



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 24.38      Tithi 16 – 17

277784469

Creative Work      Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vyalipata\* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

**Gulika** 10:13AM – 11:53AM  
Yama 6:54AM – 8:33AM  
**Rahu** 11:53AM – 1:32PM

**Vishakha** Until 7:44PM  
Vyatipata\* Until 6:22PM  
Gara Until 4:08AM Thu  
Prathama\* Until 7:47AM

**Ganesha:** Blue      *Sunrise:* 5:14AM  
**Muruqa:** White      *Sunset:* 6:31PM  
**Nataraja:** Clear  
Moon – Orange

**Chaitra\*Chaitra**

Shanghai, China  
Sutra 17  
Plava 5123  
Moon 4 - Phase 2 -  
1st Phase

**Devaloka Day**

1

Thursday, April 29, 2021

Vrischika Rasi: 9.46      Tithi 18

278784469

Creative Work      Siddha Yoga

Until 5:01PM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 8:33AM – 10:13AM  
Yama 5:13AM – 6:53AM  
**Rahu** 1:32PM – 3:12PM

**Anuradha** Until 5:01PM  
Variyan Until 2:19PM  
Vanija Until 2:24PM  
Tritiya Until 12:43AM Fri

**Ganesha:** Blue      *Sunrise:* 5:13AM  
**Muruqa:** White      *Sunset:* 6:32PM  
**Nataraja:** Clear  
Moon – Orange

**Chaitra\*Chaitra**

Shanghai, China  
Sun 1      Sutra 18  
Plava 5123  
Moon 4 - Phase 2 - 1  
1st Phase

**Devaloka Day**

2

Friday, April 30, 2021

Vrischika Rasi: 24.41      Tithi 19

278784469

Routine Work      Marana Yoga

Until 2:31PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika** 6:52AM – 8:32AM  
Yama 3:13PM – 4:53PM  
**Rahu** 10:12AM – 11:52AM

**Jyeshtha\*** Until 2:31PM  
Parigha\* Until 10:33AM  
Bava Until 11:10AM  
Chaturthi\* Until 9:42PM

**Ganesha:** Blue      *Sunrise:* 5:12AM  
**Muruqa:** White      *Sunset:* 6:33PM  
**Nataraja:** Clear  
Moon – Orange

**Chaitra\*Chaitra**

Shanghai, China  
Sun 2      Sutra 19  
Plava 5123  
Moon 4 - Phase 2 - 2  
1st Phase

**Devaloka Day**

3

Saturday, May 1, 2021

Dhanus Rasi: 9.17      Tithi 20

288794469

Creative Work      Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 5:11AM – 6:51AM  
Yama 1:33PM – 3:13PM  
**Rahu** 8:32AM – 10:12AM

**Mula\*** Until 12:45PM  
Shiva Until 7:11AM  
Kaulava Until 8:24AM  
Panchami Until 7:12PM

**Ganesha:** Red      *Sunrise:* 5:11AM  
**Muruqa:** Yellow      *Sunset:* 6:33PM  
**Nataraja:** Clear  
Moon – Light Blue

**Chaitra\*Chaitra**

Shanghai, China  
Sun 3      Sutra 20  
Plava 5123  
Moon 4 - Phase 2 - 3  
1st Phase

**Devaloka Day**

4

Sunday, May 2, 2021

Dhanus Rasi: 23.29      Tithi 21 – 22

288794469

Creative Work      Siddha Yoga

Until 11:28AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 3:13PM – 4:54PM  
Yama 11:52AM – 1:33PM  
**Rahu** 4:54PM – 6:34PM

**Purvashadha\*** Until 11:28AM  
Sadhya Until 1:53AM Mon  
Gara Until 6:12AM  
Shashthi\* Until 5:20PM

**Ganesha:** Red      *Sunrise:* 5:10AM  
**Muruqa:** Yellow      *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Light Blue

**Chaitra\*Chaitra**

Shanghai, China  
Sun 4      Sutra 21  
Plava 5123  
Moon 4 - Phase 2 - 4  
1st Phase

**Devaloka Day**

5

Monday, May 3, 2021

Makara Rasi: 7.16      Tithi 22 – 23

Family Home Evening

288794469

Routine Work      Marana Yoga

Until 10:41AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 1:33PM – 3:13PM  
Yama 10:11AM – 11:52AM  
**Rahu** 6:50AM – 8:31AM

**Uttarashadha** Until 10:41AM  
Subha Until 12:04AM Tue  
Balava Until 3:50AM Tue  
Saptami Until 4:09PM

**Ganesha:** Red      *Sunrise:* 5:09AM  
**Muruqa:** Yellow      *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Light Blue

**Chaitra\*Chaitra**

Shanghai, China  
Sun 5      Sutra 22  
Plava 5123  
Moon 4 - Phase 2 - 5  
1st Phase

**Devaloka Day**

D

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 20.38      Tithi 23 – 24

298794469

Creative Work      Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 11:52AM – 1:33PM  
Yama 8:30AM – 10:11AM  
**Rahu** 3:14PM – 4:55PM

**Shravana** Until 10:54AM  
Sukla Until 10:48PM  
Taitila Until 3:42AM Wed  
Ashtami\* Until 3:40PM

**Ganesha:** Green      *Sunrise:* 5:08AM  
**Muruqa:** Yellow      *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – Purple

**Chaitra\*Chaitra**

Shanghai, China  
Sun 6      Sutra 23  
Plava 5123  
Moon 4 - Phase 2 - 6  
Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Wednesday, May 5, 2021

Retreat Star

Kumbha Rasi: 3.38      Tithi 24 – 25

299794469

Routine Work      Prabalarishta Yoga

Until 11:39AM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhisak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 10:11AM – 11:52AM  
Yama 6:49AM – 8:30AM  
**Rahu** 11:52AM – 1:33PM

**Dhanishtha** Until 11:39AM  
Brahma Until 10:04PM  
Vanija Until 4:13AM Thu  
Navami\* Until 3:52PM

**Ganesha:** Red      *Sunrise:* 5:07AM  
**Muruqa:** Yellow      *Sunset:* 6:36PM  
**Nataraja:** Clear  
Moon – Purple

**Chaitra\*Chaitra**

Shanghai, China  
Sun 7      Sutra 24  
Plava 5123  
Moon 4 - Phase 2 - 7  
Navami

**Devaloka Day**

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/

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**1 Thursday, May 6, 2021**

Kumbha Rasi: 16.2    Tithi 25 – 26  
 Creative Work    Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shatabhishak/Purvaprossthapada\* Nakshatra Indra Yoga Visti/Bava Karana Dashami/Ekadashyam Titau

**Gulika** 8:29AM – 10:10AM  
**Yama** 5:07AM – 6:48AM  
**Rahu** 1:33PM – 3:14PM

**Shatabhishak** Until 12:51PM  
 Indra Until 9:49PM  
 Bava Until 5:19AM Fri  
**Dashami** Until 4:41PM

Shanghai, China  
 Sun 8    Sutra 25  
 Plava 5123  
 Moon 4 - Phase 3 - 8  
 2nd Phase

**Ganesha:** Red    *Sunrise:* 5:07AM  
**Muruqa:** Yellow    *Sunset:* 6:37PM  
**Nataraja:** Clear  
 Moon – Purple

**Devaloka Day**  
**Chaitra•Chaitra**

**2 Friday, May 7, 2021**

Kumbha Rasi: 28.46    Tithi 26  
 Creative Work    Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Purvaprossthapada/Uttaraprossthapada Nakshatra Vaidhriti\* Yoga Balava Karana Ekadashyam Titau

**Gulika** 6:47AM – 8:29AM  
**Yama** 3:15PM – 4:56PM  
**Rahu** 10:10AM – 11:52AM

**Purvaprossthapada\*** Until 2:54PM  
**Vaidhriti\*** Until 9:57PM  
 Balava Until 6:02PM  
**Ekadashi\*** Until 6:02PM

Shanghai, China  
 Sun 9    Sutra 26  
 Plava 5123  
 Moon 4 - Phase 3 - 9  
 2nd Phase

**Ganesha:** Clear    *Sunrise:* 5:06AM  
**Muruqa:** Yellow    *Sunset:* 6:38PM  
**Nataraja:** Clear  
 Moon – Clear

**Devaloka Day**  
**Chaitra•Chaitra**

**3 Saturday, May 8, 2021**

Meena Rasi: 10.59    Tithi 27  
 Creative Work    Siddha Yoga  
 Until 5:14PM  
 Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Uttaraprossthapada/Revati Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Dvadashyam Titau

**Gulika** 5:05AM – 6:47AM  
**Yama** 1:33PM – 3:15PM  
**Rahu** 8:28AM – 10:10AM

**Uttaraprossthapada** Until 5:14PM  
**Vishkambha\*** Until 10:25PM  
 Kaulava Until 6:54AM  
**Dvadashi\*** Until 7:50PM

Shanghai, China  
 Sun 10    Sutra 27  
 Plava 5123  
 Moon 4 - Phase 3 - 10  
 2nd Phase

**Ganesha:** Clear    *Sunrise:* 5:05AM  
**Muruqa:** Yellow    *Sunset:* 6:38PM  
**Nataraja:** Clear  
 Moon – Clear

**Devaloka Day**  
**Chaitra•Chaitra**

**4 Sunday, May 9, 2021**

Meena Rasi: 23.03    Tithi 28  
 Creative Work    Amrita Yoga  
 Until 7:45PM  
 Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Revati Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau

**Gulika** 3:15PM – 4:57PM  
**Yama** 11:52AM – 1:33PM  
**Rahu** 4:57PM – 6:39PM

**Revati** Until 7:45PM  
**Priti** Until 11:10PM  
 Gara Until 8:53AM  
**Trayodashi\*** Until 9:59PM  
*Pradosha Vrata (Fasting)*

Shanghai, China  
 Sun 11    Sutra 28  
 Plava 5123  
 Moon 4 - Phase 3 - 11  
 2nd Phase

**Ganesha:** Clear    *Sunrise:* 5:04AM  
**Muruqa:** Yellow    *Sunset:* 6:39PM  
**Nataraja:** Clear  
 Moon – Clear

**Devaloka Day**  
**Chaitra•Chaitra**

**5 Monday, May 10, 2021**

Mesha Rasi: 4.59    Tithi 29  
**Family Home Evening**  
 Creative Work    Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Ashvini Nakshatra Ayushman Yoga Visti/Sakuni\* Karana Chaturdashyam Titau

**Gulika** 1:34PM – 3:16PM  
**Yama** 10:09AM – 11:51AM  
**Rahu** 6:45AM – 8:27AM

**Ashvini** Until 10:52PM  
 Ayushman Until 12:05AM Tue  
 Visti Until 11:11AM  
**Chaturdashi\*** Until 12:24AM Tue

Shanghai, China  
 Sun 12    Sutra 29  
 Plava 5123  
 Moon 4 - Phase 3 - 12  
 2nd Phase

**Ganesha:** Orange    *Sunrise:* 5:03AM  
**Muruqa:** Yellow    *Sunset:* 6:40PM  
**Nataraja:** Clear  
 Moon – White

**Devaloka Day**  
**Chaitra•Chaitra**

**Tuesday, May 11, 2021**

**Retreat Star**  
 Mesha Rasi: 16.5    Tithi 30  
 Creative Work    Siddha Yoga  
 Until 1:59AM Wed  
 Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Bharani Nakshatra Saubhagya Yoga Catuspada\*/Naga\* Karana Amavasyayam Titau

**Gulika** 11:51AM – 1:34PM  
**Yama** 8:27AM – 10:09AM  
**Rahu** 3:16PM – 4:58PM

**Bharani** Until 1:59AM Wed  
 Saubhagya Until 1:08AM Wed  
 Catuspada Until 1:41PM  
**Amavasya\*** Until 2:58AM Wed

Shanghai, China  
 Sun 13    Sutra 30  
 Plava 5123  
 Moon 4 - Phase 3 - 13  
 Amavasya

**Ganesha:** Orange    *Sunrise:* 5:03AM  
**Muruqa:** Yellow    *Sunset:* 6:40PM  
**Nataraja:** Clear  
 Moon – White

**Devaloka Day**  
**Chaitra•Chaitra**

**Wednesday, May 12, 2021**

**Retreat Star**  
 Mesha Rasi: 28.38    Tithi 1  
 Creative Work    Amrita Yoga  
 Until 4:58AM Thu  
 Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
 Kritika Nakshatra Sobhana Yoga Kintughna\*/Bava Karana Prathamayam Titau

**Gulika** 10:09AM – 11:51AM  
**Yama** 6:44AM – 8:27AM  
**Rahu** 11:51AM – 1:34PM

**Krittika** Until 4:58AM Thu  
 Sobhana Until 2:16AM Thu  
 Kintughna Until 4:19PM  
**Prathama\*** Until 5:36AM Thu

Shanghai, China  
 Sun 14    Sutra 31  
 Plava 5123  
 Moon 4 - Phase 3 - 14  
 Prathama

**Ganesha:** Orange    *Sunrise:* 5:02AM  
**Muruqa:** Yellow    *Sunset:* 6:41PM  
**Nataraja:** Clear  
 Moon – White

**Devaloka Day**  
**Vaisaka•Chaitra**

1	Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava Karana Dvitiyayam Titau				Shanghai, China Sun 15 Sutra 32		
	231794469	Gulika 8:26AM – 10:09AM Yama 5:01AM – 6:44AM Rahu 1:34PM – 3:17PM	Rohini Until 8:15AM Fri Athiganda* Until 3:19AM Fri Balava Until 6:56PM Dvitiya Until 8:10AM Fri	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 5:01AM Sunset: 6:42PM	Moon 4 - Phase 4 - 15 3rd Phase	Devaloka Day		
Vrishabha Rasi: 10.25		Tithi 2	Routine Work Marana Yoga Until 8:15AM Fri Then Creative Work - Siddha Yoga						
2	Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Shanghai, China Sun 16 Sutra 33		
	231794469	Gulika 6:43AM – 8:26AM Yama 3:17PM – 5:00PM Rahu 10:09AM – 11:51AM	Rohini Until 8:15AM Sukarma Until 4:15AM Sat Taitila Until 9:24PM Dvitiya Until 8:10AM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 5:00AM Sunset: 6:42PM	Moon 4 - Phase 4 - 16 3rd Phase	Devaloka Day		
Vrishabha Rasi: 22.13		Tithi 2 – 3	Routine Work Marana Yoga Until 8:15AM Then Creative Work - Siddha Yoga						
3	Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Shanghai, China Sun 17 Sutra 34		
	231894469	Gulika 5:00AM – 6:43AM Yama 1:34PM – 3:17PM Rahu 8:26AM – 10:08AM	Mrigashira Until 11:10AM Dhriti Until 4:59AM Sun Vanija Until 11:37PM Tritiya Until 10:32AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 5:00AM Sunset: 6:43PM	Moon 4 - Phase 4 - 17 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Mithuna Rasi: 4.05		Tithi 3 – 4	Creative Work Siddha Yoga						
4	Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 18 Sutra 35		
	231894469	Gulika 3:18PM – 5:01PM Yama 11:51AM – 1:34PM Rahu 5:01PM – 6:44PM	Ardra Until 1:35PM Shula* Until 5:21AM Mon Bava Until 1:26AM Mon Chaturthi* Until 12:34PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:59AM Sunset: 6:44PM	Moon 4 - Phase 4 - 18 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Mithuna Rasi: 16.05		Tithi 4 – 5	Creative Work Siddha Yoga						
5	Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Shanghai, China Sun 19 Sutra 36		
	241894469	Gulika 1:35PM – 3:18PM Yama 10:08AM – 11:51AM Rahu 6:42AM – 8:25AM	Punarvasu Until 3:53PM Ganda* Until 5:19AM Tue Kaulava Until 2:43AM Tue Panchami Until 2:08PM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:58AM Sunset: 6:44PM	Moon 4 - Phase 4 - 19 3rd Phase	Devaloka Day		
Mithuna Rasi: 28.14		Tithi 5 – 6	Family Home Evening Creative Work Amrita Yoga Until 3:53PM Then Creative Work - Siddha Yoga						
6	Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 20 Sutra 37		
	241894469	Gulika 11:51AM – 1:35PM Yama 8:25AM – 10:08AM Rahu 3:18PM – 5:02PM	Pushya Until 5:26PM Vriddhi Until 4:47AM Wed Gara Until 3:21AM Wed Shashthi* Until 3:06PM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:58AM Sunset: 6:45PM	Moon 4 - Phase 4 - 20 3rd Phase	Devaloka Day		
Kataka Rasi: 10.38		Tithi 6 – 7	Creative Work Siddha Yoga						
Wednesday, May 19, 2021		Retreat Star		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Shanghai, China Sun 21 Sutra 38	
241894469	Gulika 10:08AM – 11:51AM Yama 6:41AM – 8:24AM Rahu 11:51AM – 1:35PM	Ashlesha* Until 6:10PM Dhruva Until 3:39AM Thu Visti Until 3:15AM Thu Saptami Until 3:23PM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:57AM Sunset: 6:46PM	Moon 4 - Phase 4 - 21 3rd Phase	Devaloka Day			
Kataka Rasi: 23.2		Tithi 7 – 8	Creative Work Siddha Yoga						
D	Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China Sun 22 Sutra 39		
	251894469	Gulika 8:24AM – 10:08AM Yama 4:57AM – 6:40AM Rahu 1:35PM – 3:19PM	Magha* Until 6:27PM Vyaghata* Until 1:56AM Fri Balava Until 2:25AM Fri Ashtami* Until 2:54PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red	Sunrise: 4:57AM Sunset: 6:46PM	Moon 4 - Phase 4 - 22 Ashtami	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Simha Rasi: 6.23		Tithi 8 – 9	Creative Work Amrita Yoga Until 6:27PM Then Creative Work - Siddha Yoga						
Friday, May 21, 2021		Retreat Star		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Shanghai, China Sun 23 Sutra 40	
251894469	Gulika 6:40AM – 8:24AM Yama 3:19PM – 5:03PM Rahu 10:08AM – 11:52AM	Purvaphalguni Until 5:51PM Harshana Until 11:37PM Taitila Until 12:49AM Sat Navami* Until 1:41PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red	Sunrise: 4:56AM Sunset: 6:47PM	Moon 4 - Phase 4 - 23 Navami	Bhuloka Day Devaloka Time: 3:PM to 6:PM			
Simha Rasi: 19.51		Tithi 9 – 10	Creative Work Siddha Yoga						

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

1 times are standard time. Calculated for Shanghai, China on 5/23/


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<b>1</b>		<b>Saturday, May 22, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 24 Sutra 41	
Kanya Rasi: 3.44	Tithi 10 – 11	<b>Gulika</b> 4:56AM – 6:40AM	<b>Uttaraphalguni</b> Until 4:25PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:56AM			Plava 5123	
		Yama 1:36PM – 3:20PM	Vajra* Until 8:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM			Moon 4 - Phase 5 - 24	
		251894469 <b>Rahu</b> 8:24AM – 10:08AM	Vanija Until 10:33PM	<b>Nataraja:</b> Clear				4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 11:45AM	Moon – Red			<b>Bhuloka Day</b>		
				<b>Vaisaka-Vaikasi</b>			Devaloka Time: 3:PM to 6:PM		

<b>2</b>		<b>Sunday, May 23, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 25 Sutra 42	
Kanya Rasi: 18.04	Tithi 11 – 12	<b>Gulika</b> 3:20PM – 5:04PM	<b>Hasta</b> Until 2:39PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM			Plava 5123	
		Yama 11:52AM – 1:36PM	Siddhi Until 5:23PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM			Moon 4 - Phase 5 - 25	
		262894469 <b>Rahu</b> 5:04PM – 6:48PM	Bava Until 7:43PM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 9:11AM	Moon – Green			<b>Sivaloka Day</b>		
Until 2:39PM				<b>Vaisaka-Vaikasi</b>					
Then Creative Work - Siddha Yoga									

<b>3</b>		<b>Monday, May 24, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Varyan Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 26 Sutra 43	
Tula Rasi: 2.46	Tithi 12 – 13	<b>Gulika</b> 1:36PM – 3:20PM	<b>Chitra</b> Until 12:16PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM			Plava 5123	
<b>Family Home Evening</b>		Yama 10:07AM – 11:52AM	Vyatipata* Until 1:40PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:49PM			Moon 4 - Phase 5 - 26	
		262894469 <b>Rahu</b> 6:39AM – 8:23AM	Taitila Until 2:39AM Tue	<b>Nataraja:</b> Clear				4th Phase	
Routine Work	Prabalarishta Yoga		<b>Dvadashi</b> Until 6:07AM	Moon – Green			<b>Sivaloka Day</b>		
Until 12:16PM				<b>Vaisaka-Vaikasi</b>					
Then Creative Work - Amrita Yoga									

<b>4</b>		<b>Tuesday, May 25, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 44	
Tula Rasi: 17.45	Tithi 14	<b>Gulika</b> 11:52AM – 1:36PM	<b>Svati</b> Until 9:25AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM			Plava 5123	
		Yama 8:23AM – 10:07AM	Varyan Until 9:39AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:49PM			Moon 4 - Phase 5 - 27	
		262894469 <b>Rahu</b> 3:21PM – 5:05PM	Gara Until 12:51PM	<b>Nataraja:</b> Clear				4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:59PM	Moon – Green			<b>Sivaloka Day</b>		
Until 9:25AM		<b>Vaikasi Visakam</b>		<b>Vaisaka-Vaikasi</b>					
Then Routine Work - Marana Yoga									

		<b>Wednesday, May 26, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 45	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:07AM – 11:52AM	<b>Vishakha</b> Until 6:39AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM			Plava 5123	
Vrischika Rasi: 2.55	Tithi 15	Yama 6:38AM – 8:23AM	Shiva Until 1:20AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:50PM			Moon 4 - Phase 5 - Purnima	
		372894469 <b>Rahu</b> 11:52AM – 1:36PM	Visti Until 9:07AM	<b>Nataraja:</b> Clear					
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 7:13PM	Moon – Orange			<b>Sivaloka Day</b>		
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka-Vaikasi</b>					

<b>Thursday, May 27, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Shanghai, China Sutra 46		
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:23AM – 10:07AM	<b>Jyeshtha*</b> Until 12:51AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM			Plava 5123
Vrischika Rasi: 18.05	Tithi 16 – 17	Yama 4:53AM – 6:38AM	Siddha Until 9:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:51PM			Moon 4 - Phase 5 - Prathama
		372894469 <b>Rahu</b> 1:37PM – 3:21PM	Taitila Until 1:49AM Fri	<b>Nataraja:</b> Clear				
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> Until 3:33PM	Moon – Orange			<b>Sivaloka Day</b>	
Until 12:51AM Fri				<b>Vaisaka-Vaikasi</b>				
Then Creative Work - Amrita Yoga								



**Friday, May 28, 2021**  
**Gold Retreat Star**

Dhanus Rasi: 3.07 Tithi 17 – 18

382894469

Creative Work Amrita Yoga

Until 10:32PM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 47

Plava 5123

Moon 5 - Phase 6 - 1

1st Phase

**Gulika 6:38AM – 8:23AM Mula\* Until 10:32PM**

Yama 3:22PM – 5:07PM Sadhya Until 5:26PM

**Rahu 10:07AM – 11:52AM** Vanija Until 10:34PM

**Dvitiya Until 12:08PM**

**Ganesha: Clear Sunrise: 4:53AM**

**Muruqa: Yellow Sunset: 6:51PM**

**Nataraja: Clear**

Moon – Light Blue

**Vaisaka-Vaikasi**

**Devaloka Day**

**1**

**Saturday, May 29, 2021**

Dhanus Rasi: 17.52 Tithi 18 – 19

382894469

Creative Work Siddha Yoga

Until 8:34PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Shanghai, China

Sun 2 Sutra 48

Plava 5123

Moon 5 - Phase 6 - 2

1st Phase

**Gulika 4:53AM – 6:38AM Purvashadha\* Until 8:34PM**

Yama 1:37PM – 3:22PM Subha Until 1:59PM

**Rahu 8:22AM – 10:07AM** Bava Until 7:47PM

**Tritiya Until 9:06AM**

**Ganesha: Clear Sunrise: 4:53AM**

**Muruqa: Yellow Sunset: 6:52PM**

**Nataraja: Clear**

Moon – Light Blue

**Vaisaka-Vaikasi**

**Devaloka Day**

**2**

**Sunday, May 30, 2021**

Makara Rasi: 2.16 Tithi 19 – 20

382894469

Creative Work Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 3 Sutra 49

Plava 5123

Moon 5 - Phase 6 - 3

1st Phase

**Gulika 3:22PM – 5:07PM Uttarashadha Until 7:03PM**

Yama 11:52AM – 1:37PM Sukla Until 10:59AM

**Rahu 5:07PM – 6:52PM** Taitila Until 4:44AM Mon

**Chaturthi\* Until 6:35AM**

**Ganesha: Clear Sunrise: 4:52AM**

**Muruqa: Yellow Sunset: 6:52PM**

**Nataraja: Clear**

Moon – Light Blue

**Vaisaka-Vaikasi**

**Devaloka Day**

**3**

**Monday, May 31, 2021**

Makara Rasi: 16.13 Tithi 21

392894469

**Family Home Evening**

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 4 Sutra 50

Plava 5123

Moon 5 - Phase 6 - 4

1st Phase

**Gulika 1:38PM – 3:23PM Shravana Until 6:32PM**

Yama 10:07AM – 11:53AM Brahma Until 8:32AM

**Rahu 6:37AM – 8:22AM** Gara Until 4:06PM

**Shashthi\* Until 3:38AM Tue**

**Ganesha: Purple Sunrise: 4:52AM**

**Muruqa: Yellow Sunset: 6:53PM**

**Nataraja: Clear**

Moon – Purple

**Vaisaka-Vaikasi**

**Sivaloka Day**

**4**

**Tuesday, June 1, 2021**

Makara Rasi: 29.43 Tithi 22

392894469

Creative Work Siddha Yoga

Until 6:38PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 5 Sutra 51

Plava 5123

Moon 5 - Phase 6 - 5

1st Phase

**Gulika 11:53AM – 1:38PM Dhanishtha Until 6:38PM**

Yama 8:22AM – 10:07AM Indra Until 6:43AM

**Rahu 3:23PM – 5:08PM** Visti Until 3:23PM

**Saptami Until 3:18AM Wed**

**Ganesha: Purple Sunrise: 4:52AM**

**Muruqa: Yellow Sunset: 6:54PM**

**Nataraja: Clear**

Moon – Purple

**Vaisaka-Vaikasi**

**Sivaloka Day**

**5**

**Wednesday, June 2, 2021**

**Retreat Star**

Kumbha Rasi: 12.48 Tithi 23

392894469

Creative Work Siddha Yoga

Until 7:20PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 6 Sutra 52

Plava 5123

Moon 5 - Phase 6 - 6

Ashtami

**Gulika 10:08AM – 11:53AM Shatabhishak Until 7:20PM**

Yama 6:37AM – 8:22AM Vishkambha\* Until 4:54AM Thu

**Rahu 11:53AM – 1:38PM** Balava Until 3:27PM

**Ashtami\* Until 3:45AM Thu**

**Ganesha: Purple Sunrise: 4:52AM**

**Muruqa: Yellow Sunset: 6:54PM**

**Nataraja: Clear**

Moon – Purple

**Vaisaka-Vaikasi**

**Sivaloka Day**

**Thursday, June 3, 2021**

**Retreat Star**

Kumbha Rasi: 25.31 Tithi 24

312894469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 7 Sutra 53

Plava 5123

Moon 5 - Phase 6 - 7

Navami

**Gulika 8:22AM – 10:08AM Purvaproshtapada\* Until 9:04PM**

Yama 4:51AM – 6:37AM Priti Until 4:52AM Fri

**Rahu 1:38PM – 3:24PM** Taitila Until 4:15PM

**Navami\* Until 4:53AM Fri**

**Ganesha: Blue Sunrise: 4:51AM**

**Muruqa: Yellow Sunset: 6:55PM**

**Nataraja: Clear**

Moon – Clear

**Vaisaka-Vaikasi**

**Sivaloka Day**

<b>1</b>		<b>Friday, June 4, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China Sun 8 Sutra 54	
Meena Rasi: 7.54	Tithi 25	<b>Gulika</b>	6:37AM – 8:22AM	<b>Uttaraproshtapada</b> Until 11:15PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:51AM		Plava 5123	
		Yama	3:24PM – 5:10PM	Ayushman Until 5:15AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:55PM		Moon 5 - Phase 7 - 8	2nd Phase
Creative Work	Siddha Yoga	312894469 <b>Rahu</b>	10:08AM – 11:53AM	Vanija Until 5:43PM	<b>Nataraja:</b> Clear				
				<b>Dashami</b> Until 6:37AM Sat	Moon – Clear			<b>Sivaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>				

<b>2</b>		<b>Saturday, June 5, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 9 Sutra 55	
Meena Rasi: 20.03	Tithi 25 – 26	<b>Gulika</b>	4:51AM – 6:37AM	<b>Revati</b> Until 1:45AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:51AM		Plava 5123	
		Yama	1:39PM – 3:25PM	Saubhagya Until 6:01AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM		Moon 5 - Phase 7 - 9	2nd Phase
Routine Work	Prabalarishta Yoga	312894461 <b>Rahu</b>	8:22AM – 10:08AM	Bava Until 7:41PM	<b>Nataraja:</b> Yellow				
Until 1:45AM Sun				<b>Dashami</b> Until 6:37AM	Moon – Clear			<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Vaisaka-Vaikasi</b>				

<b>3</b>		<b>Sunday, June 6, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Shanghai, China Sun 10 Sutra 56	
Mesha Rasi: 2.01	Tithi 26 – 27	<b>Gulika</b>	3:25PM – 5:11PM	<b>Ashvini</b> Until 4:54AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:51AM		Plava 5123	
		Yama	11:53AM – 1:39PM	Saubhagya Until 6:01AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:56PM		Moon 5 - Phase 7 - 10	2nd Phase
Creative Work	Siddha Yoga	323894461 <b>Rahu</b>	5:11PM – 6:56PM	Kaulava Until 10:02PM	<b>Nataraja:</b> Yellow				
				<b>Ekadashi*</b> Until 8:48AM	Moon – White			<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>			Devaloka Time: 3:PM to 6:PM	

<b>4</b>		<b>Monday, June 7, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Talita/Gara Karana Dvodashi/Trayodashyam Titau				Shanghai, China Sun 11 Sutra 57	
Mesha Rasi: 13.52	Tithi 27 – 28	<b>Gulika</b>	1:39PM – 3:25PM	<b>Bharani</b> Until 8:02AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:51AM		Plava 5123	
Family Home Evening		Yama	10:08AM – 11:54AM	Sobhana Until 7:01AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM		Moon 5 - Phase 7 - 11	2nd Phase
Creative Work	Siddha Yoga	323894461 <b>Rahu</b>	6:36AM – 8:22AM	Gara Until 12:36AM Tue	<b>Nataraja:</b> Yellow				
				<b>Dvodashi*</b> Until 11:16AM	Moon – White			<b>Bhuloka Day</b>	
					<b>Vaisaka-Vaikasi</b>			Devaloka Time: 3:PM to 6:PM	
					<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Tuesday, June 8, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 12 Sutra 58	
Mesha Rasi: 25.39	Tithi 28 – 29	<b>Gulika</b>	11:54AM – 1:40PM	<b>Bharani</b> Until 8:02AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:51AM		Plava 5123	
		Yama	8:22AM – 10:08AM	Athiganda* Until 8:07AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:57PM		Moon 5 - Phase 7 - 12	2nd Phase
Creative Work	Siddha Yoga	323994461 <b>Rahu</b>	3:25PM – 5:11PM	Visti Until 3:13AM Wed	<b>Nataraja:</b> Yellow				
				<b>Trayodashi*</b> Until 1:53PM	Moon – White			<b>Devaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>				

<b>6</b>		<b>Wednesday, June 9, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Shanghai, China Sun 13 Sutra 59	
Vrishabha Rasi: 7.26	Tithi 29 – 30	<b>Gulika</b>	10:08AM – 11:54AM	<b>Krittika</b> Until 11:02AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:50AM		Plava 5123	
		Yama	6:36AM – 8:22AM	Sukarma Until 9:14AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM		Moon 5 - Phase 7 - 13	2nd Phase
Creative Work	Amrita Yoga	323994461 <b>Rahu</b>	11:54AM – 1:40PM	Catuspada Until 5:44AM Thu	<b>Nataraja:</b> Yellow				
Until 11:02AM				<b>Chaturdashi*</b> Until 4:28PM	Moon – White			<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Vaisaka-Vaikasi</b>				

<b>Retreat Star</b>		<b>Thursday, June 10, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga* Karana Amavasyayam Titau				Shanghai, China Sun 14 Sutra 60	
Vrishabha Rasi: 19.15	Tithi 30	<b>Gulika</b>	8:22AM – 10:08AM	<b>Rohini</b> Until 2:14PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM		Plava 5123	
		Yama	4:50AM – 6:36AM	Dhriti Until 10:17AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM		Moon 5 - Phase 7 - 14	Amavasya
Routine Work	Marana Yoga	333994461 <b>Rahu</b>	1:40PM – 3:26PM	Naga Until 6:54PM	<b>Nataraja:</b> Yellow				
				<b>Amavasya*</b> Until 6:54PM	Moon – Yellow			<b>Devaloka Day</b>	
					<b>Vaisaka-Vaikasi</b>				

<b>Retreat Star</b>		<b>Friday, June 11, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Shanghai, China Sun 15 Sutra 61	
Mithuna Rasi: 1.09	Tithi 1	<b>Gulika</b>	6:36AM – 8:22AM	<b>Mrigashira</b> Until 5:02PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM		Plava 5123	
		Yama	3:26PM – 5:12PM	Shula* Until 11:07AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:58PM		Moon 5 - Phase 7 - 15	Prathama
Creative Work	Siddha Yoga	333994461 <b>Rahu</b>	10:08AM – 11:54AM	Kintughna Until 8:03AM	<b>Nataraja:</b> Yellow				
				<b>Prathama*</b> Until 9:04PM	Moon – Yellow			<b>Devaloka Day</b>	
					<b>Jyeshtha-Vaikasi</b>				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1</b>	<b>Saturday, June 12, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ganda* Vriddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China
	Mithuna Rasi: 13.1	Tithi 2	<b>Gulika</b> 4:50AM – 6:36AM	<b>Ardra Until 7:19PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:50AM	Sun 16 Sutra 62
	333994461	Rahu	Yama 1:41PM – 3:27PM	Ganda* Until 11:43AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:59PM	Plava 5123
Creative Work	Siddha Yoga		Balava Until 10:02AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 16	
			<b>Dvitiya Until 10:52PM</b>	Moon – Yellow		3rd Phase	
				<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, June 13, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau				Shanghai, China
	Mithuna Rasi: 25.2	Tithi 3	<b>Gulika</b> 3:27PM – 5:13PM	<b>Punarvasu Until 9:32PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 4:50AM	Sun 17 Sutra 63
	343994461	Rahu	Yama 11:55AM – 1:41PM	Vriddhi Until 12:02PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 6:59PM	Plava 5123
Creative Work	Siddha Yoga		Taitila Until 11:37AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 17	
			<b>Tritiya Until 12:14AM Mon</b>	Moon – Blue		3rd Phase	
				<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Monday, June 14, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Shanghai, China
	Kataka Rasi: 7.42	Tithi 4	<b>Gulika</b> 1:41PM – 3:27PM	<b>Pushya Until 11:07PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 4:50AM	Sun 18 Sutra 64
	343994461	Rahu	Yama 10:09AM – 11:55AM	Dhruva Until 11:57AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:00PM	Plava 5123
<b>Family Home Evening</b>			Vanija Until 12:45PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 18	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:07AM Tue</b>	Moon – Blue		3rd Phase	
				<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Tuesday, June 15, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China
	Kataka Rasi: 20.17	Tithi 5	<b>Gulika</b> 11:55AM – 1:41PM	<b>Ashlesha* Until 12:03AM Wed</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 4:50AM	Sun 19 Sutra 65
	343994461	Rahu	Yama 8:23AM – 10:09AM	Vyaghata* Until 11:30AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:00PM	Plava 5123
Creative Work	Siddha Yoga		Bava Until 1:23PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 19	
			<b>Panchami Until 1:29AM Wed</b>	Moon – Blue		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Wednesday, June 16, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Shanghai, China
	Simha Rasi: 3.07	Tithi 6	<b>Gulika</b> 10:09AM – 11:55AM	<b>Magha* Until 12:45AM Thu</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:51AM	Sun 20 Sutra 66
	353994461	Rahu	Yama 6:37AM – 8:23AM	Harshana Until 10:38AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:00PM	Plava 5123
Creative Work	Siddha Yoga		Kaulava Until 1:28PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 20	
			<b>Shashthi* Until 1:17AM Thu</b>	Moon – Red		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Sivaloka Day</b>	

<b>6</b>	<b>Thursday, June 17, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Shanghai, China
	Simha Rasi: 16.13	Tithi 7	<b>Gulika</b> 8:23AM – 10:09AM	<b>Purvaphalguni Until 12:43AM Fri</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:51AM	Sun 21 Sutra 67
	353994461	Rahu	Yama 4:51AM – 6:37AM	Vajra* Until 9:18AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:01PM	Plava 5123
Creative Work	Siddha Yoga		Gara Until 1:00PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 21	
			<b>Saptami Until 12:32AM Fri</b>	Moon – Red		3rd Phase	
				<b>Jyeshtha-Ani</b>		<b>Sivaloka Day</b>	

<b>D</b>	<b>Friday, June 18, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Shanghai, China
	<b>Retreat Star</b>		<b>Gulika</b> 6:37AM – 8:23AM	<b>Uttaraphalguni Until 11:59PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:51AM	Sun 22 Sutra 68
	Simha Rasi: 29.38	Tithi 8	Yama 3:28PM – 5:15PM	Siddhi Until 7:31AM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:01PM	Plava 5123
353994461	Rahu	<b>Rahu</b> 10:10AM – 11:56AM	Visti Until 11:57AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 22	
Creative Work	Siddha Yoga		<b>Ashtami* Until 11:11PM</b>	Moon – Red		Ashtami	
Until 11:59PM				<b>Jyeshtha-Ani</b>		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							


<b>D</b>	<b>Saturday, June 19, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Shanghai, China
	<b>Retreat Star</b>		<b>Gulika</b> 4:51AM – 6:37AM	<b>Hasta Until 10:58PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:51AM	Sun 23 Sutra 69
	Kanya Rasi: 13.23	Tithi 9	Yama 1:42PM – 3:29PM	Variyan Until 2:33AM Sun	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:01PM	Plava 5123
363994461	Rahu	<b>Rahu</b> 8:23AM – 10:10AM	Balava Until 10:19AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 8 - 23	
Routine Work	Marana Yoga		<b>Navami* Until 9:16PM</b>	Moon – Green		Navami	
				<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	

<h1>1</h1>	<b>Sunday, June 20, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 24 Sutra 70	
	Kanya Rasi: 27.29	Tithi 10	<b>Gulika</b> 3:29PM – 5:15PM	<b>Chitra</b> Until 9:18PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Plava 5123	
			Yama 11:56AM – 1:43PM	Parigha* Until 11:27PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM	Moon 5 - Phase 9 - 24	
	Creative Work	Siddha Yoga	364994461 <b>Rahu</b> 5:15PM – 7:01PM	Taitila Until 8:09AM	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Father's Day</b>	<b>Dashami</b> Until 6:51PM	<b>Jyeshtha-Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<h1>2</h1>	<b>Monday, June 21, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Shanghai, China Sun 25 Sutra 71	
	Tula Rasi: 11.55	Tithi 11 – 12	<b>Gulika</b> 1:43PM – 3:29PM	<b>Svati</b> Until 7:05PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Plava 5123	
	<b>Family Home Evening</b>		Yama 10:10AM – 11:56AM	Shiva Until 8:00PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9 - 25	
	Creative Work	Amrita Yoga	364994461 <b>Rahu</b> 6:38AM – 8:24AM	Bava Until 2:28AM Tue	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Ekadashi</b> Until 4:01PM	<b>Jyeshtha-Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
Until 7:05PM			Then Routine Work - Marana Yoga					

<h1>3</h1>	<b>Tuesday, June 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 26 Sutra 72	
	Tula Rasi: 26.37	Tithi 12 – 13	<b>Gulika</b> 11:57AM – 1:43PM	<b>Vishakha</b> Until 4:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:51AM	Plava 5123	
			Yama 8:24AM – 10:10AM	Siddha Until 4:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9 - 26	
	Routine Work	Marana Yoga	374994461 <b>Rahu</b> 3:29PM – 5:16PM	Kaulava Until 11:11PM	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Dvadashi</b> Until 12:50PM	<b>Jyeshtha-Ani</b>	<b>Devaloka Day</b>			
Until 4:49PM			<i>Pradosha Vrata</i>					
Then Creative Work - Siddha Yoga								

<h1>4</h1>	<b>Wednesday, June 23, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 73	
	Vrischika Rasi: 11.31	Tithi 13 – 14	<b>Gulika</b> 10:11AM – 11:57AM	<b>Anuradha</b> Until 2:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM	Plava 5123	
			Yama 6:38AM – 8:24AM	Sadhya Until 12:25PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9 - 27	
			374994461 <b>Rahu</b> 11:57AM – 1:43PM	Gara Until 7:44PM	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Trayodashi</b> Until 9:27AM	<b>Jyeshtha-Ani</b>	<b>Devaloka Day</b>			
Creative Work			Siddha Yoga					

	<b>Thursday, June 24, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Shanghai, China Sun 27 Sutra 74	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:25AM – 10:11AM	<b>Jyeshtha*</b> Until 11:29AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:52AM	Plava 5123	
	Vrischika Rasi: 26.29	Tithi 14 – 15	Yama 4:52AM – 6:38AM	Subha Until 8:32AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9 -	
			374994461 <b>Rahu</b> 1:43PM – 3:30PM	Bava Until 2:37AM Fri	<b>Nataraja:</b> Yellow		Purnima	
			<b>Chaturdashi*</b> Until 6:00AM	<b>Jyeshtha-Ani</b>	<b>Devaloka Day</b>			
Routine Work			Prabalarishta Yoga					
Until 11:29AM								
Then Creative Work - Siddha Yoga								

<h1>5</h1>	<b>Friday, June 25, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sun 28 Sutra 75	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 6:39AM – 8:25AM	<b>Mula*</b> Until 9:07AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Plava 5123	
	Dhanus Rasi: 11.24	Tithi 16	Yama 3:30PM – 5:16PM	Brahma Until 1:04AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 5 - Phase 9 -	
			384994461 <b>Rahu</b> 10:11AM – 11:57AM	Balava Until 1:01PM	<b>Nataraja:</b> Yellow		Prathama	
			<b>Prathama*</b> Until 11:28PM	<b>Jyeshtha-Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM			
Creative Work			Amrita Yoga					
Until 9:07AM								
Then Routine Work - Prabalarishta Yoga								

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

1 times are standard time. Calculated for Shanghai, China on 5/23/

www.gurudeva.org/panchang





**Saturday, June 26, 2021**  
**Gold Retreat Star**

Dhanus Rasi: 26.07 Tithi 17  
384994461  
Creative Work Siddha Yoga  
Until 6:53AM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*Uttarashadha Nakshatra Indra Yoga Taitila/Gara Karana Dvityayam Titau  
**Gulika 4:53AM – 6:39AM**  
Yama 1:44PM – 3:30PM  
**Rahu 8:25AM – 10:11AM**  
**Purvashadha\* Until 6:53AM**  
Indra Until 9:46PM  
Taitila Until 10:02AM  
**Dvitiya Until 8:41PM**  
Ganesha: Purple  
Muruqa: Yellow  
Nataraja: Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Shanghai, China  
Sun 1 Sutra 76  
Plava 5123  
Moon 6 - Phase 10 - 1  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Sunday, June 27, 2021**

Makara Rasi: 10.32 Tithi 18  
394994461  
Creative Work Amrita Yoga  
Until 3:51AM Mon  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vaidhrili\* Yoga Vanija/Visti\* Karana Trityayam Titau  
**Gulika 3:30PM – 5:16PM**  
Yama 11:58AM – 1:44PM  
**Rahu 5:16PM – 7:03PM**  
**Shravana Until 3:51AM Mon**  
Vaidhrili\* Until 6:53PM  
Vanija Until 7:30AM  
**Tritiya Until 6:25PM**  
Ganesha: Clear  
Muruqa: Yellow  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Shanghai, China  
Sun 2 Sutra 77  
Plava 5123  
Moon 6 - Phase 10 - 2  
1st Phase  
**Devaloka Day**

**2**

**Monday, June 28, 2021**

Makara Rasi: 24.34 Tithi 19 – 20  
394994461  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 3:19AM Tue  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\*Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika 1:44PM – 3:30PM**  
Yama 10:12AM – 11:58AM  
**Rahu 6:39AM – 8:26AM**  
**Dhanishtha Until 3:19AM Tue**  
Vishkambha\* Until 4:33PM  
Kaulava Until 4:17AM Tue  
**Chaturthi\* Until 4:48PM**  
Ganesha: Clear  
Muruqa: Yellow  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Shanghai, China  
Sun 3 Sutra 78  
Plava 5123  
Moon 6 - Phase 10 - 3  
1st Phase  
**Devaloka Day**

**3**

**Tuesday, June 29, 2021**

Kumbha Rasi: 8.09 Tithi 20 – 21  
394994461  
Routine Work Marana Yoga  
Until 3:24AM Wed  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika 11:58AM – 1:44PM**  
Yama 8:26AM – 10:12AM  
**Rahu 3:30PM – 5:17PM**  
**Shatabhishak Until 3:24AM Wed**  
Priti Until 2:50PM  
Gara Until 3:49AM Wed  
**Panchami Until 3:56PM**  
Ganesha: Clear  
Muruqa: Yellow  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Shanghai, China  
Sun 4 Sutra 79  
Plava 5123  
Moon 6 - Phase 10 - 4  
1st Phase  
**Devaloka Day**

**4**

**Wednesday, June 30, 2021**

Kumbha Rasi: 21.19 Tithi 21 – 22  
314994461  
Creative Work Amrita Yoga  
Until 4:34AM Thu  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika 10:12AM – 11:58AM**  
Yama 6:40AM – 8:26AM  
**Rahu 11:58AM – 1:44PM**  
**Purvaproshtapada\* Until 4:34AM Thu**  
Ayushman Until 1:44PM  
Visti Until 4:09AM Thu  
**Shashthi\* Until 3:52PM**  
Ganesha: Yellow  
Muruqa: Yellow  
Nataraja: Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Shanghai, China  
Sun 5 Sutra 80  
Plava 5123  
Moon 6 - Phase 10 - 5  
1st Phase  
**Devaloka Day**

**5**

**Thursday, July 1, 2021**

Meena Rasi: 4.04 Tithi 22 – 23  
314994461  
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau  
**Gulika 8:26AM – 10:12AM**  
Yama 4:54AM – 6:40AM  
**Rahu 1:45PM – 3:31PM**  
**Uttaraproshtapada Until 6:20AM Fri**  
Saubhagya Until 1:16PM  
Balava Until 5:14AM Fri  
**Sapthami Until 4:35PM**  
Ganesha: Yellow  
Muruqa: Yellow  
Nataraja: Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Shanghai, China  
Sun 6 Sutra 81  
Plava 5123  
Moon 6 - Phase 10 - 6  
1st Phase  
**Devaloka Day**

**D**

**Friday, July 2, 2021**  
**Retreat Star**

Meena Rasi: 16.29 Tithi 23  
315994461  
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Kaulava Karana Ashtamyam Titau  
**Gulika 6:41AM – 8:27AM**  
Yama 3:31PM – 5:17PM  
**Rahu 10:13AM – 11:59AM**  
**Uttaraproshtapada Until 6:20AM**  
Sobhana Until 1:23PM  
Kaulava Until 6:01PM  
**Ashtami\* Until 6:01PM**  
Ganesha: White  
Muruqa: Yellow  
Nataraja: Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Shanghai, China  
Sun 7 Sutra 82  
Plava 5123  
Moon 6 - Phase 10 - 7  
Ashtami  
**Sivaloka Day**

**Saturday, July 3, 2021**  
**Retreat Star**

Meena Rasi: 28.38 Tithi 24  
315194461  
Routine Work Prabalarishta Yoga  
Until 8:33AM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika 4:55AM – 6:41AM**  
Yama 1:45PM – 3:31PM  
**Rahu 8:27AM – 10:13AM**  
**Revati Until 8:33AM**  
Athiganda\* Until 1:56PM  
Taitila Until 6:59AM  
**Navami\* Until 8:02PM**  
Ganesha: White  
Muruqa: Yellow  
Nataraja: Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Shanghai, China  
Sun 8 Sutra 83  
Plava 5123  
Moon 6 - Phase 10 - 8  
Navami  
**Sivaloka Day**

<b>1 Sunday, July 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China Sun 9 Sutra 84
Mesha Rasi: 10.34	Tithi 25	<b>Gulika</b> 3:31PM – 5:17PM	<b>Ashvini Until 11:34AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:55AM	Plava 5123
		Yama 11:59AM – 1:45PM	Sukarma Until 2:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 11 - 9
		325194461 <b>Rahu</b> 5:17PM – 7:03PM	Vanija Until 9:13AM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 10:25PM</b>	Moon – White		<b>Devaloka Day</b>
Until 11:34AM				<b>Jyeshtha-Ani</b>		
Then Routine Work - Prabalarishta Yoga						

<b>2 Monday, July 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China Sun 10 Sutra 85
Mesha Rasi: 22.24	Tithi 26	<b>Gulika</b> 1:45PM – 3:31PM	<b>Bharani Until 2:39PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	Plava 5123
<b>Family Home Evening</b>		Yama 10:13AM – 11:59AM	Dhriti Until 3:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 11 - 10
Creative Work	Siddha Yoga	325194461 <b>Rahu</b> 6:42AM – 8:28AM	Bava Until 11:43AM	<b>Nataraja:</b> Yellow		2nd Phase
Until 2:39PM			<b>Ekadashi* Until 1:00AM Tue</b>	Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>		

<b>3 Tuesday, July 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Tailita Karana Dvadashyam Titau				Shanghai, China Sun 11 Sutra 86
Vrishabha Rasi: 4.11	Tithi 27	<b>Gulika</b> 11:59AM – 1:45PM	<b>Krittika Until 5:38PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	Plava 5123
		Yama 8:28AM – 10:14AM	Shula* Until 5:02PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 11 - 11
		325194461 <b>Rahu</b> 3:31PM – 5:17PM	Kaulava Until 2:18PM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 3:32AM Wed</b>	Moon – White		<b>Devaloka Day</b>
Until 5:38PM				<b>Jyeshtha-Ani</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, July 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 12 Sutra 87
Vrishabha Rasi: 16	Tithi 28	<b>Gulika</b> 10:14AM – 12:00PM	<b>Rohini Until 8:48PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	Plava 5123
		Yama 6:43AM – 8:28AM	Ganda* Until 6:02PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 11 - 12
		435194461 <b>Rahu</b> 12:00PM – 1:45PM	Gara Until 4:46PM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 5:52AM Thu</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5 Thursday, July 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Vriddhi Yoga Visti* Karana Chaturdashyam Titau				Shanghai, China Sun 13 Sutra 88
Vrishabha Rasi: 27.54	Tithi 29	<b>Gulika</b> 8:29AM – 10:14AM	<b>Mrigashira Until 11:29PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	Plava 5123
		Yama 4:57AM – 6:43AM	Vriddhi Until 6:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 11 - 13
		435194461 <b>Rahu</b> 1:45PM – 3:31PM	Visti Until 6:55PM	<b>Nataraja:</b> Yellow		2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 7:50AM Fri</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>Friday, July 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Shanghai, China Sun 14 Sutra 89
<b>Retreat Star</b>		<b>Gulika</b> 6:43AM – 8:29AM	<b>Ardra Until 1:36AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM	Plava 5123
Mithuna Rasi: 9.56	Tithi 29 – 30	Yama 3:31PM – 5:16PM	Dhruva Until 7:15PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 11 - 14
		435194461 <b>Rahu</b> 10:14AM – 12:00PM	Catuspada Until 8:40PM	<b>Nataraja:</b> Yellow		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:50AM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>Saturday, July 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Shanghai, China Sun 15 Sutra 90
<b>Retreat Star</b>		<b>Gulika</b> 4:58AM – 6:44AM	<b>Punarvasu Until 3:34AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:58AM	Plava 5123
Mithuna Rasi: 22.1	Tithi 30 – 1	Yama 1:45PM – 3:31PM	Vyaghata* Until 7:20PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 11 - 15
		445194461 <b>Rahu</b> 8:29AM – 10:15AM	Kintughna Until 9:55PM	<b>Nataraja:</b> Yellow		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:20AM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada-Ani</b>		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>	<b>Sunday, July 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 16 Sutra 91	
	Kataka Rasi: 4.35	Tithi 1 – 2	<b>Gulika</b> 3:31PM – 5:16PM	<b>Pushya Until 4:53AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:59AM	Plava 5123	
			Yama 12:00PM – 1:46PM	Harshana Until 7:02PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:02PM	Moon 6 - Phase 12 - 16	
	445194461	<b>Rahu</b> 5:16PM – 7:02PM		Balava Until 10:41PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Prathama* Until 10:21AM</b>	<b>Ashada-Ani</b>		<b>Devaloka Day</b>		

<b>2</b>	<b>Monday, July 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Shanghai, China Sun 17 Sutra 92	
	Kataka Rasi: 17.15	Tithi 2 – 3	<b>Gulika</b> 1:46PM – 3:31PM	<b>Ashlesha* Until 5:35AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:59AM	Plava 5123	
	<b>Family Home Evening</b>		Yama 10:15AM – 12:00PM	Vajra* Until 6:20PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 12 - 17	
	446194461	<b>Rahu</b> 6:45AM – 8:30AM		Taitila Until 10:58PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 10:52AM</b>	<b>Ashada-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>3</b>	<b>Tuesday, July 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Shanghai, China Sun 18 Sutra 93	
	Simha Rasi: 0.08	Tithi 3 – 4	<b>Gulika</b> 12:00PM – 1:46PM	<b>Magha* Until 6:10AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM	Plava 5123	
			Yama 8:30AM – 10:15AM	Siddhi Until 5:17PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 12 - 18	
	456194461	<b>Rahu</b> 3:31PM – 5:16PM		Vanija Until 10:48PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 10:55AM</b>	<b>Ashada-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>4</b>	<b>Wednesday, July 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 19 Sutra 94	
	Simha Rasi: 13.14	Tithi 4 – 5	<b>Gulika</b> 10:15AM – 12:01PM	<b>Magha* Until 6:10AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM	Plava 5123	
			Yama 6:45AM – 8:30AM	Vyatipata* Until 3:54PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:01PM	Moon 6 - Phase 12 - 19	
	456194461	<b>Rahu</b> 12:01PM – 1:46PM		Bava Until 10:13PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 10:33AM</b>	<b>Ashada-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>5</b>	<b>Thursday, July 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Shanghai, China Sun 20 Sutra 95	
	Simha Rasi: 26.33	Tithi 5 – 6	<b>Gulika</b> 8:31AM – 10:16AM	<b>Purvaphalguni Until 6:11AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:01AM	Plava 5123	
			Yama 5:01AM – 6:46AM	Variyan Until 2:11PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12 - 20	
	456194461	<b>Rahu</b> 1:46PM – 3:30PM		Kaulava Until 9:15PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga	<b>Chidambaram Abhishekam</b>	<b>Panchami Until 9:46AM</b>	<b>Ashada-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>6</b>	<b>Friday, July 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Parigha* Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 21 Sutra 96	
	Kanya Rasi: 10.05	Tithi 6 – 7	<b>Gulika</b> 6:46AM – 8:31AM	<b>Hasta Until 5:07AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM	Plava 5123	
			Yama 3:30PM – 5:15PM	Parigha* Until 12:11PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12 - 21	
	466194461	<b>Rahu</b> 10:16AM – 12:01PM		Gara Until 7:55PM	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 8:37AM</b>	<b>Ashada-Ani</b>		<b>Devaloka Day</b>		

<b>☾</b>	<b>Saturday, July 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Vanija/Vistil* Karana Sapthami/Ashtamyam Titau				Shanghai, China Sun 22 Sutra 97	
	<b>Retreat Star</b>		<b>Gulika</b> 5:02AM – 6:47AM	<b>Chitra Until 4:02AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM	Plava 5123	
	Kanya Rasi: 23.5	Tithi 7 – 8	Yama 1:46PM – 3:30PM	Shiva Until 9:53AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 6 - Phase 12 - 22	
	466195462	<b>Rahu</b> 8:31AM – 10:16AM		Vistil Until 6:13PM	<b>Nataraja:</b> White		Ashtami	
Routine Work	Marana Yoga		<b>Saptami Until 7:05AM</b>	<b>Ashada-Ani</b>		<b>Subha Sivaloka Day</b>		

<b>☽</b>	<b>Sunday, July 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Shanghai, China Sun 23 Sutra 98	
	<b>Retreat Star</b>		<b>Gulika</b> 3:30PM – 5:15PM	<b>Svati Until 2:30AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:03AM	Plava 5123	
	Tula Rasi: 7.48	Tithi 9	Yama 12:01PM – 1:45PM	Siddha Until 7:17AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 6 - Phase 12 - 23	
	466195462	<b>Rahu</b> 5:15PM – 6:59PM		Balava Until 4:10PM	<b>Nataraja:</b> White		Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 3:00AM Mon</b>	<b>Ashada-Ani</b>		<b>Subha Sivaloka Day</b>		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda


<b>1</b>	<b>Monday, July 19, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Shanghai, China	
		Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24	Sutra 99
Tula Rasi: 21.59	Tithi 10	<b>Gulika</b> 1:45PM – 3:30PM	<b>Vishakha</b> Until 12:56AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:03AM
<b>Family Home Evening</b>	477195462	Yama 10:17AM – 12:01PM	Subha Until 1:20AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM
Routine Work Marana Yoga		<b>Rahu</b> 6:48AM – 8:32AM	Taitila Until 1:49PM	<b>Nataraja:</b> White	Moon 6 - Phase 13 - 24
Until 12:56AM Tue			<b>Dashami</b> Until 12:31AM Tue	Moon – Orange	4th Phase
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>	<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Tuesday, July 20, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Shanghai, China	
		Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25	Sutra 100
Vrischika Rasi: 6.22	Tithi 11	<b>Gulika</b> 12:01PM – 1:45PM	<b>Anuradha</b> Until 11:01PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:04AM
	477195462	Yama 8:32AM – 10:17AM	Sukla Until 10:02PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM
Creative Work Siddha Yoga		<b>Rahu</b> 3:30PM – 5:14PM	Vanija Until 11:11AM	<b>Nataraja:</b> White	Moon 6 - Phase 13 - 25
Until 11:01PM			<b>Ekadashi</b> Until 9:47PM	Moon – Orange	4th Phase
Then Routine Work - Marana Yoga				<b>Ashada*Adi</b>	<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Wednesday, July 21, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Shanghai, China	
		Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26	Sutra 101
Vrischika Rasi: 20.53	Tithi 12	<b>Gulika</b> 10:17AM – 12:01PM	<b>Jyeshtha*</b> Until 8:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:04AM
	477195462	Yama 6:49AM – 8:33AM	Brahma Until 6:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM
Creative Work Siddha Yoga		<b>Rahu</b> 12:01PM – 1:45PM	Bava Until 8:23AM	<b>Nataraja:</b> White	Moon 6 - Phase 13 - 26
Until 8:49PM			<b>Dvadashi</b> Until 6:55PM	Moon – Orange	4th Phase
Then Routine Work - Marana Yoga				<b>Ashada*Adi</b>	<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Thursday, July 22, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Shanghai, China	
		Mula* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27	Sutra 102
Dhanus Rasi: 5.3	Tithi 13 – 14	<b>Gulika</b> 8:33AM – 10:17AM	<b>Mula*</b> Until 6:51PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM
	487195462	Yama 5:05AM – 6:49AM	Indra Until 3:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:57PM
Creative Work Siddha Yoga		<b>Rahu</b> 1:45PM – 3:29PM	Gara Until 2:35AM Fri	<b>Nataraja:</b> White	Moon 6 - Phase 13 - 27
			<b>Trayodashi</b> Until 4:00PM	Moon – Light Blue	4th Phase
				<b>Ashada*Adi</b>	<b>Subha Subha Sivaloka Day</b>

*Pradosha Vrata*

	<b>Friday, July 23, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Shanghai, China	
	<b>Copper Retreat Star</b>	Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau		Sutra 103	
Dhanus Rasi: 20.05	Tithi 14 – 15	<b>Gulika</b> 6:50AM – 8:33AM	<b>Purvashadha*</b> Until 4:51PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM
	487195462	Yama 3:29PM – 5:13PM	Vaidhriti* Until 11:48AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:57PM
Routine Work Prabalarishta Yoga		<b>Rahu</b> 10:17AM – 12:01PM	Visti Until 11:51PM	<b>Nataraja:</b> White	Moon 6 - Phase 13 - Purnima
Until 4:51PM			<b>Chaturdashy*</b> Until 1:10PM	Moon – Light Blue	
Then Routine Work - Marana Yoga		<b>Satguru Purnima</b>		<b>Ashada*Adi</b>	<b>Subha Subha Sivaloka Day</b>

<b>5</b>	<b>Saturday, July 24, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mani Vasara Yuktayam		Shanghai, China	
	<b>Silver Retreat Star</b>	Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 104	
Makara Rasi: 4.34	Tithi 15 – 16	<b>Gulika</b> 5:06AM – 6:50AM	<b>Uttarashadha</b> Until 2:58PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM
	487195462	Yama 1:45PM – 3:29PM	Vishkambha* Until 8:36AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:56PM
Routine Work Marana Yoga		<b>Rahu</b> 8:34AM – 10:17AM	Balava Until 9:24PM	<b>Nataraja:</b> White	Moon 6 - Phase 13 - Prathama
Until 2:58PM			<b>Purnima*</b> Until 10:33AM	Moon – Light Blue	
Then Creative Work - Siddha Yoga				<b>Ashada*Adi</b>	<b>Subha Subha Sivaloka Day</b>



**Sunday, July 25, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China  
Sutra 105  
Plava 5123  
Moon 7 - Phase 14 -  
1st Phase

Makara Rasi: 18.48 Tithi 16 - 17

**Gulika** 3:28PM - 5:12PM  
Yama 12:01PM - 1:45PM  
497195462 **Rahu** 5:12PM - 6:56PM

**Shravana** Until 1:44PM  
Ayushman Until 3:09AM Mon  
Taitila Until 7:22PM  
**Prathama\*** Until 8:18AM

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

*Sunrise:* 5:07AM  
*Sunset:* 6:56PM

**Subha Sivaloka Day**

Creative Work Amrita Yoga

Until 1:44PM

Then Routine Work - Marana Yoga

**1**

**Monday, July 26, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Gara/Visiti\* Karana Dvitiya/Tritiyayam Titau

Shanghai, China  
Sun 1 Sutra 106  
Plava 5123  
Moon 7 - Phase 14 - 1  
1st Phase

Kumbha Rasi: 2.43 Tithi 17 - 18

**Gulika** 1:45PM - 3:28PM  
Yama 10:18AM - 12:01PM  
498195462 **Rahu** 6:51AM - 8:34AM

**Dhanishtha** Until 12:54PM  
Saubhagya Until 1:06AM Tue  
Visiti Until 5:24AM Tue  
**Dvitiya** Until 6:32AM

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

*Sunrise:* 5:07AM  
*Sunset:* 6:55PM

**Sivaloka Day**

**Family Home Evening**

Creative Work Siddha Yoga

**2**

**Tuesday, July 27, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthiyam Titau

Shanghai, China  
Sun 2 Sutra 107  
Plava 5123  
Moon 7 - Phase 14 - 2  
1st Phase

Kumbha Rasi: 16.16 Tithi 19

**Gulika** 12:01PM - 1:44PM  
Yama 8:35AM - 10:18AM  
498195462 **Rahu** 3:28PM - 5:11PM

**Shatabhishak** Until 12:33PM  
Sobhana Until 11:39PM  
Bava Until 5:07PM  
**Chaturthi\*** Until 4:59AM Wed

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

*Sunrise:* 5:08AM  
*Sunset:* 6:54PM

**Sivaloka Day**

Routine Work Marana Yoga

**3**

**Wednesday, July 28, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China  
Sun 3 Sutra 108  
Plava 5123  
Moon 7 - Phase 14 - 3  
1st Phase

Kumbha Rasi: 29.26 Tithi 20

**Gulika** 10:18AM - 12:01PM  
Yama 6:52AM - 8:35AM  
418295462 **Rahu** 12:01PM - 1:44PM

**Purvaproshtapada\*** Until 1:15PM  
Athiganda\* Until 10:46PM  
Kaulava Until 5:05PM  
**Panchami** Until 5:21AM Thu

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

*Sunrise:* 5:09AM  
*Sunset:* 6:54PM

**Subha Sivaloka Day**

Creative Work Amrita Yoga

Until 1:15PM

Then Creative Work - Siddha Yoga

**4**

**Thursday, July 29, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China  
Sun 4 Sutra 109  
Plava 5123  
Moon 7 - Phase 14 - 4  
1st Phase

Meena Rasi: 12.12 Tithi 21

**Gulika** 8:35AM - 10:18AM  
Yama 5:09AM - 6:52AM  
418295462 **Rahu** 1:44PM - 3:27PM

**Uttaraproshtapada** Until 2:33PM  
Sukarma Until 10:31PM  
Gara Until 5:50PM  
**Shashthi\*** Until 6:27AM Fri

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

*Sunrise:* 5:09AM  
*Sunset:* 6:53PM

**Subha Sivaloka Day**

Creative Work Siddha Yoga

**5**

**Friday, July 30, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Shanghai, China  
Sun 5 Sutra 110  
Plava 5123  
Moon 7 - Phase 14 - 5  
1st Phase

Meena Rasi: 24.37 Tithi 21 - 22

**Gulika** 6:53AM - 8:36AM  
Yama 3:27PM - 5:09PM  
418295462 **Rahu** 10:18AM - 12:01PM

**Revati** Until 4:23PM  
Dhriti Until 10:48PM  
Visiti Until 7:17PM  
**Shashthi\*** Until 6:27AM

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

*Sunrise:* 5:10AM  
*Sunset:* 6:52PM

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 4:23PM

Then Creative Work - Amrita Yoga

**D**

**Saturday, July 31, 2021**  
**Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China  
Sun 6 Sutra 111  
Plava 5123  
Moon 7 - Phase 14 - 6  
Ashtami

Mesha Rasi: 6.46 Tithi 22 - 23

**Gulika** 5:11AM - 6:53AM  
Yama 1:44PM - 3:26PM  
428215462 **Rahu** 8:36AM - 10:18AM

**Ashvini** Until 7:07PM  
Shula\* Until 11:30PM  
Balava Until 9:19PM  
**Saptami** Until 8:13AM

**Ganesha:** Blue  
**Muruqa:** White  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

*Sunrise:* 5:11AM  
*Sunset:* 6:52PM

**Subha Subha Sivaloka Day**

Creative Work Siddha Yoga

**Sunday, August 1, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China  
Sun 7 Sutra 112  
Plava 5123  
Moon 7 - Phase 14 - 7  
Navami

Mesha Rasi: 18.43 Tithi 23 - 24

**Gulika** 3:26PM - 5:08PM  
Yama 12:01PM - 1:43PM  
429215462 **Rahu** 5:08PM - 6:51PM

**Bharani** Until 10:05PM  
Ganda\* Until 12:28AM Mon  
Taitila Until 11:43PM  
**Ashtami\*** Until 10:28AM

**Ganesha:** Red  
**Muruqa:** White  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

*Sunrise:* 5:11AM  
*Sunset:* 6:51PM

**Subha Sivaloka Day**

Routine Work Prabalarishta Yoga

Until 10:05PM

Then Creative Work - Siddha Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>Monday, August 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Shanghai, China Sun 8 Sutra 113 Plava 5123	
<b>1</b>	Vrishabha Rasi: 0.33 Tithi 24 - 25 <b>Family Home Evening</b> Routine Work Marana Yoga Until 1:01AM Tue Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:43PM - 3:26PM Yama 10:19AM - 12:01PM <b>Rahu</b> 6:54AM - 8:36AM	<b>Krittika Until 1:01AM Tue</b> Vridhhi Until 1:34AM Tue Vanija Until 2:16AM Tue <b>Navami* Until 12:58PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> White Moon - White <b>Ashada-Adi</b>	<b>Sunrise:</b> 5:12AM <b>Sunset:</b> 6:50PM Moon 7 - Phase 15 - 8 2nd Phase <b>Subha Sivaloka Day</b>

<b>Tuesday, August 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekashyam Titau		Shanghai, China Sun 9 Sutra 114 Plava 5123	
<b>2</b>	Vrishabha Rasi: 12.22 Tithi 25 - 26 439215462 Creative Work Amrita Yoga Until 4:12AM Wed Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:01PM - 1:43PM Yama 8:37AM - 10:19AM <b>Rahu</b> 3:25PM - 5:07PM	<b>Rohini Until 4:12AM Wed</b> Dhruva Until 2:32AM Wed Bava Until 4:43AM Wed <b>Dashami Until 3:30PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Yellow <b>Ashada-Adi</b>	<b>Sunrise:</b> 5:13AM <b>Sunset:</b> 6:49PM Moon 7 - Phase 15 - 9 2nd Phase <b>Sivaloka Day</b>

<b>Wednesday, August 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvashyam Titau		Shanghai, China Sun 10 Sutra 115 Plava 5123	
<b>3</b>	Vrishabha Rasi: 24.13 Tithi 26 - 27 439215462 Creative Work Siddha Yoga Until 6:54AM Thu Then Routine Work - Marana Yoga	<b>Gulika</b> 10:19AM - 12:01PM Yama 6:55AM - 8:37AM <b>Rahu</b> 12:01PM - 1:43PM	<b>Mrigashira Until 6:54AM Thu</b> Vyaghata* Until 3:18AM Thu Kaulava Until 6:49AM Thu <b>Ekadashi* Until 5:48PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Yellow <b>Ashada-Adi</b>	<b>Sunrise:</b> 5:13AM <b>Sunset:</b> 6:48PM Moon 7 - Phase 15 - 10 2nd Phase <b>Sivaloka Day</b>

<b>Thursday, August 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvashyam Titau		Shanghai, China Sun 11 Sutra 116 Plava 5123	
<b>4</b>	Mithuna Rasi: 6.12 Tithi 27 439215462 Routine Work Marana Yoga	<b>Gulika</b> 8:37AM - 10:19AM Yama 5:14AM - 6:56AM <b>Rahu</b> 1:42PM - 3:24PM	<b>Mrigashira Until 6:54AM</b> Harshana Until 3:42AM Fri Kaulava Until 6:49AM <b>Dvashmi* Until 7:40PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Yellow <b>Ashada-Adi</b>	<b>Sunrise:</b> 5:14AM <b>Sunset:</b> 6:48PM Moon 7 - Phase 15 - 11 2nd Phase <b>Sivaloka Day</b>

<b>Friday, August 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau		Shanghai, China Sun 12 Sutra 117 Plava 5123	
<b>5</b>	Mithuna Rasi: 18.23 Tithi 28 439215462 Creative Work Siddha Yoga	<b>Gulika</b> 6:56AM - 8:38AM Yama 3:24PM - 5:05PM <b>Rahu</b> 10:19AM - 12:01PM	<b>Ardra Until 8:57AM</b> Vajra* Until 3:38AM Sat Gara Until 8:26AM <b>Trayodashi* Until 9:00PM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Yellow <b>Ashada-Adi</b>	<b>Sunrise:</b> 5:14AM <b>Sunset:</b> 6:47PM Moon 7 - Phase 15 - 12 2nd Phase <b>Sivaloka Day</b>

*Pradosha Vrata (Fasting)*

<b>Saturday, August 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Shanghai, China Sun 13 Sutra 118 Plava 5123	
<b>6</b>	Kataka Rasi: 0.49 Tithi 29 449215462 Creative Work Siddha Yoga	<b>Gulika</b> 5:15AM - 6:56AM Yama 1:42PM - 3:23PM <b>Rahu</b> 8:38AM - 10:19AM	<b>Punarvasu Until 10:46AM</b> Siddhi Until 3:07AM Sun Visti Until 9:28AM <b>Chaturdashi* Until 9:44PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Blue <b>Ashada-Adi</b>	<b>Sunrise:</b> 5:15AM <b>Sunset:</b> 6:46PM Moon 7 - Phase 15 - 13 2nd Phase <b>Sivaloka Day</b>

<b>Sunday, August 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Shanghai, China Sun 14 Sutra 119 Plava 5123	
<b>Retreat Star</b>	Kataka Rasi: 13.31 Tithi 30 449215462 Creative Work Siddha Yoga	<b>Gulika</b> 3:23PM - 5:04PM Yama 12:00PM - 1:42PM <b>Rahu</b> 5:04PM - 6:45PM	<b>Pushya Until 11:50AM</b> Vyatipata* Until 2:08AM Mon Catuspada Until 9:54AM <b>Amavasya* Until 9:52PM</b>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Blue <b>Ashada-Adi</b>	<b>Sunrise:</b> 5:16AM <b>Sunset:</b> 6:45PM Moon 7 - Phase 15 - 14 Amavasya <b>Sivaloka Day</b>

<b>Monday, August 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Shanghai, China Sun 15 Sutra 120 Plava 5123	
<b>Retreat Star</b>	Kataka Rasi: 26.31 Tithi 1 441215462 Family Home Evening Creative Work Siddha Yoga Until 12:11PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:41PM - 3:22PM Yama 10:19AM - 12:00PM <b>Rahu</b> 6:57AM - 8:38AM	<b>Ashlesha* Until 12:11PM</b> Variyan Until 12:43AM Tue Kintughna Until 9:45AM <b>Prathama* Until 9:28PM</b>	<b>Ganesha:</b> Light Blue <b>Muruga:</b> White <b>Nataraja:</b> White Moon - Blue <b>Sravana-Adi</b>	<b>Sunrise:</b> 5:16AM <b>Sunset:</b> 6:44PM Moon 7 - Phase 15 - 15 Prathama <b>Sivaloka Day</b>

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/

www.gurudeva.org/panchang

<b>1</b>	<b>Tuesday, August 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China Sun 16 Sutra 121	
	Simha Rasi: 9.46	Tithi 2	<b>Gulika</b> 12:00PM – 1:41PM	<b>Magha* Until 12:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:17AM		Plava 5123
			Yama 8:39AM – 10:19AM	Parigha* Until 10:57PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:43PM	Moon 7 - Phase 16 - 16	
	Creative Work	Siddha Yoga	451215462 <b>Rahu</b> 3:22PM – 5:02PM	Balava Until 9:06AM	<b>Nataraja:</b> White		3rd Phase	
			<b>Dvitiya Until 8:36PM</b>	Moon – Red			<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>2</b>	<b>Wednesday, August 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Tailila/Gara Karana Tritiyayam Titau				Shanghai, China Sun 17 Sutra 122	
	Simha Rasi: 23.15	Tithi 3	<b>Gulika</b> 10:19AM – 12:00PM	<b>Purvaphalguni Until 12:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM		Plava 5123
			Yama 6:58AM – 8:39AM	Shiva Until 8:55PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 16 - 17	
	Creative Work	Amrita Yoga	451215462 <b>Rahu</b> 12:00PM – 1:41PM	Taitila Until 8:03AM	<b>Nataraja:</b> White		3rd Phase	
			<b>Tritiya Until 7:23PM</b>	Moon – Red			<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>				

<b>3</b>	<b>Thursday, August 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 18 Sutra 123	
	Kanya Rasi: 6.56	Tithi 4 – 5	<b>Gulika</b> 8:39AM – 10:19AM	<b>Uttaraphalguni Until 11:11AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM		Plava 5123
			Yama 5:18AM – 6:59AM	Siddha Until 6:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:41PM	Moon 7 - Phase 16 - 18	
		Amrita Yoga	451215462 <b>Rahu</b> 1:40PM – 3:21PM	Vanija Until 6:41AM	<b>Nataraja:</b> White		3rd Phase	
Until 11:11AM			<b>Chaturthi* Until 5:53PM</b>	Moon – Red			<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Sravana-Adi</b>				

<b>4</b>	<b>Friday, August 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Shanghai, China Sun 19 Sutra 124	
	Kanya Rasi: 20.45	Tithi 5 – 6	<b>Gulika</b> 6:59AM – 8:39AM	<b>Hasta Until 10:26AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM		Plava 5123
			Yama 3:20PM – 5:00PM	Sadhya Until 4:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:40PM	Moon 7 - Phase 16 - 19	
	Creative Work	Amrita Yoga	461215462 <b>Rahu</b> 10:19AM – 12:00PM	Kaulava Until 3:17AM Sat	<b>Nataraja:</b> White		3rd Phase	
Until 10:26AM			<b>Panchami Until 4:11PM</b>	Moon – Green			<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>				

<b>5</b>	<b>Saturday, August 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 20 Sutra 125	
	Tula Rasi: 4.41	Tithi 6 – 7	<b>Gulika</b> 5:19AM – 6:59AM	<b>Chitra Until 9:23AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM		Plava 5123
			Yama 1:39PM – 3:19PM	Subha Until 1:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM	Moon 7 - Phase 16 - 20	
	Routine Work	Marana Yoga	461215462 <b>Rahu</b> 8:39AM – 10:19AM	Gara Until 1:22AM Sun	<b>Nataraja:</b> White		3rd Phase	
Until 9:23AM			<b>Shashthi* Until 2:19PM</b>	Moon – Green			<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>				

<b>☽</b>	<b>Sunday, August 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Vanija/Vistiti* Karana Saptami/Ashtamyam Titau				Shanghai, China Sun 21 Sutra 126	
	<b>Retreat Star</b>		<b>Gulika</b> 3:19PM – 4:59PM	<b>Svati Until 8:03AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM		Plava 5123
	Tula Rasi: 18.42	Tithi 7 – 8	Yama 11:59AM – 1:39PM	Sukla Until 10:58AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 7 - Phase 16 - 21	
	Creative Work	Siddha Yoga	461215462 <b>Rahu</b> 4:59PM – 6:38PM	Vistiti Until 11:20PM	<b>Nataraja:</b> White		Ashtami	
Until 8:03AM			<b>Saptami Until 12:21PM</b>	Moon – Green			<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Sravana-Adi</b>				

<b>☽</b>	<b>Monday, August 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China Sun 22 Sutra 127	
	<b>Retreat Star</b>		<b>Gulika</b> 1:39PM – 3:18PM	<b>Vishakha Until 6:54AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:21AM		Plava 5123
	Vrischika Rasi: 2.47	Tithi 8 – 9	Yama 10:19AM – 11:59AM	Brahma Until 8:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:37PM	Moon 7 - Phase 16 - 22	
	<b>Family Home Evening</b>		471215462 <b>Rahu</b> 7:00AM – 8:40AM	Balava Until 9:12PM	<b>Nataraja:</b> White		Navami	
Routine Work	Marana Yoga		<b>Ashtami* Until 10:15AM</b>	Moon – Orange			<b>Sivaloka Day</b>	
Until 6:54AM				<b>Sravana-Adi</b>				
Then Creative Work - Siddha Yoga								

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	<b>Tuesday, August 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Shanghai, China Sun 23 Sutra 128 Plava 5123	
	Vrischika Rasi: 16.56	Tithi 9 – 10	571215462	Gulika 11:59AM – 1:38PM Yama 8:40AM – 10:19AM Rahu 3:18PM – 4:57PM	Jyeshtha* Until 3:56AM Wed Vaidhriti* Until 2:31AM Wed Taitila Until 7:00PM Navami* Until 8:05AM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Orange	Sunrise: 5:21AM Sunset: 6:36PM	Moon 7 - Phase 17 - 23 4th Phase
	Routine Work Marana Yoga		<b>Subha Sivaloka Day</b>					
			<b>Sravana-Avani</b>					

2	<b>Wednesday, August 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 129 Plava 5123	
	Dhanus Rasi: 1.08	Tithi 11	581215462	Gulika 10:19AM – 11:59AM Yama 7:01AM – 8:40AM Rahu 11:59AM – 1:38PM	Mula* Until 2:36AM Thu Vishkambha* Until 11:37PM Vanija Until 4:45PM Ekadashi Until 3:36AM Thu	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue	Sunrise: 5:22AM Sunset: 6:35PM	Moon 7 - Phase 17 - 24 4th Phase
	Routine Work Marana Yoga		<b>Sivaloka Day</b>					
	Until 2:36AM Thu Then Creative Work - Siddha Yoga		<b>Sravana-Avani</b>					

3	<b>Thursday, August 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 130 Plava 5123	
	Dhanus Rasi: 15.2	Tithi 12	582215462	Gulika 8:41AM – 10:19AM Yama 5:23AM – 7:02AM Rahu 1:37PM – 3:16PM	Purvashadha* Until 1:10AM Fri Priti Until 8:46PM Bava Until 2:30PM Dvadashi Until 1:24AM Fri	Ganesha: Green Muruqa: White Nataraja: White Moon – Light Blue	Sunrise: 5:23AM Sunset: 6:34PM	Moon 7 - Phase 17 - 25 4th Phase
	Creative Work Siddha Yoga		<b>Sivaloka Day</b>					
	Until 1:10AM Fri Then Routine Work - Marana Yoga		<b>Sravana-Avani</b>					

4	<b>Friday, August 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 131 Plava 5123	
	Dhanus Rasi: 29.3	Tithi 13	582215462	Gulika 7:02AM – 8:41AM Yama 3:16PM – 4:54PM Rahu 10:19AM – 11:58AM	Uttarashadha Until 11:44PM Ayushman Until 5:58PM Kaulava Until 12:21PM Trayodashi Until 11:19PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Light Blue	Sunrise: 5:23AM Sunset: 6:33PM	Moon 7 - Phase 17 - 26 4th Phase
	Routine Work Marana Yoga		<b>Sivaloka Day</b>					
			<b>Sravana-Avani</b>					

*Pradosha Vrata*

5	<b>Saturday, August 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 132 Plava 5123	
	Makara Rasi: 13.34	Tithi 14	592215462	Gulika 5:24AM – 7:02AM Yama 1:36PM – 3:15PM Rahu 8:41AM – 10:19AM	Shravana Until 10:48PM Saubhagya Until 3:21PM Gara Until 10:23AM Chaturdashi* Until 9:29PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Purple	Sunrise: 5:24AM Sunset: 6:32PM	Moon 7 - Phase 17 - 27 4th Phase
	Creative Work Siddha Yoga		<b>Subha Sivaloka Day</b>					
			<b>Sravana-Avani</b>					

**Chidambaram Abhishekam**

○	<b>Sunday, August 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 133 Plava 5123			
	<b>Copper Retreat Star</b>		Makara Rasi: 27.28	Tithi 15	592315462	Gulika 3:14PM – 4:53PM Yama 11:58AM – 1:36PM Rahu 4:53PM – 6:31PM	Dhanishtha Until 10:06PM Sobhana Until 1:00PM Visti Until 8:42AM Purnima* Until 7:59PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Purple	Sunrise: 5:24AM Sunset: 6:31PM	Moon 7 - Phase 17 - Purnima
	Routine Work Marana Yoga		<b>Subha Sivaloka Day</b>							
	Until 10:06PM Then Creative Work - Siddha Yoga		<b>Sravana-Avani</b>							

**Avani Avittam**

○	<b>Monday, August 23, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sutra 134 Plava 5123			
	<b>Silver Retreat Star</b>		Kumbha Rasi: 11.07	Tithi 16	592315462	Gulika 1:36PM – 3:14PM Yama 10:19AM – 11:57AM Rahu 7:03AM – 8:41AM	Shatabhishak Until 9:43PM Athiganda* Until 10:59AM Balava Until 7:26AM Prathama* Until 6:58PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Purple	Sunrise: 5:25AM Sunset: 6:30PM	Moon 7 - Phase 17 - Prathama
	Routine Work Marana Yoga		<b>Subha Sivaloka Day</b>							
	Until 9:43PM Then Routine Work - Marana Yoga		<b>Sravana-Avani</b>							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/

www.gurudeva.org/panchang





Tuesday, August 24, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China

Sun 1 Sutra 135

Plava 5123

Moon 8 - Phase 18 - 1

1st Phase

Kumbha Rasi: 24.29 Tithi 17

**Gulika** 11:57AM – 1:35PM  
**Yama** 8:41AM – 10:19AM  
**Rahu** 3:13PM – 4:51PM

**Ganesha:** Yellow *Sunrise:* 5:26AM  
**Muruqa:** White *Sunset:* 6:29PM  
**Nataraja:** White  
Moon – Clear

Subha Sivaloka Day

Routine Work Marana Yoga

Until 10:14PM

Then Creative Work - Amrita Yoga

1

Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Triliyayam Titau

Shanghai, China

Sun 2 Sutra 136

Plava 5123

Moon 8 - Phase 18 - 2

1st Phase

Meena Rasi: 7.3 Tithi 18

**Gulika** 10:19AM – 11:57AM  
**Yama** 7:04AM – 8:42AM  
**Rahu** 11:57AM – 1:35PM

**Ganesha:** Yellow *Sunrise:* 5:26AM  
**Muruqa:** White *Sunset:* 6:29PM  
**Nataraja:** White  
Moon – Clear

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 11:15PM

Then Routine Work - Marana Yoga

2

Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 3 Sutra 137

Plava 5123

Moon 8 - Phase 18 - 3

1st Phase

Meena Rasi: 20.11 Tithi 19

**Gulika** 8:42AM – 10:19AM  
**Yama** 5:27AM – 7:04AM  
**Rahu** 1:34PM – 3:12PM

**Ganesha:** Yellow *Sunrise:* 5:27AM  
**Muruqa:** White *Sunset:* 6:26PM  
**Nataraja:** White  
Moon – Clear

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:47AM Fri

Then Creative Work - Amrita Yoga

3

Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 4 Sutra 138

Plava 5123

Moon 8 - Phase 18 - 4

1st Phase

Mesha Rasi: 2.34 Tithi 20

**Gulika** 7:05AM – 8:42AM  
**Yama** 3:11PM – 4:48PM  
**Rahu** 10:19AM – 11:56AM

**Ganesha:** White *Sunrise:* 5:27AM  
**Muruqa:** White *Sunset:* 6:25PM  
**Nataraja:** White  
Moon – White

Sivaloka Day

Creative Work Amrita Yoga

Until 3:16AM Sat

Then Creative Work - Siddha Yoga

4

Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 5 Sutra 139

Plava 5123

Moon 8 - Phase 18 - 5

1st Phase

Mesha Rasi: 14.41 Tithi 21

**Gulika** 5:28AM – 7:05AM  
**Yama** 1:33PM – 3:10PM  
**Rahu** 8:42AM – 10:19AM

**Ganesha:** White *Sunrise:* 5:28AM  
**Muruqa:** White *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – White

Devaloka Day

Creative Work Siddha Yoga

Shashthi\* Until 11:28PM

5

Sunday, August 29, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 6 Sutra 140

Plava 5123

Moon 8 - Phase 18 - 6

1st Phase

Mesha Rasi: 26.37 Tithi 22

**Gulika** 3:09PM – 4:46PM  
**Yama** 11:56AM – 1:33PM  
**Rahu** 4:46PM – 6:23PM

**Ganesha:** White *Sunrise:* 5:29AM  
**Muruqa:** White *Sunset:* 6:23PM  
**Nataraja:** Clear  
Moon – White

Devaloka Day

Routine Work Prabalarishta Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

Saptami Until 1:56AM Mon

D

Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 141

Plava 5123

Moon 8 - Phase 18 - 7

Ashtami

Vrishabha Rasi: 8.27 Tithi 23

**Gulika** 1:32PM – 3:09PM  
**Yama** 10:19AM – 11:55AM  
**Rahu** 7:06AM – 8:42AM

**Ganesha:** White *Sunrise:* 5:29AM  
**Muruqa:** White *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon – White

Devaloka Day

Family Home Evening  
Routine Work Marana Yoga

Until 8:57AM

Then Creative Work - Amrita Yoga

Krishna Janmashtami

Ashtami\* Until 4:30AM Tue

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 8 Sutra 142

Plava 5123

Moon 8 - Phase 18 - 8

Navami

Vrishabha Rasi: 20.16 Tithi 24

**Gulika** 11:55AM – 1:31PM  
**Yama** 8:42AM – 10:19AM  
**Rahu** 3:08PM – 4:44PM

**Ganesha:** Clear *Sunrise:* 5:30AM  
**Muruqa:** White *Sunset:* 6:20PM  
**Nataraja:** Clear  
Moon – Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 12:12PM

Then Creative Work - Siddha Yoga

Navami\* Until 6:53AM Wed

Sravana-Avani

1	<b>Wednesday, September 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Shanghai, China
	Mithuna Rasi: 2.08	Tithi 24 – 25	533315463	<b>Gulika</b> 10:19AM – 11:55AM	<b>Mrigashira</b> Until 3:02PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow	Sun 9 Sutra 143 Plava 5123 Moon 8 - Phase 19 - 9 2nd Phase
	Creative Work	Siddha Yoga		<b>Rahu</b> 11:55AM – 1:31PM	Vajra* Until 12:06PM Vanija Until 7:58PM Navami* Until 6:53AM	<b>Sunrise:</b> 5:30AM <b>Sunset:</b> 6:19PM	<b>Sivaloka Day</b>
					<b>Sravana-Avani</b>		

2	<b>Thursday, September 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau				Shanghai, China
	Mithuna Rasi: 14.11	Tithi 25 – 26	533315463	<b>Gulika</b> 8:43AM – 10:19AM	<b>Ardra</b> Until 5:15PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow	Sun 10 Sutra 144 Plava 5123 Moon 8 - Phase 19 - 10 2nd Phase
	Routine Work	Marana Yoga		<b>Rahu</b> 1:30PM – 3:06PM	Siddhi Until 12:36PM Bava Until 9:39PM Dashami Until 8:52AM	<b>Sunrise:</b> 5:31AM <b>Sunset:</b> 6:18PM	<b>Sivaloka Day</b>
	Until 5:15PM	Then Creative Work - Amrita Yoga			<b>Sravana-Avani</b>		

3	<b>Friday, September 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Shanghai, China
	Mithuna Rasi: 26.28	Tithi 26 – 27	543315463	<b>Gulika</b> 7:07AM – 8:43AM	<b>Punarvasu</b> Until 7:10PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue	Sun 11 Sutra 145 Plava 5123 Moon 8 - Phase 19 - 11 2nd Phase
	Creative Work	Siddha Yoga		<b>Rahu</b> 10:19AM – 11:54AM	Vyatipata* Until 12:38PM Kaulava Until 10:41PM Ekadashi* Until 10:14AM	<b>Sunrise:</b> 5:32AM <b>Sunset:</b> 6:17PM	<b>Devaloka Day</b>
	Until 7:10PM	Then Routine Work - Marana Yoga			<b>Sravana-Avani</b>		

4	<b>Saturday, September 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Shanghai, China
	Kataka Rasi: 9.02	Tithi 27 – 28	543315463	<b>Gulika</b> 5:32AM – 7:08AM	<b>Pushya</b> Until 8:14PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue	Sun 12 Sutra 146 Plava 5123 Moon 8 - Phase 19 - 12 2nd Phase
	Creative Work	Siddha Yoga		<b>Rahu</b> 8:43AM – 10:18AM	Variyan Until 12:05PM Gara Until 11:00PM Dvadashi* Until 10:55AM	<b>Sunrise:</b> 5:32AM <b>Sunset:</b> 6:16PM	<b>Devaloka Day</b>
	Until 8:14PM	Then Routine Work - Marana Yoga			<b>Sravana-Avani</b>		<i>Pradosha Vrata (Fasting)</i>

5	<b>Sunday, September 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Shanghai, China
	Kataka Rasi: 21.57	Tithi 28 – 29	543315463	<b>Gulika</b> 3:04PM – 4:39PM	<b>Ashlesha*</b> Until 8:28PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue	Sun 13 Sutra 147 Plava 5123 Moon 8 - Phase 19 - 13 2nd Phase
	Creative Work	Siddha Yoga		<b>Rahu</b> 4:39PM – 6:14PM	Parigha* Until 11:00AM Visti Until 10:37PM Trayodashi* Until 10:53AM	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:14PM	<b>Devaloka Day</b>
	Until 8:28PM	Then Routine Work - Marana Yoga			<b>Sravana-Avani</b>		

●	<b>Monday, September 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Shanghai, China
	<b>Retreat Star</b>			<b>Gulika</b> 1:28PM – 3:03PM	<b>Magha*</b> Until 8:22PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red	Sun 14 Sutra 148 Plava 5123 Moon 8 - Phase 19 - 14 Amavasya
	Simha Rasi: 5.13	Tithi 29 – 30	553315463	<b>Rahu</b> 7:08AM – 8:43AM	Shiva Until 9:24AM Catuspada Until 9:37PM Chaturdashi* Until 10:10AM	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:13PM	<b>Devaloka Day</b>
	Family Home Evening	Marana Yoga			<b>Sravana-Avani</b>		

●	<b>Tuesday, September 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Shanghai, China
	<b>Retreat Star</b>			<b>Gulika</b> 11:53AM – 1:28PM	<b>Purvaphalguni</b> Until 7:35PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red	Sun 15 Sutra 149 Plava 5123 Moon 8 - Phase 19 - 15 Prathama
	Simha Rasi: 18.49	Tithi 30 – 1	553315463	<b>Rahu</b> 3:02PM – 4:37PM	Siddha Until 7:18AM Kintughna Until 8:05PM Amavasya* Until 8:53AM	<b>Sunrise:</b> 5:34AM <b>Sunset:</b> 6:12PM	<b>Devaloka Day</b>
	Creative Work	Siddha Yoga			<b>Bhadrapada-Avani</b>		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Wednesday, September 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China	
	Kanya Rasi: 2.43	Tithi 1 – 2	<b>Gulika</b> 10:18AM – 11:53AM	<b>Uttaraphalguni</b> Until 6:17PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:35AM	Sun 16	Sutra 150
	563315463		Yama 7:09AM – 8:44AM	Subha Until 2:06AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:11PM		Plava 5123
		<b>Rahu</b> 11:53AM – 1:27PM	Balava Until 6:10PM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 16	3rd Phase
	Creative Work	Amrita Yoga		<b>Prathama*</b> Until 7:09AM	<b>Moon – Red</b>		<b>Devaloka Day</b>	
	Until 6:17PM				<b>Bhadrapada*Avani</b>			
	Then Routine Work - Marana Yoga							

<b>2</b>	<b>Thursday, September 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Shanghai, China	
	Kanya Rasi: 16.49	Tithi 3	<b>Gulika</b> 8:44AM – 10:18AM	<b>Hasta</b> Until 4:59PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:35AM	Sun 17	Sutra 151
	563315463		Yama 5:35AM – 7:09AM	Sukla Until 11:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:09PM		Plava 5123
		<b>Rahu</b> 1:26PM – 3:01PM	Taitila Until 3:58PM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 17	3rd Phase
	Routine Work	Marana Yoga		<b>Tritiya</b> Until 2:48AM Fri	<b>Moon – Green</b>		<b>Devaloka Day</b>	
	Until 4:59PM				<b>Bhadrapada*Avani</b>			
	Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Friday, September 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Vanija/Visiti* Karana Chaturthyam Titau				Shanghai, China	
	Tula Rasi: 1.03	Tithi 4	<b>Gulika</b> 7:10AM – 8:44AM	<b>Chitra</b> Until 3:25PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:36AM	Sun 18	Sutra 152
	563315463		Yama 3:00PM – 4:34PM	Brahma Until 8:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:08PM		Plava 5123
		<b>Rahu</b> 10:18AM – 11:52AM	Vanija Until 1:38PM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 18	3rd Phase
	Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 12:26AM Sat	<b>Moon – Green</b>		<b>Devaloka Day</b>	
					<b>Bhadrapada*Avani</b>			

<b>4</b>	<b>Saturday, September 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China	
	Tula Rasi: 15.2	Tithi 5	<b>Gulika</b> 5:36AM – 7:10AM	<b>Svati</b> Until 1:40PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:36AM	Sun 19	Sutra 153
	563315463		Yama 1:25PM – 2:59PM	Indra Until 5:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:07PM		Plava 5123
		<b>Rahu</b> 8:44AM – 10:18AM	Bava Until 11:16AM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 19	3rd Phase
	Creative Work	Siddha Yoga		<b>Panchami</b> Until 10:04PM	<b>Moon – Green</b>		<b>Devaloka Day</b>	
					<b>Bhadrapada*Avani</b>			

<b>5</b>	<b>Sunday, September 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Shanghai, China	
	Tula Rasi: 29.37	Tithi 6	<b>Gulika</b> 2:58PM – 4:32PM	<b>Vishakha</b> Until 12:15PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:37AM	Sun 20	Sutra 154
	573315463		Yama 11:51AM – 1:25PM	Vaidhriti* Until 2:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:05PM		Plava 5123
		<b>Rahu</b> 4:32PM – 6:05PM	Kaulava Until 8:56AM	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 20	3rd Phase
	Routine Work	Marana Yoga		<b>Shashthi*</b> Until 7:47PM	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
					<b>Bhadrapada*Avani</b>			

<b>6</b>	<b>Monday, September 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Visiti* Karana Saptami/Ashtamyam Titau				Shanghai, China	
	Vrischika Rasi: 13.49	Tithi 7 – 8	<b>Gulika</b> 1:24PM – 2:57PM	<b>Anuradha</b> Until 10:49AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:37AM	Sun 21	Sutra 155
	573315463		Yama 10:17AM – 11:51AM	Vishkambha* Until 11:14AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:04PM		Plava 5123
	<b>Family Home Evening</b>		<b>Rahu</b> 7:11AM – 8:44AM	Gara Until 6:42AM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20 - 21	3rd Phase
	Creative Work	Siddha Yoga		<b>Saptami</b> Until 5:37PM	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
					<b>Bhadrapada*Avani</b>			

<b>D</b>	<b>Tuesday, September 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China	
	<b>Retreat Star</b>		<b>Gulika</b> 11:50AM – 1:24PM	<b>Jyeshtha*</b> Until 9:22AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:38AM	Sun 22	Sutra 156
	Vrischika Rasi: 27.56	Tithi 8 – 9	Yama 8:44AM – 10:17AM	Priti Until 8:29AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:03PM		Plava 5123
		<b>Rahu</b> 2:57PM – 4:30PM	Balava Until 2:41AM Wed	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 22	Ashtami
	Routine Work	Marana Yoga		<b>Ashtami*</b> Until 3:36PM	<b>Moon – Orange</b>		<b>Sivaloka Day</b>	
	Until 9:22AM				<b>Bhadrapada*Avani</b>			
	Then Creative Work - Amrita Yoga							

<b>D</b>	<b>Wednesday, September 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Shanghai, China	
	<b>Retreat Star</b>		<b>Gulika</b> 10:17AM – 11:50AM	<b>Mula*</b> Until 8:22AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:39AM	Sun 23	Sutra 157
	Dhanus Rasi: 11.56	Tithi 9 – 10	Yama 7:11AM – 8:44AM	Saubhagya Until 3:20AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:02PM		Plava 5123
		<b>Rahu</b> 11:50AM – 1:23PM	Taitila Until 12:56AM Thu	<b>Nataraja:</b> Clear			Moon 8 - Phase 20 - 23	Navami
	Routine Work	Marana Yoga		<b>Navami*</b> Until 1:46PM	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
	Until 8:22AM				<b>Bhadrapada*Avani</b>			
	Then Creative Work - Amrita Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b>	<b>Thursday, September 16, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Shanghai, China Sun 24 Sutra 158 Plava 5123
	Dhanus Rasi: 25.51 Tithi 10 - 11 Creative Work Siddha Yoga Until 7:24AM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:44AM - 10:17AM <b>Yama</b> 5:39AM - 7:12AM <b>Rahu</b> 1:22PM - 2:55PM	<b>Purvashadha* Until 7:24AM</b> Sobhana Until 1:00AM Fri Vanija Until 11:22PM Dashami Until 12:06PM

**Ganesha:** Green *Sunrise:* 5:39AM  
**Muruqa:** White *Sunset:* 6:00PM  
**Nataraja:** Clear  
Moon - Light Blue  
**Devaloka Day**  
Moon 8 - Phase 21 - 24  
4th Phase  
**Bhadrapada-Avani**

<b>2</b>	<b>Friday, September 17, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Shanghai, China Sun 25 Sutra 159 Plava 5123
	Makara Rasi: 9.38 Tithi 11 - 12 Routine Work Marana Yoga	<b>Gulika</b> 7:12AM - 8:45AM <b>Yama</b> 2:54PM - 4:27PM <b>Rahu</b> 10:17AM - 11:49AM	<b>Uttarashadha Until 6:29AM</b> Athiganda* Until 10:49PM Bava Until 10:01PM Ekadashi Until 10:39AM

**Ganesha:** Green *Sunrise:* 5:40AM  
**Muruqa:** White *Sunset:* 5:59PM  
**Nataraja:** Clear  
Moon - Light Blue  
**Devaloka Day**  
Moon 8 - Phase 21 - 25  
4th Phase  
**Bhadrapada-Puratasi**


<b>3</b>	<b>Saturday, September 18, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Shanghai, China Sun 26 Sutra 160 Plava 5123
	Makara Rasi: 23.16 Tithi 12 - 13 Creative Work Siddha Yoga	<b>Gulika</b> 5:40AM - 7:12AM <b>Yama</b> 1:21PM - 2:53PM <b>Rahu</b> 8:45AM - 10:17AM	<b>Shravana Until 6:05AM</b> Sukarma Until 8:52PM Kaulava Until 8:56PM Dvadashi Until 9:25AM

**Ganesha:** Red *Sunrise:* 5:40AM  
**Muruqa:** White *Sunset:* 5:58PM  
**Nataraja:** Clear  
Moon - Purple  
**Sivaloka Day**  
Moon 8 - Phase 21 - 26  
4th Phase  
**Bhadrapada-Puratasi**

*Pradosha Vrata*

<b>4</b>	<b>Sunday, September 19, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Tautila/Gara Karana Trayodashi/Chaturdashyam Titau	Shanghai, China Sun 27 Sutra 161 Plava 5123
	Kumbha Rasi: 6.45 Tithi 13 - 14 Creative Work Siddha Yoga Until 5:47AM Mon Then Routine Work - Marana Yoga	<b>Gulika</b> 2:53PM - 4:24PM <b>Yama</b> 11:49AM - 1:21PM <b>Rahu</b> 4:24PM - 5:56PM	<b>Shatabhishak Until 5:47AM Mon</b> Dhriti Until 7:12PM Gara Until 8:12PM Trayodashi Until 8:30AM

**Ganesha:** Red *Sunrise:* 5:41AM  
**Muruqa:** White *Sunset:* 5:56PM  
**Nataraja:** Clear  
Moon - Purple  
**Sivaloka Day**  
Moon 8 - Phase 21 - 27  
4th Phase  
**Bhadrapada-Puratasi**

	<b>Monday, September 20, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Shanghai, China Sutra 162 Plava 5123
	Kumbha Rasi: 20.01 Tithi 14 - 15 <b>Family Home Evening</b> Routine Work Marana Yoga Until 6:29AM Tue Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:20PM - 2:52PM <b>Yama</b> 10:17AM - 11:48AM <b>Rahu</b> 7:13AM - 8:45AM	<b>Purvaprosarthapada* Until 6:29AM Tue</b> Shula* Until 5:50PM Visti Until 7:53PM Chaturdashi* Until 7:58AM

**Ganesha:** Red *Sunrise:* 5:41AM  
**Muruqa:** White *Sunset:* 5:55PM  
**Nataraja:** Clear  
Moon - Clear  
**Sivaloka Day**  
Moon 8 - Phase 21 -  
Purnima  
**Bhadrapada-Puratasi**

<b>Silver Retreat Star</b>	<b>Tuesday, September 21, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Shanghai, China Sutra 163 Plava 5123
	Meena Rasi: 3.04 Tithi 15 - 16 Routine Work Marana Yoga Until 6:29AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 11:48AM - 1:19PM <b>Yama</b> 8:45AM - 10:16AM <b>Rahu</b> 2:51PM - 4:22PM	<b>Purvaprosarthapada* Until 6:29AM</b> Ganda* Until 4:52PM Balava Until 8:03PM Purnima* Until 7:53AM

**Ganesha:** Red *Sunrise:* 5:42AM  
**Muruqa:** White *Sunset:* 5:54PM  
**Nataraja:** Clear  
Moon - Clear  
**Sivaloka Day**  
Moon 8 - Phase 21 -  
Prathama  
**Bhadrapada-Puratasi**

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/

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Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Viddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Shanghai, China

Sutra 164

Plava 5123

Meena Rasi: 15.5 Tithi 16 - 17

514415463 **Gulika** 10:16AM - 11:48AM  
Yama 7:14AM - 8:45AM  
**Rahu** 11:48AM - 1:19PM

**Uttaraproshtapada** Until 7:33AM

Vridhhi Until 4:20PM

Taitila Until 8:48PM

**Prathama\*** Until 8:20AM

**Ganesha:** Red *Sunrise:* 5:43AM

**Muruqa:** White *Sunset:* 5:53PM

**Nataraja:** Clear

Moon - Clear

**Bhadrapada-Puratasi**

Moon 9 - Phase 22 -

1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:33AM

Then Routine Work - Marana Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 165

Plava 5123

Meena Rasi: 28.21 Tithi 17 - 18

514415463 **Gulika** 8:45AM - 10:16AM  
Yama 5:43AM - 7:14AM  
**Rahu** 1:18PM - 2:49PM

**Revati** Until 9:01AM

Dhruva Until 4:14PM

Vanija Until 10:08PM

**Dvitiya** Until 9:22AM

**Ganesha:** Red *Sunrise:* 5:43AM

**Muruqa:** White *Sunset:* 5:51PM

**Nataraja:** Clear

Moon - Clear

**Bhadrapada-Puratasi**

Moon 9 - Phase 22 - 1

1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 9:01AM

Then Creative Work - Amrita Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Shanghai, China

Sun 2 Sutra 166

Plava 5123

Mesha Rasi: 10.37 Tithi 18 - 19

524415463 **Gulika** 7:15AM - 8:45AM  
Yama 2:48PM - 4:19PM  
**Rahu** 10:16AM - 11:47AM

**Ashvini** Until 11:22AM

Vyaghata\* Until 4:35PM

Bava Until 12:01AM Sat

**Tritiya** Until 10:59AM

**Ganesha:** Green *Sunrise:* 5:44AM

**Muruqa:** White *Sunset:* 5:50PM

**Nataraja:** Clear

Moon - White

**Bhadrapada-Puratasi**

Moon 9 - Phase 22 - 2

1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 11:22AM

Then Creative Work - Siddha Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 3 Sutra 167

Plava 5123

Mesha Rasi: 22.4 Tithi 19 - 20

524415463 **Gulika** 5:44AM - 7:15AM  
Yama 1:17PM - 2:48PM  
**Rahu** 8:45AM - 10:16AM

**Bharani** Until 2:02PM

Harshana Until 5:19PM

Kaulava Until 2:21AM Sun

**Chaturthi\*** Until 1:07PM

**Ganesha:** Green *Sunrise:* 5:44AM

**Muruqa:** White *Sunset:* 5:49PM

**Nataraja:** Clear

Moon - White

**Bhadrapada-Puratasi**

Moon 9 - Phase 22 - 3

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 2:02PM

Then Creative Work - Amrita Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Taitila/Gara Karana Panchami/Shashthayam Titau

Shanghai, China

Sun 4 Sutra 168

Plava 5123

Vrishabha Rasi: 4.33 Tithi 20 - 21

524415463 **Gulika** 2:47PM - 4:17PM  
Yama 11:46AM - 1:16PM  
**Rahu** 4:17PM - 5:47PM

**Krittika** Until 4:52PM

Vajra\* Until 6:16PM

Gara Until 4:57AM Mon

**Panchami** Until 3:36PM

**Ganesha:** Green *Sunrise:* 5:45AM

**Muruqa:** White *Sunset:* 5:47PM

**Nataraja:** Clear

Moon - White

**Bhadrapada-Puratasi**

Moon 9 - Phase 22 - 4

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Siddhi Yoga Vanija Karana Shashthayam Titau

Shanghai, China

Sun 5 Sutra 169

Plava 5123

Vrishabha Rasi: 16.22 Tithi 21

534415463 **Gulika** 1:16PM - 2:46PM  
Yama 10:16AM - 11:46AM  
**Rahu** 7:16AM - 8:46AM

**Rohini** Until 8:11PM

Siddhi Until 7:19PM

Vanija Until 6:15PM

**Shashthi\*** Until 6:15PM

**Ganesha:** Orange *Sunrise:* 5:46AM

**Muruqa:** White *Sunset:* 5:46PM

**Nataraja:** Clear

Moon - Yellow

**Bhadrapada-Puratasi**

Moon 9 - Phase 22 - 5

1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Family Home Evening

6

Tuesday, September 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\* Yoga Visti/Bava Karana Saptamyam Titau

Shanghai, China

Sun 6 Sutra 170

Plava 5123

Vrishabha Rasi: 28.09 Tithi 22

635415463 **Gulika** 11:45AM - 1:15PM  
Yama 8:46AM - 10:16AM  
**Rahu** 2:45PM - 4:15PM

**Mrigashira** Until 11:13PM

Vyatipata\* Until 8:19PM

Visti Until 7:34AM

**Saptami** Until 8:48PM

**Ganesha:** White *Sunrise:* 5:46AM

**Muruqa:** White *Sunset:* 5:45PM

**Nataraja:** Clear

Moon - Yellow

**Bhadrapada-Puratasi**

Moon 9 - Phase 22 - 6

1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

D

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 171

Plava 5123

Mithuna Rasi: 10.01 Tithi 23

635415463 **Gulika** 10:16AM - 11:45AM  
Yama 7:16AM - 8:46AM  
**Rahu** 11:45AM - 1:15PM

**Ardra** Until 1:44AM Thu

Variyan Until 9:01PM

Balava Until 9:59AM

**Ashtami\*** Until 11:00PM

**Ganesha:** White *Sunrise:* 5:47AM

**Muruqa:** White *Sunset:* 5:44PM

**Nataraja:** Clear

Moon - Yellow

**Bhadrapada-Puratasi**

Moon 9 - Phase 22 - 7

Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

Until 1:44AM Thu

Then Creative Work - Amrita Yoga

Thursday, September 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Parigha\* Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 8 Sutra 172

Plava 5123

Mithuna Rasi: 22.04 Tithi 24

645415463 **Gulika** 8:46AM - 10:15AM  
Yama 5:47AM - 7:17AM  
**Rahu** 1:14PM - 2:44PM

**Punarvasu** Until 4:01AM Fri

Parigha\* Until 9:19PM

Taitila Until 11:55AM

**Navami\*** Until 12:38AM Fri

**Ganesha:** Clear *Sunrise:* 5:47AM

**Muruqa:** White *Sunset:* 5:42PM

**Nataraja:** Clear

Moon - Blue

**Bhadrapada-Puratasi**

Moon 9 - Phase 22 - 8

Navami

**Sivaloka Day**

Creative Work Amrita Yoga

Until 4:01AM Fri

Then Routine Work - Marana Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

1 times are standard time. Calculated for Shanghai, China on 5/23/

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1	<b>Friday, October 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China
	Kataka Rasi: 4.21	Tithi 25	645415463	<b>Gulika</b> 7:17AM – 8:46AM Yama 2:43PM – 4:12PM <b>Rahu</b> 10:15AM – 11:45AM	<b>Pushya Until 5:26AM Sat</b> Shiva Until 9:06PM Vanija Until 1:13PM <b>Dashami Until 1:33AM Sat</b>	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:48AM Sunset: 5:41PM <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					Bhadrapada-Puratasi
							Sun 9 Sutra 173 Plava 5123 Moon 9 - Phase 23 - 9 2nd Phase

2	<b>Saturday, October 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China
	Kataka Rasi: 16.58	Tithi 26	645415463	<b>Gulika</b> 5:49AM – 7:18AM Yama 1:13PM – 2:42PM <b>Rahu</b> 8:46AM – 10:15AM	<b>Ashlesha* Until 5:54AM Sun</b> Siddha Until 8:14PM Bava Until 1:44PM <b>Ekadashi* Until 1:41AM Sun</b>	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:49AM Sunset: 5:40PM <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					Bhadrapada-Puratasi
							Sun 10 Sutra 174 Plava 5123 Moon 9 - Phase 23 - 10 2nd Phase

3	<b>Sunday, October 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China
	Kataka Rasi: 29.57	Tithi 27	645415463	<b>Gulika</b> 2:41PM – 4:10PM Yama 11:44AM – 1:13PM <b>Rahu</b> 4:10PM – 5:38PM	<b>Magha* Until 5:56AM Mon</b> Sadhya Until 6:45PM Kaulava Until 1:28PM <b>Dvadashi* Until 1:01AM Mon</b>	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:49AM Sunset: 5:38PM <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					Bhadrapada-Puratasi
	Until 5:56AM Mon	Then Creative Work - Siddha Yoga					Sun 11 Sutra 175 Plava 5123 Moon 9 - Phase 23 - 11 2nd Phase

4	<b>Monday, October 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China
	Simha Rasi: 13.22	Tithi 28	655415463	<b>Gulika</b> 1:12PM – 2:40PM Yama 10:15AM – 11:44AM <b>Rahu</b> 7:18AM – 8:47AM	<b>Purvaphalguni Until 5:06AM Tue</b> Subha Until 4:41PM Gara Until 12:25PM <b>Trayodashi* Until 11:38PM</b>	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:50AM Sunset: 5:37PM <b>Devaloka Day</b>
	Family Home Evening	Creative Work Siddha Yoga					Bhadrapada-Puratasi
	Until 5:06AM Tue	Then Creative Work - Amrita Yoga					Pradosha Vrata (Fasting)

5	<b>Tuesday, October 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China
	Simha Rasi: 27.11	Tithi 29	655415463	<b>Gulika</b> 11:43AM – 1:11PM Yama 8:47AM – 10:15AM <b>Rahu</b> 2:40PM – 4:08PM	<b>Uttaraphalguni Until 3:34AM Wed</b> Sukla Until 2:05PM Visti Until 10:43AM <b>Chaturdashi* Until 9:37PM</b>	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:51AM Sunset: 5:36PM <b>Devaloka Day</b>
	Creative Work	Amrita Yoga					Bhadrapada-Puratasi
	Until 3:34AM Wed	Then Routine Work - Marana Yoga					Sun 13 Sutra 177 Plava 5123 Moon 9 - Phase 23 - 13 2nd Phase

●	<b>Wednesday, October 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Shanghai, China
	<b>Retreat Star</b>		665415463	<b>Gulika</b> 10:15AM – 11:43AM Yama 7:19AM – 8:47AM <b>Rahu</b> 11:43AM – 1:11PM	<b>Hasta Until 1:52AM Thu</b> Brahma Until 11:03AM Catuspada Until 8:27AM <b>Amavasya* Until 7:09PM</b>	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:51AM Sunset: 5:35PM <b>Devaloka Day</b>
	Kanya Rasi: 11.22	Tithi 30		<b>Mahalaya Amavasai (Tamil Nadu)</b>			Bhadrapada-Puratasi
	Routine Work	Marana Yoga					Sun 14 Sutra 178 Plava 5123 Moon 9 - Phase 23 - 14 Amavasya

●	<b>Thursday, October 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China
	<b>Retreat Star</b>		665415463	<b>Gulika</b> 8:47AM – 10:15AM Yama 5:52AM – 7:20AM <b>Rahu</b> 1:10PM – 2:38PM	<b>Chitra Until 11:45PM</b> Indra Until 7:43AM Balava Until 2:53AM Fri <b>Prathama* Until 4:20PM</b>	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:52AM Sunset: 5:34PM <b>Devaloka Day</b>
	Kanya Rasi: 25.5	Tithi 1 – 2		<b>Navaratri Begins</b>			Ashvina-Puratasi
	Creative Work	Siddha Yoga					Sun 15 Sutra 179 Plava 5123 Moon 9 - Phase 23 - 15 Prathama

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1 times are standard time. Calculated for Shanghai, China on 5/23/

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<b>1</b>		<b>Friday, October 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Shanghai, China Sun 16 Sutra 180 Plava 5123		
Tula Rasi: 10.29	Tithi 2 - 3	<b>Gulika</b> 7:20AM - 8:47AM	<b>Svati</b> Until 9:22PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:52AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24 - 16 3rd Phase
Creative Work	Siddha Yoga	Yama 2:37PM - 4:05PM	Vishkambha* Until 12:33AM Sat	<b>Nataraja:</b> Purple				<b>Subha Sivaloka Day</b>
		666415464 <b>Rahu</b> 10:15AM - 11:42AM	Taitila Until 11:52PM	Moon - Green				<b>Ashvina+Puratasi</b>
			<b>Dvitiya</b> Until 1:21PM					
<b>2</b>		<b>Saturday, October 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Prithi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Shanghai, China Sun 17 Sutra 181 Plava 5123		
Tula Rasi: 25.12	Tithi 3 - 4	<b>Gulika</b> 5:53AM - 7:20AM	<b>Vishakha</b> Until 7:16PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 24 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 1:09PM - 2:37PM	Priti Until 8:58PM	<b>Nataraja:</b> Purple				<b>Subha Sivaloka Day</b>
		676415464 <b>Rahu</b> 8:48AM - 10:15AM	Vanija Until 8:52PM	Moon - Orange				<b>Ashvina+Puratasi</b>
			<b>Tritiya</b> Until 10:20AM					
<b>3</b>		<b>Sunday, October 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Vistii/Bava Karana Chaturthi/Panchamyam Titau		Shanghai, China Sun 18 Sutra 182 Plava 5123		
Vrischika Rasi: 9.52	Tithi 4 - 5	<b>Gulika</b> 2:36PM - 4:03PM	<b>Anuradha</b> Until 5:11PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 24 - 18 3rd Phase
Routine Work	Marana Yoga	Yama 11:42AM - 1:09PM	Ayushman Until 5:29PM	<b>Nataraja:</b> Purple				<b>Subha Sivaloka Day</b>
		676415464 <b>Rahu</b> 4:03PM - 5:30PM	Bava Until 6:02PM	Moon - Orange				<b>Ashvina+Puratasi</b>
			<b>Chaturthi*</b> Until 7:24AM					
<b>4</b>		<b>Monday, October 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau		Shanghai, China Sun 19 Sutra 183 Plava 5123		
Vrischika Rasi: 24.23	Tithi 6	<b>Gulika</b> 1:08PM - 2:35PM	<b>Jyeshtha*</b> Until 3:12PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24 - 19 3rd Phase
<b>Family Home Evening</b>		Yama 10:15AM - 11:42AM	Saubhagya Until 2:13PM	<b>Nataraja:</b> Purple				<b>Sivaloka Day</b>
Creative Work	Siddha Yoga	676515464 <b>Rahu</b> 7:21AM - 8:48AM	Kaulava Until 3:27PM	Moon - Orange				<b>Ashvina+Puratasi</b>
			<b>Shashthi*</b> Until 2:16AM Tue					
<b>5</b>		<b>Tuesday, October 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Shanghai, China Sun 20 Sutra 184 Plava 5123		
Dhanus Rasi: 8.42	Tithi 7	<b>Gulika</b> 11:41AM - 1:08PM	<b>Mula*</b> Until 1:50PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 24 - 20 3rd Phase
Creative Work	Amrita Yoga	Yama 8:48AM - 10:15AM	Sobhana Until 11:14AM	<b>Nataraja:</b> Purple				<b>Subha Sivaloka Day</b>
Until 1:50PM		686515464 <b>Rahu</b> 2:34PM - 4:01PM	Gara Until 1:12PM	Moon - Light Blue				<b>Ashvina+Puratasi</b>
Then Creative Work - Siddha Yoga			<b>Saptami</b> Until 12:12AM Wed					
<b>Retreat Star</b>		<b>Wednesday, October 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Shanghai, China Sun 21 Sutra 185 Plava 5123		
Dhanus Rasi: 22.46	Tithi 8	<b>Gulika</b> 10:15AM - 11:41AM	<b>Purvashadha*</b> Until 12:43PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 24 - 21 Ashtami
Creative Work	Amrita Yoga	Yama 7:22AM - 8:48AM	Athiganda* Until 8:33AM	<b>Nataraja:</b> Purple				<b>Subha Sivaloka Day</b>
		686515464 <b>Rahu</b> 11:41AM - 1:07PM	Visti Until 11:21AM	Moon - Light Blue				<b>Ashvina+Puratasi</b>
			<b>Ashtami*</b> Until 10:33PM					
			<b>Durga Ashtami</b>					
<b>Retreat Star</b>		<b>Thursday, October 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Shanghai, China Sun 22 Sutra 186 Plava 5123		
Makara Rasi: 6.34	Tithi 9	<b>Gulika</b> 8:49AM - 10:15AM	<b>Uttarashadha</b> Until 11:52AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 24 - 22 Navami
Routine Work	Marana Yoga	Yama 5:56AM - 7:23AM	Sukarma Until 6:12AM	<b>Nataraja:</b> Purple				<b>Subha Sivaloka Day</b>
Until 11:52AM		686515464 <b>Rahu</b> 1:07PM - 2:33PM	Balava Until 9:54AM	Moon - Light Blue				<b>Ashvina+Puratasi</b>
Then Creative Work - Siddha Yoga			<b>Navami*</b> Until 9:20PM					
			<b>Saraswathi Puja (Tamil Nadu)</b>					

<b>1</b>		<b>Friday, October 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau		Shanghai, China Sun 23 Sutra 187 Plava 5123	
Makara Rasi: 20.08	Tithi 10	<b>Gulika</b> 7:23AM – 8:49AM	<b>Shravana Until 11:43AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:24PM
		Yama 2:32PM – 3:58PM	Shula* Until 2:30AM Sat				Moon 9 - Phase 25 - 23
		697515464 <b>Rahu</b> 10:15AM – 11:41AM	Taitila Until 8:53AM	<b>Nataraja:</b> Purple			4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 8:31PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
Until 11:43AM						<b>Ashvina+Puratasi</b>	
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, October 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau		Shanghai, China Sun 24 Sutra 188 Plava 5123	
Kumbha Rasi: 3.27	Tithi 11	<b>Gulika</b> 5:58AM – 7:23AM	<b>Dhanishtha Until 11:50AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:23PM
		Yama 1:06PM – 2:32PM	Ganda* Until 1:09AM Sun				Moon 9 - Phase 25 - 24
		697515464 <b>Rahu</b> 8:49AM – 10:15AM	Vanija Until 8:18AM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 8:08PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
Until 11:50AM		<b>Kadaitswami Mahasamadhi</b>				<b>Ashvina+Puratasi</b>	
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Sunday, October 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau		Shanghai, China Sun 25 Sutra 189 Plava 5123	
Kumbha Rasi: 16.33	Tithi 12	<b>Gulika</b> 2:31PM – 3:56PM	<b>Shatabhishak Until 12:13PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:22PM
		Yama 11:40AM – 1:06PM	Vriddhi Until 12:08AM Mon				Moon 9 - Phase 25 - 25
		697515464 <b>Rahu</b> 3:56PM – 5:22PM	Bava Until 8:07AM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 8:10PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
						<b>Ashvina+Aipasi</b>	
<b>4</b>		<b>Monday, October 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosnthapada*Uttaraprosnthapada Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau		Shanghai, China Sun 26 Sutra 190 Plava 5123	
Kumbha Rasi: 29.26	Tithi 13	<b>Gulika</b> 1:05PM – 2:30PM	<b>Purvaprosnthapada* Until 1:18PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:21PM
<b>Family Home Evening</b>		Yama 10:15AM – 11:40AM	Dhruva Until 11:26PM				Moon 9 - Phase 25 - 26
Routine Work	Marana Yoga	617515464 <b>Rahu</b> 7:24AM – 8:50AM	Kaulava Until 8:22AM	<b>Nataraja:</b> Purple			4th Phase
Until 1:18PM			<b>Trayodashi Until 8:38PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga						<b>Ashvina+Aipasi</b>	
						<i>Pradosha Vrata</i>	
<b>5</b>		<b>Tuesday, October 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosnthapada/Revati Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau		Shanghai, China Sun 27 Sutra 191 Plava 5123	
Meena Rasi: 12.07	Tithi 14	<b>Gulika</b> 11:40AM – 1:05PM	<b>Uttaraprosnthapada Until 2:41PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:00AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:20PM
		Yama 8:50AM – 10:15AM	Vyaghata* Until 11:05PM				Moon 9 - Phase 25 - 27
		617515464 <b>Rahu</b> 2:30PM – 3:55PM	Gara Until 9:03AM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 9:33PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 2:41PM						<b>Ashvina+Aipasi</b>	
Then Creative Work - Siddha Yoga							
<b>○</b>		<b>Wednesday, October 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau		Shanghai, China Sutra 192 Plava 5123	
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:15AM – 11:40AM	<b>Revati Until 4:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:19PM
Meena Rasi: 24.35	Tithi 15	Yama 7:25AM – 8:50AM	Harshana Until 11:07PM				Moon 9 - Phase 25 - Purnima
		617515464 <b>Rahu</b> 11:40AM – 1:04PM	Visti Until 10:12AM	<b>Nataraja:</b> Purple			
Routine Work	Marana Yoga		<b>Purnima* Until 10:56PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
						<b>Ashvina+Aipasi</b>	
<b>Thursday, October 21, 2021</b>		<b>Silver Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau		Shanghai, China Sutra 193 Plava 5123	
Mesha Rasi: 6.52	Tithi 16	<b>Gulika</b> 8:50AM – 10:15AM	<b>Ashvini Until 6:45PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:17PM
		Yama 6:01AM – 7:26AM	Vajra* Until 11:27PM				Moon 9 - Phase 25 - Prathama
		627515464 <b>Rahu</b> 1:04PM – 2:28PM	Balava Until 11:49AM	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga		<b>Prathama* Until 12:46AM Fri</b>	Moon – White		<b>Subha Sivaloka Day</b>	
Until 6:45PM						<b>Ashvina+Aipasi</b>	
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/

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**Friday, October 22, 2021**  
**Gold Retreat Star**

Mesha Rasi: 18.58      Tithi 17  
Creative Work      Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 7:26AM – 8:51AM  
Yama 2:28PM – 3:52PM  
**Rahu** 10:15AM – 11:39AM

**Bharani Until 9:25PM**  
Siddhi Until 12:07AM Sat  
Taitila Until 1:52PM  
**Dvitiya Until 3:01AM Sat**

Shanghai, China  
Sun 1      Sutra 194  
Plava 5123  
Moon 10 - Phase 26 - 1  
1st Phase

**Ganesha:** Clear      *Sunrise:* 6:02AM  
**Muruqa:** White      *Sunset:* 5:16PM  
**Nataraja:** Purple  
Moon – White

**Subha Sivaloka Day**  
**Ashvina-Aipasi**

**1**

**Saturday, October 23, 2021**

Wrishabha Rasi: 0.55      Tithi 18  
Creative Work      Amrita Yoga  
Until 12:13AM Sun  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vyatipata\* Yoga Vanija/Visli\* Karana Tritiyayam Titau

**Gulika** 6:03AM – 7:27AM  
Yama 1:03PM – 2:27PM  
**Rahu** 8:51AM – 10:15AM

**Krittika Until 12:13AM Sun**  
Vyatipata\* Until 1:02AM Sun  
Vanija Until 4:17PM  
**Tritiya Until 5:34AM Sun**

Shanghai, China  
Sun 2      Sutra 195  
Plava 5123  
Moon 10 - Phase 26 - 2  
1st Phase

**Ganesha:** Clear      *Sunrise:* 6:03AM  
**Muruqa:** White      *Sunset:* 5:15PM  
**Nataraja:** Purple  
Moon – White

**Subha Sivaloka Day**  
**Ashvina-Aipasi**

**2**

**Sunday, October 24, 2021**

Wrishabha Rasi: 12.45      Tithi 19  
Creative Work      Siddha Yoga  
Until 3:32AM Mon  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Bava Karana Chaturthyam Titau

**Gulika** 2:27PM – 3:51PM  
Yama 11:39AM – 1:03PM  
**Rahu** 3:51PM – 5:14PM

**Rohini Until 3:32AM Mon**  
Variyan Until 2:03AM Mon  
Bava Until 6:56PM  
**Chaturthi\* Until 8:16AM Mon**

Shanghai, China  
Sun 3      Sutra 196  
Plava 5123  
Moon 10 - Phase 26 - 3  
1st Phase

**Ganesha:** Purple      *Sunrise:* 6:04AM  
**Muruqa:** White      *Sunset:* 5:14PM  
**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**  
**Ashvina-Aipasi**

**3**

**Monday, October 25, 2021**

Wrishabha Rasi: 24.32      Tithi 19 – 20  
**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 6:41AM Tue  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 1:02PM – 2:26PM  
Yama 10:15AM – 11:39AM  
**Rahu** 7:28AM – 8:52AM

**Mrigashira Until 6:41AM Tue**  
Parigha\* Until 3:05AM Tue  
Kaulava Until 9:39PM  
**Chaturthi\* Until 8:16AM**

Shanghai, China  
Sun 4      Sutra 197  
Plava 5123  
Moon 10 - Phase 26 - 4  
1st Phase

**Ganesha:** Purple      *Sunrise:* 6:04AM  
**Muruqa:** White      *Sunset:* 5:13PM  
**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**  
**Ashvina-Aipasi**

**4**

**Tuesday, October 26, 2021**

Mithuna Rasi: 6.19      Tithi 20 – 21  
Creative Work      Siddha Yoga  
Until 6:41AM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 11:39AM – 1:02PM  
Yama 8:52AM – 10:15AM  
**Rahu** 2:26PM – 3:49PM

**Mrigashira Until 6:41AM**  
Shiva Until 4:01AM Wed  
Gara Until 12:13AM Wed  
**Panchami Until 10:57AM**

Shanghai, China  
Sun 5      Sutra 198  
Plava 5123  
Moon 10 - Phase 26 - 5  
1st Phase

**Ganesha:** Purple      *Sunrise:* 6:05AM  
**Muruqa:** White      *Sunset:* 5:12PM  
**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**  
**Ashvina-Aipasi**

**5**

**Wednesday, October 27, 2021**

Mithuna Rasi: 18.11      Tithi 21 – 22  
Creative Work      Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

**Gulika** 10:15AM – 11:39AM  
Yama 7:29AM – 8:52AM  
**Rahu** 11:39AM – 1:02PM

**Ardra Until 9:28AM**  
Siddha Until 4:37AM Thu  
Visli Until 2:27AM Thu  
**Shashthi\* Until 1:22PM**

Shanghai, China  
Sun 6      Sutra 199  
Plava 5123  
Moon 10 - Phase 26 - 6  
1st Phase

**Ganesha:** Purple      *Sunrise:* 6:06AM  
**Muruqa:** White      *Sunset:* 5:11PM  
**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**  
**Ashvina-Aipasi**

**6**

**Thursday, October 28, 2021**

Kataka Rasi: 0.11      Tithi 22 – 23  
Creative Work      Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

**Gulika** 8:53AM – 10:16AM  
Yama 6:07AM – 7:30AM  
**Rahu** 1:02PM – 2:25PM

**Punarvasu Until 12:11PM**  
Sadhya Until 4:48AM Fri  
Balava Until 4:07AM Fri  
**Saptami Until 3:21PM**

Shanghai, China  
Sun 7      Sutra 200  
Plava 5123  
Moon 10 - Phase 26 - 7  
1st Phase

**Ganesha:** White      *Sunrise:* 6:07AM  
**Muruqa:** Clear      *Sunset:* 5:10PM  
**Nataraja:** Purple  
Moon – Blue

**Subha Sivaloka Day**  
**Ashvina-Aipasi**

**Retreat Star**

**Friday, October 29, 2021**

Kataka Rasi: 12.26      Tithi 23 – 24  
Routine Work      Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 7:30AM – 8:53AM  
Yama 2:24PM – 3:47PM  
**Rahu** 10:16AM – 11:38AM

**Pushya Until 2:08PM**  
Subha Until 4:27AM Sat  
Taitila Until 5:05AM Sat  
**Ashtami\* Until 4:41PM**

Shanghai, China  
Sun 8      Sutra 201  
Plava 5123  
Moon 10 - Phase 26 - 8  
Ashtami

**Ganesha:** White      *Sunrise:* 6:07AM  
**Muruqa:** Clear      *Sunset:* 5:10PM  
**Nataraja:** Purple  
Moon – Blue

**Subha Sivaloka Day**  
**Ashvina-Aipasi**

**Saturday, October 30, 2021**

**Retreat Star**

Kataka Rasi: 25      Tithi 24 – 25  
Routine Work      Marana Yoga  
Until 3:12PM  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\* Magha\* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 6:08AM – 7:31AM  
Yama 1:01PM – 2:24PM  
**Rahu** 8:53AM – 10:16AM

**Ashlesha\* Until 3:12PM**  
Sukla Until 3:28AM Sun  
Vanija Until 5:14AM Sun  
**Navami\* Until 5:15PM**

Shanghai, China  
Sun 9      Sutra 202  
Plava 5123  
Moon 10 - Phase 26 - 9  
Navami

**Ganesha:** White      *Sunrise:* 6:08AM  
**Muruqa:** Clear      *Sunset:* 5:09PM  
**Nataraja:** Purple  
Moon – Blue

**Subha Sivaloka Day**  
**Ashvina-Aipasi**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1</b>		<b>Sunday, October 31, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Visi*/Bava Karana Dashami/Ekodashyam Tilau		Shanghai, China Sun 10 Sutra 203 Plava 5123	
Simha Rasi: 7.56	Tithi 25 – 26	<b>Gulika</b> 2:23PM – 3:45PM	<b>Magha* Until 3:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM
		Yama 11:38AM – 1:01PM	Brahma Until 1:49AM Mon				Moon 10 - Phase 27 - 10
		659525464 <b>Rahu</b> 3:45PM – 5:08PM	Bava Until 4:33AM Mon	<b>Nataraja:</b> Purple			2nd Phase
Routine Work	Marana Yoga		<b>Dashami Until 4:59PM</b>	<b>Ashvina-Aipasi</b>			<b>Sivaloka Day</b>
Until 3:46PM							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, November 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau		Shanghai, China Sun 11 Sutra 204 Plava 5123	
Simha Rasi: 21.19	Tithi 26 – 27	<b>Gulika</b> 1:00PM – 2:23PM	<b>Purvaphalguni Until 3:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:07PM
<b>Family Home Evening</b>		Yama 10:16AM – 11:38AM	Indra Until 11:34PM				Moon 10 - Phase 27 - 11
		659525464 <b>Rahu</b> 7:32AM – 8:54AM	Kaulava Until 3:05AM Tue	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 3:54PM</b>	<b>Ashvina-Aipasi</b>			<b>Sivaloka Day</b>

<b>3</b>		<b>Tuesday, November 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau		Shanghai, China Sun 12 Sutra 205 Plava 5123	
Kanya Rasi: 5.08	Tithi 27 – 28	<b>Gulika</b> 11:38AM – 1:00PM	<b>Uttaraphalguni Until 2:07PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM
		Yama 8:54AM – 10:16AM	Vaidhriti* Until 8:43PM				Moon 10 - Phase 27 - 12
		659525464 <b>Rahu</b> 2:22PM – 3:44PM	Gara Until 12:55AM Wed	<b>Nataraja:</b> Purple			2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi* Until 2:03PM</b>	<b>Ashvina-Aipasi</b>			<b>Sivaloka Day</b>
Until 2:07PM							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, November 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Tilau		Shanghai, China Sun 13 Sutra 206 Plava 5123	
Kanya Rasi: 19.23	Tithi 28 – 29	<b>Gulika</b> 10:17AM – 11:38AM	<b>Hasta Until 12:30PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM
		Yama 7:33AM – 8:55AM	Vishkambha* Until 5:23PM				Moon 10 - Phase 27 - 13
		659525464 <b>Rahu</b> 11:38AM – 1:00PM	Visti Until 10:11PM	<b>Nataraja:</b> Purple			2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 11:35AM</b>	<b>Ashvina-Aipasi</b>			<b>Sivaloka Day</b>
Until 12:30PM							
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Mahasamadhi</b>					
		<b>Deepavali Hindu Solidarity Day</b>					

<b>Retreat Star</b>		<b>Thursday, November 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Guru Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau		Shanghai, China Sun 14 Sutra 207 Plava 5123	
Tula Rasi: 4.02	Tithi 29 – 30	<b>Gulika</b> 8:55AM – 10:17AM	<b>Chitra Until 10:15AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM
		Yama 6:12AM – 7:34AM	Priti Until 1:42PM				Moon 10 - Phase 27 - 14
		659525464 <b>Rahu</b> 1:00PM – 2:21PM	Catuspada Until 7:01PM	<b>Nataraja:</b> Purple			Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:37AM</b>	<b>Ashvina-Aipasi</b>			<b>Sivaloka Day</b>
Until 10:15AM							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Friday, November 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Tilau		Shanghai, China Sun 15 Sutra 208 Plava 5123	
Tula Rasi: 18.56	Tithi 1	<b>Gulika</b> 7:34AM – 8:56AM	<b>Svati Until 7:32AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:13AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM
		Yama 2:21PM – 3:42PM	Ayushman Until 9:44AM				Moon 10 - Phase 27 - 15
		659525464 <b>Rahu</b> 10:17AM – 11:38AM	Kintughna Until 3:36PM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 1:49AM Sat</b>	<b>Kartika-Aipasi</b>			<b>Devaloka Day</b>
		<b>Skanda Shasthi Begins</b>					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/

www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, November 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau	Shanghai, China Sun 16 Sutra 209 Plava 5123
Wrischika Rasi: 3.59	Tithi 2	671625464	<b>Gulika</b> 6:14AM – 7:35AM <b>Yama</b> 12:59PM – 2:21PM <b>Rahu</b> 8:56AM – 10:17AM	<b>Anuradha</b> Until 2:11AM Sun Sobhana Until 1:36AM Sun Balava Until 12:04PM <b>Dvitiya</b> Until 10:18PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:14AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:03PM <b>Nataraja:</b> Purple Moon – Orange <b>Devaloka Day</b> Kartika•Aipasi
Creative Work Siddha Yoga		Until 2:11AM Sun		Then Routine Work - Marana Yoga	
<b>2</b>		<b>Sunday, November 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau	Shanghai, China Sun 17 Sutra 210 Plava 5123
Wrischika Rasi: 19.02	Tithi 3	771625464	<b>Gulika</b> 2:20PM – 3:41PM <b>Yama</b> 11:38AM – 12:59PM <b>Rahu</b> 3:41PM – 5:02PM	<b>Jyeshtha*</b> Until 11:27PM Athiganda* Until 9:38PM Taitila Until 8:36AM <b>Tritiya</b> Until 6:55PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:02PM <b>Nataraja:</b> Purple Moon – Orange <b>Devaloka Day</b> Kartika•Aipasi
Routine Work Marana Yoga		Until 11:27PM		Then Creative Work - Amrita Yoga	
<b>3</b>		<b>Monday, November 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Shanghai, China Sun 18 Sutra 211 Plava 5123
Dhanus Rasi: 3.57	Tithi 4 – 5	781625464	<b>Gulika</b> 12:59PM – 2:20PM <b>Yama</b> 10:18AM – 11:38AM <b>Rahu</b> 7:36AM – 8:57AM	<b>Mula*</b> Until 9:18PM Sukarma Until 5:55PM Bava Until 2:23AM Tue <b>Chaturthi*</b> Until 3:47PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Devaloka Day</b> Kartika•Aipasi
Family Home Evening		Until 9:18PM		Then Routine Work - Marana Yoga	
<b>4</b>		<b>Tuesday, November 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Shanghai, China Sun 19 Sutra 212 Plava 5123
Dhanus Rasi: 18.36	Tithi 5 – 6	781625464	<b>Gulika</b> 11:38AM – 12:59PM <b>Yama</b> 8:57AM – 10:18AM <b>Rahu</b> 2:20PM – 3:40PM	<b>Purvashadha*</b> Until 7:26PM Dhriti Until 2:33PM Kaulava Until 11:55PM <b>Panchami</b> Until 1:04PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Devaloka Day</b> Kartika•Aipasi
Creative Work Siddha Yoga		Until 7:26PM		Then Routine Work - Prabararishta Yoga	
<b>5</b>		<b>Wednesday, November 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Shanghai, China Sun 20 Sutra 213 Plava 5123
Makara Rasi: 2.55	Tithi 6 – 7	781625464	<b>Gulika</b> 10:18AM – 11:39AM <b>Yama</b> 7:37AM – 8:58AM <b>Rahu</b> 11:39AM – 12:59PM	<b>Uttarashadha</b> Until 5:58PM Shula* Until 11:35AM Gara Until 10:00PM <b>Shashthi*</b> Until 10:52AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:17AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:00PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Devaloka Day</b> Kartika•Aipasi
Creative Work Amrita Yoga		Until 5:58PM		Then Creative Work - Siddha Yoga	
<b>Retreat Star</b>		<b>Thursday, November 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Shanghai, China Sun 21 Sutra 214 Plava 5123
Makara Rasi: 16.5	Tithi 7 – 8	791625464	<b>Gulika</b> 8:58AM – 10:18AM <b>Yama</b> 6:18AM – 7:38AM <b>Rahu</b> 12:59PM – 2:19PM	<b>Shravana</b> Until 5:23PM Ganda* Until 9:06AM Visti Until 8:42PM <b>Saptami</b> Until 9:15AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:18AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:59PM <b>Nataraja:</b> Purple Moon – Purple <b>Sivaloka Day</b> Kartika•Aipasi
Creative Work Siddha Yoga		Until 9:15AM		Then Routine Work - Siddha Yoga	
<b>Retreat Star</b>		<b>Friday, November 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Shanghai, China Sun 22 Sutra 215 Plava 5123
Kumbha Rasi: 0.23	Tithi 8 – 9	791625464	<b>Gulika</b> 7:39AM – 8:59AM <b>Yama</b> 2:19PM – 3:39PM <b>Rahu</b> 10:19AM – 11:39AM	<b>Dhanishtha</b> Until 5:18PM Vridhi Until 7:09AM Balava Until 8:04PM <b>Ashtami*</b> Until 8:17AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:59PM <b>Nataraja:</b> Purple Moon – Purple <b>Sivaloka Day</b> Kartika•Aipasi
Creative Work Siddha Yoga		Until 8:17AM		Then Routine Work - Siddha Yoga	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/

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<b>1</b>	<b>Saturday, November 13, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Shanghai, China
	Sun 23	Sutra 216	Plava 5123
Kumbha Rasi: 13.35	Tithi 9 – 10	<b>Gulika</b> 6:20AM – 7:39AM <b>Yama</b> 12:59PM – 2:19PM <b>Rahu</b> 8:59AM – 10:19AM	<b>Shatabhishak</b> Until 5:41PM Vyaghata* Until 4:42AM Sun Taitila Until 8:04PM Navami* Until 7:58AM
791625464		<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Purple	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 4:58PM
Creative Work Amrita Yoga			<b>Sivaloka Day</b>
Until 5:41PM			
Then Routine Work - Marana Yoga			

<b>2</b>	<b>Sunday, November 14, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Shanghai, China
	Sun 24	Sutra 217	Plava 5123
Kumbha Rasi: 26.28	Tithi 10 – 11	<b>Gulika</b> 2:18PM – 3:38PM <b>Yama</b> 11:39AM – 12:59PM <b>Rahu</b> 3:38PM – 4:58PM	<b>Purvaproshtapada*</b> Until 6:58PM Harshana Until 4:11AM Mon Vanija Until 8:40PM Dashami Until 8:16AM
711625464		<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 6:20AM <b>Sunset:</b> 4:58PM
Creative Work Siddha Yoga			<b>Sivaloka Day</b>
Until 6:58PM			
Then Creative Work - Amrita Yoga			

<b>3</b>	<b>Monday, November 15, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Shanghai, China
	Sun 25	Sutra 218	Plava 5123
Meena Rasi: 9.05	Tithi 11 – 12	<b>Gulika</b> 12:59PM – 2:18PM <b>Yama</b> 10:20AM – 11:39AM <b>Rahu</b> 7:41AM – 9:00AM	<b>Uttaraproshtapada</b> Until 8:37PM Vajra* Until 4:02AM Tue Bava Until 9:48PM Ekadashi Until 9:09AM
712625464		<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 4:57PM
Family Home Evening			<b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga			

<b>4</b>	<b>Tuesday, November 16, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Shanghai, China
	Sun 26	Sutra 219	Plava 5123
Meena Rasi: 21.28	Tithi 12 – 13	<b>Gulika</b> 11:39AM – 12:59PM <b>Yama</b> 9:01AM – 10:20AM <b>Rahu</b> 2:18PM – 3:37PM	<b>Revati</b> Until 10:33PM Siddhi Until 4:14AM Wed Kaulava Until 11:24PM Dvadashi Until 10:32AM
712625464		<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Clear	<b>Sunrise:</b> 6:22AM <b>Sunset:</b> 4:57PM
Creative Work Siddha Yoga			<b>Subha Sivaloka Day</b>
			<i>Pradosha Vrata</i>

<b>5</b>	<b>Wednesday, November 17, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Shanghai, China
	Sun 27	Sutra 220	Plava 5123
Mesha Rasi: 3.4	Tithi 13 – 14	<b>Gulika</b> 10:20AM – 11:40AM <b>Yama</b> 7:42AM – 9:01AM <b>Rahu</b> 11:40AM – 12:59PM	<b>Ashvini</b> Until 1:12AM Thu Vyatipata* Until 4:44AM Thu Gara Until 1:25AM Thu Trayodashi Until 12:21PM
722625465		<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 4:56PM
Routine Work Marana Yoga			<b>Devaloka Day</b>
Until 1:12AM Thu			
Then Creative Work - Siddha Yoga			

	<b>Thursday, November 18, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Shanghai, China
	Sun 28	Sutra 221	Plava 5123
Mesha Rasi: 15.43	Tithi 14 – 15	<b>Gulika</b> 9:02AM – 10:21AM <b>Yama</b> 6:24AM – 7:43AM <b>Rahu</b> 12:59PM – 2:18PM	<b>Bharani</b> Until 3:59AM Fri Variyan Until 5:27AM Fri Visti Until 3:45AM Fri Chaturdashi* Until 2:31PM
722625465		<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 4:56PM
Creative Work Siddha Yoga			<b>Devaloka Day</b>

<b>6</b>	<b>Friday, November 19, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Shanghai, China
	Sun 29	Sutra 222	Plava 5123
Mesha Rasi: 27.39	Tithi 15 – 16	<b>Gulika</b> 7:44AM – 9:02AM <b>Yama</b> 2:18PM – 3:36PM <b>Rahu</b> 10:21AM – 11:40AM	<b>Krittika</b> Until 6:49AM Sat Parigha* Until 6:20AM Sat Balava Until 6:18AM Sat Purnima* Until 4:59PM
722625465		<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:25AM <b>Sunset:</b> 4:55PM
Creative Work Siddha Yoga			<b>Devaloka Day</b>
Until 6:49AM Sat			
Then Creative Work - Amrita Yoga		<b>Vinayaga Viratam Begins</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau

Shanghai, China

Sun 1 Sutra 223

Plava 5123

Moon 11 - Phase 30 - 1

1st Phase

Wrishabha Rasi: 9.3 Tithi 16

722625465

Gulika 6:26AM - 7:44AM

Yama 12:59PM - 2:18PM

Rahu 9:03AM - 10:22AM

Krittika Until 6:49AM

Parigha\* Until 6:20AM

Balava Until 6:18AM

Prathama\* Until 7:37PM

Ganesha: Clear Sunrise: 6:26AM

Muruqa: Clear Sunset: 4:55PM

Nataraja: Clear

Moon - White

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Krittika Deepam

Sunday, November 21, 2021

1

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Shanghai, China

Sun 2 Sutra 224

Plava 5123

Moon 11 - Phase 30 - 2

1st Phase

Wrishabha Rasi: 21.18 Tithi 17

732625465

Gulika 2:17PM - 3:36PM

Yama 11:40AM - 12:59PM

Rahu 3:36PM - 4:54PM

Rohini Until 10:07AM

Shiva Until 7:20AM

Taitila Until 9:00AM

Dvitiya Until 10:20PM

Ganesha: Purple Sunrise: 6:27AM

Muruqa: Clear Sunset: 4:54PM

Nataraja: Clear

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Monday, November 22, 2021

2

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Shanghai, China

Sun 3 Sutra 225

Plava 5123

Moon 11 - Phase 30 - 3

1st Phase

Mithuna Rasi: 3.05 Tithi 18

732625465

Gulika 12:59PM - 2:17PM

Yama 10:22AM - 11:41AM

Rahu 7:46AM - 9:04AM

Mrigashira Until 1:14PM

Siddha Until 8:19AM

Vanija Until 11:42AM

Tritiya Until 1:00AM Tue

Ganesha: Purple Sunrise: 6:27AM

Muruqa: Clear Sunset: 4:54PM

Nataraja: Clear

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 1:14PM

Then Creative Work - Siddha Yoga

Tuesday, November 23, 2021

3

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 4 Sutra 226

Plava 5123

Moon 11 - Phase 30 - 4

1st Phase

Mithuna Rasi: 14.55 Tithi 19

732625465

Gulika 11:41AM - 12:59PM

Yama 9:05AM - 10:23AM

Rahu 2:17PM - 3:36PM

Ardra Until 4:04PM

Sadhya Until 9:14AM

Bava Until 2:17PM

Chaturthi\* Until 3:28AM Wed

Ganesha: Purple Sunrise: 6:28AM

Muruqa: Clear Sunset: 4:54PM

Nataraja: Clear

Moon - Yellow

Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga

Until 4:04PM

Then Creative Work - Siddha Yoga

Wednesday, November 24, 2021

4

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 5 Sutra 227

Plava 5123

Moon 11 - Phase 30 - 5

1st Phase

Mithuna Rasi: 26.5 Tithi 20

742625465

Gulika 10:23AM - 11:41AM

Yama 7:47AM - 9:05AM

Rahu 11:41AM - 12:59PM

Punarvasu Until 6:59PM

Subha Until 9:59AM

Kaulava Until 4:36PM

Panchami Until 5:36AM Thu

Ganesha: Clear Sunrise: 6:29AM

Muruqa: Clear Sunset: 4:53PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

Thursday, November 25, 2021

5

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Gara Karana Shashthyam Titau

Shanghai, China

Sun 6 Sutra 228

Plava 5123

Moon 11 - Phase 30 - 6

1st Phase

Kataka Rasi: 8.52 Tithi 21

742625465

Gulika 9:06AM - 10:24AM

Yama 6:30AM - 7:48AM

Rahu 12:59PM - 2:17PM

Pushya Until 9:19PM

Sukla Until 10:26AM

Gara Until 6:31PM

Shashthi\* Until 7:15AM Fri

Ganesha: Clear Sunrise: 6:30AM

Muruqa: Clear Sunset: 4:53PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Devaloka Day

Creative Work Amrita Yoga

Until 9:19PM

Then Creative Work - Siddha Yoga

Friday, November 26, 2021

6

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Shanghai, China

Sun 7 Sutra 229

Plava 5123

Moon 11 - Phase 30 - 7

1st Phase

Kataka Rasi: 21.06 Tithi 21 - 22

742625465

Gulika 7:49AM - 9:06AM

Yama 2:17PM - 3:35PM

Rahu 10:24AM - 11:42AM

Ashlesha\* Until 10:57PM

Brahma Until 10:30AM

Visti Until 7:52PM

Shashthi\* Until 7:15AM

Ganesha: Clear Sunrise: 6:31AM

Muruqa: Clear Sunset: 4:53PM

Nataraja: Clear

Moon - Blue

Karttika-Karttikai

Devaloka Day

Routine Work Marana Yoga

Saturday, November 27, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 8 Sutra 230

Plava 5123

Moon 11 - Phase 30 - 8

Ashtami

Simha Rasi: 4 Tithi 22 - 23

752625465

Gulika 6:32AM - 7:49AM

Yama 1:00PM - 2:17PM

Rahu 9:07AM - 10:25AM

Magha\* Until 12:14AM Sun

Indra Until 10:07AM

Balava Until 8:32PM

Saptami Until 8:16AM

Ganesha: White Sunrise: 6:32AM

Muruqa: Clear Sunset: 4:53PM

Nataraja: Clear

Moon - Red

Karttika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 12:14AM Sun

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 9 Sutra 231

Plava 5123

Moon 11 - Phase 30 - 9

Navami

Simha Rasi: 16.26 Tithi 23 - 24

752625465

Gulika 2:18PM - 3:35PM

Yama 11:43AM - 1:00PM

Rahu 3:35PM - 4:53PM

Purvaphalguni Until 12:37AM Mon

Vaidhriti\* Until 9:07AM

Taitila Until 8:26PM

Ashtami\* Until 8:34AM

Ganesha: White Sunrise: 6:32AM

Muruqa: Clear Sunset: 4:53PM

Nataraja: Clear

Moon - Red

Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/

www.gurudeva.org/panchang


<b>1</b>	<b>Monday, November 29, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Shanghai, China Sun 10 Sutra 232 Plava 5123	
	Simha Rasi: 29.4	Tithi 24 – 25	<b>Gulika</b> 1:00PM – 2:18PM	<b>Uttaraphalguni</b> Until 12:04AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM		
	<b>Family Home Evening</b>	753625465	<b>Yama</b> 10:25AM – 11:43AM	Vishkambha* Until 7:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 10	
	Creative Work	Siddha Yoga	<b>Rahu</b> 7:51AM – 9:08AM	Vanija Until 7:32PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Navami*</b> Until 8:04AM		<b>Moon – Red</b>	<b>Devaloka Day</b>		
					<b>Karttika-Karttikai</b>			

<b>2</b>	<b>Tuesday, November 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 11 Sutra 233 Plava 5123	
	Kanya Rasi: 13.19	Tithi 25 – 26	<b>Gulika</b> 11:43AM – 1:01PM	<b>Hasta</b> Until 11:04PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM		
		763725465	<b>Yama</b> 9:09AM – 10:26AM	Ayushman Until 2:32AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 11	
	Creative Work	Siddha Yoga	<b>Rahu</b> 2:18PM – 3:35PM	Balava Until 4:46AM Wed	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dashami</b> Until 6:47AM		<b>Moon – Green</b>	<b>Bhuloka Day</b>		
					<b>Karttika-Karttikai</b>	Devaloka Time: 3:PM to 6:PM		

<b>3</b>	<b>Wednesday, December 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Shanghai, China Sun 12 Sutra 234 Plava 5123	
	Kanya Rasi: 27.26	Tithi 27	<b>Gulika</b> 10:26AM – 11:44AM	<b>Chitra</b> Until 9:17PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:35AM		
		763725465	<b>Yama</b> 7:52AM – 9:09AM	Saubhagya Until 11:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 12	
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:44AM – 1:01PM	Kaulava Until 3:32PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Dvadashi*</b> Until 2:07AM Thu		<b>Moon – Green</b>	<b>Devaloka Day</b>		
					<b>Karttika-Karttikai</b>			

<b>4</b>	<b>Thursday, December 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau				Shanghai, China Sun 13 Sutra 235 Plava 5123	
	Tula Rasi: 11.59	Tithi 28	<b>Gulika</b> 9:10AM – 10:27AM	<b>Svati</b> Until 6:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM		
		763725465	<b>Yama</b> 6:36AM – 7:53AM	Sobhana Until 7:28PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 13	
	Creative Work	Amrita Yoga	<b>Rahu</b> 1:01PM – 2:18PM	Gara Until 12:36PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Trayodashi*</b> Until 10:58PM		<b>Moon – Green</b>	<b>Devaloka Day</b>		
					<b>Karttika-Karttikai</b>			
			<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>	<b>Friday, December 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Shanghai, China Sun 14 Sutra 236 Plava 5123	
	Tula Rasi: 26.53	Tithi 29	<b>Gulika</b> 7:54AM – 9:10AM	<b>Vishakha</b> Until 4:14PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM		
		773725465	<b>Yama</b> 2:18PM – 3:35PM	Athiganda* Until 3:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 14	
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:27AM – 11:44AM	Visti Until 9:15AM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Chaturdashi*</b> Until 7:27PM		<b>Moon – Orange</b>	<b>Devaloka Day</b>		
					<b>Karttika-Karttikai</b>			

	<b>Saturday, December 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Shanghai, China Sun 15 Sutra 237 Plava 5123	
	<b>Retreat Star</b>		<b>Gulika</b> 6:37AM – 7:54AM	<b>Anuradha</b> Until 1:17PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM		
	Vrischika Rasi: 12.02	Tithi 30 – 1	<b>Yama</b> 1:02PM – 2:18PM	Sukarma Until 11:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 15	
		773725465	<b>Rahu</b> 9:11AM – 10:28AM	Kintughna Until 1:53AM Sun	<b>Nataraja:</b> Clear		Amavasya	
			<b>Amavasya*</b> Until 3:44PM		<b>Moon – Orange</b>	<b>Devaloka Day</b>		
					<b>Karttika-Karttikai</b>			

<b>Retreat Star</b>	<b>Sunday, December 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 16 Sutra 238 Plava 5123	
	Vrischika Rasi: 27.16	Tithi 1 – 2	<b>Gulika</b> 2:19PM – 3:35PM	<b>Jyeshtha*</b> Until 10:10AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:38AM		
		773725465	<b>Yama</b> 11:45AM – 1:02PM	Dhriti Until 6:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 16	
	Routine Work	Marana Yoga	<b>Rahu</b> 3:35PM – 4:52PM	Balava Until 10:11PM	<b>Nataraja:</b> Clear		Prathama	
			<b>Prathama*</b> Until 12:00PM		<b>Moon – Orange</b>	<b>Devaloka Day</b>		
					<b>Margasira-Karttikai</b>			
			Then Creative Work - Amrita Yoga					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>Monday, December 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Shanghai, China Sun 17 Sutra 239 Plava 5123
<b>1</b>	Dhanus Rasi: 12.26 Tithi 2 - 3 Family Home Evening Creative Work Siddha Yoga Until 7:25AM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:02PM - 2:19PM Yama 10:29AM - 11:46AM <b>Rahu</b> 7:56AM - 9:12AM	<b>Mula* Until 7:25AM</b> Ganda* Until 10:35PM Taitila Until 6:42PM <b>Dvitiya Until 8:24AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:39AM <b>Sunset:</b> 4:52PM	Moon 11 - Phase 32 - 17 3rd Phase <b>Devaloka Day</b>
<b>Tuesday, December 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Shanghai, China Sun 18 Sutra 240 Plava 5123
<b>2</b>	Dhanus Rasi: 27.22 Tithi 4 Routine Work Prabalarishta Yoga Until 2:33AM Wed Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:46AM - 1:03PM Yama 9:13AM - 10:29AM <b>Rahu</b> 2:19PM - 3:36PM	<b>Uttarashadha Until 2:33AM Wed</b> Vriddhi Until 6:54PM Vanija Until 3:36PM <b>Chaturthi* Until 2:13AM Wed</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:40AM <b>Sunset:</b> 4:52PM	Moon 11 - Phase 32 - 18 3rd Phase <b>Devaloka Day</b>
<b>Wednesday, December 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China Sun 19 Sutra 241 Plava 5123
<b>3</b>	Makara Rasi: 11.58 Tithi 5 Creative Work Siddha Yoga	<b>Gulika</b> 10:30AM - 11:46AM Yama 7:57AM - 9:13AM <b>Rahu</b> 11:46AM - 1:03PM	<b>Shravana Until 1:09AM Thu</b> Dhruva Until 3:37PM Bava Until 1:01PM <b>Panchami Until 11:56PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Purple <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:40AM <b>Sunset:</b> 4:52PM	Moon 11 - Phase 32 - 19 3rd Phase <b>Sivaloka Day</b>
<b>Thursday, December 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Shanghai, China Sun 20 Sutra 242 Plava 5123
<b>4</b>	Makara Rasi: 26.09 Tithi 6 Creative Work Siddha Yoga	<b>Gulika</b> 9:14AM - 10:30AM Yama 6:41AM - 7:58AM <b>Rahu</b> 1:03PM - 2:20PM	<b>Dhanishtha Until 12:18AM Fri</b> Vyaghata* Until 12:54PM Kaulava Until 11:05AM <b>Shashthi* Until 10:23PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Purple <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:41AM <b>Sunset:</b> 4:53PM	Moon 11 - Phase 32 - 20 3rd Phase <b>Sivaloka Day</b>
<b>Vinayaga Viratam Ends</b>						
<b>Friday, December 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Shanghai, China Sun 21 Sutra 243 Plava 5123
<b>5</b>	Kumbha Rasi: 9.52 Tithi 7 Creative Work Siddha Yoga Until 12:05AM Sat Then Routine Work - Marana Yoga	<b>Gulika</b> 7:58AM - 9:15AM Yama 2:20PM - 3:36PM <b>Rahu</b> 10:31AM - 11:47AM	<b>Shatabhishak Until 12:05AM Sat</b> Harshana Until 10:48AM Gara Until 9:55AM <b>Saptami Until 9:37PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Purple <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:42AM <b>Sunset:</b> 4:53PM	Moon 11 - Phase 32 - 21 3rd Phase <b>Sivaloka Day</b>
<b>Saturday, December 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Shanghai, China Sun 22 Sutra 244 Plava 5123
<b>Retreat Star</b>	Kumbha Rasi: 23.08 Tithi 8 Routine Work Marana Yoga Until 12:57AM Sun Then Creative Work - Amrita Yoga	<b>Gulika</b> 6:43AM - 7:59AM Yama 1:04PM - 2:20PM <b>Rahu</b> 9:15AM - 10:32AM	<b>Purvaproshtapada* Until 12:57AM Sun</b> Vajra* Until 9:19AM Visti Until 9:33AM <b>Ashtami* Until 9:40PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 4:53PM	Moon 11 - Phase 32 - 22 Ashtami <b>Sivaloka Day</b>
<b>Sunday, December 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Navamyam Titau				Shanghai, China Sun 23 Sutra 245 Plava 5123
<b>Retreat Star</b>	Meena Rasi: 5.59 Tithi 9 Creative Work Amrita Yoga Until 2:26AM Mon Then Creative Work - Siddha Yoga	<b>Gulika</b> 2:21PM - 3:37PM Yama 11:48AM - 1:05PM <b>Rahu</b> 3:37PM - 4:53PM	<b>Uttaraproshtapada Until 2:26AM Mon</b> Siddhi Until 8:28AM Balava Until 10:01AM <b>Navami* Until 10:30PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Margasira-Karttikai</b>	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 4:53PM	Moon 11 - Phase 32 - 23 Navami <b>Sivaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


<b>1</b>	<b>Monday, December 13, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dashamyam Titau	Shanghai, China Sun 24 Sutra 246 Plava 5123
	Meena Rasi: 18.3 Tithi 10	<b>Gulika</b> 1:05PM – 2:21PM <b>Yama</b> 10:33AM – 11:49AM <b>Rahu</b> 8:00AM – 9:16AM	<b>Revati Until 4:22AM Tue</b> Vyatipata* Until 8:11AM Taitila Until 11:12AM <b>Dashami Until 12:01AM Tue</b>
	<b>Family Home Evening</b> Creative Work Siddha Yoga	714725465	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:44AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:53PM <b>Nataraja:</b> Clear Moon – Clear <b>Devaloka Day</b> Margasira-Karttikai
			Moon 11 - Phase 33 - 24 4th Phase

<b>2</b>	<b>Tuesday, December 14, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Varyyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau	Shanghai, China Sun 25 Sutra 247 Plava 5123
	Mesha Rasi: 0.44 Tithi 11	<b>Gulika</b> 11:49AM – 1:05PM <b>Yama</b> 9:17AM – 10:33AM <b>Rahu</b> 2:21PM – 3:38PM	<b>Ashvini Until 7:08AM Wed</b> Variyan Until 8:22AM Vanija Until 1:01PM <b>Ekadashi Until 2:05AM Wed</b>
	<b>Creative Work</b> Siddha Yoga	724725465	<b>Ganesha:</b> White <i>Sunrise:</i> 6:45AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Clear Moon – White <b>Bhuloka Day</b> Margasira-Karttikai Devaloka Time: 3:PM to 6:PM
		Gita Jayanthi	Moon 11 - Phase 33 - 25 4th Phase

<b>3</b>	<b>Wednesday, December 15, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau	Shanghai, China Sun 26 Sutra 248 Plava 5123
	Mesha Rasi: 12.45 Tithi 12	<b>Gulika</b> 10:34AM – 11:50AM <b>Yama</b> 8:01AM – 9:18AM <b>Rahu</b> 11:50AM – 1:06PM	<b>Ashvini Until 7:08AM</b> Parigha* Until 8:56AM Bava Until 3:18PM <b>Dvadashi Until 4:33AM Thu</b>
	<b>Routine Work</b> Marana Yoga Until 7:08AM Then Creative Work - Siddha Yoga	724725465	<b>Ganesha:</b> White <i>Sunrise:</i> 6:45AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Clear Moon – White <b>Bhuloka Day</b> Margasira-Karttikai Devaloka Time: 3:PM to 6:PM
			Moon 11 - Phase 33 - 26 4th Phase

<b>4</b>	<b>Thursday, December 16, 2021</b>	Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau	Shanghai, China Sun 27 Sutra 249 Plava 5123
	Mesha Rasi: 24.39 Tithi 13	<b>Gulika</b> 9:18AM – 10:34AM <b>Yama</b> 6:46AM – 8:02AM <b>Rahu</b> 1:06PM – 2:22PM	<b>Bharani Until 10:04AM</b> Shiva Until 9:46AM Kaulava Until 5:53PM <b>Trayodashi Until 7:13AM Fri</b>
	<b>Creative Work</b> Siddha Yoga Until 10:04AM Then Routine Work - Marana Yoga	724725465	<b>Ganesha:</b> White <i>Sunrise:</i> 6:46AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:54PM <b>Nataraja:</b> Clear Moon – White <b>Bhuloka Day</b> Margasira-Markali Devaloka Time: 3:PM to 6:PM
		Markali Pillaiyar	Pradosha Vrata

<b>5</b>	<b>Friday, December 17, 2021</b>	Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Shanghai, China Sutra 250 Plava 5123
	Vrisabha Rasi: 6.28 Tithi 13 – 14	<b>Gulika</b> 8:03AM – 9:19AM <b>Yama</b> 2:23PM – 3:39PM <b>Rahu</b> 10:35AM – 11:51AM	<b>Krittika Until 1:00PM</b> Siddha Until 10:42AM Gara Until 8:36PM <b>Trayodashi Until 7:13AM</b>
	<b>Creative Work</b> Siddha Yoga Until 1:00PM Then Routine Work - Marana Yoga	824725465	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:47AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Clear Moon – White <b>Devaloka Day</b> Margasira-Markali
			Moon 11 - Phase 33 - 4th Phase

	<b>Saturday, December 18, 2021</b>	Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Grigashira Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Shanghai, China Sutra 251 Plava 5123
	Vrisabha Rasi: 18.15 Tithi 14 – 15	<b>Gulika</b> 6:47AM – 8:03AM <b>Yama</b> 1:07PM – 2:23PM <b>Rahu</b> 9:19AM – 10:35AM	<b>Rohini Until 4:19PM</b> Sadhya Until 11:41AM Visti Until 11:20PM <b>Chaturdashi* Until 9:57AM</b>
	<b>Creative Work</b> Amrita Yoga Until 4:19PM Then Creative Work - Siddha Yoga	834725465	<b>Ganesha:</b> White <i>Sunrise:</i> 6:47AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:55PM <b>Nataraja:</b> Clear Moon – Yellow <b>Bhuloka Day</b> Margasira-Markali Devaloka Time: 3:PM to 6:PM
			Moon 11 - Phase 33 - Purnima

<b>Silver Retreat Star</b>	<b>Sunday, December 19, 2021</b>	Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Shanghai, China Sutra 252 Plava 5123
	Mithuna Rasi: 0.03 Tithi 15 – 16	<b>Gulika</b> 2:24PM – 3:40PM <b>Yama</b> 11:52AM – 1:08PM <b>Rahu</b> 3:40PM – 4:56PM	<b>Mrigashira Until 7:23PM</b> Subha Until 12:39PM Balava Until 1:56AM Mon <b>Purnima* Until 12:38PM</b>
	<b>Creative Work</b> Siddha Yoga	834725465	<b>Ganesha:</b> White <i>Sunrise:</i> 6:48AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Clear Moon – Yellow <b>Bhuloka Day</b> Margasira-Markali Devaloka Time: 3:PM to 6:PM
			Moon 11 - Phase 33 - Prathama

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/

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Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China

Sutra 253

Plava 5123

Mithuna Rasi: 11.55 Tithi 16 - 17

Family Home Evening

834725465

Gulika

1:08PM - 2:24PM

Yama

10:36AM - 11:52AM

Rahu

8:04AM - 9:20AM

Ardra Until 10:06PM

Sukla Until 1:27PM

Taitila Until 4:21AM Tue

Prathama\* Until 3:09PM

Ganesha: White

Sunrise: 6:48AM

Muruqa: Clear

Sunset: 4:56PM

Nataraja: Clear

Moon - Yellow

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 10:06PM

Then Creative Work - Amrita Yoga

Ardra Darshanam

Tuesday, December 21, 2021

1

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 254

Plava 5123

Mithuna Rasi: 23.51 Tithi 17 - 18

Creative Work Siddha Yoga

844725465

Gulika

11:53AM - 1:09PM

Yama

9:21AM - 10:37AM

Rahu

2:25PM - 3:41PM

Punarvasu Until 12:54AM Wed

Brahma Until 2:05PM

Vanija Until 6:28AM Wed

Dvitiya Until 5:25PM

Ganesha: Clear

Sunrise: 6:49AM

Muruqa: Clear

Sunset: 4:56PM

Nataraja: Clear

Moon - Blue

Devaloka Day

Margasira\*Markali

Wednesday, December 22, 2021

2

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Shanghai, China

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 5.53 Tithi 18

Creative Work Siddha Yoga

844725465

Gulika

10:37AM - 11:53AM

Yama

8:05AM - 9:21AM

Rahu

11:53AM - 1:09PM

Pushya Until 3:13AM Thu

Indra Until 2:31PM

Vanija Until 6:28AM

Tritiya Until 7:23PM

Ganesha: Clear

Sunrise: 6:49AM

Muruqa: Clear

Sunset: 4:57PM

Nataraja: Clear

Moon - Blue

Devaloka Day

Margasira\*Markali

Thursday, December 23, 2021

3

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Shanghai, China

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 18.04 Tithi 19

Creative Work Siddha Yoga

844725465

Gulika

9:22AM - 10:38AM

Yama

6:50AM - 8:06AM

Rahu

1:10PM - 2:26PM

Ashlesha\* Until 5:01AM Fri

Vaidhriti\* Until 2:39PM

Bava Until 8:15AM

Chaturthi\* Until 8:58PM

Ganesha: Clear

Sunrise: 6:50AM

Muruqa: Clear

Sunset: 4:57PM

Nataraja: Clear

Moon - Blue

Devaloka Day

Margasira\*Markali

Until 5:01AM Fri

Then Routine Work - Marana Yoga

Day 3 of Pancha Ganapati

Friday, December 24, 2021

4

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Shanghai, China

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 0.25 Tithi 20

Routine Work Marana Yoga

854725465

Gulika

8:06AM - 9:22AM

Yama

2:26PM - 3:42PM

Rahu

10:38AM - 11:54AM

Magha\* Until 6:40AM Sat

Vishkambha\* Until 2:28PM

Kaulava Until 9:37AM

Panchami Until 10:06PM

Ganesha: Purple

Sunrise: 6:50AM

Muruqa: Clear

Sunset: 4:58PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira\*Markali

Devaloka Time: 3:PM to 6:PM

Until 6:40AM Sat

Then Creative Work - Siddha Yoga

Day 4 of Pancha Ganapati

Saturday, December 25, 2021

5

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Shanghai, China

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 12.58 Tithi 21

Creative Work Amrita Yoga

855825465

Gulika

6:51AM - 8:07AM

Yama

1:11PM - 2:27PM

Rahu

9:23AM - 10:39AM

Magha\* Until 6:40AM

Priti Until 1:55PM

Gara Until 10:30AM

Shashthi\* Until 10:43PM

Ganesha: Purple

Sunrise: 6:51AM

Muruqa: Clear

Sunset: 4:59PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira\*Markali

Devaloka Time: 3:PM to 6:PM

Until 6:40AM

Then Creative Work - Siddha Yoga

Day 5 of Pancha Ganapati

Sunday, December 26, 2021

6

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

Shanghai, China

Sun 6 Sutra 259

Plava 5123

Simha Rasi: 25.47 Tithi 22

Creative Work Siddha Yoga

855825466

Gulika

2:27PM - 3:43PM

Yama

11:55AM - 1:11PM

Rahu

3:43PM - 4:59PM

Purvaphalguni Until 7:37AM

Ayushman Until 12:54PM

Visti Until 10:49AM

Saptami Until 10:43PM

Ganesha: Purple

Sunrise: 6:51AM

Muruqa: Clear

Sunset: 4:59PM

Nataraja: Orange

Moon - Red

Bhuloka Day

Margasira\*Markali

Devaloka Time: 3:PM to 6:PM

Until 7:37AM

Then Creative Work - Amrita Yoga

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Shanghai, China

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 8.53 Tithi 23

Family Home Evening

855825466

Gulika

1:12PM - 2:28PM

Yama

10:40AM - 11:56AM

Rahu

8:08AM - 9:24AM

Uttaraphalguni Until 7:50AM

Saubhagya Until 11:24AM

Balava Until 10:30AM

Ashtami\* Until 10:04PM

Ganesha: Purple

Sunrise: 6:52AM

Muruqa: Clear

Sunset: 5:00PM

Nataraja: Orange

Moon - Red

Bhuloka Day

Margasira\*Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Shanghai, China

Sun 8 Sutra 261

Plava 5123

Kanya Rasi: 22.22 Tithi 24

Creative Work Siddha Yoga

865825466

Gulika

11:56AM - 1:12PM

Yama

9:24AM - 10:40AM

Rahu

2:28PM - 3:44PM

Hasta Until 7:40AM

Sobhana Until 9:23AM

Taitila Until 9:30AM

Navami\* Until 8:44PM

Ganesha: Clear

Sunrise: 6:52AM

Muruqa: Clear

Sunset: 5:00PM

Nataraja: Orange

Moon - Green

Devaloka Day

Margasira\*Markali

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/


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<b>1</b>	<b>Wednesday, December 29, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Shanghai, China	
			Chitra/Svatil Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9	Sutra 262
	Tula Rasi: 6.14	Tithi 25	<b>Gulika</b> 10:41AM – 11:57AM	<b>Chitra</b> Until 6:43AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:52AM		Plava 5123
			Yama 8:08AM – 9:25AM	Athiganda* Until 6:49AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 35 - 9	
		865825466 <b>Rahu</b> 11:57AM – 1:13PM	Vanija Until 7:50AM	<b>Nataraja:</b> Orange			2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:45PM	Moon – Green		<b>Devaloka Day</b>		
				<b>Margasira*Markali</b>				

<b>2</b>	<b>Thursday, December 30, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Shanghai, China	
			Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10	Sutra 263
	Tula Rasi: 20.31	Tithi 26 – 27	<b>Gulika</b> 9:25AM – 10:41AM	<b>Vishakha</b> Until 3:02AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM		Plava 5123
			Yama 6:53AM – 8:09AM	Dhriti Until 12:17AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 35 - 10	
		875825466 <b>Rahu</b> 1:13PM – 2:29PM	Kaulava Until 2:44AM Fri	<b>Nataraja:</b> Orange			2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 4:11PM	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Margasira*Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>3</b>	<b>Friday, December 31, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Shanghai, China	
			Anuradha Nakshatra Shula* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11	Sutra 264
	Vrischika Rasi: 5.09	Tithi 27 – 28	<b>Gulika</b> 8:09AM – 9:25AM	<b>Anuradha</b> Until 12:30AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM		Plava 5123
			Yama 2:30PM – 3:46PM	Shula* Until 8:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 35 - 11	
		875825466 <b>Rahu</b> 10:42AM – 11:58AM	Gara Until 11:29PM	<b>Nataraja:</b> Orange			2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 1:08PM	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Margasira*Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
				<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Saturday, January 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Shanghai, China	
			Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12	Sutra 265
	Vrischika Rasi: 20.05	Tithi 28 – 29	<b>Gulika</b> 6:53AM – 8:09AM	<b>Jyeshtha*</b> Until 9:35PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM		Plava 5123
			Yama 1:14PM – 2:31PM	Ganda* Until 4:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 35 - 12	
		875825466 <b>Rahu</b> 9:26AM – 10:42AM	Visti Until 7:59PM	<b>Nataraja:</b> Orange			2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 9:45AM	Moon – Orange		<b>Bhuloka Day</b>		
				<b>Margasira*Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

	<b>Sunday, January 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Shanghai, China	
	<b>Retreat Star</b>		Mula* Nakshatra Vridhhi/Dhruva Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Sun 13	Sutra 266
	Dhanus Rasi: 5.13	Tithi 29 – 30	<b>Gulika</b> 2:31PM – 3:47PM	<b>Mula*</b> Until 6:50PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:54AM		Plava 5123
			Yama 11:59AM – 1:15PM	Vridhhi Until 12:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 35 - 13	
		885825466 <b>Rahu</b> 3:47PM – 5:04PM	Naga Until 2:32AM Mon	<b>Nataraja:</b> Orange			Amavasya	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:09AM	Moon – Light Blue		<b>Bhuloka Day</b>		
Until 6:50PM		<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira*Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		
Then Creative Work - Siddha Yoga								

<b>Monday, January 3, 2022</b>	<b>Retreat Star</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Shanghai, China	
			Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14	Sutra 267
	Dhanus Rasi: 20.22	Tithi 1	<b>Gulika</b> 1:15PM – 2:32PM	<b>Purvashadha*</b> Until 4:01PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:54AM		Plava 5123
			Yama 10:43AM – 11:59AM	Dhruva Until 7:55AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 35 - 14	
<b>Family Home Evening</b>		885825466 <b>Rahu</b> 8:10AM – 9:26AM	Kintughna Until 12:46PM	<b>Nataraja:</b> Orange			Prathama	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 11:02PM	Moon – Light Blue		<b>Bhuloka Day</b>		
				<b>Pausha*Markali</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>1</b>		<b>Tuesday, January 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China Sun 15 Sutra 268	
Makara Rasi: 5.23	Tithi 2	<b>Gulika</b>	12:00PM – 1:16PM	<b>Uttarashadha</b> Until 1:18PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:54AM		Plava 5123	
		Yama	9:27AM – 10:43AM	Harshana Until 12:06AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 36 - 15		
		896825466 <b>Rahu</b>	2:32PM – 3:49PM	Balava Until 9:25AM	<b>Nataraja:</b> Orange		3rd Phase		
Routine Work	Prabalarishta Yoga			<b>Dvitiya</b> Until 7:51PM	Moon – Light Blue		<b>Devaloka Day</b>		
Until 1:18PM					<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Wednesday, January 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Taitila/Vanija Karana Tritiya/Chaturtham Titau				Shanghai, China Sun 16 Sutra 269	
Makara Rasi: 20.08	Tithi 3 – 4	<b>Gulika</b>	10:44AM – 12:00PM	<b>Shravana</b> Until 11:16AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM		Plava 5123	
		Yama	8:11AM – 9:27AM	Vajra* Until 8:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 36 - 16		
		896825466 <b>Rahu</b>	12:00PM – 1:17PM	Taitila Until 6:26AM	<b>Nataraja:</b> Orange		3rd Phase		
Creative Work	Siddha Yoga			<b>Tritiya</b> Until 5:07PM	Moon – Purple		<b>Devaloka Day</b>		
Until 11:16AM		<b>Subramuniyaswami Jayanti</b>			<b>Pausha-Markali</b>				
Then Routine Work - Prabalarishta Yoga									

<b>3</b>		<b>Thursday, January 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyaltipata* Yoga Vistil/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China Sun 17 Sutra 270	
Kumbha Rasi: 4.29	Tithi 4 – 5	<b>Gulika</b>	9:27AM – 10:44AM	<b>Dhanishtha</b> Until 9:41AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM		Plava 5123	
		Yama	6:54AM – 8:11AM	Siddhi Until 5:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 36 - 17		
		896825466 <b>Rahu</b>	1:17PM – 2:34PM	Bava Until 2:16AM Fri	<b>Nataraja:</b> Orange		3rd Phase		
Creative Work	Siddha Yoga			<b>Chaturthi*</b> Until 3:01PM	Moon – Purple		<b>Devaloka Day</b>		
					<b>Pausha-Markali</b>				

<b>4</b>		<b>Friday, January 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaltipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Shanghai, China Sun 18 Sutra 271	
Kumbha Rasi: 18.23	Tithi 5 – 6	<b>Gulika</b>	8:11AM – 9:28AM	<b>Shatabhishak</b> Until 8:41AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:54AM		Plava 5123	
		Yama	2:34PM – 3:51PM	Vyaltipata* Until 3:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 36 - 18		
		896825466 <b>Rahu</b>	10:44AM – 12:01PM	Kaulava Until 1:21AM Sat	<b>Nataraja:</b> Orange		3rd Phase		
Creative Work	Siddha Yoga			<b>Panchami</b> Until 1:41PM	Moon – Purple		<b>Devaloka Day</b>		
					<b>Pausha-Markali</b>				

<b>5</b>		<b>Saturday, January 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China Sun 19 Sutra 272	
Meena Rasi: 1.47	Tithi 6 – 7	<b>Gulika</b>	6:54AM – 8:11AM	<b>Purvaproshtapada*</b> Until 8:48AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM		Plava 5123	
		Yama	1:18PM – 2:35PM	Variyan Until 2:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 12 - Phase 36 - 19		
		816825466 <b>Rahu</b>	9:28AM – 10:45AM	Gara Until 1:20AM Sun	<b>Nataraja:</b> Orange		3rd Phase		
Routine Work	Marana Yoga			<b>Shashthi*</b> Until 1:13PM	Moon – Clear		<b>Devaloka Day</b>		
Until 8:48AM					<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Sunday, January 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Shanghai, China Sun 20 Sutra 273	
Meena Rasi: 14.44	Tithi 7 – 8	<b>Gulika</b>	2:35PM – 3:52PM	<b>Uttaraproshtapada</b> Until 9:37AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM		Plava 5123	
		Yama	12:02PM – 1:19PM	Parigha* Until 1:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM	Moon 12 - Phase 36 - 20		
		816825466 <b>Rahu</b>	3:52PM – 5:09PM	Visti Until 2:11AM Mon	<b>Nataraja:</b> Orange		Ashtami		
Creative Work	Amrita Yoga			<b>Saptami</b> Until 1:38PM	Moon – Clear		<b>Devaloka Day</b>		
					<b>Pausha-Markali</b>				

<b>Retreat Star</b>		<b>Monday, January 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China Sun 21 Sutra 274	
Meena Rasi: 27.17	Tithi 8 – 9	<b>Gulika</b>	1:19PM – 2:36PM	<b>Revati</b> Until 11:07AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM		Plava 5123	
<b>Family Home Evening</b>		Yama	10:45AM – 12:02PM	Shiva Until 1:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 36 - 21		
		816825466 <b>Rahu</b>	8:11AM – 9:28AM	Balava Until 3:49AM Tue	<b>Nataraja:</b> Orange		Navami		
Creative Work	Siddha Yoga			<b>Ashtami*</b> Until 2:54PM	Moon – Clear		<b>Devaloka Day</b>		
					<b>Pausha-Markali</b>				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>	<b>Tuesday, January 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Shanghai, China Sun 22 Sutra 275	
	Mesha Rasi: 9.29	Tithi 9 - 10	<b>Gulika</b> 12:03PM - 1:20PM	<b>Ashvini</b> Until 1:38PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM		Plava 5123
			Yama 9:29AM - 10:46AM	Siddha Until 1:22PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 37 - 22	4th Phase
Creative Work	Siddha Yoga	827825466	<b>Rahu</b> 2:37PM - 3:54PM	Taitila Until 6:05AM Wed	<b>Nataraja:</b> Orange			
				<b>Navami*</b> Until 4:52PM	Moon - White			<b>Devaloka Day</b>
					<b>Pausha-Markali</b>			


<b>2</b>	<b>Wednesday, January 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashamyam Titau				Shanghai, China Sun 23 Sutra 276	
	Mesha Rasi: 21.28	Tithi 10	<b>Gulika</b> 10:46AM - 12:03PM	<b>Bharani</b> Until 4:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM		Plava 5123
			Yama 8:12AM - 9:29AM	Sadhya Until 2:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM	Moon 12 - Phase 37 - 23	4th Phase
Creative Work	Siddha Yoga	827825466	<b>Rahu</b> 12:03PM - 1:20PM	Taitila Until 6:05AM	<b>Nataraja:</b> Orange			
Until 4:29PM				<b>Dashami</b> Until 7:21PM	Moon - White			<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Pausha-Markali</b>			

<b>3</b>	<b>Thursday, January 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 277	
	Vrishabha Rasi: 3.19	Tithi 11	<b>Gulika</b> 9:29AM - 10:46AM	<b>Krittika</b> Until 7:27PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM		Plava 5123
			Yama 6:54AM - 8:12AM	Subha Until 3:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 37 - 24	4th Phase
Routine Work	Marana Yoga	827825466	<b>Rahu</b> 1:21PM - 2:38PM	Vanija Until 8:43AM	<b>Nataraja:</b> Orange			
				<b>Ekadashi</b> Until 10:05PM	Moon - White			<b>Devaloka Day</b>
			<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>			

<b>4</b>	<b>Friday, January 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 278	
	Vrishabha Rasi: 15.05	Tithi 12	<b>Gulika</b> 8:12AM - 9:29AM	<b>Rohini</b> Until 10:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM		Plava 5123
			Yama 2:39PM - 3:56PM	Sukla Until 4:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 37 - 25	4th Phase
Routine Work	Marana Yoga	827825466	<b>Rahu</b> 10:46AM - 12:04PM	Bava Until 11:31AM	<b>Nataraja:</b> Orange			
Until 10:48PM				<b>Dvadashi</b> Until 12:52AM Sat	Moon - Yellow			<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga			<b>Thai Pongal</b>		<b>Pausha-Thai</b>			<b>Devaloka Time: 3:PM to 6:PM</b>

<b>5</b>	<b>Saturday, January 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 279	
	Vrishabha Rasi: 26.52	Tithi 13	<b>Gulika</b> 6:54AM - 8:12AM	<b>Mrigashira</b> Until 1:52AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM		Plava 5123
			Yama 1:22PM - 2:39PM	Brahma Until 5:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 37 - 26	4th Phase
Creative Work	Siddha Yoga	827825466	<b>Rahu</b> 9:29AM - 10:47AM	Kaulava Until 2:14PM	<b>Nataraja:</b> Orange			
				<b>Trayodashi</b> Until 3:30AM Sun	Moon - Yellow			<b>Bhuloka Day</b>
				<i>Pradosha Vrata</i>	<b>Pausha-Thai</b>			<b>Devaloka Time: 3:PM to 6:PM</b>

<b>6</b>	<b>Sunday, January 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 280	
	Mithuna Rasi: 8.42	Tithi 14	<b>Gulika</b> 2:40PM - 3:57PM	<b>Ardra</b> Until 4:30AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM		Plava 5123
			Yama 12:05PM - 1:22PM	Indra Until 5:50PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 37 - 27	4th Phase
Creative Work	Siddha Yoga	827825466	<b>Rahu</b> 3:57PM - 5:15PM	Gara Until 4:44PM	<b>Nataraja:</b> Orange			
Until 4:30AM Mon				<b>Chaturdashi*</b> Until 5:51AM Mon	Moon - Yellow			<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga					<b>Pausha-Thai</b>			<b>Devaloka Time: 3:PM to 6:PM</b>

	<b>Monday, January 17, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Visti* Karana Purnimayam Titau				Shanghai, China Sun 28 Sutra 281	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:23PM - 2:40PM	<b>Punarvasu</b> Until 7:06AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:54AM		Plava 5123
	Mithuna Rasi: 20.4	Tithi 15	Yama 10:47AM - 12:05PM	Vaidhriti* Until 6:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 37 -	Purnima
<b>Family Home Evening</b>		847835466	<b>Rahu</b> 8:12AM - 9:29AM	Visti Until 6:54PM	<b>Nataraja:</b> Orange			
Creative Work	Amrita Yoga			<b>Purnima*</b> Until 7:49AM Tue	Moon - Blue			<b>Sivaloka Day</b>
Until 7:06AM Tue					<b>Pausha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>7</b>	<b>Tuesday, January 18, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Shanghai, China Sun 28 Sutra 282	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:05PM - 1:23PM	<b>Punarvasu</b> Until 7:06AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM		Plava 5123
	Kataka Rasi: 2.46	Tithi 15 - 16	Yama 9:29AM - 10:47AM	Vishkambha* Until 6:35PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 12 - Phase 37 -	Prathama
		848835466	<b>Rahu</b> 2:41PM - 3:59PM	Balava Until 8:41PM	<b>Nataraja:</b> Orange			
Creative Work	Siddha Yoga			<b>Purnima*</b> Until 7:49AM	Moon - Blue			<b>Sivaloka Day</b>
			<b>Thai Pusam</b>		<b>Pausha-Thai</b>			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Shanghai, China

Sutra 283

Plava 5123

Kataka Rasi: 15.01 Tithi 16 - 17

Gulika 10:47AM - 12:06PM  
Yama 8:11AM - 9:29AM  
Rahu 12:06PM - 1:24PM

Pushya Until 9:10AM

Priti Until 6:33PM

Taitila Until 10:03PM

Prathama\* Until 9:24AM

Ganesha: Yellow Sunrise: 6:53AM

Muruqa: Purple Sunset: 5:18PM

Nataraja: Orange

Moon - Blue

Pausha\*Thai

Moon 1 - Phase 38 -

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Thursday, January 20, 2022

1

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shanghai, China

Sun 1 Sutra 284

Plava 5123

Kataka Rasi: 27.27 Tithi 17 - 18

Gulika 9:29AM - 10:48AM  
Yama 6:53AM - 8:11AM  
Rahu 1:24PM - 2:42PM

Ashlesha\* Until 10:42AM

Ayushman Until 6:10PM

Vanija Until 11:02PM

Dvitiya Until 10:34AM

Ganesha: Yellow Sunrise: 6:53AM

Muruqa: Purple Sunset: 5:19PM

Nataraja: Orange

Moon - Blue

Pausha\*Thai

Moon 1 - Phase 38 - 1

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 10:42AM

Then Creative Work - Amrita Yoga

Friday, January 21, 2022

2

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vistil\*/Bava Karana Tritya/Chaturtham Titau

Shanghai, China

Sun 2 Sutra 285

Plava 5123

Simha Rasi: 10.03 Tithi 18 - 19

Gulika 8:11AM - 9:29AM  
Yama 2:43PM - 4:01PM  
Rahu 10:48AM - 12:06PM

Magha\* Until 12:10PM

Saubhagya Until 5:31PM

Bava Until 11:37PM

Tritiya Until 11:21AM

Ganesha: White Sunrise: 6:53AM

Muruqa: Purple Sunset: 5:20PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Moon 1 - Phase 38 - 2

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 12:10PM

Then Creative Work - Siddha Yoga

Saturday, January 22, 2022

3

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Shanghai, China

Sun 3 Sutra 286

Plava 5123

Simha Rasi: 22.5 Tithi 19 - 20

Gulika 6:52AM - 8:11AM  
Yama 1:25PM - 2:43PM  
Rahu 9:29AM - 10:48AM

Purvaphalguni Until 1:06PM

Sobhana Until 4:35PM

Kaulava Until 11:49PM

Chaturthi\* Until 11:45AM

Ganesha: White Sunrise: 6:52AM

Muruqa: Purple Sunset: 5:20PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Moon 1 - Phase 38 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 1:06PM

Then Routine Work - Marana Yoga

Sunday, January 23, 2022

4

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shanghai, China

Sun 4 Sutra 287

Plava 5123

Kanya Rasi: 5.49 Tithi 20 - 21

Gulika 2:44PM - 4:03PM  
Yama 12:07PM - 1:25PM  
Rahu 4:03PM - 5:21PM

Uttaraphalguni Until 1:30PM

Athiganda\* Until 3:18PM

Gara Until 11:36PM

Panchami Until 11:44AM

Ganesha: White Sunrise: 6:52AM

Muruqa: Purple Sunset: 5:21PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Moon 1 - Phase 38 - 4

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Monday, January 24, 2022

5

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil\* Karana Shashthi/Saptamyam Titau

Shanghai, China

Sun 5 Sutra 288

Plava 5123

Kanya Rasi: 18.59 Tithi 21 - 22

Gulika 1:26PM - 2:45PM  
Yama 10:48AM - 12:07PM  
Rahu 8:11AM - 9:29AM

Hasta Until 1:47PM

Sukarma Until 1:42PM

Vistil Until 10:56PM

Shashthi\* Until 11:18AM

Ganesha: Orange Sunrise: 6:52AM

Muruqa: Purple Sunset: 5:22PM

Nataraja: Orange

Moon - Green

Pausha\*Thai

Moon 1 - Phase 38 - 5

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 1:47PM

Then Routine Work - Prabalarishta Yoga

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shanghai, China

Sun 6 Sutra 289

Plava 5123

Tula Rasi: 2.25 Tithi 22 - 23

Gulika 12:07PM - 1:26PM  
Yama 9:29AM - 10:48AM  
Rahu 2:45PM - 4:04PM

Chitra Until 1:28PM

Dhriti Until 11:45AM

Balava Until 9:47PM

Saptami Until 10:24AM

Ganesha: Green Sunrise: 6:51AM

Muruqa: Purple Sunset: 5:23PM

Nataraja: Orange

Moon - Green

Pausha\*Thai

Moon 1 - Phase 38 - 6

Ashtami

Devaloka Day

Creative Work Siddha Yoga

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shanghai, China

Sun 7 Sutra 290

Plava 5123

Tula Rasi: 16.08 Tithi 23 - 24

Gulika 10:48AM - 12:07PM  
Yama 8:10AM - 9:29AM  
Rahu 12:07PM - 1:27PM

Svati Until 12:31PM

Shula\* Until 9:23AM

Taitila Until 8:09PM

Ashtami\* Until 9:01AM

Ganesha: Green Sunrise: 6:51AM

Muruqa: Purple Sunset: 5:24PM

Nataraja: Orange

Moon - Green

Pausha\*Thai

Moon 1 - Phase 38 - 7

Navami

Devaloka Day

Creative Work Siddha Yoga


<b>1</b>		<b>Thursday, January 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Shanghai, China	
Vrischika Rasi: 0.08		Tithi 24 – 25		979935466		Sun 8 Sutra 291	
Creative Work		Siddha Yoga		Gulika 9:29AM – 10:48AM		Vishakha Until 11:23AM	
		Yama 6:50AM – 8:10AM		Ganda* Until 6:39AM		Ganesha: Orange Sunrise: 6:50AM	
		Rahu 1:27PM – 2:46PM		Vanija Until 6:03PM		Muruga: Purple Sunset: 5:25PM	
				Navami* Until 7:08AM		Nataraja: Orange Moon – Orange	
						Pausha*Thai Sivaloka Day	

<b>2</b>		<b>Friday, January 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Shanghai, China	
Vrischika Rasi: 14.26		Tithi 26		979935466		Sun 9 Sutra 292	
Creative Work		Siddha Yoga		Gulika 8:09AM – 9:29AM		Anuradha Until 9:40AM	
Until 9:40AM				Yama 2:47PM – 4:06PM		Dhruva Until 12:08AM Sat	
Then Routine Work - Marana Yoga				Rahu 10:48AM – 12:08PM		Bava Until 3:31PM	
						Ekadashi* Until 2:06AM Sat	
						Ganesha: Orange Sunrise: 6:50AM	
						Muruga: Purple Sunset: 5:26PM	
						Nataraja: Orange Moon – Orange	
						Pausha*Thai Sivaloka Day	

<b>3</b>		<b>Saturday, January 29, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Shanghai, China	
Vrischika Rasi: 29.01		Tithi 27		979935466		Sun 10 Sutra 293	
Creative Work		Siddha Yoga		Gulika 6:49AM – 8:09AM		Jyeshtha* Until 7:27AM	
				Yama 1:28PM – 2:47PM		Vyaghata* Until 8:29PM	
				Rahu 9:29AM – 10:48AM		Kaulava Until 12:39PM	
						Dvadashi* Until 11:06PM	
						Ganesha: Orange Sunrise: 6:49AM	
						Muruga: Purple Sunset: 5:27PM	
						Nataraja: Orange Moon – Orange	
						Pausha*Thai Sivaloka Day	

<b>4</b>		<b>Sunday, January 30, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau		Shanghai, China	
Dhanus Rasi: 13.47		Tithi 28		989935466		Sun 11 Sutra 294	
Creative Work		Siddha Yoga		Gulika 2:48PM – 4:08PM		Purvashadha* Until 2:49AM Mon	
Until 2:49AM Mon				Yama 12:08PM – 1:28PM		Harshana Until 4:42PM	
Then Routine Work - Marana Yoga				Rahu 4:08PM – 5:28PM		Gara Until 9:33AM	
						Trayodashi* Until 7:57PM	
						Ganesha: Light Blue Sunrise: 6:49AM	
						Muruga: Purple Sunset: 5:28PM	
						Nataraja: Orange Moon – Light Blue	
						Pausha*Thai Devaloka Day	
						Pradosha Vrata (Fasting)	

<b>5</b>		<b>Monday, January 31, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha* Nakshatra Vajra*/Siddhi Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Shanghai, China	
Dhanus Rasi: 28.37		Tithi 29 – 30		989935466		Sun 12 Sutra 295	
Family Home Evening		Routine Work		Gulika 1:28PM – 2:48PM		Uttarashadha Until 12:16AM Tue	
Marana Yoga				Yama 10:48AM – 12:08PM		Vajra* Until 12:51PM	
Until 12:16AM Tue				Rahu 8:08AM – 9:28AM		Visti Until 6:22AM	
Then Creative Work - Siddha Yoga						Chaturdashi* Until 4:46PM	
						Ganesha: Light Blue Sunrise: 6:48AM	
						Muruga: Purple Sunset: 5:29PM	
						Nataraja: Orange Moon – Light Blue	
						Pausha*Thai Devaloka Day	

		<b>Tuesday, February 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shrivana Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Shanghai, China	
Makara Rasi: 13.26		Tithi 30 – 1		991935466		Sun 13 Sutra 296	
Retreat Star		Creative Work		Gulika 12:08PM – 1:28PM		Shrivana Until 10:12PM	
Siddha Yoga				Yama 9:28AM – 10:48AM		Siddhi Until 9:07AM	
				Rahu 2:48PM – 4:09PM		Kintughna Until 12:21AM Wed	
						Amavasya* Until 1:45PM	
						Ganesha: Clear Sunrise: 6:48AM	
						Muruga: Purple Sunset: 5:29PM	
						Nataraja: Orange Moon – Purple	
						Pausha*Thai Sivaloka Day	

<b>Retreat Star</b>		<b>Wednesday, February 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Shanghai, China	
Makara Rasi: 28.03		Tithi 1 – 2		991935466		Sun 14 Sutra 297	
Routine Work		Prabalarishta Yoga		Gulika 10:48AM – 12:09PM		Dhanishtha Until 8:22PM	
Until 8:22PM				Yama 8:08AM – 9:28AM		Variyan Until 2:26AM Thu	
Then Creative Work - Siddha Yoga				Rahu 12:09PM – 1:29PM		Balava Until 9:51PM	
						Prathama* Until 11:01AM	
						Ganesha: Clear Sunrise: 6:48AM	
						Muruga: Purple Sunset: 5:29PM	
						Nataraja: Orange Moon – Purple	
						Magha*Thai Sivaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>	<b>Thursday, February 3, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Shanghai, China
	Kumbha Rasi: 12.22	Tithi 2 – 3	991935466	<b>Gulika</b> 9:28AM – 10:48AM <b>Yama</b> 6:47AM – 8:08AM <b>Rahu</b> 1:29PM – 2:50PM	<b>Shatabhishak</b> Until 6:55PM Parigha* Until 11:44PM Taitila Until 7:54PM <b>Dvitiya</b> Until 8:46AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Purple <b>Magha-Thai</b>	Sun 15 Sutra 298 Plava 5123 Moon 1 - Phase 40 - 15 3rd Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					

<b>2</b>	<b>Friday, February 4, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Shanghai, China
	Kumbha Rasi: 26.17	Tithi 3 – 4	911935467	<b>Gulika</b> 8:07AM – 9:28AM <b>Yama</b> 2:50PM – 4:11PM <b>Rahu</b> 10:48AM – 12:09PM	<b>Purvaproshtapada*</b> Until 6:27PM Shiva Until 9:38PM Vanija Until 6:38PM <b>Tritiya</b> Until 7:09AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Magha-Thai</b>	Sun 16 Sutra 299 Plava 5123 Moon 1 - Phase 40 - 16 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work	Siddha Yoga					

<b>3</b>	<b>Saturday, February 5, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Shanghai, China
	Meena Rasi: 9.45	Tithi 4 – 5	911935467	<b>Gulika</b> 6:46AM – 8:07AM <b>Yama</b> 1:30PM – 2:51PM <b>Rahu</b> 9:27AM – 10:48AM	<b>Uttaraproshtapada</b> Until 6:37PM Siddha Until 8:09PM Bava Until 6:12PM <b>Chaturthi*</b> Until 6:18AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Magha-Thai</b>	Sun 17 Sutra 300 Plava 5123 Moon 1 - Phase 40 - 17 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 6:37PM	Then Routine Work - Prabalarishta Yoga					

<b>4</b>	<b>Sunday, February 6, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Shanghai, China
	Meena Rasi: 22.46	Tithi 5 – 6	911935467	<b>Gulika</b> 2:51PM – 4:12PM <b>Yama</b> 12:09PM – 1:30PM <b>Rahu</b> 4:12PM – 5:33PM	<b>Revati</b> Until 7:29PM Sadhya Until 7:21PM Kaulava Until 6:38PM <b>Panchami</b> Until 6:17AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear <b>Magha-Thai</b>	Sun 18 Sutra 301 Plava 5123 Moon 1 - Phase 40 - 18 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 7:29PM	Then Creative Work - Siddha Yoga					

<b>5</b>	<b>Monday, February 7, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Shanghai, China
	Mesha Rasi: 5.23	Tithi 6 – 7	921935467	<b>Gulika</b> 1:30PM – 2:51PM <b>Yama</b> 10:48AM – 12:09PM <b>Rahu</b> 8:06AM – 9:27AM	<b>Ashvini</b> Until 9:28PM Subha Until 7:12PM Gara Until 7:54PM <b>Shashthi*</b> Until 7:09AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White <b>Magha-Thai</b>	Sun 19 Sutra 302 Plava 5123 Moon 1 - Phase 40 - 19 3rd Phase <b>Sivaloka Day</b>
	Family Home Evening						
	Creative Work	Siddha Yoga					

<b>☾</b>	<b>Tuesday, February 8, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Shanghai, China
	<b>Retreat Star</b>		921935467	<b>Gulika</b> 12:09PM – 1:31PM <b>Yama</b> 9:26AM – 10:48AM <b>Rahu</b> 2:52PM – 4:13PM	<b>Bharani</b> Until 11:57PM Sukla Until 7:34PM Visti Until 9:53PM <b>Saptami</b> Until 8:48AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White <b>Magha-Thai</b>	Sun 20 Sutra 303 Plava 5123 Moon 1 - Phase 40 - 20 Ashtami <b>Sivaloka Day</b>
	Mesha Rasi: 17.39	Tithi 7 – 8					
	Creative Work	Siddha Yoga					

<b>☽</b>	<b>Wednesday, February 9, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China
	<b>Retreat Star</b>		921935467	<b>Gulika</b> 10:48AM – 12:09PM <b>Yama</b> 8:05AM – 9:26AM <b>Rahu</b> 12:09PM – 1:31PM	<b>Krittika</b> Until 2:44AM Thu Brahma Until 8:20PM Balava Until 12:22AM Thu <b>Ashtami*</b> Until 11:03AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White <b>Magha-Thai</b>	Sun 21 Sutra 304 Plava 5123 Moon 1 - Phase 40 - 21 Navami <b>Sivaloka Day</b>
	Mesha Rasi: 29.4	Tithi 8 – 9					
	Creative Work	Amrita Yoga					
	Until 2:44AM Thu						
	Then Routine Work - Marana Yoga						

<b>1</b>	<b>Thursday, February 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Shanghai, China Sun 22 Sutra 305 Plava 5123	
	Vishabha Rasi: 11.31	Tithi 9 – 10	<b>Gulika</b> 9:26AM – 10:48AM Yama 6:42AM – 8:04AM Rahu 1:31PM – 2:53PM	<b>Rohini Until 6:03AM Fri</b> Indra Until 9:20PM Taitila Until 3:05AM Fri Navami* Until 1:41PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:42AM <b>Sunset:</b> 5:36PM	Moon 1 - Phase 41 - 22 4th Phase <b>Subha Sivaloka Day</b>	
Routine Work Marana Yoga Until 6:03AM Fri Then Creative Work - Siddha Yoga								

<b>2</b>	<b>Friday, February 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Shanghai, China Sun 23 Sutra 306 Plava 5123	
	Vishabha Rasi: 23.18	Tithi 10 – 11	<b>Gulika</b> 8:03AM – 9:25AM Yama 2:53PM – 4:15PM Rahu 10:47AM – 12:09PM	<b>Rohini Until 6:03AM</b> Vaidhriti* Until 10:19PM Vanija Until 5:46AM Sat Dashami Until 4:26PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:41AM <b>Sunset:</b> 5:37PM	Moon 1 - Phase 41 - 23 4th Phase <b>Sivaloka Day</b>	
Routine Work Marana Yoga Until 6:03AM Then Creative Work - Siddha Yoga								

<b>3</b>	<b>Saturday, February 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Visti* Karana Ekadashyam Titau				Shanghai, China Sun 24 Sutra 307 Plava 5123	
	Mithuna Rasi: 5.06	Tithi 11	<b>Gulika</b> 6:41AM – 8:03AM Yama 1:32PM – 2:54PM Rahu 9:25AM – 10:47AM	<b>Mrigashira Until 9:09AM</b> Vishkambha* Until 11:10PM Visti Until 7:01PM Ekadashi Until 7:01PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:41AM <b>Sunset:</b> 5:38PM	Moon 1 - Phase 41 - 24 4th Phase <b>Sivaloka Day</b>	
Creative Work Siddha Yoga								

<b>4</b>	<b>Sunday, February 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau				Shanghai, China Sun 25 Sutra 308 Plava 5123	
	Mithuna Rasi: 17.01	Tithi 12	<b>Gulika</b> 2:54PM – 4:17PM Yama 12:09PM – 1:32PM Rahu 4:17PM – 5:39PM	<b>Ardra Until 11:48AM</b> Priti Until 11:45PM Bava Until 8:12AM Dvadashi Until 9:15PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:40AM <b>Sunset:</b> 5:39PM	Moon 1 - Phase 41 - 25 4th Phase <b>Sivaloka Day</b>	
Creative Work Siddha Yoga								

<b>5</b>	<b>Monday, February 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau				Shanghai, China Sun 26 Sutra 309 Plava 5123	
	Mithuna Rasi: 29.04	Tithi 13	<b>Gulika</b> 1:32PM – 2:55PM Yama 10:47AM – 12:09PM Rahu 8:01AM – 9:24AM	<b>Punarvasu Until 2:23PM</b> Ayushman Until 11:57PM Kaulava Until 10:13AM Trayodashi Until 11:00PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 6:39AM <b>Sunset:</b> 5:40PM	Moon 1 - Phase 41 - 26 4th Phase <b>Devaloka Day</b>	
Family Home Evening Creative Work Amrita Yoga Until 2:23PM Then Creative Work - Siddha Yoga								

<b>6</b>	<b>Tuesday, February 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau				Shanghai, China Sun 27 Sutra 310 Plava 5123	
	Kataka Rasi: 11.19	Tithi 14	<b>Gulika</b> 12:09PM – 1:32PM Yama 9:24AM – 10:46AM Rahu 2:55PM – 4:18PM	<b>Pushya Until 4:18PM</b> Saubhagya Until 11:46PM Gara Until 11:42AM Chaturdashi* Until 12:14AM Wed	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 5:41PM	Moon 1 - Phase 41 - 27 4th Phase <b>Devaloka Day</b>	
Creative Work Siddha Yoga Chidambaram Abhishekam								

<b>○</b>	<b>Wednesday, February 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China Sutra 311 Plava 5123	
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:46AM – 12:09PM Yama 8:00AM – 9:23AM Rahu 12:09PM – 1:32PM	<b>Ashlesha* Until 5:33PM</b> Sobhana Until 11:12PM Visti Until 12:40PM Purnima* Until 12:57AM Thu	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 6:37AM <b>Sunset:</b> 5:42PM	Moon 1 - Phase 41 - Purnima <b>Devaloka Day</b>	
Kataka Rasi: 23.49 Tithi 15 Creative Work Siddha Yoga								

<b>○</b>	<b>Thursday, February 17, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China Sutra 312 Plava 5123	
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:23AM – 10:46AM Yama 6:36AM – 7:59AM Rahu 1:33PM – 2:56PM	<b>Magha* Until 6:39PM</b> Athiganda* Until 10:13PM Balava Until 1:08PM Prathama* Until 1:10AM Fri	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:36AM <b>Sunset:</b> 5:42PM	Moon 1 - Phase 41 - Prathama <b>Sivaloka Day</b>	
Simha Rasi: 6.32 Tithi 16 Creative Work Amrita Yoga Until 6:39PM Then Creative Work - Siddha Yoga								

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

T times are standard time. Calculated for Shanghai, China on 5/23/

www.gurudeva.org/panchang





**Friday, February 18, 2022**  
**Gold Retreat Star**

Simha Rasi: 19.28      Tithi 17  
952135467

**Gulika** 7:59AM – 9:22AM  
**Yama** 2:56PM – 4:20PM  
**Rahu** 10:46AM – 12:09PM

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

**Purvaphalguni Until 7:09PM**  
Sukarma Until 8:56PM  
Tailila Until 1:08PM  
**Dvitiya Until 12:59AM Sat**

**Ganesha:** Yellow      *Sunrise:* 6:35AM  
**Muruqa:** Purple      *Sunset:* 5:43PM  
**Nataraja:** Clear  
Moon – Red  
**Magha-Masi**

Shanghai, China  
Sutra 313  
Plava 5123  
Moon 2 - Phase 42 -  
1st Phase

**Sivaloka Day**

Creative Work      Siddha Yoga

**1**

**Saturday, February 19, 2022**

Kanya Rasi: 2.37      Tithi 18  
952135467

**Gulika** 6:34AM – 7:58AM  
**Yama** 1:33PM – 2:57PM  
**Rahu** 9:22AM – 10:45AM

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Uttaraphalguni Until 7:10PM**  
Dhriti Until 7:23PM  
Vanija Until 12:46PM  
**Tritiya Until 12:26AM Sun**

**Ganesha:** Yellow      *Sunrise:* 6:34AM  
**Muruqa:** Purple      *Sunset:* 5:44PM  
**Nataraja:** Clear  
Moon – Red  
**Magha-Masi**

Shanghai, China  
Sun 1      Sutra 314  
Plava 5123  
Moon 2 - Phase 42 - 1  
1st Phase

**Sivaloka Day**

Routine Work      Marana Yoga

**2**

**Sunday, February 20, 2022**

Kanya Rasi: 15.56      Tithi 19  
962135467

**Gulika** 2:57PM – 4:21PM  
**Yama** 12:09PM – 1:33PM  
**Rahu** 4:21PM – 5:45PM

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthayam Titau

**Hasta Until 7:10PM**  
Shula\* Until 5:34PM  
Bava Until 12:04PM  
**Chaturthi\* Until 11:35PM**

**Ganesha:** White      *Sunrise:* 6:33AM  
**Muruqa:** Purple      *Sunset:* 5:45PM  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

**Devaloka Day**

Creative Work      Amrita Yoga  
Until 7:10PM  
Then Creative Work - Siddha Yoga

Shanghai, China  
Sun 2      Sutra 315  
Plava 5123  
Moon 2 - Phase 42 - 2  
1st Phase

**3**

**Monday, February 21, 2022**

Kanya Rasi: 29.26      Tithi 20  
962135467  
**Family Home Evening**  
Routine Work      Prabalarishta Yoga  
Until 6:45PM  
Then Creative Work - Amrita Yoga

**Gulika** 1:33PM – 2:57PM  
**Yama** 10:45AM – 12:09PM  
**Rahu** 7:56AM – 9:21AM

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Tailila Karana Panchamyam Titau

**Chitra Until 6:45PM**  
Ganda\* Until 3:33PM  
Kaulava Until 11:05AM  
**Panchami Until 10:28PM**

**Ganesha:** White      *Sunrise:* 6:32AM  
**Muruqa:** Purple      *Sunset:* 5:46PM  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

**Devaloka Day**

Shanghai, China  
Sun 3      Sutra 316  
Plava 5123  
Moon 2 - Phase 42 - 3  
1st Phase

**4**

**Tuesday, February 22, 2022**

Tula Rasi: 13.04      Tithi 21  
962135467

**Gulika** 12:09PM – 1:33PM  
**Yama** 9:20AM – 10:44AM  
**Rahu** 2:58PM – 4:22PM

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

**Svati Until 5:57PM**  
Vridhhi Until 1:20PM  
Gara Until 9:50AM  
**Shashthi\* Until 9:06PM**

**Ganesha:** White      *Sunrise:* 6:31AM  
**Muruqa:** Purple      *Sunset:* 5:46PM  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

**Devaloka Day**

Creative Work      Siddha Yoga  
Until 5:57PM  
Then Routine Work - Marana Yoga

Shanghai, China  
Sun 4      Sutra 317  
Plava 5123  
Moon 2 - Phase 42 - 4  
1st Phase

**5**

**Wednesday, February 23, 2022**

Tula Rasi: 26.5      Tithi 22  
972135467

**Gulika** 10:44AM – 12:09PM  
**Yama** 7:55AM – 9:20AM  
**Rahu** 12:09PM – 1:33PM

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Vishakha Until 5:11PM**  
Dhruva Until 10:55AM  
Visti Until 8:21AM  
**Saptami Until 7:29PM**

**Ganesha:** Clear      *Sunrise:* 6:30AM  
**Muruqa:** Purple      *Sunset:* 5:47PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

**Sivaloka Day**

Creative Work      Siddha Yoga

Shanghai, China  
Sun 5      Sutra 318  
Plava 5123  
Moon 2 - Phase 42 - 5  
1st Phase

**D**

**Thursday, February 24, 2022**  
**Retreat Star**

Vrischika Rasi: 10.47      Tithi 23 – 24  
972135467

**Gulika** 9:19AM – 10:44AM  
**Yama** 6:29AM – 7:54AM  
**Rahu** 1:33PM – 2:58PM

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\*/Harshana Yoga Balava/Tailila Karana Ashtami/Navamyam Titau

**Anuradha Until 4:02PM**  
Vyaghata\* Until 8:17AM  
Balava Until 6:36AM  
**Ashtami\* Until 5:38PM**

**Ganesha:** Clear      *Sunrise:* 6:29AM  
**Muruqa:** Purple      *Sunset:* 5:48PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

**Sivaloka Day**

Creative Work      Siddha Yoga  
Until 4:02PM  
Then Routine Work - Prabalarishta Yoga

Shanghai, China  
Sun 6      Sutra 319  
Plava 5123  
Moon 2 - Phase 42 - 6  
Ashtami

**Friday, February 25, 2022**

**Retreat Star**

Vrischika Rasi: 24.52      Tithi 24 – 25  
973135467

**Gulika** 7:53AM – 9:18AM  
**Yama** 2:59PM – 4:24PM  
**Rahu** 10:43AM – 12:08PM

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Jyeshtha\* Until 2:31PM**  
Vajra\* Until 2:29AM Sat  
Vanija Until 2:25AM Sat  
**Navami\* Until 3:31PM**

**Ganesha:** Purple      *Sunrise:* 6:28AM  
**Muruqa:** Purple      *Sunset:* 5:49PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

**Subha Sivaloka Day**

Routine Work      Marana Yoga  
Until 2:31PM  
Then Creative Work - Amrita Yoga

Shanghai, China  
Sun 7      Sutra 320  
Plava 5123  
Moon 2 - Phase 42 - 7  
Navami

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1 times are standard time. Calculated for Shanghai, China on 5/23/


www.gurudeva.org/panchang

<b>1</b>	<b>Saturday, February 26, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yukhtayam				Shanghai, China	
	Dhanus Rasi: 9.07    Tithi 25 – 26		Mula*/Purvashadha* Nakshatra Siddhi Yoga Vistii*/Bava Karana Dashami/Ekadashyam Titau				Sun 8    Sutra 321	
	983135467		<b>Gulika</b> 6:27AM – 7:52AM	<b>Mula* Until 1:04PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:27AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:49PM	Plava 5123	
	Creative Work    Siddha Yoga		Yama    1:34PM – 2:59PM	Siddhi Until 11:21PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 43 - 8		
		<b>Rahu</b> 9:18AM – 10:43AM	Bava Until 12:01AM Sun	Moon – Light Blue	2nd Phase			
			<b>Dashami Until 1:13PM</b>	<b>Magha-Masi</b>	<b>Sivaloka Day</b>			

<b>2</b>	<b>Sunday, February 27, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam				Shanghai, China	
	Dhanus Rasi: 23.28    Tithi 26 – 27		Purvashadha*/Uttarashadha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9    Sutra 322	
	983135467		<b>Gulika</b> 2:59PM – 4:25PM	<b>Purvashadha* Until 11:20AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:26AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:50PM	Plava 5123	
	Creative Work    Siddha Yoga		Yama    12:08PM – 1:34PM	Vyatipata* Until 8:09PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 43 - 9		
Until 11:20AM		<b>Rahu</b> 4:25PM – 5:50PM	Kaulava Until 9:32PM	Moon – Light Blue	2nd Phase			
Then Creative Work - Amrita Yoga			<b>Ekadashi* Until 10:46AM</b>	<b>Magha-Masi</b>	<b>Sivaloka Day</b>			

<b>3</b>	<b>Monday, February 28, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yukhtayam				Shanghai, China	
	Makara Rasi: 7.52    Tithi 27 – 28		Uttarashadha*/Shravana Nakshatra Variyan/Parigha* Yoga Talilla/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10    Sutra 323	
	983135467		<b>Gulika</b> 1:34PM – 2:59PM	<b>Uttarashadha Until 9:24AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:25AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:51PM	Plava 5123	
	Family Home Evening		Yama    10:42AM – 12:08PM	Variyan Until 4:54PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 43 - 10		
Routine Work    Marana Yoga		<b>Rahu</b> 7:51AM – 9:16AM	Gara Until 7:02PM	Moon – Light Blue	2nd Phase			
Until 9:24AM			<b>Dvadashi* Until 8:15AM</b>	<b>Magha-Masi</b>	<b>Sivaloka Day</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>	<b>Tuesday, March 1, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yukhtayam				Shanghai, China	
	Makara Rasi: 22.14    Tithi 29		Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau				Sun 11    Sutra 324	
	993135467		<b>Gulika</b> 12:08PM – 1:34PM	<b>Shravana Until 7:49AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:23AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:52PM	Plava 5123	
	Creative Work    Siddha Yoga		Yama    9:15AM – 10:41AM	Parigha* Until 1:46PM	<b>Nataraja:</b> Clear	Moon 2 - Phase 43 - 11		
		<b>Rahu</b> 3:00PM – 4:26PM	Vistii Until 4:39PM	Moon – Purple	2nd Phase			
			<b>Chaturdashi* Until 3:32AM Wed</b>	<b>Magha-Masi</b>	<b>Sivaloka Day</b>			

	<b>Wednesday, March 2, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam				Shanghai, China	
	<b>Retreat Star</b>		Dhanishtha/Shalabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 12    Sutra 325	
	Kumbha Rasi: 6.29    Tithi 30		993135467				Plava 5123	
	Routine Work    Prabalarishta Yoga		<b>Gulika</b> 10:41AM – 12:07PM	<b>Dhanishtha Until 6:17AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:22AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:53PM	Moon 2 - Phase 43 - 12	
Until 6:17AM		Yama    7:48AM – 9:15AM	Shiva Until 10:49AM	<b>Nataraja:</b> Clear	Amavasya			
Then Creative Work - Siddha Yoga		<b>Rahu</b> 12:07PM – 1:34PM	Catuspada Until 2:31PM	Moon – Purple	<b>Sivaloka Day</b>			
			<b>Amavasya* Until 1:35AM Thu</b>	<b>Magha-Masi</b>				

	<b>Thursday, March 3, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yukhtayam				Shanghai, China	
	<b>Retreat Star</b>		Purvaproshtpada* Nakshatra Siddha/Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 13    Sutra 326	
	Kumbha Rasi: 20.31    Tithi 1		913135467				Plava 5123	
	Creative Work    Siddha Yoga		<b>Gulika</b> 9:14AM – 10:41AM	<b>Purvaproshtpada* Until 4:24AM Fri</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:21AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM	Moon 2 - Phase 43 - 13	
		Yama    6:21AM – 7:47AM	Siddha Until 8:10AM	<b>Nataraja:</b> Clear	Prathama			
		<b>Rahu</b> 1:34PM – 3:01PM	Kintughna Until 12:48PM	Moon – Clear	<b>Subha Sivaloka Day</b>			
			<b>Prathama* Until 12:07AM Fri</b>	<b>Phalgun-Masi</b>				

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Friday, March 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Shanghai, China Sun 14 Sutra 327 Plava 5123	
Meena Rasi: 4.13	Tithi 2	<b>Gulika</b> 7:46AM – 9:13AM	<b>Uttaraproshtapada</b> Until 4:20AM Sat	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:19AM				
		Yama 3:01PM – 4:28PM	Subha Until 4:13AM Sat	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 5:55PM			Moon 2 - Phase 44 - 14	3rd Phase
		913135467 <b>Rahu</b> 10:40AM – 12:07PM	Balava Until 11:37AM	<b>Nataraja:</b> Clear					
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 11:15PM	Moon – Clear				<b>Subha Sivaloka Day</b>	
Until 4:20AM Sat									
Then Routine Work - Prabalarishta Yoga									

<b>2</b>		<b>Saturday, March 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Shanghai, China Sun 15 Sutra 328 Plava 5123	
Meena Rasi: 17.34	Tithi 3	<b>Gulika</b> 6:18AM – 7:45AM	<b>Revati</b> Until 4:48AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:18AM				
		Yama 1:34PM – 3:01PM	Sukla Until 3:03AM Sun	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 5:55PM			Moon 2 - Phase 44 - 15	3rd Phase
		113135467 <b>Rahu</b> 9:13AM – 10:40AM	Taitila Until 11:06AM	<b>Nataraja:</b> Clear					
Routine Work	Prabalarishta Yoga		<b>Tritiya</b> Until 11:06PM	Moon – Clear				<b>Sivaloka Day</b>	
Until 4:48AM Sun									
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>							

<b>3</b>		<b>Sunday, March 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau				Shanghai, China Sun 16 Sutra 329 Plava 5123	
Mesha Rasi: 0.32	Tithi 4	<b>Gulika</b> 3:01PM – 4:29PM	<b>Ashvini</b> Until 6:20AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM				
		Yama 12:07PM – 1:34PM	Sukla Until 2:29AM Mon	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 5:56PM			Moon 2 - Phase 44 - 16	3rd Phase
		123135467 <b>Rahu</b> 4:29PM – 5:56PM	Vanija Until 11:20AM	<b>Nataraja:</b> Clear					
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 11:43PM	Moon – White				<b>Sivaloka Day</b>	

<b>4</b>		<b>Monday, March 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China Sun 17 Sutra 330 Plava 5123	
Mesha Rasi: 13.08	Tithi 5	<b>Gulika</b> 1:34PM – 3:02PM	<b>Ashvini</b> Until 6:20AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM				
Family Home Evening		Yama 10:39AM – 12:06PM	Indra Until 2:30AM Tue	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 5:57PM			Moon 2 - Phase 44 - 17	3rd Phase
		123135467 <b>Rahu</b> 7:44AM – 9:11AM	Bava Until 12:20PM	<b>Nataraja:</b> Clear					
Creative Work	Siddha Yoga		<b>Panchami</b> Until 1:05AM Tue	Moon – White				<b>Sivaloka Day</b>	

<b>5</b>		<b>Tuesday, March 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Shanghai, China Sun 18 Sutra 331 Plava 5123	
Mesha Rasi: 25.26	Tithi 6	<b>Gulika</b> 12:06PM – 1:34PM	<b>Bharani</b> Until 8:25AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM				
		Yama 9:10AM – 10:38AM	Vaidhriti* Until 2:58AM Wed	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 5:58PM			Moon 2 - Phase 44 - 18	3rd Phase
		123135467 <b>Rahu</b> 3:02PM – 4:30PM	Kaulava Until 2:02PM	<b>Nataraja:</b> Clear					
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 3:04AM Wed	Moon – White				<b>Sivaloka Day</b>	

<b>6</b>		<b>Wednesday, March 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Shanghai, China Sun 19 Sutra 332 Plava 5123	
Vrishabha Rasi: 7.29	Tithi 7	<b>Gulika</b> 10:38AM – 12:06PM	<b>Krittika</b> Until 10:53AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:14AM				
		Yama 7:42AM – 9:10AM	Vishkambha* Until 3:46AM Thu	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:58PM			Moon 2 - Phase 44 - 19	3rd Phase
		123235477 <b>Rahu</b> 12:06PM – 1:34PM	Gara Until 4:16PM	<b>Nataraja:</b> Green					
Creative Work	Amrita Yoga		<b>Saptami</b> Until 5:30AM Thu	Moon – White				<b>Bhuloka Day</b>	
Until 10:53AM								Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga									

<b>Retreat Star</b>		<b>Thursday, March 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visti* Karana Ashlamyam Titau				Shanghai, China Sun 20 Sutra 333 Plava 5123	
Vrishabha Rasi: 19.22	Tithi 8	<b>Gulika</b> 9:09AM – 10:37AM	<b>Rohini</b> Until 2:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:12AM				
		Yama 6:12AM – 7:41AM	Priti Until 4:45AM Fri	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 5:59PM			Moon 2 - Phase 44 - 20	Ashtami
		133235477 <b>Rahu</b> 1:34PM – 3:02PM	Visti Until 6:50PM	<b>Nataraja:</b> Green					
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 8:07AM Fri	Moon – Yellow				<b>Devaloka Day</b>	

<b>Retreat Star</b>		<b>Friday, March 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Shanghai, China Sun 21 Sutra 334 Plava 5123	
Mithuna Rasi: 1.11	Tithi 8 – 9	<b>Gulika</b> 7:40AM – 9:08AM	<b>Mrigashira</b> Until 5:06PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:11AM				
		Yama 3:02PM – 4:31PM	Ayushman Until 5:40AM Sat	<b>Muruḡa:</b> Clear	<i>Sunset:</i> 6:00PM			Moon 2 - Phase 44 - 21	Navami
		134235477 <b>Rahu</b> 10:37AM – 12:05PM	Balava Until 9:27PM	<b>Nataraja:</b> Green					
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 8:07AM	Moon – Yellow				<b>Sivaloka Day</b>	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Saturday, March 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Shanghai, China Sun 22 Sutra 335 Plava 5123	
Mithuna Rasi: 13.01	Tithi 9 – 10	Gulika 6:10AM – 7:39AM	Ardra Until 7:52PM	Ganesha: Purple	Sunrise: 6:10AM	Moon 2 - Phase 45 - 22	4th Phase
		Yama 1:34PM – 3:03PM	Saubhagya Until 6:23AM Sun	Muruqa: Clear	Sunset: 6:00PM		
		134235477 Rahu 9:08AM – 10:36AM	Taitila Until 11:51PM	Nataraja: Green			
Creative Work	Siddha Yoga		Navami* Until 10:40AM	Moon – Yellow			Sivaloka Day
				Phalguna-Masi			
<b>2</b>		<b>Sunday, March 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Shanghai, China Sun 23 Sutra 336 Plava 5123	
Mithuna Rasi: 24.58	Tithi 10 – 11	Gulika 3:03PM – 4:32PM	Punarvasu Until 10:35PM	Ganesha: Clear	Sunrise: 6:09AM	Moon 2 - Phase 45 - 23	4th Phase
		Yama 12:05PM – 1:34PM	Saubhagya Until 6:23AM	Muruqa: Clear	Sunset: 6:01PM		
		144235477 Rahu 4:32PM – 6:01PM	Vanija Until 1:51AM Mon	Nataraja: Green			
Creative Work	Siddha Yoga		Dashami Until 12:53PM	Moon – Blue			Devaloka Day
				Phalguna-Masi			
<b>3</b>		<b>Monday, March 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Vistit/Bava Karana Ekadashi/Dvadashyam Titau		Shanghai, China Sun 24 Sutra 337 Plava 5123	
Kataka Rasi: 7.05	Tithi 11 – 12	Gulika 1:34PM – 3:03PM	Pushya Until 12:37AM Tue	Ganesha: Clear	Sunrise: 6:07AM	Moon 2 - Phase 45 - 24	4th Phase
Family Home Evening		Yama 10:35AM – 12:05PM	Sobhana Until 6:47AM	Muruqa: Clear	Sunset: 6:02PM		
		144235477 Rahu 7:37AM – 9:06AM	Bava Until 3:16AM Tue	Nataraja: Green			
Creative Work	Siddha Yoga		Ekadashi Until 2:37PM	Moon – Blue			Devaloka Day
				Phalguna-Masi			
<b>4</b>		<b>Tuesday, March 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Shanghai, China Sun 25 Sutra 338 Plava 5123	
Kataka Rasi: 19.27	Tithi 12 – 13	Gulika 12:04PM – 1:34PM	Ashlesha* Until 1:53AM Wed	Ganesha: Clear	Sunrise: 6:06AM	Moon 2 - Phase 45 - 25	4th Phase
		Yama 9:05AM – 10:35AM	Athiganda* Until 6:43AM	Muruqa: Clear	Sunset: 6:02PM		
		144235478 Rahu 3:03PM – 4:33PM	Kaulava Until 4:04AM Wed	Nataraja: White			
Creative Work	Siddha Yoga		Dvadashi Until 3:44PM	Moon – Blue			Devaloka Day
		Karadayyan Nombu (Tamil Nadu)		Phalguna-Panguni			
				Pradosha Vrata			
<b>5</b>		<b>Wednesday, March 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Shanghai, China Sun 26 Sutra 339 Plava 5123	
Simha Rasi: 2.05	Tithi 13 – 14	Gulika 10:34AM – 12:04PM	Magha* Until 2:51AM Thu	Ganesha: White	Sunrise: 6:05AM	Moon 2 - Phase 45 - 26	4th Phase
		Yama 7:35AM – 9:05AM	Sukarma Until 6:10AM	Muruqa: Clear	Sunset: 6:03PM		
		154235478 Rahu 12:04PM – 1:34PM	Gara Until 4:12AM Thu	Nataraja: White			
Creative Work	Siddha Yoga		Trayodashi Until 4:11PM	Moon – Red			Sivaloka Day
				Phalguna-Panguni			
<b>6</b>		<b>Thursday, March 17, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Shanghai, China Sun 27 Sutra 340 Plava 5123	
Simha Rasi: 15.02	Tithi 14 – 15	Gulika 9:04AM – 10:34AM	Purvaphalguni Until 3:04AM Fri	Ganesha: White	Sunrise: 6:04AM	Moon 2 - Phase 45 - 27	4th Phase
		Yama 6:04AM – 7:34AM	Shula* Until 3:37AM Fri	Muruqa: Clear	Sunset: 6:04PM		
		154235478 Rahu 1:34PM – 3:04PM	Visti Until 3:45AM Fri	Nataraja: White			
Creative Work	Siddha Yoga		Chaturdashi* Until 4:02PM	Moon – Red			Sivaloka Day
				Phalguna-Panguni			
<b>○</b>		<b>Friday, March 18, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Shanghai, China Sutra 341 Plava 5123	
Simha Rasi: 28.17	Tithi 15 – 16	Gulika 7:33AM – 9:03AM	Uttaraphalguni Until 2:39AM Sat	Ganesha: White	Sunrise: 6:03AM	Moon 2 - Phase 45 -	Purnima
		Yama 3:04PM – 4:34PM	Ganda* Until 1:43AM Sat	Muruqa: Clear	Sunset: 6:04PM		
		154235478 Rahu 10:33AM – 12:03PM	Balava Until 2:48AM Sat	Nataraja: White			
Creative Work	Siddha Yoga		Purnima* Until 3:19PM	Moon – Red			Sivaloka Day
Until 2:39AM Sat		Panguni Uttiram		Phalguna-Panguni			
Then Routine Work - Marana Yoga		Holi					
<b>○</b>		<b>Saturday, March 19, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Shanghai, China Sutra 342 Plava 5123	
Kanya Rasi: 11.49	Tithi 16 – 17	Gulika 6:01AM – 7:32AM	Hasta Until 2:07AM Sun	Ganesha: Yellow	Sunrise: 6:01AM	Moon 2 - Phase 45 -	Prathama
		Yama 1:34PM – 3:04PM	Vriddhi Until 11:30PM	Muruqa: Clear	Sunset: 6:05PM		
		164235478 Rahu 9:02AM – 10:33AM	Taitila Until 1:26AM Sun	Nataraja: White			
Routine Work	Marana Yoga		Prathama* Until 2:08PM	Moon – Green			Devaloka Day
Until 2:07AM Sun				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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**Sunday, March 20, 2022**  
**Gold Retreat Star**

Kanya Rasi: 25.34 Tithi 17 – 18

164235478

**Gulika**  
Yama  
**Rahu**

3:04PM – 4:35PM  
12:03PM – 1:34PM  
4:35PM – 6:06PM

**Chitra Until 1:08AM Mon**  
Dhruva Until 9:00PM  
Vanija Until 11:45PM  
**Dvitiya Until 12:36PM**

**Ganesha:** Yellow *Sunrise:* 6:00AM  
**Muruqa:** Clear *Sunset:* 6:06PM  
**Nataraja:** White  
Moon – Green  
**Phalguna-Panguni**

Shanghai, China  
Sun 1 Sutra 343  
Plava 5123  
Moon 3 - Phase 46 - 1  
1st Phase

Creative Work Siddha Yoga  
Until 1:08AM Mon  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**1**

**Monday, March 21, 2022**

Tula Rasi: 9.29 Tithi 18 – 19

164235478

**Gulika**  
Yama  
**Rahu**

1:34PM – 3:04PM  
10:32AM – 12:03PM  
7:30AM – 9:01AM

**Svati Until 11:49PM**  
Vyaghata\* Until 6:21PM  
Bava Until 9:53PM  
**Tritiya Until 10:49AM**

**Ganesha:** Yellow *Sunrise:* 5:59AM  
**Muruqa:** Clear *Sunset:* 6:06PM  
**Nataraja:** White  
Moon – Green  
**Phalguna-Panguni**

Shanghai, China  
Sun 2 Sutra 344  
Plava 5123  
Moon 3 - Phase 46 - 2  
1st Phase

**Family Home Evening**  
Creative Work Amrita Yoga  
Until 11:49PM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Tuesday, March 22, 2022**

Tula Rasi: 23.32 Tithi 19 – 20

174235478

**Gulika**  
Yama  
**Rahu**

12:02PM – 1:33PM  
9:00AM – 10:31AM  
3:05PM – 4:36PM

**Vishakha Until 10:40PM**  
Harshana Until 3:36PM  
Kaulava Until 7:53PM  
**Chaturthi\* Until 8:52AM**

**Ganesha:** Blue *Sunrise:* 5:58AM  
**Muruqa:** Clear *Sunset:* 6:07PM  
**Nataraja:** White  
Moon – Orange  
**Phalguna-Panguni**

Shanghai, China  
Sun 3 Sutra 345  
Plava 5123  
Moon 3 - Phase 46 - 3  
1st Phase

Routine Work Marana Yoga  
Until 10:40PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**3**

**Wednesday, March 23, 2022**

Vischika Rasi: 7.38 Tithi 20 – 21

175235478

**Gulika**  
Yama  
**Rahu**

10:31AM – 12:02PM  
7:28AM – 8:59AM  
12:02PM – 1:33PM

**Anuradha Until 9:19PM**  
Vajra\* Until 12:46PM  
Vanija Until 4:45AM Thu  
**Panchami Until 6:50AM**

**Ganesha:** Yellow *Sunrise:* 5:56AM  
**Muruqa:** Clear *Sunset:* 6:08PM  
**Nataraja:** White  
Moon – Orange  
**Phalguna-Panguni**

Shanghai, China  
Sun 4 Sutra 346  
Plava 5123  
Moon 3 - Phase 46 - 4  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**4**

**Thursday, March 24, 2022**

Vischika Rasi: 21.46 Tithi 22

175235478

**Gulika**  
Yama  
**Rahu**

8:58AM – 10:30AM  
5:55AM – 7:27AM  
1:33PM – 3:05PM

**Jyeshtha\* Until 7:49PM**  
Siddhi Until 9:55AM  
Visti Until 3:44PM  
**Saptami Until 2:40AM Fri**

**Ganesha:** Yellow *Sunrise:* 5:55AM  
**Muruqa:** Clear *Sunset:* 6:08PM  
**Nataraja:** White  
Moon – Orange  
**Phalguna-Panguni**

Shanghai, China  
Sun 5 Sutra 347  
Plava 5123  
Moon 3 - Phase 46 - 5  
1st Phase

Routine Work Prabalarishta Yoga  
Until 7:49PM  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**Retreat Star**

**Friday, March 25, 2022**

Dhanus Rasi: 5.53 Tithi 23

185235478

**Gulika**  
Yama  
**Rahu**

7:26AM – 8:58AM  
3:05PM – 4:37PM  
10:29AM – 12:01PM

**Mula\* Until 6:37PM**  
Vyatipata\* Until 7:06AM  
Balava Until 1:39PM  
**Ashtami\* Until 12:37AM Sat**

**Ganesha:** Blue *Sunrise:* 5:54AM  
**Muruqa:** Clear *Sunset:* 6:09PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**

Shanghai, China  
Sun 6 Sutra 348  
Plava 5123  
Moon 3 - Phase 46 - 6  
Ashtami

Creative Work Amrita Yoga  
Until 6:37PM  
Then Routine Work - Prabalarishta Yoga

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**Saturday, March 26, 2022**

**Retreat Star**

Dhanus Rasi: 20.01 Tithi 24

185235478

**Gulika**  
Yama  
**Rahu**

5:53AM – 7:25AM  
1:33PM – 3:05PM  
8:57AM – 10:29AM

**Purvashadha\* Until 5:19PM**  
Parigha\* Until 1:30AM Sun  
Taitila Until 11:37AM  
**Navami\* Until 10:36PM**

**Ganesha:** Blue *Sunrise:* 5:53AM  
**Muruqa:** Clear *Sunset:* 6:10PM  
**Nataraja:** White  
Moon – Light Blue  
**Phalguna-Panguni**

Shanghai, China  
Sun 7 Sutra 349  
Plava 5123  
Moon 3 - Phase 46 - 7  
Navami

Creative Work Siddha Yoga  
Until 5:19PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1</b>		<b>Sunday, March 27, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Shanghai, China Sun 8 Sutra 350	
Makara Rasi: 4.05	Tithi 25	<b>Gulika</b>	3:06PM – 4:38PM	<b>Uttarashadha</b> Until 3:57PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:51AM		Plava 5123	
		Yama	12:01PM – 1:33PM	Shiva Until 10:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:10PM		Moon 3 - Phase 47 - 8	
Creative Work	Amrita Yoga	185235478 <b>Rahu</b>	4:38PM – 6:10PM	Vanija Until 9:38AM	<b>Nataraja:</b> White			2nd Phase	
				<b>Dashami</b> Until 8:39PM	Moon – Light Blue				
					<b>Phalguna-Panguni</b>		<b>Bhuloka Day</b>		
							Devaloka Time: 12:PM to 3:PM		

<b>2</b>		<b>Monday, March 28, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Shanghai, China Sun 9 Sutra 351	
Makara Rasi: 18.06	Tithi 26	<b>Gulika</b>	1:33PM – 3:06PM	<b>Shravana</b> Until 2:58PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:50AM		Plava 5123	
<b>Family Home Evening</b>		Yama	10:28AM – 12:00PM	Siddha Until 8:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:11PM		Moon 3 - Phase 47 - 9	
Creative Work	Amrita Yoga	195235478 <b>Rahu</b>	7:23AM – 8:55AM	Bava Until 7:45AM	<b>Nataraja:</b> White			2nd Phase	
Until 2:58PM				<b>Ekadashi*</b> Until 6:51PM	Moon – Purple				
Then Creative Work - Siddha Yoga					<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>		

<b>3</b>		<b>Tuesday, March 29, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Shanghai, China Sun 10 Sutra 352	
Kumbha Rasi: 2.02	Tithi 27 – 28	<b>Gulika</b>	12:00PM – 1:33PM	<b>Dhanishtha</b> Until 2:01PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:49AM		Plava 5123	
		Yama	8:54AM – 10:27AM	Sadhya Until 5:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM		Moon 3 - Phase 47 - 10	
Creative Work	Siddha Yoga	195235478 <b>Rahu</b>	3:06PM – 4:39PM	Kaulava Until 6:01AM	<b>Nataraja:</b> White			2nd Phase	
Until 2:01PM				<b>Dvadashi*</b> Until 5:13PM	Moon – Purple				
Then Routine Work - Marana Yoga					<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>		

<b>4</b>		<b>Wednesday, March 30, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Shanghai, China Sun 11 Sutra 353	
Kumbha Rasi: 15.49	Tithi 28 – 29	<b>Gulika</b>	10:27AM – 12:00PM	<b>Shatabhishak</b> Until 1:11PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:47AM		Plava 5123	
		Yama	7:21AM – 8:54AM	Subha Until 3:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:12PM		Moon 3 - Phase 47 - 11	
Creative Work	Siddha Yoga	195245478 <b>Rahu</b>	12:00PM – 1:33PM	Visti Until 3:21AM Thu	<b>Nataraja:</b> White			2nd Phase	
Until 1:11PM				<b>Trayodashi*</b> Until 3:52PM	Moon – Purple				
Then Creative Work - Amrita Yoga					<b>Phalguna-Panguni</b>		<b>Bhuloka Day</b>		
							Devaloka Time: 6:AM to 9:AM		

<b>5</b>		<b>Thursday, March 31, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Shanghai, China Sun 12 Sutra 354	
Kumbha Rasi: 29.24	Tithi 29 – 30	<b>Gulika</b>	8:53AM – 10:26AM	<b>Purvaproshtapada*</b> Until 1:01PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:46AM		Plava 5123	
		Yama	5:46AM – 7:20AM	Sukla Until 1:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:13PM		Moon 3 - Phase 47 - 12	
Creative Work	Siddha Yoga	115245478 <b>Rahu</b>	1:33PM – 3:06PM	Catuspada Until 2:36AM Fri	<b>Nataraja:</b> White			2nd Phase	
				<b>Chaturdashi*</b> Until 2:54PM	Moon – Clear				
					<b>Phalguna-Panguni</b>		<b>Bhuloka Day</b>		

		<b>Friday, April 1, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Shanghai, China Sun 13 Sutra 355	
<b>Retreat Star</b>		<b>Gulika</b>	7:20AM – 8:53AM	<b>Uttaraproshtapada</b> Until 1:09PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:46AM		Plava 5123	
Meena Rasi: 12.44	Tithi 30 – 1	Yama	3:06PM – 4:40PM	Brahma Until 12:04PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:13PM		Moon 3 - Phase 47 - 13	
Creative Work	Siddha Yoga	115245478 <b>Rahu</b>	10:26AM – 12:00PM	Kintughna Until 2:23AM Sat	<b>Nataraja:</b> White			Amavasya	
				<b>Amavasya*</b> Until 2:24PM	Moon – Clear				
					<b>Phalguna-Panguni</b>		<b>Bhuloka Day</b>		

<b>Saturday, April 2, 2022</b>		<b>Retreat Star</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Shanghai, China Sun 14 Sutra 356	
Meena Rasi: 25.47	Tithi 1 – 2	<b>Gulika</b>	5:45AM – 7:19AM	<b>Revati</b> Until 1:40PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM		Plava 5123	
		Yama	1:33PM – 3:06PM	Indra Until 10:59AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:13PM		Moon 3 - Phase 47 - 14	
Routine Work	Prabalarishta Yoga	116245478 <b>Rahu</b>	8:52AM – 10:26AM	Balava Until 2:45AM Sun	<b>Nataraja:</b> White			Prathama	
Until 1:40PM				<b>Prathama*</b> Until 2:28PM	Moon – Clear				
Then Creative Work - Siddha Yoga		<b>Chellappaswami Mahasamadhi</b>			<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>		
							Devaloka Time: 9:AM to 12:PM		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b> Sunday, April 3, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Dvitiya/Trityayam Titau				Shanghai, China Sun 15 Sutra 357	
Mesha Rasi: 8.34	Tithi 2 - 3	<b>Gulika</b> 3:07PM - 4:40PM	<b>Ashvini</b> Until 3:06PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:44AM		Plava 5123
		Yama 11:59AM - 1:33PM	Vaidhriti* Until 10:20AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 48 - 15	
		126345478 <b>Rahu</b> 4:40PM - 6:14PM	Taitila Until 3:45AM Mon	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 3:09PM	Moon - White		<b>Bhuloka Day</b>	
Until 3:06PM				Chaitra-Panguni			
Then Routine Work - Prabalarishta Yoga							

<b>2</b> Monday, April 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Shanghai, China Sun 16 Sutra 358	
Mesha Rasi: 21.02	Tithi 3 - 4	<b>Gulika</b> 1:33PM - 3:07PM	<b>Bharani</b> Until 4:59PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM		Plava 5123
<b>Family Home Evening</b>		Yama 10:25AM - 11:59AM	Vishkambha* Until 10:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 48 - 16	
Creative Work	Siddha Yoga	126345478 <b>Rahu</b> 7:17AM - 8:51AM	Vanija Until 5:20AM Tue	<b>Nataraja:</b> White		3rd Phase	
Until 4:59PM			<b>Tritiya</b> Until 4:27PM	Moon - White		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				Chaitra-Panguni			

<b>3</b> Tuesday, April 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Visti* Karana Chaturthyam Titau				Shanghai, China Sun 17 Sutra 359	
Vrishabha Rasi: 3.16	Tithi 4	<b>Gulika</b> 11:58AM - 1:33PM	<b>Krittika</b> Until 7:13PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM		Plava 5123
		Yama 8:50AM - 10:24AM	Priti Until 10:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:15PM	Moon 3 - Phase 48 - 17	
		126345478 <b>Rahu</b> 3:07PM - 4:41PM	Visti Until 6:18PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 6:18PM	Moon - White		<b>Bhuloka Day</b>	
Until 7:13PM				Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

<b>4</b> Wednesday, April 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Shanghai, China Sun 18 Sutra 360	
Vrishabha Rasi: 15.17	Tithi 5	<b>Gulika</b> 10:24AM - 11:58AM	<b>Rohini</b> Until 10:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:40AM		Plava 5123
		Yama 7:15AM - 8:49AM	Ayushman Until 11:09AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 18	
		136345478 <b>Rahu</b> 11:58AM - 1:33PM	Bava Until 7:25AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 8:35PM	Moon - Yellow		<b>Bhuloka Day</b>	
				Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM	

<b>5</b> Thursday, April 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau				Shanghai, China Sun 19 Sutra 361	
Vrishabha Rasi: 27.11	Tithi 6	<b>Gulika</b> 8:48AM - 10:23AM	<b>Mrigashira</b> Until 1:13AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:39AM		Plava 5123
		Yama 5:39AM - 7:14AM	Saubhagya Until 12:02PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 48 - 19	
		136345478 <b>Rahu</b> 1:32PM - 3:07PM	Kaulava Until 9:51AM	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 11:06PM	Moon - Yellow		<b>Bhuloka Day</b>	
Until 1:13AM Fri				Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>6</b> Friday, April 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Shanghai, China Sun 20 Sutra 362	
Mithuna Rasi: 9.01	Tithi 7	<b>Gulika</b> 7:13AM - 8:48AM	<b>Ardra</b> Until 4:03AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM		Plava 5123
		Yama 3:07PM - 4:42PM	Sobhana Until 1:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 48 - 20	
		136345478 <b>Rahu</b> 10:23AM - 11:57AM	Gara Until 12:23PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 1:36AM Sat	Moon - Yellow		<b>Bhuloka Day</b>	
				Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b> Saturday, April 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Shanghai, China Sun 21 Sutra 363	
Mithuna Rasi: 20.52	Tithi 8	<b>Gulika</b> 5:36AM - 7:12AM	<b>Punarvasu</b> Until 6:59AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM		Plava 5123
		Yama 1:32PM - 3:08PM	Athiganda* Until 1:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 48 - 21	
		147345478 <b>Rahu</b> 8:47AM - 10:22AM	Visti Until 2:49PM	<b>Nataraja:</b> White		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 3:54AM Sun	Moon - Blue		<b>Bhuloka Day</b>	
				Chaitra-Panguni		Devaloka Time: 9:AM to 12:PM	

<b>Retreat Star</b> Sunday, April 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Shanghai, China Sun 22 Sutra 364	
Kataka Rasi: 2.5	Tithi 9	<b>Gulika</b> 3:08PM - 4:43PM	<b>Punarvasu</b> Until 6:59AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM		Plava 5123
		Yama 11:57AM - 1:32PM	Sukarma Until 2:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 48 - 22	
		147345478 <b>Rahu</b> 4:43PM - 6:19PM	Balava Until 4:54PM	<b>Nataraja:</b> White		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 5:45AM Mon	Moon - Blue		<b>Bhuloka Day</b>	
		Sri Rama Navami		Chaitra-Panguni		Devaloka Time: 9:AM to 12:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>	<b>Monday, April 11, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila Karana Dashamyam Titau				Shanghai, China
	Kataka Rasi: 14.58	Tithi 10	<b>Gulika</b> 1:32PM – 3:08PM	<b>Pushya Until 9:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM	Plava 5123
	<b>Family Home Evening</b>	147345478	Yama 10:21AM – 11:57AM	Dhriti Until 2:46PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 49 - 23
	Creative Work Siddha Yoga		<b>Rahu</b> 7:10AM – 8:45AM	Taitila Until 6:28PM	<b>Nataraja:</b> White		4th Phase
		<b>Yogaswami Mahasamadhi</b>	<b>Dashami Until 7:00AM Tue</b>	<b>Chaitra•Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM	

<b>2</b>	<b>Tuesday, April 12, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Shanghai, China
	Kataka Rasi: 27.2	Tithi 10 – 11	<b>Gulika</b> 11:56AM – 1:32PM	<b>Ashlesha* Until 10:54AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	Plava 5123
		147345478	Yama 8:45AM – 10:20AM	Shula* Until 2:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49 - 24
	Creative Work Siddha Yoga		<b>Rahu</b> 3:08PM – 4:44PM	Vanija Until 7:23PM	<b>Nataraja:</b> White		4th Phase
			<b>Dashami Until 7:00AM</b>	<b>Chaitra•Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM	

<b>3</b>	<b>Wednesday, April 13, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Shanghai, China
	Simha Rasi: 10.02	Tithi 11 – 12	<b>Gulika</b> 10:20AM – 11:56AM	<b>Magha* Until 12:06PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:32AM	Plava 5123
		157345478	Yama 7:08AM – 8:44AM	Ganda* Until 1:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49 - 25
	Creative Work Siddha Yoga		<b>Rahu</b> 11:56AM – 1:32PM	Bava Until 7:34PM	<b>Nataraja:</b> White		4th Phase
			<b>Ekadashi Until 7:33AM</b>	<b>Chaitra•Panguni</b>	<b>Devaloka Day</b>		

<b>4</b>	<b>Thursday, April 14, 2022</b>		Subhakril Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Shanghai, China
	Simha Rasi: 23.05	Tithi 12 – 13	<b>Gulika</b> 8:43AM – 10:19AM	<b>Purvaphalguni Until 12:27PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
		157345478	Yama 5:30AM – 7:07AM	Vridhi Until 12:22PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49 - 26
	Creative Work Siddha Yoga		<b>Rahu</b> 1:32PM – 3:09PM	Kaulava Until 7:01PM	<b>Nataraja:</b> White		4th Phase
		<b>Tamil New Year</b>	<b>Dvadashi Until 7:22AM</b>	<b>Chaitra•Chaitra</b>	<b>Devaloka Day</b>		

*Pradosha Vrata*

<b>5</b>	<b>Friday, April 15, 2022</b>		Subhakril Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Shanghai, China
	Kanya Rasi: 6.31	Tithi 13 – 14	<b>Gulika</b> 7:06AM – 8:42AM	<b>Uttaraphalguni Until 11:58AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	Subhakrit 5124
		257345478	Yama 3:09PM – 4:45PM	Dhruva Until 10:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 49 - 27
	Creative Work Siddha Yoga		<b>Rahu</b> 10:19AM – 11:56AM	Vanija Until 4:58AM Sat	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi Until 6:29AM</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM	

<b>○</b>	<b>Saturday, April 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Shanghai, China
	<b>Copper Retreat Star</b>		<b>Gulika</b> 5:28AM – 7:05AM	<b>Hasta Until 11:11AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:28AM	Subhakrit 5124
	Kanya Rasi: 20.18	Tithi 15	Yama 1:32PM – 3:09PM	Vyaghata* Until 8:02AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 49 - Purnima
	Routine Work Marana Yoga	268345478	<b>Rahu</b> 8:42AM – 10:19AM	Visti Until 4:02PM	<b>Nataraja:</b> White		
		<b>Chitra Purnima (Tamil Nadu)</b>	<b>Purnima* Until 2:57AM Sun</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM	

<b>○</b>	<b>Sunday, April 17, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Shanghai, China
	<b>Silver Retreat Star</b>		<b>Gulika</b> 3:09PM – 4:46PM	<b>Chitra Until 9:47AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	Subhakrit 5124
	Tula Rasi: 4.24	Tithi 16	Yama 11:55AM – 1:32PM	Vajra* Until 2:09AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 49 - Prathama
	Creative Work Siddha Yoga	268345478	<b>Rahu</b> 4:46PM – 6:23PM	Balava Until 1:48PM	<b>Nataraja:</b> White		
			<b>Prathama* Until 12:33AM Mon</b>	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM	