



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 27.29 Tithi 17

278784469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 10:21AM – 12:03PM
Yama 6:59AM – 8:40AM
Rahu 12:03PM – 1:44PM

Vishakha Until 3:14PM
Vyatipata* Until 1:52PM
Taitila Until 1:27PM
Dvitiya Until 11:38PM

Ganesha: Blue *Sunrise:* 5:17AM

Muruqa: White *Sunset:* 6:48PM

Nataraja: Clear

Moon – Orange

Chaitra•Chaitra

Devaloka Day

Tehran, Iran

Sutra 17

Plava 5123

Moon 4 - Phase 2 -

1st Phase

1

Thursday, April 29, 2021

Vrischika Rasi: 12.35 Tithi 18

278784469

Creative Work Siddha Yoga

Until 12:31PM

Then Routine Work - Prabararishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 8:39AM – 10:21AM
Yama 5:16AM – 6:58AM
Rahu 1:44PM – 3:26PM

Anuradha Until 12:31PM
Variyan Until 9:49AM
Vanija Until 9:54AM
Tritiya Until 8:13PM

Ganesha: Blue *Sunrise:* 5:16AM

Muruqa: White *Sunset:* 6:49PM

Nataraja: Clear

Moon – Orange

Chaitra•Chaitra

Devaloka Day

Sun 1

Tehran, Iran

Sutra 18

Plava 5123

Moon 4 - Phase 2 - 1

1st Phase

2

Friday, April 30, 2021

Vrischika Rasi: 27.27 Tithi 19 – 20

278784469

Routine Work Marana Yoga

Until 10:01AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:57AM – 8:39AM
Yama 3:26PM – 5:08PM
Rahu 10:21AM – 12:02PM

Jyeshtha* Until 10:01AM
Parigha* Until 6:03AM
Bava Until 6:40AM
Chaturthi* Until 5:12PM

Ganesha: Blue *Sunrise:* 5:15AM

Muruqa: White *Sunset:* 6:50PM

Nataraja: Clear

Moon – Orange

Chaitra•Chaitra

Devaloka Day

Sun 2

Tehran, Iran

Sutra 19

Plava 5123

Moon 4 - Phase 2 - 2

1st Phase

3

Saturday, May 1, 2021

Dhanus Rasi: 11.59 Tithi 20 – 21

288794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 5:14AM – 6:56AM
Yama 1:44PM – 3:26PM
Rahu 8:38AM – 10:20AM

Mula* Until 8:15AM
Siddha Until 11:45PM
Gara Until 1:42AM Sun
Panchami Until 2:42PM

Ganesha: Red *Sunrise:* 5:14AM

Muruqa: Yellow *Sunset:* 6:51PM

Nataraja: Clear

Moon – Light Blue

Chaitra•Chaitra

Devaloka Day

Sun 3

Tehran, Iran

Sutra 20

Plava 5123

Moon 4 - Phase 2 - 3

1st Phase

4

Sunday, May 2, 2021

Dhanus Rasi: 26.06 Tithi 21 – 22

288794469

Creative Work Siddha Yoga

Until 6:58AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:27PM – 5:09PM
Yama 12:02PM – 1:45PM
Rahu 5:09PM – 6:51PM

Purvashadha* Until 6:58AM
Sadhya Until 9:23PM
Visti Until 12:10AM Mon
Shashthi* Until 12:50PM

Ganesha: Red *Sunrise:* 5:13AM

Muruqa: Yellow *Sunset:* 6:51PM

Nataraja: Clear

Moon – Light Blue

Chaitra•Chaitra

Devaloka Day

Sun 4

Tehran, Iran

Sutra 21

Plava 5123

Moon 4 - Phase 2 - 4

1st Phase

Monday, May 3, 2021

Retreat Star

Makara Rasi: 9.48 Tithi 22 – 23

Family Home Evening

288794469

Routine Work Marana Yoga

Until 6:11AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:45PM – 3:27PM
Yama 10:20AM – 12:02PM
Rahu 6:55AM – 8:37AM

Uttarashadha Until 6:11AM
Subha Until 7:34PM
Balava Until 11:20PM
Saptami Until 11:39AM

Ganesha: Red *Sunrise:* 5:12AM

Muruqa: Yellow *Sunset:* 6:52PM

Nataraja: Clear

Moon – Light Blue

Chaitra•Chaitra

Devaloka Day

Sun 5

Tehran, Iran

Sutra 22

Plava 5123

Moon 4 - Phase 2 - 5

Ashtami

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 23.06 Tithi 23 – 24

298794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:02PM – 1:45PM
Yama 8:36AM – 10:19AM
Rahu 3:28PM – 5:10PM

Shravana Until 6:24AM
Sukla Until 6:18PM
Taitila Until 11:12PM
Ashtami* Until 11:10AM

Ganesha: Green *Sunrise:* 5:11AM

Muruqa: Yellow *Sunset:* 6:53PM

Nataraja: Clear

Moon – Purple

Chaitra•Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Sun 6

Tehran, Iran

Sutra 23

Plava 5123

Moon 4 - Phase 2 - 6

Navami

1		Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 7		Tehran, Iran Sutra 24 Plava 5123	
Kumbha Rasi: 6.02	Tithi 24 – 25	Gulika	10:19AM – 12:02PM	Dhanishtha	Until 7:09AM	Ganesha: Red	Sunrise: 5:10AM	Muruqa: Yellow	Sunset: 6:54PM
		Yama	6:53AM – 8:36AM	Brahma	Until 5:34PM	Nataraja: Clear		Moon – Purple	
		299794469 Rahu	12:02PM – 1:45PM	Vanija	Until 11:43PM				
Routine Work	Prabalarishta Yoga			Navami*	Until 11:22AM	Chaitra*Chaitra			Devaloka Day
Until 7:09AM									
Then Creative Work - Siddha Yoga									

2		Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Tehran, Iran Sutra 25 Plava 5123	
Kumbha Rasi: 18.41	Tithi 25 – 26	Gulika	8:35AM – 10:19AM	Shatabhishak	Until 8:21AM	Ganesha: Red	Sunrise: 5:09AM	Muruqa: Yellow	Sunset: 6:55PM
		Yama	5:09AM – 6:52AM	Indra	Until 5:19PM	Nataraja: Clear		Moon – Purple	
		299794469 Rahu	1:45PM – 3:28PM	Bava	Until 12:49AM Fri				
Creative Work	Siddha Yoga			Dashami	Until 12:11PM	Chaitra*Chaitra			Devaloka Day

3		Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Tehran, Iran Sutra 26 Plava 5123	
Meena Rasi: 1.04	Tithi 26 – 27	Gulika	6:51AM – 8:35AM	Purvaproshtapada*	Until 10:24AM	Ganesha: Clear	Sunrise: 5:08AM	Muruqa: Yellow	Sunset: 6:56PM
		Yama	3:29PM – 5:12PM	Vaidhrili*	Until 5:27PM	Nataraja: Clear		Moon – Clear	
		219794469 Rahu	10:18AM – 12:02PM	Kaulava	Until 2:24AM Sat				
Creative Work	Siddha Yoga			Ekadashi*	Until 1:32PM	Chaitra*Chaitra			Devaloka Day

4		Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Tehran, Iran Sutra 27 Plava 5123	
Meena Rasi: 13.16	Tithi 27 – 28	Gulika	5:07AM – 6:51AM	Uttaraproshtapada	Until 12:44PM	Ganesha: Clear	Sunrise: 5:07AM	Muruqa: Yellow	Sunset: 6:56PM
		Yama	1:45PM – 3:29PM	Vishkambha*	Until 5:55PM	Nataraja: Clear		Moon – Clear	
		219794469 Rahu	8:34AM – 10:18AM	Gara	Until 4:23AM Sun				
Creative Work	Siddha Yoga			Dvadashi*	Until 3:20PM	Chaitra*Chaitra			Devaloka Day
Until 12:44PM									
Then Routine Work - Prabalarishta Yoga					Pradosha Vrata (Fasting)				

5		Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Tehran, Iran Sutra 28 Plava 5123	
Meena Rasi: 25.18	Tithi 28 – 29	Gulika	3:29PM – 5:13PM	Revati	Until 3:15PM	Ganesha: Clear	Sunrise: 5:06AM	Muruqa: Yellow	Sunset: 6:57PM
		Yama	12:02PM – 1:46PM	Priti	Until 6:40PM	Nataraja: Clear		Moon – Clear	
		219794469 Rahu	5:13PM – 6:57PM	Visti	Until 6:41AM Mon				
Creative Work	Amrita Yoga			Trayodashi*	Until 5:29PM	Chaitra*Chaitra			Devaloka Day
Until 3:15PM									
Then Creative Work - Siddha Yoga					Mother's Day				

6		Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Tehran, Iran Sutra 29 Plava 5123	
Mesha Rasi: 7.13	Tithi 29	Gulika	1:46PM – 3:30PM	Ashvini	Until 6:22PM	Ganesha: Orange	Sunrise: 5:05AM	Muruqa: Yellow	Sunset: 6:58PM
Family Home Evening		Yama	10:17AM – 12:02PM	Ayushman	Until 7:35PM	Nataraja: Clear		Moon – White	
		229794469 Rahu	6:49AM – 8:33AM	Visti	Until 6:41AM				
Creative Work	Siddha Yoga			Chaturdashi*	Until 7:54PM	Chaitra*Chaitra			Devaloka Day

●		Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13		Tehran, Iran Sutra 30 Plava 5123	
Mesha Rasi: 19.03	Tithi 30	Gulika	12:02PM – 1:46PM	Bharani	Until 9:29PM	Ganesha: Orange	Sunrise: 5:04AM	Muruqa: Yellow	Sunset: 6:59PM
		Yama	8:33AM – 10:17AM	Saubhagya	Until 8:38PM	Nataraja: Clear		Moon – White	
		229794469 Rahu	3:30PM – 5:15PM	Catuspada	Until 9:11AM				
Creative Work	Siddha Yoga			Amavasya*	Until 10:28PM	Chaitra*Chaitra			Devaloka Day

●		Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Kritika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14		Tehran, Iran Sutra 31 Plava 5123	
Vrishabha Rasi: 0.5	Tithi 1	Gulika	10:17AM – 12:02PM	Kritika	Until 12:28AM Thu	Ganesha: Orange	Sunrise: 5:03AM	Muruqa: Yellow	Sunset: 7:00PM
		Yama	6:48AM – 8:32AM	Sobhana	Until 9:46PM	Nataraja: Clear		Moon – White	
		229794469 Rahu	12:02PM – 1:46PM	Kintughna	Until 11:49AM				
Creative Work	Amrita Yoga			Prathama*	Until 1:06AM Thu	Vaisaka*Chaitra			Devaloka Day
Until 12:28AM Thu									
Then Routine Work - Marana Yoga									

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Tehran, Iran
	231794469	Gulika 8:32AM – 10:17AM Yama 5:03AM – 6:47AM Rahu 1:46PM – 3:31PM	Rohini Until 3:45AM Fri Athiganda* Until 10:49PM Balava Until 2:26PM Dvitiya Until 3:40AM Fri	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 5:03AM Sunset: 7:00PM	Sun 15 Sutra 32 Plava 5123 Moon 4 - Phase 4 - 15 3rd Phase	
	Vrishabha Rasi: 12.37 Tithi 2		Routine Work Marana Yoga Until 3:45AM Fri Then Creative Work - Siddha Yoga		Devaloka Day		

2	Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau				Tehran, Iran
	231794469	Gulika 6:47AM – 8:32AM Yama 3:31PM – 5:16PM Rahu 10:17AM – 12:01PM	Mrigashira Until 6:40AM Sat Sukarma Until 11:45PM Taitila Until 4:54PM Tritiya Until 6:02AM Sat	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi	Sunrise: 5:02AM Sunset: 7:07PM	Sun 16 Sutra 33 Plava 5123 Moon 4 - Phase 4 - 16 3rd Phase	
	Vrishabha Rasi: 24.26 Tithi 3		Creative Work Siddha Yoga		Devaloka Day		

3	Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Tehran, Iran
	231894469	Gulika 5:01AM – 6:46AM Yama 1:47PM – 3:32PM Rahu 8:31AM – 10:16AM	Mrigashira Until 6:40AM Dhriti Until 12:29AM Sun Vanija Until 7:07PM Tritiya Until 6:02AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi	Sunrise: 5:01AM Sunset: 7:02PM	Sun 17 Sutra 34 Plava 5123 Moon 4 - Phase 4 - 17 3rd Phase	
	Mithuna Rasi: 6.19 Tithi 3 – 4		Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4	Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran
	231894469	Gulika 3:32PM – 5:17PM Yama 12:01PM – 1:47PM Rahu 5:17PM – 7:03PM	Ardra Until 9:05AM Shula* Until 12:51AM Mon Bava Until 8:56PM Chaturthi* Until 8:04AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Vaikasi	Sunrise: 5:00AM Sunset: 7:03PM	Sun 18 Sutra 35 Plava 5123 Moon 4 - Phase 4 - 18 3rd Phase	
	Mithuna Rasi: 18.21 Tithi 4 – 5		Creative Work Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

5	Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran
	241894469	Gulika 1:47PM – 3:33PM Yama 10:16AM – 12:02PM Rahu 6:45AM – 8:30AM	Punarvasu Until 11:23AM Ganda* Until 12:49AM Tue Kaulava Until 10:13PM Panchami Until 9:38AM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Vaikasi	Sunrise: 4:59AM Sunset: 7:04PM	Sun 19 Sutra 36 Plava 5123 Moon 4 - Phase 4 - 19 3rd Phase	
	Kataka Rasi: 0.33 Tithi 5 – 6		Creative Work Amrita Yoga Until 11:23AM Then Creative Work - Siddha Yoga		Devaloka Day		

6	Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Tehran, Iran
	241894469	Gulika 12:02PM – 1:47PM Yama 8:30AM – 10:16AM Rahu 3:33PM – 5:19PM	Pushya Until 12:56PM Vriddhi Until 12:17AM Wed Gara Until 10:51PM Shashthi* Until 10:36AM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Vaikasi	Sunrise: 4:59AM Sunset: 7:04PM	Sun 20 Sutra 37 Plava 5123 Moon 4 - Phase 4 - 20 3rd Phase	
	Kataka Rasi: 13 Tithi 6 – 7		Creative Work Siddha Yoga		Devaloka Day		

☽	Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Tehran, Iran
	241894469	Gulika 10:16AM – 12:02PM Yama 6:44AM – 8:30AM Rahu 12:02PM – 1:47PM	Ashlesha* Until 1:40PM Dhruva Until 11:09PM Visti Until 10:45PM Saptami Until 10:53AM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Vaikasi	Sunrise: 4:58AM Sunset: 7:05PM	Sun 21 Sutra 38 Plava 5123 Moon 4 - Phase 4 - 21 Ashtami	
	Kataka Rasi: 25.46 Tithi 7 – 8		Creative Work Siddha Yoga		Devaloka Day		

☽	Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran
	251894469	Gulika 8:29AM – 10:16AM Yama 4:57AM – 6:43AM Rahu 1:48PM – 3:34PM	Magha* Until 1:57PM Vyaghata* Until 9:26PM Balava Until 9:55PM Ashtami* Until 10:24AM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red Vaisaka-Vaikasi	Sunrise: 4:57AM Sunset: 7:06PM	Sun 22 Sutra 39 Plava 5123 Moon 4 - Phase 4 - 22 Navami	
	Simha Rasi: 8.53 Tithi 8 – 9		Creative Work Amrita Yoga Until 1:57PM Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM		

1 Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Tehran, Iran
Simha Rasi: 22.25	Tithi 9 – 10	Gulika 6:43AM – 8:29AM	Purvaphalguni Until 1:21PM	Ganesha: Blue	<i>Sunrise:</i> 4:57AM	Sun 23 Sutra 40
		Yama 3:34PM – 5:20PM	Harshana Until 7:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Plava 5123
251894469	Rahu 10:15AM – 12:02PM		Taitila Until 8:19PM	Nataraja: Clear		Moon 4 - Phase 5 - 23
Creative Work	Siddha Yoga		Navami* Until 9:11AM	Moon – Red		4th Phase
				Vaisaka-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

2 Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran
Kanya Rasi: 6.23	Tithi 10 – 11	Gulika 4:56AM – 6:42AM	Uttaraphalguni Until 11:55AM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Sun 24 Sutra 41
		Yama 1:48PM – 3:35PM	Vajra* Until 4:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Plava 5123
251894469	Rahu 8:29AM – 10:15AM		Vanija Until 6:03PM	Nataraja: Clear		Moon 4 - Phase 5 - 24
Routine Work	Marana Yoga		Dashami Until 7:15AM	Moon – Red		4th Phase
				Vaisaka-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

3 Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran
Kanya Rasi: 20.47	Tithi 12	Gulika 3:35PM – 5:22PM	Hasta Until 10:09AM	Ganesha: White	<i>Sunrise:</i> 4:55AM	Sun 25 Sutra 42
		Yama 12:02PM – 1:48PM	Siddhi Until 12:53PM	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Plava 5123
262894469	Rahu 5:22PM – 7:08PM		Bava Until 3:13PM	Nataraja: Clear		Moon 4 - Phase 5 - 25
Creative Work	Amrita Yoga		Dvadashi Until 1:37AM Mon	Moon – Green		4th Phase
Until 10:09AM				Vaisaka-Vaikasi	Sivaloka Day	
Then Creative Work - Siddha Yoga						

4 Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vyatipata*Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran
Tula Rasi: 5.33	Tithi 13	Gulika 1:49PM – 3:35PM	Chitra Until 7:46AM	Ganesha: White	<i>Sunrise:</i> 4:55AM	Sun 26 Sutra 43
Family Home Evening		Yama 10:15AM – 12:02PM	Vyatipata* Until 9:10AM	Muruqa: Yellow	<i>Sunset:</i> 7:09PM	Plava 5123
262894469	Rahu 6:42AM – 8:28AM		Kaulava Until 11:56AM	Nataraja: Clear		Moon 4 - Phase 5 - 26
Routine Work	Prabalarishta Yoga		Trayodashi Until 10:09PM	Moon – Green		4th Phase
Until 7:46AM				Vaisaka-Vaikasi	Sivaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

5 Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran
Tula Rasi: 20.35	Tithi 14	Gulika 12:02PM – 1:49PM	Vishakha Until 2:09AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:54AM	Sun 27 Sutra 44
		Yama 8:28AM – 10:15AM	Parigha* Until 12:59AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Plava 5123
272894469	Rahu 3:36PM – 5:23PM		Gara Until 8:21AM	Nataraja: Clear		Moon 4 - Phase 5 - 27
Routine Work	Marana Yoga		Chaturdashi* Until 6:29PM	Moon – Orange		4th Phase
Until 2:09AM Wed		Vaikasi Visakam		Vaisaka-Vaikasi	Devaloka Day	
Then Creative Work - Siddha Yoga						

○ Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran
Copper Retreat Star		Gulika 10:15AM – 12:02PM	Anuradha Until 11:14PM	Ganesha: White	<i>Sunrise:</i> 4:54AM	Sutra 45
Vrischika Rasi: 5.46	Tithi 15 – 16	Yama 6:41AM – 8:28AM	Shiva Until 8:50PM	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Plava 5123
372894469	Rahu 12:02PM – 1:49PM		Balava Until 12:53AM Thu	Nataraja: Clear		Moon 4 - Phase 5 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:43PM	Moon – Orange		
		Budha Purnima (Tamil Nadu)		Vaisaka-Vaikasi	Sivaloka Day	

Thursday, May 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Tehran, Iran
Silver Retreat Star		Gulika 8:28AM – 10:15AM	Jyeshtha* Until 8:21PM	Ganesha: White	<i>Sunrise:</i> 4:53AM	Sutra 46
Vrischika Rasi: 20.55	Tithi 16 – 17	Yama 4:53AM – 6:41AM	Siddha Until 4:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:11PM	Plava 5123
372894469	Rahu 1:49PM – 3:37PM		Taitila Until 9:19PM	Nataraja: Clear		Moon 4 - Phase 5 - Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 11:03AM	Moon – Orange		
Until 8:21PM				Vaisaka-Vaikasi	Sivaloka Day	
Then Creative Work - Siddha Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Tehran, Iran on 5/23/15

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Friday, May 28, 2021
Gold Retreat Star

Dhanus Rasi: 5.54 Tilthi 17 – 18

382894469

Gulika 6:40AM – 8:28AM
Yama 3:37PM – 5:24PM
Rahu 10:15AM – 12:02PM

Creative Work Amrita Yoga
Until 6:02PM
Then Routine Work - Prabararishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran
Sun 1 Sutra 47
Plava 5123
Moon 5 - Phase 6 - 1
1st Phase

Mula* Until 6:02PM
Sadhya Until 12:56PM
Vanija Until 6:04PM
Dvitiya Until 7:38AM

Ganesha: Clear *Sunrise:* 4:53AM
Muruqa: Yellow *Sunset:* 7:12PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

1

Saturday, May 29, 2021

Dhanus Rasi: 20.36 Tilthi 19

382894469

Gulika 4:52AM – 6:40AM
Yama 1:50PM – 3:37PM
Rahu 8:27AM – 10:15AM

Creative Work Siddha Yoga
Until 4:04PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthiyam Titau

Tehran, Iran
Sun 2 Sutra 48
Plava 5123
Moon 5 - Phase 6 - 2
1st Phase

Purvashadha* Until 4:04PM
Subha Until 9:29AM
Bava Until 3:17PM
Chaturthi* Until 2:05AM Sun

Ganesha: Clear *Sunrise:* 4:52AM
Muruqa: Yellow *Sunset:* 7:12PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

2

Sunday, May 30, 2021

Makara Rasi: 4.55 Tilthi 20

382894469

Gulika 3:38PM – 5:25PM
Yama 12:03PM – 1:50PM
Rahu 5:25PM – 7:13PM

Creative Work Amrita Yoga
Until 2:02PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran
Sun 3 Sutra 49
Plava 5123
Moon 5 - Phase 6 - 3
1st Phase

Uttarashadha Until 2:33PM
Sukla Until 6:29AM
Kaulava Until 1:06PM
Panchami Until 12:14AM Mon

Ganesha: Clear *Sunrise:* 4:52AM
Muruqa: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

3

Monday, May 31, 2021

Makara Rasi: 18.47 Tilthi 21

392894469

Gulika 1:50PM – 3:38PM
Yama 10:15AM – 12:03PM
Rahu 6:39AM – 8:27AM

Family Home Evening
Creative Work Amrita Yoga
Until 2:02PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran
Sun 4 Sutra 50
Plava 5123
Moon 5 - Phase 6 - 4
1st Phase

Shravana Until 2:02PM
Indra Until 2:13AM Tue
Gara Until 11:36AM
Shashthi* Until 11:08PM

Ganesha: Purple *Sunrise:* 4:52AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

4

Tuesday, June 1, 2021

Kumbha Rasi: 2.13 Tilthi 22

392894469

Gulika 12:03PM – 1:51PM
Yama 8:27AM – 10:15AM
Rahu 3:39PM – 5:26PM

Creative Work Siddha Yoga
Until 2:08PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Tehran, Iran
Sun 5 Sutra 51
Plava 5123
Moon 5 - Phase 6 - 5
1st Phase

Dhanishtha Until 2:08PM
Vaidhriti* Until 1:00AM Wed
Visti Until 10:53AM
Saptami Until 10:48PM

Ganesha: Purple *Sunrise:* 4:51AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

D

Wednesday, June 2, 2021

Retreat Star

Kumbha Rasi: 15.13 Tilthi 23

392894469

Gulika 10:15AM – 12:03PM
Yama 6:39AM – 8:27AM
Rahu 12:03PM – 1:51PM

Creative Work Siddha Yoga
Until 2:50PM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran
Sun 6 Sutra 52
Plava 5123
Moon 5 - Phase 6 - 6
Ashtami

Shatabhishak Until 2:50PM
Vishkambha* Until 12:24AM Thu
Balava Until 10:57AM
Ashtami* Until 11:15PM

Ganesha: Purple *Sunrise:* 4:51AM
Muruqa: Yellow *Sunset:* 7:15PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Thursday, June 3, 2021

Retreat Star

Kumbha Rasi: 27.51 Tilthi 24

312894469

Gulika 8:27AM – 10:15AM
Yama 4:51AM – 6:39AM
Rahu 1:51PM – 3:39PM

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran
Sun 7 Sutra 53
Plava 5123
Moon 5 - Phase 6 - 7
Navami

Purvaprosarthapada* Until 4:34PM
Priti Until 12:22AM Fri
Taitila Until 11:45AM
Navami* Until 12:23AM Fri

Ganesha: Blue *Sunrise:* 4:51AM
Muruqa: Yellow *Sunset:* 7:16PM
Nataraja: Clear
Moon – Clear
Vaisaka-Vaikasi

Sivaloka Day

1		Friday, June 4, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran
Meena Rasi: 10.11	Tithi 25	Gulika	6:39AM – 8:27AM	Uttaraproshtapada	Until 6:45PM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Sun 8 Sutra 54
		Yama	3:40PM – 5:28PM	Ayushman	Until 12:45AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Plava 5123
Creative Work	Siddha Yoga	312894461 Rahu	10:15AM – 12:03PM	Vanija	Until 1:13PM	Nataraja: Clear		Moon 5 - Phase 7 - 8 2nd Phase
				Dashami	Until 2:07AM Sat	Moon – Clear		Sivaloka Day
						Vaisaka-Vaikasi		

2		Saturday, June 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran
Meena Rasi: 22.18	Tithi 26	Gulika	4:50AM – 6:38AM	Revati	Until 9:15PM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Sun 9 Sutra 55
		Yama	1:52PM – 3:40PM	Saubhagya	Until 1:31AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Plava 5123
Routine Work	Prabalarishta Yoga	312894461 Rahu	8:27AM – 10:15AM	Bava	Until 3:11PM	Nataraja: Yellow		Moon 5 - Phase 7 - 9 2nd Phase
Until 9:15PM				Ekadashi*	Until 4:18AM Sun	Moon – Clear		Sivaloka Day
Then Creative Work - Siddha Yoga						Vaisaka-Vaikasi		

3		Sunday, June 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran
Mesha Rasi: 4.14	Tithi 27	Gulika	3:40PM – 5:29PM	Ashvini	Until 12:24AM Mon	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Sun 10 Sutra 56
		Yama	12:04PM – 1:52PM	Sobhana	Until 2:31AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Plava 5123
Creative Work	Siddha Yoga	323894461 Rahu	5:29PM – 7:17PM	Kaulava	Until 5:32PM	Nataraja: Yellow		Moon 5 - Phase 7 - 10 2nd Phase
				Dvadashi*	Until 6:46AM Mon	Moon – White		Bhuloka Day
						Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

4		Monday, June 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
Mesha Rasi: 16.05	Tithi 27 – 28	Gulika	1:52PM – 3:41PM	Bharani	Until 3:32AM Tue	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Sun 11 Sutra 57
Family Home Evening		Yama	10:15AM – 12:04PM	Athiganda*	Until 3:37AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Plava 5123
Creative Work	Siddha Yoga	323894461 Rahu	6:38AM – 8:27AM	Gara	Until 8:06PM	Nataraja: Yellow		Moon 5 - Phase 7 - 11 2nd Phase
				Dvadashi*	Until 6:46AM	Moon – White		Bhuloka Day
						Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
				<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, June 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
Mesha Rasi: 27.52	Tithi 28 – 29	Gulika	12:04PM – 1:53PM	Krittika	Until 6:32AM Wed	Ganesha: Red	<i>Sunrise:</i> 4:50AM	Sun 12 Sutra 58
		Yama	8:27AM – 10:15AM	Sukarma	Until 4:44AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Plava 5123
Creative Work	Siddha Yoga	323994461 Rahu	3:41PM – 5:30PM	Visti	Until 10:43PM	Nataraja: Yellow		Moon 5 - Phase 7 - 12 2nd Phase
				Trayodashi*	Until 9:23AM	Moon – White		Devaloka Day
						Vaisaka-Vaikasi		

Retreat Star		Wednesday, June 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran
Vrishabha Rasi: 9.38	Tithi 29 – 30	Gulika	10:15AM – 12:04PM	Krittika	Until 6:32AM	Ganesha: Red	<i>Sunrise:</i> 4:50AM	Sun 13 Sutra 59
		Yama	6:38AM – 8:27AM	Dhriti	Until 5:47AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Plava 5123
Creative Work	Amrita Yoga	323994461 Rahu	12:04PM – 1:53PM	Catuspada	Until 1:14AM Thu	Nataraja: Yellow		Moon 5 - Phase 7 - 13 Amavasya
Until 6:32AM				Chaturdashi*	Until 11:58AM	Moon – White		Devaloka Day
Then Creative Work - Siddha Yoga						Vaisaka-Vaikasi		

Retreat Star		Thursday, June 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran
Vrishabha Rasi: 21.28	Tithi 30 – 1	Gulika	8:27AM – 10:16AM	Rohini	Until 9:44AM	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM	Sun 14 Sutra 60
		Yama	4:49AM – 6:38AM	Shula*	Until 6:37AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Plava 5123
Routine Work	Marana Yoga	333994461 Rahu	1:53PM – 3:42PM	Kintughna	Until 3:33AM Fri	Nataraja: Yellow		Moon 5 - Phase 7 - 14 Prathama
				Amavasya*	Until 2:24PM	Moon – Yellow		Devaloka Day
						Jyeshtha-Vaikasi		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Friday, June 11, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran
	Mithuna Rasi: 3.23	Tithi 1 – 2	333994461	Gulika 6:38AM – 8:27AM Yama 3:42PM – 5:31PM Rahu 10:16AM – 12:05PM	Mrigashira Until 12:32PM Shula* Until 6:37AM Balava Until 5:32AM Sat Prathama* Until 4:34PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Yellow Jyeshtha-Vaikasi	Sun 15 Sutra 61 Plava 5123 Moon 5 - Phase 8 - 15 3rd Phase Devaloka Day
2	Saturday, June 12, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Kaulava Karana Dvitiyayam Titau				Tehran, Iran
	Mithuna Rasi: 15.26	Tithi 2	333994461	Gulika 4:49AM – 6:38AM Yama 1:54PM – 3:42PM Rahu 8:27AM – 10:16AM	Ardra Until 2:49PM Ganda* Until 7:13AM Kaulava Until 6:22PM Dvitiya Until 6:22PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Yellow Jyeshtha-Vaikasi	Sun 16 Sutra 62 Plava 5123 Moon 5 - Phase 8 - 16 3rd Phase Devaloka Day
3	Sunday, June 13, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Tailila/Gara Karana Tritiyayam Titau				Tehran, Iran
	Mithuna Rasi: 27.38	Tithi 3	343994461	Gulika 3:43PM – 5:32PM Yama 12:05PM – 1:54PM Rahu 5:32PM – 7:21PM	Punarvasu Until 5:02PM Vridhhi Until 7:32AM Tailila Until 7:07AM Tritiya Until 7:44PM	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Sun 17 Sutra 63 Plava 5123 Moon 5 - Phase 8 - 17 3rd Phase Devaloka Day
4	Monday, June 14, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Tehran, Iran
	Kataka Rasi: 10.03	Tithi 4	343994461	Gulika 1:54PM – 3:43PM Yama 10:16AM – 12:05PM Rahu 6:38AM – 8:27AM	Pushya Until 6:37PM Dhruva Until 7:27AM Vanija Until 8:15AM Chaturthi* Until 8:37PM	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Sun 18 Sutra 64 Plava 5123 Moon 5 - Phase 8 - 18 3rd Phase Devaloka Day
5	Tuesday, June 15, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran
	Kataka Rasi: 22.4	Tithi 5	343994461	Gulika 12:05PM – 1:54PM Yama 8:27AM – 10:16AM Rahu 3:43PM – 5:32PM	Ashlesha* Until 7:33PM Vyaghata* Until 7:00AM Bava Until 8:53AM Panchami Until 8:59PM	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Blue Jyeshtha-Ani	Sun 19 Sutra 65 Plava 5123 Moon 5 - Phase 8 - 19 3rd Phase Devaloka Day
6	Wednesday, June 16, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Tailila Karana Shashthyam Titau				Tehran, Iran
	Simha Rasi: 5.32	Tithi 6	353994461	Gulika 10:17AM – 12:06PM Yama 6:38AM – 8:27AM Rahu 12:06PM – 1:55PM	Magha* Until 8:15PM Harshana Until 6:08AM Kaulava Until 8:58AM Shashthi* Until 8:47PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Red Jyeshtha-Ani	Sun 20 Sutra 66 Plava 5123 Moon 5 - Phase 8 - 20 3rd Phase Sivaloka Day
Retreat Star	Thursday, June 17, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Simha Rasi: 18.43	Tithi 7	353994461	Gulika 8:28AM – 10:17AM Yama 4:49AM – 6:39AM Rahu 1:55PM – 3:44PM	Purvaphalguni Until 8:13PM Siddhi Until 3:01AM Fri Gara Until 8:30AM Saptami Until 8:02PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Red Jyeshtha-Ani	Sun 21 Sutra 67 Plava 5123 Moon 5 - Phase 8 - 21 3rd Phase Sivaloka Day
Retreat Star	Friday, June 18, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Kanya Rasi: 2.11	Tithi 8	353994461	Gulika 6:39AM – 8:28AM Yama 3:44PM – 5:33PM Rahu 10:17AM – 12:06PM	Uttaraphalguni Until 7:29PM Vyatipata* Until 12:46AM Sat Visti Until 7:27AM Ashtami* Until 6:41PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Red Jyeshtha-Ani	Sun 22 Sutra 68 Plava 5123 Moon 5 - Phase 8 - 22 Ashtami Sivaloka Day
Retreat Star	Saturday, June 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Variyan Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Tehran, Iran
	Kanya Rasi: 16.01	Tithi 9 – 10	363994461	Gulika 4:50AM – 6:39AM Yama 1:55PM – 3:44PM Rahu 8:28AM – 10:17AM	Hasta Until 6:28PM Variyan Until 10:03PM Tailila Until 3:39AM Sun Navami* Until 4:46PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Green Jyeshtha-Ani	Sun 23 Sutra 69 Plava 5123 Moon 5 - Phase 8 - 23 Navami Devaloka Day

1 Sunday, June 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 70 Plava 5123
Tula Rasi: 0.1	Tithi 10 - 11	Gulika 3:45PM - 5:34PM	Chitra Until 4:48PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
		Yama 12:06PM - 1:56PM	Parigha* Until 6:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9 - 24
364994461		Rahu 5:34PM - 7:23PM	Vanija Until 1:00AM Mon	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:21PM	Moon - Green		
		Father's Day		Jyeshtha-Ani		Bhuloka Day Devaloka Time: 3:PM to 6:PM

2 Monday, June 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran Sun 25 Sutra 71 Plava 5123
Tula Rasi: 14.4	Tithi 11 - 12	Gulika 1:56PM - 3:45PM	Svati Until 2:35PM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
		Yama 10:17AM - 12:07PM	Shiva Until 3:30PM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9 - 25
364994461		Rahu 6:39AM - 8:28AM	Bava Until 9:58PM	Nataraja: Yellow		4th Phase
Family Home Evening	Amrita Yoga		Ekadashi Until 11:31AM	Moon - Green		
Until 2:35PM				Jyeshtha-Ani		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

3 Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 72 Plava 5123
Tula Rasi: 29.24	Tithi 12 - 13	Gulika 12:07PM - 1:56PM	Vishakha Until 12:19PM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	
		Yama 8:29AM - 10:18AM	Siddha Until 11:47AM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 9 - 26
374994461		Rahu 3:45PM - 5:34PM	Kaulava Until 6:41PM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 8:20AM	Moon - Orange		
Until 12:19PM				Jyeshtha-Ani		Devaloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 73 Plava 5123
Vrischika Rasi: 14.19	Tithi 14	Gulika 10:18AM - 12:07PM	Anuradha Until 9:44AM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	
		Yama 6:40AM - 8:29AM	Sadhya Until 7:55AM	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 9 - 27
374994461		Rahu 12:07PM - 1:56PM	Gara Until 3:14PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:30AM Thu	Moon - Orange		
				Jyeshtha-Ani		Devaloka Day

Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran Sun 27 Sutra 74 Plava 5123
Copper Retreat Star		Gulika 8:29AM - 10:18AM	Jyeshtha* Until 6:59AM	Ganesha: Clear	<i>Sunrise:</i> 4:51AM	
Vrischika Rasi: 29.17	Tithi 15	Yama 4:51AM - 6:40AM	Sukla Until 12:11AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 9 -
374994461		Rahu 1:56PM - 3:45PM	Visti Until 11:48AM	Nataraja: Yellow		Purnima
Routine Work	Prabalarishta Yoga		Purnima* Until 10:07PM	Moon - Orange		
Until 6:59AM				Jyeshtha-Ani		Devaloka Day
Then Creative Work - Siddha Yoga						

Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran Sun 27 Sutra 75 Plava 5123
Silver Retreat Star		Gulika 6:40AM - 8:29AM	Purvashadha* Until 2:23AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	
Dhanus Rasi: 14.11	Tithi 16	Yama 3:46PM - 5:35PM	Brahma Until 8:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 9 -
384994461		Rahu 10:18AM - 12:07PM	Balava Until 8:31AM	Nataraja: Yellow		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 6:58PM	Moon - Light Blue		
Until 2:23AM Sat				Jyeshtha-Ani		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Tehran, Iran on 5/23/15

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Saturday, June 26, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 76

Plava 5123

Dhanus Rasi: 28.51 Tithi 17 - 18

384994461

Gulika 4:51AM - 6:40AM
Yama 1:57PM - 3:46PM
Rahu 8:30AM - 10:19AM

Uttarashadha Until 12:26AM Sun
Indra Until 5:16PM
Vanija Until 3:00AM Sun
Dvitiya Until 4:11PM

Ganesha: Purple *Sunrise: 4:51AM*
Muruqa: Yellow *Sunset: 7:24PM*
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Moon 6 - Phase 10 - 1
1st Phase

Routine Work Marana Yoga
Until 12:26AM Sun
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Sunday, June 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tehran, Iran

Sun 2 Sutra 77

Plava 5123

Makara Rasi: 13.11 Tithi 18 - 19

394994461

Gulika 3:46PM - 5:35PM
Yama 12:08PM - 1:57PM
Rahu 5:35PM - 7:24PM

Shravana Until 11:21PM
Vaidhriti* Until 2:23PM
Bava Until 1:02AM Mon
Tritiya Until 1:55PM

Ganesha: Clear *Sunrise: 4:52AM*
Muruqa: Yellow *Sunset: 7:24PM*
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Moon 6 - Phase 10 - 2
1st Phase

Creative Work Amrita Yoga
Until 11:21PM
Then Routine Work - Marana Yoga

Devaloka Day

2

Monday, June 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 78

Plava 5123

Makara Rasi: 27.08 Tithi 19 - 20

394994461

Gulika 1:57PM - 3:46PM
Yama 10:19AM - 12:08PM
Rahu 6:41AM - 8:30AM

Dhanishtha Until 10:49PM
Vishkambha* Until 12:03PM
Kaulava Until 11:47PM
Chaturthi* Until 12:18PM

Ganesha: Clear *Sunrise: 4:52AM*
Muruqa: Yellow *Sunset: 7:24PM*
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Moon 6 - Phase 10 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Tuesday, June 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 79

Plava 5123

Kumbha Rasi: 10.39 Tithi 20 - 21

394994461

Gulika 12:08PM - 1:57PM
Yama 8:30AM - 10:19AM
Rahu 3:46PM - 5:35PM

Shatabhishak Until 10:54PM
Priti Until 10:20AM
Gara Until 11:19PM
Panchami Until 11:26AM

Ganesha: Clear *Sunrise: 4:52AM*
Muruqa: Yellow *Sunset: 7:24PM*
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Moon 6 - Phase 10 - 4
1st Phase

Routine Work Marana Yoga

Devaloka Day

4

Wednesday, June 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproskthapada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sun 5 Sutra 80

Plava 5123

Kumbha Rasi: 23.44 Tithi 21 - 22

314994461

Gulika 10:20AM - 12:08PM
Yama 6:42AM - 8:31AM
Rahu 12:08PM - 1:57PM

Purvaproskthapada* Until 12:04AM Thu
Ayushman Until 9:14AM
Visti Until 11:39PM
Shashthi* Until 11:22AM

Ganesha: Yellow *Sunrise: 4:53AM*
Muruqa: Yellow *Sunset: 7:24PM*
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Moon 6 - Phase 10 - 5
1st Phase

Creative Work Amrita Yoga
Until 12:04AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

Retreat Star

Thursday, July 1, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproskthapada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sun 6 Sutra 81

Plava 5123

Meena Rasi: 6.25 Tithi 22 - 23

314994461

Gulika 8:31AM - 10:20AM
Yama 4:53AM - 6:42AM
Rahu 1:57PM - 3:46PM

Uttaraproskthapada Until 1:50AM Fri
Saubhagya Until 8:46AM
Balava Until 12:44AM Fri
Saptami Until 12:05PM

Ganesha: Yellow *Sunrise: 4:53AM*
Muruqa: Yellow *Sunset: 7:24PM*
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Moon 6 - Phase 10 - 6
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Friday, July 2, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 7 Sutra 82

Plava 5123

Meena Rasi: 18.47 Tithi 23 - 24

315994461

Gulika 6:42AM - 8:31AM
Yama 3:46PM - 5:35PM
Rahu 10:20AM - 12:09PM

Revati Until 4:03AM Sat
Sobhana Until 8:53AM
Taitila Until 2:29AM Sat
Ashtami* Until 1:31PM

Ganesha: White *Sunrise: 4:54AM*
Muruqa: Yellow *Sunset: 7:24PM*
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Moon 6 - Phase 10 - 7
Navami

Creative Work Siddha Yoga

Sivaloka Day

1	Saturday, July 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Tehran, Iran
	Mesha Rasi: 0.53	Tithi 24 – 25	Gulika 4:54AM – 6:43AM	Ashvini Until 7:04AM Sun	Ganesha: Yellow	Sunrise: 4:54AM	Sun 8 Sutra 83
		325194461	Yama 1:58PM – 3:46PM	Athiganda* Until 9:26AM	Muruqa: Yellow	Sunset: 7:24PM	Plava 5123
			Rahu 8:32AM – 10:20AM	Vanija Until 4:43AM Sun	Nataraja: Yellow		Moon 6 - Phase 11 - 8 2nd Phase
	Creative Work	Siddha Yoga		Navami* Until 3:32PM	Moon – White		Devaloka Day
	Until 7:04AM Sun				Jyeshtha-Ani		
	Then Routine Work - Prabararishta Yoga						


2	Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Mesha Rasi: 12.48	Tithi 25 – 26	Gulika 3:46PM – 5:35PM	Ashvini Until 7:04AM	Ganesha: Yellow	Sunrise: 4:55AM	Sun 9 Sutra 84
		325194461	Yama 12:09PM – 1:58PM	Sukarma Until 10:20AM	Muruqa: Yellow	Sunset: 7:24PM	Plava 5123
			Rahu 5:35PM – 7:24PM	Bava Until 7:13AM Mon	Nataraja: Yellow		Moon 6 - Phase 11 - 9 2nd Phase
	Creative Work	Siddha Yoga		Dashami Until 5:55PM	Moon – White		Devaloka Day
	Until 7:04AM				Jyeshtha-Ani		
	Then Routine Work - Prabararishta Yoga						

3	Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran
	Mesha Rasi: 24.37	Tithi 26	Gulika 1:58PM – 3:46PM	Bharani Until 10:09AM	Ganesha: Yellow	Sunrise: 4:55AM	Sun 10 Sutra 85
	Family Home Evening		Yama 10:21AM – 12:09PM	Dhriti Until 11:26AM	Muruqa: Yellow	Sunset: 7:24PM	Plava 5123
		325194461	Rahu 6:44AM – 8:32AM	Bava Until 7:13AM	Nataraja: Yellow		Moon 6 - Phase 11 - 10 2nd Phase
	Creative Work	Siddha Yoga		Ekadashi* Until 8:30PM	Moon – White		Devaloka Day
	Until 10:09AM				Jyeshtha-Ani		
	Then Routine Work - Marana Yoga						

4	Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran
	Vrishabha Rasi: 6.24	Tithi 27	Gulika 12:10PM – 1:58PM	Krittika Until 1:08PM	Ganesha: White	Sunrise: 4:56AM	Sun 11 Sutra 86
		425194461	Yama 8:33AM – 10:21AM	Shula* Until 12:32PM	Muruqa: Yellow	Sunset: 7:23PM	Plava 5123
			Rahu 3:46PM – 5:35PM	Kaulava Until 9:48AM	Nataraja: Yellow		Moon 6 - Phase 11 - 11 2nd Phase
	Creative Work	Siddha Yoga		Dvadashi* Until 11:02PM	Moon – White		Sivaloka Day
	Until 1:08PM				Jyeshtha-Ani		
	Then Creative Work - Amrita Yoga						

5	Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Trayodashyam Titau				Tehran, Iran
	Vrishabha Rasi: 18.13	Tithi 28	Gulika 10:21AM – 12:10PM	Rohini Until 4:18PM	Ganesha: Yellow	Sunrise: 4:56AM	Sun 12 Sutra 87
		435194461	Yama 6:45AM – 8:33AM	Ganda* Until 1:32PM	Muruqa: Yellow	Sunset: 7:23PM	Plava 5123
			Rahu 12:10PM – 1:58PM	Gara Until 12:16PM	Nataraja: Yellow		Moon 6 - Phase 11 - 12 2nd Phase
	Creative Work	Siddha Yoga		Trayodashi* Until 1:22AM Thu	Moon – Yellow		Devaloka Day
				<i>Pradosha Vrata (Fasting)</i>	Jyeshtha-Ani		

6	Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Vridhhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Tehran, Iran
	Mithuna Rasi: 0.08	Tithi 29	Gulika 8:33AM – 10:22AM	Mrigashira Until 6:59PM	Ganesha: Yellow	Sunrise: 4:57AM	Sun 13 Sutra 88
		435194461	Yama 4:57AM – 6:45AM	Vridhhi Until 2:19PM	Muruqa: Yellow	Sunset: 7:23PM	Plava 5123
			Rahu 1:58PM – 3:46PM	Visti Until 2:25PM	Nataraja: Yellow		Moon 6 - Phase 11 - 13 2nd Phase
	Routine Work	Marana Yoga		Chaturdashi* Until 3:20AM Fri	Moon – Yellow		Devaloka Day
					Jyeshtha-Ani		

	Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tehran, Iran
	Retreat Star		Gulika 6:45AM – 8:34AM	Ardra Until 9:06PM	Ganesha: Yellow	Sunrise: 4:57AM	Sun 14 Sutra 89
	Mithuna Rasi: 12.13	Tithi 30	Yama 3:46PM – 5:35PM	Dhruva Until 2:45PM	Muruqa: Yellow	Sunset: 7:23PM	Plava 5123
		435194461	Rahu 10:22AM – 12:10PM	Catuspada Until 4:10PM	Nataraja: Yellow		Moon 6 - Phase 11 - 14 Amavasya
	Creative Work	Siddha Yoga		Amavasya* Until 4:50AM Sat	Moon – Yellow		Devaloka Day
					Jyeshtha-Ani		

Retreat Star	Saturday, July 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Tehran, Iran
	Mithuna Rasi: 24.29	Tithi 1	Gulika 4:58AM – 6:46AM	Punarvasu Until 11:04PM	Ganesha: Red	Sunrise: 4:58AM	Sun 15 Sutra 90
		445194461	Yama 1:58PM – 3:46PM	Vyaghata* Until 2:50PM	Muruqa: Yellow	Sunset: 7:23PM	Plava 5123
			Rahu 8:34AM – 10:22AM	Kintughna Until 5:25PM	Nataraja: Yellow		Moon 6 - Phase 11 - 15 Prathama
	Creative Work	Siddha Yoga		Prathama* Until 5:51AM Sun	Moon – Blue		Devaloka Day
					Ashada-Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Balava Karana Dvitiyayam Titau				Tehran, Iran
	Kataka Rasi: 6.57	Tithi 2	Gulika 3:46PM – 5:34PM	Pushya Until 12:23AM Mon	Ganesha: Red	Sunrise: 4:58AM	Sun 16 Sutra 91
			Yama 12:10PM – 1:58PM	Harshana Until 2:32PM	Muruqa: Yellow	Sunset: 7:22PM	Plava 5123 Moon 6 - Phase 12 - 16
	Creative Work	Siddha Yoga	445194461 Rahu 5:34PM – 7:22PM	Balava Until 6:11PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 6:22AM Mon	Moon – Blue		Devaloka Day	
				Ashada*Ani			

2	Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran
	Kataka Rasi: 19.39	Tithi 2 – 3	Gulika 1:58PM – 3:46PM	Ashlesha* Until 1:05AM Tue	Ganesha: Blue	Sunrise: 4:59AM	Sun 17 Sutra 92
	Family Home Evening		Yama 10:23AM – 12:10PM	Vajra* Until 1:50PM	Muruqa: Yellow	Sunset: 7:22PM	Plava 5123 Moon 6 - Phase 12 - 17
	Creative Work	Siddha Yoga	446194461 Rahu 6:47AM – 8:35AM	Taitila Until 6:28PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 6:22AM	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

3	Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Tehran, Iran
	Simha Rasi: 2.34	Tithi 3 – 4	Gulika 12:10PM – 1:58PM	Magha* Until 1:40AM Wed	Ganesha: Blue	Sunrise: 5:00AM	Sun 18 Sutra 93
			Yama 8:35AM – 10:23AM	Siddhi Until 12:47PM	Muruqa: Yellow	Sunset: 7:21PM	Plava 5123 Moon 6 - Phase 12 - 18
	Creative Work	Siddha Yoga	456194461 Rahu 3:46PM – 5:34PM	Vanija Until 6:18PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 6:25AM	Moon – Red		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

4	Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Tehran, Iran
	Simha Rasi: 15.43	Tithi 4 – 5	Gulika 10:23AM – 12:11PM	Purvaphalguni Until 1:41AM Thu	Ganesha: Blue	Sunrise: 5:00AM	Sun 19 Sutra 94
			Yama 6:48AM – 8:35AM	Vyatipata* Until 11:24AM	Muruqa: Yellow	Sunset: 7:21PM	Plava 5123 Moon 6 - Phase 12 - 19
	Creative Work	Amrita Yoga	456194461 Rahu 12:11PM – 1:58PM	Balava Until 5:16AM Thu	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 6:03AM	Moon – Red		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

5	Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Tehran, Iran
	Simha Rasi: 29.04	Tithi 6	Gulika 8:36AM – 10:23AM	Uttaraphalguni Until 1:11AM Fri	Ganesha: Blue	Sunrise: 5:01AM	Sun 20 Sutra 95
			Yama 5:01AM – 6:48AM	Variyan Until 9:41AM	Muruqa: Yellow	Sunset: 7:21PM	Plava 5123 Moon 6 - Phase 12 - 20
		Amrita Yoga	456194461 Rahu 1:58PM – 3:46PM	Kaulava Until 4:45PM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 4:07AM Fri	Moon – Red		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

6	Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Kanya Rasi: 12.39	Tithi 7	Gulika 6:49AM – 8:36AM	Hasta Until 12:37AM Sat	Ganesha: Yellow	Sunrise: 5:02AM	Sun 21 Sutra 96
			Yama 3:45PM – 5:33PM	Parigha* Until 7:41AM	Muruqa: Yellow	Sunset: 7:20PM	Plava 5123 Moon 6 - Phase 12 - 21
	Creative Work	Amrita Yoga	466194461 Rahu 10:23AM – 12:11PM	Gara Until 3:25PM	Nataraja: Yellow		3rd Phase
			Saptami Until 2:35AM Sat	Moon – Green		Devaloka Day	
				Ashada*Adi			

☾	Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 5:02AM – 6:49AM	Chitra Until 11:32PM	Ganesha: Yellow	Sunrise: 5:02AM	Sun 22 Sutra 97
	Kanya Rasi: 26.26	Tithi 8	Yama 1:58PM – 3:45PM	Siddha Until 2:47AM Sun	Muruqa: White	Sunset: 7:20PM	Plava 5123 Moon 6 - Phase 12 - 22
	Routine Work	Marana Yoga	466195462 Rahu 8:37AM – 10:24AM	Visti Until 1:43PM	Nataraja: White		Ashtami
			Ashtami* Until 12:43AM Sun	Moon – Green		Subha Sivaloka Day	
				Ashada*Adi			

☽	Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 3:45PM – 5:32PM	Svati Until 10:00PM	Ganesha: Yellow	Sunrise: 5:03AM	Sun 23 Sutra 98
	Tula Rasi: 10.27	Tithi 9	Yama 12:11PM – 1:58PM	Sadhya Until 11:55PM	Muruqa: White	Sunset: 7:19PM	Plava 5123 Moon 6 - Phase 12 - 23
	Creative Work	Siddha Yoga	466195462 Rahu 5:32PM – 7:19PM	Balava Until 11:40AM	Nataraja: White		Navami
			Navami* Until 10:30PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Adi			


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Monday, July 19, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam		Tehran, Iran
		Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Sun 24 Sutra 99
Tula Rasi: 24.4	Tithi 10	Gulika 1:58PM – 3:45PM	Vishakha Until 8:26PM	Plava 5123
Family Home Evening	477195462	Yama 10:24AM – 12:11PM	Subha Until 8:50PM	Moon 6 - Phase 13 - 24
Routine Work Marana Yoga		Rahu 6:50AM – 8:37AM	Taitila Until 9:19AM	4th Phase
Until 8:26PM			Dashami Until 8:01PM	
Then Creative Work - Siddha Yoga			Ganesha: Yellow <i>Sunrise:</i> 5:04AM	
			Muruqa: White <i>Sunset:</i> 7:19PM	
			Nataraja: White	
			Moon – Orange	Subha Sivaloka Day
			Ashada*Adi	

2	Tuesday, July 20, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam		Tehran, Iran
		Anuradha Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Sun 25 Sutra 100
Vrischika Rasi: 9.05	Tithi 11 – 12	Gulika 12:11PM – 1:58PM	Anuradha Until 6:31PM	Plava 5123
	477195462	Yama 8:38AM – 10:24AM	Sukla Until 5:32PM	Moon 6 - Phase 13 - 25
Creative Work Siddha Yoga		Rahu 3:45PM – 5:31PM	Vanija Until 6:41AM	4th Phase
Until 6:31PM			Ekadashi Until 5:17PM	
Then Routine Work - Marana Yoga			Ganesha: Yellow <i>Sunrise:</i> 5:04AM	
			Muruqa: White <i>Sunset:</i> 7:19PM	
			Nataraja: White	
			Moon – Orange	Subha Sivaloka Day
			Ashada*Adi	

3	Wednesday, July 21, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Tehran, Iran
		Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 101
Vrischika Rasi: 23.38	Tithi 12 – 13	Gulika 10:25AM – 12:11PM	Jyeshtha* Until 4:19PM	Plava 5123
	477195462	Yama 6:51AM – 8:38AM	Brahma Until 2:07PM	Moon 6 - Phase 13 - 26
Creative Work Siddha Yoga		Rahu 12:11PM – 1:58PM	Kaulava Until 12:58AM Thu	4th Phase
Until 4:19PM			Dvadashi Until 2:25PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>	
			Ganesha: Yellow <i>Sunrise:</i> 5:05AM	
			Muruqa: White <i>Sunset:</i> 7:17PM	
			Nataraja: White	
			Moon – Orange	Subha Sivaloka Day
			Ashada*Adi	

4	Thursday, July 22, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Tehran, Iran
		Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 102
Dhanus Rasi: 8.14	Tithi 13 – 14	Gulika 8:38AM – 10:25AM	Mula* Until 2:21PM	Plava 5123
	487195462	Yama 5:06AM – 6:52AM	Indra Until 10:42AM	Moon 6 - Phase 13 - 27
Creative Work Siddha Yoga		Rahu 1:58PM – 3:44PM	Gara Until 10:05PM	4th Phase
			Trayodashi Until 11:30AM	
			Ganesha: White <i>Sunrise:</i> 5:06AM	
			Muruqa: White <i>Sunset:</i> 7:17PM	
			Nataraja: White	
			Moon – Light Blue	Subha Subha Sivaloka Day
			Ashada*Adi	

	Friday, July 23, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Tehran, Iran
	Copper Retreat Star	Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 103
Dhanus Rasi: 22.49	Tithi 14 – 15	Gulika 6:53AM – 8:39AM	Purvashadha* Until 12:21PM	Plava 5123
	487195462	Yama 3:44PM – 5:30PM	Vaidhriti* Until 7:18AM	Moon 6 - Phase 13 -
Routine Work Prabalarishta Yoga		Rahu 10:25AM – 12:11PM	Visti Until 7:21PM	Purnima
Until 12:21PM			Chaturdashi* Until 8:40AM	
Then Routine Work - Marana Yoga		Satguru Purnima	Ganesha: White <i>Sunrise:</i> 5:06AM	
			Muruqa: White <i>Sunset:</i> 7:16PM	
			Nataraja: White	
			Moon – Light Blue	Subha Subha Sivaloka Day
			Ashada*Adi	

Silver Retreat Star	Saturday, July 24, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Tehran, Iran
		Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sutra 104
Makara Rasi: 7.15	Tithi 15 – 16	Gulika 5:07AM – 6:53AM	Uttarashadha Until 10:28AM	Plava 5123
	487195462	Yama 1:57PM – 3:43PM	Priti Until 1:11AM Sun	Moon 6 - Phase 13 -
Routine Work Marana Yoga		Rahu 8:39AM – 10:25AM	Kaulava Until 3:48AM Sun	Prathama
Until 10:28AM			Purnima* Until 6:03AM	
Then Creative Work - Siddha Yoga			Ganesha: White <i>Sunrise:</i> 5:07AM	
			Muruqa: White <i>Sunset:</i> 7:15PM	
			Nataraja: White	
			Moon – Light Blue	Subha Subha Sivaloka Day
			Ashada*Adi	



Sunday, July 25, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran
Sutra 105
Plava 5123
Moon 7 - Phase 14 -
1st Phase

Makara Rasi: 21.26 Tithi 17
498195462
Creative Work Amrita Yoga
Until 9:14AM
Then Routine Work - Marana Yoga

Gulika 3:43PM – 5:29PM
Yama 12:11PM – 1:57PM
Rahu 5:29PM – 7:15PM

Shravana Until 9:14AM
Ayushman Until 10:39PM
Taitila Until 2:52PM
Dvitiya Until 2:02AM Mon

Ganesha: White *Sunrise:* 5:08AM
Muruqa: White *Sunset:* 7:15PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

1

Monday, July 26, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran
Sun 1 Sutra 106
Plava 5123
Moon 7 - Phase 14 - 1
1st Phase

Kumbha Rasi: 5.17 Tithi 18
498195462
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:57PM – 3:43PM
Yama 10:26AM – 12:11PM
Rahu 6:54AM – 8:40AM

Dhanishtha Until 8:24AM
Saubhagya Until 8:36PM
Vanija Until 1:24PM
Tritiya Until 12:54AM Tue

Ganesha: White *Sunrise:* 5:09AM
Muruqa: White *Sunset:* 7:14PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

2

Tuesday, July 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran
Sun 2 Sutra 107
Plava 5123
Moon 7 - Phase 14 - 2
1st Phase

Kumbha Rasi: 18.46 Tithi 19
498195462
Routine Work Marana Yoga

Gulika 12:11PM – 1:57PM
Yama 8:40AM – 10:26AM
Rahu 3:42PM – 5:28PM

Shatabhishak Until 8:03AM
Sobhana Until 7:09PM
Bava Until 12:37PM
Chaturthi* Until 12:29AM Wed

Ganesha: White *Sunrise:* 5:09AM
Muruqa: White *Sunset:* 7:13PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

3

Wednesday, July 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran
Sun 3 Sutra 108
Plava 5123
Moon 7 - Phase 14 - 3
1st Phase

Meena Rasi: 1.51 Tithi 20
418295462
Creative Work Amrita Yoga
Until 8:45AM
Then Creative Work - Siddha Yoga

Gulika 10:26AM – 12:11PM
Yama 6:55AM – 8:41AM
Rahu 12:11PM – 1:57PM

Purvaproshtapada* Until 8:45AM
Athiganda* Until 6:16PM
Kaulava Until 12:35PM
Panchami Until 12:51AM Thu

Ganesha: Yellow *Sunrise:* 5:10AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

4

Thursday, July 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran
Sun 4 Sutra 109
Plava 5123
Moon 7 - Phase 14 - 4
1st Phase

Meena Rasi: 14.33 Tithi 21
418295462
Creative Work Siddha Yoga

Gulika 8:41AM – 10:26AM
Yama 5:11AM – 6:56AM
Rahu 1:56PM – 3:41PM

Uttaraproshtapada Until 10:03AM
Sukarma Until 6:01PM
Gara Until 1:20PM
Shashthi* Until 1:57AM Fri

Ganesha: Yellow *Sunrise:* 5:11AM
Muruqa: White *Sunset:* 7:12PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

5

Friday, July 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran
Sun 5 Sutra 110
Plava 5123
Moon 7 - Phase 14 - 5
1st Phase

Meena Rasi: 26.55 Tithi 22
418295462
Creative Work Siddha Yoga
Until 11:53AM
Then Creative Work - Amrita Yoga

Gulika 6:56AM – 8:41AM
Yama 3:41PM – 5:26PM
Rahu 10:26AM – 12:11PM

Revati Until 11:53AM
Dhriti Until 6:18PM
Visti Until 2:47PM
Saptami Until 3:43AM Sat

Ganesha: Yellow *Sunrise:* 5:12AM
Muruqa: White *Sunset:* 7:11PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

D

Saturday, July 31, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran
Sun 6 Sutra 111
Plava 5123
Moon 7 - Phase 14 - 6
Ashtami

Mesha Rasi: 9.01 Tithi 23
428215462
Creative Work Siddha Yoga

Gulika 5:12AM – 6:57AM
Yama 1:56PM – 3:41PM
Rahu 8:42AM – 10:26AM

Ashvini Until 2:37PM
Shula* Until 7:00PM
Balava Until 4:49PM
Ashtami* Until 5:58AM Sun

Ganesha: Blue *Sunrise:* 5:12AM
Muruqa: White *Sunset:* 7:10PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Subha Sivaloka Day

Sunday, August 1, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda* Yoga Taitila Karana Navamyam Titau

Tehran, Iran
Sun 7 Sutra 112
Plava 5123
Moon 7 - Phase 14 - 7
Navami

Mesha Rasi: 20.56 Tithi 24
429215462
Routine Work Prabalarishta Yoga
Until 5:35PM
Then Creative Work - Siddha Yoga

Gulika 3:40PM – 5:25PM
Yama 12:11PM – 1:56PM
Rahu 5:25PM – 7:09PM

Bharani Until 5:35PM
Ganda* Until 7:58PM
Taitila Until 7:13PM
Navami* Until 8:28AM Mon

Ganesha: Red *Sunrise:* 5:13AM
Muruqa: White *Sunset:* 7:09PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Monday, August 2, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Tehran, Iran
	449215462	Gulika 1:55PM – 3:40PM Yama 10:27AM – 12:11PM Rahu 6:58AM – 8:42AM	Sun 8 Sutra 113 Plava 5123
	Family Home Evening Routine Work Marana Yoga Until 8:31PM Then Creative Work - Amrita Yoga	Krittika Until 8:31PM Vriddhi Until 9:04PM Vanija Until 9:46PM Navami* Until 8:28AM	Ganesha: Red Muruqa: White Nataraja: White Moon – White
		Sunrise: 5:14AM Sunset: 7:08PM	Moon 7 - Phase 15 - 8 2nd Phase Subha Sivaloka Day


2	Tuesday, August 3, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Tehran, Iran
	439215462	Gulika 12:11PM – 1:55PM Yama 8:43AM – 10:27AM Rahu 3:39PM – 5:23PM	Sun 9 Sutra 114 Plava 5123
	Creative Work Amrita Yoga Until 11:42PM Then Creative Work - Siddha Yoga	Rohini Until 11:42PM Dhruva Until 10:02PM Bava Until 12:13AM Wed Dashami Until 11:00AM	Ganesha: Green Muruqa: White Nataraja: White Moon – Yellow
		Sunrise: 5:15AM Sunset: 7:07PM	Moon 7 - Phase 15 - 9 2nd Phase Sivaloka Day

3	Wednesday, August 4, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Tehran, Iran
	439215462	Gulika 10:27AM – 12:11PM Yama 6:59AM – 8:43AM Rahu 12:11PM – 1:55PM	Sun 10 Sutra 115 Plava 5123
	Creative Work Siddha Yoga Until 2:24AM Thu Then Routine Work - Marana Yoga	Mrigashira Until 2:24AM Thu Vyaghata* Until 10:48PM Kaulava Until 2:19AM Thu Ekadashi* Until 1:18PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Yellow
		Sunrise: 5:15AM Sunset: 7:06PM	Moon 7 - Phase 15 - 10 2nd Phase Sivaloka Day

4	Thursday, August 5, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	Tehran, Iran
	439215462	Gulika 8:43AM – 10:27AM Yama 5:16AM – 7:00AM Rahu 1:54PM – 3:38PM	Sun 11 Sutra 116 Plava 5123
	Routine Work Marana Yoga Until 4:27AM Fri Then Creative Work - Siddha Yoga	Ardra Until 4:27AM Fri Harshana Until 11:12PM Gara Until 3:56AM Fri Dvadashi* Until 3:10PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Yellow
		Sunrise: 5:16AM Sunset: 7:05PM	Moon 7 - Phase 15 - 11 2nd Phase Sivaloka Day <i>Pradosha Vrata (Fasting)</i>

5	Friday, August 6, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Tehran, Iran
	449215462	Gulika 7:00AM – 8:44AM Yama 3:38PM – 5:21PM Rahu 10:27AM – 12:11PM	Sun 12 Sutra 117 Plava 5123
	Creative Work Siddha Yoga	Punarvasu Until 6:16AM Sat Vajra* Until 11:08PM Visti Until 4:58AM Sat Trayodashi* Until 4:30PM	Ganesha: White Muruqa: White Nataraja: White Moon – Blue
		Sunrise: 5:17AM Sunset: 7:04PM	Moon 7 - Phase 15 - 12 2nd Phase Sivaloka Day

6	Saturday, August 7, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mani Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Tehran, Iran
	449215462	Gulika 5:18AM – 7:01AM Yama 1:54PM – 3:37PM Rahu 8:44AM – 10:27AM	Sun 13 Sutra 118 Plava 5123
	Creative Work Siddha Yoga	Punarvasu Until 6:16AM Siddhi Until 10:37PM Catuspada Until 5:24AM Sun Chaturdashi* Until 5:14PM	Ganesha: White Muruqa: White Nataraja: White Moon – Blue
		Sunrise: 5:18AM Sunset: 7:03PM	Moon 7 - Phase 15 - 13 2nd Phase Sivaloka Day

	Sunday, August 8, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Tehran, Iran
	449215462	Gulika 3:36PM – 5:19PM Yama 12:10PM – 1:53PM Rahu 5:19PM – 7:02PM	Sun 14 Sutra 119 Plava 5123
	Creative Work Siddha Yoga	Pushya Until 7:20AM Vyatipata* Until 9:38PM Kintughna Until 5:15AM Mon Amavasya* Until 5:22PM	Ganesha: White Muruqa: White Nataraja: White Moon – Blue
		Sunrise: 5:18AM Sunset: 7:02PM	Moon 7 - Phase 15 - 14 Amavasya Sivaloka Day

Retreat Star	Monday, August 9, 2021	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Tehran, Iran
	441215462	Gulika 1:53PM – 3:36PM Yama 10:27AM – 12:10PM Rahu 7:02AM – 8:45AM	Sun 15 Sutra 120 Plava 5123
	Family Home Evening Creative Work Siddha Yoga Until 7:41AM Then Routine Work - Marana Yoga	Ashlesha* Until 7:41AM Variyan Until 8:13PM Balava Until 4:36AM Tue Prathama* Until 4:58PM	Ganesha: Light Blue Muruqa: White Nataraja: White Moon – Blue
		Sunrise: 5:19AM Sunset: 7:01PM	Moon 7 - Phase 15 - 15 Prathama Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 5/23/15

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1		Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dviliya/Trityayam Titau		Tehran, Iran	
Simha Rasi: 12.17	Tithi 2 - 3	Gulika	12:10PM - 1:53PM	Magha* Until 7:52AM	Ganesha: Purple	<i>Sunrise:</i> 5:20AM	Sun 16 Sutra 121
		Yama	8:45AM - 10:28AM	Parigha* Until 6:27PM	Muruqa: White	<i>Sunset:</i> 7:00PM	Plava 5123
		451215462 Rahu	3:35PM - 5:18PM	Taitila Until 3:33AM Wed	Nataraja: White		Moon 7 - Phase 16 - 16
Creative Work	Siddha Yoga			Dvitiya Until 4:06PM	Moon - Red		3rd Phase
					Sravana-Adi		Sivaloka Day

2		Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Triliya/Chaturtham Titau		Tehran, Iran	
Simha Rasi: 25.48	Tithi 3 - 4	Gulika	10:28AM - 12:10PM	Purvaphalguni Until 7:30AM	Ganesha: Purple	<i>Sunrise:</i> 5:21AM	Sun 17 Sutra 122
		Yama	7:03AM - 8:45AM	Shiva Until 4:25PM	Muruqa: White	<i>Sunset:</i> 6:59PM	Plava 5123
		451215462 Rahu	12:10PM - 1:52PM	Vanija Until 2:11AM Thu	Nataraja: White		Moon 7 - Phase 16 - 17
Creative Work	Amrita Yoga			Tritiya Until 2:53PM	Moon - Red		3rd Phase
					Sravana-Adi		Sivaloka Day

3		Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau		Tehran, Iran	
Kanya Rasi: 9.31	Tithi 4 - 5	Gulika	8:46AM - 10:28AM	Uttaraphalguni Until 6:41AM	Ganesha: Purple	<i>Sunrise:</i> 5:22AM	Sun 18 Sutra 123
		Yama	5:22AM - 7:04AM	Siddha Until 2:08PM	Muruqa: White	<i>Sunset:</i> 6:58PM	Plava 5123
		451215462 Rahu	1:52PM - 3:34PM	Bava Until 12:34AM Fri	Nataraja: White		Moon 7 - Phase 16 - 18
	Amrita Yoga			Chaturthi* Until 1:23PM	Moon - Red		3rd Phase
Until 6:41AM		Nag Panchami			Sravana-Adi		Sivaloka Day
Then Routine Work - Marana Yoga							

4		Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Tehran, Iran	
Kanya Rasi: 23.22	Tithi 5 - 6	Gulika	7:04AM - 8:46AM	Chitra Until 4:53AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Sun 19 Sutra 124
		Yama	3:33PM - 5:15PM	Sadhya Until 11:42AM	Muruqa: White	<i>Sunset:</i> 6:57PM	Plava 5123
		451215462 Rahu	10:28AM - 12:10PM	Kaulava Until 10:47PM	Nataraja: White		Moon 7 - Phase 16 - 19
Creative Work	Siddha Yoga			Panchami Until 11:41AM	Moon - Green		3rd Phase
					Sravana-Adi		Subha Sivaloka Day

5		Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Tehran, Iran	
Tula Rasi: 7.19	Tithi 6 - 7	Gulika	5:23AM - 7:05AM	Svati Until 3:33AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Sun 20 Sutra 125
		Yama	1:51PM - 3:33PM	Subha Until 9:09AM	Muruqa: White	<i>Sunset:</i> 6:56PM	Plava 5123
		451215462 Rahu	8:46AM - 10:28AM	Gara Until 8:52PM	Nataraja: White		Moon 7 - Phase 16 - 20
Creative Work	Siddha Yoga			Shashthi* Until 9:49AM	Moon - Green		3rd Phase
Until 3:33AM Sun					Sravana-Adi		Subha Sivaloka Day
Then Routine Work - Marana Yoga							

Retreat Star		Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Tehran, Iran	
Tula Rasi: 21.2	Tithi 7 - 8	Gulika	3:32PM - 5:13PM	Vishakha Until 2:24AM Mon	Ganesha: White	<i>Sunrise:</i> 5:24AM	Sun 21 Sutra 126
		Yama	12:09PM - 1:51PM	Sukla Until 6:28AM	Muruqa: White	<i>Sunset:</i> 6:55PM	Plava 5123
		471215462 Rahu	5:13PM - 6:55PM	Visti Until 6:50PM	Nataraja: White		Moon 7 - Phase 16 - 21
Routine Work	Marana Yoga			Saptami Until 7:51AM	Moon - Orange		Ashtami
Until 2:24AM Mon					Sravana-Adi		Sivaloka Day
Then Creative Work - Siddha Yoga							

Retreat Star		Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Tehran, Iran	
Vrischika Rasi: 5.26	Tithi 9	Gulika	1:50PM - 3:31PM	Anuradha Until 1:01AM Tue	Ganesha: White	<i>Sunrise:</i> 5:25AM	Sun 22 Sutra 127
Family Home Evening		Yama	10:28AM - 12:09PM	Indra Until 12:55AM Tue	Muruqa: White	<i>Sunset:</i> 6:53PM	Plava 5123
		471215462 Rahu	7:06AM - 8:47AM	Balava Until 4:42PM	Nataraja: White		Moon 7 - Phase 16 - 22
Creative Work	Siddha Yoga			Navami* Until 3:35AM Tue	Moon - Orange		Navami
Until 1:01AM Tue					Sravana-Avani		Sivaloka Day
Then Routine Work - Marana Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1	Tuesday, August 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau				Tehran, Iran Sun 23 Sutra 128 Plava 5123
	Vrischika Rasi: 19.35	Tithi 10	571215462	Gulika Yama Rahu	12:09PM – 1:50PM 8:47AM – 10:28AM 3:31PM – 5:11PM	Jyeshtha* Until 11:26PM Vaidhriti* Until 10:01PM Taitila Until 2:30PM Dashami Until 1:21AM Wed	Ganesha: Clear Muruqa: White Nataraja: White Moon – Orange Sunrise: 5:25AM Sunset: 6:52PM Moon 7 - Phase 17 - 23 4th Phase Subha Sivaloka Day Sravana-Avani
	Routine Work Marana Yoga						
	Until 11:26PM						
Then Creative Work - Amrita Yoga							

2	Wednesday, August 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 129 Plava 5123
	Dhanus Rasi: 3.47	Tithi 11	581215462	Gulika Yama Rahu	10:28AM – 12:09PM 7:07AM – 8:47AM 12:09PM – 1:49PM	Mula* Until 10:06PM Vishkambha* Until 7:07PM Vanija Until 12:15PM Ekadashi Until 11:06PM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Sunrise: 5:26AM Sunset: 6:51PM Moon 7 - Phase 17 - 24 4th Phase Sivaloka Day Sravana-Avani
	Routine Work Marana Yoga						
	Until 10:06PM						
Then Creative Work - Amrita Yoga							

3	Thursday, August 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran Sun 25 Sutra 130 Plava 5123
	Dhanus Rasi: 17.59	Tithi 12	582215462	Gulika Yama Rahu	8:48AM – 10:28AM 5:27AM – 7:07AM 1:49PM – 3:29PM	Purvashadha* Until 8:40PM Priti Until 4:16PM Bava Until 10:00AM Dvadashi Until 8:54PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Light Blue Sunrise: 5:27AM Sunset: 6:50PM Moon 7 - Phase 17 - 25 4th Phase Sivaloka Day Sravana-Avani
	Creative Work Siddha Yoga						
	Until 8:40PM						
Then Routine Work - Marana Yoga							

4	Friday, August 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 131 Plava 5123
	Makara Rasi: 2.09	Tithi 13	582215462	Gulika Yama Rahu	7:08AM – 8:48AM 3:28PM – 5:09PM 10:28AM – 12:08PM	Uttarashadha Until 7:14PM Ayushman Until 1:28PM Kaulava Until 7:51AM Trayodashi Until 6:49PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Light Blue Sunrise: 5:28AM Sunset: 6:49PM Moon 7 - Phase 17 - 26 4th Phase Sivaloka Day Sravana-Avani
	Routine Work Marana Yoga						
			Chidambaram Abhishekam				
<i>Pradosha Vrata</i>							

5	Saturday, August 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran Sun 27 Sutra 132 Plava 5123
	Makara Rasi: 16.11	Tithi 14 – 15	592215462	Gulika Yama Rahu	5:28AM – 7:08AM 1:48PM – 3:28PM 8:48AM – 10:28AM	Shravana Until 6:18PM Saubhagya Until 10:51AM Visti Until 4:12AM Sun Chaturdashi* Until 4:59PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Purple Sunrise: 5:28AM Sunset: 6:47PM Moon 7 - Phase 17 - 27 4th Phase Subha Sivaloka Day Sravana-Avani
	Creative Work Siddha Yoga						

○	Sunday, August 22, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran Sun 28 Sutra 133 Plava 5123		
	Copper Retreat Star		Kumbha Rasi: 0.03	Tithi 15 – 16	592315462	Gulika Yama Rahu	3:27PM – 5:07PM 12:08PM – 1:47PM 5:07PM – 6:46PM	Dhanishtha Until 5:36PM Sobhana Until 8:30AM Balava Until 2:56AM Mon Purnima* Until 3:29PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Purple Sunrise: 5:29AM Sunset: 6:46PM Moon 7 - Phase 17 - Purnima Subha Sivaloka Day Sravana-Avani
	Routine Work Marana Yoga								
	Until 5:36PM								
Then Creative Work - Siddha Yoga									

○	Monday, August 23, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Tehran, Iran Sun 29 Sutra 134 Plava 5123		
	Silver Retreat Star		Kumbha Rasi: 13.39	Tithi 16 – 17	592315462	Gulika Yama Rahu	1:47PM – 3:26PM 10:28AM – 12:07PM 7:09AM – 8:49AM	Shatabhishak Until 5:13PM Athiganda* Until 6:29AM Taitila Until 2:12AM Tue Prathama* Until 2:28PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Purple Sunrise: 5:30AM Sunset: 6:45PM Moon 7 - Phase 17 - Prathama Subha Sivaloka Day Sravana-Avani
	Creative Work Siddha Yoga								
	Until 5:13PM								
Then Routine Work - Marana Yoga									

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Tuesday, August 24, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 135

Plava 5123

Kumbha Rasi: 26.56 Tithi 17 - 18

Gulika 12:07PM - 1:46PM

Purvaproshtapada* Until 5:44PM

Ganesha: Yellow

Sunrise: 5:31AM

Moon 8 - Phase 18 - 1

Routine Work Marana Yoga

Yama 8:49AM - 10:28AM

Dhriti Until 3:52AM Wed

Muruqa: White

Sunset: 6:44PM

1st Phase

Until 5:44PM

Vanija Until 2:06AM Wed

Nataraja: White

Subha Sivaloka Day

Then Creative Work - Amrita Yoga

Moon - Clear

Sravana-Avani

Wednesday, August 25, 2021

1

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tehran, Iran

Sun 2 Sutra 136

Plava 5123

Meena Rasi: 9.54 Tithi 18 - 19

Gulika 10:28AM - 12:07PM

Uttaraproshtapada Until 6:45PM

Ganesha: Yellow

Sunrise: 5:31AM

Moon 8 - Phase 18 - 2

Creative Work Siddha Yoga

Yama 7:10AM - 8:49AM

Shula* Until 3:21AM Thu

Muruqa: White

Sunset: 6:42PM

1st Phase

Until 6:45PM

Bava Until 2:42AM Thu

Nataraja: White

Subha Sivaloka Day

Then Routine Work - Marana Yoga

Tritiya Until 2:17PM

Moon - Clear

Sravana-Avani

Thursday, August 26, 2021

2

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 137

Plava 5123

Meena Rasi: 22.32 Tithi 19 - 20

Gulika 8:49AM - 10:28AM

Revati Until 8:17PM

Ganesha: Yellow

Sunrise: 5:32AM

Moon 8 - Phase 18 - 3

Creative Work Siddha Yoga

Yama 5:32AM - 7:11AM

Ganda* Until 3:22AM Fri

Muruqa: White

Sunset: 6:41PM

1st Phase

Until 8:17PM

Kaulava Until 3:58AM Fri

Nataraja: White

Subha Sivaloka Day

Then Creative Work - Amrita Yoga

Chaturthi* Until 3:14PM

Moon - Clear

Sravana-Avani

Friday, August 27, 2021

3

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 138

Plava 5123

Mesha Rasi: 4.52 Tithi 20 - 21

Gulika 7:11AM - 8:50AM

Ashvini Until 10:46PM

Ganesha: White

Sunrise: 5:33AM

Moon 8 - Phase 18 - 4

Creative Work Amrita Yoga

Yama 3:23PM - 5:01PM

Vriddhi Until 3:52AM Sat

Muruqa: White

Sunset: 6:40PM

1st Phase

Until 10:46PM

Gara Until 5:52AM Sat

Nataraja: White

Sivaloka Day

Then Creative Work - Siddha Yoga

Panchami Until 4:50PM

Moon - White

Sravana-Avani

Saturday, August 28, 2021

4

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 5 Sutra 139

Plava 5123

Mesha Rasi: 16.56 Tithi 21

Gulika 5:34AM - 7:12AM

Bharani Until 1:34AM Sun

Ganesha: White

Sunrise: 5:34AM

Moon 8 - Phase 18 - 5

Creative Work Siddha Yoga

Yama 1:44PM - 3:22PM

Dhruva Until 4:42AM Sun

Muruqa: White

Sunset: 6:38PM

1st Phase

Until 7:42AM

Vanija Until 6:58PM

Nataraja: Clear

Devaloka Day

Then Creative Work - Siddha Yoga

Shashthi* Until 6:58PM

Moon - White

Sravana-Avani

Sunday, August 29, 2021

5

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sun 6 Sutra 140

Plava 5123

Mesha Rasi: 28.51 Tithi 22

Gulika 3:21PM - 4:59PM

Krittika Until 4:27AM Mon

Ganesha: White

Sunrise: 5:35AM

Moon 8 - Phase 18 - 6

Creative Work Siddha Yoga

Yama 12:06PM - 1:44PM

Vyaghata* Until 5:43AM Mon

Muruqa: White

Sunset: 6:37PM

1st Phase

Until 4:27AM Mon

Visti Until 8:12AM

Nataraja: Clear

Devaloka Day

Then Creative Work - Amrita Yoga

Saptami Until 9:26PM

Moon - White

Sravana-Avani

Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 7 Sutra 141

Plava 5123

Vrishabha Rasi: 10.4 Tithi 23

Gulika 1:43PM - 3:21PM

Rohini Until 7:42AM Tue

Ganesha: Clear

Sunrise: 5:35AM

Moon 8 - Phase 18 - 7

Family Home Evening

Yama 10:28AM - 12:05PM

Harshana Until 6:46AM Tue

Muruqa: White

Sunset: 6:36PM

Ashtami

Creative Work Amrita Yoga

Rahu 7:13AM - 8:50AM

Balava Until 10:45AM

Nataraja: Clear

Sivaloka Day

Until 7:42AM Tue

Krishna Janmashtami

Ashtami* Until 12:00AM Tue

Moon - Yellow

Sravana-Avani

Then Creative Work - Siddha Yoga

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sun 8 Sutra 142

Plava 5123

Vrishabha Rasi: 22.29 Tithi 24

Gulika 12:05PM - 1:42PM

Rohini Until 7:42AM

Ganesha: Clear

Sunrise: 5:36AM

Moon 8 - Phase 18 - 8

Creative Work Amrita Yoga

Yama 8:51AM - 10:28AM

Harshana Until 6:46AM

Muruqa: White

Sunset: 6:34PM

Navami

Until 7:42AM

Taitila Until 1:15PM

Nataraja: Clear

Sivaloka Day

Then Creative Work - Siddha Yoga

Navami* Until 2:23AM Wed

Moon - Yellow

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 5/23/15

www.gurudeva.org/panchang

1	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra /Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran Sun 9 Sutra 143 Plava 5123
	Mithuna Rasi: 4.23	Tithi 25	Gulika 10:28AM – 12:05PM	Mrigashira Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	
			Yama 7:14AM – 8:51AM	Vajra* Until 7:36AM	Muruqa: White	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 19 - 9
	533315463	Rahu 12:05PM – 1:42PM		Vanija Until 3:28PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:22AM Thu	Moon – Yellow		Sivaloka Day	
				Sravana-Avani			

2	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran Sun 10 Sutra 144 Plava 5123
	Mithuna Rasi: 16.28	Tithi 26	Gulika 8:51AM – 10:28AM	Ardra Until 12:45PM	Ganesha: Orange	<i>Sunrise:</i> 5:38AM	
			Yama 5:38AM – 7:14AM	Siddhi Until 8:06AM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19 - 10
	533315463	Rahu 1:41PM – 3:18PM		Bava Until 5:09PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 5:44AM Fri	Moon – Yellow		Sivaloka Day	
Until 12:45PM				Sravana-Avani			
Then Creative Work - Amrita Yoga							

3	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Kaulava Karana Dvadashyam Titau				Tehran, Iran Sun 11 Sutra 145 Plava 5123
	Mithuna Rasi: 28.47	Tithi 27	Gulika 7:15AM – 8:51AM	Punarvasu Until 2:40PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:38AM	
			Yama 3:17PM – 4:54PM	Vyatipata* Until 8:08AM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 19 - 11
	533315463	Rahu 10:28AM – 12:04PM		Kaulava Until 6:11PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:25AM Sat	Moon – Blue		Devaloka Day	
Until 2:40PM				Sravana-Avani			
Then Routine Work - Marana Yoga							

4	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Tehran, Iran Sun 12 Sutra 146 Plava 5123
	Kataka Rasi: 11.26	Tithi 27 – 28	Gulika 5:39AM – 7:15AM	Pushya Until 3:44PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:39AM	
			Yama 1:40PM – 3:16PM	Variyan Until 7:35AM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 19 - 12
	533315463	Rahu 8:51AM – 10:28AM		Gara Until 6:30PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:25AM	Moon – Blue		Devaloka Day	
Until 3:44PM				Sravana-Avani			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran Sun 13 Sutra 147 Plava 5123
	Kataka Rasi: 24.25	Tithi 28 – 29	Gulika 3:15PM – 4:51PM	Ashlesha* Until 3:58PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:40AM	
			Yama 12:04PM – 1:39PM	Parigha* Until 6:30AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 19 - 13
	533315463	Rahu 4:51PM – 6:27PM		Visti Until 6:07PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:23AM	Moon – Blue		Devaloka Day	
Until 3:58PM				Sravana-Avani			
Then Routine Work - Marana Yoga							

	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Tehran, Iran Sun 14 Sutra 148 Plava 5123
	Simha Rasi: 7.44	Tithi 30	Gulika 1:39PM – 3:15PM	Magha* Until 3:52PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	
	Family Home Evening		Yama 10:28AM – 12:03PM	Siddha Until 2:48AM Tue	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 19 - 14
	533315463	Rahu 7:16AM – 8:52AM		Catuspada Until 5:07PM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:23AM Tue	Moon – Red		Devaloka Day	
Until 3:52PM				Sravana-Avani			
Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Tehran, Iran Sun 15 Sutra 149 Plava 5123
	Simha Rasi: 21.25	Tithi 1	Gulika 12:03PM – 1:38PM	Purvaphalguni Until 3:05PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	
			Yama 8:52AM – 10:27AM	Sadhya Until 12:20AM Wed	Muruqa: White	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 19 - 15
	533315463	Rahu 3:14PM – 4:49PM		Kintughna Until 3:35PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:39AM Wed	Moon – Red		Devaloka Day	
Until 3:05PM				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Tehran, Iran Sun 16 Sutra 150 Plava 5123	
Kanya Rasi: 5.2	Tithi 2	Gulika	10:27AM – 12:02PM	Uttaraphalguni Until 1:47PM	Ganesha: Purple	<i>Sunrise: 5:42AM</i>	
		Yama	7:17AM – 8:52AM	Subha Until 9:36PM	Muruqa: White	<i>Sunset: 6:23PM</i>	Moon 8 - Phase 20 - 16
		563315463 Rahu	12:02PM – 1:38PM	Balava Until 1:40PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga			Dvitiya Until 12:34AM Thu	Moon – Red		Devaloka Day
Until 1:47PM					Bhadrapada-Avani		
Then Routine Work - Marana Yoga							

2		Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau		Tehran, Iran Sun 17 Sutra 151 Plava 5123	
Kanya Rasi: 19.28	Tithi 3	Gulika	8:52AM – 10:27AM	Hasta Until 12:29PM	Ganesha: Light Blue	<i>Sunrise: 5:43AM</i>	
		Yama	5:43AM – 7:18AM	Sukla Until 6:39PM	Muruqa: White	<i>Sunset: 6:22PM</i>	Moon 8 - Phase 20 - 17
		563315463 Rahu	1:37PM – 3:12PM	Taitila Until 11:28AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga			Tritiya Until 10:18PM	Moon – Green		Devaloka Day
Until 12:29PM					Bhadrapada-Avani		
Then Creative Work - Siddha Yoga							

3		Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthayam Titau		Tehran, Iran Sun 18 Sutra 152 Plava 5123	
Tula Rasi: 3.44	Tithi 4	Gulika	7:18AM – 8:53AM	Chitra Until 10:55AM	Ganesha: Light Blue	<i>Sunrise: 5:43AM</i>	
		Yama	3:11PM – 4:46PM	Brahma Until 3:38PM	Muruqa: White	<i>Sunset: 6:20PM</i>	Moon 8 - Phase 20 - 18
		563315463 Rahu	10:27AM – 12:02PM	Vanija Until 9:08AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 7:56PM	Moon – Green		Devaloka Day
		Ganesha Chaturthi			Bhadrapada-Avani		

4		Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Panchami/Shashthayam Titau		Tehran, Iran Sun 19 Sutra 153 Plava 5123	
Tula Rasi: 18.01	Tithi 5 – 6	Gulika	5:44AM – 7:19AM	Svati Until 9:10AM	Ganesha: Light Blue	<i>Sunrise: 5:44AM</i>	
		Yama	1:36PM – 3:10PM	Indra Until 12:37PM	Muruqa: White	<i>Sunset: 6:19PM</i>	Moon 8 - Phase 20 - 19
		563315463 Rahu	8:53AM – 10:27AM	Bava Until 6:46AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga			Panchami Until 5:34PM	Moon – Green		Devaloka Day
					Bhadrapada-Avani		

5		Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Tehran, Iran Sun 20 Sutra 154 Plava 5123	
Vrischika Rasi: 2.17	Tithi 6 – 7	Gulika	3:09PM – 4:43PM	Vishakha Until 7:45AM	Ganesha: Orange	<i>Sunrise: 5:45AM</i>	
		Yama	12:01PM – 1:35PM	Vaidhriti* Until 9:38AM	Muruqa: White	<i>Sunset: 6:17PM</i>	Moon 8 - Phase 20 - 20
		573315463 Rahu	4:43PM – 6:17PM	Gara Until 2:12AM Mon	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga			Shashthi* Until 3:17PM	Moon – Orange		Sivaloka Day
		Grandparent's Day			Bhadrapada-Avani		

Monday, September 13, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Tehran, Iran Sun 21 Sutra 155 Plava 5123	
Vrischika Rasi: 16.28	Tithi 7 – 8	Gulika	1:35PM – 3:08PM	Anuradha Until 6:19AM	Ganesha: Orange	<i>Sunrise: 5:46AM</i>	
Family Home Evening		Yama	10:27AM – 12:01PM	Vishkambha* Until 6:44AM	Muruqa: White	<i>Sunset: 6:16PM</i>	Moon 8 - Phase 20 - 21
		573315463 Rahu	7:19AM – 8:53AM	Visti Until 12:07AM Tue	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga			Saptami Until 1:07PM	Moon – Orange		Sivaloka Day
					Bhadrapada-Avani		

Tuesday, September 14, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Tehran, Iran Sun 22 Sutra 156 Plava 5123	
Dhanus Rasi: 0.34	Tithi 8 – 9	Gulika	12:00PM – 1:34PM	Mula* Until 3:52AM Wed	Ganesha: Green	<i>Sunrise: 5:46AM</i>	
		Yama	8:53AM – 10:27AM	Ayushman Until 1:20AM Wed	Muruqa: White	<i>Sunset: 6:14PM</i>	Moon 8 - Phase 20 - 22
		583315463 Rahu	3:07PM – 4:41PM	Balava Until 10:11PM	Nataraja: Clear		Navami
Creative Work	Amrita Yoga			Ashtami* Until 11:06AM	Moon – Light Blue		Devaloka Day
					Bhadrapada-Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda


1	Wednesday, September 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran
	Dhanus Rasi: 14.34	Tithi 9 – 10	Gulika 10:27AM – 12:00PM	Purvashadha* Until 2:54AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:47AM	Sun 23 Sutra 157 Plava 5123
			Yama 7:20AM – 8:54AM	Saubhagya Until 10:50PM	Muruqa: White	<i>Sunset:</i> 6:13PM	Moon 8 - Phase 21 - 23
	583315463	Rahu 12:00PM – 1:33PM		Taitila Until 8:26PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Navami* Until 9:16AM	Moon – Light Blue		Devaloka Day	
Until 2:54AM Thu				Bhadrapada-Avani			
Then Routine Work - Marana Yoga							


2	Thursday, September 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Dhanus Rasi: 28.26	Tithi 10 – 11	Gulika 8:54AM – 10:27AM	Uttarashadha Until 1:59AM Fri	Ganesha: Green	<i>Sunrise:</i> 5:48AM	Sun 24 Sutra 158 Plava 5123
			Yama 5:48AM – 7:21AM	Sobhana Until 8:30PM	Muruqa: White	<i>Sunset:</i> 6:11PM	Moon 8 - Phase 21 - 24
	584415463	Rahu 1:33PM – 3:06PM		Vanija Until 6:52PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dashami Until 7:36AM	Moon – Light Blue		Devaloka Day	
				Bhadrapada-Puratasi			

3	Friday, September 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	Makara Rasi: 12.12	Tithi 11 – 12	Gulika 7:21AM – 8:54AM	Shravana Until 1:35AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:49AM	Sun 25 Sutra 159 Plava 5123
			Yama 3:05PM – 4:37PM	Athiganda* Until 6:19PM	Muruqa: White	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 21 - 25
	594415463	Rahu 10:27AM – 11:59AM		Balava Until 4:55AM Sat	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Ekadashi Until 6:09AM	Moon – Purple		Sivaloka Day	
Until 1:35AM Sat				Bhadrapada-Puratasi			
Then Creative Work - Siddha Yoga							

4	Saturday, September 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran
	Makara Rasi: 25.49	Tithi 13	Gulika 5:49AM – 7:22AM	Dhanishtha Until 1:20AM Sun	Ganesha: Red	<i>Sunrise:</i> 5:49AM	Sun 26 Sutra 160 Plava 5123
			Yama 1:31PM – 3:04PM	Sukarma Until 4:22PM	Muruqa: White	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 21 - 26
	594415463	Rahu 8:54AM – 10:27AM		Kaulava Until 4:26PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 4:00AM Sun	Moon – Purple		Sivaloka Day	
				Bhadrapada-Puratasi			
				<i>Pradosha Vrata</i>			

5	Sunday, September 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran
	Kumbha Rasi: 9.15	Tithi 14	Gulika 3:03PM – 4:35PM	Shatabhishak Until 1:17AM Mon	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Sun 27 Sutra 161 Plava 5123
			Yama 11:59AM – 1:31PM	Dhriti Until 2:42PM	Muruqa: White	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 21 - 27
	594415463	Rahu 4:35PM – 6:07PM		Gara Until 3:42PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 3:28AM Mon	Moon – Purple		Sivaloka Day	
Until 1:17AM Mon		Chidambaram Abhishekam		Bhadrapada-Puratasi			
Then Routine Work - Marana Yoga							

	Monday, September 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran
	Copper Retreat Star		Gulika 1:30PM – 3:02PM	Purvaproshtapada* Until 1:59AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:51AM	Sutra 162 Plava 5123
	Kumbha Rasi: 22.29	Tithi 15	Yama 10:26AM – 11:58AM	Shula* Until 1:20PM	Muruqa: White	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 21 - Purnima
	514415463	Rahu 7:23AM – 8:55AM		Visti Until 3:23PM	Nataraja: Clear		
Routine Work Marana Yoga			Purnima* Until 3:23AM Tue	Moon – Clear		Sivaloka Day	
Until 1:59AM Tue				Bhadrapada-Puratasi			
Then Creative Work - Amrita Yoga							

	Tuesday, September 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran
	Silver Retreat Star		Gulika 11:58AM – 1:29PM	Uttaraproshtapada Until 3:03AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:52AM	Sutra 163 Plava 5123
	Meena Rasi: 5.29	Tithi 16	Yama 8:55AM – 10:26AM	Ganda* Until 12:22PM	Muruqa: White	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 21 - Prathama
	514415463	Rahu 3:01PM – 4:33PM		Balava Until 3:33PM	Nataraja: Clear		
Creative Work Amrita Yoga			Prathama* Until 3:50AM Wed	Moon – Clear		Sivaloka Day	
Until 3:03AM Wed				Bhadrapada-Puratasi			
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sutra 164

Plava 5123

Meena Rasi: 18.12 Tithi 17

514415463

Gulika

10:26AM – 11:58AM

Yama

7:24AM – 8:55AM

Rahu

11:58AM – 1:29PM

Revati Until 4:31AM Thu

Vriddhi Until 11:50AM

Taitila Until 4:18PM

Dvitiya Until 4:52AM Thu

Ganesha: Red

Sunrise: 5:52AM

Muruqa: White

Sunset: 6:03PM

Nataraja: Clear

Moon – Clear

Sivaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 22 -

1st Phase

Routine Work Marana Yoga

Until 4:31AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Sun 1 Sutra 165

Plava 5123

Mesha Rasi: 0.4 Tithi 18

524415463

Gulika

8:55AM – 10:26AM

Yama

5:53AM – 7:24AM

Rahu

1:28PM – 2:59PM

Ashvini Until 6:52AM Fri

Dhruva Until 11:44AM

Vanija Until 5:38PM

Tritiya Until 6:29AM Fri

Ganesha: Green

Sunrise: 5:53AM

Muruqa: White

Sunset: 6:01PM

Nataraja: Clear

Moon – White

Devaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 22 - 1

1st Phase

Creative Work Amrita Yoga

Until 6:52AM Fri

Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Tehran, Iran

Sun 2 Sutra 166

Plava 5123

Mesha Rasi: 12.53 Tithi 18 – 19

524415463

Gulika

7:25AM – 8:55AM

Yama

2:58PM – 4:29PM

Rahu

10:26AM – 11:57AM

Ashvini Until 6:52AM

Vyaghata* Until 12:05PM

Bava Until 7:31PM

Tritiya Until 6:29AM

Ganesha: Green

Sunrise: 5:54AM

Muruqa: White

Sunset: 6:00PM

Nataraja: Clear

Moon – White

Devaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 22 - 2

1st Phase

Creative Work Amrita Yoga

Until 6:52AM

Then Creative Work - Siddha Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana*/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 3 Sutra 167

Plava 5123

Mesha Rasi: 24.54 Tithi 19 – 20

524415463

Gulika

5:55AM – 7:25AM

Yama

1:27PM – 2:57PM

Rahu

8:56AM – 10:26AM

Bharani Until 9:32AM

Harshana Until 12:49PM

Kaulava Until 9:51PM

Chaturthi* Until 8:37AM

Ganesha: Green

Sunrise: 5:55AM

Muruqa: White

Sunset: 5:58PM

Nataraja: Clear

Moon – White

Devaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 22 - 3

1st Phase

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 168

Plava 5123

Vrishabha Rasi: 6.46 Tithi 20 – 21

524415463

Gulika

2:56PM – 4:27PM

Yama

11:56AM – 1:26PM

Rahu

4:27PM – 5:57PM

Krittika Until 12:22PM

Vajra* Until 1:46PM

Gara Until 12:27AM Mon

Panchami Until 11:06AM

Ganesha: Green

Sunrise: 5:55AM

Muruqa: White

Sunset: 5:57PM

Nataraja: Clear

Moon – White

Devaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 22 - 4

1st Phase

Creative Work Siddha Yoga

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Tehran, Iran

Sun 5 Sutra 169

Plava 5123

Vrishabha Rasi: 18.34 Tithi 21 – 22

634415463

Gulika

1:26PM – 2:56PM

Yama

10:26AM – 11:56AM

Rahu

7:26AM – 8:56AM

Rohini Until 3:41PM

Siddhi Until 2:49PM

Visti Until 3:04AM Tue

Shashthi* Until 1:45PM

Ganesha: Green

Sunrise: 5:56AM

Muruqa: White

Sunset: 5:55PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 22 - 5

1st Phase

Creative Work Amrita Yoga

Family Home Evening

Tuesday, September 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sun 6 Sutra 170

Plava 5123

Mithuna Rasi: 0.22 Tithi 22 – 23

635415463

Gulika

11:55AM – 1:25PM

Yama

8:56AM – 10:26AM

Rahu

2:55PM – 4:24PM

Mrigashira Until 6:43PM

Vyatipata* Until 3:49PM

Balava Until 5:29AM Wed

Saptami Until 4:18PM

Ganesha: White

Sunrise: 5:57AM

Muruqa: White

Sunset: 5:54PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 22 - 6

1st Phase

Creative Work Siddha Yoga

Until 6:43PM

Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 7 Sutra 171

Plava 5123

Mithuna Rasi: 12.16 Tithi 23

635415463

Gulika

10:26AM – 11:55AM

Yama

7:27AM – 8:56AM

Rahu

11:55AM – 1:24PM

Ardra Until 9:14PM

Variyan Until 4:31PM

Kaulava Until 6:30PM

Ashtami* Until 6:30PM

Ganesha: White

Sunrise: 5:58AM

Muruqa: White

Sunset: 5:53PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 22 - 7

Ashtami

Creative Work Siddha Yoga

Thursday, September 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sun 8 Sutra 172

Plava 5123

Mithuna Rasi: 24.2 Tithi 24

645415463

Gulika

8:57AM – 10:26AM

Yama

5:59AM – 7:28AM

Rahu

1:24PM – 2:53PM

Punarvasu Until 11:31PM

Parigha* Until 4:49PM

Taitila Until 7:25AM

Navami* Until 8:08PM

Ganesha: Clear

Sunrise: 5:59AM

Muruqa: White

Sunset: 5:51PM

Nataraja: Clear

Moon – Blue

Sivaloka Day

Bhadrapada-Puratasi

Moon 9 - Phase 22 - 8

Navami

Creative Work Amrita Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Tehran, Iran on 5/23/15

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1	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran
	Kataka Rasi: 6.41	Tithi 25	Sun 9	Sutra 173			
			Plava 5123				
	Routine Work	Marana Yoga		Moon 9 - Phase 23 - 9	2nd Phase		
		645415463	Rahu	10:26AM – 11:54AM	Pushya Until 12:56AM Sat	Ganesha: Clear	<i>Sunrise: 5:59AM</i>
			Yama	2:52PM – 4:21PM	Shiva Until 4:36PM	Muruqa: White	<i>Sunset: 5:50PM</i>
					Vanija Until 8:43AM	Nataraja: Clear	
					Dashami Until 9:03PM	Moon – Blue	Sivaloka Day
						Bhadrapada-Puratasi	

2	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran
	Kataka Rasi: 19.22	Tithi 26	Sun 10	Sutra 174			
			Plava 5123				
	Routine Work	Marana Yoga		Moon 9 - Phase 23 - 10	2nd Phase		
		645415463	Rahu	8:57AM – 10:26AM	Ashlesha* Until 1:24AM Sun	Ganesha: Clear	<i>Sunrise: 6:00AM</i>
			Yama	1:23PM – 2:51PM	Siddha Until 3:44PM	Muruqa: White	<i>Sunset: 5:48PM</i>
					Bava Until 9:14AM	Nataraja: Clear	
					Ekadashi* Until 9:11PM	Moon – Blue	Sivaloka Day
						Bhadrapada-Puratasi	

3	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran
	Simha Rasi: 2.26	Tithi 27	Sun 11	Sutra 175			
			Plava 5123				
	Routine Work	Marana Yoga		Moon 9 - Phase 23 - 11	2nd Phase		
		655415463	Rahu	4:19PM – 5:47PM	Magha* Until 1:26AM Mon	Ganesha: Purple	<i>Sunrise: 6:01AM</i>
			Yama	11:54AM – 1:22PM	Sadhya Until 2:15PM	Muruqa: White	<i>Sunset: 5:47PM</i>
					Kaulava Until 8:58AM	Nataraja: Clear	
					Dvadashi* Until 8:31PM	Moon – Red	Devaloka Day
						Bhadrapada-Puratasi	

4	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Tehran, Iran
	Simha Rasi: 15.55	Tithi 28	Sun 12	Sutra 176			
	Family Home Evening		Plava 5123				
	Creative Work	Siddha Yoga		Moon 9 - Phase 23 - 12	2nd Phase		
		655415463	Rahu	7:30AM – 8:58AM	Purvaphalguni Until 12:36AM Tue	Ganesha: Purple	<i>Sunrise: 6:02AM</i>
			Yama	10:26AM – 11:54AM	Subha Until 12:11PM	Muruqa: White	<i>Sunset: 5:45PM</i>
					Gara Until 7:55AM	Nataraja: Clear	
					Trayodashi* Until 7:08PM	Moon – Red	Devaloka Day
						Bhadrapada-Puratasi	
						<i>Pradosha Vrata (Fasting)</i>	

5	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran
	Simha Rasi: 29.49	Tithi 29 – 30	Sun 13	Sutra 177			
			Plava 5123				
	Creative Work	Amrita Yoga		Moon 9 - Phase 23 - 13	2nd Phase		
		655415463	Rahu	2:49PM – 4:16PM	Uttaraphalguni Until 11:04PM	Ganesha: Purple	<i>Sunrise: 6:02AM</i>
			Yama	8:58AM – 10:26AM	Sukla Until 9:35AM	Muruqa: White	<i>Sunset: 5:44PM</i>
					Visti Until 6:13AM	Nataraja: Clear	
					Chaturdashi* Until 5:07PM	Moon – Red	Devaloka Day
						Bhadrapada-Puratasi	

	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran
	Retreat Star		Sun 14	Sutra 178			
	Kanya Rasi: 14.03	Tithi 30 – 1	Plava 5123				
	Routine Work	Marana Yoga		Moon 9 - Phase 23 - 14	Amavasya		
		665415463	Rahu	11:53AM – 1:20PM	Hasta Until 9:22PM	Ganesha: Light Blue	<i>Sunrise: 6:03AM</i>
			Yama	7:31AM – 8:58AM	Brahma Until 6:33AM	Muruqa: White	<i>Sunset: 5:43PM</i>
					Kintughna Until 1:18AM Thu	Nataraja: Clear	
					Amavasya* Until 2:39PM	Moon – Green	Devaloka Day
						Bhadrapada-Puratasi	
						Mahalaya Amavasai (Tamil Nadu)	

Retreat Star	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Tehran, Iran
	Retreat Star		Sun 15	Sutra 179			
	Kanya Rasi: 28.34	Tithi 1 – 2	Plava 5123				
	Creative Work	Siddha Yoga		Moon 9 - Phase 23 - 15	Prathama		
		665415463	Rahu	1:20PM – 2:47PM	Chitra Until 7:15PM	Ganesha: Light Blue	<i>Sunrise: 6:04AM</i>
			Yama	6:04AM – 7:31AM	Vaidhriti* Until 11:40PM	Muruqa: White	<i>Sunset: 5:41PM</i>
					Balava Until 10:23PM	Nataraja: Clear	
					Prathama* Until 11:50AM	Moon – Green	Devaloka Day
						Ashvina-Puratasi	
						Navaratri Begins	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Tehran, Iran on 5/23/15

www.gurudeva.org/panchang

1	Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkamba* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Tehran, Iran Sun 16 Sutra 180 Plava 5123
	Tula Rasi: 13.14	Tithi 2 – 3	Gulika 7:32AM – 8:59AM	Svati Until 4:52PM	Ganesha: Orange	<i>Sunrise:</i> 6:05AM	
			Yama 2:46PM – 4:13PM	Vishkamba* Until 8:03PM	Muruqa: White	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 24 - 16
	Creative Work	Siddha Yoga	666415464 Rahu 10:25AM – 11:52AM	Taitila Until 7:22PM	Nataraja: Purple		3rd Phase
			Dvitiya Until 8:51AM	Moon – Green		Subha Sivaloka Day	
				Ashvina+Puratasi			

2	Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau				Tehran, Iran Sun 17 Sutra 181 Plava 5123
	Tula Rasi: 27.58	Tithi 4	Gulika 6:06AM – 7:32AM	Vishakha Until 2:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM	
			Yama 1:19PM – 2:45PM	Priti Until 4:28PM	Muruqa: White	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24 - 17
	Creative Work	Siddha Yoga	676415464 Rahu 8:59AM – 10:25AM	Vanija Until 4:22PM	Nataraja: Purple		3rd Phase
			Chaturthi* Until 2:54AM Sun	Moon – Orange		Subha Sivaloka Day	
				Ashvina+Puratasi			

3	Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran Sun 18 Sutra 182 Plava 5123
	Vrischika Rasi: 13	Tithi 5	Gulika 2:44PM – 4:11PM	Anuradha Until 12:41PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	
			Yama 11:52AM – 1:18PM	Ayushman Until 12:59PM	Muruqa: White	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 24 - 18
	Routine Work	Marana Yoga	676415464 Rahu 4:11PM – 5:37PM	Bava Until 1:32PM	Nataraja: Purple		3rd Phase
			Panchami Until 12:11AM Mon	Moon – Orange		Subha Sivaloka Day	
				Ashvina+Puratasi			

4	Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran Sun 19 Sutra 183 Plava 5123
	Vrischika Rasi: 27.05	Tithi 6	Gulika 1:18PM – 2:44PM	Jyeshtha* Until 10:42AM	Ganesha: Purple	<i>Sunrise:</i> 6:07AM	
	Family Home Evening		Yama 10:25AM – 11:52AM	Saubhagya Until 9:43AM	Muruqa: White	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 24 - 19
	Creative Work	Siddha Yoga	676515464 Rahu 7:33AM – 8:59AM	Kaulava Until 10:57AM	Nataraja: Purple		3rd Phase
			Shashthi* Until 9:46PM	Moon – Orange		Sivaloka Day	
				Ashvina+Puratasi			

5	Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Atthiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran Sun 20 Sutra 184 Plava 5123
	Dhanus Rasi: 11.22	Tithi 7	Gulika 11:51AM – 1:17PM	Mula* Until 9:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	
			Yama 9:00AM – 10:26AM	Sobhana Until 6:44AM	Muruqa: White	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 24 - 20
	Creative Work	Amrita Yoga	686515464 Rahu 2:43PM – 4:09PM	Gara Until 8:42AM	Nataraja: Purple		3rd Phase
			Saptami Until 7:42PM	Moon – Light Blue		Subha Sivaloka Day	
				Ashvina+Puratasi			

D	Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran Sun 21 Sutra 185 Plava 5123
	Retreat Star		Gulika 10:26AM – 11:51AM	Purvashadha* Until 8:13AM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	
	Dhanus Rasi: 25.22	Tithi 8	Yama 7:35AM – 9:00AM	Sukarma Until 1:42AM Thu	Muruqa: White	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 24 - 21
	Creative Work	Amrita Yoga	686515464 Rahu 11:51AM – 1:17PM	Visti Until 6:51AM	Nataraja: Purple		Ashtami
			Ashtami* Until 6:03PM	Moon – Light Blue		Subha Sivaloka Day	
			Durga Ashtami	Ashvina+Puratasi			

D	Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran Sun 22 Sutra 186 Plava 5123
	Retreat Star		Gulika 9:00AM – 10:26AM	Uttarashadha Until 7:22AM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	
	Makara Rasi: 9.08	Tithi 9 – 10	Yama 6:10AM – 7:35AM	Dhriti Until 11:42PM	Muruqa: White	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24 - 22
	Routine Work	Marana Yoga	686515464 Rahu 1:16PM – 2:41PM	Taitila Until 4:23AM Fri	Nataraja: Purple		Navami
			Navami* Until 4:50PM	Moon – Light Blue		Subha Sivaloka Day	
			Saraswathi Puja (Tamil Nadu)	Ashvina+Puratasi			


1		Friday, October 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Tehran, Iran
Makara Rasi: 22.38	Tithi 10 – 11	Gulika 7:36AM – 9:01AM	Shravana Until 7:13AM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	Sun 23 Sutra 187
		Yama 2:41PM – 4:05PM	Shula* Until 10:00PM	Muruqa: White	<i>Sunset:</i> 5:30PM	Plava 5123
	697515464	Rahu 10:26AM – 11:51AM	Vanija Until 3:48AM Sat	Nataraja: Purple		Moon 9 - Phase 25 - 23
Routine Work	Marana Yoga		Dashami Until 4:01PM	Moon – Purple		4th Phase
Until 7:13AM				Subha Sivaloka Day		
Then Creative Work - Siddha Yoga				Ashvina+Puratasi		

2		Saturday, October 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Tehran, Iran
Kumbha Rasi: 5.55	Tithi 11 – 12	Gulika 6:12AM – 7:36AM	Dhanishtha Until 7:20AM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Sun 24 Sutra 188
		Yama 1:15PM – 2:40PM	Ganda* Until 8:39PM	Muruqa: White	<i>Sunset:</i> 5:29PM	Plava 5123
	697515464	Rahu 9:01AM – 10:26AM	Bava Until 3:37AM Sun	Nataraja: Purple		Moon 9 - Phase 25 - 24
Creative Work	Siddha Yoga		Ekadashi Until 3:38PM	Moon – Purple		4th Phase
Until 7:20AM		Kadaitswami Mahasamadhi		Subha Sivaloka Day		
Then Creative Work - Amrita Yoga				Ashvina+Puratasi		

3		Sunday, October 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Tehran, Iran
Kumbha Rasi: 18.59	Tithi 12 – 13	Gulika 2:39PM – 4:03PM	Shatabhishak Until 7:43AM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Sun 25 Sutra 189
		Yama 11:50AM – 1:15PM	Vriddhi Until 7:38PM	Muruqa: White	<i>Sunset:</i> 5:28PM	Plava 5123
	697515464	Rahu 4:03PM – 5:28PM	Kaulava Until 3:52AM Mon	Nataraja: Purple		Moon 9 - Phase 25 - 25
Creative Work	Siddha Yoga		Dvadashi Until 3:40PM	Moon – Purple		4th Phase
				Subha Sivaloka Day		
				Ashvina+Aipasi		
				<i>Pradosha Vrata</i>		

4		Monday, October 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva Yoga Tatila/Gara Karana Trayodashi/Chaturdashyam Titau		Tehran, Iran
Meena Rasi: 1.5	Tithi 13 – 14	Gulika 1:14PM – 2:38PM	Purvaproshtapada* Until 8:48AM	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	Sun 26 Sutra 190
Family Home Evening		Yama 10:26AM – 11:50AM	Dhruva Until 6:56PM	Muruqa: White	<i>Sunset:</i> 5:27PM	Plava 5123
Routine Work	Marana Yoga	Rahu 7:37AM – 9:02AM	Gara Until 4:33AM Tue	Nataraja: Purple		Moon 9 - Phase 25 - 26
Until 8:48AM			Trayodashi Until 4:08PM	Moon – Clear		4th Phase
Then Creative Work - Siddha Yoga				Subha Sivaloka Day		
				Ashvina+Aipasi		

5		Tuesday, October 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Tehran, Iran
Meena Rasi: 14.28	Tithi 14 – 15	Gulika 11:50AM – 1:14PM	Uttaraproshtapada Until 10:11AM	Ganesha: Yellow	<i>Sunrise:</i> 6:14AM	Sun 27 Sutra 191
		Yama 9:02AM – 10:26AM	Vyaghata* Until 6:35PM	Muruqa: White	<i>Sunset:</i> 5:25PM	Plava 5123
	617515464	Rahu 2:38PM – 4:01PM	Vistil Until 5:42AM Wed	Nataraja: Purple		Moon 9 - Phase 25 - 27
Creative Work	Amrita Yoga		Chaturdashi* Until 5:03PM	Moon – Clear		4th Phase
Until 10:11AM				Subha Sivaloka Day		
Then Creative Work - Siddha Yoga				Ashvina+Aipasi		

		Wednesday, October 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Bava Karana Purnimayam Titau		Tehran, Iran
Copper Retreat Star		Gulika 10:26AM – 11:50AM	Revati Until 11:50AM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Sutra 192
Meena Rasi: 26.55	Tithi 15	Yama 7:39AM – 9:02AM	Harshana Until 6:37PM	Muruqa: White	<i>Sunset:</i> 5:24PM	Plava 5123
	617515464	Rahu 11:50AM – 1:13PM	Bava Until 6:26PM	Nataraja: Purple		Moon 9 - Phase 25 - Purnima
Routine Work	Marana Yoga		Purnima* Until 6:26PM	Moon – Clear		
				Subha Sivaloka Day		
				Ashvina+Aipasi		

Thursday, October 21, 2021		Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau		Tehran, Iran
Silver Retreat Star		Gulika 9:03AM – 10:26AM	Ashvini Until 2:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Sutra 193
Mesha Rasi: 9.09	Tithi 16	Yama 6:16AM – 7:39AM	Vajra* Until 6:57PM	Muruqa: White	<i>Sunset:</i> 5:23PM	Plava 5123
	628515464	Rahu 1:13PM – 2:36PM	Balava Until 7:19AM	Nataraja: Purple		Moon 9 - Phase 25 - Prathama
Creative Work	Amrita Yoga		Prathama* Until 8:16PM	Moon – White		
Until 2:15PM				Subha Sivaloka Day		
Then Creative Work - Siddha Yoga				Ashvina+Aipasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Friday, October 22, 2021
Gold Retreat Star

Mesha Rasi: 21.13 Tithi 17
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 7:40AM – 9:03AM
Yama 2:35PM – 3:59PM
Rahu 10:26AM – 11:49AM

Bharani Until 4:55PM
Siddhi Until 7:37PM
Tailila Until 9:22AM
Dvitiya Until 10:31PM

Tehran, Iran
Sun 1
Sutra 194
Plava 5123
Moon 10 - Phase 26 - 1
1st Phase

Ganesha: Clear *Sunrise:* 6:17AM
Muruqa: White *Sunset:* 5:22PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

1

Saturday, October 23, 2021

Vrishabha Rasi: 3.08 Tithi 18
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:18AM – 7:41AM
Yama 1:12PM – 2:35PM
Rahu 9:03AM – 10:26AM

Krittika Until 7:43PM
Vyatipata* Until 8:32PM
Vanija Until 11:47AM
Tritiya Until 1:04AM Sun

Tehran, Iran
Sun 2
Sutra 195
Plava 5123
Moon 10 - Phase 26 - 2
1st Phase

Ganesha: Clear *Sunrise:* 6:18AM
Muruqa: White *Sunset:* 5:21PM

Nataraja: Purple
Moon – White

Subha Sivaloka Day
Ashvina•Aipasi

2

Sunday, October 24, 2021

Vrishabha Rasi: 14.58 Tithi 19
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:34PM – 3:57PM
Yama 11:49AM – 1:12PM
Rahu 3:57PM – 5:19PM

Rohini Until 11:02PM
Variyan Until 9:33PM
Bava Until 2:26PM
Chaturthi* Until 3:46AM Mon

Tehran, Iran
Sun 3
Sutra 196
Plava 5123
Moon 10 - Phase 26 - 3
1st Phase

Ganesha: Purple *Sunrise:* 6:19AM
Muruqa: White *Sunset:* 5:19PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

3

Monday, October 25, 2021

Vrishabha Rasi: 26.44 Tithi 20
Family Home Evening
Creative Work Amrita Yoga
Until 2:11AM Tue
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 1:11PM – 2:34PM
Yama 10:27AM – 11:49AM
Rahu 7:42AM – 9:04AM

Mrigashira Until 2:11AM Tue
Parigha* Until 10:35PM
Kaulava Until 5:09PM
Panchami Until 6:27AM Tue

Tehran, Iran
Sun 4
Sutra 197
Plava 5123
Moon 10 - Phase 26 - 4
1st Phase

Ganesha: Purple *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 5:18PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

4

Tuesday, October 26, 2021

Mithuna Rasi: 8.32 Tithi 20 – 21
Routine Work Marana Yoga
Until 4:58AM Wed
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:49AM – 1:11PM
Yama 9:05AM – 10:27AM
Rahu 2:33PM – 3:55PM

Ardra Until 4:58AM Wed
Shiva Until 11:31PM
Gara Until 7:43PM
Panchami Until 6:27AM

Tehran, Iran
Sun 5
Sutra 198
Plava 5123
Moon 10 - Phase 26 - 5
1st Phase

Ganesha: Purple *Sunrise:* 6:20AM
Muruqa: White *Sunset:* 5:17PM

Nataraja: Purple
Moon – Yellow

Sivaloka Day
Ashvina•Aipasi

5

Wednesday, October 27, 2021

Mithuna Rasi: 20.25 Tithi 21 – 22
Creative Work Siddha Yoga
Until 7:41AM Thu
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:27AM – 11:49AM
Yama 7:43AM – 9:05AM
Rahu 11:49AM – 1:10PM

Punarvasu Until 7:41AM Thu
Siddha Until 12:07AM Thu
Visti Until 9:57PM
Shashthi* Until 8:52AM

Tehran, Iran
Sun 6
Sutra 199
Plava 5123
Moon 10 - Phase 26 - 6
1st Phase

Ganesha: Clear *Sunrise:* 6:21AM
Muruqa: White *Sunset:* 5:16PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

D

Thursday, October 28, 2021
Retreat Star

Kataka Rasi: 2.28 Tithi 22 – 23
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Gulika 9:05AM – 10:27AM
Yama 6:22AM – 7:44AM
Rahu 1:10PM – 2:32PM

Punarvasu Until 7:41AM
Sadhya Until 12:18AM Fri
Balava Until 11:37PM
Saptami Until 10:51AM

Tehran, Iran
Sun 7
Sutra 200
Plava 5123
Moon 10 - Phase 26 - 7
Ashtami

Ganesha: White *Sunrise:* 6:22AM
Muruqa: Clear *Sunset:* 5:15PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

Friday, October 29, 2021

Retreat Star

Kataka Rasi: 14.46 Tithi 23 – 24
Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gulika 7:45AM – 9:06AM
Yama 2:31PM – 3:52PM
Rahu 10:27AM – 11:48AM

Pushya Until 9:38AM
Subha Until 11:57PM
Tailila Until 12:35AM Sat
Ashtami* Until 12:11PM

Tehran, Iran
Sun 8
Sutra 201
Plava 5123
Moon 10 - Phase 26 - 8
Navami

Ganesha: White *Sunrise:* 6:23AM
Muruqa: Clear *Sunset:* 5:14PM

Nataraja: Purple
Moon – Blue

Subha Sivaloka Day
Ashvina•Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1		Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Tehran, Iran Sun 9 Sutra 202 Plava 5123		
Kataka Rasi: 27.23	Tithi 24 – 25	Gulika 6:24AM – 7:45AM	Ashlesha* Until 10:42AM	Ganesha: White	Sunrise: 6:24AM	Muruqa: Clear	Sunset: 5:13PM	Moon 10 - Phase 27 - 9
		Yama 1:09PM – 2:31PM	Sukla Until 10:58PM	Nataraja: Purple		Moon – Blue		2nd Phase
		649525464 Rahu 9:06AM – 10:27AM	Vanija Until 12:44AM Sun					
Routine Work	Marana Yoga		Navami* Until 12:45PM	Ashvina-Aipasi		Subha Sivaloka Day		
Until 10:42AM								
Then Creative Work - Amrita Yoga								

2		Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau		Tehran, Iran Sun 10 Sutra 203 Plava 5123		
Simha Rasi: 10.25	Tithi 25 – 26	Gulika 2:30PM – 3:51PM	Magha* Until 11:16AM	Ganesha: Yellow	Sunrise: 6:25AM	Muruqa: Clear	Sunset: 5:12PM	Moon 10 - Phase 27 - 10
		Yama 11:48AM – 1:09PM	Brahma Until 9:19PM	Nataraja: Purple		Moon – Red		2nd Phase
		659525464 Rahu 3:51PM – 5:12PM	Bava Until 12:03AM Mon					
Routine Work	Marana Yoga		Dashami Until 12:29PM	Ashvina-Aipasi		Sivaloka Day		
Until 11:16AM								
Then Creative Work - Siddha Yoga								

3		Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Tehran, Iran Sun 11 Sutra 204 Plava 5123		
Simha Rasi: 23.52	Tithi 26 – 27	Gulika 1:09PM – 2:29PM	Purvaphalguni Until 10:53AM	Ganesha: Yellow	Sunrise: 6:26AM	Muruqa: Clear	Sunset: 5:11PM	Moon 10 - Phase 27 - 11
Family Home Evening		Yama 10:28AM – 11:48AM	Indra Until 7:04PM	Nataraja: Purple		Moon – Red		2nd Phase
		659525464 Rahu 7:47AM – 9:07AM	Kaulava Until 10:35PM					
Creative Work	Siddha Yoga		Ekadashi* Until 11:24AM	Ashvina-Aipasi		Sivaloka Day		
Until 11:16AM								
Then Creative Work - Siddha Yoga								

4		Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Tehran, Iran Sun 12 Sutra 205 Plava 5123		
Kanya Rasi: 7.46	Tithi 27 – 28	Gulika 11:48AM – 1:09PM	Uttaraphalguni Until 9:37AM	Ganesha: Yellow	Sunrise: 6:27AM	Muruqa: Clear	Sunset: 5:10PM	Moon 10 - Phase 27 - 12
		Yama 9:08AM – 10:28AM	Vaidhriti* Until 4:13PM	Nataraja: Purple		Moon – Red		2nd Phase
		659525464 Rahu 2:29PM – 3:49PM	Gara Until 8:25PM					
Creative Work	Amrita Yoga		Dvadashi* Until 9:33AM	Ashvina-Aipasi		Sivaloka Day		
Until 9:37AM								
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)				

5		Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau		Tehran, Iran Sun 13 Sutra 206 Plava 5123		
Kanya Rasi: 22.07	Tithi 28 – 29	Gulika 10:28AM – 11:48AM	Hasta Until 8:00AM	Ganesha: Red	Sunrise: 6:28AM	Muruqa: Clear	Sunset: 5:09PM	Moon 10 - Phase 27 - 13
		Yama 7:48AM – 9:08AM	Vishkambha* Until 12:53PM	Nataraja: Purple		Moon – Green		2nd Phase
		669525464 Rahu 11:48AM – 1:08PM	Sakuni Until 4:07AM Thu					
Routine Work	Marana Yoga		Trayodashi* Until 7:05AM	Ashvina-Aipasi		Sivaloka Day		
Until 8:00AM								
Then Creative Work - Siddha Yoga		Subramuniyaswami Mahasamadhi						
		Deepavali Hindu Solidarity Day						

●		Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Tehran, Iran Sun 14 Sutra 207 Plava 5123		
Retreat Star		Gulika 9:09AM – 10:28AM	Svati Until 3:02AM Fri	Ganesha: Red	Sunrise: 6:29AM	Muruqa: Clear	Sunset: 5:08PM	Moon 10 - Phase 27 - 14
Tula Rasi: 6.49	Tithi 30	Yama 6:29AM – 7:49AM	Priti Until 9:12AM	Nataraja: Purple		Moon – Green		Amavasya
		669525464 Rahu 1:08PM – 2:28PM	Catuspada Until 2:31PM					
Creative Work	Amrita Yoga		Amavasya* Until 12:49AM Fri	Ashvina-Aipasi		Sivaloka Day		
Until 3:02AM Fri								
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, November 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Tehran, Iran Sun 15 Sutra 208 Plava 5123		
Tula Rasi: 21.46	Tithi 1	Gulika 7:49AM – 9:09AM	Vishakha Until 12:26AM Sat	Ganesha: Blue	Sunrise: 6:30AM	Muruqa: Clear	Sunset: 5:07PM	Moon 10 - Phase 27 - 15
		Yama 2:28PM – 3:47PM	Saubhagya Until 1:09AM Sat	Nataraja: Purple		Moon – Orange		Prathama
		671625464 Rahu 10:29AM – 11:48AM	Kintughna Until 11:06AM					
Creative Work	Siddha Yoga		Prathama* Until 9:19PM	Kartika-Aipasi		Devaloka Day		
Until 11:06AM								
Then Creative Work - Siddha Yoga		Skanda Shasthi Begins						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau				Tehran, Iran Sun 16 Sutra 209 Plava 5123
	Wrischika Rasi: 6.49	Tithi 2 – 3	Gulika 6:31AM – 7:50AM	Anuradha Until 9:41PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	
			Yama 1:08PM – 2:27PM	Sobhana Until 9:06PM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28 - 16
	Creative Work	Siddha Yoga	781625464 Rahu 9:10AM – 10:29AM	Balava Until 7:34AM	Nataraja: Purple		3rd Phase
			Dvitiya Until 5:48PM	Moon – Orange		Devaloka Day	
				Kartika•Aipasi			

2	Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Tehran, Iran Sun 17 Sutra 210 Plava 5123
	Wrischika Rasi: 21.51	Tithi 3 – 4	Gulika 2:27PM – 3:46PM	Jyeshtha* Until 6:57PM	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	
			Yama 11:48AM – 1:08PM	Athiganda* Until 5:08PM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28 - 17
	Routine Work	Marana Yoga	771625464 Rahu 3:46PM – 5:05PM	Vanija Until 12:49AM Mon	Nataraja: Purple		3rd Phase
Until 6:57PM			Tritiya Until 2:25PM	Moon – Orange		Devaloka Day	
Then Creative Work - Amrita Yoga				Kartika•Aipasi			

3	Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Tehran, Iran Sun 18 Sutra 211 Plava 5123
	Dhanus Rasi: 6.43	Tithi 4 – 5	Gulika 1:07PM – 2:26PM	Mula* Until 4:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	
	Family Home Evening		Yama 10:30AM – 11:48AM	Sukarma Until 1:25PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28 - 18
	Creative Work	Siddha Yoga	781625464 Rahu 7:52AM – 9:11AM	Bava Until 9:53PM	Nataraja: Purple		3rd Phase
Until 4:48PM			Chaturthi* Until 11:17AM	Moon – Light Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Kartika•Aipasi			

4	Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Tehran, Iran Sun 19 Sutra 212 Plava 5123
	Dhanus Rasi: 21.19	Tithi 5 – 6	Gulika 11:49AM – 1:07PM	Purvashadha* Until 2:56PM	Ganesha: Blue	<i>Sunrise:</i> 6:34AM	
			Yama 9:11AM – 10:30AM	Dhriti Until 10:03AM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28 - 19
	Creative Work	Siddha Yoga	781625464 Rahu 2:26PM – 3:45PM	Kaulava Until 7:25PM	Nataraja: Purple		3rd Phase
Until 2:56PM			Panchami Until 8:34AM	Moon – Light Blue		Devaloka Day	
Then Routine Work - Prabalarishta Yoga		Skanda Shasthi		Kartika•Aipasi			

5	Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Shula*/Ganda* Yoga Tailita/Vanija Karana Shashthi/Saptamyam Titau				Tehran, Iran Sun 20 Sutra 213 Plava 5123
	Makara Rasi: 5.33	Tithi 6 – 7	Gulika 10:30AM – 11:49AM	Uttarashadha Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	
			Yama 7:53AM – 9:12AM	Shula* Until 7:05AM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28 - 20
	Creative Work	Amrita Yoga	781625464 Rahu 11:49AM – 1:07PM	Vanija Until 4:45AM Thu	Nataraja: Purple		3rd Phase
Until 1:28PM			Shashthi* Until 6:22AM	Moon – Light Blue		Devaloka Day	
Then Creative Work - Siddha Yoga				Kartika•Aipasi			

☾	Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran Sun 21 Sutra 214 Plava 5123
	Retreat Star		Gulika 9:12AM – 10:30AM	Shravana Until 12:53PM	Ganesha: Yellow	<i>Sunrise:</i> 6:36AM	
	Makara Rasi: 19.25	Tithi 8	Yama 6:36AM – 7:54AM	Vriddhi Until 2:39AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28 - 21
	Creative Work	Siddha Yoga	791625464 Rahu 1:07PM – 2:25PM	Visti Until 4:12PM	Nataraja: Purple		Ashtami
			Ashtami* Until 3:47AM Fri	Moon – Purple		Sivaloka Day	
				Kartika•Aipasi			

☽	Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran Sun 22 Sutra 215 Plava 5123
	Retreat Star		Gulika 7:55AM – 9:13AM	Dhanishtha Until 12:48PM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM	
	Kumbha Rasi: 2.54	Tithi 9	Yama 2:25PM – 3:43PM	Dhruva Until 1:10AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 28 - 22
	Creative Work	Siddha Yoga	791625464 Rahu 10:31AM – 11:49AM	Balava Until 3:34PM	Nataraja: Purple		Navami
			Navami* Until 3:28AM Sat	Moon – Purple		Sivaloka Day	
				Kartika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran
Sutra 223
Plava 5123

Vrishabha Rasi: 11.43 Tithi 16 - 17

732625465

Gulika 6:45AM - 8:01AM
Yama 1:07PM - 2:23PM
Rahu 9:17AM - 10:34AM

Rohini Until 5:37AM Sun
Shiva Until 2:50AM Sun
Taitila Until 4:30AM Sun
Prathama* Until 3:07PM

Ganesha: Purple *Sunrise:* 6:45AM
Muruqa: Clear *Sunset:* 4:56PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 5:37AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran
Sun 1
Sutra 224
Plava 5123

Vrishabha Rasi: 23.31 Tithi 17 - 18

732625465

Gulika 2:23PM - 3:39PM
Yama 11:51AM - 1:07PM
Rahu 3:39PM - 4:56PM

Mrigashira Until 8:44AM Mon
Siddha Until 3:49AM Mon
Vanija Until 7:12AM Mon
Dvitiya Until 5:50PM

Ganesha: Purple *Sunrise:* 6:46AM
Muruqa: Clear *Sunset:* 4:56PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran
Sun 2
Sutra 225
Plava 5123

Mithuna Rasi: 5.19 Tithi 18

732625465

Gulika 1:07PM - 2:23PM
Yama 10:35AM - 11:51AM
Rahu 8:03AM - 9:19AM

Mrigashira Until 8:44AM
Sadhya Until 4:44AM Tue
Vanija Until 7:12AM
Tritiya Until 8:30PM

Ganesha: Purple *Sunrise:* 6:47AM
Muruqa: Clear *Sunset:* 4:55PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 8:44AM

Then Creative Work - Siddha Yoga

Karttika-Karttikai

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthiyam Titau

Tehran, Iran
Sun 3
Sutra 226
Plava 5123

Mithuna Rasi: 17.08 Tithi 19

732625465

Gulika 11:51AM - 1:07PM
Yama 9:19AM - 10:35AM
Rahu 2:23PM - 3:39PM

Ardra Until 11:34AM
Subha Until 5:29AM Wed
Bava Until 9:47AM
Chaturthi* Until 10:58PM

Ganesha: Purple *Sunrise:* 6:48AM
Muruqa: Clear *Sunset:* 4:55PM
Nataraja: Clear
Moon - Yellow

Sivaloka Day

Routine Work Marana Yoga

Until 11:34AM

Then Creative Work - Siddha Yoga

Karttika-Karttikai

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran
Sun 4
Sutra 227
Plava 5123

Mithuna Rasi: 29.04 Tithi 20

742625465

Gulika 10:36AM - 11:51AM
Yama 8:04AM - 9:20AM
Rahu 11:51AM - 1:07PM

Punarvasu Until 2:29PM
Sukla Until 5:56AM Thu
Kaulava Until 12:06PM
Panchami Until 1:06AM Thu

Ganesha: Clear *Sunrise:* 6:48AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran
Sun 5
Sutra 228
Plava 5123

Kataka Rasi: 11.09 Tithi 21

742625465

Gulika 9:21AM - 10:36AM
Yama 6:49AM - 8:05AM
Rahu 1:07PM - 2:23PM

Pushya Until 4:49PM
Brahma Until 6:00AM Fri
Gara Until 2:01PM
Shashthi* Until 2:45AM Fri

Ganesha: Clear *Sunrise:* 6:49AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Creative Work Amrita Yoga

Until 4:49PM

Then Creative Work - Siddha Yoga

Karttika-Karttikai

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran
Sun 6
Sutra 229
Plava 5123

Kataka Rasi: 23.26 Tithi 22

742625465

Gulika 8:06AM - 9:21AM
Yama 2:23PM - 3:38PM
Rahu 10:37AM - 11:52AM

Ashlesha* Until 6:27PM
Brahma Until 6:00AM
Visti* Until 3:22PM
Saptami Until 3:46AM Sat

Ganesha: Clear *Sunrise:* 6:50AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Routine Work Marana Yoga

Karttika-Karttikai

Retreat Star

Saturday, November 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran
Sun 7
Sutra 230
Plava 5123

Simha Rasi: 5.59 Tithi 23

752625465

Gulika 6:51AM - 8:07AM
Yama 1:08PM - 2:23PM
Rahu 9:22AM - 10:37AM

Magha* Until 7:44PM
Vaidhriti* Until 4:37AM Sun
Balava Until 4:02PM
Ashtami* Until 4:04AM Sun

Ganesha: White *Sunrise:* 6:51AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Clear
Moon - Red

Sivaloka Day

Creative Work Amrita Yoga

Until 7:44PM

Then Creative Work - Siddha Yoga

Karttika-Karttikai

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran
Sun 8
Sutra 231
Plava 5123

Simha Rasi: 18.53 Tithi 24

753625465

Gulika 2:23PM - 3:38PM
Yama 11:53AM - 1:08PM
Rahu 3:38PM - 4:53PM

Purvaphalguni Until 8:07PM
Vishkambha* Until 3:02AM Mon
Taitila Until 3:56PM
Navami* Until 3:34AM Mon

Ganesha: Clear *Sunrise:* 6:52AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Clear
Moon - Red

Devaloka Day

Creative Work Siddha Yoga

Until 8:07PM

Then Creative Work - Amrita Yoga

Karttika-Karttikai

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda


1	Monday, November 29, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Tehran, Iran Sun 9 Sutra 232 Plava 5123
	Kanya Rasi: 2.11	Tithi 25	Gulika 1:08PM – 2:23PM	Uttaraphalguni Until 7:34PM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM	
	Family Home Evening	753625465	Yama 10:38AM – 11:53AM	Priti Until 12:50AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 31 - 9
	Creative Work	Siddha Yoga	Rahu 8:08AM – 9:23AM	Vanija Until 3:02PM	Nataraja: Clear		2nd Phase
			Dashami Until 2:17AM Tue	Karttika-Karttikai	Devaloka Day		

2	Tuesday, November 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran Sun 10 Sutra 233 Plava 5123
	Kanya Rasi: 15.56	Tithi 26	Gulika 11:53AM – 1:08PM	Hasta Until 6:34PM	Ganesha: Yellow	<i>Sunrise:</i> 6:54AM	
		763725465	Yama 9:24AM – 10:39AM	Ayushman Until 10:02PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 31 - 10
	Creative Work	Siddha Yoga	Rahu 2:23PM – 3:38PM	Bava Until 1:23PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 12:16AM Wed	Karttika-Karttikai	Devaloka Day		

3	Wednesday, December 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran Sun 11 Sutra 234 Plava 5123
	Tula Rasi: 0.08	Tithi 27	Gulika 10:39AM – 11:54AM	Chitra Until 4:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:55AM	
		763725465	Yama 8:10AM – 9:24AM	Saubhagya Until 6:42PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 11
	Creative Work	Siddha Yoga	Rahu 11:54AM – 1:08PM	Kaulava Until 11:02AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 9:37PM	Karttika-Karttikai	Devaloka Day		

4	Thursday, December 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Tehran, Iran Sun 12 Sutra 235 Plava 5123
	Tula Rasi: 14.46	Tithi 28	Gulika 9:25AM – 10:40AM	Svati Until 2:19PM	Ganesha: Yellow	<i>Sunrise:</i> 6:56AM	
		763725465	Yama 6:56AM – 8:10AM	Sobhana Until 2:58PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 12
	Creative Work	Amrita Yoga	Rahu 1:09PM – 2:23PM	Gara Until 8:06AM	Nataraja: Clear		2nd Phase
Until 2:19PM	Then Creative Work - Siddha Yoga				Trayodashi* Until 6:28PM	Karttika-Karttikai	Devaloka Day
<i>Pradosha Vrata (Fasting)</i>							

5	Friday, December 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarna Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran Sun 13 Sutra 236 Plava 5123
	Tula Rasi: 29.43	Tithi 29 – 30	Gulika 8:11AM – 9:26AM	Vishakha Until 11:44AM	Ganesha: Red	<i>Sunrise:</i> 6:57AM	
		773725465	Yama 2:23PM – 3:38PM	Athiganda* Until 10:54AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 13
	Creative Work	Siddha Yoga	Rahu 10:40AM – 11:55AM	Catuspada Until 1:08AM Sat	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 2:57PM	Karttika-Karttikai	Devaloka Day		

	Saturday, December 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarna/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran Sun 14 Sutra 237 Plava 5123
	Retreat Star		Gulika 6:58AM – 8:12AM	Anuradha Until 8:47AM	Ganesha: Red	<i>Sunrise:</i> 6:58AM	
	Vrishchika Rasi: 14.53	Tithi 30 – 1	Yama 1:09PM – 2:24PM	Sukarna Until 6:39AM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 14
		773725465	Rahu 9:26AM – 10:41AM	Kintughna Until 9:23PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga				Amavasya* Until 11:14AM	Karttika-Karttikai	Devaloka Day

Retreat Star	Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Shula* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Tehran, Iran Sun 15 Sutra 238 Plava 5123
	Dhanus Rasi: 0.07	Tithi 1 – 2	Gulika 2:24PM – 3:38PM	Mula* Until 2:55AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:59AM	
		783725465	Yama 11:55AM – 1:10PM	Shula* Until 10:07PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 11 - Phase 31 - 15
	Creative Work	Amrita Yoga	Rahu 3:38PM – 4:52PM	Kaulava Until 3:54AM Mon	Nataraja: Clear		Prathama
Until 2:55AM Mon	Then Routine Work - Marana Yoga				Prathama* Until 7:30AM	Margasira-Karttikai	Devaloka Day

1	Monday, December 6, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Taitila/Gara Karana Tritiyayam Titau	Tehran, Iran
	Sun 16	Sutra 239	Plava 5123
Dhanus Rasi: 15.15	Tithi 3	Gulika 1:10PM – 2:24PM	Purvashadha* Until 12:20AM Tue
Family Home Evening	783725465	Yama 10:42AM – 11:56AM	Ganda* Until 6:05PM
Routine Work Marana Yoga		Rahu 8:13AM – 9:28AM	Taitila Until 2:12PM
Until 12:20AM Tue			Tritiya Until 12:35AM Tue
Then Routine Work - Prabalarishta Yoga			Margasira-Karttikai
			Devaloka Day

2	Tuesday, December 7, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau	Tehran, Iran
	Sun 17	Sutra 240	Plava 5123
Makara Rasi: 0.08	Tithi 4	Gulika 11:56AM – 1:10PM	Uttarashadha Until 10:03PM
	783725465	Yama 9:28AM – 10:42AM	Vriddhi Until 2:24PM
Routine Work Prabalarishta Yoga		Rahu 2:24PM – 3:38PM	Vanija Until 11:06AM
Until 10:03PM			Chaturthi* Until 9:43PM
Then Creative Work - Siddha Yoga			Margasira-Karttikai
			Devaloka Day

3	Wednesday, December 8, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Tehran, Iran
	Sun 18	Sutra 241	Plava 5123
Makara Rasi: 14.4	Tithi 5	Gulika 10:43AM – 11:57AM	Shravana Until 8:39PM
	793725465	Yama 8:15AM – 9:29AM	Dhruva Until 11:07AM
Creative Work Siddha Yoga		Rahu 11:57AM – 1:11PM	Bava Until 8:31AM
Until 8:39PM			Panchami Until 7:26PM
Then Routine Work - Prabalarishta Yoga			Margasira-Karttikai
			Sivaloka Day

4	Thursday, December 9, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau	Tehran, Iran
	Sun 19	Sutra 242	Plava 5123
Makara Rasi: 28.46	Tithi 6 – 7	Gulika 9:29AM – 10:43AM	Dhanishtha Until 7:48PM
	793725465	Yama 7:02AM – 8:16AM	Vyaghata* Until 8:24AM
Creative Work Siddha Yoga		Rahu 1:11PM – 2:25PM	Kaulava Until 6:35AM
			Shashthi* Until 5:53PM
			Margasira-Karttikai
			Sivaloka Day

Vinayaga Viratam Ends

5	Friday, December 10, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Tehran, Iran
	Sun 20	Sutra 243	Plava 5123
Kumbha Rasi: 12.23	Tithi 7 – 8	Gulika 8:16AM – 9:30AM	Shatabhishak Until 7:35PM
	793725465	Yama 2:25PM – 3:39PM	Harshana Until 6:18AM
Creative Work Siddha Yoga		Rahu 10:44AM – 11:58AM	Visti Until 5:03AM Sat
			Saptami Until 5:07PM
			Margasira-Karttikai
			Sivaloka Day

Retreat Star	Saturday, December 11, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Tehran, Iran
	Sun 21	Sutra 244	Plava 5123
Kumbha Rasi: 25.35	Tithi 8 – 9	Gulika 7:03AM – 8:17AM	Purvaproshtapada* Until 8:27PM
	713725465	Yama 1:12PM – 2:25PM	Siddhi Until 3:58AM Sun
Routine Work Marana Yoga		Rahu 9:31AM – 10:44AM	Balava Until 5:31AM Sun
Until 8:27PM			Ashtami* Until 5:10PM
Then Creative Work - Siddha Yoga			Margasira-Karttikai
			Sivaloka Day

Retreat Star	Sunday, December 12, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata* Yoga Kaulava Karana Navamyam Titau	Tehran, Iran
	Sun 22	Sutra 245	Plava 5123
Meena Rasi: 8.22	Tithi 9	Gulika 2:26PM – 3:39PM	Uttaraproshtapada Until 9:56PM
	713725465	Yama 11:58AM – 1:12PM	Vyatipata* Until 3:41AM Mon
Creative Work Amrita Yoga		Rahu 3:39PM – 4:53PM	Kaulava Until 6:00PM
			Navami* Until 6:00PM
			Margasira-Karttikai
			Sivaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Tehran, Iran Sun 23 Sutra 246 Plava 5123
	Meena Rasi: 20.49	Tithi 10	Gulika 1:12PM – 2:26PM	Revati Until 11:52PM	Ganesha: Yellow	<i>Sunrise:</i> 7:05AM	
	Family Home Evening	714725465	Yama 10:45AM – 11:59AM	Variyan Until 3:52AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 33 - 23
	Creative Work Siddha Yoga		Rahu 8:18AM – 9:32AM	Taitila Until 6:42AM	Nataraja: Clear		4th Phase
			Dashami Until 7:31PM	Moon – Clear		Devaloka Day	
				Margasira-Karttikai			

2	Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran Sun 24 Sutra 247 Plava 5123
	Mesha Rasi: 3	Tithi 11	Gulika 11:59AM – 1:13PM	Ashvini Until 2:38AM Wed	Ganesha: White	<i>Sunrise:</i> 7:06AM	
		724725465	Yama 9:32AM – 10:46AM	Parigha* Until 4:26AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 33 - 24
	Creative Work Siddha Yoga		Rahu 2:26PM – 3:40PM	Vanija Until 8:31AM	Nataraja: Clear		4th Phase
		Gita Jayanthi	Ekadashi Until 9:35PM	Moon – White		Bhuloka Day	
				Margasira-Karttikai		Devaloka Time: 3:PM to 6:PM	

3	Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvodashyam Titau				Tehran, Iran Sun 25 Sutra 248 Plava 5123
	Mesha Rasi: 14.59	Tithi 12	Gulika 10:46AM – 12:00PM	Bharani Until 5:34AM Thu	Ganesha: White	<i>Sunrise:</i> 7:06AM	
		724725465	Yama 8:20AM – 9:33AM	Shiva Until 5:16AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 33 - 25
	Creative Work Siddha Yoga		Rahu 12:00PM – 1:13PM	Bava Until 10:48AM	Nataraja: Clear		4th Phase
Until 5:34AM Thu			Dvadashi Until 12:03AM Thu	Moon – White		Bhuloka Day	
Then Routine Work - Marana Yoga				Margasira-Karttikai		Devaloka Time: 3:PM to 6:PM	

4	Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran Sun 26 Sutra 249 Plava 5123
	Mesha Rasi: 26.52	Tithi 13	Gulika 9:34AM – 10:47AM	Krittika Until 8:30AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:07AM	
		824725465	Yama 7:07AM – 8:20AM	Siddha Until 6:12AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 33 - 26
	Routine Work Marana Yoga		Rahu 1:14PM – 2:27PM	Kaulava Until 1:23PM	Nataraja: Clear		4th Phase
		Markali Pillaiyar	Trayodashi Until 2:43AM Fri	Moon – White		Devaloka Day	
				Margasira-Markali			
				<i>Pradosha Vrata</i>			

5	Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran Sun 27 Sutra 250 Plava 5123
	Vrisabha Rasi: 8.4	Tithi 14	Gulika 8:21AM – 9:34AM	Krittika Until 8:30AM	Ganesha: Yellow	<i>Sunrise:</i> 7:08AM	
		824725465	Yama 2:28PM – 3:41PM	Siddha Until 6:12AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 33 - 27
	Creative Work Siddha Yoga		Rahu 10:48AM – 12:01PM	Gara Until 4:06PM	Nataraja: Clear		4th Phase
Until 8:30AM			Chaturdashi* Until 5:27AM Sat	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga				Margasira-Markali			

○	Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Visti* Karana Purnimayam Titau				Tehran, Iran Sun 27 Sutra 251 Plava 5123
	Copper Retreat Star		Gulika 7:08AM – 8:21AM	Rohini Until 11:49AM	Ganesha: White	<i>Sunrise:</i> 7:08AM	
	Vrisabha Rasi: 20.28	Tithi 15	Yama 1:15PM – 2:28PM	Sadhya Until 7:11AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 33 - Purnima
	Creative Work Amrita Yoga		Rahu 9:35AM – 10:48AM	Visti Until 6:50PM	Nataraja: Clear		
Until 11:49AM			Purnima* Until 8:08AM Sun	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Margasira-Markali		Devaloka Time: 3:PM to 6:PM	

○	Sunday, December 19, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran Sun 27 Sutra 252 Plava 5123
	Silver Retreat Star		Gulika 2:28PM – 3:42PM	Mrigashira Until 2:53PM	Ganesha: White	<i>Sunrise:</i> 7:09AM	
	Mithuna Rasi: 2.16	Tithi 15 – 16	Yama 12:02PM – 1:15PM	Subha Until 8:09AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 11 - Phase 33 - Prathama
	Creative Work Siddha Yoga		Rahu 3:42PM – 4:55PM	Balava Until 9:26PM	Nataraja: Clear		
			Purnima* Until 8:08AM	Moon – Yellow		Bhuloka Day	
				Margasira-Markali		Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 253

Plava 5123

Mithuna Rasi: 14.08 Tithi 16 – 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 5:36PM

Then Creative Work - Amrita Yoga

Gulika 1:16PM – 2:29PM
Yama 10:49AM – 12:02PM
Rahu 8:23AM – 9:36AM

Ardra Darshanam

Ardra Until 5:36PM
Sukla Until 8:57AM
Taitila Until 11:51PM
Prathama* Until 10:39AM

Ganesha: White Sunrise: 7:09AM
Muruqa: Clear Sunset: 4:55PM
Nataraja: Clear
Moon – Yellow

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1

Tuesday, December 21, 2021

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sun 1

Sutra 254

Plava 5123

Mithuna Rasi: 26.05 Tithi 17 – 18

844725465

Creative Work Siddha Yoga

Gulika 12:03PM – 1:16PM
Yama 9:36AM – 10:50AM
Rahu 2:29PM – 3:43PM

Day 1 of Pancha Ganapati

Punarvasu Until 8:24PM
Brahma Until 9:35AM
Vanija Until 1:58AM Wed
Dvitiya Until 12:55PM

Ganesha: Clear Sunrise: 7:10AM
Muruqa: Clear Sunset: 4:56PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Margasira*Markali

2

Wednesday, December 22, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Tehran, Iran

Sun 2

Sutra 255

Plava 5123

Kataka Rasi: 8.1 Tithi 18 – 19

844725465

Creative Work Siddha Yoga

Gulika 10:50AM – 12:03PM
Yama 8:24AM – 9:37AM
Rahu 12:03PM – 1:17PM

Day 2 of Pancha Ganapati

Pushya Until 10:43PM
Indra Until 10:01AM
Bava Until 3:45AM Thu
Tritiya Until 2:53PM

Ganesha: Clear Sunrise: 7:10AM
Muruqa: Clear Sunset: 4:56PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Margasira*Markali

3

Thursday, December 23, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 3

Sutra 256

Plava 5123

Kataka Rasi: 20.22 Tithi 19 – 20

844725465

Creative Work Siddha Yoga

Until 12:31AM Fri

Then Routine Work - Marana Yoga

Gulika 9:37AM – 10:51AM
Yama 7:11AM – 8:24AM
Rahu 1:17PM – 2:30PM

Day 3 of Pancha Ganapati

Ashlesha* Until 12:31AM Fri
Vaidhriti* Until 10:09AM
Kaulava Until 5:07AM Fri
Chaturthi* Until 4:28PM

Ganesha: Clear Sunrise: 7:11AM
Muruqa: Clear Sunset: 4:57PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Margasira*Markali

4

Friday, December 24, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sun 4

Sutra 257

Plava 5123

Simha Rasi: 2.45 Tithi 20 – 21

854725465

Routine Work Marana Yoga

Until 2:10AM Sat

Then Creative Work - Siddha Yoga

Gulika 8:25AM – 9:38AM
Yama 2:31PM – 3:44PM
Rahu 10:51AM – 12:04PM

Day 4 of Pancha Ganapati

Magha* Until 2:10AM Sat
Vishkambha* Until 9:58AM
Gara Until 6:00AM Sat
Panchami Until 5:36PM

Ganesha: Purple Sunrise: 7:11AM
Muruqa: Clear Sunset: 4:57PM
Nataraja: Clear
Moon – Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira*Markali

5

Saturday, December 25, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 5

Sutra 258

Plava 5123

Simha Rasi: 15.21 Tithi 21

855825465

Creative Work Siddha Yoga

Until 3:07AM Sun

Then Creative Work - Amrita Yoga

Gulika 7:12AM – 8:25AM
Yama 1:18PM – 2:31PM
Rahu 9:38AM – 10:52AM

Day 5 of Pancha Ganapati

Purvaphalguni Until 3:07AM Sun
Priti Until 9:25AM
Gara Until 6:00AM
Shashthi* Until 6:13PM

Ganesha: Purple Sunrise: 7:12AM
Muruqa: Clear Sunset: 4:58PM
Nataraja: Clear
Moon – Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira*Markali

6

Sunday, December 26, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saplamyam Titau

Tehran, Iran

Sun 6

Sutra 259

Plava 5123

Simha Rasi: 28.13 Tithi 22

855825466

Creative Work Amrita Yoga

Until 3:20AM Mon

Then Creative Work - Siddha Yoga

Gulika 2:32PM – 3:45PM
Yama 12:05PM – 1:19PM
Rahu 3:45PM – 4:59PM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 3:20AM Mon
Ayushman Until 8:24AM
Visti Until 6:19AM
Saptami Until 6:13PM

Ganesha: Purple Sunrise: 7:12AM
Muruqa: Clear Sunset: 4:59PM
Nataraja: Orange
Moon – Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira*Markali

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 7

Sutra 260

Plava 5123

Kanya Rasi: 11.23 Tithi 23 – 24

Family Home Evening 865825466

Creative Work Siddha Yoga

Gulika 1:19PM – 2:33PM
Yama 10:53AM – 12:06PM
Rahu 8:26AM – 9:39AM

Hasta Until 3:10AM Tue
Saubhagya Until 6:54AM
Balava Until 6:00AM
Ashtami* Until 5:34PM

Ganesha: Clear Sunrise: 7:13AM
Muruqa: Clear Sunset: 4:59PM
Nataraja: Orange
Moon – Green

Devaloka Day

Margasira*Markali

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Tehran, Iran

Sun 8

Sutra 261

Plava 5123

Kanya Rasi: 24.56 Tithi 24 – 25

865825466

Creative Work Siddha Yoga

Gulika 12:06PM – 1:20PM
Yama 9:40AM – 10:53AM
Rahu 2:33PM – 3:47PM

Chitra Until 2:13AM Wed
Athiganda* Until 2:19AM Wed
Vanija Until 3:20AM Wed
Navami* Until 4:14PM

Ganesha: Clear Sunrise: 7:13AM
Muruqa: Clear Sunset: 5:00PM
Nataraja: Orange
Moon – Green

Devaloka Day

Margasira*Markali

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Tehran, Iran on 5/23/15


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1	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Tehran, Iran
			Svati Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 262
	Tula Rasi: 8.53	Tithi 25 – 26	Gulika 10:53AM – 12:07PM	Svati Until 12:30AM Thu	Ganesha: Clear <i>Sunrise: 7:13AM</i>		Plava 5123
			Yama 8:27AM – 9:40AM	Sukarma Until 11:16PM	Muruqa: Clear <i>Sunset: 5:01PM</i>	Moon 12 - Phase 35 - 9	
		865825466 Rahu 12:07PM – 1:20PM	Bava Until 1:03AM Thu	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 2:15PM	Moon – Green	Devaloka Day		
				Margasira*Markali			

2	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Tehran, Iran
			Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 263
	Tula Rasi: 23.14	Tithi 26 – 27	Gulika 9:40AM – 10:54AM	Vishakha Until 10:32PM	Ganesha: White <i>Sunrise: 7:13AM</i>		Plava 5123
			Yama 7:13AM – 8:27AM	Dhriti Until 7:47PM	Muruqa: Clear <i>Sunset: 5:01PM</i>	Moon 12 - Phase 35 - 10	
		875825466 Rahu 1:21PM – 2:34PM	Kaulava Until 10:14PM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 11:41AM	Moon – Orange	Bhuloka Day		
				Margasira*Markali	Devaloka Time: 3:PM to 6:PM		

3	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Tehran, Iran
			Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 264
	Vrischika Rasi: 7.56	Tithi 27 – 28	Gulika 8:27AM – 9:41AM	Anuradha Until 8:00PM	Ganesha: White <i>Sunrise: 7:14AM</i>		Plava 5123
			Yama 2:35PM – 3:48PM	Shula* Until 3:55PM	Muruqa: Clear <i>Sunset: 5:02PM</i>	Moon 12 - Phase 35 - 11	
		875825466 Rahu 10:54AM – 12:08PM	Gara Until 6:59PM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon – Orange	Bhuloka Day		
Until 8:00PM				Margasira*Markali	Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			

4	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Tehran, Iran
			Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 265
	Vrischika Rasi: 22.55	Tithi 29	Gulika 7:14AM – 8:28AM	Jyeshtha* Until 5:05PM	Ganesha: White <i>Sunrise: 7:14AM</i>		Plava 5123
			Yama 1:22PM – 2:36PM	Ganda* Until 11:50AM	Muruqa: Clear <i>Sunset: 5:03PM</i>	Moon 12 - Phase 35 - 12	
		875825466 Rahu 9:41AM – 10:55AM	Visti Until 3:29PM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:39AM Sun	Moon – Orange	Bhuloka Day		
				Margasira*Markali	Devaloka Time: 3:PM to 6:PM		

	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Tehran, Iran
	Retreat Star		Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 266
	Dhanus Rasi: 8.03	Tithi 30	Gulika 2:36PM – 3:50PM	Mula* Until 2:20PM	Ganesha: Green <i>Sunrise: 7:14AM</i>		Plava 5123
			Yama 12:09PM – 1:22PM	Vriddhi Until 7:38AM	Muruqa: Clear <i>Sunset: 5:04PM</i>	Moon 12 - Phase 35 - 13	
		885825466 Rahu 3:50PM – 5:04PM	Catuspada Until 11:51AM	Nataraja: Orange		Amavasya	
Creative Work	Amrita Yoga		Amavasya* Until 10:02PM	Moon – Light Blue	Bhuloka Day		
Until 2:20PM		Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

Monday, January 3, 2022	Retreat Star		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran
			Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 267
	Dhanus Rasi: 23.11	Tithi 1	Gulika 1:23PM – 2:37PM	Purvashadha* Until 11:31AM	Ganesha: Green <i>Sunrise: 7:14AM</i>		Plava 5123
			Yama 10:56AM – 12:09PM	Vyaghata* Until 11:22PM	Muruqa: Clear <i>Sunset: 5:04PM</i>	Moon 12 - Phase 35 - 14	
Family Home Evening		885825466 Rahu 8:28AM – 9:42AM	Kintughna Until 8:16AM	Nataraja: Orange		Prathama	
Routine Work	Marana Yoga		Prathama* Until 6:32PM	Moon – Light Blue	Bhuloka Day		
				Pausha*Markali	Devaloka Time: 3:PM to 6:PM		

1		Tuesday, January 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Tehran, Iran
Makara Rasi: 8.1	Tithi 2 – 3	Gulika 12:10PM – 1:24PM	Uttarashadha Until 8:48AM	Ganesha: Orange	<i>Sunrise:</i> 7:14AM	Sun 15 Sutra 268
		Yama 9:42AM – 10:56AM	Harshana Until 7:36PM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Plava 5123
	886825466	Rahu 2:37PM – 3:51PM	Taitila Until 1:56AM Wed	Nataraja: Orange		Moon 12 - Phase 36 - 15
Routine Work	Prabalarishta Yoga		Dvitiya Until 3:21PM	Moon – Light Blue		3rd Phase
Until 8:48AM				Pausha-Markali		Devaloka Day
Then Creative Work - Siddha Yoga						

2		Wednesday, January 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Tehran, Iran
Makara Rasi: 22.51	Tithi 3 – 4	Gulika 10:56AM – 12:10PM	Shravana Until 6:46AM	Ganesha: Clear	<i>Sunrise:</i> 7:15AM	Sun 16 Sutra 269
		Yama 8:28AM – 9:42AM	Vajra* Until 4:14PM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Plava 5123
	896825466	Rahu 12:10PM – 1:24PM	Vanija Until 11:30PM	Nataraja: Orange		Moon 12 - Phase 36 - 16
Creative Work	Siddha Yoga		Tritiya Until 12:37PM	Moon – Purple		3rd Phase
Until 6:46AM		Subramuniyaswami Jayanti		Pausha-Markali		Devaloka Day
Then Routine Work - Prabalarishta Yoga						

3		Thursday, January 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Tehran, Iran
Kumbha Rasi: 7.08	Tithi 4 – 5	Gulika 9:43AM – 10:57AM	Shatabhishak Until 4:11AM Fri	Ganesha: Clear	<i>Sunrise:</i> 7:15AM	Sun 17 Sutra 270
		Yama 7:15AM – 8:29AM	Siddhi Until 1:23PM	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Plava 5123
	896825466	Rahu 1:25PM – 2:39PM	Bava Until 9:46PM	Nataraja: Orange		Moon 12 - Phase 36 - 17
Creative Work	Siddha Yoga		Chaturthi* Until 10:31AM	Moon – Purple		3rd Phase
				Pausha-Markali		Devaloka Day

4		Friday, January 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Tehran, Iran
Kumbha Rasi: 20.56	Tithi 5 – 6	Gulika 8:29AM – 9:43AM	Purvaproshtapada* Until 4:18AM Sat	Ganesha: Red	<i>Sunrise:</i> 7:15AM	Sun 18 Sutra 271
		Yama 2:39PM – 3:53PM	Vyatipata* Until 11:10AM	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Plava 5123
	816825466	Rahu 10:57AM – 12:11PM	Kaulava Until 8:51PM	Nataraja: Orange		Moon 12 - Phase 36 - 18
Creative Work	Siddha Yoga		Panchami Until 9:11AM	Moon – Clear		3rd Phase
				Pausha-Markali		Devaloka Day

5		Saturday, January 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Tehran, Iran
Meena Rasi: 4.15	Tithi 6 – 7	Gulika 7:15AM – 8:29AM	Uttaraproshtapada Until 5:07AM Sun	Ganesha: Red	<i>Sunrise:</i> 7:15AM	Sun 19 Sutra 272
		Yama 1:26PM – 2:40PM	Variyan Until 9:37AM	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Plava 5123
	816825466	Rahu 9:43AM – 10:57AM	Gara Until 8:50PM	Nataraja: Orange		Moon 12 - Phase 36 - 19
Creative Work	Siddha Yoga		Shashthi* Until 8:43AM	Moon – Clear		3rd Phase
Until 5:07AM Sun				Pausha-Markali		Devaloka Day
Then Creative Work - Amrita Yoga						

Retreat Star		Sunday, January 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Tehran, Iran
Meena Rasi: 17.07	Tithi 7 – 8	Gulika 2:41PM – 3:55PM	Revati Until 6:37AM Mon	Ganesha: Red	<i>Sunrise:</i> 7:15AM	Sun 20 Sutra 273
		Yama 12:12PM – 1:26PM	Parigha* Until 8:45AM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	Plava 5123
	816825466	Rahu 3:55PM – 5:09PM	Visti Until 9:41PM	Nataraja: Orange		Moon 12 - Phase 36 - 20
Creative Work	Amrita Yoga		Saptami Until 9:08AM	Moon – Clear		Ashtami
Until 6:37AM Mon				Pausha-Markali		Devaloka Day
Then Creative Work - Siddha Yoga						

Retreat Star		Monday, January 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Tehran, Iran
Meena Rasi: 29.35	Tithi 8 – 9	Gulika 1:27PM – 2:41PM	Revati Until 6:37AM	Ganesha: Red	<i>Sunrise:</i> 7:15AM	Sun 21 Sutra 274
Family Home Evening		Yama 10:58AM – 12:12PM	Shiva Until 8:33AM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	Plava 5123
	816825466	Rahu 8:29AM – 9:43AM	Balava Until 11:19PM	Nataraja: Orange		Moon 12 - Phase 36 - 21
Creative Work	Siddha Yoga		Ashtami* Until 10:24AM	Moon – Clear		Navami
				Pausha-Markali		Devaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sutra 283

Plava 5123

Kataka Rasi: 17.2 Tithi 17

848935466 Rahu 12:16PM - 1:32PM

Gulika 11:00AM - 12:16PM

Yama 8:28AM - 9:44AM

Ashlesha* Until 6:12AM Thu

Priti Until 2:03PM

Taitila Until 5:33PM

Dvitiya Until 6:04AM Thu

Ganesha: Yellow

Sunrise: 7:13AM

Muruqa: Purple

Sunset: 5:19PM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Moon 1 - Phase 38 -

1st Phase

Creative Work Siddha Yoga

Until 6:12AM Thu

Then Creative Work - Amrita Yoga

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Tehran, Iran

Sun 1

Sutra 284

Plava 5123

Kataka Rasi: 29.48 Tithi 17 - 18

848935466 Rahu 1:32PM - 2:48PM

Gulika 9:44AM - 11:00AM

Yama 7:12AM - 8:28AM

Ashlesha* Until 6:12AM

Ayushman Until 1:40PM

Vanija Until 6:32PM

Dvitiya Until 6:04AM

Ganesha: Yellow

Sunrise: 7:12AM

Muruqa: Purple

Sunset: 5:20PM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Moon 1 - Phase 38 - 1

1st Phase

Creative Work Siddha Yoga

Until 6:12AM

Then Creative Work - Amrita Yoga

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Tehran, Iran

Sun 2

Sutra 285

Plava 5123

Simha Rasi: 12.26 Tithi 18 - 19

858935466 Rahu 11:00AM - 12:16PM

Gulika 8:28AM - 9:44AM

Yama 2:49PM - 4:05PM

Magha* Until 7:40AM

Saubhagya Until 1:01PM

Bava Until 7:07PM

Tritiya Until 6:51AM

Ganesha: White

Sunrise: 7:12AM

Muruqa: Purple

Sunset: 5:21PM

Nataraja: Orange

Moon - Red

Devaloka Day

Moon 1 - Phase 38 - 2

1st Phase

Routine Work Marana Yoga

Until 7:40AM

Then Creative Work - Siddha Yoga

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Tehran, Iran

Sun 3

Sutra 286

Plava 5123

Simha Rasi: 25.15 Tithi 19 - 20

858935466 Rahu 9:44AM - 11:00AM

Gulika 7:11AM - 8:28AM

Yama 1:33PM - 2:49PM

Purvaphalguni Until 8:36AM

Sobhana Until 12:05PM

Kaulava Until 7:19PM

Chaturthi* Until 7:15AM

Ganesha: White

Sunrise: 7:11AM

Muruqa: Purple

Sunset: 5:22PM

Nataraja: Orange

Moon - Red

Devaloka Day

Moon 1 - Phase 38 - 3

1st Phase

Creative Work Siddha Yoga

Until 8:36AM

Then Routine Work - Marana Yoga

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sun 4

Sutra 287

Plava 5123

Kanya Rasi: 8.16 Tithi 20 - 21

858935466 Rahu 4:06PM - 5:23PM

Gulika 2:50PM - 4:06PM

Yama 12:17PM - 1:33PM

Uttaraphalguni Until 9:00AM

Athiganda* Until 10:48AM

Gara Until 7:06PM

Panchami Until 7:14AM

Ganesha: White

Sunrise: 7:11AM

Muruqa: Purple

Sunset: 5:23PM

Nataraja: Orange

Moon - Red

Devaloka Day

Moon 1 - Phase 38 - 4

1st Phase

Creative Work Amrita Yoga

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sun 5

Sutra 288

Plava 5123

Kanya Rasi: 21.29 Tithi 21 - 22

869935466 Rahu 8:27AM - 9:44AM

Gulika 1:34PM - 2:51PM

Yama 11:00AM - 12:17PM

Hasta Until 9:17AM

Sukarma Until 9:12AM

Visti Until 6:26PM

Shashthi* Until 6:48AM

Ganesha: Orange

Sunrise: 7:10AM

Muruqa: Purple

Sunset: 5:24PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Moon 1 - Phase 38 - 5

1st Phase

Creative Work Siddha Yoga

Until 9:17AM

Then Routine Work - Prabalarishta Yoga

D

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 6

Sutra 289

Plava 5123

Tula Rasi: 4.58 Tithi 23

969935466 Rahu 2:51PM - 4:08PM

Gulika 12:17PM - 1:34PM

Yama 9:44AM - 11:00AM

Chitra Until 8:58AM

Dhriti Until 7:15AM

Balava Until 5:17PM

Ashtami* Until 4:31AM Wed

Ganesha: Green

Sunrise: 7:10AM

Muruqa: Purple

Sunset: 5:25PM

Nataraja: Orange

Moon - Green

Devaloka Day

Moon 1 - Phase 38 - 6

Ashtami

Creative Work Siddha Yoga

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sun 7

Sutra 290

Plava 5123

Tula Rasi: 18.44 Tithi 24

969935466 Rahu 12:18PM - 1:35PM

Gulika 11:01AM - 12:18PM

Yama 8:26AM - 9:43AM

Svati Until 8:01AM

Ganda* Until 2:09AM Thu

Taitila Until 3:39PM

Navami* Until 2:38AM Thu

Ganesha: Green

Sunrise: 7:09AM

Muruqa: Purple

Sunset: 5:26PM

Nataraja: Orange

Moon - Green

Devaloka Day

Moon 1 - Phase 38 - 7

Navami


Creative Work Siddha Yoga

1	Thursday, January 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Vanija/Visli* Karana Dashamyam Titau				Tehran, Iran
	Vrischika Rasi: 2.48	Tithi 25	Gulika 9:43AM – 11:01AM	Vishakha Until 6:53AM	Ganesha: Orange	<i>Sunrise:</i> 7:09AM	Sun 8 Sutra 291
			Yama 7:09AM – 8:26AM	Vriddhi Until 11:04PM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Plava 5123
	979935466	Rahu 1:35PM – 2:52PM	Vanija Until 1:33PM		Nataraja: Orange		Moon 1 - Phase 39 - 8
Creative Work	Siddha Yoga		Dashami Until 12:19AM Fri	Moon – Orange		2nd Phase	
				Pausha • Thai		Sivaloka Day	

2	Friday, January 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Tehran, Iran
	Vrischika Rasi: 17.1	Tithi 26	Gulika 8:25AM – 9:43AM	Jyeshtha* Until 2:57AM Sat	Ganesha: Orange	<i>Sunrise:</i> 7:08AM	Sun 9 Sutra 292
			Yama 2:53PM – 4:11PM	Dhruva Until 7:38PM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Plava 5123
	979935466	Rahu 11:01AM – 12:18PM	Bava Until 11:01AM		Nataraja: Orange		Moon 1 - Phase 39 - 9
Routine Work	Marana Yoga		Ekadashi* Until 9:36PM	Moon – Orange		2nd Phase	
Until 2:57AM Sat				Pausha • Thai		Sivaloka Day	
Then Creative Work - Siddha Yoga							

3	Saturday, January 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Tehran, Iran
	Dhanus Rasi: 1.46	Tithi 27	Gulika 7:07AM – 8:25AM	Mula* Until 12:46AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 7:07AM	Sun 10 Sutra 293
			Yama 1:36PM – 2:54PM	Vyaghata* Until 3:59PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Plava 5123
	989935466	Rahu 9:43AM – 11:00AM	Kaulava Until 8:09AM		Nataraja: Orange		Moon 1 - Phase 39 - 10
Creative Work	Siddha Yoga		Dvadashi* Until 6:36PM	Moon – Light Blue		2nd Phase	
				Pausha • Thai		Devaloka Day	

4	Sunday, January 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
	Dhanus Rasi: 16.34	Tithi 28 – 29	Gulika 2:54PM – 4:12PM	Purvashadha* Until 10:19PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:07AM	Sun 11 Sutra 294
			Yama 12:18PM – 1:36PM	Harshana Until 12:12PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Plava 5123
	989935466	Rahu 4:12PM – 5:30PM	Visti Until 1:52AM Mon		Nataraja: Orange		Moon 1 - Phase 39 - 11
Creative Work	Siddha Yoga		Trayodashi* Until 3:27PM	Moon – Light Blue		2nd Phase	
Until 10:19PM				Pausha • Thai		Devaloka Day	
Then Creative Work - Amrita Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

	Monday, January 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Tehran, Iran
	Retreat Star		Gulika 1:37PM – 2:55PM	Uttarashadha Until 7:46PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:06AM	Sun 12 Sutra 295
	Makara Rasi: 1.25	Tithi 29 – 30	Yama 11:00AM – 12:19PM	Vajra* Until 8:21AM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Plava 5123
	989935466	Rahu 8:24AM – 9:42AM	Catuspada Until 10:45PM		Nataraja: Orange		Moon 1 - Phase 39 - 12
Family Home Evening			Chaturdashi* Until 12:16PM	Moon – Light Blue		Amavasya	
Routine Work	Marana Yoga			Pausha • Thai		Devaloka Day	
Until 7:46PM							
Then Creative Work - Amrita Yoga							

	Tuesday, February 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Tehran, Iran
	Retreat Star		Gulika 12:19PM – 1:37PM	Shravana Until 5:42PM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	Sun 13 Sutra 296
	Makara Rasi: 16.11	Tithi 30 – 1	Yama 9:42AM – 11:00AM	Vyatipata* Until 1:07AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Plava 5123
	991935466	Rahu 2:55PM – 4:13PM	Kintughna Until 7:51PM		Nataraja: Orange		Moon 1 - Phase 39 - 13
Creative Work	Siddha Yoga		Amavasya* Until 9:15AM	Moon – Purple		Prathama	
				Magha • Thai		Sivaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan Yoga Bava/Kaulava Karana Prathama/Dvityayam Titau				Tehran, Iran
	Kumbha Rasi: 0.46	Tithi 1 - 2	Gulika 11:00AM - 12:19PM	Dhanishtha Until 3:52PM	Ganesha: Clear	<i>Sunrise:</i> 7:05AM	Sun 14 Sutra 297 Plava 5123
		991935466	Yama 8:24AM - 9:42AM	Variyan Until 9:56PM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 40 - 14 3rd Phase
			Rahu 12:19PM - 1:37PM	Kaulava Until 4:16AM Thu	Nataraja: Orange		Sivaloka Day
				Prathama* Until 6:31AM	Moon - Purple		
					Magha-Thai		

2	Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Taitila/Gara Karana Trityayam Titau				Tehran, Iran
	Kumbha Rasi: 15	Tithi 3	Gulika 9:42AM - 11:00AM	Shatabhishak Until 2:25PM	Ganesha: Clear	<i>Sunrise:</i> 7:04AM	Sun 15 Sutra 298 Plava 5123
		991935467	Yama 7:04AM - 8:23AM	Parigha* Until 7:14PM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 40 - 15 3rd Phase
			Rahu 1:37PM - 2:56PM	Taitila Until 3:24PM	Nataraja: Clear		Sivaloka Day
				Tritiya Until 2:39AM Fri	Moon - Purple		
					Magha-Thai		

3	Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthiyam Titau				Tehran, Iran
	Kumbha Rasi: 28.5	Tithi 4	Gulika 8:22AM - 9:41AM	Purvaproshtapada* Until 1:57PM	Ganesha: Purple	<i>Sunrise:</i> 7:04AM	Sun 16 Sutra 299 Plava 5123
		911935467	Yama 2:57PM - 4:15PM	Shiva Until 5:08PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 40 - 16 3rd Phase
			Rahu 11:00AM - 12:19PM	Vanija Until 2:08PM	Nataraja: Clear		Subha Sivaloka Day
				Chaturthi* Until 1:48AM Sat	Moon - Clear		
					Magha-Thai		

4	Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran
	Meena Rasi: 12.14	Tithi 5	Gulika 7:03AM - 8:22AM	Uttaraproshtapada Until 2:07PM	Ganesha: Purple	<i>Sunrise:</i> 7:03AM	Sun 17 Sutra 300 Plava 5123
		911935467	Yama 1:38PM - 2:57PM	Siddha Until 3:39PM	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 40 - 17 3rd Phase
			Rahu 9:41AM - 11:00AM	Bava Until 1:42PM	Nataraja: Clear		Subha Sivaloka Day
				Panchami Until 1:47AM Sun	Moon - Clear		
					Magha-Thai		

5	Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Tehran, Iran
	Meena Rasi: 25.1	Tithi 6	Gulika 2:58PM - 4:17PM	Revati Until 2:59PM	Ganesha: Purple	<i>Sunrise:</i> 7:02AM	Sun 18 Sutra 301 Plava 5123
		911935467	Yama 12:19PM - 1:38PM	Sadhya Until 2:51PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 40 - 18 3rd Phase
			Rahu 4:17PM - 5:36PM	Kaulava Until 2:08PM	Nataraja: Clear		Subha Sivaloka Day
				Shashthi* Until 2:39AM Mon	Moon - Clear		
					Magha-Thai		

6	Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
	Mesha Rasi: 7.43	Tithi 7	Gulika 1:39PM - 2:58PM	Ashvini Until 4:58PM	Ganesha: Clear	<i>Sunrise:</i> 7:01AM	Sun 19 Sutra 302 Plava 5123
		921935467	Yama 11:00AM - 12:19PM	Subha Until 2:42PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 40 - 19 3rd Phase
			Rahu 8:21AM - 9:40AM	Gara Until 3:24PM	Nataraja: Clear		Sivaloka Day
				Saptami Until 4:18AM Tue	Moon - White		
					Magha-Thai		

D	Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Tehran, Iran
	Retreat Star		Gulika 12:19PM - 1:39PM	Bharani Until 7:27PM	Ganesha: Clear	<i>Sunrise:</i> 7:00AM	Sun 20 Sutra 303 Plava 5123
	Mesha Rasi: 19.55	Tithi 8	Yama 9:40AM - 11:00AM	Sukla Until 3:04PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 1 - Phase 40 - 20 Ashtami
		921935467	Rahu 2:59PM - 4:19PM	Visti Until 5:23PM	Nataraja: Clear		Sivaloka Day
				Ashtami* Until 6:33AM Wed	Moon - White		
					Magha-Thai		

D	Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Tehran, Iran
	Retreat Star		Gulika 10:59AM - 12:19PM	Krittika Until 10:14PM	Ganesha: Clear	<i>Sunrise:</i> 6:59AM	Sun 21 Sutra 304 Plava 5123
	Vrishabha Rasi: 1.53	Tithi 8 - 9	Yama 8:19AM - 9:39AM	Brahma Until 3:50PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 40 - 21 Navami
		921935467	Rahu 12:19PM - 1:39PM	Balava Until 7:52PM	Nataraja: Clear		Sivaloka Day
				Ashtami* Until 6:33AM	Moon - White		
					Magha-Thai		

1	Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran
	Vishabha Rasi: 13.43	Tithi 9 – 10	Gulika 9:39AM – 10:59AM	Rohini Until 1:33AM Fri	Ganesha: White	<i>Sunrise:</i> 6:58AM	Sun 22 Sutra 305
			Yama 6:58AM – 8:19AM	Indra Until 4:50PM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Plava 5123
	931935467	Rahu 1:40PM – 3:00PM		Taitila Until 10:35PM	Nataraja: Clear		Moon 1 - Phase 41 - 22
Routine Work	Marana Yoga		Navami* Until 9:11AM	Moon – Yellow		4th Phase	
	Until 1:33AM Fri			Magha-Thai		Subha Sivaloka Day	
	Then Creative Work - Siddha Yoga						

2	Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Vishabha Rasi: 25.31	Tithi 10 – 11	Gulika 8:18AM – 9:38AM	Mrigashira Until 4:39AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:57AM	Sun 23 Sutra 306
			Yama 3:00PM – 4:21PM	Vaidhriti* Until 5:49PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Plava 5123
	932935467	Rahu 10:59AM – 12:19PM		Vanija Until 1:16AM Sat	Nataraja: Clear		Moon 1 - Phase 41 - 23
Creative Work	Siddha Yoga		Dashami Until 11:56AM	Moon – Yellow		4th Phase	
				Magha-Thai		Sivaloka Day	


3	Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	Mithuna Rasi: 7.19	Tithi 11 – 12	Gulika 6:57AM – 8:17AM	Ardra Until 7:18AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:57AM	Sun 24 Sutra 307
			Yama 1:40PM – 3:01PM	Vishkambha* Until 6:40PM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Plava 5123
	932935467	Rahu 9:38AM – 10:59AM		Bava Until 3:42AM Sun	Nataraja: Clear		Moon 1 - Phase 41 - 24
Creative Work	Siddha Yoga		Ekadashi Until 2:31PM	Moon – Yellow		4th Phase	
				Magha-Thai		Sivaloka Day	

4	Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	Mithuna Rasi: 19.15	Tithi 12 – 13	Gulika 3:01PM – 4:22PM	Ardra Until 7:18AM	Ganesha: Red	<i>Sunrise:</i> 6:56AM	Sun 25 Sutra 308
			Yama 12:19PM – 1:40PM	Priti Until 7:15PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Plava 5123
	932135467	Rahu 4:22PM – 5:43PM		Kaulava Until 5:43AM Mon	Nataraja: Clear		Moon 1 - Phase 41 - 25
Creative Work	Siddha Yoga		Dvadashi Until 4:45PM	Moon – Yellow		4th Phase	
				Magha-Masi		Sivaloka Day	

Pradosha Vrata

5	Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Taitila Karana Trayodashyam Titau				Tehran, Iran
	Kataka Rasi: 1.21	Tithi 13	Gulika 1:41PM – 3:02PM	Punarvasu Until 9:53AM	Ganesha: Blue	<i>Sunrise:</i> 6:55AM	Sun 26 Sutra 309
			Yama 10:58AM – 12:19PM	Ayushman Until 7:27PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Plava 5123
	942135467	Rahu 8:16AM – 9:37AM		Taitila Until 6:30PM	Nataraja: Clear		Moon 1 - Phase 41 - 26
Family Home Evening	Amrita Yoga		Trayodashi Until 6:30PM	Moon – Blue		4th Phase	
	Until 9:53AM			Magha-Masi		Devaloka Day	
	Then Creative Work - Siddha Yoga						

6	Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran
	Kataka Rasi: 13.39	Tithi 14	Gulika 12:19PM – 1:41PM	Pushya Until 11:48AM	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	Sun 27 Sutra 310
			Yama 9:36AM – 10:58AM	Saubhagya Until 7:16PM	Muruqa: Purple	<i>Sunset:</i> 5:45PM	Plava 5123
	942135467	Rahu 3:02PM – 4:24PM		Gara Until 7:12AM	Nataraja: Clear		Moon 1 - Phase 41 - 27
Creative Work	Siddha Yoga		Chaturdashi* Until 7:44PM	Moon – Blue		4th Phase	
		Chidambaram Abhishekam		Magha-Masi		Devaloka Day	

	Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran
	Copper Retreat Star		Gulika 10:58AM – 12:19PM	Ashlesha* Until 1:03PM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	Sun 28 Sutra 311
	Kataka Rasi: 26.11	Tithi 15	Yama 8:14AM – 9:36AM	Sobhana Until 6:42PM	Muruqa: Purple	<i>Sunset:</i> 5:46PM	Plava 5123
	942135467	Rahu 12:19PM – 1:41PM		Visti Until 8:10AM	Nataraja: Clear		Moon 1 - Phase 41 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:27PM	Moon – Blue			
				Magha-Masi		Devaloka Day	

○	Thursday, February 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran
	Silver Retreat Star		Gulika 9:35AM – 10:57AM	Magha* Until 2:09PM	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM	Sun 29 Sutra 312
	Simha Rasi: 8.56	Tithi 16	Yama 6:51AM – 8:13AM	Athiganda* Until 5:43PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Plava 5123
	952135467	Rahu 1:41PM – 3:03PM		Balava Until 8:38AM	Nataraja: Clear		Moon 1 - Phase 41 - Prathama
Creative Work	Amrita Yoga		Prathama* Until 8:40PM	Moon – Red			
	Until 2:09PM			Magha-Masi		Sivaloka Day	
	Then Creative Work - Siddha Yoga						

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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Friday, February 18, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvitiyayam Titau

Tehran, Iran

Sun 1 Sutra 313

Plava 5123

Simha Rasi: 21.55 Tithi 17

952135467 **Gulika** 8:13AM – 9:35AM

Yama 3:04PM – 4:26PM

Rahu 10:57AM – 12:19PM

Purvaphalguni Until 2:39PM

Sukarma Until 4:26PM

Taitila Until 8:38AM

Dvitiya Until 8:29PM

Ganesha: Yellow *Sunrise:* 6:50AM

Muruqa: Purple *Sunset:* 5:48PM

Nataraja: Clear

Moon – Red

Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, February 19, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Tehran, Iran

Sun 2 Sutra 314

Plava 5123

Kanya Rasi: 5.06 Tithi 18

952135467 **Gulika** 6:49AM – 8:12AM

Yama 1:42PM – 3:04PM

Rahu 9:34AM – 10:57AM

Uttaraphalguni Until 2:40PM

Dhriti Until 2:53PM

Vanija Until 8:16AM

Tritiya Until 7:56PM

Ganesha: Yellow *Sunrise:* 6:49AM

Muruqa: Purple *Sunset:* 5:49PM

Nataraja: Clear

Moon – Red

Magha-Masi

Sivaloka Day

Routine Work Marana Yoga

2

Sunday, February 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Tehran, Iran

Sun 3 Sutra 315

Plava 5123

Kanya Rasi: 18.28 Tithi 19

962135467 **Gulika** 3:05PM – 4:27PM

Yama 12:19PM – 1:42PM

Rahu 4:27PM – 5:50PM

Hasta Until 2:40PM

Shula* Until 1:04PM

Bava Until 7:34AM

Chaturthi* Until 7:05PM

Ganesha: White *Sunrise:* 6:48AM

Muruqa: Purple *Sunset:* 5:50PM

Nataraja: Clear

Moon – Green

Magha-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 2:40PM

Then Creative Work - Siddha Yoga

3

Monday, February 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Tehran, Iran

Sun 4 Sutra 316

Plava 5123

Tula Rasi: 1.58 Tithi 20 – 21

962135467 **Gulika** 1:42PM – 3:05PM

Yama 10:56AM – 12:19PM

Rahu 8:10AM – 9:33AM

Chitra Until 2:15PM

Ganda* Until 11:03AM

Kaulava Until 6:35AM

Panchami Until 5:58PM

Ganesha: White *Sunrise:* 6:47AM

Muruqa: Purple *Sunset:* 5:51PM

Nataraja: Clear

Moon – Green

Magha-Masi

Devaloka Day

Family Home Evening

Routine Work Prabalarishta Yoga

Until 2:15PM

Then Creative Work - Amrita Yoga

4

Tuesday, February 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Tehran, Iran

Sun 5 Sutra 317

Plava 5123

Tula Rasi: 15.38 Tithi 21 – 22

962135467 **Gulika** 12:19PM – 1:42PM

Yama 9:32AM – 10:56AM

Rahu 3:06PM – 4:29PM

Svati Until 1:27PM

Vridhi Until 8:50AM

Visti Until 3:51AM Wed

Shashthi* Until 4:36PM

Ganesha: White *Sunrise:* 6:46AM

Muruqa: Purple *Sunset:* 5:52PM

Nataraja: Clear

Moon – Green

Magha-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 1:27PM

Then Routine Work - Marana Yoga

5

Wednesday, February 23, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Tehran, Iran

Sun 6 Sutra 318

Plava 5123

Tula Rasi: 29.26 Tithi 22 – 23

972135467 **Gulika** 10:55AM – 12:19PM

Yama 8:08AM – 9:32AM

Rahu 12:19PM – 1:42PM

Vishakha Until 12:41PM

Dhruva Until 6:25AM

Balava Until 2:06AM Thu

Saptami Until 2:59PM

Ganesha: Clear *Sunrise:* 6:45AM

Muruqa: Purple *Sunset:* 5:53PM

Nataraja: Clear

Moon – Orange

Magha-Masi

Sivaloka Day

Creative Work Siddha Yoga

Thursday, February 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Tehran, Iran

Sun 7 Sutra 319

Plava 5123

Vrischika Rasi: 13.25 Tithi 23 – 24

973135467 **Gulika** 9:31AM – 10:55AM

Yama 6:43AM – 8:07AM

Rahu 1:43PM – 3:06PM

Anuradha Until 11:32AM

Harshana Until 1:00AM Fri

Taitila Until 12:07AM Fri

Ashtami* Until 1:08PM

Ganesha: Purple *Sunrise:* 6:43AM

Muruqa: Purple *Sunset:* 5:54PM

Nataraja: Clear

Moon – Orange

Magha-Masi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 11:32AM

Then Routine Work - Prabalarishta Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1		Friday, February 25, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Tehran, Iran Sun 8 Sutra 320 Plava 5123	
Wrischika Rasi: 27.32	Tithi 24 – 25	Gulika 8:06AM – 9:30AM	Jyeshtha* Until 10:01AM	Ganesha: Purple	<i>Sunrise:</i> 6:42AM	Muruqa: Purple	<i>Sunset:</i> 5:55PM
		Yama 3:07PM – 4:31PM	Vajra* Until 9:59PM	Nataraja: Clear		Moon 2 - Phase 43 - 8	
		973135467 Rahu 10:54AM – 12:19PM	Vanija Until 9:55PM	Moon – Orange		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 11:01AM	Magha-Masi		Subha Sivaloka Day	
Until 10:01AM							
Then Creative Work - Amrita Yoga							

2		Saturday, February 26, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Tehran, Iran Sun 9 Sutra 321 Plava 5123	
Dhanus Rasi: 11.47	Tithi 25 – 26	Gulika 6:41AM – 8:05AM	Mula* Until 8:34AM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Muruqa: Purple	<i>Sunset:</i> 5:56PM
		Yama 1:43PM – 3:07PM	Siddhi Until 6:51PM	Nataraja: Clear		Moon 2 - Phase 43 - 9	
		983135467 Rahu 9:30AM – 10:54AM	Bava Until 7:31PM	Moon – Light Blue		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 8:43AM	Magha-Masi		Sivaloka Day	

3		Sunday, February 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau		Tehran, Iran Sun 10 Sutra 322 Plava 5123	
Dhanus Rasi: 26.1	Tithi 26 – 27	Gulika 3:08PM – 4:32PM	Purvashadha* Until 6:50AM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	Muruqa: Purple	<i>Sunset:</i> 5:57PM
		Yama 12:18PM – 1:43PM	Vyatipata* Until 3:39PM	Nataraja: Clear		Moon 2 - Phase 43 - 10	
		983135467 Rahu 4:32PM – 5:57PM	Taitila Until 3:45AM Mon	Moon – Light Blue		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 6:16AM	Magha-Masi		Sivaloka Day	
Until 6:50AM							
Then Creative Work - Amrita Yoga							

4		Monday, February 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Tehran, Iran Sun 11 Sutra 323 Plava 5123	
Makara Rasi: 10.34	Tithi 28	Gulika 1:43PM – 3:08PM	Shravana Until 3:19AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:38AM	Muruqa: Purple	<i>Sunset:</i> 5:58PM
Family Home Evening		Yama 10:53AM – 12:18PM	Variyan Until 12:24PM	Nataraja: Clear		Moon 2 - Phase 43 - 11	
Creative Work	Amrita Yoga	993135467 Rahu 8:03AM – 9:28AM	Gara Until 2:32PM	Moon – Purple		2nd Phase	
Until 3:19AM Tue			Trayodashi* Until 1:18AM Tue	Magha-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Tuesday, March 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Tehran, Iran Sun 12 Sutra 324 Plava 5123	
Makara Rasi: 24.55	Tithi 29	Gulika 12:18PM – 1:43PM	Dhanishtha Until 1:47AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:36AM	Muruqa: Purple	<i>Sunset:</i> 6:00PM
		Yama 9:27AM – 10:52AM	Parigha* Until 9:16AM	Nataraja: Clear		Moon 2 - Phase 43 - 12	
		993135467 Rahu 3:09PM – 4:34PM	Visti Until 12:09PM	Moon – Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:02PM	Magha-Masi		Sivaloka Day	

		Wednesday, March 2, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Tehran, Iran Sun 13 Sutra 325 Plava 5123	
Retreat Star		Gulika 10:52AM – 12:18PM	Shatabhishak Until 12:27AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:35AM	Muruqa: Purple	<i>Sunset:</i> 6:01PM
Kumbha Rasi: 9.08	Tithi 30	Yama 8:00AM – 9:26AM	Shiva Until 6:19AM	Nataraja: Clear		Moon 2 - Phase 43 - 13	
		993135467 Rahu 12:18PM – 1:43PM	Catuspada Until 10:01AM	Moon – Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 9:05PM	Magha-Masi		Sivaloka Day	

Thursdays, March 3, 2022		Retreat Star		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau		Tehran, Iran Sun 14 Sutra 326 Plava 5123	
Kumbha Rasi: 23.06	Tithi 1	Gulika 9:25AM – 10:51AM	Purvaproshtapada* Until 11:54PM	Ganesha: Green	<i>Sunrise:</i> 6:33AM	Muruqa: Purple	<i>Sunset:</i> 6:01PM
		Yama 6:33AM – 7:59AM	Sadhya Until 1:26AM Fri	Nataraja: Clear		Moon 2 - Phase 43 - 14	
		913135467 Rahu 1:43PM – 3:09PM	Kintughna Until 8:18AM	Moon – Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:37PM	Phalgun-Masi		Subha Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1		Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Tehran, Iran
Meena Rasi: 6.45	Tithi 2	Gulika 7:58AM – 9:25AM	Uttaraproshtapada Until 11:50PM	Ganesha: Green	<i>Sunrise:</i> 6:32AM	Sun 15	Sutra 327	Plava 5123
		Yama 3:10PM – 4:36PM	Subha Until 11:43PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 44 - 15		3rd Phase
Creative Work	Siddha Yoga	913135467 Rahu 10:51AM – 12:17PM	Balava Until 7:07AM	Nataraja: Clear				
			Dvitiya Until 6:45PM	Moon – Clear			Subha Sivaloka Day	
				Phalguna-Masi				

2		Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Tehran, Iran
Meena Rasi: 20.02	Tithi 3	Gulika 6:31AM – 7:57AM	Revati Until 12:18AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Sun 16	Sutra 328	Plava 5123
		Yama 1:43PM – 3:10PM	Sukla Until 10:33PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 44 - 16		3rd Phase
Routine Work	Prabalarishta Yoga	113135467 Rahu 9:24AM – 10:50AM	Taitila Until 6:36AM	Nataraja: Clear				
Until 12:18AM Sun			Tritiya Until 6:36PM	Moon – Clear			Sivaloka Day	
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day		Phalguna-Masi				

3		Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Vanija/Visiti* Karana Chaturthiyam Titau				Tehran, Iran
Mesha Rasi: 2.56	Tithi 4	Gulika 3:10PM – 4:37PM	Ashvini Until 1:50AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Sun 17	Sutra 329	Plava 5123
		Yama 12:17PM – 1:44PM	Brahma Until 9:59PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 44 - 17		3rd Phase
Creative Work	Siddha Yoga	123135467 Rahu 4:37PM – 6:04PM	Vanija Until 6:50AM	Nataraja: Clear				
			Chaturthi* Until 7:13PM	Moon – White			Sivaloka Day	
				Phalguna-Masi				

4		Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Tehran, Iran
Mesha Rasi: 15.28	Tithi 5	Gulika 1:44PM – 3:11PM	Bharani Until 3:55AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:28AM	Sun 18	Sutra 330	Plava 5123
Family Home Evening		Yama 10:49AM – 12:16PM	Indra Until 10:00PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 44 - 18		3rd Phase
Creative Work	Siddha Yoga	123135467 Rahu 7:55AM – 9:22AM	Bava Until 7:50AM	Nataraja: Clear				
			Panchami Until 8:35PM	Moon – White			Sivaloka Day	
				Phalguna-Masi				

5		Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Tehran, Iran
Mesha Rasi: 27.43	Tithi 6	Gulika 12:16PM – 1:44PM	Krittika Until 6:23AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	Sun 19	Sutra 331	Plava 5123
		Yama 9:21AM – 10:49AM	Vaidhriti* Until 10:28PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 44 - 19		3rd Phase
Creative Work	Siddha Yoga	123135467 Rahu 3:11PM – 4:38PM	Kaulava Until 9:32AM	Nataraja: Clear				
			Shashthi* Until 10:34PM	Moon – White			Sivaloka Day	
				Phalguna-Masi				

6		Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Tehran, Iran
Vrishabha Rasi: 9.43	Tithi 7	Gulika 10:48AM – 12:16PM	Krittika Until 6:23AM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Sun 20	Sutra 332	Plava 5123
		Yama 7:53AM – 9:21AM	Vishkambha* Until 11:16PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 44 - 20		3rd Phase
Creative Work	Amrita Yoga	123235477 Rahu 12:16PM – 1:44PM	Gara Until 11:46AM	Nataraja: Green				
Until 6:23AM			Saptami Until 1:00AM Thu	Moon – White			Bhuloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Masi			Devaloka Time: 12:PM to 3:PM	

Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visiti*/Bava Karana Ashtamyam Titau				Tehran, Iran
Vrishabha Rasi: 21.35	Tithi 8	Gulika 9:20AM – 10:48AM	Rohini Until 9:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Sun 21	Sutra 333	Plava 5123
		Yama 6:24AM – 7:52AM	Priti Until 12:15AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 44 - 21		Ashtami
Routine Work	Marana Yoga	133235477 Rahu 1:44PM – 3:12PM	Visiti Until 2:20PM	Nataraja: Green				
			Ashtami* Until 3:37AM Fri	Moon – Yellow			Devaloka Day	
				Phalguna-Masi				

Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Tehran, Iran
Mithuna Rasi: 3.24	Tithi 9	Gulika 7:51AM – 9:19AM	Mrigashira Until 12:36PM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	Sun 22	Sutra 334	Plava 5123
		Yama 3:12PM – 4:40PM	Ayushman Until 1:10AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 44 - 22		Navami
Creative Work	Siddha Yoga	134235477 Rahu 10:47AM – 12:15PM	Balava Until 4:57PM	Nataraja: Green				
			Navami* Until 6:10AM Sat	Moon – Yellow			Sivaloka Day	
				Phalguna-Masi				

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1	Saturday, March 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Tehran, Iran
	Mithuna Rasi: 15.15	Tithi 9 – 10	Gulika 6:21AM – 7:50AM	Ardra Until 3:22PM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Sun 23 Sutra 335
			Yama 1:44PM – 3:12PM	Saubhagya Until 1:53AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Plava 5123
	Creative Work	Siddha Yoga	144235477 Rahu 9:18AM – 10:47AM	Taitila Until 7:21PM	Nataraja: Green		Moon 2 - Phase 45 - 23 4th Phase
			Navami* Until 6:10AM	Phalgun-Masi		Sivaloka Day	

2	Sunday, March 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Tehran, Iran
	Mithuna Rasi: 27.13	Tithi 10 – 11	Gulika 3:13PM – 4:41PM	Punarvasu Until 6:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Sun 24 Sutra 336
			Yama 12:15PM – 1:44PM	Sobhana Until 2:17AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Plava 5123
	Creative Work	Siddha Yoga	144235477 Rahu 4:41PM – 6:10PM	Vanija Until 9:21PM	Nataraja: Green		Moon 2 - Phase 45 - 24 4th Phase
			Dashami Until 8:23AM	Phalgun-Masi		Devaloka Day	

3	Monday, March 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Tehran, Iran
	Kataka Rasi: 9.23	Tithi 11 – 12	Gulika 1:44PM – 3:13PM	Pushya Until 8:07PM	Ganesha: Clear	<i>Sunrise:</i> 6:18AM	Sun 25 Sutra 337
	Family Home Evening		Yama 10:46AM – 12:15PM	Athiganda* Until 2:13AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:11PM	Plava 5123
	Creative Work	Siddha Yoga	144235477 Rahu 7:47AM – 9:16AM	Bava Until 10:46PM	Nataraja: Green		Moon 2 - Phase 45 - 25 4th Phase
		Karadaiyan Nombu (Tamil Nadu)	Ekadashi Until 10:07AM	Phalgun-Panguni		Devaloka Day	

4	Tuesday, March 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Tehran, Iran
	Kataka Rasi: 21.48	Tithi 12 – 13	Gulika 12:14PM – 1:44PM	Ashlesha* Until 9:23PM	Ganesha: Clear	<i>Sunrise:</i> 6:17AM	Sun 26 Sutra 338
			Yama 9:16AM – 10:45AM	Sukarma Until 1:40AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:12PM	Plava 5123
	Creative Work	Siddha Yoga	144235478 Rahu 3:13PM – 4:42PM	Kaulava Until 11:34PM	Nataraja: White		Moon 2 - Phase 45 - 26 4th Phase
			Dvadashi Until 11:14AM	Phalgun-Panguni		Devaloka Day	
			<i>Pradosha Vrata</i>				

5	Wednesday, March 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Tehran, Iran
	Simha Rasi: 4.29	Tithi 13 – 14	Gulika 10:44AM – 12:14PM	Magha* Until 10:21PM	Ganesha: White	<i>Sunrise:</i> 6:16AM	Sun 27 Sutra 339
			Yama 7:45AM – 9:15AM	Dhriti Until 12:38AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Plava 5123
	Creative Work	Siddha Yoga	154235478 Rahu 12:14PM – 1:44PM	Gara Until 11:42PM	Nataraja: White		Moon 2 - Phase 45 - 27 4th Phase
		Until 10:21PM	Trayodashi Until 11:41AM	Phalgun-Panguni		Sivaloka Day	
		Then Creative Work - Amrita Yoga					

	Thursday, March 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Tehran, Iran
	Copper Retreat Star		Gulika 9:14AM – 10:44AM	Purvaphalguni Until 10:34PM	Ganesha: White	<i>Sunrise:</i> 6:14AM	Sutra 340
	Simha Rasi: 17.3	Tithi 14 – 15	Yama 6:14AM – 7:44AM	Shula* Until 11:07PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM	Plava 5123
	Creative Work	Siddha Yoga	154235478 Rahu 1:44PM – 3:14PM	Visti Until 11:15PM	Nataraja: White		Moon 2 - Phase 45 - Purnima
		Panguni Uttiram	Chaturdashi* Until 11:32AM	Phalgun-Panguni		Sivaloka Day	
		Holi					

6	Friday, March 18, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Tehran, Iran
	Silver Retreat Star		Gulika 7:43AM – 9:13AM	Uttaraphalguni Until 10:09PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Sutra 341
	Kanya Rasi: 0.48	Tithi 15 – 16	Yama 3:14PM – 4:44PM	Ganda* Until 9:13PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Plava 5123
	Creative Work	Siddha Yoga	154235478 Rahu 10:43AM – 12:14PM	Balava Until 10:18PM	Nataraja: White		Moon 2 - Phase 45 - Prathama
		Until 10:09PM	Purnima* Until 10:49AM	Phalgun-Panguni		Sivaloka Day	
		Then Creative Work - Amrita Yoga					



Saturday, March 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Tehran, Iran

Sutra 342

Plava 5123

Kanya Rasi: 14.22 Tithi 16 - 17

164235478

Gulika 6:11AM - 7:42AM
Yama 1:44PM - 3:14PM
Rahu 9:12AM - 10:43AM

Hasta Until 9:37PM
Vriddhi Until 7:00PM
Taitila Until 8:56PM
Prathama* Until 9:38AM

Ganesha: Yellow *Sunrise:* 6:11AM
Muruqa: Clear *Sunset:* 6:15PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Moon 3 - Phase 46 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

1

Sunday, March 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Tehran, Iran

Sun 1

Sutra 343

Plava 5123

Kanya Rasi: 28.1 Tithi 17 - 18

164235478

Gulika 3:14PM - 4:45PM
Yama 12:13PM - 1:44PM
Rahu 4:45PM - 6:16PM

Chitra Until 8:38PM
Dhruva Until 4:30PM
Vanija Until 7:15PM
Dvitiya Until 8:06AM

Ganesha: Yellow *Sunrise:* 6:10AM
Muruqa: Clear *Sunset:* 6:16PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Moon 3 - Phase 46 - 1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Monday, March 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Tehran, Iran

Sun 2

Sutra 344

Plava 5123

Tula Rasi: 12.07 Tithi 18 - 19

164235478

Gulika 1:44PM - 3:15PM
Yama 10:42AM - 12:13PM
Rahu 7:39AM - 9:11AM

Svati Until 7:19PM
Vyaghata* Until 1:51PM
Balava Until 4:22AM Tue
Tritiya Until 6:19AM

Ganesha: Yellow *Sunrise:* 6:08AM
Muruqa: Clear *Sunset:* 6:17PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Moon 3 - Phase 46 - 2nd Phase

Devaloka Day

Creative Work Amrita Yoga

Until 7:19PM

Then Routine Work - Marana Yoga

3

Tuesday, March 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Tehran, Iran

Sun 3

Sutra 345

Plava 5123

Tula Rasi: 26.1 Tithi 20

174235478

Gulika 12:12PM - 1:44PM
Yama 9:10AM - 10:41AM
Rahu 3:15PM - 4:46PM

Vishakha Until 6:10PM
Harshana Until 11:06AM
Kaulava Until 3:23PM
Panchami Until 2:20AM Wed

Ganesha: Blue *Sunrise:* 6:07AM
Muruqa: Clear *Sunset:* 6:18PM
Nataraja: White
Moon - Orange
Phalguna-Panguni

Moon 3 - Phase 46 - 3rd Phase

Sivaloka Day

Routine Work Marana Yoga

Until 6:10PM

Then Creative Work - Siddha Yoga

4

Wednesday, March 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Tehran, Iran

Sun 4

Sutra 346

Plava 5123

Virchika Rasi: 10.17 Tithi 21

175235478

Gulika 10:40AM - 12:12PM
Yama 7:37AM - 9:09AM
Rahu 12:12PM - 1:44PM

Anuradha Until 4:49PM
Vajra* Until 8:16AM
Gara Until 1:19PM
Shashthi* Until 12:15AM Thu

Ganesha: Yellow *Sunrise:* 6:06AM
Muruqa: Clear *Sunset:* 6:18PM
Nataraja: White
Moon - Orange
Phalguna-Panguni

Moon 3 - Phase 46 - 4th Phase

Devaloka Day

Creative Work Siddha Yoga

5

Thursday, March 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Tehran, Iran

Sun 5

Sutra 347

Plava 5123

Virchika Rasi: 24.25 Tithi 22

175235478

Gulika 9:08AM - 10:40AM
Yama 6:04AM - 7:36AM
Rahu 1:44PM - 3:16PM

Jyeshtha* Until 3:19PM
Vyatipata* Until 2:36AM Fri
Visti Until 11:14AM
Saptami Until 10:10PM

Ganesha: Yellow *Sunrise:* 6:04AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: White
Moon - Orange
Phalguna-Panguni

Moon 3 - Phase 46 - 5th Phase

Devaloka Day

Routine Work Prabalarishta Yoga

Until 3:19PM

Then Creative Work - Siddha Yoga

6

Friday, March 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Tehran, Iran

Sun 6

Sutra 348

Plava 5123

Dhanu Rasi: 8.32 Tithi 23

185235478

Gulika 7:35AM - 9:07AM
Yama 3:16PM - 4:48PM
Rahu 10:39AM - 12:11PM

Mula* Until 2:07PM
Variyan Until 11:46PM
Balava Until 9:09AM
Ashtami* Until 8:07PM

Ganesha: Blue *Sunrise:* 6:03AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Moon 3 - Phase 46 - 6th Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 2:07PM

Then Routine Work - Prabalarishta Yoga

Saturday, March 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Tehran, Iran

Sun 7

Sutra 349

Plava 5123

Dhanu Rasi: 22.39 Tithi 24

185235478

Gulika 6:01AM - 7:34AM
Yama 1:44PM - 3:16PM
Rahu 9:06AM - 10:39AM

Purvashadha* Until 12:49PM
Parigha* Until 9:00PM
Taitila Until 7:07AM
Navami* Until 6:06PM

Ganesha: Blue *Sunrise:* 6:01AM
Muruqa: Clear *Sunset:* 6:21PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Moon 3 - Phase 46 - 7th Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 12:49PM

Then Routine Work - Marana Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Tehran, Iran on 5/23/15

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1		Sunday, March 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 8		Tehran, Iran Sutra 350 Plava 5123
Makara Rasi: 6.43	Tithi 25 – 26	Gulika	3:16PM – 4:49PM	Uttarashadha Until 11:27AM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM		
		Yama	12:11PM – 1:44PM	Shiva Until 6:18PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 47 - 8	
		185235478 Rahu	4:49PM – 6:22PM	Bava Until 3:15AM Mon	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga			Dashami Until 4:09PM	Moon – Light Blue			Bhuloka Day
					Phalguna-Panguni			Devaloka Time: 12:PM to 3:PM

2		Monday, March 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 9		Tehran, Iran Sutra 351 Plava 5123
Makara Rasi: 20.43	Tithi 26 – 27	Gulika	1:44PM – 3:17PM	Shravana Until 10:28AM	Ganesha: Red	<i>Sunrise:</i> 5:58AM		
Family Home Evening		Yama	10:37AM – 12:11PM	Siddha Until 3:41PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 47 - 9	
Creative Work	Amrita Yoga	195235478 Rahu	7:31AM – 9:04AM	Kaulava Until 1:31AM Tue	Nataraja: White		2nd Phase	
Until 10:28AM				Ekadashi* Until 2:21PM	Moon – Purple			Devaloka Day
Then Creative Work - Siddha Yoga					Phalguna-Panguni			

3		Tuesday, March 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 10		Tehran, Iran Sutra 352 Plava 5123
Kumbha Rasi: 4.38	Tithi 27 – 28	Gulika	12:10PM – 1:43PM	Dhanishtha Until 9:31AM	Ganesha: Red	<i>Sunrise:</i> 5:57AM		
		Yama	9:04AM – 10:37AM	Sadhya Until 1:15PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 47 - 10	
		195235478 Rahu	3:17PM – 4:50PM	Gara Until 12:02AM Wed	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 12:43PM	Moon – Purple			Devaloka Day
Until 9:31AM					Phalguna-Panguni			
Then Routine Work - Marana Yoga								<i>Pradosha Vrata (Fasting)</i>

4		Wednesday, March 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 11		Tehran, Iran Sutra 353 Plava 5123
Kumbha Rasi: 18.22	Tithi 28 – 29	Gulika	10:36AM – 12:10PM	Shatabhishak Until 8:41AM	Ganesha: Red	<i>Sunrise:</i> 5:56AM		
		Yama	7:29AM – 9:03AM	Subha Until 11:03AM	Muruqa: White	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 47 - 11	
		195245478 Rahu	12:10PM – 1:43PM	Visti Until 10:51PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga			Trayodashi* Until 11:22AM	Moon – Purple			Bhuloka Day
Until 8:41AM					Phalguna-Panguni			Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga								

Retreat Star		Thursday, March 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau		Sun 12		Tehran, Iran Sutra 354 Plava 5123
Meena Rasi: 1.55	Tithi 29 – 30	Gulika	9:02AM – 10:36AM	Purvaproshtapada* Until 8:31AM	Ganesha: Green	<i>Sunrise:</i> 5:54AM		
		Yama	5:54AM – 7:28AM	Sukla Until 9:07AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 47 - 12	
		115245478 Rahu	1:43PM – 3:17PM	Catuspada Until 10:06PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga			Chaturdashy* Until 10:24AM	Moon – Clear			Bhuloka Day
					Phalguna-Panguni			

Retreat Star		Friday, April 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 13		Tehran, Iran Sutra 355 Plava 5123
Meena Rasi: 15.13	Tithi 30 – 1	Gulika	7:28AM – 9:02AM	Uttaraproshtapada Until 8:39AM	Ganesha: Green	<i>Sunrise:</i> 5:54AM		
		Yama	3:17PM – 4:51PM	Brahma Until 7:34AM	Muruqa: White	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 47 - 13	
		115245478 Rahu	10:36AM – 12:10PM	Kintughna Until 9:53PM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga			Amavasya* Until 9:54AM	Moon – Clear			Bhuloka Day
		Yugadhi			Chaitra-Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Saturday, April 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Tehran, Iran Sun 14 Sutra 356 Plava 5123		
Meena Rasi: 28.13	Tithi 1 – 2	Gulika 5:53AM – 7:27AM	Revati Until 9:10AM	Ganesha: Red	<i>Sunrise:</i> 5:53AM	Muruqa: White	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 48 - 14 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 1:43PM – 3:18PM	Indra Until 6:29AM	Nataraja: White		Chaitra-Panguni		Bhuloka Day
Until 9:10AM		126345478 Rahu 9:01AM – 10:35AM	Balava Until 10:15PM	Moon – Clear				Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi	Prathama* Until 9:58AM					

2		Sunday, April 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Tehran, Iran Sun 15 Sutra 357 Plava 5123		
Mesha Rasi: 10.55	Tithi 2 – 3	Gulika 3:18PM – 4:52PM	Ashvini Until 10:36AM	Ganesha: White	<i>Sunrise:</i> 5:51AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48 - 15 3rd Phase
Creative Work	Siddha Yoga	Yama 12:09PM – 1:43PM	Vishkambha* Until 5:41AM Mon	Nataraja: White		Chaitra-Panguni		Bhuloka Day
Until 10:36AM		126345478 Rahu 4:52PM – 6:27PM	Taitila Until 11:15PM	Moon – White				
Then Routine Work - Prabalarishta Yoga			Dvitiya Until 10:39AM					

3		Monday, April 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Tehran, Iran Sun 16 Sutra 358 Plava 5123		
Mesha Rasi: 23.2	Tithi 3 – 4	Gulika 1:43PM – 3:18PM	Bharani Until 12:29PM	Ganesha: White	<i>Sunrise:</i> 5:50AM	Muruqa: White	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48 - 16 3rd Phase
Family Home Evening		Yama 10:34AM – 12:09PM	Priti Until 6:00AM Tue	Nataraja: White		Chaitra-Panguni		Bhuloka Day
Creative Work	Siddha Yoga	126345478 Rahu 7:25AM – 8:59AM	Vanija Until 12:50AM Tue	Moon – White				
Until 12:29PM			Tritiya Until 11:57AM					
Then Routine Work - Marana Yoga								

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Tehran, Iran Sun 17 Sutra 359 Plava 5123		
Vrishabha Rasi: 5.32	Tithi 4 – 5	Gulika 12:08PM – 1:43PM	Krittika Until 2:43PM	Ganesha: White	<i>Sunrise:</i> 5:49AM	Muruqa: White	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 48 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 8:59AM – 10:33AM	Subha Until 6:00AM	Nataraja: White		Chaitra-Panguni		Bhuloka Day
Until 2:43PM		126345478 Rahu 3:18PM – 4:53PM	Bava Until 2:55AM Wed	Moon – White				
Then Creative Work - Amrita Yoga			Chaturthi* Until 1:48PM					

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Grigashira Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Tehran, Iran Sun 18 Sutra 360 Plava 5123		
Vrishabha Rasi: 17.31	Tithi 5 – 6	Gulika 10:33AM – 12:08PM	Rohini Until 5:42PM	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Muruqa: White	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 48 - 18 3rd Phase
Creative Work	Siddha Yoga	Yama 7:22AM – 8:58AM	Ayushman Until 6:39AM	Nataraja: White		Chaitra-Panguni		Bhuloka Day
Until 12:08PM		136345478 Rahu 12:08PM – 1:43PM	Kaulava Until 5:21AM Thu	Moon – Yellow				Devaloka Time: 6:AM to 9:AM
			Panchami Until 4:05PM					

6		Thursday, April 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Taitila Karana Shashthyam Titau		Tehran, Iran Sun 19 Sutra 361 Plava 5123		
Vrishabha Rasi: 29.24	Tithi 6	Gulika 8:57AM – 10:32AM	Mrigashira Until 8:43PM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Muruqa: White	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 48 - 19 3rd Phase
Routine Work	Marana Yoga	Yama 5:46AM – 7:21AM	Saubhagya Until 7:32AM	Nataraja: White		Chaitra-Panguni		Bhuloka Day
Until 8:43PM		136345478 Rahu 1:43PM – 3:19PM	Taitila Until 6:36PM	Moon – Yellow				Devaloka Time: 6:AM to 9:AM
			Shashthi* Until 6:36PM					

Retreat Star		Friday, April 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Tehran, Iran Sun 20 Sutra 362 Plava 5123		
Mithuna Rasi: 11.14	Tithi 7	Gulika 7:20AM – 8:56AM	Ardra Until 11:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:44AM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 48 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 3:19PM – 4:55PM	Sobhana Until 8:31AM	Nataraja: White		Chaitra-Panguni		Bhuloka Day
Until 8:56AM		136345478 Rahu 10:32AM – 12:08PM	Gara Until 7:53AM	Moon – Yellow				Devaloka Time: 6:AM to 9:AM
			Saptami Until 9:06PM					

Retreat Star		Saturday, April 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Tehran, Iran Sun 21 Sutra 363 Plava 5123		
Mithuna Rasi: 23.06	Tithi 8	Gulika 5:43AM – 7:19AM	Punarvasu Until 2:29AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Muruqa: White	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 48 - 21 Ashtami
Creative Work	Siddha Yoga	Yama 1:43PM – 3:19PM	Athiganda* Until 9:23AM	Nataraja: White		Chaitra-Panguni		Bhuloka Day
Until 2:29AM		147345478 Rahu 8:55AM – 10:31AM	Visti Until 10:19AM	Moon – Blue				Devaloka Time: 9:AM to 12:PM
			Ashtami* Until 11:24PM					

Retreat Star		Sunday, April 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Tehran, Iran Sun 22 Sutra 364 Plava 5123		
Kataka Rasi: 5.05	Tithi 9	Gulika 3:20PM – 4:56PM	Pushya Until 4:49AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:42AM	Muruqa: White	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 48 - 22 Navami
Creative Work	Siddha Yoga	Yama 12:07PM – 1:43PM	Sukarma Until 10:01AM	Nataraja: White		Chaitra-Panguni		Bhuloka Day
Until 4:49AM		147345478 Rahu 4:56PM – 6:32PM	Balava Until 12:24PM	Moon – Blue				Devaloka Time: 9:AM to 12:PM
			Navami* Until 1:15AM Mon					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Monday, April 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Tehran, Iran
	Kataka Rasi: 17.16	Tithi 10	Sun 23	Plava 5123			
	Family Home Evening	147345478	Rahu	Moon 3 - Phase 49 - 23			
	Creative Work	Siddha Yoga		4th Phase			
		Gulika	1:43PM – 3:20PM	Ashlesha* Until 6:24AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:40AM	
		Yama	10:30AM – 12:07PM	Dhriti Until 10:16AM	Muruqa: White	<i>Sunset:</i> 6:33PM	
		Rahu	7:17AM – 8:54AM	Taitila Until 1:58PM	Nataraja: White		Bhuloka Day
				Dashami Until 2:30AM Tue	Moon – Blue		Devaloka Time: 9:AM to 12:PM
					Chaitra•Panguni		

2	Tuesday, April 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Magha* Nakshatra Shula* Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Tehran, Iran
	Kataka Rasi: 29.42	Tithi 11	Sun 24	Plava 5123			
	Family Home Evening	147345478	Rahu	Moon 3 - Phase 49 - 24			
	Creative Work	Siddha Yoga		4th Phase			
		Gulika	12:06PM – 1:43PM	Ashlesha* Until 6:24AM	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	
		Yama	8:53AM – 10:30AM	Shula* Until 10:01AM	Muruqa: White	<i>Sunset:</i> 6:33PM	
		Rahu	3:20PM – 4:57PM	Vanija Until 2:53PM	Nataraja: White		Bhuloka Day
				Ekadashi Until 3:03AM Wed	Moon – Blue		Devaloka Time: 9:AM to 12:PM
					Chaitra•Panguni		

3	Wednesday, April 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Dvadashyam Titau				Tehran, Iran
	Simha Rasi: 12.27	Tithi 12	Sun 25	Plava 5123			
	Family Home Evening	157345478	Rahu	Moon 3 - Phase 49 - 25			
	Creative Work	Siddha Yoga		4th Phase			
		Gulika	10:29AM – 12:06PM	Magha* Until 7:36AM	Ganesha: Purple	<i>Sunrise:</i> 5:38AM	
		Yama	7:15AM – 8:52AM	Ganda* Until 9:13AM	Muruqa: White	<i>Sunset:</i> 6:35PM	
		Rahu	12:06PM – 1:43PM	Bava Until 3:04PM	Nataraja: White		Devaloka Day
				Dvadashi Until 2:52AM Thu	Moon – Red		Devaloka Time: 9:AM to 12:PM
					Chaitra•Panguni		

4	Thursday, April 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Tehran, Iran
	Simha Rasi: 25.34	Tithi 13	Sun 26	Subhakrit 5124			
	Family Home Evening	157345478	Rahu	Moon 3 - Phase 49 - 26			
	Creative Work	Siddha Yoga		4th Phase			
		Gulika	8:51AM – 10:28AM	Purvaphalguni Until 7:57AM	Ganesha: Purple	<i>Sunrise:</i> 5:36AM	
		Yama	5:36AM – 7:14AM	Vridhi Until 7:52AM	Muruqa: White	<i>Sunset:</i> 6:36PM	
		Rahu	1:43PM – 3:21PM	Kaulava Until 2:31PM	Nataraja: White		Devaloka Day
				Trayodashi Until 1:59AM Fri	Moon – Red		Devaloka Time: 9:AM to 12:PM
					Chaitra•Chaitra		
					<i>Pradosha Vrata</i>		

5	Friday, April 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Tehran, Iran
	Kanya Rasi: 9.04	Tithi 14	Sun 27	Subhakrit 5124			
	Family Home Evening	258345478	Rahu	Moon 3 - Phase 49 - 27			
	Creative Work	Siddha Yoga		4th Phase			
		Gulika	7:13AM – 8:50AM	Uttaraphalguni Until 7:28AM	Ganesha: White	<i>Sunrise:</i> 5:35AM	
		Yama	3:21PM – 4:59PM	Vyaghata* Until 3:32AM Sat	Muruqa: White	<i>Sunset:</i> 6:36PM	
		Rahu	10:28AM – 12:06PM	Gara Until 1:19PM	Nataraja: White		Bhuloka Day
				Chaturdashi* Until 12:28AM Sat	Moon – Red		Devaloka Time: 9:AM to 12:PM
					Chaitra•Chaitra		

○	Saturday, April 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Tehran, Iran
	Copper Retreat Star						
	Kanya Rasi: 22.55	Tithi 15	Sun 28	Subhakrit 5124			
	Family Home Evening	268345478	Rahu	Moon 3 - Phase 49 - Purnima			
Routine Work	Marana Yoga						
		Gulika	5:34AM – 7:12AM	Hasta Until 6:41AM	Ganesha: Clear	<i>Sunrise:</i> 5:34AM	
		Yama	1:43PM – 3:21PM	Harshana Until 12:45AM Sun	Muruqa: White	<i>Sunset:</i> 6:37PM	
		Rahu	8:50AM – 10:27AM	Visti Until 11:32AM	Nataraja: White		Bhuloka Day
				Purnima* Until 10:27PM	Moon – Green		Devaloka Time: 6:AM to 9:AM
					Chaitra•Chaitra		
					Chaitra•Chaitra		

○	Sunday, April 17, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Tehran, Iran
	Silver Retreat Star						
	Tula Rasi: 7.05	Tithi 16	Sun 29	Subhakrit 5124			
	Family Home Evening	268345478	Rahu	Moon 3 - Phase 49 - Prathama			
Creative Work	Siddha Yoga						
		Gulika	3:22PM – 5:00PM	Svati Until 3:25AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:32AM	
		Yama	12:05PM – 1:43PM	Vajra* Until 9:39PM	Muruqa: White	<i>Sunset:</i> 6:38PM	
		Rahu	5:00PM – 6:38PM	Balava Until 9:18AM	Nataraja: White		Bhuloka Day
				Prathama* Until 8:03PM	Moon – Green		Devaloka Time: 6:AM to 9:AM
					Chaitra•Chaitra		
					Chaitra•Chaitra		