gulika	5:21AM – 6:59AM	Uttaraphalguni Until 2:43PM	Ganesha: Blue	Sunrise: 5:21AM Plava 5123
			Yama	1:28PM – 3:05PM	Vajra* Until 7:02PM	Muruqa: Yellow	Sunset: 6:19PM Moon 4 - Phase 5 - 24
	Routine Work	Marana Yoga	251894469 Rahu	8:36AM – 10:13AM	Vanija Until 8:51PM	Nataraja: Clear	4th Phase
			Dashami Until 10:03AM	Vaisaka-Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3	Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 25 Sutra 42
	Kanya Rasi: 19.05	Tithi 11 – 12	Gulika	3:05PM – 4:42PM	Hasta Until 12:57PM	Ganesha: White	Sunrise: 5:21AM Plava 5123
			Yama	11:50AM – 1:28PM	Siddhi Until 3:41PM	Muruqa: Yellow	Sunset: 6:20PM Moon 4 - Phase 5 - 25
	Creative Work	Amrita Yoga	262894469 Rahu	4:42PM – 6:20PM	Bava Until 6:01PM	Nataraja: Clear	4th Phase
Until 12:57PM Then Creative Work - Siddha Yoga			Ekadashi Until 7:29AM	Vaisaka-Vaikasi	Sivaloka Day		

4	Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 26 Sutra 43
	Tula Rasi: 3.49	Tithi 13	Gulika	1:28PM – 3:05PM	Chitra Until 10:34AM	Ganesha: White	Sunrise: 5:21AM Plava 5123
	Family Home Evening		Yama	10:13AM – 11:50AM	Vyatipata* Until 11:58AM	Muruqa: Yellow	Sunset: 6:20PM Moon 4 - Phase 5 - 26
	Routine Work	Prabalarishta Yoga	262894469 Rahu	6:58AM – 8:36AM	Kaulava Until 2:44PM	Nataraja: Clear	4th Phase
Until 10:34AM Then Creative Work - Amrita Yoga			Trayodashi Until 12:57AM Tue	Vaisaka-Vaikasi	Sivaloka Day		
<i>Pradosha Vrata</i>							

5	Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 27 Sutra 44
	Tula Rasi: 18.49	Tithi 14	Gulika	11:51AM – 1:28PM	Svati Until 7:43AM	Ganesha: White	Sunrise: 5:21AM Plava 5123
			Yama	8:36AM – 10:13AM	Varyan Until 7:57AM	Muruqa: Yellow	Sunset: 6:20PM Moon 4 - Phase 5 - 27
	Creative Work	Siddha Yoga	262894469 Rahu	3:05PM – 4:43PM	Gara Until 11:09AM	Nataraja: Clear	4th Phase
Until 7:43AM Then Routine Work - Marana Yoga			Vaikasi Visakam	Chaturdashi* Until 9:17PM	Vaisaka-Vaikasi	Sivaloka Day	

	Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Pyinmana, Myanmar Sutra 45
	Copper Retreat Star		Gulika	10:13AM – 11:51AM	Anuradha Until 2:02AM Thu	Ganesha: White	Sunrise: 5:21AM Plava 5123
	Vrischika Rasi: 3.59	Tithi 15 – 16	Yama	6:58AM – 8:36AM	Shiva Until 11:38PM	Muruqa: Yellow	Sunset: 6:21PM Moon 4 - Phase 5 - Purnima
	Creative Work	Siddha Yoga	372894469 Rahu	11:51AM – 1:28PM	Visti Until 7:25AM	Nataraja: Clear	4th Phase
Until 2:02AM Thu Then Routine Work - Prabalarishta Yoga			Budha Purnima (Tamil Nadu)	Purnima* Until 5:31PM	Vaisaka-Vaikasi	Sivaloka Day	

	Thursday, May 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Pyinmana, Myanmar Sutra 46
	Silver Retreat Star		Gulika	8:36AM – 10:13AM	Jyeshtha* Until 11:09PM	Ganesha: White	Sunrise: 5:21AM Plava 5123
	Vrischika Rasi: 19.09	Tithi 16 – 17	Yama	5:21AM – 6:58AM	Siddha Until 7:33PM	Muruqa: Yellow	Sunset: 6:21PM Moon 4 - Phase 5 - Prathama
	Routine Work	Prabalarishta Yoga	372894469 Rahu	1:28PM – 3:06PM	Taitila Until 12:07AM Fri	Nataraja: Clear	4th Phase
Until 11:09PM Then Creative Work - Siddha Yoga			Prathama* Until 1:51PM	Vaisaka-Vaikasi	Sivaloka Day		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

mes are standard time. Calculated for Pyinmana, Myanmar on 5/2

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Friday, May 28, 2021
Gold Retreat Star

Dhanus Rasi: 4.1 Tithi 17 – 18

382894469

Creative Work Amrita Yoga

Until 8:50PM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 6:58AM – 8:36AM
Yama 3:06PM – 4:44PM
Rahu 10:13AM – 11:51AM

Mula* Until 8:50PM
Sadhya Until 3:44PM
Vanija Until 8:52PM
Dvitiya Until 10:26AM

Ganesha: Clear *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:21PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

Pyinmana, Myanmar
Sun 1 Sutra 47
Plava 5123
Moon 5 - Phase 6 - 1
1st Phase

1

Saturday, May 29, 2021

Dhanus Rasi: 18.54 Tithi 18 – 19

382894469

Creative Work Siddha Yoga

Until 6:52PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 5:20AM – 6:58AM
Yama 1:29PM – 3:06PM
Rahu 8:36AM – 10:13AM

Purvashadha* Until 6:52PM
Subha Until 12:17PM
Bava Until 6:05PM
Tritiya Until 7:24AM

Ganesha: Clear *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

Pyinmana, Myanmar
Sun 2 Sutra 48
Plava 5123
Moon 5 - Phase 6 - 2
1st Phase

2

Sunday, May 30, 2021

Makara Rasi: 3.16 Tithi 20

382894469

Creative Work Amrita Yoga

Until 4:50PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 3:07PM – 4:44PM
Yama 11:51AM – 1:29PM
Rahu 4:44PM – 6:22PM

Uttarashadha Until 5:21PM
Sukla Until 9:17AM
Kaulava Until 3:54PM
Panchami Until 3:02AM Mon

Ganesha: Clear *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

Pyinmana, Myanmar
Sun 3 Sutra 49
Plava 5123
Moon 5 - Phase 6 - 3
1st Phase

3

Monday, May 31, 2021

Makara Rasi: 17.11 Tithi 21

392894469

Family Home Evening

Creative Work Amrita Yoga

Until 4:50PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 1:29PM – 3:07PM
Yama 10:13AM – 11:51AM
Rahu 6:58AM – 8:36AM

Shravana Until 4:50PM
Brahma Until 6:50AM
Gara Until 2:24PM
Shashthi* Until 1:56AM Tue

Ganesha: Purple *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:22PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Pyinmana, Myanmar
Sun 4 Sutra 50
Plava 5123
Moon 5 - Phase 6 - 4
1st Phase

4

Tuesday, June 1, 2021

Kumbha Rasi: 0.4 Tithi 22

392894469

Creative Work Siddha Yoga

Until 4:56PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 11:51AM – 1:29PM
Yama 8:36AM – 10:14AM
Rahu 3:07PM – 4:45PM

Dhanishtha Until 4:56PM
Vaidhriti* Until 3:48AM Wed
Visti Until 1:41PM
Saptami Until 1:36AM Wed

Ganesha: Purple *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:23PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Pyinmana, Myanmar
Sun 5 Sutra 51
Plava 5123
Moon 5 - Phase 6 - 5
1st Phase

5

Wednesday, June 2, 2021

Retreat Star

Kumbha Rasi: 13.43 Tithi 23

392894469

Creative Work Siddha Yoga

Until 5:38PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 10:14AM – 11:52AM
Yama 6:58AM – 8:36AM
Rahu 11:52AM – 1:29PM

Shatabhishak Until 5:38PM
Vishkambha* Until 3:12AM Thu
Balava Until 1:45PM
Ashtami* Until 2:03AM Thu

Ganesha: Purple *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:23PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Pyinmana, Myanmar
Sun 6 Sutra 52
Plava 5123
Moon 5 - Phase 6 - 6
Ashtami

Thursday, June 3, 2021

Retreat Star

Kumbha Rasi: 26.24 Tithi 24

312894469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Gulika 8:36AM – 10:14AM
Yama 5:20AM – 6:58AM
Rahu 1:30PM – 3:08PM

Purvaproshtapada* Until 7:22PM
Priti Until 3:10AM Fri
Taitila Until 2:33PM
Navami* Until 3:11AM Fri

Ganesha: Blue *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:23PM
Nataraja: Clear
Moon – Clear
Vaisaka-Vaikasi

Sivaloka Day

Pyinmana, Myanmar
Sun 7 Sutra 53
Plava 5123
Moon 5 - Phase 6 - 7
Navami

1		Friday, June 4, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Pyinmana, Myanmar Sun 8 Sutra 54	
Meena Rasi: 8.46	Tithi 25	Gulika 6:58AM – 8:36AM	Uttaraproshtapada Until 9:33PM	Ganesha: Blue	<i>Sunrise:</i> 5:20AM			Plava 5123	
		Yama 3:08PM – 4:46PM	Ayushman Until 3:33AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:24PM			Moon 5 - Phase 7 - 8	2nd Phase
Creative Work	Siddha Yoga	312894461 Rahu 10:14AM – 11:52AM	Vanija Until 4:01PM	Nataraja: Clear					
			Dashami Until 4:55AM Sat	Moon – Clear				Sivaloka Day	
				Vaisaka-Vaikasi					

2		Saturday, June 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 55	
Meena Rasi: 20.54	Tithi 26	Gulika 5:20AM – 6:58AM	Revati Until 12:03AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:20AM			Plava 5123	
		Yama 1:30PM – 3:08PM	Saubhagya Until 4:19AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:24PM			Moon 5 - Phase 7 - 9	2nd Phase
Routine Work	Prabalarishta Yoga	312894461 Rahu 8:36AM – 10:14AM	Bava Until 5:59PM	Nataraja: Yellow					
Until 12:03AM Sun			Ekadashi* Until 7:06AM Sun	Moon – Clear				Sivaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi					

3		Sunday, June 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 56	
Mesha Rasi: 2.52	Tithi 26 – 27	Gulika 3:08PM – 4:46PM	Ashvini Until 3:12AM Mon	Ganesha: Blue	<i>Sunrise:</i> 5:20AM			Plava 5123	
		Yama 11:52AM – 1:30PM	Sobhana Until 5:19AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:24PM			Moon 5 - Phase 7 - 10	2nd Phase
Creative Work	Siddha Yoga	323894461 Rahu 4:46PM – 6:24PM	Kaulava Until 8:20PM	Nataraja: Yellow					
			Ekadashi* Until 7:06AM	Moon – White				Bhuloka Day	
				Vaisaka-Vaikasi				Devaloka Time: 3:PM to 6:PM	

4		Monday, June 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 57	
Mesha Rasi: 14.42	Tithi 27 – 28	Gulika 1:30PM – 3:09PM	Bharani Until 6:20AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:20AM			Plava 5123	
Family Home Evening		Yama 10:14AM – 11:52AM	Athiganda* Until 6:25AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:25PM			Moon 5 - Phase 7 - 11	2nd Phase
Creative Work	Siddha Yoga	323894461 Rahu 6:58AM – 8:36AM	Gara Until 10:54PM	Nataraja: Yellow					
			Dvadashi* Until 9:34AM	Moon – White				Bhuloka Day	
				Vaisaka-Vaikasi				Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata (Fasting)</i>					

5		Tuesday, June 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 58	
Mesha Rasi: 26.29	Tithi 28 – 29	Gulika 11:53AM – 1:31PM	Bharani Until 6:20AM	Ganesha: Red	<i>Sunrise:</i> 5:20AM			Plava 5123	
		Yama 8:36AM – 10:14AM	Athiganda* Until 6:25AM	Muruqa: Yellow	<i>Sunset:</i> 6:25PM			Moon 5 - Phase 7 - 12	2nd Phase
Creative Work	Siddha Yoga	323994461 Rahu 3:09PM – 4:47PM	Visti Until 1:31AM Wed	Nataraja: Yellow					
			Trayodashi* Until 12:11PM	Moon – White				Devaloka Day	
				Vaisaka-Vaikasi					

Retreat Star		Wednesday, June 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pyinmana, Myanmar Sun 13 Sutra 59	
Vrishabha Rasi: 8.16	Tithi 29 – 30	Gulika 10:15AM – 11:53AM	Krittika Until 9:20AM	Ganesha: Red	<i>Sunrise:</i> 5:20AM			Plava 5123	
		Yama 6:58AM – 8:36AM	Sukarma Until 7:32AM	Muruqa: Yellow	<i>Sunset:</i> 6:25PM			Moon 5 - Phase 7 - 13	Amavasya
Creative Work	Amrita Yoga	323994461 Rahu 11:53AM – 1:31PM	Catuspada Until 4:02AM Thu	Nataraja: Yellow					
Until 9:20AM			Chaturdashi* Until 2:46PM	Moon – White				Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi					

Retreat Star		Thursday, June 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pyinmana, Myanmar Sun 14 Sutra 60	
Vrishabha Rasi: 20.05	Tithi 30 – 1	Gulika 8:37AM – 10:15AM	Rohini Until 12:32PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM			Plava 5123	
		Yama 5:20AM – 6:58AM	Dhriti Until 8:35AM	Muruqa: Yellow	<i>Sunset:</i> 6:26PM			Moon 5 - Phase 7 - 14	Prathama
Routine Work	Marana Yoga	333994461 Rahu 1:31PM – 3:09PM	Kintughna Until 6:21AM Fri	Nataraja: Yellow					
			Amavasya* Until 5:12PM	Moon – Yellow				Devaloka Day	
				Jyeshtha-Vaikasi					

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1		Friday, June 11, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Pyinmana, Myanmar Sun 15 Sutra 61	
Mithuna Rasi: 1.59	Tithi 1	Gulika 6:59AM – 8:37AM	Mrigashira Until 3:20PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM			Plava 5123	
		Yama 3:10PM – 4:48PM	Shula* Until 9:25AM	Muruqa: Yellow	<i>Sunset:</i> 6:26PM			Moon 5 - Phase 8 - 15	
Creative Work	Siddha Yoga	343994461 Rahu 10:15AM – 11:53AM	Kintughna Until 6:21AM	Nataraja: Yellow				3rd Phase	
			Prathama* Until 7:22PM	Moon – Yellow				Devaloka Day	
				Jyeshtha-Vaikasi					
2		Saturday, June 12, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pyinmana, Myanmar Sun 16 Sutra 62	
Mithuna Rasi: 14.01	Tithi 2	Gulika 5:20AM – 6:59AM	Ardra Until 5:37PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM			Plava 5123	
		Yama 1:32PM – 3:10PM	Ganda* Until 10:01AM	Muruqa: Yellow	<i>Sunset:</i> 6:26PM			Moon 5 - Phase 8 - 16	
Creative Work	Siddha Yoga	343994461 Rahu 8:37AM – 10:15AM	Balava Until 8:20AM	Nataraja: Yellow				3rd Phase	
			Dvitiya Until 9:10PM	Moon – Yellow				Devaloka Day	
				Jyeshtha-Vaikasi					
3		Sunday, June 13, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vridhhi/Dhruva Yoga Tailila/Gara Karana Tritiyayam Titau				Pyinmana, Myanmar Sun 17 Sutra 63	
Mithuna Rasi: 26.13	Tithi 3	Gulika 3:10PM – 4:48PM	Punarvasu Until 7:50PM	Ganesha: Red	<i>Sunrise:</i> 5:21AM			Plava 5123	
		Yama 11:54AM – 1:32PM	Vridhhi Until 10:20AM	Muruqa: Yellow	<i>Sunset:</i> 6:27PM			Moon 5 - Phase 8 - 17	
Creative Work	Siddha Yoga	343994461 Rahu 4:48PM – 6:27PM	Tailila Until 9:55AM	Nataraja: Yellow				3rd Phase	
			Tritiya Until 10:32PM	Moon – Blue				Devaloka Day	
				Jyeshtha-Vaikasi					
4		Monday, June 14, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Dhruva/Nyaghata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Pyinmana, Myanmar Sun 18 Sutra 64	
Kataka Rasi: 8.35	Tithi 4	Gulika 1:32PM – 3:10PM	Pushya Until 9:25PM	Ganesha: Red	<i>Sunrise:</i> 5:21AM			Plava 5123	
Family Home Evening		Yama 10:16AM – 11:54AM	Dhruva Until 10:15AM	Muruqa: Yellow	<i>Sunset:</i> 6:27PM			Moon 5 - Phase 8 - 18	
Creative Work	Siddha Yoga	343994461 Rahu 6:59AM – 8:37AM	Vanija Until 11:03AM	Nataraja: Yellow				3rd Phase	
			Chaturthi* Until 11:25PM	Moon – Blue				Devaloka Day	
				Jyeshtha-Vaikasi					
5		Tuesday, June 15, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau				Pyinmana, Myanmar Sun 19 Sutra 65	
Kataka Rasi: 21.11	Tithi 5	Gulika 11:54AM – 1:32PM	Ashlesha* Until 10:21PM	Ganesha: Red	<i>Sunrise:</i> 5:21AM			Plava 5123	
		Yama 8:37AM – 10:16AM	Vyaghata* Until 9:48AM	Muruqa: Yellow	<i>Sunset:</i> 6:27PM			Moon 5 - Phase 8 - 19	
Creative Work	Siddha Yoga	343994461 Rahu 3:11PM – 4:49PM	Bava Until 11:41AM	Nataraja: Yellow				3rd Phase	
			Panchami Until 11:47PM	Moon – Blue				Devaloka Day	
				Jyeshtha-Ani					
6		Wednesday, June 16, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Tailila Karana Shashthyam Titau				Pyinmana, Myanmar Sun 20 Sutra 66	
Simha Rasi: 4.02	Tithi 6	Gulika 10:16AM – 11:54AM	Magha* Until 11:03PM	Ganesha: Blue	<i>Sunrise:</i> 5:21AM			Plava 5123	
		Yama 6:59AM – 8:38AM	Harshana Until 8:56AM	Muruqa: Yellow	<i>Sunset:</i> 6:27PM			Moon 5 - Phase 8 - 20	
Creative Work	Siddha Yoga	343994461 Rahu 11:54AM – 1:32PM	Kaulava Until 11:46AM	Nataraja: Yellow				3rd Phase	
Until 11:03PM			Shashthi* Until 11:35PM	Moon – Red				Sivaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani					
Retreat Star		Thursday, June 17, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 67	
Simha Rasi: 17.09	Tithi 7	Gulika 8:38AM – 10:16AM	Purvaphalguni Until 11:01PM	Ganesha: Blue	<i>Sunrise:</i> 5:21AM			Plava 5123	
		Yama 5:21AM – 6:59AM	Vajra* Until 7:36AM	Muruqa: Yellow	<i>Sunset:</i> 6:28PM			Moon 5 - Phase 8 - 21	
Creative Work	Siddha Yoga	343994461 Rahu 1:33PM – 3:11PM	Gara Until 11:18AM	Nataraja: Yellow				3rd Phase	
			Saptami Until 10:50PM	Moon – Red				Sivaloka Day	
				Jyeshtha-Ani					
Retreat Star		Friday, June 18, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 68	
Kanya Rasi: 1	Tithi 8	Gulika 7:00AM – 8:38AM	Uttaraphalguni Until 10:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:21AM			Plava 5123	
		Yama 3:11PM – 4:50PM	Vyatipata* Until 3:34AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:28PM			Moon 5 - Phase 8 - 22	
Creative Work	Siddha Yoga	343994461 Rahu 10:16AM – 11:55AM	Visti Until 10:15AM	Nataraja: Yellow				Ashtami	
Until 10:17PM			Ashtami* Until 9:29PM	Moon – Red				Sivaloka Day	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani					
Retreat Star		Saturday, June 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Pyinmana, Myanmar Sun 23 Sutra 69	
Kanya Rasi: 14.23	Tithi 9	Gulika 5:22AM – 7:00AM	Hasta Until 9:16PM	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM			Plava 5123	
		Yama 1:33PM – 3:11PM	Variyan Until 12:51AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:28PM			Moon 5 - Phase 8 - 23	
Routine Work	Marana Yoga	343994461 Rahu 8:38AM – 10:17AM	Balava Until 8:37AM	Nataraja: Yellow				Navami	
			Navami* Until 7:34PM	Moon – Green				Devaloka Day	
				Jyeshtha-Ani					

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

mes are standard time. Calculated for Pyinmana, Myanmar on 5/2

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1	Sunday, June 20, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 24 Sutra 70
	Kanya Rasi: 28.3	Tithi 10 – 11	Gulika 3:12PM – 4:50PM	Chitra Until 7:36PM	Ganesha: White <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:28PM	Plava 5123
			Yama 11:55AM – 1:33PM	Parigha* Until 9:45PM	Muruqa: Yellow		Moon 5 - Phase 9 - 24
	Creative Work Siddha Yoga	364994461	Rahu 4:50PM – 6:28PM	Taitila Until 6:27AM	Nataraja: Yellow		4th Phase
		Father's Day	Dashami Until 5:09PM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

2	Monday, June 21, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 25 Sutra 71
	Tula Rasi: 12.57	Tithi 11 – 12	Gulika 1:34PM – 3:12PM	Svati Until 5:23PM	Ganesha: White <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:29PM	Plava 5123
	Family Home Evening	364994461	Yama 10:17AM – 11:55AM	Shiva Until 6:18PM	Muruqa: Yellow		Moon 5 - Phase 9 - 25
	Creative Work Amrita Yoga		Rahu 7:00AM – 8:39AM	Bava Until 12:46AM Tue	Nataraja: Yellow		4th Phase
			Ekadashi Until 2:19PM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 5:23PM Then Routine Work - Marana Yoga							

3	Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pyinmana, Myanmar Sun 26 Sutra 72
	Tula Rasi: 27.4	Tithi 12 – 13	Gulika 11:55AM – 1:34PM	Vishakha Until 3:07PM	Ganesha: Clear <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:29PM	Plava 5123
			Yama 8:39AM – 10:17AM	Siddha Until 2:35PM	Muruqa: Yellow		Moon 5 - Phase 9 - 26
	Routine Work Marana Yoga	374994461	Rahu 3:12PM – 4:50PM	Kaulava Until 9:29PM	Nataraja: Yellow		4th Phase
			Dvadashi Until 11:08AM	Jyeshtha-Ani	Devaloka Day		
Until 3:07PM Then Creative Work - Siddha Yoga							
<i>Pradosha Vrata</i>							

4	Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pyinmana, Myanmar Sun 27 Sutra 73
	Vrischika Rasi: 12.35	Tithi 13 – 14	Gulika 10:17AM – 11:56AM	Anuradha Until 12:32PM	Ganesha: Clear <i>Sunrise:</i> 5:22AM	<i>Sunset:</i> 6:29PM	Plava 5123
			Yama 7:01AM – 8:39AM	Sadhya Until 10:43AM	Muruqa: Yellow		Moon 5 - Phase 9 - 27
	Creative Work Siddha Yoga	374994461	Rahu 11:56AM – 1:34PM	Gara Until 6:02PM	Nataraja: Yellow		4th Phase
			Trayodashi Until 7:45AM	Jyeshtha-Ani	Devaloka Day		

	Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Pyinmana, Myanmar Sun 27 Sutra 74
	Copper Retreat Star		Gulika 8:39AM – 10:18AM	Jyeshtha* Until 9:47AM	Ganesha: Clear <i>Sunrise:</i> 5:23AM	<i>Sunset:</i> 6:29PM	Plava 5123
	Vrischika Rasi: 27.33	Tithi 15	Yama 5:23AM – 7:01AM	Subha Until 6:50AM	Muruqa: Yellow		Moon 5 - Phase 9 - Purnima
			374994461 Rahu 1:34PM – 3:13PM	Visti Until 2:36PM	Nataraja: Yellow		Purnima
			Purnima* Until 12:55AM Fri	Jyeshtha-Ani	Devaloka Day		
Routine Work Prabalarishta Yoga Until 9:47AM Then Creative Work - Siddha Yoga							

5	Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Pyinmana, Myanmar Sun 28 Sutra 75
	Silver Retreat Star		Gulika 7:01AM – 8:39AM	Mula* Until 7:25AM	Ganesha: Purple <i>Sunrise:</i> 5:23AM	<i>Sunset:</i> 6:29PM	Plava 5123
	Dhanus Rasi: 12.27	Tithi 16	Yama 3:13PM – 4:51PM	Brahma Until 11:22PM	Muruqa: Yellow		Moon 5 - Phase 9 - Prathama
			384994461 Rahu 10:18AM – 11:56AM	Balava Until 11:19AM	Nataraja: Yellow		
			Prathama* Until 9:46PM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Creative Work Amrita Yoga Until 7:25AM Then Routine Work - Prabalarishta Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

mes are standard time. Calculated for Pyinmana, Myanmar on 5/2

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Saturday, June 26, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 76
Plava 5123
Moon 6 - Phase 10 - 1
1st Phase

Dhanus Rasi: 27.09 Tithi 17
384994461
Routine Work Marana Yoga
Until 3:14AM Sun
Then Creative Work - Amrita Yoga

Gulika 5:23AM – 7:01AM
Yama 1:35PM – 3:13PM
Rahu 8:40AM – 10:18AM

Uttarashadha Until 3:14AM Sun
Indra Until 8:04PM
Taitila Until 8:20AM
Dvitiya Until 6:59PM

Ganesha: Purple *Sunrise:* 5:23AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Sunday, June 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar
Sun 2 Sutra 77
Plava 5123
Moon 6 - Phase 10 - 2
1st Phase

Makara Rasi: 11.32 Tithi 18 – 19
394994461
Creative Work Amrita Yoga
Until 2:09AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:13PM – 4:51PM
Yama 11:57AM – 1:35PM
Rahu 4:51PM – 6:30PM

Shravana Until 2:09AM Mon
Vaidhriti* Until 5:11PM
Bava Until 3:50AM Mon
Tritiya Until 4:43PM

Ganesha: Clear *Sunrise:* 5:23AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

2

Monday, June 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 78
Plava 5123
Moon 6 - Phase 10 - 3
1st Phase

Makara Rasi: 25.32 Tithi 19 – 20
394994461
Family Home Evening
Creative Work Siddha Yoga
Until 1:37AM Tue
Then Routine Work - Marana Yoga

Gulika 1:35PM – 3:13PM
Yama 10:18AM – 11:57AM
Rahu 7:02AM – 8:40AM

Dhanishtha Until 1:37AM Tue
Vishkambha* Until 2:51PM
Kaulava Until 2:35AM Tue
Chaturthi* Until 3:06PM

Ganesha: Clear *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

3

Tuesday, June 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 79
Plava 5123
Moon 6 - Phase 10 - 4
1st Phase

Kumbha Rasi: 9.06 Tithi 20 – 21
394994461
Routine Work Marana Yoga
Until 1:42AM Wed
Then Creative Work - Amrita Yoga

Gulika 11:57AM – 1:35PM
Yama 8:40AM – 10:19AM
Rahu 3:13PM – 4:52PM

Shatabhishak Until 1:42AM Wed
Priti Until 1:08PM
Gara Until 2:07AM Wed
Panchami Until 2:14PM

Ganesha: Clear *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Devaloka Day

4

Wednesday, June 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproskthapada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 80
Plava 5123
Moon 6 - Phase 10 - 5
1st Phase

Kumbha Rasi: 22.14 Tithi 21 – 22
314994461
Creative Work Amrita Yoga
Until 2:52AM Thu
Then Creative Work - Siddha Yoga

Gulika 10:19AM – 11:57AM
Yama 7:02AM – 8:41AM
Rahu 11:57AM – 1:35PM

Purvaproskthapada* Until 2:52AM Thu
Ayushman Until 12:02PM
Visti Until 2:27AM Thu
Shashthi* Until 2:10PM

Ganesha: Yellow *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

5

Thursday, July 1, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproskthapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 81
Plava 5123
Moon 6 - Phase 10 - 6
1st Phase

Meena Rasi: 4.58 Tithi 22 – 23
314994461
Creative Work Siddha Yoga

Gulika 8:41AM – 10:19AM
Yama 5:24AM – 7:03AM
Rahu 1:36PM – 3:14PM

Uttaraproskthapada Until 4:38AM Fri
Saubhagya Until 11:34AM
Balava Until 3:32AM Fri
Sapthami Until 2:53PM

Ganesha: Yellow *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

D

Friday, July 2, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 82
Plava 5123
Moon 6 - Phase 10 - 7
Ashtami

Meena Rasi: 17.21 Tithi 23 – 24
315994461
Creative Work Siddha Yoga

Gulika 7:03AM – 8:41AM
Yama 3:14PM – 4:52PM
Rahu 10:19AM – 11:58AM

Revati Until 6:51AM Sat
Sobhana Until 11:41AM
Taitila Until 5:17AM Sat
Ashtami* Until 4:19PM

Ganesha: White *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

Saturday, July 3, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara Karana Navamyam Titau

Pyinmana, Myanmar
Sun 8 Sutra 83
Plava 5123
Moon 6 - Phase 10 - 8
Navami

Meena Rasi: 29.29 Tithi 24
315194461
Routine Work Prabalarishta Yoga
Until 6:51AM
Then Creative Work - Siddha Yoga

Gulika 5:25AM – 7:03AM
Yama 1:36PM – 3:14PM
Rahu 8:41AM – 10:20AM

Revati Until 6:51AM
Athiganda* Until 12:14PM
Gara Until 6:20PM
Navami* Until 6:20PM

Ganesha: White *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

1 Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Pyinmana, Myanmar Sun 9 Sutra 84
Mesha Rasi: 11.25	Tithi 25	Gulika 3:14PM - 4:52PM	Ashvini Until 9:52AM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Plava 5123
		Yama 11:58AM - 1:36PM	Sukarma Until 1:08PM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 11 - 9
		325194461 Rahu 4:52PM - 6:30PM	Vanija Until 7:31AM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 8:43PM	Moon - White		Devaloka Day
Until 9:52AM				Jyeshtha-Ani		
Then Routine Work - Prabalarishta Yoga						

2 Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 85
Mesha Rasi: 23.14	Tithi 26	Gulika 1:36PM - 3:14PM	Bharani Until 12:57PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Plava 5123
Family Home Evening		Yama 10:20AM - 11:58AM	Dhriti Until 2:14PM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 11 - 10
Creative Work	Siddha Yoga	325194461 Rahu 7:04AM - 8:42AM	Bava Until 10:01AM	Nataraja: Yellow		2nd Phase
Until 12:57PM			Ekadashi* Until 11:18PM	Moon - White		Devaloka Day
Then Routine Work - Marana Yoga						

3 Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Tailita Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 86
Vrishabha Rasi: 5.01	Tithi 27	Gulika 11:58AM - 1:36PM	Krittika Until 3:56PM	Ganesha: White	<i>Sunrise:</i> 5:26AM	Plava 5123
		Yama 8:42AM - 10:20AM	Shula* Until 3:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 11
		425194461 Rahu 3:14PM - 4:52PM	Kaulava Until 12:36PM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:50AM Wed	Moon - White		Sivaloka Day
Until 3:56PM				Jyeshtha-Ani		
Then Creative Work - Amrita Yoga						

4 Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 87
Vrishabha Rasi: 16.5	Tithi 28	Gulika 10:20AM - 11:58AM	Rohini Until 7:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Plava 5123
		Yama 7:04AM - 8:42AM	Ganda* Until 4:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 12
		435194461 Rahu 11:58AM - 1:36PM	Gara Until 3:04PM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:10AM Thu	Moon - Yellow		Devaloka Day
<i>Pradosha Vrata (Fasting)</i>						

5 Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 13 Sutra 88
Vrishabha Rasi: 28.45	Tithi 29	Gulika 8:43AM - 10:21AM	Mrigashira Until 9:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Plava 5123
		Yama 5:27AM - 7:05AM	Vridhi Until 5:07PM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 13
		435194461 Rahu 1:37PM - 3:15PM	Visti Until 5:13PM	Nataraja: Yellow		2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 6:08AM Fri	Moon - Yellow		Devaloka Day

Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pyinmana, Myanmar Sun 14 Sutra 89
Retreat Star		Gulika 7:05AM - 8:43AM	Ardra Until 11:54PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Plava 5123
Mithuna Rasi: 10.48	Tithi 29 - 30	Yama 3:15PM - 4:53PM	Dhruva Until 5:33PM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 6 - Phase 11 - 14
		435194461 Rahu 10:21AM - 11:59AM	Catuspada Until 6:58PM	Nataraja: Yellow		Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 6:08AM	Moon - Yellow		Devaloka Day

Saturday, July 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pyinmana, Myanmar Sun 15 Sutra 90
Retreat Star		Gulika 5:27AM - 7:05AM	Punarvasu Until 1:52AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:27AM	Plava 5123
Mithuna Rasi: 23.02	Tithi 30 - 1	Yama 1:37PM - 3:15PM	Vyaghata* Until 5:38PM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 11 - 15
		445194461 Rahu 8:43AM - 10:21AM	Kintughna Until 8:13PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 7:38AM	Moon - Blue		Devaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1 Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pyinmana, Myanmar Sun 16 Sutra 91
Kataka Rasi: 5.29	Tithi 1 – 2	Gulika 3:15PM – 4:53PM	Pushya Until 3:11AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:28AM	Plava 5123
		Yama 11:59AM – 1:37PM	Harshana Until 5:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 12 - 16
445194461	Rahu 4:53PM – 6:30PM		Balava Until 8:59PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 8:39AM	Moon – Blue		Devaloka Day
				Ashada*Ani		

2 Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Pyinmana, Myanmar Sun 17 Sutra 92
Kataka Rasi: 18.09	Tithi 2 – 3	Gulika 1:37PM – 3:15PM	Ashlesha* Until 3:53AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	Plava 5123
Family Home Evening		Yama 10:21AM – 11:59AM	Vajra* Until 4:38PM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 12 - 17
446194461	Rahu 7:06AM – 8:43AM		Taitila Until 9:16PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:10AM	Moon – Blue		Bhuloka Day
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM

3 Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Pyinmana, Myanmar Sun 18 Sutra 93
Simha Rasi: 1.03	Tithi 3 – 4	Gulika 11:59AM – 1:37PM	Magha* Until 4:28AM Wed	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	Plava 5123
		Yama 8:44AM – 10:21AM	Siddhi Until 3:35PM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 12 - 18
456194461	Rahu 3:15PM – 4:53PM		Vanija Until 9:06PM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:13AM	Moon – Red		Bhuloka Day
Until 4:28AM Wed				Ashada*Ani		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

4 Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Pyinmana, Myanmar Sun 19 Sutra 94
Simha Rasi: 14.1	Tithi 4 – 5	Gulika 10:22AM – 11:59AM	Purvaphalguni Until 4:29AM Thu	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Plava 5123
		Yama 7:06AM – 8:44AM	Vyatipata* Until 2:12PM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 12 - 19
456194461	Rahu 11:59AM – 1:37PM		Bava Until 8:31PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:51AM	Moon – Red		Bhuloka Day
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM

5 Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pyinmana, Myanmar Sun 20 Sutra 95
Simha Rasi: 27.3	Tithi 5 – 6	Gulika 8:44AM – 10:22AM	Uttaraphalguni Until 3:59AM Fri	Ganesha: Blue	<i>Sunrise:</i> 5:29AM	Plava 5123
		Yama 5:29AM – 7:06AM	Variyan Until 12:29PM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 12 - 20
456194461	Rahu 1:37PM – 3:15PM		Kaulava Until 7:33PM	Nataraja: Yellow		3rd Phase
Amrita Yoga		Chidambaram Abhishekam	Panchami Until 8:04AM	Moon – Red		Bhuloka Day
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM

6 Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 96
Kanya Rasi: 11.03	Tithi 6 – 7	Gulika 7:07AM – 8:44AM	Hasta Until 3:25AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Plava 5123
		Yama 3:15PM – 4:52PM	Parigha* Until 10:29AM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 12 - 21
466194461	Rahu 10:22AM – 12:00PM		Gara Until 6:13PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 6:55AM	Moon – Green		Devaloka Day
Until 3:25AM Sat				Ashada*Adi		
Then Routine Work - Marana Yoga						

☾ Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 97
Retreat Star		Gulika 5:29AM – 7:07AM	Chitra Until 2:20AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Plava 5123
Kanya Rasi: 24.49	Tithi 8	Yama 1:37PM – 3:15PM	Shiva Until 8:11AM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 12 - 22
466195462	Rahu 8:45AM – 10:22AM		Visti Until 4:31PM	Nataraja: White		Ashtami
Routine Work	Marana Yoga		Ashtami* Until 3:31AM Sun	Moon – Green		Subha Sivaloka Day
Until 2:20AM Sun				Ashada*Adi		
Then Creative Work - Siddha Yoga						

☽ Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Pyinmana, Myanmar Sun 23 Sutra 98
Retreat Star		Gulika 3:15PM – 4:52PM	Svati Until 12:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Plava 5123
Tula Rasi: 8.48	Tithi 9	Yama 12:00PM – 1:37PM	Sadhya Until 2:43AM Mon	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 6 - Phase 12 - 23
466195462	Rahu 4:52PM – 6:30PM		Balava Until 2:28PM	Nataraja: White		Navami
Creative Work	Siddha Yoga		Navami* Until 1:18AM Mon	Moon – Green		Subha Sivaloka Day
Until 12:48AM Mon				Ashada*Adi		
Then Routine Work - Marana Yoga						


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Monday, July 19, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Pyinmana, Myanmar	
			Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 99	
Tula Rasi: 23	Tithi 10	Gulika	1:37PM – 3:15PM	Vishakha Until 11:14PM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM
Family Home Evening	477195462	Yama	10:22AM – 12:00PM	Subha Until 11:38PM	Muruqa: White	<i>Sunset:</i> 6:29PM
Routine Work Marana Yoga		Rahu	7:08AM – 8:45AM	Taitila Until 12:07PM	Nataraja: White	Moon 6 - Phase 13 - 24
Until 11:14PM				Dashami Until 10:49PM	Moon – Orange	4th Phase
Then Creative Work - Siddha Yoga					Ashada•Adi	Subha Sivaloka Day

2	Tuesday, July 20, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Pyinmana, Myanmar	
			Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25 Sutra 100	
Vrischika Rasi: 7.23	Tithi 11	Gulika	12:00PM – 1:37PM	Anuradha Until 9:19PM	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM
	477195462	Yama	8:45AM – 10:23AM	Sukla Until 8:20PM	Muruqa: White	<i>Sunset:</i> 6:29PM
Creative Work Siddha Yoga		Rahu	3:15PM – 4:52PM	Vanija Until 9:29AM	Nataraja: White	Moon 6 - Phase 13 - 25
Until 9:19PM				Ekadashi Until 8:05PM	Moon – Orange	4th Phase
Then Routine Work - Marana Yoga					Ashada•Adi	Subha Sivaloka Day

3	Wednesday, July 21, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Pyinmana, Myanmar	
			Jyeshtha* Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 101	
Vrischika Rasi: 21.56	Tithi 12 – 13	Gulika	10:23AM – 12:00PM	Jyeshtha* Until 7:07PM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM
	477195462	Yama	7:08AM – 8:45AM	Brahma Until 4:55PM	Muruqa: White	<i>Sunset:</i> 6:29PM
Creative Work Siddha Yoga		Rahu	12:00PM – 1:37PM	Bava Until 6:41AM	Nataraja: White	Moon 6 - Phase 13 - 26
Until 7:07PM				Dvadashi Until 5:13PM	Moon – Orange	4th Phase
Then Routine Work - Marana Yoga					Ashada•Adi	Subha Sivaloka Day

4	Thursday, July 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Pyinmana, Myanmar	
			Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 102	
Dhanus Rasi: 6.32	Tithi 13 – 14	Gulika	8:46AM – 10:23AM	Mula* Until 5:09PM	Ganesha: White	<i>Sunrise:</i> 5:31AM
	487195462	Yama	5:31AM – 7:08AM	Indra Until 1:30PM	Muruqa: White	<i>Sunset:</i> 6:29PM
Creative Work Siddha Yoga		Rahu	1:37PM – 3:14PM	Gara Until 12:53AM Fri	Nataraja: White	Moon 6 - Phase 13 - 27
				Trayodashi Until 2:18PM	Moon – Light Blue	4th Phase
					Ashada•Adi	Subha Subha Sivaloka Day

	Friday, July 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Pyinmana, Myanmar	
	Copper Retreat Star		Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 103	
Dhanus Rasi: 21.07	Tithi 14 – 15	Gulika	7:09AM – 8:46AM	Purvashadha* Until 3:09PM	Ganesha: White	<i>Sunrise:</i> 5:31AM
	487195462	Yama	3:14PM – 4:51PM	Vaidhriti* Until 10:06AM	Muruqa: White	<i>Sunset:</i> 6:29PM
Routine Work Prabalarishta Yoga		Rahu	10:23AM – 12:00PM	Visti Until 10:09PM	Nataraja: White	Moon 6 - Phase 13 - Purnima
Until 3:09PM				Chaturdashi* Until 11:28AM	Moon – Light Blue	
Then Routine Work - Marana Yoga		Satguru Purnima			Ashada•Adi	Subha Subha Sivaloka Day

Silver Retreat Star	Saturday, July 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mani Vasara Yuktayam		Pyinmana, Myanmar	
			Uttarashadha/Shravana Nakshatra Vishkambha* Prili Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 104	
Makara Rasi: 5.34	Tithi 15 – 16	Gulika	5:32AM – 7:09AM	Uttarashadha Until 1:16PM	Ganesha: White	<i>Sunrise:</i> 5:32AM
	487195462	Yama	1:37PM – 3:14PM	Vishkambha* Until 6:54AM	Muruqa: White	<i>Sunset:</i> 6:28PM
Routine Work Marana Yoga		Rahu	8:46AM – 10:23AM	Balava Until 7:42PM	Nataraja: White	Moon 6 - Phase 13 - Prathama
Until 1:16PM				Purnima* Until 8:51AM	Moon – Light Blue	
Then Creative Work - Siddha Yoga					Ashada•Adi	Subha Subha Sivaloka Day



Sunday, July 25, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar
Sutra 105

Makara Rasi: 19.47 Tithi 16 - 17

Gulika 3:14PM - 4:51PM
Yama 12:00PM - 1:37PM
497195462 **Rahu** 4:51PM - 6:28PM

Shravana Until 12:02PM
Ayushman Until 1:27AM Mon
Gara Until 4:50AM Mon
Prathama* Until 6:36AM

Ganesha: Clear *Sunrise: 5:32AM*
Muruqa: White *Sunset: 6:28PM*
Nataraja: White
Moon - Purple
Ashada-Adi

Moon 7 - Phase 14 -
1st Phase

Creative Work Amrita Yoga
Until 12:02PM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

1

Monday, July 26, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 106

Kumbha Rasi: 3.41 Tithi 18

Gulika 1:37PM - 3:14PM
Yama 10:23AM - 12:00PM
498195462 **Rahu** 7:09AM - 8:46AM

Dhanishtha Until 11:12AM
Saubhagya Until 11:24PM
Vanija Until 4:12PM
Tritiya Until 3:42AM Tue

Ganesha: White *Sunrise: 5:32AM*
Muruqa: White *Sunset: 6:28PM*
Nataraja: White
Moon - Purple
Ashada-Adi

Moon 7 - Phase 14 - 1
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Sivaloka Day

2

Tuesday, July 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar
Sun 2 Sutra 107

Kumbha Rasi: 17.13 Tithi 19

Gulika 12:00PM - 1:37PM
Yama 8:46AM - 10:23AM
498195462 **Rahu** 3:14PM - 4:51PM

Shatabhishak Until 10:51AM
Sobhana Until 9:57PM
Bava Until 3:25PM
Chaturthi* Until 3:17AM Wed

Ganesha: White *Sunrise: 5:33AM*
Muruqa: White *Sunset: 6:27PM*
Nataraja: White
Moon - Purple
Ashada-Adi

Moon 7 - Phase 14 - 2
1st Phase

Routine Work Marana Yoga

Sivaloka Day

3

Wednesday, July 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 108

Meena Rasi: 0.2 Tithi 20

Gulika 10:23AM - 12:00PM
Yama 7:10AM - 8:46AM
418295462 **Rahu** 12:00PM - 1:37PM

Purvaproshtapada* Until 11:33AM
Athiganda* Until 9:04PM
Kaulava Until 3:23PM
Panchami Until 3:39AM Thu

Ganesha: Yellow *Sunrise: 5:33AM*
Muruqa: White *Sunset: 6:27PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Moon 7 - Phase 14 - 3
1st Phase

Creative Work Amrita Yoga
Until 11:33AM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

4

Thursday, July 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 109

Meena Rasi: 13.05 Tithi 21

Gulika 8:47AM - 10:23AM
Yama 5:33AM - 7:10AM
418295462 **Rahu** 1:37PM - 3:13PM

Uttaraproshtapada Until 12:51PM
Sukarma Until 8:49PM
Gara Until 4:08PM
Shashthi* Until 4:45AM Fri

Ganesha: Yellow *Sunrise: 5:33AM*
Muruqa: White *Sunset: 6:27PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Moon 7 - Phase 14 - 4
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

5

Friday, July 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 110

Meena Rasi: 25.29 Tithi 22

Gulika 7:10AM - 8:47AM
Yama 3:13PM - 4:50PM
418295462 **Rahu** 10:23AM - 12:00PM

Revati Until 2:41PM
Dhriti Until 9:06PM
Visti Until 5:35PM
Saptami Until 6:31AM Sat

Ganesha: Yellow *Sunrise: 5:33AM*
Muruqa: White *Sunset: 6:26PM*
Nataraja: White
Moon - Clear
Ashada-Adi

Moon 7 - Phase 14 - 5
1st Phase

Creative Work Siddha Yoga
Until 2:41PM
Then Creative Work - Amrita Yoga

Subha Sivaloka Day

Retreat Star

Saturday, July 31, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 111

Mesha Rasi: 7.37 Tithi 22 - 23

Gulika 5:34AM - 7:10AM
Yama 1:36PM - 3:13PM
428215462 **Rahu** 8:47AM - 10:23AM

Ashvini Until 5:25PM
Shula* Until 9:48PM
Balava Until 7:37PM
Saptami Until 6:31AM

Ganesha: Blue *Sunrise: 5:34AM*
Muruqa: White *Sunset: 6:26PM*
Nataraja: White
Moon - White
Ashada-Adi

Moon 7 - Phase 14 - 6
Ashtami

Creative Work Siddha Yoga

Subha Sivaloka Day

Sunday, August 1, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 112

Mesha Rasi: 19.34 Tithi 23 - 24

Gulika 3:13PM - 4:49PM
Yama 12:00PM - 1:36PM
429215462 **Rahu** 4:49PM - 6:26PM

Bharani Until 8:23PM
Ganda* Until 10:46PM
Taitila Until 10:01PM
Ashtami* Until 8:46AM

Ganesha: Red *Sunrise: 5:34AM*
Muruqa: White *Sunset: 6:26PM*
Nataraja: White
Moon - White
Ashada-Adi

Moon 7 - Phase 14 - 7
Navami

Routine Work Prabalarishta Yoga
Until 8:23PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

Monday, August 2, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Pinyinmana, Myanmar Sun 8 Sutra 113 Plava 5123	
1	Vrishabha Rasi: 1.23	Tithi 24 – 25	Gulika 1:36PM – 3:13PM	Krittika Until 11:19PM	Ganesha: Red	<i>Sunrise:</i> 5:34AM	
	Family Home Evening	439215462	Rahu 7:11AM – 8:47AM	Vridhi Until 11:52PM	Muruga: White	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 15 - 8
	Routine Work	Marana Yoga		Vanija Until 12:34AM Tue	Nataraja: White		2nd Phase
	Until 11:19PM			Navami* Until 11:16AM	Ashada-Adi		Subha Sivaloka Day
	Then Creative Work - Amrita Yoga						

Tuesday, August 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Pinyinmana, Myanmar Sun 9 Sutra 114 Plava 5123	
2	Vrishabha Rasi: 13.11	Tithi 25 – 26	Gulika 12:00PM – 1:36PM	Rohini Until 2:30AM Wed	Ganesha: Green	<i>Sunrise:</i> 5:35AM	
		439215462	Rahu 3:12PM – 4:49PM	Dhruva Until 12:50AM Wed	Muruga: White	<i>Sunset:</i> 6:25PM	Moon 7 - Phase 15 - 9
	Creative Work	Amrita Yoga		Bava Until 3:01AM Wed	Nataraja: White		2nd Phase
	Until 2:30AM Wed			Dashami Until 1:48PM	Ashada-Adi		Sivaloka Day
	Then Creative Work - Siddha Yoga						

Wednesday, August 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pinyinmana, Myanmar Sun 10 Sutra 115 Plava 5123	
3	Vrishabha Rasi: 25.04	Tithi 26 – 27	Gulika 10:23AM – 12:00PM	Mrigashira Until 5:12AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:35AM	
		439215462	Rahu 12:00PM – 1:36PM	Vyaghata* Until 1:36AM Thu	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 15 - 10
	Creative Work	Siddha Yoga		Kaulava Until 5:07AM Thu	Nataraja: White		2nd Phase
	Until 5:12AM Thu			Ekadashi* Until 4:06PM	Ashada-Adi		Sivaloka Day
	Then Routine Work - Marana Yoga						

Thursday, August 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Pinyinmana, Myanmar Sun 11 Sutra 116 Plava 5123	
4	Mithuna Rasi: 7.04	Tithi 27 – 28	Gulika 8:47AM – 10:23AM	Ardra Until 7:15AM Fri	Ganesha: Green	<i>Sunrise:</i> 5:35AM	
		439215462	Rahu 1:36PM – 3:12PM	Harshana Until 2:00AM Fri	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 15 - 11
	Routine Work	Marana Yoga		Gara Until 6:44AM Fri	Nataraja: White		2nd Phase
	Until 7:15AM Fri			Dvadashi* Until 5:58PM	Ashada-Adi		Sivaloka Day
	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

Friday, August 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Pinyinmana, Myanmar Sun 12 Sutra 117 Plava 5123	
5	Mithuna Rasi: 19.16	Tithi 28	Gulika 7:11AM – 8:47AM	Ardra Until 7:15AM	Ganesha: Green	<i>Sunrise:</i> 5:35AM	
		439215462	Rahu 10:23AM – 11:59AM	Vajra* Until 1:56AM Sat	Muruga: White	<i>Sunset:</i> 6:24PM	Moon 7 - Phase 15 - 12
	Creative Work	Siddha Yoga		Gara Until 6:44AM	Nataraja: White		2nd Phase
				Trayodashi* Until 7:18PM	Ashada-Adi		Sivaloka Day

Saturday, August 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pinyinmana, Myanmar Sun 13 Sutra 118 Plava 5123	
6	Kataka Rasi: 1.43	Tithi 29	Gulika 5:36AM – 7:12AM	Punarvasu Until 9:04AM	Ganesha: White	<i>Sunrise:</i> 5:36AM	
		449215462	Rahu 8:47AM – 10:23AM	Siddhi Until 1:25AM Sun	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 15 - 13
	Creative Work	Siddha Yoga		Visti Until 7:46AM	Nataraja: White		2nd Phase
				Chaturdashi* Until 8:02PM	Ashada-Adi		Sivaloka Day

Sunday, August 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pinyinmana, Myanmar Sun 14 Sutra 119 Plava 5123	
Retreat Star	Kataka Rasi: 14.26	Tithi 30	Gulika 3:11PM – 4:47PM	Pushya Until 10:08AM	Ganesha: White	<i>Sunrise:</i> 5:36AM	
		449215462	Rahu 4:47PM – 6:23PM	Vyatipata* Until 12:26AM Mon	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 7 - Phase 15 - 14
	Creative Work	Siddha Yoga		Catuspada Until 8:12AM	Nataraja: White		Amavasya
				Amavasya* Until 8:10PM	Ashada-Adi		Sivaloka Day

Monday, August 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Pinyinmana, Myanmar Sun 15 Sutra 120 Plava 5123	
Retreat Star	Kataka Rasi: 27.26	Tithi 1	Gulika 1:35PM – 3:11PM	Ashlesha* Until 10:29AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:36AM	
		441215462	Rahu 7:12AM – 8:48AM	Variyan Until 11:01PM	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 15 - 15
	Family Home Evening			Kintughna Until 8:03AM	Nataraja: White		Prathama
	Creative Work	Siddha Yoga		Prathama* Until 7:46PM	Sravana-Adi		Sivaloka Day
	Until 10:29AM						
	Then Routine Work - Marana Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1	Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* /Purvaphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvityayam Titau				Pyinmana, Myanmar Sun 16 Sutra 121	
	Simha Rasi: 10.43	Tithi 2	Gulika 11:59AM – 1:35PM	Magha* Until 10:40AM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM		Plava 5123
			Yama 8:48AM – 10:23AM	Parigha* Until 9:15PM	Muruqa: White	<i>Sunset:</i> 6:22PM	Moon 7 - Phase 16 - 16	
	Creative Work	Siddha Yoga	451215462 Rahu 3:10PM – 4:46PM	Balava Until 7:24AM	Nataraja: White		3rd Phase	
			Dvitiya Until 6:54PM	Moon – Red			Sivaloka Day	
				Sravana-Adi				

2	Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Pyinmana, Myanmar Sun 17 Sutra 122	
	Simha Rasi: 24.13	Tithi 3 – 4	Gulika 10:23AM – 11:59AM	Purvaphalguni Until 10:18AM	Ganesha: Purple	<i>Sunrise:</i> 5:37AM		Plava 5123
			Yama 7:12AM – 8:48AM	Shiva Until 7:13PM	Muruqa: White	<i>Sunset:</i> 6:21PM	Moon 7 - Phase 16 - 17	
	Creative Work	Amrita Yoga	451215462 Rahu 11:59AM – 1:34PM	Taitila Until 6:21AM	Nataraja: White		3rd Phase	
			Tritiya Until 5:41PM	Moon – Red			Sivaloka Day	
				Sravana-Adi				

3	Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau				Pyinmana, Myanmar Sun 18 Sutra 123	
	Kanya Rasi: 7.54	Tithi 4 – 5	Gulika 8:48AM – 10:23AM	Uttaraphalguni Until 9:29AM	Ganesha: Purple	<i>Sunrise:</i> 5:37AM		Plava 5123
			Yama 5:37AM – 7:12AM	Siddha Until 4:56PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 7 - Phase 16 - 18	
		Amrita Yoga	451215462 Rahu 1:34PM – 3:10PM	Bava Until 3:22AM Fri	Nataraja: White		3rd Phase	
Until 9:29AM			Chaturthi* Until 4:11PM	Moon – Red			Sivaloka Day	
Then Routine Work - Marana Yoga				Sravana-Adi				

4	Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Pyinmana, Myanmar Sun 19 Sutra 124	
	Kanya Rasi: 21.44	Tithi 5 – 6	Gulika 7:12AM – 8:48AM	Hasta Until 8:44AM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM		Plava 5123
			Yama 3:09PM – 4:45PM	Sadhya Until 2:30PM	Muruqa: White	<i>Sunset:</i> 6:20PM	Moon 7 - Phase 16 - 19	
	Creative Work	Amrita Yoga	461215462 Rahu 10:23AM – 11:58AM	Kaulava Until 1:35AM Sat	Nataraja: White		3rd Phase	
Until 8:44AM			Panchami Until 2:29PM	Moon – Green			Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Sravana-Adi				

5	Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Pyinmana, Myanmar Sun 20 Sutra 125	
	Tula Rasi: 5.4	Tithi 6 – 7	Gulika 5:37AM – 7:13AM	Chitra Until 7:41AM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM		Plava 5123
			Yama 1:34PM – 3:09PM	Subha Until 11:57AM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 7 - Phase 16 - 20	
	Routine Work	Marana Yoga	461215462 Rahu 8:48AM – 10:23AM	Gara Until 11:40PM	Nataraja: White		3rd Phase	
Until 7:41AM			Shashthi* Until 12:37PM	Moon – Green			Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Sravana-Adi				

☽	Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Vanija/Vistri* Karana Saptami/Ashtamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 126	
	Retreat Star		Gulika 3:08PM – 4:44PM	Svati Until 6:21AM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM		Plava 5123
	Tula Rasi: 19.42	Tithi 7 – 8	Yama 11:58AM – 1:33PM	Sukla Until 9:16AM	Muruqa: White	<i>Sunset:</i> 6:19PM	Moon 7 - Phase 16 - 21	
	Creative Work	Siddha Yoga	461215462 Rahu 4:44PM – 6:19PM	Vistri Until 9:38PM	Nataraja: White		Ashtami	
Until 6:21AM			Saptami Until 10:39AM	Moon – Green			Subha Sivaloka Day	
Then Routine Work - Marana Yoga				Sravana-Adi				

☽	Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 127	
	Retreat Star		Gulika 1:33PM – 3:08PM	Anuradha Until 3:49AM Tue	Ganesha: White	<i>Sunrise:</i> 5:38AM		Plava 5123
	Vrischika Rasi: 3.47	Tithi 8 – 9	Yama 10:23AM – 11:58AM	Brahma Until 6:31AM	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 7 - Phase 16 - 22	
	Family Home Evening		471215462 Rahu 7:13AM – 8:48AM	Balava Until 7:30PM	Nataraja: White		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 8:33AM	Moon – Orange			Sivaloka Day	
Until 3:49AM Tue				Sravana-Adi				
Then Routine Work - Marana Yoga								

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Tuesday, August 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Navami/Dashmyam Titau				Pyinmana, Myanmar Sun 23 Sutra 128 Plava 5123	
	Vrischika Rasi: 17.56	Tithi 9 – 10	Gulika 11:58AM – 1:33PM	Jyeshtha* Until 2:14AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:38AM		
			Yama 8:48AM – 10:23AM	Vaidhriti* Until 12:49AM Wed	Muruqa: White	<i>Sunset:</i> 6:18PM	Moon 7 - Phase 17 - 23	
	Routine Work	Marana Yoga	571215462 Rahu 3:08PM – 4:43PM	Gara Until 4:09AM Wed	Nataraja: White		4th Phase	
			Navami* Until 6:23AM	Moon – Orange		Subha Sivaloka Day		
				Sravana•Avani				

2	Wednesday, August 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 24 Sutra 129 Plava 5123	
	Dhanus Rasi: 2.08	Tithi 11	Gulika 10:23AM – 11:57AM	Mula* Until 12:54AM Thu	Ganesha: White	<i>Sunrise:</i> 5:38AM		
			Yama 7:13AM – 8:48AM	Vishkambha* Until 9:55PM	Muruqa: White	<i>Sunset:</i> 6:17PM	Moon 7 - Phase 17 - 24	
	Routine Work	Marana Yoga	581215462 Rahu 11:57AM – 1:32PM	Vanija Until 3:03PM	Nataraja: White		4th Phase	
			Ekadashi Until 1:54AM Thu	Moon – Light Blue		Sivaloka Day		
				Sravana•Avani				
				Then Creative Work - Siddha Yoga				

3	Thursday, August 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 25 Sutra 130 Plava 5123	
	Dhanus Rasi: 16.2	Tithi 12	Gulika 8:48AM – 10:23AM	Purvashadha* Until 11:28PM	Ganesha: Green	<i>Sunrise:</i> 5:38AM		
			Yama 5:38AM – 7:13AM	Priti Until 7:04PM	Muruqa: White	<i>Sunset:</i> 6:16PM	Moon 7 - Phase 17 - 25	
	Creative Work	Siddha Yoga	582215462 Rahu 1:32PM – 3:07PM	Bava Until 12:48PM	Nataraja: White		4th Phase	
			Dvadashi Until 11:42PM	Moon – Light Blue		Sivaloka Day		
				Sravana•Avani				
				Then Routine Work - Marana Yoga				

4	Friday, August 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 26 Sutra 131 Plava 5123	
	Makara Rasi: 0.3	Tithi 13	Gulika 7:13AM – 8:48AM	Uttarashadha Until 10:02PM	Ganesha: Green	<i>Sunrise:</i> 5:38AM		
			Yama 3:06PM – 4:41PM	Ayushman Until 4:16PM	Muruqa: White	<i>Sunset:</i> 6:16PM	Moon 7 - Phase 17 - 26	
	Routine Work	Marana Yoga	582215462 Rahu 10:22AM – 11:57AM	Kaulava Until 10:39AM	Nataraja: White		4th Phase	
			Trayodashi Until 9:37PM	Moon – Light Blue		Sivaloka Day		
				Sravana•Avani				
				Pradosha Vrata				

5	Saturday, August 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 27 Sutra 132 Plava 5123	
	Makara Rasi: 14.34	Tithi 14	Gulika 5:39AM – 7:13AM	Shravana Until 9:06PM	Ganesha: Red	<i>Sunrise:</i> 5:39AM		
			Yama 1:31PM – 3:06PM	Saubhagya Until 1:39PM	Muruqa: White	<i>Sunset:</i> 6:15PM	Moon 7 - Phase 17 - 27	
	Creative Work	Siddha Yoga	592215462 Rahu 8:48AM – 10:22AM	Gara Until 8:41AM	Nataraja: White		4th Phase	
			Chaturdashi* Until 7:47PM	Moon – Purple		Subha Sivaloka Day		
				Sravana•Avani				
				Chidambaram Abhishekam				

○	Sunday, August 22, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Pyinmana, Myanmar Sutra 133 Plava 5123	
	Copper Retreat Star		Gulika 3:05PM – 4:40PM	Dhanishtha Until 8:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM		
	Makara Rasi: 28.26	Tithi 15	Yama 11:57AM – 1:31PM	Sobhana Until 11:18AM	Muruqa: White	<i>Sunset:</i> 6:14PM	Moon 7 - Phase 17 - Purnima	
	Routine Work	Marana Yoga	592315462 Rahu 4:40PM – 6:14PM	Visti Until 7:00AM	Nataraja: White		4th Phase	
			Purnima* Until 6:17PM	Moon – Purple		Subha Sivaloka Day		
				Sravana•Avani				
				Avani Avittam				
				Then Creative Work - Siddha Yoga				

○	Monday, August 23, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Pyinmana, Myanmar Sutra 134 Plava 5123	
	Silver Retreat Star		Gulika 1:31PM – 3:05PM	Shatabhishak Until 8:01PM	Ganesha: Yellow	<i>Sunrise:</i> 5:39AM		
	Kumbha Rasi: 12.05	Tithi 16 – 17	Yama 10:22AM – 11:56AM	Athiganda* Until 9:17AM	Muruqa: White	<i>Sunset:</i> 6:14PM	Moon 7 - Phase 17 - Prathama	
	Family Home Evening		592315462 Rahu 7:13AM – 8:48AM	Taitila Until 5:00AM Tue	Nataraja: White		4th Phase	
			Prathama* Until 5:16PM	Moon – Purple		Subha Sivaloka Day		
				Sravana•Avani				
				Then Routine Work - Marana Yoga				

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Tuesday, August 24, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 135

Plava 5123

Kumbha Rasi: 25.25 Tithi 17 - 18

Gulika 11:56AM - 1:30PM
Yama 8:48AM - 10:22AM
Rahu 3:04PM - 4:39PM

Purvaproshtapada* Until 8:32PM
Sukarma Until 7:43AM
Vanija Until 4:54AM Wed
Dvitiya Until 4:51PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon - Clear
Sravana-Avani

Sunrise: 5:39AM
Sunset: 6:13PM

Moon 8 - Phase 18 - 1
1st Phase

Routine Work Marana Yoga

Until 8:32PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

1

Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar

Sun 2 Sutra 136

Plava 5123

Meena Rasi: 8.25 Tithi 18 - 19

Gulika 10:22AM - 11:56AM
Yama 7:13AM - 8:48AM
Rahu 11:56AM - 1:30PM

Uttaraproshtapada Until 9:33PM
Dhriti Until 6:40AM
Bava Until 5:30AM Thu
Tritiya Until 5:05PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon - Clear
Sravana-Avani

Sunrise: 5:39AM
Sunset: 6:12PM

Moon 8 - Phase 18 - 2
1st Phase

Creative Work Siddha Yoga

Until 9:33PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

2

Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Balava Karana Chaturthyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 137

Plava 5123

Meena Rasi: 21.04 Tithi 19

Gulika 8:47AM - 10:21AM
Yama 5:39AM - 7:13AM
Rahu 1:29PM - 3:04PM

Revati Until 11:05PM
Shula* Until 6:09AM
Balava Until 6:02PM
Chaturthi* Until 6:02PM

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon - Clear
Sravana-Avani

Sunrise: 5:39AM
Sunset: 6:12PM

Moon 8 - Phase 18 - 3
1st Phase

Creative Work Siddha Yoga

Until 11:05PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

3

Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 138

Plava 5123

Mesha Rasi: 3.26 Tithi 20

Gulika 7:13AM - 8:47AM
Yama 3:03PM - 4:37PM
Rahu 10:21AM - 11:55AM

Ashvini Until 1:34AM Sat
Ganda* Until 6:10AM
Kaulava Until 6:46AM
Panchami Until 7:38PM

Ganesha: White
Muruga: White
Nataraja: White
Moon - White
Sravana-Avani

Sunrise: 5:40AM
Sunset: 6:11PM

Moon 8 - Phase 18 - 4
1st Phase

Creative Work Amrita Yoga

Until 1:34AM Sat

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 139

Plava 5123

Mesha Rasi: 15.32 Tithi 21

Gulika 5:40AM - 7:14AM
Yama 1:29PM - 3:02PM
Rahu 8:47AM - 10:21AM

Bharani Until 4:22AM Sun
Vridhi Until 6:40AM
Gara Until 8:40AM
Shashthi* Until 9:46PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon - White
Sravana-Avani

Sunrise: 5:40AM
Sunset: 6:10PM

Moon 8 - Phase 18 - 5
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Sunday, August 29, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 140

Plava 5123

Mesha Rasi: 27.28 Tithi 22

Gulika 3:02PM - 4:36PM
Yama 11:55AM - 1:28PM
Rahu 4:36PM - 6:09PM

Krittika Until 7:15AM Mon
Dhruva Until 7:30AM
Visti Until 11:00AM
Saptami Until 12:14AM Mon

Ganesha: White
Muruga: White
Nataraja: Clear
Moon - White
Sravana-Avani

Sunrise: 5:40AM
Sunset: 6:09PM

Moon 8 - Phase 18 - 6
1st Phase

Creative Work Siddha Yoga

Until 7:15AM Mon

Then Creative Work - Amrita Yoga

Devaloka Day

D

Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 141

Plava 5123

Vrishabha Rasi: 9.17 Tithi 23

Gulika 1:28PM - 3:01PM
Yama 10:21AM - 11:54AM
Rahu 7:14AM - 8:47AM

Krittika Until 7:15AM
Vyaghata* Until 8:31AM
Balava Until 1:33PM
Ashtami* Until 2:48AM Tue

Ganesha: White
Muruga: White
Nataraja: Clear
Moon - White
Sravana-Avani

Sunrise: 5:40AM
Sunset: 6:09PM

Moon 8 - Phase 18 - 7
Ashtami

Routine Work Marana Yoga

Until 7:15AM

Then Creative Work - Amrita Yoga

Devaloka Day

Krishna Janmashtami

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar

Sun 8 Sutra 142

Plava 5123

Vrishabha Rasi: 21.06 Tithi 24

Gulika 11:54AM - 1:27PM
Yama 8:47AM - 10:21AM
Rahu 3:01PM - 4:34PM

Rohini Until 10:30AM
Harshana Until 9:34AM
Taitila Until 4:03PM
Navami* Until 5:11AM Wed

Ganesha: Clear
Muruga: White
Nataraja: Clear
Moon - Yellow
Sravana-Avani

Sunrise: 5:40AM
Sunset: 6:08PM

Moon 8 - Phase 18 - 8
Navami

Creative Work Amrita Yoga

Until 10:30AM

Then Creative Work - Siddha Yoga

Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

mes are standard time. Calculated for Pyinmana, Myanmar on 5/2

www.gurudeva.org/panchang


1	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra/Siddhi Yoga Vanija Karana Dashamyam Titau				Pyinmana, Myanmar Sun 9 Sutra 143 Plava 5123	
	Mithuna Rasi: 2.59	Tithi 25	Gulika 10:20AM – 11:54AM	Mrigashira Until 1:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:40AM		
			Yama 7:14AM – 8:47AM	Vajra* Until 10:24AM	Muruqa: White	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 19 - 9	
	532315463	Rahu 11:54AM – 1:27PM		Vanija Until 6:16PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 7:10AM Thu	Moon – Yellow		Sivaloka Day		
				Sravana-Avani				

2	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 144 Plava 5123	
	Mithuna Rasi: 15.02	Tithi 25 – 26	Gulika 8:47AM – 10:20AM	Ardra Until 3:33PM	Ganesha: Orange	<i>Sunrise:</i> 5:40AM		
			Yama 5:40AM – 7:14AM	Siddhi Until 10:54AM	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 19 - 10	
	533315463	Rahu 1:27PM – 3:00PM		Bava Until 7:57PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 7:10AM	Moon – Yellow		Sivaloka Day		
Until 3:33PM				Sravana-Avani				
Then Creative Work - Amrita Yoga								

3	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 145 Plava 5123	
	Mithuna Rasi: 27.2	Tithi 26 – 27	Gulika 7:14AM – 8:47AM	Punarvasu Until 5:28PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:40AM		
			Yama 2:59PM – 4:32PM	Vyatipata* Until 10:56AM	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 19 - 11	
	543315463	Rahu 10:20AM – 11:53AM		Kaulava Until 8:59PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:32AM	Moon – Blue		Devaloka Day		
Until 5:28PM				Sravana-Avani				
Then Routine Work - Marana Yoga								

4	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 146 Plava 5123	
	Kataka Rasi: 9.56	Tithi 27 – 28	Gulika 5:41AM – 7:14AM	Pushya Until 6:32PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:41AM		
			Yama 1:26PM – 2:59PM	Variyan Until 10:23AM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 19 - 12	
	543315463	Rahu 8:47AM – 10:20AM		Gara Until 9:18PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 9:13AM	Moon – Blue		Devaloka Day		
Until 6:32PM				Sravana-Avani				
Then Routine Work - Marana Yoga								
				<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Pyinmana, Myanmar Sun 13 Sutra 147 Plava 5123	
	Kataka Rasi: 22.53	Tithi 28 – 29	Gulika 2:58PM – 4:31PM	Ashlesha* Until 6:46PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:41AM		
			Yama 11:52AM – 1:25PM	Parigha* Until 9:18AM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 19 - 13	
	543315463	Rahu 4:31PM – 6:04PM		Visti Until 8:55PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 9:11AM	Moon – Blue		Devaloka Day		
Until 6:46PM				Sravana-Avani				
Then Routine Work - Marana Yoga								

	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Pyinmana, Myanmar Sun 14 Sutra 148 Plava 5123	
	Retreat Star		Gulika 1:25PM – 2:58PM	Magha* Until 6:40PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM		
	Simha Rasi: 6.1	Tithi 29 – 30	Yama 10:19AM – 11:52AM	Shiva Until 7:42AM	Muruqa: White	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 19 - 14	
	553315463	Rahu 7:14AM – 8:46AM		Catuspada Until 7:55PM	Nataraja: Clear		Amavasya	
Family Home Evening	Marana Yoga		Chaturdashi* Until 8:28AM	Moon – Red		Devaloka Day		
Routine Work				Sravana-Avani				
Until 6:40PM								
Then Creative Work - Siddha Yoga								

Retreat Star	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pyinmana, Myanmar Sun 15 Sutra 149 Plava 5123	
	Simha Rasi: 19.48	Tithi 30 – 1	Gulika 11:52AM – 1:24PM	Purvaphalguni Until 5:53PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM		
			Yama 8:46AM – 10:19AM	Sadhya Until 3:08AM Wed	Muruqa: White	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 19 - 15	
	553315463	Rahu 2:57PM – 4:30PM		Kintughna Until 6:23PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 7:11AM	Moon – Red		Devaloka Day		
Until 5:53PM				Bhadrapada-Avani				
Then Creative Work - Amrita Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pynmana, Myanmar Sun 16 Sutra 150 Plava 5123	
	Kanya Rasi: 3.42	Tithi 2	Gulika 10:19AM – 11:51AM Yama 7:14AM – 8:46AM Rahu 11:51AM – 1:24PM	Uttaraphalguni Until 4:35PM Subha Until 12:24AM Thu Balava Until 4:28PM Dvitiya Until 3:22AM Thu	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:41AM Sunset: 6:02PM	Moon 8 - Phase 20 - 16 3rd Phase Devaloka Day	
	Creative Work Amrita Yoga Until 4:35PM Then Routine Work - Marana Yoga							

2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Pynmana, Myanmar Sun 17 Sutra 151 Plava 5123	
	Kanya Rasi: 17.49	Tithi 3	Gulika 8:46AM – 10:19AM Yama 5:41AM – 7:14AM Rahu 1:23PM – 2:56PM	Hasta Until 3:17PM Sukla Until 9:27PM Taitila Until 2:16PM Tritiya Until 1:06AM Fri	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:41AM Sunset: 6:01PM	Moon 8 - Phase 20 - 17 3rd Phase Devaloka Day	
	Routine Work Marana Yoga Until 3:17PM Then Creative Work - Siddha Yoga							

3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau				Pynmana, Myanmar Sun 18 Sutra 152 Plava 5123	
	Tula Rasi: 2.04	Tithi 4	Gulika 7:14AM – 8:46AM Yama 2:55PM – 4:28PM Rahu 10:18AM – 11:51AM	Chitra Until 1:43PM Brahma Until 6:26PM Vanija Until 11:56AM Chaturthi* Until 10:44PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:41AM Sunset: 6:00PM	Moon 8 - Phase 20 - 18 3rd Phase Devaloka Day	
	Creative Work Siddha Yoga		Ganesha Chaturthi					

4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Pynmana, Myanmar Sun 19 Sutra 153 Plava 5123	
	Tula Rasi: 16.21	Tithi 5	Gulika 5:41AM – 7:14AM Yama 1:23PM – 2:55PM Rahu 8:46AM – 10:18AM	Svati Until 11:58AM Indra Until 3:25PM Bava Until 9:34AM Panchami Until 8:22PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:41AM Sunset: 5:59PM	Moon 8 - Phase 20 - 19 3rd Phase Devaloka Day	
	Creative Work Siddha Yoga							

5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Pynmana, Myanmar Sun 20 Sutra 154 Plava 5123	
	Vrischika Rasi: 0.37	Tithi 6	Gulika 2:54PM – 4:26PM Yama 11:50AM – 1:22PM Rahu 4:26PM – 5:58PM	Vishakha Until 10:33AM Vaidhriti* Until 12:26PM Kaulava Until 7:14AM Shashthi* Until 6:05PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sunrise: 5:41AM Sunset: 5:58PM	Moon 8 - Phase 20 - 20 3rd Phase Sivaloka Day	
	Routine Work Marana Yoga		Grandparent's Day					

6	Monday, September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Pynmana, Myanmar Sun 21 Sutra 155 Plava 5123	
	Vrischika Rasi: 14.49	Tithi 7 – 8	Gulika 1:22PM – 2:54PM Yama 10:18AM – 11:50AM Rahu 7:14AM – 8:46AM	Anuradha Until 9:07AM Vishkambha* Until 9:32AM Visti Until 2:55AM Tue Saptami Until 3:55PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sunrise: 5:42AM Sunset: 5:58PM	Moon 8 - Phase 20 - 21 3rd Phase Sivaloka Day	
	Family Home Evening Creative Work Siddha Yoga							

D	Tuesday, September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pynmana, Myanmar Sun 22 Sutra 156 Plava 5123	
	Vrischika Rasi: 28.56	Tithi 8 – 9	Gulika 11:49AM – 1:21PM Yama 8:45AM – 10:17AM Rahu 2:53PM – 4:25PM	Jyeshtha* Until 7:40AM Priti Until 6:47AM Balava Until 12:59AM Wed Ashtami* Until 1:54PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sunrise: 5:42AM Sunset: 5:57PM	Moon 8 - Phase 20 - 22 Ashtami Sivaloka Day	
	Routine Work Marana Yoga Until 7:40AM Then Creative Work - Amrita Yoga							

D	Wednesday, September 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pynmana, Myanmar Sun 23 Sutra 157 Plava 5123	
	Dhanus Rasi: 12.56	Tithi 9 – 10	Gulika 10:17AM – 11:49AM Yama 7:14AM – 8:45AM Rahu 11:49AM – 1:21PM	Mula* Until 6:40AM Saubhagya Until 1:38AM Thu Taitila Until 11:14PM Navami* Until 12:04PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – Light Blue	Sunrise: 5:42AM Sunset: 5:56PM	Moon 8 - Phase 20 - 23 Navami Devaloka Day	
	Routine Work Marana Yoga Until 6:40AM Then Creative Work - Amrita Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Thursday, September 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pynmana, Myanmar Sun 24 Sutra 158 Plava 5123
	Dhanus Rasi: 26.5	Tithi 10 – 11	Gulika 8:45AM – 10:17AM	Uttarashadha Until 4:47AM Fri	Ganesha: Green	<i>Sunrise:</i> 5:42AM	
			Yama 5:42AM – 7:14AM	Sobhana Until 11:18PM	Muruqa: White	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 21 - 24
	Routine Work	Marana Yoga	584415463 Rahu 1:20PM – 2:52PM	Vanija Until 9:40PM	Nataraja: Clear		4th Phase
			Dashami Until 10:24AM	Moon – Light Blue		Devaloka Day	
				Bhadrapada-Avani			

2	Friday, September 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Pynmana, Myanmar Sun 25 Sutra 159 Plava 5123
	Makara Rasi: 11	Tithi 11 – 12	Gulika 7:14AM – 8:45AM	Shravana Until 4:23AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:42AM	
			Yama 2:51PM – 4:23PM	Athiganda* Until 9:07PM	Muruqa: White	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 21 - 25
	Routine Work	Marana Yoga	594415463 Rahu 10:17AM – 11:48AM	Bava Until 8:19PM	Nataraja: Clear		4th Phase
			Ekadashi Until 8:57AM	Moon – Purple		Sivaloka Day	
				Bhadrapada-Puratasi			

3	Saturday, September 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Pynmana, Myanmar Sun 26 Sutra 160 Plava 5123
	Makara Rasi: 24.14	Tithi 12 – 13	Gulika 5:42AM – 7:14AM	Dhanishtha Until 4:08AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:42AM	
			Yama 1:19PM – 2:51PM	Sukarma Until 7:10PM	Muruqa: White	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 21 - 26
	Creative Work	Siddha Yoga	594415463 Rahu 8:45AM – 10:16AM	Kaulava Until 7:14PM	Nataraja: Clear		4th Phase
			Dvadashi Until 7:43AM	Moon – Purple		Sivaloka Day	
				Bhadrapada-Puratasi			
				<i>Pradosha Vrata</i>			

4	Sunday, September 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Pynmana, Myanmar Sun 27 Sutra 161 Plava 5123
	Kumbha Rasi: 7.41	Tithi 13 – 14	Gulika 2:50PM – 4:21PM	Shatabhishak Until 4:05AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:42AM	
			Yama 11:47AM – 1:19PM	Dhriti Until 5:30PM	Muruqa: White	<i>Sunset:</i> 5:53PM	Moon 8 - Phase 21 - 27
	Creative Work	Siddha Yoga	594415463 Rahu 4:21PM – 5:53PM	Gara Until 6:30PM	Nataraja: Clear		4th Phase
			Trayodashi Until 6:48AM	Moon – Purple		Sivaloka Day	
				Bhadrapada-Puratasi			

O	Monday, September 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprossthapada* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Pynmana, Myanmar Sutra 162 Plava 5123
	Copper Retreat Star		Gulika 1:18PM – 2:50PM	Purvaprossthapada* Until 4:47AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:42AM	
	Kumbha Rasi: 20.57	Tithi 14 – 15	Yama 10:16AM – 11:47AM	Shula* Until 4:08PM	Muruqa: White	<i>Sunset:</i> 5:52PM	Moon 8 - Phase 21 -
	Family Home Evening	514415463 Rahu 7:14AM – 8:45AM		Visti Until 6:11PM	Nataraja: Clear		Purnima
			Chaturdashi* Until 6:16AM	Moon – Clear		Sivaloka Day	
				Bhadrapada-Puratasi			

O	Tuesday, September 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprossthapada Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pynmana, Myanmar Sutra 163 Plava 5123
	Silver Retreat Star		Gulika 11:47AM – 1:18PM	Uttaraprossthapada Until 5:51AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:42AM	
	Meena Rasi: 3.58	Tithi 15 – 16	Yama 8:45AM – 10:16AM	Ganda* Until 3:10PM	Muruqa: White	<i>Sunset:</i> 5:51PM	Moon 8 - Phase 21 -
	Family Home Evening	514415463 Rahu 2:49PM – 4:20PM		Balava Until 6:21PM	Nataraja: Clear		Prathama
			Purnima* Until 6:11AM	Moon – Clear		Sivaloka Day	
				Bhadrapada-Puratasi			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar Sutra 164

Meena Rasi: 16.44 Tithi 16 - 17

Gulika 10:15AM - 11:46AM
Yama 7:13AM - 8:44AM
Rahu 11:46AM - 1:17PM

Revati Until 7:19AM Thu
Vriddhi Until 2:38PM
Taitila Until 7:06PM
Prathama* Until 6:38AM

Ganesha: Red Sunrise: 5:43AM
Muruga: White Sunset: 5:50PM
Nataraja: Clear
Moon - Clear

Moon 9 - Phase 22 - 1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 7:19AM Thu
Then Creative Work - Amrita Yoga

Thursday, September 23, 2021

1

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar Sun 1 Sutra 165

Meena Rasi: 29.14 Tithi 17 - 18

Gulika 8:44AM - 10:15AM
Yama 5:43AM - 7:13AM
Rahu 1:17PM - 2:48PM

Revati Until 7:19AM
Dhruva Until 2:32PM
Vanija Until 8:26PM
Dvitiya Until 7:40AM

Ganesha: Red Sunrise: 5:43AM
Muruga: White Sunset: 5:50PM
Nataraja: Clear
Moon - Clear

Moon 9 - Phase 22 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 7:19AM
Then Creative Work - Amrita Yoga

Friday, September 24, 2021

2

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Pyinmana, Myanmar Sun 2 Sutra 166

Mesha Rasi: 11.28 Tithi 18 - 19

Gulika 7:13AM - 8:44AM
Yama 2:47PM - 4:18PM
Rahu 10:15AM - 11:46AM

Ashvini Until 9:40AM
Vyaghata* Until 2:53PM
Bava Until 10:19PM
Tritiya Until 9:17AM

Ganesha: Green Sunrise: 5:43AM
Muruga: White Sunset: 5:49PM
Nataraja: Clear
Moon - White

Moon 9 - Phase 22 - 2 1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 9:40AM
Then Creative Work - Siddha Yoga

Saturday, September 25, 2021

3

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar Sun 3 Sutra 167

Mesha Rasi: 23.31 Tithi 19 - 20

Gulika 5:43AM - 7:13AM
Yama 1:16PM - 2:47PM
Rahu 8:44AM - 10:15AM

Bharani Until 12:20PM
Harshana Until 3:37PM
Kaulava Until 12:39AM Sun
Chaturthi* Until 11:25AM

Ganesha: Green Sunrise: 5:43AM
Muruga: White Sunset: 5:48PM
Nataraja: Clear
Moon - White

Moon 9 - Phase 22 - 3 1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 12:20PM
Then Creative Work - Amrita Yoga

Sunday, September 26, 2021

4

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pyinmana, Myanmar Sun 4 Sutra 168

Vrishabha Rasi: 5.23 Tithi 20 - 21

Gulika 2:46PM - 4:17PM
Yama 11:45AM - 1:16PM
Rahu 4:17PM - 5:47PM

Krittika Until 3:10PM
Vajra* Until 4:34PM
Gara Until 3:15AM Mon
Panchami Until 1:54PM

Ganesha: Green Sunrise: 5:43AM
Muruga: White Sunset: 5:47PM
Nataraja: Clear
Moon - White

Moon 9 - Phase 22 - 4 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Monday, September 27, 2021

5

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Pyinmana, Myanmar Sun 5 Sutra 169

Vrishabha Rasi: 17.11 Tithi 21 - 22

Gulika 1:15PM - 2:45PM
Yama 10:14AM - 11:45AM
Rahu 7:13AM - 8:44AM

Rohini Until 6:29PM
Siddhi Until 5:37PM
Visti Until 5:52AM Tue
Shashthi* Until 4:33PM

Ganesha: Orange Sunrise: 5:43AM
Muruga: White Sunset: 5:46PM
Nataraja: Clear
Moon - Yellow

Moon 9 - Phase 22 - 5 1st Phase

Sivaloka Day

Family Home Evening
Creative Work Amrita Yoga

Tuesday, September 28, 2021

6

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyatipata* Yoga Bava Karana Saplamyam Titau

Pyinmana, Myanmar Sun 6 Sutra 170

Vrishabha Rasi: 28.59 Tithi 22

Gulika 11:44AM - 1:15PM
Yama 8:44AM - 10:14AM
Rahu 2:45PM - 4:15PM

Mrigashira Until 9:31PM
Vyatipata* Until 6:37PM
Bava Until 7:06PM
Saptami Until 7:06PM

Ganesha: White Sunrise: 5:43AM
Muruga: White Sunset: 5:46PM
Nataraja: Clear
Moon - Yellow

Moon 9 - Phase 22 - 6 1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 9:31PM
Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar Sun 7 Sutra 171

Mithuna Rasi: 10.52 Tithi 23

Gulika 10:14AM - 11:44AM
Yama 7:14AM - 8:44AM
Rahu 11:44AM - 1:14PM

Ardra Until 12:02AM Thu
Variyan Until 7:19PM
Balava Until 8:17AM
Ashtami* Until 9:18PM

Ganesha: White Sunrise: 5:43AM
Muruga: White Sunset: 5:45PM
Nataraja: Clear
Moon - Yellow

Moon 9 - Phase 22 - 7 Ashtami

Devaloka Day

Creative Work Siddha Yoga
Until 12:02AM Thu
Then Creative Work - Amrita Yoga

Thursday, September 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar Sun 8 Sutra 172

Mithuna Rasi: 22.55 Tithi 24

Gulika 8:44AM - 10:14AM
Yama 5:43AM - 7:14AM
Rahu 1:14PM - 2:44PM

Punarvasu Until 2:19AM Fri
Parigha* Until 7:37PM
Taitila Until 10:13AM
Navami* Until 10:56PM

Ganesha: Clear Sunrise: 5:43AM
Muruga: White Sunset: 5:44PM
Nataraja: Clear
Moon - Blue

Moon 9 - Phase 22 - 8 Navami

Sivaloka Day

Creative Work Amrita Yoga
Until 2:19AM Fri
Then Routine Work - Marana Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

mes are standard time. Calculated for Pyinmana, Myanmar on 5/2

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1	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Pynmana, Myanmar Sun 9 Sutra 173 Plava 5123
	Kataka Rasi: 5.14	Tithi 25	Gulika 7:14AM – 8:43AM	Pushya Until 3:44AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	
			Yama 2:43PM – 4:13PM	Shiva Until 7:24PM	Muruqa: White	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 23 - 9
	Routine Work	Marana Yoga	645415463 Rahu 10:13AM – 11:43AM	Vanija Until 11:31AM	Nataraja: Clear		2nd Phase
			Dashami Until 11:51PM	Moon – Blue		Sivaloka Day	
				Bhadrapada-Puratasi			

2	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Pynmana, Myanmar Sun 10 Sutra 174 Plava 5123
	Kataka Rasi: 17.52	Tithi 26	Gulika 5:44AM – 7:14AM	Ashlesha* Until 4:12AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	
			Yama 1:13PM – 2:43PM	Siddha Until 6:32PM	Muruqa: White	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 23 - 10
	Routine Work	Marana Yoga	645415463 Rahu 8:43AM – 10:13AM	Bava Until 12:02PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 11:59PM	Moon – Blue		Sivaloka Day	
				Bhadrapada-Puratasi			

3	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Pynmana, Myanmar Sun 11 Sutra 175 Plava 5123
	Simha Rasi: 0.53	Tithi 27	Gulika 2:42PM – 4:12PM	Magha* Until 4:14AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:44AM	
			Yama 11:43AM – 1:12PM	Sadhya Until 5:03PM	Muruqa: White	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 23 - 11
	Routine Work	Marana Yoga	645415463 Rahu 4:12PM – 5:42PM	Kaulava Until 11:46AM	Nataraja: Clear		2nd Phase
Until 4:14AM Mon			Dvadashi* Until 11:19PM	Moon – Red		Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi			

4	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Pynmana, Myanmar Sun 12 Sutra 176 Plava 5123
	Simha Rasi: 14.2	Tithi 28	Gulika 1:12PM – 2:42PM	Purvaphalguni Until 3:24AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:44AM	
	Family Home Evening		Yama 10:13AM – 11:42AM	Subha Until 2:59PM	Muruqa: White	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 23 - 12
	Creative Work	Siddha Yoga	645415463 Rahu 7:14AM – 8:43AM	Gara Until 10:43AM	Nataraja: Clear		2nd Phase
Until 3:24AM Tue			Trayodashi* Until 9:56PM	Moon – Red		Devaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada-Puratasi			

5	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pynmana, Myanmar Sun 13 Sutra 177 Plava 5123
	Simha Rasi: 28.1	Tithi 29	Gulika 11:42AM – 1:12PM	Uttaraphalguni Until 1:52AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:44AM	
			Yama 8:43AM – 10:13AM	Sukla Until 12:23PM	Muruqa: White	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 23 - 13
	Creative Work	Amrita Yoga	645415463 Rahu 2:41PM – 4:11PM	Visti Until 9:01AM	Nataraja: Clear		2nd Phase
Until 1:52AM Wed			Chaturdashi* Until 7:55PM	Moon – Red		Devaloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Puratasi			

●	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Pynmana, Myanmar Sun 14 Sutra 178 Plava 5123
	Retreat Star		Gulika 10:12AM – 11:42AM	Hasta Until 12:10AM Thu	Ganesha: Light Blue	<i>Sunrise:</i> 5:44AM	
	Kanya Rasi: 12.23	Tithi 30 – 1	Yama 7:14AM – 8:43AM	Brahma Until 9:21AM	Muruqa: White	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 23 - 14
	Routine Work	Marana Yoga	645415463 Rahu 11:42AM – 1:11PM	Catuspada Until 6:45AM	Nataraja: Clear		Amavasya
Until 12:10AM Thu			Amavasya* Until 5:27PM	Moon – Green		Devaloka Day	
Then Creative Work - Siddha Yoga		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi			

●	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Pynmana, Myanmar Sun 15 Sutra 179 Plava 5123
	Retreat Star		Gulika 8:43AM – 10:12AM	Chitra Until 10:03PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:44AM	
	Kanya Rasi: 26.52	Tithi 1 – 2	Yama 5:44AM – 7:14AM	Indra Until 6:01AM	Muruqa: White	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 23 - 15
	Creative Work	Siddha Yoga	645415463 Rahu 1:11PM – 2:40PM	Balava Until 1:11AM Fri	Nataraja: Clear		Prathama
Until 10:03PM			Prathama* Until 2:38PM	Moon – Green		Devaloka Day	
Then Creative Work - Amrita Yoga		Navaratri Begins		Ashvina-Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1		Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pynmana, Myanmar Sun 16 Sutra 180 Plava 5123	
Tula Rasi: 11.31	Tithi 2 - 3	Gulika 7:14AM - 8:43AM	Svati Until 7:40PM	Ganesha: Orange	<i>Sunrise:</i> 5:45AM		
		Yama 2:40PM - 4:09PM	Vishkambha* Until 10:51PM	Muruqa: White	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24 - 16	
Creative Work	Siddha Yoga	666415464 Rahu 10:12AM - 11:41AM	Taitila Until 10:10PM	Nataraja: Purple		3rd Phase	
			Dvitiya Until 11:39AM	Moon - Green		Subha Sivaloka Day	
				Ashvina+Puratasi			

2		Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Pynmana, Myanmar Sun 17 Sutra 181 Plava 5123	
Tula Rasi: 26.14	Tithi 3 - 4	Gulika 5:45AM - 7:14AM	Vishakha Until 5:34PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM		
		Yama 1:10PM - 2:39PM	Priti Until 7:16PM	Muruqa: White	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24 - 17	
Creative Work	Siddha Yoga	676415464 Rahu 8:43AM - 10:12AM	Vanija Until 7:10PM	Nataraja: Purple		3rd Phase	
			Tritiya Until 8:38AM	Moon - Orange		Subha Sivaloka Day	
				Ashvina+Puratasi			

3		Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Pynmana, Myanmar Sun 18 Sutra 182 Plava 5123	
Vrischika Rasi: 10.54	Tithi 5	Gulika 2:39PM - 4:07PM	Anuradha Until 3:29PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM		
		Yama 11:41AM - 1:10PM	Ayushman Until 3:47PM	Muruqa: White	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 24 - 18	
Routine Work	Marana Yoga	676415464 Rahu 4:07PM - 5:36PM	Bava Until 4:20PM	Nataraja: Purple		3rd Phase	
			Panchami Until 2:59AM Mon	Moon - Orange		Subha Sivaloka Day	
				Ashvina+Puratasi			

4		Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau		Pynmana, Myanmar Sun 19 Sutra 183 Plava 5123	
Vrischika Rasi: 25.25	Tithi 6	Gulika 1:09PM - 2:38PM	Jyeshtha* Until 1:30PM	Ganesha: Purple	<i>Sunrise:</i> 5:45AM		
Family Home Evening		Yama 10:12AM - 11:40AM	Saubhagya Until 12:31PM	Muruqa: White	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 24 - 19	
Creative Work	Siddha Yoga	676515464 Rahu 7:14AM - 8:43AM	Kaulava Until 1:45PM	Nataraja: Purple		3rd Phase	
			Shashthi* Until 12:34AM Tue	Moon - Orange		Sivaloka Day	
				Ashvina+Puratasi			

5		Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Pynmana, Myanmar Sun 20 Sutra 184 Plava 5123	
Dhanus Rasi: 9.43	Tithi 7	Gulika 11:40AM - 1:09PM	Mula* Until 12:08PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM		
		Yama 8:43AM - 10:11AM	Sobhana Until 9:32AM	Muruqa: White	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 24 - 20	
Creative Work	Amrita Yoga	686515464 Rahu 2:38PM - 4:06PM	Gara Until 11:30AM	Nataraja: Purple		3rd Phase	
Until 12:08PM			Saptami Until 10:30PM	Moon - Light Blue		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina+Puratasi			

Retreat Star		Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Pynmana, Myanmar Sun 21 Sutra 185 Plava 5123	
Dhanus Rasi: 23.45	Tithi 8	Gulika 10:11AM - 11:40AM	Purvashadha* Until 11:01AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM		
		Yama 7:14AM - 8:43AM	Athiganda* Until 6:51AM	Muruqa: White	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24 - 21	
Creative Work	Amrita Yoga	686515464 Rahu 11:40AM - 1:08PM	Visti Until 9:39AM	Nataraja: Purple		Ashtami	
			Ashtami* Until 8:51PM	Moon - Light Blue		Subha Sivaloka Day	
				Ashvina+Puratasi			
				Durga Ashtami			

Retreat Star		Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Pynmana, Myanmar Sun 22 Sutra 186 Plava 5123	
Makara Rasi: 7.32	Tithi 9	Gulika 8:43AM - 10:11AM	Uttarashadha Until 10:10AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM		
		Yama 5:46AM - 7:14AM	Dhriti Until 2:30AM Fri	Muruqa: White	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24 - 22	
Routine Work	Marana Yoga	686515464 Rahu 1:08PM - 2:37PM	Balava Until 8:12AM	Nataraja: Purple		Navami	
Until 10:10AM			Navami* Until 7:38PM	Moon - Light Blue		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina+Puratasi			
				Saraswathi Puja (Tamil Nadu)			


1		Friday, October 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailita/Gara Karana Dashamyam Titau		Pynmana, Myanmar Sun 23 Sutra 187 Plava 5123	
Makara Rasi: 21.05	Tithi 10	Gulika 7:14AM – 8:43AM	Shravana Until 10:01AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM		
		Yama 2:36PM – 4:05PM	Shula* Until 12:48AM Sat	Muruqa: White	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 25 - 23	
	697515464	Rahu 10:11AM – 11:39AM	Taitila Until 7:11AM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga		Dashami Until 6:49PM	Moon – Purple		Subha Sivaloka Day	
Until 10:01AM				Ashvina+Puratasi			
Then Creative Work - Siddha Yoga							

2		Saturday, October 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Pynmana, Myanmar Sun 24 Sutra 188 Plava 5123	
Kumbha Rasi: 4.23	Tithi 11	Gulika 5:46AM – 7:14AM	Dhanishtha Until 10:08AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM		
		Yama 1:07PM – 2:36PM	Ganda* Until 11:27PM	Muruqa: White	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25 - 24	
	697515464	Rahu 8:43AM – 10:11AM	Vanija Until 6:36AM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:26PM	Moon – Purple		Subha Sivaloka Day	
Until 10:08AM		Kadaitswami Mahasamadhi		Ashvina+Puratasi			
Then Creative Work - Amrita Yoga							

3		Sunday, October 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau		Pynmana, Myanmar Sun 25 Sutra 189 Plava 5123	
Kumbha Rasi: 17.28	Tithi 12	Gulika 2:35PM – 4:03PM	Shatabhishak Until 10:31AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM		
		Yama 11:39AM – 1:07PM	Vriddhi Until 10:26PM	Muruqa: White	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25 - 25	
	697515464	Rahu 4:03PM – 5:32PM	Bava Until 6:25AM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:28PM	Moon – Purple		Subha Sivaloka Day	
				Ashvina+Aipasi			

4		Monday, October 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Dhruva Yoga Kaulava/Tailita Karana Trayodashyam Titau		Pynmana, Myanmar Sun 26 Sutra 190 Plava 5123	
Meena Rasi: 0.2	Tithi 13	Gulika 1:07PM – 2:35PM	Purvaprosnthapada* Until 11:36AM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM		
Family Home Evening		Yama 10:11AM – 11:39AM	Dhruva Until 9:44PM	Muruqa: White	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25 - 26	
Routine Work	Marana Yoga	Rahu 7:15AM – 8:43AM	Kaulava Until 6:40AM	Nataraja: Purple		4th Phase	
Until 11:36AM			Trayodashi Until 6:56PM	Moon – Clear		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashvina+Aipasi			
			<i>Pradosha Vrata</i>				

5		Tuesday, October 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosnthapada/Revati Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Pynmana, Myanmar Sun 27 Sutra 191 Plava 5123	
Meena Rasi: 13.01	Tithi 14	Gulika 11:39AM – 1:07PM	Uttaraprosnthapada Until 12:59PM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM		
		Yama 8:43AM – 10:11AM	Vyaghata* Until 9:23PM	Muruqa: White	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25 - 27	
	617515464	Rahu 2:34PM – 4:02PM	Gara Until 7:21AM	Nataraja: Purple		4th Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 7:51PM	Moon – Clear		Subha Sivaloka Day	
Until 12:59PM				Ashvina+Aipasi			
Then Creative Work - Siddha Yoga							

		Wednesday, October 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau		Pynmana, Myanmar Sutra 192 Plava 5123	
Meena Rasi: 25.28	Tithi 15	Gulika 10:11AM – 11:38AM	Revati Until 2:38PM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM		
		Yama 7:15AM – 8:43AM	Harshana Until 9:25PM	Muruqa: White	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25 - Purnima	
	617515464	Rahu 11:38AM – 1:06PM	Visti Until 8:30AM	Nataraja: Purple			
Routine Work	Marana Yoga		Purnima* Until 9:14PM	Moon – Clear		Subha Sivaloka Day	
				Ashvina+Aipasi			

Thursday, October 21, 2021		Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau		Pynmana, Myanmar Sutra 193 Plava 5123	
Mesha Rasi: 7.44	Tithi 16	Gulika 8:43AM – 10:11AM	Ashvini Until 5:03PM	Ganesha: White	<i>Sunrise:</i> 5:47AM		
		Yama 5:47AM – 7:15AM	Vajra* Until 9:45PM	Muruqa: White	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25 - Prathama	
	627515464	Rahu 1:06PM – 2:34PM	Balava Until 10:07AM	Nataraja: Purple			
Creative Work	Amrita Yoga		Prathama* Until 11:04PM	Moon – White		Subha Subha Sivaloka Day	
Until 5:03PM				Ashvina+Aipasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Friday, October 22, 2021
Gold Retreat Star

Mesha Rasi: 19.49 Tithi 17
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Siddhi Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 7:15AM – 8:43AM
Yama 2:33PM – 4:01PM
Rahu 10:11AM – 11:38AM

Bharani Until 7:43PM
Siddhi Until 10:25PM
Tailila Until 12:10PM
Dvitiya Until 1:19AM Sat

Pyinmana, Myanmar
Sun 1 Sutra 194
Plava 5123
Moon 10 - Phase 26 - 1
1st Phase

Ganesha: Clear *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 5:29PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

1

Saturday, October 23, 2021

Vrishabha Rasi: 1.46 Tithi 18
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:48AM – 7:15AM
Yama 1:05PM – 2:33PM
Rahu 8:43AM – 10:10AM

Krittika Until 10:31PM
Vyatipata* Until 11:20PM
Vanija Until 2:35PM
Tritiya Until 3:52AM Sun

Pyinmana, Myanmar
Sun 2 Sutra 195
Plava 5123
Moon 10 - Phase 26 - 2
1st Phase

Ganesha: Clear *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 5:29PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

2

Sunday, October 24, 2021

Vrishabha Rasi: 13.35 Tithi 19
Creative Work Siddha Yoga
Until 1:50AM Mon
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:33PM – 4:00PM
Yama 11:38AM – 1:05PM
Rahu 4:00PM – 5:27PM

Rohini Until 1:50AM Mon
Variyan Until 12:21AM Mon
Bava Until 5:14PM
Chaturthi* Until 6:34AM Mon

Pyinmana, Myanmar
Sun 3 Sutra 196
Plava 5123
Moon 10 - Phase 26 - 3
1st Phase

Ganesha: Purple *Sunrise:* 5:48AM
Muruqa: White *Sunset:* 5:27PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

3

Monday, October 25, 2021

Vrishabha Rasi: 25.22 Tithi 19 – 20
Family Home Evening
Creative Work Amrita Yoga
Until 4:59AM Tue
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:05PM – 2:32PM
Yama 10:10AM – 11:38AM
Rahu 7:16AM – 8:43AM

Mrigashira Until 4:59AM Tue
Parigha* Until 1:23AM Tue
Kaulava Until 7:57PM
Chaturthi* Until 6:34AM

Pyinmana, Myanmar
Sun 4 Sutra 197
Plava 5123
Moon 10 - Phase 26 - 4
1st Phase

Ganesha: Purple *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 5:27PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

4

Tuesday, October 26, 2021

Mithuna Rasi: 7.09 Tithi 20 – 21
Routine Work Marana Yoga
Until 7:46AM Wed
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:38AM – 1:05PM
Yama 8:43AM – 10:10AM
Rahu 2:32PM – 3:59PM

Ardra Until 7:46AM Wed
Shiva Until 2:19AM Wed
Gara Until 10:31PM
Panchami Until 9:15AM

Pyinmana, Myanmar
Sun 5 Sutra 198
Plava 5123
Moon 10 - Phase 26 - 5
1st Phase

Ganesha: Purple *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 5:26PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

5

Wednesday, October 27, 2021

Mithuna Rasi: 19.01 Tithi 21 – 22
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:10AM – 11:37AM
Yama 7:16AM – 8:43AM
Rahu 11:37AM – 1:05PM

Ardra Until 7:46AM
Siddha Until 2:55AM Thu
Visti Until 12:45AM Thu
Shashthi* Until 11:40AM

Pyinmana, Myanmar
Sun 6 Sutra 199
Plava 5123
Moon 10 - Phase 26 - 6
1st Phase

Ganesha: Purple *Sunrise:* 5:49AM
Muruqa: White *Sunset:* 5:26PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

D

Thursday, October 28, 2021
Retreat Star

Kataka Rasi: 1.03 Tithi 22 – 23
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Gulika 8:43AM – 10:10AM
Yama 5:50AM – 7:16AM
Rahu 1:04PM – 2:31PM

Punarvasu Until 10:29AM
Sadhya Until 3:06AM Fri
Balava Until 2:25AM Fri
Saptami Until 1:39PM

Pyinmana, Myanmar
Sun 7 Sutra 200
Plava 5123
Moon 10 - Phase 26 - 7
Ashtami

Ganesha: White *Sunrise:* 5:50AM
Muruqa: Clear *Sunset:* 5:25PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

Friday, October 29, 2021
Retreat Star

Kataka Rasi: 13.19 Tithi 23 – 24
Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gulika 7:17AM – 8:44AM
Yama 2:31PM – 3:58PM
Rahu 10:10AM – 11:37AM

Pushya Until 12:26PM
Subha Until 2:45AM Sat
Tailila Until 3:23AM Sat
Ashtami* Until 2:59PM

Pyinmana, Myanmar
Sun 8 Sutra 201
Plava 5123
Moon 10 - Phase 26 - 8
Navami

Ganesha: White *Sunrise:* 5:50AM
Muruqa: Clear *Sunset:* 5:25PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


1	Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Pyinmana, Myanmar
	Kataka Rasi: 25.54	Tithi 24 – 25	Gulika 5:50AM – 7:17AM	Ashlesha* Until 1:30PM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Sun 9 Sutra 202
		649525464 Rahu 8:44AM – 10:10AM	Sukla Until 1:46AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Plava 5123	
	Routine Work Marana Yoga		Vanija Until 3:32AM Sun	Nataraja: Purple		Moon 10 - Phase 27 - 9	
	Until 1:30PM		Navami* Until 3:33PM	Moon – Blue		2nd Phase	
	Then Creative Work - Amrita Yoga			Ashvina•Aipasi		Subha Sivaloka Day	

2	Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar
	Simha Rasi: 8.52	Tithi 25 – 26	Gulika 2:31PM – 3:57PM	Magha* Until 2:04PM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM	Sun 10 Sutra 203
		649525464 Rahu 3:57PM – 5:24PM	Brahma Until 12:07AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Plava 5123	
	Routine Work Marana Yoga		Bava Until 2:51AM Mon	Nataraja: Purple		Moon 10 - Phase 27 - 10	
	Until 2:04PM		Dashami Until 3:17PM	Moon – Red		2nd Phase	
	Then Creative Work - Siddha Yoga			Ashvina•Aipasi		Sivaloka Day	

3	Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar
	Simha Rasi: 22.16	Tithi 26 – 27	Gulika 1:04PM – 2:30PM	Purvaphalguni Until 1:41PM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM	Sun 11 Sutra 204
Family Home Evening		649525464 Rahu 7:17AM – 8:44AM	Indra Until 9:52PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Plava 5123	
	Creative Work Siddha Yoga		Kaulava Until 1:23AM Tue	Nataraja: Purple		Moon 10 - Phase 27 - 11	
			Ekadashi* Until 2:12PM	Moon – Red		2nd Phase	
				Ashvina•Aipasi		Sivaloka Day	

4	Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Pyinmana, Myanmar
	Kanya Rasi: 6.08	Tithi 27 – 28	Gulika 11:37AM – 1:04PM	Uttaraphalguni Until 12:25PM	Ganesha: Yellow	<i>Sunrise:</i> 5:51AM	Sun 12 Sutra 205
		649525464 Rahu 2:30PM – 3:57PM	Vaidhriti* Until 7:01PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Plava 5123	
	Creative Work Amrita Yoga		Gara Until 11:13PM	Nataraja: Purple		Moon 10 - Phase 27 - 12	
	Until 12:25PM		Dvadashi* Until 12:21PM	Moon – Red		2nd Phase	
	Then Creative Work - Siddha Yoga			Ashvina•Aipasi		Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Pyinmana, Myanmar
	Kanya Rasi: 20.25	Tithi 28 – 29	Gulika 10:11AM – 11:37AM	Hasta Until 10:48AM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	Sun 13 Sutra 206
		649525464 Rahu 11:37AM – 1:04PM	Vishkambha* Until 3:41PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Plava 5123	
	Routine Work Marana Yoga		Visti Until 8:29PM	Nataraja: Purple		Moon 10 - Phase 27 - 13	
	Until 10:48AM		Trayodashi* Until 9:53AM	Moon – Green		2nd Phase	
	Then Creative Work - Siddha Yoga	Subramuniyaswami Mahasamadhi		Ashvina•Aipasi		Sivaloka Day	
		Deepavali Hindu Solidarity Day					

	Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Pyinmana, Myanmar
	Retreat Star		Gulika 8:45AM – 10:11AM	Chitra Until 8:33AM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	Sun 14 Sutra 207
	Tula Rasi: 5.05	Tithi 29 – 30	649525464 Rahu 1:03PM – 2:30PM	Priti Until 12:00PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Plava 5123
	Creative Work Siddha Yoga		Naga Until 3:37AM Fri	Nataraja: Purple		Moon 10 - Phase 27 - 14	
	Until 8:33AM		Chaturdashi* Until 6:55AM	Moon – Green		Amavasya	
	Then Creative Work - Amrita Yoga			Ashvina•Aipasi		Sivaloka Day	

Retreat Star	Friday, November 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Pyinmana, Myanmar
	Tula Rasi: 20.01	Tithi 1	Gulika 7:19AM – 8:45AM	Vishakha Until 3:14AM Sat	Ganesha: Blue	<i>Sunrise:</i> 5:52AM	Sun 15 Sutra 208
		671625464 Rahu 10:11AM – 11:37AM	Ayushman Until 8:02AM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Plava 5123	
	Creative Work Siddha Yoga		Kintughna Until 1:54PM	Nataraja: Purple		Moon 10 - Phase 27 - 15	
			Prathama* Until 12:07AM Sat	Moon – Orange		Prathama	
		Skanda Shasthi Begins		Kartika•Aipasi		Devaloka Day	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pynmana, Myanmar Sun 16 Sutra 209 Plava 5123
	Wrischika Rasi: 5.04	Tithi 2	Gulika 5:53AM – 7:19AM	Anuradha Until 12:29AM Sun	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	
			Yama 1:03PM – 2:29PM	Sobhana Until 11:54PM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 28 - 16
	671625464	Rahu 8:45AM – 10:11AM	Balava Until 10:22AM	Dvitiya Until 8:36PM	Nataraja: Purple Moon – Orange		3rd Phase
Creative Work Siddha Yoga Until 12:29AM Sun Then Routine Work - Marana Yoga		Devaloka Day					

2	Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Athiganda* Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Pynmana, Myanmar Sun 17 Sutra 210 Plava 5123
	Wrischika Rasi: 20.07	Tithi 3 – 4	Gulika 2:29PM – 3:55PM	Jyeshtha* Until 9:45PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	
			Yama 11:37AM – 1:03PM	Athiganda* Until 7:56PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 28 - 17
	771625464	Rahu 3:55PM – 5:21PM	Taitila Until 6:54AM	Tritiya Until 5:13PM	Nataraja: Purple Moon – Orange		3rd Phase
Routine Work Marana Yoga Until 9:45PM Then Creative Work - Amrita Yoga		Devaloka Day					

3	Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Pynmana, Myanmar Sun 18 Sutra 211 Plava 5123
	Dhanus Rasi: 5	Tithi 4 – 5	Gulika 1:03PM – 2:29PM	Mula* Until 7:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM	
	Family Home Evening		Yama 10:11AM – 11:37AM	Sukarma Until 4:13PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 28 - 18
	781625464	Rahu 7:20AM – 8:45AM	Bava Until 12:41AM Tue	Chaturthi* Until 2:05PM	Nataraja: Purple Moon – Light Blue		3rd Phase
Creative Work Siddha Yoga Until 7:36PM Then Routine Work - Marana Yoga		Devaloka Day					

4	Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pynmana, Myanmar Sun 19 Sutra 212 Plava 5123
	Dhanus Rasi: 19.37	Tithi 5 – 6	Gulika 11:37AM – 1:03PM	Purvashadha* Until 5:44PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM	
			Yama 8:46AM – 10:12AM	Dhriti Until 12:51PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 28 - 19
	781625464	Rahu 2:29PM – 3:55PM	Kaulava Until 10:13PM	Panchami Until 11:22AM	Nataraja: Purple Moon – Light Blue		3rd Phase
Creative Work Siddha Yoga Until 5:44PM Then Routine Work - Prabararishta Yoga		Skanda Shasthi	Devaloka Day				

5	Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Pynmana, Myanmar Sun 20 Sutra 213 Plava 5123
	Makara Rasi: 3.55	Tithi 6 – 7	Gulika 10:12AM – 11:37AM	Uttarashadha Until 4:16PM	Ganesha: Blue	<i>Sunrise:</i> 5:55AM	
			Yama 7:20AM – 8:46AM	Shula* Until 9:53AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 28 - 20
	781625464	Rahu 11:37AM – 1:03PM	Gara Until 8:18PM	Shashthi* Until 9:10AM	Nataraja: Purple Moon – Light Blue		3rd Phase
Creative Work Amrita Yoga Until 4:16PM Then Creative Work - Siddha Yoga		Devaloka Day					

D	Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Pynmana, Myanmar Sun 21 Sutra 214 Plava 5123
	Retreat Star		Gulika 8:46AM – 10:12AM	Shravana Until 3:41PM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM	
	Makara Rasi: 17.49	Tithi 7 – 8	Yama 5:55AM – 7:21AM	Ganda* Until 7:24AM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 28 - 21
	791625464	Rahu 1:03PM – 2:29PM	Visti Until 7:00PM	Saptami Until 7:33AM	Nataraja: Purple Moon – Purple		Ashtami
Creative Work Siddha Yoga		Sivaloka Day					

K	Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pynmana, Myanmar Sun 22 Sutra 215 Plava 5123
	Retreat Star		Gulika 7:21AM – 8:47AM	Dhanishtha Until 3:36PM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM	
	Kumbha Rasi: 1.2	Tithi 8 – 9	Yama 2:29PM – 3:54PM	Dhruva Until 3:58AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 28 - 22
	791625464	Rahu 10:12AM – 11:38AM	Balava Until 6:22PM	Ashtami* Until 6:35AM	Nataraja: Purple Moon – Purple		Navami
Creative Work Siddha Yoga		Sivaloka Day					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Saturday, November 13, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau							Pyinmana, Myanmar Sun 23 Sutra 216 Plava 5123
	Kumbha Rasi: 14.31 Tithi 9 – 10 791625464	Gulika 5:56AM – 7:21AM Yama 1:03PM – 2:29PM Rahu 8:47AM – 10:12AM	Shatabhishak Until 3:59PM Vyaghata* Until 3:00AM Sun Taitila Until 6:22PM Navami* Until 6:16AM	Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Purple	Sunrise: 5:56AM Sunset: 5:20PM			Moon 10 - Phase 29 - 23 4th Phase	
	Creative Work Amrita Yoga Until 3:59PM Then Routine Work - Marana Yoga							Sivaloka Day	

2	Sunday, November 14, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau						Pyinmana, Myanmar Sun 24 Sutra 217 Plava 5123
	Kumbha Rasi: 27.23 Tithi 10 – 11 711625464	Gulika 2:29PM – 3:54PM Yama 11:38AM – 1:03PM Rahu 3:54PM – 5:19PM	Purvaproshtapada* Until 5:16PM Harshana Until 2:29AM Mon Vanija Until 6:58PM Dashami Until 6:34AM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Clear	Sunrise: 5:56AM Sunset: 5:19PM			Moon 10 - Phase 29 - 24 4th Phase
	Creative Work Siddha Yoga Until 5:16PM Then Creative Work - Amrita Yoga							Sivaloka Day

3	Monday, November 15, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau						Pyinmana, Myanmar Sun 25 Sutra 218 Plava 5123
	Meena Rasi: 9.58 Tithi 11 – 12 Family Home Evening 712625464	Gulika 1:03PM – 2:29PM Yama 10:13AM – 11:38AM Rahu 7:22AM – 8:48AM	Uttaraproshtapada Until 6:55PM Vajra* Until 2:20AM Tue Bava Until 8:06PM Ekadashi Until 7:27AM	Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Clear	Sunrise: 5:57AM Sunset: 5:19PM			Moon 10 - Phase 29 - 25 4th Phase
	Creative Work Siddha Yoga							Subha Sivaloka Day

4	Tuesday, November 16, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau						Pyinmana, Myanmar Sun 26 Sutra 219 Plava 5123
	Meena Rasi: 22.2 Tithi 12 – 13 712625464	Gulika 11:38AM – 1:03PM Yama 8:48AM – 10:13AM Rahu 2:29PM – 3:54PM	Revati Until 8:51PM Siddhi Until 2:32AM Wed Kaulava Until 9:42PM Dvadashi Until 8:50AM	Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Clear	Sunrise: 5:57AM Sunset: 5:19PM			Moon 10 - Phase 29 - 26 4th Phase
	Creative Work Siddha Yoga							Subha Sivaloka Day
								<i>Pradosha Vrata</i>

5	Wednesday, November 17, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Pyinmana, Myanmar Sun 27 Sutra 220 Plava 5123
	Mesha Rasi: 4.32 Tithi 13 – 14 722625465	Gulika 10:13AM – 11:38AM Yama 7:23AM – 8:48AM Rahu 11:38AM – 1:04PM	Ashvini Until 11:30PM Vyatipata* Until 3:02AM Thu Gara Until 11:43PM Trayodashi Until 10:39AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 5:58AM Sunset: 5:19PM			Moon 10 - Phase 29 - 27 4th Phase
	Routine Work Marana Yoga Until 11:30PM Then Creative Work - Siddha Yoga							Devaloka Day

	Thursday, November 18, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau						Pyinmana, Myanmar Sutra 221 Plava 5123
	Mesha Rasi: 16.34 Tithi 14 – 15 722625465	Gulika 8:49AM – 10:14AM Yama 5:58AM – 7:24AM Rahu 1:04PM – 2:29PM	Bharani Until 2:17AM Fri Variyan Until 3:45AM Fri Visti Until 2:03AM Fri Chaturdashi* Until 12:49PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 5:58AM Sunset: 5:19PM			Moon 10 - Phase 29 - Purnima
	Creative Work Siddha Yoga							Devaloka Day

Friday, November 19, 2021	Silver Retreat Star	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau						Pyinmana, Myanmar Sutra 222 Plava 5123
	Mesha Rasi: 28.3 Tithi 15 – 16 722625465	Gulika 7:24AM – 8:49AM Yama 2:29PM – 3:54PM Rahu 10:14AM – 11:39AM	Krittika Until 5:07AM Sat Parigha* Until 4:38AM Sat Balava Until 4:36AM Sat Purnima* Until 3:17PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 5:59AM Sunset: 5:19PM			Moon 10 - Phase 29 - Prathama
	Creative Work Siddha Yoga Until 5:07AM Sat Then Creative Work - Amrita Yoga	Krittika Deepam Vinayaga Viratam Begins						Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar
Sutra 223
Plava 5123

Vrishabha Rasi: 10.2 Tithi 16 - 17

732625465

Gulika 6:00AM - 7:24AM
Yama 1:04PM - 2:29PM
Rahu 8:49AM - 10:14AM

Rohini Until 8:25AM Sun
Shiva Until 5:38AM Sun
Taitila Until 7:18AM Sun
Prathama* Until 5:55PM

Ganesha: Purple *Sunrise:* 6:00AM
Muruqa: Clear *Sunset:* 5:19PM
Nataraja: Clear
Moon - Yellow

Moon 11 - Phase 30 - 1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 8:25AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 224
Plava 5123

Vrishabha Rasi: 22.08 Tithi 17

732625465

Gulika 2:29PM - 3:54PM
Yama 11:39AM - 1:04PM
Rahu 3:54PM - 5:19PM

Rohini Until 8:25AM
Siddha Until 6:37AM Mon
Taitila Until 7:18AM
Dvitiya Until 8:38PM

Ganesha: Purple *Sunrise:* 6:00AM
Muruqa: Clear *Sunset:* 5:19PM
Nataraja: Clear
Moon - Yellow

Moon 11 - Phase 30 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 8:25AM Sun

Then Creative Work - Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Pyinmana, Myanmar
Sun 2 Sutra 225
Plava 5123

Mithuna Rasi: 3.56 Tithi 18

732625465

Gulika 1:04PM - 2:29PM
Yama 10:15AM - 11:40AM
Rahu 7:25AM - 8:50AM

Mrigashira Until 11:32AM
Siddha Until 6:37AM
Vanija Until 10:00AM
Tritiya Until 11:18PM

Ganesha: Purple *Sunrise:* 6:01AM
Muruqa: Clear *Sunset:* 5:19PM
Nataraja: Clear
Moon - Yellow

Moon 11 - Phase 30 - 2nd Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 11:32AM

Then Creative Work - Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 226
Plava 5123

Mithuna Rasi: 15.46 Tithi 19

732625465

Gulika 11:40AM - 1:05PM
Yama 8:50AM - 10:15AM
Rahu 2:29PM - 3:54PM

Ardra Until 2:22PM
Sadhya Until 7:32AM
Bava Until 12:35PM
Chaturthi* Until 1:46AM Wed

Ganesha: Purple *Sunrise:* 6:01AM
Muruqa: Clear *Sunset:* 5:19PM
Nataraja: Clear
Moon - Yellow

Moon 11 - Phase 30 - 3rd Phase

Sivaloka Day

Routine Work Marana Yoga

Until 2:22PM

Then Creative Work - Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 227
Plava 5123

Mithuna Rasi: 27.4 Tithi 20

742625465

Gulika 10:16AM - 11:40AM
Yama 7:26AM - 8:51AM
Rahu 11:40AM - 1:05PM

Punarvasu Until 5:17PM
Subha Until 8:17AM
Kaulava Until 2:54PM
Panchami Until 3:54AM Thu

Ganesha: Clear *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 5:19PM
Nataraja: Clear
Moon - Blue

Moon 11 - Phase 30 - 4th Phase

Devaloka Day

Creative Work Siddha Yoga

Until 5:17PM

Then Creative Work - Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 228
Plava 5123

Kataka Rasi: 9.44 Tithi 21

742625465

Gulika 8:51AM - 10:16AM
Yama 6:02AM - 7:27AM
Rahu 1:05PM - 2:30PM

Pushya Until 7:37PM
Sukla Until 8:44AM
Gara Until 4:49PM
Shashthi* Until 5:33AM Fri

Ganesha: Clear *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 5:19PM
Nataraja: Clear
Moon - Blue

Moon 11 - Phase 30 - 5th Phase

Devaloka Day

Creative Work Amrita Yoga

Until 7:37PM

Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Visti* Karana Saptamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 229
Plava 5123

Kataka Rasi: 21.59 Tithi 22

742625465

Gulika 7:27AM - 8:52AM
Yama 2:30PM - 3:54PM
Rahu 10:16AM - 11:41AM

Ashlesha* Until 9:15PM
Brahma Until 8:48AM
Visti Until 6:10PM
Saptami Until 6:34AM Sat

Ganesha: Clear *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 5:19PM
Nataraja: Clear
Moon - Blue

Moon 11 - Phase 30 - 6th Phase

Devaloka Day

Routine Work Marana Yoga

Until 9:15PM

Then Creative Work - Siddha Yoga

Retreat Star

Saturday, November 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 230
Plava 5123

Simha Rasi: 4.3 Tithi 22 - 23

752625465

Gulika 6:03AM - 7:28AM
Yama 1:05PM - 2:30PM
Rahu 8:52AM - 10:17AM

Magha* Until 10:32PM
Indra Until 8:25AM
Balava Until 6:50PM
Saptami Until 6:34AM

Ganesha: White *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 5:19PM
Nataraja: Clear
Moon - Red

Moon 11 - Phase 30 - 7th Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 10:32PM

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pyinmana, Myanmar
Sun 8 Sutra 231
Plava 5123

Simha Rasi: 17.22 Tithi 23 - 24

752625465

Gulika 2:30PM - 3:54PM
Yama 11:41AM - 1:06PM
Rahu 3:54PM - 5:19PM

Purvaphalguni Until 10:55PM
Vaidhriti* Until 7:25AM
Taitila Until 6:44PM
Ashtami* Until 6:52AM

Ganesha: White *Sunrise:* 6:04AM
Muruqa: Clear *Sunset:* 5:19PM
Nataraja: Clear
Moon - Red

Moon 11 - Phase 30 - 8th Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 10:55PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda


1	Monday, November 29, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Visti* Karana Navami/Dashmyam Titau		Pyinmana, Myanmar Sun 9 Sutra 232 Plava 5123
	Kanya Rasi: 0.37 Tithi 24 – 25	Gulika 1:06PM – 2:30PM	Uttaraphalguni Until 10:22PM	Ganesha: Clear <i>Sunrise:</i> 6:05AM
	Family Home Evening 753625465	Yama 10:17AM – 11:42AM	Priti Until 3:38AM Tue	Muruqa: Clear <i>Sunset:</i> 5:19PM
	Creative Work Siddha Yoga	Rahu 7:29AM – 8:53AM	Visti Until 5:05AM Tue	Nataraja: Clear Moon – Red
		Navami* Until 6:22AM	Karttika-Karttikai	Devaloka Day

2	Tuesday, November 30, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Pyinmana, Myanmar Sun 10 Sutra 233 Plava 5123
	Kanya Rasi: 14.19 Tithi 26	Gulika 11:42AM – 1:06PM	Hasta Until 9:22PM	Ganesha: Yellow <i>Sunrise:</i> 6:05AM
	753625465	Yama 8:54AM – 10:18AM	Ayushman Until 12:50AM Wed	Muruqa: Clear <i>Sunset:</i> 5:19PM
	Creative Work Siddha Yoga	Rahu 2:31PM – 3:55PM	Bava Until 4:11PM	Nataraja: Clear Moon – Green
		Ekadashi* Until 3:04AM Wed	Karttika-Karttikai	Devaloka Day

3	Wednesday, December 1, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau		Pyinmana, Myanmar Sun 11 Sutra 234 Plava 5123
	Kanya Rasi: 28.28 Tithi 27	Gulika 10:18AM – 11:42AM	Chitra Until 7:35PM	Ganesha: Yellow <i>Sunrise:</i> 6:06AM
	753625465	Yama 7:30AM – 8:54AM	Saubhagya Until 9:30PM	Muruqa: Clear <i>Sunset:</i> 5:19PM
	Creative Work Siddha Yoga	Rahu 11:42AM – 1:07PM	Kaulava Until 1:50PM	Nataraja: Clear Moon – Green
		Dvadashi* Until 12:25AM Thu	Karttika-Karttikai	Devaloka Day

4	Thursday, December 2, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Pyinmana, Myanmar Sun 12 Sutra 235 Plava 5123
	Tula Rasi: 13.02 Tithi 28	Gulika 8:55AM – 10:19AM	Svati Until 5:07PM	Ganesha: Yellow <i>Sunrise:</i> 6:06AM
	753625465	Yama 6:06AM – 7:30AM	Sobhana Until 5:46PM	Muruqa: Clear <i>Sunset:</i> 5:19PM
	Creative Work Amrita Yoga Until 5:07PM Then Creative Work - Siddha Yoga	Rahu 1:07PM – 2:31PM	Gara Until 10:54AM	Nataraja: Clear Moon – Green
		Trayodashi* Until 9:16PM	Karttika-Karttikai	Devaloka Day
		<i>Pradosha Vrata (Fasting)</i>		

5	Friday, December 3, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda/Sukarma Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Pyinmana, Myanmar Sun 13 Sutra 236 Plava 5123
	Tula Rasi: 27.57 Tithi 29 – 30	Gulika 7:31AM – 8:55AM	Vishakha Until 2:32PM	Ganesha: Red <i>Sunrise:</i> 6:07AM
	773725465	Yama 2:31PM – 3:55PM	Athiganda* Until 1:42PM	Muruqa: Clear <i>Sunset:</i> 5:20PM
	Creative Work Siddha Yoga	Rahu 10:19AM – 11:43AM	Visti Until 7:33AM	Nataraja: Clear Moon – Orange
		Chaturdashi* Until 5:45PM	Karttika-Karttikai	Devaloka Day

	Saturday, December 4, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Pyinmana, Myanmar Sun 14 Sutra 237 Plava 5123
	Retreat Star Vrischika Rasi: 13.07 Tithi 30 – 1	Gulika 6:07AM – 7:31AM	Anuradha Until 11:35AM	Ganesha: Red <i>Sunrise:</i> 6:07AM
	773725465	Yama 1:08PM – 2:32PM	Sukarma Until 9:27AM	Muruqa: Clear <i>Sunset:</i> 5:20PM
	Creative Work Siddha Yoga	Rahu 8:56AM – 10:20AM	Kintughna Until 12:11AM Sun	Nataraja: Clear Moon – Orange
		Amavasya* Until 2:02PM	Karttika-Karttikai	Devaloka Day

Retreat Star	Sunday, December 5, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Pyinmana, Myanmar Sun 15 Sutra 238 Plava 5123
	Vrischika Rasi: 28.2 Tithi 1 – 2	Gulika 2:32PM – 3:56PM	Jyeshtha* Until 8:28AM	Ganesha: Red <i>Sunrise:</i> 6:08AM
	773725465	Yama 11:44AM – 1:08PM	Shula* Until 12:55AM Mon	Muruqa: Clear <i>Sunset:</i> 5:20PM
	Routine Work Marana Yoga Until 8:28AM Then Creative Work - Amrita Yoga	Rahu 3:56PM – 5:20PM	Balava Until 8:29PM	Nataraja: Clear Moon – Orange
		Prathama* Until 10:18AM	Margasira-Karttikai	Devaloka Day

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1		Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Pynmana, Myanmar Sun 16 Sutra 239 Plava 5123	
Dhanus Rasi: 13.29	Tithi 2 - 3	Gulika	1:08PM - 2:32PM	Purvashadha* Until 3:08AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM	
Family Home Evening	783725465	Yama	10:20AM - 11:44AM	Ganda* Until 8:53PM	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 11 - Phase 32 - 16
Routine Work Marana Yoga		Rahu	7:33AM - 8:57AM	Gara Until 3:23AM Tue	Nataraja: Clear		3rd Phase
Until 3:08AM Tue				Dvitiya Until 6:42AM	Moon - Light Blue		Devaloka Day
Then Routine Work - Prabalarishta Yoga					Margasira-Karttikai		

2		Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau		Pynmana, Myanmar Sun 17 Sutra 240 Plava 5123	
Dhanus Rasi: 28.25	Tithi 4	Gulika	11:45AM - 1:09PM	Uttarashadha Until 12:51AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM	
	783725465	Yama	8:57AM - 10:21AM	Vriddhi Until 5:12PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 17
Routine Work Prabalarishta Yoga		Rahu	2:33PM - 3:57PM	Vanija Until 1:54PM	Nataraja: Clear		3rd Phase
Until 12:51AM Wed				Chaturthi* Until 12:31AM Wed	Moon - Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga					Margasira-Karttikai		

3		Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Pynmana, Myanmar Sun 18 Sutra 241 Plava 5123	
Makara Rasi: 12.59	Tithi 5	Gulika	10:21AM - 11:45AM	Shravana Until 11:27PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
	793725465	Yama	7:34AM - 8:58AM	Dhruva Until 1:55PM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 18
Creative Work Siddha Yoga		Rahu	11:45AM - 1:09PM	Bava Until 11:19AM	Nataraja: Clear		3rd Phase
Until 11:27PM				Panchami Until 10:14PM	Moon - Purple		Sivaloka Day
Then Routine Work - Prabalarishta Yoga					Margasira-Karttikai		

4		Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau		Pynmana, Myanmar Sun 19 Sutra 242 Plava 5123	
Makara Rasi: 27.08	Tithi 6	Gulika	8:58AM - 10:22AM	Dhanishtha Until 10:36PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	
	793725465	Yama	6:10AM - 7:34AM	Vyaghata* Until 11:12AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 19
Creative Work Siddha Yoga		Rahu	1:10PM - 2:33PM	Kaulava Until 9:23AM	Nataraja: Clear		3rd Phase
				Shashthi* Until 8:41PM	Moon - Purple		Sivaloka Day
					Margasira-Karttikai		

Vinayaga Viratam Ends

5		Friday, December 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau		Pynmana, Myanmar Sun 20 Sutra 243 Plava 5123	
Kumbha Rasi: 10.5	Tithi 7	Gulika	7:35AM - 8:59AM	Shatabhishak Until 10:23PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	
	793725465	Yama	2:34PM - 3:58PM	Harshana Until 9:06AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 11 - Phase 32 - 20
Creative Work Siddha Yoga		Rahu	10:22AM - 11:46AM	Gara Until 8:13AM	Nataraja: Clear		3rd Phase
				Saptami Until 7:55PM	Moon - Purple		Sivaloka Day
					Margasira-Karttikai		

Retreat Star		Saturday, December 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Pynmana, Myanmar Sun 21 Sutra 244 Plava 5123	
Kumbha Rasi: 24.04	Tithi 8	Gulika	6:12AM - 7:35AM	Purvaproshtapada* Until 11:15PM	Ganesha: White	<i>Sunrise:</i> 6:12AM	
	713725465	Yama	1:10PM - 2:34PM	Vajra* Until 7:37AM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 32 - 21
Routine Work Marana Yoga		Rahu	8:59AM - 10:23AM	Visti Until 7:51AM	Nataraja: Clear		Ashtami
Until 11:15PM				Ashtami* Until 7:58PM	Moon - Clear		Sivaloka Day
Then Creative Work - Siddha Yoga					Margasira-Karttikai		

Retreat Star		Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Navamyam Titau		Pynmana, Myanmar Sun 22 Sutra 245 Plava 5123	
Meena Rasi: 6.53	Tithi 9	Gulika	2:35PM - 3:58PM	Uttaraproshtapada Until 12:44AM Mon	Ganesha: White	<i>Sunrise:</i> 6:12AM	
	713725465	Yama	11:47AM - 1:11PM	Siddhi Until 6:46AM	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 11 - Phase 32 - 22
Creative Work Amrita Yoga		Rahu	3:58PM - 5:22PM	Balava Until 8:19AM	Nataraja: Clear		Navami
Until 12:44AM Mon				Navami* Until 8:48PM	Moon - Clear		Sivaloka Day
Then Creative Work - Siddha Yoga					Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Dashamyam Titau		Pyinmana, Myanmar Sun 23 Sutra 246 Plava 5123	
Meena Rasi: 19.22	Tithi 10	Gulika	1:11PM – 2:35PM	Revati Until 2:40AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	
Family Home Evening	714725465	Yama	10:24AM – 11:48AM	Vyatipata* Until 6:29AM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 11 - Phase 33 - 23
Creative Work	Siddha Yoga	Rahu	7:36AM – 9:00AM	Taitila Until 9:30AM	Nataraja: Clear		4th Phase
				Dashami Until 10:19PM	Moon – Clear		Devaloka Day
					Margasira-Karttikai		

2		Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Pyinmana, Myanmar Sun 24 Sutra 247 Plava 5123	
Mesha Rasi: 1.35	Tithi 11	Gulika	11:48AM – 1:12PM	Ashvini Until 5:26AM Wed	Ganesha: White	<i>Sunrise:</i> 6:13AM	
	724725465	Yama	9:01AM – 10:24AM	Variyan Until 6:40AM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 11 - Phase 33 - 24
Creative Work	Siddha Yoga	Rahu	2:35PM – 3:59PM	Vanija Until 11:19AM	Nataraja: Clear		4th Phase
				Ekadashi Until 12:23AM Wed	Moon – White		Bhuloka Day
		Gita Jayanthi			Margasira-Karttikai		Devaloka Time: 3:PM to 6:PM

3		Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau		Pyinmana, Myanmar Sun 25 Sutra 248 Plava 5123	
Mesha Rasi: 14	Tithi 12	Gulika	10:25AM – 11:49AM	Bharani Until 8:22AM Thu	Ganesha: White	<i>Sunrise:</i> 6:14AM	
	724725465	Yama	7:37AM – 9:01AM	Parigha* Until 7:14AM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 11 - Phase 33 - 25
Creative Work	Siddha Yoga	Rahu	11:49AM – 1:12PM	Bava Until 1:36PM	Nataraja: Clear		4th Phase
Until 8:22AM Thu				Dvadashi Until 2:51AM Thu	Moon – White		Bhuloka Day
Then Routine Work - Marana Yoga					Margasira-Karttikai		Devaloka Time: 3:PM to 6:PM

4		Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pyinmana, Myanmar Sun 26 Sutra 249 Plava 5123	
Mesha Rasi: 25.29	Tithi 13	Gulika	9:02AM – 10:25AM	Bharani Until 8:22AM	Ganesha: Yellow	<i>Sunrise:</i> 6:14AM	
	824725465	Yama	6:14AM – 7:38AM	Shiva Until 8:04AM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 11 - Phase 33 - 26
Creative Work	Siddha Yoga	Rahu	1:13PM – 2:36PM	Kaulava Until 4:11PM	Nataraja: Clear		4th Phase
Until 8:22AM				Trayodashi Until 5:31AM Fri	Moon – White		Devaloka Day
Then Routine Work - Marana Yoga		Markali Pillaiyar			Margasira-Markali		
				<i>Pradosha Vrata</i>			

5		Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Gara Karana Chaturdashyam Titau		Pyinmana, Myanmar Sun 27 Sutra 250 Plava 5123	
Vrishabha Rasi: 7.18	Tithi 14	Gulika	7:39AM – 9:02AM	Krittika Until 11:18AM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	
	824725465	Yama	2:37PM – 4:00PM	Siddha Until 9:00AM	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 11 - Phase 33 - 27
Creative Work	Siddha Yoga	Rahu	10:26AM – 11:50AM	Gara Until 6:54PM	Nataraja: Clear		4th Phase
Until 11:18AM				Chaturdashi* Until 8:15AM Sat	Moon – White		Devaloka Day
Then Routine Work - Marana Yoga					Margasira-Markali		

		Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pyinmana, Myanmar Sutra 251 Plava 5123	
Vrishabha Rasi: 19.05	Tithi 14 – 15	Gulika	6:15AM – 7:39AM	Rohini Until 2:37PM	Ganesha: White	<i>Sunrise:</i> 6:15AM	
	834725465	Yama	1:14PM – 2:37PM	Sadhya Until 9:59AM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 11 - Phase 33 - Purnima
Creative Work	Amrita Yoga	Rahu	9:03AM – 10:26AM	Visti Until 9:38PM	Nataraja: Clear		
Until 2:37PM				Chaturdashi* Until 8:15AM	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga					Margasira-Markali		Devaloka Time: 3:PM to 6:PM

Sunday, December 19, 2021		Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Pyinmana, Myanmar Sutra 252 Plava 5123	
Mithuna Rasi: 0.53	Tithi 15 – 16	Gulika	2:38PM – 4:01PM	Mrigashira Until 5:41PM	Ganesha: White	<i>Sunrise:</i> 6:16AM	
	834725465	Yama	11:50AM – 1:14PM	Subha Until 10:57AM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 11 - Phase 33 - Prathama
Creative Work	Siddha Yoga	Rahu	4:01PM – 5:25PM	Balava Until 12:14AM Mon	Nataraja: Clear		
				Purnima* Until 10:56AM	Moon – Yellow		Bhuloka Day
					Margasira-Markali		Devaloka Time: 3:PM to 6:PM

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar

Sutra 253

Plava 5123

Mithuna Rasi: 12.45 Tithi 16 - 17

Family Home Evening

834725465

Gulika

1:15PM - 2:38PM

Yama

10:27AM - 11:51AM

Rahu

7:40AM - 9:04AM

Ardra Until 8:24PM

Sukla Until 11:45AM

Taitila Until 2:39AM Tue

Prathama* Until 1:27PM

Ganesha: White

Sunrise: 6:16AM

Muruqa: Clear

Sunset: 5:26PM

Nataraja: Clear

Moon - Yellow

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 8:24PM

Then Creative Work - Amrita Yoga

Ardra Darshanam

Tuesday, December 21, 2021

1

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar

Sun 1 Sutra 254

Plava 5123

Mithuna Rasi: 24.41 Tithi 17 - 18

Creative Work Siddha Yoga

844725465

Gulika

11:51AM - 1:15PM

Yama

9:04AM - 10:28AM

Rahu

2:39PM - 4:02PM

Punarvasu Until 11:12PM

Brahma Until 12:23PM

Vanija Until 4:46AM Wed

Dvitiya Until 3:43PM

Ganesha: Clear

Sunrise: 6:17AM

Muruqa: Clear

Sunset: 5:26PM

Nataraja: Clear

Moon - Blue

Margasira*Markali

Devaloka Day

Creative Work Siddha Yoga

Day 1 of Pancha Ganapati

Wednesday, December 22, 2021

2

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Vistit*/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 6.45 Tithi 18 - 19

Creative Work Siddha Yoga

844725465

Gulika

10:28AM - 11:52AM

Yama

7:41AM - 9:05AM

Rahu

11:52AM - 1:16PM

Pushya Until 1:31AM Thu

Indra Until 12:49PM

Bava Until 6:33AM Thu

Tritiya Until 5:41PM

Ganesha: Clear

Sunrise: 6:17AM

Muruqa: Clear

Sunset: 5:26PM

Nataraja: Clear

Moon - Blue

Margasira*Markali

Devaloka Day

Creative Work Siddha Yoga

Day 2 of Pancha Ganapati

Thursday, December 23, 2021

3

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

Pyinmana, Myanmar

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 18.56 Tithi 19

Creative Work Siddha Yoga

844725465

Gulika

9:05AM - 10:29AM

Yama

6:18AM - 7:42AM

Rahu

1:16PM - 2:40PM

Ashlesha* Until 3:19AM Fri

Vaidhriti* Until 12:57PM

Bava Until 6:33AM

Chaturthi* Until 7:16PM

Ganesha: Clear

Sunrise: 6:18AM

Muruqa: Clear

Sunset: 5:27PM

Nataraja: Clear

Moon - Blue

Margasira*Markali

Devaloka Day

Creative Work Siddha Yoga

Until 3:19AM Fri

Then Routine Work - Marana Yoga

Day 3 of Pancha Ganapati

Friday, December 24, 2021

4

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Pyinmana, Myanmar

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 1.18 Tithi 20

Routine Work Marana Yoga

854725465

Gulika

7:42AM - 9:06AM

Yama

2:40PM - 4:04PM

Rahu

10:29AM - 11:53AM

Magha* Until 4:58AM Sat

Vishkambha* Until 12:46PM

Kaulava Until 7:55AM

Panchami Until 8:24PM

Ganesha: Purple

Sunrise: 6:18AM

Muruqa: Clear

Sunset: 5:28PM

Nataraja: Clear

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 4:58AM Sat

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

Saturday, December 25, 2021

5

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 13.52 Tithi 21

Creative Work Siddha Yoga

855825465

Gulika

6:19AM - 7:43AM

Yama

1:17PM - 2:41PM

Rahu

9:06AM - 10:30AM

Purvaphalguni Until 5:55AM Sun

Priti Until 12:13PM

Gara Until 8:48AM

Shashthi* Until 9:01PM

Ganesha: Purple

Sunrise: 6:19AM

Muruqa: Clear

Sunset: 5:28PM

Nataraja: Clear

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 5:55AM Sun

Then Creative Work - Amrita Yoga

Day 5 of Pancha Ganapati

Sunday, December 26, 2021

6

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vistit*/Bava Karana Saplamyam Titau

Pyinmana, Myanmar

Sun 6 Sutra 259

Plava 5123

Simha Rasi: 26.42 Tithi 22

Creative Work Amrita Yoga

855825466

Gulika

2:41PM - 4:05PM

Yama

11:54AM - 1:18PM

Rahu

4:05PM - 5:29PM

Uttaraphalguni Until 6:08AM Mon

Ayushman Until 11:12AM

Vistit Until 9:07AM

Saptami Until 9:01PM

Ganesha: Purple

Sunrise: 6:19AM

Muruqa: Clear

Sunset: 5:29PM

Nataraja: Orange

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 6:08AM Mon

Then Creative Work - Siddha Yoga

Day 6 of Pancha Ganapati

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 9.5 Tithi 23

Family Home Evening

855825466

Gulika

1:18PM - 2:42PM

Yama

10:31AM - 11:54AM

Rahu

7:44AM - 9:07AM

Uttaraphalguni Until 6:08AM

Saubhagya Until 9:42AM

Balava Until 8:48AM

Ashtami* Until 8:22PM

Ganesha: Purple

Sunrise: 6:20AM

Muruqa: Clear

Sunset: 5:29PM

Nataraja: Orange

Moon - Red

Margasira*Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar

Sun 8 Sutra 261

Plava 5123

Kanya Rasi: 23.2 Tithi 24

Creative Work Siddha Yoga

865825466

Gulika

11:55AM - 1:19PM

Yama

9:08AM - 10:31AM

Rahu

2:42PM - 4:06PM

Chitra Until 5:01AM Wed

Sobhana Until 7:41AM

Taitila Until 7:48AM

Navami* Until 7:02PM

Ganesha: Clear

Sunrise: 6:20AM

Muruqa: Clear

Sunset: 5:30PM

Nataraja: Orange

Moon - Green

Margasira*Markali

Devaloka Day

Creative Work Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

mes are standard time. Calculated for Pyinmana, Myanmar on 5/2


www.gurudeva.org/panchang

1	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Pinyinmana, Myanmar	
			Svati Nakshatra Sukarma Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 262	
	Tula Rasi: 7.14	Tithi 25 – 26	Gulika 10:32AM – 11:55AM	Svati Until 3:18AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Plava 5123	
	865825466	Rahu 11:55AM – 1:19PM	Yama 7:44AM – 9:08AM	Sukarma Until 2:04AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 12 - Phase 35 - 9	
Creative Work	Siddha Yoga		Vanija Until 6:08AM	Nataraja: Orange		2nd Phase		
			Dashami Until 5:03PM	Moon – Green		Devaloka Day		
				Margasira *Markali				

2	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Pinyinmana, Myanmar	
			Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 263	
	Tula Rasi: 21.32	Tithi 26 – 27	Gulika 9:09AM – 10:32AM	Vishakha Until 1:20AM Fri	Ganesha: White	<i>Sunrise:</i> 6:21AM	Plava 5123	
	875825466	Rahu 1:20PM – 2:43PM	Yama 6:21AM – 7:45AM	Dhriti Until 10:35PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 12 - Phase 35 - 10	
Creative Work	Siddha Yoga		Kaulava Until 1:02AM Fri	Nataraja: Orange		2nd Phase		
			Ekadashi* Until 2:29PM	Moon – Orange		Bhuloka Day		
				Margasira *Markali		Devaloka Time: 3:PM to 6:PM		

3	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Pinyinmana, Myanmar	
			Anuradha Nakshatra Shula* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 264	
	Vrischika Rasi: 6.12	Tithi 27 – 28	Gulika 7:45AM – 9:09AM	Anuradha Until 10:48PM	Ganesha: White	<i>Sunrise:</i> 6:22AM	Plava 5123	
	875825466	Rahu 10:33AM – 11:56AM	Yama 2:44PM – 4:08PM	Shula* Until 6:43PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 12 - Phase 35 - 11	
Creative Work	Siddha Yoga		Gara Until 9:47PM	Nataraja: Orange		2nd Phase		
Until 10:48PM			Dvadashi* Until 11:26AM	Moon – Orange		Bhuloka Day		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>	Margasira *Markali		Devaloka Time: 3:PM to 6:PM		

4	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Pinyinmana, Myanmar	
			Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 265	
	Vrischika Rasi: 21.1	Tithi 28 – 29	Gulika 6:22AM – 7:46AM	Jyeshtha* Until 7:53PM	Ganesha: White	<i>Sunrise:</i> 6:22AM	Plava 5123	
	875825466	Rahu 9:09AM – 10:33AM	Yama 1:21PM – 2:44PM	Ganda* Until 2:38PM	Muruqa: Clear	<i>Sunset:</i> 5:32PM	Moon 12 - Phase 35 - 12	
Creative Work	Siddha Yoga		Visti Until 6:17PM	Nataraja: Orange		2nd Phase		
			Trayodashi* Until 8:03AM	Moon – Orange		Bhuloka Day		
				Margasira *Markali		Devaloka Time: 3:PM to 6:PM		

	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Pinyinmana, Myanmar	
	Retreat Star		Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 266	
	Dhanus Rasi: 6.17	Tithi 30	Gulika 2:45PM – 4:09PM	Mula* Until 5:08PM	Ganesha: Green	<i>Sunrise:</i> 6:22AM	Plava 5123	
	885825466	Rahu 4:09PM – 5:33PM	Yama 11:57AM – 1:21PM	Vriddhi Until 10:26AM	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Moon 12 - Phase 35 - 13	
Creative Work	Amrita Yoga		Catuspada Until 2:39PM	Nataraja: Orange		Amavasya		
Until 5:08PM			Amavasya* Until 12:50AM Mon	Moon – Light Blue		Bhuloka Day		
Then Creative Work - Siddha Yoga		Hanumath Jayanthi (Tamil Nadu)		Margasira *Markali		Devaloka Time: 3:PM to 6:PM		

Retreat Star	Monday, January 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Pinyinmana, Myanmar	
			Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 267	
	Dhanus Rasi: 21.26	Tithi 1	Gulika 1:22PM – 2:46PM	Purvashadha* Until 2:19PM	Ganesha: Green	<i>Sunrise:</i> 6:23AM	Plava 5123	
	885825466	Rahu 7:46AM – 9:10AM	Yama 10:34AM – 11:58AM	Dhruva Until 6:13AM	Muruqa: Clear	<i>Sunset:</i> 5:33PM	Moon 12 - Phase 35 - 14	
Family Home Evening			Kintughna Until 11:04AM	Nataraja: Orange		Prathama		
Routine Work	Marana Yoga		Prathama* Until 9:20PM	Moon – Light Blue		Bhuloka Day		
				Pausha *Markali		Devaloka Time: 3:PM to 6:PM		

1		Tuesday, January 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pynmana, Myanmar Sun 15 Sutra 268 Plava 5123	
Makara Rasi: 6.26	Tithi 2	Gulika 11:58AM – 1:22PM	Uttarashadha Until 11:36AM	Ganesha: Orange	Sunrise: 6:23AM	Muruqa: Clear	Sunset: 5:34PM	Moon 12 - Phase 36 - 15	3rd Phase
Routine Work	Prabalarishta Yoga	Yama 9:11AM – 10:34AM	Harshana Until 10:24PM	Nataraja: Orange		Moon – Light Blue			
Until 11:36AM		Rahu 2:46PM – 4:10PM	Balava Until 7:43AM						Devaloka Day
Then Creative Work - Siddha Yoga			Dvitiya Until 6:09PM			Pausha-Markali			

2		Wednesday, January 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Pynmana, Myanmar Sun 16 Sutra 269 Plava 5123	
Makara Rasi: 21.1	Tithi 3 – 4	Gulika 10:35AM – 11:59AM	Shravana Until 9:34AM	Ganesha: Clear	Sunrise: 6:23AM	Muruqa: Clear	Sunset: 5:34PM	Moon 12 - Phase 36 - 16	3rd Phase
Creative Work	Siddha Yoga	Yama 7:47AM – 9:11AM	Vajra* Until 7:02PM	Nataraja: Orange		Moon – Purple			
Until 9:34AM		Rahu 11:59AM – 1:23PM	Vanija Until 2:18AM Thu						Devaloka Day
Then Routine Work - Prabalarishta Yoga			Tritiya Until 3:25PM			Pausha-Markali			

3		Thursday, January 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatlipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Pynmana, Myanmar Sun 17 Sutra 270 Plava 5123	
Kumbha Rasi: 5.29	Tithi 4 – 5	Gulika 9:11AM – 10:35AM	Dhanishtha Until 7:59AM	Ganesha: Clear	Sunrise: 6:24AM	Muruqa: Clear	Sunset: 5:35PM	Moon 12 - Phase 36 - 17	3rd Phase
Creative Work	Siddha Yoga	Yama 6:24AM – 7:47AM	Siddhi Until 4:11PM	Nataraja: Orange		Moon – Purple			
Until 9:34AM		Rahu 1:23PM – 2:47PM	Bava Until 12:34AM Fri						Devaloka Day
Then Routine Work - Prabalarishta Yoga			Chaturthi* Until 1:19PM			Pausha-Markali			

4		Friday, January 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatlipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Pynmana, Myanmar Sun 18 Sutra 271 Plava 5123	
Kumbha Rasi: 19.21	Tithi 5 – 6	Gulika 7:48AM – 9:12AM	Shatabhishak Until 6:59AM	Ganesha: Clear	Sunrise: 6:24AM	Muruqa: Clear	Sunset: 5:36PM	Moon 12 - Phase 36 - 18	3rd Phase
Creative Work	Siddha Yoga	Yama 2:48PM – 4:12PM	Vyatlipata* Until 1:58PM	Nataraja: Orange		Moon – Purple			
Until 9:34AM		Rahu 10:36AM – 12:00PM	Kaulava Until 11:39PM						Devaloka Day
Then Creative Work - Siddha Yoga			Panchami Until 11:59AM			Pausha-Markali			

5		Saturday, January 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Pynmana, Myanmar Sun 19 Sutra 272 Plava 5123	
Meena Rasi: 2.43	Tithi 6 – 7	Gulika 6:24AM – 7:48AM	Purvaproshtapada* Until 7:06AM	Ganesha: Red	Sunrise: 6:24AM	Muruqa: Clear	Sunset: 5:36PM	Moon 12 - Phase 36 - 19	3rd Phase
Routine Work	Marana Yoga	Yama 1:24PM – 2:48PM	Variyan Until 12:25PM	Nataraja: Orange		Moon – Clear			
Until 7:06AM		Rahu 9:12AM – 10:36AM	Gara Until 11:38PM						Devaloka Day
Then Creative Work - Siddha Yoga			Shashthi* Until 11:31AM			Pausha-Markali			

Retreat Star		Sunday, January 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Pynmana, Myanmar Sun 20 Sutra 273 Plava 5123	
Meena Rasi: 15.38	Tithi 7 – 8	Gulika 2:49PM – 4:13PM	Uttaraproshtapada Until 7:55AM	Ganesha: Red	Sunrise: 6:24AM	Muruqa: Clear	Sunset: 5:37PM	Moon 12 - Phase 36 - 20	Ashtami
Creative Work	Amrita Yoga	Yama 12:01PM – 1:25PM	Parigha* Until 11:33AM	Nataraja: Orange		Moon – Clear			
Until 9:34AM		Rahu 4:13PM – 5:37PM	Visti Until 12:29AM Mon						Devaloka Day
Then Creative Work - Siddha Yoga			Saptami Until 11:56AM			Pausha-Markali			

Retreat Star		Monday, January 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pynmana, Myanmar Sun 21 Sutra 274 Plava 5123	
Meena Rasi: 28.09	Tithi 8 – 9	Gulika 1:25PM – 2:49PM	Revati Until 9:25AM	Ganesha: Red	Sunrise: 6:25AM	Muruqa: Clear	Sunset: 5:37PM	Moon 12 - Phase 36 - 21	Navami
Family Home Evening		Yama 10:37AM – 12:01PM	Shiva Until 11:21AM	Nataraja: Orange		Moon – Clear			
Creative Work	Siddha Yoga	Rahu 7:49AM – 9:13AM	Balava Until 2:07AM Tue						Devaloka Day
Then Creative Work - Siddha Yoga			Ashtami* Until 1:12PM			Pausha-Markali			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Tuesday, January 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 275 Plava 5123
	Mesha Rasi: 10.21	Tithi 9 – 10	Gulika 12:01PM – 1:26PM	Ashvini Until 11:56AM	Ganesha: Red <i>Sunrise:</i> 6:25AM	Muruqa: Clear <i>Sunset:</i> 5:38PM	Moon 12 - Phase 22 - 22 4th Phase
	827825466	Rahu 2:50PM – 4:14PM	Yama 9:13AM – 10:37AM	Siddha Until 11:40AM	Nataraja: Orange	Devaloka Day	
	Creative Work Siddha Yoga		Taitila Until 4:23AM Wed	Navami* Until 3:10PM	Moon – White	Pausha-Markali	

2	Wednesday, January 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 23 Sutra 276 Plava 5123
	Mesha Rasi: 22.19	Tithi 10 – 11	Gulika 10:38AM – 12:02PM	Bharani Until 2:47PM	Ganesha: Red <i>Sunrise:</i> 6:25AM	Muruqa: Clear <i>Sunset:</i> 5:39PM	Moon 12 - Phase 37 - 23 4th Phase
	827825466	Rahu 12:02PM – 1:26PM	Yama 7:49AM – 9:13AM	Sadhya Until 12:23PM	Nataraja: Orange	Devaloka Day	
	Creative Work Siddha Yoga Until 2:47PM Then Creative Work - Amrita Yoga		12:02PM – 1:26PM	Vanija Until 7:01AM Thu	Moon – White	Pausha-Markali	

3	Thursday, January 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 24 Sutra 277 Plava 5123
	Mrishabha Rasi: 4.08	Tithi 11	Gulika 9:14AM – 10:38AM	Krittika Until 5:45PM	Ganesha: Red <i>Sunrise:</i> 6:25AM	Muruqa: Clear <i>Sunset:</i> 5:39PM	Moon 12 - Phase 37 - 24 4th Phase
	827825466	Rahu 1:26PM – 2:51PM	Yama 6:25AM – 7:49AM	Subha Until 1:22PM	Nataraja: Orange	Devaloka Day	
	Routine Work Marana Yoga		1:26PM – 2:51PM	Vanija Until 7:01AM	Moon – White	Pausha-Markali	

4	Friday, January 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 25 Sutra 278 Plava 5123
	Mrishabha Rasi: 15.55	Tithi 12	Gulika 7:50AM – 9:14AM	Rohini Until 9:06PM	Ganesha: Blue <i>Sunrise:</i> 6:25AM	Muruqa: Clear <i>Sunset:</i> 5:40PM	Moon 12 - Phase 37 - 25 4th Phase
	837825466	Rahu 10:38AM – 12:03PM	Yama 2:51PM – 4:15PM	Sukla Until 2:23PM	Nataraja: Orange	Bhuloka Day	
	Routine Work Marana Yoga Until 9:06PM Then Creative Work - Siddha Yoga		10:38AM – 12:03PM	Bava Until 9:49AM	Moon – Yellow	Pausha-Thai	Devaloka Time: 3:PM to 6:PM

5	Saturday, January 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 26 Sutra 279 Plava 5123
	Mrishabha Rasi: 27.41	Tithi 13	Gulika 6:25AM – 7:50AM	Mrigashira Until 12:10AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:25AM	Muruqa: Clear <i>Sunset:</i> 5:40PM	Moon 12 - Phase 37 - 26 4th Phase
	837825466	Rahu 9:14AM – 10:39AM	Yama 1:27PM – 2:52PM	Brahma Until 3:20PM	Nataraja: Orange	Bhuloka Day	
	Creative Work Siddha Yoga		9:14AM – 10:39AM	Kaulava Until 12:32PM	Moon – Yellow	Pausha-Thai	Devaloka Time: 3:PM to 6:PM

6	Sunday, January 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 27 Sutra 280 Plava 5123
	Mithuna Rasi: 9.32	Tithi 14	Gulika 2:52PM – 4:17PM	Ardra Until 2:48AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:26AM	Muruqa: Clear <i>Sunset:</i> 5:41PM	Moon 12 - Phase 37 - 27 4th Phase
	837825466	Rahu 4:17PM – 5:41PM	Yama 12:03PM – 1:28PM	Indra Until 4:08PM	Nataraja: Orange	Bhuloka Day	
	Creative Work Siddha Yoga Until 2:48AM Mon Then Creative Work - Amrita Yoga		4:17PM – 5:41PM	Gara Until 3:02PM	Moon – Yellow	Pausha-Thai	Devaloka Time: 3:PM to 6:PM

○	Monday, January 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vishti*/Bava Karana Purnimayam Titau				Pyinmana, Myanmar Sun 28 Sutra 281 Plava 5123
	Copper Retreat Star		Gulika 1:28PM – 2:53PM	Punarvasu Until 5:24AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:26AM	Muruqa: Purple <i>Sunset:</i> 5:42PM	Moon 12 - Phase 37 - Purnima
	Mithuna Rasi: 21.31	Tithi 15	Yama 10:39AM – 12:04PM	Vaidhriti* Until 4:39PM	Nataraja: Orange	Sivaloka Day	
	Family Home Evening	847835466	Rahu 7:50AM – 9:15AM	Vishti Until 5:12PM	Moon – Blue	Pausha-Thai	

○	Tuesday, January 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vishkambha*/Prili Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Pyinmana, Myanmar Sun 29 Sutra 282 Plava 5123
	Silver Retreat Star		Gulika 12:04PM – 1:28PM	Pushya Until 7:28AM Wed	Ganesha: Red <i>Sunrise:</i> 6:26AM	Muruqa: Purple <i>Sunset:</i> 5:42PM	Moon 12 - Phase 37 - Prathama
	Kataka Rasi: 3.37	Tithi 15 – 16	Yama 9:15AM – 10:39AM	Vishkambha* Until 4:53PM	Nataraja: Orange	Sivaloka Day	
	848835466	Rahu 2:53PM – 4:18PM	2:53PM – 4:18PM	Balava Until 6:59PM	Moon – Blue	Pausha-Thai	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kataka Rasi: 15.53 Tithi 16 - 17

Gulika 10:40AM - 12:04PM
Yama 7:50AM - 9:15AM
848935466 Rahu 12:04PM - 1:29PM

Pushya Until 7:28AM
Priti Until 4:51PM
Taitila Until 8:21PM
Prathama* Until 7:42AM

Ganesha: Yellow Sunrise: 6:26AM
Muruga: Purple Sunset: 5:43PM
Nataraja: Orange
Moon - Blue
Pausha*Thai

Creative Work Siddha Yoga

Sivaloka Day

Pyinmana, Myanmar
Sutra 283
Plava 5123
Moon 1 - Phase 38 -
1st Phase

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kataka Rasi: 28.2 Tithi 17 - 18

Gulika 9:15AM - 10:40AM
Yama 6:26AM - 7:50AM
848935466 Rahu 1:29PM - 2:54PM

Ashlesha* Until 9:00AM
Ayushman Until 4:28PM
Vanija Until 9:20PM
Dvitiya Until 8:52AM

Ganesha: Yellow Sunrise: 6:26AM
Muruga: Purple Sunset: 5:43PM
Nataraja: Orange
Moon - Blue
Pausha*Thai

Creative Work Siddha Yoga

Sivaloka Day

Until 9:00AM

Then Creative Work - Amrita Yoga

Pyinmana, Myanmar
Sun 1 Sutra 284
Plava 5123
Moon 1 - Phase 38 - 1
1st Phase

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritya/Chaturtham Titau

Simha Rasi: 10.57 Tithi 18 - 19

Gulika 7:51AM - 9:15AM
Yama 2:54PM - 4:19PM
858935466 Rahu 10:40AM - 12:05PM

Magha* Until 10:28AM
Saubhagya Until 3:49PM
Bava Until 9:55PM
Tritiya Until 9:39AM

Ganesha: White Sunrise: 6:26AM
Muruga: Purple Sunset: 5:44PM
Nataraja: Orange
Moon - Red
Pausha*Thai

Routine Work Marana Yoga

Devaloka Day

Until 10:28AM

Then Creative Work - Siddha Yoga

Pyinmana, Myanmar
Sun 2 Sutra 285
Plava 5123
Moon 1 - Phase 38 - 2
1st Phase

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Simha Rasi: 23.45 Tithi 19 - 20

Gulika 6:26AM - 7:51AM
Yama 1:30PM - 2:55PM
858935466 Rahu 9:15AM - 10:40AM

Purvaphalguni Until 11:24AM
Sobhana Until 2:53PM
Kaulava Until 10:07PM
Chaturthi* Until 10:03AM

Ganesha: White Sunrise: 6:26AM
Muruga: Purple Sunset: 5:44PM
Nataraja: Orange
Moon - Red
Pausha*Thai

Creative Work Siddha Yoga

Devaloka Day

Until 11:24AM

Then Routine Work - Marana Yoga

Pyinmana, Myanmar
Sun 3 Sutra 286
Plava 5123
Moon 1 - Phase 38 - 3
1st Phase

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kanya Rasi: 6.44 Tithi 20 - 21

Gulika 2:55PM - 4:20PM
Yama 12:05PM - 1:30PM
858935466 Rahu 4:20PM - 5:45PM

Uttaraphalguni Until 11:48AM
Athiganda* Until 1:36PM
Gara Until 9:54PM
Panchami Until 10:02AM

Ganesha: White Sunrise: 6:26AM
Muruga: Purple Sunset: 5:45PM
Nataraja: Orange
Moon - Red
Pausha*Thai

Creative Work Amrita Yoga

Devaloka Day

Pyinmana, Myanmar
Sun 4 Sutra 287
Plava 5123
Moon 1 - Phase 38 - 4
1st Phase

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kanya Rasi: 19.56 Tithi 21 - 22

Gulika 1:31PM - 2:56PM
Yama 10:41AM - 12:06PM
869935466 Rahu 7:51AM - 9:16AM

Hasta Until 12:05PM
Sukarma Until 12:00PM
Visti Until 9:14PM
Shashthi* Until 9:36AM

Ganesha: Orange Sunrise: 6:26AM
Muruga: Purple Sunset: 5:46PM
Nataraja: Orange
Moon - Green
Pausha*Thai

Family Home Evening

Sivaloka Day

Until 12:05PM

Then Routine Work - Prabalarishta Yoga

Pyinmana, Myanmar
Sun 5 Sutra 288
Plava 5123
Moon 1 - Phase 38 - 5
1st Phase

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Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tula Rasi: 3.23 Tithi 22 - 23

Gulika 12:06PM - 1:31PM
Yama 9:16AM - 10:41AM
969935466 Rahu 2:56PM - 4:21PM

Chitra Until 11:46AM
Dhriti Until 10:03AM
Balava Until 8:05PM
Saptami Until 8:42AM

Ganesha: Green Sunrise: 6:26AM
Muruga: Purple Sunset: 5:46PM
Nataraja: Orange
Moon - Green
Pausha*Thai

Creative Work Siddha Yoga

Devaloka Day

Pyinmana, Myanmar
Sun 6 Sutra 289
Plava 5123
Moon 1 - Phase 38 - 6
Ashtami

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tula Rasi: 17.07 Tithi 23 - 24

Gulika 10:41AM - 12:06PM
Yama 7:51AM - 9:16AM
969935466 Rahu 12:06PM - 1:31PM

Svati Until 10:49AM
Shula* Until 7:41AM
Taitila Until 6:27PM
Ashtami* Until 7:19AM

Ganesha: Green Sunrise: 6:26AM
Muruga: Purple Sunset: 5:47PM
Nataraja: Orange
Moon - Green
Pausha*Thai

Creative Work Siddha Yoga

Devaloka Day

Pyinmana, Myanmar
Sun 7 Sutra 290
Plava 5123
Moon 1 - Phase 38 - 7
Navami

1		Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pyinmana, Myanmar Sun 14 Sutra 297 Plava 5123	
Makara Rasi: 29.04	Tithi 1 – 2	Gulika	10:42AM – 12:07PM	Dhanishtha Until 6:40PM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	
		Yama	7:50AM – 9:16AM	Varyan Until 12:44AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 1 - Phase 40 - 14
		Rahu	12:07PM – 1:33PM	Balava Until 8:09PM	Nataraja: Orange		3rd Phase
Routine Work	Prabalarishta Yoga			Prathama* Until 9:19AM	Magha*Thai		Sivaloka Day
Until 6:40PM							
Then Creative Work - Siddha Yoga							

2		Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Pyinmana, Myanmar Sun 15 Sutra 298 Plava 5123	
Kumbha Rasi: 13.22	Tithi 2 – 3	Gulika	9:16AM – 10:42AM	Shatabhishak Until 5:13PM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	
		Yama	6:24AM – 7:50AM	Parigha* Until 10:02PM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 1 - Phase 40 - 15
		Rahu	1:33PM – 2:59PM	Taitila Until 6:12PM	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 7:04AM	Magha*Thai		Sivaloka Day

3		Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Shiva Yoga Vanija/Vistil* Karana Chaturtham Titau		Pyinmana, Myanmar Sun 16 Sutra 299 Plava 5123	
Kumbha Rasi: 27.15	Tithi 4	Gulika	7:50AM – 9:16AM	Purvaproshtapada* Until 4:45PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	
		Yama	2:59PM – 4:25PM	Shiva Until 7:56PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 40 - 16
		Rahu	10:42AM – 12:08PM	Vanija Until 4:56PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 4:36AM Sat	Magha*Thai		Subha Sivaloka Day

4		Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau		Pyinmana, Myanmar Sun 17 Sutra 300 Plava 5123	
Meena Rasi: 10.41	Tithi 5	Gulika	6:24AM – 7:50AM	Uttaraproshtapada Until 4:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	
		Yama	1:34PM – 2:59PM	Siddha Until 6:27PM	Muruqa: Purple	<i>Sunset:</i> 5:51PM	Moon 1 - Phase 40 - 17
		Rahu	9:16AM – 10:42AM	Bava Until 4:30PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Panchami Until 4:35AM Sun	Magha*Thai		Subha Sivaloka Day
Until 4:55PM							
Then Routine Work - Prabalarishta Yoga							

5		Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Pyinmana, Myanmar Sun 18 Sutra 301 Plava 5123	
Meena Rasi: 23.41	Tithi 6	Gulika	3:00PM – 4:26PM	Revati Until 5:47PM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	
		Yama	12:08PM – 1:34PM	Sadhya Until 5:39PM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Moon 1 - Phase 40 - 18
		Rahu	4:26PM – 5:52PM	Kaulava Until 4:56PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Shashthi* Until 5:27AM Mon	Magha*Thai		Subha Sivaloka Day
Until 5:47PM							
Then Creative Work - Siddha Yoga							

6		Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Gara Karana Saptamyam Titau		Pyinmana, Myanmar Sun 19 Sutra 302 Plava 5123	
Mesha Rasi: 6.16	Tithi 7	Gulika	1:34PM – 3:00PM	Ashvini Until 7:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	
Family Home Evening		Yama	10:42AM – 12:08PM	Subha Until 5:30PM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Moon 1 - Phase 40 - 19
		Rahu	7:49AM – 9:16AM	Gara Until 6:12PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Saptami Until 7:06AM Tue	Magha*Thai		Sivaloka Day

Retreat Star		Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau		Pyinmana, Myanmar Sun 20 Sutra 303 Plava 5123	
Mesha Rasi: 18.31	Tithi 7 – 8	Gulika	12:08PM – 1:34PM	Bharani Until 10:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	
		Yama	9:15AM – 10:42AM	Sukla Until 5:52PM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Moon 1 - Phase 40 - 20
		Rahu	3:00PM – 4:27PM	Vistil Until 8:11PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga			Saptami Until 7:06AM	Magha*Thai		Sivaloka Day

Retreat Star		Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Pyinmana, Myanmar Sun 21 Sutra 304 Plava 5123	
Vrishabha Rasi: 0.3	Tithi 8 – 9	Gulika	10:42AM – 12:08PM	Krittika Until 1:02AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	
		Yama	7:49AM – 9:15AM	Brahma Until 6:38PM	Muruqa: Purple	<i>Sunset:</i> 5:53PM	Moon 1 - Phase 40 - 21
		Rahu	12:08PM – 1:34PM	Balava Until 10:40PM	Nataraja: Clear		Navami
Creative Work	Amrita Yoga			Ashtami* Until 9:21AM	Magha*Thai		Sivaloka Day
Until 1:02AM Thu							
Then Routine Work - Marana Yoga							

Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pyinmana, Myanmar Sun 22 Sutra 305 Plava 5123	
1 Vrishabha Rasi: 12.21 Tithi 9 – 10 931935467	Gulika	9:15AM – 10:42AM	Rohini Until 4:21AM Fri	Ganesha: White	Sunrise: 6:22AM
	Yama	6:22AM – 7:49AM	Indra Until 7:38PM	Muruqa: Purple	Sunset: 5:54PM
Routine Work Marana Yoga Until 4:21AM Fri Then Creative Work - Siddha Yoga	Rahu	1:34PM – 3:01PM	Taitila Until 1:23AM Fri Navami* Until 11:59AM	Nataraja: Clear Moon – Yellow	Subha Sivaloka Day

Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Pyinmana, Myanmar Sun 23 Sutra 306 Plava 5123	
2 Vrishabha Rasi: 24.08 Tithi 10 – 11 932935467	Gulika	7:48AM – 9:15AM	Mrigashira Until 7:27AM Sat	Ganesha: Clear	Sunrise: 6:22AM
	Yama	3:01PM – 4:28PM	Vaidhriti* Until 8:37PM	Muruqa: Purple	Sunset: 5:54PM
Creative Work Siddha Yoga	Rahu	10:41AM – 12:08PM	Vanija Until 4:04AM Sat Dashami Until 2:44PM	Nataraja: Clear Moon – Yellow	Sivaloka Day

Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Pyinmana, Myanmar Sun 24 Sutra 307 Plava 5123	
3 Mithuna Rasi: 5.56 Tithi 11 – 12 932935467	Gulika	6:22AM – 7:48AM	Mrigashira Until 7:27AM	Ganesha: Clear	Sunrise: 6:22AM
	Yama	1:35PM – 3:01PM	Vishkambha* Until 9:28PM	Muruqa: Purple	Sunset: 5:54PM
Creative Work Siddha Yoga	Rahu	9:15AM – 10:41AM	Bava Until 6:30AM Sun Ekadashi Until 5:19PM	Nataraja: Clear Moon – Yellow	Sivaloka Day

Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau		Pyinmana, Myanmar Sun 25 Sutra 308 Plava 5123	
4 Mithuna Rasi: 17.51 Tithi 12 932135467	Gulika	3:01PM – 4:28PM	Ardra Until 10:06AM	Ganesha: Red	Sunrise: 6:21AM
	Yama	12:08PM – 1:35PM	Priti Until 10:03PM	Muruqa: Purple	Sunset: 5:55PM
Creative Work Siddha Yoga	Rahu	4:28PM – 5:55PM	Bava Until 6:30AM Dvadashi Until 7:33PM	Nataraja: Clear Moon – Yellow	Sivaloka Day

Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau		Pyinmana, Myanmar Sun 26 Sutra 309 Plava 5123	
5 Mithuna Rasi: 29.56 Tithi 13 Family Home Evening 942135467	Gulika	1:35PM – 3:02PM	Punarvasu Until 12:41PM	Ganesha: Blue	Sunrise: 6:21AM
	Yama	10:41AM – 12:08PM	Ayushman Until 10:15PM	Muruqa: Purple	Sunset: 5:55PM
Creative Work Amrita Yoga Until 12:41PM Then Creative Work - Siddha Yoga	Rahu	7:48AM – 9:14AM	Kaulava Until 8:31AM Trayodashi Until 9:18PM <i>Pradosha Vrata</i>	Nataraja: Clear Moon – Blue	Devaloka Day

Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau		Pyinmana, Myanmar Sun 27 Sutra 310 Plava 5123	
6 Kataka Rasi: 12.12 Tithi 14 942135467	Gulika	12:08PM – 1:35PM	Pushya Until 2:36PM	Ganesha: Blue	Sunrise: 6:20AM
	Yama	9:14AM – 10:41AM	Saubhagya Until 10:04PM	Muruqa: Purple	Sunset: 5:56PM
Creative Work Siddha Yoga	Rahu	3:02PM – 4:29PM	Gara Until 10:00AM Chaturdashi* Until 10:32PM	Nataraja: Clear Moon – Blue	Devaloka Day

Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Visti*/Bava Karana Purnimayam Titau		Pyinmana, Myanmar Sutra 311 Plava 5123	
Copper Retreat Star Kataka Rasi: 24.42 Tithi 15 942135467	Gulika	10:41AM – 12:08PM	Ashlesha* Until 3:51PM	Ganesha: Blue	Sunrise: 6:20AM
	Yama	7:47AM – 9:14AM	Sobhana Until 9:30PM	Muruqa: Purple	Sunset: 5:56PM
Creative Work Siddha Yoga	Rahu	12:08PM – 1:35PM	Visti Until 10:58AM Purnima* Until 11:15PM	Nataraja: Clear Moon – Blue	Devaloka Day

Thursday, February 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Pyinmana, Myanmar Sutra 312 Plava 5123	
Silver Retreat Star Simha Rasi: 7.26 Tithi 16 952135467	Gulika	9:14AM – 10:41AM	Magha* Until 4:57PM	Ganesha: Yellow	Sunrise: 6:19AM
	Yama	6:19AM – 7:47AM	Athiganda* Until 8:31PM	Muruqa: Purple	Sunset: 5:56PM
Creative Work Amrita Yoga Until 4:57PM Then Creative Work - Siddha Yoga	Rahu	1:35PM – 3:02PM	Balava Until 11:26AM Prathama* Until 11:28PM	Nataraja: Clear Moon – Red	Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada



Friday, February 18, 2022
Gold Retreat Star

Simha Rasi: 20.24 Tithi 17
952135467
Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Taitila/Gara Karana Dvilyayam Titau

Gulika 7:46AM – 9:13AM
Yama 3:02PM – 4:30PM
Rahu 10:41AM – 12:08PM

Purvaphalguni Until 5:27PM
Sukarma Until 7:14PM
Taitila Until 11:26AM
Dvitiya Until 11:17PM

Ganesha: Yellow *Sunrise:* 6:19AM
Muruqa: Purple *Sunset:* 5:57PM
Nataraja: Clear
Moon – Red
Magha-Masi

Pyinmana, Myanmar
Sun 1 Sutra 313
Plava 5123
Moon 2 - Phase 42 - 1
1st Phase

Sivaloka Day

1

Saturday, February 19, 2022

Kanya Rasi: 3.33 Tithi 18
952135467
Routine Work Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:18AM – 7:46AM
Yama 1:35PM – 3:02PM
Rahu 9:13AM – 10:40AM

Uttaraphalguni Until 5:28PM
Dhriti Until 5:41PM
Vanija Until 11:04AM
Tritiya Until 10:44PM

Ganesha: Yellow *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 5:57PM
Nataraja: Clear
Moon – Red
Magha-Masi

Pyinmana, Myanmar
Sun 2 Sutra 314
Plava 5123
Moon 2 - Phase 42 - 2
1st Phase

Sivaloka Day

2

Sunday, February 20, 2022

Kanya Rasi: 16.53 Tithi 19
962135467
Creative Work Amrita Yoga
Until 5:28PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 3:03PM – 4:30PM
Yama 12:08PM – 1:35PM
Rahu 4:30PM – 5:57PM

Hasta Until 5:28PM
Shula* Until 3:52PM
Bava Until 10:22AM
Chaturthi* Until 9:53PM

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 5:57PM
Nataraja: Clear
Moon – Green
Magha-Masi

Pyinmana, Myanmar
Sun 3 Sutra 315
Plava 5123
Moon 2 - Phase 42 - 3
1st Phase

Sivaloka Day

Devaloka Day

3

Monday, February 21, 2022

Tula Rasi: 0.23 Tithi 20
962135467
Family Home Evening
Routine Work Prabalarishta Yoga
Until 5:03PM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 1:35PM – 3:03PM
Yama 10:40AM – 12:08PM
Rahu 7:45AM – 9:12AM

Chitra Until 5:03PM
Ganda* Until 1:51PM
Kaulava Until 9:23AM
Panchami Until 8:46PM

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Clear
Moon – Green
Magha-Masi

Pyinmana, Myanmar
Sun 4 Sutra 316
Plava 5123
Moon 2 - Phase 42 - 4
1st Phase

Devaloka Day

4

Tuesday, February 22, 2022

Tula Rasi: 14.02 Tithi 21
962135467
Creative Work Siddha Yoga
Until 4:15PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 12:07PM – 1:35PM
Yama 9:12AM – 10:40AM
Rahu 3:03PM – 4:30PM

Svati Until 4:15PM
Vridhhi Until 11:38AM
Gara Until 8:08AM
Shashthi* Until 7:24PM

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Clear
Moon – Green
Magha-Masi

Pyinmana, Myanmar
Sun 5 Sutra 317
Plava 5123
Moon 2 - Phase 42 - 5
1st Phase

Devaloka Day

5

Wednesday, February 23, 2022

Tula Rasi: 27.5 Tithi 22 – 23
972135467
Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Dyaghata* Yoga Visti*/Balava Karana Saplam/Ashtamyam Titau

Gulika 10:40AM – 12:07PM
Yama 7:44AM – 9:12AM
Rahu 12:07PM – 1:35PM

Vishakha Until 3:29PM
Dhruva Until 9:13AM
Visti Until 6:39AM
Saptami Until 5:47PM

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Clear
Moon – Orange
Magha-Masi

Pyinmana, Myanmar
Sun 6 Sutra 318
Plava 5123
Moon 2 - Phase 42 - 6
1st Phase

Sivaloka Day

D

Thursday, February 24, 2022
Retreat Star

Vrischika Rasi: 11.46 Tithi 23 – 24
972135467
Creative Work Siddha Yoga
Until 2:20PM
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 9:11AM – 10:39AM
Yama 6:16AM – 7:44AM
Rahu 1:35PM – 3:03PM

Anuradha Until 2:20PM
Vyaghata* Until 6:35AM
Taitila Until 2:55AM Fri
Ashtami* Until 3:56PM

Ganesha: Clear *Sunrise:* 6:16AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Clear
Moon – Orange
Magha-Masi

Pyinmana, Myanmar
Sun 7 Sutra 319
Plava 5123
Moon 2 - Phase 42 - 7
Ashtami

Sivaloka Day

Friday, February 25, 2022

Retreat Star

Vrischika Rasi: 25.52 Tithi 24 – 25
973135467
Routine Work Marana Yoga
Until 12:49PM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 7:43AM – 9:11AM
Yama 3:03PM – 4:31PM
Rahu 10:39AM – 12:07PM

Jyeshtha* Until 12:49PM
Vajra* Until 12:47AM Sat
Vanija Until 12:43AM Sat
Navami* Until 1:49PM

Ganesha: Purple *Sunrise:* 6:15AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Clear
Moon – Orange
Magha-Masi

Pyinmana, Myanmar
Sun 8 Sutra 320
Plava 5123
Moon 2 - Phase 42 - 8
Navami

Subha Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1	Saturday, February 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 321	
	Dhanus Rasi: 10.07	Tithi 25 – 26	983135467	Gulika 6:15AM – 7:43AM Yama 1:35PM – 3:03PM Rahu 9:11AM – 10:39AM	Mula* Until 11:22AM Siddhi Until 9:39PM Bava Until 10:19PM Dashami Until 11:31AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 6:15AM Sunset: 5:59PM	Plava 5123 Moon 2 - Phase 43 - 9 2nd Phase
	Creative Work Siddha Yoga		Sivaloka Day					

2	Sunday, February 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 322	
	Dhanus Rasi: 24.29	Tithi 26 – 27	983135467	Gulika 3:03PM – 4:31PM Yama 12:07PM – 1:35PM Rahu 4:31PM – 6:00PM	Purvashadha* Until 9:38AM Vyatipata* Until 6:27PM Kaulava Until 7:50PM Ekadashi* Until 9:04AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 6:14AM Sunset: 6:00PM	Plava 5123 Moon 2 - Phase 43 - 10 2nd Phase
	Creative Work Siddha Yoga Until 9:38AM Then Creative Work - Amrita Yoga		Sivaloka Day					

3	Monday, February 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yukhtayam Uttarashadha*/Shravana Nakshatra Variyan/Parigha* Yoga Talilla/Vanija Karana Dvadashi/Trayodashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 323	
	Makara Rasi: 8.53	Tithi 27 – 28	983135467	Gulika 1:35PM – 3:03PM Yama 10:38AM – 12:07PM Rahu 7:42AM – 9:10AM	Uttarashadha Until 7:42AM Variyan Until 3:12PM Vanija Until 4:06AM Tue Dvadashi* Until 6:33AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Light Blue Magha-Masi	Sunrise: 6:13AM Sunset: 6:00PM	Plava 5123 Moon 2 - Phase 43 - 11 2nd Phase
	Family Home Evening Routine Work Marana Yoga Until 7:42AM Then Creative Work - Amrita Yoga		Sivaloka Day					
	<i>Pradosha Vrata (Fasting)</i>							

4	Tuesday, March 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 12 Sutra 324	
	Makara Rasi: 23.15	Tithi 29	993135467	Gulika 12:06PM – 1:35PM Yama 9:09AM – 10:38AM Rahu 3:03PM – 4:32PM	Shravana Until 6:07AM Parigha* Until 12:04PM Visti Until 2:57PM Chaturdashi* Until 1:50AM Wed	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 6:12AM Sunset: 6:00PM	Plava 5123 Moon 2 - Phase 43 - 12 2nd Phase
	Creative Work Siddha Yoga		Sivaloka Day					

●	Wednesday, March 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Pyinmana, Myanmar Sun 13 Sutra 325	
	Retreat Star		993135467	Gulika 10:37AM – 12:06PM Yama 7:40AM – 9:09AM Rahu 12:06PM – 1:35PM	Shatabhishak Until 3:15AM Thu Shiva Until 9:07AM Catuspada Until 12:49PM Amavasya* Until 11:53PM	Ganesha: Orange Muruqa: Purple Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 6:11AM Sunset: 6:01PM	Plava 5123 Moon 2 - Phase 43 - 13 Amavasya
	Kumbha Rasi: 7.29 Tithi 30 Creative Work Siddha Yoga		Sivaloka Day					

●	Thursday, March 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yukhtayam Purvaproshtpada* Nakshatra Siddha/Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Pyinmana, Myanmar Sun 14 Sutra 326	
	Retreat Star		913135467	Gulika 9:08AM – 10:37AM Yama 6:11AM – 7:40AM Rahu 1:35PM – 3:03PM	Purvaproshtpada* Until 2:42AM Fri Siddha Until 6:28AM Kintughna Until 11:06AM Prathama* Until 10:25PM	Ganesha: Green Muruqa: Purple Nataraja: Clear Moon – Clear Phalgun-Masi	Sunrise: 6:11AM Sunset: 6:01PM	Plava 5123 Moon 2 - Phase 43 - 14 Prathama
	Kumbha Rasi: 21.29 Tithi 1 Creative Work Siddha Yoga		Subha Sivaloka Day					

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Pyinmana, Myanmar Sun 15 Sutra 327 Plava 5123	
Meena Rasi: 5.11	Tithi 2	Gulika 7:39AM – 9:08AM	Uttaraproshtapada Until 2:38AM Sat	Ganesha: Green	<i>Sunrise:</i> 6:10AM				
		Yama 3:03PM – 4:32PM	Subha Until 2:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:01PM			Moon 2 - Phase 44 - 15	
		913135467 Rahu 10:37AM – 12:06PM	Balava Until 9:55AM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 9:33PM	Moon – Clear			Subha Sivaloka Day		
Until 2:38AM Sat				Phalguna-Masi					
Then Routine Work - Prabalarishta Yoga									

2		Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Pyinmana, Myanmar Sun 16 Sutra 328 Plava 5123	
Meena Rasi: 18.3	Tithi 3	Gulika 6:09AM – 7:38AM	Revati Until 3:06AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:09AM				
		Yama 1:34PM – 3:03PM	Sukla Until 1:21AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:01PM			Moon 2 - Phase 44 - 16	
		113135467 Rahu 9:07AM – 10:36AM	Taitila Until 9:24AM	Nataraja: Clear				3rd Phase	
Routine Work	Prabalarishta Yoga		Tritiya Until 9:24PM	Moon – Clear			Sivaloka Day		
Until 3:06AM Sun				Phalguna-Masi					
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day							

3		Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Pyinmana, Myanmar Sun 17 Sutra 329 Plava 5123	
Mesha Rasi: 1.27	Tithi 4	Gulika 3:03PM – 4:33PM	Ashvini Until 4:38AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:09AM				
		Yama 12:05PM – 1:34PM	Brahma Until 12:47AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:02PM			Moon 2 - Phase 44 - 17	
		123135467 Rahu 4:33PM – 6:02PM	Vanija Until 9:38AM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 10:01PM	Moon – White			Sivaloka Day		
				Phalguna-Masi					

4		Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Pyinmana, Myanmar Sun 18 Sutra 330 Plava 5123	
Mesha Rasi: 14.01	Tithi 5	Gulika 1:34PM – 3:03PM	Bharani Until 6:43AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:08AM				
Family Home Evening		Yama 10:36AM – 12:05PM	Indra Until 12:48AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:02PM			Moon 2 - Phase 44 - 18	
		123135467 Rahu 7:37AM – 9:07AM	Bava Until 10:38AM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 11:23PM	Moon – White			Sivaloka Day		
				Phalguna-Masi					

5		Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Pyinmana, Myanmar Sun 19 Sutra 331 Plava 5123	
Mesha Rasi: 26.17	Tithi 6	Gulika 12:05PM – 1:34PM	Bharani Until 6:43AM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM				
		Yama 9:06AM – 10:35AM	Vaidhriti* Until 1:16AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:02PM			Moon 2 - Phase 44 - 19	
		123135467 Rahu 3:03PM – 4:33PM	Kaulava Until 12:20PM	Nataraja: Clear				3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 1:22AM Wed	Moon – White			Sivaloka Day		
				Phalguna-Masi					

6		Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Pyinmana, Myanmar Sun 20 Sutra 332 Plava 5123	
Vrishabha Rasi: 8.19	Tithi 7	Gulika 10:35AM – 12:05PM	Krittika Until 9:11AM	Ganesha: Purple	<i>Sunrise:</i> 6:07AM				
		Yama 7:36AM – 9:06AM	Vishkambha* Until 2:04AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:02PM			Moon 2 - Phase 44 - 20	
		123235477 Rahu 12:05PM – 1:34PM	Gara Until 2:34PM	Nataraja: Green				3rd Phase	
Creative Work	Amrita Yoga		Saptami Until 3:48AM Thu	Moon – White			Bhuloka Day		
Until 9:11AM				Phalguna-Masi			Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visiti*/Bava Karana Ashtamyam Titau				Pyinmana, Myanmar Sun 21 Sutra 333 Plava 5123	
Vrishabha Rasi: 20.12	Tithi 8	Gulika 9:05AM – 10:35AM	Rohini Until 12:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM				
		Yama 6:06AM – 7:36AM	Priti Until 3:03AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:03PM			Moon 2 - Phase 44 - 21	
		134235477 Rahu 1:34PM – 3:03PM	Visiti Until 5:08PM	Nataraja: Green				Ashtami	
Routine Work	Marana Yoga		Ashtami* Until 6:25AM Fri	Moon – Yellow			Devaloka Day		
				Phalguna-Masi					

Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Pyinmana, Myanmar Sun 22 Sutra 334 Plava 5123	
Mithuna Rasi: 2.01	Tithi 8 – 9	Gulika 7:35AM – 9:05AM	Mrigashira Until 3:24PM	Ganesha: Purple	<i>Sunrise:</i> 6:05AM				
		Yama 3:03PM – 4:33PM	Ayushman Until 3:58AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:03PM			Moon 2 - Phase 44 - 22	
		134235477 Rahu 10:34AM – 12:04PM	Balava Until 7:45PM	Nataraja: Green				Navami	
Creative Work	Siddha Yoga		Ashtami* Until 6:25AM	Moon – Yellow			Sivaloka Day		
				Phalguna-Masi					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Saturday, March 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Pyinmana, Myanmar Sun 23 Sutra 335 Plava 5123	
Mithuna Rasi: 13.52	Tithi 9 – 10	Gulika 6:05AM – 7:34AM	Ardra Until 6:10PM	Ganesha: Purple	<i>Sunrise:</i> 6:05AM	Muruqa: Clear	<i>Sunset:</i> 6:03PM
		Yama 1:34PM – 3:03PM	Saubhagya Until 4:41AM Sun	Nataraja: Green			Moon 2 - Phase 45 - 23
		134235477 Rahu 9:04AM – 10:34AM	Taitila Until 10:09PM	Moon – Yellow			4th Phase
Creative Work	Siddha Yoga		Navami* Until 8:58AM	Phalgun-Masi			Sivaloka Day

2		Sunday, March 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Pyinmana, Myanmar Sun 24 Sutra 336 Plava 5123	
Mithuna Rasi: 25.49	Tithi 10 – 11	Gulika 3:03PM – 4:33PM	Punarvasu Until 8:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Muruqa: Clear	<i>Sunset:</i> 6:03PM
		Yama 12:03PM – 1:33PM	Sobhana Until 5:05AM Mon	Nataraja: Green			Moon 2 - Phase 45 - 24
		144235477 Rahu 4:33PM – 6:03PM	Vanija Until 12:09AM Mon	Moon – Blue			4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:11AM	Phalgun-Masi			Devaloka Day

3		Monday, March 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Pyinmana, Myanmar Sun 25 Sutra 337 Plava 5123	
Kataka Rasi: 7.57	Tithi 11 – 12	Gulika 1:33PM – 3:03PM	Pushya Until 10:55PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Muruqa: Clear	<i>Sunset:</i> 6:03PM
Family Home Evening		Yama 10:33AM – 12:03PM	Athiganda* Until 5:01AM Tue	Nataraja: Green			Moon 2 - Phase 45 - 25
		144235477 Rahu 7:33AM – 9:03AM	Bava Until 1:34AM Tue	Moon – Blue			4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 12:55PM	Phalgun-Masi			Devaloka Day

4		Tuesday, March 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Pyinmana, Myanmar Sun 26 Sutra 338 Plava 5123	
Kataka Rasi: 20.2	Tithi 12 – 13	Gulika 12:03PM – 1:33PM	Ashlesha* Until 12:11AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM
		Yama 9:03AM – 10:33AM	Sukarma Until 4:28AM Wed	Nataraja: White			Moon 2 - Phase 45 - 26
		144235478 Rahu 3:03PM – 4:33PM	Kaulava Until 2:22AM Wed	Moon – Blue			4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:02PM	Phalgun-Panguni			Devaloka Day
		Karadaiyan Nombu (Tamil Nadu)					
			<i>Pradosha Vrata</i>				

5		Wednesday, March 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Pyinmana, Myanmar Sun 27 Sutra 339 Plava 5123	
Simha Rasi: 3	Tithi 13 – 14	Gulika 10:32AM – 12:03PM	Magha* Until 1:09AM Thu	Ganesha: White	<i>Sunrise:</i> 6:02AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM
		Yama 7:32AM – 9:02AM	Dhriti Until 3:26AM Thu	Nataraja: White			Moon 2 - Phase 45 - 27
		154235478 Rahu 12:03PM – 1:33PM	Gara Until 2:30AM Thu	Moon – Red			4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:29PM	Phalgun-Panguni			Sivaloka Day

○		Thursday, March 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Pyinmana, Myanmar Sutra 340 Plava 5123	
Copper Retreat Star		Gulika 9:02AM – 10:32AM	Purvaphalguni Until 1:22AM Fri	Ganesha: White	<i>Sunrise:</i> 6:01AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM
Simha Rasi: 15.58	Tithi 14 – 15	Yama 6:01AM – 7:31AM	Shula* Until 1:55AM Fri	Nataraja: White			Moon 2 - Phase 45 - Purnima
		154235478 Rahu 1:33PM – 3:03PM	Visti Until 2:03AM Fri	Moon – Red			
Creative Work	Siddha Yoga		Chaturdashi* Until 2:20PM	Phalgun-Panguni			Sivaloka Day
		Panguni Uttiram					
		Holi					

○		Friday, March 18, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Pyinmana, Myanmar Sutra 341 Plava 5123	
Silver Retreat Star		Gulika 7:31AM – 9:01AM	Uttaraphalguni Until 12:57AM Sat	Ganesha: White	<i>Sunrise:</i> 6:00AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM
Simha Rasi: 29.14	Tithi 15 – 16	Yama 3:03PM – 4:34PM	Ganda* Until 12:01AM Sat	Nataraja: White			Moon 2 - Phase 45 - Prathama
		154235478 Rahu 10:32AM – 12:02PM	Balava Until 1:06AM Sat	Moon – Red			
Creative Work	Siddha Yoga		Purnima* Until 1:37PM	Phalgun-Panguni			Sivaloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Saturday, March 19, 2022
Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Pyinmana, Myanmar
Sutra 342

Kanya Rasi: 12.47 Tithi 16 – 17

Gulika 5:59AM – 7:30AM
Yama 1:32PM – 3:03PM
Rahu 9:01AM – 10:31AM

Hasta Until 12:25AM Sun
Vriddhi Until 9:48PM
Taitila Until 11:44PM
Prathama* Until 12:26PM

Ganesha: Yellow *Sunrise:* 5:59AM
Muruqa: Clear *Sunset:* 6:04PM
Nataraja: White
Moon – Green
Phalguna-Panguni

Plava 5123
Moon 3 - Phase 46 -
1st Phase

Routine Work Marana Yoga
Until 12:25AM Sun
Then Creative Work - Siddha Yoga

Devaloka Day

1

Sunday, March 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Pyinmana, Myanmar
Sun 1 Sutra 343

Kanya Rasi: 26.32 Tithi 17 – 18

Gulika 3:03PM – 4:34PM
Yama 12:01PM – 1:32PM
Rahu 4:34PM – 6:04PM

Chitra Until 11:26PM
Dhruva Until 7:18PM
Vanija Until 10:03PM
Dvitiya Until 10:54AM

Ganesha: Yellow *Sunrise:* 5:59AM
Muruqa: Clear *Sunset:* 6:04PM
Nataraja: White
Moon – Green
Phalguna-Panguni

Plava 5123
Moon 3 - Phase 46 - 1
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Monday, March 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Pyinmana, Myanmar
Sun 2 Sutra 344

Tula Rasi: 10.29 Tithi 18 – 19

Gulika 1:32PM – 3:03PM
Yama 10:30AM – 12:01PM
Rahu 7:29AM – 8:59AM

Svati Until 10:07PM
Vyaghata* Until 4:39PM
Bava Until 8:11PM
Tritiya Until 9:07AM

Ganesha: Yellow *Sunrise:* 5:58AM
Muruqa: Clear *Sunset:* 6:05PM
Nataraja: White
Moon – Green
Phalguna-Panguni

Plava 5123
Moon 3 - Phase 46 - 2
1st Phase

Family Home Evening
Creative Work Amrita Yoga

Until 10:07PM

Then Routine Work - Marana Yoga

Devaloka Day

3

Tuesday, March 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Pyinmana, Myanmar
Sun 3 Sutra 345

Tula Rasi: 24.32 Tithi 19 – 20

Gulika 12:01PM – 1:32PM
Yama 8:59AM – 10:30AM
Rahu 3:03PM – 4:34PM

Vishakha Until 8:58PM
Harshana Until 1:54PM
Kaulava Until 6:11PM
Chaturthi* Until 7:10AM

Ganesha: Blue *Sunrise:* 5:57AM
Muruqa: Clear *Sunset:* 6:05PM
Nataraja: White
Moon – Orange
Phalguna-Panguni

Plava 5123
Moon 3 - Phase 46 - 3
1st Phase

Routine Work Marana Yoga

Until 8:58PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Wednesday, March 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Pyinmana, Myanmar
Sun 4 Sutra 346

Virchika Rasi: 8.38 Tithi 21

Gulika 10:29AM – 12:01PM
Yama 7:27AM – 8:58AM
Rahu 12:01PM – 1:32PM

Anuradha Until 7:37PM
Vajra* Until 11:04AM
Gara Until 4:07PM
Shashthi* Until 3:03AM Thu

Ganesha: Yellow *Sunrise:* 5:56AM
Muruqa: Clear *Sunset:* 6:05PM
Nataraja: White
Moon – Orange
Phalguna-Panguni

Plava 5123
Moon 3 - Phase 46 - 4
1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Thursday, March 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Saplamyam Titau

Pyinmana, Myanmar
Sun 5 Sutra 347

Virchika Rasi: 22.46 Tithi 22

Gulika 8:58AM – 10:29AM
Yama 5:55AM – 7:27AM
Rahu 1:31PM – 3:03PM

Jyeshtha* Until 6:07PM
Siddhi Until 8:13AM
Visti Until 2:02PM
Saptami Until 12:58AM Fri

Ganesha: Yellow *Sunrise:* 5:55AM
Muruqa: Clear *Sunset:* 6:05PM
Nataraja: White
Moon – Orange
Phalguna-Panguni

Plava 5123
Moon 3 - Phase 46 - 5
1st Phase

Routine Work Prabalarishta Yoga

Until 6:07PM

Then Creative Work - Siddha Yoga

Devaloka Day

Retreat Star

Friday, March 25, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Pyinmana, Myanmar
Sun 6 Sutra 348

Dhanus Rasi: 6.53 Tithi 23

Gulika 7:26AM – 8:57AM
Yama 3:03PM – 4:34PM
Rahu 10:29AM – 12:00PM

Mula* Until 4:55PM
Variyan Until 2:34AM Sat
Balava Until 11:57AM
Ashtami* Until 10:55PM

Ganesha: Blue *Sunrise:* 5:55AM
Muruqa: Clear *Sunset:* 6:05PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Plava 5123
Moon 3 - Phase 46 - 6
Ashtami

Creative Work Amrita Yoga

Until 4:55PM

Then Routine Work - Prabalarishta Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Saturday, March 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Pyinmana, Myanmar
Sun 7 Sutra 349

Dhanus Rasi: 21 Tithi 24

Gulika 5:54AM – 7:25AM
Yama 1:31PM – 3:03PM
Rahu 8:57AM – 10:28AM

Purvashadha* Until 3:37PM
Parigha* Until 11:48PM
Taitila Until 9:55AM
Navami* Until 8:54PM

Ganesha: Blue *Sunrise:* 5:54AM
Muruqa: Clear *Sunset:* 6:05PM
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Plava 5123
Moon 3 - Phase 46 - 7
Navami

Creative Work Siddha Yoga

Until 3:37PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM


O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

1	Sunday, March 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visli* Karana Dashamyam Titau				Pyinmana, Myanmar Sun 8 Sutra 350 Plava 5123
	Makara Rasi: 5.05	Tithi 25	Gulika 3:02PM – 4:34PM	Uttarashadha Until 2:15PM	Ganesha: Blue	<i>Sunrise:</i> 5:53AM	
			Yama 11:59AM – 1:31PM	Shiva Until 9:06PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47 - 8
	Creative Work Amrita Yoga	185235478	Rahu 4:34PM – 6:06PM	Vanija Until 7:56AM	Nataraja: White		2nd Phase
			Dashami Until 6:57PM	Moon – Light Blue		Bhuloka Day Devaloka Time: 12:PM to 3:PM	

2	Monday, March 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Pyinmana, Myanmar Sun 9 Sutra 351 Plava 5123
	Makara Rasi: 19.05	Tithi 26 – 27	Gulika 1:31PM – 3:02PM	Shravana Until 1:16PM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	
	Family Home Evening		Yama 10:27AM – 11:59AM	Siddha Until 6:29PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47 - 9
	Creative Work Amrita Yoga	195235478	Rahu 7:24AM – 8:56AM	Bava Until 6:03AM	Nataraja: White		2nd Phase
			Ekadashi* Until 5:09PM	Moon – Purple		Devaloka Day	
				Phalguna-Panguni			

3	Tuesday, March 29, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Pyinmana, Myanmar Sun 10 Sutra 352 Plava 5123
	Kumbha Rasi: 3.01	Tithi 27 – 28	Gulika 11:59AM – 1:31PM	Dhanishtha Until 12:19PM	Ganesha: Red	<i>Sunrise:</i> 5:52AM	
			Yama 8:55AM – 10:27AM	Sadhya Until 4:03PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47 - 10
	Creative Work Siddha Yoga	195235478	Rahu 3:02PM – 4:34PM	Gara Until 2:50AM Wed	Nataraja: White		2nd Phase
			Dvadashi* Until 3:31PM	Moon – Purple		Devaloka Day	
				Phalguna-Panguni			
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, March 30, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Pyinmana, Myanmar Sun 11 Sutra 353 Plava 5123
	Kumbha Rasi: 16.47	Tithi 28 – 29	Gulika 10:27AM – 11:58AM	Shatabhishak Until 11:29AM	Ganesha: Red	<i>Sunrise:</i> 5:51AM	
			Yama 7:23AM – 8:55AM	Subha Until 1:51PM	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47 - 11
	Creative Work Siddha Yoga	195245478	Rahu 11:58AM – 1:30PM	Visli Until 1:39AM Thu	Nataraja: White		2nd Phase
			Trayodashi* Until 2:10PM	Moon – Purple		Bhuloka Day Devaloka Time: 6:AM to 9:AM	
				Phalguna-Panguni			

	Thursday, March 31, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Pyinmana, Myanmar Sun 12 Sutra 354 Plava 5123
	Retreat Star		Gulika 8:54AM – 10:26AM	Purvaproshtapada* Until 11:19AM	Ganesha: Green	<i>Sunrise:</i> 5:50AM	
	Meena Rasi: 0.21	Tithi 29 – 30	Yama 5:50AM – 7:22AM	Sukla Until 11:55AM	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47 - 12
	Creative Work Siddha Yoga	115245478	Rahu 1:30PM – 3:02PM	Catuspada Until 12:54AM Fri	Nataraja: White		Amavasya
			Chaturdashi* Until 1:12PM	Moon – Clear		Bhuloka Day	
				Phalguna-Panguni			

	Friday, April 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Pyinmana, Myanmar Sun 13 Sutra 355 Plava 5123
	Retreat Star		Gulika 7:22AM – 8:54AM	Uttaraproshtapada Until 11:27AM	Ganesha: Green	<i>Sunrise:</i> 5:50AM	
	Meena Rasi: 13.4	Tithi 30 – 1	Yama 3:02PM – 4:34PM	Brahma Until 10:22AM	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47 - 13
	Creative Work Siddha Yoga	115245478	Rahu 10:26AM – 11:58AM	Kintughna Until 12:41AM Sat	Nataraja: White		Prathama
			Amavasya* Until 12:42PM	Moon – Clear		Bhuloka Day	
		Yugadhi		Chaitra-Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

1		Saturday, April 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Pyinmana, Myanmar Sun 14 Sutra 356 Plava 5123	
Meena Rasi: 26.43	Tithi 1 – 2	Gulika 5:49AM – 7:21AM	Revati Until 11:58AM	Ganesha: Red	<i>Sunrise:</i> 5:49AM	Muruqa: White	<i>Sunset:</i> 6:06PM
		Yama 1:30PM – 3:02PM	Indra Until 9:17AM	Nataraja: White		Moon 3 - Phase 48 - 14	3rd Phase
		116245478 Rahu 8:54AM – 10:26AM	Balava Until 1:03AM Sun	Moon – Clear		Bhuloka Day	
Routine Work	Prabalarishta Yoga	Chellappaswami Mahasamadhi		Prathama* Until 12:46PM		Chaitra•Panguni	
Until 11:58AM						Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

2		Sunday, April 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Dvitiya/Trityayam Titau		Pyinmana, Myanmar Sun 15 Sutra 357 Plava 5123	
Mesha Rasi: 9.27	Tithi 2 – 3	Gulika 3:02PM – 4:34PM	Ashvini Until 1:24PM	Ganesha: White	<i>Sunrise:</i> 5:49AM	Muruqa: White	<i>Sunset:</i> 6:07PM
		Yama 11:58AM – 1:30PM	Vaidhriti* Until 8:38AM	Nataraja: White		Moon 3 - Phase 48 - 15	3rd Phase
		126345478 Rahu 4:34PM – 6:07PM	Taitila Until 2:03AM Mon	Moon – White		Bhuloka Day	
Creative Work	Siddha Yoga			Dvitiya Until 1:27PM		Chaitra•Panguni	
Until 1:24PM							
Then Routine Work - Prabalarishta Yoga							

3		Monday, April 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Pyinmana, Myanmar Sun 16 Sutra 358 Plava 5123	
Mesha Rasi: 21.55	Tithi 3 – 4	Gulika 1:30PM – 3:02PM	Bharani Until 3:17PM	Ganesha: White	<i>Sunrise:</i> 5:48AM	Muruqa: White	<i>Sunset:</i> 6:07PM
Family Home Evening		Yama 10:25AM – 11:57AM	Vishkambha* Until 8:29AM	Nataraja: White		Moon 3 - Phase 48 - 16	3rd Phase
		126345478 Rahu 7:20AM – 8:53AM	Vanija Until 3:38AM Tue	Moon – White		Bhuloka Day	
Creative Work	Siddha Yoga			Tritiya Until 2:45PM		Chaitra•Panguni	
Until 3:17PM							
Then Routine Work - Marana Yoga							

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Pyinmana, Myanmar Sun 17 Sutra 359 Plava 5123	
Vrishabha Rasi: 4.07	Tithi 4 – 5	Gulika 11:57AM – 1:29PM	Krittika Until 5:31PM	Ganesha: White	<i>Sunrise:</i> 5:47AM	Muruqa: White	<i>Sunset:</i> 6:07PM
		Yama 8:52AM – 10:24AM	Priti Until 8:48AM	Nataraja: White		Moon 3 - Phase 48 - 17	3rd Phase
		126345478 Rahu 3:02PM – 4:34PM	Bava Until 5:43AM Wed	Moon – White		Bhuloka Day	
Creative Work	Siddha Yoga			Chaturthi* Until 4:36PM		Chaitra•Panguni	
Until 5:31PM							
Then Creative Work - Amrita Yoga							

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Balava Karana Panchamyam Titau		Pyinmana, Myanmar Sun 18 Sutra 360 Plava 5123	
Vrishabha Rasi: 16.08	Tithi 5	Gulika 10:24AM – 11:57AM	Rohini Until 8:30PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Muruqa: White	<i>Sunset:</i> 6:07PM
		Yama 7:19AM – 8:51AM	Ayushman Until 9:27AM	Nataraja: White		Moon 3 - Phase 48 - 18	3rd Phase
		136345478 Rahu 11:57AM – 1:29PM	Balava Until 6:53PM	Moon – Yellow		Bhuloka Day	
Creative Work	Siddha Yoga			Panchami Until 6:53PM		Chaitra•Panguni	
						Devaloka Time: 6:AM to 9:AM	

6		Thursday, April 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Pyinmana, Myanmar Sun 19 Sutra 361 Plava 5123	
Vrishabha Rasi: 28.01	Tithi 6	Gulika 8:51AM – 10:24AM	Mrigashira Until 11:31PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Muruqa: White	<i>Sunset:</i> 6:07PM
		Yama 5:46AM – 7:18AM	Saubhagya Until 10:20AM	Nataraja: White		Moon 3 - Phase 48 - 19	3rd Phase
		136345478 Rahu 1:29PM – 3:02PM	Kaulava Until 8:09AM	Moon – Yellow		Bhuloka Day	
Routine Work	Marana Yoga			Shashthi* Until 9:24PM		Chaitra•Panguni	
						Devaloka Time: 6:AM to 9:AM	

Retreat Star		Friday, April 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Pyinmana, Myanmar Sun 20 Sutra 362 Plava 5123	
Mithuna Rasi: 9.51	Tithi 7	Gulika 7:18AM – 8:50AM	Ardra Until 2:21AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Muruqa: White	<i>Sunset:</i> 6:07PM
		Yama 3:02PM – 4:35PM	Sobhana Until 11:19AM	Nataraja: White		Moon 3 - Phase 48 - 20	3rd Phase
		136345478 Rahu 10:23AM – 11:56AM	Gara Until 10:41AM	Moon – Yellow		Bhuloka Day	
Creative Work	Siddha Yoga			Saptami Until 11:54PM		Chaitra•Panguni	
						Devaloka Time: 6:AM to 9:AM	

Retreat Star		Saturday, April 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Pyinmana, Myanmar Sun 21 Sutra 363 Plava 5123	
Mithuna Rasi: 21.43	Tithi 8	Gulika 5:44AM – 7:17AM	Punarvasu Until 5:17AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	Muruqa: White	<i>Sunset:</i> 6:08PM
		Yama 1:29PM – 3:02PM	Athiganda* Until 12:11PM	Nataraja: White		Moon 3 - Phase 48 - 21	Ashtami
		147345478 Rahu 8:50AM – 10:23AM	Visti Until 1:07PM	Moon – Blue		Bhuloka Day	
Creative Work	Siddha Yoga			Ashtami* Until 2:12AM Sun		Chaitra•Panguni	
						Devaloka Time: 9:AM to 12:PM	

Retreat Star		Sunday, April 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Pyinmana, Myanmar Sun 22 Sutra 364 Plava 5123	
Kataka Rasi: 3.41	Tithi 9	Gulika 3:02PM – 4:35PM	Pushya Until 7:37AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Muruqa: White	<i>Sunset:</i> 6:08PM
		Yama 11:56AM – 1:29PM	Sukarma Until 12:49PM	Nataraja: White		Moon 3 - Phase 48 - 22	Navami
		147345478 Rahu 4:35PM – 6:08PM	Balava Until 3:12PM	Moon – Blue		Bhuloka Day	
Creative Work	Siddha Yoga			Navami* Until 4:03AM Mon		Chaitra•Panguni	
		Sri Rama Navami				Devaloka Time: 9:AM to 12:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

Monday, April 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Pyinmana, Myanmar Sun 23
1		Gulika 1:28PM – 3:02PM	Pushya Until 7:37AM	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Plava 5123
Kataka Rasi: 15.5	Tithi 10	Yama 10:22AM – 11:55AM	Dhriti Until 1:04PM	Muruqa: White	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49 - 23
Family Home Evening	147345478	Rahu 7:16AM – 8:49AM	Taitila Until 4:46PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		
		Yogaswami Mahasamadhi	Dashami Until 5:18AM Tue	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

Tuesday, April 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Ekadashyam Titau				Pyinmana, Myanmar Sun 24
2		Gulika 11:55AM – 1:28PM	Ashlesha* Until 9:12AM	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Plava 5123
Kataka Rasi: 28.14	Tithi 11	Yama 8:48AM – 10:22AM	Shula* Until 12:49PM	Muruqa: White	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49 - 24
	147345478	Rahu 3:02PM – 4:35PM	Vanija Until 5:41PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		
			Ekadashi Until 5:51AM Wed	Chaitra•Panguni	Bhuloka Day	Devaloka Time: 9:AM to 12:PM

Wednesday, April 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Dvadashyam Titau				Pyinmana, Myanmar Sun 25
3		Gulika 10:21AM – 11:55AM	Magha* Until 10:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	Plava 5123
Simha Rasi: 10.57	Tithi 12	Yama 7:15AM – 8:48AM	Ganda* Until 12:01PM	Muruqa: White	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49 - 25
	157345478	Rahu 11:55AM – 1:28PM	Bava Until 5:52PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Red		
Until 10:24AM			Dvadashi Until 5:40AM Thu	Chaitra•Panguni	Devaloka Day	
Then Creative Work - Amrita Yoga						

Thursday, April 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Pyinmana, Myanmar Sun 26
4		Gulika 8:47AM – 10:21AM	Purvaphalguni Until 10:45AM	Ganesha: Purple	<i>Sunrise:</i> 5:40AM	Subhakrit 5124
Simha Rasi: 24.01	Tithi 13	Yama 5:40AM – 7:14AM	Vridhi Until 10:40AM	Muruqa: White	<i>Sunset:</i> 6:08PM	Moon 3 - Phase 49 - 26
	157345478	Rahu 1:28PM – 3:01PM	Kaulava Until 5:19PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Red		
		Tamil New Year	Trayodashi Until 4:47AM Fri	Chaitra•Chaitra	Devaloka Day	
			<i>Pradosha Vrata</i>			

Friday, April 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Pyinmana, Myanmar Sun 27
5		Gulika 7:13AM – 8:47AM	Uttaraphalguni Until 10:16AM	Ganesha: White	<i>Sunrise:</i> 5:40AM	Subhakrit 5124
Kanya Rasi: 7.29	Tithi 14	Yama 3:01PM – 4:35PM	Dhruva Until 8:44AM	Muruqa: White	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 49 - 27
	258345478	Rahu 10:21AM – 11:54AM	Gara Until 4:07PM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Red		
Until 10:16AM			Chaturdashi* Until 3:16AM Sat	Chaitra•Chaitra	Bhuloka Day	
Then Creative Work - Amrita Yoga						

Saturday, April 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Pyinmana, Myanmar
○	Copper Retreat Star	Gulika 5:39AM – 7:13AM	Hasta Until 9:29AM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	Subhakrit 5124
Kanya Rasi: 21.17	Tithi 15	Yama 1:28PM – 3:01PM	Vyaghata* Until 6:20AM	Muruqa: White	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 49 - Purnima
	268345478	Rahu 8:47AM – 10:20AM	Visti Until 2:20PM	Nataraja: White		
Routine Work	Marana Yoga			Moon – Green		
		Chitra Purnima (Tamil Nadu)	Purnima* Until 1:15AM Sun	Chaitra•Chaitra	Bhuloka Day	Devaloka Time: 6:AM to 9:AM
		Hanuman Jayanti				

Sunday, April 17, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Pyinmana, Myanmar
○	Silver Retreat Star	Gulika 3:01PM – 4:35PM	Chitra Until 8:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Subhakrit 5124
Tula Rasi: 5.25	Tithi 16	Yama 11:54AM – 1:28PM	Vajra* Until 12:27AM Mon	Muruqa: White	<i>Sunset:</i> 6:09PM	Moon 3 - Phase 49 - Prathama
	268345478	Rahu 4:35PM – 6:09PM	Balava Until 12:06PM	Nataraja: White		
Creative Work	Siddha Yoga			Moon – Green		
			Prathama* Until 10:51PM	Chaitra•Chaitra	Bhuloka Day	Devaloka Time: 6:AM to 9:AM